

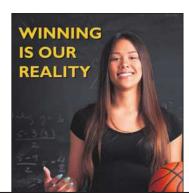
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Ridge



San Leandro

Santa comes to



Chabot features Snapshots of Success

Page 22

# **TRI-CITY VOICE** SERVING FREMONT, HAYWARD, MILPITAS, NEWARK, SUNOL AND UNION CITY

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**December 29, 2015** 

Vol. 14 No. 52

#### **Fremont Art Association hosts**

# GERTRUDE STEIN SHORN

#### SUBMITTED BY SUSAN HELMER

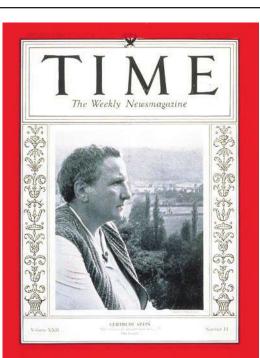
inety years ago one of the most famous haircuts in history took shape in Paris. At the beginning of 1926, Alice B. Toklas cut off the long Edwardian tresses of writer, art collector, and salonnière Gertrude Stein, creating what would become one of the most famous looks in literary history.

Where better to celebrate this daring reinvention than at the Fremont Art Association (FAA), where Gertrude Stein's cousin, Denny Stein, is president. To commemorate this anniversary, FAA will be feature an exhibition "Gertrude Stein Shorn," including artworks inspired by Stein and her life-partner, Toklas. Additional events include discussions, readings, and live performances, echoing Stein's famous salon where the likes of Picasso, Matisse, Hemingway, and Man Ray met and discussed their art, challenging each other to experiment with new forms and mediums.

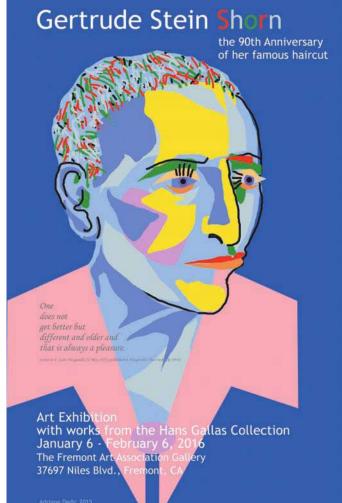
continued on page 6

Stein on the cover of Time Magazine, September 11, 1933

A plaque marks 27 Rue de Fleurus in Paris, the former home of Gertrude Stein and Alice B. Toklas









#### **Olive Hyde brings**

### A Touch of Red

to the New Year

SUBMITTED BY DIANE LEYS

Opening the New Year with "A Touch of Red," Olive Hyde Art Gallery brings the work of the abstract 7, a collective of seven artists, to the Fremont community. United by their passion for and involvement in contemporary art, abstract 7 artists will exhibit artworks in several media, including watercolors, acrylics, oils, printmaking, photography, assemblage and sculpture.

After 34 years in the Biosciences at Stanford University, Yao-pi Hsu picked up a camera. Seeking a bridge between art and science, she hopes to capture those moments that reveal truth and understanding. Hsu has received many awards for her photography, and is considered by many to be one of the most respected photographers in the region. The Triton Museum of Art's chief curator has written, "Hsu's photos, while ostensibly of nature, reach far beyond the mere replication of a location to become poems of the world in which we exist, and ultimately of which we are a part."

As an acrylic and water media artist, Rajiv Khilnani received an Award of Excellence in the Mixed Media category from Santa Clara's Triton Museum in 2007.

continued on page 12



Photo by David R. Newman



TCV reporter David R. Newman experiences the duties of a firefighter at Hayward's Fire Ops 101. Photo by Don Nichelson.

# Fire **Ops 101**: a hands-on look into the life of firefighters

By David R. NEWMAN

It was early on the morning of October 14, 2015, when twelve brave civilians gathered at Hayward Fire Station #6 to take part in Fire Ops 101, a one day training exercise intended to educate public officials and media representatives on the daily operations of a local fire station.

I was one of them. One of nine fire stations in Hayward, #6 is located on West Winton Avenue, adjacent to the Hayward Executive Airport. Nervous and excited, I walked through the station to the staging area in back. The grounds are large enough to hold several older fire engines, as well as a four-story central training tower that loomed ominously above me. Thanks to the passage of Measure C in 2014, this aging facility will soon get a new facelift to help improve firefighter training.



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# Preventing Injuries While Exercising

cine specialist with Washington

"As we approach the begin-

ning of a new year, many people

resolve to start out on a new exer-

thing," Dr. Zonner says. "Unfor-

tunately, a lot of those people try

end up getting excessively sore or

cise program, which is a good

to do too much, too soon and

Sports Medicine.

Exercising more frequently is a common New Year's resolution for many people. As this New Year begins, sports medicine specialist, Dr. Steven Zonner, with Washington Sports Medicine recommends finding a healthy balance of exercise that prevents sports injuries while helping you stay fit. Such injuries caused by exercise can be painful and hard to treat, but they are often easy to prevent. To learn more about the prevention and treatment of injuries related to physical activity, consider attending the Washington Sports Medicine education series in 2016.

e all know that injured. Excessive soreness and exercise is good injuries provide negative feedback for us. Staying about the value of exercise, rather fit can help imthan positive reinforcement. So I prove our quality of life and keep recommend that people who us healthy. But many of us don't want to embark on an exercise know enough about how to preregimen start slowly to reduce the vent being injured while exercisrisk of injury." ing, according to Steven Zonner, Dr. Zonner notes that the DO, a primary care sports medi-

American College of Sports Medicine recommends getting a minimum of 30 to 60 minutes of moderate-intensity exercise, five days per week, or 20 to 60 minutes of vigorous-intensity exercise three days per week. An example of vigorous-intensity exercise would be walking at a brisk pace to the point where you cannot hold a conversation.



"For beginners, though, that recommendation might be too much," he cautions. "Instead of trying to exercise a lot and risk injury, why not at least get a little exercise? So you could start with brisk walking for 15 minutes, three times a week for three weeks. Then you can gradually build up to 30 minutes of brisk walking, five times a week. Of course, you should consult with your physician before starting any new exercise program to ensure your safety."

#### Learn the Basics of Muscle Movements

Explaining that the muscles are the "locomotive" of the human body, Dr. Zonner encour-

ages people to learn more about how our muscles work before starting a new exercise program. He believes that once you understand the mechanics of how your muscles work, you can learn to exercise in a way that builds greater strength and better control, while maintaining flexibility.

"In general, when you look at a model of the human anatomy, the muscles in the front part of the body are the ones that move us," he says. "The muscles in the back of the body are the ones that control movement, and they are more prone to injury. Muscles work by shortening or contracting. Concentric contraction — which occurs when the muscles

shorten – is the primary means of generating movement. Examples of concentric contraction would include lifting something with your arms, standing up or doing sit-ups by using the abdominal muscles. That's the way our muscles prefer to function.

"The second type of muscle contraction is isometric, in which the muscle does not change length," he continues. "An example of an isometric contraction would be carrying an object in front of you. The weight of the object would be pulling downward, but your hands and arms would be opposing that downward motion with equal force going upwards.

continued on page 5

# InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com





	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	
	12/29/15	12/30/15	12/31/15	1/1/16	1/2/16	1/3/16	1/4/16	
12:00 PM 12:00 AM	Kidney Transplants	Snack Attack		Women's Health Conference: Food and Mood: How One Can Affect the Other	Strengthen Your Back! Learn to Improve Your	Heel Problems and	Diabetes Matters: Sugar Substitutes - Sweet or Sour?	
12:30 PM 12:30 AM	,	Reach Your Goal: Quit Smoking	Raising Awareness About Stroke	Inside Washington Hospital: Stroke Response Team	Back Fitness	Treatment Options	Your Concerns InHealth: Sun Protection	
1:00 PM 1:00 AM	Learn How to Eat Better!	Heart Irregularities		Learn About Nutrition	Eating for Heart Health by Reducing Sodium	Family Caregiver Series: Fatigue and Depression		
1:30 PM 1:30 AM	How Healthy Are Your	ricare irregularioes	How to Maintain a Healthy Weight: Good Nutrition is Key	for a Healthy Life	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy	Alzheimer's Disease	Women's Health Conference: Aging Gracefully	
2:00 PM 2:00 AM	Lungs?		Minimally Invasive Options in Gynecology	- Washington Township Health Care District Board Meeting December 9, 2015			Washington Township Health Care District Board Meeting December 9, 2015	
2:30 PM 2:30 AM	What Are Your Vital Signs Telling You?	Washington Township Health Care District Board Meeting December 9, 2015			Meatless Mondays			
3:00 PM 3:00 AM	Family Caregiver Series: Care for the Caregiver		Shingles	2555,1150, 1,2515	Family Caregiver Series: Tips for Navigating the Healthcare System	Sports-Related Concussions		
3:30 PM 3:30 AM 4:00 PM	Deep Venous Thrombosis	Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate	Dietary Treatment to Treat Celiac Disease	Inside Washington Hospital: Patient Safety	Hip Pain in the Young and Middle-Aged Adult	Diabetes Matters:	Arthritis: Do I Have One	
4:00 AM 4:30 PM	THROMBOSIS	Minimally Invasive Surgery for Lower Back	Treat Cellac Disease	GERD & Your Risk of Esophageal Cancer	Middle-Aged Adult	Protecting Your Heart	of 100 Types?	
4:30 AM 5:00 PM	Keys to Healthy Eyes	Disorders	Take the Steps:What You Should Know About Foot Care	Lsophageal Cancel	Voices InHealth: Healthy Pregnancy  Get Back On Your Feet:	Latest Treatments for Cerebral Aneurysms	Inside Washington Hospital: Rapid Detection of MRSA	
5:00 AM 5:30 PM	From One Second to the Next	Women's Health Conference: Can	Learn More About Kidney Disease	Peripheral Vascular Disease: Percutaneous (Under the Skin) Treatment  Family Caregiver Series:		Voices InHealth:The Legacy Strength Training System  Diabetes Matters:	Don't Let Back Pain Sideline You	
5:30 AM 6:00 PM	Heart Healthy Eating After Surgery and Beyond	Lifestyle Reduce the Risk of Cancer?	Diabetes Matters: Insulin:	Nutrition for the  Caregiver		Partnering with your Doctor to Improve Control		
6:00 AM 6:30 PM	Heart Healthy Eating After Surgery and Beyond Voices InHealth: New	New Treatment Options for Chronic Sinusitis	Everything You Want to Know		Washington Township Health Care District Board Meeting December 9, 2015  Washington Women's Center: Cancer Genetic	Washington Township Health Care District Board Meeting December 9, 2015  Sidelined by Back Pain?	Don't Let Back Pain Sideline You	
6:30 AM 7:00 PM 7:00 AM	Surgical Options for Breast Cancer Treatment	Varicose Veins and Chronic Venous Disease	Turning 65? Get To Know Medicare	Community Based Senior Supportive Services			Eating for Heart Health & Blood Pressure Control	
7:30 PM 7:30 AM	Knee Pain & Replacement		The Weigh to Success	Diabetes Matters: Diabetes Meal Planning			Voices InHealth: Demysti- fying the Radiation Oncology Center	
8:00 PM 8:00 AM	Mahinggan Tayunghia	Low Back Pain	Mahinatan Taumahia	Keeping Your Heart on	Counseling	Get Back in the Game	Diabetes Matters:What to Expect When	
8:30 PM 8:30 AM	Washington Township Health Care District Board Meeting December 9, 2015	Family Caregiver Series: How Do You Talk to Your Doctor?  Don't Let Hip Pain Run	Washington Township Health Care District Board Meeting December 9, 2015	the Right Beat	Family Caregiver Series: Medication Safety	Inside Washington Hospital: The Emergency Department	Hospitalized with Diabetes	
9:00 PM 9:00 AM	December 7, 2013		December 7, 2013	Voices InHealth:The Greatest Gift of All	Strengthen Your Back	Diabetes Matters:The Diabetes Domino Effect: ABCs	How to Prevent a Heart Attack	
9:30 PM 9:30 AM	What You Should Know About Carbs	You Down	You Down	Superbugs: Are We Winning the Germ	Washington Women's Center: Sorry, Gotta Run!	Peripheral Vascular Disease: Leg Weakness,	Your Concerns InHealth: Decisions in End of Life Care	Women's Health Conference:Age
10:00 AM	and Food Labels	Living with Arthritis	War?	Diabetes Matters: Key to a Healthy Heart with	Symptoms and Treatment		Appropriate Screenings  Voices InHealth:	
10:30 AM	Skin Cancer	Acetaminophen Overuse Danger	Diabetes Matters: Healthy or Hoax	Diabetes	Cough and Pneumonia: When to See a Doctor	Do You Suffer From Anxiety or Depression?	Cyberbullying - The New Schoolyard Bully	
11:00 AM	Getting the Most Out of Your Insurance When You Have Diabetes	Your Concerns InHealth: Senior Scam Prevention	Learn If You Are at Risk for Liver Disease	Lunch and Learn:Yard to Table	Crohn's & Colitis	Disheres Marrows	Washington Women's Center: Cholesterol and	
11:30 PM 11:30 AM	Voices InHealth: Radiation Safety	Sellioi Scalli Frevention	IOI LIVEI DISEASE	Diabetes Matters: Strategies for Support		Diabetes Matters: Diabetes & Stroke:What's the Connection?	Women	

#### New Year's Resolution: Stroke Prevention

troke, the fifth leading cause of death in the United States and the leading cause of long-term disability, is 80 percent preventable, according to Dr. Ash Jain, cardiologist and medical director of the Washington Hospital Stroke Program.

A stroke is damage to the brain that occurs when circulation to the brain is impaired, usually from a blood clot or ruptured blood vessel. The most important thing anyone can do to prevent stroke is to understand the risk factors, how they apply to you, and then to begin to treat them. Risk factors include high blood pressure, high cholesterol levels, smoking, excessive alcohol consumption, physical inactivity and obesity.

If you have any of these risk factors, stroke prevention should be at the top of your New Year's list of resolutions.

To further educate the public about stroke prevention and treatment, Washington Hospital is offering a series of free education programs open to the public beginning Tuesday, January 5.

The first program, "Stroke Prevention and Other Disease Processes; Health Lifestyle — Be Smart and Avoid Stroke" will be held from 6 to 8 p.m. in the Conrad E. Anderson MD,

Auditorium, room B at Washington West, 2500 Mowry Avenue, Fremont. To register for the free seminar, call (800) 963-7070 or visit www.whhs.com.

In addition to prevention, early recognition of the signs of stroke is essential. "The sooner we can treat a patient who has suffered a stroke, the better the results are likely to be," Dr. Jain said.

"The degree of the patient's disability is determined by how big the stroke is and what part of the brain is affected," he explained.

Disability is defined as difficulty speaking and communicating, difficulty using one's arms or legs due to paralysis, blindness and/or difficulty swallowing. Stroke survivors often lose their independence and ability to live the same life they lived before the stroke.

The best way to detect a stroke is to "Think FAST."
Look for the following signs:
Facial weakness — sometimes an

asymmetrical smile or droop. **A**rm weakness — one arm is weak and drifts down when the person is asked to hold his/her

Speech impairment — is the person able to speak? If so, are the words slurred or unclear?

Time — it is an emergency. Call 911 immediately.

# STROKE IS AN EMERGENCY ACT FAST CALL 911



Washington Hospital
Healthcare System
www.whhs.com/stroke

Being familiar with the acronym F.A.S.T. can help to identify a stroke and potentially save a life.

"The good news is that stroke generally is preventable, but the bad news is that the risk factors for stroke can be hidden," added Doug Van Houten, RN, Washington Hospital Stroke Program coordinator. These "hidden" factors include cardiac arrhythmias, hypertension, high cholesterol and diabetes, along with smoking, using drugs and drinking alcohol to excess.

If you suspect a stroke, call 911 immediately. Treatment must begin within a short few hours from the onset of the stroke, Dr. Jain emphasized. Brain damage occurs quickly: a person suffering a large stroke loses two million brain cells every

minute, according to the American Stroke Association.

For stroke victims, the cutting-edge care at a certified Primary Stroke Center like that at Washington Hospital is critical to mitigating the damage from a stroke.

"Our primary goal is to open the artery where the obstruction to blood flow is located as quickly as possible once a patient reaches our emergency room, because time is everything when it comes to effective management of a stroke," Dr. Jain said. "Even small delays can have heavy costs, and research has shown that outcomes are better when people can properly identify

signs of stroke and seek help immediately."

However, Van Houten added, the best treatment is preventative: deal with the risk factors in advance. And, if you have had a previous stroke or have a disease that is identified with stroke susceptibility — such as diabetes, heart and circulatory problems or high blood pressure — take active and aggressive steps to manage those diseases so that they don't lead to a stroke sometime in your future.

"Make sure you see your doctor regularly for a complete check-up," Dr. Jain said. And, he urged, "Be sure to be checked for irregular heartbeats as that is a condition that causes one-third of strokes and often doesn't show up in regular exams."

#### Future Stroke 101 programs include:

**February 2:** Living with Stroke Future in Diagnosis and Management

March I Introduction — Stroke Risk Factors for Stroke

**April 5:** Acute Management of Stroke Chronic Care and Stroke

Rehabilitation

and Avoid Stroke

May 3: Stroke Prevention and Other Disease Processes Healthy Lifestyle — Be Smart

June 7: Living with Stroke Future in Diagnosis and Management

#### **Ask the Doctor**

This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at:
askthedoctor@whhs.com

# Tips for Keeping New Year's Resolutions and Coping with Depression During Holiday Season

Dear Doctor,

With New Year's approaching I wanted to come up with a resolution I could maintain and that would also impact my health for the better. Any suggestions?

