



Ching Ming Festival celebrates traditional Chinese holiday
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A romantic double header of music
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One wheel and cube for one great cause
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March 29, 2016

Vol. 15 No. 13

Celebrate Celtic culture at Tartan Day Scottish fa re

By DAVID R. NEWMAN
PHOTOS COURTESY OF
DAVE BALL PHOTOGRAPHY

Put on your kilts and bring out your bagpipes, it's time for the annual "Tartan Day Scottish Fa re"! Hosted by the East Bay Scottish Association (EBSA) with support from the East Bay Regional Park District (EBRPD), this family friendly cultural event is a one-day celebration of all things Scottish.

Come join in the revelry at the beautiful Ardenwood Historic Farm as musicians, dancers, athletes, and living history enthusiasts create an immersive Scottish experience suitable for all. Nosh on meat pies and enjoy fine brews as you browse the Celtic-themed goods. Or explore

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SUBMITTED BY VICKILYN HUSSEY

Double bassist Bill Everett, along with the Music at the Mission Chamber Players, explores the many facets and virtuosic possibilities of the largest of string instruments in "It's All About That Bass" on Thursday, April 7 at Old Mission San Jose. It's all about that bass as a compelling voice with universal appeal, from the baroque to the contemporary. There's even a little humor sprinkled in!

"The thing I really love about this concert program is the diversity it brings in showing off the instrument," said Everett, Artistic Co-Director of Music at the Mission. "From music for bass and harpsichord, to the expressive late romantic,

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'It's
All
About
That
Bass'



Tune up your bike for the Primavera Fun Ride

SUBMITTED BY JULIE GILSON

The Fremont Freewheelers Bicycle Club (FFBC) hosts their 44th annual spring bike event on Sunday, April 17. The "Primavera Century" has a variety of routes, from the 100 mile "full century" to a family-friendly Fun Ride of 25 miles, as well as routes of 65 and 85 miles. Although the longer distance routes are sold out, there is still plenty of room in the 25-mile Fun Ride.

Starting at Mission San Jose High School in Fremont, the Fun Ride travels to and around Coyote Hills Regional Park using parts of the Alameda Creek Trail on this mostly flat, fun, and educational ride. Then it's back to the high school for a tasty lunch at a choice of sev-

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Do You Experience Tingling, Numbness, Weakness or Pain, in Your Hand, Wrist or Arm?

Washington Hospital Offers Free Community Seminar on Nerve Compression Disorders

Chances are you know someone who has had carpal tunnel syndrome – a medical condition that initially produces tingling or numbness in the hand and can progress over time to piercing pain that shoots through the wrist and up the arm. The cause of this fairly common affliction is nerve compression, sometimes referred to as a “pinched nerve.”

“Carpal tunnel syndrome results from pressure on the median nerve, which runs from the forearm into the hand through the ‘carpal tunnel,’ a narrow passage of ligaments and bones,” explains Prasad Kilaru, MD, director of the Hand Program at Washington Hospital. “The nerve provides sensation to the thumb, index finger, middle finger and half of the ring finger. When swelling narrows the tunnel and compresses the nerve, the result may be pain, tingling, numbness or weakness in the hand and wrist, radiating up the arm.”

While carpal tunnel syndrome is the most common and best-known nerve compression disorder of the arms, compression of other nerves in the arm can produce similar symptoms in

other locations in the hands and arms. For example, cubital tunnel syndrome is caused by increased pressure on the ulnar nerve, which passes close to the skin’s surface in the area of the elbow commonly known as the “funny bone.” A third condition, radial tunnel syndrome, is caused by increased pressure on the radial nerve, which runs past the bones and muscles of the forearm and elbow.

To help people in the community learn more about nerve compression disorders of the arm, Washington Hospital is sponsoring a free Health & Wellness seminar on Tuesday, April 26, from 1 to 3 p.m. in the Conrad E. Anderson, MD, Auditorium in the Washington West Building at 2500 Mowry Ave. in Fremont.

At the seminar, Dr. Kilaru will discuss the causes, symptoms and medical treatments available for carpal tunnel, cubital tunnel and radial tunnel syndromes. He also will explain surgical techniques for treating the three disorders.

“Carpal tunnel syndrome usually starts off with the fingers ‘falling asleep’ and then progressing to pain,” Dr. Kilaru notes. “Left untreated, the pain can become severe enough to wake



Prasad Kilaru, MD, director of the Hand Program at Washington Hospital will be presenting at a free Health and Wellness seminar about nerve compression disorders of the arm on Tuesday, April 26, from 1 to 3 p.m. The seminar will take place in the Conrad E. Anderson, MD, Auditorium in the Washington West Building at 2500 Mowry Avenue in Fremont. To register for the seminar, go to whhs.com/events or call (800) 963-7070.

the person up at night. With further progression, the nerve may die, so it is important to treat the disorder early.

“Compression of the ulnar nerve can produce tingling in the pinkie finger and the ring finger, as well as pain and numbness in

the hand, radiating up to the elbow,” he adds. “Compression of the radial nerve can cause piercing or stabbing pain at the outer aspect of the forearm or back of the hand, especially when you try to straighten your wrist or fingers. Radial tunnel syndrome

usually does not cause numbness or tingling because the nerve mostly affects the muscles.”

According to the National Institutes of Health, carpal tunnel syndrome may be caused by a variety of factors, including the fact that the carpal tunnel is smaller in some people than in others – which may be why women are three times more likely than men to develop carpal tunnel syndrome. The dominant hand is often affected first and produces the most severe pain. Repetitive and forceful movements of the hand during work or leisure activities may increase the risk of developing carpal tunnel syndrome.

Cubital tunnel syndrome is more likely to develop if you repeatedly lean on your elbow, especially on a hard surface, or if you bend your elbow for sustained periods, such as while talking on a cell phone. The risk for this disorder also increases for people, such as baseball pitchers, who participate in intense physical activity that puts pressure on the ulnar nerve. Causes of radial tunnel syndrome can include repetitive motions

continued on page 5

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY		
	3/29/16	3/30/16	3/31/16	4/1/16	4/2/16	4/3/16	4/4/16		
12:00 PM 12:00 AM	Learn About the Signs & Symptoms of Sepsis	Arthritis: Do I Have One of 100 Types?	Prostate Cancer:What You Need to Know	Relieving Back Pain: Know Your Options	Voices InHealth:The Greatest Gift of All	Surgical Treatment of Obstructive Sleep Apnea	Hip Pain in the Young and Middle-Aged Adult		
12:30 PM 12:30 AM	Minimally Invasive Surgery for Lower Back Disorders		Advanced Healthcare Planning		Family Caregiver Series: Managing Family Dynamics in Caregiving	Turning 65? Get To Know Medicare		Alzheimer's Disease	
1:00 PM 1:00 AM		Voices InHealth:Washington's Community Cancer Program	Heart Healthy Eating After Surgery and Beyond	The Weigh to Success			Snack Attack		Diabetes Matters: Key To A Healthy Heart with Diabetes
1:30 PM 1:30 AM	Voices InHealth: Cyberbullying - The New Schoolyard Bully	Family Caregiver Series: Fatigue and Depression							
2:00 PM 2:00 AM	How Healthy Are Your Lungs?	Washington Township Health Care District Board Meeting March 9, 2016?	Shingles	Washington Township Health Care District Board Meeting March 9, 2016?	Take the Steps:What You Should Know About Foot Care	Your Concerns InHealth: Sun Protection	Washington Township Health Care District Board Meeting March 9, 2016?		
2:30 PM 2:30 AM					Colon Cancer: Prevention & Treatment			Colon Cancer: Prevention & Treatment	Women's Health Conference: Can Lifestyle Reduce the Risk of Cancer?
3:00 PM 3:00 AM	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy		Knee Pain & Replacement		Reach Your Goal: Quit Smoking	Getting the Most Out of Your Insurance When You Have Diabetes			
3:30 PM 3:30 AM	Do You Suffer From Anxiety or Depression?							Peripheral Vascular Disease: Percutaneous (Under the Skin) Treatment	Learn About Nutrition for a Healthy Life
4:00 PM 4:00 AM			Keeping Your Heart on the Right Beat March 9, 2016?		Living with Arthritis	Family Caregiver Series: Driving Safety & Alternative Transportation Resources			
4:30 PM 4:30 AM	Low Back Pain	Women's Health Conference: Food and Mood: How One Can Affect the Other		Women's Health Conference: Aging Gracefully			Family Caregiver Series: Recognizing the Need to Transition to a Skilled Nursing Facility		
5:00 PM 5:00 AM	Keys to Healthy Eyes	Learn If You Are at Risk for Liver Disease	Raising Awareness About Stroke	GERD & Your Risk of Esophageal Cance	Washington Township Health Care District Board Meeting March 9, 2016?	Washington Township Health Care District Board Meeting March 9, 2016?	Heel Problems and Treatment Options		
6:00 PM 6:00 AM								Sports-Related Concussions	Washington Women's Center: Sorry, Gotta Run!
6:30 PM 6:30 AM	Diabetes Matters: Protecting Your Heart	Get Back On Your Feet: New Treatment Options for Ankle Conditions	Diabetes Matters: Insulin: Everything You Want to Know	Inside Washington Hospital: The Green Team			Family Caregiver Series: Nutrition for the Caregiver		
7:00 PM 7:00 AM		Voices InHealth: Medicine Safety for Children	Washington Township Health Care District Board Meeting March 9, 2016?	Dietary Treatment to Treat Celiac Disease			New Treatment Options for Chronic Sinusitis	Community Based Senior Supportive Services	Family Caregiver Series: Coping as a Caregiver
7:30 PM 7:30 AM	Washington Township Health Care District Board Meeting March 9, 2016?	Voices InHealth: Healthy Pregnancy							Don't Let Hip Pain Run You Down
8:00 PM 8:00 AM		Colon Cancer: Prevention & Treatment			Diabetes in Pregnancy	Your Concerns InHealth: Decisions in End of Life Care			
8:30 PM 8:30 AM		Washington Women's Center: Cancer Genetic Counseling							Preventative Healthcare Screening for Adults
9:00 PM 9:00 AM	Family Caregiver Series: Advanced Healthcare Planning & POLST	Deep Venous Thrombosis			Diabetes Matters: Diabetes & Polycystic Ovarian Syndrome	Hip Pain and Arthritis: Evaluation & Treatment			
9:30 PM 9:30 AM			Kidney Transplants	Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment			Latest Treatments for Cerebral Aneurysms	Diabetes Matters: Understanding Labs to Improve Diabetes Management	Voices InHealth: Demystifying the Radiation Oncology Center
10:00 PM 10:00 AM	Lunch and Lean rn:Yard to Table	Voices InHealth: Radiation Safety			Inside Washington Hospital: Patient Safety	Family Caregiver Series: Hospice & Palliative Care			
10:30 PM 10:30 AM									
11:00 PM 11:00 AM									
11:30 PM 11:30 AM									

Dr. Vijaya Dudyala Joins WTMF's Nakamura Clinic

"I believe in building a strong partnership with my patients because this leads to the best outcomes," said Vijaya Dudyala, MD, who has cared for people as a critical care hospitalist and primary care physician in the Bay Area for the past 12 years. "My goal is to guide and support patients in making healthier choices that will enable them to live happier, more active lives."

Dr. Dudyala recently joined Washington Township Medical Foundation (WTMF) as a primary care physician. This February, she began seeing patients age 18 and older at the group's Nakamura Clinic in Union City.

"I am very excited to be here," she added.

Dr. Dudyala began her medical career as a hospitalist at Mills Peninsula Hospital in Burlingame in 2003. Hospitalists specialize in treating patients in the hospital. In 2006, she began working as a hospitalist at Washington Hospital.

"I really like the people in the Tri-City area," she commented. "I'm proud to have served this area for 10 years. I already have a connection with the community."

Born and raised in India, Dr. Dudyala attended Osmania Medical College, considered the best medical school in her state in India. After she and her husband moved to the U.S., she completed her internship and residency at St. Barnabas Hospital, an affiliate of Cornell University, in the Bronx, New York. Board certified in Internal Medicine and Primary Care, she is fluent in English, Hindi, Telugu and also understands Punjabi.

As a hospitalist, Dr. Dudyala cared for critically ill patients, mostly in the intensive care unit.

"I enjoyed my work in the hospital, but I always wondered what happened to my patients after they were discharged," she explained. "Now, as a primary care physician, I can play a greater role in guiding people to live a healthier life over the long term."

For the past two years, Dr. Dudyala has been working as both a hospitalist and a primary care doctor. With WTMF, she will focus on primary care but will also take on the role of hospitalist for her patients, as needed.

In her own life, Dr. Dudyala likes to spend as much time as possible with her family, including her husband and their son, 13, and daughter, 10. The family enjoys hiking together. She also makes time for her own healthy practices, like meditation and yoga.

"It is important to find balance in my life and to do things more efficiently," she stated. "I want to help my patients take this same approach in their lives."

Dr. Dudyala explained that a physician's job is much more than just treating illness and disease. Along with medical knowledge, a doctor should have compassion and empathy.

"I take the time to listen to my patients' medical complaints carefully and attentively and am very committed to their health and well-being."

According to Dr. Dudyala, a key factor in the doctor-patient partnership is trust. This is especially true for doctors in primary care. On her first day in the Nakamura Clinic, one of her patients was the mother of another local doctor.

"I am so honored to be caring for my colleague's mother," she stated. "It demonstrates the level of trust the family has in me."



Vijaya Dudyala, MD is a primary care physicians and critical care hospitalist. She recently joined the Washington Township Medical Foundation and sees patients age 18 and older at the Nakamura Clinic in Union City. To schedule an appointment with Dr. Dudyala, call (510) 248-1500.

The WTMF Nakamura Clinic provides continuing family medical care and urgent care at 33077 Alvarado Niles Road in Union City. It is open Monday through Friday from 8 a.m. to 6 p.m., and walk-ins are welcome. For more information or to make an appointment, call (510) 248-1500.

Learn More.

To find out more about Washington Township Medical Foundation, go to www.mywtmf.com.

Ask the Doctor

This is an ongoing column in which community physicians answer your health-related questions. Questions should be emailed to Ask the Doctor at: askthedoctor@whhs.com

Dear Doctor,

Should you still be kept awake all night once a concussion has been diagnosed?

Dear Reader,

An emphatic "no." Lack of sleep is one of the main drivers of failure to adequately recover from a concussion. If you think the concussed individual is severely injured, then a medical provider with experience in treating concussions should evaluate that person before a decision is made regarding their care. The vast majority of the time, a concussion will do better if the person is allowed to get adequate sleep. However, too much sleep – more than 10 hours per day and napping whenever they want – can be counterproductive. Remember, early and mild physical activity such as walking can also be very helpful.

Dear Doctor,

Can a helmet or mouth guard prevent a concussion?

Dear Reader,

Helmets mainly protect against skull fractures and mouth guards protect teeth from injury but neither has been proven to prevent concussions. An important medical point to remember is that Chronic Traumatic Encephalopathy or CTE (the permanent brain damage that results from brain trauma) can also occur from other injuries. In fact, CTE happens every time the brain is severely jostled whether a concussion occurs or not.

Stephen Zonner, DO



Dr. Steven Zonner is board certified by the American Osteopathic Board of Family Practice and has over 30 years of experience in the fields of primary care, occupational and Sports Medicine. Dr. Zonner completed the majority of his medical training in Chicago starting with his Doctor of Osteopathic Medicine degree (DO) from the Chicago College of Osteopathic Medicine. After finishing his Family Medicine internship

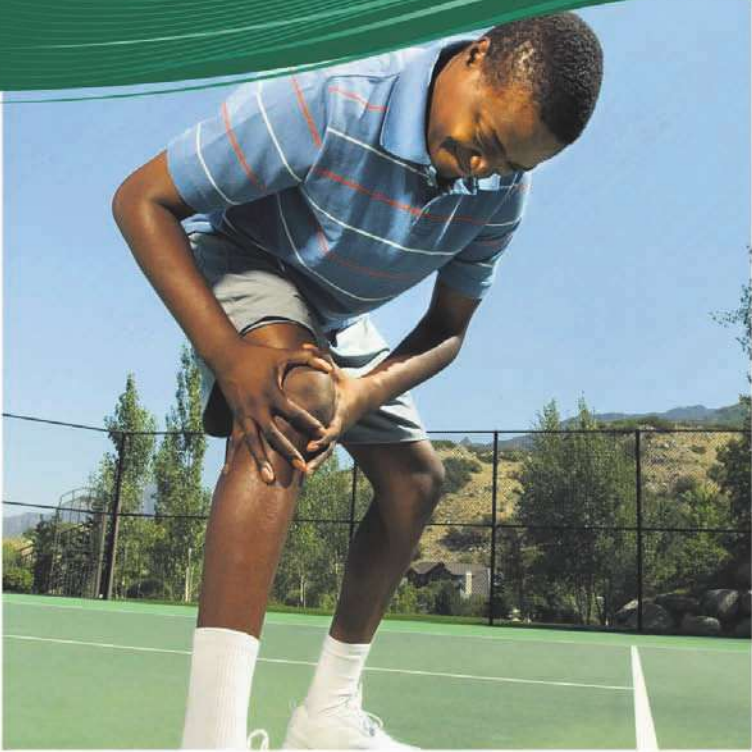
and residency at Botsford General Hospital in Michigan, he returned to Chicago to complete his primary care Sports Medicine fellowship at Rush-Presbyterian-St. Luke's Medical Center. In 1990, he went on to become the head team physician for Arizona State University and has been invited to work at the US Olympic Training Center in Colorado Springs. He has been treating people of all ages and athletic abilities in the San Francisco Bay Area since 2004. Dr. Zonner is also fluent in Spanish.



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Health & Wellness



Free Community Seminar

SPEAKER



Alexander P. Sah, M.D.
Orthopedic Surgeon
Medical Co-Director,
Institute for Joint Restoration and Research
Medical Director,
Outpatient Joint Replacement Program
Fellow, AAOS Leadership Fellows Program
Washington Hospital Medical Staff

Knee Pain and Arthritis — Update in Treatment Options, Outpatient and Rapid Recovery Joint Replacement

Do you have knee pain or discomfort in your knee? At this seminar, you will learn about conditions of the knee and what current diagnostic procedures and treatment options are available.

**Friday, April 15, 2016
1 to 3 p.m.**
**Conrad E. Anderson, M.D. Auditorium, Rooms A & B
Washington West, 2500 Mowry Ave., Fremont**

Stay connected to Washington Hospital through Facebook, YouTube and Twitter. Watch InHealth Channel videos, learn about upcoming events and seminars and see what's happening at your community hospital.






To register or for more information, visit www.whhs.com/events or call 1-800-963-7070.

Seminars may be televised on InHealth, a Washington Hospital Channel (Comcast Channel 78) and online at inhealth.tv.

The Ohlone Promise

www.ohlonepromise.org



A Two Year Full Ride Scholarship Program FOR GRADUATING HIGH SCHOOL SENIORS

APPLICATION PERIOD: March 1 – April 15



OHLONE College

When Justine Simms was nearing graduation from Irvington High School in Fremont she didn't quite feel financially prepared for college. After encouragement from a school counselor, Justine checked out the Ohlone Promise Scholarship offered by Ohlone College, a school conveniently located near her home.

"It's been awesome," said Justine, "Being at Ohlone has allowed me to get used to college life before I move on to pursue my Bachelor's degree and not having the burden of paying for tuition and books is an amazing relief."

Now a second-semester sophomore and an Ohlone Promise Scholarship recipient, Justine is quickly on her way to achieving her first goal—an Associate in Arts degree in Business.



Her next goal includes transferring to a four-year university where she plans to work towards a degree in animal science with a minor in business. Justine is looking at several in-state and out-of-state universities that have excellent animal science programs including Cal Poly, Montana State, Wisconsin River Falls, and Texas A&M. Her ultimate goal is to start a non-profit therapeutic horseback riding center for abused children and at-risk youth.

"The Ohlone Promise Scholarship has paid for my tuition, books, and enrollment fees, which is fantastic since just books themselves can cost \$700. It has also given me the confidence that I can accomplish my dream of starting my own ranch someday," said Justine.



2015 Ohlone Promise Scholarship Recipients

Thanks to generous donors, the Ohlone College Foundation has increased the number of scholarships offered from 25 in 2015 to 30 scholarships in 2016. To qualify, a student must be a senior graduating from a public high school in Fremont, Newark, or Union City and plan to attend Ohlone College full time.

To apply for the Ohlone Promise Scholarship, please visit www.ohlonefoundation.org. Applications are now being accepted through April 15. For information on how you can support The Ohlone Promise, call 510-659-6020.

LOV presents

Big Lou's Polka Casserole

SUBMITTED BY SHIRLEY SISK

On Sunday, April 10 the League of Volunteers (LOV) and the Newark Arts Council present in concert - Big Lou's Polka Casserole featuring Big Lou The Accordion Princess and her band of talented musicians: David Golia – bass and vocals, David Phillips – steel guitar, Gene Reffkin – drums, Greg Stephens – trombone and Annelise Zamula – saxophone.

Always the life of the party, they will have you up and dancing their polkas, waltzes, cha-chas, tangos, Western swing and more. Prepare yourself for an afternoon of hand-clapping foot-stomping fun.

LOV's concerts are held at the Thornton Junior High in Fremont. The concert begins at 2 p.m. (Doors open at 1 p.m.) Admission is free with a suggested donation at the door. Complimentary refreshments are served during intermission. For more information call (510) 793-5683 or check the website www.lov.org

Big Lou's Polka Casserole in Concert
Sunday, Apr 10
2 p.m. (Doors open 1 p.m.)
Thornton Junior High, Auditorium
4356 Thornton Ave, Fremont
(510) 793-5683
www.lov.org
Free but donations greatly appreciated



Fremont Symphony Quartet (left to right): Philip Santos, Katy Juneau, Dan Reiter, & Matthew Oshida

A Romantic double header of Music

SUBMITTED BY CARYL DOCKTER

Bay Area opera stars Carrie Hennessey, soprano, and Zachary Gordin, baritone, sing French love songs by late 19th and early 20th Century composers Charpentier, Fauré, Hahn, Massenet and Poulenc at Fremont Symphony's "The French Connection."

Known for her ability to bring great musical and theatrical depth to her performances, Hennessey is a powerful, versatile and talented artist who performs in operas and with symphony orchestras throughout California and abroad. Gordin brings masterful singing and strong physicality to a wide variety of roles, from baroque heroes to contemporary works written for him. The singers will be accompanied on the piano by Oakland Symphony assistant conductor Bryan Nies.

To set the scene for turn-of-the-century Paris, the acclaimed Fremont Symphony Quartet performs Debussy's only

string quartet—a watershed in the history of chamber music, with its impressionistic tonal shifts and cyclic structure, and a total delight to the ear. Then follows the world-premiere of a new arrangement of Gershwin's "An American in Paris" (an American composer, of course, but a quintessential Parisian scene), by the Quartet's cellist, Dan Reiter.

Tickets are available online at www.fremontsymphony.org and by calling (510) 371-4859. First-time patrons may enter coupon code "FREMONT10" to receive an introductory reduction, or request the first-timer promotional offer by phone.

The French Connection
Saturday, Apr 2
8 p.m.
Prince of Peace Lutheran Church
38451 Fremont Blvd, Fremont
(510) 371-4859
www.fremontsymphony.org
Tickets: \$45-\$55

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Do You Experience Tingling, Numbness, Weakness or Pain, in Your Hand, Wrist or Arm?

Washington Hospital Offers Free Community Seminar on Nerve Compression Disorders

such as typing and especially mouse use, injury, noncancerous fatty tumors, bone tumors and inflammation of surrounding tissues.

“People with diabetes and kidney problems are at higher risk for developing nerve compression disorders,” says Dr. Kilaru. “Both of those health problems can cause nerve damage, and water retention associated with poor kidney function can put extra pressure on the nerves. We do see more cases of nerve compression in people who are involved with manual labor or who perform repetitive motions at work, including those who work with computers or who work on assembly lines.”

Initial treatment for any of these conditions usually involves the use of nonsteroidal anti-inflammatory medications such as ibuprofen or naproxen. In addition, physicians may recommend the use of wrist braces, protective elbow pads or splints to avoid undue pressure on the nerves.

“If those treatments don’t work, more aggressive treatments may be required,” Dr. Kilaru says. “Some physicians may suggest steroid injections, but I believe surgery is more effective and results in better outcomes. For all three conditions, the general concept is to relieve

pressure on the nerve. To treat carpal tunnel syndrome, we can perform a quick, outpatient surgery performed endoscopically or through a small open incision, with either a local or general anesthetic, depending on the patient’s preference and general medical condition. Procedures for the other two conditions are always performed as open surgeries, but the incisions are still quite small – only two to three inches.”

Dr. Kilaru notes that most patients are able to return to their normal daily activities within three to six weeks following surgery for nerve compression disorders. Physical therapy may be recommended to help patients recover strength and range of motion.

“Complete recovery does depend on the extent of damage to the nerve,” he cautions. “If the nerve is badly damaged, it may take up to a year or even longer for the nerve to fully recover. In cases of severe nerve damage, the nerve may never recover its original level of function, which is why it is important to seek treatment for nerve compression disorders early.”

To register for the seminar on April 26, visit www.whhs.com and click on the tab at the top of the page for “Events.”

continued from page 1

Tune up your bike for the Primavera Fun Ride

eral gourmet food trucks, including vegetarian options. Lunch and goodie bags with bicycling items are included in the registration fee. Mechanical support and rest stops with water, snacks – including ice cream—and rest rooms are also included. Youth riders completing the Fun Ride receive medals at completion.

The Fun Ride is perfect for new riders, those just getting back into bicycling, and families with limited experience bicycling. Helmets are required. A portion of the proceeds will be donated to local charities.

The Fremont Freewheelers is the Tri-Cities’ local non-profit bicycle club organized for the purpose of promoting all facets of bicycling including leisure, recreational, touring and racing, always with an emphasis on bicycle safety and education. The club hosts organized bicycle rides weekends and most weekdays. Experienced riders lead each ride, providing maps and moral support as needed. Rides are designed for all levels of cyclists and vary in terms of distance and amount of hills. Most rides include a coffee stop providing a chance to refuel and socialize.

Special event evening rides are usually planned for the longer daylight days in summer. The

club also holds training series every year for those interested in riding longer distances of 65 to 100 miles. Although our open series started in January and are mid-way through their programs, experienced riders comfortable with the upcoming distances are welcome. All riders must wear helmets and have bicycles in good working order. For more information, go to www.ffbc.org.

The cost for the Fun Ride is \$30 for ages 18 and over and \$15 for those under 18. Register online at <https://ffbcprimavera.wordpress.com/registration-2/>. Mail-in registrations are accepted with the registration form and waivers (printable from the website) but need to be postmarked by April 1. For more information, visit <https://ffbcprimavera.wordpress.com/> or call (520) 490-8098.

Primavera Century Fun Ride
Sunday, Apr 17
8:00 a.m. – 10:30 a.m.
check in time
Mission San Jose High School
41717 Palm Ave, Fremont
(520) 490-8098
<https://ffbcprimavera.wordpress.com/>
Registration: \$30 adults,
\$15 under 18

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- Breast Lift
- Tummy Tuck
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- Upper/Lower Eyes
- Liposuction
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Contact our office with any questions. We would love to hear from you

510-791-9700

Contact Delilah for more information
delilah@prasadkilaru.com

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Washington Center for
Wound Healing & Hyperbaric Medicine

39141 Civic Center Dr., Suite 106, Fremont, CA
Call 510.248.1520 or go to whhs.com/wound to learn more

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published.

Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.



JOHN ROMANO, MD
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510-794-5010



Historical exhibit celebrates Tri-City women & their work

SUBMITTED BY KELSEY CAMELLO

In American society women have traditionally been in the shadow of men, and yet women too have always worked and supported themselves and their families. Women of the Tri-City area have worked on farms, in industry, in business and bore and raised their families. They have always been an integral and important part of society.

History applauds just a few of the many women who have formed the backbone of society. The well-known names are touted over and over again, yet the work of everyday continues, often unnoticed. Opening on Friday, April 8, the exhibit "Celebrating Tri-City Women and their Work," highlights some of these unsung heroes. Come and visit the museum and learn about exceptional women in Tri-City history, such as the women who worked the line at the James Graham Manufacturing Co. in Newark, producing airplane parts for the war effort in the 1940s.

The Washington Township Museum of Local History not only invites visitors to this exhibit, but also asks for citizens to submit their stories about women and their work – mothers, grandmothers, friends, and acquaintances. To submit stories or for additional information, please visit the museum at 190 Anza Street in Fremont or the website at www.museumoflocalhistory.org

Celebrating Tri-City Women and their Work
Friday, April 8 – ongoing
Wednesdays, Fridays, and
2nd weekend of each month
10 a.m. – 4 p.m.
Museum of Local History
190 Anza St, Fremont
(510) 623-7907
Free; donations gladly appreciated

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Golf Tournament to Benefit Surgical Services

SUBMITTED BY SHANNON ANTEPENKO

Washington Hospital Healthcare Foundation's 31st annual golf tournament will be held on Monday, April 25 at Castlewood Country Club in Pleasanton. Interested participants can help in the following ways: register as an individual golfer, foursome or a sponsor; attend the awards banquet; volunteer on the golf course; donate an item to the raffle; or donate a bottle of wine for the "Board of Trustees Case of Wine" live-auction item. Proceeds from the tourney will again

benefit surgical services at Washington Hospital.

All golfers who have paid by Friday, April 1 will be entered into a special drawing for a \$100 Castlewood Country Club golf merchandise certificate, courtesy of Laura Pessagno. Registration deadline is on Friday, April 15. Reservations can be made by contacting (510) 791-3428 or foundation@whhs.com.

Washington Hospital Healthcare Foundation's Golf Tournament
Monday, Apr 25
10 a.m.: Registration and

Refreshments; Driving Range & Putting Contest
10:30 a.m.: Barbeque Lunch
12 p.m.: Tee-Off and Shotgun Start
5 p.m.: Cocktail Reception; Auction & Raffle
5:30 p.m.: Awards Banquet
Castlewood Country Club
707 Country Club Cir, Pleasanton
(510) 791-3428
foundation@whhs.com
www.mywtmf.com
Registration: \$325 per golfer; \$1,250 per foursome
Awards Banquet only:\$60
Sponsorship: \$300-\$10,000

Fifth Annual YouthLive! Gala

SUBMITTED BY HEATHER RIENDEAU

Foster and Community Youth will showcase their talent, fashion and art, all to benefit Bay Area at-risk and foster youth, at the 5th Annual YouthLive! Gala on Saturday, April 23 in San Jose. YouthLive! benefits Unity Care, a youth and family development agency providing services and support for approximately 6,000 Bay Area youth annually.

Pianist Rocky Jay returns to headline the talent segment of the evening. The 18-year-old Chabot College student and foster youth since age six, hopes to inspire many lives through the power of his music.

ABC7's Spencer Christian will emcee the evening's festivities, which also include a reception, formal dinner, silent youth art auction and Treasure Chest prizes.

