



Cavalia
presents
its latest
creation:
Odysseo

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HERS Breast
Cancer
Foundation
5K Walk

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NEWARK DAYS
INSERT
Voyage to the Star

IN THIS
EDITION



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September 13, 2016

Vol. 15 No. 36

Alzheimer's Services of the East Bay opens in Fremont

By SARA GIUSTI
PHOTOS COURTESY OF
ASEB



ASEB Board President Shaun Charles, Sister Carolyn Marie, and ASEB CEO Micheal Pope.

What are you supposed to do when a loved one begins to develop dementia and Alzheimer's? How do you balance caring for yourself and family and maintaining a job while providing the best care? It is a real concern that may actualize itself for many of us some day.

Alzheimer's Services of the East Bay (ASEB), a community nonprofit, is one avenue of incredible treatment. Since 1988, ASEB has provided daytime care and support for people with memory loss and their families.

continued on page 6



Sister Diane Bridenbecker and ASEB guests.



Mariachi Fest features Music, Dance, and Family Fun



Grupo Tlapalli ballet folklorico dancers and Councilmember Francisco Zermeño

SUBMITTED BY
SUSAN OJEDA-COBOS

Mariachi bands, ballet folklorico dancers, kids' activities, a taco-eating contest and an outdoor market celebrating Mexico's food and art will be highlights at the sixth annual "Hayward Mariachi Festival" on Friday, September 16 at City Hall Plaza.

The free, family-friendly event is hosted by the Hayward Chamber of Commerce Latino Business Roundtable, the City of Hayward, and the Downtown Business

Improvement Area. Guests should bring lawn chairs and blankets.

The event highlight is built around music. This year's featured performers are Mariachi Juvenil de Hayward, Mariachi Halcones, Mariachi Tapatio, and Mariachi Mexicanisimo. Also performing will be the Grupo Tlapalli ballet folklorico dancers and dancing horses. Celebrity announcers will introduce each group of performers.

Activities for kids and families include face painting, Dia de los Muertos mask coloring, paper flower making, and loteria.

continued on page 14



Arts & Crafts in Shinn Park

SUBMITTED BY ARATHI SATISH
PHOTOS BY AL MINARD

On the historic Shinn House grounds, surrounded by beautiful flowers, local artists will display, demonstrate, and sell their artwork on Sunday, September 18. The Fremont Cultural Arts Council (FCAC), Mission Peak Heritage Foundation, Fremont Art Association, Boy Scout Troop 447, and Jack in the Box are sponsoring the 15th annual "Arts & Crafts in Shinn Park."

This event will only feature work that is original and created by the exhibiting artist; no imports - buy and sell - or commercially produced items will be permitted. Many artists demonstrate "Art in Action" at their booths. Historical organizations will also inform visitors about their work and challenge them to identify a historic object. There is no charge to attend this event and the artists receive all of the money from their sales. This event is held to promote local artists and the historic Shinn House.

Longtime organizer Al Minard says, "We are planning on having musicians to entertain you, and docent led tours of the Shinn House to remind you of yesterday. We will be selling food, soft drinks, and tours of the historic Shinn House. There is also a gift shop in the house that has a large collection of unusual items."

This year, organizers are incorporating a Science, Technology, Engineering, Arts and Math (STEAM) event into the Arts and Crafts show. This event will be for young people to learn how to make silly putty from common ingredients that they

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Preventive Screenings Promote Lifelong Health

Seminar To Discuss Exams and Tests for Potential Health Issues

When you are healthy, it is easy to put off having an annual wellness exam to assess your health risks, review your immunizations and determine which screening tests might be beneficial to help you avoid serious health problems. But the old adage, “An ounce of prevention is worth a pound of cure,” is still sound advice.

“Preventive care focuses on evaluating your current health status and making sure you don’t have any health conditions to worry about,” says Michael Parmley, MD, a board-certified internal medicine physician and primary care doctor at Washington Township Medical Foundation. “Screening tests are different from diagnostic tests. The difference is that “screenings”

are basically for people without symptoms to find something that is hidden or to catch a disease early and fix it. With a preventive exam and routine screening tests, your doctor can look for warning signs of potentially serious health problems so you can take steps to reduce your risk factors. Plus, it is better for your health to establish an ongoing relationship with a doctor who knows you and your health history.”

To promote greater awareness of the benefits of preventive exams, screenings and vaccinations, Washington Hospital Healthcare System and Washington Township Medical Foundation are offering a free seminar on Thursday, September 29, from 1 to 3 p.m. at its Newark Clinic, located at 6236 Thornton Avenue in



Learn about the benefits of preventive exams, screenings and vaccinations, at a free seminar on Thursday, September 29, from 1 to 3 p.m. The seminar will feature internal medicine and primary care physician Michael Parmley, MD, and will take place at the Newark Clinic located at 6236 Thornton Ave. in Newark. To register, go to whhs.com/events or call (800) 963-7070.

Newark. The seminar will feature a presentation by Dr. Parmley and will include time for questions from people who attend.

Dr. Parmley notes that the Affordable Care Act covers a variety of free preventive care services and one wellness exam per year without copays or coinsurance, on most major medical insurance plans sold after 2014, regardless of whether any deductible has been met yet. It’s important to check with your

plan before assuming everything related to preventive care will be covered.

In general, a wellness exam would include measuring the patient’s height, weight, body mass index (BMI) and blood pressure. In addition, blood tests may be ordered to evaluate factors such as cholesterol levels, liver and kidney function, electrolytes and thyroid hormone levels.

“When it comes to blood pressure, a reading over 140/90

for people under age 65 is considered high,” Dr. Parmley explains. “For cholesterol, a total cholesterol level below 200 mg/dL is considered desirable. With HDL cholesterol, the ‘good’ cholesterol, the higher the number the better, and anything less than 40 mg/dL could be considered a risk factor for cardiovascular disease. The desired level of LDL cholesterol, the ‘bad’ cholesterol is under 130 mg/dL, but less than 100 mg/dL is optimal.”

continued on page 5

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY					
	9/13/16	9/14/16	9/15/16	9/16/16	9/17/16	9/18/16	9/19/16					
12:00 PM 12:00 AM	Voices InHealth: Washington's Commu- nity Cancer Program	Nerve Compression Disorders of the Arm	Family Caregiver Series: Coping as a Caregiver	Sports Medicine Program:Youth Sports Injuries	Radiation Safety	Voices InHealth: Medi- cine Safety for Children	Sidelined by Back Pain? Get Back in the Game					
12:30 PM 12:30 AM	Voices InHealth: Washington's Community Cancer Program	Strengthen Your Back! Learn to Improve Your Back Fitness	Community Based Senior Supportive Services	Menopause:A Mind-Body Approach	Preventive Healthcare Screening for Adults	Alzheimer's Disease	Acetaminophen Overuse Danger					
1:00 PM 1:00 AM							Diabetes Matters: Sugar Substitutes - Sweet or Sour?					
1:30 PM 1:30 AM												
2:00 PM 2:00 AM	Prostate Cancer:What You Need to Know	Washington Township Health Care District Board Meeting August 10, 2016	Colon Cancer: Prevention & Treatment	Washington Township Health Care District Board Meeting August 10, 2016	Hip Pain in the Young and Middle-Aged Adult	Advance Healthcare Planning	Washington Township Health Care District Board Meeting August 10, 2016					
2:30 PM 2:30 AM	Turning 65? Get To Know Medicare		Keeping Your Heart on the Right Beat		Family Caregiver Series: Panel Discussion	GERD & Your Risk of Esophageal Cancer						
3:00 PM 3:00 AM	Vertigo & Dizziness: What You Need to Know		Your Concerns InHealth: Sun Protection			Diabetes Matters:The Diabetes Domino Effect:ABCs		The Real Impact of Hearing Loss & the Latest Options for Treatment				
3:30 PM 3:30 AM							Family Caregiver Series: Advance Healthcare Planning & POLST		Learn If You Are at Risk for Liver Disease	Good Fats vs. Bad Fats	Family Caregiver Series: Legal & Financial Affairs	
4:00 PM 4:00 AM					Arthritis: Do I Have One of 100 Types?							Shingles
4:30 PM 4:30 AM	Family Caregiver Series: Nutrition for the Caregiver	What Are Your Vital Signs Telling You?	Diabetes Matters: Diabetes & Polycystic Ovarian Syndrome									
5:00 PM 5:00 AM				Learn About the Signs & Symptoms of Sepsis		Your Concerns InHealth: Decisions in End of Life Care	Voices InHealth: Bras for Body & Soul	Partnership with Your Doctor to Improve Diab- etes Control				
5:30 PM 5:30 AM					Minimally Invasive Surgery for Lower Back Disorders				Preventive Healthcare Screening for Adults	Learn More About Kidney Disease	Washington Township Health Care District Board Meeting August 10, 2016	Washington Township Health Care District Board Meeting August 10, 2016
6:00 PM 6:00 AM	The Weigh to Success	Diabetes Matters: Insulin: Everything You Want to Know	Minimally Invasive Options in Gynecology									
6:30 PM 6:30 AM				Washington Township Health Care District Board Meeting August 10, 2016		Sports Medicine Pro- gram:Exercise & Injury	Kidney Transplants	Low Back Pain				
7:00 PM 7:00 AM					Not A Superficial Problem:Varicose Veins & Chronic Venous Disease				Strengthen Your Back	Heart Healthy Eating After Surgery and Beyond	Learn About Nutrition for a Healthy Life	
7:30 PM 7:30 AM	Inside Washington Hospital: Patient Safety	What You Should Know About Carbs and Food Labels	Urinary Incontinence in Women:What You Need to Know									Snack Attack
8:00 PM 8:00 AM				Family Caregiver Series: Tips for Navigating the Healthcare System		Keys to Healthy Eyes	Surgical Treatment of Obstructive Sleep Apnea	Get Your Child's Plate in Shape				
8:30 PM 8:30 AM					Shingles				How Healthy Are Your Lungs?	Shingles	Dietary Treatment to Treat Celiac Disease	
9:00 PM 9:00 AM	Diabetes Matters: Straight Talk About Diabetes Medications	Diabetes Matters: Basics of Insulin Pump Therapy										
9:30 PM 9:30 AM			Inside Washington Hospital: Advanced Treatment of Aneurysms	Get Back On Your Feet: New Treatment Options for Ankle Conditions		Diabetes Matters: Gastroparesis	Heads Up on Concussions	Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate				
10:00 PM 10:00 AM					Relieving Back Pain: Know Your Options				Shingles	Shingles	Shingles	
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Are You at Risk for Lung Cancer?

National Lung Screening Trial Shows Low-Dose CT Scan Reduces Mortality Rates

If you are a smoker or former smoker, you probably know you have an increased risk of getting lung cancer. Other factors like environmental exposures can also raise your risk. If you are at risk, you may want to consider getting screened for the disease with a low-dose CT scan of the chest, available at Washington Hospital. National Lung Screening Trial results show that the scan can reduce your risk of dying from this deadly form of cancer by 15 to 20 percent.

“Up until now we didn’t have a test that was shown to reduce lung cancer mortality rates,” said Dr. Jason Chu, a local pulmonologist and member of the Washington Hospital medical staff. “But thanks to the National Lung Screening Trial, we now know that screening with a low-dose helical CT scan of the chest can actually lower your chances of dying from lung cancer.”

More than 221,000 people will be diagnosed with lung cancer this year in the U.S., and 7 in 10 will die from the disease, according to the National Cancer Institute. While lung cancer accounts for only 13.3 percent of new cancer cases, it is the cause of 26.8 percent of cancer deaths, making it the most deadly form of cancer. In fact, more people die from lung cancer each year than from breast, prostate and colon cancer combined.

“You have a much better chance of surviving lung cancer if you are diagnosed at an early stage,” Dr. Chu explained. “The low-dose CT scan can help

physicians detect and diagnose lung cancer earlier, when more effective treatment options are available. We are on a mission at Washington Hospital to diagnose lung cancer at the earliest stage possible to save lives.”

Who Should be Screened?

Dr. Chu said smoking is by far the leading cause of lung cancer. Those who should be screened with a low-dose CT scan include current or former smokers with a smoking history of 30 “pack years” (an average of one pack a day for 30 years). If you are a former smoker, you need to have quit within the last 15 years.

“Even if you don’t meet the criteria, you still may be a candidate,” he said. “If you have a 20 ‘pack year’ history and have been diagnosed with underlying pulmonary diseases like chronic obstructive pulmonary disease or pulmonary fibrosis, or have been exposed to asbestos, radon, silica, cadmium, arsenic, beryllium, chromium, diesel fumes or nickel, you should talk to your physician about getting screened.”

The low-dose CT screening is covered by Medicare if you meet the following criteria: are ages 55 to 77, have a smoking history of at least 30 “pack years,” and have a written order from a physician. For those who meet the criteria, Medicare also covers a visit with your doctor about the benefits and risks of lung cancer screening.

CT Scan is Effective

The National Lung Screening Trial looked at the effectiveness

of low-dose CT scans compared to a chest x-ray across 33 sites nationwide. The CT scan captures a multiple-image scan of the chest while an x-ray produces a single image of the chest. Both are painless procedures with minimal risks.

The trial consisted of 53,000 current or former heavy smokers ages 55 to 74 screened over a two-year period and who were followed for another five years. A low-dose CT scan was used as the screening tool for half, while x-ray was used for the other half, Dr. Chu explained.

Among those who received the low-dose CT scan, almost a quarter of screenings were detected to be abnormal, while 7 percent of chest x-ray screenings were abnormal. Of these abnormal screenings, low-dose CT was able to positively identify two to three times as many lung cancers than x-rays. Also, more low-dose cancers were detected at earlier stages than with x-ray.

According to Dr. Chu, participants with abnormal screenings were given additional tests to determine if they actually had cancer, including in some instances invasive procedures like a bronchoscopy. Of those who received an abnormal CT scan result, 25 out of 1,000 had an invasive procedure compared to seven out 1,000 who had an invasive procedure with an x-ray.

“The risk of having an unnecessary invasive diagnostic procedure with a low-dose CT scan is higher, but the risk is still very low,” Dr. Chu said. “Low-dose CT scans save lives.



Smokers and former smokers may want to consider getting screened for lung cancer with a low-dose CT scan of the chest. Washington Hospital now offers the screening to individuals with a smoking history of 30 “pack years.”

When the numbers were crunched, there were 20 percent fewer deaths with patients screened with the low-dose CT scan.”

He encouraged those who are at high risk for lung cancer to discuss the screening with their physician to learn more about the benefits and risks. To schedule an

appointment with a pulmonologist, call (800) 963-7070 for a physician referral.

For information about other programs and services offered at Washington Hospital that can help you stay healthy, visit www.whhs.com.

Ask the Doctor

This is an ongoing column in which community physicians answer your health-related questions. Questions should be emailed to Ask the Doctor at: askthedoctor@whhs.com

Eating preservatives

Dear Doctor,

How particular do I need to be about eating preservatives? They are present in so many foods and often impossible to avoid. Any suggestions?

Dear Reader,

Preservatives are added to foods to slow down decay. Some naturally occurring preservatives include citric acid (found in lemons and other citrus fruit) and bicarbonate (baking soda), both of which can offer the benefits of a preservative without the harmful effects other types may have. Many preservatives have been linked to behavior disorders in children as well as health issues, like asthma and cancer. In fact, synthetic food preservatives such as nitrates, nitrites and nitrosamines are known to disturb stomach acid balance and can lead to cancer in the stomach and esophagus. Avoiding preservatives completely is difficult, but being aware of how much you consume may be a good way to keep it to a minimum.

Mary S. Maish, MD



Dr. Maish is a board-certified thoracic and general surgeon. She holds a master's degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the medical staff at Washington Hospital.



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SPEAKER



Anna Mazzei, RD, CDE
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New Dietary Guidelines for Healthy Choices

Healthy eating is one of the most powerful tools to reduce the onset of disease. Learn about the latest edition of the Dietary Guidelines which provide recommendations on food and nutrition to help you keep weight under control, and prevent chronic conditions.

**Wednesday, September 21, 2016
1 to 3 p.m.**
**Conrad E. Anderson, MD, Auditorium, rooms A & B
Washington West, 2500 Mowry Ave., Fremont**



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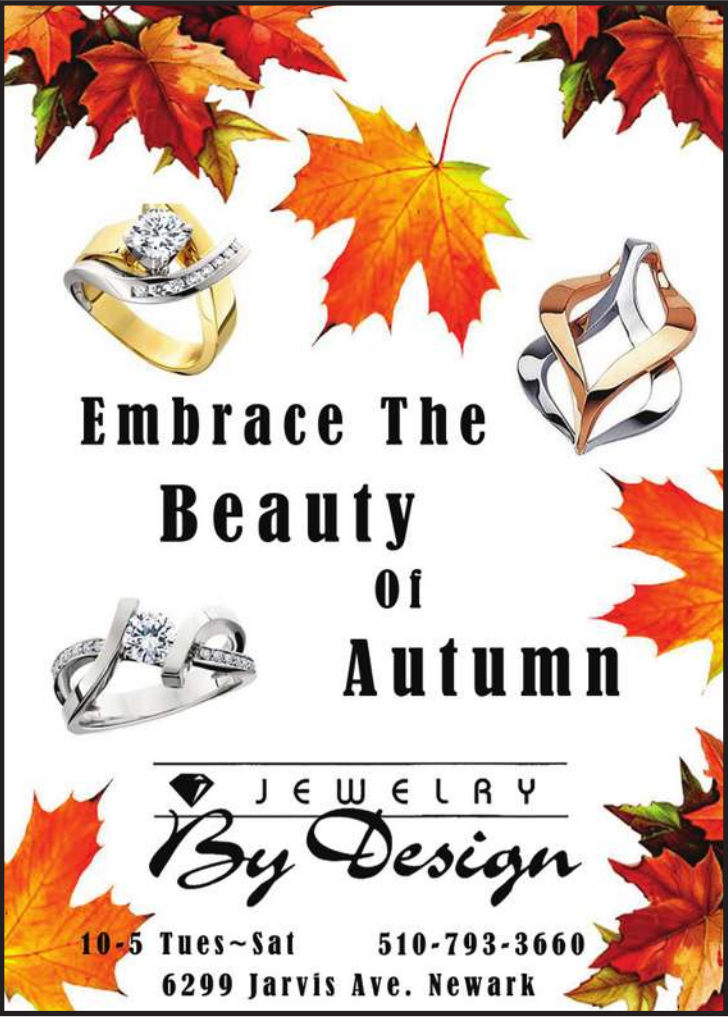
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Ocular Manifestations of the Ebola Virus -
National Institute of Health in Liberia

Vincent L. Ray, M.D.

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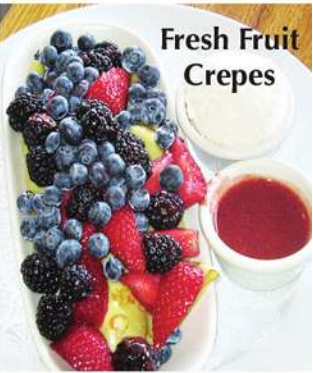
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continued from page 2

Preventive Screenings Promote Lifelong Health

Seminar To Discuss Exams and Tests for Potential Health Issues

Checking blood glucose levels can also be an important aspect of preventive care, helping people to avoid developing diabetes.

“We used to start measuring patients’ blood sugar levels at age 35, but now we recommend blood glucose screenings for people beginning in their 20s,” says Dr. Parmley. “In some cases, we also may screen patients in their teens if they are obese or have a family history of diabetes.”

The most common test measures the blood glucose level after fasting for at least eight hours, and the result should be less than 100 mg/dL. Another test, called the glucose tolerance test, measures blood glucose after the patient has fasted for eight hours and then consumes a sugary drink.

“In my practice, I prefer to use the A1C test for blood glucose levels,” Dr. Parmley notes. “The A1C test provides a measure of the person’s average levels of blood glucose over the past two to three months, so it is a better indicator of diabetes risk than the fasting glucose or glucose tolerance tests.”

A normal A1C level is below 5.7 percent. An A1C level above 6.5 percent would indicate a diagnosis of diabetes, while percentages between 5.7 and 6.4 would be considered pre-diabetes.

“Having pre-diabetes is a substantial risk factor for developing diabetes, but there are many steps pre-diabetes patients can take to prevent diabetes,” says Dr. Parmley.

Preventive health screenings for women also should include a mammogram every one to two years, depending on their age and risk factors for breast cancer. Pap smears to detect cervical cancer should be performed every three years.

“Current recommendations for Pap smears state that women should have one every three years,” Dr. Parmley says. “A woman over age 35 who has had a negative Pap smear and a negative test for human papillomavirus (HPV) infections, the main cause of cervical cancer, can wait five years between Pap smears and HPV tests. With the introduction of vaccinations to prevent HPV infections, Pap smears may become less important than they are now.”

Bone density screenings to detect osteoporosis may also be an important consideration, particularly for post-menopausal women.

“The age when women should start having bone density screenings is generally between 60 and 65,” Dr. Parmley explains. “However, if a woman goes through either early natural menopause or ‘induced’ menopause following a hysterectomy with removal of the uterus and ovaries, it might be beneficial to have a baseline bone density test performed at age 40 or 50.”

All male smokers over age 65 should get a screening for an abdominal aortic aneurysm, an enlarged area in the lower part of the aorta, the major blood vessel that supplies blood to the body.

Because the aorta is the body’s main supplier of blood, a ruptured abdominal aortic aneurysm can cause life-threatening bleeding.

A colon cancer screening is recommended for everyone over age 50. People who have a family history of colon cancer, with either a parent or a sibling who has been diagnosed, should start screenings 10 years before the age of onset in their parent or sibling or at age 40, whichever is earlier.

“The statistics back up the fact that a colonoscopy is the best means of detecting colon cancer, as well as pre-cancerous polyps that might develop into cancer in the future,” says Dr. Parmley. “Other tests, such as the fecal occult blood test, are simply not as reliable for detecting colon cancer at an early stage, when it is easier to cure.”

During a preventive care exam, the physician also will go over the patient’s personal and family health history.

“It’s very important for your physician to know about any chronic health issues or a family history of conditions such as asthma, heart disease, diabetes, lung disease or cancer,” Dr. Parmley emphasizes.

“We also need to be sure our patients are current on all their immunizations,” he adds. “If you haven’t had all the basic childhood immunizations – or if you’re not sure of your immunity to a particular disease – let your doctor know. In general, we want to be sure patients get a flu vaccine every year, a Tdap vaccine every 10 years – which is important because of a resurgence in pertussis, or whooping cough – a meningococcal vaccine if they are young people heading off to live in college dorms, a shingles vaccine if they are over age 60, and two different pneumonia vaccines if they are over age 65 or have significant chronic health issues such as lung or heart disease or asthma. There may be other vaccines that people should receive if they are traveling outside the country or if they work in health care.”

Dr. Parmley notes that physicians also may offer counseling during a preventive care exam on general health factors such as diet, exercise, smoking, and the use of seatbelts and sunscreen.

“A doctor shouldn’t be someone to see only when you’re sick,” Dr. Parmley says. “Preventive care serves a different purpose than urgent care does. Preventive care is intended to help keep you healthy throughout your life.”

Learn More

To register for the seminar on Thursday, September 29, or to learn more about seminars offered by Washington Hospital, visit www.whhs.com and click on “Upcoming Health Seminars” or call (800) 963-7070.

For help in finding a primary care physician who can discuss your health risks and the appropriate screenings, visit www.whhs.com and click on the tab for “Find My Physician,” or visit the Washington Township Medical Foundation website at www.mywtmf.com.

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The Fremont/Newark/Union City Branch 59 of SIR –
Sons In Retirement – holds monthly luncheon meetings
featuring guest speakers and, twice annual, “sweetheart lunch-
eons” when wives, daughters or significant others are invited.

In April the group featured Channel 7 weatherman,
Spencer Christian, as the speaker and May is the sweetheart
luncheon which includes live entertainment.

If you are a retired man you should join SIR!
Fremont/Newark/Union City Branch 59, meets the
third Thursday of the month at the Newark Pavilion on
Thornton Ave and Cherry St in Newark. Socializing is from
11:00am to 12:00pm, where there is time to look over an
extensive library of books, sign up for activities, and meet
new people or shoot the breeze with old friends. The formal
meeting starts at noon with branch announcements,
birthday wishes, a sing-a-long, and lunch, followed by a
selected speaker. Meetings usually end about 1:30pm.

Activities run the gamut from golf, bowling, computers,
wine tasting, bridge, bocce, and couples dining out, and
more are being added as interest dictates.

SIR Branch 59 welcomes new members. Visit the website
at www.sirinc.org or call Ron Brutvan at (510) 794-4019 or
email bvan0817@sbcglobal.net for more information.
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QUESTIONS?

- For Employment Questions, call HR at 510-659-2556
- For Questions on Training or Qualifications, call Transportation at
510- 657-1450

continued from page 1

Alzheimer's Services of the East Bay opens in Fremont

There are three ASEB sites today: Berkeley, Hayward, and now Fremont, at the Dominican Sisters of Mission San Jose Motherhouse. The new center opened in early July this year at the Motherhouse, and its first participant began attendance in early August.

The daytime care program includes transportation to and from the center, breakfast, lunch, an afternoon snack, and engaging, fun, and thoughtful activities. Activities range from field trips, memory aid and physical exercise, intergeneration connections, art, music, and simply being treated like a human being – with respect and care. ASEB also offers a family support program, an early-stage program, support groups, education, and training.

ASEB's Fremont location has been in the works for the past seven years, and has been a joint effort between Fremont city officials [especially Human Services Director Suzanne Shenfil], ASEB, and the Sisters. “The City of Fremont encouraged ASEB collaboration with the Sisters, responding to a growing regional need for daytime memory care,” said Margaret McCarthy, Mission Advancement Director for the Dominican Sisters of Mission San Jose. “The [ASEB] project was part of the congregation's Dominican Community Campaign, which included construction of a new Sisters residence, Dominican Center, and renovation of the Siena building for memory care,” McCarthy explained.

The first floor of the Sisters' Siena building hosts ASEB's program. Funds to renovate the building as a state-of-the-art adult day health care facility came from a Fremont recommended Community Development Block Grant, Fremont Bank Foundation, private foundations, and individual donors. Interior development was completed in 2014, as well as a secure yet serene outdoor memory garden. In June 2016, the Sisters received their license from the Department of Public Health to operate.

“More than twenty family caregivers and potential participants have toured and received intake applications in the eight weeks since formal licensure,” said Mary Contois, Program Director for ASEB's Fremont campus. “Overall, ASEB Mission San Jose is receiving a very warm welcome and encouraging support,” said Contois.

ASEB'S Fremont campus is open to adults, veterans, and Sisters with a dementia diagnosis. Sister Carol Monzon, a registered nurse and Dominican Sister, is serving as a staff member. A

social worker and registered dietician are also onsite. Daytime care services are approximately \$100 a day. If a participant is Medi-Cal eligible, he or she may be able to reduce costs. ASEB's services aim to be less expensive than 24-hour care not only for participants, but for their families who are often juggling costs of their own on top of their loved one's. It's a win-win alternative to full-time residential or in-home care.

ASEB also hosts monthly support meetings for caregivers and families. Currently rotating between Berkeley and Hayward, the next Hayward meeting is Tuesday, September 20. Attendees can meet others caring for loved ones with dementia, share experiences and stories, and learn information and coping styles.

According to the national Alzheimer's Association (alz.org), 5.4 million Americans have Alzheimer's, a chronic neurodegenerative disease usually affecting seniors. It is officially listed as the sixth leading cause of death in the United States. Alzheimer's disease is the leading cause for dementia, the general term for the loss of intellectual functioning, which includes memory loss, judgment, and cognitive ability. Other diseases can lead to dementia as well, such as Huntington's or Parkinson's.

The number one early sign of Alzheimer's and dementia is the difficulty in remembering newly learned information. Symptoms worsen over time. These include personality changes, disorientation, confusion, severe memory loss, and difficulty swallowing, walking, and talking.

If you or someone you know are experiencing dementia-like symptoms, it is important to get checked by a doctor as early as possible. Although Alzheimer's is currently irreversible and terminal, an early diagnosis not only helps with treatment, but financial planning as well; people have lived years, even decades, with Alzheimer's.

The causes of Alzheimer's disease are unknown, but a healthy lifestyle certainly doesn't hurt in prevention. While there is no cure – yet – treatment for Alzheimer's, such as medications or programs like ASEB, have helped countless people.

ASEB published a commemorative 25th Anniversary book in 2013, and within it lies a poignant message: “No matter how much we change over the course of time, we are still valuable human beings capable of making a contribution to our community and deserving of compassion and respect.”

That in itself is a mission worth rallying behind. For more information, call (510) 656-1329, e-mail info@aseb.org or visit online at www.aseb.org or www.msjdominicans.org/social-justice/daytime-memory-care.

ASEB Support Group Meeting

Tuesday, Sep 20

5:30 p.m. – 7:00 p.m.

ASEB Hayward Campus

1105 Walpert St, Hayward

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aseb.org/resources/support-groups/

Free

That's not the ticket: Toddler's littering citation dropped

AP WIRE SERVICE

WASHINGTON (AP),City officials in Washington are tearing up a littering citation issued to a toddler.

The Washington Post reports 2-year-old Harper Westover received a “Notice of Violation” Thursday from the Department of Public Works, with a \$75 fine.

Her mom, attorney Theresa Westover, also received a citation. She called a solid waste inspector who told her a city worker had found unopened

envelopes with her name and Harper's name in an alley.

Westover says the inspector refused to rescind Harper's ticket, even amid assurances that they're not a family of litterbugs. The case drew ridicule after Westover's husband, Chuck, posted about it online.

A Public Works official stopped by the family's home Friday just as Theresa Westover was about to do a TV interview. He said he would drop both tickets.

Newark Days coloring contest winners

SUBMITTED BY SHIRLEY SISK

Sponsored by Cargill, the annual Newark Days Coloring Contest is always a challenge for The Newark Arts Council, who had a difficult time selecting the winners. The following winners will receive trophies and an all-day pass for carnival rides at the Newark Days Celebration on Thursday, September 15 through Sunday, September 18. First place winners will be riding on a float in the Saturday parade. Awards will be presented on the "Voyage to the Stars" stage on the lawn in Area 4 following the parade at 12:30 pm. This year's winners are:

Ages 4-5:
Grace Brown (Oakland), 1st place

Evan Ding (Fremont), 2nd place
Caeden MacKenzie (Fremont), 3rd place

Ages 6-7:
Aiden Marshall (Fremont), 1st place
Emily Ding (Fremont), 2nd place
Aaron Gonzales (Fremont), 3rd place

Ages 8-9:
Aris MacKenzie (Fremont), 1st place
Ishya Bahl (Fremont), 2nd place
Casey Marshall (Fremont), 3rd place

Ages 10-12:
Antonio Valdez (Fremont), 1st place
Marzuka Khanam Mohammed Noortheen (Fremont), 2nd place
Teresa Ponce (Fremont), 3rd place



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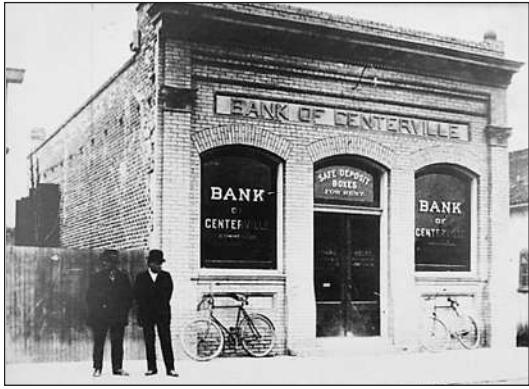
This year we are offering free shuttle service to and from various locations for "Newark Days Celebration" on Saturday and Sunday, September 17 and 18, to enable our senior citizens to easily get to the event and return to their local senior citizen centers in Newark, Fremont and Union City. If you don't see flyers at

your local senior citizen center, please call Go Green Transportation at (510) 464-7336 to schedule a pickup or find out where the closest pickup is already scheduled.

