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March 7, 2017

Vol. 15 No. 10



Children's Film Festival

BY DAVID R. NEWMAN
PHOTOS COURTESY OF BAICFF

The Bay Area International Children's Film Festival (BAICFF) returns to the Chabot Space & Science Center in Oakland on March 10 – 12. Now in its 9th year, the festival will feature over 40 animated, live action, shorts and feature-

length films from around the world. Workshops and Q&A sessions will round out the program, designed to educate and inspire the kid in all of us.

2017 festival highlights will include a special Opening Night panel discussion entitled BRAVE: Women Breaking the Mold, where four prominent female artists will discuss their journey in a historically male-dominated field. Also

on offer through a partnership with Common Sense Media will be a special workshop called How to Be a Kid Critic. Says co-founder Shelley Trott, "In this climate where we are bombarded by media, we felt the need to provide some guidance for kids, and adults, on viewing media content with a critical eye, discerning between reality and fantasy."

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Nowruz welcomes spring and renewal

PHOTOS COURTESY OF
SHAHRZAD DANCE ACADEMY

As the days grow lighter and the weather warms, the Persian festival of Nowruz arrives, celebrating the first day of spring and the renewal of nature. Falling on the vernal equinox, Nowruz, or the Persian New Year, begins on March 21 and is observed with special foods, haftseen tables set with seven items symbolizing spring and renewal, spring cleaning, and visiting friends and relatives. Nowruz means "new day" in Persian and is celebrated in Iran, Iraq, India, Afghanistan, Tajikistan, Uzbekistan, Azerbaijan, Kazakhstan, and Kyrgyzstan, as well as Persian communities across the U.S. and beyond. Several observations are taking place in our local community:

Celebrate Nowruz at the Fremont Main Library on Saturday March 11 with a dance performance by the Shahrzad

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Holi holiday brings fun festivities

BY TOSHALI GOEL
PHOTOS COURTESY OF RANA

As winter fades away, people around the world rejoice and celebrate the emergence of spring. One event that takes place in this season is the Hindu festival of Holi. Holi is celebrated in remembrance of the ancient legend of Holika and Prahlad. As the story goes, there was once an egotistical king named Hiranyakashyap who desired to rule all of Earth. He was so narcissistic that he demanded his subjects worship only him, and no deity. His son Prahlad, much to the dismay of Hiranyakashyap, became a dedicated devotee to the Hindu deity Lord Vishnu.

Hiranyakashyap attempted several times to coax his son into worshipping him, but no attempt was successful in influencing the mind of the young Prahlad. Infuriated by his insolence, Hiranyakashyap ordered his servants to kill the boy. But each effort left Prahlad unscathed, due to Lord Vishnu's protection of his worshippers. Finally, Hiranyakashyap turned to his sister Holika. Holika had been given a boon that would allow her to enter fire unharmed. She cunningly convinced Prahlad to sit on her lap and entered the fire. Miraculously, she burned to ashes, and Prahlad was saved: punishment for her bad deeds. Today, Holi is generally celebrated by coloring one another with multicolored powders, celebrating this victory of good over evil,

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Family Medicine Doctor Builds Healthy Relationships

A family practice physician at Washington Township Medical Foundation's Warms Springs Clinic in Fremont since 2000, Shelli Bodnar, MD, says she has patients who range in age from "infancy all the way up to about 90," and that suits her just fine.

"I like the variety of ages," she explains. "I need a good dose of younger, healthy people, as well as the challenges entailed in dealing with older people's health problems. I went into family practice because I wanted to build real, ongoing relationships with my patients. Some of the people I first saw as kids are now adults. When I know people over a longer period of time, I know what health factors are pertinent for them, such as which preventive screenings they should have and which vaccines they need."

As much as she enjoys the variety in her patients' ages, Dr. Bodnar also appreciates the variety of medical conditions she encounters in her practice.

"Family medicine doctors need to have a broad range of medical knowledge," she says. "On any given day, we might see patients with anything from a

respiratory infection to diabetes complications to heart disease. That variety of experiences means I never get bored. I never know exactly what I'm going to handle throughout the day. Of course, it is also part of my job to know when to refer a patient to a particular specialist – to know what I don't know."

Born in Pennsylvania, Dr. Bodnar earned a Bachelor of Science in nutritional sciences at Cornell University in Ithaca, New York. She went on to earn her Doctor of Medicine at Cornell University Medical College. She then relocated to California to complete a family practice residency in Stockton at San Joaquin General Hospital, which is affiliated with the University of California, Davis.

"I moved to California when my future husband decided to go to the University of California, Berkeley to pursue his PhD," she notes. "I knew there were many good residency programs for family practice in the area, and I ended up at the program in Stockton. After we got married, my husband and I moved to North San Jose, where we still reside with our two children, a

13-year-old daughter and a 10-year-old son. I worked for a while in a private practice in Mountain View, but I moved to the Warm Springs Clinic when I got the chance because it is closer to home. Plus, I like the fact that our clinic is a small office where people can feel comfortable and see the same faces every time, rather than a large impersonal clinic with a lot of hustle and bustle."

Dr. Bodnar describes her philosophy of care as being patient-centered, with an emphasis on preventive care.

"It's not always easy to persuade people to adopt healthier lifestyle habits or to undergo screenings such as colonoscopies that are in their best interest, but it is my job to look out for my patients," she says. "I tend not to order scads of tests that may be unnecessary or that would create a heavy financial burden. Instead, I try to take things a step at a time, focusing on what is going on in their lives as well as their actual physical symptoms. I certainly wouldn't tell them to do something that I would not be willing to do myself.



Family physician Shelli Bodnar's philosophy of care is patient-centered with an emphasis on preventive care. Dr. Bodnar is part of the Washington Township Medical Foundation's Warm Springs Clinic located at 46690 Mohave Drive in Fremont. The clinic phone number is (510) 248-1065.

"I don't view my job as being a prescription-writing machine, just trying to get people out the door," she adds. "I strive to be open and honest with my patients and to be able to take the time to really talk with them."

The Warm Springs Clinic is located at 46690 Mohave Drive

in Fremont. If you need help finding a primary care physician or physician assistant, visit the Washington Township Medical Foundation website at www.mywtmf.com and click on the tab for "Your Doctor."

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	3/7/17	3/8/17	3/9/17	3/10/17	3/11/17	3/12/17	3/13/17
12:00 PM 12:00 AM	Prostate Cancer:What You Need to Know	Vertigo & Dizziness:What You Need to Know	Community Based Senior Supportive Services	Sports Medicine Program: Exercise & Injury	Sports Medicine Program: Think Running is a Pain? It Doesn't Have to Be	Strengthen Your Back! Learn to Improve Your Back Fitness	Learn the Latest Treatment Options for GERD
12:30 PM 12:30 AM	Urinary Incontinence in Women:What You Need to Know			Family Caregiver Series: Panel Discussion	Hip Pain in the Young and Middle-Aged Adult		Good Fats vs. Bad Fats
1:00 PM 1:00 AM	Deep Venous Thrombosis	Washington Township Health Care District Board Meeting February 8, 2017	Palliative Care Series: How Can This Help Me?			What Are Your Vital Signs Telling You?	The Real Impact of Hearing Loss & the Latest Options for Treatment
1:30 PM 1:30 AM				Family Caregiver Series:Tips for Navigating the Healthcare System	Washington Township Health Care District Board Meeting February 8, 2017		
2:00 PM 2:00 AM	Preventive Healthcare Screening for Adults	The Patient's Playbook Community Forum: Getting to the No-Mistake Zone	Relieving Back Pain: Know Your Options	Minimally Invasive Surgery for Lower Back Disorders		The Weigh to Success	The Weigh to Success
2:30 PM 2:30 AM					Voices InHealth: Cyberbullying - The New Schoolyard Bully		
3:00 PM 3:00 AM	Keeping Your Heart on the Right Beat	Lunch and Learn: Yard to Table	Family Caregiver Series: Understanding Healthcare Benefits	Family Caregiver Series: Recognizing the Need to Transition to a Skilled Nursing Facility	Voices InHealth:The Legacy Strength Training System		
3:30 PM 3:30 AM	Keeping Your Heart on the Right Beat	Raising Awareness About Stroke	Getting the Most Out of Your Insurance When You Have Diabetes	Understanding Mental Health Disorders		Washington Township Health Care District Board Meeting February 8, 2017	Washington Township Health Care District Board Meeting February 8, 2017
4:00 PM 4:00 AM					Family Caregiver Series: Coping as a Caregiver		
4:30 PM 4:30 AM	Palliative Care Series: Palliative Care Demystified	Pain When You Walk? It Could Be PVD	Colon Cancer: Prevention & Treatment	Not A Superficial Problem:Varicose Veins & Chronic Venous Disease	Diabetes Matters: Diabetes & Stroke: What's the Connection?		
5:00 PM 5:00 AM	Washington Township Health Care District Board Meeting February 8, 2017					Diabetes Matters: Basics of Insulin Pump Therapy	Washington Township Health Care District Board Meeting February 8, 2017
5:30 PM 5:30 AM		Low Back Pain	Strengthen Your Back	What You Should Know About Carbs and Food Labels	Inside Washington Hospital:The Emergency Department		
6:00 PM 6:00 AM		Learn If You Are at Risk for Liver Disease				Superbugs:Are We Winning the Germ War?	Kidney Transplants
6:30 PM 6:30 AM		Nerve Compression Disorders of the Arm	Turning 65? Get To Know Medicare	Diabetes Matters: Type 1.5 Diabete	Knee Pain & Arthritis		
7:00 PM 7:00 AM		Keys to Healthy Eyes				Voices InHealth: Radiation Safety	

Let's Tee Off!

32nd Anniversary

**Sponsorship opportunities
and tournament
registration are available – Don't miss out!**

On Monday, April 24, golf enthusiasts and friends of Washington Hospital will continue a longtime tradition that has raised almost \$1.9 million in support of health care services for the residents of Washington Township Health Care District. The golfers will tee off at Washington Hospital

Healthcare Foundation's 32nd Annual Golf Tournament at Castlewood Country Club in Pleasanton, a 36-hole private facility with two challenging golf courses and incredible views. The greens should be spectacular this year with the recent rain. Since 1985, golfers of all abilities and experience have gathered for the annual

tournament, enjoying a day on the links followed by an awards banquet in the evening. Non-golfers are welcome to support Washington Hospital by attending the reception and awards banquet in the beautiful ballroom at Castlewood. Helen Kennedy, Foundation president, says, "Year after year, community members come to enjoy a great day of golf, but they also come in support of the health care programs at Washington Hospital. Proceeds from the tournament will help fund surgical care at Washington Hospital. Because innovations in surgical practice are constantly advancing, the Foundation takes pride in helping underwrite the cost of equipment that our surgeons need now and in the future in the operating rooms. I invite you to join us for a great day and a great cause!"

In addition to the 18-hole golf tournament, golfers enjoy a putting contest, barbecue lunch, contest holes, refreshments, cocktail reception and an awards banquet. During the banquet, a wide array of unique raffle and silent auction items will be offered. There will also be a live auction with incredible items including an opportunity to play in the Lexus Champions for Charity National Golf Tournament!! The event is held in memory of longtime Fremont businessman Gene Angelo Pessagno, a founding member of Washington Hospital Healthcare Foundation. Gene's widow, Laura, and her family have supported the golf tournament for 32 years. In addition, as a founding member of the Washington Hospital Service League, Laura has been an active volunteer at Washington Hospital for over 61 years! Many

thanks to Laura and her family for their continued support. "We are looking forward to a great day at Castlewood with friends and colleagues," said Lamar Hinton, who is serving again as Golf Tournament chairman. "I would like to thank our volunteers for their dedication and hard work in creating a memorable experience for every participant. Also, I would like to extend special thanks to all of our sponsors, especially our Gold Sponsors, Fremont Bank and Gonsalves & Kozachenko, for their generous support," Hinton emphasized. There is still plenty of time to sign up for the tournament or become a tournament sponsor. For more information or to register as a participant or tournament sponsor, please email foundation@whhs.com or call (510) 791-3428.



Washington Hospital Healthcare Foundation's 32nd Annual Golf Tournament is happening on Monday, April 24, at Castlewood Country Club in Pleasanton. To participate in the tournament or become a tournament sponsor, call the Foundation at (510) 791-3428 or email foundation@whhs.com.

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Niles Crab Feed to benefit Giving Hope

SUBMITTED BY
CITY OF FREMONT

Save the Date for the Giving Hope Program's Crab Feed Fundraiser. This Crab Feed means two things: supporting a noteworthy cause and an all-you-can-eat crab feast!

The Niles Main Street Association and the City of Fremont Human Services will host a Crab Feed fundraiser on March 11, 2017 that will benefit the Niles Community and the Giving Hope Program, which brings holiday joy to hundreds of families and elders and assists those in need all year long. You won't want to miss it! Join us for this fun packed event, with all-you-can-eat crab, pasta, salad, garlic bread, and dessert, while helping others!

But the fun doesn't stop there! After dinner enjoy the no-host-bar and live music,

authentic Irish dancers, comedy from three local comedians, bid on auction items, keep the silent auction bidding going, take photos, and dance if the music moves you. Purchase tickets online (<http://www.events.org/nmsa01/cpage.aspx?e=104600>) or stop by Keith's Collectible, the Nile Café, or Joe's Corner bar to purchase paper tickets. Additional donations and sponsorships are always welcomed. For more information, please e-mail Han Trinh (hntinh121@gmail.com) or Jane O'Hollaren (johollaren@fremont.gov).

**Niles Crab Feed
Saturday, March 11
Doors open 6 p.m.
Fremont Veterans' Hall
37154 Second St, Niles District
\$50 per person
Crab Feed Committee
(510) 742-9868**

Meet your elected officials

SUBMITTED BY
AIWA ZELINSKY

The public is invited to meet their elected officials at a program and reception on Friday, March 10 at the Hayward City Hall. Elected leaders have been invited who represent the Eden Area: Hayward, San Leandro and the surrounding unincorporated areas of Castro Valley, San Lorenzo, Cherryland, Ashland and Fairview.

A representative from each of the jurisdictions has been asked to give a brief presentation relating to the past accomplishments of their office

and goals for 2017–18. The program will be held in the Hayward City Hall Chambers.

During the reception, the elected leaders will be available to answer questions from their constituents individually.

The League has requested an RSVP to lwvea@aol.com for this free program.

**Meet your elected Officials
Friday, Mar. 11
5 p.m. – 7 p.m.
Hayward City Hall
Second Floor
777 B St, Hayward
lwvea@aol.com**



Train to be a Music for Minors docent

SUBMITTED BY
CAROL ZILLI

Music for Minors II (MFMII) recently sponsored a concert at Harbor Light in Fremont featuring award-winning children's songwriter and recording artist Charlotte Diamond. Now in her 32nd year of performing, she got an incredible reaction from the youthful audience that reminded everyone just how important music is to children.

That concert was the non-profit's main fundraiser for the year. Proceeds will help support the MFMII volunteer docents to bring music to classrooms across the Tri-City area as well as Castro Valley, Pleasanton, and Dublin. MFMII exists because we can't wait for slashed arts funding

to be restored; children are being denied the music experience they deserve right now.

Research verifies that music integrates the brain and creates neuronal bridges that aid learning. Despite such discoveries, there are still too many children who don't have music in their classrooms. Becoming an MFMII docent is one of the most effective actions you can take to remedy the problem.

The annual fall training class to become a docent begins in September. Visit www.musicforminors2.org or call (510) 733-1189 to learn more about MFMII's 28 years of keeping music alive, both in and out of the classroom. Sign up now to be a part of this fun and life-changing program.

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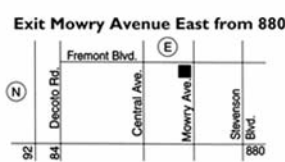
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Are you sabotaging your career?

BY ANNE CHAN, PhD, MFT

True story. A colleague did not want to spend money on a parking permit so he parked on the neighborhood streets next to his company. These streets, however, had two-hour parking limits and were vigilantly patrolled by meter maids. To avoid getting a ticket, this colleague skipped out of work every two hours to move his car. Every single one of his breaks was noted by his boss, who had a desk right next to him. His boss was, quite understandably, not happy with his frequent absences. The relationship between the two deteriorated and the boss had nothing positive to say about his subordinate. It seems obvious that leaving work every two hours is not a smart thing to do, yet, this particular employee did not seem to realize that he was sabotaging his career.

If you feel like your career is stagnating or that your work life is not working out, consider the possibility that you might be unintentionally sabotaging your career. You may not think you are doing anything wrong, but unfortunately, there are many ways in which your actions or behaviors might be negatively perceived by others. Here are just a few examples of career-sabotaging things that people do at work:

- Arrive late to work
- Take too many bathroom breaks
- Take lengthy lunch hours
- Drinking too much at a company event
- Do too much non-work tasks on company time
- Have a poor attitude toward one's

- co-workers, supervisors, or job duties
- Leave work early
- Post something inappropriate on social media
- Refuse to admit mistakes
- Make too many demands instead of focusing on getting the job done
- Be sloppy
- Be too chatty with co-workers
- Not follow through with promises to do things
- Sleep on the job (yes, literally!)
- Not meet deadlines
- Say negative things about former bosses or companies during an interview
- Hop from job to job too frequently

Do any of the above ring true for you? If so, take an honest look at yourself and figure out why you are sabotaging your career—before things get serious. It's never too late to turn over a new leaf or to make a positive change in your work life. If you're bored at work, see if you can ask for more challenging assignments. Offer to help senior people with tasks. The additional project will not only add an extra dimension to your work, it will also broaden your skill set. Showing your initiative and drive might also put you in a prime position to be considered for a promotion.

If your boredom and distaste are too great to be addressed with a simple fix, you might have to think about looking for a new job. Again, this is where it helps to be a stellar employee in your current position, awful as it may be. It is always useful to get a good reference from your current boss to help you move to a new and (hopefully) better position. You have to clean up your act even if you are thinking of moving on.

Maybe you love your job and your company, but get away with self-sabotaging behavior simply

Counseling Corner

Anne Chan is a career counselor and licensed psychotherapist in Union City. She helps people find happiness and meaning in their work and lives. She can be reached at annechantcv@gmail.com

because you can. Ask yourself this: "Am I really getting away with this?" Everybody knows what's going on in a workplace, and even if you think no one notices, people take mental notes when you leave your desk too often, or switch screens every time they walk by. Don't kid yourself.

Some of you may think, "What's the big deal with any of these things?" The big deal is that every one of the above actions decreases your boss's estimation of your value to the company. If you are deemed to be detracting from the company, you could be the next one fired or laid off. On top of this, you've ruined your chances of getting a good reference. You've also ruined your chances of getting re-hired or promoted in the company.

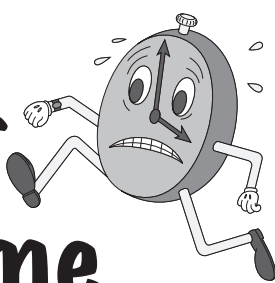
As a career counselor, I often work with distressed people who have become laid-off or fired. More often than not, they acknowledge that they played a role in their own layoff. It might have started with something fairly benign, like sneaking out of work early. But over time, their behaviors worsened along with their relationships with their bosses. The end result is usually predictable. Don't let this happen to you! My hope in writing this article is that you will take positive steps to create positive changes for yourself.

Extra sunlight is coming your way! Daylight Saving Time (DST) kicks in at 2 a.m. on Sunday, March 12, and while initially you lose one hour of time, you'll gain longer daylight in the evenings as spring approaches.

Benjamin Franklin is credited with the DST plan, believing that altering time twice a year would cause better use of daylight hours and save on oil used to light winter nights. The plan went into effect in 1918 under U.S. federal law, but states had the option to observe it or not. During World War II daylight saving time was mandatory for the entire country in order to save resources. When the war ended, the time change went back to being optional, and several states and U.S. territories currently choose to ignore it, including Arizona, Hawaii, Guam, Puerto Rico, the Virgin Islands, American Samoa, and the Northern Mariana Islands.

Remember to "spring forward" and move clocks ahead one hour before you go to bed on Saturday, March 11 and wake up Sunday to the promise of brighter evenings.

Daylight Saving time begins March 12





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Newark Symphonic Winds Free Spring Concert



SUBMITTED BY JIM CARTER

Enjoy an evening of absolutely wonderful symphonic music provided free of charge by the Tri-Cities' own 50 musician symphony – the Newark Symphonic Winds, directed by Richard Wong.

For this concert the symphony will be performing all new and exciting compositions. We'll start off with "Academic Festival Overture" by Johannes Brahms, followed by "By Lock and Mountain" by Robert Smith. Next we'll perform a wonderful piece, "Among the Clouds," by

Brian Balmages. The first half of our performance will finish with a medley of tunes composed by Elton John and Bernie Taupin.

After intermission we are proud to present the music of the Newark Saxophone Quartet, after which the symphony will return to the stage and perform "Don't Stop Me Now" by Freddie Mercury. Next will be a medley of three pieces by the great John Williams, followed by the very stately "Highland Cathedral" by Michael Korb and Ulrich Roeber. We'll end the evening with some of the most recognized pieces by the Rolling Stones.

This free performance (no tickets are necessary) is sponsored by the Fremont Bank Foundation. For more information, visit <http://newarksymphonic.org> or call (510) 552-7186.

Newark Symphonic Winds
Free Spring Concert
Saturday, Mar 11
7 p.m. – 9 p.m.
Newark Memorial High School
Theatre
39375 Cedar Blvd, Newark
(510) 552-7186
<http://newarksymphonic.org>

Free

Strong Girls, Strong Women

SUBMITTED BY JULIE RAMIREZ

The County of Santa Clara Office of Women's Policy is hosting its 5th Annual Strong Girls, Strong Women (SGSW) Leadership Conference for high school girls, their parents, guardians and professionals working with youth. SGSW is free and open to all high school girls in Santa Clara County and their adult advocates, including their mothers (or mother-figures) and professionals who work with them.

The conference includes continental breakfast, lunch, and workshops exploring media literacy, empowerment, healthy relationships, identity, and self-care. A networking fair will also be available to promote community resources and offer volunteer opportunities to the youth.

Due to the material covered during the conference, all students must be in high school, at least 14 years old, and residents of Santa Clara County. No middle school students are allowed due to the mature content of this conference. Under-served populations including Latinas, immigrants, and LGBTQ girls in high school are encouraged to participate

Women make up half the population and half the workforce in Santa Clara County. Research demonstrates that investing time, energy and resources to support girls' development positively contribute in the choices they make and their success in and out of school. Strong Girls, Strong Women (SGSW) Leadership Conference seeks to empower high school girls and their adult advocates to be strong members and committed leaders of their communities.

Scheduled to attend are Supervisor Cindy Chavez, County of Santa Clara Board of Supervisors and representatives from the County of Santa Clara Office of Women's Policy

Strong Girls, Strong Women
Saturday, Mar. 18, 2017
8:00 a.m. – 2:30 p.m.
School of Arts and Culture at
Mexican Heritage Plaza
1700 Alum Rock Ave, San Jose
Free

For more information: (408) 299-5119
<https://www.sccgov.org/sites/owp/Pages/sgsw-15.aspx>
Register: <https://sgsw2017.eventbrite.com>



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How to apply: Submit your application by going to:

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- For Questions on Training or Qualifications, call Transportation at 510- 657-1450

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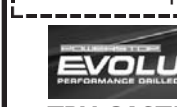
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- Coolant Service • Rotate Tires
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ACDelco

\$51.95 + Tax Up to 5 Qts

\$54.95 + Tax

Not Valid with any other offer Most Cars Expires 4/30/17

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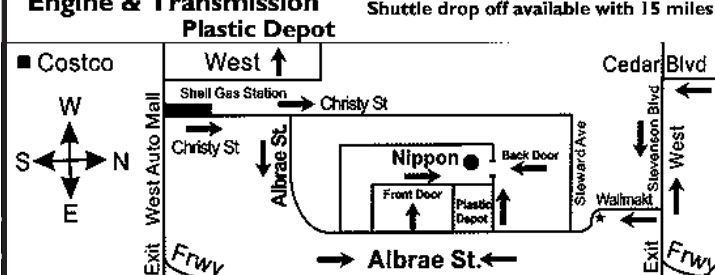
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BUSINESS

California court: Officials' emails on private accounts are public

BY SUDHIN THANAWALA
ASSOCIATED PRESS

The public has a right to access emails and text messages about government business on the private phones and accounts of state and local officials and employees, the California Supreme Court has ruled.

In a unanimous decision on March 2, the court said those communications were subject to disclosure under the California Public Records Act and not shielded because they were sent or received in personal accounts. “If communications sent through personal accounts were categorically excluded from CPRA, government officials could hide their most sensitive, and potentially damning, discussions in such accounts,” Associate Justice Carol Corrigan wrote for the seven-member court.

The ruling came in a lawsuit against the city of San Jose. San Jose City Attorney Richard Doyle said he was not surprised by the decision and did not plan to challenge it. But he said it raised practical challenges for cities and counties.

“The question is how do we access those communications on personal devices without the government being overly intrusive,” he said. “I don’t expect and intend to have people turn over their phones.”

The use of private email accounts by public officials has faced scrutiny in recent years, with accusations that some were

using them as a way to avoid disclosure. Hillary Clinton was sharply criticized during the presidential campaign for using a private email account while at the State Department.

In a survey by The Associated Press two years ago, Gov. Jerry Brown, Lt. Gov. Gavin Newsom and other top elected officials in California acknowledged using personal email accounts to conduct government business.

Many states treat public business on private accounts as public records. And at the federal level, an appeals court ruled last year that work-related emails from a private account used by the White House's top science adviser were subject to disclosure under federal open records laws.

Opponents have raised privacy concerns and said public officials sometimes need confidentiality to discuss unpopular views. They have also argued that sifting through employees' private accounts and devices in response to requests for records would be expensive and burdensome.

"These are public officials, and the public does have some interest in knowing how they are conducting business," said Jessica Levinson, who teaches privacy law at Loyola Law School in Los Angeles. "Having said that, the public doesn't have the right to know everything that this person talks about."

The lawsuit before the California Supreme Court was filed by Ted Smith, who in 2009 requested messages about development in downtown San Jose that

were sent or received on private devices used by San Jose's mayor and City Council. The city said it did not have access to any messages created on personal devices, so they were not public records.

Smith sued. A Superior Court judge ruled in his favor, but an appeals court overturned that decision in 2014.

“Openness in government is critical to a functioning democracy,” attorneys for Smith wrote in a brief to the California Supreme Court. “If the Court of Appeal’s decision in this case is allowed to stand, public employees can easily avoid accountability and subvert the intent of the (California Public Records Act) by hiding any communications that suggest corruption or the appearance of corruption in private accounts.”

San Jose countered that public employees retain privacy rights. Forcing them to turn over their passwords to inspect communications on private devices would be akin to making them hand over their house keys, the city said in a brief to the California Supreme Court.

"There is no indication that the (public records) act requires city councilmembers and employees to open their homes so that their personal diaries and correspondence could be inspected for presence of writings that mention the city of San Jose," City Attorney Richard Doyle wrote. "Such an interpretation of the act would be unreasonable, and yet, it would be required if the Act was extended to writings at issue here."

Affordable Housing Impact Fees

**SUBMITTED BY
CITY OF FREMONT**

The City of Fremont recently retained an economic consultant to conduct a “nexus study” to determine whether an affordable housing impact fee on commercial development is justifiable as a way to increase resources for affordable housing. The study <https://fremont.gov/Document-Center/View/32337>) found that a fee is legally justifiable and included recommendations for a fee ranging from \$2-\$8 per square foot on new projects, depending on the type of development. For more information: Dan Schoenholz, dschoenholz@fremont.gov or (510) 494-4438.

Maintenance Center goes green with new solar

Construction recently began on new solar carport structures at the City's Maintenance Center at 42551 Osgood Road. The

Replacing your water heater

If or when it's time for you to replace your water heater, a building (plumbing) permit and follow up inspection are required.

Protect political speech in state's homeowner associations

SUBMITTED BY JEFF BARBOSA

Millions of Californians who live in homeowner associations (HOA) will no longer have their political free speech rights silenced by over-reaching HOA boards, if a bill introduced this month by Sen. Bob Wieckowski (D-Fremont) is approved.

SB 407 would prohibit homeowner associations from suppressing freedom of speech or freedom of association when it concerns public candidates, elections, legislation or rule-makings. About a quarter of California residents live in an HOA.

“People living in homeowner associations should not be forced to sign away their right to political free speech,” said Wieckowski, a member of the Senate’s Judiciary Committee. “Yet, too many times, boards have applied overly broad rules and policies to squelch the civic participation of their members. Signs, canvassing or guest appearances by candidates invited by members are often prohibited and residents are fined and told to cancel events.”

The Center for California Homeowner Association Law supports the bill.

“Some of California’s 52,000 homeowner associations believe that they can enact rules prohibiting owners from discussing candidates, legislation, or even the rules themselves within the association precincts,” said Marjorie Murray, president of the Center for California Homeowner Association Law. “We believe such rules infringe on the right to political free speech that is protected by both state and federal constitutions. SB 407 makes plain that homeowners within the association have the same constitutional right to political free expression as persons outside its boundaries. Homeowners do not ‘check their constitutional rights’ at the door.”

Residents' rights are frequently denied through broad interpretations of "non-solicitation" policies meant to deter commercial door-to-door solicitation. Discussions about association voting rights, local community issues and candidate forums are often prohibited on the association's property.

Senator Wieckowski represents the 10th District, which includes southern Alameda County and northeast Santa Clara County.



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East Bay real estate group installs president, board

SUBMITTED BY
ASIAN REAL ESTATE
ASSOCIATION OF THE EAST BAY

Residential and commercial real estate broker Josefina Junsay was recently installed for a second term as president of the Asian Real Estate Association of the East Bay (AREAEB). Junsay is a longtime East Bay resident with extensive experience in the real estate business.

Also installed during the group's Jan. 20 dinner meeting in Alameda was a new board of directors. Both Junsay and the board were installed by Fiona Ma, Chairwoman of the State Board of Equalization.



Josefina Junsay was recently installed for a second term as president of the Asian Real Estate Association of the East Bay. Photo courtesy of AREAEB)



Junsay also received a Certificate of Commendation from California Assemblyman, Rob Bonta, (D, Oakland), Alameda mayor Trish Spencer and Oakland city councilman Abel Guillen.

During 2017 Junsay and the Board of Directors plan to meet the ever changing global real estate market by offering seminars

and workshop and also expand their community service projects. The AREAEB is a non profit organization of real estate professionals and others who strive to assist and educate the community about real estate issues.

Officers:

- Josefina Junsay: President.
- Rolando Basora: Vice-President.
- Tina Diep: Public Relations

• Jennifer Gee: Secretary
Board of Directors:
• Wai Man Chan
• Ramona Chang
• Frankie Hartwell

- Chijeh Hu
- Howard Lee
- Wai Lok Tang
- Joy Williams
- Fanny Li

Report shows misuse of California money by state employees

BY SOPHIA BOLLAG,
ASSOCIATED PRESS

A California State University, Fresno employee was paid an estimated \$22,000 for time he was playing online games and watching YouTube videos at work, according to a state auditor's report released Thursday.

The case was one of 10 highlighted in the report on investigations into improper activities by state employees during the second half of last year. The state employees, who were investigated after whistleblower tips, cost the state nearly \$40,000 through misuse of state resources, improper payments and other issues, according to the report.

The report also identified instances where state employees improperly disclosed confidential information and kept an "indefensible" do-not-hire list.

Investigators found the Fresno State employee used his work computer to visit nearly 50,000 web pages related to

online videos and games over the course of a year. The state auditor's report estimated he may have spent 85 hours a month—about half of a typical 160-hour work month—visiting these sites.

The employee told a Fresno State investigator that he watched YouTube videos and played online games during "downtime" or after he finished assigned tasks early.

The university recommended the employee's supervisor give the employee more work, tell him to limit his Internet use and supervise him more closely. The university did not recommend firing the employee, according to the report.

A Fresno State spokesman did not immediately respond to a request for comment.

In another case, two tax technicians at the State Board of Equalization improperly referred people to a retired agency employee for private tax preparation services. They also gave confidential information such as Social Security numbers and personal phone numbers to that retired employee and others,

according to the report.

Both technicians have since left the agency.

The report also detailed a case in which a Department of Health Care Services division chief kept a "do-not-hire" list that did not clearly identify why people were placed on the list. The list included 27 names when the auditor's office obtained a copy in May 2016.

California forbids state agencies from hiring based on discriminatory criteria including political affiliation, religion or age.

The state auditor's office could not determine whether the office illegally discriminated against candidates because the managers who maintained and used the list did not give investigators consistent explanations for why people were placed on the list.