Tickets are \$150 per person and should be purchased by April 10, at www.youth-live.com

YouthLive! Gala
Saturday, April 23
6 p.m.
Fairmont San Jose Hotel
170 South Market St,
San Jose
www.youth-live.com
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Unity Care



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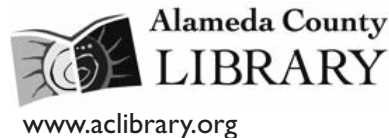
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SUBMITTED BY
SALLIE PINE,
INTERIM UNION CITY
LIBRARY MANAGER

Now that the spring equinox is behind us, many of us like to spend time outdoors in a garden. If you are one, or would like to try your hand at it, your local library can provide many resources for beginners and experts. The following are just a few:

Books:

The New Sunset Western Garden Book: the ultimate gardening guide by Kathleen Norris Brenzel (ed.) latest edition ©2012 635.90978 NEW

Plants and landscapes for summer-dry climates of the San Francisco Bay Region by Nora Harlow and EBMUD ©2004 635.9525 HARLOW

Golden Gate Gardening: the complete guide to year-round food gardening in the San Francisco Bay Area & coastal California by Pam Peirce ©2010 635.09794 PEIRCE

Waterwise Plants for Sustainable Gardens: 200 Drought-Tolerant Choices for all Climates by Lauren Springer Ogden © 2011, also available as an e-book. 635.9525 OGDEN

Growing California Native Plants by Marjorie Schmidt ©2012 635.95179 SCHMIDT

Just ordered (coming soon): The Drought-Defying California Garden: 230 native plants for a lush low-water landscape by Greg Rubin © 2016

Or just browse in the stacks or in the new books for items whose call number starts with 635.9.

DVDs:

How to grow anything: food gardening for everyone by Melinda Myers DVD 635.97 HOW

Rebecca's garden (series of 6 DVDs from the TV program, covers a variety of topics) produced by Hearst-Argyle Television Productions DVD 635.9 REBECCA'S

Database of books, articles, videos and more:

Hobbies & Crafts, paid for by the library. You'll need a library card for access. Go to www.acli-

brary.org, hover your cursor over the word Research in the dark blue band at the top and click on A-Z resources, and then on H to get to Hobbies & Crafts. You'll be prompted after clicking on that for your card number.

Fremont Main Library's Seed Library:

When on the first floor of Fremont Main, if you are in front of the Information Desk, look slightly to the left of center as you face the rounded windows, and you will see the Seed Library. Seed Libraries are collections of seed packets that people can take some of, plant, and then hopefully have enough of a harvest of seed after bloom that they can return some to the library so that there is always a supply of that seed. Don't worry if it doesn't work out that you can return any, but please try to not take whole packets; usually there is plenty in one for 2-3 gardeners to share. The seeds we have are non-GMO, non-hybrid, open pollinated seeds, and there is also helpful information on planting and cultivation in the Seed Library.

Upcoming Programs:

Soil expert Lori Caldwell will be coming to Union City to present two programs:

Gardening 101
Saturday, Apr 2
2:30 p.m. – 4 p.m.

Big gardens in small spaces: The adventures of container gardening

Saturday, May 28
2:30 p.m. – 4 p.m.

Lori Caldwell will also be at Fremont Main for a program on saving seeds on Monday, May 2 from 7 p.m. - 8:30 p.m.

And, although there are books on this topic, The Alameda County Master Gardeners' group has put together an online calendar of best activities in the garden, month by month. It can be found at http://acmg.ucanr.edu/Your_Garden_Month-by-Month/.

If you would rather skip the effort and visit a local garden to view what others have done, here's a list of a few nice ones located in the East Bay:

Shinn House
36550 Niles Blvd, Fremont
Open daily: 7 a.m. - 30 minutes past sunset
www.fremont.gov/325/Historical-Parks-Facilities

UC Berkeley Botanical Gardens
200 Centennial Dr, Berkeley
Open daily: 9 a.m. – 5 p.m. (no admission after 4:30 p.m.)
http://botanicalgarden.berkeley.edu/

Ruth Bancroft Garden
1552 Bancroft Rd,
Walnut Creek
Open Tuesday through Sunday from 10 a.m. – 4 p.m.
www.ruthbancroftgarden.org

Hayward Japanese Gardens
22373 N 3rd St, Hayward
Open daily: 8:30 a.m.- 4:00 pm
www.haywardrec.org/facilities/facility/details/Japanese-Gardens-100

Tilden Regional Park
Shasta Rd (no street number), Berkeley
Open daily: 8:30 a.m. – 5 p.m.
www.ebparks.org/page156.aspx

Before you go, you might want to download the iPhone app Leafsnap, which allows you to identify plants by taking a picture of the leaf. This started as a tree project on the East Coast, but it's getting there for California plants of all kinds. You can even contribute. There is no exact equivalent app for Android phones yet, but the app Like That Garden does the same for flowers for Android users.

According to very old lore, cycles of the moon affect plant growth. Begin on page 240 of the 2016 edition of The Old Farmer's Almanac to see when it is best according to this philosophy to plant, prune, weed, and harvest. And just for fun, here's April's Weather Prediction Rhyme:

Flakes alive!/Spring's arrived!/Or is this warmth illusion?/Snow and rain/then mild again/chaos and confusion!/Showers cool our vernal ardor/Planting peas? Just a tease! Raining harder/Mellow—forsythia's yellow.

Spring has sprung; let's dig in the dirt

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Hayward Public Library

Mystery Book Discussion

Murder with a Twist

by Carolyn Keene

SUBMITTED BY MICHELLE NOGALES

Mackenzie "Mack" Dalton has a neurological disorder called synesthesia that causes her senses to be crosswired and extra sensitive. As a result, she typically experiences every "normal" sense in one other abnormal way. She may taste sounds, or see smells. It's something she spends her life hiding until murder comes knocking on the door of the Milwaukee bar she inherited from her father. Now her disability is a useful ability that helps her to solve crimes. But it comes with a price.

Hayward Public Library book discussion is free; drop-ins are welcome. For more information call Heidi at (510) 881-7975 or email heidi.ontiveros@hayward-ca.gov.

Murder with a Twist
Tuesday, May 3
11:30 a.m.

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(510) 881-7975



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We have a special machine to clean & remove moisture from your Air Conditioning unit

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Minor Maintenance
(Reg. \$86)

\$66 ⁹⁵ + Tax

With 27 Point Inspection

Change Oil & Filter (up to 5 QTS)
Check Fluids, Belts, Hoses & Brakes
Evaluate Exhaust System
Check & Rotate Tires

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\$185 + Tax With 27 Point Inspection

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- Power Steering Fluid • Inspect Brake Pads
- Coolant Service • Rotate Tires
- Set Tire Pressure • Test Drive • Inspection

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60K/90K **\$225** + Tax EXTRA COST

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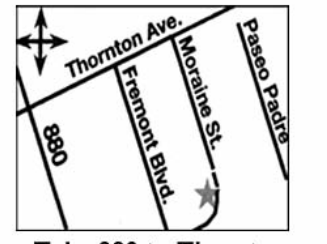
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BUSINESS

Hayward receives prestigious environmental award

SUBMITTED BY RAY BUSCH

Acterra announced the recipients of the 2016 Business Environmental Awards this week, identifying nine Bay Area companies and organizations that have demonstrated extraordinary environmental leadership from among a highly competitive field of applicants. The City of Hayward secured the Environmental Project award for its green power initiative at the City's water pollution control facility. The award recognizes a specific environmental project that has demonstrated significant leadership in a focused area, such as resource conservation (water, waste, energy), pollution prevention, or minimizing carbon footprint.

Acterra's Business Environmental Awards is one of the San Francisco Bay Area's oldest and most prestigious environmental recognition programs. Initiated in 1990, it is considered a champion among awards programs due to its broad geographic scope and rigorous judging process.

The City of Hayward's water pollution control facility, which has developed into a net producer

of green energy, has been at the forefront of the news recently, securing the California Water Environment Association's Wastewater Treatment Plant of the Year award for the Bay Area region, as well as the highly coveted EPA Green Power Leadership Award.

Acterra's 2016 Business Environmental Award Recipients:

Acterra Award for Sustainability
Large Organization:
Bon Appétit Management Company

Medium Organization:
SCS Global Services

Small Organization:
New Resource Bank

Environmental Innovation:
Building Robotics — Makers of Comfy

Environmental Project
Large Project:
Stanford University
Stanford Energy System Innovations

Medium Project:
City of Hayward Water Pollution Control Facility
Green Power

Sustainable Built Environment

Large Project:
Forty Niners Stadium Management Company
Levi's Stadium

Medium Project:
Huettig & Schromm, Sharp Development Company
415 Mathilda

Small Project:
Arkin Tilt Architects
Project Green Home

Awards Ceremony and Reception:

The 2016 awardees will be honored at the Business Environmental Awards Reception on Thursday, May 26 at Intuit in Mountain View. Registration for the event will begin in April. More information to follow so visit www.acterra.org/bea

For first time, drone delivers package to residential area

BY SCOTT SONNER
ASSOCIATED PRESS

RENO, Nev. (AP), A drone has successfully delivered a package to a residential location in a small Nevada town in what its maker and the governor of the state said Friday was the first fully autonomous urban drone delivery in the U.S.

Flirtey CEO Matt Sweeney said the six-rotor drone flew about a half-mile along a pre-programmed delivery route on March 10 and lowered the package outside a vacant residence in an uninhabited area of Hawthorne, southeast of Reno.

The route was established using GPS. A pilot and visual observers were on standby during the flight but weren't needed, Sweeney said.

He said the package included bottled water, food and a first-aid kit.

"Conducting the first drone delivery in an urban setting is a major achievement, taking us closer to the day that drones make regular deliveries to your front doorstep," Sweeney said.

Nevada Gov. Brian Sandoval congratulated the company "on successfully completing the nation's first fully autonomous urban package delivery."

"I am thrilled that Flirtey is not only testing its cutting-edge technology in Nevada, but also creating jobs through its headquarters relocation to Reno," Sandoval said in a statement.

NASA is working with the drone industry and the Federal Aviation Administration on a low-altitude air traffic control system to prevent crashes involving drones and other low-altitude aircraft.

Flirtey conducted the first FAA-approved, rural drone deliv-

ery in July to a rural health care clinic in Virginia.

The Nevada delivery demonstrates that advanced drone systems allow aerial vehicles to safely navigate around buildings and deliver packages with precision within a populated area, Sweeney said.

The company recently moved its headquarters from Australia to Nevada. It said the recent delivery was filmed for an upcoming ABC-TV documentary.

Hawthorne, a town of about 3,000 people, is the home of the Hawthorne Army Depot.

Flirtey has been conducting research and development through a partnership with the Nevada Advanced Autonomous Systems Innovation Center at the University of Nevada, Reno. Nevada is one of six states the FAA has designated as unmanned aircraft systems test sites.

"This was by far one of the most successful (unmanned aircraft systems) operations we ran and represents an advanced level of test and development ... by Flirtey," said Chris Walach, director of operations for the FAA-designated Nevada site.

Businesses and participants sought for youth job fair

SUBMITTED BY EUNICE LEE

Youth Enrichment Services at Hayward Adult School has partnered with KRA Corp., Hayward Chamber of Commerce and the City of Hayward to offer a "Young Adult Job Fair" on Wednesday, April 6 at Hayward City Hall. Since 2013, Youth Enrichment Services has provided the Young Adult Job Fair, offering employment opportunities ranging from summer jobs to career opportunities.

Over the years, attendance by young adults and employers has been steadily rising. This year, young applicants can expect at least 40 employers at the event. Employers may still register for a free table at youthenrichmentservices.eventbrite.com, and interested individuals are also able to view a continuously updated employer list.

Young adults ages 16 to 25 are welcome to attend. Please bring multiple copies of your résumé and dress to impress! Visit <http://yeseastbay.org/Young-Adult-Job-Fair> for more information.

Young Adult Job Fair
Wednesday, Apr 6
3:30 p.m. – 5:30 p.m.
Hayward City Hall
777 B St, Hayward
(510) 293-8595 x 5430

youthenrichmentservices.eventbrite.com
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Chemical warning may scare poor from canned food

BY ELLEN KNICKMEYER
ASSOCIATED PRESS WRITER

SAN FRANCISCO (AP), California plans to delay state-required warnings on metal cans lined with the chemical BPA, arguing too-specific warnings could scare stores and shoppers in poor neighborhoods away from some of the only fruits and vegetables available – canned ones, officials said Thursday.

Instead, the state on May 11 will require stores to post general warnings at checkout counters about the dangers of BPA and note that some canned and bottled products being sold have liners with the toxic chemical.

The decision and rationale of the California Environmental Protection Agency are angering some community and public-health groups.

"It's ridiculous. It's paternalistic," said Martha Dina Arguello,

executive director of Physicians for Social Responsibility-Los Angeles. "I just can't imagine that it's a better idea not to let us know what's in our food."

The warnings are coming on line in California under the state's Proposition 65, a measure approved by voters in 1986 that requires businesses to notify the public about high levels of chemicals in products or places.

California officials decided last year to add BPA, or bisphenol A, to the list of about 800 other chemicals requiring Proposition 65 notices. Manufacturers use BPA in epoxy liners of some cans, bottles and jars.

Some studies have determined the chemical was an estrogen-like substance that at high levels could harm the female reproductive system.

That 2015 decision by California is controversial. The U.S. Food and Drug Administration

banned BPA from baby bottles and sippy cups in 2012, but it says the level of BPA that leeches into food is safe otherwise. The federal agency also is awaiting the results of more studies.

Ordinarily, the state would either require manufacturers to put those warnings on the cans, or make grocers post signs on canned-goods shelves specifically warning that "Brand X tomato sauce, Brand Y green beans" have the targeted chemical in the can, said Allan Hirsch, chief deputy director of the state EPA's Office of Environmental Health Hazard Assessment.

For BPA, though, "we think that would be kind of chaotic," the state official said. "Retailers might react ... by just pulling canned and bottled foods off their shelves entirely," which would be bad news in neighborhoods without good grocery stores.

"We would want to make sure that people, especially in

low-income communities, still have access to canned fruits and vegetables. That's certainly better than not having access to them," the state official said.

Hirsch also acknowledged hearing "some concern from retailers" about how the warning is going to work.

Kathleen Roberts, executive director of the can industry's North American Metal Packaging Alliance, said Thursday that confusion "from these warning signs could further limit healthy choices, particularly for low-income families in inner-city neighborhoods and rural communities."

Rather than require warnings for specific cans and other goods when the warning-requirement kicks in in May, the state plans to make merchants place general notices saying some cans for sale in the store have BPA.

State officials foresee requiring

more specific notices after perhaps a year. That would give can manufacturers more time to label their cans and to see what ongoing medical studies find regarding safe and unsafe levels of the chemicals, Hirsch said.

It's the state's arguments about BPA and canned vegetables in so-called food deserts – neighborhoods too poor to attract top grocery chains – that offend the community groups.

"California is willingly putting out the language ... excluding a whole sub-population of people from protection," said Jose T. Bravo, executive director of Just Transition Alliance, an environmental health and labor coalition in San Diego.

The community representatives say they plan to file protests before a final decision by another state agency that approves such regulatory changes.

A gift to Tule Ponds at Tyson Lagoon

SUBMITTED BY JOYCE R. BLUEFORD

Haarika Kathi, a senior at Irvington High School, gave a very special gift to Tule Ponds at Tyson Lagoon Wetland Center managed by the Math Science Nucleus. This very talented artist and budding scientist, captures nature and loves to share it with the public. Haarika created a mural highlighting the butterflies that can be seen flying within the milkweed jungle at Tule Ponds. She has volunteered for the Math Science Nucleus since she was in junior high.

Tule Ponds at Tyson Lagoon Wetland Center is a hidden treasure in Fremont. Nestled between the active and inactive trace of the Hayward Fault, it is a restoration success as native plants and animals live in this urban oasis. Maintenance is done mainly by teen age or college students who help every Saturday. Many love the serene atmosphere and the knowledge they are helping a long term project, especially since their hard work helps elementary age children, on weekday fieldtrips, learn about the environment.

On Saturday, April 9, from 11 a.m. - 4 p.m., Tule Ponds will be open to the public to learn about water and to see the new butterfly mural. People can walk the trails within its 17 acres with their families and learn about plants and animals that reside here. People are welcome to see how the Math Science Nucleus is transforming a once barren



Haarika Kathi and her Butterfly Mural

area to urban wetlands. The property is owned by Alameda County Flood Control and Water Conservation District.

"Celebration of Water" is a free event to celebrate the importance of water in the area. Learn how tules help clean storm water and make it clean for local animals. Fremont has a vast supply of water under most of the city that extends across the bay. The Niles Cone (as it is called) is an important source of our water supply. Learn how Tule Ponds has formed while learning about the wonderful molecule that we know as "water." Children can par-

ticipate in the activities as families walk around the 17 acre facility to see this freshwater wetland.

The event is sponsored by Math Science Nucleus and Alameda County Flood Control and Water Conservation District. Tule Ponds is located at 1999 Walnut Ave, Fremont, 100 feet from the Fremont BART Station.

**Tule Ponds at Tyson Lagoon -
Celebration of Water**

Saturday, Apr 9

11 a.m. - 4 p.m.

1999 Walnut Ave, Fremont (next to Fremont BART Station)

(510) 790-6284

blueford@msnucleus.org

http://msnucleus.org

Free



Irvington H.S. freshmen working on removing cattails

Annual PhotoCentral Spring Exhibition

SUBMITTED BY JESSICA JUDD

Hayward Area Recreation District's PhotoCentral presents the Annual PhotoCentral Spring Exhibition. This eclectic group show is an annual event for PhotoCentral and features a wide variety of works from over 50 artists. Come see over 150 inspiring works! Vote on your favorite pictures. Celebrate this annual PhotoCentral exhibition with us and take home some great art and memories.

Awards, prizes, fun and gorgeous photography!

There will be a public reception on Saturday, April 16 from 2 p.m. - 5 p.m. The event is free and the public is invited. The exhibition continues through May 21.

PhotoCentral Spring Exhibition
Saturday, Apr 16 – Saturday, May 21

Mondays: 5 p.m. – 10 p.m.

Tuesdays & Thursdays: (By appt.) 10 a.m. – 1 p.m.

Reception: Saturday, Apr 16
2 p.m. – 5 p.m.

PhotoCentral Gallery, Lower Level
1099 E St, Hayward

(510)-881-6721

info@photocentral.org

www.photocentral.org

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CHING MING FESTIVAL CELEBRATES TRADITIONAL CHINESE HOLIDAY



SUBMITTED BY GUS NODAL

names of their departed loved ones as part of a long-standing Ching Ming tradition.

Chapel of the Chimes Hayward will celebrate "Ching Ming 2016" on Saturday and Sunday, April 2 and 3, with performances by Chinese lion dancers, traditional blessings from Buddhist and Taoist monks, and the Wall of Honor. More than 1,000 visitors participate in the festive celebrations at both Hayward and Oakland Chapel of the Chimes locations. Oakland will celebrate the Chinese holiday on Saturday, April 2.

Ching Ming traditions remain a significant part of cultural life in modern Chinese communities. The observance of Ching Ming (or Qingming) dates back more than 2,500 years and is linked to the Chinese culture of ancestor worship. Each year, celebrants visit ancestral graves where they conduct ceremonial rites and make offerings. The ancient Chinese gravesweeping ritual is conducted each spring to honor the memory of deceased loved ones. Chapel of the Chimes will host a Wall of Honor, where attendees can place the

Add your loved one's name to the Ching Ming Wall of Honor at <http://hayward.chapelofthechimes.com/who-we-are/ching-ming-wall-of-honor>. For more information, visit <http://hayward.chapelofthechimes.com>. Those who are interested in attending the Ching Ming 2016 at Chapel of the Chimes Oakland can visit <http://oakland.chapelofthechimes.com> for more information.

Ching Ming 2016
Saturday & Sunday,
Apr 2 & Apr 3
10:00 a.m.: Chanting & Blessing
10:30 a.m. – 12:30 p.m.: Complimentary Lunch
12:00 p.m.: Lion Dancers
Chapel of the Chimes Hayward
32992 Mission Blvd, Hayward
(510) 471-3363
<http://hayward.chapelofthechimes.com>
Free

A taste of style

SUBMITTED BY HAYWARD CHAMBER OF COMMERCE

St. Rose Hospital Foundation presents "A Taste of Style - Fashion, Wine and Fun" on Thursday, March 31 at Castlewood Country Club in Pleasanton. Please save the date for a fun evening of wine tasting; fantastic food sampling; shopping in our fashion, shoes and accessories marketplace; bidding on one-of-a-kind items in our silent and live auctions; and an incredible fashion show.

The cost to attend is \$85. The event benefits the Pharmacy Department at St. Rose Hospital. For more information about reservations or sponsorship opportunities, call (510) 264-4007 or email srhfoundation@srhca.org.

A Taste of Style – Fashion, Wine & Fun
Thursday, Mar 31
Castlewood Country Club
707 Country Club Cir, Pleasanton
(510) 264-4007
srhfoundation@srhca.org
www.srhca.org
\$85 per person

Fremont Art Association guest artist in April

SUBMITTED BY SUSAN HELMER

Zoya Scholis, Fremont Art Association's April guest artist, grew up in Monterey and lives in San Jose. She well deserves the headline: "Local Artist Makes Good." Her website reflects an artist who not only creates beautiful, subtle work, but also gives of her time generously to introduce others to the world of creativity. Ms. Scholis works in watercolors, acrylics, oils, and sculptural mediums. Her use of color is subtle yet compelling.

Scholis will demonstrate a painting technique entitled Tape and Spray. Materials will be provided and the workshop is free for all participants. Please bring your friends and family to learn and create with her. The opportunity to hear, see and practice our art with Zoya Scholis is priceless. The Fremont Art Association is proud to be able to offer this guest artist demonstration to its members and the community.

Artist of the Month voting will take place before the art demo so bring your latest artwork!

Fremont Art Association Guest Artist
Wednesday, Apr 6
6:30 p.m. – 8:30 p.m.
Fremont Art Association
37697 Niles Blvd, Fremont
(510) 792-0905

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Azam Khan is a content strategist specializing in omnichannel storytelling.

Meet a Muslim Questions and Answers

Tuesday, April 5

7- 8 pm

Sujus Coffee, 4949 Stevenson Blvd, Fremont, CA 94538



Moina Shaiq a Muslim resident of Fremont for the past 33 years, a mother of four and an active member of our community.

Jehan Hakim is a SF native. Mother of four. Senior at SFSU; Political Science (BA). President of AAYSP (non Profit Yemeni educational organization www.aaysp.org). Teacher at MCC (Rahmah Foundation).



Bring any question that you might have, they will try to answer to the best of their ability. Know that they won't be offended by any question.

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continued from page 1

It's All About That Bass'

to world music, I really get to showcase the bass in many different contexts.”

Schnittke’s superb Duo for Cello and Bass opens the program, with the magnificent cellist Gianna Abondolo as an equal and admirable pairing with bassist Everett. Next, there is no one better than Ronald McKean at bringing out all the lovely nuances of the harpsichord, as he does in Bach’s Viola Da Gamba Sonata no.2 in D, in an unusual arrangement for bass and harpsichord.

Mozart Piano Trio K564, enchanting, light-footed and instantly recognizable, feels like the embodiment of spring. It plants the seeds for smiles that sprout into big grins during the work that follows – Johnson’s virtuosic “Failing, A Very Difficult Piece for Solo String Bass.” Mizek’s Bass Sonata no. 2 in e minor, with its echoes of Viennese dance halls and Czech folk dances, whets the palate for the wonderful imagery and passion of “Grand Tango” by Piazzolla.

“If there’s one piece on the program I’d have to pick as the most fun, it would be the Piazzolla ‘Grand Tango.’ This is my own arrangement, and I tailored it for myself and the musician joining me, Steve Huber on violin and Aileen Chanco on piano. It is a powerful piece, and taking advantage of powerful musicians, it’s going to be a real rock and roll moment.”

It's All About That Bass
Thursday, Apr 7
Pre-Concert Talk: 7:15 p.m.
Concert: 8 p.m.
Post-Concert “After Party”
Old Mission San Jose
43300 Mission Blvd, Fremont
(510) 402-1724
info@musicatmsj.org
www.musicatmsj.org
Tickets: \$28 general (online),
\$23 student/senior (online);
\$30/\$25 at the door

Hidden Treasures – Local Talent

SUBMITTED BY DIANE LEYS

“Hidden Treasures – Local Talent,” a popular exhibit featuring the work of talented and award-winning community artists, will open with a reception on Friday, April 1 at the Olive Hyde Art Gallery.

Developed to showcase local artists, this year’s exhibit presents the work of artists selected for their originality and creativity who share a love of making art. With Hidden Treasures – Local Talent, Olive Hyde Art Gallery offers the community an eclectic show with a broad spectrum of both emerging and experienced artists. Collectively, they share a desire to create pieces that are a unique expression of themselves.

The exhibit will run through April 30.

Hidden Treasures – Local Talent
Friday, Apr 1 – Saturday, Apr 30
Thursday – Sunday, Noon – 5 p.m.

Opening Reception
Friday, April 1
7 p.m. – 9 p.m.

Olive Hyde Art Gallery
123 Washington Blvd, Fremont
(510) 791-4357
http://olivehydeartguild.org/
Free admission

High school dancers showcase Indo-fusion Dance

SUBMITTED BY INDIA COMMUNITY CENTER

India Community Center (ICC) and Jazba present “Desi Deewane,” showcasing the very best of high school Indo-fusion dance, on Saturday, April 2. Desi Deewane is back with the biggest high school Bollywood showcase of the year. We welcome you to a night of culture and fun as we see teams performing from all over the Bay Area. This is a family event so people of all ages can attend! All proceeds will be going directly to ICC’s Free Medical Center, which will provide high quality healthcare to those who are uninsured. Come support local high school dancers who have come together in support of a good cause!

Desi Deewane
Saturday, Apr 2
6:30 p.m.

India Community Center
525 Los Coches St, Milpitas
(408) 934-1130
www.indiacc.org/DesiDeewane
Tickets: \$12 adults; \$5 children
(3-12 yrs.); under 3 yrs.: free

Children showcase art in Fremont

SUBMITTED BY SUSAN HELMER

Students at OMSRIARTS program at Fremont Art Association Gallery are showcasing their work from April 1 through April 30. Jamunarani Ramaraj, or Mrs. Jem, is the instructor of OMSRIARTS, a program to teach children art. The students come from eight different schools in the area, and their ages range from 5 to 13. Student work in the show will be framed and some will be available for sale.

Mrs. Jem is active in the community by bringing art and music to children. In February 2016, Mrs. Jem received an Honorary Service Award from Niles Elementary School for bringing arts to the school. In 2013 she received the Harmony Service Award from Music for Minors II. Mrs. Jem says that her teaching



centered on helping children feel confident about their abilities to do their art and complete projects successfully.

The students in Mrs. Jem’s classes have learned to sketch animals and their habitats in pencil, in addition to more creative subjects using watercolor pencils, brushes and other techniques. Mrs. Jem has created three books to teach her students the necessary art skills.

Student Adrian says, “Art class taught me that I can draw whenever, wherever, and however I want. The only thing that limits me is showing my imagination on a piece of paper.”

OMSRIARTS Student Showcase
Friday, Apr 1 through Saturday, Apr 30
Tuesday: 11 a.m. – 3 p.m.
Thursday: 1 p.m. – 4 p.m.
Wednesday, Friday, Saturday & Sunday: 11 a.m. – 5 p.m.
Fremont Art Association Gallery
37697 Niles Blvd, Fremont
(510) 789-3241
www.fremontartassociation.org/index.php
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Home & Garden

Radiant heating warms the sole



Photo courtesy of Pentair

BY DAVID R. NEWMAN

Most Americans live in homes with a forced-air central heating system. In this model, heated air is blown through ducts, entering the house through vents in the floor. But throughout most of the world, including Europe, the standard method of heating a home is by radiant heating. Today, many energy-conscious Americans are now adopting this technology because of its high efficiency, and, perhaps more importantly, because it keeps their toes nice and toasty.

One of the oldest methods of keeping a home warm is heating the entire floor from below. Known as radiant floor heating, this technique goes back thousands of years when early Chinese

and Korean cultures built systems of fire pits with flues underneath the house. Later, the Romans employed similar methods. In the 1800s, Europe used heated water in pipes instead of air. Architects Frank Lloyd Wright and Joseph Eichler introduced this technology to Americans by featuring it in many of their homes, but it never really caught on.

Today, radiant heating is most often used in northern climates. In warmer environments, radiant heating doesn't always make sense. Says Katy Hamilton, Architectural Energy Consultant at Adroit Energy (a renewable energy engineering, procurement, and construction firm with a location in San Francisco), "In climates where there's a large demand for air conditioning, often it requires putting in two

different types of systems; a radiant floor system and a forced air for air conditioning or another type of air conditioning system."

The Bay Area, which falls somewhere in between extreme hot and cold, is now experiencing a Renaissance of sorts in radiant heating. Jim O'Dowd, of O'Dowd Plumbing in San Bruno, has over 40 years of experience installing radiant heating systems. He says "We've seen a massive increase in radiant heating in the last 6-7 years. It appears that about 90 percent of every remodel, particularly in the Bay Area, and most new homes now have radiant heating. It's definitely the installation of choice today."

Modern radiant heating systems come in two options: water and electric. O'Dowd's company specializes in water, known as hydronic heating. Tubes are installed under the floor, allowing heated water to pass through. The heat from the water radiates upwards, warming the floor and the air above. Traditionally tubes were made of copper and resided in a concrete slab, making them prone to breaking should the ground shift, a real concern in earthquake country. But modern tubing is made from a plastic resin, which gives them great flexibility and is easier to install.

The heat capacity of water is much greater than air, making a hydronic heating system a more efficient choice. And while the upfront cost of installing a hydronic system is more than forced air (a typical system can cost around \$12-\$16 per square foot), according to O'Dowd the operating cost is about 35 percent less. It also eliminates the need for extra space under the floor for ductwork. And often a new, high-efficiency boiler or heat pump is installed as part of the system.

"Certainly 90 percent of our customers install radiant heating for its comfort level," says O'Dowd. Hamilton agrees. "It's a great form of space heating. It's very comfortable and very efficient."

There are other pluses as well. "The major advantage of radiant heating, of course, is that it's so silent, it doesn't stir up any dust mites, and it's controlled, so you can have multiple zones," says O'Dowd. Systems usually come with separate thermostats for each room (known as zone heating), so residents have more control over where the heat is generated. And for those who travel, there is an app to monitor and control your home temperature.

A large variety of electric radiant heating systems also exist. Bernie Cameron, who has over 12 years experience in the industry, started his own company, Radiant Way Inc., in 2007. Today they are the leading supplier of electric radiant heating systems in Northern California. Like O'Dowd, Cameron has also seen a rise in radiant heating use, especially in higher end retirement communities.

"Mostly what we see is bathrooms," says Cameron. "Most people don't like tile

because it's cold and hard. But when you warm it up, it changes and doesn't feel as hard. I hear stories where a sick child will be lying on the bathroom floor with a blanket on them because it's warm and comforting." It can also help with water issues, keeping the floor dry.

The price to install an electric system in an average-sized bathroom is about \$800 - \$1,200. And while the operating costs can be more than a hydronic system, Cameron advises that with savvy management, the energy increase can be kept at a minimum. Smart thermostats are also available. Many electric systems can be purchased online, but Cameron warns consumers to be wary, as many products do not meet code requirements. And according to Hamilton, whole house heating using an electric system is not allowed by code.

For more information, contact O'Dowd Plumbing at (650) 952-6578 or www.odowd-plumbing.com, Radiant Way Inc. at 1-866-714-3997 or www.radiantwayinc.com, and Adroit Energy at (408) 868-5604 or www.adroitenergy.com.



Photo courtesy of Pentair



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One Wheel and Cube for one great cause

BY SARA GIUSTI
PHOTOS COURTESY OF
OWEN FARMER

Since 1955, the “Guinness Book of World Records” has been compiling record-breaking achievements from all over the world. In its pages you can find the most extraordinary extremes, from remarkable skills and feats of athleticism to quirky characteristics and incredible talents.