Dear Reader,

While New Year's resolutions are well intentioned, most fall to the wayside shortly after the promise is made, due to the impossibility of maintaining such drastic lifestyle changes on a day-to-day basis. If you plan on making a resolution that affects your health, my recommendation is that you create a stepwise plan. A stepwise plan is a structured, stepped path to improvement, which gradually increases in complexity over time, until you reach your goal. For example, if going to the gym is your resolution, then begin by outlining a plan that can be implemented in your life now, then step it up as time goes on. You may choose to start by going once a week for one month and increasing the frequency monthly, or you may begin by taking a class twice a week and changing the difficulty of the class every other month. This approach is ideal because it sets small, realistic goals that are attainable at first, rather than extreme, daunting ones that are almost always abandoned due to their impractical nature. Best of luck!

Dear Doctor,

My husband suffers from depression and I notice that his depression gets worse during the holidays. Is there anything I can do to help him through?

Dear Reader,

Holiday and post-holiday depression is very common. To begin, make sure your husband takes all of his recommended medications and attends any appointments for therapy that he may have. Your husband may also want to consider additional one-on-one time with a physician, and you can encourage him to join a holiday support group. Keep him distracted with holiday festivities, while also allowing him space to talk about how he is feeling. Finally, helping your husband maintain his established routines is an important way to mitigate the feelings of doom and despair that are common among patients who suffer from depression.

#### Mary S. Maish, M.D.



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master's degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.



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Washington Wellness Center

# 'Fixing to Stay' initiative launched



From left: Congressman Mike Honda (D-Silicon Valley); Spectrum Executive Director Lara Calvert; Alameda County Healthy Homes Department Director Maricela Foster; Fremont Mayor Bill Harrison; and Betty Blandino from Kaiser Permanente

# SUBMITTED BY ALAMEDA COUNTY HEALTHY HOMES DEPARTMENT PHOTOS COURTESY OF JULIE TWICHELL

Alameda County's Community Development Agency's Healthy Homes Department (ACHHD) inaugurated their newest initiative, "Fixing to Stay," on Tuesday, October 13, 2015 at Anthony and Shirley Bruno's residence in Fremont. The groundbreaking highlighted programs and services that assist seniors, the elderly, disabled and their families to age in place with independence and dignity.

The event included a tour of the home modifications already completed in the home of the Bruno family, as well as additional services to be delivered by additional partners such as Home Depot and Spectrum Community Services. "We know there is an urgent need to safely house our growing senior population. Affordable housing efforts must include supportive programs that coordinate repairs in existing housing with senior services in order to meet this need. The Healthy Homes Department has long demonstrated leadership in creating innovative solutions to work with our residents to resolve unsafe housing conditions and meet this challenge head on," said Congressman Mike Honda (D-Silicon Valley), who also graced the event.

Substandard housing has become the affordable housing option for many low-income families and seniors. This puts vulnerable residents at increased risk of housing-related health problems, including respiratory illness, isolation and serious injuries. Fixing to Stay program includes a workforce of community health workers, public health nurses and housing rehabilitation experts serving at the intersection of health, housing and social services in partnership with well-known senior service providers.

The event highlighted how Fixing to Stay aligns services to help address the complex health and housing needs of older adults, as well as the need to leverage resources to provide comprehensive services. "Hopefully this event will highlight the need to fund more government services that prevent fragmentation to meet the needs of our elders," stated Maricela Foster, ACHHD Director. Partial funding for Fixing to Stay comes from Community Development Block Grant provided by Fremont and other cities.



Congressman Mike Honda (right) with Shirley and Anthony Bruno

# Abode Services receives CalWORKs Award

SUBMITTED BY CHRIS DE BENEDETTI

Abode Services, which has provided homes to more than 4,400 Bay Area adults and children since 2010, received the Santa Clara County CalWORKs "Community Partner of the Year" Award. The Fremont-based organization received the honor at the 25th annual CalWORKs Client Achievement Awards ceremony held in the County of Santa Clara Board of Supervisors Chambers. At the ceremony, the inspiring testimonies of 10 resilient and tenacious clients who have overcome significant challenges to create better lives for themselves and their families were showcased.

The California Work Opportunity and Responsibility to Kids (Cal-WORKs) program provides a safety net for low income and financially struggling families throughout Santa Clara County. Participants customize their own plan to develop the necessary job skills and tools to increase employment opportunities. Services include: educational and vocational training, job placement, childcare, transportation, housing support, counseling and substance abuse prevention counseling.

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continued from page 2

# Preventing Injuries While Exercising

"Eccentric contraction is the third type of muscle activity, in which the muscle is lengthening as it contracts," he concludes. "Examples of eccentric contraction would be holding a weight and letting it down slowly or hiking downhill. Muscles are not naturally oriented to function this way, and it's when you are most likely to get injured. Remember, muscles prefer to shorten when they contract, but they can be trained to strengthen with they lengthen. For example, performing 'lunges' and moving a weight up and down slowly are ways to strengthen eccentric muscle contraction."

When you start an exercise program, it is important to note that you are most likely to experience the most soreness on the second day after you exercise because your muscles are not used to those motions, according to Dr. Zonner.

"That's why it is a good idea to exercise every other day," he explains. "Don't exercise one day and then wait a week. It is best to alternate between upper body and lower body exercises or between cardiovascular conditioning with weight training every other day."

#### A Simple Piece of Equipment Can Improve Your Workout and Muscle Tone

Before you start a new exercise program, Dr. Zonner recommends purchasing a "foam roller" that can be found at any sporting goods store, many department stores or online.

"Every top athlete knows what a foam roller is, but it would be good for most people to learn how to use foam rollers, too," he says. "Foam rollers are not expensive. They are about 6 inches in diameter, and vary in length from 2 to 4 feet. A 2-foot roller is fine for most people. The 4-foot roller is better for larger people or those who want to use more area. The rollers may get a bit more expensive as the contour of the surface changes – some have knobs or panels that apply different types of pressure to

your muscles."

Videos of how to use foam rollers can be found on the Internet's YouTube site, but Dr. Zonner suggests that people who have not used foam rollers before might want to consult an athletic trainer, a physical therapist or a sports club trainer for assistance.

"Using a foam roller before and after you exercise will help stretch your muscles," he explains. "It also helps build muscle tone, which is important to injury prevention. Good muscle tone is essentially the proper balance in muscle tension that results in the muscles feeling 'supple' when at rest. A supple muscle is one that is firm, but pliable – not rigid or knot-like."

To develop muscle tone, Dr. Zonner recommends working all the muscle groups together, going though a full range of motion.

"For the best results, you need to combine cardiovascular fitness exercises with weight training," Dr. Zonner notes. "For a beginning program, three days a week - such as Monday, Wednesday and Friday or Tuesday, Thursday and a weekend day – start out with using the roller for a minute to loosen up. Then do 10 minutes of cardiovascular exercise such as riding a stationary bike or walking briskly. Then use the foam roller again, followed by stretching. Then in the second or third week, you can add lifting hand-held weights while doing cardiovascular exercise. After that, you can add push-ups for arm strength, sit-ups for abdominal muscles and wall-sits for your thighs.

"Exercise should be a regular part of your life," he adds. "The problem for many people is finding the time and being consistent. If you can start by exercising for 15 minutes, three times a week for three weeks, then you'll recognize how much better you feel after exercise and be more inclined to increase the duration, intensity and frequency of your workouts. And by starting slowly, you'll also be less likely to injure yourself."

#### **Sports Medicine Education Series:**

Learn More About Injury Prevention and Treatment

Washington Sports Medicine is launching a free Sports Medicine & Rehabilitation Education Series to help people in the community learn more about the prevention and treatment of injuries while exercising or participating in sports. The series should be of special interest to athletes, parents of students participating in school sports, coaches, athletic trainers and "weekend warriors."

The series of programs will be offered on the first Wednesday of every other month, beginning February 7, from 6:30 to 8 p.m., in the Conrad E. Anderson, MD Auditorium in the Washington West Building at 2500 Mowry Avenue in Fremont.

Primary care sports medicine specialist Dr. Steven Zonner and a certified physical therapist will present the first seminar on February 3, "Exercise Injuries: Prevention and Treatment." The presentation will include basic explanations of how muscles work together optimally and demonstrations of proper exercise

techniques, including the use of foam rollers to prevent injury and maintain muscle tone.

Other topics for subsequent programs later in 2016 will include:

- "Prevention and Treatment of Youth Sports Injuries"
- "Think Running Is a Pain? It Doesn't Have To Be"
- "Big Changes in Concussion Care: What You Don't Know Can Hurt You"
- "Nutrition and Athletic Performance"
- "Why Does My Shoulder Hurt: Shoulder Pain in the Youth Athlete to the Weekend Warrior and Beyond"

For more information or to register for an upcoming program, call (800) 963-7070 or visit www.whhs.com. If you need help finding a physician who specializes in the prevention and treatment of exercise or sports injuries, visit www.whhs.com and click on the link for "Find Your Physician."

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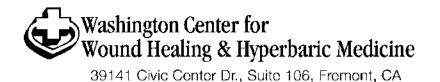
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#### **Fremont Art Association hosts**

# GERTRUDE STEIN SHORN

The core of the exhibition will be from the Stein-Toklas collection, amassed during the last thirty years by San Franciscan Hans R. Gallas. Original artworks from around the world will be shown, as well as vintage photographs and other memorabilia. Items from Gallas's collection have been included in exhibitions in San Francisco; Washington, DC; Edmonton; Paris; Berlin; Oslo; Stockholm; Copenhagen and Sydney. Gallas is also the author of a picture book, "Gertrude and Alice and Fritz and Tom."

For more information, directions, or to sign up for events, please call (510) 792-0905, or e-mail president@fremontartassociation.org.

> Gertrude Stein Shorn Wednesday, Jan 6 - Saturday, Feb 6 Fremont Art Association Gallery 37697 Niles Blvd, Fremont (510) 792-0905 FremontArtAssociation.org

#### **Event Schedule:**

#### Wednesday, Jan 6

6:30 p.m. - 9:30 p.m.: General meeting; guest artist Hans Gallas

#### Sunday, Jan 10

1:30 p.m. - 4:00 p.m.: Exhibit reception; wear your most artistic early 20th century clothing and bring a French hors d'oeuvre

#### Saturday, Jan 16

2:00 p.m. - 5:00 p.m.: "Painting to Gertrude Stein's Writing." Award-winning painter Judy Gittelsohn will lead you through a series of Stein's writings. To each work you will paint an interpretative or literal image. We will spend time listening, reading, and interpreting. All Golden Paint materials will be provided.

#### Saturday, Jan 16

6:30 p.m. – 8:00 p.m.: "Conversations Across Time, Culture and Space: Gertrude Stein and June Jordan." This performance play consists of imagined but fact-based dialogues between visionaries Stein and June Jordan, reflecting on life, politics, and craft. The timeless issues of race, class, and culture, are viewed through their conflict, works, and wit.

#### Sunday, Jan 17

10:00 a.m. - 5:00 p.m.: Michel & Mithra Poetry Workshops & Readings

Morning Session: 10:00 a.m. - noon: "Tender Buttons" Poetry Workshop by Robin Michel.

Poetry prompts inspired by Stein's 1914 book, which was declared both "a masterpiece of verbal cubism" and "an intentional hoax." Exercises are to explore, experiment, and find inspiration in everyday objects.

Afternoon Session: 1:00 p.m. – 3:00 p.m.: Collage Poetry Workshop by Julian Mithra. Create short, disjointed poems by snipping words and phrases from salvage books and arranging them into unexpected constructions. Texts and collage materials provided.

#### Saturday, Jan 23

1:00 p.m. - 4:00 p.m.: Lissa Tyler Renaud presents, "On War and Not: Selections from Stein Variously Pertaining to Us Now"

#### Friday, Jan 29

7:00 p.m. – 10:00 p.m.: SF Bay Area poetry group Fresh Ink will read original work, followed by an Open Mic session. Bring poems.

#### Saturday, Jan 30

1:30 p.m. & 3:30 p.m.: A Pastiche in words, music, and movement celebrating the work of Stein. A musician, a thespian, and a dancer present a selection of excerpts subjected to contemporary treatment. Prior to the Pastiche, poet and educator Tobey Kaplan will read from "Across the Great Divide" and other works.

#### Sunday, Jan 31

9:00 a.m. – 4 p.m.: Picasso & Stein: Collage Fusion. Award-winning artist Myrna Wacknov will lead participants through creation of a collage using hand-made papers and iPad apps. Please call and sign-up to get supplies list. Some materials provided.

#### Wednesday, Feb 3

6:30 p.m. - 9:00 p.m.: 142nd birthday of Gertrude Stein; General Meeting; program TBD.





# Shape Our Fremont

Where Fremont residents can learn about shaping proposed housing developments

#### Wish List for the New Year

Here are a few changes that we hope the City of Fremont will adopt. We realize that no one gets everything they wish for. But you won't get what you don't ask for...

#### **General**

- Give greater consideration to the General Plan's Community Character and Landscape Place Type elements when reviewing development applications.
- Change City guidelines to regulations so they are required rather than recommended.
- Remove subjective terms like "superior design", "in character" and "foster a desirable living environment and foster a pedestrian-oriented neighborhood setting" from City regulations.
- Restrict urban density and style to the Downtown Center and Warm Springs BART areas and not have it spread throughout the city.
- Require that City impact reports be based on studies that are no more than two years old.
- Never allow variances to building regulations unless affordable units are included in the project.

#### **Land Use**

- Revise the Transit Oriented Development (TOD) Overlay boundaries from arbitrary one-half-mile circles around a transit center to encompassing only those sections of the circle where urban development makes sense considering the existing neighborhoods.
- Do not allow multi-family developments on parcels of less than one acre.
- Make it harder for developers to be granted General Plan Land Use Amendments (GPA).
- Remove the GPA application form from the City's website.
- Stop allowing most of the "front doors" in new projects to face a narrow perimeter walkway.
- Do not allow urban density housing that is more than one-half mile from shops.
- Revise housing building height regulations now that Fremont advocates higher pad elevations for drainage and sees an increase in roof pitch in today's design styles.
- Never allow any exceptions to the noise requirements in the building code.

#### **Traffic**

- Plan for use of Traffic Impact fees at the time of a development's approval and not wait until after the foreseen problems arise.
- Use Traffic Impact fees for school buses to alleviate the congestion caused by parents having to drive their school children all over Fremont.
- Immediately arrange for shuttles in and around

the Downtown Center area from BART to the HUB.

- Improve public transportation along all Urban Corridors with shuttles or subsidized bus service.
- Have Traffic Impact studies rate townhouses the same as singlefamily houses by looking at the number of bedrooms and not just use the national ITE standards.
- Revoke the policy that if a nearby intersection is already bad, a development may not be denied for traffic reasons.
- Use the cumulative impact of recently approved and proposed developments for the Traffic Impact study.

#### **Parking**

- Create public parking lots around the border of the Downtown Center area for the benefit of both residents from the outlying Fremont neighborhoods and visitors from out of town.
- Require both resident and guest parking spaces to be provided on the project site of all new housing developments to keep even more cars from being parked on the public streets.
- No longer allow tandem parking garages in new projects and acknowledge that HOA enforcement is futile.
- Change parking space regulations for Urban Density projects in TODs to reflect that residents will own cars even though they may not use them every day.

#### **Miscellaneous**

- No longer have staff recommendations in development Staff Reports, but rather just have summaries and facts.
- Include a complete staff summary of community correspondence in the agenda packets with items like commonly voiced issues, pro and con counts,
- Increase the City's standard of notification from 300 feet to 500 feet even though the State only requires 300 feet.
- Rate developers' community outreach meetings by what changes are made to their initial proposals because of voiced concerns and not just rate them by the number of meetings.
- Allow public rebuttal to developers' rebuttal at Planning Commission meetings.
- Require individual water meters for each dwelling unit in new multi-family housing to encourage and enforce water conservation.

We wish you all a wonderful New Year - Alice & **Chris Cavette of Shape Our Fremont** 

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# Water- and energy-efficiency HERO program launched

#### SUBMITTED BY SEVERN WILLIAMS

The City Councils of Oakland, Hayward, and Union City launched the HERO (Home Energy Renovation Opportunity) Property Assessed Clean Energy (PACE) Program on December 8, 2015. HERO PACE financing enables homeowners to make energy- and water-efficiency improvements and pay for them over time through their property tax bill. Interest may be tax-deductible, and homeowners may see immediate savings on utility bills. Residents of Oakland, Hayward, and Union City may now submit applications for HERO financing.

"With heavy rains in the forecast this winter, we hope that local homeowners will consider energy efficient upgrades, like adding a rain catchment system or improving their insulation," said Carol Dutra-Vernaci, Mayor of Union City. "These types of investments save water and energy, reduce utility bills, and spur local job growth; the program offers benefits on many levels.'

Eligible retrofits give homeowners a fast, affordable way to conserve a desperately needed resource. HERO has a wide variety of products to help homeowners save water, including high-efficiency toilets, faucets and showerheads; drip irrigation systems; rainwater catchment systems; gray water systems; and artificial turf and other drought-tolerant landscaping. A wide variety of energy-saving products are also available, include including solar power panel installations, whole-home heating and cooling (HVAC) systems, energy-saving windows and doors, and roofing and insulation.

PACE finances 100 percent of the home improvement, requiring no upfront cash outlay; the term of the financing is based on the useful life of the product, up to 20 years, lowering the size of monthly payments; and collection is conducted through regular property tax payments. The products installed must meet federal and state efficiency standards, enabling homeowners to lower monthly utility bills and help pay for the cost of the improvement over time.

> For more information please visit www.HeroProgram.com.

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# BUSINESS

# Expect less and buy antacid: 2016 investment forecasts

#### By STAN CHOE **AP BUSINESS WRITER**

NEW YORK (AP), Investing is becoming more of a grind. Expect it to stay that way.

Analysts, mutual-fund managers and other forecasters are telling investors to expect lower returns from stocks and bonds in 2016 than in past years. They're also predicting more severe swings in prices. Remember that 10 percent drop for stocks that freaked investors out in August? It likely won't take another four years for the next one.

