

Grateful winner is also impatient Lottery player

Page 6



A "real world" connection

Page 16



A celebration of information: Educational Summit provides resources for future success

Page 4

# TRI-CITY VOICE

SERVING FREMONT, HAYWARD, MILPITAS, NEWARK, SUNOL AND UNION CITY

"Accurate, Fair & Honest"



Scan for our FREE App or Search App Store for TCVnews

510-494-1999

tricityvoice@aol.com

www.tricityvoice.com

March 15, 2016

Vol. 15 No. 11

# Get your Purim party on

By Sara Giusti

Purim, one of Judaism's most celebratory holidays (in fact, celebrants are encouraged to party more than usual!), is March 24, and three local temples are hosting events open to the public.

The origin of Purim begins in Persia, third or second century BCE. After a celebratory feast, a drunk King Ahasuerus demands a new wife after his previous queen disobeys him. All young women are to be presented to him so he can find a new wife; the beautiful Esther catches his eye. But he is unaware of Esther's origins as an orphan and a Jew, minorities in Persia.

The king's chief minister Haman dislikes Esther's first cousin, Mordecai

continued on page 12









Photo courtesy of Ritu Maheshwari



#### SUBMITTED BY FESTIVAL OF GLOBE

"Holi" is a great festive occasion to celebrate and inundate each other with a rainbow of colors. Join thousands of people to spread cheer and enjoy delicious food, dazzling musical and cultural extravaganza, kids water games, raffle prizes, and dance to the beats of Desi Dhol. It is also an opportune time to renew friendships and make new ones as the entire gathering morphs into a huge family celebration.

An ancient Indian festival, Holi celebrates Hindu legends while rejoicing in the arrival of spring and the triumph of good over evil. While based in religious tradition, the holiday has become a popular event that welcomes all to participate in a celebration of brotherhood.

Federation of Indo-Americans (FIA) of Northern California, Fremont Hindu Temple, and Festival of Globe (FOG) announce their 39th Holi festival celebration on a grand scale. Building on previous successes and huge response, this year's Festival of Colors will be celebrated on Saturday, March 19 at Dixon Landing Park in Milpitas. People from all over California are expected to participate in the festivities along with many dignitaries and community leaders.

Dr. Romesh Japra, FIA President and Founder &Convener of FOG said, "Fremont Holi has over the years played an important role in keeping our culture alive and inculcating pious values in our youngsters. With a new and bigger location, Holi this year promises to be a much more enjoyable experience for the families and friends alike. I invite everyone to participate in this festival with their friends and family."

Festival spokesperson Ritu Maheshwari said, "This year thousands of families,

continued on page 12



# Communal Harmony for Cultural Diversity

#### SUBMITTED BY JEEVAN ZUTSHI

Now in its 15th year, Indo-American Community Federation's (IACF-USA) annual event, "Unity Dinner," will be held on Friday, March 25 at India Community Center in Milpitas. This year's theme, "Communal harmony for cultural diversity," will bring together community members and local public officials to celebrate the diversity of the Bay Area.

IACF is a nonprofit, public benefit corporation founded in 1994 as the first Indo-American organization to build bridges with mainstream organizations, diverse leadership, think tanks, and public officials. In the wake of the 9/11

attacks, Unity Dinner began in 2002 to promote harmony and unity in diversity. IACF participates in the growth of California by taking up issues which lead to uniting communities.

This year's keynote speaker is San Jose Mayor Sam Liccardo, joined by guest speaker Raj Jaswa, former president of TiE (The Indus Entrepreneurs), and honored guest speaker U.S. Rep. Mike Honda (D-Silicon Valley, Calif.). Honored guests such as Alameda County supervisors Scott Haggerty and Nate Miley; San Jose and Cupertino City Councilmembers; Newark Mayor Al Nagy; Fremont Mayor Bill Harrison;

continued on page 5

# INDEX Arts & Entertainment . . . . . 23 Bookmobile Schedule . . . . . 25 Business . . . . . . . . 8

Classified	3
Community Bulletin Board 30	6
Contact Us3	1
Editorial/Opinion 3	1
Home & Garden 15	5

It's a date
Kid Scoop 20
Mind Twisters
Obituary 40
Protective Services 37

Public Notices 3	8
Real Estate1	7
Sports	8
Subscribe	7

# Certified Nurses Day: March 19 celebrates nursing certification of registered nurses

ashington Hospital's certified nurses never stop learning, whether it's in their hospital work or when they take demanding new classes. They are always learning more and improving the way they care for their patients.

On March 19, Washington Hospital will join other hospitals across the country to celebrate Certified Nurses Day, a national event to honor and recognize the important achievement of nursing specialty and subspecialty certification.

"Nursing knowledge advances so quickly," noted Katie Choy, MSN, RN-BC, CNS, NEA-BC, the Hospital's nursing director for education. "Many of our staff are pursuing specialty certification. They have a lifelong dedication to excellence in patient care."

In nursing, there are practices and protocols to meet the exact needs and challenges of various medical specialties, such as cardiac care or surgery. The different certifications equip nurses to serve their patients better by following best practices that lead to better outcomes.

"Each certification a nurse earns demonstrates a commitment to their professional practice. These certifications validate knowledge and skills in acute and critical care," added Choy.

Anu Tharoor, BSN, RN, CCRN, CNRN, an intensive care nurse who has been with Washington Hospital for 11 years, has certifications in Critical Care Nursing and Neuro Nursing.

"It's about taking care of people when they may be at their worst and helping them recover. Our ultimate goal is to have good outcomes for all our patients," she continued. "The knowledge I have gained through my certification courses gives me confidence to provide the best possible nursing care."

Washington Hospital's nursing units take a team approach, with nurses, doctors, therapists and others working together to offer advanced care.

"We never know what patients and conditions we will have on a specific day. For us, it's not a job but something we look forward to doing every day," said Tharoor. "Sometimes, people come back to thank us, but out greatest reward is knowing we have given our patients the best possible care."

"Being certified makes me feel better prepared," noted Susara Martinez, BSN, RNC-OB, a



From left to right, Washington Hospital certified nurses from multiple areas of specialty: Dyna Agbanlog, BSN, RN-BC; Sabrina Ayllon, RN, CEN; Laurie Neel, BSN, RN, CCRN; Anu Tharoor, BSN, RN, CCRN, CNRN; Roy Coloma, BSN, RN-BC, VA-BC.

labor and delivery nurse at the Hospital for the past 15 years.

Rules, regulations and protocols change over time. She credited the certification materials and interacting with other nurses helped Martinez and her team learn about and use new and evolving labor and delivery practices.

The continuous pursuit of nursing excellence is especially important at Washington Hospital, which is a designated Magnet hospital. This is the highest level of recognition a hospital can receive for the quality of its nursing care.

"In our unit, my nursing certification is appreciated and I'm able to help teach others," Martinez continued. "The certification process helped empower me to plan and lead training sessions for our unit. In the last six months, we've taught six new nurses about various advanced labor and delivery procedures."

She added, "As labor and delivery nurses, we're welcoming a new person into the world. It's an amazing experience and every delivery is different. With my new detailed knowledge, I can

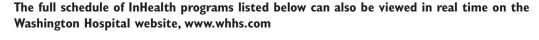
also do a better job of preparing the mother to participate throughout the delivery process."

Dyna Agbanlog, BSN, RN-BC, a medical-surgical nurse for the last nine years, says, "This is my calling. The patients are often elderly and have multiple medical challenges. It requires us to take more time to interact with and reassure patients as we administer care."

"I've gained a lot of useful information through certification," she added. "On the unit, we put the patient at the center

continued on page 5

# InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv





	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	
	3/15/16	3/16/16	3/17/16	3/18/16	3/19/16	3/20/16	3/21/16	
2:00 PM 2:00 AM	Diabetes Matters: Diabetes Meal Planning	Washington Women's Center: Cholesterol and Women	Snack Attack	Your Concerns InHealth: Sun	Family Caregiver Series: Legal & Financial Affairs	Raising Awareness	The Weigh to Success	
2:30 PM 2:30 AM	Colon Cancer: Prevention & Treatment	Family Caregiver Series: Panel	Colon Cancer: Prevention & Treatment	Protection	Family Caregiver Series: Legal & Financial Affairs	About Stroke	Colon Cancer: Prevention & Treatment	
00 PM 00 AM	Minimally Invasive Options in Gynecology	Discussion	Knee Pain &	Don't Let			Learn About Nutrition for a	
30 PM 30 AM	Deep Venous	Skin Cancer	Replacement	Hip Pain Run You Down	Varicose Veins and Chronic Venous Disease	Family Caregiver Series: Recognizing the Need to Transi- tion to a Skilled Nursing Facilit	Healthy Life	
00 PM 00 AM	Thrombosis		Advanced Healthcare Planning			Get Your Child's Plate in Shape		
30 PM 30 AM 00 PM 00 AM	Superbugs:Are We Winning the Germ War?	Washington Township Health Care District Board Meeting February 10, 2016	GERD & Your Risk of Esophageal Cance	Washington Township Health Care District Board Meeting February 10, 2016	Strengthen Your Back! Learn to Improve Your Back Fitness	Diabetes Matters: Protecting Your Heart	Washington Township Health Care District Board Meeting February 10, 2016  Voices InHealth: Medicine	
30 PM 30 AM 00 PM	Cough and Pneumonia: When to See a Doctor		Take the Steps:What You Should Know About Foot Care		Diabetes Matters: Under- standing Labs to Improve Diabetes Management	Radiation Safety		
00 PM 00 AM 30 PM 30 AM	Voices InHealth: Healthy Pregnancy	Voices InHealth: Cyberbullying - The New	Dietary Treatment to Treat Celiac Disease		Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment	Heart Healthy Eating After Surgery and Beyond		
0 PM 0 AM	How to Maintain a Healthy Weight: Good Nutrition is Key	Schoolyard Bully  Learn More		Minimally Invasive Surgery for Lower Back Disorders	Getting the Most Out of Your Insurance When You Have Diabetes	Lunch and Learn: Yard to Table	Safety for Children  Women's Health Conference: Can	
30 PM 30 AM	Low Back Pain	About Kidney Disease	Shingles -	From One Second to the Next	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Diabetes Matters: The Diabetes Domino Effect: ABCs	Lifestyle Reduce the Risk of Cancer?	
00 PM 00 AM 80 PM 80 AM	Learn If You Are at Risk for Liver Disease	Arthritis: Do I Have One of 100 Types?	Diabetes Matters: Diabetes & Polycystic Ovarian Syndrome Voices InHealth:The Legacy Strength Training System	Your Concerns InHealth: Senior Scam Prevention	Washington Township Washington Township		Hip Pain in the Young and Middle-Aged Adult	
00 PM 00 AM	The Real Impact of Hearing Loss & the	e Real Impact of aring Loss & the Colon Cancer: Prevention & Treatment Kidney Tr		Colon Cancer: Prevention	Health Care District Board Meeting February 10, 2016	Health Care District Board Meeting February 10, 2016	Women's Health Conference:Aging Gracefully	
80 PM 80 AM	Latest Options for Treatment	Treatment Keeping Your Heart on		What You Should Know About Carbs and			Inside Washington Hospital: Patient Safety	
00 PM 00 AM		the Right Beat		Food Labels			Diabetes Matters: Strategies for Incorporat- ing Physical Activity	
O PM	Washington Township Health Care District		Washington Township Health Care District	What Are Your Vital Signs Telling You?	Turning 65? Get To Know Medicare	Colon Cancer: Prevention & Treatment	Diabetes Matters:What to Expect When	
00 PM 00 AM	Board Meeting February 10, 2016	Sports-Related Concussions	Board Meeting February 10, 2016	Crohn's & Colitis	Know Medicare	Washington Women's Center: Cancer Genetic	Hospitalized with Diabetes	
80 PM 80 AM		Heart Irregularities		How Healthy Are	Diabetes in Pregnancy	Center: Cancer Genetic  Counseling	Community Based Senior Supportive Services	
:00 PM :00 AM		-		Your Lungs?	Diabetes Matters: Key	Family Caregiver Series: Coping as a Caregiver		
:30 PM :30 AM :00 PM	Movement Disorders, Parkinson's Disease,	Living with Arthritis	Prostate Cancer:What You Need to Know	Heel Problems and Treatment	To A Healthy Heart with Diabetes	Diabetes Matters: Diabetes Ups & Downs:Troubleshooting High & Low Blood Sugar Level		
:00 AM	Tremors and Epileps	Where Have All The Patients	Eating for Heart Health by Reducing Sodium	Options	Inside Washington Hospital: The Green Team	Latest Treatments for Cerebral Aneurysms	Washington Women's Center: Sorry, Gotta Run!	
:30 PM :30 AM	Family Caregiver Series: Hospice & Palliative Care	Gone?	Inside Washington Hospital: Stroke Response Team	Inside Washington Hospital:The Emergency Department	Family Caregiver Series: Nutrition for the Caregiver	Meatless Mondays	Family Caregiver Series: Fatigue and Depression	

# Take the Day to Focus on You

Washington Hospital Women's Conference Offers Tips for Better Health and Wellness

When was the last time you took a day to focus on you? If you're like a lot of other women, your days are filled with work and/or kids, with little time left over for yourself. How would you like to learn how to restore a little serenity and balance to your life? This year's Women's Conference at Washington Hospital provides an opportunity to take time out and focus on your health and wellness.

"The Women's Conference offers a day where women can get together and learn about a number of health topics, find out more about services available at the Washington Women's Center, and meet other women from the surrounding community," said Laura Constantine, RN, coordinator of the Washington Women's Center. "It's really about learning how to live a healthier, more balanced life. We are encouraging women to bring their mothers, daughters, and sisters. We'd love to have a multigenerational gathering. Or bring your girlfriends for a day out that will be fun and informative."

The 10th annual Women's Conference will be held from 10 a.m. to 2 p.m. on Saturday, April 16, at the Conrad E. Anderson, MD Auditorium located at 2500 Mowry Avenue (Washington West) in Fremont. The event costs \$25 and includes a continental breakfast and a healthy lunch. Participants will also receive a special gift. Registration is required by calling (510) 608-1301.

#### **Speaker Lineup**

The Women's Conference will feature informative talks by physicians from Washington Hospital and the Washington Township Medical Foundation. In addition, there will be interactive meditation and Tai Chi sessions to help participants learn how to de-stress and bring balance to their lives, Constantine said.

Dr. Mary Maish, a thoracic surgeon who specializes in complex disorders of the esophagus, will talk about gastroesophageal reflux disease or GERD and some of the treatment options that are available. Many people, including pregnant women, suffer from



The 10th Annual Women's Conference at Washington Hospital is an event for women to focus on health and wellness. The Women's Conference takes place on Saturday, April 16 from 10 a.m. to 2 p.m. in the Conrad E. Anderson, MD, Auditorium in Washington West, 2500 Mowry Ave., Fremont. Event registration is \$25, which includes breakfast and lunch. To register, call (510) 608-1301

heartburn or acid indigestion caused by GERD. It can often be relieved through diet and lifestyle changes, but some people require medication or surgery.

Dr. Tam Nguyen, a family physician at the Nakamura Clinic who specializes in diabetes, will offer tips for weight management. Keeping your weight under control is important for staying healthy and avoiding diseases like diabetes and heart disease.

Maggie Gutting, a registered dietitian at Washington Hospital, will provide a heart healthy cooking demonstration. She will offer tips for making healthy, delicious meals that are lower in salt, fat, and calories.

In addition, Dr. William Dugoni, medical director of the Women's Health Program at

Washington Hospital, will provide opening remarks, and Dr. Victoria Leiphart, a gynecologist who also teaches classes at the Washington Women's Center, will moderate the conference and talk about some of the health and wellness programs available at the Women's Center.

#### A Place for Women

The conference is an extension of the women-centered health and wellness services that are available at Washington Hospital and the Women's Center, Constantine explained. The Washington Women's Center offers a number of classes and seminars, as well as massage therapy.

Classes include yoga, meditation, and healing touch. There is also an evening lecture series that includes topics such as women

empowering women and restoring balance to your life. Exercise classes include Zumba, Tai Chi, and a Ladies Choice Program that offers an individualized exercise plan.

The Women's Conference will include drawings to win gift certificates for free wellness massages and exercise classes.

"There are so many wonderful things happening at the Women's Center," Constantine added. "I encourage women to join us for the Women's Conference on April 16 and learn about all the resources that are available to you here at Washington Hospital."

For more information about programs and services offered at the Washington Women's Center, visit www.whhs.com/womenscenter.

# Ask the Doctor

This is an ongoing column in which Dr. Tam Nguyen answers your health-related questions. Questions for Dr. Nguyen should be emailed to Ask the Doctor at: askthedoctor@whhs.com

#### Is a glass of red wine and dark chocolate good for my heart?

Not all bad habits are harmful to your health – some can be beneficial, such as chocolate and alcohol. There have been several studies showing that chocolate consumption is associated with a reduced risk of adverse cardiovascular outcomes. A moderate level of alcohol (1 drink for females and 2 drinks for males) is also associated with several cardiovascular benefits. However, heavy drinking (3 or more standard-drinks per day) can have severe health risks such as heart failure, hypertension, and stroke. Although potentially any alcohol has similar benefits, red wine in particular contains several anti-oxidants which are good for your health so go ahead and enjoy the afternoon with chocolate and wine.

#### What should I do about an odd growth on my body/skin?

Odd growths get more common as we get older. Most skin growths including moles and warts are common and benign. Nonetheless, there are growths that can be cancerous and need to be treated. There is no one set rule to determine which growth is benign or cancerous. Different rules such as the ABCD (asymmetry, border uneven, color and diameter) rule can be used to help rule out melanoma for any pigmented lesions. These rules, however, are not perfect and any odd growth should be evaluated by a

#### Tam Nguyen, MD, FAAFP

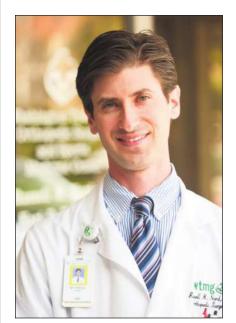
Tam Nguyen, MD, is board certified by the American Board of Family Medicine and the American Board

of Aesthetic Medicine, treating

patients of all ages since 2008. He completed his Family Practice residency at San Jose-O'Connor Hospital in California and has served at San Joaquin General Hospital as part of their medical staff and clinical faculty and as the Family Medicine Chair. Dr. Nguyen currently practices Family Medicine at the

Washington Township Medical Foundation -Nakamura Clinic in Union City. For more information, go to www.mywtmf.com.

### **Washington Sports Medicine** Physician Returns for 5th Year of 'March Madness'

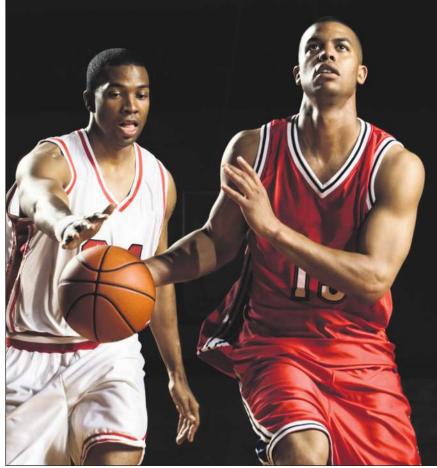


Medical Director of Washington Sports Medicine and Washington Township Medical Foundation orthopedic surgeon, Russell Nord, MD, was a West Coast Conference Basketball tournament physician for the fifth year. Similar to his role at local high school games, Dr. Nord's role as a WCC tournament physician allows him to contribute to player safety and wellbeing.

**▼** he month of March came in like a lion for Medical Director of Washington Sports Medicine Russell Nord, MD. An orthopedic surgeon and sports medicine specialist, Dr. Nord returned for his 5th year as a tournament physician for the West Coast Conference (WCC) Basketball Tournament at the Orleans Arena in Las Vegas. Sharing the job with another physician who is a long-time colleague, Dr. Nord covered games for both the men's and women's teams.

"I am constantly impressed with these young people," says Dr. Nord. "They are all very enthusiastic and dedicated to the sport. Plus, they are so polite and respectful. They are truly a credit to their respective schools."

As a tournament physician, Dr. Nord's job is to treat anyone who gets hurt - sometimes including fans, cheerleaders, team mascots, referees and members of the tournament staff as well as players. While some teams already had team doctors, many others did not,



so Dr. Nord and his fellow tournament physician would assist the teams' athletic trainers when players needed help. He also would help out if a team's physician wasn't an orthopedic surgeon and needed his perspective and assistance.

"Most of the teams this year did not have team doctors," he notes. "During the men's quarter finals, especially, there were a fair number of injuries. As physicians working on the sidelines, we are most involved with injuries that can be managed quickly - such as dressing a cut or stitching it up so that the player can return to the game. It's great when you can treat someone and help the player get back to the game right away.

"We also have to recognize when a player has suffered a game-ending injury," he adds. "We don't want to disqualify a player from returning to the game unnecessarily, but our top priority is player safety. We did have some

injuries this year that required players to leave the game, such as one player who suffered a knee injury, but most players were able to get back in the game. And, fortunately, I didn't have to treat any injured cheerleaders or team mascots this year."

Another aspect of serving as a tournament physician involves organizing what medical equipment to bring to the games and determining which facilities in Las Vegas are best suited to care for specific types of injuries, according to Dr. Nord.

"My experience over the previous four years helped me learn a lot about the capabilities of the various medical facilities in Las Vegas," he says. "Still, things change from year to year, with new facilities opening and other ones closing. I also have gotten to know the training staff members for the various

continued on page 7



www.ohlonepromise.org

A Two Year Full Ride
Scholarship Program
FOR GRADUATING
HIGH SCHOOL SENIORS

**APPLICATION PERIOD: March 1 – April 15** 

Jeordan Anudon is an Ohlone Promise Scholarship recipient currently finishing his third semester at Ohlone College. During his last year at Washington high school, Jeordan and his family were concerned about how they might be able to afford college considering their limited finances. At a suggestion from one of his teachers, Jeordan started his search online for a possible solution. There Jeordan found

"I plugged in my high school name and location and up came the Ohlone Promise Scholarship information," explained Jeordan. "I applied right away and it's been perfect for me. My family was strapped for funds so the Ohlone Promise Scholarship has had a huge impact on my life."

information on the Ohlone Promise.





2015 Ohlone Promise Scholarship Recipients

Jeordan was so keen to get started at Ohlone that he started taking summer classes only two days after his high school graduation. Currently working on general education courses, Jeordan is looking forward to exploring his interest in helping others in the fields of neurology, psychology, or some other area that can help those afflicted with mental or physical challenges.

"I really believe that the Ohlone Promise Scholarship is an excellent example of programs that help support and encourage students to strive for the American dream."

When asked about his future education plans Jeordan is reaching high. After finishing his studies at Ohlone, his dream school is Stanford University, but UC Berkeley, UC Irvine and UCLA are also high on his list.

Thanks to its generous donors, the Ohlone College Foundation has increased the number of scholarships offered from 25 in 2015 to 30 scholarships in 2016. To qualify, a student must be a senior graduating from a public high school in Fremont, Newark, or Union City and plan to attend Ohlone College full time.

To apply for the Ohlone Promise Scholarship, please visit www.ohlonefoundation.org.

Applications are now being accepted through

April 15. For information on how you can support The Ohlone Promise, call 510-659-6020.

# A celebration of information: Educational Summit provides resources for future success

By Julie Gesin Photos by David Mufty, Grins2gophotography

Three years ago, when Stan "Data" Dobbs took on the job of Superintendent for the Hayward Unified School District (HUSD), the district had some of the lowest scoring schools in Alameda County; local business community did not want to be associated with that failing sector of the city. In spite of its image, Hayward was educating about 65,000 students within its private, charter, and public schools and colleges. Dobbs came up with an innovative plan to provide resources to Hayward's underserved students by forming a network of Hayward's public, charter, and private schools to work side by side with the Alameda County Office of Education and local businesses.

The Made in Hayward movement, in addition to the \$25 million Promise Grant from the U.S. Department of Education, began to revitalize the district and put pride back into the city's schools. From Tom Hanks, an award-winning actor/filmmaker and a Chabot College alumnus, to Jack Del Rio, head coach of the Oakland Raiders and a former Hayward High football standout, to everyday difference-makers and role models, Hayward's success stories are gaining momentum on social media and inspiring Hayward's children, youth, and their families.

"Every day now I receive a success story from someone who was 'Made in Hayward,'" says Sabrina Aranda, an HUSD Communications Coordinator and



Board of Trustees President Lisa Brunner and Superintendent Stan Dobbs

Hayward success story herself. She shares information about the new programs with a contagious enthusiasm. "Three years ago, I would not have believed that there was a High School Oratorical Festival in Hayward. The first year we only had 12 participants – this year we have 81!"

The Oratorical Festival offers college scholarships, and is one of several after-school programs created by the roundtable of business owners, educational leaders, and Hayward students. Step Off, a popular youth enrichment program rooted in song and dance historically practiced by African-American fraternities, has grown from 1,000 to 3,500 participants. A district-wide Student Pledge Kick-Off Day allows students of all ages to voice and honor their commitment to education. Posters, commitment cards, and a link to a film, "A Message from our Local Leaders," captures encouraging words from Hayward community leaders such as the mayor and police chief, among others.

The third annual Made in Hayward "Cradle to Career Educational Summit" showcases the resources Hayward offers to ensure educational opportunities from birth to career for all Hayward students, including the city's most vulnerable groups. Parents of preschoolers can find out about agencies such as Community Child Care Centers and Head Start – a school readiness program for low-income children under five. Older students can learn about after-school programs and scholarships from the Hayward Student Council formed by members of public, charter, and private schools. California State University, East Bay and Chabot College representatives familiarize collegebound students with the path towards their college career. Armed Forces recruiters offer educational opportunities through military service, while Eden Area Regional Occupational Program presents information on job training and employment services.

In just two years, the Cradle to Career Educational Summit attendance grew from 400 to 650 guests, and this year, an even bigger turnout is expected. Test scores in the district are rising and surpassing the scores of some neighboring towns, while districts such as Fontana Unified and Los



Banos Unified created their own consortiums based on the Made in Hayward model.

The Educational Summit takes place on March 19, on the first floor of Hayward's City Hall, and is open to the public, free of charge. While the focus of the event is setting Hayward children on their path to college and career, it is also a celebration of the city's achievement. There are refreshments provided by local businesses and guest speakers, as well as entertainment by the Hayward High School Band, Russ Elementary Shakespeareans, Step Team from Tennyson High, and many more.

"The Made in Hayward Education Summit is a visible testament to the Hayward community that quality education (public, private, charter, community or higher education) is our collective priority," says Superintendent Dobbs. Whether you are a stu-

dent, a Made in Hayward family, a business owner seeking a worthy cause to invest in, or a guest from another town, come and visit the Cradle to Career Educational Summit and see how one city came together to support a meaningful common cause — their children's future.

For more information, contact Sabrina Aranda at saranda@husd.k12.ca.us, (510) 784-2600 Ext. 72617, or Superintendent Stan Dobbs at sdobbs@husd.k12.ca.us, (510) 784-2640.

Cradle to Career
Educational Summit
Saturday, Mar 19
9:30 a.m. – 1:30 p.m.
Hayward City Hall
777 B St, Hayward
(510) 784-2600 Ext. 72617
www.husd.k12.ca.us/madeinhayward
Free

continued from page 2

# Certified Nurses Day: March 19 celebrates nursing certification of registered nurses

of our team, as we share and exchange information. Because I have more confidence, I can reassure my patient's family that their loved one is benefitting from our staff's experience and receiving the best possible care. I'm proud to be certified."" she said.

Cindy Rogers, BSN, RN, CCRN, CPAN, a nurse at Washington Hospital for 22 years, is a member of the Post Anesthetic Care Unit (PACU), where patients come immediately after surgery.

About her certifications, Rogers reports, "The classes and bookwork required for certification are rigorous and demand a lot of time and effort," said Rogers. "The Hospital is very supportive in helping us to be successful."

Many of Washington Hospital's dedicated nurses have embraced the opportunity to become certified. They know the path is often challenging, but it is also personally and professionally rewarding.

continued from page 1

# Communal Harmony for Cultural Diversity

Milpitas Mayor Jose Esteves; Fremont City Councilmembers Suzanne Chan, Rick Jones, Lily Mei, and Vinnie Bacon; Washington Hospital Healthcare System Trustees; Ohlone College Trustees; and other public officials will grace the event.

Enthralling cultural programs are scheduled from talented performers of the Bay Area, including Lisa Performing Arts; Kelly Leu from Blooming Lotus Flowers; Emily Chang from Jasmine Blossom; and Sarah Liang, Skylar Qian, and Erin Law from Happy, Laugh, Play. Sumptuous Indian food will be served by Wah Jee Wah, along with a host bar. An awards ceremony will be held to honor Fremont Police Department as the Organization of the Year, Sue Chan as Advocate of the Year, and Cinequest Film Festival for the Unity Award.

The event is co-hosted by Global organization of the People of Indian Origin (GOPIO- Silicon Valley), American Association of Physicians of Indian Origin, Washington Hospital Healthcare System and Fremont Police Association. Grand sponsors include Deepak Ganju, Merrill Lynch Financial Advisory Team, and Global Wealth Management. The event is also supported by media partners India

West, India Abroad, Tri-City Voice, Radio Zindagi, TV Asia, Sitaare TV, Diya TV, and IN-DtvUSA.

Funds raised from the event have supported a nonprofit movie project, "The Last Smile," highlighting the dangers of health supplements in the past four years. Amit Zutshi Foundation, a nonprofit organization that aims to fight the use of over-thecounter drugs and give scholarships to young people in need, will also benefit from the event. Tickets cost \$80 per person, \$800 for table of 10, and \$1,000 for VIP table of 10. Sponsorship opportunities are also available. For more information, visit www.indocommunity.us, or contact Jeevanzutshi@aol.com or (510) 589-3702.

Also, please join IACF leaders on the Senate floor in California State Capitol on Monday, March 28 as the State of California celebrates IACF's "Unity Day." Visit www.indocommunity.us for more information.

Unity Dinner
Friday, Mar 25
6 p.m.
India Community Center
525 Los Coches St, Milpitas
(510) 589-3702
Jeevanzutshi@aol.com
www.indocommunity.us
Tickets: \$80 per person, \$800
table of 10, \$1,000 VIP table of

Unity Day
Monday, Mar 28
1 p.m.
California State Capitol
10th & L St., Sacramento
(510) 589-3702
Jeevanzutshi@aol.com
www.indocommunity.us

# Eden Health District sponsors free mental health workshop

SUBMITTED BY JONNIE BANKS

Eden Health District presents the second in a series of community health education workshop events on Tuesday, March 15. This interactive evening focused on information, resources and hope for those dealing with mental health issues will be held at the San Lorenzo Library.

An in-depth presentation by Michele Wms-Smith and Rashad Eady from the Family Education and Resource Center, Mental Health Association of Alameda County, will speak to the far reaching implications mental illness has for society as a whole, and the effects it has on individuals and families.

An interactive Question & Answer discussion will follow the presentation offering the audience an opportunity to engage in dialog with the presenters and special guest speaker, San Francisco opera singer, Sigmund Siegel. Siegel's inspiring story of his courageous battle with mental illness that began at the age of 18 brings the realities of mental

health issues including, family dynamics, therapeutic treatments, medications and societal stigmas to a very personal level.

Afterwards, several local mental health agencies will be on hand to provide support and resource materials on mental health pertaining to their respective organizations.

EHD wishes to recognize our "Partners in Health" for their participation in this event:

Family Education and Resource Center, Mental Health Association of Alameda County, Alameda County Behavioral Health Care Services, Davis Street Behavioral Health Clinic, National Alliance on Mental Illness, San Lorenzo Unified School District, Department of Social Services. Space is limited, so please RSVP to: (510) 538-2031, ext. 205.

Mental Health Workshop Tuesday, Mar 15 5:45 p.m. -7:30 p.m. San Lorenzo Library 395 Paseo Grande, San Lorenzo RSVP: (510) 538-2031, ext. 205

Free

# East Bay Hand & Plastic Surgery Center

We customize treatments for your individual needs Highly skilled and trained in all aspects of Cosmetic Surgery

#### **Complimentary Cosmetic Consultations**

Please prepare for an hour of being educated in the procedure that interest you most

All Botox and Filler injectable treatments are done by Dr Kilaru

Due to the recent price increase of botox from the manufacturer we must also raise the price.

· Mommy Makeover Specialist Jump into Spring with a new refreshed you!

• Breast Augmentation

- Breast Lift
- Tummy Tuck
- Breast Reduction
- Upper/Lower Eyes
- Liposuction
- Body Contouring
- Corrective Surgery after weight loss

Restore facial volume, reduce wrinkles
Botox @ \$13 a Unit (Limited time)
JUVEDERM® Ultra \$500 per syringe
and receive 10 FREE units of Botox
juverderm Ultra Plus \$550
JUVEDERM® Voluma XC \$750
per syringe Purchase 2 syringes and receive

one FREE syringe JUVEDERM® ULTRA
The first and only FDA-approved filler to
correct age-related volume loss in the midface
for natural-looking results - Last up to 2 years

**Must Mention Ad for Discounts** 

#### 30% OFF SkinCeuticals

UNBEATABLE PRICING for Latisse \$105 - 3ml (While supplies last)

\*All injections done by Dr Kilaru Board Certified Plastic Surgeon We are part of the

Brilliant Distinctions Program Exp. 3/30/16

Contact our office with any questions. We would love to hear from you

510-791-9700

Contact Delilah for more information delilah@prasadkilaru.com

Se Habla Español and
Marunong Po Kami Mag Tagalog

WWW.prasadkilaru.com

facebook

yelp

39141 Civic Center Dr. #110, Fremont



Dr. Prasad G. Kilaru, MD, MBA

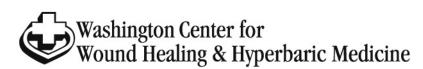
Diplomate, American Board of Plastic Surgery

15 years experience in cosmetic surgery



# The healing starts here.

When you combine some of the best wound specialists in the country with the most up-to-date approaches in the science of wound care, you get an impressive 95% success rate. At the Washington Center for Wound Healing & Hyperbaric Medicine, our professional team is highly trained in the specialized care of problem wounds. If you or a loved one is suffering from a non-healing wound, and are looking for a better solution, call us.



39141 Civic Center Dr., Suite 106, Fremont, CA Call 510.248.1520 or go to whhs.com/wound to learn more

#### Letters Policy

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.



#### **SPECIAL**

**Breast Augmentation** 

\$3,999\*

\*LIMITED TIME OFFER Some Restrictions Apply

510-794-5010

By Eric Mills, OHS

**COMMUNITY RELATIONS** 

"Cruelty is the only

unforgivable sin."

n March 3, 2016,

of a man and a woman, only

backyard rodeo on the outskirts

of town. Both deaths occurred

"steer-tailing" (see Google News -

Steer-tailing: A mounted

running steer down a long arena

the steer by the tail, wraps the tail

straightaway. The charro grabs

around his leg and stirrup, and

then rides his horse off at an

angle. The intent is to roll the

steer gently to the ground. More

often than not, the hapless steer

is thrown up in the air and then

slammed brutally to the ground.

routine, and tails may be stripped

to the bone or "degloved," even

torn off. The horses involved

sometimes suffer broken legs

way. Some "sport"!

when the steers run the wrong

Golden, Colo. in which seven

a single afternoon. Two others

suffered a broken pelvis and a

according to the local Sheriff's

Department. Randy Janssen, a

Texas charreada promoter (and

lawyer), told me that even if the

worthwhile "since the charros had

practice time in the arena with

their horses." (See his website:

www.legalizehorsetripping.com).

But it ain't just Texas and

Colorado, folks. These backyard

report was true, it was all

broken leg, and were euthanized,

steers had their tails degloved in

I worked on a 2010 case in

Bruises and contusions are

cowboy or "charro" chases a

during a non-sanctioned and

unmonitored event called

"Mexican rodeos").

weeks apart, at a popular

"Dallas Morning News"

reported on the deaths

39380 Civic Center Drive, Suite B, Fremont

Foam ages with time just like anything else SPRUCE UP YOUR FURNITURE We have new foam to

freshen your tired cushions BOB'S ) 35 Years



#### FOAM FACTORY

510-657-2420 www.bobsfoam.com 4055 Pestana Place, Fremont

**OPEN TO THE PUBLIC** LARGEST SELECTION IN BAY AREA

MON-FRI 8:30AM-5:00PM

Call Today!

SAME DAY SERVICE

Bring In

**Your Patterns** 

For Special Cuts

yelp∺

Follow us on

10% Discount

Facebook

880 to Auto Mall Pkwy - Exit towards the Hills Rt on Fremont Blvd. - 1/2 mile turn right on Pestana Place

#### DIE CUTTING ANY THICKNESS, ANY SIZE & SHAPE

MATTRESSES FOR:

Home, Vans, RV, Trucks & Campers FOAM FOR:

Mattress Toppers & Exercise Pads

Special Back & Neck Pillows

CUSHION REPLACEMENTS FOR:

Sofa, Chairs, Lounges, Window Seats, Boats

• Flexible Polyurethane Foam

• HR (High Resilience)

• Neoprene Convoluted

■ Filtration For Various Uses

Packaging Design Prototype ■ Styrofoam Sheets

 Dacron Ethafoam Crosslink

- Charcoal Esters One Compon/Discount Per Visit Cannot combine discounts

Check into Yelp

for SPECIAL OFFERS

Thank you for choosing Bob's Foam Factory products. We are certain you will be pleased with your choice. Since opening our doors in 1979, we have been committed to providing outstanding service, quality and durability.



Approved by: Dept. of Public Health **Bureau for Private Postsecondary Education** 

41300 Christy Street, Fremont, CA 94538

Call Now! 510-445-0319

www.MEDICALCAREERCOLLEGE.US

**GOOD DRIVING RECORD - NEED INSURANCE - THINK MELLO** 510-790-1118 www.insurancemsm.com



OHLONE HUMANE SOCIETY

Advocating For All Animals Since 1983

510-792-4587

39120 Argonaut Way #108, Fremont, Ca. 94538-1304 www.ohlonehumanesocietv.org

**Ohlone Humane Society** 

#### **Human & Animal Abuse** in the name of **Culture and Tradition**

rodeos are rampant throughout California and the southwest. I'm told there are some 800 sanctioned charreadas held in California every year, all featuring the steer-tailing event. Reportedly, there are hundreds of other non-sanctioned events with no - Tennessee Williams oversight or any veterinary ("Night of the Iguana") presence—very like the Dallas area situation.

> I'm a big fan of cultural diversity but not when it involves animal abuse, which steer-tailing does big time. One of my most treasured possessions is a December 26, 1990 letter from Cesar Chavez, founder of United Farm Workers, in support of my efforts to reform both rodeos and charreadas. We'll soon be celebrating Chavez's birthday on March 31. Here's an excerpt from that letter: "Kindness and compassion towards all living things is a mark of a civilized society. Conversely, cruelty, whether it is directed against human beings or against animals, is not the exclusive province of any one culture or community of people. Racism, economic deprival, dogfighting and cockfighting, bullfighting and rodeos are cut from the same fabric: violence. Only when we have become nonviolent towards all life will we have learned to live well ourselves."

> Words to live by. There'll likely be a great deal of lip-service paid to Mr. Chavez in the State Capitol and elsewhere during the coming days, but few take his work and philosophy to heart. Nor do most people know that Chavez was a vegetarian for ethical reasons.

> For 25 years I've been seeking a legislator willing to introduce a bill to outlaw the steer-tailing event. No takers. The 25-member Latino Caucus, though sympathetic, won't touch the issue since it's only Mexican-Americans who take part. Other legislators won't carry the bill for fear of a backlash from the Latino

Caucus—a real Catch 22 and the animals suffer accordingly. Truth be told, both sides are playing a form of "reverse racism." Neither tradition nor culture should ever be allowed to trump animal welfare. We're better than this, yes?

There's good precedent: Horse tripping was outlawed in California in 1994. Alameda and Contra Costa counties banned steer-tailing in 1993; the State of Nebraska banned both in 2009. Steer-tailing is not a standard ranching practice anywhere in the U.S., nor is it sanctioned by any Western-style rodeo association. It needs to go.

What you can do: Deadline for bill introduction was February 19. However, most legislators keep handy a so-called "spot bill" for emergency situations, a bill they can "gut and amend" to suit the occasion. Let them hear from you! All legislators may be written c/o The State Capitol, Sacramento, CA 95814. Email pattern for all: senator.lastname@senate.ca.gov;\_a ssemblymember.lastname@assembly.ca.gov\_(mailto:assemblymember.lastname@assembly.ca.gov).

Relatedly: The Rowell Ranch Rodeo Committee (May 21-22) plans to again feature the abusive and nonsensical wild cow milking contest, notwithstanding that the Hayward Area Recreation and Park District (HARD) received more than 300 letters in support of a ban after the death of a cow at the 2014 rodeo. Mutton busting may be offered again, too blatant violation of current policy. Please express your views to Paul McCreary, HARD's new General Manager, and the Board of Directors: HARD, 1099 E St., Hayward, CA 94544; email mccp@haywardrec.org.

#### Recommended reading:

Pope Francis' August 2015 Encyclical—rife with our duties to animals, the planet and each other.

#### Grateful winner is also impatient Lottery player

#### SUBMITTED BY CALIFORNIA LOTTERY

Kenneth Baguio doesn't mess around when he plays Scratchers tickets. He rarely even makes it home with the tickets unscratched! He usually scratches them in the car, and that's just what he did when he recently purchased the \$10 Silver & Gold Scratchers ticket. He started from the bottom and went up. When he saw "Win" he cautiously scratched the prize, saying, "I started shaking when I saw all those zeros." That's because he won the top prize! That's right, he won \$1 million!

Baguio has been playing the Lottery since he was 18 and has won a variety of prizes ranging from \$100 to \$500. In fact, just the week before he won this he won \$600 on three different tickets all on the same purchase. He's definitely on a lucky streak.

Baguio buys his tickets where he grocery shops, at the Lucky store located at 3443 Castro Valley Boulevard in Castro Valley. The retailer will receive a bonus of \$5,000 from the Lottery just for selling that winning ticket.

As far as any plans he has for his newfound wealth, he wants to pay off his house and take his family on a vacation. "All I can say is thank you," he



Kenneth Baguio celebrates his \$1 million win on the California Lottery's Silver & Gold Scratchers ticket

said. "I am so grateful for this. It takes the stress off of us and puts us in a much better situation after having a rough year!"

For more information, visit: www.calottery.com

#### Interviews are Happening Now to:

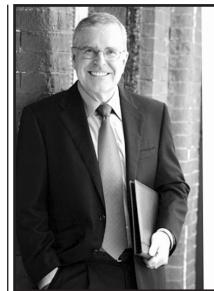
#### **Become a Senior Peer Counselor**

Looking for empathetic Seniors over 50 to participate in the program to offer emotional support for other Seniors in the Tri-City Community. Interview to receive 54 hour training to become a

volunteer Senior Peer Counselor.