Fremont may soon be home to its own record breaker, a seventeen-year-old American High School junior, who plans to beat not one, but three world records. Owen Farmer will attempt to climb the most stairs on a unicycle in 30 seconds; most stairs climbed on a unicycle with no time limit; and most Rubik's Cubes solved on a unicycle. The current record for each is 56, 670, and 80, respectively.

Farmer's interest in unicycling began at the age of eight when he spotted one in a store. He convinced his parents to buy him one, and has been riding ever since. His interest in Rubik's Cubes began early as well. “I started both for the challenge of learning and the chance to do something unique,” explained Farmer.

It's not just Farmer's passion and talent for unicycling and Rubik's Cubes that brought him to confront the world record attempts. He is fundraising for the Not For Sale Campaign, a San Francisco-based non-profit that works towards ending human trafficking and modern-day slavery. Not For Sale provides survivors and at risk communities with shelter, healthcare, legal services, education, and meaningful job placement, breaking the cycle of exploitation many people in poverty face.

“I enjoy student council, and will serve as the Student Body President for the upcoming school year. I also am President of the Interact Club [a service club for students 12 - 18 years old] at American, which works with Rotary International to fundraise for the Not For Sale Campaign, which is why I decided to support this charity for the record attempt,” Farmer said. So far, he has collected over \$200 for the non-profit, mainly through businesses; his goal is to collect \$500.

Farmer's upcoming attempts don't come without practice. For the past several months, he has been using American High School's bleachers to practice beating the world records, after

his school track practice. While he has run through the attempts several times, he needs to wait for an official count to submit for the world record.

Official counts will happen in both San Francisco and Fremont in early April. Two independent witnesses will be there to verify Farmer's attempts, which are then submitted to Guinness World Records. He will attempt to climb the most stairs in 30 seconds and with no time limit in two different spots in San Francisco. While support is welcome, Farmer is limiting guests to the city attempts to avoid permit and safety issues. He will, however, attempt the most Rubik's Cubes completed on a unicycle at American High School, and people can come watch if they so choose.

While Farmer's plans to break the world records and fundraise are definitely nothing short of noble and inspiring, he still retains characteristics of a teenager. “I like Mexican food, speak Chinese, and like sunny days,” he said.

Support both a world-changing organization and a young man's record breaking ambition – you may just be a part of Guinness World Record history!

Donations to the Not For Sale Campaign can be made at www.notforsalecampaign.org. Farmer is also planning on having a collection jar at his attempts for passerby and viewers. To learn more about Owen Farmer's attempts, visit www.owenfarmer.weebly.com.

World Record Attempt:
Most Rubik's Cubes solved on a unicycle
Saturday, Apr 2
12 noon (projected to take 2 hours)
American High School
36000 Fremont Blvd, Fremont
www.owenfarmer.weebly.com



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CASTRO VALLEY TOTAL SALES: 2					
Highest \$: 798,000		Median \$: 525,000			
Lowest \$: 525,000		Average \$: 661,500			
1783 Knox Street	94546	525,000	4	2280	197502-26-16
17952 Vineyard Road	94546	798,000	3	1632	196102-26-16

FREMONT TOTAL SALES: 22					
Highest \$: 1,950,000		Median \$: 810,000			
Lowest \$: 311,000		Average \$: 895,205			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
922 Cashew Way	94536	1,200,000	3	2138	1965 02-26-16
38800 Crane Terrace	94536	680,000	3	1534	1985 02-26-16
4762 El Rey Avenue	94536	600,000	3	1136	1955 02-26-16
37947 Essanay Place	94536	708,000	3	1236	1983 02-26-16
287 Grau Drive	94536	735,000	3	1439	1985 02-26-16
179 Kerry Common	94536	810,000	3	1664	1988 02-26-16
3224 Red Cedar Terrace	94536	413,000	2	750	1986 02-26-16
3198 Vaugh Place	94536	855,000	4	1714	1972 02-26-16
39059 Guardino Dr #302	94538	530,000	2	1053	1987 02-26-16
3723 Independence Road	94538	720,000	3	1112	1954 02-29-16
3949 James Avenue	94538	733,000	3	1086	1951 02-29-16
4322 Providence Terrace	94538	850,000	3	1437	2008 02-29-16
3909 Stevenson Blvd #405	94538	311,000	1	677	1972 02-26-16
46721 Crawford St #4	94539	580,000	2	944	1981 02-26-16
47658 Hoyt Street	94539	920,000	2	1010	1969 02-26-16
560 Jacaranda Court	94539	1,829,500	4	2461	1977 02-29-16
2136 Kalenda Common	94539	860,000	3	1314	1972 02-26-16
875 Nina Way	94539	1,515,000	4	1924	1964 02-26-16
785 Praderia Circle	94539	976,000	2	1364	1988 02-29-16
932 Sundance Drive	94539	1,950,000	4	4414	1986 02-26-16
34151 Cromwell Place	94555	884,000	3	1305	1970 02-26-16
34255 Kenwood Drive	94555	1,035,000	4	1642	1989 02-26-16

HAYWARD TOTAL SALES: 17					
Highest \$: 1,300,000		Median \$: 500,000			
Lowest \$: 310,000		Average \$: 638,382			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
676 Atherton Place #505	94541	487,500	3	1224	1997 02-24-16
841 Harmony Drive	94541	435,000	2	808	1942 02-26-16
22849 Inyo Street	94541	575,000	6	2552	1963 02-29-16
19462 Royal Avenue	94541	475,000	3	1156	1951 02-29-16
28828 Bailey Ranch Road	94542	1,300,000	7	3705	2000 02-26-16
28848 Bailey Ranch Road	94542	950,000	5	3133	2000 02-26-16
350 Drummond Drive	94542	1,100,000	4	3462	2010 02-29-16
28065 Quercus Court	94542	1,080,000	4	3929	2004 02-26-16
25700 University Court #323	94542	410,000	3	1375	1981 02-26-16
24131 Alice Street	94544	380,000	2	804	1921 02-26-16
570 Brian Street	94544	480,000	3	1167	1952 02-26-16
30071 Bridgeview Way	94544	825,000	4	2414	1999 02-29-16
1003 Cheryl Ann Circle #60	94544	315,000	2	1060	1979 02-29-16
1266 Inglewood Street	94544	500,000	3	1034	1952 02-29-16
24953 Willimet Way	94544	550,000	3	1153	1958 02-26-16
1756 Dove Court	94545	680,000	3	2068	1964 02-29-16
27634 Miami Avenue	94545	310,000	3	1119	1955 02-29-16

MILPITAS TOTAL SALES: 7					
Highest \$: 1,100,000		Median \$: 600,000			
Lowest \$: 305,000		Average \$: 633,714			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
460 Dempsey Road #161	95035	360,000	2	842	2007 03-07-16
452 Dempsey Road #253	95035	305,000	1	676	2007 03-04-16
393 Los Coches Street	95035	1,100,000	3	1672	2015 03-08-16
929 Rain Dance	95035	600,000	3	1534	2000 03-09-16
338 San Petra Court #1	95035	450,000	3	1050	1971 03-08-16
306 South Park Victoria Dr	95035	826,000	3	1517	1966 03-03-16
1704 Starlite Drive	95035	795,000	5	1692	1965 03-08-16

NEWARK TOTAL SALES: 3					
Highest \$: 950,000		Median \$: 840,000			
Lowest \$: 840,000		Average \$: 876,667			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
8172 Merion Drive	94560	950,000	3	1953	1975 02-26-16
5423 Portsmouth Avenue	94560	840,000	3	1628	1963 02-29-16
35753 Sheridan Court	94560	840,000	4	2182	1971 02-26-16

SAN LEANDRO TOTAL SALES: 13					
Highest \$: 735,000		Median \$: 553,000			
Lowest \$: 265,000		Average \$: 544,462			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
961 Arbor Drive	94577	735,000	3	1589	1932 02-26-16
1109 Billings Boulevard	94577	430,000	2	895	1941 02-26-16
2200 Blackpool Place	94577	553,000	0	1723	1978 02-26-16
538 Fortuna Avenue	94577	625,000	2	1144	1938 02-26-16
1643 Marybelle Avenue	94577	470,000	3	1075	1944 02-29-16
2077 Washington Ave #215	94577	265,000	1	692	1984 02-26-16
1641 136th Avenue	94578	620,000	3	1565	1947 02-26-16
14344 Antone Court	94578	530,000	3	1568	1955 02-26-16
16105 Carolyn Street	94578	640,000	2	1277	1949 02-26-16
2015 Luna Avenue	94578	705,000	3	1472	1942 02-29-16
14623 Wyman Avenue	94578	440,000	2	957	1946 02-26-16
15489 Heron Drive	94579	580,000	4	1651	1999 02-29-16
787 Woodgate Drive	94579	485,000	3	1356	1973 02-26-16

SAN LORENZO TOTAL SALES: 2					
Highest \$: 548,000		Median \$: 527,000			
Lowest \$: 527,000		Average \$: 537,500			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
1755 Via Rancho	94580	527,000	3	1352	1955 02-29-16
16052 Via Segundo	94580	548,000	3	1000	1944 02-29-16

UNION CITY TOTAL SALES: 4					
Highest \$: 1,253,500		Median \$: 856,000			
Lowest \$: 650,000		Average \$: 977,625			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
4563 Deborah Court	94587	650,000	3	1340	1971 02-26-16
4522 Ellis Court	94587	1,253,500	0	0	- 02-29-16
32209 Gacoscas Street	94587	1,151,000	0	0	- 02-26-16
4516 Oakdale Street	94587	856,000	4	1802	1984 02-26-16

Home Sales Report

Cowgirls to compete for the title of Miss Rowell Ranch Pro Rodeo

SUBMITTED BY ROWELL RANCH RODEO

On Saturday, April 2, four talented young horsewomen will compete for the prestigious title of Miss Rowell Ranch Pro Rodeo, 2016. They are: Julia Chamberlain, 22 years old, Newman; Taylor Davis, 18 years old, Brentwood; Elizabeth Peixoto, 22 years old, Castro Valley; and 19 year old, Jessica Segale, Livermore.

In a day long competition, contestants will compete in several divisions of Horsemanship, Personal Interviews, and Public Speaking.



Elizabeth Peixoto

The Horsemanship portion of the contest will consist of a specific riding pattern, the barrel race pattern, carrying a flag, and the distinctive “Queen Wave.” This part of the contest begins at 9 a.m. and will be held at Apple Creek Farms, in Castro Valley. There is no admission fee to come watch these talented ladies ride in competition.

Following horsemanship, contestants will share their knowledge of rodeo, and various topics before a panel of three judges.

The evening will round up the competition with each contestant answering impromptu questions and giving a short speech on topics pertaining to the Rowell Ranch Rodeo.



Taylor Davis

Coronation ceremonies and the crowning of Miss Rowell Ranch Pro Rodeo, 2016, will be held at the Transfiguration Church Hall. The public is invited to join the celebration and a fun-filled evening including a steak dinner, barbequed by the renowned ‘Cowboy Cooks’ and dancing. Tickets (\$35) are required. For tickets and more information call (510) 581-2577 or visit www.rowell-ranchrodeo.com



Julia Chamberlain



Jessica Segale

Miss Rowell Ranch
Pro Rodeo Cowgirl Competition
Saturday, Apr 2

9 a.m. (Horsemanship skills
& Panel Interviews)

Apple Creek Farms
7324 Crow Canyon Rd,
Castro Valley
Free

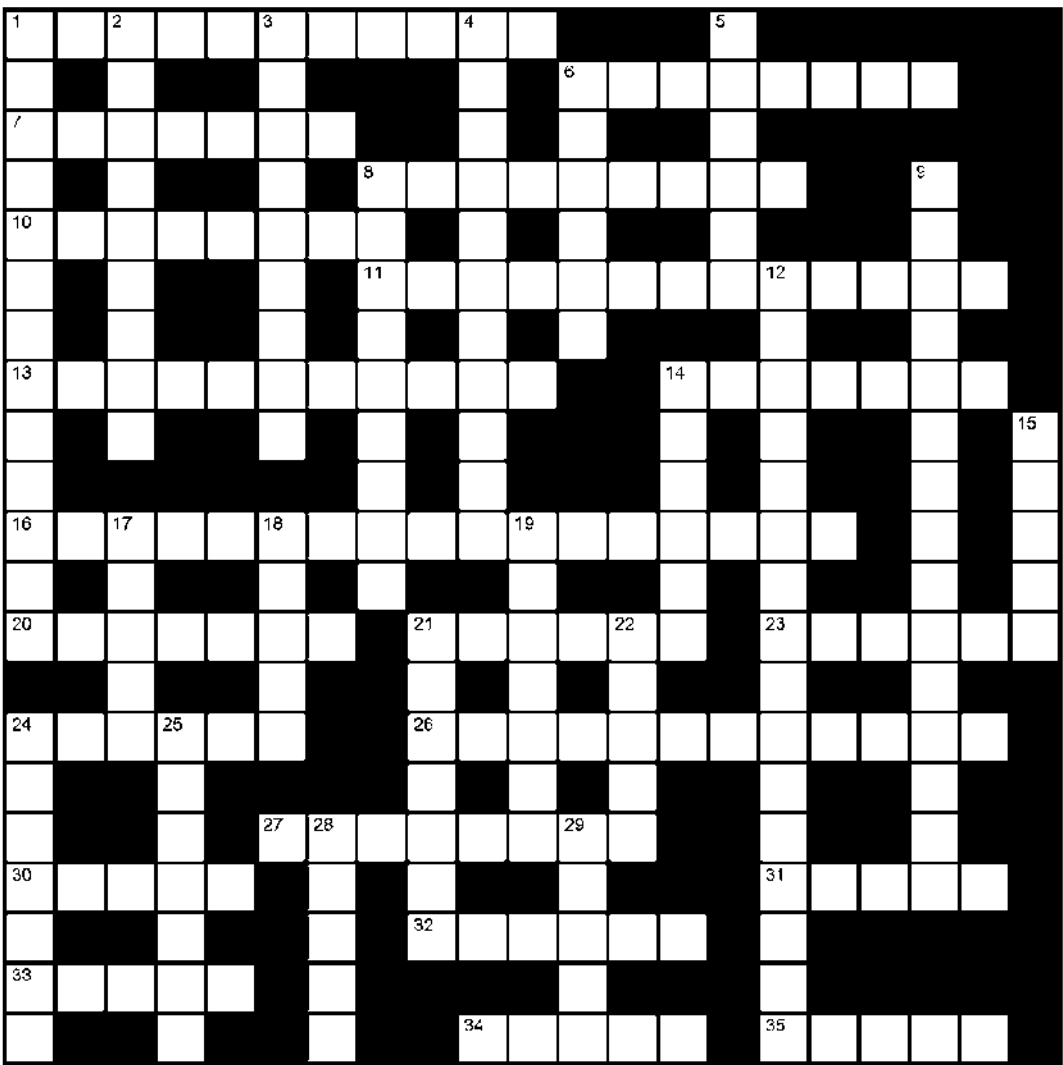
Rodeo Queen Selection and
Dinner Dance
6 p.m.
Transfiguration Catholic Church, Hall
4000 E. Castro Valley Blvd,
Castro Valley

\$35
RSVP: (510) 581-2577
www.rowellranchrodeo.com

Mind Twisters

Crossword Puzzle

B 361



- Across
- 1 complex (11)

6 run rapidly (8)

7 Johnny _____ (7)

8 method of performance (9)

10 Wurtzbach, Miss _____ 2015 (8)

11 distance around a circle (13)

13 causing alarm (11)

14 plans of procedure (7)

16 holiday item (9,8)

20 sudden disturbance (7)

21 increase in size (6)

23 12 ____ = 1 foot (6)

24 cleaned (6)

26 highly trained (12)

27 larval stage of frog (8)
- 30 One who goes for the gold (5)

31 Chubby Checker's dance (5)

32 "The dog ate my homework," e.g. (6)

33 Man of ____ (5)

34 "Calm down" (5)

35 Not lost (5)
- Down

1 incident or occurrence (13)

2 machines collectively (9)

3 passion (9)

4 cell phones, tablets, laptops (11)

5 Contract provision (6)

6 high intelligence (6)

8 _____ skill (9)

9 awards (15)

12 obligations (16)

14 wet (6)

15 Bars (5)

17 Genealogy (5)

18 Current (5)

19 usual (7)

21 e.g.: _____ given (7)

22 Directory contents (5)

24 hottest (7)

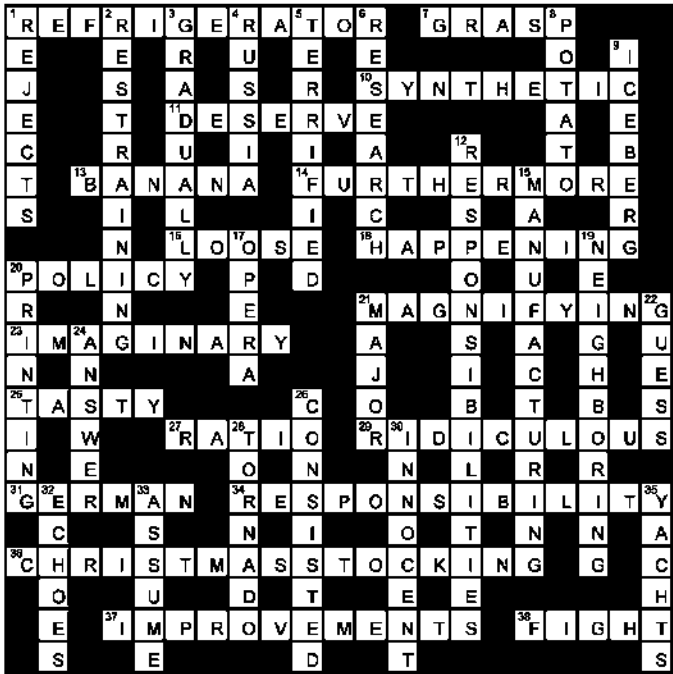
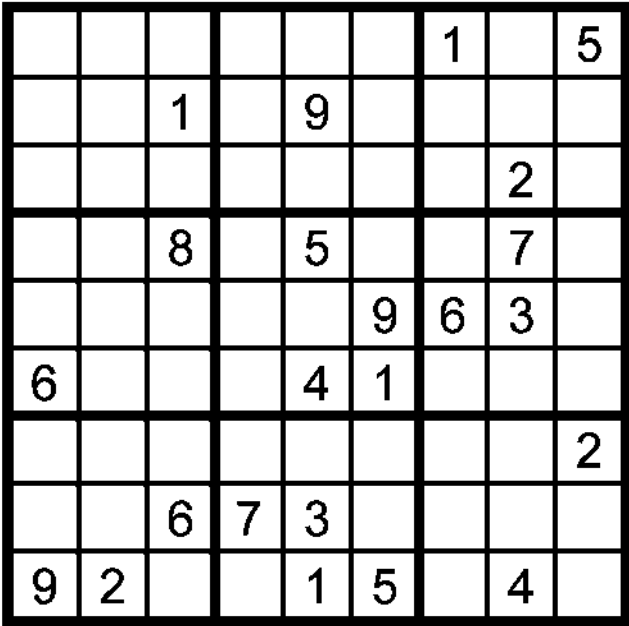
25 Still (7)

28 "Encore!" (5)

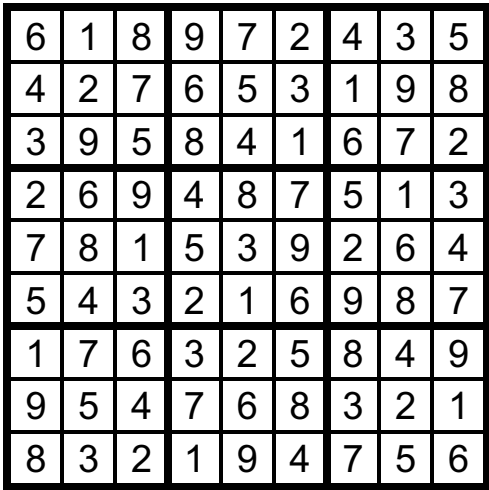
29 Come to (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 362



Tri-City Stargazer MARCH 30 - APRIL 5, 2016

For All Signs: Mercury, ancient messenger god, is unusually busy throughout this week. This suggests that most of us will be preoccupied with communication of one form or another. There may be many phone calls, messages, letters, quick conversations, rapid decisions, and/or papers to write. The period is favorable for probing into causes and finding the bottom line to any matter. Beware of the tendency to jump to conclusions or act before all the facts are clear. Remind yourself of how the old gossip game is played and don't take what you hear very seriously unless it is verified.

Aries the Ram (March 21-April 20): Give special attention to the lead paragraph because Mercury is traveling at an unusually rapid pace through your sign. You must be sharp as a tack to manage everything and even then, mistakes are still possible. There is an intensity about the week. Remember to breathe.

Taurus the Bull (April 21-May 20): You may have a tendency during this period to slide into old and outmoded patterns of emotional behavior. Maybe this will be brought on by the re-entry of someone in your life. While it may be fun for a short time, very quickly you will become fatigued with it and shake loose of that outdated habit.

Gemini the Twins (May 21-June 20): You may feel the need to bring an abrupt halt to your relationship with a business or organization that is pulling a power play. The IRS is out of bounds. You have to deal with them. However, you probably can find another bank, insurance company, or other business that promises more fair play.

Cancer the Crab (June 21-July 21): People of the past may resurface. You will be glad to see these individuals, but more

likely you will be reminded why they are no longer in your life. Somehow they are associated with old wounds in your past and you would just as soon let those memories go back to the ethers.

Leo the Lion (July 22-August 22): You are in a handicapped spot right now. You may have legal or ethical issues on your plate. The powers-that-be are running the show and almost any move you make outside of the box will be challenged. For the time being you are surrounded. Accept this with grace for the present.

Virgo the Virgin (August 23-September 22): A sudden change concerning joint resources, debt, taxes, and insurance matters may cause you to reel wildly for a bit. There could be a certain amount of drama in this department, such as a sudden need to access a large sum of money. Hold onto your natural caution. Think about this before you accept the drama at face value. Is it your drama or that of someone else?

Libra the Scales (September 23-October 22): Venus, your ruling planet, has entered the 7th house of relationships and

will be there until late April. She brings improvements in clientele, social life, and partnerships. This is a good time to ask for a consultation if you need it. You are especially able to balance with others during this period in order to resolve win-win solutions.

Scorpio the Scorpion (October 23-November 21): It is of paramount importance that you control your mouth this week, especially in the work arena. Although you have an opinion about whatever is happening, let it go and say nothing unless asked for it. Being right is not as important as maintaining human relations. This is not a good time to argue.

Sagittarius the Archer (November 22-December 21): Whatever is occurring at this time is clearly intense and emotion-laden. You may feel as though your very life depends upon making your point of view heard and acknowledged. It is important to play your personal political cards carefully. Don't attempt a takeover unless you are prepared for a serious push-back.

Capricorn the Goat (December 22-January 19): The

Capricorn Goat is so focused on his or her direction that s/he sometimes becomes overbearing and pushy to others. Now is a time in which partners or other significant people are not cooperating. They may be fatigued with your constant management and delegation of projects. Ease off if you want to maintain these relationships.

Aquarius the Water Bearer (January 20-February 18): A project begun in December is showing signs of growth and development at this time. Although it needs more work, at this point it shows the possibility of manifestation. You may be in the midst of persuading others to your point of view. They are listening, so carry it further. Your mind is both steady and imaginative now.

Pisces the Fish (February 19-March 20): A wound, whether emotional or physical, is due for healing now. Pisces is a sign that often feels alone in a crowd. But right now there is a healing presence who rides shotgun with you. The physical wound is most likely something with which you were born and now has a better solution.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

Tri-City Health Center appoints new interim chief medical officer

SUBMITTED BY NICHOLAS E. ADAMS

Northern California-based health care provider Tri-City Health Center recently announced the appointment of Harsha Ramchandani, MD as interim chief medical officer of the only Federally Qualified Health Center in the city of Fremont.

Dr. Ramchandani joined Tri-City Health Center in April 2015 as the director of Liberty Clinic, where she supported the chief medical officer in the review and monitoring of Tri-City Health Center's medical policies and procedures, and provided clinical guidance and oversight related to medical care at the Liberty Clinic. Dr. Ramchandani is a Board Certified Internist with over a decade of experience working in community and outpatient settings within different communities of Michigan.

Dr. Ramchandani has served as an adjunct professor for American University of Antigua Medical School. Her own education includes her MD and Residency at Gandhi Medical College in India, and Residency at Sinai Grace Hospital, Detroit Medical



Center / Wayne State University, Michigan. Dr. Ramchandani becomes Tri-City Health Center's top ranking female physician.

Eden Health District recognized for Best Practices in Governance

SUBMITTED BY JONNIE BANKS

Eden Health District receives the prestigious "Best Practices in Governance" Certification from the Association of California Healthcare Districts (ACHD). The ACHD is a trade organization that represents most of the California Healthcare Districts. Health District is among 12 out of 80 California health care districts so recognized.

On March 16 at a regularly scheduled EHD Board Meeting, a formal presentation of the certification was made by ACHD Executive Director, Ken Cohen.

As Public Entities, Healthcare Districts have well defined obligations for conducting business in a manner that is open and transparent. To assist ACHD Members in demonstrating compliance

with these obligations, the ACHD Governance Committee developed a core set of standards referred to as "Best Practices in Governance." Healthcare Districts that demonstrate compliance with these practices receive the designation of ACHD Certified Healthcare District.

"The District has demonstrated operations at the highest level of these standards," said ACHD Executive Director, Ken Cohen. "It is a reflection of the good work the board is doing to meet the standards - it requires the highest ethics in handling public records and providing staff training."

"We are extremely proud of this certification and continually work to earn the public trust while improving the health of the people in our community by investing resources in health and wellness programs," said Dev Mahadevan, CEO, Eden Health District.



(Left to right): Ken Cohen, Association of California Healthcare Districts Executive Director; Tom Lorentzen, EHD Board Member; Roxann Lewis, EHD Board Member; Les Friedman, EHD Board Chair; and Dr. Vin Sawhney

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At the **NEWARK**
CHAMBER OF COMMERCE

Find all the details for these and more Chamber Member events at www.newark-chamber.com. Prospective Members: Come see the benefits of becoming a Newark Chamber Member!

Tue, March 29, 5pm-7pm, a Tri-City Chamber Mixer, hosted by the Fremont Elks at the Elks Lodge & Banquet Hall, 38991 Farwell Dr, Fremont. Come enjoy the party! You'll hear what the Elks do in our own communities!

Tue, April 12, 5pm-7pm, Celebrate Spring! at this month's Chamber Mixer hosted by the DoubleTree by Hilton-Newark | Fremont, at 39900 Balentine Dr, Newark. You'll love mixing it up!

Thur, April 21, 11:15am-1:30pm, Newark 's Annual "State of the City" Luncheon. This popular event fills up fast. Hear exciting updates about our City, **from Mayor Alan L. Nagy.** At the DoubleTree Hilton—Newark-Fremont, 39900 Balentine Dr. Get the reservation form on www.newark-chamber.com

REMINDER: THE CHAMBER HAS RELOCATED Find us in the Community Center Building at **35501 Cedar Blvd.** Call to schedule appointments at **510-578-4500** or to get more information. Our email address is: info@newark-chamber.com

I need a Forever Home



Tacito is a 12 years young, mellow pup with tons of love to share. He's a loving lap dog that just wants to be near his person. If not on your lap he'll follow you around asking for pets and cuddles. Great with kids 7 years and older. More info: Hayward Animal Shelter. (510) 293-7200.

Bella, a mini lop, is a charming gal with stunning blue eyes and soft white fur. She has a gentle disposition. A bit shy, she's still getting used to people so with a little patience and some parsley as a treat, her sweet personality blossoms. More info: Hayward Animal Shelter. (510) 293-7200.



ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter
510-293-7200

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 **Kid Scoop Together:**

Race Time!

Will Car A, Car B or Car C win the race? Have three friends or family members each choose a car. Then, add up the numbers in each car's lane. The lane that adds up to the *smallest* number has the winning car.



2

1

9

2

8

6

4

2

3

5

8

3

7

7

5

3

2

3

7

3

3

4

FINISH

TOTAL: TOTAL: TOTAL:

STEM ON THE ROAD

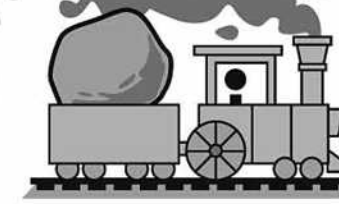
Can we make cleaner cars?



It takes energy to move something. In early days, people used their own human energy to move things. It was tough!



Eventually, carts and wagons were hitched to horses and oxen. Animal energy was great!



Over time, people invented ways to generate energy to move vehicles by burning coal and gasoline.



Coal and gas are **fossil fuels**. But fossil fuels have a couple of problems. They cause pollution and someday the world may run out of these resources.

What's Next?

Today, scientists are looking for new, cleaner ways to create energy to move vehicles. They are looking for energy that won't run out. Many think **hydrogen** is the answer.

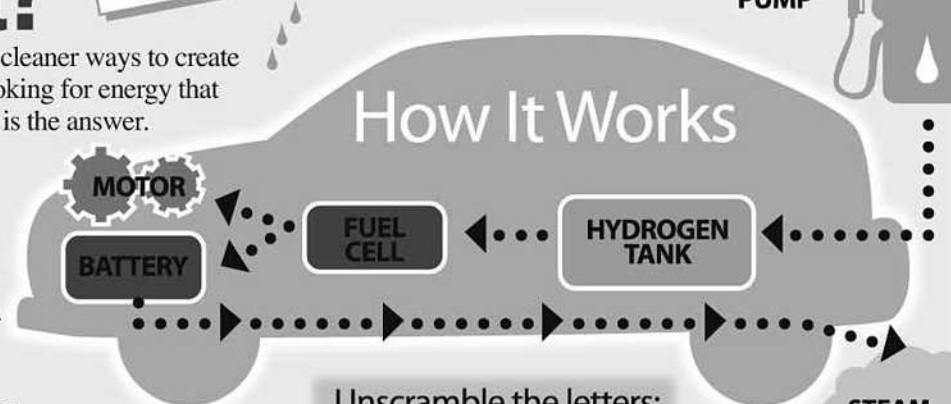
Extra! Extra!
Word Combos
Look through the newspaper to find words that can be combined to make a new word.
For example:
sun + shine = sunshine
Standards Link: Reading Comprehension: Follow written directions.

Hydrogen is a molecule that when combined with oxygen molecules makes energy.

Hydrogen fuel can power cars in a way that's better for the environment.

Keep reading your newspaper for updates about this exciting technology!

How It Works



Unscramble the letters:
The exhaust produced by a hydrogen-powered car is
RAEWT ARVOP
E A

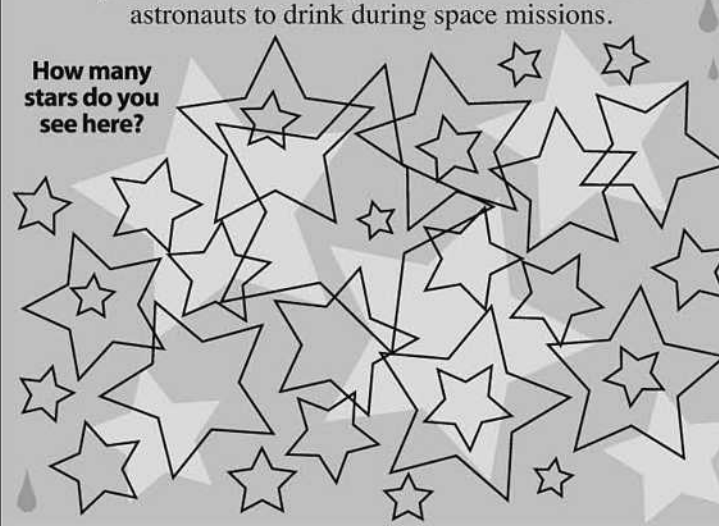


How many differences can you find between these two cars?