In addition, Newark Days has also set up an off-site parking location at Newark Junior High School parking lot on Lafayette Avenue with a free shuttle to and from the festivities at the Community Center grounds on Cedar

Boulevard. Parking lot shuttle services will start at 7 a.m. and end at 7 p.m. Once Cedar has reopened after the parade, a shuttle stop for returns to the school parking lot and senior citizen centers will be located in front of the Community Center, just past the Judge's Trailer. On Sunday, September 18, shuttles will start at 10 a.m. and end at 7 p.m. Visit www.NewarkDays.Org for updated information.

Centerville walking tour details area's local history



SUBMITTED BY KELSEY CAMELLO

Join local historian, Timothy Swenson of the Washington Township Museum of Local History as he delves into the history of the Centerville area. The one and a half hour walking tour will take place on Saturday, September 17, beginning at 11 a.m.

The tour will begin in front of Holy Spirit Church, before heading down Fremont Blvd. to Thornton Ave., and returning on the other side of Fremont Blvd.

Participants will learn historical information on a number of buildings, (some of which are no longer standing), in the historic downtown/business area of Centerville.

Did you know that Centerville used to have a town hall, and that a number of buildings are more than 100 years old? Join us on the walking tour to learn the answers to these and many other questions.

This event is free and open to all interested citizens and visitors of Fremont. Tour booklets can be downloaded from the museum website at: <http://www.museumoflocalhistory.org/> Go to Resources > Historical Papers > Centerville Walking Tour.



Centerville Walking Tour
Saturday, Sept 17
11 a.m.

Holy Spirit Church
37588 Fremont Blvd, Fremont
(510) 623-7907

<http://www.museumoflocalhistory.org>
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HP Enterprise shares have increased 45 percent since the beginning of the year. In after-hours trading, the stock dipped 4 cents to changed hands at \$22.05.

Counseling Corner

If the job ad doesn't fit, should you quit?

BY ANNE CHAN, PhD, MFT

You are looking at a job ad that describes your ideal position. At first glance, the company and the job sound like a perfect match for you. But your heart sinks as you read through the job requirements. You fulfill only two-thirds of what they are asking for. You ask yourself, "I don't meet all their requirements. I would love this job but would I be wasting my time applying? Should I apply or find something else that I am more qualified for?"

Chances are, if you are a woman in this situation, you are less likely to apply for this job. According to a Hewlett Packard internal report (cited in "Lean In," the bestseller written by Facebook COO Sheryl Sandberg), women tend to apply for a job if they meet 100 percent of the qualifications, whereas men will apply even if they fulfill only 60 percent of the qualifications. My informal survey of women echoes this finding. I asked several women in different industries and they all said they applied to jobs if they fulfilled 100 percent or close to 100 percent of the job requirements.

Lack of confidence has been assumed by some writers to be the reason behind this phenomenon. However, Tara Sophia Mohr, a leadership coach, disagrees that self-confidence is at the root of this issue (see <https://hbr.org/2014/08/why-women-dont-apply-for-jobs-unless-theyre-100-qualified>). In her survey of American professionals, Mohr found that not wanting to fail was a major reason why

women didn't apply. One in five women reported that they didn't want to put themselves out there if failure was likely. Interestingly, only 12.7 percent of the males in the study had a similar concern.

Women also appear to be more sensitive to following the "rules" of the job ad. 15 percent of the women said they were "following the guidelines about who should apply" whereas only 8.5 percent of the men cited the same concern. Another reason why women did not apply to jobs was they felt they didn't meet the qualifications and didn't want to waste their time and energy.

Individually and collectively, these responses help explain why women shy away from applying to jobs that they are partially qualified for. Most men, it appears, have no trouble shooting for the stars, whereas many women, by their own process of elimination, remove or reduce opportunities for career growth.

So what should you do if you are facing the prospect of applying for a job that you are not fully qualified for?

First, consider this: a job ad is usually an employer's list of all possible qualities and skills. The employer is hoping for the dream candidate who fulfills every single job requirement. Most of the time, however, the employer does not expect a 100 percent match. Some job candidates, on the other hand, misinterpret a job ad as a set of rules that they have to follow. Remember, the ad isn't a set of rules and you won't be "punished" if you don't meet all the requirements! Get that idea of rule-breaking out of your head—it is acceptable to apply for jobs if you do not fulfill all the job qualifications.

You also have to get used to the idea that risk and failure are part of the territory when job-seeking. Failure is not fun, but tell yourself that it is a necessary part of job-hunting. Keep telling yourself as you get ready to submit another application: "There is no reward without risk." Or you could even remind yourself that you might be rejected, but that is preferable to not trying at all.

It is also understandable that women might not want to waste their time and energy on applying for a job that they are under-qualified for. Bear in mind, however, that applying to any job requires time and energy. Yes, you might have a lowered chance of being called to interview for a job where you don't meet all the requirements; however, if it's a job that you are excited about and you feel like you have lots to contribute, go ahead and apply.

I'm not recommending that you apply for all jobs regardless of your qualifications. For instance, don't waste your time applying for a teaching job if you have zero experience teaching. You will not be hired if it is clear that you can't perform the job. However, if you have many, but not all, of the job qualifications, apply with a carefully targeted resume and cover letter showing precisely how you can contribute to the job. You can also showcase additional skills and experience that might be appealing to the employer but might not be listed in the job ad. One thing you can do to increase your chances for an interview would be to describe how your previous work, volunteer, or life experiences make you an ideal candidate for the job.

My personal guideline is to apply the 70 percent rule: apply for jobs in which you meet 70 percent of the requirements. Remember, if you don't apply, you will have 100 percent certainty of not getting the job. But if you do apply, you at least have a shot at the job!

Anne Chan is a career counselor and licensed psychotherapist in Union City. She specializes in helping people find happiness in their careers and lives. She can be reached at 510-744-1781.

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side chat with a local CEO. For more information about Startup Grind Fremont, go to: <https://www.startupgrind.com/fremont/>

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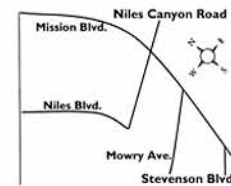
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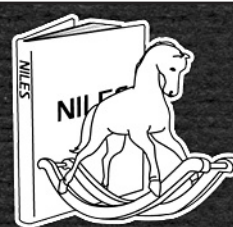
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THEATRE REVIEW

Delightful 'Morrie' filled with heart and humor

BY JULIE GRABOWSKI
PHOTOS BY MICHAEL CLEMENS/SEES THE DAY PHOTOGRAPHY

Needing some words of wisdom? Some ideas on how to face life? Then take a seat at Chanticleers Theatre where class is in session with Morrie Schwartz.

After graduating from Brandeis University, sociology student Mitch promises to stay in touch with his favorite professor, Morrie. However, he gets caught up in the happenings of life, and 16 years later is consumed by his booming career as a sports journalist when he sees Morrie on "Nightline" with Ted Koppel. He learns his 78-year-old former professor is dying from amyotrophic lateral sclerosis (ALS) or Lou Gehrig's disease, a neurological disease that affects the nerve cells responsible for controlling voluntary muscle

movement. Mitch decides to go see him, and what he initially views as a quick one-time "sick call" turns into weekly Tuesday visits, their friendship rekindled with conversations about old times, aging, crying, love, forgiveness, taking versus giving, the erroneous idea that more is good, and death. Morrie's wisdom and insight change Mitch's life, Morrie telling him, "When you learn how to die, you learn how to live."

Perhaps the best thing about this great story is the fact that it is true. "Tuesdays with Morrie" is a bestselling 1997 autobiography by Mitch Albom, which was also made into a TV movie in 1999 starring Jack Lemmon and Hank Azaria. Both won Emmy Awards for their roles, and the film captured the Emmy for Outstanding Made for Television Movie. Adapted from the book by Jeffrey Hatcher and Albom, the two-man play premiered in 2002 and carries on the heart and legacy of



Morrie in a simple, stripped-down format. The characters address the audience throughout, narrating events, sharing facts and thoughts that make viewers feel a part of this beautiful friendship.

Director Jacqui Herrera makes her Chanticleers debut with a warm, funny, and fully engaging production that will leave you wanting more. Her excellent casting is what seals the deal. Kerel Rennacker (Mitch) and Kip Wixson (Morrie) are a completely charming duo that reel you in from the start. They have a great rapport and make the most of the wonderful text, creating a vivid and enviable relationship.

Rennacker is confident and likable, and does well showing the progression of Mitch from a distant, work-obsessed man to an

open, comfortable and caring friend. Last seen at Chanticleers in "On Golden Pond," Wixson delights and impresses once again with a natural and compelling performance. He displays a respectful realism in the unpleasant progression of ALS and its resulting dependency on others. His Morrie is full of heart and humanity, garnering admiration and the desire to have a mentor just like him.

Herrera also handles the set design, the black box arrangement and simple smattering of furniture pieces serving to keep the focus of the story where it belongs – the relationship between Mitch and Morrie.

The one act, 90-minute stage version almost feels too brief and perhaps doesn't plumb the depths

as much as one would like, Morrie's lessons sometimes feeling like easy sound bites, but it still has an enchanting quality that stays with you. "Enchanting" is not really a word one would think suitable to describe a story where a man is dying, yet the relationship and conversation between Mitch and Morrie is so touching, so honest and appealing that it makes you take a look at your own relationships and how you're living your life. As Morrie says, "Dying is only one thing to be sad over. Living unhappily is something else."

Chanticleers Theatre offers a sure-fire pleaser in "Tuesdays with Morrie" that will resonate no matter your age or condition in life. It will send you back into the world with Morrie's lingering question: "Are you at peace with yourself? Are you being as human as you possibly can be?"

Tuesdays with Morrie
Friday, Sep 9 – Sunday, Oct 2
8 p.m., Sunday matinees
at 2 p.m.

Chanticleers Theatre
3683 Quail Ave, Castro Valley
(510) 733-5483

www.chanticleers.org
Tickets: \$25 adults,
\$20 seniors/students

Bobbin lace keychain program for adults

SUBMITTED BY BARBARA TELFORD-ISHIDA

Learn how to make bobbin lace by making a keychain with Felicia on Saturday, September 24, at Newark Library. Materials will be provided. All library events are free.

Space is very limited and registration is required. Sign up at the Information Desk, call (510) 284-0677, or email Barbara at btelford-ishida@aclibrary.org

Newark Library is wheelchair accessible. For a sign language interpreter or other accommodations, please contact the library at (510) 284-0677, at least seven working days prior to the event.

Bobbin Lace Keychain for Adults
Saturday, Sept 24
3 p.m. – 4 p.m.
Newark Library
6300 Civic Terrace Ave, Newark
Register: (510) 284-0684
btelford-ishida@aclibrary.org
TTY 888-663-0660
Free

Broadway West presents Dr. Jekyll and Mr. Hyde



SUBMITTED BY MARY GALDE
PHOTO BY CHRISTIAN PIZZIRANI

Broadway West Theatre Company presents the frightening “Dr. Jekyll and Mr. Hyde,” adapted by Richard Abbott and directed by Jim Woodbury. A prominent and respected London physician, Dr. Henry Jekyll, becomes obsessed with his theory that every man possesses a dual nature: one of good and one of evil. His obsession brings his evil self, Edward Hyde, to the forefront, and horribly alters his life and the lives of those around him. The play is based on Robert Louis Stevenson’s well-known novel.

Broadway West’s production features Justin Case Anderson, C. Conrad Cady, Rachael Campbell, Camille Canlas-LaFlam, Nicole Colon, Shane Cota, Manuel Fernandez, James Koponen, Matt Matthews, Brad Monk, and Alma Pasic-Tran.

Tickets are \$27 general admission, Brunch Sunday, and Opening Night; \$22 seniors/students/TBA; \$20 Thursdays, September 22,

October 6, and 13; \$15 Bargain Saturday, September 17; and \$10 Bargain Thursday, September 29 (no reservations – first come, first seat!). Price of admission includes refreshments, Opening Night Gala, and Sunday Continental Brunch.

For reservations and more information, call (510) 683-9218. Tickets can be purchased at www.broadwaywest.org.

Dr. Jekyll and Mr. Hyde
Friday, Sep 16 – Saturday, Oct 15
8 p.m. Thurs, Fri, & Sat
12:15 p.m. Sunday, Sep 25 (Continental Brunch followed by show at 1p.m.)
3 p.m. Sundays, Oct 2 & 9
Broadway West Theatre Company
4000-B Bay St, Fremont
(510) 683-9218
www.broadwaywest.org
Tickets: \$10 – \$27

Household Hazardous Waste (HHW) and Electronic Waste (E-Waste) drop-off

SUBMITTED BY EILEEN REINER

We had such a great turnout last year we’re doing it again this year! Back by popular demand, Tri-CED Community Recycling and the Alameda County Household Hazardous Waste (ACHHW) program are joining forces to host a special one-day drop-off event at Tri-CED’s facility in Union City. The goal is to provide a safe and convenient way to dispose of products we use around the home that contain hazardous ingredients. These include many household cleaners, solvents, paints, paint thinners, motor oil, weed killer, bug sprays, hobby glues, car batteries, household batteries, fluorescent bulbs, expired medications, sharps, and some electronics.

Leftover hazardous waste should never be thrown in the trash or recycling bin, flushed down the toilet, or dumped down the drain or storm sewer. Pro-

tect yourself, your family, and the environment by getting rid of these hazardous chemicals the safe and smart way. To see a full list of items accepted by ACHHW, visit www.stopwaste.org/HHW or call 800-606-6606.

Join us on Saturday, September 24 to drop off your hazardous materials and e-waste. HHW collection is limited to the first 500 cars; e-waste collection is unlimited. Residential customers only. No businesses or commercial groups.

Household Hazardous Waste/E-Waste Drop-Off
Saturday, Sept 24
9 a.m. – 1 p.m.
Tri-CED Community Recycling
33377 Western Ave, Union City
(510) 471-3850

Win at Reverse Raffle

SUBMITTED BY WOMEN’S COUNCIL OF REALTORS

Women’s Council of REALTORS Tri-Cities Business Resource Network presents the annual fundraiser charity event, “Reverse Raffle,” on Saturday, September 24 at Niles Canyon Mobile Estates Clubhouse. Only 300 tickets are being sold, so you have a 1-in-300 chance to win \$10,000. The grand prize winner is the last ticket called. Appetizers, music and a no-host beer and wine bar will be provided.

A portion of the proceeds will benefit St. Jude Children’s Hospital. Tickets cost \$100 each; participants must be present to win. To purchase tickets and RSVP, please contact Donna Smyth at (510) 468-6700 or donna.smyth@comcast.net. Ticket stubs and RSVP need to be turned in by September 16.

Reverse Raffle
Saturday, Sep 24
5 p.m. – 9 p.m.
Niles Canyon Mobile Estates Clubhouse
711 Old Canyon Rd, Fremont
(510) 468-6700

donna.smyth@comcast.net
www.wcr.org/chapter-sites/california/tri-cities
\$100 per ticket

SUBMITTED BY TERESA MEYER

San Leandro Library celebrates Hispanic Heritage Month with an afternoon of Cuban music featuring the Pellejo Seco band on Saturday, September 17 at the San Leandro Main Library. The event is free and open to the public.

Founded in the East Bay in 2004 by Ivan Camblor, Pellejo Viejo has been heralded as the next Buena Vista Social Club. “Pellejo seco” translates into “raw hide” and has been used to describe the dry and leathery skin of a “campesino” or farmer.

Pellejo Seco Band at San Leandro Library
Saturday, Sept 17
2 p.m. – 4 p.m.
San Leandro Main Library
300 Estudillo Ave, San Leandro
(510) 577-3971
Free

The band has its roots in traditional Cuban music and performs only original compositions, intertwining progressive fusion rock, Latin pop, Brazilian, flamenco, Afro-Cuban and jazz. For more information, call (510) 577-3971.

Family Paths

SUBMITTED BY ALAMEDA COUNTY
SUPERVISOR RICHARD VALLE

Family Paths started as a volunteer-run hotline for stressed parents to prevent child abuse. Over the past 44 years, they have grown into a professional mental health and parent support organization with trained staff, volunteers, and interns. They provide child abuse treatment and prevention services to a diverse range of Alameda County children and families, as well as an array of trauma-informed services to low-income children in schools, homes, community-centers and at their two offices in Hayward and Oakland.

Programs include a 24-hour parent support hotline that utilizes trained phone counselors and volunteers who offer support to parents and caregivers with counseling, crisis intervention, and information and referrals to more than 900 community resources. This vital service is the front line of child abuse prevention.

Family Paths Ribbon-Cutting Event
Friday, Sep 16
4:30 p.m. - 6:30 p.m.
Family Paths’ Office at Plaza Center
22320 Foothill Blvd, Hayward
(510) 259-1097
www.acgov.org/board/district2

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September 16 - October 15, 2016

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Based on the novel by Robert Louis Stevenson

Directed by Jim Woodbury

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For reservations & information:
510-683-9218
Tickets can be purchased at
www.broadwaywest.org

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continued from page 1

Arts & Crafts in Shinn Park

can color, shape, and play with. They will learn about the chemistry involved in creating this gel, and will be taking their creation home with them. This is a combination of science and art and activates a young person's brain into creative thinking. FCAC President Margaret Thornberry states, "The goal of this project is to encourage youngsters to learn about the world around them by engaging in hands-on and entertaining experiments."

This year, nine historical sites have joined forces to form a "Passport to Adventure" program that encourages everyone to pick up a "Passport" and have it punched at each of the historical sites so they can be awarded a certificate naming them as a "Passport to Adventure Historian." As Minard points out, "The Shinn House is one of the nine certified Passport to Adventure sites, where young and old can learn about the history of this area and get their Passport to Adventure

card stamped. This is a great day to do so as the Shinn House is open, conducted tours are available, local artists will be displaying their work and free entertainment is provided." The other historic sites are: Old Mission San Jose Museum, Olive Hyde Art Gallery, The Museum of Local History, Niles Essanay Silent Museum, Niles Train Depot Museum, Niles Canyon Railway, The Patterson House and The Children's Natural History Museum. More information can be obtained by visiting <http://museumoflocal-history.org/passport-to-adventure/>.

This is a great event to attend, view artwork including paintings, photography, sculpture, ceramics, textile and many other historic crafts; tour the Shinn House and enjoy music. It is an excellent way to promote local artists and crafters, and enrich oneself with local history. Shinn House tours begin at noon; adults are charged \$5, children aged 5 to 12 \$2.50, and children under five are free.



For more information, visit www.fremontculturalartscouncil.org or contact Al Minard at (510) 552-4839 or Alminard@comcast.net.

Arts & Crafts in Shinn Park
Sunday, Sep 18
10 a.m. – 4 p.m.

1 p.m. – 2 p.m.: Musical performance
Shinn House
1251 Peralta Blvd, Fremont
(510) 552-4839

www.fremontculturalartscouncil.org
Free Admission to grounds
Tours: \$5 adults, \$2.50 children 5 – 12,
free under five years

continued from page 1

Mariachi Fest features Music, Dance, and Family Fun

There will be a taco-eating contest sponsored by Jorge Espinosa and his team at El Taquito Restaurant #2. Specialty beverages to be served include margaritas, sangria, and Mexican beer. The event's sponsors so far include the City of Hayward, PG&E, Kaiser Permanente, Wells Fargo Bank, Russell City Energy Center, Berkeley Farms, and Visión Hispana Newspaper.

For more information, contact the Hayward Chamber of Commerce through its website at www.hayward.org or call (510) 537-2424.

Hayward Mariachi Festival
Friday, Sep 16
4 p.m. – 9 p.m.
City Hall Plaza
777 B St, Hayward
(510) 537-2424
www.hayward.org
Free



Celebrate Middle Eastern & Greek Cultures

PHOTOS COURTESY OF
ST. JAMES ORTHODOX CHURCH

Sample what Middle Eastern and Greek cuisines have to offer at the 11th annual "Middle Eastern and Greek Food Festival" from Friday, September



16 through Sunday, September 18 at St. James Orthodox Church in Milpitas. Enjoy your day with a marketplace, children's venue, live music, folk dancing, and delicious food. With a mix of Middle Eastern and Greek cultures, visitors are guaranteed to experience the best of both worlds.

The children's venue includes a jump house, games, arts and crafts, face painting, and much more. Local Middle Eastern and Greek folk dance groups will show off their beautiful and traditional dances. Guests will also have a chance to win a new Ford Mustang by entering a raffle drawing for \$10.

The festival's main attraction is its food. With a variety of Arabic and Greek cuisines, both meat eaters and vegetarians will enjoy the spices of both worlds. The menu includes a selection of plates and

sandwiches, such as beef and chicken kabob, lamb shank, falafel, beef and chicken shawarma, gyro and much more. Appetizers and desserts will also be available.

It is free to attend the event; however, you must print the admission ticket in advance. For more information or to print the admission ticket, visit www.sjorthodox.org/festival.

Middle Eastern & Greek Food Festival
Friday, Sep 16: 6 p.m. – 10 p.m.
Saturday, Sep 17: 12 p.m. – 10 p.m.
Sunday, Sep 18: 12 p.m. – 8 p.m.
St. James Orthodox Church
195 N Main St, Milpitas
(408) 934-1794
www.sjorthodox.org/festival.html
Free (admission ticket must be printed)



CASTRO VALLEY TOTAL SALES: 14						
Highest \$: 1,030,000		Median \$: 652,000				
Lowest \$: 330,000		Average \$: 645,857				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
3166 Brent Court	94546	788,000	3	2011	196708-09-16	
3440 Brookdale Blvd	94546	750,000	3	1333	195208-04-16	
3689 Christensen Lane	94546	838,000	3	1992	199508-01-16	
4660 Emily Court	94546	687,000	3	1209	195808-04-16	
21729 Gail Drive	94546	652,000	3	2331	196808-09-16	
2663 Jones Street	94546	330,000	3	1020	194908-09-16	
19752 Louise Court	94546	412,500	3	1149	194708-08-16	
19043 Mayberry Drive	94546	580,000	2	804	194908-02-16	
2552 Nordell Avenue	94546	689,000	5	1474	195308-05-16	
22078 Queen Street	94546	512,500	2	984	194707-29-16	
4114 Ravenwood Place	94546	451,000	2	900	197008-04-16	
18054 Redwood Road	94546	572,000	3	1069	195107-29-16	
5922 Jensen Road	94552	750,000	1	688	193808-08-16	
6014 Mt. Olympus Dr	94552	1,030,000	4	2325	199108-03-16	

FREMONT TOTAL SALES: 53						
Highest \$: 2,198,000		Median \$: 800,000				
Lowest \$: 470,000		Average \$: 880,038				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
37988 Alta Drive	94536	1,030,000	4	2032	1959 08-01-16	
3520 Altamira Terrace	94536	820,000	3	1864	2005 08-03-16	
36652 Bonito Drive	94536	720,000	3	1163	1955 08-09-16	
37917 Bright Common	94536	793,000	3	1717	1977 08-02-16	
38510 Burdette Street	94536	951,000	4	1939	1977 08-04-16	
37111 Cabrillo Drive	94536	808,000	3	1380	1964 08-05-16	
1098 Canyon Creek Terrace	94536	1,120,000	4	2720	1996 08-05-16	
38029 Canyon Heights Drive	94536	700,000	2	841	1941 08-04-16	
968 Cherry Glen Circle #123	94536	600,000	2	1168	1987 08-05-16	
37518 Church Avenue	94536	750,000	3	1352	1927 08-04-16	
38795 Crane Terrace #17	94536	730,000	3	1538	1985 07-29-16	
332 D Street	94536	970,000	6	1976	1954 08-09-16	
38263 Fremont Boulevard	94536	1,215,000	3	2319	1941 08-02-16	
4431 Gibraltar Drive	94536	935,000	4	1630	1965 08-02-16	
37928 Glendale Drive	94536	1,340,000	3	1837	1952 08-01-16	
4851 Hansen Avenue	94536	540,000	2	841	1952 08-03-16	
4431 Kennett Terrace	94536	947,500	-	-	08-05-16	
4435 Kennett Terrace	94536	955,000	-	-	08-05-16	
36265 Larch Way	94536	860,000	3	1632	1961 08-05-16	
35815 Linda Drive	94536	1,700,000	4	4553	1949 08-08-16	
36039 Pizarro Drive	94536	670,000	3	1358	1956 07-29-16	
35592 Terrace Drive	94536	1,092,500	4	2075	1989 08-04-16	
39431 Blacow Road	94538	835,000	4	1584	1963 08-01-16	
40796 Blacow Road	94538	785,000	4	1412	1962 08-02-16	
42199 Blacow Road	94538	780,000	3	1242	1960 08-05-16	
5480 Borgia Road	94538	850,000	4	1324	1961 08-01-16	
4494 Cambria Street	94538	835,000	4	2217	1961 08-08-16	
4809 Claremont Park Court	94538	714,500	3	1347	1963 08-05-16	
5065 Conde Court	94538	734,000	4	1324	1962 08-04-16	
4659 De Silva Street	94538	790,000	3	1152	1960 08-04-16	
3532 Fitzsimmons Common	94538	820,000	3	1638	1996 07-29-16	
3614 Monmouth Place	94538	675,000	3	1000	1958 07-29-16	
4828 Oscar Court	94538	765,000	3	1158	1960 08-03-16	
42780 Roberts Avenue	94538	750,000	4	1445	1957 08-04-16	
5023 Valpey Park Avenue	94538	945,000	4	1972	1962 08-08-16	
3640 Wilmington Road	94538	810,000	3	1314	1960 08-09-16	
47081 Benns Terrace	94539	567,000	1	675	1987 08-04-16	
45465 Concho Court	94539	1,468,000	4	2323	1978 08-08-16	
175 East Warren Common	94539	509,000	2	878	1982 08-09-16	
40405 La Jolla Court	94539	1,465,500	4	2153	1966 08-08-16	
46949 Lundy Terrace	94539	690,000	3	1187	1981 08-02-16	
40286 Santa Teresa Common	94539	700,000	2	1199	1970 08-08-16	
40473 Seville Court	94539	1,490,000	4	2107	1967 08-09-16	
471 Tangelo Court	94539	2,198,000	-	-	08-03-16	
34791 Bowie Common	94555	800,000	2	1477	1989 08-09-16	
34240 Fremont Boulevard	94555	1,400,000	3	2734	1949 08-08-16	
34612 Gucci Terrace	94555	605,000	2	934	1987 07-29-16	
3976 Lake Tahoe Terrace	94555	470,000	3	1104	1971 08-09-16	
33971 Milton Street	94555	470,000	2	985	1986 08-09-16	
3831 Milton Terrace	94555	470,000	2	963	1986 08-01-16	
5001 Shalimar Circle #1	94555	582,000	2	892	1987 08-02-16	
5307 Tacoma Common	94555	510,000	1	1100	1989 08-01-16	
3199 Warwick Road	94555	912,000	3	1390	1971 08-05-16	
5117 Xavier Common	94555	1,150,000	3	1932	1990 07-28-16	

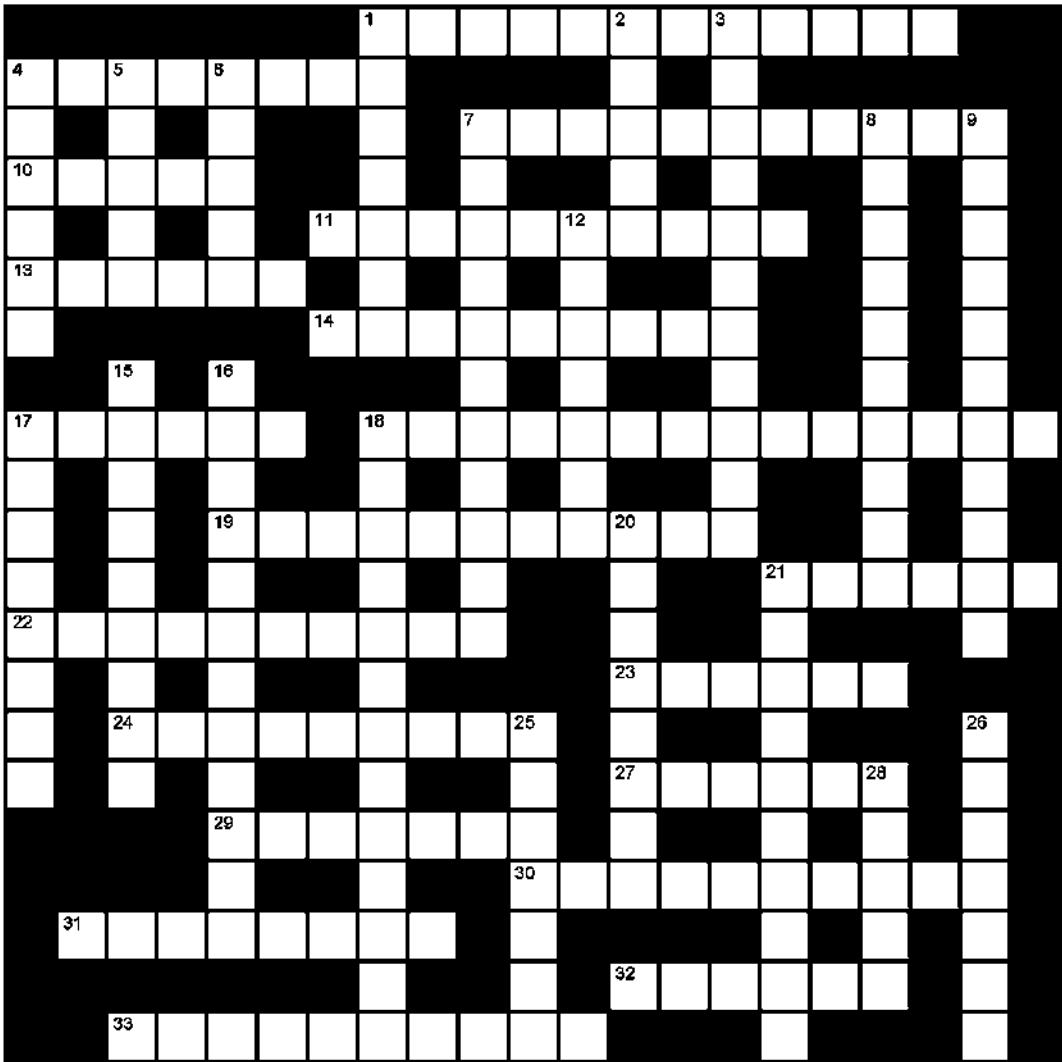
HAYWARD TOTAL SALES: 40						
Highest \$: 5,550,000		Median \$: 515,000				
Lowest \$: 200,000		Average \$: 633,175				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
1205 170th Avenue	94541	535,000	3	984	1945 08-05-16	
22782 7th Street	94541	420,000	3	1068	1924 08-05-16	
630 Atherton Place	94541	475,000	2	1075	1997 08-03-16	
2232 Beckham Way	94541	705,500	3	1864	1965 08-01-16	
2212 Dexter Court	94541	525,000	-	1782	1978 08-02-16	
23627 Fuller Avenue	94541	483,000	3	1041	1950 08-05-16	
493 Grove Way	94541	430,000	2	1000	1928 08-09-16	
19353 Hathaway Avenue	94541	460,000	4	1296	1955 07-29-16	
897 Lester Avenue	94541	515,000	3	1318	1950 08-05-16	
567 Longwood Avenue	94541	565,000	3	1450	1951 08-04-16	
3211 Madsen Street	94541	584,000	3	1834	2010 07-29-16	
1323 Martin Luther King Dr	94541	596,000	3	1809	2013 08-09-16	
2198 Oak Creek Place	94541	430,000	2	1375	1972 08-04-16	
343 Ocie Way	94541	490,000	3	1052	1953 08-05-16	
731 Paradise Boulevard	94541	350,000	3	854	1942 08-03-16	
18788 Rainier Avenue	94541	500,000	3	1124	1949 07-29-16	
1222 Scenic Way	94541	660,000	4	2135	1935 07-29-16	
992 Silverado Court	94541	463,000	2	1270	1973 07-29-16	
24827 St. Luke Court	94541	766,000	5	2429	1958 08-03-16	
25139 Angelina Lane #6	94544	420,000	2	1274	2002 08-05-16	
525 Cottage Park Drive	94544	700,000	4	1806	2007 08-09-16	
81 Fagundes Court	94544	5,550,000	-	3028	1977 08-03-16	
26532 Flamingo Avenue	94544	530,000	3	1047	1952 08-03-16	
945 Fletcher Lane #A322	94544	350,000	2	946	1986 07-29-16	

