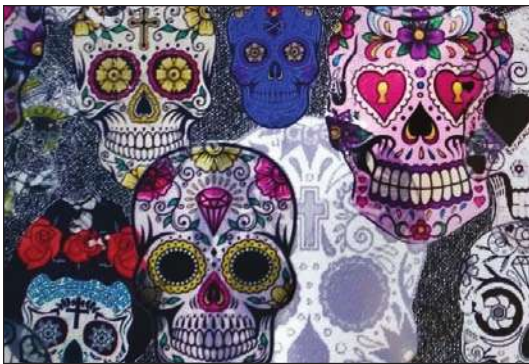




Souls
Returning:
Day of
the Dead
2016

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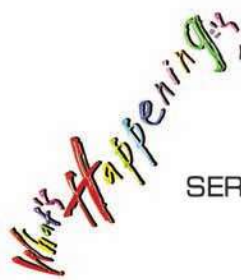
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Odysseo a
night like
no other

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Christian
artists unite
for Songs &
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September 20, 2016

Vol. 15 No. 37



Deutschland in Newark: OktoberFest 2016

BY PHILIP KOBYLARZ

PHOTOS COURTESY OF NEWARK CHAMBER OF COMMERCE

Fall in Germany smells like autumn and, well, beer and sausage. On Saturday, September 24, the city of Newark will celebrate "OktoberFest" under the canopy of trees in its little corner of Germany known as Swiss Park. Originally a festival spanning many days and held in Bavaria with millions in attendance, it has spawned sister festivals all over the world from the celebration's birthplace of Munich.

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Stone Age technology returns to Coyote Hills

BY VICTOR CARVELLAS

PHOTOS BY CASSANDRA BROADWIN

Patience was the primitive toolmaker's greatest resource. It took time to knap a blade or grind the edge of a stone adze. Once it was fashioned and put to use, however, the tool freed up time and energy that could be put to other purposes. Mechanical leverage was another important aspect of tool making. A hand axe, a blade fashioned from stone, in the hand of an experienced worker could chop through wood well enough, but mounting the tool to a handle gave leverage, and therefore increased force. Fields could be cleared of trees and plants more easily, substantially advancing the spread of agriculture.

The same was true for hunting weapons. A spear could be thrown with only so much force, but employing a lever, a specially designed throwing stick,

extended the reach of the thrower's arm, increasing the mechanical force and the weapon's penetrating power. Such leverage was the advantage of using an atlatl of the kind attendees of the "Stone Age Olympics" will witness first-hand at Coyote Hills on September 25.

At the Stone Age Olympics, participants will get to experience the kinds of tools early humans used to hunt and to make fire. Participants can enter a spear throwing accuracy contest sanctioned by the International Standard Accuracy Contest (ISAC), the competitive arm of the World Atlatl Association. Plaques will be awarded in men's, women's, and youth divisions. Other hunting weapons, such as the "rabbit stick" (a boomerang-like tool used by some Native American tribes) and

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Fun on two wheels at I Bike Union City

BY ROBBIE FINLEY
PHOTOS COURTESY OF
UNION CITY STAFF

Learning to ride a bicycle is a rite of passage growing up. However, biking is much more than an aerobic method of mobility – it's a full-on art form for many people. Union City will once again celebrate the local bicycling culture with its 2nd annual "I Bike Union City" event on Saturday, September 24 at Kennedy Community Park.

"A lot of bike clubs are coming out. There's a ton of bikes out there that people want to showcase," said Maynard Estrellado, Union City's Community and Recreation program coordinator. Indeed, the event coordinators anticipate close to 200 bicycles will show up this year. While the focus of the day might be on the sprawling show-



case of bicycles, there will also be food and live entertainment for attendees to enjoy. Popular food truck Roll Revolution will be on hand with its unique brand of Asian Fusion cuisine, while four local artists rock the audience and get people dancing. An exciting martial arts demonstration by Dragons Den MMA is scheduled, along with a performance by El Ballet Folklórico de James Logan High School. "We have a mix of music and community performance," Estrellado explained. I Bike plans to encompass a lot of cultures in its schedule of events.

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‘Show of Courage’ Raises Record Amount to Support Family Fighting Leukemia

It was already getting hot on the morning of last July 3, when the crowd filed into the auction hall at the Alameda County Fair in Pleasanton. The Junior Livestock Auction was about to begin, and everyone was ready for a day of watching proud boys and girls auction off their livestock projects.

But, the group of nearly 100 bidders and on-lookers did not anticipate that they were soon to be caught up in an emotional, potentially life-changing experience for themselves, their community, a generous teenager and a local family whose child was fighting leukemia.

Kim and Sean Cowell-Lyons of Livermore and their 5-year-old son, Keegan, had been struggling with the huge physical, emotional and financial challenges of serious illness since the boy was diagnosed with leukemia at age 21 months.

Sadly, on August 7, just 35 days after the auction, Keegan passed away. Despite this devastating news, those who attended the

auction feel comforted that they took part in such a heart-warming event in support of the boy's family and their community.

Raising the idea

It all began when Livermore resident 12-year-old Ty Cooper Allen and his mom, Kelly, had the idea of raising a pig and auctioning it off to support the Cowell-Lyons family. The project, called “This One’s for Keegan,” really took off when 18-year-old Livermore High School Future Farmer of America (FFA) student Rachelle McIntyre agreed to care for the fast growing piglet. That meant spending long hours feeding, watering, bathing, brushing and preparing it for the auction. The dark red Duroc pig was named Courage. On the day of the auction, he weighed 270 lbs.

“I had wanted to raise a pig, but just hadn’t had the opportunity,” said Rachelle. “The idea that I could raise Courage and auction him off to help this family inspired me to do it. Many other generous people also played



Eighteen-year old Rachelle McIntyre with “Courage,” the hog she auctioned at the 2016 Alameda County Fair. Courage raised \$142,000 for Keegan, a 5-year-old boy who lost his battle with leukemia a month after the county fair. The funds raised from the auction are helping Keegan’s family with years’ worth of medical-related expenses.

a role in making it possible.”

When the time came for the auction to begin, the crowd hushed as Keegan’s aunt, Jennifer Cowell, explained that this would be a “Fund a Need” opportunity, with proceeds from the auction going to the family. Rachelle remembered the auction starting off slowly at \$30 a pound.

Suddenly the crowd came to life, and the bid rose to \$75 . . . \$100 . . . \$150 . . . \$350 a pound! Nearly everyone with a bidding paddle participated, and the crowd cheered each time there was a higher bid.

“I started tearing up and Jennifer called Keegan’s mom, so she could listen in,” recalled Rachelle. “It was an overwhelming, joyful experience.”

Courage finally sold for \$400 a pound, raising a total of \$108,000—a record for the auction. After the sale, the auctioneer opened the proceedings to further donations from the crowd, and the final amount shot up to \$142,000!

“There wasn’t a dry eye in the house and the energy was incredible,” related Chris Henry, chief financial officer of Washington

Hospital, who participated in the bidding, but was not the final buyer. He did, however, make a donation to support the family.

“Although Keegan lost his battle with leukemia, I’m sure the funds raised at the auction and the caring support everyone demonstrated have been helpful,” added Henry.

Buying “local” foods, supporting local kids

Henry attends the auction every year to bid on livestock that will be butchered for meat

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InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY				
	9/20/16	9/21/16	9/22/16	9/23/16	9/24/16	9/25/16	9/26/16				
12:00 PM 12:00 AM	Vertigo & Dizziness: What You Need to Know	Low Back Pain	Raising Awareness About Stroke	Crohn's & Colitis	Deep Venous Thrombosis	Family Caregiver Series: Coping as a Caregiver	Sports Medicine Program: Youth Sports Injuries				
12:30 PM 12:30 AM		Learn If You Are at Risk for Liver Disease		Menopause:A Mind-Body Approach		Community Based Senior Supportive Services		Diabetes Matters: Understanding Labs to Improve Diabetes Management			
1:00 PM 1:00 AM		Family Caregiver Series: Nutrition for the Caregiver		Diabetes Matters: Gastroparesis							
1:30 PM 1:30 AM	New Treatment Options for Chronic Sinusitis	Minimally Invasive Surgery for Lower Back Disorders	Heart Health:What You Need to Know	Surgical Treatment of Obstructive Sleep Apnea							
2:00 PM 2:00 AM	Not A Superficial Problem:Varicose Veins & Chronic Venous Disease	Washington Township Health Care District Board Meeting September 14, 2016	Inside Washington Hospital: Advanced Treatment of Aneurysms	Washington Township Health Care District Board Meeting September 14, 2016	Family Caregiver Series: Understanding Healthcare Benefits	Dietary Treatment to Treat Celiac Disease	Washington Township Health Care District Board Meeting September 14, 2016				
2:30 PM 2:30 AM								Voices InHealth:The Greatest Gift of All	Getting the Most Out of Your Insurance When You Have Diabetes	How Healthy Are Y our Lungs?	Advance Healthcare Planning
3:00 PM 3:00 AM											
3:30 PM 3:30 AM	Family Caregiver Series: Tips for Navigating the Healthcare System	Get Your Child's Plate in Shape	Skin Health:Skin Cancer & Fountain of Youth	The Real Impact of Hearing Loss & the Latest Options for Treatment							
4:00 PM 4:00 AM					Nerve Compression Disorders of the Arm	Get Your Child's Plate in Shape	Voices InHealth: Healthy Pregnancy	Diabetes Matters: Sugar Substitutes - Sweet or Sour?			
4:30 PM 4:30 AM									Prostate Cancer:What You Need to Know	Urinary Incontinence in Women:What You Need to Know	Washington Township Health Care District Board Meeting September 14, 2016
5:00 PM 5:00 AM	Keys to Healthy Eyes	Arthritis: Do I Have One of 100 Types?	Learn More About Kidney Disease	Get Your Child's Plate in Shape							
5:30 PM 5:30 AM					Voices InHealth: Medicine Safety for Children	Relieving Back Pain: Know Your Options	Women's Health Conference: Can Lifestyle Reduce the Risk of Cancer?	Cough and Pneumonia: When to See a Doctor			
6:00 PM 6:00 AM									Do You Suffer From Anxiety or Depression?	Learn More About Kidney Disease	Your Concerns InHealth: Senior Scam Prevention
6:30 PM 6:30 AM	Cognitive Assessment As You Age	Washington Township Health Care District Board Meeting September 14, 2016	Family Caregiver Series: Panel Discussion	Minimally Invasive Options in Gynecology							
7:00 PM 7:00 AM					Get Your Child's Plate in Shape	Sports Medicine Pro- gram: Exercise & Injury	Latest Treatments for Cerebral Aneurysms	Washington Women's Center: Cancer Genetic Counseling			
7:30 PM 7:30 AM									Hip Pain in the Young and Middle-Aged Adult	Family Caregiver Series: Recog- nizing the Need to Transition to a Skilled Nursing Facility	Diabetes Matters: Straight Talk About Diabetes Medications
8:00 PM 8:00 AM	Strengthen Your Back! Learn to Improve Your Back Fitness	Kidney Transplants	Diabetes Matters: Straight Talk About Diabetes Medications	Family Caregiver Series: Care for the Caregiver							
8:30 PM 8:30 AM					Learn About the Signs & Symptoms of Sepsis	Inside Washington Hospital: Patient Safety	Diabetes Matters: Straight Talk About Diabetes Medications	Family Caregiver Series: Care for the Caregiver			
9:00 PM 9:00 AM									Good Fats vs. Bad Fats	Inside Washington Hospital: Patient Safety	Diabetes Matters: Straight Talk About Diabetes Medications
9:30 PM 9:30 AM	Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate	Inside Washington Hospital: Patient Safety	Diabetes Matters: Straight Talk About Diabetes Medications	Family Caregiver Series: Care for the Caregiver							
10:00 PM 10:00 AM					Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate	Inside Washington Hospital: Patient Safety	Diabetes Matters: Straight Talk About Diabetes Medications	Family Caregiver Series: Care for the Caregiver			
10:30 PM 10:30 AM									Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate	Inside Washington Hospital: Patient Safety	Diabetes Matters: Straight Talk About Diabetes Medications
11:00 PM 11:00 AM	Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate	Inside Washington Hospital: Patient Safety	Diabetes Matters: Straight Talk About Diabetes Medications	Family Caregiver Series: Care for the Caregiver							
11:30 PM 11:30 AM					Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate	Inside Washington Hospital: Patient Safety	Diabetes Matters: Straight Talk About Diabetes Medications	Family Caregiver Series: Care for the Caregiver			

Living Longer

How improvements in treatment can bring unseen challenges to women with breast cancer

To celebrate her 40th birthday, Fremont resident Nonie Aluzzi and her friends went line dancing. She threw herself into each dancing pattern with joy and enthusiasm—just as she lives her life.

There's nothing unusual about this story except for one thing. Nonie has advanced breast cancer. And, the friends she partied with that night are members of her Breast Cancer Support Group.

Today, thanks to dramatic improvements in cancer treatment, more people are living longer with advanced stages of the disease. However, the seemingly good news of a longer life can also bring a whole new world of challenges and stresses that the patient, their family and friends may not be prepared to face.

“In the past, women diagnosed with advanced breast cancer often lived only three to six months,” reported Laura Constantine, RN, Nonie’s nurse navigator at the Washington Women’s Center and coordinator of the Center’s Breast Cancer Support Group. “Now, with new medications and treatments, women are living for many more months and even years.”

“Nonie is an inspiration to us all,” Constantine continued. “She lives every day to the fullest and has shown women they can be beautiful, even as they go through cancer treatment.”

Breast cancer has been part of Nonie’s life since she was diagnosed in March 2013, little more than a year after giving birth to her daughter. Since then, much of her time has been taken up with medical appointments, tests and more tests, surgery, medication, radiation therapy, chemotherapy, and sometimes



Nonie Aluzzi has advanced breast cancer, but she continues to live every day to the fullest. The Washington Breast Cancer Support Group provides Nonie and other women with cancer, or who have had cancer, enjoy a supportive environment when going through a wide range of emotions. For details about the free Breast Cancer Support Group or other services offered by the Washington Wellness Center, call (510) 608-1301.

feeling very sick. She had to quit her part-time job and put her child in daycare.

“I have always been a fun-loving person who smiles a lot and has a very bubbly personality,” she said. “When people found out I had aggressive cancer that had spread to other parts of my body, they wondered how I could be so outgoing and positive. But, that’s just the way I am.”

Profound effects

“As patients with advanced cancer live longer, besides the physical challenges, they can be profoundly affected in many other parts of their lives, including financial, emotional and spiritual. This means we must take a very comprehensive approach to care and treatment,”

explained Michael D. Bastasch, MD, Nonie’s radiation oncologist at the Washington Radiation Oncology Center.

Many people don’t realize the financial stress that can accompany a lengthy illness. Patients may have to take time off work or quit completely, and disability insurance often does not fully replace the lost income. Dr. Bastasch recommended that patients connect with social services in the community to help deal with such financial challenges.

When faced with an advanced stage of cancer that is likely to end in death, patients usually go through a wide range of emotional reactions ranging from denial to acceptance. Denial

Washington Hospital’s 8th Annual Think Pink Event

During October, Breast Cancer Awareness Month, you are invited to attend a free evening of breast health education. Experts will speak on living with advanced breast cancer, nutrition for cancer prevention, and complementary therapies to reduce stress and the risk of cancer.

Thursday, Oct. 13
5 to 7:30 p.m.
2500 Mowry Ave., Fremont
For more information,
call (510) 608-1301

is a very natural response that is not necessarily bad, according to Dr. Bastasch.

“You can’t swallow all the water in the ocean, so don’t try,” he said. “When you are overwhelmed, you need to take a deep breath and then begin to swim up. The support of others is an underappreciated component in helping people get through this very difficult process.”

He also emphasized that patients should express their needs without worrying about being a burden to others.

“Illness can be a lonely, isolating experience, but most friends and family members want very much to help. So, do everyone a favor and ask when you need something,” he advised.

A wealth of support resources

Living with advanced cancer over an extended period of time can be overwhelming. In addition to expert medical care and the loving support of family and friends, there are many helpful resources available. For example,

Washington Hospital Women’s Center has a host of support and education programs for local women.

As the center’s nurse navigator, Constantine helps ease a woman’s stress and confusion by guiding her through the process to get the care and support she needs. The nurse navigator also connects women with other helpful resources in Washington Hospital Healthcare System and throughout the community.

The center’s Breast Cancer Support Group is an invaluable resource, and Nonie attends regularly whenever she can. The group meets the first Thursday of most months and welcomes all women who have survived or are living with breast cancer, as well as their friends and family.

Other Women’s Center resources include massage, meditation, yoga, tai chi and more. For a full list of programs and how to access them, call the Washington Wellness Center (510) 608-1301.

Ask the Doctor

This is an ongoing column in which community physicians answer your health-related questions. Questions should be emailed to Ask the Doctor at: askthedoctor@whhs.com

Fat Consumption

Dear Doctor,
Which fats are bad for you and which ones are OK?

Dear Reader,

Dietary fats are found in food from plants and animals. The four major types are:

- monounsaturated fats
- polyunsaturated fats (including omega-3s)
- trans fats
- saturated fats

The unsaturated fats from olive, peanut and sesame oils are considered “good” fats. These include mono- and polyunsaturated fats. In contrast, trans fats are considered “bad” fats. Trans fats are fats from mostly vegetable oils that have been put through hydrogenation, a process that uses toxic chemicals. Although saturated fats from animals were once considered bad fats, these fats are now considered acceptable in small quantities and in some cases may help control weight.

Mary S. Maish, MD



Dr. Maish is a board-certified thoracic and general surgeon. She holds a master’s degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the medical staff at Washington Hospital.



Washington Hospital Healthcare System
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Health & Wellness



Free Community Seminar



Vida Reed, RN, CDE
Diabetes Program Coordinator
Washington Hospital Healthcare System



Prasad Katta, MD
Endocrinologist
Medical Co-Director, Diabetes Center
Washington Township Medical Foundation

To register or for more information, visit www.whhs.com/events or call 1-800-963-7070.

Seminars may be televised on InHealth, a Washington Hospital Channel (Comcast Channel 78) and online at inhealth.tv.

Stop Diabetes Before it Starts

Nearly 30 million Americans have diabetes, and tens of millions more are at risk. Recognizing early warning signs and risk factors that lead to type 2 diabetes is critical to preventing diabetes before it starts. At this seminar, learn the positive steps you can take to reduce your risk of developing diabetes.

Tuesday, October 4, 2016
6 to 8 p.m.
Conrad E. Anderson, MD, Auditorium, rooms A & B
Washington West, 2500 Mowry Ave., Fremont



Stay connected to Washington Hospital through Facebook, YouTube and Twitter. Watch InHealth Channel videos, learn about upcoming events and seminars and see what's happening at your community hospital.



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- **Auto products** : old fuel, motor/transmission oil, oil filters, waxes, polishes, additives, and car batteries
- Powdered/uncured cement mortar, grout, adhesives
- Propane tanks, fire extinguishers
- Photo and pool chemicals
- Fluorescent lamps and bulbs, thermostats and other items containing mercury
- Household batteries
- Sharps – in approved sharps containers
- Microwaves
- **Pharmaceuticals**

Can't Accept:

- Asbestos
- Appliances
- Railroad Ties
- Explosives
- Smoke Detectors
- Compressed Gases (other than propane)
- Radioactive Materials
- Laboratory Chemicals



Household Hazardous Waste & electronics collection

Nearly everyone uses household chemicals to paint, clean, and maintain our homes, gardens and yards. But many of these products can be toxic if they're used or disposed of improperly. Bring us your leftover paint, pesticides, cleaning products, etc. Protect yourself, your family and the environment by getting rid of it the **Safe & Smart** way.

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Saturday,
September 24
9:00am - 1:00pm



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8:00am - 4:30pm

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Hours:
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9:00am - 2:30pm
Saturday
9:00am - 4:00pm



Diversity, inclusion efforts

SUBMITTED BY
KIMBERLY HAWKINS

"INSIGHT Into Diversity," a magazine focused on connecting potential employees with institutions and businesses that embrace a diverse workforce, has once again recognized Cal State University East Bay's (CSUEB) efforts to embrace and support diversity.

The annual Higher Education Excellence in Diversity award is a national honor recognizing American colleges and universities that demonstrate a commitment to diversity and inclusion. Receiving the award for the third consecutive year is a testament to CSUEB's continued efforts in serving its diverse student population, Dr. Dianne Rush Woods, CSUEB's university diversity officer said.

Cal State East Bay was been previously recognized as one of the most diverse universities in the United States mainland by the Western Association of Schools and Colleges Senior College and University Commission. It also recently ranked at the top of U.S. News and World Report's ethnic diversity scale for regional universities in the west.

The HEED Award is the only national recognition honoring colleges and universities that exhibit outstanding efforts and success in the area of diversity and inclusion, according to "INSIGHT Into Diversity." CSUEB has the most diverse student population in the CSU system and has expanded its diversity programs, particularly those focused on the needs of first-generation and lower socioeconomic-status students.

continued from page 1

Stone Age technology returns to Coyote Hills

bolas will also be among the tools demonstrated. Fire making with "hand drills" and flintknapping fill out the program.

Stone tools first appear in the archaeological record more than 100,000 years ago, but most of the tools we now associate with the "Stone Age" were perfected in the Neolithic period (New Stone Age), which began around 10,000 BCE, before the use of copper, and later bronze, made stone tools if not obsolete, less widely employed. The dates at which societies adopted metal technology varies, but in general the Neolithic Revolution (a term coined by Australian archaeologist Vere Gordon Childe) saw the transformation of hunter-gatherer societies into settled agrarian ones. Some of mankind's first tools were used for hunting, but with the advent of settled life, animal husbandry, and agrarian societies, the techniques learned from weapon making were turned to the practical projects of adzes for hewing wood, digging tools for turning the soil, and fine tools that aided in making pottery, fashioning clothes, and preparing food.

Weapon making never ceased to be important, as settled societies tended to be easy targets for neighboring resource-hungry tribes. The advantages of settled society, however, in terms of resource sharing, stable social structures, and increased life span outweighed the risk of attack. Increased productivity that came with tool use meant more mouths to feed, but also meant the establishment of villages, towns, and ultimately city-states. The pattern of settlement and society building finds parallels in the Mediterranean, Middle Eastern, and Eurasian contexts.

In some parts of the world where game and wild foods were abundant, such as the Bay Area, hunter-gatherer societies such as the Ohlone faced less pressure to cultivate than others, whereas other Native Americans tribes, notably of the American South and Southwest, raised corn, beans, squash, wild rice, potatoes, and much more. Metalworking was known where native gold and copper were available for fashioning into tools, though these metals

were not good at holding an edge. Metal smelting for the production of bronze and iron tools remained in the Old World until the arrival of Europeans.

When park Naturalist Dino Labiste started the Stone Olympics 2011, he had been thinking of "an event that would bring out families." There had been some weekend events prior to that and Labiste decided to build on those, turning them into a single annual event with experts in

fire making, stone tools, and hunting techniques, including the "rabbit stick" and the atlatl. "Every year the attendance picks up," says Labiste, and 2015's event drew about 150 people. So-called "primitive" technologies are often misunderstood, as it is easy to misjudge their effectiveness because "we simply do not live with them every day as our ancestors would have," he says.

Along with Labiste, flintknapping expert Ken Peek will be on hand to demonstrate stone tool making, as will atlatl expert Mark Dellings.

Stone Age Olympics
Sunday, Sep 25

10:00 a.m. – 12:15 p.m. & 1:00 p.m. – 3:00 p.m.

Coyote Hills Regional Park
8000 Patterson Ranch Rd, Fremont
(Meet at Dairy Glen Campground)

(510) 544-3220

www.ebparks.org

Free admission

Parking: \$5



continued from page 2

‘Show of Courage’ Raises Record Amount to Support Family Fighting Leukemia

to be served at the Hospital. Coincidentally, Rachelle’s father, Tom, is an engineer at Washington Hospital.

For more than a decade—and before most people recognized the benefits of “going local”—Washington Hospital has purchased livestock shown at the Alameda County Fair, especially the Junior Auction. It is part of the Hospital’s mission of sustainability, with a focus on purchasing and serving locally sourced food products whenever possible.

“More than that, we buy much of our meat at the Junior Auction because it is a way of supporting our community and the kids from FFA and 4H. These hard-working, dedicated, young people are our future leaders,” explained Henry.

“I was very impressed with Rachelle,” he continued. “She was well spoken and confident. Her determination and generosity led to a result that exceeded everyone’s expectations.”

Registered dietitian Kimberlee Alvari, director of Food and Nutrition Services, commented on the Hospital’s nutrition and sustainability policy: “Although our menu focuses more on plant-based foods that are

healthier and have a smaller carbon footprint, we include some meat as well. You can’t get any more local than purchasing livestock raised by kids in our county.”

According to Hospital Chef Alfredo Macias, the livestock purchased at the auction is butchered into various cuts and frozen to be used throughout the year, not only in the cafeteria but also in catering for the many community meetings held at Washington Hospital. Sometimes, the cafeteria has “specials” when certain types of locally sourced meats, like pork, are featured.

“Purchasing at the auction is a big component of our meat purchasing program and we like the added aspect of helping the kids from FFA and 4H,” commented Alvari. “The auction of Courage gave everyone an opportunity to support our community like never before.”

Washington Hospital and its entire staff extend heartfelt condolences to the Cowell-Lyons family for the loss of Keegan Cowell-Lyons on August 7, 2016.



continued from page 1

Deutschland in Newark: OktoberFest 2016

The festival started in honor of the marriage of King Ludwig and Princess Therese of Saxehildburghausen in the first decade of the 19th century and featured the racing of horses. Games, rides, Bavarian delicacies, and parades defined the gathering of locals. It then became a huge public event promoting agriculture and the inclusion of the larger public from yon and afar. In the parades, breweries lavishly decorated teams of horses; this is why to this day, the Budweiser Company retains a team of promotional Clydesdales based on the historical tradition.

Only during war times was the festival suspended in Germany. Now, it has evolved into the world’s largest Volkfest, or people’s fair, changing from a party for royals and the community to an outing that truly welcomes all walks of life including the LGBT community, families and children. And this marvelous tradition of enjoying the best things in life in a uniquely Saxon way is alive and well in Newark.

In the last decade or so, American culture has embraced the superior brew skills and subtle flavors of Europe. At the festival, many authentic German beers will be featured including Bitburger Pilsner, Köstritzer (a black lager), Benediktiner Bavarian, Hefeweizen, Lagerbier, Edelstoff Munich, and Maximator Doppelbock. Maximator is known as the best Doppelbock ever created by humans anywhere and its origin dates back to 1328.

Beer in Germany, which comes in approximately 5,500 varieties, is subject to Reinheitsgebot: a 1516 decree that allows only hops, barley, water and yeast as the ingredients. This is known as the Purity Law. Germans regard the art form of brewing with such zeal that there is even a word for it, bierernst, which translates to “beer serious.”

With this rare spread of ales and lagers, there will be ways to work off the calories. Fun and games include Beer Pong, a Bratwurst Toss, and a Beer Stein Hoist. There will also be the opportunity to dress the part, as OktoberFest will host a Best Authentic Bavarian Contest for both women and men. The possibilities for hours of tipsy fun will be endless. Wine will be available for those who favor the flavor of the grape.

Culinary delights will include giant pretzels, apple strudel, schnitzels, potato salad, sausage, and sauerkraut: all the staples of a hearty central European diet that pairs vittles with perfectly fermented drinks. Dancing and live music provided by Bill Bly’s band The Continentals will add to the atmosphere. The venue will also feature a European Car Show from 11 a.m. to 4 p.m. Those wanting to register their vehicle can e-mail joe@teamd10.com. Space is limited to the first 50 cars confirmed and paid.

Event admission is \$5 and free for children 10 and under. The Early Bird Combo is \$14 and includes a commemorative mug and first beer or wine pour. Those wanting to order their food in advance can do so online; the bratwurst meal or schnitzel meal (food only) is \$10. Gate prices will be slightly higher.

Parking space will not be an issue, but people are encouraged to buddy up and have a designated driver. For additional info, call (510) 578-4500 or visit www.newarkoktoberfest.com.

**OktoberFest
Saturday, Sep 24
12 p.m. – 5 p.m.
11 a.m. – 4 p.m.:
European Car Show
Swiss Park Bar & Grille
5911 Mowry Ave, Newark
(510) 578-4500
<http://newark-chamber.com>
www.newarkoktoberfest.com
Admission: \$5, free for children
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- For Questions on Training or Qualifications, call Transportation at
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LETTER TO THE EDITOR

Alameda Creek

I read about the article on California Coastal Cleanup and I must say I agree wholeheartedly on your idea to include that article. I have always been watching the Alameda Creek since I was a little kid, running alongside it. As I grew older I went from running

to biking on the trail. However, as the years progressed I have noticed the amount of garbage that has been dumped in the creek—from plastic cans and wrappers to cigarettes and even furniture. I now avoid the creek due to the terrible stench that it emits. A cleanup would be a welcome thing as it could help with the

stench, as well as protect the wildlife that calls the creek its home. An organized creek cleanup would help the environment and wildlife, so that people can relive the joy of the Alameda Creek from long ago.

Sarnesh
Fremont

Flash Fiction Contest

SUBMITTED BY ARATHI SATISH
PHOTOS BY AL MINARD

Flash Fiction Contest is a unique local writing contest conducted annually by the Fremont Cultural Arts Council (FCAC) that challenges writers to create short stories of 300 words or less. The FCAC is sponsoring this year's event along with Half Price Books on Saturday, September 24.

This year's entries in the contest have to feature a non-human as the main character. It could be an inanimate object, an animal, a plant, a space alien, or anything apart from a human being. The stories will be posted in Half Price Books for everyone to read between the hours of 10 a.m. and 4 p.m. Attendees can cast a ballot for their favorite; ballots will be counted and winners selected at the end of the event.

In the past FCAC has received as many as 100 entries, which makes for a lot of reading. So contest organizer Al Minard offered some suggestions to the writers. "The writer needs to catch the reader's attention in the first sentence. If you can catch their attention they might read your entire story. Then continue amplifying your story and close with a twist so that it brings a smile, or grimace. This will

give you a better chance to win one of the five awards."

Each author is allowed to enter up to three stories that do not contain plagiarism or that would be offensive to the general reader. There is no age restriction and there is also no children's or adult category. In this contest everyone is even. The readers who come in to read the stories will fill out a score sheet indicating their favorites. Five prizes are given to the winners: first place is \$65 cash; second place \$55 cash; third place \$45, which includes a \$25 gift card to Half Price Books; fourth place \$35, which includes a \$25 gift card to Half Price Books; and the fifth place a \$25gift card to Half Price Books.

Light refreshments will be provided by Nothing Bundt Cakes and Half Price Books. For more information visit www.fremontculturalarts.org or contact Al Minard at (510) 552-4839.