Kid Scoop Puzzler

NASA uses hydrogen fuel in space for a special process to make electricity from hydrogen. The byproduct of this process is water. This provides water for NASA astronauts to drink during space missions.

How many stars do you see here?



Double Double Word Search

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

HYDROGEN
MOLECULE
COMBINED
VEHICLES
REACTION
PRODUCE
OXYGEN
ENERGY
WATER
POWER
MOVE
BURN
DAYS
CAR
AIR

D	S	E	L	C	I	H	E	V	H
E	L	U	C	E	L	O	M	Y	E
N	R	U	B	O	C	L	D	E	N
I	M	E	A	X	R	R	N	C	E
B	S	O	E	Y	O	E	R	U	R
M	Y	R	V	G	P	T	W	D	G
O	A	O	E	E	R	A	W	O	Y
C	D	N	E	N	I	W	R	R	P
N	O	I	T	C	A	E	R	P	S

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

Estimation

Find an interesting ad in today's newspaper. Estimate how many ads of that size can fit on the page. Then, measure to find the exact answer. How close was your estimation?

Standards Link: Math: Estimation.



What would you have if your car's motor was in flames?

ANSWER: A fire engine.

Write On!

Fastest Ever!

Write a paragraph about a fast animal or machine, include at least three facts and one opinion.



TRI-CITY VOICE[™]

Athletes of the Month

This month's Tri-City Voice Male and Female Student Athletes of the Month are from Fremont Christian High School Warriors. Athletic Director at Fremont Christian is Nick Liston.

Jessica Rose Mahabali



Female student athlete is 17 year old senior, Jessica Rose Mahabali. She has lived her whole life in Newark and Fremont..

Mahabali started playing soccer when she was 7 years old because her whole family, including brothers, were a soccer playing family. They were always at a soccer field and she had a soccer ball with her everywhere she went. Growing up, Mahabali played for West Coast Soccer Club in Livermore until November of 2015. She then decided to concentrate on high school soccer while thinking about what she wanted to do after high school.

Mahabali has played every position in soccer including goalie, but now she plays center midfielder, and it is her favorite. She says that is where she is the most comfortable helping her teammates.

Best part of Mahabali's soccer game is her strength. She has a strong voice, good leadership qualities and a high soccer IQ according to others. By that others say she can see a play building. Most improvement her soccer game needs is fitness.

She is the daughter of Julie and Michael Mahabali and has two older brothers, Michael, 22 and Brandon, 20. Michael is senior at Oral Roberts University in Tulsa, OK and will graduate this year. Brandon is



a mechanic at Lexus. Both brothers and her Father all played soccer.

Next fall Mahabali will attend Arizona State University and study School Psychology. She does not plan to continue playing soccer after high school. Favorite subjects now are Civics and American Sign Language.

Her favorite food is anything Mexican, favorite music is R&B and Country and she likes the movie, "She's the Man".

Mahabali's role model is her Mom because she has taught her to stay focused on school and chase after

her dreams no matter how many obstacles get in the way. Two of them have a saying or motto, "We will figure it out" whenever things get to be tough.

During Mahabali's spare time (which is not a lot), she likes to hang out with friends or go to the beach to relax and think about life and things we usually take for granted.

Only routine Mahabali has before a soccer match is to not wear her game jersey during warm ups, because she does not want opponents to know what position she may be playing in that game.

Bubba Gomez



Male Student Athlete of the Month from Fremont Christian High School (FCHS) is 14 year old freshman, Bubba Gomez. He has lived in Hayward and Fremont his entire life.

Gomez is a starting pitcher on the FCHS varsity baseball team coached by his Father, Chris Gomez. When he was two months old his parents bought him his first bat and ball.

Gomez played baseball for Fremont Baseball, Inc. (FBI) and Fremont National Youth Baseball (FNYB). Now in the off season he plays KTF Baseball for Keep the Faith Foundation. He was also a quarterback on his club football team and played varsity basketball for FC.

Gomez's strength in baseball is his ability to accurately throw four different kinds of pitches. When not pitching, he plays shortstop, but his favorite position is catching.

Sister Leia is a sixth grader at John G. Mattos Elementary School in Fremont where she plays guard on her school's basketball team. Mother, Magan used to compete in water skiing and is his No. 1 fan, while Father Chris played baseball his whole life. His Grandma Lynne has been a big part of his life and Grandpa, Gary Gomez, is his "Rock" and the nicest person he has ever met.

Gomez's dream is to play baseball at Stanford and is why his Dad encourages him to keep his grades up. However, he would be happy to attend any Pac-12 school and major in Sports Management. Currently he has a GPA of 3.57. His favorite subject is Math.



Panda Express and Chipotle are his favorite foods with Hip-Hop and artist J. Cole being the music he likes the best. Movies he most enjoys are "Titans" and "Talladega Nights".

His hero and role model growing up is his Dad who has coached him in football, basketball and baseball and taught him that it is better to give than to receive. Favorite athlete is second baseman, Dustine Pedroia of the Boston Red Sox because he is scrappy and gives 100 percent all the time on the field.

In his spare time Gomez likes to play Madden 2016 on Play Station, listen to music, hang out with friends, and

do community service. His family feeds the homeless at KTF Foundation every third Friday of the month.

A superstition he has is to not talk about a no-hitter while one is going on. Gomez has always worn #5 when he plays. However, he dedicates each game to #32, Craig Alaniz, a special kid that his Dad coached who lost his life to brain tumors.

Says Gomez, "I could not be in this situation without my teammates. We are a Family. KTF Baseball has not only made me a better player, but has taught me there is more to life than just baseball. My Favorite Bible Verse is Timothy 4:7, I have fought the good fight, I have finished the Race, I have Kept the Faith!"



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continued from page 1

Celebrate Celtic culture at Tartan Day Scottish faire

your family roots – were your descendants part of a Scottish clan?

Now in its 19th year, the Tartan Day Scottish Faire was started in honor of Tartan Day, a national celebration held every April 6th to acknowledge the contributions, both past and present, of Scottish Americans to the United States. The date heralds back to 1320 when Scotland declared their independence from England. Newark was the first city in California to proclaim April 6th as Tartan Day in 1996.

Of course, Debbie Barnes, Chairperson of EBSA, is quick to point out that the faire isn't just about Scotland: "The Bay Area is such a huge melting pot, with so many different cultures. We say it's a Scottish event, but we also include a bit of the Irish and some of the other Celtic nations, which would be the Welsh and people from the Isle of Mann, and incorporate it all together."

The faire is an opportunity for athletes to gather and test their skills in Scottish games and feats of strength. Witness the caber toss, in which competitors toss a large, tapered pole as far as they can. Or watch a demonstration of shinty, a form of field hockey. And new this year will be Backhold Wrestling, a style of folk wrestling that originated in Scotland and is still quite popular there at festivals.

Celtic music will fill the air as bands play throughout the day. Scheduled performers include the Red Thistle Musicians, the Peninsula Scottish Fiddlers, Michael Mullin & His Trio of One, Peter Daldry, and the Irish Pipers of San Francisco. Dancing will also be on display from the New World Scottish Dancers and the Red Thistle Dancers.

And no Scottish Faire would be complete without a visit from Mary, Queen of Scots. For Barnes, now in her 10th year with the EBSA, this is the highlight. "We have different groups who research a particular time period and then recreate the cos-

tumes and crafts. So it's all about teaching while performing." And don't be surprised if you spot a few Vikings roaming about!

There will also be a children's glen with free activities for the wee ones. And a new addition this year is "Author's Row," where Celtic authors talk about their books, as well as sell and sign them. On hand will be children's authors Tiffany Turner and A.E. Conran, Scottish storyteller Danni Burton, and Anna Fiorina Hess, a writer of historical fiction.

The Tartan Day Scottish Faire will be held on Saturday, April 2nd. Admission is \$12 for adults, \$8 for seniors (62+), \$5 for children (4-17 yrs.), and kids 3 and under are free. Parking is free. An ATM is available inside the park, and no pets are allowed (service animals only). All regular park activities are included with admission – riding the train, touring the historic Patterson House and grounds, and visiting the farm animals. About 2,000 people are expected to attend.

For advance tickets or more information, visit https://apm.activecommunities.com/ebparks/Activity_Search/tartan-day-scottish-fair/11330, www.eastbayscots.org, or <https://www.facebook.com/pages/EBSA-Tartan-Day-Scottish-Faire/177935495681797?fref=ts>.

Tartan Day Scottish Faire
Saturday, Apr 2
10 a.m. – 5 p.m.
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(510) 544-2797

https://apm.activecommunities.com/ebparks/Activity_Search/tartan-day-scottish-fair/11330
Tickets: \$12 adults, \$8 seniors, \$5 children, kids 3 and under free
Free parking



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\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



CONTINUING EVENTS

Tuesday, Jan 21 - Sunday, Apr 2

Children's Book Illustrator Exhibit

11 a.m. - 5 p.m.
Illustrators share their artwork
Artist reception Saturday, Mar 12 @ 1 p.m.
Sun Gallery
1015 E St., Hayward
(510) 581-4050
www.sungallery.org

Tuesdays, Feb 2 thru Apr 12
Free Quality Tax Assistance

10 a.m. - 4 p.m.
Tax help for low income households
Tri-Cities One Stop
39399 Cherry St., Newark
(510) 574-2020

Tuesdays & Thursdays, Feb 2 thru Apr 14

AARP Income Tax Assistance - R

Tues: 1 p.m. - 3 p.m.
Thurs: 9 a.m. - 3 p.m.
Volunteers assist seniors with tax returns
Fremont Senior Center
40086 Paseo Padre Parkway,
Fremont
(510) 790-6600

Wednesday, Feb 3 - Friday, Apr 15

Free Quality Tax Assistance

Wed & Thurs: 4 p.m. - 8 p.m.
Fri: 10 a.m. - 1 p.m.
Tax help for low income households
Fremont Family Resource Center
39155 Liberty St. (at Capitol),
Fremont
(510) 574-2020

Monday, Feb 5 - Friday, Apr 4
Landscapes, Brilliant in Light and Color

8 p.m. - 5 p.m.
22 artists explore landscapes
Reception Friday, Feb 5 at 5:30 p.m.
John O'Lague Galleria
777 B Street, Hayward
(510) 538-2787
www.haywardarts.org

Saturdays, Feb 6 - Apr 16

Free Quality Tax Assistance

10 a.m. - 2 p.m.
Tax help for low income households
New Haven Adult School
600 G St., Union City
(510) 574-2020

Saturdays, Feb 6 - May 7

Sabercat Creek Habitat Restoration

9 a.m. - 12 noon
Volunteers remove litter and invasive plants
First Saturday every month
City of Fremont Environmental Services
39550 Liberty Street, Fremont
(510) 949-4570
https://sites.google.com/site/sabercatcreekrestoration/

Mondays, Feb 8 thru Apr 11

Free Quality Tax Assistance

10 a.m. - 2 p.m.
Tax help for low income households
Tri-City Volunteers
37350 Joseph St., Fremont
(510) 574-2020

Fridays, Feb 12 thru Apr 29

Senior Sing Along Chorus \$
2 p.m. - 3 p.m.

Enjoy singing and socializing
Kenneth C. Aitken Center
17800 Redwood Rd.,
Castro Valley
(510) 881-6738
www.haywardrec.org

Arts & Entertainment

Tuesdays, Mar 1 thru Apr 26

Bridge 1

9:30 a.m. - 10:30 a.m.
Introduction to set up, bid play and score keeping
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesdays, Mar 1 thru Apr 26

Bridge 2

10:30 a.m. - 11:30 a.m.
Mastering game strategy
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org



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Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Downtown Fremont
Farmers’ Market
Wednesdays
3 p.m. – 7 p.m.
May thru October
Capital Ave. between Liberty St.
and State St.
www.westcoastfarmersmarkets.org

Kaiser Permanente Fremont
Farmers’ Market
Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market
Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer’s Market
Saturdays
9 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers’ Market
Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings
Saturdays
9 a.m. - 3 p.m.
Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente
San Leandro
Wednesday
10 a.m. - 2 p.m.
June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:
Milpitas Farmers’ Market at
ICC
Sundays
8 a.m. – 1 p.m.
Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:
Newark Farmers’ Market
Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall
Saturdays
9 a.m. - 1 p.m.
Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:
Kaiser Permanente Union
City Farmers’ Market
Tuesdays
10 a.m. – 2 p.m.
Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market
Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

FREE Adult Reading and Writing Classes are
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Tuesdays, Mar 1 thru May 31
Drop-In Advanced Math Help
6:30 p.m. - 7:30 p.m.
Algebra, geometry, calculus, trigonometry and physics
Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 284-0677

Thursdays, Mar 3 - Apr 28
Bingo \$
1 p.m.
Games, refreshments and door prizes
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Mondays, Mar 7 thru Apr 25
Bunco
10 a.m.
Dice game
No experience necessary
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Thursday, Mar 18 - Sunday, Apr 16
Barefoot in the Park \$
Thurs - Sat: 8 p.m.
Sun: 12 noon
Comedy about a newlywed couple
Broadway West Theatre Company
400-B Bay St., Fremont
(510) 683-9218
www.broadwaywest.org

Wednesdays, Mar 23 thru May 25
Food Truck Mafia
5 p.m. - 9 p.m.
Variety of food and entertainment
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37592 Niles Blvd., Fremont
www.thefoodtruckmafia.com

Wednesdays, Mar 30 thru Apr 27
Ballroom Dance Classes \$
Beginners 7:00 p.m. – 8:00 p.m.
Intermediate & Advanced 8:15
p.m. - 9:15 pm
Rumba, Two Step and East Coast Swing
Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 675-5357
www.unioncity.org

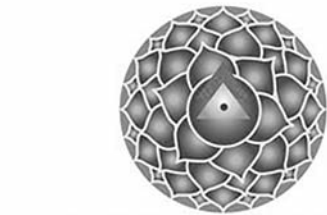
Thursday, Mar 31 - Friday, Apr 22
Winter Members’ Show
10 a.m. - 4 p.m.
Quilts, poetry and paintings
Foothill Arts of the Bay
22394 Foothill Blvd., Hayward
(510) 538-2787
www.haywardarts.org

Friday, Apr 1 - Saturday, Apr 30
Watercolor Exhibit
5 a.m. - 9 p.m.
Original works by Lisa Blaylock
Artist reception Sunday, April 10
at 3 p.m.
Mission Coffee
151 Washington Blvd., Fremont
(510) 474-1004
www.fremontcoffee.com

Friday, Apr 1 - Saturday, Apr 30
Hidden Treasures Local Talent
12 noon - 5 p.m.
Exhibit of various mediums and concepts
Opening reception Friday, April 1
at 7 p.m.
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Friday, Apr 1 - Saturday, Apr 30
Children’s Art Showcase
Tues: 11 a.m. - 3 p.m.
Thurs: 1 p.m. - 4 p.m.
Wed, Fri & Sat: 11 a.m. - 5 p.m.
Display of pencil and watercolor works
Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905
www.FremontArtAssociaion.org

Monday, Apr 4 - Friday, Apr 15
Compost Giveaway
9 a.m. - 4 p.m.
Newark residents with recent bill and identification
Republic Services
42600 Boyce Rd., Fremont
(510) 657-3500
www.RepublicServicesAC.com



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Union City - 31080 Union City Blvd.
Tuesday
4:30 - 5:45 Extra Gentle Yoga
6:15 - 7:35 Prenatal Yoga Expanded
7:30 - 9:00 Yoga Wellness
Saturday
9:00 - 10:15 Yoga for Wellness
10:30 - 11:45 Extra Gentle Yoga
12:15 - 1:30 Prenatal Yoga Expanded

Fremont - The Gala Event Hall
37270 Niles Blvd. (Nr Fire Station)

Wednesday
4:15 - 5:45 Extra Gentle Yoga
6:00 - 7:15 Yoga for Wellness
7:30 - 9:00 Prenatal Yoga Expanded

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For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org.
Times & Stops subject to change

Tuesday, Mar 29
9:45 – 11:30 Daycare Center
Visit – FREMONT
2:30 – 3:25 Cabrillo School,
36700 San Pedro Dr.,
FREMONT
4:45 – 5:30 Baywood Apts., 4275
Bay St., FREMONT
5:50 – 6:30 Jerome Ave. and
Ohlones St., FREMONT

Wednesday, Mar 30
1:00 – 2:00 Del Rey School, Via
Mesa at Via Julia,
SAN LORENZO
2:30 – 3:00 Eden House Apts.,
1601 165th Ave.,
SAN LEANDRO
3:30 – 4:00 Baywood Ct., 21966
Dolores St., CASTRO VALLEY
6:00 – 6:30 Camellia Dr., &
Camellia Ct., FREMONT

Thursday, Mar 31
9:50 – 10:20 Daycare Center
Visit – UNION CITY
10:40 – 11:30 Daycare Center
Visit - NEWARK
1:15 – 1:45 Steller Academy,
38325 Cedar Blvd., NEWARK
2:00 – 2:45 Graham School,
36270 Cherry St., NEWARK

Friday, Apr 1
9:45 – 10:15 Daycare Center
Visit – SAN LORENZO
10:20 – 11:05 Daycare Center
Visit – HAYWARD
12:45 – 1:15 Our Lady of Grace
School, CASTRO VALLEY
1:45 – 3:00 Hillside School,
15980 Marcella St.,
SAN LEANDRO

Monday, Apr 4
9:15 – 10:00 Daycare Center
Visit, FREMONT
10:20 – 11:05 Daycare Center
Visit, FREMONT
1:45 – 2:45 Pioneer School,
Blythe St. & Jean Dr.,
UNION CITY
4:15 – 4:45 Greenhaven Apts.,
Alvarado Blvd & Fair Ranch Rd.,
UNION CITY
5:15 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird Cir.,
FREMONT

Tuesday, Apr 5
10:00 – 11:15 Daycare Center
Visit – UNION CITY
1:45 – 2:30 Fremont Hills Senior
Living, 35490 Mission Blvd.,
FREMONT
3:50 – 4:20 Mission Gateway
Apts., 33155 Mission Blvd.,
UNION CITY
4:50 – 5:30 Mariner Park, Re-
gents Blvd. & Dorado Dr.,
UNION CITY
5:40 – 6:20 Sea Breeze Park,
Dyer St. & Carmel Way,
UNION CITY

Wednesday, Apr 6
2:00 – 4:00 Warm Springs Com-
munity Center, 47300 Fernald
St., FREMONT
4:15 – 4:50 Lone Tree Creek
Park, Starlite Way & Turquoise
St., FREMONT
6:00 – 6:30 Camellia Dr. &
Camellia Ct., FREMONT

Milpitas Bookmobile stops
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For more information
(408) 293-2326 x3060

Wednesday, Mar 30
1:45 – 3:00 Foothill School,
1991 Landess Ave., MILPITAS
3:15-3:45 Friendly Village Park,
120 Dixon Landing Rd.,
MILPITAS



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Monday, Apr 4 - Saturday, Apr 30

San Leandro Art Association Spring Show

12 noon - 5 p.m.

Variety of mediums on display

San Leandro Main Library

300 Estudillo Ave., San Leandro

(510) 577-3971

www.aclibrary.org

Mondays, Apr 4 thru May 2

Community Emergency Response Team Program – R

6:00 p.m. - 9:30 p.m.

Emergency assistance procedures for Hayward residents

Must attend all classes

Hayward City Hall

777 B St., Hayward

(510) 583-4948

Hayward.CERT@hayward-ca.gov

Shinn House

1251 Peralta Blvd., Fremont

(510) 552-4839

alminard@comcast.net

Thursday, Mar 31 - Friday, Apr 1

Spring Break Zoo Camp \$R

9 a.m. - 4 p.m.

Games, crafts and animal interaction

School age children

Oakland Zoo

9777 Golf Links Rd., Oakland

(510) 632-9525

www.oaklandzoo.org/zoocamp

Thursday, Mar 31

Health and Wellness Seminar

6 p.m. - 8 p.m.

Cognitive Assessment as You Age

Washington Hospital

2500 Mowry Ave., Fremont

(800) 963-7070

www.whhs.com/seminars

Friday, Apr 1 - Saturday, Apr 2

American Red Cross Blood Drive – R

7:30 a.m. - 2:30 p.m.

Call to schedule an appointment

Drop-ins welcome

Fremont-Newark Blood Center

39227 Cedar Blvd., Newark

(800) 733-2767

www.redcrossblood.org

Saturday, Apr 2

Landscape and Composting Workshop – R

9 a.m. - 12 p.m.

Irrigation basics and low water designs

Barbara Lee Senior Center

40 North Milpitas Blvd.,

Milpitas

(650) 349-3000

www.BAWSCA.org

Saturday, Apr 2

Fremont Rotary Club Golf Tournament \$

8 a.m.

Golf, dinner and raffle

Callippe Preserve Golf Course

8500 Clubhouse Dr., Pleasanton

(510) 386-7551

rshankspng@gmail.com

Saturday, Apr 2

Fremont Symphony Orchestra: French Connection \$

8 p.m.

Romantic French love songs

Prince of Peace School

38451 Fremont Blvd., Fremont

(510) 371-4859

www.fremntsymphony.org

Saturday, Apr 2

Story Seekers Book Club – R

11 a.m. - 12 noon

Discuss "By the Great Horn Spoon"

Grades 3 – 5

Hayward Main Library

835 C St., Hayward

(510) 881-7980

cheryl.penick@hayward-ca.gov

Saturday, Apr 2

Free Notary Signing Service – R

12 noon - 2 p.m.

Identification required

Hayward Main Library

835 C St., Hayward

(510) 881-7980

http://tinyurl.com/notary-arp16

Saturday, Apr 2

Tech Gadget Help Day

1 p.m. - 4 p.m.

Digital camera, laptop and cell phone assistance

Hayward Main Library

835 C St., Hayward

(510) 881-7700

http://tinyurl.com/tech-

20160402

Saturday, Apr 2

Meet the Chickens \$

1:00 p.m. - 1:30 p.m.

Feed the chickens and look for eggs

Ardenwood Historic Farm

34600 Ardenwood Blvd.,

Fremont

(510) 544-2797

www.ebparks.org

Saturday, Apr 2

Tartan Day Scottish Fair \$

10 a.m. - 5 p.m.

Bagpipe music, dancing, food and highland games

Ardenwood Historic Farm

34600 Ardenwood Blvd.,

Fremont

(510) 544-2797

www.ebparks.org

Saturday, Apr 2

Coyote Hills Meander Hike

10:00 a.m. - 11:30 a.m.

Leisurely stroll along bay trails

Ages 8+

Coyote Hills Regional Park

8000 Patterson Ranch Rd.,

Fremont

(510) 544-3220

www.ebparks.org

Saturday, Apr 2

Atlant Throwers

1:30 p.m. - 3:30 p.m.

Prehistoric dart throwing demonstration

Coyote Hills Regional Park

8000 Patterson Ranch Rd.,

Fremont

(510) 544-3220

www.ebparks.org

Saturday, Apr 2

Spare the Chair Day: Hillside Wildflower Amble

9 a.m. - 11 a.m.

Slow paced 1.5 mile stroll thru hills

Sunol Regional Wilderness

1895 Geary Rd., Sunol

(510) 544-3242

www.ebparks.org

Saturday, Apr 2

Citizenship Day – R

9 a.m. - 2 p.m.

Application assistance

San Jose City Hall

200 East Santa Clara Street,

San Jose

(408) 664-0322

www.siren-bayarea.org

www.immigrantinfo.org

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THIS WEEK

Wednesday, Mar 30

Candidate Forum

6:30 p.m. - 8:30 p.m.

Discuss local, state and national issues

Hayward City Hall

777 B St., Hayward

(510) 208-0410

www.lwvea.org

Wednesday, Mar 30

Seed Savers Garden Club

6:30 p.m. - 7:30 p.m.

Tips to grow your garden

Hayward Main Library

835 C St., Hayward

(510) 881-7980

http://hayward-ca.gov/seeds

Wednesday, Mar 30

Docent Training

10 a.m. - 12 noon

Volunteers train to become tour guides



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www.Hayward911Memorial.com

Dedication will be on Memorial Day

Monday, 30 May 2016 starting at 1PM

Saturday, Apr 2

Compost Giveaway

7 a.m. - 11 a.m.

Milpitas residents only

Photo ID and proof of residency required

Republic Services Newby Island

1601 Dixon Landing Rd,

Milpitas

(408) 432-0444

www.ci.milpitas.ca.gov

Saturday, Apr 2 - Sunday, Apr 3

Family Fun Hour

2 p.m. - 3 p.m.

Stories, games and activities

Coyote Hills Regional Park

8000 Patterson Ranch Rd.,

Fremont

(510) 544-3220

www.ebparks.org

Saturday, Apr 2 - Sunday, Apr 3

Friends of the Library Book Sale

11 a.m. - 4 p.m.

Children's books, CDs, DVDs and collectible books

\$2 per bag / bags provided

San Leandro Public Library

300 Estudillo Ave., San Leandro

(510) 577-3971

www.aclibrary.org

Saturday, Apr 2

Nature Walk for Health

10:30 a.m. - 11:30 a.m.

Guided 1.3 mile walk along tidelands trail

SF Bay Wildlife Refuge

1 Marshlands Rd., Fremont

(510) 792-0222

Saturday, Apr 2

Volunteer Orientation

1 p.m. - 2 p.m.

Discuss goals of the refuge

SF Bay Wildlife Refuge

1 Marshlands Rd., Fremont

(510) 792-0222

Saturday, Apr 2

Going Green Salt Pond Restoration

10 a.m. - 11 a.m.

Discover plants and animals in the wetlands

Alviso Environmental Education Center

Center

17

Saturday, Apr 2 - Sunday, Apr 3

Ching Ming Festival
10:00 a.m. - 12:30 p.m.
Blessings, lunch and lion dancers
Chapel of the Chimes
32992 Mission Blvd., Hayward
(510) 431-2423
www.Hayward.ChapeloftheChimes.com

Sunday, Apr 3

Ohlone Village Life
11:00 a.m. - 12:30 p.m.
Discuss traditions of the Ohlone people
Ages 8+
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Sunday, Apr 3

Compost Giveaway
8 a.m. - 12 noon
Fremont residents only
Proof of residency required
Fremont Recycling Transfer Station
41149 Boyce Rd., Fremont
(510) 657-3500
http://site.republicservices.com/site/alameda-county/en/pages/fremont.aspx

Sunday, Apr 3

Old Fashioned Fun \$
2 p.m. - 3 p.m.
Enjoy stilt racing, tug-o-war, and sack races
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Apr 3

Wake Up the Farm \$
10:30 a.m. - 11:00 a.m.
Prepare morning snack for farm animals
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Apr 3

Spring Gardening \$
11 a.m. - 12 noon
Prepare planting beds
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

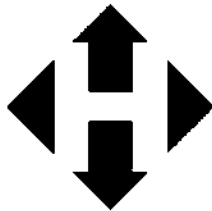
Sunday, Apr 3

Cooking in the Country Kitchen \$
11 a.m. - 1 p.m.
Sample food from a wood burning stove
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

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Sunday: 10am – 7pm

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knick knacks

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Jewelry , Collectibles
Electronics, and Bicycles

*Offers subject to change without notices. 37482 Fremont Blvd., Fremont, CA. 94536; 510-795-6100. www.hopeservices.org

Sunday, Apr 3

Know Your Knots \$
1 p.m. - 2 p.m.
Make rope and tie farmyard knots
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Apr 3

Mission Peak Chamber Singers \$
4 p.m.
Song for Our Planet Earth Day Celebration
Niles Discovery Church of Fremont
36600 Niles Blvd., Fremont
(510) 356-6727
www.mpchambersingers.org

Sunday, Apr 3

Nature Yoga – R
10:00 a.m. - 11:30 a.m.
Enjoy yoga in the outdoors
Bring a mat
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x362
http://donedwardsyoga.eventbrite.com

Sunday, Apr 3

Geology Rocks
1 p.m. - 2 p.m.
Discover the wetlands
Docent led 1.3 mile family-friendly walk
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x141

Sunday, Apr 3

Affordable Housing Forum – R
12 noon
Guest speakers discuss housing options
Lunch included
Mission Peak Unitarian Congregation
2950 Washington Blvd., Fremont
(408) 507-3913
allyssonmcdonald@gmail.com

Tuesday, Apr 5

Weekday Bird Walk
7:30 a.m. - 9:30 a.m.
All levels of experience welcome for ages 12+
Garin Regional Park
1320 Garin Ave., Hayward
Meet at Carden Lane entrance
(510) 544-3220

Tuesday, Apr 5

Kiwanis Club Meeting
7 a.m.
National Alliance on Mental Illness discussion
Breakfast included
Doubletree Hilton Hotel
39900 Balentine Dr., Newark
(510) 490-8390
www.kiwanisfremont.org

Tuesday, Apr 5

Tax Planning for Retirement
7:00 p.m. - 8:30 p.m.
Discuss taxes and savings
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org



well as an autobiographical tale - as Josh, amid his Franklin-related investigations, must deal with his opinionated mother, Bunny, his force-of-nature Aunt Birdie, and a brilliant, eccentric Franklin scholar named Claude. It is a story of fathers and sons, mothers and aunts - and a true-life historical adventure.

Ben Franklin: Unplugged
Friday, Apr 8 & Saturday, Apr 9 8 p.m.
Douglas Morrisson Theatre
22311 N Third St, Hayward
(510) 881-6777
www.dmtonline.org
Tickets: \$20 general admission;
\$5 children under 12

Ann Randolph's Loveland
Critically-acclaimed writer/performer Ann Randolph's Loveland is an "unforgettable, over-the-top comedy that forces people to think" (The Huffington Post). Randolph, recognized

Ann Randolph's Inappropriate in All the Right Ways

Popular and provocative performer Ann Randolph takes comic catharsis to a new level with her new one-woman show, Inappropriate In All The Right Ways. Randolph fuses her trademark irreverent observations with hilarious TED-style, self-help messaging to create a has-to-be-seen-to-be-believed transformational theatrical experience.

Inappropriate in All the Right Ways
Friday, Apr 15 8 p.m.
Douglas Morrisson Theatre
22311 N Third St, Hayward
(510) 881-6777
www.dmtonline.org
Tickets: \$20 general admission;
\$5 children under 12

Unique Derique: Fool La La!

This circus-inspired show features slapstick comedy punctuated with dance and percussive music, transforming into a live one-man dancing-band. With a whole new bag of tricks, the al-



as the "Best Solo Performer of San Francisco 2010" (San Francisco Examiner), brings humanity to the role of Frannie Potts, an irreverent oddball trapped on a plane as she travels from California to Ohio to attend a family member's funeral. Accompanied by a cast of hilarious characters, all portrayed by Randolph, we witness the tragedy, beauty and humor that unite us all in grief.
Loveland
Thursday, Apr 14 8 p.m.
Douglas Morrisson Theatre
22311 N Third St, Hayward
(510) 881-6777
www.dmtonline.org
Tickets: \$20 general admission;
\$5 children under 12



ways-popular clown Unique Derique delivers a comedy show for the whole family. Following the show, Derique will lead a 20-minute Hambone and juggling workshop so the whole family can put a little zip in their step.
Fool La La!
Saturday, Apr 9 & Apr 16 2 p.m.
Douglas Morrisson Theatre
22311 N Third St, Hayward
(510) 881-6777
www.dmtonline.org
Tickets: \$15 general admission;
\$5 children under 12

One for All:
A Solo Artists Festival

SUBMITTED BY
SUSAN E. EVANS

The Douglas Morrisson Theatre's (DMT) 2015-2016 Revelations season continues with "One for All: A Solo Artists Festival," celebrating the amazing diversity of solo performers in the Bay Area. DMT's two-week solo theatre festival features nine different solo artists from April 8 through April 17.

