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March 22, 2016

Vol. 15 No. 12



Learn to save water and maintain beautiful landscapes

By JILL STOVALL
PHOTOS COURTESY OF
BAWSCA

What is the best thing you can do to conserve water outside? Find the answers to questions like this when the City of Milpitas hosts a series of landscaping and composting workshops at the Barbara Lee Senior Center. The free Saturday morning workshops will be held on April 2, 16, 23 and 30 and cover “Water Efficient Irrigation Techniques,” “Composting Basics,” “Native Plants,” and “Drought Tolerant Landscapes.”

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FREE Symphonic Concert Ushers in Spring

SUBMITTED BY JIM CARTER

The Newark Symphonic Winds (NSW) will be performing all new and exciting compositions at their “Free Spring Concert” on Saturday, March 26. The evening will start off with “Welcome to the Jungle” by the rock group Guns N’ Roses, followed by a great medley of some of the most popular tunes from the ‘80s. A wonderful arrangement of the ever-popular standard “Star Dust” will be up next, followed by the Michael Bubl  tune “Haven’t Met You Yet.” The first half of the concert will finish with five movements from “The Hobbit: An Unexpected Journey.”

After intermission NSW is proud to present the fun music of the Newark Saxophone Quartet, featuring Maurice LaFleur on baritone sax, Steve Leitner on tenor sax, Andy Ehling on alto sax, and Jim Carter on soprano sax. The symphony will then return to the stage and perform “Pinball Wizard” by

Peter Townshend, “Viva Italia” by Jack Bullock, a really fun piece – “Trombone Tiger Rag,” and end the evening with a blend of two great musicals by performing “The Wizard of Oz Meets the Wiz.”

This evening of absolutely wonderful symphonic music is provided free-of-charge (no tickets are necessary) by the Tri-Cities’ own 50 musician symphony under the direction of Richard Wong. The performance is sponsored by the Fremont Bank Foundation. For more information, visit <http://newarksymphonic.org> or call (510) 552-7186.

**Newark Symphonic Winds Free
Spring Concert
Saturday, Mar 26
7 p.m. - 9 p.m.
Newark Memorial High School
Theatre
39375 Cedar Blvd, Newark
(510) 552-7186
<http://newarksymphonic.org>
Free**



Easter A moveable feast

PHOTO COURTESY OF
CORINA AGUILAR

Regarded as one of the most important Christian holidays, Easter is observed as a celebration of Jesus Christ’s life and resurrection. As part of Christian theology, Jesus Christ rose from the dead on the third day after his crucifixion. Members of the Christian faith also observe Lent, a 40-day period of fasting, prayer, and penance leading up to Easter Sunday. The Holy Week, or the last week of Lent, gives much significance to the Lenten season as Christians commemorate The Last Supper on Maundy Thursday, Jesus’ crucifixion and death on Good Friday,

and Jesus’ body lying in the tomb on Holy Saturday.

Easter is considered a moveable feast because it does not fall on a set date. This year, Easter falls on Sunday, March 27. The holiday is celebrated on the first Sunday following the full moon after the vernal (spring) equinox on March 21; thus Easter falls between March 22 and April 25.

Easter Sunday becomes festive as families gather around bountiful tables after weeks of fasting. The holiday has also become an opportunity for communities to host family-friendly activities that include the Easter bunny, Easter egg hunts, candies, games and more. Here are upcoming Easter events in the greater Tri-Cities:

Castro Valley:

“More than a Story,” a dramatic Easter musical, will be presented with beautiful music, dance, and drama, as well as live orchestra and Broadway-style stage settings.

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Dr. Alexander Sah Named to American Academy of Orthopaedic Surgeons' (AAOS) Leadership Fellows Program

Medical Co-Director of Institute for Joint Replacement and Research Also Presents Research Studies at AAOS Annual Meeting; Moderates Symposium at Hip & Knee Surgeons Annual Meeting

The American Academy of Orthopaedic Surgeons (AAOS) has named Alexander Sah, MD, to the 2016-2017 AAOS Leadership Fellows Program (LFP). Co-Director of Washington Hospital's Institute for Joint Replacement and Research (IJRR), Dr. Sah is one of only 10 specialists in the nation to be selected for the prestigious program.

The LFP identifies future leaders and combines instructional and experiential leadership training to prepare fellows for greater roles of leadership. In addition, fellows are matched with an established leader within the AAOS who serves as a mentor throughout the program. The LFP's goal is to encourage outstanding young orthopaedic surgeons to share their knowledge, standards and techniques to improve the field of orthopaedic surgery.

"I am honored to be chosen for this opportunity to participate in the leadership program sponsored by the AAOS," Dr. Sah notes. "This experience will pro-

vide not only extended contact with peers and mentors in orthopaedics, but also with a means of sharing the research and experience of the IJRR with colleagues within our community and across the nation. It is a privilege to represent the Washington Hospital IJRR and the community in this way."

Dr. Sah also recently shared abstracts of research conducted at the IJRR with other physicians attending the AAOS annual meeting, March 1-5, in Orlando, Florida:

- Medical Co-Director of the IJRR John Dearborn, MD, presented joint research with Dr. Sah, discussing the results of a randomized trial of two different types of cement used in knee replacement surgeries. The purpose of the study was to evaluate how bones respond to the different types of cement during the hardening process. Further evaluation is ongoing to determine the clinical implications of the research findings.
- Dr. Sah shared another randomized study of "barbed"

knotless, dissolving sutures compared to standard sutures in patients who had total knee replacements. The knotless sutures have tiny "barbs" that eliminate the need to tie knots at the ends of the suture to secure it in place. In this study, the barbed knotless suture closure of wounds was faster, had fewer suture breakages, and was more watertight than standard sutures.

- The purpose of a third study by Dr. Sah was to evaluate 150 of his total knee replacement patients who were mobilized to walk the evening of their surgery, compared to 150 patients who were not walked the evening of their surgery. Dr. Sah reported that knee range of motion was greater in the early mobilization group at time of discharge, and over 70 percent of these patients were able to go home the morning following surgery.

Dr. Sah, who also is Medical Director of the Outpatient Joint Replacement Program, recently spoke at and moderated a symposium at the American Association of Hip and Knee Surgeons' 25th



Dr. Alexander Sah (second from right) along with Harvard Orthopedic Program alumni at the American Academy of Orthopaedic Surgeons (AAOS) annual meeting.

Annual Meeting in November 2015 in Dallas, Texas: "Same-day Surgery: The Road to Outpatient Total Joint Replacement." Here, he shared his techniques and protocols for more rapid discharge after joint replacement.

"Our community hospital based program here at Washington Hospital has gained regional and national acclaim, providing our research results and education to other physicians across the country," Dr. Sah observes. "Having the IJRR active in research and national organizations such as AAOS is definitely a benefit for the people in our community because we continually improve the quality of patient care through these experiences. Plus, our local

facility is making a difference in improving the quality of joint replacement surgeries throughout the country."

Seminar to Highlight Advancements in Knee Surgery

According to the Centers for Disease Control and Prevention, knee replacement surgery is among the most commonly performed and clinically successful surgical procedures in the United States.

The most common reason for knee replacement surgery is osteoarthritis, caused by the

continued on page 5

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



Follow WHHS on Facebook & Twitter



InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY										
	3/22/16	3/23/16	3/24/16	3/25/16	3/26/16	3/27/16	3/28/16										
12:00 PM 12:00 AM	Relieving Back Pain: Know Your Options	Diabetes Matters: Diabetes & Polycystic Ovarian Syndrome	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy	Diabetes Matters: Sugar Substitutes - Sweet or Sour?	Voices InHealth:The Greatest Gift of All	New Treatment Options for Chronic Sinusitis	Hip Pain in the Young and Middle-Aged Adult										
12:30 PM 12:30 AM		Colon Cancer: Prevention & Treatment		Colon Cancer: Prevention & Treatment	Varicose Veins and Chronic Venous Disease	Colon Cancer: Prevention & Treatment											
1:00 PM 1:00 AM	Family Caregiver Series: Panel Discussion	Diabetes Matters: Protecting Your Heart	From One Second to the Next	Knee Pain & Replacement		Strengthen Your Back	Don't Let Hip Pain Run You Down	Diabetes Matters: Key To A Healthy Heart with Diabetes									
1:30 PM 1:30 AM			Voices InHealth: Healthy Pregnancy														
2:00 PM 2:00 AM	Family Caregiver Series: Recognizing the Need to Transition to a Skilled Nursing Facility	Washington Township Health Care District Board Meeting March 9, 2016	The Real Impact of Hearing Loss & the Latest Options for Treatment	Washington Township Health Care District Board Meeting March 9, 2016	Superbugs: Are We Winning the Germ War?	Raising Awareness About Stroke	Washington Township Health Care District Board Meeting March 9, 2016										
2:30 PM 2:30 AM	Advanced Healthcare Planning							Washington Women's Center: Sorry, Gotta Run!	Heart Irregularities								
3:00 PM 3:00 AM	GERD & Your Risk of Esophageal Cancer		What You Should Know About Carbs and Food Labels		Diabetes Matters: Diabetes Ups & Downs: Troubleshooting High & Low Blood Sugar Level	Strengthen Your Back! Learn to Improve Your Back Fitness											
3:30 PM 3:30 AM								How to Prevent a Heart Attack									
4:00 PM 4:00 AM	Learn More About Kidney Disease	Meatless Mondays	Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate	Deep Venous Thrombosis	Kidney Transplants	Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment	How to Maintain a Healthy Weight: Good Nutrition is Key Get Back On Your Feet: New Treatment Options for Ankle Conditions										
5:00 PM 5:00 AM								Snack Attack	Family Caregiver Series: Legal & Financial Affairs								
6:00 PM 6:00 AM	Arthritis: Do I Have One of 100 Types?	Family Caregiver Series: Understanding Healthcare Benefits	Shingles	Turning 65? Get To Know Medicare	Washington Township Health Care District Board Meeting March 9, 2016	Washington Township Health Care District Board Meeting March 9, 2016	Heel Problems and Treatment Options										
6:30 PM 6:30 AM		Low Back Pain															
7:00 PM 7:00 AM	Colon Cancer: Prevention & Treatment	Your Concerns InHealth: Senior Scam Preventio	Colon Cancer: Prevention & Treatment	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Preventative Healthcare Screening for Adults	Family Caregiver Series: Advanced Healthcare Planning & POLST	Colon Cancer: Prevention & Treatment										
7:30 PM 7:30 AM	Voices InHealth:The Legacy Strength Training System		Women's Health Confer- ence: Food and Mood: How One Can Affect the Other	Washington Township Health Care District Board Meeting March 9, 2016			Family Caregiver Series: Driving Safety & Alternative Transportation Resources	Diabetes Matters: Diabetes & Stroke: What's the Connection?	Learn About Nutrition for a Healthy Life	Washington Women's Center: Cancer Genetic Counseling	Alzheimer's Disease						
8:00 PM 8:00 AM	Washington Township Health Care District Board Meeting March 9, 2016	Community Based Senior Supportive Services	Lunch and Learn: Yard to Table		Dietary Treatment to Treat Celiac Disease	Family Caregiver Series: Coping as a Caregiver						Voices InHealth: Medicine Safety for Children					
8:30 PM 8:30 AM													Diabetes Matters: Strategies for Incorporating Physical Activity	Minimally Invasive Surgery for Lower Back Disorders	Heart Healthy Eating After Surgery and Beyond	Acetaminophen Overuse Danger	Learn If You Are at Risk for Liver Disease
9:00 PM 9:00 AM																	
9:30 PM 9:30 AM	Keeping Your Heart on the Right Beat	Prostate Cancer: What You Need to Know	Minimally Invasive Surgery for Lower Back Disorders	Inside Washington Hospital: Patient Safety	Heart Healthy Eating After Surgery and Beyond	Acetaminophen Overuse Danger	Learn If You Are at Risk for Liver Disease										
10:00 PM 10:00 AM		Women's Health Conference: Aging Gracefully						Voices InHealth: Radiation Safety									

Join Washington Hospital and the City of Fremont to Celebrate Earth Day—April 23

Washington Hospital and the City of Fremont agree: A healthy community needs a cleaner, greener, healthier environment and everyone can make a difference in helping to clean up our world.

For the sixth year in a row, the two organizations are partnering to present “Let’s Go Green Together!” a free, community-wide Earth Day celebration on Saturday, April 23, from 11 a.m. to 3 p.m. The event will be held in the Conrad E. Anderson, MD, Auditorium and the parking lot of the Washington West building next to Washington Hospital.

“Our Hospital is dedicated to ‘planet friendly health care’ and we are delighted to be working with the City of Fremont again this year to present a fun and informative event for all,” said Paul Kelley, director of biomedical engineering and green initiatives at Washington Hospital. “When you come on April 23, you’ll have a chance to meet with experts on eco-friendly issues and learn about more ways to go green.”

At the event, you can contribute to a cleaner environment through these free drop-off opportunities:

- Syringes and needles drop-off (in approved containers)
- Confidential document shredding (household documents only, no businesses please)
- Unused, unwanted medication disposal
- Eyeglass donations

You can also exchange your old mercury thermometer for an



Let’s Go Green Together is a free Earth Day celebration taking place on Saturday, April 23, from 11 a.m. to 3 p.m. The event is held at Washington West, 2500 Mowry Ave., Fremont.

environmentally safe electronic version. Or, turn in your old torchiere lamp through an exchange program sponsored by PG&E. (To qualify, show your PG&E bill—two lamps per household.)

You’ll also learn about:

- Recycling and waste reduction
- How to save energy at home
- Eco-friendly gardening and composting
- Local sustainability programs
- Healthy eating and healthy produce

Kids will enjoy:

- Bike Rodeo and free bike tune-ups (for kids and adults)
- “Eco-tainment” including a juggler and stilt walker

- Bee exhibit
- Face painting, Earth Day art, and many other free games and activities

New this year will be a free valet bike parking and an exploratorium with environment-related experiments and demonstrations for children.

Washington Hospital’s booth will offer facts about healthy eating, with free food samples. You can learn how to calculate your carbon footprint or play “eco-Jeopardy.” Information highlighting the environmentally friendly aspects of the Hospital’s new construction projects will also be available.

“Let’s Go Green Together!” is also being sponsored by Centripedal Bikes, the Union Sanitary District and Recall information management.

Last year’s success

“In 2015, we had 49 exhibitors and about 500 people attended our Earth Day celebration. We hope to top that in 2016,” added Kelley. “The amount we collect for reuse and recycling grows every year and this helps shrink the waste stream.”

Collections from the 2015 Earth Day event included:

- 2,240 lbs. of confidential papers for shredding
- Two 50-gallon containers of used syringes and needles (sharps)

- 150 lbs. of unused or unwanted medication
- 36 mercury thermometers (exchanged for electronic thermometers)
- 20 torchier lamps exchanged by PG&E
- One dozen pairs of eyeglasses (collected by the Lions Club)
- Also, about 750 native and rare fruit trees were given to fair attendees for replanting.

‘Planet Friendly Healthcare’

Since 2009, Washington Hospital has had an active environmental program supported by the Washington Township Health Care District Board of Directors and Hospital administration. Its Green Team made up of representatives from nearly every Hospital department is the driving force behind the Earth Day celebration and many other ongoing eco-friendly activities throughout the year.

For the last five years, the Hospital has received the “Partner for Change” award from Practice Greenhealth, a national leader in empowering health care organizations to increase efficiencies and environmental stewardship. The award honors outstanding environmental achievements in the health care field.

Learn more.

To find out more about the “Let’s Go Green Together!” Earth Day event, go to www.fremont.gov/earthday. For more about Washington Hospital’s Green Team, visit the Hospital’s website at www.whhs.com/green.

Ask the Doctor

This is an ongoing column in which community physicians answer your health-related questions. Questions should be emailed to Ask the Doctor at: askthedoctor@whhs.com

Dear Doctor,
Is a concussion a brain bruise?

Dear Reader,

No, a concussion is currently classified as a mild traumatic brain injury or MTBI. By definition, an MRI or CT scan of the brain will not detect any injury. This is because an MTBI, or concussion, is not a brain bruise but actually a stretching of the brain axons. The chemical imbalances released due to this injury result in the slowing of nerve functions and some of the corresponding symptoms include headaches, sensitivity to light, nausea or motion sickness, and feeling tired or foggy. If there has been severe trauma, sometimes a CT scan is ordered to look for a skull fracture or bleeding inside the brain.

Dear Doctor,
Can whiplash from a car accident cause a concussion?

Dear Reader,

Yes, up to 80 percent of car accidents are now believed to involve concussions. This is because a concussion can occur without blunt head trauma. The brain is oblong shaped, weighs about 15 lbs., and stretches because it is tethered to the spinal cord at the base of the neck. The tethering creates a whipping effect of the brain leading to the stretching of brain axons resulting in chemical changes, which cause concussion symptoms.

Stephen Zonner, DO



Dr. Steven Zonner is board certified by the American Osteopathic Board of Family Practice and has over 30 years of experience in the fields of primary care, occupational and Sports Medicine. Dr. Zonner completed the majority of his medical training in Chicago starting with his Doctor of Osteopathic Medicine degree (DO) from the Chicago College of Osteopathic Medicine. After finishing his Family Medicine internship and residency at Botsford General Hospital in Michigan, he returned to Chicago to complete his primary care Sports Medicine fellowship at Rush-Presbyterian-St. Luke’s Medical Center. In 1990, he went on to become the head team physician for Arizona State University and has been invited to work at the US Olympic Training Center in Colorado Springs. He has been treating people of all ages and athletic abilities in the San Francisco Bay Area since 2004. Dr. Zonner is also fluent in Spanish.

WASHINGTON HOSPITAL AND CITY OF FREMONT PRESENT



Planet Friendly Healthcare

Let's GO GREEN Together!



Join us as we celebrate Earth Day!
Meet with eco-friendly experts and learn new ways to go green!

Saturday, April 23, 2016 • 11 a.m. to 3 p.m.
Conrad E. Anderson, MD, Auditorium, 2500 Mowry Ave. (Washington West) in Fremont



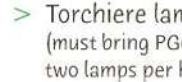
FREE residential drop-off:

- > Syringes and needles (in approved containers)
- > Confidential document shredding
- > Disposal of unused, unwanted medications
- > Donate eyeglasses

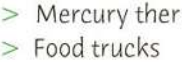


Learn more about:

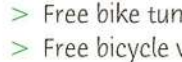
- > Recycling and waste reduction
- > Saving energy at home
- > Eco-friendly gardening and composting
- > Local sustainability programs
- > Healthy eating/ healthy produce



- > Torchiere lamp exchange (must bring PG&E bill to qualify, two lamps per household)



- > Mercury thermometer exchange
- > Food trucks



- > Free bike tune-ups
- > Free bicycle valet parking

Fun for the kids!





Kids activities:

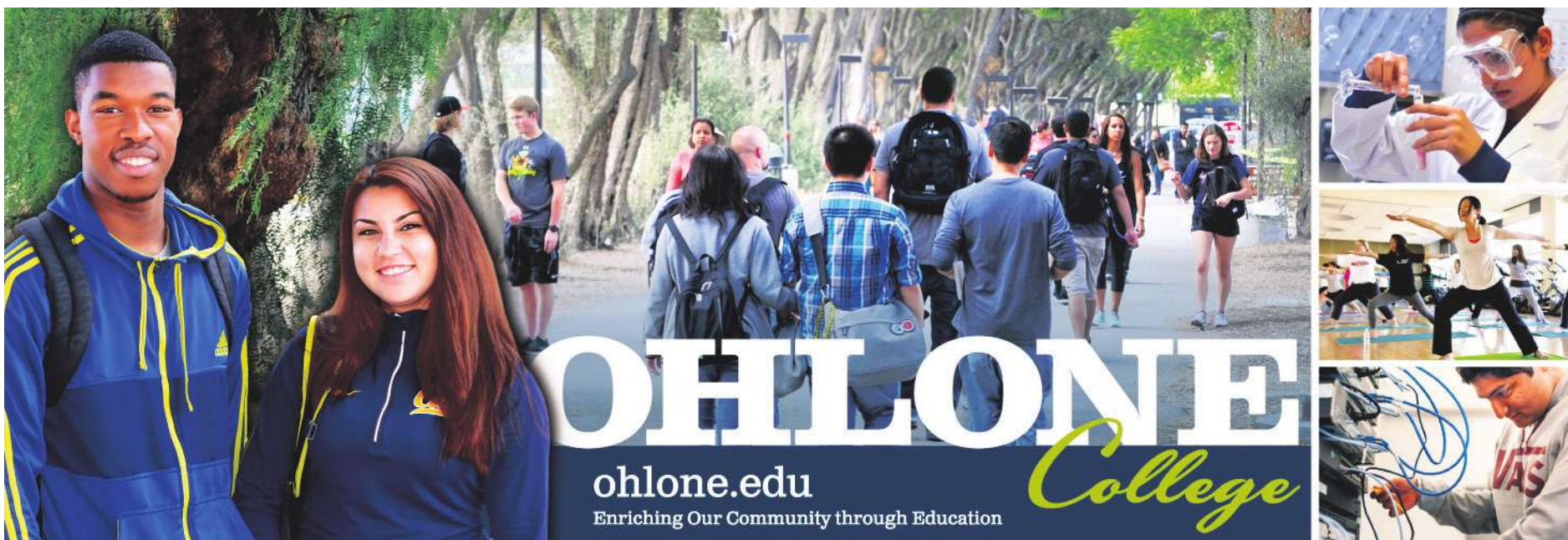
- > Bike Rodeo
- > Eco-tainment
- > Face painting
- > Earth Day art
- > Other free games and activities

Event Sponsors

Special Thanks To



Learn more at www.whhs.com/green



The Ohlone College Foundation has received a substantial gift from the late Don Amsbaugh, directed towards the Ohlone College Nursing program.

Don was a longtime friend of Ohlone College having been a part of the initial organizing committee who established the Ohlone College Foundation. He served on the Foundation’s Board of Directors for six years, including three as President from 1993 to 1995. It was during this period that Don established a Charitable Remainder Trust on behalf of the Ohlone College Foundation.

In 2004, Don’s many years of commitment and dedication to Ohlone College were acknowledged when he was awarded the well-deserved title of “Citizen of the Year.”

The Ohlone College Nursing program is very grateful for this donation.

Measure G Update

The Ohlone College swimming pool refurbishment project is well underway. The pool was closed and drained in December 2015 to begin upgrading the facility. The pool will retain its 50-meter by 25-yard competitive distances, but the refurbishment will ultimately lower water use by 20%, reduce energy by \$25,000 per year, and reduce the use of pool chemicals by 25%.

The scope of work includes replacing the mechanical and electrical systems with newer, more energy- and cost-efficient equipment, such as LED lighting fixtures. And, the bottom of the pool is being raised from a depth of 17 feet at its deepest to a fairly uniform 12 feet overall. Less water means less energy expended for heating, and less chemicals to keep the water a crystal blue. The pool will receive a facelift with new tiles, a new fiberglass shell, and a new deck surrounding the pool.

This project is part of the Athletic Facilities project which includes baseball, softball and soccer fields as well as improvements to the gym. The estimated completion date is fall 2016. Along with the Academic Core Buildings project, the swimming pool refurbishment project is funded by the Measure G bond approved by voters in 2012.



Ohlone Update:

Ohlone Student Athletic Trainers at Oracle Arena

Eleven representatives from Ohlone College’s Athletic Trainer program joined 450 Northern California High School students as they descended on Oracle Arena, home of the Golden State Warriors. The high school students were there to participate in a seminar for the National High School Sports Medicine Honor Society, now in its fourth year. The Ohlone students joined the fray to serve as lab facilitators at various stations throughout the arena. The high school students attended workshops on sports-related injuries and treatment, participated in various activities related to the field of sports medicine, and attended lectures from members of the Oakland Raiders medical staff.

Ohlone’s program in sports medicine, Kinesiology, prepares students with the skills, knowledge and experience to pursue careers in a variety of health and fitness professions and provides a foundation for advanced degrees. Typical employment opportunities in the field include athletic training, coaching, fitness instruction, as well as management of recreation and athletic centers. With an Associate Degree for Transfer, or ADT, Ohlone students are guaranteed transfer to a CSU to pursue their and advanced degree.

P U E N T E Puente Project

In the end of February, 30 Puente students met and formed connections with professionals who work in government, education, non-profit organizations and private industries such as health care, engineering and information technology. These professionals give their time to mentor young Hispanic/Latino students in the Puente program by providing them with strong role models who support and encourage students to pursue academic excellence.

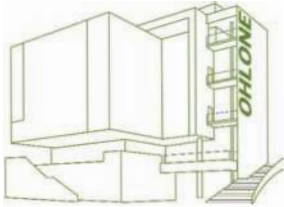
The Puente Project is a transfer program designed to help students continue their education and to pave educational and career pathways for others to follow. Puente has been a vibrant part of Ohlone’s education environment for more than ten years.



Coming Events

**April 13, 2016
2:30 pm
Groundbreaking: Academic Core**

Ohlone President Dr. Gari Browning will be joined by the Ohlone College Board of Trustees to commence construction of the Academic Core Buildings project, which creates three new educational facilities in the center of campus.



**April 18, noon to 1pm
Building 5 on the Fremont campus**

New Veterans Center opens on Ohlone’s Fremont campus. Ohlone student veterans now have a place to gather, provide support, access resources, and share...Share their experiences, what works for them, what challenges they face, and create bonds of friendship and encouragement to help them along their academic pathway.



**April 21 – 23, 8pm
Spring Dance Production
“The Box”**

Journey through a fantasy land filled with amazing characters and surprising discoveries inside the box.

continued from page 2

Dr.Alexander Sah Named to American Academy of Orthopaedic Surgeons’ (AAOS) Leadership Fellows Program

Seminar to Highlight Advancements in Knee Surgery

breakdown of the cartilage that cushions the ends of the bones in the knee joint. Osteoarthritis can produce debilitating pain and limit mobility. Knee pain caused by arthritis often can be relieved by nonsurgical treatments such as medications, physical therapy and knee braces. For more severe pain, patients may get short-term relief from injections of cortisone or hyaluronic acids. When there is dramatic loss of cartilage, however, the patient may be a candidate for either partial or total knee replacement.

To help people in the community learn more about osteoarthritis and the latest advances in knee replacement

surgery, Washington Hospital is sponsoring a free Health & Wellness seminar, “Knee Pain and Arthritis – Update in Treatment Options, Outpatient and Rapid Recovery Joint Replacement.” Featuring Medical Co-Director of the IJRR at Washington Hospital, Dr.Alexander Sah, the seminar is scheduled for Friday, April 15, from 1 to 3 p.m. in the Conrad E. Anderson, MD, Auditorium in the Washington West building at 2500 Mowry Ave. in Fremont.

At the seminar, Dr. Sah will discuss the treatments available for osteoarthritis in the knee, as well as the range of options now available for partial and total knee replacements. He also will explain new surgical techniques that are improving the quality of outcomes in knee replacement surgery.

To register for the seminar on April 15, visit www.whhs.com/events.

Give blood during National Volunteer Month

SUBMITTED BY NATIVIDAD LEWIS

This April during National Volunteer Month, the Red Cross is celebrating the volunteers who help fulfill its lifesaving mission and inviting others to join their ranks as volunteer blood donors. You can be among those making a difference, as volunteer donors are the only source of blood for patients in need of transfusions. Donors of all blood types are needed this spring.

More than three million generous people donated blood through the Red Cross last year. The Red Cross salutes these volunteer blood donors who helped fulfill its lifesaving mission and invites others to roll up a sleeve and join them.

Blood donation opportunities:

Friday, Apr 1
7:30 a.m. - 2:30 p.m.

Saturday, Apr 2
7:30 a.m. - 2:30 p.m.

Friday, Apr 8
7:30 a.m. - 2:30 p.m.

Saturday, Apr 9
7:30 a.m. - 2:30 p.m.

Friday, April 15
7:30 a.m. - 2:30 p.m.

Fremont - Newark Blood Donation Center
39227 Cedar Blvd, Newark
Appointments:
1-(800) 733-2767
Redcross.org

Tri-City Taxi Voucher

SUBMITTED BY CITY OF FREMONT

The City of Fremont operates a number of different programs for seniors and people with disabilities who need transportation for health care services, shopping, and other daily activities.

The Tri-City Taxi Voucher Program provides subsidized taxi rides within the local area. Enrolled participants can purchase taxi vouchers at a cost of \$4 per voucher. Each voucher subsidizes up to \$16 of taxi meter fare. Riders are responsible for paying any taxi meter fare above the \$16 voucher subsidy.

Who is eligible to participate? Fremont, Newark, or Union City residents who are either:

80 years of age or older, or unable to use public transit (AC Transit buses and BART) because of a disability

Eligible individuals must submit an application prior to using the service. New enrollees will receive four free taxi vouchers with their rider packet. Taxis are not wheelchair-accessible; individuals using wheelchairs can be accommodated if they are able to safely transfer from their wheelchair to the taxi.

This program is funded by the Alameda County Transportation Commission through Measure B funds.

For more information on this program or other transportation services, contact the City’s Pamela Gutierrez at: pgutierrez@fremont.gov or by calling (510) 574-2053.

STOP SMOKING IN ONE HOUR!



GUARANTEED!

Hypnosis
Makes It Easy!

One Hour Stop Smoking Center
225 W. Winton Ave., Suite 119, Hayward
510-363-8240

East Bay Hand & Plastic Surgery Center

We customize treatments for your individual needs
Highly skilled and trained in all aspects of Cosmetic Surgery

Complimentary Cosmetic Consultations

Please prepare for an hour of being educated in the procedure that interest you most
All Botox and Filler injectable treatments are done by Dr Kilaru
Due to the recent price increase of botox from the manufacturer we must also raise the price.

- Mommy Makeover Specialist
- Breast Augmentation
- Breast Lift
- Tummy Tuck
- Breast Reduction
- Upper/Lower Eyes
- Liposuction
- Body Contouring
- Corrective Surgery after weight loss

Jump into Spring with a new refreshed you!

Restore facial volume, reduce wrinkles
Botox @ \$13 a Unit (Limited time)
JUVEDERM® Ultra \$500 per syringe and receive 10 FREE units of Botox
juverderm Ultra Plus \$550
JUVEDERM® Voluma XC \$750 per syringe Purchase 2 syringes and receive one FREE syringe JUVEDERM® ULTRA
The first and only FDA-approved filler to correct age-related volume loss in the midface for natural-looking results - Last up to 2 years

Must Mention Ad for Discounts

30% OFF
SkinCeuticals

UNBEATABLE PRICING for Latisse
\$105 - 3ml (While supplies last)

*All injections done by Dr Kilaru
Board Certified Plastic Surgeon
We are part of the

Brilliant Distinctions Program Exp. 3/30/16

Contact our office with any questions. We would love to hear from you

510-791-9700

Contact Delilah for more information
delilah@prasadkilaru.com

Se Habla Español and
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The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published.

Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.



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SUBMITTED BY FREMONT UNIFIED STUDENT STORE

If you would like to know more about Fremont Unified Student Store (FUSS), serve on FUSS's team as "FUSSilitators," and/or be involved with FUSS's activities, please come to our next meeting on Thursday, March 24 at DMCA Bookstore. FUSS provides a platform where awareness of school needs is shared; talents of students and staff are showcased; opportunities for community support are offered; and money is raised through ticket/products sales and sponsorship. FUSS also works with other community organizations and individuals to build a network of parent education, crisis prevention and intervention support for our students and families.

