



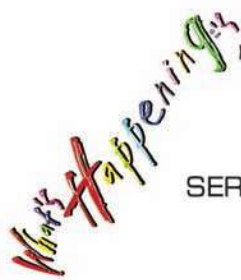
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Unconventional Bible tale shines bright
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Local skating talent contender at U.S. Championships 2018 Winter Olympics hopeful
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January 17, 2017

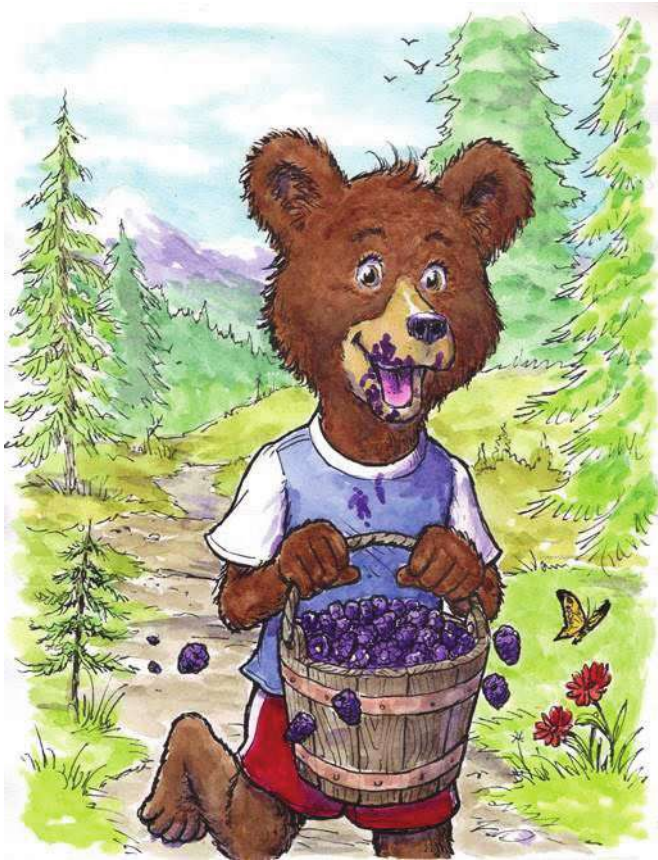
Vol. 15 No. 3

Children's Book Illustrator Show

SUBMITTED BY DORSI DIAZ

The Sun Gallery is pleased to announce the return of its 28th annual "Children's Book Illustrator Exhibit." A local favorite, this fun and whimsical show has delighted young and old alike from around the San Francisco Bay Area for almost 30 years.

The Children's Book Show starts on Thursday, January 19 and runs until Saturday, March 25. A special Artists' Reception and meet and greet will be held on Saturday, February 11.



Children and their families will be treated to face painting, appetizers and beverages – plus a free art class held beforehand in the Gallery's spacious art studio between 11 a.m. – 1 p.m. A coloring table sponsored by author Susan Pach-Koch will be available for families in the main gallery. Besides being a great chance to meet local authors and illustrators, there will also be book signings available throughout the day.

This year's show has a wide variety of topics: "Like Mother, Like Daughter" by illustrator Robert Byrne has a colorful storyline about living with

continued on page 32

Young Prodigies

SUBMITTED BY CARYL DOCKTER

The Fremont Symphony Guild is extremely proud to present a recital by a stunning sibling trio of young prodigies—violinist Dustin (10), cellist Starla (9), and violinist Valery (7) Breshears. These award-winning young artists all study at the San Francisco Conservatory of Music, where they perform regularly as soloists in pre-college division recitals. The three have won numerous competitions and prizes up and down California, and each soloed with a symphony orchestra at the age of six. Valery won the Fremont Symphony's Taghioff Award in last year's Young Artist Competition, and performed the first movement of Mozart's Third Violin Concerto with the Symphony at its May 11 concert. Last July the Trio was presented by the L'Ermitage Foundation in Los Angeles as one of their monthly world-class concert series, and they have been invited for a return appearance next summer. In 2015 the Trio went on a sponsored concert tour in Mexico to raise money and awareness for the Autistic Children in Mexico, gave one or two concerts a day and were broadcast on Mexican television.

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YEAR OF THE ROOSTER: SOMETHING TO CROW ABOUT

ARTICLE AND PHOTOS BY
VICTOR CARVELLAS

January 28 marks the beginning of the Chinese New Year 4714 and the ensuing 15-day Spring Festival. The event is celebrated across the globe wherever large Chinese populations are found, including Mainland China, Hong Kong, Macau, Taiwan, Singapore, Thailand, Cambodia, Indonesia, Malaysia, Vietnam, Mauritius, and the Philippines. Some observations of the holiday give up to a week off from work.

Celebrations traditionally run from the evening preceding the first day to the Lantern Festival on the 15th day of the

first calendar month. The first day of the New Year falls on the new moon between January 21 and February 20. Following the practice of naming years for the succession of animals of the Chinese Zodiac, this is the Year of the Rooster, but it is more accurately the Red Fire Chicken because the stem-branch of the Chinese character is female.

Technically, the Chinese calendar uses not a lunar year, but a lunisolar year; months reflect the lunar cycle, but then intercalary months (e.g. "second Adar" in the Hebrew calendar) are added to bring the calendar year into synchronization with the solar year. Some examples are the Chinese, Hindu, and Thai calendars.

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Young prodigies Dustin (10), Starla (9), and Valery (7) Breshears perform in Fremont January 29

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Washington Hospital Service League Offers Higher Education Scholarships

For today's students, financing college can mean having to cobble together funds from many different sources: loans, subsidized and unsubsidized; part-time work; parental help; and scholarships. Fortunately, the Washington Hospital Service League offers a chance for eligible students residing in the Washington Township Health Care District to receive some much-needed financial assistance.

The Service League awards two four-year scholarships and one one-time scholarship of \$1,000 to students in the Washington Township Health Care District – which includes Fremont, Newark, Union City, and parts of South Hayward and unincorporated Sunol – who are pursuing studies in a health-related field. The scholarships are awarded each year to graduating high school seniors and/or current college students.

By providing scholarships, the Service League hopes to help students with their education and career goals, and in turn they may be able to give back to the community by providing health care to the residents of the Tri-City Area.

Each of the renewable \$1,000 scholarships requires that the student remain in a health-related program. In addition, the student must continuously remain in good standing with a 2.5 GPA or higher. The scholarships are limited to four years each.

To qualify for a Service League scholarship, an applicant must:

- Be a U.S. citizen/permanent resident and reside in the Washington Township Health Care District
- Be age 22 or younger as of Dec. 31, 2017
- Be accepted into an accredited school, college or university offering a bachelor's or higher degree in a health-related field
- Be a full-time student and provide an official high school or college transcript
- Contribute to the community by accruing at least 100 hours of volunteer service or working in a health-related field



Applications for the 2017 Washington Hospital Service League scholarships are now available. The scholarships are due Monday, April 3, 2017. For more information about these scholarships for students pursuing higher education in a health-related field, call the Service League office at (510) 791-3465.

- Provide three letters of recommendation from any of the following: Director of Volunteer Services, employer, counselor/advisor or teacher

Since the scholarship's inception, the Service League has donated more than \$290,000 in scholarship money which has helped more than 120 students fulfill their dreams of going to college.

For more information about this scholarship program, please call the Service League office at (510) 791-3465. The deadline to apply for these scholarships is Monday, April 3, 2017.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	1/17/17	1/18/17	1/19/17	1/20/17	1/21/17	1/22/17	1/23/17
12:00 PM 12:00 AM	Arthritis: Do I Have One of 100 Types?	Strengthen Your Back?	Shingles	Eating for Heart Health by Reducing Sodium	Relieving Back Pain: Know Your Options	Snack Attack	New Treatment Options for Chronic Sinusitis
12:30 PM 12:30 AM		Superbugs: Are We Winning the Germ War?		Pain When You Walk? It Could Be PVD		The Patient's Playbook Community Forum: Getting to the No-Mistake Zone	The Patient's Playbook Community Forum: Getting to the No-Mistake Zone
1:00 PM 1:00 AM	Inside Washington Hospital: Implementing the Lean Management System		Raising Awareness About Stroke		How Healthy Are Your Lungs?		
1:30 PM 1:30 AM	Getting the Most Out of Your Insurance When You Have Diabetes	Family Caregiver Series: Legal & Financial Affairs		Diabetes Matters: Gastroparesis			
2:00 PM 2:00 AM	Learn About Nutrition for a Healthy Life	Washington Township Health Care District Board Meeting December 14, 2016	Good Fats vs. Bad Fats	Washington Township Health Care District Board Meeting December 14, 2016	Family Caregiver Series: Coping as a Caregiver	Dietary Treatment to Treat Celiac Disease	Washington Township Health Care District Board Meeting December 14, 2016
2:30 PM 2:30 AM					Nerve Compression Disorders of the Arm		
3:00 PM 3:00 AM	Family Caregiver Series: How Do You Talk to Your Doctor?		Low Back Pain			Eating for Heart Health & Blood Pressure Control	
3:30 PM 3:30 AM					Diabetes Matters: Insulin: Everything You Want to Know		
4:00 PM 4:00 AM	Your Concerns InHealth: Decisions in End of Life Care	Strengthen Your Back! Learn to Improve Your Back Fitness	Learn More About Kidney Disease	Voices InHealth: Healthy Pregnancy	The Patient's Playbook Community Forum: Getting to the No-Mistake Zone	The Real Impact of Hearing Loss & the Latest Options for Treatment	Sidelines by Back Pain? Get Back in the Game
4:30 PM 4:30 AM	Palliative Care Series: Palliative Care Demystified	The Weigh to Success	Sports Medicine Program: Think Running is a Pain? It Doesn't Have to Be				
5:00 PM 5:00 AM			Diabetes Matters: Understanding Labs to Improve Diabetes Management	Preventive Healthcare Screening for Adults	Not A Superficial Problem: Varicose Veins & Chronic Venous Disease	Prostate Cancer: What You Need to Know	Washington Township Health Care District Board Meeting December 14, 2016
6:00 PM 6:00 AM	Women's Health Conference: Can Lifestyle Reduce the Risk of Cancer?	Sports Medicine Program: Exercise & Injury	Voices InHealth: Demystifying the Radiation Oncology Center				
6:30 PM 6:30 AM	What Are Your Vital Signs Telling You?			Family Caregiver Series: Understanding Healthcare Benefits	Alzheimer's Disease	The Patient's Playbook Community Forum: Getting to the No-Mistake Zone	The Patient's Playbook Community Forum: Getting to the No-Mistake Zone
7:00 PM 7:00 AM		Washington Township Health Care District Board Meeting December 14, 2016	Minimally Invasive Surgery for Lower Back Disorders				
7:30 PM 7:30 AM	Vertigo & Dizziness: What You Need to Know			Diabetes Matters: Ready, Set, Goal Setting	Keys to Healthy Eyes	Diabetes Matters: Healthy or Hoax	Voices InHealth: The Greatest Gift of All
8:00 PM 8:00 AM		Deep Venous Thrombosis	Family Caregiver Series: Panel Discussion				
8:30 PM 8:30 AM	Don't Let Hip Pain Run You Down			Latest Treatments for Cerebral Aneurysms	Learn If You Are at Risk for Liver Disease	Washington Women's Center: Cancer Genetic Counseling	Keeping Your Heart on the Right Beat
9:00 PM 9:00 AM		Family Caregiver Series: Care for the Caregiver	Diabetes Matters: Type 1.5 Diabetes				
9:30 PM 9:30 AM							

Drink, Eat, and Exercise Your Way to a Better Complexion

Good Skin Care Starts with Healthy Habits

Do you want your skin to have that healthy glow? Then get healthy. Turns out the same good habits that improve your health also lead to a better complexion.

“Skin is the largest organ in your body, and like all organs, it functions better when you are healthy,” said Dr. Tam Nguyen, a family physician who specializes in dermatology at Washington Township Medical Foundation’s Nakamura Clinic. “Taking better care of yourself will lead to healthier skin.”

He said the skin is primarily made up of collagen, which is mostly fluid. That’s why hydration is critical to keeping your skin healthy. He recommends drinking plenty of fluids throughout the day, particularly water.

“People have been saying we need eight glasses of water a day since the 60s or 70s, but there is no data that shows how much you should drink,” he added. “The color of your urine is the true test. If it is clear to light yellow, you are getting enough liquids. If it’s darker yellow, you need to drink more water.”

We all know smoking is harmful to our health, but did you know it can also damage your skin? The carbon monoxide in cigarette smoke displaces the oxygen in your skin and nicotine reduces blood flow, leaving skin dry and discolored. If you smoke, you should consider quitting.

“Smoking and sun exposure are the two worst things you can do to your skin,” Dr. Nguyen said. “Together they exponentially increase the aging of your skin. Wearing sunscreen is one of the best things you can do for your skin. You need a broad-spectrum sunscreen that protects against both UVA and UVB rays. UVA protection is for anti-aging and UVB protection is to prevent skin cancer. SPF 30 is the best. It’s also important to keep your skin hydrated with moisturizers, particularly if you wash your hands often. A good rule of thumb for moisturizers is the greasier, the better.”

He recommends prescription retinol cream for those who really want to slow down the aging process. Retinol is an anti-wrinkle cream that can be applied to the face at night.

Nutrition and Exercise

What you eat plays a key role in your health and your complexion, according to Dr. Nguyen. He said it’s not only important to eat nutrient-rich foods to promote healthy skin, you also need to stay away from highly processed foods that contain a lot of sugar, salt and trans fats.

“Junk food can actually damage your skin,” he added. “The oxidants can break down the skin barrier and change the color of your skin.”

It’s important to eat a diet that includes plenty of fruits and vegetables, lean protein, and nuts and seeds. Dr. Nguyen said these foods contain the nutrients your skin needs to stay healthy, particularly antioxidants like beta-carotene and vitamins C, E, A, and B complex, including B6 and B12.

Antioxidants can curb the damage caused by unstable molecules known as free radicals, he explained. These molecules can harm skin cells and cause signs of aging. Antioxidants are mostly found in fruits and vegetables. You should aim for as much variety and color as possible, he said.

B6 and B12 are mostly found in animal protein such as lean meats and fish, as well as nuts and seeds, Dr. Nguyen added. Oily fish like salmon and some nuts and seeds also contain omega-3, which is very beneficial for skin health.

“Omega-3 fatty acids help keep the outer layer of the skin strong to protect it against external toxins and pollutants,” he explained. “Salmon is also a good source of selenium, another powerful antioxidant that works with vitamins E and C to boost your immune system and protect your skin. You can also get selenium from sunflower seeds, eggs, brown rice and oats.”

Exercise is important for good skin health because it increases circulation, bringing oxygen and nutrient-rich blood to your skin, according to Dr. Nguyen. He recommends doing some type of aerobic activity like walking or biking at least 30 minutes a day, five days a week.

“Exercise also helps reduce stress,” he added. “Stress is bad for your skin because it increases cortisol, a hormone that can damage the pigment of your skin.”

For more information about the Nakamura Clinic, visit www.mywtmf.com/union-city-doctor-location-clinic-nakamura. To learn about programs and services offered by Washington Hospital that can improve your health, visit www.whhs.com.



As the largest organ in the body, skin needs to be cared for like all other body parts. Family medicine physician, Tam Nguyen, MD, who specializes in dermatology, recommends drinking plenty of water as one of several actions necessary for healthy skin.

Ask the Doctor

Exercising a Few Times a Week

Dear Doctor,
Is it possible to get any benefit from exercise if you only go two to three times per week?

Dear Reader,

Any amount of exercise provides health benefits. Many of us feel that not committing to one-hour exercises, five days a week is futile. My best suggestion for the time crunched athletic individual-to-be is to get this idea firmly in your brain: “If you can’t get a lot, get a little.” Just doing three sessions of exercise for 15 minutes will do you wonders. Start by committing for three weeks. If you set yourself a ridiculously easy goal, when you complete it, odds are you will feel the benefits of exercise, will feel good about what you accomplished and will be more likely to stay committed. Many people set themselves up for failure by setting lofty goals only to get too sore, tired early on and burnout due to negative body feedback. Go slow. Concentrate on your flexibility and after one month’s time you will see and feel the benefits: better sleep, more energy, improved mood and so on!

Steven Zonner, DO



Dr. pSteven Zonner is board certified by the American Osteopathic Board of Family Practice and has over 30 years of experience in the fields of primary care, Occupational and Sports Medicine.

Dr. Zonner completed the majority of his medical training in Chicago starting with his Doctor of Osteopathic Medicine degree (DO) from the Chicago College of Osteopathic Medicine. After finishing his Family Medicine internship and residency at Botsford General Hospital in Michigan, he returned to Chicago to complete his primary care Sports Medicine fellowship at Rush-Presbyterian-St. Luke’s Medical Center. In 1990, he went on to become the head team physician for Arizona State University and has been invited to work at the U.S. Olympic Training Center in Colorado Springs. He has been treating people of all ages and athletic abilities in the San Francisco Bay Area since 2004. Dr. Zonner is also fluent in Spanish.



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Fremont Symphony Orchestra

PRESENTS

Valentine Concert



Dawn Harms,
Guest Conductor

Saturday, February 11, 7:30 PM
Prince of Peace Lutheran Church
38451 Fremont Blvd., Fremont

Love, romance and passion are in the air with a program led by guest conductor **Dawn Harms** to celebrate the arrival of Valentine's Day. Includes familiar romantic works: **Siegfried's Idyll**, Rachmaninoff's **Vocalise**, Santori's "**Con te Partiro**" (Time to Say Goodbye), Strauss' **Rosenkavalier Trio**, the **Habanera** from Bizet's **Carmen**, **Flower Song** from Delibes' **Lakmé** and more!

All are invited to the post-concert reception hosted by the Fremont Symphony Guild to meet the musicians and artists.

Tickets: www.fremontsymphony.org | (510) 371-4859

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Republic Day commemorates Indian Constitution

In July 1947, the British Parliament passed the Indian Independence Act partitioning Pakistan and India, thus kick starting the Indo-Pakistani War of 1947-48, but giving India its independence. Under the Act, India became a constitutional monarchy under King George VI, with Lord Mountbatten acting as governor-general. Mountbatten's position, however, was

India's constitution is one of the world's largest, with 395 articles, 12 schedules, and 90 amendments. It draws heavily upon British parliamentary democracy and principles adopted from the American Constitution. Moreover, it includes a detailed list of "fundamental rights," a lengthy list of "directive principles of state policy," goals that the state is obligated to pro-



Photo by Antônio Milena

largely ceremonial, and actual local authority rested in the hands of Prime Minister Jawaharlal Nehru. With the adoption of the Indian Constitution on January 26, 1950, British rule ended completely, and sovereignty fell entirely under the governance of India's own parliament.

more, though with no specified timetable for their accomplishment, (an idea taken from the Irish constitution), and a much shorter list of "fundamental duties" of the citizen.

Agreeing on the contents of the constitution was not to be achieved overnight. A draft Con-



"Prime Minister at India Gate on Republic Day 2016"

stitution was submitted to the Assembly as early as November 1947, but it took 166 days of meetings (open to the public), spread over a period of nearly three years before adoption was final. The 308 members of the Assembly signed two hand-written copies of the document (one each in Hindi and English) on 24 January 1950. Two days later, it came into effect throughout the whole nation.

The main Republic Day celebration is held in the national capital, New Delhi, at the Rajpath (ceremonial boulevard) before the President of India. It consists of a parade with bands,

colorfully dressed dancers, and military displays, including a fly-by of the Indian Air Force's Surya Kiran ("Rays of the Sun") aerobatic team. Traditionally, a special guest is invited every year; for 2017, Crown Prince of Abu Dhabi Sheikh Mohamed bin Zayed Al Nahyan will be the chief guest.

Those who want to celebrate Republic Day in the Bay Area can visit the Festival of Globe (FOG) 68th Republic Day celebration in Santa Clara. There will be a dance competition, kids' fashion show, and many cultural performances.

**Festival of Globe
(FOG) Republic Day
Celebration**
Saturday, Jan. 28
11 a.m. – 10 p.m.
**Santa Clara Convention
Center Theater**
**5001 Great America Pkwy,
Santa Clara**
For dance competition:
(408) 800-5237
Info:
vidya.sethuraman@fogsv.org
Ritu Maheshwari
(510) 304-5619

continued from page 1

Young Prodigies

The Little Stars String Trio is coached by the Indonesian musician Dr. Ayke Agus, herself a child prodigy who performs on both violin and piano. Famous for her long association with Jascha Heifetz, Dr. Agus served as his accompanist in performance and in master classes, collaborated with him on violin and piano transcriptions, and published a highly regarded memoir, "Heifetz As I Knew Him."

The Little Stars will perform string trios by Haydn, Mozart, Beethoven, and Borodin as well as solo pieces, accompanied by Dr. Agus, by Beethoven, Saint-Saëns, Bach, Kreisler, Schubert, and Paganini.

The recital will be held at First United Methodist Church

in Fremont on Sunday, January 29. Tickets are \$25 for adults and \$10 for students, and are available at www.fremontsymphony.org. All proceeds benefit the Fremont Symphony Orchestra. For more information, please contact Caryl Dockter at (510) 793-6375 or acdockter@comcast.net.

The Little Stars String Trio
Sunday, Jan 29
2 p.m.
First United Methodist Church
2950 Washington Blvd,
Fremont
(510) 793-6375
www.fremontsymphony.org
Tickets: \$25 adults,
\$10 students

International Baton Twirlers

BY ANNA OSBORNE DOLAN

Nearly 300 baton twirlers from the United States, Australia, Canada and Japan will compete in the 1st International Pan Pacific Cup, January 13-15, at the Stockton Arena. The competition is sanctioned by the World Baton Twirling Federation (WBTF) and hosted by the United States Twirling Association (USTA).

Baton twirling is an aerobic sport that combines athleticism with artistry. Top twirlers develop many of the same qualities as athletes in other sports, such as the speed of a sprinter, the hand-eye coordination of a hockey player, the technique of a ballet dancer and the flexibility and power of a gymnast.

During the competition, athletes will vie for international honors in individual and group events, including:

Solo – an exciting event using one baton which is rolled, flipped and tossed around the body and through the air at great speed

2 Baton and 3 Baton – highly difficult events using two or three batons which must be kept moving at all times

Artistic Twirl and Artistic Pairs – beautiful but demanding events combining twirling with dance and gymnastics

Teams and Groups – the crowd will be on its feet as groups of twirlers perform

synchronized twirling and challenging exchanges

The Pan Pacific competitors include 185 athletes from the

U.S., including 81 from California. The U.S. competitors include up and coming champions as well as current Grand National Champions Kurtis Hubbell from Fremont, California, Adaline Bebo from Waco, Texas and Lexi Duda from New Market, Maryland.

Twirling experts say the sport helps promote physical fitness and flexibility and helps fight childhood obesity. It also helps young people develop positive self-esteem and valuable life skills, such as goal-setting, self-discipline and time management.

The inaugural Pan Pacific Cup is modeled after similar events held in Europe and other parts of the world. It is being held at the Stockton Arena, which hosted the U.S. National Baton Twirling Championships in 2014. The National Championships will return to Stockton in 2020.

For more information about the sport of baton twirling and the United States Twirling Association, visit www.ustwirling.com.

1st International
Pan Pacific Cup
Fri – Sun, Jan 13–15
Fri 8:00 a.m. – 7:00 p.m.
Sat 8:30 a.m. – 5:30 p.m.
Sun 8:30 a.m. – 4:00 p.m.
Stockton Arena
248 W Fremont St, Stockton
Anna Osborn Dolan
(303) 349-7267
anna@ustwirling.com
<http://www.stocktonlive.com>
Free. Parking fees apply;
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Road closure

SUBMITTED BY CITY OF FREMONT

PG&E has begun construction on the corner of Marietta Drive and Stevenson Boulevard. There will be a road closure in effect on Marietta Drive as you turn onto Stevenson Boulevard. For motorists attempting to turn onto Stevenson Boulevard, they will be redirected to a detour route via Omar Street.

PG&E will be installing a SCADA (Supervisory Control and Data Acquisition) system. This system monitors and allows operators to control the City's gas system remotely, enabling PG&E to move more quickly to assess and resolve problems in our community.

The project is not expected to exceed two months, and night work is not permitted on this project. The City of Fremont apologizes for any inconvenience.

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The Tri-CityVoice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be givepreference. Letters are subject to editing for length, grammar and style.

tricityvoice@aol.com

Interviews are Happening Now to Become a Senior Peer Counselor

Looking for empathetic Seniors over 50 to participate in this program to offer emotional support for other Seniors in the Tri-City Community. Interview to receive the 54 hour training to become a volunteer Senior Peer Counselor. Training is conducted at the City of Fremont offices. Contact us for more information and to set up an interview- **Lis Cox, LMFT at 510-574-2064 or email at lcox@fremont.gov**

Hayward considers task force to update anti-discrimination plan

SUBMITTED BY DAVID KORTH

On Tuesday, January 17, the Hayward City Council will consider the formation of a Community Task Force whose focus will be to update the Hayward Anti-Discrimination Action Plan that was originally adopted in 1992. This is, in part, a response to many Hayward community members who have recently contacted City Officials seeking assurances that the City of Hayward will support all of its residents' civil and human rights, and continue to foster and celebrate the diversity of people who make-up the Hayward community.

For a complete copy of the staff report and associated attachments available on the City's website at: <https://hayward.legistar.com/Calendar.aspx>. This public meeting is an opportunity to share your experience, insights, and opinions. All are encouraged to attend and participate. **For more information, please contact: David Korth, Assistant to the City Manager Hayward City Hall – Office of the City Manager – Neighborhood Services 777 B Street, Hayward (510) 583-4227 david.korth@hayward-ca.gov www.hayward-ca.gov**

New! ART-bots sculptures in Milpitas

SUBMITTED BY CITY OF MILPITAS

Want to smile? Want to see some great art? Want to look at some clever recycling? You will then need to see Carla Moss' ART-bots beginning on Tuesday, January 17 through Friday, February 17 at the big event happening at Milpitas' City Hall, in the Rotunda! A few wonderful works of art called ART-bots by Carla Ann Moss will be on display. "ART-bots" stand for Artfully Recycled Treasures! Moss, who is a popular Milpitas artist and known in Who's Who in the West and for several Public Art pieces in several states, will be displaying some wonderful sculptures that consist of recycled items such as computer parts, gardening implements, electrical parts, dishes, and lots of old, vintage pieces. One very large work is "Vince, The Invincible Dragon." Vince is over 6 feet long and is created from an old vacuum, kids' plastic toys, chrome horns from vintage Ford Mustang parts, dinner forks, a vegetable steamer, and a vintage/antique cross cut saw. See if you can tell what his wings are made of. He is poised on a well-burned door (He gets a pretty hot flame going!) from the castle's treasure room and has reclaimed the Crystal Orb once stolen from his kingdom. There is an ART-bots called "Gone Fishin'" which Carla dedicates to her father, a "Little Flower Girl" which she says represents her sister, Mary, and a crazy figure called

"Tom Trotter, World Traveler". Tom is an amazing creation consisting of a large world globe standing on a world atlas and the Dr. Seuss book, "Oh, the Places You'll Go!" Tom has lots of travel brochures (vintage), his travel luggage (handmade), lots of planes that he has flown in, and even his own passport! The best thing is that Tom is a lamp! He can light up and sit right on your desk. "Jo Java's Bean Juice Cart" is Carla's tribute to the love of coffee that a lot of us seem to have. There are more, too. So, please go see a really colorful fun art show and see how many items you can identify on these marvelously entertaining and very detailed sculptures. Each piece has a unique story. Read all about these as you stop to wonder how these pieces of art came to be. Look carefully, otherwise, you might just miss a neat item. Sign the Guest Book and get new pictures of the latest sculptures via your email. Carla Moss' website is www.blackdogdesignstudio.com

ART-bots Exhibit
Tuesday, Jan 17 - Friday, Feb 17
8 a.m. – 5 p.m.
Milpitas' City Hall, Rotunda
455 E. Calaveras Blvd, Milpitas

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www.blackdogdesignstudio.com
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Newark Days planning meeting slated

SUBMITTED BY SHIRLEY SISK

Volunteers who would like to help with the planning of the annual Newark Days festival are invited to a meeting to kick off the new season on Tuesday, Jan. 17 in Newark.