In response, the agency stopped using the list and trained managers in equal employment opportunity rules, according to the report.

Applications being accepted for Alameda County Treasurer-Tax Collector

SUBMITTED BY GUY ASHLEY

The Alameda County Board of Supervisors is accepting applications from people interested in becoming the County's next Treasurer-Tax Collector, following the recent retirement of longtime Treasurer-Tax Collector Donald White.

White retired before completing his sixth elected term in office and the Board of Supervisors will appoint a successor to serve the remainder of his current term. The position is up for election again in 2018.

Anyone that is interested in applying should obtain an application packet from the Clerk of the Board of Supervisors. The clerk's office is located in Suite 536 of the Alameda County Administration Building, 1221 Oak Street, Oakland. The Clerk's office is open weekdays from 8:30 a.m. to 5 p.m. Application packets can be obtained in person only.

The deadline to apply for the position is 5 p.m. Friday, March 24, 2017. Applications must be filed in person by the applicant, or the applicant's representative, with the Clerk of the Board of the Board of Supervisors.

The application packet includes:

- Procedures for the Selection of Treasurer-Tax Collector
- Application
- Declaration of Qualification
- Proposed Schedule (which may be subject to change)

Applicants should read all materials in the application packet carefully. Only those who complete and return the Application and Declaration of Qualification by the deadline will be eligible for appointment.

Appointment of new Capital Planning and Development Director

SUBMITTED BY NICOLE ROA

After a nationwide search, the General Manager of the Hayward Area Recreation and Park District (HARD) has announced the appointment of Ms. Meghan Tiernan as the new Capital Planning and Development Director. She will assume her new position on April 1, 2017.

Ms. Tiernan brings over 20 years of experience in park and facility design and

development that will greatly benefit the District and the Measure F1 Bond Program. Prior to coming to Hayward, she served as the Facilities Development Manager for the City of Dublin where she managed a \$100 million capital improvement program. From 2007 to 2014, Ms. Tiernan served as a Project Manager for the City and County of San Francisco's 2008 Clean and Safe Neighborhood Parks Bond. The role included managing over

\$40 million of citywide capital projects from parks and trails to community facilities.

Prior to her public sector career, Ms. Tiernan spent over 12 years as a Landscape Architect with private firms designing parks, trails and facilities for public sector clients including the cities of Hayward, Oakland, Novato, San Jose, Riverside and the Tahoe Conservancy.

Ms. Tiernan holds a Bachelor of Science Degree in Landscape Architecture from California

Polytechnic University, San Luis Obispo. She is a Registered Landscape Architect and a Certified Bay Friendly Landscape Design Professional. In addition, she holds a certificate in Program Management from the University of California, Berkeley.

HARD General Manager Paul McCreary commented that, "Meghan is a highly skilled capital program manager that is also adept at driving all phases of large and small public projects, from early concepts and

planning, through bidding and construction. She has demonstrated a commitment to improving the user experience at parks and recreation facilities for all community members, with faithful adherence to budgets and timelines. Her teamwork, professionalism and community-focus will lead us to a new phase of excellence for the parks and recreation system in the Hayward area."

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- Facial Paralysis
- Parkinson's Disease
- Tourette's Syndrome

Connie Tsai



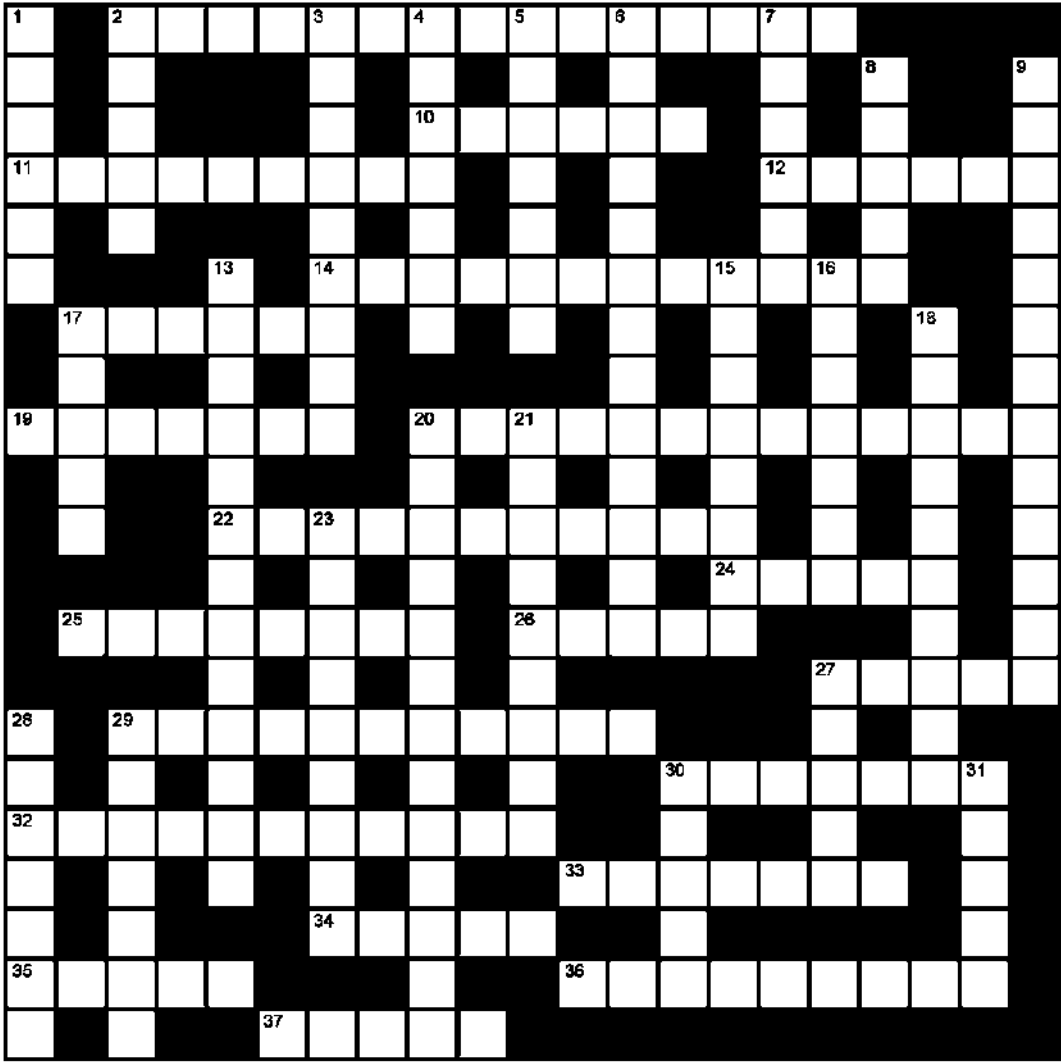
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Mind Twisters

Crossword Puzzle B 3820



B 380141

Across

- 2 Feats (15)
- 10 Gray matter (6)
- 11 Tesla, Edison, Bell, et al. (9)
- 12 Minute (6)
- 14 Single-wheeled handcarts
- 17 It has a peel (6)
- 19 Rodin's Thinker and kin (7)
- 20 What ants accomplish with chemicals (13)
- 22 Escorted (11)
- 24 Artist's stand (5)
- 25 Anti-biotic target (8)
- 26 Exhorted (5)
- 27 Its speed is constant (5)
- 29 Employers may test this (11)
- 30 A type of zodiac (7)
- 32 Taking out a page in the Times of London (11)

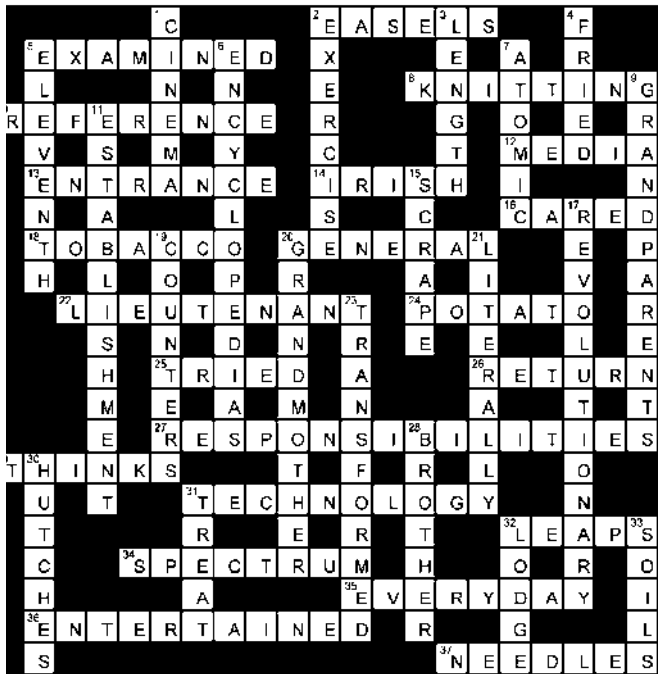
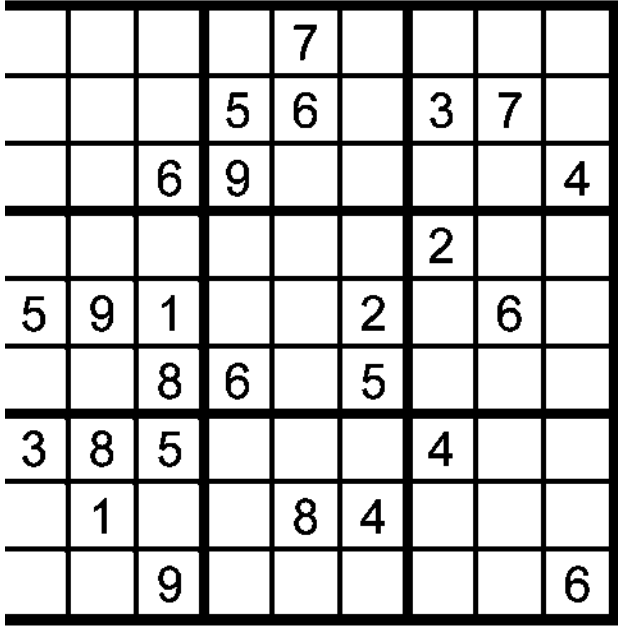
- 33 Among mountains, Everest is this (7)
- 34 Produce (5)
- 35 "Here!" (5)
- 36 wretched (9)
- 37 Collar inserts (5)

Down

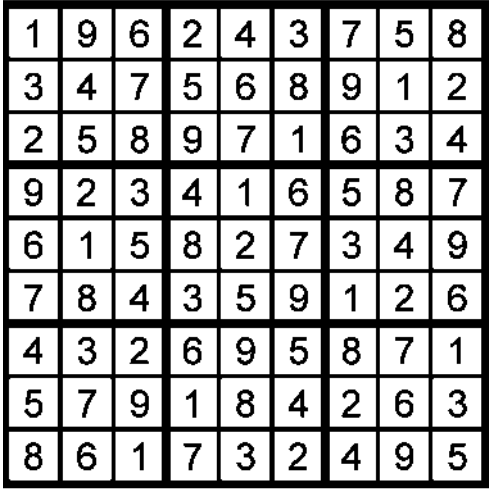
- 1 Saw (6)
- 2 Breathing (5)
- 3 Roads, quaintly (9)
- 4 Half of surf and turf (7)
- 5 At an acute angle (7)
- 6 Factories are made for this
- 7 Popular soup flavor (6)
- 8 Catches sight of (5)
- 9 The piano part, usually (13)
- 13 6 down is accomplished by these (13)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



- 15Jogged a memory (8)
- 16 Gandalf and Saruman (7)
- 17 Noshes (5)
- 18 Perks (10)
- 20 Relatively (13)
- 21 Some spoons are made for this (9)
- 23 Oddity (9)
- 27 Alley sights (5)
- 28 Fancy fonts (7)
- 29 Some people are barely living in it (7)
- 30 Where nuclei are found (5)
- 31 American symbol (5)



Tri-City Stargazer FOR WEEK: MARCH 8 - MARCH 14

For All Signs: Venus turned retrograde on Mar. 4, 2017. It will remain so until it turns direct on April 15, 2017. There is a pre-shadow before the retrograde and a post shadow following Venus’ change back to direct on April 15. The time frame affected by Venus retrograde began on Jan. 31, 2017 and continues through May 17, 2017.

Venus retrograde suggests we draw conclusions that are separating rather than connecting. We tend to withdraw from relationship(s) while we evaluate the situation. Maybe we

just want a break or the need for quiet. This is a time when buried resentment or old hurts and losses may surface for another review. It is better if we examine our personal contribution to the old problems, rather than pointing a finger in the other’s direction. When we hold onto anger it is because the unconscious wants to teach us something. Ask what it wants you to know, make a conscious commitment to remember the lesson but forget the pain, and you can let it go more easily.

Aries the Ram (March 21-April 20): This is a time in which you may be unsure of where you want to direct your energies. Consider your history. If you could take today’s perspective and advise the person you were in years past, what counsel would you give?

Taurus the Bull (April 21-May 20): Venus is your ruling planet and she is turning retrograde in the area of the past. You may find yourself surprised by experiencing feelings you thought were long since finished. This cosmic signature occurs this month but it may very well have been making you wistful for much of Feb. It passes in May.

Gemini the Twins (May 21-June 20): You may be backing out or avoiding commitments in the community. Possibly you will become bored with the usual activities or people in your second tier circles. It is OK to give yourself R&R in this area for the next couple of months. Maybe you will return refreshed in the spring. It is possible that friends from long ago will resurface. Maybe it is you who will take the initiative to find them.

Cancer the Crab (June 21-July 21): Venus is retrograding in your career territory. You may back away from recent decisions in this area. “Career” includes life direction, so you may be reevaluating that as well. Former partner(s) and client(s) may return. If you have a huge expenditure in mind concerning career, it is a good idea to put off the final decision until after Venus turns direct.

Leo the Lion (July 22-August 22): People who live at a distance are likely to seek out contact with you. If anyone who reappears is known to you to be of less than favorable character, use extreme wariness about mixing again. On the brighter side, you may be traveling or studying and returning to places where you have previously traveled.

Virgo the Virgin (August 23-September 22): This will be a time to evaluate resources that you share with others, including stocks or investments. You may be drawn to make changes in your estate planning. Consider your options but don’t make final decisions until after May. Someone may contact you regarding an old (and maybe forgotten) debt.

Libra the Scales (September 23-October 22): You and your partner have need of increased space between you. You have been so in tandem that the Self is getting lost. It does not matter who initiates the idea for a breathing space. It comes from a joint need. This does not mean anything about love, so don’t misinterpret and create trouble where there is not.

Scorpio the Scorpion (October 23-November 21): Venus retrograde will cause you to focus on your health unless that is normal for you. For those who are routinely conscious of fitness, you may be surprised that you are prone to let good habits slide. Don’t beat yourself to pieces. A retrograding planet in this territory asks us to make positive health decisions again and again.

Sagittarius the Archer (November 22-December 21): Venus is beginning to retrograde in your territory of romance, play, creativity, and children. This suggests that there is some need to “go back” or reevaluate your position in these areas. You may need to slow down or take a breather from forward motion so you

can look more deeply at your personal needs in these areas. Repeating old behavior will only recreate old mistakes. Think carefully.

Capricorn the Goat (December 22-January 19): Use special caution when handling beautiful items in your home, office, or vehicle. Breakage is more than normally possible. You may have a need to reconnect to family members who have been out of the loop in your life. Don’t let anyone draw you into discussions of traumas in bygone times, lest it put a kink in your mood.

Aquarius the Water Bearer (January 20-February 18): Venus will be rolling backward in your third house of communications and local travel. It is possible you will be seized with

an intense desire to purchase a vehicle, but that is ill advised. Try, but don’t buy. Double check any contractual process with a magnifying glass. Hold your tongue if you become angry during a conversation. Avoid bringing up old injuries in relationships unless you are apologizing.

Pisces the Fish (February 19-March 20): Venus is backtracking in the territory of finances and other personal resources, so these topics will have special priority this spring. It is in your better interest to conserve assets (money, time, health, and energy) during this period. Think carefully about the future before you spend your holdings. (It is also possible that you are arguing with yourself about right and wrong related to sharing, spending.)

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Did you know?

By DAVID ANDERSON, RVT CET

Spring is quickly approaching and we eagerly await its return and associated activities. Some people enjoy working in their gardens or renovating their homes and property. Others like outdoor activities that bring them closer to nature, like hiking, camping, boating, or going to the beach.

Wildlife also anticipates the return of spring. For many animals, this is a time of renewal. It is a time to search for mates, re-establish pair bonds, and build nests. Many will seek out a place to bear and raise their young, teaching them the skills and knowledge required for survival. Wildlife always faces natural

obstacles, but for wild animals living among us, the greatest challenges are often created by humans.

Some well-intended people, for instance, might find an orphaned wild animal and attempt to raise that animal on their own or keep it as a pet. In the State of California, however, it is illegal to possess a wild animal or to attempt to raise that wild animal, unless you are permitted by the State to do so. Fortunately, there are many permitted facilities and individuals throughout the State and you can easily look up the closest organization or individual at: <https://www.wildlife.ca.gov/Conservation/Laboratories/Wildlife-Investigations/Rehab/Facilities>

Whenever possible, wildlife young should be raised or moved only by their parents. That is a young animal’s best survival option despite the presence of predators or circumstances we may perceive to be dangerous. Wildlife Rehabilitation Facilities and individuals permitted to care for wildlife are allowed only temporary possession of injured, sick, or orphaned wildlife. If the parent animal is present, the animal is not orphaned and it should remain with its natural parent.

Any person involved in trapping wildlife in the State of California must abide by local and State regulations, and that includes property owners per California Department of Fish & Wildlife Code 4005; 1054.2. Not only is trapping and relocating “nuisance wildlife” illegal, Wildlife Rehabilitation Facilities and permitted individuals cannot accept “nuisance” wildlife that has been trapped by a property owner. Discouragement methods, humane exclusion, and eviction are the most effective solutions to resolving any conflict with wildlife on your property or living in your home.

Due to urban sprawl, encroachment, and loss of habitat, some species have adapted to living among us, even benefitting from doing so. Relocating such urbanized wildlife is illegal because it is a guaranteed death sentence not

only for the animal but, at this time year, perhaps even for its young. Urban wildlife has grown up in our neighborhoods, living off our waste; they are therefore not generally equipped to live to in the wild, where relocation is most likely to take them. Moreover, relocation spreads disease and upsets the balance of the “carrying capacity” of an individual ecosystem or habitat.

Furthermore, removing a healthy adult urbanized wild animal from its territory is a temporary solution at best. An animal’s absence creates a vacancy that opens up the territory to all the juvenile animals that have been living on the outskirts of this territorial boundary. Simply stated, removing one problem results in its multiplication by anywhere from two to five times.

The first thing any property or home owner should always consider when faced with an animal situation is: “Why the animal is coming to the property?” Answering that question identifies the attraction factor. Once a year (preferably in the fall and winter months) you should inspect your home or property. Consider the following:

- Look for items that require structural repair and maintenance, including trimming of trees and shrubs (which should be done prior to the nesting season.)
- Check, secure, repair and replace missing or damaged

foundation vents, attic screens, chimney caps and fences.

- Eliminate any food sources. If you have domestic pets that you feed outside, make sure to bring in all food and water bowls at nightfall.
- Keep all trash contained and secured tightly with lids.
- Maintain your yards and yard waste by keeping fallen fruit and nuts picked up and off the ground. This will also eliminate hiding spots for wildlife, as well as mice and rats which raccoons, skunks and opossums eat.

Using poison is thoroughly discouraged for rodent and snail control; these poisons migrate up the food chain, claiming the lives of both wildlife and domestic pets, either through accidental ingestion or, secondarily, by eating animals that have ingested the rodenticide.

Most bird species are also protected. Trimming of trees and shrubs should be done prior to the nesting season, which is typically from late February until September. Cutting down, removing, destroying or disturbing an active nest is illegal per California Department of Fish & Wildlife Code 3503, 3503.5.

Wild birds and animals are a valuable resource because of their role in natural pest control; preserving this resource is in all of our best interests. Enjoy spring to its fullest; treat our wild friends with compassion and respect.

Five best industries for aspiring entrepreneurs in 2017

By JACKIE ZIMMERMANN
NERDWALLET

This could be the year you decide to stop working for someone else and start your own business. While your individual skills and interests are key to determining what type of venture to pursue, the last thing you want to do is start a business in an industry with a gloomy outlook.

Here are five industries with promising futures, based on data from the U.S. Bureau of Labor Statistics, market research firm IBISWorld and financial information company Sageworks.

HEALTH CARE

As the 75 million baby boomers age, there’s increased demand for health care services. According to an outlook by the Bureau of Labor Statistics, more than half of the 20 occupations projected to have the highest percent increase in employment by 2024 are in the health industry. Meeting the needs of an aging population creates opportunities for physical thera-

pists, doctors, optometrists and other specialists to open their own practices.

Don’t have the expertise to open that kind of business? Starting a home health aide staffing firm is one idea you could pursue. According to the bureau, employment of home health aides is expected to increase 38 percent by 2024, and finding employees may be relatively easy since the job doesn’t require a degree.

MARIJUANA

Good news for those with green thumbs: 28 states and the District of Columbia have legalized medical marijuana . IBISWorld predicts that industry revenue for medical and recreational marijuana growers will jump 33.5 percent over the next five years. The retail side of the business is also expected to see sales rise this year, according to the firm.

But for every high, there’s a low. Because the drug remains illegal at the federal level, says Dmitry Diment, a senior industry analyst at IBISWorld, new growth opportunities arise only when regulations are

approved by the states. Those at the forefront of medical and recreational marijuana _ like Colorado, Washington, Oregon and California _ offer the best examples of how the industry could evolve, he adds.

E-COMMERCE

Personal disposable income is projected to grow by 4 percent per year from 2014 to 2024, according to the Bureau of Labor Statistics, and as disposable income grows, so does the “quantity and quality of on-line purchases,” IBISWorld says.

But e-commerce can be an easily saturated market, given low barriers of entry. To increase your online business’s chance of success, focus on your customers _ whether through customizable products, timely support or fast delivery of products, IBISWorld industry analyst Madeline LeClair says.

TECH

In a similar vein, continued innovation in the tech world means continued opportunities for tech-savvy entrepreneurs. IBIS-

World projects a 31 percent revenue boost for smartphone app developers alone in 2017. Don’t forget about the support side of the industry; Sageworks found that tech consulting and installation services had strong sales growth in 2016.

HOME AND BUILDING MAINTENANCE

From landscaping to cleaning to pest control, businesses in maintenance industries that service residences and commercial buildings saw a 13 percent increase in sales in 2016, according to Sageworks. If you gain the right expertise, Sageworks analyst James Noe says, these businesses are easy to start because they have relatively low upfront costs and don’t require large inventory, staff or dedicated office space.

This article was provided to The Associated Press by the personal finance website NerdWallet.



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Art IS Education



SUBMITTED BY
WINDA SHIMIZU

“Art IS Education” exhibition at Foothill Gallery features two-dimensional works by elementary school students from Hayward Unified School District from March 10 through April 22. Sixty creative pieces will be on display representing a variety of media from pastels, collage, acrylics, pencil, photography, and watercolors.

Every artwork emphasizes the importance of art in our schools and the incredible talents of

ship with the Alameda County Arts Commission. Meet and greet the artists at the reception at Foothill Gallery



on Saturday, March 11. During the afternoon reception visitors will be able to participate in a hands-on workshop in wood-block printing conducted by Hayward Arts Council (HAC) member Robert Wolff.

“Art IS Education” exhibition is a collaboration between HAC and Hayward Unified School District. Hayward Arts Council’s mission is to stimulate community interest in the arts and encourage the participation of local artists in all kind of media. Visit www.haywardartscouncil.org for more art exhibits and events.

Art IS Education Exhibition
Friday, Mar 10 – Saturday, Apr 22
Thursday – Saturday, 10 a.m. – 4 p.m.

Artists’ Reception
Saturday, Mar 11
1 p.m. – 3 p.m.

Foothill Gallery
22394 Foothill Blvd, Hayward
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www.haywardartscouncil.org
Free



students throughout the school district. March is Art IS Education month. The 2017 theme “Creative Voices” invites Alameda County youth and community members to use their creative expression. Many free art events will take place at 12 county locations. Art IS Education is a project of the Alameda County Office of Education in partner-





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Home & Garden

Don't wing it when attracting wild birds to the garden

ARTICLE AND PHOTOS BY DANIEL O'DONNELL

Spring is in the air and so are many wild birds looking for nesting materials and food. Some are expectant mothers and some have just become mothers. Some may be passing through on their migration route. Providing water, food, and a possible home is one of the best ways to enjoy many of the different types of birds that share our air space.

It is important to provide a clean water source, even with the recent rains. Birds use water not only for drinking but for bathing and cooling off in the mild Bay Area winter. Protection from cats is the main theme that will creep into every aspect of providing a habitat for wild birds. The water source should be placed at least a few feet off the ground, within a hose length of a faucet, and away from any tall vegetation where a cat or other predator can hide. Purchasing a breakaway cat collar with a bell will provide an early alarm system for a bathing bird while ensuring the cat's safety as well.

What comes first, the bird food or the bird feeder? The answer in most cases is the food. The first thing a new enthusiast could determine is what type of wild birds he or she would like to attract. Recent studies have concluded that feeding wild birds with a general seed mixture

encourages the comingling of different birds, and can contribute to multispecies outbreaks of avian diseases and make it easier for parasites to jump between birds.

Different birds will also pick through a general food to find the seed type they prefer, wasting a lot of the food. It is better to choose a food that targets one or two types of birds with the specific seed or kernel that they prefer. This will reduce waste and is the safest scenario for the birds. Mixtures with shelled and cracked corn, different millets, peanuts, sunflower seeds, or rapeseeds can be purchased at Bogie's Discount Pet Food & Supplies (37085 Fremont Boulevard, Fremont).

Once it is determined what species of bird is desired, a feeder specific to their type of food can be purchased. These feeders take into account the bird's eating habits and make it difficult for other birds or animals to access the food. Finches, for example, are small birds that ideally are fed thistle seeds through a sock made of a mesh material. Finches and sparrows can easily perch on the cloth sock while it is almost impossible for larger birds to do so. A feeder with a large platform will accommodate larger birds. Place feeders in a dry location and out of reach from cats.

It can be entertaining to watch hungry birds fly to and from a feeder. It can also be charming to hear songbirds singing from their



nests in the trees. No one can tell a wild bird where to build a nest, but providing the materials for it might encourage construction close by. Leaving small twigs, grass clippings, pine needles, and other garden debris scattered on the ground near a bird feeder or bird bath will provide an easy source of materials for a nest's construction. This can entice a bird to stay close but there is the lingering potential danger of being caught by a cat.

A safer way to provide nesting material is to build a grab bag filled with material and hang it in a tree where a bird might build a nest. A small cage or mesh bag can be filled with natural materials such as the garden debris listed above. They can also be filled with pieces (no longer than three inches) of things made out of natural fibers such as yarn, cloth, burlap bags, and wool. Fur from a pet brush, cocoa fiber, and feathers also make great nesting

materials. Dryer lint, nylon twine, and plastic bags should never be used because they can suffocate or strangle a bird. Anything natural and chemical free is best.

Birds are in ever-increasing competition for real estate in urban areas. Building a bird box or purchasing a bird house can alleviate some of this pressure. This is especially true for smaller and some less aggressive native bird species. A yearly removal of the bedding material in the fall will keep the home attractive for the next generation.

Building a bird box is simple but there are some valuable tips to be successful. Choosing the correct entrance size will allow smaller birds access to the home while denying entry to larger ones. The type of wood, ventilation holes and a sloped roof to keep the rain out are also important design elements. Visit the National Wildlife Federations website at www.nwf.org/Garden-For-Wildlife/Young/Nesting-Box.aspx for a complete list of design suggestions, placement, care, and other pertinent information.

Bird houses can be artistically appealing. Whether made from a lobster trap buoy from Maine, a gourd from Pennsylvania farm country, or a coconut from Hawaii, purchasing a bird house while on vacation can provide a useful and visual reminder of the trip and culture of an area.

People inhabit the ground and birds inhabit the sky. Helping to bring their world closer to ours gives us and them the best of both worlds.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com

Leaving small twigs, grass clippings, pine needles, and other garden debris scattered on the ground near a bird feeder or bird bath will provide an easy source of materials for a nest's construction.





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Purim

celebrates the courage of Esther



BY CYNDY PATRICK
PHOTOS COURTESY OF
TEMPLE BETH SHOLOM

Have you ever done something that scared the wits out of you? Taking action, despite being scared to death, is what courage is all about. The celebration of Purim is the festive Jewish holiday that honors one woman's courageous act that saved an entire nation of people. That woman was Esther and today, the Jewish people still celebrate her story and God's faithfulness of more than two thousand years ago.

The theme of Purim is unity and thanksgiving all rolled up into an exuberant carnival complete with costumes, gifts, and merriment. Purim is held each year on the 14th of Adar according to the Jewish calendar, which begins at sundown on March 11 and ends the following evening on March 12. Local celebrations begin Friday, March 10 and events will be held all weekend.

The story of Esther is one of the books written in the Old Testament of the Bible. It is one of only two books written about women (the other being the book of Ruth). It is also handwritten on a Hebrew scroll called the Megillah. To attend an oral reading of this scroll at synagogue both the night Purim begins and the following day is one special mitzvah or commandment that the Jewish people perform during the Purim celebration.

Back in the 4th century BCE, the Jewish people along with all other subjects of the vast Persian Empire were under the rule of King Ahashuerus. After his first wife, Queen Vashti, disobeyed his command to appear for a celebration, the king had her executed. To replace his wife, he held an elaborate one-year-long beauty pageant to locate the finest woman in his land. He chose Esther to be his Queen but she kept her Jewish heritage a secret from him.

Meanwhile, the king had an advisor named Haman. He disliked the Jewish people and one day became highly offended when Esther's cousin, Mordechai, refused to bow down to him. Haman hatched a plan to have all of the Jewish people killed and chose the date for their annihilation by casting lots. The word Purim means "lots" in the Hebrew language.

But when Mordechai told Esther of what was to come, she decided to risk her life and request an audience with the king. It was a huge risk to tell

him she was Jewish. The Jewish people celebrate God's hand in the outcome because the king sided with his new wife. He was so outraged that he had Haman hung on the very same gallows that Haman had built to execute Mordechai.

The other three mitzvot of Purim are to give to the needy, send food baskets called mishloach manot to friends, and to have a special feast with your family. Traditional triangular pastries called hamantaschen filled with poppy seeds, fruits or chocolate are often made.

Many temples have a fun-loving spiel (play) about the story of Esther and each time the evil Haman's name is mentioned, the people twirl gragers (noise makers) and stomp their feet. Rabbi Harry Manhoff of Temple Beth Sholom said Purim is all about having fun and letting loose. He will definitely be wearing a costume at his service!

"The holiday brings back happy childhood memories of growing up in a wonderful temple back in New Jersey, but now it's about the need to make sure that everybody is safe and has someone to protect them in today's climate." Manhoff recently spoke on this topic at the San Leandro City Council meeting, where they voted unanimously to make it a Sanctuary City.

PurimPalooza at Temple Beth Torah in Fremont includes a carnival for children, Purim study with the Rabbi, home kitchen beer brewing "how-to" and a social action of collecting donations for gift baskets to be given to the children served by Abode Services. Please visit

www.bethtorah-fremont.org for more information.