FUSS Meeting
Thursday, Mar 24
6 p.m. – 7:30 p.m.
DMCA Bookstore
46164 Warm Springs Blvd, #258, Fremont
www.fuss4schools.org

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Photography at its best

SUBMITTED BY ARATHI SATISH

Fremont's 22nd annual "Juried Photography Exhibit" displays photographs that have real depth. Communicating across all cultures and languages, they make viewers see the beauty in the everyday life. Sponsored by the Fremont Cultural Arts Council (FCAC) and assisted by the Community Services Department, City of Fremont, and the Alameda County Library, the exhibit can be viewed at the Fremont Main Library until April 2.

This year, 137 photographs were submitted with 111 selected by a panel of judges that included Alison Brooks, John Goyer, and Jane Postiglione. As one of the people instrumental in starting this exhibit 22 years ago and himself an amazing photographer, Alvin Dockter said, "The quality of photographs has improved over years. Photographs selected twenty years ago would not have been selected today. People are more active and have better facilities today. The creativity displayed is amazing."

Photographer Elodia Lazar, who notices unusual details like faces in trees and flowers said, "It is interesting to make people see what you have seen. It is amazing to see what nature can create." Karan Kauchhur, who won first place for his photograph "Cable Car," explained that his fascination with San Francisco and photography led him to take the winning picture.

FCAC President Margaret Thornberry selected the photograph for the President's Choice award – Donald Diaz's "Pride and Joy" – claiming to be "drawn by the subject's eyes and expression." If the photographer permits, this image will be used on note cards sent to major donors to the FCAC during the year.

2016 Juried Photography Exhibit winners are:

Karan Kauchhur, First Place, "Cable Car"
Doug Stinson, Second Place, "Bridge and Tree in Alum Rock Park"
Raul Lopez, Third Place, "Standing Alone"
Eduardo Kneler, Honorable Mention, "Master of Her Domain"
Paul Kessering, Honorable Mention, "Our Lady of Lourdes"
Marina Grabovskaya, Honorable Mention, "Tempest in a Martini Glass"
Ian Bonarth, Honorable Mention, "Dogwood and Sequoia"
Raul Lopez, Honorable Mention, "A Quiet Stream"
Jason Chang, Honorable Mention, "Death Valley"
Jason Chang, Honorable Mention, "Golden Gate Dawn"
Hal Geren, Honorable Mention, "Central Valley Winter"
Donald Dias, President's Choice, "Pride and Joy"
Eduardo Kneler, Alvin Dockter Award, "Like Father, Like Son"
Eduardo Kneler, People's Choice Award, "Master of Her Domain"

Juried Photography Exhibit
Saturday, Mar 5 - Saturday, Apr 2
During library hours
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745 -1400
www.fremontculturalartscouncil.org

Photo below by Eduardo Kneler, Alvin Dockter Award, "Like Father, Like Son" (Original in color)





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Dominican Sisters dedicate
LEED Gold Building

SUBMITTED BY TERESA SCHMIDT

Donors, friends and community members were invited to bless the new Dominican Center and St. Joseph Residence on March 19, celebrating the completion of a major capital project. Guests entered the three-wing structure, visited Center community arts and exercise rooms and interacted with sister residents, who opened the doors to their rooms, chapel and living areas. The event honored and thanked guests who supported the \$22.2 million project.
Construction of the 36-unit residence and center was part of a master plan for the Fremont Motherhouse, which included housing for active retired sisters and new facilities open to non-profit organizations focused on the arts, education, spirituality and wellness. Design and construction decisions supported the congregation's application for LEED (Leadership in Energy and Environmental Design) certification from the US Green Building Council as a Gold building.

The Sisters incorporated local and sustainably sourced materials, LED lighting, high performance glazed windows, reflective and emissive roofing, solar-topped parking – recycling over 95 percent of construction debris. A network of 24 water retention and bio-filtration basins were included to capture storm runoff in a drought tolerant meadow, graded and planted to attract native bees and birds and replenish aquifers.
Congregational Prioress S. Gloria Marie Jones, OP affirmed, “We feel blessed that this project expresses our mission – serving our community, building a home for our Sisters and honoring God’s creation, according to Pope Francis’ call in Laudato Si to care for our Common Home.”
The Sisters also improved Motherhouse safety and access, with upgrades to domestic and fire water lines, exterior lighting and signage and fiber optic IT infrastructure improvements to support secure, stable digital communications and media.
For more information, visit: www.msjdominicans.org

Bark for life

SUBMITTED BY JULIE MOORE

American Cancer Society’s “Bark For Life” on Saturday, April 9 at Birch Grove Park is a fundrais-



ing event honoring the lifelong contributions of our canine caregivers, who with their owners, are joining American Cancer Society in their fight to save lives and move closer to our ultimate goal of a world with less cancer and more birthdays.
Families and their dogs come together and complete a walk to honor canine caregivers: cancer sur-

vivor dogs, canine companions, police dogs, guide dogs, service dogs, rescue dogs, therapy dogs, and diagnostic dogs. After the walk, activities will include agility course; hotdog eating contest; team and community fundraising; music; food; and special guest dog demonstrations from Fremont Police Department K-9 Unit and Canine Companions.
If you register you dog(s) before Thursday, March 31, you will be entered into a special drawing (prize worth: \$250) and guaranteed a goodie bag. Register online at www.relayevents.net. You can also find more information at www.facebook.com/TriCityBarkForLife. This three-city event is an off-shoot of the Fremont, Newark and Union City “Relay for Life” events that support the American Cancer Society.

Bark for Life
Saturday, Apr 9
9:30 a.m.: Check-in/Fundraisers
10 a.m.: Opening Ceremony
10:45 a.m.: Demonstrations
1 p.m.: Raffle Drawings/Closing Ceremony
Birch Grove Park
38080 Birch St, Newark
lyndarae@outlook.com
www.relayevents.net
\$20 for each dog; \$10 for each additional dog

Date change for Hayward
Chamber luncheon

SUBMITTED BY KIM HUGGETT, HAYWARD
CHAMBER OF COMMERCE

The luncheon with Consul General of Mexico, Dr. Andres Roemer has been rescheduled to Tuesday, April 12. The staffs of the Hayward Chamber of Commerce and the Consulate General of Mexico apologize for any inconvenience caused by this postponement.
Every person who had purchased tickets for the luncheon will be contacted and offered the opportunity for a refund. You also are welcome to contact us at the chamber: (510) 537-2424.
Both the Pro Mexico government trade organization and the US Commercial Service will still have their representatives on hand Tuesday, April 12 to discuss how they work with companies who want to participate in the multi-billion dollar California-Mexico trade exchange.

Hayward Chamber Luncheon
Consul General of Mexico
Tuesday, Apr 12

11:30 a.m – 1 p.m.
Golden Peacock Banquet Hall
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Shape Our Fremont

Where Fremont residents can learn about shaping proposed housing developments

The Power of Participation

Wouldn't it be great if every resident of Fremont had the opportunity to comment on what they liked and disliked about a new housing development long before the City made a final decision on approval or disapproval? That way, residents could express their concerns about the size and height of the proposed project; how it fits with the surrounding neighborhood; and how it would impact traffic and schools. And, if enough people expressed similar concerns, the City Planning Department would be able to work with the developer to make changes.

Well, you already have that opportunity - you just have to jump in and participate.

Every Comment Counts

Over the past few years, concerned residents have made comments about various proposed housing projects and gotten results. In some cases, the heights of the proposed buildings have been reduced, or the buildings have been moved back from the property line to make them more compatible with nearby buildings. In other cases, suggestions to rearrange the building layout have resulted in a reduction in massing or the preservation of heritage trees.

And in a few cases, comments from a large number of concerned neighbors about a project being "too big" have persuaded the developer to significantly reduce the number of dwellings on the site. It can be done.

Often, important changes have resulted from the comments of just a single resident. Every person has a different perspective, and every comment counts.

But Don't Wait

The best way to express your concerns about a specific new housing development is to contact the assigned staff planner directly. Don't wait until the developer holds a community meeting, or the project is presented to the Planning Commission or City Council. All new housing developments are open for public comments as soon as the City assigns a planner, and that's when your comments can have the most effect.

Email is the easiest way to contact the planner, but you can also use postal mail. As long as your comments are in writing, they will be kept as part of the public correspondence file for a particular development. You can write as many times and on as many subjects as you like on any project.

After you have written, it is best if you can attend the Planning Commission and City Council meetings when the specific development is heard to express your concerns in person.

Hot Topics

There are several proposed developments and related issues that have raised significant concerns and are especially hot right now.

Walnut Residences: A proposal to build a massive apartment complex at the corner of Walnut Avenue and Guardino Drive resulted in a great deal of public opposition. After the initial round of meetings, in which residents said the proposed urban density of 70 dwelling units per acre was too high, the original proposal for 882 units in five-story buildings was reduced to 670 units in

four-story buildings. Residents said that number is still too high, and they are actively pushing for further reduction. Concerns over traffic, parking, height and community character were also noted. This project is still under review, and comments are encouraged.

Centerville Junction. A proposal to tear down 10 existing old homes and a small commercial center along Peralta Boulevard and replace them with 53 three-story townhouses is nearing the end of its formal review. The primary concern is the units are too close to the sidewalk and give an urban-like feeling that is out of character with the area. Another concern is the loss of the older, more-affordable houses. Review by the Planning Commission is tentatively scheduled for April 28.

Privacy Guidelines. What can you do if someone wants to tear down a single-story house next to yours and build a two-story house with windows that overlook your backyard? That's the issue the City is trying to address with a new set of privacy guidelines that are scheduled to be presented to the Planning Commission on March 24. One of the major concerns is that guidelines are recommendations and are not legally enforceable, so there is no way to ensure privacy. Public comments are welcome at the meeting.

To learn more about all the proposed housing developments in Fremont, and the names and email addresses of the planners assigned to each project, go to www.ShapeOurFremont.com.

Fremont requests feedback on Kimber Study Area

SUBMITTED BY CITY OF FREMONT

The City of Fremont has initiated a General Plan Amendment process to redesignate the property at 10 East Las Palmas Avenue from the "Kimber Study Area" to an appropriate General Plan land use designation.

This designation has yet to be determined but will govern what future development will be permitted on the property. Currently located within an existing low-density residential neighborhood, the property is partially developed with the Mission Hills Swim and Tennis Club, a private swim and tennis facility in a naturalistic setting.

On March 17, the City of Fremont held a community meeting to solicit input from the public on the redesignation. The City continues to solicit input through Fremont Open City Hall, its online civic engagement forum. Members of the public can provide input on which of the possible land use designations they would like the property to be redesignated to during the General Plan Amendment process.

Staff and decision makers will consider feedback from the public meeting and Fremont Open City Hall during the General Plan Amendment process.

To share your input, please visit <http://www.fremont.gov/1623/Fremont-Open-City-Hall>



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BART Track Work This Weekend

Due to vital track safety repairs, there will be no BART service between Bay Fair and San Leandro BART stations this weekend.

Saturday, March 26 – Sunday, March 27

A free bus bridge will be provided. BART service to Oakland Airport will run as scheduled. Get more information at **bart.gov**.





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Students travel to New York STEM competition



Jashene Tongco and Shanel Narayan of Mission Valley ROP/James Logan High School presented solar-powered charging station for electric vehicles at the Samsung Solve for Tomorrow Finalist Pitch Event on Tuesday, March 15, 2016 in New York.

**SUBMITTED BY
KATE JUDGE**

Mission Valley ROP/James Logan High School has been named one of 15 national finalists in the Samsung Solve for Tomorrow Contest, a program that challenges teachers and students to solve real-world issues in their community using classroom skills in science, technology, engineering and math (STEM).

On Tuesday, March 15, 2016, students presented their project to a panel of judges at the brand new Samsung 837 building in New York City in the quest to become a national winner. The students engineered a solar-powered electric vehicle charging station to harvest and store energy. View Mission Valley ROP/James Logan High School's project video at <http://goo.gl/7nF7wL>.

Public social media voting is open until 11:59 p.m. ET on Friday, April 1. To vote for Mission Valley ROP/James Logan High School, voters must post or tweet using the school's dedicated hashtags #SamsungSolveMVROP and #SamsungSolve on Instagram and/or Twitter. Votes are limited to one vote per person, per day. Multiple votes a day or re-tweeting and sharing social posts will not count as votes.

Hayward Arts Council Winter Show



**SUBMITTED BY
BRUCE ROBERTS**

The painting "Rebirth" by Karla Lopez frames an exquisitely detailed tree stump, with leafless branches emerging from its core, awaiting spring against a wintry sky. High-quality art such as this is being showcased in the "Winter Members' Show" at the Hayward Arts Council's Foothill Gallery through April 22.

The gallery walls abound with a diversity of mediums and styles: colorful quilts by Joanne Kersten and Patricia Bailey, vivid poetry from Bruce Roberts, oil and acrylic paintings from several artists, including silk painting—a vibrant abstraction—by Loretta Siegel.

Photography continues this variety, with engaging nature photos by Rosa Bazzani, and excellent bromoil and silver gelatin prints by Nick Calarco. Texture is the theme of digital prints of exotic sand and water patterns by Michael Wallace.

Rounding out the show are ceramics by Laura Comstock, as well as a pen and ink drawing by Al Murdach, with the quintessential title for all artists and art fans—"Act Silly!"

So anyone wishing to act silly, while enjoying quality art from March to April, should visit the Hayward Arts Council Foothill Gallery and support our local talent.

**Winter Members' Show
Through Friday, Apr 22
Thursday – Saturday:
10 a.m. - 4 p.m.
Foothill Gallery
22394 Foothill Blvd, Hayward
(510) 538-2787
www.haywardarts.org**

Phase II of VTA's BART

**SUBMITTED BY VTA BART
SILICON VALLEY**

The Federal Transit Administration (FTA) has given VTA the green light to enter the six-mile BART Silicon Valley Phase II Extension into the Project Development phase of the Federal New Starts funding program. This milestone signifies that VTA (Valley Transportation Authority) has "pre-award authority" to incur costs to advance engineering and design activities to support the environmental review process.

Phase II of VTA's BART Silicon Valley Project consists of four stations and a 5-mile tunnel through downtown San Jose, completing the 16-mile extension and vital transit solution to highly congested and constrained I-880 and I-680 corridors.

April 2016 marks four years of progress on VTA's BART Silicon Valley Berryessa Extension (Phase I). Just over eighty percent of the construction contract to build the line, track, stations and systems is complete. By spring next year, BART (operator) is expected to begin to test trains on the newly built 10-mile segment. The two station campuses at Milpitas and Berryessa have been visibly taking shape over the past year. A long list of completed milestones related to the eleven grade crossings in the corridor, part of the fully-grade separated \$2.3 billion transportation investment, are also keeping the project months ahead of schedule and trending under budget. BART Phase I is expected to be carrying passengers by fall 2017.





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Small Moments of Mindfulness

BY JULIE GESIN
PHOTOS COURTESY OF
NEENA BARRETO

Thirty boisterous fourth-graders enter a classroom, settle on the



are grateful for, from having Barreto as a teacher, families, and food, to video games, trees, and having teeth. Students imagine being surrounded by gratefulness, and when Barreto asks if they felt good – almost all hands go

sion, anxiety, and pain. Since 2007, Oakland-based Mindful Schools, an organization helping students and teachers cope with stress, has been offering mindfulness training to educators who are now reaching 300,000 children and adolescents worldwide.

Barreto's discovery of mindfulness began as an effort to help her three-year-old son with behavior issues. The practice brought balance to her life, and that change reflected in her son's behavior as well. Two years ago, she approached Pioneer Elementary Principal Cheri Benafield with a proposal to teach mindfulness to students. After her idea was accepted and even embraced, Barreto began her training with Mindful Schools.

A study of mindful classrooms conducted in 2011-2012 by Mindful Schools and University of California, Davis showed impressive results: Educators reported a decrease in stress, an increase in job satisfaction, and dramatic improvements in their students' focus, emotional regulation, grades, and display of compassion.

"Children are intuitively in the present moment, and latch on to this life skill much quicker than adults," says Barreto. As of this year, she is teaching or has taught mindfulness in thirty classrooms at Pioneer. She is also

training a fifth-grade group of mindful mentors, who share the practice with K-3 students.

Barreto works with faculty and staff as well. New Haven Unified School District teachers and administrators visit Pioneer to witness mindfulness in action. At least one teacher at most district elementary schools has attended Barreto's classes, or taken an online course with Mindful Schools. "It is my dream to be able to help more elementary schools in the district to create a mindful and compassionate school community like the one we are starting at Pioneer," Barreto explains.

Principal Benafield continues to support Barreto's endeavor. "In this fast-paced, 21st century, I have found that children are less patient. The intent of mindfulness is to create a culture of presence, patience, and focus, which is essential to increased student achievement."

"Mindfulness is not a way to control a classroom," Barreto points out. "It's hard to get a kid to just breathe when angry. It's better to practice it when it's easy, so they can call on it when it's hard." She recalls an incident during which a "difficult" student made a surprising decision not to fight when provoked by a couple of peers. "It affects your whole way of being. When there's a

stimulus, there's just a natural pause there." Mindfulness does seem to influence the body on a deeper level. A study published in the journal Frontiers in Human Neuroscience reveals that mindfulness can change the amygdala brain region's response to emotional stimuli, resulting in more positive responses.

With time, Barreto noticed an even more profound change in herself. Since teachers often experience the effects of challenges endured by some students in their home and academic lives, she was no stranger to "compassion fatigue," or lessening of compassion over time. Some children frustrated her. "You know their stories, you know about their home life, but you don't really feel it in the moment, even though you know you should." It all changed with mindfulness. "I began to see my students for who they are, as children with a need to move, to talk, and then my need to always correct them was just taken off." When Barreto didn't resist them anymore, they stopped resisting her.

She hopes that that as her students leave Pioneer, they will continue to practice mindfulness. "If they can learn this, they will be a much better generation than we are right now, capable of being innovative thinkers and changing the world."

floor and close their eyes to a chime of a Tibetan bell. Neena Barreto, their teacher and a certified mindfulness instructor at Pioneer Elementary School in Union City, guides her students to focus on the sound, as calmness permeates the room. Barreto's classroom practices two minutes of mindfulness, twice daily. During a longer weekly lesson, students explore their feelings and develop strategies to manage stress, regulate emotions, hone interpersonal skills, and even increase compassion.

Today's lesson is gratefulness, and there are many things they

up. "Noticing these things can change your day from bad to good," she reminds her students. Tranquility and trust remain, as the lesson concludes with breathing exercises.

Mindfulness is a state of being aware of everything within us and around us. First developed in 1979, by Dr. Jon Kabat-Zinn, Mindfulness Based Stress Reduction has been embraced by medical professionals. According to a 2014 study published in the Journal of Internal Medicine, the efficacy of mindfulness may rival medication for managing depres-

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MUSIC TO YOUR EYES

BY ANNA JACOBY

Undoubtedly you have heard of rhythm as it relates to music. But did you know that rhythm is also an important concept in interior design?



Another example of radiation, as well as gradation and repetition

Rhythm in interior design refers to the illusion of movement through a space. Rhythm keeps the eyes traveling around the room and makes a room look lively and interesting. Rhythm in a room can be created in a number of ways:

Repetition of a design element such as shape, color, texture, line or pattern. For example, think of a striped fabric pattern in which the colors yellow, red and brown



Living room shows examples of repetition (accent color, as well as in the fabric pattern), transition, and gradation.



Dining table shows radiation with the dining chairs around the table and the chandelier.

repeat. The repetition of colors and lines implies a sense of movement and rhythm. As another example, a trio of woven

baskets on a shelf shows repetition of texture. As I look in my own living and dining rooms, I see my accent color, blue, repeated around the room: a cobalt blue glass floor vase, navy and cream pillows on the sofa, a blue platter on the coffee table, and navy fabric on the dining chair seats. This repetition of color leads the eye to all of the different elements in the room, tying them all together.

Gradation refers to the gradual movement from a low point to a high point or from high to low. In interior redesign we often refer to the concept of “peaks and valleys,” which means that the furniture and accessories are arranged to create highs and lows. Think of three candles on the dining table ranging in size from short to tall. Or think of a tabletop arrangement in which the eye travels from the top of a tall lampshade down to a shorter framed photo, down to a velvet-covered box.

Transition: Curved lines are a good example of this type of rhythm. With a

curved line, your eye gently transitions or travels from one object to another. Think of a camelback sofa, for example, a curved headboard, or an archway.

Opposition: Using opposites can create an interesting and pleasing effect in your decor. Using colors opposite each other on the color wheel is one example of oppositional rhythm. Complementary colors such as purple and yellow can create a jarring yet desirable effect. Pairing black and white, always a classic combination in home decor, is another great look in a room. Mixing textures, such as pairing a smooth leather sofa with a rough slate-topped coffee table, is another example of oppositional rhythm.

Radiation: This type of rhythm refers to several objects repeated around a center object, creating a circular pattern. For example, think of a chandelier in which crystals surround the centerpiece of the light fixture. Dining chairs around a dining table is another simple example.

Take a look around your home for evidence of rhythm. Could you rearrange a few pieces to create highs and lows? Could you find ways to repeat your accent color in different areas in the room? With a few changes, your room could be a symphony of beautiful music.



The fireplace shows curved lines to illustrate the concept of transition, as well as the concept of opposition with the high contrast of black and white.



Anna Jacoby is a local
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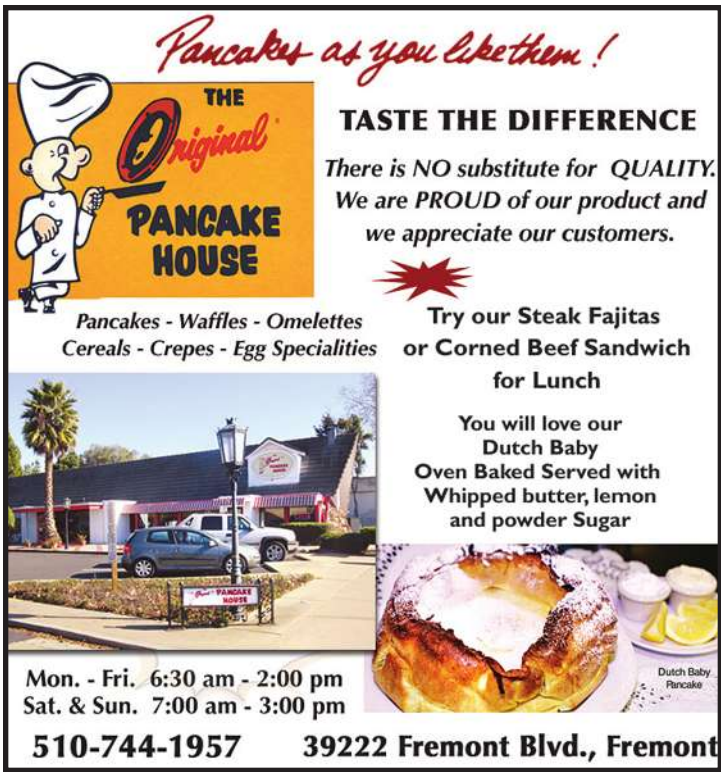
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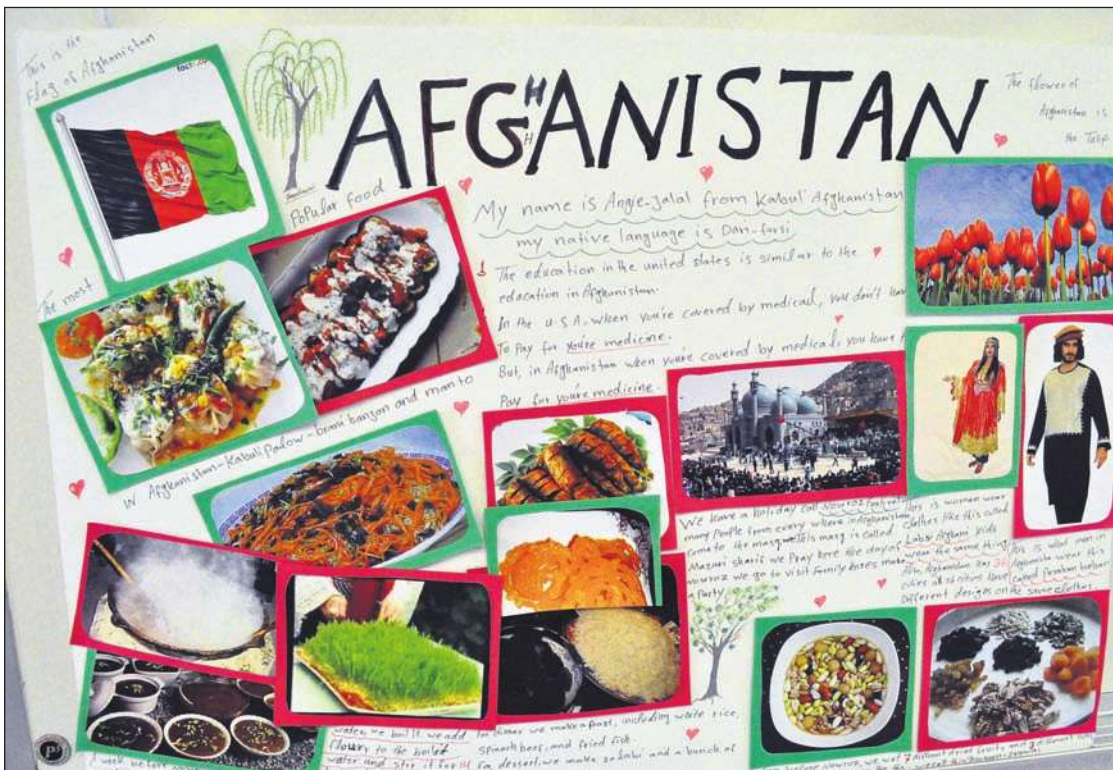
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A new day for students



Led by teacher Ellen Grossman, students of ESL (English as a Second Language) class at Fremont Adult School celebrated Nowruz on Wednesday, March 16. Students brought food from different parts of the world, including Chinese and Mexican dishes and desserts. The Afghan national dish, Qabuli Pulao, was also served.

Nowruz ("new day" in Farsi) is a traditional Iranian festival, which marks the beginning of a New Year. Celebrated on March 20, Nowruz is widely observed in Iran, Afghanistan, Tajikistan, Uzbekistan, Azerbaijan, Kazakhstan, Kyrgyzstan, and by people of different ethnic and religious backgrounds.

For more information about Fremont Adult School, visit www.fremont.k12.ca.us/Page/643.



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CASTRO VALLEY TOTAL SALES: 3					
Highest \$: 799,000		Median \$: 752,000			
Lowest \$: 645,000		Average \$: 732,000			
4592 Edwards Lane	94546	799,000	4	2645	197202-25-16
18449 Ogilvie Drive	94546	752,000	3	1516	195602-24-16
17243 Rolando Avenue	94546	645,000	3	1114	195002-25-16

FREMONT TOTAL SALES: 18					
Highest \$: 7,550,500		Median \$: 860,000			
Lowest \$: 422,500		Average \$: 1,288,361			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
38845 Adcock Drive	94536	972,000	-	1889	1978 02-24-16
38503 Gary Lee King Terrace	94536	890,000	3	1658	2012 02-22-16
37151 Illa Court	94536	985,000	5	2246	1955 02-23-16
37679 Los Arboles Drive	94536	709,000	2	123-	1971 02-24-16
5336 Manor Court	94536	860,000	3	1466	1959 02-25-16
37050 Meadowbrook Common #301	94536	422,500	1	917	1984 02-25-16
37215 Mission Boulevard	94536	555,000	4	Jan-58	1905 02-25-16
327 Riverside Avenue	94536	485,000	2	874	1935 02-23-16
42 Silk Oak Terrace	94536	604,000	2	123-	2006 02-24-16
5278 Troy Avenue	94536	1,170,000	5	2137	1961 02-25-16
46702 Bayside Parkway	94538	7,550,500	-	-	- 02-25-16
40162 Besco Drive	94538	630,000	3	1151	1959 02-23-16
40399 Paseo Padre Parkway	94538	835,000	-	-	- 02-24-16
41567 Apricot Lane	94539	1,345,000	4	1644	1960 02-24-16
40926 Canyon Heights Drive	94539	2,070,000	5	3199	1998 02-24-16
434 De Leon Avenue	94539	1,200,000	4	1215	1953 02-22-16
3771 Goldfinch Terrace	94555	782,500	3	16-7	1989 02-25-16
33264 Jamie Circle	94555	1,125,000	4	2356	1993 02-23-16
34535 Tar River Court	94555	892,500	4	1467	1976 02-11-16

HAYWARD TOTAL SALES: 14					
Highest \$: 1,600,000		Median \$: 518,000			
Lowest \$: 320,000		Average \$: 627,000			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
961 Chenault Way	94541	515,000	3	1424	1951 02-22-16
22953 Kingsford Way	94541	515,000	2	1179	2004 02-24-16
959 Phillips Way	94541	545,000	5	141-	1951 02-22-16
3261 Shannon Court	94541	545,000	3	1325	1986 02-24-16
569 Smalley Avenue	94541	520,000	7	3412	1950 02-25-16
945 Fletcher Lane #A223	94544	320,000	2	946	1986 02-22-16
26285 Jane Avenue	94544	505,000	3	Jan-86	1952 02-25-16
25697 Mission Boulevard	94544	1,600,000	-	864	1946 02-23-16
26313 Regal Avenue	94544	518,000	3	Jan-41	1952 02-22-16
29931 Vanderbilt Street	94544	1,000,000	8	4---	1964 02-24-16
2519 Coldstream Way	94545	722,000	4	2134	2008 02-23-16
2754 Hawthorne Court	94545	483,000	3	1188	1958 02-24-16
27645 Loyola Avenue	94545	440,000	3	1128	1957 02-25-16

MILPITAS TOTAL SALES: 6					
Highest \$: 985,000		Median \$: 822,000			
Lowest \$: 304,500		Average \$: 763,167			

ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
190 Cobblestone Loop	95035	985,000	3	1672	2015 02-29-16
544 Glenmoor Circle	95035	822,000	3	1259	1986 02-29-16
48 Hedgestone Court	95035	304,500	3	1427	1994 03-01-16
1667 Kennedy Drive	95035	960,000	4	1463	1978 03-01-16
1137 North Abbott Avenue	95035	627,500	3	1345	1979 03-01-16
309 Norwich Avenue	95035	880,000	3	1431	1956 03-01-16
1134 Traugher Street	95035	880000	4	1754	1971 02-12-16

NEWARK TOTAL SALES: 4					
Highest \$: 1,175,000		Median \$: 780,000			
Lowest \$: 711,000		Average \$: 869,000			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
37249 Aleppo Drive	94560	1,175,000	4	3539	2002 02-25-16
6589 Fountaine Avenue	94560	810,000	5	2-7-	1960 02-25-16
39604 Potrero Drive	94560	711,000	2	1388	1992 02-23-16
36435 Reina Place	94560	780,000	4	16-2	1961 02-23-16

SAN LEANDRO TOTAL SALES: 9					
Highest \$: 760,000		Median \$: 425,000			
Lowest \$: 230,000		Average \$: 480,000			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
1132 Carpentier Street #206	94577	380,000	2	1182	1983 02-25-16
433 Harlan Street #305	94577	230,000	1	68-	1964 02-24-16
2434 Marineview Drive	94577	760,000	4	2191	1962 02-25-16
14014 Outrigger Drive #10	94577	565,000	3	1699	1983 02-24-16
352 Caliente Drive #29	94578	375,000	2	1-6-	1980 02-23-16
853 Moraga Drive	94578	400,000	3	11/8/2-16	1954 02-24-16
1161 Kramer Street	94579	700,000	-	3-6-	1980 02-22-16
14708 Pepperdine Street	94579	485,000	3	Jan-81	1951 02-22-16
772 Woodgate Drive	94579	425,000	2	1169	1973 02-24-16

SAN LORENZO TOTAL SALES: 2					
Highest \$: 550,000		Median \$: 335,000			
Lowest \$: 335,000		Average \$: 442,500			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
924 Elgin Street #R	94580	335,000	2	894	1990 02-24-16
17351 Via Flores	94580	550,000	3	Jan-51	1947 02-24-16

UNION CITY TOTAL SALES: 9					
Highest \$: 1,248,000		Median \$: 663,500			
Lowest \$: 541,000		Average \$: 747,722			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
35105 11th Street	94587	541,000	3	1431	2007 02-23-16
33312 Arizona Street	94587	750,000	3	Feb-67	1974 02-23-16
35987 Bronze Street	94587	950,000	4	2323	2005 02-23-16
30616 Engine House Drive	94587	695,000	4	1412	1985 02-25-16
32211 Gacoscos Street	94587	1,248,000	-	-	- 02-23-16
1066 La Sierra Terrace #117	94587	660,000	4	1612	1997 02-23-16
2465 Medallion Drive	94587	663,500	4	1463	1970 02-23-16
33947 Railroad Avenue	94587	576,000	3	1379	1929 02-25-16
3080 San Andreas Drive	94587	646,000	3	1449	1970 02-22-16

Home Sales Report

THEATRE

Simon comedy a pleasing night of laughs

By JULIE GRABOWSKI
PHOTOS BY CHRISTIAN PIZZIRANI

A five story walkup on New York’s East 48th Street (six if you count the stoop). Neighbors heralded as the “greatest weirdos in the country.” Sharing an oversized single bed in a tiny dressing room. Plumbing that works backwards, and a new paint job in need of a new paint job.