The annual community celebration, currently in its 62nd year, takes place each fall and includes entertainment, a carnival, community and history exhibits, art and craft vendors, food booths and a parade. This year’s festival theme is “A Jungle Adventure” and will take pace Sept. 14 – 17.

Additional planning meetings are set for the third Tuesday of each month through August with

a final meeting to be scheduled before the event in September.

**Newark Days Celebration
Planning Meeting**
7 p.m.
Tuesday, Jan 17
League of Volunteers
8440 Central Ave., Suites A/B
Newark
(510) 793-5683
www.newarkdays.org



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Crab feed dinner to benefit Mission San Jose

SUBMITTED BY RYAN LEE

Knives and forks will be clanging soon at a fund-raising crab feed dinner held at St. Joseph Parish Hall in Fremont. Hosted by The Committee for the Restoration of the Mission San Jose, the annual event will start with a no-host bar and finish with dinner, desserts and a raffle. Proceeds from ticket sales to the dinner will go toward preserving and restoring portions of the Mission which is one of the Tri-City’s best known historical landmarks.

The mission has a storied past. It was dedicated on June 11, 1797. In 1868, an earthquake destroyed the Mission church, and a portion of the padres’ living

quarters. In 1973, a group of concerned citizens launched the Committee for the Restoration of the Mission San Jose, a non-profit, non-sectarian corporation dedicated to research, financing and restoration of the Old Mission San Jose.

Rebuilding and restoration efforts started in 1982 with the reconstruction of the adobe church completed in 1985 in a joint effort with the Diocese of Oakland. Seismic retrofitting was later done. Ongoing plans include the reconstruction of missing rooms between the Mission church and the nearby museum.

To attend the event, diners should send an email to the committee and request a

reservation form they can mail back with payment. Payments and forms also will be accepted at the door.

All You Can Eat Crab Feed
Saturday, Feb. 4
6:30 p.m. no host bar
7 p.m. dinner/dessert/raffle
St. Joseph Parish Hall
43148 Mission Blvd., Fremont
510-882-0527

Reservation forms and information:
Chochenyo@aol.com
\$55 per person (no refunds)
No outside beverages, doggie bags or carry outs allowed

Women’s acappella chorus welcomes visitors to open rehearsal

SUBMITTED BY HEIDI MASSIE

Harmony Fusion Chorus, an award-winning women’s acappella barbershop show chorus and a chapter of Sweet Adelines International (SAI), an organization of nearly 23,000 women worldwide who sing four-part a cappella harmony in the barbershop style, will host a special open rehearsal night as part of SAI’s Global Open House Month. This special rehearsal on Monday, January 30, is open to interested singers of all ages, backgrounds and singing ability.

“We are looking to add to our chorus of women who love to sing and are enthusiastic about performing, competing and improving their vocal skills,” says Joanne Morrison, Membership Chair. “If you have a good ear for music, we want you! Sight-reading music is not required. We have many methods for learning our songs.”

Harmony Fusion Chorus is open to singers ages 14 and above. The members share a love for music and singing barbershop harmony. Any woman of average singing ability, with or without vocal training, will find a part that fits her voice range with the help of the chorus’ musical leaders and director.

The chorus meets every Monday (except most holidays) from 7 p.m. – 10 p.m. in Hayward. Re-

hearsals are always open to visitors but January 30 is set aside as a special open rehearsal.

“We welcome visitors to every rehearsal, but this rehearsal is part of SAI’s Global Open House month. Every January, SAI choruses all over the world host special rehearsal nights for recruiting new singers,” adds Morrison.

The evening will begin with a “meet and greet,” followed by vocal warm-ups where visitors are invited up on the risers amongst chorus members. Visitors will learn to sing a “tag” – the last two phrases of a song in true barbershop style – and a new song. Light refreshments will be served.

For more information about the open rehearsal night, contact Joanne Morrison at (925) 373-0210. General information about the Harmony Fusion Chorus is available on its Facebook page @harmonyfusionchorus or the chorus website at www.harmonyfusion.org.

Open Rehearsal Night
Monday, Jan 30 7 p.m - 10 p.m.
Hill and Valley Women’s Club
1808 B St, Hayward
(925) 373-0210
www.harmonyfusion.org
Free



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Cruise ship operators bringing high tech to the high seas

The linchpin of the system is a tracking medallion the size of a quarter. Cruise passengers wear it as a pendant, throw it into a purse or place it in a pocket. The medallion uses wireless technolo-

Miami-based Carnival plans to expand the setup to all other Princess ships in the next several years and eventually to other vessels. Carnival, the world's

Donald said the technology could be adapted for other industries, too. Imagine a patient entering the hospital and being recognized immediately by a nurse without having to check in or fill out forms.

Up to a third of the total cost is housing, accounting for 26 to 33 percent of the total expense of raising a child. USDA comes up with those numbers by calculating the average cost of an additional bedroom—an approach the department says is probably conservative, because it doesn't

Education costs have sharply risen since 1960, when USDA estimated that those expenses were around 2 percent of child-rearing expenses. The report says this

In contrast, one-child households spend an average of 27 percent more on the single child.

Infusion Express opens in Fremont

SUBMITTED BY JENNA WARNER

Infusion Express, a patient-focused alternative to hospital infusion centers, has announced its second San Francisco Bay Area treatment center as part of a national expansion of its consumer-driven model. Infusion Express brings a new paradigm to the infusion market, offering individuals with chronic conditions the option to enjoy high-quality, personalized care in a convenient, comfortable, private setting with extended hours, including evenings and Saturdays.

A grand opening celebration will be held at the new Fremont Infusion Express location on

Wednesday, January 18. Infusion Express, is proud to serve the Crohn’s and colitis patient communities. The clinic is open six days a week, Monday through Saturday, by appointment. To schedule an appointment, visit www.infusionexpress.com or call (510) 992-4114.

Fremont Infusion Express – Grand Opening
Wednesday, Jan 18
4 p.m. – 6 p.m.
43360 Mission Blvd, #100, Fremont
(510) 992-4114
www.infusionexpress.com

Alabama space explorers await impact of Trump administration

By LEE ROOP,
ASSOCIATED PRESS

Donald Trump has only hinted at the future of NASA.

But his campaign suggestions—more deep space exploration, less Earth science—seem to bode well for Alabama and for Marshall Space Flight Center.

The center’s 6,000-person workforce is a key part of Huntsville’s economy. And deep space exploration plays to Marshall’s strengths as NASA’s propulsion center and manager of the Space Launch System (SLS), the new rocket capable of going beyond Earth orbit to deep space.

NASA employees here say they heard the question often over the holidays: “How do you feel about Trump?” One employee’s answer seemed to stand out: “We’re certainly better positioned than last time.”

The last time the White House changed occupants, incoming President Barack Obama canceled the NASA rocket program being developed in Huntsville. Constellation, as it was called, was designed for America’s space goals under Obama’s predecessor, former President George W. Bush. It was to enable a permanent moon base to support missions to “Mars and other destinations.”

Constellation employed 500 NASA civil service workers and nearly 2,000 contractor employees in Huntsville. In the budget fight that followed, only the NASA employees kept their jobs.

Obama cut Constellation from his 2010 budget after a study panel found it behind schedule and over-budget. That finding fit with Obama’s preference to spend money on Earth science, including climate change research, and developing commercial space companies like SpaceX and Orbital ATK. Those companies are now sometimes referred to as “new space.”

During Obama’s two terms, SpaceX would receive more than

\$4 billion in government funding to help develop a rocket and capsule that now supplies the International Space Station and will eventually fly astronauts there.

But a Senate led by Sen. Richard Shelby and other NASA-state lawmakers forced Obama to also fund a sort of Constellation-light program NASA named the Space Launch System. The SLS booster and Orion capsule are being built by what are called “legacy” space companies such as Boeing and Lockheed Martin.

“It seems to me the re-election of Sen. (Richard) Shelby will have more impact on Huntsville than Mr. Trump,” George Washington University space policy expert John Logsdon said two days after the election.

Logsdon spoke before Sen. Jeff Sessions emerged as Trump’s choice for Attorney General and one of his closest advisers. Sessions even has the power to influence NASA’s next administrator, according to the Wall Street Journal.

During the campaign, Trump surrogate and former Congressman Robert Walker said Trump wants NASA focused on deep space again, not climate science. Talk started about returning to the moon as a first step to Mars.

Now, America’s government and commercial space workforce waits to see, first, who Trump chooses to lead NASA. That will be a clue to the agency’s direction for the next four years.

Candidates mentioned for the job include a congressman, Rep. Jim Bridenstine (R-Okla.), who favors a return to the moon; former NASA associate administrator Dan Cooke; and former NASA Administrator Mike Griffin. They also like deep space missions.

Since the election, the space press has also closely followed the appointments to Trump’s NASA transition team. Early reports said Sessions had tilted its makeup toward deep space and the projects NASA in Alabama does best. More recently, advocates for “new space”

got Trump’s ear and were added to the transition team for “balance.”

As for Trump, space isn’t a priority yet. He tweeted during the campaign that he was “very sad to see what BarackObama has done with NASA. He has gutted the program and made us dependent on the Russians.” That was a reference to NASA having to pay for rides to the space station aboard Russia’s Soyuz rocket.

But Trump also told a young boy who asked about NASA during a town hall that, “Right now, we have bigger problems - you understand that? We’ve got to fix our potholes.”

The agency’s future is a question with three parts: What will be its mission under Trump? Who will decide? And who will provide the rockets, probes, and crew quarters for that mission? The first two questions are about national strategy; the third will essentially be a fight over government funding.

Here’s a fourth question to consider as Trump’s NASA plan unfolds. Will a return to the moon, even permanently, excite the young people now dubbed “the Mars generation”?

Huntsville attorney Mark McDaniel was on the NASA Advisory Council when George W. Bush was president. He says Bush’s old plan might make a good new plan.

“I personally think deep space is something the government should do,” McDaniel said, noting that the moon is deep space. “We talked about that when I was on the Advisory Council. The key word (in Bush’s plan) was ‘beyond.’ We were going to the moon, Mars and beyond.

“If you go back and it’s in preparation for going to Mars, an asteroid or beyond Mars, that’s great,” McDaniel said. “We as a nation have to do things that have never been done before. “If you say we’re just going back to the moon,” McDaniel said, “been there, done that.”

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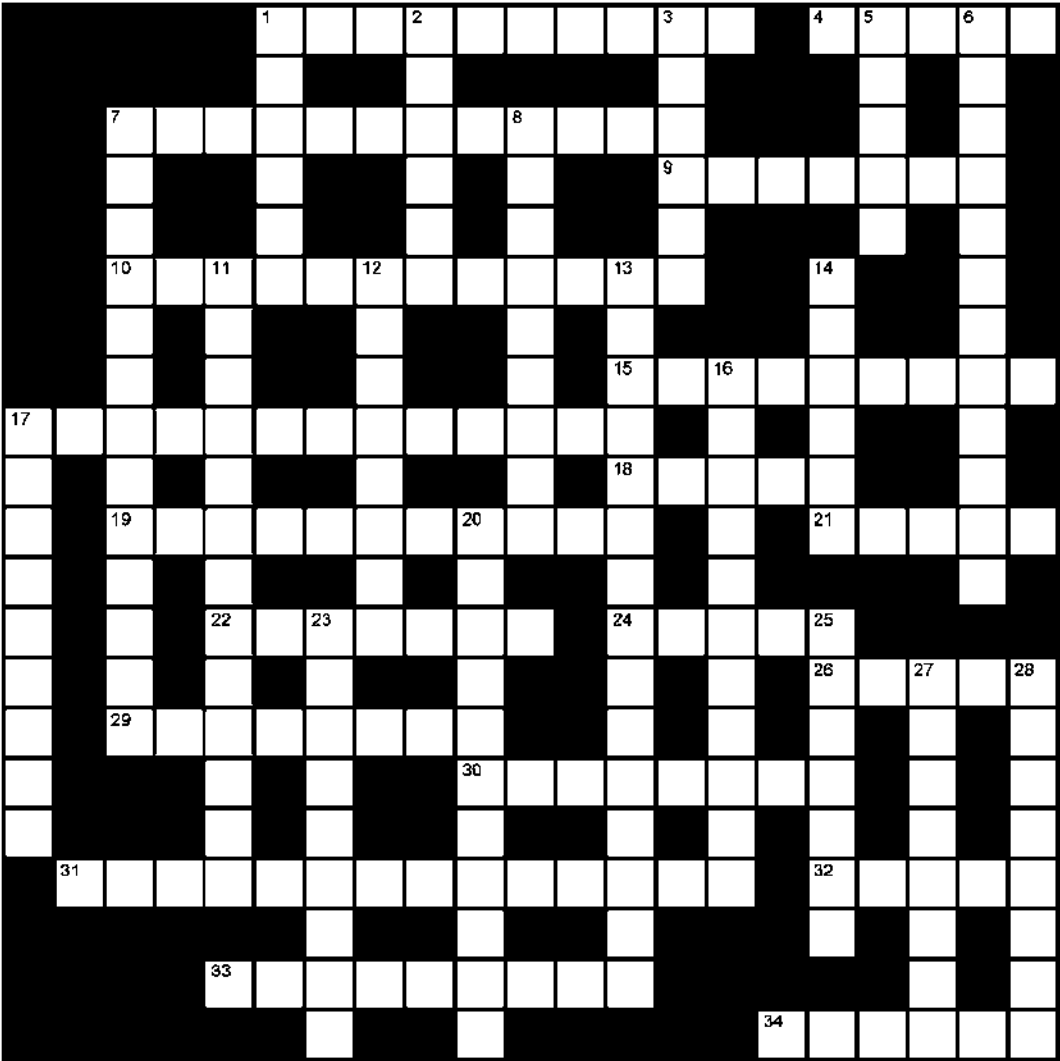
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B 380134

- Across
- 1 UFOs, allegedly (10)

4 Adhere (5)

7 Some solutions (12)

9 Business (7)

10 _____ Day (12)

15 Designated (9)

17 Right triangle legs are this (13)

18 Argus-eyed (5)

19 A kind of perspective (11)

21 Prepare, as tea (5)

22 Pokes fun at (7)

24 Our "mother" (5)

26 Big (5)

29 Seeing (8)
- 30 Being (8)

31 A passport, for one (14)

32 Flip response? (5)

33 Baskin Robbins choices (9)

34 What couples often draw (6)
- Down
- 1 Area (6)

2 Child's graphic medium (6)

3 Classic theater name (6)

5 Coach (5)

6 Outfalls (12)

7 Italian, Greek, e.g. (13)

8 Arhythmic (9)

11 Grit (13)
- 12 Possessing the right gear (8)

13 Traits (15)

14 Collared clothing (6)

16 Concoction (11)

17 Rule, guideline (9)

20 ER specialties (11)

23 Shouted "Aha!" (9)

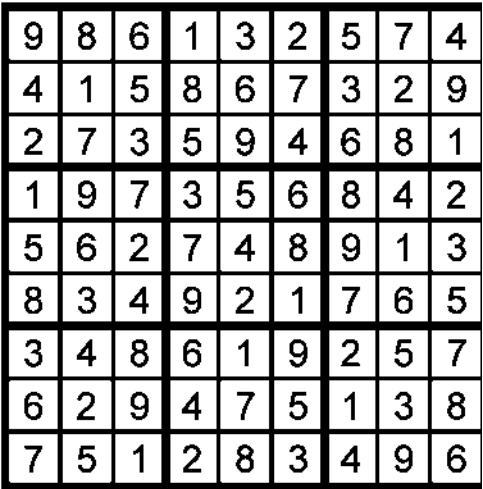
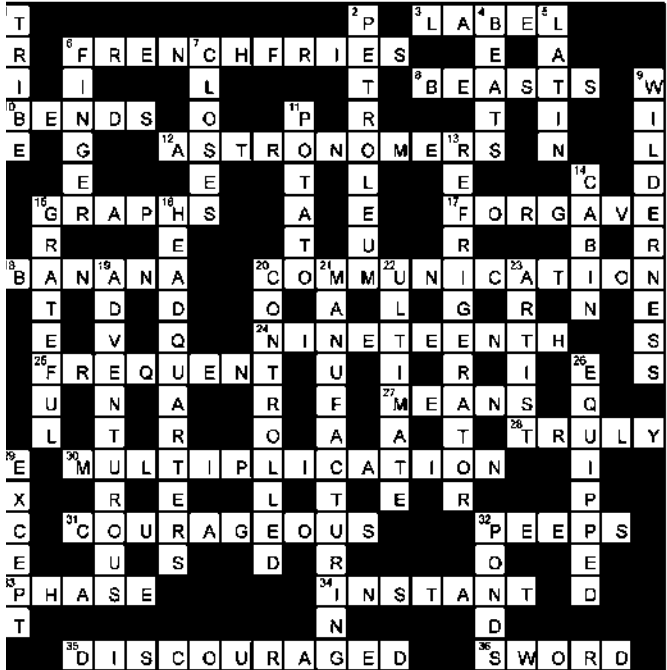
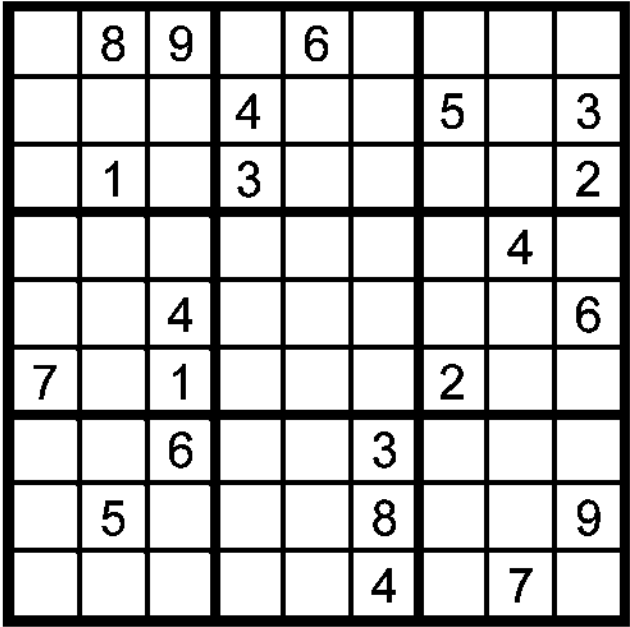
25 Sutro _____ (7)

27 Raffle events (8)

28 Make an impression (8)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: JANUARY 18 – JANUARY 24, 2017

For All Signs: Mars, the ancient god of war, is in a challenging position to Saturn (the Teacher, the Rules). Events of this week may harken back to August of 2016, just over five months ago. Mars represents going after something or someone we want. It wants to take action without hesitation. Given its arrangement in the sky now, there is one planet who is stronger (Saturn) that must be challenged. Wisdom says it is best to back off the desire/urge to take the plunge. The booty would cost much more than it is worth. Traffic accidents increase in times such as these because

Aries the Ram (March 21-April 20): Read the lead paragraph carefully. Mars, your ruling planet, is in a tiff with Saturn. This is much like pushing the accelerator to the floor while the other foot is on the brake. It is a challenge to make anything happen. Your reflexes may be affected by the stress. Use care with your body and also with mechanical equipment.

Taurus the Bull (April 21-May 20): Activities that involve higher education, publishing, travel, or legal interests are favored. People at a distance will be helpful. This may be via conference calling or the Internet. Relationships in general are smoother. This is a good time to enjoy your friendships and be social.

Gemini the Twins (May 21-June 20): You may need to concentrate in order to avoid critics, whether they are internal or external. Instead of blame, use the discipline to tackle a project that requires concentration. Avoid contracts and business negotiations right now because misunderstandings may develop.

Cancer the Crab (June 21-July 21): Although you may wish it, this is not the best of times to communicate with your partner. There is interference due to circumstances or someone's intractable frame of mind. Save your piece for a better time later. You'll know when to initiate the subject.

Leo the Lion (July 22-August 22): For the next month, much of your attention will be on "others" in your life. Partnerships of any type are generally favored by this arrangement, because you will be searching for the "fair" solution in any dilemma. It is a good time to seek consultation from professionals if you need it.

Virgo the Virgin (August 23-September 22): This is a good time to communicate with your partner. It is very important that you set the Critic aside and engage in a conversation about feelings, even if you think it is about things. For example, if this person did not do something that was expected, avoid the blame game. Ask what was happening on the interior that kept him or her from completing the plan.

Libra the Scales (September 23-October 22): Your work and daily routine are given a boost at this time. You are more able to fend off the Inner Critic who is always lurking behind you. It lies, by the way. Co-workers are amiable and cooperative. If you have a fluctuating income, it will improve this week.

Scorpio the Scorpion (October 23-November 21): Give special attention to the lead paragraph this week. It appears that your struggle may be financial at this time. Make the effort to look, but if you don't see a resource on your radar screen right now, give it a break until the last few days of the month. Life becomes a little easier at that time.

Sagittarius the Archer (November 22-December 21): It may be hard to move forward this week, due to challenges concerning property, equipment, health, or family issues. Your reflexes and normal muscle control are out of sync right now, so use special caution and listen to your body. If it says "don't," then pay attention and stop immediately. Take a deep

breath and then concentrate on what you are doing.

everyone is in a hurry. If someone cuts you off on the road, don't allow your rage to control the accelerator. With regard to the beginning that occurred in August, this is the time to decide if the effort is worth it. If so, you'll need to pour on the necessary resources.

This is the week of the US Presidential Inauguration. President-elect Trump is beginning his four years with really difficult aspects in the sky. It will be a challenge to begin his first 100 days.

breath and then concentrate on what you are doing.

Capricorn the Goat (December 22-January 19): At this time, you may become aware of how your self-talk interferes with your forward motion. Give careful attention to the lead paragraph. The challenger is your Inner Critic. This is not a good time to accomplish a major task or to go after what you want. Rest on it for another couple of weeks.

Aquarius the Water Bearer (January 20-February 18): Beware the liar. The probability is high you will encounter one this week, someone who believes his own story, thus making it unclear if he is telling the truth.

Check out the sources and ask other people who may know something about the situation. Don't accept anything of importance at face value.

Pisces the Fish (February 19-March 20): This is not a time to challenge the powers that be. They are bigger than you right now. Later it may not be important, anyway, because you are on your way out. Give careful attention to your car and also to any machinery you may be handling. Equipment breakdowns are possible. Your reflexes are off. Use caution in the world of the physical during this period.

Are you interested in a personal horoscope?
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Arts Commission - Community Identifier Projects

SUBMITTED BY GUY ASHLEY

The Alameda County Arts Commission is beginning to work on Community Identifier Projects in three of Alameda County’s unincorporated communities: Castro Valley, San Lorenzo, and Ashland/Cherryland. The Community Identifier Projects involve designing and painting the name of the community along with other design elements on freeway overpasses. The overall goal is to create community gateway markers that help support a positive and welcoming environment for both the community and visitors. Practicing, professional artists will be selected through an open competitive selection process to design and paint the Community Identifiers. The projects will have multiple steps involving community engagement and feedback as well as reviews by local community groups, the Members of the Alameda County Arts Commission, the Alameda County Board of Supervisors and the CA State Department of Transportation (Caltrans).

The Arts Commission encourages participation from community members. Currently, there are two ways for the community to be

involved in the projects: 1.) a Community Survey and 2.) an Interest Form to serve on a Selection Committee.

Community members are invited to respond to a short Community Survey. The survey responses will be shared with the selection committees who will be choosing artists for these projects and also with the artists who are invited to make proposals for the projects. The survey is available online at: <http://tinyurl.com/ztqzvan>. The deadline for responses to the survey has been extended to Tuesday, January 31.

The Arts Commission is also seeking community members to serve on the committees to select the artists and the designs for the Community Identifier Projects. Three unique committees will be formed, one for each community. Each Selection Committee will include four to five community members plus two arts professionals. The Arts Commission seeks to include a group of community members with diverse experiences and perspectives who are actively involved in the community and are interested in contributing in the success of the projects and the designs. No experience is necessary. Community members

must be 18 years or older. Each committee will meet for two all-day meetings, once in March 2017 and once in September 2017. Community members interested in serving on the Selection Committee for their community should complete an Interest Form at <http://tinyurl.com/zka9nnk>. The deadline for the Interest Forms has been extended to Tuesday, January 31.

Paper copies of both the Community Survey and Interest Form to serve on a Selection Committee are available. Contact the Arts Commission office at (510) 208-9646 to receive a paper copy. English and Spanish versions are available.

More opportunities for community involvement are being planned for the future including Community Roundtables with the artists making proposals for the projects in the spring of 2017 and public displays and comments about the artists’ proposals in the summer of 2017. Community members who want to receive updates about the projects should send an email to: artscommission@acgov.org to be added to the Arts Commission’s email list.

Taco Bell is going national with fried chicken taco shell

Taco Bell plans to go nationwide this month with its latest concoction: a taco with a shell made entirely out of fried chicken.

Taco Bell says the shell of the Naked Chicken Chalupa is made up of all-white seasoned chicken. The rest of the taco is packed with lettuce, tomatoes, cheddar cheese and avocado ranch sauce.

The fast food chain says the taco tested well in markets in Bakersfield, California, and Kansas City, Missouri, over the past two years.

It will be available at Taco Bells across the country on Jan. 26.

THEATRE REVIEW

The Hollow Broadway West’s new season opens with Agatha

BY JANET GRANT
PHOTOS BY
CHRISTIAN PIZZIRANI

A typical family weekend in the country? Only if yours is the kind of ily that delves in murder and mayhem. That’s what’s on the menu of “The Hollow,” a lesser known work by Agatha Christie, which she adapted into a play in 1951. All the familiar plot pieces are there – British country home, landed gentry, a butler and maid, a scoundrel, a mistress, a movie star, unrequited love, psychological damage, lots of guns, and of course, murder most foul. Yes, typical indeed!