The good news is that few economists are predicting a recession in 2016. That means stocks and other investments can avoid a sustained slide and keep grinding higher, analysts say. Next year is expected to look more like this year, with gyrating stock prices on track to end close to where they started, than the bull market's euphoric earlier years like 2013 and its 32 percent surge in the Standard & Poor's 500 index.

'You have to be realistic and think the outsized runs we've had in 2013, for instance – are pretty unlikely," said Mike Barclay, portfolio manager at the Columbia Dividend Income mutual fund. "Trees don't grow to the sky."

The list of reasons for muted expectations is long. Economic growth around the world remains frustratingly weak, and earnings growth for big U.S. companies has stalled. Stock prices aren't cheap when measured against corporate earnings, unlike the early years of this bull market. The Federal Reserve also just lifted short-term interest rates for the first time in nearly a decade. Besides making all kinds of markets more volatile, higher rates could also hurt prices of bonds in investors' and mutual funds' portfolios.

The investment-bank Barclays gave this succinct title on its 100page outlook report for 2016: "Curb your expectations."

While it's worth knowing the general sentiment on Wall Street, it's also worth remembering financial forecasters have a spotty record for accuracy.

Analysts cite a long list of risks that could upend their forecasts. Investments could tank if an unexpected spike in inflation rips through the global economy, for example, or if the slowdown in the world's second-largest economy, China, ends up even more severe than feared.

But there is some comfort in the subdued forecasts - they are a sign that the greed and mania characteristic of past market peaks, such as the dot-com bubble, may not be a problem.

"We think investors will be rewarded over the next five to 10 years with decent inflation-adjusted returns," said Joe Davis, global head of the investment strategy group at mutual-fund giant Vanguard. ``That said, they will likely pale in comparison to the strong returns we've had over the last five."

Here's a look at how analysts see investments shaping up in 2016:

#### - US STOCKS

Corporate profit growth hit a wall this year, as plunging prices of oil and metals slammed energy and raw-material producers, the stronger dollar hurt exporters, and economic growth remained tepid. Analysts expect profits to stabilize next year, but companies across many industries are groping for revenue growth amid the still-slow global economy.

Stock in the S&P 500 are no longer cheap relative to their earnings, the most common gauge of stock prices. The index is trading at 17.2 times its earnings over the last 12 months, higher than its average of 14.5 over the last decade. A measure that looks at price and longer-term earnings trends popularized by economist Robert Shiller, a Nobel prize winner, is also more expensive than its historical average.

These already high stock prices leave little room for them to rise further without some impetus from the economy or better profits.

Investors should also brace for dips. The market's big drop in August was so rattling because it hadn't happened since October 2011, an abnormally long time. Since World War II, investors have been hit with drops of at least 10 percent every 19 months, on average.

Goldman Sachs strategists are forecasting the S&P 500 will end 2016 at 2,100, which would be a 4 percent rise from Monday's close of 2,021. Barclays expects the index to rise 9 percent, and Deutsche Bank expects it to rise 11 percent.

All would be a step down from past results. The S&P 500 gained 15 percent annually on average from 2009 through 2014, not including dividends.

> - FOREIGN STOCKS Investors have a strong yen for

foreign stocks. They poured a net \$208 billion into international stock funds in the last year, while pulling \$56 billion from U.S. stock funds.

One reason for the migration is that investors want to make their portfolios look more like the broad market. Foreign stocks make up about half the world's market value but are often just a sliver of 401(k) portfolios.

Also, central banks in Europe, Japan and elsewhere are pumping stimulus into their economies to drive growth, when the Federal Reserve is moving in the opposite direction.

And earnings growth in Europe and other regions looks to be accelerating more strongly. Dale Winner, portfolio manager at the Wells Fargo Advantage International Equity fund, expects profits for European companies to grow in the neighborhood of 15 percent. For U.S. companies, meanwhile, he's expecting close to zero growth.

Investing in foreign stocks, though, can introduce new risks. Changes in the value of currencies can skew returns, and growth from country to country can be uneven. For example as China shifts its economy toward consumer spending and away from heavy industry, it is hurting Brazil and others that produce the commodities that China used to be so voracious for.

#### - BONDS

One of bond investors' biggest fears has arrived, now that the Fed's raising rates again.

Prices of bonds in mutualfund portfolios drop when rates rise, because their yields are less attractive than those of newly issued bonds. But analysts say Armageddon isn't arriving, even though critics have long warned about a "bond bubble."

Most importantly, the Fed plans to increase short-term rates slowly and by very small increments. "Lower for longer" has become a mantra among bond investors. Longer-term rates meanwhile, depend not just on where the Fed is heading but also inflation, and many investors don't see it getting out of hand.

Higher interest rates also mean bond investors will eventually be rewarded with higher income. Many analysts say that those rising bond income payments could offset the gradual decline in bond prices enough to produce positive – albeit modest total returns.

# Virtual reality is finally here, yet still has a ways to go

By Anick Jesdanun AP TECHNOLOGY WRITER

NEW YORK (AP), With the launch of Samsung's Gear VR headset a few weeks ago, virtual reality for the masses is finally a thing. Now comes the next big challenge: Who, exactly, will care?

If you're a gamer, the appeal of immersing yourself in a virtual world might be obvious. Strap on a headset and you could find yourself in a three-dimensional death match with opponents who could \_ almost literally \_ creep up right behind you. Early trends look promising: The \$100 Gear VR briefly sold out at many retailers. Research firm TrendForce projects

sales of 14 million VR devices in 2016, mostly for gaming.

The rest of us, though, still need convincing. Sure, the idea of watching a basketball game from courtside seats \_ without leaving your living room \_ sounds pretty cool. But you're not going to be doing that any time soon, as there's precious little so far in the way of major sports available in VR. And while bungee jumping off a virtual dam could be a striking experience, it's also the sort of thing you might try a few times, then set aside as you look for something else to do.

The tech world has been down a similar path before. Just a few years back, manufacturers

lined store shelves with 3-D TVs capable of projecting stereoscopic images into your living room \_ and on those shelves the sets stayed. Among the reasons 3-D TV flopped: You had to wear uncomfortable glasses, and the experience made some people dizzy. Perhaps most important, there just wasn't much in the way of good stuff to watch.

Sound at all familiar? Virtual reality requires people to wear large headsets that block out the real world, and immersive video has made some viewers nauseous (although its purveyors claim to have fixed that). It's not exactly a friends-and-family experience, either. If you chafe when your companions are glued to their phones at dinner, you'll want to watch your blood pressure when they start wearing VR headsets in the living room, tuning out other people along with reality.

Another hurdle: VR's initial apps are heavily weighted toward games. Sure, one immersive video

continued on page 9

#### California man accused of trying to join terrorist group

By Sudhin Thanawala ASSOCIATED PRESS

SAN FRANCISCO (AP), A California man was charged with trying to join a terrorist group active in Syria after he expressed his love for the head of the group and tried to board a flight to the region, authorities said.

Adam Shafi, 22, of Fremont, California, pleaded not guilty Thursday to one count of attempting to provide material support or resources to a designated foreign terrorist organization, according to court records.

Shafi in telephone calls with friends earlier this year expressed his love for the head of the terrorist group, al-Nusra Front, and said he was content dying with the group, according to an FBI affidavit in the case. The indict-

Virtual reality continued

ment against Shafi was unsealed on Thursday.

Authorities were alerted to Shafi after his father reported him missing in August 2014 to the U.S. Embassy in Cairo during a family trip to Egypt and said his son may have been following extremist Islamic leaders online, according to the affidavit by FBI Special Agent Christopher Monika.

Shafi returned to his family and the United States, and the FBI put him under surveillance after learning he and a friend had traveled to Turkey, a common point of entry for foreign fighters trying to get

Shafi was stopped on June 30 at San Francisco International Airport just as he was about to board a flight to Turkey. He told FBI agents that he was a web de-

veloper who no longer wanted to live in the United States, but he denied he was going to Turkey to cross into Syria to join a terrorist group, according to the affidavit. He was arrested a few days later and indicted by a grand jury earlier this month.

No one answered at a phone listing for Shafi, who was in cus-

Shafi's attorneys, Joshua Dratel and Erik Levin, said in a statement that Shafi wanted to help Syrian refugees and had no violent or criminal intentions. "He told the agents more than once that he was not flying to Istanbul to join any terrorist organization, and there's no evidence to the contrary," they said.

Shafi's case has no connection to the Dec. 2 attack in San Bernardino, California.

into Syria, according to the FBI.

# tem it calls Cardboard \_ literally

puts you on stage with Cirque du Soleil performers as they reach for dazzling heights; another lands you on the set of the horror satire "Scream Queens." But while they're fun to watch, many clips movement of your head. come off more as demos or promos than compelling entertainment in their own right.

from page 8

Jason Tsai, TrendForce's wearable devices analyst, said companies are reluctant to invest in non-gaming VR media until they're sure there's a real market for it. And that's a big part of virtual reality's chicken-andegg challenge.

Of course, it's remarkable that we're seeing VR systems at all, after years of flops and stumbles. Sega teased the Sega VR in the early 1990s, but never released it; Nintendo's handheld Virtual Boy was a commercial failure.

The new systems represent "science fiction coming to reality," said Gary Shapiro, head of the group that runs the annual CES gadget show in Las Vegas, which will showcase VR and related technologies in early January. What's changed? Screen and graphics technologies have finally gotten good enough to provide a realistic and responsive VR experience.

Many leading companies are betting on VR. Google, for instance, offers a low-rent, though still effective, virtual-reality sys-

**SUBMITTED BY** 

**ELIZABETH CHAPIN** 

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skilled in Linked Learning, a

a folded-cardboard contraption that holds lenses and a smartphone for playing VR apps. The Samsung headset is a step above that; it also uses a phone to play video, but includes its own motion sensors to better track the

More sophisticated headsets are on their way. Sony's PlayStation VR \_ formerly Project Morpheus \_ won't need a phone and attaches to a PlayStation game console. Oculus, which helped develop Samsung's Gear VR, will release its own VR set called Rift next year. HTC's Vive is due by April. Prices for these systems haven't been announced yet, though most are likely to cost at least a few hundred dollars.

And the headset is just the beginning; you'll then need a phone or a high-end companion computer (a PlayStation console in the case of Sony's system). One more potential gotcha: If you buy one VR system and change your mind later, you might have to repurchase any apps and videos you've paid for.

VR's immediate challenge is simply getting people to try VR so they realize it can be much more than games. Bonnie To, a Los Angeles accountant, watched a few minutes of Beethoven's Fifth Symphony in VR during a lunch-break demo. She said the ability to look around the concert hall was "really

**CSU** receives grant to support teacher education

ademics with career-based learn-

The grant will fund a project that

aims to prepare and certify teach-

ers in Linked Learning—thereby

enhancing high school students'

The grant will help expand

the CSU's existing Linked Learn-

college and career success.

ing and real-world experience.

cool" and thought the sound and picture quality was good.

But curiosity won't necessarily translate to sales.

VR makers are working with media companies to expand options for non-gamers, much the way radio maker RCA started the NBC network nearly a century ago to fill the airwaves. Eventually, they figure the new technology will produce new storytelling forms for instance, chooseyour-own-adventure narratives that viewers can influence through their actions. But that's some time off.

For now, the hope is that early owners will show and tell their less tech-savvy friends about the potential of VR \_ essentially becoming ``a virtual sales force," said Richard Marks, who heads Sony PlayStation's research arm, Magic Labs.

Video games have grown so much they're no longer a niche market, says Diffusion Group analyst Joel Espelien, who argues that younger players will likely embrace VR. As they get older, subsequent generations may follow. "It's a decade-long story," he said. "Things don't happen overnight when you're talking about a pretty significant new behavior."

AP Business Writer Ryan Nakashima in Los Angeles contributed to this story.

ing teacher preparation by creat-

master's degree with a specializa-

project will also enhance knowl-

through research that will iden-

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# Meet a Muslim

#### **Questions and Answers**

Moina Shaiq a Muslim resident of Fremont for the past 33 years, a mother of four and an active member of our community would like to extend an invitation to come and meet with her:



#### Monday Jan 11th, 2016

7:00 - 8:00 pm
Sujus Cafe on Stevenson
Sundale Shopping Center
4949 Stevenson Blvd., Fremont

Bring any question that you might have, she will try to answer to the best of her ability. Know that she won't be offended by any question.

Are women oppressed in Islam? How do Muslims practice their faith? How does Islam view other religions? What is Sharia law? What is the Islamic view of terrorism? What factors contributed to the rise of Islamic fundamentalism?

# Enjoy your new drones - just not in the parks

#### SUBMITTED BY CAROLYN JONES

With hundreds of Bay Area residents expected to receive drones as holiday gifts, East Bay Regional Park District (EBRPD) reminds park visitors that drones – motorized, remote-controlled aircraft – are illegal in all parks and open space areas in the District.

Drones are extremely dangerous for helicopters and airplanes. Even a small drone could shatter a windshield or collide with an aircraft's propellers or fuselage, causing the aircraft to crash and potentially kill all on board. The East Bay has four busy airports – in Oakland, Hayward, Livermore and Concord – as well as several hospitals with helipads, and a drone-related accident could be catastrophic.

"As more and more people get drones, they're becoming an increasing safety hazard for aviation," said EBRPD Police Lt. Lance Brede. "It really can be a life-anddeath situation, and we're very concerned about the public's safety as well as our own."

Drones are also disruptive for wildlife, especially birds. The District is home to several rebounding populations of special-status birds, including bald eagles and peregrine falcons, and protecting them is a high priority.

"Recreational drones can scare birds away from essential activities like feeding, roosting, and nesting," said Cindy Margulis, executive director of Golden Gate Audubon Society. "While a single drone flushing birds into flight may not seem disruptive, when this happens over and over, birds are unable to get the food and rest they need to survive."

In addition, drones can pose a safety threat and be annoying and intrusive for other park visitors. Motorized model airplanes are also illegal in the parks, but non-motorized remote-controlled gliders are allowed in specified areas in Coyote Hills Regional Park and Mission Peak Regional Preserve in Fremont.

Effective December 15, 2015 the Federal Aviation Administration requires owners of drones to register with the agency before flying outdoors. Drones are illegal in the District's parks regardless of whether the owner has registered. Citations for violating the drone ordinance cost about \$300.

More information about EBRPD's drone policies can be found at www.ebparks.org/activities/models#planes.

#### LETTER TO THE EDITOR

#### Why apply for U.S. citizenship?

What is "naturalization"? Most U.S. born nationals confuse naturalization with U.S. permanent residence. Naturalization is the process of applying for and gaining U.S. citizenship, whereas U.S. permanent residence is the process of gaining the ability to continuously reside and work in the U.S.

- Gaining U.S. citizenship often means ease of travel to foreign countries. Many foreign nationals come from countries where there are limitations to travel, and a visa is often required to go to a third country. U.S. citizenship and a U.S. passport affords the ability to travel more freely to certain countries, and also avoid the scrutiny that may come from securing a new visa, or traveling to visit a home country from which the individual may have escaped past persecution.
- U.S. citizenship allows sponsorship of specific family members to immigrate to the U.S. Some foreign nationals have immediate family members such as a mother or father, brother or sister, and children, whom they wish to sponsor to join them in the U.S. Only U.S. citizens may have the ability to sponsor certain family members to come to the U.S.
- U.S. citizenship is a means to participate in civic life in the U.S. as a full and qualified member. Activities such as the right to vote, the right to serve on a jury, and the ability to hold certain government jobs all require U.S. citizenship.

Although most applicants for U.S. citizenship face a straightforward process, some applicants may need to be aware of how past

history and circumstances may impact their ability to gain U.S. citizenship. Common concerns that arise:

- Divorce and child support payment obligations. Often if there are divorce and child support responsibility borne by the applicant, the applicant should consider the impact this may have on her U.S. citizenship application.
- Any arrest or conviction on a criminal matter, even if the matter was closed or a final disposition rendered, may impact the application for naturalization.

  Certain crimes may be considered aggravated felonies or a crime involving moral turpitude that may impact the applicant's chances of gaining U.S. citizenship.
- The timing of when to apply for naturalization is important. For a U.S. permanent resident to meet the requirements to apply for citizenship, she must meet the physical presence and continuous residence requirements. If the applicant has traveled or resided abroad for over six months or a year, this may break the continuity of residence for purposes of applying for U.S. citizenship. Timing also matters if she applies too early, before meeting the requisite period of residence in the U.S.

In considering the option of applying for U.S. citizenship, it's important to keep good records and review the timing of when you intend to apply in order to have a clear roadmap and to avoid pitfalls along the way.

Barbara Wong Fremont

# Gentle Bollywood

SUBMITTED BY JEN TIBBETTS

The Kenneth C. Aitken Senior and Community Center in Castro Valley is offering a new "Gentle Bollywood for Seniors" class beginning Tuesday, January 5. Participants will learn traditional and modern Bollywood dance moves. The class is gentle and low impact; no dance experienced is required and all levels are welcome. Classes are \$20 for the month or \$7 to drop in. For more information, please call (510) 881-6738.

Gentle Bollywood for Seniors
Begins Tuesday, Jan 5
8:40 a.m. - 9:40 a.m.
Kenneth C. Aitken Senior and
Community Center
17800 Redwood Rd, Castro Valley
(510) 881-6738
www.haywardrec.org
\$20 per month; \$7 drop in

### Fundraiser a great success

SUBMITTED BY DEBBIE ZOGARIC

Aegis of Fremont along with Royal Ambulance and Vitas Healthcare sponsored a Holiday Networking Mixer & Fundraiser for professionals in the field of Aging. Guests enjoyed refreshments and live entertainment by the Moonglow Duo while helping raise funds for the new Alzheimer's Services of the East Bay in Fremont.

Raffle prizes were donated by many local agencies contributing to the success of this event. State Assemblymember Kansen Chu attended and presented award certificates. Alzheimer's Services of the East Bay, a non-profit organization that services families in need of a day care program to help their loved ones with Alzheimer's disease, plans to open spring 2016 in Fremont.



