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Downtown
Fremont

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Kids dress
up for
annual
parade

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Foundation
funds offer
tech access
for children
with Autism

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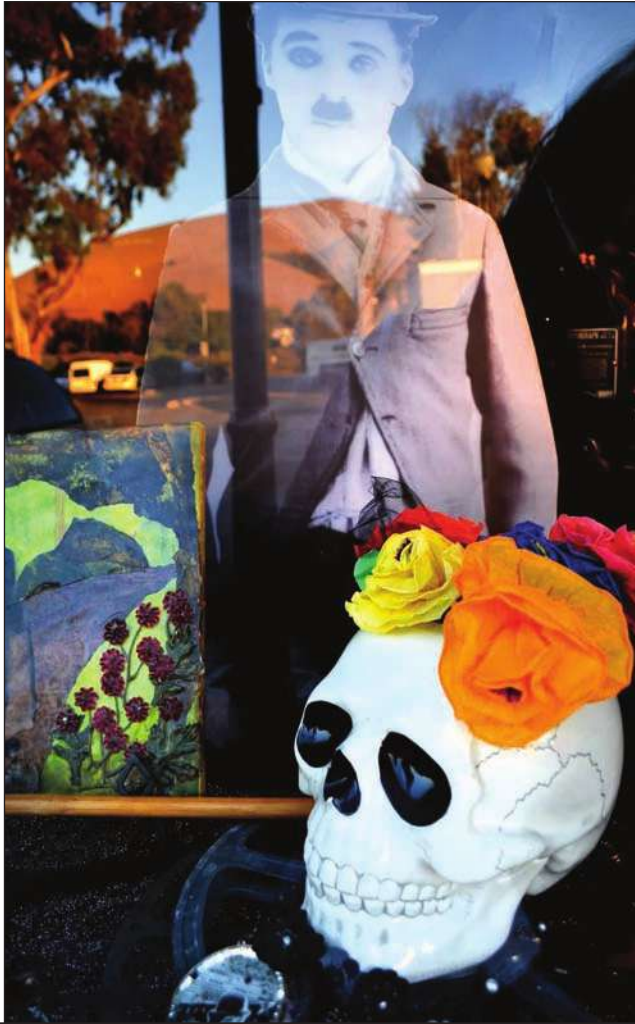
Vol. 15 No. 42

Niles's lively celebration of birth & death

By TOSHALI GOEL
PHOTOS COURTESY OF
RAE STECKLER

The month of October is full of festivities for cultures and regions all around the world. The district of Niles in Fremont is paying homage one such festival – Dia de los Muertos, or the Day of the Dead. Niles will be holding its fifth annual “Altar Walk,” a celebration in honor of the Latin American tradition and a way for people to pay respect to their loved ones. The event will be free and open to all, and attendees are encouraged to make it a day – bring chairs or blankets for

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Oakland Zoo
hosts weekend of

Halloween-themed activities

SUBMITTED BY ERIN HARRISON
PHOTOS COURTESY OF OAKLAND ZOO

On October 29, Oakland Zoo is hosting a Halloween-themed, overnight experience called “Family Sundown SPOOKfari.” The program includes outdoor camping, pumpkin carving, scary stories, an eerie nighttime tour, a cool puppet show and live, creepy, crawly animals. Participants get to make ghost s’mores before bedtime and wake up to a hot breakfast in the morning, when they will also deliver their spooktacular pumpkin presents to zoo animals.

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SUBMITTED BY
GERALD AND WINNIE THOMPSON

The Hayward Arts Council (HAC) invites the community to attend its annual “Celebration for the Arts” fundraiser being held in the Hayward City Hall Rotunda, Friday, November 4.

Ticket holders will enjoy a hosted Wine and Beer Happy Hour, dinner buffet, live and silent auctions, and entertainment. Auction prizes include four Warrior tickets, a full box at an A's game, and tickets to a Raider's game donated by Supervisors Nate Miley and Richard Valle. Also available are vouchers for TPC Stonebrae golf course, Disneyland tickets, Arthur Murray dance lessons, Worthington Photog-

raphy classes, and offerings from San Francisco Ballet, Walt Disney Family Museum, Buffalo Bill's Brewery, Niles Canyon Railroad, Castro Valley Village Bowl, Chanticleers Theatre, Eko Coffee Bar and Tea House, Hayward Car Wash, and El Taquito #1. An Animal Art Auction will also be part of the festivities.

The evening's entertainment includes a Charlie Chaplin impersonator, Mt. Eden High School String Ensemble, poetry reading by Bruce Roberts, Folk Dancers led by Linda DeNike, and music throughout the evening.

Proceeds from the fundraiser support the Hayward area by encouraging interest and participation in all kinds of art.

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Author Offers Advice on Getting the Best Medical Care

You or someone you care about faces a serious — or even not-so-serious — illness or accident. How do you navigate and manage the array of doctors, hospital personnel and other caregivers that are now involved in your life? How do you evaluate their opinions? And among your numerous treatment options, how do you know which is the best one, the right one for your situation?

According to Leslie D. Michelson, author of “The Patient’s Playbook,” there is no health care road map when we get sick. That’s why it’s imperative to partner with your physicians and enlist the support of a trusted friend or loved one. “Individuals faced with serious illnesses need someone to ‘quarterback’ their care,” Michelson says.

On Thursday, Nov. 10, Michelson will share lifesaving strategies and decision-making tools to help you successfully navigate the health care system during those most stressful times.

The free Washington Hospital Community Forum, entitled “Finding the No-Mistake Zone™: Lessons from the Patient’s Playbook,” will be held from 6 to 8 p.m. in the Conrad E. Anderson, MD, Auditorium in the Washington West building at 2500 Mowry Ave., Fremont.

- Attendees will learn:
- Six steps to finding the “No-Mistake Zone™” in every medical situation
 - Take-charge strategies for medical emergencies
 - How to partner with your doctor to avoid becoming a medical statistic
 - How to identify and interview the right specialist for any condition
 - That it doesn’t cost more to get better care—learning how to be a smart consumer is what matters

A special printing of “The Patient’s Playbook,” with a foreword by Washington Hospital Chief Executive Officer Nancy Farber, will be available at a discounted price for attendees, and the author will sign books following the talk.

In his book, Michelson outlines key steps each person can take to be prepared when illness strikes, and he provides insider tips on better navigating the system, based on his 30 years of experience.

“Helping people get better medical care is my passion,” Michelson says. He became interested in health issues as a youth, when his father was incorrectly diagnosed with a heart problem. Michelson solved the issue, saving his dad from unnecessary surgery. Although trained as a lawyer, he moved

into the business of health care, serving as CEO for several entrepreneurial health care companies focused on improving quality of care.

Over the years, friends sought his advice on medical challenges so often, he founded Private Health Management in 2007, which has overseen the care of thousands of individuals and corporate clients. He wrote his best-selling book, “The Patient’s Playbook,” to share what he’s learned with a broader audience.

Michelson and his team will partner with Washington Hospital over the next year to communicate their shared mission of empowering patients to better manage their care and partner with their physicians.

“We came to Washington Hospital because we are so impressed with the leadership here, particularly that of CEO Nancy Farber, and with the Healthcare System’s commitment to the ‘Patient First Ethic,’ Michelson says.

“The Hospital’s initiatives to reduce errors, improve quality of care, encouraging patients to participate in their own health care means that Washington Hospital is years ahead of the game.”

In addition to speaking at the forum, Michelson will meet with the Washington Hospital management team and the Hospital’s



Author and health care expert, Leslie D. Michelson, will share insider advice on getting the best medical care at a free community forum. The event takes place on Thursday, Nov. 10, from 6 to 8 p.m. in the Conrad E. Anderson, MD, Auditorium in the Washington West building at 2500 Mowry Ave. in Fremont. To register or for more information, call (800) 963-7070.

physician leadership group. Working together, they’ll develop educational materials for the community, including podcasts, webinars, newspaper articles, public service announcements and videos to be broadcast on InHealth, the Hospital’s community television station.

Michelson also will return to Washington Hospital Healthcare System next year to speak at the Washington Hospital Women’s

Health Conference. “We are developing an array of ways to reach the broader community here in southern Alameda County.

“By partnering with Washington Hospital Healthcare System and its leadership, we believe together we can make a very significant impact on helping people better manage their health care needs,” Michelson adds.

For further information, please call (800) 963-7070.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY									
	10/25/16	10/26/16	10/27/16	10/28/16	10/29/16	10/30/16	10/31/16									
12:00 PM 12:00 AM	Voices InHealth:The Greatest Gift of All	Deep Venous Thrombosis	Diabetes Matters: Healthy or Hoax	Relieving Back Pain: Know Your Options	Raising Awareness About Stroke	Sideline by Back Pain? Get Back in the Game	Learn About the Signs & Symptoms of Sepsis									
12:30 PM 12:30 AM	Urinary Incontinence in Women:What You Need to Know		Pain When You Walk? It Could Be PVD				Learn More About Kidney Disease	Women's Health Conference: Can Lifestyle Reduce the Risk of Cancer?	Minimally Invasive Surgery for Lower Back Disorders							
1:00 PM 1:00 AM		Arthritis: Do I Have One of 100 Types?	Superbugs:Are We Winning the Germ War?	Strengthen Your Back! Learn to Improve Your Back Fitness	Diabetes Matters: Strategies for Incorporating Physical Activity	Family Caregiver Series: Legal & Financial Affairs										
1:30 PM 1:30 AM	Low Back Pain	Washington Township Health Care District Board Meeting October 12, 2016	Good Fats vs. Bad Fats			Washington Township Health Care District Board Meeting October 12, 2016	Sports Medicine Program: Big Changes in Concussion Care: What You Don't Know Can Hurt You	Diabetes Matters: Monitoring Matters	Washington Township Health Care District Board Meeting October 12, 2016							
2:00 PM 2:00 AM			Prostate Cancer:What You Need to Know	Community Based Senior Supportive Services	Family Caregiver Series: Coping as a Caregiver					Diabetes Matters: Gastroparesis	Turning 65? Get To Know Medicare					
2:30 PM 2:30 AM												Learn If You Are at Risk for Liver Disease	Diabetes Matters: Diabetes & Polycystic Ovarian Syndrome	Kidney Transplants	What You Should Know About Carbs and Food Labels	Not A Superficial Problem:Varicose Veins & Chronic Venous Disease
3:00 PM 3:00 AM																
3:30 PM 3:30 AM	Inside Washington Hospital: Patient Safety	Knee Pain & Arthritis	Diabetes Matters: Diabetes & Polycystic Ovarian Syndrome	What You Should Know About Carbs and Food Labels	Not A Superficial Problem:Varicose Veins & Chronic Venous Disease	Living with Arthritis										
4:00 PM 4:00 AM	Colon Cancer: Prevention & Treatment	Heart Health:What You Need to Know	Learn About Nutrition for a Healthy Life	Family Caregiver Series: Caregiving From A Distance	Washington Township Health Care District Board Meeting October 12, 2016	Washington Township Health Care District Board Meeting October 12, 2016	Do You Suffer From Anxiety or Depression?									
4:30 PM 4:30 AM	Keeping Your Heart on the Right Beat	Your Concerns InHealth: Senior Scam Prevention	Learn About Nutrition for a Healthy Life	Washington Women's Center: Cancer Genetic Counseling												
5:00 PM 5:00 AM	Shingles	Learn the Latest Treatment Options for GERD	The Real Impact of Hearing Loss & the Latest Options for Treatment	Sports Medicine Program:Youth Sports Injuries	Washington Township Health Care District Board Meeting October 12, 2016	Washington Township Health Care District Board Meeting October 12, 2016	Crohn's & Colitis									
5:30 PM 5:30 AM		Washington Township Health Care District Board Meeting October 12, 2016						Preventive Healthcare Screening for Adults	Washington Township Health Care District Board Meeting October 12, 2016	Dietary Treatment to Treat Celiac Disease	Skin Health: Skin Cancer & Fountain of Youth	From One Second to the Next				
6:00 PM 6:00 AM	Vertigo & Dizziness: What You Need to Know		Hip Pain in the Young and Middle-Aged Adult	Cognitive Assessment As You Age	Family Caregiver Series: Panel Discussion	Don't Let Hip Pain Run You Down										
6:30 PM 6:30 AM							Family Caregiver Series: Fatigue and Depression	Surgical Treatment of Obstructive Sleep Apnea					Women's Health Conference:Age Appropriate Screenings			
7:00 PM 7:00 AM	Diabetes Matters: Diabetes Chat	Family Caregiver Series: Nutrition for the Caregiver	Hip Pain in the Young and Middle-Aged Adult	Voices InHealth: Bras for Body & Soul	Alzheimer's Disease	Diabetes Matters: Understanding Labs to Improve Diabetes Management	Family Caregiver Series: Managing Family Dynamics in Caregiving									
7:30 PM 7:30 AM	Menopause:A Mind-Body Approach	Your Concerns InHealth: Decisions in End of Life Care		How Healthy Are Your Lungs?		Voices InHealth: Demystifying the Radiation Oncology Center		The Weigh to Success								
8:00 PM 8:00 AM	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Heart Healthy Eating After Surgery and Beyond	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Inside Washington Hospital: Advanced Treatment of Aneurysms	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Inside Washington Hospital: Implementing the Lean Management System	Voices InHealth: New Surgical Options for Breast Cancer Treatment									

Kids and Concussions: A Concussion Is More than 'Getting Your Bell Rung'

Part I of a 2-Part Series of Articles on
Washington Sports Medicine's Efforts to Diagnose, Prevent
and Treat Sports-Related Concussions

If you have been watching television coverage this fall of high school, college or professional football, you might have heard an announcer say, "It looks as if the runner might have gotten his bell rung," meaning that the player received a blow to the head. While that phrase may sound amusing, there is nothing funny about a sports-related head injury called a "concussion."

"A concussion is also known as a mild traumatic brain injury, or mTBI," says Steven Zonner, DO, a primary care sports medicine specialist with Washington Sports Medicine. "A traumatic brain injury, or TBI, is a more serious injury that involves structural damage to the brain, and you can see it on a CT scan or MRI. Examples of a TBI could include a skull fracture or blood on the brain. An mTBI is more subtle, and you cannot see it on a CT scan or MRI. We used to think a concussion was a 'brain bruise,' but now we know it is actually a chemical change in the brain caused by trauma."

Dr. Zonner notes that a concussion can be caused by a hit to a person's head or upper body that causes a "whiplash effect" in the middle of the brain. The brain, which weighs about 15 pounds, is oblong rather than round, and is attached to the spinal cord at the rear of the head. In a concussion, a part of the brain in the back, called the cerebellum, becomes temporarily and chemically disconnected from the prefrontal cortex in the front of the brain through this stretching effect in the middle of the brain.

"The prefrontal cortex affects our personality as well as execu-

tive functions such as decision-making," Dr. Zonner explains. "The cerebellum, meanwhile, is where everything in the brain is first processed and controlled. You could compare the brain to a car. The brain works like someone driving with a foot all the way down on the accelerator; at the same time, the cerebellum acts like a foot strongly applied to the brake pedal. This tight balancing act allows us to see and act with precision. Correspondingly, a concussion is like driving a car without brakes. The impact in a concussion causes the neurons in the brain that connect the prefrontal cortex to the cerebellum to stretch, causing a chemical imbalance that results in a slowing of normal brain function. We can then begin to see the typical symptoms of a concussion as a reflection of this effect: feeling foggy, slowed down, sensitive to light or noise, blurred vision, and headaches to name a few."

Risk Factors for Concussions

Concussions can occur in any sport or recreational activity, but they are most common in high-speed impact sports such as football, rugby, soccer and hockey. Those sports are followed closely by basketball, baseball and softball. Individual sports such as boxing, water sports (especially diving), wrestling, bicycling, snow skiing and skateboarding have their concussion victims, too. Playground accidents – such as falling off a slide – also can be the cause of concussions.

Contrary to common perceptions, concussions are not just a 'guy thing.' In fact, a clinical report issued by the American Academy of Pediatrics states that girls are reported to have a higher



Concussion can occur in any recreational activity or sport, but are more likely to happen in high-speed impact sports like football, soccer and basketball. Both boys and girls are susceptible to concussions. When a concussion is suspected, it should be evaluated as soon as possible by a physician who has experience with concussions.

Low-Cost High School Sports Physicals Wednesday, Nov. 2 3:30 to 6 p.m.

Irvington High School main gym
Cost: \$20
Questions: call (510) 248-1030

rate of concussion than boys in similar sports. In girls' sports, the rate of concussion is highest in soccer and basketball.

"Girls and women of all ages are at higher risk of concussions than their male counterparts in similar sports," says Dr. Zonner. "We're not sure why this is the case, but part of the reason may be because females in general have thinner, weaker necks than males. A thick, muscular neck makes the person less susceptible to concussion. For this reason, boys under age 16 are also more likely to suffer concussions than older males."

Diagnosing Concussions

Concussions do not usually involve being "knocked out" or losing consciousness. If the injured person does lose consciousness, or has any other serious symptoms, he or she should be evaluated as soon as possible by a physician who has experience in dealing with concussions. Because a concussion primarily impacts the prefrontal cortex, symptoms of a concussion might include:

- Headache or a sense of pressure in the head
- Feeling mentally "foggy" or confused

- Inability to pay attention
- Dizziness or problems with balance
- Slowed physical reaction times
- Changes in vision or hearing, or sensitivity to light or sound
- Nausea or vomiting
- Sleepiness, drowsiness or fatigue
- Slurred speech
- Personality changes or emotional reactions such as irritability, depression or anxiety

"There are some difficulties in diagnosing concussions," Dr. Zonner says. "In the past, a diagnosis of mTBI was made exclusively on the basis of the person's symptoms. There currently are tests that can provide more objective data for diagnosing concussions, but no one single test is conclusive. Neurocognitive testing has been the main form of testing. These tests, which are still in use, involve timed computerized tests that assess the patients' reaction times, their memory, and their ability to store and retrieve information."

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Ask the Doctor

This is an ongoing column in which community physicians answer your health-related questions. Questions should be emailed to Ask the Doctor at: askthedoctor@whhs.com

Sodium intake

Dear Doctor,

Is it really that important to watch my daily sodium intake?

Dear Reader,

The main concern most people associate with salt intake is high blood pressure. Keeping sodium in check is part of the American Heart Association's (AHA) diet and lifestyle recommendations.

On average, the sodium intake for Americans is 3,400 mg/day, an excessive amount that can raise blood pressure and pose health risks. For optimal heart health, the AHA recommends people consume no more than 1,500 mg/day. However, people with conditions such as congestive heart failure should consult their doctor since too little sodium is also risky.

Stephen Zonner, DO



Dr. Steven Zonner is board certified by the American Osteopathic Board of Family Practice and has over 30 years of experience in the fields of primary care, Occupational and Sports Medicine. Dr. Zonner completed the majority of his medical training in Chicago starting with his Doctor of Osteopathic Medicine degree (DO) from the Chicago College of Osteopathic Medicine. After finishing his Family Medicine

internship and residency at Botsford General Hospital in Michigan, he returned to Chicago to complete his primary care Sports Medicine fellowship at Rush-Presbyterian-St. Luke's Medical Center. In 1990, he went on to become the head team physician for Arizona State University and has been invited to work at the U.S. Olympic Training Center in Colorado Springs. He has been treating people of all ages and athletic abilities in the San Francisco Bay Area since 2004. Dr. Zonner is also fluent in Spanish.



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Health & Wellness



Free Community Seminar



Mary Maish, MD
Thoracic Surgery
Washington Township
Medical Foundation



Washington Township
Medical Foundation
Part of Washington Hospital Healthcare System

Learn the Latest Treatment Options for Gastroesophageal Reflux Disease (GERD)

If you have acid reflux twice a week or more, you may suffer from gastroesophageal reflux disease (GERD) — a more serious form of heartburn. You do not have to live with chronic heartburn or acid reflux pain and discomfort. Learn more about GERD and its treatment, including minimally invasive surgical options.

Tuesday, July 12, 2016 • 6 to 8 p.m.
Tuesday, November 1, 2016 • 1 to 3 p.m.
Conrad E. Anderson, MD, Auditorium, rooms A & B
Washington West, 2500 Mowry Ave., Fremont



Stay connected to Washington Hospital through Facebook, YouTube and Twitter. Watch InHealth Channel videos, learn about upcoming events and seminars and see what's happening at your community hospital.



To register or for more information,
visit www.whhs.com/events
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Seminars may be televised on InHealth, a Washington Hospital Channel (Comcast Channel 78) and online at inhealth.tv.

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The Scientific Method: Discovering Fun at Ohlone’s Night of Science



A true community extravaganza, Ohlone College’s Night of Science was wall to wall with excited, curious families! The free event was held Oct. 15th at the Ohlone College Newark campus.

Young faces flooded the campus touching, looking and creating at the various exhibitions, visibly excited and intrigued.

The event was packed with fun, hands on, creative activities in science, technology, engineering and math (STEM). And new this year, the multimedia presentation brought the mixture of art and technology.



On the first floor kids could explore aquaponics, Mad Science shows, a biotech bar, and chemistry corner. Kids ran about excitedly showing parents how a handful of foam could create a puff of smoke just by clapping their hands. A planet-making station allowed kids to make and take their own planet while at the succulent station kids could pot a “water-storing” plant to care for.

The second floor was home to the Star Trek-like Artemis Starship experience, and a health sciences area where you could practice taking blood pressure or analyze your



breathing rate. In addition, there was a paper airplane station and flight deck, (yes, kids and parents were folding and throwing paper airplanes in school), 3D printing and virtual reality demonstrations plus engineering and computer workshops.

John Collins, “The Paper Airplane Guy,” is the Guinness World Record Holder for paper airplane distance and author of several books on airplane making. Collins demonstrated a variety of airplane construction techniques, as well as the “secret” of the world record-holding paper airplane. His entertaining presentation



brought principles of flight and aerodynamics down to earth.

Dr. Pascal Lee, a planetary scientist at the Mars Institute and at NASA Ames, addressed the topic of a manned mission to Mars. Dr. Lee’s first book Mission: Mars won the 2015 prize for excellence in children’s science books.

Ohlone College President, Dr. Gari Browning, who brought her own grandchildren to the event, said “I was extremely pleased with community participation and enjoyment of our second annual Night of Science. The hands-on activities were educational and there was fun



for all ages. We are planning to make this a signature event for Ohlone College.”

If you missed the fun this year, plan to join us next year at the 3rd annual Night of Science Fall 2017 at Ohlone College.

Sponsors for this event: Alameda County Workforce Development Board Galaxy Level; PricewaterhouseCoopers; American Association of University Woman, Fremont; Dominican Sisters of Mission San Jose; and New Haven School Foundation all generously supported this free community event.

Latina/Latino heritage shines brighter than ever

At Ohlone College, various events have celebrated the colorful and diverse Latina/Latino culture.

Dr. Jennifer Jovel, Sociology Professor was inspired by her experiences as a Latina student at Ohlone and organized events that would help Latina/o students understand their educational experience and possibilities for their future.

“I received much support, guidance, and mentoring from faculty and staff when I was a student here at Ohlone, which was key to my success. So as a professor, I wanted to bring faculty, staff, and students together to build connections and learn from one another,” said Jovel.

The Latino Heritage Month events included a screening and discussion of the 2006 film



Walkout; a Latina/o student Welcome Day titled, “Bienvenidos”, and a Latina/o Ohlone alumni panel titled “Si Se Puede” or “Yes You Can.” The events were designed by Dr. Jovel to address the various systematic, social, and educational barriers faced by Latina/o students such as limited access to role models and mentors in educational institutions who share similar backgrounds and experiences and limited access to culturally relevant curriculum.

Dozens of students attended the event and Dr. Jovel was excited by the student response. Communications major Elise Tianna Reyes said, “It’s empowering to be around people who share similar backgrounds and cultural values while also celebrating the diversity in our heritage.”

Dr. Jovel was excited by the overwhelming student response, “I’ve had many students tell me how inspired they were by the events and how they would love to see more events like these in the future.”

Photo By: Ivan Vargas

UPCOMING EVENTS

Actor & Comedian
Brian Copeland in *The Scion*
A one-man show that questions the roles that class, privilege and race play in society.
Thur., Oct. 27, 7:00pm
Free & Open to the Public
Smith Center at Ohlone College
smithcenter.com



Smith Center Presents!
Aileen Chanco
Classical Pianist
Fri., Oct. 28, 8pm
Smith Center at Ohlone College
Tickets: smithcenter.com



Looking Between the Lines
Paintings by Gina Borg
Exhibit runs thru Nov. 4
Louie-Meager Art Gallery
Smith Center at Ohlone College
ohlone.edu/org/artgallery



Ohlone College 50 Year Anniversary—back to the beginning...

For the past 50 years Ohlone has been in the business of transforming lives. This includes not only the lives of students, but also the lives of faculty and staff. These lives are the legacy of Ohlone College. Although an institution’s history is important, its human legacy is more so.

Throughout 2017 Ohlone College will celebrate its 50th anniversary, reaching out to reconnect with our students—current and former, to recognize all that Ohlone students have accomplished and to re-engage them with the college.



Ohlone’s first semester of classes began in fall 1967 with approximately 1,300 students. The origins of Ohlone College began several years earlier in 1960. The bid to form a college was rejected several times by the State Board of Education, however Ohlone finally got traction thanks to support from State Assemblyman Carlos Bee and Governor Pat Brown. Voters made it official on December 7, 1965 with 73% voting in favor, and the Fremont Newark Junior College District was officially created.

World Premiere
“**Spending the End of the World on OkCupid**”
Written by Jeffrey Lo
Presented by the
Ohlone Theater Dept.
Nov. 4-5, 10, 12, 17-19, 8pm
ASL Interpreted Nov. 18
Smith Center at Ohlone College
Tickets: smithcenter.com





Re-Elect Patricia 'Pat' Danielson
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- ◆ Ensuring that the hospital provides quality health care for everyone
- ◆ Providing diligent stewardship of the district's assets to maintain the financial stability of the hospital and the services it provides
- ◆ Construction of the Morris Hyman Critical Care Pavilion to provide urgently needed earthquake-safety emergency services.

Paid for by:
Patricia 'Pat' Danielson for Washington Hospital 2016—FPPC #1246760

continued from page 3

Kids and Concussions:
A Concussion Is More than
'Getting Your Bell Rung'

Part 1 of a 2-Part Series of Articles on
Washington Sports Medicine's Efforts to Diagnose, Prevent
and Treat Sports-Related Concussions

Dr. Zonner adds that another type of diagnostic test for concussions involves tracking eye movements.

"The current standard eye-tracking test is the King-Devick test, which involves having the injured person read a card with a series of numbers in random order," he explains. "The person is timed to see how quickly he or she can read the card. A concussion is considered likely if the patient is off by more than one second from a baseline score that was established in a pre-participation sports exam. Many teams use the King-Devick test, but it is still subjective, rather than objective."

There is a new diagnostic tool available that provides objective data in less than 1 minute to help solidify a diagnosis of concussion, according to Dr. Zonner. EYE-SYNC, a product of SyncThink, is an integrated eye-tracking device that analyzes eye movement impairment through the use of Oculus Rift virtual reality goggles linked to a laptop computer. The EYE-SYNC device was developed by Dr. Jamshid Ghajar, a neurosurgeon at Stanford University. The device has been approved by the U.S. Food and Drug Administration (FDA) for use in diagnosing "disruption in brain function" (which is a concussion) and monitoring recovery from concussion.

"EYE-SYNC is not really a virtual reality game or test," Dr. Zonner notes. "The EYE-SYNC device scans the surface of the eye as the person tries to visually follow a red dot that travels clockwise around a circle for about 30 seconds. In the case of mTBI, the eye may jump ahead to where it believes the dot is going before the dot gets there, rather than accurately following the path the dot is taking. This gives a characteristic diagnostic pattern that is associated with concussion. The EYE-SYNC can then be used to follow recovery from mTBI in conjunction with other testing and treatment."

Learn More

For a more comprehensive explanation of EYE-SYNC technology, as well as information about how Washington Sports Medicine and Washington Outpatient Rehabilitation Center are using EYE-SYNC for diagnosing and treating patients with concussions, look for Part 2 of this series in a future edition of the Tri-City Voice. Part 2 also will discuss protocols and options for treating concussion patients and advice for preventing sports-related concussions.

For more information about Washington Sports Medicine, visit www.whhs.com and click on the link for "Sports Medicine Program" under the "SERVICES" tab at the top of the home page.

Washington Sports Medicine
Offers Low-Cost Sports Exams
for High School Athletes
on Nov. 2

Most states, including California, require a pre-participation physical exam for all athletes participating in interscholastic sports. Many community athletic organizations also require physical exam before an athlete can participate in sports activities. To make it easier – and less expensive – for high school student athletes and their families to obtain pre-participation sports physical exams, Washington Sports Medicine will provide the exams on Wednesday, Nov. 2, from 3:30 to 6 p.m.

The exams will be performed in the main gym at Irvington High School, located at 41800 Blacow Road in Fremont. The cost of the physical is \$20, which is lower than many co-payments for such exams. The fee must be paid in cash or by check made out to WHHS.

Before coming for their sports physicals, athletes should fill out the "Pre-participation Physical Evaluation" form developed by the California Interscholastic Federation. A parent or legal guardian must sign the form for any student athlete under age 18. The forms can be downloaded for free from Washington Hospital's website at www.whhs.com. For more information about the pre-participation sports physicals, call (510) 248-1030.

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The Manila Times said of her performance, "We were unbelievably awed by her rare expressive musicality. Her performance is something the Manila audience will never forget – a shining moment for our country."

Chanco performs on October 28 in the Smith Center at Ohlone College. For more information or to purchase tickets, please visit www.smithcenter.com.

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Meet award-winning author Reyna Grande

SUBMITTED BY
SALLY THOMAS

Hayward Public Library is pleased to host award-winning author Reyna Grande at two free public events on Wednesday, November 2, and invites community members to read and discuss her best-selling memoir, *The Distance Between Us*. This eye-opening book describes her life before and after immigrating to the United States.

Born in Mexico and raised by her grandparents after her parents left to find work in the U.S., Grande entered the U.S. at age 9 as an undocumented immigrant. At first filled with hope, she quickly realized that life in America was far from perfect. Grande found solace in books and writing, and became the first person in her family to obtain a college degree, earning a B.A. and then an M.F.A. in Creative Writing. Grande's first novel, *Across A Hundred Mountains* (2006), received an American Book Award, the El Premio Aztlan Literary Award, and a Latino Books Into Movies Award. Her second novel, *Dancing with Butterflies*, was published in 2009 to critical acclaim. It was the recipient of an International Latino Book Award and was selected by Las Comadres Para Las Americas National Book Club. Grande's memoir *The Distance Between Us* was a National Book Critics Circle Awards finalist, and was hailed by the Los Angeles Times as "the Angela's Ashes of the modern Mexican immigrant experience." A young readers' edition of the memoir was released last month.



Hayward City Council Member Mark Salinas, who lectures at both Chabot College and Cal State University East Bay (CSUEB), introduced the Hayward Library's Latin@: Immigration series last month with an overview of the long history of "push and pull" immigration policies affecting movement in both directions across the current borders of Mexico and the United States. "An inspiring take-away from *The Distance Between Us*," reflects Mark Salinas, "is the key role that public schools and libraries provide in the long-term success of immigrant children and their families. Reading opened up opportunities for Reyna Grande that helped her overcome tremendous poverty-induced challenges."

"Our library is not only a source of facts and figures, but serves as a community hub," notes Sean Reinhart, Hayward Director of Library and Community Services. "We welcome prospective voters to the library to gain insight into the human costs of contested laws and legislation. Reyna Grande's memoir provides an important perspective

in the immigration debate."

Additional speakers at the events will include CSUEB Professors Carlos Salomon (Ethnic Studies) and Duke Austin (Sociology), and Immigration Attorney Alex Galindo.

As one of the most diverse cities in California, Hayward is home to a large Latino community, comprising over 40 percent of the City's population; 30 percent of all Hayward residents speak Spanish at home. At a time when immigration politics are at a boiling point in America, Reyna Grande is an important public voice for Mexican Americans and immigrants of every origin. *The Distance Between Us* has the power to change minds and hearts.

Copies of Grande's books will be on sale. (Check out copies of Grande's memoir at the Hayward Library; obtain a 15 percent discount when you purchase a copy at The Book Shop located at 1007 B Street.) The presentation will be delivered in English, with simultaneous translation in Spanish offered via audio devices, available on a first-come, first-served basis.

Meet Author Reyna Grande
Wednesday, Nov 2
11:30 a.m.

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Innovation at Mission San Jose High School - Jumpstart!