Perhaps a barefoot stroll in Washington Square Park (P.S. it’s 17 degrees out). If these strike you as elements of an exciting adventure, you’re a Corie. If an unbelievably frustrating state of affairs, you’re a Paul.

Fresh off a six-day honeymoon at the Plaza Hotel, newlyweds Paul and Corie Bratter are moving into their first apartment. High on love and the thrill of a new life, the adventurous, free-spirited Corie is optimistic and excited about everything. Her “proper and dignified” husband Paul, a lawyer with his first case, sees only through the lens of the practical and does not share her enthusiasm.

When Corie decides to play match-maker with her staid mother Mrs. Banks and their wacky attic neighbor Victor Velasco, a simple evening turns into an unexpected adventure of popping knichi and out-of-borough dining at an Albanian restaurant on Staten Island. In the early morning wake of the disastrous (if you’re Paul) or thrilling (if you’re Corie) evening, the couple’s different views of life and divergent personalities come into sharp focus, exploding into a fight that brings the honeymoon to a screeching halt. And when Mrs. Banks, in the care of Mr. Velasco, doesn’t arrive home after the outing, everything comes into question.

Neil Simon’s “Barefoot in the Park” is a comedic gem of great language, fun characters, and

clashing differences, and Broadway West Theatre Company treats its audience to a bright and buoyant production. Director Rachael Campbell helms a highly entertaining show that is well-cast and lively at every turn, leaving you with a smile on your face.



Gretta Stimson fills Corie to the brim with the requisite spirit, keeping the exuberance and energy high. Jason Salazar is excellent and owns the sensible Paul from tip to toe. He has the lion’s share of fantastic lines and delivers them with the perfect dry wit that hits the mark every time.

Pat Cross is an absolute charmer as Corie’s proper, practical mother Mrs. Banks; watching her try to be “one of the fellows” and go with the flow is hilariously captivating. She also has some of the best lines and is a delightful kick throughout. There is a great partnership between Cross and Salazar, as their characters are kindred spirits in their look-before-you-leap reserve. Paul emerging from five flights of stairs at 2 a.m., handbag dangling from his mouth and piggybacking a spent Mrs. Banks is the image of the evening, which leads into a fantastic commiseration between the two about their night at the hands of Mr. Velasco.

The flamboyant Velasco is played to perfect colorful pitch by Louis Schilling; he is a magnet of zany, vibrant fun that makes you want to turn up your living a notch. Making brief appearances as telephone repair man Harry Pepper, Greg Small gets his own share of the laughs and is a pleasing member of the group.

Campbell’s set design, featuring a wonderful large window, creates a unique sense

of place that suits the action and serves as a character itself. You might find yourself wondering if you could manage to live there...

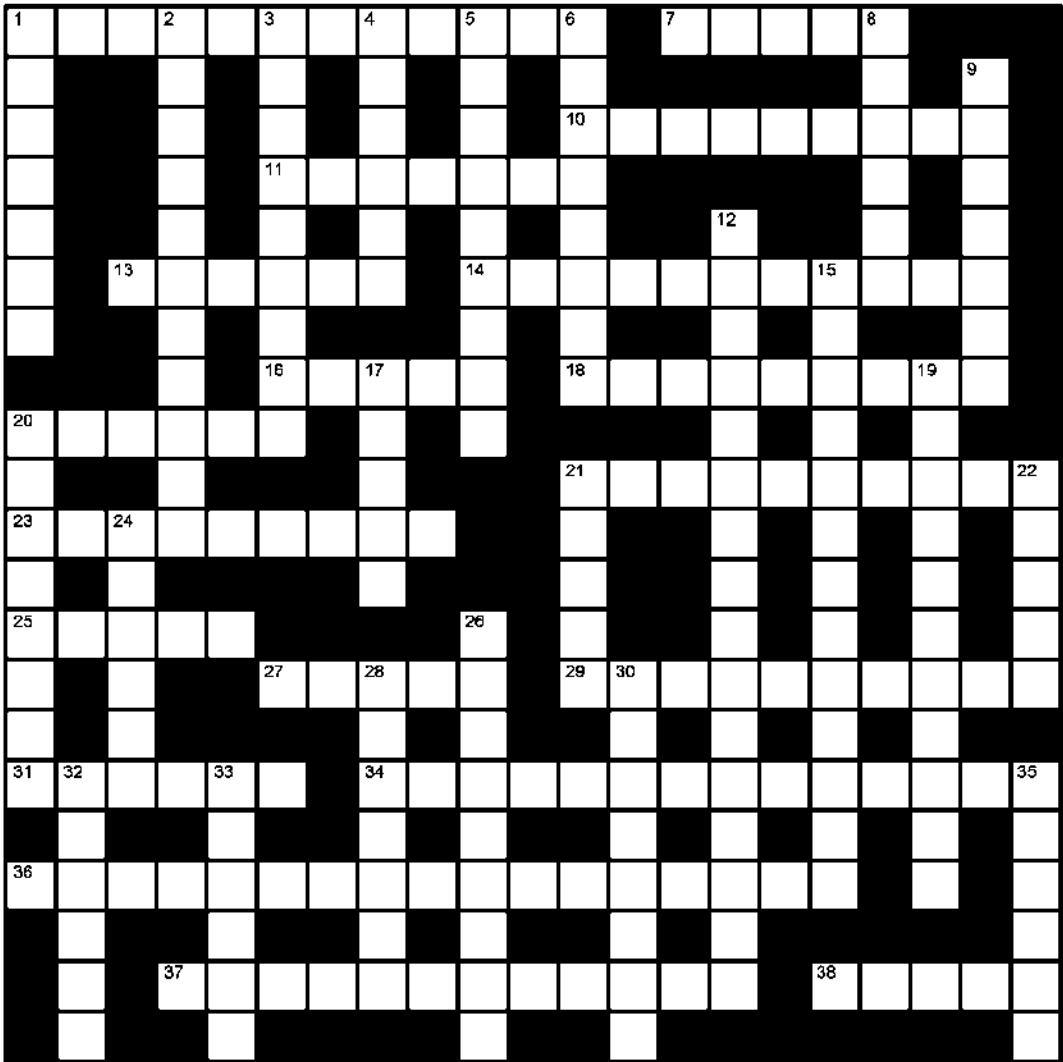
“Barefoot in the Park” is a thoroughly appealing and enjoyable production, guaranteed to raise your spirits and bring out the laughs.

Barefoot in the Park
Friday, Mar 18 - Saturday, Apr 16
8 p.m.; matinees 1 p.m. (3 p.m. on Apr 3 & 10)
Broadway West Theatre
4000-B Bay St, Fremont
(510) 683-9218
www.broadwaywest.org
Tickets: \$15 - \$27



Mind Twisters

Crossword Puzzle B 360



- Across
- 1 food storage (12)

7 clutch (5)

10 _____ division (9)

11 have coming (7)

13 yellow fruit (6)

14 moreover (11)

16 baggy (5)

18 occurring (9)

20 rule (6)

21 increasing in size (10)

23 a type of friend (9)25 "Yum!" (5)

27 4:1, e.g. (5)

29 silly (10)

31 Beethoven, Immanuel Kant (6)

34 obligation (14)

36 holiday item (9,8)
- 37 betterment (12)

38 ruckus (5)
- Down
- 1 refuses (7)

2 restrictive (11)

3 in small doses (9)

4 post-Soviet state (6)

5 scared (9)

6 systematic inquiry (8)

8 staple food (6)

9 Shipping hazard (7)

12 accountabilities (16)

15 producing (13)

17 "La Bohème," e.g. (5)

19 nearby (11)

20 making copies (8)

21 (Tony) Blair's predecessor (5)
- 22 "You'll never ____!" (5)

24 needed in a quiz (6)

26 comprised (of) (9)

28 Transport to Oz (7)

30 pure (8)

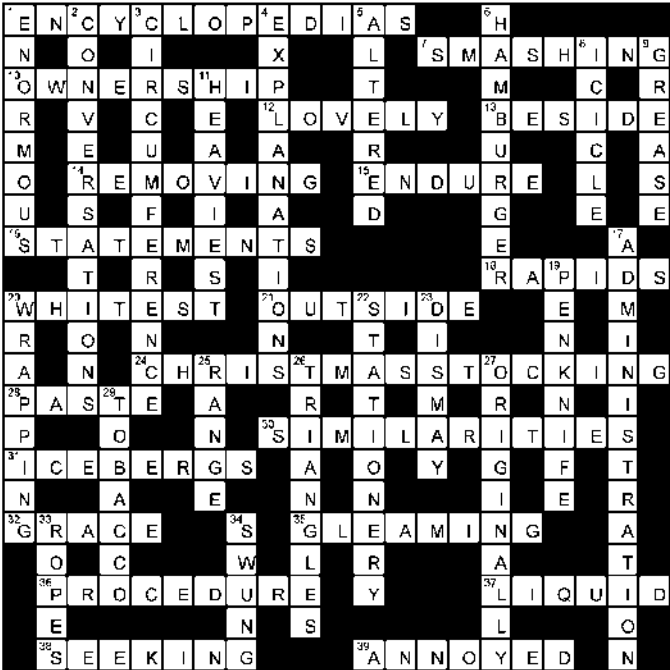
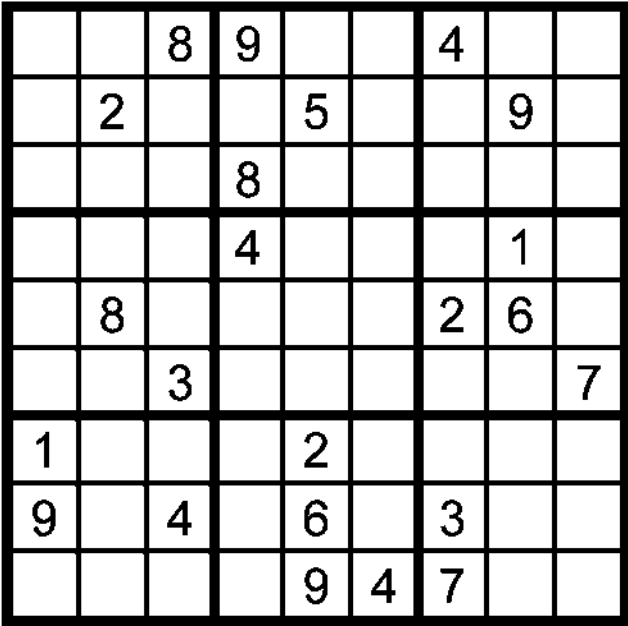
32 repetition of sound (6)

33 speculate (6)

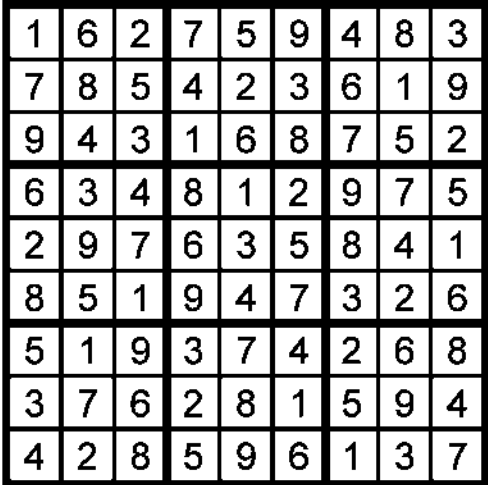
35 vessel for cruising (6)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 361



Tri-City Stargazer MARCH 23 - MARCH 29, 2016

For All Signs: The new Moon on March 7 and the full moon of the 23rd are both eclipsed with special focus on the signs of Aries and Libra. Eclipses always come in pairs, one at the new moon and an answering eclipse at the full moon. The full moon eclipse brings anything brewing to boil. That means issues that have been developing for a long time are brought into the light. This could bring a literal crisis in an ongoing situation. Or it could be a culminating point of that which has been in the works. It can be judgment time for good or ill. Keep in mind that eclipse periods are seasons and not to be read strictly for the date given. The Aries/Libra eclipses are 18 months in length.

Aries the Ram (March 21-April 20): The eclipses of this series will draw your attention to partnerships. Patterns from your childhood history need to be excavated, repaired or removed in order to allow your growth into a more mature relationship. Psychotherapy may be truly helpful.

Taurus the Bull (April 21-May 20): This eclipse pressures you to concentrate on improvement of work-related relationships and health maintenance. Diet, exercise and improvement of physical regimen will become imperative. Honing your management systems in personal and work arenas is necessary to create order in your daily work routine.

Gemini the Twins (May 21-June 20): This eclipse pattern emphasizes your progeny or other personally creative births. Romantic ventures will be intensely emotional and self-revealing. You will be learning a few lessons in discernment concerning friendships and associations that no longer serve you well

Cancer the Crab (June 21-July 21): Matters concerning your family and property will be accented. Old problems in relationships, even with the deceased, will surface for cleansing and healing. A new family member may enter the scene, or you may begin to spend more time with family in general.

Leo the Lion (July 22-August 22): The accent of this eclipse cycle will be on travel, education, care of vehicles and relationships to siblings, roommates, neighbors, or others who daily traverse your life. Habit patterns of thought will be brought to consciousness so negative thinking can be corrected. You will be introduced to new practical life skills.

Virgo the Virgin (August 23-September 22): During these eclipses you will be learning to value yourself in new ways. Alongside of that comes education in the management of money and other resources, such as time and energy. There will be less assistance from others in these arenas, but you are creating these resources for yourself.

Libra the Scales (September 23-October 22): Your sense of personal identity will be the subject under consideration. Who are you becoming and who do you need to be? How do you wish to define yourself before the world? You will be learning what is required for you to hold onto your identity while simultaneously maintaining a personally rewarding relationship.

Scorpio the Scorpion (October 23-November 21): The March eclipses emphasize your need to create order, both internally and externally. The development of your projects will call upon you to develop faith in your deepest self. Bringing order out of chaos is done on both the inner and outer levels simultaneously, so while you organized files you will be also organizing your mind.

Sagittarius the Archer (November 22-December 21): The new eclipse season will be opening your mind and heart to include a larger circle of friends. You may become a leader or a strong supporter of a community network which has shared

ideals. Certainly you will continue to have the friendships you have built in the past. Your attention may be focused on goals greater than your own.

Capricorn the Goat (December 22-January 19): This series of eclipses will bring a certain amount of intensity in the arenas of career, home, hearth and family. You will be stretching your worldly boundaries to serve a new group of people. Family relationships will include one loss and one gain.

Aquarius the Water Bearer (January 20-February 18): Legal, ethical or educational issues will be emphasized by this series of eclipses. Travel will be punctuated, whether that is of

body, mind, or spirit. Exposure to those of different backgrounds or cultures opens your heart and expands your philosophy. A challenge concerning siblings, roommates, or neighbors may press you to seek a higher road.

Pisces the Fish (February 19-March 20): This eclipse pattern will emphasize issues of sexuality, intimacy, and material accumulation. Reorganization of debt, investments and your estate may be in progress. You may become more conscious than usual about existential matters related to life, death, and what is on the other side of normal, waking consciousness.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777
for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

City of Fremont News Briefs

SUBMITTED BY CHERYL GOLDEN

Volunteer Income Tax Assistance Program Ending Soon

The Fremont Family Resource Center's (FRC) free tax preparation service began on January 27 and will be ending on April 16. Since 2002, the FRC has helped more than 19,000 families receive over \$29 million in refunds.

Our VITA (Volunteer Income Tax Assistance) program provides free quality tax preparation and e-filing services for qualified individuals and families with an annual household income of \$54,000 or less. You may qualify for up to \$6,242 of additional refund through the Earned Income Tax Credit. The Volunteer Income Tax Assistance program is sponsored by the Internal Revenue Service and the United Way of the Bay Area Earn It! Keep It! Save It! Coalition.

Paid tax preparers charge anywhere from \$35 to \$500 for tax preparation services. If we can help your clients, family, and/or friends save money, please tell them about our free tax services. All tax returns are prepared by trained IRS-certified tax preparers. With electronic filing and direct deposit, customers receive refunds within 7 to 10 business days.

This year, we have four locations to serve customers:

Fremont Family Resource Center (walk-in only)
39155 Liberty St, Suite A110, Fremont
through April 15
Wednesdays: 4 p.m. - 8 p.m.
Thursdays: 4 p.m. - 8 p.m.
Fridays: 10 a.m. - 1 p.m.

New Haven Adult School (walk-in and self-prep)
600 G St, Union City
through April 16
Saturdays, 10 a.m. - 2 p.m.

Tri-City Volunteers (appointment only)
37350 Joseph St, Fremont
through April 11
Mondays, 10 a.m. - 2 p.m.

Tri-Cities One-Stop Career Center (appointment only)

39399 Cherry St., Rm. 1211,
Ohlone Campus, Newark
through April 12
Tuesdays, 10 a.m. - 4 p.m.

For the first time this year, we are also offering Facilitated Self Assistance (FSA or Self-Help) services at the New Haven Adult School. This service is available for those taxpayers with incomes of less than \$62,000 who feel comfortable preparing their own taxes. Computers will be provided, and trained IRS-certified tax coaches will be available to answer questions.

For more information about VITA, please contact SparkPoint Fremont at (510) 574-2020, or visit www.Fremont.gov/SparkPointFRC.

Habitat Restoration Days for Sabercat Creek

Love nature and serving the community? Join the City of Fremont's Environmental Services for a day of habitat restoration work on Sabercat Creek the first Saturday of every month from 9 a.m. to 12 p.m. Heavy rain cancels the event.

Volunteers will assist with removing invasive plants, planting new native trees and shrubs, and caring for previously-planted ones by refreshing plant basins and installing browse protection cages. This work will help stabilize soils and creek banks, filter pollutants, increase native plant diversity, and improve food and shelter for wildlife.

No experience is necessary. Volunteers of all ages are welcome, and a signed waiver form is required for each participant. Children under 12 years old must be accompanied by an adult. Habitat stewards will guide you through the projects.

Come dressed for the weather and prepared to get dirty (sturdy, closed-toe shoes/boots, long pants, hat, sunscreen, and long-sleeved shirt are recommended). Bring a signed waiver form, a reusable water bottle, and community service hour forms, if applicable. We'll provide tools, some gloves, and water to refill bottles. If you wish to bring your own gloves or tools, please label them.

For complete details and to register visit www.Fremont.gov/SabercatRestoration. Be sure to check the location on the map, and print the map and waiver form.

For more information, or to arrange a large group work day, contact Sabrina at ssiebert@fremont.gov or Barbara at bsilva@fremont.gov, or call the Environmental Services Division at (510) 494-4570.

Lunch & Learn Seminar

SUBMITTED BY
LT. JOHN KELLEY, SALVATION ARMY

Enjoy lunch and learn more about estate planning and charitable giving from presenters Kimberly Moore, Attorney-at-Law, Plageman, Lund & Cannon LLP and Art Stine, Planned Giving Director, The Salvation Army, on Tuesday, March 29 in Hayward.

The free seminar covers topics such as the benefits of a Living Trust; how to avoid accidentally disinherit your heirs; probate; how incapacity might affect you and your family; pitfalls to IRAs and 401Ks; turning under-productive real estate into an income stream; using tax laws to your advantage; and, what to do for a child that cannot manage money.

All are welcome. The event is hosted by Lieutenants John & Kyna Kelley at The Salvation Army

Hayward Community Center, 430 A St., Hayward.
Seating is limited. Reservations are required.
Lunch will be served. No solicitations will be made.
For more information or to reserve your seat, call 1-(888) 214-8229 or email Plan2Give@usw.salvationarmy.org

Lunch & Learn Seminar:
Estate Planning/Charitable Giving
Tuesday, Mar 29
11 a.m. - 1 p.m.
The Salvation Army Hayward Community Center
430 A St, Hayward
RSVP: 1-(888) 214-8229
Plan2Give@usw.salvationarmy.org
Free

Local painters selected as Artists of the Month



SUBMITTED BY HARRIETT MCGUIRE
PHOTO BY PEGGY HORYZA

Golden Hills Art Association of Milpitas selected their Artists of the Month at the March 3, 2016 general meeting. The first place winner was new member and Fremont resident Gail Noeth for her charming little watercolor titled "Uncle Chris," featuring her son and granddaughter at Payucos Beach. Second place was awarded to Emily Davis for her colorful oil titled "New England in the Fall."

Each month members bring in a new painting to the association meeting to be judged by members and guests present. The next meeting will be Thursday, April 7 with Donald Neff presenting an oil demonstration. The public is invited to attend.

For more information on the Golden Hills Art Association, call (408) 263-8779

Sousa's Discount FOOD & LIQUOR

9AM to 9PM daily

Largest selection of Portuguese and Brazilian Foods in the area

Linguica - Guarana - Bacalhau - Azeite - Cod Fish - Olive Oil
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Ohlone Village Shopping Center
(near the Washington Blvd. exit on the 680 freeway)



At the  **NEWARK**
CHAMBER OF COMMERCE

Find all the details for these and more Chamber Member events at www.newark-chamber.com.
Prospective Members: Come see the benefits of becoming a Newark Chamber Member!

Tue, March 29, 5pm-7pm, a Tri-City Chamber Mixer, hosted by the Fremont Elks at the Elks Lodge & Banquet Hall, 38991 Farwell Dr, Fremont. Come enjoy the party! You'll hear what the Elks do in our own communities!

Tue, April 12, 5pm-7pm, Celebrate Spring! at this month's Chamber Mixer hosted by the DoubleTree by Hilton-Newark|Fremont, at 39900 Balentine Dr, Newark. You'll love mixing it up!

Thur, April 21, 11:15am-1:30pm, Newark 's Annual "State of the City" Luncheon. This popular event fills up fast. Hear exciting updates about our City, **from Mayor Alan L. Nagy.** At the DoubleTree Hilton—Newark-Fremont, 39900 Balentine Dr. Get the reservation form on www.newark-chamber.com

REMINDER: THE CHAMBER HAS RELOCATED
Find us in the Community Center Building at **35501 Cedar Blvd.** Call to schedule appointments at **510-578-4500** or to get more information. Our email address is: info@newark-chamber.com



50%off

Buy one Entree at the regular price
Get the second entree of equal or less value for 50% off
Seafood Excluded
Holidays Excluded
Must present coupon with order
Exp. 3/30/16

Menudo every Sunday

Mariachi- 8pm Friday Night

Mon-Thurs 11am-9pm
Fri-Sat 11am - 12noon
Sun 10am-9pm



Catering and Party Trays
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510-770-9572
3839 Washington Blvd.
Fremont (Irvington District)



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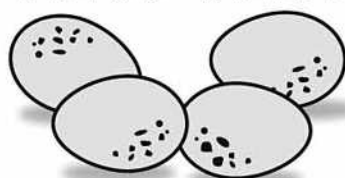
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Kid Scoop Together: Bird Egg Facts

Use the code to find out which kind of bird lays each type of egg.

A = 24	I = 16	Q = 8
B = 23	J = 15	R = 7
C = 22	K = 14	S = 6
D = 21	L = 13	T = 5
E = 20	M = 12	U = 4
F = 19	N = 11	V = 3
G = 18	O = 10	W = 2
H = 17	P = 9	Y = 1

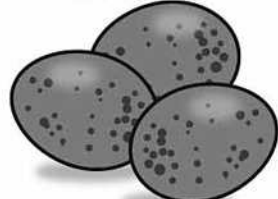
17 10 4 6 20 19 16 11 22 17



Pale blue eggs with spots, incubates 12-14 days

9 20 7 20 18 7 16 11 20

19 24 13 22 10 11



Reddish-brown speckled eggs, incubates 33-35 days

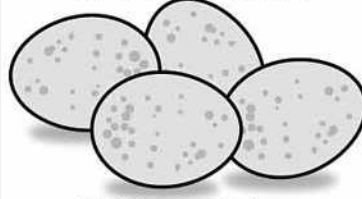
24 5 13 24 11 5 16 22

9 4 19 19 16 11



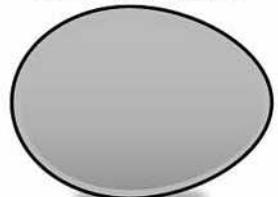
Lays a single white egg, incubates 39-43 days

23 13 4 20 15 24 1



Bluish, speckled eggs, incubates 16-18 days

22 17 16 22 14 20 11



Eggs varying from white to medium brown color, incubates 21 days

Kid Scoop VOCABULARY BUILDERS

This week's word: **COAX**

The verb **coax** means to persuade somebody gently to do something.

Janice used carrots to **coax** the pony into the stable.

Try to use the word **coax** in a sentence today when talking with your friends and family members.

Write On!

Signs of Spring

When you go out for a walk, what are the signs of spring that you notice?

WHAT DOES SPRING BRING?



BABY BIRDS

Spring is here! Birds are one of the most common signs of spring's arrival. In early spring they begin building nests, laying eggs and hatching the next generation.

Q: What should you do if you find a baby bird? Should you help it?

Replace the missing words.

SHELTER **HELP** **EXPERT** **RAISE** **FUN** **WORRY** **ILLEGAL**

A: The simple answer is **NO**. As much _____ as it would be to raise a baby bird of your own, it's best to let the young bird's parents _____ the little peeper. In fact, it's actually _____ for you to do so, and you could get a fine from your local wildlife management agency!

Since you can't raise a baby bird on your own, what should you do? Here are a few ideas:

Call a local wildlife _____ to help. They may take the bird and raise it properly.

With your parent's _____, put the bird back in its nest. (The old belief that mother birds won't accept a baby covered with a human's scent is false!)

If the bird is in an exposed area, coax it to move someplace that offers _____, such as under a bush. Some birds, including killdeer and some waterfowl, actually lay their eggs on the ground, so don't _____ about them!

Standards Link: Reading Comprehension: Follow simple, written directions.

Get a Free Hummingbird Feeder Kit from Perky-Pet®

Perky-Pet®, the world's top manufacturer of bird feeders, wants to help you celebrate spring by providing 10 lucky Kid Scoop readers with a free **Perky-Pet® Hummingbird Feeder Kit**, which includes a feeder, nectar packet, feeding guide and more! To enter to win, send a postcard with your name and address to:



Perky-Pet® Feeder Contest
c/o Kid Scoop
P.O. Box 1802
Sonoma, CA 95476

No purchase necessary. Entry must be received no later than 5/5/16. Void where prohibited.

Extra! Extra! Signs of Spring

Look through the newspaper for pictures, words and illustrations that show it is Spring. Cut these out and make a poster all about Spring!

Standards Link: Research: Use the newspaper to locate information.

What do baby birds eat?

The main goal of every baby bird is to eat, eat and eat some more. Since they are growing, they need lots of protein to build new muscles and grow flight feathers. Some parent birds are known to bring food hundreds of times each day to the nest – something you definitely don't have time to do. That's why you need to leave feeding baby birds to their parents!

Bird Menu

Different kinds of birds eat different kinds of food. Do the math to find out what each kind of bird eats.



19

Bald Eagle



17

Hummingbird



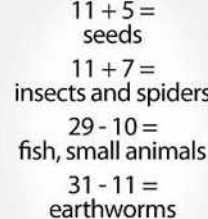
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American Goldfinch



18

Northern Cardinal



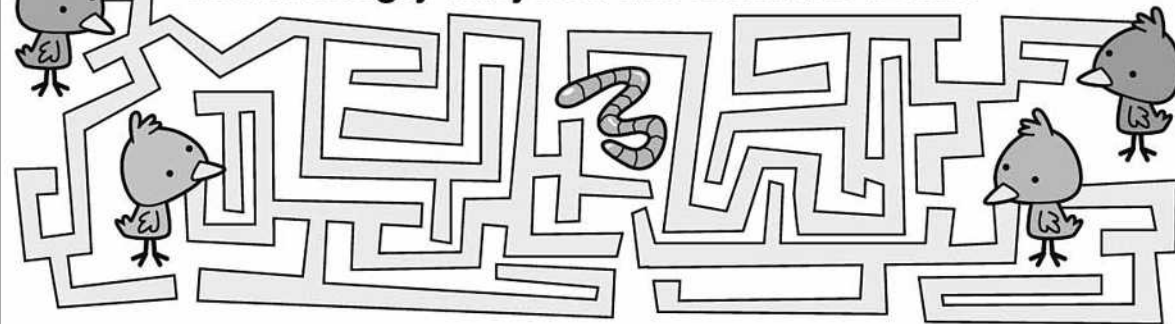
20

American Robin

11 + 5 = seeds
11 + 7 = insects and spiders
29 - 10 = fish, small animals
31 - 11 = earthworms
21 - 4 = flower nectar, bug slurry

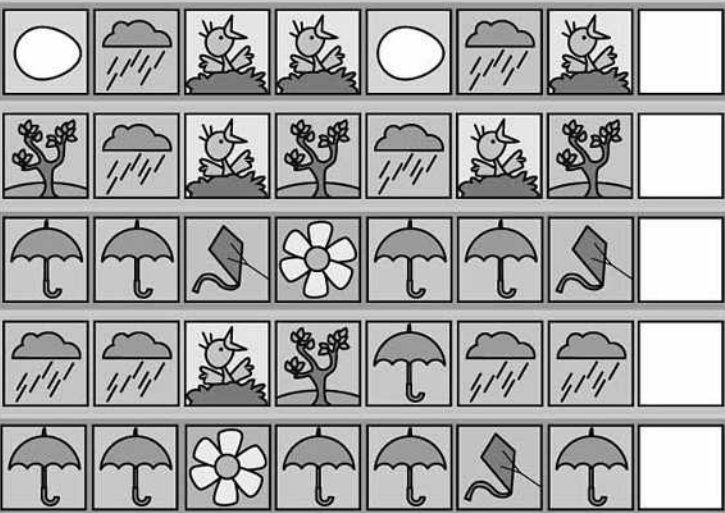
Special thanks to Perky-Pet® for their help with this page! Visit them at www.birdfeeders.com

Which hungry baby bird will catch the worm?