## Kiwanis Club of Frement January programs

#### SUBMITTED BY SHIRLEY SISK

The Kiwanis Club of Fremont has some great speakers scheduled for January and invites the community to attend. Kiwanis meets at the Doubletree by Hilton in Newark. There is a complimentary breakfast or dinner for first attendance guests. Come and enjoy the speakers; learn about the community service events and enjoy the camaraderie of a group of dedicated volunteers who serve the community.

Bob Siller
Tuesday, Jan 5
7 a.m.
Bob Siller will talk about his experiences during trips to
Nigeria as described in his book, "It's Time for a Country
Called Nigeria."

Angel Klyce Tuesday, Jan 12 6:30 p.m.

Angel Klyce - one of the Club's Turn-Around Scholarship recipients and in her second year at Berkeley will share her experiences as a scholarship student.

Lana August Puchta
Tuesday, Jan 19
7 a.m.

Lana August Puchta of Lana's
Estate Sales will be discussing
downsizing, liquidating;
benefits and pitfalls.

Doubletree by Hilton 39900 Balentine Dr, Newark Info: Marsha Badella (510) 489-9305 Complimentary meal for first time guests

# Discover Your Voice

SUBMITTED BY MARILYN SINGER

"Discover Your Voice" is the new Tri-City Youth Chorus, an open singing experience for kids in grades 5-8. The chorus had their inaugural performance in December under the direction of Joy Suh and entertained 150 people who thoroughly enjoyed their musical presentation.

The chorus is open to all students who want to do what the logo suggests- discover their voices. There are no auditions, only the desire to sing with a group and learn musical skills that will last for a lifetime.

The chorus meets once a week on Thursdays from 4-5 PM using the facilities of the Niles Discovery Church. The music is contemporary and secular, the kinds of music children love to sing. Joy Suh is a talented teacher who works well with students and has a varied background in directing including experience with Starstruck Theatre. She makes music a fun experience as you learn.

Visit the website of the chorus at tricityyouthchorus.weebly.com to find out all that the chorus can offer to students in grades 5-8. The winter session begins on Thursday, January 7th if you'd like your child to "Discover Your Voice".

December 29, 2015 WHAT'S HAPPENING'S TRI-CITY VOICE Page 11

#### Norovirus is on the rise in California

#### CALIFORNIA DEPARTMENT OF PUBLIC HEALTH

California Department of Public Health (CDPH) Director and State Public Health Officer Dr. Karen Smith announced that California is experiencing an increase in norovirus cases, commonly referred to as stomach flu or winter vomiting disease. CDPH has confirmed 32 outbreaks of norovirus in California since October 1, 2015 - likely resulting in hundreds of reported sicknesses in the state. These outbreaks far exceed the number reported at this time in 2014.

Norovirus is a highly contagious virus that causes gastroenteritis, an illness that usually involves vomiting and diarrhea. It is the most common cause of gastroenteritis in the U.S., and is responsible for approximately 20 million illnesses each year, with 570-800 deaths reported annually. The virus can spread quickly in closed and crowded environments such as hospitals, nursing homes, daycare centers, schools, cruise ships and food service settings like restaurants.

Symptoms usually begin 12 to 48 hours after the person has been exposed to the virus and last for one to three days. The most common symptoms include vomiting, nausea, diarrhea and stomach cramps. Other symptoms may include low-grade fever, headache and body aches. Norovirus symptoms can lead to dehydration, especially in young children, older adults and people with other illnesses.

People with norovirus are very contagious and can easily spread the illness from person to person. The virus may be found in both stool and vomit, and ill persons can still be contagious up to two

weeks or more after recovery. People can become infected in several ways, including having direct contact with another person who is infected; eating food or drinking liquids contaminated with norovirus; or touching contaminated surfaces or objects and then touching your mouth.

"One of the most important things you can do to avoid norovirus and other illnesses this holiday season is to wash your hands frequently with soap and running water for at least 20 seconds," Dr. Smith said. "This is especially important after using the bathroom, changing diapers, and before preparing or eating food. Hand sanitizers are not effective against norovirus."

It is particularly important for ill persons to practice good hand-washing and to avoid preparing food for others while they are sick and for at least 48 hours after symptoms are no longer present, as to prevent norovirus from spreading. Food workers should not work while they are sick and for 48 hours after symptoms stop. Persons caring for someone who may have norovirus disease should be particularly careful about handwashing and cleaning contaminated surfaces and materials.

Safe food handling practices can prevent the spread of norovirus and other infectious diseases. In addition to washing your hands after every bathroom visit, this includes washing fruits and vegetables before eating; cleaning and disinfecting food preparation equipment and surfaces; and thoroughly cooking all meats, fish and poultry.

Visit www.cdph.ca.gov/healthinfo/discond/Pages/Norovirus.asp x for more information about norovirus.



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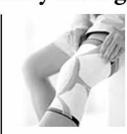


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# Big plans for League of Volunteers'

# An Elegant Affaire

#### SUBMITTED BY SHIRLEY SISK

The League of Volunteers (LOV) is holding their 25th annual "An Elegant Affaire" on Friday February 12 at the Doubletree by Hilton in Newark. The chef will be serving a gourmet dining experience for the benefit of LOV's popular Arts In Schools Program which provides in-school multicultural performing arts assemblies to the children of Fremont, Newark and Union City.

Last year's glittering event helped bring performances to 11,600 young



Retiring Judge Richard Keller will be Honorary Chair

people. The need for this program in our schools is still great; requests can be met through the success of this year's "An Elegant Affaire."

LOV is excited that Retiring Judge Richard Keller will be Honorary Chair. Judge Keller is a long time supporter of LOV and has devoted years of service to the community. A special champagne and hors d'oeuvres reception will be held in his honor, hosted by Bernard, Balgley & Bonaccorsi, LLP and Dutra Enterprises, Inc. During the cocktail hour guests will be entertained by Salvador Vazquez on Mexican harp. There is also an opportunity to do some beer tasting thanks to Das Brewery. A four-course gourmet dinner follows the cocktail hour.

Besides a fantastic evening of delectable dining, there will be live and silent auctions and a very special prize drawing. Many great prizes are being donated by local mayors, school superintendents, school board members, teachers' association presidents, county superintendents and other dignitaries. Master of ceremonies for the evening is Rick Geha. The evening begins at 6 p.m. Tickets are \$85 per person or \$750 for a table of 10 with table sign. You may also purchase online at www.lov.org. For further information call (510) 793-5683.

> An Elegant Affaire Friday, Feb 12 6 p.m. **Doubletree by Hilton** 39900 Balentine, Newark (510) 793-5683 www.lov.org \$85 per person/ \$750 table of 10

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continued from page 1

#### **Olive Hyde brings**

# A Touch of Red

#### to the New Year

In addition he has been selected to exhibit at the Oakland Museum of California and the Sandra Lee Gallery in San Francisco. Khilnani often applies "watercolor layering" to acrylic and mixed media work. He loves to experiment with texture and frequently creates unique surfaces for his pieces.

Belinda Lima uses recycled magazine papers in her collage paintings. Her love of texture, pattern, shape, and color is reflected in her figurative paintings and semi-abstract cityscapes. Lima has also won numerous awards in national and statewide shows including awards from the Triton Museum of Art, The California Watercolor Association, and the International Society of Acrylic Painters.

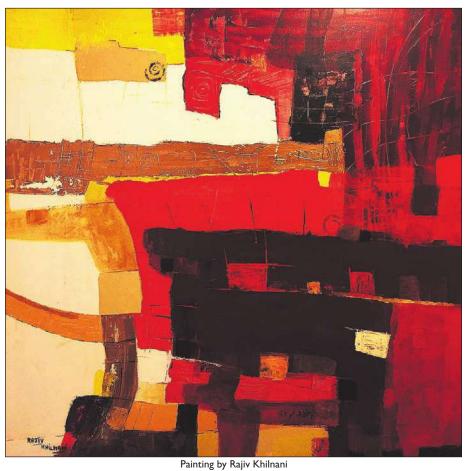
Like a child at play, ex-engineer James Ong creates abstract paintings by experi-

menting with paint on canvas. He will drip, drop, scrape, brush, print paint onto the canvas, hoping for the best until a composition or story appears. He continues to edit with his eye and paint tools until the painting feels "done." The themes of his paintings are memory, quiet places, impermanence, movement, energy, despair, and hope.

Artist and printmaker Donna Orme studied printmaking at the College of San Mateo and the Pacific Art League in Palo Alto. She has received many national, state, and local awards. In addition, her work has been published in the "California Society of Printmakers One Hundred Years 1913-2013" and the "American Art Collector, Book 1, Volumes 2 & 3-Western States (2005-06)." Orme's art is playful and has a sense of rhythm and energy. Her



"Light & Dark" by Donna Orme



finished creations reflect the spontaneous expression of thought and emotion.

To artist Vera Tchikovani the process of painting is as important as the completion of a piece. Her art explores the individual facing the unknown and the inexplicable, at times exhilarating and exciting, and at other times full of dread and anxiety. With her work Tchikovani tries to face the puzzle of life.

Having lived in 10 states and three countries in a total of 27 homes through the course of her life, Karen Wong feels she has gained an appreciation for alternate visions of culture as well as a desire to communicate an expanded view of what it means to be alive. With University degrees in English, Drama, and Linguistics, Wong migrated from farming to politics, from motherhood to intercultural consulting.

She arrived at painting as a means to express that internal process. Her work has shown in the Bay Area and is collected by art collectors nationally.

"A Touch of Red" opens at the Olive Hyde Art Gallery with a reception on Friday, January 8 and runs through February 6.

> A Touch of Red Friday, Jan 8 - Saturday, Feb 6 Thursday-Sunday, noon - 5 p.m.

> > Opening reception: Friday, Jan 8 7 p.m. - 9 p.m.

Olive Hyde Art Gallery 123 Washington Blvd, Fremont (510) 791-4357 www.fremont.gov/

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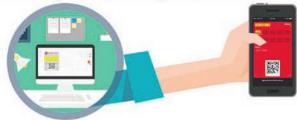
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# Home & Garden

# Fireplaces: Some like it hot

Fireplaces: Some like it hot By David R. Newman

veryone loves to cozy up to a toasty, warm fireplace in the winter. Even here in California, where the cold weather is usually quite mild, a fireplace comes standard in most homes. In fact, it is the second ranked amenity homeowners are looking for when buying a new house, according to the National Association of Home Builders. And while most people are familiar with the traditional brick chimney so often frequented by Santa Claus, there are other options out there that are more efficient, healthier for the environment, safer, and much more convenient.

Modern fireplaces come in a variety of designs, and fuel options include gas, wood pellets, wood, electricity, and gel. Some are merely decorative and can be mounted on the wall, while others, known as "inserts," can be placed into existing chimneys and give off serious heat.

While there are several fuel options available, the fireplace industry is mainly leaning towards gas. "99.9 percent of what we do is gas," says Ryan Eula of Summit Fireplace + Grills in Castro Valley. "These gas fireplaces and inserts are rated as heaters, they're tested as heaters, they have efficiency ratings, they're appliances. For an example, one of our large inserts is rated to heat about 1,600 square feet."



Photo courtesy of Summit Fireplace + Grills

Jerry Neufeld of Jerry's Fireplaces in Hayward, who also deals mostly in gas, explains why gas fireplaces are superior to traditional fireplaces, "If you think of your house as a sealed envelope, it's really not. As a typical fireplace breathes, it evacuates hot air from the home and it's actually

pulling cold air into the house. So you can actually cool a house off by using a fireplace because it draws more heat out then it draws in."

Gas fireplaces are more efficient because they draw air from outside the home and do not allow any air to escape. And since gas fireplaces only use a fraction of the gas that furnaces do, more and more Californians are catching on to what residents of the East Coast and the Midwest have understood for a long time. "Zone heating," says Eula. "So whatever room you're in, just heat that zone. As opposed to one large furnace that heats the whole house, which is very inefficient."

Gas fireplaces are also kinder to the environment. Says Neufeld, "In the Bay Area we have Spare the Air alerts, and on those days you cannot burn wood or pellet of any kind, whether they're EPA certified or not. All of the gas units that I sell are 77 to 85 percent fuel efficient and have no Spare the Air restrictions." Neufeld also points out that there is currently talk of requiring homeowners to convert their fireplace to gas before selling their home.

In general, modern fireplaces, even those that burn solid fuel such as wood or pellets, are extremely clean burning. Says Neufeld, "A typical open fireplace would put off 50 grams of pollution an hour. We have units as low as half a gram emission per hour. So we've made huge progress." And some manufacturers even provide a moisture meter to test the wood, because

Photo courtesy of Summit Fireplace + Grills

continued on page 14



Photo courtesy of Jerry's Fireplaces



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Photo courtesy of Jerry's Fireplaces





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Photo courtesy of Summit Fireplace + Grills

quires a vent to extend one foot above the roof, so chimneys can be lowered, making houses safer during earthquakes.

Electric and gel fireplaces also exist, but both Eula and Neufeld consider them to be impractical and inefficient. For a little more money there are also long, rectangular fireplaces called "linears." Set flush in the wall, these units resemble fish tanks with colored glass or rocks. Used primarily for decorative purposes, they can give any indoor or outdoor space a more modern look. And standalone stoves are still mildly popular, especially for those who want an easy heating solution with rustic charm.

Much like sitting around a campfire, spending time by the fireplace can be a popular family activity. And now, thanks to new standards and technology, we can fulfill that primal need while also being safe and environmentally friendly.

For more information, contact

Summit Fireplace + Grills at
(510) 397-6506,

www.summitfireca.com;

Jerry's Fireplaces at (510) 786-9098,

www.JerrysFireplaces.com or

The Intimate Flame (510) 797-9768)

www.theintimateflame.com

wet wood smolders and puts more toxins into the air.

Inserts cost around \$3,000 to \$6,000, including installation, and can be vented through the ceiling or wall. They come in a variety of sizes to fit any metal or brick fireplace opening. For gas inserts, gas and electric hookups are also required, which can run anywhere from \$300 to \$2,000 depending on the house. And there are many design options, from traditional logs to rocks to glass beads. The backings can also vary, from brick to stone to smooth black enamel.

Many inserts also come with a built-in fan to dispense the heat, and interior lighting to enhance the mood. A remote control gives users an easy way to activate their fireplace, which can be set to turn on at a certain temperature, or simply at the flip of a switch. Inserts can also be hardwired directly to the thermostat.

Safety is another advantage of gas inserts, especially if there are children or pets in the house. They all come standard with tempered glass and, since January 2015, a wire screen in front of the glass. Also, gas only re-



Photo courtesy of Summit Fireplace + Grills

# Hayward 9/11 Memorial coming to fruition

SUBMITTED BY MICHAEL L. EMERSON

On Wednesday, December 23, 2015 six granite benches and one center name stone were installed for the Hayward 9/11 Memorial, located on the corner of D Street and Mission Boulevard in downtown Hayward. For more information or to donate, visit www.hayward911memorial.com.



# We help you focus on the important things in life.



Eric Olsen Physician (In Training)



Alan Olsen, CPA Father and GROCO Managing Partner



Charlotte Olsen Teacher (in training)