Purim Spiel
Friday, Mar 10
8:30 p.m.
Purim Service
Saturday, Mar 11
7:00 p.m.
Purim Carnival
(kids under 12),
Costume Parade
Megillah Reading and
Hamantaschen Bake-off
Sunday, Mar 12
10:00 a.m. – noon
Temple Beth Sholom
642 Dolores Ave, San Leandro
(510) 357-8505
www.tbssanleandro.com
Free

Purim Service
Saturday, Mar 11
7:30 p.m.
PurimPalooza Carnival
Sunday, Mar 12
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Temple Beth Torah
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Free (tickets for sale to play games)

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Highest \$: 1,100,000		Median \$: 880,000							
Lowest \$: 418,500		Average \$: 799,500							
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED				
20121 San Miguel Ave #6	94546	418,500	2	1117	197201-27-17				
5038 Tyler Lane	94546	880,000	3	2159	196401-31-17				
5887 Greenridge Road	94552	1,100,000	4	1901	196301-27-17				

FREMONT TOTAL SALES: 13									
Highest \$: 1,040,000		Median \$: 740,000							
Lowest \$: 355,000		Average \$: 743,846							
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED				
3371 Baywood Ter #212	94536	355,000	1	714	1987 01-31-17				
436 Boulder Terrace	94536	744,000	3	1312	2008 01-31-17				
37967 Canyon Heights Dr	94536	710,000	3	1014	1959 01-31-17				
3798 Colet Terrace	94536	510,000	2	900	1974 01-30-17				
4512 Gertrude Drive	94536	970,000	3	1656	1964 01-31-17				
36098 McKeown Terrace	94536	740,000	3	1663	1984 01-31-17				
1269 Walleye Common	94536	801,000	3	1400	1996 01-30-17				
4665 Mowry Avenue	94538	720,000	5	1649	1962 01-31-17				
40891 Robin Street	94538	725,000	3	1402	1963 01-27-17				
48900 Air Fern Common	94539	1,040,000	3	1772	2008 01-27-17				
25 Queso Court	94539	905,000	3	1785	1978 01-27-17				
3843 Milton Terrace	94555	510,000	2	985	1986 01-31-17				
34300 Siward Drive	94555	940,000	4	1637	1989 01-27-17				

HAYWARD TOTAL SALES: 19									
Highest \$: 735,000		Median \$: 440,000							
Lowest \$: 345,000		Average \$: 497,974							
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED				
24901 Bland Street	94541	680,000	3	1720	1957 01-31-17				
1272 C Street	94541	650,000	4	2016	1963 01-27-17				
1997 Nina Court	94541	367,000	4	2535	1969 01-31-17				
18450 Robscott Avenue	94541	498,000	3	1051	1951 01-31-17				
1720 Sumner Place	94541	400,000	2	1020	1992 01-30-17				
26630 Call Avenue	94542	735,000	3	2314	1990 01-27-17				
15 Astrida Drive #8	94544	390,000	3	1425	1984 01-30-17				
505 Banbury Street	94544	487,500	3	1176	1957 01-31-17				
665 Dartmore Lane #357	94544	392,000	2	894	1988 01-27-17				
31011 Everett Court #8	94544	415,000	2	1435	1981 01-31-17				
410 MacKenzie Place	94544	575,000	3	1176	1957 01-27-17				
27586 Sebastian Way	94544	565,000	3	1000	1954 01-31-17				
736 Shawnee Court	94544	650,000	3	1430	1959 01-27-17				
166 St.Andrews Street	94544	627,000	3	1410	1955 01-27-17				
26220 Ventura Avenue	94544	440,000	3	1130	1953 01-31-17				
27738 Del Norte Court	94545	345,000	2	988	1970 01-31-17				
25930 Kay Avenue #208	94545	405,000	2	1286	1982 01-31-17				
2505 Oliver Drive	94545	410,000	3	1254	1970 01-27-17				
21100 Gary Drive #120	94546	430,000	2	1037	1981 01-31-17				

MILPITAS TOTAL SALES: 7									
Highest \$: 950,000		Median \$: 850,000							

Lowest \$: 275,500		Average \$: 786,357							
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED				
1382 Coyote Creek Way	95035	815,000	2	1316	2013 02-08-17				
235 Currlin Circle	95035	850,000	3	1622	2014 02-15-17				
1832 Lee Way	95035	826,000	3	1456	2013 02-08-17				
307 Meadowhaven Way	95035	930,000	3	1427	1994 02-10-17				
343 Sandhurst Drive	95035	858,000	2	1412	1997 02-15-17				
800 South Abel St #210	95035	275,500	1	932	2007 02-09-17				
226 Summerwind Drive	95035	950,000	4	1767	1991 02-08-17				

NEWARK TOTAL SALES: 5									
Highest \$: 661,000		Median \$: 585,000							
Lowest \$: 510,000		Average \$: 592,200							
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED				
36913 Ash Street	94560	585,000	2	924	1900 01-27-17				
6384 Buena Vista Dr #B	94560	545,000	2	1488	1985 01-31-17				
37747 Cedar Boulevard	94560	660,000	3	1691	1986 01-31-17				
6119 Thornton Ave #E	94560	510,000	2	1166	1987 01-31-17				
5821 Vizcaino Way	94560	661,000	-	-	- 01-31-17				

SAN LEANDRO TOTAL SALES: 5									
Highest \$: 1,135,000		Median \$: 640,000							
Lowest \$: 527,000		Average \$: 745,400							
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED				
1203 Via Coralla	94580	480,000	2	1089	1948 01-31-17				

SAN LORENZO TOTAL SALES: 1									
Highest \$: 480,000		Median \$: 480,000							
Lowest \$: 480,000		Average \$: 480,000							
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED				
15603 Lorenzo Avenue	94580	540,000	3	1317	1956 01-23-17				
547 Tulsa Street	94580	515,000	3	1014	1950 01-25-17				
16128 Via Chiquita	94580	660,000	4	1745	1951 01-23-17				
17255 Via Estrella	94580	550,000	3	1384	1948 01-20-17				
15919 Via Paro	94580	510,000	3	1072	1944 01-23-17				

UNION CITY TOTAL SALES: 9									
Highest \$: 927,000		Median \$: 530,000							
Lowest \$: 338,000		Average \$: 587,889							
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED				
33155 6th Street	94587	559,000	3	1107	1954 01-31-17				
4106 Asimuth Circle	94587	477,000	3	1214	1974 01-27-17				
144 Donoso Plaza	94587	338,000	2	710	1986 01-31-17				
204 Entrada Plaza #283	94587	348,000	2	710	1986 01-31-17				
3028 Flint Street #54	94587	460,000	2	943	1988 01-27-17				
32760 Hilmar Street	94587	927,000	4	1980	1985 01-27-17				
35540 Monterra Ter #302	94587	530,000	2	1006	2001 01-27-17				
2616 Royal Ann Drive	94587	850,000	3	2169	1969 01-30-17				
31355 Santa Ana Way	94587	802,000	4	1762	1970 01-31-17				

Home Sales Report

Girl Scout Daisies visit Firefighters

SUBMITTED BY
DAISY TROOP 30717

On 26th February, our Girl Scouts Daisy troop visited the heroes in our community, the firefighters of Fremont Fire Station 9!

The fire station is actually a firehouse because the firefighters live there for 48-hour shifts at a time. The firefighters sleep in pullout beds, also known as “Murphy” beds. Murphy beds are usually stuck to the walls and when it is time to sleep, you can pull them out. The firefighters also have an exercise room to keep themselves fit so that they can lift people when they are

stuck in the fire, a kitchen, bathroom and living room.

Firefighters can get called to put out fires at any time, even if they are asleep! They have to change quickly when there is a fire. From wherever they are in the firehouse, they get two minutes to report to a call. We learned that each light in the living room meant something. We even heard how they get called when there is an emergency. We saw fire trucks which have very long hoses. The huge garage is for parking the fire trucks.

We had a great time at the firehouse. Our favorite part was spraying with the fire hose and



wearing a firefighter’s hat, pretending to be one. We felt that the firefighters were very friendly and nice, and that they care for our community. We worked towards the “friendly and helpful”

Daisy petal that day, and this visit helped us learn that first-hand.

Thank you, firefighters, for the awesome tour of the fire house, for the firefighter hats you gave us to take home and for

your service to our community! We hope that you enjoyed our Thank You cards and the Girl Scout cookies!

Pat Tillman, Fremont success story

SUBMITTED BY
STEVE MICHEL

Pat Tillman was born in Fremont on November 6th 1976 and grew up in the Willow Glen section of San Jose. He attended public schools including Leland High School from 1990-1994. Tillman became one of the greatest football players in school history. He played linebacker at 5 feet 10 inches tall and 180 pounds; small, even by high school standards. Tillman made up for his size with quickness, intelligence and hitting players on the opposing offense harder than any other defensive player in school history. Tillman led Leland High School to a Central Coast Division 1 Football Championship his senior year. The school would later name their football field Pat Tillman field in his honor.

After graduating from Leland in 1994, Tillman accepted a full football scholarship to Arizona

State University where he excelled both on the football field and in the classroom. He majored in Marketing and held a 3.85 GPA. Playing linebacker for the Sun Devils, he led his team to an undefeated season and a Rose Bowl berth in Pasadena. Tillman was named Pac Ten Defensive Player of the Year in 1997. He was also named Sporting News Honda Scholar Athlete of the Year in 1997. Tillman was inducted into the College Football Hall of Fame in 2010.

After graduating from college in three and a half years, Tillman was selected in the seventh round of the NFL draft by the Arizona Cardinals (226th overall pick). He was switched from linebacker to free safety by the Cardinal coaching staff. Tillman played well his rookie year starting 10 of 16 games and also excelling on special teams for the Cardinals. His second season in 1999, he played well again excelling on special teams as well

as at his free safety position.

Tillman had a breakout season in 2000 making 155 tackles (130 solo tackles) two forced fumbles, 1.5 sacks, nine pass deflections and one interception returned for 30 yards. Sports Illustrated football writer Paul Zimmerman named Tillman to his 2000 NFL All-Pro Team. After his All-Pro season, Tillman turned down a five year, nine million dollar contract from the St. Louis Rams out of loyalty to the Cardinals. He was making \$500,000 at the time of the Rams offer. Tillman would later turn down millions of dollars from the Cardinals as well.

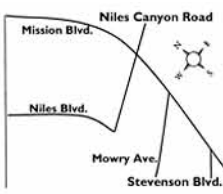
After the terrorist attacks on New York City on September 11th 2001 Tillman felt it was his duty to serve and defend his country so he retired from professional football after playing only four years. He and his brother Kevin Tillman enlisted in the United States Army on May

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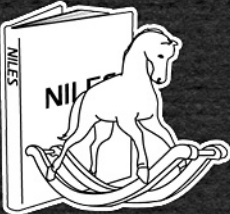


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History day competition comes to Fremont

ARTICLE AND PHOTOS SUBMITTED
BY AL MINARD

For the first time in more than 20 years the Alameda County History Day Competition is coming to Fremont. The annual academic event is aimed at students in junior high and high school and is part of the larger National History Day program. Set for Saturday, March 11 at John Hopkins Junior High School, this year's theme is "Taking a Stand in History" and is deliberately broad to encourage participating students to delve into history, whether it's a topic from the ancient world or the history of their own city.

Students compete in five categories:

- Historical paper
- Documentary
- Performance
- Museum exhibit
- Website

The historical paper competition is for individuals only but the other four categories are for either an individual or a group of up to five students. Competition starts in the classroom with the best creations going to the school level and then to county level, then state competition and finally the national competition.

More than 1,100 students will compete at the state level California State History Day competition. It's set for May 6-7 at William Jessup University in Rocklin, near Sacramento. The top two projects from each category will move on to the National History Day competition which takes place each year at the University of Maryland in College Park. This year's competition will be June 11-15. The theme for next year's competition is announced after this event.

All students in public, private and parochial schools and those in home school programs are welcome to participate in the program.

The competition is stiff. There are four categories for both an individual and a group and one (historic paper) for an individual only, for each group of students, either junior high or high school. In each category only two can advance to the state competition and one runner-up at the junior high level and only three can advance at the high school level.

This is a fast paced competition with students in the documentary and performance categories having just 20 minutes to set up their equipment present the documentary or performance, answer questions from the judges and dismantle their equipment.

For younger students in fourth and fifth grades, California encourages to compete in History Day by making a poster on the theme.

Alameda County History Day Competition

Saturday, March 11
Museum exhibits open at 11 a.m.; performances and documentaries start at noon

Hopkins Junior High School
600 Driscoll Road, Fremont
(510) 656-3500
Free

Walter & Cordelia
Knott



MOVING GIANTS

and a Man with an Idea

The Inventive Genius

JOHN DOLBEER

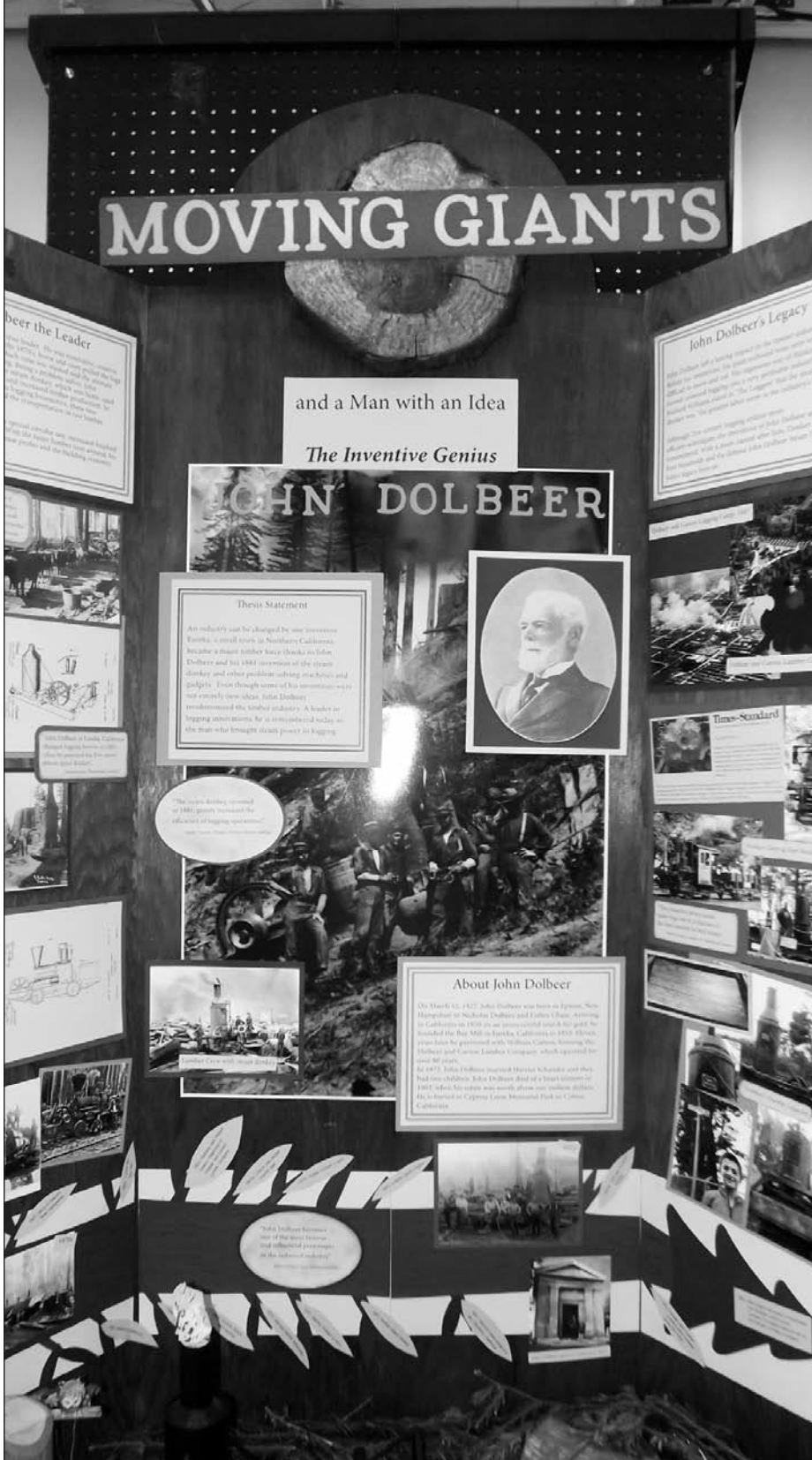
Thesis Statement

An industry can be changed by one innovation. Fremont, a small town in Northern California, became a major timber town thanks to John Dolbeer and his 1881 invention of the chain blocker and other problem-solving machines and gadgets. Even though some of his inventions were not widely used, John Dolbeer revolutionized the timber industry. A leader in logging innovation, he is remembered today as the man who brought steady power to logging.

About John Dolbeer

On March 10, 1847 John Dolbeer was born in Spring, New Hampshire to Nicholas Dolbeer and Esther Chase. Moving to California in 1850 as an unemployed man, he got his start in the Bay Area in San Francisco. In 1858, Dolbeer came to be known as John Dolbeer. Dolbeer, known as the "Dolbeer and the Chain Blocker" which opened the way for logging.

John Dolbeer received Thomas Schuchman and they had two children. John Dolbeer died of a heart attack in 1907. John Dolbeer was married three times. Dolbeer, who is buried in Cypress Lawn Memorial Park in Colma, California.



Vinca varieties

By PAT KITE

*Through primrose tufts, in that green bower,
The periwinkle trailed its wreaths;
And 'tis my faith that every flower
Enjoys the air it breathes.*

-William Wordsworth

There are seven Vinca varieties, but only one can sometimes be a garden headache. Vinca major is usually sold as a semi-shade ground cover along with buddies Vinca minor types. However, I have seen six-packs just labeled “Vinca.” The problem with Vinca major is it spreads aggressively by runners and is difficult to eradicate. It has been used as California highway ground cover for erosion control. Vinca major is useful in areas where you never want to look again, but it can get to 24 inches high. Anything that high, with dense coverage, can be a haven for little beasts, like rodents, like rats.

Vinca minor, alternately known as “dwarf periwinkle” and “creeping myrtle,” has smaller leaves. It grows to perhaps six inches high, and is less likely to get annoyingly adventuresome. There are several flower colors, some easier to find than others. Flowers are only about one-inch in diameter, appearing quietly from spring to fall. Most common are the purple flowered types, such as Altropurplea, and the blue flowered type, Bowles Variety. Ordinary garden shops tend not to identify, so caution is advised. If you hunt around in catalogues, or specialty shops, you might find the white-flowered Alba, Evelyn, or Gertrude Jekyll. Be persistent, and you might locate Ralph Shugert with blue flowers and white-edged leaves, Sterling Silver that also has blue flowers with white-edged speckled leaves, or the yellow-leaf type called Illumination.

For historians, the name “Vinca” comes from the Latin

TRI-CITY GARDEN CLUB MEETINGS:
Friends of Heirloom Flowers
Work Parties - Every Tuesday - at Shinn Park, 10 a.m. - 12 p.m.
1251 Peralta near Mowry, Fremont (510) 656-7702
Bring gloves and tools. - Social Hour afterward
Every Thursday, 10 a.m. - 12 p.m.
Niles Rose Garden - 36501 Niles Boulevard, Fremont
Bring gloves and tools.
[Across Driveway from Mission Adobe Nursery]
Contact Joyce Ruiz: 659-9396
Meetings are held quarterly. Call for details

Fremont Senior Center Garden Club
First Friday of each month, 1-2 p.m.
Tanya Mendoza, Program Coordinator 510-790-6602

Fremont Garden Club
The Fremont Garden Club meets the third Wednesday of each month, February - October, in members' homes & gardens, 6:30 p.m. - 8:30 p.m. Locations are posted on the Fremont Garden Clubs' web site at www.fremontgardenclub.org call Lynn at 510-604-8206

Gardens at the California Nursery Historical Park
Every Thursday 10 a.m. - 12 p.m.
36501 Niles Boulevard, Fremont
Bring gloves and tools
Park near entrance across from rose garden
contact bart.balk@comcast.net for details
Find us on Facebook:
www.facebook.com/FriendsofCaliforniaNurseryHistoricalPark

Pat Kite’s Garden

protection. For instructions on



PAT KITE

L. Patricia [Pat] Kite’s several garden books include *KISS Guide to Gardening, Gardening Wizardry for Kids, Raccoons, Ladybug Facts and Folklore and Silkworms. They may be found at Amazon.com and Alibris.com.*

how to make them, search the Internet for “Vinca Wreaths.” The Victorian language of flowers equated periwinkle with thoughts of fond memories and friendship.

Health, Wellness and Career Fair



SUBMITTED BY CARYL MAHAR
PHOTOS BY PAUL ROSA

A highly successful Health, Wellness & Career Fair was held at Castro Valley High School on February 23, 2017. The event was jointly coordinated by Castro Valley/Eden Area Chamber of Commerce, Castro Valley High School, and Eden Area ROP, all part of the larger East Bay Career Pathways Consortium. However, it would not have been possible without the participation of the many presenters. We had approximately 40 local businesses and nonprofits in the field of health and wellness including Kaiser Permanente, Sutter Health/Eden Hospital, American Red Cross, Alameda County Fire Department, Davis Street Family Resource Center and many more. These businesses hosted information tables where students could learn about opportunities to work, volunteer, and intern, and about living a healthy lifestyle. The fair included three Emergency Response Vehicles for our future EMT and First Responder students to learn and ask questions.

The event brought together the educational and business community to showcase health and wellness career pathways to over 1,800 Castro Valley students. Moreover, it stands as an example of Castro Valley coming together to support local students in partnership with educators, businesses, and non-profits.

The ultimate goal of the Eden Area Career Pathways Consortium is to prepare students for careers and further education, as well as instill workplace skills and ethics that enable them to compete successfully in the economy of today and that of the future.

To provide our students with robust experiences, the Castro Valley/Eden Area Chamber of Commerce is seeking local businesses/organizations that might be willing to be a guest speaker, host a field trip/business tour, participate in job shadowing or host a summer intern (paid or unpaid). If you would be interested learning more about these additional activities and how you can get involved, please contact the chamber directly at (510) 537-5300 or e-mail info@castrovalleychamber.com.



continued from page 1

Nowruz welcomes spring and renewal

Dance Academy and Persian music by the Amir School of Music. This event is free; no reservations are required. Seating limits will be observed.

Nowruz Celebration
Saturday, Mar 11
3:00 p.m. – 4:30 p.m.
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1401
<http://dancepersian.org/>
<http://www.amirschoolofmusic.com/Home.html>
Free

Join Afghan Education for a Better Tomorrow and International Orphan Care for a celebration of Nowruz with a live musical performance by Ustad Mahwash and Khalil Ragheb. The Century House and Gardens will prepare delicious Afghan food. The proceeds of this fundraiser will benefit education in Afghanistan.

Nowruz Concert
Saturday, Mar 11
6:30 p.m. – 11:30 p.m.
Century House and Gardens
37447 Fremont Blvd, Fremont
<https://www.eventbrite.com/e/nowruz-concert-benefiting-education-in-afghanistan-tickets-30528950914>
Tickets: \$40 adult, \$25 children under 12

The Iranian Federated Women’s Club, in partnership with County Supervisor, Dave Cortese, is proud to present Charshanbeh Suri, The Festival of Fire. Consistent with Persian tradition, we will celebrate Charshanbeh Suri on the last Tuesday night of winter. Join us on March 14 for a very special night of live music, Persian cuisine, and a Nowruz-themed bazaar. Guests of this special event will have the opportunity to participate in the old Chardhanbeh Suri tradition of jumping over fire, signifying the end of the 1395th Persian year and the arrival of spring and Nowruz 1396.

Charshanbeh Suri, The Festival of Fire
Tuesday, Mar 14
6:00 p.m. – 10:00 p.m.
Jim McEntee Plaza
70 W Hedding St, San Jose
(408) 906-9237
ifwc96@gmail.com & payvand95@gmail.com
<http://payvand.org/>
Free

Welcome the start of spring with a special edition of Friday Nights @ OMCA (Oakland Museum of California), celebrating Nowruz or Persian New Year. Nowruz falls on the spring equinox, March 21



this year, which marks the transition into the new season as the days begin to get lighter. Join OMCA and the Islamic Cultural Center of Northern California to enjoy festive Persian music, taste traditional food, and take in exhilarating dance in honor of the holiday! Enjoy half-price admission, live music, hands-on activities for kids, a pop-up art market in the Redwood Burl area, and extended OMCA Store hours.

Friday Nights @OMCA: Nowruz Celebration
Friday, Mar 24
5:00 p.m. – 9:00 p.m.
Oakland Museum of California
1000 Oak Street, Oakland
<http://museumca.org/2017/friday-nights-omca-march-24>
Admission: \$7.50 adults, ages 18 and under free
Parking: \$7

The Iranian Federated Women’s Club/Payvand in partnership with the City of San Jose District 10, Councilmember Johnny Khamis, has prepared a very special and intimate event for Friday, March 24 at the San Jose City Hall Rotunda. This event will feature exquisite Persian cuisine specially prepared by Uncle Ray’s, haftseen table setting and flowers by Afsaneh Naderi, and guests will be treated to view a special collection of Persian art, as well live music and performances by Moein Vahdat, Faranak Shahroozi, Sabiba and many more local artists and groups. All of this will be to welcome and celebrate a bountiful and prosperous Persian New Year. A limited number of tickets will be available via www.tikkl.com/payvand/c/nowruz-2017.

Nowruz Celebration 2017
Friday, Mar 24
6:00 p.m. – 10:00 p.m.
San Jose City Hall Rotunda
200 E. Santa Clara St, San Jose
(408) 906-9237
payvand95@gmail.com
<http://payvand.org/>
<https://www.tikkl.com/payvand/c/nowruz-2017>
Tickets: \$45
Free parking (please bring parking ticket to get validated at event)



What Is Compost?

The grass clippings, tree trimmings, and food scraps placed in your curbside organics carts are collected by Republic Services each week and processed into compost. Composting is a natural form of reusing and recycling that transforms organic material, like yard debris and food scraps, into humus, a beneficial soil-like material that may be used in flower beds, gardens, and on farms.

Composting is good for our community because:

- It helps retain soil moisture and increases soil nutrients in which gardens flourish
- Helps to prevent soil erosion and may be used as decorative dressing or mulch
- Provides a sustainable solution to divert organics from landfills



****LOOKOUT****

Want to try out compost in your garden? Annual Compost Giveaway events are right around the corner! Be on the lookout for your city's event date in next week's edition of Kid Scoop.



THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

Find Kid Scoop on Facebook

© 2017 by Vicki Whiting, Editor Jeff Schinkel, Graphics Vol. 33, No. 13

Kid Scoop Together

Proof It

Are you a careful reader? Read the article below and see if you can circle all six errors. Then, rewrite the article correctly on the blank lines.

Sonia Sotomayor Supreme Court Justice



Sonia Sotomayor grew up in a very poor neighborhood outside of New York City. But, with big dreams and hard work, she grew up to be one of the nine justices on the Supreme Court – the highest court in the United States of America.

She serves with justices John Roberts, Anthony Kennedy, Clarence Thomas, Ruth Bader Ginsberg, Stephen G. Breyer, Samuel Alito, and Elena Kagen.

Replace the missing words in this article.

SCHOOL HOURS ENCYCLOPEDIAS NURSE GRADE RAISE SACRIFICE OPPORTUNITIES

A Mother's Love

Sonia's father died when she was nine years old. Sonia's mother had to work hard to _____ her children alone.

Sonia's mother worked long _____ so she could send Sonia and her brother to a private _____.

Sonia's mother had only completed third _____ and she wanted her children to finish school so they could have better _____.

After the children went to bed, Sonia's mother studied to become a _____ so she could afford a better life for her children.

Sonia's mother taught her the importance of hard work, _____ and love.

Sonia's mother wanted her children to do well in school. She saved pennies, nickels and dimes to buy _____ to help her children.

Judge At Last

After working hard as an Associate District Attorney, Sonia Sotomayor finally did becomes a judge in Noo York.

Then in 2009, President Obama selected her to be a judge on the highest court in the land, the Supreme Quart.

Unlike many judges, Sonia came from a poor families. And she was a "Nuyoricán" – a child off Puerto Rican parents living in New York. This made her not only one of the few womens to be appointed to the Supreme Court, she is also the first Latina.

Big Goals and Dreams

From a young age, Sonia wanted to help people. Because she spoke Spanish at home, she would translate for people at hospitals.

When Sonia decided to become a judge, she knew would have to get good grades, really good grades.

Her hard work paid off. She graduated high school with an award for being the very top student at her school. She was accepted into one of the very best colleges in America: Princeton University. She worked hard there and then got into a top law school.

Do the math to see which law school Sonia Sotomayor attended. The answer is an even number.

COLUMBIA LAW SCHOOL

29 + 16 =

YALE

33 + 71 =

HARVARD

55 + 64 =



Read! Read! Read!

As a child, Sonia loved to read. She read her school books, library books and the encyclopedias her mother bought. But her favorite books were Nancy Drew mysteries.

Nancy Drew is a girl detective that solves crimes. Sonia wanted to be like her!

Unscramble the titles of these Nancy Drew mysteries. Use the list at right for clues.

- The Hidden Staircase
The Secret of the Old Clock
The Sky Phantom
The Clue in the Diary
The Haunted Bridge
The Clue of the Black Keys

Judges use a gavel, a small wooden mallet, to quiet courtrooms. How many can you find on this page?



Sonia learned from television as well as books. One of her favorite shows was *Perry Mason*, a show about a lawyer. At first Sonia thought she would like to be a lawyer like Perry Mason. Then as she watched the shows, she saw how the judge was the most powerful. That is what she wanted to be!

Extra! Extra! If Sonia Lived in My Neighborhood

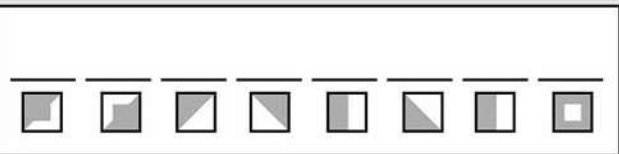
Look through the newspaper for articles that you think would be of interest to Sonia Sotomayor. What do you think she would do to help people in your community?

Standards Link: Research: Use the newspaper to locate information.

Kid Scoop Puzzler

Poverty was not Sonia's only challenge growing up. When she was eight years old the doctor told her she had a disease that meant she would need to take shots of medicine every day for the rest of her life.

Use the code to discover the name of this disease.



SECRET CODE:

□ = A □ = B □ = D □ = E □ = I

□ = K □ = N □ = S □ = T □ = U

Double Double Word Search

SOTOMAYOR
SACRIFICE
SUPREME
SPANISH
DREAMS
LAWYER
SONIA
COURT
ALONE
NURSE
DIMES
JUDGE
SHOWS
GOALS
HARD

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.



Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop VOCABULARY BUILDERS

This week's word: SACRIFICE

The verb **sacrifice** means to give up something for the sake of something else.

Josh **sacrificed** his free time to help at the church Spring carnival.

Try to use the word **sacrifice** in a sentence today when talking with your friends and family today.

FROM THE Kid Scoop LESSON LIBRARY

Supreme Court News
Watch the newspaper for articles about the Supreme Court. Keep a journal with short summaries of the articles. Watch for decisions they are making and discuss these with your friends and family.

Standards Link: Physical Education: Use the newspaper to locate information.

What can you lose that will make an argument even worse?

ANSWER: Your temper.

Write On!

Woman I Admire

Write about a woman, other than your mother, that you admire. Include reasons why you chose this woman.

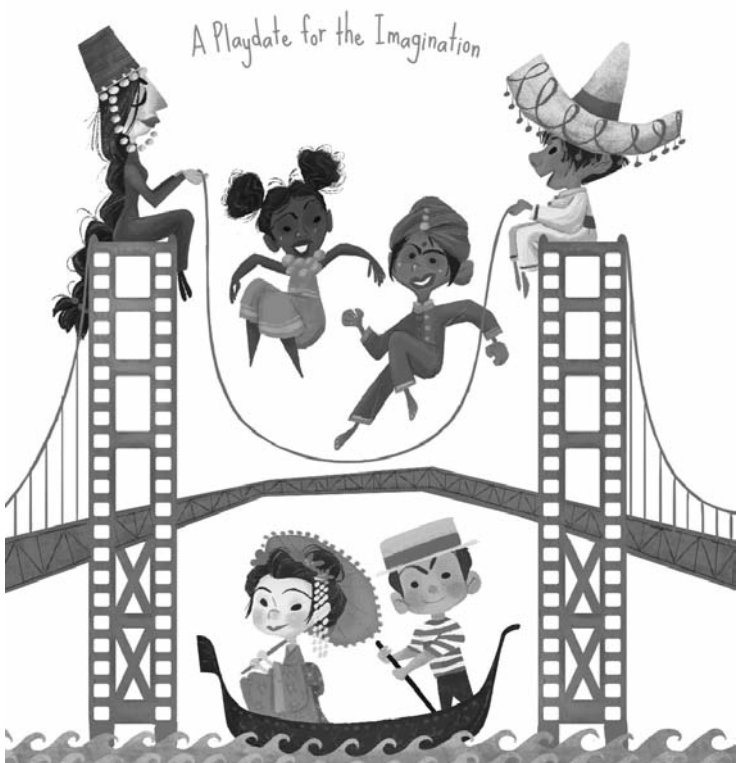
continued from page 1

Children’s Film Festival

Among the films being screened will be “Batkid Begins,” a documentary about the day that San Francisco and the world came together to grant a five-year-old cancer patient his wish, one of the biggest news stories of the year. Also on display will be “Long Way North,” one of the most beautiful international animated films of 2016.

Animation workshops will be held throughout the festival, with help from students of Berkeley City College, providing children hands-on lessons in stop-motion techniques using found objects and clay figures. Says Trott, “Kids can get a hint of what it’s like to create these animated films, which take an amazing amount of creativity and work.” Incorporating music and sound effects, these animated shorts will then be shown to audience members on the big screen, with introductions by the little creators themselves.