MSJHS senior Rushil Chakarabarty explores augmented reality with Microsoft's HoloLens at Innovation Minds' Jumpstart! event

SUBMITTED BY CHARLIE BRUCKER, AP COMPUTER SCIENCE TEACHER
PHOTO BY FLORA CHANG

How do you hold the interest of 140 high school students for three hours on a Friday after school? Innovation Minds was more than up to that task with their Jumpstart! gadget expo featuring over 60 emerging technologies, something you would be surprised to see at a high-end trade show let alone at a high school.

As word got out on the afternoon of September 30, the Multipurpose Room at Fremont's Mission San Jose High School quickly became crowded to capacity – and beyond – but you didn't hear any complaining from the 140 enthusiastic students in Computer Science and Digital Photography.

Students were grouped into ten teams which circulated the demonstration/interaction area for hands-on experiences at this gizmo gala, including Microsoft HoloLens, Oculus VR Gaming Center, Google Glass, Humanoid Robots, IoT (Internet of Things) Devices, 3D Printers, Artificial Intelligence Bots, Embedded Systems, smart watches, and much more. Students were guided and inspired by industry professionals and student champions at each of the technology stations.

Student teams were then challenged to come up with an idea for their school, community or world in general using the technologies they experienced at Jumpstart! A one-minute

lightning pitch by each team was presented to the assembled students, parents, faculty and a panel of distinguished judges from UC Davis, IBM, LinkedIn, Adobe, eBay, venture capital and technology evangelism, and the Fremont Unified School District. "Baby Bracelet," leveraging IoT and AI (Artificial Intelligence) to sense and communicate a baby's environment, vital signs, and emotional well being, was selected Best Idea by judges. "Save a Soul Drone," using drone technology for emergency response, was voted Most Popular Idea by students and parents.

AP Computer Science teammates Rachael Tang, Anjali Krishnan, Ruchika Shukla, and Alicia Ren remarked, "We never had the chance to experiment with so many different gadgets all at once, so it was definitely an eye-opening experience. JumpStart! made us realize how technological advances can really change human lives for the better, and we are thankful to have this opportunity to learn about the latest innovations and how they can revolutionize the future."

The Jumpstart! event kicks off the Innovation season, where Innovation Minds plans to onboard other top schools from Bay Area and pilot a series of Innovation events, enabling high school students to bring their ideas to life.

Zack Larsen, Principal of Mission San Jose High School, opened Jumpstart! with these prescient words: "We live on the edge of Silicon Valley, a region known around the world as the heart of innovation and inven-

tion. Our lives are made easier and healthier given the products that have developed from those in Silicon Valley. At Mission San Jose High School we have the best and brightest students in the nation. Our students will be the positive change in the future and it is through the Innovation Minds program that these ideas will come to fruition."

Jumpstart! is aimed at fostering entrepreneurial skills through technology innovations at the high school and college level. Jumpstart! was sponsored by Innovation Minds' non-profit wing, supported by parents and staff of Mission San Jose High School, photo documented by MVROP Digital Photography Teacher Bruce Farnsworth and his students, and coordinated by AP Computer Science teacher Charlie Brucker and his students. This was an unsurpassed opportunity for students to kick-start their Entrepreneurial/Innovation dreams.

Bala Balasubramaniam, Innovation Minds co-Founder along with son Hari, 2015 Irvington High School graduate, stated, "The Jumpstart! kick-off was a huge success with 140 students participating. Investors, corporate/institutional leaders and attorneys decorated the judging and coaching panels. Tremendous enthusiasm, passion and energy were observed in Mission San Jose High School students. We are sure these students will make every effort to make a dent in the universe through their innovations."



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SUBMITTED BY TERESA SCHMIDT

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BUSINESS

Capitol Avenue Downtown Fremont



On Friday, October 21st, city and other government officials officially opened the remaining improved segment of Capitol Avenue, a key component of Fremont's downtown plan.

After California leak, feds seek to curtail natural gas blowouts

By MATTHEW DALY, ASSOCIATED PRESS

WASHINGTON (AP), A year after a blowout at a natural gas well near Los Angeles spewed tons of noxious gas and drove thousands from their homes, a federal task force is recommending dozens of safety changes for the nation's 400 underground natural gas storage facilities.

A report released Tuesday recommends that operators of gas-storage sites conduct strict risk assessments and develop robust safety procedures, including ensuring that storage wells have backup systems to contain gas flows in the event of a leak.

The leak at the Aliso Canyon well was the largest-known release of climate-changing methane in U.S. history, spewing an estimated 107,000 tons of methane before being controlled in February. The blowout sickened residents in the Porter Ranch neighborhood and surrounding suburbs. Many complained of headaches, nausea, nosebleeds and other symptoms from the foul-smelling gas.

"Natural gas plays an important role in our nation's energy landscape, and we need to make sure the associated infrastructure is strong enough to maintain energy reliability, protect public health and preserve our environment," said Franklin Orr and Marie-Therese Dominguez, who co-chaired the interagency task force.

The failed Aliso Canyon well was one of 115 wells at a sprawling storage facility operated by Southern California Gas Co. The well was built in 1953 to pump oil and converted in the 1970s to store natural gas. It used a design that made it dependent on a single barrier to contain the gas. When that barrier failed, a blowout reported Oct. 23 spewed methane uncontrollably for nearly four months.

SoCalGas has pleaded no contest to a criminal charge and agreed to pay \$4 million in a settlement with prosecutors. The deal requires the utility to adopt a leak-monitoring system at the facility that goes beyond federal and state requirements.

SoCalGas has estimated costs of \$717 million related to the leak, including about \$500 million to relocate about 8,000 families.

Spokesman Chris Gilbride said SoCalGas has cooperated with the federal task force and is "committed to supporting forward-looking and reasonable regulations that promote safety at natural gas storage facilities." The company has worked with local, state and federal officials to

improve safety and enhance technology at Aliso Canyon, he said.

The task force makes 44 recommendations to industry and government regulators to reduce the likelihood of future gas leaks and minimize impacts of leaks that occur.

"No community should have to go through something like Aliso Canyon again," Orr and Dominguez said. "Companies operating natural gas storage facilities should adopt the recommendations as quickly as possible to reduce the risk of future leaks."

Orr is an undersecretary of energy. Dominguez is administrator of the Pipeline and Hazardous Materials Safety Administration.

Dominguez said at a news conference Tuesday that her agency expects to announce interim federal rules for natural gas storage operations by the end of the year. The rules would apply to the nation's 400 underground natural gas storage sites, scattered among 30 states.

Currently there are no federal regulations on gas storage. Regulations are left to states and local jurisdictions.

The report released Tuesday focuses on the 12 largest sites, including Aliso Canyon and another California site, as well as five in Mississippi, three in Louisiana and one each in Michigan and New York.

Aliso Canyon is the largest gas storage facility west of the Mississippi River and a major source of energy for the Los Angeles area. Energy officials have warned of possible power outages if it is not able to resume operations.

But Sen. Dianne Feinstein, D-Calif., said the risks of reopening the site are too great.

"I remain convinced that Aliso Canyon must be permanently closed," she said Tuesday. "A leak in a system with so little margin for error poses a serious threat to public safety."

Feinstein and Sen. Barbara Boxer, D-Calif., urged creation of the task force after the Aliso Canyon leak.

Mark Brownstein, vice president of the Environmental Defense Fund, an advocacy group that has pushed for stronger safety standards, said the true test will be in the new federal regulations.

Most of the 400 underground storage sites nationwide are decades old and susceptible to corrosion, he said: "The older these systems get, the more leaks and blowouts become a problem. Right now we're effectively crossing our fingers, hoping for the best."



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SUBMITTED BY
JANET RITTER

Entrepreneur Anil Yadav continues to invest in Fremont with the recent October 13 opening of a new Sizzler restaurant at 3101 Walnut Avenue. Yadav Enterprises, Inc. acquired the former Black Angus restaurant and converted it to a Sizzler.

The restaurant received a complete makeover inside and out. Guests will enjoy a contemporary new dining environment, but more importantly, the restaurant will serve updated food.

Sizzler’s famous “Endless Salad Bar” is gone, replaced with the new “Craft Salad Bar,” which features hand-crafted salads, such as Kale Mint, Superfood, Sweet Potato Pomegranate and Quinoa Fruit, all made fresh in-house; gourmet soups created from scratch in the restaurant’s kitchen; and a new array of premium vegetables and specialty ingredients, such as edamame, roasted beets and corn.

Sizzler’s signature steaks are now cut fresh in-house every day from U.S.D.A. Choice tri-tip,



City officials and Fremont Chamber of Commerce joined Sizzler management and staff to celebrate the opening of the restaurant on October 20th.

another example of its commitment to quality and freshness.

“We’re happy to bring Fremont a family friendly, affordable steakhouse that will be popular with guests of all ages,” said Anil Yadav. “Further, we paid great attention to every aspect of redesign as this new Sizzler will be an important part of the Fremont downtown redevelopment.”

Yadav Enterprises owns and operates more than 300 branded restaurants in California and Texas, including Sizzler, Jack in the Box and Corner Bakery. The company’s Fremont-based corporate office, which serves as the restaurants’ support center, employs more than 50 full-time employees. The new Fremont Sizzler provides work for an additional 60 additional people.

The Fremont Sizzler opened with Sizzler’s new Craft Salad Mix Station, an industry first. Guests select their favorite fruits and vegetables from the Craft Salad Bar. Next, they step to the Mixing Station where a Salad Master adds each guest’s choice of premium ingredients, such as shrimp, Kalamata olives, feta cheese, fresh artichokes, sliced avocados and gourmet dressings.

The Salad Master then carefully mixes the salad and returns it to the guest on a chilled plate.

Sizzler also updated its hot appetizer bar with an eye toward healthier eating. For example, lean ground turkey is now used in its tacos. Sweet teeth can be soothed with an upgraded Sundae Station that features real ice cream, non-fat frozen yogurt and brand-name candy and cereal toppings. It replaces hot desserts, such as bread pudding.

The Craft Salad Bar as an entrée is \$10.49 (lunch) and \$11.99 (dinner). Added to a meal, the Unlimited Craft Salad Bar is \$5.99.

While Sizzler has upped its food quality, it has remained focused on value and variety. Menu items include tri-tip sirloin, New York strip, as well as rib eye steaks, baby back ribs, handcrafted burgers and chicken sandwiches.

Sizzler in Fremont is open daily from 10:30 a.m. to 11:00 p.m. It also has a 4,500 square-foot banquet room available for large parties and special occasions.

No-brainer: \$300K campaign to rescue Dorothy’s ruby slippers

BY BEN NUCKOLS, ASSOCIATED PRESS

WASHINGTON (AP), It will take more than three clicks of the heels to preserve the ruby slippers that whisked Dorothy back to Kansas at the end of “The Wizard of Oz.”

The slippers, which for more than 30 years have been one of the most beloved items at the Smithsonian’s National Museum of Natural History, were crafted almost 80 years ago by the MGM Studios prop department. Like most movie props, they weren’t built to last. Now, the frayed shoes aren’t even ruby-colored anymore—they’re more like a dull auburn.

On Monday, the Smithsonian asked the public to help save the slippers, launching a Kickstarter campaign to raise \$300,000. In addition to keeping the shoes’ color from deteriorating further, the money will go toward a technologically advanced display case that will preserve them for future generations.

The Smithsonian’s museums are federally funded, but the institution frequently solicits private and corporate contributions for major projects that its budget doesn’t cover. This is the Smithsonian’s second Kickstarter campaign. In 2015, the National Air and Space Museum raised \$700,000 through the crowd-funding site to preserve the spacesuit that Neil Armstrong wore when he walked on the moon.

“This particular pair of ruby slippers really belongs to the American people, and so we thought as we sought support that we would invite the public to join us on this journey to help preserve them for the next generation,” said Melinda Machado, a museum spokeswoman.

If the Kickstarter campaign is successful, the slippers will be the second-most-researched item in the museum’s collection, behind the flag that inspired Francis Scott Key to write “The Star-Spangled Banner,”

,” said Richard Barden, the museum’s head of conservation.

The shoes are the most recognizable prop for the beloved 1939 musical, their deep red hue dazzling audiences when the movie made its dramatic transition from black-and-white to Technicolor. They have been on near-constant display since they were anonymously donated to the museum in 1979.

Their age is showing, and preserving them is more complicated than it might appear. The slippers contain a dozen different materials. The sequins are made of gelatin with a primitive plastic coating, and many are no longer red because the coating has flaked off, in part because of decades of exposure to light and moisture. The undersides of the sequins, or portions that did not have direct exposure to light, have retained more of their color.

The shoes also include glass beads and red felt on the soles that was used to muffle their sound when Judy Garland wore them during dance sequences.

The pair is also mismatched: One shoe is wider than the other, and there are other subtle differences in their shape. Each has Garland’s name written inside.

The museum will research the ideal conditions for the various materials that make up the shoes. The new case is likely to contain a gas other than oxygen, with controls on temperature, humidity and barometric pressure, Barden said.

“That case becomes very expensive to build, and we want to build one that will be efficient and low-maintenance so we’re doing the best for the slipper and keeping our costs as low as possible,” Barden said.

As of Tuesday afternoon, donors had pledged nearly \$80,000 on Kickstarter. If the museum does not reach its \$300,000 goal in 30 days, no one will be charged. Donations start at \$1 and, depending how much they give, contributors can receive rewards including T-shirts and tote bags created by William Ivey Long, a Tony award-winning costume designer.

City of Fremont welcomes new Community Services Director



SUBMITTED BY CITY OF FREMONT

On October 11, Suzanne Wolf joined the City of Fremont as its new Community Services Director. Wolf comes to Fremont from the City of San José where she previously served as Deputy Director of Parks, Recreation and Neighborhood Services for five years and held numerous other City of San José leadership positions for 15 years.

With her extensive experience in multiple lines of business including managing sophisticated park, recreation and aquatic facilities in San Jose, along with her entrepreneurial skills, Wolf is well-prepared for her new role with the City of Fremont. She holds a bachelor’s degree from the University of California, Berkeley and a master’s degree from the University of Washington.

Suzanne’s experience and expertise will be a valuable asset to the Fremont community. The City is thrilled to welcome Suzanne as our Community Services Director.

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KOIT 96.5 - 102.9 KBLX
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Raley's
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Suju's Coffee
Tri-City Voice
Washington Hospital Mobile Van
Walmart

Nonprofit Bay Area communities

- Student Volunteers from the following High Schools: American, Fremont Christian HS, Hayward, Irvington, Kennedy, Mission, Newark Memorial and Alston-Ohlone.
- Adult Volunteers working at our Registration, BBQ and Walk/Run trail areas
- Walk/Run 2016 Committee & their families

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www.chahalleuropean.com (510) 226-6349
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HISTORY

Roots of Alameda County:
From Rancho to Riches
An historical perspective – Part II

BY VICTOR CARVELLAS

On January 4, 1850, a committee of California's first constitutional convention, chaired by General Mariano Vallejo, recommended the creation of eighteen counties. They were Benicia, Butte, Fremont, Los Angeles, Mariposa, Monterey, Mt. Diablo, Oro, Redding, Sacramento, San Diego, San Francisco, San Joaquin, San Jose, San Luis Obispo, Santa Barbara, Sonoma, and Sutter.

Between January 4 and February 18, 1850, the California legislature added nine counties to the list recommended by General

Vallejo's committee; some changes were based on additional recommendations by the committee. The nine added counties were Branciforte, Calaveras, Coloma, Colusi, Marin, Mendocino, Napa, Trinity, and Yuba. This brought the total number of counties to 27. The legislature also approved several name changes. Benicia was renamed El Dorado, Fremont was renamed Yola (later Yolo), Mt. Diablo was renamed Contra Costa, San Jose was renamed Santa Clara, Oro was renamed Tuolumne, and Redding was renamed Shasta.

Given the concentration of commercial activity and a growing

population, it was natural that residents would want a local county seat. Contra Costa's seat lay in distant Martinez and Santa Clara's far to the south, in San Jose.

In 1853 Contra Costa and Santa Clara counties were both represented in the State Senate by George B. Tingley (Santa Clara County). In the Assembly, Horace W. Carpentier represented Contra Costa, while W.S. Letcher and Henry C. Smith were for Santa Clara. In that year, Benicia was the state's Capitol; there is where the Legislature convened. On March 10, 1853 Mr. Smith, from his place in the Assembly presented a petition from Santa Clara and Contra Costa's residents calling for the formation of a new county, to be called Alameda, after the creek. Alameda is derived from alamo the Spanish name for the cottonwood or poplar tree, and

means "a grove of poplar trees." An alameda was a walk or path lined with such trees, and Spanish settlers named Rio de la Alameda for its resemblance to such a path.

The Bill proposed that the southern part of Contra Costa County and the Washington Township area (the northern tip of Santa Clara county) down to Aqua Caliente (Warm Springs today) should become its own county. After some minor corrections to the Bill, Governor John Bigler signed it on April 6, 1853.

The act establishing Alameda County designated boundaries, established elections, appointed commissions, and other administrative details, such as how much of the parent counties' debts should be allocated to Alameda. A Court of Sessions served as a provisional county government until a Board of Supervisors was

finally elected in 1855, including Henry C. Smith.

Alameda County's first seat was located at New Haven, also known as Alvarado (now Union City). In an election of disputable legality, residents voted in 1854 to move the county seat from Alvarado to San Leandro. The move was made, but had to return to Alvarado until 1856 when a special act of the courts established the election's legality. The Estudillo family of Rancho San Leandro provided a building site but the 1868 earthquake destroyed the building, so the county seat moved to Brooklyn, now East Oakland. Oakland has been the county seat since 1873.

Note: for those who missed Part I, it can be found in the September 27, 2016 edition of Tri-City Voice (electronic edition at www.tricityvoice.com or tcvnews app)

Local student named
Siemens Competition semi-finalist

SUBMITTED BY ELIZABETH CHO

Local Mission San Jose High School student Meredith Mao is among more than 400 semi finalists named across the United States in this year's prestigious Siemens Competition, the nation's premier competition in math, science and technology for high school students. Meredith Mao was selected from more than 1600 students who submitted innovative individual and team research projects. Mao was mentored by Lori Roberts of Biotium Inc.

"These semi-finalists should be extremely proud of this high-level academic accomplishment," said David Etzwiler, CEO of the Siemens Foundation.

"Their projects represent some of the most noteworthy and exceptional of those submitted and reflected an advanced level of STEM research."

Judging is now taking place to determine who, from this elite group, will now go on to compete in the 6 regional finals, taking place in November. Individual and team winners from the regional competitions advance to the final phase of the contest which takes place December in Washington, D.C., where they will compete for top prizes of up to \$100,000 in scholarships.

For more information about the Siemens Competition, visit: <https://siemenscompetition.discoveryeducation.com/>





BOO Calendar



Friday, Sept 30 – Monday, Oct 31

Pirates of Emerson \$

Thurs & Sun:
7:05 p.m. – 10:00 p.m.
Fri: 7:05 p.m. – 11:00 p.m.
Sat: 7:05 p.m. – 12 midnight
Haunted theme park with six walk-through attractions
Alameda County Fairgrounds
Corner of Bernal and Valley Ave.,
Pleasanton
www.piratesofemerson.com

Open Daily, Oct 1 – Oct 31

Perry Farms Pumpkin Patch

Mon – Fri: 12 noon – 7 p.m.
Sat - Sun: 9 a.m. – 7 p.m.
Pumpkins, hay bale maze and tractor hay rides
34600 Ardenwood Blvd.,
Fremont
(510) 791-0340
(510) 793-6658
www.perryfarmsorganic.com/pumpkin-patch/

Open Daily, Oct 15 – Oct 30

Community Pumpkin Patch

Mon – Fri: 4:30 p.m. – 7 p.m.
Sat – Sun: 11 a.m. – 7 p.m.
Pumpkins, jump house, slide and spooky maze
Milpitas Rotary
1331 E. Calaveras Blvd., Milpitas

Saturday, Oct 15 – Sunday, Oct 30

Candlelighters Ghost House \$

Mon – Thurs: 6 p.m. – 9 p.m.
Fri: 6 p.m. – 10 p.m.
Sat: 2 p.m. – 10 p.m.
Sun: 2 p.m. – 9 p.m.
Family event for all ages
Chadbourne Carriage House
Fremont Hub, Fremont Blvd.
Between Mowry Ave. & Walnut Ave. by Chili's
(510) 796-0595
www.candlelighters.com

Friday, Oct 21 – Sunday, Oct 30

Halloween Train \$

Fri & Sat: 7:00 p.m. – 9:30 p.m.
Sun: 7:00 p.m. – 9:00 p.m.
Frightful fun ride through the forests of Ardenwood
Families with children
ages 3 – 12
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(866) 417-7277
www.ebparks.org

Monday, Oct 24 – Saturday, Oct 29

MJCC Halloween Haunted House \$

6 p.m. – 9 p.m.
Experience ghost and spooks in a fun environment
Ages 8+
Matt Jimenez Community Center
28200 Ruus Rd., Hayward
(510) 887-0400

Wednesday, Oct 26

Pumpkin Carving – R

3 p.m.
Create your own Jack-o'-lantern
Pumpkins and carving tools provided
Hayward Weekes Branch Library
17300 Patrick Ave., Hayward
(510) 293-5366
http://www.hayward-ca.gov/public-library

Wednesday, Oct 26

Halloween Parade and Mini-Carnival

5 p.m. – 6 p.m. ages 5 and under
6 p.m. – 7 p.m. ages 6 and over
Children collect goodies and play games
Wear your Halloween costume
Hayward Main Library
835 C St., Hayward
(510) 881-7946
http://www.hayward-ca.gov/public-library

Wednesday, Oct 26

Halloween Pizza and Costume Contest \$

5 p.m. – 9 p.m.
Fundraiser for Broadway West
Round Table Pizza
37480 Fremont Blvd., Fremont
(510) 793-9393

Thursday, Oct 27 – Sunday, Oct 30

Halloween Carnival \$

Thurs: 4 p.m. – 10 p.m.
Fri: 4 p.m. – 11 p.m.
Sat: 11 a.m. – 11 p.m.
Sun: 12 noon – 10 p.m.
Rides, games and food
Sponsored by Milpitas Rotary
749 E. Calaveras Blvd., Milpitas
(707)429-4788

Friday, Oct 28

Halloween Spooktacular \$

7 p.m. – 10 p.m.
Dance, costume contest, food and haunted house
Newark 7th & 8th graders only – school ID required
Silliman Teen Area
6800 Mowry Ave., Newark
(510) 578-4620
recreation@newark.org
www.newark.org

Friday, Oct 28

Halloween Twilight Hike \$R

5:30 p.m. – 8:30 p.m.
Hike, campfire and treats for ages 5+
Costumes optional
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(888) 327-2757

Friday, Oct 28

6th Grade Halloween Dance \$

7:00 p.m. – 9:30 p.m.
Music, dancing, food, photo booth, costume contest
Fremont Teen Center
39770 Paseo Padre Pkwy,
Fremont
(510) 494-4300
RegeRec@fremont.gov
www.RegeRec.com

Saturday, Oct 29

Halloween Spirit with Boris Karloff \$

7:30 p.m.
Creepy shorts and scary feature film
Niles Essanay Theatre
37417 Niles Blvd., Fremont
(510) 494-1411
pr@nilesfilmmuseum.org

Saturday, Oct 29

MJCC Halloween Spooktacular Carnival \$

1 p.m. – 5 p.m.
Games, food, prizes and costume contest
Matt Jimenez Community Center
28200 Ruus Rd., Hayward
(510) 887-0400

Saturday, Oct 29

Halloween Mini-Carnival

1 p.m.
Children collect goodies and play games
Wear your costume
Hayward Weekes Branch Library
27300 Patrick Ave., Hayward
(510) 293-5366
Kavita.sagran@hayward-ca.gov

Saturday, Oct 29

Trick or Treat Event
5 p.m. – 7 p.m.
Balloon art, face painting and trick-or-treating
Pacific Commons
43440 Boscell Rd., Fremont
(510) 770-9798
www.pacificcommons.com

Saturday, Oct 29

Science Wizards of Halloween-R

10:00 a.m. – 12 noon & 1:30 p.m. – 3:30 p.m.
Mystify your friends with magic tricks
Ages 9+
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(888) 327-2757

Saturday, Oct 29 – Sunday, Oct 30

Paranormal Investigations \$

7 p.m. – 3 a.m.
Techniques to investigate unexplained activity
McConaghy House
18701 Hesperian Blvd.,
Hayward
(510) 581-0222
www.haywardareahistory.org/calendar

Saturday, Oct 29 – Sunday, Oct 30

Boo at the Zoo \$

10 a.m. – 3 p.m.
Make treats for animals, train rides, and costume parade
Oakland Zoo
9777 Golf Links Rd., Oakland
(510) 632-9525
www.oaklandzoo.org

Saturday, Oct 29 – Sunday, Oct 30

Zoo Sundown Spookfari \$R

Sat: 5 p.m. to Sun: 10 a.m.
Night tour, camp out, treats, hot breakfast
Oakland Zoo
9777 Golf Links Rd., Oakland
(510) 632-9525
www.oaklandzoo.org

Sunday, Oct 30

Milpitas Monster Movie \$R

4:30 p.m. Dinner
7:00 p.m. Show Time
Locally produced international motion picture
Dinner before the show at Outback Steak House
Milpitas Great Mall Cinemark
Century Theater
1010 Great Mall Dr., Milpitas
www.milpitasmonster.com

Sunday, Oct 30

Halloween Hijinks \$

11 a.m. – 3 p.m.
Festive games, crafts, pumpkin seed roasting, cider pressing
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(866) 417-7277
www.ebparks.org

Sunday, Oct 30

Halloween Community Carnival \$

1 p.m. – 4 p.m.
Haunted house, games, prizes and treats
Families with children ages 3 -12
Holly Community Center
31600 Alvarado Blvd.,
Union City
(510) 657-5276
www.unioncity.org

Sunday, Oct 30

LOV Halloween Quarter Auction \$R

5 p.m.
Food, silent & live auction, prizes
Costumes optional
Newark Community Center
35501 Cedar Blvd., Newark
www.lov.org

Sunday, Oct 30

Halloween Dog Costume Contest

1:30 p.m.
Cutest, funniest, scariest and group categories
Compete for prizes, refreshments and raffle
Big Dog Vineyard
4545 Felter Road, Milpitas
(408) 935-9194
www.bigdogvineyards.com

Monday, Oct 31

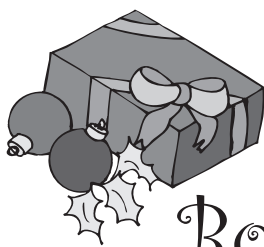
Halloween Kiddie Cartoon Cavalcade \$

4 p.m.
Silly and slightly spooky cartoons
Niles Essanay Theatre
37417 Niles Blvd., Fremont
(510) 494-1411
pr@nilesfilmmuseum.org

Monday, Oct 31

Trick-or-Treating at the Fremont Hub

3 p.m. – 5 p.m.
Merchants give goodies to children in costume
The Fremont Hub
Mowry Ave. & Fremont Blvd.,
Fremont
(800) 762-1641
www.thefremonthub.com



Holiday Boutique Calendar



Saturday, Oct 29

Giftique

9:30 a.m. – 3:00 p.m.
Unique gifts and decorations
Cedar Boulevard Neighborhood Church
38325 Cedar Blvd., Newark
cbncboutique@gmail.com

Thursday, Nov 3

Holiday Craft Fair

10 a.m. – 4 p.m.
Handmade gift items, food, raffle and prizes
Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 675-5495
www.unioncity.org

Friday, Nov 4

Holiday Boutique and Sweet Shop

9 a.m. – 3 p.m.
Handcrafted gift items
Fremont Senior Center
40086 Paseo Padre Parkway,
Fremont
(510) 790-6600

Saturday, Nov 5

Tea and Treasures Holiday Boutique

9:00 a.m. – 3:30 p.m.
Handcrafted items, jewelry, home décor, tea and sweets
Centerville Presbyterian Church
4360 Central Ave., Fremont
(510) 793-3575

Saturday, Nov 5

Show and Sell Holiday Boutique

10 a.m. – 4 p.m.
Handmade jewelry, scarves, hats and treats
First Presbyterian Church
35450 Newark Blvd., Newark
http://www.tricitymoms.org/

Saturday, Nov 5

Holiday Art and Craft Fair

9 a.m. – 3 p.m.
Ceramics, jewelry, garden art and unique gift items
Kenneth C. Aitken Senior Center
17800 Redwood Rd.,
Castro Valley
(510) 881-6778
www.haywardrec.org

Thursday, Nov 17 – Sunday, Dec 18

Holiday Boutique

11 a.m. – 5 p.m.
Handmade holiday gift items
Sun Gallery
1015 E Street, Hayward
(510) 581-4050
www.sungallery.org

Saturday, Nov 19

Holiday Boutique

9 a.m. – 3 p.m.
Handmade crafts, vendors and bake sale
Fremont Elks Lodge
38991 Farwell Dr., Fremont
(510) 828-9685

Saturday, Nov 19 – Sunday, Nov 20

Holiday Boutique

10 a.m. – 4 p.m.
Fruitcake, olive oil and homemade goods
Dominican Sister of MSJ
43326 Mission Blvd., Fremont
(510) 933-6334
www.msjdominicans.org

Saturday, Dec 3 – Sunday, Dec 4

Holiday Art Show and Sale

10 a.m. – 5 p.m.
Handcrafted ceramics, glass, paintings, jewelry and sculpture
Olive Hyde Art Guild
(510) 791-4357
www.olivehydeartguild.org

Saturday, Dec 3

Holiday Boutique

10 a.m. – 5 p.m.
Artesian vendors, baked goods, trees and wreaths
American High School
36300 Fremont Blvd., Fremont
seniors@americanhighptsa.org

Saturday, Dec 3

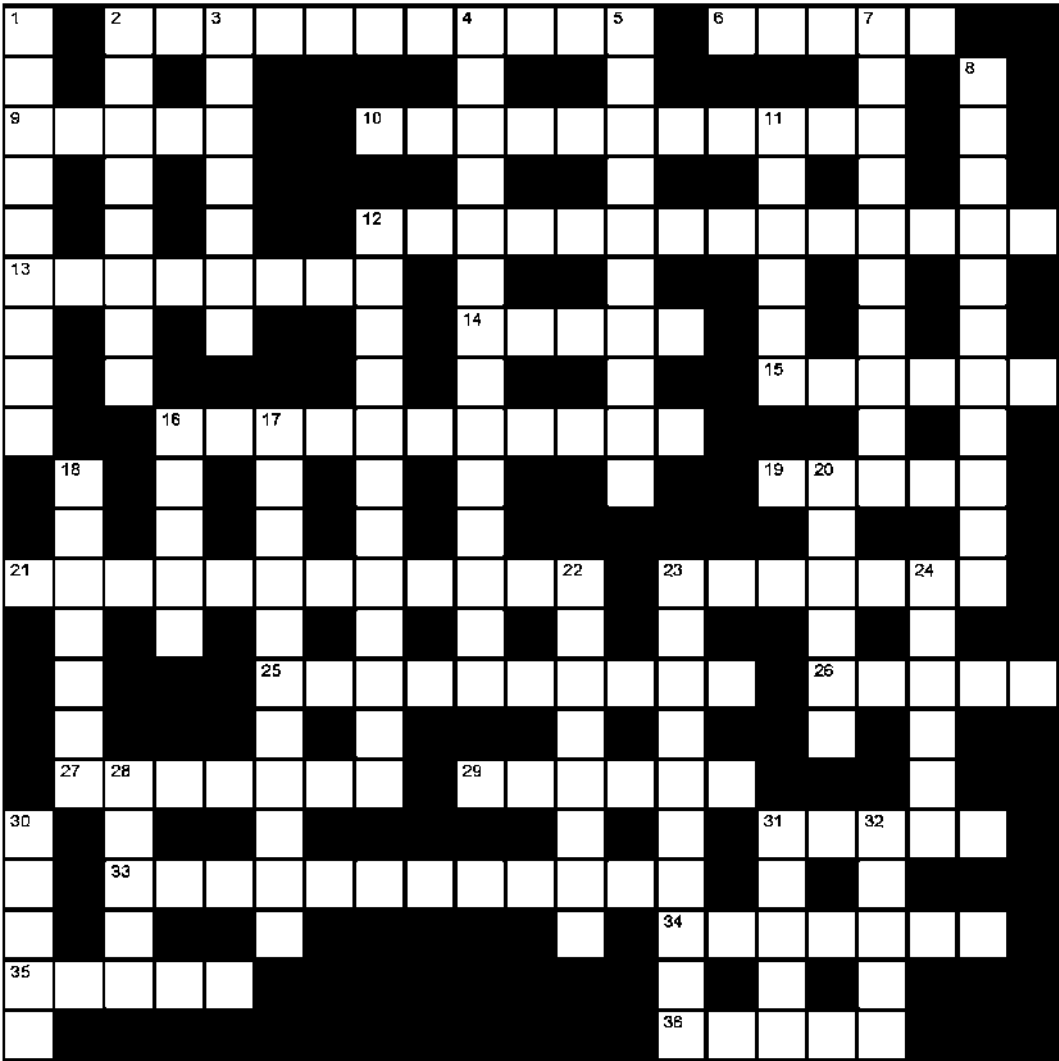
Holiday Boutique

11 a.m. – 3 p.m.
Handmade gifts and holiday décor
Holy Trinity Lutheran Church
38801 Blacow Rd., Fremont
NewarkRelayHolidayBoutique@gmail.com