The Hollow, home of Sir Henry and Lady Lucy Angkatell provides the backdrop for Christie’s second play produced for the London stage. Broadway West Theatre Company brings it successfully to the Fremont stage as it debuts its exciting new season. Brilliantly directed by Doll Piccotto, with assistant director Ross Arden Harkness, “The Hollow” provides an entertaining night of classic mystery that keeps the audience guessing until the end.

“The Hollow” is not all grim and dour though. Its three acts are filled with as many laughs as

chills, helping to pace its nearly three hour running time with an engaging story and not a few giggles along the way.

Foremost in generating many of the evening’s laughs is the dotty Lucy Angkatell, pricelessly portrayed by Mary Galde. The worst thing about murder, she notes after a death occurs in her house, is how



much it upsets the service staff. “We were to have duck for lunch,” she wails. Never sure whether Lucy is guilty, insane, or just plain pragmatic, Ms. Galde’s absent-minded meanderings consistently keep you in stitches.

Ms. Galde is supported by a strong and wonderful cast, virtually all of whom had motives and opportunity to murder the ill-fated Dr. Cristow (James Allan). For one thing, the Hollow is apparently awash in guns. Every-

one it seems knows how to use one too, thanks to the fact that there is a shooting range on the property.

Sir Henry Angkatell as Lucy’s better half is effectively portrayed by Shawn Andrei with benevolent patience. He’s the ever stalwart fellow with commanding presence and cool head. But he does insist on being with both

Lucy and the Butler when they are questioned by the police. And he does own a good many guns...

And who is this Dr. John Cristow? James Allan plays dastardly, selfish, and boorish with gusto. He’s quite believable as a rather insufferable git. It doesn’t take too long to figure out his role as the soon to be victim.

And what of Cristow’s demure and loving wife, Gerda, played by Sara Renee Morris. Is she truly happy in her marriage, or did she know about her brilliant husband’s numerous affairs? Ms. Morris’s realistically self-effacing portrayal of an idol-worshipping and devoted wife just keeps you guessing.

Then there is John’s mistress, Henrietta Angkatell, sensitively and hauntingly portrayed by Angie Higgins. She’s in love with a man who is incapable of loving anyone but himself. Can she stand by and watch him take up with another of his past loves? And honestly, what is the meaning of her latest, strange



sculpture?

And who is this movie star that’s just moved into the lane? Stephanie Whigham plays to the hilt, the arrogant and brassy actress Veronica Craye, who it seems shares a past with Dr. Cristow. A woman whose use to getting her way; does this scheming celebrity want to take up where she left off?

And what is really going on with Edward Angkatell (Tom Shamrell) and Midge Harvey (Dawn Cates)? Both are two lonely individuals – Midge is in love with Edward, and Edward is in love with Henrietta. Can either be happy? Mr. Shamrell’s is a sensitive and thoughtful portrayal of Edward, a man living in the past, chasing memories. Ms. Cates as Midge is quite convincing as the wistful but resourceful woman whose life seems to be colored in the fact that she’s only half an Angkatell.

And of course in any good British whodunit, there must be a butler and a maid. Gudgeon, as the Angkatell’s faithful butler is played by the delightful Larry Barrott. His comedic timing is spot on with opinionated observations articulated with a conspiratorial flare and expressive facial gestures. Ivette Deltoro is

equally conspiratorial and enthusiastic in her portrayal of Doris the maid. What do they really know?

And to connect all the dots and solve the murder is the astute Inspector Colquhoun (Johanna Hembry) and her rakish assistant, Detective Sergeant Penny (Keenen Flagg) of Scotland Yard. Both Ms. Hembry and Mr. Flagg play well off each other in their opposite personas and styles of detective work.

Broadway West’s 21st season of bringing quality entertainment to the Tri-Cities starts out with a classic whodunit with its production of Agatha Christie’s “The Hollow.” A theatrical version of comfort food, this psychological mystery promises an evening of cozy, unadulterated fun, while providing a diverting exercise for those little grey cells.

The Hollow
Friday, Jan 13 – Saturday, Feb 11
8 p.m.
(Sunday matinees at 1:00 p.m.)
Broadway West Theatre Company
4000-B Bay Street, Fremont
(510) 683-9218
www.broadwaywest.org
Tickets: \$10 - \$27



Living Well

MASONIC HOMES OF CALIFORNIA

JANUARY 2017

HOME ON THE HILL

The Origins of the Masonic Home at Union City: Part One

The Masonic Home at Union City, located on Mission Boulevard near Dry Creek Pioneer Regional Park, has been part of the Tri-City community for more than a century. In line with the Masonic principles upon which it was founded, the Home has provided shelter and compassionate, respectful care for residents since its earliest days. Today, that spirit of generosity extends to the surrounding community, where residents and staff actively support and champion public education and other charitable causes throughout the Tri-City region.

IMAGINING A MASONIC HOME

The history of the Masonic Home is closely linked with the history of California. The earliest Freemasons arrived in California before it was officially a state. Many participated in the Mexican-American War, and helped found the first cities and communities. In 1848, when the gold rush began, many Masons were also among the thousands who flocked to California with hopes of making their fortune.

Unfortunately, along with the gold rush came disease. In 1850, cholera swept Sacramento, killing thousands. Masons helped build and maintain a hospital at Sutter's Fort, dipping into personal savings to relieve their community. By the mid-1850s, Masons had formed regional boards of relief, providing what today would equal millions of dollars in assistance. Those who were affected most deeply by the ravages of cholera were widows and children. California Masons dreamed of erecting a permanent structure to meet the needs of the families left behind by the loss of their patriarchs. In 1891, Grand Master of Masons in California William Johnson initiated the first organized plan to establish a Masonic Widows' and Orphans' Home. Approximately 16,000 California Masons donated more than \$45,000 toward the campaign.



THE MASONIC HOME OPENED ITS DOORS TO 41 WIDOWS AND CHILDREN IN 1898. ITS ORIGINAL BRICK HEAD BUILDING REMAINS.

SHELTERING THOSE IN NEED

In 1893, the Grand Lodge of California purchased a 305-acre plot of land in the area that was then known as Decoto, now Union City. Construction began in 1896, and after two years and an additional \$104,000 in member donations, the first California Masonic Home opened its doors in 1898. The first residents were 41 Masonic widows and children, many of whom had been affected by the 1890s economic depression and the often-dangerous work conditions in industries of the day.

At its opening, the operations of the Masonic Home were nearly self-sustaining. In addition to lodging areas, the Home had its own power, water, and refrigeration

plants; dairy farm, hog ranch, and 2,000 chicken poultry farm; vegetable garden, berry patches, and fruit orchards; and a laundry. Residents were actively involved in running and maintaining the Home and diligently worked throughout its farm and gardens, as well as in other needed areas.

The historic brick building in which early Masonic families found refuge still stands today as the treasured Head Building of the Union City Masonic Home. Filled with books, artwork, and furniture lovingly donated by Masons throughout the years, it is a true testament to the fraternity's ideals of brotherly love and relief.

Learn more about the Masonic Homes of California at masonichome.org.

A CROWD FAVORITE



This holiday season, Siminoff Daylight Masonic Lodge No. 850, which meets at the Masonic Home at Union City, was thrilled to participate in the Niles Festival of Lights and Parade. The float upon which lodge members and Masonic Homes residents rode was adorned with Masonic symbols and decorations, including the square and compass, columns, All Seeing Eye, and Masonic officer tools. During

the Festival of Lights, it was decorated with Christmas lights and a glowing American flag on one side. John R. Dahle, master of Siminoff Daylight Lodge and a Masonic Homes resident, was elated by the positive response the float has received from the Tri-City community. "It's been a labor of love," he says. "And it's one way our lodge is giving back."

CELEBRATE INTERNATIONAL QUALITY OF LIFE MONTH

January is International Quality of Life Month! Paired with the beginning of a new calendar year – and oh-so-popular New Year's resolutions – it's a perfect time to take stock of your life and find small ways to improve its quality. Start with goals that are easily achievable; the success will motivate you to continue.

- Help ensure sufficient sleep by aiming to go to bed half an hour earlier.
- Boost your nutrition by adding an extra serving of vegetables to your plate.
- Learn something new: Sign up for a music or arts class.
- Stay social by visiting friends or volunteering at a local charity.

By committing to make small changes each day, at the end of 2017 you're likely to find that they've had a big effect.



Masonic Homes of California

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Home & Garden

Roses, fruit, and nut trees bare it all



ARTICLE AND PHOTOS BY
DANIEL O'DONNELL

Imagine falling asleep and waking up somewhere different. This scenario might be difficult for a human being to cope with, but is ideal for many young bare root roses, vines, and fruit or nut trees if a few simple steps are followed.

A bare root rose, vine, or tree is one that is purchased packed in sawdust, shredded newspaper, or very little soil. Typically the plant is one to three years old and has been grafted onto a root stock that provides a desired characteristic or combination of traits such as size at maturity, drought tolerance, and disease resistance. The largest selection of bare root roses, vines, and trees is available for purchase after the first of January when they have dropped all their leaves and are still dormant. Although it is possible to find a few evergreen bare root trees for sale such as some olive trees or pines, most bare root plants are deciduous.

There are many shared benefits that bare root plants or



trees can provide for the grower as well as the customer. They can be sold at a fraction of the price of similar potted plants or trees because there is very little overhead. The lack of a pot and soil can save space and weight during transport. This drives down shipping costs and increases the number of plants a nursery can stock with little maintenance. The lighter weight also takes less effort to load and unload, position, and plant on the part of the gardener.

Another benefit for planting a bare root rose, vine, or tree is that it will get planted at the best time to ensure success. There is no

threat of transplant shock or heat stress for the plants because they are dormant. There is little risk to damaging the roots, unlike when transplanting from a container. Exposed roots can be positioned in the hole when planting to fan out in different directions to encourage outward growth.

A bare root rose, vine, or tree should be planted as soon as possible after purchase and before the buds start to open. Start by soaking a bare root rose and less water intensive bare root trees such as pomegranates, or bare root vines such as grapes, for a couple of hours in a bucket of water. Bare root fruit and nut trees such as almond or peach trees can be soaked up to 24 hours but not longer.

While the bare root is soaking, a planting spot can be chosen and prepared. Bare root roses are chosen for their flowers, bare root vines for their flowers or fruit, and bare root trees for their nuts or fruit. The planting location should be chosen based on the specific plant's preferences. Most bare root roses, vines, and trees prefer full sunlight for maximum production.

Once a location is determined a hole can be dug. The hole should be large enough to fan the roots out in different directions and deep enough to cover the entire root system up to the crown. A mound can be made at the bottom of the hole to ensure soil contact with the roots. Once the bare root plant

is placed and positioned in the hole, backfill with the native soil. This will encourage the roots to grow out evenly.

Once the bare root rose, vine, or tree is in the ground and covered with soil, gently pack the surface to get rid of any air pockets and water. A two-inch layer of compost followed by a two-inch layer of mulch will insulate the ground, help keep the soil moisture level consistent, and provide nitrogen that the buds will need when they start to open.

Any maintenance and pruning throughout the year will depend upon what type of rose, vine, or



tree was planted and will vary greatly. However, bare root roses and trees will benefit while dormant from a yearly spraying of organic dormant horticultural oil to control mites and scale with no adverse effect on beneficial insects, bees, or birds.

Two applications of copper sulfate, one in November and one in February, before the buds open can be sprayed on fruit trees. Copper sulfate is an organic fungicide and can effectively prevent leaf curl, leaf spot, apple scab, blights, mildews, and many other fungal and bacterial diseases. It can accumulate in the soil with excessive use and kill beneficial soil organisms and harm bees. Spraying should be as light as possible and limited to the winter months when bees are not attracted to the trees.

Practically any bare root rose, vine, or tree can be found online and shipped to California. For the gardener that likes to inspect and choose their own bare root, Yamagami Nursery in Cupertino (www.yamagamis.com) has a great selection of bare root vines and fruit trees. Lowe's at Pacific Commons in Fremont also has a large selection of bare root roses.

Planting what seems to be a lifeless, bare root plant in the middle of winter might seem daunting, but when the spring alarm bell rings, the sun will shine and the bare roots will wake.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com



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Directed by Doll Piccotto

Assistant Director Ross Arden Harkness

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'Atmospheric rivers' weather phenomenon soaks California

By JOHN ANTCAZAK, ASSOCIATED PRESS

They're called "atmospheric rivers" and they can dump massive quantities of Pacific Ocean water on California, carrying it through the air from as far away as Hawaii.

Here's a look at the weather phenomenon that has swelled the state's rivers, flooded vineyards, dumped snow and rain on the Sierra Nevada and raised the risk of mudslides on hills scorched by last summer's wildfires.

WHAT IS AN ATMOSPHERIC RIVER?

Atmospheric rivers are long and narrow bands of water vapor that form over an ocean and flow through the sky.

They occur globally but are especially significant on the West Coast of the United States, where they create 30 percent to 50 percent of annual precipitation and are linked to water supply and problems such as flooding and mudslides, according to the National Oceanic and Atmospheric Administration.

Formed by winds associated with cyclones, atmospheric rivers typically range from 250 miles to 375 miles in width and move beneath the influencing effects of other weather.

Last weekend's atmospheric river that sent rains pummeling California through Monday interacted with a low-pressure system pushed by a cold jet stream from the northern Pacific, said Bill Patzert, a climatologist at NASA's Jet Propulsion Laboratory.

"They come at you like a fire hose," said Patzert.

The atmospheric river that hit the state this time first targeted Northern California and then moved south and down the coast to Southern California.

Most atmospheric river events are weak. But the powerful ones can transport an amount of water vapor equal to 15 times the average flow of water that flows out of the Mississippi River's mouth, according to NOAA's Earth System Research Laboratory.

WHAT HAPPENS WHEN AN ATMOSPHERIC RIVER REACHES LAND?

When the moisture-laden air moves over mountain ranges like the Sierra Nevada along the California-Nevada border, the water vapor rises and cools, becoming heavy precipitation that falls as rain or snow, according to NOAA.

While traditional cold winter storms out of the north Pacific build Sierra snowpack vital to the state's water supply, Patzert said atmospheric rivers tend to be warm.

That causes the snow at the highest elevations but rain usually falls on the snowpack at lower elevations. That can quickly prompt melting, runoff and flooding and decrease the snowpack needed to supply California with water.

WHAT IS A PINEAPPLE EXPRESS?

It is a nickname for an atmospheric river that originates near Hawaii.

WHERE DID THE TERM ATMOSPHERIC RIVER COME FROM?

The name came from research published in the 1990s by scientists Yong Zhu and Reginald E. Newell of the Massachusetts Institute of Technology.

WHAT ABOUT THE DROUGHT?

After five years of withering drought, California has had a wet fall and early winter. About 18 percent of the state is now free of drought, according to the U.S. Drought Monitor used to gauge drought conditions across the U.S. and allocate drought relief.

The improvement came despite the presence of the weather phenomenon known as La Nina, a cooling of waters in the central and eastern Pacific that is sometimes linked to unusually dry conditions. This La Nina has been so weak that Patzert calls it "La Nada."

The lack of a La Nina influence and the disappearance of high pressure ridges over the West Coast that kept storms away in recent years has opened the door to atmospheric rivers.

"Some of these warm storms have actually decreased the snowpack," said Patzert. "Looking ahead to the spring, summer and fall, all this rain might seem sweet at this point but an awful lot of this is running out through the river systems."



THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

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Weekly Writing Corner 

PRESIDENTIAL INAUGURATION

The **inauguration** is the ceremony in which the new or reelected president is inducted into office. This year it will be held at noon on January 20. It takes place outside the U.S. Capitol in Washington D.C.

The President's Oath of Office

At the inauguration ceremony, the president takes an **oath of office**. With right hand raised and left hand on an open Bible, the new president says the following statement:

the United States."

"I do solemnly swear that I will

ability, preserve, protect and

and will to the best of my

defend the Constitution of

President of the United States,

faithfully execute the office of

Whoops! Cut out the Presidential Oath and paste it on a sheet of paper in the correct order.

Inauguration Day 2017



Donald J. Trump will be sworn into office as the 45th president of the United States during his inauguration celebration on January 20th. He will take the oath to "preserve, protect and defend the Constitution of the United States."

President-elect Trump was born on June 14, 1946. Do the math to discover how old he will be on his birthday this year.

2017 - 1946

Standards Link: Civics: Understand the primary responsibilities of each branch of government in a system of shared powers.

Photo: Tinseltown/Shutterstock

How many members of the armed services will take part in Inauguration Day activities? Circle every other letter:

QFTIAVBECTYHSOLURSDAPNMD

F

The Inaugural Ball

- America's fourth president, James Madison, and his wife, Dolley, were the guests of honor at the first official Inaugural Ball. An Inaugural Ball does not bounce. It is actually a big party.
- Like the word **ball**, many words mean more than one thing.
- Each object shown here has the same name as another object shown. Can you match the picture pairs?



bark punch hood

Standards Link: Reading: Identify words with multiple meanings.



Presidential Seal

The Seal of the President of the United States contains a circle of white stars representing America's 50 states. The banner that reads **E PLURIBUS UNUM** is Latin for "out of many, one" meaning out of many states, one country and also, out of many peoples, one nation. There are 13 stars, clouds, leaves and arrows that represent the original 13 states.

Starting with the first letter in each line below, circle every other letter to discover what the olive branch represents and what the arrows the eagle is holding represent.

PTEYANCKEL
DWEBFPEDNASJEV

Standards Link: Reading Comprehension: Follow simple written directions.

Word Order

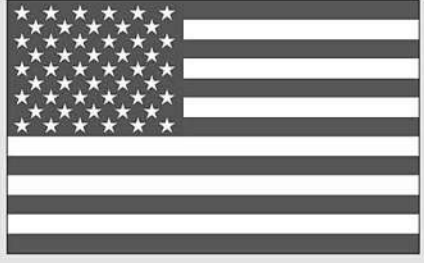
Look through the newspaper to find five or more words that begin with the letter **I**. Cut out the words and glue them onto a piece of paper in alphabetical order. Challenge: Can you do this with more than five words?

Standards Link: Spelling: Alphabetize words to a second or third letter.

Kid Scoop Puzzler

The words in the scrambled sentence below make up a very American sentence. Can you put the words in the right order to reveal the sentence?

THE UNITED PLEDGE OF STATES AMERICA OF ALLEGIANCE FLAG I TO THE.



Standards Link: Reading Comprehension: Follow simple written directions.

Double Double Word Search

CEREMONY
PRESIDENT
SWEAR
PROTECT
PRESERVE
DEFEND
OATH
FIRST
PARTY
SWORN
HAND
HONOR
WHITE
NOON

Find the words in the puzzle, then in this week's Kid Scoop stories and activities.

H	F	H	U	N	S	T	Y	O	P
O	I	R	P	W	O	N	I	R	R
N	R	S	H	A	O	O	E	A	E
O	S	I	T	M	R	S	N	E	S
R	T	H	E	O	I	T	C	W	E
E	M	R	O	D	R	D	Y	S	R
D	E	F	E	N	D	I	N	M	V
C	E	N	R	O	W	S	C	A	E
N	T	C	E	T	O	R	P	T	H

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE LESSON LIBRARY

For the Children

Imagine that you have been selected to advise the president on the concerns of children. Look through the newspaper for articles addressing topics that affect children. Make a list of ways you think the president could help children.

Standards Link: Research: Use the newspaper to locate information.

Why did George Washington have trouble sleeping?

ANSWER: Because George Washington could not lie.

Write On!

What if ...

pigs could fly?
Finish this story.

Deadline: February 12
Published: Week of Mar. 12
Send your story to:

Please include your school and grade.

Fremont Symphony Orchestra's Young Artist Competition

SUBMITTED BY
CARYL DOCKTER

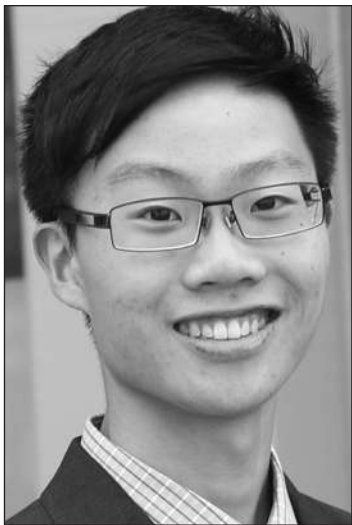
Fremont Symphony Orchestra held its 50th annual Young Artist Competition on Saturday, January 7. This year, competition was open to woodwinds, brass, percussion, harp and piano.

First Place, the Phyllis Merrifield Prize of \$1,000, was awarded to 21-year-old Michael Peng, a senior at UC Berkeley, who studies piano with Kaichi Zhu. Michael played Saint-Saëns' Second Piano Concerto, and will perform that work with the Fremont Symphony next fall.

Second Prize of \$500 went to 11-year-old Vivian Wang, a fifth-grader at Redwood Middle School in Saratoga, who studies piano with Sandra Shen. Vivian performed Bach's Piano Concerto No. 1 in D minor.

Third Prize of \$250 was awarded to 19-year-old Yuzhe Chen, a sophomore at San Francisco Conservatory of Music where he studies piano with Sharon Mann. Yuzhe performed Rachmaninoff's Second Piano Concerto.

The NafisaTaghioff Award of



Michael Peng



Vivian Wang



Joey Zhu



Yuzhe Chen

\$150 is reserved for contestants under 16 years of age and was won by 15-year-old Joey Zhu, a sophomore at California High School in San Ramon, who studies piano with Jed Galant. Joey played the first movement of Schumann's Piano Concerto in A minor.

Honorable Mention in the Taghioff category went to 11-year-old Feng Yang Ju, a seventh-grader at Crespi Middle School in El Sobrante, who studies oboe with Ming Jia Liu. Feng Yang played the first

movement of Haydn's Oboe Concerto in C Major.

Initiated in 1966, the competitions provide an opportunity for serious music students to compete for cash prizes, recognition, and a chance to perform with the Fremont Symphony Orchestra at a regular subscription concert. Over the years, many of our competition winners—such as such pianists Jon Nakamatsu, Hélène Wickett, Donna Stoering and Aileen Chanco, violinists Robin Sharp and Stephen Waarts, and cellists

Pamela Highbaugh, Paul Tobias and David Requiro—have gone on to highly successful professional careers.

Next year's competition will be for violin, viola, cello and bass. The competition is open to music students under 23 years of age who live or attend school in one of the nine Bay Area counties (Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Santa Clara, Solano, or Sonoma), and who can perform from memory an entire concerto or single major work for solo instrument

and orchestra of at least 15 minutes' duration. Those competing for the NafisaTaghioff Award can perform a single movement. Judges for the 2017 competition were pianist Hélène Wickett, trumpeter Carole Klein, and percussionist Norman Peck, all of whom are musicians in the Fremont Symphony Orchestra.

For details, contact the Fremont Symphony Orchestra at (510) 371-4860 or visit the Symphony website, www.fremontsymphony.org

Community meeting set on California Nursery Master Plan

SUBMITTED BY IRENE JORDAHL

Officials from the City of Fremont will share the draft final master plan for the California Nursery Historical Park project at a community meeting on Thursday, Jan. 19.

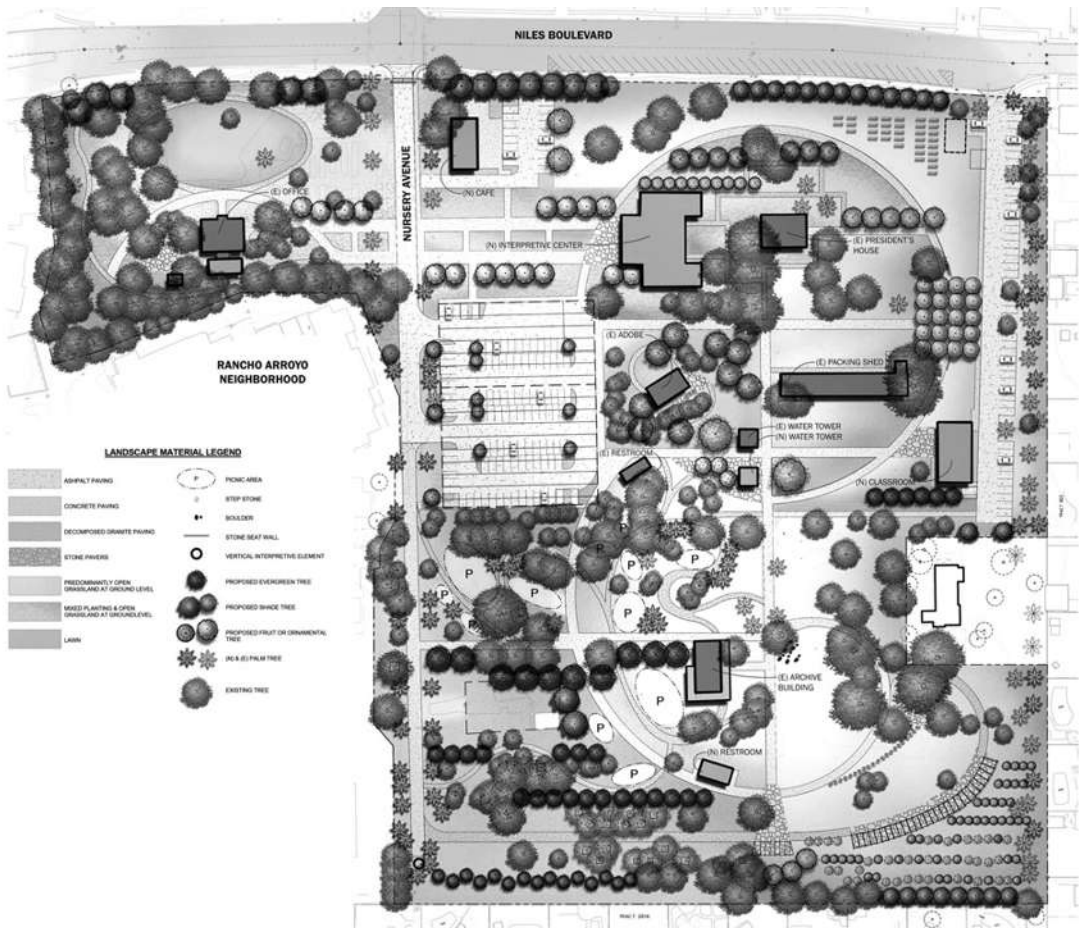
The city is working with PGAdesign Inc. to compile a master plan that will develop the vision and design concept of the California Nursery Historical Park, while retaining the historical integrity of the site.

The 20-acre property is the last remnant of the original 463-acre California Nursery Company, a once grand nursery operation that brought national attention to the East Bay, and was significantly associated with the evolution of the nursery industry on a statewide level.

The Draft Final Master Plan is tentatively scheduled to be presented to the Recreation Commission in mid-March and to the Fremont City Council in mid-April for adoption.

California Nursery Master Plan Community Meeting
6 p.m.

Thursday, Jan. 19
Fremont Teen Center
39770 Paseo Padre Parkway
Free



Niles (Fremont) Rotary Club

SUBMITTED BY
SANDI PANTAGES

On November 3, Pentarisk, a leading construction insurance broker with offices in San Jose, Atlanta, Chicago and Birmingham, held their 2nd Annual Contractors Invitational Charity Bocce Tournament. The event was a huge success and included participation from 25 leading construction companies in the East Bay to raise funds for local charities.