Founded in 2009 by Jim Capobianco of Pixar and Trott, BAICFF is unique in that its audience is primarily children. It started off as a community initiative by a small group of parents whose children attended the Renaissance International School in Oakland. They held their first, one-day festival at an



old art deco movie theater in Alameda, with over 400 people in attendance. Says Trott, “We realized there was a great demand for this type of programming.”

What started off as a grassroots school program has since evolved into its own entity, growing in attendance each year (they estimate 1,500 will attend this year). Three years ago they moved to the Chabot Space & Science Center and haven’t looked back. Says Chabot Visitor Engagement Manager

Liz Austerman, “We were thrilled when they originally approached us because it’s a really unique festival, and it’s an audience that we are reaching out to as well.”

Indeed, it would seem that Chabot is the perfect venue for such an event, from the state of the art Mega Dome Theater, to the Planetarium, to the classrooms, to the café. Says Austerman, “It’s a huge center. We have plenty of space, so people don’t feel like they’re in a movie theater all day.” Tickets

to the film festival also include admission to the center, so attendees can view the exhibits and telescopes as well.

The theme of this year’s festival is STEAM (Science Technology Engineering Art and Math). Says Austerman, “Having a film festival here is a nice highlight to what we’re trying to foster in kids. It’s a perfect alignment with what we do in our education, which goes well beyond astronomy. We teach biology classes and chemistry classes and the earth sciences. We’re not just about the telescopes.”

BAICFF, normally held in January, moved this year to March to give them more time to promote it after the holidays. If all goes well, it may become a permanent change. They are also looking to expand to other East Bay cities, and may become a part of Chabot’s year-round offerings.

Says Austerman, “We look forward to this every year. The films are so dynamic, it’s unbelievable how creative they are. And that’s something we try to do in our programming. There’s a technical side to things, but it’s really about freeing your mind and being creative. Being brave, taking chances, exploring things that you’re not quite sure of.”

Tickets for Friday’s Opening Night are \$12 for adults and \$6 for youth, but are limited and will be available on a first come, first served basis. Individual tickets for Saturday and Sunday are \$25 for adults and \$14 for youth (\$15 for Chabot member adults, \$7 member youth) or purchase a 2-Day Weekend Pass at \$35 for adults and \$20 for youth (\$21 member adult, \$10 member youth). Tickets are available at the door or at www.chabot-space.org/baicff-2017.htm. All tickets include general admission to the center. For program details visit www.baicff.com.

Bay Area International Children’s Film Festival
Friday – Sunday, Mar 10 – 12
Friday: 7 p.m. – 9 p.m.
Saturday: 10 a.m. – 7 p.m.
Sunday: 10 a.m. – 5 p.m.
Chabot Space & Science Center
1000 Skyline Dr, Oakland
(510) 336-7300
www.baicff.com
www.chabotspace.org/baicff-2017.htm
Tickets: Opening Night:
\$12 adult, \$6 youth
Saturday & Sunday:
\$25 adult, \$14 youth;
\$15 member adult,
\$7 member youth
2-Day Pass: \$35 adult, \$20 youth; \$21 member adult, \$10 member youth

Shakespeare goes western

SUBMITTED BY
GRARE DAVIS

Ah, Shakespeare in the... Old West?! The lovely Sunny Day (Ashley Ruzicka) arrives in Gravel Gulch with an acting troupe determined to bring culture to the locals. The troupe is led by the conceited, dashing, and dubious Noble Heart (Ron Smith) – a man with ulterior motives. Sunny falls for the handsome Texas Ranger Johnny Lasso (Logan March) who’s on the trail of a notorious crook – Gentleman Dan, a master of disguise. Maybe the show isn’t the only thing that Noble Hart and cohort Duchess (Robin Spindler) are trying to steal! With more bandits, thrilled townspeople with secrets of their own, hijinks ensue.

Sunol Repertory Theatre presents “Shakespeare Goes to Gravel Gulch,” written by Tim Kelly and directed by John Ruzicka, opening Saturday, March 11. Shows will run every Friday and Saturday evening through April 1 at Sunol Glen



School Auditorium. Tickets are \$15. Profits support the liberal arts program at Sunol Glen School; last year \$7,000 was donated. To purchase tickets or

for more information, visit www.sunol.net/srt.

Shakespeare Goes to Gravel Gulch

Saturday, Mar 11 – Saturday Apr 1
8 p.m.
Sunol Glen School Auditorium
11601 Main St, Sunol

(925) 449-2693
www.sunol.net/srt
Tickets: \$15

Moon over the hill at 4.51 billion years old

BY MARCIA DUNN
AP AEROSPACE WRITER

It turns out the moon is older than many scientists suspected: a ripe 4.51 billion years old.

That’s the newest estimate, thanks to rocks and soil collected by the Apollo 14 moonwalkers in 1971.

A research team reported Jan. 11 that the moon formed within 60 million years of the birth of the solar system. Previous estimates ranged within 100 million years, all the way out to 200 million years after the solar system’s creation, not quite 4.6 billion years ago.

The scientists conducted uranium-lead dating on fragments of the mineral zircon extracted from Apollo 14 lunar samples. The pieces of zircon were minuscule -- no bigger than a grain of sand.

“Size doesn’t matter, they record amazing information nonetheless!” lead author Melanie Barboni of the University of California, Los Angeles,

said in an email.

She noted that the moon holds “so much magic ... the key to understand how our beautiful Earth formed and evolved.”

Some of the eight zircon samples were used in a previous study, also conducted at UCLA. Barboni said she is studying more zircons from Apollo 14 samples, but doesn’t expect it to change her estimate of 4.51 billion years for the moon’s age, possibly 4.52 billion years at the most.

“It would be more a double-checking than anything else,” she explained. She and her colleagues -- whose work appeared recently in the journal Science Advances -- are eager to learn more about the moon’s history and, in turn, the evolution of early Earth and the entire solar system.

Apollo 11’s Alan Shepard and Edgar Mitchell collected 92 pounds of rocks and used tubes to dig up soil while exploring the moon’s Fra Mauro highlands in February 1971. They conducted two spacewalks, spending

nine hours altogether out on the lunar surface.

It’s the second major moon study in a week.

On Jan. 9, Israeli scientists suggested the Earth’s constant companion may actually be a melting pot of many mini-moons. Rather than one giant impact that shaved off a chunk of Earth and formed the moon, a series of smaller collisions may have created multiple moonlets that eventually merged into one, according to the researchers.

Barboni said regardless of how the moon came to be -- one big strike at Earth, many smaller ones or even none at all -- “you still end up at the end solidifying the moon as we know it today.”

The giant impact theory holds that the resulting energy formed a lunar lava ocean that later became solid. It’s this solidification age that Barboni and her team have now ascertained.

“We finally pinned down a minimum age for the moon formation,” she said, “regardless of how it formed.”

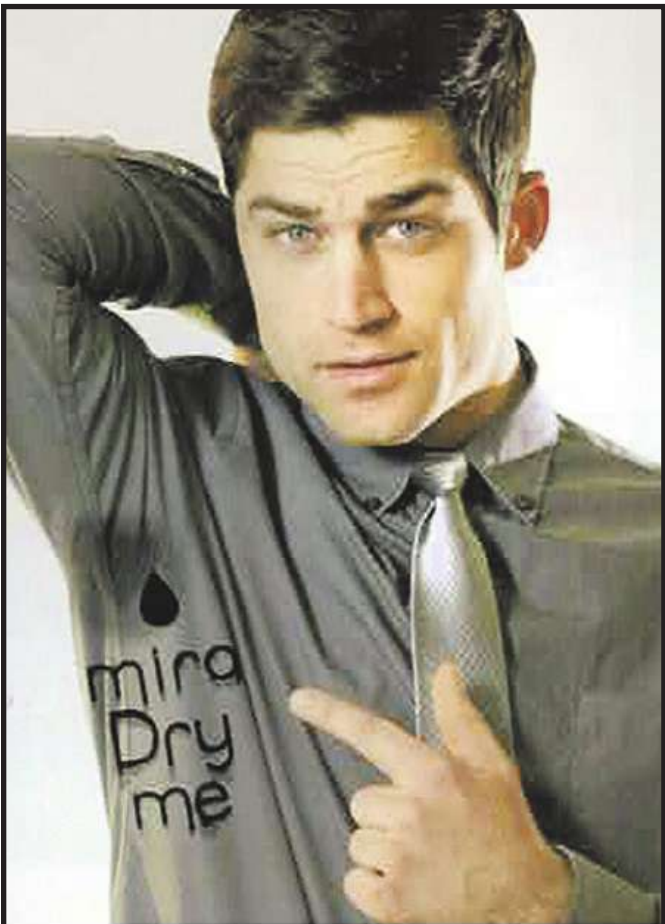
Young recitalist competition

SUBMITTED BY CARYL DOKTER

The Fremont Symphony Orchestra will hold its third annual Young Recitalist Competition on Saturday, April 22. The competition is open to instrumentalists up to 18 years of age who live in Castro Valley, Dublin, Fremont, Hayward, Livermore, Milpitas, Newark, Pleasanton, San Ramon, or Union City. Applicants should be able to play from memory a solo piece up to 10 minutes in length that demonstrates artistic nuance, technical skill and musicality. Up to 10 winners will be presented in recital on May 7, 2017.

Detailed regulations and application forms are available on the Symphony website, www.fremontsymphony.org under “For Young People.” Applications must be postmarked or received no later than Saturday, April 3. Both the auditions and the recital will be held at First United Methodist Church in Fremont.

For more information, please call the Symphony office at 510-371-4860.



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On Sunday, March 26th
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Bldg 1200, 25555 Hesperian Blvd
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Doors open at 4:30 pm

Written & Directed by
Ish Amitoj Kaur

Choreography : Robin Rivera Music by Barry Bailey

For tickets visit www.thetheaterfactory.com, call 510-709-5082

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(39770 Paseo Padre Pkwy.)

- ✓ BE PREPARED FOR AN INTERVIEW
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www.Fremont.gov/RecJobs

This is a perfect opportunity for students, teachers, or anyone looking for a summer job! Learn about available positions, submit an application, and receive a screening interview. Unable to attend? Applications can be submitted by email to RegeRec@Fremont.gov, in person or by mail to Recreation Services Division 3300 Capitol Ave. Bldg B Fremont, CA 94538. For information, email RegeRec@Fremont.gov or call (510) 494-4300.

If you're a qualified person with a disability and you need an accommodation to participate, contact Recreation Services at (510) 494-4300 at least two (2) working days in advance.

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Assistant Director Rachael Campbell

By Stephen Metcalfe

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March 17th-April 15th
www.broadwaywest.org

Students explore Identity through art



SUBMITTED BY
MT. EDEN HIGH SCHOOL

The Community Gallery of the Hayward Area Historical Society Museum of History and Culture hosts "Identity," an exhibit by Hayward students, opening March 11.

This art show is a chance for young artists to express who they are. Some of the aspects of their identity that are investigated include likes/dislikes, connections, places they have traveled, how they dress, the type of music they like, and how they interact with others, or their identity within. Other artists look at aspects of race, ethnicity, gender, religion, age, politics, worldview, personality, individual characteristics, what they have in common, and how they differ.

Featuring art from Hayward, Tennyson, Brenkwitz, and Mt. Eden high school students,



"Identity" will include photographs, drawings, paintings, ceramics, and sculpture, about 80 pieces in total.

"This Identity art exhibition is an important outlet for our art students to express who they are and what they're feeling in a time when our immigration system has been taking steps backwards from the steps put forward by the Obama Administration. For example, it is still up in the air as to what Trump will decide to do with so-called 'Dreamers' (our young people brought to the country illegally as children); they still have protection under Obama, but that could change any day now," says Hayward High art educator Andrew Kong Knight.

"Students are dealing with many changes in the current political climate. From transgender rights to the attack on immigrants, many of us in this community feel that our values are being attacked. Art is a great way to show that differences make us stronger. This show will be a chance for students to express their identity and themselves," says Mt. Eden High School art educator Geoff Landreau.

Identity
Saturday, Mar 11 – Sunday, Apr 16
Wednesday – Sunday, 10 a.m. – 4 p.m.
HAHS Museum of History and Culture
22380 Foothill Blvd, Hayward
(510) 581-0223
www.haywardareahistory.org
Admission: \$5 adults, \$3 students/seniors (65+), kids 4 and under free

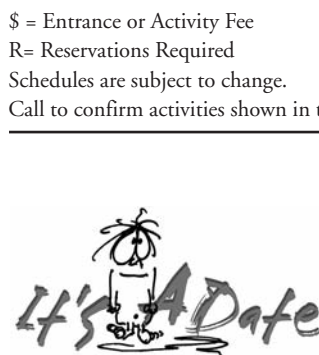


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Capacity 300

Call for information **510-797-2121 ext 4**
EventsAtTheLodge@gmail.com
38991 Farwell Drive, Fremont



CONTINUING EVENTS

Wednesdays, Jan 11 thru May 10

Mindfulness Meditation for Healing- R

10:30 a.m. - 12 noon

Physical and spiritual nutrition

Dominican Sisters of Mission

San Jose

43326 Mission Blvd., Fremont

(510) 933-6335

<http://bit.ly/2017Mindfulness>

Tuesdays and Thursdays, Jan 17 thru Mar 9

Citizenship Class \$R

7:00 p.m. - 9:30 p.m.

Discuss American Government, prepare for interview test

Fremont Adult School

4700 Calaveras Ave., Fremont

(510) 793-6465

www.face.edu

Thursday, Jan 19 - Saturday, Mar 25

Children's Book Illustrator Exhibit

1 p.m. - 4 p.m.

Artist reception: Saturday, Feb. 11 at 1 p.m.

Sun Gallery

1015 E St., Hayward

(510) 581-4050

www.sungallery.org

Saturday, Jan 21 - Sunday, Apr 8

California Dreaming Exhibit

10 a.m. - 5 p.m.

Wildlife and landscape photos by Tony Iwane

Hayward Shoreline Interpretive Center

4901 Breakwater Ave., Hayward

(510) 670-7270

www.haywardrec.org

Thursdays, Jan 26 thru Mar 30

Bingo \$

1 p.m.

Games, refreshments and door prizes

Newark Senior Center

7401 Enterprise Dr., Newark

(510) 578-4840

www.newark.org

Fridays, Jan 27 thru Mar 31

Mahjong

9:15 a.m.

Tile game

No experience necessary

Newark Senior Center

7401 Enterprise Dr., Newark

(510) 578-4840

www.newark.org

Mondays, Jan 30 thru Mar 27

Bunco

10 a.m.

Dice game

No experience necessary

Newark Senior Center

7401 Enterprise Dr., Newark

(510) 578-4840

www.newark.org

Monday, Jan 30 - Friday, Mar 31

10th Street After-School Program

4 p.m. - 6 p.m.

Sports, arts and crafts, games and special events

Drop-in program, no day care

10th Street Community Center

33948 10th Street, Union City

(510) 675-5488

www.unioncity.org/departments/community-recreation-services

Arts & Entertainment



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Leukemia Lymphoma Fundraiser**

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Paula Harris

D'mar

Big Jon Atkinson

Anthony Paule

Paula Harris

John Blues Boyd

John Lull and South City Blues Band

Terrie Odabi

Aki Kumar

Raya Zion and the Tribal Blues Band

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Sat. 11am-4pm

Sun. All Day

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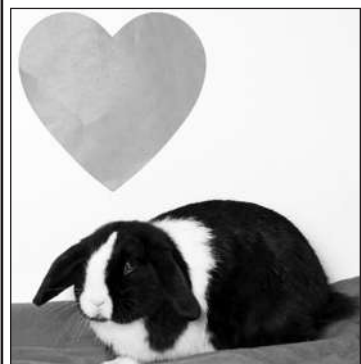
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I need a Forever Home



Honey Bun is a gentle, lop-eared boy with soft black and white fur and gorgeous blue eyes. He's a bit shy but allows all handling and enjoys nibbling timothy hay, cilantro and parsley. Info: Hayward Animal Shelter. (510) 293-7200. Learn about our adoption requirements at: haywardanimals.org/adoptions.



Jersey is a friendly 11 month old pup. She's not a fan of loud noises. Jersey loves attention and playtime. She can be a little shy when you first meet, but warms up fast and is a friendly, social girl. Good with kids 8 years and older. Info: Hayward Animal Shelter. (510) 293-7200.

ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter

510-293-7200

16 Barnes Court (Near Soto & Jackson) Hayward
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Farmers’ Markets

FREMONT:

Centerville

Saturdays
9 a.m. - 1 p.m.
Year-round
Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Downtown Fremont Farmers’ Market

Wednesdays
3 p.m. – 7 p.m.
May thru October
Capital Ave. between Liberty St.
and State St.
www.westcoastfarmersmarkets.org

Kaiser Permanente Fremont Farmers’ Market

Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market

Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer’s Market

Saturdays
9 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers’ Market

Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays
9 a.m. - 3 p.m.
Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente San Leandro

Wednesday
10 a.m. - 2 p.m.
June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers’ Market at ICC

Sundays
8 a.m. – 1 p.m.
Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers’ Market

Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays
9 a.m. - 1 p.m.
Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays
10 a.m. – 2 p.m.
Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market

Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

Tuesdays, Jan 31 thru Mar 28

Bridge 1
9:30 a.m. - 10:30 a.m.
Set up, bid play and score keeping
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesdays, Jan 31 thru Mar 28

Bridge 2
10:45 a.m. - 11:45 a.m.
Mastering game strategy
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesdays, Jan 31 thru Apr 11

Free Quality Tax Assistance- R
11 a.m. - 3 p.m.
Tax help for low income households
By appointment only
Ohlone College Newark Campus
39399 Cherry St., Newark
(510) 742-2323
www.fremontvita.org

Wednesday, Feb 1 thru Friday, Apr 14

Free Quality Tax Assistance
Wed & Thurs: 4 p.m. - 8 p.m.
Fri: 10 a.m. - 1 p.m.
Tax help for low income households
Fremont Family Resource Center
39155 Liberty St. (at Capitol),
Fremont
(510) 574-2020
www.fremontvita.org

Wednesdays, Feb 1 thru Apr 26

Walk This Way
9:30 a.m. - 11:00 a.m.
Integrate walking, flexibility and strength
Ruggieri Senior Center
33997 Alvarado Niles Rd., Union
City
(510) 675-5495
ruggieriseniorcenter@unioncity.org
www.unioncity.org

Saturdays, Feb 4 thru Apr 15

Free Quality Tax Assistance
10:00 a.m. - 1:30 p.m.
Tax help for low income households
New Haven Adult School
600 G St., Union City
(510) 574-2020
www.fremontvita.org

Mondays, Feb 6 thru Apr 17

Free Quality Tax Assistance – R
10 a.m. - 2 p.m.
Tax help for low income households
By appointment only
Tri-City Volunteers
37350 Joseph St., Fremont
(510) 598-4068
www.fremontvita.org

Tuesday, Feb 7 - Friday, Apr 14

AARP Tax Aide Volunteers – R
10 a.m. - 2 p.m.
Assistance with tax returns
Appointment required
Fremont Senior Center
40086 Paseo Padre Parkway,
Fremont
(510) 790-6600

Tuesdays, Feb 7 thru Apr 25

Toastmasters Meeting
7:00 p.m. - 8:30 p.m.
Enjoy public speaking and snacks
Baywood Court
21966 Dolores St, Castro Valley
(510) 566-9761

Wednesdays, Feb 8 thru Apr 12

AARP Tax Assistance – R
9:15 a.m. - 12:15 p.m.
Volunteers provide assistance with taxes
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4845
www.newark.org

Thursday, Feb 9 - Sunday, Mar 19

Luzia by Cirque du Soleil \$
Tues - Thurs: 8:00 p.m.
Fri & Sat: 4:30 p.m. & 8:00 p.m.
Sun: 1:30 p.m. & 5:00 p.m.
A walking dream of Mexico
Taylor Street Bridge
Hwy. 87 and Taylor St. Lot E,
San Jose
www.cirquedusoleil.com/luzia

Friday, Feb 24 - Sunday, Mar 25

Divergent Figures
12 noon - 5 p.m.
Captivating artwork of human figures
Opening reception Friday, Feb 24
at 7 p.m.
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Wednesdays, Mar 1 thru Apr 26

Basic Computer Courses for Seniors
3 p.m. - 5 p.m.
Internet, Microsoft Office, social media instruction
Free to Senior Citizens 65+
Global Women’s Power
39159 Paseo Padre Pkwy #105,
Fremont
(844) 779-6636

Wednesday, Mar 1 - Sunday, Jul 30

Unmentionables: Indiscreet Stories of Artifacts \$
10 a.m. - 4 p.m.
Racial discrimination, politics, personal adornment exhibit
Hayward Area Historical Society
Museum
22380 Foothill Blvd., Hayward
(501) 581-0223
www.haywardareahistory.org

Fridays, Mar 3 thru Mar 31

Toddler Ramble \$
10:30 a.m. - 11:15 a.m.
Science experiments for kids ages 1 – 3
Hayward Shoreline Interpretive
Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Fridays, Mar 3 thru Mar 31

Nature Detectives \$
1:00 p.m. - 1:45 p.m.
Science with mud for kids ages 3 – 5
Hayward Shoreline Interpretive
Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Saturdays, Mar 4 thru Mar 25

Brewing on the Farm \$R
1 p.m. - 3 p.m.
Boil wort, pitch yeast and explore fermentation
Three day workshop
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturdays, Mar 4 thru Apr 15

Free Tax Preparation
1 p.m. - 4 p.m.
Volunteers assist in filing taxes
Household income of \$54,000
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1401
www.aclibrary.org

Friday, Mar 10 – Saturday, Apr 22

Art IS Education Exhibition
10 a.m. – 4 p.m.
Artists’ Reception: Saturday, Mar
11 at 1 p.m.
Artwork by Hayward elementary
students
Foothill Gallery
22394 Foothill Blvd, Hayward
(510) 538-2787
www.haywardartscouncil.org

Saturday, Mar 11 – Saturday Apr 1

Shakespeare Goes to Gravel Gulch \$
8 p.m.
Acting troupe brings culture to locals
Sunol Glen School Auditorium
11601 Main St, Sunol
(925) 449-2693
www.sunol.net/srt

Wednesday, Mar 11 - Sunday, Apr 16

Identity \$
10 a.m. - 4 p.m.
Exhibit details race, ethnicity, gender
Hayward Area Historical Society
Museum
22380 Foothill Blvd., Hayward
(501) 581-0223
www.haywardareahistory.org



March, 2017– Old Main Library/Teen Center
39770 Paseo Padre Parkway at Lake Elizabeth
Enter Central Park using Sailway Drive



Fremont Friends of the Library BOOK SALE

Friday evening, March 3: 7 p.m. - 9 p.m.

- **Advance Sale, Paid Members Only!**
 - **Memberships Available at the Door**
 - **\$10 per Individual or Family**
- *****

Saturday, March 4: 10 a.m. – 3 p.m.

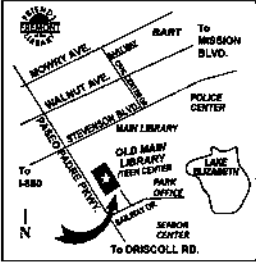
Sunday, March 5: 12 noon – 3 p.m.

- **Clearance Sunday: Only \$5 per grocery bag!**
- **(PLEASE BRING YOUR OWN PAPER GROCERY BAGS)**

Books \$1 per inch stacked.
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For more information about the Book Sale, please call Mary at 510-494-1103 or Lois at 510-792-6684 or email us at 2016ffol@gmail.com.



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Sunday, March 12
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Tuesday, Mar 7
1:45 – 2:30 Fremont Hills Senior Living, 35490 Mission Blvd., FREMONT
3:50 – 4:20 Mission Gateway Apts., 33155 Mission Blvd., UNION CITY
4:50 – 5:30 Mariner Park, Regents Blvd. & Dorando Dr., UNION CITY
5:40 – 6:20 Sea Breeze Park, Dyer St. & Carmel Way, UNION CITY

Wednesday, Mar 8
2:00 – 4:00 Warm Springs Community Center, 47300 Fernald St., FREMONT
4:15 – 4:50 Lone Tree Creek Park, Starlite Way & Turquoise St., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday, Mar 9
2:40 – 3:40 Bay School, 2001 Bockman Rd., SAN LORENZO

Monday, Mar 13
1:30 – 2:00 Acacia Creek, 34400

Mission Blvd., UNION CITY
2:45 – 3:45 Ardenwood School, 33955 Emilia Ln., FREMONT
5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday, Mar 14
4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT
5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

Wednesday, Mar 15
12:45 – 2:15 Glenmoor School, 4620 Mattos Dr., FREMONT
3:15 – 3:45 Station Center, Cheeves Way, UNION CITY
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

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For more information
(408) 293-2326 x3060

Wednesday, March 15
1:50 – 3:0 Foothill School, 1991 Landess Ave., MILPITAS
3:30 – 4:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

THIS WEEK

Wednesday, Mar 8
Union City Youth Commission
4 p.m.
Teens advise and assist with recreation programs
Holly Community Center
31600 Alvarado Blvd., Union City
(510) 675-5806
www.unioncity.org/departments/community-recreation-services

Wednesday, Mar 8 - Saturday, Mar 11
American Red Cross Blood Drive – R
Wed & Thurs: 11:30 a.m. - 6:15 p.m.
Fri & Sat: 8:00 a.m. - 3:00 p.m.
Call to schedule an appointment
Drop-ins welcome
Fremont-Newark Blood Center
39227 Cedar Blvd., Newark
(800) 733-2767
www.redcrossblood.org

Wednesday, Mar 8
Milpitas Historical Society Meeting
7 p.m.
Discuss Bay Area history
Milpitas Library
160 North Main St., Milpitas
(408) 945-9848
caleeson@aol.com

Wednesday, Mar 8
Peer Writers Group
6:00 p.m. - 7:30 p.m.
Discuss getting your writing ready for submission
Bring 10 copies to share
Hayward Main Library
835 C St., Hayward
(510) 881-7700
http://www.hayward-ca.gov/public-library

Wednesday, Mar 8
Make A Family House
2:30 p.m. - 4:30 p.m.
Create art with fabric and photos
All ages material provided
Irvington Library
41825 Greenpark Dr., Fremont
(510) 795-2626
www.aclibrary.org

Thursday, Mar 9
City of Fremont Summer Job Fair
5:00 p.m. - 7:30 p.m.
Opportunities for students, teachers, and adults
Submit an application and receive a screening interview
Fremont Teen Center
39770 Paseo Padre Pkwy., Fremont
(510) 494-4300
RegeRec@fremont.gov

Thursday, Mar 9
Toddler Time \$
10:30 a.m. - 11:30 a.m.
Stories and crafts for little ones
Hayward Area Historical Society Museum
22380 Foothill Blvd., Hayward
(501) 581-0223
www.haywardareahistory.org

Friday, Mar 10 – Sunday, Mar 12
Bay Area International Children's Film Festival \$
Fri: 7 p.m. – 9 p.m.
Sat: 10 a.m. – 7 p.m.
Sun: 10 a.m. – 5 p.m.
Short, live action, animated films
Chabot Space & Science Center
1000 Skyline Dr, Oakland
(510) 336-7300
www.baicff.com
www.chabotspace.org/baicff-2017.htm

Friday, Mar 10
Purim Spiel
8:30 p.m.
Fun play about the story of Esther
Temple Beth Sholom
642 Dolores Ave, San Leandro
(510) 357-8505
www.tbssanleandro.com

Friday, Mar 10
Purim Shabbat Service
7 p.m. – 9 p.m.
Celebration of Jewish history
Congregation Shir Ami
4529 Malabar Ave, Castro Valley
(510) 537-1787
www.congshirami.org

Friday, Mar 10
Friday Teen Festivities \$
4:45 p.m.
Dance tournament
Silliman Activity Center
6800 Mowry Ave., Newark
(510) 578-4620
www.newark.org

Friday, Mar 10
FUSS Summer Programs Fair
6 p.m. - 8 p.m.
Internship opportunities and activities for grades K – 12
American High School
36300 Fremont Blvd., Fremont
(510) 796-1776 ext: 57702
http://www.fuss4schools.org/

Friday, Mar 10
Troika Ensemble \$
8 p.m.
Live classical music
Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.com

Friday, Mar 10
Meet Your Elected Officials – R
5 p.m. - 7 p.m.
Question and answer session with constituents
Hayward City Hall
777 B St., Hayward
(510) 208-0410
lwvea@aol.com

Friday, Mar 10
Creative Characters Workshop
3:30 p.m. - 5:30 p.m.
Sew stuffed anime inspired characters
Union City Branch Library
34007 Alvarado Niles Rd., Union City
(510) 745-1464
www.aclibrary.org

Saturday, Mar 11
Deevah \$
9 p.m. – 12 midnight
Live Blues music featuring
Paula Harris, Marina Crouse, Nancy Wright
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
www.smokingpiggbbq.net

Saturday, Mar 11
Ohlone Village Site Tour
10 a.m. - 12 noon
1:30 p.m. - 3:30 p.m.
Tour shade structure, pit house, sweat house
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Saturday, Mar 11
Purim Service
7 p.m.
Celebration of Jewish history
Temple Beth Sholom
642 Dolores Ave, San Leandro
(510) 357-8505
www.tbssanleandro.com

Saturday, Mar 11
Purim Service
7:30 p.m.
Celebration of Jewish history
Temple Beth Torah
42000 Paseo Padre Pkwy, Fremont
(510) 656-7141
www.bethtorah-fremont.org

Saturday, Mar 11
Coffee & Commentaries
10 a.m. – 11 a.m.
Discussion about Megillat Esther and Purim
Congregation Shir Ami
4529 Malabar Ave, Castro Valley
(510) 537-1787
www.congshirami.org

Editor Wanted

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Saturday, Mar 11
Nowruz Concert \$
6:30 p.m. – 11:30 p.m.
Ustad Mahwash and Khalil Ragheb perform
Century House and Gardens
37447 Fremont Blvd, Fremont
https://www.eventbrite.com/e/no-wruz-concert-benefiting-education-in-afghanistan-tickets-30528950914

Saturday, Mar 11
Stitching Knit and Crochet Club
12:30 p.m. - 2:30 p.m.
Practice and learn new skills
Bring needles or hooks
Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 284-0684
btelford-ishida@aclibrary.org

Saturday Mar 11 - Sunday, Mar 12
Discovery Days
10:30 a.m. - 3:30 p.m.
Hands-on exploration and crafts
Parent participation required
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.aclibrary.org

Saturday, Mar 11
Meet the Chickens \$
10:30 a.m. - 11:00 a.m.
Interact with chickens in the coop
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Mar 11
Twilight Marsh Walk – R
5:00 p.m. - 6:45 p.m.
Discover the salt marsh at sunset
Not suitable for young children
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x363
https://donedwardstwilight.eventbrite.com

Saturday, Mar 11
Newark Symphonic Winds Spring Concert
7 p.m.
Variety of musical pieces
Newark Memorial High School
39375 Cedar Blvd., Newark
(510) 791-0287
http://newarksymphonic.org/

Saturday, Mar 11
Live Acoustic Music
8 p.m. - 11 p.m.
Featuring Michael McNevin
Flight Wine Bar
1596 Washington Blvd., Fremont
(510) 661-9961
www.flightwinebarcafe.com

Saturday, Mar 11
Free Admission Day
10 a.m. - 4 p.m.
View museum exhibits
Hayward Area Historical Society Museum
22380 Foothill Blvd., Hayward
(501) 581-0223
www.haywardareahistory.org

Saturday, Mar 11
Southern Exposures \$
8 p.m.
Music of South Africa, Buenos Aires and the Andes
Presented by Music at the Mission
Old Mission San Jose
43300 Mission Blvd., Fremont
(510) 659-6158
www.musicatmsj.org

Saturday, Mar 11
Niles Crab Feed \$
6 p.m.
Dinner benefits Niles and Giving Hope Program
Fremont Veterans Hall
37154 Second St., Fremont
(510) 574-2026
http://www.niles.org/crab-feed

Saturday, Mar 11
American Red Cross Blood Drive – R
10 a.m. - 3 p.m.
Schedule an appointment
Drop ins welcome
Islamic Society of East Bay
33330 Peace Terrace, Fremont
(800) 733-2767
www.redcrossblood.org

Saturday, Mar 11
Stroke Awareness Day – R
10 a.m. - 1 p.m.
Blood pressure, cholesterol, glucose screenings
Washington Hospital
2500 Mowry Ave., Fremont
(800) 963-7070
www.whhs.com/seminars