740 Folsom Avenue	94544	200,000	2	1004	1947 08-09-16
682 Garin Avenue	94544	565,000	3	1532	1960 08-02-16
722 Kino Court #4	94544	325,000	2	1070	1982 08-08-16
32748 Pulaski Drive	94544	550,000	3	1221	1951 08-02-16
789 Rock Rose Court	94544	388,000	3	1246	1980 08-05-16
24737 Santa Clara Street	94544	541,000	3	1173	1958 08-09-16
124 Snapdragon Way	94544	615,000	3	1495	2006 08-05-16
25172 Soto Road	94544	525,000	3	1490	1951 08-09-16
29388 Taylor Avenue	94544	630,000	3	1469	1989 08-05-16
26230 Ventura Avenue	94544	450,000	3	1130	1953 08-04-16
25307 Belhaven Street	94545	580,000	3	1359	1959 08-01-16
27582 Cliffwood Avenue	94545	587,500	3	1119	1956 08-08-16
27706 Del Norte Court	94545	418,000	3	1254	1970 07-29-16
1977 Laguna Drive	94545	690,000	3	2000	1995 08-03-16
1234 Stanhope Lane #170	94545	270,000	1	748	1989 08-05-16
21314 Gary Drive #101	94546	490,000	3	1354	1991 08-02-16

MILPITAS		TOTAL SALES: 21				
Highest \$: 1,213,000		Median \$: 768,000				
Lowest \$: 235,000		Average \$: 805,238				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
497 Altamont Drive	95035	1,052,000	4	2230	1989 08-16-16	
624 Arbor Way	95035	618,000	2	924	1992 08-23-16	
1765 Arizona Avenue	95035	720,000	3	1292	1958 08-16-16	
1479 Brian Court	95035	1,150,000	4	2285	1984 08-17-16	
76 Butero Lane	95035	1,090,000	4	2406	2012 08-23-16	
326 Expedition Lane	95035	768,000	2	1512	2015 08-19-16	
332 Expedition Lane	95035	846,000	3	1882	2015 08-19-16	
414 Galaxy Court	95035	840,000	3	1247	1970 08-16-16	
1665 Greenwood Way	95035	750,000	4	1824	1967 08-23-16	
766 Hammond Way	95035	700,000	3	1530	2005 08-17-16	
374 Heath Street	95035	720,000	3	1253	1960 08-18-16	
1361 Highland Court	95035	505,000	2	1005	1971 08-23-16	
1261 Moulton Drive	95035	860,500	2	1335	1988 08-22-16	
1391 Nestwood Way	95035	787,000	2	1258	2014 08-18-16	
802 Rivera Street	95035	1,220,000	5	2377	1971 08-19-16	
1047 Sandalwood Lane	95035	1,050,000	3	1922	1989 08-18-16	
442 South Temple Drive	95035	710,500	5	1462	1962 08-18-16	
1986 Trento Loop	95035	703,000	2	1416	2015 08-22-16	
1988 Trento Loop	95035	834,500	3	1981	2015 08-19-16	
1996 Trento Loop	95035	750,500	-	-	- 08-16-16	
883 Vasona Street	95035	235,000	3	1924	1961 08-19-16	

Mind Twisters

Crossword Puzzle B 3795



- Across
- 1 a kind of memory (12)

4 "It doesn't matter" (8)

7 less than lucky (11)

10 taps fingers (5)

11 "_____ the dots" (10)

13 wee (6)

14 vendors (9)

17 prairie (6)

18 displeasure (14)

19 due, of bills (11)

21 Temporary (6)

22 as a rule (10)

23 Production (6)

24 most are not yet adults (9)

27 drives (6)

29 something to see (7)

30 extends (10)

31 "Your Father's _____!" (8)

32 Enter the picture (6)

33 nonetheless (10)
- Down

1 Ask for a hand? (7)

2 Hamlet's father, e.g. (5)

3 awe-inspiring (11)

4 commonly (6)

5 Mature (5)

6 Artist's stand (5)

7 superfluous (11)

8 homework (10)

9 a modern concern (11)

12 put into, as irons (7)

15 one up for the job (9)

16 wedding or birth thing (12)

17 does (8)

18 often said of older men (13)

20 "Hey!" is this kind of salutation (8)

21 they precede runways (10)

25 "That _____ it!" (7)

26 Mammoth? (7)

28 ____ Tuesday (5)
- ## Sudoku:
- Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.
-
-
- B 3794
-
- ## Tri-City Stargazer SEPTEMBER 14 - SEPTEMBER 20, 2016
- For All Signs: On September 16 we will experience the eclipsed Full Moon in Pisces at 3:05 PM ET. It imparts the message of the Pisces/Virgo axis of the zodiac: Have we sewn enough of the right seeds, watered at the right time, and cleared enough weeds from our gardens (lives) to produce a good crop for the "winter"? Will there be adequate supplies to last through the long snows of the
- cold season? Self-evaluation occurs here with the promise of a few more warm weeks to catch up and fill in the gaps. Are the last year's New Year resolutions still in motion or do we need more monitoring and more personal adjustment before this year comes to an end?
- Aries the Ram (March 21-April 20):** A relationship or friendship that began with gusto in late March arrives at a point of evaluation. The question of permanence may always be an issue in this situation. The relationship may be fine, but perhaps one of you is looking for some fresh excitement. A long weekend for R&R could make the difference.
- Taurus the Bull (April 21-May 20):** Your moods may go up, down, and sideways this week with the eclipse. Don't take anything seriously yet. Mercury is retrograding in your 5th house of children and lovers. You may not have all the information or your imagination could be running away with you. Do not make important decisions or promises until the end of September.
- Gemini the Twins (May 21-June 20):** Past work on a significant project related to your home pays off now. It has demanded major attention to the details, but they are now integrating well. Contracts may be signed that favor you monetarily. The financial Powers-That-Be are in your
- favor. Take a deep breath. You've done a great job.
- Cancer the Crab (June 21-July 21):** People of the past may resurface. You could have a tendency during this period to slide into old and outmoded patterns of emotional behavior. Somehow they are associated with old wounds in your life and you would just as soon let those memories go back to the ethers. Don't let the old habits capture you for long.
- Leo the Lion (July 22-August 22):** This week is about finding healing on either the physical or emotional levels. You may be the healer or the healed. It is possible that alternative medicine may play a role. If a friendship or a more significant relationship needs mending, now is the time to do so. The willingness to open your heart and mind to give and to receive is yours at this time.
- Virgo the Virgin (August 23-September 22):** You may be thinking about the people of your past. If you feel so inclined, pick up the phone. It is probable that others are thinking about you, too. Green lights
- light up the areas of love life, play, and children.
- Libra the Scales (September 23-October 22):** Your attitude about yourself is not altogether accurate right now. You may think way too much of your ideas, or alternately, you may see yourself as lower than scum. Neither is accurate and you should probably not make decisions of any importance this week. Spiritual pursuits are given a "go" signal.
- Scorpio the Scorpion (October 23-November 21):** One or more acquaintances from the past may cross your radar this week. This person or group may have information or a reminder that can help you on your path. The eclipse may bring you enlightenment concerning children or a lover. Finances have been a problem but you have an opportunity this week to earn some pocket change.
- Sagittarius the Archer (November 22-December 21):** After what seems an aeon, you have a happy development that is the result of your personal effort and creativity. There may also be a green light in relation
- to a lover or a child. While Mercury retrogrades, whatever you can fully accomplish before the end of Sept. Will be well. But don't count on anything that requires more than a month to finish.
- Capricorn the Goat (December 22-January 19):** Travel is highlighted, especially if you are returning to a place that you have been in the past. You may need to re-write or edit a paper, announcement, or public relations piece. People who live at a distance may come back to pay you a call. If you are researching an item, make sure you get info from two sources before you use it.
- Aquarius the Water Bearer (January 20-February 18):**
- The Full Moon Eclipse described above may bring financial information to light. If there are errors, they will show up. This may or may not be in your favor; it depends upon what you have done with finances in the past.
- Pisces the Fish (February 19-March 20):** The last thing in the world you want to do right now is follow routine. Give yourself some slack and take a breather. If you don't, you will resent it and that uses more energy than it is worth. Let your imagination flow and consider adding something beautiful, maybe inspirational, to your everyday surroundings. It will perk up your attitude.
- Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).
-
- www.horoscopesbyvivian.com

34709 Alvarado Niles Rd	94587	343,000	2	798	1972 08-05-16
2616 Central Court	94587	767,000	4	1544	1975 08-02-16
2609 Great Arbor Way #66	94587	395,000	2	903	1985 08-08-16
544 Jonathan Way	94587	589,000	3	1160	1956 08-08-16
34313 Myrtle Lane	94587	860,000	4	1875	1999 08-09-16

32060 Paloma Court	94587	470,000	2	1126	1982 08-01-16
34951 Perry Road	94587	735,000	3	1627	1966 08-02-16
31267 Santa Catalina Way	94587	500,000	3	1762	1969 08-02-16
2154 Skylark Court #3	94587	380,000	2	903	1972 08-01-16
901 Vasquez Court	94587	460,000	3	1288	1978 08-01-16

Home
Sales
Report

Pat Kite's Garden

Privet Problems

BY PAT KITE

A gardener wrote on the Internet, "I loathe the privet. I cast a pox upon privet." My yard now seems ankle-deep in whitish/yellowish privet flowers, courtesy of towering privet trees I planted before I had brains. My friend's swimming pool is blanketed with miniscule yellowish flowers, courtesy of a neighbor's fence privet brigade. He has asked the neighbor to cut these trees down, but no luck.

Privet trees abound. They are easy to grow in sun or shade, tolerate clay and smog, thrive in dry or damp conditions, and encounter no serious insect pests. They even grow through holes in the pavement. Depending on species or types, their height can reach 30 feet tall with a 10-foot wide branch span. Each green leafy twig seems festooned with

thousands of small black berries that some birds might like. The little black berries meander all over a garden, leading to oodles of little privet seedlings hither, thither, and yon. I am forever picking out little privet starters. If I don't, they become privet juveniles with feisty roots. Also worth mentioning, the spring flowers have an odor that some find sweetish and some think smells like moldy socks. And if you have allergies, sigh.

About now, somebody will be proclaiming how much he loves privet. They do make excellent hedges for folk who like to clip them into neat shapes, such as squares, ovals or rectangles. Gardeners in the Victorian era delighted in creative topiary work, making their privets into swans, rabbits, or bears. Planted about 10 feet apart, privets can also make a sturdy windbreak. A cau-

TRI-CITY GARDEN CLUB MEETINGS:
Friends of Heirloom Flowers
Work Parties - Every Tuesday - at Shinn Park, 10 a.m. - 12 p.m.
1251 Peralta near Mowry, Fremont (510) 656-7702
Bring gloves and tools. - Social Hour afterward
Every Thursday, 10 a.m. - 12 p.m.
Niles Rose Garden - 36501 Niles Boulevard, Fremont
Bring gloves and tools.
[Across Driveway from Mission Adobe Nursery]
Contact Joyce Ruiz: 659-9396
Meetings are held quarterly. Call for details

Fremont Senior Center Garden Club
First Friday of each month, 1-2 p.m.
Tanya Mendoza, Program Coordinator 510-790-6602

Fremont Garden Club
The Fremont Garden Club meets the third Wednesday of each month, February - October, in members' homes & gardens, 6:30 p.m. - 8:30 p.m. Locations are posted on the Fremont Garden Clubs' web site at www.fremontgardenclub.org or email: fremontgardenclub@hotmail.com



PAT KITE

L. Patricia [Pat] Kite's several garden books include *KISS Guide to Gardening*, *Gardening Wizardry for Kids*, *Raccoons, Ladybug Facts and Folklore and Silkworms*. They may be found at Amazon.com and Alibris.com.

tionary note: horses, sheep and cattle can become ill from dining on privet leaves.

There are assorted privet types available. Silver Star gets to 8 feet tall. It has dark green leaves with grey/green mottling and creamy edges. Glossy privet gets to 40 feet and is known for the mess its seeds make. Aureum has golden edged leaves, but greedy roots. Vicaryi has yellow leaves. Lodense only reaches 4 feet high. One problem with privets is that they are often mislabeled. Purchase only from a reputable source.

Once upon a Roman time, somebody called this hardy early-blooming shrub "Primus," meaning "first." As privets wandered, which they tend to do, the long-ago French called them "primeret." In England this became "privet." Our early American colonists were accustomed to seeing privet shrubs in their homelands, so privets sailed over the ocean. It was one of the first European shrubs to arrive here.

At one time, privet's black berries were used to dye homespun clothing, and the bark

was used in leather tanning. Before the days of manufactured rope and wire, privet's long willowly branches were used to tie hay bales, bundles and bags. That's where the plant's Latin name "ligustrum" comes from: it means a "binding." Because privet has such good location tolerance, it will grow in the shaded concealed areas between today's modern homes. Yet, though many grouse about privet, bear in mind that it was first used as a decorative shrub in the Pharaoh's gardens. Truly.

Celebrate the legacy of Quaresma House

SUBMITTED BY AMBER MATERNA

Robson Homes invites you to a community open house and tour of the preserved Quaresma House, a historically significant home in Fremont's Mission San Jose District that has been fully restored by the local builder as part of their Darrow Farm development.

Robson Homes is committed to respecting the history and legacy of the places where they build, and believes in the importance of restoring historic homes as a way to help build community and place. The Quaresma House was built in the 1920s, and was part of the property that Robson purchased from Lila Jean Bringham several years ago. Ms. Bringham, who passed away earlier this year, was a Fremont advocate and civic leader who helped raise public awareness of Fremont's history and architecture. It had been her dream to see the home restored to its former glory.

The Quaresma House was original built for G.O. Darrow, who owned and operated several local businesses including Darrow's Bakery in Niles, Old

Mission Auto Park at Mission San Jose and a winery on the property. It was later the home of Judge Edward A. and Emma Quaresma. Mr. Quaresma was the area's first Municipal Court Judge and is well known for his life of civil service, including organizing and incorporating the chambers of commerce in Alvarado, Newark, Irvington, Mission San Jose and Niles.

The stucco-clad home is a classic craftsman-style bungalow. Its fenestration design, tapered porch columns, and shallow pitched roof with wide eave overhangs, are typical of this beloved style and served as inspiration for Robson as they designed and built 23 new homes in the surrounding Darrow Farm neighborhood.

As part of the home's preservation, all exterior details and finishes were preserved or restored to match the historic original. Key components of the home's transformation include: Original wood windows and the front door were removed, fully refurbished or rebuilt and re-installed.

The home was lifted from its original location and moved 200 feet to a new foundation



near the front of the property. Additions that were built through the years were removed and a new addition was added to the back of the home once it was relocated. The home now sits prominent in the neighborhood, toward Mission Blvd and Emory Common, with its original front façade intact.

The entry, living room, and dining room were preserved, while a bedroom was retrofitted as a den. The rest of the house was reconfigured and expanded. The kitchen was modernized, and a master suite, bedroom, laundry room, and mud room were added.

During the preservation, a living room fireplace was discovered behind a faux wall. It was in turn disassembled and then fully rebuilt using both new masonry and original materials.

The walls were stripped of all plaster and the house was completely rewired and re-plumbed. The interior casework and trim was designed and crafted to maintain the original character.

Continuing its commitment to preserve local history and architecture, Robson Homes is restoring three additional historic homes in Fremont, including the Starr and Best homes in Mission San Jose. The builder has a long

history for historical restoration having completed the preservation of the Canyon Heights Farm House in Fremont, The Old School in Fremont, and the Thrash House in Los Gatos.

Historic Quaresma House & Garden Tour
Saturday, Sept 17; Sunday, Sept 18, Saturday, Sept 24; Sunday Sept 25
1 p.m. – 4 p.m.

42425 Mission Blvd, Fremont
amaterna@newgroundco.com
robsonhomes.com
Free

Keep Hayward clean and green

SUBMITTED BY CITY OF HAYWARD

The Keep Hayward Clean and Green (KHCG) annual beautification event is on Saturday, September 24. Register in advance at <http://goo.gl/U7FAZ4> by Thursday, September 22 at 3 p.m. Participants will meet at Hesperian Boulevard and Middle Lane. Supplies, instructions and maps will be provided. Bring your own gloves. For more information about future cleanup events, visit the KHCG Task Force on the City's website at www.hayward-ca.gov.

Rewired to Inspire

SUBMITTED BY ISHIL PURI

A group of students from Mission San Jose and Irvington High School hosted the first session of Rewired to Inspire at the Fremont Main Library on August 24.

Seeking to restore a sense of community in our technologically saturated world, Rewired to Inspire aims to form rapports across generations and allow different age groups to tap into the otherwise unrealized wisdom from each other.

"Sustained effort of your team over one year will bring some amazing results. Rewired to Inspire facilitates face-to-face meetings and is absolutely necessary in [today's technological world]," said Bhargav Mehta, a participant at the first session. At this session, participants from all generations enjoyed a few icebreakers and exciting rounds of Pictionary.

In the future, Rewired to Inspire hopes to have its senior members (age 55+) share their passions and interests with the

younger generation (ages 7-18). The first session was a resounding success, and subsequently Rewired to Inspire's sessions will be held every third Friday of the month, starting September 16.

For more information, visit <http://rewiredtoinspire.weebly.com> or contact rewiredtoinspire@gmail.com

Rewired to Inspire
Friday, Sept 16 (Every 3rd Friday of the month)
4:30 p.m. – 5:45 p.m.
Fremont Main Library, Fukaya Room B
2400 Stevenson Blvd, Fremont
(510) 371-1268
rewiredtoinspire@gmail.com
<http://rewiredtoinspire.weebly.com/>



THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

Watch sea otters LIVE at
www.kidscoop.com

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Are you an eagle-eyed reader?
Read the articles below and correct
the eight spelling and grammar
errors you find. The first one is
done for you.

Potential Fur-tastrophe!

Sea otters once ranged from Baja California to Canada. Today, they are only found in a small area of California's central ^{Coast}~~cost~~ where there were once hundreds of thousands, there are now less than 3,000.

Hunted

In the 1700s, european and Russian sailors discovered sea otters along the west cost of the United States and hunted them for their thick, warm fur. Over the kourse of nearly 200 years, hundreds of thousand of sea otters were killed. In 1911, so few were left that people agreed to step hunting them. By 1938, many scientists thought they had died out and become extinct.

In March of 1938, Howard Sharpe, an author who lived on the California coast, saw a small groop of otters. That discovery jump-started an effort by scientists and environmentalists to help this little colony grow.

Endangered Otters

Today, there is still a struggle to keep otters from becoming extinckt. Pollution from pesticides and waste from humans and their pets wash into the sea. These make otters sick. California passed a law to stop pet waste from being dumped into the ocean. Coastal Cleanup Days also help protect sea otters.

Standards Link: Editing: Edit drafts to correct spelling and grammar.

Kid Scoop VOCABULARY BUILDERS

This week's word:
INSULATE

The verb **insulate** means to cover or surround with something that stops the movement of heat.

Air bubbles in their fur **insulate** sea otters from the cold.

Try to use the word **insulate** in a sentence today when talking with your friends and family members.

Write On! Talking Otter

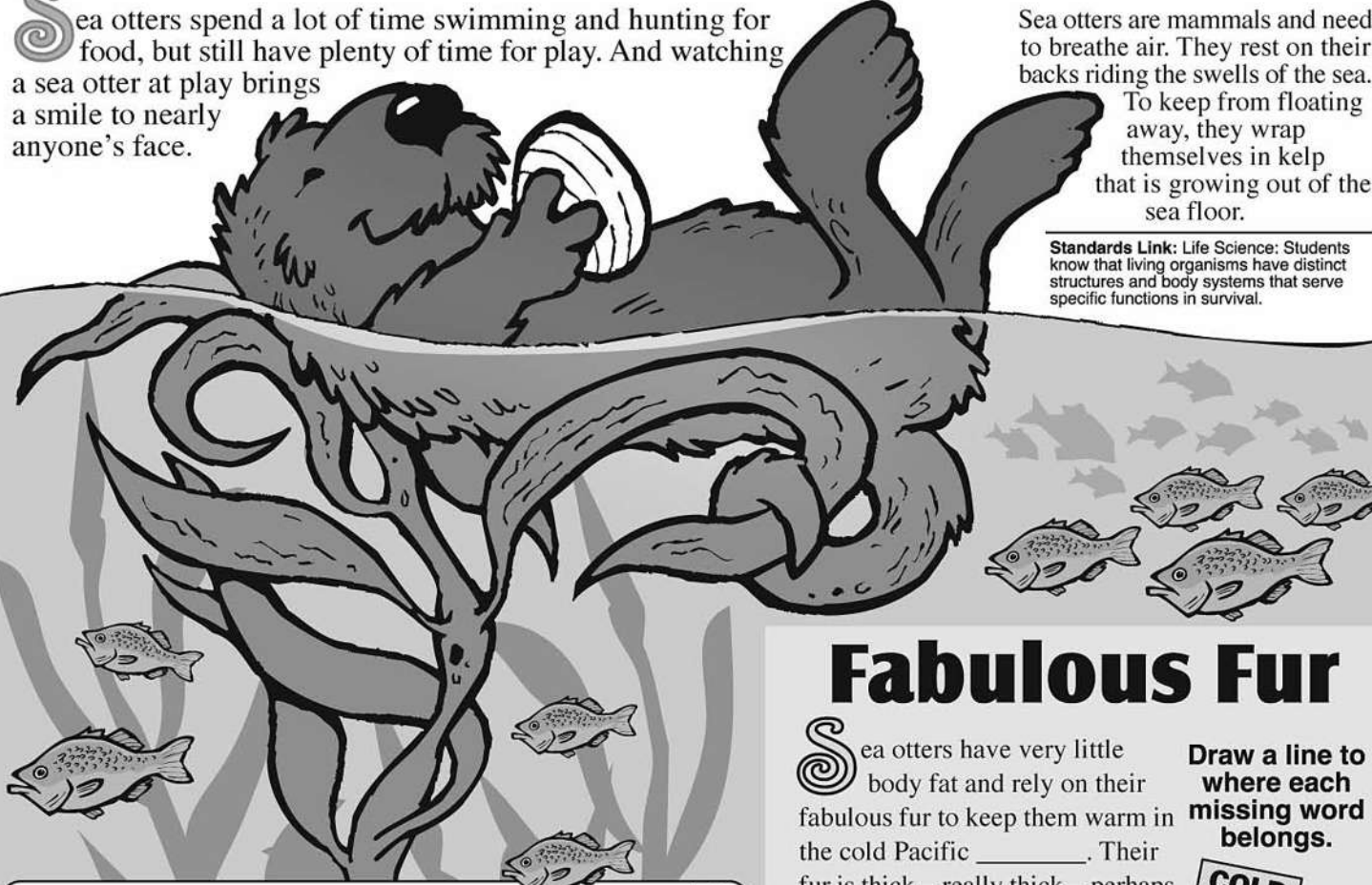
You have been asked to interview a talking otter on a television show. Write up this imaginary interview. What will you ask the otter? What will the otter say in response?

Otters: Oodles of Fun!

Sea otters spend a lot of time swimming and hunting for food, but still have plenty of time for play. And watching a sea otter at play brings a smile to nearly anyone's face.

Sea otters are mammals and need to breathe air. They rest on their backs riding the swells of the sea. To keep from floating away, they wrap themselves in kelp that is growing out of the sea floor.

Standards Link: Life Science: Students know that living organisms have distinct structures and body systems that serve specific functions in survival.



Food Rocks!

Sea otters eat crabs, clams and red sea urchins. Cracking the hard shells of these animals is a challenge, but the sea otter has found a solution. It is one of the few animals to use a tool.

A hungry sea otter finds a rock on the sea floor, tucks it beneath a flap of loose skin under a forelimb, grabs a few clams and swims to the surface. Once there, the otter rolls over onto its back and places the rock on its chest. It bangs a clam against the rock until it breaks open then scoops out and eats the morsel of meat.

Circle what should come next in each row.

Three rows of sea otter food items (crabs, clams, urchins) for a matching exercise.

Fabulous Fur

Sea otters have very little body fat and rely on their fabulous fur to keep them warm in the cold Pacific _____. Their fur is thick—really thick—perhaps the _____ fur in the world. If you were to put a penny on a sea otter, it would _____ about 250,000 hairs. That is more than twice the _____ of hair on your entire head.

Draw a line to where each missing word belongs.

- COLD
- COVER
- OCEAN
- DENSEST
- DIRTY
- AMOUNT

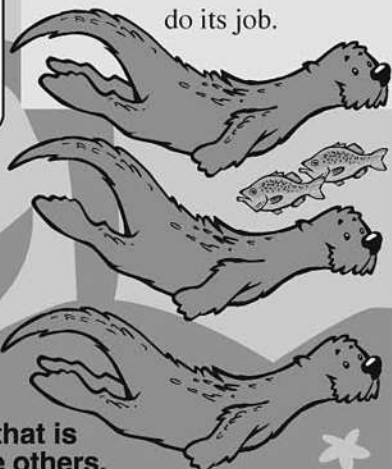
Otter fur holds tiny air bubbles, which serve as insulation against the _____.

If a sea otter's fur gets _____, it won't hold air as well. These creatures clean themselves often so that their fur can do its job.

Extra! Extra!

The Outstanding Letter 'O'
Imagine a world without the letter O. Using an article from today's newspaper, cross out all the words containing the letter O. Give the article to a friend. Can your friend understand the article?

Standards Link: Reading Comprehension: Understand word meanings from context clues.



Find the otter that is different from the others.

Kid Scoop Puzzler

Otter Appetite

Each day, a sea otter eats one-fourth of its own weight in food.

That would be like:

- a 60-pound person eating $5 + 5 + 5 =$ _____ pounds of food in one day.
- a 100-pound person eating $10 + 12 + 3 =$ _____ pounds of food in one day.
- a 148-pound person eating $15 + 17 + 5 =$ _____ pounds of food in one day.

Standards Link: Number Sense: Solve problems using addition.

Do the math to find out how many pounds of food each person would eat if he or she were a sea otter!



Double Double Word Search

- OTTERS
- PACIFIC
- KELP
- URCHINS
- CLAMS
- TOOL
- DENSEST
- MORSEL
- SWELLS
- SOLUTION
- BUBBLES
- WEIGHT
- SMILE
- HAIR
- ROCKS

Find the words in the puzzle, then in this week's Kid Scoop stories and activities.

Word search grid containing letters for the words listed on the left.

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

Otter Home

Read the classified ads listing homes for sale. Based on what you learned from today's Kid Scoop page about otters, write a classified ad describing the perfect home for an otter.

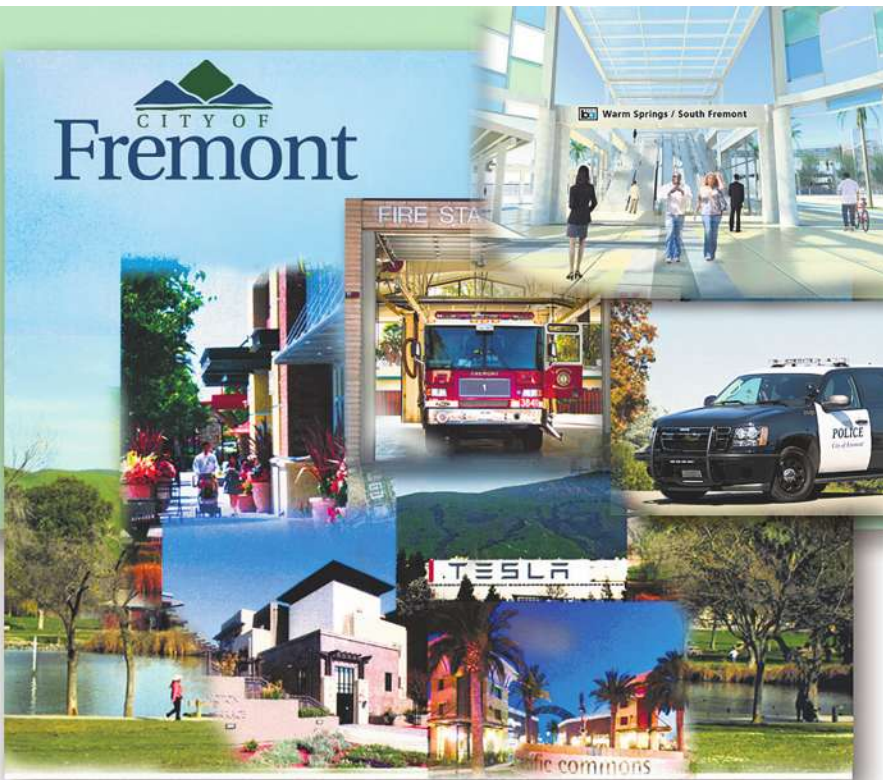
Standards Link: Writing Applications: Write brief descriptions about objects.



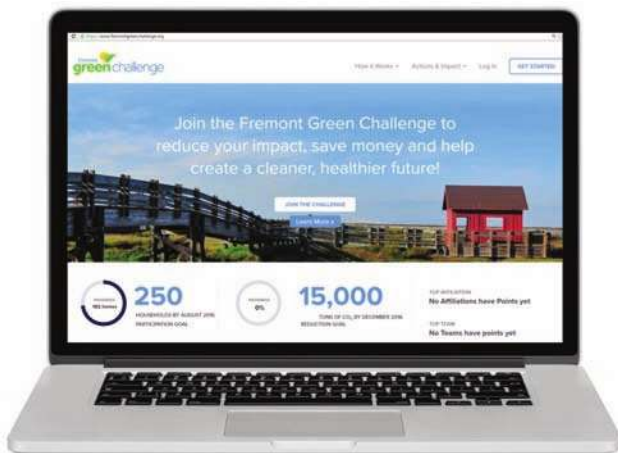
What is The best way To catch a crab?