First place winner was DRYCO Construction Company of Fremont. DRYCO was

awarded \$7,500 which they donated to the Niles Rotary Foundation to benefit Rotary local and international charity projects.

Projects benefitting from the donation included the Rotary Area 3 (Rotary clubs in Fremont, Newark, Union City) Hot! Hot! Hot! Chili Pepper Challenge that disbursed funds to eight local charities: Tri-City Rotary Clinic, Salvation Army, Life ElderCare, Magnolia Women's Recovery Program, Second Chance, American Cancer Society, Centerville Presbyterian Church Free Dining Room, and the Area 3 Rotary World Community Service Com-



(Left to right): Check presentation to Niles Rotary - Manuel Franco (International Service); Sandra Young (Past President, Niles Rotary); Daren R.Young (Past President, Niles Rotary); Angus Cochran (President, Niles Rotary)

mittee for international projects.

Also benefitting from the donation was a Niles Rotary Inter-

national grant for a Segera Mission water project in Kenya, Africa. The water project will drill a "bore hole" or a deep well that will provide water to 3,000 people in the Segera Mission area, where 2,000 children die each year from diseases linked to unsafe water.

DRYCO's Daren Young is a past president of Niles Rotary and the Niles Rotary Foundation. He chaired the Hot! Hot! Hot! Chili Pepper Challenge for the local Rotary clubs; it was a virtual fundraising effort that raised over \$40,000 for local non-profit organizations. Daren currently

serves as a Lieutenant Governor for the Rotary District 5170 in the Bay Area.

Young, CEO, DRYCO stated, "It's a wonderful opportunity when so many outstanding organizations can come together toward a common goal and be a catalyst for change. These funds are a blessing and will allow us to finish off two very important Rotary projects."

For more information about Niles Rotary, go to www.nilesrotary.org and for information on the Chili Pepper Challenge, search Facebook for Hot! Hot! Hot! Chili Pepper Challenge.



(Left to right): DRYCO Bocce Team - Ron Saiji (VP Sales); Taylor Zamaroni (Jr. Estimator); Steve Saiji, Estimator; Kate Powers (Jr. Estimator); Daren Y.Young, CEO; Alan Berger (Chief Operations Manager)

Fremont News Briefs

BY CHERYL GOLDEN

California Nursery Historical Park Master Plan

The City is working with PGA Design, Inc. to compile a master plan that will develop the vision and design concept of the California Nursery Company Historic Park, while retaining its historical integrity. This 20-acre property in the Niles District is the last remnant of the original 463 acre California Nursery Company, a once grand nursery operation that brought national attention to the East Bay, and was significantly associated with the evolution of the nursery industry on a statewide level.

Join us as we present the California Nursery Historical Park Draft Final Master Plan at a community meeting on Thursday, January 19 at 6 p.m. The meeting will be held at the Teen Center, located at 39770 Paseo Padre Pkwy. (off Sailway Drive.)

The Draft Final Master Plan is tentatively scheduled to be presented to the Recreation Commission in mid-March and to the City Council in mid-April for adoption. To view the drawings for the park design please visit www.Fremont.gov/CaNurseryMasterPlan. If you have any questions regarding the Master Plan, send an email to CaNursery@fremont.gov.

Concurrently with the Draft Final Master Plan, the Draft Environmental Report is now circulating. If you would like to view and comment on that report, please visit www.Fremont.gov/430/Environmental-Review.

Learn from Local Entrepreneurs at Startup Grind Fremont

Fremont is fertile ground for entrepreneurs with the highest number of startups in the country on a per capita basis. Yet even the most entrepreneurial among us can benefit from education and mentorship from influential voices in relevant industries.

The City of Fremont is a proud supporter of Startup Grind Fremont. Since September 2015 this local chapter has hosted more than a dozen meetups for the startup community. The goal? To connect entrepreneurs with like-minded individuals and give them the opportunity to learn from successful innovators, find mentorship, pursue funding, and gain new customers.

Startup Grind is a global startup community that was originally founded in Silicon Valley and designed to educate, inspire, and connect entrepreneurs. Since its founding in 2010, Startup Grind has hosted more than 2,000 fireside chats across 200 cities and 85 countries.

With nearly one event per month, there are countless opportunities to get involved. To learn more about Startup Grind Fremont and to stay informed on upcoming events, visit www.startupgrind.com/fremont and follow on Twitter at [www.Twitter.com/FremontGrind](https://twitter.com/FremontGrind).

Summer Job Fair Recreation Services

Are you looking for a summer job that is fun and exciting? Come to the City of Fremont Recreation Services Job Fair on Thursday, March 9 from 5 p.m. to 7:30 p.m. at the Teen Center in Central Park, located at 39700 Paseo Padre Pkwy. This is an excellent opportunity for anyone looking for a summer job.

Positions include recreation leaders, sports instructors, camp specialists, lifeguards, swim instructors, and more. Be a part of our winning team and apply today.

For information or to download an application, visit www.Fremont.gov/RecJobs. If you are unable to attend the job fair, you may submit an application in person or by mail to City of Fremont Recreation Services, 3300 Capitol Ave., Bldg. B, Fremont, CA 94538 or by email to RegeRec@fremont.gov. Visit our Facebook event for complete details about the Summer Job Fair at www.Facebook.com/FremontRecreation.

City of Fremont is Seeking New Teammates

The City of Fremont's recruitment efforts are underway! Whether you're a seasoned professional ready to apply your expertise to the next challenge, or you're new to the workforce, the City of Fremont might have the right position for you.

Located in the heart of the Bay Area and Silicon Valley, Fremont is an innovative city that has recently gained national attention after being included on Money Magazine's top 50 "Best Places to Live 2016" list and ranking fourth on Estately's "Most Family Friendly" roundup of California cities. Fremont is looking for people who will bring creativity, quality, diversity, and dedication to all of its departments.

If this sounds like you, and you enjoy working in a dynamic environment and making a difference through public service, then the City of Fremont invites you to check out the job opportunities board and see if there's a role that speaks to you. To explore available job opportunities with the City of Fremont, visit www.Fremont.gov/CityJobs.

The City's Community Alert System - Notification Matters

The recent winter storms to hit the Bay Area are a reminder to be prepared. One step you can take is to enroll in the City's Community Alert system, CodeRED, to receive voice calls, text messages, or emails for emergency and non-emergency notifications.

The City of Fremont's Community Alert System, CodeRED, is provided by Emergency Communications Network. CodeRED is a high-speed notification system that gives City officials the ability to deliver pre-recorded emergency alerts and non-emergency notifications to targeted geographic areas or the entire city.

CodeRED is a "reverse 911" system that currently contains land-line phone numbers for most residents and businesses. The City of Fremont strongly encourages all residents and businesses, as well as people who send their children to school in Fremont or work in Fremont, to register their contact information into the secure CodeRED database to receive notifications by email, SMS (text), and cell or work numbers.

To add your information to the CodeRED system, you will be asked to provide the following information: First and last name; Fremont street address (physical address only, no P.O. Boxes); and telephone number (land-line and/or cell phone), e-mail and/or text addresses. Your contact information remains private and will only be used for community alerts. There is no fee to register.

How the City Uses the Community Alert System - Emergency Notifications

The Police and Fire departments may use the system to notify homes and businesses of

situations that pose imminent threat to life or health, such as:

- Evacuation**
- Hazardous materials releases or spills
- Barricaded criminal suspects
- Floods and fires in an immediate area
- Non-Emergency Communications
- The City also uses the system for non-emergency, time-sensitive information, such as:
- Road closures
- Scheduled major maintenance work
- Planned traffic impacts
- Missing persons
- Criminal descriptions
- City events

Caller ID Phone Numbers

There are two phone numbers used when the City activates the Community Alert system. When you see 866-419-5000 displayed, you will know the call is from the City of Fremont and it is designated as an "emergency" call. When you see 855-969-4636 displayed, that call is also from the City of Fremont and it is a "non-emergency" call. If you would like to hear the last message delivered to your phone, simply dial the number back. Add these numbers to your phone's address book so you know the City is calling.

For more information, or to enroll, please visit www.Fremont.gov/CommunityAlert.

New Year brings changes to East Bay Regional Park District

BY BEVERLY LANE

The New Year brings many changes to the EBRPD. For starters, the park district board of directors will have three new faces.

One new member is Dee Rosario. He will take office this month to replace John Sutter of Oakland, who has retired after 20 years of dedicated service. Dee is a retired park district employee; he was Redwood Regional Park supervisor for many years. The ward covers part of Oakland, east to Lafayette and some of Walnut Creek.

Another new face, though hardly new to public service, is Ellen Corbett, a former State Senator and Assembly member. She will replace Doug Siden, who retires after 24 years on the board. The ward includes San Leandro, Alameda and part of Oakland.

The third new board member is scheduled to be appointed by the end of January, to represent the northern tier of Contra Costa County from Richmond to Brentwood. That person will replace Diane Burgis, who won election in November to the Contra Costa County Board of Supervisors after two years on the Park District board. The deadline for applicants was Jan. 6.

Whoever the board of directors appoints will serve out the remainder of Burgis' four-year term, after which the seat will be up for election in November of 2018. There will be lots of new faces on the Park District staff, too. Seventy percent of the district employees have either been promoted or retired.

There have been many accomplishments in the past year as well. To mention just a few:

Solar panels have been installed at Shadow Cliffs Regional Recreation Area in Pleasanton, which will generate nearly all the electricity needed throughout the District.

The district acquired 762 new acres for future regional parks, including expansion of Black Diamond Mines in Antioch through acquisition of historic ranching property at the Somersville Road entrance.

Tilden Regional Park's 80th anniversary and the National Park Service's centennial were celebrated with an unveiling of a restored 1932 relief map of the East Bay hills. The map can be seen at Tilden's Environmental Education Center.

East Bay Regional Park District and the National Park Service co-hosted a celebration of the future Concord Hills Regional Park and a commemoration of the World War II Port Chicago ammunition ship disaster. It was Interior Secretary Sally Jewell's second visit to the regional parks.

The District completed construction of Phase I of the Albany Beach Restoration and Public Access Project at McLaughlin Eastshore State Park.

Through the Regional Parks Foundation, the District has raised \$1.9 million in support of its projects and programs, a 12 percent increase over 2015.

A Park District Economic Impact Study highlighted the \$500 million annual economic value of recreation, healthcare, properties and ecosystem services, with an additional \$191 million annual impact to the East Bay generated through visitor spending and capital investments.

There's always a lot going on in the regional parks. One of the best seasonal shows is the annual overwintering of beautiful monarch butterflies at Ardenwood Historic Farm in Fremont. Programs highlighting the monarchs will continue through February. A good introduction is "Monarchs and Milkweed," at 10:30 a.m. and 2 p.m. every Saturday and Sunday in January. The farm is on Ardenwood Boulevard just north of Highway 84. For information, call 888-327-2757, ext. 2797. For a full schedule of upcoming events, visit the District's web site, www.ebparks.org. Or, you can obtain a copy of the January-February Regional In Nature, the District's calendar of events, at any District visitor center. So please come out and enjoy your regional parks. The District looks forward to a New Year of public service as varied and productive as was 2016.

Dungeness crab health advisory lifted

SUBMITTED BY ALI BAY

California Department of Public Health (CDPH) has lifted the last remaining health advisory for Dungeness crab caught along the California coast. CDPH has lifted this advisory due to recent tests showing that traces of domoic acid have declined to low or undetectable levels in Dungeness crabs caught in the area, indicating they are safe to consume.

The final health advisory lifted was for Dungeness crabs caught in state waters in areas north of Latitude 39 degrees 33.3' N (near Ten Mile River) and south of Latitude 40 degrees 01' N (near Shelter Cove).

Dungeness crabs caught along the coast are safe to consume. However, as a precaution, consumers are advised not eat the viscera (internal organs, also known as "butter" or "guts") of crabs. The viscera usually contain much higher levels of domoic acid than crab body meat. When whole crabs are cooked in liquid, domoic acid may leach from the viscera into the cooking liquid. Water or broth used to cook whole crabs should be discarded and not used to prepare dishes such as sauces, broths, soups or stews (for example, cioppino or gumbo), stocks, roux, dressings or dips.

The best ways to reduce risk are to:
Remove the crab viscera and rinse out the body cavity prior to cooking, or
Boil or steam whole crabs, instead of frying or broiling, and discard the viscera and cooking liquids.

Symptoms of domoic acid poisoning can occur within 30 minutes to 24 hours after eating toxic seafood. In mild cases, symptoms may include vomiting, diarrhea, abdominal cramps, headache and dizziness. These symptoms disappear within several days. In severe cases, the victim may experience trouble breathing, confusion, disorientation, cardiovascular instability, seizures, excessive bronchial secretions, permanent loss of short-term memory (a condition known as Amnesic Shellfish Poisoning), coma or death. There have been no reported illnesses associated with this year's domoic acid event.

Domoic acid accumulation in seafood is a natural occurrence that is related to a "bloom" of a particular single-celled plant. The conditions that support the growth of this plant are impossible to predict. CDPH will continue to monitor conditions to ensure that seafood sold in California is safe to consume.

To receive updated information about shellfish poisoning and quarantines, call CDPH's toll-free Shellfish Information Line at (800) 553-4133.

Shinn House hosts New Year’s tea and talk

SUBMITTED BY VICTOR CARVELLAS

James and Lucy Shinn arrived here in 1856 to manage the ranch belonging to Lucy’s brother. After traveling for months by way of the Isthmus of Panama, they decided to stay and raise a family. Today, their original home known as the Shinn House, hosts regular events and tours highlighting the early history of Washington Township and Alameda County.

On Saturday, January 21, Shinn House Volunteers are hosting their annual New Year Tea. Spend an afternoon sampling scones, savories, finger sandwiches, tasty desserts and the justly famous Shinn House blend tea.

This year’s theme is “Welcoming the New Year,” and Shinn House former docent Sandra Woehl will talk about “Point of Interest and Treasures Around

the Bay.” The Tri-City region is steeped in history; find out about the people who helped make it great while enjoying a congenial afternoon of scrumptious delights and good company. Al Minard of the Mission Peak Historical Foundation will lead a tour directly after the Tea.

Shinn House New Year Tea
Saturday, Jan. 21
Tea begins at noon
Shinn House Archive Room
1251 Peralta, Fremont
RSVP with check (\$26 per person) to:
Sandra Woehl
1832 Dahill Lane, Hayward CA 94541
(510) 247-3279
(510) 396-5141
swoehl@sbcglobal.net

Tri-City middle school ensembles among California’s elite

ARTICLE AND PHOTOS
SUBMITTED BY
QUEENIE CHONG

Each year over 200 music teachers and 1,000 students across the state meet at the California All-State Music Education Conference (CASMEC) to engage in networking and celebrate amazing talent cultivated through music education. Comprising clinics and concerts, presented by both statewide and nationally renowned leaders in the music education profession, the long-anticipated CASMEC of 2017 will be held in San Jose from February 16-19.

Among the instrumental groups selected to perform at the



event, two are middle school ensembles from the Tri-City area: Hopkins Junior High School Advanced Orchestra (Fremont) and Itliong-Vera Cruz Middle School Symphonic Band (Union City).

Congratulations to all the first-rate musicians and their extraordinary directors. Led by Director of Instrumental Music Gregory Conway, Hopkins Advanced Orchestra stands out as the only string orchestra invited to perform at the conference. The group has grown and developed remarkably since its inception in 2005. At the California Music Education Association (CMEA) All-State Band and Orchestra Festival held in May, 2016, Hopkins Advanced Orchestra captured a perfect score of 100—unprecedented in the four-year history of the Festival! The ensemble was a featured performer at CASMEC for the first time in 2012 when the conference was held in Fresno. That coveted experience five years ago was quite a feat.

“It involved a lot of work, both on my part and on that of students,” recalled Conway. “However, it turned out to be a

worthwhile undertaking performing for a most discerning audience. I am sure the students will benefit greatly from the experience many of them who



Nelson Agregado

participated (in 2012) still consider it one of the highlights of all of their time in school,” Conway added.

At Itliong-Vera Cruz Middle School (formerly Alvarado Middle School), Band has always been an important part of school since it was opened in the 1960s, according to Nelson Agregado, alumnus and current Director of

Bands. Since the Symphonic Band started about 20 years ago, it has consistently received “Unanimous Superior” ratings at CMEA festivals. The students are



Greg Conway

thrilled to be showcasing their talents soon at such a prestigious event as CASMEC—a dream for many aspiring student ensembles.

“This is a huge honor for us and history in the making for our school to be represented at the state convention,” admitted Director Agregado. “I am very proud of all the hard work our Band students have put forth.”

When Conway was still a college student, he had known about Agregado and his music program, but their paths had never crossed until 2009 when their distinguished musicians had a dominant presence in the Alameda County Honor Band. For years since, the two teachers had played an integral role there working on every detail from conductors and repertoire, to other logistics for the Honor Band. Determined to promote the advancement of music education, both currently serve on the CMEA Bay Section Board Conway as Large Group Festival Coordinator, and Agregado as Representative for Alameda County. Brought together time and again because of their continuous pursuit of excellence in music education, these two accomplished educators now look forward to the exceptional opportunity of having their own school ensembles featured on the same stage at CASMEC.

Agregado appreciates the community’s effort in bringing about a quality music education, and is impressed particularly by the families of his Symphonic Band students. “Only by everyone working together has it made an honor like this possible. I want to thank the parents for supporting their students by driving them to and from rehearsals, performances and lessons.”

Indeed more driving is expected when the two schools present concerts as dress rehearsals leading up to their appearance at CASMEC. To accustom musicians to play for a large audience outside of their own schools, and ensure that they

deliver nothing but the best, concerts have been scheduled at other schools in the area. The first will be held at James Logan High School (Union City) on February 9. This will allow each group to run through the entire hour-long set of music, and prepare for their spectacular day in San Jose!

Hopkins Junior High School/Itliong-Vera Cruz Middle School Joint Concert
Thursday, Feb 9
7 p.m.

James Logan High School Center for Performing Arts
1800 H St, Union City
Free and open to the public
<http://musicathopkins.com>

Hopkins Advanced Orchestra Featured Performance at CASMEC
Thursday, Feb 16
4:30 p.m.

San Jose Convention Center
170 South Market St, San Jose
Open only to registered directors
<http://casmec.org/performance/hopkins-jr-high-school-advanced-orchestra/>

Itliong-Vera Cruz Middle School Symphonic Band Featured Performance at CASMEC
Saturday, Feb 18
9:30 a.m.

San Jose Convention Center
150 West Carlos St, San Jose
Open only to registered directors
<http://casmec.org/performance/itliong-vera-cruz-middle-school-symphonic-band/>

Family Caregiver Education Series

SUBMITTED BY FRISHTA SHARIFI

The city of Fremont Family Caregiver Support Program is pleased to offer a series of eight educational workshops designed to provide training, education, support, and resources for Family Caregivers of the Tri-City.

Workshops will be offered on every Monday, beginning January, 23. Registration and refreshments will begin at 9:30 a.m., and classes will be held at Fremont Senior Center from 10 a.m. to noon.

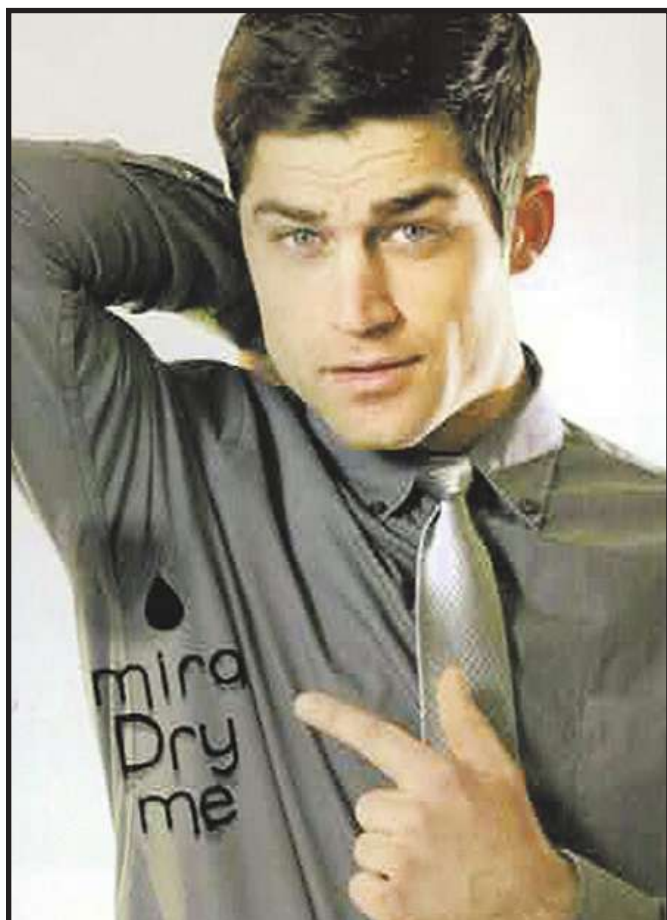
Schedule:

1. January 23: Caregiving 101
2. January 30: Normal Aging and Ways of Improving Memory
3. February 06: Caring for Loved Ones with Alzheimer’s and Memory Problems
4. February 13: Caring for Loved ones with Parkinson’s Disease
5. February 27: Stress Management for Caregivers
6. March 06: Communication Strategies
7. March 13: Taking Care of Yourself
8. March 20: Caregiving and Forgiveness

Pre-registration is required. This program is available at no cost to all family caregivers of Tri-city area. Donations to City of Fremont are greatly appreciated.

To register, contact Fremont Senior Center (510) 790-6610 or Frishta Sharifi at (510) 574-2035, fsharifi@fremont.gov. Unfortunately, we are unable to accommodate professional caregivers at these workshops.

Family Caregiver Education Series
Monday, Jan 23 – Mar 20
10 a.m. – 12:00 p.m.
Fremont Senior Center
40086 Paseo Padre Pkwy, Fremont
Reg required: (510) 790-6610 / (510) 574-2035
Free



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People, Places and Pets at Foothill Gallery

People, Places, Pets Photography Show



**SUBMITTED BY
WINDA SHIMIZU**

Hayward Arts Council presents a collection of photographs by its members in the upcoming exhibition "People, Places, and



"Pets" at the Foothill Gallery in downtown Hayward. The show runs Friday, January 20 through Friday, March 3. Meet and greet the artists at the reception on Saturday, February 25.

People, Places, and Pets features the works of 25 photographers. Every photograph tells a story in this dynamic exhibit; from self-portraits, local scenes, favorite pets, and digital photos, there is something for everyone.

Hayward Arts Council maintains five galleries: Foothill Gallery, John O'Lague Galleria in Hayward City Hall, Chamber of Commerce, Hayward Senior Center, and the Alameda County Law Library-Hayward Branch.

Come and visit Foothill Gallery to view this impressive body of work. Visit www.haywardartscouncil.org for more shows and events, or e-mail hac@haywardartscouncil.org or call (510) 538-2787 for more information.

People, Places, and Pets
Friday, Jan 20 – Friday, Mar 3
Thursday – Saturday,
10 a.m. – 4 p.m.

Artists' Reception
Saturday, Feb 25
1 p.m. – 3 p.m.

Foothill Gallery
22394 Foothill Blvd, Hayward
(510) 538-2787
www.haywardartscouncil.org

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info@fremontyouthsoccer.com

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Hayward Music Center

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Bessy gets along great with people and dogs. She's gentle, enjoys playing with squeaky toys, going for walks, getting belly rubs. Bessy is great with kids 5 yrs and older. She's been waiting patiently for her perfect family since October! Info: Hayward Animal Shelter. (510) 293-7200.

ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter
510-293-7200
16 Barnes Court (Near Soto & Jackson) Hayward
Tuesday - Saturday 1pm - 5pm

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



CONTINUING EVENTS

Friday, Nov 18 – Friday, Jan 27

A Woman's View of the World

Monday – Friday: 8:30 a.m. – 4:30 p.m.

Reception: Friday, Dec 2 5:30 p.m. – 7:30 p.m.

Various artworks by American Pen Women

John O'Laque Galleria

Hayward City Hall

777 B St, Hayward

(510) 538-2787

www.haywardartscouncil.org

Wednesday, Jan 4 - Monday, Jan 31

Nancy Benton Painting Show-case

5 a.m. - 9 p.m.

Series of acrylics portraying human condition

Mission Coffee Roasting House
151 Washington Blvd., Fremont

(510) 474-1004

www.fremontcoffee.com

Thursday, Jan 6 - Sunday, Feb 11

Beautiful Transformations Exhibit

12 noon - 5 p.m.

Photography by Yao-pi Hsu

Artist reception Friday, January 6 at 7 p.m.

Olive Hyde Art Gallery

123 Washington Blvd., Fremont

(510) 791-4357

www.olivehydeartguild.org

Tuesdays & Thursdays, Jan 10 thru Mar 2

Citizenship Class \$R

12:30 p.m. - 3:00 p.m.

Discuss American Government and prepare for interview test

Fremont Adult School

4700 Calaveras Ave., Fremont

(510) 793-6465

www.face.edu

Wednesdays, Jan 11- Feb 8

Ballroom Dance Classes \$

Beginners 7:00 p.m. - 8:00 pm

Intermediate & Advanced 8:15 p.m. - 9:15 pm

Tango, Waltz and Samba dancing

Couples only

Ruggieri Senior Center

33997 Alvarado Niles Rd.,

Union City

(510) 675-5357

www.unioncity.org

Wednesdays, Jan 11 - Feb 15

Hikes for Tikes \$R

10:00 a.m. - 10:45 a.m.

Children explore local parks

Ages 2 – 5

Hayward Shoreline Interpretive Center

4901 Breakwater Ave., Hayward

(510) 670-7270

www.haywardrec.org

Wednesdays, Jan 11 thru May 10

Mindfulness Meditation for Healing- R

10:30 a.m. - 12 noon

Physical and spiritual nutrition

Dominican Sisters of Mission

San Jose

43326 Mission Blvd., Fremont

(510) 933-6335

<http://bit.ly/2017Mindfulness>

Fridays, Jan 13 thru Feb 10

Ballroom Dance Classes \$

Beginners 7:00 p.m. – 8:00 p.m.