Training conducted at the City of Fremont offices.

Contact us for more information and to set up an interview Liz Cox, LMFT at 510-574-2064 or email lcox@fremont.gov



TIMOTHY J. GAVIN ATTORNEY AT LAW

CERTIFIED SPECIALIST

**Estate Planning** Trust & Probate Law

Free Initial Consultation 510-248-4769

tim@gavin-law.com www.gavin-law.com

39300 Civic Center Drive, Suite 310 Fremont, CA 94538

continued from page 3

#### **Washington Sports Medicine Physician Returns** for 5th Year of 'March Madness'

teams over the years. It helps that we have learned how to work with each other well. Basketball is an incredibly fast-paced game, and seconds really matter."

Having worked with a number of local high school football teams for several years, Dr. Nord is very familiar with the responsibilities of a team physician.

"Working as a team physician for local schools, I get to watch kids throughout their high school athletic careers," he notes. "I have seen players suffer season-ending injuries and then come back the next year. It's rewarding to see athletes bounce back and succeed. Since this was my 5th year as a tournament physician, I've had a similar opportunity to see some of these athletes come back to the tournament after a serious injury in a previous season."

During the WCC tournaments, Dr. Nord sometimes covered up to four games a day, treating a variety of injuries and other conditions, while providing logistic support as well.

"In general, the injuries you see in basketball are different from the ones you see in football, but injuries can happen in any sport," he notes. "For example, there were no concussions while I was working the basketball tournament. In basketball, the women players are more predisposed to suffer anterior cruciate ligament (ACL) injuries, perhaps because of the anatomic differences in the knee in females. With the men, who have more weight to throw around, there are more injuries incurred when there is a loose ball on the floor."

Although Dr. Nord's main sports and been soccer and volleyball, he has always been an avid basketball fan.

"I went to Duke University for my undergraduate degree, and that is a big powerhouse basketball school," he explains. "The WCC tournament has a similar air of excitement. The atmosphere at Orleans Arena was positively electric, and it was packed for the big games. This is such a big deal for these athletes, to get far enough to advance to the 'Big Dance.' They're playing for their dreams. I enjoy being able to contribute to the players' safety and well-being, which is what I strive to do for all my patients - including student athletes and 'weekend warriors' who live active lifestyles."

For more information about the Washington Sports Medicine Program, visit www.whhs.com and click on the link for Sports Medicine Program under the "Services" tab.

The West Coast Conference of the National Collegiate Athletic Association (NCAA) includes a number of local Bay Area college teams, including the University of San Francisco, Saint Mary's College in Moraga, and Santa Clara University. Other schools in the WCC include Gonzaga University in Spokane, Washington; Brigham Young University (BYU) in Provo, Utah; Loyola Marymount University in Los Angeles, California; University of the Pacific in Stockton, California; Pepperdine University in Malibu, California; University of Portland in Oregon; and University of San Diego in southern California.

This year, Gonzaga defeated St. Mary's in the Men's WCC Tournament on Tuesday, March 8, by a score of 85 to 75, to win the championship and earn an automatic entry to the NCAA Men's Basketball Tournament.

In the WCC Women's Tournament on March 8, San Francisco University upset BYU, 70 to 68, for the conference championship and a berth in the NCAA Women's Basketball Tournament.

For more information about WCC sports, including this season's basketball tournaments, visit www.wccsports.com

#### **NOW ACCEPTING NEW PATIENTS**

#### Mission Hills Family Dentistry

Dr. Gayatri D. Sakhrani D.M.D C.A.G.S. B.D.S.

39572 Stevenson Place, Suite 125, Fremont 114 Birch Street, Suite D, Redwood City

**CALL FOR APPOINTMENT TIMES** 

510-793-0800

WWW.MISSIONHILLSFAMILYDENTISTRY.COM

**WE SPECIALIZE IN:** 

Cosmetic/Dental Implants **Tight Fitting Dentures** 

A Great Oral Hygiene Team Many teeth whitening options Invisalign

Complete Family & 24/7 Emergency Care



We accept most insurance - Cash Customers Se Habla Español, Hindi, Gujarati, Farsi, Vietnamese and Tagalog

#### **New Patient Specials**

\$99 Exam, Cleaning and X-rays \*Free Whitening Kit on the first visit

# **Denied Social Security**

**BOARD CERTIFIED SOCIAL SECURITY DISABILITY SPECIALIST** 

**NATIONAL BOARD OF LEGAL SPECIALTY** 30-years experience

CYNTHIA G. STARKEY I-888-972-3454

No Fee if No Recovery

# Spring Egg Hunt

Alvarado Historic District Merchants Association (AHDMA) invites you to "Spring Fest Egg Hunt" on Saturday, March 19 at Old Alvarado/Cesar Chavez Park. All families are welcome to join. The event features DJ Solo's Hip Hop Bunny Club, a photo booth, Mighty4's hip hop dance lessons, Tickle My Face's face painting, Old Alvarado Farmers' Market, and an egg hunt for different age groups. Kids will get to meet the Easter Bunny. Alameda County Fire Department and Union City Police Department will be onsite as well.

Register at www.alvaradomerchants.org. The event is sponsored by AHDMA, Adrienne Realiza of Legacy Real Estate & Associates, Assemblymember Bill Quirk, The Beauty Bar, Connection Cafe Chi-

> Spring Fest Egg Hunt Saturday, Mar 19 10 a.m. - 12 p.m. 11 a.m.: Spring Egg Hunt Old Alvarado/Cesar Chavez Park 3871 Smith St, Union City www.alvaradomerchants.org

ropractic, and CoreFitness by Jeanelle.

\$3 per child (recommended donation)



Auto Rideshare SR-22 Non-Owner Collectible Auto

Home Homeowner Renters Condo Mobile Home Specialty Home

Life Insurance Business Term Life Whole Life Universal Life

**Business Liability Business Property** Commercial Auto Work' Comp.

Business Umbrella

Recreational Boat Motor Home Motorcycle

Ask Me About:

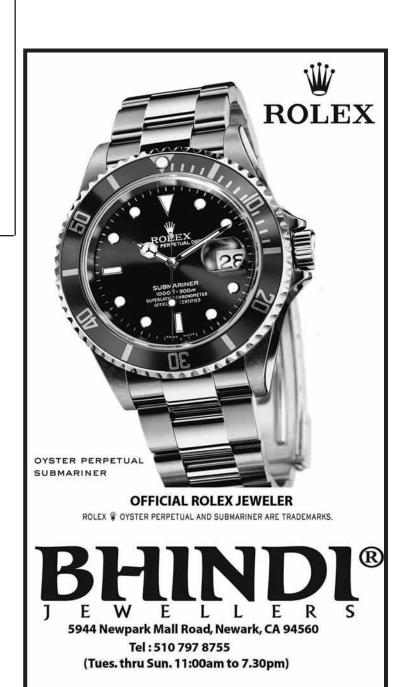
Pet Insurance ~ Farmers Visa Rewards Card ~ Teen Driver Discounts ~ Occupational Discounts and many more!



CALL ME TODAY and START SAVING!

**Pritpal Atwal** 408.421.6813 patwal@farmersagent.com

Lic.# OK 19029



#### Established 1988 - SAME LOCATION

Transmission • Clutches • Engine Performance • Emissions Power Trains • Drivability Issues • Drive Axle Brakes • Suspension • Diagnostics • Electrical • Heating & AC

#### Timing Belt Special

\$269 4 Cyl. Plus Tax

\$369 6 Cyl. Plus Tax

Includes Timing Belt & Labor to Replace



PERFORMANCE ROTORS **Drive Safer - Stop Faster** 

Ceramic Formula Disc Brake Pads

**Replace Catalytic** Converter

Factory, OEM Parts or after Market Parts **CALIFORNIA** \$90<sub>+Tax</sub> **APPROVED Call for Price** Most Cars Expires 5/30/16

**Minor Maintenance** With 27 Point

\$66°5 Change Oil & Filter (up to 5 QTS) Check Fluids, Belts, Hoses & Brakes

Evaluate Exhast System Check & Rotate Tires

Most Cars Expires 5/30/16

#### PASS OR DON'T PAY **SMOG CHECK** \$21<sup>75</sup>Cash

For Sedans & Small Trucks only \$40 Cash Total \$30 SUV Vans & Big Trucks Includes

Certificate & ETF Most Cars Expires 5/30/16

Auto Transmission Service I \$79 Factory Transmission Fluid

• Replace Transmission Fluid

• Inspect Transmission or Filter (Extra if Needed)



#### **New CV Axle**

\$16995

Parts & Labor

Not Valid with any othr offer Most Cars Expires 5/30/16

**European Synthetic** Oil Service

\$79 + Tax Up to 6 Qts. 5W40 Pentosin High Performance Made in Germany Mobil I

**TOYOTA GENUINE SYNTHETIC** OIL CHANGE OW20

**ALL OTHER TOYOTA FACTORY OIL FILTERS** 

#### Timing Belt

With Water Pump/Collant & Labor **\$359** 4 Cyl. Plus Tax

6 Cyl. Plus Tax

Not Valid with any other offer Most Cars Expires 5/30/16

**Drive Safer Stop Faster** Noise Free - Low Dust Breaks. Performance drilled & Slotted roters Ceramic Formula Disc Break-Pads

Installation +Parts & Tax Most Cars Expires 3/30/16

**FREE AC Diagnostic** If Repairs Done Here (\$45 Value) \$39 REGULAR Freon \$49 HYBRID

Visual Inspection System Charge We have a special machine to clean & remove moisture from your
Air Conditioning unit
Most Cars Expires 5/30/16

**Normal Maintenance** \$ 185 + Tax With 27 Point Inspection

• Replace Air Filters • Oil Service Power Steering Fluid • Inspect Brake Pads Coolant Service • Rotate Tires • Set Tire Pressure • Test Drive • Inspection AC Cabin Filter 60K/90K **\$225** + Tax EXTRA COST

Not Valid with any othr offer Most CarsExpires 5/30/16

#### **BRAKE & LAMP** CERTIFICATION

or Salvage Cars - Fix-It Tickets & Lamp & Alignr

\$70 + Tax + Certificate

Regular \$90



**Coolant System Service Factory Coolant** 

**Drain & Refill** up to I Gallon



OIL SERVICE ACDelco. Factory Oil Filter

\$26<sup>95</sup>

**CHEVRON SAE SUPREME** or Toyota Genuine

Most Cars Expires 5/30/16

SYNTHETIC OIL CHANGE **FACTORY OIL FILTER** CHEVRON Your Choice MOBIL

\$46<sup>95</sup> 4 Qts \$5 1 95 \$49<sup>95</sup> FQts \$54<sup>95</sup>

**BRAKES FREE INSPECTION** 

Replace Brake Pads, Resurface **Rotors Front or Rear** Made in USA

<u>ake5070</u> ■ Brake Experts

**DEALER PARTS** Not Valid with any othr offer Most Cars Expires 5/30/16

Most Cars Expires 5/30/16

Electric & Computer Diagnostics | Check Engine Light We are the ELECTRICAL EXPERTS

Repair Loss of Power to Lights/Outlets Only \$69 Repair Flickering/Diming Lights
Repair or Replace Circuit Breaker
Fuses, Panels/Meter Boxes \$120 Value

 Code Corrections Upgrade Fuses Aluminum Wires Replaced Inspection Report/Corrections
 GFI Outlets, Lights, Fan, Switches
Outlets, Service Upgrade

Most Cars Additional parts and service extra Expires 5/30/16

Service Engine Soon

FREE (\$45 Value) If Repairs Done Here

Not Valid with any other offer Most Cars Expires 5/30/16

24 Hour Phone Service FREE Estimates **FREE Consultation** 

New Circuts

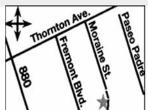


REPAIR



Towing Available: FREE or with Discount when work done here

Shuttle drop off available with 15 miles



Take 880 to Thornton Go East Go Right on Moraine

510-745-0337 - cell 510-207-5853 37195 Moraine St., Fremont

**MEDICAL INSURANCE RATES INCREASING - THINK MELLO** 510-790-1118 #OB84518 www.insurancemsm.com

### BUSINESS

# Focus on food waste



IT'S COSTING A LOT OF MONEY... AND A LOT OF RESOURCES.

#### SUBMITTED BY TRI-CED **COMMUNITY RECYCLING**

With increasing social consciousness surrounding food waste to recent legislation banning supermarkets from discarding or destroying unsold food in France, the epidemic of food waste in industrialized countries floats, once again, to the forefront of collective attention. Closer to home, in the United States, Representative Chellie Pingree, congresswoman from Maine, is currently drafting a comprehensive bill to address food waste at the farm, consumer, and institutional levels.

The phrase "food waste" encompasses a broad spectrum of the growing problem from point of production to consumption, or rather lack of consumption, by the end consumer. On the front end, farmers grow too much and manufacturers produce excess quantities. Damage in transport,

stringent cosmetic demands, and unnecessarily strict "sell-by" dates are some of the justifications given for the overproduction. About 40 percent of food in the United States is never eaten, resulting in \$165 billion a year in waste, according to a 2012 report from the National Resources Defense Council. The loss is not just in the wasted food, but also in wasted water resources and increases in greenhouse gas emissions from the overproduced food rotting in landfills.

Representative Pingree's proposed bill would seek to address change through provisions such as disclaimers under manufacturers' "sell-by" dates, tax credits for farmers who harvest less cosmetically-perfect produce, an expanded Good Samaritan law for organizations looking to donate food, and increased awareness campaigns targeted at consumers.

Food waste in U.S. households has increased 50 percent as compared to levels back in the 1970s. Several factors have led to this increase including growing portion sizes (which leads to several health issues), consumers' time and convenience, and basic lack of awareness of the sheer magnitude of the problem. Most Americans have become comfortable with tossing out fruits or vegetables that have gone bad in the fridge or scraping leftovers into the compost bin (or even worse, into the garbage can). But, multiple the actions of one household - about 20 pounds of wasted food per person by all households in the U.S., and you wind up with an astonishing wasted food bill of \$165 billion each year.

What can we do to stop the madness? Break wasteful habits and adapt new cultural adjustments. Just as recycling awareness has slowly taken hold and molded our habits of where we consciously throw our plastic bottles and aluminum cans, so too does our collective consciousness need to become aware of, and uncomfortable with, throwing out food. "We are just now recognizing that we squander a good amount of our food... the next step is getting people to see it as a problem and act," says Jonathan Bloom, author of American Wasteland, a chronicle of waste throughout the food system.

Hopefully with guidance from a proposed congressional bill and a joint USDA and EPA plan to reduce the country's food waste by 50 percent by 2030 (http://www.usda.gov/wps/portal/usda/usdahome?contentid=20 15/09/0257.xml), Americans will become more aware and re-think their own habits.

#### California lawmakers vote to raise smoking, vaping age to 21

By Jonathan J. Cooper ASSOCIATED PRESS

SACRAMENTO, Calif. (AP), California lawmakers voted Thursday to raise the legal age for purchasing and using tobacco and e-cigarettes from 18 to 21, putting the nation's most populous state on the brink of becoming only the second after Hawaii to bar teenagers from lighting up, dipping or vaping.

Before it can become law, Democratic Gov. Jerry Brown must sign the legislation, which has already passed the state Assembly. His spokesman said the governor generally does not comment on pending legislation.

Only Hawaii has adopted the higher age limit statewide, although dozens of cities, including New York and San Francisco, have passed similar laws of their own.

'We can prevent countless California youth from becoming addicted to this deadly drug, save billions of dollars in direct health care costs and, most importantly, save lives," said Democratic Sen. Ed Hernandez, who wrote the bill.

The higher age limit, part of a package of anti-tobacco bills, won approval despite intense lobbying from tobacco interests and fierce opposition from many Republicans, who said the state should butt out of people's personal health decisions, even if they are harmful.

The six bills that passed both houses represented California's most substantial anti-tobacco effort in nearly two decades, according to the American Cancer Society.

'With California having such a huge population, it's going to be very impactful nationwide," said Cathy Callaway, associate director of state and local campaigns for the society.

Advocates noted that the vast majority of smokers start before they are 18, according to data from the U.S. surgeon general. Making it illegal for 18-year-old high school students to buy tobacco for their underage friends will make it more difficult for teens to get the products, they said.

Opponents said American law and custom has long accepted that people can make adult decisions on their 18th birthday and live with the consequences. Eighteen-year-olds can register to vote, join the military, sign legally binding contracts, consent to sex and do just about any legal activity besides buying alcohol.

In response, Democrats changed the bill to allow members of the military to continue buying cigarettes at 18.

"You can commit a felony when you're 18 years old and for the rest of your life, be in prison," Assembly Republican Leader Chad Mayes said. ``And yet you can't buy a pack of cigarettes."

Another bill would classify ecigarettes, or "vaping" devices, as tobacco products subject to the same restrictions on who can purchase them and where they can

The Food and Drug Administration has proposed regulations for e-cigarettes, but none has taken effect.

Anti-tobacco groups fear that vaporizers are enticing to young people and may encourage them to eventually take up smoking.

"All the progress we've made since 1965 to educate people about the hazards of smoking may be for naught as vaping has started a new generation of nicotine junkies that will be helplessly addicted and will ultimately graduate to smoking cancer sticks," said Sen. Jeff Stone, a Republican.

Others say the devices are a less harmful, tar-free alternative to cigarettes. They have not been extensively studied, and there is no scientific consensus on their risks.

A vaping industry group, the Smoke-Free Alternatives Trade Association, urged Brown to veto the bill, saying in a letter that it could pose problems for vape shops.

"The stigma of being equated with tobacco has many negative consequences," the group wrote.

The bills would also expand smoke-free areas to include bars, workplace break rooms, small businesses, warehouses and hotel lobbies and meeting rooms. Smoking bans would apply at more schools, including charter schools, and counties would be able to raise their own cigarette taxes beyond the state's levy of \$0.87 per pack.

The legislation would take effect 90 days after the governor

The Senate vote came just over a week after San Francisco officials opted to raise the tobacco buying age to 21, making it the largest city to do so after New York. Nationwide, more than 120 municipalities have raised the smoking age, according to Tobacco 21, a group that advocates the policy shift nationally.

Hawaii was first to adopt the higher age limit statewide. New Jersey's Legislature voted to raise the smoking age from 19 to 21, but the bill died when Republican Gov. Chris Christie decided not to act on it before a January deadline.

Anti-smoking groups are collecting signatures for a November ballot initiative that would raise the cigarette tax to \$2 a pack and direct the money to health care, tobacco-use prevention, research and law enforcement.

### A wheezing, unloved bull market tries to keep running

By STAN CHOE **AP BUSINESS WRITER** 

NEW YORK (AP), It's been seven years since one of the stock market's best-ever runs began, but the anniversary is passing without a party yet again.

This bull market is the thirdlongest in history, and investors in mutual funds that track the broad U.S. market have more than tripled their money since a 6 percent jump seven years ago Thursday marked the start of the run.

Investors still don't believe in it. This bull market has been mistrusted and unloved from the start, even though it has managed to stagger higher amid a government shutdown, a debt crisis in Europe that nearly tore apart the European Union and a growth slowdown in China, the world's economic engine.

At times, even as the market stayed strong, regular investors were pulling money out of stocks instead of investing more as in past bull markets. Now, worries are high that the market has already topped out, and that a recession may be coming to knock the Standard & Poor's 500 index down again.

The index is down about 7 percent from its peak in May, and other investments like oil and emerging-market stocks have crashed in recent months, turning from bull to bear by falling 20 percent in value from recent highs. It's an indication of what a strange bull market this has been, and another reminder of how important it is to stay diversified. Nearly three quarters of retirement savings in 401(k) and similar plans is in stocks, according to a survey of plans at Vanguard, one of the largest retirement account administrators.

#### **HOW THIS BULL MEASURES UP**

This bull market may soon become the second-longest since World War II.

Yes, stocks have been weak this year, and at one point last month the S&P 500 was down as much as 14 percent from its peak. But the index has so far managed to avoid a drop of 20 percent, the arbitrary line where market watchers say a bull market morphs into a bear market. If that were to happen, traders would say the bull market ended on May 21, when the S&P 500 set its last record high.

If the bull market does manage to stay alive, it would join only two others that made it into an eighth year. One of those, in the 1950s, petered out less than two months after passing the milestone. The other became the longest bull market, extending from late 1990 into 2000, according to S&P Capital IQ.

#### **UNLOVED BULL**

This bull market had to overcome the challenges and doubts that haunted the nation after the 2008 financial crisis, which helped wipe out more than 8 million jobs and half of stock investors' holdings.

At first, investors didn't trust the bull because the job market was so slow to recover. Later, in 2011, it was concerns about the still-weak economy combined with worries about political tensions around the world. Fear spiked that the U.S. government could default on its debt and that the European Union could unravel due to its debt crisis. The S&P 500 dropped nearly 20 percent from late April 2011 into early October 2011, coming close to falling into a bear market before recovering.

Even when the stock market was doing well, like in 2013 when the S&P 500 returned 32 percent, investors were slow to embrace the bull. Some thought the market's gains hinged on unprecedented stimulus from the Federal Reserve that could evaporate or lose its power at any moment.

At times money went into U.S. stock mutual funds and exchangetraded funds, but never with the fervor that gripped investors during the dot-com boom or other bull markets. Over the last year, investors withdrew a net \$66 billion from U.S. stock funds, even as they invested elsewhere. Just over \$205 billion went into foreign stock funds over the same time, and nearly \$8 billion entered taxable bond funds.

#### **WHY ALL THIS DISTRUST STILL?**

One word: recession. Investors are worried again that the economy, which has been growing

only modestly, is about to go into reverse. The same fear has gripped investors repeatedly through the bull market. It started so early in the economic recovery, which began in June 2009, that "double-dip recession" became a common phrase.

The worries now focus on the slowdown in China, which is the world's second-largest economy and for years was its main engine of growth. Economies in Europe and elsewhere are also still growing only modestly, if at all, which pressures U.S. exporters.

And the Federal Reserve has almost no room to cut rates to stimulate the economy because rates are still close to a record low.

All that is against the backdrop of an economic recovery that, like the bull market, is also geriatric at nearly seven years old. The average economic expansion has lasted less than five years, going back to 1945, according to the National Bureau of Economic Research.

#### YOU SHOULD SEETHE **OTHER GUY**

Investors may be uninspired by the broad U.S. market, but it has demonstrated its value to investors by holding up better than many other investments in recent months and years.

Oil has lost nearly two thirds of its value over the last two years, a result of a global oversupply. That's dragged down the value of energy companies in the S&P 500 by 30 percent. China's struggles have hurt stock markets across the developing world. Emerging-market stocks have lost 26 percent since a recent peak in April.

Even portions of the U.S. stock market outside the energy industry, like small U.S. company stocks, fell into a bear market, though they have recovered somewhat in recent weeks.

Many strategists on Wall Street say they expect the bull market for the S&P 500 to persevere, even if few expect huge gains. U.S. companies - and the stock market - have so far weathered a lot, strategists from Deutsche Bank wrote in a recent research report.

"In our view, this increases the chances of this being a slow but long expansion that rivals the 10year record," they said.



#### Why did 1.3 million families refuse to buy life insurance online?

They had an Allstate Agency they trusted to help them get it right.

Let's sit down and talk about your life insurance needs today. I'm happy to answer questions, explain the details and help you choose the right policy for your family and budget. Life insurance is too important not to have an Allstate Agent looking out for you. Call me



**Bill Stone** 510-487-2225 33436 Alvarado Niles Road Union City billstone@allstate.com CA Insurance Agent #: 0649577

Let me help with your Life & Retirement needs today.



Life insurance offered through Allstate Life Insurance Company, Northbrook, IL; Allstate Assurance Company, Northbrook, IL; Lincoln Benefit Life Company, Lincoln, NE; and American Heritage Life Insurance Company, Jacksonville, FL. In New York, life insurance offered through Allstate Life Insurance Company of New York, Hauppauge, NY, Securities offered by Personal Financial Representatives through Allstate Financial Services, LLC (LSA Securities in LA and PA). Registered Broker-Dealer, Member FINRA, SIPC, Main Office: 2920 South 84th Street, Lincoln, NE 68506, (877) 525-5727. © 2015 Allstate Insurance Co.



# Looking for a summer job?

SUBMITTED BY CITY OF FREMONT

Calling all college and high school students! Are you looking for a summer job that is fun and exciting? Check out the City of Fremont summer jobs within Recreation Services. Positions include recreation leaders, sports instructors, camp specialists

and coordinators, lifeguards, swim lesson instructors, and water safety coordinators.

For information on all jobs available and/or to download an application, visit: http://www.fremont.gov/336/Jobs, email: regerec@fremont.gov, or call (510) 494-4300.

# Fremont Is Our Business FUDENNA BROS., INC.

Phone: 510-657-6200



www.fudenna.com

and receive your FREE GIFT

of soothing AVEDA Hand or Foot Relief Cream

5615 Auto Mall Pkwy., Fremont CA94538

Pure Salon Spa 510-623-7878

**Leader in Small To Medium Size Office Space** 



www.myfarhan.com

Serving the East Bay Area Since 1996 Sellers and Buyers

Call: Farhan for your Real Estate neeeds

Office: 510-573-3282 Cell: 510-409-7315 SAFarhan I @gmail.com Cal BRE # 01201851, NMLS # 296636



YOUR DESTINATION FOR **AFFORDABLE QUALITY HEALTH CARE** 

**INCLUDING MEDI-CAL** 

CERTIFIED INSURANCE AGENT **GURCHARAN SINGH MANN** License # 0C70672 (510) 797-7989 2450 PERALTA BLVD, SUITE 203 FREMONT CA 94536



9:30am - 7:00pm



510-656-9888 3909 Stevenson Blvd. Gte. G, Fremont

# 



Dr. Abdollah S. Nejad, D.C. "A Chiropractor with a Passion"

**Tension Headaches Neck Pain Pinched Nerve** Back Pain Foot/Arch Pain

Wrist Pain

one hour massage

Special Intro Offer New Patients Only

**Must Present Coupon** 

CHIROPRACTIC CARE MASSAGE THERAPY **CORRECTIVE EXERCISES** LIFESTYLE ADVICE

SPINAL & POSTURAL SCREENING **PHYSIOTHERAPY** SPINAL DECOMPRESSION KINESIO-TAPING ACTIVE RELEASE TECHNIQUE (ART) NUTRITIONAL COUNSELING LASER THERAPY

When you are Healthy 🥒 You are Happy i

www.chirosportsusa.com

Call today 5 10-475-1858

Our goal is to

help every patient

achieve a fulfilling

and happy lifestyle

full of the activities

they enjoy most.

1780 Whipple Rd Ste 105 Union City

#### **Chinese Medicine Day**

SUBMITTED BY JUI-LAN LIU

Chinese Medicine Day was first celebrated in 1929 in mainland China in the month of March and has since become a yearly tradition. The Chinese medical community of Northern California has been celebrating this important day annually for the past thirty-four years in the San Francisco Bay Area.

In celebration of the 2016 Chinese Medicine Day, on Saturday, March 19, Fremont Main Library is co-sponsoring a free health evaluation event with United California Practitioners of Chinese Medicine (UCPCM) and Citizens For Better Community (CBC). In addition to free consultation (no needles), the Chinese medical doctors will

offer free massages, time permitting. All are welcome!

Additionally, from 1:30 p.m. to 2:30 p.m., there will be a bilingual health seminar conducted in Mandarin and English on: "Facial Rejuvenation with Chinese Medicine and Acupuncture" by Lillian Huang, L.Ac., O.M.D., Ph.D.

For sign language interpreter or other accommodations, please contact the library at least seven working days prior to the event. No reservations are required.

Chinese Medicine Day Saturday, Mar 19 1 p.m. – 4 p.m. Fremont Main Library, Fukaya Room 2400 Stevenson Blvd, Fremont

(510) 745-1401 Free

#### NEWARK-FREMONT LEGAL CENTER

Contract Review & Drafting Divorce/Support/Custody Notary: On Site/Traveling Guardianship/Conservatorship Landlord/Tenant Restraining Orders

Small Claims Court Consulting Real Property, Leases Powers of Attorney Living Trusts Probate Deeds Name Changes

Bankruptcy - Chapter 7/13 FREE Consultation WITHAD

Lowell Johnson

Attorney at Law 510-794-5297 www.newark-legal.com

38750 Paseo Padre Pky., Ste. A-4, Fremont

Chahall

**European Auto Center** 

SPECIALIZING IN:

Mercedes, BMW, Volvo, SAAB, Audi, VW, and Japanese Cars

BMW inspection 1 & 2, Mercedes Benz service A & B

Install Rebuilt or Used engine and transmission - Special Price

Our Quality and Price are so impressive, we think

you WILL switch to us if you try us.

Over 39 years experience; Warranty 1 year or 12,000 miles.

www.chahalleuropean.com (510) 226-6349

45845 Warm Springs Blvd #I, Fremont

Open Monday to Saturday (6 days)

Engine • Fuel • Transmission • Brake • Electrical etc.

Engine Check light
 ABS & SRS

• Free Diagnose with Work

\$69.99 + parts - most cars

\$99.99 (4 cyl), \$149.99 (6cyl)

\$79.99 Mercedes, Land Rover

\$19.99 4cyl, Syn. Oil \$39.99

\$69.99 BMW, VW, Audi

# Start Smart

#### **SUBMITTED BY** NATHAN SILVA

The California Highway Patrol and the Castro Valley Library present "Start Smart: Teen Driver Program" on Monday, March 28. CHP officers will discuss traffic collision avoidance techniques, collision causing factors, driver/parent responsibilities, and seatbelt usage. Additionally, testimonies will be provided by officers who have investigated fatal collisions involving teens, and by family members who have lost love ones in traffic collisions.

The Start Smart program is a driver safety education class which targets new and future licensed teenage drivers between the age of 15 - 19 and their parents/guardians.

Please contact the Castro Valley Library at (510) 667-7900 or the California Highway Patrol to register.

The library will provide an ASL (American Sign Language) interpreter for any event with at least seven working days' notice. For more information, or to register, call the Library (510) 667-7900, or visit: www.aclibrary.org

> **Start Smart** Monday, Mar 28 6 p.m. Castro Valley Library 3600 Norbridge Ave, Castro Valley (510) 667-7900 NSilva@aclibrary.org www.aclibrary.org

# Alert Day 2016

SUBMITTED BY ALAMEDA COUNTY SUPERVISOR SCOTT HAGGERTY

American Diabetes Association's "Alert Day" is an annual event held every fourth Tuesday in March. It is a one-day wake-up call asking the public to take the Diabetes Risk Test to find out if they are at risk for developing type 2 diabetes. Type 2 diabetes is a growing epidemic in the U.S., but it can be controlled with knowledge and healthy behavior. Early intervention via lifestyle changes, such as weight loss and increased physical activity, can help delay or prevent the onset of type 2 diabetes.

On Alert Day 2015, nearly 29,000 people committed themselves to taking the test. Results uncovered an overwhelming outcome—over 37 percent of those tested that day alone were considered high risk for developing type 2 diabetes.

The test takes just one minute to complete, but doing so can protect people for a lifetime. Alert Day 2016 will take place on Tuesday, March 22. All Americans are encouraged to take the free risk test at http://goo.gl/52T9qz or by calling 1-800-DIABETES, and share it with everyone they know. Though Alert Day is on March 22, the Diabetes Risk Test is available online year-round.

### Empathy & Writers

#### SUBMITTED BY ART CAREY

Poet and playwright Alison Luterman will discuss the use of empathy in writing at the Fremont Area Writers meeting on Saturday, March 26. It's a prelude to the 20th anniversary of National Poetry Month in April.

Luterman's topic is "The Joy of Walking in Someone Else's Shoes (Even in a Poem!)." She will explain how the ability to understand and share the feelings of others creates a powerful energy that helps writers overcome personal barriers.

She is the author of three books of poetry, "The Largest Possible Life," "See How We Almost Fly," and "Desire Zoo." In addition, Luterman has written an e-book of personal essays, "Feral City."

You can find out more about Luterman at her website, www.alisonluterman.net

The writers group meets on the fourth Saturday of the

month, except in July and December, from 2-4 p.m. at DeVry University, 6600 Dumbarton Circle, in Fremont. Meetings are open to the public.

An Open Mic for writers to read their work is held from 7-9 p.m. at Suju's Coffee and Tea, 3620 Thornton Ave., in Fremont, on the fourth Monday of the

Fremont Area Writers is a branch of the 1,700-member California Writers Club. To find out more, log on to www.cwc-fremontareawriters.org or contact Shirley Ferrante at (510) 791-8639.

> **Empathy in Writing** with Alison Luterman Saturday, Mar 26 2 p.m. - 4 p.m. **DeVry University** 6600 Dumbarton Circle, **Fremont** Free and open to public (510) 791-8639

#### **DID YOU KNOW?**

37627 Niles Blvd

Fremont, CA 94536

Brake special

Timing belt special

Synthetic oil change

Synthetic oil change

Regular oil change

**Business Owners, not all insurance Policies** are issued at a fixed rate. Some are auditable.

THINK MELLO INSURANCE 510-790-1118

#OB84518

www.insurancemsm.com



Call for appt

www.salondumondeniles.com

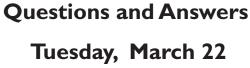
#### Salon Du Monde \*\* EYELASH **EXTENSION\*\*** \*NEW\*\*\* EYEBROW EMBROIDERY \*\*LIP LINER\*\* \*Permanent Makeup\*\* Bridal/PROM Makeup \* Nails/Ped Japanese Straigthening \* Facial \* Wax Hair Extension Colors, Highlights \* Up Do Haircut \* Perm (510) 742 - 1782

M - F:10 - 7pm, Tue-Closed, Sat:9 - 7pm, Sun:10 - 5pm

Bring any question that you might have, they will try to answer to the best of their ability. Know that they won't be offended by any question.

Are women oppressed in Islam? How do Muslims practice their faith? How does Islam view other religions? What is Sharia law?

# Meet a Muslim



7- 8 pm Connections, A couseling Center 39055 Hastings Street, Suite 106,

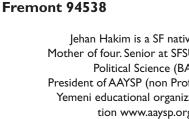
> Jehan Hakim is a SF native. Mother of four. Senior at SFSU; Political Science (BA). President of AAYSP (non Profit Yemeni educational organization www.aaysp.org). Teacher at MCC (Rahmah

> > What is the Islamic view of terrorism? What factors contributed to the rise of Islamic fundamentalism?



omnichannel

storytelling.





Moina Shaiq a Muslim

and an active member

the past 33 years, a

mother of four

resident of Fremont for

# FECTAUTO SERVICE

- Transmission Service & Repair
- Computer Diagnostic
- Electrical System Service
- Engine Service & Repair
- Steering Service & Repair
- Heating & AC Service
- Timing Belt Replacement
- Radiator & Cooling System Service
- Computerized Wheel Balance
- Japanese European American

Clutch Repair & Replacement • Suspension Service & Repair Factory Scheduled Maintenance • Original Factory Part **High Tech Diagnostics Equipment** 



#### CHECK ENGINE LIGHT DIAGNOSIS

Check Engine Light & Code Diagnosis if repairs performed at our shop. Discounted Price \$40.95 for first hour. 10st Cars. Additional parts & service extra. Exp.4/30/16

#### 

Oil & Filter • Pan Gasket & Fluid in Pan Radiator Drain & Fill • Air Filter, PCV Valve Spark Plugs • Timing or Carburetor Adjustments Rotate Tires • Brake Inspection Check All Belts & Hoses Exp. 4/30/16

#### REPLACE TOTAL TRANSMISSION FLUID

Replace total transmission fluid not a few quarts up to 8 quarts of Exp. 4/30/16 synthetic/dealer fluid.

#### AXLE

Rebuilt Only. New is an

additional \$25 Per Axle. Exp. 4/30/16 SUV's Trucks, Vans Extra

#### **EXPRESS OIL CHANGE & FILTER**

Regular \$29.95

Exp. 4/30/16

trucks. Up to 5 Qts. of 10w30 or 10w40. \$5 Extra to remove skid plate. Other grades extra. Synthetic Fluid & Canister

Most cars & light

#### SHOCKS STRUTS SPECIAL



#### **ALIGNMENT SPECIAL**

4 Wheels

Exp. 4/30/16

Most Cars & Light Trucks

#### FLUID FLUSH

Most Cars & Light Trucks. Fwd Higher. Special Dealer Fluids Extra. Coupon Required at

 Engine Oil Flush • Brake Fluid Flush Drain & Fill

Dran & Fill Exp. 4/30/16

#### **FULL SERVICE OIL CHANGE**

Tire Rotation & Top Off All Fluids. Most Cars & Light Trucks up to 5Qts. of 10w40.

\$5 extra to remove skid Coupon Required at time of write-up. plate. Other Grades Extra. Synthetic Fluid & Exp. 4/30/16

#### **FULL SYNTHETIC OIL CHANGE**

Coupon Required at time of write-up. Exp. 4/30/16

Most cars & light trucks. Up to 4 Qts. \$5 Extra to remove skid plate. Canister Filter Extra.

#### A/C SERVICE

Freon **Extra** 

**Coupon Required** Exp. 4/30/16 at time of write-up.

**BRAKE FLUID OR POWER STERING FLUID FLUSH** 

Exp. 4/30/16

#### **BRAKE SPECIAL**

FREE BRAKE INSPECTION & WRITTEN ESTIMATE. Any Brake Pad or Shoe Replacement Exp. 4/30/16

#### **SMOG CHECK**

Trucks SUV's & Vans \$10 extra. Large Vechicles & 4x4's Extra.
Certification \$8.25. Polluters '96 & Oluc, .... \$19.95 for Evap.Test

**Star Smog Station** 

#### TIMING BELT COMPLETE KIT

Exp. 4/30/16

\* Prices apply to most cars & trucks. Additional parts & labor for SUV's, Vans & 4x4's. Platinum spark plugs extra. Specials not applicable to FWD cars with pressed rotors & 4WD vhicles. Offers not valid inconjunction with other offers inclding for same service. Dealer fluids extra.



purrfectauto75@gmail.com 5 1 0-744-9040

38623 Fremont Blvd. • Mon-Sat 8am - 5:30pm • Sundays (By Appt) 9am-2pm

EMPLOYMENT OPPORTUNITIES FOR SERVICE WRITERS & TECHNICIANS

Across from Washington High School

www.purrfectautofremont.com

# Kia Sedona: A family hauler that will move you



By Steve Schaefer

hat do you use your car for? If its primary job is moving lots of people, then a minivan is probably your best choice.

I know you may be grimacing and shaking your head. "Me, drive a minivan?" A lot of people bypass the minivans in the showroom and focus their attention on crossovers—those car-based SUVs. Those tall wagons look cooler, seem more macho, or are just trendier. But if space efficiency is your prime consideration, driving a minivan is worth it.

And, with the Kia Sedona, it's a darned nice-looking package. The proportions have to be somewhat boxy to give you all that space, but the Audi mindset of Peter Schreyer, the head of Kia (and sister division Hyundai), is unmistakable, even in this realm. Yeah, there were no Audi minivans to design, but this is a handsome vehicle. There are actually 19-inch chrome alloy wheels here. You get dual sunroofs. There's a hands-free power tailgate. This is living large.

The Sedona, named after the Arizona artist colony/retirement community with all those cool red rocks, is in its second year of speed automatic. The 276 horsepower and 248 lb.-ft. of torque are the power stats. For EPA numbers, it's 17 city, 22 highway, and 19 overall. I averaged 20.1 mpg. Green scores are 5 for smog and 4 for greenhouse gas. There's nothing here to espe-

3.3-liter V6 engine through a six-

cially incite environmental activism, but these are not surprising figures for a more than two-ton people hauler. Remember, though,



the current design iteration. Little has changed as you might expect. It still comes in five levels: L, LX, EX, SX, and SXL, and prices haven't budged since the 2015 models—not a penny. So, you can grab the L for \$27,295 and work your way up to the SXL at \$40,795.

Little upgrades for 2016 include a rear back-up camera in all models, upgraded tricot cloth in the lower L and LX trims, standard heated front seats in the EX level, eight-passenger seating with the Technology package in the SX and SXL, and snazzy chrome accents on the side sills of the SXL. Not much, but remember: it doesn't cost you a dime more than the 2015 equivalents.

Every Sedona moves its 4,600 lbs. of girth around with a strong that this cruiser could replace two regular cars with its big family hauling abilities.

So, how much can you haul in the Sedona? With all three rows of seats up, full of people, you can still carry almost 34 cubic feet. That's twice what a standard trunk will hold. Drop the third row seats and you're up to 78.4 cubic feet. Lower the second row and you're up to a mammoth 142 cubic feet. How many flat-screen TVs or bags of mulch is that?

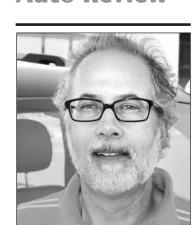
Here's another important number—5. That's the number of stars the Sedona earns in the Government Safety Ratings. That's the top score. You can thank Kia's Iso-Structure design, with extra rigidity, along with reinforced roof pillars, larger diameter welds, and other factors. There's also the usual host of electronic safety tech features, including Electronic Stability Control, Brake Assist, Rollover Mitigation, and more. It's what customers expect from a car built for schlepping your loved ones around.

The SXL Technology Package (\$2,800) brings in a whole passel of modern-day goodies, such as Xenon HID headlights with automatic high beam on/off, a Lane Departure Warning System, a surround view mirror, smart cruise control (to set the distance from the car in front), and a 115 Volt power inverter in the luggage area. It never ends.

The Sedona is a pleasant vehicle to spend time in. The Tri-Zone Automatic Climate Control keeps everybody comfortable. The Infinity Surround Sound audio system gives the big hauler a concert hall ambiance. The Nappa leather seats are cushy soft.

I drove a lot of freeway miles during this test week, and it felt like you could head for almost anywhere and it would be smooth sailing. There's loads of insulation, so it's very quiet in there. The Smart Cruise Control makes it easy to "set it and forget it" on long trips. My Bright silver SXL tester had the optional rear seat entertainment system (\$1,095), which would help the miles melt away for rear seat passengers.

#### **Auto Review**



Over the past 23 years, Steve Schaefer has tested more than 1,000 cars and published a weekly story on every one. As a teenager, he visited car dealers' back lots to catch a glimpse of the new models as they first rolled off the transporter. He is a founding member of the Western Automotive Journalists. Contact Steve at sdsauto@sbcglobal.net. My blog for alternative vehicles:

The Kia Sedona is built in Korea, using virtually all Korean parts (only 2 percent U.S./Canadian content). Many Korean brand cars are built in the U.S. today, but this is not one of them.

stevegoesgreen.com

When you're shopping for a minivan, of course you'll likely look at the popular Honda and Toyota models—they're the sales leaders—but you'd be doing yourself a disservice if you neglected to cross-shop the Sedona.



continued from page 1

# Holi

# Festival of Colors



devotees and community members are expected to participate with great enthusiasm. In order to reduce pollution, skin irritants, and make the festival environment friendly, Holi will feature biodegradable and skin-friendly colors."