Alan Olsen's

MERICAN DREAMS

KEYS TO LIFE'S SUCCESS

KDOW 1220 am, Wednesday 6-7pm

CA	STRO VALI	LEY   TO	OTAL SAL	ES: 9		1930 Boca Raton Street 94545 560,000 3 1298 1956 11-25-15	
	1,000,000		•	705,000		27814 Coronado Way 94545 420,000 3 1119 1955 11-25-15	
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21145 Baker Road		659,000	-		11-24-15	1527 Glenn Street 94545 645,000 11-24-15 27687 La Porte Avenue 94545 500,000 3 1119 1955 11-25-15	
19359 Brusk Court	94546	630,000	3 1020	1951	11-25-15	28550 Starboard Lane 94545 683,000 4 1835 2008 11-25-15	
17689 Buti Park Court		835,000	3 1653	1962	11-30-15	26125 Stryker Street 94545 580,000 3 1511 1958 11-30-15	
4077 Greenacre Road		705,000			11-24-15	21871 Ada Street 94546 725,000 4 2118 1948 11-24-15	
18039 Reamer Road		,000,000			11-24-15	MILPITAS   TOTAL SALES: 9	
4564 Sargent Avenue		520,000			11-24-15	Highest \$: 870,500 Median \$: 740,000	
18822 Sydney Circle 2930 Wisteria Lane		730,000 489,000			11-25-15 11-25-15	Lowest \$: 420,000 Average \$: 725,944	
4794 Crow Canyon Road		998,000			11-23-15	ADDRESS ZIP SOLD FOR BDSSQFT BUILTCLOSED	
					11 23 13	430 Alegra Terrace 95035 740,000 3 1375 1992 12-02-15 99 Carnegie Drive 95035 625,000 3 908 1955 12-03-15	
r Highest \$:	REMONT	•	_SALES: 3 lian \$:	750,000	)	99 Carnegie Drive 95035 625,000 3 908 1955 12-03-15 676 Fernleaf Drive 95035 782,000 3 1454 2013 12-02-15	
Lowest \$:				922,786		1341 Lassen Avenue 95035 738,000 4 1451 1963 12-04-15	
ADDRESS	ZIP SO	LD FOR E	DSSQFT	BUILT	CLOSED	310 San Petra Court #2 95035 420,000 2 882 1971 12-04-15	
5359 Nordica Avenue		785,000			11-30-15	800 South Abel St #403 95035 718,000 3 1421 2007 12-04-15	
38601 Royal Ann Cmn		410,000			11-30-15	339 Tempo Lane 95035 785,000 12-01-15	
3210 Southwycke Terrace		830,000			11-25-15	1955 Trento Loop 95035 870,500 12-04-15	
4336 Torres Avenue 4765 Bach Court		850,000 705,000			11-25-15 11-30-15	1513 Yellowstone Avenue 95035 855,000 5 2369 1964 12-03-15	
39660 Banyan Tree Road		641,000			11-25-15	NEWARK   TOTAL SALES: 8	
1975 Barrymore Cmn #T		417,000			11-30-15	Highest \$: 850,000 Median \$: 668,000	
40510 Blacow Road		650,000		1960	11-25-15	Lowest \$: 421,000 Average \$: 661,875 ADDRESS ZIP SOLD FOR BDSSQFT BUILTCLOSED	
43165 Continental Drive	94538	725,000	3 1112	1955	11-25-15	36740 Burdick Street 94560 569,000 3 1096 1957 11-30-15	
4568 De Silva Street	94538	675,000	4 1432	1960	11-23-15	39953 Cedar Blvd #124 94560 421,000 2 1071 1985 11-25-15	_
4286 Hardwood Street		725,000	4 2308	1959	11-24-15	6395 Joaquin Murieta #A 94560 525,000 3 1394 1981 11-30-15	$\rightarrow$
40610 High Street		490,000			11-30-15	37871 Lobelia Drive 94560 668,000 3 1760 1965 11-24-15	
39345 Mariposa Way		641,500			11-30-15	6252 Madelaine Drive 94560 770,000 4 2381 1959 11-24-15	
5661 Poplar Common 5192 Silver Reef Drive		416,000 645,000			11-25-15 11-24-15	37764 Starflower Street 94560 720,000 4 1512 1973 11-24-15	(D
4641 Stevenson Blvd		610,000			11-24-13	4897 Windermere Drive 94560 850,000 4 1882 1969 11-24-15	
3398 Wolcott Common		480,000			11-24-15	36211 Worthing Drive 94560 772,000 4 1453 1971 11-25-15	7.0
3554 Yorktown Road		750,000			11-30-15	SAN LEANDRO   TOTAL SALES: 13	S
2274 Annapolis Drive	94539 I,	,550,000	4 3099	1988	11-25-15	Highest \$: 1,020,000 Median \$: 560,000 Lowest \$: 325,000 Average \$: 601,077	0)
340 Anza Street	94539 I,	,010,000	3 1474	1953	11-24-15	ADDRESS ZIP SOLD FOR BDSSQFT BUILTCLOSED	4
1138 Desmond Court	94539 2,	,070,000	3 1949	1958	11-30-15	275 Belleview Drive 94577 430,000 2 1083 1938 11-24-15	_
3704 Monte Sereno Terr		,200,000			11-24-15	2268 Cherry Street 94577 680,000 5 2417 1905 11-24-15	
42975 Paseo Padre Pkwy		,395,000			11-24-15	694 Dolores Avenue 94577 695,000 3 1592 1954 11-30-15	(D
43856 Paso Pino Cmn		.180,000			11-24-15	540 Estudillo Avenue 94577 395,000 2 1232 1928 11-25-15	S
680 Rattan Court 46928 Shale Cmn #115		650,000			11-25-15 11-25-15	661 Lee Avenue 94577 660,000 2 1550 1941 11-25-15	
797 Towhee Court		,100,000			11-25-15	2071 Longview Drive 94577 1,020,000 3 2456 1960 11-30-15 501 Oakes Boulevard 94577 850,000 4 2853 1930 11-25-15	
1698 Vinehill Court		,100,000			11-24-15	501 Oakes Boulevard 94577 850,000 4 2853 1930 11-25-15 856 Sybil Avenue 94577 544,000 2 1290 1947 11-30-15	
47112 Warm Springs #111		480,000		1982	11-24-15	1234 View Drive 94577 755,000 5 2841 1955 11-30-15	
48972 Woodgrove Cmn	94539	810,000	3 1670	2004	11-25-15	332 West Broadmoor Blvd 94577 360,000 2 1086 1923 11-25-15	
34567 Colville Place	94555	780,000	3 1372	1972	11-24-15	333 Anza Way 94578 325,000 3 1078 1954 11-24-15	(D
4537 Deep Creek Road		952,000			11-25-15	14876 Acacia Street 94579 540,000 3 1076 1953 11-24-15	77
33261 Falcon Drive		,345,000			11-24-15	1334 Breckenridge Street 94579 560,000 3 1611 1957 11-24-15	O
34560 Falls Terrace		495,000			11-30-15	SAN LORENZO   TOTAL SALES: 4	
34517 Salinas Place		855,000			11-25-15	Highest \$: 550,000 Median \$: 485,000	
	HAYWARD	•	L SALES:		,	Lowest \$: 445,000 Average \$: 491,250 ADDRESS ZIP SOLD FOR BDSSQFT BUILTCLOSED	_
Hignest \$: Lowest \$:	1,098,000 265.000		lian \$: rage \$:	500,000 543,444		565 Cornell Street 94580 485,000 3 1134 1950 11-24-15	•
ADDRESS					CLOSED	16181 Via Primero 94580 445,000 3 1008 1944 11-30-15	<b>d</b>
1461 172nd Avenue	94541	447,000	2 964	1940	11-25-15	16115 Via Segundo 94580 550,000 3 1628 1944 11-24-15	• -
680 Atherton Place #503	94541	469,000	3 1224	1997	11-24-15	1669 Via Tovita 94580 485,000 3 1088 1954 11-25-15	
550 Blossom Way #D4		375,000			11-25-15	UNION CITY   TOTAL SALES: 12	
920 Chenault Way		370,000			11-24-15	Highest \$:1,270,000 Median \$: 715,000	
260 Flint Court #11		330,000			11-30-15	Lowest \$: 425,000 Average \$: 853,792	
507 Ginger Avenue 473 Meek Avenue		500,000 765,000			11-30-15 11-25-15	ADDRESS ZIP SOLD FOR BDSSQFT BUILTCLOSED	
2971 Pickford Way		650,000			11-23-13	33423 3rd Street 94587 550,000 3 1482 1948 11-25-15 2406 Almaden Boulevard 94587 575,000 3 1492 1968 11-24-15	
22112 Prospect Street		550,000			11-25-15	4516 Cabello Street 94587 1,223,000 11-25-15	
28690 Barn Rock Drive		910,000			11-24-15	4520 Cabello Street 94587 1,116,500 11-25-15	
28821 Bay Heights Road		,098,000			11-24-15	4522 Cabello Street 94587 1,270,000 11-25-15	
27361 Parkside Drive		515,000			11-24-15	4528 Cabello Street 94587 1,117,500 11-25-15	
2278 Parnassus Court		495,000			11-25-15	33065 Compton Court 94587 699,000 3 1647 1980 11-25-15	
725 Auburn Place #106		265,000			11-24-15	2708 Condor Court 94587 715,000 4 1550 1975 11-30-15	
24726 Broadmore Ave		565,000			11-30-15	120 Elderberry Lane 94587 899,000 5 2516 2002 11-25-15	
25447 Brooks Way		441,000			11-25-15	4150 Fair Ranch Road 94587 700,000 5 2076 1979 11-24-15	
554 Panjon Street 27929 Thornton Court		485,000			11-25-15	88 La Brea Terrace 94587 425,000 3 1212 1997 11-25-15	
2/929 I hornton Court 24596 Woodacre Avenue		285,000			11-30-15	5613 Pacific Grove Way 94587 955,500 4 2349 1999 11-25-15	

# US new-home sales rose in November after weak October

24596 Woodacre Avenue 94544 560,000 3 1780 1956 11-25-15

#### By Josh Boak AP Economics Writer

WASHINGTON (AP), Americans appear less inclined to buy new homes as the year ends. Sales improved in November only because fewer people bought new homes in October than initially reported.

The Commerce Department said Wednesday that new-home sales rose 4.3 percent last month to a seasonally adjusted annual rate of 490,000. But that increase was made possible mainly because the sales rate for October was revised sharply down to 470,000 from 495,000.

The housing market has strengthened for much of this year. Yet it has noticeably cooled since September as purchases of new homes in the Northeast and Midwest have been uneven. Year to date, new-home sales have advanced 14.5 percent, driven by job growth that pulled the un-

employment rate to a healthy 5 percent and relatively low mortgage rates.

"November new home sales disappointed, but this recent volatility has become a constant," said Ray Rodriguez, a mortgage sales manager at TD Bank. ``We remain optimistic about new home sales leveling out, especially with the projected increase in residential units next year alleviating supply concerns and stimulating home purchases."

The residential construction sector is still recovering from the housing bust and the Great Recession, which officially ended more than six years ago. Newhome sales remain below their 52-year historic average of 655,200. Yet prices are rising. The median new-home sales price has advanced 0.8 from a year ago to \$305,000.

Real estate has also encountered new regulatory challenges as 2015 winds down. The intro-

duction of new mortgage disclosure rules appears to have delayed sales of existing homes in November. Introduced by the Consumer Financial Protection Bureau, the guidelines provide a framework for informing homebuyers about interest rates and fees that may take months for the housing industry to adapt to.

The National Association of Realtors said Monday that sales of existing homes plummeted 10.5 percent in November to a seasonally adjusted annual rate of 4.76 million, the weakest pace in 19 months.

Despite that decline, sales of existing homes are poised to rise 5 percent in 2015 from a year ago.

Low mortgage rates have aided buying this year. Still, rates are now slightly higher than a year ago. The Federal Reserve hiked a key short-term rate last week, the first increase of its kind in nearly a decade as the economy appears solid enough to manage higher borrowing costs.

# Training for new volunteer tax preparers

SUBMITTED BY CITY OF FREMONT

Fremont Family Resource Center's (FRC) Volunteer Income Tax Assistance (VITA) program will begin its 14th year with the 2015 tax season, offering tax preparation services for low- to moderate-income individuals and families with an annual household income of \$54,000 or less. VITA uses volunteers to prepare and electronically file federal and state returns for free. According to the IRS, nearly 96,000 volunteers prepared over 3.6 million federal income tax returns during the 2014 filing season.

Joining our tax preparers are VITA volunteers who serve as greeters, screeners, quality reviewers, translators, and VITA tax coaches. Last tax season, 136 VITA volunteers contributed 9,594 hours of their time helping families in the Tri-City and Bay Area.

VITA volunteers go through a structured training and certification program that teaches them how to prepare tax returns and interact with customers. Classes are taught by highly experienced VITA IRS-certified tax coaches, many of whom are CPAs, former IRS employees, have paid tax preparer experience, and have served as VITA tax preparers for many years.

In addition to tax preparation services, FRC VITA site connects customers to additional services, such as financial coaching, financial education, asset building and credit repair that help individuals and families improve their financial condition. Since 2002, FRC VITA has served over 19,000 taxpayers and returned over \$29 million in refunds.

VITA services will begin January 2016. Our main site is located at Fremont Resource Center; satellite sites are in Newark and Union City. In the San Francisco Bay Area, the VITA program is sponsored by United Way of the Bay Area, "Earn It! Keep It! Save It!" Coalition, and the IRS. For more information, call SparkPoint Fremont FRC at (510) 574-2020 or visit www.Fremont.gov/frc and select SparkPoint Program under Additional Resources.

**B 348** 

# wind Twisters

# **Crossword Puzzle** 32 34 35 36

#### Across

- community (12)
- Wrath (4)
- "My boy" (3)
- unwise (7)
- Brought into play (4)
- "Thank You (Falettinme Be Mice \_\_\_\_ Agin)" (#1 hit of 1970) (3)
- 16 a type of store (11)
- effect (6) 19
- 20 sharp tool (2)
- linking (10)
- 23 insects (5)
- 24 composed (4)
- 25 army (8)
- 27 amphibian (4)
- rectangular baked clay (4)
- 30 food storage (12)
- 31 \_ alive!" (3)
- 32 high ranking officer (10)
- 34 I think, therefore I \_\_\_ (2)

#### 35 accountabilities (16)

- repairs (5)
- 39 Hose site (4)
- 41 liquor (3)
- conclusions (7)
- type of door (7)
- 44 Compensates (4)

#### Down

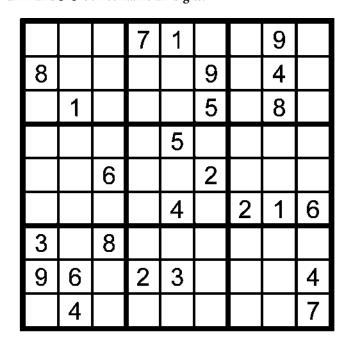
- 1 disagrees (2)
- among nations (13)
- Pillbox, e.g. (3)
- Common deciduous tree (3) Come to pass (6)
- room of a professional (6)
- records, papers (4) 7
- Chesterfield, e.g. (4)
- 10 therefore (5)
- uneasy (13)
- Exchange blows (3) 14 distance around a circle (13)

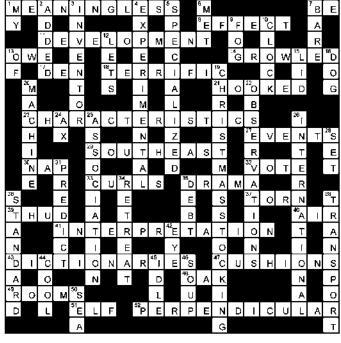
#### 15 Attention \_\_\_\_ (4)

- Cleared (6)
- for your \_
- understanding (14)
- awards, etc. (15)
- 22 leave (2)
- 24 donations (13)
- Amsterdam, (11)
- 29 tear with teeth (4)
- 20-20, e.g. (4)
- total (3)
- 37 Foot pads (4)
- execute, perform (2) 39 A.T.M. need (3)
- 40 Appear, with "up" (3)
- 41 Chap (3)

#### Sudoku:

Fill in the missing numbers (1 - 9) inclusive so each row, column and 3x3 box contains all digits.





B 349

1	6	9	2	7	8	5	3	4
3	2	5	6	თ	4	7	8	1
7	4	8	3	5	1	6	2	9
6	5	1	7	2	3	4	9	8
4	9	7	8	1	5	2	6	3
8	3	2	တ	4	6	1	5	7
5	1	6	4	8	9	3	7	2
2	8	4	5	3	7	9	1	6
9	7	3	1	6	2	8	4	5
	<u>"</u>	<u>"</u>					<u>"</u>	<u>"</u>

# Tri-City Stargazer December 30 - January 5, 2016 By Vivian Carol

#### The Year 2016: Overview Part I

#### Uranus/Pluto square:

The 10-year archetypal battle in the sky is among power versus social justice versus the sovereign rights of the individual. This is symbolic of the birth of the Aquarian Age. It is a quarrel that lasts for much of this decade at multiple levels. Uranus and Pluto are no longer tightly square, but they are highlighted every time one of the inner planets gets in their way. Two weeks after the equinoxes and solstices will be prime time for sparks. Events of a sudden nature will occasionally create havoc when this pair is triggered. Isis tends to be prominent when these planets are crossed, but the sudden changes are also personal. The cardinal signs - Aries, Cancer, Libra and Capricorn - have been and continue to be disturbed by these struggles.

#### **Neptune square Saturn:**

One particularly powerful message for this year urges us to use our ingenuity and creativity to replace something important that was lost during 2015. Almost everyone has lost something they always thought would be there - something that we have taken for granted, such as physical health, a career, and/or people we thought would be forever in our lives. A vacancy has been created for which we may still

grieve, while knowing all the while that the loss was meant to be. It is recognizable by the feeling that the sand is being sucked out from beneath your feet at a beachfront. Trying to maintain the past is impossible. Don't go there because it will suck the energy out from your life today. Let it go in peace.

Throughout 2016 we will engage in recovery. Don't expect the loss to be replaced in like kind. We are meant to find one or more creative ways to fill the gap. In some situations, we may discover that the missing piece was actually something we have been holding onto for too long. We will recognize that by admitting the relief we feel that we don't have to maintain it any longer. The ego does not let go easily, but if we take a good look at our reality, we tend to support various structures in our lives just because they are there and give the ego a sense of pride or ownership.

Saturn in Sagittarius: Saturn will spend the whole year in Sagittarius. The sign rules global communications, including the Internet, religious institutions and beliefs, laws, and distance travel. Saturn is a planet that will challenge any of these themes throughout 2016 and 2017. Tremendous work will be required on some of the main thoroughfares in countries. Water

damage may undermine the substructure of highway and bridge footings. At worst, there may be damage to the undersea cables that support world communications. It is possible that international travel will be curtailed by many due to the potential disruptions.. Meanwhile, many laws of the land will be eroded by those with deceptive motives.

#### Mars Retrograde:

In April Mars begins a retrograde path that will continue through the end of June with effects that last through mid-August. It starts in Sagittarius, travels through the latter degrees of Scorpio, and returns to its starting place in mid-August. Historically, those who draw a sword or attempt to expand power during these periods eventually find it turned against themselves. In our personal lives we are well advised to avoid extending our boundaries or initiating war on any front. The defendant, not the aggressor, will win in any conflict as long as the god of war moves backward, and it doesn't matter how big or right the initiator may be. When Mars is retrograde we are well advised against filing suit, hunting for game or opting for elective surgery (a different type of sword). However, we must plan to duck

for cover beginning in mid-Au-

gust when Mars in direct motion

joins a direct Saturn in Sagittarius. Both will be square to Neptune at that time. That looks like a prime moment for the beginning of war(s), which are started by so-called accident and misunderstandings between countries.

#### Mercury's Retrogrades:

Mercury's travels are always interesting. During 2016 four of these will occur. The first is in Capricorn from January 5-25. The next follows between April 28 and direct on May 22. Then again on August 30 - September 22. And lastly, December 19 until the year's end. Mercury is so close to us that retrogrades do create challenges (mostly minor). There is an approximate 10-day time on either side of the specific dates given above in which effects are showing.

While this planet is in retrograde motion we experience frequent changes of plans and schedule. The old teachings, often authoritarian, tell us never to begin anything important

while Mercury is retrograde because our plan won't turn out as desired. Personally, I hope this year's particular Mercury retrogrades will serve the purpose of keeping countries and people under control. Hesitation is a good thing during this period when relationships are so challenged.

During the Mercury retrograde periods, communications often go awry and routine schedules are tossed in the air like a deck of cards. If we were in touch with the true message of this phenomenon, we would arrange for a long siesta, a period of rest and reflection. Since most of us are not, we experience delays and complications in such things as meetings, travel, contracts and paperwork. A sense of humor is our best tool.