Intermediate & Advanced 8:15 p.m. - 9:15 pm

Tango, Waltz and Samba lessons

Fremont Adult School

4700 Calaveras Ave., Fremont

(510) 797-9594

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MUSIC CALENDAR

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SATURDAY, JANUARY 21

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Expires 2/28/17

Saturday, Jan 21 - Sunday, Jan 22
Discovery Days
10:30 a.m. - 3:30 p.m.
Hands-on exploration and crafts
Parent participation required
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Saturday, Jan 21
Fungi Fun \$
1 p.m. - 2 p.m.
Stroll the farm in search of mushrooms
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Saturday, Jan 21
East Bay Regional Parks Youth Job Fair
9:45 a.m. - 12 noon
Discover summer job opportunities for youth and students
AC Transit #339 towards Chabot Space and Science Center
Richard C. Trudeau Training Center
11500 Skyline Blvd, Oakland
(888) 327-2757
www.ebparks.org

Saturday, Jan 21
Christmas Bird Count for Kids – R
8:30 a.m. - 1:30 p.m.
Survey the refuge for birds
Ages 8 – 16
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222
https://xmas-birdcount4kids.eventbrite.com

Saturday, Jan 21
Silent Short Subject Comedy Night \$
7:30 p.m.
A Day's Pleasure, The Garage, Brass Monkey
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Jan 21
Chinese New Year Celebration
1 p.m. - 2 p.m.
Musical performances, dancing, children's crafts
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Saturday, Jan 21
Mission Peak Wind Symphony
8 p.m.
Students perform “Dawn” a new beginning
Chabot College
25555 Hesperian Blvd., Hayward
(510) 723-6600
http://www.missionpeak-winds.org/

Saturday, Jan 21
New Year Tea \$R
12 noon
Food, tea and guest speaker
Shinn House
1251 Peralta Blvd., Fremont
(510) 247-3279
swoehl@sbcglobal.net

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Location	Date	Time
Extended Stay America, 31950 Dyer St. Union City, CA 94587	Thursday, January 19th	9:00 am- 1:00 pm
Bring your Awesomeness and Resume to the event.		
Resumes are currently being accepted online at jobs@amerlic.com		

BOOKMOBILE SCHEDULE

Alameda County
Renew books by phone
(510) 790-8096
For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org.
Times & Stops subject to change

Tuesday, Jan 17
2:30 – 3:25 Cabrillo School,
36700 San Pedro Dr.,
FREMONT
4:45 – 5:30 Baywood
Apartments, 4275 Bay St.,
FREMONT
5:50 – 6:30 Jerome Ave. &
Oholones St., FREMONT

Wednesday, Jan 18
1:00 – 2:00 Del Rey School,
Via Mesa & Via Julia,
SAN LORENZO
2:30 – 2:55 Eden House Apart-
ments, 1601 165th Ave.,
SAN LEANDRO
3:30 – 4:00 Baywood Court,
21966 Dolores St.,
CASTRO VALLEY
6:00 – 6:30 Camellia Dr. &
Camellia Ct., FREMONT

Thursday, Jan 19
12:30 – 1:00 Stellar Academy,
38325 Cedar Blvd., NEWARK
2:30 – 3:00 Graham School,
36270 Cherry St., NEWARK
Friday, Jan 20
1:45 – 3:00 Hillside School,
15980 Marcella St.,
SAN LEANDRO

Monday, Jan 23
1:45 – 2:45 Pioneer School,
Blythe St. & Jean Dr.,
UNION CITY
4:15 – 4:45 Sora Apts, Alvarado

Blvd. & Fair Ranch Rd.,
UNION CITY
5:15 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird
Circle, FREMONT

Tuesday, Jan 24
1:45 – 2:30 Fremont Hills Senior
Living, 35490 Mission Blvd.,
FREMONT
3:50 – 4:20 Mission Gateway
Apts., 33155 Mission Blvd.,
UNION CITY
4:50 – 5:30 Mariner Park, Re-
gents Blvd. & Dorando Dr.,
UNION CITY
5:40 – 6:20 Sea Breeze Park,
Dyer St. & Carmel Way,
UNION CITY

Wednesday, Jan 25
2:00 – 4:00 Warm Springs Com-
munity Center, 47300 Fernald
St., FREMONT
4:15 – 4:50 Lone Tree Creek
Park, Starlite Way & Turquoise
St., FREMONT
6:00 – 6:30 Camellia Dr. &
Camellia Ct., FREMONT

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Wednesday, Jan 18
1:50 – 3:00 Friendly School,
1991 Landess Ave., MILPITAS
3:30 – 4:00 Friendly Village Park,
120 Dixon Landing Rd.,
MILPITAS



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Fri-Sat
11am - 12noon
Sun
10am-9pm



Ruby’s Place launches new programs to serve survivors

SUBMITTED BY
VERA CIAMMETTI

Ruby’s Place, an emergency shelter, located in Hayward, for survivors of domestic violence and human trafficking, has been awarded a new grant through the Department of Justice to aid survivors of human trafficking in partnership with Love Never Fails Us and MISSEY.

January 11, was the National Human Trafficking Awareness Day, and Ruby’s Place is Alameda County’s largest shelter for survivors of human trafficking and domestic violence, serving the entire Bay Area. Human Trafficking, or modern slavery, is the third largest criminal industry behind drugs and arms, with annual

revenue upwards of 150 billion dollars. The FBI named the San Francisco Bay Area as one of the 13 areas of the United States with the highest rates of human trafficking. In California, human trafficking primarily involves commercial sexual exploitation (60 percent), forced labor (25 percent) and domestic servitude (20 percent).

In response to this, Ruby’s Place will be providing extensive and informed services for survivors of human trafficking in our shelter and the community. Shelter services will include: emergency bed spaces for survivors, human trafficking case management, human trafficking therapy services and trauma trained/informed staff to provide 24-hour support. Our

community services will include: strong partnerships and collaboration with fellow service providers in order to ensure victim/survivor services are ongoing and uninterrupted, community building, awareness and education events throughout the year, training for service providers and outreach therapy services for survivors of human trafficking not in the shelter. Ruby’s Place utilizes translation services (including a multi-lingual staff) in order to provide services to all who are in need.

Learn more about the free services offered by visiting www.rubysplace.org or by calling the office at (510) 581-5626 or the Hotline at (888) 339-SAFE. Ruby’s Place is a non-profit 501(c) (3) organization.

continued from page 12

YEAR OF THE ROOSTER: SOMETHING TO CROW ABOUT

Lunisolar calendars have a variable number of months in a year. The reason for this is that a solar year is not equal in length to an exact number of lunar cycles, so without the addition of intercalary months the seasons would drift each year. To synchronize the lunar and solar years, a thirteen-month year is needed every two or three years.

In agricultural China, as with many farming cultures, a winter celebration prior to the beginning of the season was an appropriate time to evoke the deities’ aid in procuring a good harvest. Today, businesses of all kinds hope that the celebrations will usher in profits and success. Traditionally this is a time for cleaning, to remove the remnants of lingering bad luck, visiting family, paying off debts, and generally starting the year fresh.

The most popular legend about the origin of the New Year celebration centers on the village of Taohua (Peach Blossoms) once plagued by the horned monster Nian. Nian lived at the bottom of the sea, but once a year on Spring Festival Eve it came out to eat the village’s crops, livestock, and even villagers, especially children.

One year, all the villagers had decided to flee into the hills to escape the beast when, unexpectedly, an old man dressed as a beggar appeared before the villagers. He appeared quite insane, but one old woman took pity and gave him something to eat. He told her if she would let him stay under roof he would rid them of the beast. She tried to convince him to flee, but he insisted on staying. That night the old man hung red banners and set off firecrackers.

On the stroke of midnight, the monster Nian rushed into the village, but immediately found that there was something different in the village. He quivered all over on seeing the red paper glued on the door of the old woman’s house. Nian scowled at the house for a moment and howled fiercely to throw himself at the house. Approaching the door gate, he heard fireworks exploding. At that moment, the old beggar burst through the

door laughing and dressed in red. Nian turned pale with fright and ran off into the night.

That morning, when the returning villagers saw nothing had been destroyed, they realized the old man had been a deity, come to save them. When they saw the banners and heard the last of the firecrackers exploding they knew what they had to do to keep Nian away. After that, when the New Year was about to come, the villagers would wear red clothes, hang red lanterns, and light firecrackers to frighten away Nian. From then on, Nian never came to the village again.

The custom spread far and wide and became a grand traditional celebration of the “Passing of Nian” (Guo Nian—”Nian” in Chinese means “year”).

The biggest event of any Chinese New Year’s Eve is the Reunion Dinner, named as “Nian Ye Fan.” A dish consisting of special meats is served at the tables of Chinese families as a main course for the dinner and offering for the New Year. In northern China it is customary to make dumplings (jiaozi) after dinner to eat around midnight. Dumplings symbolize wealth because their shape resembles a Chinese sycee (the gold ingot once used as currency).

By contrast, in the South, it is customary to make a glutinous New Year cake (niangao) and send pieces of it as gifts to relatives and friends in the coming days of the New Year. Niángao [Pinyin] literally means “new year cake” but also sounds like a phrase translated as “increasingly prosperous, year in year out.”

One of the most well-known events celebrating the Chinese New Year is the parade in San Francisco, which takes place this year on Saturday, February 11. More than 100 groups will participate in what is recognized as the largest celebration of its kind outside of Asia. Held approximately two weeks following the first day of the Chinese New Year, it combines elements of the Chinese Spring Festival with a typical American parade.

The festival dates to 1858. At the time, Chinese Community

leaders wanted to share their culture with those who were unfamiliar with it and decided to employ a favorite American tradition: the parade. Nothing like it had ever been done in their native China. They invited a variety of other groups from the city to participate, and marched down what today are Grant Avenue and Kearny Street carrying colorful flags, banners, lanterns, and drums and firecrackers.

Upcoming events:

South Bay Chinese Club, Citizens for Better Community, and Fremont Main Library will sponsor the celebration of the Chinese Lunar Year 4714 with entertainment and crafts at the Fremont Main Library on Saturday, January 21.

2017 Chinese New Year Program
Thursday, Jan 19
1:00 p.m. – 4:00 p.m.
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1421
www.aclibrary.org
Free

The San Francisco Parade Preview is a much smaller version of the enormous parade to come. It might be just the thing for people hoping to see a few dragons, giant puppets, and dancers without all the big crowds.

San Francisco Lunar New Year Parade Preview
Saturday, Jan 21
10:30 a.m. – 12:00 p.m.
St. Mary’s Square
433 Kearny St San Francisco
http://www.chineseparade.com/parade_events.asp?pEvent=mini_parade
Free

Join the Fremont Senior Center Chinese Senior Club for a delicious lunch expertly prepared by our chefs, Jeff and David. A special New Year performance will be held in Wing A. Buy your ticket in advance; lunch usually sells out.

Fremont Senior Center – Chinese Senior Club
Chinese New Year Celebration
Thursday, Jan 26
11:00 a.m.
Fremont Senior Center

40086 Paseo Padre Pkwy, Fremont
(510) 790-6600 for tickets and prices

The Vietnamese Tet Festival takes place at the Santa Clara County Fairgrounds with festivities including concerts, sports matches, parades, the traditional lion dance, beauty competitions, fashion shows, international food court and games.

Vietnamese Tet Festival
Saturday & Sunday,
Jan 28 & 29
10:00 a.m. – 10:00 p.m.
both days
Santa Clara County Fairgrounds
344 Tully Rd, San Jose
(408) 387-4470
www.tetvietnamsj.com
www.everfest.com/e/san-jose-vietnamese-tet-festival-san-jose-ca
Free

Roll in the Year of the Rooster with talented dancers and musicians at the Asian Art Museum’s annual Lunar New Year Celebration. Students from the Chinese American International School and China Dance School and Theatre present traditional and modern music, as well as dances from China, to kick off the New Year.

Lunar New Year Celebration
Sunday, Jan 29
10:30 a.m. – 4:00 p.m.
Asian Art Museum
200 Larkin St, San Francisco
(415) 581-3500
www.asianart.org
Free with museum admission

Celebrate Lunar New Year with the Oakland Asian Cultural Center! There will be cultural performances such as Chinese dance, traditional music, lion dancing, and much more! We have activities for kids such as art and crafts, book readings, and balloon animals. Also, there will be a demonstration by Jimmy Zhang on the art of food and fruit carving.

Lunar New Year Celebration
Saturday, Feb 4
11:00 a.m. – 3:00 p.m.
Oakland Asian Cultural Center
388 9th St, Oakland
(510) 637-0461
http://oacc.cc/
Free

Sponsored by Southwest Airlines and the Chinese Chamber of Commerce, the Chinese New Year parade is a big event and goes on past dark. The parade route is from Market and Second Street to Kearny and Jackson. \$30 will buy you a seat on the bleachers (Kearny Street, between Sacramento & California)

San Francisco Chinese New Year Festival & Parade
Saturday, Feb 11
5:15 p.m. – 8:00 p.m.
Market and Second St, San Francisco
(415) 982-3000
http://www.chineseparade.com/
Free; \$30 bleacher seat

Join the Oakland Museum of California (OCMA) for the 15th annual Lunar New Year celebration, a fortune-filled family-friendly event to welcome in the Year of the Rooster and celebrate Valentine’s Day. Enjoy an array of Asian traditions in arts, crafts, food, demonstrations, live music, dance, martial arts, and so much more. Explore connections between the diverse Asian cultures represented in California, including Chinese, Korean, Vietnamese, Japanese, Mongolian and other Asian cultures.

Lunar New Year Celebration
Sunday, Feb 12
12:00 p.m. – 4:30 p.m.
OMCA
1000 Oak St. Oakland
(510) 318-8400
http://museumca.org/
Cost: \$15.95 adult, \$10.95 student/senior, \$6.95 youth (9–17)

South Bay Chinese Club invites you, your family, and friends to join us to welcome the Year of the Rooster. As always, you can expect our ever-popular raffle with oodles of prizes! RSVP no later than February 15.

2017 Chinese New Year Dinner
Sunday, Feb 19
5:30 p.m. – 8:30 p.m.
Mayflower Restaurant
34348 Alvarado Niles Rd, Union City
http://www.southbaychinese-club.org/2017-cyn-dinner-1
Cost: \$30, \$15 children 5-11, free for charter members

Big plans for LOV’s

An Elegant Affaire

SUBMITTED BY SHIRLEY SISK

The League of Volunteers – LOV is holding the 26TH annual “An Elegant Affaire” on Friday the 10th of February at the Doubletree by Hilton in Newark. The chef will be serving a gourmet dining experience for the benefit of LOV’s popular Arts In Schools Program which provides in-school multi-cultural performing arts assemblies to the children of Fremont, Newark and Union City.

Last year’s glittering event helped bring performances to over 14,000 young people. The need for this program in our schools is still great. The school’s requests can be met with the success of this year’s “An Elegant Affaire” – a time to enjoy fantastic food, fine wine and fun. Enjoy the champagne cocktail hour where you will be entertained by Salvador Vazquez on Mexican harp. You will also be able to do some beer tasting thanks to Das Brewery.

This will be followed by a four-course gourmet dinner. Just look at the menu: Classic Wedge Salad – with blue cheese dressing garnished with applewood smoked bacon, blue cheese crumbles green onions and red grape tomato halves, Intermezzo – Italian semi-frozen shaved

ice, tender beef flat iron steak with Argentinian sauce served on a bed of Yukon gold potatoes accompanied by seasonal root vegetables (Vegetarian option available). Top it off with what we call “I LOV Chocolate”. Its decadent chocolate drizzled with raspberry sauce and topped with fresh whipped cream.

Various wines come with the dinner. Besides a fantastic evening of delectable dining, there will be live and silent auctions and a very special drawing. Great prizes are being donated by local Mayors, School Superintendents, School Board Members, Teachers Association Presidents, County Superintendents and other dignitaries; MC for the evening is Rick Geha. The evening begins at 6:00 p.m. Tickets are \$85 per person or \$750 for a table of 10 with table sign. All credit cards accepted. You may also purchase on line at www.lov.org. Reservations are limited to 150.

For further information call LOV at 793-5683

League of Volunteers
8440 Central Ave., Suite A/B, Newark
(510) 793-5683
www.lov.org

Walk for Peace

SUBMITTED BY BRIAN HUI

Parents, children, community leaders, and concerned residents in the Tri-City communities of Union City, Fremont, and Newark will walk together in a show of unity and a call for peace on Sunday, January 22, starting from Charles F. Kennedy Park in Union City.

The peace walk is being spearheaded by the local groups Great Exchange Church East Bay and Searles Elementary School. Additional groups and elected officials plan to attend as well.

Initiated as a response to recent hate crimes and a desire for safe communities and honorable role models, those walking hope to encourage their neighbors to consider how they can be a part of enabling peaceful communities. Specifically, the group states that they march for being good neighbors and positive role models for children. They march against discrimination and disrespect in all its forms. And they walk in solidarity with those who are threatened.

The group states that the walk is meant to be family-friendly and members of the community are invited to join the Walk for Peace. The walk will start at 1 p.m. at Charles F. Kennedy Park in Union City, making a stop at the William Cann Memorial Civic Center off Alvarado-Niles Rd before looping back to Charles F. Kennedy Park.

Joylani Shibata, a Fremont resident and mother of two young children, helped to get the plans for the walk started. “I know

many people who are saddened by the recent hate crimes in our local communities, as well as in other parts of the US, as well as a lack of integrity and respect for others shown by elected and appointed officials. I would venture to guess that there are many ‘lesser’ incidents that go un-highlighted in the media and our Facebook feeds,” says Shibata.

“These recent incidents are a reminder of the ongoing struggles against discrimination, violence, and hate that persist in our communities. Many people, including myself, have asked, ‘What can we do?’ Walking for peace is an outward demonstration of an inward commitment to be a person of peace and a positive role model for the children in our community. We hope that by initiating conversations, instigating compassion, and instilling an understanding of why this matters, we will bring positive change in our communities and nation. And, in the process, urge our elected officials to do the same: to lead and legislate with integrity and compassion.”

Tri-City Families Walk for Peace
Sunday, Jan 22
1 p.m.
Kennedy Park
1333 Decoto Rd., Union City

Reverend Brian Hui, Great Exchange Covenant Church East Bay, brian.hui@grxeastbay.org

Principal Raquel Bocage, Searles Elementary School, [#familieswalkforpeace](mailto:rbocage@nhusd.k12.ca.us)

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Skills include, but are not limited to: customer service, phone system, filing, data entry, marketing, research, business letters/emails, and event planning.

BJ Travel Center Melissa Fields

510-796-8300 melissa@bjtravelfremont.com

Performance Engineer in Fremont, CA: Plans, designs, & conducts performance testing of web applications, assessing server performance, effect of user behavior, and scalability of applications under load. Reqs: Bachelor's in Technology, Comp. Sci., or Comp. Eng.; 12 mos. experience as Programmer/Analyst. Must be skilled in UNIX, Java, JavaScript, CSS, HTML, and XML. Requires relocation for long-term projects to client sites at various unanticipated locations throughout the U.S. Mail resumes: Cavisson Systems, Inc., 44426 Cavisson Court, Fremont, CA 94539, Attn: Uday Shingwekar.

Park It

BY NED MACKAY

Bird of prey census

Lands on the east side of Mt. Diablo are home to an impressive variety of birds of prey. And naturalist Mike Moran ought to know. He's been tracking their numbers for years.

You can help Mike with his citizen science research project during a hike from 9 to 11:30 a.m. on Thursday, Jan. 26 at Marsh Creek in Brentwood. No experience is necessary – Mike will show how to identify the raptors. Results of the count go into a database used by researchers.

If you can't make the Marsh Creek program, there's another at the same time on Feb. 23 at Big Break Regional Shoreline in Oakley.

Both programs are free of charge, but registration is re-

quired. For registration and information, call 888-327-2757 and select option 2. For the Jan. 26 program, refer to registration number 15694. For Feb. 23, the number is 15695.

Speaking of birds, there's a birdwatching walk from 10 a.m. to 12:30 p.m. on Saturday, Jan. 21 at Waterbird Regional Preserve in Martinez, led by naturalist Kevin Dixon. It's for ages six and older; beginning birders are welcome.

Waterbird Preserve is on Waterbird Way a bit east of Interstate 680 in Martinez. For information, call 888-327-2757, ext. 2750.

And there's more: a walk in search of shorebirds is scheduled from 2 to 4 p.m. on Saturday, Jan. 21 at Pt. Pinole Regional Shoreline in Richmond, led by

naturalist Anthony Fisher. Point Pinole is on Giant Highway off Richmond Parkway. For more information, call 510-544-2233.

All these winter rains have produced a bumper crop of mushrooms. Although mushroom gathering is prohibited in the regional parks, you can still enjoy hunting for them.

There's a safari in search of mushrooms, molds and slimes from 10 a.m. to noon on Sunday, Jan. 22 at Black Diamond Mines Regional Preserve in Antioch.

Meet in the parking lot at the end of Somersville Road, three-and-a-half miles south of Highway 4. The program is free of charge. Black Diamond Mines has a parking fee of \$5 per vehicle when the entrance kiosk is attended. For information, call 888-327-2757, ext. 2750.

There's a fungus walk at Redwood Regional Park in Oakland, too, led by naturalist

Trent Pearce. It's from 11 a.m. to 2 p.m. on Sunday, Jan. 22. Meet Trent at the park's Canyon Meadow staging area. It's at the end of the road that leads into the park from Redwood Road, about two miles east of the intersection with Skyline Boulevard. For information, call 510-544-2233.

What's more, Trent is coordinating a Fungal Fair at Tilden Nature Area near Berkeley, from 4:30 to 8 p.m. on Sunday, Jan. 29. More about that in the next column.

Water from tree to sea is the theme of the Family Nature Fun program from 2 to 3 p.m. on Saturday and Sunday, Jan. 21 and 22 at Crab Cove Visitor Center in Alameda. The staff will trace the path and influence of water as it travels from upper watershed lands to San Francisco Bay.

After that it's feeding time from 3 to 3:30 p.m. at the center's large aquarium, which has all kinds of fish from

San Francisco Bay. Crab Cove Visitor Center is at the end of McKay Avenue off Central Avenue. For information, call 510-544-3187.

Naturalist Kristina Parkison plans an interesting program on Saturday, Jan. 21 at Coyote Hills Regional Park in Fremont, for kids ages 8 through 16.

It's modeled after the Audubon Society's Christmas bird count. From 8:30 a.m. to 1:30 p.m. the kids will be taught the proper use of binoculars and techniques for bird watching. They'll also have the opportunity to contribute their findings to the eBird database.

The group will meet at Don Edwards National Wildlife Refuge to survey both the refuge and Coyote Hills.

Parental participation and advance registration are required. For information, visit https://xmasbirdcount4kids.eventbrite.com. If that link doesn't work for you, call Carmen Minch at 510-792-0222, ext. 476.

Emergency Warming Center

SUBMITTED BY FUSS

Due to the cold and rainy weather, we are getting more homeless friends at the Fremont Warming Center. There are not enough cots and many of the old ones are broken. Fifty cots are needed. If you feel inclined to contribute to the Emergency Warming Center, please kindly consider purchasing cots.

We suggest the Coleman Pack-Away Cot, which can be purchased for \$39.99 at the Target Store or on Amazon at:

https://www.amazon.com/Coleman-2000020273-Pack-Away-Cotton/dp/B00GVJJOAQY

The cots can be brought to the Warming Center Fremont Senior Center (Wing A, 40086 Paseo Padre Parkway), when the Center is open between 6 p.m. – 8 p.m. Please call the Hotline number to check activation at: (510) 574-2222.

If you prefer, cots may also be dropped off at the Human Services Department, 3300 Capitol Avenue, Bldg. B, in Fremont.

Human Services has a donation page on the City of Fremont Web Site and contributions can be made to the Warming Center: https://www.fremont.gov/Form-Center/Donation-Forms-2/Human-Services-Donation-35

Human Services will send a thank you letter, with their Tax-ID number, as contributions are tax deductible.

FUSD presents parent workshops to ease student stress

SUBMITTED BY FREMONT UNIFIED STUDENT STORE

At its December 19 meeting, the Fremont Unified School District's Student Stress Committee read a report containing alarming figures on the state of student stress. Among them: one in five 7th grade and one in four 9th grade students reported chronic sadness or helplessness in the last year; also, 16% of 9th graders reported they had seriously considered suicide in the last year.

The FUSD Student Stress Committee, with the Stanford Graduate School of Education and Challenge Success, present two series of workshops for parents, designed to help them support the success of their children and alleviate academic stress.

Making Homework Work

Homework is the one place where school and home come together and there's no guidebook for how to make this union work. We want to support our children without

stifling their sense of responsibility and autonomy. Learn why the dynamics of homework have changed in recent years, what you can do to minimize homework stress, and how to establish health homework habits without being the homework police. For parents of grades K-8.

The Well-Balanced Student

When we are too focused on grades and performance, we deny our children the time and energy they need to tackle the demanding work of growing up. In this presentation, you'll learn how you can establish a healthier home environment for your school-aged child, reduce academic stress without sacrificing achievement, and increase your child's resilience, creativity, and well-being. Separate workshops for parents of grades K-6 and grades 7-12.

For workshop times and locations go to http://www.fuss4schools.org/fusd-student-stress-committee/.



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510.796.FLIP (3547)

All Ages!



SPORTS

Senior Softball general meeting notice

SUBMITTED BY
ANN/JOE FARIAS

Now is your chance to speak up and share your opinions about the upcoming season with the Volunteer Commissioners and others.

This is a coed league with games played at 9:30 a.m. Tuesday through Thursday at Oliver fields in Hayward. This will be year 27 for the league. Last year there were 200 participants.

Three age groups: 50's Thursday's; 60's Tuesday's; 70's Wednesday's.

New this year, paid umpires. All past members were given a chance to vote on this issue and the result was about 2 to 1 in favor of the League hiring Umpires to officiate the 50's and 60's league's games. Teams in the 70's league will continue using team members as umpires. The league financial statement will be available at the meeting.

All Seniors age 50 and up, interested in playing softball in the 2017 HARD Leagues should attend this informational meeting.

Senior Softball General Meeting
Thursday, Jan 26
1 p.m.
Kenneth C. Aitken Senior Center
17800 Redwood Road,
Castro Valley
www.hardseniorsoftball.com

Newark Ring of Honor program honors outstanding former student athletes

SUBMITTED BY TIM HESS

Five former Newark student athletes will soon be inducted into the Ring of Honor Athletics Hall of Fame.

The hall of fame recognizes outstanding athletes, coaches, teams and other individuals who have contributed significantly to all Newark High Schools past and present. It was established to preserve the legacy of Newark

graduates who have excelled in athletics and as professionals and to inspire current students in Newark schools.

This year's inductees include:

- Ami Forney
- Leti Olivarez
- Newell Roach
- George Johannes
- Dennis Frese

This year marks the second class of graduates named to the

hall of fame. A free community event to honor the class of 2017 inductees is set for Jan. 28 at Newark Memorial High School.

Newark Ring of Honor Athletics Hall of Fame
7 p.m.
Saturday, Jan 28
Newark Memorial High School Commons
39375 Cedar Blvd., Newark
Free



Wellness



Balance



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6943 Thornton Ave., Newark



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Senior Helpline

(510) 574-2041

Serving individuals 60+ and their families in Fremont, Newark and Union City, CA

Care coordination, paratransit assistance, counseling, health promotion and caregiver support.



Vikings blank Warriors

Men's Soccer

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Irvington Vikings varsity soccer squad played with impressive field movement as they were able to position their attack to get great open shots on goal. Mission San Jose's Warriors were unable to match Vikings' speed and lost their January 11 matchup 3-0.