Kid Scoop Puzzler

Draw what comes next in each row to continue the spring pattern.



Standards Link: Research: Use the newspaper to locate information.

Double Double Word Search

GENERATION
WILDLIFE
HATCHING
EXPOSED
ADVICE
SPRING
EXPERT
GROUND
BIRDS
NESTS
RAISE
ALONE
LOTS
LAY
OWN

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

N O I T A R E N E G
H T R E P X E Y G L
A I T B T C A A N L
T E E F I L D L I W
C S E V O R O P R E
H I D N E E D T P O
I A E N E S T S S W
N R D E S O P X E N
G R O U N D P E R R

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

Stages of Life

Look through the newspaper to show animals and/or things in different stages of their lives. For example, you might find pictures of a seed, a young plant and an older plant. Try to find at least two pictures showing two stages.

Standards Link: Research: Use the newspaper to locate information.



Write On!

Think Fremont

Niles Boulevard Bridge Replacement Project is Progressing

Sign up for Construction Updates



Drilling for temporary shoring at east side abutment



Pile driving at east side abutment

Work to replace the Niles Boulevard Bridge connecting the City of Fremont and Union City is progressing since construction began last October. Spanning over Union Pacific and BART rail lines, the existing bridge is being replaced to meet current seismic and design standards. The new bridge is being built immediately south of the existing bridge, allowing it to remain open during construction. Construction is anticipated to be complete spring 2017.

Since October, dirt grading, fill and excavation work has taken place. In addition, shoring and pile driving on the east and west sides of the bridge was completed in February. Looking ahead, Cast-in-Drilled Hole (CIDH) Piles, which are used to support structures built on ground subject to movement, are anticipated to be installed beginning in March. This activity will require weekday night and weekend night work due to the CIDH piles being located in between the BART and Union Pacific rail operations (tracks). Because the CIDH piles will be drilled into place, noise levels are anticipated to be lower than those encountered when piles are driven into place.

Project Construction Hours

The majority of project construction is anticipated to take place during regular weekday hours, from 7:30 a.m. to 4 p.m. However, there may be instances where weekday construction hours are extended from 7 a.m. to 7 p.m. in order to expedite or complete ongoing work. Saturday work hours are from 9 a.m. to 5 p.m., if needed. Some work may extend into Sunday to complete ongoing work, or to make up for any delays caused by adverse weather.

Due to existing BART and Union Pacific restrictions, work taking place directly over or adjacent to BART and Union Pacific Railroad tracks needs to be performed at night and/or on weekends when the trains are not in operation. Regular weekday night hours—when this type of work can take place—are from 1:30 a.m. to 3 a.m. Weekend night hours for this type of work are

from 1 a.m. to 7 a.m. All construction dates and times are subject to change due to weather and unforeseen conditions.

Maximum Noise Limits

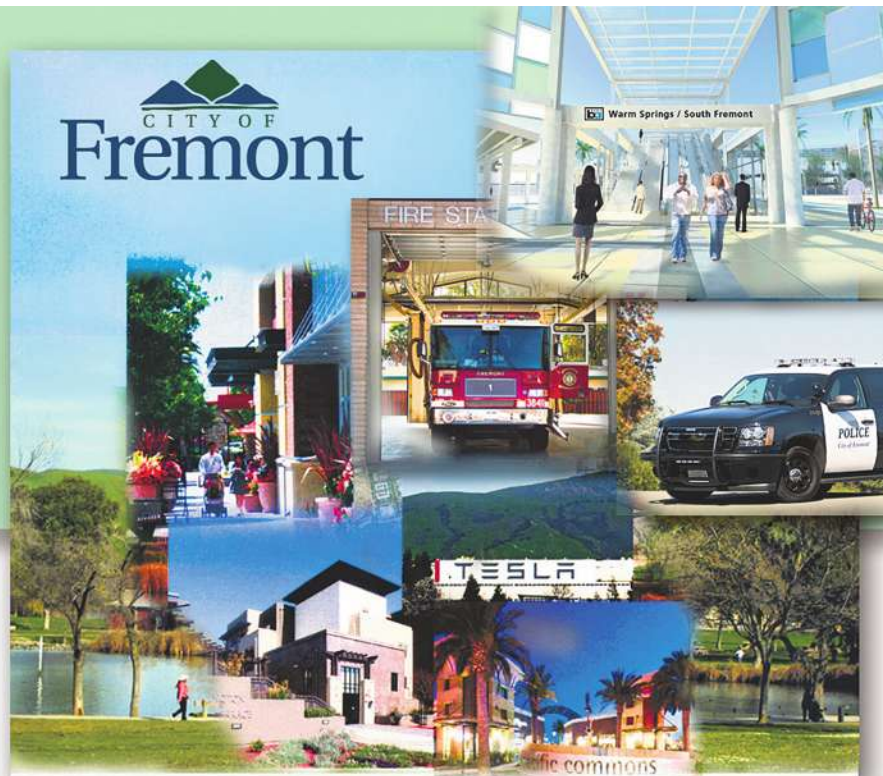
The maximum noise limit allowed for the project is 86 Decibels (dB) at a distance of 50 feet. More information regarding the City of Fremont's Municipal Code for allowable construction hours can be found online at www.codepublishing.com/CA/Fremont. Click on the Fremont Municipal Code link, and then on "Title 18 Planning and Zoning" on the left side of the browser page and select "Chapter 18.160 Construction Hours." Some of the work taking place over or adjacent to the BART and Union Pacific Railroad tracks may exceed the construction noise limit. This work must be performed when the trains are not in operation and will be completed as quickly as possible.

Community members should also be aware that train horns may be heard near the project site during regular construction hours. Train operators are required to sound a warning as they pass through a known construction zone.

Advance notice of night, weekend and/or noisy work activities will be provided to the local community (when the work is scheduled) through the project website, email notification, and portable message boards set up in both directions of traffic near the bridge. As with any major construction project, it is important to note that estimated work dates and times are subject to change due to weather, unforeseen conditions, and/or the availability of on-site Union Pacific Railroad flaggers and BART safety monitors.

Sign up for Construction Updates

Project information and construction updates are posted on the website at www.nilesblvdbridge.com. Community members are encouraged to sign up for regular updates on the website, by emailing nilesblvdbridge@fremont.gov, or by calling the project Construction Info Line at 510-355-1502. Please share this information with others who might be interested in receiving future updates.



Fremont Home Sharing Program Makes its First Match

The City of Fremont is excited to share that the first housing match has been made using the Fremont and Human Investment Project's (HIP Housing) Home Sharing Program!

Back in August 2015, the City of Fremont partnered with HIP Housing in an effort to provide affordable housing options for the City's residents. The Home Sharing Program creates affordable housing from the existing housing stock by matching people who have spare bedrooms with those seeking a place to live.

This successful first match was made with a senior who has resided in her Fremont apartment for more than 15 years. When her roommate passed away, she was unable to maintain rent payments on her own. The housing seeker is also a senior who is still working, but was residing in an overcrowded situation and seeking a more peaceful living environment. After talking to the City's Senior Services in the Human Services Department, they both decided to check out Fremont's HIP Housing Home Sharing Program.



Although they were both hesitant to live with someone they barely knew, they quickly became very comfortable with one another after talking on the phone and chatting in person.

On March 8, both seniors completed their Living Together Agreement, proceeded with the move-in, and had a wonderful dinner together.

For more information about HIP Housing's Home Sharing Program, please contact HIP Housing Coordinator Laura Moya at 510-574-2173 or visit Fremont's Human Services Department at 3300 Capitol Ave., Building B in Fremont.

Compost Giveaway



Thank you Fremont residents for feeding your green organics cart each week with food scraps and yard waste. Now you can feed the plants in your garden with quality compost that was made from your yard trimmings and food scraps. Pick up two free bags of compost on Sunday, April 3, from 8 a.m. to noon or while supplies last at the Fremont Recycling and Transfer Station located at 41149 Boyce Rd. The event will be held rain or shine. Avoid the lines by arriving after 9:30 a.m.

Bring your current Republic Services garbage bill to show that your household participates in the City's curbside organics program. Carefully follow the signs and watch for the traffic controls that will direct you to the loading area where crews will place the compost into your vehicle. If your neighbor or a family member is unable to attend, you may bring their Republic Services bill and pick up their compost for them.

Compost Giveaway is brought to you by the City of Fremont, in partnership with Republic Services and the Fremont Recycling and Transfer Station. For more information, contact Republic Services at 510-657-3500.

Call to Artists: City of Fremont boxart! Utility Box Project - Phase 3

The City of Fremont **boxART!** program requests submissions to transform our traffic signal control boxes with compelling and creative imagery. We are looking for innovative artists to enhance the utility boxes in a dramatic and new way.

This is a tremendous opportunity for forward thinking artists to let the community see your work.

Hundreds of people will drive or walk by the boxes daily. In addition, photographs of the boxes will be displayed on the City of Fremont website and other venues with your name and contact information.

ELIGIBILITY: San Francisco Bay Area residents

THEME: The theme for Phase 3 is "Conversation". Conversation is vital to any community and it defines how we interact culturally, socially, or politically. Artists are

encouraged to provide their own interpretations.

STIPEND: \$650, which includes material costs.

For more information visit www.Fremont.gov/boxart or contact Program Manager Susan Longini at boxart@fremont.gov or 510-494-4555.



Connect with Us:



Fremont.gov



cof@fremont.gov



Fremont.gov/OpenCityHall



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[@Fremont_CA](https://twitter.com/Fremont_CA)



[/CityofFremont](https://www.youtube.com/CityofFremont)



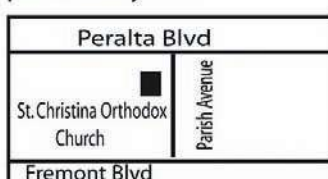
OLD WORLD BAKE SALE

Sunday, April 17 - 12:30pm - 3:30pm

Come join us for Diving Liturgy at 9:30am on April 17



This is not your usual bake sale! Come and enjoy traditional baked goods from Russia, Greece, Ukraine and the Middle East. These foods are eaten on the feast of Pascha, known as Easter in America. There will be some American favorites as well. We hope to see you!



email: mail@stchristinaorthodox.org
www.stchristinaorthodox.org

7321 Parish Ave., Fremont. Information: 510-739-0908



Lent & Easter Weekend Specials

Save 15% of your order

Submit your photo with creative Easter Egg decorations for free appetizer and chance to win \$25 certificate!!!

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www.boneheadsfremont.com



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43844 Pacific Commons Blvd
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510-284-2883



Join us for Easter Brunch Sunday March 27

10am - 1pm

Happy Easter

Adults \$40++ | Kids (5 to 12) \$20++

- Traditional Breakfast Items
- Fresh Seafood Display
- Carved Prime Rib
- Made to Order Omelet Station
- Assorted Desserts



For Reservations, Please Call 510-413-2300
 39900 Balentine Drive, Newark

Holy Week Schedule



Communal Reconciliation

Mon., Mar. 21 at 7:00 p.m. Confessions

Holy Thursday

Mar. 24 at 7:30 p.m. Mass of the Lord's Supper

Good Friday

Mar. 25 at 12:30, 5:00 & 7:30 p.m. The Lord's Passion, Veneration of the Cross & Holy Communion

Holy Saturday

Mar. 26 at 8:00 p.m. Easter Vigil

Easter Sunday

6:00 a.m., 7:30, 9:00, 11:00 a.m., 12:30 p.m.

10:00 a.m. & 1:00 Children's Mass in De Sousa

(11:00 Mass Live Streamed via HolySpiritFremont.org)

Holy Spirit Church

37588 Fremont Blvd., Fremont
holyspiritfremont.org • 510-797-1660

APPLEBEE'S & PACIFIC COMMONS PRESENT:

BREAKFAST WITH THE EASTER BUNNY

SATURDAY, MARCH 26

8:00AM-10:00AM

FREMONT APPLEBEE'S [43349 BOSCELL ROAD]
 IN THE PACIFIC COMMONS SHOPPING CENTER

100% of ticket proceeds will benefit the
**FREMONT EDUCATION FOUNDATION
 AFTER SCHOOL BAND PROGRAM**

TICKETS ARE \$10 PER PERSON

BREAKFAST INCLUDES:

LIGHT, GOLDEN PANCAKES,
 BREAKFAST POTATOES & BACON.

PLUS! COFFEE, JUICE, TEA OR MILK.

Kids can hang out with the Easter Bunny, plus, there will be a face painter and a balloon artist for their entertainment! And all to support a great program!



PACIFIC COMMONS
SHOPPING CENTER



TICKETS ARE AVAILABLE TO PURCHASE ONLINE AT
<https://www.z2systems.com/np/clients/fef/eventRegistration.jsp?event=23298>
 OR IN-PERSON AT APPLEBEE'S IN PACIFIC COMMONS

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EventsAtTheLodge@gmail.com
38991 Farwell Drive, Fremont

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Hayward Music Center

124249 Hesperian Blvd., Hayward **510-264-9669**



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510-538-1536

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



CONTINUING EVENTS

Tuesday, Jan 21 - Sunday, Apr 2

Children's Book Illustrator Exhibit

11 a.m. - 5 p.m.

Illustrators share their artwork

Artist reception Saturday, Mar 12

@ 1 p.m.

Sun Gallery

1015 E St., Hayward

(510) 581-4050

www.sungallery.org

Tuesdays, Feb 2 thru Apr 12

Free Quality Tax Assistance

10 a.m. - 4 p.m.

Tax help for low income households

Tri-Cities One Stop

39399 Cherry St., Newark

(510) 574-2020

Tuesdays & Thursdays, Feb 2 thru Apr 14

AARP Income Tax Assistance - R

Tues: 1 p.m. - 3 p.m.

Thurs: 9 a.m. - 3 p.m.

Volunteers assist seniors with tax returns

Fremont Senior Center

40086 Paseo Padre Parkway,

Fremont

(510) 790-6600

Wednesday, Feb 3 - Friday, Apr 15

Free Quality Tax Assistance

Wed & Thurs: 4 p.m. - 8 p.m.

Fri: 10 a.m. - 1 p.m.

Tax help for low income households

Fremont Family Resource Center

39155 Liberty St. (at Capitol),

Fremont

(510) 574-2020

Monday, Feb 5 - Friday, Apr 4

Landscapes, Brilliant in Light and Color

8 p.m. - 5 p.m.

22 artists explore landscapes

Reception Friday, Feb 5 at 5:30

p.m.

John O'Lague Galleria

777 B Street, Hayward

(510) 538-2787

www.haywardarts.org

Saturdays, Feb 6 - Apr 16

Free Quality Tax Assistance

10 a.m. - 2 p.m.

Tax help for low income households

New Haven Adult School

600 G St., Union City

(510) 574-2020

Saturdays, Feb 6 - May 7

Sabercat Creek Habitat Restoration

9 a.m. - 12 noon

Volunteers remove litter and invasive plants

First Saturday every month

City of Fremont Environmental

Services

39550 Liberty Street, Fremont

(510) 949-4570

https://sites.google.com/site/sabercatcreekrestoration/

Mondays, Feb 8 thru Apr 11

Free Quality Tax Assistance

10 a.m. - 2 p.m.

Tax help for low income households

Tri-City Volunteers

37350 Joseph St., Fremont

(510) 574-2020

Fridays, Feb 12 thru Apr 29

Senior Sing Along Chorus \$

2 p.m. - 3 p.m.

Enjoy singing and socializing

Kenneth C. Aitken Center

17800 Redwood Rd.,

Castro Valley

(510) 881-6738

www.haywardrec.org

Arts & Entertainment

Saturdays, Mar 5 - Mar 26

Homebrewing Workshop \$R

1 p.m. - 3 p.m.

Brew and bottle Ardenwood Ale

Must attend all sessions no class

on Mar 19

Ardenwood Historic Farm

34600 Ardenwood Blvd.,

Fremont

(510) 544-2797

www.ebparks.org

Tuesdays, Mar 1 thru Apr 26

Bridge 1

9:30 a.m. - 10:30 a.m.

Introduction to set up, bid play and score keeping

Newark Senior Center

7401 Enterprise Dr., Newark

(510) 578-4840

www.newark.org



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**3/26 Robert Vye
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4/2 Steve Freund Trio

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Farmers' Markets

FREMONT:

Centerville

Saturdays

9 a.m. - 1 p.m.

Year-round
Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Downtown Fremont Farmers' Market

Wednesdays

3 p.m. - 7 p.m.

May thru October
Capital Ave. between Liberty St.
and State St.
www.westcoastfarmersmarkets.org

Kaiser Permanente Fremont Farmers' Market

Thursdays

10 a.m. - 2 p.m.

Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers' Market

Sundays

9 a.m. - 2 p.m.

Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer's Market

Saturdays

9 a.m. - 2 p.m.

Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays

9 a.m. - 3 p.m.

Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente

San Leandro

Wednesday

10 a.m. - 2 p.m.

June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at ICC

Sundays

8 a.m. - 1 p.m.

Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers' Market

Sundays

9 a.m. - 1 p.m.

Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkt.com

UNION CITY:

Kaiser Permanente Union City Farmers' Market

Tuesdays

10 a.m. - 2 p.m.

Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers' Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

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CENTERVILLE PRESBYTERIAN CHURCH PRESENTS

"ONE VOICE"

A Family-Friendly Dramatic Musical for Easter

Thursday March 24 at 7:30 pm
Friday March 25 at 7:30 pm
Saturday March 26 at 2:30 pm
Saturday March 26 at 7:30 pm

ALL PERFORMANCES ARE
GENERAL SEATING - \$10
TICKETS AVAILABLE AT DOOR

GOOD FRIDAY SERVICE
March 25, 2016 at Noon

EASTER SUNDAY SERVICES
March 27, 2016
9:00 am - CONTEMPORARY SERVICE
11:00 am - TRADITIONAL SERVICE

4360 Central Ave. Fremont, CA 94536, 510.793.3575

Tuesdays, Mar 1 thru Apr 26

Bridge 2

10:30 a.m. - 11:30 a.m.

Mastering game strategy

Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesdays, Mar 1 thru May 31

Drop-In Advanced Math Help

6:30 p.m. - 7:30 p.m.

Algebra, geometry, calculus, trigonome-
try and physics

Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 284-0677

Wednesday, Mar 2 - Sunday, Mar 30

Roving Artists Showcase

5 a.m. - 9 p.m.

Paintings featuring fruits and vegetables

Mission Coffee Roasting House
151 Washington Blvd., Fremont
(510) 474-1004
www.fremontcoffee.com

Thursdays, Mar 3 - Apr 28

Bingo \$

1 p.m.

Games, refreshments and door prizes

Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Fridays, Mar 4 thru Mar 25

Toddler Ramble Colorpalooza

10:30 a.m. - 11:15 a.m.

2:30 p.m. - 3:15 p.m.

Kids play with color

Ages 1 - 3
Hayward Shoreline Interpretive
Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Saturdays, Mar 5 - Mar 26

Ax of Murder \$

8 p.m.

Zany comedic murder mystery

Sunol Glen School
11601 Main St., Sunol
(925) 449-2693
www.sunol.net

Saturdays, Mar 5 - Mar 26

Mental Wellness Series for African Americans

9 a.m. - 12 noon

Manage stress, depression and improve
communication

La Quinta Inn & Suites
20777 Hesperian Blvd.,
Hayward
(510) 828-3017

Sunday, Mar 6 - Tuesday, Mar 29

Shared Perceptions

11 a.m. - 4 p.m.

San Lorenzo Adult School Exhibit

Artist reception Saturday,
Mar 12, 12 noon
Alameda Historical Museum
2324 Alameda Ave., Alameda
(510) 521-1233
www.alamedamuseum.org

HAYWARD AREA HISTORICAL SOCIETY

MUSEUM OF HISTORY & CULTURE

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HISTORY TALKS THURSDAY, MARCH 24, 6-8PM
Foreigners in Their Own Land (Free)

Watch the first episode of the documentary, Latino Americans: 500 Years of History. Stay afterwards for a discussion with scholars Francisco Zermeño and Edwin Contreras that explores the Hayward Area during the Mexican period. Learn more about Mexican land grant owner Guillermo Castro, his connections to Che Guevara, and more! Film time: 53min.

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Broccoli Beef
(\$ml size) Chicken Corn Soup
and much more....

Mondays, Mar 7 thru Apr 25

Bunco

10 a.m.

Dice game

No experience necessary

Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesday, Mar 8 - Sunday, Mar 27

Fiber Art Showcase

11 a.m. - 5 p.m.

Crochet, knit and needlepoint

Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905
www.FremontArtAssociaion.org

Thursdays, Mar 17 - May 26

Street Eats

5 p.m. - 9 p.m.

Variety of food and entertainment

San Leandro Street Eats
500 Via Mercado, San Leandro
thefoodtruckmafia@gmail.com
www.thefoodtruckmafia.com

Thursday, Mar 18 - Sunday, Apr 16

Barefoot in the Park \$

Thurs - Sat: 8 p.m.

Sun: 12 noon

Comedy about a newlywed couple

Broadway West Theatre Com-
pany
400-B Bay St., Fremont
(510) 683-9218
www.broadwaywest.org



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Fri & Sat. 11am -11pm

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Offers Cannot be Combines.

Expires 3/30/16

BOOKMOBILE SCHEDULE

Alameda County
Renew books by phone
(510) 790-8096
For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org.
Times & Stops subject to change

Tuesday, Mar 22
9:45– 10:15 Daycare Center Visit – FREMONT
10:45 – 11:15 Daycare Center Visit – FREMONT
2:15 – 2:45 Daycare Center Visit - NEWARK
4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT
5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

Wednesday, Mar 23
12:45 – 2:15 Glenmoor School, 4620 Mattos Drive, FREMONT
3:15 – 3:45 Station Center, Cheeves Way, UNION CITY
4:00 – 4:30 Purple Lotus School, UNION CITY
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday, Mar 24
10:00 – 10:30 Daycare Center Visit, CASTRO VALLEY
10:45 – 11:45 Daycare Center Visit, CASTRO VALLEY
1:20 – 1:50 Key Academy, 16244 Carolyn St., SAN LEANDRO
2:15 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD

Monday, Mar 28
9:30 – 10:05 Daycare Center Visit, UNION CITY
10:25 – 10:55 Daycare Center Visit, UNION CITY

1:45 – 2:45 Delaine Eastin School, 34901 Eastin Dr., UNION CITY
4:15 – 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Cir., FREMONT

Tuesday, Mar 29
9:45 – 11:30 Daycare Center Visit – FREMONT
2:30 – 3:25 Cabrillo School, 36700 San Pedro Dr., FREMONT
4:45 – 5:30 Baywood Apts., 4275 Bay St., FREMONT
5:50 – 6:30 Jerome Ave. and Ohlones St., FREMONT

Wednesday, Mar 30
1:00 – 2:00 Del Rey School, Via Mesa at Via Julia, SAN LORENZO
2:30 – 3:00 Eden House Apts., 1601 165th Ave., SAN LEANDRO
3:30 – 4:00 Baywood Ct., 21966 Dolores St., CASTRO VALLEY
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Milpitas Bookmobile stops
Renew books by phone
(800) 471-0991
For more information
(408) 293-2326 x3060

Wednesday, Mar 30
1:45 – 3:00 Foothill School, 1991 Landess Ave., MILPITAS
3:15-3:45 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

Wednesdays, Mar 23 thru May 25
Food Truck Mafia
5 p.m. - 9 p.m.
Variety of food and entertainment
Niles Town Plaza
37592 Niles Blvd., Fremont
www.thefoodtruckmafia.com

THIS WEEK

Tuesday, Mar 22
Read to a Dog
6:30 p.m. - 7:30 p.m.
Kids practice reading to therapy dogs
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Tuesday, Mar 22
“Not Me Us” Bernie Sanders Rally
6:30 p.m. - 8:30 p.m.
Volunteer to assist with political campaign
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

Tuesday, Mar 22 - Friday, Mar 25
Crosswalk: The Easter Experience
6 p.m. - 9 p.m.
Visual presentation of Jesus’ death and resurrection
Harbor Light Church
4760 Thornton Ave., Fremont
(510) 744-2233
www.harborlight.com/events/easter/crosswalk

Wednesday, Mar 23
Shinn House Docent Training
10 a.m. - 12 noon
Volunteers train to become tour guides
Shinn House
1251 Peralta Blvd., Fremont
(510) 552-4839
alminard@comcast.net

Wednesday, Mar 23
Megillah Reading and Hamantaschen Bake-Off
7 p.m.
Enjoy Purim activities
Temple Beth Sholom
642 Dolores Ave., San Leandro
(510) 357-8505
www.tbssanleandro.org

Wednesday, Mar 23
Purim and Pizza \$
6:30 p.m.
Reading of Megillah and music by Mark Levy
Temple Beth Torah
42000 Paseo Padre Pkwy., Fremont
(510) 656-7141

Thursday, Mar 24
Latino Americans Documentary
6 p.m. - 8 p.m.
Foreigners in Their Own Land film discussion
Hayward Area Historical Society Museum
22380 Foothill Blvd., Hayward
(501) 581-0223
www.haywardareahistory.org

Thursday, Mar 24 - Saturday, Mar 26
American Red Cross Blood Drive – R
7:30 a.m. - 2:30 p.m.
Call to schedule an appointment
Drop-ins welcome
Fremont-Newark Blood Center
39227 Cedar Blvd., Newark
(800) 733-2767
www.redcrossblood.org

Thursday, Mar 24
State of the City Address \$R
12 noon - 2 p.m.
Fremont Mayor Bill Harrison speaks
Lunch included
Fremont Marriott
46100 Landing Pkwy., Fremont
(510) 795-2244
https://www.fremont.gov/1129/State-of-the-City-Address

Thursday, Mar 24
Women’s History Month Celebration
7 p.m. - 8 p.m.
Discuss 26 influential women leaders
San Leandro Main Library
300 Estudillo Ave., San Leandro
(510) 577-3971
www.aclibrary.org

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Dr. James Kojian, M.D. Owner

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Toffee as her name implies, is a sweet, toffee-colored bunny. She's easy going and enjoys arranging her bedding to be just so. Toffee is good with handling and enjoys exploring her environment while nibbling timothy hay or parsley, although cilantro just might be her favorite! Toffee is spayed and ready to go to her indoor home with her new, loving family. More info: Hayward Animal Shelter. (510) 293-7200.

Petey, a young pup, knows some manners but can forget them when he gets too excited. He loves to be near his people for walks or play time, is ok with other dogs, and loves treats, taking them gently when offered. He can get a little rambunctious when he's excited so would do best with kids 12 years+. He'd do well in doggy obedience classes to help him polish his manners. More info: Hayward Animal Shelter. (510) 293-7200.