Next week we'll print the horoscopes for individual signs. Check back then for Part II.

Are you interested in a personal horoscope? Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



continued from page 1

# Fire **Ops 101**: a hands-on look into the life of firefighters



I was led to a fitting area to try on some gear – coat, pants, gloves, helmet, boots, and oxygen tank with mask – all standard issue "turn-outs," as known in the business. Ryan Garrett, a firefighter who reminded me of a young Matt Damon, helped me out. As I struggled in and out of heavy clothes for what seemed like ages, it dawned on me that these guys do this all the time, and they do it in the blink of an eye.

With my gear set, I made my way over to the briefing room. Among the other participants were several Hayward City Council members, including Francisco Zermeno, Sara Lamnin, and Elisa Marquez. Also attending was Senator Bob Wieckowski, who seemed rarin' to go. Our group supervisor was Captain Ryan Hamre, who gave us a brief introduction to the day. I munched on a donut as I tened. I was ready.

Hayward City Manager Fran David was also there and gave a rousing speech. I felt a battle cry forming in the back of my throat as we shuffled out they have learned to "do more with less." In this instance, Negri brought out an automated compression machine called a LUCAS Device, which freed me up to help Anthony.

As we blindly searched a smoke-filled room for bodies in the Search & Rescue exercise, I began to understand this profession a little more. They have to be vigilant at all times, checking equipment and each other. Everything is planned with speed and safety in mind. I learned that today's home fires spread much quicker than before due to synthetic materials.

In the Fire Attack exercise, as we stumbled up the smoke-filled tower to the third floor, heavy hose in hand, an image of the World Trade Center came to mind, and I wanted to cry. Sometimes they have a floor plan, or they can guess from the construction, but they never really know what they will encounter. It's scary.

Our last station was Auto Extrication. I was exhausted, both physically and emotionally. I could



to begin our training. We were divided into four groups of three, with a "wrangler" assigned to each group. LaShon Earnest was ours, an amiable 10-year veteran of the company.

I introduced myself to my teammates - Anthony Phillip, a Human Resources Analyst with the City, and Bobby Lopez, a student enrolled in the Emergency Medical Technician program at San Jose City College.

We went inside to our first station, an Emergency Medical Service "mega code" exercise, led by EMS Coordinator Bob Negri. We were tasked with trying to save a patient in cardiac arrest using life-saving equipment. I started giving chest compressions while Bobby manned a pump over the face. It was up to Anthony to set up an IV, administer any drugs, console family members, take meticulous notes, and other various duties. This is crazy, I thought.

While most departments have teams of four, Hayward Fire Station #6 only has teams of three. So barely lift the "jaws of life," which can separate a car door from its body with ease. It can also pin you to the vehicle if you're not careful.

This was the first public training day put on by the Hayward Fire Department, with plans to continue having them bi-annually. As I devoured a delicious lunch cooked up by these brave men, I thought about the closing remarks of Fire Chief Garrett Contreras and Local 1909 President Andrew Ghali.

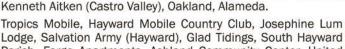
They talked about company integrity, how this station was proud of their highly skilled personnel, and how they could respond to any situation with equal capability. They are kept busy with over 21,000 EMS calls and 340 structure fires a year. And now, thanks to Fire Ops 101, I have even more respect for these amazing firefighters.

For more information, contact Captain Don Nichelson at (510) 583-4948 or Don.Nichelson@hayward-ca.gov.







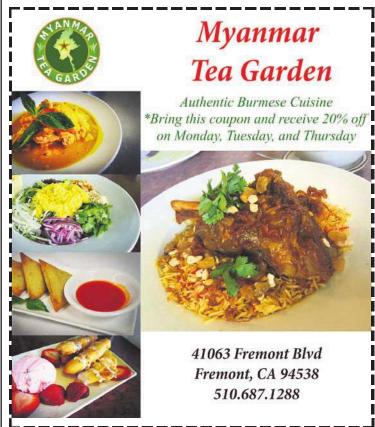


Lodge, Salvation Army (Hayward), Glad Tidings, South Hayward Parish, Fargo Apartments, Ashland Community Center, United Methodist (Castro Valley) 510-881-0300

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#### **EarthTalk®** From the Editors of **E** - The Environmental Magazine

as one of the many popular shows on HGTV inspired you to renovate your own home? If so, you're not alone! Home renovations have been on the rise the last few years in the U.S. and Canada, which can mean lots of leftover paint. Extra paint can last for years when properly sealed and stored away from extreme heat and cold, and if unneeded, can be donated to organizations like Habitat for Humanity and Keep America Beautiful. But if paint can no longer be used, what are some safe, environmentally-responsible ways to dispose of it?

The U.S. Environmental Protection Agency (EPA) estimates that about 10 percent of the house paint purchased in the United States each year—about 65 to 69 million gallons—is discarded. Leftover and unusable paint wastes causes pollution when disposed of improperly, the EPA warns. Before you can decide how to dispose of old paint, you'll need to determine what kind of paint it is. There are two types of paint: oil-based and latex; and regulations on disposal of each type of paint vary by location.

In some areas, latex paint can be thrown out with the trash as long as it is completely dried. Keep in mind that some household waste haulers may not pick up latex paint even if it is completely dried, so always check with your local waste disposal service provider on rules and regulations applicable to your area.

Oil-based paints, as well as paint thinners and other paint solvents, are considered hazardous household waste (HHW) and are typically disposed of at HHW facilities. While many communities across the country will hold annual or semi-annual HHW collection days to make paint disposal easy for local residents, the new non-profit Paint-Care is allowing residents of California, Connecticut, Rhode Island, Oregon, Minnesota and Vermont to have convenient disposal of house paint, primers, stains, sealers and clear coatings year-round. There is no charge for dropping off paint at a PaintCare drop-off site, and Paintcare's site locator (available on their website and app) allows residents of applicable states to quickly find their closest drop-off location. PaintCare locations can be found at select Sherwin-Williams, True Value, Ace Hardware and other retailers.

"Retailer support of the PaintCare program is not only good business practice, but also an extension of good customer service," says Scott Cassel, Chief Executive Officer of the Product Stewardship Institute, Inc., a nonprofit that in partnership with the paint industry, led the national dialogue that laid the foundation for the PaintCare program. "By providing paint drop-off locations, retailers not only encourage more foot traffic, but they also

#### Dear EarthTalk:What is the best way to recycle my old and/or unwanted paint, primer and stains? —

offer an important kind of community service that addresses both environmental protection and convenience."

PaintCare manages the leftover paint it receives according to a policy of "highest, best use." Their goal is to recycle as much as possible. Most of the oil-based paint is taken to a cement plant where it is blended into a fuel and burned to recover the energy value. Latex paint that is not rusty, molding or spoiled is sent to recycling companies and reprocessed into new paint. Some paint that the non-profit receives is nearly new and in excellent condition, and is given away at swap shops or to charita-

Kim Beeler, Lake Oswego, OR

ble organizations. Paintcare plans to expand its locations into Colorado in July of 2015, Maine in August of 2015 and the District of Columbia in January of 2016.

EarthTalk® is produced by Doug Moss & Roddy Scheer and is a registered trademark of Earth Action Network Inc. View past columns at: www.earthtalk.org. Or e-mail us your question: earthtalk@emagazine.com.

EPA Paints & Coatings Program, www.epa.gov/sectors/sectorinfo/sectorprofiles/pain t.html; Paintcare, www.paintcare.org.







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Arts & Entertainment \$ = Entrance or Activity Fee R= Reservations Required Schedules are subject to change. Call to confirm activities shown in these listing



#### CONTINUING **EVENTS**

#### Monday, Tuesday & Thursday, Sep 24 thru Dec 31

#### Wildlife Beyond Borders Ex-

Mon: 5 p.m. - 10 p.m. Tues & Thurs: 10 a.m. - 1 p.m. Animal photography display Reception with live animals Saturday, Sept 26 from 1 p.m. - 4 p.m. PhotoCentral 1099 E St., Hayward

#### Friday, Oct 3 - Sunday, Jan 10

#### Views of Nature

(510) 881-6721

http://www.photocentral

10 a.m. - 5 p.m. Wildlife photography and art by Bazzani and Preston

Hayward Shoreline Interpretive Center 4901 Breakwater Ave., Hayward (510) 670-7270 www.haywardrec.org

#### Tuesdays, Dec 15 thru Jan 26

9:30 a.m. - 10:30 a.m.

Introduction to set up, bid play and score keeping Newark Senior Center

7401 Enterprise Dr., Newark (510) 578-4840 www.newark.org

#### Tuesdays, Dec 15 thru Jan 26 **Bridge 2**

10:30 a.m. - 11:30 a.m.

Mastering game strategy Newark Senior Center 7401 Enterprise Dr., Newark (510) 578-4840 www.newark.org

#### Thursdays, Dec 17 thru Jan 28

#### Bingo \$

1 p.m. Games, refreshments and door prizes Newark Senior Center 7401 Enterprise Dr., Newark (510) 5/8-4840 www.newark.org

#### Mondays, Dec 21 thru Jan 25 Bunco

10 a.m.

Dice game No experience necessary Newark Senior Center 7401 Enterprise Dr., Newark (510) 578-4840 www.newark.org

#### Saturday, Jan 2 - Sunday,

#### Monarchs and Milkweed \$

10:30 a.m. & 2:00 p.m. Search for caterpillar eggs and butter-

Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

#### Friday, Jan 8 - Sunday, Jan 24 The Little Mermaid \$

Fri & Sat: 7:30 p.m. Sun: 2:30 p.m.

Disney's under the sea musical brought to life Smith Center

43600 Mission Blvd., Fremont (510) 659-1319 www.StarStruckTheatre.org

#### THIS WEEK

#### Wednesday, Dec 30 **Find it Fast**

3 p.m.

*Internet instruction for grades* 4 – 6 Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

#### Friday, Dec 31

SMOKINGPIGBBQ.NE

#### New Year's Eve Spectacular \$

Comedy improvisation snacks and raf-

Made Up Theatre 3392 Seldon Ct., Fremont (510) 573-3633 www.madeuptheatre.com

#### Thursday, Dec 31

#### New Year's Eve Gala \$ 7:30 p.m. – 1:00 a.m.

Live music, dancing, food and silent auction

USS Hornet Museum 707 W. Hornet Ave, Alameda (510) 521-8448 x286 www.uss-

hornet.org/calendar/newyear/

#### Thursday, Dec 31

#### **New Year's Eve Dance Party \$**

7 p.m. - 1 a.m. Music, dancing and three-course meal Smoking Pig BBQ 3340 Mowry Ave., Fremont (510) 713-1854 http://www.smokingpigbbq.net/



#### LIVE MUSIC Friday & Saturday at 9:00 pm

Steve Freund

1/8 Terrie Odabi

Big Jon Atkinson

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#### Farmers' Markets

#### FREMONT:

#### Centerville

#### **Saturdays** 9 a.m. - 1 p.m.

Year-round Bonde Way at Fremont Blvd., Fremont (510) 909-2067

www.fremontfarmersmarket.com

#### **Downtown Fremont** Farmers' Market

#### Wednesdays

3 p.m. – 7 p.m. May thru October Capital Ave. between Liberty St.

and State St. www.westcoastfarmersmarkets.org

#### **Kaiser Permanente Fremont** Farmers' Market

#### **Thursdays**

10 a.m. – 2 p.m.

www.pcfma.com

Year-round 39400 Paseo Padre Pkwy., Fremont 800-949-FARM

#### **Irvington Farmers' Market**

#### Sundays

9 a.m. – 2 p.m.

Year-round Bay Street and Trimboli Way, Fremont 800-949-FARM www.pcfma.com

#### **Niles Farmer's Market**

#### **Saturdays**

9 a.m. - 2 p.m.

Year-round Niles Town Plaza 37592 Niles Blvd., Fremont www.westcoastfarmersmarket.org

#### **HAYWARD:**

#### **Hayward Farmers' Market**

**Saturdays** 9 a.m. - 1 p.m.

Year-round Hayward City Plaza 777 B. St., Hayward 1-800-897-FARM www.agriculturalinstitute.org

#### **South Hayward Glad Tidings** Saturdays

#### 9 a.m. - 3 p.m.

Year-round

W. Tennyson Rd. between Tyrell Ave. and Tampa Ave., Hayward (510) 783-9377 www.cafarmersmarkets.com

#### **SAN LEANDRO:**

#### **Kaiser Permanente** San Leandro

#### Wednesday

10 a.m. - 2 p.m.

June 11, 2014 to December 31, 2014 2500 Merced St, San Leandro www.cafarmersmarkets.com

#### **MILPITAS:**

#### Milpitas Farmers' Market at ICC

#### **Sundays**

8 a.m. - 1 p.m.

Year-round India Community Center 525 Los Coches St. 800-949-FARM www.pcfma.com

#### **NEWARK:**

#### **Newark Farmers' Market**

Sundays

9 a.m. - 1 p.m.

Year-round NewPark Mall 2086 NewPark Mall, Newark 1-800-897-FARM www.agriculturalinstitute.org

#### **Bayfair Mall**

#### **Saturdays**

9 a.m. - 1 p.m.

Year-round Fairmont and East 14th St., San Leandro (925) 465-4690 www.cafarmersmkts.com

#### **UNION CITY:**

#### Kaiser Permanente Union City Farmers' Market

**Tuesdays** 

10 a.m. – 2 p.m.

Year-round Kaiser Permanente Medical Offices 3553 Whipple Rd., Union City 800-949-FARM www.pcfma.com

#### **Union City Farmers' Market**

#### **Saturdays**

9 a.m. – 1 p.m. Year-round

Old Alvarado Park Smith and Watkins Streets, Union City 800-949-FARM www.pcfma.com

#### FREE Adult Reading and Writing Classes are offered at the Alameda County Library

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Email: programassistant@driversforsurvivors.org www.DriversForSurvivors.org

#### Thursday, Dec 31

#### New Year's Eve Party \$

7:30 p.m. Music, dancing, dinner and drinks

India Community Center 525 Los Coches Street, Milpitas (408) 934-1130 www.indiacc.org/nye2016

#### Thursday, Dec 31

#### **Desi New Year's Eve Party \$**

6 p.m.

Live music, dancing, cocktails and buf-

Oasis Palace Ballroom 35145 Newark Blvd., Newark (510) 791-2096 www.sulekha.com/oasispalace

#### Thursday, Dec 31

#### **Balloon Drop Celebration \$**

11 a.m. - 4 p.m. Activities and prizes for all ages Chabot Space & Science Center 10000 Skyline Blvd., Oakland (510) 336-7300 www.chabotspace.org

#### Thursday, Dec 31

#### Con Funk Shun New Year's Eve Concert \$

8:00 p.m. & 10:30 p.m. High-energy live show Historic Bal Theatre 14808 East 14th Street, San Leandro (510) 614-1224 www.baltheatre.com

#### Thursday, Dec 31

#### New Year's Eve Retreat – R

7 p.m. - 12 midnight Reflection, mass and potluck dinner Dominican Sisters of Mission San Jose 43326 Mission Blvd., Fremont (510) 933-6335 http://bit.ly/2015NewYear-Retreat

#### Thursday, Dec 31

#### **World Pauses to Pray for Peace**

Simultaneous interfaith prayer around the globe

Niles Discovery Church of Fremont 36600 Niles Blvd., Fremont (510) 797-0895 www.nilesdiscoverychurch.org

#### Friday, Jan 1

#### New Year's Day Butterfly Discovery \$

11:30 a.m. & 1:30 p.m. Visit the monarch butterfly nursery Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2/9/ www.ebparks.org

#### Friday, Jan 1

#### Five Bridges New Year's Hike

1:00 p.m. - 4:30 p.m. Steep 3.5 mile hike for ages 7+ Meet at the Old Green Barn Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3243 www.ebparks.org

#### Saturday, Jan 2

#### American Red Cross Blood Drive – R

7:30 a.m. - 2:30 p.m. Call to schedule an appointment Drop-ins welcome Fremont-Newark Blood Center 39227 Cedar Blvd., Newark (800) 733-2767 www.redcrossblood.org

#### Saturday, Jan 2 - Sunday, Jan 3

#### **Family Fun Hour**

2 p.m. - 3 p.m. Stories, games and activities

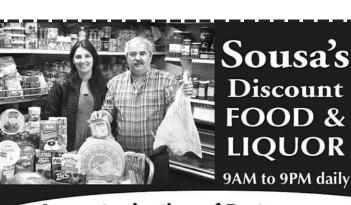
Ages 5+ Coyote Hills Regional Park 8000 Patterson Ranch Rd., Fremont (510) 544-3220

#### Saturday, Jan 2

www.ebparks.org

#### Monarchs for Kids \$

11 a.m. - 12 noon Butterfly puppet show and short hike Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org



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AND MORE 510-795-6000 37085 Fremont Blvd, Fremont

#### San Leandro to host free holiday lights recycling event

SUBMITTED BY SBEYDEH VIVEROS-WALTON

The City of San Leandro Recycling Program is hosting its first holiday lights recycling event beginning Monday, January 4 through Friday, January 15 at the Public Works Service Center. Residents are encouraged to bring in their working and/or non-working light strands of all lengths and colors. Lights should be free of all bags, binding and packaging. Extension cords, Compact Fluorescent Lamps (CFLs), pre-lit trees, wreaths and garland will not be accepted. Drop off is free of charge and only open to San Leandro residents.

It can take up to 1,000 years for landfilled holiday lights to breakdown. Recycling holiday lighting gives life to new products when their metal and plastic components are separated and recycled. The Recycling Program encourages residents to switch to longer lasting, energy efficient LED lights.

For more information, call the City of San Leandro Recycling Hotline at (510) 577-6026.