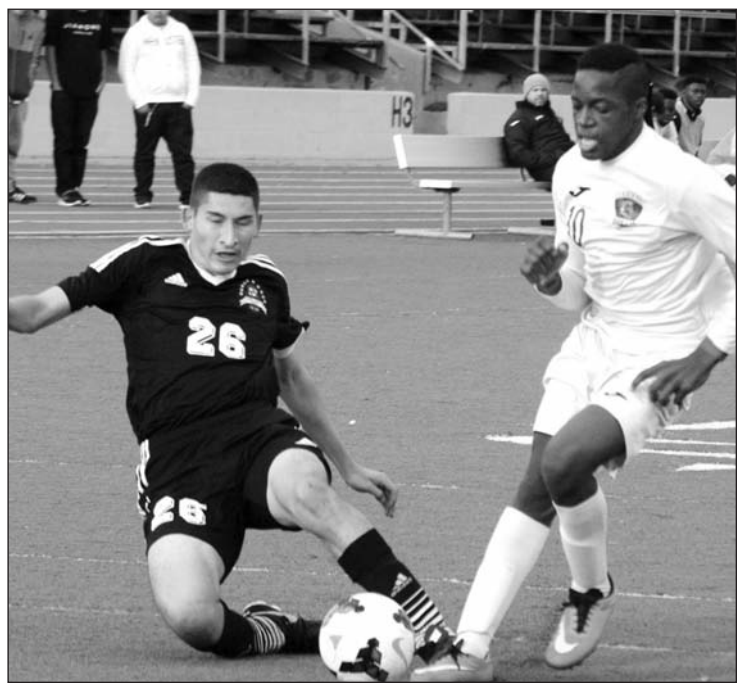


Titans outlast Colts

Men's Soccer

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

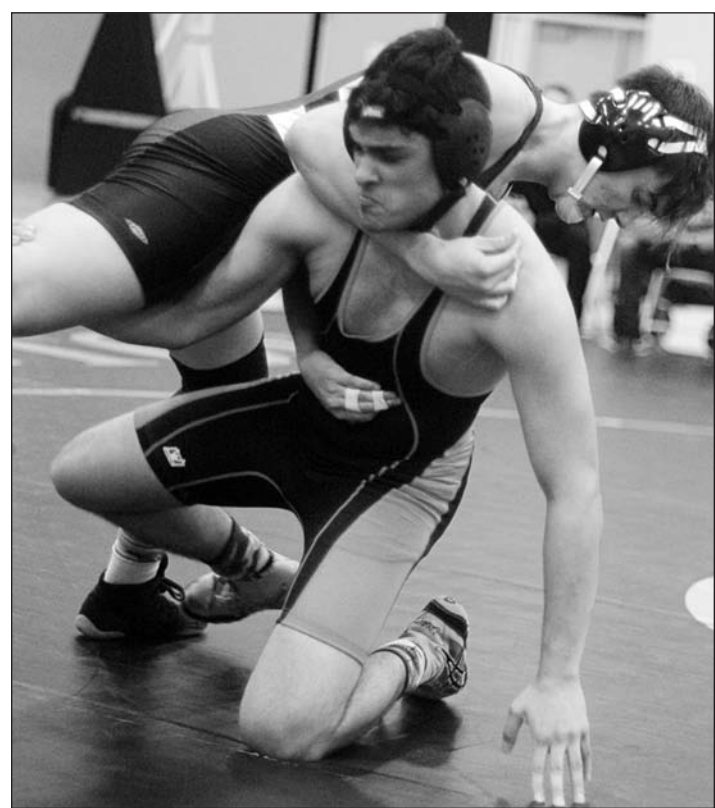
The John F. Kennedy Titans varsity soccer team met the James Logan Colts on January 11 and came away with a 2-1 victory. Both teams moved the ball well and each goalkeeper saved scoring opportunities to keep the game close. The Titans were able to produce more shots on goal and preserve a close advantage.



Huskies grapplers outscore Vikings

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Washington Huskies wrestling team beat the Irvington Vikings 54-6 in a match score that did not reflect the close battle it was. This January 11 dual meet could have gone either way as all of the matches were hard fought right down to the end. It was a good test for both teams as they highlighted their up and coming wrestlers.



Local skating talent contender at U.S. Championships

2018 Winter Olympics hopeful

By TERRY TERZIAN
SPECIAL TO THE
TRI-CITY VOICE
PHOTOS COURTESY OF U.S.
FIGURE SKATING

“I love executing a spiral; holding it, and being in the moment,” replies 17-year old Fremont native and elite figure skater Karen Chen, when asked what she most likes about

skating. “I love nailing the jumps perfectly in competition, and the audience standing and cheering!”
Chen will be among the medal contenders at this week’s 2017 Prudential U.S. Figure Skating Championships in Kansas City, Missouri. “My goals are to make the podium at Nationals and make the Four Continents and Worlds teams,” states Chen. “To do that I need to skate both clean short and long



technique. I’ve worked hard in practice this season on my technique to become more solid and consistent, and I feel good about the progress I’ve made.”
Chen has competed in two major international events so far this season, finishing 6th in the 2016 Grand Prix NHK Trophy in Sapporo Japan, and 7th in the 2016 Grand Prix Audi Cup in Beijing, China. “I’m pretty happy with the season so far and have learned a lot from each competition.”
Chen was born in Fremont and attended Chadbourne Elementary. Since then her family has split time between Fremont and Hayward. Currently Karen is enrolled in Connections Academy, an online public school. Her father is a software engineer. Her one sibling, Jeffrey, is 14.

Karen first donned skates at age 4. “I really knew I loved skating when I was 6!” she explains, proudly. Karen represents the Peninsula Figure Skating Club in San Jose, CA, and for the past three years has trained primarily in Riverside, CA, under the watchful eye of veteran coach Tammy Gambill. When not gliding across the ice Karen enjoys drawing and other arts and crafts.

“This is an extremely important Nationals leading up to the Olympics next year (Feb. 9-25, 2018 in Pyeongchang, South Korea). “I’m going to give it all I got, enjoy myself, and be proud of how far I’ve come.”

Television viewers can watch the drama unfold in Kansas City this week. NBC, NBCSN, and Universal HD plan extensive coverage beginning with the ladies short program on Thursday, Jan. 19. Please consult your local TV listings for specific scheduling and times.



programs.” Chen’s highest finish at the U.S. Championships to date is a bronze medal in 2015 in Greensboro, North Carolina.
Strong competition is expected from 3-time US National Champion and reigning 2016 World Silver Medalist 25-year old Ashley Wagner; 2-time and reigning 2016 U.S. National Champion 21-year old Gracie Gold; 5-time U.S. national medalist 23-year old Mirai Nagasu; and 2016 Skate America silver medalist 20-year old Mariah Bell.
The United States has qualified three ladies for both the 2017 Four Continents Figure Skating Championships (Feb. 15-17 in Gangneung, South Korea), and the 2017 World Figure Skating Championships (March 29-April 2 in Helsinki, Finland).

Chen competed in last year’s Four Continents competition, finishing 12th.
For this year’s competitive season Chen has selected music from the film On Golden Pond and the tango music “Tango Jalousie” for her short and long programs, respectively. She actively helps with the choreography for both programs.
The most difficult technical element in both her programs is the triple lutz – triple toe loop combination jump. six full rotations in the air in about two seconds time. “I’ve been practicing a lot and the element is becoming more consistent,” she states.
Chen admits nerves have sometimes plagued her in past competitions. “I sometimes get nervous which then hurts my

Women’s Basketball

Chabot College basketball report

SUBMITTED BY
MATT SCHWAB
PHOTO BY COURTESY OF
CHABOT WOMEN’S
BASKETBALL

After a wild roller-coaster ride of a week to open play in the Coast-North Conference, the Chabot College women’s basketball team is undoubtedly looking for solid ground in the rest of the conference season.



De’Zire Hall

The Gladiators (13-6, 1-1) endured a disappointing 76-69 loss at City College of San Francisco (15-3, 2-0) on January 4 after leading most of the way, and then rallied past visiting San Jose (8-9, 1-1) on January 6 after trailing most of the game.
The loss to the CCSF Rams was rough because CCSF rallied late with four 3-pointers after Chabot led by 10 points entering the fourth quarter. De’Zire Hall paced Chabot with 34 points and 10 rebounds, and Tylore Bell, the state leader in assists, had a double-double with 10 assists and 16 points to go with four steals.
“We played really well and led for 35 minutes,” Chabot coach Mark Anger said of the loss to San Francisco. “It was a very frus-

trating loss for us, but we feel like we can play with them and we can get them next time around.”
Conversely, it was a feel-good ending against San Jose as the Gladiators found a way to win a game that might have gotten away the previous season. After a dreadful start in which Chabot trailed San Jose 14-2, the Gladiators kept battling back. Sharpshooter Aiyanna Gallegos drained back-to-back three-pointers late in the game to erase a 46-42 deficit. Gallegos had nine three-points over the two games, including five against San Jose. Hall had her usual double-double with 11 points and 13 boards.

Women’s Basketball

Renegades Report

SUBMITTED BY
DON JEDLOVEC
January 11, 2017

(San Jose) City
College 60,
Ohlone 52



Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Alameda County Water District to discuss proposed rate increase

SUBMITTED BY
SHARENE GONZALES

Alameda County Water District (ACWD) invites the public to attend a community meeting on Monday, January 23, to discuss a proposed two-year water rate increase, the financial challenges facing the District as a result of years of drought, and the current water supply status for the communities of Fremont,

Newark and Union City. Additional information about ACWD’s proposed rate increases is available at www.acwd.org/rateproposal

ACWD Community Meeting
Monday, Jan 23
6:30 p.m – 8:00 p.m.
Fremont Main Library
Fukaya Room B
2400 Stevenson Blvd, Fremont
www.acwd.org/rateproposal

Fremont City Council appoints David Bonaccorsi as new Councilmember

SUBMITTED BY CITY OF FREMONT

At the January 10 Special City Council meeting, the Fremont City Council appointed David Bonaccorsi as Fremont’s new councilmember to fill the vacancy after Lily Mei was elected to serve as mayor. Mr. Bonaccorsi will be officially sworn in to office at the February 7 Council meeting. He will serve as councilmember for approximately two years until the results of the November 2018 General Municipal Election are certified and a newly elected councilmember is seated.

The Fremont City Council received 27 applications from Fremont residents to fill the vacancy on the City Council. At the January 3 City Council meeting, the Council selected eight candidates to interview at the January 10 Special Council meeting. Once interviews were conducted with each candidate, the mayor and councilmembers ranked their top three candidates and then held a discussion. After the discussion concluded, the final results are that the Council voted to appoint Mr. Bonaccorsi to the vacant Council seat. Mr. Bonaccorsi has served on the Fremont Planning Commission for 10 years.

Union City City Council Meeting

January 10, 2017

Proclamations and Presentations:

- Public Communications:
- Proclamation in recognition and honor of Martin Luther King, Jr. Day and present certificate to Tommie Lindsey Jr. for his development of an annual Martin Luther King Jr. Forensics tournament to be held at Logan High School, January 13-15 in Union City
 - Public Communications:**
 - Introduce new employees Francisco Reyes, José Gutierrez, Peter Lau (Public Works) and Naomi Garcia (Finance).
 - Consent Calendar:**
 - Accept work for Casa Verde Park Trails and playground improvements.
 - Adopt a resolution to accept work for the South Decoto Green Street project.
 - Adopt ordinance approving zoning text amendment, regarding water efficient landscapes.
 - Adopt ordinance approving zoning text amendment, regarding dwelling units.
 - Accept the information required by senate bill 165 for a community facilities district for fiscal year 2016-17.
 - Adopt a resolution for the approval of a contract change order in the amount of \$334,493.78 and appropriate \$1,234,000 for H Street Green

- Street project.
- Ratifying expenditure of \$52,950 to Zooka Creative Corp for branding and photography services.

Public Hearings:

- Consider adoption of a mitigated negative declaration and mitigation monitoring and reporting program associated with the introduction of an ordinance approving zoning text amendment, modify housing element overlay chapter, residential districts and planned unit development. Adopt a resolution approving vesting tentative tract map.

City Manager Reports:

- Adopt a resolution setting the 2017 calendar year city council meeting schedule including city council retreat and special joint meetings with city commissions. Meetings will continue to be held the second and fourth Tuesdays of the month with the exceptions of August 22 and December 26. The city council retreat is planned for April 22, 2017.

Successor to Redevelopment Agency:

- Adopt a resolution of the successor agency to the redeveloping agency authorizing the issuance of refunding bonds in the amount of \$62,495,000, approving the form of the indenture in connection therewith and authorizing actions related thereto.

Mayor Carol Dutra-Vernaci	Aye
Vice Mayor Pat Gacoscos	Aye
Emily Duncan	Aye
Lorrin Ellis	Aye
Gary Singh	Aye

Homeless count and survey

SUBMITTED BY CITY OF FREMONT

Make a Difference in Fremont! The City of Fremont needs your help in the 2017 Alameda county-wide homeless count on Tuesday, January 31, 5:30 a.m. – 11:00 a.m.



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.
To subscribe to all blog posts scan this QR Code or visit ThinkSiliconValley.com/silicon-valley-east/

Takes from Silicon Valley East

2017 economic forecast is “sluggish” but here are five reasons why Silicon Valley is poised to do better than the rest

BY KELLY KLINE

Good news! Kind of. Real estate magnate Louis Belmonte does not predict a 2017 recession. “There’s no bust because busts follow booms and believe me, there’s no boom.”

Belmonte headlined the Silicon Valley Crew annual forecast event, acknowledging that true “futurists” are a rare breed, given their general propensity to think about the future as “the present plus one.”

There are a number of things that Belmonte is concerned about: low levels of population and productivity growth and meager labor force participation. Most concerning of all being that “demographics are destiny” and our aging population stands to cause many ripple effects in the economy.

However, there is no question that Silicon Valley is doing better than the rest of the country and the “why” can be summarized in one word: wealth. Specifically, wealth is flowing into the Silicon Valley economy because of technology. These are the five primary vehicles bringing in the dough.

1. Exports. U.S. exports are looking strong. Assuming other world economic powerhouses stay solid, the sun will keep shining.
2. Initial Public Offerings, or IPOs, or “wealth created from scratch.” IPOs are on the decline and are not likely to come back without major legislative changes.

3. Buy-outs. Startup sales are a vibrant area for Silicon Valley. Bigger companies routinely procure new ideas from their smaller, more nimble counterparts.

4. Venture Capital. Venture capitalists are increasingly scared and risk-adverse, resulting in less activity.

5. Taxpayer Subsidies. Public investment in sectors such as biotechnology and cleantech will likely diminish with new leadership in D.C.

The takeaway? Although Silicon Valley is still top dog, less money flowing in still has notable effects on the local economy and real estate markets.

In relation to the various real estate sub-markets, Belmonte was bullish on industrial, but less optimistic about multi-family (overbuilt) and office (stagnant). Industrial space is booming across the U.S. based on several demand drivers including reshoring, coupled with the natural gas supply and a more chaotic environment overseas. As for retail, Belmonte noted that we are witnessing a sea-change in retail formats. There are less brick-and-mortar stores, but the rise of e-tailing is driving demand for industrial warehouse space.

While the market may swing, Belmonte believes in Silicon Valley’s ability to play a major role in solving some of the world’s biggest problems.

Fremont City Council

January 10, 2017

Special Meeting:

- Council vacancy interviews, discussion and possible selection. Eight candidates (David Bonaccorsi, Brannin Dorsey, Reshma Karipineni, Kathryn McDonald, Roman Reed, Rakesh Sharma, Craig Steckler, Cullen Tiernan) interviewed in a random order beginning at 5 p.m.
- Following interviews, a ranking process resulted in selection of David Bonaccorsi as councilmember to fill vacancy resulting from the election of Councilmember Lily Mei as Fremont Mayor. Swearing in ceremony will take place at the February 7, 2017 council meeting.
- Public Communications:**
 - Speakers in support of candidacy of Roman Reed

Mayor Lily Mei	Aye
Vice Mayor Rick Jones	Aye

Vinnie Bacon	Aye
Raj Salwan	Nay

Regular Meeting: Consent Calendar:

- Award construction contract to TECA Aquatics Innovations, Inc. for repair and maintenance of waterslide structures at Aqua Adventure Waterpark in the amount of \$146,000.
- Amend funding agreement with East Bay Regional Park District up to \$100,000 for Vargas Road Improvement Project.
- Approve amendment with S&C Engineers, Inc. in the amount of \$853,500 for additional construction management support services for Niles Boulevard Bridge Replacement Project; increase BART construction support services in the amount of \$200,000; increase Union Pacific Railroad construction support services in the amount of \$150,000.

Mayor Lily Mei	Aye
Vice Mayor Rick Jones	Aye
Vinnie Bacon	Aye
Raj Salwan	Aye

Community volunteers and City employees will work alongside formerly or currently homeless guides to count the number of homeless individuals in the City of Fremont. One hour of training will take place the week before the count. Approximately a five to six hours time commitment will be needed. Volunteers must be over the age of 18 and able to walk two - three miles (if needed).

To sign up, visit:
<http://everyonehome.org/everyone-counts/>

OPINION



WILLIAM MARSHAK

Those gifted as prescient are sought to predict the future and help others less fortunate to reap benefits or avoid catastrophes. Although some claim to possess this talent, it was almost predictable that it would be on display at the recent Fremont City Council meeting (January 10, 2017) when a selection process was held to fill a two year vacancy left by Lily Mei's election to mayor. The race was on and it took little intellect to understand that competing interests were at work to install a like minded individual without the cost or public pandering that often takes place during an election season.

Following an evening of interviews that progressed smoothly, cracks in the façade began to appear. Outright and inappropriate public lobbying on behalf of one applicant failed to sway the council and as an initial vote approached, Councilmember Salwan appeared prescient as he repeatedly asked what would happen if (and when) a tie vote was the result. Wonder of all wonders... an identical weighted vote appeared from each twosome!

Prescience: knowledge of actions or events before they occur

Vice Mayor Jones and Councilmember Salwan:

First choice: Former Police Chief Craig Steckler (called a "placeholder")

Second choice: Brannin Dorsey (another placeholder)

Third choice: Reshma Karipineni

Mayor Mei and Councilmember Bacon:

First choice: Kathryn McDonald

Second choice: Rakesh Sharma

Third choice: David Bonaccorsi

What to do? Following attempts by each bloc trying to install their top choice without success, second choice by the Mei/Bacon Rakesh Sharma was also denied on the same 2-2 vote. It appeared that the group was in for a long night of partisan divide. Following a contentious exchange between Councilmember Bacon and Councilmember Salwan regarding voter intent in the last election, the gloves were off and the true objective of the proceedings was evident.

Quoting campaign literature from Mayor Mei and Councilmember Salwan, Councilmember Bacon noted that voters were in favor of slower growth and all three successful candidates advocated this. He said that when developers come to Fremont with a proposal, it is time to "push back," emphasizing that he is not against development but acceptance of proposals should be a negotiation process.

Councilmember Salwan did a bit of his own push back saying it was a close election and there was no voter mandate. He favored a "placeholder" that would offer their skills without seeking election at the end of the term of office. In a confusing statement, he said that the Bacon/Mei choices had voted for development in the past and favored someone without such a voting record. This was an interesting statement since voting for development was not at issue, rather the pace of growth.

After a failing in another attempt by the Salwan/Jones duo to propose Brannin Dorsey, the final vote of the evening was a successful nomination of David Bonaccorsi. Vice Mayor Jones broke ranks and, with a 3-1 vote, the marathon session ended. The lone vote against Mr. Bonaccorsi was from Raj Salwan who previously had conceded that he is a "great guy."

Were councilmembers prescient? It certainly appears so and that Councilmember Salwan's remarks at the beginning of the voting process were on everyone's minds. With the battle for the fifth seat on council complete, comments from both groups, portend an interesting tenure for Mayor Mei and the end of carte blanche for development in Fremont.

William Marshak
PUBLISHER

Employment initiative for homeless and newly housed job-seekers approved

SUBMITTED BY JANICE ROMBECK

Recognizing the difficulty of homeless or newly housed individuals to find work, the Santa Clara County Board of Supervisors unanimously approved a 2.5-year pilot program with Destination: Home and Working Partnerships USA that aims to place at least 200 men and women in long-term jobs.

At the Board meeting on January 10, the Board approved an agreement with Working Partnerships for \$308,625 through June 30, 2019, and approved a no-cost Memo of Understanding with Destination: Home to launch the initiative. Next month, the City of San Jose will vote on a partnership agreement to support the program.

"Employment is the missing rung in the ladder of stability for homeless men and women and those who have recently found housing," said Board President Dave Cortese. "We want them to become self-sufficient so they can stay housed and lead successful lives. I believe our partnership with Destination: Home and Working Partnerships USA will accomplish those goals."

The first program of the Employment Initiative, Trades Oriented Professions (TOP), is operated by Working Partnerships USA, as part of the County Construction Careers Initiative, which creates a pipeline into construction apprenticeships for low-income residents.

"I am so excited to pilot this new partnership between Destina-

tion: Home, Working Partnerships and the County," said Jennifer Loving, Executive Director of Destination: Home. "Our ability to create programs to train and employ men and women exiting homelessness is the most important thing we can do to ensure folks are able to rebuild their lives."

Starting this month and continuing into 2018, six 130-hour courses will be offered to 75 homeless or newly housed individuals. After graduation, the program helps them apply to become a working, state-registered apprentice in one of more than 24 local construction trades, including carpenter, sheet metal workers, electrician, ironworker and commercial painters. The starting wage for these apprenticeships ranges from

\$17 to \$25 an hour and much more after the three to five-year apprenticeship is completed.

The TOP program was designed to address barriers that prevent many low-income communities from getting into construction apprenticeships. Through 2016, TOP enrolled 126 individuals, of whom nearly 90 percent completed the course. Moreover, 49 of the 55 individuals, or 89 percent, who completed TOP in 2014 or 2015, were placed in apprenticeships or jobs.

For more information, call the Office of Supervisor Dave Cortese at (408) 299-5030. Destination: Home can be reached at (408) 513-8700, and Working Partnerships USA at (408) 809-2120.

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Obituaries

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July 17, 1959 – January 2, 2017

Marjorie Bogue
RESIDENT OF FREMONT
September 20, 1921 – January 7, 2017

Mary Lou Piazza
RESIDENT OF FREMONT
April 13, 1930 – January 7, 2017

Luis Constancia Espinosa
RESIDENT OF FREMONT
November 22, 1926 – January 8, 2017

Albina D. Lim
RESIDENT OF NEWARK
SDecember 16, 1937 – January 8, 2017

Daniel “Anthony” James Splan
RESIDENT OF NEWARKT
October 13, 1975 – January 8, 2017

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RESIDENT OF FREMONT
November 16, 1941 – January 11, 2017

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RESIDENT OF FREMONT
January 28, 1943 – January 12, 2017

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January 2, 1936 – January 13, 2017

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RESIDENT OF FREMONT
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October 29, 1970 – January 5, 2017

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August 31, 1932 – January 5, 2017

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May 15, 1952 – January 5, 2017

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RESIDENT OF FREMONT
January 9, 1939 January 6, 2017

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RESIDENT FREMONT
May 22, 1950 – January 6, 2017

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RESIDENT OF NEWARK
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Obituary

Dennis Jones

Dennis Jones, a long-time Fremont resident who devoted a lifetime to public service, family and friends, has died. He was 66.

Born in Sonora, CA, his family moved to Sunnyvale in the mid-1950s. He earned a Bachelors and Masters Degrees in Civil Engineering from San Jose State University and spent a career working in the Cities of Sunnyvale, Fremont and Newark, beginning in 1966 and retiring in 2010 as the Assistant City Manager of Newark.

Dennis was well known for his wicked wit and willingness to stop whatever he was doing to help others when needed. He had a vast range of interests and worked hard to be the best at anything he did. The son of a master mechanic, he was the model DIYer – building home additions, rebuilding car engines, doing anything and everything around the house, and not just his house. He was an avid fly fisherman, taking annual out-of-state trips to find the right combination of peace...and fish. He loved golf and happily competed with his son for Best in House.

Dennis would tell you his greatest achievement was his family. He was devoted to his wife Rosie (his “partner-in-fun”) whom he married in 1975, becoming a member of the ‘Outlaws’ – a loose affiliation of ne’er-do-wells not to be confused with the group more commonly known as in-laws. In 1980, he and Rosie welcomed son Matt, who Dennis would proudly tell you was Dr. Jones. As a group, they were travelers, tourists, historians, and adventurers – blazing a trail across the United States and around the world – completing a three-week Southeast Asia tour just months ago. In recent years, Dennis spent as much time with his grandkids as possible, finally settling into his well-earned retirement.

In his spare time Dennis could be seen around town in his beloved red Mini Cooper or stay-ing active in the Rotary Club.

Dennis is survived by his wife Rosie of Fremont, son Matt and his family (Rachel, Aaron and Avery) of Phoenix AZ, and more family and friends that can be counted on an abacus. A Celebration of Life is being planned.

Obituary

Theodore “Ted” Martin Bernardi

December 18, 1922 – December 22, 2016

Resident of Union City

Born on December 18th, 1922 in Oakland, CA, and entered into rest on December 26th, 2016 in Union City, CA at the age of 94. Survived by his wife of 30 years, Lynn; children: Scott, Janice, and Mark; and grandchildren: Darlissa, Michael, Jonathan, Timothy, Matthew, and Daniel.

Ted, a native of California, earned his Bachelor's degree at the University of California, Berkeley. He has been in private practice in Hayward for 25 years with an emphasis on tax and financial planning for small business entities.

Ted was an active member of the Enrolled Agent organization having held many elective offices including the Presidencies of both the East Bay Association and the California Society of Enrolled Agents. He has served as panel moderator and Speaker at Enrolled Agent educational functions and has written for Enrolled Agent publications. As Legislative Chairman for the California Society he appeared frequently before the California Legislature and other bodies to represent Enrolled Agent interests. He served as Chairman of the San Francisco District Director's Practitioner Advisory Panel.

A Celebration of Life will be held for Ted at a later date. For service information, contact the funeral home.

Fremont Chapel of the Roses
510-797-1900

Obituary

Luis Constancia Espinosa

November 22, 1926 – January 8, 2017

Resident of Fremont

Luis Constancia Espinosa, loving husband, father, grandfather and great-grandfather passed away peacefully on January 8th, 2017. Luis was born in Jimenez, Mexico in 1926 and was a resident of Fremont for over 50 years. He was loved immensely by his entire family. He is survived by his devoted and loving wife of 68 years, Beatriz; his children: George Espinosa (Maria), Rita Sira (Rick), Brenda Walthall (Schawn) and son-in-law Chris Guerra; grandchildren: Lisa, Christopher, Marisa, Nikki, Cathy, Carlee, Brian, and Luke; and 9 great-grandchildren. He was preceded in death by his beloved daughter Angel Guerra. He spent most of his working career as a dedicated, loyal and hardworking employee at Tri Valley Growers Cannery in San Jose and the City of Fremont. He will always be remembered as someone who was there to help in any way he could.

Visitation will be held on Wednesday, January 18th, from 9-11am and a Funeral Service will begin at 11am at Fremont Chapel



of the Roses, 1940 Peralta Blvd., Fremont, CA 94536. Burial will follow at Irvington Memorial Cemetery in Fremont, CA.