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Hayward Animal Shelter

www.facebook.com/haywardanimalshelter

510-293-7200

16 Barnes Court (Near Soto & Jackson) Hayward
Tuesday - Saturday 1pm - 5pm

Thursday, Mar 24
Business Expo
9 a.m. - 12 noon
City staff and public agencies workshop
Discuss contracts and employment
San Leandro Main Library
300 Estudillo Ave., San Leandro
(510) 577-3971
www.sanleandro.org

Thursday, Mar 24 - Saturday, Mar 26
More than a Story \$
Thurs - Fri: 7:30 p.m.
Sat: 2:30 p.m. & 7:30 p.m.
Dramatic Easter musical
Neighborhood Church of Castro Valley
20600 John Drive, Castro Valley
(510) 537-4690
www.3crosses.org

Thursday, Mar 24 - Saturday, Mar 26
One Voice \$
7:30 p.m.
Sat: 2:30 p.m. & 7:30 p.m.
Family friendly dramatic Easter musical
Centerville Presbyterian Church
4360 Central Ave., Fremont
(510) 793-3575

Friday, Mar 25
Cal Fresh Enrollment Clinic
3:00 p.m. - 4:30 p.m.
Alameda County Food Bank information
Hayward Weekes Branch Library
27300 Patrick Ave., Hayward
(510) 293-5366
http://tinyurl.com/calfresh-mar16

Friday, Mar 25
Friday Supper Club \$
6:30 p.m.
Cannery Cafe farm to table dinner
Hayward Area Historical Society Museum
22380 Foothill Blvd., Hayward
(510A) 581-0103
www.haywardareahistory.org/cafe/

Friday, Mar 25
Purim Service
7 p.m. - 9 p.m.
Celebrate the Jewish holiday
Congregation Shir Ami
4529 Malabar Ave., Castro Valley
(510) 537-1787
www.congshirami.org



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All Donations are 501(c)3 Tax Deductible
www.Hayward911Memorial.com

Dedication will be on Memorial Day
Monday, 30 May 2016

Saturday, Mar 26

Ohlone Village Site Tour

1 p.m. - 3 p.m.
Tour shade structure, pit house and sweat house
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Saturday, Mar 26

Stewardship Day – R

9:30 a.m. - 12 noon
Volunteers weed and clean up trash
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x361

Saturday, Mar 26

Find that Fox

2:00 p.m. - 3:30 p.m.
Search for the presence of wildlife
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222

Saturday, Mar 26

Rope Making and Hay Hoisting \$

1 p.m. - 2 p.m.
Use antique machines and pulleys
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Saturday, Mar 26

Wax: It's the Bee's Knees \$

2 p.m. - 3 p.m.
Make a candle and sample honey
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Saturday, Mar 26

Get Your Fit On with Zumba – R

11:30 a.m. - 12:30 p.m.
Low and high intensity workout moves
Ages 13+
Hayward Main Library
835 C St., Hayward
(510) 881-7946
annie.snell@hayward-ca.gov

Saturday, Mar 26

Little Lambs \$

10:30 a.m. - 11:00 a.m.
Interact with and feed snacks to sheep
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Saturday, Mar 26

Old Fashioned Butter Making \$

12 noon - 12:30 p.m.
Churn cream into butter for tasting
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Saturday, Mar 26

Volunteer Day: Ohlone Village Site- R

9 a.m. - 11 a.m.
Clean, weed and renew structures
Ages 12+
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Saturday, Mar 26

Exquisitely Designed Easter Eggs

12 noon - 1 p.m.
Create dye to paint eggs
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Saturday, Mar 26

Sunol Stewards: Streamside Habitat – R

10 a.m. - 12 noon
Volunteers remove invasive plants
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparksonline.org

Saturday, Mar 26

Parenting Class

10:30 a.m. - 11:30 a.m.
Toddlers and tantrums workshop
Fremont Main Library
2400 Stevenson Blvd., Fremont

(510) 745-1400
www.aclibrary.org

Saturday, Mar 26

Easter Egg Hunt and Bonnet Parade

9 a.m.
Bonnets must be homemade
Ages 6 & under
Kennedy Park
19501 Hesperian Blvd., Hayward
(510) 881-6700
www.haywardrec.org

Saturday, Mar 26

Newark Symphonic Winds Spring Concert

7 p.m. - 9 p.m.
Medley of movie music and tunes from the 80's
Newark Memorial High School
39375 Cedar Blvd., Newark
(510) 552-7186
www.newarksymphonic.org

Saturday, Mar 26

The Easter Journey

9:00 a.m. - 12:30 p.m.
Egg hunt, face painting and inflatables
Bridges Community Church
505 Driscoll Rd., Fremont
(510) 651-2030
www.bridgescc.org

Saturday, Mar 26

Community Easter Egg Hunt

12 noon - 3:30 p.m.
Interactive Resurrection scenes and egg hunt
South Bay Community Church
47385 Warm Springs Blvd.,
Fremont
(510) 490-9500
www.eventbrite.com
www.sobcc.org

Saturday, Mar 26

Breakfast with the Easter Bunny \$

8 a.m. - 10 a.m.
Food and entertainment
Applebee's Restaurant
43349 Boscell Rd., Fremont
(510) 226-0202
www.fremnt-education.org

Saturday, Mar 26

Easter Egg Hunt

10 a.m. & 1 p.m.
Easter bunny and egg hunt
Christ Community Church of Milpitas
1000 S. Park Victoria Dr.,
Milpitas
(408) 240-7971
www.cccmilpitas.org

Saturday, Mar 26

Easter Egg Hunt

10 a.m.
Pictures with the Easter Bunny and egg hunt
Ages 10 & under
San Leandro Marina
13801 Monarch Bay Drive,
San Leandro
(510) 583-0100
www.sanleandro.org

Saturday, Mar 26

Spring Egg Hunt \$

9 a.m. - 12 noon
Carnival games, raffle and Easter Bunny
Kennedy Community Center
1333 Decoto Rd., Union City
(510) 675-5488
www.unioncity.org/departments/l
eisure-services

Saturday, Mar 26

Crafts in the Outdoors: Beginning Leatherwork – R

10 a.m. - 12 noon
Create and decorate a bag tag
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513 x104
http://begleather.eventbrite.com

Saturday, Mar 26

Bird Walk

9:30 a.m. - 12:30 p.m.
Naturalist led hike
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Saturday, Mar 26

Movie Night

7:30 p.m.
What Price Glory
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org



Sunday, Mar 27

History of the National Wildlife Refuge System

1:00 p.m. - 1:30 p.m.
Walk and discuss the marshlands
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222

Sunday, Mar 27

Meet the Chickens \$

10:30 a.m. - 11:00 a.m.
Check for eggs and feed chickens
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Sunday, Mar 27

Stilt Walkers \$

11:30 a.m. - 12:30 p.m.
Improve your balance
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Sunday, Mar 27

Pallavi Light Music Concert \$

4 p.m.
Benefit for SAVE and Maitri
Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
https://www.facebook.com/event
s/166748917027430/

Sunday, Mar 27

Birds Around the Farm

8 a.m. - 10 a.m.
Stroll the groves in search of birds
No admission fee
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Sunday, Mar 27

Fixing Feed \$

1 p.m. - 2 p.m.
Shell and grind treats for livestock
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Sunday, Mar 27

Skills of the Past: Fire Making – R

9:30 a.m. - 12:30 p.m.
Create fire by friction, percussion and compression
Ages 16+
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparksonline.org

Sunday, Mar 27

Skills of the Past: Cordage Making – R

2:00 p.m. - 4:30 p.m.
Roll plant fibers into cord
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparksonline.org

Sunday, Mar 27

Snakes Lay Eggs Too

12:30 p.m. - 2:00 p.m.
Naturalist led discussion
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Sunday, Mar 27

Sunset Walk Along the Shore

6:00 p.m. - 7:30 p.m.
Enjoy hot cocoa and look for wildlife
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sunday, Mar 27

Purim Carnival

11:15 a.m. - 12:30 p.m.
Games, treats and crafts
Congregation Shir Ami
4529 Malabar Ave., Castro Valley
(510) 537-1787
www.congshirami.org

Monday, Mar 28

Eden Garden Club Meeting

9:30 a.m.
Fuchsias gardening demonstration
Castro Valley Moose Lodge
20835 Rutledge Rd.,
Castro Valley
(510) 538-4292

Monday, Mar 28

Start Smart Teen Driving Program

6 p.m.
Driver safety education for ages 15 – 19
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Monday, Mar 28 - Wednesday, Mar 30

Spring Break Zoo Camp \$R

9 a.m. - 4 p.m.
Games, crafts and animal interaction
School age children
Oakland Zoo
9777 Golf Links Rd., Oakland
(510) 632-9525
www.oaklandzoo.org/zoocamp

Monday, Mar 28

Rasheeda Speaking \$

8 p.m.
Mature language and subject matter
Ages 15+
Douglas Morrison Theatre
22311 N Third St., Hayward
(510) 881-6777
www.dmtonline.org

Monday, Mar 28

Coyote Cubs: Duck, Duck, Goose

10:30 a.m. - 11:30 a.m.
Games, crafts and activities for preschoolers
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Tuesday, Mar 29

Estate Planning and Charitable Giving

11 a.m. - 1 p.m.
Seminar and lunch
Salvation Army
430 A Street, Hayward
(888) 214-8229
Plan2Give@usw.salvationarmy.org

Spring Book Sale

SUBMITTED BY TERESA MEYER

The Friends of the San Leandro Library announced that the annual Spring Book Sale is scheduled to take place on Saturday, April 2 and Sunday April 3. Over 10,000 quality books covering just about every subject and genre will be available for sale at bargain prices. The event will take place in the Karp and Estudillo Rooms of the San Leandro Main Library. Bags will be provided by Friends of the San Leandro Library. All book sale proceeds help support San Leandro Public Library programming.

The sale includes children's books, reference items, CDs, DVDs, software programs as well as

collectible books in good or excellent condition. Student volunteers will also provide carryout services with carts for those who make large purchases. Membership to the Friends of the San Leandro Library is \$10 per year for individuals and \$15 per year for families. New memberships can be obtained the morning of the sale, although it is encouraged to purchase a membership in advance. For more information, please call the San Leandro Library Information Desk at (510) 577-3971.

Spring Book Sale
Saturday, Apr 2
11 a.m. – 4 p.m.
(Members can enter at 9 a.m.)
Sunday, Apr 3
(Bag Day Sale/\$2 bag of books)
11 a.m. – 4 p.m.
San Leandro Main Library,
Karp and Estudillo Rms
300 Estudillo Ave, San Leandro
(510) 577-3971

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Dawn Torre, Volunteer Coordinator
1-888-493-0734 or 510-933-2181
volunteer@lifespringshospice.com

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Kiwanis Club of Fremont April Meetings

SUBMITTED BY
SHIRLEY SISK

The Kiwanis Club of Fremont has scheduled some interesting speakers for its April meetings. On Tuesday, April 5, a breakfast meeting at 7 a.m., will feature Joe Rose with the National Alliance on Mental Illness Alameda County South. On Tuesday, April 12, a dinner meeting at 6:30 p.m. will feature the speaker John Engstrom, Project Manager for the Berryessa BART Extension. The Tuesday, April 26 dinner meeting, 6:30 p.m., will feature Mary Kirby, Executive Director with ChampionME, Inc., an organization helping at-risk youth with housing and education.

The Kiwanis Club meets the first and third Tuesday mornings at 7 am for breakfast and the second and fourth Tuesdays for dinner at 6:30 p.m. at The

Doubletree by Hilton in Newark. Be our guest and learn more about Kiwanis and our many services to the community. Enjoy an informative speaker and become acquainted with people like you who are interested in being involved and helping to make a difference. Check out our website: kiwanisfremont.org

Kiwanis Fremont April Meetings
Tuesday, Apr 5
7 a.m. / Breakfast

Tuesday, Apr 12
6:30 p.m. / Dinner

Tuesday, April 26
6:30 p.m. / Dinner

The Doubletree by Hilton
39900 Balentine Dr, Newark
<http://kiwanisfremont.org/>
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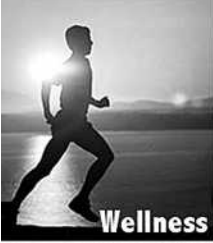
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SPORTS

Curling

2016 spring leagues

SUBMITTED BY **BIFF JONES**

Registration for San Francisco Bay Area Curling Club's spring leagues is now open:

Fremont's Thursday Spring League
Thursday, Mar 31 – Thursday, May 5
7:45 p.m. - 9:45 p.m.
Sharks Ice at Fremont
44388 Old Warm Springs Blvd, Fremont
drawmaster-thursday@bayareacurling.com
www.bayareacurling.com/register/league
Cost: \$162 adults; \$129 juniors (21 & under)

League registration will be available from www.bayareacurling.com/register/league. Registration is open to both individuals and teams. Leagues costing over \$200 can be paid in installments.

Intro-to-Curling Clinic
Thursday, Mar 31
7:30 p.m. - 9:45 p.m.
Sharks Ice at Fremont
44388 Old Warm Springs Blvd, Fremont
www.bayareacurling.com
\$20 adults; \$15 juniors (21 & under)

3-Week Lessons Series
Thursday, Apr 7 – Thursday, Apr 21
7 p.m. - 9:45 p.m.
Sharks Ice at Fremont
44388 Old Warm Springs Blvd, Fremont
www.bayareacurling.com
\$75 adults; \$60 juniors (21 & under)

Men's Tennis

Vikings win on the courts

SUBMITTED AND PHOTOS BY **MIKE HEIGHTCHEW**

Irvington Vikings tennis met the Washington Huskies on the courts and emerged a 6-1 victor on March 17. In close matches to the end, many shots were right on the out of bounds lines; the matches could have gone either way. Both teams displayed impressive offense and defense.



Baseball

Mission San Jose subdues Fremont Christian

SUBMITTED AND PHOTOS BY **MIKE HEIGHTCHEW**

The Mission San Jose Warriors (MSJ) met the Fremont Christian Warriors (FC) on March 15th and emerged victorious, 8-4. The game was a great display of offensive power by both teams as the outcome went right down to the last inning. MSJ is having a great year hitting the ball and it showed early as they took the lead early and never looked back. But FC did not give up and put up a good fight to the end.



Cross named WWPA Player of the Week



Women's Water Polo

SUBMITTED BY **STEVE CONNOLLY**
PHOTO BY **KELLEY COX**

Cal State University East Bay (CSUEB) senior Taylor Cross has been named the KAP7 Western Water Polo Association (WWPA) Player of the Week for Mar. 7-13, as recently announced by the conference office. Cross led the Pioneers with seven goals in two games on March 11, including four scores in a 10-7 victory over Fresno Pacific. She added three more goals in a 16-11 loss to No. 19 Hartwick several hours later. Cross tallied four steals and two assists and drew five exclusions in the doubleheader.

This is the second career WWPA Player of the Week award for Cross, who is the reigning Association of Collegiate Water Polo Coaches (ACWPC) Division II Co-Player of the Year. She first earned the conference's top weekly award last season for the week of February 23-March 1.

Cross is the third Pioneer to earn Player of the Week honors this season, joining teammates Nikki Vaughan (January 11-17) and Sabrina Hatzler (February 22-28).

Women's Basketball

NCAA Division II Women's Basketball West Regional

SUBMITTED BY **STEPHEN HINKEL**

UC San Diego 74, Cal State East Bay 59.

Baseball

Renegades triumph in odd game

SUBMITTED AND PHOTOS BY
DON JEDLOVEC

The Ohlone Renegades completed a 6-5 win over the West Hills Coalinga Falcons on March 22nd in an odd game in which there were three balks and one illegal pitch. One balk was recalled after the ensuing pitch was hit for a three-run home run by West Hills.



Track & Field

Competitors optimistic at start of track season

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

Mission Valley Athletic League (MVAL) rivals are optimistic at the beginning of the track and field season. On March 16th, the competition was fierce as MVAL action began to catch perennial leader Logan Colts. This promises to be a competitive year on the track.



Chabot standout trades tennis for golf

Golf

SUBMITTED BY MATT SCHWAB
PHOTO BY ZACK PAPACHRISTOS

An injury kept Sean Talmadge off the tennis court, so he decided to swing for the flagsticks. Well, he aced that test too. Talmadge, who is 6-foot-3 and 250 pounds, is a towering presence for the Chabot men's golf team. He hits it long and straight and relishes competition. "He's just been super. He's a hard worker," said Chabot coach Zack Papachristos. Talmadge has come of age quickly on the course. He played tennis at Serra High in San Mateo, and was the No. 3 ranked singles player in Northern California at Foothill College. However, a shoulder injury – he had a calcium de-



posit on the top of his clavicle – made him unable to serve without pain, so he took up golf. After transferring to Chabot, he redshirted in 2015 (did not compete), and now is the No. 1 player on a powerful squad which has won three tournaments this season. Talmadge says he only played golf about once a year when he was a tennis player. "I started playing with my older brother at the driving range that summer after my senior year in high school, and I just became addicted to it," Talmadge said. "It was something new." His highlight this season was a brilliant 68 at Stockton Country Club in a tournament hosted by the Big 8 conference.

CSUEB's Breshers captures All-West Region honors



Women's Basketball

SUBMITTED BY
STEVE CONNOLLY

Cal State University East Bay (CSUEB) senior Tori Breshers has been selected to the 2016 Division II Conference Commissioners Association (D2CCA) All-West Region Second Team, as announced on March 14. Breshers was honored as one of the 10 best players in the West, placing her among elite company. She is one of just three players from the California Collegiate Athletic Association (CCAA) to earn All-West Region honors. A First Team All-CCAA selec-

tion, Breshers had a storybook senior season in her fourth year at East Bay. She led the Pioneers in scoring and rebounding, anchoring the front court for the most successful team in the history of the program. Tori helped the squad set school records for victories (27-5) and winning percentage (.844) and led them to CSUEB's first ever CCAA regular season and tournament championships. The Pioneers were selected to the NCAA West Regional for the first time since returning to Division II, and Breshers scored 16 points in the team's first round defeat to No. 21 UC San Diego. It wrapped up a career in which Breshers played 120 games and

led the Pioneers to a 79-41 record. Earlier this year, Tori became the all-time leading scorer in program history and will graduate with 1,375 career points, breaking the previous record that had stood for 28 years. She also holds career records for most field goals (504), free throws made (361), and blocks (159), and ranks in the top 10 in rebounds (687) and steals (143). Breshers was a three-time CCAA Player of the Week this season. She also earned CCAA Tournament Most Valuable Player honors following a 23-point effort in the title game against Cal State Dominguez Hills.

STEM Girls breaking coding barriers

SUBMITTED BY
MANASI MAHESHWARI

A dozen twelve-year-olds crowd into a room and pull out laptops, ready to learn. I look over the room and feel an inescapable sense of accomplishment and hope, as these young girls have the opportunity to develop into wonderful young women—who also happen to be computer scientists. It all began this past summer when I had the incredible opportunity to attend the selective Girls Who Code Summer Immersion Program at Intel with 19 other young women. I spent seven weeks learning how to code in various languages like Python, JavaScript, HTML/CSS, and more, while making amazing friends and learning about the

importance of bringing new voices – female voices – into the technology sector. The teachers presented shocking statistics about the dearth of women in computer science fields, with only 0.4 percent of high school computer science students and 17 percent of advanced placement (AP) computer science test takers being girls. I became inspired to make a change and do my part in rectifying this prevailing disparity between the sexes. As one of two Alumni Ambassadors for my Girls Who Code class, I was encouraged to spread what I learned to my community. As head and instructor of American High School's Girls Who Code program, I teach almost 20 students various kinds of computer programming, depending on their level of



American High student Manasi Maheshwari launched STEM Girls coding program to impart programing skills to young middle-school girls and encourage them to explore computer science as a career choice.

experience. Some use drag-and-drop syntax to complete assignments in Python, while other more experienced members create projects from scratch using JavaScript. Even more than teaching coding, my overarching motive in leading this club is to show girls that a career in computers is something achievable (not to mention, extremely interesting!) for anyone, regardless of their gender. Soon after the program at my high school began, I realized that there was still so much I could do to help my community, and a new idea emerged. After contact-

ing my sixth grade teacher Ms. Schlobohm, elementary school principal, and Girls Who Code administration, my next initiative was set—in partnership with Girls Who Code and the school, I created a new program called STEM (Science, Technology, Engineering, Mathematics) Girls. At the launch of this program on February 22, 2016, over a dozen sixth-grade girls joined us for the first meeting alone, and the numbers just keep growing. In collaboration with a volunteer instructor, I strive to inspire these young girls to dream big and never be discouraged

from pursuing their interests due to external factors. My experience, first as a student and then applying my new-found knowledge as a teacher, has taught me a lot about leadership and the importance of taking risks. I no longer have qualms about speaking in front of crowds, whether they consist of peers or parents, and I really enjoy sharing everything I've learned with so many new people. I'm grateful for the chance to make a difference and am excited for the future expansion of these initiatives to reach even more students across Fremont.

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

State Route 84 (Fremont) Closure

SUBMITTED BY SHANNON BRINIAS

Caltrans District 4 in partnership with Union Pacific Rail Road (UPRR) has scheduled maintenance work on the railroad tracks that cross State Route 84, also known as Fremont Boulevard, between Thornton Avenue and Peralta Boulevard in Fremont. Construction will be from Friday, April 1 at 10 p.m. until Saturday, April 2 at 11:59 p.m. (midnight).

Detour routes in effect during the closure: Vehicular Traffic:

Vehicles approaching the crossing from the north on Fremont Boulevard will be directed to take Thornton Avenue to Paseo Padre Parkway, to Peralta Boulevard, to return to Fremont Boulevard.

Vehicles from the south on Fremont Boulevard will be directed to take Peralta Boulevard to Paseo Padre Parkway, to Thornton Avenue to return to Fremont Boulevard.

Pedestrian Traffic:

Pedestrians and bicyclists will be directed from Fremont Boulevard to Peralta Boulevard, to Maple Street, to Thornton Avenue, to return to Fremont Boulevard.

Motorists should drive with caution through the work zone.

Steelhead trout back in lower Alameda Creek

SUBMITTED BY JEFF MILLER, ALAMEDA CREEK ALLIANCE

Members of the Alameda Creek Alliance spotted two adult steelhead trout yesterday in the lower Alameda Creek flood control channel, below an impassable concrete barrier across the creek in Fremont that blocks their spawning migration. The identification of steelhead trout, a federally protected threatened species, was confirmed by a fisheries biologist with the East Bay Regional Park District. Although there have been possible sightings of steelhead in lower Alameda Creek in March 2012 and April 2010, these are the first confirmed steelhead since a single pair of fish, aided upstream by volunteers, spawned in March 2008 in the Stonybrook Creek tributary in Niles Canyon.

Steelhead trout and salmon were eliminated from the Alameda Creek watershed by the 1960s and 1970s due to construction of dams, water diversions, and instream barriers to migration. Steelhead trout were listed as a federally threatened species in 1997 and the Alameda Creek Alliance has been advocating since then for dam removals and construction of fish ladders to allow migratory fish to reach spawning habitat in and above the Sunol Valley and Sunol Regional Park. Small runs of steelhead were documented in the lower creek from 1997-2008, but an impassable barrier 10 miles from the creek mouth, the BART weir, has prevented them from reaching suitable spawning habitat.

There may be an attempt by East Bay Parks staff and Alameda Creek Alliance volunteers to capture and radio-tag these steelhead and any others blocked below the BART weir, to study their migration. Under state and federal permits, 27 steelhead have been tagged in lower Alameda Creek in recent years and moved past barriers upstream into Niles Canyon. On February 18, six Pacific lamprey (bizarre native fish that resemble eels) were photographed at the BART weir. Lamprey migrate to freshwater for spawning, similar to steelhead. Pacific lamprey, which can suction their way over barriers that block steelhead, are known to spawn in upper Alameda Creek in Sunol Regional Park.

Local, state and federal agencies have been working on multiple projects to allow fish migration, improve stream flows and restore stream and riparian habitat along Alameda Creek and its tributaries. More than 17 fish passage projects have been completed in the watershed since 2001.

The Alameda County Water District and Alameda County Flood Control District are planning critical fish ladder projects in the flood control channel that have been delayed for many years now. From 2017-2020, the agencies plan to construct two fish ladders that will allow steelhead to bypass the BART weir and two inflatable rubber dams in the lower creek channel. Nine other fish passage projects are in the planning process. In 2011, the San Francisco Public Utilities Commission began rebuilding the seismically-challenged Calaveras Dam in the upper Alameda Creek watershed. By time construction is completed in 2018, the SFPUC will have constructed a fish ladder and fish screens on an associated diversion dam in upper Alameda Creek and will begin to provide enhanced stream flows below both dams for steelhead trout.

For more information, visit:
www.alamedacreek.org



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TAKES FROM SILICON VALLEY EAST

Behind Every Manufacturer is Another Manufacturer: How Stuff Gets Made in Silicon Valley

Q&A with Bob Fung, President and Chief Operating Officer of Owens Design

Lam Research makes semiconductor processing equipment, Seagate makes hard disk drives, and GT Advanced Technologies makes solar equipment. But where do all these manufacturers get their customized manufacturing equipment from? That's where Owens Design comes in. Owens Design is a turnkey outsourcing company that specializes in everything from robotics to software to machine vision, in order to equip its customers with the tools they need to bring their products to life.

We had the pleasure of speaking to Bob Fung, President and COO of Owens Design, to learn more about how stuff gets made in Silicon Valley. Here's what he had to say about how Owens Design is fueling innovation in the Valley and what's on the horizon for the advanced manufacturing industry.

City of Fremont: What's the inspiration and story behind Owens Design?

Bob Fung (BF):

It all started with our founder, Bill Owens, and his desire to design and build stuff that would have a greater impact on the rest of the world. Bill began his career in 1980 with Digital Equipment Corporation, a leading vendor of computer systems from the 1960s to the 1990s that designed the first successful commercial minicomputer. In its early stages, the company was focused on getting products out as quickly as possible and helping engineers tackle roadblocks with minimal bureaucracy. Bill later moved to a larger company where he quickly developed two products, but was highly dismayed when both of those products were canceled. That's when he decided to establish Owens Design where he channeled his energy and passion into equipment development – allowing him to design and develop customized tools and solutions, see them come to life on the factory floor, and ultimately support the creation of new products that make a difference in people's lives.

Owens Design remains focused on Bill's passion today. For more than 30 years, we have specialized in designing and creating complex advanced manufacturing systems. We focus on the semiconductor, hard disk drive, solar photovoltaic, medical device, and pharmaceutical industries, and we've established a disciplined product development process that allows us to quickly develop mature prototypes. There's no better feeling than seeing our tools be put to use in our customer's factories and then seeing those final products come to fruition. At the end of the day, it all comes back to Bill's original mission: to build stuff that is going to be useful to the world.

City of Fremont: Why did Owens Design choose Fremont as its home?

BF: We originally chose Fremont for its affordable location, accessibility, strong talent pool, and its proximity to our main customers (Apple and Xerox Diablo Systems), as well as the city's potential for growth.

In 1995, the disk drive industry took off and Owens Design experienced a huge growth spurt. We worked with Prologis to expand to six buildings located in Fremont's Warm Springs Innovation District. And when the solar industry started picking up steam, Owens Design needed to expand its manufacturing space. We selected Fremont again for its affordable real estate, the availability of talent, its business-friendly climate and its proximity to

our customers in Silicon Valley. Fremont is centrally located for our employees who live as far north as San Francisco, as far east as Tracy, as far south as Gilroy and as far west as Santa Cruz. And it's because of all these reasons that we're still in Fremont today, more than 30 years later.

City of Fremont: How does the City of Fremont help your business?

BF: We actively work with Fremont's economic development team to find and connect us to potential partners, suppliers and customers in the Fremont area.

When you're looking to open up a new factory, the permitting process is typically long, complicated and can often create costly delays. What's great about the City of Fremont is how hands-on they are. The Fremont team works proactively with our customers to plan and expedite the entire permitting process.

City of Fremont: What are some of the companies you've worked with? How have you helped them?

BF: Owens Design works with leaders in high-tech companies, many of which are based in Silicon Valley. In fact, seven of the top ten Silicon Valley semiconductor OEMs (original equipment manufacturers) are our customers. And more than 60 percent of the world's hard drive media is produced using our equipment. We take great pride in the fact that we have never failed to deliver a new design in over 30 years of business.

The reason why many companies choose to work with us (and become repeat customers) comes down to insurance. They want to go with a "sure thing," especially when the stakes are high and failure is not an option. Partnering with Owens Design allows our customers to turn out an even better final product, save a great deal of money, save months of time, and maximize return on their valuable intellectual property.

And that's why we have several big names like KLA-Tencor, Applied Materials, Seagate, GT Advanced Technologies, Lam Research, FEI, Hitachi, and many more on our customer list. We work with lots of smaller names as well, including a number of startups.

City of Fremont: How do you think the digitization of manufacturing is impacting Silicon Valley? Where do you see the advanced manufacturing industry headed in the next 20 years?

BF: Factories are getting "smarter" and more automated as more people are willing to invest in advanced robotics, connected sensors, and advanced digital simulation of manufacturing processes. These advances in technology will lead to shorter production runs, higher quality outputs, and they will enable unit-level customization.

We are currently working with a medical device company that custom molds and 3D prints a portion of each device for individual patients. We have also designed and manufactured flexible robot cells that are easily configurable to run multiple products daily.

Owens Design is poised to help our customers build smarter manufacturing equipment that is capable of supporting "smart" factories. That's the future of manufacturing.

City of Fremont: What's the best part about your job?

BF: Whether I'm brainstorming with a colleague or engaging with one of our world-class customers, I work with great people on an everyday basis. I take great pride in the remarkable tools that we create for our customers and I'm grateful that I have a front-row seat in the entire process.

OPINION



WILLIAM MARSHAK

In order to accomplish a multitude of tasks faced each day, most of us, even if excellent multi-takers, prioritize our “to do” list. Organizing is important for individuals, families and larger groups as well. At a recent Fremont City Council meeting, three referrals were considered. One of those, by Vice Mayor Lily Mei, asked for inclusion of support for school bonds relating to construction and increased developer fees as part of the City’s Legislative Guidelines and Priorities.

After much discussion related to specifics of such a bond, the council appeared to decide that inclusion should wait for specific language regarding specific bond measures. Review of a lengthy document issued by the City of Fremont entitled Legislative Guiding Principles and Priorities 2015 [http://www.fremont.gov/documentcenter/view/5816], appears to show that City interest in school bonds for construction is not out of place.

Priorities

With her transition between school board and city council, Ms. Mei holds a unique perspective and brings significant knowledge to city matters. There is language in the current priority list to support legislative actions for safe schools. To add support for school construction (an element of safety) doesn’t appear far fetched. Why did the council heavily debate this? Referrals are not council actions, rather a request for further review by Staff.

When considering school activities, it seems that the City of Fremont has held an arms length approach while other cities have embraced a much closer relationship. Although school board/council meetings are held to inform each of their roles and foster communication, the City of Fremont has consistently maintained distance from a critical aspect of their environment.

The principles and priority document is extensive, covering a multitude of interests. It is a list of values and concerns for City action. Although it offers guidance, it does not bind councilmember votes in specific instances. An example of flexibility is the current economic situation. Cities are finding additional income through increases in a variety of taxes. Prioritizing and spending additional funds is not controlled by a priority list, rather the advice of Staff and consent of Council.

Items such as Community Development Block Grants may be noticed in Capital Improvement Program but final expenditure is open to

interpretation. Who receives grants and the amount to be dispersed is flexible. For example, Fremont’s guidance is to “oppose any reductions to formula funding for the Community Development Block Grant Program.” Is this enough?

This one dimensional statement has little impact on increases or the breadth of recipients. In a letter to councilmembers and staff, Fremont’s Human Relations Commission and Senior Citizens Commission have asked for additional funds for social service grants. They cite increases in the General Fund Budget, yet a decrease in contribution to social service grants. This appears to be an instance where legislative guidance does not coincide with City practices.

Are the Guiding Principles and Priorities a practical document? Possibly as a legislative guide but should this be expanded to include internal guidance as well? Is it really used? Does this strategy define actions and priorities of the City? This may be a case where an existing document can be extended to include prioritization and guidance for all city actions.

William Marshak
PUBLISHER

VTA Bus Operator honored for heroic actions

SUBMITTED BY BRANDI CHILDRESS

On January 22 at 7:10 a.m., 17-year veteran Coach Operator Thomas Dominguez was driving his coach along Line 64 in downtown San Jose. While stopped at San Fernando and 1st Street, a female passenger approached him indicating she was choking. After the passenger motioned she wanted to step down from the bus, Dominguez opened the doors and followed her out.

While instructing other passengers to call 911, Dominguez began to administer the Heimlich maneuver which resulted in successfully dislodging the blockage from the passenger’s throat. Emergency Medical Services responded to complete a welfare check on the woman who checked out fine. She then turned to Operator Dominguez, thanking him with a great big hug.

At the March 3 Board of Directors meeting, VTA General Manager Nuria Fernandez recognized and gave special tribute to Operator Dominguez for his heroic efforts. The General Manager Award is given to employees who go above and beyond the call of duty. The last honor was given to Coach Operator Tim Watson in June 2015 for his role in thwarting the kidnapping of a three-year old boy.