Mind Twisters

Crossword Puzzle B 3801



B 3800

- Across

2 Built (11)

6 Have an impact on (5)

9 Minimal (5)

10 Hillary is one (11)

12 Accountability (14)

13 Show (8)

14 Theme of this puzzle (5)

15 Modus operandi (6)

16 Nearing (11)

19 Pharaoh's land (5)

21 Pocket square (12)

23 Leery (7)

25 Like delta (10)

26 Predator (5)
- 27 Magic _____ (7)

29 They have their reservations (6)

31 Blasé (5)

33 Meeting place (12)

34 Pasture activity (7)

35 Eye parts (5)

36 CDs, et al. (5)
- Down

1 Screws, to a yegg (9)

2 Sort (8)

3 Characters (7)

4 Noun for 2-down (14)

5 Box stats (10)

7 Sans souci (10)
- 8 Some breakfasts (11)

11 Dresses (6)

12 Facsimile (12)

16 "All kidding ____." (5)

17 Curvy punctuation pair (11)

18 Not inland (7)

20 Lube in a tube (6)

22 Drink dispenser (8)

23 Dared (10)

24 Without the means (6)

28 Roswell crash victim, supposedly (5)

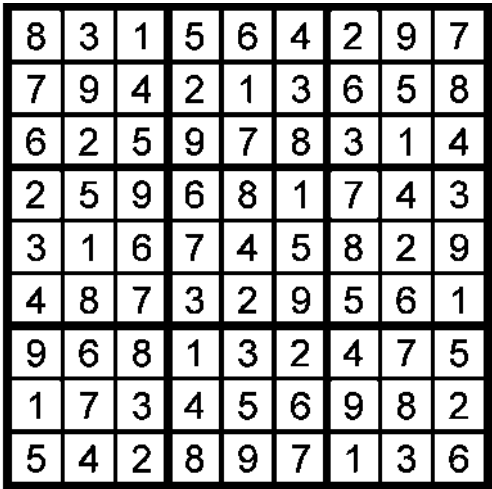
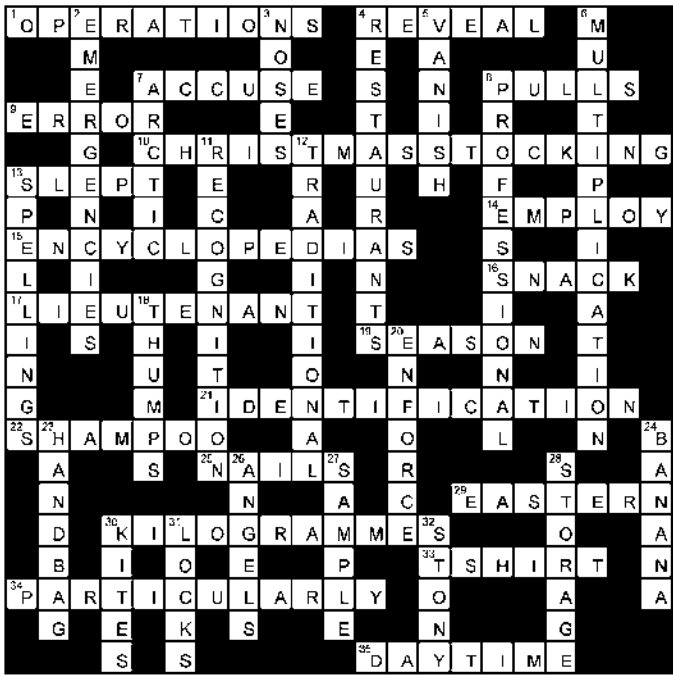
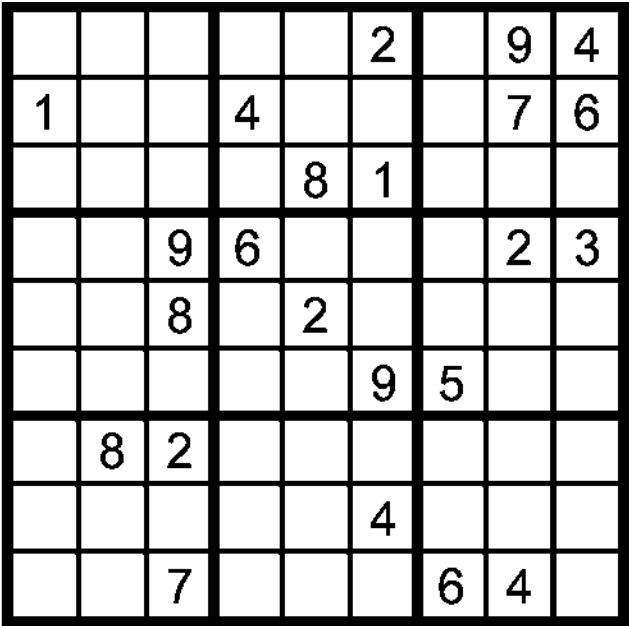
30 "Here!" (5)

31 Teleports, Star Trek style (5)

32 Torrents (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer OCTOBER 26 - NOVEMBER 1, 2016

For All Signs: This is yet another week of relationship focus. The archetypal couple, Venus and Mars, are meeting in the sky this week. This is not a part of their constant dance in the zodiac so the outcome is not really predictable. Suffice to say it is a time to give attention to our partner(s) in life and think about what we have learned from each other. Rise above the mundane situation and see the bigger picture of your relationship(s). In a metaphorical way, we bring people

into our lives to help teach us what we need to know. If the personality of that person irritates you, then there is something important to learn about ourselves. People who aggravate us are often reflecting some part of our hidden self, that which we reject in ourselves.

Aries the Ram (March 21-April 20): This month's Venus/Mars alignment brings you face to face with your identity versus your relationship. You must consciously evaluate how you will manage to meet your personal needs and yet remain connected to the other in your life. Someone may be returning after a time apart, which offers another opportunity to share.

Taurus the Bull (April 21-May 20): You are particularly devoted to resolving shared financial issues at this time. This focus includes partner's income, debts you may have accumulated, concerns regarding income tax, social security, estate planning, and finances you may share with others in the stock or bond market. You have a desire to tighten up details concerning these matters.

Gemini the Twins (May 21-June 20): Life becomes less complicated with details and trivia this week. You are tuned into those around you and willing to assist in whatever way is possible. It is also possible that you prefer to enjoy books and/or TV, meditate and journal. Give yourself time for self-exploration and even

just "diddling around" and relaxing. Your dreams are meaningful and your intuition strong.

Cancer the Crab (June 21-July 21): Your heart and mind may be in conflict over just how to proceed with your next projects. This is a good time to reorganize drawers, closets, or maybe your desk. The act of putting clutter into order will clear your mind and then the solution is likely to surface.

Leo the Lion (July 22-August 22): Give attention to that which gives you a sense of long term security. Your property or home may be the focus of attention. If there are missing parts in your plan, they will show themselves now. A lovely gift may come to you through a relative who thinks you are worthy to take care of a treasure.

Virgo the Virgin (August 23-September 22): You and your partner or a close friend have the opportunity to enjoy leisurely time together in an idyllic location. This is a good time for deep conversations, reflection upon your spiritual life and perhaps also the relationship. Allow your intuition to flow and guide you.

Give attention to your dreams.

Libra the Scales (September 23-October 22): A new person enters the scene to assist with problems you may be having with a child or a lover. This is someone who can see many points of view and will assist you in equalizing the situation. Criticism is uncalled for in this situation. However, things must be handled with integrity and respect for all concerned.

Scorpio the Scorpion (October 23-November 21): During the next week you will be contemplating your existence. You are thinking about how you can position yourself in order to feel more sense of meaning in your work, your family, and your relationships. Some may be pondering on the level of the spiritual. What is the best that I can become? You are not very objective now, but you may have some very creative ideas.

Sagittarius the Archer (November 22-December 21): This week you may embark on a project that you share with friends or other associates. The purpose is practical and helpful to many. Your career or life direction is

blending harmoniously with what you feel is the right thing to do. People with power are giving help and/or education as you need it. Forward motion moves smoothly.

Capricorn the Goat (December 22-January 19): A friend or helper is a supporting background player in the territory of career or life direction. This person, who is probably a female, will be working on your behalf to help improve your status in the world. She is greasing the skids in your path. You may never learn about what she is doing to help you.

Aquarius the Water Bearer (January 20-February 18): A new person or an option is pres-

ent in your career or work in the world. The new one offers positive ideas, encouragement, and a fresh means of expanding your territory. You may be mixing business and pleasure in a pleasant combination. Business takes on a more collegial quality.

Pisces the Fish (February 19-March 20): Communication with those from a distance will be favorable and supportive to your soul self. The time is auspicious for activities related to travel, the Internet, publishing, teaching, higher education, and the law. You have a poetic turn of mind at this time. You likely will enjoy reading spiritual or philosophical material.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

Think Fremont

Fremont Celebrates Milestone in Downtown Development: Capitol Avenue Project Completes Second Phase

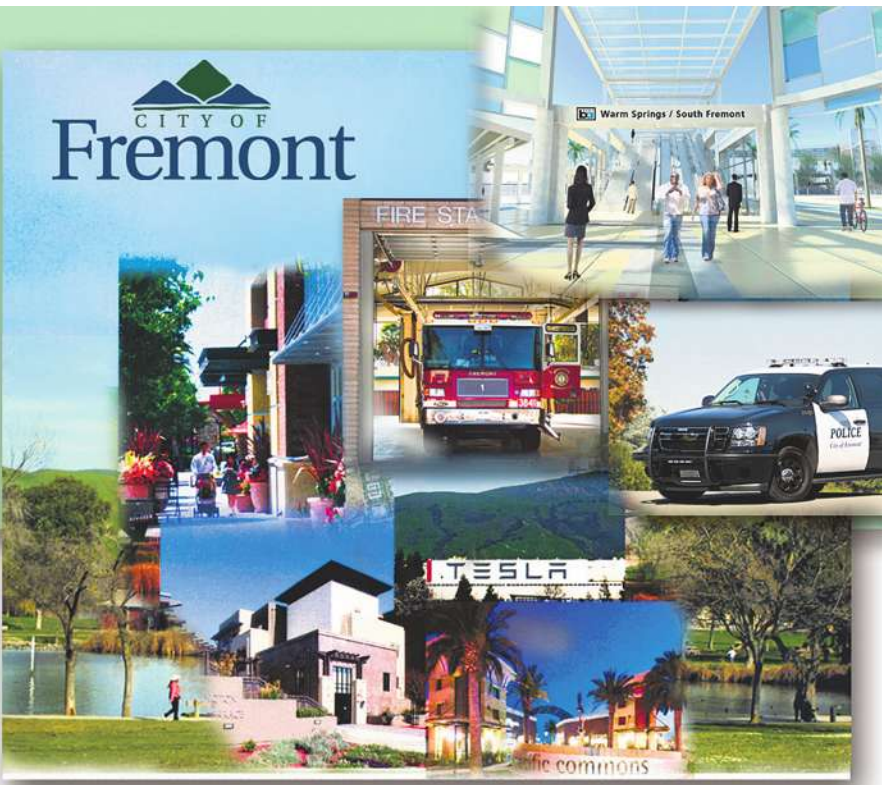


It was two years ago when the City of Fremont began the demolition of the three story office building that stood in between Capitol Avenue and Fremont Boulevard. With the demolition of this building, as well as major infrastructure improvements, the City has successfully connected Capitol Avenue, Downtown Fremont's "Main Street," to Fremont Boulevard. This extension allows for further connectivity between the Fremont BART station, as well as two major retail and employment centers: Fremont Hub and Gateway Plaza.

New additions to the entire stretch of Capitol Avenue include a multi-modal street, unique screen walls, festoon lighting,

and street banners that will enhance the pedestrian experience, diagonal parking, utilities placed underground that will power electric vehicle charging stations, improved bike lanes, wide sidewalks to allow for sidewalk cafes, and landscaping that will provide shade and create an inviting environment in the downtown district. These improvements are just the beginning of what's to come for Capitol Avenue. Downtown Fremont is well positioned to becoming a vibrant, bustling city center and a central place for the community to gather and celebrate.

For more information visit www.Fremont.gov/Downtown.



Creating a Safer Fremont: Delineators and K-Rail Barricades installed on Grimmer Blvd. Curve

Effort is part of Vision Zero 2020 '20 projects
in 20 months' campaign



As part of Vision Zero 2020, the City's new traffic safety policy aimed to reduce all fatalities and severe injuries caused by traffic accidents to zero by 2020, delineators and k-rail barricades were installed on the Grimmer Boulevard curve this week. The goal is to effectively reduce the roadway width thereby slowing down vehicle travel speeds around the curve, which has had a history of speed-related severe injury collisions. The installation of the delineators and k-rail barricades is designed to protect all roadway as

well as those using it such as pedestrians and bicyclists.

The Grimmer Boulevard curve was identified as a project under the Vision Zero "20 projects in 20 months" campaign, which are primarily street engineering projects to be implemented within 20 months to improve traffic safety in Fremont. Additional projects include installing speed lumps at priority locations, retrofitting and installing pedestrian countdown signals at intersections citywide, and installing LED streetlights citywide.

Installation of LED Streetlights Underway

As part of the City's efforts to reduce greenhouse gas emissions, reduce operational costs, and improve roadway visibility through the Vision Zero 2020 program, the City of Fremont is upgrading all streetlights to energy-saving LEDs.

The project kicked off on October 6 along Fremont Boulevard between Peralta and Washington boulevards. Crews have already completed the upgrades along this section of Fremont Boulevard, resulting in a significantly brighter and safer Downtown for both drivers and pedestrians.

Crews also began upgrading Fremont's residential areas, beginning with the neighborhoods of Lakes and



Birds, Ardenwood, and Northgate. Work has since moved into the Cabrillo and Brookvale areas of north Fremont, as well as the Warm Springs district of South Fremont.

LED streetlight upgrades will continue throughout all Fremont neighborhoods, with the goal of upgrading all streetlights by early 2017. Residents can view a week-by-week neighborhood schedule and accompanying map of the work at www.Fremont.gov/LEDStreetlights.

Fremont Businesses Have an Ally on Their Side



Starting or expanding a business is not a simple task. There are several steps involved in the process—from obtaining the correct permits to enlisting the proper services to get the business up and running. Sometimes the process can be overwhelming and confusing, but the City of Fremont's Business Ally Program can help.

The Business Ally Program provides one-on-one assistance to business owners opening or expanding a business in Fremont. The City's Business Ally facilitates project reviews and pre-application meetings, assists with the permitting process, employs outside resources, and coordinates with staff from other City departments and outside agencies.

Benefits include one point of contact to answer questions, in-person meetings and site visits, and peace of mind that all City requirements are fulfilled.

With the Business Ally Program, the City of Fremont creates a partnership with new businesses to help them meet all of their business needs. Fremont's economy grows and new businesses get a head start. It's a win-win.

The City of Fremont's Business Ally is Jackie Hall. To contact her, please email jhall@fremont.gov or call 510-494-4487. For more information, visit www.Fremont.gov/BusinessAlly.

Fremont's Energy Efficiency Efforts

In honor of the first annual National Energy Efficiency Day on October 5, the City of Fremont would like to highlight a few of the energy-saving initiatives we have recently implemented, consistent with the City's Climate Action Plan (www.Fremont.gov/ClimateActionPlan) to reduce community-wide greenhouse gas emissions by 25 percent by 2020. The City would also like to thank volunteers, community members, and staff who made these efforts possible!

- Last year, the City installed 1.2 megawatts of solar carport structures at the Aqua Adventure Waterpark, the Robert Wasserman Fremont Police Center, and the Irvington Community Center, reducing our municipal greenhouse gas footprint by 5 percent and earning the City an EPA Green Power Partnership Award. For more information, visit www.Fremont.gov/MunicipalSolar.
- This summer, the City partnered with the California Youth Energy Services Program to provide no-cost energy and water efficiency services to households throughout Fremont. Residents that signed up for a Green House Call were visited by trained Youth Energy Specialists who installed new equipment to help save energy, water, and money. For more information, visit www.Fremont.gov/GreenCall.

Please note that this program is only offered in the summer.

- This summer, the City launched a new residential climate action engagement platform called the Fremont Green Challenge. Dubbed a "Fitbit® for Sustainability," the Fremont Green Challenge website offers residents all the information they need to save energy, water, and money, while at the same time reducing their impact on climate change. Visit the website at www.Fremont-GreenChallenge.org.
- With the City-sponsored Bay Area SunShares Program, residents are able to learn about the benefits of rooftop solar, hire qualified solar contractors, and receive solar discounts. So far this year, the program has resulted in the installation of 42 new residential solar systems. For more information, visit www.Fremont.gov/SunShares. Please note that program registration closes on November 4.
- The City is upgrading all streetlights to LED technology as part of our efforts to reduce greenhouse gas emissions, reduce energy costs, and improve roadway visibility through the Vision Zero 2020 program (www.Fremont.gov/VisionZero2020). The project begins this month, and the goal is to upgrade all city streetlights to LED by the end of the year. For more information, visit www.Fremont.gov/LEDStreetlights.
- SolSmart, a program funded by the U.S. Department of Energy SunShot Initiative, just awarded the gold designation to Fremont, recognizing the City as a national leader in advancing solar energy. Initiatives that contributed to the award include Fremont's streamlined solar review and permitting process. For more information, visit www.Fremont.gov/SolSmartAward2016.

For more information on Fremont's environmental sustainability efforts, visit www.Fremont.gov/Sustainability.

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Home & Garden

REAL ROOMS FOR REAL PEOPLE

Creative ways to use glass tile in your bath

BY ANNA JACOBY

Glass tile provides amazing color and pattern, and is a gorgeous accent in your shower or at your vanity area. Borders, stripes, entire walls—your creativity is your only limit. There are considerations, however, to using glass tile in bathroom, so let's discuss some of those.

Cleaning and Maintenance:

Many clients ask me about this issue. Because of the smooth surface of glass, it is actually relatively low maintenance. All you really need is a little glass cleaner and a cloth. The larger the tiles, the easier they are to keep clean, although those small mosaics sure are beautiful! The glass itself is quite easy to keep clean, and because glass is non-porous, it is naturally mildew resistant. But mosaic tile means more grout, so more effort will be required to keep the grout clean. Make sure the grout is sealed properly after it is installed, and reapply the sealer every year or two for best results. The best thing to do is to start



the habit of using a squeegee in the shower. After each shower, use the squeegee to wipe away the water from the tiles. It takes a few extra minutes, but it is really worth it and will help you avoid having to deep clean the grout. At my own house, my husband and I squeegee daily, and our 15 year old bathroom tile still looks like new.

Glass tile can scratch, so make sure to use a non-abrasive cleaner and a soft cloth. If cleaning and easy maintenance is your main concern, then you'll be better off with large tiles instead of small mosaics.

Cost: Glass tile is definitely more expensive than other types of tile such as porcelain or ceramic. But the good news is that you don't necessarily need to use a lot of it to make a beautiful design statement. One simple border in the shower, for



example, can really dress up plain tile. You can offset the cost of the glass tile by selecting more moderately priced tiles for the rest of the shower walls and floor.

Versatility: Glass tiles can be used almost everywhere with great results. If you like curvy lines, then small mosaics are for you. They can be cut to create wavy lines, or cover the front of a curved shower bench seat. Straight lines are always easier for installers, however, so you might consider vertical stripes or multiple horizontal borders instead.

Beware of using glass tile on the floor; some glass tiles can be used on a shower pan or on the floor, but others cannot. Some glass is not strong enough to withstand people walking or standing on it. Make sure to ask at the tile store if what you selected can be used for the application you have in mind.

Design ideas: These photos should give you some creative inspiration of how you might use glass in your bath. Think about using more than one horizontal stripe, or one wide vertical stripe. Cover the face of your shower



bench seat or use it inside of a recessed niche. You could also use glass on your backsplash, either in the 4" or 6" size, or on the entire wall behind the vanity. If your budget allows, using glass on one or more entire walls of the shower is a stunning look. With so many colors, patterns and sizes of glass tile available, your options are limitless.



Anna Jacoby is a local Certified Interior Designer.

Contact her at 510-378-6989 or nfo@annajacobyinteriors.com. You could also visit her website at www.annajacobyinteriors.com

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continued from page 1

Oakland Zoo hosts weekend of Halloween-themed activities

This event begins at 5 p.m. on Saturday, October 29 and ends at 10 a.m. on Sunday, October 30. Pre-registration is required. There is a program fee of \$85 per person and participants must bring their own tents. Meals and parking is included with the cost and campers can attend “Boo at the Zoo” festivities free of charge on Sunday, October 30.

On October 29 and 30 Oakland Zoo and Bay Area Science Festival are banding together for Boo at the Zoo. The Halloween and science-themed weekend features a spooky scavenger hunt for

kids; monster mash dance party; up-close animal encounters; freaky interactive stations with “Zombie” animals, monster myths, and sensory skills; face painting; and a Wildlife Theater presentation focused on what some consider “scary animals.” Family-friendly activities will take place throughout the Zoo, including a treat table where families can create Halloween goodies for the zoo’s animals.

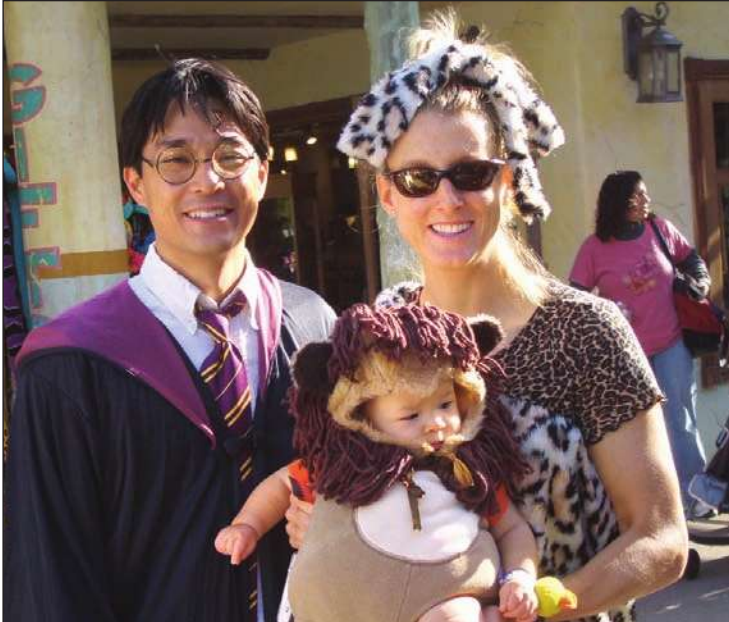
The Oakland Fire Department, Honest Tea Company, and Primal Pet Foods will be present at the event.

Boo at the Zoo is a daytime opportunity for families to bring out their noble ninja turtles, tiny Tinkerbells, precious princesses, and spectacular superheroes to an outdoor adventure filled with frightening fun. Kids get a free treat bag in the zoo’s Adventure Landing section and children in costume (ages 2-14) receive a free ride ticket.

Corporate Sponsors of Boo at the Zoo are Taiwan Tourism Bureau, Primal Pet Foods, Bay Area Science Festival, KPIX5, and The CW. “Treat” Sponsors are Clif Bar & Company, GoGo squeeZ, Jammy Sammy (Plum Organics), and Jelly Belly.

Admission prices are \$14.75 for children/seniors and \$18.75 for adults. Boo at the Zoo activities are included with general admission. For more information, call (510) 632-9525, ext 220 or visit <http://www.oaklandzoo.org/Events.php>.

Boo at the Zoo
Saturday & Sunday,



Oct 29 & 30
10 a.m. – 3 p.m.
Admission: \$14.75 children/seniors, \$18.75 adults
Parking: \$10 per car

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Saturday, Oct 29 – Sunday, Oct 30

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CASTRO VALLEY TOTAL SALES: 12						
Highest \$: 1,010,000		Median \$: 710,000				
Lowest \$: 390,000		Average \$: 768,750				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
18953 Almond Road	94546	900,000	3	2206	193909-15-16	
3016 Barlow Drive	94546	635,000	3	1020	195109-14-16	
17777 Camelot Lane	94546	980,000	2	3041	198809-14-16	
21317 Kahlert Street	94546	586,000	3	1301	195809-14-16	
18999 Lamson Road	94546	710,000	3	1746	194009-13-16	
4796 Malabar Avenue	94546	685,000	2	1771	194809-14-16	
2505 Miramar Ave #232	94546	390,000	2	887	198809-13-16	
2293 Vestal Avenue	94546	570,000	2	1018	194809-16-16	
5235 Winifred Drive	94546	799,000	3	1316	195609-16-16	
5738 Cedar Brook Ct	94552	1,010,000	4	2776	198509-15-16	
25318 Gold Hills Drive	94552	960,000	4	2357	199609-14-16	
6160 Mt. Diablo Court	94552	1,000,000	3	2462	198909-16-16	

FREMONT TOTAL SALES: 35						
Highest \$: 1,975,000		Median \$: 891,000				
Lowest \$: 335,000		Average \$: 856,143				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
38797 Argonaut Way	94536	891,000	3	1513	1962 09-16-16	
37972 Bright Common	94536	700,000	-	1717	1978 09-16-16	
4376 Cognina Court	94536	1,060,000	5	1741	1958 09-16-16	
37059 Contra Costa Avenue	94536	967,000	4	1962	1962 09-13-16	
35722 Dee Place	94536	1,070,500	3	1528	1970 09-14-16	
38001 Dover Common	94536	505,000	2	900	1971 09-16-16	
27 Duarte Avenue	94536	632,000	3	1260	1925 09-15-16	
4845 Eggers Drive	94536	1,064,000	3	1700	1954 09-16-16	
4356 Faulkner Drive	94536	1,000,000	3	1762	1963 09-13-16	
36353 Fremont Boulevard	94536	475,000	2	989	1980 09-16-16	
3226 Kemper Road	94536	1,082,000	4	2340	1973 09-15-16	
3518 Knollwood Terrace #203	94536	550,000	2	981	1984 09-14-16	
538 Niles Common	94536	352,000	3	1292	2008 09-16-16	
3467 Pinewood Terrace #103	94536	490,000	2	981	1986 09-16-16	
35945 Romilly Court	94536	940,000	4	2160	1965 09-16-16	
37254 Spruce Terrace	94536	335,000	1	593	1986 09-16-16	
38801 Tyson Lane	94536	1,075,000	4	1579	1994 09-15-16	
37236 Yolo Terrace	94536	475,000	2	1052	1973 09-16-16	
1980 Barrymore Com #V	94538	495,000	2	991	1981 09-13-16	
39649 Fremont Boulevard	94538	501,000	2	1257	1978 09-13-16	
111 Peony Court	94538	761,500	3	1158	1962 09-14-16	
74 Burnham Place	94539	1,100,000	4	2326	1980 09-15-16	
39370 Canyon Heights Drive	94539	1,975,000	4	2242	1995 09-16-16	
46981 Lundy Terrace	94539	625,000	2	1018	1981 09-13-16	
47899 Maya Street	94539	1,150,000	6	2353	1970 09-15-16	
337 Merlin Court	94539	1,070,000	3	1325	1961 09-16-16	
633 Sammie Avenue	94539	1,100,000	3	1462	1962 09-15-16	
41 Verde Way	94539	1,960,000	4	3045	2011 09-16-16	
34181 Cartwright Place	94555	926,000	4	1364	1970 09-15-16	
4824 Creekwood Drive	94555	920,000	4	1863	1989 09-13-16	
5211 Fairbanks Common	94555	710,000	2	1250	1989 09-15-16	
34754 Fairchild Common	94555	612,000	2	1102	1987 09-14-16	
34666 Tabu Terrace	94555	385,000	1	634	1987 09-16-16	
34358 Thornhill Court	94555	891,000	3	1390	1968 09-13-16	
34249 Xanadu Terrace	94555	1,120,000	4	1812	1989 09-15-16	

HAYWARD TOTAL SALES: 26						
Highest \$: 1,050,000		Median \$: 499,000				
Lowest \$: 310,000		Average \$: 539,250				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
23011 Avis Lane	94541	460,000	3	1360	1977 09-13-16	
595 Blossom Way #5	94541	345,000	2	1050	1989 09-14-16	
22580 Chestnut Street	94541	570,000	3	1794	1947 09-16-16	
1497 East Street	94541	490,000	3	962	1946 09-16-16	
708 Grand Terrace	94541	468,000	2	1235	2003 09-13-16	
2020 Hill Avenue	94541	650,000	4	2444	1963 09-13-16	
3275 Kelly Street	94541	670,000	3	1117	1961 09-14-16	
1076 Martin Luther King Dr	94541	589,000	3	1845	2010 09-16-16	
23954 Mayville Drive	94541	645,000	3	1295	1956 09-15-16	
21141 Montgomery Avenue	94541	450,000	-	1080	1965 09-16-16	
900 Old Oak Lane #1	94541	565,000	3	1572	2011 09-13-16	
26933 Claiborne Court	94542	1,050,000	4	3143	1974 09-16-16	
3231 Round Hill Drive	94542	711,000	5	2650	1968 09-16-16	
2413 Sebastopol Lane #1	94542	445,000	2	1028	1984 09-14-16	
25700 University Ct #321	94542	396,500	2	1250	1981 09-15-16	
31031 Carroll Avenue	94544	499,000	3	1161	1955 09-15-16	
151 Cypress Loop	94544	638,000	-	-	09-16-16	
28055 Harvey Avenue	94544	435,000	2	798	1957 09-15-16	
26324 Mocine Avenue	94544	480,000	3	1242	1952 09-13-16	
1087 Seymore Place	94544	550,000	3	1034	1953 09-13-16	
425 Silverdell Way	94544	580,000	3	1389	1987 09-15-16	
2511 Erskine Lane	94545	555,500	3	2092	1957 09-15-16	
1479 Homestead Lane	94545	600,000	3	1285	1956 09-14-16	
25938 Kay Avenue #212	94545	310,000	1	840	1989 09-14-16	
2686 Oliver Drive	94545	423,000	3	1254	1971 09-15-16	
21314 Gary Drive #305	94546	445,500	2	1100	1991 09-15-16	

MILPITAS TOTAL SALES: 19						
Highest \$: 990,000		Median \$: 832,000				
Lowest \$: 223,000		Average \$: 803,474				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
1756 Arana Court	95035	769,000	4	1186	1970 09-28-16	

1748 Big Bend Drive	95035	840,500	3	1176	1964 09-27-16
1526 Canal Street #16	95035	867,500	3	1715	2014 09-29-16
864 Coventry Way	95035	865,000	3	1328	1988 09-29-16
160 Evening Star Court	95035	767,500	3	1240	1969 09-27-16
1230 Gingerwood Drive	95035	925,000	3	1705	1991 09-30-16
776 Hammond Way	95035	705,000	3	1530	2005 09-29-16
1907 Journey Street	95035	825,000	3	1633	2016 09-30-16
1909 Journey Street	95035	921,000	4	1892	2016 09-30-16
1911 Journey Street	95035	863,000	3	1882	2016 09-30-16
1905 Lee Way	95035	900,000	3	1945	2013 09-30-16
86 North Main Street	95035	223,000	3	1260	1915 09-30-16
90 Pimentel Circle	95035	990,000	3	2037	2012 09-30-16
1837 Trento Loop	95035	934,500	4	2144	2016 09-30-16
1912 Trento Loop	95035	710,500	2	1416	2015 09-30-16
1916 Trento Loop	95035	832,000	3	1981	2015 09-30-16
1918 Trento Loop	95035	775,500	3	1767	2015 09-30-16
1968 Trento Loop	95035	751,500	3	1709	2015 09-30-16
772 Vasona Street	95035	800,500	3	1277	1960 09-30-16

NEWARK TOTAL SALES: 10						
Highest \$: 1,150,000		Median \$: 640,000				
Lowest \$: 430,000		Average \$: 688,000				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
6641 Albyn Court	94560	640,000	3	1040	1958 09-15-16	
37130 Arden Street	94560	630,000	4	1260	1960 09-14-16	
36063 Crystal Springs Dr	94560	1,150,000	5	2724	1998 09-14-16	
6629 Dairy Avenue	94560	795,000	3	1954	1947 09-16-16	
6137 Joaquin Murieta Ave #B	94560	585,000	3	1447	1981 09-14-16	
6282 Joaquin Murieta Ave #E	94560	430,000	2	905	1982 09-13-16	
8623 Mahogany Place	94560	790,000	3	1632	1994 09-13-16	
37762 Manzanita Street	94560	700,000	3	1379	1965 09-13-16	
36673 Port Tidewood St	94560	705,000	-	1450	1976 09-14-16	
6461 Thomas Avenue	94560	455,000	3	1000	1959 09-15-16	

SAN LEANDRO			TOTAL SALES: 22			
Highest \$: 780,000			Median \$: 549,000			
Lowest \$: 370,000			Average \$: 571,341			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
13214 Aurora Drive	94577	680,000	3	1680	1951	09-15-16
1052 Douglas Drive	94577	500,000	3	1314	1942	09-14-16
2094 Eveleth Avenue	94577	470,000	3	1040	1952	09-16-16
284 Garcia Avenue	94577	545,000	2	1400	1924	09-13-16
2778 Marineview Drive	94577	780,000	4	2166	1965	09-13-16
898 Rodney Drive	94577	660,000	2	1711	1947	09-15-16
908 Rodney Drive	94577	650,000	2	1754	1942	09-15-16
2451 Easy Street	94578	720,000	4	2561	1949	09-16-16
585 Jasmine Way	94578	568,000	3	1317	2012	09-15-16
597 Jasmine Way	94578	389,500	3	1266	2008	09-16-16
1716 Liberty Pointe Way	94578	498,000	2	1227	2008	09-13-16
16882 Los Banos Street	94578	540,000	2	1220	1947	09-14-16
14595 Sylvia Way	94578	705,000	3	1453	1945	09-16-16
1680 Thrush Avenue	94578	370,000	2	1790	1954	09-14-16
16566 Toledo Street	94578	650,000	3	1200	1961	09-13-16
1343 Cumberland Ave	94579	530,000	3	1274	1953	09-16-16
1209 Dora Avenue	94579	553,000	3	1081	1951	09-13-16
15044 Endicott Street	94579	450,000	2	821	1949	09-13-16
15563 Faris Street	94579	582,000	-	1578	1980	09-15-16
14686 Juniper Street	94579	780,000	4	2992	1950	09-14-16
1361 Mersey Avenue	94579	549,000	3	1124	1953	09-16-16
15039 Norton Street	94579	400,000	3	1029	1948	09-15-16

Auto Review

Mazda CX-5: Continuously Improved Crossover

By Steve Schaefer

The CX-5, Mazda’s compact crossover, debuted in 2012, but has been improved every year since. 2016 brings subtle changes, but all contribute to a fun-to-drive, economical, and quiet package. The CX-5 comes in three trim levels: Sport, Touring, and Grand Touring. The basic car uses a SKYACTIV 2.0-liter four-cylinder engine that delivers 155 horsepower and 150 lb.-ft. of torque. This model can be matched to a manual six-speed, so you can enjoy some of the driving fun of the iconic MX-5 Miata while still carrying your family and 34.1 cubic feet of stuff. Drop the second seat and you’ll have 65.4 cubic feet. Opt for the automatic, which is standard in the other two levels, and you’re up to 2.5-liters and 184 horsepower and 185 lb.-ft. of torque. My Soul

You can select front- or all-wheel drive in the CX-5, but you can only have four-wheel traction matched with the automatic. It would be handy for unpleasant weather conditions, if that’s common in your part of the country. It’ll set you back an additional \$1,250. EPA fuel economy numbers are 24 City, 30 Highway, and 26 Combined. The smaller 2.0-liter choice, with manual, ups that to 26/35/29 respectively. I averaged 23.9 mpg. Green numbers are 5 for Smog and 6 for Greenhouse Gas. Compact crossovers like the CX-5 are a sweet spot in the vehicle business now. The original CX-5 came only with the 2.0-liter engine, and felt underpowered compared to competitors such as the Honda CR-V and Toyota RAV4. Today, the 2.5-liter engine cures that. Continuous refinement helps make the CX-5 a success. For example, this year’s car is about



Red Metallic Grand Touring test car had that hearty powertrain, and it moves the 3,589-pound crossover along energetically. Push the new-for-2016 Sport Mode button and the electronics offer a more exciting driving experience.