ANSWER: Have someone throw it to you.

Think Fremont



Fremont Launches Climate Action Engagement Platform



The City of Fremont has launched a new residential climate action engagement platform called the Fremont Green Challenge. The Fremont Green Challenge website offers residents all the information they need to save energy, water, and money, all while reducing their impact on climate change!

By setting up a personal account and completing a brief household profile, you'll get custom savings and impact estimates for actions you can take related to energy efficiency, water conservation, clean transportation, renewable energy systems, food, and waste. Actions range from easy to challenging, and help you lower your impact in simple, fun, and cost-effective ways. You'll also find links to local incentive programs such as the exciting new SunShares solar and clean vehicle discount program.

For every action you complete, you will earn points that are directly attributable to

the amount of carbon emissions you have reduced. You can then combine your points with other Fremont households by forming a team with your friends and neighbors and affiliating with your local school or community organization to compete for top Green Challenge rankings! Leading households, teams, and affiliations will be recognized for their achievements on the Challenge Leaderboard and highlighted through success stories.

The Fremont Green Challenge will prove how innovative our community can be at reducing the impacts of climate change, bringing us one step closer to taking home the \$5 Million Georgetown University Energy Prize. To learn more and get started, visit www.Fremont.gov/Green-Challenge. For more information about the SunShares program visit www.Fremont.gov/SunShares.

California Coastal Cleanup Day is September 17



In honor of the California Coastal Cleanup Day, the City of Fremont will be hosting creek cleanup events at 10 different locations on Saturday, September 17 from 9 a.m. to 12 p.m. Please join families, friends, coworkers, scout troops, school groups, service clubs, and individuals as they come together to celebrate and share their appreciation of California's fabulous coast and waterways.

If you are interested in participating, please pre-register at www.Fremont.gov/CoastalCleanupRegistration to guarantee a spot. Please note the City does not allow anyone under the age of 6 to participate in this event.

For more information please contact the Coastal Cleanup Day Coordinator at environment@fremont.gov or 510-494-4570.

New Traffic Calming Program to Install Speed Lumps at Priority Locations



As part of Fremont's Vision Zero 2020, progress continues with our "20 Projects in 20 Months" program. At several priority locations throughout the city, speed lump installation is underway. Vision Zero 2020 is the City of Fremont's new traffic safety policy to reduce severe injuries and eliminate fatalities from traffic collisions to zero by 2020. The "20 Projects in 20 Months" program is an expedited rollout of projects designed to re-engineer streets to make them safer as listed in the Vision Zero Action Plan.

Completed speed lumps include Sundale Drive between Hilo and Robin streets, 2nd Street, Parkside Drive, and Palm Avenue. The City worked in partnership with neighborhood champions to collect signatures for the speed lumps in these neighborhoods. Speed lumps are raised asphalt structures installed on the pavement. They are 12 feet in length across the traveled way and about 3 inches in height and are designed to calm traffic in neighborhoods.

For more information on the Speed Lump Program, please visit www.Fremont.gov/Speedlumps.

Harness the Power of Solar with SunShares

Solar electricity is helping cities throughout the Bay Area meet energy needs while reducing air pollution, enhancing resiliency, and revitalizing neighborhoods.

The City of Fremont is one of nearly 40 local government agencies and major employers participating in Bay Area SunShares, a community-wide clean energy program that expands access to solar energy and zero-emission vehicles via pre-negotiated discounts. By pooling the buying power of individual participants, SunShares has negotiated competitive pricing from solar and ZEV vendors, passing those discounts on to residents.

Three local and recognized solar installation companies (PetersenDean, SkyTech Solar, and SunRun) have been selected for the program and are offering discounted pricing to residents, making now the most affordable time to go solar! This year, SunShares is also introducing zero-emission vehicle discount options on the Nissan Leaf and Toyota Mirai.

Imagine the possibilities: Save on your home utility bills, cut your gas costs, reduce your greenhouse gas footprint, and drive on clean energy! Plus, you'll be doing your part to help Fremont win the \$5 Million Georgetown University Energy Prize.

Learn more by attending an upcoming workshop on **Saturday, September 24, 1 p.m. – 2:30 p.m.** at the Fremont Main Library. Register at www.FremontSunSharesWorkshop2.Eventbrite.com

To sign up for a no-cost, no-obligation home solar evaluation, receive your vehicle discount code, and learn how you can save on your utility bill for years to come by plugging into the sun, visit www.Fremont.gov/SunShares. This limited time offer is available until November 4, 2016.



Mission Peak Parking Permit Program

Changes are coming to parking around Mission Peak Regional Preserve. Beginning October 1, 2016, vehicles without a residential parking permit will be restricted from parking in the residential areas posted "No Parking without Permit" at the base of Mission Peak (Stanford Avenue entrance) on weekends and major holidays.

In an effort to reduce the impact of vehicular traffic in the neighborhoods surrounding Mission Peak Regional Preserve, the Fremont City Council approved Fremont Municipal Code Section 10.05.860 on May 17, 2016, to establish a temporary parking permit program for residents within the geographical area identified as the Mission Peak Neighborhood. Restricted parking times for the residential permit parking program will be from Saturday at 12:01 a.m. through Sunday at 11:59 p.m. and on national holidays, including dates of observance. Parking permits are limited to residents living within the designated parking permit area. The temporary permit parking program is scheduled to expire in July of 2020.

The City of Fremont and East Bay Regional Park District have entered into a joint agreement to monitor and enforce violations of the Fremont Municipal Code. The civil penalty for a first time offense is \$63.

On weekends and holidays, non-resident hikers can park in the following locations:

- Stanford Avenue staging area entrance - 40 spaces
- Antelope Drive and Vineyard Avenue - 150 spaces
- Ohlone College - 900 spaces

We encourage park visitors to carpool, use public transportation and/or ride-sharing services, ride their bikes, or use the designated staging area at Ohlone College. For more information about this program, visit www.Fremontpolice.org/PermitParking. To view the Fremont Municipal Code Section 10.05.860 visit www.codepublishing.com/CA/Fremont, or for specific questions about this program contact Fremont Police Department Public Affairs Manager Geneva Bosques at gbosques@fremont.gov or 510-790-6957.



Connect with Us:



Fremont.gov



cof@fremont.gov



Fremont.gov/OpenCityHall



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[@Fremont_CA](https://twitter.com/Fremont_CA)



[/CityofFremont](https://www.youtube.com/CityofFremont)



[/CityofFremont](https://plus.google.com/CityofFremont)



[/CityofFremont](https://www.linkedin.com/company/CityofFremont)



[/CityofFremont](https://www.mypd.com)

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Celebrating Culture through Charity

BY TOSHALI GOEL

As schools across the country start up again and lives go back to standard routines, the youth of the Tri-City area are gathering to celebrate cultural arts and give back to their community. Youth Service Through Cultural Arts (YSTCA) is hosting their annual “Music and Dance Festival” in Milpitas on September 17 to celebrate the spirit of music and dance while providing help to those who need it.

Four high school teenagers founded the organization in 2012: Ashwin Srikant, Divya Mohan, Gopal Ravindharan, and Vignesh Thyagarajan. The inaugural event for YSTCA, held in December of 2012, was a fundraiser for the Dominican Sisters of Mission San Jose. The following year, YSTCA held another fundraiser, this one in support of Indo-American

Seniors Association of Fremont (INSAF). In 2014, the event was in support of College of Adaptive Arts (CAA), a school that provides education to adults with varying abilities. The festival has been happening every year since. Last year, the event raised money for Drivers for Survivors and Boldly Me.

Eventually, the original founders graduated high school and moved to various parts of the country to further their education. The organization’s responsibility then fell to their family and friends. Currently, high school students Abinaya Srikant, Aparna Thyagarajan, Akshay Venkatesan, and Ranjani Ravindrabharathy run YSTCA.

Srikant says, “All of us have been watching this organization grow from the start. Each year we attend the events, we volunteer at them, so we are very involved in it. One of the most rewarding moments is when you get that feeling of satisfaction that you’re



giving back to your community. Yes, you are giving back to the community, but you also are getting a lot for yourself. That feeling can’t be replaced by anything but giving back.”

This year, the current members are hosting their annual event in support of ACT for Mental Health. Venkatesan says, “They [ACT for Mental Health] provide very low cost mental health treatment for all sorts of people, such as those who come out of jail and are being rehabilitated. They also provide treatment for people who are economically and socially disadvantaged who are not as fortunate. They provide help to needy people, and they are such a small organization and they need funds. They’re doing things that are really benefiting our community, so we decided to help them.”

Ravindrabharathy added, “We wanted to choose an organization that was not already in a position where they could fully fund themselves, we wanted to help an organization that really needed the funding. We narrowed it down to a couple, and then

realized that ACT for Mental Health was the organization we wanted to choose because of the work they did and also because they needed a lot of funding.”

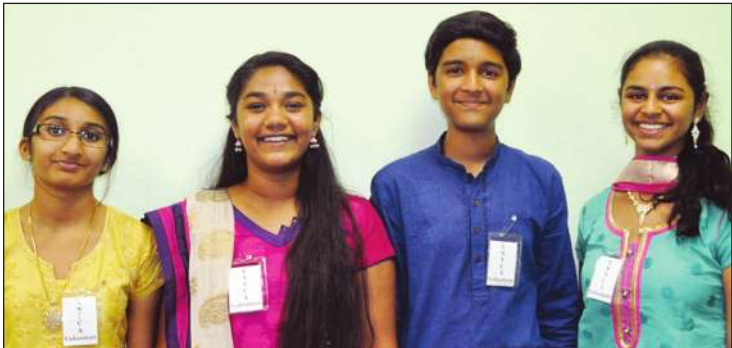
This year’s fundraiser will feature performances from 20 different schools of classical dance and music throughout the Bay Area, including the International Academy of Indian Music, Nrityakala Dance Company, California Nupur Dance Academy, Anuswara School of Music, Prakrithi School of Music, and more! YSTCA’s event focuses on Indian Classical Art, particularly carnatic music – a system of music mostly associated with the southern part of India. Dance was introduced into the program in 2013. Since then, the festival has been a celebration of music and dance to band the community together while providing funds for organizations which spread awareness and support for various causes.

Funds are raised through business advertisements, donations from family and friends, and fees from participating dance

and music groups. Donations will also be accepted from audience members during the event. The check will be presented during the main ceremony from 4:30 p.m. to 6 p.m., where the total mount raised for ACT for Mental Health will be announced.

Thyagarajan says, “Now that we are finally a real part of it [YSTCA] it’s so rewarding to give back to the community that gave us music. That’s such a major part of our lives, every one of us. It’s so important to us. It helps us relax, it helps us get through all of our stress, so after the community helped us benefit, it’s super rewarding to see others benefit from music just like we have. We share something in common.”

**YSTCA Music and
Dance Festival**
Saturday, Sep 17
9:00 a.m. – 6:30 p.m.
Shirdi Sai Parivaar
1221 California Cir, Milpitas
contact.ystca@gmail.com
www.ystca.org
Free



Students currently running YSTCA (left to right): Aparna Thyagarajan, Ranjani Ravindrabharathy, Akshay Venkatesan, and Abinaya Srikant.

Having an affair - Have it here

Banquet Facility

Weddings - Receptions - Luncheons
Company Parties - Dances
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Capacity 300

Call for information **510-797-2121 ext 4**
EventsAtTheLodge@gmail.com
38991 Farwell Drive, Fremont

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GUITAR LESSONS \$15 per week (1 hour class)	Flute/Trombone Violin/Clarinet	Sax/Trumpet Ukulele

Hayward Music Center

24249 Hesperian Blvd., Hayward 510-264-9669

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I need a Forever Home



Lionel is one cool kitten! He's 5-months old, sweet, calm and also a bit on the shy side. He needs a loving, patient family to help him come out of his shell to fully blossom into the wonderful boy he truly is. Info: Hayward Animal Shelter. (510) 293-7200.



Urijah is an 8 yrs young boy with gorgeous gray fur. He enjoys getting pets and light scratches behind his ears. While a bit nervous in new environments, he warms up with a little reassurance. Info: Hayward Animal Shelter. (510) 293-7200.

ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter
510-293-7200
16 Barnes Court (Near Soto & Jackson) Hayward
Tuesday - Saturday 1pm - 5pm

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

It's A Date

CONTINUING EVENTS

Fridays, May 6 thru Oct 28
Fremont Street Eats

4:30 p.m. - 9:00 p.m.
Food trucks, beer, wine and entertainment
Downtown Fremont
Capitol Ave. & Fremont Blvd., Fremont
<https://www.facebook.com/FremontStreetEats/>

Monday, Jun 27 - Saturday, Sep 24

Labor Exhibit
Mon: 5 p.m. - 10 p.m.
Tues & Thurs: 10 a.m. - 1 p.m.
Sat: 12 noon - 3 p.m.
Longshoreman photos by Frank Silva
PhotoCentral
1099 E St., Hayward
(510) 881-6721
www.photocentral.org

Friday, Jul 22 - Sunday, Sep 25

Botanical Beauties in Water-color and Ink
10 a.m. - 5 p.m.
Refreshing view of plant kingdom
Opening reception Saturday, Jul 23 @ 2 p.m.
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Wednesdays, Jul 27 - Sep 28

Canasta
9:15 a.m.
Card game
No experience necessary
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Thursdays, Jul 28 - Sep 29

Bingo \$
1 p.m.
Games, refreshments and door prizes
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Fridays, Jul 29 - Sep 30

Mahjong
9:15 a.m.
Tile game
No experience necessary
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Mondays, Aug 1 thru Sep 26

Bunco
10 a.m.
Dice game
No experience necessary
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesdays, Aug 9 thru Sep 27

Bingo \$
1:15 p.m. - 3:30 p.m.
Progressive blackout games
Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738
www.haywardrec.org

Sunday, Aug 9 - Monday, Oct 31

Harmony Art Exhibit
12 noon - 6 p.m.
Portraits of wildlife and nature
Milpitas Library
160 North Main St., Milpitas
(408) 262-1171
www.sccl.org

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Mighty Mike Schermer

SATURDAY, SEPTEMBER 17TH
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Sun. All Day

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Farmers' Markets

FREMONT:

Centerville

Saturdays

9 a.m. - 1 p.m.

Year-round
Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Downtown Fremont Farmers' Market

Wednesdays

3 p.m. - 7 p.m.

May thru October
Capital Ave. between Liberty St.
and State St.
www.westcoastfarmersmarkets.org

Kaiser Permanente Fremont Farmers' Market

Thursdays

10 a.m. - 2 p.m.

Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers' Market

Sundays

9 a.m. - 2 p.m.

Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer's Market

Saturdays

9 a.m. - 2 p.m.

Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays

9 a.m. - 3 p.m.

Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente San Leandro

Wednesdays

10 a.m. - 2 p.m.

June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at ICC

Sundays

8 a.m. - 1 p.m.

Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers' Market

Sundays

9 a.m. - 1 p.m.

Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkt.com

UNION CITY:

Kaiser Permanente Union City Farmers' Market

Tuesdays

10 a.m. - 2 p.m.

Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers' Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

Thursday, Aug 25 - Sunday, Sep 18

Real Women Have Curves \$

Thurs - Sat: 8 p.m.

Sun: 2 p.m.

*Heartfelt celebration of women work-
ing together*

Douglas Morrison Theatre
22311 N Third St., Hayward
(510) 881-6777
www.dmtonline.org

Thursday, Aug 26 - Sunday, Sep 24

New Visions

12 noon - 5 p.m.

Variety of mediums and techniques

Featuring Allied Artists West
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Monday, Sep 1 thru Friday, Sep 29

San Leandro Art Association Members Show

12 noon - 5 p.m.

Variety of mediums on display

San Leandro Main Library
300 Estudillo Ave., San Leandro
(510) 577-3971
www.aclibrary.org

Monday, Sep 6 - Saturday, Sep 24

Halloween Costume Donations

11 a.m. - 5 p.m.

Drop off gently used costumes

Children ages 5 - 16 only
Hayward Main Library
835 C St., Hayward
(510) 881-7946
annie.snell@hayward-ca.gov

Monday, Sep 6 - Thursday, Dec 15

10th Street After-School Pro- gram

4 p.m. - 6 p.m.

Sports, arts and crafts and games

Drop-in program, no day care
10th Street Community Center
33948 10th Street, Union City
(510) 675-5488
www.unioncity.org/depart-
ments/community-recreation-ser-
vices

Thursday, Sept 8 - Sunday, 25

Serra Center Artists' Exhibition

12 noon - 5 p.m.

Variety of works in various mediums

Artists' reception Sunday, Sept 11
at 3 p.m.
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Fridays, Sep 9 thru Sep 30

Teen Night Out!

5:30 p.m. - 8:30 p.m.

Play pool, air hockey and video games

Ages 12 - 17
Union City Teen Center
1200 J St., Union City
(510) 675-5600
http://www.ci.union-
city.ca.us/departments/commu-
nity-recreation-services

Friday, Sep 9 - Sunday, Oct 2

Tuesdays with Morrie \$

8 p.m.

Sunday matinees 2 p.m.

Student and teacher reconnect 20
years later
Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
www.chanticleers.org

Mondays and Wednesdays, Sept 12 thru Oct 12

Develop Your Own Food Busi- ness - R

6:30 p.m. - 8:30 p.m.

*Discuss operating models, costs and
marketing*

Hayward Adult School
22100 Princeton St., Hayward
(510) 293-8595
https://www.facebook.com/hay-
wardchamber/

Mondays, Sep 12 thru Oct 17

Meditation Heartfulness Class

11 a.m. - 12 noon

Connect with your inner light and joy

Ages 55+
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org



LIFE ElderCare

Join us for
LIFE in Action
Friday, September 16
9:30 - 10:30am

City of Fremont Training Room
3300 Capitol Avenue

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find out why we
need to bring meals,
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and strength to
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Everyone welcome. Pre-registration required at
LIFEinAction.eventbrite.com
LifeElderCare.org

Neighborhood "Village"

Non-profit to help people
stay in their homes as they age

Eden Area Village is developing a non-profit
membership group to serve Hayward, Castro Valley
and San Lorenzo area.

Public outreach meetings held
1st Friday of each month
2pm
Hayward City Hall
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Sun
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Email: programassistant@driversforsurvivors.org
www.DriversForSurvivors.org



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M, T, W, Th, Sun 11am-10pm
Fri & Sat. 11am -11pm

ANY X-LARGE PIZZA \$3 OFF
ANY LARGE PIZZA \$2 OFF
ANY MEDIUM PIZZA \$1 OFF

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26775 Hayward Blvd. Hayward

Present Coupon When Ordering. Mobile Coupons Not Accepted
Offers Cannot be Combines.

Expires 10/30/16

Tuesdays and Thursdays, Sep 20 thru Nov 10

Citizenship Class \$R
7:00 p.m. - 9:30 p.m.
Discuss American Government
Prepare for interview test
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 793-6465
www.face.edu

THIS WEEK

Tuesday, Sep 13

San Leandro Garden Club Meeting
10 a.m.
Discuss fall gardens
All are welcome
Alta Mira Club
561 Lafayette Ave, San Leandro
(510) 582-5288

Wednesday, Sep 14

Mindfulness Meditation for Healing- R
10:30 a.m. - 12 noon
Physical and spiritual nutrition
Dominican Sisters of Mission
San Jose
43326 Mission Blvd., Fremont
(510) 933-6335
http://bit.ly/CESMindfulness2
www.msjdominicans.org

Wednesday, Sep 14

Music for Minors II Orientation
9:30 a.m. - 11:00 a.m.
Volunteers share joy of music with children
Niles School Auditorium
37141 Second St., Fremont
(510) 733-1189
http://www.musicforminors2.org/

Wednesday, Sep 14

Claiming Our Ground for Peace
7 p.m. - 8 p.m.
Labyrinth walk, meditation and music
Holy Cross Episcopal Church
19179 Center St, Castro Valley
(510) 889-7233
martha@holycrosscv.org

Wednesday, Sep 14

Claiming Our Ground for Peace
7 p.m. - 8 p.m.
Labyrinth walk, meditation and music
St. Anne Episcopal Church
2791 Driscoll Rd., Fremont
(510) 490-0553
recotor@stanneschurch.org

Wednesday, Sep 14

Senior Lunch and Entertainment
12 noon
Comedian Rick Pulido performs
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Wednesday, Sep 14

Community Center Tour – R
5 p.m. - 7 p.m.
Visit Salvation Army's new community center
Salvation Army Newark
36700 Newark Blvd., Newark
(510) 793-6319
www.tsatricity.eventbrite.com

Thursday, Sep 15

East Bay Stompers Band
7 p.m. - 9 p.m.
Dixie, swing and standards music
Bronco Billy's Pizza
41200 Blacow Road, Fremont
(510) 914-7304

Thursday, Sep 15

Introduction to Nature Journaling
2:30 p.m. - 4:00 p.m.
Tips to make the most of your journal
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Thursday, Sep 15

UC Lions Restaurant Stroll \$R
5:30 p.m. - 8:30 p.m.
Enjoy samples from various restaurants
Purchase ticket booklets in advance
Union Landing
32115 Union Landing Blvd, Union City
(510) 475-4110
http://uclions.com/event-2290506

Thursday, Sep 15 - Sunday, Sep 18

Newark Days Celebration
Thurs: 6 p.m. - 10 p.m.
Fri: 5 p.m. - 11 p.m.
Sat: 9 a.m. - 11 p.m.
Sun: 10 a.m. - 10 p.m.
Music, games, food and carnival
Parade Saturday, Sept 17 at 9:45 a.m.
Newark Community Center
35501 Cedar Blvd., Newark
(510) 793-5683
www.newarkdays.org

Thursday, Sep 15

Health and Wellness Seminar – R
7 p.m. - 9 p.m.
Medicare, what you need to know
Washington Hospital
2500 Mowry Ave., Fremont
(800) 963-7070
www.whhs.com/seminars

Thursday, Sep 15

Women Empowering Women – R
7:00 p.m. - 8:30 p.m.
Decoding vitamins and supplements
Washington Hospital
2500 Mowry Ave., Fremont
(800) 963-7070
www.whhs.com/seminars

Thursday, Sep 15

Back-to-School Story Time
10:30 a.m. - 11:00 a.m.
San Leandro Police read to children
San Leandro Public Library
300 Estudillo Ave., San Leandro
(510) 577-3971
www.aclibrary.org

Friday, Sept 16 – Sunday, Sept 18

All Saints Fiesta
6 p.m. – 10 p.m.
(Sat: 11 a.m. – 10 p.m.; Sun: 10 a.m. – 3 p.m.)
Food, Music, Raffles, Talent Show
All Saints Catholic Church
22824 Second St., Hayward
(510) 581-2570

Friday, Sep 16

American Red Cross Blood Drive – R
7:30 a.m. - 2:30 a.m.
Call to schedule an appointment
Drop-ins welcome
Fremont-Newark Blood Center
39227 Cedar Blvd., Newark
(800) 733-2767
www.redcrossblood.org

Friday, Sep 16 - Saturday, Sep 17

Live Blues Music
9 p.m.
Various artists
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
www.smokingpigbbq.net

Friday, Sep 16

Local Candidates Election Forum
7 p.m. & 8 p.m.
Washington Healthcare and Fremont City Council
City of Fremont Council Chambers
3300 Capitol Ave., Fremont
(510) 494-4508
www.lwvfnuc.org

Friday, Sep 16

Rewired to Inspire Linking Generations
4:30 p.m. - 5:45 p.m.
Adults share cultural heritage
Students 7 - 18 years old connect with seniors 55+
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 371-1268
rewiredtoinspire@gmail.com

Friday, Sep 16

LIFE in Action Open House – R
9:30 a.m. - 10:30 a.m.
Volunteers discuss Meals on Wheels
City of Fremont Council Chambers
3300 Capitol Ave., Fremont
(510) 574-2090
LifeInAction2016@eventbrite.com

Friday, Sep 16

Mariachi Festival
4:30 p.m. - 9:00 p.m.
Live music, dancing and food
Bring a lawn chair or blanket
Hayward City Hall
777 B St., Hayward
(510) 537-2424
http://www.hayward.org/

Friday, Sep 16

Outdoor Movie Night
8 p.m.
Zootopia rated PG
Bring a blanket, chair and picnic
Adobe Park
20395 San Miguel Ave., Castro Valley
www.haywardrec.org

Friday, Sep 16

6th Grade Pass Party \$
7 p.m. - 9 p.m.
Inflatables, games, raffle and food
Purchase annual or 6 months pass for free entry
Silliman Activity Center
6800 Mowry Ave., Newark
(510) 578-4620
www.newark.org

Saturday, Sep 17

YSTCA Music and Dance Festival
9:00 a.m. – 6:30 p.m.
Classical Indian music and dance
Shirdi Sai Parivaar
1221 California Cir, Milpitas
Contact.ystca@gmail.com
www.ystca.org

Saturday, Sep 17

Volunteer Day Ohlone Village Site – R
9 a.m. - 11 a.m.
Clean, weed and renew structures
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org/register

Saturday, Sep 17 - Sunday, Sep 18

Family Fun Hour
2 p.m. - 3 p.m.
Stories, games and activities
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org



Centerville Presbyterian Church has been reaching out to the tri-city community for more than 150 years. As part of our commitment to building and encouraging healthy marriages, our Marriage Ministry team is hosting a special Date Night Event. This event is open to all couples seeking to gain perspective on conflict resolution and continue growing in relationship with each other.

Reservations

Contact CPC office by phone or email
Tel: (510) 793-3575
Email: cpeoffice@cpcfremont.org
Web: cpcfremont.org
Address: 4360 Central Avenue
Fremont, CA 94536

Schedule

5 PM – Register at CPC
Drop Children off at Kids Care in the Family Education Building

6:45 PM – Return to CPC
To enjoy dessert served in the Centre Building

7:15 PM – Panel Discussion
Panel discusses disagreement and conflict resolution

Marriage Date Night & Panel Discussion



Marriage is about patience, commitment, sharing, caring, giving, receiving, respect, understanding, overcoming, reconciling and rejoicing

Healthy Marriages normally encounter disagreement and conflict yet practice successful conflict resolution

Here's How Date Night Works...

- Couples are encouraged to enjoy an early evening dinner out (child care provided). A list of topics will be provided for couples to share at dinner to get the most from observing the following Panel Discussion
- Then, attend the Marriage Panel Discussion at CPC (dessert provided)
- Real couples, representing different age groups, have been selected to share their challenges and disagreements as well as insights into conflict resolution
- Pastors Marsha and Greg Roth will moderate the discussion and bring many years of marriage and ministry experience to the event

WANTED!

Old or historical photographs of Newark. Help preserve Newark's history by bringing your photographs to be scanned. The images will be archived becoming a permanent part of Newark history.

The Museum of Local History Guild will be at the Newark Days Celebration - Community Center room on Sunday, September 18, 2016 from 10am—4pm to scan your old pictures.

Pictures will be returned along with your own digital images (bring a memory stick).

Participate in a Video interview 3-5 minutes

You can be recorded for posterity. Short, videotaped interview on any of the following subjects:

- my favorite memory of Newark
- my favorite thing in Newark that is now gone
- my earliest memories of Newark
- Newark's most unforgettable character or event



Contact Info:
Timothy Swenson
925-200-7517

Museum of Local History Guild
190 Anza St., Fremont

museumoflocalhistory.org

Fremont Laser Med Spa

Dr. James Kojian, M.D. Owner

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www.fremontlasermedspa.com

210 Fremont Hub Courtyard, Fremont

Saturday, Sep 17
Nectar Garden Fun Day
1 p.m. - 3 p.m.
Discover caterpillars and butterflies
Make a craft
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Saturday, Sep 17
School Age Storytime
11:00 a.m. - 11:30 a.m.
Volunteers read to preschoolers
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Saturday, Sep 17
Milpitas Unified School District Fundraiser \$
5 p.m.
Dinner, dancing, raffle and auction
Benefit for STEAM program
Sponsored by Milpitas Rotary
TA Restaurant
90 South Abel St., Milpitas
(408) 439-1207

Saturday, Sep 17
Comedy Short Subject Night \$
7:30 p.m.
Coney Island, Bumping into Broadway, From Soup to Nuts
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Sep 17
Farmyard Games \$
2 p.m. - 3 p.m.
Enjoy stilts, tug-of-war and spoon races
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 17
Itsy Bitsy Spider \$
10:30 a.m. - 11:00 a.m.
Hike around the farm in search of critters
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 17
Gorgeous Goats \$
11:30 a.m. - 12 noon
Children groom and feed goats
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 17
Apple Cooking \$
1 p.m. - 2 p.m.
Enjoy treats cooked on a wood burning stove
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 17
Coastal Cleanup – R
8:30 a.m. - 12 noon
Volunteers remove litter from the shoreline
Bring gloves and hats
Ages 15+
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 544-2515
www.ebparks.org

Saturday, Sep 17
Coastal Cleanup – R
9 a.m. - 12 noon
Volunteers remove litter from shoreline
Bring gloves and hats
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x361
http://www.fws.gov/refuge/don_cdwars_san_francisco_bay

Saturday, Sep 17
Crafting at the Library – R
10:30 a.m. - 12:30 p.m.
Create beverage coaster from recycled materials
Ages 10+
Hayward Main Library
835 C St., Hayward
(510) 881-7980
heidi.ontiverso@hayward-ca.gov

Saturday, Sep 17
If These Walls Could Talk: Art Within \$
10 a.m.
Explore paintings and artwork inside the house
McConaghy Victorian House
18701 Hesperian Blvd.,
Hayward
(510) 581-0223
www.haywardareahistory.org

Saturday, Sep 17
Grandparent’s Day Celebration \$
8:30 a.m. - 11:00 a.m.
Pancake breakfast
Kenneth C. Aitken Center
17800 Redwood Rd.,
Castro Valley
(510) 881-6738
www.haywardrec.org

Saturday, Sep 17
Tumble Down House \$
7 p.m. - 9 p.m.
Gritty jazz music
Mission Coffee Roasting House
151 Washington Blvd., Fremont
(510) 474-1004

www.fremontcoffee.com

Saturday, Sep 17
Fall Landscape Classes
9 a.m. - 12 noon
Planning your low water landscape
Alameda County Water District
43885 S. Grimmer Blvd.,
Fremont
(650) 349-3000
www.acwd.org

Saturday, Sep 17
Diabetes and Wellness Event – R
8:30 a.m.
Wellness walk, free health screenings and exhibits
San Leandro Senior Center
13909 East 14th Street,
San Leandro
(510) 577-3462
www.diabetesandwellnessday.mycvent.com

Saturday, Sep 17
Centerville Walking Tour
11 a.m.
Docent led tour of historical business district
Fremont Holy Spirit Church
37588 Fremont Blvd., Fremont
(510) 623-7907
www.museumoflocalhistory.org

Sunday, Sep 18
Circle of Friends, Lights of Hope \$R
2 p.m. – 4 p.m.
Taiko drumming and dance
Cal State University East Bay
25800 Carlos Bee Blvd.,
Hayward
tickets@edentaiko.org
www.edentaiko.org

Sunday, Sep 18
Cooking in the Country Kitchen \$
11 a.m. - 1 p.m.
Sample treats from a wood burning stove
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 18
Sunday Matinee \$
1 p.m.
Star Trek Anniversary
Featuring Fear in the Night and The Intruder
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Sunday, Sep 18
Garden Chores for Kids \$
10:30 a.m. - 11:30 a.m.
Lend a hand watering, weeding and planting
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 18
Corn Toss \$
2:00 p.m. - 2:30 p.m.
Play a game with stuffed bags
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 18
Popcorn Time \$
11:30 a.m. - 1:00 p.m.
Enjoy a tasty treat
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 18
Skills of the Past Fire Making \$
2:00 p.m. - 4:30 p.m.
Create fire by friction, percussion and compression
Ages 16+
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Sunday, Sep 18
Skills of the Past Cordage Making – R
2:00 p.m. - 4:30 p.m.
Gather and prepare plants to create a craft
Ages 9+
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Sunday, Sep 18
Stream Splashdown
10:00 a.m. - 11:30 a.m.
Search the creek for wildlife
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Sunday, Sep 18
Live Music
3 p.m.
The Sun Kings
World Famous Turf Club
22519 Main St., Hayward
(510) 881-9877
www.WorldFamousTurfClub.com

Sunday, Sep 18
Jazz Concert
1 p.m. - 5 p.m.
What’s Up Big Band and LaHonda All Stars
Hayward Memorial Park
24176 Mission Blvd., Hayward
www.haywardrec.org

Sunday, Sep 18
Family Fishing Day \$
1 p.m. - 4 p.m.
Instruction and gear provided
Ages 6+
Hayward Shoreline Interpretive

Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Sunday, Sep 18
Arts and Crafts in Shinn Park \$
10 a.m. - 4 p.m.
Art, music, dancing, food and Shinn house tours
Shinn Park
1251 Peralta Blvd., Fremont
(510) 552-4839
Alminard@comcast.net

Monday, Sep 19
Book Signing and Canning Event – R
6:30 p.m.
Marisa McClellan shares her canning techniques
Dale Hardware
3700 Thornton Ave, Fremont
(510) 797-3700
www.dale-hardware.com

Monday, Sep 19
Milpitas Rotary Club Meeting
12 noon - 1:30 p.m.
Discuss ways to improve memory skills
Dave and Busters
940 Great Mall Dr., Milpitas
(408) 957-9215
http://www.clubrunner.ca/milpitas

Tuesday, Sep 20
ASEB Support Group Meeting
5:30 p.m. – 7:00 p.m.
Discussion for caregivers of dementia patients
ASEB Hayward Campus
1105 Walpert St, Hayward
(510) 888-1411
www.Aseb.org/resources/support-groups

Tuesday, Sep 20
Outdoor Discoveries \$R
10:00 a.m. - 11:30 a.m.
Playful scientific exploration for preschoolers
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org/register

Tuesday, Sep 20
Start Smart Teen Driving Program
6 p.m.
Driver safety education for ages 15 – 19
Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org

Saturday, Sep 24
HERS Breast Cancer Walk and Run \$R
7 a.m.
5k and 10k walk and run
Quarry Lakes
2250 Isherwood Way, Fremont
(510) 795-4895
www.hersbreastcancerfoundation.org/

Learn about Canning at The Nursery

SUBMITTED BY BRIAN EYLAR

The Nursery at Dale Hardware presents Marisa McClellan, food blogger, cookbook author and canning teacher. Marisa will share her knowledge of canning fruits, vegetables and other tasting items on Monday, September 19. She will also be signing her book, which will be available for purchase. Please RSVP by Thursday, September 15 at Customer Service or by calling (510) 797-3700. For more information about Marisa, visit http://foodinjars.com/about-food-in-jars.