Flash Fiction Contest
Saturday, September 24
10 a.m. – 4 p.m.
Half Price Books
39152 Fremont Hub, Fremont
(510) 793-6060
www.fremontculturalarts.org

AMVETS U. S. Flag Award



SUBMITTED BY AMVETS HAYWARD POST 911

At the Hayward Veterans Memorial Building, September 1, AMVETS Hayward Post 911 presented local business, Jeb's Used Appliance, with AMVETS' U.S. Flag Award for correctly and respectfully flying a U.S. flag in front of their business every day. Pictured left to right are: 2nd Vice Commander Heather Reyes, Leslie Chapin, Finance Officer Alan Cook, Kyle Shaw-Powell, business owner Robin Powell, Commander Michael L. Emerson, and Chaplain John White, Jr. For more information, visit: www.AMVETS911.com

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California Legislative Update

BY ERIC MILLS, OHS
COMMUNITY RELATIONS
DIRECTOR,
LEGISLATIVE ANALYST

“All anyone needs to enjoy the State Legislature is a strong stomach and a complete insensitivity to the needs of the people.” - the late Molly Ivins

Ms. Ivins’ warning notwithstanding, this has been a pretty good year for animal welfare legislation in the California State Legislature. All bills now on the Governor’s desk must be signed or vetoed by September 30. Support/opposition calls: 916/445-2841.

SB 1062 (Ricardo Lara, D-Bell Gardens) - SIGNED. **Bullhooks.** Becomes effective January 1, 2018, banning the use of bullhooks and other abusive tools on elephants. Ringling Bros. Circus has retired its elephants, partially due to recent bullhook bans in Los Angeles, Oakland and elsewhere. What is really needed, of course, is a ban on the use of all wild animals in traveling circuses and carnivals. When not performing silly “tricks” before insensitive audiences, most circus animals are kept chained or caged. The constant travel is also highly stressful on the animals, many of them Endangered Species (bears, big cats, great apes, et al.). Twenty-nine countries now have such laws, including Mexico, Colombia, Bolivia, Costa Rica, Greece, The Netherlands, Israel, and even Iran. Can the U.S. be far behind?

SB 945 (Bill Monning, D-Carmel) - Pet board facilities. On Governor’s desk. Establishes standards and procedures for the care and maintenance of pets boarded at a facility (construction, sanitation, hours pet may be left unobserved, number of pets in an enclosure, availability of food/water, etc. SUPPORT.

AB 2305 (Richard Bloom, D-Santa Monica) - Orcas. SIGNED - As a rider on an Assembly budget bill. Bans the breeding of captive orcas (aka “killer whales”) and orca performances in California; prohibits the export of captive orcas out of North America. Inspired in no small part by the documentary, “Blackfish.” (Every animal issue could use such a film.)

AB 2269 (Marie Waldron, R-Escondido) - Animal shelters. On Governor’s desk. Would prohibit an animal shelter that accepts animals from the public or that takes in stray or unwanted animals from selling, giving, or otherwise transferring a live animal for experimentation or testing. SUPPORT.

AB 797 (Mark Steinorth, R-Cucamonga) - Rescue of animal from car. On Governor’s desk. Prohibits any civil liability or cause of action against a person for damage to a motor vehicle, if the damage was caused while the person was rescuing an animal. SUPPORT.

AB 1825 (Richard Gordon, D-Menlo Park; Brian Maisenschein, R-San Diego) – “Vicious dogs” - SIGNED. - Not all dogs that cause injury to people are automatically deemed to be dangerous, seized and destroyed. Dogs seized in fighting busts should not automatically be classified as “vicious” and destroyed. SUPPORT.

AB 2505 (Bill Quirk, D-Hayward) - Euthanasia. SIGNED. With respect to the killing of a dog or cat, prohibits a person from using carbon dioxide gas. SUPPORT.

SB 32 (Fran Pavley, D-Agoura Hills) and AB 197 (Eduardo Garcia, D-Coachella) - SIGNED. These crucial bills address climate change and greenhouse gases. SUPPORT. (Note: Donald Trump remains a climate change-denier.)

November 8 ballot - Hayward Area Recreation and Park District (HARD) is sponsoring Bond Measure F1 for voters in Hay-

ward, Castro Valley, San Lorenzo and the unincorporated areas of Cherryland, Ashland and Fairview. The bond would cost property owners an estimated \$29.95 per \$100,000 assessed value, funds to be used to improve facilities and park developments. Requires a two-thirds vote for passage. Perhaps voters would be more inclined to vote for Measure F1 if the HARD board would first update its rodeo animal welfare policy. HARD has received more than 300 letters in support of banning the wild cow milking contest (in which a cow died at the 2014 rodeo), and the children’s mutton busting event, stressful and dangerous for all concerned (and banned in New Zealand). Write: Paul McCreary, General Manager, and the HARD Board of Directors, 1099 E St., Hayward, CA 94544; email - mccp@haywardrec.org

Proposed 2017 Legislation - (1) To require onsite veterinarians at all rodeos; (2) Ban steer tailing (a brutal charreada event); (3) Ban the rodeo’s mutton busting, and wild cow milking events, and all “scrambles” (pigs, calves, rabbits, chickens, etc.); (4) Ban live animal food markets; (5) Ban cruel and indiscriminate glue traps; (6) Ban use of wild animals in circuses and carnivals; (7) Ban all commercial fur trapping; (8) Ban the giving away of goldfish and other animals as “prizes” at fairs and carnivals; (9) Ban the use of lead fishing tackle, lethal to many diving waterfowl and scavengers; (10) Pay equity for our beleaguered game wardens, who make only about 3/5s the salary of a California Highway Patrol (CHP) officer.

Address for all legislators:
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Water District offers plant tours

SUBMITTED BY SHARENE GONZALES

The Alameda County Water District (ACWD) will join hundreds of organizations nationwide to educate the public about the water and wastewater infrastructure crisis currently facing the United States. Organized by the Value of Water Coalition, the Imagine a Day Without Water campaign raises awareness about the crucial need for infrastructure investments to ensure that no community in America is left without water to its homes and businesses. As part of its participation in the event, ACWD will host tours of one of its water treatment facilities on Saturday, September 24. Tour participants will see the treatment processes up close, learn about the science and technologies involved, and get a better understanding of what goes into delivering high quality water to our community.

“With clean, safe water essential for daily life, it is important that we maintain and plan ahead for our infrastructure needs. We invite customers to come learn about their drinking water system,” said ACWD Board President Judy Huang. “We turn on the tap and it is there, but behind the scenes is a complex process to ensure the safety of your drink-

ing water. Tours will provide a snapshot of what is required before even a single drop is delivered.”

In addition to treating and testing water to ensure consistently high water quality, it is crucial for ACWD to maintain its facilities and equipment and to replace aging pipelines so that water is continuously available for homes, businesses, and for fire protection. In fact, ACWD operates more than 900 miles of water main lines in Fremont, Newark, and Union City.

In addition to aging infrastructure, the challenges that our drinking water systems face are multi-faceted. Drought, flooding, pollution, and climate change are stressing our water systems. Come learn what ACWD is doing to plan ahead so that our drinking water remains safe and reliable.

Each tour is approximately one hour long. Register at <http://acwd.org/index.aspx?nid=191> or call (510) 668-4470. Limited space available.

ACWD Water Treatment Plant Tours
Saturday, Sep 24
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www.acwd.org



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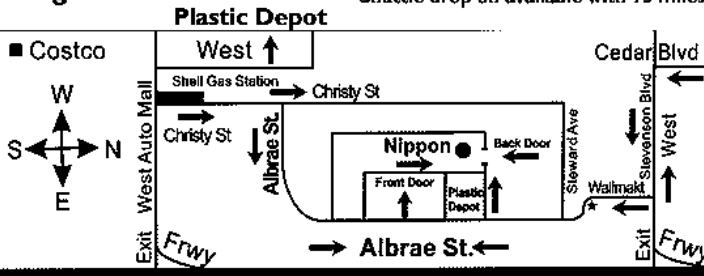
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The Chamber of Commerce advocates for business in the city of Milpitas. Previously we asked the City Council to look into the source of odor before moving forward with assigning garbage contracts so that we can work from a position of fact not assumption. Republic Services is requesting attendance by local business owners and Chamber member so your opinions can be heard at the upcoming City Council meeting on Tuesday, September 20 at 7 p.m.

Prior to the City Council meeting, Republic Services is hosting a reception at El Torito Restaurant, 477 E. Calaveras Blvd, from 5:30 p.m.

– 7 p.m. According to Republic Services, they have stated that the City of Milpitas wants to make costly changes to its garbage service, leading to millions of dollars in new garbage, recycling and service costs.

At the City Council meeting, a decision will be made to award Milpitas' waste collection service contract to either Republic Services or another company. The public is encouraged to attend and voice their opinion.

Milpitas City Council Meeting
Tuesday, Sept 20

Milpitas City Council Chambers
477 E. Calaveras Blvd, Milpitas
(408) 262-2613

Twitter to launch app on Apple TV, others to stream NFL

BY BARBARA ORTUTAY
AP TECHNOLOGY WRITER

SAN FRANCISCO (AP)—A new Twitter app is coming to Xbox One, Apple TV and Amazon Fire TV, where viewers will be able to watch NFL games on Thursday nights.

The short-messaging service secured the rights to stream 10 Thursday night games this year as it attempts to broaden its appeal. It's hoping that live video of sports and other events will help stimulate more interest in its service.

It's a crucial time for the faltering company that is trying to improve stagnating user growth, not to mention boost its appeal to advertisers.

The apps, which are free, will have all the live-streaming video available on Twitter. Besides the football games, this includes content from the NBA and

Bloomberg News. It will also have other Twitter content, such as top tweets and Periscopes (video from Twitter's live-streaming app).

Users won't need a Twitter account or a pay-TV subscription to watch the content. But they will be exposed to advertising from Twitter – and ideally might be lured into signing up for an account.

In July, Twitter announced live-streaming partnerships with Major League Baseball and the National Hockey League to show out-of-market games. These are games that are not shown on local TV channels. As part of the deal, the once-a-week live streams of the games are available to logged-in and logged-out Twitter users in the United States, Twitter said. The deal also made MLB games available worldwide, except in some international territories.

Twitter is not the only tech company competing with broadcasters for streaming rights. Last year, Yahoo Inc. won the rights to broadcast for the first time a regular season NFL game across all devices – including phones, computers and tablets. It showed the game between the Buffalo Bills and Jacksonville Jaguars played in London. Such broadcasts, which make games available to people without pay-TV accounts, can also serve to expand the international audience of the sports events.

Twitter Inc. has never made a profit, and in the most recent quarter posted a 20 percent revenue increase, compared with 59 percent growth at Facebook. It averaged 313 million users a month in the period, a gain of just 3 million from the previous quarter. Facebook has 1.71 billion users.

A (courteous) biker's guide to BART: New straps can be part of the solution

SUBMITTED BY
RAQUEL CRITES, BART
COMMUNICATIONS INTERN

More than 20,000 people a day are expected to be accessing BART by bike in 2022 — thanks in no small part to efforts by the BART Bike Program to increase bike access. And BART ridership overall, at record highs already, is predicted to increase also as new train cars with built-in bike racks arrive. On a typical weekday morning I am a proud part of the bike-to-BART population, pedaling to San Leandro station and back from my home, and taking BART to 19th St. Oakland to work.

Biking and using BART as my primary form of transit, I've learned some safety, convenience, and courtesy tips that over the last few years have kept me, as well as others around me, safe and comfortable on BART. Mine is just one person's experience, but it illustrates many of the topics raised in the BART Bicycle Plan, and some of the issues recently presented in a bike program update to the BART Board of Directors, including a great new idea of bike strans.

BART Bike Program Manager Steve Beroldo worked with UC-Berkeley student Jaelen Loche on one idea to help address the issue of keeping bikes safe and stable for everyone on the train.

"I feel like people are intimidated by bringing their bikes on BART because the car space seems like a hassle to deal with" said 20-year-old Loche, a Civil Engineering major at Cal, who helped create a simple solution to a common problem for bikers on BART. Loche takes his bike on BART from his home in



Hayward to school almost every day. The straps Loche helped design could help with what some riders call “lean rail frustration.”

Lean rail frustration is caused by having to keep one's bicycle free-standing in the allotted bike space without falling over onto passengers — a consequence no one wants. Bikers without a bungee cord handy will sacrifice a possible seat and hold their bike the entire trip.

Loche, in collaboration with Beroldo, designed two types of straps that are being installed on cars that can be used to attach bikes to the bike-space rails inside cars, and even adjust to fit multiple bikes. "I just wanted to make things more efficient and increase bike riders in general. I definitely think BART could take more from students' brains to introduce new ideas," Loche added.

I can see myself using this handy feature. A couple of different versions are in the process of being installed on 60 bike spaces on cars throughout the BART system, with two straps per bike

space, for 120 straps total when finished. There's a buckle version and a Velcro version. I'm also eager to use the dedicated bike racks on new trains coming to BART in the future.

One of my family members who commutes from San Leandro station to 16th/Mission on a regular basis with his bike believes the straps “would be useful for most people, especially when stacking bikes on one car” and reminded me of another helpful tip: when stacking bikes, be sure to switch the direction of the handlebars with each new placement of a bike like a Tetris game to save space and ensure a better fit with minimal rub against the bikes. A lot of positive feedback is coming in from the straps.

If you're interested in learning more about bike policies and programs at BART, consider attending meetings of the BART Bicycle Task Force. You can find out more about them at: <http://www.bart.gov/about/bod/advisory/bicycle>

Shape Our Fremont

Where Fremont residents can learn about shaping proposed housing developments

New Proposals and Other Development News

The City just posted a new Development Activity table and there are several new residential development projects in the works.

Warren Residential PRP
Currently undergoing a Preliminary Review Procedure (PRP), the Warren Residential project by Robson Homes is proposed for half of the Warm Springs Church property at 111 East Warren Ave. near Fremont Blvd. The preliminary proposal is for 20 townhouses. Since the residential portion of the lot is only 1.01 acres, City Council approval would be needed to allow them to count church property in the calculations and build more than 18 units. Each unit would have a two-car garage and they plan to provide 10 onsite guest parking spaces. Church parking is separate and would be provided on the church’s half of the parcel.

Voicing your concerns early in the process when a project is in

the PRP phase is the best way effect the final development.

City Staff Project Planner, James Willis
jwillis@fremont.gov

Universal Dragon Mixed-use
This project is on the same site in Centerville as the previous Universal Fremont Mixed-use proposal that was denied by the Planning Commission in April 2016. The Commission denied that project because it didn’t fit with the existing community.

The new project has nearly twice the retail space. There are now only five townhouses each with a two-car side-by-side garage. There will be 12 onsite guest parking spaces to be shared between the commercial and residential visitors. The garage level of the townhouses is about half the depth of the upper levels and the driveway passes underneath the second-floor living space.

Both the 1941 house and the 1982 house at 38239 Fremont

Blvd. will be demolished.

City Staff Project Planner, James Willis
jwillis@fremont.gov

Lotus Common
Four apartments in a single two-story building are proposed for the lot at the corner of Fremont Blvd. and Gibraltar Dr. in Centerville opposite American High School. The artist rendition shows a building that looks like a large house with shake siding. Each floor will have two flats. Parking will be off Gibraltar Dr. behind the building when viewed from Fremont Blvd. The existing 1924 house will be demolished. This is a Yadev Design Group project.

City Staff Project Planner, Terry Wong
twong@fremont.gov

Lincoln Condos
Five three-story townhouses are proposed for a 0.42 acre lot at 40857 Lincoln St. in Irvington. There will be 14 on-site parking spaces. The existing 1940 house will be demolished. This parcel is

within the Irvington Transit Oriented Development (TOD) Overlay. This is a John Xu project.

City Staff Project Planner, Aki Snelling
asnelling@fremont.gov

New Hobbs Residential Plans
Robson Homes has just submitted updated plans for their project on the hill side of Mission Blvd. between Robson’s Dias Residential development and Mission Cielo Ct. in Mission San Jose.

The plans show 56 new two-story houses on the lower 8.03 acres of the 24.8 acre project with the Hobbs residence remaining on the upper lot.

The historic Rodrigues house will remain on the lot closest to Mission Cielo and be restored. The tank house will be moved up the hill a bit and made into an office studio. Extensive work is planned for the house along with a 1,282 sq. ft. addition. This restoration will have to be approved by the Historical Architectural Review Board (HARB).

The two custom houses highest on the hill have no plans submitted yet. The other houses will have four or five bedrooms - some with a studio apartment above a detached garage.

Access will be from Mission Blvd. onto a new public street that will be shared with the Dias development. The space currently

allocated for the access street into the Dias development will be used for one of the Hobbs development houses. Four houses will have driveways off Mission Cielo.

City Staff Project Planner, Bill Roth
broth@fremont.gov

GPA Prioritization
The City Council meeting tonight, Tuesday, September 20, will include a hearing on two General Plan Amendment Prioritization Requests. One is for the former Centerville Presbyterian Church site on Bonde Way and the other is for a lot off Morrison Canyon Road west of the railroad tracks.

Lennar Warm Springs
On Thursday, September 22, the Planning Commission will review the application for a Design Review Permit for one of several Lennar projects in Warm Springs. The Warm Springs Lennar Phase I project proposes 387 stacked flats and townhouses at the south-east corner of Fremont Blvd. and South Grimmer Blvd. near the future Warm Springs BART station.

Walnut Residences
Don’t forget that the second Planning Commission hearing on this 670-unit apartment complex will be held this Thursday, September 22 at 7 pm.

For more information on all these projects, visit
www.ShapeOurFremont.com

Career Fair

SUBMITTED BY OHLONE COLLEGE

Opportunity is knocking at the Fall 2016 Tri-Cities Career Fair, sponsored by the Ohlone College Foundation/Tri-Cities One-Stop! Join us Friday, September 30 at the Ohlone College Newark Center for this free event. Whether you are looking for full-time work or a part-time job, or if you're ready to move to the next level in your career, the Fall 2016 Tri-Cities Career Fair is the place to start.

Meet and network with a broad range of potential employers and explore today’s leading edge career options, with such industries as: Education, Financial, Government, Healthcare, Manufacturing, and Non-profit.

Employers recruiting at the career fair include:
AC Transit, Akima Infrastructure Services (recruiting for Lawrence Livermore Labs), Campo Di Bocce of Fremont, FedEx Ground, Fremont Bank, Kelly Services (recruiting for manufacturing and biotech), Living Spaces, Pacific Home Care Service and more.

Best of all, you're not alone in your journey to success. “This event provides an opportunity for individuals to explore open positions and to learn more how the Tri-Cities One-Stop Career Center can help them in their job search or career exploration,” said Robert Hernandez, Tri-Cities One-Stop Job Developer.

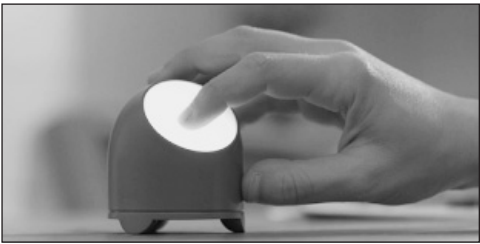
The event is free and open to the general public and Ohlone College students. Bring plenty of resumes and dress for success.

For information on how to update your resume, prepare for the career fair, or for more details on the employers, visit www.tricitiesonestop.com.

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Personable robot helps you form better habits

SUBMITTED BY LAURA DAY



Emerging from an industry saturated with apps and wearables, MOTI (www.moti.io) launched on September 13 via Kickstarter as a physically present smart companion for building better habits. The device combines insights from behavioral science, social robotics and human-centered design, and is built to learn and react to human beings’ psychological triggers with the purpose of getting them to start practicing healthy habits (such as jogging, hydrating, meditating, etc).

Unlike a standalone app, MOTI’s very physicality and presence contributes to his ability to effectively influence behavior. Standing at slightly under three inches tall, MOTI acts as a stationary environmental queue that is meant to interact with you in the moments and places where you would normally start forming your habit (i.e. your kitchen, your work desk, your yoga space, etc.).

The science and design behind MOTI’s habit-forming influence draws from the habit-loop theory, which explains that in order to build any habit, three things are required: a trigger, a routine, and a reward. To help you form your habit, MOTI supports all three things through a combination of lights, haptics, human-like intonations and other sounds. In order to have the best effect on behavior, MOTI is also designed to form a bond with the user, and his personality is continually adapting to the users’ needs.

“What we found in early research is that apps and wearables rely on data, graphs, and tracking for motivation,” says Kayla Matheus, Inventor and Co-Founder of MOTI. “But we’re human - we need more than just numbers. We need our technology to understand how we work at a psychological and emotional level. That’s why MOTI isn’t another device - he’s your friend, or your cheerleader, or even your mom.”

MOTI’s Kickstarter campaign goal is set at \$50,000 and the campaign will run for 35 days (until October 18). If you would like to support this endeavor, order your own MOTI (\$99) at <https://www.kickstarter.com/projects/habitmoti/moti-your-smart-companion-for-better-habits>

Located in San Francisco, MOTI is a behavior change company combining science and design to create transformative products that help people live better lives, one habit at a time. The company is led by Founder and CEO Kayla Matheus (Yale BA’11) and Founder/COO Laura Day (Vanderbilt BE’02, Harvard Business School MBA ’09). MOTI is an alum of Google 30 Weeks and Highway1 Accelerators. To learn more, visit www.moti.io

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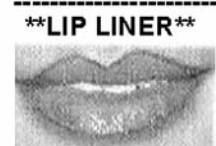


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Local professor recognized nationally

SUBMITTED BY GUISELLE NUNEZ

The Chabot-Las Positas Community College District is pleased to announce that one of its Chabot College professors, Dr. Katie Hern, has been recognized by the Washington Monthly as "One of the 16 Most Innovative People in Higher Education." Hern co-founded the California Acceleration Project (CAP) with Myra Snell, a math professor at Los Medanos College. The project supports the state's community colleges to change their approach to English and math remediation so that more students complete their goals. To date, approximately 75 percent of the state's community colleges are redesigning remediation with CAP (<http://cap.3csn.org>).

"We are extremely proud of Dr. Katie Hern's achievements in launching the California Acceleration Project (CAP). Our Board of Trustees recognized Dr. Hern and CAP in April after receiving a \$333,000 grant from the Irvine Foundation," said Dr. Jannett Jackson, Chabot-Las Positas Community College District Chancellor. "We are excited to see her work gaining greater recognition, while at the same time acknowledging the innovative environment that exists within our District."

Traditionally, community colleges have relied on a model of remediation that directs students considered unprepared for college to take multiple non-credit bearing courses, creating an inadvertent barrier to the end goal of graduation.

CAP was founded in 2010 after Hern, an English professor, noticed that students who took her college's accelerated remedial course were more likely to complete college English. She shared this data in a conversation with Snell, who pointed out that with each additional remedial course, more students are inevitably lost to attrition. Instead of helping students be more successful in college, these classes were making them less likely to reach their goals.

Initially, it was hard for Hern and Snell to convince community college faculty that this was the case, so they collaborated with the state Chancellor's Office and the Research and Planning Group to create an online tool with data from all 113 of the state's community colleges. The tool makes visible the problem of high attrition in remediation. Statewide, among students required to take three or more remedial math courses, just 6 percent go on to complete the math requirements to transfer and earn a bachelor's degree.



Hern and Snell help colleges implement three major reforms: offering co-requisite models of remediation that enable under-prepared students to take college-level courses with extra support, condensing remedial sequences into fewer semesters and better aligning them with college-level work, and placing fewer students into remedial classes in the first place. Students are typically assigned to remediation based on their scores in standardized placement tests. Hern and Snell advocate that a student's high school grade point average and coursework are more accurate gauges of college success.

The Research and Planning Group conducted an evaluation of the first 16 colleges participating in the California Acceleration Project. It found that students' odds of completing college English were 2.3 times greater in accelerated English pathways than in traditional remediation. In redesigned statistics pathways, their odds of completing a transfer-level course were 4.5 times higher. In a follow-up analysis, the researchers found that the achievement gap in African-American completion of transfer-level math was eliminated in CAP pathways across eight colleges.

Hern and Snell have also been recognized for their work by the Association of California Community College Administrators (ACCCA) and the Research and Planning Group for California Community Colleges.

AMVETS at Hayward Vintage Alley Auto Show



(Left to right): Post First Vice Commander Domingo Cardoza, Post 2nd Vice Commander Heather Reyes, and Post Commander Michael L. Emerson

SUBMITTED BY AMVETS HAYWARD POST 911

AMVETS (American Veterans) Hayward Post 911 members were at the annual Vintage Alley Auto Show in downtown Hayward. AMVETS had a table/booth at the show, recruiting for new mem-

bers, giving out information about veterans' benefits, and also asking for donations to support local veterans. There were so many beautiful and classic cars, making it a really nice event. For more about AMVETS visit: www.AMVETS911.com

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Fremont Elks work with Abode Services to fill many needs

SUBMITTED BY JOAN WHITE

The Fremont Elks Lodge #2121 recently provided home warming items to two Army veterans moving from Abode Services' Sunrise Village Emergency Shelter into the new Laguna Commons apartment complex. Among the items each received were bedding, towels, baking dishes, hygiene items and cleaning supplies. They also received a \$50 gift card, microwave, toaster, coffee pot, hand mixer, miscellaneous kitchen tools and a supply of pantry items.

Under their Special Community Project, the lodge has been providing assistance to people transitioning into independent living for several years. As part of this program the lodge has provided supplies to veterans, foster children, single parents and families.

Additionally, the lodge provided \$500 worth of gift cards (in \$20 increments) to Abode Services for distribution to local families that need assistance purchasing school supplies. Additionally, in early September, the lodge provided lunch to the residents of Sunrise Village Emergency Shelter.

The lodge continues to expand its community involvement, as community service and paying it forward are commitments Fremont Elks Lodge 2121 has made in keeping with the motto "Elks Care, Elks Share." For more information about the Elks, visit www.fremontelks.org.



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Looking through a lens of gratitude

BY JOHNNA M. LAIRD

World Gratitude Day, which occurs annually on September 21, has gained recognition since the United Nations Meditation Group officially adopted it in 1977. The idea emerged at the East-West Center in Hawaii 12 years before as participants conversed during the 1965 Thanksgiving meal. Some sources say the day, marked on the same date as the United Nations' International Day of Peace, was proposed to appreciate global contributions to improve the planet. Yet, World Gratitude Day has evolved over the years, focusing on individuals experiencing gratitude for positive moments in their lives.

Researchers in the last decade have linked gratitude beyond a transient emotion to overall well-being. Dr. Robert Emmons at University of California at Davis, involved in long-term studies focused on the science of gratitude, asserts that gratitude can "heal, energize, and transform" lives.

Sumi Lampert of Fremont does not need World Gratitude Day to recognize the importance of gratitude. Gratitude is the lens through which she sees the world every day. Wherever she is, she sprinkles gratitude, expanding perspectives of others. Now in her late 80s, Lampert trims bushes in her front yard, but she pauses to speak to passersby.

"Do you need help?" asks one of the people out walking. "Oh no. My son will do it, but I thought I would just get started. I am grateful that I can."

To a mother passing by grumbling about walking her children to school, Lampert

pauses to think before she speaks. Cheerily she says, "I'm paying teachers to help your children learn skills so they can get a good job." "You are?" one of the children asks. "Yes, I and all of the neighbors. We pay taxes to have great public education so everybody has that opportunity to learn skills needed to survive."

Lampert is one of the founders of The Candle Lighters, a service and social organization that has contributed more than \$1.5 million to local organizations since it began in 1969 to fund a YMCA building. Earlier this month, Lampert was busy arranging lunches for the 60 plus volunteers who transform the Carriage House at the Fremont Hub into the annual Ghost House.

Cultivating gratitude in one's life is not particularly easy, according to Emmons at UC Davis. It must be chosen. That's what makes Lampert's gratitude rather remarkable. She spent her teen years in an internment camp in Utah during World War II. She, her parents, and six siblings were uprooted, forced to leave their Hayward home to spend months at Tanforan Racetrack, an Assembly Center, sleeping on bags of hay. Even then she says, "I was grateful for that hay."

Invited in the past to speak to school classes to offer a first-hand glimpse into internment camps, Lampert talks about her experiences matter-of-factly. From Tanforan, she and her family were transported to Topaz Camp in central Utah, desert land on the edge of the Great Basin, where armed guards kept a watchful eye along the barbed-wire fence periphery. She



recalls the day an "intelligent, older man," (James Wakasa, age 63) who had the distinction of bringing his dog to camp, walked too close to the fence, was shot and killed; the responding ambulance a speck in the distance.

She remembers, too, making her way to mess hall meals, trekking through dust, rain, and mud. She also recalls that almost immediately schools were established, with older students as teachers. "I still remember my prepositions after all these years," says Lampert, who felt like she received an education in the camp and never quite understood why her brother, who earned his

Ph.D., treasured his high school diploma when Hayward High School, decades later, conferred it upon him.

An attitude pervaded the camp: "This is the way it is for now. You can be angry or you can be pleasant. Do the best you can." It's an attitude she carries with her today.

Three and a half years after they were forced from their home, Lampert and her family arrived by train in Oakland. When she stepped out into the air, the smells and the building heights proved dizzying in contrast to the desert. Overwhelmed, she fainted. "I was supposed to be looking after my

younger siblings," she says.

Lampert carried another camp message imprinted in her mind: "Don't let yourself be a victim. Make a choice." Emmons' research indicates exactly what Lampert has experienced; to gain gratitude people must give up a "victim mentality."

After gaining education to become a medical secretary, Lampert worked in San Francisco in the 1950s. "I always said that when I 'arrived' in life, I would find ways to give back." Living in an apartment with six girls, a "roof over my head, able to buy clothes, and pay for transportation," Lampert says she felt that she had arrived. She connected with the Sierra Club, but recoiled initially when someone suggested camping. "I've had enough camp," she replied. But friends packed her sleeping bag, filled with the necessities, and Lampert found herself on camping trips where Ansel Adams was present. She participated in writing campaigns to create North Cascade in Washington and Dinosaur in Colorado into national parks. She found her match in caring about the greater good when she met and married Art Lampert, who served on Fremont's City Council, its recreation commission, and Alameda County Water District before his death in 2009. As she travels throughout Fremont, she can see his influence particularly in the area's parks and behind the scenes effort to support the nation's first urban wildlife refuge along San Francisco Bay.

And what does Sumi Lampert experience? Why gratitude, of course.

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Souls Returning: Day of the Dead

SUBMITTED BY
MARCESS OWINGS

The Hayward Area Historical Society is proud to present "Souls Returning: Day of the Dead 2016," guest curated by Winda Shimizu, in their Community Gallery from October 1 through November 13.

The exhibit centers on celebrating Dia de los Muertos (Day

of the Dead), that occurs every year on November 1 and 2. The celebration focuses on the belief that the spirits of lost loved ones, often represented by the monarch butterfly, return from another world to be with their friends and family for one night. It is a time of celebration, remembrance, and honor through art, food, music, the building of altars in the memory of loved ones, sharing stories, and connecting with your community.

The exhibition explores all the various stages and symbolism of the celebration through the artwork of more than 25 local artists. A free opening reception is scheduled for Friday, September 30. Atten-



"Return of the Souls," acrylic and ink by Ann Maloney-Mason.

dees will have the opportunity to meet the artists and discuss the artwork.