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COMMUNITY BULLETIN BOARD

FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont All are welcome, come join us www.fremontcoinclub.org 510-792-1511	National Alliance on Mental Illness (NAMI) FREE confidential 10 week informational course - Adults living with mental health challenges Focused on Recovery 2 hrs Tuesdays Call Kathryn Lum 408-422-3831 for time and location	League of Women Voters Fremont-Newark-Union City www.lwvfnc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Tri-City Bike Park Community group of mountain bikers and BMX bikers. Come enjoy this activity for adults, teens and toddlers. Help us get this park built! www.newarkparks.org Sun Gallery FREE Art Saturday Classes For families on the 2nd & 4th Sat. of each month and Summer Art Camp Gallery Shows & Exhibits FREE admission to all shows 1015 E. St. Hayward 510-581-4050 www.SunGallery.org	
Tri-City Society of Model Engineers The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org	ABWA-Pathfinder Chap. American Business Women’s Assoc. provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. Spin A Yarn Rest. (Fremont): 6:30-9:00 pm Call Karen 510-257-9020 www.abwa-pathfinder.org	FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com		
Troubled By Someone's Drinking? Help is Here! Al-Anon/Alateen Family Groups No cost program of support for people suffering from effects of alcoholism Call 276-2270 for meeting information or email Easyduz@gmail.com www.ncwsa.org	SparkPoint Financial Services FREE financial services and coaching for low-income people who want to improve their finances. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center To reserve a seat: 574-2020 Fremont.gov/SparkPointFRC	Ohlone Humane Society Love animals & want to help? OHS is a nonprofit, volunteer supported animal welfare organization. Includes wildlife rehabilitation, companion animal rescue, animal assisted therapy, spay/neuter assistance and more. For info call 510-792-4587 www.Ohlonehumanesociety.org	Help with Math & Reading You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. CALL Tom 510-656-7413 TKFEDERICO@SBCglobal.net	Deliver a smile and a meal to homebound seniors LIFE ElderCare – Meals on Wheels Mon – Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@fremont.gov www.LifeElderCare.org
NARFE National Assoc. of Active & Retired Federal Employees Meet 4th Friday of Month Fremont Senior Center Central Park @ Noon All Current or Retired Federal Employees are welcome Call Ellen @ 510-565-7973 donodo@comcast.net	Scholarships for Women Our Fremont philanthropic organization, PEO, offers many scholarships for women entering college, earning another degree or returning to school after 2+ years. Low interest education loans available, also. 510-794-6844 www.peointernational.org		Newark Toastmasters Club Build Self Confidence Great for Job Seekers Early Risers/Guest welcome Meets Every Tuesday Morning 7am-8am at Newark Library 6300 Civic Terrace Ave. Newark http://1118.toastmastersclubs.org Bill 510-796-3562	TROPICS BINGO EVERY WEDNESDAY Doors Open 4:30pm Flash games start 6:30pm All Games pay over \$100 Tropics Mobil Home Park 33000 Almaden Blvd., Union City Snack Bar Open 5pm Door Prizes & Free Coffee Contact Richard 408-839-3358
TOPS TAKE OFF POUNDS SENSIBLY It is weight loss support group that meets weekly in San Leandro. We meet Wed 9:30am -11am at Mission Bay Mobil Home Park 15333 Wicks Blvd., San Leandro contact Judy 510-581-5313 www.TOPSorg Annual fee \$32		Most Joyful Volunteer work LIFE ElderCare – VIP Rides Drive seniors to appts/errands 4 hrs/month Flexible scheduling. Call Valerie 510-574-2096 vdraeseke@fremont.gov www.LifeElderCare.org	Newark Demonstration Garden Join a group of Newark residents to spearhead a demonstration garden in Newark. We're currently selecting a site. We need your help! Angela at info@newarkparks.org https://www.facebook.com/groups/NewarkDemonstrationGarden/	Tri-City Youth Chorus January 7- March 24 \$130 - Grades 5-8 No Auditions Meets Thursdays 4-5 PM 36600 Niles Blvd. Have fun singing contemporary & multi-cultural music & learn from gifted director Register on our website www.tricityyouthchorus.weebly.com
FOOD ADDICTS IN RECOVERY - FA • Can’t control the way you eat? • Tried everything else? • Tired of spending money? Meeting Monday Night 7pm 4360 Central Ave., Fremont Centerville Presbyterian Church Family Ed. Bldg. Room E-204 www.foodaddicts.org		Travel with Friends Choose from many home stays with Friendship Force club members around the world. Share our way of life with visitors & make new friends on 5 continents. Enjoy variety of Bay Area Activities www.ffsfb.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857	Newark Skatepark Join a group of Newark skaters and parents of skaters to spearhead a skatepark in Newark. We have a business plan. Now we need your help to execute on it! Angela at info@newarkparks.org https://www.facebook.com/groups/NewarkSkatepark/	Fremont Area Writers Like to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except in July and December at DeVry University, 6600 Dumbarton Circle, Fremont. www.cwc-fremontareawriters.org
SAVE’s Restraining Order Clinics Free for domestic violence survivors Seeking protective orders Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday Call SAVE’s 24-hr Hotline (510) 794-6055 for details www.save-dv.org	SAVE’s Empowerment Ctr. Services FREE for domestic violence survivors. If you’re seeking healing, strength, support or referrals, SAVE can help! Yoga, therapeutic art, advocacy 24-hour Hotline (510) 794-6055 Empowerment Ctr (510) 574-2250 1900 Mowry Ave, #201 Fremont. www.save-dv.org	SAVE’s Domestic Violence Support Groups FREE, compassionate support Domestic violence survivors Drop-in, no reservations needed Every Tues & Thurs 6:45-8:45 pm Every Friday 9:15 to 11 am 1900 Mowry Avenue, Fremont (510) 574-2250 or 24-hour Hotline (510) 794-6055 www.save-dv.org	Newark Parks Foundation The Foundation mobilizes financial and community support to deliver thriving, accessible, supported, and varied parks, open spaces, and recreational opportunities for a healthy and united Newark. Seeking Board of Directors and Honorary Board members. info@newarkparks.org	VOLUNTEERS WANTED St. Rose Hospital Volunteer Gift Shop Manager & Other positions available Contact: Michael Cobb 510-264-4139 or email mcobb@srhca.org
FREE QUALITY INCOME TAX PREPARATION IRS-Certified Tax Preparers \$54,000 or less annual household income. Other restrictions may apply. Fremont Family Resource Center. 39155 Liberty St, Bldg EFGH, Fremont, CA 94538 Open: Jan 27 to Apr 15, 2016 Wed. & Thurs.: 4 pm - 8 pm Friday: 10 am - 1 pm Call 510-574-2020 for more info	FREE QUALITY INCOME TAX PREPARATION IRS-Certified Tax Preparers \$54,000 or less annual household income. Other restrictions may apply. Tuesdays: Feb 2 to Apr 12, 2016. 10 am – 4 pm At Tri-Cities One-Stop Career Center – Ohlone College 39399 Cherry Street, Room 1211 Newark, CA 94560 For appointment call (510) 742-2323	Union City SDA Church Saturday Worship: 11am Sabbath School: 9:30am Wed Eve Srv 7-8pm Visit Sick by Appointment Conducts Weddings Counsels Families, etc Multi-Culture Family Church 606 H. Street, Union City (510) 755-6348	Newark Trash Pickup Crew Get to know your Newark neighbors Get a bit of exercise and help make Newark look great Join us! https://www.facebook.com/groups/newarkTrash/	Little Lamb Preschool Open House Sat. April 16 Drop-in Between 1-4pm Free Ice Cream Meet the Teachers Visit the Classrooms Registration Info Available www.littlelambpreschoolbcc.org
Give a Child A Voice Become a friend, mentor, and advocate for a foster child. Attend our next Volunteer Open House Orientation session to get started. For more information: info@cadvocates.org or visit: www.BeMyAdvocate.org		Church for Rent Community SDA Church Sunday Afternoons 2 p.m. – 10 p.m. M; Tu; th. Anytime Auditorium seats 50 extra room & Kitchen 606 H. Street, Union City (510) 755-6348	First Church of Christ Scientist, Fremont Sunday Service 10am Sunday School 10am Wed. Eve Service 7:30pm Chld Care is available all services. Reading Room Open Monday - Friday 1-3pm 1351 Driscoll Rd., Fremont 510-656-8161	Northern CA Decorative Artists at San Lorenzo Library March 12 - 10:30 -3pm FREE event-Beginners Welcome NADA will demo Spring art projects & Beginners Mini Art Lesson painting spring daisy & Butterfly box 395 Paseo Grande, San Lorenzo Call Judy 510-366-1786

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COMMUNITY BULLETIN BOARD

FREE QUALITY INCOME TAX PREPARATION IRS-Certified Tax Preparers \$54,000 or less annual household income. Other restrictions may apply. Saturdays: Jan 30 to Apr 16, 2016. 10 am – 2 pm (Closed Mar 12th) At New Haven Adult School 600 G Street, Union City, CA 94587 Walk-in and self-prep services available Call 510-574-2020 for more info	FREE QUALITY INCOME TAX PREPARATION IRS-Certified Tax Preparers \$54,000 or less annual household income. Other restrictions may apply. Tuesdays: Feb 2 to Apr 12, 2016. 10 am – 4 pm At Tri-Cities One-Stop Career Center – Ohlone College 39399 Cherry Street, Room 1211 Newark, CA 94560 For appointment call (510) 742-2323	FREMONT STAMP CLUB SINCE 1978 Meets 2nd Thurs. each month 7pm Cultural Arts Center 3375 Country Dr., Fremont Everyone is welcome. Beginners to Advanced. For questions or more information: www.fremontstampclub.org/ or call Dave: 510-487-5288	Hayward Art Council 22394 Foothill Blvd., Hayward 510-583-2787 www.haywardarts.org Open Thurs. Fri. Sat. 10am-4pm Foothill Gallery, John O'Lague Galleria, Hayward Area Senior Center Exhibit Hall, Alameda County Law Library Hayward branch All open to the public	English Conversation Café Improve your Conversation Skills Small groups with native speakers Tuesdays 7-8:30p Next Session Starts 2/23 Only \$20 for 10 Weeks @ Bridges Community Church 505 Driscoll Rd. Fremont ESL@bridgescc.org 510 651-2030
Come Join Us Tri Cities Women's Club Meets on the third Tuesday Elk's Club on Farwell Dr. 9:30 – Cards, 12:00 – Lunch 1:00 – Program and Meeting We also have bridge, walking, Gourmet dining groups, And a book club. For info. Call 510-656-7048	Afro-American Cultural & Historical Society, Inc. Sharing ur culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec & Feb 5:30pm Newark Library 510-793-8181 www.aachsi.com We welcome all new members			The American Assoc. of University Women AAUW advances equity for women and girls through advocacy, education, philanthropy and research We are all inclusive, welcoming, smart and fun. fremont-ca.aauw.net
The Friendship Force San Francisco Bay Area Experience a country & its culture with local hosts; meet global visitors here.Nov. to Costa Rica, Holiday Party at Hotel Nikko in San Francisco, to Brazil in June 2016 www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857	Mission Peak Fly Anglers Fishing Club Meets 4th Wed. each month @7pm - Silliman Aquatic Center 680 Mowry Ave., Newark Call Steve 510-461-3431 or 510-792-8291 for more information www.missionpeakflyanglers.org		VOLUNTEERS WANTED MUSEUM OF LOCAL HISTORY GUILD No experience needed! Enjoy helping students on school tours - work on exhibits Accession artifacts flexible days & hours Call Dianne: 510-673-4813 www.museumoflocalhistory.org	FLEA MARKET Sat. April 9 9am-3pm Hayward Veterans Bld. 22727 Main St. Hayward Hosted by AMERICAN LEGION AUXILIARY For more info contact Dorothy Castillo 510-581-1074 Dorothycastle1@yahoo.com

Fremont City Council

March 15, 2016

for deaf and blind. A funding strategy will be presented June 14 and groundbreaking is expected late Summer 2017.

General Meeting Consent:

- Second reading of Ordinance

regarding tandem parking. Public comments rejected use of tandem parking is not well defined and creates increased street parking. (3-2, Mei, Bacon opposed)

- Authorize contract with Enerspect Medical Solutions for



Announcement by League of Women Voters of Sunshine Week that encourages open government processes

\$273,500 to upgrade cardiac monitors.

- Receive annual report of Housing Element. Comment by Councilmember Bacon regarding lack of affordable housing provided. Public comment spoke of poor performance by City to provide affordable housing.
- Approve goat grazing contract with Mike Canaday for weed abatement at Sabercat His-

torical Park. Three year contract for \$165,578.

- Extend solid waste agreement with Republic Services for one year/
- Approve sale of 3393 Washington Boulevard for \$560,000 to Timothy Crofton.
- Approve Adaptive Signal Control Technology Project on Fremont Boulevard in the amount of \$485,000 with Western Pacific Signal, LLC.
- Receive Fiscal Year 2014/15 Fiscal Year Audit.

Ceremonial Items:

- Recognize Mission San Jose Elementary School Robotics Team.
- Proclaim Red Cross Month

Public Communications:

- Announcement by League of Women Voters of Sunshine Week that encourages open government processes

Scheduled Items:

- Prioritization Policy for processing General Plan Amendment requests for additional market rate housing. Public comment to create a public list of housing requests.
- Fiscal Year 2015/16 budget review of operating budget and forecast
- Accept Vision Zero report and action plan. Transfer \$500,000 for traffic calming measures.

Council Referrals:

- Mayor Harrison referral to enter discussions with Alameda County Building and Trades Council to develop a Project Labor Agreement for the first phase of Downtown Civic Center Project.
- Direct staff to prepare amendment to Legislative Guiding Principles and Priorities.
- Direct staff to evaluate local code changes as part of Building Code adoption process, particularly solar readiness.

Mayor Bill Harrison	Aye
Vice Mayor Lily Mei	Aye
Suzanne Lee Chan	Aye
Vinnie Bacon	Aye
Rick Jones	Aye



Recognize Mission San Jose Elementary School Robotics Team.

Welcoming Civic Center



Work Session
Oral Communications:
Thank you to City Staff for speed regulation actions near Mission/Paseo Padre Pkwy area

Discussion of architecture, materials and colors of Civic Center

A palette and alternatives presented with an emphasis on concrete and glass elements with an “light and airy” feel that is inviting and family friendly. As a catalyst for downtown, the area is designed to be a hub of activity including the plaza, community room, retail spaces and government center. Council comments were generally positive with concerns raised about signage, LEED construction, artwork, inclusive



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NSW Newark Symphonic Winds



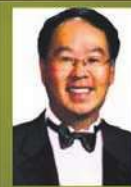
Spring Concert

Newark Memorial
High School Theatre
39375 Cedar Blvd.

March 26, 2016
7:00—9:00 PM

**Free
ADMISSION!**

Donations welcomed



Richard Wong
Director

Free Spring Concert

Presented by



Newark Memorial High School Theatre

Saturday, March 26, 2016
7:00—9:00 PM

Enjoy an evening of absolutely wonderful symphonic music provided by the Tri-Cities' own 50 musician symphony - the Newark Symphonic Winds - directed by Richard Wong.

Come listen to the music of "The Hobbit: An Unexpected Journey", "Haven't Met You Yet" by Michael Bublé, a medley of some of the most memorable tunes from the '80s, a lovely arrangement of "Star Dust", "The Wizard of Oz Meets the Wiz", "Trombone Tiger Rag", "Viva Italia!" and many, many more.

There also will be a performance by the Newark Saxophone Quartet.

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continued from page 1

Learn to save water and maintain beautiful landscapes

According to the Bay Area Water Supply and Conservation Agency (BAWSCA), who is sponsoring the landscaping workshops, Bay Area residents have done a lot over the past two decades to save water inside the home. Taking shorter showers, installing water-saving showerheads and low-flow toilets have made a difference. But there is more to be done outside the home, BAWSCA said. With up to half of the water in single-family homes used outdoors, watering outside is the area with greatest potential for water savings, and the focus of their workshops. Participants will gain the understanding and tools they need both to conserve water outside and maintain beautiful landscapes.

BAWSCA is a special district "created to provide regional water supply planning and conservation program services" to its 26 member agencies, said Water Resources Manager Michael Hurley. It represents members' collective interests with the San Francisco Public Utilities Commission. Member agencies, including the Alameda County Water District and the cities of Hayward and Milpitas, buy water wholesale from the San Francisco Regional Water System.

As part of their conservation program services, BAWSCA pro-



vides a variety of water conservation information and resources. To access their offerings, visit their Water Conservation Portal at bayareaconservation.org. There you will find a Water-Wise Gardening Tool with plant lists and watering guides, links to water-saving tips, information on rebates and giveaways, and schedules for native garden tours, workshops and landscape education classes.

BAWSCA offers its landscaping classes throughout Alameda and Santa Clara counties in the spring and fall, "prime planting season," said Senior Water Resources Specialist Andree Johnson. While geared primarily toward homeowners, classes are appropriate for professional landscapers, city workers who maintain grounds, and anyone interested in water-efficient landscaping. Registration is required. There is no deadline, but BAWSCA recommends registering early as classes are first

come, first served. Waiting lists will be available.

Water Efficient Irrigation Techniques, Native Plants, and Drought Tolerant Landscapes, BAWSCA's offerings in Milpitas, will be a combination of demonstrations, discussions, and hands-on learning. The goal of Water Efficient Irrigation Techniques is to give participants knowledge of the costs, materials, and resources for irrigation systems and teach them how to convert existing sprinkler systems to drip irrigation. The instructor will bring equipment to class for hands-on learning. Native Plants will include lists and examples of plants native to the Bay Area. Attendees will learn what plants work best here and how to select plants well suited to their garden's microclimates. In Drought Tolerant Landscapes attendees will learn about lawn alternatives, sheet compost, soil-plant health, and native plants. Examples of native plants will be used in class and

raffled at the end of the workshop.

The Composting Education Program of the University of California Cooperative Extension (UCCE) Santa Clara County will provide the Composting Basics workshop. The program's mission, Composting Education Coordinator Cole Smith said, is to "reduce household organic waste" throughout Santa Clara County. UCCE began as a support network for agriculture and natural resources in the late 1800s. In Santa Clara County today it primarily supports urban growers.

Through hands-on demonstrations and lectures, the workshop will focus on home composting. Lectures will cover the importance of diverting organic waste from landfills and discuss how composting builds soil fertility, improves water retention, and sequesters carbon. The hands-on demonstrations will teach participants how to construct a composting bin and set up composting at home for little

or no cost. A free pound of composting worms will be shipped to Milpitas residents. Worms will be available for purchase by nonresidents. Online registration is requested. Walk-ins will be accepted provided room is available.

Despite recent rainfall, California is still in a drought. "No single year's rainfall will make up for the deficit," said Hurley. We still need to conserve. What, then, is the best thing you can do to conserve water outside? The answer, Johnson said, is to "Check your sprinkler system periodically, and turn off irrigation during the rainy season."

**Water Efficient
Irrigation Techniques
Saturday, Apr 2
9 a.m. – 12 p.m.**

Register at
www.bawasca.org/conserve/programs/classes or
call (650) 349-3000

**Composting Basics
Saturday, Apr 16
10 a.m. – 12 p.m.**

Register at
www.ucanr.edu/compost or call
(408) 918 4640

**Native Plants
Saturday, Apr 23
9 a.m. – 12 p.m.**

Register at
www.bawasca.org/conserve/programs/classes or
call (650) 349-3000

**Drought Tolerant Landscapes
Saturday Apr 30
9 a.m. – 12 p.m.**

Register at
www.bawasca.org/conserve/programs/classes or
call (650) 349-3000
Barbara Lee Senior Center
40 N. Milpitas Blvd, Milpitas
www.ci.milpitas.ca.gov
Free

Information found in 'Protective Services' is provided to public "as available" by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of the agency

providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



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Fremont Police Log

SUBMITTED BY GENEVA
BOSQUES, FREMONT PD

Friday, March 11

At 6:19 a.m., Community Service Officer (CSO) Oliveira investigated a commercial burglary in the 33300 block of Peace Terrace. The reported loss was a collection box filled with an unknown amount of cash, coins and checks. The incident is believed to have occurred between 10:00 p.m. on March 10 and 5:55 a.m. on March 11.

At 11:25 a.m., CSO Zamora investigated a residential burglary in the 38000 block of Heritage Terrace. The burglary occurred between 9:30 a.m. and 10:20 a.m. The point of entry was the front door. Bodily force appeared to have been used to enter the residence. The locks were intact, but the frame was destroyed. A television, camera and laptop were taken.

At 12:10 p.m., Ofc. Ramsey investigated a residential burglary in the 46200 block of Paseo Padre Parkway. The rear glass slider was partially open, but there was no forced entry. A stainless steel refrigerator, a flat screen TV and a washer and dryer set were taken.

Saturday, March 12

At 7:29 p.m., units responded to a robbery at C&C Liquors, where the suspect was being held down by employees. The actual event was a theft of alcohol that turned into a

robbery. The suspect is a juvenile, who was drunk and combative with officers. The suspect was transported to juvenile hall. Ofc. Davis investigated the case.

At 9:30 p.m., an employee at the Brookvale CVS store reported two female suspects stole four cans of baby formula. They were last seen leaving in a grey Saturn. Soon after this report, an employee at CVS Fremont Hub called and reported being robbed of baby formula by two females who sprayed her with mace. They were last seen leaving in a dark blue Saturn with a disabled placard. Suspect 1 is a black adult female in her late 20s, heavy set, wearing a black jacket and carrying a black purse. Suspect 2 is a black female adult in her late 20s, heavy set, blonde hair with a beige jacket.

Sunday, March 13

An employee at CVC store in the Brookvale area tried to stop a 59-year-old adult male from stealing 10 bottles of liquor. The caller was familiar with the suspect, as he had been previously bitten by him in the past. The caller followed the suspect until Ofc. Carassi found and arrested the male for robbery at the Arco station nearby.

Monday, March 14

At 4:19 a.m., dispatch received a call regarding a residential burglary. The caller reported that his wife woke up at approximately 2:00 a.m. and discovered an unknown male in their house. The male immediately fled when confronted by the resident. The incident was reported two hours late. The suspect is possibly a

white male adult, approximately 6'2" and 250 lbs. The suspect was wearing a black rain jacket, black sweatpants and gloves. Reported loss is currency. Case was investigated by Ofc. Gregory.

Tuesday, March 15

Officers investigated a commercial burglary on the 4900 block of Stevenson Boulevard. Suspect(s) entered the business and took files and surveillance camera equipment. The suspect(s) attempted but were unsuccessful in prying open the store safe.

Ofc. Gregory investigated a residential burglary that occurred on the 37000 block of Niles Boulevard. Entry was made via the front door.

Wednesday, March 16

A green, four-door 1994 Honda Accord (CA license plate 3HPW524) was taken without permission sometime between March 15 at 11:30 p.m. and March 16 at 6:30 a.m. from the 40600 block of High Street.

At 12:20 p.m. a residential burglary was investigated in the 37000 block of Niles Boulevard. The burglary occurred sometime between March 8 and March 16. Unknown suspect(s) entered by prying open the back door. Losses reported were furniture and computer equipment.

At approximately 4:15 p.m., CSO Goralczyk investigated a residential burglary that occurred on the 36000 block of Perkins Street. Unknown suspect(s) entered the residence through an unlocked garage door. The reported loss was a large safe that had been bolted down.

BART Police Log

SUBMITTED BY
LES MENSINGER

Thursday, March 10

An anonymous patron reported through E-Alert that a Fremont-bound train was struck by an object near Hayward Station. The car was taken out of service for a cracked window.

A victim reported the attempted theft of their silver 1988 Honda Accord while the vehicle was parked in the northeast parking lot, stall 932, at Fremont Station between 6:30 a.m. and 6:45 p.m. An officer responded and determined that a drill-like tool was used to damage the vehicle's ignition. The officer processed the vehicle for fingerprints and completed a report.

A victim reported the attempted theft of their white 2003 Chevrolet Suburban while the vehicle was parked in the northeast parking lot, stall 993, at Fremont Station between 6:40 a.m. and 6:12 p.m. An officer responded and determined that a drill-like tool was used to damage the vehicle's ignition. The officer processed the vehicle for fingerprints and completed a report.

cle's ignition. The officer processed the vehicle for fingerprints and completed a report.

A victim reported the theft of their green 1998 Honda CRV while it was parked in the west parking lot at Bay Fair Station between 7:25 a.m. and 5:50 p.m. An officer responded and completed a report.

Sunday, March 13

Officers recognized a male at Fremont Station who appeared to match a recent BOLO (be on the lookout) for a wanted sex offender. The officers confirmed that the man had an outstanding no-bail arrest warrant for parole violation. The man was arrested for his warrant and booked at Santa Rita Jail.

Monday, March 14

The victim reported that her 2003 Toyota Corolla was burglarized while parked in stall 776 at Hayward Station between 4:00 p.m. on March 13 and 7:00 a.m. on March 14. The point of entry was via a window smash to the driver's side window. The victim stated the only loss was a pair of \$50 sunglasses. The vehicle was photographed and processed for evidence with negative results.

Tuesday, March 15

A victim reported the theft of

their tan, four-door 1994 Nissan Sentra from Bay Fair Station between 7:20 a.m. and 5:50 p.m. The Nissan was parked in the east lot, stall 371. Ofc. J. Tyler completed an auto theft report. Ofc. Tyler located the Nissan parked on Coelho Drive, near the station.

A victim reported the theft of their red, four-door 1995 Honda Civic from Bay Fair Station between 7:42 a.m. and 5:00 p.m.

A victim reported that she parked her 2002 Honda Accord at Hayward Station between 9:20 a.m. and 2:50 p.m. When she returned and started her car she noticed a loud noise and determined that her catalytic converter had been stolen. The victim's vehicle was parked in the street level lot next to the parking structure. The victim estimated her loss to be \$450.

Wednesday, March 16

A victim reported the theft of their red and black Huffy Men's mountain bike at Fremont Station between 10:00 a.m. and 7:00 p.m. The bike was valued at \$140.

A victim reported the theft of their four-door 1994 Honda from Hayward Station between 9:25 a.m. and 8:30 p.m.

San Leandro Police Log

SUBMITTED BY
LT. ROBERT McMANUS,
SAN LEANDRO PD

Saturday, March 12, 2016

San Leandro Police Department (SLPD) detectives and minor decoys worked together during a statewide operation hosted by California Department of Alcoholic Beverage Control (ABC). In San Leandro, the program was funded by a grant awarded by ABC, and focused on making our community safer by reducing the availability of alcoholic beverages to minors. The

minors, under the supervision of police detectives, went to eight different retail locations in town and asked 30 adults patronizing the stores to buy beer for them, admitting that they were under the legal age of 21. In all but two cases, the minors were turned down by the adults—a goal that police hoped to see. In the two cases, officers cited the offenders, which could result in a minimum fine of \$1,000 and 24 hours of community service. The offenders were identified as a 60-year-old San Leandro resident and a 25-year-old Oakland resident.

Sunday, March 13, 2016

At 10:00 a.m., officers responded to a residential robbery in the 600 block of Joaquin Avenue. When they arrived, they

met with the resident of the house, who reported that three Hispanic men armed with guns came to the house to rob him. The suspects were gone when police arrived. The resident, who police identified as Xihuan Ye of San Leandro, was later arrested on suspicion of illegally growing marijuana in the house. Detectives estimated that the crop of marijuana was valued at \$75,000, and the operation was capable of producing more than \$300,000 worth of marijuana annually. Ye was transported to Santa Rita Jail in Dublin.

Monday, March 14, 2016

At 10:00 a.m., officers responded to the 15300 block of

continued on page 35

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PUBLIC NOTICES

BULK SALES

Escrow No.: 100662-EM NOTICE TO CREDITORS OF BULK SALE (Division 6 of the Commercial Code) (1) Notice is hereby given to creditors of the within named Seller that a bulk sale is about to be made on personal property hereinafter described. (2) The name of the seller is: Bay Area Caregivers LLC, a California limited liability company, whose address is: 39275 State Street, city of Fremont, county of Alameda, CA 94538 (3) The location in California of the chief executive office of the Seller is: same as above (4) The name of the Buyers are: Limitless Journey L.L.C., a California limited liability company, whose address is: 39275 State Street, city of Fremont, county of Alameda, CA 94538 (5) The location and general description of the assets to be sold are Goodwill and Furniture, Fixtures and Equipment of that certain senior caregiver business located at: 39275 State Street, city of Fremont, county of Alameda, CA 94538 (6) The business name used by the seller(s) at said location is: BAY AREA CAREGIVERS. (7) This Bulk Sale is subject to Section 6106.2 of the Uniform Commercial Code. The anticipated date of the bulk sale is: April 7, 2016. (8) Claims may be filed at the office of McGovern Escrow Services, Inc., 22 Battery Street, Suite 914 San Francisco, CA 94104, ESCROW NO. 100662-EM (9) The last date for filing claims is: April 6, 2016. (10) Claims listed by the Seller, all other business names and addresses used by the Seller within three years before the date such list was sent or delivered to the Buyer are: None. DATED: March 13, 2016 TRANSFERREES: Limitless Journey L.L.C. a California limited liability company Heather Russo Richard Tidwell 3/22/16

CNS-2858183#

CIVIL

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. HG15796159
Superior Court of California, County of Alameda
Petition of: Sarabjit Kaur for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Sarabjit Kaur to Nina Senariyar
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: Thurs 5/05/16, Time: 1:30 pm, Dept.: 520
The address of the court is 24405 Amador Street, Room 108, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City Voice Newspaper
Date: Feb. 25 2016
/s/ Morris Jacobson
Judge of the Superior Court
3/22, 3/29, 4/5, 4/12/16

CNS-2859078#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. HG15796159
Superior Court of California, County of Alameda
Petition of: Maria Nava for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Maria Nava filed a petition with this court for a decree changing names as follows:
Destin Rureto Clay to Destin Clay Nava
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: Thurs 4/14/16, Time: 1:30 PM, Dept.: 520
The address of the court is 24405 Amador Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice Newspaper
Date: Dec. 9, 2015
Winifred Y. Smith
Judge of the Superior Court
3/22, 3/29, 4/5, 4/12/16

CNS-2858165#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. HG16806376
Superior Court of California, County of Alameda
Petition of: Adano Anthony Quintana for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Adano Anthony Quintana filed a petition with this court for a decree changing names as follows:
Adano Anthony Quintana to Anthony Michael Genberg
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: Jul 14, 2016, Time: 01:30 PM, Dept.: 503
The address of the court is 24405 Amador Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice Newspaper
Date: MAR 4, 2016
Morris D. Jacobson
Presiding Judge of the Superior Court
3/15, 3/22, 3/29, 4/5/16

CNS-2855963#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. HG15795494
Superior Court of California, County of Alameda
Petition of: Srivas Sarva for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Srivas Sarva filed a petition with this court for a decree changing names as follows:
Srivas Sarva to Jay Srivas Sarva
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: April 14, 2016, Time: 01:30 PM, Dept.: 503
The address of the court is 24405 Amador Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice Newspaper
Date: DEC 04, 2015
Winifred Y. Smith
Judge of the Superior Court
3/15, 3/22, 3/29, 4/5/16

CNS-2855128#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. HG16799942
Superior Court of California, County of Alameda
Petition of: Rosa Maria Ehler for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Rosa Maria Ehler aka Rosy Maria Ehler to Rosy Marie Ehler
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two

court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: Thurs. 5/12/16, Time: 1:30 PM, Dept.: 503
The address of the court is Hayward Hall of Justice, 24405 Amador Street, Room 108, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: WHAT'S HAPPENING TRI CITY VOICE
Date: JAN 13, 2016
Morris D. Jacobson
Judge of the Superior Court
3/15, 3/22, 3/29, 4/5/16

CNS-2855127#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. HG16805317
Superior Court of California, County of Alameda
Petition of: Roobina J. Shaikh for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Roobina J. Shaikh filed a petition with this court for a decree changing names as follows:
Roobina J. Shaikh to Roobina M. Saiyad
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 7-07-2016, Time: 1:30 p.m., Dept.: 503
The address of the court is 24405 Amador Street, Room 108, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City-Voice
Date: Feb. 25, 2016
Morris D. Jacobson
Presiding Judge of the Superior Court
3/1, 3/8, 3/15, 3/22/16

CNS-2851308#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 515212
Fictitious Business Name(s):
Hortensia Music, 37805 Rosetree Court, Fremont, CA 94536, County of Alameda
Registrant(s):
4Play Records, Inc., 37805 Rosetree Court, Fremont, CA 94536; California (Secretary of State)
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on n/a
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ John Vargas, CEO
4Play Records, Inc.
This statement was filed with the County Clerk of Alameda County on February 26, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/22, 3/29, 4/5, 4/12/16