If this is your first Holi, here are a few tips to a better Holi experience: Wear white or a light colored shirt – Holi colors look better that way. Apply light cream to your face to help remove colors easily. Cover your car seat to avoid smudges from Holi colors. It's OK to apply color to anyone out there while wishing "Happy Holi." It's a good way to make friends!

For more information contact Ritu Maheshwari at (510) 3045619 or visit Sulekha.com/FOG. The admission ticket (online special) is \$5 and group of 10 or more is \$4 each that includes one free color for each ticket.

Other local organizations will also be observing the holiday; Rajasthan Association of North America (RANA) celebrates with vibrant hues, refreshing Thandai, delicious Rajasthani food, live DJ, dance and much more on March 26. Bay Area Youth Vaishnav Parivar hosts three events: Holikotsav on March 22, Dhuleti March 26, and Dolotsav March 27.

FOG Holi Saturday, Mar 19 Noon – 6:00 p.m. Dixon Landing Park 1771 Milmont Dr, Milpitas (510) 304-5619 Sulekha.com/FOG Tickets: \$5 online, \$10 at the gate; kids under 5 are free

Holikotsav
Tuesday, Mar 22
6:00 p.m. – 8:30 p.m.
Bay Area Youth Vaishnav Parivar
25 Corning Ave, Milpitas
(408) 489-7361
Bayvp.org
Cost: \$5 offering donation;
nominal cost for dinner

Dhuleti
Saturday, Mar 26
11:30 a.m. – 2:30 p.m.
Bay Area Youth
Vaishnav Parivar
25 Corning Ave, Milpitas
(408) 586-006
Bayvp.org
Free entrance

RANA Holi Celebrations
Saturday, Mar 26
11:00 a.m. – 3:00 p.m.
Cardoza Park
Kennedy Dr, Milpitas
(408) 359-7262
www.rana.org
Tickets: \$18 adults,
\$13 kids 5-12 yrs; \$15 member
adults, \$10 member kids

Dolotsav
Sunday, Mar 27
3:00 p.m. – 6:00 p.m.
Bay Area Youth
Vaishnav Parivar
25 Corning Ave, Milpitas
(408) 480-3127
Bayvp.org
Call for cost

continued from page 1

# Get your Purim party on

(who fostered Esther), as he does not bow to Haman at the palace gates. Haman discovers that Mordecai is Jewish and begins plotting to kill him and all the Jews in the empire as revenge. Haman casts lots ("purim") to decide on which day to unleash his evil plan. The thirteenth of the Hebrew month of Adar is chosen.

Mordecai quickly catches wind of Haman's plan, and pleads with Esther to tell the king and put a stop to it. However, the king has a strict law: no one is allowed to approach him, or death swiftly follows. Mordecai pushes Esther to take the risk. After hard consideration, she bravely decides to tell the king and risk her life.

Esther invites the king to two feasts, and at the second reveals her heritage and tells him of Haman's plan. Ahasuerus is furious, and immediately orders Haman hanged on the very gallows he was building to hang Mordecai.

It is on the fourteenth of Adar (usually falling in February or March) that Purim and the deliverance of the Jewish people is celebrated. Celebrations include reciting and listening to the Book of Esther, also called the Megillah; donating to charity; giving gifts of food and drink, known as mishloach manot, that come in colorful baskets; dressing up in costumes; drinking wine or other alcoholic beverages; and general joviality.

Fremont's Temple Beth Torah is hosting "Pizza and Purim" on March 23, and costumes are encouraged (those in costume get a discount on pizza!). There will be a reading of the Megillah, and music by SF Bay Area musician Mark Levy. Donations will also be received to benefit MAZON, a Jewish Response to Hunger.

"Purim is a fun, celebratory festival that everyone gets to enjoy, young and old. By design, it's crazy, offbeat, and full of surprises," explained Rabbi Avi Schulman of Temple Beth Torah. "Purim is meant to be topsyturyy, irrelevant, full of spirit."

Castro Valley's Congregation Shir Ami has two days of festivities planned – a family-friendly Purim service on March 25 and a carnival on March 27. There will be games, face painting, treats, and crafts galore. Costumes are highly encouraged at both celebrations.

"People often bring and eat homemade hamantaschen, which is a triangular shaped cookie [traditionally filled with poppy seed], fashioned after Haman's hat," said Bonnie Frey of Congregation Shir Ami. "[When Haman's name] is said aloud, people use groggers or noisemakers and say boo, hiss and often stomp their feet to drown out his name," she explained.

San Leandro's Temple Beth Sholom, one of the oldest synagogues west of the Mississippi at 130 years old, is hosting three days of Purim festivities. On March 18, catch a Purim spiel, a comedic dramatization of the Megillah, by the Berkeley Jewish Renewal Spielers. The group will perform "A Proper and Moral Land." On March 20, enjoy a Purim Carnival, sponsored by the Gersten Religious School and Beth Sholom Preschool. There will be games, prizes, hamanstaschen, and more - don't forget to wear a costume! Finally, on March 23, there will be a Megillah reading and hamanstaschen bake-off.

Let loose, enjoy good company, and have fun this year at Purim!

Purim and Pizza
Wednesday, Mar 23
6:30 p.m.: Pizza Dinner
7:30 p.m.: Purim Service, costumes encouraged
Temple Beth Torah
42000 Paseo Padre Pkwy,
Fremont
(510) 656-7141
www.bethtorah-fremont.org
Cost: Children 0 - 12 years free,
\$8 13 - 17 years (\$5 with costume), \$10 18+ years

Purim Service
Friday, Mar 25
7 p.m. - 9 p.m.
Purim Carnival
Sunday, Mar 27
11:15 a.m. - 12:30 p.m.
Congregation Shir Ami
4529 Malabar Ave, Castro Val-

(\$8 with costume)

ley (510) 537-1787 www.congshirami.org Free; e-mail Bonnie at bonnie@conshirami.org to attend

A Proper and Moral Land
Friday, Mar 18
8 p.m.
Purim Carnival
Sunday, Mar 20
10 a.m. - Noon
Megillah Reading and
Hamantaschen Bake-Off
Wednesday, Mar 23
7 p.m.
Temple Beth Sholom

642 Dolores Ave, San Leandro
(510) 357-8505
www.tbssanleandro.org
Free; some food for purchase
Questions, email Rinat: religousschool@tbssanleandro.org

# Meals on Wheels celebrates

By William Marshak

"It is easy to forget that in every neighborhood, there are elders who need food; they can't afford it or they can't shop or have disabilities or conditions that don't allow shopping or preparing food."

> Patricia Osage, Executive Director LIFE ElderCare

or 39 years, Meals on Wheels volunteers have

seniors throughout the Tri-City area. In

addition, LifeEldercare coordinates a Visiting

delivered nutritious meals every day to frail

Every year, public officials gather to officially honor this service that quietly provides hot, nutritious meals for those who otherwise would be malnourished. Meals on Wheels volunteers share a few hours with their neighbors who depend on outside assistance for a bit of cheer and sustenance. Some spend a portion of every weekday delivering food, others less often, but all show up with a meal and a smile.

In Fremont, just as every other weekday, volunteers gathered on Thursday, March 10th to wait for the LIFE ElderCare truck filled with hot meals. To celebrate the continuation of Meals on Wheels, several elected officials came by to support and honor those who provide this valuable service. In attendance were Newark Mayor Alan Nagy, a



Alameda County Supervisor Scott Haggerty getting ready to distribute Meals on Wheels.

program for isolated seniors, teaches Fall Prevention in the home and provides free transportation with destination help to doctor appointments and shopping. Patricia Osage, Executive Director of LIFE Eldercare says that it is often difficult to find those in need since, due to their conditions and isolation, they may not be visible. Not only do Meals on Wheels volunteers deliver 350 meals every day, but they provide social contact and a safety net to make sure those they deliver to are okay. As a "window" to their clients, LIFE Eldercare is able to monitor Meals on Wheels recipients and notify other agencies if additional services are required.

volunteer for many years and Fremont City Councilmember Rick Jones. Mayor Nagy spoke about the need for the program and told anecdotes of his experiences as a volunteer. He noted that "It didn't take long to figure out that this program is more than the delivery of food. It is about contact with homebound seniors; it means so much to them."

Alameda County Supervisor Scott Haggerty reflected on his mother's experience with Meals on Wheels and noted that even though family support was nearby, Meals on Wheels volunteers were a

source of hope and connection with others that cared about her. Supervisor Haggerty recalled times when he delivered meals to people who lived in very different circumstances and understood the importance of daily contact with Meals on Wheels volunteers. "It is very important to stop, reflect and say 'Thank You' to the volunteers." A representative of Mike Honda's office lauded the Meals on Wheels program and noted its benefits across the nation.

Ceremonies concluded with comments from "Volunteer of the Year," Larry Roberts, who began to deliver meals one day a week following retirement. Now, delivering meals every weekday, he says, "I love it and meet great people."

LIFE ElderCare 3300 Capitol Ave Fremont, CA 94538 (510) 574-2090 info@lifeeldercare.org

Pledge to volunteer today! Call Tammy at (510) 574-2086

# Burgers & Sushi & Wine, oh, my!

By LINDA-ROBIN CRAIG

an Leandro's premier wine and food event is nearly upon us, offering a tasty way to support leadership in the city. The 21st annual "Taste of San Leandro" provides plenty of room, lots of free parking, and most importantly - lots of yummy food, wine, and craft beers. The popular event is put on by the San Leandro Chamber of Commerce in support of their Leadership San Leandro program (LSL), which fosters professional development, networking, and outreach. In fact, says Emily Griego, interim CEO at the chamber, "one hundred percent of the funds raised by this event will go to the LSL program, which has been educating community leaders for just over 20 years."

LSL Program Director Breanna Hatcher says, "It is no secret that we feel our city's most valu-



able resource is its people." Led by an executive leadership coach, LSL participants receive training throughout the program on leadership strategies. They also take tours of local institutions and businesses and hear directly from government and business leaders



about their roles, experiences, and professional growth. Guest presenters represent a diverse cross-section of the community, ranging from elected officials to high-tech innovators, traffic engineers to police detectives, communications experts to entrepreneurs.

Speaking of entrepreneurs, the owners and dreamers behind 21st Amendment Brewery (21A), Nico Freccia and Shaun O'Sullivan, are hosting this year's benefit. One of San Leandro's newest success stories, 21A opened in the city just two years ago. Freccia stated, "When Shaun and I first started our small brew pub in San Francisco, we never thought we'd be opening a fairly impressive brewery with a tasting room here in San Leandro." The first beers out of San Leandro will be exciting new releases. Freccia added, "We'll also be experimenting with our brew neighbors, Drakes Brewery, and Cleophus Quealy, to produce some really inventive collaboration beers." These partners in craft brewing look forward to making San Leandro beer central.

When asked about how their dream brewery got started, O'Sullivan said, "Both Nico and I got into brewing as a creative endeavor; to make interesting beers that craft beer drinkers can enjoy and that certainly will be the case here at our new facility."

Together with 21A, Alexander Family Vineyards, Boulevard Burger, Cleophus Quealy, CreAsian Taste of the Himalayas, Delicieux Catering & Patisserie, Drakes Brewing, Frog's Tooth Winery, Horatio's, Miraglia Catering, Rubiano's, Tsuru Sushi, Nothing Bundt Cakes, Harry's Hofbrau, The Vine & Tapas, La Pinata#2, The Tea Room Chocolate Company, La Salsa, Garré Vineyard & Winery, and Verbena will be serving up a savory array of culinary treats and sample pours and pairings to temp every taster.

Attendees can also win delicious and adventurous prizes at the raffle and silent auction. Explore 21A, and for those who don't know, the 21st Amendment repealed the 17th Amendment and ended prohibition, so eat, drink,

and be merry! Hatcher invites residents of the Tri-Cities to "Network with entrepreneurs and professionals in a city that has carved a niche for Bay Area tech innovators, start-ups, and artisans."

This event sold out last year, so get your tickets soon so you don't miss out! Waste Management (Think Green) and F H Daily Chevrolet top a long list of sponsors, but it is not too late to get in on the action as a sponsor.

For more information, contact Leadership San Leandro at (510) 317-1400 or leadershipsl@sanleandrochamber.com, or visit

http://sanleandrochamber.chambermaster.com/events/details/taste-of-san-leandro.

Taste of San Leandro
Tuesday, Mar 22
5 p.m. - 8 p.m.
21st Amendment Brewery
2012 Williams St, San Leandro
(510) 317-1400
http://sanleandrochamber.cham
bermaster.com/events/details/ta
ste-of-san-leandro
Tickets: \$40 per person,
includes all food and drink

Free parking





Communal Reconciliation

Mon., Mar. 21 at 7:00 p.m. Confessions

**Holy Thursday** 

Mar. 24 at 7:30 p.m. Mass of the Lord's Supper Good Friday

Mar. 25 at 12:30, 5:00 & 7:30 p.m. The Lord's Passion, Veneration of the Cross & Holy Communion Holy Saturday

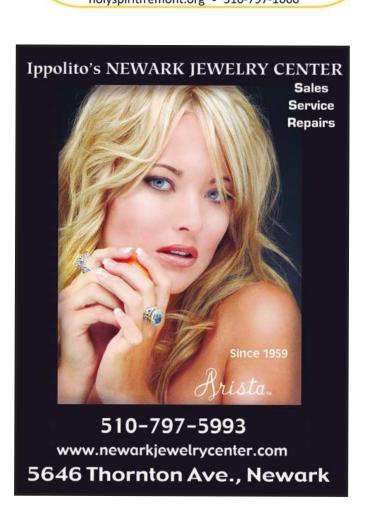
Mar. 26 at 8:00 p.m. Easter Vigil

Easter Sunday

6:00 a.m., 7:30, 9:00, 11:00 a.m., 12:30 p.m. 10:00 a.m. & 1:00 Children's Mass in De Sousa (11:00 Mass Live Streamed via HolySpiritFremont.org)

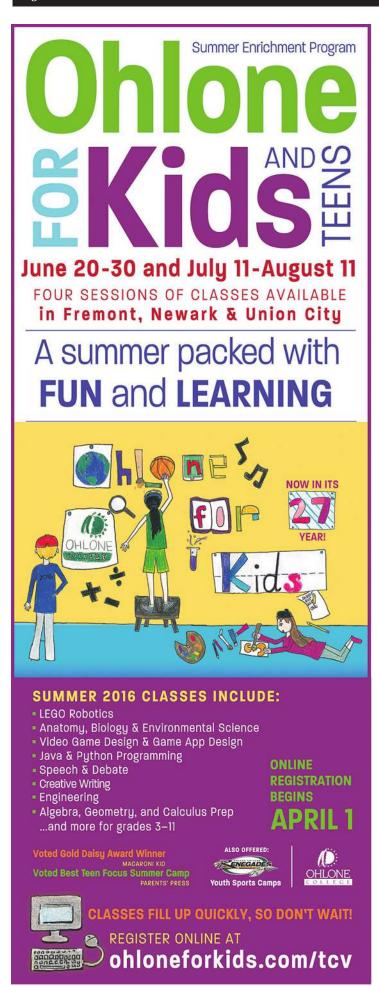
Holy Spirit Church

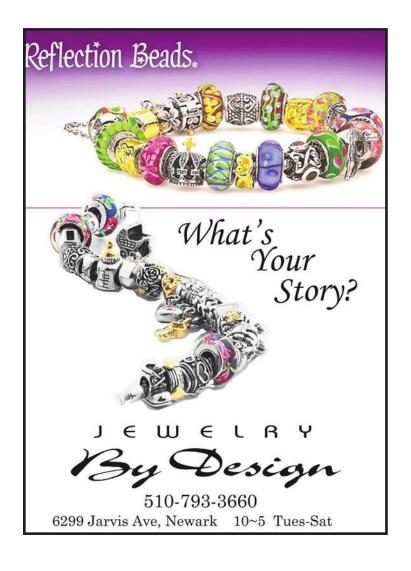
37588 Fremont Blvd., Fremont
holyspiritfremont.org • 510-797-1660













#### Laser Hair Packages

Full Legs, Chest, and Back w/Shoulders areas Never offered at Medspa 29 before

PAY ANY PACKAGE IN TWO PAYMENTS (regularly paid in full at session 1)

You get 6 treatments for the price of 4!

#### **Injectables**

These offers are while supplies last only!

#### Restylane & Restylane Lyft (Perlane)

Option A:
Buy 2 (I ml syringes) Get I (I ml syringe) FREE OR Option B:

Buy 2 (I ml syringes) Receive a FREE GIFT to help improve your overall skin appearance

\*Valued at over \$400\*

#### Dysport

When treated with Dysport (20 Botox eqv. units min.) receive a gift w/purchase

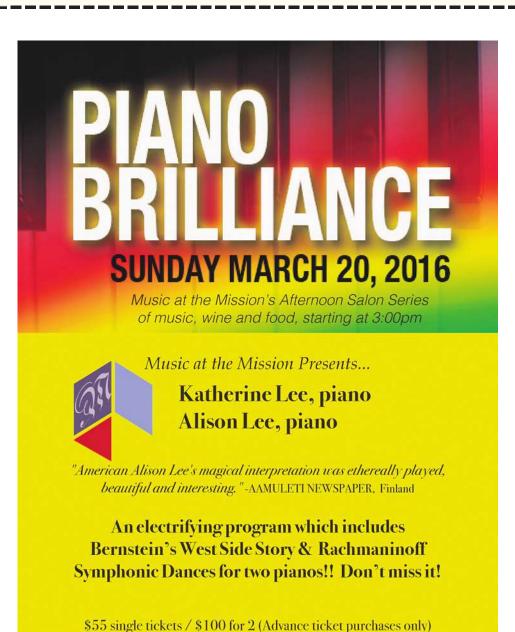
EXCLUSIONS APPLY PLEASE INQUIRE WITHIN

#### Juvederm

I ml syringes of Juvederm Ultra, Juvederm Ultra Plus or Juvederm Voluma Instant \$50 off

#### Botox

New patients who receive a Botox treatment (20 units minimum) receive an instant \$50 off





120in. projection HDTV

We offer fine, rare and collectible wines, beer, liquors and champagne including many from our local wineries.

Gourmet wines & hors d'oeuvres included

www.musicatmsj.org

Lunch - Dinner Cocktails & Sunday Bruncl



Steak House - Seafood and more 510-656-9141

www.spinayarnsteakhouse.com

45915 Warm Springs Blvd., Fremont

# Home & Garden

# Succulent Desert Gardens Satisfy like Dessert



ARTICLE AND PHOTOS BY DANIEL O'DONNELL

succulent dessert instantly calls to mind rich chocolate cake, a tender soufflé, or luxurious cream-filled pastry. A succulent garden, on the other hand, suggests a dry, hot, and sometimes barren landscape. However, what should come to mind is a dry yet lush, diverse landscape rich in color and texture.

A succulent plant stores water in its leaves or stem to survive in arid climates and dry soils. This does not mean that all succulents have to live in sunny locations usually associated with dry and arid climates. Some succulents prefer shade, others favor semi shade, while others thrive in direct sunlight. Some succulents can tolerate a wide range of light levels and react differently. Some Aloes stay green in the shade and turn yellowish orange in the direct sunlight. Senecio mandraliscae will retain its vibrant blue color in the shade or the sun.



Succulents grow best in a fast-draining soil that is neither overly rich nor devoid of nutrients. Small amounts of compost added to a very sandy soil will be appreciated. Succulents will not tolerate the poor drainage of a heavy clay soil and compost alone will not be enough to amend that soil. Gravel, coarse sand, or wood chips can be added to get adequate drainage.

Plants can require watering once or twice a week in warm weather if they are small and in direct sunlight for most of the day. The larger the plant, the more water it can store. Some can survive with watering once a month and others with no additional water if the winter's rainfall was sufficient.

Warm to hot temperatures are not usually a problem for most succulents, nor are cool to cold temperatures. It is when the temperature gets close to freezing that the potential for damage is a concern because of their high water content. Moistening the ground and covering the succulents with a sheet or blanket—not

plastic—on nights with the likelihood of frost will help keep warm air from the ground around the plant.

Succulents vary in size and shape. They can be used as a ground cover, a border plant, a shrub, or a small tree. They are perfect when planted in rows in a modern garden, and provide a lushness, balance, and flow to a less formal landscape.

The year-round foliage color is more important than the flowers. This is what makes succulents so striking. Succulent flowers are beautifully rich in color, but are short lived. If the ground of a garden provides the canvas, then the large array of different succulent leaves will provide the color palette. Crimson, gray, blue, purple, chartreuse, purple, bronze, orange, green, yellow, lavender, and black are some of the eye-catching colors. Variegation in some species can expand the color palette to include red, white, and pink.

continued on page 16









Page 16 March 15, 2016 WHAT'S HAPPENING'S TRI-CITY VOICE





#### John Juarez, REALTOR® 510-673-0686

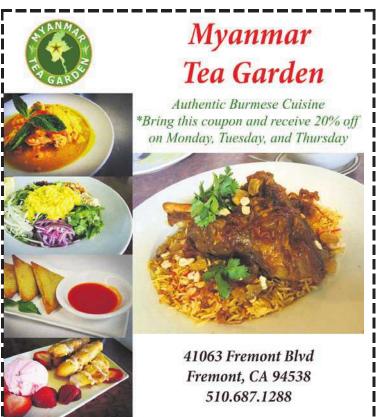
"Helping you write the next chapter in your life.™

#### RARE Single Level Condo

- ♦ 3 Bedrooms, 2 Baths
- ♦ 1,219 Sq. Ft. Living Area ♦ All Bedrooms on One Level
- ◆ Assigned Parking
- ◆ Close to Hwy 84 Bridge ◆ Close to Hwy 880
- ♦ Community Pool ♦ HOA = \$395/mo.
- ♦ Small Back Yard
- ◆ Close to Newpark Mall

6113 Joaquin Murieta Ave #D, Newark, CA

Keller Williams Benchmark Realty john@carlmedford.com ❖ 510-673-0686 ❖ www.MedfordTeam.com ❖ CalBRE# 01223788



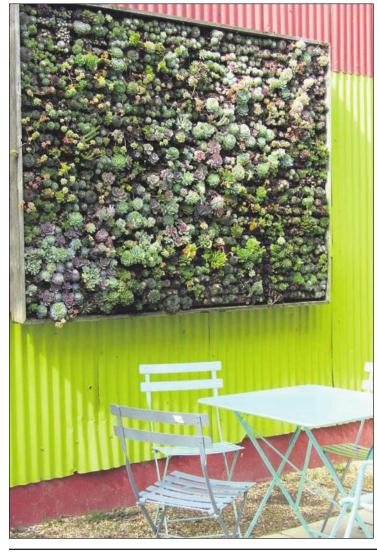
# Join us for Easter Brunch Sunday March 27 10am - 1pm Happy Easter

Adults \$40++ | Kids (5 to 12) \$20++

- Traditional Breakfast Items
- Fresh Seafood Display
- Craved Prime Rib
- Made to Order Omelet Station
- Assorted Desserts

For Reservations, Please Call 510-413-2300 39900 Balentine Drive, Newark

continued from page 5





The diversity among succulents leaves, be it color, shape, size, and texture, cannot be found in any other plant group.

Every cactus is a succulent, but not every succulent is a cactus. The spines on a cactus are modified leaves and often a sticking point for many home gardeners. Unfortunately the spines are often considered dangerous, evil looking, and unattractive. What the spines actually do is help shade the plant from intense sunlight and trap moist air around the surface of

the plant. On foggy mornings the water will condense and fall to the ground and water the roots; on drier days the moisture will help reduce evaporation. The spines are also a deterrent to trespassers. Cacti or succulents such as some Agaves that have pointed tips will deter unwanted guests when planted in front of a vulnerable window or a low fence.

Succulents have shallow roots making them perfect to grow in pots and window boxes. They can be used in topiaries, living walls,

and rooftop gardens. Many can be grown indoors in a pot on a well-lit window sill.

These plants are among the easiest to propagate (turning one plant into two or more). It is as easy as breaking off a stem and placing it in soil for many varieties. Roots will begin to develop usually within a month or so. Wanting more succulents is like wanting more dessert. The difference is that with dessert you should not have more, with succulents you will feel you should have more!

Succulents can be purchased anywhere plants are sold including grocery and hardware stores but the varieties are limited. For a larger selection and expert advice contact, Regan Nursery in Fremont at (510) 797-3222, or Cactus Jungle Nursery and Garden in Berkeley at (510) 558-8650.

Daniel O'Donnell is the owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com.

### A 'real world' connection

Fifth grade classes at Vallejo Mill Elementary in Fremont have been reading the Tri-City Voice weekly. We have deeply analyzed articles related to our individual interests and causes we support, and have cut out some of the articles for our reports. Specifically, we look for an author's point of view to determine what are facts and opinions, and if they are supported by evidence. Consequently, we have become better readers and informed citizens of Fremont. Thank you for delivering your newspaper to our school.

Fifth grade students and teachers? Kathryn Straub and Mira Gillet, Vallejo Mill? Elementary School

Note:

On March 9th, Tri-City Voice publisher William Marshak spoke with students during their lunch break about how the newspaper began and the work necessary to publish and distribute the newspaper every week.



#### CASTRO VALLEY | TOTAL SALES: 6 Highest \$: 1,165,000 Median \$: 725,000 Average \$: 781,583 Lowest \$: 590,000 22023 Betlen Way 590,000 3 1312 195402-18-16 94546 2850 Jennifer Drive 94546 756,000 4 1998 196402-18-16 199302-17-16 20646 Maria Court 94546 592,500 3 1569 2321 Regent Way 94546 1,165,000 8 3520 196302-18-16 5331 Greenridge Road 94552 861,000 3 3380 197902-11-16 21297 Justco Lane 94552 725,000 3 1652 199002-17-16

FREMONT | TOTAL SALES: 32 Highest \$: 1,351,000 Median \$:815,000 Lowest \$: 360,000 Average \$: 784,969 **ADDRESS** ZIP SOLD FOR BDSSQFT BUILT CLOSED 950,000 4 1980 3516 Atwater Court 94536 1972 02-11-16 1961 02-16-16 94536 1,005,000 3 1564 4247 Blue Ridge Street 3550 Buttonwood Terrace #31394536505,000 2 940 1985 02-11-16 38875 Canyon Heights Drive94536 1,010,000 3 1762 1977 02-11-16 94536 38627 Cherry Lane #20 403,500 2 789 1974 02-18-16 600,000 3 1959 02-11-16 38860 Emrol Avenue 94536 1148 1,075,000 4 2380 2000 02-17-16 37401 Gillett Road 94536 94536 900,000 4 1387 35407 Gustavo Court 1966 02-18-16 94536 950,000 3 1232 35461 Gustavo Court 1966 02-17-16 970,000 3 1958 02-17-16 38519 Kerlin Street 94536 1594 3443 Pepperwood Terrace #30294536360,000 714 1986 02-18-16 94536 780,000 38895 Riverbank Terrace 3 1474 1987 02-17-16 38527 Royal Ann Common 94536 527,500 3 1180 1970 02-16-16 36423 Sea Breeze Common94536 850,000 3 1747 2004 02-17-16 633,000 3 368 Serramonte Terrace 94536 1440 1973 02-11-16 37346 Vineland Terrace 861,000 3 1537 94536 1997 02-16-16 425.000 2 94538 5618 Chestnut Common 945 1971 02-17-16 3553 Ellery Common 94538 726,000 2 1174 1999 02-18-16 815,000 2 3113 Estero Terrace 94538 1644 2013 02-18-16 3119 Estero Terrace 2013 02-11-16 94538 836,000 3 1712 39078 Guardino Drive #10894538 378,000 693 1990 02-11-16 3695 Stevenson Boulevard #A14194538556,0002 1040 1991 02-11-16 94538 1,000,000 4 41249 Thurston Street 1631 1959 02-11-16 49002 Cinnamon Fern Common #234 94539735,000 2 1274 2009 02-11-16 268 Fountain Grass Terrace 94539 777,000 2 1300 2008 02-11-16 271 Gable Drive 94539 1,351,000 5 2386 1962 02-11-16 2 240 Hackamore Common 94539 413.500 878 1984 02-17-16 40790 Las Palmas Avenue 94539 1,010,000 4 2087 1978 02-17-16 44960 Lynx Drive 94539 1,090,000 4 1728 1989 02-18-16 5256 Fairbanks Common 94555 615,000 2 1100 1989 02-17-16

1,119,000

892,500 4

4

1857

1467

1990 02-17-16

1976 02-11-16

94555

94555

34140 O'Neil Terrace

34535 Tar River Court

**ADDRESS** ZIP SOLD FOR BDSSQFT BUILT CLOSED 1289 B Street 94541 450.000 5 1888 1906 02-18-16 24072 Dover Lane 94541 355,000 3 1274 1978 02-18-16 740 Harmony Drive 94541 435,000 2 854 1942 02-17-16 430,000 2 1172 18380 Haven Street 94541 1942 02-17-16 363 Medford Avenue 94541 530,000 3 1100 1918 02-16-16 415,000 2 637 Paradise Boulevard 94541 1171 1942 02-11-16 300,000 2 24020 Quinn Lane 94541 1413 1957 02-18-16 680,000 2998 Oakes Drive 94542 3 1609 1960 02-18-16 94544 750,000 3 2104 1999 02-11-16 258 Bridgewater Road 981 Cheryl Ann Circle #39 94544 327.000 3 1245 1979 02-16-16 485 Ramos Avenue 94544 520,000 3 1608 1940 02-11-16 27690 Cliffwood Avenue 94545 400,000 3 1119 1955 02-18-16 23653 Eden Avenue 94545 5,400,000 2 1949 02-17-16 1156 265,000 I 25930 Kay Avenue #111 94545

MILPITAS | TOTAL SALES: 7 Highest \$: 1,145,500 Median \$: 835,000 Lowest \$: 450,000 Average \$: 824,071 ZIP SOLD FOR BDSSQFT BUILTCLOSED **ADDRESS** 562 Bayview Park Drive 95035 751,000 2 1146 1984 02-18-16 723 Elderberry Drive 95035 805,000 2 1357 2013 02-22-16 1991 02-19-16 1263 Gingerwood Drive 95035 915,000 3 1615 1486 North Hillview Drive 95035 1,145,500 4 2500 1989 02-19-16 700 South Abel Street #21295035 450,000 2 1259 2007 02-18-16 219 South Park Victoria Drive95035 835,000 2001 4 1966 02-23-16 867,000 3 574 Tramway Drive 95035 1318 1972 02-18-16 1134 Traughber Street 95035 880000 4 1754 1971 02-12-16

Highest \$: 925,000 Median \$: 625,000 Lowest \$: 460,000 Average \$: 668,000 ZIP SOLD FOR BDSSQFT BUILTCLOSED **ADDRESS** 94560 925,000 4 2550 1993 02-11-16 37917 Birch Street 35122 Lido Boulevard #L 460,000 2 1076 1984 02-11-16 94560 6260 Madelaine Drive 94560 625.000 3 1100 1959 02-18-16 795,000 6093 Moores Avenue 94560 4 1968 1972 02-18-16 94560 535,000 2 1249 1985 02-18-16 39921 Parada Street #A

NEWARK | TOTAL SALES: 5

SAN LEANDRO | TOTAL SALES: 14

Highest \$: 800,000 Median \$: 510.000 Lowest \$: 355,000 Average \$: 544,321 **ADDRESS** ZIP SOLD FOR BDSSQFT BUILTCLOSED 1346 Accolade Drive 94577 538,000 3 1460 2003 02-17-16 298 California Avenue 582,500 2 1941 02-11-16 94577 1154 660,000 3 1927 02-17-16 94577 1686 244 Cherrywood Avenue 715,000 3 350 Myers Court 94577 1757 1968 02-17-16 465,000 2 1988 02-16-16 13723 Seagate Drive 94577 990 800,000 5 2545 West Avenue 94577 2242 1948 02-11-16 16545 Hannah Drive 94578 425,000 4 1960 1941 02-11-16 1268 Margery Avenue 94578 415,000 2 1058 1947 02-11-16 1457 Plaza Drive 94578 355,000 2 1090 1946 02-18-16 16636 Winding Boulevard 94578 730,000 4 2348 1975 02-18-16 14765 Wyman Avenue 94578 510,000 3 1376 1946 02-18-16 14742 Bethany Street 430,000 94579 3 1485 1951 02-17-16 15358 Bittern Court 94579 575,000 3 1321 1999 02-17-16 14637 Juniper Street 94579 420,000 3 1096 1953 02-16-16

UNION CITY | **TOTAL SALES: 12** Highest \$: 1,290,500 Median \$: 685,000 Lowest \$:410,000 Average \$: 724,083 **ADDRESS** ZIP SOLD FOR BDSSQFT BUILTCLOSED 94587 715,000 1534 1960 02-16-16 1758 Baylor Street 4 32442 Celeste Court 94587 685,000 4 1566 1971 02-17-16 4402 Drywood Court 94587 685,000 4 1974 02-16-16 1389 910 G Street 94587 453,000 0 1324 1978 02-18-16 32205 Gacoscos Street 94587 1,290,500 0 02-16-16 0 0 32207 Gacoscos Street 94587 1.156.500 0 02-16-16 750,000 2827 Mann Avenue 94587 4 1550 1970 02-18-16 359 Monte Carlo Avenue 94587 639,000 3 1008 1956 02-11-16 1970 02-11-16 94587 645,000 3 1120 4457 Queensboro Way 4553 Queensboro Way 94587 545,000 3 1357 1970 02-17-16 3011 Risdon Drive #8 94587 410,000 2 908 1987 02-18-16

715,000 4

94587

# Laura's Law Mental Health Forum

#### SUBMITTED BY SUZANNE BARBA

Mental Illness has become a crisis across our country—and even in our local communities. Recently, the Alameda County Board of Supervisors approved implementing Laura's Law as a pilot program. If it is successful, they will expand the program to treat additional patients with severe mental illness.

Laura's Law went into effect in 2002 and is an Assisted Outpatient Treatment program for people with severe mental illnesses who refuse specific treatment because their illness impairs their ability to make rational decisions. Alameda County joins seven other counties that have approved implementation of the law.

Laura's Law and how it will impact patients who suffer with severe mental illness, is the focus of a forum featuring a panel of experts on March 18 at the San Lorenzo Library. The event is sponsored by the League of Women Voters Eden Area.

Speakers include, Alameda County Supervisor Wilma Chan; Rebecca Gebhart, Acting Director, Alameda County Health Care Services Agency; Diane Urban, Hayward Chief of Police; and Gail Steele, former Alameda County Supervisor.

The Forum will review the impact of Laura's Law in the county, how it is going to be implemented, the role of law enforcement agencies and the impact on families.

The program begins at 12:30 p.m. RSVP's are required for all attendees. To reserve a seat, please call Suzanne Barba at (510) 538-9678 or email: suzbarba@comcast.net

Laura's Law- Mental Health
Forum
Friday, Mar 18
12:30 p.m. – 1:30 p.m.
San Lorenzo Library
395 Paseo Grande, San Lorenzo
RSVP required:
(510) 538-9678
suzbarba@comcast.net

# AP Studio Art Senior Show

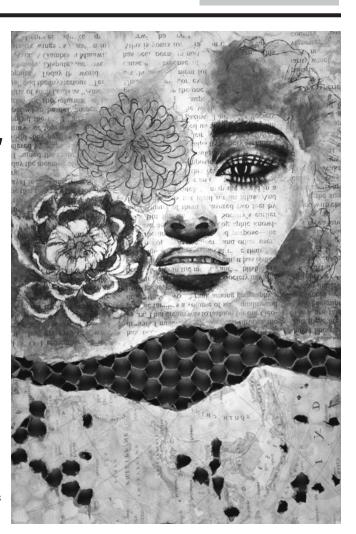
3154 San Angelo Way

#### SUBMITTED BY GEOFF LANDREAU

The Mt. Eden Gallery of Art is proud to present the 2016 "AP Studio Art Senior Show," opening with a reception on Thursday, March 17. Advanced Placement (AP) senior art students are preparing for submission to the College Board on May 6. The students in AP Studio Art: Drawing must create 24 finished drawings by that date and students in AP Studio Art: 3D Design must finish 18 sculptures. This show features the best works from each student.

AP Studio Art Senior Show

Thursday, Mar 17 – Friday, Apr 15 Monday – Friday: 8:00 a.m. – 3:30 p.m. Thursday until 5 p.m.



1968 02-11-16

1762

Opening Reception Thursday, Mar 17 2:30 p.m. – 5:00 p.m.

Mt. Eden Gallery of Art Mt. Eden High School 2300 Panama St, Hayward Room L4 (510) 723-3180 ext. 62274

# wind Twisters

# **Crossword Puzzle** B 359 36

#### Across

- reference materials (13) impressive or wonderful (8)
- 10 legal right of possession (9)
- Grand (6) 12
- Near (6) 13
- taking off (8)
- tolerate (6) 15
- 16 bank, e.g. (10)
- part of a river (6) 18 20 white (superlative) (7)
- Like some pitches (7) 21
- holiday item (9,8) 24
- Adhesive (5) 28
- something in common (12)
- Shipping hazards (8)
- 32 elegance (5)
- glistening (8)

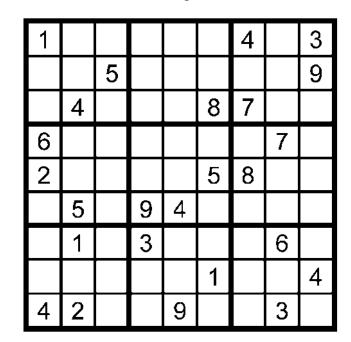
- 36 mode of action (9)
- water, juice etc. (6)
- looking (7)
- 39 Ticked off (7)

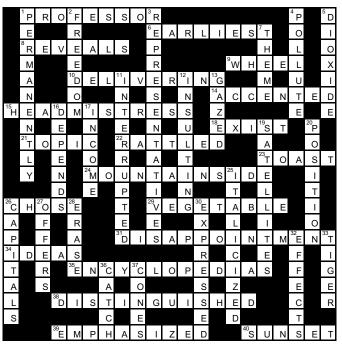
- Down I large (8)
- 2 talking socially (13)
- distance around a circle (13)
- clarifications (12)
- changed (7)
- fast food (9)
- mass of ice (6)
- musical (6)
- weighty (8)
- management (14)
- pocketknife (8) 20 covering (8)

- writing paper (10) 22
- disappointment (6)
- extend between specified limits (5)
- 26 shapes (9)
- primarily (10)
- used in cigarettes (7)
- asso (5)
- 34 Turned (5)

#### Sudoku:

Fill in the missing numbers (1 - 9) inclusive so each row, column and 3x3 box contains all digits.





**B** 360

8	5	3	6	2	9	1	7	4
4	6	7	8	1	3	5	9	2
2	1	9	4	7	5	6	8	3
5	4	8	2	6	1	7	3	9
1	3	6	9	4	7	8	2	5
7	9	2	5	3	8	4	1	6
3	8	4	1	9	6	2	5	7
9	2	1	7	5	4	3	6	8
6	7	5	3	8	2	9	4	1

# Tri-City Stargazer March 16 - March 22, 2016

For All Signs: The spring equinox occurs on March 20 at 12:37 a.m. EST. This is one of the two points in the annual cycle at which we (theoretically) experience equal days and nights. It is the moment the sun appears to move into the sign of Aries. For many agricultural and herding peoples of ancient times (pagans), the equinox was one of the eight holiday festivals of the year. It was customary in those days to prepare for the coming season by welcoming its arrival through appropriate rituals and celebration. It is widely thought that Stonehenge and other such structures were built for the express purpose of marking the seasonal changes. Now in our air conditioned, urbanized society, we hardly give the equinox a moment's thought. It is a sad development that we so rarely honor the annual cycle of Mother Earth in our culture.

Aries the Ram (March 21-**April 20):** Both the Sun and Mercury are moving into your sign this week, bringing at least one, if not two or more new beginnings at this time. For the next three weeks there will be much in the way of moving from place to place, phone calls, and communications by every

Taurus the Bull (April 21-May 20): Be aware that you are in a sensitive frame of mind and may misinterpret that which is said to you. You may be the one who hears what you want to hear. So take your impressions with a grain of salt until you clarify what was originally intended.

Gemini the Twins (May 21-June 20): Early in the week you may be tending an old emotional or physical wound. This could be your own or that of another. Circumstances may seem to repeat themselves in not so pleasant ways. The mood or activity will change on the 21st and you will move into a much better place.

Cancer the Crab (June 21-July 21): You may not be feeling quite comfortable with yourself this week. It appears your mind is in conflict with your feelings. Do the best you can to deal with this issue up front, perhaps by journaling or discussing it with a friend. Keep in mind that there is not a mandate for you to settle on a decision right now.

Leo the Lion (July 22-August 22): At this time of year, the Sun shines upon your 9th house of travel and expansion. You are probably already making plans for your next vacation. Aspects favor opening yourself to greater territory in your life. You may be thinking of beginning a new study, a spiritual pursuit, or creating a website.

Virgo the Virgin (August 23-September 22): Love, romance, play, pleasures and creativity will be on the menu this week. You may be seeing the positive development of a creative work begun a long time ago. Your partner or a very close friend is wounded, whether physically or emotionally, and needs some of your attention.

Libra the Scales (September **23-October 22):** Events of this

week trigger your sense of compassion and draw you into the need to assist in the healing of another. As you live into this experience, you will discover that having compassion also heals you. Your spirit will be lifted. Don't avoid the call.

Scorpio the Scorpion (October 23-November 21): At last! The Sun shines and there is a breakthrough of the clouds in your life. You may become the leader in a project that will be good for many. Love life appears or perhaps it improves and you are enjoying your roles in life. This is a time in which you may realize that your struggles have been worth the effort.

Sagittarius the Archer (November 22-December 21): This will be a week to celebrate. You are recognized for the value you bring to the world at large. It is possible that the results bring improvements in your income. Meanwhile your reflexes are off right now. Watch the accelerator foot and handle sharp instruments with respect.

Capricorn the Goat (December 22-January 19): This spring you are given a boost of power by Jupiter. This represents the help that comes to you from behind the scenes. Legal, educational, publishing and religious interests are bent in your favor. You can make progress in these arenas at this time.

Aquarius the Water Bearer (January 20-February 18): Life is tough on you right now. You do not have all the resources you need, but the Waterbearer always has a Plan B up his/her sleeve. Hold onto faith and hang tough; you will accomplish the goal with perseverance and hard work.

Pisces the Fish (February 19-March 20): The next couple of weeks are especially good for discussing important subjects

with partners. You each are in a cooperative frame of mind and communications flow well. You can give and receive mutual help at this time and improve the overall energy in the relationship. Your senses are wide open to the energies around you. You may have psychic flashes or unusual dreams.