"Having grown up in Puerto Rico my understanding of Day of the Dead, as my family celebrated it, was very somber. But after living in California for more than 25 years, the history of this festival has been expanded and clarified for me. It is not the sad, dark, and solemn tradition I use to know. There is nothing somber or macabre about Day of the Dead. Quite the opposite!" says Shimizu.

Educational programs welcoming the entire family include decoration of ceramic skull and make and take Day of the Dead inspired prints by woodblock carving artist Robert Wolff on Saturday, October 8, and an interactive presentation by artist and cultural educator Anita De Lucio on Thursday, October 20. Both events are free with museum admission.

Community members are invited to visit the exhibition at the HAHS Museum for History and Culture in Hayward. The mu-

seum is open Wednesday through Sunday, 10 a.m. to 4 p.m. General admission is \$5, and \$3 for seniors and students. For more information, please call (510) 581-0223 or visit www.haywardareahistory.org.

Souls Returning: Day of the Dead 2016
Saturday, Oct 1 –
Sunday, Nov 13
Wed – Sun,
10:00 a.m. – 4:00 p.m.

Reception: Friday, Sep 30
5:30 p.m. – 7:30 p.m.

Educational Programs:
Sat, Oct 8
10:00 a.m. – 1:00 p.m.

Interactive Presentation:
Thursday, Oct 20
6:30 p.m. – 8:00 p.m.
HAHS Museum for
History and Culture
22380 Foothill Blvd, Hayward
(510) 581-0223
www.haywardareahistory.org.
Admission: \$5 general,
\$3 seniors/students

Home & Garden

Tillandsias: a breath of fresh air

ARTICLE AND PHOTOS BY
DANIEL O'DONNELL

Convenience will be one of the top ten words that future anthropologists use when looking back to describe the first quarter of this century. An entire week's food can be delivered to a person's home without them ever having to leave it. Any eleven-digit phone number can be called by pushing one speed dial number. Doors open themselves, ovens clean themselves, and cars drive themselves, all making life easier. Nature has even lent a hand to those who want to grow plants with as little effort as possible by creating plants that need no soil. At the very least, all an air plant needs to survive is a counter or tabletop to sit on and some occasional watering.

Air plant is the common name for any of the approximately six hundred and fifty plants in the Tillandsia genus that do not need soil to grow. They have specialized leaves with tiny hair-like structures that aid in absorbing nutrients and water. A Tillandsia's water source in the wild is dew, fog, rain, mist, or even highly humid air. Their nutrients come from insect or bird droppings, decaying plant debris, dust, or minerals that are in the water they consume. The ability of air plants to sustain themselves in such ways allows them to tolerate many different environments.



They can be found in swampy regions, tropical rain forests, rocky cliff sides, high mountainous elevations, and on barren land as long as there is moisture in the air.

Tillandsias do have roots, however the roots are only capable of attaching the plant to rock crevices, tree trunks, vines or branches. This adaptation fulfills the two other specific requirements that most air plants have besides needing moisture. The first is dappled light. Tillandsias do not do well in direct sunlight. Branches and crevices provide the necessary shade for them to survive. The second requirement is air circulation. This is fulfilled where the roots attach themselves. Cliff fissures and treetops all commonly have wind blowing around and through them, not only supplying vital nutrients but also dissipating excess moisture so the plants do not rot.

The natural environment that air plants live in makes them extremely easy to grow at home. Bright indoor light or the dappled light on a covered porch provide the amount of light that most Tillandsias need. They prefer the warmer range of temperatures that most people keep their homes at. A temperature below forty-five degrees can kill most air plants.

The optimal moisture Tillandsias want can easily be provided by dunking them in a dish of water for about twenty minutes once or twice a week and a two-hour soak every three weeks. It is important to shake them dry after taking them out of their bath so excess water does not accumulate at the base. A less optimal watering schedule that still provides the essential care the plants need to survive would be a combination of fewer water baths with periodic misting to make up the difference. The main thing to check in a hydrated air plant is stiff leaves full of water. Wrinkled, rolled, pale, and soft leaves are signs that the plant might need water. Over time,



Tillandsias can be sensitive to the chemicals found in tap water. Using rain or chloramine-free water will extend the plant's life.

Air plants do not need fertilizing but will respond well to a monthly feeding in a water bath of a low nitrogen fertilizer. An air plant or bromeliad fertilizer is best, but a one fourth ratio of the recommended amount of a houseplant fertilizer will be OK.

Tillandsias are attention getters because they are not limited to having to survive in a pot like other plants. They can be placed on a shallow plate, in a glass vase, on top of an interesting empty bottle, wired to a wall, or hung in front of a window. An air plant elevates any normal household object into a work of art. They can be glued to driftwood or a mirror, but using wire is easier when removing the plants for dunking in water.

Tillandsia's leaves can range in color from silvery green to dark

green. Some have bright red, orange, yellow, purple or multicolored tips. Most have flowers that can also vary greatly between plants. Air plants can be found at many nurseries throughout the Bay Area, usually in the indoor plant section. While their varieties are usually limited, online companies such as Twisted Acres (www.airplantstore.com) who have more varieties will be glad to send out top quality plants with care instructions easily found on their website.

Remembering the name Tillandsia is probably the most complicated thing about owning an air plant. Although there is some care involved, not many plants that need such little consideration command so much attention.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com



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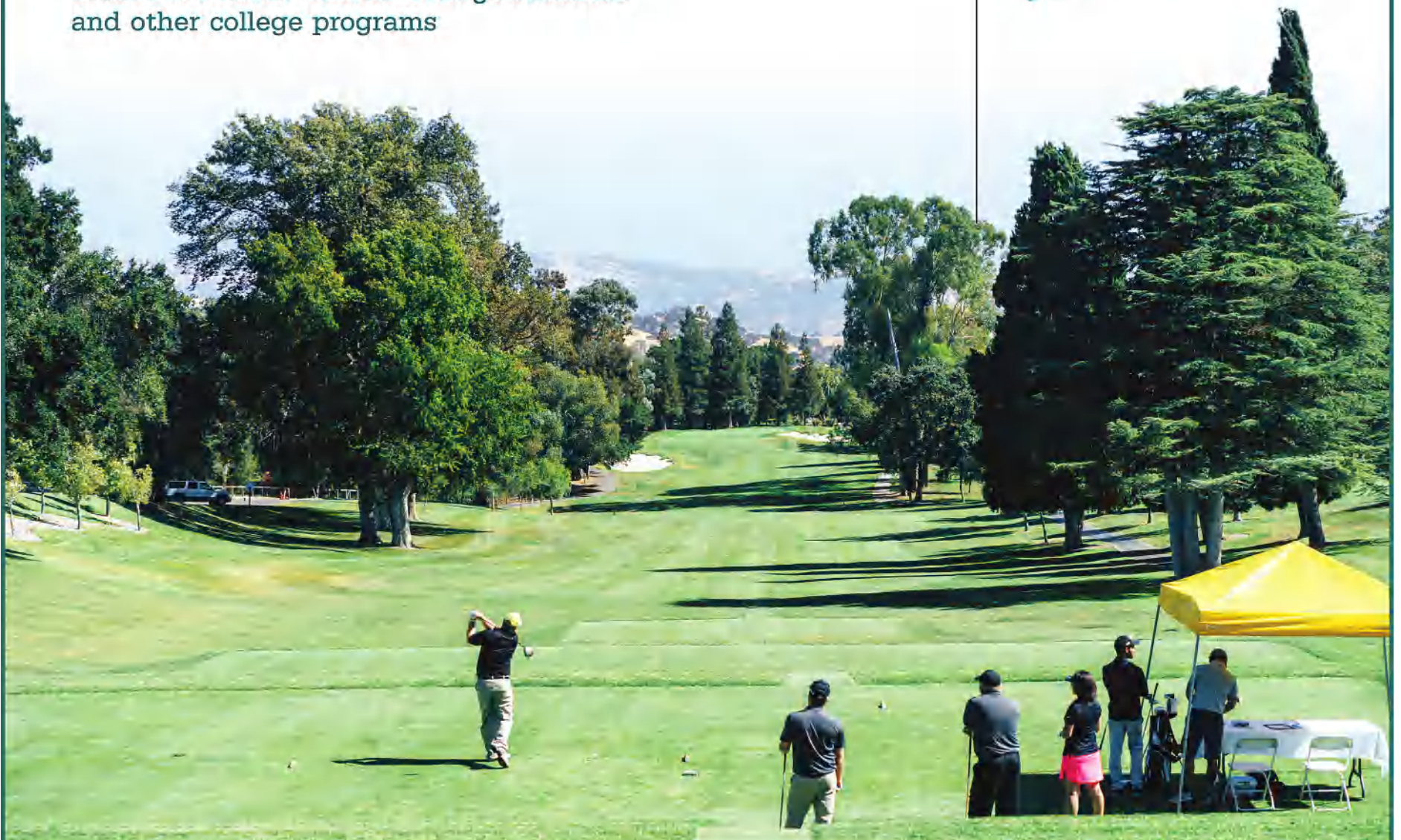
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CASTRO VALLEY TOTAL SALES: 11						
Highest \$: 940,000		Median \$: 649,000				
Lowest \$: 350,000		Average \$: 628,818				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
18394 Carlwyn Drive	94546	791,000	3	2178	195808-11-16	
4057 Mabel Avenue	94546	590,000	3	1009	195008-12-16	
2500 Miramar Ave #305	94546	350,000	2	1133	198208-11-16	
20115 Redwood Rd #2	94546	440,000	2	866	198808-11-16	
4439 Sargent Avenue	94546	649,000	3	1107	194608-10-16	
2705 Somerset Avenue	94546	456,000	3	1208	194608-10-16	
3666 Somerset Avenue	94546	670,000	3	1793	196208-12-16	
18917 Stanton Avenue	94546	495,000	3	1144	195408-12-16	
18870 Buren Place	94552	850,000	3	2251	200208-11-16	
22769 Canyon Ter Dr #4	94552	686,000	4	1607	199708-10-16	
22530 Princeton Place	94552	940,000	3	2082	200008-12-16	
6014 Mt. Olympus Dr	94552	1,030,000	4	2325	199108-03-16	

FREMONT TOTAL SALES: 32						
Highest \$: 2,091,000		Median \$: 880,000				
Lowest \$: 287,000		Average \$: 896,938				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
38775 Almaden Place	94536	1,170,000	4	2177	1974 08-11-16	
35822 Augustine Place	94536	1,018,000	3	1664	1970 08-12-16	
38873 Bass Common	94536	720,000	2	1178	1994 08-12-16	
2503 Bishop Avenue	94536	1,050,000	4	2206	1986 08-12-16	
3419 Bridgewood Ter #101	94536	555,000	2	1125	1986 08-11-16	
38627 Cherry Lane #3	94536	470,000	2	938	1974 08-12-16	
3045 Dickens Court	94536	1,109,000	4	1997	1972 08-11-16	
37963 Farwell Drive	94536	900,000	4	1690	1959 08-10-16	
35576 Galen Place	94536	970,000	3	1801	1967 08-12-16	
945 Huntington Common	94536	565,000	2	840	1988 08-12-16	
3303 Isherwood VWay	94536	935,000	3	1523	1971 08-15-16	
354 King Avenue	94536	819,000	3	1384	1989 08-11-16	
4311 Nagle Way	94536	1,011,000	3	1365	1958 08-12-16	
38498 Redwood Terrace	94536	635,000	2	1290	1982 08-15-16	
5324 Selma Avenue	94536	880,000	4	1588	1963 08-15-16	
105 Silk Oak Common	94536	770,000	3	1579	2006 08-10-16	
4048 Carol Avenue	94538	869,000	3	1460	1989 08-10-16	
40425 Chapel Way #104	94538	287,000	2	1052	1983 08-15-16	
4840 Coco Palm Drive	94538	789,000	3	1204	1964 08-12-16	
4466 Ladner Street	94538	640,000	3	925	1956 08-12-16	
39283 Marbella Terraza #9Q	94538	690,000	2	1578	1991 08-10-16	
43089 Mayfair Park Terrace	94538	660,000	2	1224	1986 08-15-16	
4718 Seneca Park Avenue	94538	960,000	3	1455	1964 08-12-16	
3695 Stevenson Blvd #C125	94538	531,000	2	1040	1991 08-10-16	
115 Buck Court	94539	1,135,000	4	1728	1988 08-11-16	
48470 Flagstaff Place	94539	1,560,000	5	2823	2000 08-10-16	
43280 Gallegos Avenue	94539	1,038,000	3	1201	1955 08-10-16	
39924 San Simeon Court	94539	1,350,000	4	1914	1967 08-12-16	
48272 Sawleaf Street	94539	915,000	3	1544	1963 08-10-16	
481 Tangelo Court	94539	2,091,000	-	-	08-11-16	
332 Washington Boulevard	94539	1,050,000	7	2997	1973 08-12-16	
34583 Pueblo Terrace #24	94555	560,000	2	840	1988 08-15-16	

HAYWARD TOTAL SALES: 31						
Highest \$: 1,075,000		Median \$: 535,000				
Lowest \$: 313,000		Average \$: 570,597				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
832 Blossom Way	94541	453,000	3	1686	1951 08-15-16	
2386 D Street	94541	460,000	3	1347	1975 08-12-16	
2244 Dexter Way	94541	540,000	4	1982	1959 08-12-16	
1206 Martin Luther King Dr	94541	525,000	2	1227	2013 08-10-16	
2280 Morrow Street	94541	595,000	3	1834	2013 08-12-16	
1775 Panda Way #337	94541	313,000	2	898	1980 08-15-16	
847 West Sunset Blvd #A	94541	462,000	2	1208	1994 08-12-16	
331 Williams Way	94541	640,000	4	1999	2012 08-12-16	
3618 Deer Park Court	94542	816,000	4	2552	1973 08-12-16	
28405 Fox Hollow Drive	94542	963,500	4	2962	1994 08-12-16	
2509 Lancaster Court	94542	685,000	3	1357	1959 08-10-16	
3255 Waterview Court	94542	805,000	4	1386	1968 08-10-16	
30257 Cedarbrook Road	94544	850,000	4	2620	1999 08-15-16	
528 Celia Street	94544	535,000	5	2247	1957 08-11-16	
665 Dartmore Lane #354	94544	375,000	2	878	1988 08-12-16	
24651 Diamond Ridge Dr	94544	500,000	3	1475	1991 08-11-16	
29241 Dixon Street	94544	535,000	3	2200	2006 08-10-16	
945 Fletcher Lane #D314	94544	365,000	2	946	1986 08-12-16	
643 Greeley Court	94544	400,000	2	1035	1948 08-12-16	
24144 Magna Avenue	94544	539,000	4	1536	1952 08-10-16	
31159 Oakhill Way	94544	485,000	3	1252	1955 08-11-16	
32248 Payne Street	94544	560,000	3	1221	1951 08-11-16	
546 Van Court	94544	410,000	2	836	1944 08-12-16	
26246 Ventura Avenue	94544	560,000	3	1130	1953 08-12-16	
2037 Aldengate Way	94545	1,075,000	10	4192	1966 08-15-16	
2062 Duval Lane	94545	463,000	3	1343	1956 08-10-16	
25945 Madeline Lane	94545	560,000	3	1757	1959 08-10-16	
2150 Moody Way	94545	674,000	4	1956	1992 08-12-16	
2111 Sleepy Hollow Ave	94545	512,000	3	1215	1956 08-12-16	
1641 Southgate Street	94545	575,000	3	1128	1957 08-12-16	

21095 Gary Drive #311	94546	458,000	2	1101	1980 08-12-16
21314 Gary Drive #101	94546	490,000	3	1354	1991 08-02-16

MILPITAS TOTAL SALES: 18						
Highest \$: 1,325,000		Median \$: 830,000				
Lowest \$: 470,000		Average \$: 849,639				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
60 Butero Lane	95035	1,110,000	4	2624	2012 08-26-16	
29 Curtis Avenue	95035	651,500	2	1192	2005 08-26-16	
1229 Daniel Court	95035	709,000	3	1364	1985 08-24-16	
1636 Edsel Drive	95035	600,000	5	2032	1963 08-26-16	
1852 Edsel Drive	95035	751,000	3	1102	1962 08-26-16	
2431 Edsel Drive	95035	1,015,000	5	1980	1970 08-25-16	
330 Expedition Lane	95035	924,000	4	1892	2015 08-29-16	
715 Garden Street	95035	830,000	3	1860	2016 08-26-16	
236 Gerald Circle	95035	1,078,000	3	1940	2014 08-24-16	
567 Greathouse Drive	95035	842,500	6	1962	1965 08-25-16	
1920 Momentum Drive	95035	853,000	3	1882	2015 08-26-16	
38 Parc Place Drive	95035	705,000	3	1530	2005 08-26-16	
336 San Miguel Ct #1	95035	470,000	3	1050	1971 08-30-16	
600 South Abel St #317	95035	656,000	2	1309	2007 08-29-16	
1990 Trento Loop	95035	763,500	3	1767	2015 08-29-16	
2006 Trento Loop	95035	860,000	3	1981	2015 08-26-16	
1880 Wellington Drive	95035	1,325,000	4	3155	1984 08-26-16	
676 Wessex Place	95035	1,150,000	4	2390	1984 08-26-16	

NEWARK TOTAL SALES: 9						
Highest \$: 1,060,000		Median \$: 620,000				
Lowest \$: 550,000		Average \$: 691,833				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
7748 Crestmont Ave	94560	770,000	3	1228	1968 08-11-16	
36968 Elm Street	94560	599,000	2	912	1918 08-15-16	
6253 Joaquin Murieta Ave #G	94560	620,000	3	1456	1981 08-10-16	
6386 Mayhews Landing Rd	94560	550,000	3	942	1954 08-11-16	
7067 Mayhews Landing Rd	94560	680,000	3	1232	1963 08-11-16	
37027 Poplar Street	94560	602,000	3	1080	1961 08-12-16	
37103 San Antonio Street	94560	585,500	3	1370	1954 08-10-16	
6133 Tourraine Drive	94560	1,060,000	5	3391	1959 08-10-16	
36041 Tozier Street	94560	760,000	3	1950	1975 08-15-16	

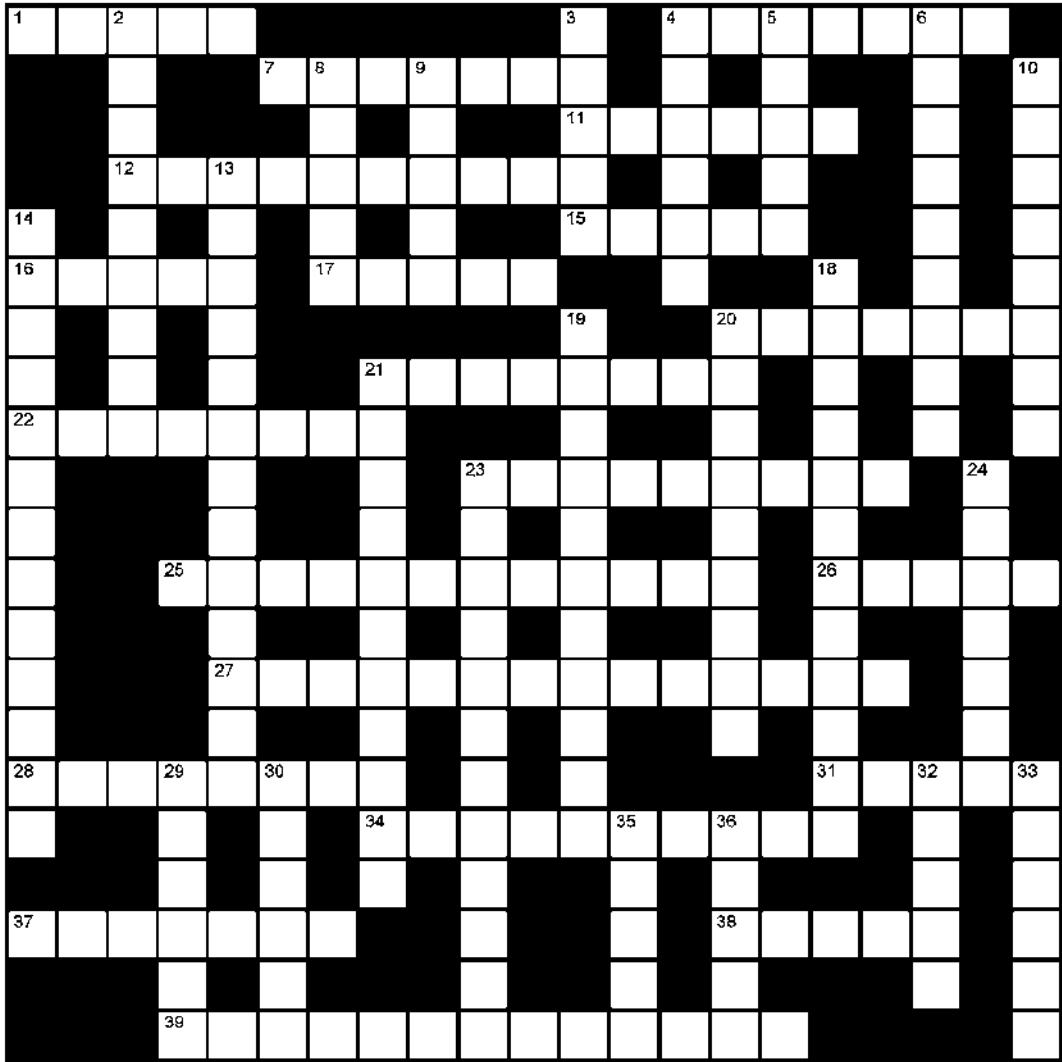
SAN LEANDRO TOTAL SALES: 13						
Highest \$: 875,000		Median \$: 590,000				
Lowest \$: 440,000		Average \$: 595,615				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
1400 Carpentier Street #4099	94577	450,000	2	1139	1983 08-12-16	
2093 Cleveland Street	94577	665,000	6	1797	1944 08-11-16	
1407 Daily Drive	94577	875,000	3	1986	1958 08-10-16	
920 Evergreen Avenue	94577	643,000	3	1402	1945 08-15-16	
962 Joaquin Avenue	94577	440,000	3	1390	1980 08-11-16	
1522 Marybelle Avenue	94577	445,000	3	1028	1944 08-12-16	
1257 Margery Avenue	94578	590,000	3	1328	1947 08-15-16	
16879 Robey Drive	94578	800,000	-	2720	1978 08-12-16	
1361 Advent Avenue	94579	630,000	4	1688	1951 08-12-16	
1715 Hubbard Avenue	94579	643,000	4	1342	1954 08-12-16	
15329 Inverness Street	94579	540,000	3	1115	1955 08-11-16	
1538 Manzanita Avenue	94579	490,000	3	1096	1953 08-15-16	
1368 Purdue Street	94579	532,000	3	1081	1951 08-15-16	
15566 Wicks Boulevard	94579	580,000	3	1244	1958 07-29-16	

SAN LORENZO TOTAL SALES: 6						
Highest \$: 640,000		Median \$: 480,000				
Lowest \$: 293,000		Average \$: 487,167				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
16125 Lucas Court	94580	545,000	3	1582	1954 08-10-16	
16164 Paseo Largavista	94580	293,000	3	1096	1944 08-11-16	
17028 Via Perdido	94580	565,000	3	1068	1947 08-10-16	
1755 Via Toyon	94580	480,000	3	1078	1955 08-12-16	
17519 Wickman Place	94580	400,000	4	1453	1971 08-10-16	
965 William Drive	94580	640,000	4	1722	1999 08-12-16	

UNION CITY TOTAL SALES: 14						
Highest \$: 950,000		Median \$: 725,000				
Lowest \$: 300,000		Average \$: 654,143				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
2623 Ascot Way	94587	735,000	4	1463	1971 08-12-16	
4276 Comet Circle	94587	481,000	3	1137	1972 08-12-16	
2564 Copa Del Oro Drive	94587	300,000	1	590	1989 08-12-16	
32200 Deborah Drive	94587	725,000	-	1370	1976 08-15-16	
32246 Devonshire Street	94587	740,000	3	1591	1968 08-12-16	
1055 Green Street	94587	574,000	2	1203	2007 08-10-16	
4811 Kenwood Street	94587	850,000	3	1901	1980 08-11-16	
33004 Marsh Hawk Road	94587	738,000	4	1544	1976 08-10-16	
4257 Polaris Avenue	94587	480,000	3	1280	1974 08-11-16	
4356 Queen Anne Drive	94587	671,000	3	1357	1971 08-12-16	
4339 Queensboro Way	94587	785,000	3	1357	1971 08-11-16	
3174 San Angelo Way	94587	780,000	3	1762	1968 08-10-16	
5154 Seaside Court	94587	950,000	4	2409	1993 08-12-16	
2155 Skylark Court #3	94587	349,000	2	903	1972 08-12-16	

Mind Twisters

Crossword Puzzle B 3796



- Across
- 1 Love goddess (5)

4 Zilch (7)

7 Level off (7)

11 "The dog ate my homework," e.g. (6)

12 A kind of gas (10)

15 A bit too interested (5)

16 Circle (5)

17 Animal in a roundup (5)

20 Ironed (7)

21 Mozart, e.g. (8)

22 Answer (8)

23 State (9)

25 Lexicons (12)

26 Certain berth (5)

27 DVRs help skip them (14)
- 28 All (8)

31 On in years (5)

34 Game-playing (10)

37 Clump (7)

38 Plies the sea (5)

39 Picked out (13)
- Down
- 2 They're next to you (9)

3 Pageant winner (5)

4 Like Miss Congeniality (6)

5 "Yum!" (5)

6 With trepidation (9)

8 Come-ons (5)

9 "___ Calloways" (Disney film) (5)

10 Counted on (8)

13 "League of _____" Gen-
- tlemen" (2003 film) (13)

14 Patted on the back (13)

18 Knock-off (12)

19 Bucolic locale (11)

20 Held a sign, maybe. (9)

21 Fractions of meters (11)

23 Building (12)

24 Garden-variety (7)

29 Crops are this, by farmers (6)

30 One side in baseball negotiations (6)

32 Crowded (5)

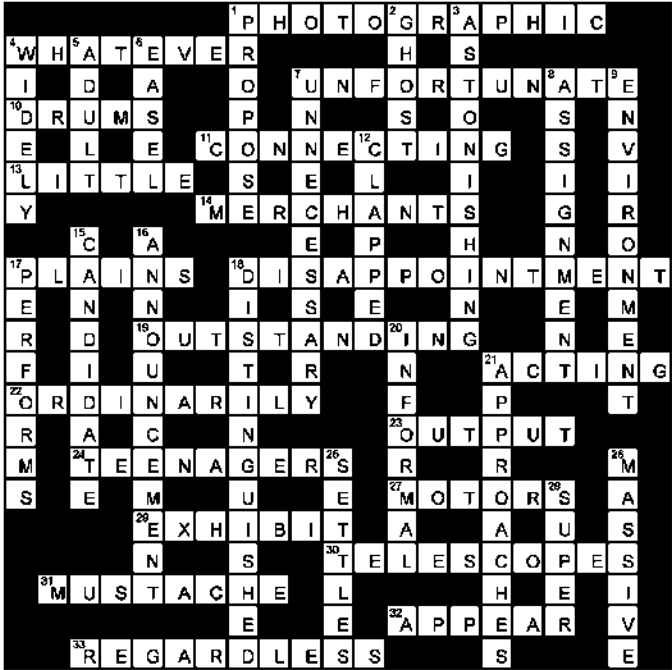
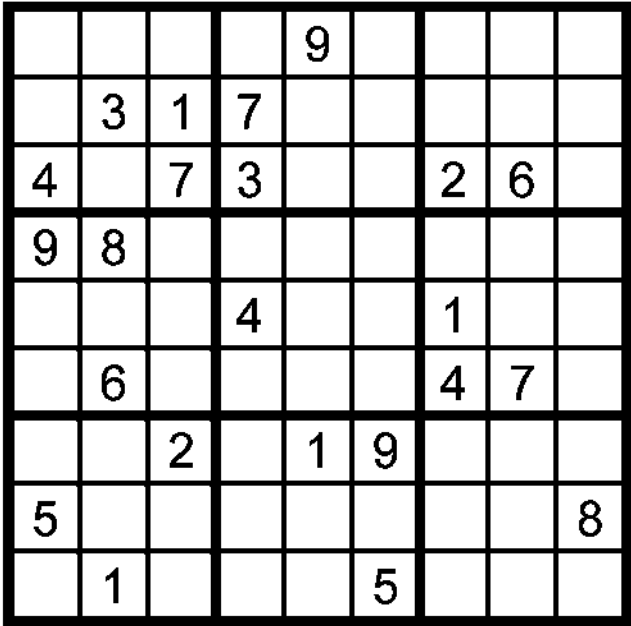
33 _____ Baron (6)

35 "Green ___" (5)

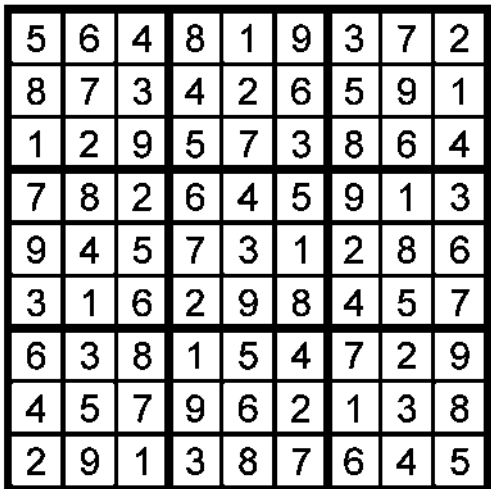
36 Subject for debate (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 3795



Tri-City Stargazer SEPTEMBER 21 - SEPTEMBER 27, 2016

For All Signs: Although Mercury turns direct tomorrow, it is remaining in what is called “stationary” position this week. That means that we will continue to have effects of the September retrograde until October 6. It is still a challenge to get things off the ground. The closer we are to mid-October, the easier it will

become to launch without stumbling blocks. This is the last stage of the retro-grade in which we are asked to think things through carefully before plunging ahead.

Aries the Ram (March 21-April 20): A relationship or friendship that began with gusto in late March arrives at a point of evaluation. The question of permanence may always be an issue in this situation. The relationship may be fine, but perhaps one of you is looking for some fresh excitement. A long weekend for R&R could make the difference.

Taurus the Bull (April 21-May 20): Your moods may go up, down, and sideways this week with the eclipse. Don't take anything seriously yet. Mercury is retrograding in your 5th house of children and lovers. You may not have all the information or your imagination could be running away with you. Do not make important decisions or promises until the end of September.

Gemini the Twins (May 21-June 20): Past work on a significant project related to your home pays off now. It has demanded major attention to the details, but they are now integrating well. Contracts may be signed that favor you monetarily. The financial Powers-That-Be are in your

favor. Take a deep breath. You've done a great job.