Saturday, Mar 11
Apple Cooking \$
11 a.m. - 12 noon
Taste a variety of apple treats
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Mar 11
Farmyard Story Time \$
1 p.m. - 2 p.m.
Listen to classic tales
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Mar 11
Beginning Embroidery \$
2 p.m. - 3 p.m.
Decorate cloth with basic stitches
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Mar 11
Baylands Birds \$R
12 noon - 2:30 p.m.
Discover Snowy Plovers and Peregrine Falcons
3 mile bay lands hike
Eden Landing Ecological Reserve
Corner of Clawiter and Arden Rd, Hayward
(510) 670-7270
www.haywardrec.org

Saturday, Mar 11
Documentary Film “13th”
1:30 p.m.
Film details African-Americans from slavery to prison
Niles Discovery Church of Fremont
36600 Niles Blvd., Fremont
(510) 797-0895
www.nilesdiscoverychurch.org

Saturday, Mar 11
Community Immigration Forum
10 a.m. - 1 p.m.
Discuss you rights with attorneys
Irvington High School
41800 Blacow Rd., Fremont
(510) 590-7510
http://www.southasianbar.org/events

Saturday, Mar 11
Nowruz Celebration
3:00 p.m. - 4:30 p.m.
Dance performance for Afghan New Year
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Saturday, Mar 11
Stewardship Day – R
9:30 a.m. - 12 noon
Volunteers weed and clean up trash
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x 361

Saturday, Mar 11
Edible Weeds Tour
2 p.m. - 4 p.m.
Discover safe to eat vegetation
Hayward Weekes Branch Library
27300 Patrick Ave., Hayward
(510) 881-7700

Saturday, Mar 11
Alameda County History Day Competition
11 a.m.
Exhibits, performances, documentary films
Hopkins Jr. High
600 Driscoll Rd., Fremont
(510) 656-3500

Sunday, Mar 12
Restoration Rangers
1 p.m. - 4 p.m.
Volunteers remove litter from marshes
Ages 12+
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sunday, Mar 12
Wild Edibles and Plant Uses - R
9 a.m. - 1 p.m.
Discover and sample edible plants
Garin Regional Park
1320 Garin Ave., Hayward
(510) 582-2206
https://apm.activecommunities.com/ebparks/Activity_Search/wild-edibles-and-plant-uses/16161

Sunday, Mar 12
Purim Carnival
10 a.m. – 12 noon
Costume parade, Megillah reading, bake-off
Temple Beth Sholom
642 Dolores Ave, San Leandro
(510) 357-8505
www.tbssanleandro.com

Sunday, Mar 12
PurimPalooza Carnival
11:30 a.m. – 1:30 p.m.
Games, study, how-to brewing and social action
Temple Beth Torah
42000 Paseo Padre Pkwy, Fremont
(510) 656-7141
www.bethtorah-fremont.org

Sunday, Mar 12
HOLI Festival of Colors – R
11 a.m. - 7 p.m.
Colors, music, dancing and food
Newark Jr. High School
6201 Lafayette Ave., Newark
(510) 304-5619
http://tinyurl.com/zldeh7d

Sunday, Mar 12
Johnny Appleseed Day \$
11 a.m. - 3 p.m.
Tree planting, cider pressing, kids crafts
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Mar 12
Decades Concert \$
1 p.m.
Music from 1940’s to present
Thornton Jr. High
4357 Thornton Ave., Fremont
(510) 793-5683
www.lov.org

Monday, Mar 13
Family Caregiver Education Workshop – R
10 a.m. - 12 noon
Taking care of yourself
Fremont Senior Center
40086 Paseo Padre Parkway, Fremont
(510) 790-6600
fsharifi@fremont.gov

Monday, Mar 13
St. Patrick’s Day Bingo Luncheon \$
12 noon
Food, raffle and bingo
Eagles Hall
21406 Foothill Blvd., Hayward
(510) 584-1568

Monday, Mar 13
Brain Fitness
1:30 p.m. - 3:00 p.m.
Discuss nutrition and healthy cooking
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesday, Mar 14
Charshanbeh Suri, The Festival of Fire
6 p.m. – 10 p.m.
Music, Persian cuisine, bazaar, jumping over fire
Jim McEntee Plaza
70 W Hedding St, San Jose
(408) 906-9237
ifwc96@gmail.com
http://payvand.org/

Tuesday, Mar 14
ASL Storytime
7 p.m. - 8 p.m.
Presented by California School for the Deaf
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Tuesday, Mar 14
Teen Activity Group
5 p.m. - 6 p.m.
Plan events and earn community service hours
Hayward Main Library
835 C St., Hayward
(510) 881-7980
annie.snell@hayward-ca.gov
http://www.hayward-ca.gov/public-library

Tuesday, Mar 14
Senior Lunch and Entertainment
12 noon
Valentine’s Day love songs and lunch
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesday, Mar 14
Yoga For Kids
4 p.m. - 5 p.m.
Stories, poses, meditation
Grades 1 – 6
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Tuesday, Mar 14
Jewelry Making For Adults
10:15 a.m. - 11:15 a.m.
Create necklaces with wire wrapping
Niles Library
150 “I” Street, Fremont
(510) 795-2626
www.aclibrary.org

Saturday, Mar 18
Beer on the Rails \$R
1 p.m. - 3 p.m.
Food, beer tasting and train ride
Niles Canyon Railway Station
37001 Mission Blvd., Fremont
(408) 249-2953
https://www.localwineevents.com/tickets/i_want/664911/Niles-Canyon-Railway-Beer-on-the-Rails

Saturday, Mar 18
Crab Feed \$
6 p.m.
Food and raffle
Benefit for Newark Memorial HS
Newark Pavilion
6430 Thornton Ave., Newark
(510) 818-4339

Troika Ensemble bringing classical music to Fremont

SUBMITTED BY OHLONE COLLEGE

Classical music will fill the air for one night only when the Troika Ensemble performs at Ohlone College in Fremont. The program, in the college’s Smith Center for the Performing Arts, will feature works by composers Bartok, Andriasov, Mozart, Stranvinsky, Bruch and Schumann. Performers include Larry London on clarinet; Victor Romasevich on violin, viola and piano, and Arkadi Serper on piano.

Tickets to the March 10 concert are \$20 for adults and \$15 for students. Parking at the college is \$4.

Troika Ensemble
Saturday, March 10
8 p.m.Ohlone College Smith Center
43600 Mission Blvd., Fremont
\$20 adults, \$15 students
(510) 659-6031



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- Competitive Salary depends on Experience plus BONUSSES
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Mr. Tabari @ 510-825-2345
Email:
farajtabriusa@gmail.com

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300 free arts events for Art IS Education month

SUBMITTED BY GUY ASHLEY

The Alameda County Arts Commission and Alameda County Library are pleased to present 300 free arts events during the 2017 Art IS Education Month. Art IS Education is an annual showcase of youth arts learning in March during National Arts Education Month. This year’s theme, “Creative Voices,” empowers youth, families, and communities to connect, inspire, and make positive change in their communities. The month-long showcase features 300 free arts events for youth and families at twelve Alameda County Library locations, including the Bookmobile and REACH Ashland Youth Center.

In 2000, Art IS Education was founded by the Alameda County Office of Education and the Alameda County Arts Commission. This is the 7th year that the Alameda County Library has partnered to bring these exciting art events to over 146,000 community members throughout Alameda County.

The series of 300 free arts events provides youth and families with a wide range of interactive arts learning opportunities through workshops, performances, concerts, movies, exhibitions, and story time activities. Workshops offer hands-on instruction for a broad range of art forms such as origami, jewelry, doll making, painting, metal embossing, 3D printing, creative writing, and podcasting. Interactive performances include poetry nights, puppetry, sing-alongs, yoga, line dance, and more. All events are free and open to the public.

Youth and parents alike report that Art IS Education events have a positive impact on their lives, families, and communities:

“This workshop allowed us to participate as a family. Here we get a chance to work together and be creative,” said one father.
“My favorite thing was learning how to sew because at first I thought this would be impossible, but it became super easy. Next I will make a robot and a car,” said a nine-year-old boy.

The Alameda County Arts Commission presents the Youth Art Exhibition inspired by the Art IS Education theme Creative Voices at the County Administration Building as part of the Art In Public Spaces program. The exhibition features colorful houses made by kindergarten students from Maya Lin Elementary in Alameda, landscape acrylic paintings by high school students at Encinal High School in Alameda, and digital art posters by high school students from Oakland School for the Arts in Oakland. The exhibition is on display during the month of March on the first and fifth floors of the Alameda County Administration Building at 1221 Oak Street, Oakland.

During the regular public meeting of the Alameda County Board of Supervisors on Tuesday, March 7, the Board President Wilma Chan will proclaim March 2017 as Art IS Education Month.

For more information call (510) 891-5716 and visit www.aclibrary.org, www.artiseducation.org, and www.acgov.org/arts

Call for artists for Juried Photo Exhibit

SUBMITTED BY ARATHI SATISH

The Fremont Cultural Arts Council’s (FCAC) mission is to further and support the practice and enjoyment of fine arts in the Fremont community. FCAC conducts art events throughout the year to meet this goal. The next major event coming up is the 23rd annual Juried Photography Exhibit for Fremont residents and Fremont photography club members.

The exhibit opening is planned for Saturday, April 29 in the Fremont Main Library. Photographs selected by the panel of judges will be on display in the library through June 3. The Community Services Department of the City of Fremont will assist in this joint venture with the Fremont Cultural Arts Council. The small entry fee charged will be used for basic material costs and prize money for the merit award winners.

Entry forms can be downloaded or obtained at the FCAC office, 3375 Country Drive, from 11 a.m. to 2 p.m. weekdays. Call (510) 794-7166 or get more information by visiting www.fremontculturalartscouncil.org. Entry forms are also available at the Fremont Community Services Department, 3300 Capitol Avenue Building B, the library and some photo processing counters. For more information, please contact Exhibit Chairman Gregory Smith at (510) 828-2893 or fcacphotoshow@gmail.com.

Morrisson Theatre Chorus presents Spring Concert

SUBMITTED BY BOB MILLER

The Morrisson Theatre Chorus, under the musical direction of César Cancino, will present its ‘Spring Concert: Stage and Screen’ March 17 – 19, and feature a selection of works from the stage and the movies.

César Cancino enjoys a musically diverse career as pianist, musical director and conductor. He attended the San Francisco Conservatory of Music and then studied piano with Alain Naudé, a pupil of the great Dinu Lipatti. For many

years, he was the musical director/pianist for Teatro Zinzanni in San Francisco and for several years he toured with singer/songwriter Joan Baez as her musical director and pianist. He was the Musical Director/Pianist for “Life Without Makeup” a play starring the legendary Rita Moreno at the Berkeley Repertory Theatre. He is also a recipient of the Bay Area Theatre Critics Circle award for “Outstanding Musical Director.”

Mr. Cancino has performed throughout North America, Europe and Australia in such venues as the Montreux Jazz Festival,

Carnegie Hall, Int’l Music Festival of Mexico City, Atlanta Summer Pops Symphony and the New Orleans Jazz and Heritage Festival. Local credits include: the Razz Room (San Francisco), Diablo Theatre Company, Martinez Opera, Monterey County Symphony, Lorraine Hansberry Theatre, 42nd St. Moon, and the Douglas Morrisson Theatre.

Spring Concert: Stage and Screen
Friday and Saturday, Mar. 17–18
8:00 p.m.
Sunday, Mar. 19
2:00 p.m.

The Douglas Morrisson Theatre
22311 N. Third St, in Hayward
\$18 adult; \$15 for adult H.A.R.D. resident, \$15 for under 30/over 60 and \$12 for youth/student.
Box office hours Tue. – Fri., 1 – 5 p.m.
(510) 881-6777
www.dmtonline.org.

SPORTS

Chabot baseball slams Diablo Valley, Contra Costa

SUBMITTED BY
MATT SCHWAB

The Chabot College baseball team notched back-to-back nonconference wins over Diablo Valley, 11-5, and Contra Costa, 10-1, in recent action. The victories give the Gladiators (6-6) some momentum under coach Steve Friend as they prepare for their Coast Conference-Golden

Gate Division opener at West Valley-Saratoga on March 7.

Chabot starter Levi Noddin went six strong innings to get the win against Contra Costa on Feb. 25. Noddin (2-0) allowed four hits and one earned run, striking out four and walking one. A trio of relievers, Augusto Pineda, Jacob Knight, and T.J. Meyers, each worked a scoreless inning. Chabot's Adam Hollar was 2 for 3 with a

two-run homer and four RBI.

Hot-hitting Vincent Volpatti had two hits, two RBI and two runs scored, and leads the team in hits (18), batting average (.409), RBI (10), and stolen bases (5). Volpatti, a leadoff hitter and shortstop, also highlighted the win over Diablo Valley on Feb. 24 with a home run and four RBI, and Mathew Barraza and Nathan White were both 3 for 5.

Baseball

Huskies look good against Dons

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

The Washington Huskies varsity baseball team passed an early test on the field on February 28th as they beat the Arroyo Dons 6-2 to get ready for the new season. An early lead in the first inning was increased with runs in the third, fourth and fifth giving the Huskies an comfortable lead. Although the Dons threatened late in the sixth inning, Huskies pitching was up to the task and secured the win.



Lady Cougars advance to semifinals of North Coast Section tournament



SUBMITTED BY DARRYL REINA

The #13 seed Newark Memorial Girls Varsity Basketball Team defeated #4 seed Tamalpais 55-42 in the opening round of the 2017 North Coast Section, Division 2 (NCS D2) Girls Basketball Championships on February 21st in Mill Valley.

The Lady Cougars were led by junior Haylee Nelson (game-high 18-points), junior Kylie Chan (13-points), freshman Rylee Sarasua (8-points), senior Tyler McNeil (7-points), junior Taty Tai (6-points), and sophomore Emily Sunada (3-points).

The team then traveled to Concord High on February 24th and beat the #5 seed Minutemen 54-51, in an exciting NCS Girls quarterfinal game. Chan had game-high 14-points, Nelson (13-points), Sarasua (10-points), McNeil (9-points), and senior Rita Evans (8-points).

The Lady Cougars (16-12 MVAL) travelled to Orinda on Wednesday, March 1, to take on #1 seed Miramonte (25-3 Diablo-National) in an NCS D2 Girls Basketball semifinal game. Postseason play and a very successful season ended for the Lady Cougars as they lost 78-55.

Shooting range fees waived once a month for military personnel

SUBMITTED BY MICHAEL L. EMERSON

Under a new policy the San Leandro Rifle & Pistol Range is waiving range fees for military veterans, retirees and active/reserve duty personnel on the 11th of every month. To be eligible, participants must bring valid proof of their military status. The policy does not include family or friends of military personnel; they need to pay standard range fees.

Located at 3001 Davis Street, the range is owned and operated by the Optimist Club of San Leandro and has been in operation since 1957. Income generated by the range supports the club's various community service projects.

For details, visit the San Leandro Rifle & Pistol Range webpage at www.slrifle.com or call (510) 638-9605.

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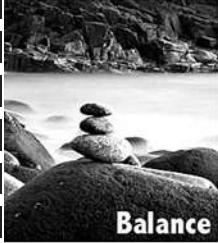
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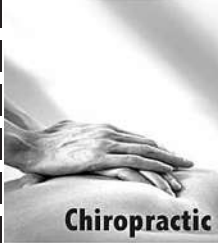
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Mariners capture Section Championship



Men's Basketball

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

The Moreau Catholic Mariners won the North Coast Division, Division 2 Basketball Championship 77-71 over the Tamalpais Red Tailed Hawks (Mill Valley) on March 3rd. In a game that went back and fourth, both teams

played their hearts out; the outcome was in doubt right to the final buzzer.
Tamalpais started with an impressive fast break game as they opened a 12-9 lead but the Mariners fought back with a formidable defense and were able to hold a small 38-36 lead at the half. In the third quarter, the game became a defensive battle as both teams fought fiercely under the basket for control of the game. The Mariners then made three very important defensive plays around

and under the basket, changing the direction and momentum of the game, opening a five point lead at the end of the third quarter. But the Red Tailed Hawks would not go away as the intense battle under the basket continued. Finally the Mariners put together their most impressive defensive stand of the year to secure a hard fought victory.
Congratulations to Coach Frank Knight and the Moreau Catholic Mariners for an outstanding season and North Coast Section Championship.

Softball

Lady Colts blank Lady Pirates

SUBMITTED BY
LOGAN SOFTBALL

San Leandro Pirates at
James Logan Colts

February 28, 2017

Logan 2, San Leandro 0

Although the Lady Pirates garnered five hits, they also committed two errors as James Logan made their two hits count, scoring in the fifth and sixth innings, to secure a 2-0 victory.

Pitcher/Catcher
Logan: Rodriguez and Wenn
San Leandro: Lopez and Quintal

Hits:
2B Lopez (SL), Garcia S (L),
Wenn (L) 3B Valenzulea (SL)



Baseball

Baseball season is here and Vikings are ready

SUBMITTED AND PHOTOS
BY MIKE HEIGHTCHEW

The Irvington High School Vikings varsity baseball team had a great day at the plate on February 27th as they met and beat the Mt. Eden Monarchs 15-2. Key hits just kept coming for the Vikings as they loaded the bases three separate times and converted runners to scores. Vikings pitching closed the door on any comeback for Mt. Eden although the Monarchs did score to avoid a shutout late in the game.

Golf team wins Tim Tierney Pioneer Shootout

SUBMITTED BY
STEVE CONNOLLY
PHOTO COURTESY OF
CSUEB

The Cal State East Bay (CSUEB) men's golf team captured the team championship at its home tournament, the Tim Tierney Pioneer Shootout, for the first time since 2011-12. The Pioneers shot even-par 284 in Tuesday's final round at Hiddenbrooke Golf Club to win the 54-hole event by 13 strokes.
East Bay, which entered the week ranked No. 24 in the nation according to Golfstat, was the only school in the 10-team field to finish under par, due in part to damp conditions following several days of heavy rain. CSUEB posted an overall total of 845 (-7). Sonoma State, the three-time defending champion at this tournament, placed second at 858 (+6), followed by No. 8 ranked Cal State Monterey Bay in

third place at 875 (+23).
It was a truly remarkable week for the Pioneers, who claimed their first tournament victory of the season. They finished with the top three individuals in the field of 66 golfers, as well as six of the top 17.
Senior Owen Hutchison was the individual medalist this week, carding 72 (+1) in Saturday's final round to finish with a total score of 208 (-5). For Hutchison, it's his first career tournament title and his lowest 54-hole score as a Pioneer. He finished second among all players in the field with 15 total birdies. He has now shot under par in both tournaments to start the spring season.
Senior Adam Stone finished two strokes behind his teammate to notch runner-up honors. He shot even-par 71 to give him a three-round total of 210 (-3). Stone did this week what he does as well as just about any golfer in the nation—make pars. He tallied 14 in his round Saturday and



led all players in the field with 43 pars for the tournament.
Fellow senior Chad Hall completed the CSUEB trifecta atop the leaderboard by firing the team's low round of the day with a 69 (-2). It was his second straight round in the 60s, and gave him an overall total of 211 (-2).
Freshman Chris Carney contributed the fourth card to East Bay's team total with a 72 (+1) in the final round. It was an impressively consistent week for the rookie on a tough course, as he finished in a tie for eighth place

individually at 217 (+4).
Sophomore Jonathan Mulvany carded 75 (+4) on Tuesday and notched a top-20 finish, taking 13th place with a total of 220 (+7).
The Pioneers entered five individuals in their home event in addition to their five-player team, giving them 10 golfers competing this week. Every one of them played well, with no one on the team shooting worse than 78 in any round this week.
Freshman Max Murai shot his second straight 75 (+4) on Tuesday to finish as CSUEB's top individual

at 221 (+8). The left-hander earned a share of 14th place overall.
The other four Pioneer individuals all finished within four strokes of each other. Joel Keylor shot 78 (+7) and Barrett Taylor carded 76 (+5), giving both seniors a total of 227 (+14) and a share of 27th place.
Grayson Sorci was just one stroke behind that duo at 228 (+15) after turning in a 76 (+5) in the final round. Raja Deal rounded out CSUEB's day with a 78 (+7) to finish tied for 37th place at 231 (+17).

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzusd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

FUSD Board approves revised Implementation Program

SUBMITTED BY
ROBIN MICHEL

At the February 22, 2017, Fremont Unified School District Board of Education meeting, the Board of Education approved the revised Measure E Bond Implementation Plan, Budget and Cash Flow for the \$650 million school facilities bond program. First presented to the Citizens’ Bond Oversight Committee on February 1, 2017, and at the FUSD Board of Education Retreat on February 4, 2017, the plan spans the duration of the bond, inclusive of all bond sales. Based on the analysis and current state of the budget and market conditions, staff projects that all projects within the Long Range Facilities Plan (LRFP)’s recommended project list can be completed within the \$650 million budget.

Guiding principles used were Parity, Equity and Consistency. Schools with the lowest school facilities score, most impacted attendance area, and/or the most urgent facilities needs were addressed first.

At any given year during the bond program, there will be:
5 elementary schools in design
5 elementary schools in construction
1 middle school conversion in design
1 middle school conversion in construction
1 high school in design
1 high school in construction

Based on the analysis and current state of the budget and market conditions, staff projects that all projects within the Long Range Facilities Plan (LRFP)’s

recommended project list can be completed within the \$650 million budget.

SVA Architects also presented the schematic design on the Horner Middle School Conversion Project, which includes staff recommendations for the following additions:
Increase locker room by 300 sq. ft. for a total of 600 sq. ft.
Enlarge music room to accommodate 80 students
Construct a 1,440 sq. ft. fitness center (weight room)
Convert the warming kitchen to a cooking kitchen

The total cost for these proposed additions to the project is \$3,243,300.

Giving context about the recommended additions, Superintendent Dr. James Morris pointed out that it was important to provide Horner with a facility that would at least offer them what they currently have, which includes a weight room and a cooking kitchen. “And—it is a lot more cost effective to add on now, rather than later,” he said, saying that the board, even if approving the schematic design, would have plenty of opportunities to value engineer the design later.

Regular meetings are tentatively scheduled for the second and/or fourth Wednesdays of the month.

The next regular board meeting is scheduled for **March 8, 2017, at 6:00 p.m.** Please check the District website for agenda and any time and/or location changes. Information about Measure E, the \$650 million school facilities bond approved by Fremont voters in June 2014, may also be found on the website (click on Quick Links/Measure E).

Union City City Council Meeting

February 28, 2017

Proclamations and Presentations:
• Proclaim February 2017 as Teen Dating Violence Awareness Month.

Consent:
• Adopt a resolution authorizing the renewal of a contract with Level 3 Communications (Walnut Creek, CA) for a three-year internet access agreement in the total amount of \$160,647.84.
• Adopt a resolution amending the city’s compensation plan effective January 1, 2016 for unrepresented part-time salary compaction impacts from the January 2017 increase in the California minimum wage.
• Adopt a resolution approving an agreement with Kimley Horn and Associates, Inc. in an

amount not to exceed \$68,876.36 for design services for the HSIP Cycle 7 Traffic Signal Improvements, Project 16-11.

Item Removed From Consent:
• Revise expenditure authority for certain city agreements.

City Manager Reports:
• Accept the methodology and findings of the Affordable Housing Nexus Study and direct staff to prepare an amendment to the municipal code to incorporate an affordable housing impact fee. The council has opted not to adopt fees for commercial or industrial buildings at this time.
• Fiscal year 2016-17 second quarter report. The current projected deficit holds at \$3,350,714.
Mayor Carol Dutra-Vernaci Aye
Vice Mayor Pat Gacoscos Absent
Lorrin Ellis Aye
Emily Duncan Aye
Gary Singh Aye

Partnership improves safety in Downtown San Leandro

SUBMITTED BY
COURTNEY ROSE

Since September 2015, the San Leandro Improvement Association (SLIA), a non-profit community benefit corporation that works to enhance Downtown San Leandro in the areas of public safety, beautification, economic development, maintenance and promotions, has been working with the San Leandro Police Department (SLPD) to improve the safety of Downtown San Leandro. In the past year and a half,

the SLPD has assisted in eliminating the homeless issue in downtown, helping a total of 25 homeless get off the streets—12 of which are already in assisted housing and the remaining 13 have designated places to go.

“The San Leandro Police Department has focused a lot on trying to cut down the homeless issues that persist in our downtown. The cohesive partnership we have established with the San Leandro Improvement Association, which allows us to assign an additional police officer to



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Takes from Silicon Valley East

#WeAreTheFix!

Celebrating Global Cleantech Innovation

BY KELLY KLINE

Each year for more than a decade, Cleantech Open (<http://cleantechopen.org>) (CTO) has celebrated the graduation of a new cohort of cleantech entrepreneurs from its accelerator program. For its 11th Global Forum, the world’s largest cleantech innovation network celebrated in San Francisco with an entire “Cleantech Week” to spur further investment, revenue opportunities, and new talent.

For this conference, global was not just a tagline. Last year, 600 cleantech startups were funded internationally through a partnership between CTO, the Global Environment Facility (GEF), and the United Nations Industrial Development Organization (UNIDO). Among the countries represented were Morocco, South Africa, Pakistan, Malaysia, India, Thailand, and Turkey. In a video message, Unido Managing Director Philippe Scholtes noted that these startups are a key driver of economic growth and show the power of collaboration between developing and advanced countries. Winning concepts included everything from energy efficient ceiling fans (Green India Building Systems) to roofing materials made from plastic waste (Thevia from South Africa).

Another theme from the event was the explosion of agriculture-related cleantech companies. During CTO Board Member Ira Ehrenpreis’s interview of Amal Deshponde, CEO of Farmers Business Network (www.farmersbusinessnetwork.com) (FBN), Ehrenpreis noted that the future of agriculture is both

“massive and under-innovated,” leading top entrepreneurs to spend human capital in this space. Drones, sensors, robotics, and precision farming are all contributing to sector growth.

Deshponde, a former Kleiner Perkins investor, “fell in love with farming” and became motivated to provide the world with “an answer to ‘Big Ag’”. He came up with two big challenges: first, risk capital is unfamiliar with the field; second, all farmers face an oligopoly for every lever they need to pull to be more profitable—everything from seeds and fertilizer to marketing to merchants.

The idea behind FBN is to empower farmers with network data to facilitate knowledge and commerce. It crowdsources and shares data to increase purchasing power. Considering the fact that data helps to produce more with less input, it is yet another example of democratization of an industry.

Investment is always a topic of discussion, and one panel made the bold declaration that startups should not be skittish, but rather, picky! “Not all money is good money,” said Danny Kennedy from California Clean Energy Fund (CalCEF). He urged entrepreneurs not to settle for Tier 2 funds if Tier 1 comes with connections and clout.

Although the 2016 chapter of cleantech acceleration has recently come to an end, applications are already being accepted for the 2017 cohort. The official deadline is May 1, but an early admission means more time for mentorship, networking, and education.

patrol downtown, gives us the extra staffing to lower the number of those that live on the streets and help them find solutions to get off the streets,” said Captain Luis Torres of the SLPD. “We work really closely with all those involved in The San Leandro Housing Compact to find long term solutions for the homeless in Downtown San Leandro. We want to make sure they have a safe, dependable, and secure place to go.”

In addition to minimizing the homeless population in Downtown San Leandro, the SLPD has seen a decrease in panhandling, loitering, and crimes in the commercial areas in the downtown district. The additional police officer is also beneficial for business owners within the district. With the additional patrolling, there are more proactive stops and less disturbances in the area. The Downtown San Leandro business owners have direct access to the SLPD Downtown bike officers to report any suspicious or strange behavior—eliminating the need for the business to call the police department operator. Business owners in the district can receive the SLPD’s Downtown bike officer’s direct number so they are able to respond immediately.

“We are in constant communication with the San Leandro Police Department and our designated bike officer about things happening in our downtown—

getting updates daily to ensure we are creating a safe downtown for our residents, community and visitors. They’ve helped us mitigate the homeless issue in downtown and minimize petty crimes in our district,” said San Leandro Improvement Association’s president, Gordon Galvan. “It take a community collaboration effort to create a safe downtown, with our business owners, customers, police department, community groups and residents.”

The SLIA pays half of a SLPD police officer’s salary to provide the extra police officer in the downtown area who patrols the district seven days a week. Establishing this partnership with SLPD is one of many improvement projects the SLIA has established in the downtown area to enhance its commercial district.

The SLIA and SLPD hold merchant meetings, where they invite business owners, property owners and community members of downtown to meet and learn about what’s happening in the Downtown. It’s also an opportunity for the community to bring up their concerns so SLIA and SLPD can put together a solution to address the issue together.

For more details about the merchant meeting or about SLIA, call (510) 281-0703 or visit www.downtownsanleandro.com.

OPINION



WILLIAM MARSHAK

Sometimes it is difficult to separate fact and fantasy, but as in a good science fiction novel or film, basic assumptions usually have a solid basis. Reality can be stretched to the breaking point when projecting beyond what is known. Sometimes, as time passes, a reasonable facsimile of the future vision is achieved but reality can also turn and twist in a different and unexpected direction. Science fiction has the advantage of unbounded imagination but why not use that freedom to tackle real problems.

As we look at our present traffic situation, clogged, sometimes gridlocked streets are blamed on pass through traffic aided by apps. Drivers are directed from freeways to surface arterials, even residential streets. In order to save a few minutes, city thoroughfares are compromised. Intersections, graded on efficiency from A-F are rarely given good scores, often Ds and Fs. The interesting thing about an F grade is that the score doesn't change even as the situation gets worse. An A can become an A- or B+ but as traffic is so degraded that an intersection rates a failure rating, it just

The truth is out there

remains as a failure. We cannot simply bulldoze surrounding structures to keep expanding capacity indefinitely, so a different approach is required even if the future is uncertain.

Planners and traffic engineers are trying to solve the dilemma of pass-through traffic and city growth too. There is a tendency to focus on intra-city traffic using Transit Oriented Development. A common extension of current facts is that people will have less reliance on individually owned automobiles, more on mass transit and therefore, less impact on city streets. Is this fact or fantasy? The assumption is that short term automobile rentals and Uber-type transportation will dominate. This may be the case in the long run, but then who is buying all those cars that dealerships are selling? Also, are we planning more mass transit within our cities? Will people be able to move easily within our borders using jitney buses, trolleys or another form of transportation? Is there any plan to think beyond the reality of today filled with individually owned automobiles and a future driverless society?

If a driverless population is the future, where are all of the cars – new and old - going to be when we become a driverless society? Why create electric charging stations in new developments if car ownership will soon be defunct? Why are automakers like Tesla ramping up production for individual buyers when the future is filled with people who use alternative forms of transportation? Will pass-through traffic be gone too?

If the true problem of our area is traffic simply using our city streets as

means to go from a near boundary to the far side of our community, the current solution to alter residential street patterns can help, but doesn't address the core problem. How can traffic from freeways be discouraged from entering our cities in the first place? Watching the metering of on-ramps as a means of moderating additional cars from entering freeways at peak hours, can the same metering plan can be employed for cars leaving the freeway for city streets? How about using technology to identify and charge those simply using our streets as a means to transit through? Our streets suffer the wear and tear of traffic that has no business here. Buses that transport workers from here to work outside our area should help pay for street maintenance too. If we are able to moderate the flow of traffic through our cities, maybe surface streets will move up the grading scale instead of declining to a point where failure is commonplace.

Are these observations fact or fantasy? You can decide, but there is too much at stake to simply watch as we add more people, cars and bemoan our traffic dilemma.



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PUBLISHER



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Mouse delays London-to-San Francisco flight for 4 hours

ASSOCIATED PRESS

How he squeaked through security is anyone's guess.

A little mouse made for a big delay on a British Airways flight from London to San Francisco. The passengers were all buckled up and ready to go when the crew told them that a mouse-spotting meant they couldn't take off.

The crew joked that the mouse couldn't enter US

airspace without a passport, and told everyone they needed a whole new plane. That meant a four-hour delay.

They told KGO-TV in San Francisco after the flight arrived March 1 that despite the delay most passengers were happy to be on a mouse-free aircraft, especially knowing they'd be eating on the flight.

British Airways apologized and said they were satisfied that only two-legged passengers were on the flight once it took off.