Are you interested in a personal horoscope? Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



March 15, 2016 What's Happening's Tri-City Voice Page 1

# Music at the Mission

# delivers Piano Brilliance

#### SUBMITTED BY VICKILYN HUSSEY

The Music at the Mission Salon Series continues this month with "Piano Brilliance" featuring Katherine Lee, a member of Fremont's Music at the Mission Chamber Players, and guest artist Alison Lee. In the tradition of Music at the Mission's "Chamber Music Outside the Box" performances, this concert is not only virtuosic, but also unique. The program is composed entirely for two pianos.

"The thrilling highlight of our afternoon concert on March 20 is Leonard Bernstein's 'West Side Story Symphonic Dances for Two Pianos,' an electrifying instrumental narrative of young star-crossed lovers, gang conflict and hope for a better future," says Aileen Chanco, Executive Director of Music at the Mission.

Spiced with Latin dance themes, the finger-snapping "West Side Story" is Bernstein's most memorable Broadway score and the foundation for "West Side Story Symphonic Dances." The Tony and Academy Award-winning musical themes are brilliantly charged with dramatic tension.

The concert opens with a work by one of the world's most beloved pianists whose keyboard technique was also formidable, Rachmaninoff's "Symphonic Dances, Op.45 for Two Pianos." Although criticized during his lifetime for composing what was deemed to be overly nostalgic,



his "beautiful melodies and moody romanticism" now rank among "the greats."

Paul Dukas' "The Sorcerer's Apprentice" feels contemporary no matter what the era because it is meticulously crafted and delightfully ingenious. It has a long association with Disney's "Fantasia," with Mickey Mouse as the apprentice. However Dukas' tone poem isn't from the 1940s; it was written in 1897, based on Goethe's 1797 literary poem of the same name.

Another enchanting work on the program, also inspired by a poem, was a favorite of the French Impressionists from the moment it was composed, Debussy's "Prelude a l'Apres-midi d'un Faune for Two Pianos." The conductor of its first public performance was "amazed at the

composer's ability to reproduce at the keyboard, all the orchestral colors and the nuances of the individual instruments."

Katherine Lee is in full command of colors and nuances, having received her Doctor of Musical Arts in piano performance from the University of Texas at Austin, where she was showered with honors and studied with Anton Nel, winner of the prestigious Naumburg International Piano Competition. She received her Bachelor of Music degree from USC where she studied with acclaimed piano virtuosos John Perry and Norman Krieger.

Currently a doctoral student at the University of Minnesota where she studies with Lydia Artymiw, Alison Lee holds a master's degree from Rice University, and a

bachelor's from Oberlin Conservatory where she studied with the much-lauded Dr. Jon Kimura Parker and Angela Cheng. Lee's performance has been described as "magical" and "ethereally played" by the international press.

"The magnificent artistry of Music at the Mission Players and the wonderful concert programs are reasons enough to give our Salon Series a try. But when you include fine wines and gourmet hors d'oeuvres at a lovely private home, why hesitate?" as season subscriber Sandi Pantages aptly puts it.

"Piano Brilliance" takes place on Sunday, March 20. Tickets are \$55 for a single or \$100 per couple and include wine and hors d'oeuvres. Advance reservations are required, and the concert address in Fremont will be disclosed upon ticket order confirmation. If you have any questions, please contact Music at the Mission at info@musicatmsj.org.

Piano Brilliance
Sunday, Mar 20
3:00 p.m. – 5:30 p.m.

Location disclosed upon ticket order
Fremont
(510) 402-1724
info@musicatmsj.org
www.musicatmsj.org
Tickets: \$55 single, \$100 couple

# Sign up to audition for upcoming theatrical collaboration

#### SUBMITTED BY STAGE 1 THEATRE AND OHLONE COLLEGE SUMMERFEST

Stage 1 Theatre and Ohlone College SummerFest are pleased to announce auditions for their first collaborative production.

Due to contractual restrictions, this show, written by the award winning composer/lyricist team of Stephen Flaherty and Lynn Ahrens, with book by Terrance McNally, will be announced April 2016. With songs like "Wheels of a Dream" and "Getting Ready Rag," this turn of the century musical has it all!

Audition dates are by appointment only: Friday, April 8, 7 p.m.-10 p.m. Saturday, April 9, 10 a.m.-3 p.m. Sunday, April 10, 12 p.m.-4 p.m.

Auditions held at Newark-Memorial High School Theatre, 39375 Cedar Blvd, Newark. Callbacks (by invitation only) held at Ohlone College, Monday, April 18, 6 p.m.-10 p.m. Please prepare 16-32 bars of an up-tempo song, not from the show. Bring sheet music in your key. An accompanist will be provided. No Karaoke or Acappella. Please dress comfortably to learn a short dance routine.

Performances and Rehearsals are held at Ohlone College 43600 Mission Blvd. Fremont. Rehearsals are Monday-Thursday, 7 p.m.-10:30 p.m. and some Saturdays, and will begin on April 25 with orientations and read through.

Performance Dates: Friday, July 8- Saturday, July 23 at 8 p.m.

(July 8, 9, 14, 15, 16, 21, 22 & 23)

No Sunday Matinees due to performing in an outdoor amphitheatre. There are no precast roles. We are a non-profit non-equity theatre group; there are no acting stipends.

Go to: www.stage1theatre.org to schedule an Audition Appointment. Please print and complete Audition Forms and Conflict Sheet and bring them with you to auditions along with two copies of your resume and two headshots.

# Auditions: A Year with Frog and Toad

#### SUBMITTED BY SHARON FILIPPI

Stage 1 Theatre in Newark Memorial High School will be holding auditions on Tuesday and Wednesday, April 19 and 20, for the production of "A Year with Frog and Toad." Based on Arnold Lobel's beloved children's books, "A Year with Frog and Toad" is a family-friendly musical that tells the story of two best friends, Frog and Toad, as they navigate through an adventure-filled year. They are joined by some colorful, whimsical woodland characters such as Snail, Turtle, Mouse, Squirrel and many more. Set to a jazzy score, this charming musical has plenty of ensemble roles and accessible music.

Performances will be held in August. Youth ages 5 to 18 are welcome; no experience is required. Being part of this musical experience is one that your children will always remember. Being on stage in costume with a group of like-minded musical children is beneficial to your child's growth. Please consider taking part and contact Lynette Pang at lpang@stage1theatre.org with any questions you might have. For more information, visit www.stage1theatre.org.

Auditions: A Year with
Frog and Toad
Tuesday, Apr 19 & Wednesday,
Apr 20
6:30 p.m. – 9 p.m.
Newark Memorial High School
Main Theatre
39375 Cedar Blvd, Newark
lpang@stage1theatre.org
www.stage1theatre.org
Workshop fee: \$250 per child;
\$150 per sibling

# City of Fremont News Briefs

#### SUBMITTED BY CHERYL GOLDEN

#### Coming Soon: 2016 State of the City Address

If you want to learn more about the issues and opportunities facing the City of Fremont, stay tuned! Fremont Mayor Bill Harrison will be presenting the annual State of the City Address at a luncheon hosted by the Fremont Chamber of Commerce on Thursday, March 24, noon to 2 p.m. at the Fremont Marriott Silicon Valley. To buy tickets, please call the Fremont Chamber of Commerce at 510-795-2244 or visit www.Fremontbusiness.com.

And in case you can't make it, the State of the City Address will be rebroadcast on Fremont Cable TV Channel 27, as well as posted to the City website by the end of the following week.

#### Giving Hope Program's Crab Feed Fundraiser

This Crab Feed means two things: supporting a noteworthy cause and an all-you-can-eat crab feast! The Niles Main Street Association and the City of Fremont will host a Crab Feed fundraiser on March 19 that will benefit the City's Giving Hope Program and the Niles Community. You won't want to miss it! By participating in this fundraiser, you will have the opportunity to help out local families and seniors in need, while enjoying a full spread of all-you-can-eat crab, pasta, salad, garlic bread, and dessert. But the fun doesn't stop there! Enjoy live music before dinner provided by

the great Newark Saxophone Quartet. After dinner enjoy the no-host-bar and DJ music, bid on auction items, keep the silent auction bidding going, take photos, and dance if the music moves you.

The event on Saturday, March 19 will take place at the Fremont Veterans' Hall, 37154 Second St. in Fremont's Niles District. The doors open at 6 p.m.—grab your table and enjoy the first hour mixer. Feel free to dress in the spirit of our Under the Sea theme for a special prize for the best dressed. Concerned about the supply of crab? All our crab is coming from the clean waters of Oregon and Washington.

Tickets can be purchased online at www.niles.org/crab-feed for \$50. Last year was a sell-out and tickets are required for entry, so get your tickets now!

Additional donations and sponsorships are always welcomed. Please contact Han Trinh at hntrinh121@gmail.com or Jane O'Hollaren at johollaren@fremont.gov.

#### AARP Tax Assistance for Seniors

AARP Tax-Aide volunteers will be at the Fremont Senior Center on Tuesdays and Thursdays through Thursday, April 14 to help seniors with their 2015 Federal and State Income Tax Returns. Call the Fremont Senior Center to schedule your appointment at 510-790-6600.

#### Compost Giveaway

Thank you Fremont residents for feeding your green organics cart each week with food scraps and yard waste. Now you can feed the plants in your garden with quality compost that was made from your yard trimmings and food scraps. Pick up two free bags of compost on Sunday, April 3, from 8 a.m. to noon or while supplies

last at the Fremont Recycling and Transfer Station located at 41149 Boyce Rd. The event will be held rain or shine. Avoid the lines by arriving after 9:30 a.m.

Bring your current Republic Services garbage bill to show that your household participates in the City's curbside organics program. Carefully follow the signs and watch for the traffic controls that will direct you to the loading area where crews will place the compost into your vehicle. If your neighbor or a family member is unable to attend, you may bring their Republic Services bill and pick up their compost for them.

Compost Giveaway is brought to you by the City of Fremont, in partnership with Republic Services and the Fremont Recycling and Transfer Station. For more information, contact Republic Services at 510-657-3500.

#### Youth Scholarship Program

The City of Fremont's Parks and Recreation Scholarship Fund is seeking donations for their scholarship program administered by the Community Services Department. The program is designed for children who, without financial assistance, would not have the opportunity to participate in the Department's youth activities. More than 400 scholarships were given out last summer and a 10 percent increase in need is anticipated for this summer. Children who qualify for the "School Lunch" program are eligible to apply. One hundred percent of donations are directed toward subsidizing these classes and activities for low-income youth that need the support. For more information please contact Lance Scheetz at 510-494-4331 or lscheetz@fremont.gov.

#### Memoir Writer's Workshop

Everyone has a story to tell. However, if it's not recorded somewhere it will be lost forever. Join us for this free 90-minute Memoir Writer's Workshop being offered at the Fremont Senior Center on Wednesday, March 30 from 9:30 a.m. to 11 a.m. Don't miss the opportunity to share your history, culture and memories with your descendants. Learn how to capture your life so that future generations of your family will come to know you. Contact the Fremont Senior Center for more information at 510-790-6600.

#### Fremont Crab Feed a Major Success!

The Fremont Senior Center's 9th annual Crab Feed, held at Fremont Elks Lodge on Friday, February 19, was a successful and fun evening for all who attended. While guests enjoyed endless supplies of crab, shipped in fresh from Oregon, gift baskets were raffled off to 58 lucky winners. Our oldest guest in attendance, George Sekovich, 99 years old, was awarded a \$100 prize. George entertained the audience all night long and informed everyone that he is 'single and ready to mingle.' The Senior Center is grateful to all those who attended and supported the event. The community event raised almost \$25,000 for the Senior Center. Make sure to mark your calendars for next year's Crab Feed which will be held on Friday, February 17, 2017.



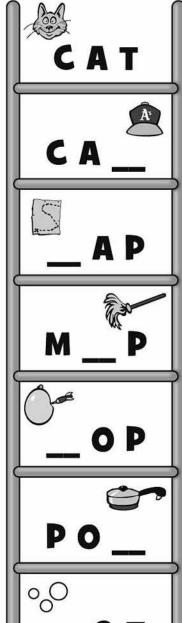
THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

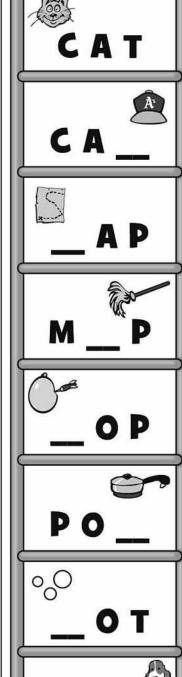
Find Kid Scoop on Facebook [

© 2016 by Vicki Whiting, Editor Jeff Schinkel, Graphics Vol. 32, No. 15

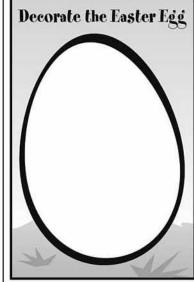


Change CAT into DOG by changing just one letter in each word along the word ladder.





# **Color It!** Decorate the Easter Egg





The noun trust means a firm belief in a character, strength or truth of someone or something.

I left my cat in the trust of my neighbor.

Try to use the word **trust** in a sentence today when talking with your friends or family members.

#### WARNING: DON'T DO THIS PAGE ALONE! Buzz and Beeper Bunny like to play games together. Find somebunny to be your buddy and do this page together! If the page looks easy, share it with somebunny younger than you. If it looks hard, share it with somebunny older.

#### You Need:

Each player needs 8 markers. Buttons, pebbles or even small squares of paper make good markers.

#### Goal:

Be the first person to get to the sum of 23.

#### How to Play:

- 1. The first player puts one marker on a number and says the number aloud.
- 2. The second player places a marker on another number, adds that number to the previous number and says the total aloud.
- 3. Play continues until one player reaches exactly 23.

Standards Link: Mathematics: Calculate the sums of whole numbers to 23.

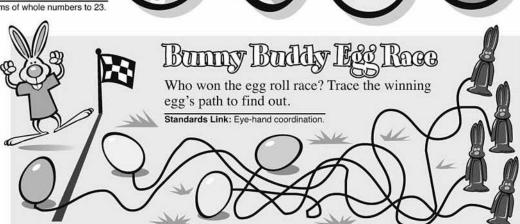
#### **Buzz's Eggs-tra Challenge:**

Change the numbers in each egg above, using the numbers 5 through 8.

#### Beeper's Eggs-tra-ordinary Challenge:

Begin with 23 and subtract the amounts to reach zero.

Standards Link: Mathematics: Subtract



# Puzzling Patterns

Solve Beeper's message by writing the next number in the patterns below. You may need to add, subtract, multiply or divide. Then write the matching code word beside the number on the message line.

	Messag
3, 6, 9,	
48, 24, 12, 6,	

48, 24 90, 80, 70, 60, \_ 5, 10, 20, 40,

25, 20, 15,

Code:

basket = 29bunny = 3

Every = 12

egg = 16

buddy = 10

a = 80

**GAMES** 

happy = 39needs = 50

Standards Link: Reading Comprehension: Follow simple directions. Mathematics: Students solve a variety of problems

# Buzz and Beeper have hidden chocolate bunnies all over this page. How many can you find? Standards Link: Visual discrimination

### Double

**BUNNY** BASKET **PATTERNS PATH TRUST EGGS** SPRING **CHALLENGE PAGE** SIGNS HUNT **EASTER** RACE **PLAY** 

Find the words in the puzzle, then in this week's Kid Scoop stories and activities.

**Spring** 

Hunt

Look through the newspaper

for signs of

spring. Can you find:

· a flower

a baby animal

Standards Link: Science: Classifying objects.

 another sign of spring?

RYGAMPEGGS ASGPHPATHL CHALLENGER EUMABASKET ANEYSPTINR STSPRINGPU TBUNNYGTIS EUMSCEANGT RPATTERNSR

Standards Link: Letter sequencing. Recognizing identical words. Skim and scan reading. Recall spelling patterns.

Trust Whom do you trust? Do you know why? Can you find a picture in the newspaper of someone you trust? Can you find a picture of someone you would not trust? Think about why you selected each picture.

Standards Link: Health: Identify support systems in the community.



# **Easter Bunny Spotted**

The Easter Bunny has been spotted and you're the reporter covering the story. Be sure to tell who, what, when, where, why and how. March 15, 2016 WHAT'S HAPPENING'S TRI-CITY VOICE Page 21









Broadway West Theatre Company P.O. Box 14007, Fremont, CA 94539 Theatre location – 4000-B Bay Street, Fremont



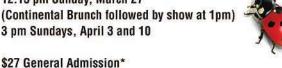
#### By Neil Simon

Directed by Rachael Campbell Assistant Director - Tressa Bender Featuring: Joel Butler, Pat Cross, Jason Salazar, Louis Schilling, Greg Small and Gretta Stimson

#### March 18 – April 16 8 pm Thursdays, Fridays and Saturdays

12:15 pm Sunday, March 27 (Continental Brunch followed by show at 1pm)

3 pm Sundays, April 3 and 10



\$22 Srs/Students/TBA

\$20 Thursdays - March 24, Apr 7 and 14 \$15 Bargain Saturday, March 19

\$10 Bargain Thursday, March 31 (no reservations - first come, first seat!)

\*All tickets \$27 on Brunch Sunday and Opening Night.

Price of admission includes refreshments, Opening Night Gala And Sunday Continental Brunch.

#### Reservations: 510-683-9218

Tickets are available on our website www.broadwaywest.org Produced by special arrangement with Samuel French, Inc. Design and printing by Huntford Printing and Graphics - www.huntford.com



### Special Event!

YMPHOMA is today fighting blood cancers

Celebrating 2 years with our Fremont family and raising funds for Leukemia Lymphoma Research for a cure.

> Date: March 19th, 2016 **Smoking Pig BBQ** 3340 Mowry Ave, Fremont, CA 94538 510-713-1854 Time: 11AM to Midnight

Free live music and dancing all day Russell Barber Band 11am - 12:30 AJ Crawdaddy Blues Band 1pm - 230 Cisum R&B Sensations 3 - 4:30 Diva Ladee Chico 5 - 6:30

#### Main show at 9PM featuring Touch of Class. \$5 cover

Bounce house and play area for the kids **Drawings for Prizes all day Fantastic BBQ** \$1 Wolf Turds!!!!!!

And it's all in support of the LLS, Bay Area. Help us keep the cure coming! They're doing fantastic work in R&D and deployment of cures. Many, many survivors out there.



PHOTOS COURTESY OF KAREN MORAIDA

The spring season is upon us, and what better way to welcome the spring equinox than taking part in "Family Day at the Park," hosted by the City of Newark's Recreation and Community Services Department on Saturday, March 19. Newark Community Park will be the site of family-friendly activities such as arts and crafts, egg dyeing, games and egg hunts. The event also features a petting zoo and a community resource faire.

"The City has been offering an 'Easter Egg Hunt' for more than 40 years, then in 1996 I came up with the idea to expand

the Easter Egg Hunt to include a community-wide resource faire, children's games, arts and crafts, petting zoo, egg dyeing, photo with the bunny, face painting, and more. I changed the name to 'Family Day at the Park.' The event attracts more than 1,500 people if the weather is good. This will be my 27th year running the program, and we have only had four years of rain," shares Karen Moraida, Senior Recreation Supervisor.

The event is supported by City of Newark, Newark Optimist Club, Newark Rotary Club and teen volunteers. Guests are advised to bring a camera and an Easter basket. For more information, call (510) 578-4432 or visit www.ci.newark.ca.us.



Family Day at the Park Saturday, Mar 19 9:00 a.m. - 11:30 a.m. **Newark Community Park** 35501 Cedar Blvd, Newark (510) 578-4432 www.ci.newark.ca.us Free



# GREAT TRANSITIONS: A NEW SOLUTION FOR SHORT-STAY REHABILITATION

You are in a hospital room after surgery, waiting to be released. You are exhausted and ready for fresh food and a comfortable chair, warm lighting, and even a widescreen TV. Of course, you would like nothing more than to go home. But before you can return to your normal life, you must spend a few weeks recovering in a rehabilitation facility. So, you at least hope to reclaim some of home's comforts—and to receive the kind of care that gets you there soonest.

This is the expectation behind Transitions, the short-stay rehabilitation center at the Masonic Homes. It opened its doors to residents and the Tri-City community in the fall of 2016, and provides specialized care for cardiac, orthopedic, stroke, and neurosurgical rehabilitation.

Transitions includes 17 private patient rooms, a dining room, and a well-equipped fitness center. The staff-to-patient ratio is much higher than that of most skilled nursing units, and on the whole, higher credentialed. (All Transitions nurses are registered nurses.) The typical patient stay is just 10 to 18 days, so staff has been trained for fast and frequent coordination with medical, insurance, and social services. A care manager eases care decisions, and a social services manager leads discharge planning. Within 48 hours of a patient's admission, there is a team meeting to bring all these pieces together.

"It's different from other places that I've worked," says Marlou Canosa, RN and Transitions unit supervisor. "We have the opportunity to get to know our patients well. We provide the one-on-one care that each patient deserves."

Transitions walks the line between hospital and hotel. Music plays softly in the background of communal spaces. An onsite gym boasts state-of-the-art equipment. Patients and visitors enjoy restaurant-style dining with table service, and a coffee and juice bar is set up daily for early risers. Upon checking in, patients receive slippers and a shower tote. Each private room has a large-screen television with cable, and comfortable seating for visitors. Out-of-town visitors can rent an apartment next door at Acacia Creek Retirement Community.

But it's not just about the physical space and amenities. The program is also designed with compassion for the patient, and sensitivity to the challenges of rehabilitation. During recovery from a major medical event, even small things can be a source of stress, like how to keep one's room presentable for visitors or figuring out how to work the TV remote. Transitions staffers go to great lengths to predict and prevent these issues. Twelve hours a day, a concierge greets patients and their families, introducing them to the space and answering

any questions. In the morning, he makes rounds to all the patient rooms, taking note of patient needs and working with housekeeping and nursing to resolve them.

"We provide services that go beyond what currently exist," says Franco Diamond, executive director of the Masonic Homes in Union City. "We modeled it for the future of the senior care industry."

For information about the Transitions short-stay rehabilitation center, call (510) 471-3434 Ext. 0



#### A TAIL-WAG TO RECOVERY

Looking for a non-pharmaceutical solution to decrease anxiety, stress, depression, and fatigue? Animal therapy is a popular and comforting option.

Many health care facilities and retirement communities now include animal-assisted therapy as part of the repertoire of services. Recent studies indicate that therapy dogs and other assistance animals can positively impact people who are struggling to deal with a range of health issues – from heart disease to mental health

disorders. And, according to the Mayo Clinic, "It's not only the ill person who reaps the benefits. Family members and friends who sit in on animal visits say that they feel better, too."

Many members of the Tri-City community volunteer with pet therapy animals at the Masonic Homes, bringing joy to residents and staff alike. For more information about volunteering at the Masonic Homes, contact Carlene Voss, volunteer and community resource program manager, at (510) 429-6469 or cvoss@mhcuc.org.







# \$ = Entrance or Activity Fee R= Reservations Required Schedules are subject to change. Call to confirm activities shown in these listings.



# CONTINUING EVENTS

#### Tuesday, Jan 21 - Sunday, Apr 2

#### Children's Book Illustrator Ex-

11 a.m. - 5 p.m.

Illustrators share their artwork

Artist reception Saturday, Mar12
@ 1 p.m.
Sun Gallery
1015 E St., Hayward
(510) 581-4050
www.sungallery.org

#### Tuesdays, Feb 2 thru Apr 12 Free Quality Tax Assistance

10 a.m. - 4 p.m.

Tax help for low income households

Tri-Cities One Stop
39399 Cherry St., Newark

(510) 574-2020

#### Tuesdays & Thursdays, Feb 2 thru Apr 14

#### AARP Income Tax Assistance –

Tues: 1 p.m. - 3 p.m.
Thurs: 9 a.m. - 3 p.m.
Volunteers assist seniors with tax returns
Fremont Senior Center
40086 Paseo Padre Parkway,
Fremont
(510) 790-6600

#### Wednesday, Feb 3 - Friday, Apr 15

Free Quality Tax Assistance
Wed & Thurs: 4 p.m. - 8 p.m.
Fri: 10 a.m. - 1 p.m.

Tax help for low income households
Fremont Family Resource Center
39155 Liberty St. (at Capitol),
Fremont
(510) 574-2020

# Monday, Feb 5 - Friday, Apr 4 Landscapes, Brilliant in Light and Color

8 p.m. - 5 p.m. 22 artists explore landscapes Reception Friday, Feb 5 at 5:30 p.m. John O'Lague Galleria 777 B Street, Hayward (510) 538-2787 www.haywardarts.org

#### Saturdays, Feb 6 - Apr 16

Free Quality Tax Assistance

10 a.m. - 2 p.m. Tax help for low income households New Haven Adult School 600 G St., Union City (510) 574-2020

#### Saturdays, Feb 6 - May 7

#### **Sabercat Creek Habitat Restoration**

9 a.m. - 12 noon
Volunteers remove litter and invasive

First Saturday every month
City of Fremont Environmental
Services

39550 Liberty Street, Fremont (510) 949-4570 https://sites.google.com/site/sabe

rcatcreekrestoration/

#### Mondays, Feb 8 thru Apr 11 Free Quality Tax Assistance

10 a.m. - 2 p.m. Tax help for low income households Tri-City Volunteers 37350 Joseph St., Fremont (510) 574-2020

#### Fridays, Feb 12 thru Apr 29

Senior Sing Along Chorus \$

2 p.m. - 3 p.m.

Enjoy singing and socializing

Kenneth C. Aitken Center
17800 Redwood Rd.,

Castro Valley
(510) 881-6738

www.haywardrec.org

#### Fridays, Feb 19 thru Mar 18 Ballroom Dance Classes \$

Beginners: 7:00 p.m. - 8:00 p.m. Intermediate: 8:15 p.m. - 9:15

p.m.

Tango, Waltz, Samba and Foxtrot

Couples only

Fremont Adult School

4700 Calaveras Ave., Fremont

(510) 797-9594

SMOKINGPIGBBQ

#### Thursday, Feb 19 thru Sunday, Mar 19

Fremont: An Affectionate Focus Photography Exhibit

12 noon - 5 p.m. Works by local photographers Opening reception Friday, Feb 19 at 7

Olive Hyde Art Gallery 123 Washington Blvd., Fremont (510) 791-4357 www.olivehydeartguild.org

#### TECHNOLOGY MUSIC ACADEMY



\$10 per week (1 hour class) GUITAR LESSONS \$15 per week

(1 hour class)

PIANO LESSONS

Piano/Keyboard Singing/Vocal Flute/Trombone Violin/Clarinet Guitar/Bass Conga/Drums Sax/Trumpet Ukulele

## Hayward Music Center

24249 Hesperian Blvd., Hayward 510-264-9669



# SMOKING PIG BBG BY NIGHT

#### LIVE MUSIC Friday & Saturday at 9:00 pm

Fri 3/18 South City Blues Band

Sat 3/19 2nd Anniversary
Luekimia Fundraiser
All Day Music
Russell Barber Band 11am
AJ Crawdaddy
Blues Band 1:00pm
Cisum R&B Sensations 3:00
Diva Ladee Chico 5:00pm
Touch of Class 9:00pm
\$5 Cover for TOC only

3340 MOWRY AVENUE. FREMONT, CA. 94538 (510) 713-1854



### Pizza Palace

Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.

M, T, W, Th, Sun Ilam-10pm Fri & Sat. Ilam -Ilpm Expires 3/30/16

ANY X-LARGE PIZZA \$3 OFF ANY LARGE PIZZA \$2 OFF ANY MEDIUM PIZZA \$1 OFF 510-792-1070

Dine In - Take Out - Delivery (Limited Area & Time)

3765 | Niles Blvd. Fremont

Present Coupon When Ordering. Mobile Coupons Not Accepted
Offers Cannot be Combines.

# MBK Language Center

Bridging Generations • Creating Global Citizens
NOW OFFERING!



**25%Off** 

Use this Promo Code

TCV Expires March 31, 2016

Hindi for High School
World Language Credits

SIGN UP TODAY!

MBK Madhu Bhasha Kendra

510-682-4249

www.mbkhindi.org

www.iiibkiiiidi.or

501 (c)(3) non-profit organization

info@mbkhindi.org



#### Farmers' Markets

#### FREMONT:

#### Centerville

#### **Saturdays**

9 a.m. - 1 p.m.

Year-round Bonde Way at Fremont Blvd., Fremont (510) 909-2067 www.fremontfarmersmarket.com

#### **Downtown Fremont** Farmers' Market

#### Wednesdays

3 p.m. – 7 p.m. May thru October

Capital Ave. between Liberty St. and State St. www.westcoastfarmersmarkets.org

#### **Kaiser Permanente Fremont** Farmers' Market

#### **Thursdays**

10 a.m. – 2 p.m.

www.pcfma.com

Year-round 39400 Paseo Padre Pkwy., Fremont 800-949-FARM

#### **Irvington Farmers' Market**

#### Sundays

9 a.m. – 2 p.m.

Year-round Bay Street and Trimboli Way, Fremont 800-949-FARM www.pcfma.com

#### Niles Farmer's Market

#### **Saturdays**

9 a.m. - 2 p.m.

Year-round Niles Town Plaza 37592 Niles Blvd., Fremont www.westcoastfarmersmarket.org

#### **HAYWARD:**

#### **Hayward Farmers' Market**

**Saturdays** 

9 a.m. - 1 p.m. Year-round Hayward City Plaza 777 B. St., Hayward 1-800-897-FARM

#### **South Hayward Glad Tidings Saturdays**

www.agriculturalinstitute.org

#### 9 a.m. - 3 p.m.

Vear-round

W. Tennyson Rd. between Tyrell Ave. and Tampa Ave., Hayward (510) 783-9377 www.cafarmersmarkets.com

#### **SAN LEANDRO:**

#### **Kaiser Permanente** San Leandro

#### Wednesday

10 a.m. - 2 p.m.

June 11, 2014 to December 31, 2014 2500 Merced St, San Leandro www.cafarmersmarkets.com

#### **MILPITAS:**

#### Milpitas Farmers' Market at ICC

#### **Sundays**

8 a.m. – 1 p.m.

Year-round India Community Center 525 Los Coches St. 800-949-FARM www.pcfma.com

#### **NEWARK:**

#### **Newark Farmers' Market**

#### Sundays

9 a.m. - 1 p.m.

Year-round NewPark Mall 2086 NewPark Mall, Newark 1-800-897-FARM www.agriculturalinstitute.org

#### **Bayfair Mall**

#### **Saturdays**

9 a.m. - 1 p.m.

Year-round Fairmont and East 14th St., San Leandro (925) 465-4690 www.cafarmersmkts.com

#### **UNION CITY:**

#### Kaiser Permanente Union City Farmers' Market

#### **Tuesdays**

10 a.m. – 2 p.m. Year-round

Kaiser Permanente Medical Offices 3553 Whipple Rd., Union City 800-949-FARM www.pcfma.com

#### Union City Farmers' Market

#### **Saturdays**

9 a.m. – 1 p.m. Year-round

Old Alvarado Park Smith and Watkins Streets, Union City 800-949-FARM www.pcfma.com

FREE Adult Reading and Writing Classes are offered at the Alameda County Library

**Tell A Friend** Call Rachel Parra 510 745-1480



DRIVERS FOR SURVIVORS, INC.

companionship for ambulatory cancer patients

**FREE** 

service and

supportive

Fremont, Newark and Union City Area

Making a Difference, One Survivor at a Time

Have you received the devastating diagnosis you have cancer and need to get to medical appointments?

We are here for you!

We will transport you for FREE.

Do you have occasional extra hours? We always need more drivers to transport our clients.

Companionship - Alleviating Stress - Free Transportation Assistance

Help us raise funds: come to an event or give a cash donation

Please call 510-896-8056

Email: programassistant@driversforsurvivors.org www.DriversForSurvivors.org

#### Mondays, Feb 22 thru Mar 21 Family Caregiver Support Pro-

10 a.m. - 12 noon Training and resources to care for the

Fremont Senior Center 40086 Paseo Padre Parkway, Fremont

(510) 790-6600 fsharifi@fremont.gov

gram - R

#### Saturdays, Mar 5 - Mar 26

**Homebrewing Workshop \$R** 1 p.m. - 3 p.m.

Brew and bottle Ardenwood Ale Must attend all sessions no class on Mar 19 Ardenwood Historic Farm 34600 Ardenwood Blvd.,

Fremont (510) 544-2797 www.ebparks.org

#### Tuesdays, Mar 1 thru Apr 26

Bridge 1

9:30 a.m. - 10:30 a.m. Introduction to set up, bid play and score keeping

Newark Senior Center 7401 Enterprise Dr., Newark (510) 578-4840 www.newark.org

#### Tuesdays, Mar 1 thru Apr 26

**Bridge 2** 

10:30 a.m. - 11:30 a.m. Mastering game strategy Newark Senior Center 7401 Enterprise Dr., Newark (510) 578-4840 www.newark.org

#### Tuesdays, Mar 1 thru May 31 **Drop-In Advanced Math Help**

6:30 p.m. - 7:30 p.m. Algebra, geometry, calculus, trigonometry and physics Newark Branch Library

#### (510) 284-0677 Wednesday, Mar 2 - Sunday,

6300 Civic Terrace Ave., Newark

#### Mar 30 **Roving Artists Showcase**

5 a.m. - 9 p.m. Paintings featuring fruits and vegetables Mission Coffee Roasting House 151 Washington Blvd., Fremont (510) 474-1004

#### Thursday, Mar 3 - Saturday, Mar 19

#### **Urinetown the Musical \$**

www.fremontcoffee.com

7 p.m. Sat: Mar 12 at 2 p.m. Hilarious tale of greed and corruption

during a water shortage Irvington High School 41800 Blacow Rd., Fremont (510) 590-7510 http://www.ihsdrama.com/

#### Thursdays, Mar 3 - Apr 28

#### Bingo \$

1 p.m. Games, refreshments and door prizes Newark Senior Center 7401 Enterprise Dr., Newark (510) 578-4840 www.newark.org

#### Fridays, Mar 4 thru Mar 25 **Toddler Ramble Colorpalooza**

10:30 a.m. - 11:15 a.m. 2:30 p.m. - 3:15 p.m. Kids play with color

Ages 1-3Hayward Shoreline Interpretive 4901 Breakwater Ave., Hayward

#### Saturday, Mar 5 - Sunday, Mar 20

#### Chicago the Musical \$

(510) 670-7270

www.haywardrec.org

Fri & Sat: 8:00 p.m. Sun: 2:30 p.m. Women on trial for murder set in the

Newark Memorial High School 39375 Cedar Blvd., Newark (510) 791-0287 http://www.stage1theatre.org/tick

#### Saturdays, Mar 5 - Mar 26 Ax of Murder \$

8 p.m. Zany comedic murder mystery Sunol Glen School 11601 Main St., Sunol (925) 449-2693 www.sunol.net

#### Find Out



Member events at www.newark-chamber.com. Prospective Members: Come see the benefits of becoming a Newark Chamber Member!

Find all the details for these and more Chamber

Wed, March 16, 5pm-7pm, a fun St. Patrick's Day themed Chamber Mixer, hosted by Swiss Park Newark, at 5911 Mowry Ave. Chamber members, bring a friend! Prospective members meet and get to know Newark business people!

Tue, March 29, 5pm-7pm, a Tri-City Chamber Mixer, hosted by the Fremont Elks at the Elks Lodge & Banquet Hall, 38991 Farwell Dr. Fremont. Come enjoy the party! You'll hear what the Elks do in our own communities!

Tue, April 12, 5pm-7pm, Celebrate Spring! at this month's Chamber Mixer hosted by the DoubleTree by Hilton-Newark Fremont, at 39900 **Balentine Dr, Newark.** You'll love mixing it up!

Thur, April 21, 11:15am-1:30pm, Newark 's Annual "State of the City" Luncheon. This popular event fills up fast. Hear exciting updates about our City, from Mayor Alan L. Nagy. At the DoubleTree Hilton—Newark-Fremont, 39900 Balentine Dr. Get the reservation form on www.newark-chamber.com

#### **REMINDER: THE CHAMBER HAS RELOCATED**

Find us in the Community Center Building at **35501** Cedar Blvd. Call to schedule appointments at 510-578-4500 or to get more information. Our email address is: info@newark-chamber.com

#### Saturdays, Mar 5 - Mar 26

#### **Mental Wellness Series for**

**African Americans** 

9 a.m. - 12 noon Manage stress, depression and improve communication

La Quinta Inn & Suites 20777 Hesperian Blvd., Hayward (510) 828-3017

#### Sunday, Mar 6 - Tuesday,

#### Mar 29 **Shared Perceptions**

11 a.m. - 4 p.m. San Lorenzo Adult School Exhibit Artist reception Saturday, Mar 12, 12 noon Alameda Historical Museum 2324 Alameda Ave., Alameda (510) 521-1233 www.alamedamuseum.org

#### Mondays, Mar 7 thru Apr 25

#### **Bunco**

10 a.m. Dice game No experience necessary Newark Senior Center 7401 Enterprise Dr., Newark (510) 578-4840 www.newark.org

#### Tuesday, Mar 8 - Sunday, Mar 27

#### **Fiber Art Showcase** 11 a.m. - 5 p.m.

Crochet, knit and needlepoint Fremont Art Association 37697 Niles Blvd., Fremont (510) 792-0905 www.FremontArtAssociaion.org

#### Friday, Mar 11 - Saturday, Mar 19

**Centerstage Showcase \$** Fri: 7:00 p.m. Sat: 2:30 p.m. & 7:00 p.m. Youth troupe sings, dances and acts Milpitas Community Center 457 E. Calaveras Blvd., Milpitas (408) 586-3210 www.centerstagepa.org

#### Saturday, Mar 19 - Sunday, Mar 20

#### **Fremont Friends of the Library Book Sale \$**

Sat: 10 a.m. - 3 p.m. Sun: 12 noon - 3 p.m. \$1 per inch stacked: clearance Sunday \$5 per bag

Bring your own bags Fremont Teen Center 39770 Paseo Padre Pkwy., Fremont (510) 494-1103

#### Thursdays, Mar 17 thru May

#### 26 **Street Eats**

5 p.m. - 9 p.m. Variety of food and entertainment San Leandro Street Eats 500 Via Mercado, San Leandro thefoodtruckmafia@gmail.com www.thefoodtruckmafia.com

#### Thursday, Mar 18 - Sunday, Apr 16

#### **Barefoot in the Park \$**

Thurs - Sat: 8 p.m. Sun: 12 noon Comedy about a newlywed couple Broadway West Theatre Com-400-B Bay St., Fremont (510) 683-9218 www.broadwaywest.org

#### Wednesdays, Mar 23 thru **May 25**

#### **Food Truck Mafia**

5 p.m. - 9 p.m. Variety of food and entertainment Niles Town Plaza 37592 Niles Blvd., Fremont www.thefoodtruckmafia.com



Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.

M, T, W, Th, Sun Ilam-10pm Fri & Sat. 11am -11pm

Expires 3/30/16

ANY X-LARGE PIZZA \$3 OFF **ANY LARGE PIZZA** ANY MEDIUM PIZZA \$1 OFF 510-727-0532

Dine In - Take Out - Delivery (Limited Area & Time)

26775 Hayward Blvd. Hayward

Present Coupon When Ordering. Mobile Coupons Not Accepted Offers Cannot be Combines.



and maintenance

Your lawn & garden needs

Competitive sales

personal service

Power Vacuums

Power Blowers

**Pruners** 

Drills

Pruners

Sprayers

Lawn &

and more

# TORO.

ı

### shindaiwa

///EEK/II **尚Husqvarna** 

Chippers/Shredders Garden Tractors

BEAR CAT

Centerville Saw & Tool 510-793-0432

www.centervillesaw.com **Our New Location** 

VISA DISCOVER 3686 Peralta Blvd | Fremont

Chain Saws

**Brush Cutters** 

Trimmers

Generators

Lawnmowers

Tillers

Pumps

Log Splitters

FREE Adult Reading and Writing Classes are offered at

the Alameda County Library **Tell A Friend** Call Rachel Parra 510 745-1480

#### **BOOKMOBILE SCHEDULE**

**Alameda County** Renew books by phone (510) /90-8096 For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org. Times & Stops subject to change

Tuesday, Mar 15

10:00 - 11:15 Daycare Center Visit – UNION CITY 1:45 - 2:30 Fremont Hills Senior Living, 35490 Mission Blvd., **FREMONT** 3:50 - 4:20 Mission Gateway Apts., 33155 Mission Blvd., **UNION CITY** 4:50 - 5:30 Mariner Park, Regents Blvd. & Dorado Dr., UNION CITY 5:40 – 6:20 Sea Breeze Park, Dyer St. & Carmel Way, **UNION CITY** 

Wednesday, Mar 16

2:00 - 4:00 Warm Springs Community Center, 47300 Fernald St., FREMONT 4:15 – 4:50 Lone Tree Creek Park, Starlit Way & Turquoise St., FREMONT 6:00 - 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday, Mar 17

9:30 - 10:15 Daycare Center Visit, UNION CITY 10:30 - 10:50 Daycare Center Visit, UNION CITY 2:00 - 2:30 Daycare Center Visit, SAN LORENZO 2:45 - 3:40 Bay School, 2001 Bockman Rd., SAN LORENZO

Monday, Mar 21

10:00 - 10:40 Daycare Center Visit, FREMONT 10:45 - 11:15 Daycare Center

Visit, FREMONT 1:30 - 2:00 Acacia Creek, 34400 Mission Blvd., UNION CITY 2:45 – 3:45 Ardenwood School, 33955 Emilia Lane, FREMONT 5:15 – 6:45 Forest Park School, Deep Creek Rd., & Maybird Cir., FREMONT

Tuesday, Mar 22

9:45-10:15 Daycare Center Visit - FREMONT 10:45 - 11:15 Daycare Center Visit - FREMONT 2:15 - 2:45 Daycare Center Visit - NEWARK 4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., **FREMONT** 5:50 - 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

Wednesday, Mar 23

12:45 – 2:15 Glenmoor School, 4620 Mattos Drive, FREMONT 2:45 - 3:45 Mission Hills Middle School, 250 Tamarack Dr., **UNION CITY** 4:00 - 4:30 Purple Lotus Buddhist School, UNION CITY 6:00 - 6:30 Camellia Dr. & Camellia Ct., FREMONT

Milpitas Bookmobile stops Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060

Wednesday, Mar 16

1:45 – 3:00 Foothill School, 1991 Landess Ave., MILPITAS 3:15-3:45 Friendly Village Park, 120 Dixon Landing Rd., **MILPITAS** 

#### THIS WEEK

Tuesday, Mar 15 **Home Energy Efficiency** Workshop

6:30 p.m. - 8:00 p.m. Project tips and financial incentives information Fremont Main Library

2400 Stevenson Blvd., Fremont (510) 745-1400 www.FremontEngergy.eventbrite.

Wednesday, Mar 16

**Shinn House Docent Training** 

10 a.m. - 12 noon Volunteers train to become tour guides Shinn House 1251 Peralta Blvd., Fremont (510) 552-4839 alminard@comcast.net

Wednesday, Mar 16

**Social Security Retirement** Seminar

7:00 p.m. - 8:30 p.m. Discuss benefits and healthcare Corpus Christi Church 37891 3rd St., Fremont (408) 634-6640

Wednesday, Mar 16 Outdoor Discoveries: Adopt a Tree \$R

10:00 a.m. - 11:30 a.m. Explore park for oaks, willows and other trees Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

Wednesday, Mar 16

eMarketing to Create New Customers - R

8:30 a.m. - 11:30 a.m. Utilize tools to generate and service clients

Hayward City Hall 777 B St., Hayward (510) 208-0410 http://acsbdc/org/node/21075

Wednesday, Mar 16

**Music Together** 

5:00 p.m. - 5:30 p.m. Songs, movement and instrument play Toddlers - 5 years Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.guides.aclibrary.org/fremont

Wednesday, Mar 16

**Storytime and Crafts** 

3:30 p.m. - 4:30 p.m. Books and projects for grades K-2Irvington Library 41825 Greenpark Dr., Fremont (510) 795-2626 www.guides.aclibrary.org/irving-

Wednesday, Mar 16

**Ohlone Community Band \$** 

7:30 p.m.