Fremont Chapel of the Roses
510-797-1900

Obituary

Janice Joy Carlson
(formerly Jan Goudreau)

February 27, 1938 – January 1, 2017



Janice Joy Carlson (formerly Jan Goudreau) February 27, 1938 – January 1, 2017. Resident of White Bear Lake, Minnesota. Jan passed away in the presence of her three children after a courageous battle with lung disease. She was 78. Jan is survived by her three children and their spouses, Jim & Sue Goudreau, Nan & Ken Jackson, Jeff & Jennifer Goudreau, her 8 grandchildren and 1 newly born great grandson who she got to meet just weeks before her death. She was preceded in death by her husband, Ron Carlson, her parents, James and Lillian Rokos, and her sisters, Rita Gregoline and Margie Stair. Jan was born in St. Charles, Illinois in 1938. She moved to the West Coast in the late 50s when she married Richard Goudreau, first settling in Seattle, Washington and later moving to Newark, California, where she and Richard raised

their three children. Jan and Richard were active members of St. Edwards Catholic Church and Moreau Catholic High School and made many, many wonderful friends. Later in life, she married Ron Carlson and she relocated to Bloomington, Indiana, where she lived and enjoyed a life of new friends, golf and a new found love of Univ of Wisconsin Badgers football. After the death of her husband, Jan moved to Minnesota to be close to family. Even though her health was declining, her last years were filled with family, fun and even more new friends. Everyone loved Jan! She was a devoted mother, a fun loving grandmother, a graceful hostess, a wonderful chef, a loyal friend, and an inspiring and understanding mother-in-law. She loved to host parties, attend parties and she never passed on a dirty martini. She lived life to the fullest and was one classy lady! Her wish was for us to throw a party in her honor and celebrate her life. Bay Area - Jim and Sue Goudreau will be hosting an open house on January 21 from 1:00 pm to 3:00 pm in her honor. For more information call or e-mail Jim at 510-364-7563 /jim.goudreaux@gmail.com. Donations to COPD Foundation <http://www.copdfoundation.org> or to the Susan G. Komen Breast Cancer Foundation www.komen.org are appreciated by Jan's family.

Obituary

Mary Lou Piazza

April 13, 1930 – January 7, 2017

Resident of Fremont

Mary Lou Piazza was born on April 13th, 1930 and passed away on Saturday, January 7th, 2017. She was predeceased by her husband Eugene 'Gino' Salvatore Piazza on July 3rd, 2010. She is survived by her son, Michael Eugene, daughter-in-law, Alison Kathryn, granddaughter, Nicola Elizabeth and grandson, Alexander Michael of Fremont, California and Harrogate, North Yorkshire, England. Mary Lou spent her life as a military spouse and housewife supporting her husband Eugene's military career and transfers to various parts of the globe. Mary Lou and family settled in Fremont just prior to her husband's final deployment to Vietnam and stayed in Fremont upon his retirement. She assisted with her husband's activities in support of the Holy Spirit Catholic Church in Fremont and traveled with him all over the United States to his veteran's association meetings until her health declined and her husband passed away. She enjoyed travel, sewing, and arts and crafts.



Visitation will be held on Tuesday, January 17th, from 10am-12pm at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536. Funeral Mass will be celebrated on Tuesday at 12pm at Holy Spirit Catholic Church, 37588 Fremont Blvd., Fremont, CA 94536. Burial will follow at Holy Sepulchre Cemetery in Hayward, CA. Please forward any donations to the Alzheimer's Association: www.alz.org/donate **Fremont Memorial Chapel** 510-793-8900

LETTER TO THE EDITOR

Stuttering help is available

For many people, ringing in the New Year brings hope and joyful anticipation. But for those who struggle with stuttering, the old fears of speaking and being teased remain the same—year after year. Many [Tri-City Voice] readers don't know that help for stuttering is available from so many places. Trusted information on stuttering is available at your local public library. Public schools have speech counselors, and children are entitled to free evaluation and help by law. Seek out a Speech-Language Patholo-

gists in your area trained in helping those who stutter. Universities often offer speech clinics. Finally, the internet can be wonderful resource on stuttering—with free books, videos, and reference materials. Visit our website as a starting point: www.StutteringHelp.org. Make 2017 the year you find the help you and your family need.

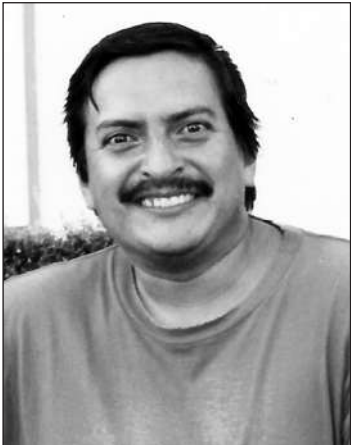
Sincerely,
Jane Fraser, President
The Stuttering Foundation

Obituary

Joseph "Joey" Vega

July 17, 1959 – January 2, 2017

Resident of Fremont



Soto (Paul Soto), and Virginia Vega; nieces: Yolanda Freshour (Scott), Raquel Vega, Salvina Lorenza Rivas, and Vanessa Bucklin; nephews: Steven Calibo, Vin-

cent Vega, Joseph Bonete, Gabriel Vega, and Alexander Bonete; and many cousins. Visitation will be held on Monday, January 16th, from 4-8pm with a Vigil at 6:30pm at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, CA 94536. Funeral Mass will be celebrated on Tuesday, January 17th, 10am at Holy Spirit Catholic Church, 37588 Fremont Blvd., Fremont, CA 94536. Burial will follow at Holy Sepulchre Cemetery in Hayward, CA. **Fremont Chapel of the Roses** 510-797-1900

Joseph "Joey" Vega was born on July 17th, 1959 in Castro Valley, CA and entered into rest on January 2nd, 2017 in Fremont, CA. He lived his entire life in Fremont. Joey loved helping his family as well as others in the neighborhood. He was a big part of his nieces and nephews lives, always having something for them to eat. Joey was a true Oakland Raiders fan and would go to the games with our father when he was younger. He also loved the Oakland A's. Joey was preceded in death by his father Joe F. Vega, mother Angie L. Vega, and sister Cynthia Vega. Joey is survived by his sisters: Leticia Vega, Caroline

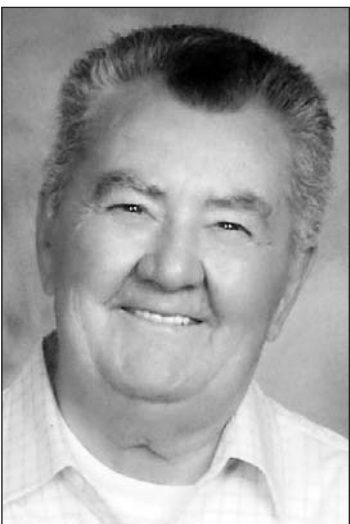
Obituary

Joseph Leonard Lawrence

June 6, 1935 ~ December 18, 2016

Joseph Leonard Lawrence, age 81, entered into rest on December 18th, 2016. He went on to join his beloved wife Doris of 60 years, who passed away after a six year battle with cancer, only five months earlier. Joseph was born June 6th, 1935 to Laura Ann Lawrence in New York, NY. He was raised in New Bedford, MA by his mother and step-father, Frank Oliveria, until his mother was taken by cancer when he was only fourteen. He then went to live with his Vovo and Aunt Vivian until the age of 18. He met the love of his life, Doris Yvonne Brunelle, at a YMCA dance that year. It was love at first sight. He joined the Air Force the following year in 1954 and was stationed in Alaska where he ran the PX. On leave in 1956 he came home to Massachusetts and he and Doris were married. He went on to receive an Honorable discharge

from the Air Force in 1958. By 1960 he and his wife packed up and set out for California. They moved to Newark where they spent the last 56 years. Joe retired from United States Steel in Union City at the young age of 45. A short time after retiring he took a job for the founder and owner of Fremont bank, Mr. Hyman. He spent about ten years with the bank before retiring for good. Joe was affectionately known around town as Papa Joe. He generously shared conversations and advice. He enjoyed watching movies, especially old westerns, and also loved Sunday football as a lifelong Raiders fan. He will be remembered for his warm smile and twinkling eyes. Joe is survived by his daughter Laura Ann Lawrence-Koski & husband Jeff of Newark; grandchildren Ryan and Kaitlyn; Sister Evelyn Oliveria-McCracken; Niece Mechelle Oliveria; Nephew



Hoyt McCracken; Aunt Vivian O'Brien; Sister and Brother-in-laws Claire and Dave Detera; as well as many cousins, nieces and nephews around the country. A celebration will be held to honor his life on Sunday, January 5, 2017 beginning at 11:00 am at the Newark Community Center, 35501 Cedar Blvd, Newark 94560.

Obituary

Bob Temple

Bob Temple died on 12 January 2017, at his home in San Jose. Bob's father had a chrome refinishing and mechanical repair shop on the Alley (now Iron Horse Lane), east of J Street. Bob spent 5 years in Viet Nam, two in the Marine Corps and three as a civilian contractor. He met his wife, Van Thi, there and they settled in Niles. They had two

sons Robert and Ronald. Bob Purchased the former Wesley Hotel at H Street and Niles Boulevard, and operated the Iron Horse Saloon, later renamed the Niles Station. Bob's picture, standing behind the bar, is in the Arcadia Press book on Niles. Bob was an early President of Niles Main Street. Bob Temple was larger than life, and is major figure in the

history of Niles. Services will be on Saturday 21 January, at Darling & Fischer Garden Chapel 471 E. Santa Clara Street, San Jose, CA 95112, (408) 998-2226. Visiting will begin at 8:30 AM, with a religious service at 12:00 noon, and burial in Los Gatos at 1:30 PM.

Wieckowski earns perfect score on environmental scorecard

SUBMITTED BY
ANDY KELLEY

The California League of Conservation Voters (CLCV) recently announced that Senator Bob Wieckowski (D-Fremont) is the recipient of a perfect score on its 2016 California Environmental Scorecard, enhancing his status as a champion for clean water, air and energy, and showcasing his commitment to shaping California's environmental legacy. Each year, CLCV's Environmental Scorecard evaluates how members of the state Legislature and Governor Jerry Brown perform on the most important environmental and public health bills. Wieckowski's 100 percent score was calculated based on his votes on 17 pieces of key environmental legislation in 2016.

"California is a global leader on climate change issues and our state has a long history of supporting innovative environmental policies," said Wieckowski, the chair of the Senate's Environmental Quality Committee. "Now, more than ever, it's crucial that we work together to promote clean energy and preserve our natural resources." In addition to Wieckowski, Governor Brown and nine senators and 13 assemblymembers received a 100 percent score for their pro-environment votes, and committing to making climate, clean air, clean water, and clean energy priorities in their districts. In the 2016 session, Wieckowski and other state leaders passed legislation mandating an additional 40 percent cut in emissions by 2030 and renewed

California's global commitment to addressing climate change while expanding our work to improve air quality in our most impacted communities. Ten priority bills were signed into law in 2016, setting in motion long-term reductions to greenhouse gas emissions and lead contamination while increasing government accountability. Senator Wieckowski's SB 1263, signed by Governor Brown, improved the state's ability to ensure the delivery of reliable and safe drinking water in California by limiting the proliferation of small public water agencies that lack the financial, managerial and technical skills to deliver safe drinking water over the long term.

continued from page 1

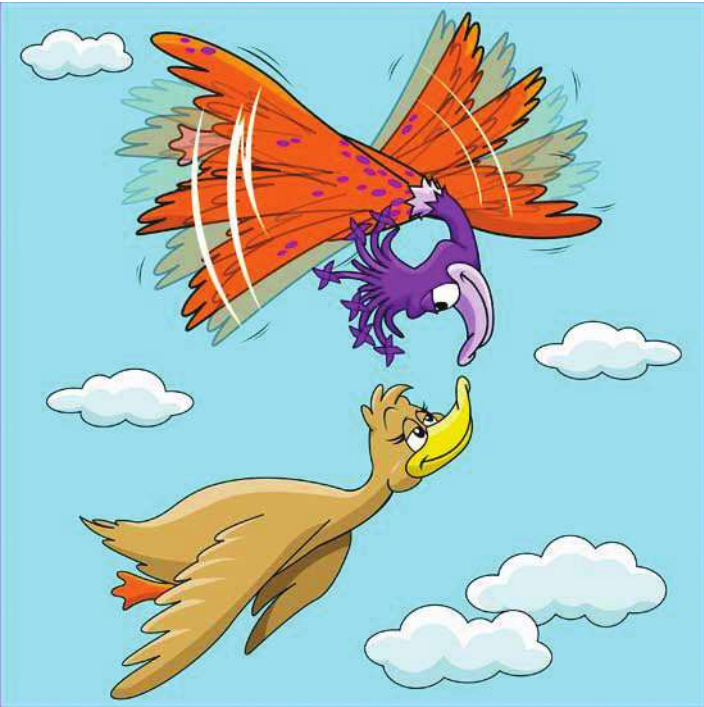
Children's Book Illustrator Show

ADD (Attention Deficit Disorder), and “Josie the Great” illustrated and authored by two sisters, Pam and Anne Saxelby, features a charming story about a little boy facing a new arrival in the family – Josie the baby (aka “Josie the Great”).

A special tribute wall in the front entrance to the gallery features art by E. Janet Foster, with her first book “A to Z With Animals Just for Fun.” Foster, at 89 years young, delights the audience with her lyrical poems and fun facts about animals. A self-taught artist, Foster is believed to be the oldest exhibiting illustrator in Sun Gallery's history. Her detailed pencil drawings are remarkable, making

inspired to participate by their teachers. Pamela Davalos Andrade's first published book is “Her Last Sigh,” a poignant true story about her best friend's mother's tragic battle with cancer. Andrade, a 12-year-old 7th grader and student at Ochoa Middle School in Hayward, participated in a special program through her school called “StreetSide Stories” with teacher Daven Gee. During the course students worked on iPads with an app called BookCreator that allows them to combine photographs, videos, audio, writing and drawing.

Another young emerging illustrator is Daniel Mayora, who at age 13 may be the youngest independent publishing illustrator in Sun Gallery's history. Mayora's book “Super Dog” was done in collaboration with fellow friend and author Chozen Horn-Young, age 12. Mayora and Horn-Young's teacher Nadia Cal inspired the two to team up and create the book after Cal was in last year's show with her first book about an Iguana named Mr. Green (who has now become a world traveler!). Mayora has also illustrated another book



her book definitely one to be handed down from generation to generation.

Cathleen Francisco with “OH! The Things You Can See in the Dark!” is a dramatic, picturesque book with beautifully done photography, encouraging children not to be afraid of the dark.

Other exhibiting artists and books in the show are: Joe Santiago with “The Bunny and the Dinosaur,” Nadia Cal with “Mr. Green goes to Thailand,” Matt Harrington with “Gray Town,” Diana Toledano with “Une Place Pour Edouard” (written in French), Kimberly Overton with “The Little Boy and the Old Man,” Josh McGill with “Rusty Bear and Thomas, Too,” Linda Lens with “Captain Mama's Surprise,” Sheila Mun Jacobs with “The Little Clay Pot,” Sunny Joung Choi with “Iggy Loo,” Jack Wiens with “The Four Bears” and Nickolas Heslep with “NomChom.”

Another special treat during the 2017 exhibit are books written and illustrated by local school children, who were

called “The Lonely Spaghetti,” which is written by Ghabriella Alva (aka Ghabbi), age 12. A teaser from the book includes such lines as: “But the spaghetti was upsetti because it had no confetti.” Mayora, Horn-Young, and Alva all attend Key Academy Charter School in Hayward.

In a fun twist with the young Chinese artists that visited Sun Gallery last year, art teacher Liu Zhenghao's book “A Magic Carpet” from China will also be featured, along with some of Zhenghao's other books and art. Children's art by the young Chinese artists will also be coming back to the Sun Gallery for the upcoming environmental show, “Blue Planet,” which opens in April.

Local Bay Area teachers are encouraged to bring their students for a special field trip to the gallery, where classes are given a tour of the exhibit followed by a special art project in the gallery's spacious art studio. Field trips are held Monday – Friday at 9 a.m., 10:30 a.m., and 12:30 p.m. or by special appointment. Special field trips to local schools can also be arranged. Field trips can be scheduled by calling the gallery at (510) 581-4050 or e-mailing sungallery@comcast.net.

Children's Book Illustrator Exhibit
Thursday, Jan 19 – Saturday, Mar 25
Friday – Sunday, 11 a.m. – 5 p.m.

Artists' Reception
Saturday, Feb 11
1 p.m. – 4 p.m.

Sun Gallery
1015 E St, Hayward
(510) 581-4050
www.sungallery.org
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California Supreme Court Cases

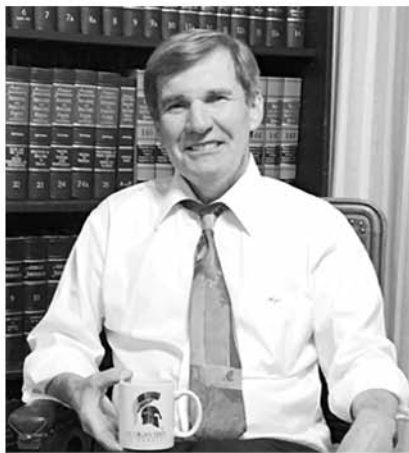
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Northern California police dog bites, subdues naked suspect

ASSOCIATED PRESS

FRESNO, Calif. (AP) A Northern California police dog has subdued a naked, knife-wielding burglary suspect with two well-placed bites.

The Fresno County Sheriff’s Department said Monday deputies were called to a Fresno

home Saturday to investigate a burglary in progress.

The dog “K-9 Kajo” quickly sniffed out a suspect hiding under blankets in a bedroom and bit him in the leg. The naked suspect jumped out of bed with a kitchen knife and Kajo bit him on the hand, forcing the suspect to drop the weapon. Police say

the suspect is a 32-year-old homeless man who also prepared a meal and drank a bottle of wine.

Fernando Jimenez was treated at a local hospital and booked on suspicion of felony burglary. Jail records show Jimenez still in custody and without legal representation.

Fremont Police Log

SUBMITTED BY GENEVA
BOSQUES, FREMONT PD

Friday, Jan 6

At 11:15 a.m. officers responded to a burglary in progress at a residence on the 45500 block of Cheyenne Place. The reporting party told dispatchers that he saw two men enter his neighbor’s yard, so he called 911. He then saw the men climb over a fence with a laptop type of bag and flee the area in a newer a silver Volkswagen sedan. Several officers responded, but the suspects were gone within two or three minutes. The men apparently entered the house by breaking the lock on the rear sliding glass door. Police canvassed the area and are following up on video collected from neighborhood security cameras. Police described the first suspect as a black man in his 20s and wearing a black hoodie. The second suspect was described as a Hispanic male in his 20s. Case investigated by Officer Berrier and FTO Settle

Field Training Officer Smith and Officer Lastrape responded to Jack in the Box restaurant in the Ardenwood area on a reported assault with a deadly weapon. The reporting party pointed out the suspect who is known by police. The suspect was heavily intoxicated and threw an open beer at one of the officers. The 60-year-old man was arrested for battery on a police officer, public intoxication, resisting arrest, and violation of a stay away order from the nearby 76 gas station. The man was taken to Santa Rita Jail for booking.

Saturday, Jan 7

Officers responded to an interrupted burglary of a storage pod at a business on Mission Falls Court. The reporting party saw a man attempting to break into a storage pod with bolt cutters. The man fled in a late 90s model primer gray Dodge pickup. He was described as a white man in his 40s, 5-feet-7-inches tall with a medium build and wearing a white shirt. Case investigated by Officer Zambonin.

At 6:07 p.m. officers responded to a trespassing call at the Mission Adobe Garden located at 34860 Mission Boulevard. A man was seen jumping a fence into the property, opening a

gate and allowing a carload of people into the property. K-9 Officer Taylor and Officer De Stefano contacted the group of men. In the end, one of the men, a 20-year-old Fremont resident, was taken into custody on a vandalism warrant During the booking process at the Fremont Jail, Ecstasy was found in the man’s sock. Case investigated by Officer De Stefano.

Officers were dispatched to investigate a report of a shooting on the 33200 block of Lake Oneida Street. The reporting party told police that a residence home and vehicle had been shot at by unknown suspect(s). Evidence of was discovered on the rear of a vehicle parked in front of the residence. Crime Scene Investigator Smith and Field Training Officer Lastrape processed scene.

Sunday, Jan 8

An employee from Orchard Supply Hardware on Mowry Avenue called police and asked for a welfare check on a man that was in the store and bleeding from his head. Officers arrived and were unable to find the man. The employee called a second time to report that the man returned and stole two drills. Officers Richards and Carter found the man at Blacow Road and Mowry Avenue. Officer Carter cited the 25-year-old man for possession of drug paraphernalia. He was taken to a local hospital for treatment of his injury.

At 4:48 p.m., a vehicle was stolen from the parking lot near the Starbucks at 5000 Mowry Avenue. Apparently the victim was attempting to sell his vehicle to the suspect. The suspect gave the victim money which turned out to be fake. When the victim realized the money wasn’t real, the suspect jumped into the vehicle and drove off, last seen west-bound Mowry Avenue. The suspect was described as a black man in his 20s, thin and wearing a black hoody and black jeans. The stolen vehicle is a grey 2002 Mitsubishi Galant (CA Lic #7TVP955). Investigated by Officer Rodarte

At 6:07 p.m., Officer Vucurevich responded to investigate the theft of a \$5,000 ring from the Kohl’s store at Pacific Commons shopping Center. The suspect was described as a Hispanic man in his 20s, 5-feet-9-inches tall with a medium to heavy build and wearing a black coat. The suspect’s vehicle was similar to a black Ford Taurus and was last seen on Pa-

cific Commons Boulevard driving toward Automall Parkway.

Monday, Jan 9

At 2:44 p.m., multiple calls came in about a woman passed out in a vehicle near Mowry Avenue and Farwell Drive. Officers arrived and found the woman in the driver’s seat of her vehicle with two children in the back seat. The 44-year-old Newark resident was determined to be under the influence of alcohol and prescription narcotics. Additionally, both children (under age 10) were unsafely seated/restrained in their car seats. The children were released to a family member while the woman was arrested on child cruelty charges as well as DUI. The case was investigated by Officer Carter.

At 3:42 p.m., officers responded to investigate a report of a 13-year-old boy who was robbed at about 3:15 p.m. when he got off a bus Niles Boulevard and Nursery Avenue. After exiting the bus, he was counting his money when a man approached and grabbed his money. Meanwhile, a male juvenile stood about 30 feet away and showed a handgun. The man fled on foot toward Mission Boulevard. Police described the man as Hispanic, about 30-years-old and wearing a dark colored hooded sweatshirt and dark pants. The juvenile was described as about 13 years old, wearing a yellow long sleeve shirt with sleeves down to the elbow and brown shorts, and armed with a handgun. The case was investigated by Officer Rodarte.

Thursday, Jan 12

At about 8:12 p.m. an armed robbery occurred on the campus of Irvington High School on Blacow Road and Grimmer Boulevard. The victim and his younger brother were at the basketball courts when a man robbed them of their wallets at gunpoint before fleeing toward Grimmer Boulevard. Police were quickly on scene and searched for the man until almost 10 p.m. One of the victim’s wallets was recovered but the man was not located. Several students were still on campus and were asked to say in place as a precaution. One officer stayed with the clubs and a second stayed with the basketball team until parents arrived to pick up their children. The suspect was described as a Hispanic or Filipino man, approximately 21-years-old, 5-feet-eight-inches tall with black hair and wearing a black beanie, gray hoodie and dark jeans armed and with a handgun.

Union City Police Log

SUBMITTED BY
LT. MATIAS PARDO,
UNION CITY PD

Wednesday, Jan 4

At about 12:30 a.m. Officer Fonseca found a stolen vehicle parked in front of a Union Landing business. A man was asleep inside the vehicle. He refused to give his name or identify himself, but was fingerprinted and later

identified as Luckie Dacany, a 36-year-old Union City resident. He was arrested on suspicion of vehicle theft.

Thursday, Jan 5

At about 9 a.m. Officer Cota was dispatched to the area of Hartnell Street and Alvarado Niles Road to investigate a report of a brandished firearm. The victim said a suspect pointed a handgun at her during a road rage incident.

Sunday, Jan 8

At around 8:15 p.m. Officer Bellotti was dispatched to 11th Street and Decoto Road on a re-

port of a robbery. Two men reportedly pushed a woman to the ground and tried to steal her purse, but they were only able to get away with the purse strap. Both suspects were described as white or Hispanic males, 18-25 years old, between 5-feet-8 and 6-feet tall and weighing between 140 and 170 pounds.

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The “NO” List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
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Tri-City Bike Park
Community group of mountain bikers and BMX bikers.

Come enjoy this activity for adults, teens and toddlers. Help us get this park built! www.newarkparks.org

Tri-City Society of Model Engineers

The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org

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Newark
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https://www.facebook.com/groups/NewarkDemonstrationGarden/

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Newark Skatepark

Join a group of Newark skaters and parents of skaters to spearhead a skatepark in Newark. We have a business plan. Now we need your help to execute on it! Angela at info@newarkparks.org
https://www.facebook.com/groups/NewarkSkatepark/

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www.save-dv.org

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Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday
Call SAVE’s 24-hr Hotline (510) 794-6055 for details
www.save-dv.org

“Neighborhood Village”

Non-profit to help people stay in their homes as they age
Eden Area Village is developing a non-profit membership group to serve Hayward, Castro Valley & San Lorenzo area.
Public outreach meeting held 1st Friday each month - 2pm
Hayward City Hall
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Swalwell appointed to House Judiciary Committee

SUBMITTED BY JOSH RICHMAN

Rep. Eric Swalwell (CA-15) has been appointed to the House Judiciary Committee by the House Democratic Caucus. The Judiciary Committee has jurisdiction over matters relating to the administration of justice in federal courts, administrative bodies, and law enforcement agencies.

“I’m honored to join the House Judiciary Committee,” Swalwell said. “I believe my experience as an Alameda County prosecutor, and as the son and brother of law enforcement officers, will give me valuable perspective as I contribute to the committee’s work to advance Americans’ safety and equal protection under the law. I also welcome this opportunity to more aggressively pursue issues on which I’ve voiced concern in the past, including voting rights, LGBT equality, comprehensive immigration reform, technology and intellectual property topics, and supporting a woman’s right to make her own health care decisions.”

Swalwell will give up his seat on the House Committee on Science, Space and Technology in order to accept this new appointment. He retains his seat on the House Permanent Select Committee on Intelligence, on which he serves as the CIA Subcommittee’s Ranking Member.

Newark Police Log

SUBMITTED BY
CMDR. MIKE CARROLL,
NEWARK PD

Thursday, Jan 5
At 7:49 p.m. police responded to a report of an attempted armed robbery in the parking lot at NewPark Mall. A male suspect apparently pointed a gun a woman who screamed. The suspect then walked away with another man. Officers searched the area but did not locate the suspect. There were no losses or injuries.

Friday, Jan 6
At 7:13 p.m. Community Service Officer Parks investigated two window smash auto burglaries in the parking lot of the AMC Theater at NewPark Mall. Taken from one vehicle was a bank bag containing cash. Taken from the other vehicle was a backpack, purse and gym clothes.