10 percent quieter inside on the highway. The ride is flatter and smoother, thanks to updated front and rear suspension dampers with optimized bushing shapes on the lower suspension control arms. You won’t see those in the showroom but you’ll feel



them on the road. The CX-5 introduced Mazda’s Kodo design language, which has now spread across the brand. It isn’t as flashy as some current cars, but has carefully defined forms that integrate well. Armrest shapes inside, for example, look and feel substantial. The dash panel design is clean, and fit and finish are superb for a mainstream vehicle. Mazda reshaped the front and rear seat cushions for more comfort. For example, the rear cushions are longer, although I personally didn’t sit there to test them. As with most cars, you can begin with well-equipped basic version and move up. The Grand Touring may be the top level, but you can still add more. My tester had the i-ACTIVESENSE package of safety features (\$1,500). It brought in radar cruise control (keeps distance between you and the car in front), lane departure warning, high beam control, and Smart Brake Support. The latter feature uses the car’s electronic

sensors to automatically brake when the car detects an emergency ahead. Not part of this package, but still important (and standard on my tester), is Blind Spot Monitoring, which incorporates Rear Cross Traffic Alert. These features, increasingly common, prevent accidents by increasing driver awareness—always a good thing. Also aboard was the Tech Package (\$1,155), with adaptive front lighting and numerous applications of LED technology. If you’ve bought bulbs for your house recently, you know that this is where things are headed—clearer light with lower energy consumption. Mazda uses LEDs for headlights, daytime running lights, fog lights, and taillights. My time in the CX-5 was a pleasure. It’s a good size for freeway commuting as well as local errands. The rare opportunity to get into uncrowded back roads lets the Mazda come alive on the curves. I’d expect that the



Over the past 23 years, Steve Schaefer has tested more than 1,000 cars and published a weekly story on every one. As a teenager, he visited car dealers’ back lots to catch a glimpse of the new models as they first rolled off the transporter. He is a founding member of the Western Automotive Journalists. Contact Steve at sdsauto@sbcglobal.net. My blog for alternative vehicles: stevegoesgreen.com

2.0 with manual would be especially engaging, but the 184 horsepower of the 2.5-liter is welcome on freeway onramps and in passing situations. Steering feel, road surface awareness, and a fine sensation of control distinguish Mazdas from the competition. Prices range from \$22,695 for the Sport 2.0-liter with manual transmission and front wheel drive to the Grand Touring with all-wheel drive at \$30,370. My tester, including the extra packages, came to \$34,485. Mazda today is a small, independent company, so they have focused their efforts on creating standout compact and midsize sedans and hatchbacks, three sizes of crossovers, and one million-selling gem of an iconic sports car. They don’t sell minivans or pickup trucks. They offer no electrics or hybrids. With a clear design language and performance based on SKYACTIV technology, enhanced with continuous improvement, they proudly provide more beauty and driving pleasure in the segments they play in.

Sisters of the Holy Family, Abode Services bring affordable housing to Fremont

Submitted by Chris De Benedetti

Abode Services, a Fremont-based nonprofit group working to end homelessness, has partnered with local organizations to build 59 new affordable housing units in central Fremont. This City Center Apartments project stems from a creative partnership between Abode, Sisters of the Holy Family, and private-sector builder Robson Homes. The affordable housing development will deliver much-needed housing and social services to central Fremont, and is exactly what the Sisters of the Holy Family envisioned two years ago when they began spearheading the effort. When Sisters of the Holy Family sold part of their Mission San Jose land in late 2014 to Robson Homes for market rate housing, they wanted to ensure that affordable housing fees generated from the sale would be used quickly to directly help Fremont residents. “One of our most important objectives was to see the nearly \$4 million in affordable housing fees used in a way that would have the most benefit for our community,” said Sister Gladys Guenther, the Sisters’ congregational president. “We wanted to see an affordable housing project come to life, and we recognized that a market rate housing project could be a vehicle for creating more affordable housing.”

The Sisters of the Holy Family was formed in San Francisco in 1872 to help people struggling in the aftermath of the Gold Rush. Congregation members have lived on their Mission San Jose district property since 1948, continuing their original charitable mission. With the goal of honoring their Fremont tradition and history of charity, the Sisters asked Robson Homes to use their expertise in land acquisition and entitlement to find a suitable site for affordable housing. The Bay Area home builder responded by providing seed capital and assigning its option on Fremont land it controls for Abode’s City Center Apartments project. The site located along Fremont Boulevard, one block north of Mowry Avenue - is on Fremont’s major transit corridor and is in walking distance to BART, health care, and other services. Affordable housing fees from Robson Homes’ Hobbs project in Fremont’s Mission San Jose district – totaling about \$5 million – also will provide critical funding for Abode’s City Center Apartments development. The Hobbs project will go before the City Council later this year. Fremont Mayor Bill Harrison and the City Council deserve credit for taking proactive steps to address the city’s housing and homelessness crisis, which has worsened because of a strength-

ening economy and rising rents, according to the development’s partnering organizations. “I appreciate the private and non-profit partnership working together to bring more affordable housing to support the Fremont community,” Harrison said. Louis Chicoine, Abode Services’ executive director, said he is excited to follow the lead of city officials and continue Abode’s mission to end homelessness by combining permanent supportive housing with social services. “We believe everyone should have a home, especially in the Bay Area - one of the nation’s most prosperous regions,” Chicoine said. “I’m very excited to bring this project forward in Fremont, where Abode Services began its work nearly 30 years ago.” Abode’s City Center Apartments complex will have 59 units, including one on site manager’s apartment. Abode’s supportive services staff will be on site five days a week to help residents with services that include life-skills training, financial planning, academic tutoring, job counseling and placement, conflict resolution, mental health services, and substance abuse recovery. The four-story apartment building is going through the permitting process now; the site is already zoned for this type of housing. Project leaders hope to break ground in late 2018 or early 2019.

CSU East Bay alumnus awarded MacArthur Foundation Genius Grant

Submitted by Natalie Feulner

Cal State University East Bay (CSUEB) alumnus and graphic novelist Gene Luen Yang (MS ’03, Online Education) was recently announced as one of 23 recipients who were awarded \$625,000 no-strings-attached MacArthur Foundation fellowships, often referred to as a “genius grant.” Yang and the other fellows were awarded the grants for their exceptional creativity and potential for future contributions to their respective fields according to the foundation. “They are breaking new ground in areas of public concern, in the arts, and in the sciences, often in unexpected ways. Their creativity, dedication, and impact inspire us all,” said Julia Stasch, MacArthur Foundation president. Born in Alameda and raised in the South Bay, Yang graduated from CSUEB’s online master’s in education program in 2003. He taught computer science at Oakland’s Bishop O’Dowd High School until last year, when he decided to dedicate more time to his writing and drawing. Earlier this year, he was the first graphic novelist to be named National Ambassador for Young People’s Literature by the Library of Congress. Yang is a graphic novelist who uses his work to explore history and multicultural experiences, and as a creative instructional medium for children and young adults. He is also one of the writers of DC Comics’ “New Super-Man.” In his book “American-Born Chinese,” Yang integrates metaphors from American comics, Chinese folklore and the Chinese immigrant experience. Three interlocking narratives tell of the struggles of teenager Jin Wang as he comes to terms with his bicultural identity and attempts to assimilate in America. “Receiving the MacArthur Foundation grant is a tremendous recognition for an artist such as Gene Yang who has been a trailblazer in his profession and an inspiration to his community,” said CSUEB President Leroy Morishita.



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Gouache Demonstration

SUBMITTED BY
HARRIETT MCGUIRE

The next meeting of the Golden Hills Art Association of Milpitas will be held Thursday, November 3. The program for the evening will be delivered by Fremont watercolor artist Jan Schafir, who will be giving a demonstration on using the opaque medium of gouache (pronounced gwash). The paintings are painted much like oil paintings from dark to light. The British used to call the technique “body color.” The paint itself is water based, so the cleanup is easy. Schafir will be bringing samples of paintings she has done using gouache and ink, as well as other mediums.

Schafir has been painting most of her adult life. Art began as a hobby, as she is a registered nurse. She began her art career by taking lessons locally with the City of Fremont Recreation Department in drawing, color mixing, and watercolor painting. The spontaneity of watercolor attracted her. She continued as an impressionistic painter, always excited by the unexpected effects of transparent watercolor.



In 1970, Schafir attended lessons at the Asilomar Conference Grounds conducted by the late Jade Fon, and after that was taught by many masters. She has created some collages along with her watercolor paintings, and then incorporated some mixed media pieces with fabric, beads, and images of her paintings. In 1990 she began teaching children in the arts in the schools

programs sponsored by the Fremont Cultural Arts Council. Schafir taught for many years at the Yosemite National Park Art Center, taught in Italy in 2000 and 2001 at the La Romita School of Art, and did yearly workshops in the Santa Cruz Mountains. She became a shipboard art instructor for the Cunard Line in 2010 for several years, and has published a book

showing paintings she has taught on cruise ships titled “Voyages in Watercolor.”

Schafir has her own studio in Fremont where she is on a continuous schedule of painting, drawing, and composition. She is a signature member of the Society of Western Artists, past president of the Fremont Art Association, and founder of Fremont's Open Studios. She has won numerous awards for her paintings locally. Schafir's work can be seen at the Fremont Art Association Gallery, the Art Form in Los Gatos, and Jan's Art Studios in Fremont.

The public is invited free of charge to meet the artist and see her demonstration and lovely watercolors. There will be no meeting in December. For more information, call (408) 263-8779.

Gouache Demonstration
Thursday, Nov 3
7 p.m.
Milpitas Police Department
Community Room
1275 N Milpitas Blvd, Milpitas
(408) 263-8779

Local health centers receive grants

SUBMITTED BY
HEALTH RESOURCES AND SERVICES ADMINISTRATION

On September 15, 2016, U.S. Department of Health and Human Services (HHS) Secretary Sylvia M. Burwell announced \$12,435,669 in funding for 168 health centers in California for health information technology enhancements. Tiburcio Vasquez Health Center in Union City and Tri-City Health Center in Fremont were among the health centers who received grants.

“Health centers across the country are instrumental in providing high-quality, comprehensive primary health care to millions of people,” said Secretary Burwell. “This investment will help unlock health care data and put it to work, improving health outcomes and building a better health care system for the American people.”

The funding will support health information technology enhancements to accelerate health centers' transition to value-based models of care, improve efforts to share and use information to support better decisions, and increase engagement in delivery system transformation. To support these goals, all purchases or upgrades of electronic

health record systems made with the funding must use technology that is certified by the Office of the National Coordinator for Health Information Technology. This is the first significant investment since 2009 directly awarded to health centers to support the purchase of health information technology.

“These awards will allow health centers to deliver higher quality of care to patients and spend health care dollars in a smarter way,” said Jim Macrae, Health Resources and Services Administration (HRSA) Acting Administrator.

This funding comes from the Affordable Care Act's Community Health Center (CHC) Fund, which was extended with bipartisan support in the Medicare Access and CHIP Reauthorization Act (MACRA) of 2015. The increased use of health information technology is part of the administration's efforts to build a health care system that delivers better care, smarter spending and healthier people.

To learn more about HRSA's Health Center Program, visit <http://bphc.hrsa.gov/about/index.html>.



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Purple Pinkies Raise \$10,500 to Wipe Out Polio



Sonoma, Calif. – Students in the Leadership Class of Altimira Middle School in Sonoma have joined their local Rotary Club to help rid the world of polio.

“Polio is a disease that cripples people. Some people die from it,” said Erin, a 7th grader.

The students organize **Purple Pinky Days** at their own school and at the five elementary schools in their district.

Last spring, the students raised about \$3,500 in small, one dollar donations during Purple Pinky Days. The Bill and Melinda Gates Foundation donates \$2 for every dollar raised – so their \$3,500 grew into a \$10,500 donation.

Purple Pinky Days raise more than money – they also raise awareness about polio and how the disease can be eliminated with a simple vaccine.

Purple Pinky Days

Replace the missing words.

PURPLE **MONEY** **SHOW** **DONATE**
REACHES **DRESS** **VACCINATED**

How do the students raise _____ with their Purple Pinky Days project? By having fun!

On Purple Pinky Day everyone is encouraged to _____ in purple clothing.

At the lunch break, students in the Leadership Class set up a table where kids can _____ one dollar and get their pinky dyed _____.

“We dye pinkies purple because when a child is

at a Rotary vaccination event, the child’s pinky is colored purple to _____ that he or she has been vaccinated,” said Jack, a 7th grader.

Some kids like to get more than one finger dyed. They pay \$1.00 for each finger they want dipped into dye. “Some kids even dye their toes!” Jack added.

After dipping a finger (or two or three or more) into the purple dye, each student _____ into a box and pulls out an ice pop. If a person gets a purple ice pop, they can reach in and get another one.

Extra! Extra! Finger Count

Instead of counting on your fingers, look through the newspaper and count the number of fingers you can find. Which finger is shown the most? Pinky? Pointer? Middle? Ring? Thumb?

Standards Link: Research: Use the newspaper to locate information.

A Special Test

Rotarians have a short test with only four questions. (Rotarians call this The Four Way Test.) Rotarians ask themselves these four questions about everything they say or do.

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

If everyone asked themselves these four questions before they said or did something, how would it make the world a better place?



Circle every other letter to find out the Rotary slogan.

A S T E M R B
V X I T C Y E L A
J B U O D V N E
R S T E P L V F
S

Discuss with a parent what you think this phrase means.

Kid Scoop VOCABULARY BUILDERS

This week’s word: **ELIMINATE**

The verb **eliminate** means to put an end to something, usually something unwanted.

Vaccination will help to **eliminate** polio from the world.

Try to use the word **eliminate** in a sentence today when talking with your friends and family.

Write On!

Why tell the truth?

Tell about a time you were tempted to lie but had the courage to tell the truth.



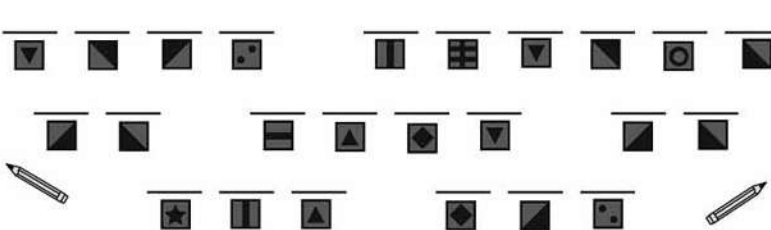
How many differences can you find between these two pictures?



A Caring Code

Use the code to find out what seventh grade Purple Pinky Days organizer, Nadia, tells other kids:

■ = A ■ = O
■ = C ■ = P
■ = E ■ = R
■ = H ■ = S
■ = L ■ = T
■ = M ■ = U
■ = N ■ = Y



How many pencils can you find on this page? How many other things that start with P can you find?



A Rotarian giving a child the polio vaccine.

What is Rotary?

Rotary is a global network of volunteers. Find out if you have a Rotary Club in your community. Ask if they will send someone to speak to your class about their efforts to end polio. www.rotary.org

Rotary

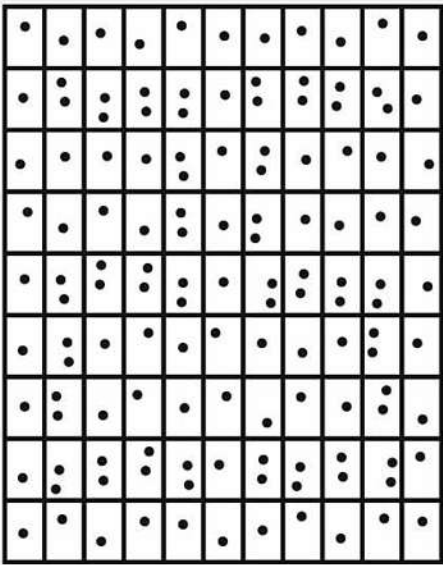


Kid Scoop Puzzler

Defeating a Disease

In 1988 when Rotary’s Global Polio Eradication effort began, there were 350,000 case of polio each year – about 1,000 cases a day.

To find out how many cases there have been so far this year, color the spaces with two dots purple.



Standards Link: Reading Comprehension: Follow simple written directions.

Double Double Word Search

DONATIONS
PINKIES
DOLLAR
PURPLE
FINGER
ROTARY
POLIO
MONEY
DRESS
LOCAL
SMALL
WORLD
HELP
RING
DYE

Find the words in the puzzle. Then look for each word in this week’s Kid Scoop stories and activities.



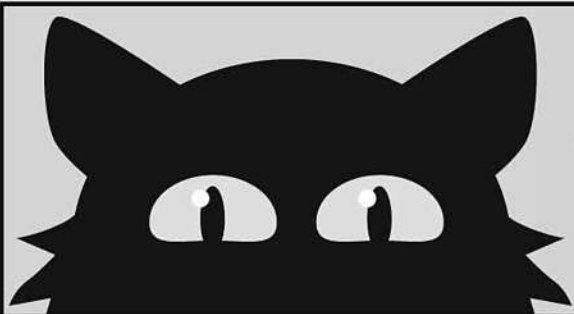
Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

Homophones

The words **ate** and **eight** sound the same but have different meanings and spellings. They are homophones. Look through the newspaper and see if you can find more homophones.

Standards Link: Research: Use the newspaper to locate information.



What is a cat’s favorite color?

ANSWER: Purrrr-pie!



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BRANDON GONZALES
Troubleman

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24249 Hesperian Blvd., Hayward **510-264-9669**



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Nala is a very gentle, quiet, 7 years young gal, who had a rough start in life. She's easy to walk and her endearing spirit has made her a shelter volunteer favorite. Info: Hayward Animal Shelter. (510) 293-7200.



Snowshoe is a young, curious and happy little bunny. He loves eating veggies and munching on hay. He's neutered and ready to go home with a loving family. Info: Hayward Animal Shelter. (510) 293-7200.

ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter
510-293-7200
16 Barnes Court (Near Soto & Jackson) Hayward
Tuesday - Saturday 1pm - 5pm

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

It's A Date

CONTINUING EVENTS

Tuesday, Sep 27 - Sunday, Oct 30

Annual Art Show
Tues: 11 a.m. - 3 p.m.
Thurs: 1 p.m. - 4 p.m.
Wed, Fri & Sat: 11 a.m. - 5 p.m.
Celebrating 51 years of art in Fremont
Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905
<http://tinyurl.com/faaannual-show>

Fridays, May 6 thru Oct 28
Fremont Street Eats
4:30 p.m. - 9:00 p.m.
Food trucks, beer, wine and entertainment
Downtown Fremont
Capitol Ave. & Fremont Blvd., Fremont
<https://www.facebook.com/FremontStreetEats/>

Sunday, Aug 9 - Monday, Oct 31
Harmony Art Exhibit
12 noon - 6 p.m.
Portraits of wildlife and nature
Milpitas Library
160 North Main St., Milpitas
(408) 262-1171
www.scccl.org

Tuesdays, Sep 13 thru Nov 1
Finding Wellness - R
9:30 a.m. - 11:00 a.m.
Discuss nutrition and stress management
Participate in gentle exercises
Ages 55+
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesdays, Sep 13 thru Nov 8
Memory Academy \$R
2:00 p.m. - 3:30 p.m.
Strategies to increase brain function
Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738
www.haywardrec.org

Mondays and Wednesdays, Sep 19 thru Nov 9
Citizenship Class \$R
12:30 p.m. - 3:00 p.m.
Discuss American Government
Prepare for interview test
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 793-6465
www.face.edu

Tuesdays and Thursdays, Sep 20 thru Nov 10
Citizenship Class \$R
7:00 p.m. - 9:30 p.m.
Discuss American Government
Prepare for interview test
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 793-6465
www.face.edu

Tuesday, Sep 27 - Sunday, Oct 30
Annual Art Show
Tues: 11 a.m. - 3 p.m.
Thurs: 1 p.m. - 4 p.m.
Wed, Fri & Sat: 11 a.m. - 5 p.m.
Celebrating 51 years of art in Fremont
Artist reception Sunday, Oct 2 at 1:30 p.m.
Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905
<http://tinyurl.com/faaannual-show>

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Farmers' Markets

FREMONT:

Centerville
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9 a.m. - 1 p.m.
Year-round
Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Downtown Fremont Farmers' Market
Wednesdays
3 p.m. – 7 p.m.
May thru October
Capital Ave. between Liberty St.
and State St.
www.westcoastfarmersmarkets.org

Kaiser Permanente Fremont Farmers' Market
Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers' Market
Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer's Market
Saturdays
9 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market
Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings
Saturdays
9 a.m. - 3 p.m.
Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente San Leandro
Wednesday
10 a.m. - 2 p.m.
June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at ICC
Sundays
8 a.m. – 1 p.m.
Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers' Market
Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall
Saturdays
9 a.m. - 1 p.m.
Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers' Market
Tuesdays
10 a.m. – 2 p.m.
Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers' Market
Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

Thursdays, Sep 29 thru Oct 27
Fatherhood Class – R
6:30 p.m. - 8:30 p.m.
Discuss parenting skills and conflict management
Fremont Family Resource Center
39155 Liberty St. (at Capitol),
Fremont
(510) 333-3478
www.RelationshipsCA.org/R3Academy

Wednesday, Oct 1 - Sunday, Nov 13
Souls Returning \$
10 a.m. - 4 p.m.
Day of the Dead exhibit
Opening reception Friday, Sept 30 5:30 p.m. - 7:30 p.m.
Hayward Area Historical Society Museum
22380 Foothill Blvd., Hayward
(501) 581-0223
www.haywardareahistory.org

Monday, Oct 3 - Thursday, Nov 17
Hayward Arts Council Juried Show
8 a.m. - 5 p.m.
Abstract, watercolor and still life
Hayward City Hall
777 B St., Hayward
(510) 208-0410
hac@haywardartscouncil.org
www.haywardartscouncil.org

Thursdays, Oct 6 thru Dec 29
Bingo \$
1 p.m.
Games, refreshments and door prizes
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Fridays, Oct 7 thru Oct 28
Teen Night Out!
5:30 p.m. - 8:30 p.m.
Play pool, air hockey, video games
Ages 12 – 17
Union City Teen Center
1200 J St., Union City
(510) 675-5600
http://www.ci.union-city.ca.us/departments/community-recreation-services

Fridays, Oct 7 thru Oct 28
Toddler Ramble \$
10:30 a.m. - 11:15 a.m.
Children ages 1 - 3 interact with nature
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Fridays, Oct 7 thru Oct 28
Nature Detectives \$
1:00 p.m. - 1:45 p.m.
Children discover animal habitats
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Thursday, Oct 7 - Sunday, Nov 19
Textile Exhibition
12 noon - 5 p.m.
Traditional and contemporary fiber artworks
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Fridays, Oct 7 thru Dec 30
Mahjong
9:15 a.m.
Tile game
No experience necessary
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Saturdays, Oct 8 thru Nov 12
Better Choices Better Health Workshop – R
10:30 a.m. - 1:00 p.m.
Discuss skills for dealing with chronic conditions
Union City Branch Library
34007 Alvarado Niles Rd., Union City
(408) 961-9877
http://goo.gl/forms/IFfV8o5mxo

Thanksgiving Day Service

Thursday Nov. 24
10AM

First Church of Christ, Scientist
1351 Driscoll Road
Fremont, CA

Child Care Provided
No contributions taken this service

Friday, Oct 8 - Sunday, Jan 8
Impressed with Wax Exhibit
10 a.m. - 5 p.m.
Paintings and sculpture created with hot wax
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Mondays, Oct 10 - Dec 26
Bunco
10 a.m.
Dice game
No experience necessary
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Fridays, Oct 14 thru Nov 18
Ballroom Dance Classes \$
Beginners 7:00 p.m. - 8:00 p.m.
Intermediate & Advanced 8:15 p.m. - 9:15 pm
Cha Cha, Foxtrot and Swing dancing
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 797-9594

Wednesdays, Oct 19 thru Nov 16
Ballroom Dance Classes \$
Beginners 7:00 p.m. – 8:00 p.m.
Intermediate & Advanced 8:15 p.m. - 9:15 p.m.
Cha Cha, Foxtrot, Swing dancing. Couples only
Ruggieri Senior Center
33997 Alvarado Niles Rd., Union City
(510) 675-5357
www.unioncity.org

Saturday, Oct 22 - Sunday, Nov 20
Trouble Bubbles at the Hot Springs \$
Sat: 8 p.m.
Sun: 2 p.m.
Comedic melodrama
San Leandro Museum and Art Gallery
320 West Estudillo Ave.,
San Leandro
(510) 895-2573
http://slplayers.org/

Mondays, Oct 31 thru Dec 5
Meditation Heartfulness Class
11 a.m. - 12 noon
Connect with your inner light and joy
Ages 55+
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Friday, Oct 28 - Saturday, Oct 29
American Red Cross Blood Drive – R
7:30 a.m. - 2:30 a.m.
Call to schedule an appointment
Drop-ins welcome
Fremont-Newark Blood Center
39227 Cedar Blvd., Newark
(800) 733-2767
www.redcrossblood.org

Friday, Oct 28 - Saturday, Oct 29
Live Blues Music
9 p.m.
Various artists
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
www.smokingpigbbq.net

Friday, Oct 28
Aileen Chanco Pianist \$
8 p.m.
Classical music performance
Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.com

Saturday, Oct 29
Find that Fox – R
2:00 p.m. - 3:30 p.m.
Search for the presence of wildlife
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222
http://donedwardsfox.eventbrite.com

Saturday, Oct 29 - Sunday, Oct 30
Family Fun Hour
2 p.m. - 3 p.m.
Stories, games and activities
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Saturday, Oct 29
Bird Watching for Beginners
3:00 a.m. - 4:30 a.m.
Use field guides and binoculars
Ages 10+
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222

Saturday, Oct 29
Family Bird Walk – R
10 a.m. - 12 noon
Explore marsh trails for birds
Ages 5 - 10 with supervision
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x363
https://donedwardsfamilybird.eventbrite.com

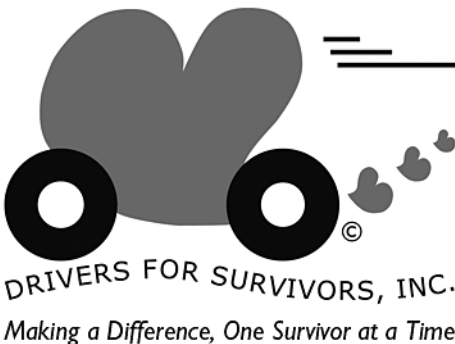
Saturday, Oct 29
Itsy Bitsy Spider \$
10:30 a.m. - 11:00 a.m.
Hike around the farm in search of critters
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Oct 29
Wonderful Wool \$
1:30 p.m. - 2:30 p.m.
Transform fleece into yarn
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org



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www.DriversForSurvivors.org

THIS WEEK

Wednesday, Oct 26
Is Stress Affecting Your Health?
6:30 p.m.
Take charge and learn to manage stress
Hayward Weekes Branch Library
27300 Patrick Ave., Hayward
(510) 293-5366

Wednesday, Oct 26
Guest Artist Katy Kindig Exhibit
10 a.m. - 12 noon
Abstract painting display
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org



Laurie Manuel

A Councilmember for all of Fremont

"We must have the political will, vision, and leadership to solve the critical issues. I will work with you and for you to create solutions that work for all of Fremont"

A STRONG VOICE FOR OUR REGION

Laurie Manuel is a lifelong Fremont resident who attended Fremont schools before earning a degree at UC Berkeley. Fremont is the fourth largest city in the Bay Area yet our voice is rarely heard on a regional level. Laurie will work with leaders across the Bay Area to create solutions for the critical housing and traffic problems we face today.



SOLUTIONS FOR TRAFFIC GRIDLOCK

Fremont has become a conduit for unwanted traffic. Laurie will work to ensure neighborhood safety through simple solutions like stop signs and speed bumps, while working to implement more aggressive solutions such as shutting freeway entrances during high traffic times.

THE HOUSING OPTIONS WE NEED



First, and foremost Laurie Manuel will take a step back to ensure any development conforms to the general plan, and benefits all of Fremont—not just a select few. Laurie Manuel will work to create a variety of sustainable transit oriented housing options so our youth and our seniors who have built their lives in Fremont can afford to stay in Fremont. She will continue to invest in housing for our most vulnerable.

On November 8, Vote LAURIE MANUEL for City Council

Paid for by Laurie Manuel for Fremont City Council 2016 37275 Niles Blvd. Fremont, CA 94536 FPPC #1388095.

Think Change
Envision Possibility

laurie manuel

For Fremont City Council

www.laurieforfremont.com

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Saturday, November 5

Holiday Boutique
9am - 3:30pm
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Tea Room - 11am - 2:30
Including tea Sandwiches, Sweets, & Tea
Fee for Tea Room only - Adults \$15
Children under 6 \$6

Centerville Presbyterian Church
4360 Central Ave., Fremont
Presented by Women's Ministries
(Across from the DMV)

LETTERS POLICY

The Tri-CityVoice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be give preference. Letters are subject to editing for length, grammar and style.