CNS-2858440#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 515622
Fictitious Business Name(s):
Arellano Motors, 7691 Thornton Ave., #C, Newark, CA 94560, County of Alameda
Registrant(s):
Jose Guadalupe Arellano, 36451 Newark Blvd., #B, Newark, CA 94560
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on n/a
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jose Arellano
This statement was filed with the County Clerk of Alameda County on March 9, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/22, 3/29, 4/5, 4/12/16

CNS-2858167#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 515751
Fictitious Business Name(s):
Speech Therapy on the Go, 7788 Peachtree Ave., Newark, CA 94560, County of Alameda;
2436 Almaden Blvd., Union City, CA 94587; County of Alameda
Registrant(s):
Kathleen C. Mabie, 7788 Peachtree Ave., Newark, CA 94560
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on Jan. 25, 2010
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Kathleen C. Mabie
This statement was filed with the County Clerk of Alameda County on March 11, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/22, 3/29, 4/5, 4/12/16

CNS-2858166#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 515490
Fictitious Business Name(s):
Mr. Pickles, 5849 Newark Blvd., Newark, CA 94560, County of Alameda; 23742 Fair Lands Rd., Hayward, CA 94541; County of Alameda
Registrant(s):
Rajesh G. Naicker, 23742 Fair Lands Rd., Hayward, CA 94541
Sadhana N. Naicker, 23742 Fair Lands Rd., Hayward, CA 94541
Business conducted by: Married Couple
The registrant began to transact business using the fictitious business name(s) listed above on 7/8/2014
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Rajesh G. Naicker, 23742 Fair Lands Rd., Hayward, CA 94541
Sadhana N. Naicker, 23742 Fair Lands Rd., Hayward, CA 94541
Business conducted by: Married Couple
The registrant began to transact business using the fictitious business name(s) listed above on 7/8/2014
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Yung Tu
This statement was filed with the County Clerk of Alameda County on March 8, 2016
NOTICE: In accordance with subdivision (a)

/s/ Rajesh G. Naicker
This statement was filed with the County Clerk of Alameda County on March 4, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/22, 3/29, 4/5, 4/12/16

CNS-2857874#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 515490
Fictitious Business Name(s):
Mr. Pickles, 5849 Newark Blvd., Newark, CA 94560, County of Alameda; Mailing Address: 23742 Fairlands Rd., Hayward, CA 94541
Registrant(s):
Rajesh G. Naicker, 23742 Fairlands Rd., Hayward, CA 94541
Sadhana N. Naicker, 23742 Fairlands Rd., Hayward, CA 94541
Business conducted by: Married Couple
The registrant began to transact business using the fictitious business name(s) listed above on 7/8/2014
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Rajesh G. Naicker
This statement was filed with the County Clerk of Alameda County on March 4, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/22, 3/29, 4/5, 4/12/16

CNS-2857618#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 515178
Fictitious Business Name(s):
Sidhu Trucking, 39642 Lahana Way, Fremont, CA 94538, County of Alameda; P.O. Box 1108, Newark, CA 94560
Registrant(s):
Manjeet Singh, 39642 Lahana Way, Fremont, CA 94538
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Manjeet Singh
This statement was filed with the County Clerk of Alameda County on February 28, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/22, 3/29, 4/5, 4/12/16

CNS-2857291#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 515687
Fictitious Business Name(s):
Attiser, 3420 Alberta Ter, Fremont, CA 94555, County of Alameda
34420 Alberta Ter, Fremont, Alameda, CA 94555
Registrant(s):
Seema Asnani, 34420 Alberta Ter, Fremont, CA 94555
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on 01/01/2016
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Seema Asnani
This statement was filed with the County Clerk of Alameda County on March 10, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/15, 3/22, 3/29, 4/5/16

CNS-2857093#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 514796
Fictitious Business Name(s):
California Offender Program Services (COPS), 333 Ohlone St., Fremont, CA 94539, County of Alameda
Mailing address of: 643 Sultana Ct., Ripon, CA 95366
Registrant(s):
Jesus Flores, 333 Ohlone St., Fremont, CA 94539
Michael Wynne, 643 Sultana Ct., Ripon, CA 95366
Business conducted by: a General partnership
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Michael Wynne, General Partner
This statement was filed with the County Clerk of Alameda County on February 19, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/15, 3/22, 3/29, 4/5/16

CNS-2856397#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 515579
Fictitious Business Name(s):
Poke Me Up, 207 Montevina Way, Hayward, CA 94545, County of Alameda
Registrant(s):
Yung Tu, 207 Montevina Way, Hayward, CA 94545
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on n/a
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Yung Tu
This statement was filed with the County Clerk of Alameda County on March 8, 2016
NOTICE: In accordance with subdivision (a)

of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/15, 3/22, 3/29, 4/5/16

CNS-2855597#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File No. 468310
The following person(s) has (have) abandoned the use of the fictitious business name: **Express Towing, 3841 Cosmic Pl., Fremont, CA 94538**
The Fictitious Business Name Statement being abandoned was filed on 8-9-2012 in the County of Alameda.
Fawad Roshan, 3841 Cosmic Pl., Fremont, CA 94538
Farzan Roashan, 3841 Cosmic Pl., Fremont, CA 94538
S/ Fawad Roshan
This statement was filed with the County Clerk of Alameda County on March 3, 2016.
3/15, 3/22, 3/29, 4/5/16

CNS-2855166#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 515252
Fictitious Business Name(s):
Paint Your Dragon, 4017 Coralline Court, Fremont, CA 94555, County of Alameda
Registrant(s):
Phillip Burgess, 4017 Coralline Ct, Fremont, CA 94555
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on 3/14/2006
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Phillip Burgess
This statement was filed with the County Clerk of Alameda County on February 29, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/15, 3/22, 3/29, 4/5/16

CNS-2855113#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 514823
Fictitious Business Name(s):
ToryJacob Photography, 38025 Heritage Common, Apt. 162, Fremont, CA 94536, County of Alameda
Registrant(s):
Tory Jacob Smith, 38025 Heritage Common, Apt. 162, Fremont, CA 94536
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on 01/01/2015
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Tory Jacob Smith
This statement was filed with the County Clerk of Alameda County on February 22, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/8, 3/15, 3/22, 3/29/16

CNS-2853583#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 515154
Fictitious Business Name(s):
Dunkel Logistics, 44850 Industrial Dr., Unit D, Fremont, CA 94538, County of Alameda
Registrant(s):
Dunkel Logistics Machinery Moving Rigging, LLC, 44850 Industrial Dr., Unit D, Fremont, CA 94538; CA
Business conducted by: a Limited partnership
The registrant began to transact business using the fictitious business name(s) listed above on 12/014
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Joelan Dunkel, Manager
This statement was filed with the County Clerk of Alameda County on February 25, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/8, 3/15, 3/22, 3/29/16

CNS-2853218#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 515259
Fictitious Business Name(s):
Pardes Times, 36415 Ruschin Dr, Newark, CA 94560, County of Alameda
Registrant(s):
Balbir Singh, 36415 Ruschin Dr, Newark, CA 94560
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on Feb. 1, 2016
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Balbir Singh
This statement was filed with the County Clerk of Alameda County on Feb. 29, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/8, 3/15, 3/22, 3/29/16

CNS-2852412#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 515191
Fictitious Business Name(s):
National Electrical Supply, 37454 Glenmoore Dr, Fremont, CA 94536, County of Alameda
37454 Glenmoore, Fremont, Alameda, CA 94536
Registrant(s):
Michael Costello, 5615 Cleveland Pl, Fremont, CA 94538
Business conducted by: An Individual
The registrant began to transact business using

the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Michael Costello
This statement was filed with the County Clerk of Alameda County on February 26, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/8, 3/15, 3/22, 3/29/16

CNS-2852272#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 515189
Fictitious Business Name(s):
Mc Metals Recycling, 5615 Cleveland Place,

PUBLIC NOTICES

title 18 (planning and zoning) section 18.90.030 related to tandem parking

On March 1, 2016, the Fremont City Council introduced the above ordinance. The ordinance would amend Title 18 (Planning and Zoning) Section 18.90.030 related to Tandem Parking.

The Ordinance was adopted at a regular meeting of the City of Fremont City Council held March 15, 2016, by the following vote, to wit:

AYES: Mayor Harrison, Councilmembers: Chan and Jones

NOES: Vice Mayor Mei and Councilmember Bacon

ABSENT: None

ABSTAIN: None.

A certified copy of the full text of Ordinance No. 07-2016 as adopted is available for review upon request in the office of the City Clerk, 3300 Capitol Avenue, Building A, Fremont.

SUSAN GAUTHIER
CITY CLERK
3/22/16

CNS-2859253#

PLANNING COMMISSION
OF THE CITY OF
UNION CITY
NOTICE OF
PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held by the Planning Commission of the City of Union City for the purpose of considering the following:

Administrative Site Development Review
(ASD-16-005)

The applicant, Jeff Fautt of Fautt Homes, is seeking approval of an Administrative Site Development Review, (ASD-16-005) to allow a new, approximately 4,875 square-foot, single-story, single-family home at 30891 Vallejo Street (APN: 483-0010-015-04). The site is currently vacant and is located within the RS 6000 (Single-Family Residential) zoning district.

NOTICE IS ALSO GIVEN that staff is recommending that this project be considered categorically exempt per Section 15303, New Construction or Conversions of Small Structures, Class 3, of the California Environmental Quality Act (CEQA).

This item will be heard at a public hearing by the Planning Commission at the meeting listed below. You may attend the meeting and voice your comments in person, or you may submit comments in writing prior to the hearing. The project planner, Timothy Maier, can be reached at (510) 675-5382 or via email at TimM@unioncity.org.

PLANNING COMMISSION MEETING

Thursday, April 7, 2016

Said hearing will be held at 7:00 p.m.

In the Council Chambers of City Hall,
34009 Alvarado-Niles Road, Union City

The Planning Commission meeting packet, which includes the meeting agenda and staff report for this project, can be accessed on-line on the City's Agendas and Minutes webpage which is located at <http://www.ci.union-city.ca.us/government/city-council-agenda-packets>. Meeting packets are generally available online the Friday before the

meeting.

City Hall is accessible by Union City Transit lines 1, 3, 5, 6, 8, 9 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please call Union City Transit at (510) 471-1411 and AC Transit or BART at 511. Union City Transit maps and schedules are available at www.uctransit.org.

If you challenge the above described project in court, you may be limited to raising only those issues you or someone else raised at the Planning Commission public hearing for this project or the City Council public hearing, or in written correspondence delivered to the Planning Commission or to the City Council at, or prior to, the public hearing.

JOAN MALLOY

Economic & Community Development Director
3/22/16

CNS-2859187#

NOTICE OF
PUBLIC HEARING
REGARDING ISSUANCE OF
MULTIFAMILY HOUSING REVENUE
BONDS FOR
Innovia Apartments

NOTICE IS HEREBY GIVEN that, at 7:00 p.m., or as soon thereafter as the matter can be heard, on Tuesday, April 5, 2016, at the City Council Chambers, 3300 Capitol Avenue, Building A, Fremont, California, the City Council of the City of Fremont (the "City") will conduct a public hearing as required by Section 147(f) of the Internal Revenue Code of 1986, at which it will hear and consider information concerning a proposed plan of financing providing for the issuance by the California Statewide Communities Development Authority of multifamily housing revenue bonds in one or more series issued from time to time, including bonds issued to refund such revenue bonds in one or more series from time to time, and at no time to exceed \$60,000,000 in outstanding aggregate principal amount, to finance the acquisition, construction and development of a 290-unit multifamily rental housing project located at the SW corner of Lopes Court and Innovation Way, Fremont, California. The facilities are to be owned by Warm Springs, LP (the "Borrower") or a partnership created by St. Anton Communities, LLC (the "Developer"), consisting at least of the Developer or a related person to the Developer and one or more limited partners, operated by St. Anton Management, Inc., and are generally known as Innovia Apartments (the "Project"). Those wishing to comment on the proposed financing and the nature and location of the Project may either appear in person at the public hearing or submit written comments, which must be received by the City prior to the hearing. Written comments should be sent to City of Fremont at 3300 Capitol Avenue, Building A, Fremont, California 94538, Attention: City Clerk.

SUSAN GAUTHIER,
CITY CLERK
City of Fremont

Dated: March 22, 2016
3/22/16

CNS-2858855#

CITY OF FREMONT
PUBLIC HEARING

Notice is hereby given that the City of Fremont City Council will hold a public hearing to consider the following proposals. Said public hearing will be held at 7:00 p.m., Tuesday, April 5, 2016, Council Chambers, 3300 Capitol Ave., Bldg. A, Fremont, CA, at which time all interested parties may attend

and be heard:

OLD WARM SPRINGS BOULEVARD SOUTH
MASTER PLAN – 44710 Fremont Boulevard,
44758 and 44788 Old Warm Springs Boulevard
- PLN2016-00072

Public Hearing (Published Notice) to Consider the Planning Commission's Recommendation to Approve a Master Plan to Facilitate Development of 765 Residential Units and 325,000 Square Feet of Commercial Space Including Office Space, a Hotel and a Restaurant for a ±28.7-acre Property Bounded by Tavis Place, South Grimmer Boulevard, Fremont Boulevard and the Union Pacific Railroad, and Located within Planning Areas 1 and 3 of the Warm Springs/ South Fremont Community Plan, a Tentative Parcel Map to Subdivide ±20.6 Acres into Four Lots, and a Finding that No Further Environmental Review is Required Pursuant to the California Environmental Quality Act (CEQA) Guidelines Section 15183 as the Project is Consistent with the Density and Intensity Established by the Warm Springs/ South Fremont Community Plan for which a Final Environmental Impact Report (SCH#2013032062) was Previously Prepared and Certified.

BOND ISSUANCE FOR ST. ANTON COMMUNITIES
Public Hearing (Published Notice) in Accordance with the Tax Equity and Fiscal Responsibility Act (TEFRA) to Consider the Issuance of Tax-Exempt Bonds by California Statewide Communities Development Authority (CSCDA) for St. Anton Communities.

If you challenge any decision of the City Council in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Council at, or prior to, the public hearing.

SUSAN GAUTHIER
CITY CLERK
3/22/16

CNS-2858851#

ORDINANCE NO. 492
ORDINANCE OF THE CITY COUNCIL OF THE CITY OF NEWARK AMENDING TITLE 17 OF THE NEWARK MUNICIPAL CODE BEING THE CITY OF NEWARK ZONING ORDINANCE BY REZONING APPROXIMATELY 41 ACRES (ASSESSOR PARCEL NUMBERS: 537-852-9; 537-852-10; 537-852-11) FROM MT-1 (HIGH-TECHNOLOGY PARK DISTRICT) TO MDR-FBC (MEDIUM DENSITY RESIDENTIAL – FORM BASED CODES) AND HDR-FBC (HIGH DENSITY RESIDENTIAL – FORM BASED CODES)
The City Council of the City of Newark does ordain as follows: Section 1: Pursuant to Section 17.80.070 of Title 17 (Zoning) of the City of Newark Municipal Code, the City Council of the City of Newark does hereby find that the zoning change embodied in this ordinance is necessary and desirable to achieve the purposes of Title 17 (Zoning) of the Newark Municipal Code; is consistent with the policies, goals and objectives of the General Plan; and promotes the public health, safety, morals, comfort, convenience, and general welfare of the residents of the City of Newark.
Section 2: Title 17 (Zoning) of the Newark Municipal Code and Section 17.44.010 "Zoning Map" thereof, being the City of Newark Zoning Regulations, are hereby amended by rezoning portions of property shown on Vesting Tentative Tract Map 8099, in the City of Newark, County of Alameda, State of California, from MT-1 (High Technology Park District) to MDR-FBC (Medium Density Residential-Form Based Codes) and HDR-FBC (High Density Residential- Form Based Codes) hereinafter described as follows: All that portion of real property shown on Vesting Tentative Map 8099 in the City of Newark, County

of Alameda, State of California as shown on Exhibit A, (Available in the City Clerk's office, 37101 Newark Boulevard during regular business hours) and incorporated herein by reference.
Section 3: Severability and Validity. If any section, subsection, sentence, clause, or phrase or word of this ordinance is for any reason held to be unconstitutional, unlawful, or otherwise invalid by a court of competent jurisdiction, then such decision shall not affect the validity of the remaining portions of this ordinance. The City Council of the City of Newark hereby declares that it would have passed and adopted this ordinance and each and all provisions thereof irrespective of the fact that any one or more of said provisions be declared unconstitutional, unlawful or otherwise invalid.

Section 4: Effective Date. This ordinance shall take effect thirty (30) days from the date of its passage. Before expiration of fifteen (15) days after its passage, this ordinance shall be published in The What's Happening Tri City Voice, a newspaper of general circulation published and printed in the City of Fremont, County of Alameda and circulated in the City of Newark.
The foregoing ordinance was introduced and read before the City Council of the City of Newark by Council Member Buccì at the regular meeting of the City Council of the City of Newark held on February 25, 2016.

This ordinance was read at the regular meeting of the City Council held March 10, 2016. Council Member Collazo moved that it be adopted and passed, which motion was duly seconded, and said ordinance was passed and adopted. AYES: Council Members Hannon, Collazo, Buccì, Vice Mayor Freitas, and Mayor Nagy APPROVED: Mayor Nagy ATTEST: City Clerk Harrington APPROVED AS TO FORM: City Attorney Benoun 3/22/16

CNS-2858836#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on April 5, 2016, at which time they will be opened and read out loud in said building for:

OLD CANYON ROAD BRIDGE FOUNDATION
PROTECTION REPAIR PROJECT,
CITY PROJECT 8805(PWC)
FEDERAL PROJECT
NO. BHLO-5322(050)

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/ca/santaclara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT
PURCHASING DIVISION
CITY OF FREMONT
3/15, 3/22/16

CNS-2856276#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
RONALD E. DEMPSEY

CASE NO. RP16806051

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Ronald E. Dempsey
A Petition for Probate has been filed by Douglas G. Dempsey in the Superior Court of California, County of Alameda. The Petition for Probate requests that Douglas G. Dempsey be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on April 20, 2016 at 9:30 AM in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704-1109.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Phillip Campbell, 1970 Broadway, Suite 625, Oakland, CA 94612; Telephone: (510) 832-0742 3/8, 3/15, 3/22/16

CNS-2853899#

San Leandro Police Log continued from page 33

Beatty Street after someone reported that the front door was open. When officers arrived, they found the home to be vacant and that it had been converted into an illegal, clandestine marijuana cultivation operation. Detectives stated that it appeared that many

of the plants had been stolen, as only remains were left at the house. Investigators estimated that the operation was capable of growing up to 200 plants at once, and that the stolen marijuana was valued at approximately \$25,000. The operation was capable of

producing \$100,000 of processed marijuana per year. Detectives are continuing their investigation and attempting to determine who is involved in both the cultivation operation and the theft of the marijuana.

Newark CERT Disaster Preparedness

SUBMITTED BY
PEGI S. WALKER

The City of Newark and the Alameda County Fire Department offer free Community Emergency Response Team (CERT) Training to the members of the community which addresses specific hazards unique to the Newark area.

Citizens in the training will learn topics such as basic fire suppression, utility control, search and rescue, basic medical aid, triage and shock treatment, and

disaster incident management.

The Spring 2016 class will be held at The Silliman Activity and Family Aquatic Center in Newark and start on Thursday, April 21 at 6 p.m. To sign up for this six-week class or for general information call Newark CERT Administration at (510) 221-6220 or go to www.newarkcert.org as registration is required.

CERT classes promote readiness, people helping people, rescuer safety, and doing the greatest good for the greatest number.

Your actions can make a difference in a disaster, so get involved today!

Newark CERT Disaster
Preparedness

Thursday, Apr 21 – May
(TBA): 6 Class Session
6 p.m.

Silliman Activity Center
6800 Mowry Ave, Newark

Register: (510) 221-6220

www.newarkcert.org

Free

Milpitas City
Council Meeting

March 15, 2016

Public Hearing:

- Adopt interim urgency ordinance extending the temporary moratorium on cannabis dispensaries, manufacturers, cultivation and delivery for 10 months and 15 days pending completion of studies.

Reports of Mayor & Council:

- Approve revised operating procedures for revised streets, parks and facilities. Approve a memorial bench in Augustine Park and direct commissions to develop a park memorial program.

New Business:

- Receive information on the Silicon Valley Community Choice Energy Program and, if directed, investigate the process and costs to join the local SVCCE program.

- Authorize application for an assistance to Firefighters Staffing for Adequate Fire and Emergency Response Grant to increase

Grant opportunity for
Fourth of July fireworks events

SUBMITTED BY
SANTA CLARA COUNTY
PUBLIC AFFAIRS

Nonprofit organizations planning to hold 2016 Fourth of July fireworks events in Santa Clara County may benefit from a new County grant program established to fund safe and legal fireworks displays. The County is allocating a total of \$25,000 to sponsor up to two fireworks events in each of the five supervisorial districts (\$5,000 per district).

“Our support of professional displays helps to deter the illegal use of fireworks in neighborhoods,” said President Dave Cortese, County of Santa Clara Board of Supervisors. “The new grant program will distribute the funding throughout the County.”

Selection qualifications/criteria for fireworks events:

1. Must be held in Santa Clara County

2. Consider proven, at least, in its second year
3. Consider public/fire safety education element(s)
4. Must be open to any resident in Santa Clara County and be family-friendly
5. Must be able to specify how County of Santa Clara grant award will be used

Interested organizations must complete an application form that can be viewed at www.sccgov.org/sites/ceo/fsi/Pages/fsi.aspx. Nonprofit organizations that have held Fourth of July events involving fireworks displays and meet the criteria to receive a grant are encouraged to submit their applications before April 8 at 5 p.m. Completed applications must be e-mailed to Office of the County Executive Fran Palacio, Administrative Services Manager III, at fran.palacio@ceo.sccgov.org.

staffing levels of the Milpitas Fire Department from the current 48 operational firefighters to 51.

- Authorize a budget appropriation in the amount of \$19,844 to the police department for mandated police emergency vehicle driver training.

Resolutions:

- Adopt two resolutions related to the city's groundwater and conservation technology programs authorizing the filing of a financial assistance application for a financing agreement with the State Water Resources Control Board and for the city manager to execute documents relating to the board funding program.

- Adopt a resolution granting initial acceptance of and reducing the performance bond for 2014 road rehabilitation projects to the amount of \$215,545.

- Authorize city manager to execute an agreement with Waste Management, Inc. for solid waste procurement disposal.

Agreements:

- Approve an amendment to the agreement with HMH, Inc. for additional design services and

to increase compensation additionally by \$11,390 for the Montague Expressway Widening.

- Approve an amendment to the agreement with with Burke, Williams & Sorensen, LLP for legal services regarding odor.

- Extend the agreement with OfficeMax for the purchase of office supplies for the annual not-to-exceed amount of \$95,000 through June 30, 2018.

Joint Meeting of the Milpitas City Council and the Successor Agency to the Former Redevelopment Agency:

- Authorize the executor director of the Successor Agency of the Former Milpitas Redevelopment Agency to execute a purchase and sale agreement with Lodging Dynamics Development, LLC for property located at the northwest corner of Alder Drive and Barber Lane.

Mayor Jose Esteves:	Aye
Vice Mayor Carmen Montano:	Aye
Debbie Indihar Giordano:	Aye
Garry Barbadillo:	Aye
Marsha Grilli:	Aye

LIFE CORNERSTONES

Birth Marriage

For more information
510-494-1999
tricityvoice@aol.com

Obituaries



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

- Arlene J. Furtado**
RESIDENT OF FREMONT
July 23, 1935 – February 22, 2016
- Anna Bobb**
RESIDENT OF NEWARK
August 11, 1924 – February 23, 2016
- Mannog Yim**
RESIDENT OF NEWARK
November 1, 1936 – February 23, 2016
- Erie I. Jackson**
RESIDENT OF NEWARK
December 31, 1928 – February 23, 2016
- Dorothy M. Martin**
RESIDENT OF FREMONT
March 18, 1924 – February 25, 2016
- Diane R. Burton**
RESIDENT OF SAN JOSE
January 29, 1941 – February 25, 2016
- Louise E. Flanagan**
RESIDENT OF UNION CITY
November 12, 1946 – February 25, 2016
- Beverly A. Mitchell**
RESIDENT OF FREMONT
August 15, 1937 – February 27, 2016
- Wilfredo E. Ruby, Jr.**
RESIDENT OF OAKLAND
May 27, 1945 – February 26, 2016
- Audrey C. Wilson**
RESIDENT OF FREMONT
October 28, 1918 – February 27, 2016
- Frank R. Cabrera**
RESIDENT OF UNION CITY
July 10, 1932 – February 27, 2016
- Richard J. Motta**
RESIDENT OF NEWARK
September 4, 1927 – February 28, 2016
- Jatinder Singh**
RESIDENT OF WALNUT CREEK
December 15, 1952 – February 29, 2016
- Sonja T. Berger**
RESIDENT OF FREMONT
July 21, 1929 – February 29, 2016
- Scott Clyde**
RESIDENT OF NEWARK
May 3, 1968 – February 29, 2016
- Satsue Robles**
RESIDENT OF FREMONT
July 26, 1924 – March 1, 2016
- Masao “Mac” Kato**
RESIDENT OF NEWARK
April 15, 1928 – March 1, 2016
- Gloria Jean Silva**
RESIDENT OF UNION CITY
November 8, 1945 – March 1, 2016
- Graciela Villegas Landeros**
RESIDENT OF NEWARK
July 25, 1937 – March 2, 2016
- Lon A. Hacker**
RESIDENT OF NEWARK
December 12, 1946 – March 2, 2016
- Allie Lee Driggs**
RESIDENT OF FREMONT
June 23, 1928 – March 3, 2016
- Milya Nisenboym**
RESIDENT OF FREMONT
June 18, 1922 – March 4, 2016
- Manuel Lesico**
RESIDENT OF FREMONT
July 14, 1920 – March 8, 2016
- Manuel Farias Bernal**
RESIDENT OF NEWARK
September 30, 1932 – March 8, 2016
- Walter Jensen**
RESIDENT OF FREMONT
February 16, 1925 – March 9, 2016
- Palmira Aguiar**
RESIDENT OF NEWARK
January 15, 1922 – March 10, 2016
- Ta Hong Kwan**
RESIDENT OF FREMONT
June 20, 1944 – March 12, 2016
- Dorothy Tavash**
RESIDENT OF FREMONT
June 27, 1934 – March 13, 2016



- Alphene Promes**
RESIDENT OF MANTECA
September 18, 1938 – March 7, 2016
- Duane H. Rice**
RESIDENT OF FREMONT
June 20, 1937 – March 7, 2016
- Dolores M. Little**
RESIDENT OF CAMPBELL
June 3, 1947 – March 8, 2016
- Mary A. Lillpop**
RESIDENT OF FREMONT
Resident of Fremont
August 3, 1936 – March 7, 2016
- David L. Baxter**
RESIDENT OF FREMONT
October 22, 1934 – March 10, 2016
- Adriana E. Adams**
RESIDENT OF FREMONT
July 17, 1920 – March 11, 2016
- Yetkam Annie Wang Doe**
RESIDENT OF FREMONT
May 4, 1930 – March 11, 2016
- Anuradha Vishwanath**
RESIDENT OF FREMONT
July 17, 1935 – March 12, 2016
- Patricia J. Wills**
RESIDENT OF FREMONT
October 20, 1939 – March 12, 2016
- Genevieve M. Creighton**
RESIDENT OF FREMONT
November 6, 1922 – March 13, 2016
- David Taylor**
RESIDENT OF SAN JOSE
October 5, 1973 – March 12, 2016
- Allie M. Bennett**
RESIDENT OF FREMONT
August 19, 1931 – March 15, 2016
- Margaret C. Jokerst**
RESIDENT OF SAN RAMON
May 14, 1925 – March 16, 2016
- Theodore R. Klein**
RESIDENT OF FREMONT
June 6, 1929 – March 16, 2016
- Guilhermina I. Saleem**
RESIDENT OF FREMONT
June 25, 1922 – March 16, 2016
- Virginia R. Remington**
RESIDENT OF MILPITAS
August 25, 1938 – March 18, 2016
- Jewel B. Frealy**
RESIDENT OF FREMONT
July 3, 1919 – March 19, 2016

Berge • Pappas • Smith
Chapel of the Angels
(510) 656-1226
40842 Fremont Blvd, Fremont

- Kuo-Liu Chang**
RESIDENT OF UNION CITY
July 24, 1926 - March 13, 2016
- Maria Berta de Oliveira**
RESIDENT OF FREMONT
April 26, 1943 – March 13, 2016
- Sixto Valadez**
RESIDENT OF FREMONT
January 14, 1967 – March 16, 2016
- Gerald “Jerry” Ortega**
RESIDENT OF UNION CITY
September 24, 1946 – March 17, 2016
- Ruth B. Gamba**
RESIDENT OF FREMONT
November 20, 1918 – March 17, 2016
- Pasqual G. Soto**
RESIDENT OF FREMONT
May 18, 1930 – March 18, 2016
- Glen Fernandez**
RESIDENT OF FREMONT
June 10, 1963 – March 17, 2016



Fremont Chapel of the Roses
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1940 Peralta Blvd., Fremont
www.fremontchapeloftheroses.com

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Obituary

Walter O’Neal Jensen

February 16, 1925 – March 9, 2016
Resident of Fremont



Walter Jensen was born on February 16, 1925 in Moroni, UT and entered into rest on March 9, 2016 in Fremont, CA at the age of 91. He is survived by his son Allen Jensen. Preceded in death by his wife Laverne Jensen in December 2014.

He was head custodian at Centerville Jr. High for over 20 years. Walter enjoyed fishing and gardening.
On Monday, March 21st he will be laid to rest with Navy Honors at Sacramento Valley National Cemetery in Dixon, CA.

Maria Berta de Oliveira

Sunrise: 04/26/1943 Sunset: 03/13/2016
Resident of Fremont



Born on April 26, 1943 in Faial, Azores, and entered into rest on March 13, 2016 in Fremont, CA at the age of 72. Survived by her husband Alexandre de Oliveria; children: Maria Regina, Paulo, and Lisa; grandchildren: Christopher, Naomi, Kayla, Joshua, Hailey, Ethan, Dylan, Julius, and Antonio.

Maria Berta was a kind hearted woman who was passionate about Jesus and had the gift to see the good in all of God's children. She had a zest for life and was happy to minister to those who were willing to give up some time for her beautiful soul. She loved sharing her love for Jesus with everyone and anyone who would listen. She was the most loving, caring, compassionate, adoring, kind, and beautiful wife, mother, grandmother, and sister anyone could ever have. She had love in her heart for all people and found no fault in anyone. Anyone who was fortunate to know and met Maria Berta is blessed. We are thankful for all the time we had with you and will remember all you taught us.

Heaven is a better place with you there!!!