> **Holiday Lights Recycling Event** Monday, Jan 4 – Friday, Jan 15 7 a.m. – 3:30 p.m. **Public Works Service Center** 14200 Chapman Rd, San Leandro (510) 577-6026 www.recyclesanleandro.org Free

### Give the gift of a warm meal

#### SUBMITTED BY HAYWARD **CHAMBER OF COMMERCE**

SOS (Senior Outreach Services)/Meals on Wheels depends on donations from people like you to help ensure that vulnerable seniors in Hayward and Castro Valley can enjoy a warm, festive meal and a visit, over the holidays.

Many of these frail, homebound seniors do not have family members to spend the holiday with. For some, their driver may be the only person they see that day. The Holiday Meals on Wheels program delivers much

more than just a meal; it delivers the essence of the holiday.

Please support SOS/Meals on Wheels and help deliver a holiday to homebound seniors in your neighborhood this season.

\$40 feeds a homebound senior for one week. \$160 feeds a homebound senior for one month.

SOS will gratefully accept your donation via the website: SOSMOW.ORG/DONATE or send a check to SOS/Meals on Wheels, 2235 Polvorosa Ave.,

Suite 260, San Leandro, CA 94577.



Superior Pizza made fresh daily from the finest

premium ingredients. Specially blended sauces,

homemade hand spun dough. M, T, W, Th, Sun Ilam-10pm Fri & Sat. I lam - I lpm

Expires 1/30/16

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Dine In - Take Out - Delivery (Limited Area & Time)

26775 Hayward Blvd. Hayward

Present Coupon When Ordering. Mobile Coupons Not Accepted Offers Cannot be Combines.

#### Fremont Art Association Announces Gertrude Stein Shorn:

An exhibition Celebrating the 90th Anniversary of Her Hair Cut January 6 - February 6, 2016

You are invited to submit entries for an open Poster Contest to create a commemorative collectible poster. On-line submissions only Deadline December 1, 2015. Please go to:

http://tinyurl.com/oeniz8d for prospectus and submission form.



Fremont Art Association 37697 Niles Boulevard Fremont, CA 94536 (510)792-0905 www.fremontartassociation.org



Come play ball with us. Registration for 2016 Baseball Season is open now. Visit us at www.msjll.com or send us an email at info@msjll.com for more information.

#### **BOOKMOBILE SCHEDULE**

**Alameda County** Renew books by phone (510) 790-8096 For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org. Times & Stops subject to change

#### Tuesday, Dec 29

9:45-10:15 Daycare Center Visit - FREMONT 10:45 - 11:15 Daycare Center Visit - FREMONT 2:15 – 2:45 Daycare Center Visit - NEWARK 4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., **FREMONT** 5:50 - 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

#### Wednesday, Dec 30

12:45 – 2:15 Glenmoor School, 4620 Mattos Drive, FREMONT 2:45 – 3:45 Mission Hills Middle School, 250 Tamarack Dr., **UNION CITY** 4:00 - 4:30 Purple Lotus Buddhist School, UNION CITY 6:00 - 6:30 Camellia Dr. & Camellia Ct., FREMONT

#### Thursday, Dec 31

10:00 - 10:30 Daycare Center Visit, CASTRO VALLEY 10:45 - 11:45 Daycare Center Visit, CASTRO VALLEY 1:20 - 1:50 Daycare Center Visit, **HAYWARD** 2:15 – 3:15 Cherryland School,

585 Willow Ave., HAYWARD

#### Monday, Jan 4

9:30 - 10:05 Daycare Center Visit, UNION CITY 10:25 - 10:55 Daycare Center Visit, UNION CITY 1:45 - 2:45 Delaine Eastin School, 34901 Eastin Dr.,

UNION CITY 4:15 – 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY 5:15 - 6:45 Forest Park School, Deep Creek Rd. & Maybird Cir., FREMONT

#### Tuesday, Jan 5

9:45 - 11:30 Daycare Center Visit - FREMONT 2:30 - 3:25 Cabrillo School, 36700 San Pedro Dr., **FREMONT** 4:45 - 5:30 Baywood Apts., 4275 Bay St., FREMONT 5:50 - 6:30 Jerome Ave. and Ohlones St., FREMONT

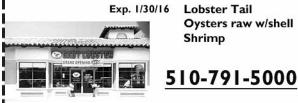
#### Wednesday, Jan 6

1:00 – 2:00 Del Rey School, V ia Mesa at Via Julia, SAN LORENZO 2:30 - 3:00 Eden House Apts., 1601 165th Ave., SAN LEANDRO 3:30 - 4:00 Baywood Ct., 21966 Dolores St., CASTRO VALLEY 6:00 - 6:30 Camellia Dr., & Camellia Ct., FREMONT

> Milpitas Bookmobile stops Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060



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# BABY LOBST

MARKET PRICES **Dungeness Crab** Crawfish Clams King Crab Legs Whole Lobster Lobster Tail Oysters raw w/shell Shrimp

**Lunch Specials** Lunch 11:30 - 3:30pm Dinner 5:00 - 10:00pm **Seafood Ramen Beef Ball Ramen** Fish Cake Fish Ball Ramen Steam chicken over rice/or Ramen Special Beef Stew over Rice/or Ramen Special Lamb Stew over Rice/or Ramen Special Duck Leg Over Rice/or Ramen Special Pig Leg over Rice/or Ramen **House Special Ramen** 

5855 Jarvis Ave Unit C, Newark Next to Dino's

#### Saturday, Jan 2

#### Make Your Own Butterfly \$

1 p.m. - 2 p.m. Create an easy butterfly craft Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

#### Saturday, Jan 2

#### **Nature Detectives: Tracking Detectives**

11 a.m. - 12 noon Explore trails for traces of animals Ages 3-5Hayward Shoreline Interpretive Center 4901 Breakwater Ave., Hayward (510) 670-7270 www.haywardrec.org

#### Saturday, Jan 2

#### Free Notary Signing Service -

12 noon - 2 p.m. Identification required Hayward Main Library 835 C St., Hayward (510) 881-7980 http://tinyurl.com/notary-jan-2016

#### Saturday, Jan 2

#### **Nature Walk for Health**

10:30 a.m. - 11:30 a.m. Easy 1.3 mile stroll along marshlands SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222

#### Sunday, Jan 3

#### **Puddle Jumping Hike**

1:30 p.m. - 3:30 p.m. Short hike to search for water critters Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

#### Sunday, Jan 3

**Volunteer Orientation** 

11 a.m. - 12 noon Information meeting for potential do-

SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222

#### I need a Forever Home

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Chat Noir is a playful, curious, and very sophisticated young cat. A very social kitty, he loves getting your attention and will seek to be near his person. He also loves playing with his favorite ball or feather toy. Hayward Animal Shelter. Info: (510) 293-7200.

Thumper is an active, curious girl who loves to hop around and explore. She has luxurious, soft gray fur. She loves green vegetables and Timothy hay. Thumper is spayed and ready to go to her in-door home with her loving family. Info:Info:InfoHayward Animal Shelter. Info: (510) 293-7200.



**Enrich Your Life - Become a Volunteer!** 

#### **Hayward Animal Shelter**

www.facebook.com/haywardanimalshelter 510-293-7200

16 Barnes Court (Near Soto & Jackson) Hayward Tuesday - Saturday I pm - 5 pm

#### Monday, Jan 4

#### The Golden Rule and Virtue of

7:30 p.m. - 9:00 p.m. Discuss teachings of Confucius and Jesus Dominican Sisters of Mission San

43326 Mission Blvd., Fremont (510) 933-6335 www.msjdominicans.org

#### Monday, Jan 4

**Milpitas Rotary Club Meeting** 12 noon - 1:30 p.m. Discuss the history of Rock 'n Roll Dave and Busters 940 Great Mall Dr., Milpitas

(408) 957-9215 http://www.clubrunner.ca/milpi-

#### Tuesday, Jan 5

#### **American Red Cross Blood** Drive

1 p.m. - 7 p.m. Call to schedule an appointment Drop ins welcome Silliman Activity Center 6800 Mowry Ave., Newark (800) 733-2767 www.redcrossblood.org

#### Saturday, Jan 16

#### **Battle of the Bands Live Audi**tions \$R

Open to all genre of music Must submit fee with application Entry deadline is Friday, Jan 8 Matt Jimenez Community Center 28200 Ruus Road, Hayward (510) 888-0211

www.haywardrec.org

# Fremont Turns

#### SUBMITTED BY CITY OF FREMONT

ext year represents a big milestone for Fremont - the celebration of its 60th anniversary! Join us for a time capsule ceremony and community picnic on Saturday, January 23, 2016. City of Fremont will host a celebration to applaud how far the City has come in the past 60 years, from establishing itself as a city to creating a brand new Downtown for its residents.

To memorialize this exciting day, Fremont will be holding a time capsule ceremony on Saturday, January 23, 2016, at 11 a.m. The time capsule, which will include items that reflect Fremont's culture, diversity, life, and energy from the perspective of our city's youth, will be installed on the site of the City's future Civic Center. Contents are being collected via a partnership with the City's Youth Advisory Commission and Fremont Unified School District. Intended to be opened at the City's 100th anniversary, Fremont's newest generations will have the honor of opening the time capsule and uncovering pieces of Fremont history.

The installation of the time capsule at the site of Downtown Fremont's future Civic Center will be part of our anniversary festivities and the items collected will be critical in portraying who Fremont was in 2016.

Also, remember to take our survey at: http://tinyurl.com/pzmr3v7 to tell us what you think should be in the time capsule!

To enhance the celebration, join us on Capitol Avenue between Fremont Boulevard and State Street for a festive community picnic with food trucks and live music.

Local businesses, nonprofits, and community groups are also invited to host various festivities to commemorate the celebration throughout 2016. Between now and next January, get a head start on planning such festivities for this memorable occasion. It can be as simple as weaving in the City's 60th anniversary into events already being planned for 2016 or creating a new signature event to commemorate this milestone.

To spread the word, a calendar of events will be posted to the City's website to share when and where 60th anniversary events will be happening. Don't miss out on this opportunity to experience fun and fellowship with other Fremont community members as we celebrate our City's achievements over the past 60 years.

> Fremont Turns 60! Saturday, Jan 23, 2016 11 a.m. Capitol Avenue between Fremont Blvd and State St Email: timecapsule@fremont.gov www.fremont.gov

# Park It

By NED MACKAY

If you have watched enough bowl games and are looking for other ways to celebrate the New Year, East Bay Regional Park District is offering two special hikes under the auspices of the Healthy Parks Healthy People program, designed to encourage health and fitness through outdoor activities.

One is a New Year Challenge Hike from 9 a.m. to 1 p.m. Saturday, Jan. 2 at Redwood Regional Park in Oakland, led by naturalist Morgan Dill. This one is a five-miler from prairie to forest to ridgeline and back again. Meet Morgan at the Trudeau Training Center at 11500 Skyline Boulevard, just south of the intersection with Joaquin Miller Road. For information, call 510-544-3187.

Another option is a New Year's Jaunt from 9 a.m. to 3 p.m. on Saturday, Jan. 2 at Morgan Territory Regional Preserve east of Mt. Diablo, led by naturalist Kevin Dixon. It's a strenuous outing, designed for ages 11 and older. The group will ascend ridges to enjoy panoramic views of Mt. Diablo and search for migrating newts. Meet at the park's

staging area on Morgan Territory Road about nine miles south of the intersection with Marsh Creek Road in Clayton. For information, call 888-327-2757, ext. 2750.

So what else is going on as the regional parks begin the New Year? Early risers can join in a

Dawn Chorus Yoga session from 7 to 8 a.m. Saturday, Jan. 2 at Big Break Regional Shoreline in Oakley, cosponsored by the Big Break interpretive staff and the Brentwood Yoga Center. Bring a yoga mat, wear warm, comfortable clothing, and join in yoga exercises and a sunrise stroll.

And the world of plankton will be on display at Big Break Regional Shoreline in a program from 2 to 3 p.m. on Jan. 2. Help the interpretive staff haul in and magnify the tiny aquatic creatures that are a vital part of the Delta

For your young children, there's a **Big Break Littles program** from 10 to 11 a.m. on Monday, Jan. 4 and again at the same time on Feb. 1. It's for kids ages 1 through 5, and parent or caregiver participation is required. The kids will play in the

rain or shine in January, and spot water birds in February.

Big Break is at 69 Big Break Road off Main Street in Oakley. For information, call 888-327-2757, ext. 3050.

At Black Diamond Mines Regional Preserve in Antioch, naturalist Eddie Willis will lead a moderate, two-mile hike in search of new leafy growth on trees, shrubs and herbs. It's from 10 a.m. to noon on Sunday, Jan. 3; heavy rain cancels it. Meet Eddie at the parking lot at the end of Somersville Road, 3? miles south of Highway 4 in Antioch. For information, call 888-327-2757, ext. 2750.

Tilden Nature Area near Berkeley plans lots of programs as the New Year begins. From 1 to 2 p.m. on Saturday, Jan. 2, it's "eat the earth" with interpretive student aide Sharona Kleinman. Participants will learn about the different layers of soil, using pudding, cookies, gummy worms and other edibles. Then from 9 a.m.

to noon on Sunday, Jan. 3, search for animal tracks in the mud with naturalist Anthony Fisher, and make plaster casts of your finds. Or Sharona can introduce you to the **snakes in residence** at the Environmental Education Center in a program from 11 a.m. to noon on Sunday, Jan. 3. She'll help the kids make a snake-themed craft, too. And Anthony will lead a winter afternoon nature walk from 2 to 3:30 p.m. Sunday, Jan. 3.

All the programs meet at the Nature Area's Environmental Education Center at the north end of Tilden's Central Park Drive. For information, call 510-544-2233.

Crab Cove Visitor Center in Alameda has a storytime and nature fun session from 11 to 11:30 a.m. every Sunday in January and February. And there's family nature fun from 2 to 3 p.m. every Saturday and Sunday. Family nature fun on Jan. 2 and 3 will be campfire themed. Learn how to build a fire, drink some cocoa and sing campfire songs.

There's more. Naturalist
Kristina Parkison will conduct a
bird watching walk from 8 to 10
a.m. Saturday, Jan. 2 at Coyote
Hills Regional Park in Fremont.
Meet at the park visitor center at
8000 Patterson Ranch Road off
Paseo Padre Parkway. Call 510544-3220 for information.

And Katie Colbert will host a "five bridges New Year's hike"

from 1 to 4:30 p.m. Friday, Jan. 1 at Sunol Regional Wilderness. The pace will be leisurely, but it's 3? miles with some steep uphill, designed for ages seven and older. If you can't make the bridge hike, Katie will lead a **puddle jumping hike** at Sunol from 1:30 to 3:30 p.m. on Sunday, Jan. 3, looking for wildlife in puddles, ponds and streams. This one is for ages seven and older, too.

Sunol Regional Wilderness is on Geary Road off Calaveras Road, five miles south of i-680 in southern Alameda County. Call 510-544-3249.

Here's a reminder: though radio controlled drones apparently have been a popular Christmas present, there isn't any regional park where they can be legally operated. No motorized model aircraft are allowed in the regional parks, because of the potential for disturbance to wildlife and other park visitors. Moreover, as of Dec. 21, drones must be registered with the Federal Aviation Administration. For information, visit www.faa.gov. Non-motorized, remote-controlled gliders are allowed in specified areas of three parks: Del Valle, Mission Peak and Coyote Hills. And of course the safety and convenience of other park visitors is always of paramount importance.

# Chabot features Snapshots of Success

By Johnna M. Laird

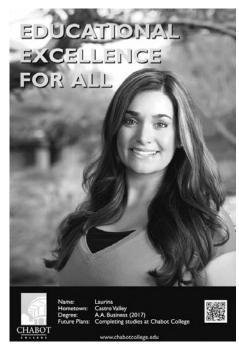
habot College launched a Snapshots of Success campaign in November, reminding the East Bay that a gem of an educational institution lies in its backyard, ready to help people realize their dreams.

A banner campaign with photographs of six recent alumni can be seen on Hesperian Boulevard near the college and inside Southland and Bay Fair shopping malls. Banners are designed to increase public awareness about Chabot, strengthen its tie to the communities it serves and reconnect with the school's more than 170,000 students who have attended in the 54 years since the college opened its doors in 1961.

The banner portraits were created by Daniel Liberti, a Chabot College alumnus himself. After graduating from James Logan High School in Union City, Liberti arrived at Chabot ready to major in biology. A photography class at Chabot helped him find his passion. After transferring to San Jose State University and graduating, he launched a successful career as a commercial photographer.

"Many young people may not have considered college as a choice for themselves," says Maria Ochoa, who attended Chabot in the 1970s and went on to earn her doctorate degree before returning to Chabot last year as Executive Director of the Office of Development, which launched Snapshots of Success. "We hope the campaign demonstrates that regular people, leading normal lives, living nearby, and facing challenges can make a difference and that college—(particularly





Chabot College)—can assist in achieving their dreams and goals."

Chosen for their work in the community and on campus, the six alumni show-cased in the Snapshots of Success include:

• Laurina, a Castro Valley resident on active duty with the U.S. Air Force who is set to transfer to University of California Berkeley, majoring in business with a marketing emphasis.

• Kate, a Union City resident who served as a student trustee for the college and helped bring water bottle dispensers to the campus, now studying political science and international affairs at UCLA on a full-ride scholarship.

• Alfred, who served in the U.S. Army
Rangers with tours of duty in the Middle
East and co-founded the Chabot Club
Latinos with Purpose that became active in
Keep Hayward Clean and Green Task
Force, now studying at Haas School of
Business at UC Berkeley.

• Damonte, an Oakland resident who at a young age was left to manage for himself and found his way to Chabot and the college's Striving Black Brothers program that gave him support to complete his studies and earn a full-ride scholarship to Prairie View College where he is earning a degree in sociology.

• Seth, a Hayward High School graduate who earned three Associate of Arts degrees—one in broadcasting and two others in automotive technology—now living and working in Maui.