The Bay Area hosts a myriad of exciting and inventive solo artists, who captivate audiences with their personal narratives. The Marsh in San Francisco and Berkeley continues to nurture a steady stream of talent. Now it's time for DMT to bring these artists to Hayward. DMT's festival includes Bay Area luminaries Marga Gomez, Josh Kornbluth, and Ann Randolph, as well as children's entertainer Unique Derique, and a special matinee featuring short pieces from five talented local solo artists: Linda Ayres-Frederick, Carolyn Doyle, Amy Kilgard, Margery Kreitman and Rachel LePell.

One x 5: Short pieces by five local solo artists
Sunday Apr 10 2 p.m.
Douglas Morrisson Theatre
22311 N Third St, Hayward
(510) 881-6777
www.dmtonline.org
Tickets: \$20 general admission;
\$5 children under 12

Marga Gomez: Latin Standards
Marga's Latin Standards is a



new solo play, based on true events about never giving up in

life or in love. In 1996 Marga and her soon-to-be ex-girlfriend entered the New York offices of NPR, where Marga was to be interviewed about her father's career by the legendary Terry Gross. Just before Marga went on air to honor her father's memory and become "NPR famous," she got dumped. Marga remained in shock and squandered her entire 20-minute public radio interview on girl trouble. As she looks back on that day, her father's stories of Cuba, showbiz and the American dream come to life.

Latin Standards
Saturday, Apr 16 8 p.m.
Sunday, Apr 17 2 p.m.
Douglas Morrisson Theatre
22311 N Third St, Hayward
(510) 881-6777
www.dmtonline.org
Tickets: \$20 general admission;
\$5 children under 12

Josh Kornbluth's Ben Franklin: Unplugged
Ben Franklin: Unplugged is a comedic historical mystery, as

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Dawn Torre, Volunteer Coordinator
1-888-493-0734 or 510-933-2181
volunteer@lifespringshospice.com

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Compost giveaway

SUBMITTED BY EILEEN RIENER

Union City's annual compost giveaway and e-waste drop-off event will be held on Saturday, April 2 at Tri-CED Community Recycling in Union City. Free bags of compost will be distributed while supplies last. Please bring your newsletter coupon, which was mailed to all Union City single-family households in March. There is a limit of two bags per address.

Dispose of your unwanted electronics safely and responsibly. Acceptable e-waste include TVs (no plasma), computer monitors, CPUs, laptops, computer hard drives, computer keyboards, computer mice, printers (no industrial size), DVD/VCR players, cell phones, and household batteries. Items such as kitchen appliances, microwave ovens, fax machines/copiers, stereo equipment, and light bulbs/fluorescent tubes will not be accepted. Call (510) 471-3850 for more information.

Compost Giveaway & E-Waste Drop-Off
Saturday, Apr 2
9 a.m. – 3 p.m.
Tri-CED Community Recycling
33377 Western Ave, Union City
(510) 471-3850
www.tri-ced.org

Eat healthy the San Leandro way

Downtown San Leandro will become even more vibrant this spring as the San Leandro Farmers' Market runs its 2016 season from Wednesday, April 6 through October 19. Open every Wednesday, the Farmers' Market will offer the best in fresh, locally-grown fruits and vegetables. This year, about 20 agricultural vendors and 25 non-agricultural vendors will be onsite, selling a variety of goods such as granola, tea, peanut brittle, hummus, bread, olive oils, and fish.

The market will also feature Mexican and Indian cuisine, BBQ, corn dogs, and rotisserie chicken. New vendors this season include Tropical Tustin', selling jerk chicken and mahi-mahi plates and sandwiches; Monica's Brittle Chips with delicious peanut brittle made gluten-free and healthy; Country Rhodes Family Farm, selling a unique variety of figs, eggplants, tomatoes, peppers, and pears; and Flying Cow Farms, selling grass-fed, locally-raised beef.

In addition to a live performance every week, the market will host weekly activities with themes such as Green Market Days, healthy activity and wine tasting. To kick off this season, a cooking demonstration will be hosted by Cookin' the Market, a program of Pacific Coast Farmers' Market Association. Visit www.pcfma.org/eat/recipes for more information.

There will also be a frequent shopper card, with the opportunity to win prizes or earn Carrot Cash. Eating healthy can be fun, too! For more information, visit www.sanleandro.org/thingstodo/farmersmarket/default.asp.

San Leandro Farmers' Market
Wednesdays, Apr 6 – Oct 19
4 p.m. – 8 p.m.
Downtown San Leandro
1 Parrott St, San Leandro
(925) 825-9090
www.sanleandro.org/thingstodo/farmersmarket/default.asp

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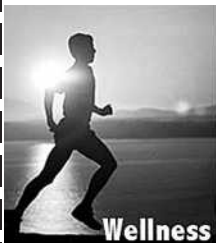
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SPORTS

Registration opens for Hayward Junior Giants season

SUBMITTED BY
SGT. RYAN CANTRELL,
HAYWARD PD

Summer is almost here, which means it's time for the 2016 season of the Hayward Junior Giants Program. Online registration opens on Friday, April 1. Interested players, ages 5-14, can sign up at: www.jrgiants.org

Entering its 15th year, the free Junior Giants program has given thousands of Hayward youth the opportunity to learn basic baseball skills, as well as important character building and life skills in a fun, non-competitive environment. Both boys and girls ages 5-14 are given the opportunity to play baseball, while focusing on the four bases of character development: confidence, teamwork, leadership and integrity. Each year, interest in the Hayward program grows. A record number of families signed up to participate last year and another large turnout is expected for the 2016 season.

There are over 22,000 children who participate in the Junior Giants program, in over 90

leagues across California and into Nevada and Oregon. Not only does Hayward have one of the largest leagues in the program, it also has one of the best. The Hayward League of the Junior Giants was named as one of the top 5 "exemplary leagues" in an impact report prepared by California Polytechnic State University, San Luis Obispo.

The Hayward Junior Giants represents a successful partnership between the Hayward Police Department's Youth and Family Services Bureau (YFSB), HARD, and the San Francisco Giants Community Fund. The Giants Community Fund originally developed the program to give youth an alternative to drugs, gangs and crime. The Hayward league provides exactly this opportunity. Beyond baseball, players get to enjoy positive interactions with the School Resource Officers who are their coaches. There is also additional programming that encourages healthy eating, violence prevention and the importance of education.

The season will kick off with the First Pitch Meeting on Thursday, June 2, 4:30 p.m. at King Middle

School. The first day of practices will be on June 20. All games and practices take place at Larry Standley Field at Weekes Park.

Be sure to register for the program online before the First Pitch Meeting. Parent and community volunteers are also welcome! If you need help with online registration, YFSB staff will be available to help at the Weekes Branch of the Hayward Public Library on May 16 from 5:30 p.m. – 7 p.m. and June 15 from 1 p.m. – 3 p.m. Questions? Contact the Hayward Police Department's Youth and Family Services Bureau at (510) 293-7048 or visit their website at <http://yfsb.haywardpd.net>

Hayward Junior Giants
Thursday, Jun 2,
(First Pitch Meeting)
4:30 p.m.

King Middle School
26890 Holly Hill Ave, Hayward
Registration required:
www.jrgiants.org
(510) 293-7048
<http://yfsb.haywardpd.net>
First day of practice will be
June 20/Weekes Park
Ages 5-14 only

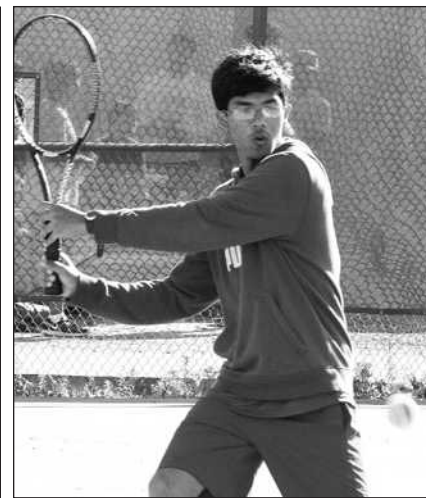


Vikings blank Cougars

Mens Tennis

SUBMITTED AND PHOTOS BY
MIKE HEITCHEW

A good year on the courts continued as the Irvington Vikings defeated the Newark Memorial Cougars on March 23rd with the score 7-0. This was a indicator of things to come as the Cougars have a young, upcoming group and fought hard in almost all matches. Both teams played well, but the Vikings appeared to rule the courts.



Lady Warriors lose spirited contest



Women's Soccer

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

Fremont Christian's Lady Warriors played an energetic match with Livermore Valley Charter Prep Hawks on March 24th but came out on the short end, 5-1. Although hard fought, the Hawks overpowered the Warriors with great speed and ball control.

Park It

BY NED MACKAY

The pipes are calling, and the clans will gather once again on Saturday, April 2 for the annual “Tartan Day Scottish Fair” at Ardenwood Historic Farm in Fremont. From 10 a.m. to 5 p.m. Scots will celebrate their history and culture with bagpipe music, Scottish dancing, handmade crafts, historical re-enactments and Highland athletics. Food and drink will be available for purchase, including Scottish specialties.

Sponsored by the East Bay Regional Park District and the East Bay Scottish Association, it’s always a colorful and enjoyable event for the whole family, whether you’re Scottish or not. Admission to the fair is \$12 for adults, \$8 for seniors, \$5 for children ages 4 through 17, and free for kids 3 and under. Parking is free. Ardenwood Historic Farm is located at 34600 Ardenwood Blvd., just north of Highway 84 in Fremont. For information, call (510) 544-2797.

Nearby at Coyote Hills Regional Park, weekend activities

will open a window into a world that existed for millennia before Europeans arrived in California. From 10 a.m. to 11:30 a.m. on Saturday, April 2, naturalist Dino Labiste will lead a leisurely walk on trails along the marsh, the bay, and over the hills.

In a program from 1:30 p.m. to 3:30 p.m. the same day, Dino will show how Stone Age hunters fashioned stone points for their darts, then used an atlatl dart thrower to launch the darts at game. Visitors can try their hand at hitting a target with an atlatl dart. It’s not easy.

And Native American village life is the theme of a program from 11 a.m. to 12:30 p.m. on Sunday, April 3. Park naturalists will talk about the traditional roles of men and women in the Ohlone culture, and describe what plants and animals were used for food, medicine and tools. The program repeats on April 10. All three programs are for ages 8 and older. All are free and all meet at the park’s visitor center, which is at the end of Paterson Ranch Road off Paseo

Padre Parkway in Fremont. Coyote Hills has a parking fee of \$5 per vehicle. For information, call (510) 544-3220.

Duck, duck, goose is the name of the game during “Family Nature Fun Hour” from 2 p.m. to 3 p.m. on Saturday and Sunday, April 2 and 3, at Crab Cove Visitor Center in Alameda. Interpretive student aides will lead the group in games that teach about birds, then take a walk to see them. Crab Cove is at 1252 McKay Ave. off Central Avenue. For information, call (510) 544-3187.

Speaking of birds, naturalist Michael Charnofsky will lead a bird walk from 9:30 a.m. to 11:30 a.m. on Saturday, April 2 at Leona Canyon Regional Open Space in Oakland. He’ll show how you can identify a bird by its song, even if you can’t see the bird itself. The program is for ages 8 and up, and steady rain cancels it. Meet at the park’s Canyon Oaks Drive Trailhead, which is off Keller Avenue east of Highway 580. For information, call (510) 544-3187.

Spiders will be the stars of the show in a program from 3 p.m. to 4 p.m. on Sunday, April 3 at the Environmental Education Center in Tilden Nature Area

near Berkeley. It’s a chance to overcome arachnophobia and meet the nature area’s friendly spider in residence. The program repeats on April 17. The center is at the north end of Tilden’s Central Park Drive. For information, call (510) 544-2233.

Saturday and Sunday Strolls are a series of family-friendly hikes in various regional parks. Dogs are welcome on most strolls. There’s a moderate, 3.75-mile stroll from 10 a.m. to noon on Sunday, April 3 to explore a less-known area of Sibley Volcanic Regional Preserve in the Oakland hills. Meet at the Old Tunnel Road staging area, which is on the east side of the Caldecott Tunnel. For information and directions, call (510) 544-3187.

There’s lots to see and do out at **Big Break Regional Shoreline** in Oakley. Early risers will enjoy Dawn Chorus Yoga, led by the park’s interpretive staff and the Brentwood Yoga Center. It’s from 7 a.m. to 8 a.m. on Saturday, April 2. After the yoga session, there’s a short walk to see the sunrise and the park’s awakening. Bring a yoga mat if you have one and wear warm, comfortable layers.

Then from 2 p.m. to 3 p.m. on Saturday, April 2, it’s time for Critter Clues. The group will ex-

amine chewed branches, listen for birdcalls, and look for animal tracks to detect which animals are roaming the wetlands. Big Break is at 69 Big Break Rd. off Oakley’s Main Street. For information, call (888) 327-2757, ext. 3050.

In my last column I discussed ticks and how to avoid them. I said that they tend to hang out at the tips of vegetation a foot or two off the ground, waiting for a passerby on whom to hitch a ride.

Dorothy Leland of LymeDisease.org points out that nymph stage ticks also may be found in leaf litter on the ground, from which they can climb onto your foot. They have even been found on the underside of wooden picnic tables and benches. It helps to spray your shoes or boots with permethrin, which can be purchased at sporting goods stores.

That said, there’s no need for alarm. Simple precautions, and checking your clothing after passing through tick territory will help you to avoid tick bites. I hike in the woods all the time, and have occasionally found ticks on my trousers, but I’ve only been bitten once, many years ago, in the Sierra foothills.

Hatzer’s Huge Day Pushes Pioneers Past Otters

Women’s Water Polo

SUBMITTED BY STEVE CONNOLLY

Senior Sabrina Hatzer scored six goals on March 25th in leading the Cal State East Bay water polo team to a 14-8 road victory over conference rival Cal State Monterey Bay. The Pioneers have now won three straight to improve to 13-8 for the season.

Rocio Fesembeck opened the scoring for the Pioneers in the first with a goal on an assist from Taylor Cross. The teams traded scores the rest of the quarter, and Hatzer got on the score sheet twice for East Bay as the visitors held a 3-2 lead after one quarter.

Hatzer scored her third straight to start the second, but the Otters answered back with two straight goals to even the score at 4-4. But the Pioneers finished the half in a fury, as Simonne Call, Hatzer, and Casey Rushforth all scored in the final two minutes to give the Pioneers a 7-4 halftime lead.

The Pioneers kept momentum coming out of the break, as Katelyn Clark took advantage of a 6-on-5 situation for her sixth goal of the season.

Hatzer then notched her fifth goal of the day off a pass from Rushforth, and East Bay began to pull away. Tori Dettloff got in the score sheet with a goal to make it 10-4, then Fesembeck and Call both found the back of the cage for the second time in the game to give CSUEB a 12-5 lead after the third quarter.

East Bay’s top scorers kept the pressure on in the fourth despite a big lead. Cross drew an ejection, then scored on the resulting power play off a pass from Rushforth. Hatzer then recorded her sixth goal to make it 14-5.

Goalkeeper Nikki Vaughn came out of the game after that, having tallied 10 saves and an assist, while allowing just five goals. Makenna Nation and Miranda Diehm both saw time in the tank in the final few minutes, recording three saves and one save, respectively.

Hatzer finished with four assists and three steals to go along with her six goals. Rushforth posted four steals and a pair of assists, while Fesembeck dished out two assists, grabbed two steals, and drew three exclusions.

St. Clement 5th and 6th grade CYO champions

SUBMITTED BY COACH LAWRENCE SALAS

St Clement (Hayward) 6A Southern Alameda County Champions and Oakland Diocese Nor Cal (CYO) Catholic Youth Organization Champions, both finished the 2016 season undefeated. That’s a perfect 23-0!

Special thanks go to our coaching staff: Larry Salas, Jesse Ybarra, Omar Williams, Darius Smith Sr, Anthony Delguidice, George Barragan, and our Athletic Director Glenn DeCastro. Great job team!



Softball

James Logan Report

March 22, 2016
Castro Valley 1, James Logan 0

Patino and Yates (JL), Heller and Gusman (CV); RBI T Shaw (CV)

March 25, 2016
James Logan 8, Livingston 0

Rodriguez and Yates (Lo), Valerio and Rodriguez (Li). (W) Rodriguez (Lo), (L) Valerio (Li) 2B Mello (Lo), Yates (Lo) HR Yates (Lo) RBI Mello (Lo), Yates 3 (Lo), Garcia S (Lo), Rodriguez

March 25, 2016
Reed 5, James Logan 0 Patino and Wenn (L), Jensen and Smith (R). (W) Jensen (L) Patino 2B Sellers (R), Imperah (R)

RBI Sellers (R), Goins 2 (R), Smith (R), Imperah (R)

March 25, 2016
Logan 14, Wooster 0 Patino and Wenn (L) , Kostska (2), Johnson and Goldridge (W)? (W) Patino (L), (L) Kotska (W) 2B Mello (L), Garcia A (L), Patino (L) RBI Mello (L), Yates (L), Garcia A 3 (L), Garcia S (L), Patino 2 (L), Cazares (L), Ochoa (L), Vargaz (L)

Back-to-Back Victories for Moreau Catholic Warriors



Men’s Tennis

SUBMITTED BY TONY RODRIGUEZ

The men’s tennis team of Moreau Catholic High School gained momentum with their two recent match victories over similar-skilled MVAL teams. Moreau Catholic men’s tennis now enters into the second half of the MVAL season with their heads high and their eyes on a hopeful NCS bid.

On Tuesday, March 22nd, the men’s tennis team of Moreau Catholic High School defeated Kennedy High School in a final match score of 5-2. The match took place at Cal State University East Bay, the home courts of Moreau Catholic.

SINGLES:
1.) Elijah Gonzales (KHS) defeated Rohan Divate (MCHS): 6/3, 6/3.
2.) Aniruddh Mandalapu (MCHS) defeated Steven Tan (KHS): 6/0, 6/3.
3.) Charley Jiao (MCHS) defeated John Calalio (KHS): 6/4, 6/4.
4.) Novel Boparai (MCHS) defeated Ansel Scheibel (KHS): 6/2, 6/2.
DOUBLES:
1.) Nicholas Chan/Andika Dharma (MCHS) defeated Aman Singh/Will Van (KHS): 6/1, 6/3.
2.) Jack Adamson/Kameron Jeffrey (KHS) defeated Jake Carpenter/Horace Zhang

(MCHS): 6/3, 6/3.
3.) Noah Jacala/Jeremy Santos (MCHS) defeated Sean Layno/Jonathan Huang: 6/3, 6/7 (7-3), 7/6 (8-6).
On Thursday, March 24th, the men’s tennis team of Moreau Catholic High School defeated Newark Memorial High School in a final match score of 4-3. The match took place at Newark Memorial High School.
SINGLES:
1.) Rohan Divate (MCHS) defeated Thyrone Nisperos (NMHS): 6/0, 6/1.
2.) Aniruddh Mandalapu (MCHS) defeated Enrique Rosas (NMHS): 6/3, 6/3.
3.) Julius Chong (MCHS) defeated Pierson Babich (NMHS): 6/4, 3/6, 6/3.
4.) London Lombana (NMHS) defeated John Gnansekaran (MCHS): 6/1, 6/1.
DOUBLES:
1.) Nicholas Chan/Andika Dharma (MCHS) defeated Jose Luis Rosas/Alex Franco (NMHS): 6/2, 6/4.
2.) Omar Jaarqui/Martin Guerra (NMHS) defeated Novel Boparai/Andrew Gardula (MCHS): 6/4, 6/2.
3.) Davis Kim/Jonathan Nguyen (NMHS) defeated Noah Jacala/Jeremy Santos (MCHS): 6/7 (7-2), 6/3, 6/4.

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Fremont State of the City

SUBMITTED BY CITY OF FREMONT

On Thursday, March 24, Fremont Mayor Bill Harrison delivered this year’s State of the City address at a luncheon hosted by the Fremont Chamber of Commerce at the Fremont Marriott Silicon Valley.

This annual event is a time for the Fremont community to come together, reflect on experiences from the past year, and set a vision for the City’s near future. From the City’s 60th anniversary to its affordable housing initiatives, Mayor Harrison shared what we accomplished this year and what’s currently in the works for next year. It’s clear that Fremont has a bright future to look forward to.

Here are just a few (of many) highlights from the 2016 State of the City address:

In honor of Fremont’s 60th anniversary, the City held a community gathering and ceremony to install a time capsule that will be opened at the City’s 100th Anniversary in 2056.

The Brookings Institution selected Fremont for its Silicon Valley stop on advanced industries research.

Fremont’s Transportation Engineering Division and the Police Department teamed together and officially launched “Vision Zero” — a plan to improve traffic safety and reduce traffic fatalities to zero.

Delta Products opened its new 180,000 sq. ft. headquarters, LEED Platinum building—the first of its kind in Fremont—that will serve as an iconic gateway into the Innovation District.

Fremont launched the first East Bay chapter of the global meet-up, Startup Grind.

The City’s Warm Springs Community Plan won two awards and was recognized by the Association of Bay Area Governments and by the State

for its American Planning Association Award of Excellence in Urban Design.

Progress continues to be made on construction of an iconic bridge and plaza that will connect properties such as Tesla and ThermoFisher to the Warm Springs/South Fremont BART station that will open later this year.

Fremont continues to invest in public safety and street maintenance. The City has made improvements around more than half of Fremont’s schools, including major intersections, as an effort to get kids to and from school safely.

Downtown Fremont’s first mixed-use private development called State Street will break ground in June and work is underway on development plans for the City’s future Civic Center.

It’s been a landmark year for sustainability in Fremont — named America’s 10th Greenest City of 2015, signed onto the Compact of Mayors, installed 1.2 megawatts of solar carport structures, and is one of 50 semifinalist competitors in the \$5M Georgetown University Energy Prize.

The City’s Legends of the Bay event raised more than \$56K for the Fremont Family Resource Center.

If you’re interested in learning more about Fremont’s successes and where it’s headed this year, you can view the speech and presentation slides on the City website at <http://www.fremont.gov/State-oftheCity> and the video will also be made available on Cable TV Channel 27 and on the City website by April 1.

The entire City of Fremont would like to thank everyone who has made this year’s event a success and for your continued contributions to making Fremont a compassionate, innovative, and desirable city to live and work.

Union City City Council Meeting

March 22, 2016

Proclamations and Presentations

- Introduction of new employees including Chase Campbell of the City Manager’s department, Patricia Heuer and David Sarinana of the Economic and Community Development Services department. Patricia Heuer and David Sarinana of Leisure Services, Joseph Roberts of the Police Department, Jian Lam, David Lucero, Jaymin Munoz and Nicholas Thompson of the Public Works department; as well as promoted employees including Valerie Avendano and Darryl Riddle of the Economic and Community Development Services.

- Presentation on National Parkinson’s Foundation Moving Day
- Presentation on Union City community Pipeline Safety Initiative.

Consent

- Adopt a resolution authorizing extension of the towing services agreement.
- Adopt a resolution to reduce the membership fees at the Ruggeri Senior Center for resident individuals and couples.
- Adopt a resolution accepting the annual element progress report on the implementation of the housing element for 2015.

Public Hearings

- Public hearing to introduce ordinance to amend municipal code to conform with current laws pertaining to affordable housing.

City Manager Reports

- Introduce an ordinance to consolidate Union City municipal code chapters 10.17 and 10.18 and amend requirements for companies providing towing services.

Mayor Carol Dutra-VernaciAye
Vice Mayor Emily Duncan Aye
Lorin Ellis Aye
Pat Gacoscos Aye
Jim Navarro Aye

Income tax preparation for low income, elderly, disabled, limited English

SUBMITTED BY LAUREL ANDERSON/MARINA HINESTROSA

Filling out income tax forms may be an overwhelming experience, especially for tax payers who are not fluent in English or lack resources to pay for professional guidance. The County of Santa Clara is encouraging low income, elderly, disabled, and limited English speaking taxpayers, who may need help in preparing their tax returns, to

take advantage of VITA, the free nationwide Volunteer Income Tax Assistance Program coordinated by the Internal Revenue Service (IRS). VITA is available now at County libraries in Campbell, Cupertino, and Milpitas, and the Santa Clara County Social Services Agency CalWORKs Employment Connection Center.

The IRS, United Way Silicon Valley, 2-1-1 Santa Clara County, the County of Santa Clara,



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.
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TAKES FROM SILICON VALLEY EAST As IPOs Dip, DPOs Step In

BY KIM ARNONE, VICE PRESIDENT, CUTTING EDGE CAPITAL

Recently, a story on the “California Report,” which highlighted an innovative investment strategy, aired on KQED. It’s something my capital consulting firm has championed. The following summary describes the Direct Public Offering (DPO) phenomenon.

If your company is not at the stage to bear the cost or complexity of an IPO (initial public offering), or if you can’t obtain or don’t want to be limited to investment from high net worth investors (such as VCs or Angel investors), a DPO is an attractive option. Over the years, the popularity of DPOs, has continued to grow as a way for businesses to raise capital from their communities. DPOs are similar to IPOs, where people can invest in a company. However, shares offered in DPOs are not traded on the stock market, rather the investment is offered directly by the company to the investors and the company remains privately held.

Today’s consumers want to support their communities whether it’s eating locally or shopping locally, and DPOs allow them to invest locally too. Many successful companies participating in DPOs are not only looking to raise capital, but also want to connect to and improve their community, which resonates with their potential investors. Through DPOs, local businesses have successfully raised enough capital to fund their initiatives with the help of their neighbors, customers, partners, and fans. DPOs allow people of moderate income (as well as high net worth investors) to invest in private companies that they support and want to see succeed. And companies doing DPOs have been able to share their companies’ success with their communities. DPOs have sparked economic growth all over California, leading the way for more companies to harness the power of community to thrive and grow.

To learn more about DPOs visit www.cuttingedgecapital.com/resources-and-links/direct-public-offering.

First confirmed Zika virus case in California acquired through sexual transmission SUBMITTED BY ORVILLE THOMAS

California Department of Public Health (CDPH) Director and State Public Health Officer Dr. Karen Smith announced on March 25 that the first confirmed case of Zika virus acquired in California. This case involves transmission of Zika virus through sexual contact with a Zika-infected partner who returned from a country where Zika virus was circulating, not from a mosquito bite. The woman who was infected was not pregnant and had not traveled out of the country. She and her partner have fully recovered.

For more information on Zika virus disease and other mosquito-borne illnesses, please visit: <http://www.cdph.ca.gov/HealthInfo/disecond/Pages/Zika.aspx>

churches, nonprofits and other local organizations are working together to offer more than 40 VITA Tax Assistance sites throughout Santa Clara County. Trained IRS-certified volunteers will provide assistance in preparing basic forms (1040EZ, 1040A, 1040 with Schedule A, B, Limited Schedule CEZ, C and California State Income Tax Returns) in multiple languages, and facilitate e-filing or paper returns. To qualify for the VITA assistance program, taxpayers must be working U.S. Citizens or permanent residents with a valid Social Security or ITIN number, and a combined household income of less than \$54,000.

For more information about the tax preparation schedule and VITA sites near your house or work, call 2-1-1. Visit <http://www.211sc.org/vita> and click on the map to see locations throughout Santa Clara County. For listing of VITA sites and service details, visit <http://www.211sc.org/vita-listing/>

Each location will indicate if appointments are requested or if they can walk in, or drop-off documents and pick up their complete forms later, or prepare their own tax returns with on-site volunteer help when needed.

Taxpayers need to bring the following information to VITA sites:

- A photo ID (Passport, driver’s license, State ID) for self and spouse if married
- Social Security cards or ITINS

for each person included in tax returns

Proof of income: W2s, 1099s, 1098s, cash income, interest income, etc.

Proof of expenses: childcare expense statement (with provider address and tax ID number), medical expenses, property tax bills, etc.)

2014 tax return (if available)
Bank account number with routing number for direct deposit refund

Household health coverage information (1095-A if bought through Covered CA)

For married filing joint, both spouses need to be present to sign. (Volunteers will not be able to prepare returns for married taxpayers filing separately.)

Milpitas Library
Saturday: Apr 2, Apr 9
10:00 a.m. – 12:30 pm.
160 N. Main St, Milpitas
Walk-ins (first- come, first-served)
Assistance in English and Vietnamese

Santa Clara County Social Svs Agency /CalWORKs Center
Wednesday: Mar 30,
Apr 6, Apr 13
Thursday, Mar 31,
Apr 7, Apr 14
10:00 a.m. – 1:30 p.m.
1879 Senter Rd. #10 San Jose
Walk-in only –
First-come, first-served
(408) 299-5119
<http://www.211sc.org/vita>

OPINION



WILLIAM MARSHAK

Stone Soup

additives; the town folk emerge to celebrate a grand dinner with the soldiers.

An argument can be made that added ingredients (i.e. vegetables, meat and seasoning) were responsible for the soup or, alternatively, the suggestion of creating a soup encouraged cooperation and the end result. In either case, both elements were necessary. Growth and change of our cities can be seen in a similar light. For example, the City of Fremont uses the term “Strategically Urban” to describe its vision... but what does that really mean? For a city of over 90 square miles, can a single phrase adequately characterize its breadth? A framework is critical for any added ingredients to Fremont’s soup – espoused by Mayor Harrison at his recent State of the City speech. He spoke of the City’s foundation built over sixty years and times before that set the stage for its vision of a future filled with growth and change.

For example, historic Warm Springs District buildings and artifacts are almost gone. In place, the City has declared the area as an “Innovation District.” City resources are being channeled in specific directions including a Downtown Civic Center and development around the new BART station. But does this effort serve

the entire city? Is it reasonable to concentrate strategic urban planning into all facets of life in Fremont, including infill development throughout the city? Or are we missing a descriptive target for existing resources including historical and other assets? Infill developments such as that proposed on Walnut Avenue favor large scale towers amidst single and two-story homes. Parking requirements are swept aside to compress as many living units into an acre as possible. Is this strategically urban or just a forceful overlay on existing patterns?

Is this stone soup filling with the right mixture of ingredients or just a call for additional salt? There is more to making a blissful serving for all than simply concentrating on a favored component. I like mine a bit less salty!

William Marshak
PUBLISHER

County of Santa Clara appoints Director of Office of Veterans Services

SUBMITTED BY LAUREL
ANDERSON/MARINA HINESTROSA

County Executive Jeffrey V. Smith announced the appointment of Marion S. Moses to the position of Director of Office of Veterans Services. Mrs. Moses began this new role on March 28.

Mrs. Moses has been an Assistant Veteran Services Officer with the County of San Luis Obispo Veterans Services Office since April 2015. In her role, she served veterans, soldiers and civilians, and specialized in program and staff development within the field of military and civilian human resource management. The multi-faceted service delivery system spanned not only VA Benefits, but also benefits involving other federal and county agencies.



Mrs. Moses served in the United States Army for more than 12 years on active duty, and completed an additional three years as an Army Reservist. Her last two active duty assignments were

as a Human Resources Officer/Brigade S-1 NCOIC and Protocol Officer.