Cancer the Crab (June 21-July 21): People of the past may resurface. You could have a tendency during this period to slide into old and outmoded patterns of emotional behavior. Somehow they are associated with old wounds in your life and you would just as soon let those memories go back to the ethers. Don't let the old habits capture you for long.

Leo the Lion (July 22-August 22): This week is about finding healing on either the physical or emotional levels. You may be the healer or the healed. It is possible that alternative medicine may play a role. If a friendship or a more significant relationship needs mending, now is the time to do so. The willingness to open your heart and mind to give and to receive is yours at this time.

Virgo the Virgin (August 23-September 22): You may be thinking about the people of your past. If you feel so inclined, pick up the phone. It is probable that others are thinking about you, too. Green lights

light up the areas of love life, play, and children.

Libra the Scales (September 23-October 22): Your attitude about yourself is not altogether accurate right now. You may think way too much of your ideas, or alternately, you may see yourself as lower than scum. Neither is accurate and you should probably not make decisions of any importance this week. Spiritual pursuits are given a “go” signal.

Scorpio the Scorpion (October 23-November 21): One or more acquaintances from the past may cross your radar this week. This person or group may have information or a reminder that can help you on your path. The eclipse may bring you enlightenment concerning children or a lover. Finances have been a problem but you have an opportunity this week to earn some pocket change.

Sagittarius the Archer (November 22-December 21): After what seems an aeon, you have a happy development that is the result of your personal effort and creativity. There may also be a green light in relation

to a lover or a child. While Mercury retrogrades, whatever you can fully accomplish before the end of Sept. Will be well. But don't count on anything that requires more than a month to finish.

Capricorn the Goat (December 22-January 19): Travel is highlighted, especially if you are returning to a place that you have been in the past. You may need to re-write or edit a paper, announcement, or public relations piece. People who live at a distance may come back to pay you a call. If you are researching an item, make sure you get info from two sources before you use it.

Aquarius the Water Bearer (January 20-February 18):

The Full Moon Eclipse described above may bring financial information to light. If there are errors, they will show up. This may or may not be in your favor; it depends upon what you have done with finances in the past.

Pisces the Fish (February 19-March 20): The last thing in the world you want to do right now is follow routine. Give yourself some slack and take a breather. If you don't, you will resent it and that uses more energy than it is worth. Let your imagination flow and consider adding something beautiful, maybe inspirational, to your everyday surroundings. It will perk up your attitude.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

Auto Review

2016 Honda Civic: Old Name, New Car

BY STEVE SCHAEFER

The Civic is Honda's oldest nameplate, arriving in the U.S. in 1973. Since then, more than 10 million have been sold here—nearly 22 million worldwide. The original car was a tiny, cute hatchback—the perfect entry for a time of Middle East oil embargoes and the beginnings of the green movement.

Over time, the original Civic hatchback grew and added sedan, wagon, and coupe models. It remained a very popular and compact vehicle. The 2006 model, ushering in the 8th



generation, was smooth and sophisticated, with subtle styling and lots of room.

The Civic had a bit of a crisis with Generation 9, when planners decontented it, foreseeing a time of economy ahead. It was a mistake, and the Gen 9 Civic received some quick styling and material updates. But it wasn't until the new 2016 Generation 10 car that the renewal was complete.

This car is about as new as a vehicle can be. It looks and feels nothing like the old one. While a couple of inches longer and wider, it looks a lot bigger, thanks to styling that can only be considered extreme. Multiple creases snake their way along the sides.

The nose features a complex assembly of curves and textures, with a bold chrome bar through the middle. The taillamps are huge boomerangs, looking like they came from a larger car.

The plan for a revolutionary Civic was also meant to put back the driving enjoyment of earlier iterations. The engineers and designers have succeeded. Once you've entered the Civic and sat down in the comfortable bucket seat, a dashboard assembled of interesting shapes and high-quality materials greets you. Apparently, Honda's people pored over the field of compact luxury sedans and brought some of the look and feel into this affordable car.

My test car was a top-level Cosmic Blue Metallic Touring model, so there was leather on the seats, steering wheel, and shift knob. The new instrument panel "awakens" in a dramatic flourish. The look and feel of the controls, and the massing and form of the dash are profoundly better. An example: The volume control on the steering wheel is touch sensitive. I could brush against it and change volume instantly.

When you move out, you feel the power of one of two new engines. The standard LX and fancier EX trims get the 2.0-liter four cylinder that puts out a healthy 158 horsepower and 138 lb.-ft. of torque. It's the largest, most powerful base

engine ever in a Civic. The EX-T, EX-L (leather) and top-level Touring models receive the 1.5-liter turbo that bumps that to 174 horsepower and 162 lb.-ft.—a lot for a car that weighs 2,923 lbs. and at one time boasted 60 horsepower.

Most cars will sell with the efficient continuously variable automatic transmission (CVT), but you can still order a manual six-speed in the LX model with the 2.0-liter. That's a treat these days, but one that few folks will go for. The 1.5-liter turbo comes only with the CVT.

Honda spent lots of time and energy refining the new Civic to be quieter. Engineers chased down air leaks and sealed the cabin better, using triple door seals and new hood seals. They installed an acoustic glass windshield, placed sound-absorbing heat baffles and an under-body cover, added separators to the window pillars, attached new rear wheel house liners, and used "formed fiber" carpeting. Some of these are firsts in a Civic.

My car had no options but, as a Touring, came with the Honda Sensing Package. This adds a batch of electronic safety items that are proliferating through the industry, filtering down to cars for everyone. Features include Adaptive Cruise Control, which keeps a distance between you and the car ahead (and brakes when



Over the past 23 years, Steve Schaefer has tested more than 1,000 cars and published a weekly story on every one. As a teenager, he visited car dealers' back lots to catch a glimpse of the new models as they first rolled off the transporter. He is a founding member of the Western Automotive Journalists. Contact Steve at sdsauto@sbcglobal.net. My blog for alternative vehicles: stevegoesgreen.com

needed), Collision Mitigation Braking System, Forward Collision Warning ("BRAKE" flashes), Lane Departure Warning, Lake Keeping Assist System, and Road Departure Mitigation. In brief, the elements of autopilot are all here.

Fuel economy numbers are high as you'd expect. EPA figures are 31 City, 42 Highway, and 35 Combined. I averaged 32.5 mpg over the test week—about as good as it gets for a gas burning car these days. Green numbers are a mediocre 6 for Smog but a nice 8 for Greenhouse Gas.

Pricing starts with the LX at \$19,475. The EX begins at \$21,875. My Touring model came to \$27,335. All prices include \$835 Destination and Handling. That is a very approachable number, don't you think?

There's no reason to expect this Civic not to do at least as well as its predecessors have. Although to me it's a bit overstyled, as a car you can live with day-to-day and year after year, it's packed with goodness you won't tire of.

Harness the power of solar with SunShares

SUBMITTED BY CITY OF FREMONT

Solar electricity is helping cities throughout the Bay Area meet energy needs while reducing air pollution, enhancing resiliency, and revitalizing neighborhoods.

The City of Fremont is one of nearly 40 local government agencies and major employers participating in Bay Area SunShares, a community-wide clean energy program that expands access to solar energy and zero-emission vehicles via pre-negotiated discounts. By pooling the buying power of individual participants, SunShares has negotiated competitive pricing from solar and ZEV (Zero Emission Vehicle) vendors, passing those discounts on to residents.

Three local and recognized solar installation companies (PetersenDean, SkyTech Solar, and SunRun) have been selected for the program and are offering discounted pricing to residents, making now the most affordable time to go solar! This year, SunShares is also introducing zero-emission vehicle discount options on the Nissan Leaf and Toyota Mirai.

Imagine the possibilities: Save on your home utility bills, cut your gas costs, reduce your greenhouse gas footprint, and drive on clean energy! Plus, you'll be doing your part to help Fremont win the \$5 Million Georgetown University Energy Prize.

Learn more by attending a workshop at the Fremont Main Library on

Saturday, September 24. Register at eventbrite.com and scroll to Sunshares Workshop Fremont or visit <https://fremont.gov/>

Also, visit <https://fremont.gov/2295/SunShares-Program> to sign up for a no-cost, no-obligation home solar evaluation, receive your vehicle discount code, and learn how you can save on your utility bill for years to come by plugging into the sun. This limited time offer is available until November 4.

SunShares Solar Program
Saturday, Sept 24
1:00 p.m. – 2:30 p.m.
Fremont Main Library
2400 Stevenson Blvd, Fremont
Register: eventbrite.com (Suns shares Workshop Fremont)
<https://fremont.gov/>

Fremont teacher nominated for Presidential Award for Excellence

SUBMITTED BY BRIAN KILLGORE

Fremont Unified School District (FUSD) was proud to learn that Grimmer Elementary School Computer Instructor Saroda Chattopadhyay was one of nine outstanding math and science teachers nominated by State Superintendent of Public Instruction Tom Torlakson as California finalists for the 2016 Presidential Awards for Excellence in Mathematics and Science Teaching (PAEMST).

"I congratulate these remarkable teachers whose dedication and innovative teaching styles prepare our students for 21st century careers and college," said Torlakson. "These teachers are among the best of the best in their field and an inspiration to their students and colleagues."

The California Department of Education (CDE) partnered with the California Science Teachers Association and the California Mathematics Council to recruit and select nominees for the PAEMST program—the highest recognition in the nation for a mathematics or science teacher.

Each applicant must demonstrate a mastery of math or science, appropriate use of instructional methods and strategies, lifelong learning, and leadership in education outside the classroom. State finalists were selected by a panel of their peers who reviewed each candidate's content knowledge, teaching effectiveness, achievement results, and professional involvement.

Chattopadhyay teaches grades one through six at Grimmer Elementary and has been teaching for 10 years. Her students utilize Google Apps for Education and various other software, to increase technology skills through collaborative projects. Chattopadhyay holds a master's of science in electronics and a master's in telecommunication systems.

"In a few short years Grimmer Elementary has transformed itself into one of the true superstars of our school district thanks in no small part to



outstanding teachers like Ms. Chattopadhyay," said FUSD Superintendent, Dr. Jim Morris. "We congratulate her for being nominated for this honor as well as Principal Judy Nye and the entire Grimmer community."

The National Science Foundation administers PAEMST on behalf of The White House Office of Science and Technology Policy. PAEMST was enacted by Congress in 1983 and authorizes the President each year to bestow up to 108 awards. PAEMST awards primary and secondary teachers in alternate years. Awards are given to mathematics and science teachers from each of the 50 states and four U.S. jurisdictions including Washington, D.C., Puerto Rico, Department of Defense Schools, and the U.S. territories.

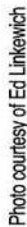
For a list of all nominees and for more information, visit <http://www.cde.ca.gov/ta/st/pa/> or <http://www.paemst.org/>



 Find Kid Scoop on **Facebook**

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The Man Who Tried to Outrun Cancer



More than \$700 million has been raised worldwide to date through the annual Terry Fox Run which is held every September in communities around the world.

– TERRY FOX

Standards Link: Research: Use the newspaper to locate information.

Standards Link: Visual Discrimination: Find similarities and differences in common objects.

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

Tell how you make a difference in someone's life within your family, your school, or in your community.

Standards Link: Reading Comprehension: Follow multiple step written directions.

– TERRY FOX
(1958-1981)



continued from page 1

Fun on two wheels at I Bike Union City

Numerous types of bicycles will be cruising by this year's event, from lowriders to choppers and many other kinds of specialized, custom bicycles. Get your bike into the showcase and contest for \$5, where judges and attendees will assess each bicycle and vote for the best bikes in the East Bay. Bay Bombs, a car club that also dabbles in bicycles, has taken an active role in promoting the event and are even raffling off a bike this year, alongside gift baskets and other goodies.

Curious to learn about bike repair or need a repair yourself?

and then last year we were able to pull it off," he said, adding, "(Custom biking) is kind of an underground community right now. There's a lot of clubs out there in the Bay." Estrellado visited a number of other bike shows throughout the greater Bay Area and took inspiration from them when designing Union City's event.

Last year, Estrellado estimates that they had over 200 attendees, a feat they hope to surpass this year. "I'm hoping it's gonna be bigger this year," he said, continuing, "It's good for the commu-



Onsite vendors will be available to assist and educate attendees. This happens to be a main function of Union City's Teen Workshop, located on Mission Boulevard. There, teens learn the ins and outs of bicycle repair and refurbishment. "We focus on kids building their own bikes (at the UC Teen Workshop)," Estrellado said. "This fundraiser will help keep these going," he added.

Union City's Community and Recreation Services department is heading up the planning of the event in conjunction with Union City Youth and Family Services (UCYFS) and Teen Workshop programs to fundraise and raise awareness of the awesome things they are doing in the community. Estrellado explained that UCYFS assists children who fell through the cracks by using outreach initiatives such as a boxing program and counseling services, among other programs.

"We want to reach out more to the community. We want to let the city know we have this going on," Estrellado said of the event. Last year, I Bike had 150 to 200 bikes on display, which was a resounding success for Estrellado and the team that brought it together. The Community and Recreation program had known for a while that they wanted to put together an event, but couldn't quite nail down a theme right away. "We were kicking this idea around for four to five years,

nity and good for the kids. We're providing a platform for people to showcase their art, and these bikes really are art."

Funds raised by the event fuel Union City's outreach programs so they can continue to provide fun and safe activities for local teens.

As long as those bike wheels keep spinning toward Kennedy Park each year, so will the event. "We take it year by year. If the community still wants it to happen, it will. Hopefully it won't go away anytime soon," Estrellado said.

The event is free for all to attend, including pets! There is a \$5 fee to enter bikes into the contest. Showcasing your bike without judging is free of charge. Entries into the showcase are made on the day of the event and may arrive as early as 7:30 a.m., but must be registered for display by 1 p.m. Awards will be handed out later in the day.

I Bike Union City
Saturday, Sep 9
9 a.m. – 3 p.m.

Kennedy Community Park
1333 Decoto Rd, Union City
(510) 675-5805

www.unioncity.org
Free admission
Bicycle contest: \$5 entry



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Dr. Ray received his training from:

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California Pacific Medical Center
Medical Degree
Emory University School of Medicine
Research
HIV Vaccine - Harvard University School of Medicine
Ocular Manifestations of the Ebola Virus -
National Institute of Health in Liberia

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Corneal Transplants, DSAEK

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Red Carpet Casino Night



**The fundraiser is for a special young man named
Jake Javier.**

Jake's life was abruptly changed by a swimming pool accident that occurred on June 9th of this year in Danville, California. Jake was transported to John Muir Hospital due to Jake sustaining a paralyzing spinal cord injury. Jake's future medical treatments involve being transported to Santa Clara Valley Hospital to received Stem Cell surgery and start physical therapy. Jake will then be flown to Craig Hospital in Inglewood, Colorado to continue his spinal cord rehabilitation.

By a cruel twist of fate, the day after the accident Jake was to walk the stage and graduate with his classmates from San Ramon Valley High School. Jake had already planned on continuing his education by attending Cal Poly San Luis Obispo College to play football and major in mechanical engineering.

A group of family and friends (Team Jake#54) are organizing a "Red Carpet Casino Night" as a way to raise money for items needed during his rehabilitation. We are reaching out for help from individuals and/or businesses to donate merchandise that can be used for Auction or Raffle prizes. If unable to make a donation of merchandise you can show your support by sponsoring a casino table or attend the event and enjoy an evening of fun and excitement.

There will be a variety of Casino games, raffle prizes, live & silent auction, dinner, and cocktails. You can find additional information regarding the purchasing of event tickets and how to donate items for raffle and auctions at www.jakestrong54.com.

September 24th, 2016 - 5:00pm

Blackhawk Surgery Center, 3600 Blackhawk Plaza Circle, Danville, California

Benefitting JakeStrong#54

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the Alameda County Library

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The Masonic Homes Transitions Unit Offers Compassionate, Top-of-the-Line Joint Replacement Recovery

Alexander P. Sah, M.D., of the Dearborn-Sah Institute for Joint Restoration at Washington Hospital, knows a thing or two about quality medical care. The hip- and knee-replacement specialist who graduated top in his class from Jefferson Medical College before completing postdoctoral training at Massachusetts General Hospital, Harvard, and Rush University Medical Center has been named a top-10 orthopedic surgeon in California and the San Francisco Bay Area – and he was recently nominated in the top 1 percent for America's Most Honored Professional Award.

Today, as co-director of the Institute for Joint Restoration with Dr. John Dearborn, Sah oversees a leading surgical program whose stellar reputation inspires clients to travel from as far away as Hawaii and New York for top-notch care. "We have 30 private rooms in our facility," he explains. "Our nurses and therapists are highly specialized professionals who are skilled in caring for joint replacement patients. We have excellent, targeted care – from bedside staff to physical therapy providers."

After the Institute, most patients are able to return home immediately. If necessary, others spend a few days or weeks in post-surgical rehabilitation – and that's where the Masonic Homes comes in. The Homes new Transitions short-stay care and rehabilitation unit has partnered with Sah to create specialized

facilities targeted to patients recovering from orthopedic surgeries.

"Our patients come to us with a very high expectation for the quality of care they receive," explains Sah. "This care isn't only relegated to our facility – it's also reflected in the partner facility we refer them to for continued care after their surgeries. The Masonic Homes has worked closely with us to ensure that Transitions meets the standards we value most: attentive, compassionate care; state-of-the-art facilities; the ability and flexibility to address patients' individual needs; and professional communication skills to ensure continued monitoring of post-surgical patient outcomes."

"We are proud to partner with the Institute for Joint Restoration," says Masonic Homes Executive Vice President Gary Charland. "We feel fortunate to have a facility of this quality in the Tri-City Community and are thrilled to be able to work with them to provide the best possible quality of care for those recovering from hip- and knee-replacement surgeries."

Orthopedic recovery is just one area where the Masonic Homes Transitions unit shines. It currently provides support for a number of different short-term skilled nursing needs, including rehabilitation from cardiac surgery, strokes, and other types of neurological rehabilitation. Highly qualified staff also provide short-term respite care for family



DR. ALEXANDER P. SAH,
OF THE DEARBORN-SAH
INSTITUTE FOR JOINT
RESTORATION



FRIENDLY, PROFESSIONAL
TRANSITIONS STAFF ENSURE
RESIDENTS GET TARGETED CARE
FOR JOINT RESTORATION.

members of older adults who require at-home skilled nursing services or memory care. Services are high quality and tailored to the individual.

"When developing Transitions, we consulted with families and care providers to envision and implement our services," explains Director of Skilled Nursing Franco Diamond. "We modeled them for the future of the senior care industry."

With a low staff-to-patient ratio and all registered-nurse staff, Transitions is a comfortable, safe, and convenient place to complete cardio, orthopedic, stroke, and neurosurgical rehabilitation. Amenities include an on-site state-of-

the-art gym, restaurant-style dining with table service, private rooms with large-screen televisions, and other hotel-style amenities.

For more information about Transitions, call Maricar Domingo at (510) 475-2137. To learn more about Dr. Sah and the Institute for Joint Restoration at Washington Hospital, visit dearbornsah.com.

EASY TIPS TO MAKE YOUR HOME SAFER

Did you know that most older adults who experience health-compromising falls do so inside their own homes? Help make your home safer by following these easy tips from the National Institute On Aging:

- Remove any safety hazards, like clutter around hallways and doorframes, small furniture, pet bowls, phone cords, loose rugs, and other potential obstacles.
- Arrange furniture to maximize walkways.
- Install non-slip strips on floors, steps, and showers.
- Clean up wet floors/spills promptly.
- Ensure indoor and outdoor spaces are well-lit. Add lamps and nightlights to hallways and keep a flashlight near the bed for emergencies.
- Install handrails on stairs – and watch your feet.
- Add and commit to using grab bars.
- Rearrange often-used items to make them easily accessible.

Need additional help? Local organizations like LIFE ElderCare offer special tutorials and visits to help make your home safer. Learn more at lifeeldercare.org.

SUPPORT ALZHEIMER'S RESEARCH!



The Masonic Homes is a gold sponsor of the San Francisco Walk to End Alzheimer's, taking place Saturday, September 17 at Fort Mason in San Francisco.

To support the Masonic Homes, visit act.alz.org/sanfrancisco2016 and search for the MASONIC HOMES OF CALIFORNIA team.

The Walk to End Alzheimer's is held in 600 communities nationwide annually to raises awareness and funds for Alzheimer's care and research. Alzheimer's disease affects more than 44 million people around the world, including one in every nine Americans over age 65 and a third of those over age 85. Please join the Masonic Homes in supporting this critical cause. Together, we can make a difference!

TRANSITIONS: A More Comfortable Recovery



Transitions at the Masonic Homes offers quality post-surgical rehabilitation in an upscale environment with hotel-style amenities and delicious dining options. Get the dedicated care you need without sacrificing the comforts of home.

For more information, visit masonichome.org/transitions or contact Maricar Domingo at (510) 475-2137.

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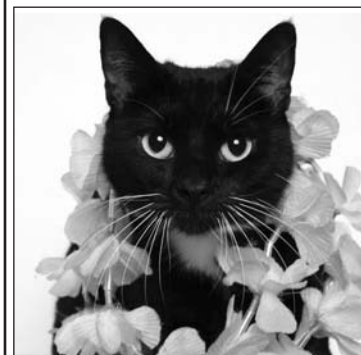
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I need a Forever Home



Sheena is gorgeous, black and white tuxedo girl with stunning green eyes. She's a quiet girl who enjoys soft beds and tasty treats. Sheena doesn't care for loud noises but will happily lounge in a sunny window for hours. Info: Hayward Animal Shelter. (510) 293-7200.



Artemis is a gentle, 6 years young boy with luxurious white and gray fur. He loves head-to-tail pets, sitting on your lap, and being brushed. He can be a bit shy at first, but warms up quickly. He's been waiting for a family since May 14. Info: Hayward Animal Shelter. (510) 293-7200.

ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter
510-293-7200

16 Barnes Court (Near Soto & Jackson) Hayward
Tuesday - Saturday 1pm - 5pm

\$ = Entrance or Activity Fee
R = Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



CONTINUING EVENTS

Tuesday, Sep 27 - Sunday, Oct 30

Annual Art Show

Tues: 11 a.m. - 3 p.m.
Thurs: 1 p.m. - 4 p.m.
Wed, Fri & Sat: 11 a.m. - 5 p.m.
Celebrating 51 years of art in Fremont
Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905
<http://tinyurl.com/faaannual-show>

Thursdays, Sep 29 - Oct 27

Fatherhood Class - R

6:30 p.m. - 8:30 p.m.

Discuss parenting skills and conflict management

Information meeting Tuesday, Sep 20 at 6:30 p.m.
Fremont Family Resource Center
39155 Liberty St. (at Capitol), Fremont
(510) 333-3478
www.RelationshipsCA.org/R3Academy
Fridays, May 6 thru Oct 28
Fremont Street Eats
4:30 p.m. - 9:00 p.m.
Food trucks, beer, wine and entertainment
Downtown Fremont
Capitol Ave. & Fremont Blvd., Fremont
<https://www.facebook.com/FremontStreetEats/>

Monday, Jun 27 - Saturday, Sep 24

Labor Exhibit

Mon: 5 p.m. - 10 p.m.
Tues & Thurs: 10 a.m. - 1 p.m.
Sat: 12 noon - 3 p.m.

Longshoreman photos by Frank Silva
PhotoCentral
1099 E St., Hayward
(510) 881-6721
www.photocentral.org

Friday, Jul 22 - Sunday, Sep 25

Botanical Beauties in Watercolor and Ink

10 a.m. - 5 p.m.
Refreshing view of plant kingdom
Opening reception Saturday, Jul 23 @ 2 p.m.
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Wednesdays, Jul 27 - Sep 28

Canasta

9:15 a.m.

Card game

No experience necessary
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Thursdays, Jul 28 - Sep 29

Bingo \$

1 p.m.

Games, refreshments and door prizes
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Fridays, Jul 29 - Sep 30

Mahjong

9:15 a.m.

Tile game

No experience necessary
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Mondays, Aug 1 thru Sep 26

Bunco

10 a.m.

Dice game

Arts & Entertainment



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Friday & Saturday 9pm

MUSIC CALENDAR

FRIDAY, SEPTEMBER 23RD

Paula Harris and the Beasts of Blues

SATURDAY, SEPTEMBER 24TH

AKi Kumar Blues Band

Happy Hour

Mon.-Fri 2pm-6pm

Sat. 11am-4pm

Sun. All Day

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www.smokingpigbbq.net

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Farmers’ Markets

FREMONT:

Centerville

Saturdays

9 a.m. - 1 p.m.

Year-round
Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Downtown Fremont Farmers’ Market

Wednesdays

3 p.m. – 7 p.m.

May thru October
Capital Ave. between Liberty St.
and State St.
www.westcoastfarmersmarkets.org

Kaiser Permanente Fremont Farmers’ Market

Thursdays

10 a.m. – 2 p.m.

Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market

Sundays

9 a.m. – 2 p.m.

Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer’s Market

Saturdays

9 a.m. - 2 p.m.

Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers’ Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays

9 a.m. - 3 p.m.

Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente San Leandro

Wednesdays

10 a.m. - 2 p.m.

June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers’ Market at ICC

Sundays

8 a.m. – 1 p.m.

Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers’ Market

Sundays

9 a.m. - 1 p.m.

Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkt.com

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays

10 a.m. – 2 p.m.

Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market

Saturdays

9 a.m. – 1 p.m.

Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

No experience necessary
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesdays, Aug 9 thru Sep 27

Bingo \$

1:15 p.m. - 3:30 p.m.

Progressive blackout games

Kenneth C. Aitken Center
17800 Redwood Rd.,
Castro Valley
(510) 881-6738
www.haywardrec.org

Sunday, Aug 9 - Monday, Oct 31

Harmony Art Exhibit

12 noon - 6 p.m.

Portraits of wildlife and nature

Milpitas Library
160 North Main St., Milpitas
(408) 262-1171
www.sccl.org

Thursday, Aug 26 - Sunday, Sep 24

New Visions

12 noon - 5 p.m.

Variety of mediums and techniques

Featuring Allied Artists West
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Monday, Sep 1 thru Friday, Sep 29

San Leandro Art Association Members Show

12 noon - 5 p.m.

Variety of mediums on display

San Leandro Main Library
300 Estudillo Ave., San Leandro
(510) 577-3971
www.aclibrary.org

Monday, Sep 6 - Saturday, Sep 24

Halloween Costume Donations

11 a.m. - 5 p.m.

Drop off gently used costumes

Children ages 5 – 16 only
Hayward Main Library
835 C St., Hayward
(510) 881-7946
annie.snell@hayward-ca.gov

Monday, Sep 6 - Thursday, Dec 15

10th Street After-School Program

4 p.m. - 6 p.m.

Sports, arts and crafts and games

Drop-in program, no day care
10th Street Community Center
33948 10th Street, Union City
(510) 675-5488
www.unioncity.org/departments/community-recreation-services

Thursday, Sept 8 - Sunday, 25

Serra Center Artists’ Exhibition

12 noon - 5 p.m.

Variety of works in various mediums

Artists’ reception Sunday, Sept 11
at 3 p.m.
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Fridays, Sep 9 thru Sep 30

Teen Night Out!

5:30 p.m. - 8:30 p.m.

Play pool, air hockey and video games

Ages 12 – 17
Union City Teen Center
1200 J St., Union City
(510) 675-5600
http://www.ci.union-city.ca.us/departments/community-recreation-services

Friday, Sep 9 - Sunday, Oct 2

Tuesdays with Morrie \$

8 p.m.
Sunday matinees 2 p.m.
Student and teacher reconnect 20
years later
Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
www.chanticleers.org

Neighborhood “Village”

Non-profit to help people
stay in their homes as they age

Eden Area Village is developing a non-profit
membership group to serve Hayward, Castro Valley
and San Lorenzo area.

Public outreach meetings held
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2pm
Hayward City Hall
777 B Street, Hayward



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11am-9pm
Fri-Sat
11am - 12noon
Sun
10am-9pm

Mondays and Wednesdays, Sept 12 thru Oct 12

Develop Your Own Food Business – R

6:30 p.m. - 8:30 p.m.

Discuss operating models, costs and marketing

Hayward Adult School
22100 Princeton St., Hayward
(510) 293-8595
https://www.facebook.com/haywardchamber/

Mondays, Sep 12 thru Oct 17

Meditation Heartfulness Class

11 a.m. - 12 noon

Connect with your inner light and joy

Ages 55+
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesdays, Sep 13 thru Nov 1

Finding Wellness – R

9:30 a.m. - 11:00 a.m.

Discuss nutrition and stress management

Participate in gentle exercises
Ages 55+
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesdays, Sep 13 thru Nov 8

Memory Academy \$R

2:00 p.m. - 3:30 p.m.

Strategies to increase brain function

Kenneth C. Aitken Center
17800 Redwood Rd.,
Castro Valley
(510) 881-6738
www.haywardrec.org

Fridays, Sep 16 thru Sep 30

Toddler Ramble \$

10:30 a.m. - 11:15 a.m.

Children ages 1 - 3 interact with nature

Hayward Shoreline Interpretive
Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Fridays, Sep 16 thru Sep 30

Nature Detectives \$

1:00 p.m. - 1:45 p.m.