Dale Hardware Book Signing & Canning Event
Monday, Sep 19
6:30 p.m.
The Nursery at Dale Hardware
3700 Thornton Ave, Fremont
RSVP: (510) 797-3700
www.dale-hardware.com/current/home_fl.htm

Color Me Calm

SUBMITTED BY SANTA CLARA COUNTY SUPERVISOR DAVE CORTESE

Coloring is not just for kids anymore. Adults have rediscovered coloring for one simple reason: It’s a great stress reducer. By letting us focus on a simple yet creative task, coloring has a relaxing effect on our brain similar to that of meditation. The Milpitas Library is inviting adults to join the Adult Coloring Club every Monday from 6 to 8 p.m. For more information, call (408) 262-1171.

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Summer Concert Series

You've got the sun, your shorts and sandals – what else do you need to jump into summer? How about those sweet musical strains that soundtrack so many summer memories? Concert series are now kicking off in the Tri-Cities with something for every musical taste. Grab a friend, your shades, and a picnic and kick back and enjoy!

HAYWARD
Hayward Street Party
Thursdays, 5:30 p.m. – 8:30 p.m.
B Street (between Foothill Blvd and Watkins St), Hayward
(510) 537-2424
www.hayward.org
Free

Sep 18: Jazz Concert: What's Up Big Band and the LaHonda All Stars Band (benefiting Hayward-La Honda Music Camp)
Sep 25: "Uncle Rico's" Original Rock 'n Roll featuring The Hypnotones, Hayward High School Marching Band, Band and Jazz Band members (benefitting Hayward High School Instrumental Music Program), with Guest Celebrity Chef Mark Salinas and donations from Chavez Market

Hayward Odd Fellows Summer Concert Series
Sundays, 1:00 p.m. – 5:00 p.m.
Hayward Memorial Park
24176 Mission Blvd, Hayward

fgoulart@pacbell.net
www.HaywardLodge.org
Free
Sep 18: Jazz Concert: What's Up Big Band and the LaHonda All Stars Band (benefiting Hayward-La Honda Music Camp)
Sep 25: "Uncle Rico's" Original Rock 'n Roll featuring The Hypnotones, Hayward High School Marching Band, Band and Jazz Band members (benefitting Hayward High School Instrumental Music Program), with Guest Celebrity Chef Mark Salinas and donations from Chavez Market

Russ and Marla Blowers' 50th wedding anniversary

SUBMITTED BY MARLA BLOWERS

On August 27, Russ and Marla Blowers celebrated their 50th wedding anniversary with a party for 58 family members and friends at Papillon Restaurant in Fremont. Friends came from near and far to join them in their special celebration.
The Blowers' children, Jennifer and Mark Gillette and Monica Bennett, decked out the room with flowers and balloons, assembled a photo board depicting the life of Russ and Marla, and made favors for the guests. Former Pastor Ardith Allread-Atkins conducted a vow renewal ceremony and Gregg Atkins provided a heartfelt toast. Sandie Moniz, visiting from Oregon, read a special scripture passage. Jennifer served as the Master of Ceremonies for the event and Monica gave a prayer.
Guests generously donated food for the Alameda County Food Bank. While some celebrants buy



jewelry or go on a cruise, Russ and Marla plan to install quartz counter tops in their kitchen!

Tumbledown House



SUBMITTED BY BRASK HOUSE CONCERTS

Their music has been described as “gritty saloon jazz,” “modern speakeasy music,” and “Tom Watts in a cocktail dress. Tumbledown House brings their exciting sound to Fremont when they take the stage at Mission Coffee on September 17.
“We first saw and heard them performing about three years ago and immediately started talking to them about performing for our series in Fremont. We got them!” says organizer Wayne Brask. “Then we were talking to a member of the Irvington Business Association (IBA) and they were planning a ‘speakeasy’ annual benefit and we said boy do we have a band for you... IBA checked them out, hired them and then hired them again for their next annual meeting.”
Says Brask, “We were at their IBA show and they really give it up. This Gillian lady is one fantastic singer. She brings the house to its knees. The rest of

the band is wonderful too.” While the group has a number of configurations, from a duo to five or more and with or without a sax or trombone, he says you can count on a memorable and fun experience. “We love the sultry sound, the power and range of Gillian and how well they all work together. Come and become a fan!”
Tickets are \$15 at the door. For more information, visit www.BraskHouseConcerts.com.

Tumbledown House
Saturday, Sep 17
7 p.m. – 9 p.m.
Mission Coffee Roasting Co
151 Washington Blvd, Fremont
(510) 623-6920
www.BraskHouseConcerts.com
www.fremontcoffee.com
http://tumbledownhouse.com/
Tickets: \$15

Strategic Communications

SUBMITTED BY HAYWARD CHAMBER OF COMMERCE

At its monthly meeting on Thursday, September 15, the Hayward Nonprofit Alliance will host Issac Kos-Read, president of the Kos-Read Group, speaking on “Strategic Communications and Public Affairs for Nonprofits.”

Now head of his own consulting firm, Kos-Read was formerly the head of communications for the Oakland Unified School District, the Port of Oakland, and senior director of government affairs for the Port of Los Angeles.
The Kos-Read Group, Inc. provides advocacy and strategic communications services to

public, private, and non-profit organizations.
Strategic Communications
Thursday, Sept 15
10 a.m.
Hayward Area Historical Society
22380 Foothill Blvd, Hayward
RSVP: (510) 537-2424
www.hayward.org
Free

BOOKMOBILE SCHEDULE

Alameda County
Renew books by phone
(510) 790-8096
For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org.
Times & Stops subject to change

Tuesday, Sept 13
2:30 – 3:25 Cabrillo School,
36700 San Pedro Dr.,
FREMONT
4:45 – 5:30 Baywood Apart-
ments, 4275 Bay St.,
FREMONT
5:50 – 6:30 Jerome Ave. &
Oholones St., FREMONT

Wednesday, Sept 14
1:00 – 2:00 Del Rey School,
Via Mesa & Via Julia,
SAN LORENZO
2:30 – 2:55 Eden House Apart-
ments, 1601 165th Ave.,
SAN LEANDRO
3:30 – 4:00 Baywood Court,
21966 Dolores St.,
CASTRO VALLEY
6:00 – 6:30 Camellia Dr. &
Camellia Ct., FREMONT

Thursday, Sept 15
2:30 – 3:00 Graham School,
36270 Cherry St., NEWARK

Friday, Sept 16
1:45 – 3:00 Hillside School,
15980 Marcella St., S
AN LEANDRO

Monday, Sept 19
1:45 – 2:45 Pioneer School,
Blythe St. & Jean Dr.,
UNION CITY
4:15 – 4:45 Sora Apts, Alvarado

Blvd. & Fair Ranch Rd.,
UNION CITY
5:15 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird
Circle, FREMONT

Tuesday, Sept 20
1:45 – 2:30 Fremont Hills Senior
Living, 35490 Mission Blvd.,
FREMONT
3:50 – 4:20 Mission Gateway
Apts., 33155 Mission Blvd.,
UNION CITY
4:50 – 5:30 Mariner Park, Re-
gents Blvd. & Dorando Dr.,
UNION CITY
5:40 – 6:20 Sea Breeze Park,
Dyer St. & Carmel Way,
UNION CITY

Wednesday, Sept 21
2:00 – 4:00 Warm Springs Com-
munity Center, 47300 Fernald
St., FREMONT
4:15 – 4:50 Lone Tree Creek
Park, Starlite Way & Turquoise
St., FREMONT
6:00 – 6:30 Camellia Dr. &
Camellia Ct., FREMONT

Milpitas Bookmobile stops
Renew books by phone
(800) 471-0991
For more information
(408) 293-2326 x3060

Monday, September 26
11:45 – 1:00 SanDisk
Corporation, 951 Sandisk Dr.,
MILPITAS
1:30 – 2:00 Friendly Village Park,
120 Dixon Landing Rd.,
MILPITAS

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I am for the child

SUBMITTED BY ALAMEDA COUNTY CASA

Please join Alameda County CASA (Court Appointed Special Advocates) for our 5th annual “I am for the Child” fundraising event on Wednesday, September 28 at Wedgewood Banquet Center and Metropolitan Golf Links in Oakland. Master of ceremonies is Bill Somerville, founder of Philanthropic Ventures Foundation. The event also features a special performance by the Oakland Youth Chorus.
The CASA Program is a nationally based organization that provides one-on-one court advocacy to abused, neglected and abandoned children who are dependents of juvenile court. CASA volunteers help meet the emotional and physical safety needs of thousands of abused and neglected children. Volunteers advocate on behalf of the children's educational, mental health, medical/dental, and family/sibling visitation needs, and work to increase the likelihood that the children are placed in homes and with families in which they will thrive.
Tickets cost \$35 and include beverages, hors d'oeuvres, and an evening full of hope and inspiration. Please purchase your tickets by September 16 at www.casaofalamedacounty.org.

I am for the Child Fundraising Event
Wednesday, Sep 28
Wedgewood Banquet Center
Metropolitan Golf Links
10051 Doolittle Dr, Oakland
(510) 618-1961
ctrotter@acgov.org
www.casaofalamedacounty.org
\$35



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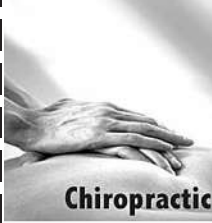
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**City of
Fremont**
Human Services Department



Concussion prevention tools

SUBMITTED BY MICHELLE STONE

Have you wondered what the silver box by the football bench are all about at Irvington, American, and Washington high school home games this season? Or what we are doing to stay ahead of the game in terms of concussion prevention, diagnosis and treatment?

You are invited to come meet a couple of our Washington Hospital team doctors (who can be spotted on the sideline during games) and see what's behind one of the new tools being used on the sideline for concussion care, EyeSync, and how it works. As of right now in our area, this tech tool is only owned and operated by Stanford University and now Washington Hospital, including the Washing-

ton Sports Medicine. Doctors will be showing our new tool and how it works on Tuesday, September 13 at Irvington High School's Valhalla Theater.

If you have questions or are curious about the newest concussion tools our athletes have access to, please join us. Read more about EyeSync at www.hpematter.com/sports-tech-issue/virtual-reality-the-future-of-concussion-detection-in-football.

Concussion Prevention Discussion
Tuesday, Sep 13
6:30 p.m.
Irvington High School Valhalla Theater
41800 Blacow Rd, Fremont
(510) 687-6386
www.fremont.k12.ca.us

Dons down Vikings



Football

SUBMITTED AND PHOTO BY MIKE HEIGHTCHEW

The Arroyo Dons (San Lorenzo) Varsity football team beat the Irvington Vikings (Fremont) 21-6 in a hard fought defensive battle on September 10th. The new offensive look and power of the Dons showed up right from the start of the game as they went into the locker room at half time with the hard fought 7 point lead. Their offensive power came into play again as they scored in the third and fourth quarters for the victory. But it was not an easy win as the Vikings defense made the Dons fight hard for every yard.

Women's Volleyball

Renegades Report

SUBMITTED BY JEREMY PENAFLOR

DVC Classic
September 9, 2016

Ohlone defeats Solano, 3-0 (25-20, 25-16, 25-21)
Freshman outside hitters Drew Pressler and Cassandra Hayashi led with 9 kills

Freshman setter Hannah Finnigan led with 25 assists and 9 aces
Diablo Valley defeats Ohlone, 3-2 (25-18, 21-25, 21- 25, 28-26, 15-7)
Freshman outside hitter Drew Pressler led with 18 kills
Freshman setter/outside hitter Hannah Finnigan led with 5 aces to with 10 assists and 12 kills
Freshman setter Cassandra Carino led with 38 assists
Sophomore libero Ashley Estrada led with 12 digs

Football

JV Dons subdue Vikings

SUBMITTED AND PHOTO BY MIKE HEIGHTCHEW

The Arroyo Dons (San Lorenzo) Junior Varsity (JV) football team beat the JV Irvington Vikings (Fremont) 33-12 in an exciting game on September 10th as players on both sides learned the intricacies of football from their coaches and on-field experience.



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Football

Fremont Football season gets underway
SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The 2016 Fremont Football Season is underway as the first day of the season, September 10th, was filled with great offensive and defensive plays. All of the opening games went right down to the wire indicating that this year will be exciting.



**Annual Mathnasium
TriMathlon contest returns**

SUBMITTED BY ERIC PAN

Tri-city students are getting ready to test their math skills while raising funds for local schools. Mathnasium’s Annual TriMathlon is a free, community event designed to encourage kids in grades 2 to 5 to engage in math while giving back to schools. Mathnasium will donate money to local schools on behalf of TriMathlon participants, targeting an aggregate donation of about \$40,000 throughout the U.S.!

The TriMathlon consists of three events:

- Magic Squares - Students are awarded points for developing their own math problems.
- The Counting Game - Tests students’ ability to count from any number, to any number, by any number.
- Mental Math Workout - Asks students to solve problems without a pencil and paper in order to showcase their number sense.

The competition, open to students in grades two through five, will be held on Saturday, November 5, beginning at 8:30 a.m., at the Fremont Mathnasium Learning Center. Winners at each grade level will compete against other local winners from across the country for the National Grand Prize the following weekend. Participation is free and open to all students—kids do not need to be enrolled in a Mathnasium center to join the fun. All contestants will receive goody bags for their effort and participation, while winners will be recognized with medals for their accomplishments.

To register or for more information on the Mathnasium TriMathlon for students in the Fremont area, please visit www.mathnasiumtrimathlon.com, or contact Eric Pan, owner of the Fremont Mathnasium center, at (510) 509-6284 or fremont@mathnasium.com

Annual Mathnasium TriMathlon
Saturday, Nov 5
8:30 a.m. – 5:00 p.m.
(Each grade may start/end at different times)
Fremont Mathnasium Learning Center
3185 Stevenson Blvd, Fremont
(510) 509-6284
Register: www.mathnasiumtrimathlon.com
fremont@mathnasium.com
Free

**The Salvation Army’s
Open House offers
discount
Warriors tickets**

SUBMITTED BY SIMON WONG

Lieutenants Sharon and David Kim and The Salvation Army Tri-Cities Corps’ Advisory Council will host an open house at The Salvation Army’s new community center in Newark on Wednesday, September 14. Food and beverages will be served.

There will be tours of the 11,000 sq. ft. facility, which will include well-equipped classrooms, a computer lab, offices for counseling and needs assessments, conference room and a commercial kitchen. The multi-purpose hall will be a venue for social and cultural gatherings. More importantly, the new building will enable us to expand our range of social services for neighbors in need and serve Fremont, Newark and Union City for many years to come. The open house is an ideal opportunity to learn about our future plans and new volunteer positions.

Additionally, tickets, which have a face value of \$300, are available at \$200 each for the November 9 Golden State Warriors vs. Dallas Mavericks game at Oracle Arena in Oakland. These tickets for Salvation Army Night must be purchased through The Salvation Army.

Our new facility includes a brick walkway, and order forms for memorial bricks will be available to interested parties at the open house. Please RSVP at TSATriCity.eventbrite.com or contact Lt. David Kim at (510) 793-6319 or David.JS.Kim@usw.salvationarmy.org. For more details about this project, visit Re-buildTriCities.org.

**Salvation Army Tri-Cities Corps’
Open House**
Wednesday, September 14
5 p.m. - 7 p.m.
The Salvation Army T
ri-Cities Corps
36700 Newark Blvd, Newark
(510) 793-6319
David.JS.Kim@usw.salvationarmy.org
TSATriCity.eventbrite.com

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Milpitas City Council Meeting

September 6, 2016

Public Hearings

- Conduct a public hearing and adopt a resolution making certain determinations and authorizing submittal of a levy to the qualified electors of Lennar Homes territory which shall be annexed to community facilities district 2008-1 for public services.

- Conduct a public hearing and adopt a resolution making certain determinations and authorizing submittal of a levy to the qualified electors of territory known as the Edge, which shall be annexed to community facilities district 2008-1 for public services.

Unfinished Business

- Discuss a proposal to fund the increase of Milpitas Library Hours with a fiscal impact of \$470,052.

New Business

- Consider request to form a citizens’ task force on water rates.
- Discuss the access to the New Milpitas Sports Center Artificial Turf Field.
- Approve fiscal year 2015-16 year end budget adjustments.
- Approve final map tract for a residential development at 1401 Milpitas Boulevard.

- Approve final map tract for an apartment and commercial/office development at 765 Montague Expressway.

- Re-convey six permanent easements to the Santa Clara Valley Water District for protection facilities and authorize City Manager to execute associated easement deeds.

Resolutions

- Award contract to Preston Pipelines, Inc. for the Wrigley-Ford Creek erosion repair project in the amount of \$66,600.

Agreements & Bid

- Approve amendment to the consultant agreement with HF&H Consultants for solid waste procurement services in the amount of \$138,160 and approve a budget appropriation in the amount of \$200,000 to CIP.

- Approve and authorize the City Manager to execute the joint use agreement and the Upper Berryessa Creek Flood Control Risk Master Agreement between the city and Santa Clara Valley Water District for the removal, construction and modification of city improvements.

Mayor José Esteves:	Aye
Vice Mayor Carmen Montano	Aye
Debbie Indihar Giordano	Aye
Garry Barbadillo	Aye
Marsha Grilli	Aye

State of Children’s Health

SUBMITTED BY
SUPERVISOR DAVE
CORTESE, SANTA
CLARA COUNTY

The health of our children plays a vital role in their development and in our future. Today’s children are tomorrow’s community leaders, elected officials and workforce in Santa Clara County.

In January 2015, I called for a new assessment of the health of children so we can determine their needs and make sure we are meeting them. The Santa Clara County Public Health Department conducted a study over the past year to learn about children’s health needs and identify some priorities. But there is more to do, and we need your help.

Please join me and Supervisor Cindy Chavez on Wednesday, September 14, in San Jose, for a Call to Action on improving the health of our children.

Volume 1, the State of Children’s Health was released early this year, and is a compilation of exist-

ing data focused on key areas, including racial and ethnic health disparities. The second volume will be based on the Public Health Department’s study and your input, and will serve as another valuable tool for policy makers, foundations, non-profits, researchers, elected officials and government agencies to respond to the health and social inequities facing our most vulnerable residents.

For more information on the study and to register for the meeting, visit ChildHealthSCC.org and click on the registration button. If you have questions, call the Public Health Department at (408) 792-5040 or my office at (408) 299-5030.

State of Children’s Health
Wednesday, Sept 14
5:30 p.m. – 7:30 p.m.
Social Services Agency,
Auditorium
333 West Julian St, San Jose
(408) 792-5040 /
(408) 299-5030

Register: ChildHealthSCC.org

Critically endangered wildflower discovered at Black Diamond Mines

SUBMITTED BY
CAROLYN JONES

Thanks in part to a team of renowned botanists contracted by the East Bay Regional Park District (EBRPD) to survey wildland vegetation in Eastern Contra Costa County, the endangered wildflower Mount Diablo Buckwheat was identified as thriving at Black Diamond Mines Regional Preserve in Antioch, California.

Botanist Heath Bartosh working on behalf of EBRPD came across his discovery in May 2016, along with colleague Brian Peterson of Nomad Ecology. A collaborative called the Mount Diablo Buckwheat Working Group has been actively searching for the rare plant since it was first discovered Mount Diablo State Park in 2005. The Buckwheat working group is made up of members representing California Department of Fish and Wildlife, California Native Plant Society California State Parks, East Bay Regional Park District, Save

Mount Diablo, UC Botanical Garden at Berkeley, the U.C. Berkeley Jepson Herbarium and U.S. Fish & Wildlife Service.

When the beautiful Mount Diablo buckwheat was rediscovered in 2005 at Mount Diablo State Park by U.C Berkeley graduate student Michael Park—after being thought extinct for 69 years—there were only 20 of the wildflowers at a single spot in the entire world. Locating the plant has been “the holy grail” for East Bay botanists and news of the rediscovery spread quickly.

After the 2005 rediscovery at Mount Diablo seeds were collected and camera traps installed to monitor the wild population. Beginning in 2006, plants were propagated at UC Botanical Garden at Berkeley. Seeds are stored in multiple seed banks. Efforts made to increase the population at Mt. Diablo have been challenging, but were successful in increasing numbers even during repeated years of drought. The discovery site was kept secret to



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TAKES FROM SILICON VALLEY EAST

Manufacturing Day 2016

BY JENNIFER CHEN,
ECONOMIC DEVELOPMENT
COORDINATOR

School bells are ringing, kids are running down hallways, and the air is slowly changing from a dry summer heat to a crisp fall chill. It is back-to-school season, which means that Manufacturing Day is right around the corner. This year, Manufacturing Day will be held nationally on Friday, October 7.

Manufacturing Day celebrates modern manufacturing and inspires the next generation of manufacturers. The City of Fremont has been working with companies to open their doors and welcome students, teachers, job seekers, and the community-at-large to tour their manufacturing facilities on this occasion. You can find a list of local open houses at www.mfgday.com.

In anticipation of Manufacturing Day, we are sharing the U.S. Commerce Department’s National Institute of Standards and Technology’s (NIST) infographic, “What Manufacturing Really Looks Like.” This infographic touts the economic benefits that manufacturing generates for the country.

-Manufacturing supports 18.5 million U.S. jobs

-\$1 spent creates \$1.40 for the U.S. economy

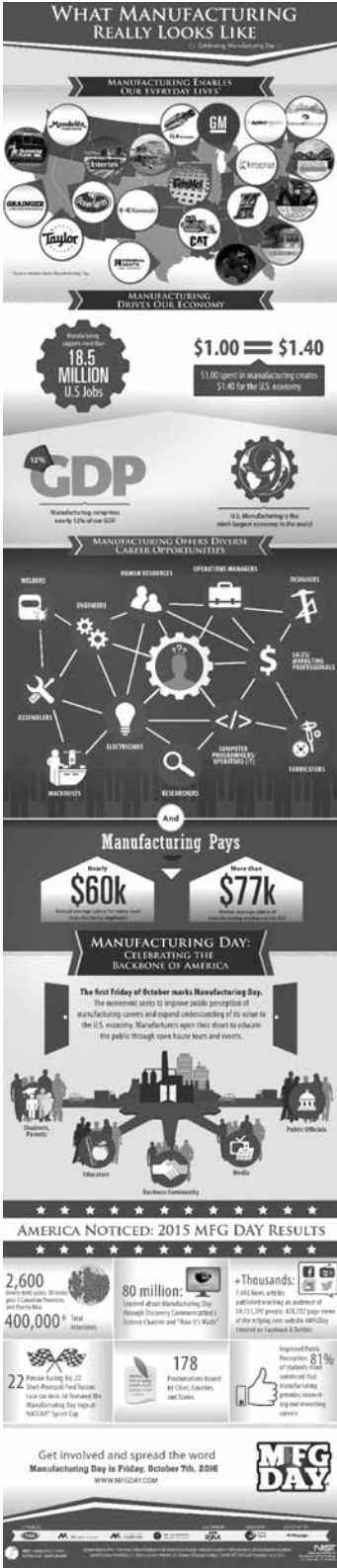
-Diverse career opportunities ranging from welders and assemblers to computer programmers and designers

-Salaries are \$60k for entry-level engineers and \$77k for average manufacturing workers

Want an idea of what to expect? Check out our previous Manufacturing Day posts:

Celebrating National Manufacturing Day - <http://www.thinksiliconvalley.com/silicon-valley-east/celebrating-national-manufacturing-day/>

Third Annual Manufacturing Day in Fremont and the Best Year Yet! - <http://www.thinksiliconvalley.com/silicon-valley-east/third-annual-manufacturing-day-in-fremont-and-the-best-year-yet/>



east/third-annual-manufacturing-day-fremont-and-best-year-yet/

Highlighting the Importance of Manufacturing in Fremont -

<http://www.thinksiliconvalley.com/silicon-valley-east/highlighting-importance-manufacturing-fremont/>

protect the species.

Habitat was mapped and explored over the next ten years but no additional populations of the plant were found. There was just one location for the critically endangered plant, on the brink of extinction, with just 100-200 plants. Until now.

In May, Heath Bartosh and Brian Peterson of Nomad Ecology were conducting botanical surveys on East Bay Regional Park District’s Black Diamond Mines Regional Preserve and found a second population of the Mount Diablo buckwheat. Unlike the sparse population of 100-200 plants at Mount Diablo, the new discovery site was estimated to include approximately 1.8 million plants – but in just two patches totaling approximately a half acre.

“I’m so thrilled to share this news, it’s the find of a career,” said botanist Heath Bartosh of Nomad Ecology. “Brian Peterson and I found a new population of Mount Diablo buckwheat while conducting rare plant surveys for East Bay Regional Park District. We were struck by the number of plants at this location and habi-

tat... These annual buckwheats have extremely small but resilient seeds; we have much to learn from them.”

Expanding the wild population at the Mount Diablo site has been difficult. At one experimental reintroduction site on Mount Diablo the Working Group in January 2015 sowed 80,000 seeds propagated at the UC Botanical Garden at Berkeley. But experimental plantings never yielded more than 100-200 small plants. The new site at Black Diamond Mines refocuses our understanding to a forgotten kind of habitat.

Before the 2005 rediscovery, little had been known about the Mount Diablo buckwheat, *Eriogonum truncatum*, an annual herb, 3-24” in height with white to rose colored flowers, usually from mid-April to May. It was historically found in Chaparral, Valley Grassland, and Northern Coastal Scrub habitats, in sandy soil and grassland slopes. It is thought that competition by introduced non-native plants is responsible for its rarity. In recent years its historic habitat has been threatened by development pressure.

OPINION



WILLIAM MARSHAK

Although some municipalities and districts appear satisfied with existing representatives and there are no challenges to incumbents, decisions between candidates for office will be featured on many of our ballots. This is a healthy trend; through debate and discussion, issues of importance will surface and the electorate, often preoccupied with daily life, can take notice and either endorse current representatives or install new ones. The current direction of schools, municipalities and special districts will be tested as incumbents are asked to defend their voting records and policies. A list of your fellow citizens asking for votes for office

An interesting election cycle

is included in this issue of Tri-City Voice. In a following issue scheduled for October, each candidate will have the opportunity to submit a brief statement.

A series of forums are scheduled beginning this week in Fremont with more to come. The League of Women Voters has been a reliable and active organization during elections and this year is no different. Other organizations are also expected to arrange discussions during the campaign season so there should be plenty of opportunities to listen to candidates for office. Tri-City Voice will try to list these candidate forums but stay tuned in your area for announcements by local groups as well. The time and energy taken by each candidate is substantial and deserves your attention.

Important issues face our leaders in the coming months and years. The Bay Area, including our Greater Tri-City area, has been impacted by massive traffic congestion, sky high rents and home prices as well as extensive construction activity. While some of this is beyond the control of local politicians, there are measures that can mediate the impact. How have your representatives dealt with these issues? Can housing be modified to include families and individ-

uals with incomes of less than \$100,000? Will home purchases be limited to those already in homes that have benefitted from inflationary pressure, those with exorbitant incomes or foreign investment? When a “starter” home (condominium) is listed at over \$600,000, who can buy it?

Although these are significant problems, they are immediate, real and impact the standard of living for all of us. Our elected leadership has the responsibility to face them and work with administrative personnel to find practical solutions.

William Marshak
PUBLISHER

West Nile Virus positive mosquitoes detected in Milpitas

SUBMITTED BY RUSS PARMAN AND NOOR TIETZE

The Santa Clara County Vector Control District (SCCvcd) has confirmed that adult mosquitoes collected from the 95035 ZIP code area of the city of Milpitas have tested positive for West Nile virus (WNV). The detection of mosquitoes infected with WNV has prompted the scheduling of a mosquito re-fogging in the southern portion of the treated area (in brown in the map below) and a new fogging treatment in the northern portion (in blue) in an effort to prevent human cases of WNV. Weather permitting, the ground fogging operations are scheduled for 11 p.m. on Wednesday, September 14, and will conclude a few hours later.