During her tenure in the Army she received numerous recognitions, including: The Meritorious Service Medal, Army Commendation Medals and Army Achievement Medals. After her honorable discharge from active duty in 2007, Mrs. Moses held federal executive management positions within the military and civilian Human Resources field. She implemented a successful transition program for Wounded Warriors within the U.S. Army in Europe. Mrs. Moses spearheaded a one of a kind program for Reserve Component Soldiers to receive counseling services and disability assistance through the Department of Veterans Affairs, as part of a major training exercise involving more than 5,000 soldiers.

Navy sailor from Hayward

SUBMITTED BY DAWN SCOTT,
NAVY COMMUNITY OUTREACH
PHOTO BY ROBERT S. PRICE, MCS 3RD CLASS

Fire Controlman 2nd Class Duke Batteate, from Hayward, shoots an M4 rifle during a visit, board, search, and seizure gun shoot aboard USS Porter (DDG 78) on March 22. Porter, an Arleigh Burke-class guided-missile destroyer, forward-deployed to Rota, Spain, is conducting a routine patrol in the U.S. 6th Fleet area of operations in support of U.S. national security interests in Europe.



ADJUDICATION:

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

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COMMUNITY BULLETIN BOARD

FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont All are welcome, come join us www.fremontcoinclub.org 510-792-1511	National Alliance on Mental Illness (NAMI) FREE confidential 10 week informational course - Adults living with mental health challenges Focused on Recovery 2 hrs Tuesdays Call Kathryn Lum 408-422-3831 for time and location	League of Women Voters Fremont-Newark-Union City www.lwvnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Tri-City Bike Park Community group of mountain bikers and BMX bikers. Come enjoy this activity for adults, teens and toddlers. Help us get this park built! www.newarkparks.org Sun Gallery FREE Art Saturday Classes For families on the 2nd & 4th Sat. of each month and Summer Art Camp Gallery Shows & Exhibits FREE admission to all shows 1015 E. St. Hayward 510-581-4050 www.SunGallery.org	
Tri-City Society of Model Engineers The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org	ABWA-Pathfinder Chap. American Business Women’s Assoc. provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. Spin A Yarn Rest. (Fremont): 6:30-9:00 pm Call Karen 510-257-9020 www.abwa-pathfinder.org	FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com		
Troubled By Someone's Drinking? Help is Here! Al-Anon/Alateen Family Groups No cost program of support for people suffering from effects of alcoholism Call 276-2270 for meeting information or email Easyduz@gmail.com www.ncwsa.org	SparkPoint Financial Services FREE financial services and coaching for low-income people who want to improve their finances. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center To reserve a seat: 574-2020 Fremont.gov/SparkPointFRC	Ohlone Humane Society Love animals & want to help? OHS is a nonprofit, volunteer supported animal welfare organization. Includes wildlife rehabilitation, companion animal rescue, animal assisted therapy, spay/neuter assistance and more. For info call 510-792-4587 www.Ohlonehumanesociety.org	Help with Math & Reading You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. CALL Tom 510-656-7413 TKFEDERICO@SBCglobal.net	Deliver a smile and a meal to homebound seniors LIFE ElderCare – Meals on Wheels Mon – Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@fremont.gov www.LifeElderCare.org
NARFE National Assoc. of Active & Retired Federal Employees Meet 4th Friday of Month Fremont Senior Center Central Park @ Noon All Current or Retired Federal Employees are welcome Call Ellen @ 510-565-7973 donodo@comcast.net	Scholarships for Women Our Fremont philanthropic organization, PEO, offers many scholarships for women entering college, earning another degree or returning to school after 2+ years. Low interest education loans available, also. 510-794-6844 www.peointernational.org		Newark Toastmasters Club Build Self Confidence Great for Job Seekers Early Risers/Guest welcome Meets Every Tuesday Morning 7am-8am at Newark Library 6300 Civic Terrace Ave. Newark http://1118.toastmastersclubs.org Bill 510-796-3562	TROPICS BINGO EVERY WEDNESDAY Doors Open 4:30pm Flash games start 6:30pm All Games pay over \$100 Tropics Mobil Home Park 33000 Almaden Blvd., Union City Snack Bar Open 5pm Door Prizes & Free Coffee Contact Richard 408-839-3358
TOPS TAKE OFF POUNDS SENSIBLY It is weight loss support group that meets weekly in San Leandro. We meet Wed 9:30am -11am at Mission Bay Mobil Home Park 15333 Wicks Blvd., San Leandro contact Judy 510-581-5313 www.TOPSorg Annual fee \$32		Most Joyful Volunteer work LIFE ElderCare – VIP Rides Drive seniors to appts/errands 4 hrs/month Flexible scheduling. Call Valerie 510-574-2096 vdraeseke@fremont.gov www.LifeElderCare.org	Newark Demonstration Garden Join a group of Newark residents to spearhead a demonstration garden in Newark. We're currently selecting a site. We need your help! Angela at info@newarkparks.org https://www.facebook.com/groups/NewarkDemonstrationGarden/	Tri-City Youth Chorus January 7- March 24 \$130 - Grades 5-8 No Auditions Meets Thursdays 4-5 PM 36600 Niles Blvd. Have fun singing contemporary & multi-cultural music & learn from gifted director Register on our website www.tricityyouthchorus.weebly.com
FOOD ADDICTS IN RECOVERY - FA • Can’t control the way you eat? • Tried everything else? • Tired of spending money? Meeting Monday Night 7pm 4360 Central Ave., Fremont Centerville Presbyterian Church Family Ed. Bldg. Room E-204 www.foodaddicts.org		Travel with Friends Choose from many home stays with Friendship Force club members around the world. Share our way of life with visitors & make new friends on 5 continents. Enjoy variety of Bay Area Activities www.ffsfb.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857	Newark Skatepark Join a group of Newark skaters and parents of skaters to spearhead a skatepark in Newark. We have a business plan. Now we need your help to execute on it! Angela at info@newarkparks.org https://www.facebook.com/groups/NewarkSkatepark/	Fremont Area Writers Like to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except in July and December at DeVry University, 6600 Dumbarton Circle, Fremont. www.cwc-fremontareawriters.org
SAVE’s Restraining Order Clinics Free for domestic violence survivors Seeking protective orders Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday Call SAVE’s 24-hr Hotline (510) 794-6055 for details www.save-dv.org	SAVE’s Empowerment Ctr. Services FREE for domestic violence survivors. If you’re seeking healing, strength, support or referrals, SAVE can help! Yoga, therapeutic art, advocacy 24-hour Hotline (510) 794-6055 Empowerment Ctr (510) 574-2250 1900 Mowry Ave, #201 Fremont. www.save-dv.org	SAVE’s Domestic Violence Support Groups FREE, compassionate support Domestic violence survivors Drop-in, no reservations needed Every Tues & Thurs 6:45-8:45 pm Every Friday 9:15 to 11 am 1900 Mowry Avenue, Fremont (510) 574-2250 or 24-hour Hotline (510) 794-6055 www.save-dv.org	Newark Parks Foundation The Foundation mobilizes financial and community support to deliver thriving, accessible, supported, and varied parks, open spaces, and recreational opportunities for a healthy and united Newark. Seeking Board of Directors and Honorary Board members. info@newarkparks.org	VOLUNTEERS WANTED St. Rose Hospital Volunteer Gift Shop Manager & Other positions available Contact: Michael Cobb 510-264-4139 or email mcobb@srhca.org
FREE QUALITY INCOME TAX PREPARATION IRS-Certified Tax Preparers \$54,000 or less annual household income. Other restrictions may apply. Fremont Family Resource Center. 39155 Liberty St, Bldg EFGH, Fremont, CA 94538 Open: Jan 27 to Apr 15, 2016 Wed. & Thurs.: 4 pm - 8 pm Friday: 10 am - 1 pm Call 510-574-2020 for more info	FREE QUALITY INCOME TAX PREPARATION IRS-Certified Tax Preparers \$54,000 or less annual household income. Other restrictions may apply. Tuesdays: Feb 2 to Apr 12, 2016. 10 am – 4 pm At Tri-Cities One-Stop Career Center – Ohlone College 39399 Cherry Street, Room 1211 Newark, CA 94560 For appointment call (510) 742-2323	Union City SDA Church Saturday Worship: 11am Sabbath School: 9:30am Wed Eve Srv 7-8pm Visit Sick by Appointment Conducts Weddings Counsels Families, etc Multi-Culture Family Church 606 H. Street, Union City (510) 755-6348	Newark Trash Pickup Crew Get to know your Newark neighbors Get a bit of exercise and help make Newark look great Join us! https://www.facebook.com/groups/newarkTrash/	Little Lamb Preschool Open House Sat. April 16 Drop-in Between 1-4pm Free Ice Cream Meet the Teachers Visit the Classrooms Registration Info Available www.littlelambpreschoolbcc.org
Give a Child A Voice Become a friend, mentor, and advocate for a foster child. Attend our next Volunteer Open House Orientation session to get started. For more information: info@cadvocates.org or visit: www.BeMyAdvocate.org		Church for Rent Community SDA Church Sunday Afternoons 2 p.m. – 10 p.m. M; Tu; th. Anytime Auditorium seats 50 extra room & Kitchen 606 H. Street, Union City (510) 755-6348	First Church of Christ Scientist, Fremont Sunday Service 10am Sunday School 10am Wed. Eve Service 7:30pm Chld Care is available all services. Reading Room Open Monday - Friday 1-3pm 1351 Driscoll Rd., Fremont 510-656-8161	COUGARS GIRLS SUMMER BASKETBALL CAMP Ages 8-15 years June 27 - July 1 Silliman Activity Center 6800 Mowry Ave. Newark Full & Half Day Options www.newark.org 510-578-4620 Camp Director: Darryl Reina, NMHS Staff

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COMMUNITY BULLETIN BOARD

FREE QUALITY INCOME TAX PREPARATION IRS-Certified Tax Preparers \$54,000 or less annual household income. Other restrictions may apply. Saturdays: Jan 30 to Apr 16, 2016. 10 am – 2 pm (Closed Mar 12th) At New Haven Adult School 600 G Street, Union City, CA 94587 Walk-in and self-prep services available Call 510-574-2020 for more info	FREE QUALITY INCOME TAX PREPARATION IRS-Certified Tax Preparers \$54,000 or less annual household income. Other restrictions may apply. Tuesdays: Feb 2 to Apr 12, 2016. 10 am – 4 pm At Tri-Cities One-Stop Career Center – Ohlone College 39399 Cherry Street, Room 1211 Newark, CA 94560 For appointment call (510) 742-2323	FREMONT STAMP CLUB SINCE 1978 Meets 2nd Thurs. each month 7pm Cultural Arts Center 3375 Country Dr., Fremont Everyone is welcome. Beginners to Advanced. For questions or more information: www.fremontstampclub.org/ or call Dave: 510-487-5288	Hayward Art Council 22394 Foothill Blvd., Hayward 510-583-2787 www.haywardarts.org Open Thurs. Fri. Sat. 10am-4pm Foothill Gallery, John O’Lague Galleria, Hayward Area Senior Center Exhibit Hall, Alameda County Law Library Hayward branch All open to the public	English Conversation Café Improve your Conversation Skills Small groups with native speakers Tuesdays 7-8:30p Next Session Starts 2/23 Only \$20 for 10 Weeks @ Bridges Community Church 505 Driscoll Rd. Fremont ESL@bridgescc.org 510 651-2030
Come Join Us Tri Cities Women’s Club Meets on the third Tuesday Elk’s Club on Farwell Dr. 9:30 – Cards, 12:00 – Lunch 1:00 – Program and Meeting We also have bridge, walking, Gourmet dining groups, And a book club. For info. Call 510-656-7048	Afro-American Cultural & Historical Society, Inc. Sharing ur culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec & Feb 5:30pm Newark Library 510-793-8181 www.aachsi.com We welcome all new members			The American Assoc. of University Women AAUW advances equity for women and girls through advocacy, education, philanthropy and research We are all inclusive, welcoming, smart and fun. fremont-ca.aauw.net
The Friendship Force San Francisco Bay Area Experience a country & its culture with local hosts; meet global visitors here.Travel to Brazil in June; Japanese visitors here in October. Many Bay Area social activities. www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857	Mission Peak Fly Anglers Fishing Club Meets 4th Wed. each month @7pm - Silliman Aquatic Center 680 Mowry Ave., Newark Call Steve 510-461-3431 or 510-792-8291 for more information www.missionpeakflyanglers.org		VOLUNTEERS WANTED MUSEUM OF LOCAL HISTORY GUILD No experience needed! Enjoy helping students on school tours - work on exhibits Accession artifacts flexible days & hours Call Dianne: 510-673-4813 www.museumoflocalhistory.org	FLEA MARKET Sat. April 9 9am-3pm Hayward Veterans Bld. 22727 Main St. Hayward Hosted by AMERICAN LEGION AUXILIARY For more info contact Dorothy Castillo 510-581-1074 Dorothycastillo61@yahoo.com

Newark City Council

March 24, 2016

Presentations and Proclamations:

- Introductions of Employees: Administration Support Specialist Rebecca Hibbs at the Silli-

- man Center
- Building Inspector Kenneth Wood at Public Works Department
- Police Dispatcher Spencer Elmore in the Police Department
- Proclaim March 29, 2016 as Welcome Home Vietnam Veterans Day
- Public Hearings:**
- Approve planned unit development and conditional use per-



Mayor Nagy proclaims March 29, 2016 as Welcome Home Vietnam Veterans Day



Mayor Nagy welcomes new employees (left to right) Building Inspector Kenneth Wood, Police Dispatcher Spencer Elmore and Administrative Support Specialist Rebecca Hibbs.

- mit for two corridor access lots at 7731 and 7733 Sunset Avenue.
- Approve issuance of revenue bonds by California Munipal Finanace Authority for and on behalf of USA Properties Fund for 75 unit multi-family rental housing facility.

Consent:

- Amend Newark Municipal

- Code repealing Redevelopment Agency

City Council Matters:

- Family Day at the Park success
- Alameda County Library workshop
- Importance of senior housing

Oral Communications:

- Cal State East Bay Islamic Studies initiative
- Light pole malfunction at 35944 Spruce St.
- Mayor Alan Nagy Aye
- Vice Mayor Luis Freitas Aye
- Sucy Collazo Aye
- Michael Hannon Aye
- Mike Bucci Aye

Hayward City Council

March 22, 2016

Consent:

- Council approved adoption of ordinance amending Chapter 10, Article 1 of Hayward Municipal Code by rezoning certain property in connection with zone change application relating to a residential development at the southwestern corner of 2nd Street and Walpert Street.
- Council unanimously voted to decline acceptance of the Metropolitan Transportation Commission Parking Management Grant for the Downtown Parking Management Pilot Program.
- Council approved resolution authorizing city manager to negotiate and execute professional services agreement with West Yost Associates, Inc. for the Recycled Water Storage and Distribution project.
- Work Session:**
- Police Chief Diane Urban discussed second quarter progress

- for Hayward Police Department.
- Staff discussed proposing to include a section on staff reports that discusses sustainability features in a concise manner. According to staff report, some questions to be addressed in the sustainability features section include discussions on energy, water, air, solid waste, purchasing policy, and transportation.
- Legislative Business:**
- Library and Community Services Director Sean Reinhart discussed review of affordable housing strategies in Hayward, including the Hayward Housing Authority; housing-related strategies to prevent homelessness and assist homeless individuals; and authorization to implement a first-time Home Buyer Down Payment Assistance Pilot Program.
- Mayor Barbara Halliday Aye
- Mayor Pro Tempore Al Mendall Aye
- Francisco Zermeño Aye
- Marvin Peixoto Aye
- Greg Jones Aye
- Sara Lamnin Aye
- Elisa Márquez Aye

State Route 84 (Fremont) closure April 1 and 2

SUBMITTED BY CITY OF FREMONT

- Caltrans District 4 in partnership with Union Pacific Rail Road (UPRR) has scheduled maintenance work on the railroad tracks that cross State Route 84, also known as Fremont Boulevard, between Thornton Avenue and Peralta Boulevard in Fremont. Construction will be from Friday, April 1 at 10 p.m. until Saturday, April 2 at 11:59 p.m.

- (midnight). Access to local businesses will not be restricted.
- Detour routes in effect during the closure:

Vehicular Traffic:

- Vehicles approaching the crossing from the north on Fremont Boulevard will be directed to take Thornton Avenue to Paseo Padre Parkway, to Peralta Boulevard, to return to Fremont Boulevard.
- Vehicles from the south on Fremont Boulevard will be di-

- rected to take Peralta Boulevard to Paseo Padre Parkway, to Thornton Avenue to return to Fremont Boulevard.

Pedestrian Traffic:

- Pedestrians and bicyclists will be directed from Fremont Boulevard to Peralta Boulevard, to Maple Street, to Thornton Avenue, to return to Fremont Boulevard.
- Motorists should drive with caution through the work zone.

Community Ambassador Program for Seniors

SUBMITTED BY CITY OF FREMONT

- The Community Ambassador Program for Seniors (CAPS) is a nationally recognized award-winning City of Fremont program that trains volunteers to assist older adults in locating local resources and services that can help improve their independence and quality of life.
- The program is now offering a new training course to become a Community Ambassador. As an Ambassador, you will be briefed on topics such as healthy aging, transportation options, social security benefits, health benefits, housing options, end of life care, and more. You will have the flexibility to volunteer at your convenience and can choose when and how much you'd like to participate.

- For more information on the CAPS Program or to register, visit: <http://capseniors.org/> or contact Asha Chandra, CAPS Program Manager, at: achandra@fremont.gov or call (510) 574-2055.

- If you're interested, make sure to register as soon as possible as space is limited! The registration deadline is Friday, April 22.

Community Ambassador Program for Seniors Training: Wednesday, Apr 27 and Thursday, Apr 28 (must attend both dates) 9 a.m. to 4 p.m.

- City of Fremont Administration Training Rm
3300 Capitol Ave, Bldg B, Fremont
Register: (510) 574-2055
<http://capseniors.org/>

Perfect 1600 SAT Prep

SUBMITTED BY BRIAN YU

- In response to the significant overhaul that the SAT has undergone this year, Perfect 1600 SAT Preparation (Perfect 1600) will be providing a free practice test and information session for all students and parents about the New SAT. The Perfect 1600 New SAT Practice Test and Strategy Session will take place in Fremont at 2 p.m. on Sunday, April 24.

- Following the information and strategy session, students may stay from 3 p.m. – 7 p.m. to take a full-length practice SAT. For each student attendee, Perfect 1600 has pledged to make a \$5 donation to the participating student organization of the attendee's choice, including Rotary Interact Area 6, a student organization that supports international charitable causes, and the Irvington High

- School Classes of 2018 and 2019.
- During the information session, Perfect 1600's founders will cover such topics as the structure and scoring of the new exam, strategies for approaching the different sections, and the role of the New SAT in college admissions. Because Perfect 1600 expects both the information

- session and practice test to fill up, students and parents should RSVP on the Perfect 1600 website to reserve their spots.
- RSVP at:
<http://www.perfect1600.com/free-event>

- Perfect 1600 SAT Prep
Sunday, Apr 24
Info Session: 2 p.m. – 3 p.m

- SAT Practice Exam:
3 p.m. – 7 p.m.
42080 Osgood Road,
Fremont
RSVP:
<http://www.perfect1600.com/free-event>
Free

Broadway West Theatre Company
P.O. Box 14007, Fremont, CA 94539
Theatre location – 4000-B Bay Street, Fremont

BAREFOOT IN THE PARK

By Neil Simon
Directed by Rachael Campbell
Assistant Director – Tressa Bender
Featuring: Joel Butler, Pat Cross, Jason Salazar, Louis Schilling, Greg Small and Gretta Stimson

March 18 – April 16
8 pm Thursdays, Fridays and Saturdays
12:15 pm Sunday, March 27
(Continental Brunch followed by show at 1pm)
3 pm Sundays, April 3 and 10



\$27 General Admission*
\$22 Srs/Students/TBA
\$20 Thursdays – March 24, Apr 7 and 14
\$15 Bargain Saturday, March 19
\$10 Bargain Thursday, March 31 (no reservations – first come, first seat!)

*All tickets \$27 on Brunch Sunday and Opening Night.
Price of admission includes refreshments, Opening Night Gala And Sunday Continental Brunch.

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Fremont Symphony Orchestra
PRESENTS

The French Connection

A joint recital featuring the acclaimed Fremont Symphony Quartet in Gershwin's *An American in Paris* and Debussy's String Quartet along with French love songs by Fauré, Poulenc, Hahn and Massenet



Fremont Symphony Quartet: Philip Santos, Katy Juneau, Dan Reiter, Matthew Oshida



Carrie Hennessey, soprano



Zachary Gordin, baritone

Saturday, April 2, 2016 at 8:00 pm
Prince of Peace Lutheran Church
38451 Fremont Blvd. (at Eggers), Fremont

www.fremontsymphony.org
(510) 371-4859 ♥ tickets@fremontsymphony.org

What could be more romantic than an evening of love songs? An evening of French love songs with two of the most delightful voices in the Bay Area! Soprano **Carrie Hennessey** and baritone **Zachary Gordin** sing sensuous melodies by Fauré, Poulenc, Hahn and Massenet accompanied by pianist **Bryan Nies**. To set the scene, the acclaimed **Fremont Symphony Quartet** takes us back in time to turn-of-the-century Paris with Debussy's **String Quartet** along with Gershwin's *An American in Paris*.

All are invited to the post-concert reception hosted by the Fremont Symphony Guild to meet our distinguished guest artists.

Tickets: www.fremontsymphony.org | (510) 371-4859
If this is your first time attending a Fremont Symphony concert enter coupon code "FREMONT10" for a reduced price when buying online or ask for the "First-Timer" special by phone.

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MASTERWORKS:

The Music of

Henry Mollicone

MICHAEL MORRIS
DIRECTOR



**SUBMITTED BY
BRUCE BATEMAN**

The Mission Peak Chamber Singers (MPCS) are proud to announce their spring concert, "Masterworks: The Music of Henry Mollicone," to be performed on Saturday, April 2 at Trinity Episcopal Cathedral in San Jose and April 3 at Niles Discovery Church in Fremont.

American composer Henry Mollicone is a graduate of the New England Conservatory, and has been active as a composer, conductor, and pianist professionally since his first job at New

York City Opera as an assistant conductor. He was a musical assistant for Leonard Bernstein's bi-centennial show, "1600 Pennsylvania Avenue," working directly with Bernstein. His compositions have been performed throughout the U.S. and in Europe, and he has conducted at several American opera companies and festivals.

"This is not only a unique opportunity for us to perform the works of a living American composer," stated MPCS Artistic Director and Conductor Michael Morris, "but Maestro Mollicone is also a Bay Area resident!" Morris



goes on to say, "How fortunate we are to be able to perform Mollicone's compositions with the Maestro in attendance. He has come to rehearsals and shared with us his artistic vision of the works. What a marvelous and distinctive learning experience for the Chamber Singers!"

Maestro Mollicone is especially recognized for his opera and choral compositions. The Mission Peak Chamber Singers will be performing two of Mollicone's most recent cantatas, "A Song for Our Planet," a work that celebrates the earth's bless-

ings and humankind's need to preserve this precious gift, and "All God's Children," Mollicone's rendering of several traditional Latin texts. The concert features a professional chamber orchestra and opera singers Sandra Bengochea, soprano, and Michael Taylor, baritone as the vocal soloists.

To purchase tickets, please visit www.mpchambersingers.org or call (510) 356-6727.

Masterworks: The Music of Henry Mollicone
Saturday, Apr 2
8 p.m.
Trinity Episcopal Cathedral
81 North 2nd St, San Jose

Sunday, Apr 3
4 p.m.
Niles Discovery Church
36600 Niles Blvd, Fremont

(510) 356-6727
www.mpchambersingers.org
Tickets: \$16.50 online,
\$20 at the door

Information found in 'Protective Services' is provided to public "as available" by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of the agency

providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



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BART Police Log

SUBMITTED BY
LES MENSINGER

Friday, March 18

At 9:04 p.m., patrons reported that two males were involved in a fight on the Fremont bound train, which was held at Hayward Station. Officers detained one suspect, but the second managed to flee before officers arrived. Witnesses reported that the two men were involved in a mutual fight. The detained suspect had some minor scratches on his face as a result of the fight. He was ultimately transported to St. Rose Hospital for treatment. He was released without charge, as there were no complainants willing to make a citizen's arrest. The train was delayed about five minutes as a result of this incident.

At 1:04 p.m., two victims were at South Hayward Station to purchase an item advertised on Craigslist, but the victims were met by two suspects who robbed the victims at gunpoint before fleeing in a vehicle. The losses included the victims' phones and cash. Responding officers were able to locate the suspect vehicle nearby in Hayward and evidence was collected. The suspects were described as a black male, 5'10", 180 lbs., wearing blue jeans and

white shoes; and a black male, 6'3", 180 lbs., wearing sunglasses and a blue hoodie.

Wednesday, March 23

At 11:48 a.m., officers were dispatched to a report of a female suspect who threw a large tree branch at two women, who are at South Hayward Station on a regular basis handing out religious materials. The victims were not struck or injured. Officers arrived and contacted the female suspect and recovered the large tree branch. The victims had left the area but left their contact information. Officers were unable to get in touch with the victims, but they determined that the suspect was a danger to others and in need of psychiatric evaluation. The officers placed the suspect on a psychiatric hold with criminal charges pending and issued her a prohibition order. They will continue to attempt to get in touch with the victims.

Thursday, March 24

At 8:14 p.m., a victim had his laptop taken from him while aboard a Fremont bound train. The suspect exited the train at the South Hayward Station and escaped.

Friday, March 25

At 3:49 a.m., a victim reported he was at the Union City Station when he was robbed at gunpoint. The suspect fled from the area before officers arrived. Losses were the victim's wallet, backpack and iPhone.

Fremont Police Log

SUBMITTED BY
GENEVA BOSQUES,
FREMONT PD

Friday, March 18

Ofc. Roberts responded to Walmart on Osgood Road regarding a subject detained by security for petty theft. Cited for petty theft was a 24-year-old adult male.

Ofc. Oliveira investigated a cold reported robbery that occurred behind the car wash located at Fremont and Chapel. A vehicle with two suspects pulled in and the victim smelled marijuana. He tried to purchase some and while opening his wallet, the suspects relieved him of the wallet and fled. Suspect 1: Hispanic male, 25-27 years of age, 5'06", 180-200 lbs., short black hair with a faded cut and brown eyes. Suspect 2: black male, 25-27 years of age, 5'06", 160-170 lbs., short curly black hair, black eyes, last seen wearing a black hooded sweatshirt and a dark colored stripe shirt. Suspect vehicle: 1990s navy blue Honda.

Officers responded to the 38000 block of Camden Street regarding a fight between two males. Officers arrived and determined the fight was a result of name calling by two residents. It was determined to be a mutual combat between both parties. Both parties sustained minor injuries from the incident and they did not wish to press charges against each other. Case was investigated by Ofc. San Luis.

Saturday, March 19

Officers were dispatched to the area of an abandoned farm off Walnut Avenue near Guardino Drive to investigate a promiscuous shooting. No subjects were located. Approximately 20 minutes later, a resident on Moore Drive reported a stray round penetrated his home. No one was injured and the incident was likely related to the promiscuous shooting. An area canvas was negative for any suspects. Ofc. Wong investigated both incidents.

Monday, March 21

At 8:43 a.m., Ofc. Ehling in-

vestigated a theft from Target at Fremont Hub. Loss prevention staff reported that a suspect described as a white male with a shaved head, eyeglasses, a black t shirt, black shorts and with a white towel around his neck; cut wires and took a wall mounted speaker. Case was investigated by Ofc. Ehling.

At 5:30 p.m., a U.S. postal carrier observed a male and a female take a package from the porch of a home on the 41400 block of Joyce Avenue. The male and female were described only as being white and they entered an older green sedan. The vehicle was last seen headed southbound on Joyce and then eastbound onto Paseo Padre Parkway.

At 2:08 a.m., officers responded to a business on Boscell Court to investigate an interrupted commercial burglary. The suspect, a white male adult in his 20s, was in the process of trying to pry the front door when confronted by an employee. The suspect fled in a black Honda, almost striking the employee. Ofc. Gigliotti is the investigating officer.

Tuesday, March 22

At 8:00 a.m., a resident on the 4000 block of Doane Street reported an unknown suspect broke into his house and stole some clothing along with his girlfriend's truck. While Community Service Officer (CSO) Anders was investigating the incident, a 33-year-old adult female, Sacramento resident, walked up wearing the victim's shirt and handed the victim the keys to his girlfriend's truck. CSO Anders called for back-up. The female suspect told the victim that the vehicle was parked in a driveway three doors down the street. The suspect said she needed the vehicle to help a friend and apologized. The suspect and the victim had no previous relationship. Forced entry was found to the side garage door. Ofc. Chinn arrested the suspect for burglary and for the stolen auto.

An unknown suspect broke into a storage unit on the 42000 Block of Albrae Street. Case was investigated by CSO Anders.

Wednesday, March 23

A family (husband, wife and child) were in their apartment on Bay St. when a bullet entered

Upcoming free CERT (Community Emergency Response Team) Program

SUBMITTED BY
HAYWARD FD

The Hayward Fire Department is providing a free CERT Training Program which will consist of four evening indoor classes and one outdoor "hands on" skills class. Participants learn skills that will enable them to provide emergency assistance to their families and immediate neighbors as well as organize a neighborhood team response. Training will begin in the month of April 2016 at City Hall. The dates and times are as follows:

You must attend all classes in order to receive certification. CERT training is for all City of Hayward and Fairview residents. Residential verification will be required during the final application process.

You must be 18 years or older to sign up and a resident of the City of Hayward or the Fairview area.

Residents who are interested in this free training can sign-up by sending their name, phone number and address by email to Hayward.CERT@hayward-ca.gov. Space is limited. Successful applicants will receive notification by email acknowledging enrollment into the program and further directions.

If you do not have internet access or to request further information, call the Hayward Fire Department's Public Education Officer at (510) 583-4948.

CERT Training

Monday: Apr 4;

Apr 11, Apr 18, Apr 25

6:00 - 9:30pm

**Hayward City Hall
777 B St, Hayward**

**Skills Class: Monday, May 2
6:00 p.m. - 9:30 p.m.**

Fire Station #6

**1401 W. Winton, Hayward
(510) 583-4948**

Register:

**Hayward.CERT@hayward-ca.gov
Free**

their residence. The bullet traveled through their bedroom window, then continued through an interior wall and stopped in a bedroom. Two separate witnesses, who were outside at the time, stated that they saw a blue gray Honda Civic 4-door being driven in the area, but no gun was seen. Officer conducted an area check, but did not locate the vehicle. Case investigated by Officer Cavaz and FTO Zargham and supervised by Sgt. Mah-boobi.