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What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

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Birth

LIFE CORNERSTONES

Marriage

Obituaries



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www.fremontmemorialchapel.com

Dennis C. Agee
RESIDENT OF FREMONT
January 27, 1964 – January 18, 2017

Charles A. Williams
RESIDENT OF PLEASANTON
March 13, 1931 – February 11, 2017

Jack Rasmussen
RESIDENT OF FREMONT
August 6, 1931 – February 15, 2017

Susan E. Crawford
RESIDENT OF FREMONT
August 25, 1957 – February 27, 2017

Grace L. McEntee
RESIDENT OF FREMONT
August 7, 1926 – February 27, 2017

Mary Jo Camello
RESIDENT OF FREMONT
October 9, 1934 – February 28, 2017

Juvenal “Jojo” Morales Villa
RESIDENT OF UNION CITY
May 7, 1957 – March 2, 2017



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Julia Silveira
RESIDENT OF UNION CITY
October 10, 1929 – March 4, 2017

Joan Gleason
RESIDENT OF FREMONT
December 8, 1926 – March 5, 2017

John J. Bettencourt
RESIDENT OF FREMONT
May 5, 1922 – March 3, 2017

Harriet Harms
RESIDENT OF FREMONT
January 24, 1944 – March 4, 2017

Maria “Letti” Parker
RESIDENT OF FREMONT
April 26, 1953 – March 2, 2017

Josephine Nolan
RESIDENT OF NEWARK
February 1, 1922 – February 26, 2017

Charlene Y. Anders
RESIDENT OF HAYWARD
June 6, 1947 – February 25, 2017

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Obituary

Charles A. Williams

March 13, 1931 – February 11, 2017

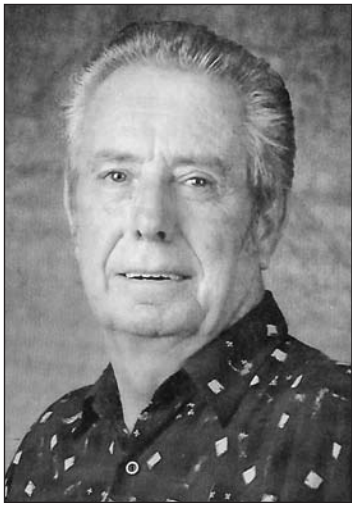
Resident of Pleasanton

Charles “Chuck” Aubert Williams passed away on February 11, 2017 in Pleasanton, CA, surrounded by his loving family, at the age of 85.

Chuck was born March 13, 1931 in Logan, Iowa. He moved to California when he was a young teenager. He proudly served his country in the Army and was a veteran of the Korean War.

Chuck owned his own construction company for many years, until he semi-retired and purchased a marina on Bethel Island in the late 1980’s called Ann and Chuck’s Boat Harbor. He owned the marina for many years before he sold it. Being on the Delta was his true passion.

One of his greatest joys was when he spent time with all of his



family. You could always tell how happy he was by his laughter and the big smile on his face. He also loved eating breakfast at IHOP his favorite restaurant, every Saturday, and really loved building model airplanes.

He is survived by his four children, John, Jeff, Rick, and Debbie, sister Sue, and cousin Kurt. He has many grandchildren, great grandchildren, nieces, nephews and daughters-in-law. He was preceded in death by his parents, a brother, a sister, and grandson.

A Memorial Service will be held on Saturday, March 11th, 2 pm at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536.

In lieu of flowers, you are welcome to make a donation to Hope Hospice of Alameda Co. in Charles’ name.

Fremont Memorial Chapel
510-793-8900

Obituary

Florence Alice “Sarge” Winner

Resident of Fremont

December 18, 1926- February 23, 2017

Florence Alice "Sarge" Winner passed away peacefully on February 23, 2017. Born to Casmir and Judith Najdowski on December 18, 1926 she was 90 years old.

Florence was a long time Alameda County Resident and spouse to the late Raymond Lloyd Winner. In her early years, she was a drill sergeant in the U.S. Army from 1948 to 1952.

Florence leaves behind her three beloved sons Keith Winner and wife Susan of Newark, David Winner of Fremont and Paul Winner of Ceres, CA. She also leaves behind her brother Don Najdowski of Janesville, WI, her two ever-loving granddaughters and two great grandchildren.



In lieu of flowers, the family request donations are made to The Masonic Homes of California.

Obituary

Doris Higby

Doris Higby, a longtime resident of Newark, died peacefully at her home on January 23, 2017. She was surrounded by her family and friends. Born in Phillipsburg, KS on September 4, 1924, to Grover and Florence Turner, Doris grew up on the family dairy farm there. Going to country school, along with her brothers Roscoe and Bob and two sisters Telene (Clonch) and Lois (Herrick), was one of her first memories as a child. Even though she was raised during the Depression years, Doris remembered many happy times growing up on the farm.

In 1942, she graduated from high school, and was anxious to help with the WWII effort. She soon traveled to Ogden, Utah, where she worked as Rosie the Riveter patching up damaged B-27 warplanes until the end of the war. After the end of the war, she returned to her home in Kansas.

On May 25, 1947, she married Merle Higby of Phillipsburg, KS. And they moved to California in 1948, settling in Newark in 1953. During her years in Newark, she assisted with her husband’s



business, Merle’s Garage, which was a Newark mainstay for automotive repair for 33 years. Doris and Merle enjoyed traveling in their RV, and were also members of the Newark Presbyterian Church, the Newark Gun Club, and the California District 9 Fiddler’s Club. Cherished for her warm smile, wit and wisdom, her cooking and baking skills were also well known and appreciated by her family & friends.

Doris’ greatest love was her family, and throughout her life she was a devoted wife, mother, grandmother, and great grandmother to them. She is survived by her daughters Yvonne

(& Mike) Tatar, and Charlene (& Manuel) Gonzales. Her grandchildren include Kacie (& Matt) Martinez, Mike Jr. (& Joy) Tatar, Nikole (& Joe) Halaka, Danielle Gonzales, and Samantha (& Samuel) Pricer. Her great grandchildren are Wolfgang Halaka, Rye Voith, Savannah Martinez, and Samuel Tatar.

She was preceded in death by her loving husband Merle, beloved son Donald, and beloved grandson Lance. She also leaves numerous nieces and nephews.

A celebration of Doris’ life is planned for Saturday, May 6, 2017, at Newark Presbyterian Church, 35450 Newark Blvd, Newark, CA at 4 pm. Friends and family are welcome. Please RSVP your attendance to ytatar@cox.net. In lieu of flowers, memorial donations in Doris’ name can be made to Penny Pines, National Forest Reforestation project at https://www.fs.usda.gov/detail-full/sbnf/home/?cid=STEL-PRDB5289898, or by calling Forest Headquarters, 602 S. Tippecanoe Ave., San Bernardino, CA, 92408,(909) 382-2600 (Voice), (TDD/TTY dial (800) 735-2922).

Obituary

Charlene Anders

Charlene was born in Oakland, California on June 6, 1947 and entered into rest February 25, 2017 in Hayward, California at the age of 69 years old. She lived in Gilroy and Fremont, California through her childhood and young adult life. She married Dannie Anders on August 3, 1968. Charlene gave birth to a daughter, Leanne, in 1971 and a son, Matt in 1974. Charlene was a caring and giving person throughout her life. She is survived by her husband, Dannie, daughter, Leanne, and son, Matt. She has four grandchildren, Veronica, Moregan, Sierra, and



Ethan. She is also survived by her sisters Debbie, Diane and a brother David, as well as their families.

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Obituary

Grace Lorane McEntee

August 7, 1926 – February 27, 2017

Resident of Fremont



She was born on August 7th, 1926 in Albany, OR, and passed away on February 27th, 2017. She was 90 years old. Grace was preceded in death by her late husband of 60 years, Robert O. McEntee on November 13th, 2008 and by her son, Grant E. McEntee on January 2nd, 2017. The beloved Grace is survived by daughters Georganne Bellomo, Gayle McEntee, as well as son Gregg & wife Lorna McEntee. She had three grandchildren: Valarie, Kimberly & Richard. Grace was a stay-at-home mom as the kids grew up. She began working once the kids were in school. She retired as an executive secretary from the Clorox Corp. in 1991. She was an avid book reader. She loved

playing her pokeno and bunco games in her spare time. Grace and her husband resided in the East Bay for over 45 years. She was an easygoing, quiet and reserved lady. Truly an example of unconditional love. May she rest in peace. She will be missed by all so very much. Private services held. She will be interned with her late husband in the Willamette Veterans Cemetery in Oregon. Any donations wish to be given in her honor, please donate to ASPCA, Veterans Association or American Heart Association.

Fremont Chapel of the Roses
510-797-1900

Obituary

Susan E. Crawford “Sue”

August 25, 1957 – February 27, 2017

Resident of Fremont



Born on August 25th, 1957 in California, and entered into rest on February 27th, 2017 in Fremont, California Survived by her soulmate and husband of 28 years Ronald Crawford; father

Earl Halliday; sisters: Jane Vlach (Bill), and Debbie Ramirez (Patrick); and several nieces and nephews. Predeceased by her mother Jacqueline Boucher, and brother Dan Halliday. Susan worked for Cisco for over 20 years. She graduated in 1975 from Pioneer High School in San Jose. Her hobbies were dancing, cooking, and gardening. Susan was an organ donor. A Memorial Service will be held on Sunday, March 5th, 2pm at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536. In lieu of flowers, donations may be made to your local animal shelter or to afsp.org.

Fremont Memorial Chapel
510-793-8900

Board of Supervisors declares state of emergency in flooded areas

SUBMITTED BY
LAUREL ANDERSON

The Santa Clara County Board of Supervisors adopted a resolution ratifying that Santa Clara County is in a state of emergency, the first step in securing state and federal funding for damages and losses caused by the recent flooding in San Jose and other areas of the County. The 4-0 vote on an emergency declaration was taken by the Board at the Tuesday, February 28 meeting. Supervisor Ken Yeager was out of town on County business. The Board also voted 3-0 on an initiative by Board President Dave Cortese that calls attention to property tax relief programs for residents affected by the flooding last week that forced evacuation orders for 14,000 in San Jose. Supervisor Cindy Chavez recused herself from hear-

ing and voting on this item because she lives near flood-damaged properties. Cortese called for a robust outreach campaign to let people know, in multiple languages, that flood victims may be able to pay less in property taxes through the County Assessor’s Calamity Property Tax Relief Program. Tax Assessor Larry Stone also pointed out that property owners who experienced flood damage or loss could also apply for a waiver to allow them to defer property tax payments without penalties. “We need to do everything we can for flood victims who have lost their homes, their cars and, in some cases, their livelihoods,” said Cortese, “and we need to reach out to them in languages they understand so they know what aid is available. We also need to reach out to landlords of renters who were affected by the flood.”

Obituary

Mary Jo Camello

October 9, 1934 – February 28, 2017

Resident of Fremont

Born on October 9th, 1934 in Ohio, and entered into rest on February 28th, 2017 in Fremont, California at the age of 82. Predeceased by her parents: Ralph and Mary Ruggieri; and her husband David A Camello in 2000. Survived by her children: David Camello (Susan), Davicca Hutchins, Joseph Camello (Renee), Michael Camello (Ann), Christopher Camello, James Camello (Julie), and Donald Camello; brother Dominic Ruggieri (Mary Jane); and sister in law Ethel Camello. Also survived by 17 grandchildren, 8 great grandchildren, and many nieces and nephews.

Visitation will be held on Tuesday, March 7th, from 5-8pm with a Vigil at 6:30pm at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536. Funeral Mass will be celebrated on Wednesday, March 8th, 10am at Holy Spirit Catholic Church, 37588 Fremont Blvd., Fremont, CA 94536. Burial will follow at Holy Sepulchre Cemetery in Hayward, CA. In lieu of flowers, donations may be made in memory of Mary Jo to the American Diabetes Association.

Fremont Memorial Chapel
510-793-8900



Obituary Louise Marie Dondero Xavier

May 17, 1922 – February 25, 2017

Louise Marie Dondero Xavier, 94, was born to Italian immigrants, Luigi Dondero and Ester Maggioncalda Dondero in Tormey CA. She had five brothers and sisters: Victoria, the only one born in Italy, Henrietta, John, Alfred, and Lucille ("Dolly"). She attended Mt. Diablo High School in Concord and met the love of her life at a football game between Mt. Diablo and San Ramon High. She married the handsome football player, son of Portuguese immigrants, Walter Anthony Xavier of Danville on April 28, 1940, and they had 59 wonderful years together. In the 1980's they traveled to Italy and Portugal to find their roots. She is predeceased by her parents, all of her siblings, her husband, Walter, her first born son, Gary at 55, and her infant son, Richard David at 6 months (during WW II). Walter returned from the War, and they raised 4 multi-talented children: Gary (Josie) Xavier, Sharon (John) de Sousa, John Michael (Debbie) Xavier, and Jane (Gregory) Dougherty. She had 6 grandchildren: Anthony, Marc (Erica), Bettina, Gary (Eryn), Gunnery Sergeant John David (Abbie), and Olivia. She had 6 great grandchildren: Holden (Anne), Walter, Andrew, Noah, Elsie, and Samuel. And she had one great great grandchild, Croix, and many nieces and nephew, great nieces and nephews and cousins, both here and in Italy. They lived the first



30 years of their married life in Danville and Alamo where they owned Xavier's Shoe/General Store in Danville. She was a Homemaker "Extraordinaire," a fabulous Italian cook, and she loved singing in St. Isidore's Choir in Danville for over 20 years. After moving to Truckee to retire early, Walter bought E.D.'s Boot Shop in Sparks, Nevada which they ran for 29 years, repairing shoes for the stars from Ben Vereen to Dolly Parton. After the deaths of her son and husband, she moved back to the Bay Area to live with daughter Sharon and her husband John in Fremont. For the past 18 years, she sang in the Corpus Christi and Our Lady of Guadalupe Church Choirs and Deo Gloria Choir (including singing with Glenn Yarbrough), and sang with her daughter in San Jose Symphonic Choir which she joined at 80 years young. Together with the choirs, they traveled and sang in Carnegie Hall

twice, the cathedrals of Washington DC, toured Italy and sang at St. Peter's in the Vatican for Pope John Paul II. It was a new chapter in her life, and she made many new friends through all her singing and involvement in Fremont. She was honored with a Paul Harris Fellow in the Niles Rotary. She was also the first Italian-American to be President of the PFSA (Portuguese Fraternal Society of America) Fremont Council #17. She entered quite suddenly into rest on Saturday, February 25, after breaking her hip last week and following hip surgery to repair the fracture, her heart just stopped, despite numerous attempts. She had a long and full life and leaves a legacy of love and progeny. She loved her family more than anything and was an inspiration to all who knew her. She will be sorely missed by many, many people. Services: Visitation: Sunday, March 5, 1 to 5 p.m. at Berge-Pappas-Smith Chapel of the Angels, 40842 Fremont Blvd. Fremont. Vigil Service at 3 p.m. Funeral Mass of Resurrection: Monday, March 6, 11 a.m. at Our Lady of Guadalupe Catholic Church, 41933 Blacow Road, Fremont. Burial to follow at Holy Sepulchre Cemetery, 26320 Mission Blvd. Hayward. In lieu of flowers, donations may be made to San Jose Symphonic Choir, 1100 Shasta Ave. San Jose CA 95126 or to the charity of your choice.

County Executive Jeffrey V. Smith said, “The Declaration of Emergency is the first step in recovering from significant storm and flood-related damages to our local infrastructure, including roads and bridges, public utilities and emergency services.” Now that the Board has declared an emergency, the County will ask for estimates of damages in flooded areas, and send those to the state for the Governor to also declare a state of emergency. The current estimate, which is expected to grow, is \$102 million, with half of that from San Jose. The Governor’s declaration can trigger funding for repairs of roads, bridges, public utilities and other damaged structures. For homeowners, low-interest loans for repairs and replacements, could be available, as well as access to state services. Access to funding could take a couple months. Information on the County Assessor’s Calamity Property Tax Relief Program is available on the Assessor’s webpage (<https://www.sccassessor.org/>). A property owner can file a claim with the Assessor’s Office if the loss is more than \$10,000 of current market value. The Assessor’s

Office can issue a temporary assessment reflecting the damaged condition of the property. That reduced value would remain in effect until the property damage is repaired or rebuilt. Other flood-related actions taken by the County: The Santa Clara County Social Services Agency is alerting CalFresh (<https://www.sccgov.org/sites/opa/nr/Pages/Santa-Clara-County-Social-Services-Agency-Reopens-all-Public-Assistance-Facilities-at-Senter-Road.aspx>) recipients who lost food purchased with CalFresh benefits that they will be able to replace the food they lost or had to destroy. The request for a CalFresh replacement must be made by March 23, 2017. Flood victims may also receive a one-time fill of prescriptions from the Santa Clara County Pharmacy Medication Replacement Services. Residents should not use medications exposed to flood water. The Santa Clara County Office of Supportive Housing is assisting supportive housing residents and homeless people affected by the recent flooding. OSH is working with the City of San Jose to assess relocation

and housing needs. For assistance, contact the Local Assistance Center at the Shirakawa Community Center, 2072 Lucretia Avenue, San Jose, or call 408-795-1639. The Public Health Department also has information on keeping residents and care providers healthy and safe in flood-affected areas. The Santa Clara County Department of Environmental Health is providing tips for people returning to homes and businesses that have been flooded, including general precautions, water quality and food safety ([sccgov.org](https://www.sccgov.org)). More information on flood relief can be found on the County’s Storm and Flood Information page (<https://www.sccgov.org/sites/scc/Pages/storm2017.aspx>). For other questions or information, please call the office of Supervisor Dave Cortese at 408-299-5030 or dave.cortese@bos.sccgov.org

continued from page 1

Holi holiday brings fun festivities



and the power of true faith and devotion.

While initially based in religious traditions, the festival has evolved to become a popular holiday that invites all to participate and celebrate friendship. There are several organizations that host Holi events in the Bay Area, including Bay Area Youth Vaishnav Parivar (BAYVP), Rajasthan Association of North America (RANA), and Festival of Globe (FOG). FOG Silicon Valley hosts a large Holi event at Newark Jr. High School, attracting over 20,000 Bay Area residents. The free festival is hosted in collaboration with Fremont Hindu Temple, and will be held on Sunday, March 12.

Festival spokesperson Ritu Maheshwari says, "It will include families and friends covering their clothes and skin with vibrant colors, drinking and eating traditional fare, and dancing to music produced with an Indian drum, 'dhol.' The colors are biodegradable and skin friendly in order to reduce pollution and skin irritation. Holi is a beautiful festival that integrates culture and allows people to rejoice with family and friends. It also celebrates the change in season, and good over evil," she added.

Dr. Romesh Japra, Founder and Convener of FOG, said, "FOG Holi has over the years played an important role in keeping our culture alive and inculcating pious values in our

the youths and elders participate in this festival by sprinkling colors on each other and dancing to the beats of the DJ. We've got food stalls, and thandai [cold milk-based drink]. We've been doing this in our temple for the last nine years, and I've been leading this event, coincidentally, for all these nine years. The main gist of it is that people forget all their past differences and they come together and start afresh on that day."

Bhavin Shah, Director of Marketing for BAYVP, says, "[The applying of color] signifies that we are all one. It doesn't matter what your skin color. The moment you have all these colors on your face and body, we all look the same, and that's the whole idea. We are all one – forget what caste, what tribe, what background you are from, rich, poor, small, young – it doesn't matter. We're all one. We're all human beings."

FOG Holi
Sunday, Mar 12
11:00 a.m. – 7:00 p.m.
Newark Jr. High School
6201 Lafayette Ave, Newark
(510) 304-5619
www.tickethungama.com/Holi
Free

RANA Holi
Saturday, Mar 18
11:00 a.m. – 3:00 p.m.
Cardoza Park
Kennedy Dr, Milpitas



youngsters. With a new and bigger location, Holi this year promises to be a much more enjoyable experience for the families and friends alike. I invite everyone to participate in this free festival with their friends and family."

BAYVP will be hosting their widely popular annual Holi event on Saturday, March 18. Ambrish Damani, Director of Volunteering services at BAYVP, says, "The way we start the proceedings is we have bhajans and kirtans [devotional songs and hymns] for our lord. After that, we have all

(408) 359-7262
www.tickettailor.com
Tickets: \$19 adults, \$16 kids (ages 5-12), \$17 member adults, \$14 member kids (ages 5-12), under 5 free

BAYVP Holi
Saturday, Mar 18
11:30 a.m. – 2:30 p.m.
Shreemaya Krishnadham
25 Corning Ave, Milpitas
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<http://events.sulekha.com/>
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B.A., Humanities, Magna Cum Laude, Michigan State University
Juris Doctor, University of Illinois (7th in class)
Quoted by Ralph Nader in his book "No Contest" (1996)
Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present
Faculty, Santa Clara University School of Law 1987
Editor, University of Illinois Law Review
California Supreme Court Cases

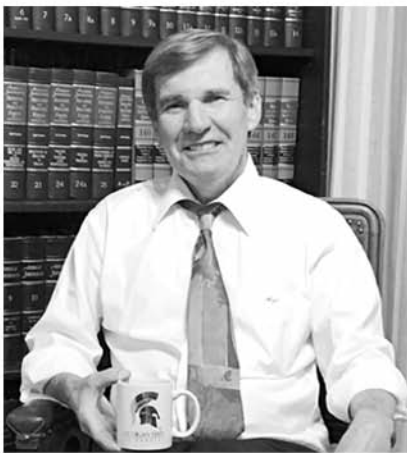
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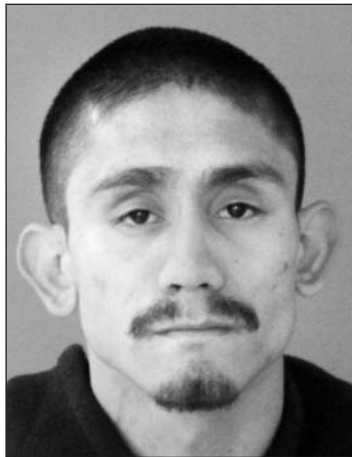
Investigation leads to arrests in auto burglary case

ARTICLE AND PHOTOS
SUBMITTED BY
RAJ MAHARAJ, MILPITAS PD

A four month investigation into a Milpitas auto burglary has led to the arrest of two suspects.

The case started on Sept. 29 when police responded to an auto burglary report at about 9:15 p.m. at the Foothill Square shopping center, 401 Jacklin Road. A victim reported that when he returned to his car he found a window shattered and his wallet, containing credit cards missing.

During their investigation, police found some evidence from the suspect left at the scene. The next day the victim's credit cards were used at a Target store in San Jose. Working with Target personnel, Milpitas police detectives were able to identify the suspects



John Jasso Santos and Marie Rose Valdez. Photo from Milpitas Police.

based on the evidence they already had and images from the store's surveillance video.

On Jan. 31 detectives arrested Marie Rose Valdez, 31, at her San Jose home on suspicion of burglary and credit card fraud. During a probation search of her home, they

found John Jasso Santos Jr. inside along with property belonging to the auto burglary victim.

Both Valdez and Santos were booked into the Santa Clara County Jail for on suspicion of burglary and unauthorized use of a credit card.

Mail theft tips from Fremont Police

SUBMITTED BY
GENEVA BOSQUES,
FREMONT PD

Over the last few weeks, the Fremont Police Department has received several reports of mail theft in different neighborhoods throughout the city. Most commonly, the incidents are occurring during the night; however, FPD has also received reports of the mail carriers being followed by suspects. **If you see suspicious activity, you are encouraged to call the Police Department's non-emergency number (510)-790-6800, extension 3 right away.**

Mail theft is a crime of opportunity. Promptly installing a locking mailbox, retrieving incoming mail, and taking outgoing mail to a local post office are the best methods of protection. Below are some additional tips we think will help keep your deliveries safe.

Protect incoming mail and packages:

- Promptly retrieve your mail. The United States Postal Inspection Service strongly recommends that you pick up mail from your mailbox as soon as possible after delivery, especially if you are expecting to receive a check or merchandise. Do not leave your mail unattended overnight.
- Install a locking mailbox to prevent mail theft. Mailboxes with a locking device are much less susceptible than those that are unsecured.
- The U.S. Postal Service can hold your mail at no charge if you'll be traveling.
- Use your workplace as the

shipping address or ship to a location where someone is always home.

- Track your shipments by phone or online so that you know what day they should arrive.
- If you can't pick up your mail or have a package scheduled for delivery, ask a trusted friend or neighbor to pick it up for you.
- Keep an eye on your neighborhood and report suspicious persons and vehicles sitting or cruising the area.
- Request a signature delivery option if available, or request the shipment be held at the shipping facility.
- Check with "mailbox" businesses in Fremont and see if they will accept shipment of your item for a fee.
- Some online retailers offer a locker service. Packages are delivered to a location where lockers have been securely installed and you are given a code to retrieve it.
- If you do not receive your shipment on time, check with the company of origin and confirm the delivery.
- If your item was delivered and you did not receive it, then report the theft or loss to the original company, the shipping company, and the Fremont Police Department.
- Install a doorbell or front porch video camera that operates on motion to alert you of deliveries and visitors.

Protect outgoing mail and packages:

- Do not leave outgoing mail with checks or money orders in your personal mailbox for pick up by the mail carrier. Take your

mail to a postal collection box.

- Further protect yourself by hand delivering your mail to a post office. If you don't have the option to take your mail to a postal collection box and you have to leave outgoing mail in your mailbox, **please don't raise the flag.**
- Do not leave packages on your front porch for pick up by private carriers.
- Using commercial companies does not necessarily mean your packages will be safer. Often when drivers deliver packages, they leave them sitting on the front porch. Thieves will drive around neighborhoods looking for boxes on porches to steal.
- If you are sending a package, let the person you are sending it to know that it is coming and when to expect it to arrive so they can make arrangements for pickup.
- Insure any packages you are sending for the replacement cost of the items shipped. Most carriers and the United States Postal Service offer insurance.

How to report a package theft:

- To report an in-progress crime, dial 911.
- To report a package theft when you have suspect information (including a photo or video surveillance), please call 510-790-6800 X 3.
- To report a theft where there is no suspect information or evidence, please utilize the Fremont Police Department website at www.fremontpolice.org to file your report.

Fremont Police Department seeking dispatchers

SUBMITTED BY
GENEVA BOSQUES,
FREMONT PD

The most rewarding careers can often be found in public safety work. If you're a team player, thrive in high-stress environments, can quickly process information, and are passionate about helping people through the worst or scariest moments of their lives, then working as a police dispatcher might be a great position for you.

The City of Fremont is looking for individuals interested in joining the Police

Communications Dispatcher team.

Effective team players who are able to learn the principles and techniques of radio communication and record-keeping are highly encouraged to apply. Any combination of education and/or experience that provides the knowledge, skills, and abilities necessary for a satisfactory job performance will qualify.

Duties include:

- Receiving information, questions and requests for service from callers who may be injured, confused or abusive.

- Quickly evaluating emergency situations, obtaining accurate information and developing logical working solutions.

• Learning police codes and various statutes and providing information to field units, other agencies and the public.

To learn more about the position and download a job application, visit the Fremont jobs page online at www.fremont.gov/CityJobs.

PUBLIC NOTICES

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
PLANNING COMMISSION

NOTICE IS HEREBY GIVEN THAT THE PLANNING COMMISSION OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 7:00 P.M., ON THURSDAY, MARCH 23, 2017, AT THE COUNCIL CHAMBERS, CITY HALL, 3300 CAPITOL AVENUE, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

FOX AVENUE NAME CHANGE – 35489 Fox Avenue - PLN2015-00294 - To consider the proposed renaming of a private street from Fox Avenue to Lotus Pond Common located in the Niles Community Plan area, and to consider a categorical exemption from the requirements of the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15301, Existing Facilities. Project Planner, Spencer Shafsky, (510) 494-4452, sshafsky@fremont.gov

YOUNG EXPLORERS – 39476 Fremont Boulevard – PLN2017-00124 - To consider a Conditional Use Permit to allow the conversion of an existing tutoring center into a child day care center for a maximum of 42 children ages 2 to 6 years old located in the Central Community Planning area, and to consider a categorical exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15301, Existing Facilities. Project Planner, James Willis, (510) 494-4449, jwillis@fremont.gov

For further information on any of the above items, call (510) 494-4440 and request to speak with the project planner in charge of the particular project.

* NOTICE *

If you challenge the decision of the Planning Commission in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Planning Commission at, or prior to, the public hearing.

WAYNE MORRIS, SECRETARY
FREEMONT PLANNING COMMISSION

CNS-2983155#

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
ZONING ADMINISTRATOR

NOTICE IS HEREBY GIVEN THAT THE ZONING ADMINISTRATOR OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 3:00 P.M., ON MONDAY, MARCH 20, 2017, AT THE CITY OF FREMONT DEVELOPMENT SERVICES CENTER, RANCHO HIGUERA CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

HOMEWOOD SUITES – 43151 Christy Street – PLN2017-00087 - To consider a Discretionary Design Review Permit and Modification of Zoning Standards to allow development of a five-story, 128-room hotel, with one level of parking partially below grade, with an increase in floor area ratio (FAR) from 0.30 to 2.04 and an increase in building height from 40 feet to 70 feet, in the Bayside Industrial Community Plan Area, and to consider a categorical exemption from the requirements of the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15332, Infill Development Projects. Project Planner, Bill Roth, (510) 494-4450, broth@fremont.gov

WARM SPRINGS PET HOSPITAL – 45962 Warm Springs Boulevard – PLN2017-00132 - To consider a Zoning Administrator Permit to allow an expansion of the existing Warm Springs Pet Hospital located in the South Fremont Community Plan Area, and to consider a categorical exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15301, Existing Facilities. Project Planner, James Willis, (510) 494-4449, jwillis@fremont.gov

LITTLE APPLES – 39069 Mission Boulevard – PLN2017-00166 - To consider a Zoning Administrator Permit to allow a tutoring center in an existing office building located in the Central Community Plan Area, and to consider a categorical exemption from the requirements of the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15301, Existing Facilities. Project Planner, Terry Wong, (510) 494-4456, twong@fremont.gov

OSGOOD WALMART VERIZON – 44009 Osgood Road – PLN2017-00178 - To consider a Zoning Administrator Permit to allow a new facade-mounted wireless communications facility consisting of two stealth cornice features on an existing commercial building located in the South Fremont Community Plan Area, and to consider a categorical exemption from the requirements of the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15303, New Construction or Conversion of Small Structures. Project Planner, Spencer Shafsky, (510) 494-4452, sshafsky@fremont.gov

* NOTICE *

If you challenge the decision of the Zoning Administrator in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Zoning Administrator at, or prior to, the public hearing.

KRISTIE WHEELER
ZONING ADMINISTRATOR

CNS-2983158#

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
ART REVIEW BOARD SPECIAL MEETING

NOTICE IS HEREBY GIVEN THAT THE ART REVIEW BOARD OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 3:30 P.M., ON WEDNESDAY, MARCH 22, 2017, AT THE CITY OF FREMONT DEVELOPMENT SERVICES CENTER, NILES CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

CENTRAL PARK LARGE GROUP PICNIC AREA PUBLIC ART - To review and select artist submissions in response to the request for proposals for an innovative gateway feature for the Central Park Large Group Picnic Area; and to consider an exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15061(b)(3), General Rule, which states that, where it can be seen with certainty that the activity will not have a significant effect on the environment, that activity is not subject to CEQA. Project Planner – Joel Pullen, (510) 494-4436, jpullen@fremont.gov

BoxART! ART SELECTION - To consider and select artwork for the boxART! Program; and to consider an exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15061(b)(3), General Rule, which states that, where it can be seen with certainty that the activity will not have a significant effect on the environment, that activity is not subject to CEQA. Project Planner – Joel Pullen, (510) 494-4436, jpullen@fremont.gov

* NOTICE *

If you challenge the decision of the Art Review Board in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Secretary, Art Review Board at, or prior to, the public hearing.

WAYNE MORRIS
FREEMONT ART REVIEW BOARD

CNS-2983165#

In compliance with the provisions of Sections 40804 and 40805 of the Government Code, the following report represents a summary of the financial transactions for the City of Fremont for the fiscal year ended June 30, 2016.