Honor, Service and Home

Music dedicated to our nation's service people

Smith Center 43600 Mission Blvd., Fremont (510) 659-6031

www.smithcenter.com

Thursday, Mar 17

**East Bay Stompers Band** 

7 p.m. - 9 p.m. Dixie, swing and standards music Bronco Billy's Pizza 41200 Blacow Road, Fremont (510) 438-0121

Thursday, Mar 17

**Fremont Business Resource** Seminar

9:00 a.m. - 2:30 p.m. Discuss sales, marketing and tax basics Warm Springs Community 47300 Fernald St., Fremont (510) 791-4318 http://www.boe.ca.gov/cgibin/seminar.cgi?FLAG=466

Thursday, Mar 17

Lego Club - R

3:30 p.m. - 4:30 p.m. Creative building with bricks Ages 6+ Centerville Library

3801 Nicolet Ave., Fremont (510) 795-2629 www.guides.aclibrary.org/center-



#### HAYWARD 9/11 MEMORIAL Please help us **Honor our Heroes:** The 9/11 Victims / Police Firefighters / Veterans

Donate \$1,000 or more gets your name engraved forever on the Memorial. Sponsor a custom worded brick for \$100 or \$150 that will be installed forever at the Memorial site.

Please visit our website for details about the Memorial & how to help and donate:

All Donations are 501(c)3 Tax Deductible www.Hayward911Memorial.com

Dedication will be on Memorial Day Monday, 30 May 2016

Thursday, Mar 17

**Baby Bounce Special** 

11 a.m.

Stories and activities for babies Infants crawling up to 18 months Newark Branch Library 6300 Civic Terrace Ave., Newark (510) 795-2627 www.guides.aclibrary.org/newark

Friday, Mar 18

**Taize Prayer Around the Cross** 

8 p.m. - 9 p.m. Peaceful song and prayer Dominican Sisters of Mission San Jose 43326 Mission Blvd., Fremont (510) 502-5797 www.msjdominicans.org

Friday, Mar 18 - Saturday, **Mar 19** 

**American Red Cross Blood** Drive – R

7:30 a.m. - 2:30 p.m. Call to schedule an appointment Drop-ins welcome Fremont-Newark Blood Center 39227 Cedar Blvd., Newark (800) 733-2767 www.redcrossblood.org

Friday, Mar 18

Science Lecture and Demonstration

4:30 p.m. Especially for children grades 2 and up Presented by Mission San Jose

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

Friday, Mar 18

**Leprechaun Land for Wee Folks** 

5 p.m., 6 p.m. & 7 p.m. Games, snacks, goodies and crafts Fremont Teen Center 39770 Paseo Padre Pkwy., Fremont

(510) 494-4344 www.Fremont.gov/LeprechaunLand

Friday, Mar 18 - Sunday, Mar 20

**Spring Concert \$** 

Fri & Sat: 8 p.m. Sun: 2 p.m. Celebration of America's popular music Douglas Morrison Theatre 22311 N Third St., Hayward (510) 881-6777

Friday, Mar 18

**Italian Pops Dinner \$** 

www.dmtonline.org

6 p.m. Music and silent auction fundraiser American High School 36300 Fremont Blvd., Fremont (510) 796-1776 x57708

Friday, Mar 18

**Purim Spiel** 

8 p.m.

Performance of a Proper and Moral

Temple Beth Sholom 642 Dolores Ave., San Leandro (510) 357-8505 www.tbssanleandro.org

Friday, Mar 18

Mental Health Workshop - R

12:30 p.m.

Discuss therapy, medications and family dynamics

Interactive presentation San Lorenzo Library 395 Paseo Grande, San Lorenzo (510) 538-2031 x205

Saturday, Mar 19

Pet First Aid and CPR \$R

9 a.m. - 1 p.m. Focus on basic first aid Ages 12+ Lake Chabot 17600 Lake Chabot Rd, Castro Valley (888) 327-2757 www.ebparksonline.org





Menudo every Sunday Mariachi- 8pm Friday Night **Buy one Entree** 

at the regular price Get the second entree of equal or less value for 50% off Seafood Excluded Holidays Excluded Must present coupon with order

> Mon-Thurs I Iam-9pm Fri-Sat I Iam - I2noon Sun

10am-9pm

Exp. 3/30/16



Catering and Party Trays www.casaroblesrestaurant.com 510-770-9572 3839 Washington Blvd. Fremont (Irvington District)

ouisiana

M-Th Dinner Only

**15% OFF** 

Your purchase With Coupon

### STOP SMOKING IN ONE HOUR! **GUARANTEED!** Hypnosis Makes It Easy! One Hour Stop Smoking Center 225 W. Winton Ave., Sutie 119, Hayward 510-363-8240

#### Saturday, Mar 19

#### Science Lecture and Demonstration

10:30 a.m. Especially for children grades 2 and up Presented by Irvington HS Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

#### Saturday, Mar 19

#### **Chores for Little Farmers \$**

10:30 a.m. -11:00 a.m. Prepare treats for farm animals Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

#### Saturday, Mar 19

#### **Apple Cider Pressing \$**

12 noon - 12:30 p.m. Squeeze juice and sample results Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

#### Saturday, Mar 19 - Sunday, Mar 20

#### **Fremont Friends of the Library Book Sale \$**

Sat: 10 a.m. - 3 p.m. Sun: 12 noon - 3 p.m. \$1 per inch stacked; clearance Sunday \$5 per bag Bring your own bags Fremont Teen Center 39770 Paseo Padre Pkwy., Fremont (510) 494-1103

#### Saturday, Mar 19

#### **FOG Holi - Festival of Colors \$**

12 noon Food, music, dancing and games Dixon Landing Park 1771 Milmont Dr., Milpitas (408) 586-3210 http://events.sulekha.com/fogholi-festival-of-colors\_eventin\_milpitas-ca\_305833

#### Saturday, Mar 19

#### Crafting Coiled Yarn Baskets -

11:00 a.m. - 12:30 p.m. Create beautiful art with yarn Supplies provided Hayward Main Library 835 C St., Hayward (510) 881-7980 http://tinyurl.com/baskets-hpl

#### Saturday, Mar 19

#### Potterfest for Kids - R

2:00 p.m. - 3:30 p.m. Board the Hogwarts Express for magical

Grades 2-6Hayward Main Library 835 C St., Hayward (510) 293-3302 http://tinyurl.com/potter-mar16

#### Saturday, Mar 19

#### **Marshland of Dreams**

10 a.m. - 11 a.m. Docent led 1 mile walk along tidelands SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222

#### Saturday, Mar 19

Family Bird Walk - R 2 p.m. - 4 p.m.

Use field guides and binoculars to search for birds

Ages 5 – 10 SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222 x362 https://donedwardsfamilybird.eve ntbrite.com

#### Saturday, Mar 19

#### Twilight Marsh Walk – R

6:30 p.m. - 8:15 p.m. Enjoy sights and sounds of nature at night fall

Not suitable for young children SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222 x362 https://donedwardstwilight.event brite.com

LOSE 5-35 INCHES

**GUARENTEED** Destroy the fat cells

Tightens the skin

Non Invasive

**Buy 10 Cavitation** 

fat cell blasting trtmts

and get 10 ILipo Free

production

of melanin,

brown spots,

and acne \$500 COUPON

towards

recommended

package

#### **BABY LOBSTER Grand Opening Special**

MARKET PRICES **Dungeness Crab** Crawfish

Clams King Crab Legs Whole Lobster Lobster Tail Oysters raw w/shell Shrimp

Exp. 4/30/16 Open 6 Days A Week CLOSED ON TUESDAY Mon-Wed-Thurs-Fri 3:00 - 10:00pm Sat & Sun - 12noon-10pm

510-791-5000

Fresh Lobster Lo-men \$26.99 Not included in Coupon



5855 Jarvis Ave Unit C, Newark Next to Dino's

#### Saturday, Mar 19

#### **Exploring Immigration: The** McConaghy Story \$R

Stories related to the American Dream McConaghy Victorian House 18701 Hesperian Blvd., Hayward (510) 581-0223 www.haywardareahistory.org

#### Saturday, Mar 19

#### Fun with Felting \$

1:30 p.m. - 2:30 p.m. Create toys from sheep's wool Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

#### Saturday, Mar 19

#### Wonders of Wetlands \$

10:00 a.m. - 11:30 a.m. Explore habitats for wildlife Ages 6+ Coyote Hills Regional Park 8000 Patterson Ranch Rd.,

Fremont (510) 544-3220 www.ebparks.org

#### Saturday, Mar 19

#### **Calaveras Ridge Trail** 11:00 a.m. - 1:30 p.m.

Naturalist led hike Steep but leisurely for ages 8+ Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

#### Saturday, Mar 19

#### Crab Feed \$R

6 p.m. Food, music, dancing and raffle Giving Hope Program benefit Fremont Veterans Hall 37154 Second St., Fremont (510) 612-0488 www.niles.org/crab-feed

#### Saturday, Mar 19

#### **Family Fishing Fun**

9:30 a.m. - 12:30 p.m. Fishing basics for ages 6+ All gear provided Hayward Shoreline Interpretive Center 4901 Breakwater Ave., Hayward (510) 670-7270

#### Saturday, Mar 19

www.haywardrec.org

#### American Red Cross Blood

10:30 a.m. - 3:30 p.m. Call to schedule an appointment Drop-ins welcome Milpitas Library 160 North Main St., Milpitas (800) 733-2767 www.redcrossblood.org

#### Saturday, Mar 19

#### Make a Family Book Workshop

2:30 p.m. - 4:30 p.m. Create a book using photographs Union City Branch Library 34007 Alvarado Niles Rd., Union City (510) 745-1464 www.guides.aclibrary.org/unioncity

#### Saturday, Mar 19

#### Spring Luau \$R

6:00 p.m. - 9:30 p.m. Buffet, hula dancing, no host bar and

Ruggieri Senior Center 33997 Alvarado Niles Rd., Union City (510) 305-1505 www.FUNRotary.com

# HINA EXPR

With Coupon Only Exp. 3/30/16

DAILY SPECIAL

#### Dine in or Take Out

Lemon Chicken Kung Puo Chicken Mushroom Chicken Sweet & Spicy Port Ribs Sweet & Sour Pork

Broccoli Beef (Sml size) Chicken Corn Soup and much more....

Open Daily 11am - 9pm

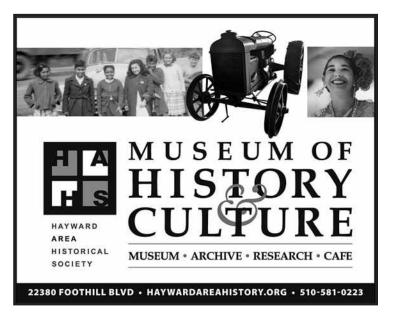
#### Party Trays & Catering

We take **Credit Cards** 

www.chinaexpressfremont.com

510-623-9393

39473 Fremont Blvd., Fremont The Crossroads Shopping Ctr. Fremont Blvd. & Walnut





# MUSEUM OF

AREA HISTORICAL SOCIETY

MUSEUM • ARCHIVE • RESEARCH • CAFE

#### **HISTORY TALKS**

#### THURSDAY, MARCH 24, 6-8PM Foreigners in Their Own Land (Free)

Watch the first episode of the documentary, Latino Americans: 500 Years of History. Stay afterwards for a discussion with scholars Francisco Zermeño and Edwin Contreras that explores the Hayward Area during the Mexican period. Learn more about Mexican land grant owner Guillermo Castro, his connections to Che Guevara, and more! Film time: 53min.

22380 FOOTHILL BLVD + HAYWARDAREAHISTORY.ORG + 510-581-0223

### I need a Forever Home



Chicta is a sweet 10 years young gal who likes to nudge her person for pets and lap time. She can be a little unsure of new surroundings, but warms up quickly with a little assurance. Chicta is good with kids of all ages. More info: Hayward Animal Shelter. (510) 293-7200.

Chesa is a calm, super sweet and gentle 5 year old pup who loves treats and cuddles. She's good with other dogs but prefers to hang out or go for a walk rather than to play. Chesa is great with kids of all ages. More Info: Hayward Animal Shelter. (5 10) 293-7200.



**ENRICH YOUR LIFE - BECOME A VOLUNTEER!** 

**Hayward Animal Shelter** www.facebook.com/haywardanimalshelter

510-293-7200 16 Barnes Court (Near Soto & Jackson) Hayward Tuesday - Saturday I pm - 5pm

# Liquid Face lift with Fillers

Fremont Laser Med Spa

Dr. James Kojian, M.D. Owner

INTEREST FREE CARECREDIT AVAILABLE

ILipo/Ultrasonic Cavitation

Antioxidant Based Pigment Removal



**Liquid Face Lift** Done by Dr. James Kojian .Fill your tear trough (under eye area)

Lift your cheekbone area Look 10-15 years younger \$150 COUPON towards recommended package

Interest Free CareCredit Available FREE Consultation 510-793-2277 www.fremontlasermedspa.com 210 Fremont Hub Courtyard, Fremont

#### Saturday, Mar 19

#### **Spring Fest Egg Hunt \$**

10 a.m. Easter Bunny, egg hunt, and face paint-

Purchase tickets in advance Ages 2-10Old Alvarado Park 3871 Smith St., Union City (510) 675-5488 https://www.facebook.com/events /1752963028269761/

#### Saturday, Mar 19

#### Family Day in the Park

9:00 a.m. - 11:30 a.m. Egg hunt, resource faire, games and crafts Newark Community Park 35501 Cedar Blvd., Newark (510 578-4432 www.ci.newark.ca.us

#### Saturday, Mar 19

#### **Cradle to Career Educational** Summit

9:30 a.m. - 1:30 p.m. Guest speakers, performers and refresh-

Hayward City Hall 777 B St., Hayward (510) 784-2600 x72617 www.husd.k12.ca.us/madeinhayward

#### Saturday, Mar 19 General Plan Update and Workshop

10 a.m. - 12 noon Community input to shape city's future Ruggieri Senior Center 33997 Alvarado Niles Rd., Union City (510) 675-5495 www.uc2040.com

#### Saturday, Mar 19

#### **Comedy Short Subject Night \$**

7:30 p.m. The Rink, Convict 13, Shooting Mad Niles Essanay Theater 37417 Niles Blvd, Fremont (510) 494-1411 www.nilesfilmmuseum.org

#### Sunday, Mar 20

#### **Open House \$**

1 p.m. - 3 p.m. Docent led tours of historic home Shinn House 1251 Peralta Blvd., Fremont (510) 793-9352

#### Sunday, Mar 20

#### A Taste of the Refuge

2:00 p.m. - 3:30 p.m. Discover edible plants on docent let walk SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222

#### Sunday, Mar 20

#### Farmyard Story Time \$

10:30 a.m. - 11:00 a.m. Join the circle for classic barnyard tales Ardenwood Historic Farm 34600 Ardenwood Blvd.. Fremont (510) 544-2797 www.ebparks.org

#### Sunday, Mar 20

#### **Grow What You Sow \$**

11 a.m. - 12 noon Prepare soil and plant seeds Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

#### Sunday, Mar 20

#### **Corn Mosaics \$**

12:30 p.m. - 1:30 p.m. Create a craft with rainbow corn Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

#### Sunday, Mar 20

#### **Speed History Hike \$**

1:30 p.m. - 2:30 p.m. Discuss Victorian farm on a 1.5 mile walk Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont

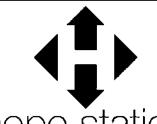
(510) 544-2797 www.ebparks.org

#### Sunday, Mar 20

#### Wild Edibles and Plant Uses –

9 a.m. - 1 p.m. Gather and sample wild foods **Store & Donation Hours** Mon - Sat: 9am - 7pm Sunday: 10am - 7pm

37482 Fremont Blvd., Fremont, CA 94536 510-795-6100; www.hopeservices.org



Your Community Thrift Store

hope station

1010-Special Take Additional 10%-Off on purchase of

\$10 or more with this ad. Expires on 3/31/2016. Limit I coupon per customer per purchase. Discount up to \$100. Excluding HOPE clients' bikes.

#### Sun - Sat **Clearance Days** 50% - Off\*

on All Items with Selected Color Tag of the week.

A New Color will be selected every week

#### Monday **Home Day** 30% - Off\*

furniture, books arts, lamps picture frames microwave ovens coffee makers toasters, electrical fans & other small appliances

#### Tuesday Senior Day 50% - Off\* On Everything

For customers age 55 & above

Excluding: White-Tag Items Current Tag Items Jewelry, Collectibles

Electronies, and Bicycles lease show id to receive discount

#### **Thursday Antique Day** 30% - Off\*

all jewelry antiques collectibles electronics toys, cd music dvd movies housewares knick knacks

Saturday **Happy Day** 50% - Off\* On **Everything** For

Everyone Excluding: White-Tag Items Current Tag Items, Jewelry, Collectibles Electronics, and Bicycles

\*Offers subject to change without notices.

37482 Fremont Blvd., Fremont, CA. 94536; 510-795-6100. www.hopeservices.org

Garin Regional Park 1320 Garin Ave., Hayward (510) 582-2206 www.ebparksonline.org

#### Sunday, Mar 20

#### What Does it Mean to Be Human?

11:30 a.m. - 1:30 p.m. Interactive Dharma discussion and

Southern Alameda County **Buddhist Church** 32975 Alvarado Niles Rd., Union City (510) 471-2581 sacbc@sbcglobal.net www.sacbc.org

#### Sunday, Mar 20

#### **Secret Life of Plantkton**

11:00 a.m. - 12:30 p.m. Kids use microscopes to view water crea-

Hayward Shoreline Interpretive Center 4901 Breakwater Ave., Hayward

#### www.haywardrec.org Sunday, Mar 20

(510) 670-7270

**Piano Brilliance Salon Series** \$R

3 p.m. West Side Story music, food and wine Location address provided upon Music at the Mission

(510) 402-1724 info@musicatmsj.org www.musicatmsj.org

#### Sunday, Mar 20

#### **Purim Carnival**

10 a.m. - 12 noon Hamanstaschen cookies, games and

Temple Beth Sholom 642 Dolores Ave., San Leandro (510) 357-8505 www.tbssanleandro.org

#### Sunday, Mar 20

#### **Tri-City Youth Chorus Concert**

Spring sing and live music Niles Discovery Church of Fremont 36600 Niles Blvd., Fremont (510) 797-0895

www.tricityyouthchorus@weeb-

#### Sunday, Mar 20

ley.com

#### **Talkie Matinee \$**

4 p.m. I Cover the Waterfront Niles Essanay Theater 37417 Niles Blvd, Fremont (510) 494-1411 www.nilesfilmmuseum.org

#### Monday, Mar 21

#### **Telling Tales: Swimming with** Sharks \$

8 p.m.

Share your story about times you were in

Douglas Morrison Theatre 22311 N Third St., Hayward (510) 881-6777 www.dmtonline.org

#### Tuesday, Mar 22

#### **Water Conservation Showcase** – R

9 a.m. - 6 p.m. Discuss water saving ideas with profes-PG & E Energy Center

851 Howard St., San Francisco (415) 973-2277 www.usgbc-ncc.org

#### Tuesday, Mar 22 Weekday Bird Walk 7:30 a.m. - 9:30 a.m.

All levels of experience welcome Ages 12+ Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249

www.ebparks.org

#### Tuesday, Mar 22 **Taste of San Leandro \$**

#### 5 p.m. - 8 p.m. Food, drinks and networking 21st Amendment Brewery

2010 Williams St., San Leandro (510) 317-1400 www.sanleandrochamber.com

#### Tuesday, Mar 22

#### Robotics Workshop - R

3:30 p.m. - 4:30 p.m. Build catapults, straw towers and drive robots

Centerville Library 3801 Nicolet Ave., Fremont (510) 795-2629 www.guides.aclibrary.org/center-

#### Tuesday, Mar 22

#### **Adult Crafting – R**

6 p.m. - 7 p.m. Presented by Christie's Creative Cupboard

Materials provided Centerville Library 3801 Nicolet Ave., Fremont (510) 795-2629 www.guides.aclibrary.org/centerville

#### Judges needed for debate tournament

Response, a homeschool speech and debate club, a member of Stoa, a national Christian home school forensic league will hold parliamentary debate tournament on Saturday, March 19th. Topics range from current events, philosophy and popular

culture. The public is invited to stop by anytime to observe. Anyone 19 years old or older can be considered to be a judge. Judges will receive orientation and training. To register as a vol-

https://palmplarli.homeschooldebate.net/judges. For questions, contact Marie Ung at mrsdig@aol.com.

> Parliamentary Debate Tournament Saturday, Mar 19 1st Round 8:30 a.m. - 6th Round 3:00 p.m. **Newark Community Church** 37590 Sycamore St., Newark mrsdig@aol.com

### Young Writers Essay Contest Awards

#### SUBMITTED BY ART CAREY

Three sophomores from Fremont high schools have won awards and cash prizes in a Young Writers Essay Contest sponsored by the Fremont Area Writers Club. The topic was "My Life in the East Bay."

First place and \$100 went to Ethan Mehta of Washington High School. Second place (tie), and \$50 each, went to Aiyanna Smith of John F. Kennedy High School and Keren Godwin of Fremont Christian High School. Honorable Mention awards went to Ivanna C. Casulla and Jaylen Risinger-Esquibel, both of John F. Kennedy High School.

Essays were judged for content, organization, creativity and individuality, and grammar/punctuation. "The judges praised the creativity and diversity of content shown by this year's entrants," said Liz Breshears, contest coordinator.

Fremont Area Writers is a branch of the 1,700-member California Writers Club. To find out more, visit: www.cwc-

fremontareawriters.org or contact Shirley Ferrante at (510) 791-8639.



(L to R): Keren Godwin, Fremont Christian High School; Jayleen Risinger-Esquibel, Kennedy High School; Aiyanna Smith, Kennedy High; and Ethan Mehta, Washington High School.

#### ry a FREE Class Today!

New Programs Added! More Classes! New Tot Area!

# Top Flight Gymnastics



5127 Mowry Ave Fremont 94538 (in the corner near New India Bazar)



Ages!

\*ASL/ Signing Gymnastics

\*Rhythmic Gymnastics

\*Birthday Parties

\*Tramp and Tumbling

\*Cheer \*Wushu

\*Field Trips \*Playgroups

\*Recreational & Competitive Gymnastics, Boys & Girls! \*FLIGHT NIGHT 2X A MONTH! ( "Parents' Night Out" ) Www.TopFlightFremont.net Call for more Details

510.796.FLIP (3547)



#### Professional/Affordable Quality Chiropractic Care

- · Soft tissue release therapy
- · Children & adults
- Auto, work and sport injuries
- · Neck, back and extremity pain
- Headaches

Most insurances accepted



Come and enjoy a truly unique healing experience **New Patient Special** 50% off Initial Visit With This Ad Exp. 3/30/16

Janet L. Laney, D.C., Q.M.E 510-792-9000 6943 Thornton Ave., Newark

**DID YOU KNOW? Some Bank, Loan Institutions Require Flood Insurance In** Order To Finance Your Home THINK MELLO INSURANCE #OB84518

510-790-1118

www.insurancemsm.com

### **RAC Tennis Academy**

receives 2016 Best of Milpitas Award

#### SUBMITTED BY RAMON CAPISTRANO

RAC Tennis Academy has been selected for the 2016 Best of Milpitas Award in the Tennis Instruction category by the Milpitas Award Program.

Each year, the Milpitas Award Program identifies companies that have achieved exceptional marketing success in their local community and business category. These are local companies that enhance the positive image of small business through service to

their customers and community. These exceptional companies help make the Milpitas area a great place to live, work and play.

Various sources of information were gathered and analyzed to choose the winners in each category. The 2016 Milpitas Award Program focuses on quality, not quantity. Winners are determined based on the information gathered both internally by the Milpitas Award Program and data provided by third

#### Chabot College baseball

#### **SUBMITTED BY MATT SCHWAB**

The Chabot shortstop with the hot bat has "Gladiator" in his baseball bloodlines. Kenny Corey, a sophomore transfer from Fresno State, has followed his dad, Dana, and brother, Kevin, into the Chabot program. In fact, Dana was a teammate of legendary Chabot coach Steve Friend. So, it's all in the family.

"I think I'm getting goosebumps as I talk about it," Friend said of the program's Corey family ties. "It's kind of neat. The father, the older son and the younger son — it's a tradition of Gladiator baseball. It's a good mix of a blue collar family and a blue collar team." Friend is also delighted with Kenny's play. He's tearing it up on offense and making plays on defense.

In Chabot's two recent wins 10-4 over Cabrillo and 13-9 over Solano, Corey was a combined 5 for 8 from the plate with four RBIs, three runs scored, two doubles and a triple.

Corey, who entered the week with a .380 batting average and



Kenny Corey

13 RBIs (runs batted in), and second baseman Michael Hidalgo both had three hits against Cabrillo. Cal Stevenson and Max Sanderson were each 2 for 4.

'We just had a good approach," Corey said of the 14-hit effort at Gene Wellman Field. "We were hunting the fastball early in the count, and when we got it we weren't missing it, really."

The Gladiators entered the week riding a four-game winning streak, riding a four-game winning streak. They will open play at home in the Coast-Golden

Gate Conference on March 15 (4 p.m.) against West Valley.

Corey, a former three-year varsity player at Willow Glen High in San Jose, redshirted his first year at Fresno State before making 25 starts for the Bulldogs last season, 13 at designated hitter, eight at second base and four in left field. He recorded six multihit games, batting .324, scoring 18 runs and driving in 21.

So he was a great pick-up for the Gladiators, who boast a strong new cast of transfers. As for those family ties, Dana also played at San Jose State, and Kevin, an infielder/pitcher, moved on to Austin Peay in 2013. Corey is having a great time at Chabot. The players are beginning to mesh as a unit.

"It's definitely a really fun team," he said. "There are a lot of really funny guys, and I think that's also a reason we're starting to play better: People are starting to get out of their shells and just hanging out more and having a better time."

For more information, visit: https://www.chabotcollege.edu/sp orts/baseball/

#### Lady Titans top Lady Vikings



Softball

#### SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

In a game filled with great defensive plays, cross-town rivals, John F. Kennedy and Irvington battled on March 8th. The Lady Titans of Kennedy came out on top. 6-0

The Titans jumped to take the lead and held a determined Viking squad that was foiled by outstanding defensive infield plays. Although the Lady Vikings fought hard to come back, they could not put the right combination together



#### Ask about our Acupunture **WITHOUT NEEDLES!**

ATP Acupuncture & Chinese Medicine

Professors in USA, Europe & China CA & National Licensed Acupuncturists & Herbalists



Yuanjin Tao, L.Ac., C.M.D. Over 40 years experience Acupuncture Acupressure Cupping & other therapies Herbs Tui na massage



Exp. 3/30/16

Disposable needles

- Acne, Eczema, Psoriasis Allergies/Asthma
- Anxiety/Depression
- Arthritis Bell's Palsy
- Cancer Support
- Cardiovascular Health
- Carpal Tunnel
- Chronic Cough Detoxification
- Digestive Disorders
- Ears/Nose/Throat Fatigue/Stress
- · Headaches/Migraines
- Infertility • Insomnia
- Memory/Concentration
- Pain Management Smoking Cessation
- Weight Loss

remembering tasks or organizing your thoughts?

Having difficulties focusing,

Acupuncture and Oriental medicine can help optimize your brain power through a treatment approach that incorporates different modalities, including nutritional

Auto accidents Workers' Comp

Insurance accepted

Acupuncture Treatment

Initial Office Visit Only Not good with any other offer

Limit one coupon per patient

510-713-9086 230 Fremont Hub Courtyard www.atpacupuncture.com

Fremont (Behind Bed Bath & Beyond)



#### Darkness and rain end Cougars contest in a tie

Baseball

#### SUBMITTED AND PHOTOS BY MIKE **HEIGHTCHEW**

Although the Newark Memorial Cougars took an early lead, the Dougherty Valley Wildcats rallied back to tie a game that was ended by darkness and weather on March 10th. A wet and rainy afternoon set the mood for a game that settled into a pitcher's duel with good fielding that ended baserunner threats. Final Score: Newark Memorial 4, Dougherty Valley 4.

#### Lady Colts soccer goalkeeper commits to **Eastern Oregon University**

**SUBMITTED BY NEW HAVEN UNIFIED SCHOOL DISTRICT** 

Congratulations to Logan senior Sonia Nichols who committed to attend Eastern Oregon University and play as goalkeeper for their women's soccer program. Eastern Oregon University, part of the Cascade Collegiate Conference, is affiliated with the National Association of Intercollegiate Athletics (NAIA) and is seen as having an up-and-coming soccer program.

Sonia, starting senior goalkeeper for the Mission Valley Athletic League (MVAL) champion Colts, had seven shutouts in route to her second consecutive North Coast Section (NCS) playoff appearance. She joins teammates Madison McNamara and Denisse Ramirez as Colts who will be playing collegiate soccer this fall. The Logan girl's soccer program hopes to add a few more seniors to this list before our school ends this coming June. Congratulations to Sonia and the Nichols family!

Softball

#### Lady Colts top Rancho Cotate

Although the Rancho Cotate Cougars scored in the first inning, that was all they were able to put on the scoreboard. The Lady Colts tied the game in the third inning and scored in every inning thereafter - two runs in the fourth and fifth, and another in the sixth inning - to break the game open and finish with a solid 6-1 victory.

# Tri-City Youth Chorus – Spring Sing



# SUBMITTED BY MARILYN SINGER AND ANN MELIOUS PHOTO BY COURTESY OF JOHN R. SMITH

Last September, a new venture began the Tri-City Youth Chorus. It is a community chorus for students in grades five -eight.

The group currently has 20 youngsters, singing under the direction of Joy Suh and hope to expand that number in the future. It is a diverse group of kids from all over the area. The chorus is sponsored by the Niles Discovery Church; but is not a church choir, rather an attempt to offer vocal musical instruction to any child who wants to sing. There is a fee that is used to pay the director and purchase music. Niles Discovery Church provides the facility and facilitates the operation of the chorus as a community outreach.

On Sunday, March 20, The Tri-City Chorus will present "Spring Sing" at the Niles Discovery Church in Fremont. This free concert will include a guest artist, jazz trumpeter Ben Gunnarson, accompanied by Amy Lourenco.

The community choristers in grades five through eight will sing a diverse program highlighted by the anti-bullying anthem "Butterfly." Other selections include "Arirang," "Nine Hundred Miles," "Alexander's Ragtime Band" and

more. There will be a public reception after the performance. For students interested in more information about the chorus, please visit http://tricityyouthchorus.weebly.com or call (510) 797-0896 ext. 1.

Tri-City Youth Chorus – Spring Sing
Sunday, Mar 20
4 p.m.
Niles Discovery Church
36600 Niles Blvd. at Nursery Ave, Fremont
(510) 797-0896 ext. 1
http://tricityyouthchorus.weebly.com

Men's Basketball

#### Mariners lose a heartbreaker

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

On March 11th, the Moreau Catholic Mariners came up just short at the 2016 CIF State Boys Basketball Tournament. A second half rally was not quite enough to propel the Mariners beyond the first level of championship play as the final score, 88-85, favored the Sheldon Huskies.

An impress show of speed and fast breaks by the Huskies led them to a 25-9 lead in the first quarter. The Mariners woke up and fought back with a 21 point run of their own but ended the first half with a 50-30 deficit. The third quarter gave the Mariners hope as they outscored the Huskies 26-19 but in the fourth quarter, momentum shifted and Huskies defense began to take charge. Even with a Mariner offense that again outscored the Huskies 29-19 in the fourth quarter, it wasn't enough to offset the gap.



# Lady Cougars rally falls short



Women's Basketball

SUBMITTED BY DARRYL REINA NEWARK MEMORIAL GIRLS VARSITY BASKETBALL COACH

Playing in an exciting CIF Northern California post-season atmosphere at Los Gatos High School on March 9th, the Newark Memorial Girls Varsity Basketball Team fell behind by as many as 22points in the first-half, and trailed 42-23 at halftime.

But the Lady Cougars rallied back in the second-half to take a

54-52 lead with just two-minutes left in the game, only to have the Wildcats respond in the closing minute to edge Newark Memorial by the score of 57-56, and end the team's post-season.

Individual scoring: Haylee Nelson (game-high 22-points), Rita Evans (8-points), Maricela Matos (7-points), Tiara Banford (7-points), Tyler McNeil (5-points), Kylie Chan (5-points), Savanna Norberg-Swickard (2-points).

The Lady Cougars finished the season with an outstanding 21-8 record and many team accomplishments throughout the year. The team won the annual Newark Optimist Club Holiday Classic, had an 11-game winning streak from December 17-January 19, finished third in the Mission Valley Athletic League, were awarded the #3 seed in the North Coast Section, and advanced to the CIF Nor-Cal as the #11 seed.

Sophomore Haylee Nelson and senior Tiara Banford were named to the MVAL All-League First Team, while senior Maricela Matos and sophomore Kylie Chan received Honorable Mention recognition.

## **Historic Season Halted**

Women's Basketball

#### SUBMITTED BY STEVE CONNOLLY

The greatest season in the history of Cal State East Bay women's basketball came to an end on March 11th, as the Pioneers fell to No. 21 UC San Diego 74-59 in the first round of the NCAA Division II West Regionals.

It was the third matchup of the season between East Bay and UCSD, who shared the CCAA regular season title with identical 18-2 records. The Tritons won 56-54 during the regular season, then the Pioneers earned a 79-77 overtime victory in the CCAA semifinals en route to CSUEB's first ever tournament championship.

UCSD entered the NCAA West Regional as the No. 4 seed, with the Pioneers slotted at No. 5. Unfortunately, the rubber match between the two squads was not an instant classic like the previous two, as East



Bay struggled to hit shots with consistency throughout the evening. The Tritons (25-4) ultimately put an end to the East Bay's 14-game winning streak, and the Pioneers

finished their historic season with a record of 27-5.

All four of East Bay's senior starters scored in double figures in their final game

donning the red and black. Tori Breshers led the way with 16 points, six rebounds, and three blocks, going 7-for-16 from the field. Madison Craig scored 14 and grabbed five boards. Bland and Effenberger added 10 points each and combined for nine assists. The Pioneers ended up shooting 41.7 percent from the field, but went just 4-for-17 from long distance.

As a team, this year's Pioneers established new school records for victories and winning percentage. Led by six standout seniors and the No. 3 ranked scoring defense in the nation, this Cal State East Bay squad raised the bar for success at the Division II level. With five straight appearance in the CCAA postseason, the CSUEB figures to remain a contender in the years to come under coach Barcomb. But for now, all future teams will be measured against the remarkable 2015-16 Pioneers.

#### **Government Briefs**

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

#### City Council/Public Agency **MEETINGS**

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

#### **CITY COUNCILS**

Fremont City Council Ist/2nd/3rd Tuesday @ 7 p.m. City Hall, Bldg A 3300 Capitol Ave., Fremont (510) 284-4000 www.fremont.gov

Hayward City Council Ist/3rd/4th Tuesday @ 7 p.m. City Hall, second floor 777 B Street, Hayward (510) 583-4000 www.ci.hayward.ca.us

Milpitas City Council 1st/3rd Tuesday @ 7 p.m. 455 East Calaveras Blvd., Milpitas (408) 586-3001 www.ci.milpitas.ca.gov

Newark City Council 2nd/4th Thursday @ 7:30 p.m. City Hall, 6th Floor 37101 Newark Blvd., Newark (510) 578-4266 www.ci.newark.ca.us

San Leandro City Council Ist/3rd Monday @ 7 p.m. 835 East 14th St., San Leandro (510) 577-3366 www.sanleandro.org

Union City City Council 2nd/4th Tuesday @ 7 p.m. 34009 Alvarado-Niles Rd., Union City (510) 471-3232 www.ci.union-city.ca.us

#### WATER/SEWER

Alameda County Water District 2nd Thursday @ 6:00 p.m. 43885 S. Grimmer Blvd., Fremont (510) 668-4200 www.acwd.org

East Bay Municipal Utility District 2nd/4th Tuesday @ 1:15 p.m. 375 11th St., Oakland (866) 403-2683 www.ebmud.com

Santa Clara Valley Water District 2nd/4th Tuesday @ 6:00 p.m. 5700 Almaden Expwy., San Jose (408) 265-2607, ext. 2277 www.valleywater.org

Union Sanitary District 2nd/4th Monday @ 7:00 p.m. 5072 Benson Rd., Union City (510) 477-7503 www.unionsanitary.com

#### **SCHOOL DISTRICTS**

Castro Valley Unified School Board 2nd/4th Thursday @ 7:00 p.m. 4400 Alma Ave., Castro Valley (510) 537-3000 vww.cv.k12.ca.us

Fremont Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 4210 Technology Dr., Fremont (510) 657-2350 www.fremont.k12.ca.us

Hayward Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 24411 Amador Street, Hayward (510) 784-2600 www.husd.k12.ca.us

Milpitas Unified School Board 2nd/4th Tuesday @ 7:00 p.m. 1331 E. Calaveras Blvd., Milpitas www.musd.org (406) 635-2600 ext. 6013

New Haven Unified School Board Ist/3rd Tuesday @ 6:30 p.m. 34200 Alvarado-Niles Rd., Union City (510) 471-1100 ww.nhusd.k12.ca.us

Newark Unified School District Ist/3rd Tuesday @ 7 p.m. 5715 Musick Ave., Newark (510) 818-4103 www.newarkunified.org

San Leandro Unified School Board Ist/3rd Tuesday @ 7:00 p.m. 835 E. 14th St., San Leandro (510) 667-3500 www.sanleandro.k12.ca.us

San Lorenzo Unified School Board Ist/3rd Tuesday @ 7:30 p.m. 15510 Usher St., San Lorenzo (510) 317-4600 www.slzusd.org

Sunol Glen Unified School Board 2nd Tuesday @ 5:30 p.m. 11601 Main Street, Sunol (925) 862-2026 www.sunol.k12.ca.us

#### **Union City City Council Meeting**

#### March 8, 2016 **Presentations and Proclamations:**

- Recognize March as American Red Cross Month.
- Recognize March as National Social Work Month.

#### **Consent:**

- Appropriate FY 2015/16 grant funds from the National Parkinson's Foundation in the total amount of \$13,800 to the Community & Recreation Services Department.
- Adopt a resolution approving a supplemental appropriation in the amount of \$120,000 from the Solid Waste Management
- Adopt a resolution authorizing a sole source agreement in the amount of \$75,585 with HF&H Consultants, LLC to perform review of the rate adjustment application for the year ending June
- · Adopt a resolution authorizing the execution of the certifications

and assurances and authorized agent forms for the Low Carbon Transit Operations Program for the Union City Transit Program.

- Authorize mayor to attend the Liyang Tea Festival as the city's delegate. Authorize reimbursement of incidental expenses.
- Accept the comprehensive annual financial report for the fiscal year which ended June 30, 2015.
- Adopt a resolution declaring the intention to authorize the annexation of certain territories.

#### **City Manager Reports:**

• Proposed new title: Fiscal Year 2015-16 2nd Quarter report on budget-to-actual results for the period of July 1 through December 31, 2015, appropriate a fiscal year 2014-15 carryover of \$2,498,909 to the adopted fiscal year 2015-16 general fund operating budget.

Mayor Carol Dutra-Vernaci: Aye Vice Mayor Emily Duncan: Aye Lorrin Ellis: Pat Gacoscos: Aye Jim Navarro:

### Union City to update General Plan

#### SUBMITTED BY LAUREN FINNEY BURCH

In the past 25 years, the Bay Area has changed dramatically. How could Union City change and grow in the next 25 years? That's what Union City is asking its residents. To keep up with the times, the City is taking a look at its General Plan, the long-term roadmap for City growth and de-

As part of the General Plan Update, Union City is asking residents and stakeholders to attend one of two upcoming community workshops. City representatives will provide some information on benefits and impacts of different development patterns and residents will be able to share their preferences and opinions about how Union City will grow in the

Help shape the future of Union City by being heard at one of these community workshops. There will be two meeting dates to choose from: Saturday, March 19 and Thursday, March 31.

Those who can't be at the workshops still have a chance to learn more about the General Plan Update and share their opinion in the online Town Hall. For more information, visit: uc2040.com

Union City General Plan Workshops Saturday, Mar 19 10 a.m.12 p.m. Ruggieri Senior Center 33997 Alvarado-Niles Road, **Union City** 

Thursday, Mar 31 6:30 p.m.8:30 p.m. **Holly Center** 31600 Alvarado Boulevard, **Union City** (510) 675-5408 www.uc2040.com

## Ohlone College Board of Trustees Meeting

#### March 9, 2016

#### **Ceremonial Items:**

- Proclaim March 31, 2016 as Cesar Chavez Day.
- Proclaim emeritus status for Richard Grotegut, computer professor and programmer.

#### **Consent:**

- Approve February payroll warrants in the amount of \$2,347,362.95.
- Approve February purchase orders in the amount of
- Approve auditing services with Gilbert Associates in the amount of \$83,360.
- Approve change order to contract with CW Driver for athletic fields in the amount of \$53,938.
- Approve contract with Best Contracting Services, Inc. in the amount of \$725,782 for roof replacement.
- Approve contract with Gilbane Building Company for academic core buildings project in the amount of \$3,680,161.
- Approve contract amendment with Cannon Design for academic core buildings in the amount of \$100,000 bringing

contract amount to \$11,874,560.

- Approve change order with Smith & Sons electric in the amount of \$17,808 for security cameras in the South Parking Structure.
- Approve amendment to contract with Teecom Design Group in the amount of \$32,800.
- Ratification of contracts in the amount of \$897,107.13

#### To the Board for Discussion and/or Action:

- Require a daily use fee for electric vehicle charging stations in the amount of \$3.00 per day effective April 1, 2016. (7 ayes, 1 nay: Watters)
- Establish board policies on workplace violence, gifts, auditing and auditing fees to be placed on consent at subsequent meeting.