Shooting at an Occupied Car (unrelated to above case)

At approximately 10:30 p.m., officers were dispatched to the area of Niles and Linda to investigate a reported 246. The reporting party/victim was traveling southbound on Niles Blvd when she heard two gun shots coming from a silver Impreza (or similar) traveling directly in front of her. Although the victim never saw a gun, nor did her vehicle appear to be struck, she was certain that she had been shot at. Officers flooded the area and located a spent cartridge near the intersection of Niles Blvd and Linda. Officers conducted welfare checks on nearby residents and combed the area for additional evidence, which ended in negative results.

continued on page 35

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PUBLIC NOTICES

NOTICE OF
PUBLIC HEARING
CITY OF FREMONT
PLANNING COMMISSION

NOTICE IS HEREBY GIVEN THAT THE PLANNING COMMISSION OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 7:00 P.M., ON THURSDAY, APRIL 14, 2016, AT THE COUNCIL CHAMBERS, CITY HALL, 3300 CAPITOL AVENUE, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

ROBSON STEVENSON PLACE - 39501 Stevenson Place - PLN2015-00283 and PLN2016-00229 - To consider Precise Planned District P-2015-00283, Vesting Tentative Tract Map No. 8324 and a Private Street to allow the construction of 34 attached and 12 detached townhouse units on a 2-acre property located on the south side of Stevenson Boulevard, west of Stevenson Place in the Central Community Plan Area, and to consider a finding that no further environmental review is required pursuant to the California Environmental Quality Act (CEQA) as a Mitigated Negative Declaration (MND) (SCH#2014052024) was previously adopted and none of the conditions requiring a subsequent or supplemental environmental document stated in Section 15162 of the CEQA Guidelines are present.
Project Planner – David Wage, (510) 494-4447, dwage@fremont.gov

WARM SPRINGS TRANSIT ORIENTED DEVELOPMENT VILLAGE - 44960 Warm Springs Boulevard - PLN2016-00089 - To consider Vesting Tentative Tract Map No. 8265 to subdivide a 134.4-acre parcel into 78 parcels, Private Streets and a Preliminary Grading Plan to facilitate development of the Warm Springs Transit Oriented Development Village Master Plan located at 44960 Warm Springs Boulevard at the southeast corner of Warm Springs Boulevard and South Grimmer Boulevard in the Warm Springs/South Fremont Community Plan Area, and to consider a finding that no further environmental review is required pursuant to the California Environmental Quality Act (CEQA) as the project is consistent with the Warm Springs Transit Oriented Development Village Master Plan and the Warm Springs/South Fremont Community Plan for which a Final Environmental Impact Report (SCH#2013032062) was previously prepared and certified.
Project Planner – Aki Snelling, (510) 494-4534, asnelling@fremont.gov

THE BLOCK NEW BUILDING PAD P2 - 43950 Pacific Commons Boulevard - PLN2016-00145 - To consider an amendment to Planned District P-2000-214 and a Tentative Tract Map to facilitate development of a 6,500-square-foot retail pad building and allow a 274-space parking reduction within Planning Area 5 (The Block) of Pacific Commons in the Bayside Industrial Community Plan Area, and to consider a finding that no further environmental review is required pursuant to the California Environmental Quality Act (CEQA) as a Final Environmental Impact Report (EIR) and Supplements to the EIR (SCH#1999052016) were previously certified and none of the conditions requiring a subsequent or supplemental EIR stated in Section 15162 of the CEQA Guidelines are present.
Project Planner – David Wage, (510) 494-4447, dwage@fremont.gov

KIMBER STUDY AREA - 10 East Las Palmas Avenue - PLN2016-00148 - To consider a City-initiated General Plan Amendment to redesignate a 12.72-acre property at 10 East Las Palmas Avenue in the Mission San Jose Community Plan Area from Kimber Study Area to an appropriate land use designation, and to consider a finding that no further environmental review is required pursuant to the California Environmental Quality Act (CEQA) as a Final Environmental Impact Report (EIR) (SCH#2012052065) was previously certified and none of the conditions requiring a subsequent or supplemental EIR stated in Section 15162 of the CEQA Guidelines are present.
Project Planner – Joel Pullen, (510) 494-4436, jpullen@fremont.gov

DE LA CRUZ RESIDENCE - 2410 Tecado Terrace - PLN2016-00188 - To consider a Conditional Use Permit to allow the demolition of an existing 2,548-square-foot single-family dwelling and the construction of a new 3,471-square-foot single-family dwelling in its place on a 4.86-acre parcel in the Meadows area within the Central Hill Area Community Plan area, and to consider a Categorical Exemption from the requirements of the California Environmental Quality Act (CEQA) pursuant to CEQA Guidelines Section 15302, Replacement or Reconstruction.
Project Planner - Steve Kowalski, (510) 494-4532, skowalski@fremont.gov

For further information on any of the above items, call (510) 494-4440 and request to speak with the project planner in charge of the particular project.

* NOTICE *

If you challenge the decision of the Planning Commission in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Planning Commission at, or prior to, the public hearing.

WAYNE MORRIS, SECRETARY
FREEMONT PLANNING COMMISSION

CNS-2861957#

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG16807934
Superior Court of California, County of Alameda
Petitioner of: Hongxia Chen & Yibing Tang for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner Hongxia Chen & Yibing Tang filed a petition with this court for a decree changing names as follows:

Wenjia Tang to Annie Wenjia Tang
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: Aug. 5, 2016, Time: 11:30 AM, Dept.: 24
The address of the court is 1221 Oak Street, Oakland, CA 94612

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City Voice
Date: MAR 17, 2016

Morris D. Jacobson
Presiding Judge of the Superior Court
3/29, 4/5, 4/12, 4/19/16

CNS-2860023#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG15787727
Superior Court of California, County of Alameda
Petitioner of: Sarabjit Kaur for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:

Sarabjit Kaur to Nina Senariyar
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: Thurs 5/05/16, Time: 1:30 pm, Dept.: 520
The address of the court is 24405 Amador Street, Room 108, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City Voice Newspaper
Date: Feb 25 2016

/s/ Morris Jacobson
Judge of the Superior Court
3/22, 3/29, 4/5, 4/12/16

CNS-2859078#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG15796159
Superior Court of California, County of Alameda
Petitioner of: Maria Nava for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner Maria Nava filed a petition with this court for a decree changing names as follows:

Caslin Rureto Clay to Destin Jay Nava
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: Thurs 4/14/16, Time: 1:30 PM, Dept.: 520
The address of the court is 24405 Amador Street, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice Newspaper
Date: Dec. 9, 2015

Winifred Y. Smith
Judge of the Superior Court
3/22, 3/29, 4/5, 4/12/16

CNS-2858165#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG16806376
Superior Court of California, County of Alameda

Petition of: Adano Anthony Quintana for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner Adano Anthony Quintana filed a petition with this court for a decree changing names as follows:

Adano Anthony Quintana to Anthony Michael Genberg
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: July 14, 2016, Time: 01:30 PM, Dept.: 503
The address of the court is 24405 Amador Street, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: MAR 4, 2016

Morris D. Jacobson
Presiding Judge of the Superior Court
3/15, 3/22, 3/29, 4/5/16

CNS-2855963#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG15795494
Superior Court of California, County of Alameda
Petitioner of: Srivas Sarva for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner Srivas Sarva filed a petition with this court for a decree changing names as follows:

Srivas Sarva to Jay Srivas Sarva
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: April 14, 2016, Time: 01:30 PM, Dept.: 503
The address of the court is 24405 Amador Street, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: DEC 04, 2015

Winifred Y. Smith
Judge of the Superior Court
3/15, 3/22, 3/29, 4/5/16

CNS-2855128#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG16799942
Superior Court of California, County of Alameda
Petitioner of: Rosa Maria Ehler for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:

Rosa Maria Ehler aka Rosy Maria Ehler to Rosy Maria Ehler
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: Thurs. 5/12/16, Time: 1:30 PM, Dept.: 503
The address of the court is Hayward Hall of Justice, 24405 Amador Street, Room 108, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: WHAT'S HAPPENING TRI CITY VOICE
Date: JAN 13, 2016

Morris D. Jacobson
Judge of the Superior Court
3/15, 3/22, 3/29, 4/5/16

CNS-2855127#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 516196

Fictitious Business Name(s):
M & K Dental Staffing Agency, 451 Via Vera Cruz, Fremont, CA 94539, County of Alameda
Registrant(s):
Kristine Mercado, 451 Via Vera Cruz, Fremont, CA 94539

Michael Mercado, 451 Via Vera Cruz, Fremont, CA 94539
Business conducted by: Married Couple
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Kristine Mercado

This statement was filed with the County Clerk of Alameda County on March 23, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

CNS-2862350#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 515923

Fictitious Business Name(s):
New India Bazar, 5113 Mowry Ave Fremont, CA 94538, County of Alameda; 885 Yosemite Way Milpitas CA 95035; Santa Clara
Registrant(s):
Fremont Grocery Outlet, Inc, 885 Yosemite Way, Milpitas CA 95035; California

Business conducted by: a corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Hamant Kumar Sharda, CEO

This statement was filed with the County Clerk of Alameda County on March 16, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

CNS-2861758#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 516017

Fictitious Business Name(s):
Watermark, 240 Sullivan Way, Hayward, CA 94541, County of Alameda
Registrant(s):
H20Mark, LLC, 240 Sullivan Way, Hayward, CA 94541, California

Business conducted by: a limited liability company
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Michael Patrick Cordova Libunao, Member

This statement was filed with the County Clerk of Alameda County on March 18, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

CNS-2861757#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 516063

Fictitious Business Name(s):
Newark Grocery Outlet, 36601 Newark Blvd., Newark, CA 94560, County of Alameda

Registrant(s):
Seamans Family Market Inc., 36814 Cherry St., Bldg. L, Apt. 211, Newark, CA 95973, California

Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Faith Hostettler, President

This statement was filed with the County Clerk of Alameda County on March 21, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

CNS-2861754#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 515754

Fictitious Business Name(s):
Chattaine Newark, 38604 Sanborn Ter, Fremont, CA 94536, County of Alameda

Mailing address: 38604 Sanborn Ter, Fremont, CA 94536
Registrant(s):
J&J Family LLC, 38604 Sanborn Ter, Fremont, CA 94536, CA

Business conducted by: a Limited liability company
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Shan Gao, Member

This statement was filed with the County Clerk of Alameda County on March 14, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

CNS-2861752#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 516029

Fictitious Business Name(s):
Import Car Specialist, 37179 Moraine Street, Fremont, CA 94546, County of Alameda

Registrant(s):
Dong Van Tran, 656 Grant Ave, San Lorenzo, CA 94580

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on 4-1-2016

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Dong Van Tran

This statement was filed with the County Clerk of Alameda County on March 21, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

CNS-2861232#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 516050

Fictitious Business Name(s):
DBA: Club Z! In-Home Tutoring Services, 40141 Santa Teresa Common, Fremont, CA 94539, County of Alameda

Registrant(s):
ADB Sr, Inc., 40141 Santa Teresa Common, Fremont, CA 94539; CA

Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Allan D. Beck Sr. President

This statement was filed with the County Clerk of Alameda County on March 21, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

CNS-2861214#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 515995

Fictitious Business Name(s):
A J Trucking, 114 Orchard Dr., Fremont, CA 94536, County of Alameda

Registrant(s):
Amarjit Singh, 114 Orchard Dr., Fremont, CA 94536

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Amarjit Singh

This statement was filed with the County Clerk of Alameda County on March 18, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

CNS-2860573#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 515989

Fictitious Business Name(s):
Cooper 4 Rentals, 38581 Royal Ann Common, Fremont, CA 94536, County of Alameda

Registrant(s):
Sheila Cooper, 38581 Royal Ann Common, Fremont, CA 94536

PUBLIC NOTICES

This statement was filed with the County Clerk of Alameda County on March 10, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/15, 3/22, 3/29, 4/5/16

CNS-2857093#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 514796

Fictitious Business Name(s):
California Offender Program Services (COPS), 333 Ohlone St., Fremont, CA 94539, County of Alameda

Mailing address: 643 Sultana Ct., Ripon, CA 95366, County of San Joaquin

Registrant(s):
Jesus Flores, 333 Ohlone St., Fremont, CA 94539
Michael Wynne, 643 Sultana Ct., Ripon, CA 95366

Business conducted by: a General partnership
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Michael Wynne, General Partner
This statement was filed with the County Clerk of Alameda County on February 19, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/15, 3/22, 3/29, 4/5/16

CNS-2856397#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 515579

Fictitious Business Name(s):
Poke Me Up, 207 Montevina Way, Hayward, CA 94545, County of Alameda

Registrant(s):
Yung Tu, 207 Montevina Way, Hayward, CA 94545

Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on n/a
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Yung Tu
This statement was filed with the County Clerk of Alameda County on March 8, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/15, 3/22, 3/29, 4/5/16

CNS-2855957#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 468310

The following person(s) has (have) abandoned the use of the fictitious business name: **Express Towing, 3841 Cosmic Pl., Fremont, CA 94538**
The Fictitious Business Name Statement being abandoned was filed on 8-9-2012 in the County of Alameda.

Fawad Roshan, 3841 Cosmic Pl., Fremont, CA 94538

Farzan Roashan, 3841 Cosmic Pl., Fremont, CA 94538

ST Fawad Roashan
This statement was filed with the County Clerk of Alameda County on March 3, 2016.
3/15, 3/22, 3/29, 4/5/16

CNS-2855166#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 515252

Fictitious Business Name(s):
Paint Your Dragon, 4017 Coralline Court, Fremont, CA 94555, County of Alameda

Registrant(s):
Phillip Burgess, 4017 Coralline Ct, Fremont, CA 94555

Business conducted by: An Individual
The registrant began to transact business using

the fictitious business name(s) listed above on 3/14/2006
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Phillip Burgess

This statement was filed with the County Clerk of Alameda County on February 29, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/15, 3/22, 3/29, 4/5/16

CNS-2855113#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 514823

Fictitious Business Name(s):
Tory Jacob Photography, 38025 Heritage Common, Apt. 162, Fremont, CA 94536, County of Alameda

Registrant(s):
Tory Jacob Smith, 38025 Heritage Common, Apt. 162, Fremont, CA 94536

Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 01/01/2015

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Tory Jacob Smith
This statement was filed with the County Clerk of Alameda County on February 22, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/8, 3/15, 3/22, 3/29/16

CNS-2853583#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 515154

Fictitious Business Name(s):
Dunkel Logistics, 44850 Industrial Dr., Unit D, Fremont, CA 94538, County of Alameda

Registrant(s):
Dunkel Logistics Machinery Moving Rigging, LLC, 44850 Industrial Dr., Unit D, Fremont, CA 94538; CA

Business conducted by: a Limited partnership
The registrant began to transact business using the fictitious business name(s) listed above on 1/2014

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Joelan Dunkel, Manager
This statement was filed with the County Clerk of Alameda County on February 25, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/8, 3/15, 3/22, 3/29/16

CNS-285321#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 515259

Fictitious Business Name(s):
Pardes Times, 38415 Ruschin Dr, Newark, CA 94560, County of Alameda

Registrant(s):
Balbir Singh, 38415 Ruschin Dr, Newark, CA 94560

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on Feb 1, 2016

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Balbir Singh

This statement was filed with the County Clerk of

Alameda County on Feb 29, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/8, 3/15, 3/22, 3/29/16

CNS-2852412#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 515191

Fictitious Business Name(s):
National Electrical Supply, 37454 Glenmoore Dr, Fremont, CA 94536, County of Alameda

Registrant(s):
Michael Costello, 5615 Cleveland Pl, Fremont, CA 94538

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Michael Costello
This statement was filed with the County Clerk of Alameda County on February 26, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/8, 3/15, 3/22, 3/29/16

CNS-2852272#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 515189

Fictitious Business Name(s):
Mc Metals Recycling, 5615 Cleveland Place, Fremont, CA 94538, County of Alameda

Registrant(s):
Michael Costello, 5615 Cleveland Pl, Fremont, CA 94538

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Michael Costello
This statement was filed with the County Clerk of Alameda County on February 26, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/8, 3/15, 3/22, 3/29/16

CNS-2852270#

GOVERNMENT

NOTICE TO BIDDERS

Land For Sealed Bid Auction

Sealed Bid Opening
will be held publicly
at the Finance Department /
Purchasing Division at
3300 Capitol Avenue, Building B,
Fremont CA 94538

at 2:00 P.M. PST on
Tuesday, May 10, 2016

9.59± Acres
Zoning: MX District,
Mixed-Use District

4178, 4194 and 4268 Decoto,
Fremont, CA

APNs 543-0256-022-04, 543
0256-021-00 and 543-0256-023-03

Minimum Bid: \$28,000,000.00
Close of Escrow: 15 months
(Estimated Close of Escrow:
September of 2017)

Site Tour:

Available Upon Request

Please contact Eva Ip at
eip@fremont.gov for arrangements

Submit Sealed Bids to:

City of Fremont Finance
Department / Purchasing Division
at 3300 Capitol Avenue, Building B,
Fremont CA 94538
no later than 2:00 P.M. on
5/10/2016

A \$200,000 bid deposit is
required with the sealed bid
Bids submitted after 2:00 P.M. on
5/10/16 will not be considered

*An oral bid auction will be held immediately
after the sealed bid opening if the City receives
written bids that result in a tie. Only the highest
bidders who made the same offer will be allowed
to participate.

For more information, please visit www.fremont.gov/386

3/29, 4/5/16

CNS-2862294#

CITY OF FREMONT
PUBLIC HEARING

Notice is hereby given that the City of Fremont City Council will hold a public hearing to consider the following proposals. Said public hearing will be held at 7:00 p.m., Tuesday, April 12, 2016, Council Chambers, 3300 Capitol Ave., Bldg. A, Fremont, CA, at which time all interested parties may attend and be heard:

MISSION HILLS SQUARE REVISED
PRELIMINARY GRADING PLAN – 2501
CORMACK ROAD -
PLN2015-00274

Public Hearing (Published Notice) to Consider the Planning Commission's Recommendation to Approve a Revision to a Previously-Approved Preliminary Grading Plan for the Sabercat Neighborhood Center Mixed-Use Project (Now Known as Mission Hills Square) Located on a Vacant 12.9-acre Parcel, and to Consider a Finding that No Further Environmental Review is Necessary as a Mitigated Negative Declaration was Previously Adopted for the Project in Accordance with the California Environmental Quality Act (CEQA).

If you challenge any decision of the City Council in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Council at, or prior to, the public hearing.

SUSAN GAUTHIER
CITY CLERK
3/29/16

CNS-2862281#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on April 19, 2016, at which time they will be opened and read out loud in said building for:

2016 PAVEMENT REHABILITATION PROJECT,
CITY PROJECT 8234P(PWC)

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/ca/santaclara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT
PURCHASING DIVISION
CITY OF FREMONT
3/29, 4/5/16

CNS-2861951#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on April 20, 2016, at which time they will be opened and read out loud in said building for:

CITYWIDE COUNTDOWN PEDESTRIAN
SIGNAL UPGRADE PROJECT,
CITY PROJECT 8917(PWC)

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/ca/santaclara.

Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT
PURCHASING DIVISION
CITY OF FREMONT
3/29, 4/5/16

CNS-2861729#

PUBLIC HEARING NOTICE

2016 WEED ABATEMENT PROGRAM
NOTICE IS HEREBY GIVEN that the City Council of the City of Newark at its City Council meeting of Thursday, April 14, 2016, at or near 7:30 p.m., will hold a public hearing to consider property owners' objections to the 2016 Weed Abatement Program and instruction to the Superintendent of Streets to abate the public nuisances.

SHEILA HARRINGTON City Clerk Publication:
The Tri City Voice March 29, 2016
3/29/16

CNS-2860540#

PUBLIC HEARING NOTICE

On April 12, 2016, at or after 7:30 p.m. in the Council Chambers, 37101 Newark Blvd., Newark, CA, the Planning Commission will hold a public hearing to consider:

(1) Adopting a resolution revoking an existing planned unit development (P-12-22) and conditional use permit (U-12-21) for a veterinary emergency facility at 5600 John Muir Drive;
(2) E-16-13, an Addendum to an existing Environmental Impact Report; and (3) ASR-16-9, an Architectural and Site Plan Review for a hotel to be located at 5600 John Muir Drive.

Details available at the Planning Department, 37101 Newark Boulevard, Newark, CA, 94560, and by calling (510) 578-4208.

If you challenge a City action in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice or in written correspondence delivered to the Newark Planning Commission at, or prior to, the public hearing.

TERRENCE GRINDALL
Assistant City Manager
3/29/16

CNS-2858582#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
Anna Mae Fowler
CASE NO. RP16808439

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Anna Mae Fowler

A PETITION FOR PROBATE has been filed by Mark D. Fowler in the Superior Court of California, County of ALAMEDA. THE PETITION FOR PROBATE requests that Mark D. Fowler be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act with full authority. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on 5/17/2016 at 9:30 a.m. in Dept. 201 located at 2120 MARTIN LUTHER KING JR. WAY BERKELEY CA 94704 Berkeley Courthouse.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice (DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner:
Shannon M. Bio (CSB 275401)
Toews & Murphy, Inc.
1212 Marsh Street, Suite 3
San Luis Obispo, CA 93401
3/29, 4/5, 4/12/16

CNS-2861726#

Fremont Log
continued from page 33

The victim was unable to provide any further information. It is not believed that the victim was specifically targeted.

Thursday, March 24, 2016

At 8:06 a.m. dispatch received a call from a resident on the 42300 block of Osgood Rd who reported a seal was trying to cross the roadway. Patrol Officers, along with Animal Services responded and confirmed a seal was indeed in the front yard of a residence. The small seal was carefully picked up and transported back to the Tri-City Animal Shelter. There were no visible injuries and the California Marine Mammal Center was called. Originally we believed it was a young California Sea Lion, but later learned she was a 9 month old Northern Fur Seal named Kumofur. Kumofur was originally released in Bodega Bay and instead of heading north towards Alaska, she decided to come visit Fremont. The California Marine Mammal Center responded and took her back to Sausalito. We don't know how she got to Osgood Rd other than to assume she may have traveled up on the drainage ditches that goes out to the Bay. Photos and a short video can be viewed on our social media sites (Facebook, Twitter and Instagram).

Hayward PD
promotional and
swearing-in ceremony

SUBMITTED BY SGT. RYAN CANTRELL, HAYWARD PD

Hayward Police Chief Diane Urban is delighted to announce a promotional and swearing-in ceremony on Friday, April 1 at the Hayward City Hall Rotunda. The Hayward Police Department is excited to recognize the following promotions:

Sgt. Daniel Lundberg
Crime Analyst Danny Ebarvia

Chief Urban will be swearing in the following
newly hired employees:

Ofc. Steven Avila (Lateral Officer)
Ofc. Greg Capocci (Lateral Officer)
Ofc. Jamie Guzman (Lateral Officer)
Ofc. Marco Flores
Ofc. Aaron Suozzo
Ofc. Dominic Bongiovanni
Ofc. Jason Manella
Ofc. Nathan Scinto
Ofc. Jaymes Laughlin
Ofc. Alexander Iwanicki
Ofc. Julia Baker
Latent Print Examiner Heather Pulford
Communications Operator Traci Pimentel

The public is encouraged to attend the event and there will be a reception immediately following the ceremony.

Hayward PD Promotional &
Swearing-In Ceremony

Friday, Apr 1

2 p.m.

Hayward City Hall Rotunda

777 B St, Hayward

(510) 293-7272

www.hayward-ca.govFREE Veterinary Outreach
Clinic for Dogs

SUBMITTED BY HAYWARD ANIMAL SHELTER

Bring your canine companion to the Hayward Animal Shelter on Sunday, 4/3, to receive free vaccinations and a wellness exam, if needed, courtesy of the East Bay SPCA. Registration begins at 10 a.m.

*Free vaccines for up to 300 dogs - DA2PP and Rabies

*Free spay or neuter vouchers available

*\$15

LIFE CORNERSTONES

Birth

Marriage

For more information
510-494-1999
tricityvoice@aol.com
Obituaries



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

- Sonja T. Berger**
RESIDENT OF FREMONT
July 21, 1929 – February 29, 2016
- Scott Clyde**
RESIDENT OF NEWARK
May 3, 1968 – February 29, 2016
- Satsue Robles**
RESIDENT OF FREMONT
July 26, 1924 – March 1, 2016
- Masao “Mac” Kato**
RESIDENT OF NEWARK
April 15, 1928 – March 1, 2016
- Gloria Jean Silva**
RESIDENT OF UNION CITY
November 8, 1945 – March 1, 2016
- Graciela Villegas Landeros**
RESIDENT OF NEWARK
July 25, 1937 – March 2, 2016
- Lon A. Hacker**
RESIDENT OF NEWARK
December 12, 1946 – March 2, 2016
- Allie Lee Driggs**
RESIDENT OF FREMONT
June 23, 1928 – March 3, 2016
- Milya Nisenboym**
RESIDENT OF FREMONT
June 18, 1922 – March 4, 2016
- Manuel Lesico**
RESIDENT OF FREMONT
July 14, 1920 – March 8, 2016
- Manuel Farias Bernal**
RESIDENT OF NEWARK
September 30, 1932 – March 8, 2016
- Walter Jensen**
RESIDENT OF FREMONT
February 16, 1925 – March 9, 2016
- Palmira Aguiar**
RESIDENT OF NEWARK
January 15, 1922 – March 10, 2016
- Ta Hong Kwan**
RESIDENT OF FREMONT
June 20, 1944 – March 12, 2016
- Dorothy Tavash**
RESIDENT OF FREMONT
June 27, 1934 – March 13, 2016
- Kuo-Liu Chang**
RESIDENT OF UNION CITY
July 24, 1926 – March 13, 2016
- Maria Berta de Oliveira**
RESIDENT OF FREMONT
April 26, 1943 – March 13, 2016
- Sixto Valadez**
RESIDENT OF FREMONT
January 14, 1967 – March 16, 2016
- Gerald “Jerry” Ortega**
RESIDENT OF UNION CITY
September 24, 1946 – March 17, 2016
- Ruth B. Gamba**
RESIDENT OF FREMONT
November 20, 1918 – March 17, 2016
- Pasqual G. Soto**
RESIDENT OF FREMONT
May 18, 1930 – March 18, 2016
- Glenn Fernandez Sr.**
RESIDENT OF FREMONT
June 10, 1963 – March 17, 2016
- Gloria Vasquez de Waites**
RESIDENT OF CUPERTINO
May 24, 1929 – March 19, 2016
- Lillian Lanigan**
RESIDENT OF FREMONT
March 24, 1918 – March 23, 2016
- Thomas V. Pugmire**
RESIDENT OF NEWARK
November 2, 1942 – March 25, 2016
- Magdalena M. Abarientos**
RESIDENT OF FREMONT
May 25, 1935 – March 25, 2016
- Salvador Munoz Sr.**
RESIDENT OF NEWARK
November 18, 1932 – March 26, 2016



Fremont Chapel of the Roses
(510) 797-1900 FD1007
1940 Peralta Blvd., Fremont
www.fremontchapeloftheroses.com



- Alphene Promes**
RESIDENT OF MANTECA
September 18, 1938 – March 7, 2016
- Duane H. Rice**
RESIDENT OF FREMONT
June 20, 1937 – March 7, 2016
- Dolores M. Little**
RESIDENT OF CAMPBELL
June 3, 1947 – March 8, 2016
- Mary A. Lillpop**
RESIDENT OF FREMONT
August 3, 1936 – March 7, 2016
- David L. Baxter**
RESIDENT OF FREMONT
October 22, 1934 – March 10, 2016
- Adriana E. Adams**
RESIDENT OF FREMONT
July 17, 1920 – March 11, 2016
- Genevieve M. Creighton**
RESIDENT OF FREMONT
November 6, 1922 – March 13, 2016
- David Taylor**
RESIDENT OF SAN JOSE
October 5, 1973 – March 12, 2016
- Allie M. Bennett**
RESIDENT OF FREMONT
August 19, 1931 – March 15, 2016
- Margaret C. Jokerst**
RESIDENT OF SAN RAMON
May 14, 1925 – March 16, 2016
- Theodore R. Klein**
RESIDENT OF FREMONT
June 6, 1929 – March 16, 2016
- Guilhermina I. Saleem**
RESIDENT OF FREMONT
June 25, 1922 – March 16, 2016
- Virginia R. Remington**
RESIDENT OF MILPITAS
August 25, 1938 – March 18, 2016
- Jewel B. Frealy**
RESIDENT OF FREMONT
July 3, 1919 – March 19, 2016
- Russell L. Morrison**
RESIDENT OF FREMONT
May 4, 1942 – March 22, 2016
- Sister M. Jacinta Fiebig**
RESIDENT OF FREMONT
November 15, 1928 – March 24, 2016
- Gary J. Gu**
RESIDENT OF FREMONT
July 23, 1938 – March 27, 2016
- Mitsuru Nakagawa**
RESIDENT OF WALNUT CREEK
May 6, 1930 – May 25, 2016
- James E. Gilbert**
RESIDENT OF FREMONT
August 18, 1948 – March 26, 2016
- Arthur Shiffrar**
RESIDENT OF FREMONT
October 7, 1926 – March 27, 2016

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Chapel of the Angels
(510) 656-1226
40842 Fremont Blvd, Fremont

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Obituary
Salvador Munoz Sr.

November 18, 1932 – March 26, 2016

Resident of Newark

Salvador Munoz Sr. was born on November 18, 1932 in Mexico and entered into rest on March 26, 2016 in Stanford, CA at the age of 83. He is survived by his wife Agripina Munoz; daughters, Delia Langarica, Olga Diaz, Luzelena Onate and Emma Avalos; sons, Conrado Munoz, Horacio Munoz, and Luis Munoz; 9 grandchildren; 3 great grandchildren; and sister, Ofelia Enriquez. Also survived by many nieces and nephews.

He enjoyed gardening, was an avid cowboy and also was a member of the Laborers Union #304.

Visitation will be held from 5-8pm with a Vigil service at 6:30pm on Wednesday, March 30th at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536. A Funeral Mass will be celebrated at 10:30am on Thursday, March 31st at St. Edwards Catholic Church, 5788 Thornton Ave., Newark, CA 94560.



A burial to follow at Holy Sepulchre Cemetery in Hayward.

Obituary

Pasqual Gonzales Soto

May 18, 1930 – March 18, 2016

Resident of Fremont

Pasqual Gonzales Soto was born on May 18th, 1930 in Thermal, CA, and entered into rest on March 18th, 2016 in Fremont, CA at the age of 85. He is survived by his children: Richard Ray Soto, Larry Paul Soto, and Patricia Gayle Mckenzie (Dennis); grandchildren: Rick, Brian, Chad, Jeff, Carrie, Tim, Jason, and Travis; 17 great grandchildren; and 1 great great grandchild. He is also survived by his sister Mary Leyva, sister in law Penny Soto, 4 nieces, and 4 nephews. Pasqual was preceded in death by his first wife, second wife, and grandson Aaron Granath Mckenzie.

He was a member of Alcoholicos Anonimos Grupo No Estamos Solos in Newark for 27 years and supported the group for 25 years. He was also very proud to say that he was one of the oldest surviving members of the Sheet Metal Workers Local #104 of San Leandro.



Visitation will be held on Friday, March 25th, from 5-8pm at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536. A Chapel service will be held on Saturday, March 26th, 11am at the funeral home. A burial will be held at Mt. Eden Cemetery in Hayward,

Fremont Memorial Chapel
510-793-8900

Obituary

Ruth Bernblum Gamba

November 20, 1918 – March 17, 2016

Resident of Fremont

My sister Veronica and I (Peter) lost our mom on Thursday, March 17th, 2016. Our children, Nick, Julia, Michelle and Harlie lost their Mamoo. My wife, Jeanne, a 2nd mom. A remarkable woman Ruth Bernblum Gamba and a fighter. Born in a small town in Chekoslovakia in 1918 because her parents were coming back from vacation by train to their home in Berlin. She was a holocaust survivor. She and her immediate family escaped Nazi Berlin and settled in Buenos Aires. She outlived 4 husbands.