LETTERS POLICY

The Tri-CityVoice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be give preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

Obituary

Sixto Valadez

January 14, 1967 – March 16, 2016

Resident of Fremont



Sixto left us too soon. He will be missed dearly by everyone who knew and loved him. Preceded in death by his beloved Father Sixto V. Valadez Sr.; survived by his mother Petra Valadez; his partner in life Sulema Costilla; daughter Andrea; sons: Sixto Jr. II; Agustin Sixto; Marcello and Miguel; his sister Cathy and her husband Chris; brother Juan and his wife Pauline and brother Joaquin; grandchildren Manny and Noah;

12 Nieces and Nephews, many Aunts, Uncles, Cousins and countless friends.

Sixto was an avid Oakland Raiders and A's fan. He enjoyed dancing and loved to spend time with Sue in Clear Lake. He was a loving caregiver to Sulema's parents Manuel and Celia Costilla who recently passed. He spent his last years bonding with Sue's family who he loved; Howard, Ricky, Andrew, Charisse, Sara, goddaughters Jade and Adelina. For those who knew Sixto know he was a special man with a big heart and we'll love him Forever and will miss him dearly.

Funeral Mass will be celebrated on Tuesday, March 22nd, 10am at Our Lady of Guadalupe Catholic Church, 41933 Blacow Rd., Fremont, CA 94538. Inurnment at Irvington Memorial Cemetery in Fremont.

Obituary

Gerald "Jerry" Ortega

September 24, 1946 – March 17, 2016

Resident of Union City



Born in Springfield, IL, and entered into rest in Fremont, CA at the age of 69. Survived by his wife, Maria S. Ortega; son, Gerald "Jerry" Ortega, Jr. and his wife Theresa; his pride and joy, his grandson, Stellan William Ortega; brothers: Anthony and Russell Ortega; and nieces and nephews.

Jerry was a U.S. Army veteran, and a member of Knights of Columbus Council #06288 of

Our Lady of the Rosary Catholic Church. He loved golfing and fishing, and was a die-hard Oakland Raiders fan.

Visitation will be held on Tuesday, March 22, from 5-8pm with a Vigil at 6:30pm at Our Lady of the Rosary Catholic Church, 703 C St., Union City, CA 94587. Funeral Mass will be celebrated on Wednesday, March 23, 11:30am at the church.

Union City Police Log

SUBMITTED BY
UNION CITY PD

Monday, March 7

At around 9:00 a.m., officers responded to the 3500 block of Sanddollar Court to a report of a woman who had been stabbed numerous times. Officers arrived on scene and located the victim with life-threatening wounds. Officers performed first aid until the Fire Department and EMS arrived. After a lengthy investigation by Union City Police Department (UCPD) detectives, Samie Mawlavizada from Hayward was arrested for various charges, including attempted homicide. This incident was an isolated incident in which the victim was the intended target. The victim is expected to survive.

At around 4:00 p.m., officers were dispatched to the Marketplace shopping center (corner of Alvarado-Niles and Decoto Road) on reports of a theft. Two suspects had left the store with a shopping cart full of merchandise. The total loss was more than \$1,200. A 39-year-old male from Union City and a 52-year-old female from San Francisco were both arrested for grand theft.

Tuesday, March 8

At around 11:10 a.m., officers were dispatched to Fremont Bank on Alvarado Boulevard for a report of criminal threats. A bank employee reported that a suspect smelling of gasoline threatened to "blow up" the bank. The suspect was located nearby with an im-

provised Molotov cocktail. Anthony La, a Union City resident, was arrested for criminal threats and possession of combustible material for arson.

Wednesday, March 9

At around 10:00 a.m., officers responded to the Marketplace shopping center to meet with a subject who had been hit with a pipe. Upon further investigation, it was revealed that the subject had gotten into a verbal argument with his roommates. At some point, the subject stabbed the two other roommates with a box cutter. The roommates struck the subject in the head with a pipe in self-defense. The case was submitted to the District Attorney's office for review of charges against all three subjects, including assault with a deadly weapon and battery with serious injury.

A commercial burglary occurred on the 33100 block of Alvarado-Niles Road between March 9 at 7:00 p.m. and March 10 at 8:00 a.m. The front glass door was smashed. The business was ransacked, and the loss included cash from a file cabinet.

Thursday, March 10

At around 1:20 p.m., officers were dispatched to the report of a just-occurred robbery. A suspect pulled the purse off a victim's shoulder and fled in a waiting vehicle. He was described as a Hispanic male adult, 5'7" to 5'10" and 180 lbs., black hair and clean shaven. A second suspect was described as a thin Pacific Islander male in his early 20s, with dark, curly hair. The vehicle, reported stolen out of San Leandro, was a 1997 maroon Honda Accord (California license 6DGA599).

A residential burglary attempt

occurred on the 31300 block of Santa Fe Way between 9:30 a.m. and 11:00 a.m. The rear sliding glass door was smashed, but there was no apparent entry or loss.

Friday, March 11

At around 10:45 a.m., Ofc. Mangan was dispatched to Itliong-Vera Cruz Middle School for a report of a student who had a knife in his backpack. The 13-year-old was arrested and released to a parent with a notice to appear in court.

A residential burglary occurred on the 2400 block of Early Rivers Place between 3:00 a.m. and 8:30 a.m. A side window was smashed. The residence was ransacked, and the losses included electronics and inoperable antique pistols.

Saturday, March 12

At around 9:00 p.m., Ofc. Jensen was dispatched to the area of 10th Street and I Street on a report of a grand theft. A customer took more than \$4,000 while an employee's back was turned. After reviewing surveillance footage of the incident, Ofc. Jensen located the suspect's vehicle and suspect a few blocks away. The suspect admitted he took the money and told Ofc. Jensen where he had hidden the cash. The 35-year-old Union City resident was arrested for grand theft, and the money was returned to the business.

Sunday, March 13

At around 8:30 a.m., Cadet Hobson was patrolling Union Landing shopping center when he located a vehicle reported stolen out of Oakland. The driver, Tamara Rosselli from Union City, was arrested for vehicle theft.

Hayward City Council

March 15, 2016

Presentation::

A proclamation commemorating the City of Hayward's 140th anniversary was presented by Mayor Barbara Halliday. Poet laureate Bruce Roberts read a poem about the City.

Consent:

- Council approved resolution accepting the written resignations of Navneet Ratti from the Council Economic Development Committee and Satyendra Kaith from the Personnel Commission.
- Council adopted the ordinance authorizing execution of

amendment to the La Vista Project Development Agreement to extend the terms of agreement to May 2021, incorporating a revised project schedule. The development is located at 28816 Mission Blvd.

- Council approved resolution regarding plans and specifications for the FY 2016 Pavement Preventative Maintenance and Resurfacing Project, and call for bids due on Tuesday, April 26.

- Council approved plans and specification for the FY 2016 Pavement Rehabilitation Project, and resolution calling for bids by Tuesday, April 12.

Public Hearing:

- Council discussed proposed subdivision and construction of 97 single-family homes and related site improvements on mul-

tiiple parcels located at the southwestern corner of 2nd and Walpert streets, requiring introduction of an ordinance and adoption of a resolution related to a zone change and approval of vesting tentative map for Ward Creek Cottages Subdivision.

Legislative Business:

- Director of Finance Tracy Vesely reported on the FY 2016 mid-year budget review and general fund 10-year plan update.

Mayor Barbara Halliday	Aye
Mayor Pro Tempore Al Mendall	Aye
Francisco Zermeño	Aye
Marvin Peixoto	Aye
Greg Jones	Aye
Sara Lamnin	Aye
Elisa Márquez	Aye

Obituary

Glenn Michael Fernandez Sr.

June 10, 1963 – March 17, 2016

Resident of Fremont

Glenn is survived by his beloved son Glenn M. Fernandez Jr., mother Elizabeth J. Fernandez, brothers Raymond Jr. and David Fernandez, sister Donna Luther, all of Fremont, CA., brother Patrick Fernandez of Antioch, CA and sister Gail Heinlein of Penn Valley, CA. He is also survived by 6 nieces and nephews and 9 great nieces and nephews. He is predeceased by his father, Raymond R. Fernandez Sr., & niece Lorelani Fernandez, both of Fremont, CA.

Glenn was the most caring, giving person to everyone around him, and so many people have shared how fortunate they were to be considered his friend. Glenn never learned to say "no". If you needed help, just call Glenn. Since the passing of his father, Glenn has been a priceless caregiver to his mother. Glenn had a career in AUTOCAD (drafting) until the economy downturn took many jobs like his, and he went to work in construction. Glenn liked good food, good friends and always, a



really good laugh, but what he loved with all his heart and soul was the son he thanked God for blessing him with, Glenn Jr.

A memorial service will be held on 11am on Friday, March 25 at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA, with a lunch/reception immediately following.

Teamsters, Lyft drivers to file objection to lawsuit settlement

SUBMITTED BY
TEAMSTERS UNION

On March 15, the Teamsters Union and Lyft drivers filed legal objections to a class-action lawsuit settlement which would continue to misclassify Lyft employees in California as independent contractors.

The objectors, who also plan to intervene in the lawsuit, filed their objections in federal district court in San Francisco before Judge Vince Chhabria.

The proposed settlement results from a class-action lawsuit brought in 2013 by two Lyft drivers who sought to be recognized as employees rather than independent contractors.

The Teamsters have also filed an unfair labor practice charge with Region 20 of the National Labor Relations Board (NLRB) in San Francisco, alleging Lyft's

business practice of misclassifying drivers and its one-sided "terms of use" imposed on its drivers deprives them of rights guaranteed under federal labor law, including the right to join a union.

Under the proposed settlement, the average payment to drivers will be less than sixty dollars. Drivers who have labored for Lyft as full-time employees for several years could receive up to \$1,000, still a small fraction of what they are owed as employees.

The settlement maintains Lyft's business practice of misclassifying their employees as independent contractors, which will cost workers and California taxpayers in the future. The settlement also provides for a notice to be sent to Lyft drivers that, under the settlement, they "can never sue Lyft again."

"Everything that Lyft does indicates an employer-employee re-

lationship, and saying otherwise is subverting responsibility in order to maximize profit," said Angelica Ferdinand, a driver for Lyft and Uber.

The settlement would also lock-in Lyft's unfair contractual terms, including terms that deprive drivers of a voice on the job; permit Lyft's retaliation against drivers who seek to advance their rights; and prohibit drivers from filing class-action claims against Lyft in the future.

In the past year, hundreds of drivers at tech companies, including Facebook, Yahoo, Apple, eBay and others in Silicon Valley, have organized with Teamsters Local 853 in San Leandro. The union has negotiated strong contracts for the drivers, including good wages, benefits and workplace protections.

Visit www.teamster.org for more information.

Volunteer to help a senior in your neighborhood

SUBMITTED BY
HAYWARD CHAMBER OF COMMERCE

What is VIP Rides? Free rides for the frail and elderly! We take them to the doctor, shopping or wherever they need to go around town.

Why? Many don't drive. This keeps them from their doctor and fresh groceries. Both are important for all, but especially so for our seniors.

So...they need you! Volunteer two hours twice a month. Give a ride and a hand, or a steadying arm, or a set of clear eyes.

It's easy and incredibly rewarding. Help out a neighborhood senior and do a little extra to make this great community even better.

To sign up, call Michelle at: (510) 856-9010. VIP Rides is sponsored through the generous support of Alameda County Measure B and the City of Hayward.

Innovative housing idea

Local Group Explores Innovative Housing Idea

In recent years, the number of cohousing communities—private homes in neighborhoods clustered around shared spaces—has surged in the U.S. and particularly in Northern California. Last year, the number of completed cohousing communities in this country increased from 111 to 135, and newly forming cohousing communities rose from 38 to 99. The surge appears to result from the reported increase in life satisfaction in communities where residents feel relevant, engaged, and environmentally responsible.

By far, the majority of California's 47 cohousing developments are in Northern California. Twenty-two of the established or forming communities are in the San Francisco Bay Area.

“Perhaps the explosion of interest in this innovative way of living is due to our concern for the environment and our quality of life,” suggests Evelyn LaTorre, a founding member of Mission Peak Cohousing. “Most likely a major reason for the increased interest in sustainable communities in recent years is a desire to create less of a carbon footprint.”

One of the newly forming cohousing communities is located in southern Alameda County. The local group, Mission Peak Cohousing, is bringing to Fremont Kathryn McCamant and Charles Durrett, the husband and wife architect team that began the cohousing movement in the U.S. 25 years ago. At two April events, McCamant and Durrett will explain what cohousing is and how to build it successfully.

The first event, a free informational meeting entitled “Put the

Neighbor Back in Neighborhood,” is co-sponsored by the City of Fremont and Mission Peak Cohousing. It will take place at the Fremont Main Library at 6:45 p.m. on April 8. The second event is a two-day workshop, “Getting it Built,” on April 9 and 10. The workshop has an enrollment fee and registration deadline of March 31. Information about both events is available from MissionPeakCohousing@gmail.com.

“We have been thinking about how to create this kind of living environment for ourselves for at least a couple years,” recalls Paul Miller, another founding member of Mission Peak Cohousing. “When we learned more about the growing cohousing movement, we recognized that it matched our objectives. Now we’re bringing in the people with the most experience to help us map our route.”

McCamant and Durrett Architects is grounded in 25 years of experience. They have designed more than 50 socially vibrant and environmentally sustainable communities throughout the U.S. and Canada. Their Getting It Built workshop is designed to help new groups avoid “reinventing the wheel” by sharing the lessons of others in the areas of membership cultivation, development process, and technical issues.

“Institutionally, cohousing addresses development issues such as community building, proximity to services, energy conservation, and environmental stewardship, as well as key neighborhood design elements that include pedestrian-friendly, senior-friendly, and earth-friendly development,” stated McCamant and Durrett in their book, “Cre-

ating Cohousing: Building Sustainable Communities.” “Cohousing communities include appropriately scaled houses in safe, car-free, walkable neighborhoods. Many cohousing sites are close to downtown and public transportation with easy access to services.”

The housing element of Fremont's general plan specifically identifies cohousing as one of the housing approaches that the City wants to encourage.

Presentation: Put the Neighbor Back in Neighborhood
Friday, Apr 8
6:45 pm.
Fremont Main Library
2400 Stevenson Blvd, Fremont
Open to the public
without charge

Getting It Built—A Weekend Workshop on Cohousing
Saturday & Sunday,
Apr 9 & Apr 10
Topics: The Cohousing Process (organizing and roles); Technical Issues (financing and designing); Working Together (decision making and group interaction); and What Next (next steps to getting it built).

Enrollment: Limited slots are left for potential residents and developers interested in building a cohousing community. Pre-registration only. Fee: \$400 by March 31. To register, contact MissionPeakCohousing@gmail.com.

Next week: Former Fremont Couple Makes Transition to Cohousing
Mission Peak Cohousing is a group of friends forming a cohousing community in Fremont. For information, contact MissionPeakCohousing@gmail.com.

Niles Boulevard Bridge replacement progressing

SUBMITTED BY CITY OF FREMONT

Work to replace Niles Boulevard Bridge, connecting the City of Fremont and Union City, is progressing since construction began last October. Spanning over Union Pacific and BART rail lines, the existing bridge is being replaced to meet current seismic and design standards. The new bridge is being built immediately south of the existing bridge, allowing it to remain open during construction. Construction is anticipated to be complete spring 2017.

Since October, dirt grading, fill and excavation work have taken place. In addition, shoring and pile driving on the east and west sides of the bridge were completed in February. Looking ahead, Cast-in-Drilled-Hole (CIDH) piles, which are used to support structures built on ground subject to movement, are anticipated to be installed beginning in March. This activity will require weekday night and weekend night work due to CIDH piles being located in between the BART and Union Pacific rail operations (tracks). Because CIDH piles will be drilled into place, noise levels are anticipated to be lower than those encountered when piles were driven into place.

The majority of project construction is anticipated to take place during regular weekday hours from 7:30 a.m. to 4 p.m. However, there may be instances where weekday construction hours are extended from 7 a.m. to 7 p.m. in order to expedite or complete ongoing work. Saturday work hours are from 9 a.m. to 5 p.m. if needed. Some work may extend into Sunday to complete ongoing work or make up for any delays caused by adverse weather.

Due to existing BART and Union Pacific restrictions, work taking place directly over or adjacent to BART and Union Pacific railroad tracks needs to be performed at night and/or on weekends when the trains are not in operation. Regular weekday night hours—when this type of work can take place—are from 1:30 a.m. to 3 a.m. Weekend night hours for this type of work are from 1 a.m. to 7 a.m. All construction dates and times are subject to change due to weather and unforeseen conditions.

The maximum noise limit allowed for the project is 86 decibels (dB) at a distance of 50 ft. Some of the work taking place over or adjacent to the BART and Union Pacific railroad tracks may exceed the construction noise limit. This work must be performed when the trains are not in operation and will be completed as quickly as possible. Community members should also be aware that train horns may be heard near the project site during regular construction hours. Train operators are required to sound a warning as they pass through a known construction zone.

Project information and construction updates are posted on <http://nilesblvdbridge.com/>. Community members are encouraged to sign up for regular updates on the website, by sending an email to nilesblvdbridge@fremont.gov, or by calling the Construction Info Line at (510) 355-1502.

continued from page 1

Easter

A moveable feast

Please join 3Crosses Church in Castro Valley as we celebrate Jesus' life, death and resurrection.

More than a Story
Thursday, Mar 24 & Friday, Mar 25
7:30 p.m.
Saturday, Mar 26
2:30 p.m.
3Crosses Church
20600 John Dr, Castro Valley
(510) 537-4690 x 230
www.3crosses.org
Tickets: \$5

Fremont:
“Crosswalk: The Easter Experience” at Harbor Light Church will give you and your family the opportunity to step into mindset of Easter as you go through the story of Jesus' death and resurrection. This is done through visual art, cutting-edge video, and interactive stations.
Crosswalk: The Easter Experience
Tuesday, Mar 22 - Friday, Mar 25
6:00 p.m. – 9:00 p.m.
Harbor Light Church
4760 Thornton Ave, Fremont
(510) 744-2233
www.harborlight.com/events/easter/crosswalk
Free

Bridges Community Church will host “The Easter Journey” on Saturday, March 26. Everyone is welcome; all activities are free, including an Easter journey tour, inflatables, face painting, egg hunts and much more.

The Easter Journey
Saturday, Mar 26
9:00 a.m. - 12:30 p.m.
Bridges Community Church
505 Driscoll Rd, Fremont
(510) 651-2030
www.bridgescc.org
Free

Join South Bay Community Church for the 4th annual Easter egg hunt on Saturday, March 26. This event is for all ages, ethnicities and religious backgrounds. You will experience the road to resurrection through interactive

stations, scene reenactments and much more. We will end this event with our community egg hunt for children ages 2-12. Pre-register at www.eventbrite.com and join us for this free community event.

Community Easter Egg Hunt
Saturday, Mar 26
12:00 p.m. – 3:30 p.m.
South Bay Community Church
47385 Warm Springs Blvd, Fremont
www.eventbrite.com
www.sobcc.org
Free

Applebee's and Pacific Commons present “Breakfast with the Easter Bunny” on Saturday, March 26 at Fremont Applebee's in the Pacific Commons shopping center. Kids can hang out with the Easter Bunny, and there will be a face painter and a balloon artist for their entertainment. Breakfast includes pancakes, potatoes, bacon and beverages (coffee, juice, tea or milk). All proceeds will benefit Fremont Education Foundation's after-school band program. Tickets are available at Applebee's or online at www.fremont-education.org.

Breakfast with the Easter Bunny
Saturday, Mar 26
8:00 a.m. – 10:00 a.m.
Fremont Applebee's
43349 Boscell Rd, Fremont
(510) 659-2561
www.fremont-education.org
Cost: \$10 per person

Hayward:
Hayward Area Recreation and Park District's 71st annual “Easter Egg Hunt & Bonnet Parade” will take place at Kennedy Park on Saturday, March 26. Bonnet parade participants must be 6 years of age and under. Bonnets must be homemade and will be judged on the prettiest, most unusual, and most colorful. The egg hunt will immediately follow the parade. There are four egg hunt age categories; the Easter bunny will join the festivities as well.

Easter Egg Hunt & Bonnet Parade
Saturday, Mar 26
9:00 a.m.: Registration
9:30 a.m.: Bonnet Parade
Kennedy Park
19501 Hesperian Blvd, Hayward
(510) 881-6700
www.haywardrec.org
Free

Milpitas:
Christ Community Church will host a community Easter egg hunt on Saturday, March 26. The event will be held in the Worship Center, and then kids will join the Easter bunny to the park. Please bring a bag of

individually wrapped candy to share.

Easter Egg Hunt
Saturday, Mar 26
10:00 a.m. & 1:00 p.m.
Christ Community Church
1000 S Park Victoria Dr, Milpitas
(408) 262-8000
www.cccmilpitas.org
Free

San Leandro:
San Leandro Recreation and Human Services Department will be hosting the City's annual egg hunt for children ages 10 and under. The event will take place at Marina Park on Saturday, March 26, rain or shine. Participating children should arrive with their own basket. Egg hunts will be divided into age-appropriate groups. A visit from the Easter bunny is expected, so attendees are encouraged to bring a camera for photos. Adults and children over 10 years of age will not be permitted in the hunt areas but are encouraged to enjoy the event from the sidelines.

Annual Egg Hunt
Saturday, Mar 26
10:00 a.m.
Marina Park
14001 Monarch Bay Dr, San Leandro
(510) 577-3462
www.sanleandro.org
Free

Union City:
Join Union City Leisure Services for our annual “Spring Egg Hunt” on Saturday, March 26 at Kennedy Community Center. The event will include a mini carnival, scholastic book fair, games, raffle prizes and more. Each participant will receive a bag of goodies and participate in an exciting egg hunt led by Mr. and Mrs. Bunny. Visit www.unioncity.org/departments/leisure-services for more information and to register. If you would like to sponsor or donate, please contact Corina Aguilar at (510) 675-5806 or corinaa@unioncity.org.

Spring Egg Hunt
Saturday, Mar 26
9:00 a.m. – 12:00 p.m.
Kennedy Community Center
1333 Decoto Rd, Union City
(510) 675-5488
www.unioncity.org/departments/leisure-services
Pre-registration: \$6 resident; \$8 non-resident
Door price: \$10

Fremont Symphony Orchestra
PRESENTS

The French Connection

A joint recital featuring the acclaimed Fremont Symphony Quartet in Gershwin's *An American in Paris* and Debussy's String Quartet along with French love songs by Fauré, Poulenc, Hahn and Massenet



Fremont Symphony Quartet: Philip Santos, Katy Juneau, Dan Reiter, Matthew Oshida




Carrie Hennessey, soprano
Zachary Gordin, baritone

Saturday, April 2, 2016 at 8:00 pm
Prince of Peace Lutheran Church
38451 Fremont Blvd. (at Eggers), Fremont

www.fremontsymphony.org
(510) 371-4859 ♥ tickets@fremontsymphony.org

What could be more romantic than an evening of love songs? An evening of French love songs with two of the most delightful voices in the Bay Area! Soprano **Carrie Hennessey** and baritone **Zachary Gordin** sing sensuous melodies by Fauré, Poulenc, Hahn and Massenet accompanied by pianist **Bryan Nies**. To set the scene, the acclaimed **Fremont Symphony Quartet** takes us back in time to turn-of-the-century Paris with Debussy's String Quartet along with Gershwin's *An American in Paris*.

All are invited to the post-concert reception hosted by the Fremont Symphony Guild to meet our distinguished guest artists.

Tickets: www.fremontsymphony.org | (510) 371-4859
If this is your first time attending a Fremont Symphony concert enter coupon code "FREMONT10" for a reduced price when buying online or ask for the "First-Timer" special by phone.

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FREMONT BANK FOUNDATION
Sharing with the Community

Media Sponsor
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P.O. Box 14007, Fremont, CA 94539
Theatre location – 4000-B Bay Street, Fremont



By Neil Simon
Directed by Rachael Campbell
Assistant Director – Tressa Bender
Featuring: Joel Butler, Pat Cross, Jason Salazar, Louis Schilling, Greg Small and Gretta Stimson

March 18 – April 16

8 pm Thursdays, Fridays and Saturdays

12:15 pm Sunday, March 27

(Continental Brunch followed by show at 1pm)

3 pm Sundays, April 3 and 10



\$27 General Admission*

\$22 Srs/Students/TBA

\$20 Thursdays – March 24, Apr 7 and 14

\$15 Bargain Saturday, March 19

\$10 Bargain Thursday, March 31 (no reservations – first come, first seat!)

*All tickets \$27 on Brunch Sunday and Opening Night.

Price of admission includes refreshments, Opening Night Gala And Sunday Continental Brunch.

Reservations: 510-683-9218

Tickets are available on our website www.broadwaywest.org
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Reservations Required 510-881-0300 ext. 222
www.SpectrumCS.org

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NOW HIRING

CONVENIENCE STORE MANAGER

Immediate opening for a Convenience Store Manager in Fremont, California. The Store Manager (SM) will manage, direct, and supervise the daily operations of the store. He/ She will maintain a pleasant and courteous environment for customers and team members according to company goals, policies, and procedures.

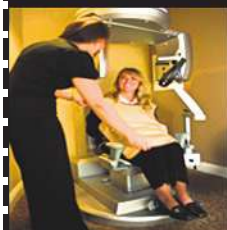
Requirements:

- Minimum of 3-5 years management experience including staff management of 5 or more employees; previous convenience store experience preferred
- Excellent communication, organizational, and leadership skills required
- Strong work ethic, energy, and motivation
- Willing to work weekends and night shifts as needed
- Maintain a clean and safe working environment

Compensation: Up to \$25/hr, a performance based bonus structure, and growth opportunities dependent on management experience. Benefit programs including medical and dental insurance, paid vacation, and incentive bonus plan and exciting opportunities for advancement. Equal Opportunity Employer. M/F/D/V. Email resumes to jdecker@eaglecanyoncapital.com, or call 925-402-1217 for information.



COMPLETE IMPLANT DENTISTRY UNDER ONE ROOF



WE IMAGE



WE PLAN



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The Ohlone Promise

A Two Year Full-Ride SCHOLARSHIP for Graduating High School Seniors

WHAT IS THE PROMISE?

The Ohlone Promise Scholarship pays for required tuition, books, and enrollment fees for two years at Ohlone — a value of approximately \$3,600. This full-ride* scholarship is designed so that students can focus on their education — rather than their finances. Thirty students will receive Ohlone Promise Scholarships in 2016.

WHO IS IT FOR?

High school seniors living in the Tri-City area and planning to attend Ohlone College full-time.

For more information on The Ohlone Promise, contact the Ohlone College Foundation at **510.659.6020** or **foundation@ohlone.edu**.

*Students will be responsible for miscellaneous supplies and optional fees.

TO QUALIFY, A STUDENT MUST:

- Be a graduating senior in a public high school from Fremont, Newark, or Union City School Districts
- Have a minimum 2.5 academic grade point average
- Complete the Free Application for Federal Student Aid (FAFSA) at fafsa.ed.gov
- Submit a letter of recommendation from a high school principal, teacher, or counselor
- Write a short essay
- Plan to attend Ohlone College full-time (12 units per semester) for two years

President/Superintendent of Ohlone College, Gail Browning, Ph.D. with the 2015 Ohlone Promise Scholars



www.ohlonepromise.org APPLY: March 1–April 15

Fresh Food

Local program fulfilling promises

BY ROBBIE FINLEY
PHOTOS COURTESY OF
HAYWARD PROMISE
NEIGHBORHOOD

Sometimes, getting a nutritious meal can make a world of difference. Hayward's Fresh Food for Families initiative, administered through the Hayward Promise Neighborhood program, does just that by providing residents of the Jackson Triangle with free meals twice a month.

One in five children in the U.S. are estimated to be living in poverty today, a difficult statistic that can be felt in the Jackson Triangle neighborhood, which runs along Jackson Street, Harder

Road, and Whitman Street in Hayward. For more than five years, the federally-funded program has made strides to alleviate the challenges that local children face every day through multifaceted outreach intended to carry children "from cradle to career."

In 2010, the Department of Education kicked off the Promise Neighborhoods program with the mission of supporting America's children who live in distressed communities. Fresh Food for Families, which operates through support from the Alameda County Community Food Bank, is one of the outreach programs established as a result of the initiative. "Services start as early as prenatal, all the way up to high school," explained Lauren



Pitcher, Hayward Promise Neighborhood's community manager for the last three years.

"The mobile food pantry travels to different locations and gives away fresh, healthy food to the Jackson Triangle," Pitcher said. Distributions began last October at The Hub (formerly John Muir Elementary School) and Eden Greenway Park. The types of food available vary by distribution date. "One is a full distribution that includes milk, rice, beans, fruit, peanut butter, pasta, etc., and then there is a produce-only distribution," explained Pitcher. According to the Food Bank website, the distributed food is acquired as either surplus, donation, or through purchase.

"We have served 1,100 families. It's been pretty successful," Pitcher said. One of the locations used for distribution is a park, which Pitcher says helps to facilitate family attendance by giving younger children a place to play while parents line up.

Though the Hayward Promise Neighborhood services the Jackson Triangle, all are welcome at the food distribution locations. "Before the food even comes, people are lined up. It's been really wonderful," Pitcher said, adding, "We haven't had to turn anyone away."

"The (Alameda County) Food Bank has done a really good job of helping us track how many people come... They're always prepared for the next time," Pitcher said of the Promise Neighborhood partner organization. "The beauty of the Fresh Food for Families program is that it's right in the heart of the Jackson Triangle," she said.

"(Hayward Promise Neighborhood)'s funding is managed by CSU East Bay. We do all of the promotions, working with CSU East Bay students to volunteer," Pitcher explained of the program's relationship to the university. Twice a month, when the mobile pantry makes its way to the Jackson Triangle neighborhood, students from CSU East Bay come out to help with the distribution. "It's been a great experience getting the college students from CSU East Bay and Chabot to volunteer," Pitcher added, noting that this is the first time that the Food Bank has consistently seen the same people volunteering every month.

Hayward Promise Neighborhood has 12 staff members housed at CSU East Bay and 10 partner organizations that help administer their outreach to the Jackson Triangle area and Hayward Unified School District.

Through monthly meetings, all of the heavy lifting of the coordination is sorted out and tracked so that outreach is as efficient and effective as possible. "There is quite a bit of checking in to see how everything is doing," Pitcher said, adding that they also submit bi-annual reports to the Department of Education, which wants to track the progress of all Promise Neighborhoods.

Though the program has been successful for the past five years, it is fast reaching a critical moment in its life. "Our first round of funding will be ending in December of this year," Pitcher said. As a result, the Hayward Promise Neighborhood team is building a strategic plan for sustainability, in the event that this chapter of the initiative does not see its funding renewed. "We hope that there is an opportunity to apply for an extension," Pitcher noted, saying, "We don't know when the federal government will allow us to reapply."

In May, Hayward Promise Neighborhood is planning to hold a summit with its outreach partners to strategize and address their funding situation, which is a harrowing prospect but Pitcher and her colleagues remain hopeful. "(There are) many strategies underway to keep our promise," she said.

Currently, distributions are scheduled through August and will be scheduled for the remainder of the year.

For more information about Fresh Food for Families, distribution times and dates, or other Hayward Promise Neighborhood programs, please visit www.haywardpromise.org.

Fresh Food for Families Distribution
Thursday, Mar 24
11 a.m. – 12 p.m.
Hayward Unified School District Family Resource Hub
24823 Soto Rd, Hayward
Free