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& Sunday Brunch

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Michele Berke

Uniquely Qualified for School Board

Michele Berke is a parent of a current FUSD student and Teacher Specialist at California School for the Deaf. She has earned a Master's degree in Non-Profit Administration, a Ph.D. in Speech, Language, and Hearing Sciences, and has taken classes towards a Master's in Governance.

Michele knows first-hand that schools are much more than teaching and learning. She understands they create communities—in the classroom, on the sports fields and playgrounds, and in the theater class and music rooms. They provide social interaction among the children and their families and they promote respect and understanding of people across a variety of backgrounds.



Since her January 2015 appointment to the School Board, Michele has worked for all Fremont students by focusing on:

QUALITY INSTRUCTION

As a teacher and a parent Michele has focused on meeting the needs of all students. She knows that for our schools to be successful we must first ensure all of our students receive an education that fully prepares them for college or a career.

TRANSPARENCY AND ACCOUNTABILITY

On the Fremont School Board Michele has insisted on accountability and transparency throughout the district. She understands she is a steward of public dollars, and is thoroughly aware of the sources of school funding and how public dollars are spent.

VOTE

MICHELE BERKE

for Fremont Unified School District

To learn more visit BerkeforGreatSchools.org

Paid for by Michele Berke for Fremont School Board 2016, 2185 Castillejo Way Fremont, CA 94539, FPPC #1388491.

What's Happening

TRI-CITY VOICETM

Athletes of the Month

This month's Tri-City Voice Student Athletes of the Month are from the Titans of John F. Kennedy High School in Fremont. Paul McDermott is the Athletic Director at JFK High School.

Lauren Trainor



Female student athlete of the month is 16 year old junior volleyball player, Lauren Trainor, coached by girl's Head Volleyball Coach Stephanie Angel.

Trainor was born in Santa Clara but has lived in Fremont her whole life. When she was in the fifth grade, her Mother suggested she try playing volleyball. In that first year, Trainor attended many volleyball clinics at Irvington Community Center before playing for CYO (Catholic Youth Organization) team, Our Lady Guadalupe, in the sixth and seventh grade. She also played both years at Walters Junior High and for Endline Volleyball Club when in grades 7, 8, and 9.

Her Endline team qualified for Junior Nationals in 2015 and during her club sophomore season at Encore Volleyball, she earned a Bronze Medal at Junior Nationals. Trainor's favorite position now is middle while she also plays right side from time to time. This is her third year on the JFK Varsity and second year as team captain.

Before volleyball, Trainor played recreation soccer in Fremont while in the fourth and fifth grade and in the sixth grade it was basketball for CYO and her elementary school. She was also a swimmer at Mission Highlands



Swim Club in grades, 7, 8 and 9, qualifying for Championships of the East Bay Swim League all three years.

Trainor has a 13 year old sister, Shelby who is now attending Walters Jr. High. Shelby also played competitive soccer, basketball and volleyball and was a swimmer. Mother, Julie and Father, Kevin played intramural volleyball in college and Father played tennis in high school. Father now is into running and participating in triathlons.

Right now, Trainor wants to attend a four year college and continue playing volleyball at some level. She is undecided on a major but math is her favorite subject in school.

Favorite foods are sushi and steak, favorite movie is "Mean Girls" and she likes to listen to all genres of music. During her spare time, Trainor likes to hang with friends, listen to music, eat and sleep.

Athletes she has admired growing up are Kerri Walsh Jennings and Misty May Treanor, Olympic Gold Medalists in beach volleyball.

During a volleyball match, Trainor likes to keep her teammates water bottles upright and under the bench. She also has special high fives for her teammates.

Nicholas Loya



Loya's Father, Dave, played football and Mother, Kim, was a cheerleader in high school. Titan blood runs through the family as all seven matriculated at JFK.

Attending a four year college is in Loya's plans where he wants to major in Mathematics Education and hopes to continue playing football at the next level. Favorite subjects now are math and English.

His favorite food is dim sum (Chinese) and he likes to listen to Hip Hop, R&B, Country and Rock n' Roll.

Loya says his biggest role model is his Mom. "She is the most strong willed, determined, and loving

person I know. She has been there for me through everything and I know if I have any problems I can go to her for advice."

Being a lineman, Loya says he always had the ambition to become a fullback. So his favorite athletes are former NFL running backs Jerome Bettis and Mike Alstott.

During his spare time, of which he says he has very little, Loya likes to hang out with family and friends. Also, before every game, he listens to Thunderstruck by ACDC.

This month's TCV Male Student Athlete of the Month from John F. Kennedy High School is 17 year old Nicholas Loya, a senior on the Titans football team coached by David Damewood. Loya was born in Hayward and has lived in Fremont his whole life.

He has played football for eleven years starting when he was 6 years old. Before Kennedy, Loya played in the Fremont Football League (FFL). His positions at JFK are guard on offense and middle linebacker on defense.

In addition to football, Loya is on the Titans' wrestling team. He started wrestling his freshman year and intends to continue through his senior year. When younger, Loya also played baseball through his sophomore year in high school.

The reason he started playing football is his four older brothers who played before him. Besides football, David and Mike wrestled, Jeff played baseball and Ben threw the shot put and discus.





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An Evening of Sparkles \$
5 p.m. - 11 p.m.
Masquerade Ball, formal attire
Dinner, dancing, raffle
Sponsored by Fremont Warm Springs Rotary
Castlewood Country Club
707 Country Club Cir,
Pleasanton
(510) 659-6053
www.EveningofSparkles.org

Saturday, Oct 29
Harvest Festival
1 p.m. - 4 p.m.
Food, music, carnival games and pony rides
Salvation Army
430 A Street, Hayward
(510) 581-6444
Amy.Mefford@usw.salvation-army.org

Saturday, Oct 29
Proactive Coaching Workshop – R
9 a.m. - 12 noon
Discuss leadership to motivate student athletes
Newark Memorial High School
39375 Cedar Blvd., Newark
(510) 557-7134
rkahoalii@newarkunified.org

Saturday, Oct 29
Community Document Shredding Event
10 a.m. - 2 p.m.
Maximum 4 boxes 12” x 14” x 20”
Open to Newark citizens with proof of residency
Newark City Hall
37101 Newark Blvd., Newark
(510) 793-1400
www.newark.org

Saturday, Oct 29
Canning Basics – R
2 p.m.
Interactive food canning demonstration
Hayward Main Library
835 C St., Hayward
(510) 881-7700
http://tinyurl.com/canning-basics

Saturday, Oct 29
Harvest Festival
10 a.m. - 4 p.m.
Food, games, cake walk, haunted house
Our Lady of Guadalupe School
40374 Fremont Blvd, Fremont
(510) 656-4921

Saturday, Oct 29
Leopard Shark Feeding Frenzy
2 p.m. - 3 p.m.
Kids feed aquarium animals
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sunday, Oct 30
Ohlone Culture and Lifeways
1:30 p.m. - 2:30 p.m.
Discover gender roles and plants used for medicine
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Sunday, Oct 30
Día de los Muertos Celebration
10 a.m. - 4 p.m.
Entertainment, refreshments, sugar skull decorating for kids
Chapel of the Chimes
32992 Mission Blvd., Hayward
(510) 431-2423
www.Hayward.ChapeloftheChimes.com

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Tri-City Voice



BOOKMOBILE SCHEDULE

Alameda County
Renew books by phone (510) 790-8096
For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org.
Times & Stops subject to change

Tuesday, Oct 25
2:30 – 3:25 Cabrillo School,
36700 San Pedro Dr.,
FREMONT
4:45 – 5:30 Baywood Apartments, 4275 Bay St.,
FREMONT
5:50 – 6:30 Jerome Ave. & Oholones St., FREMONT

Wednesday, Oct 26
1:00 – 2:00 Del Rey School, Via Mesa & Via Julia,
SAN LORENZO
2:30 – 2:55 Eden House Apartments, 1601 165th Ave.,
SAN LEANDRO
3:30 – 4:00 Baywood Court, 21966 Dolores St.,
CASTRO VALLEY
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday, Oct 27
12:30 – 1:00 Stellar Academy, 38325 Cedar Blvd., NEWARK
2:30 – 3:00 Graham School, 36270 Cherry St., NEWARK

Friday, Oct 28
1:45 – 3:00 Hillside School, 15980 Marcella St.,
SAN LEANDRO

Monday, Oct 31
1:45 – 2:45 Pioneer School, Blythe St. & Jean Dr.,
UNION CITY

4:15 – 4:45 Sora Apts, Alvarado Blvd. & Fair Ranch Rd.,
UNION CITY
5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday, Nov 1
1:45 – 2:30 Fremont Hills Senior Living, 35490 Mission Blvd.,
FREMONT
3:50 – 4:20 Mission Gateway Apts., 33155 Mission Blvd.,
UNION CITY
4:50 – 5:30 Mariner Park, Regents Blvd. & Dorando Dr.,
UNION CITY
5:40 – 6:20 Sea Breeze Park, Dyer St. & Carmel Way,
UNION CITY

Wednesday, Nov 2
2:00 – 4:00 Warm Springs Community Center, 47300 Fernald St., FREMONT
4:15 – 4:50 Lone Tree Creek Park, Starlite Way & Turquoise St., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Milpitas Bookmobile stops
Renew books by phone (800) 471-0991
For more information (408) 293-2326 x3060

Monday, Nov 7
11:45 – 1:00 SanDisk Corporation, 951 Sandisk Dr.,
MILPITAS
1:30 – 2:00 Friendly Village Park, 120 Dixon Landing Rd.,
MILPITAS



At the **NEWARK**
CHAMBER OF COMMERCE

Discover the benefits of becoming a Newark Chamber Member!

TUES, OCT 25 - Tri-City Ribbon Cutting at Masonic Home's new "Transitions" short-term rehab facility, 5-7 pm. RSVP to: rmalini@mhcuc.org

SAT, OCT 29 - FREE Shredding for Newark residents & businesses at City Hall, 10am-2pm at City Hall. Up to 4 banker boxes...we have OUR boxes ready to shred. How about you?

MON, OCT 31 - Halloween! Lot's of activities in the area for kids and adults. Check out NewPark Mall, and the Newark Library, for example.

TUES, NOV 8 - Election Day—VOTE! The Chamber is supporting Measure GG. Read our post on the Newark Chamber's Facebook Page.



Save These
DATES

THUR, Nov 17 - Chamber's Business Luncheon, program presented by **Washington Hospital Healthcare System.** 12p -1:30pm at DoubleTree Newark. Details at Newark-chamber.com



TUES, DEC 6 - Chamber's Festive Annual Holiday Mixer/Party. 5pm-7pm, Chamber Offices.

THUR, DEC 15 - Chamber's Annual Holiday Spirit Luncheon, featuring (of course), Santa, & The **Kennedy Voices Children's Choir.** 12pm-1:30pm at DoubleTree Newark.



"Giftique"

Saturday, Oct 29th 9:30-3:00

38325 Cedar Blvd., Newark

(Neighborhood Church)

Over 40 Tables of Hand Crafted Items & Gifts

Halloween, Thanksgiving and Christmas Decorations

Continental Breakfast and Light Lunch

Door Prizes Every Half Hour



Help a Veteran

All you can eat!

Salad, Pasta, Garlic Bread

Friday, November 4th

5pm - No host Cocktails

6pm Dinner - Raffle/ Auction

5th Annual Dinner & Fund Raiser

This event funds Veterans First Fly Fishing materials, equipment, and outings.

Donate a dinner for a Veteran

TICKETS

www.nccff.org/Council-events/pay-for-events

or Contact: Ken Brunskill

510-793-7913

Fremont

Elks Lodge #2121

38991 Farwell Dr., Fremont



23rd Annual Holiday Boutique

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9am-3pm

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You never know what you may find. We have a little something for everyone.

Several tables of "Handmade Crafts"
Along with: Pampered Chef-Partylite
Scentsy-Oragami Owl-Perfectly Posh

3-+ Vendor Tables
Bake Sale
Snack Bar

Questions Call:
Rhonda Mello
510-828-9685

continued from page 1

Niles's lively celebration of birth & death

the grass, get your face painted, eat, share memories, and get to know each other. The Food Truck Mafia is in the process of being confirmed for the event, the Nile Cafe will be featuring Dos Tacos, and other local eateries Bronco Billy's, The Vine, and Joe's Corner are happy to feed attendees. Each year, a Community Altar is built that is available for all to contribute to. Those who wish to participate are asked to bring photocopied pictures, candles, and offerings to present in honor of their loved ones, ancestors, or anyone they wish to pay homage to. At 7 p.m. a "Releasing of Prayers" is conducted to end the event.

The history of Day of the Dead can be traced back to the indigenous people of the land of its origin, Mexico. The ancient belief was that on midnight on October 31, the gates of heaven opened, which allowed spirits of children to reunite with their loved ones for 24 hours. On November 2, the spirits of adults joined them to enjoy the celebrations prepared for them. Traditionally, an altar is made in each home. The altar is then decorated with countless items to offer as gifts for the spirits. Candles, flowers, fruits, nuts, meat, tortillas, and the traditional sweet roll - Pan de Muerto (Bread of the Dead) - all generously adorn the altar. Candy and toys are left for the spirits of the children, and various food and drink items are left for adults. Folk art pieces depicting skeletons and sugar skulls often complete the altars.

Though the Mexican tradition has been alive for at least 3,000 years, the celebration in Niles is a fairly recent development. Rae Steckler, a shop owner in downtown Niles, came up with the idea to integrate Day of the Dead into the Niles community six years ago. "Each year since opening [my shop] 17 years ago, I have created an altar at my shop dedicated to my grandmother for Dia de los Muertos. Time and time again folks would comment that they too observed the tradition within their homes around town. I loved the idea of observing the day with one another. We have such a tremendous community here in Niles and I really felt that this was an opportunity to take understanding to a whole other level. The diversity is real here but our common threads are just as true. By inviting others to witness and participate in paying homage to our roots we are allowing for a deeper appreciation of who we are."

Steckler conducted the first few Altar Walks throughout town in various locations and included



a map for where to find the altars. Last year, they elected to host the altars at the plaza with the thought that it would be a bit easier for visiting all of the participants. The shift was well received, due to the family-like atmosphere and sense of community that the move created. Since then the response from the community has remained overwhelmingly positive. Attendance has increased each year. Many schools send their students for extra credit. Cal State East Bay, Ohlone College, James Logan High, Centerville Jr. High, Vallejo Mills and Niles Elementary have contacted Steckler with regards to participation for students. Various cultures have stepped forward explaining the parallels to their own traditions.

Steckler has also personally received very positive feedback about her efforts. "For me personally I can share that each year I get a tremendous blessing from people in attendance - sharing with me how much they got out of being here for this. Often with tears in their eyes they tell me it wasn't what they thought it would be, that they want to participate next year, that they never realized how beautiful it was - or, my favorite - they genuinely thank us for bringing forth a tradition from their country of origin. The tradition embraces that death is just as much a part of life and needs to be honored, discussed, and recognized. This tradition helps to eliminate much of the fear associated with death, but moreover it allows us to heal the wound of loss by sharing in the joy of the imprint left by the life honored."

Niles Altar Walk
Wednesday, Nov 2
2 p.m. - 9 p.m.
Niles Town Plaza
37592 Niles Blvd, Fremont
(510) 541-5005
r.steckler@niles.org
<http://www.niles.org/niles-day-dead/>
Free

FUSD Talent Show Registration Deadline

SUBMITTED BY FREMONT
UNIFIED STUDENT STORE

FUSD's Got Talent! is coming Saturday, November 12, to Mission San Jose High School. The deadline for registration is October 30. Entrants need to secure permission from their principals or delegates. Contestants will have a great chance to win beautiful trophies and up to \$2,400 for their school!

Competition Categories:
Elementary School - 1st Place (\$800)
Elementary School - 2nd Place (\$500)

Elementary School - 3rd Place (\$300)
Junior High School - 1st Place (\$800)
High School - 1st Place (\$800)
Staff/Teacher - 1st Place (\$800)
Choir - 1st Place (\$800)

All net proceeds from FUSS's events will be donated to support FUSD schools and programs. Register at <http://www.fuss4schools.org/2016-fusds-got-talent-show/>. For more information, contact FUSS at events@fuss4schools.org.

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10:00 AM TO 4:00 PM

Sunday, Oct 30

Ohlone Wind Orchestra \$

2 p.m.

Medley of Italian movie themes

Smith Center

43600 Mission Blvd., Fremont

(510) 659-6031

www.smithcenter.com

Sunday, Oct 30

Aquatic Adventures \$

10:30 a.m. - 11:30 a.m.

Kids use nets to catch invertebrates

Hayward Shoreline Interpretive Center

4901 Breakwater Ave., Hayward

(510) 670-7270

www.haywardrec.org

Sunday, Oct 30

Autism Yesterday and Today

Charity Dinner \$

4 p.m. - 7 p.m.

Buffet, raffles and live music

Spin-A-Yarn Restaurant

45915 Warm Springs Blvd., Fremont

(510) 299-2863

fpincilotti@hotmail.com

www.autimyesterdayandtoday.org

Monday, Oct 31

Coyote Cubs

10:30 a.m. - 11:30 a.m.

Arts, crafts and park exploration

Ages 3 - 5

Coyote Hills Regional Park

8000 Patterson Ranch Rd., Fremont

(510) 544-3220

www.ebparks.org

Tuesday, Oct 31

Bones, Bones, Bones a Million Bones

7 p.m.

Hands-on activities with fossils for children

Fremont Main Library

2400 Stevenson Blvd., Fremont

(510) 745-1421

www.aclibrary.org

Tuesday, Nov 1

Hikes for Tykes

10:30 a.m. - 11:45 a.m.

One mile stroll for young children

Not suitable for strollers

Lake Chabot

17600 Lake Chabot Rd,

Castro Valley

(888) 327-2757

www.ebparks.org

Tuesday, Nov 1

Weekday Bird Walk

7:30 a.m. - 9:30 a.m.

Discover migration patterns and habitats

Meet at Isherwood Staging Area

ages 12+

Quarry Lakes

2250 Isherwood Way, Fremont

(510) 544-3220

www.ebparks.org

Tuesday, Nov 1

Pool Tournament \$R

10 a.m.

Prizes and light refreshments

Kenneth C. Aitken Center

17800 Redwood Rd.,

Castro Valley

(510) 881-6738

www.haywardrec.org

Wednesday, Nov 2

Cup of Our Life Women's Spirituality Group \$R

1 p.m. - 3 p.m.

Discuss daily lives and relationship with God

Dominican Sisters of Mission

San Jose

43326 Mission Blvd., Fremont

(510) 933-6360

<http://bit.ly/2016CupofLife>

Park It Halloween in the regional parks

BY NED MACKAY

There are lots of treats and very little trickery in store during the Halloween programs at East Bay Regional Park District visitor centers.

At Ardenwood Historic Farm in Fremont, the **Halloween Train**

will continue to roll, with trips planned at intervals between 7:00 and 9:30 p.m. on Friday, Oct. 28 and Saturday, Oct. 29; and until 9 p.m. on Sunday, Oct. 30. The train takes a mildly spooky trip through Ardenwood's fields and woods with surprises along the way. It's designed for

families with children ages 12 and under. Tickets cost \$7 for adults, \$5 for children 3 through 12, and the ride is free for ages 2 and under. For more information, visit www.spcrr.org.

Ardenwood will also host **Halloween Hijinks** from 11 a.m. to 3 p.m. on Sunday, Oct. 30 with pumpkins, spiders, games and crafts, led by naturalist Mindy Castle. The agenda includes roasting pumpkin seeds at 11 a.m., apple cider pressing at noon, Halloween crafts at 1 p.m. and Halloween games at 2 p.m.

Ardenwood is located at 34600 Ardenwood Boulevard, just north of Highway 84 in Fremont. For information, call 510-544-2797.

Not to be out-spooked, nearby Coyote Hills Regional Park also plans a couple of Halloween programs.

There's a **Halloween twilight hike** from 5:30 to 8:30 p.m. on Friday, Oct. 28, led by naturalists Dino Labiste and Kristina Parkison. It's a trek through the hills during sunset, in search of hobgoblins, witches and ghosts. Costumes welcome, and the group will return for treats and a campfire story.

The twilight hike is for ages five and older. Registration is re-

quired, and there is a fee of \$4 per person. For registration and information, call 888-327-2757. Select option 2 and refer to program 14486.

Dino also will lead a "**Science Wizards of Halloween**" program from 10 a.m. to noon and 1:30 to 3:30 p.m. on Saturday, Oct. 29. Dino will show how to perform science-based magic tricks with which to baffle your friends.

Science Wizards is free of charge, designed for ages nine and older. Meet at the Coyote Hills Visitor Center, at the end of Patterson Ranch Road off Paseo Padre Parkway in Fremont. For information, call 510-544-3220.

Halloween animal fun is the theme of Family Nature Fun Hour from 2 to 3 p.m. on Saturday and Sunday, Oct. 29 and 30, at Crab Cove Visitor Center in Alameda. Wear a costume for a special treat.

Crab Cove is at 1252 McKay Ave. off Alameda's Central Avenue. For information, call 510-544-3187.

It wouldn't be Halloween without the sound of animals howling in the hills. Naturalist Kevin Dixon will tell about the coyotes and foxes that create

those choruses during a walk from 9 to 11 a.m. on Saturday, Oct. 29 at Black Diamond Mines Regional Preserve in Antioch.

Meet Kevin at Black Diamond Mines' uppermost parking lot at the end of Somersville Road, 3 miles south of Highway 4. For information, call 888-327-2757, ext. 2750.

Spooky spiders will be the focus of a program from 2 to 3 p.m. Sunday, Oct. 30 at Big Break Regional Shoreline in Oakley. The park naturalists will lead arachnid-themed activities and help visitors to find some eight-leggers in the wild.

Big Break is on Big Break Road off Main Street in Oakley. For information, call 888-327-2757, ext. 3050.

For a pretty, naturalist-led walk with no Halloween overtones, meet at 10 a.m. Sunday, Oct. 30 at the north entrance of Lake Temescal in Oakland for a two-mile hike around the lake. It's one of the Saturday and Sunday Strolls series.

Temescal's north entrance is on Broadway alongside Highway 24 in Oakland. For information on the hike, call 510-544-3187.

Foundation funds offer tech access for children with Autism

BY JULIE HUSON

Supporters of educational equity will want to join in at a charity dinner Sunday, October 30 at Spin-A-Yarn Steakhouse in Fremont. The relatively new non-profit organization Autism Yesterday and Today is making a yearly goal to provide special education students in the region with technological equipment that will promote learning opportunities for children with unique needs.

Last year the foundation worked with the Hayward Unified School District and provided approximately \$8,000

Jessica Pincilotti, co-founder of Autism Yesterday and Today, reports that this year's proceeds will benefit a special education class in the San Jose school system. The \$35 per person dinner will entitle a donor to a buffet, one raffle ticket, and an evening of music and local entertainment. The raffle will include an Apple Watch, gift cards, and other prizes. Pincilotti is proud to share that 100 percent of the money raised goes directly to schools. She says they need the community to get involved by attending charity events or by donating directly to the cause.

Autism Yesterday and Today was founded less than three years



From left to right: Giovanni Pincilotti, son of Jessica and Franco; Jessica Pincilotti; Saki Kavouniaris, owner of Spin-A-Yarn Steakhouse; and Franco Pincilotti.



worth of technology for a special education class at Southgate Elementary School. All the equipment was donated from the funds collected from local business and supporters. This combined help enabled the organization to provide iPads with Osmo game systems, a desktop computer, printer/scanner, and digital camera. The previous year the agency provided resources to a special education class at Mission Valley Elementary School in Fremont.

ago because Pincilotti and her husband noticed that special education classes at their son's schools offered little or no technology. When they inquired about this they were disappointed to hear that there were not enough computers to go around. So the couple formed the agency with the express purpose of providing the latest and best technology to help students with special needs, including those who have been diagnosed with Autism Spectrum Disorder like

their son Giovanni.

According to Autism Speaks, a leading autism advocacy organization, statistics from the U.S. Centers for Disease Control and Prevention identify 1 in 68 American children as being on the autism spectrum.

Parents and educators of children affected by autism have testified that technology can help those on the autism spectrum with communication, social interaction over shared interests, and development of personal



Hayward Mayor Barbara Halliday and Hayward Unified School District Superintendent Stan "Data" Dobbs.

competence as they utilize particular strengths like spatial reasoning skills. Additionally, technology has the potential to help children with autism better understand and recognize feelings while formulating broader vocabulary for communication.

For dinner tickets, e-mail fpincilotti@hotmail.com or call (510) 299-2863. Tickets can also be purchased at the door on the day of the event.

Autism Yesterday and Today Charity Dinner Sunday, Oct 30 4 p.m. – 7 p.m. Spin-A-Yarn Steakhouse 45915 Warm Springs Rd, Fremont (510) 299-2863 fpincilotti@hotmail.com www.autismyesterdayandtoday.org Tickets: \$35 minimum donation

Dia de los Muertos comes to Hayward

SUBMITTED BY ROBIN RUSSELL

A Dia de los Muertos (Day of the Dead) celebration featuring sugar skull decorations for children, family entertainment and refreshments is planned for Sunday, October 30 in Hayward.

The event will be at Chapel of the Chimes and will feature performances by a mariachi band and Aztec dancers. A folkloric dance program and an altar presentation are also planned. Dia de los Muertos is an annual cultural event that is widely celebrated in Mexico and many Latin American countries to commemorate and remember loved ones who have died.

Dia de los Muertos Sunday, October. 30 10 a.m.-4 p.m. 32992 Mission Blvd. Hayward (510) 431-2470 Admission is Free.



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SPORTS

A game for the ages; Titans beat Colts



Football

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

It was a win for the ages as it has been 33 years since the John F. Kennedy (Fremont) Titans varsity football team last beat the James Logan (Union City) Colts. That losing streak came to an end as the Titans emerged victorious on October 22nd by a score of 34-16. The Titans put together their best all-around performance of the year as they took an early lead by opening great holes in the Colts defensive line, allowing an unchecked Titan ground game and air attack. Titan defense was also impressive, holding the Colts to 129 yards in the first half and shutting down any chance of an effective Colts running game. Pass defense by the Titans was responsible for a multitude of incomplete attempts and key interceptions that, if complete, would have allowed a Colt comeback. Although the Colts tried hard to continue their history of wins, the night belonged to the Titans.

CSUEB's Thompson named CCAA Volleyball Player of the Week

SUBMITTED BY STEVE CONNOLLY

Cal State University East Bay (CSUEB) sophomore Deja Thompson was named the California Collegiate Athletic Association (CCAA) Volleyball Player of the Week for October 10-16.

Thompson is the second CSUEB volleyball player ever to claim CCAA Player of the Week honors, and she's the first since Roxanne Neely in 2010.

The middle blocker from Rialto, Calif. was a recent force in leading CSUEB to its first weekend sweep of the season with crucial wins over North Division rivals Stanislaus State and Chico State.

The Warriors had no answer for Thompson on Friday, October 14, as she hit .526 with 11 kills and just one attack error and a three-set victory to open the weekend. The following night, she led the Pioneers with 19 kills and four blocks as East Bay erased a 2-1 deficit and outlasted the Wildcats in a thrilling five-set match.



For that week, Thompson totaled 30 kills and seven blocks, and she made just eight attack errors for an impressive .355 hitting percentage.

She has made a huge leap in her sophomore season, leading the Pioneers to a .500 record and helping them stay in the hunt for the postseason. Thompson currently ranks 10th in the CCAA in kills per set (2.97), and she is CSUEB's leading scorer overall with 197 kills and 33 blocks.

CSUEB women's soccer earns Team Academic Award

SUBMITTED BY STEVE CONNOLLY

The Cal State University East Bay (CSUEB) women's soccer team has earned the 2016 National Collegiate Soccer Coaches Association (NSCAA) Team Academic Award. The Pioneers are one of 914 soccer teams throughout the country across all NCAA divisions to claim the award for exemplary performance in the classroom.

In order to qualify, teams must achieve at least a 3.0 team grade point average throughout the 2015-16 academic year. The Pioneers finished last school year with an impressive 3.43 team GPA to earn the team its fourth straight NSCAA Academic Award.

Of the nine California Collegiate Athletic Association (CCAA) schools to claim the honor, CSUEB had the highest GPA at 3.43.

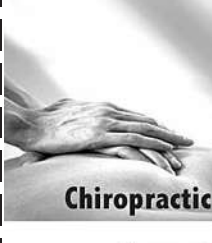




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Fremont
Human Services Department

Local student makes Honor Roll

SUBMITTED BY OREGON STATE UNIVERSITY NEWS

Oregon State University announced that Sophomore Emerald L. Coupe, Pre-Communication, of Castro Valley was included on the Scholastic Honor Roll (3.5 or better).

Delineators and K-rail barricades installed on Grimmer Blvd curve

SUBMITTED BY CITY OF FREMONT

As part of Vision Zero 2020, the City's new traffic safety policy aimed to reduce all fatalities and severe injuries caused by traffic accidents to zero by 2020, delineators and k-rail barricades were recently installed on the Grimmer Boulevard curve. The goal is to effectively reduce the roadway width thereby slowing down vehicle travel speeds around the curve, which has had a history of speed-related severe injury collisions. The installation of the delineators and k-rail barricades is designed to protect the roadway as well as those using it as pedestrians and bicyclists.

The Grimmer Boulevard curve was identified as a project under the Vision Zero "20 projects in 20 months" campaign, primarily street engineering projects to be implemented within 20 months to improve traffic safety in Fremont. Additional projects include installing speed lumps at priority locations, retrofitting and installing pedestrian countdown signals at intersections citywide, and installing LED streetlights citywide.



Eagles win a close one

Football

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The American Eagles (Fremont) varsity beat the Washington Huskies (Fremont) 28 -20 in a game that went right down to the final whistle as they made enough big plays to secure the victory on October 21st.

Women's Volleyball

Renegades Report

SUBMITTED BY JEREMY PENAFLO

Ohlone College vs De Anza College
October 19, 2016

De Anza d. Ohlone, 3-1 (17-25, 25-10, 25-20, 25-21)

Statistical highlights:

- Freshman outside hitter Drew Pressler led with 16 kills
- Freshman setter Hannah Finnigan led with 33 assists to go with 4 aces
- Freshman outside hitter Cassandra Hayashi had 10 kills
- Sophomore libero Ashley Estrada led with 11 digs

Ohlone College vs Mission College
October 21, 2016
Ohlone d. Mission, 3-0 (25-6, 25-4, 25-15)

Statistical highlights:

- Sophomore right side hitter/middle blocker Savannah Smith was 6 of 7 in kills hitting a percentage of 0.857
- Freshman setter Hannah Finnigan led in assists with 15 and kills with 7
- Sophomore libero Ashley Estrada led with 6 aces to go with 6 digs

Huskies JV blank Eagles JV

Football

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Washington Huskies (Fremont) Junior Varsity team beat the American (Fremont) Eagles JV squad on October 21st as they controlled the game from beginning to end. Although the Eagles fought hard, it was just not their day as they were unable to score any points.



Alameda County celebrates National Arts and Humanities Month

SUBMITTED BY GUY ASHLEY
PHOTO BY PAUL KURODA

In honor of National Arts and Humanities Month of October, the Alameda County Board of Supervisors proclaimed their support for the arts and recognized eight individuals for their achievements and contributions impacting the arts community and residents of Alameda County. The commendation event took place during the Board's public meeting on September 27 in Oakland.

The 2016 Alameda County Arts Leadership Award recipients who received commendations

from the Board of Supervisors are: Bruce Beasley, Kathleen Breedveld, Don Lewis, Susan Longini, Ayodele Nzinga, Sergio Suarez and the team of J.K. Fowler and MK Chavez.

Members of the Alameda County Arts Commission selected these individuals from a group of nominees whose names were submitted by the public. Award recipients were selected based on their achievements within the arts field and their contributions to the community. This annual program recognizes individuals or teams from each of the five supervisorial districts. This year, there were two recipi-

ents in Districts 1 and 5 due to tie-votes during the selection process, and a two-person team was selected for District 3.

The recipients from the Tri-Cities area are:

Susan Longini of Fremont, representing Supervisorial District One: Susan Longini is a professional visual artist and program manager for City of Fremont's Utility Box Art Program boxART!, a private/public project to repaint 170 graffiti-covered utility boxes throughout town. She also served on the City of Fremont's Art Review Board as a member for 11 years and as president for four years. Susan is

a nationally recognized artist in kiln formed (pate de verre) glass, having spent nearly 40 years working in this medium. Her work is widely collected and adorns many private and public spaces nationally.