On Wednesday and Thursday, September 14 and 15, vector control staff will answer questions via a dedicated phone line/voice-

mail (800-314-2427) from 8 a.m. to 4 p.m. Questions can also be submitted by email to vectorinfo@deh.sccgov.org. Map at: <http://arcg.is/2cdDSgc>

“Continued discovery of West Nile Virus-infected mosquitoes in this area indicates that risk of human infection may be elevated there,” said Santa Clara County Vector Control District’s Assistant Manager, Russ Parman. “However, all residents of the county should take precautions against mosquito bites.”

During the fogging operation, there is no need to relocate. However, those who wish to minimize exposure for family or pets may wish to close windows and remain inside during the fogging period which is typically three hours in duration. Individuals who have chemical sensitivities may want to consult their physicians.

Since the arrival of WNV to California in 2003, 5,711 people across the State have con-

tracted the disease; 231 of those cases were fatal. 2015 was a record year for fatalities in the state with 53 deaths.

WNV infection does not cause symptoms in most people, but in some individuals it can cause fever, headache, body aches, and in severe cases, significant neurological damage or death. Adults older than 50 years and individuals with certain chronic medical conditions such as diabetes, high blood pressure, cancer, and kidney disease are most at risk for serious complications.

Residents can play a strategic role in preventing the spread of West Nile Virus. It is important to remain vigilant by taking practical steps to eliminate standing water around the home.

For free assistance with mosquito control, WNV, or other vectors, residents can contact the District office by calling (408) 918-4770 or fill out a service request online at SCCvector.org

Alameda County Teacher of the Year Awards

SUBMITTED BY ALAMEDA COUNTY OFFICE OF EDUCATION

Join us on Thursday, October 6, as we celebrate this year’s district and ROP (Regional Occupation Program) Teachers of the Year and honor over 10,000 educators across the county that work tirelessly to inspire the leaders of tomorrow.

Bring your colleagues, friends and family

to commemorate 27 years of honoring teachers throughout Alameda County.

Tickets are \$20 for adults and \$5 for children and students. To order tickets, visit: Eventbrite.com and type in Alameda County Teacher of the Year Awards. For more information, contact Autumn King at (510) 670-7754 or autumnk@acoe.org

Thank you for supporting our educators. We look forward to seeing you on October 6!

Alameda County Teacher of the Year Awards

Thursday, Oct 6
6 p.m. – 9 p.m.
Castro Valley Center for the Arts
19501 Redwood Rd, Castro Valley
(510) 670-7754

Tickets: Eventbrite.com
autumnk@acoe.org
www.acoe.org

\$20 adults/ \$5 children & students

ADJUDICATION:

What’s Happening’s Tri-City Voice is a “newspaper of general circulation” as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE™

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Thanks to your donations and purchases, the American Cancer Society's Discovery Shop raises money and awareness to finish the fight against cancer.

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Obituaries



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www.fremontmemorialchapel.com

Michele “Shelley” Bazzel
RESIDENT OF UNION CITY

October 4, 1950 – August 8, 2016

Lorianne Walker
RESIDENT OF FREMONT

September 29, 1961 - August 22, 2016

Howard C. Spann
RESIDENT OF FREMONT

May 25, 1951 – August 24, 2016

Maura Rosales-Salazar
RESIDENT OF FREMONT

August 23, 1933 – September 4, 2016

Steven J. Friedman
RESIDENT OF FREMONT

September 7, 1969 – September 6, 2016

Anna Marie “Nita” Cambra
FORMERLY OF NEWARK

June 16, 1921 – September 7, 2016

Maria C. Aiello
RESIDENT OF FREMONT

September 4, 1920 – September 9, 2016

Alice A. Snow
RESIDENT OF FREMONT

November 27, 1936 – September 9, 2016

Yongrui Wang
RESIDENT OF UNION CITY

January 25, 1921 – September 10, 2016



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Charles C. Bryden
RESIDENT OF UNION CITY

September 30, 1941 – September 7, 2016

LaVerne Rodriques
RESIDENT OF NEWARK

June 12, 1932 – September 2, 2016

Anthony “Tony” Bruno
RESIDENT OF FREMONT

October 8, 1933 – September 4, 2016

Joginder K. Dhaliwal
RESIDENT OF DUBLIN

January 17, 1927 – September 7, 2016

Anthony “Tony” E. Madieros Jr
RESIDENT OF FREMONT

June 9, 1946 – September 6, 2016

Shirley A. Strong
RESIDENT OF FREMONT

June 30, 1929 – August 29, 2016

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Obituary

Barbara Jean (Mygrant) Yeske

May 5, 1941 – September 7, 2016

Barbara Yeske passed peacefully into eternal rest on Wednesday, September 7, 2016. Barbara worked at Xicor in Milpitas before retiring.

She is preceded in death by her husband Lloyd Yeske and stepdaughter Roxanne Baker. She is survived by four sons, Edward Kennedy, Thomas Kennedy, Dwayne Yeske and Dale Yeske, daughter Rebecca Carr, 7 grandchildren and 5 great grandchildren.

There will be no services.



City of Fremont News Briefs

SUBMITTED BY
CHERYL GOLDEN

Movies under the Stars: Star Wars:

The Force Awakens.

Join the City of Fremont Recreation Services for a free Friday Night movie on September 23 in Downtown Fremont. Star Wars: The Force Awakens is rated PG-13 and will start in the evening after sunset. Enjoy this outdoor movie on the big screen for a fun night out with delicious gourmet food trucks as part of Fremont Street Eats, which is hosted by the Fremont Chamber of Commerce in partnership with Food Truck Mafia. This Friday Night movie will take place on Capitol Avenue between State Street and Fremont Boulevard. For more information, visit www.Fremont.gov/MovieNight.

Help us Plan for the Future of Biking in Fremont!

The City of Fremont wants to hear your thoughts on creating a bikeable Fremont! The City is preparing an update to the 2012 Fremont Bicycle Master Plan, which establishes the vision for a bikeable Fremont and serves as an implementation guide for the City. The Plan will analyze existing conditions for biking, recommend bicycle improvements, prioritize projects, and plan for funding and implementation. The updated Plan will focus on making Fremont a safe, comfortable, convenient, and pleasant place to ride and help the City achieve the goals set out its General Plan.

Please join us at 7 p.m. on September 21 in the Niles Room of the Development Center located at 39550 Liberty St. for the Fremont Bicycle, Pedestrian Technical Advisory Committee meeting. Participants will learn

about and review the draft bicycle network and the near-term project recommendations. The City will provide a presentation on the recommendations, and participants will have the opportunity to provide input and comments on the draft proposed near-term bicycle network.

Fatherhood Class coming to Fremont Family Resource Center

The second Fatherhood Class from Healthy Relationships California and the Fremont Family Resource Center (FRC) will occur on Thursday nights from 6:30 p.m. - 8:30 p.m. beginning September 29th. Due to a federal grant, the class and workbooks are free to class participants.

The Fatherhood Class, aka R3 Academy, teaches life-long skills to help improve the three most important relationships in a man's life – the relationship with his kids, his co-parent and his work colleagues. The 40-hour class teaches relationship and parenting skills, conflict management, problem-solving skills, job search and money management skills.

The first Fatherhood class wraps up later this month. One father says, “I’ve learned so much. It has made me a much better listener with greater respect and better communication with my kids. It has helped me solve some of the conflicts that most families have nowadays.” Another dad remarks, “I truly enjoy the R3 Academy Fatherhood Class. I most enjoy learning the parenting skills and highly recommend this class to other dads.”

The R3 Academy is open to fathers of all ages who meet the criteria of being a parent, an expectant parent or serving as a father figure to a child or youth aged 24 years or younger. Space is limited and applicants must apply online at www.relationship-sca.org/r3academy.

Interested fathers should attend one of the Info Sessions to learn more about the program on September 13 or September 20 at 6:30 p.m. The FRC is located at 39155 Liberty St. between Capitol Avenue and Walnut Avenue. There is currently road work on Capitol Avenue so drivers may want to approach from Walnut Avenue.

Fremont Family Resource Center Hosts Voter Education and Registration Events

In preparation for the upcoming November general election, the Fremont Family Resource Center (FRC) will host two voter education events along with many opportunities to register to vote. On Tuesday, September 27, National Voter Registration Day, the FRC will host their first educational event from 12 p.m. - 1 p.m. On this day, attendees will learn how to use touch-screen accessible voting machines, register to vote, update their voter information, and sign up to be paid poll workers if they choose. The event is open to all ages, and seniors and those with a disability are especially encouraged to attend.

Dolores Tejada, Community Organizer at Community Resources for Independent Living (CRIL) and one of our event co-sponsors, says “As an agency that serves people with disabilities and seniors with functional limitations, we are working hard to ensure that our community is prepared to vote through our #VoteDisability campaign, and that includes teaching people that using an accessible voting machine is an option they have a right to use.”

The second voter event is on Tuesday, October 4th from 12 p.m. – 1 p.m. The League of Women Voters will present an overview of ballot items in easy-to-understand language along with

the pros and cons of the propositions. In past years, attendees found this session especially helpful in understanding the issues.

On both September 27 and October 4 from 10 a.m. – 3 p.m., tables will be set up in front of the FRC so that residents can register to vote in time for the November 8th election. Voter registration forms will be available in many languages, and multi-lingual staff and volunteers will be available to help people complete the form. Residents can also pick up voter registration forms from the FRC lobby Monday-Friday, 8 a.m. – 5 p.m. Completed forms must be mailed to the Registrar of Voters with a postmark date of October 24.

The FRC is located in Downtown Fremont at 39155 Liberty St. between Capitol Avenue and Walnut Avenue. Both educational events will be held in the Pacific Room, #H800. There is currently road work on Capitol Avenue so drivers may want to approach from Walnut Avenue.

The FRC is seeking volunteers to help staff the voter registration tables and will provide all information needed.

To volunteer for one-hour shifts or longer, please call the FRC at 510-574-2000. Co-sponsors of these events include the FRC division of the City of Fremont Human Services Department,

CRIL, Registrar of Voters, League of Women Voters with support by the Alameda County Public Health Department.

Fremont Family Resource Center to Host Citizenship Event

The Fremont Family Resource Center (FRC), in partnership with the International Institute of the Bay Area (IIBA) and the East Bay Naturalization Collaborative, will hold their eighth naturalization event on Saturday, September 17 from 10 a.m. – 2 p.m. at the FRC.

This bi-annual application assistance event is free of charge and will provide: legal screening for eligibility for naturalization with attorney consultation if necessary, application assistance, and a final review by immigration attorneys and/or BIA-accredited (Board of Immigration Appeals) representatives. Attendees can also receive help with the application for the waiver of the USCIS (United States Citizenship and Immigration Services) filing fee if a person qualifies.

Advance registration is required for this event and can be accomplished online at www.ebnatz.org or by calling 510-952-7933 for English or Spanish; 510-251-2846 for Chinese, Tagalog or Vietnamese; 510-547-2662 for Korean; or 510-894-3639 for Farsi. Screeners can help answer pre-event questions. Attendees should arrive with the required documentation.

Detailed flyers in multiple languages are available online at www.ebnatz.org in English, Spanish, Chinese, Tagalog, Vietnamese, Korean and Farsi. Each flyer contains a list of documents to bring to the event and on the reverse side is a questionnaire that must be completed. Participants must also bring a \$680 application fee (if 75 years or older, the fee is \$595). Fees can be paid by check or money order, payable to “Department of Homeland Security.”

The Fremont Citizenship Event will be held at the FRC located in Downtown Fremont at 39155 Liberty St. between Capitol Avenue and Walnut Avenue. There is currently road work on Capitol Avenue so drivers may want to approach from Walnut Avenue. The FRC is also conveniently located near BART.

Newark City Council

- September 8, 2016
- Presentations and Proclamations:

 - Proclaim September 15-18, 2016, as Newark Days in celebration of Newark's 61st birthday.
- Written Communications:

 - Optional review of an addition and facade change to a single-family residence at 35669 Lundy Drive. No review.
- Public Hearings:

 - Consider a planned unit develop-

- ment, a conditional use permit, and a Tentative Tract Map 8340 to construct a 14-unit condominium project (Merida Place) at 36731 Sycamore Street.
 - Consider a conditional use permit and a planned unit development for property located at 6826 and 6844 Mayhews Landing Road, to facilitate subdivision of approximately 1.41 acres of land.
- Consent:

 - Report on administrative actions during August recess.
 - Approve amendment to the Conflict of Interest Code for nonelected officials and designated employees.
 - Declare October 1, 2016 as Bay Day.

- Authorize the purchase of two (2) new 2017 Ford SUV Utility Interceptors as replacement patrol vehicles for the Police Department.
- Non-Consent:

 - Adopt a Resolution establishing a policy that revenues generated by Measure GG shall be directed towards replacement of the Police Operations/Emergency Operations Center, the Library, and the Administration Building.
- City Council Matters:

 - Condolences to the family of former city employee, Jim Davis.
 - Best wishes for new Newark Superintendent of Schools, Patrick Sanchez.

- Oral Communications:

 - Members of Falun Gong expressed concern about organ harvesting in China.
 - Question about General Fund.
 - Question about Newark Park Master Plan.
- | | |
|-------------------------|-----|
| Mayor Alan Nagy | Aye |
| Vice Mayor Luis Freitas | Aye |
| Sucy Collazo | Aye |
| Michael Hannon | Aye |
| Mike Bucci | Aye |



Proclaim September 15-18, 2016, as Newark Days in celebration of Newark's 61st birthday.

Public engagement sought on Hazard Mitigation Plan

SUBMITTED BY
LAUREN SUGAYAN

The Cities of Union City and Newark, in addition to several partnering special districts, are working together on a Multi-jurisdiction Hazard Mitigation Plan (HMP) and are seeking public engagement at two upcoming events where Union City and Newark residents can learn about the plan, the process, and obtain a customized property risk assessment on hazards such as earthquake and flood.

Please stop by our Hazard Mitigation Booths at these upcoming community events:

61st Annual Newark Days
Sunday, Sept 18
12 p.m. to 4 p.m.
Community Information Faire
– Newark Community

Center Park
35501 Cedar Blvd, Newark

Alvarado Historic District Arts and Wine Festival
Saturday, Oct 8
11 a.m. – 6 p.m.
3871 Smith St, Union City

Residents, local officials, industry representatives, educators and others are encouraged to attend. Communities are federally mandated by the Disaster Mitigation Act of 2000 to create a detailed plan to prepare for and respond to local natural disasters in order to be eligible for certain pre- and post-disaster federal grant opportunities. The community event booths are opportunities for the public to learn about the planning process and ask questions of staff about hazards like earthquakes

and floods. Attendees can also take home personal preparedness materials, including a customized property risk assessment. This planning process for encouraging sustainable and resilient communities is being managed by Union City and Newark with support from a technical consultant. Along with the upcoming events, the public engagement process includes posting information at www.uc-newark-hmp.com and asking residents to complete a survey about their concerns and the impact of natural disasters on them and their loved ones. The survey remains open at <http://www.surveymonkey.com/r/ucnewarkhazards> For more information, please email: steeringcommittee@uc-newark-hmp.com

Mussel inspections to begin soon at Shadow Cliffs

SUBMITTED BY
CAROLYN JONES

Beginning October 1, the East Bay Regional Park District's invasive mussel inspection program will expand to Shadow Cliffs Regional Park in Pleasanton. All boats, canoes, kayaks, inflatable crafts, paddle boards and float tubes must be inspected for quagga mussels before they're allowed to enter the water.

The background part of the inspection reviews the vessel history to ensure it was not operated in an infested waterbody. The visual inspection reviews parts of the watercraft including the motor, deck, hull, ropes, bait wells, lines, floats, fishing equipment, trailer and life jackets. Any watercraft that fails the inspection will not be permitted to launch. Inspection fees are non-refundable. The cost is \$7 for motorized vessels and upon passing inspection boats have the option of being banded to waive the inspection fee for the next visit. Car-top and inflatable vessels have a \$3 inspection fee which is good for 30 days, although the vessel must be inspected every visit. Quagga mussels are freshwater mussels native to Eurasia that were discovered in the Great

Lakes in 1989, and have spread to other lakes and water bodies in the U.S. Quagga and zebra mussels can disrupt natural ecosystems by filtering out large amounts of plants and microscopic animals that are the building blocks for food chains. These mussels are a major threat to the economy by clogging water system piping and intake structures, and contributing to the decline of fishery populations. The California Department of Fish and Wildlife is the lead agency charged with preventing the spread of quagga mussels in California, and is funding this program. More information is available at: <https://www.wildlife.ca.gov/Conservation/Invasives/Quagga-Mussels> <https://nrm.dfg.ca.gov/FileHandler.ashx?DocumentID=3879&inline> <http://www.protectyourwaters.net/prevention/> The East Bay Regional Park District also enforces mussel inspections at Contra Loma, Del Valle, Lake Chabot and Quarry Lakes. More information is available here: <http://www.ebparks.org/activities/boatingsailing/invasivemussels>

Community Office Hours

SUBMITTED BY OFFICE OF KANSEN CHU,
ASSEMBLYMEMBER, 25TH DISTRICT

The public is invited to attend Community Office Hours, with Assemblymember Kansen Chu, on Thursday, September 15 in Santa Clara. This is a great opportunity to discuss legislative and community concerns and to learn about legislation regarding public safety and Daylight Savings Time. Your thoughts are welcome and appreciated! There are a limited number of appointments

available, so please reserve your timeslot by calling the District Office at (408) 262-2501 or visit the website: asmdc.org/chu

Community Office Hours – Kansen Chu, Assemblymember
Thursday, Sept 15
5 p.m. – 8 p.m.
Central Park Library, Sycamore Room
2635 Homestead Rd, Santa Clara
RSVP: (408) 262-2501
asmdc.org/chu

Newark Library adds service on Sundays

SUBMITTED BY ALICIA REYES

Responding to the community's request for increased library service, the Newark Library is pleased to announce new hours of service on Sundays. Beginning on September 11, the Library will be open on Sundays from 1 p.m. to 5 p.m. Funding provided by the City of Newark enables the Library to add hours of service on Sundays. Carmen Martinez, Interim County Librarian said, "The residents of Newark are fortunate to have a City Council that is committed to library service. Sunday service opens up so many opportunities for Newark's community." "Adding library service on Sundays accommodates working parents and their children, working adults, and other patrons who cannot visit the Library during weekdays," said Adina Aguirre, Branch Manager. The Newark Library, a branch of the Alameda County Library system, circulated

nearly 365,000 materials last year and more than 25,000 people participated in its programs. The Library will be exploring new programs to offer during added hours of service on Sundays. The Library invites the public to attend its celebration and plan a visit to explore its programs and services.

Regular Library Hours:

Sunday: 1 p.m. - 5 p.m.

(Beginning on September 11)

Monday: 12 p.m. - 8 p.m.

Tuesday: 12 p.m. - 8 p.m.

Wednesday: 10 a.m. – 6 p.m.

Thursday: 10 a.m. – 6 p.m.

Friday: Closed

Saturday: 10 a.m. - 5 p.m.

Newark Library

6300 Civic Terrace Ave, Newark

(510) 795-2627 / (510) 745-1544

GradNation Community Summit

SUBMITTED BY
NEW HAVEN UNIFIED
SCHOOL DISTRICT

New Haven Unified School District (NHUSD) community members, students, families, staff, city officials, and business owners are invited to participate in an event that could change the future for many of our New Haven youth. Come be a part of the change on Saturday, September 24 at Conley-Caraballo High School. Building on the success of the Dropout Prevention Summit Initiative, America's Promise Alliance launched GradNation Community Summit series. The goal is to host 100 summits across the country through 2016. These summits accelerate a powerful and locally driven national movement to meet the GradNation Campaign goal of a 90 percent high school graduation rate by 2020. At the Union City Kids' Zone (UCKZ) summit, students and community members, guided by Stanford University's d-School,

will help us design creative, equitable solutions to ensure graduation success for all. RSVP at <http://bit.ly/2bQj0iG> as space will be limited. Come visit the UCKZ clothing and food pantry on Mondays from 2 p.m.-4:30 p.m. and Thursdays from 9 a.m.-12 p.m. The pantry is located at the UCKZ Office on the Barnard-White Middle School campus (725 Whipple Rd., Union City). We are currently in need of the following donations: canned food, shampoo/conditioner, body soap, laundry detergent, new socks (all ages), new undergarments (all ages), diapers, wipes, deodorant, toothbrushes, and toothpaste. For more information, call (510) 476-2770.

GradNation Community Summit

Saturday, Sep 24

8:30 a.m. – 5 p.m.

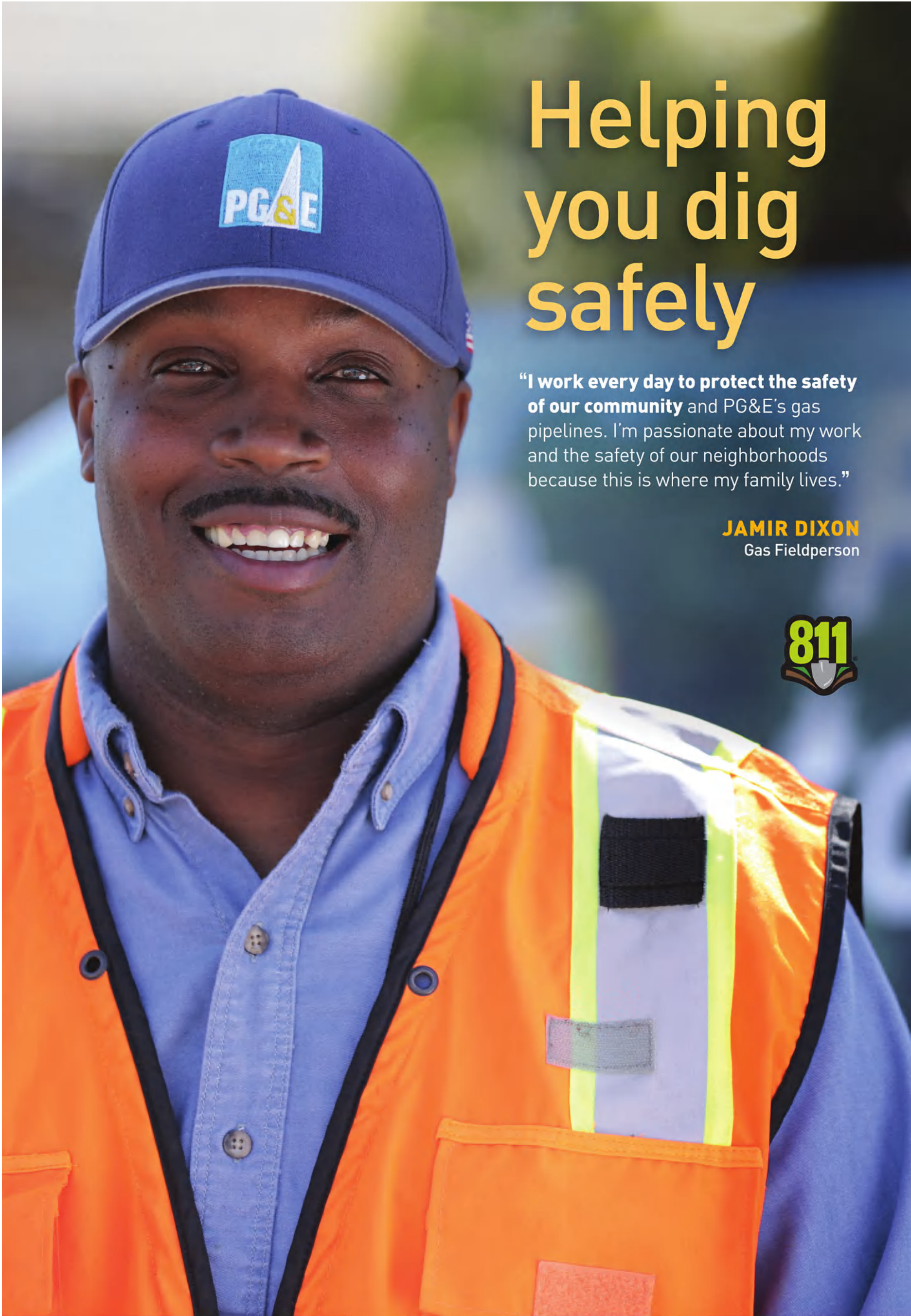
Conley-Caraballo High School

541 Blanche St, Hayward

(510) 476-2770

RSVP: <http://bit.ly/2bQj0iG>

www.unioncitykidszone.org



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Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present
Faculty, Santa Clara University School of Law 1987
Editor, University of Illinois Law Review
California Supreme Court Cases

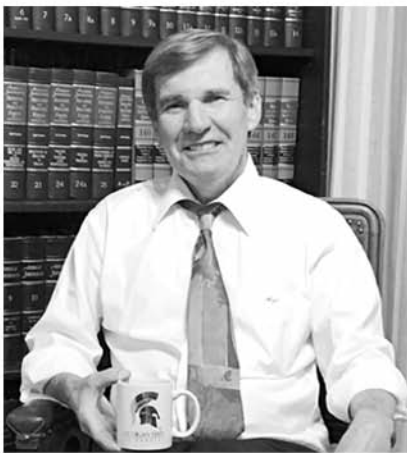
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Upcoming free CERT (Community Emergency Response Team) Program

SUBMITTED BY HAYWARD FD

The Hayward Fire Department (HFD) is providing a free CERT Training Program which will consist of four evening indoor classes and one outdoor "hands on" skills class. Participants learn skills that will enable them to provide emergency assistance to their families and immediate neighbors as well as organize a neighborhood team response. Training will begin in the month of October 2016 at City Hall.

You must attend all classes in order to receive certification. CERT training is for all City of Hayward and Fairview residents. Residential verification will be required during the final application process. You must be 18 years or older to sign up.

Residents who are interested in this free training can sign-up via email at: Hayward.CERT@hayward-ca.gov and then need to enter only their name, phone number and address in the email. You will receive notification back by email acknowledging your

enrollment into the program and further directions.

If you are without internet access or need more information, contact: the Public Education Officer at (510) 583-4948. Register today!

CERT Training Schedule:

Monday: Oct 3, Oct 10, Oct 17, Oct 24

6:00 p.m. - 9:30 p.m.

**Hayward City Hall
777 B St, Hayward**

Skills Class: Tuesday, Nov 1

6:00 p.m. - 9:30 p.m.

**Fire Station #6
1401 W. Winton, Hayward**

(510) 583-4948

**Email: Hayward.CERT@hayward-ca.gov
Free**

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Saturday, September 3

A reporting party called Fremont PD to report that he found a vehicle with the window smashed in the area of Weibel Drive and Stanford Avenue. Officers arrived and noticed that the glove compartment was open and items were laying on the floor and seat. As officers were talking to the reporting party, he pointed to a vehicle that he thought may be involved. The officers attempted to contact the driver of the vehicle, but when the driver saw the officers approaching him, he drove off. Officers tried to initiate a traffic stop, but the vehicle failed to yield. The officers lost site of the vehicle and an area search failed to locate the vehicle or the driver. The vehicle was a 1992 four-door black Acura Legend. San Jose PD followed up with the registered owner of the vehicle and learned it was an unreported stolen vehicle. Suspect: Hispanic male in his 30s with a mustache. Case was investigated by Ofc. Gourley.

A reporting party called to report that his daughter's ex-boyfriend was at the residence and causing a disturbance. The reporting party stated that the male had caused a similar disturbance earlier in the day. The reporting party advised that he had a shovel and was going to use it to protect himself. The suspect came out of the house and saw the officers. He went back to the house and started jumping fences. A perimeter was established and after approximately 10 minutes, the 26-year-old adult male was detained by officers. The male was arrested for burglary and transported to Fremont PD jail. Case was investigated by Ofc. Layfield.

A customer at 7-Eleven on Chapel Avenue called to report that a transient male came into the store and started taking items. When the employee tried to stop him, the suspect started choking and slapping the employee. Officers responded to the area and located a male that matched the description of the suspect. Ofc. Berrier and Field Training Officer (FTO) Taylor detained a 62-year-old adult male. He was positively identified by the victim and arrested for robbery. He was transported to Santa Rita Jail.

Ofc. Goepf was detailed to the area of Fremont Boulevard and Grimmer Boulevard to investigate an assault that had just occurred. The victim called and reported that a female transient hit her in the head with a broken bottle. No injury was sustained. Ofc. Goepf also learned that the suspect had brandished a hammer at the victim. The suspect was located in the area and arrested for the crimes and transported to Santa Rita Jail for booking.

Ofc. Hernandez responded to a commercial burglary at a car dealership on Peralta Boulevard around 11:30 p.m. A vehicle was stolen along with all of the keys in the inventory. An hour after clearing that call, at approximately 2:00 a.m., the same victim called and stated the suspects were back and had stolen another vehicle and almost ran over the victim's mother in the parking lot of the car dealership. The victim pursued the suspects northbound on I-880 where the suspect vehicle caused a collision on I-880 between Thornton Avenue and Decoto Road. Responding units had to close the freeway as another driver was trapped and had to be extricated. Meanwhile, the suspect, while on the freeway, fled the scene. A second stolen vehicle driven by a second suspect continued northbound on I-880 until the driver crashed between Tennyson Road and Jackson Street in Hayward. The driver footballed into Hayward near Tennyson Road. The adult male suspect driver was caught near Tennyson Road and Calaroga Avenue and positively identified by the victim. Minor injuries were reported between the two collisions, which involved three bystander vehicles.

Sunday, September 4

A citizen called the police to report he was following one of the vehicles stolen in the previous night's burglary at the auto dealership on Peralta Boulevard. The reporting party is a friend of the dealership owner and saw a blue Dodge Charger with paper plates driving around near the dealership. K-9 Ofc. Taylor and Ofc. Sanders responded to the area and located the vehicle. The vehicle initially yielded for the traffic stop, but drove away at a slow speed prior to officer contact. Officers used an immobilization maneuver and successfully stopped the vehicle. The single female occupant was taken into custody. The driver was found to have several stolen keys from the dealership in her possession. Det. Sgt. McCormick and Det. Hollifield responded to the scene and took over the investigation.

Newark Police Log

SUBMITTED BY
CMDR. MIKE CARROLL,
NEWARK PD

Sunday, September 4

At 7:39 a.m., Ofc. Musantry investigated a stolen silver 2015 Chevrolet Malibu (CA License #: 7ETT705) from Aloft Motel, located at 8200 Gateway Blvd.

At 9:54 p.m., Community Service Officer (CSO) Parks investigated a stolen silver, four-door 2005 Subaru WRX (License #: 6WID172) on the 5300 block of Saint Mark Avenue.

Tuesday, September 6

At 6:53 a.m., Ofc. Homayoun investigated a theft from a vehicle at Comfort Inn, located at 5977 Mowry Ave. Tools were taken from the vehicle sometime overnight.

Wednesday, September 7

At 1:56 p.m., Ofc. Knutson investigated the theft of a gold 2013 Dodge Caravan from Premier Auto Imports (Kia), located at 5633 John Muir Dr.

At 12:15 a.m., Ofc. Geser investigated a burglary at Bridgeport Apartments, located at 36814 Cherry St. The loss appears to be three televisions, jewelry and a handgun.

**Detectives are
seeking help to
identify a female bank
robbery suspect**



SUBMITTED BY GENEVA BOSQUES,
FREMONT PD

Fremont Police Detectives are releasing photographs of a female bank robbery suspect and seeking the public's help to solve this case.