Children discover animal habitats

Hayward Shoreline Interpretive
Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Thursday, Sep 16 - Saturday, Oct 15

Dr. Jekyll and Mr. Hyde \$

8 p.m.
Sunday matinees 3 p.m.
Classic tale of good versus evil
Broadway West Theatre
Company
400-B Bay St., Fremont
(510) 683-9218
www.broadwaywest.org

Mondays and Wednesdays, Sep 19 thru Nov 9

Citizenship Class \$R

12:30 p.m. - 3:00 p.m.
Discuss American Government
Prepare for interview test
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 793-6465
www.face.edu

Tuesdays and Thursdays, Sep 20 thru Nov 10

Citizenship Class \$R

7:00 p.m. - 9:30 p.m.
Discuss American Government
Prepare for interview test
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 793-6465
www.face.edu

THIS WEEK

Wednesday, Sep 21

Toddler Time \$

10:30 a.m. - 11:45 a.m.
Activities and farm chores for tots
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Wednesday, Sep 21

Decoupage Crafting

10 a.m.
Create a craft using paper and glue
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org



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Email: programassistant@driversforsurvivors.org
www.DriversForSurvivors.org

Friday, Sep 23
Friday Teen Festivities \$
4:45 p.m.
Checkers Tournament
Silliman Activity Center
6800 Mowry Ave., Newark
(510) 578-4620
www.newark.org

Friday, Sep 23- Saturday, Sep 24
Live Blues Music
9 p.m.
Various artists
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
www.smokingpigbbq.net

Friday, Sep 23
Movie Under the Stars
8 p.m.
Star Wars “The Force Awakens”
Downtown Fremont
Capitol Ave., Fremont
https://fremont.gov/2296/Movie-Nights

Friday, Sep 23
Family Movie Night
5 p.m. - 8 p.m.
“The Sandlot” rated PG
Cardoza Park
1356 Kennedy Dr., Milpitas
(408) 262-2501

Friday, Sep 23
Local Candidates Election Forum
7 p.m. & 8 p.m.
Fremont Mayor and FUSD Board candidates speak
City of Fremont Council Chambers
3300 Capitol Ave., Fremont
(510) 494-4508
www.lwvfnuc.org

Saturday, Sep 24
Ohlone Village Site Tour
1 p.m. - 3 p.m.
Tour shade structure, pit house and sweat house
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Saturday, Sep 24
HERS Breast Cancer Walk and Run \$R
7 a.m.
5k and 10k walk and run
Quarry Lakes
2250 Isherwood Way, Fremont
(510) 795-4895
www.hersbreastcancerfoundation.org/

Saturday, Sep 24
OktoberFest \$
12 noon - 5 p.m.
German beer, food, music and games
Swiss Park
5911 Mowry Ave., Newark
(510)793-6279
www.NewarkOktoberFest.com

Saturday, Sep 24
Find that Fox – R
2:00 p.m. - 3:30 p.m.
Search for the presence of wildlife
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222
http://donedwardsfox.eventbrite.com

Saturday, Sep 24
Cemetery Clean-Up
9 a.m. - 1 p.m.
Help maintain historic landmark
Water and snacks provided
San Lorenzo Pioneer Cemetery
Usher Street & College Street, San Lorenzo
(510) 581-2516
www.haywardareahistory.org

Saturday, Sep 24
Wake Up the Farm \$
10:30 a.m. - 11:00 a.m.
Prepare morning snack for farm animals
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 24
Bay Bike Ride – R
10:30 a.m.
Docent led 11 mile trail ride
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x362
https://donedwardsbike.eventbrit e.com

Saturday, Sep 24
Corn Mosaics \$
1 p.m. - 2 p.m.
Create a craft with rainbow corn
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 24 - Sunday, Sep 25
Family Fun Hour
2 p.m. - 3 p.m.
Stories, games and activities
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Saturday, Sep 24
Drawbridge Van Excursion – R
10:00 a.m. - 12:30 p.m.
Docent narrated van tour of marshlands
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513
http://drawsummer.eventbrite.com

Saturday, Sep 24
Movie Night \$
7:30 p.m.
Amateur Cracksman starring John Barrymore
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Sep 24
Household Hazardous Waste and Electronics Drop-Off
9 a.m. - 1 p.m.
Safely dispose of cleaners, motor oil, paint and electronics
Tri-Ced Community Recycling
33377 Western Ave., Union City
(800) 606-6606
www.stopwaste.org/HHW

Saturday, Sep 24
IBike Show and Swap Meet
9 a.m. - 3 p.m.
Music, art, food, raffle and bike show
Benefit for youth and family services
Kennedy Community Center
1333 Decoto Rd., Union City
(510) 675-5805
maynarde@unioncity.org

Saturday, Sep 24
Bobbin Lace Keychain For Adults – R
3 p.m. - 4 p.m.
Craft making materials provided
Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 284-0677
btelford-ishida@aclibrary.org

Saturday, Sep 24
Community Shredding Event
9 a.m. - 1 p.m.
On-site document shredding
Paper only, no large staples, clips, or boxes
Christ The King Church
1301 Mowry Ave., Fremont
(510) 612-4383
wijowi@aol.com

Saturday, Sep 24
ACWD Water Treatment Plant Tours – R
9 a.m. - 12 noon
Discover your drinking water system
Address provided upon RSVP
Alameda County Water District
(510) 668-4470
www.acwd.org

Saturday, Sep 24
Book Geeks “Mosquitoland”
2:30 p.m. - 4:00 p.m.
Book talk for grades 7 – 12
Hayward Main Library
835 C St., Hayward
(510) 881-7980

Saturday, Sep 24
Flash Fiction Writing Contest Awards Ceremony
10 a.m. - 5 p.m.
Submitted stories available for review and judging
Half Price Books
39152 Fremont Blvd., Fremont
(510) 744-0333
www.fremontculturalarts.org

Saturday, Sep 24
End of Summer Fiesta \$
6 p.m. - 11 p.m.
Live music, dancing, food and games
St. Joachim Parish
21250 Hesperian Blvd., Hayward
(510) 783-2766

Sunday, Sep 25
Meet the Bunnies \$
11:30 a.m. - 12 noon
Interact with the rabbits
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 25
Math for Adults
2 p.m. - 4 p.m.
Data Analysis
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Sunday, Sep 25
Shark Feeding Frenzy \$
2 p.m. -3 p.m.
Kids feed aquarium animals
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sunday, Sep 25
Garden Chores for Kids \$
10:30 a.m. - 11:30 a.m.
Lend a hand watering, weeding and planting
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 25
Corn Shelling \$
12:30 p.m. - 2:00 p.m.
Mill corn into meal
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 25
Stone Age Olympics
10 a.m. - 3 p.m.
Paleolithic games and tool making demonstrations
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Sunday, Sep 25
Protect Yourself from Identity Theft – R
11:30 a.m. - 12:30 p.m.
Discuss tips and steps to keep yourself safe
Christ The King Church
1301 Mowry Ave., Fremont
(925) 400-4006
teresa.wible@thrivent.com

Sunday, Sep 25
Uncle Rico’s Original Rock ‘n Roll
1 p.m. - 5 p.m.
Featuring Hypnotones and Hayward High Marching Band
Hayward Memorial Park
24176 Mission Blvd., Hayward
www.haywardrec.org

Monday, Sep 26
Milpitas Rotary Club Meeting
12 noon - 1:30 p.m.
Discuss quality healthcare for the uninsured
Dave and Busters
940 Great Mall Dr., Milpitas
(408) 957-9215
http://www.clubrunner.ca/milpitas

Monday, Sep 26
Coyote Cubs
10:30 a.m. - 11:30 a.m.
Arts, crafts and park exploration
Ages 3 – 5
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Monday, Sep 26
Harmony Fusion Open Rehearsal
7 p.m. - 10 p.m.
Women’s a cappella chorus open to new members
Hill and Valley Clubhouse
1808 B St., Hayward
(925) 373-0210
http://www.harmonyfusion.org/

Monday, Sep 26
2016 Presidential Debate Live Broadcast
5:15 p.m.
Watch Clinton and Trump’s televised debate
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Tuesday, Sep 27
Read to a Dog
6:30 p.m. - 7:30 p.m.
Kids practice reading to therapy dogs
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Tuesday, Sep 27
Songs and Stories with Steven Curtis Chapman \$
7 p.m.
Concert with guests Mac Powell and Brandon Heath
Harbor Light Church
4760 Thornton Ave., Fremont
(510) 744-2233
www.awakeningevents.com

Tuesday, Sep 27
National Voter Registration Day Event
4 p.m. - 7 p.m.
Voter registration forms available to adults 18+
Must register by Oct 24 to vote in the November election
BART Fremont Station
2000 Bart Way, Fremont
www.lwvfnuc.org

Senior Helpline

(510) 574-2041

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Summer Concert Series

You’ve got the sun, your shorts and sandals – what else do you need to jump into summer? How about those sweet musical strains that soundtrack so many summer memories? Concert series are now kicking off in the Tri-Cities with something for every musical taste. Grab a friend, your shades, and a picnic and kick back and enjoy!

HAYWARD
Hayward Street Party
Thursdays, 5:30 p.m. – 8:30 p.m.
B Street (between Foothill Blvd and Watkins St), Hayward
(510) 537-2424
www.hayward.org
Free

Sep 25: “Uncle Rico’s” Original Rock ‘n Roll featuring The Hypnotones, Hayward High School Marching Band, Band and Jazz Band members (benefitting Hayward High School Instrumental Music Program), with Guest Celebrity Chef Mark Salinas and donations from Chavez Market

Tuesday, Sep 27
National Voter Registration Day Event
4 p.m. - 7 p.m.
Voter registration forms available to adults 18+
Must register by Oct 24 to vote in the November election
BART Union City Station
10 Union Square, Union City
www.lwvfnuc.org

Friday, Sep 30
A Night in Rio Seniors Night Out \$R
5:00 p.m. - 8:30 p.m.
Dinner, music, dancing and raffle
Doubletree Hotel
39900 Balentine Dr., Newark
(510) 818-9888
SeniorsNightOut@comcast.net

Saturday, Oct 8
Top Hat 30 Benefit \$R
6 p.m. - 12 Midnight
Dinner, cocktails, entertainment and auction
Black ties optional
Washington Hospital
2500 Mowry Ave., Fremont
(510) 791-3428
foundation@whhs.com
http://www.whhs.com/foundation/foundation-events/

League of Volunteers (LOV) Thanksgiving planning meeting

SUBMITTED BY SHIRLEY SISK

Join Partners in Giving for the 28th annual Thanksgiving Meal Program serving Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo and Castro Valley.
It’s now that time of year when we ask past committee members and new members to sign up and volunteer for this effort. Please come to the kick off/planning meeting on Wednesday, September 28 at LOV in Newark.
Your help is needed so that we can all better serve non-profit agency clients and others in need. Join

this collaboration of community volunteers and service agencies to provide sit-down/served meals, entertainment, kid crafts, take home food boxes and homebound meal deliveries. Last year, over 4,690 meals were served.

LOV – Holiday Planning Meeting
Wednesday, Sept 28
5:30 p.m.
LOV Community Service Ctr
8440 Central Ave, Ste A/B, Newark
RSVP: (510) 793-5683

Honoring Our Heroes Night

SUBMITTED BY
RACHEL KAHOALII

Please join us for our 3nd annual “Honoring Our Heroes Night” on Friday, September 23 when Newark Memorial High School Athletics holds a special event at the football game that evening.
If you, or any family member, or friend, have served in the military, fire or police departments,

we would love to hear from you, and include you/them in our ceremony and parade. Please contact Rachel Kahoalii at rkahoalii@newarkunified.org or (510) 818-4339.
If you are not available to participate, we would still like to honor you; so, please send your name and military branch via email to rkahoalii@newarkunified.org

Honoring Our Heroes Night
Friday, Sept 23
6:45 p.m. /Pre-game ceremony

Newark Memorial Stadium
39375 Cedar Blvd, Newark
(510) 818-4339
rkahoalii@newarkunified.org

Park It

BY NED MACKAY

The Tidewater Boating Center at Martin Luther King Jr. Regional Shoreline in Oakland will host a free open house from 9 a.m. to 1 p.m. on Saturday, September 24 to showcase all the recreational resources that are available at the center and in the park.
Diversions will include boating (12 and older), fishing, bicycling (5 feet and taller), and lots of other activities for all ages that are available through the East Bay Regional Park District’s Outdoor Recreation Department.
The center is located on Tidewater Avenue about a quarter-mile south of High Street in Oakland. Tidewater Avenue is the last left turn before the High Street Bridge from Oakland into Alameda. For more information on the event, call 510-544-2553.
It’s tarantula time again in the regional parks and other open spaces. Every fall, male tarantulas venture forth from their burrows in search of females, for purposes of procreation.
It’s not an easy life for the big guys. Along the way, they can fall prey to tarantula hawks, a variety

of wasp that paralyzes the spider and lays eggs on its body. If the male spider does find a female in her burrow, the female may kill him after the mating process. In any case, the males die soon after mating; females can live for many years.
Park district naturalists are planning several tarantula themed programs in coming days. There’s one from noon to 1:30 p.m. on Saturday, September 24 at Diablo Foothills Regional Park, led by naturalist Virginia Delgado. It’s a short loop hike, designed for ages six and older. Meet at the Orchard Staging Area at the end of Castle Rock Road in Walnut Creek. For information, call 510-544-2750.
At Tilden Nature Area near Berkeley, there’s a program series called “Advice from an Animal.” Your animal advisors from 11 to 11:30 a.m. on Saturday, September 24 are spiders.
Also, naturalist Trent Pearce will lead a spider safari from 2 p.m. to 3:30 p.m. the same day. The group will search for orb weavers, jumping spiders and other members of the arachnid clan. Bring your camera.

Trent also plans a nature walk around Jewel Lake from 10 a.m. to 11:30 a.m. on Saturday, September 24. It’s two miles, mostly flat, but not good for strollers.
For all three activities, meet at Tilden’s Environmental Education Center. It’s located at the north end of Central Park Drive, reached via Canon Drive from Grizzly Peak Boulevard in Berkeley. For information, call 510-544-2233.
The Olympic Games in Brazil are over, but you can still try your hand at all kinds of ancient skills during the Stone Age Olympics, from 10 a.m. to 12:15 p.m. and 1 to 3 p.m. Sunday, September 25 at Coyote Hills Regional Park in Fremont.
Master of the games is naturalist Dino Labiste. Events will include Paleolithic dart, bolas, and rabbit stick throwing; fire starting using stick friction, tool making demonstrations, and lots more. Skilled knappers will demonstrate how they transform rocks into functional tools.
It all takes place at Coyote Hills’ Dairy Glen campground. Coyote Hills is at the end of Patterson Ranch Road off Paseo Padre Parkway. The Olympics are free; the park has a parking fee of \$5 per vehicle. For more information, call 510-544-3220.
Nature art is the theme of Family Nature Fun hour from 2 to 3 p.m. on Saturday and Sun-

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www.aclibrary.org.
Times & Stops subject to change

Monday, Sept 26
1:30 – 2:00 Acacia Creek, 34400 Mission Blvd., UNION CITY
2:45 – 3:45 Ardenwood School, 33955 Emilia Ln., FREMONT
5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday, Sept 20
1:45 – 2:30 Fremont Hills Senior Living, 35490 Mission Blvd., FREMONT
3:50 – 4:20 Mission Gateway Apts., 33155 Mission Blvd., UNION CITY
4:50 – 5:30 Mariner Park, Regents Blvd. & Dorando Dr., UNION CITY
5:40 – 6:20 Sea Breeze Park, Dyer St. & Carmel Way, UNION CITY

Tuesday, Sept 27
4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT
5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

Wednesday, Sept 28
12:45 – 2:15 Glenmoor School, 4620 Mattos Dr., FREMONT
3:15 – 3:45 Station Center, Cheeves Way, UNION CITY
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Wednesday, Sept 21
2:00 – 4:00 Warm Springs Community Center, 47300 Fernald St., FREMONT
4:15 – 4:50 Lone Tree Creek Park, Starlite Way & Turquoise St., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

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For more information
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Monday, September 26
11:45 – 1:00 SanDisk Corporation, 951 Sandisk Dr., MILPITAS
1:30 – 2:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

Thursday, Sept 22
2:40 – 3:40 Bay School, 2001 Bockman Rd., SAN LORENZO

Learn about Solar

SUBMITTED BY CITY OF FREMONT

Interested in going solar? Don’t know where to start? Sun-Shares can help. Learn about going solar at the “Bay Area Sun-Shares Workshop: Fremont” on Saturday, September 24 at Fremont Main Library. This program offers qualified contractors, discounted rates, and financing options. The program also offers discounts on the purchase or lease of a zero emission vehicle. Register at <https://goo.gl/XOnjNp>.

Bay Area SunShares Workshop
Saturday, Sep 24
1 p.m. – 2:30 p.m.
Fremont Main Library Fukaya B
2400 Stevenson Blvd, Fremont
<https://goo.gl/XOnjNp>
Free

College and education expo

SUBMITTED BY INDIA
COMMUNITY CENTER

In collaboration with McDonald’s and FLEX College Prep, India West presents its annual “College and Education Expo” on Sunday, October 2 at Fremont Marriott Hotel Grand Ballroom. Besides getting valuable and completely free advice on how to prepare for the College admissions process, you will now also be eligible to win one of three grand prizes that will be given away during the event.
The three prizes are HP lap-

top, Apple iPad 4, and a wireless set of headphones. If you want to be one of the three lucky winners, we urge you to get registered for the event at www.indiawest.com/collegefair. You must be present to win any of the raffle prizes.

College & Education Expo
Sunday, Oct 2
11 a.m. – 6 p.m.
Fremont Marriott Hotel
Grand Ballroom
46100 Landing Pkwy, Fremont
(510) 383-1140
www.indiawest.com/collegefair
Free

day, September 24 and 25 at Crab Cove Visitor Center in Alameda. Materials will be supplied to make your own outdoor creation.
Also, naturalist Morgan Dill will lead two programs at Crab Cove on September 24. The first is “Songs and Stories by the Shore” from 10 a.m. to 11 a.m. The other is a scavenger hunt from 1 p.m. to 2 p.m. for colorful leaves and acorns, with cider and fall-themed crafts to follow.
Crab Cove is at 1252 McKay Ave. off Alameda’s Central Avenue. For information, call 510-544-3187.
—Water bugs are the focus of a program from 2 to 3 p.m. Saturday, September 24 at Big Break Regional Shoreline in Oakland. The group will collect some plankton and macroinvertebrates, and learn about the role they play

in the Delta ecosystem.
Big Break is at 69 Big Break Road off Oakley’s Main Street. For information, call 888-327-2757, ext. 3050.
The Tortoise Trekker hike series continues with a 4.5-mile trek from 9 a.m. to noon on Sunday, September 25 at Dublin Hills Regional Park in Dublin. The group will traverse two canyons on a narrow, steep trail, while learning the history of the area.
The hike is free of charge, but registration is required. Call 888-327-2757, select option 2, and refer to program number 14774.

Lots more is going on in coming days in the regional parks. There’s not space to describe it all, but you can check it out at the district website, www.ebparks.org.



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SPORTS

Cougars beat Vikings



Women's Volleyball

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

On September 13, 2016, the Newark Memorial Cougars women's volleyball team beat the Irvington Vikings team 3-0. The score doesn't reveal the hard fought sets between the two teams as the first and second sets were closely contested.

Women's Volleyball

Renegades Report

SUBMITTED BY
JEREMY PENAFLOR

**Ohlone College vs
Napa Valley College
September 16, 2016**

Ohlone d. Napa Valley, 3-1 (25-16, 25-17, 19-25, 25-20)
- Freshman setter Hannah Finnigan led with 25 assists
- Freshman outside hitter Casandra Hayashi led with 11 kills and a 0.391 hitting percentage
- Freshman outside hitter Drew Pressler contributed with 10 kills
- Freshman middle blocker Michele Vo contributed 8 kills and a 0.357 hitting percentage

Honoring our heroes

SUBMITTED BY
RACHEL KAHOALII

Newark Memorial High School Athletics is honoring military service people, veterans and public safety officers at a special event at the football game on Friday September 23. Please join us at the Newark Memorial Stadium while we honor our heroes during a pre-game ceremony.

If you, or any family member or friend, have served in the military, fire or police, we would love to hear from you, and include you in our ceremony and parade.

Please contact
rkahoalii@newarkunified.org or
(510) 818-4339. If you are not available to participate, we would still like to honor you, so please send your name and military branch via email.

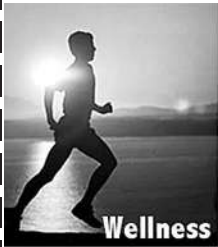
**Honoring Our Heroes Night
Friday, Sep 23
6:45 p.m.
Newark Memorial Stadium
39375 Cedar Blvd, Newark
(510) 818-4339
rkahoalii@newarkunified.org
www.newarkunified.org**

Comeback gains tie for JV Rebels

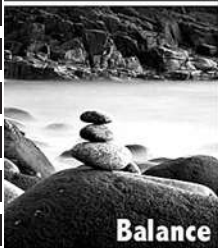
Football

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

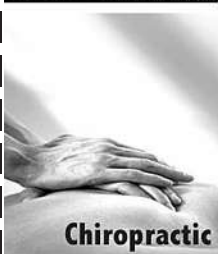
The Junior Varsity Bruins team of St. Patrick-St. Vincent (Vallejo, CA) took the early lead in a September 17th game with the San Lorenzo Rebels. The Bruins showed a great offensive attack. Throwing and running for yardage; it appeared that they would run away with the game. But in the third quarter, the Rebels showed resilience as they put together an impressive comeback that tied the game at 14-14. Rebels defense recovered a fumble in the fourth quarter and intercepted a Bruins pass to hold onto the tie.



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Girl strikes gold by
finding stolen
Olympic medal in trash

AP WIRE SERVICE

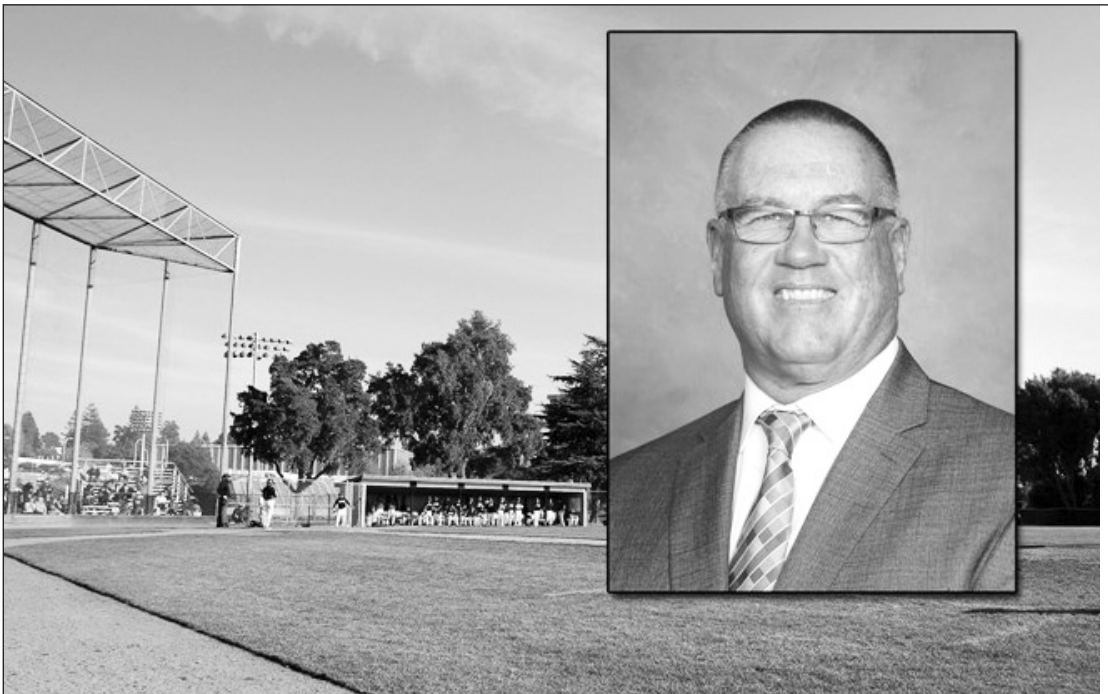
ATLANTA (AP), An Olympic champion is thanking a 7-year-old Atlanta girl who found his gold medal in a pile of trash weeks after it got stolen.

Joe Jacobi won the medal in men's canoe double slalom at the 1992 Olympics in Barcelona. Jacobi says it was stolen when somebody broke into his car in June.

Weeks later, Chloe Smith was walking with her father when she spotted the gold medal discarded in a pile of garbage. Chloe returned the medal to Jacobi, who had posted about the theft on social media. The former Olympian then promised to visit Chloe's school and let her classmates know about her good deed.

Jacobi spoke Monday to Chloe's first-grade class at Woodson Park Academy. WSB-TV reports (<http://2wsb.tv/2bEajw3>) the Olympian brought his recovered gold medal with him.

Cummins named CSU East Bay's
interim head baseball coach



Women's Volleyball

Renegades Report

SUBMITTED BY JEREMY PENAFLOR

Ohlone College vs Napa Valley College
September 16, 2016

Ohlone d. Napa Valley, 3-1 (25-16, 25-17, 19-25, 25-20)

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- Freshman outside hitter Drew Pressler contributed with 10 kills
- Freshman middle blocker Michele Vo contributed 8 kills and a 0.357 hitting percentage

Rebels lose to
St. Patrick-St. Vincent

Football

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The San Lorenzo Football Rebels varsity lost a hard fought game to St. Patrick-St. Vincent Bruins (Vallejo, CA) 48-0 on September 17th. The score was not indicative of the Rebels' efforts as they fought hard to the very end. The new coaching staff of San Lorenzo remained upbeat as they saw signs of a bright future in the battle with a good Bruins team, now with a 3-0 record this season.



SUBMITTED BY STEVE CONNOLLY

Cal State University East Bay (CSUEB) interim director of athletics Dr. Don Sawyer has announced the hiring of Mike Cummins as CSUEB's interim head baseball coach for the 2017 season. Cummins joins the Pioneers after spending the 2016 season as an assistant coach at San Jose State. He brings more than 35 years of coaching experience to the Pioneers, including 10 combined seasons as the head coach at Santa Clara and San Francisco State.

"I would like to thank Dr. Sawyer, Joan McDermott, and Vice President Debbie Chaw for entrusting the baseball program to me," Cummins said. "I look forward to continuing the upward direction that Coach Ralston and Coach Lewis had the program going. I'm excited to get going and start preparing for the tough CCAA schedule."

In his six seasons at the helm of San Francisco State, 14 Gators received All-California Collegiate Athletic Association (CCAA) recognition, including the program's first conference Freshman of the Year selection in 2013.

An alumnus of Santa Clara University, Cummins had a 24-year coaching and playing stint at his alma

mater, including a four-year run as the head coach from 1997 to 2001. With Cummins on staff, seven Broncos earned All-America honors, three were named West Coast Conference Player of the Year, three others won WCC Pitcher of the Year and two SCU rookies garnered conference Newcomer of the Year awards.

After graduating from Santa Clara in 1979 with a bachelor's degree in history, Cummins signed a professional contract with the Salem Senators of the Northwest League, an independent Class A team, and batted .302 while leading the team in RBI in his only year with the club.

Cummins began his coaching career in 1980 at Buchser High School in Santa Clara, where he guided the baseball team to a second place finish in conference. He also served as the head football coach of the junior varsity program at Saint Francis High School in Mountain View.

Cummins is a member of the American Baseball Coaches Association and Association of Professional Ball Players of America, and sits on the ABCA/Wilson Lefty Gomez Award Committee.



Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Voter education and registration events

SUBMITTED BY CITY OF FREMONT

In preparation for the upcoming November general election, the Fremont Family Resource Center (FRC) will host two voter education events along with many opportunities to register to vote.

On Tuesday, September 27, National Voter Registration Day, the FRC will host their first educational event from 12 noon – 1 p.m. On this day, attendees will learn how to use touch-screen accessible voting machines, register to vote, update their voter information, and sign up to be paid poll workers if they choose. The event is open to all ages, and seniors and those with a disability are especially encouraged to attend.

The second voter event is on Tuesday, October 4 from 12 noon – 1 p.m. The League of Women Voters will present an overview of ballot items in easy-to-understand language along with the pros and cons of the propositions. In past years, attendees found this session especially helpful in understanding the issues.

Additionally, on both September 27 and October 4, from 10 a.m. – 3 p.m., tables will be set up in front of the FRC so that residents can register to vote in time for the November 8

election. Voter registration forms will be available in many languages, and multi-lingual staff and volunteers will be available to help people complete the form. Residents can also pick up voter registration forms from the FRC lobby Monday-Friday 8 a.m. – 5 p.m. Completed forms must be mailed to the Registrar of Voters with a postmark date of October 24.

The FRC is seeking volunteers to help staff the voter registration tables and will provide all information needed. To volunteer for one-hour shifts or longer, please call the FRC at (510) 574-2000.

Co-sponsors of these events include the FRC division of the City of Fremont Human Services Department, CRIL, Registrar of Voters and League of Women Voters with support by the Alameda County Public Health Department.

Voter Education and Registration Events

**Tuesday, Sept 27 (Voting process overview)
12 noon – 1 p.m.
Tuesday, October 4 (Ballot items overview)
12 noon – 1 p.m.
Fremont Family Resource Center, Pacific Rm H800
39155 Liberty St, Fremont
(510) 574-2000**

Governor Brown signs life-saving EpiPen legislation

SUBMITTED BY THE OFFICE OF GOV. JERRY BROWN

Governor Edmund G. Brown Jr. signed potentially life-saving legislation – AB 1386 – that allows California businesses and other public entities to have EpiPens available to help those who suffer severe allergic reactions.

Accompanying the legislation was a signing message blasting Mylan pharmaceutical company, the bill's sponsor, for "unconscionable price increases" and "rapacious corporate behavior" and a letter to Congress urging "swift and strong" action to "rein in this kind of predatory pricing."

Full text of the Governor's signing message can be read at www.gov.ca.gov/docs/AB_1386_Signing_Message.pdf. Full text of the Governor's letter to congressional leaders can be read at www.gov.ca.gov/docs/9.16.16_EpiPen_Letter.pdf.

For full text of the bill, visit <http://leginfo.legislature.ca.gov>

Assemblymember Quirk brings vision care to Union City students



SUBMITTED BY LYANNE MENDEZ

California State Assemblymember Bill Quirk, in partnership with Union City Kid Zone and Vision to Learn, recently

provided free vision exams and glasses to over 80 students at Searles Elementary and Cesar Chavez Middle School.

Children with impaired vision can have difficulties learning in class, which can adversely affect



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.
To subscribe to all blog posts scan this QR Code or visit ThinkSiliconValley.com/silicon-valley-east/

TAKES FROM SILICON VALLEY EAST

Momentum Builds for Manufacturing Day 2016

BY JENNIFER CHEN, ECONOMIC DEVELOPMENT COORDINATOR

School bells are ringing, kids are running down hallways, and the air is slowly changing from a dry summer heat to a crisp fall chill. It is back-to-school season, which means that Manufacturing Day is right around the corner. This year, Manufacturing Day will be held nationally on Friday, October 7. Manufacturing Day celebrates modern manufacturing and inspires the next generation of manufacturers. The City of Fremont has been working with companies to open their doors and welcome students, teachers, job seekers, and the community-at-large to tour their manufacturing facilities on this occasion. You can find a list of local open houses at www.mfg-day.com.

In anticipation of Manufacturing Day, we are encouraging you to check out the U.S. Commerce Department's National Institute of Standards and Technology's (NIST) infographic, "What Manufacturing Really Looks Like." This infographic, which can be found at www.nist.gov/sites/default/files/what_mfg_really_looks_like_infographic.pdf, touts the economic benefits that manufacturing generates for the country:

- Manufacturing supports 18.5 million U.S. jobs
- \$1 spent creates \$1.40 for the U.S. economy
- Diverse career opportunities ranging from welders and assemblers to computer programmers and designers
- Salaries are \$60k for entry-level engineers and \$77k for average manufacturing workers

Now accepting applications for Youth Commission

SUBMITTED BY TERESA MEYER

Mayor Pauline Cutter and the San Leandro City Council invite local youth to submit applications for the 2016-17 Youth Advisory Commission (YAC). Commissioners advise the City Council on youth-related issues, and provide recommendations on projects and events. They also learn about roles, services and local government programs. YAC meets twice a month throughout the school year. Meetings are held on the 1st and 3rd Tuesdays at 6:15 p.m. at the Marina Community Center, located at 15301 Wicks Boulevard in San Leandro.

"Our vision for the future of San Leandro lives on with our youth," said Mayor Pauline Cutter. "The Youth Advisory Commission is vital to the creation of civically engaged and committed San Leandro residents."