Sergio Suarez of Hayward, representing Supervisorial District Two: Sergio Suarez is one of the most decorated urban street dancers to come out of the Bay Area and is a member the world famous Beatz N Pieces Crew and Fresh Dynamix Dance Company. He has spent the last 10 years educating college students at Ohlone College in Fremont. Over the last 12 years, Sergio has

also mentored at-risk youth at various local programs and schools such as Skyline High School in Oakland and Weekes Community Center in Hayward. In 2008, Sergio established the All The Way Live Foundation, a nonprofit organization that utilizes hip hop dance to educate, empower and support youth living in marginalized communities in Alameda County and all over the world.

For more information about the program or the award recipients, please contact the Alameda County Arts Commission at (510) 208-9646 or by email at artscommission@acgov.org



(L to R): Arts Commissioners: Eric Murphy, Anita Carr, Diane Takei Gotanda; Arts Leadership Award Recipients: Don Lewis, MK Chavez, Ayodele Nzinga, J.K. Fowler, Bruce Beasley, Sergio Suarez, Joan Brown representing Kathleen Breedveld, Susan Longini; Arts Commissioner Arthur Barinque and Arts Commission Director Rachel Osajima

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Ohlone College Board of Trustees Meeting

October 12, 2016

- Recognize September 15-October 15, 2016 as Hispanic Heritage Month
- Recognize National Disabilities Awareness Month

- Consent (all ayes as amended)**
- Approval of September 2016 payroll warrants in the amount of \$2,410,589.95
 - Ratification of contracts in the amount of \$236,667.

- To the Board for Information Only**
- Sabbatical Leave Presentation from Ohlone professor Deborah Lemon on Virtual Reality summit and other technology events.
 - Measure G Update. The total budget stands at \$350,121,361.

- To the Board for Discussion or Action**
- Approval of resolution with the intention to lease surplus frontage property located at 43600 Mission Boulevard not needed for classroom buildings and fixing time and place at which bids to lease shall be considered.
 - Measure G Bond list revision in the total amount of \$1,200,000 (1 nay: Watters)
 - Change order in the amount of \$64,309 to contract with C.W. Driver for athletic fields.
 - Award contract with Advanced Energy Services, Inc. for electric lighting efficiency upgrades in the amount of \$228,962.

Chair Richard Watters Aye,	
1 Nay	
Vice Chair Vivien Larsen	Aye
Greg Bonaccorsi	Aye
Teresa Cox	Aye
Jan Giovannini-Hill	Aye
Ishan Shah	Aye
Garrett Yee	Aye
Student Trustee Miguel Fuentes	
Aye	

Milpitas City Council Meeting

October 18, 2016

- Proclaim October 16-22, 2016 Freedom from Workplace Bullies Week.
- Proclaim Filipino American History Month for October.
- Annual Neighborhood Beautification Awards.

- Public Hearing**
- Conduct a public hearing ad adopt a resolution making certain determinations and authorizing submittal of the levy of special taxes to the qualified electors of certain territory proposed to be annexed to certain community facilities district.
- New Business**
- Receive construction status update for Montague Expressway widening project.
 - Consider request from Sunnyhills Neighborhood Association to waive fees for neighborhood event on October 29 at Augustine Park.
 - Adopt a resolution awarding an agreement to Marina Land-

- scape, Inc. including add alternative items A, B and D for \$586,120 for Phase 1 recycled water conversion sites.
- Adopt a resolution approving contractors' request to sub-contract bridge deck milling operations for bridge improvements.
 - Adopt a resolution authorizing the city manager to execute an agreement with Peelle Technologies for an amount not to exceed \$59,992.50.
 - Receive a report on emergency repair of HVAC system at the police station and authorize payment of invoices in the amount of \$17,501.74 to ACCO Engineered Systems.
 - Receive a report on emergency repair of water line at Hillview Court and authorize payment of invoices in the amount of \$20,071.31 to Preston Pipelines.

Mayor José Esteves	Aye
Vice Mayor Carmen Montano	
Aye	
Debbie Indihar Giordano	Aye
Garry Barbadillo	Aye
Marsha Grilli	Aye



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.
To subscribe to all blog posts scan this QR Code or visit ThinkSiliconValley.com/silicon-valley-east/

TAKES FROM SILICON VALLEY EAST

Opening Doors and Minds on National Manufacturing Day

BY STEPHEN GARCIA,
PRESIDENT, BAY AREA
CIRCUITS

On Friday, October 7th, Fremont celebrated National Manufacturing Day (<http://www.mfgday.com>) by inviting students and jobseekers to attend 11 manufacturing facility tours across the City. We sat down with Stephen Garcia, President, Bay Area Circuits, a printed circuit board manufacturer, to debrief on the day and hear a manufacturer's perspective on the importance of Manufacturing Day. Read on to learn how companies like Bay Area Circuits are challenging old-school perceptions of manufacturing and showing people, especially younger generations, that making things is cool again.

Tell us a little about Bay Area Circuits.

Bay Area Circuits is a printed circuit board manufacturer providing quick-turn prototype services (design, fabrication, and assembly) to a wide variety of customers—from large original equipment manufacturers to small hardware startups and individual hobbyists. With a new facility and recent investments in cutting-edge equipment and processes, our business model emphasizes quick-turn prototype manufacturing, meaning we can manufacture and deliver product in as little as 24 hours. The company was founded by my grandfather, Lawrence Nobriga, in 1975, and we're proud to have recently celebrated our 40th anniversary.

How long has Bay Area Circuits been in Fremont? What are some of the reasons that Bay Area Circuits chose Fremont as its home?

We relocated to Fremont in 2013 after having spent the previous 38 years in Redwood City. Relocating to Fremont provided several advantages, including the ability to expand capacity in a modern facility, better access to an available workforce, and proximity to our primary customer base. And, we were really pleased to find a business environment in Fremont

that welcomes manufacturing with open arms.

Bay Area Circuits has been part of Fremont's Manufacturing Day celebration for three years now. Why does your company choose to participate in Fremont's Manufacturing Day every year?

As manufacturers, one of our biggest challenges is addressing the gap in the availability of skilled labor, which I believe is partially caused by a lack of understanding of today's highly technical manufacturing environment. For this reason, supporting education has always been important to us, and opening our doors on Manufacturing Day to students exploring engineering careers is a logical way to support that initiative.

Did you meet any interesting students during the facility tour on Manufacturing Day?

For this year's event, we hosted a group of students from local Ohlone College who participate in the Ohlone Math Gateway program. The program also offers engineering courses, including one on Electric Circuit Analysis. I'm always energized by their enthusiasm and surprised by their technical aptitude!

What did students find most interesting during the Manufacturing Day tour?

They were really amazed at the number of processes involved in the manufacturing process, but seemed to be particularly interested in the automated equipment we utilize, especially the 3D printer-like machine and flying probe test machines that we demonstrated for them.

What role do you think the younger generation plays in the future of manufacturing?

It's difficult to overstate the importance of manufacturing to a healthy economy, so it's critical that we, as manufacturers, continue to dispel the notion that manufacturing means working on an assembly line. Instead, manufacturing jobs require high-tech, highly skilled workers. The younger generation should certainly consider manufacturing when looking for a high-paying career.

Observance at the Hayward 9/11 Memorial

SUBMITTED BY MICHAEL L. EMERSON

Citizens, veterans, and government officials were in attendance at the Hayward 9/11 Memorial on the 15th anniversary of the terrorist attacks on September 11, 2001. The small and informal observance was to remember and honor the heroes of 9/11, as well as the 164 Hayward KIA (Killed in Action) veterans who are listed on the Memorial, and first responders listed on the Memorial who died in the line of duty for the City of Hayward. For more about the Hayward 9/11 Memorial, go to: www.Hayward911Memorial.com

OPINION



WILLIAM MARSHAK

The Jonny Nash 1972 hit, I Can See Clearly Now, is a good fit for the second opening of Capitol Avenue connecting Paseo Padre Parkway and Fremont Boulevard, I am not sure how long it took Nash to pen his song, but it was easily less time than for visible signs of an actual downtown for Fremont to emerge. Fremont's version of the first stanza might look like this (apologies to Nash and the original version):

*I can see clearly now, the pain is gone,
Decades of talk and inaction have disappeared
Gone are mountains of rhetoric that made me whine
It's gonna be a bright (bright), bright (bright)
Sun-Shiny day.*

We can see clearly now...

There is still a long way to go and, if opening of a street is a big deal, what will happen when real commerce follows. Let's hope city officials are in good health since the accolades and congratulations are bound to hit explosive highs. With a good bit of history and years behind the construction of a downtown, many who have dreamed of it may not be around to enjoy the fruits of this labor. Maybe that is why Fremont had two grand openings of the same street.

In the meantime, with the hoopla surrounding the construction of a thoroughfare for the civic center, BART extension and construction around it, attention should also be focused on Fremont's historic districts. Each of these areas has something to offer that is unique and worth preserving. Just because the State of California shut down redevelopment agencies, there is no reason to write off real redevelopment. While it was in place, funds were often used for salaries and projects that ended on a dusty shelf. It might take less money to actually make something happen.

The present can offer an opportunity for the City to focus on real redevelopment to eliminate blight and support commerce with less verbiage and more action. Instead of trying to choke these areas with residential growth to "prune" them, the same energy shown for a street should be given to promotion and economic development of

Centerville, Irvington, Niles and Mission San Jose. Unfortunately, Warm Springs' history is now largely found in books. But, it's not too late for the other districts.

The view of unspoiled hillsides from Capitol Avenue is special and along with the promise of a vibrant downtown, should come the realization that a vibrant city is not just a particular part, rather a celebration of all its districts. Large cities such as Fremont are a summation of many areas with their own singular amenities. If the powers that be are so excited about a street connection, it might be time to expand their horizons to include public transportation connections such as shuttles to all districts. Then, we could all join the chorus.

William Marshak
PUBLISHER

Get your retirement soaring

BY MARIAELENA LEMUS
SOCIAL SECURITY PUBLIC AFFAIRS
SPECIALIST IN SAN JOSE

Wright Brothers Day, observed on December 17, marks the day in 1903 that two adventurous brothers in Kitty Hawk, North Carolina took to the air for the first time. It was a modern miracle at the time and a catalyst for the age of intercontinental travel. Over a hundred years later, it's commonplace for people to fly across the country. Most of us don't consider all the preparation and patience it took to achieve this modern feat of flight.

Luckily, planning your financial future isn't as daunting as pioneering modern aviation. Social Security has secure and easy-to-use online resources that can ensure your retirement soars above the clouds. The sooner you start planning for retirement, the better prepared you'll be. Just like building a reliable airplane, you'll need finely tuned parts that will work together for you to take flight.

Think of your retirement strategy as a flight plan that propels you higher. We have many resources at www.socialsecurity.gov/planners/retire that help you find the age at which you may first become entitled to unreduced retirement benefits, estimate your life expectancy, and calculate your estimated benefits. These tools explain how much money you will need and for how long — something you can adjust through personal savings, pensions, and other benefits.

You can also get personalized benefit estimates using the Retirement Estimator at www.socialsecurity.gov/estimator. The

Estimator shows different scenarios, like how future wage changes or alternate retirement dates will affect your future benefits. Benefit amounts may differ from the estimates provided because:

- Your earnings may increase or decrease in the future.
- After you start receiving benefits, they may be adjusted for cost-of-living increases.
- Your estimated benefits are based on current law. The law governing benefit amounts may change because, by 2034, the payroll taxes collected under current law will be enough to pay only about 79 cents for each dollar of scheduled benefits.
- Your benefit amount may be affected by military service, railroad employment or pensions earned through work on which you did not pay Social Security tax.

As you can see, your flight plan to retirement may change over your lifetime. It's important you understand that no matter where life takes you, the long journey to retirement is one of your most important trips. With every right decision, you're making your retirement flight plan a success that will carry you through the heights of your golden years.

It's never too early to start planning. Whether you are nearly ready to retire or if you're just getting off the ground in your career, I recommend you create your own my Social Security account so you can also learn about all the future benefits available to you. Visit www.socialsecurity.gov/myaccount to create your account.

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Mingchi Liu
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July 28, 1972 – October 11, 2016

Quy Van Nguyen
RESIDENT OF MILPITAS
December 10, 1952 – October 16, 2016

Bhavesht D. Patel
RESIDENT OF SAN JOSE
December 14, 1985 – October 16, 2016

Jainishkumar B. Patel
RESIDENT OF SAN JOSE
February 8, 1986 – October 16, 2016

Julia L. Valle
RESIDENT OF FREMONT
February 21, 1975 – October 19, 2016

Richard Garcia
RESIDENT OF FREMONT
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Michael C. Smayling
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Mysore S. Indiramma
RESIDENT OF SAN RAMON
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Donald E. Minnicus
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RESIDENT OF NEWARK
March 29, 1945 – October 20, 2016

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October 20, 1940 – October 21, 2016

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RESIDENT OF MILPITAS
December 15, 1927 – October 22, 2016

Ramasamy Ravindran
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Obituary

Les Rudy

Les passed from this earth into heaven on 10-17-2016 at 7:56pm after a valiant battle with lung cancer. Les was surrounded by family praying, singing and loving him as he drew his last breath.

Les was born with this twin brother Lloyd on June 21, 1934 to Lloyd and Mildred Rudy in Spokane, Wa. One year later the family moved to Wenatchee, Wa where they grew up.

Les enjoyed basketball, baseball and golf. He graduated from Wenatchee Valley HS in 1952. He pursued a bachelors degree from Washington State U. where he was a Beta Theta Pi.

Les wanted to work with deaf children so he went to Gallaudet University in Washington DC. where he met his soulmate, Madelyn Gaye Kutichins, who was also getting her degree.

Les taught middle school at Cal School for the Deaf in Riverside where he helped start the multi-handicapped dept.

In 1974 Les and twin brother Lloyd were honored to speak at their HS Alma Mater as distinguished Alums.

Les then went to a leadership training program at Cal St. Northridge and was soon a Principal back at CSD.

The family then moved to Norcal where he worked at CSD in Berkely, then to the new CSD



built in Fremont where he retired after 35 years. He had a motto on his office door that said: "Catch a kid being good."

Les and Madelyn enjoyed many years traveling with their golf clubs to such beautiful places as Hawaii, Australia and all over Cali. They were also part of a square dancing group called Keeway Swingers.

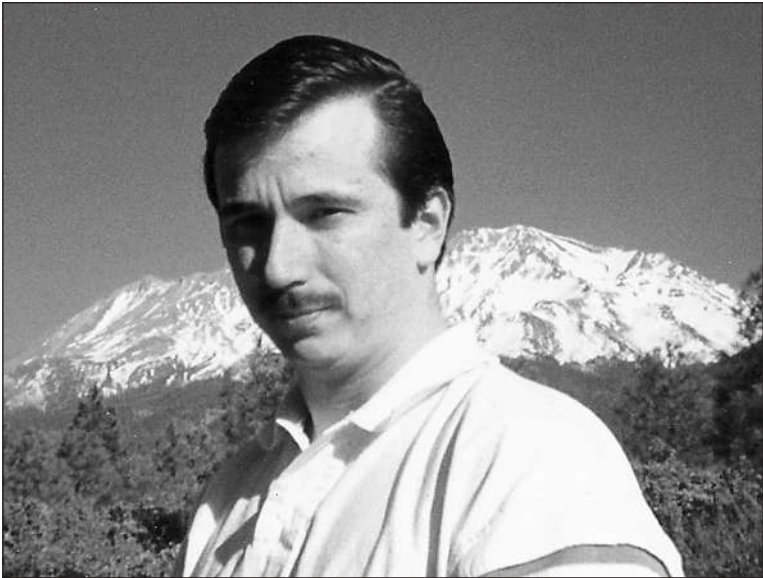
They were blessed with 3 children, Jeff, Mark, Leslie and her husband Rich Macario, 6 grandchildren, Ryan, Sydney, Madelyn, Louis, Gabriel and Zachary. Les was loved by all and will be missed greatly.

Celebration of life will be on Oct.29, 10:30, at St. Josephs Church.
43148 Mission Blvd.
Fremont, Cal 94539

Obituary

Eugene (Gene) Bernard

Gene passed away peacefully at his brothers home in Oakley on October 18th. Most recently he lived and worked in the Niles district of Fremont. He was known for his "jack of all trades" skills and was never satisfied if his work was not complete perfection. His witty sense of humor entertained everybody. He will be sorely missed by all. He is survived by his brothers Don and Louie, nephews Danny, Jason and Eric, niece Athena, great niece Eden and many aunts and uncles. Go now Gene and be with your beloved kitty in peace.



Obituary

Lois Jane Stickler

June 6, 1932 - October 15, 2016

Our beloved mother, grandma, and friend, has passed away at the age of 84.

Born in Los Angeles, CA, she attended Stephens College and the University of Missouri. She met and married the love of her life, Dr. James Stickler, and moved to Menlo Park, CA where she lived for over 30 years.

Her passion in life was raising her four children, and spending time with her grandchildren. She enjoyed volunteering at Stanford Hospital and playing bridge with her bridge group. She also loved cheering on her Cal Bears and the USC Trojans! Hawaii and Europe were her favorite travel



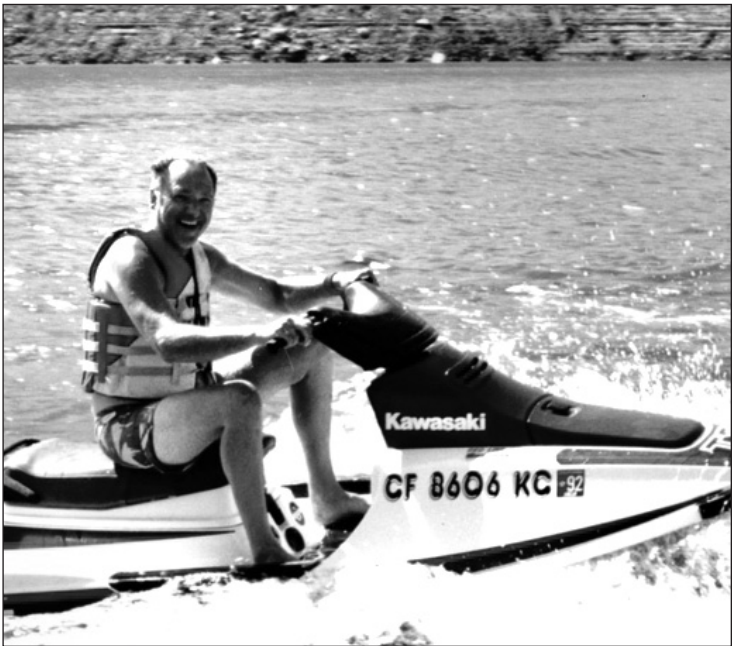
destinations and she was very proud of her British heritage!

She retired to Carmel Valley, CA where she lived over 10 years at Quail Lodge. Upon the passing of her loving husband Jim, whom she was married to for 51 years, she then relocated to Fremont, CA where she resided the last 12 years.

She is survived by her children; Mike Stickler, Kathy Schommer, Debbie Johnstone, and Diane Namet; and 8 grandchildren.

She will be missed by all!

Fremont Chapel of the Roses
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 and prepare fin. models and
 reports. Work site: Fremont,
 CA. Mail resumes to 48664
 Milmont Dr., Fremont,
 CA 94538.

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 reqd. Research and forecast
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 establish research methods
 and analyze competitors.
 Work site: Fremont, CA. Mail
 resumes to 48664 Milmont
 Dr., Fremont, CA 94538.

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Obituary

Julia Valle

February 21, 1975 – October 19, 2016

Mrs. Julia Valle of Fremont, CA, devoted wife, mom extraordinaire, loving daughter, sister, cousin, friend and faithful servant to the Lord, passed surrounded by her family on October 19, 2016 after a three-year battle with chronic myeloid leukemia.

She is survived by her husband, Oscar Valle, her children, Alejandra (20 yrs), Adanael (17 yrs) and Alexia (16 yrs), her parents, Rosa & Gustavo Castro, her siblings, Julio C., Frances, Cesar, Claudia, and Julio R.

Julia worked at Fremont Christian Pre-School for 13 years as a teacher, interim Director and finally as Assistant Director. She graduated from Cal State University East Bay with a Bachelor's degree in Child Development in 2013 while working full-time both outside the home and as a very involved mother. She served as Team Mom year after year; she documented every moment of her children's lives with thousands of pictures; Disneyland was indeed one of her happiest places on Earth; she loved sunsets and the beach—often coupling those together and everything and anything she did, Julia did it with the most radiant smile. Best known for her compassionate heart, thank you cards, strong work ethic and deep devotion to children, she will be terribly missed by all who were blessed to know her.



“Sorrow is not forever...love is.” —Urszula Dudziak

Visitation will be held on Wednesday, October 26th, and Thursday, October 27th, from 4-8pm at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536. A Prayer Service will be held on Thursday at 7pm at the funeral home. A Funeral Service will be held on Friday, October 28th, 11am at Harbor Light Church, 4760 Thornton Ave., Fremont, CA 94536. Burial will follow at Irvington Memorial Cemetery, 41001 Chapel Way, Fremont, CA 94538.

In lieu of flowers, donations for funeral expenses and towards a college fund for the children can be sent via paypal to: foreverjuliastrong@gmail.com. Alternatively, checks can be made out to Oscar Valle and sent to 34598 Shenandoah Place, Fremont, CA 94555.

Fremont Memorial Chapel
510-793-8900

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Fremont resident arrested in Warm Springs neighborhood arson series

SUBMITTED BY SERGEANT RICARDO CORTES,
 FREMONT PD

On Friday, October 14, 2016, Fremont detectives arrested a 30 year old Fremont resident near the scene of the 16th arson in the City's Warm Springs neighborhood. Detectives began to narrow down on a person of interest after Fremont Police Officers and Firefighters responded to the 16th fire in the Warm Springs neighborhood on Thursday, October 13, 2016, at 1:00 p.m. This most recent fire in the series that began back in the middle of July was set in the green belt just south of Mayten Way and Warm Springs Blvd.

The arson series has been a high priority investigation for the Fremont Fire and Fremont Police Department. When the call came in to our 9-1-1 center

Thursday, several officers from multiple units within the police department along with Fremont Fire Arson Investigators responded to the scene. A K9 trailing dog was utilized immediately following the incident and video surveillance was obtained from nearby. Over the course of approximately 24 hours, detectives and arson investigators continued gathering evidence which ultimately led to the arrest of a resident living in close proximity to where the fires had been set.

Corey Jaysingh Minhas, 30 years of age, Fremont resident was arrested and booked at the Fremont Jail on two counts of arson. While the case remains ongoing, detectives believe Minhas acted alone. Anyone with information about these incidents is asked to please contact Detective T. MacDonald at 510-790-6900 or email Tmacdonald@fremont.gov.

Victim ID'd in Monday's homicide - Suspect held on murder charges

SUBMITTED BY
 LT. ROBERT MCMANUS,
 SAN LEANDRO PD

Following the Monday, October 17, tragic murder of an employee of the True World Foods in San Leandro, police have identified the victim as 54 year old, San Leandro resident, Takeshi Watanabe. Mr. Watanabe, a 23-year veteran employee of the business, sadly lost his life at 11:45 Monday morning, while working at the True World Foods distribution center in San Leandro. Mr. Watanabe was struck with a vehicle after confronting a suspect, who was in the process of stealing wood pallets from the rear yard of the business.

After striking Mr. Watanabe with the front of the truck, the driver fled by speeding away from the business. Responding paramedics pronounced Mr. Watanabe deceased at the scene.

Less than 6 hours after the murder, Oakland Police officers spotted a white, Ford F-250 truck on E. 12th St. near 47th Ave. with wood pallets in the back matching the description given to them by San Leandro detectives earlier that day. The driver, who police have identified as 27 year old Kadeem Edwards of Richmond, CA, tried to run and hide from the Oakland officers. Edwards was quickly located by the Oakland officers and detained for San Leandro detectives.

As detectives continued their investigation, they arrested Edwards on suspicion of the murder of Mr. Watanabe. Edwards has since been interviewed by detectives and has been transferred to Santa Rita Jail in Dublin, where he is being held without bail.

“On behalf of the City of San Leandro, we offer our condolences to the family, friends and co-workers of Mr. Watanabe during this tragic time,” stated Lt. Robert McManus.

Please contact the San Leandro Police Department's Criminal Investigation Division with any information regarding this case or any other case at (510) 577-3230.

Information found in 'Protective Services' is provided to public "as available" by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of the agency

providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



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Juris Doctor, University of Illinois (7th in class)

Quoted by Ralph Nader in his book "No Contest" (1996)

Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present

Faculty, Santa Clara University School of Law 1987

Editor, University of Illinois Law Review

California Supreme Court Cases

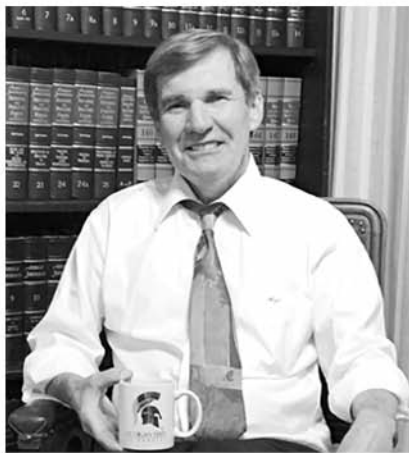
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Fremont Police Log

**SUBMITTED BY GENEVA
BOSQUES, FREMONT PD**

Friday, October 14

At 5:14 p.m., multiple officers and detectives responded to a suspicious circumstance call for service at the Fremont Main Library. Officers learned an adult male had gone into the female's bathroom and hid inside a stall. A juvenile female entered the adjoining restroom and saw a phone appearing to record her from below the wall separating the two stalls. The child's mother and community members came to her aid. Several citizens captured the male suspect and held him until our arrival. Officer Latimer arrested the 26 year old adult male, Berkeley resident for two active warrants, CA PC 647 (j)(1) peeping, and 647.6(a)(1) annoying or molesting a child. This case remains an active investigation and detectives are still working to obtain a clear understanding of the situation. Due to the ongoing investigation, we will not be releasing any further details at this time.

Officer Oliveira investigated a cold robbery incident near Litchfield and BART at approximately 9:30 p.m. The victim drove home prior to making the report. Loss was cash. Suspect # 1 – Black male adult 20's, 6'00-6'02, thin build, tan or brown jacket armed with a gun. Suspect #2 – Black female adult in her 20's.

Officer Wong investigated a robbery near Mowry and Parkside at 9:10 p.m., with the same suspects from previous robbery. The victim was walking from BART when the suspect demanded her purse. The victim screamed when the suspect pulled out the gun. The suspect struck the victim but fled without the purse. The suspect fled to a waiting vehicle described as an older light colored 4-door sedan, possibly an Acura.

CSO Escamilla investigated residential burglary that occurred on Havasu St. The burglary occurred between 3:00 p.m. – 7:00 p.m. Entry was made via the front door. The home was ransacked and loss was Jewelry and currency.

Officer Burch located and occupied stolen vehicle near Fre-

mont and Automall. He followed the vehicle into a business parking lot while waiting for additional units. The vehicle stopped and a high risk stop was conducted. Officer Burch arrested the male driver for taking a vehicle without permission and transported him to Santa Rita Jail.

Saturday, October 15

At 2:10 p.m., officers were dispatched to an armed robbery attempt at the Ranch 99 Market on Fremont Blvd. A Black made adult, wearing a white hoodie and armed with a gun attempted to steal a purse but was unsuccessful. The victim yelled and attracted attention from other citizens. The suspect fled in a white vehicle. Shortly after the robbery occurred a citizen calls to report a white Audi with black rims speeding at over 100 mph at Ardenwood / Paseo Padre. Case investigated by Officer Han.

Unknown subjects broke into a classroom at Washington High School and vandalized equipment inside. Officer Catassi documented the case.

Officer T.Roberts investigated a residential burglary on Bella Vista Ct. Entry was made via the rear bedroom slider. The incident occurred between 5 p.m. and 11 p.m. Loss included jewelry and purses.

Sunday, October 16

Officers responded to Quik Stop on Farwell Dr. to investigate the report that someone cut the lock which holds propane tanks. Three tanks valued at \$60.00 ea. were taken.

Officers responded to the 39000 block of Guardino Dr to investigate a garage burglary. Someone cut the lock to a garage door and ransacked the interior. Unknown loss.

Officers responded to the 39100 block of Paseo Padre Parkway after workers noticed the front doors were broken. Further investigation revealed suspect(s) broke the front doors and spray painted the hallway surveillance cameras. Loss was two projectors.

Monday, October 17

Unknown suspect(s) broke into three storage units on the 37200 block of Post St.

Unknown suspect(s) entered a business on the 1800 block of Mowry and tore open the drywall to an office. Three laptops and medical tools were taken.

Two male suspects observed driving a newer black Mercedes SUV, conducted two window smashes of vehicles in the 46600

block of Warm Springs Blvd. Loss was laptops and handbags. The suspects were described as Hispanic and one of the suspect(s) was thin and wearing a red sweater.

At approximately 1:40 a.m., a female was approached by a male suspect and assaulted as she exited her vehicle at her residence on the 40000 block of Curtis Drive. As the victim approached the front door of her residence she was brutally attacked by an unknown assailant. The victim's friend heard the commotion and came to her aid as the suspect was fleeing on foot with the victim's purse. The suspect was described only as a Black male adult and was seen entering the passenger seat of a tan or light brown sedan. The victim was transported to a regional trauma center to be treated for her major injuries. This is an active investigation and detectives were notified.

Tuesday, October 18

Units were dispatched to an auto burglary that had just occurred at Maloney Elementary School. The victim observed a male suspect break her vehicle window and then steal her purse from inside. She is able to obtain the license plate of the suspect vehicle which came back out of Newark to a 35 year old adult male. Newark PD locates the vehicle a short time later and stops it in their city. Stolen property belonging to the victim was located inside the vehicle. Officer Loughery responds and arrests the male.

CSO Anders investigated a commercial burglary to a fast food restaurant in the 4900 block of Mowry Ave. The rear door was forced open and the safe and surveillance video recorder were taken.

Wednesday, October 19

CSO Anders investigated an attempted residential burglary in the 40800 block of Lincoln St. The attempt burglary occurred sometime between 9:00 a.m. – 11:05 a.m. The unknown suspect attempted to remove a screen to a window, but did not make entry.

At 1:27 p.m., officers investigated a robbery in the 2500 block of Mowry Ave. The suspect was described as a male with a gray cap and dark shirt. The suspect took a gold chain and pendant from a female victim, valued at \$2000 and ran into the parking lot of the medical offices.

IRS Phone Scam- Don't fall for it!

SUBMITTED BY CAPTAIN GLORIA LOPEZ-VAUGHAN, UNION CITY PD

Con artists continue to make aggressive and threatening calls pretending to be IRS agents and demanding immediate payment. These callers sometimes use threats to intimidate or bully a victim into paying. The threats often focus on the person being arrested, deported or their license revoked if they fail to pay. The scam is designed to scare the recipient into sending payment through a prepaid debit card, wire transfer or providing personal account information. The con artists may focus on the elderly or members of the public with foreign names.

A resident recently received such a call and notified the Union City Police Department. We called the phone number but the scammers were not interested in speaking to the police and immediately disconnected the line. The IRS has been notified pertaining to the most recent Union City incident; thankfully the potential victim recognized this as a scam and did not pay the demand.

According to the IRS website, since 2013 "over 5,000 victims have collectively paid over \$26.5 million as a result of this scam." Although this incident included demands from the IRS, scammers often make threatening calls using other governmental agencies as the bait.

Please spread the word that the IRS and other government agencies NEVER demand payment in this manner. If you receive one of these calls please follow the instructions as provided by the IRS on their website: <https://www.irs.gov/uac/newsroom/phone-scams-continue-to-be-a-serious-threat-remain-on-irs-dirty-dozen-list-of-tax-scams-for-the-2016-filing-season>.

Do not give out any information. Hang up immediately. Contact TIGTA to report the call. Use their "IRS Impersonation Scam Reporting" web page. You can also call 800-366-4484. Report it to the Federal Trade Commission. Use the "FTC Complaint Assistant" on FTC.gov. Please add "IRS Telephone Scam" in the notes.

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PUBLIC NOTICES

NOTICE OF PUBLIC HEARING**2016 CALIFORNIA BUILDING STANDARDS CODES ADOPTION**

PUBLIC HEARING: Notice is hereby given that the Fremont City Council will consider ordinances and findings adopting by reference and amending the 2016 California Building, Mechanical, Plumbing, Electrical, Existing Building, Fire, Historical Building, Energy, Residential, and Green Building Code and adopting by reference certain appendix chapters of these Codes and adopting by reference and amending the 2015 International Property Maintenance Code and the 2015 International Pool and Spa Safety Code. The Fremont City Council will also make conforming changes to the Fremont Municipal Code on Tuesday, November 1, 2016, at 7 p.m. in the Council Chambers at 3300 Capitol Avenue, Fremont, California, at which time all interested parties may appear and be heard. Copies of all the codes listed above are on file with the City Clerk and open to inspection.