Moved continents and hemispheres with 2 young children, 2 suitcases and \$800 to her name. Became the general manager of a record company in New York. Threw Meatloaf (the musician, not dinner) out of her office. Was a terrific cook and put up with my many shenanigans. We love you mom. For some odd reason I have that image from Star Wars in my head where Yoda, Alec Guinness and Vader are standing together in the afterlife looking on, except that Ruth is with her parents and her brother. You

raged against the dying of the light to the very end. You're physical body gave out, but your spirit will live on forever. We love you and you will forever be in our hearts. Your “Petiso” and “Bimsicle”.

A Memorial Service will be held for Ruth on Sunday, April 3rd, 2pm at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, CA 94536.

Fremont Chapel of the Roses
510-797-1900



CSUEB women’s soccer inks five prep standouts for 2016

SUBMITTED BY STEVE CONNOLLY

Cal State University East Bay (CSUEB) head women's soccer coach Amy Gerace has announced the addition of five recruits who will join the Pioneers in the fall as freshmen. High school seniors Jessey Santos, Skyler Houze, and Ally Smith (Elk Grove) as well as Jamie McPherson (San Leandro) and Carsyn Hoogendoorn (Manteca) have all committed to CSUEB for 2016.

Santos is a 5'3" midfielder, one of two East Bay signees from Elk Grove High School. She will figure to play a prominent role as a rookie as the Pioneers look to replace a 2015 senior class that graduated five starters.

Houze, a 5'3" defender, is also in her final year at Elk Grove High School. She will look to bring depth and talent to a Pioneer squad that was outscored 27 to 15 by its opponents in 2015.

Smith is a 5'7" defender in the midst of her senior season at Sheldon High School. She, Santos, and Houze all competed together for the Elk Grove FC club team.

McPherson is a 5'8" center midfielder from Redwood Christian High School. A multi-sport athlete, she has also competed in volleyball, basketball, and softball

for Redwood Christian. She was an All-League player in all three sports and was ranked as the No. 2 freshman soccer player in the North Coast Section by Max Preps. She has also played club soccer for Castro Valley Soccer Club. McPherson captured a State Cup championship with CV United in 2011, and this past fall she led the team in goals and assists en route to a Fall league championship.

Finally, Hoogendoorn is a 5'3" midfielder from Modesto Christian High School. A four-year varsity player, she was a team captain her last three seasons and led the Crusaders to the section championship game as a junior. Hoogendoorn has been an All-League selection all three years as she competes in her senior season for a team with a 7-1-1 record. She also played for the Manteca Futbol Club Alliance during her prep career.

The Pioneers add these five talented northern California products to a 2016 squad that will return its top two scorers from last year. Coach Gerace and her staff will look to put together a formula that allows CSUEB to take the next step in the perennially competitive California Collegiate Athletic Association (CCAA).

Park District seeking Summer Lifeguards

SUBMITTED BY CAROLYN JONES

Love the water, helping people and being outdoors? Join the East Bay Regional Park District's Lifeguard Service for the 2016 swim season. The Park District will be hiring 180 lifeguards to work at 11 pools and lakes throughout the East Bay. The pay ranges from \$14.63 to \$25.43 per hour, and most positions are seasonal full-time, May through September. Anyone age 16 and over is welcome to apply.

"We're looking for enthusiastic team players who have strong swimming skills and are committed to community service," said Kyle Maxwell, the Park District's Aquatics Assistant. "It's a fun, exciting job that provides great leadership skills and plenty of camaraderie. Many of our alumni say it was those were the best summers of their lives."

- Tryout days are scheduled:**
- Saturday, Apr 2**
Granada High School
400 Wall St, Livermore
& Roberts Pool
10570 Skyline Blvd, Oakland
 - Saturday, Apr 9**
Roberts Pool
10570 Skyline Blvd, Oakland
 - Sunday, Apr 10**
Roberts Pool
10570 Skyline Blvd, Oakland

All tryouts begin at 1 p.m. Participants will be asked to swim 550 yards in under 10 minutes; carry a rescue board 50 feet; retrieve rings under 15 feet of water; tread water for two minutes using legs only; and retrieve a 10-pound brick under water and bring it to the pool's edge in under two minutes. A short interview will also be included.

The Park District will provide paid lifeguard training and certification for those who pass the tests, and accept entry into academy. The lifeguard academy will be held for four weekends in April and May, with swim season beginning in May at most facilities.

Lifeguards can work at any of the Park District's 11 swim facilities, including Quarry Lakes in Fremont, Lake Don Castro in Hayward, and Cull Canyon in Castro Valley. Those interested in applying should complete an online application before attending one of the tryouts. Forms are available at www.eblifeguard.org/job.

City of Fremont News Briefs

SUBMITTED BY CHERYL GOLDEN

2016 State of the City Address: Where Fremont’s been and where it’s headed
On Thursday, March 24, 2016, Fremont Mayor Bill Harrison delivered this year's State of the City address at a luncheon hosted by the Fremont Chamber of Commerce at the Fremont Marriott Silicon Valley.

This annual event is a time for the Fremont community to come together, reflect on experiences from the past year, and set a vision for the City's near future. From the City's 60th anniversary to its affordable housing initiatives, Mayor Harrison shared what we accomplished this year and what's currently in the works for next year. It's clear that Fremont has a bright future to look forward to.

Here are just a few (of many) highlights from the 2016 State of the City address:

In honor of Fremont's 60th anniversary, the City held a community gathering and ceremony to install a time capsule that will be opened at the City's 100th anniversary in 2056.

The Brookings Institution selected Fremont for its Silicon Valley stop on advanced industries research.

Fremont's Transportation Engineering Division and the Police Department teamed together and officially launched "Vision Zero" - a plan to improve traffic safety and reduce traffic fatalities to zero.

Delta Products opened its new 180,000 sq. ft. headquarters, LEED Platinum building—the first of its kind in Fremont—that will serve as an iconic gateway into the Innovation District.

Fremont launched the first East Bay chapter of the global meet-up, Startup Grind.
The City's Warm Springs Community Plan won two awards and was recognized by the Association of Bay Area Governments and by the State for its American Planning Association Award of Excellence in Urban Design.

Progress continues to be made on construction of an iconic bridge and plaza that will connect properties such as Tesla and ThermoFisher to the Warm Springs/South Fremont BART station that will open later this year.

Fremont continues to invest in public safety and street maintenance. The City has made improvements around more than half of Fremont's schools, including major intersections, as an effort to get kids to and from school safely.

Downtown Fremont's first mixed-use private development called State Street will break ground in June and work is underway on development plans for the City's future Civic Center.

It's been a landmark year for sustainability in Fremont — named America's 10th Greenest City of 2015, signed onto the Compact of Mayors, installed 1.2 megawatts of solar carport structures, and is one of 50 semifinalist competitors in the \$5M Georgetown University Energy Prize.

The City's Legends of the Bay event raised more than \$56K for the Fremont Family Resource Center.

If you're interested in learning more about Fremont's successes and where it's headed this year, you can view the speech and presentation slides on the City website at www.fremont.gov/StateoftheCity, and the video will also be made available on Cable TV Channel 27 and on the City website by April 1.

The entire City of Fremont would like to thank everyone who has made this year's event a success and for your continued contributions to making Fremont a compassionate, innovative, and desirable city to live and work.

Fremont Senior Center Travel Program
The Fremont Senior Center has a wonderful travel program that offers fun local day trips and exciting extended tours. Short trips include visiting local Bay Area cities, museums, and theater shows, while extended tours feature travel throughout the United States, international travel, and cruises.

The Fremont Senior Center Travel Program is open to Fremont residents, as well as non-residents, and to individuals of all ages. Check out the following 2016 day trips planned so far:

- Tuesday, April 26: Old Sacramento daytrip and Capitol building tour**
- Wednesday, May 25: Filoli Gardens**
- Monday, June 6: Jackson Rancheria**
- Sunday, June 26: Motown the Musical**
- July 3-5: Star Spangle Sparks**
- July 10-26: Calgary Stampede**
- Tuesday, July 12: Sciabica Olive Oil, Hilmar Cheese Co. & Wente Vineyards**
- Wednesday, August 3: Red Hawk Casino**
- Wednesday, August 17: “Beautiful” Carol King Musical**

Extended Tours:
October 24 – November 6: Spectacular South Africa
November 10-18: Tropical Costa Rica

For detailed information please call the Fremont Senior Center at (510) 790-6600, or stop by the Fremont Senior Center, located at 40086 Paseo Padre Pkwy. If you'd like to be added to our trip email list, send an email to Tanya Mendoza at tmendoza@fremont.gov.

Curious about cohousing in Fremont?
Cohousing is an approach to community design that involves clustering private homes around shared space. Households remain independent but neighbors collaboratively plan and manage community activities and shared spaces. Benefits include close knit neighborhoods and reduced isolation for seniors.

On Friday, April 8 from 6:45 p.m. to 8:30 p.m. in the Fukaya Room at the Fremont Main Library, the City and Mission Peak Cohousing will co-sponsor an informational session featuring noted cohousing architects Kathryn McCamant and Charles Durrett. For more information, contact Deputy Director Dan Schoenholz at dschoenholz@fremont.gov or (510) 494-4438.

Advanced Social Media for Your Business
Are you realizing optimal results from your social media presence? Attend the upcoming Advanced Social Media for Your Business workshop on April 18 at the Fremont Main Library at 2450 Stevenson Blvd. This free workshop is targeted to businesses that have already identified Facebook, LinkedIn, Instagram, and Twitter to increase the visibility of their brand and grow their customer base.

Attendees are encouraged to bring their tablet or other electronic devices to access the sites as the instructors demonstrate their capabilities.

There will be four topics presented over two sessions—you will have the choice to attend one topic in each session.

- Registration: 6:15 p.m. - 6:30 p.m.**
- Session 1: 6:30 p.m. - 7:30 p.m., Facebook or LinkedIn**
- Session 2: 7:45 p.m. - 8:45 p.m., Instagram or Twitter**

To register for this workshop go to the Alameda County Small Business Development Center website at <http://acsbdc.org/node/21263>.

Hayward to receive environmental award

SUBMITTED BY RAY BUSCH

Acterra announced the recipients of the 2016 Business Environmental Awards, identifying nine Bay Area companies and organizations that have demonstrated extraordinary environmental leadership from among a highly competitive field of applicants. The City of Hayward secured the Environmental Project award for its green power initiative at the City's water pollution control facility. The award recognizes a specific environmental project that has demonstrated significant leadership in a focused area, such as resource conservation (water, waste, energy), pollution prevention, or minimizing carbon footprint.

Acterra's Business Environmental Awards is one of the San Francisco Bay Area's oldest and most prestigious environmental recognition programs. Initiated in 1990, it is considered a champion among awards programs due to its broad geographic scope and rigorous judging process.

Executive Director Adam Stern said, "Congratulations to our 2016 Business Environmental Award recipients. Each of these organizations is breaking new ground and raising the bar for environmental sustainability. We're excited to be recognizing these leaders, who are setting examples for other businesses and organizations to follow."

The City of Hayward's water pollution control facility, secured the California Water Environment Association's Wastewater Treatment Plant of the Year award for the Bay Area region, as well as the highly coveted EPA Green Power Leadership Award.

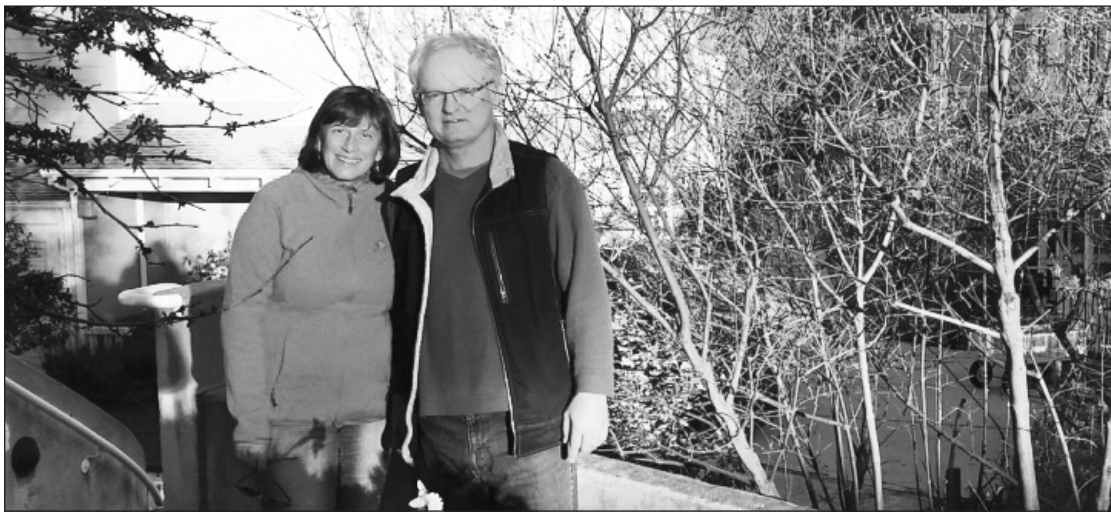
"This award is proof that visionary leadership can produce groundbreaking results," said Hayward spokesperson Frank Holland. "Most wastewater treatment plants are huge energy consumers; ours is one of the largest on-site green power producers in the country."

The 2016 awardees will be honored at the Business Environmental Awards Reception on May 26th at Intuit in Mountain View. Registration for the event will begin in April. For more information, visit www.acterra.org/bea.

Innovative housing idea

Local Group Explores Innovative Housing Idea

Former Fremont couple makes transition to cohousing



Michael and Susanne Joss lived in a three-bedroom house in Fremont, where they had established a little urban farm with fruit trees, vegetable beds, and chickens. Their four children were now grown and gone, and they came to the conclusion that they no longer needed such a big house. Last summer, they sold their house and moved to the Sierra foothills, where they bought a condominium in the Nevada City Cohousing community.

"The hardest part was getting rid of our collected stuff and keeping only what we really liked," Michael reports. "But after we settled here, it felt so good to have a cozy space and a lot more time on our hands."

Nevada City Cohousing was designed by its future residents and The Cohousing Company/McCamant-Durrett Architects to encourage neighborly interaction using sustainable and energy-efficient design practices. It is composed of 34 fully equipped private homes built on an historical site, the world's first hydraulic mining site of the 1860s. Completed in 2005, it is situated on an 11-acre plot of land that was formerly a "brown field," and is now a neighbor-



hood arranged around pedestrian walkways and a 4,000-sq. ft. common house, a shared facility that serves as the primary gathering area of the community. The residents designed it to house a large dining room, commercial-style kitchen, sitting room, pool table, activity rooms for kids and teens, two guest rooms, laundry facilities, and a music room. The people who live in Nevada City Cohousing are diverse in age and occupation. They are single, married, young families, middle aged, and retirees.

"The neighbors have meals together three or four times a week," Michael says, "and it's a great way to start meeting your neighbors. Even better, if you

jump in and start cooking for 30 or 40 people, you immediately feel the support of the community, with people randomly helping in the kitchen to run the dishwasher, set the tables, and help you master the challenge."

Michael and Susanne have found other ways to get acquainted as well. "During the week and when we bring our laundry to the common house," they observe, "we always run into one or two neighbors and take time to chat a bit." Susanne is a frequent user of the shared pool and hot tub.

Two features of their Fremont home that the Josses were afraid they would miss were their big garage workshop and their pro-



ductive edible garden. As it turns out, the cohousing community has a shared workshop, and Michael has also become involved in a local maker space with a 3,000-sq. ft. shop. He says he now has access to all the tools he always wanted. As for the garden, the community has recently cleared one acre on their site for their own small farm. Six of the property's 11 acres remain wooded and wild.

"We all commit to do a number of hours per month of work for the community," Michael explains, "so I help with landscaping, work on a new internal website, and help develop the new farm."

When they moved, the Josses bought a two-bedroom 850-sq. ft. condo that had become available in Nevada City Cohousing. "One of the concerns was what to do when the kids come visit," recalls Michael. "When our youngest daughter showed up before Christmas with six girlfriends, we left them in our condo, and my wife and I moved to one of the available guest bedrooms in the common house. The girls had a blast. They played pool in the common house till late at night."

"Time feels different here," he continues. "I'm not sure if it's the mountains or the cohousing. But walking down to town in the evening, going for a hike across the street, getting caught up in the common house with a ping pong match all help to slow us down to a human pace again."

Kathryn McCamant and Charles Durrett, the architects of

Nevada City Cohousing—who are also two of its residents—will be in Fremont in April to conduct a workshop for the Mission Peak Cohousing group, now in its formative stage. In addition, they will be the speakers at a free public cohousing presentation co-sponsored by the City of Fremont and Mission Peak Cohousing.

Event Details:

Presentation: Put the Neighbor Back in Neighborhood
Friday, Apr 8
6:45 p.m.
Fremont Main Library
2400 Stevenson Blvd, Fremont
Open to the public
without charge

Getting It Built—A Weekend Workshop on Cohousing

Saturday-Sunday, April 9-10

Topics: The Cohousing Process (organizing and roles); Technical Issues (financing and designing); Working Together (decision making and group interaction); and What Next (next steps to getting it built).

Enrollment: Limited slots are left for potential residents and developers interested in building a cohousing community. Pre-registration only. Fee: \$400 for the two days, due this week. To register, contact MissionPeakCohousing@gmail.com.

Next week: Seven reasons to live in cohousing

Mission Peak Cohousing is a group of friends forming a cohousing community in Fremont. For information, contact MissionPeakCohousing@gmail.com.

Veterans Resource Center offers on-campus support

By ROBBIE FINLEY

Veterans making the transition from military service to the civilian world often make those first steps by pursuing educational goals. Chabot College in Hayward is putting the finishing touches on a new Veterans Resource Center (VRC) that will act as a hub for its student veteran population as they embark on academic adventures.

Positioned in Building 2300 in the middle of campus, the new Veterans Resource Center will provide veteran students with a space to form study groups, relax and socialize, or find a quiet place to get homework done using the center's available computers and printers. The fully renovated center features big screen TVs, 10 computers, printers/copiers, a large conference room, and counselors on site with available hours for the students, said Dr. Matthew Kritscher, Chabot College's vice president of student services. All of this, and printing and copying will be free of charge! These great services all play into the main objective of the center, which is to provide exemplary transition support for veterans, where they can connect with each other and have all of their needs met.

Dr. Kritscher can hardly contain his enthusiasm as he speaks of the center. "It'll be a one stop shop for student support services!" he exclaimed. As the school plugs away at the final pieces of

the VRC, still much is left to be determined, such as the center's hours of operations. "We'll open maybe from 10 a.m. to 3 p.m. initially, then look towards more business hours," Kritscher noted. The school intends to hold an official kick-off for the center with a grand opening, which is still to be announced.

"Our college president, Susan Sperling, had the foresight to dedicate this space to our returning student veterans," Kritscher said of the impetus for the project, adding that the school didn't waste a minute to start renovating the space once it was available for use. "We're fortunate that (she) had this vision," he said.

Chabot College currently boasts a roster of roughly 400 students who identify as veterans. Chabot hopes to increase the number to over 500 in the next year. "We're at two percent (of the total student population), but want to be at four percent," said Kritscher, explaining that the goal is to be representative of the local community, which is home to a significant number of veterans. In order to get the word out to more veterans, the school intends to conduct more outreach, via mailers and other media avenues of advertisement.

The enduring presence of Veterans Benefits Specialist Marylou Cisneros, who recently passed away but worked tirelessly at Chabot to ensure that its veteran students had the best experience possible while enrolled at the

school, is felt in the strength of the school's relationship with veterans, Kritscher explained. "We've always had a good reputation (with veterans)," he said, adding that with the new center, they will be able to quadruple the resources offered.

Chabot's sister college, Las Positas College in Livermore, helped Chabot's team during all stages of the center's development. Las Positas Veterans Programs Coordinator Todd Steffan provided essential guidance in the planning and construction of the center. Two veteran students also got in on the project by assisting with furniture selection. It's safe to say that this was a group effort, from top to bottom. Of course, most projects of this scale live or die based on whether or not they can even be funded. The Kisco Foundation provided \$80,000 between Chabot and Las Positas, which enabled Chabot to fulfill its wish of providing this wonderful resource to its veteran students.

Chabot College was established in 1961 in Hayward and is currently home to more than 13,000 students. With close to 200 majors available for students to choose from, the popular community college is comprised of six academic divisions and hosts its own radio and television stations as part of their mass communications program. For more information on Chabot College and their veteran resources, please visit

<http://www.chabotcollege.edu/veterans/resources.asp>.

Affordable housing forum in Fremont

SUBMITTED BY
MISSION PEAK UNITARIAN
UNIVERSALIST CONGREGATION

On Sunday, April 3, Mission Peak Unitarian Universalist Congregation (Mission Peak UU) will host a public forum on affordable housing. The "Affordable Housing Forum" will be an opportunity for community members to think outside the box and share ideas on how to create affordable housing here in Fremont. The presenters will provide some alternative solutions, and the group will brainstorm what we can do to move forward on this issue.

"Fremont and the surrounding area have some of the highest rents in the country, and this is impacting quality of life for all of us," says Mission Peak UU's Social Justice Chair, Allysson McDonald. "Either you are struggling to be able to afford to live here or you are struggling to find employees, sitting in traffic, and encountering an increasing number of unhoused people in your community. This is an issue that affects us all."

Two of the presenters, Candace Anderson and Aaron Castle, have lived in their self-built tiny house on wheels for two years and blog about their experiences online (www.canander.com). Another participant, Betsy Morris of Berkeley, is co-founder of Planning for Sustainable Communities, which helps intentional communities draft their agree-

ments and operational guidelines. Len Marsh of Belmont has a background in real-estate investing and commercial development, but these days Marsh is thinking small and has built two tiny houses from recycled shipping containers and advocates for their use as suburban accessory structures.

Fremont City Councilmember and Housing Authority of the County of Alameda (HACA) Commissioner Vinnie Bacon will be on-hand to present an overview of the housing crisis in Fremont. Louis Chicoine, executive director of Abode Services, will also participate. Chicoine has led Abode Services for more than 20 years, helping the organization grow into a leading provider of housing and services to residents experiencing homelessness in Alameda and Santa Clara counties.

Lunch and refreshments will be available for attendees. Sign language interpretation will be provided by Service Employees International Union. Prepared questions for any of the presenters can be mailed to aron@canander.com.

Affordable Housing Forum
Sunday, Apr 3
12 p.m.

Mission Peak Unitarian Universalist Congregation Cole Hall
2950 Washington Ave, Fremont
aron@canander.com
<http://mpuuc.org/>

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Please Join the San Leandro Education Foundation at its 2nd Annual...

FULL S.T.E.A.M. AHEAD FOR EDUCATION BREAKFAST



BY ROBBIE FINLEY
PHOTOS BY MATTEO MOK

Who doesn't love a good breakfast? The San Leandro Education Foundation (SLED) is asking people to channel their love of the morning feast into something more as they stage their annual "Full STEAM Ahead for Education Breakfast" on Friday, April 8 at the San Leandro Senior Community Center.

SLED is entering its second year for this "working breakfast" fundraiser, with the intent to support their ongoing mission of supporting local schools, strengthening the community, and inspiring students with hands-on learning in science, technology, engineering, art, and math (STEAM). The event is free to

attend and will offer food served family style at each table, composed of traditional breakfast goodies as well as vegetarian options.

"At the San Leandro Education Foundation, all that we do is rooted in a strong belief that when a child succeeds, we all succeed; that helping children grow into confident, compassionate adults is in the best interest of everyone in the community!" said Morgan Mack-Rose, executive director for SLED. "The breakfast is an opportunity for our supporters to invite their colleagues, neighbors and friends to learn more about what the foundation is doing to support STEAM in San Leandro schools."

The working breakfast fundraiser is modeled on successes from similar organizations around the Bay. "Perhaps the

most successful example (of this kind of breakfast fundraiser) is Abode Services in Fremont, which held their 14th breakfast recently. Last year, we had 160 attendees and received \$29,000 in one-time gifts and \$166,000 in multi-year pledges," explained Mack-Rose, adding, "We measure the success of the event on attendance. Our goal is to bring in 200 people to learn about our work and invite them to support San Leandro schools with their time, talent, and/or treasure!"

SLED hopes to make every second of its 60-minute time frame with the attendees count. "The event starts promptly at 7:30 a.m. and ends at 8:30 a.m. so that guests can get on with their day. They can expect to enjoy a delicious breakfast while seeing a short video about SLED's involve-

ment in STEAM, hear from the Executive Director about the core mission and upcoming goals, and hear from an amazing San Leandro High School senior," Mack-Rose said. "Guests are impressed by the number and diversity of community members who will come out at 7:30 in the morning to support schools."

San Leandro has proven to be very supportive of SLED and its educational objectives. "San Leandro is a generous community; people want to help our schools. But sometimes it is difficult to find the best way to do that, be it financially or with their time. At the breakfast, we hope to show that SLED is a conduit for the community to support San Leandro schools," Mack-Rose explained.

Since 2008, SLED has been actively trying to enhance and assist resources for the San Leandro Unified School District's twelve schools. It could not continue to operate without its volunteers and support from the local community. Currently, they have a roster of around 50 volunteers, ranging from local high school students to adults. "Every dollar donated or pledged at the breakfast goes directly to supporting the foundation's work," Mack-Rose said. Fundraisers such as the Full

STEAM Ahead for Education Breakfast are integral to their ability to support the educational goals of local students.

The breakfast is one of two major fundraising events that the organization hosts throughout the year. The second is the "Evening Under the Stars Gala," another exciting and engaging event, which is scheduled for September. SLED also acts as the host for other events, such as the "Latinas in STEAM" Spanish language event held in November, or the "Evening of Student Voices; Celebrating the Season of Service" scheduled to take place April 28.

The Full STEAM Ahead for Education Breakfast has a limited number of available seats. For more information about the breakfast or the organization, please call (510) 618-4483 or e-mail kathleen@sledfund.org.

Full STEAM Ahead for Education Breakfast

Friday, Apr 8

7:30 a.m. - 8:30 a.m.

San Leandro Senior Community Center

13909 E. 14th St, San Leandro (510) 618-4483

<http://www.sledfund.org/home.aspx>
Free



INSPIRE students, SUPPORT schools, STRENGTHEN community.

Internationally acclaimed artist shares art quest

SUBMITTED BY
HARRIETT MCGUIRE
PHOTOS COURTESY OF
DONALD NEFF

"The Creeks and Rivers of Silicon Valley, A Year-Long Art

Quest" will be the featured program at the Golden Hills Art Association of Milpitas' next meeting on Thursday, April 7.

In November 2013, internationally acclaimed artist Donald Neff started a year-long quest to paint a creek, river, or waterway



of Santa Clara Valley en plein air (on location out-of-doors) once a week. His goal was to help everyone toward a greater appreciation of the wonderful variety of what used to be called "The Valley of Heart's Delight," and to raise interest in preserving our city creeks, waterways, and other natural areas.

Neff published a book in November 2015 with the last painting of the year's quest. Over the course of the year he completed sixty 8x10 paintings of 43 different

creeks in Santa Clara Valley and the South San Francisco Bay Area.

Neff's art is a product of his love for nature and the outdoors. Working in both oil and acrylic, his work reflects a colorful realism of the land he travels. He is primarily self-instructed and his paintings convey a realistic perception of nature.

Although drawing and art have been steady interests since he was a child, Neff's concentration in painting surfaced after college graduation and his estab-

lishment in a successful computer science career. What began as a pastime pleasure quickly became a compulsion. Neff founded and eventually sold a successful computer software company, then retired and devoted himself to art full time.

Neff's work is shown in galleries, institutions, and private collections throughout the United States. He has published two books about his work, "Plein Tahoe" and "The Creeks and Rivers of Silicon Valley," and has been featured in Plein Air Magazine.

The public is invited to attend this meeting free of charge to meet Neff, hear about his "art quest," and see him present an oil demonstration.

Golden Hills Art Association Meeting/Donald Neff Demo

Thursday, Apr 7

7 p.m.

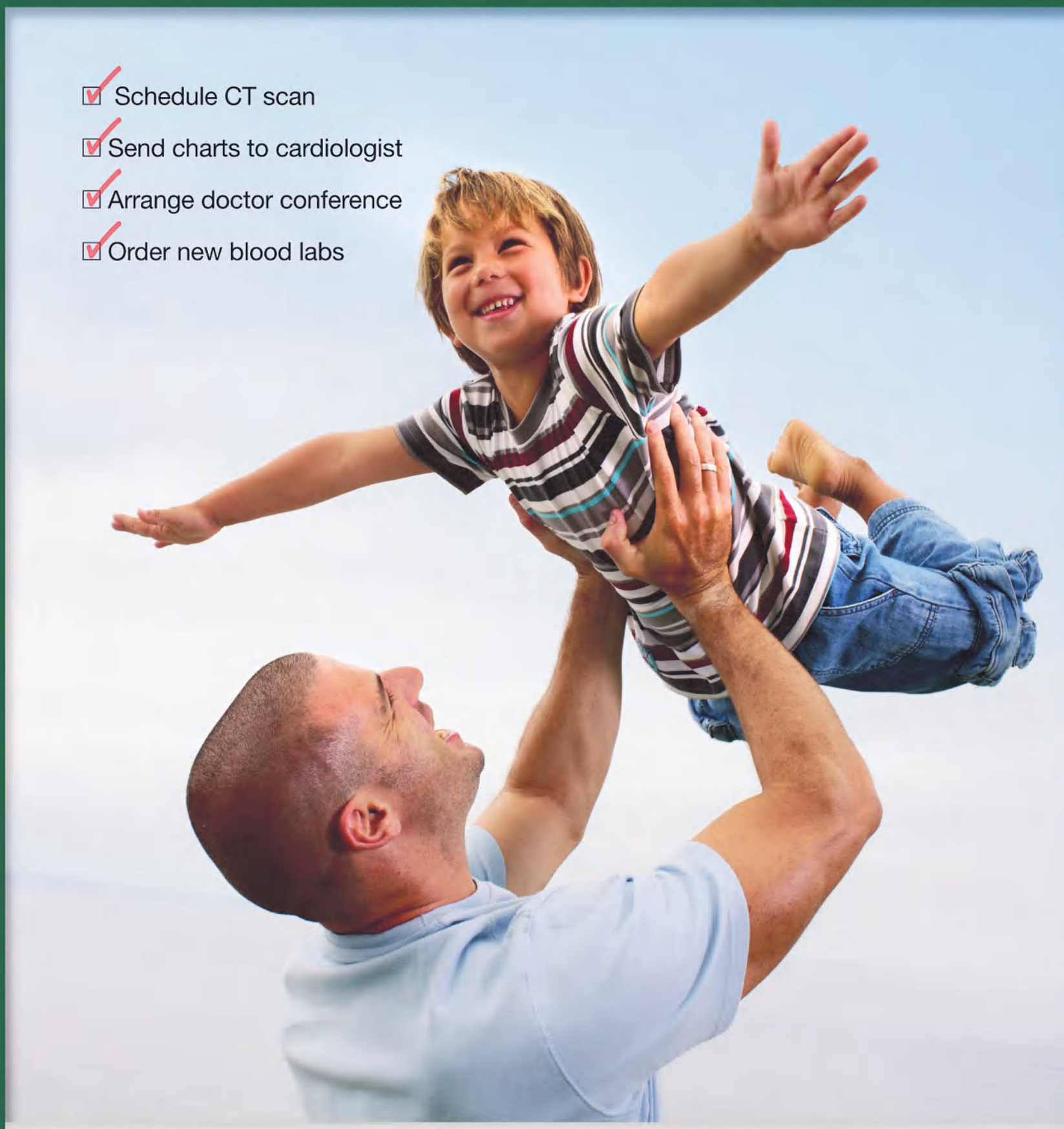
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