Aye

Aye

Chair Rich Watters: Aye, 1 Nay Vice Chair Vivien Larsen: Aye Greg Bonaccorsi: Teresa Cox:

Jan Giovannini-Hill: Aye Ishan Shah: Aye Garrett Yee: Aye (telecommute) Student Member Rahul Patel (advisory only)



About Takes From Silicon Valley East TheDailyBeast called Fremont the 2nd best U.S. city for

innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancina business here.

To subscribe to all blog posts scan this QR Code or visit ThinkSiliconVallev.com/silicon-vallev-east/

#### TAKES FROM SILICON VALLEY EAST

#### LEDs Will Shine Bright for Years to Come

#### By ALEX LAU, MARKETING & BRAND MANAGER AT FLIP CHIP OPTO/STARLITE LED

As we continue our ongoing Q&A series with cleantech executives based in Fremont, we caught up with Alex Lau, marketing and brand manager at Flip Chip Opto (FCOPTO)/Starlite LED. While relatively new to the LED market, Starlite LED - a subsidiary of COFAN USA with over 25 years of business happening right here in Fremont aims to design and provide affordable and cutting-edge technology to the lighting market.

Follow along as Alex shares his fresh take on the cleantech and LED industries, how Fremont serves as a cleantech hub, and his predictions for 2016.

City of Fremont: Starlite LED has a long history here in Silicon Valley and Fremont. Can you share how Fremont aids in the company's day-to-day operations?

Alex Lau (AL): We have always viewed our relationship with the City of Fremont as a partnership. They share our passion for "green technology" and the overall reduction of power consumption. We definitely feel supported as we aim to raise awareness of our cleantech technology, and Fremont helps us to broadcast and promote our message to the general public. In order to help reduce our nation's overall power consumption, resources need to be accessible and affordable - and that's exactly what we aim to provide.

Fremont: Clearly, cleantech is very top-of-mind for you. Do you think the future of cleantech looks just as bright for other Silicon Valley-based companies?

AL: As technologies continue to advance, we see not only ourselves, but also our Silicon Valley counterparts developing more efficient and safe ways to manufacture and develop cleantech solutions, such as LED lighting. The cleantech industry can certainly be described as a type of art. It takes something that is non-efficient, dirty and/or toxic, and creates a new method to reduce the level of toxic substances and increase efficiency. It's a complete 180-degree transformation. So to answer your question, yes, I think we are all headed in the right direction.

Fremont: Are there any major challenges the cleantech industry has to overcome in the near future?

AL: The biggest challenge plaguing the cleantech industry is conformity. It requires a lot of convincing for companies or even individuals who are set in their ways to convert to being "green." As the saying goes, "You can't teach an old dog new tricks." But cleantech is trying to do just that.

However, even in instances where people are onboard and ready to convert to cleantech, the technology might not exist or the cost of conversion may be too high. This is also a problem that needs to be addressed by the industry as a whole.

A cleantech company's success definitely comes from within the team. Of course, support from local government, funding, or regulations also plays a critical role.

Fremont: Despite some of these challenges, how far has the industry come in the last year? Do you have any predictions for the remainder of 2016?

AL: The LED industry, specifically, has certainly come a long way to get to where it is today. The LED Flip Chip is a new technology that was invented only a few years back. We took the Flip Chip invention and reinvented it in way that allows the industry to create high-powered flips chips. As 2016 continues to progress, LEDs will only continue to become more energy-efficient, and prices will continue to drop. In that sense, most, if not all lighting will soon be replaced by LEDs.

Fremont: Anything else you'd like to add before we wrap up? Perhaps any interesting research you can share?

AL: Our firm has created the world's most powerful source of LED light, and we expect to be the industry leaders for the next three to five years, until new technology surpasses our current patented technology. Additionally, our R&D firm is working to push a new LED product out that contains UV functions for additional applications in the food industry, the horticultural industry, as well as sterilization applications.

### **Community input** needed for Civic Center Plaza

SUBMITTED BY CITY OF FREMONT

The City of Fremont has always maintained the belief that every community deserves to have a central downtown, where visitors and residents alike can come together to connect, communicate and celebrate. In 2012, Fremont City Council adopted the Fremont Downtown Community Plan and Design Guidelines to begin work on its downtown initiative.

A critical component of these downtown efforts includes the development of a Civic Center. Planning of the new Civic Center Plaza is currently underway. The design goals for the plaza are to create a space that will accommodate a variety of events and activities for the community. The size of the plaza can be compared to San Francisco's Union Square. Fremont would like to know what type of programs and events residents want to see in the plaza in order to create a lively public space for the community to enjoy.

To share your input, visit our online forum for civic engagement at www.fremont.gov/OpenCityHallPlaza.

# OPINION



WILLIAM MARSHAK

s current events unfold, past patterns of behavior are recognized by those of us who have been around long enough to relate them to personal experiences and observations. What is new to some mimics the past for others; a replay of sorts. Invariably, generations recede into the past, and as they do, lessons learned and perspective can be lost. Valuable information - history, people, events and heritage - may be relegated to dusty corners of rooms reserved for scholars and academics. This is regrettable, but fortu-

# Perspective

nately countered by public and private museums that display and engage visitors.

A noteworthy trend exploration of our DNA through companies such as 23andme, ancestryDNA and others reveal clues of our origins; they are an indication of an innate curiosity of who we are and where we came from. Artifacts of the past are remnants of real people and real events. Critical thinking and evaluation of current events should be placed in context; understanding and appreciation of the past is the gateway toward logical and rational evaluation of present controversies and events.

Recently, several local historical societies decided to create a unified representative group. This is a major step toward forming an integrated reservoir of knowledge that can present a comprehensive and compelling presentation to citizens and visitors. Although displays including structures, documents and artifacts are available, a centralized depository and inventory is nonexistent. In some cases such as the Hayward Area Historical Society, expansion of display area has occurred, in most cases, a small group of citizens protect and preserve our history without the benefit of

adequate space, organization or funding. This needs to change!

Our future - the younger generation deserves to learn lessons of the past and embrace their heritage, whether through their own genetic trail or an adopted immigrant past. It is important to understand what happened here that led to the present. That tale can be told through exhibits at a venue called a museum. Although there are many facets to the story, at least we can honor its importance by creating a central location housing important artifacts and pointing to historical sites throughout our communities that enhance the experience.

At this time, Fremont is defining and planning a Civic Center; why not include an area Museum of History as part of the grand design?

William Marshak

**PUBLISHER** 

Special

offer for

summer

camps

SUBMITTED BY

RAJUL SHETH

Community Center is launching all 11 weeks of dance summer

camps at our state-of-the-art table

tennis center, located at 1507 N.

Milpitas Blvd. in Milpitas. The dance summer camps will also in-

clude 1.5 hours of introduction

to our world-class table tennis

program. Dance camps will be

Company.

mation.

offered by Bay Area's Mona Khan

We are offering a special \$30

early-bird discount to all our

camps. Limited spots are avail-

able. Register before April 30 to

discount. Camps will run from

June 6 through August 19. Visit

www.indiacc.org for more infor-

reserve your spot with this special

Due to popular demand, India

#### TRI-CITY VOICE

**PUBLISHER EDITOR IN CHIEF** William Marshak

**DIRECTOR OF OPERATIONS** Sharon Marshak

**ARTS & ENTERTAINMENT** Sharon Marshak

**COPY EDITOR** Miriam G. Mazliach

ASSIGNMENT EDITOR Julie Grabowski

**CONTENT EDITOR** Maria Maniego

TRAVEL & DINING Sharon Marshak

**PHOTOGRAPHERS** Mike Heightchew Don Jedlovec

OFFICE MANAGER Karin Diamond

> **BOOKKEEPING** Vandana Dua

**DELIVERY MANAGER** Carlis Roberts

REPORTERS

Frank Addiego **Linda-Robin Craig Robbie Finley** Jessica Noël Chapin Sara Giusti **Janet Grant Philip Holmes** Johnna M. Laird David R. Newman Mauricio Segura

APP DEVELOPER AFANA ENTERPRISES David Afana

WEB MASTER RAMAN CONSULTING Venkat Raman

LEGAL COUNSEL Stephen F. Von Till, Esq.

#### **ADJUDICATION:**

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE®™

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

> Subscribe Call 510-494-1999

510-494-1999 fax 510-796-2462 tricityvoice@aol.com www.tricityvoice.com

COPYRIGHT 2016® Reproduction or use without written permission from What's Happening's Tri-City Voice®™ is strictly prohibited

#### **Call for nominations:** 2016 Transportation Awards

SUBMITTED BY METROPOLITAN Transportation Commission

Do you know a person, project or organization that is improving the way people get around in the Bay Area each day? Nominate them for a 2016 Metropolitan Transportation Commission (MTC) Award.

MTC welcomes nominations for: innovations that promote more efficient use of the transportation network; community leaders, bus drivers or other professionals who contribute to transportation on the job or through volunteer service; efforts that significantly improve transportation services for the elderly or persons with disabilities; successful efforts that encourage alternatives to driving alone; and endeavors to boost smart growth and climate-friendly behavior in the region.

Nominees must have been active and/or projects underway between April 2014 and March 2016. Winners will be announced in the fall of 2016. To submit a nomination online, or for further information, visit http://mtc.ca.gov/whatshappening/awards. For a copy of the nominating

form or questions, email info@mtc.ca.gov or call (510) 817-5757. Deadline is Monday, April 4.

MTC is the transportation planning, financing and coordinating agency for the nine-county San Francisco Bay Area.

#### Ohlone College & Gallaudet University partner on ASL Interpreters program

SUBMITTED BY OHLONE COLLEGE

On March 2, Ohlone College and Gallaudet University signed an agreement between the two institutions, enhancing the long standing partnership between Gallaudet and Ohlone.

The partnership allows students in the two-year Associate Degree Interpreter Preparation Program (IPP) at Ohlone to transfer credits into Gallaudet's four-year Bachelor of Arts in Interpretation (BAI) program. Students who transfer to Gallaudet will live and study with Deaf people from the United States and abroad on Gallaudet's bilingual campus.

Gallaudet is the only university in the world to offer interpreter programs from the bachelor's level to the doctorate level within a sign language immersive environment. Gallaudet's award-winning interactive interpretation laboratories prepare students for a high-demand career through hands-on training in a variety of medical, business, education, and government settings.

programs work in a variety of settings for organizations, individuals, and government agencies. Alumni of the programs work in settings such as business, education, government, theatre, medicine, law, health care, and video relay.

The interpretation classes are optimized for American Sign Languageinstruction and classrooms are equipped to serve the needs of the rapidly advancing field of interpretation. The department's amenities include tools that allow for recording live and interactive interpreting role play, video conferencing for national and global collaboration among students and faculty, and private recording booths and central computer stations for individual and class activities. The Center for the Advancement of Interpretation and Translation Research includes a library, filming rooms, video relay services (VRS) simulation center, and student research bays with video and statistical software.

For more information, call Ohlone Deaf Studies at (510) 659-6269, videophone (510) 344-5740 or email: dgunsauls@ohlone.eddgunsauls@ohlone.edu





#### Newark City Council

March 10, 2015

#### Presentations and Proclamations:

Introduction of new and recently promoted employees Soren Fajeau - Public Works Director

Nick Icasiano – Equipment Mechanic II

Cheri Good – Senior Administrative Support Specialist

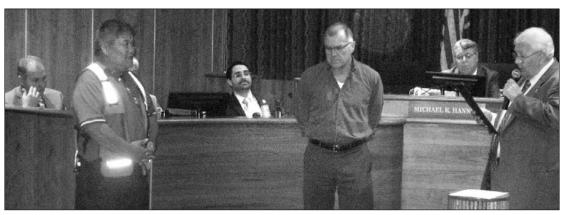
Jessie Mero – Building Mechanic II

- Proclaim March 10, 2016 as Arbor Day in Newark. Newark has been recognized as a "Tree City USA" for 29 years. Maintenance Supervisor Neal Hornbeck received the proclamation.
- Proclaim March as Red Cross Month in Newark. Greg Portillo and Bernie Nillo accepted the proclamation.
- PG&E representatives Treva Reid and Marvin Nushwat explained the Community Pipeline Safety Initiative that identifies and will work with the City and private property owners to mitigate access obstruction to high

pressure pipelines. An inventory and inspection of sites indicates that trees, shrubs and structures can block access by first responders. PG&E has been working with the City and will contact affected private property owners through an extensive outreach program. Additional information is available at: pge.com/Gas-Safety. To view a pipeline map, visit: pge.com/pipelinelocations. Treva Reid can be contacted at: (510) 874-2244 or treva.reid@pge.com



Introduction of new and recently promoted employees



 $\bullet \ Proclaim \ March \ as \ Red \ Cross \ Month \ in \ Newark. \ Greg \ Portillo \ and \ Bernie \ Nillo \ accepted \ the \ proclamation.$ 

#### Written Communications:

• Optional review of duplex construction at 37070 Locust Street. (Freitas recuse) No Review

#### Consent:

 Second reading and adoption to rezone 41 acres of the Gateway Station West Project, a 589 unit residential along Willow Street.

Reclassify Administrative Assistant position in the City Attorney's Office.

#### **City Council Matters:**

- Recognition of Libby Macris as an Inspirational Woman by Assemblymember Kansen Chu (25th District)
- Relay for Life Chili Cookoff on Saturday
- Recognize Newark Employee
   All A Van Day Calling
- of the Year Ray Collier
   Recognize Meals on Wheels
- Oral Communications:
- Resident asked council to consider retrofitting Library in new Civic Center planning.
   Mayor Alan Nagy Aye
   Vice Mayor Luis Freitas Aye

Mayor Alan Nagy
Vice Mayor Luis Freitas
(1 recusal)
Sucy Collazo
Michael Hannon
Aye
Mike Bucci
Aye

# Learn how your home can be more energy-friendly

SUBMITTED BY CITY OF FREMONT

What if your home could be more comfortable, more energy efficient, and save you money? Would you make the upgrade? Would you know how to begin?

Sometimes it can be hard to decide where to start. Is your upgrade a small project or a major remodel? Should you use different products and approaches depending on the scale of your upgrade? If so, which ones?

On Tuesday, March 15 at the Fremont Main Library, experts from StopWaste, the City of Fremont, Rising Sun Energy Center, and Service Champions will lead a free workshop to help you make the best, most cost-effective choices for your green home improvement.

Sign up for the Fremont Green Home Workshop at EventBrite: FremontEnergy.eventbrite.com and come ready to learn and discuss:

How a more energy-efficient home can benefit your day-to-

day activities

How to evaluate opportunities for and prioritize your energy efficiency improvements

How to select a contractor and what questions to ask

How to sign up for free home retrofits with the nonprofit Ris-

ing Sun Energy Center
How to use Home Energy
Score—a quick report on your

home's energy performance How to identify state and local incentives for energy improvements – up to \$6,500

Refreshments will be provided, and all participants will receive an LED and tote bag.

Energy Friendly Homes
Workshop
Tuesday, Mar 15
6:30 p.m. – 8:00 p.m.
Fremont Main Library
2400 Stevenson Blvd, Fremont
RSVP:

FremontEnergy.eventbrite.com

#### Call to Artists: boxArt!

#### SUBMITTED BY CITY OF FREMONT

The City of Fremont boxART! program requests submissions to transform our traffic signal control boxes with compelling and creative imagery. We are looking for innovative artists to enhance the utility boxes in a dramatic and new way.

This is a tremendous opportunity for forward thinking artists to let the community see your work. Hundreds of people will drive or walk by the boxes daily. In addition, photographs of the boxes will be displayed on the City of Fremont website and other venues with your name and contact information.

Artists must be San Francisco Bay Area residents. The theme for Phase 3 is "Conversation." Conversation is vital to any community and it defines how we interact culturally, socially, or politically. Artists are encouraged to provide their own interpretations.



Stipend is \$650, which includes material costs. For more information, visit http://www.fremont.gov/boxart or contact Program Manager Susan Longini at (510) 494-4555 or boxart@fremont.gov

# Women's History Month

SUBMITTED BY ASSEMBLYMEMBER KANSEN CHU

This year, House Resolution 35 designates March 2016 as Women's History Month. The legislature acknowledges the accomplishments and contributions of those who helped improve the status of women in the United States. With that, I held an Inspirational Women Awards Ceremony on March 10 to recognize and honor outstanding women in the 25th State Assembly District who have made a difference in our community.

An upcoming event that I am holding is a Senior Scam Stopper Seminar on Tuesday, March 22 at the Clark W. Redeker Newark Senior Center from 10:00 a.m.-11:30 a.m. Scams that target seniors and immigrants have become more prevalent. While scams are often unreported and hard to get prosecuted, there are ways to prevent you and your family from becoming

welcomes letters to the editor. Letters

must be signed and include an address

Only the writer's name will be published.

and daytime telephone number.

the next scam victims. Come join me at this free seminar to learn about ways to protect yourself. For more information or to RSVP, please contact my District Office at (408) 262-2501.

Also, if you have any bill ideas, questions or concerns, please feel free to contact my District Office or visit my website at asm.ca.gov/chu

Assemblymember Kansen Chu, D- San Jose, represents the 25th Assembly District, which encompasses Newark, Milpitas, Santa Clara and portions of Fremont and San José.

Senior Scam Stopper Tuesday, Mar 22 10:00 a.m. – 11:30 a.m. Clark W. Redeker Newark Senior Center 7401 Enterprise Dr, Newark (408) 262-2501

# Spring Break Camps for kids

SUBMITTED BY CITY OF FREMONT

Spring Break for schools is just around the corner and the City of Fremont Recreation Services Department has you covered! We've got indoor and outdoor sports camps, tennis camps, just for fun camps, academic enrichment camps, and everything in-between.

Most of our camp locations offer extended care to help with full day coverage from 8:00 am to 6:30 pm. So don't delay – register today, and enjoy the holidays knowing that your kids are safe and having a great time with the City of Fremont. We'll see you in camp!

For more information about our Spring Break Camps, check out: http://fremont.gov/263/Camps or call (510)-494-4300.

# Hayward Coalition for Health and Youth

#### SUBMITTED BY MICHAEL SCIPPA

Representatives from Hayward visited the Washington, D.C. area to join more than 2,700 substance abuse prevention specialists and advocates from throughout the country for Community Anti-Drug Coalitions of America's (CADCA) 26th Annual National Leadership Forum.

"It was so exciting to be able to spend several days with other similar organizations from across the country, learning and honing our prevention skills so our community can be a better place, one that doesn't suffer from the harms of drug and alcohol abuse," says Thania Balcorta, Program Manager at Eden Youth and Family Center.

CADCA's Forum covered a wide range of topics – everything from how to prevent prescription drug abuse and the abuse of synthetic drugs and marijuana to how to create tobacco-free environments and develop policies to reduce underage and excessive drinking. "We plan to

come back reenergized with new strategies under our belts to tackle drug use in Hayward," said Robert Dousa, HCHY Coalition member.

LETTERS POLICY

The Tri-City Voice

Dalila Gomez and Karen Andrade, students at Tennyson High School, Jennifer Armenta and Nestor Diaz, students at Mt. Eden High School, and Sophia Espinosa, a student at Moreau Catholic High School, attended the youth portion of the conference called CADCA National Youth Leadership Institute and participated in the advance track called "Policy and Advocacy Course." "Being surrounded with other young people that are as passionate about reducing substance abuse in their community was an eye opening experience that I will never forget," says Dalila Gomez, a 16-year-old student at Tennyson High School.

The Coalition has recently impacted the community by developing "Make your Mark," a youth coalition comprised of 27 youth from the community. The adults and youth have worked together to address unregulated alcohol servers at community events, speaking up around concerns of selling alcohol at a new theater and establishing a retail recognition program to share merchants' stories of best practices of selling alcohol and tobacco. The youth members are particularly concerned with youth-friendly products in our retail environment and providing healthier options.

Letters that are 350 words or fewer will

editing for length, grammar and style.

be given preference.

Letters are subject to

tricityvoice@aol.com

The attendees are excited about implementing new-found knowledge and skills. The three Hayward Coalition members and five youth members from Hayward met with Congressman Eric Swalwell and with the offices of Senator Diane Feinstein and Senator Barbara Boxer at the CADCA Forum's Capitol Hill Day event on Wednesday, February 3. "Meeting with our legislators in Washington D.C. was an empowering experience," says Jennifer Armenta, 16-year-old student at Mt. Eden High School.

Visit the Forum website at forum.cadca.org/ for more information.

**Classifieds Deadline: Noon Wednesdays** (510) 494-1999 | tricityvoice@aol.com

#### **CLASSIFIEDS**

#### What's It Worth?

**H&H Museum and Appraisal Services Certified Museum Specialist Jewelry - Fine Art Antiques - Estates** 

510-582-5954 Send image of object to: norm2@earthlink.net

Life Changes & Organization Management **Over 30 Years Experience** 

#### Fire & Water Damage Restoration www.emmettconstruction.com 7835 Enterprise Drive, Newark

Emmett Construction Co., Inc.

Built on a foundation of QUALITY

**Est. 1966** Lic #592871

510-797-3543

925-426-1881

Kitchen Remodels

Bathroom Remodels

Room Additions

Interior & Exterior Trim

Baseboard & Crown Molding

Doors & Windows

### Grace Health Spa Body (WITH COUPON ONLY) 510-881-1688 24463 Mission Blvd. Hayward

#### Become a hospice patient CARE VOLUNTEER!

Patient care volunteers provide a variety of supportive services to terminally ill patients and their families such as respite care for caregiver, companionship to the patient, run errands, do light housework and so much more!

Life Springs Hospice serves the Alameda, Contra Costa, Santa Clara and San Mateo county communities.

For more information about becoming a patient care volunteer, please contact

**Dawn Torre, Volunteer Coordinator** I-888-493-0734 or 510-933-2181 volunteer@lifespringshospice.com

#### **HANDYMAN** Craftsman Quality

**30 Years Experience** 

I Guarantee My Work **Check my References! FREE Estimates** 

510-673-1766 **Senior Discounts** 

## **PART TIME/ Tuesday only Newspaper Delivery Person**

WANTED

**Contact Tri-City Voice** 510-494-1999

#### Systems Analyst

Design, review databases & software application; develop, test & provide database solutions. BS in computer science or EE required. Send resume to: Resourznet Solutions Inc, 1817 Addison Way, Hayward, CA 94544

# Work

Yard Cleanup & Haul Away Tree Service, Drip & Sprinkler Install & Repair Concrete & Fence Work

Contractor's Lic. #573763

FREE ESTIMATES Call John 510-284-7790

25 years Experience - Bonded

#### Scientist II. Hayward, CA. MS in Biomed. Engineering or rltd + 2 yrs exp in job offered or rltd. Lead R&D

Chrono Therapeutics, Inc., careers@chronothera.com

activities.

Design & Implementation of BIM process & strategies via integrating with the design/const firm. Define/analyze spatial, functional & operat'l reqs of constn. bldg. components. Understanding of APIs development to optimize process and efficiency. Expertise in managing virtual const process via BIM content development in AutoCAD, Revit, CADmep, ElumTools and Clash Detn using Navisworks. Prep budgets, reprts and est. Ensure fed/state/municipal reg compliance. Must possess MA/S in Civil Eng. Send res to job site: Sanveo, Inc., 39899 Balentine Dr., # 265, Newark, CA 94560 Attn: HR

#### **Handyman Services**

All phases of household repair Specializing in preparing houses for sale

> Free estimates **Call John** (510) 284-7790



#### **PUTTING EAST BAY RESIDENTS TO WORK** Entry Level Positions Open Immediately

**Production • Manufacturing** Warehouse • Assembly Work

CALL TODAY 510-400-6155 Fremont@malekopersonnel.com www.malekopersonnel.com 39159 Paseo Padre, Ste. 209

Fremont, CA 94538

#### Sr. Systems Support **Engineer/Scientist**

(Req# IIC1092) in Hayward, CA. Identify, design, dvlp, test & validate protocols and/or experiment & process improve for sys (sw&hw). Req MS+2orBS+5 yrs rltd exp. Mail resumes to Peter Korzen, Illumina, Inc, 5200 Illumina Way, San Diego, CA 92122. Must ref title & req#.

#### Become a Travel Professional

We're looking for serious people to join us in this "Life Changing Opportunity"

Enroll at \$149.95

Call Victoria at: (510) 876-2268

- · Learn a new trade in Travel as a Professional
- Build your Business and make new friends in the Travel Industry

# Empowering the voters of tomorrow

#### SUBMITTED BY SETS AMANN, **LWVFNUC**

Voter registration is critical to spurring young people to get involved. Census data tells us that approximately three quarter of young people who register end up turning out to vote in major elections years. Yet,

according to analysis by the Center for Information and Research of Civic Learning and Engagement, about only half of all young people voted in 2012. Too many young people report that it is lack of information and access which keeps them on the sidelines at election time. Registration and education is the key to unlocking the

potential for millions of young voters.

The Alameda County Registrar of Voters and League of Women Voters of Fremont, Newark, Union City (LWVFNUC) are working with high schools in Fremont, Newark, and Union City by offering classes in: Youth Voter Registration, Importance of Voting, and use of SMART

Voter to get information regarding current election. Through thoughtful collaboration, we hope we can inspire young people to become active and engaged leaders for

For more information, visit www.lwvfnuc.org or call (510) 794-5783.

Authorized Signature: (Required for all forms of

#### Fremont Home Sharing Program makes its first match

#### SUBMITTED BY CITY OF FREMONT

The City of Fremont is excited to share that the first housing match has been made using the Fremont and Human Investment Project's (HIP Housing) Home Sharing Program!

Back in August 2015, the City of Fremont partnered with HIP Housing in an effort to provide affordable housing options for the City's residents. The Home Sharing Program creates affordable housing from the existing housing stock by matching people who have spare bedrooms with those seeking a place to live.

This successful first match was made with a senior who has resided in her Fremont apartment for more than 15 years. When her roommate passed away, she was unable to maintain rent payments on her own. The housing seeker is also a senior who is still working, but was residing in an overcrowded situation and seeking a more peaceful living environment. After talking to the City's Senior Services in the Human Services Department, they both decided to check out Fremont's HIP Housing Home Sharing Program.

Although they were both hesitant to live with someone they barely knew, they quickly became very comfortable with one another after talking on the phone and chatting in person.

On March 8, both seniors completed their Living Together Agreement, proceeded with the move-in, and had a wonderful dinner together.

For more information about HIP Housing's Home Sharing Program, please contact HIP Housing Coordinator Laura Moya at (510) 574-2173 or visit Fremont's Human Services Department at 3300 Capitol Ave., Building B in Fremont.

TRI-CITY VOICE 39  SERVING FRENCHT, HAYMARD, MERTIAS, NEMARK, BLINCL AND LAND LINDN CITY  "Accurate, Fair & Honess"	737 Paseo Padre Parkway Suite B, Fremont, CA 94538 510-494-1999 fax 510-796-2462 tricityvoice@aol.com www.tricityvoice.com				
Subscription Form PLEASE PRINT CLEARLY	☐ 12 Months for \$75				
	☐ Renewal - 12 months for \$50				
Date:	☐ Check ☐ Credit Card ☐ Cash				
Name:	Credit Card #:				
	_ Card Type:				
Address:	Exp. Date: Zip Code:				
City, State, Zip Code:	_				
	Delivery Name & Address if different from Billing:				
Business Name if applicable:					
☐ Home Delivery ☐ Mail					
Phone:					
E-Mail:	Authorized Signature: (Required for all forms of				

Subscribe today. We deliver.

#### COMMUNITY BULLETIN BOARD

#### **FREMONT COIN CLUB**

Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont All are welcome, come join us www.fremontcoinclub.org 510-792-1511

#### **National Alliance on Mental Illness (NAMI) FREE confidential** 10 week informational course - Adults living with mental health challenges **Focused on Recovery** 2 hrs Tuesdays

Call Kathryn Lum 408-422-3831 for time and location

**Tri-City Ecology Center** 

Your local environmental leader!

Eco-Grants available to

Residents & Organizations of the

Tri-City area working on

Environmental projects.

www.tricityecology.org

Office open Thursdays, 11am-2pm

3375 Country Dr., Fremont

510-793-6222

**ABWA-Pathfinder Chap.** 

**American Business** 

Women's Assoc.

provides opportunities for women

personally & professionally thru

leadership, education, networking

Dinner Meetings: 3rd Wednesday

each month. Spin A Yarn Rest.

(Fremont ): 6:30-9:00 pm

Call Karen 510-257-9020

www.abwa-pathfinder.org

#### **League of Women Voters Fremont-Newark-Union City** www.lwvfnuc.org

Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible

#### Fremont Cribbage Club

teaches cribbage to new players & tournament cribbage to all 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email:Accgr43@gmail.com American Cribbage Congress

players of any skill level every Tues. www.cribbage.org

#### must be received in advance. **FREE AIRPLANE RIDES**

Young Eagles **Hayward Airport** various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com

FOR KIDS AGES 8-17

#### **Tri-City Bike Park** Community group of mountain bikers and

Shout out to your

community

Our readers can post informa-

For the extremely low cost

of \$10 for up to 10 weeks,

your message will reach thou-

sands of friends and neighbors

every TUESDAY in the TCV

printed version and continu-

TCV has the right to reject

any posting to the Commu-

nity Bulletin Board. Payment

tion including:

**Garage sales** 

Announcements

**Group meetings** 

Lost and found

**Activities** 

For sale

ously online.

BMX bikers. Come enjoy this activity for adults, teens and toddlers. Help us get this park built! www.newarkparks.org

#### **Sun Gallery FREE Art Saturday Classes** For families on the 2nd & 4th Sat. of each month and Summer Art Camp

Payment is for one posting

sidered a new posting and

incur a new fee.

No commercial

or sales

value

by TCV

services, etc.)

only. Any change will be con-

The "NO" List:

announcements, services

• No personal services

(escort services, dating

• No automobile or

adoptions accepted)

• No animal sales (non-

• No P.O. boxes unless

profit humane organization

physical address is verified

real estate sales

• No sale items over \$100

10 lines/\$10/ 10 Weeks

**\$50/Year** 510-494-1999 tricityvoice@aol.com

> Gallery Shows & Exhibits FREE admission to all shows 1015 E. St. Hayward 510-581-4050 www.SunGallery.org

#### **Troubled By Someone's Drinking?**

**Tri-City Society of** 

**Model Engineers** 

The TCSME located in Niles Plaza

is currently looking for new

members to help build & operate

an N Scale HO layout focused on

Fremont & surrounding areas.

We meet Fridays 7:30-9:30pm.

Please visit our web site:

www.nilesdepot.org

Help is Here! Al-Anon/Alateen Family Groups No cost program of support for people suffering from effects of alcoholism Call 276-2270 for meeting information or email Easyduz@gmail.com www.ncwsa.org

#### **SparkPoint Financial Services** FREE financial services and coaching for low-income people

who want to improve their finances. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center To reserve a seat: 574-2020 Fremont.gov/SparkPointFRC

#### **Ohlone Humane Society** Love animals & want to help?

OHS is a nonprofit, volunteer supported animal welfare organization. Includes wildlife rehabilitation, companion animal rescue, animal assisted therapy, spay/neuter assistance and more. For info call 510-792-4587 www.Ohlonehumanesociety.org

#### Help with Math & Reading

You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. CALL Tom 510-656-7413 TKFEDERICO@SBCglobal.net

#### **Deliver a smile and** a meal to homebound seniors **LIFE ElderCare** – **Meals on Wheels**

Mon – Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@fremont.gov www.LifeElderCare.org

#### **NARFE National Assoc. of Active** & Retired Federal **Employees**

Meet 4th Friday of Month Fremont Senior Center Central Park @ Noon All Current or Retired Federal Employees are welcome Call Ellen @ 510-565-7973 donodo@comcast.net

#### **Scholarships for Women**

Our Fremont philanthropic organization, PEO, offers many scholarships for women entering college, earning another degree or returning to school after 2+ years. Low interest education loans available, also. 510-794-6844 www.peointernational.org

#### Newark **Toastmasters Club Build Self Confidence Great for Job Seekers Early Risers/Guest welcome** Meets Every Tuesday Morning

7am-8am at Newark Library 6300 Civic Terrace Ave. Newark http://1118.toastmastersclubs.org Bill 510-796-3562

#### **TROPICS BINGO EVERY WEDNESDAY** Doors Open 4:30pm

Flash games start 6:30pm All Games pay over \$100 Tropics Mobil Home Park 33000 Almaden Blvd., **Union City** Snack Bar Open 5pm Door Prizes & Free Coffee Contact Richard 408-839-3358

#### **TOPS TAKE OFF POUNDS SENSIBLY**

It is weight loss support group that meets weekly in San Leandro. We meet Wed 9:30am -11am at Mission Bay Mobil Home Park 15333 Wicks Blvd., San Leandro contact Judy 510-581-5313 www.TOPSorg Annual fee \$32

#### **Most Joyful** Volunteer work **LIFE ElderCare – VIP Rides**

Drive seniors to appts/errands 4 hrs/month Flexible schedulina. Call Valerie 510-574-2096 vdraeseke@fremont.gov www.LifeElderCare.org

#### Newark **Demonstration Garden**

Join a group of Newark residents to spearhead a demonstration garden in Newark. We're currently selecting a site. We need your help! Angela at info@newarkparks.org https://www.facebook.com/groups/N

#### **Tri-City Youth Chorus**

January 7- March 24 \$130 - Grades 5-8 No Auditions Meets Thursdays 4-5 PM 36600 Niles Blvd. Have fun singing contemporary & multi-cultural music & learn from gifted director Register on our website www.tricityyouthchorus.weebly.com

#### **FOOD ADDICTS IN RECOVERY - FA** Can't control the way you eat?

Tried everything else? Tired of spending money?

Meeting Monday Night 7pm 4360 Central Ave., Fremont Centerville Presbyterian Church Family Ed. Bldg. Room E-204 www.foodaddicts.org

#### **Travel with Friends**

Choose from many home stays with Friendship Force club members around the world. Share our way of life with visitors & make new friends on 5 continents. Enjoy variety of **Bav Area Activities** www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857

#### **Newark Skatepark**

ewarkDemonstrationGarden/

Join a group of Newark skaters and parents of skaters to spearhead a skatepark in Newark. We have a business plan. Now we need your help to execute on it! Angela at

info@newarkparks.org https://www.facebook.com/grou ps/NewarkSkatepark/

#### **Fremont Area Writers**

Like to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except in July and December at DeVry University, 6600 Dumbarton Circle, Fremont.

www.cwc-fremontareawriters.org

#### **SAVE's Restraining Order Clinics**

Free for domestic violence survivors Seeking protective orders Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday Call SAVE's 24-hr Hotline (510) 794-6055 for details www.save-dv.org

#### **SAVE's Empowerment** Ctr. Services

FREE for domestic violence survivors. If you're seeking healing, strength, support or referrals, SAVE can help! Yoga, therapeutic art, advocacy 24-hour Hotline (510) 794-6055 Empowerment Ctr (510) 574-2250 1900 Mowry Ave, #201 Fremont. www.save-dv.org

#### **SAVE's Domestic Violence Support Groups**

FREE, compassionate support Domestic violence survivors Drop-in, no reservations needed Every Tues & Thurs 6:45-8:45 pm Every Friday 9:15 to 11 am 1900 Mowry Avenue, Fremont (510) 574-2250 or 24-hour Hotline (510) 794-6055 www.save-dv.org

#### **Newark Parks Foundation**

The Foundation mobilizes financial and community support to deliver thriving, accessible, supported, and varied parks, open spaces, and recreational opportunities for a healthy and united Newark. Seeking Board of Directors and Honorary Board members. info@newarkparks.org

#### **VOLUNTEERS WANTED** St. Rose Hospital **Volunteer Gift Shop** Manager & Other positions available

Contact: Michael Cobb 510-264-4139 or email mcobb@srhca.org

#### **FREE QUALITY INCOME** TAX PREPARATION **IRS-Certified Tax Preparers**

\$54,000 or less annual household income. Other restrictions may apply. Fremont Family Resource Center. 39155 Liberty St, Bldg EFGH, Fremont, CA 94538 Open: Jan 27 to Apr 15, 2016 Wed. & Thurs.: 4 pm - 8 pm Friday: 10 am - 1 pm Call 510-574-2020 for more info

#### **FREE QUALITY INCOME TAX PREPARATION IRS-Certified Tax Preparers**

\$54,000 or less annual household income. Other restrictions may apply. Tuesdays: Feb 2 to Apr 12, 2016. 10 am - 4 pm At Tri-Cities One-Stop Career Center – Ohlone College 39399 Cherry Street, Room 1211 Newark, CA 94560 For appointment call (510) 742-2323

#### **Union City SDA Church** Saturday Worship: 11am Sabbath School: 9:30am Wed Eve Srv 7-8pm

Visit Sick by Appointment **Conducts Weddings** Councsels Families, etc Multi-Culture Family Church 606 H. Street, Union City (510) 755-6348

#### **Newark Trash**

Newark neighbors Get a bit of exercise and help make Newark look great Join us! https://www.facebook.com/ groups/newarkTrash/

#### **Pickup Crew** Get to know your

#### **Little Lamb Preschool Open House** Sat. April 16

Drop-in Between 1-4pm Free Ice Cream Meet the Teachers Visit the Classrooms Registration Info Available www.littlelambpreschoolbcc.org

#### **Give a Child A Voice** Become a friend, mentor, and advocate for a foster child.

Attend our next Volunteer Open House Orientation session to get started. For more information: info@cadvocates.org or visit: www.BeMyAdvocate.org

#### **Church for Rent Community SDA Church Sunday Afternoons** 2 p.m. – 10 p.m. M; Tu; th. Anytime **Auditorium seats 50** extra room & Kitchen

606 H. Street, Union City (510) 755-6348

#### **First Church of Christ** Scientist, Fremont

Sunday Service 10am Sunday School 10am Wed. Eve Service 7:30pm Chld Care is available all services. Reading Room Open Monday - Friday 1-3pm 1351 Driscoll Rd., Fremont 510-656-8161

#### **Northern CA Decorative Artists** at San Lorenzo Library March 12 - 10:30 -3pm

FREE event-Beginners Welcome NADA will demo Spring art projects & Beginners Mini Art Lesson painting spring daisy & Butterfly box 395 Paseo Grande, San Lorenzo

Call Judy 510-366-1786

continued from page 34

#### BOARD COMMUNITY

#### **FREE QUALITY INCOME TAX PREPARATION IRS-Certified Tax Preparers**

\$54,000 or less annual household income. Other restrictions may apply. Saturdays: Jan 30 to Apr 16, 2016. 10 am - 2 pm (Closed Mar 12th) At New Haven Adult School 600 G Street, Union City, CA 94587 Walk-in and self-prep services available Call 510-574-2020 for more info

#### **FREE QUALITY INCOME TAX PREPARATION IRS-Certified Tax Preparers**

\$54,000 or less annual household income. Other restrictions may apply. Tuesdays: Feb 2 to Apr 12, 2016. 10 am – 4 pm At Tri-Cities One-Stop Career Center - Ohlone College 39399 Cherry Street, Room 1211 Newark, CA 94560 For appointment call (510) 742-2323

#### **FREMONT STAMP CLUB SINCE 1978**

Meets 2nd Thurs. each month 7pm Cultural Arts Center 3375 Country Dr., Fremont Everyone is welcome. Beginners to Advanced. For questions or more information: www.fremontstampclub.org/ or call Dave: 510-487-5288

#### **Hayward Art Council** 22394 Foothill Blvd., Hayward

510-583-2787 www.haywardarts.org Open Thurs. Fri. Sat. 10am-4pm Foothill Gallery, John O'Lague Galleria, Hayward Area Senion Center Exhibit Hall, Alameda County Law Library Hayward branch All open to the public

#### **English Conversation** Café

Improve your Conversation Skills Small groups with native speakers Tuesdays 7-8:30p Next Session Starts 2/23 Only \$20 for 10 Weeks @ Bridges Community Church 505 Driscoll Rd. Fremont ESL@bridgescc.org 510 651-2030

#### Afro-American Cultural & Come Join Us **Tri Cities Women's Club Historical Society, Inc.**

Meets on the third Tuesday Elk's Club on Farwell Dr. 9:30 - Cards, 12:00 - Lunch 1:00 - Program and Meeting We also have bridge, walking, Gourmet dining groups, And a book club. For info. Call 510-656-7048

Sharing ur culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec & Feb 5:30pm Newark Library 510-793-8181 www.aachsi.com We welcome all new members

#### The American Assoc. of **University Women**

AAUW advances equity for women and girls through advocacy, education, philanthropy and research We are all inclusive, welcoming, smart and fun. fremont-ca.aauw.net

#### The Friendship Force San Francisco Bay Area

Experience a country & its culture with local hosts; meet global visitors here. Nov. to Costa Rica, Holiday Party at Hotel Nikko in San Francisco, to Brazil in June 2016 www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857

#### **Mission Peak** Fly Anglers Fishing Club

Meets 4th Wed. each month @7pm - Silliman Aquatic Center 680 Mowry Ave., Newark Call Steve 510-461-3431 or 510-792-8291 for more information www.missionpeakflyanglers.org

#### **VOLUNTEERS WANTED MUSEUM OF LOCAL HISTORY GUILD**

No experience needed! Enjoy helping students on school tours - work on exhibits Accession artifacts flexible days & hours Call Dianne: 510-673-4813 www.museumoflocalhistory.org

#### **FLEA MARKET**

Sat. April 9 9am-3pm Hayward Veterans Bld. 22727 Main St. Hayward Hosted by AMERICAN LEGION AUXILIARY For more info contact Dorothy Castillo 510-581-1074 Dorothycastillo61@yahoo.com

#### **Alameda County Chief Information Officer** recognized



Tim Dupuis (right), Alameda County Chief Information Officer, receives the CIO of the Year for Local Government from Carlos Ramos, Chief Information Officer for the State of California

#### SUBMITTED BY **GUY ASHLEY**

Tim Dupuis, Alameda County's Chief Information Officer (CIO), has been named CIO of the Year for Local Government by e.Republic, publisher of Government Technology magazine and GovTech.com. The award was presented on Thursday, February 25, 2016 at the 2016 California Public Sector CIO Academy, the premier leadership event for California's senior level technology executives.

In his three years as Alameda County CIO, Dupuis has focused on using technology to enhance, encourage and increase Alameda County's citizen engagement efforts through innovation and creativity. In that short time, Dupuis has helped to transform Alameda County's Information Technology Department into a progressive organization with a startup feel that

is at the forefront of efforts to change the way the County does business with the community and its employees.

"Not only has Tim transformed our Information Technology Department, he is driving changes that are impacting the entire Alameda County organization for the better," said Susan S. Muranishi, Alameda County administrator.

Scott Haggerty, president of Alameda County Board of Supervisors, added, "I am very pleased that Tim is being recognized with this great award because he has done so much in a short period of time to improve the way Alameda County serves its residents. He is also helping to bring technology to most every aspect of County government, which is helping us attract top IT talent in an area that has some of the top technology companies in the world."