The State of California adopts a set of new construction codes every three years referred to as the California Building Standards Codes. The purpose of this public hearing is to amend the 2016 California Building Standards Codes, which automatically become effective January 1, 2017, the 2015 International Pool and Spa Safety Code, and the 2015 International Property Management Code with certain administrative and technical amendments based on Fremont's local conditions. The proposed administrative and technical changes mainly relate to soils susceptible to liquefaction, corrosive soils and to address local conditions due to the proximity of Fremont to the Hayward and Calaveras earthquake faults.

ENVIRONMENTAL REVIEW: The proposed action is exempt from the requirements of the California Environmental Quality Act (CEQA) in that it is not a Project which has the potential for causing a significant effect on the environment under Title 14 of the California Code of Regulations, Section 15061(b)(3). No further environmental review is necessary.

Any questions or comments on the project should be submitted to:

David Chung, Building Official
39550 Liberty Street, Fremont
P.O. Box 5006, Fremont, CA 94537-5006
(510) 494-4413; dchung@fremont.gov

CNS-2935816#

NOTICE OF PUBLIC HEARING**ACCESSORY DWELLING UNIT REGULATIONS
(PLN2016-00239)**

To consider a Zoning Text Amendment to amend existing regulations in Title 18 (Planning and Zoning) of the Fremont Municipal Code pertaining to accessory dwelling units to be consistent with State Law, and to create development standards for Junior Accessory Dwelling Units.

APPLICANT: City of Fremont

PUBLIC HEARING: Notice is hereby given that the Fremont Planning Commission will consider the above item on Thursday, November 10, 2016 at 7 p.m. in the Council Chambers at 3300 Capitol Avenue, Fremont, California, at which time all interested parties may appear and be heard.

ENVIRONMENTAL REVIEW: The proposed amendments are exempt from the requirements of the California Environmental Quality Act (CEQA) per Section 15282(h) (Other Statutory Exemptions) of the CEQA Guidelines in that the project would implement State law regarding accessory dwelling units.

Any questions or comments on the project should be submitted to:

Wayland Li, Senior Planner

Location: 39550 Liberty Street, Fremont
Mailing: P.O. Box 5006, Fremont, CA 94537-5006
Phone: (510) 494-4453
E-mail: wli@fremont.gov

CNS-2938468#

CIVIL**ORDER TO SHOW CAUSE
FOR CHANGE OF NAME**

Case No. RG16835455
Superior Court of California, County of Alameda
Petition of: Priyadarshi for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Priyadarshi filed a petition with this court for a decree changing names as follows:
Priyadarshi to Priyadarshi Prasad
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 12-16-16, Time: 11:30 a.m., Dept.: 24
The address of the court is 1221 Oak St., Oakland, CA
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: October 18, 2016
Morris D. Jacobson
Presiding Judge of the Superior Court
10/25, 11/1, 11/8, 11/15/16

CNS-2937667#

**ORDER TO SHOW CAUSE
FOR CHANGE OF NAME**

Case No. HG16833716
Superior Court of California, County of Alameda
Petition of: Liping Meng & Xiongbing Liang for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Liping Meng & Xiongbing Liang filed a petition with this court for a decree changing names as follows:
Mengchao Liang to Mark Mengchao Liang
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 12-09-16, Time: 11:30 AM, Dept.: 24
The address of the court is 1221 Oak Street, 3rd Fl, Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City Voice

Date: Oct 04 2016
Morris D. Jacobson
Presiding Judge of the Superior Court
10/11, 10/18, 10/25, 11/1/16

CNS-29333997#

**ORDER TO SHOW CAUSE
FOR CHANGE OF NAME**

Case No. HG16832556
Superior Court of California, County of Alameda
Petition of: Maged F. Abdelmessih & Sylvie M. Salib for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Mariam Abdelmessih to Mariam Phoebe Fikry Sarah Abdelmessih to Sarah Claire Fikry
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 11/18/16, Time: 11:30 AM, Dept.: 24
The address of the court is 1221 Oak Street, Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City Voice
Date: Sep 26 2016
Morris D. Jacobson
Presiding Judge of the Superior Court
10/4, 10/11, 10/18, 10/25/16

CNS-2930076#

**FICTITIOUS BUSINESS
NAMES****FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 523349
Fictitious Business Name(s):
Spicy House, 386 Tropicana Way, Union City, CA 94587, County of Alameda
Registrant(s):
Tian Yuan Yang, 386 Tropicana Way, Union City, CA 94587
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
This statement was filed with the County Clerk of Alameda County on October 10, 2016
NOTICE: In accordance with subdivision (a)

of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/25, 11/1, 11/8, 11/15/16

CNS-2938860#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 523217
Fictitious Business Name(s):
KS Courier Company, 34139 Kaspar Terrace, Fremont, CA 94555, County of Alameda
Mailing Address: 34139 Kaspar Terrace, Fremont, CA 94555
Registrant(s):
Kashif Mahwood Shah, 34139 Kaspar Terrace, Fremont, CA 94555
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on 10-5-2016
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
This statement was filed with the County Clerk of Alameda County on October 5, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/25, 11/1, 11/8, 11/15/16

CNS-2938734#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 523540
Fictitious Business Name(s):
Harmony Moving Company, 2583 Silsby Ave., Union City, CA 94587, County of Alameda; Mailing Address: 2583 Silsby Ave., Union City, CA 94587
Registrant(s):
Carol Chern, 2583 Silsby Ave., Union City, CA 94587
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on June 2016
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
This statement was filed with the County Clerk of Alameda County on October 14, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/25, 11/1, 11/8, 11/15/16

CNS-2937805#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 523069
Fictitious Business Name(s):
TB Shipping Express, 1735 Decoto Rd., Union City, CA 94587, County of Alameda
Registrant(s):
Liu Jiawen, 33225 Lake Pyramid St., Fremont, CA 94555
Su Panjen, 24841 Alderberg Pl., Hayward, CA 94544
Business conducted by: a joint venture
The registrant began to transact business using the fictitious business name(s) listed above on n/a
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
This statement was filed with the County Clerk of Alameda County on September 30, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/25, 11/1, 11/8, 11/15/16

CNS-2936377#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 522778
Fictitious Business Name(s):
Data Scale, 42430 Blacow Rd., Fremont, CA 94539, County of Alameda
Registrant(s):
Terry B Lowe, 2370 Raven Rd., Pleasanton, CA 94566
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 11/19/95
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
This statement was filed with the County Clerk of Alameda County on September 21, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/18, 10/25, 11/1, 11/8/16

CNS-2936136#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 523043
Fictitious Business Name(s):
Safe Community Network, 2546 Clymer Ln, Fremont, CA 94538, County of Alameda
Registrant(s):
Nadeem Zafar, 2546 Clymer Ln, Fremont, CA 94538
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
This statement was filed with the County Clerk of Alameda County on September 29, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement

pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/18, 10/25, 11/1, 11/8/16

CNS-2935191#

**STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME**

File No. 494568
The following person(s) has (have) abandoned the use of the fictitious business name: **Berkeley Academy, 43505 Mission Blvd, Fremont, CA 94539**
The Fictitious Business Name Statement being abandoned was filed on Aug. 1, 2014 in the County of Alameda.
Olive Children Foundation, 43531 Mission Blvd., Fremont, CA 94539; California
SI Kweihwei Jen, President
Nirav Ghunchala, 34775 Rumford Ter, Union City, CA 94587
This statement was filed with the County Clerk of Alameda County on October 10, 2016.
10/18, 10/25, 11/1, 11/8/16

CNS-2935186#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 522718
Fictitious Business Name(s):
Virsa Entertainment, 7052 Jarvis Ave., Newark, CA 94560, County of Alameda
Mailing address: Same
Registrant(s):
Manpreet Singh Sra, 4170 Glenwood Terrace #7, Union City, CA 94587
Nirav Ghunchala, 34775 Rumford Ter, Union City, CA 94587
Business conducted by: co-partners
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
This statement was filed with the County Clerk of Alameda County on September 20, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/18, 10/25, 11/1, 11/8/16

CNS-2935184#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 523347
Fictitious Business Name(s):
Fly Air Travel, 34775 Rumford Ter, Union City, CA 94589, County of Alameda
Registrant(s):
Nirav Ghunchala, 34775 Rumford Ter, Union City, CA 94587
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
This statement was filed with the County Clerk of Alameda County on October 10, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/18, 10/25, 11/1, 11/8/16

CNS-2935183#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 523319
Fictitious Business Name(s):
Berkeley Academy, 43505 Mission Blvd., Fremont, CA 94539, County of Alameda
Registrant(s):
Edumax, Inc., 40963 Olmstead Terr, Fremont, CA 94538, California
Business conducted by: a corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
This statement was filed with the County Clerk of Alameda County on October 10, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/18, 10/25, 11/1, 11/8/16

CNS-2935181#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 523123
Fictitious Business Name(s):
D Rod The HandyMan, 5042 Chelsea Drive, Newark, CA 94560, County of Alameda
Registrant(s):
David Rodriguez, 5042 Chelsea Drive, Newark, CA 94560
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
This statement was filed with the County Clerk of Alameda County on October 3, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/11, 10/18, 10/25, 11/1/16

CNS-2933686#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 522551
Fictitious Business Name(s):
John's Incredible Pizza Co., 2129 Newpark Mall, Newark, CA 94560, County of Alameda
Mailing address: 22342 Avenida Empresa, Suite 220, Rancho Santa Margarita, CA 92688
Registrant(s):
JPC Newark LLC, 22342 Avenida Empresa, Suite 220, Rancho Santa Margarita, CA 92688; CA
Business conducted by: A Limited Liability company
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a

misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
This statement was filed with the County Clerk of Alameda County on September 27, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/11, 10/18, 10/25, 11/1/16

CNS-2933022#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 522978
Fictitious Business Name(s):
Meet Transport, 27475 Hesperian Blvd. Apt #27, Hayward, CA 94545, County of Alameda
Mailing address: P.O. Box 56, Hayward, CA 94557
Registrant(s):
Kulwinder Singh, 27475 Hesperian Blvd Apt #27, Hayward CA 94545
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
This statement was filed with the County Clerk of Alameda County on September 28, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/4, 10/11, 10/18, 10/25/16

CNS-2930907#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 522499
Fictitious Business Name(s):
Mioiki Sushi, 3924 Decoto Rd Fremont CA 94555, County of Alameda
Registrant(s):
Teh Tsai Wang, 1201 S. Main St. #245, Milpitas CA 95035
Mihce Bae, 1201 S. Main St #245, Milpitas CA 95035
Business conducted by: Married couple
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
This statement was filed with the County Clerk of Alameda County on September 13, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/4, 10/11, 10/18, 10/25/16

CNS-2930905#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 522643
Fictitious Business Name(s):
Vung Tau, 6092 Mowri Ave., Newark, CA 94560, County of Alameda
Registrant(s):
Narmdo, Inc. 237 Summerfield Dr., Milpitas, CA 95035; California
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 01 Sep 2016
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
This statement was filed with the County Clerk of Alameda County on September 16, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/4, 10/11, 10/18, 10/25/16

CNS-2930901#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 522955
Fictitious Business Name(s):
Mum Sports, 41431 Albrae St., Fremont, CA 94538, County of Alameda; Mailing Address: Same
Registrant(s):
ARFPEL, LLC, 41431 Albrae St., Fremont, CA 94538; California
Business conducted by: a Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on Sept./1/ 2016
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
This statement was filed with the County Clerk of Alameda County on September 27, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/4,

PUBLIC NOTICES

continued on page 42

date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 10/4, 10/11, 10/18, 10/25/16

CNS-2930143#

GOVERNMENT

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
PLANNING COMMISSION

NOTICE IS HEREBY GIVEN THAT THE PLANNING COMMISSION OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 7:00 P.M., ON THURSDAY, NOVEMBER 10, 2016 AT THE COUNCIL CHAMBERS, CITY HALL, 3300 CAPITOL AVENUE, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

ACCESSORY DWELLING UNIT REGULATIONS – PLN2016-00239 - To consider a Zoning Text Amendment to create standards and regulations for "junior" accessory dwelling units and amend existing standards and regulations pertaining to accessory dwelling units to provide consistency with recently enacted State law, and to consider an exemption from the requirements of the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15061 as the proposed amendments do not have the potential for causing a significant effect on the environment. Project Planner – Wayland Li, (510) 494-4453, wli@fremont.gov

EAST BAY REGIONAL PARK DISTRICT ACQUISITION – Ardenwood Boulevard – PLN2017-00075 - To consider a Finding of General Plan Conformity for the East Bay Regional Park District's acquisition of one parcel totaling approximately 10 acres from the Patterson Ranch property owners, and to consider an exemption from the requirements of the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15378 as the finding does not meet the definition of a project. Project Planner, Spencer Shafsky, (510) 494-4452, sshafsky@fremont.gov

For further information on any of the above items, call (510) 494-4440 and request to speak with the project planner in charge of the particular project.

* NOTICE *

If you challenge the decision of the Planning Commission in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Planning Commission at, or prior to, the public hearing.

WAYNE MORRIS, SECRETARY
FREEMONT PLANNING COMMISSION

CNS-2938466#

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
ZONING ADMINISTRATOR

NOTICE IS HEREBY GIVEN THAT THE ZONING ADMINISTRATOR OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 3:00 P.M., ON MONDAY, NOVEMBER 7, 2016, AT THE CITY OF FREMONT DEVELOPMENT SERVICES CENTER, RANCHO HIGUERA CONFERENCE ROOM, 33550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

EXCELITAS H2, N2, O2 SYSTEMS – 44370 Christy Street – PLN2016-00273 - To consider a Zoning Administrator Permit for a high intensity hazardous materials use to allow installation three permanent liquefied hydrogen, nitrogen and oxygen systems in the Bayside Industrial Community Planning Area, and to consider a categorical exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15311, Accessory Structures. Project Planner – James Willis, (510) 494-4449, jwillis@fremont.gov

* NOTICE *

If you challenge the decision of the Zoning Administrator in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Zoning Administrator at, or prior to, the public hearing.

KRISTIE WHEELER
ZONING ADMINISTRATOR

CNS-2938463#

CITY COUNCIL OF THE
CITY OF UNION CITY
NOTICE OF
PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held by the Planning Commission of the City of Union City for the purpose of considering the following application:

Site Development Review (SD-16-004)

The applicant, HP-A Union City, LLC, is seeking approval of Site Development Review (SD-16-004) to develop a parking lot and associated site improvements on a vacant 2.9-acre triangular piece of land between the US Cold Storage warehouse building at 33400 Dove Avenue and Alvarado-Niles Road (Assessor's Parcel Number: 475-111-41, 475-111-42). The parking lot site is located in the MS (Special Industrial) Zoning District.

At its public hearing held October 20, 2016, the Planning Commission voted 4-0 to recommend approval of the project to the City Council.

NOTICE IS ALSO GIVEN that a Mitigated Negative Declaration was prepared for the project, which determined that the project would not result in any significant environmental impacts with the incorporation of mitigation measures.

This item will be heard at a public hearing by the City Council at the meeting listed below. You may attend the meeting and voice your comments in person, or you may submit comments in writing prior to the hearing. The project planner, Avalon Schultz, can be reached at (510) 675-5321 or via email at avalons@unioncity.org.

CITY COUNCIL MEETING
Thursday, November 10, 2016

Said hearing will be held at
7:00 p.m.
in the Council Chambers of
City Hall,
34009 Alvarado-Niles Road, Union City

The meeting packet, which includes the meeting agenda and staff report for this project, can be accessed on-line on the City's Agendas and Minutes webpage which is located at <http://www.ci.union-city.ca.us/government/city-council-agenda-packets>. Meeting packets are generally available on-line the Friday before the meeting.

City Hall is accessible by Union City Transit lines 1, 3, 5, 6, 8, 9 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please call Union City Transit at (510) 471-1411 and AC Transit or BART at 511. Union City Transit maps and schedules are available at www.uctransit.org.

If you challenge the above described project in court, you may be limited to raising only those issues you or someone else raised at the Planning Commission public hearing for this project or the City Council public hearing, or in written correspondence delivered to the Planning Commission or to the City Council at, or prior to, the public hearing.

JOAN MALLOY
Economic & Community Development Director

10/25/16

CNS-2938550#

CITY OF FREMONT
SUMMARY OF INTRODUCED ORDINANCES

AN ORDINANCE OF THE CITY OF FREMONT ADOPTING BY REFERENCE AND AMENDING THE 2016 CALIFORNIA BUILDING, MECHANICAL, PLUMBING, ELECTRICAL, EXISTING BUILDING, HISTORICAL BUILDING, ENERGY, RESIDENTIAL BUILDING, AND GREEN BUILDING STANDARDS CODE, 2015 INTERNATIONAL POOL AND SPA CODE, AND THE 2015 INTERNATIONAL PROPERTY MAINTENANCE CODE; AND AMENDING FREMONT MUNICIPAL CODE TITLE 15 BUILDING CONSTRUCTION DIVISION 1 FREMONT BUILDING STANDARDS CODE

AN ORDINANCE OF THE CITY OF FREMONT ADOPTING BY REFERENCE AND AMENDING THE 2016 CALIFORNIA FIRE CODE AND AMENDING FREMONT MUNICIPAL CODE TITLE 15 (BUILDING AND CONSTRUCTION) DIVISION 1 (FREMONT BUILDING STANDARDS CODE), CHAPTER 15.35 (FREMONT FIRE CODE) AND REPEALING TITLE 9 (PUBLIC PEACE, MORALS AND WELFARE), CHAPTER 9.20 (FIREWORKS)

AN ORDINANCE OF THE CITY OF FREMONT REPEALING AND REPLACING FREMONT MUNICIPAL CODE SECTIONS 8.40.780 – 8.40.850 REGARDING CONSTRUCTION AND DEMOLITION DEBRIS DIVERSION AND RECYCLING REQUIREMENTS

On October 11, 2016, the Fremont City Council introduced the above Ordinance, adopting by reference and amending the 2016 California Building Standards Code, repealing Fremont Municipal Code (FMC) Chapter 9.20 and amending FMC section 8.40.780 through 8.40.850. The changes to FMC section 8.40.780-8.40.850 incorporate changes in the California Green Building Code to the City's Construction and Demolition Debris Diversion and Recycling Requirements ordinance. Most of the amendments carry forward the existing local amendments to the 2013 California Building Standards Code. The amendments are briefly summarized as follows:

1-Administrative Amendments: These amendments define: the requirements, terms and conditions for applying for and obtaining building permits; the authority of the Building Official and Fire Marshal; the appeals procedure; when the submission of plats of survey and soil and structural observation are necessary; and the licensing conditions for issuance of certificates of occupancy.

2-Soils Reports, Investigation and Soils Observation: The amendments in this area are identical to current local amendments. Amendments are added to clarify when soil reports and liquefaction evaluation are required.

3-Structural Inspection and Structural Observation: The amendments concerning structural inspection and structural observation respond to the unique hazards associated with Fremont's proximity to the Hayward fault and carry forward current local requirements.

4-Roof Coverings: This amendment requires that the fire resistance of roof materials be certified. Concrete and clay tile roof must attach to solid decking.

5-Fire Resistant Construction, Occupancy Separation and Exiting: These amendments extend fire resistivity and occupancy separation requirements similar to those adopted by the State Fire Marshal (SFM) to office and business occupancies (B), factories (F), storages and parking garages (S), and single family homes (R3), mercantile (M) and other miscellaneous and utilities (U) buildings. These amendments also affect the construction of high-rise buildings and exterior walls; maintain fire resistance of walls separating sleeping units in multi-unit residential buildings and duplexes; do not allow a reduction of rated floor or wall assemblies from 1 hour to ½ hour in all duplex and multi-residential occupancies when a fire sprinkler is installed (including hotels and motels); require one-hour fire separation between the garage and habitable areas for single family residences, duplexes, apartments, condominiums or townhomes; and require two exits for buildings three stories high and above.

6-Wood Structures and Prescriptive Conventional Construction: Current local amendments disallowing certain types of wall coverings for seismic resisting elements which have performed poorly in recent earthquakes are carried forward.

7-Automatic Fire Extinguishing Systems: Current requirements for Automatic Fire Extinguishing Systems (AFES) are carried forward.

8-General California Fire Code Amendments: Several sections of the California Fire Code (CFC) related to fire sprinkler and fire alarm installation specifications and management of hazardous materials are amended to allow the Fire Department greater flexibility and application of life safety and property conservation controls. These can be summarized as follows:

Fire sprinkler and fire alarm system installation, retrofit and monitoring requirements have been clarified; Seismic shut-off valves for natural gas service are required on new residential construction and as a retrofit, item on remodel projects exceeding \$10,000 in valuation. Spill control and secondary containment mechanisms are required for a wider range of hazardous materials and at lower amount thresholds; Fireworks and Pyrotechnic Special Effects sections have been amended to carry forward language consistent with the City's continued ban on the sale and possession of "Safe and Sane Fireworks" and supersede the City's current Fireworks ordinance, Chapter 9.20; and, Additional construction and monitoring requirements have been added for hazardous materials with CFC health hazard classifications of 3 and 4, mainly the toxic and highly toxic materials. Some flammable and oxidizing materials will also be covered by these changes.

9-Structural. Amendments to structural requirements in the Building Code include: seismic design requirements for suspended ceilings; disallowance of plain concrete for structural elements; disallowance of staples for shear walls; and requiring the top surface of a stepped footing to be level and reinforced as specified.

10-California Plumbing Code (CPC) Amendments. Amendment to require the installation of an earthquake-actuated gas shutoff valve, designed to shut off the gas to a building to prevent a fire or explosion due to accumulation of gas in a building in the event of an earthquake, has been added. New buildings, alterations and additions over \$10,000, must install these devices. Amendment continues to carry forward the requirements for flexible utility connections in areas prone to liquefaction.

11-California Mechanical Code (CMC) Amendments. The amendments carry forward the requirements of installing flexible utility connections in areas prone to liquefaction and enclosing hoods and ducts with fire rated materials to restrict grease duct fires in the hood and duct and prevent the fire from spreading to the building.

12-California Electrical Code (CEC) Amendments. The amendments carry forward the requirements of installing flexible utility connections in areas prone to liquefaction and using non-ferrous materials for grounding, raceways, and components of electrical systems intended for direct contact with earth to avoid corrosion damage.

13-California Green Building Standards Code (CALGreen) Amendments: The amendments add the requirements of installing Ready EV chargers to reduce community-wide greenhouse emissions attributed to the transportation sector.

14-California Energy Code (CEnc) Amendments: The amendments add requirements to reduce the maximum allowable wattages for lighting in various non-residential outdoor applications for new construction projects and retrofits of over 50 percent of total lighting offering long-term energy savings and the related reduction in greenhouse gas emissions while still maintaining high levels of lighting quality.

15-International Property Maintenance Code (IPMC): The 2015 IPMC replaces the California Housing Code and the Uniform Code for the Abatement of Dangerous Buildings. The appeals sections will be replaced with a reference to the appeals procedure in the Neighborhood Preservation Ordinance, FMC Section 8.40.120 to 8.60.150. Under this appeal process, a hearing officer, rather than the City Council, decides appeals by citizens of actions by the Building Official and his staff, including declaring buildings unsafe (red tag) and determining whether a building is a nuisance that requires abatement. The process, whereby appeals are heard by a hearing officer, is currently in place and has been successfully used for several years for enforcement of other FMC Ordinances.

16-California Residential Building Code (CRC): The 2016 CRC amendments carry forward similar administrative and structural changes to the California Building Code. They include requirements for fire-sprinklers, fire separation

between garage and dwelling, and prohibiting the use of brittle materials for bracing of dwellings.

17-California Building Standards Code (CBCS) and 2015 IPMC Appendix Chapters: The following CBCS and IPMC Appendix Chapters are adopted as follows: CBC - Appendix Chapter C (Agricultural Buildings), F (Rodent Proofing), and I (Patio Covers); CRC – Appendix Chapter H (Patio Covers), J (Existing Buildings), K (Sound Transmission), and V (Swimming Pools and Spas); CMC - Appendix Chapter B (Gas Equipment), C (Oil/Liquid Fuel-Fired Equipment), and D (Fuel Supply at Mobile Home Parks and Recreation Vehicles); CPC - Appendix Chapters A (Water Supply System Sizing), B (DWV sizing), D (Storm Water System Sizing), and L (Sustainability in Plumbing); CECB - Appendix Chapter A3 (Seismic Strengthening of Cripple Walls); IPMC-Appendix Chapter A (Boarding Standards).

18- FMC Sections 8.40.780 – 8.40.850: The 2016 California Green Building Code contains construction waste management provisions to reduce the amount of waste from construction that otherwise would be sent to landfills and requires 65% recycling from all new construction, all commercial renovations and all residential additions and alterations. The amendments to FMC Chapter 8.40, the Construction and Demolition Debris Diversion and Recycling Requirements Ordinance, incorporate these changes and modify the thresholds for covered projects.

There have been on file for at least 15 days preceding the date of the public hearing, and there are now on file a copy of a document entitled "Fremont Municipal Code, Title 15, Division 1" together with a copy of each of the secondary codes therein adopted by reference, in the office of the City Clerk, 3300 Capitol Avenue, Fremont, and is available for review upon request. The second reading for adoption is currently scheduled for November 1, 2016, at 7:00 pm, at City Hall, 3300 Capitol Avenue, Fremont.

SUSAN GAUTHIER, CITY CLERK

10/25/16

CNS-2938512#

CITY OF FREMONT
PUBLIC HEARING

Notice is hereby given that the City of Fremont City Council will hold a public hearing to consider the following proposals. Said public hearing will be held at 7:00 p.m., Tuesday, November 8, 2016, Council Chambers, 3300 Capitol Ave., Bldg. A, Fremont, CA, at which time all interested parties may attend and be heard:

COMMUNITY CHOICE AGGREGATION
Public Hearing (Published Notice) to Introduce an Ordinance Implementing Fremont's Participation in the East Bay Clean Energy Authority Community Choice Aggregation Program

FY 2014/15 CDBG FUNDING RECOMMENDATION AND FY 14/15 AND FY 16/17 ACTION PLAN AMENDMENTS
Public Hearing (Published Notice) on the Use of Federal Community Development Block Grant Funds for FY 2014/15, Adoption of a Resolution Approving the FY 2014/15 and FY 16/17 Action Plan Amendments, and Authorizing the City Manager to Execute Agreements with CDBG Grantees

If you challenge any decision of the City Council in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Council at, or prior to, the public hearing.

SUSAN GAUTHIER, CITY CLERK

10/25/16

CNS-2938501#

PUBLIC HEARING NOTICE

On November 8, 2016, at or after 7:30 p.m. in the Council Chambers, 37101 Newark Blvd., Newark, CA, the Planning Commission will hold a public hearing to consider:

A conditional use permit, U-16-16, to allow for a college, DeVry University, to operate in an existing building located at 8000 Jarvis Avenue (APN: 337-853-38).
Details available at the Planning Department, 37101 Newark Boulevard, Newark, CA, 94560, and by calling (510) 578-4208.
If you challenge a City action in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Newark Planning Commission at, or prior to, the public hearing.
TERRENCE GRINDALL
Assistant City Manager
10/25/16

CNS-2938399#

NOTICE OF
PUBLIC HEARING
TO CONSIDER BECOMING THE
GROUNDWATER SUSTAINABILITY AGENCY
FOR THE NILES CONE
GROUNDWATER BASIN

For over 100 years, Alameda County Water District (ACWD) has managed the groundwater of the Niles Cone Groundwater Basin (Niles Cone Subbasin 2-001) through comprehensive programs that protect and improve water supplies for all groundwater users. The Sustainable Groundwater Management Act (SGMA), which was passed by the state legislature in 2014, established a new structure for groundwater management, recognizing that groundwater management is best accomplished locally.

ACWD is identified within SGMA as an agency created by statute to manage groundwater and deemed to be the exclusive local agency within its statutory boundaries with powers to comply with SGMA. ACWD is proposing to become the Groundwater Sustainability Agency (GSA) for the Niles Cone Groundwater Basin and to continue existing groundwater management under SGMA, in addition to other recognized regulatory authority. SGMA provides various authorities to GSAs to promote sustainable groundwater management including the ability to meter wells and fund and implement groundwater management projects. While many of these authorities have been available to ACWD for many years under the Replenishment Assessment Act of Alameda County Water District, SGMA provides additional authority that may further the ability to sustainably manage the Niles Cone Groundwater Basin. On October 1, 2016, ACWD's Board of Directors adopted Resolution No. 16-061 to set a public hearing to consider becoming the Groundwater Sustainability Agency for the Niles Cone Groundwater Basin. For information regarding SGMA, the resolution, or the public hearing please visit ACWD's website at: <http://www.acwd.org>.

Public Hearing

Staff will be making a presentation on the formation of a Groundwater Sustainability Agency before the public hearing to present key facts and details pertaining to the management of the Niles Cone Groundwater Basin and SGMA. After the presentation, the ACWD Board of Directors will hear and consider public comments, if any, and consider the formation of a Groundwater Sustainability Agency. Following the conclusion of the hearing, the Board of Directors may decide whether to become the Groundwater Sustainability Agency for the Niles Cone Groundwater Basin.

The public hearing will be held at the ACWD office on:

Thursday, November 10, 2016
6:00 P.M.
Alameda County Water District
43885 S. Grimmer Boulevard
Fremont CA 94538

For more information about SGMA or this public hearing, please contact:

Ms. Michelle Myers
Groundwater Resources Manager
Alameda County Water District
43885 S. Grimmer Boulevard
Fremont CA 94538
Phone number: (510) 668-4454
Facsimile number: (510) 651-1760
Email address: michelle.myers@acwd.com
10/18, 10/25/16

CNS-2936600#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg B, Fremont, California, up to the hour of 2:00 PM on November 10, 2016, at which time they will be opened and read out loud in said building for:

**2016 RECURBISHMENT PROJECT - AQUA
ADVENTURE WATER PARK**

Provide labor, necessary equipment and materials to refurbish a Whitewater West AquaPlay 250 with tipping bucket and Splashmaster four slide complex including access tower.

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Santa Clara located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwellat www.e-arc.com/ca/santaclara, Phone:(408) 295-5770. No partial sets will be issued and is non-refundable. Call to confirm availability of copies before coming to

pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

Sandy Smith
Purchasing Division
CITY OF FREMONT
10/18, 10/25/16

CNS-2935691#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on November 8, 2016, at which time they will be opened and read out loud in said building for:

**FREMONT BOULEVARD WIDENING
PROJECT-PHASE II-STRUCTURAL
CITY PROJECT 8661(PWC)**

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT
PURCHASING DIVISION
CITY OF FREMONT
10/18, 10/25/16

CNS-2934444#

PUBLIC HEARING
NOTICE AND SUMMARY
OF AN ORDINANCE TO
BE ADOPTED BY THE
NEWARK CITY COUNCIL

NOTICE IS HEREBY GIVEN THAT THE City Council of the City of Newark, at its City Council meeting of Thursday, November 10, 2016, at or near 7:30 p.m. in the Council Chambers, Sixth Floor, City Administration Building, 37101 Newark Boulevard, Newark, California, will hold a public hearing to consider the following:

Approval to make a finding that City modifications to the 2016 California Building Standards Codes adoption are reasonably necessary because of local climatic, geological, or topographical conditions and hearing to consider amending the Newark Municipal Code Title 15 (Building and Construction), Article I (Building Regulations), Chapters 15.08 (Building Code), 15.09 (Residential Code), 15.10 (Mechanical Code), 15.12 (Electrical Code), 15.16 (Plumbing Code), 15.18 (California Reference Standards Code), 15.20 (California Historical Building Code), 15.21 (California Existing Building Code), 15.22 (California Energy Code), 15.23 (California Green Building Standards Code), Article II (Miscellaneous Regulations), Chapter 15.32 (Fire Prevention), (MOTION) (ORDINANCE)

The proposed ordinance is available for public inspection in the Office of the City Clerk, City Administration Building, 37101 Newark Boulevard, Newark, California, during regular business hours on weekdays. All interested parties may attend the meeting and be heard.
If you challenge a City action in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice or in written correspondence delivered to the City Council at, or prior to, the public hearing.
SHEILA HARRINGTON City Clerk
Publication: The Tri City Voice, October 25, November 1, and November 8, 2016
10/25, 11/1, 11/8/16

CNS-2933894#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
JEFFREY M. DRAKE
CASE NO. RP16-814325

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Jeffrey M. Drake aka Jeffrey Melton Drake

A Petition for Probate has been filed by Marilyn J. Maynard-Drake in the Superior Court of California, County of Alameda. The Petition for Probate requests that Marilyn J. Maynard-Drake be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on Dec 6, 2016 at 9:30 AM in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Carl A. Sundholm, Esq., 750 Menlo Avenue, Suite 100, Menlo Park, CA 94025, Telephone: (650) 473-9050
10/25, 11/1, 11/8/16

CNS-2937878#

NOTICE OF PETITION TO
ADMINISTER ESTATE OF:
WILLIAM FAULKNER
CASE NO. RP16833612

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of WILLIAM FAULKNER. A PETITION FOR PROBATE has been filed by CONNIE DEMMON in the Superior Court of California, County of ALAMEDA. THE PETITION FOR PROBATE requests that CONNIE DEMMON be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows

good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 10/19/16 at 9:30AM in Dept. 201 located at 2120 MARTIN LUTHER KING JR. WAY, BERKELEY, CA 94704.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
MATTHEW A. CORSAUT
CORSAUT LAW GROUP
P.O. BOX 797
RANCHO MURIETA CA 95683
10/18, 10/25, 11/1/16

CNS-2936111#

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
MARGARET A. THOMAS
CASE NO. RP16829153

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Margaret A. Thomas

A Petition for Probate has been filed by George A. McNitt in the Superior Court of California, County of Alameda.