The Commission has 21 members who represent the diverse youth community in San Leandro. In order to apply, a youth must be a resident of San Leandro or attend a school that serves San Leandro residents, be in grades 9, 10, 11, or 12, and willing to commit to between 8 to 10 hours per month for meetings and project involvement. Each commissioner is appointed to serve a one-year term and may be renewed for three terms thereafter as long as they remain in high school.

Interested students can download the application through the Program Website or can pick up an application at the Marina Community Center (15301 Wicks Blvd) and the Senior Community Center (13909 East 14th Street). Completed applications can be sent via email to Lydia Rodriguez (lrdriguez@sanleandro.org) or drop them off at the Marina or Senior Community Centers no later than October 1. Interested students should also plan on attending the first YAC meeting of the school year on Tuesday September 20 at 6:15 p.m. at the Marina Community Center (15301 Wicks Blvd). For more information, please contact Lydia Rodriguez at (510) 577-3477.

grades and overall academic achievement. "If a student struggles to see in class they will struggle in life, today we are making sure our children are ready to learn in class and ready to be successful in school and in life," said Assemblymember Quirk.

Assemblymember Quirk has partnered with Union City Kid Zone since his election in 2012 to bring vision services to underserved children and families. The services this year were provided by Vision to Learn, a nationwide non-profit that brings vision care to schools and to other neighborhood youth and community or-

ganizations through their mobile eye clinics. Their mobile services are transforming learning environments all around the nation.

Elected in 2012, Bill Quirk brings his PhD in astrophysics and career as an educator and scientist to the State Assembly. He is the Chair of the Assembly Select Committee on California's Clean Energy Economy, and a member of the Assembly Committees on Agriculture, Appropriations, Public Safety, Revenue & Taxation, Rules, and Utilities & Commerce. His website is: <http://www.asmdc.org/quirk>

OPINION



WILLIAM MARSHAK

Some discussions at city council meetings are lively and demand attention but there are times when, although important and of great impact, discussions of zoning issues can, well, cause many to “zone out” of the conversation. Blame all this on New York City that adopted the first land zoning ordinance in 1916. Zoning regulations define how property in specific geographic locations can be used. Ordinances can be lengthy documents with descriptions of not only how land can be used but the consequences of misuse as well.

The regulation of land use is of critical importance to municipalities and property owners, but as is often said, the devil is in the details and they can be less than captivating. I suspect this lapse of attention may also happen to planners as well since as highlighted in a recent

Zoned out at council meetings

Fremont City Council meeting, broad spectrum restrictions may lead to unintended consequences. Since land use regulations often restrict owners, they can be extremely controversial. Landowners and public advocates can often find themselves on opposite sides of an issue.

The recent creation of a “Mission Palms Neighborhood” has led to discussion of city-wide restrictions that address the character of housing. In proper surroundings, large, multi-story homes may blend, but in some instances, a neighborhood of single story homes may find such construction an unwelcome aberration. Zoning regulations can be an answer to this dilemma. Some speakers at the council meeting expressed relief by the designation of the Mission Palms neighborhood restrictions while others noted that their property does not lie within the designated boundaries and is not protected. Expansion of zoning in this case is a worthy goal.

The question of how to regulate “educational institutions” in historic districts was also raised on a second reading of an ordinance. This regulation would prohibit such businesses in some areas but may suffer under a fate of unintended consequences. Aimed at the proliferation of pre-school and after-school tutoring centers that proudly proclaim the goal of creating a genius in every home and admission to Stanford or Harvard, such businesses add nothing to

the retail or economic climate of an area. Instead, parents simply stop by morning or evening to drop off or pick up their charges. Stopping to shop or patronize adjacent retail establishments is the last thing on their minds.

During council discussion and public input about the ordinance, the question arose of how to define educational institutions and where tutorial or other services included in a broad definition might be welcome. For instance, land adjacent to Ohlone College might serve college students in an educational capacity. Would these be banned under the ordinance?

In the minds of all involved in making such decisions, the question arises of how far a city can go when restricting the rights of property owners. If decisions go too far, legal challenges may result and a ruling of a “taking” from an owner. Another question is how religious institutions are affected and can a city limit such activities?

As it turns out, zoning out on zoning discussions is not a wise idea!

William Marshak
PUBLISHER

City commission focuses on harmony

SUBMITTED BY JULIE MOORE AND JOHN SMITH, HUMAN RELATIONS COMMISSIONERS

The City of Fremont’s Human Relations Commission (HRC) promotes and helps create a community environment in which all men, women and children, regardless of race, religion, national origin, gender, disability or sexual orientation, may live, learn, work and play in harmony.

Initiatives from the commission’s 2016/2017 strategic plan include:

- Promoting local civic engagement through Make A Difference Day. Last year over 2,000 volunteers completed over 100 community improvement projects. School sites were painted and planted, playground equipment assembled, food was collected for the food bank, shelters were “spruced-up,” seniors were assisted with home repair and yard clean-up, clothes, shoes and other amenities were collected for the homeless, and veterans were acknowledged through letters and with care packages. Make a Difference Day will be October 22 this year so if you have a project idea, or you or a group you know are interested in volunteering call (510) 574-2099 or email makeadifferenceday@fremont.gov. If you are interested



in sponsoring this work, please call (510) 574-2056 or email acaldera@fremont.gov

- Promoting a greater understanding of Racial/Social Equity Issues in Fremont as discussed among 11 diverse emerging leaders from the community. The cohort, selected by the HRC, met for a two day retreat in January 2016 and identified topics for further exploration and discussion. A second meeting is being planned for this fall when the group will engage in dialogue with the Police Department to better understand Fremont’s model of community policing as well criteria for police stops, use of force, and efforts to recruit officers with diverse backgrounds and language skills. The commission is pursuing funding to continue this important work.
- Participating in the San Francisco Pride and Fremont 4th of July Parades to honor the diversity in our community and reaffirm the City’s commitment to LGBT equal rights.
- Supporting the Economically Disadvantaged by advising the Fremont City Council to increase social services grant funding to local non-profits by over \$200,000. With City Council approval, the Commission allocated approximately \$600,000 in grants to agencies providing “safety-net” services in Fremont. The Commission also advises the City Council on all matters relating to human services, public and private, in the City of Fremont.

You can find more information about the Commission at www.fremont.gov/hrc and sign up for the Human Services newsletter at www.fremont.gov/hs



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Obituaries



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Rodger S. Herren
RESIDENT OF FREMONT
June 21, 1953 – July 25, 2016

Michele "Shelley" Bazzel
RESIDENT OF UNION CITY
October 4, 1950 – August 8, 2016

Antoinette E. Pinto
RESIDENT OF UNION CITY
February 14, 1917 – September 14, 2016



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1940 Peralta Blvd., Fremont
www.fremontchapeloftheroses.com



Charles C. Bryden
RESIDENT OF UNION CITY
September 30, 1941 – September 7, 2016

LaVerne Rodriques
RESIDENT OF NEWARK
June 12, 1932 – September 2, 2016

Anthony "Tony" Bruno
RESIDENT OF FREMONT
October 8, 1933 – September 4, 2016

Joginder K. Dhaliwal
RESIDENT OF DUBLIN
January 17, 1927 – September 7, 2016

Anthony "Tony" E. Madieros Jr
RESIDENT OF FREMONT
June 9, 1946 – September 6, 2016

Shirley A. Strong
RESIDENT OF FREMONT
June 30, 1929 – August 29, 2016

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Obituary

Antoinette Elizabeth Pinto

Resident of Union City

February 14, 1917 – September 14, 2016

Antoinette was born in Alvarado, Ca. on Smith Street in a home that is still in the family. She passed away peacefully at the age of 99. She is survived by her children: Elaine Martin, Lee Pinto, Loren Pinto, Dave Pinto and Karen Bebee. She also has 11 grandchildren and 8 great grandchildren. She was the Loving wife of Peter Pinto who passed on in 1995. She was predeceased by her brother, Elvin Rose.

As a life-long resident of Alvarado/Union City, she was actively involved in the Catholic Church and the Portuguese SPRSI of Alvarado. Her home was the starting location for the Queens of the SDES Festival Parade for many years. She was a member of the Saint Anne Choir for most of her life and enjoyed singing at the 10:00 mass. As a volunteer member of the Saint Vincent de Paul Society at Saint Anne's, she worked many years along with her husband



Peter to distribute food to the poor. When Saint Anne's was in the old church near her home, she provided breakfast for the priests between masses and also welcomed the Bishop there during confirmation ceremonies. For the family there were hamburgers, usually on Saturday evenings and memorable turkey dinners for the holidays.

Antoinette loved to work in the garden and enjoyed the company of her Pomeranian

named Buffy. She also enjoyed going to Santa Cruz for breakfast on the pier and visits to Disneyland. A favorite was to visit the San Mateo redwoods for a family picnic each year.

She was loved by her family and will be missed by us all, but we are comforted that she is with her husband in the presence of our Lord in heaven after lives of love and service.

Visitation will be held on Sunday, September 18th, from 1-5pm with a Vigil at 3pm at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, CA 94536. Funeral Mass will be celebrated on Monday, September 19th, 10:30am at St. Anne Catholic Church, 32223 Cabello St., Union City, CA 94587. Burial will follow at Holy Sepulchre Cemetery in Hayward, CA.

Fremont Chapel of the Roses
510-797-1900

Obituary

Lorianne Walker

Resident of Fremont

September 29, 1961 – August 22, 2016

Born in Wisconsin and moved to California in the late 60's. Graduated from Sunnyvale High. Attended National University and Phoenix University, obtaining a Master's in Special Education. Teacher at Mattos Elementary in Fremont for over 20 years. Loved quilting as well as traveling worldwide. Preceded in death by mother Diane Smith Walker, and brother David. Survived by father Donald D., and brothers Mark and Thomas Walker. Seriously missed by all.

Memorial Service will be held on Saturday, September 17th, 2pm at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA

Fremont Memorial Chapel
510-793-8900

agreed to accept a State grant award for the purchase of the vehicle. The State grant was awarded to the City of San Leandro and will be made available to the City and partnering agencies in the region during times of emergency. No financial contributions from the City of San Leandro's General Fund were used for the purchase of the vehicle.

"We recognize that the City's acquisition of the BearCat MedEvac was a matter deserving of extensive dialogue with the public," stated Mayor Cutter... "In an ideal world this is a tool we'd never have to utilize, but we must recognize its value in keeping our community and our first responders safe."

"These types of vehicles provide a critical resource for public safety personnel to effectively transport victims and first responders safely away from danger during times of emergency," added San Leandro Police Chief Jeff Tudor.

Prior to accepting the vehicle, a policy was adopted that strictly governs the usage of the vehicle by public safety personnel.

The BearCat MedEvac is designed to provide transportation and rescue capability for Emergency Medical Services (EMS) and police personnel. The vehicle offers protection to EMS personnel during the evacuation of injured persons in active shooter and other highly-dangerous situa-

tions. The vehicle also allows the Police to safely approach and rescue persons held hostage by, or persons that have barricaded themselves from, armed suspects.

The MedEvac also can be used during law enforcement actions to protect police officers performing their duties in high-danger situations, such as when serving arrest warrants and taking into custody persons known to be armed and dangerous. The vehicle is equipped with armor to protect occupants from ammunition fired by high-caliber weapons.

The MedEvac houses oxygen tanks and interior compartments for medical supplies and other gear to enable EMS personnel to start medical treatment of injured persons as soon as they are rescued. The vehicle is also equipped with a pressurized fire nozzle to assist and protect Fire Department personnel while putting out fires during highly dangerous situations involving gun fire. The vehicle contains no fixed weapons.

The MedEvac is not a surplus military vehicle. The San Leandro Police Department is one of the few law enforcement agencies in Alameda County that does not presently own an armored vehicle.

For more information, please contact Lieutenant Randy Brandt with the San Leandro Police Department, at (510) 577-3246 or rbrandt@sanleandro.org

San Leandro receives delivery of regional public safety rescue vehicle

SUBMITTED BY
TERESA MEYER

The City of San Leandro announced that it has received delivery of a new armored medical

rescue vehicle, sold under the model name BearCat MedEvac, from its manufacturer - the Lenco Corporation.

The BearCat MedEvac is a Bay Area regional asset and was ac-

quired through collaborative efforts with the City of Fremont and the Alameda County Fire Department. Following extensive dialogue with the San Leandro community, in February 2015 the City Council

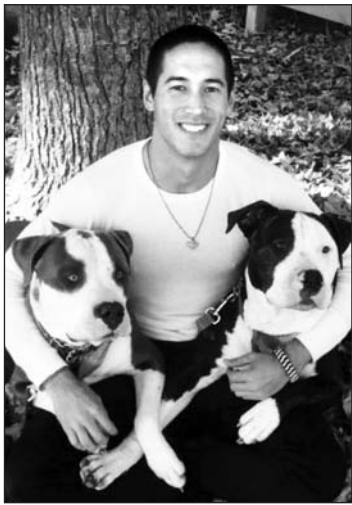


Obituary

Kevin Kiyoshi Yamaguchi

"It's all about the process."
Kevin Kiyoshi Yamaguchi was born September 11, 1990 in Hayward, CA. He joined our Lord in heaven on September 12, 2016 after fighting Acute Myeloid Leukemia for two years and a recent infection that worsened during his last few days. He grew up in Fremont, and attended Washington High School. While in high school, he was involved in football, cross country, and track and field. He loved pole-vaulting the most, his high school record height is 13 1/2 feet. He graduated in 2008, and spent every year since following his passions and studying on his own. He fiercely believed in the power of learning, but, also that there were many ways to learn. Each path he chose conveyed his many passions and he jumped right into something new full steam ahead. He never did anything half way, which is why he was good at everything he started.

His love for health and fitness led him to become a personal trainer at Club Sport Fremont. His love for the Earth led him to become a wild land fire fighter; he fought the Arizona wild fire in the summer of 2011. His love for people led him to become an EMT for the pro transport service in the East Bay. His love for building and getting his hands dirty led him to work in carpentry. His love for God and kids led him to become a Young Life leader for the tri-city area. His love for sports and his desire to instill purpose in high school kids led him to coach the cross-country and track and field teams at Washington High School with his best friend, Ben Vose. His love for cultures and communication led him to dive into various languages, like German, American Sign Language, and Japanese. His love for family and creating a sense of family led him to bring people together, "heck yes! The more the merrier." His love for adventure led him to turn any activity into something extreme, like organizing a "holiday walk" the day after thanksgiving, from central Fremont to Half Moon Bay – 36 miles over water, freeways, and hills, all the way to



the Pacific Ocean. All the while, he had a love for plants and a dream to create a Christmas tree farm and garden for Young Life kids and for people to sit in nature and reconnect with God, the Earth, and with each other. He called this place Weeping Niwa. Every one of Kevin's various passions led him to this point. People, communication, relationships, adventure, the Earth, and our God, all these things culminated in this one idea. Weeping Niwa is his legacy.

He is survived by his sons Nitro! and Romeo, his parents Paul and Kathy of Fremont, and his sisters Michelle, Jocelyne, and Caitlin.

If you feel inclined to give, Kevin loved Tri-City Young Life and his high school sports teams, Washington High School cross-county, and track and field. Above all, he wanted those organizations to have everything they needed so they could serve the youth better.

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BART tracks along Berryessa Extension Alignment to be energized

SUBMITTED BY CITY OF FREMONT

System testing is underway on the Santa Clara Valley Transportation Authority's (VTA) 10-mile, two-station BART Berryessa Extension. The third rail and other BART facilities (i.e., substations) will be powered on along the new BART Berryessa Extension. Unlike freight and other railroad tracks, the BART trackway includes a third rail that has a high voltage electrical current running through it. The third rail is a power source which provides electricity to the railway track and trains.

The track way and third rail will be fully energized (powered on). VTA is asking the public to stay out of the fenced-in BART railway track. Touching the track way or third rail may result in death by electrocution. Unlawful entry into the fenced-in BART trail way area may result in prosecution. Please adhere to all posted safety and warning signs and other safety information. BART facilities are protected and violators will be prosecuted. For more information, call (408) 934-2662.

National Preparedness Month

SUBMITTED BY NEWARK PD

Preparing Through Service:
• Understand the importance of community preparedness.
• Get involved with your community organization or plan with neighbors. Support community safety and security by getting trained and involved in Neighborhood Watch: <http://www.newark.org/departments/police/community-engagement/>
Volunteers in Police Service: <http://www.newark.org/departments/police/community-engagement/r-a-v-e-n/>
• Get useful hands on emergency training: Community Emer-

gency Response Teams (CERT): <http://www.newarkcert.org/>
• Get Trained in CPR and basic first aid and volunteer to help mass care and sheltering operations at your local American Red Cross Chapter: <http://www.redcross.org/volunteer/become-a-volunteer#step1>
Support organizations who serve communities:
• League of Volunteers: <http://www.lov.org/>
• Viola Blythe Community Service Center of Newark: <http://violablythe.org/>

For more information on National Preparedness Month visit: <https://www.ready.gov/september>

Obituary

Anna Marie “Nita” Cambra

Formerly of Newark

June 16, 1921 – September 7, 2016

Anna Marie "Nita" Cambra 95 years young of Wainwright, Oklahoma passed away on Wednesday, September 7th, 2016 after a long illness. Anna was born on June 16th, 1921 in Oakland, California. She graduated from Alameda High School in 1939. She was employed as a bookkeeper and in June of 1944 she married the love of her life. Edward Cambra and they made a life together opening and running a neighborhood grocery store in Oakland for 10 years. They later opened and ran another neighborhood grocery store the G & E Market also in Oakland. After they retired they moved to Newark, California. Anna was a devoted wife, mother, daughter and sister. She loved her family and was always kind and thoughtful to everyone around her. She loved to cook and work in her garden. She also loved to play Bingo. In 1997



she moved to Oklahoma after her husband passed away. She was a member of St. Joseph Catholic Church and loved to be a part of church activities until her health declined.

She was preceded in death by her husband Edward, and her parents Ernesto and Rosina Ricco. She is survived by her daughter Rosemarie Richards and husband Larry of Wainwright, OK; grandchildren: Steve Rocco and wife Celene, and Brian

Richards; and great grandchildren: Preston, Gavin, Brittney, and Kindra. She is also survived by her brother Ernie Ricco and wife Betty of Walnut Creek, CA; her nephews: Paul Ricco and wife Rhonda, Mark Ricco and wife Shelly, and John Ricco; niece Shannon Bausone; and grand nephews: Christian, Noah, and Dante.

Visitation will be held on Thursday, September 15th, from 5-8pm with a Vigil at 6:30pm at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, CA 94536. Funeral Mass will be celebrated on Friday, September 16th, 10:30am at St. Edward's Catholic Church, 5788 Thornton Ave., Newark, CA 94560. Burial will follow at Holy Sepulchre Cemetery in Hayward, CA.

Fremont Chapel of the Roses
510-797-1900

Obituary

Rodger Scott Herren

Resident of Fremont

June 21, 1953 – July 25, 2016



Rodger was born at the US Navy hospital in Oakland on June 21st, 1953. He spent most of his life in San Jose, where he graduated from Andrew P. Hill high school in 1971. Rodger was the middle child of nine and it was a large, loving family. He is survived by his siblings: Lee, Cheri, Brenda, Karl, Brett, Darryl, and Roy. His mom

Harriet "Bunny", dad Vernon, and older brother Glenn have passed on. Rodger was most notably known for being a Fremont police officer. During his 28 year career he was training for 25 of them. Just off of probation himself he started teaching in his 3rd year and never stopped. Even after retirement in 2004 he still taught at several Academy locations around the Bay Area. In 1979, he married Patty and they had a long, but not long enough, loving marriage of 37 years. He is incredibly missed by her and their two wonderful children Gwen and Alex. He was a loving husband and father, always involved and always available. When Patty was out of town as a flight attendant, he was Mr. Mom. He was extremely athletic and ever the teacher, he taught his kids golf, tennis,

swimming, and any other endeavor that interested them. As a family, they were constantly traveling, doing activities or just relaxing having dinner together.

On July 25th, 2016, Rodger passed away at his home in Fremont. He has gone to be with the Lord and is free of the pain of that stinking cancer.

He is missed by too many relatives and friends to list. We love you all for your support and constant prayers. There will be a memorial service on Saturday, October 1st, 1pm at Centerville Presbyterian Church, 4360 Central Ave., Fremont, CA 94536.

If you feel so inclined, in lieu of flowers, please make donations to the Navy Seal Foundation.

Fremont Chapel of the Roses
510-797-1900

Flight 93 Memorial - 15 Year 9/11Observance



U.S. Congressman Eric Swalwell, Union City Mayor Carol Dutra-Vernaci, and the Memorial's originator & co-designer Michael L. Emerson

SUBMITTED BY MICHAEL L. EMERSON

Citizens, military, veterans, first responders and government officials were all in attendance for the Flight 93 Memorial in Union City, on the 15th anniversary of the terrorist attacks on September 11, 2001. Approximately 300 people joined together to attend the Flight 93 Memorial, to honor and remember the heroes on 9/11. For more about the Flight 93 Memorial, go to: www.93Memorial.com

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Christian artists unite for Songs & Stories

Brandon Heath will perform with Steven Curtis Chapman and Mac Powell on the "Songs & Stories" tour.

BY CYNDY PATRICK

Open your heart and let your spirit be lifted as Steven Curtis Chapman, Mac Powell of Third Day and Brandon Heath unite on stage to share their life stories, award-winning songs, and the faith that has seen them through.

This is the third run of a much-anticipated tour that has played to sold-out crowds across the country. The "Songs & Stories" tour will visit 20 cities and travel across 14 states, Harbor Lights Church hosting the Fremont event for their only Bay Area visit on September 27.

"At the heart, what really connects us together are the songs and the shared stories that speak something into your life," says Grammy Award winner Chapman. "I want people to be encouraged and reminded of how important their own story is. And reminded of where God is speaking and making himself known in all of our stories."

Chapman said for him, worship music became a lifeline when his family lost their youngest daughter to a horrible accident in 2008. She was only five years old. He recalls what a dark time it was in his life and describes it as "going to the deepest valleys that we have ever walked through."

"Really out of desperation what came to my heart and my lips was, 'blessed be the name of the Lord. You give and take away,'" Chapman said. "I kept singing it and whispering it. I screamed it until I didn't have a voice left."

The song, later written by his friend Matt Redman, was played at his daughter's funeral. The lyrics are a declaration of faith and come straight from the book

See Steven Curtis Chapman live at "Songs & Stories." Photo courtesy of Ellis Arts & E-Media

of Job that tells the story of one man who continued to praise and worship God, despite having lost everything. Chapman said the tragedy made him question what he could anchor to in his life when everything was falling apart. "What I believe most deeply is God is with me, that God is going to carry my family and me through this and God has promised that the story's not over yet and I'm going to see my daughter again."

Chapman has turned deep life experiences into heartfelt stories, and with more than 200 songs recorded over his 30-year career he insists that they are all his favorites. He promised that he would be performing "Cinderella," inspired by his daughters, as well as "I Will Be Here" that he wrote for his wife.

Having shared the stage before, Chapman says Powell and Heath are like little brothers to him and he can't wait to be together with them again. Both have also enjoyed highly successful careers in the Christian music genre and share a great camaraderie.

Heath says he hopes to take people back to the time that they first accepted Jesus into their life, to restore the joy of their salvation and remind them of how present God is. He particularly expects to touch the hearts of young people as he remembers clearly what it was like for him as a teenager. Upset with his dad who was going through his second divorce, he admits that more than anything he was des-

perate to fit in, to figure out who he was and to find something to stand for. "You start to really see the brokenness of the world, and you're not as protected as you were as a kid," he says. "All of a sudden you feel alone in a turbulent world."

It was at this time 16-year-old Heath was introduced to the Gospel at Young Life's Malibu Club in Canada and made the decision to begin a personal relationship with Jesus. The decision changed his life forever. He also met Ed Cash who happened to be the musician at that camp and who produced his latest album, "No Turning Back." The title track commemorates that powerful moment in Heath's life.

Reflecting on those experiences from 20 years ago also inspired such songs as "When I Was Young," that celebrates the childlike faith we are all born with, and "Everything Must Go" about seeking a simpler life.

Third Day with vocalist Mac Powell is considered one of the most successful contemporary Christian groups ever, with songs like "God of Wonders," "Soul on Fire" and "I Need a Miracle." They have sold over 10 million albums. Powell says he can't wait to share more insight into some of his songs and promises this concert will be a truly amazing experience and unlike anything they have done before.

Chapman said that even with a full band and all the lights, he hopes that the show will feel more like a concert in your living

room, informal and comfortable. "I just invite people into these stories to be moved by them and be entertained, to laugh together and cry together."

**Songs & Stories
Tuesday, Sep 27**

**7 p.m.
Harbor Light Church
4760 Thornton Ave, Fremont
(510) 744-2233
www.awakeningevents.com
Tickets: \$26 general admission,
\$75 VIP**

"Mac Powell of Third Day will perform with Steven Curtis Chapman and Brandon Heath.

Information found in 'Protective Services' is provided to public "as available" by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of the agency

providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



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STEPHEN F. VON TILL, ATTORNEY AT LAW

B.A., Humanities, Magna Cum Laude, Michigan State University
Juris Doctor, University of Illinois (7th in class)
Quoted by Ralph Nader in his book "No Contest" (1996)
Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present
Faculty, Santa Clara University School of Law 1987
Editor, University of Illinois Law Review
California Supreme Court Cases

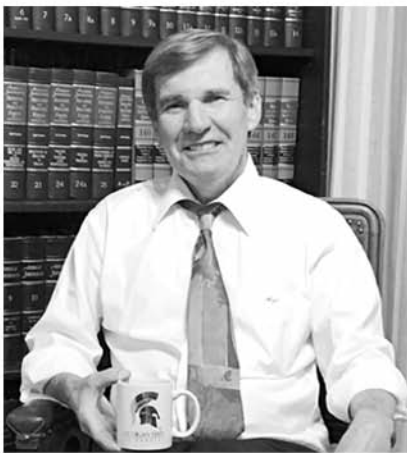
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Hayward PD Coffee with a Cop

SUBMITTED BY HAYWARD PD

Come meet your neighbors and police officers for coffee and conversation on Thursday, September 22. Stop by to ask questions, voice your concerns or just meet and get to know your Hayward Police Officers.

For questions, contact Gale Bleth, Crime Prevention Specialist at: (510) 293-7151 or gale.bleth@hayward-ca.gov

Hayward PD – Coffee with a Cop
Thursday, Sept 22
9 a.m. – 11 a.m.
World's Fare Donuts
20800 Hesperian Blvd, Hayward
(510) 293-7151

Fremont Police Log

SUBMITTED BY GENEVA
BOSQUES, FREMONT PD

Thursday, September 8

Ofc. Paiva and Field Training Officer (FTO) Franchi investigated a commercial burglary at Walgreens in the 41400 block of Blacow Road. Two suspects, described as black males, jumped the counter, took cigarettes valued over \$2,000 and fled in a

dark grey newer Toyota Corolla with yellow dealership plates.

Ofc. Burns located a stolen vehicle in the area of Central Avenue and arrested the 21-year-old male suspect for auto theft.

Officers responded to Target at Pacific Commons regarding clothes racks on fire. Further investigation revealed that two suspects, described as a black male and a black female adult, entered the store and committed theft prior to setting the fire. The female suspect shoplifted several items and placed the stolen merchandise inside a suitcase (also

taken from the store) as the male suspect acted as a lookout. The two then set a rack of clothes on fire. As employees and customers checked on the fire, the suspects fled in the opposite direction and exited a door. Fire personnel responded and conducted an arson investigation. Ofc. Soper, Ofc. Berrier and Ofc. Snow investigated the theft and assisted with the arson.

Unknown suspect(s) unlawfully entered the laundry rooms at Coronado Apartment Complex and broke into the coin washer/dryer machines.

Newark Police Log

SUBMITTED BY
CMDR. MIKE CARROLL,
NEWARK PD

Thursday, September 8

At 11:28 p.m., Ofc. Horst responded to Food Maxx, located at 39966 Cedar Blvd., to investigate a robbery that occurred at 10:37 p.m. A black male adult and a white female adult exited the store without paying for a

shopping cart filled with groceries. When confronted, the male lifted his shirt to expose a handgun prior to fleeing the scene.

Friday, September 9

At 6:01 p.m., Ofc. Jackman accepted the citizen's arrest of a 44-year-old Hayward female for shoplifting at Macy's in NewPark Mall. The suspect was cited and released.

Saturday, September 10

At 7:48 p.m., Ofc. Norvell accepted the citizen's arrest of a shoplifter in custody at Sears in NewPark Mall. A 43-year-old

Newark female was cited and released.

Monday, September 12

At 4:39 p.m., Ofc. Musantry arrested a 52-year-old Hayward male for brandishing a machete during an argument with a co-worker. The suspect was booked into Fremont Jail.

Tuesday, September 13

At 6:25 a.m., Ofc. Horst investigated an auto burglary at Comfort Inn, located at 5977 Mowry Ave. The loss was miscellaneous power tools.

Union City Police Log

SUBMITTED BY LT. MATIAS
PARDO, UNION CITY PD

Tuesday, September 6

At around 7:45 p.m., Ofc. Paul was dispatched to Contempo Park (32300 Meteor Dr.) on the report of an attempted robbery. The suspect demanded money from a victim, then picked him up by the legs and

dropped him on his head. The victim did not suffer any loss. The suspect was described as a white male adult, 20-30 years old, 5'5" to 5'6" with a medium build and short blond hair.

Wednesday, September 7

A residential burglary occurred on the 4400 block of Viejo Way from 12:45 p.m. to 1:45 p.m. A purse was stolen from an unlocked vehicle while the garage door was open.

Thursday, September 8

At around 2:20 a.m., Ofc. Paul was dispatched to the 31300

block of Alvarado-Niles Road on the report of a battery. A witness reported that one female pulled another female to the ground, where she proceeded to kick and punch her. The suspect is known to the victim.

Saturday, September 10

A residential burglary attempt occurred on the 4600 block of Granada Way around 10:00 p.m. A kitchen window was smashed, but there was no entry.

U.S. Rep. Eric Swalwell honored as Park Champion

SUBMITTED BY CAROLYN JONES

The East Bay Regional Park District presented Rep. Eric Swalwell with the 2016 Congressional Park Champion Award on September 19 in recognition of his tireless efforts to protect parks, shorelines and open space in the East Bay and beyond.

The award, given on behalf of the National Recreation and Park Association, calls out Rep. Swalwell as an avid park and trail user – including hosting numerous "ride with your rep" and "walk and talk" town halls. The award also acknowledges Rep. Swalwell's commitment to our environment – particularly his work on wetlands restoration, clean air and water, and sustainable energy. As a member of the Science Committee, Rep. Swalwell is also keenly aware of the impact a changing climate is having on our communities, shorelines and environment.

The Park District shares Rep. Swalwell's commitment to environmental protection, especially regarding the impacts of climate change. For example, as stewards of 55 miles of Bay-Delta shoreline, the Park District provides the first line of defense against sea level rise for millions of people in the East Bay. The District recognizes federal, state, regional and local governments must work together to adapt to a changing environment.