#### Warwick Elementary school play wraps up



SUBMITTED BY ANGELICA EVANS

Congratulations to the cast and crew of Warwick Elementary School in Fremont for their performances "The Fearsome Pirate Frank" play! This is their annual school play and it was a huge success! Special thanks to April Bishop, Paivi Flannery and all the volunteers for their dedication and hard work.

# Watercolorist to exhibit at Mission Coffee

SUBMITTED BY LISA BLAYLOCK

Local watercolorist, Lisa Blaylock, is pleased to announce her upcoming art show April 1 - 30 at Fremont's Mission Coffee Roasting Company, featuring a variety of her original watercolors.

Lisa began pursing art five years ago when her ailing artist grandmother told her, "Don't wait till you retire—do it now." Lisa's artwork represents a desire to push color, try new techniques and subjects. Although, she recently picked up the brush, Lisa has been using her creativity in her successful real estate business for over 30 years. In addition to facilitating successful sales for both parties, she also stages homes-often with her own art! It is remarkable that as a career woman and artist, she has been recognized as outstanding in both. Blaylock was ranked as #37 of 1150 Bay Area Coldwell Banker agents in 2015 and has received numerous awards

for her art. Talk about having a colorful life! Stop by for a cup of coffee and meet artist Lisa

Blaylock from 3 p.m. - 5 p.m. on Sunday, April 10 and see her inspiring work!

Lisa Blaylock is a member of the Fremont Art Association, Santa Clara Valley Watercolor Society, East Valley Artists, Olive Hyde Art Gallery, Sketchers, California Watercolor Association, and the National Watercolor Society.

Lisa Blaylock, Watercolorist Friday, Apr 1 – Saturday, Apr 30 6 a.m. – 9 p.m. Sunday, Apr 10 - Opening Reception with Artist 3 p.m. – 5 p.m. Mission Coffee Roasting Company 151 Washington Blvd, Fremont (408) 377-5472 / (510) 623-6948

#### Life West students clean up Hayward

SUBMITTED BY DIANA ROHINI LAVIGNE

Several Life Chiropractic College West students teamed up with Hayward City Parks and Recreation and the Resonate Church of Hayward on Saturday, February 17, to clean up city streets and parks. Volunteer teams picked up trash in the streets surrounding Ruus Park.

Picking up a significant amount of trash, the teams also had another impact. Life West students wanted to show the larger community how they embrace a giving, loving, and serving culture. Life West student Lucas Melendez said, "It is exciting to see the interest and the dedication of Hayward to clean up and make meaningful improvement. This was a great chance for students to volunteer and show their support for Hayward. I wore my 'I love Hayward' shirt with pride."



# Friday Supper Club

Local café offers special farm-to-table dinners

#### By David R. Newman Photos by Felix Lim

ooking for a one-of-a-kind dining experience? Look no further than the Cannery Café in Hayward, that offers a farm-to-table pop-up dinner once a month. These three-course meals are sure to impress as well as educate.

fore buying local and sustainability were even a thing." Since then Rosen has opened a few restaurants in San Francisco and currently runs his own catering service. He also helps out with Blue Heron Catering.

When the Cannery Café opened, they offered breakfast, lunch, and weekend brunch, a schedule that was created to mirror museum hours. But soon, people



Patrons can learn all about the farm-to-table movement that has gained so much popularity, especially in the Bay Area, while enjoying such entrees as prime rib or fried chicken.

were clamoring for dinners. They are currently working to expand their hours, but as a temporary solution they set up the Friday night pop-up Supper Club. This was about a year ago. "The community



Located in downtown Hayward inside the newly opened Hayward Area Historical Society's Center for History & Culture, the Cannery Café offers delicious food with a touch of class. For proprietors Debbie Pfisterer and Elizabeth Fazzio (of Blue Heron Catering fame), it is a dream come true. "We have always had a vision of offering the community a café where friends can gather in a comfortable, safe place that offers a culinary driven menu at reasonable prices."

They brought in Chef Jeff Rosen, a longtime friend of Pfisterer's, to create the café recipes and menu. With over 25 years of experience in the Bay Area restaurant scene, Rosen is no stranger to fine dining using fresh ingredients. "I came out here in 1987 to be closer to Alice Waters and that whole movement. This was be-

response has been outstanding," says Chef Rosen. In fact, the past two events have sold out. When this happens, they add another evening to accommodate overflow.

A sample menu includes a Chef's Choice snack, an appetizer, an entrée, and dessert. Coffee, tea, lemonade, and iced tea are included, and there is wine and beer for sale. And sometimes the meals are inspired by certain themes, such as Dios de las Muertes, or the movie "Big Night," a film about a big Italian family. Says Chef Rosen, "When we write a menu for a pop-up we take into account what our vendor partners have that's in season, and we like to feature something fun. We try to keep it honest and approachable and make it as good as we can make it."

Chef Rosen prepares each pop-up meal himself, and before

# **NSW** Newark Symphonic Winds

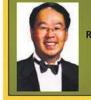


#### **Spring Concert**

- Newark Memorial
   High School Theatre
   39375 Cedar Blvd.
- March 26, 20167:00—9:00 PM

## Free ADMISSION!

Donations welcomed



Richard Wong

Director

#### **Free Spring Concert**

Presented by

FREMONT BANK

Sharing with the Community

Newark Memorial High School Theatre

Saturday, March 26, 2016 7:00—9:00 PM

Enjoy an evening of absolutely wonderful symphonic musi provided by the Tri-Cities' own 50 musician symphony -th Newark Symphonic Winds - directed by Richard Wong.

Come listen to the music of "The Hobbit: An Unexpected Journey "Haven't Met You Yet" by Michael Bublé, a medley of some of the most memorable tunes from the '80s, a lovely arrangement of "Star Dust", "The Wizard of Oz Meets the Wiz", "Trombone Tiger Rag", "Viva Italia!" and many, many more.

There also will be a performance by the Newark Saxophone Quartet.

Cost of admission is "FREE", no tickets are necessary

For information, call 510-552-7186 or visit us on the web at newarksymphonic.org



# VISSION RIDGE Family Dentistry

\$99 Sinsational Smile Teeth Whitening

\$79°

exam, x-rays & cleaning

Not valid if doctor's diagnosis
reveals that needs deep cleaning

Dr.Varundeep Grewal DDS 510-651-7500 www.missionridgedentist.com

www.missionridgedentist.com
43693 Mission Blvd., Fremont

Across from Ohlone College at the intersection of Mission & Pine St.



# **BUNNY** PHOTOS

MARCH 12 - 26 LOWER LEVEL NEAR JCPENNEY

### NEWPARK

ROUSEPROPERTIES



serving, explains the menu to guests. He also talks about the ingredients gathered at local farms. One of those farms is at Tennyson High School in Hayward. Through a program called Project EAT, students learn about gardening and nutrition. Project EAT also offers an internship program where participants work in restaurants, like the Cannery Café, and get to see how the whole food process works, from farm to table.

Tickets cost \$30 per person, \$35 at the door, and are available at the café or online through Brown Paper Tickets (http://www.brownpapertickets.c om/event/2520972). The next pop-up dinner is scheduled for March 25, Good Friday, and will feature warm early Spring Delta asparagus with wild mushrooms, sweet onions, and sauce Beamaise; sautéed Pacific petrale sole with lobster essence; wild nettle and leek polenta; and garden arugula. The vegetarian option is crispy rosemary and sage tofu with emerald herb sauce, wild nettle and leek polenta, and arugula. Sweet tooths will be satisfied with house-made peanut butter cups.

The Cannery Café is open 8:30 a.m. to 2:00 p.m., Wednesday through Sunday with brunch available Saturday and Sunday. For more information on the café or Friday Supper Club, call (510) 581-0103 or visit www.haywardareahistory.org/cafe/.

Friday Supper Club
Friday, Mar 25
6:30 p.m.: social time
7:00 p.m.: dinner served
Cannery Café
Hayward Area Historical
Society
22380 Foothill Blvd, Hayward
(510) 581-0103
cafe@haywardareahistory.org
www.haywardareahistory.org/cafe/
www.facebook.com/CanneryCafe/
Tickets: \$30 in advance,
\$35 at the door



Information found in 'Protective Services' is provided to public "as available" by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of the agency

providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



# **Von Till & Associates**

**ATTORNEYS** 

Since 1970

PERSONAL INJURY, DEATH, & DISABILITY CLAIMS Numerous million dollar jury verdicts, including defective products, walkways, and vehicular accidents.

OWN YOUR OWN HOME? Avoid Thousands of Dollars of Probate Fees **Avoid Delays of Probate** Name Guardian for Minor Children

MAKE A LIVING TRUST Name Trustee If You Become Disabled **Create Management Plan For Assets** Costs less than Many Auto Repairs And Is Much More Important **DELAY MAKES NO SENSE** 

GENERAL CIVIL PRACTICE Business and personal matters, partnerships, corporations

#### Stephen F. Von Till, Attorney at Law

B.A., Humanities, Magna Cum Laude, Michigan State University Juris Doctor, University of Illinois (7th in class) Quoted by Ralph Nader in his book "No Contest" (1996) Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present Faculty, Santa Clara University School of Law 1987 Editor, University of Illinois Law Review California Supreme Court Cases

#### LEILA N. SOCKOLOV, ATTORNEY AT LAW

B.S. in Biological Sciences, Cal. Polytechnic State Univ. Juris Doctor, Cum Laude, University of Illinois Instructor, Engineering Ethics, University of Illinois

#### FREE Initial Consultation

510-490-1100

152 Anza Street Fremont





(Mission Blvd. & Anza St., Near Ohlone College)

#### Pop, Blues/Rock, Jazz & Classical Guitar **Guitar Classes**

Professional Qualified Teacher Richard Kendrick M.A.

Beginning through Advanced Training

Any Age FREE LESSON

With One Month Sign Up - New Students Only

**Great Group Discounts** 

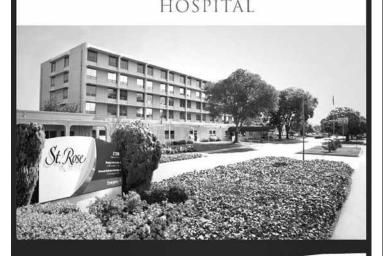
rwkendrickguitarjr.com

Morning & Evening Sessions

#### Mission San Jose School of Guitar Bass, Voice, Keyboard 510-661-9147

Percussion, and Music Theory 152 Anza St., Fremont

rwkendrickjr@yahoo.com I



Volunteer at St. Rose Hospital!

(510) 264-4139

www.srhca.org

#### **BART Police Log**

SUBMITTED BY LES MENSINGER

#### **Auto Theft - Fremont Station** Monday, February 29

A victim reported his red 1999 Dodge Caravan was stolen while parked at Fremont Station between 2:50 p.m. and 7:35 p.m.

#### Tuesday, March I

Officers arrested a male suspect for attempting to steal a bicycle at Hayward Station. Further investigation revealed the suspect was also in possession of a burglary tool. Subsequently, the suspect was issued citations for attempting to steal the bicycle and possessing a burglary tool.

A Union City Station agent called to report that he saw a man under a parked vehicle, and he appeared to be working on the car. A few minutes later, the male, who had a power tool, removed an object from underneath the vehicle. He then got into a vehicle with another suspect and drove from the

lot. The witness was able to provide a description of the vehicle and the suspects for responding officers. He was also able to provide the license plate of the suspect vehicle. Responding officers located the suspect vehicle and conducted a traffic stop. The vehicle was found to contain three catalytic converters and the tools used to take them. The witness positively identified the suspect vehicle and the two suspects. Detectives were called and responded to interview the suspects, who will be booked into the Santa Rita Jail for the listed charges. The victim vehicle still had the catalytic converter slightly attached, but it had been cut.

A victim reported the theft of their silver 1997 Honda Civic between 7:30 a.m. and 5:30 p.m. at Bayfair Station.

#### Wednesday, March 2

A victim reported the theft of their turquoise TwoHip motocross bicycle (unknown serial number) from Bayfair Station. The victim parked his bike at 3:25 p.m. and secured the bike to the bike rack using a chain and lock. The victim returned at 9:30 p.m. and discovered his bike was stolen.

A victim reported the theft of

their green Cannondale brand bicycle, valued at \$2,400, while it was cable locked at Castro Valley Station on between 9:10 a.m. and 7:40 p.m. An officer contacted the victim and completed a report.

#### Thursday, March 3

A victim reported the theft of their 2002 Acura CL's catalytic converter while the vehicle was parked in lot A, stall 367, at Union City Station between 6:30 a.m. and 6:00 p.m. An officer contacted the victim and completed a report.

#### Friday, March 4

Officers responded to a report of a subject who was underneath the train on platform 2 of Hayward Station. Fire and medical also responded and they were able to rescue the adult male subject from underneath the train. The subject sustained major injuries and was taken to Eden Hospital. An independent witness stated that they saw the subject intentionally jump in front of the train as it entered the station. Evidence technicians responded to the incident. Trauma response team members were notified and responded. The on-call detective was also advised of the incident.

#### **Structure** fire on Fremont Blvd

SUBMITTED BY DIANE HENDRY, DIVISION CHIEF, FREMONT FD

On March 8, at 9:30 p.m., the Fremont Fire Department responded to a report of a structure fire at 38891 Fremont Blvd. Four Engines, one Truck and two Battalion Chiefs responded.

The first arriving Engine advised that there was heavy fire showing from a first floor unit in a two-story apartment complex. They also advised that the fire was extending to the unit above the involved apartment and requested a second alarm. The second alarm brought an additional three Engines, one Truck and one Division Chief to the scene.

Fire crews made an aggressive attack and were able to contain the fire to the unit of origin. The unit above the fire suffered heat and smoke damage. The unit across from the fire unit suffered minor heat damage. Seven residents were displaced by the fire and they received assistance from the American Red Cross. There were no injuries to either civilians or fire personnel.

A Fire Investigator was on scene and at the time of this report the cause of the fire and damage estimates are still undetermined.

## Fatal collision in Hayward

#### **SUBMITTED BY** SGT. JASON CORSOLINI, HAYWARD PD

On March 2 at approximately 7:22 p.m., a fatal collision occurred at the intersection of Foothill Boulevard and City Center Drive between a pedestrian and a vehicle. The pedestrian, a 51-year old man from Hayward, was crossing Foothill Boulevard eastbound near the crosswalk when he was struck by a northbound vehicle. He was transported to Eden Hospital but succumbed to his injuries shortly after his arrival. After the collision, the vehicle continued to drive northbound and out of the area.

Witnesses reported the vehicle that fled was a dark colored Jeep Grand Cherokee with significant front end damage. Additionally, one witness reported the pedestrian was walking in the roadway against the "don't walk" signal and that northbound Foothill Boulevard traffic had a green signal. During the investigation these signals were determined to be functional.

It is unknown if alcohol and/or drugs are a factor in this collision.

Any witnesses to the collision are encouraged to contact Sergeant Jason Corsolini from the Hayward Police Department Traffic Bureau at (510) 293-7149.

#### Hate Crime suspect criminally charged by Distict Attorney

SUBMITTED BY LT. ROBERT McManus, SAN LEANDRO PD

On March 10, San Leandro Police detectives presented their investigation on the arrest of a 21 year old, San Leandro man, who they said was responsible for the racially-motivated graffiti found on the San Leandro Unified School District annex office on Juniper St., the morning of March 7.

Detectives focused their investigation on Cody Sisson, who they considered a person of interest, after finding that he had been stopped riding a bicycle without a headlight at 2:30 a.m. on the morning of Saturday, March 5, which fell within the timeframe that police determined that the disturbing crime occurred.

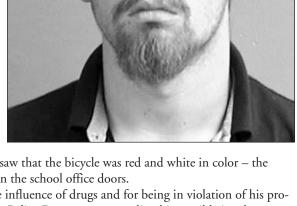
Detectives, after learning that Sisson was on probation for an unrelated offense, continued their investigation, and found Sisson riding a freshly-painted BMX bicycle in the 1200 block of Manor Blvd. Police increased their suspicions

about Sisson's connection to the crime, when they saw that the bicycle was red and white in color – the same color as the racially motivated slurs painted on the school office doors.

Investigators arrested Sisson for being under the influence of drugs and for being in violation of his probation. They interviewed Sisson at the San Leandro Police Department regarding his possible involvement in the racially-motivated crime. At the conclusion of the interview, detectives were confident that they had arrested the correct person, and knew that he was responsible for the hate crime.

Sisson has been charged with felony vandalism resulting from the damage sustained to the school building, which included the racial slurs sprayed onto the doors. He is being held without bail for the criminal charges and was scheduled to appear in the Alameda County Superior Court. Please contact the San Leandro Police Department's Criminal Investigation Division with any information re-

garding this case or any other case at (510) 577-3230. Information may also be submitted anonymously by: Phone: Anonymous Crime Tips at (510) 577-3278 Text Message: Text "TipSLPolice" to 888777



#### PUBLIC NOTICES

clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself

authorize the use in this state of a fictitious

business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/15, 3/22, 3/29, 4/5/16

FICTITIOUS BUSINESS NAME STATEMENT

File No. 514823 Fictitious Business Name(s):
ToryJacob Photography, 38025 Heritage
Common, Apt. 162, Fremont, CA 94536, County
of Alameda

CNS-2855113#

**PUBLIC NOTICE** 

Notice is hereby given that the City of Fremont Finance Department is holding unclaimed funds in Accounts Payable, Payroll and Recreation totaling \$17,628.46. Listed are the individual payee and check amounts.

2772.00 GREEN LEAF SOLAR & ELECTRIC 24.00 CALABRETTA, THERESA M 18.00 CLEAR WIRELESS ALAMEDA CO CLERK ALAMEDA CO CLERK 18.00 CLEAR WIRELESS
680.95 ALAMEDA CO CLERK
96.26 FIRST AMERICAN TITLE COMPANY
60.00 PD PRESCISION MACHINING
50.00 MOLLIE M SINCLAIR TRUST
1,096.25 LACY SUSAN
71.00 HERNANDEZ, ANGELICA
13.75 B&W CHEMICALS INC
178.75 FREMONT AUTOBODY
226.25 GLOBAL TURNKEY LTD
287.50 SATHE, MEENAL
25.00 DEVARAJ, BHASKARAN
1,000.00 GALGON INDUSTRIES
48.88 SOLYNDRA ALAMEDA CO CLERA
ERICSSON
BAY AREA CONSULTANTS
DEGUZMAN, TANYA
PELLLUM-DELEON, LEANDRA
ARYX THERAUPEUTICS
BAKER, SHARON M
DAYTEN LEAL THE 62.63 8.00 BAXTER HEALTH 12.50 5.00 EASY COLOR PRINTING INC QUALITY PROJECT MANAGEMENT RHL DESIGN GROUP POULOS, PAMELA STEP TWO CONSTRUCTION INC 12.50 275.00 55.00 ,000.00 GALGON INDUSTRIES 48.88 SOLYNDRA 950.00 SCHWARZ, STEVEN 40.00 KANESHIGE, MARTI 383.11 ZAGHI, FARHAD 20.00 CAITIN INC 100.00 INTERFACE QUARTZ 275.00 WARM SPRINGS GAS MALIREDDY, SAIHARSHA 190.00 MALIREDDT, SAIRANSHA
TACTICAL AVENUES LLC
O'MALLEY, MAXWELL
RATIONALE FREMONT INC
SONOMA COUNTY SHERIFF'S 12.50 WILLIAMS, KAREN RAHMAH FOUNDATION FIVE CORNERS CAPITAL LLC ALL CITIES VERTICAL TRANSPORTATION 30.00 AN-FNK-ARQUISITION CORP 200.00 7.499.96

The payee may claim these funds by submitting a written claim to the City of Fremont Finance Department c/o Anita Chang, Accounting Technician, P.O. Box 5006 Fremont, CA, 94537-5006, NO LATER THAN 5:00 PM ON April 15, 2016. Payee must include; name, address, amount of claim, grounds for claim, and any additional information you feel will benefit in getting the claim resolved. If the City of Fremont does not receive a written claim by April 15, 2016, the funds will become property of the City of Fremont CNS-28527614

Fictitious Business Name(s)

01/01/2016

/s/ Seema Asnani

Registrant(s):

95366

Attiser, 34420 Alberta Ter, Fremont, CA 94555, County of Alameda 34420 Alberta Ter, Fremont, Alameda, CA 94555

Seema Asnani, 34420 Alberta Ter, Fremont, CA 94555

The registrant began to transact business using the fictitious business name(s) listed above on

01/01/2016
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Seema Asnani
This statement was filed with the County Clerk of Alameda County on March 10, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be

new fictitious business name statement must be

new lictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/15, 3/22, 3/29, 4/5/16

**FICTITIOUS BUSINESS** NAME STATEMENT
File No. 514796
Fictitious Business Name(s):
California Offender Program Services (COPS),
333 Ohlone St., Fremont, CA 94539, County of

Mailing address: 643 Sultana Ct., Ripon, CA 95366, County of San Joaquin

Jesus Flores, 333 Ohlone St., Fremont, CA 94539

Michael Wynne, 643 Sultana Ct., Ripon, CA

95366
Business conducted by: a General partnership
The registrant began to transact business using
the fictitious business name(s) listed above on NIA
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeapor punishable by a fine not to eye and

that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ Michael Wynne, General Partner
This statement was filed with the County Clerk of Alameda County on February 19, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/15, 3/22, 3/29, 4/5/16

CNS-2856397#

FICTITIOUS BUSINESS NAME STATEMENT File No. 515579 Isiness Name(s):

Poke Me Up, 207 Montevina Way, Hayward, CA 94545, County of Alameda

Yung Tu, 207 Montevina Way, Hayward, CA 94545

Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

This statement was filed with the County Clerk of

Alameda County on March 8, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be

new fictitious business name statement must be

new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/15, 3/22, 3/29, 4/5/16

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS

**BUSINESS NAME** 

BUSINESS NAME
File No. 468310
The following person(s) has (have) abandoned the use of the fictitious business name: Express Towing, 3841 Cosmic PI., Fremont, CA 94538
The Fictitious Business Name Statement being abandoned was filed on 8-9-2012 in the County of Named 1

awad Roshaan, 3841 Cosmic Pl., Fremont,

Farzan Roashan, 3841 Cosmic Pl., Fremont, CA 94538

S/ Fawad Roshaan This statement was filed with the County Clerk of Alameda County on March 3, 2016. 3/15, 3/22, 3/29, 4/5/16

**FICTITIOUS BUSINESS** 

FICTITIOUS BUSINESS

NAME STATEMENT
File No. 515252
Fictitious Business Name(s):
Paint Your Dragon, 4017 Coralline Court,
Fremont, CA 94555, County of Alameda
Posistrant/CA 94555, County of Alameda

Phillip Burgess, 4017 Coralline Ct, Fremont, CA 94555

The registrant began to transact business using the fictitious business name(s) listed above on

I declare that all information in this statemen is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a

misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

This statement was filed with the County Clerk of

Alameda County on February 29, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement

that all information in this statemen

Business conducted by: An Individual

Business conducted by: an individual

Alameda County on March 8, 2016

/s/ Yung Tu

of Alameda

Registrant(s):

3/14/2006

/s/ Phillip Burgess

CA 94538

Business conducted by: An Individual

#### **CIVIL**

#### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. HG16806376
Superior Court of California, County of Alameda
Petition of: Adano Anthony Quintana for Change

of Name
TO ALL INTERESTED PERSONS:

TO ALL INTERESTED PERSONS: Petitioner Adano Anthony Quintana filed a petition with this court for a decree changing names as

Adano Anthony Quintana to Anthony Michael The Court orders that all persons interested in

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show heard and must appear at the hearing to show cause why the petition should not be granted. If

cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: Jul 14, 2016, Time: 01:30 PM, Dept.: 503
The address of the court is 24405 Amador Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: MAR 4, 2016

Date: MAR 4, 2016 Morris D. Jacobson Presiding Judge of the Superior Court 3/15, 3/22, 3/29, 4/5/16

CNS-2855963#

#### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG15795494
Superior Court of California, County of Alameda
Petition of: Srivas Sarva for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Srivas Sarvafiled a petition with this
court for a decree changing names as follows:
Srivas Sarva to Jay Srivas Sarva
The Court orders that all persons interested in
this matter appear before this court at the hearing
indicated below to show cause, if any, why the
petition for change of name should not be granted.
Any person objecting to the name changes
described above must file a written objection that
includes the reasons for the objection at least two
court days before the matter is scheduled to be
heard and must appear at the hearing to show
cause why the petition should not be granted. If
no written objection is timely filed, the court may
grant the petition without a hearing. grant the petition without a hearing.

Notice of Hearing:

Date: April 14, 2016, Time: 01:30 PM, Dept.: 503

Date: April 14, 2016, Time: 01:30 PM, Dept.: 503 The address of the court is 24405 Amador Street, Hayward, CA 94546 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice

Date: DEC 04, 2045

Date: DEC 04, 2015 Winifred Y. Smith Judge of the Superior Court 3/15, 3/22, 3/29, 4/5/16

CNS-2855128#

#### ORDER TO SHOW CAUSE

ORDER TO SHOW CAGGE
FOR CHANGE OF NAME
Case No. HG16799942
Superior Court of California, County of Alameda
Petition of: Rosa Maria Ehlert for Change of Name

Political of the control of the cont Marie Ehlert The Court orders that all persons interested in

this matter appear before this court at the hearing this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed the court may no written objection is timely filed, the court may grant the petition without a hearing. Notice of Hearing: Date: Thurs. 5/12/16, Time: 1:30 PM, Dept.: 503

The address of the court is Hayward Hall of Justice, 24405 Amador Street, Room 108, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least one cach work for for

Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: WHAT'S HAPPENING TRI CITY VOICE

Pages 1AN 12, 2016 Date: JAN 13, 2016

Morris D. Jacobson Judge of the Superior Court 3/15, 3/22, 3/29, 4/5/16

CNS-2855127#

#### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. HG16805317
Superior Court of California, County of Alameda
Petition of: Roobina J. Shaikh for Change of Name
TO ALL INTERESTED PERSONS: TO ALL INTERESTED PERSONS:
Petitioner Roobina J. Shaikh filed a petition with this court for a decree changing names as follows: Roobina J. Shaikh to Roobina M. Salyah The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to before this court at the hearing

indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:

Notice of Hearing:

130 p.m. Dept. 503

Notice of Hearing: Date: 7-07-2016, Time: 1:30 p.m., Dept.: 503

Date: 7-07-2016, Imme: 1:30 p.m., Dept.: 503
The address of the court is 24405 Amador Street,
Room 108, Hayward, CA 94544
A copy of this Order to Show Cause shall be
published at least once each week for four
successive weeks prior to the date set for hearing
on the petition in the following newspaper of
general circulation, printed in this county: TriCity-Voice

Date: Feb. 25, 2016

Morris D. Jacobson Presiding Judge of the Superior Court 3/1, 3/8, 3/15, 3/22/16

CNS-2851308#

#### FICTITIOUS BUSINESS **NAMES**

FICTITIOUS BUSINESS NAME STATEMENT File No. 515687

29.81

of Alameda Registrant(s): Tory Jacob Smith, 38025 Heritage Common, Apt. 162, Fremont, CA 94536 Business conducted by: an Individual

The registrant began to transact business using the fictitious business name(s) listed above on 01/01/2015

I declare that all information in this statement I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

one thousand dollars [\$1,000].)
/s/ Tory Jacob Smith
This statement was filed with the County Clerk of
Alameda County on February 22, 2016
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/8, 3/15, 3/22, 3/29/16

CNS-2853583#

#### FICTITIOUS BUSINESS

FICTITIOUS BUSINESS

NAME STATEMENT
File No. 515154
Fictitious Business Name(s):
Dunkel Logistics, 44850 Industrial Dr., Unit D,
Fremont, CA 94538, County of Alameda
Posistrant(s):

Dunkel Logistics Machinery Moving Rigging, LLC, 44850 Industrial Dr., Unit D, Fremont, CA 94538;

Business conducted by: a Limited partnership The registrant began to transact business using the fictitious business name(s) listed above on 1/2014

the fictitious business name(s) listed above on 1/2014. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) (s/ Joelan Dunkel, Manager This statement was filed with the County Clerk of Alameda County on February 25, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement any change in the facts set forth in the statement any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

3/8, 3/15, 3/22, 3/29/16

CNS-2853218#

CNS-2853218#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 515259
Fictitious Business Name(s):
Pardes Times, 36415 Ruschin Dr, Newark, CA 94560, County of Alameda

Registrant(s):
Balbir Singh, 36415 Ruschin Dr, Newark, CA 94560

Business conducted by: An Individual The registrant began to transact business using the fictitious business name(s) listed above on Feb 1, 2016

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Balbir Singh
This statement was filed with the County Clerk of

This statement was filed with the County Clerk of Alameda County on Feb 29, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county. clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in pursuant to secure 1797 of the trial a drange in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself

authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/8, 3/15, 3/22, 3/29/16

CNS-2852412#

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 515191

Fictitious Business Name(s): National Electrical Supply, 37454 Glenmoore Dr, Fremont, CA 94536, County of Alameda 37454 Glenmoore, Fremont, Alameda, CA 94536 Popietrant(s): Registrant(s):
Michael Costello, 5615 Cleveland PI, Fre

Business conducted by: An Individual The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

one thousand dollars [\$1,000].)
/s/ Michael Costello
This statement was filed with the County Clerk of
Alameda County on February 26, 2016
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement

generally expires at the end of five years from the date on which it was filed in office of the county date on which it was hied in office or the country clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration filed before the expiration. The filing of this statement does not of itself

authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/8, 3/15, 3/22, 3/29/16 CNS-2852272#

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 515189 Fictitious Business Name(s)

Mc Metals Recycling, 5615 Cleveland Place, Fremont, CA 94538, County of alameda 5615 Cleveland Place, Fremont, Alameda, CA Registrant(s): Michael Costello, 5615 Cleveland PI, Fremont, CA 94538

Business conducted by: An Individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A declare that all information in this statement I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Michael Costello This statement was filed with the County Clerk of Alameda County on February 26, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious

business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/8, 3/15, 3/22, 3/29/16

CNS-2852270#

### FICTITIOUS BUSINESS NAME STATEMENT File No. 515008

Fictitious Business Name(s): ePCB, Inc., 43431 Adelina Terrace, Fremont, CA 94539, County of Alameda Registrant(s):

Registrant(s):
Plotek Circuits Inc., 43431 Adelina Terrace,
Fremont, CA 94539; California
Business conducted by: A Corporation
The registrant began to transact business using
the fictitious business name(s) listed above on N/A declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code

17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Tser Yu Chen, President
This statement was filed with the County Clerk of Alameda County on February 23, 2016

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk. except. as provided in subdivision (b) of date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section

under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/1, 3/8, 3/15, 3/22/16

CNS-2850872#

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 514984

Fictitious Business Name(s):
Grey Fort Publishing, 43575 Mission Blvd.
#337, Fremont, CA 94539, County of Alameda Registrant(s): Janet C. Grant, 419 Ohlones St., Fremont, CA

84039 Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement

the fictitious business name(s) listed above on NI/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /si Janet C. Grant This statement was filed with the County Clerk of Alameda County on February 23, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 311, 3/8, 3/15, 3/22/16

14411 et seq., Business and Professions Code). 3/1, 3/8, 3/15, 3/22/16

CNS-2850724#

#### FICTITIOUS BUSINESS

NAME STATEMENT
File No. 514572
Fictitious Business Name(s):
King Noodle - Fremont, 39226 Argonaut Way,
Fremont, CA 94538, County of Alameda

Fremont, CA 94538, County of Alameda Registrant(s):
Duc Thai, Inc, 2709 Irving St., San Francisco, CA 94112; California Business conducted by: a corporation The registrant began to transact business using the fictitious business name(s) listed above on 07/01/2005
I declare that all information in this statement is true and correct. (A registrant who declares

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Hau Van Tran, Vice President
This statement was filed with the County Clerk of Alameda County on February 16, 2016
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county

generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another

business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 2/23, 3/1, 3/8, 3/15/16

CNS-2847545#

#### **GOVERNMENT**

#### NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on April 5, 2016, at which time they will be opened and read out loud in said building for:

# OLD CANYON ROAD BRIDGE FOUNDATION PROTECTION REPAIR PROJECT, CITY PROJECT 8805(PWC) FEDERAL PROJECT NO. BHLO-5322(050)

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at <a href="https://www.e-arc.com/ca/santaclara">www.e-arc.com/ca/santaclara</a>. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT PURCHASING DIVISION CITY OF FREMONT 3/15, 3/22/16

CNS-2856276#

NOTICE TO
CONTRACTORS SERVICE CENTER
CONCRETE PAD REPAIR PROJECT NO. 1125
The City Council of the City of Newark invites sealed bids for the construction of public improvements for Service Center Concrete Pad Repair, Project 1125. City of Newark, Alameda County, California. Sealed bids must be delivered to the office of the City Cashier of the City of Newark at 37101 Newark Boulevard, First Floor Cashier Counter, Newark, California, before 2:00 p.m. on Tuesday, March 29, 2016. At that time, all bids will be publicly opened, examined and declared. The improvements are generally described as follows: Remove and replace existing reinforced concrete pad and backfill material, and other related items of work as needed to complete improvements at the City of Newark Service Center at 37440 Filbert Street. Plans and Specifications for the work may be obtained at the City of Newark Public Works Department, 37101 Newark Boulevard (First Floor), Newark, California, for a non-refundable fee of \$20 per set. Information regarding obtaining plans and specifications or a list of plan holders are available by contacting Ms. Charlotte Allison at (510) 578-4452 or by E-mail to charlotte allison@newark.org. No pre-bid meeting is scheduled for this project. The Contractor shall possess a valid Class A California Contractors license at the time of the bid opening. The successful Bidder shall furnish a Performance Bond and a Payment Bond. Items of work in conjunction with this project are included in the proposal. As of July 1, 2014, all Contractors bidding on this project are required to register with

the Department of Industrial Relations (DIR) and to pay the required annual fee. Under California Labor Code section 1771.1, as amended by SB 854, unless registered with the DIR, a Contractor may not bid or be listed as a Subcontractor for any bid proposal submitted for public works projects on or after March 1, 2015. The City of Newark reserves the right to reject any or all bids, and to waive any minor informalities, irregularities and/or bid non-responsiveness that does not influence the competitive nature of the bid. This project has "Additive Alternate Bid Items," which may or may not be included in any contract to be awarded. "Additive Alternate Bid Items," which may or may not be included in any contract to be awarded. "Additive Alternate Bid Items," which is awarded, to the lowest responsible Bidder as determined by the Total Base Bid only. The City of Newark hereby notifies all bidders that it will affirmatively insure that in any contract entered into pursuant to this advertisement, disadvantaged business and women owned business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, religious creed, color, national origin, ancestry, physical disability, mental disability, medical condition, genetic information, marital status, sex, gender, gender identity, gender expression, age, sexual orientation, including a perception that the person is associated with a person who has, or is perceived to have, any of those characteristics in consideration for an award. Pursuant to Section of 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined by the Director of the Department of Industrial Relations of the State of California. These wages are set forth in the General Prevailing Wage Rates for this project. The Contractor and all subcontractors shall pay all their employees performing labor under this Contract salaries or wages at least equal

CNS-2853697#

#### **PROBATE**

#### NOTICE OF PETITION TO ADMINISTER ESTATE OF RONALD E. DEMPSEY CASE NO. RP16806051

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate or both, of: Ronald E. Dempsey
A Petition for Probate has been filed by

Douglas G. Dempsey in the Superior Court of California, County of Alameda. The Petition for Probate requests that

Douglas G. Dempsey be appointed as personal representative to administer the estate of the decedent.

estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person

files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on April 20, 2016 at 9:30 AM in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704-1109.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections.

files an objection to the petition and shows

your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attornev.

attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) he California Probate C days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Phillip Campbell

1970 Broadway, Suite 625, Oakland, CA 94612; Telephone: (510) 832-0742 3/8, 3/15, 3/22/16

CNS-2853899#

#### PUBLIC AUCTION/SALES

NOTICE OF LIEN SALE AT PUBLIC AUCTION
Notice is hereby given that personal property in
the following units will be sold at public auction:
On the 24th day of March, 2016 at or after
12:30 pm pursuant to the California Self-Storage 12:30 pm pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Thornton, 4833 Thornton Ave. Fremont, CA 94536. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by

the following people:
Name Unit # Paid Through Date
Roderick ThomasAA4721E 12/31/2015
Shomari Evans AA5060A 10/17/2015
Shomari Evans AA5069E 10/17/2015
Abdul Hai B245 01/16/2016
Maricell Milliano B30612/22/2015
James Jones B31301/07/2016
Joseph CliftonB 32101/17/2016
Blanca Osori oC21112/25/2015
Marquitta Woolfolk C218 01/01/2016
Della Gamez C239-40 01/14/2016

3/8. 3/15/16

CNS-2852411#

NOTICE OF LIEN SALE AT PUBLIC AUCTION Notice is hereby given that personal property in the following units will be sold at public auction: on the 24<sup>th</sup> day of March, 2015at or after1:30 pm pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Fremont, 44511 Grimmer Blvd. Fremont, CA 94538. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:

Idmitted, aird of other household the following people:

Name Unit # Paid Through Date
Amanda Painter 1650 1/17/2016
Cory McNeal 270U 12/20/2015
Tina Savala 277U 01/02/2016
Name Caracho 2/4 11/40/2015 Marco Camacho 342 11/10/2015 James Littlefield 358 01/18/2016 Nick Terrazas 363 09/27/2015 Thea Hautly 366 12/11/2015 Matthew Ajiake 367 10/17/2015 Joe Lobato Recovery 382 10/08/2015

3/8, 3/15/16

CNS-2852409#

#### California right-to-die law will take effect in 3 months

By Jonathan J. Cooper AND JULIE WATSON ASSOCIATED PRESS

SACRAMENTO, Calif. (AP), Terminally ill California residents will be able to legally end their lives with medication prescribed by a doctor starting this summer, ending months of uncertainty for dying patients hoping to turn to the practice.

State lawmakers adjourned a special session on health care Thursday, paving the way for the law allowing physician-assisted suicide to take effect June 9.

The law approved last year made California the fifth state in the nation to adopt the practice, but patients were left in limbo until the special session wrapped up and the law could take effect 90 days later.

It passed following the heavily publicized case of Brittany Maynard, a 29-year-old California woman with brain cancer who moved to Oregon to legally end her life in 2014.

Supporters say they do not know how many terminally ill patients have been waiting for the law to go into effect. Opponents say it could lead to premature suicides.

One prominent advocate, Christy O'Donnell, a 47-year-old single mother with lung cancer who sued the state to demand the right to life-ending medication, died last month at her home north of Los Angeles before getting the option.

Elizabeth Wallner, a Sacramento resident with stage 4 colon cancer that has spread to her liver and lungs, said she is relieved a date has been finally set.

"It gives me a great peace of mind to know that I will not be forced to die slowly and painfully," Wallner said in a statement provided by Compassion & Choices, a right-to-die advocacy group that worked closely with her and others to campaign for the law.

Marilyn Golden, a senior policy analyst with the Disability Rights Education and Defense Fund, said the law doesn't go far enough to protect people from being coerced into a premature suicide by an abusive caregiver or heir. It also could allow people denied medication by one doctor to shop around for the lethal drugs.

The California Catholic Conference, which opposed the law, said it would increase support for the dying.

"Quality palliative case, spiritual and emotional support and a respect for our human dignity are the compassionate response - not a lethal dose of drugs from a physician," Executive Director Edward "Ned" Dolejsi said in a

Democratic Sen. Bill Monning, who helped author the bill, said patients or their family members have been contacting his office daily since Gov. Jerry Brown signed the legislation last October.

"It's obviously a great sense of achievement and historic achievement for California, but it is tempered by the loss of great people who fought to get the billed passed," he said.

California's law includes strong protections for both patients and physicians, Monning said.

Religious institutions, like Catholic hospitals, can opt out and ban their doctors from participating in any assisted deaths. Patients must have two separate meetings with a physician before a doctor can prescribe a life-ending drug.

If there is any doubt over the person's mental capacities, physicians are required by law to refer the patient to a mental health care provider. Certified translators must also be required for patients who are non-native English

Watson reported from San

#### By Brandon Bailey AP TECHNOLOGY WRITER

SAN FRANCISCO (AP), Apple will hold its spring product launch on March 21, one day before it squares off with federal prosecutors over the government's demand for help unlocking an encrypted iPhone.

Analysts and tech blogs are expecting Apple will announce a new, 4-inch iPhone, a smaller iPad Pro and new bands for the Apple Watch. But the company provided no details with its announcement of the event, in keeping with its usual effort to build anticipation for its new products.

An invitation sent to reporters on Thursday said only "Let us loop you in." Apple's headquarters is located on a road called Infinite Loop in Cupertino, California.

Apple's twice-yearly product events are highly anticipated and the speculation that precedes them is rampant. The backdrop to this year's event is a high-stakes legal dispute with the FBI and the Obama administration, which has chafed at Apple's use of encryption that make its customers' data unreadable to others.

Federal authorities want Apple's help in over-riding security features on an iPhone used by one of the San Bernardino mass shooters, so the FBI can attempt to examine the phone. Apple CEO Tim Cook contends the government's demand would make other iPhones vulnerable. Both sides will make their case to a federal magistrate in Riverside on March 22.

Apple planning

product launch on March 21

While Apple executives say the company is continually working on increased security measures, they haven't said whether they will announce any new encryption or other safeguards at this month's event. What is more certain is a push by Apple to boost sales with new versions of some popular products.

A 4-inch iPhone would reverse an industry trend, which has turned out larger and larger screens. The most recent iPhone models have come with 4.7- or 5.5-inch screens, which have sold extremely well, particularly in Asian countries where larger phones made by Apple's rivals had been big sellers in previous years.

But with sales now starting to plateau, analysts say Apple could spark additional demand by offering an updated 4-inch iPhone

alongside the bigger models. The smaller phone is expected to sell at a lower price and would appeal to those who never bought into the larger screens. In an upgrade from older 4-inch iPhones, the new model is expected to have a faster processor and features like Apple Pay, which until now has been available only on larger

Similarly, Apple has been trying to boost sagging iPad sales by offering more sizes and models. The new iPad tablet is expected to be a 9.7-inch version of the iPad Pro, which Apple introduced last year. While the new model will be the same size as Apple's regular iPads, it's also a step back from the first iPad Pro, which has a larger, 12.9-inch screen and other features for professional users - including a thin, detachable keyboard and stylus that are sold separately.

Tablet sales from all makers are expected to fall nearly 6 percent this year, according to analysts at International Data Corp., but more people are buying new models with detachable keyboards. A longtime Apple rival, Microsoft, has seen strong demand for its Surface Pro tablets with keyboards.