COMMUNITY BULLETIN BOARD

10 lines/\$10/ 10 Weeks
\$50/Year

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

Activities
Announcements
For sale
Garage sales
Group meetings
Lost and found

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The “NO” List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

Tri-City Bike Park
Community group of mountain bikers and BMX bikers.

Come enjoy this activity for adults, teens and toddlers. Help us get this park built! www.newarkparks.org

First Church of Christ Scientist, Fremont

Sunday Service 10am
Sunday School 10am
Wed. Eve Service 7:30pm
Chld Care is available all services. Reading Room Open
Tuesday - Wednesday 1-3pm
1351 Driscoll Rd., Fremont
510-656-8161

Help with Math & Reading

You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. CALL Tom 510-656-7413 TKFEDERICO@SBCglobal.net

SAVE’s Restraining Order Clinics

Free for domestic violence survivors Seeking protective orders
Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday
Call SAVE’s 24-hr Hotline (510) 794-6055 for details www.save-dv.org

FREE AIRPLANE RIDES FOR KIDS AGES 8-17

Young Eagles
Hayward Airport
Various Saturdays
www.vaa29.org
Email for more information youngeagles29@aol.com

Celebration of the Arts Friday - Nov 4

5:30 - 8:30pm
Hayward Arts Council
Hayward City Hall Rotunda
Tickets \$45 advance \$60 at door
Buy tickets www.haywardartscouncil.org
510-538-2787
HAC office 22394 Foothill Blvd.
Thurs-Fri-Sat 10am 4pm

Newark Demonstration Garden

Join a group of Newark residents to spearhead a demonstration garden in Newark. We’re currently selecting a site. We need your help! Angela at info@newarkparks.org <https://www.facebook.com/groups/NewarkDemonstrationGarden/>

New Dimension Chorus Men’s 4 Part Vocal Harmony In the “Barbershop” style

Thursdays at 7pm
Calvary Luther Church
17200 Via Magdalena
SanLorenzo
Contact: ndchorus.org
510-332-2481

Learn Basics of Import/Export from SCORE,

5 hr. workshop Sat. Oct 8 8:15am -1:30pm
Fremont Chamber of Commerce
39488 Stevenson Pl., Fremont
For Details go to: <http://www.eastbaySCORE.org/export-import> or Send \$55 check to East Bay SCORE, 492, 9th St, Ste 350, Oakland, CA 94607

FREMONT STAMP CLUB

SINCE 1978
Meets 2nd Thurs. each month 7pm
Cultural Arts Center
3375 Country Dr., Fremont
Everyone is welcome. Beginners to Advanced. For questions or more information: www.fremontstampclub.org/ or call Dave: 510-487-5288

Travel with Friends

Choose from many home stays with Friendship Force club members around the world. Share our way of life with visitors & make new friends on 5 continents. Enjoy variety of Bay Area Activities www.ffsfb.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857

Newark Skatepark

Join a group of Newark skaters and parents of skaters to spearhead a skatepark in Newark. We have a business plan. Now we need your help to execute on it! Angela at info@newarkparks.org <https://www.facebook.com/groups/NewarkSkatepark/>

Our Savior Preschool Come learn & play with us

858 Washington Blvd. Fremont
Students: 2 1/2-5 years
Part time classes 9am-12pm
Full time classes 7am-6pm
Licensed Facility #010204114
Call Marianne: 657-9269 [oslpfremont@gmail](mailto:oslpfremont@gmail.com) www.oslps.com

SAVE’s Domestic Violence Support Groups

FREE, compassionate support
Domestic violence survivors
Drop-in, no reservations needed
Every Tues & Thurs 6:45-8:45 pm
Every Friday 9:15 to 11 am
1900 Mowry Avenue, Fremont (510) 574-2250 or 24-hour Hotline (510) 794-6055 www.save-dv.org

SAVE’s Empowerment Ctr. Services

FREE for domestic violence survivors.Need support, a place to heal, or referrals? SAVE can help! Advocacy, workshops, counseling & more
24-hour Hotline: (510) 794-6055
Advocate: (510) 574-2256
1900 Mowry Ave., #201,Fremont www.save-dv.org

Serious Mental Illness Free 12 week course for caregivers of someone with a serious mental illness - Start Jan 7 9am-11:30am

Registration Required
Contact: Joe Rose 510-378-1578
Email: F2F@NAMIlacs.org <http://www.NAMIlacs.org> <http://www.NAMI.org>

Newark Parks Foundation

The Foundation mobilizes financial and community support to deliver thriving, accessible, supported, and varied parks, open spaces, and recreational opportunities for a healthy and united Newark. Seeking Board of Directors and Honorary Board members. info@newarkparks.org

SONS OF ITALY Social Club for Italians And Friends

1st Friday of month (No meetings July/Aug/Dec)
5:30 social hour
6:30 potluck dinner (\$5)
Newark Pavilion Bld. 2 (Thornton Ave & Cherry St.) Newark
Info Mary 510-739-3881 www.giuseppemazzini.org

Interested in Taking Off Pounds Sensibly Join our TOPS Support Team Thursdays - 10am

35660 Cedar Blvd., Newark
We are a friendly and fun non-profit support group, sharing the same goals. co-ed group ALL are welcome! Contact Shirley at Shirley3163@sbcglobal.net

Newark Trash Pickup Crew

Get to know your Newark neighbors
Get a bit of exercise and help make Newark look great
Join us! <https://www.facebook.com/groups/newarkTrash/>

FOE EDEN AUX 1139 AUTUMN TEA SAT NOV 5 - 11AM-1PM

Eagles Hall
21406 Foothill, Hayward
benefits 5 local charities at Christmas. Reserve by Oct 29, \$15 person
Call Glenda 510-584-1568

English Conversation Cafe

Improve your Conversation Skills
Small groups with native speakers
Tuesdays 7-8:30pm
Next Session Starts Jan/20th
Only \$20 for 10 weeks
@Bridges Community Church
505 Driscoll Rd., Fremont
ESL@bridgescc.org
510-651-2030

Vengan a participar en festividades de alegria para toda la familia Cosecha de Olivois Sabado, 5 dc noviembre 9am-1pm

Dominican Sisters Motherhouse
43325 Mission Circle, Fremont
acceso por off Mission Tierra Pl.
Cafe chocolate caliente y barbarcoa gratis para los segadores

"Discover Your Voice" Tri- City Youth Chorus Grades 5-8 Sing Contemporary Music

Learn Vocal Skills, Have Fun!
Gifted Director
Meets Thursdays at 4:15
No Auditions
tricityyouthchorus.weebly.com

Most Joyful Volunteer work
LIFE ElderCare – VIP Rides
Drive seniors to appts/errands 4 hrs/month
Flexible scheduling.
Call Valerie 510-574-2096 vdraeseke@fremont.gov www.LifeElderCare.org

ABWA-Pathfinder Chap. American Business Women’s Assoc.

provides opportunities for women personally & professionally thru leadership, education, networking
Dinner Meetings: 3rd Wednesday each month. Spin A Yarn Rest. (Fremont): 6:30-9:00 pm
Call Harriet 510-793-7465 www.abwa-pathfinder.org

League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org

Free meetings to inform the public about local, regional and statewide policy issues.
Participate in non-partisan in-depth, discussions with guest speakers at our meetings.
All sites are wheelchair accessible

League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org

Free meetings to inform the public about local, regional and statewide policy issues.
Participate in non-partisan in-depth, discussions with guest speakers at our meetings.
All sites are wheelchair accessible

Tri-City Ecology Center

Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org
Office open Thursdays, 11am-2pm
3375 Country Dr., Fremont 510-793-6222

FREMONT COIN CLUB

Established 1971
Meets 2nd & 4th Tues 7pm
At the Fremont Elks Lodge
38991 Farwell Dr., Fremont
All are welcome, come join us www.fremontcoinclub.org
510-792-1511

Hayward Art Council

22394 Foothill Blvd., Hayward 510-583-2787 www.haywardarts.org
Open Thurs. Fri. Sat. 10am-4pm
Foothill Gallery, John O’Lague Galleria, Hayward Area Senion Center Exhibit Hall, Alameda County Law Library
Hayward branch
All open to the public

Struggling with Mental Health Challenges? Get Support !

NAMI the National Alliance on Mental Illness of Alameda County offers free support groups and classes about living and coping with mental illness.
Contact Kathryn at (408) 422-3831
Please leave a message

Afro-American Cultural & Historical Society, Inc.

Sharing ur culture and history in the Tri-Cities and surrounding area
Meetings: Third Saturday Except Dec & Feb
5:30pm Newark Library
510-793-8181 www.aachsi.com
We welcome all new members

Troubled By Someone's Drinking? Help is Here!

Al-Anon/Alateen Family Groups
No cost program of support for people suffering from effects of alcoholism Call 276-2270 for meeting information or email Easydudz@gmail.com www.ncwsa.org

Fremont Area Writers

Like to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except in July and December at DeVry University, 6600 Dumbarton Circle, Fremont. www.cwc-fremontareawriters.org

Come Join Us Tri Cities Women’s Club

Meets on the third Tuesday Elk’s Club on Farwell Dr. 9:30 – Cards, 12:00 – Lunch 1:00 – Program and Meeting
We also have bridge, walking, Gourmet dining groups, And a book club.
For info. Call 510-656-7048

Tri-City Society of Model Engineers

The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org

FOOD ADDICTS IN RECOVERY - FA

- Can’t control the way you eat?
- Tried everything else?
- Tired of spending money?

Meeting Monday Night 7pm
4360 Central Ave., Fremont
Centerville Presbyterian Church
Family Ed. Bldg. Room E-204
www.foodaddicts.org

Mission Peak Fly Anglers Fishing Club

Meets 4th Wed. each month @7pm - Silliman Aquatic Center
680 Mowry Ave., Newark
Call Steve 510-461-3431 or 510-792-8291
for more information www.missionpeakflyanglers.org

Fremont Cribbage Club

teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza
37480 Fremont Blvd., Centerville
Email:Accgr43@gmail.com
American Cribbage Congress
www.cribbage.org

Newark Demonstration Garden

Join a group of Newark residents to spearhead a demonstration garden in Newark. We’re currently selecting a site. We need your help! Angela at info@newarkparks.org <https://www.facebook.com/groups/NewarkDemonstrationGarden/>

New Dimension Chorus Men’s 4 Part Vocal Harmony In the “Barbershop” style

Thursdays at 7pm
Calvary Luther Church
17200 Via Magdalena
SanLorenzo
Contact: ndchorus.org
510-332-2481

continued from page 36

COMMUNITY BULLETIN BOARD

	“Neighborhood Village” Non-profit to help people stay in their homes as they age Eden Area Village is developing a non-profit membership group to serve Hayward, Castro Valley & San Lorenzo area. Public outreach meeting held 1st Friday each month - 2pm Hayward City Hall 777 B Street, Hayward	SUCCULENTS FOR SALE Lots of variety located in Newark Multiple medleys. Arrangements. Home or office decor. Great Gifts Prices range from \$5-25 Discounts applied to large quantity purchases. Contact: 5foot1designs@gmail.com	Come Join the family fun & festivities - Annual Public Olive Harvest! Sat. Nov 5 - 9am-1pm Dominican Sisters Motherhouse 43325 Mission Circle, Fremont enter off Mission Tierra Pl. New Dominican Center Coffee, hot chocolate & free BBQ provided for harvesters	“Giftique” October 29th, 9:30-3:00pm Boutique featuring over 40 tables of unique gifts and decorations! 38325 Cedar Boulevard, Newark Contact: cbncboutique@gmail.com
Support Our Veterans Nov 11 - 6pm -8:30pm Fundraiser to support veterans being deported from this country Food, Wine, Coffee, Raffle Tickets Prizes - \$25 donation appreciated Info: 510-862-2347 Our Lady of the Rosary Church 703 C St., Union City	Holiday Boutique and Sweet Shop Friday, Nov 4, 2016 9 a.m. -3 p.m. Handcrafted Items Fremont Senior Center 40086 Paseo Padre Parkway Fremont 510-790-6600	CRAFTERS! Sign up for “Giftique” in Newark October 29 9:30-3pm Contact Vicki 510-589-1167 or cbncboutique@gmail.com	Dominican Sisters Holiday Boutique Nov. 19 & 20 Sat & Sun 10am-4pm 43325 Mission Circle, Fremont enter off Mission Tierra Pl. New Dominican Center Dominican Fruitcakes & Olive Oil Variety of Homemade Goods www.msjdominicans.org	Boutique Navideño de las Hermanas Dominicans 19y 20 de noviembre, Sabado y Domingo 10-4pm 43325 Mission Circle, Fremont acceso por off Mission Tierra Pl. Nuevo Centro Dominicain Pasteles de fruta navideño hechos por las dominicas y aceite de olivos www.msjdominicans.org
Sun Gallery Holiday Boutique Nov 17 - Dec 18 4 weeks Thurs - Sun Supports Childrens Arts Programs Call for Crafters & Artists 1015 E St Hayward sungallery@comcast.net 510-581-4050 Reception TBA on Saturday	Enjoy a FUN HEALTHY activity LEARN TO SQUARE DANCE KEEWAY SWINGERS SQUARE DANCE CLUB-BEGINNER’S CLASS starts Thursday, Sept 15 Niles Veterans’ Memorial Bldg. 37154 2nd St. Fremont First 3 Thursdays are FREE 510-471-7278-408-263-0952 www.keewayswingers.com	Become a Passport to Adventure Historian Visit any of our nine Historic Locations to begin. Get your passport punched. Receive your Certificate. Ongoing program starts September 10, 2016 Follow us on facebook	Holiday Art & Craft Fair Sat. Nov 5 - 9am-3pm Kenneth C Aitken Senior & Community Center 17900 Redwood Rd., Castro Valley One of a kind crafted items Proceeds for Art & Special Needs Programs 510-881-6738 www.haywardrec.org	Homer, Alaska 1988 Friends Looking to reconnect with friends from Summer 1988. Camped out in Homer Alaska. Please text identifying information to 408-835-1857
CRAFTERS Seeking quality Arts & Crafts Vendors for our Holiday Boutique in Fremont Saturday, Dec 3 - 10am-5pm Sponsored by American High PTSA Contact Olga 510-364-2284 or holidayvendors@americanhighptsa.org		Tea & Treasures Saturday - Nov 5 60+ Vendors Holiday Boutique 9am-3:30pm Presented by Women’s Ministries Tea Room - 11am-2:30pm Centerville Presbyterian Church 4360 Central Ave., Fremont (Across from DMV)		AHS Holiday Boutique Sat. Dec. 3 10am-5pm Artesian Vendors Baked Goods Fresh trees & Wreaths American High School 36300 Fremont Blvd. Fremont Proceeds benefit the class of 2017 Safe & Sober Grad Nite seniors@americanhighptsa.org

Newark Police Log

SUBMITTED BY
CMDR. MIKE CARROLL,
NEWARK PD

Thursday, October 13
At 5:00 a.m. Officer Warren investigated a reported stolen 2000 Chevrolet Astro Van, license 4LHA146 on the 38200 block of Guava Drive. There are no suspects at this time.

Friday, October 14
At 6:14 a.m. Officer Fredstrom investigated an auto burglary at the Comfort Inn, 5977 Mowry Avenue. Five Stihl chainsaws and a leaf blower (total value of \$8,300) were taken from the vehicle.

At 6:46 p.m. Officer Jackman accepted the citizen’s arrest of a shoplifter in custody at Macys, NewPark Mall. The suspect was arrested for theft, possession of burglary tools and possession of drug paraphernalia. The suspect, a 30 year old male from Addy, Washington was booked into the Santa Rita Jail.

At 8:11 p.m. Officer Jackman accepted the citizen’s arrest of a shoplifter in custody at Macys, NewPark Mall. The 26 year old El Cerrito female was issued a citation and released.

Saturday, October 15
At 8:40 a.m. Officer Musantry investigated a commercial burglary at Arnold Tax Service, 6347 Thornton Avenue. The loss is unknown at this time.

At 10:59 a.m. Officer Nobbe investigated a burglary that occurred at Public Storage, 6800 Overlake Place. The loss is unknown at this time.

Sunday, October 16
At 7:16 a.m. Officer Nobbe investigated a vandalism case on the 7800 block of Wells Avenue. The victim’s vehicle tires were slashed. There are no suspects at this time.

At 8:46 a.m. Officer Nobbe investigated a burglary at C & Y Global Group, 6565 Smith Avenue. The loss was copper wire. There are no suspects at this time.

At 9:38 a.m. Officer Mapes recovered a reported stolen Chevy Silverado on the 8000 block of Wells Avenue. The registered owner was notified of the recovery.

At 9:38 a.m. Officer Mapes investigated a burglary at the Sycamore Bay Apartments, 37171 Sycamore Street. A construction trailer had been broken into. The loss was three paint sprayers and a power washer. There are no suspects at this time.

At 12:11 p.m. Community Service Officer Verandes investigated an auto burglary that occurred on the 6100 block of Thornton Avenue. The loss was a suitcase. There are no suspects at this time.

At 3:29 p.m. Officers responded to a disturbance on the 3700 block of Spruce Street. A 58 year old Newark male was arrested for battery and booked into the Fremont Jail.

At 6:45 p.m. Officer Ackerman responded to Macys, NewPark Mall for a reported theft. Macys Loss Prevention reported that a male subject entered the store, grabbed a stack of jeans and fled. The investigation is ongoing.

Tuesday, October 18
At 4:25 a.m. Officer Smith responded to the 35000 block of Buckingham Court to investigate a stolen 1992 Nissan Pickup, CA License 66040E1. Also stolen was a Green Trek Mountain Bike and miscellaneous vehicle parts. There are no suspects at this time.

At 8:41 a.m. Community Service Officer Verandes investigated a stolen 1993 Dodge Caravan on the 35700 block of Vinewood Street. The vehicle was recovered at 12:47 p.m. on Blackburn Drive at Chapman Drive. The vehicle was released to the registered owner at the scene.

At 9:54 a.m. Officer Arroyo investigated a stolen White 1991 Chevy Silverado Pickup, CA License 4H55581 on the 36800 block of Sycamore Drive.

At 10:56 a.m. Officer Horst investigated a window smash burglary at Kabul Express restaurant, 39698 Cedar Boulevard. The loss was a cash register.

At 11:38 a.m. Officer Slater investigated a vehicle burglary on

the 35100 Block of Buckingham Court. Sometime during the night the victim’s vehicle was broken into. The loss was a wallet and miscellaneous tools. There are no suspects at this time.

At 2:39 p.m. Officer Horst recovered a Honda Odyssey van reported stolen in Berkeley on the corner of Jacaranda Drive and Birch Street.

Wednesday, October 19
At 6:51 a.m. Officer Warren investigated vehicle burglary at the Comfort Inn, 5977 Mowry Avenue. The loss was construction equipment.

At 11:35 a.m. Officer Warren investigated the theft of a 2010 Mercedes from Premier Kia, 5633 John Muir Drive. The suspects used forged documents to purchase the vehicle. The investigation is ongoing.

At 4:47 p.m. Officer Lopez responded to Moo Hardware, 36601 Newark Boulevard, for a “Grab and Run” theft. The loss was a leaf blower. The investigation is ongoing.

At 6:30 p.m. Officer Cervantes responded to Victoria’s Secret, NewPark Mall, for a reported theft. The loss was approximately \$2900 in clothing.

At 7:19 p.m. Officer Homayoun investigated a mail theft case from a community mailbox on the 39900 block of Parada Street

San Leandro appoints Police Chief and Assistant City Manager

SUBMITTED BY
SBEYDEH VIVEROS-WALTON

After a six month review of their interim assignments, City Manager Chris Zapata announced that Jeff Tudor was appointed as Police Chief and Jeff Kay as Assistant City Manager. “I’ve worked with both of them since 2012 and I’ve been able to observe their commitment to public service and to the City,” said Zapata. “It is clear that they are both ready to become executive leaders in our organization.”

“I’m truly honored and appreciative to be appointed as the Chief of Police of the San Leandro Police Department,” said Tudor who previously served as

Police Captain. “I’m thankful to have the opportunity to serve in the community that guided and mentored me throughout my life and to serve with dedicated people who truly want to make a difference.”

“I’m honored to have the opportunity to continue serving the community in this new role,” said Kay who previously served as the City’s Business Development Manager. “San Leandro is poised for great things and I’m excited to be a part of it.”

The Police Chief is an unrepresented at-will appointment and the Assistant City Manager’s position will fall into the San Leandro Management Association bargaining group.

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continued from page 39

PUBLIC NOTICES

and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as: More fully described in said Deed of Trust. Street Address or other common designation of real property: 37231 Mission Boulevard, Fremont, CA 94536 A.P.N.: 507-0177-006-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$

472,204.04. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien

being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property. NOTICE OF TRUSTEE'S SALE Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt. NOTICE TO PROPERTY OWNER: The sale date

shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this Internet Web site <http://www.altisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx> using the file number assigned to this case 2016-01092-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on

the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: October 4, 2016 Western Progressive, LLC, as Trustee for beneficiary C/o 30 Corporate Park, Suite 450 Irvine, CA 92606 Automated Sale Information Line: (866) 960-8299 <http://www.altisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx> For Non-Automated Sale Information, call: (866) 240-3530 Trustee Sale Assistant WESTERN PROGRESSIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. 10/18, 10/25, 11/1/16

CNS-2933362#

Fremont News Briefs

SUBMITTED BY
CHERYL GOLDEN

City of Fremont Welcomes Suzanne Wolf as New Community Services Director

On October 11, Suzanne Wolf joined the City of Fremont as its new Community Services Director.

Suzanne comes to Fremont from the City of San José where she previously served as Deputy Director of Parks, Recreation and Neighborhood Services for five years and held numerous other City of San José leadership positions for 15 years.

With her extensive experience in multiple lines of business including managing sophisticated park, recreation and aquatic facilities in San Jose, along with her entrepreneurial skills, Suzanne is well-prepared for her new role with the City of Fremont. She holds a bachelor's degree from the University of California, Berkeley and a master's degree from the University of Washington.

Suzanne's experience and expertise will be a valuable asset to the Fremont community. The City is thrilled to welcome Suzanne as our Community Services Director.

Fremont Helps Multifamily Residential Properties Become More Energy Efficient

The City of Fremont is pleased to announce that the Bay Area Multifamily Building Enhancements (BAMBE) program is offering technical and financial support to multifamily residential properties to help upgrade inefficient energy systems and water

fixtures.

Through the BAMBE program, eligible properties earn \$750 per unit for upgrades to any of the following: windows, insulation, furnaces, water heaters, lighting, toilets, and appliances. The program also offers no-cost consulting with an energy and water expert that helps property owners customize their improvement package and allows them to use their own contractors.

BAMBE has already proven successful for property owners in Fremont. At the October 4th Fremont City Council meeting, the Priya Living complex was recognized for utilizing the program to install new energy-efficient windows and insulation. The upgrades have reduced energy use by an estimated 13.4 percent and greenhouse gas emissions by 4.67 metric tons.

If you are a property owner of a multifamily residential complex with five or more attached dwelling units, please join the City for a free informational workshop to learn more about the program's offerings.

Informational Workshop Thursday, November 17

12 p.m. to 1:30 p.m.
(Lunch Provided)

City of Fremont Development Services Center

Niles Conference Room
39550 Liberty St.

RSVP: www.BayAreaMultifamily.org/workshops

For more information, visit www.BayAreaMultifamily.org, email multifamily@BayREN.org, or call 855-213-2838.

Help for Those with Early Stage Alzheimer's Comes to Fremont

The City of Fremont Human Services Department, Alzheimer's

Services of the East Bay, and the Dominican Sisters of Mission San Jose have forged a new partnership to serve those diagnosed with early stage Alzheimer's disease and their care partners.

Workshops will be held on Wednesdays beginning November 2 through November 16 on the beautiful grounds of the Dominican Sisters of Mission San Jose in Fremont.

This 3-part series is open to individuals with a diagnosis of Alzheimer's disease or a related dementia who are in the early stages, and their care partners as well. Attendees will learn what a diagnosis of Alzheimer's disease means, how to plan for the future, where to get help, and much more.

For more information or to register for this 3-part series contact Lan Trinh at 408-372-9982 or ltrinh@alz.org.

Startup Grind Fremont

Startup Grind is a global startup community designed to educate, inspire, and connect entrepreneurs. Here are details about the upcoming Startup Grind Fremont event:

Tuesday, November 17: Join us for a conversation with Prashant Shah, Managing Director of TiE LaunchPad, an accelerator for enterprise startups. Prashant is also an active charter member of TiE Silicon Valley (sv.tie.org) and has been an early stage venture investor since 2001.

The November 17 Startup Grind Fremont event will be held from 6:30 p.m. to 8:30 p.m. at Electronics For Imaging (EFI), located at 6700 Dumbarton Circle. For more information or to register for this event, visit www.startupgrind.com/Fremont. Please note there is a fee to attend this event. Tickets are available in advance or at the door.

Startup Grind Fremont holds monthly meetings for startups, entrepreneurs, and VCs to share experiences, learn from each other, and create a "culture of innovation." The monthly chapter meetings include time for networking and a fireside chat with a local CEO.

Installation of LED Streetlights Continues

The City of Fremont continues to upgrade streetlights to energy-saving LEDs as part of their efforts to reduce greenhouse gas emissions, reduce operational costs, and improve roadway visibility through the Vision Zero 2020 program.

All streetlights on Fremont Boulevard between Peralta and Washington boulevards have been upgraded, resulting in a significantly brighter and safer street for both drivers and pedestrians.

This week, crews continue to upgrade Fremont's Ardenwood and Northgate neighborhoods, along with Cabrillo and Brookvale in North Fremont and Warm Springs in South Fremont.

LED streetlight upgrades will continue throughout all Fremont neighborhoods, with the goal of upgrading all streetlights by early 2017. Residents can view a week-by-week neighborhood schedule and accompanying map of the work at www.Fremont.gov/LED-Streetlights.

Join the Cause - Fremont's Habitat Restoration Days for Sabercat Creek

Love nature and serving the community? Join the City of Fremont's Environmental Services for a day of habitat restoration work on Sabercat Creek the first Saturday of every month from 9 a.m. to 12 p.m. Heavy rain cancels the event.

The next day of work will be held on Saturday, November 5. Volunteers will assist with removing invasive plants, planting new native trees and shrubs, and caring for previously-planted ones by refreshing plant basins and installing browse protection cages. This work will help stabilize soils and creek banks, filter pollutants, increase native plant diversity, and improve food and shelter for wildlife.

No experience is necessary. Volunteers of all ages are welcome, and a signed waiver form is required for each participant. Children under 12 years old must be accompanied by an adult. Habitat stewards will guide you through the projects.

Come dressed for the weather and prepared to get dirty (sturdy, closed-toe shoes/boots, long pants, hat, sunscreen, and long-sleeved shirt are recommended). Bring a signed waiver form, a reusable water bottle, and community service hour forms, if applicable. We'll provide tools, some gloves, and water to refill bottles. If you wish to bring your own gloves or tools, please label them.

For complete details and to register visit www.Fremont.gov/SabercatRestoration. Be sure to check the location on the map, and print the map and waiver form. For more information, or to arrange a large group work day, contact Sabrina at ssiebert@fremont.gov or Barbara at bsilva@fremont.gov, or call the Environmental Services Division at 510-494-4570.

Alameda County names Teachers of the Year

SUBMITTED BY
L. AUTUMN KING

At the 27th annual Alameda County Teacher of the Year awards ceremony, held October 6, teachers Veronica Bollwerk of Newark Unified School District and Diana Culmer of Oakland Unified School District were selected to represent Alameda County to compete for the title of 2016-17 California State



Oakland Teacher.jpg: (L to R): Ken Berrick, Alameda County Board of Education Vice President, Amber Childress, Alameda County Board of Education Trustee, Diana Culmer, OUSD Teacher of the Year winner, L. Karen Monroe, Alameda County Superintendent of Schools

Teacher of the Year. Tri-city area teacher Veronica Bollwerk leads a college preparatory program for students at Newark Memorial High School.

"We are honored to celebrate our Alameda County teachers and highlight the critical work they do," said L. Karen Monroe,

Alameda County Superintendent of Schools. "The impact that a great teacher has on students ultimately extends beyond the classroom and can change communities. I thank all of Alameda County's teachers for the amazing work they do to uplift and empower students on the road



Newark Teacher.jpg: (L to R) Eileen McDonald, Alameda County Board of Education President, Veronica Bollwerk, Newark Teacher of the Year winner, L. Karen Monroe, Alameda County Superintendent of Schools

to college and career success." The celebratory event, hosted at the Castro Valley Center for the Arts was attended by close to 300 people including the winners' families, school and district leaders, elected officials, and

community members. All 19 district winners were also recognized for their dedication and commitment to the impactful work they do with students. For more information, visit: www.acoe.org

Local student achieves top ACT score

SUBMITTED BY ACT NATIONAL OFFICE

Archit Arora, a senior at Mission San Jose High School Fremont, earned the highest possible ACT (American College Testing) composite score of 36. On average, less than one-tenth of one percent of students who take the ACT earn a top score. In the U.S. high school graduating class of 2016, only 2,235 out of nearly 2.1 million graduates who took the ACT earned a composite score of 36.

The ACT consists of tests in English, mathematics, reading and science, each scored on a scale of 1–36. A student's composite score is the average of the four test scores. Some students also take the optional ACT writing test, but the score for that test is

reported separately and is not included within the ACT composite score.

In a letter to the student recognizing this exceptional achievement, ACT Chief Executive Officer Marten Roorda stated, "Your achievement on the ACT is significant and rare. While test scores are just one of multiple criteria that most colleges consider when making admission decisions, your exceptional ACT composite score should prove helpful as you pursue your education and career goals."

ACT test scores are accepted by all major U.S. colleges. Exceptional scores of 36 provide colleges with evidence of student readiness for the academic rigors that lie ahead.



Adobe announces Design Achievement Award winners



SUBMITTED BY JODI MOURATIS

Early this month, Adobe this week announced the finalists and winners of the 2016 Adobe Design Achievement Awards (ADAA), and Cal State University East Bay student Martin Hoang was selected as a finalist in the Commercial - Photography category for his entry titled The Bay Bridge Troll. The awards honor the most promising student graphic designers, photographers, illustrators, animators, digital filmmakers, developers and computer artists from around the world.

Adobe received more than 5,300 submissions this year, a new record, and the most talented students rose to the top in a highly competitive field. In addition to professional mentorship, detailed feedback, and career tips from 99U to help launch their early careers, semifinalists, finalists and winners received professional exposure, entry to career boot camps, a one-year Creative Cloud membership, and a nomination into Adobe's Creative Residence program. The 14 category winners also receive an unforgettable trip to San Diego to attend Adobe MAX 2016.



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We'll deal with the health care details.
So you can focus on reaching cruising altitude.

At the Washington Township Medical Foundation, we know you have more important things to do with your time than managing the details of your health care. So when you join a WTMF practice, you become a member of a tight-knit care team that works hard to help you navigate your way to better health. Where most doctors have a medical assistant, our physicians have Patient Care Coordinators who are able to answer questions over the phone and facilitate communication with your doctor. Your Patient Services Representative will assist you with obtaining follow-up care

including appointments with specialists that you might need. There is even a skilled team member available to help you better understand your medication needs. WTMF has 23 clinics—including primary care, multi-specialty, and urgent care—conveniently located in various neighborhoods around the Tri-City area. Should you ever require hospital services, you can get that care at Washington Hospital, an award-winning institution, right in your own community. When you need a doctor, choose a WTMF physician. We're taking health care to new heights.



To find out more, visit our website at www.mywtmf.com or call (866) 710-9864