On July 18, 2016, at approximately 4:05 p.m., a female suspect entered the US Bank branch located inside the Safeway store in Warm Springs (46848 Mission Blvd). The suspect handed a bag to the bank teller and demanded cash. The suspect threatened the teller with a gun, however no gun was seen. Loss was an undisclosed amount of cash. The suspect left the area on foot, last seen walking westbound through the parking lot.

The suspect is described as a white female adult, 30-35 years old and approximately 5'8". She was last seen wearing a grey sweater over a white shirt and distinctive striped leggings. The suspect had blond hair that appeared to be partially dyed red or pink in color.

Anyone with information about this incident is asked to please contact Detective S. Nordseth at Snordseth@fremont.gov or (510) 790-6946.

PUBLIC NOTICES



NOTICE OF PUBLIC HEARING

WORK SESSION ON RENT CONTROL, JUST CAUSE EVICTION, AND OTHER OPTIONS FOR PROMOTING AFFORDABLE RENTAL HOUSING

PUBLIC HEARING: Notice is hereby given that the Fremont City Council will hear a report from staff on rent control, just cause eviction, and other options for promoting affordability in rental housing on Tuesday, September 27, 2016 at 7 p.m. in the Council Chambers at 3300 Capitol Avenue, Fremont, California, at which time all interested parties may appear and be heard.

The Council will not take any action at this meeting, but will provide direction to staff regarding next steps.

Any questions or comments on the project should be submitted to:

Debra Margolis, Assistant City Attorney

Location: 39550 Liberty Street, Fremont
Mailing: P.O. Box 5006, Fremont, CA 94537-5006
Phone: (510) 284-4037
E-mail: dmargolis@fremont.gov

CNS-2923476#

CIVIL

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. HG16827080
 Superior Court of California, County of Alameda
 Petition of: Patrick John Fittipaldi for Change of Name
 TO ALL INTERESTED PERSONS:
 Petitioner Patrick John Fittipaldi filed a petition with this court for a decree changing names as follows:
 Patrick John Fittipaldi to Patrick John Harrison
 The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
 Notice of Hearing:
 Date: 10/14/2016, Time: 11:30 AM, Dept.: 24
 The address of the court is 1221 Oak Street, Oakland, CA 94612
 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice
 Date: Aug 11 2016
 Morris D. Jacobson
 Presiding Judge of the Superior Court
 8/23, 8/30, 9/6, 9/13/16

CNS-2915442#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 522382
 Fictitious Business Name(s):
United Automotive, 6170 Thornton Ave, Suite F, Newark, CA 94560, County of Alameda
 Registrant(s):
 Motaz Ali, 6170 Thornton Ave, Newark, CA 94560
 Business conducted by: an individual
 The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Motaz Ali Adlan
 This statement was filed with the County Clerk of Alameda County on September 9, 2016
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/13, 9/20, 9/27, 10/4/16

CNS-2923366#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 521878
 Fictitious Business Name(s):
Ashwin's Kitchen, 32681 Mission Blvd, Hayward, CA 94544, County of Alameda
 Registrant(s):
 R Balati Foods Inc, 500 Montrose Ct, San Ramon, CA 94582; California
 Business conducted by: A Corporation
 The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Viswanathan Rajamannar, CEO
 This statement was filed with the County Clerk of Alameda County on August 24, 2016
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/13, 9/20, 9/27, 10/4/16

CNS-2923284#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 522204
 Fictitious Business Name(s):
ABT Electric, 3012 Mission Blvd #121-355, Hayward, CA 94544, County of Alameda
 Registrant(s):
 Buthan Mease, 32215 Dana Ct, Union City, CA 94587
 Business conducted by: An Individual



NOTICE OF NOMINEES FOR PUBLIC OFFICE

NOTICE IS HEREBY GIVEN that the following persons have been nominated for the offices designated below to be filled at the General Municipal Election to be held in the City of Fremont Tuesday, November 8, 2016:

For Mayor - Vote for One
 Bill Harrison
 Lily Mei (高蔡加)

For Member of the City Council -
 Vote for No More than Two

Kathy Kimberlin
 Rakesh Sharma
 Raj Salwan
 Marty Froomin
 Cullen Tiernan
 Laurie Manuel
 Winnie Bacon

(Listed in the order as they will appear on the ballot as a result of the randomized alphabet drawing conducted by the Secretary of State)

Susan Gauthier,
 City Clerk/Elections Official

DATED: September 12, 2016

E.C. 12110, 12111
 Date of Publication: September 13, 2016

CNS-2923428#

CA 94536, County of Alameda
 Mailing Address: 31143 Carroll Ave, Hayward, CA 94544, County of Alameda
 Registrant(s):
 Kuljit S. Grewal, 31143 Carroll Ave, Hayward, CA 94544
 Business conducted by: An Individual
 The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Kuljit S. Grewal
 This statement was filed with the County Clerk of Alameda County on August 25, 2016
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/6, 9/13, 9/20, 9/27/16

CNS-2919897#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 521891
 Fictitious Business Name(s):
Make IT Group LLC, 1401 Deschutes Place, Fremont, CA 94539, County of Alameda
 Registrant(s):
 Make IT Group, LLC, 1401 Deschutes Place, Fremont, CA 94539; California
 Business conducted by: a limited liability company
 The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Chungjen Chen, Member
 This statement was filed with the County Clerk of Alameda County on August 25, 2016
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/6, 9/13, 9/20, 9/27/16

CNS-2919877#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 521643
 Fictitious Business Name(s):
Mathes Restaurant & Bakery, 39447 Fremont Blvd., Fremont CA 94538, County of Alameda; 39447 Fremont Blvd., Fremont CA 94538
 Registrant(s):
 T. Matheeswaran, Matheeswaran
 Business conducted by: an individual
 The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ T. Matheeswaran
 This statement was filed with the County Clerk of Alameda County on August 11, 2016
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/30, 9/6, 9/13, 9/20/16

CNS-2919056#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 521668
 Fictitious Business Name(s):
Jia Jie Move, 37519 Wilburn Pl., #1, Fremont CA 94536, County of Alameda; 5247 Mission St, San Francisco, CA 94112; San Francisco
 Registrant(s):
 Huangchao Lin, 5247 Mission St, San Francisco, CA 94112
 Rui Wang, 37519 Wilburn Pl., #1, Fremont CA 94536
 Business conducted by: a general partnership
 The registrant began to transact business using the fictitious business name(s) listed above on 8/1/2016
 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Huangchao Lin, Partner
 This statement was filed with the County Clerk of Alameda County on August 19, 2016
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/30, 9/6, 9/13, 9/20/16

CNS-2917435#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 521418
 Fictitious Business Name(s):
NVXL Technology, 47929 Fremont Blvd.,

Fremont CA 94538, County of Alameda
 Registrant(s):
 Bimicro Networks, Inc., 47929 Fremont Blvd., Fremont CA 94538; California
 Business conducted by: a corporation
 The registrant began to transact business using the fictitious business name(s) listed above on 7/12/2016
 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Stephen R. Uriarte, COO, Exec. Vice President and General Counsel
 This statement was filed with the County Clerk of Alameda County on August 11, 2016
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/30, 9/6, 9/13, 9/20/16

CNS-2917431#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 521540
 Fictitious Business Name(s):
Elitz Electric, 40473 Davis St., Fremont, CA 94538, County of Alameda; Mailing Address: 40473 Davis St., Fremont, CA 94538; County of Alameda
 Registrant(s):
 Nedzad Elkaz, 40473 Davis Street Fremont, CA 94538
 Business conducted by: an individual
 The registrant began to transact business using the fictitious business name(s) listed above on 07/30/2016
 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Nedzad Elkaz
 This statement was filed with the County Clerk of Alameda County on August 18, 2016
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/23, 8/30, 9/6, 9/13/16

CNS-2916507#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 521379
 Fictitious Business Name(s):
Fremont Youth Soccer Club, 44100 Old Warm Springs Blvd., Fremont, CA 94538, County of Alameda
 Registrant(s):
 Fremont Youth Sports Club, 44100 Old Warm Springs Blvd., Fremont, CA 94538; California
 Business conducted by: a Corporation
 The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Dai Redwood, Executive Director
 This statement was filed with the County Clerk of Alameda County on August 10, 2016
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/23, 8/30, 9/6, 9/13/16

CNS-2916500#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 521578
 Fictitious Business Name(s):
Malhi Transport, 36223 San Pedro Dr., Fremont, CA 94536, County of Alameda
 Registrant(s):
 Satinder Singh, 36223 San Pedro Dr., Fremont, CA 94536
 Business conducted by: an individual
 The registrant began to transact business using the fictitious business name(s) listed above on 8-17-16
 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Satinder Singh
 This statement was filed with the County Clerk of Alameda County on August 17, 2016
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/23, 8/30, 9/6, 9/13/16

CNS-2916321#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 521515
 Fictitious Business Name(s):
Eden College of Cosmetology, 22641 Main Street, Hayward, CA 94541, County of Alameda
 Registrant(s):
 Age Education Group Inc., 1765 Bird Hill Court, Danville, CA 94526, California
 Business conducted by: a Corporation
 The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Frank Quattro, CFO
 This statement was filed with the County Clerk of Alameda County on August 15, 2016
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/23, 8/30, 9/6, 9/13/16

CNS-2916317#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File No. 428737
 The following person(s) has (have) abandoned the use of the fictitious business name **Heckee, 1717 Red Maple St., Union City, CA 94587**
 The Fictitious Business Name Statement being abandoned was filed on 8/31/2009 in the County of Alameda.
 Floris Mary Chowenhill, 1717 Red Maple St., Union City, CA 94587
 Dean F. Chowenhill, 1717 Red Maple St., Union City, CA 94587

S/ Floris Mary Chowenhill
 S/ Dean F. Chowenhill
 This statement was filed with the County Clerk of Alameda County on August 15, 2016.
 8/23, 8/30, 9/6, 9/13/16

CNS-2915494#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 521319
 Fictitious Business Name(s):
Wheels Co, 2139 Canary Court #1, Union City, CA 94587, County of Alameda
 2443 Home Stead Circle, San Pablo, CA 94806, County Contra Costa
 Registrant(s):
 Lakhwinder Singh, 2139 Canary Court 1, Union City, CA 94587
 Navpreet Singh, 2443 Homestead Circle, San Pablo, CA 94806
 Hardeep Singh Toor, 2443 Homestead Circle, San Pablo, CA 94806
 Business conducted by: A General Partnership
 The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Lakhwinder Singh (General Partner) Navpreet Singh (General Partner) Hardeep Singh Toor (General Partner)
 This statement was filed , with the County Clerk of Alameda County on August 9, 2016
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/23, 8/30, 9/6, 9/13/16

CNS-2915488#

GOVERNMENT

CITY COUNCIL OF THE CITY OF UNION CITY NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the City Council will hold a public hearing for the purpose of considering the following project entitlement for Site Development Review SD-16-003 to allow the applicant, Hasan Abdullah of BT Construction and Properties, to construct two new single-family homes on adjacent lots. The project site is composed of two lots totaling 40.25 acre (Assessor's Parcel Number 486-0045-028), located at the northeast corner of 13th Street and I Street. The lots are currently vacant and are located in the Decoto Residential (R-5000) Zoning District. At its public hearing held September 1, 2016, the Planning Commission voted 5-0-0 to recommend approval of the project to the City Council.

NOTICE IS ALSO GIVEN that this project is considered exempt under Section 15303, Class 3, *New Construction*, of the California Environmental Quality Act (CEQA).

This item will be heard at a public hearing by the City Council at the meeting listed below. You may attend the meeting to express your comments, or you may submit your comments in writing to Timothy Maier, Project Planner, via TimM@unioncity.org.

CITY COUNCIL MEETING Tuesday, September 27, 2016

Said hearing will be held at 7:00 p.m.
 In the Council Chambers of City Hall,

34009 Alvarado-Niles Road, Union City.

The City Council meeting packet, which includes the meeting agenda and staff report for this project, can be accessed on-line via the City's Agendas and Minutes webpage, found at <http://www.ci.union-city.ca.us/departments/city-manager-s-office/city-clerk/agendas-and-minutes>. Meeting packets are generally available on-line the Friday before the meeting.

City Hall is accessible by Union City Transit lines 1, 3, 5, 6, 8, 9 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please call Union City Transit at (510) 471-1411 and AC Transit or BART at 511. Union City Transit maps and schedules are available at www.utcrtransit.org.

If you challenge the above described project in court, you may be limited to raising only those issues you or someone else raised at the Planning Commission public hearing for this project or the City Council public hearing described in this notice, or in written correspondence delivered to the Planning Commission or to the City Council at, or prior to, the public hearing.

JOAN MALLOY
 Economic & Community Development Director
 9/13/16

CNS-2923528#

CITY OF FREMONT PUBLIC HEARING

Notice is hereby given that the City of Fremont City Council will hold a public hearing to consider the following proposals. Said public hearing will be held at 7:00 p.m., Tuesday, September 20, 2016, Council Chambers, 3300 Capitol Ave., Bldg. A, Fremont, CA, at which time all interested parties may attend and be heard:

HUMAN SERVICES DEPARTMENT MASTER FEE SCHEDULE UPDATE
 Public Hearing (Published Notice) to Consider Modifications to Human Services Department Fees for Youth and Family Services, Aging and Family Services, Mobility and Transportation Services, and Family Resource Center Services and Rentals

MISSION PEAK NEIGHBORHOOD PARKING PERMIT FEES
 Amendment to Master Fee Schedule adding a fee of \$3.00 for each residential permit parking sticker and \$4.00 for each guest parking permit for residents participating in the Mission Peak Parking Permit Program.

If you challenge any decision of the City Council in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Council at, or prior to, the public hearing.

SUSAN GAUTHIER - CITY CLERK
 9/13/16

CNS-2923423#

PROBATE

AMENDED NOTICE OF PETITION TO ADMINISTER ESTATE OF JOHN C. WEBB CASE NO. RP16825711

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of John C. Webb
 A Petition for Probate has been filed by Laquita Leona Webb in the Superior Court of California, County of Alameda.
 The Petition for Probate requests that Laquita Leona Webb be appointed as personal representative to administer the estate of the decedent.
 The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant

PUBLIC NOTICES

the authority. A hearing on the petition will be held in this court on 11/1/2016 at 9:30 AM in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Petitioner/Attorney for Petitioner: Endy Ukoha-Ajike, The Ukoha-Ajike Law Group, P.C., 70 Washington Street, Suite 303, Oakland, CA 94607, Telephone: (510) 834-9944 9/13, 9/20, 9/27/16

CNS-2923348#

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARGARET A. THOMAS CASE NO. RP16829153

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Margaret A. Thomas A Petition for Probate has been filed by Austin Thomas in the Superior Court of California, County of Alameda. The Petition for Probate requests that Austin Thomas be appointed as personal representative to administer the estate of the decedent. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court on 10/5/2016 at 9:30 AM in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Petitioner: Sanjay Laroia, 34219 Maybird Circle, Fremont, CA 94555, Telephone: 510-366-9147 9/6, 9/13, 9/20/16

CNS-2919694#

NOTICE OF PETITION TO ADMINISTER ESTATE OF BIMLA LAROIA CASE NO. RP16828492

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Bimla Laroia A Petition for Probate has been filed by Sanjay Laroia in the Superior Court of California, County of Alameda. The Petition for Probate requests that Sanjay Laroia be appointed as personal representative to administer the estate of the decedent. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions

an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Duane M. Leonard, 1936 University Avenue, Suite #380, Berkeley, CA 94704, Telephone: (510) 843-2321 9/6, 9/13, 9/20/16

CNS-2921370#

NOTICE OF PETITION TO ADMINISTER ESTATE OF MURARI LAROIA CASE NO. RP16828485

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Murari Laroia A Petition for Probate has been filed by Sanjay Laroia in the Superior Court of California, County of Alameda. The Petition for Probate requests that Sanjay Laroia be appointed as personal representative to administer the estate of the decedent. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court on Oct. 12, 2016 at 9:30 in Dept. 201 located at 2120 Martin Luther King Jr., Way, Berkeley, CA 94704. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Petitioner: Sanjay Laroia, 34219 Maybird Circle, Fremont, CA 94555, Telephone: 510-366-9147 9/6, 9/13, 9/20/16

CNS-2919680#

NOTICE OF PUBLIC SALE NOTICE IS HEREBY GIVEN pursuant to California Civil Code Section 798.78 and California Commercial Code Section 7209 and 7210 that the following described property will be sold by The Tropics Mobilehome Park (Warehouseman) at public auction to the highest bidder for cash, in lawful money of the United States, or a cashier's check payable to The Tropics Mobilehome Park, payable at time of sale, on Friday, September 30, 2016, at 12:00 PMat the following location: at the steps to the County Courthouse, 1225 Fallon Street, Oakland, CA 94612 Said sale is to be held without covenant or warranty as to possession, financing, encumbrances, or otherwise on an "as is", "where is" basis. Upon sale, the mobilehome must be removed from the Premises. The property which will be sold is described as follows: MANUFACTURER: Skyline TRADENAME: Buddy YEAR: 1976 H.C.D. DECAL NO.: LAW8205 SERIAL NO.: 0475A6529, 0475B6529. The current location of the subject property is: 544 Cumana Circle, Union City, CA 94587. The public auction will be made to satisfy the lien for storage of the above-described property that was deposited by The Estate of James Franklin Valdez, James F. Valdez, Jr., Personal Representative of The Estate of James Franklin Valdez, James F. Valdez, Jr., with The Tropics Mobilehome Park. The total amount due on this property, including estimated costs, expenses and advances as of the date of the public sale, is \$16,608.71. The auction will be made for the purpose of satisfying the lien on the property, together with the cost of the sale. Dated: September 13, 2016HART, KING By: Ryan J. Egan.Authorized Agent for The Tropics Mobilehome Park Contact: Julie Veliz (714) 432-8700 (09/13/16, 09/20/16)FIS# 1797 9/13, 9/20/16

CNS-29233006#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 126490 Title No. 2947282 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN

without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court on OCT 12, 2016 at 9:30 in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Petitioner: Sanjay Laroia, 34219 Maybird Circle, Fremont, CA 94555, Telephone: 510-366-9147 9/6, 9/13, 9/20/16

CNS-2919680#

PUBLIC AUCTION/SALES

NOTICE OF PUBLIC SALE NOTICE IS HEREBY GIVEN pursuant to California Civil Code Section 798.78 and California Commercial Code Section 7209 and 7210 that the following described property will be sold by The Tropics Mobilehome Park (Warehouseman) at public auction to the highest bidder for cash, in lawful money of the United States, or a cashier's check payable to The Tropics Mobilehome Park, payable at time of sale, on Friday, September 30, 2016, at 12:00 PMat the following location: at the steps to the County Courthouse, 1225 Fallon Street, Oakland, CA 94612 Said sale is to be held without covenant or warranty as to possession, financing, encumbrances, or otherwise on an "as is", "where is" basis. Upon sale, the mobilehome must be removed from the Premises. The property which will be sold is described as follows: MANUFACTURER: Skyline TRADENAME: Buddy YEAR: 1976 H.C.D. DECAL NO.: LAW8205 SERIAL NO.: 0475A6529, 0475B6529. The current location of the subject property is: 544 Cumana Circle, Union City, CA 94587. The public auction will be made to satisfy the lien for storage of the above-described property that was deposited by The Estate of James Franklin Valdez, James F. Valdez, Jr., Personal Representative of The Estate of James Franklin Valdez, James F. Valdez, Jr., with The Tropics Mobilehome Park. The total amount due on this property, including estimated costs, expenses and advances as of the date of the public sale, is \$16,608.71. The auction will be made for the purpose of satisfying the lien on the property, together with the cost of the sale. Dated: September 13, 2016HART, KING By: Ryan J. Egan.Authorized Agent for The Tropics Mobilehome Park Contact: Julie Veliz (714) 432-8700 (09/13/16, 09/20/16)FIS# 1797 9/13, 9/20/16

CNS-29233006#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 126490 Title No. 2947282 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN

THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 07/01/2003. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 10/04/2016 at 12:30 PM, The Mortgage Law Firm, P.L.C., as duly appointed Trustee under and pursuant to Deed of Trust recorded 07/17/2003, as Instrument No. 2003416524, in book xx, page xx, of Official Records in the office of the County Recorder of Alameda County, State of California, executed by Armando Quintana Jr. an Unmarried Man, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/ CASH EQUIVALENT or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States). At the Fallone entrance to the County Courthouse, 1225 Fallon Street, Oakland, CA 94612 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State, described as: FULLY DESCRIBED IN THE ABOVE DEED OF TRUST. APN 501-0814-115-00 The street address and other coming designation, if any, of the real property described above is purported to be 5040 Castlewood Common, Fremont, CA 94536 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$307,792.94 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and written Notice of Default and Election to Sell. The undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. Dated: 9/6/2016 THE MORTGAGE LAW FIRM, PLC Adriana Rivas/Authorized Signature 41689 Enterprise Circle North, Ste. 228, Temecula, CA 92580 (619) 465-8200 FOR TRUSTEE'S SALE INFORMATION PLEASE CALL 714-730-2727 The Mortgage Law Firm, P.L.C. may be attempting to collect a debt. Any information obtained may be used for that purpose. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. You should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a fee for time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. A-4591561 9/13/2016, 09/20/2016, 09/27/2016 9/13, 9/20, 9/27/16

CNS-29233082#

T.S. No.: 2014-03108-CA A.P.N.:525-1313-105-00 Property Address: 42719 Everglades Park Drive, Fremont, CA 94538-3926 NOTICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE § 2923.3(a), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR. NOTE: THERE IS A SUMMARY

OF THE INFORMATION IN THIS DOCUMENT ATTACHED. IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09/08/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Trustor: Caleb Yi, A Married Man As His Sole & Separate Property Duly Appointed Trustee: Western Progressive, LLC Recorded 09/15/2005 as Instrument No. 2005396167 in book ---, page --- and of Official Records in the office of the Recorder of Alameda County, California. Date of Sale: 10/13/2016 at 12:00 PM Place of Sale: AT THE FALLON STREET EMERGENCY EXIT OF THE ALAMEDA COUNTY COURTHOUSE, 1225 FALLON STREET, OAKLAND, CA 94612 Estimated amount of unpaid balance and other charges is \$ 778,036.77. NOTICE OF TRUSTEE'S SALE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as: More fully described in said Deed of Trust. Street Address of the common designation of real property: 42719 Everglades Park Drive, Fremont, CA 94538-3926 A.P.N.: 525-1313-105-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$ 778,036.77. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request for a common foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. You should be aware that the same lender may hold more than one mortgage or deed of trust on this property. NOTICE OF TRUSTEE'S SALE NOTE: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this Internet Web site http://www.allisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx. For Non-Automated Sale Information, call: (866) 240-3530 Trustee Sale Assistant. WESTERN PROGRESSIVE, LLC may BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. 9/13, 9/20, 9/27/16

CNS-2920811#

Union City Police Log
SUBMITTED BY LT. MATIAS PARDO, UNION CITY PD
Tuesday, August 30
At around 12:15 a.m., Ofc. Leon was dispatched to the 2600 block of Decoto Road for a reported armed robbery. The pictured suspect pointed a black semi-automatic gun at the clerk's head and demanded cash from the registers. He was described as a black male adult, around 22 years old, 5'6" to 6'0" with a medium build.
At around 1:15 p.m., officers were dispatched to the area of Dyer Street and Alvarado Boulevard on the report of a just-occurred robbery. A male suspect pushed the victim to the ground and stole her purse. The victim gave a good description of the suspect's clothing and direction of flight, and officers quickly began an area search. Det. DeJong located the suspect, holding one of the victim's stolen credit cards, in a nearby business and arrested him. The victim's stolen purse

and all its contents were found in the trash can of the business' rest-room. The robber is a 17-year-old San Leandro resident.
At around 12:50 a.m., Ofc. Garcia was dispatched to the 1300 block of Decoto Road on the report of a robbery attempt. Three suspects attacked the victim and demanded his pants. They eventually left without taking any of his property. The victim did not want to identify the suspects and did not desire prosecution.
Wednesday, August 31
A residential burglary occurred on the 3800 block of Amy Place around 3:00 a.m. The garage door was forced open, but there was no apparent loss.
Sunday, September 4
A commercial burglary occurred on the 33000 block of Marsh Hawk Court around 3:20 a.m.
Join Union City PD at Starbucks, located at 33115 Mission Blvd., on Thursday, September 15 from 10:00 a.m. – 12 p.m. to ask questions, share stories, and get to know each other over free coffee and refreshments.

LETTER TO THE EDITOR
Mission Peak Conservancy works to improve park access and extend the reach of bike and pedestrian pathways. We are concerned about parking congestion at Mission Peak. Last week, the executive committee of East Bay Regional Park District (EBRPD) endorsed a proposal to expand parking there in 2020, which would remain free according to the Acquisition, Stewardship and Development Division. The public can show their support when the full EBRPD board votes on September 20.
A survey conducted by the city of Fremont in 2012 showed most residents in the non-gated community near the park support parking inside the park boundary. This would move cars away from the neighborhood and at the same time, it would cut the expense of EBRPD parking enforcement by \$90,000 per year. Unfortunately, parking permits have effectively privatized curb parking. More visi-

Parking congestion at Mission Peak
tor parking would reduce the time spent circling in search of a parking space, thereby reducing greenhouse gases.
We support the restoration of normal (5 a.m. to 10 p.m.) park hours, which were cut by 30 percent in 2014 as an interim, pilot measure. The 6 p.m. winter closing has impacted after-work visitors, while the 6:30 a.m. opening has banned sunrise viewing.
Though Mission Peak is one of EBRPD's safest parks, the Park District and the City issued an in-ordinate number of parking citations and infractions at Mission Peak over the past three years. Citations were four times greater than the combined total at Tilden, Redwood and Chabot parks, which have far more crime. Many "parking" tickets aren't for parking but for missing front license plates, or expired tags or parking 18 inches from the curb. The imbalanced approach to enforcement fosters the perception of institu-

tionalized harassment, aimed at park visitors in Fremont.
Homes near Mission Peak have big garages and wide driveways, so curb parking is largely unoccupied at night. The intent of the curfew restrictions and parking permits was to block visitor access. The City has tackled weekend parking congestion with costly parking restrictions only in the uniquely favored Mission Peak neighborhood, but other less wealthy Fremont neighborhoods with congested parking have been left to fend for themselves: for example, near the Fremont BART station. Visitors to Fremont parks should be welcomed, not ticketed needlessly nor blocked by parking permits and limited operating hours which are intended to keep people out of public parks.

wm. yragui
Co-founder, Mission Peak Conservancy

LETTER TO THE EDITOR
National Voter Registration Day is September 27
The League of Women Voters of Fremont, Newark, and Union City (LWVFNUC) has undertaken a local campaign to increase voter turnout for the November 2016 election because we believe that Democracy is not a spectator sport. The first step in this campaign is to increase voter registration.
We will be hosting a registration for the community from 4 p.m. to 7 p.m. on September 27

at two locations - the Fremont Bart Station, 2000 Bart Way, Fremont and the Union City Bart Station, 10 Union Square, Union City.
The deadline for registering prior to the November election is October 24, so there is plenty of time for people to get their registration forms in after this event.
Are you turning 18 years old by Election Day? Are you a new citizen? Have you moved since

the last time you voted? If you answer yes to any of these questions, be sure to pick up your registration form at this event or at your local post office. Make your voice heard this November and VOTE on November 8!
Sets Amann
LWVFNUC, Voter Services Chair
www.lwvfnuc.org

Reporter for Hayward City Council Meetings Wanted

Tri-CityVoice is looking for an exceptional individual with excellent vocabulary, grammar and writing skills. Part time.