#### Fremont Police Log

#### SUBMITTED BY GENEVA BOSQUES, FREMONT PD

#### Friday, March 4

Community Service Officer (CSO) Oliveira investigated a residential burglary in the 1400 block of Harrington Street that had occurred between March 2 and March 3, 2016. The unknown suspect used a pry tool to force entry through the garage to the house. Losses reported was cash and jewelry.

A residential burglary occurred in the 5200 block of Diamond Common (Ardenwood). Unknown suspects entered the rear yard and smashed the rear sliding glass door. Several small electronics, cameras and banking documents were taken.

Ofc. Roberts and Ofc. Robinson investigated six vehicles reported burglarized from Pacific Commons shopping center. Five of the burglaries occurred near the cinemas in the 43800 block of Pacific Commons, and one was reported in the 43800 block of Boscell Road. Based on witness accounts, the burglaries all occurred around 10:00 p.m. In all cases, a rear window was smashed and backpacks and/or gym bags (many of which were visible in the back seat) were taken. Witnesses told officers that they had seen a grey Infinity with tinted windows occupied by four males in the area during the time of the burglaries.

#### Saturday, March 5

At 11:30 a.m., Ofc. Navas located an unoccupied stolen vehicle in the area of Higgins Way and Dorne Place. Officers spotted a 25-year-old adult male walk to the vehicle and sit inside the front driver's seat. He was contacted and arrested for possession

of a controlled substance, taking a vehicle without permission, and a probation violation. Ofc. Navas also arrested a 25-year-old adult female for warrants when he contacted her at a residence in the neighborhood connected to his

#### Sunday, March 6

At approximately 2:00 p.m., Fremont Police Department (FPD) units were detailed to Dale Hardware to investigate a robbery. Two suspects, later identified as a 28-year-old adult male and a 35-year-old adult male, attempted to make a fraudulent purchase of power tools using someone else's credit card. When stopped, they assaulted an employee before being restrained. The 28-year-old also had two outstanding warrants. Ofc. J. Roberts investigated the case.

At approximately 5:15 p.m., Ofc. T. Bobbitt was detailed to the 4200 block of Lorren Drive to investigate the report of a robbery. The victim was an Amazon delivery driver, who was robbed of packages. The victim was not injured; the unknown male suspect fled in a black Jeep Cherokee.

At 2:39 a.m., officers responded to a business on the 43800 block of Osgood Road to investigate an in-progress commercial burglary. Loss prevention reported that an unknown suspect was seen via video surveillance walking around the store. The suspect appeared to get spooked when he realized the janitors were in the building and fled out the back doors. Officers set up and searched for the suspect; however, he was not located. Two backpacks full of electronics were recovered. The suspect was described as a white male adult, approximately 30-40 years old, last seen wearing a black baseball cap. Case was investigated by Ofc. Hernandez.

Monday, March 7 At approximately 7:40 p.m., officers were detailed to provide traffic control by shutting down Niles Canyon at the request of Alameda County Fire Department, who was working on a train derailment in the Canyon. As details came in dispatch learned that a train car had come derailed and was partially submerged in water. FPD units then rolled code to assist. FPD units arrived on scene about the same time as Alameda County Sheriff's Office (ACSO) units. They found a train car derailed with passengers still inside the train, some needing first aid and some needing assistance to exit the train. Additional FPD units were sent to assist and several helped with getting passengers out of the train cars. The case is being investigated by Union Pacific Police Department. Fremont units cleared at about 11:00 p.m.

#### Tuesday, March 8

A suspect was seen by a resident at Briarwood Apartments attempting to break into a locked storage shed. The witness called the manager who then called FPD. While patrol units were responding, a maintenance worker confronted the suspect who then fled the area. The 25-year-old adult male was located a short distance away behind a business and was determined to be the suspect. The male was transported to Santa Rita where he was booked for commercial burglary. Det. McDonald and Det. Kindorf responded to the scene and assisted with the case.

#### Wednesday, March 9

Ofc. Kerner and Field Training Officer (FTO) Richards were detailed to Bacinada Court to take a report of an assault. It was learned that a female acquaintance had visited and became involved in a verbal argument. The female grabbed a knife and cut the victim on the arm. The female fled the residence prior to police arrival.

# Track closure and bus bridge on select weekends

#### SUBMITTED BY LES MENSINGER

BART crews will continue their work this year, replacing aging track and components of our system to ensure safe and reliable service. As part of the Building a Better BART program, there will be no train service between San Leandro and Bay Fair stations on select weekends between March and June to perform vital repairs to the equipment and tracks. The first weekend track closure will be March 26-27.

A bus bridge will be provided during normal service hours. The bus bridge will cause 30 minutes to 1 hour delays for some customers. Customers travelling between Fremont to Richmond will have to transfer to the bus bridge at Bay Fair, back to a train at San Leandro and then transfer to a

Richmond-bound train (we recommend Lake Merritt Station).

Closure dates and schedule: March 26-27: From end of service Friday and all day Saturday and Sunday

April 9-10: From end of service Friday and all day Saturday and Sunday

April 23-24: From end of service Friday and all day Saturday and Sunday

May 7-8: From end of service Friday and all day Saturday and Sunday

May 28-30: From end of serv-

ice Friday and all day Saturday, Sunday and Monday June 11-12: From end of service Friday and all day Satur-

Dates may be subject to change. Visit www.bart.gov for updates.

day and Sunday

#### Eden Health District checks into 2016 with grants and new name

#### SUBMITTED BY JONNIE BANKS

Eden Township Healthcare District rings in the New Year with a new name, "Eden Health District," a new logo, and \$250K in Community Health Fund Grants. On December 16, 2015, the ETHD Board of Directors approved grant recommendations presented by the ETHD Community Health Advisory Committee (CHAC).

Since 1999 ETHD has given more than \$9.0 million in grants to non-profit organizations and some government agencies within the District's communities. Funding priorities are based on under-served areas such as Ashland/Cherryland and Hayward, services provided directly to the community, referrals to services for those who are not aware of available health care options, as well as services to veterans and seniors.

#### The following local non-profit organizations are recipients of this year's grant funding:

Eden I & R: 2-1-1 Alameda County: \$18,000 CV VFW Post 9601: \$5,000 George Mark Children's House: \$15,000 San Leandro Unified School District: \$10,000 CALICO Center-Building Resiliency Project: \$25,000 Mercy Retirement & Care Center: \$12,500

Spectrum Community Services: \$25,000 La Familia Counseling Service: \$25,000 SOS Meals on Wheels: \$25,000 East Bay Agency for Children: Child Assault Prevention

Training Center: \$25,000 Foundation for Osteoporosis Research Foundation:

No. Cal. Society to Prevent Blindness: \$20,500 Building Futures with Women & Children: \$10,000

Cherryland Elementary/Cherryland PTA: \$20,000 For more information, contact Jonnie Banks at (510) 363-8599.

# IFE CORNERSTONES

Birth

**Marriage** 

For more information 510-494-1999 tricityvoice@aol.com

**Obituaries** 



**Fremont Memorial Chapel** (510) 793-8900 FD 1115 3723 Peralta Blvd. Fremont www.fremontmemorialchapel.com

> Georgia J. LeSire RESIDENT OF FREMONT

June 26, 1926 - February 12, 2016

**Helen Persinger** RESIDENT OF FREMONT

October 26, 1933 - February 12, 2016 **Mary Ellen Graham** 

RESIDENT OF FREMONT March 9, 1918 - February 16, 2016

Isabel N. Cabantac

RESIDENT OF FREMONT lune 17, 1938 - February 18, 2016

Bertha M. Goodwin RESIDENT OF FREMONT

February 23, 1920 - February 18, 2016

**Victor G. Franco RESIDENT OF UNION CITY** 

November 13, 1942 - February 21, 2016 **Phetsamone Singharath** 

RESIDENT OF HAYWARD September 2, 1966 - February 19, 2016

Arlene J. Furtado

RESIDENT OF FREMONT July 23, 1935 - February 22, 2016

**Anna Bobb** RESIDENT OF NEWARK

August 11, 1924 - February 23, 2016

**Mannog Yim** RESIDENT OF NEWARK

November 1, 1936 - February 23, 2016

Erie I. Jackson

RESIDENT OF NEWARK

December 31, 1928 - February 23, 2016

**Dorothy M. Martin** 

RESIDENT OF FREMONT

March 18, 1924 - February 25, 2016

Diane R. Burton

RESIDENT OF SAN JOSE January 29, 1941 - February 25, 2016

Louise E. Flanagan

RESIDENT OF UNION CITY November 12, 1946 - February 25, 2016

**Beverly A. Mitchell** 

RESIDENT OF FREMONT August 15, 1937 - February 27, 2016

Wilfredo E. Ruby, Jr. RESIDENT OF OAKLAND

May 27, 1945 - February 26, 2016

Audrey C. Wilson RESIDENT OF FREMONT

October 28, 1918 - February 27, 2016

Frank R. Cabrera RESIDENT OF UNION CITY

July 10, 1932 - February 27, 2016 Richard J. Motta

RESIDENT OF NEWARK September 4, 1927 - February 28, 2016

**Jatinder Singh** RESIDENT OF WALNUT CREEK

December 15, 1952 - February 29, 2016

Sonja T. Berger RESIDENT OF FREMONT July 21, 1929 - February 29, 2016

**Scott Clyde** 

RESIDENT OF NEWARK May 3, 1968 - February 29, 2016

**Satsue Robles** 

RESIDENT OF FREMONT July 26, 1924 - March 1, 2016

Masao "Mac" Kato RESIDENT OF NEWARK

April 15, 1928 - March 1, 2016

Gloria Jean Silva **RESIDENT OF UNION CITY** 

November 8, 1945 - March 1, 2016

**Graciela Villegas Landeros** RESIDENT OF NEWARK July 25, 1937 - March 2, 2016

Lon A. Hacker

RESIDENT OF NEWARK December 12, 1946 - March 2, 2016

> **Allie Lee Driggs** RESIDENT OF FREMONT

June 23, 1928 - March 3, 2016

Milya Nisenboym RESIDENT OF FREMONT June 18, 1922 - March 4, 2016

Manuel Lesico

RESIDENT OF FREMONT

July 14, 1920 - March 8, 2016

**Manuel Farias Bernal** 

RESIDENT OF NEWARK

September 30, 1932 - March 8, 2016

**Walter Jensen** 

RESIDENT OF FREMONT February 16, 1925 - March 9, 2016  $\operatorname{\mathsf{C}}$  hapel of the  $\operatorname{\mathsf{A}}$  ngels

Rickey J. Valencia RESIDENT OF FREMONT

February 25. 1955 - February 22, 2016

Tonja J. Ortega RESIDENT OF FREMONT

July 4, 1960 - February 24, 2016

Iona H. Haymond RESIDENT OF FREMONT August 29, 1921 - February 24, 2016

David R. Resemdez

RESIDENT OF FREMONT December 13, 1960 - February 25, 2016

Subhash M. Desai

RESIDENT OF SAN JOSE July 14, 1946 - February 27, 2016

Joan K. Strangio RESIDENT OF SARATOGA

July 4, 1935 - February 28, 2016 Herbert L. Epstein

RESIDENT OF FREMONT April 12, 1922 - March 3, 2016

**Marcia Peterson** RESIDENT OF FREMONT

July 13, 1969 - March 5, 2016

Florence M. Rodrigues RESIDENT OF FREMONT November 14, 1923 - March 4, 2016

> **Georgina Aguiar** RESIDENT OF FREMONT

June 1, 1931 - March 6, 2016

**Beverly Lawrence** RESIDENT OF DANVILLE May 15, 1922 - March 7, 2016

**Alphene Promes** 

RESIDENT OF MANTECA September 18, 1938 - March 7, 2016

> **Duane H. Rice** RESIDENT OF FREMONT

June 20, 1937 - March 7, 2016

**Dolores M. Little** RESIDENT OF CAMPBELL June 3, 1947 - March 8, 2016

Mary A. Lillpop

RESIDENT OF FREMONT August 3, 1936 - March 7, 2016

**David L. Baxter** RESIDENT OF FREMONT

October 22, 1934 - March 10, 2016 Adriana E. Adams

RESIDENT OF FREMONT July 17, 1920 - March 11, 2016

Yetkam Annie Wang RESIDENT OF FREMONT

May 4, 1930 - March 11, 2016

**Anuradha Vishwanath** 

RESIDENT OF FREMONT July 17, 1935 - March 12, 2016

Patricia J. Wills RESIDENT OF FREMONT

October 20, 1939 - March 12, 2016

Berge • Pappas • Smith Chapel of the Angels (510) 656-1226 40842 Fremont Blvd, Fremont

# LANAS ESTATE SERVICES

#### **Estate Sales, Complete or Partial** Clean out, Appraisals and more

Whether you're closing a loved one's Estate or your own, it is an overwhelming task.

Lana provides solutions for quick completion allowing you to move through the process with ease.

TAKE A DEEP BREATH, DON'T THROW ANYTHING AWAY,

Call direct or contact Lana online

Lana August Puchta

**Licensed Estate Specialist In Resale Over 30 Years** 

510-657-1908

www.lanas.biz lana@lanas.biz

#### Affordable Options to **High Priced Funerals**

www.tri-citycremationfuneralservice.com

Tri-City Gremation & Funeral Service

Cremation Starting at \$895

Burial Starting at \$895 (Casket Not Included)

**COMPARE OUR PRICES** 

**Traditional** Funerals Available 510-494-19845800 Thornton Ave., Newark, CA 94560 CA. FD #2085

**Obituary** 

#### **Audrey Wilson**

1918 - 2016

Resident of Fremont

Audrey Wilson, aged 97, passed away in peace surrounded by her loving family on February 27th, 2016. She was a 60 year resident of Fremont who was beloved and respected by family, friends, and neighbors. She was admired for her grace and quiet

Audrey enjoyed every day of work at Stanford University for more than 20 years as an accounting supervisor. She was an avid bridge player and a longtime member of the Washington Township Women's Club where she served as treasurer for several terms. For many years she was a faithful member of Holy Spirit

Audrey leaves her daughter Anne Marie Sylva and husband Don, her son Richard Wilson and wife Maryanne, her daughter Susan Tedford, and her son John Wilson and wife Sharon. She was preceded in death by her husband Robert Wilson, her sister Lillian Cramer and husband Robert Cramer, her young daughter Rosemary Wilson, and infant son David Wilson.

Audrey was adored by her grandchildren Matthew Sylva, Mark Sylva and wife Kristen, Benjamin Tedford, Kathryn Tedford Bostic and husband Ted, Patrick Wilson, and Devon Wilson. She was a treasure to her greatgrandchildren Madilyn



Sylva, Charlotte Sylva, and Trevor Bostic. She will be remembered as a loving aunt to Michael, Steven, and James Cramer and their dear families.

Audrey and her sister Lillian were born in Butte, Montana as children of Irish immigrants. The sisters set out together for California where they each married and raised families. Love of family and strength of char-acter were their hallmarks. We cherish the memory of Audrey and the love that we shared.

In lieu of flowers, donations may be made in honor of her family to the Leukemia and Lymphoma Society (www.lls.org). A Memorial Service will be

held on Saturday, March 19th, 12pm at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont. Burial private.

**Obituary** 

#### Walter O'Neal Jensen

February 16, 1925 - March 9, 2016

Resident of Fremont

Walter Jensen was born on February 16, 1925 in Moroni, UT and entered into rest on March 9, 2016 in Fremont, CA at the age of 91. He is survived by his son Allen Jensen. Preceded in death by his wife Laverne Jensen in December 2014.

He was head custodian at Centerville Jr. High for over 20 years. Walter enjoyed fishing and gardening.

On Monday, March 21st he will be laid to rest with Navy Honors at Sacramento Valley National Cemetery in Dixon, CA.

#### FREMONT CHAPEL<sup>OF</sup>THE ROSES **Fremont Chapel of the Roses** (510) 797-1900 FD1007

**Palmira Aguiar** 

RESIDENT OF NEWARK

January 15, 1922 - March 10, 2016

**Ta Hong Kwan** 

RESIDENT OF FREMONT

June 20, 1944 - March 12, 2016

**Dorothy Tavash** 

RESIDENT OF FREMONT June 27, 1934 - March 13, 2016

1940 Peralta Blvd., Fremont www.fremontchapeloftheroses.com

#### **Obituary**

#### **Dorothy May Tavash**

June 27, 1934 – March 13, 2016

**Resident of Fremont** 



Fremont—Dorothy Tavash, 81, a long-time resident of Fremont, passed away on March 13, 2016 from cancer at Park Central Rehabilitation Center. Our loving thanks to those who cared for her while she was there. Dorothy often referred to them as "family".

Dorothy was born in 1934 to Vera Minnie Tavash and Ramon Rodriguez. She grew up in Oakland, with her brother, Bob, and sister, Betty.

Dorothy worked for many years as a cashier at Grocery Outlet in Newark up until the age of 80. When she was younger, she liked to bowl and owned her own ball and bowling bag. Her favorite pastimes were playing the lottery and the slot machines at the casinos.

She is survived by her sister Betty Langfield (and her daughters Amalia and Marisa NietoGomez), and her brother Bob and his wife De Langfield (with their son, Derek Langfield). She will be missed by her family.

At her request, there will be no services.

#### **Obituary**

#### **Manuel Farias Bernal**

September 30, 1932 – March 8, 2016 Resident of Newark

Manuel Farias Bernal, 83 years, passed away on March 8, 2016. He was born in Michoacán, Mexico and immigrated to the United States alone, at the age of 15. He was always so proud saying he learned the English language in 3 months, and shortly settled in the Tri-City area. He is survived by his wife of 63 years, Catalina Flores Farias, who he married at the age of 23. Manuel is survived by his wife and children, Louis, Manuel, Irene, Carmen, Edward, Carlos and Estela. He is also survived by eleven grandchildren and ten great grandchildren and will be heartfully missed.

Manuel enjoyed fishing, bowling, playing pool and socializing with his friends. If he hadn't seen you in a long time, upon leaving, he would always tell you, "write down the house number so you don't forget". He worked for Libby, McNeill & Libby Cannery and DelMonte Cannery where he taught himself how to weld, becoming certified and eventually becoming a cannery mechanic.



Visitation will be held on Wednesday, March 16 from 5:30-8:30pm with a Memorial Vigil at 6:30pm at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536. A Memorial Mass will be held on Thursday, March 17 at 10:30am at St. Edward's Catholic Church, 5788 Thornton Ave., Newark, CA 94560. Inurnment will take place at Holy Sepulchre Cemetery in Hayward, CA.

# Parcel Tax renewal measure

#### SUBMITTED BY BRIAN KILLGORE

At its March 9 meeting, the Fremont Unified School District (FUSD) Board of Education unanimously voted to place a measure extending the District's expiring, voter-approved local education funding on the June 7, 2016, ballot for voters' consideration.

"Our local schools need continued funding to help maintain small class sizes, quality teachers, student safety and the math, science, reading and writing programs that are essential to a good education," said FUSD Superintendent Dr. Jim Morris.

To offset state takeaways, in 2010, voters approved a measure to provide stable funding at FUSD schools. These dollars have helped maintain quality education in local schools by helping to keep school libraries open and maintaining math and science programs. In the most recent audit issued by the expiring measure's Citizens' Oversight Committee, which provides audits annually to the community, the Committee reported all funds have been spent locally, benefitting all District students, as promised, with no funds spent on administrators' salaries or pensions.

"Providing a solid educational foundation in math, science, reading and writing is a top priority in our local schools," said FUSD Board of Education President, Larry Sweeney, "If enacted, the measure would continue to provide the funds needed for the District to help relieve overcrowding in classrooms, keep school libraries open and maintain programs to prepare students for college and the workforce."

If adopted by voters, the FUSD continuation measure would renew the existing voter-approved local funding at an adjusted annual rate of \$73, per parcel, for nine years to provide additional resources to help local schools continue attracting and retaining highly-qualified teachers, including science teachers, for 21st century education, maintaining math, reading and writing programs and protecting student safety and security.

"It is critical for our local schools to support a 21st century education curriculum with computers and instructional technology," Dr. Morris added. "If approved, funding from the measure will help support classroom and learning technology that will help prepare students for college and the 21st century job market."

If the Measure is approved by voters, senior citizens who have previously applied for a waiver from the Parcel Tax will remain eligible for the entire nine-year term. Waiver information for new senior citizen applicants will be posted as soon as possible. The waiver will also be expanded to include residents with certain disabilities.

# Purse snatch robberies

#### SUBMITTED BY SGT. MATIAS PARDO, UNION CITY PD

During the months of January and February, the Union City Police Department investigated a string of 11 purse snatches throughout the city. In the majority of these cases, the suspects would steal the victim's purse from either a shopping cart or from grabbing/pulling from the victim's person.

During a purse snatch investigation, conducted by Fremont Police Department, a witness provided the suspect's vehicle license plate. The suspect vehicle was a dark blue BMW, four door. Fremont Police Department, working collaboratively with the Union City Police Department, was able to identify the driver, Alexis Bostick (24) and a juvenile male (16) as being involved in the series of purse snatch thefts/robberies.

Alexis Bostick and the juvenile have been arrested. Both Bostick and the juvenile are believed to be involved in at least ten (10) purse snatches, which are considered robberies. In most instances the victim was unharmed; however, in one case a female victim was dragged for a short distance, which caused her moderate injuries.

Bostick has been charged with four counts robbery, one count felony battery, seven counts grand theft, three counts fraudulent use of debit card, two counts possession of stolen property, and one count battery with injury. The juvenile will be facing similar charges.

The Union City Police Department urges shoppers to pay attention to their surroundings and report suspicious activity. The following are additional steps to avoid becoming a victim:

Secure your valuables (purse) inside your vehicle prior to unloading/loading up goods into your vehicle.

Don't leave purse in shopping cart.

Wear purse tight to your body.

Remember that you are more important than your purse. Don't fight attackers.

Keep valuables to a minimum.

Beware of vehicles slowly driving around.

Detectives are still actively investigating these cases and possible additional cases. Anyone with information concerning this incident should contact Detective Daniel Dejong, Union City Police Department, (510) 675-5227.

Anonymous tips regarding this incident can be made by calling (510) 675-5207 or emailed to Tips@union-city.org

# Launching a capital campaign

SUBMITTED BY HAYWARD CHAMBER OF COMMERCE

The Hayward Nonprofit Alliance will be focused on fund-raising at its meeting on Thursday, March 17 when the presenter will be Tanya Hauck, vice president for university advancement at California State University, East Bay.

Title of her presentation will be "Launching a Capital Campaign" and the meeting will be held at the Hayward Area Historical Society.

Hauck was hired by the university in 2015 and has nearly two decades of comprehensive higher education and campaign experience. Previously, she served as vice president for institutional advancement at Mills College in Oakland. Before that, she launched the \$500 million Learn by Doing Promise campaign at Cal Poly, San Luis Obispo.

All Hayward chamber members and their guests are welcome to attend the Hayward Nonprofit Alliance.

Hayward Nonprofit Alliance Thursday, Mar 17 10 a.m. Hayward Area Historical Society 22380 Foothill Blvd., Hayward (510) 537-2424

# Teamwork and involvement key to success of band students

ARTICLE AND PHOTO SUBMITTED BY QUEENIE CHONG

With a little over 10 hours of rehearsal time together, over 140 top-notch junior high and high school band members of Fremont Unified School District (FUSD) delivered a captivating performance for the community on January 30 at Smith Center, Ohlone College in Fremont.

Featuring students from the junior high and high schools of all the attendance areas in Fremont, FUSD's "Honor Bands in Concert" attracted a full house of supportive community members and families that appreciate the value of music education and play a pivotal role in supporting music students.

Also instrumental in the achievement of these music students are their dedicated school band directors. Kudos to Adam Anaya, Greg Conway, William Flaherty, Ross Gershenson, Monica Kraft, Paul Lorigan, Amberle Mitchell, Veronica Peiffer, Charles Rodda, Robert Sterling, Richard Wong, and Qian Zhang!

The junior high school honor band was directed by Troy Davis, a distinguished music educator and Director of Bands and Jazz at Aragon High School, while his mentor, Dr. Eric Hammer, Professor of Music Education at the University of the Pacific Conservatory of Music, directed the high school honor band. Both guest conductors were impressed by the high-caliber performance presented by these diligent and accomplished youths of Fremont. Many of these students were also participants in the All-Northern Honor Bands and All-State Honor Bands this year.



# Park It

By NED MACKAY

Lots of family-friendly activities will be the highlight of "Splash Into Spring and Egg Scramble" on Saturday, March 19 at Crab Cove Visitor Center in Alameda. It's a free, all-day event sponsored by East Bay Regional Park District, Alameda Recreation and Parks Department, and Alameda Rotary Club. Here's the schedule:

From 10 a.m. to 11:30 a.m. activity stations will feature crafts, games, music and more. The egg scramble hunt is at 11:30 a.m. At the center's Old Wharf Classroom you can take a virtual dive into San Francisco Bay from 1:30 p.m. to 2 p.m. From 2 p.m. to 3 p.m., Family Nature Fun will feature animals that lay eggs. And from 3 p.m. to 3:30 p.m. it's fish feeding time at the center's large aquarium. Family Nature Fun repeats on Sunday, March 20 at the same time.

Crab Cove is at 1252 McKay Ave. off Alameda's Central Avenue. For information, call (510) 544-3187.

Down at Coyote Hills Regional Park in Fremont, there's a **wetlands exploration** planned from 10 a.m. to 11:30 a.m. on Saturday, March 19 led by naturalist Kristina Parkison. The group will embark on a scavenger hunt for insects, mammals, fish and birds using dip nets and binoculars. The activity is for ages 6 and older. Meet at the park visitor center at the end of Patterson Ranch Road off Paseo Padre Parkway. For information, call (510) 544-3220.

At Tilden Nature Area near Berkeley, **moon games** are on the agenda from 2 p.m. to 3 p.m. on Sunday, March 20. This is because the moon will pass behind the Earth's shadow on March 22. The program will include astronomical information and

some solar-system craft making. Moon games will be at Tilden's Environmental Education Center at the north end of Central Park Drive. Call (510) 544-2233 for information.

The naturalist-led "Hikes for Tykes" series continues with a 1-mile hike at Lake Temescal for parents with small children. It's from 10:30 a.m. to 11:45 a.m. on Tuesday, March 22. Meet at Lake Temescal's north entrance on Broadway near the junction of Highways 13 and 24. Bring a snack. Strollers aren't recommended. For information, call (510) 544-3187.

Weather permitting, the family animated comedy, "Minions," will be the featured attraction at a free outdoor movie night from 7:30 p.m. to 9:30 p.m. on Saturday, March 19 at Kennedy Grove Regional Recreation Area in El Sobrante. Rain cancels the show.

Arrive early to secure a good seat and enjoy pre-movie entertainment. You should bring a flashlight, clothes to stay warm, and a blanket or chair for sitting. There will be snacks and drinks for sale. No pets, please.

To reach Kennedy Grove, drive north on Camino Pablo from Orinda. Camino Pablo becomes San Pablo Dam Road; the park entrance is about a mile past the entrance to San Pablo Dam Recreation Area. For information, call (510) 544-2553.

Plants of the Delta are the topic of a program from 2 p.m. to 3 p.m. on Saturday, March 19 at Big Break Regional Shoreline in Oakley. The staff naturalists will talk about what grows in the Delta and help visitors make a native plant seed ball to take home for their gardens. Big Break is at 69 Big Break Rd. off Oakley's Main Street.

Naturalist Mike Moran continues his citizen-assisted bird census with a bird walk from 9 a.m. to 11:30 a.m. on Thursday, March 31on the Marsh Creek Regional Trail in Brentwood. Mike has spent years documenting the variety and numbers of birds of prey on the east side of Mt. Diablo, and you can help him. No experience is needed; Mike will explain how to identify the hawks, falcons and eagles.

The hike is free, but registration is required. Call (888) 327-2757 (option 2), and refer to program 12758.

# Innovative housing idea

Local Group Explores Innovative Housing Idea

# Three Bay Area communities customize the cohousing concept

Neighborhoods are as distinctive as the people who live in them. When the people intentionally form their own neighborhoods, the distinctiveness may be magnified. Three neighborhoods in the Bay Area exemplify how this works. They have embraced the cohousing model and made it their own. They are Temescal Creek and Swan's Market in Oakland, and Mountain View Cohousing in Mountain View. All three will be available for touring April 30 on National Cohousing Open House Day.

Cohousing is a term that describes the old/new idea of neighbors intentionally creating the best aspects of small-town living—living in privately owned homes in a neighborhood designed to stimulate community interaction. A group of Southern Alameda County friends has formed Mission Peak Cohousing with the intention of establishing a neighborhood of its own in Fremont, and many of the members will attend the three Bay Area communities' Open House Day to gain inspiration and seek advice.

"We're still early in the process," points out Jane Mueller, one of the founding members of Mission Peak Cohousing. "We are searching for a site and sorting out our priorities. The tour will give us some ideas to fuel discussion."

Temescal Creek is a cohousing community fashioned primarily by retrofitting existing residences in a neighborhood in north Oakland. Begun in 1999, it has 12 units, a common house, a community garden and hot tub. It is a model for innovative urban infill housing that incorporates the community's ideals of environmental sustainability and social justice.

Swan's Market, completed in 2000, was the 50th cohousing community to open in North America. Located in downtown Oakland, it is still the most urban cohousing community in the U.S. Its 20 households share an innovative mixed-used historic-preservation development site with affordable rental apartments, retail, offices and eight restaurants. They have a 3,500 square-ft. common house and a garden.

Mountain View is a new old-fashioned neighborhood of 19 upscale, energy-efficient condominiums and common facilities located on a 1.1-acre lot in the Old Mountain View residential neighborhood, within walking distance of the center of town and the CalTrain and light rail station. Residents moved in last year. They have renovated the Abbott House, a historic (1885) farmhouse that existed on the property. They are still working on some aspects of the landscaping and organic garden.

National Cohousing Open House Day is open to the public. Also open to the public in April, internationally known cohousing experts Kathryn McCamant, president at CoHousing Solutions, and Charles Durrett, principal at McCamant & Durrett Architects, will be in Fremont to present an overview of cohousing to a local audience. The City of Fremont is joining with Mission Peak Cohousing to sponsor a public presentation at 6:45 p.m. on April 8 in the Fukaya Room at Fremont Main Library.

The following two days, April 9-10, Mission Peak Cohousing members will take a major step forward in making the cohousing concept a reality for the Tri-City area. They will participate in a weekend workshop conducted by McCamant and Durrett entitled "Getting It Built."

#### Event Details:

Presentation: Put the Neighbor Back in
Neighborhood
Friday, Apr 8
6:45 pm.
Fremont Main Library
2400 Stevenson Blvd, Fremont
Open to the public without charge

Getting It Built—A Weekend Workshop on Cohousing

#### Saturday & Sunday, Apr 9 & Apr 10

Topics: the cohousing process (organizing and roles); technical issues (financing and designing); working together (decision making and group interaction); and what next (next steps to getting it built).

Enrollment: Eight spots are left for potential residents and developers interested in building a cohousing community. Pre-registration only. Fee: early-bird discount is \$350 if postmarked by March 22; after March 22, \$400 by March 31. To register, contact MissionPeakCohousing@gmail.com.

#### National Cohousing Open House Day

#### Saturday, Apr 30

Hours vary by location. For detailed information, see www.cohousing.org/openhouse2016.

Next week: Local group joins increasingly popular cohousing movement

Mission Peak Cohousing is a group of friends forming a cohousing community in Fremont. For information, contact

MissionPeakCohousing@gmail.com.

Below: Photo By Marcia Lepler, Mountain View Cohousing

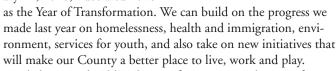


# Cortese proposes new initiatives for 2016: The year of transformation

By Supervisor Dave Cortese

I am honored to serve a second year as president of the Santa Clara County Board of Supervisors, and I know the community will come together, as it did last year, to face our most pressing challenges of 2016.

At the State of the County event on Wednesday, February 24, 2016, I declared 2016



I believe we should make transforming our jails as our first priority, while continuing to tackle homelessness and our work on other core areas.

Jail reform: After the death of inmate Michael Tyree in our Main Jail last year, we created a Blue Ribbon Task Force on Custody Operations to conduct an independent review of our jail system. I look forward to their recommendations to the Board at our meeting on April 12. Dramatic changes need to be made, and I'm hoping we can start by providing treatment for mentally ill offenders instead of jailing them. I support a permanent Oversight Commission to make sure that our jails will be safe for inmates, corrections officers and visitors.

Homelessness: The Housing Task Force that last year to came up with new ideas to help our homeless population set us on a course to expand services and shelter, with a focus on homeless veterans. No man or woman who fought for his country should sleep under a bridge at night.

I am challenging all of us to start looking at homelessness not as a problem to be solved by a moral obligation to be filled – by all of us. I ask you to start by keeping an open mind when a site is proposed for temporary shelter, rent apartments to homeless veterans and support nonprofits that serve the homeless.

Here are some other initiatives I propose for 2016. I will keep you updated with how to get involved.

Immigrant relations: Working with our new Office of Immigrant Relations, I advocate that we set up an Immigrant Programs Task Force with the goal of creating a one-stop shop for immigration services. We recently celebrated our future Vietnamese American Service Center, which also is a hub for services.

Alviso Marina: Last year, we started educational boat tours at Alviso Marina County Park, using the navigable waterway to the Bay. I'm proposing that the Alviso Marina be designated regionally as an access port for emergencies and rescue services.

National Heritage Area: We are embarking on a mission to have the U.S. Congress designate the County as a National Heritage Area. The designation not only celebrates our history, traditions and culture, but can open the door to federal grants. I'm proposing a Task Force to guide the process along and involve the community.

Outreach Strike Team: Let's create an Outreach Strike Team, a unit of employees who can mobilize face-to-face when it is crucial that information be received and understood by all the residents in our County.

To read the State of the County Speech or view it, visit www.sccgov.org. And you can contact me at (408) 299-5030 or email me at dave.cortese@bos.sccgov.org.

### Students to compete at **Ohlone College High School**

# Theatre Festival



#### **SUBMITTED BY OHLONE COLLEGE**

For two days each spring, the Ohlone College campus is overrun with performers from high schools across the state. Virtually every open space is staked out as a rehearsal area and at any time you may encounter someone reciting Shakespeare, singing Broadway show tunes, or liberally applying stage makeup in preparation for their upcoming shot onstage.

The Ohlone College High School Theatre Festival, which takes place March 18-19, has been held every year by the Ohlone Theatre Department for the past 22 years.

The Festival is the largest of its kind in Northern California with over 850 high school students participating from more than 20 different high schools from all around the Bay Area— and some from as far away as Grass Valley and Hollister. They converge on the Ohlone College campus in Fremont for competition, inspiration, and instruction at the Festival.

"We are excited to welcome back high school students from all over California to support the work they do in theatre, dance, and film. Ohlone is proud to cultivate and celebrate the next generation of artists," says Festival

organizer and Ohlone professor Michael Navarra. The festival requires a huge effort on the part of many individuals to plan and run the event. Support for the High School Theatre Festival requires 30 high school teachers, almost 100 judges, and 60 Ohlone student and staff coordinators.

Designed to encourage young theatre artists developing their craft, the festival provides a venue for students to showcase their talents through energetic competition. Students also benefit from being introduced to exciting new material, interacting with other students, and observing their peers while watching all the events.

Students compete for 100 awards in 35 categories in performance, improvisation, dance, technical theatre, and design in dramatic, musical, contemporary, or classical theater productions put on by the students. Professional theatre artists from all over the Bay Area serve as judges to provide feedback and support for the students' work.

Three top awards are given to igh schools with the most points scored: the Festival Sweepstakes for the highest cumulative score, the Judges Sweepstakes for the highest scored single performance, and the Tech Sweepstakes for the highest total score for tech and design.

#### \*\* Customer Loyalty On Steroids Proximity Marketing Has Finally Arrived!





#### 8 Benefits of Digital Punch Cards with Mobile Wallet

- Drive more in-store foot traffic (in-person) to your business 1.
- 2. Affordable loyalty solutions saving you money and time
- Eliminates loyalty campaign fraud as with paper cards
- Increase customer loyalty and repeat business
- Boost customer spend and overall sales by 48%
- 6. Provide an enhanced consumer experience
- 7. Differentiate your business from the competition
- 8. Communicate offers with your customers via Punch Card Message Works With All Smartphones & Smart Watches!









Achieve Your Business Goals With Our Mobile Marketing Solutions Call Today For A Free Consultation – (510) 698-2646 MENTION THIS Ad FOR A Special Limited Time Discount

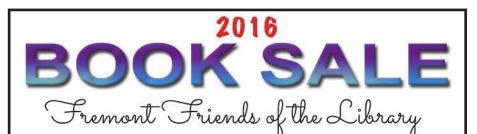


MOBILE MARKETING SOLUTIONS

www.afanaenterprises.com







#### **Old Library/Teen Center**

39770 Paseo Padre Parkway, Fremont **Enter Park at Sailway Drive** 

Saturday, March 19- 10am - 3pm Sunday, March 20 - 12 Noon -3pm

Clearance Sunday - \$5 per bag Bring your own grocery bags

\$1.00 per inch Stacked

For Information 510-494-1103

All proceeds from our book sales are given to the Fremont Library System





#### DISTRIBUTION CENTER TEAM MEMBER

Be a part of a new revolution! thredUP is disrupting the secondhand clothing industry and changing how people shop for women's and kids' clothing. Join a fun and passionate company that is inspiring a new generation of consumers to think secondhand first.

#### JOB DETAILS:

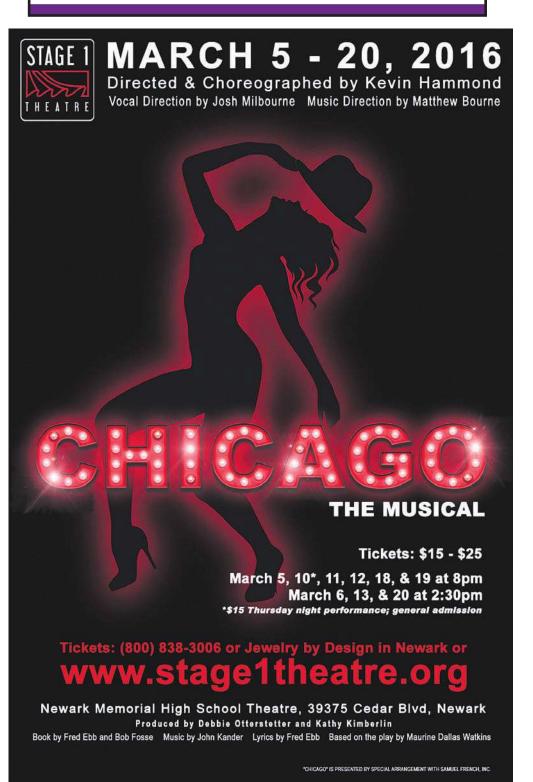
- Light-industrial work
- (minimal heavy lifting or working with machinery)
- Customer-centric role
- Fast-paced working environment with development and growth opportunities
- Great compensation package
- \$11.00/hr starting rate. Eligible for additional increases based on performance post-probationary
- Post-probationary benefits, pay increase, and 3,000 stock options

TWO SHIFTS: 5:45am - 2:15pm and 2:30pm - 11:00pm

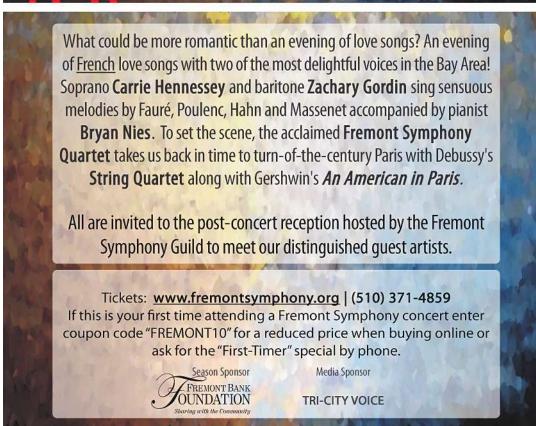
#### **REQUIREMENTS:**

- Must possess great attention to detail
- Must be able to work well with others and be a team player
- Must have 2-year solid work experience
- Must pass drug screening + background check

CONTACT: dcjobs@thredup.com







# GIVE YOUR BODY A MAKEOVER WITHOUT DIET, EXERCISE OR SURGERY.

Now you can transform yourself without diet, exercise or surgery. Sculpt yourself with CoolSculpting®

CoolSculpting® is the only non-surgical body contouring treatment that freezes and eliminates stubborn fat from your body. There are no needles, no special diets and no downtime. It's FDA-cleared, safe and proven effective.







#### Dr. Eric Okamoto, M.D.

Visit our new website for more information on Coolsculpting & other services WWW.drokamoto.com

**CALL TODAY** 

510 794-4640

39380 Civic Center Drive, Suite B | Fremont

NEED DENTAL INSURANCE - THINK MELLO 510-790-1118 www.insurancemsm.com #OB84518

APPLEBEE'S & PACIFIC COMMONS PRESENT:

# BREAKFAST WITH THE EASTER BUNNY

SATURDAY, MARCH 26

8:00AM-10:00AM





PACIFIC COMMONS
SHOPPING CENTER





TICKETS ARE AVAILABLE TO PURCHASE ONLINE AT https://www.z2systems.com/np/clients/fef/eventRegistration.jsp?event=2329&
OR IN-PERSON AT APPLEBEE'S IN PACIFIC COMMONS



Award Winning Jean Rajeev Gupta

Rajeev Gupta
Home Sales Specialist
Remax Accord
CA BRE # 01232943

Remax Accord
CA BRE # 01232943
39644 Mission Blvd., Fremont
510-697-7750

Home Loan Specialist
Home Advantage
CA BRE # 01424265
702 Brown Road, Fremont
510-520-7770



FHA home loans with 3.5% down\* Call to qualify.

WWW.realtytrain.com CA Lic.
Broker

#### NOW HIRING

#### CONVENIENCE STORE MANAGER

Immediate opening for a Convenience Store Manager in Fremont, California. The Store Manager (SM) will manage, direct, and supervise the daily operations of the store. He/ She will maintain a pleasant and courteous environment for customers and team members according to company goals, policies, and procedures.

#### Requirements:

- -Minimum of 3-5 years management experience including staff management of 5 or more employees; previous convenience store experience preferred
- -Excellent communication, organizational, and leadership skills required
- -Strong work ethic, energy, and motivation
- -Willing to work weekends and night shifts as needed -Maintain a clean and safe working environment

Compensation: Up to \$25/hr, a performance based bonus structure, and growth opportunities dependent on management experience. Benefit programs including medical and dental insurance, paid vacation, and incentive bonus plan and exciting opportunities for advancement. Equal Opportunity Employer. M/F/D/V. Email resumes to <a href="mailto:jdecker@eaglecanyoncapital.com">jdecker@eaglecanyoncapital.com</a>, or call 925-402-1217 for information.