During the tour on September 19, Park District leaders discussed institutional barriers, such as permitting processes, which can affect mitigation projects along in the Bay-Delta region. As noted in the "Adapting to Rising Tides" report, the Hayward Regional Shoreline is specifically impacted by climate related changes. The shoreline is experiencing levee failure and occasional flooding on the Bay Trail. Rep. Swalwell toured the Hayward Shoreline at Monday's event, which is co-sponsored by the Hayward Area Recreation and Park District.

With the passage of Measure AA, the San Francisco Bay Restoration Authority's "Clean and Healthy Bay" parcel tax in June, agencies such as the Park District have an opportunity to finance shoreline resiliency projects before serious disasters actually occur. The Park District believes up-front investment in emergency preparedness should follow the same permitting protocols as actual emergencies.

The Park District looks forward to working with Park Champions such as Rep. Eric Swalwell to streamline permitting mechanisms for shoreline projects which protect our communities.

For information, please contact Carolyn Jones, Public Information Supervisor, (510) 544-2217, cjones@ebparks.org.

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PUBLIC NOTICES

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
ZONING ADMINISTRATOR

NOTICE IS HEREBY GIVEN THAT THE ZONING ADMINISTRATOR OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 3:00 P.M., ON MONDAY, OCTOBER 3, 2016, AT THE CITY OF FREMONT DEVELOPMENT SERVICES CENTER, RANCHO HIGUERA CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

PACIFIC COMMONS AREA 3 – 43440 Boscell Road – PLN2016-00354 - To consider a Discretionary Design Review Permit to allow a 350-square-foot building addition, building facade improvements, expansion of a solid waste enclosure, and reconfiguration of an existing plaza area in Pacific Commons Planning Area 3 on the south side of Auto Mall Parkway east of Boscell Road in the Bayside Industrial Community Plan Area, and to consider a categorical exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15301, Existing Facilities.
Project Planner – David Wage, (510) 494-4447, dwage@fremont.gov

BOSCELL PARKING LOT IMPROVEMENT – Boscell Road – PLN2016-00401 - To consider a Zoning Administrator Permit and Discretionary Design Review Permit to allow construction of a parking lot for the dead storage of vehicles on a 3.2-acre lot located in the Bayside Industrial Community Plan Area, and to consider a categorical exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15332 In-Fill Development.
Project Planner – David Wage, (510) 494-4447, dwage@fremont.gov

AUDI OF FREMONT – NEW SHOWROOM – 43191 Boscell Road – PLN2017-00027 - To consider a Discretionary Design Review Permit and Modification of Zoning Standards to allow the construction of an approximately 75,000-square-foot, two-story new automobile showroom, a one-story service and carwash building with rooftop parking, outdoor vehicle display areas, and a standalone vacuuming structure with an overall floor area ratio (FAR) of 0.38 where a maximum FAR of 0.30 is permitted located in the Bayside Industrial Community Plan, and to consider a Mitigated Negative Declaration prepared and circulated for the proposed project pursuant to the California Environmental Quality Act (CEQA).
Project Planner – Bill Roth, (510) 494-4450, broth@fremont.gov

BEST BRAINS– 39288 Paseo Padre Parkway – PLN2017-00049 - To consider a Zoning Administrator Permit to allow the establishment of a tutoring center in the Central Community Plan area, and to consider an exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15301, Existing Facilities.
Project Planner – Hang Zhou, (510) 494-4545, hzhou@fremont.gov

* NOTICE *

If you challenge the decision of the Zoning Administrator in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Zoning Administrator at, or prior to, the public hearing.

KRISTIE WHEELER
ZONING ADMINISTRATOR

CNS-2925695#

PUBLIC NOTICE

DEPARTMENT OF HOMELAND SECURITY
FEDERAL EMERGENCY MANAGEMENT AGENCY

The City of Fremont, in accordance with National Flood Insurance Program regulation 65.7(b)(1), hereby gives notice to the community of Ardenwood within the City of Fremont, County of Alameda of the proposed revisions to the Federal Emergency Management Agency (FEMA) National Flood Insurance Program maps along the Crandall Creek Channel (Line K, Zone S) between Deep Creek Road and Ardenwood Boulevard.

The floodway has been created along the northerly overbank of Crandall Creek between Alameda Creek and Union Pacific Railroad. The floodway upstream of Union Pacific Railroad is contained within the existing channel. The maximum increase in floodway width is 35 feet.

The Letter of Map Revision (LOMR), once effective, will result in the establishment of the Base Flood Elevations for the 1% annual chance floodplain area, and the narrowing of the 1% annual chance floodplain area. The LOMR will be a positive change and will remove several properties from the 1% annual chance floodplain area, also known as a Special Flood Hazard Area.

When the LOMR is approved by FEMA, a copy of the letter will be uploaded on the City's website at www.fremont.gov/floodinfo.

Maps and detailed analysis of the revision can be reviewed at City of Fremont, Public Works Department at 39550 Liberty Street, Fremont, CA 94537. Interested persons may contact Kan Xu at (510) 494-4714 or kxu@fremont.gov.



CNS-2925729#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT
File No. 522495

Fictitious Business Name(s):
Uniquely Bright Cleaning Services, 15733 Hesperian Blvd San Lorenzo CA 94580, County of Alameda
Registrant(s): Luz Elena Martir, 15733 Hesperian Blvd., San Lorenzo CA 94580
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Luz Elena Martir

This statement was filed with the County Clerk of Alameda County on September 13, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/20, 9/27, 10/4, 10/11/16

CNS-2925733#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 522504

Fictitious Business Name(s):
Marisella's Cleaning Service, 4359 Torres Ave., Fremont, CA 94536, County of Alameda
Registrant(s): Andy Clifton, 4359 Torres Ave., Fremont, CA 94536
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on n/a
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Andy Clifton

This statement was filed with the County Clerk of Alameda County on September 13, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/20, 9/27, 10/4, 10/11/16

CNS-2925325#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 522139

Fictitious Business Name(s):
Yin Design Studio, 34486 Egerton Place, Fremont, CA 94555, County of Alameda
Registrant(s): Yinchun Chou, 34486 Egerton Place, Fremont, CA 94555
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on Oct. 21, 2011
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Yinchun Chou

This statement was filed with the County Clerk of Alameda County on September 13, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/20, 9/27, 10/4, 10/11/16

CNS-2924699#

This statement was filed with the County Clerk of Alameda County on September 1, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/20, 9/27, 10/4, 10/11/16

CNS-2924718#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 521912-914

Fictitious Business Name(s):
(1) Vern's Auto Clinic, (2) Wolffs Automotive, (3) Fremont Automotive, 42450 Blacow Rd, Unit B, Fremont, CA 94539, County of Alameda
Registrant(s): Vern Smith, 4677 Chateau Park Ct., Fremont, CA 94538
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on 5/1/10
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Vern Smith

This statement was filed with the County Clerk of Alameda County on August 25, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/20, 9/27, 10/4, 10/11/16

CNS-2924699#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 521977

Fictitious Business Name(s):
Mexico Lindo, 33306 Alvarado Niles Rd., Union City, CA 94587, County of Alameda
Registrant(s): Carlos Magdaleno, 664 Elizabeth Way, Hayward, CA 94544
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Carlos Magdaleno

This statement was filed with the County Clerk of Alameda County on August 26, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/20, 9/27, 10/4, 10/11/16

CNS-2924697#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 521920

Fictitious Business Name(s):
AirLink Compressor And Vacuum, 242 Harder Road, Hayward, CA 94544, County of Alameda
Registrant(s):

Jose M. Eliares, 242 Harder Road, Hayward, CA 94544
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on 8/1/2011

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jose M. Eliares

This statement was filed with the County Clerk of Alameda County on August 25, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/20, 9/27, 10/4, 10/11/16

CNS-2924187#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 522123

Fictitious Business Name(s):
GCA Carrier, 20211 Santa Maria Ave #36 Castro Valley, CA 94546, County of Alameda
Registrant(s): Naginder Singh Dhanju, 20211 Santa Maria Ave #36, Castro Valley CA 94546
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Naginder Singh Dhanju

This statement was filed with the County Clerk of Alameda County on August 31, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/20, 9/27, 10/4, 10/11/16

CNS-2924053#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 522382

Fictitious Business Name(s):
United Automotive, 6170 Thornton Ave, Suite F, Newark, CA 94560, County of Alameda
Registrant(s): Motaz Ali, 6170 Thornton Ave, Newark, CA 94560
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Motaz Ali Adlan

This statement was filed with the County Clerk of Alameda County on September 9, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/13, 9/20, 9/27, 10/4/16

CNS-2923366#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 521878

Fictitious Business Name(s):
Arwin's Kitchen, 22681 Mission Blvd, Hayward, CA 94544, County of Alameda
Registrant(s): R Balati Foods Inc, 500 Montrose Ct, San Ramon, CA 94582; California
Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Viswanathan Rajamannar, CEO

This statement was filed with the County Clerk of Alameda County on August 24, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/13, 9/20, 9/27, 10/4/16

CNS-2923284#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 522204

Fictitious Business Name(s):
ABT Electric, 30042 Mission Blvd #121-355, Hayward, CA 94544, County of Alameda
Registrant(s): Buthan Mease, 32215 Dana Ct, Union City, CA 94587

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on May 2004
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Buthan Mease

This statement was filed with the County Clerk of Alameda County on September 2, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/13, 9/20, 9/27, 10/4/16

CNS-2923280#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 521795

Fictitious Business Name(s):
Divine Skincare & Lashes, 39674 Cedar Blvd, Newark, CA 94560, County of Alameda
Registrant(s): PG Box 360942, Milpitas, CA 95035; County of Santa Clara
Registrant(s): Nhuy T. Thai, 427 Falcato Dr, Milpitas, CA 95035
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Nhuy T. Thai

This statement was filed with the County Clerk of

Alameda County on August 23, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/13, 9/20, 9/27, 10/4/16

CNS-2923266#

STATEMENT OF WITHDRAWAL
FROM PARTNERSHIP
OPERATING UNDER FICTITIOUS
BUSINESS NAME
FILE NO. 514796

The following person(s) has (have) withdrawn as a general partner(s) from the partnership operating under the fictitious business name of **California Offender Program Services (COPS), 333 - Ohlone St., Fremont, CA 94539**.
The fictitious business name statement for the partnership was filed on Feb. 19, 2016 in the County of Alameda.

The full name and residence of the person(s) withdrawing as a partner(s):
Jesus Flores, 333 Ohlone St., Fremont, CA 94539
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/ Jesus Flores, General Partner
This statement was filed with the County Clerk of Alameda County on August 17, 2016.
9/6, 9/13, 9/20, 9/27/16

CNS-2921369#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 521945

Fictitious Business Name(s):
JG Limo Service, 32617 Brenda Way #3, Union City, CA 94587, County of Alameda
Registrant(s): Jesse's Girls Limo Service LLC, 32617 Brenda Way #3, Union City, CA 94587; California
Business conducted by: A Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Maria Estes, Manager

This statement was filed with the County Clerk of Alameda County on August 25, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/6, 9/13, 9/20, 9/27/16

CNS-2919965#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 521901-2

Fictitious Business Name(s):
United Automotive, 6170 Thornton Ave, Suite F, Newark, CA 94560, County of Alameda
Mailing Address: 31143 Carroll Ave, Hayward, CA 94544, County of Alameda
Registrant(s): Kuljit S. Grewal, 31143 Carroll Ave, Hayward, CA 94544

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Kuljit S. Grewal

This statement was filed with the County Clerk of Alameda County on August 25, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/6, 9/13, 9/20, 9/27/16

CNS-2919897#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 521891

Fictitious Business Name(s):
Make It Group, LLC, 1401 Deschutes Place, Fremont, CA 94539, County of Alameda
Registrant(s): Make It Group, LLC, 1401 Deschutes Place, Fremont, CA 94539; California
Business conducted by: a limited liability company
The registrant began to transact business using the fictitious business name(s) listed above on n/a
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Chungling Chen, Member

This statement was filed with the County Clerk of Alameda County on August 25, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/6, 9/13, 9/20, 9/27/16

CNS-2919877#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 521643

Fictitious Business Name(s):
Maees Restatant Bakery, 39447 Fremont Blvd., Fremont CA 94538, County of Alameda;
39447 Fremont Blvd., Fremont CA 94538
Registrant(s): T. Matheeswaran, Matheeswaran Tharmarathan, 39447 Fremont Blvd., Fremont CA 94538
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ T. Matheeswaran

This statement was filed with the County Clerk of Alameda County on August 18, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/30, 9/6, 9/13, 9/20/16

CNS-2919056#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 521668

Fictitious Business Name(s):

Jia Jie Move, 37519 Wilburn Pl., #1, Fremont CA 94536, County of Alameda; 5247 Mission St,

PUBLIC NOTICES

subject to a conditional use permit. Automobile dealerships in the Regional Commercial (C-R) zoning district could exceed a 0.3 floor area ratio (FAR).

The Ordinance was adopted at a regular meeting of the City of Fremont City Council held September 13, 2016, by the following vote, to wit:

AYES: Mayor Harrison, Councilmembers: Chan, and Jones

NOES: Vice Mayor Mei and Councilmember Bacon

ABSENT: None

ABSTAIN: None

A certified copy of the full text of Ordinance No. 17-2016 as adopted is available for review upon request in the office of the City Clerk, 3300 Capitol Avenue, Building A, Fremont.

SUSAN GAUTHIER, CITY CLERK
9/20/16

CNS-2925919#

CITY OF FREMONT
SUMMARY OF ADOPTED
ORDINANCE NO. 16-2016

AN ORDINANCE OF THE CITY OF FREMONT AMENDING FREMONT MUNICIPAL CODE TITLE 18 (PLANNING AND ZONING), CHAPTERS 18.35 (ZONING MAPS) AND 18.90 (RESIDENTIAL DISTRICTS) TO ESTABLISH "MISSION PALMS" AS A DESIGNATED NEIGHBORHOOD

On July 12, 2016, the Fremont City Council introduced the above ordinance. The ordinance would amend Fremont Municipal Code (FMC) Title 18 (Planning and Zoning), Chapters 18.35 (Zoning Maps) and 18.90 (Residential Districts) to establish the Mission Palms Designated Neighborhood.

The ordinance would establish a designated neighborhood for an area of 116 single-family homes located in the Mission San Jose Community Plan Area, referred to as "Mission Palms." The proposed designated neighborhood regulations would limit the size and scale of new two-story homes and second story additions within the Mission Palms neighborhood, and incentivize construction of single-story additions over two-story additions. Two-story structures would be limited to a floor area ratio (FAR) of 35 percent, while one-story structures would be limited to the existing lot coverage restriction of 40 percent. The size of second stories would be limited to 1,000 square feet, or 60 percent of the size of the first floor, whichever is less, provided that the FAR is not exceeded. The maximum height of two-story structures would be limited to 27 feet to the peak of the roof. Regulations pertaining to roof pitch and the maximum height above grade for the finish floor level of buildings are also included.

The Ordinance was adopted at a regular meeting of the City of Fremont City Council held September 13, 2016, by the following vote, to wit:

AYES: Mayor Harrison, Vice Mayor Mei, Councilmembers: Chan, Bacon and Jones

NOES: None

ABSENT: None

ABSTAIN: None

A certified copy of the full text of Ordinance No. 16-2016 as adopted is available for review upon request in the office of the City Clerk, 3300 Capitol Avenue, Building A, Fremont.

SUSAN GAUTHIER, CITY CLERK
9/20/16

CNS-2925908#

CITY OF UNION CITY DEPARTMENT OF
PUBLIC WORKS CITY
PROJECT NO. 16-27

REQUEST FOR BIDS FOR ONE REGENERATIVE AIR STREET SWEEPER Sealed bid for the street sweeper specifications entitled: PROCUREMENT OF ONE AIR REGENERATIVE STREET SWEEPER, will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, until TUESDAY, OCTOBER 4TH, 2016, 2:00PM PST, at which time they will be publicly opened and read in the Council Chambers of said building. This project is funded by the City's Vehicle Replacement Fund. The vendor will need to have a valid business license with the City of Union City and all proper licenses/permit to sell street sweepers in the state of California. The procurement of this street sweeper is subject to the State contract nondiscrimination and compliance requirements pursuant to Government Code Section 12990. Street sweeper specifications and requirement can be obtained via mail or email by calling (510) 675-5308 - Specifications fees are as follows: NON-REFUNDABLE FEE OF \$ 0.00 PER SET OF SPECS WHEN MAILED OR \$ 10.00 IF REQUESTED TO BE MAILED Plans and Specs will be available on September 20th, 2016 General Quote Requirement : The City of Union City is seeking bids for the procurement of one air regenerative street sweeper that will meet the requirements listed in the specification document. The City reserves the right to reject any and all quotes and/or to waive any quotes irregularities to the extent permitted by the law. If the City elects to award a contract to procure the street sweeper, the contract will be awarded in accordance with California Public Contract Code Section 20162 and other applicable law to the responsible bidder submitting a responsive bid with the lowest total bid price for the BASE BID. All bids will remain valid for 90 days after the bid opening. All questions should be emailed or fax to Ray Fitch of City of Union City, email: rayf@unioncity.org fax to (510) 675-9885

CITY OF UNION CITY
DATED: SEPTEMBER 15th, 2016
9/20/16

CNS-2925327#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
MARY LINDENBAUM
CASE NO. RP16829863

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Mary Lindenbaum
A Petition for Probate has been filed by Randy Morris, Public Administrator in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Randy Morris, Public Administrator be appointed as personal representative to

administer the estate of the decedent.
A hearing on the petition will be held in this court on Nov. 3, 2016 at 9:30 a.m. in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Petitioner: P.O. Box 2071, Oakland, CA 94604, telephone: 510-577-1979
9/20, 9/27, 10/4/16

CNS-2924761#

AMENDED
NOTICE OF PETITION TO
ADMINISTER ESTATE OF
JOHN C. WEBB
CASE NO. RP16825711

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: John C. Webb
A Petition for Probate has been filed by Laquita Leona Webb in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Laquita Leona Webb be appointed as personal representative to administer the estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on 11/1/2016 at 9:30 AM in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner/Attorney for Petitioner: Endy Ukoha-Ajike, The Ukoha-Ajike Law Group, P.C., 70 Washington Street, Suite 303, Oakland, CA 94607, Telephone: (510) 834-9944
9/13, 9/20, 9/27/16

CNS-2923348#

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
MARGARET A. THOMAS
CASE NO. RP16829153

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Margaret A. Thomas
A Petition for Probate has been filed by Austin Thomas in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Austin Thomas be appointed as personal representative to administer the estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this

court on 10/5/2016 at 9:30 AM in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Duane M. Leonard, 1936 University Avenue, Suite #380, Berkeley, CA 94704, Telephone: (510) 843-2322
9/6, 9/13, 9/20/16

CNS-2921370#

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
MURARI LAROIA
CASE NO. RP16828485

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Murari Laroia
A Petition for Probate has been filed by Sanjay Laroia in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Sanjay Laroia be appointed as personal representative to administer the estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on Oct. 12, 2016 at 9:30 in Dept. 201 located at 2120 Martin Luther King Jr., Way, Berkeley, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner: Sanjay Laroia, 34219 Maybird Circle, Fremont, CA 94555, Telephone: 510-366-9147
9/6, 9/13, 9/20/16

CNS-2919694#

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
BIMLA LAROIA
CASE NO. RP16828492

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: BIMLA Laroia
A Petition for Probate has been filed by Sanjay Laroia in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Sanjay Laroia be appointed as personal representative to administer the estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on OCT 12, 2016 at 9:30 in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner: Sanjay Laroia, 34219 Maybird Circle, Fremont, CA 94555, Telephone: 510-366-9147
9/6, 9/13, 9/20/16

CNS-2919680#

PUBLIC AUCTION/SALES

NOTICE OF PUBLIC SALE NOTICE IS HEREBY GIVEN pursuant to California Civil Code Section 798.78 and California Commercial Code Section 7209 and 7210 that the following described property will be sold by The Tropics Mobilehome Park (Warehousemann) at public auction to the highest bidder for cash, in lawful money of the United States, or a cashier's check payable to The Tropics Mobilehome Park, payable at time of sale, on Friday, September 30, 2016, at 12:00 PMat the following location: at the steps to the County Courthouse, 1225 Fallon Street, Oakland, CA 94612 Said sale is to be held without covenant or warranty as to possession, financing, encumbrances, or otherwise on an "as is," "where is" basis. Upon sale, the mobilehome must be removed from the Premises. The property which will be sold is described as follows: MANUFACTURER: Skyline TRADENAME: Buddy YEAR: 1976 H.C.D. DECAL NO.: LAW8205 SERIAL NO.: 0475A6529, 0475B6529. The current location of the subject property is 544 Cumana Circle, Union City, CA 94587. The public auction will be made to satisfy the lien for storage of the above-described property that was deposited by The Estate of James Franklin Valdez, James F. Valdez, Jr., Personal Representative of The Estate of James Franklin Valdez, James F. Valdez, Jr., with The Tropics Mobilehome Park. The total amount due on this property, including estimated costs, expenses and advances as of the date of the public sale, is \$16,608.71. The auction will be made for the purpose of satisfying the lien on the property, together with the cost of the sale. Dated: September 13, 2016HART, KANG & ASSOCIATES, P.C., 42719 Everglades Parkway, Suite 200, Fremont, CA 94555, is the authorized agent for the sale. The terms of sale are: 1. The property shall be sold at a public sale. 2. The sale shall be made to the highest bidder for cash, in lawful money of the United States, or a cashier's check payable to The Tropics Mobilehome Park. 3. The sale shall be made at 12:30 PM, The Mortgage Law Firm, PLC, as duly appointed Trustee under and pursuant to Deed for the County and State, described as: FULLY DESCRIBED IN THE ABOVE DEED OF TRUST, APN 501-0814-115-00 The street address and other common designation, if any, of the real property described above is purported to be: 5040 Castlewood Common, Fremont, CA 94536 The undersigned Trustee disclaims any liability for any inaccuracies of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$307,792.94 If the Trustee is unable to convert title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and written Notice of Default and Election to Sell. The undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. Dated: 9/6/2016 THE MORTGAGE LAW FIRM, PLC Adriana Rivas/Authorized Signature 41689 Enterprise Circle North, Ste. 228, Fremont, CA 92590 (619) 465-8200 FOR TRUSTEE'S SALE INFORMATION PLEASE CALL 714-730-2727 The Mortgage Law Firm, PLC may be attempting to collect a debt. Any information obtained may be used for that purpose. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property. NOTICE OF TRUSTEE'S SALE Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed. If the Trustee is unable to convert title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and written Notice of Default and Election to Sell. The undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. Dated: 9/6/2016 THE MORTGAGE LAW FIRM, PLC Adriana Rivas/Authorized Signature 41689 Enterprise Circle North, Ste. 228, Fremont, CA 92590 (619) 465-8200 FOR TRUSTEE'S SALE INFORMATION PLEASE CALL 714-730-2727 The Mortgage Law Firm, PLC may be attempting to collect a debt. Any information obtained may be used for that purpose. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. 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COMMUNITY BULLETIN BOARD

10 lines/\$10/ 10 Weeks
\$50/Year

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

- Activities
- Announcements
- For sale
- Garage sales
- Group meetings
- Lost and found

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The “NO” List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

Tri-City Bike Park
Community group of mountain bikers and BMX bikers.

Come enjoy this activity for adults, teens and toddlers. Help us get this park built! www.newarkparks.org

First Church of Christ Scientist, Fremont

Sunday Service 10am
Sunday School 10am
Wed. Eve Service 7:30pm
Chld Care is available all services. Reading Room Open Monday - Friday 1-3pm
1351 Driscoll Rd., Fremont 510-656-8161

Most Joyful Volunteer work
LIFE ElderCare – VIP Rides
Drive seniors to appts/errands 4 hrs/month
Flexible scheduling.
Call Valerie 510-574-2096 vdraeseke@fremont.gov
www.LifeElderCare.org

ABWA-Pathfinder Chap. American Business Women’s Assoc.
provides opportunities for women personally & professionally thru leadership, education, networking
Dinner Meetings: 3rd Wednesday each month. Spin A Yarn Rest. (Fremont): 6:30-9:00 pm
Call Harriet 510-793-7465
www.abwa-pathfinder.org

League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org
Free meetings to inform the public about local, regional and statewide policy issues.
Participate in non-partisan in-depth, discussions with guest speakers at our meetings.
All sites are wheelchair accessible

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Tri-City Ecology Center
Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects.
www.tricityecology.org
Office open Thursdays, 11am-2pm
3375 Country Dr., Fremont 510-793-6222

FREMONT COIN CLUB
Established 1971
Meets 2nd & 4th Tues 7pm
At the Fremont Elks Lodge 38991 Farwell Dr., Fremont
All are welcome, come join us
www.fremontcoinclub.org 510-792-1511

Hayward Art Council
22394 Foothill Blvd., Hayward 510-583-2787
www.haywardarts.org
Open Thurs. Fri. Sat. 10am-4pm
Foothill Gallery, John O’Lague Galleria, Hayward Area Senior Center Exhibit Hall, Alameda County Law Library
Hayward branch
All open to the public

The Friendship Force San Francisco Bay Area
Experience a country and its culture with local hosts; meet global visitors here.
Travel to Japan in 2017; Japanese visitors here October 2016.
Many Bay Area social activities.
www.ffsfba.org
www.thefriendshipforce.org
Call 510-794-6844 or 793-0857

Afro-American Cultural & Historical Society, Inc.
Sharing ur culture and history in the Tri-Cities and surrounding area
Meetings: Third Saturday Except Dec & Feb 5:30pm Newark Library
510-793-8181 www.aachsi.com
We welcome all new members

Troubled By Someone’s Drinking?
Help is Here!
Al-Anon/Alateen Family Groups
No cost program of support for people suffering from effects of alcoholism Call 276-2270 for meeting information
or email Easyduz@gmail.com
www.ncwsa.org

Fremont Area Writers
Like to write?
Meet other writers?
Join us from 2-4 p.m. every fourth Saturday except in July and December at DeVry University, 6600 Dumbarton Circle, Fremont.
www.cwc-fremontareawriters.org

Help with Math & Reading

You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child.
CALL Tom 510-656-7413
TKFEDERICO@SBCglobal.net

SAVE’s Restraining Order Clinics

Free for domestic violence survivors
Seeking protective orders
Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday
Call SAVE’s 24-hr Hotline (510) 794-6055 for details
www.save-dv.org

Come Join Us Tri Cities Women’s Club
Meets on the third Tuesday Elk’s Club on Farwell Dr. 9:30 – Cards, 12:00 – Lunch 1:00 – Program and Meeting
We also have bridge, walking, Gourmet dining groups, And a book club.
For info. Call 510-656-7048

Tri-City Society of Model Engineers
The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas.
We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org

FOOD ADDICTS IN RECOVERY - FA
• Can’t control the way you eat?
• Tried everything else?
• Tired of spending money?
Meeting Monday Night 7pm 4360 Central Ave., Fremont
Centerville Presbyterian Church Family Ed. Bldg. Room E-204
www.foodaddicts.org

FREE AIRPLANE RIDES FOR KIDS AGES 8-17

Young Eagles
Hayward Airport
Various Saturdays
www.vaa29.org
Email for more information
youngeagles29@aol.com

Mission Peak Fly Anglers Fishing Club
Meets 4th Wed. each month @7pm - Silliman Aquatic Center 680 Mowry Ave., Newark
Call Steve 510-461-3431 or 510-792-8291
for more information
www.missionpeakflyanglers.org

Fremont Cribbage Club
teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville
Email:Accgr43@gmail.com
American Cribbage Congress
www.cribbage.org

Newark Demonstration Garden
Join a group of Newark residents to spearhead a demonstration garden in Newark. We're currently selecting a site.
We need your help!
Angela at
info@newarkparks.org
https://www.facebook.com/groups/NewarkDemonstrationGarden/

15th Olive Festival Sat/Sun – Oct 1 & 2
www.msjchamber.org
Located on the grounds of Dominican Sisters of MSJ 43326 Mission - Fremont
Live Music, Beer & Wine
Food Trucks, New Vendors
Kids Games, Crafts & FUN 10am–5pm – NO PETS

Learn Basics of Import/Export from SCORE,
5 hr. workshop Sat. Oct 8 8:15am -1:30pm
Fremont Chamber of Commerce 39488 Stevenson Pl., Fremont
For Details go to: http://www.eastbaySCORE.org/export-impor or Send \$55 check to East Bay SCORE, 492, 9th St, Ste 350, Oakland, CA 94607

FREMONT STAMP CLUB
SINCE 1978
Meets 2nd Thurs. each month 7pm
Cultural Arts Center 3375 Country Dr., Fremont
Everyone is welcome. Beginners to Advanced. For questions or more information: www.fremontstampclub.org/ or call Dave: 510-487-5288

Travel with Friends
Choose from many home stays with Friendship Force club members around the world. Share our way of life with visitors & make new friends on 5 continents. Enjoy variety of Bay Area Activities
www.ffsfba.org
www.thefriendshipforce.org
Call 510-794-6844 or 793-0857

Newark Skatepark
Join a group of Newark skaters and parents of skaters to spearhead a skatepark in Newark. We have a business plan. Now we need your help to execute on it!
Angela at
info@newarkparks.org
https://www.facebook.com/groups/NewarkSkatepark/

Our Savior Preschool Come learn & play with us
858 Washington Blvd. Fremont
Students: 2 1/2-5 years
Part time classes 9am-12pm
Full time classes 7am-6pm
Licensed Facility #010204114
Call Marianne: 657-9269
oslpfremont@gmail
www.oslpf.com

SAVE’s Domestic Violence Support Groups
FREE, compassionate support
Domestic violence survivors
Drop-in, no reservations needed
Every Tues & Thurs 6:45-8:45 pm
Every Friday 9:15 to 11 am
1900 Mowry Avenue, Fremont (510) 574-2250 or 24-hour Hotline (510) 794-6055
www.save-dv.org

SAVE’s Empowerment Ctr. Services
FREE for domestic violence survivors.Need support, a place to heal, or referrals? SAVE can help! Advocacy, workshops, counseling & more
24-hour Hotline: (510) 794-6055
Advocate: (510) 574-2256
1900 Mowry Ave., #201,Fremont
www.save-dv.org

Newark Parks Foundation
The Foundation mobilizes financial and community support to deliver thriving, accessible, supported, and varied parks, open spaces, and recreational opportunities for a healthy and united Newark. Seeking Board of Directors and Honorary Board members. info@newarkparks.org

SONS OF ITALY Social Club for Italians And Friends 1st Friday of month
(No meetings July/Aug/Dec)
5:30 social hour
6:30 potluck dinner (\$5)
Newark Pavilion Bld. 2 (Thornton Ave & Cherry St.)
Newark
Info Mary 510-739-3881
www.giuseppemazzini.org

Interested in Taking Off Pounds Sensibly Join our TOPS Support Team Thursdays - 10am
35660 Cedar Blvd., Newark
We are a friendly and fun non-profit support group, sharing the same goals.
co-ed group ALL are welcome!
Contact Shirley at Shirley3163@sbcbglobal.net