City of Fremont Cities Financial Transactions Report - Consolidated Statement of Revenues, Expenditures, and Changes in Fund Balance/Working Capital Consolidated Statement				
Fiscal Year: 2015/16				
Expenditures Net of Functional Revenues	Total Expenditures	Functional Revenues	Net Expenditures/ Excess Revenues	
General Government	\$ 15,611,443	\$ 927,748	\$ 14,683,695	
Public Safety	126,432,909	13,774,385	112,658,524	
Transportation	39,679,394	16,065,115	23,614,279	
Community Development	28,044,651	75,011,955	(46,967,304)	
Health	18,706,743	15,804,158	2,902,585	
Culture and Leisure	28,759,980	14,344,932	14,415,048	
Other	-	-	-	
Total	\$257,235,120	\$135,928,293	\$121,306,827	
General Revenues				
Taxes			162,662,809	
Fines and Forfeitures			1,450,075	
Revenue from Use of Money and Property			1,756,989	
Intergovernmental – State			825,249	
Intergovernmental – County			885,947	
Other			931,628	
Total			168,512,697	
Excess (Deficiency) of General Revenue Over Net Expenditures			47,205,870	
Excess (Deficiency) of Internal Service Charges Over Expenses			1,962,539	
Beginning Fund Balance/Working Capital			235,383,996	
Ending Fund Balance/Working Capital			\$ 284,552,405	
Appropriation Limit as of Fiscal Year End			\$645,340,346	
Total Annual Appropriations Subject to the Limit as of Fiscal Year End			\$183,120,000	
				CNS-2980889#

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG17851142

Superior Court of California, County of Alameda
Petitioner of: Rashmitha Rallapalli for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:

Rashmitha Rallapalli to Rashmitha Adithe
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: May 5, 2017, Time: 11:30 am, Dept.: 24
The address of the court is 1221 Oak Street, 3rd Fl., Oakland, CA 94612

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: March 1, 2017
Morris Jacobson
Judge of the Superior Court
3/7, 3/14, 3/21, 3/28/17

CNS-2983035#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. RG17849090
Superior Court of California, County of Alameda
Petitioner of: Piya Mukherjee for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Piya Mukherjee filed a petition with this court for a decree changing names as follows:
Piya Mukherjee to Piya Mukherjee Kalra
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 04/28/2017, Time: 11:30 a.m., Dept.: 24
The address of the court is 1221 Oak Street, Oakland, CA
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: Feb. 10, 2017
Morris D. Jacobson
Presiding Judge of the Superior Court
2/28, 3/7, 3/14, 3/21/17

CNS-2979758#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG17849832
Superior Court of California, County of Alameda
Petitioner of: Noel Zacheria Vargese for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Noel Zacheria Vargese to Noel Varghese Zacheria
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 04/28/2017, Time: 11:30 a.m., Dept.: 24
The address of the court is 1221 Oak Street, Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City Voice
Date: Feb. 17, 2017
Morris D. Jacobson
Presiding Judge of the Superior Court
2/28, 3/7, 3/14, 3/21/17

CNS-2979661#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 528199

Fictitious Business Name(s):
Jacobs Import & Customs, 5250 Claremont Ave, Stockton, CA 95207, County of San Joaquin
Registrant(s):
Sayed Yaqub Hashimi, 5250 Claremont Ave, Stockton, CA 95207
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Sayed Yaqub Hashimi
This statement was filed with the County Clerk of Alameda County on March 1, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/7, 3/14, 3/21, 3/28/17

CNS-2983039#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 527858-527861

Fictitious Business Name(s):
1. Faces Plus Skin Center, 2. Faces and Skin Center, 3. Kathy Brow Art, 4. Angel Brow Art, 39039 Paseo Padre Pkwy., Ste. 208, Fremont, CA 94536, County of Alameda; Mailing Address: 8679 Davona Dr., Dublin, CA 94568; County of Alameda
Registrant(s):
Kathy Qiu, 8679 Davona Dr., Dublin, CA 94568
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Kathy Qiu
This statement was filed with the County Clerk of Alameda County on February 22, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/7, 3/14, 3/21, 3/28/17

CNS-2982263#

FICTITIOUS BUSINESS
NAME STATEMENT

Fictitious Business Name(s):
Fremont Cadillac, 5939 Auto Mall Pkwy., Fremont, CA 94538, County of Alameda; Mailing Address: 4200 John Monego Ct., Dublin, CA 94568
Registrant(s):
Fremont Automotive Retailing Group, Inc., 4200 John Monego Ct., Dublin, CA 94568; Delaware
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jaspreet Dosanjh - General Manager
This statement was filed with the County Clerk of Alameda County on February 16, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another

under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/7, 3/14, 3/21, 3/28/17

CNS-2981995#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 527424

Fictitious Business Name(s):
Bouquet Garni - A Personal Chef Services & Catering, 39800 Fremont Blvd., #172, Fremont, CA 94538, County of Alameda
Registrant(s):
Eric Ndiaye, 39800 Fremont Blvd., #172, Fremont, CA 94538
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Eric Ndiaye
This statement was filed with the County Clerk of Alameda County on February 9, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/7, 3/14, 3/21, 3/28/17

CNS-2981982#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 527936

Fictitious Business Name(s):
Haleluya Ethiopian Food Catering, 4151 Baine Ave #124D, Fremont, CA 94536, County of Alameda
Registrant(s):
Haleluya Assefa, 4151 Baine Ave #124D, Fremont, CA 94536
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Haleluya Assefa
This statement was filed with the County Clerk of Alameda County on February 23, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/28, 3/7, 3/14, 3/21/17

CNS-2980840#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 515854

The following person(s) has (have) abandoned the use of the fictitious business name: **DanDan Music Studio, 676 Bockman Rd., San Lorenzo, CA 94586**
Fictitious Business Name Statement being abandoned was filed on 3/15/2016 in the County of Alameda.
Julietta Cadorniga, 14675 Locust St., San Leandro, CA 94579
S/ Julietta Cadorniga
This statement was filed with the County Clerk of Alameda County on February 6, 2017.
2/28, 3/7, 3/14, 3/21/17

CNS-2980308#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 527613

Fictitious Business Name(s):
L "Heart of Beauty" 32744 Regents Blvd, Union City, CA 94587, County of Alameda
Registrant(s):
Loida Guzman, 32744 Regents Blvd, Union City, CA 94587
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Loida Guzman
This statement was filed with the County Clerk of Alameda County on February 15, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/28, 3/7, 3/14, 3/21/17

CNS-2979825#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 527594

Fictitious Business Name(s):
La Yie Slimwrap Spa, 21620 Mission Blvd., Hayward, CA 94541, County of Alameda
Registrant(s):
Ying Bao, 1841 Laguna St. Apt. 117, Concord, CA 94520
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Ying Bao
This statement was filed with the County Clerk of Alameda County on February 15, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/28, 3/7, 3/14, 3/21/17

CNS-2979333#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 527155

Fictitious Business Name(s):
IbisViv 236 Appian Way, Union City CA 94587, County of Alameda
Registrant(s):
Jedi Thai, LLC, 236 Appian Way, Union City CA 94587; Delaware
Business conducted by: a limited liability company
The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Todd James Wirsching, Managing Director
This statement was filed with the County Clerk of Alameda County on February 2, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/28, 3/7, 3/14, 3/21/17

CNS-2979331#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 527187

Fictitious Business Name(s):
Nikhar Fashion By Sandhya, 3870 Carol Ave., Fremont, CA 94538, County of Alameda
Registrant(s):
Sandhya Agarwal, 3870 Carol Ave., Fremont, CA 94538
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on 11/10/2017
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Sandhya Agarwal
This statement was filed with the County Clerk of Alameda County on February 2, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/21, 2/28, 3/7, 3/14/17

CNS-2978606#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 527403

Fictitious Business Name(s):
Rafael's Niles Garage, 37390 Niles Blvd., Fremont, CA 94536, County of Alameda
Registrant(s):
Rafael Moreno, 37390 Niles Blvd., Fremont, CA 94536
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,

PUBLIC NOTICES

2/14, 2/21, 2/28, 3/7/17

CNS-2974765#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 527207
Fictitious Business Name(s)
DMK Auto Sales, 21366 Mission Blvd., Hayward, CA 94541, County of Alameda
Registrant(s):
Daphne Delos Santos, 21366 Mission Blvd., Hayward, CA 94541
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Daphne Delos Santos
This statement was filed with the County Clerk of Alameda County on February 2, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration of the statement.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/14, 2/21, 2/28, 3/7/17

CNS-2973940#

GOVERNMENT

Notice is hereby given that this is an Online Bid Process; only bids submitted through the online portal will be accepted. Please login or register at <https://e2sourcing.acgov.org/psp/SS/SUPPLIER/ERP/In7tab=DEFAULT>. NON-MANDATORY NETWORKING BIDDERS CONFERENCES for RFQ 901541 Cremation, Inurnment, and Interment Services NORTH COUNTY: Wednesday March 8, 2017 at 10:00 AM General Services Agency Room 1107 11th Floor Oakland, CA 94612 OR remotely – see webpage SOUTH COUNTY: Thursday March 9, 2017 at 2:00 PM San Lorenzo Library San Lorenzo, CA 94580 Response Due by 2:00 PM on April 10, 2017 County Contact: Allison Ocampo at (510) 208-9649 or via email: allison.ocampo@acgov.org. Attendance at Networking Conference is Non-mandatory but highly recommended. Specifications regarding the above may be obtained at the Alameda County GSA Current Contracting Opportunities Internet website at www.acgov.org.
3/7/17

CNS-2981729#

INVITATION TO BID Fabrication of Two (2) Dump Trucks Using F-350 Chassis

The City of Newark invites sealed bids for the fabrication of Two (2) Dump Trucks Using F-350 Chassis , for the City of Newark, Alameda County, California. Sealed bids must be delivered to the City Cashier of the City of Newark at 37101 Newark Boulevard, Newark, California, First Floor Cashier Counter, before 2:00 p.m. on Tuesday, March 14, 2017 . At that time all bids will be publicly opened, examined, and declared. This Project is more specifically defined in the Contract Documents, but generally includes the following: purchase and delivery of two fabricated dump trucks using F-350 chassis. Specifications may be obtained at the City of Newark Public Works Department, 37101 Newark Boulevard (First Floor), Newark, California, or by contacting Charlotte Allison, Administrative Support Specialist at (510) 578-4452. Additionally, for technical questions, a list of plan holders, please contact Tonya Connolly, Project Manager, at (510) 578-4802 or Tonya.Connolly@newark.org. The City reserves the right to reject any or all bids and to waive any minor informalities, irregularities, and/or bid non-responsiveness that does not influence the competitive nature of the bid. The City Council will award the project, if it is awarded, to the lowest responsible bidder as determined by the Total Bid. The City of Newark hereby notifies all bidders that it will affirmatively ensure that in any contract entered into pursuant to this advertisement, disadvantaged business and women owned business enterprises will be afforded full opportunity to submit proposals in response to this invitation and will not be discriminated against on the grounds of race, religious creed, color, national origin, ancestry, physical disability, mental disability, medical condition, genetic information, marital status, sex, gender, gender identity, gender expression, age, sexual orientation, including a perception that the person has any of those characteristics or that the person is associated with a person who has, or is perceived to have, any of those characteristics in consideration for an award. Dated: February 17, 2017 SHEILA HARRINGTON, City Clerk City of Newark, Alameda County, California Publish Dates: Tuesday, February 28, 2017 Tuesday, March 7, 2017
2/28, 3/7/17

CNS-2980630#

NOTICE TO CONTRACTORS REQUEST FOR PROPOSALS PARK AND LANDSCAPE MAINTENANCE SERVICES, PROJECT 1186
The City Council of the City of Newark invites sealed proposals for PARK AND LANDSCAPE MAINTENANCE SERVICES, REQUEST FOR PROPOSALS, PROJECT 1186, City of Newark, Alameda County, California. Sealed proposals must be delivered to the Public Works Department, City of Newark at 37101 Newark Boulevard, First Floor, Newark, California, before 2:30 p.m. on Tuesday, March 14, 2017 . The scope of work is generally described as follows:

Maintain landscaping and irrigation which includes turf, shrubs, groundcover, landscape debris and hard surface areas located at various sites throughout the City of Newark in a healthy and appealing manner.

Irrigation and landscape repair services for turf, trees, shrubs, and groundcover areas located at various sites throughout the City of Newark.

The Request for Proposals (RFP) and specifications for the work may be obtained at the City of Newark's Public Works Department, 37101 Newark Boulevard (First Floor), Newark, California, for a non-refundable fee of \$25.00 per set. Construction plans that in general identify turf and irrigation details to be provided by the Contractor are provided on a Compact Disc. For information regarding obtaining Plans and Specifications or plan holders list please call Charlotte Allison at (510)578-4452 or charlotte.allison@newark.org. For all technical questions, please call Dan Cianciarulo at (510) 578-4812 or e-mail dan.cianciarulo@newark.org. The pre-bid meeting is scheduled for this project. The Contractor shall possess a Class C-27, California Contractor's License and State of California Pesticide Control Operators License at the time bids are submitted. The successful Bidder shall furnish a Performance Bond and a Payment Bond. Items of work in conjunction with this project are included in the bid. As of July 1, 2014, all contractors submitting proposals are required to register with the Department of Industrial Relations (DIR) and to pay the required annual fee. Under California Labor Code section 1771.1, as amended by SB 854, unless registered with the DIR, a contractor may not submit a proposal, nor be listed as a subcontractor, for any bid/proposal submitted for public work on or after March 1, 2015. The contractor will be required to submit certified payrolls during the course of the project. This project is subject to compliance enforcement and monitoring by the State of California Department of Industrial Relations. The City reserves the right to reject any or all proposals and to waive any minor informalities, irregularities, and/or proposal non-responsiveness that does not influence the competitive nature of the proposal. Proposals will be evaluated based on a variety of factors, including, but not limited to, cost of services, composition of Work, Strengthening of staff and management team, financial stability of company and quality of referenced work. This information will be determined from the submitted proposals and subsequent evaluation and negotiation process. After the process is completed, City Council award of contract, if so awarded, will be based on evaluation by City of Newark staff of the above factors. It is the City's intent to award the contract for this work on March 23, 2017. Work on this project is scheduled to begin April 3, 2017. The Contractor shall submit documentation of traffic control training for all personnel on site. The Contractor shall submit standard traffic control plans for City of Newark staff, at 37101 Jarvis Avenue and Cedar Boulevard with the proposal. A letter stating that all traffic control will be set up in accordance with the California Manual on Uniform Traffic Control Devices will be accepted in lieu of typical drawings. Failure to submit traffic control plans or the letter will be cause to reject a bid. The City of Newark hereby notifies all Bidders that it will affirmatively insure that in any contract entered into pursuant to this advertisement, disadvantaged business and women owned business enterprises will be afforded full opportunity to submit proposals in response to this invitation and will not be discriminated against on the grounds of race, religious creed, color, national origin, ancestry, physical disability, mental disability, medical condition, genetic information, marital status, sex, gender, gender identity, gender expression, age, or sexual orientation, including a perception that the person has any of those characteristics or that the person is associated with a person who has, or is perceived to have, any of those characteristics in consideration for an award. Pursuant to Section 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined by the Director of the Department of Industrial Relations of the State of California. These wages are set forth in the General Prevailing Wage Rates for this project. The Contractor and all subcontractors shall pay all their employees performing labor under this Contract, salaries or wages at least equal to the general prevailing wage rates for the particular crafts, classifications, or types of workers employed on this project. These wage rates appear in the latest Department of Industrial Relations publication. Future effective wage rates, which have been predetermined and are on file with the Department of Industrial Relations, are referenced but not printed in said publication, and are available on the internet at www.dir.ca.gov. The contractor will be required to submit certified payroll records during the course of this project. This project is subject to compliance enforcement and monitoring by the State of California Department of Industrial Regulations. Dated: February 23, 2017 SHEILA HARRINGTON, City Clerk City of Newark, Alameda County, California Publish: Tuesday, February 28, 2017 Tuesday, March 7, 2017
2/28, 3/7/17

CNS-2980591#

WASHINGTON TOWNSHIP HEALTH CARE DISTRICT

ORDINANCE NO. 17-01

APPROVING A FORMAL AGREEMENT FOR THE PRIVATE SALE OF THE WASHINGTON TOWNSHIP HEALTH CARE DISTRICT REVENUE BONDS, 2017 SERIES A

WHEREAS, the Board of Directors (the "Board") of the Washington Township Health Care District (the "District"), a local health care district organized and existing under and pursuant to The Local Health Care District Law of the State of California (the "Law"), has determined to issue its Revenue Bonds, 2017 Series A (the "Bonds") in an aggregate principal amount of not to exceed \$46,000,000, pursuant to the Law; and

WHEREAS, the District has determined that financial market conditions and the needs of the District dictate that the Bonds be sold pursuant to private sale; and

WHEREAS, the Law requires the adoption of this Ordinance prior to the sale of Bonds at private sale; and

WHEREAS, there has been presented to this meeting of the Board a form of Bond Purchase Agreement respecting the purchase and sale of the Bonds (the "Bond Purchase Agreement"), to be entered into by and between the District and Merrill Lynch, Pierce, Fenner & Smith Incorporated, formerly doing business under the name Banc of America Securities LLC, as underwriter (the "Underwriter");

NOW, THEREFORE, BE IT ORDAINED by the Board of Directors of the Washington Township Health Care District as follows:

Section 1. The foregoing recitals are true and correct.

Section 2. The formal agreement between the District and the Underwriter, in substantially the form of the Bond Purchase Agreement on file with the Secretary of the Board and presented to this meeting, is hereby approved. The Chief Executive Officer of the District, or her designee, is hereby authorized and directed to approve the final terms of sale of the Bonds and to evidence the District's acceptance of the offer made thereby by executing and delivering the Bond Purchase Agreement in substantially said form, with such changes therein as the officer executing the same may require or approve, such approval to be conclusively evidenced by the execution and delivery thereof; provided, however, that the Bonds shall have a final maturity of no more than 30 years, their true interest cost shall not exceed 6.0% per annum, the principal amount shall not exceed \$46,000,000, and the Underwriter's discount shall not exceed 1.0%.

Section 3. The entering into of the Bond Purchase Agreement and the adoption of this Ordinance shall be subject to referendum as provided by Section 9140 of the Elections Code of the State.

Section 4. The Secretary of this Board is directed to cause this Ordinance to be published once a week for two successive weeks in a newspaper of general circulation within the District, in accordance with Section 9303 of said Elections Code and Section 32321 of the Law.

Section 5. This Ordinance shall take effect thirty (30) days after the date of its adoption.

PASSED AND ADOPTED this 22nd day of February, 2017, at a regular meeting of the Board of Directors of the Washington Township Health Care District conducted at Fremont, California, upon notice duly given, at which a quorum of members of said Board were present and acting throughout, by the following vote:

AYES:
NOES:
ABSENT:

President, Board of Directors, Washington Township Health Care District

Secretary, Board of Directors, Washington Township Health Care District
3/7, 3/14/17

CNS-2975637#

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF PATSY MARGARET LUTTRELL (AKA PATRICIA MARGARET LUTTRELL, PATRICIA M. LUTTRELL)

CASE NO. RP17850111
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Patsy Margaret Luttrell (aka Patricia Margaret Luttrell, Patricia M. Luttrell)

A Petition for Probate has been filed by Patricia Alice Woodall in the Superior Court of California, County of Alameda. The Petition for Probate requests that Patricia Alice Woodall be appointed as personal representative to administer the estate of the decedent. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court on 04/03/2017 at 9:31 am in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Petitioner: Patricia Alice Woodall, 1345 Anacapi Drive, Manteca, CA 95336, Telephone: 209-470-6527
3/7, 3/14, 3/21/17

CNS-2982585#

PUBLIC AUCTION/SALES

NOTICE OF LIEN SALE AT PUBLIC AUCTION
Notice is hereby given that personal property in the following units will be sold at public auction: On the 17th day of March, 2017at or after 1:15pm, pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Thornton, 4833 Thornton Ave, Fremont, CA 94538. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:
Name Unit #Paid Through Date
Teresa HaimowitzC22411/01/2016
Brian SimeB17812/26/2016
Daniel AyonC15612/27/2016
Avert RogersB18912/26/2016
Robert AgorastosC11904/26/2016
Robert AgorastosC11403/30/2016
3/7, 3/14/17

CNS-2982691#

NOTICE OF LIEN SALE AT PUBLIC AUCTION
Notice is hereby given that personal property in the following units will be sold at public auction: on the 17th day of March, 2017 at or after 2:15 pm pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Fremont, 44511 Grimmer Blvd, Fremont, CA 94538. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:
Name Unit #Paid Through Date
Steve Hofmeister234U11/01/2016
Guy Beatty38912/23/2016
Kenia Pacheco34101/05/2017
James Harrington33212/2016
Alfred Applah15401/06/2017
Lorrie Soares14611/17/2016
Matthew Ajake36710/17/2016
Luis Torres38206/03/2016
Paul Delvecchio274U12/1/2016
Debora Townsends246U11/11/2016
Elena OpilasAA8504E1/3/2017
Darrel Frazier227U07/05/2016
Ralph McFerren32801/04/2017
Suzanne Anderson270U12/15/2016
Leah MarcosMM40411/11/2016
Minh Ly Recovery36312/22/2016

3/7, 3/14/17

CNS-2982690#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE TS No. CA-15-691408-CL Order No.: 150277034-CA-VOI NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED TO THE COPY PROVIDED TO THE MORTGAGOR OR TRUSTOR (Pursuant to Cal. Civ. Code 2923.3) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/9/2006, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY. IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): DONNA P. RODRIGUEZ AND CLARENCE RODRIGUEZ, WIFE AND HUSBAND Recorded: 11/16/2006 as Instrument No. 2006426364 of Official Records in the office of the Recorder of ALAMEDA County, California: Date of Sale: 3/14/2017 at 12:00PM Place of Sale: At the Fallon Street Emergency Exit to the County Courthouse, located at 1225 Fallon Street Oakland, California 94612 Amount of unpaid balance and other charges: \$171,792.29 The purported property address is: 40216 BLANCHARD ST, FREMONT, CA 94538 Assessor's Parcel No.: 525-0962-007-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can obtain clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The last date before the sale at which about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 888-988-6736 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com> , using the file number assigned to this foreclosure by the Trustee: CA-15-691408-CL . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 888-988-6736 O r Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-15-691408-CL IDSPub #0122610 2/21/2017 2/28/2017 3/7/2017
2/21, 2/28, 3/7/17

CNS-2975756#

Fremont Police Log

SUBMITTED BY
GENEVA BOSQUES,
FREMONT PD

Thursday, Feb 23

Officer Lastrape and Field Training Officer Gourley investigated a theft reported in the 39100 block of Argonaut Way. The suspect took the victim's wallet from inside the victim's purse which was in a shopping cart. The suspect was described as a black male in his late 40s with missing front teeth, about 5-feet-3-inches tall with a thin build. The suspect's vehicle was a white 4-door Infiniti with paper license plates.

Police officers investigated a residential burglary that occurred at the Durham Green Apartments. A witness reported seeing a woman exit an apartment through a window. The witness was able to get the license plate of the suspect's vehicle and share it with police. The suspect was described as a white female, between 20 and 25-years-old, with long and light-colored hair and wearing blue jeans with an unknown color top. Another suspect with the woman was described as a Hispanic man, between 20 and 25-years-old, heavy set with short buzzed hair at the back of his head, and wearing a dark baseball hat with a dark short-sleeved .The vehicle was de-

scribed as an early 2000s tan-colored 4-door Honda Accord with heavy oxidation on the roof.

At 4:48 a.m. officers responded to a report of an auto burglary on Greenstone Common. Upon arrival, about eight vehicles were found vandalized. All of the vehicles were parked along the south curb line of Pecos Avenue and all had their front passenger windows smashed out. In almost all cases, the glove compartment and center consoles were open, contents were scattered and items were taken.

The reporting party said that she saw two suspects, only described as black men wearing dark clothing, run to an older white 4-door sedan when they were noticed. Officer Burch handled the investigation.

Friday, Feb 24

Community Service Officer Romero investigated a report of a commercial burglary at a mausoleum in the 41000 block of Chapel Way.

Community Service Officer Anders investigated several auto burglaries in the 34500 block of Bluestone Common (in the same city block as the eight auto burglaries reported in the previous midnight shift). Video from a resident shows two suspects described as light-skinned black men in their 20s.

Sunday, Feb 26

Officers R. Smith and Singh were dispatched to investigate a suspicious vehicle near Willowood/Deadwood. The caller told dispatchers there was a man sleeping in a blue Honda Civic.

The man was still asleep in the driver's seat when the officers arrived. Officer Smith verified the vehicle identification number on the car did not match the license plate. The man was awakened and arrested on a warrant, and additionally was found to be in possession of stolen property and burglary tools.

Monday, Feb 27

At approximately 11 a.m. a man wearing a surgical mask and gloves entered Hallers Pharmacy at Fremont and Peralta boulevards and showed the pharmacist a note on his phone stating "no one would be hurt if he was given cough syrup with promethazine." The clerk gave the suspect three bottles and the suspect left the store on foot with no further incident. The suspect was described as an Asian man.

At approximately 12:52 p.m., patrol units were sent to the Motel 6 on Fremont Boulevard in North Fremont after an employee reported seeing blood in a room and an unresponsive person on the bed. While units were responding, the reporting party added that there was a woman in the room yelling at the man to get up. Once police arrived, they determined that the man had cut himself accidentally on some glass from a window he had broken while arguing with motel staff. The man was treated at the scene for his cuts and the case was documented by Officer Collins and supervised by Sgt. Lawrence.

Coffee with a cop

SUBMITTED BY MARY FABIAN

You don't have to be a coffee drinker to attend a "Coffee with a Cop" meeting in Hayward. Representatives from the Hayward Police Department will be at Starbucks Coffee on Industrial Boulevard on Thursday, March 16 to meet and greet local residents. There's no formal program so people can drop anytime during the meeting to ask questions and voice concerns or even share compliments with local police officers.

Coffee with a Cop

Thursday, March 16

9 a.m. – 11 a.m.

Starbuck's Coffee

25945 Industrial Blvd., Hayward

(510) 293-1043

COMMUNITY BULLETIN BOARD

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\$50/Year

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Shout out to your community

Our readers can post information including:

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Garage sales
Group meetings
Lost and found

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The “NO” List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

Tri-City Bike Park
Community group of mountain bikers and BMX bikers.

Come enjoy this activity for adults, teens and toddlers. Help us get this park built! www.newarkparks.org

Let’s Do Lunch! Volunteer for LIFE ElderCare – Meals on Wheels Mon – Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@fremont.gov www.LifeElderCare.org	ABWA-Pathfinder Chap. American Business Women’s Assoc. provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. Spin A Yarn Rest. (Fremont): 6:30-9:00 pm Call Harriet 510-793-7465 www.abwa-pathfinder.org	The 23rd Annual Juried Photo Exhibit co-sponsored by Fremont Cultural Arts Council & The Fremont Photographic Society • Photo submission April 7-9 at FCAC offices • Winners reception April 29th • Photos displayed in Fremont library to June 3rd http://fremontculturalartscouncil.org under ‘Events’ for detail & rules.		
League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible		FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont All are welcome, come join us www.fremontcoinclub.org 510-792-1511		
Make a senior’s life a bit easier Volunteer for LIFE ElderCare – VIP Rides Drive seniors to appts/errands Flexible weekday scheduling Call Valerie 510-574-2096 vdraeseke@fremont.gov www.LifeElderCare.org		Scholarships for Women! Our Fremont Philanthropic organization, PEO, sponsors scholarships for women entering college, earning another degree, or returning to school after 2 + years. Low interest education loans. www.peocalifornia.org (Apply online for these.) 510-794-6844 for more info		
		Tri-City Society of Model Engineers The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org		First Church of Christ Scientist, Fremont Sunday Service 10am Sunday School 10am Wed. Eve Service 7:30pm Chld Care is available all services. Reading Room Open Tuesday - Wednesday 1-3pm 1351 Driscoll Rd., Fremont 510-656-8161
FREMONT STAMP CLUB SINCE 1978 Meets 2nd Thurs. each month 7pm Cultural Arts Center 3375 Country Dr., Fremont Everyone is welcome. Beginners to Advanced. For questions or more information: www.fremontstampclub.org/ or call Dave: 510-487-5288		F.U.N. (Fremont, Union City, Newark) PROGRESSIVES Join us for pizza and politics Bronco Billy’s Pizza 41200 Blacow Road Fremont Most meetings 6pm - third Sun of the month. For Info Visit our website: www.funprogressives.com Contact us at: funprogressives@gmail.com	FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport Various Saturdays www.vaa29.org Email for more information youngeagles29@aol.com	East Bay Self Employment Association Calling all Unemployed and Retired, Men & Women, for FREE COUNSELING one to one, on alternate self employment. Call : 408-306-0827
Mission Peak Fly Anglers Fishing Club Meets 4th Wed. each month @7pm - Silliman Aquatic Center 680 Mowry Ave., Newark Call Steve 510-461-3431 or 510-792-8291 for more information www.missionpeakflyanglers.org	Fremont Cribbage Club teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email:Accgr43@gmail.com American Cribbage Congress www.cribbage.org	New Dimension Chorus Men’s 4 Part Vocal Harmony In the “Barbershop” style Thursdays at 7pm Calvary Luther Church 17200 Via Magdalena SanLorenzo Contact: ndchorus.org 510-332-2481	FLEA MARKET SAT. APRIL 8 9AM-3PM Hayward Veterans Bldg. 22737 Main St., Hayward Hosted by: American Legion Auxiliary for more info contact Elizabeth Parshall 510-749-9733 Email: anlizabeth@juno.com	Start Your Own Business with only \$200 East Bay Self Employment Assoc Calling all unemployed, including able bodies or disabled, retired, men & women for “FREE COUNSELING” One to One, How to start your small business Call 408-306-0827
	2017 Walk to Cure Arthritis - Tri-Valley Saturday, May 6th at LifeStyleRx 1119 E. Stanley Blvd., Livermore Registration begins at 8:00 a.m. Walk begins at 10:00 a.m. 1 or 3 mile options, Post-Walk BBQ, Expo, Raffle Prizes, Kids Zone, Canine Corner For more information & to register Visit www.walktocurearthritis.org/TriValley or Call (415) 356-1230	The Friendship Force of the San Francisco Bay Area Experience a country and its culture with local hosts, meet global visitors here. Travel to Japan in 2017. World Friendship Day 2/26/16. Many Bay Area social activities www.ffsba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857	SONS OF ITALY Social Club for Italians And Friends 1st Friday of month (No meetings July/Aug/Dec) 5:30 social hour 6:30 potluck dinner (\$5) Newark Pavilion - Bld. 2 (Thornton Blvd. & Cherry Blvd., Newark) Info: Gina 510-943-7403 www.giuseppemazzini.org	Little Lamb Preschool Open House Sat. March 4 Drop-in Between 1-4pm Free Ice Cream Meet the Teachers Visit the Classrooms Registration Info Available www.littlelambpreschoolbcc.org
SAVE’s Domestic Violence Support Groups FREE, compassionate support Domestic violence survivors Drop-in, no reservations needed Every Tues & Thurs 6:45-8:45 pm Every Friday 9:15 to 11 am 1900 Mowry Avenue, Fremont (510) 574-2250 or 24-hour Hotline (510) 794-6055 www.save-dv.org	SAVE’s Empowerment Ctr. Services FREE for domestic violence survivors.Need support, a place to heal, or referrals? SAVE can help! Advocacy, workshops, counseling & more 24-hour Hotline: (510) 794-6055 Advocate: (510) 574-2256 1900 Mowry Ave., #201,Fremont www.save-dv.org	SAVE’s Restraining Order Clinics Free for domestic violence survivors Seeking protective orders Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday Call SAVE’s 24-hr Hotline (510) 794-6055 for details www.save-dv.org	SENIORS IN SCHOOLS Senior Volunteers are needed to help Newark school children with reading and basic math in their classrooms. If you can volunteer one or more hours a week, you can give a life-long gift of learning to a child. To help CALL Tom 510-656-7413 or email tkfederico@sbcglobal.net	“Neighborhood Village” Non-profit to help people stay in their homes as they age Eden Area Village is developing a non-profit membership group to serve Hayward, Castro Valley & San Lorenzo area. Public outreach meeting held 1st Friday each month - 2pm Hayward City Hall 777 B Street, Hayward
FREE QUALITY INCOME TAX PREPARATION IRS-Certified Tax Preparers \$54,000 or less annual household income. Restrictions may apply Fremont Family Resource Center 39155 Liberty St, Bldg EFGH, Fremont Open: now through April 14, 2017 Wednesday & Thursday: 4 pm - 8 pm Friday: 10 am - 1 pm Call 510-574-2020 for more info	Interested in Taking Off Pounds Sensibly Join our TOPS Support Team Thursdays - 10am 35660 Cedar Blvd., Newark We are a friendly and fun non-profit support group, sharing the same goals. co-ed group ALL are welcome! Contact Shirley at Shirley3163@sbcglobal.net	Fremont Garden Club Join enthusiasts from Tri-City area Meets Feb. - Oct. 3rd Wednesday of the month at various locations Social time: 6:15 pm Presentation: 7-8:30 pm Annual dues: \$30 indi, \$50 couples Call Lynn: 510-604-8206 www.fremontgardenclub.org	A-1 Comm. Housing Svcs 1st Time Home Buyers Workshop Learn the process of homeownership. Saturday, Jan 21, 2017, 10am-1pm or every 3rd Saturday 22693 Hesperian Blvd. #150 Hayward, CA 94541 Please register www.a1chs.org or call 510-674.9227	TCSME Model RR & Niles Depot Museum 6th Annual Open House FREE Family Fun! HO & N Train layouts operating Weekend June 10 & 11 Saturday 10am-5pm Sunday 10am-4pm 37592 Niles Blvd. Fremont http://www.nilesdepot.org Q: bobcz007@comcast.net
FREE QUALITY INCOME TAX PREPARATION IRS-Certified Tax Preparers \$54,000 or less annual household income. Restrictions may apply. New Haven Adult School 600 G Street, Union City Saturdays: now through April 15, 2017 10 am – 1:30 pm (Closed Mar 4) Walk-in and self-prep services available Call 510-574-2020 for more info	SparkPoint Financial Servicesfor Low-Income Residents FREE financial services & coaching. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center To register, call 574-2020. Fremont.gov/SparkPointFRC	Attend Free Classes Become A Travel Trainer & teach others how to travel at wholesale Prices. Tax Benefits & Free Health Care Reserve your seating. Arleen 510 695 7278 insidertravel4u@gmail.com	Soiree Seniors For People Over 60 Many Activities Potluck Dinners, Dancing, TGIF’s, Birthdays and more Call Dianne for information (510) 581-9008	CRAB FEED on Sat. March 11, 5-11pm at Holy Spirit Church 37588 Fremont Blvd., Fremont Dinner, Dancing, Raffles & more! Proceeds support Athletic Programs at American High School For tickets call 510-206-7872 or http://ahs-fusd-ca.schoolloop.com/crabfeed

Newark Police Log

SUBMITTED BY
CMDR. MIKE CARROLL,
NEWARK PD

Friday, Feb 24

At 4:10 p.m. Officer Fredstrom investigated a hit and run collision that occurred in the Home Depot parking lot, 5401 Thornton Avenue. No injuries were reported.