At 7:16 p.m. Officer Simon investigated an auto window smash burglary in the parking lot of the 24-Hour Fitness Center in NewPark Plaza. The victim said he left various school folders in plain view on the seat of the car and guessed that the thief may have thought they were valuable.

At 8:03 p.m. Officer Taylor investigated an auto burglary in

the parking lot of Hometown Buffet, 5748 Newpark Plaza. Taken was an Apple iPad Air2 that was left on the front seat of the car.

Saturday, Jan 7
At 5:09 p.m. Community Service Officer Parks investigated a window smash auto burglary in the parking lot of the AMC Theater at NewPark Mall. Taken was a cinch bag and a backpack.

At 7:31 p.m. Officer Arroyo documented a suspicious circumstance on the 36000 block of Worthing Drive. The homeowner was awakened by the sound of a ladder being placed against the exterior of his home near a second story window. Two fresh and distinctly different muddy footprints were located in the backyard.

Sunday Jan 8
At 8 a.m. Officer Heimer investigated an auto burglary at the Chase Suites Hotel, 39150 Cedar Boulevard. Taken was miscellaneous tools and equipment.

At 7:32 p.m. Officer Slater investigated the theft of two vehicles from the Dodge Dealership at 39639 Balentine Drive. A white 2015 Dodge Challenger (CA license plate# 7PWB751) and a 2016 Hellcat Challenger were stolen. The Hellcat Challenger was recovered a short distance from the dealership. The investigation is ongoing.

Monday, Jan 9
At 9:03 a.m. Officer Mapes

investigated a robbery in the parking lot of Cigarette World, 5877 Jarvis Avenue. The victim was assaulted by a known suspect. The investigation is ongoing.

At 3:49 p.m. Officer Losier investigated an auto burglary in the parking lot at Sears, NewPark Mall. Taken was a paint sprayer and briefcase.

Tuesday, Jan 10
At 10:24 a.m. Officer Slater investigated the theft of a black 1997 Nissan Pickup (CA license #5P02880) on the 35600 block of Haley Street.

10:43 a.m. Officer Howcroft seized the license plates off a 2002 Honda Accord on Clarke Avenue for false registration. The parked vehicle was towed away.

At 4:47 p.m. Officer Pacheco investigated the theft of a silver 1995 Chevrolet S10 Pickup (CA license #66232G1) on the 37200 block of Oak Street.

Wednesday, Jan 11
At 6:46 a.m. Officer Fredstrom contacted and arrested a 59-year-old Newark man for outstanding warrants on the 36300 block of LaSalle Drive. The man was booked into the Fremont Jail.

At 7:53 p.m. Officer Cervantes investigated a minor injury traffic collision that occurred in the Macy’s parking lot at NewPark Mall. One person was taken to a hospital for treatment and released a short time later.

Leaders in Training Program (L.I.T)

SUBMITTED BY CITY OF UNION CITY

Change your boring summer routine and make the most of your summer, join the Union City Community and Recreation Services Leaders In Training (L.I.T) Program. In the L.I.T Program you will gain valuable experience and have fun adventures that will stay with you forever. Learn useful leadership skills, get hands on training with young children and meet interesting new people. If you are a teen between the ages of 12-15 years then don't delay, summer is just around the corner.

There is limited space available for the L.I.T program. All applicants will be interviewed. We are looking for responsible, energetic and enthusiastic teens that are interested in helping their community. Once accepted into the program, teens will be placed in the appropriate level and given information on registration. All L.I.Ts must attend the training week and register for five weeks of camp.

Applications can be submitted to the Holly Community Center, 31600 Alvarado Blvd, Union City, CA 94587, or faxed (510) 471-6878 or emailed to: vanessam@unioncity.org.

Applications are now available at the Holly Community Center and online at www.unioncity.org. The deadline to submit applications for summer 2017 is Monday, February 13.

Newark City Council

January 12, 2017

Public Hearings:

- Adopt an Urgency Ordinance to comply with recent amendments to State Law regarding Accessory Dwelling Units (ADUs).
SB1069 Senator Wiecekowski (D-Fremont)
AB2299 Assemblymember Bloom (D-Santa Monica)
AB2406 Assemblymember Thurmond (D-Richmond)
Ordinance adopted with the exception of criteria mandating that the residence or ADU must be occupied by the legal owner. Other aspects including bedroom limitations will be discussed for further modification at a future meeting. Vote: 4-0-1 (Freitas abstention)

Consent Calendar:

- Accept work of Bond

Blacktop, Inc. for 2016 Street Slurry Seal Program.
City Council acting as Successor Agency to Redevelopment Agency:

- Adopt and endorse Recognized Obligation Payment Schedule (ROPS) and approve final ROPS.

Oral Communications:

- Comments regarding historic nature of existing library building
- Comments asking for clarification of ADU access
- Attendance by Chris Moylan, representative of U.S. Congressman Ro Khanna

Adjournment:

- Adjourn in memory of former Assistant City Manager Dennis Jones who passed away January 6, 2017.

Mayor Alan Nagy	Aye
Vice Mayor Mike Bucci	Aye
Luis Freitas	Aye (1 abstention)
Sucy Collazo	Aye
Michael Hannon	Aye

Severe weather in the Bay Area

SUBMITTED BY
CITY OF HAYWARD

Winter storm season is officially upon us! Here are some tips and helpful information on how to handle and prepare for the stormy weather.

At Home:

- Check roof drains and down spouts to make sure they are clear of debris.
- Keep leaves and yard trimmings out of storm drains and gutters.
- Don't store hazardous materials in areas that may be subject to flooding.
- Store emergency supplies (first-aid kits, medicines, cash, food, water, flashlights, batteries etc.) in air-tight containers and keep them in a location that is easily accessible.
- Sign up for the City of Hayward Mass Notification System, Code Red, and get any incident specific information, personalized messages or life-saving instruction to the community.

While Driving:

- Slow down. Increase your following distance. Slick roads, wet brakes and reduced visibility can lead to collisions.
- Grip the steering wheel with both hands to maximize vehicle control.
- Defog your windows. Rain can cause your windshield to quickly fog up, so use the front and rear defrosters to maximize visibility.
- Avoid standing water on roadways. You can hydroplane

and lose control or impair other drivers' vision by splashing through puddles.

- Don't use cruise control. It can cause your car to accelerate when hydroplaning.
- If your car begins to hydroplane, take your foot off the gas and keep the wheel straight until your car reclaims traction.

Additional helpful tips and information:

- Sandbags continue to be available for Hayward and Fairview residents only (with valid ID Indicating proof of residency) and can be picked up in front of the City's corporation yard at 24505 Soto Rd; we ask that each resident take no more than (12) bags. The supply of bags is constantly monitored and replenished based on need.
- For any drainage or flooding related issues residents are encouraged to contact the Streets Division at (510) 881-7745.
- For incidents of downed trees and limbs, residents can contact the Landscape Division at (510) 583-8906.
- Contact HPD dispatch at (510) 293-7000 to report incidents of after-hours flooding or any tree related emergencies. Crews are on standby and ready to respond 24 hours a day.
- For serious emergencies, such as downed power lines, please call 911.

Visit <http://www.hayward-ca.gov/fire-department/disaster-preparedness> for more general preparedness information and tips.

Cortese, Simitian to serve as Board President, Vice President

SUBMITTED BY JANICE ROMBECK

The Santa Clara County Board of Supervisors unanimously elected Supervisor Dave Cortese to serve as Board President, and Supervisor Joe Simitian to serve as Vice President for 2017.

The action was taken on January 10, at the first Board of Supervisors meeting of the year. This is the third consecutive year that Supervisor Cortese has been elected as Board President, and Supervisor Simitian has been elected as Vice President. In 2015, the Board took action to allow for flexibility in choosing Board officers to provide greater conti-

nunity and more time to accomplish goals and initiatives.

“I am honored to serve again as the President of the Board,” said Supervisor Cortese. “And I have the privilege of continuing to work with Board members who are hard-working, thoughtful and innovative, along with administrators and employees who always put residents first.”

The Board President runs the Board meetings and sets direction for initiatives, goals and outcomes for the year in which he or she is serving. The Board President also assigns Board members to committees and approves the agendas before meetings.

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LETTER TO THE EDITOR

Is the proposed water rate increase justified?

The Alameda County Water District (ACWD), which provides water to Fremont, Newark, and Union City, has proposed a 30% rate increase, 25% in March 2017 and 5% in March 2018. The rate increases apply to both the service charge and water rate.

If ACWD proposing a rate increase sounds familiar, it should. ACWD has raised rates every year for two decades except for 2016 (conveniently when a majority of directors were up for re-election). If this rate increase is approved, the average water bill will have increased by 250% over 15 years.

ACWD says they need this significant rate increase because the drought has caused a loss of revenue. What they deliberately fail to mention is that since 2010, revenues have grown by 41% and hit an all-time high last year. This bears repeating: ACWD’s revenues have increased by an average of 6.1% a year during these last six years of severe drought.

How has ACWD spent its money?

ACWD is correct that their water costs have risen (by \$8.5 million over the past eight years).

However, ACWD’s largest growing expense has been labor costs, which have grown by \$16.5 million during the same eight years.

Nearly all ACWD employees earn over \$100,000 in total compensation and more than half of employees earn over \$150,000 in total compensation. Furthermore, employees have received annual raises since at least 2003. There hasn’t been one year of pay freeze, not during the Great Recession or during one of the worst droughts in California history. If the proposed rate increase is rejected, infrastructure

spending will be delayed but employees will still receive a 3% raise in July.

Customers have shared in the sacrifice during the drought by exceeding ACWD’s conservation goals and paying higher water rates but there has been no shared sacrifice by ACWD.

In addition, administrative and general expenses have more than doubled since 2007. During the height of the drought, directors unanimously voted to spend \$280,000 to write a book to celebrate ACWD’s 100-year history.

How will ACWD spend the money raised from this rate increase?

For the next fiscal year (July 1, 2017 to June 30, 2018), ACWD projects its total expenses to increase \$10 million. \$9 million of this \$10 million will directly pay for retirees’ medical insurance.

ACWD currently has more than \$100 million of unfunded retirement liabilities. By next year, about \$1 out of every \$6 spent by ACWD will be paying for pension and retiree medical liabilities.

ACWD should be transparent and forthright about why it wants this rate increase by explaining the impact of rising labor costs and retirement liabilities.

Please submit comments to ACWD at www.acwd.org/rateproposal and attend the February 9 public hearing at 6 pm at ACWD headquarters (43885 S Grimmer Blvd in Fremont). ACWD is a government agency and can only properly function when people exercise their responsibility to hold their elected leaders accountable.

Eric Tsai
Fremont

Alameda County Public Works storm safety tips

SUBMITTED BY
JOHN MEDLOCK, JR.

As winter storms soak the Bay Area, the Alameda County Public Works Agency continues its aggressive efforts to prevent flooding. Crews have been removing leaves and debris from streets, gutters, and storm drains to minimize any potential flooding. Additionally, as part of their ongoing preventive maintenance program, crews have been clearing debris from creeks and flood channels to facilitate storm water flow.

Residents can assist in these efforts, both preventively and during the storm event, by removing leaves and debris from gutters and storm drain entrances. Other activities individuals can do include:

Tracking weather conditions.
Keeping your car fueled: if electric power is cut off, gas stations may not be operable.

Keep your cell phone charged, and have a car charger on hand.

Check your emergency supplies (first aid kit, essential medicines, cash, food, water, non-electric can opener, portable radio, flashlights, and spare batteries) and ensure they are in airtight bags and in handy locations.

Keep a rake on hand to clear debris that may clog storm drains during rain storms.

Secure or remove items that can blow around.

Keep garbage cans and cars at least one foot from the curb to avoid blocking storm water flows.

Turn off automatic sprinklers.
The Public Works Agency will

provide a maximum of four free sandbags to residents of unincorporated Alameda County at the Alameda County Maintenance and Operations Corporation Yards, located at 951 Turner Court, Hayward. Self-serve sand and bags are also available for residents of unincorporated Alameda County at the Castro Valley Fire Stations, 20336 San Miguel Avenue and 19780 Cull Canyon Road.

For additional information, or to report flooding in the unincorporated area of Alameda County, please call the Maintenance and Operations Department at (510) 670-5500 or visit the Public Works Agency’s website at www.acpwa.org.

Mediation Principles and Practice Course

SUBMITTED BY
LAUREL ANDERSON/ANNE CHANG

The Santa Clara County Office of Human Relations Dispute Resolution Program is offering a 5-day, 40-hour course on Mediation Principles and Practice starting Saturday, Jan. 21. This comprehensive, multi-disciplinary approach to mediation is a valuable career investment for those seeking advancement in positions that deal with conflict in professional, such as labor relations and human resources, union stewardships, or who are working for Equal Opportunity departments (EOD), and the U.S. Equal Employment Opportunity Commission (EEOC), as well as community situations.

The course focuses on principles of mediation, professional standards, ethics and confidentiality, problem solving, communication & negotiation skills, analyzing conflict, recognizing diversity and bias, and dealing with emotion.

Participants can take a four day, 32-hour or five day, 40-hour course. The optional fifth day of training provides hands-on experience and role playing in the professional practice of mediation.

All participants will receive a certification of completion for the training course. For individuals seeking to fulfill a Minimum Continuing Legal Education (MCLE), 32.5 hours of the course is approved through the California State Bar Association.

The \$750.04 (\$40.04 online registration fee included) course will run for two weekends.

To register, please visit:
<https://www.eventbrite.com/e/santa-clara-co-dispute-resolution-programs-mediation-principles-practice-tickets-27948641138>.

Mediation Principles and Practice Course
January 21, 22 and January 28, 29, 2017
9 a.m. - 5 p.m.

Optional 5th day for practice:
January 30, 2017
9 a.m. - 5 p.m.

County Training Center at Charcot
2310 N. First Street, Suite 102, San Jose
(408) 993-4107
noemi.cana@ohr.sccgov.org

Red Cross urges fire safety

SUBMITTED BY
LAURIE RHINEHART

Most of us start off every year with an ambitious list of New Year’s resolutions that are often challenging to keep. But not all New Year resolutions have to be so hard! In fact, there is one that will be easy to keep and make your family safer.

Take our fire safety pledge today and learn the three easy steps you can take right now to be prepared in case a fire breaks out in your home.

The pledge:

Today, I pledge to take at least one of these preparedness actions:

Install smoke alarms on every level of my home, inside bedrooms and outside sleeping areas.

Test smoke alarms. If they’re not working, change the batteries.

Talk with all of my family members about a fire escape plan and practice the plan twice a year.

Did you know that on average seven people die every day from a home fire? Being prepared with a plan and working smoke alarms can make sure you and your loved ones know what to do if the worst happens.

Make your resolution today and add your name to the Red Cross’s list for updates and announcements. Search “red cross pledge to prepare” on your favorite browser.

Chamber Gala honors Hayward people of the year

SUBMITTED BY HAYWARD CHAMBER OF COMMERCE

The Hayward Chamber of Commerce will celebrate the city’s designation as an “All America City” during the 73rd Annual Awards Gala Feb. 4, 2017.

Chris Lam, president and CEO of Pucci Foods, will be honored as Business Person of the Year for his contributions to the chamber and the city. Last October, he led the chamber delegation as part of the Hayward-Funabashi Sister City Committee trip to Japan.

Also honored at the gala will be:
Educator of the Year, Evelyn Ocasio, principal of
Ruus Elementary School

Firefighter of the Year, Capt. Phil Vecchio
Police Officer of the Year, Det. Libier Ledezma.

73rd Annual Hayward Chamber Gala
Saturday, Feb, 4
6 – 9 p.m.
California State University, East Bay
25800 Carlos Bee Blvd.
Call Susan at (510) 537-2424.
www.hayward.org
Reservations required
\$150 per person; \$1,200 per table

Health Expo Planned in Newark

SUBMITTED BY ANGELA EHRLICH,
LINCOLN ELEMENTARY SCHOOL

In recognition of Martin Luther King Day, Lincoln Elementary School in Newark is hosting a Health and Resource Expo on Friday, Jan. 20. The afternoon event is open to the public and will include representatives from 40 agencies offering information on health and wellness programs and resources available in the community. Newark mayor Al Nagy will open the event and entertainment will be provided by the school’s choir.

This year marks the third time the school has hosted the expo which is sponsored in part by the Newark Unified School District and Newark Betterment Corporation.

Health and Resource Expo
1:15 – 3:30 p.m.
Friday, Jan. 20
Lincoln Elementary School
36111 Bettencourt St.
(510) 818-3500
Free

Alameda County offers crisis support services

People who are experiencing grief can sometimes find themselves confused or overwhelmed by their feelings. Talking with others and sharing thoughts and feelings can often help the grief healing process. In Alameda County there are numerous bereavement support groups that provide a safe, confidential and welcoming place to give and receive support.

Numerous support groups offer specialized services aimed at people who have suffered specific types of losses. These groups are open to people 18 and older and include:

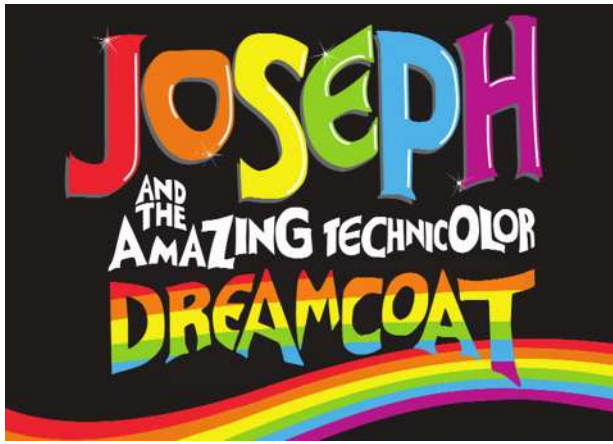
- General bereavement.
- Homicide bereavement
- Suicide bereavement

The size of each group is limited to eight people and pre-registration is required. There is a sliding scale fee based on income; no one is turned away if they cannot pay.

Individual grief counseling services are also available. They’re open to people of all ages and are led by counselors in training who are supervised by licensed therapists.

For more details about group or individual counseling in Alameda County, call (800) 260-0094 or visit the crisis support website at www.crisissupport.org. There also is a 24-hour crisis phone line available at (800) 309-2131.

THEATRE REVIEW



Unconventional Bible tale shines bright

BY JULIE GRABOWSKI
PHOTOS BY MARK &
TRACY PHOTOGRAPHY

Sunglasses, boomboxes, disco balls, and high fives are hardly typical features of Bible stories, but that is just a fraction of the party you'll find in "Joseph and the Amazing Technicolor Dreamcoat," now on stage at Fremont's Smith Center.

The Tim Rice and Andrew Lloyd Webber musical recounts the story of Joseph, one of 12 brothers and the favorite of his father Jacob. In an unwise display of preference, Jacob gives Joseph a beautiful coat of many colors. Already chaffing under the favoritism and Joseph's recounting of his dreams (in which they all bow to him), the gift drives his brothers to their breaking point, and they sell Joseph into slavery. The coat is torn, stained with goat's blood and returned to their father who mourns the death of his beloved son. Taken to Egypt,

light and playful approach that is as far from Genesis as you can get. Employing a bevy of musical styles and humorous, modern interpretations, "Joseph" certainly makes an impression. And those tired of the wet and gloomy weather are assured a bright and bold reception at StarStruck Theatre's production. Director Lori Stokes delivers a high impact smorgasbord of visual and vocal delights in a show that is sheer entertainment.

The 56-member cast is a harmonious unit with everyone clearly enjoying themselves. Angela Abonador, Sierra Rose Albright, and Gianna Tarquini share the role of narrator with an impressive trio of voices. Strong vocals and plenty of charm are hallmarks of Jacob Woll, who is a winning Joseph and a pleasure to watch. Mario Rappa unleashes excellent Elvis skills as Pharaoh, and is arguably the hit of the show in "Poor, Poor Pharaoh/Song of the King."

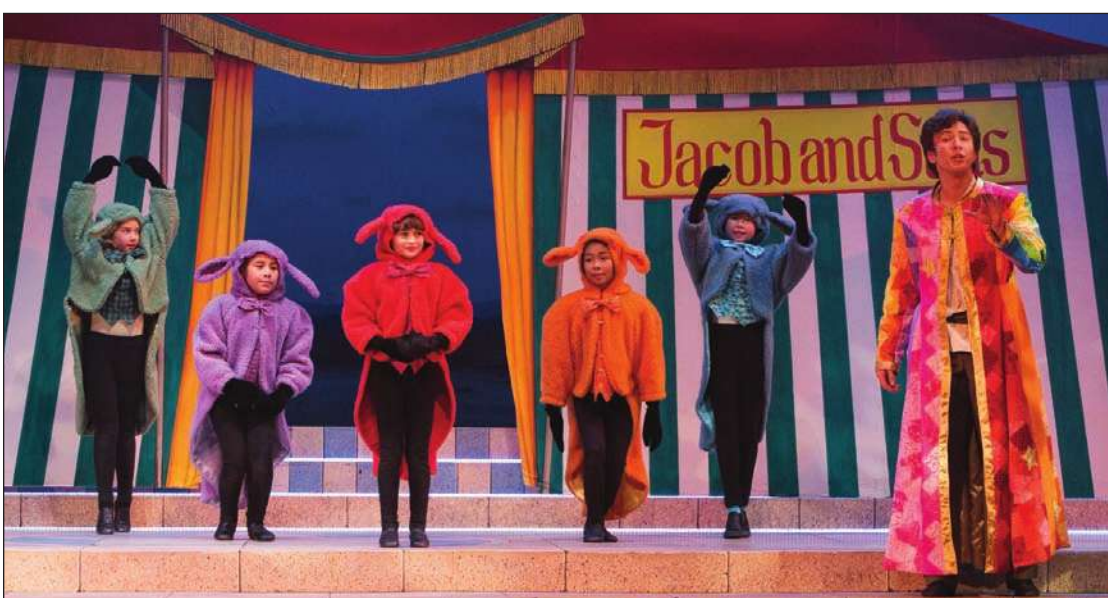
The Parisian cafe feel of



Joseph finds more trouble in the house of his owner Potiphar where the attentions of Potiphar's wife land him in jail. But his ability to interpret dreams catches the attention of Pharaoh and puts him on the path to achieving his destiny.

While serious material, "Joseph and the Amazing Technicolor Dreamcoat" takes a

"Those Canaan Days" where the Joseph's brothers lament their change of fortune is a great number, led by the delightful David Kautz (Levi) and Brian Loh (Benjamin). While there is no lack of toe-tapping fun, choreographer Lillian Kautz's skills are at their best in "One More Angel in Heaven/Hoe-down," "Go, Go, Go Joseph,"



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See website for additional information

Jan. 20
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and "Benjamin Calypso" featuring James Misa (Judah). "Potiphar" is another notable number with a wonderful vibe and humor featuring Isaac Gordon.

No matter how you turn it, "Joseph" shines from all angles. Stephen C. Wathen's set design, the music direction of Nancy Godfrey with her 18-piece orchestra, and the beautiful costumes from Diane Scherbarth, with a special nod to Lisa Stambaugh for Joseph's enviable coat, are unassailable elements of the StarStruck powerhouse that never fails to please. There's

nothing to do but go, go, go see it and enjoy!

Joseph and the Amazing Technicolor Dreamcoat
Saturday, Jan 14 – Sunday, Jan 22
7:30 p.m., matinees at 2:00 p.m.
Smith Center at Ohlone College
43600 Mission Blvd, Fremont (510) 659-1319
<http://starstrucktheatre.org>
Tickets: \$22 – \$28

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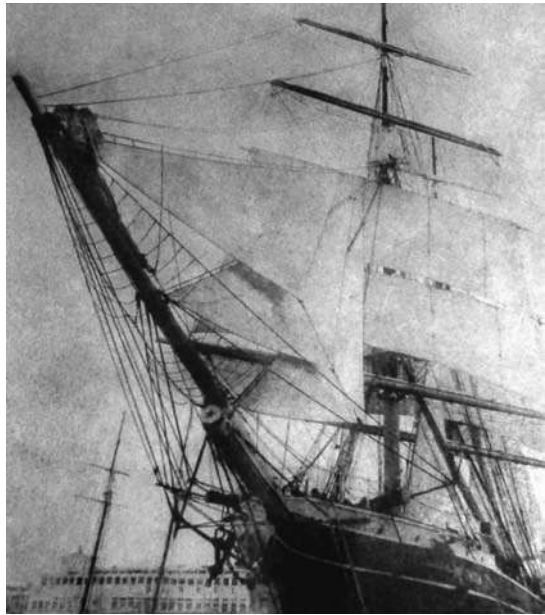
'Looking Forward'

with A.R.T., Inc. members

SUBMITTED BY
ADOBE ART GALLERY

Adobe Art Gallery presents the works of A.R.T., Inc. members in the upcoming exhibit "Looking Forward," featuring a variety of media including two and three-dimensional art. Meet and greet the artists at the afternoon awards and reception Saturday, January 21.

Art judge Angela Johal will select the exhibition awards. Johal's portfolio includes



recycling materials and geometric figures.

Recently hired Gallery Director Leah Virsik, who exhibited multiple times at the Adobe Art Gallery before obtaining her Master of Fine Arts from SF State, is excited to work with A.R.T., Inc. "I value the opportunity to start my professional relationship with the Adobe Art Gallery by building on the long-term relationship it has had with A.R.T., Inc. and its members."

For this exhibit, 50 submissions are being accepted, and currently 24 artists are

participating, including Shari Benson, Jeanne Bertolina, Carol Jones Brown, Nick Calarco, Carl Call, Lee Daguman, Philip Denst, Richard Geiger, Amiee Johnson, Janet Metzler, Ethel Morgan, Janice Moulton, Lynne Prather, Terry Preston, Carol Ramos, Lisa Rigge, Peg Robinson, Christa Schanda, Stan Stadelman, Ruey Syrop, Gerald Thompson, Winifred Thompson, Renea Turner, and Georgia Whitaker. The artists' media ranges from acrylic, acrylic/mixed media, ceramic, digital prints, and a bromoil print to oil, photography, watercolor, and Prismacolor pencil.

A.R.T., Inc. was founded in 1984 as an association for artists

to exchange ideas and exhibit their art. Fostering connections between local artists and art enthusiasts A.R.T., Inc. provides free art demonstrations for people of all ages and displays the work of its members in six venues in Castro Valley. Members' art has been displayed at Bank of the West, Castro Valley Library, Baywood Court Senior Community (three galleries), Gladding Gallery at the Adobe Art Center, and Kenneth Aiken Senior Center.

A.R.T., Inc. partners with Hayward Area Recreation and Park District (HARD) and provides support to HARD's Adobe Art Gallery through its membership fees, newsletter, website, art demonstrations, hands-on workshops and social events.

Looking Forward
Saturday, Jan 21 –
Saturday, Mar 4
Thursday – Saturday,
11 a.m. – 3 p.m.

Artists' Reception:
Saturday, Jan 21
1 p.m. – 3 p.m.

Adobe Art Gallery
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Castro Valley
(510) 881-6735
www.adobegallery.org
www.artinc.org
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