Newark Trash Pickup Crew

Get to know your Newark neighbors
Get a bit of exercise and help make Newark look great
Join us!
https://www.facebook.com/groups/newarkTrash/

FOE EDEN AUX 1139 AUTUMN TEA SAT NOV 5 - 11AM-1PM

Eagles Hall
21406 Foothill, Hayward
benefits 5 local charities at Christmas. Reserve by Oct 29, \$15 person
Call Glenda 510-584-1568

Soiree Social Club For People Over 60 Many Activities!
Dancing, Dinners, BBQ’s
Potlucks, Birthday Celebrations.
Plays & Musicals
Call for information
Dianna 510-581-9008

English Conversation Cafe
Improve your Conversation Skills
Small groups with native speakers
Tuesdays 7-8:30pm
Next Session Starts Jan/20th
Only \$20 for 10 weeks
@Bridges Community Church 505 Driscoll Rd., Fremont
ESL@bridgescc.org 510-651-2030

Summer Art Camp At the Sun Gallery
Full Day Weeks 9-3
Half Day Weeks (9-12 or 12-3)
Before & Aftercare available
Affordable Rates
Drop-in Welcome!
1015 E St. Hayward
510-581-4050
www.SunGallery.org

"Discover Your Voice" Tri- City Youth Chorus Grades 5-8 Sing Contemporary Music

Learn Vocal Skills, Have Fun!
Gifted Director
Meets Thursdays at 4:15
No Auditions
tricityyouthchorus.weebly.com

continued from page 36

COMMUNITY BULLETIN BOARD

FATHERHOOD CLASSES Fremont Family Resource Center 39155 Liberty St. (at Capitol), Fremont RSVP (510) 333-3478 or bento@relationshipsca.org FREE Class starts June 9 Relationship & Parenting Skills & Job Search Skills		SUCCULENTS FOR SALE Lots of variety located in Newark Multiple medleys. Arrangements. Home or office decor. Great Gifts Prices range from \$5-25 Discounts applied to large quantity purchases. Contact: 5foot1designs@gmail.com	HOME CRAFT FAIR Oct. 6, 7, 8 Wednesday 11am-4pm Thursday 10am-6pm Friday 10am-6pm Saturday 10am-4pm 1608 Via Santa, San Lorenzo Follow signs on Bockman Road Hundreds of Items by l ocal crafters and Artists	FLASH FICTION WRITING CONTEST Saturday, Sept 24 10am-4pm 300 words or less to WIN MONEY Half-Price Books - Fremont Hub Subject: Must be a non human Deadline to enter: Sun Sept 18 See details at: www.fremontculturalartscouncil.org Send entries: FCACwriters@gmail.com
	Square Dancing Beginner and Refresher Lessons Starting Tues Sept 13, 6:30 to 8:30 pm By the Swinging 21er's Square Dance Club at the Fremont Lodge 38991 Farwell Dr. Fremont Come and have fun exercise for Singles, Couples and Families Call 510-887-5605	Community Peace Resource Fair October 1st & 2nd Sat 10am-2pm Sun 10:30am Free Info, support, vendors South Bay Community Church 47385 Warm Springs Blvd. Fremont 510-490-9500 www.sobcc.org	CRAFTERS! Sign up for "Giftique" in Newark October 29 9:30-3pm Contact Vicki 510-589-1167 or cbncboutique@gmail.com	Music for Minors II FREE Docent Training Sept. 14 - Nov. 7, Fremont or Castro Valley - Mon. & Wed. mornings or evenings Have fun discovering your musical gifts & how to share music in children's classrooms once a week for 1/2 hour. www.musicforminors2.org, Tel: 510-733-1189 / Email: mfmr2recruitment@gmail.com
Sun Gallery Holiday Boutique Nov 17 - Dec 18 4 weeks Thurs - Sun Supports Childrens Arts Programs Call for Crafters & Artists 1015 E St Hayward sungallery@comcast.net 510-581-4050 Reception TBA on Saturday	Enjoy a FUN HEALTHY activity LEARN TO SQUARE DANCE KEEWAY SWINGERS SQUARE DANCE CLUB-BEGINNER'S CLASS starts Thursday, Sept 15 Niles Veterans' Memorial Bldg. 37154 2nd St. Fremont First 3 Thursdays are FREE 510-471-7278-408-263-0952 www.keewayswingers.com	Become a Passport to Adventure Historian Visit any of our nine Historic Loca- tions to begin. Get your passport punched. Receive your Certificate. Ongoing program starts September 10, 2016 Follow us on facebook	James Logan High Class of 1966 50th Reunion October 14-15 2016 Game, Tour, Dinner/Dance For information www.facebook.com/gayle.andrade.18 or call Gayle Andrade 209-471-8488 Joella Thompson 510-299-5693	Homer, Alaska 1988 Friends Looking to reconnect with friends from Christmas 1988. Camped out in Homer Alaska. Please text identifying information to 408-835-1857

Fremont City Council

September 13, 2016

Consent Calendar:

- Second reading to establish Mission Palms as a designated neighborhood.
- Approve public and private street improvements and dedica-tion of land/easements at 38861 and 38873 Mission Boulevard (The Landing West).
- Authorize purchase of two Type III patrol vehicles.
- Award contract to Western Systems, Inc. in the amount of \$223,000 for traffic signal equip-ment upgrades.
- Award contract to Redgwick Construction Company in the amount of \$699,718 for intersec-tion improvement at Fremont Boulevard and Old Warm Springs Road.
- Authorize funding agree-ment with Alameda County Transportation Commission (ACTC) for Irvington BART sta-tion site. Accept \$2,660,000 from ACTC.
- Approve construction of pub-lic improvements at 45300 Fre-mont Boulevard (Lennar Homes Warm Springs Development).
- Approve contract with Tiburon, Inc. in the amount of \$236,920.41 for annual police software maintenance.

Ceremonial Items:

- Recognize Derek Walsh for his actions to rescue a 4-year old



Recognize Derek Walsh for his actions to rescue a 4-year old from drowning at Lake Elizabeth.



Proclaim Attendance Awareness Month to emphasize school attendance.



Issue a proclamation to recognize Passport to Adventure, a citizen participation program that encourages visits to nine historical venues in Fremont

from drowning at Lake Elizabeth. Fremont Police Captain Kimberly Petersen and Fire Chief Geoff La-Tendresse joined Mayor Harrison to acknowledge this heroic act.

- Issue a proclamation to recognize Passport to Adventure, a citizen participation program that encourages visits to nine his-torical venues in Fremont.
- Proclaim Attendance Aware-ness Month to emphasize school

attendance.

Public Communications:

- Comments from Falun Gong adherents regarding organ removal in China.
- Comments regarding ex-panding neighborhood protec-tion city-wide similar to recently passed Mission Palms neigh-borhood designation.

Consideration of items re-moved from Consent Calendar:

- Second reading of an ordi-nance amending sections of Fre-mont Municipal Code. Public comment about broad restric-tions within historic districts re-sulting in unintended consequences. 3-2 (Nay: Mei, Bacon).

Scheduled Items:

- Authorize power purchase agreements with Gridscape Mi-crogrids, LLC for renewable en-

ergy systems at three city-owned fire stations (#6, #7 and #11).

- Approve General Plan amendment for four parcels lo-cated at 3654 Parish Avenue, 3524 Peralta Boulevard, 3508 Peralta Boulevard and 3498 Per-alta Boulevard to medium density residential. 3-2 (Nay: Mei, Bacon)

Other Business:

- Presentation of StopWaste proposal to expand reusable bags ordinance.

Council Communications:

- Mayor Harrison referral to appoint Mia Mora to Recreation Commission.

Mayor Bill Harrison	Aye
Vice Mayor Lily Mei	Aye, 2 Nay
Suzanne Lee Chan	Aye
Vinnie Bacon	Aye, 2 Nay
Rick Jones	Aye

Union City City Council Meeting

September 13, 2016

Proclamations and Presentations:

- Recognize the winners of National Education Association's Social Justice Award winners Ivan Viray Santos, Joe Ku'e Angeles and Tina Bobadilla.
- Recognize retirement of po-lice service canine Marx.
- Recognize October 1, 2016 as Bay Day.

Consent Calendar

- Approve amendment for the agreement with HDR Engineer-ing, Inc. to provide engineering design services for railroad at-grade pedestrian crossing project.
- Authorize the sale of retired police canine Putz Di Casa Nosella "Marx."
- Award contracts for the pur-chase of four police utility vehi-cles in the total amount of \$41,639.19.
- Award of contract for the purchase of one utility trailer for public works in the amount of \$3,032.86.

- Reject bids for the procure-ment of one regenerative air street sweeper in the amount of \$237,550.
- Approve the application for youth soccer and recreation de-velopment program grant funds for replacement of artificial turf fields at Shorty Garcia Park.
- Cancel the regular city council meeting of November 8, 2016 and reschedule for November 10, 2016.
- Award contract for custodial services to MGR Clean-Up, Inc. in the amount of \$380,196.64.
- Authorize the use of former tax increment funds subsequently

reimbursed by the grants from the California Department of housing and Community Devel-opment on the BART Phase 1 and 2 projects.

- Accept work for the 2015-16 Union City Base Failure and Slurry Seal Project.
- Adopt a resolution for the award of contract with the 2016 sidewalk repair project.
- Award contract for Casa Verde Park Trails and playground improvements in the amount of \$127,440.

Public Hearings

- Adopt a resolution approving

the amendments to selections of the adopted master fee schedule for fiscal year 2016-17. Community-Facilities district rates and Munici-pal Solid and Organic Waste fees will be added and

City Manager Reports

- Adopt a resolution appoint-ing members to rent and tenant task force and approve the rent and tenant taskforce charter.

Mayor Carol Dutra Vernaci	Aye
Vice Mayor Emily Duncan	Aye
Lorin Ellis	Aye
Pat Gacoscos	Aye
Jim Navarro	Aye

Ohlone College Board of Trustees

September 14, 2016

Ceremonial Items:

- Proclaim Deaf Awareness Month
- Present resolution in support of Proposition 55.
- Consent Agenda
- Approve 2016 payroll war-

rants in the amount of \$2,360,075.08

- Appoint Vice President of Administrative Services Susan Yeager as representative on Bay Area Community College Dis-trict's JPA Board.
- Endorse Retirement Board of Authority's Directors and Offi-cers Liability Insurance Policy.
- Resolution to approve the

facsimile agreement with Fre-mont Bank for the Associated Student Body Account and the Financial Aid Account.

- Review Purchase orders in the amount of \$426,746.20.
- Change order in contract with Western Water Features for pool refurbishment by \$54,693.
- Ratify contracts in the amount of \$222,910.

To the Board for Discussion or action

- Review and accept the 4th quarter 2015-16 financial report and acceptance of related budget changes in the amount of \$1,527,645.
- Approve the 2016-17 final budget in the amount of \$15.5 million. (7 ayes, 1 nay: Watters)

Richard Watters, Board Chair	Aye, 1 nay
Vivien Larsen, Vice Chair	Aye
Greg Bonaccorsi	Aye
Teresa Cox	Aye
Jan Giovannini-Hill	Aye
Ishan Shah	Aye
Garrett Yee (telecom)	Aye
Miguel Fuentes, Student Trustee	Aye
Aye (advisory only)	

City of Fremont News Briefs

SUBMITTED BY
CHERYL GOLDEN

City of Fremont's BoxART! Program Manager to be recognized by Alameda County for Leadership in the Arts

In 2014, the City of Fremont implemented its BoxART! Program, which gives local artists the opportunity to transform more than 160 graffiti-covered traffic signal control boxes into vibrant pieces of art. The program has shown great success, with many Fremont traffic boxes being decorated and enjoyed by thousands of residents and visitors.

Fremont resident and the City's BoxART! Program manager, Susan Longini, has been awarded the 2016 Alameda County Arts Leadership Award, along with seven other individuals, for her achievements and contributions that regularly impact the arts community and residents of Alameda County.

In addition to serving as manager of the BoxART! Program, Susan is a member of the City of Fremont's Art Review Board and a professional visual artist who is nationally recognized for her kiln formed glass, with her work widely collected and presented in various public and private spaces. She was also appointed to Fremont's Art Review Board in 2000 and served as president for four years.

On Tuesday, September 27, the Alameda County Board of Supervisors will honor the 2016 Alameda County Arts Leadership Award recipients at a commendation ceremony in conjunction with the County's celebration of California Arts Day and National Arts and Humanities Month. The ceremony will take place during the Board's public meeting, which will begin at 10:45 a.m. and will end at 12:30 p.m. at the

Alameda County Administration Building, Board Chambers, 1221 Oak St., 5th floor, Oakland. Friends and family members of the award recipients are welcome to attend. Please RSVP to Rachel Osajima at (510) 271-5162 or rachel.osajima@acgov.org.

For more information about the City of Fremont BoxART! Program visit www.Fremont.gov/boxart.

City of Fremont Keeps Residents Connected with eNews Subscriptions

It can be difficult to stay on top of everything that's going on in the City of Fremont. From upcoming meeting to newsletters to social media, there are so many outlets to keep up with. The City of Fremont makes it easy for community members to stay up-to-date with its eNews Subscription service. These digital updates are sent directly via email or text, and provide locals a great way to stay updated on City of Fremont happenings.

To sign up, visit www.Fremont.gov/enews and subscribe with an email address or mobile phone number. You can also choose from a variety of topics for updates, including volunteer opportunities, meeting agendas and minutes, upcoming City events, news, and more.

Additionally, many City of Fremont departments, including Community Development, Human Services, and Recreation Services, develop individual digital newsletters to provide the community with in-depth information on their current activities.

Sign up for Fremont's Community Development e-newsletter at www.Fremont.gov/Development-Digest. Sign up for Fremont's Human Services' e-newsletter at www.Fremont.gov/HS-Newsletter. Sign up for Fremont's Recreation Services' e-newsletter at www.Fremont.gov/RecreationE-newsletter. There's a lot going on in Fremont, and the City is committed to keeping

residents informed.

City of Fremont Dance Instructor Recruitment

Dance teachers aren't just teachers for their students; they're role models, advisers, confidants, and friends that dance students rely upon throughout their formative years. Dance teachers make a significant, lifelong impact on children and adolescents. From the youngest children to fickle teenagers, perhaps nothing is as universal in its ability to express emotion, beauty, and grace as dance.

The Fremont Recreation Services division is looking for fun, friendly, energetic, and creative individuals who want to share their love for dance with students 3 to 18 years of age. We're looking for someone who will invest their time to help develop and teach classes while building personal connections. Experience in teaching children is desirable; however, we will train the right candidate. This position is perfect for someone studying dance/movement, retired dancers, or someone who has trained but does not have direct teaching experience.

Current needs are for Saturday morning ballet classes for 3 to 5 year olds and 5 to 7 year olds and Monday afterschool ballet/tiny tappers. Teaching opportunities can expand to tap, jazz, ballroom, and other classes as well. We are also looking for an adult ballroom dance instructor on Monday and Friday nights and an intermediate senior tap instructor on Mondays, from 12 p.m. to 1 p.m. and 1:15 p.m. to 2:15 p.m. For more information, please contact Recreation Supervisor Debra Crenshaw at (510) 791-4351.

Startup Grind Fremont

Startup Grind is a global startup community designed to educate, inspire, and connect entrepreneurs. Startup Grind Fremont, a local chapter, holds monthly meetings for startups, entrepreneurs, and VCs to share

experiences, learn from each other, and create a "culture of innovation." The monthly chapter meetings include time for networking and a fireside chat with a local CEO.

Here are details about upcoming Startup Grind Fremont events:

Tuesday, September 27: Join us for a conversation with Andrew Dickson, founder and CEO of Acre Designs, a startup creating Zero-Energy smart homes with a unique approach to prefabrication. Acre was recently funded by and participated in Y-Combinator, the world's leading startup accelerator. An interior architect and industrial designer, Andrew has led projects for Loreal, Rubbermaid, Bass Pro, Embraer, Piaggio, Aerion, and many more.

Tuesday, October 25: Join us for a conversation with Prashant Shah, Managing Director of TiE LaunchPad, an accelerator for enterprise startups. He is also an active charter member of TiE Silicon Valley (sv.tie.org) and has been an early stage venture investor since 2001.

Startup Grind Fremont events will be held from 6 p.m. to 8 p.m. at Electronics For Imaging (EFI), located at 6700 Dumbarton Cir. For more information or to register for these events visit www.StartupGrind.com/Fremont.

Harness the Power of Solar with SunShares

Solar electricity is helping cities throughout the Bay Area meet energy needs while reducing air pollution, enhancing resiliency, and revitalizing neighborhoods. The City of Fremont is one of nearly 40 local government agencies and major employers participating in Bay Area SunShares, a community-wide clean energy program that expands access to solar energy and zero-emission vehicles via pre-negotiated discounts. By pooling the buying power of individual participants, SunShares has negotiated competitive pricing from solar and ZEV

vendors, passing those discounts on to residents.

Three local and recognized solar installation companies (PetersenDean, SkyTech Solar, and SunRun) have been selected for the program and are offering discounted pricing to residents, making now the most affordable time to go solar. This year, SunShares is also introducing zero-emission vehicle discount options on the Nissan Leaf and Toyota Mirai.

Imagine the possibilities: Save on your home utility bills, cut your gas costs, reduce your greenhouse gas footprint, and drive on clean energy. Plus, you'll be doing your part to help Fremont win the \$5 Million Georgetown University Energy Prize. Learn more by attending this upcoming workshop at the Fremont Main Library:

**Saturday, Sep 24
1 p.m. – 2:30 p.m.**

Register at www.FremontSunSharesWorkshop2.Eventbrite.com

To sign up for a no-cost, no-obligation home solar evaluation, receive your vehicle discount code, and learn how you can save on your utility bill for years to come by plugging into the sun, visit www.Fremont.gov/SunShares. This limited time offer is available until November 4.

Movies under the Stars: 'Star Wars: The Force Awakens'

Join the City of Fremont Recreation Services for a free Friday Night movie on September 23 in Downtown Fremont. "Star Wars: The Force Awakens" is rated PG-13 and will start in the evening after sunset. Enjoy this outdoor movie on the big screen for a fun night out with delicious gourmet food trucks as part of Fremont Street Eats, which is hosted by the Fremont Chamber of Commerce in partnership with Food Truck Mafia. This Friday Night movie will take place on Capitol Avenue between State Street and Fremont Boulevard. For more information, visit www.Fremont.gov/MovieNight.

Hayward City Council

September 13, 2016
Presentation:

- Former City Manager Fran David was given a Certificate of Commendation for her contributions to the City of Hayward. She retired July 29, 2016.

- City Manager Kelly McAdoo took Oath of Office.

Boards/Committees/Commissions/Task Forces:

- City Clerk Miriam Lens announced appointments and reappointments to the following boards/committees/commissions/task forces:

- Community Services Commission: Saira Guzman and Rachel Zargar

- Downtown Hayward Business Improvement Area Advisory Board: Gustavo Barrios and Martha Grogg

- Keep Hayward Clean and Green Task Force: Angela Andrews, Darrelle Demps, Linda Dobb, Sharon Eva, Hasieb Lemar, Janet Livingston, Allen Zargar, Blytha Bowers, Lynne Clifton and Suzanne Gayle

- Library Commission: Pedro Reynoso
- Planning Commission: Mariellen Faria

Consent:

- Council approved resolution authorizing the approval of scopes of work with Engeo Incorporated to serve as Hayward Geologic Hazard Abatement District (GHAD) manager; Patricia Curtin of Wendel, Rosen, Black and Dean to serve as Hayward GHAD clerk/legal counsel; and Watermark Asset Management Incorporated to serve as Hayward GHAD treasurer.

- Council approved the final map associated with the previously approved vesting tentative map and proposed development of 24 single-family homes on a 1.9-acre site at 23645 and

23653 Eden Avenue in the Mount Eden area.

- Council approved staff recommendation to reject bids, approve revised plans and specifications, and call for bids for the Mission Boulevard/Blanche Street and Gading Road/Huntwood Way intersection safety improvements.

- Council approved authorization of city manager to negotiate and execute a lease-purchase agreement with Motorola Solutions for mobile and portable radios and associated equipment for Hayward Police Department and nonpublic safety field staff from various departments to join the East Bay Regional Communications System Authority network.

- Council approved resolution authorizing an award of contract to St Francis Electric, Inc. for the Hayward Executive Airport Electrical Improvement Project.

Legislative Business:

- City Attorney Michael Lawson introduced the ordinance extending the Utilities Users Tax to June 30, 2039 as authorized by voters on June 7, 2016.

- City Clerk Lens presented the designation of voting delegate and alternates for the League of California Cities 2016 Annual Conference scheduled for October 5-7 in Long Beach, CA.

Mayor Barbara Halliday appointed Councilmember Elisa Marquez as the voting delegate and Councilmembers Mark Salinas and Marvin Peixoto as alternates.

Mayor Barbara Halliday	Aye
Mayor Pro Tempore Sara Lamnin	Aye
Francisco Zermeno	Aye
Marvin Peixoto	Aye
Al Mendall	Aye
Elisa Marquez	Aye
Mark Salinas	Aye

County Winter Shelter in Sunnyvale. The shelters will be operated by HomeFirst of Santa Clara County.

"Our ultimate goal, of course, is to provide permanent housing and services for our homeless population throughout the County," said Board President Dave Cortese. "But we need to shelter as many people as we can in the meantime and especially during wet weather."

For more information, call the Office of Supervisor Dave Cortese at (408) 299-5030.

Eight to receive Arts Leadership Award

SUBMITTED BY GUY ASHLEY

Alameda County Arts Commission is pleased to recognize eight individuals for their achievements and contributions impacting the arts community and residents of Alameda County. The recipients of the 2016 Alameda County Arts Leadership Award are: Bruce Beasley, Kathleen Breedveld, MK Chavez, J.K. Fowler, Don Lewis, Susan Longini, Ayodele Nzinga, and Sergio Suarez.

The Alameda County Board of Supervisors will commend these eight individuals during the Board's public meeting on Tuesday, September 27 in Oakland. This event is also presented in conjunction with the County's celebration of California Arts Day and National Arts and Humanities Month of October.

Among the group of eight are two recipients from the Tri-City area:

Susan Longini of Fremont, representing Supervisorial District One: Susan Longini is a professional visual artist and program manager for City of Fremont's Utility Box Art Program boxART! a private/public project to repaint 170 graffiti-covered utility boxes throughout town. She also served on the City of Fremont's Art Review Board as a member for 11 years and as president for four years. Susan is a nationally recognized artist in kiln formed (pate de verre) glass, having spent nearly 40 years working in this medium. Her work is widely collected and adorns many private and public spaces nationally.

Sergio Suarez of Hayward, representing Supervisorial District

Two: Sergio Suarez is one of the most decorated urban street dancers to come out of the Bay Area and is a member the world famous Beatz N Pieces Crew and Fresh Dynamix Dance Company. He has spent the last 10 years educating college students at Ohlone College in Fremont. Over the last 12 years, Sergio has also mentored at-risk youth at various local programs and schools such as Skyline High School in Oakland and Weekes Community Center in Hayward. In 2008, Sergio established the All The Way Live Foundation, a nonprofit organization that utilizes hip hop dance to educate, empower and support youth living in marginalized communities in Alameda County and all over the world.

Members of the Alameda County Arts Commission selected these individuals from a group of nominees whose names were submitted by the public. Award recipients were selected based on their achievements within the arts field and their contributions to the community. This annual program recognizes individuals or teams from each of the five supervisorial districts. For more information about the program or the award recipients, please contact the Alameda County Arts Commission at (510) 208-9646 or by email at:

artscommission@acgov.org
**Arts Leadership Award
Tuesday, Sept 27
10:45 a.m.
Alameda County Admin Bldg, Supervisor's Chambers
1221 Oak St, 5th Fl, Oakland
(510) 208-9646
artscommission@acgov.org**

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Brat Toss
Beer Pong
Yodeling????
Chicken Dancing & Real Dancing!



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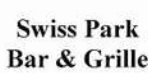
Saturday, Sept. 24th - 12pm to 5pm

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Or at www.NewarkOktoberFest.com. Call 510-578-4500 for more information.



Early Bird Combo Tickets include: Admission, OktoberFest Beer Mug, plus 1st Pour of beer/wine; \$14.00. You may purchase wine, beer, & other food choices, beverages & sweets on site. Gen'l Admission, w no food/beverage is "entry only" for \$5.00. Children under 10 are free.



FREE Adult Reading and Writing Classes are offered at the Alameda County Library
Tell A Friend Call Rachel Parra 510 745-1480

Arresting Odysseo a night like no other



Elise Verdoncq and Omerio in The Great Adventure. Photo by Dominick Gravel

BY JULIE GRABOWSKI

Worlds await under the White Big Top, the magic makers of Cavalia's "Odysseo" inviting you on an engrossing visual journey of equestrian and theatrical arts. From an enchanted forest to the Mongolian steppes and Monument Valley, to the African savanna, Nordic glaciers, and the Sahara to Easter Island, Creator and Artistic Director Normand Latourelle dazzles with an experience like no other.

The production showcases 65 horses of a dozen different breeds, including Appaloosa, Arabian, Lusitano, Paint Horse, Quarter Horse, and Spanish Purebred. They are joined by 47 artists – riders, acrobats, aerialists, dancers and musicians – in a harmonious blend of skill and poetry. Man

and horse unite on a 17,500 square-foot stage where 18 projectors are at work simultaneously, casting an array of moving images and scenes onto an 8,400 square-foot video screen. Live musicians play Michel Cusson's vibrant score in perches to the left and right of the stage, with vocalist Valentina Spreca appearing in scenes throughout the show.

An entrancing set design (Guillaume Lord), evocative lighting (Alain Lortie), costumes (Georges Lévesque, Michele Hamel), direction (Wayne Fowkes), and choreography (Darren Charles, Alain Gauthier) are a collection of riches from the creative team behind "Odysseo," whose talent and vision melds seamlessly into a masterful night.

The acrobat troupe from Guinea, Africa, is a marvel of



Village Celebration. Photo by Chris Waits



Village Celebration. Photo by Dan Harper

strength and body control, wowing with dizzying flips and human pyramids in the lively "Village Celebration." They further cater to the audience with the spirited and crowd-pleasing "The Call of Africa," employing drums and singing, dancing, and more gravity-defying moves.

A dramatic entrance is made in "Travelers," where 16 horses and riders file down a three-story hill for a dressage scene. The series of precise movements displays tremendous

orchestration and partnership between man and animal that is quite a sight.

Featuring a giant carousel against a night sky backdrop with shooting stars, the dreamy "Carosello" is a gorgeous vision of astounding strength and control. Acrobats on rotating and static poles are the epitome of grace as they flow through the choreography of Elsie Morin and Mathieu Roy.

Showmanship and skill are on full display during "Nomads" where performers thrill with Cossack riding stunts at full gallop. One brave rider makes you hold your breath as he circles underneath his horse's belly.

Aerialists make a big impression in the second half of the show, taking to the sky in several suspended hoops to swing and balance amid rain and lightening in "The Storm." "The Angels" is a hypnotic and ethereal scene choreographed by Alain Gauthier with four aerialists and four riders connected by flowing white silks that create arresting images; a definite highlight of the evening.

Elise Verdoncq is impressive in her two solos, directing nine purebred Arabian horses with

softness and confidence in a harmonious ballet of movement in "Freedom," and performing a skilled classical dressage in "The Great Adventure" with a Lusitano horse named Omerio. Water begins to flow onto the stage floor while the two are at work, becoming a 40,000-gallon lake in which to conduct their fancy footwork.

The show is capped in thrilling fashion as the cast makes their final statement: horses gallop through the lake, aerialists fly across the surface in their suspended hoops, acrobats flip through the water, one by one riders fly by at top speed performing stunts.

"Odysseo" is an inarguable marvel, a beautiful dream that ends before you are ready, but that you are sure to never forget.

Odysseo
Wednesday, Sep 14 – Saturday, Oct 1
8:00 p.m., 7:00 p.m.
7:30 p.m. & 2:00 p.m.
White Big Top
399 W Julian St, San Jose
1-866-999-8111
www.cavalia.net
Tickets: \$29.50 – \$154.50



Odysseo. Photo by Jak Wonderly

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Artists of the month selected for September



SUBMITTED BY HARRIETT MCGUIRE
PHOTO BY VINAY VERMA

The Golden Hills Art Association of Milpitas chose their Artists of the Month at the September 1, 2016 general meeting. Members bring in their newest painting to the association's monthly meeting to be judged by members and guests.

The first place award went to Barbara Crowley for a large colorful watercolor of a monarch butterfly on a flower titled "Pink Zinnia and Butterfly." Second place went to Lela Ehardt for her charming acrylic painting "Aldenee, Toddler's Curiosity," which was done from a photograph of her grand niece looking through the fence.

The next meeting will be held on Thursday, October 6 at 7 p.m. in the Community Room of the Milpitas Police Department. The community is invited to attend free of charge. For more information, call (408) 263-8779.

Harinder Hundal takes Oath of Office as Union City Postmaster

SUBMITTED BY
AUGUSTINE RUIZ, JR

On Friday, September 16 at 10 a.m., Harinder Hundal followed a tradition that dates back to 1871 when James M. Hine became the first Postmaster of the Decoto Post Office, which later changed to Union City Post Office in 1959. Hundal raised his right hand and was sworn in as the new Postmaster at the Union City Post Office at 33170 Alvarado Niles Rd.

Hundal started his career with the United States Postal Service in 1994 as a City Carrier at the Livermore Post Office, and later transferred to Fremont Post Office. He went on to pursue his management career and was promoted to Supervisor Customer Service in Union City in 2002. He served as the Officer-in-Charge of the Union City Post Office prior to his promotion as the city's Postmaster.

Hundal graduated from Guru Nanak Dev University Amritsar where he received his Bachelor in Science Degree in Science. He attended Panjab University Chandigarh to complete his Master Degree in physics. In 1988, he immigrated to the U.S. to join his family.

"It has been a life-long dream of mine to become a Postmaster," said Hundal. "Becoming the Postmaster of Union City exceeds that dream. I have always believed that if you do something you love, you will never have to work a day in your life. And what



I love to do is to serve people, my customers, my employees, and the United States Postal Service."

Hundal lives in Union City with his wife, Manjit, two children, and his parents. He learned early that you do not do anything or go through life alone, even in achieving your goals. He owes his success to his supportive family.

As Postmaster, Hundal manages all operations at the Union City Post Office that has 41 city routes with 22,509 delivery points (residential business addresses) and 1,929 PO Boxes. He manages 80 employees who process and deliver an average of 86,349 pieces of mail daily.

Oscar Munoz, Manager of Post Office Operations, administered the official oath of office. Hundal replaces Lali Toor, who was promoted as the Fremont Postmaster.

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Medical Director, Washington Women's Center
Washington Township Medical Foundation

Vandana Sharma, MD, PhD
Hematologist Oncologist
Medical Director, Genetics Counseling Program and Oncology Program

Kimberlee Alvari, RD, CNSC
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Julie Aragon
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