At 4:12 p.m. Officer Johnson investigated an auto burglary at the Comfort Inn, 5977 Mowry Avenue. Two windows were smashed. Taken was a computer and tools.

Saturday, Feb 25

At 2:07 p.m. Officer Taylor contacted and arrested a 25-year-old transient male on suspicion of

shoplifting at the Big Lots store, 5435 Thornton Ave. Store employees reported that they saw the suspect stealing merchandise. When contacted by Officer Taylor the man was in possession of Big Lots merchandise. The man was booked into Santa Rita Jail.

Tuesday, Feb 28

At 9:50 a.m. Officer Ackerman investigated a report of a residential burglary on the 36300 block of Darvon Street. Entrance to the home was made through an unlocked bathroom window. Taken was jewelry valued at \$1,500.

Wednesday, March 1

At 6:07 p.m. Officer Mapes responded to a disturbance at In-N-Out Liquors, 5401 Cedar Boulevard. Mapes met two Fremont men, ages, 22 and 28, and arrested them on suspicion of public intoxication. Both men were booked into the Fremont jail.

Union City Police Log

SUBMITTED BY LT. MATIAS PARDO,
UNION CITY PD

Tuesday, Feb 21

At around 3 p.m. Officer Alberto was dispatched to Kennedy Park on the report of an attempted robbery. The victim said he was crossing the street, when a suspect approached him and tried to engage in conversation. The victim started running to the park, and the suspect chased after him and unsuccessfully tried to snatch the backpack off the victim's

back. The suspect was described as a Hispanic male, about 24 years old, 5 –feet-10-inches tall and about weighing about 140 pounds, with short black hair and a goatee.

Wednesday, Feb 22

At around noon Officer Valdehueza was dispatched to the 34800 block of 11th Street on the report of a robbery. A suspect pointed a knife at the victim and demanded his shoes, phone and watch, then fled in a waiting vehicle. The suspect was described as a Hispanic male, between 16 and 20-years-old, about 6-feet tall and weighing about 150 pounds. The suspect's vehicle was described as a white 1997-2001 Nissan Maxima.

It's all good: Any exercise cuts risk of death, study finds

BY MARILYNN MARCHIONE, ASSOCIATED PRESS

Weekend warriors, take a victory lap. People who pack their workouts into one or two sessions a week lower their risk of dying over roughly the next decade nearly as much as people who exercise more often, new research suggests.

Even people who get less exercise than recommended have less risk than folks who don't break a sweat at all.

"If someone is completely inactive, the best thing they can do is even getting out and taking a walk," said Hannah Arem, a health researcher at George Washington University. For people who think they don't have enough time for small amounts of exercise to matter, the results are "encouraging or perhaps motivating," she said.

She had no role in the study, but wrote a commentary published with the results Monday in JAMA Internal Medicine.

Here are some things to know.

HOW MUCH EXERCISE DO WE NEED?

U.S. and global guidelines call for 150 minutes of moderate or 75 minutes of vigorous exercise each week, ideally spread out so you get some on most days.

That's based on many previous studies suggesting a host of benefits beyond the risk of premature death that this study measured.

HOW THE STUDY WAS DONE

Researchers at Loughborough University in England used surveys by trained interviewers on nearly 64,000 adults in England and Scotland from 1994 to 2008. By last year, 8,802 had died.

Participants were grouped according to how much exercise they said they got the preceding month:

Inactive (no leisure time exercise), 63 percent.

Regular exercisers (meet the guidelines), 11 percent.

Weekend warriors (get the recommended weekly amount but in one or two sessions), 4 percent.

Insufficiently active (get less than the recommended weekly amount), 22 percent.

RESULTS

The risk of dying was about 30 percent lower in weekend warriors and insufficient exercisers versus those who were inactive. Regular exercisers lowered their risk a little more, by 35 percent.

Any amount of activity helped cut the risk of dying of heart disease by about 40 percent, compared to being a couch potato.

DOES THIS MEAN THE GUIDELINES ARE BUNK?

No, independent experts say. Exercise has many other benefits such as helping to prevent dementia, depression, high blood pressure, unhealthy sleep patterns and diabetes. Some of these effects are short-lived, so exercising more often gives more of them, Arem said.

"I don't know that we're ready to say, based on this study, that people shouldn't try to exercise more than that if they can," said Dr. Daniel Rader, preventive cardiology chief at the University of Pennsylvania. "People who exercise more regularly report that they feel like they have a better quality of life," among other benefits, he said.

Still, the results are "quite fascinating and a bit surprising" on the "dose" of exercise needed for benefit, Rader said. "Even if you only have time to do something once a week, this study would suggest it's still worth doing."

CAVEATS TO THE STUDY

More than 90 percent of the participants were white, so results may differ in other racial or ethnic groups. Exercise was only assessed at the start of the study and could have changed over time.

The biggest limitation is that observational studies like this can only suggest exercise and health risks may be related; they cannot prove the point

Widow says respect eludes mural of comedian

Rodney Dangerfield

ASSOCIATED PRESS

Rodney Dangerfield made a career out of getting "no respect." His widow contends he's not getting much in death, either.

NY1 television reports that Joan Dangerfield doesn't think a mural in his old New York City neighborhood does him justice. Artist Francesca Robicci painted the mural last year in Queens, working from a photo provided by Dangerfield.

Dangerfield also donated \$1,000 toward the project, which was commissioned by a community group. A letter from her lawyer calls the image "less-than-flattering" and says Rodney Dangerfield "deserves nothing but the highest respect."

The artist says she worked for free and is heartbroken but is willing to return to New York City from Italy to do some cosmetic work.

Residents were divided on the comedic controversy.

"I think you could have softened it," Gillian Archer said. "Nobody likes a double chin."

Flynn McLean thinks the mural should stay.

"I would not want to see that mural removed just because it's not the most flattering" likeness, said McLean, who added that Dangerfield "wasn't the best-looking guy in the world."

The comedian, who died in 2004 at 82, obviously could not be reached for comment. But his handdog shtick still runs amok on the website Rodney.com.

"I tell ya when I was a kid, I got no respect," says one of his famously self-deprecating jokes posted there. "My old man took me to a freak show. They said, 'Get the kid out, he's distracting from the show.'"

There on the website is a big picture of Dangerfield, looking a little bug-eyed and -- truth be told -- double-chinned. It's next to this apropos adage:

"A Life of No Respect Lives On."

LETTER TO THE EDITOR

Rowell Rodeo includes abusive events

The annual May Rowell Ranch Rodeo in Castro Valley once boasted one of the more progressive animal welfare policies in the country. Today, not so much. The ranch is owned and operated by the Hayward Area Rec & Park District (HARD). Two abusive (and non-sanctioned) events need to be dropped from the rodeo program: the "wild cow milking contest" and the children's "mutton busting" event.

In the former, two cowboys manhandle a mother cow into submission and attempt to milk a few drops into a bottle. At the 2014 rodeo a panicky cow jumped the fence and broke her neck, leaving an orphaned calf. (See YouTube videos.)

In the "mutton busting" event, children ages four-to-seven are coerced into riding terrified sheep, putting all at risk, the kids often in tears.

What a terrible message to send to impressionable youngsters about the proper treatment of animals! This event has been banned in New Zealand, per the recommendation of the NZ Veterinary Association, which deemed the sheep not built to carry the weight. (Again, see YouTube videos.)

How you can help: A HARD How You Can Help subcommittee (board members Minane Jameson and Lou Andrade) will consider these issues at a public hearing on Wednesday, March 22 at 7 p.m. at the HARD office, 1099 E Street, Hayward. The public is urged to attend.

Send support letters to above address, or email Paul McCreary, General Manager, and the Board of Directors via email at mccp@haywardrec.org.

**Eric Mills, coordinator
Action for Animals**

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Fremont News Briefs

BY CHERYL GOLDEN

Top teams in “Kilowatt Smackdown” competition

Last month, the City of Fremont was proud to recognize 17 high school students for their efforts in “Kilowatt Smackdown,” an energy savings program sponsored in partnership with the nonprofit organization Green Impact Campaign (GIC) and organized by Mission San Jose High School student Anika Sharma.

Through the program, Fremont high school students visited local businesses to conduct energy assessments and identify energy saving opportunities. The students formed teams, competing to complete the most energy assessments. GIC provided the students with the training and tools they needed to complete the assessments; students gained real world leadership skills to create a more sustainable environment. Business owners were provided with customized savings reports, referrals to utility rebates, and information on how to become a certified Bay Area Green Business. In addition, the top teams earned prizes, and all participants earned official certificates and service hours for their schools.

Between October 2 and November 23, 2016, students assessed a total of 481 local businesses. Savings identified through the assessments include 3,162,000 kilowatts of energy, 260,000 gallons of water, and \$637,000 in utility bill reductions.

Top student teams were: Life Hertz (226 assessments): Students Hubert Chen, Christopher Ho, Vivian Lin, and Clayton Tran from Washington High School Winner of \$1,000 scholarship (sponsored by City of Fremont) and Tesla-branded apparel

Team Watts Up (210 assessments): Students Neeti Dhomsa, Nikki Sisodia, and Thiviya Sri Indran from Mission San Jose High School Winner of \$500 scholarship (sponsored by Opterra Energy Services) and Tesla-branded apparel

Team Adventure (28 assessments): Students Shriya Rana, Sahana Sridhar, and Sachi Tolani from Mission San Jose High School Winner of \$250 scholarship (sponsored by California Environmental Solutions, LLC) and Tesla-branded apparel

“The City would like to congratulate the winning teams and thank all of the students who participated in the Kilowatt Smackdown competition. Assessing nearly 500 businesses within just a seven-week time period was an amazing feat, demonstrating the considerable impact that motivated Fremont youth can have on our climate,” said City of Fremont Sustainability Coordinator Rachel DiFranco. “I look forward to seeing additional student-driven sustainability initiatives such as these in the future, and encourage all Fremont residents to act on climate by visiting Fremont.gov/GreenChallenge.”

The Road to Zero: Vision Zero

2016 Accomplishments

Fremont Vision Zero 2020 has wrapped up Year 1 of its four-year initiative to eliminate traffic fatalities and reduce severe injuries caused by traffic collisions to zero by 2020. In 2016, the rate of fatalities caused by traffic collisions was reduced by 50 percent and severe injuries by 32 percent in Fremont.

Highlights of Vision Zero 2016 Accomplishments include:

1. Brightened citywide streetlights with LED for better night?time visibility.
2. Retrofitted all traffic signals citywide with pedestrian countdown timers to display the amount of time remaining to cross the street.

3. Focused enforcement efforts on top primary collision factors—speeding and DUIs.
4. Built better bikeways—added more buffered lanes, striped the first green bike lanes, and installed the first protected bikeway in Fremont.
5. Rapidly responded to “hot spot” safety issues (Grimmer curve, Niles stop sign, Starr speed lumps, Paseo Padre Parkway stop signs, Fremont Boulevard/Old Warm Springs signal).
6. Constructed new multi-modal streetscapes which enhanced pedestrian and bicycle paths (Capitol Avenue, Warm Springs Boulevard)
7. Installed speed lumps to slow down speeding in priority neighborhood locations.
8. Reduced commuter traffic through neighborhoods by implementing turn restrictions and partnering with WAZE (a community-based traffic and navigation app) to eliminate navigation cut-through routes.
9. Robust community engagement through presence at community events, use of social media, educational videos, and presentations to community groups.
10. Partnered with Girls Scouts volunteer who received over 2000+ pledges for “Don’t Drive Distracted” campaign.
11. Coordinated “Look for Safety” street marking safety campaign at crosswalks to remind walkers to “Look” before crossing the street.
12. Prepared educational messages and videos to showcase on the City’s website, Channel 27 Government Channel, and social media channels.
13. Completed school access safety assessments to identify improvements that will encourage students to walk and bike to school and improve overall school traffic operations (expanded partnership with Fremont Unified School District).
14. Adopted new Pedestrian Master Plan with safety improvement goals.
15. Gained recognition for safety leadership through local/national media outlets and

U.S. Department of Transportation Mayor’s Challenge.

For more information about the initiative, visit www.Fremont.gov/VisionZero2020.

Apply to be a City of Fremont Commissioner or Advisory Board Member

Looking for a way to make a difference in the community? Consider serving as a commissioner or an advisory board member! The City of Fremont currently has vacancies on its Environmental Sustainability Commission, Library Advisory Commission, and Senior Citizens Commission.

Current boards and commission vacancies include the following:

Environmental Sustainability Commission – One vacancy. (Business Community Representative) Term to expire December 31, 2020.

Library Advisory Commission – One vacancy. Term to expire December 31, 2018.

Senior Citizens Commission – One vacancy. Term to expire December 31, 2020.

To download an Advisory Body application, visit www.Fremont.gov/Boardsand-Commissions and review the Resources section at the bottom of the page. You may also obtain an application from the City Clerk’s Office at 3300 Capitol Ave, Building A. Please note that the City Clerk’s Office accepts applications throughout the year, not just when there are vacancies. For more information call 510-284-4060.

Applications are kept on file through the end of the calendar year and are reviewed by the Mayor and Council when a vacancy occurs. A current list of applicants is established each year. Applications may be submitted to the City Clerk at any time between January 1 and December 31. These applications may be considered for various vacancies throughout the year; however, on December 31, any

Women in Business - Learn from Successful Bay Area CEOs

A panel of four Bay Area businesswomen will share their experiences in the corporate world at an upcoming seminar on March 20. Attend this interactive discussion and hear from women who are entrepreneurs starting a business, growing a startup into a multi-million-dollar company, or having a leadership role at a Fortune 500 company. These CEOs will discuss what they learned that can help you launch and manage a thriving business.

The seminar will be held on Monday, March 20, from 1 p.m. to 3 p.m. at the Fremont Main Library, located at 2450 Stevenson Blvd. in Fremont. Workshop sponsors include the City of Fremont, Fremont Chamber of Commerce, and the Fremont Main Library.

For more information or to register for this free business seminar, visit www.acsbdc.org/node/21862. For questions, please contact the Alameda County Small Business Development Center (SBDC) at 510-208-0410.

Fremont Senior Center to Offer Tax Assistance for Seniors

The Fremont Senior Center is a welcoming community for local seniors to gather, learn, and simply enjoy life through a full range of social and health services, leisure activities, and events. If you are a senior in need of help with your taxes, stop by the Senior Center. AARP Tax Aide volunteers will be on hand Tuesdays and Thursdays through Thursday, April 14 to help seniors with their 2016 Federal and State Income Tax Returns. Call the Fremont Senior Center at 510-790-6600 to schedule your appointment.

The Robot Report

BY FRANK TOBE

Three hundred drones flashed their colored lights and created a flying American flag as Lady Gaga sang a blend of “God Bless America” and “This Land Is Your Land” to 160 million viewers of this year’s Super Bowl on Feb. 5. Oh... and two football teams played into overtime and the final score was 34 to 28.

Intel, Disney and ARS Electronica were all involved in the development of the drones, software and content. But because of restrictions by the FAA, the drones didn’t actually perform during the Super Bowl half-time show. They were actually filmed earlier and sync’d into Lady Gaga’s song as background, and appeared on all the monitors as though they were really there overhead.

All the tech media seemed to be in a huff because of the FAA restriction, but the spectacular effect of 300 drones creating America’s red, white and blue flag (and, in a 10-second ad after the game, the Pepsi and Intel logos as well), was reason enough to review the details of how it all worked and who did it.

The “Shooting Star” drones by Intel are a foot across and weigh just eight ounces to soften impacts. Each is equipped with a special LED that can produce four billion color combinations.

The performance was coordinated by a central computer that can do unlimited UAV animations in three dimensions. Intel recently set a world record by flying 500 of them together and said “we hope this experience inspires other creatives, artists and innovators to really think about how they can incorporate drone technology in new ways.”

The sophisticated algorithms even check the battery levels and assign lesser roles to weaker drones — if one



Photo caption: Drones flashing colored lights formed a flying American flag as Lady Gaga sang at this year’s Super Bowl.

should drop out, a reserve unit automatically takes its place within a few seconds.

For more information, visit www.robotreport.com.

Pet squirrel guards home against burglary

ASSOCIATED PRESS

A pet squirrel named Joey prevented a burglary attempt in Idaho last week by scratching the teen suspect when he tried to break into a gun safe, police said.

The unidentified teenager told officers that the squirrel’s attack

“scared him, obviously, because he wasn’t expecting to have, you know, a squirrel come flying out of nowhere at him,” said Officer Ashley Turner of the police department in Meridian, a Boise suburb. “So basically he said he took what he could and left as fast as he could.”

The squirrel’s owner, Adam Pearl, said Joey has lived in his house for about six months after he was found in a flower garden by a friend’s daughter when he was about a week old.

He said Joey’s eyes were still closed, and they set an alarm to feed him every two hours.

“His temperament is kind of like a cat,” Pearl said. “When he wants attention, he’ll run up to you and climb up your leg.”

Joey eats nuts and greens, and spinach is his favorite. He buries some of the nuts in houseplants inside Pearl’s house and uses a litterbox.

“He trained himself,” Pearl said. Joey’s reward for his vigilance were Whoppers, the squirrel’s favorite candy.

Pearl had planned to release Joey into his backyard in the spring.

“But now, I don’t know,” he said. “I’m kind of torn.”

Park It

BY NED MACKAY

Johnny Appleseed Day

Johnny Appleseed isn’t just a figment of American folklore; he was an actual person. His real name was John Chapman. Born in 1774 in Pennsylvania, he became a pioneer nurseryman as an adult, establishing apple tree nurseries in Pennsylvania, Ohio, Indiana and other states. He was also a missionary for the Swedenborgian Church. According to contemporary accounts he lived a very simple life, often sleeping in the woods or receiving a night’s lodging with farmers in exchange for his storytelling and proselytizing.

Ardenwood Historic Farm in Fremont will celebrate his life during Johnny Appleseed Day, from 11 a.m. to 3 p.m. on Sunday, March 12, organized by naturalist Christina Garcia.

It’s a chance to learn more

about Johnny, the history of apple cultivation, and taste a variety of delicious apples. Other activities will include tree planting, apple cider pressing, and crafts for kids.

Ardenwood is located at 34600 Ardenwood Boulevard, just north of Highway 84. Admission is \$3 for adults and seniors, \$2 for children ages 4 through 17. Parking is free. For information, call 510-544-2797.

Family friendly “Discovery Days” are from 10:30 a.m. to 3:30 p.m. every Saturday and Sunday in and around the visitor center at Coyote Hills Regional Park in Fremont. There’s always a presentation at 10:30 a.m. on the topic of the week, but you can drop in any time for nature exploration and crafts.

The Coyote Hills naturalists also will conduct tours of the park’s reconstructed 2,000-year-old Ohlone Indian village site from 10 a.m. to noon and 1:30 to 3:30 p.m. on Saturday,

March 11, and Sundays, March 19 and April 16. It’s a half-mile walk through marshland to see a shade structure, pit house and sweat house. Coyote Hills is located at the end of Patterson Ranch Road off Paseo Padre Parkway. The activities are free; there’s a parking fee of \$5 per vehicle. For information, call 510-544-3220.

Crab Cove Visitor Center in Alameda will celebrate fishing in San Francisco Bay with a **“Catch of the Day” cavalcade from 11 a.m. to 6 p.m. on Saturday, March 11.** There will be a behind the scenes aquarium tour from 11 to 11:45 a.m., a fishing clinic from noon to 3 p.m. (gear provided), fish cooking demonstrations in the afternoon, family nature fun from 2 to 3 p.m., fish feeding at the aquarium from 3 to 3:30 p.m., and a low tide walk from 4:30 to 6 p.m.

Crab Cove is located at the bay end of McKay Avenue off Alameda’s Central Avenue. There’s limited parking at the visitor center, and more parking at the Crown Beach lot at Westline and Otis Drives. Both cost \$5 per vehicle when the kiosk is attended. For informa-

tion, call 510-544-3187.

All sorts of activities are scheduled during the March 11-12 weekend at the Environmental Education Center in Tilden Nature Area near Berkeley. Here’s a rundown: Interpretive student aide Sharona Kleinman will help visitors to **create their own rain sticks in a program from 1 to 2 p.m. on Saturday.** She’ll offer water conservation tips, too.

Tiny wildlife will be collected and put under the microscope in a program from 2 to 3:30 p.m. Saturday, in a program led by naturalist Trent Pearce.

From 10:30 a.m. to 12:30 p.m. on Sunday, naturalist “Trail Gail” Broesder will lead an ascent of Wildcat Peak. Bring a snack and water for the climb from the center to the summit for panoramic views.

Gail also will lead an easier walk from 2 to 3 p.m. Sunday, a stroll from the center to Jewel Lake in search of local wildlife.

You can take in a recycling puppet show at the center from 1 to 2 p.m. Sunday, featuring Sharona and Dante the Dragon.

The center is located at the north end of Tilden’s Central Park Drive, which you can reach via Canon Drive from Grizzly Peak Boulevard in Berkeley. For information, call 510-544-2233.

Miners and their tools are the topic of a program from 11 a.m. to 12:30 p.m. Saturday, March 11 at Black Diamond Mines Regional Preserve, hosted by naturalist Virginia Delgado.

It’s all about historic mine openings, shafts, portals, and how 19th century miners dug hundreds of miles of tunnels using early technology.

From 1 to 3 p.m. on Sunday, March 12, there’s a two-to-three-mile hike in search of early season wildflowers, led by interpretive student aide Ricardo Black. Rain cancels the walk.

Both programs are for ages seven and older. Both start in the parking lot at the upper end of Somersville Road, 3-and-a-half miles south of Highway 4 in Antioch. For information, call 888-327-2757, ext. 2750.

There are lots of other programs planned this spring in the regional parks. You can find out more by visiting the district website at www.ebparks.org.

Dwarf Planets: What are they?

BY LINDA HERMANS-KILLAM

By the name, you might think that a dwarf planet is just a small planet. But that’s not quite true!

Like planets, dwarf planets have a rounded shape and orbit our sun. They don’t orbit anything other than the sun, so they’re not moons. However, there is one major difference between planets and dwarf planets: dwarf planets have not cleared other objects out of their orbits. This means they share their orbits with other things, such as asteroids. They don’t have enough mass to knock these objects out of the way.

So far, there are five known dwarf planets in our solar system: Ceres, Pluto, Haumea, Makemake, and Eris.

The smallest and closest to Earth is Ceres. It’s the largest object in the asteroid belt, which lies between Mars and Jupiter. In 2015, NASA’s Dawn mission went into orbit around Ceres. It took many thousands of photos and mapped the dwarf planet’s surface. Ceres is made up of rock and ice and salt. It is the only known dwarf planet without a moon.

Pluto is the largest dwarf planet and has five known moons. However, it is only about two-thirds the diameter of our moon. In 2015 NASA’s New Horizons mission traveled over three billion miles to reach Pluto. It took thousands of images of Pluto’s surface and studied its composition. We discovered that Pluto is a fascinating world, covered with mountains and craters. It also has ice and a huge glacier made of nitrogen.

Far beyond Pluto lie the dwarf planets Haumea, Makemake, and Eris. They are so far away and were discovered so recently that no spacecraft has visited them yet.

Haumea is shaped like an egg and rotates very fast. It spins around once every four hours. Haumea has two known moons. Astronomers think it is made of rock with a covering of ice. It is about 60 percent the size of Pluto. Makemake is close to the size of Haumea, but round in shape. Recently NASA’s Hubble Space Telescope discovered a moon orbiting Makemake.

Eris is just a tiny bit smaller than Pluto but it is more massive. It’s the most massive and farthest of the known dwarf planets. Eris is 68 times as far from the sun as Earth is. It is so far away that it takes 556 Earth years to orbit the sun. Eris has one known moon.

There is still very much to learn about these distant worlds. And there probably are many more yet to be discovered!

Learn more about dwarf planet Pluto at the NASA Space Place: <https://spaceplace.nasa.gov/ice-dwarf>

2017 Brings Changes to “Full Retirement Age”

BY MARIAELENA LEMUS, SOCIAL SECURITY PUBLIC AFFAIRS SPECIALIST IN SAN JOSE

Every worker’s dream is having a secure retirement to enjoy the fruits of their labor. Social Security is here to help you secure today and tomorrow. Part of that commitment is ensuring you have the most up-to-date information when you make your retirement decisions.

“Full retirement age” refers to the age when a person can claim their Social Security benefits without any reduction, even if they are still working part or full time. In other words, you don’t actually need to retire from your work to claim your full benefits. Also note that waiting until you’re 70, if you can, will bring you a higher monthly benefit. The choices you make will affect any benefit your spouse or children can receive on your record, too. If you claim benefits early, it will reduce their potential benefit as well as yours.

As the bells rang in a new year, they also rang in changes in 2017 for people considering claiming Social Security retirement benefits. For people who attain age 62 in 2017 (i.e., those born between January 2, 1955 and January 1, 1956), full retirement age is 66 and two months.

Full retirement age was age 65 for many years. However, due to a law passed by Congress in 1983, it has been gradually increasing, beginning with people born in 1938 or later, until it reaches 67 for people born after 1959.

You can learn more about the full retirement age and find out how to look up your own at www.socialsecurity.gov/planners/retire/retirechart.html.

There are some things you should remember when you’re thinking about retirement.

You may start receiving Social Security benefits as early as age 62 or as late as age 70. The longer you wait, the higher your monthly benefit will be. Your monthly benefits will be reduced permanently if you start them any time before full retirement age. For example, if you start receiving benefits in 2017 at age 62, your monthly benefit amount will be reduced permanently by about 26 percent.

On the other hand, if you wait to start receiving your benefits until after your full retirement age, then your monthly benefits will be permanently increased. The amount of this increase is two-thirds of one percent for each month—or eight percent for each year—that you delay receiving them until you reach age 70.

If you decide to receive benefits before you reach full retirement age, you should also understand how continuing to work can affect your benefits. We may withhold or reduce your benefits if your annual earnings exceed a certain amount. However, every month we withhold or reduce increases your future benefits. That’s because at your full retirement age we will recalculate your benefit amount to give you credit for the months in which we reduced or withheld benefits due to your excess earnings. In effect, it’s as if you hadn’t filed for those months. You can learn more at www.socialsecurity.gov/planners/retire/whileworking.html.

If you pass away, your retirement date can affect the benefit amount your surviving loved ones receive. If you started receiving retirement benefits before full retirement age, we cannot pay the full amount to your survivors. Their benefit amount will be based on your reduced benefits.

You can learn more by visiting our Retirement Planner at www.socialsecurity.gov/planners/retire.

Auriel Bill Named WWPA Player of the Week

Women’s Water Polo

SUBMITTED BY STEVE CONNOLLY
PHOTO COURTESY OF CSUEB

Cal State East Bay freshman Auriel Bill has been selected as the Western Water Polo Association (WWPA) Player of the Week for Feb. 20-26, the conference office announced Thursday, March 2, 2017. Bill led the Pioneers (9-5) to a perfect 5-0 record on the team’s Southern California road trip with a victory at Cal Lutheran, followed by wins over St. Francis College, Siena, Occidental, and Chapman at CLU’s Tina Finali Invitational in Thousand Oaks, Calif.

The rookie for Saskatchewan, Canada tallied 12 goals, 10 assists, nine steals, and seven drawn ejections over the five games. She accounted for seven goals in East Bay’s 9-7 win over Cal Lutheran February 24, scoring



four times and dishing out three assists. Bill then racked up six goals against Occidental on February 26, helping the Pioneers pull away for an 18-8 victory.

Bill has been CSUEB’s best field player halfway through her freshman

season, as she leads the squad with 25 goals, 19 assists, 19 steals, and 44 total points.

Cal State East Bay will return to the pool Saturday, March 11 to host Santa Clara University for a 12 p.m. contest in Pioneer Pool.

SOUTHERN EXPOSURES



Gabriela Lena Frank (composer). Photo by Mariah Tauger.

SUBMITTED BY
VICKILYN HUSSEY

Let the music of South America sweep you away to the Andes, Peru, Argentina and Brazil with Music at the Mission's "Southern Exposures" at Old Mission San Jose. The high-energy program opens with flute tours de force "Miami Flute and Piano Suite" by Miguel de Aguila, followed by Gabriela Lena Frank's folkloric "Sueños de Chambi for Violin and Piano." Then it's off to the streets of Brazil and the tango halls of Buenos Aires as Quinteto Quilombo performs Astor Piazzolla's incendiary tangos and milongas.

"If there is any composer who captures the energy and experience of South America, it is Piazzolla. Combining the classical, jazz and tango worlds into his own fusion style, this is the modern sound of Argentina," said Bill Everett, Music at the Mission Artistic Co-Director.

Miguel de Aguila's three-piece "Miami Flute and Piano Suite," with Rhonda Bradetich (flute) and Aileen Chanco (piano), begins with a lyrical introduction, I. Seduction (rhythm being the seductive element) evoking the style of the Brazilian chôro, giving way to a restless Latin dance. A percussive, almost primal theme becomes increasingly

breathless and intense. II. Silence is slow, nostalgic and introspective with elements from Latin American jazz and tango. It references an absent person, a voice that is no longer heard. III. Milonga concludes the suite with a light, upbeat dance inspired by early Uruguayan milonga (a fast-paced dance that preceded the tango). Here, the milonga rhythm is manipulated into irregular, constantly shifting patterns that drive the piece forward.

"It's great to finally feature music by Bay Area composer Gabriela Lena Frank. She has spent a huge amount of time in the Andes, recording in both folk music and every day life," Everett noted. "While Piazzolla's music captures the urban sound, Gabriela's music documents the rural experience of Peru. It's the perfect combination."

"Sueños de Chambi (Dreams of Chambi) is my musical interpretation of seven photos from Chambi's vast collection of pictures," described Gabriela Lena Frank. "Chambi's desire to integrate his Indian heritage with his artistic talent, his unassuming nature and ease in meeting people regardless of class, caste, or race, and his natural curiosity meant that he avoided exoticizing the inhabitants of the high altiplano of Peru." Ertan Torgul (violin) joins Aileen Chanco (piano) in

this work "incorporating poetry, mythology and native musical styles in a western classical framework."

To those who have been waiting patiently, Everett brought good news: "We are so happy to bring Quinteto Quilombo here for another program. Piazzolla's music has risen in popularity, yet it is fairly rare to hear it in his original state: the quintet of bandoneon, violin, guitar, bass, and piano."

Piazzolla's works demand virtuosity and the members of Quinteto Quilombo – Ertan Torgul (violin), Seth Asarnow (bandoneon), Jeff Massanari (guitar), Aileen Chanco (piano), and Bill Everett (double bass) – deliver it and then some, plus the essential deep passion.

Concert ticket holders are invited to meet the artists at the After-Party Reception sponsored by J. R. Griffin Construction, held at Mission Coffee. Details and tickets are available online, by phone or at the door.

Southern Exposures
Saturday, Mar 11
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8 p.m.: Concert
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(510) 402-1724
info@musicatmsj.org
www.musicatmsj.org
Tickets: \$15 – \$50

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