Contact:
510-494-1999
tricityvoice@aol.com

COMMUNITY BULLETIN BOARD

Most Joyful Volunteer work LIFE ElderCare – VIP Rides Drive seniors to appts/errands 4 hrs/month Flexible scheduling. Call Valerie 510-574-2096 vdraeseke@fremont.gov www.LifeElderCare.org		ABWA-Pathfinder Chap. American Business Women's Assoc. provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. Spin A Yarn Rest. (Fremont): 6:30-9:00 pm Call Harriet 510-793-7465 www.abwa-pathfinder.org	League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible		10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.		The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV	
League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible		Tri-City Ecology Center Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-793-6222	FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont All are welcome, come join us www.fremontcoinclub.org 510-792-1511		Tri-City Bike Park Community group of mountain bikers and BMX bikers. Come enjoy this activity for adults, teens and toddlers. Help us get this park built! www.newarkparks.org		First Church of Christ Scientist, Fremont Sunday Service 10am Sunday School 10am Wed. Eve Service 7:30pm Chld Care is available all services. Reading Room Open Monday - Friday 1-3pm 1351 Driscoll Rd., Fremont 510-656-8161	
Hayward Art Council 22394 Foothill Blvd., Hayward 510-583-2787 www.haywardarts.org Open Thurs. Fri. Sat. 10am-4pm Foothill Gallery, John O'Lague Galleria, Hayward Area Senior Center Exhibit Hall, Alameda County Law Library Hayward branch All open to the public		The Friendship Force San Francisco Bay Area Experience a country and its culture with local hosts; meet global visitors here. Travel to Japan in 2017; Japanese visitors here October 2016. Many Bay Area social activities. www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857	Afro-American Cultural & Historical Society, Inc. Sharing ur culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec & Feb 5:30pm Newark Library 510-793-8181 www.aachsi.com We welcome all new members		Help with Math & Reading You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. CALL Tom 510-656-7413 TKFEDERICO@SBCglobal.net		SAVE's Restraining Order Clinics Free for domestic violence survivors Seeking protective orders Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday Call SAVE's 24-hr Hotline (510) 794-6055 for details www.save-dv.org	
Troubled By Someone's Drinking? Help is Here! Al-Anon/Alateen Family Groups No cost program of support for people suffering from effects of alcoholism Call 276-2270 for meeting information or email Easyduz@gmail.com www.ncwsa.org			Fremont Area Writers Like to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except in July and December at DeVry University, 6600 Dumbarton Circle, Fremont. www.cwc-fremontareawriters.org					
Come Join Us Tri Cities Women's Club Meets on the third Tuesday Elk's Club on Farwell Dr. 9:30 – Cards, 12:00 – Lunch 1:00 – Program and Meeting We also have bridge, walking, Gourmet dining groups, And a book club. For info. Call 510-656-7048		Tri-City Society of Model Engineers The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org	FOOD ADDICTS IN RECOVERY - FA • Can't control the way you eat? • Tried everything else? • Tired of spending money? Meeting Monday Night 7pm 4360 Central Ave., Fremont Centerville Presbyterian Church Family Ed. Bldg. Room E-204 www.foodaddicts.org		FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport Various Saturdays www.vaa29.org Email for more information youngeagles29@aol.com			
Mission Peak Fly Anglers Fishing Club Meets 4th Wed. each month @7pm - Silliman Aquatic Center 680 Mowry Ave., Newark Call Steve 510-461-3431 or 510-792-8291 for more information www.missionpeakflyanglers.org		Fremont Cribbage Club teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email:Accgr43@gmail.com American Cribbage Congress www.cribbage.org			Newark Demonstration Garden Join a group of Newark residents to spearhead a demonstration garden in Newark. We're currently selecting a site. We need your help! Angela at info@newarkparks.org https://www.facebook.com/groups/NewarkDemonstrationGarden/		15th Olive Festival Sat/Sun – Oct 1 & 2 www.msjchamber.org Located on the grounds of Dominican Sisters of MSJ 43326 Mission - Fremont Live Music, Beer & Wine Food Trucks, New Vendors Kids Games, Crafts & FUN 10am–5pm – NO PETS	
Learn Basics of Import/Export from SCORE, 5 hr. workshop Sat. Oct 8 8:15am -1:30pm Fremont Chamber of Commerce 39488 Stevenson Pl., Fremont For Details go to: http://www.eastbayscore.org/export-impor or Send \$55 check to East Bay SCORE, 492, 9th St, Ste 350, Oakland, CA 94607		FREMONT STAMP CLUB SINCE 1978 Meets 2nd Thurs. each month 7pm Cultural Arts Center 3375 Country Dr., Fremont Everyone is welcome. Beginners to Advanced. For questions or more information: www.fremontstampclub.org/ or call Dave: 510-487-5288	Travel with Friends Choose from many home stays with Friendship Force club members around the world. Share our way of life with visitors & make new friends on 5 continents. Enjoy variety of Bay Area Activities www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857		Newark Skatepark Join a group of Newark skaters and parents of skaters to spearhead a skatepark in Newark. We have a business plan. Now we need your help to execute on it! Angela at info@newarkparks.org https://www.facebook.com/groups/NewarkSkatepark/		Our Savior Preschool Come learn & play with us 858 Washington Blvd. Fremont Students: 2 1/2-5 years Part time classes 9am-12pm Full time classes 7am-6pm Licensed Facility #010204114 Call Marianne: 657-9269 oslpsfremont@gmail www.oslps.com	
SAVE's Domestic Violence Support Groups FREE, compassionate support Domestic violence survivors Drop-in, no reservations needed Every Tues & Thurs 6:45-8:45 pm Every Friday 9:15 to 11 am 1900 Mowry Avenue, Fremont (510) 574-2250 or 24-hour Hotline (510) 794-6055 www.save-dv.org		SAVE's Empowerment Ctr. Services FREE for domestic violence survivors.Need support, a place to heal, or referrals? SAVE can help! Advocacy, workshops, counseling & more 24-hour Hotline: (510) 794-6055 Advocate: (510) 574-2256 1900 Mowry Ave., #201,Fremont www.save-dv.org			Newark Parks Foundation The Foundation mobilizes financial and community support to deliver thriving, accessible, supported, and varied parks, open spaces, and recreational opportunities for a healthy and united Newark. Seeking Board of Directors and Honorary Board members. info@newarkparks.org		SONS OF ITALY Social Club for Italians And Friends 1st Friday of month (No meetings July/Aug/Dec) 5:30 social hour 6:30 potluck dinner (\$5) Newark Pavilion Bld. 2 (Thornton Ave & Cherry St.) Newark Info Mary 510-739-3881 www.giuseppemazzini.org	
		Interested in Taking Off Pounds Sensibly Join our TOPS Support Team Thursdays - 10am 35660 Cedar Blvd., Newark We are a friendly and fun non-profit support group, sharing the same goals. co-ed group ALL are welcome! Contact Shirley at Shirley3163@sbcbglobal.net			Newark Trash Pickup Crew Get to know your Newark neighbors Get a bit of exercise and help make Newark look great Join us! https://www.facebook.com/groups/newarkTrash/		FOE EDEN AUX 1139 AUTUMN TEA SAT NOV 5 - 11AM-1PM Eagles Hall 21406 Foothill, Hayward benefits 5 local charities at Christmas. Reserve by Oct 29, \$15 person Call Glenda 510-584-1568	
Soiree Social Club For People Over 60 Many Activities! Dancing, Dinners, BBQ's Potlucks, Birthday Celebrations. Plays & Musicals Callfor information Dianna 510-581-9008			English Conversation Cafe Improve your Conversation Skills Small groups with native speakers Tuesdays 7-8:30pm Next Session Starts Jan/20th Only \$20 for 10 weeks @Bridges Community Church 505 Driscoll Rd., Fremont ESL@bridgescc.org 510-651-2030		Summer Art Camp At the Sun Gallery Full Day Weeks 9-3 Half Day Weeks (9-12 or 12-3) Before & Aftercare available Affordable Rates Drop-in Welcome! 1015 E St. Hayward 510-581-4050 www.SunGallery.org		"Discover Your Voice" Tri- City Youth Chorus Grades 5-8 Sing Contemporary Music Learn Vocal Skills, Have Fun! Gifted Director Meets Thursdays at 4:15 No Auditions tricityyouthchorus.weebly.com	

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COMMUNITY BULLETIN BOARD

FATHERHOOD CLASSES Fremont Family Resource Center 39155 Liberty St. (at Capitol), Fremont RSVP (510) 333-3478 or bento@relationshipsca.org FREE Class starts June 9 Relationship & Parenting Skills & Job Search Skills	FLASH FICTION WRITING CONTEST Saturday, Sept 24 10am-4pm 300 words or less to WIN MONEY Half-Price Books - Fremont Hub Subject: Must be a non human Deadline to enter: Sun Sept 18 See details at: www.fremontculturalartscouncil.org Send entries: FCACwriters@gmail.com	SUCCULENTS FOR SALE Lots of variety located in Newark Multiple medleys. Arrangements. Home or office decor. Great Gifts Prices range from \$5-25 Discounts applied to large quantity purchases. Contact: 5foot1designs@gmail.com	HOME CRAFT FAIR Oct. 6, 7, 8 Wednesday 11am-4pm Thursday 10am-6pm Friday 10am-6pm Saturday 10am-4pm 1608 Via Santa, San Lorenzo Follow signs on Bockman Road Hundreds of Items by l ocal crafters and Artists	HAYWARD HILLS GARAGE SALE SATURDAY, SEPTEMBER 17, 9AM-4PM NO EARLY BIRDS PLEASE! 3625 Skyline Dr., Hayward electronics, household model trains/accessories books, L.P.'s, C.D.'s garage tools, power tools legos, puzzles, nerf guns luggage - Halloween/Christmas
	Square Dancing Beginner and Refresher Lessons Starting Tues Sept 13, 6:30 to 8:30 pm By the Swinging 21er's Square Dance Club at the Fremont Lodge 38991 Farwell Dr. Fremont Come and have fun exercise for Singles, Couples and Families Call 510-887-5605	Community Peace Resource Fair October 1st & 2nd Sat 10am-2pm Sun 10:30am Free Info, support, vendors South Bay Community Church 47385 Warm Springs Blvd. Fremont 510-490-9500 www.sobcc.org	CRAFTERS! Sign up for "Giftique" in Newark October 29 9:30-3pm Contact Vicki 510-589-1167 or cbncboutique@gmail.com	Music for Minors II FREE Docent Training Sept. 14 - Nov. 7, Fremont or Castro Valley - Mon. & Wed. mornings or evenings Have fun discovering your musical gifts & how to share music in children's classrooms once a week for 1/2 hour. www.musicforminors2.org, Tel: 510-733-1189 / Email: mfm2recruitment@gmail.com
Sun Gallery Holiday Boutique Nov 17 - Dec 18 4 weeks Thurs - Sun Supports Childrens Arts Programs Call for Crafters & Artists 1015 E St Hayward sungallery@comcast.net 510-581-4050 Reception TBA on Saturday	Enjoy a FUN HEALTHY activity LEARN TO SQUARE DANCE KEEWAY SWINGERS SQUARE DANCE CLUB-BEGINNER'S CLASS starts Thursday, Sept 15 Niles Veterans' Memorial Bldg. 37154 2nd St. Fremont First 3 Thursdays are FREE 510-471-7278-408-263-0952 www.keewayswingers.com	Become a Passport to Adventure Historian Visit any of our nine Historic Loca- tions to begin. Get your passport punched. Receive your Certificate. Ongoing program starts September 10, 2016 Follow us on facebook	James Logan High Class of 1966 50th Reunion October 14-15 2016 Game, Tour, Dinner/Dance For information www.facebook.com/gayle.andrade.18 or call Gayle Andrade 209-471-8488 Joella Thompson 510-299-5693	Homer, Alaska 1988 Friends Looking to reconnect with friends from Christmas 1988. Camped out in Homer Alaska. Please text identifying information to 408-835-1857

Resonate Church
launches new campus



SUBMITTED BY DIANNE SMITH

Resonate Church of Fremont is establishing a sister campus in Hayward at the Parent Resource Hub, located at 24823 Soto Road, with an opening service at 10 a.m. on Sunday, September 25. The new location has been on the drawing board for over two years. Resonate has been serving the Tri-City area since 2010, with an average attendance of 1,200 on Sundays.

Early in 2016, the elders cast a vision to establish five new locations over the next five years, the first being in the city of Hayward. Will Medel, a pastor from Chicago, was hired to lead the effort. "I think the best part about this is that our people live in Hayward," says Medel. "We aren't just a parachute launch team. This group of people loves Hayward and is looking for great ways to get involved." Medel has been provided with tech and office equipment, seventy experienced staff and volunteer

workers, and a healthy budget for one year's expenses. Brian Gasacao will lead worship and Lisa Shinhira will run the children's programs.

One of Resonate's goals is to benefit the community through Make a Difference workdays and other community service projects. On September 18, Resonate will host a cleanup day at the HUB from and will also send a team to clean up Kennedy Park with the support of the Keep Hayward Clean & Green Task Force.

The core message of Hayward will be the same as in Fremont, which according to Pastor Ryan Kwon begins and ends with the person of Jesus. "We seek the renewal of cities through the gospel," he says. "To do that, we don't want to be a hand out, but a part of the city. We're sending people to plant churches so cities can see living proof of a loving God."

More information about Resonate can be found at www.resonatemovement.org/hayward.

Train vs car collision



SUBMITTED BY LT. JEFF
SNELL, UNION CITY PD

On September 6 at 6:35 p.m., the Union City Police Department received a report of a train versus car collision near the intersection of Whipple Road and Railroad Avenue, in the northeast area of Union City.

Responding officers determined that a female had been driving her Prius eastbound on Whipple Road. She was alone in the car. This driver stopped just short of a set of train tracks near Railroad Avenue when her Prius was struck from behind by another car. Although this was a relatively minor collision, it was

forceful enough to push the Prius out onto the train tracks.

When the driver realized that a train was quickly bearing down on her, she abandoned her vehicle on the tracks. A few moments later, a northbound Amtrak train carrying about 200 people collided with the Prius, destroying the car.

No injuries were reported as a result of either collision. There is no indication that drugs or alcohol played any role in this event. All lanes of the intersection were re-opened by 9 p.m.

Anyone with information concerning this collision should contact the Union City Police Department Traffic Division, (510) 471-1365.

Park It

BY NED MACKAY

Volunteers will head out to shorelines and lakes throughout the East Bay Regional Park District between 8:30 a.m. and noon on **Saturday, Sept. 17, as part of the 32nd annual Coastal Cleanup Day.**

Coastal Cleanup Day is a statewide effort to restore and beautify California's spectacular coastlines, and you can help out. Volunteers will pick up both trash and recyclable materials; unfortunately the "harvest" is always plentiful.

Regional parks that will join in the cleanup effort are Crown Beach in Alameda, Del Valle near Livermore, Martinez Shoreline, Eckley Pier near Crockett, Hayward Shoreline, Martin Luther King Jr. Regional Shoreline in Oakland, and Point Isabel and Point Pinole in Richmond.

All volunteers should wear closed-toe shoes, appropriate layered clothing, and bring sunscreen. You should also bring a refillable water bottle, a bucket for trash, a hat and work gloves.

The park district will provide snacks, water and trash bags. An adult must accompany children under 16 years old.

Registration is required for the event. To register, call the park district reservations department at 888-327-2757, option 2. For information, call 888-327-2757, ext. 2515.

While we're on the shoreline, there's a history program at Big Break in Oakley from 2:00 to 3:00 p.m. on Sunday, September 18. **The naturalists will talk about how the shoreline evolves from river to wetlands, homeland to farm, and flood plain to park.**

Big Break will also celebrate the autumnal equinox with a walk from 5:30 to 6:30 p.m. on Thursday, September 22, the first day of fall.

Local art depicting the region's beauty is on display at the Big Break Visitor Center on September 17 and 18. Hours are from 10 a.m. to 4:00 p.m. both days.

Big Break Regional Shoreline is on Big Break Road off Oakley's Main Street. For information, call 888-327-2757, ext. 3050.

At Black Diamond Mines in Antioch, there's a **late summer evening hike scheduled from 6:30 to 9:00 p.m. on Sunday, Sept. 18**, led by naturalist Eddie Willis.

Designed for ages eight and older, it's a steep, three-mile climb to hilltop views of the twilight scenery.

The hike is free, but registration is required. Call 888-327-2757, select option 2, and refer to program number 14391.

Black Diamond Mines is located at the end of Somersville Road, 3½ miles south of Highway 4.

A hike to greet the rising Harvest Moon is scheduled from 6:15 to 8:30 p.m. Friday, September 16 at Tilden Nature Area near Berkeley.

Led by naturalist "Trail Gail" Broesder, the hike starts at the Environmental Education Center and leads to the top of

Wildcat Peak. Flashlights are optional for the return descent.

The center is at the north end of Tilden's Central Park Drive, reached via Canon Drive from Grizzly Peak Boulevard in Berkeley. For information, call 510-544-2233.

There are several labyrinths at Sibley Volcanic Regional Preserve on Skyline Boulevard in Oakland. The first one was constructed secretly in 1989 by Oakland artist Helen Mazzariello.

Helen and park district naturalist Michael Charnofsky will lead a three-mile hike to the labyrinth from 10:00 a.m. to 1:00 p.m. on Sunday, September 18. She'll talk about labyrinths and their spiritual properties.

The program is for ages 10 and older and registration is required. To register, call 888-327-2757, select option 2, and refer to program number 14440.

Insect investigation is on the agenda during Family Nature Fun from 2:00 to 3:00 p.m. Sat-

urday and Sunday, September. 17 and 18, at Crab Cove Visitor Center in Alameda. Find out about the many varieties and what they need to survive. Then it's fish feeding time at the center's aquarium from 3:00 to 3:30 p.m.

Crab Cove is at 1252 McKay Ave. off Alameda's Central Avenue. For information, call 510-544-3187.

Family Fun Hour at Coyote Hills in Fremont will feature nature journals on Saturday, September 17 and string and seed-bead necklaces on Sunday, September 18. It's from 2:00 to 3:00 p.m. both days.

Or you can check out the nectar garden from 1:00 to 3:00 p.m. on Saturday, September 17. Look for caterpillars, a chrysalis, or a butterfly, make a butterfly-themed gift, or learn how to garden with plants that attract butterflies. The nectar garden is next to the visitor center. Naturalist Kristina Parkison is host.

Coyote Hills Regional Park is at the end of Patterson Ranch Road off Paseo Padre Parkway. For information, call 510-544-3220.

November Elections 2016

The 2016 General Election is upon us. On November 8, the course of history will change as we elect leaders to govern. Local candidates in the Greater Tri-City area will soon begin their campaigns as the election draws near. Candidate statements will appear in an October issue of Tri-City Voice. Local candidates are listed in alphabetical order include:

13th Congressional District. Includes San Leandro
Sue Caro
Barbara Lee

15th Congressional District. Includes Hayward & Fremont
Eric Swalwell
Danny R. Turner

17th Congressional District. Includes Fremont, Newark & Milpitas
Mike Honda
Ro Khanna

9th State Senate District. Includes San Leandro
Nancy Skinner
Sandr  R. Swanson

18th Assembly District. Includes San Leandro
Rob Bonta
Roseann Slonsky-Breault

20th Assembly District. Includes Ashland, Castro Valley, Cherryland, Fremont, Hayward, San Lorenzo, Sunol & Union City
Bill Quirk
Luis A. Wong

25th Assembly District. Includes Fremont, Newark & Milpitas
Bob Brunton
Kansen Chu

Alameda County Superior Court Judge (Seat 1)
Scott Jackson
Barbara Thomas

Castro Valley Unified School District Board Members

(vote for 3)
Suresh C. Gupta
Monica Lee
Jo A.S. Loss
Tojo Thomas
Lavender Whitaker

Fremont Unified School District Board Members (vote for 3)
Michele G. Berke
Desrie Y. Campbell
Dax Choksi
Ann Crosbie
Hiu Ng

Hayward Unified School District Board Members (vote for 3)
Robert Carlson
Todd E. Davis
Daniel Goldstein
Wynn Grich
Joe Orlando Ramos
Luis Reynoso
John I. Taylor
Annette Walker

New Haven Unified School District Board Members (vote for 3)
Jonas Dino
Sharan Kaur
Lance Nishihira
Michael Ritchie
Jeff Wang

San Lorenzo Unified School District Board Members (vote for 3)
Helen K. Foster
Penny Peck
Kyla Sinegal
Marilyn Stewart

Sunol Glen Unified School District Board Member (vote for 1)
Denise Kent-Romo
Patricia Picard

Fremont Mayor (vote for 1)
Bill Harrison
Lily Mei

Fremont City Councilmembers (vote for 2)
Vinnie Bacon
Marty Froomin
Kathy Kimberlin
Laurie Manuel
Raj Salwan
Rakesh Sharma

Cullen Tiernan

Newark Mayor
Alan L. Nagy

Newark Council (vote for 2)
Maria "Sucy" Collazo
Luis L. Freitas

Union City Mayor
Carol Dutra-Vernaci
Jim Navarro

Union City Councilmembers (vote for 1)
Lee Guio
Jaime Pati o
Gary Singh

AC Transit District Director At-Large
Dollene C. Jones
H.E. Christian (Chris) Peeples

AC Transit District Director, Ward 2. Includes San Leandro
Greg Harper
Russ Tilleman

Alameda County Water District Director (vote for 3)
Aziz Akbari
James Gunther
Martin L. Koller
John Weed

BART Director District 3 (vote for 1). Includes Ashland, Castro Valley, Cherryland, & San Lorenzo
Ken Chew
Worth Freeman
Varun Paul
Rebecca Saltzman

BART Director District 5 (vote for 1). Includes Castro Valley, Cherryland, Hayward & Sunol
Jennifer Hosterman
John McPartland

Castro Valley Sanitary District Directors (vote for 3)
Daniel M. Akagi
John Maher
Timothy R. McGowan
Dave Sadoff

East Bay Regional Park District Director Ward 4. (vote for 1). Includes part of Hayward, San Leandro & San Lorenzo
Daniel Chesmore

Ellen M. Corbett
Otis Lee Sanders

Oro Loma Sanitary District Board of Directors Full-Term (vote for 2)
Roland J. Dias
Diana Souza
Dan Walters

Oro Loma Sanitary District Board of Directors Short Term (vote for 1)
Rita Duncan
Chike Udemezue

Washington Township Healthcare District Directors (vote for 2)
Patricia "Pat" Danielson
William F. Nicholson
Chitra Ramanathan

San Leandro City Council #2 (vote for 1)
Bryan Azevedo
Ed Hernandez

San Leandro City Council #4
Benny Lee

San Leandro City Council #6
Pete Ballew

Milpitas Mayor
Debbie Indihar Giordano
Robert Marini
Carmen Montano
Voltaire S. Montemayor
Rich Tran

Milpitas City Councilmembers (vote for 2)
Gwan Alisantosa
Evelyn Chua
Bob Nunez
Mark Tiernan
Jennifer Strohfus
Anthony Phan

Not on Ballot:

Chabot-Las Positas Community College District, Area 1. Includes Hayward
Marshall Mitzman (unopposed)

Chabot-Las Positas Community College District, Area 3. Includes Union City & South Hayward
Arnulfo Cedillo (unopposed)

Chabot-Las Positas Community College District, Area 5. Includes Sunol
Carlo Eugene Vecchiarelli
(unopposed)

Ohlone Community College District Trustee, Area 2 (vote for 3)
Greg Bonaccorsi
Teresa D. Cox
Ishan Shah

Newark Unified School District Governing Board Members (vote for 3)
Jan Crocker
Francisco Preciado, Jr.
Ray J. Rodriguez

San Leandro Unified School District Governing Board Member, At Large
Peter Oshinski (unopposed)

San Leandro Unified School District Governing Board Member, Area 1
Monique M. Tate (unopposed)

San Leandro Unified School District Governing Board Member, Area 3
Evelyn Gonzalez (unopposed)

San Leandro Unified School District Governing Board Member, Area 5
Diana Prola (unopposed)

San Leandro Unified School District Governing Board Member, Area 6 (Short Term)
Victor Aguilar (unopposed)

Eden Township Healthcare District Directors (vote for 2)
Charles Gilcrest
Megan Alise Lynch

East Bay Municipal Utility District, Ward 5. Includes San Lorenzo & a portion of San Leandro
Doug Linney

Hayward Area Recreation & Park District Directors (vote for 3)
Louis Manuel Andrade
Rick J. Hatcher
Minane Jameson

Local candidate forums

SUBMITTED BY SAM NEEMAN

There is more than just the presidency at stake this November 8. Local elections for mayor, city councils, school districts and more directly affect our safety, our children's education and our healthcare. The League of Women Voters of Fremont, Newark and Union City (LWVFNUC) invites the public to attend a series of local candidate forums. Be an informed voter; mark your calendar for the following LWVFNUC forums:

Washington Healthcare District Board
Friday, Sep 16 - 7 p.m.
Fremont City Council Chambers
3300 Capital Ave, Fremont

Fremont City Council
Friday, Sep 16 - 8 p.m.
Fremont City Council Chambers
3300 Capital Ave, Fremont

Fremont Mayor
Friday, Sep 23 - 7 p.m.
Fremont City Council Chambers
3300 Capital Ave, Fremont

Fremont Unified School District Board
Friday, Sep 23 - 8 p.m.

Fremont City Council Chambers
3300 Capital Ave, Fremont

Union City Mayor
Wednesday, Oct 5 - 7 p.m.
Ruggieri Senior Center
33997 Alvarado-Niles Rd,
Union City

Union City Council
Wednesday, Oct 5 - 8 p.m.
Ruggieri Senior Center
33997 Alvarado-Niles Rd,
Union City

Alameda County Water District Board
Wednesday, Oct 12 - 7 p.m.
New Haven School District Administration Offices
34200 Alvarado-Niles Rd,
Union City

New Haven School District Board
Wednesday, Oct 12 - 8 p.m.
New Haven School District Administration Offices
34200 Alvarado-Niles Rd,
Union City

Go to www.lwvfnc.org for more information on this November's election.



the ongoing relief efforts in Japan that were established in response to the 2011 Tohoku earthquake and tsunami. The show will be a celebration of Respect, Harmony, and Unity – the philosophy of Eden Aoba Taiko and its artistic director, Masa Fukuizumi, whose hometown of Sendai was devastated by the catastrophe.

“After the disaster happened, I kept watching the news and felt totally helpless,” says Fukuizumi. “But I could help raise money, so in 2013 we held a concert, and the proceeds went to Japan. I know it’s not much, but I will do anything I can to help.” Eden Aoba Taiko has held a concert every year since then, raising over \$10,000 (part of this money also goes to the Eden Community Center, their home for the past 16 years).

Taiko is an ancient Japanese form of percussion using large drums. The drums range in size from roughly a snare drum (“shime”) to drums as large as a car (the “o-daiko”). The most common drum size in taiko is the “chu-daiko,” which is the size of a wine barrel.

During the 1900s, taiko drumming became a musical art form that involved a music ensemble and tightly choreographed

movements. This is taiko as we know it today. One of taiko’s most defining aspects is its dynamic playing style. Taiko playing is loud, hard, and fast, and involves a lot of choreographed movement.

This year marks the return of Kamo Tsunamura Daiko, a taiko group formed in 1996 in Sendai, Japan, who performed with Eden Aoba Taiko in 2007. Says their director, Fumio Oikawa, “When the disaster happened in Eastern Japan in 2011, there was much assistance, help, and support from America. The people of Japan are so grateful for that.”

Also on the program will be the Chhandam Youth Dance Company from San Francisco, an elite Indian dance group with members ranging in age from 8 to 18. Eden Aoba’s sister group, LEEP Taiko, will also perform. Founded two years ago by Fukuizumi and CSUEB counselor Valerie Taniguchi, this group is made up of CSUEB faculty and staff.

Performing with LEEP Taiko will be members of Bandelion (an innovative theatrical dance company) and Inclusive Interdisciplinary Ensemble (mostly comprised of CSUEB students), some with disabilities, who push

the boundaries of storytelling through movement and sound. Their director, Eric Kupers, is a CSUEB faculty member who excels at collaborative exploration.

All of the groups have performed with Eden Aoba Taiko at some point in the past. Says Fukuizumi, “I like to experiment and collaborate with different groups. This show will be fun, like a reunion of old friends.”

Advance tickets are \$20 for adults and \$15 for seniors 65+/children – 10, and \$25 adults and \$20 (seniors/children) when purchased at the door. Tickets available through members or by e-mailing tickets@edentaiko.org.

**Circle of Friends,
Lights of Hope
Sunday, September 18
2 p.m. – 4 p.m.
University Theatre, CSUEB
25800 Carlos Bee Blvd,
Hayward
tickets@edentaiko.org
www.edentaiko.org
Tickets: \$20 adults, \$15 seniors/children in advance;
\$25 adults, \$20 seniors/
children at door
Free parking (Lots K & L)**

CIRCLE OF FRIENDS, LIGHTS OF HOPE

BY DAVID R. NEWMAN
PHOTOS COURTESY OF
EDEN AOBA TAIKO

On Sunday, September 18, Eden Aoba Taiko will host a concert filled with Taiko drumming and dance at the University Theatre, on the campus of Cal State East Bay (CSUEB) in Hayward.

Entitled “Circle of Friends, Lights of Hope,” this multicultural event will showcase five talented groups – Eden Aoba Taiko, Kamo Tsunamura Daiko from Japan, Chhandam Youth Dance Company, Bandelion, and LEEP (Leadership Employee Enrichment Program) Taiko.

A portion of the proceeds from the show will go towards

HERS Breast Cancer Foundation 5K Walk

Event at Quarry Lakes benefits local Breast Cancer Foundation

By JULIE HUSON
PHOTOS BY RAMIL SUMALPONG, ICONIC LAB

Serious runners and casual walkers will want to turn out for the benefit of HERS Breast Cancer Foundation (HBCF) on Sat-

with something that makes you look amazingly beautiful.” HERS Breast Cancer Foundation’s mission is in restoring beauty and dignity to breast cancer survivors at an extremely vulnerable time of their lives. It is the only nonprofit organization



urday, September 24 at the Quarry Lakes East Bay Regional Park in Fremont. With matching funds up to \$15,000 donated by the East Bay Community Foundation this annual event, now in its 17th year, is HBCF’s largest fundraiser. Participants have until September 19 to register. With categories ranging from a 5K walk for children to a 10-kilometer run for adults, there’s no excuse for anyone to stay on the couch! Except, perhaps, the “Virtual Runner” whose \$40 donation will guarantee a T-shirt and goodie bag mailed to their home.

Participating runners and walkers in this year’s event are encouraged to register online and set up a personalized fundraising page to solicit contributions from family, friends, and coworkers. Some participants organize teams and wear group outfits or fun costumes.

This year’s event, expected to include over 650 participants, starts with an 8 a.m. opening ceremony which will include a release of doves. Executive Director Vera Packard says the foundation considers this a “Celebration of Life” for breast cancer survivors. Immediately following will be the walk/run event, concluding with a Community Resource Expo featuring sponsor booths, live music and a barbeque lunch. KTVU newscaster Heather Holmes will emcee the day’s events.

HERS, which stands for hope, empowerment, renewal and support, provides women healing from breast cancer access to post-surgical products and services, regardless of their financial status. Last year, over 1,700 women received services from the agency’s locations in Fremont, Stanford, and Pleasanton. In addition to fitting post-mastectomy prosthetics and garments, HBCF clinics provided wigs and special lymphedema compression supports used to prevent swelling of soft tissue in the hands, arms, and chest in about 30 percent of those who undergo breast cancer surgery.

“Cancer turns your life upside down,” says one breast cancer survivor, “but you come to this place [HERS] and you find that people are so kind and understanding, and the products that they have, no matter if you have insurance or not, you’ll walk out

in the Bay Area that provides services to breast cancer survivors in a welcoming and understanding environment.

HBCF’s unique services are provided at three locations: program stores at Washington Hospital in Fremont, Stanford Cancer Center in Palo Alto (Stanford University), and Valley Care Health Library in Pleasanton.

Check in for the HERS Breast Cancer Foundation 5K Walk, 5K/10K Run, and Community Expo begins at 7 a.m. September 24. Registration forms must be received no later than September 19. Free parking for participants is available at the park, but carpooling is encouraged. Dogs are permitted at Quarry Lakes Regional Park, but must remain on leash. Walking participants with dogs are requested to stay at the back of the group as a courtesy to others. Entry fees are \$50 for adults (\$60 on the day of the race) and children under the age of 11 are \$5 (\$10 on race day.) Awards will be given to the top three men and women runners by age group, and all finishers will receive a medal and commemorative T-shirt.

For more information or to register, visit <http://hersbreastcancerfoundation.org/walk-run/>

HERS Breast Cancer Foundation 5K Walk, 5K/10K Run
Saturday, Sep 24 7 a.m.
Quarry Lakes East Bay Regional Park
2100 Isherwood Way, Fremont (510) 790-1911
<http://hersbreastcancerfoundation.org/walk-run/>
Fees: \$50 adults, \$5 children under 11 in advance; \$60 and \$10 on race day
Parking: \$5 per car; free for participants

Schedule:
7:00 a.m. – 9:00 a.m.: Check-in/Event Day Registration
8:00 a.m.: Opening Ceremony, tribute to breast cancer survivors
8:45 a.m.: Pre-event warm ups
9:00 a.m.: 10K runners start
9:15 a.m.: 5K runners start
9:20 a.m.: 5K walkers start

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Cavalía presents its latest creation: Odysseo

SUBMITTED BY CHRISTINA YOSHIHARA
PHOTOS BY DAN HARPER

Following a wildly successful run in San Francisco last year, which charmed more than 82,000 spectators of all ages, “Odysseo” – Cavalía’s latest theatrical production that expands the definition of performance into an epic experience – will make its South Bay debut under the White Big Top in San Jose with shows beginning September 14.

“Odysseo” is an immersive theatrical experience that marries the equestrian arts, stage arts, and high-tech theatrical effects at never-before-seen levels. A show unlike any other on the planet, “Odysseo” brings the audiences to a live Hollywood-style movie set, where the moving interactions between human and horse are at the heart of the action. On an enormous stage, layers of mesmerizing decor are combined with live music, grav-

ity-defying acrobatics, mesmerizing aerial stunts and inspiring HD projections, all of which make “Odysseo” the first 6D show in the world. With a state-of-the-art video screen three times the size of the world’s largest cinema screens, as well as a three-story mountain for dazzling perspectives and a real lake – the last of which magically appears for a splashing finale – “Odysseo” truly pushes the limits of live entertainment.

Tickets for “Odysseo” in San Jose can be purchased online at www.cavalía.net or by calling 1-866-999-8111.

Odysseo
Wednesday, Sep 14 – Saturday, Oct 1
8:00 p.m., 7:00 p.m. 7:30 p.m. & 2:00 p.m.
White Big Top
399 W Julian St, San Jose
1-866-999-8111
www.cavalía.net
Tickets: \$29.50 – \$154.50





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