• Michelle, who grew up a few blocks from Chabot and played on the 2015 California Community College Athletic Association (CCCAA) State Championship Women's Basketball team and won the 2015 Gerald A Shimada Memorial Scholarship

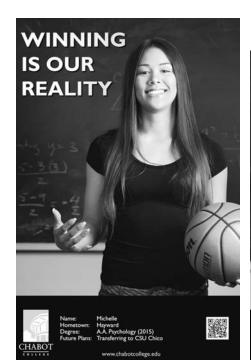


that enables her to attend Chico State University where she majors in psychology.

These first six Snapshots of Success will remain on display for the 2015-2016 academic year, followed by future campaigns highlighting families that boast three or more generations of Chabot College students, then people who work at Chabot—its administrators, faculty and classified workers who have attended the college and returned there to work, and even a campaign that celebrates couples who met and fell in love as students at Chabot.

There are always sports figures and the famous: Ned Yost, Kansas City Royals Manager whose team won the 2015 World Series; Alan Regier, Chicago White Sox Special Assignment Scout; Dick Tidrow, San Francisco Giants Scouting Director; Academy-Award winner Tom Hanks; vocalist and Grammy-Award winner Ledisi; and Metallica bass player Cliff Burton (now deceased).

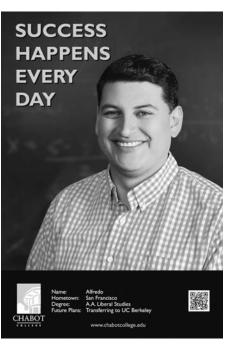
Governmental officials include Alameda County Supervisor Richard Valle, Albany Mayor Peter Maass, and East Bay Regional Parks District Board Member Dennis Waespi. As Ochoa says, the possibilities for the campaign are endless.

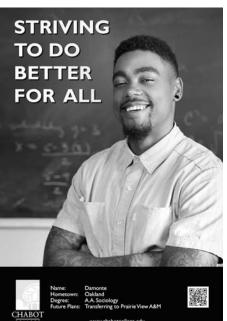


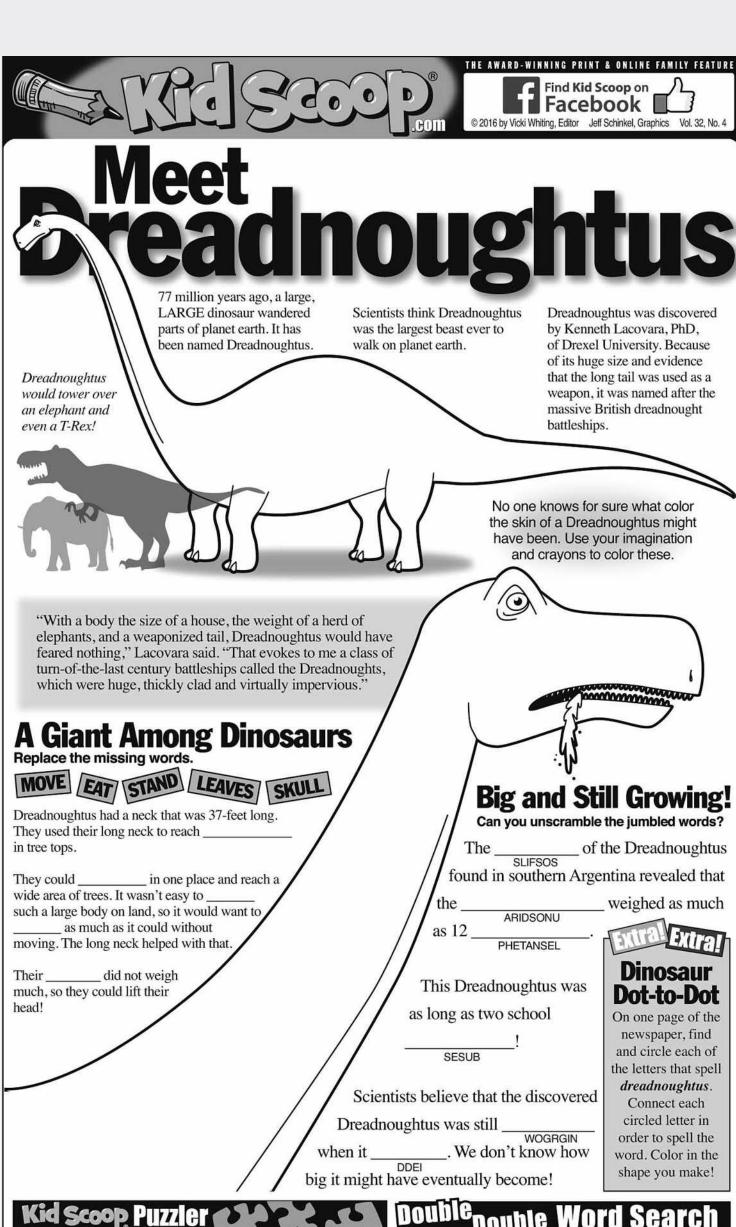
Ochoa also offers these snapshots of what Chabot offers students: a planetarium that serves as classroom space; a stateof-the-art fitness center; a music recording studio emphasizing electronic and digital performance; digital and wet photography laboratories; a spatial arts (3D) program including sculpture and ceramics courses; a BMW automobile technology program that is the only one West of the Mississippi; coaches who were part of the 2015 CCCAA State Championship women's basketball team; a men's football team that won four straight conference championships; and more transfer degree courses than any other community college in the East Bay.

Chabot is also home to Puente, described as the most successful mentoring program for Latina and Latino students in the U.S., one of California's most established California Early Childhood Mentor Program, and an award-winning acceleration project that works with students whose English and/or math skills are weak and whose motivation may need a boost.

For more information, visit https://supportchabotcollege.org/snapshots-of-success/







#### Double. DISCOVERED

How many dinosaurs can you find here?

**ELEPHANTS SOUIRRELS** DINOSAUR **CENTURY** WEAPON **FEARED BEAST CHECK HUGE** CLAD WALK HIGH

KNOW

**BODY** 

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

OSTNAHPELE CENTURYRGN ESLERRIUQS WHFUBGHAHY DEREVOCSID EHAWALEOGO RSOPARBNHB TNIDOLEIVO KCEHCNKDRE

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

# Kid Scoop Together:

Mark each statement about Dreadnoughtus TRUE or FALSE. Check your answers with the math problem below each statement. Sums that add up to even numbers are TRUE.

1. Dreadnoughtus was a herbivore.

OTRUE OFALSE 5 + 3 + 2 =

2. Dreadnoughtus weighed as much as 12 squirrels. OTRUE OFALSE 3 + 3 + 1 =

3. Dreadnoughtus lived in what is now southern Argentina.

OTRUE OFALSE 12 + 4 + 4 =

4. The top of the Dreadnoughtus' shoulders was two stories high.

OTRUE OFALSE 4 + 4 + 4 =

5. Dreadnoughtus had to eat nearly 24 hours a day to support such a large body. OTRUE OFALSE 5 + 3 + 8 =

6. The fossil remains were transported to Philadelphia and scanned with a laser scanner in order to study the bones and estimate size. OTRUE OFALSE 2 + 3 + 5 =

7. The original discovery revealed 115 bones. OTRUE OFALSE 2 + 3 + 5 =

8. The Dreadnoughtus' skull size is about the size of a

OTRUE OFALSE 9 + 3 + 7 =

9. One of its neck muscles is over a yard across. OTRUE OFALSE 7 + 6 + 7 =

10. Dreadnoughtus lived at the same time as the early humans.

> OTRUE OFALSE 3 + 3 + 3 =

11. The Dreadnoughtus fossil that was found is believed to have drowned in quicksand.

OTRUE OFALSE 2 + 10 + 4 =



The adjective **impervious** means unmoved and not affected by outside influences.

> My raincoat was impervious to rain.

Try to use the word impervious in a sentence today when talking with your friends and family members.

#### Compound Words

Look through the newspaper for examples of five compound words (a word formed by combining two other words: table + spoon = tablespoon). Separate each word into the two words and make up the compound word.

Standards Link: Vocabulary: Identify compound words.



If you could give the whole world a gift, what would it be? Why this gift?

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#24 is Nicole Machado-Potestio



Women's Basketball

#### Renegades Report

PHOTO BY DON JEDLOVEC

Ohlone Lady Renegades fell to Cabrillo College on December 19th, 81-57.

#30 is Sydney Hills



#### **Transit Apprenticeships** initiative to receive grant

SUBMITTED BY SANTA CLARA VALLEY TRANSPORTATION AUTHORITY

A program to train much needed transit operations and maintenance workers is taking shape, thanks to a \$1 million grant from California Community College Chancellor's Office. Santa Clara Valley Transportation Authority (VTA), Mission College of Santa Clara, and Amalgamated Transit Workers Union (ATU) Local 265 are launching the "Transit Apprenticeships for Professional Career Advancement" initiative to build a unique system of apprenticeship programs to recruit and train 100 apprentices during the two-year grant period.

The initiative was developed to address increasing demand for public transit in Santa Clara Valley and the Bay Area, and an impending personnel crisis in the public transit industry nationally, with a high percentage of transit employees retiring soon or currently eligible to retire. New Department of Transportation studies show that over the next 10 years the public transit industry will need to hire and train new workers equivalent to 126 percent of today's total workforce.

The new funding will allow VTA to construct a new light rail training classroom and hands-on laboratory at VTA's Guadalupe Division to give light rail apprentices the most effective and complete training experience. One hundred apprentices will receive full salary and benefits during their training programs. By the end of the two-year grant period, apprentices will receive college credit through Mission College upon successful completion of their ap-

Anyone interested in the apprenticeship programs should visit http://agency.governmentjobs.com/vtasantaclara/default.cfm.

#### Grimmer Elementary named top-performing school for underserved students

SUBMITTED BY BRIAN KILLGORE

A new report has named Fremont Unified School District's (FUSD) Grimmer Elementary as one of the San Francisco Bay Area's top-performing schools for underserved students. On November 2, Innovate Pub lic Schools released a research study which finds the Bay Area trails the state in test scores for low-income Latino and African-American students, but also recognizes a number of schools that are bucking the trend.

Innovate's analysis looked at public schools across the Bay Area, excluding those with selective admissions criteria and alternative schools. The report highlights 54 Bay Area public schools that achieved stronger than average results, showing what students can achieve and pointing the way toward how all schools can better support underserved students. One of the schools recognized is FUSD's Grimmer Elementary, which serves over 400 students in Grades K-6 with over 50 percent identifying as Latino. Representing the diversity of its community, Grimmer is one of three FUSD schools to feature a Dual-Immersion Spanish program as part of its curriculum. Of all Bay Area schools that were analyzed, Grimmer posted the 10th-highest percentage among elementary schools for Latino students who met or exceeded the CAASPP state average for Math with 43 percent.

"All students deserve equal access to a high-quality education, regardless of income," said FUSD Superintendent, Dr. Jim Morris. "We are very proud to have schools and staff who recognize the needs of all students and help put them in the best situations to succeed."

"Our goal is to meet the academic, social, physical and emotional needs of every student," added Grimmer Elementary School Principal, Judy Nye. "We are very fortunate to work with a diverse student body and truly believe our programs can bring out the best in each student - no matter their background."

#### Grant for mental health

#### SUBMITTED BY GUY ASHLEY

Alameda County Behavioral Health Care Services (BHCS) was awarded \$3,912,676 in Fourth Round Funding from the California Health Facilities Financing Authority (CHFFA). The grant will enable BHCS to expand its crisis support services through the development of a

new Crisis Stabilization Unit (CSU) that will be co-located with a new crisis residential treatment (CRT) program serving the North Area of Alameda County.

"As a county, we lack sufficient beds for mental health services in the communities that need them the most," said Manuel Jiménez, Director of Behavioral Health Care Services. Alameda County

currently has 32 beds to serve those experiencing a mental health crisis. This grant award increases CSU beds by 12 and CRT beds by 14. This increase supports BHCS's ultimate goal of expanding the county's number of beds to 108 at facilities in West Oakland, Fremont, Hayward, San Leandro, and Livermore.

### IFE CORNERSTONES Marriage

Birth

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For more information

**Obituaries** 



**Fremont Memorial Chapel** (510) 793-8900 FD 1115 3723 Peralta Blvd. Fremont www.fremontmemorialchapel.com

Juan Antonio Ramirez Ceja

RESIDENT OF FREMONT January 2, 1972 - December 17, 2015

Joseph M. Castro, Jr. RESIDENT OF FREMONT

April 11, 1939 - December 19, 2015 Robert "Bob" Lee

RESIDENT OF FREMONT April 25, 1932 - December 20, 2015

Jesslyn C. Hatala

RESIDENT OF DALY CITY February 4, 1928 - December 23, 2015

Juanita "Jenny" Reyna RESIDENT OF UNION CITY

December 22, 1953 – December 23, 2015

Norma K. Bettencourt RESIDENT OF FREMONT lune 15, 1926 - December 24, 2015

Andrew J. Ballantyne RESIDENT OF FREMONT June 17, 1996 - December 23, 2015

**Bennett Richardson** 

RESIDENT OF SACRAMENTO April 13, 1920 - December 16, 2015

Julie A. Silva RESIDENT OF NEWARK

August 14, 1942 - December 24, 2015



**Fremont Chapel of the Roses** (510) 797-1900 FD1007 1940 Peralta Blvd., Fremont www.fremontchapeloftheroses.com



Gerald L. O'Neill RESIDENT OF FREMONT

December 1, 1929 - December 17, 2015

**Denise L. Noard** 

RESIDENT OF FREMONT December 18, 1956 - December 17, 2015

Amalia Z. Guzman

RESIDENT OF FREMONT July 10, 1935 - December 18, 2015

James L. Sandoz RESIDENT OF FREMONT November 30, 1941 - December 20, 2015

Jeremy M. Williams

RESIDENT OF UNION CITY October 3, 1977 - December 20, 2015

> Ngau Ho RESIDENT OF FREMONT

Resident of Fremont

Jose E. Garcia RESIDENT OF FREMONT

August 25, 1933 - December 25, 2015

Santokh Singh RESIDENT OF SAN IOSE

September 12, 1030 - December 18, 2015

Amalia Z. Guzman

RESIDENT OF FREMONT November 24, 1930 - December 26, 2015

**Eric R. Rome** 

RESIDENT OF NEWARK August 12, 1961 - December 26, 2015

Larry D. Hodges

RESIDENT OF FREMONT March 29, 1948 - December 26, 2015

**Donald E. Lenfert** 

RESIDENT OF FREMONT January 12, 1931 - December 27, 2015

> **Michael Espinola** RESIDENT OF FREMONT

June 12, 1956 - December 27, 2015

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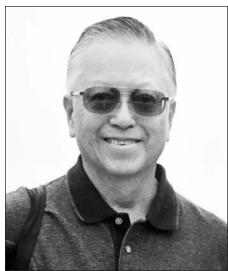
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#### **Obituary**

#### Robert Vun Yau Lee

April 25, 1932 – December 20, 2015 **Resident of Fremont** 





A Hawaiian at heart, Robert "Bob" Lee was born in Honolulu to Henry En Pui Lee and Ami Akana. He was a loving husband to Gladys Chun Lee and a wonderful father to Deena, Donna, Roger, Darin, and Ranelle. He leaves behind a family who loves him and many friends whose lives he has touched including 7 grandchildren: Brandon, David, Michaela, Noe, Jared, Jason, and Nicole. For 30 years he worked at Pacific Gas and Electric, retiring in San Bruno as a Marketing

Division Manager. He loved all sports and was a long-time 49er faithful since their Kezar days. Throughout his life, he enjoyed golf-ing, traveling, and ball-room dancing. A Memorial Mass will be celebrated on Tuesday, December 29th, 10am at Holy Spirit Catholic Church, 37588 Fremont Blvd., Fremont, CA 94536. A celebration of life to fol¬low. Aloha attire.

Fremont Chapel of the Roses 1-510-797-1900

#### **Obituary**

#### Jesslyn Corrinne Hatala

Feb. 4, 1928 - Dec. 23, 2015 Resident of Daly City

Jesslyn Corrinne Hatala of Daly City, CA (long-time resident of Newark, CA) passed away at the age of 87 on Wednesday Dec. 23, 2015 in San Francisco. She was born in Stockton, CA on Feb. 4, 1928, and was the daughter of Horald George Deady and Annie Corrinne Deady. She grew up during the Great Depression, and she had an incredible and full life.

Jesslyn joined the USO during World War II as a singer and dancer, and she also danced with wounded soldiers. She married Herbert Hatala after WWII and raised three children, Robert, David, and Laurie. She also raised her daughter Laurie's son William Cline as if he were her own son. Known for her strong will and for being the type of person who got things done, Jesslyn was not one to sit around and wait for answers to come to her. She believed in hard work, and had her own way of showing unconditional love. Later in her life, Jesslyn went back to school at Chabot Community College and earned an AA degree. She was a Graphic Designer for PRA Group in Hayward, CA and ETM in Newark, CA.



Jesslyn (or Jay as she preferred to be called) is survived by her grandson William Robert Cline of San Francisco who was by her side until the end. She is also survived by her son and daughter-in-law: David Russell Hatala and Corrine Frey Hatala of Lutz, Florida, granddaughters Tammy Corrine Hatala and Julie Hatala Capobianco and husband Dan Capobianco, and great grandson Roman Tito David Capobianco - all of Lutz, Florida.

Jesslyn was predeceased by her husband Herbert Kenneth Hatala, her son Robert Gerald Hatala and her daughter Laurie Diane Hatala(Cline).

Visitation will be held on Saturday, January 2nd, from 9-11am and a Chapel Service will begin at 11am at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, CA 94536. Burial will follow at Irvington Memorial Cemetery in Fremont, CA

#### **Government Briefs**

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

#### City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

#### **CITY COUNCILS**

Fremont City Council Ist/2nd/3rd Tuesday @ 7 p.m. City Hall, Bldg A 3300 Capitol Ave., Fremont (510) 284-4000 www.fremont.gov

Hayward City Council 1st/3rd/4th Tuesday @ 7 p.m. City Hall, second floor 777 B Street, Hayward (510) 583-4000 www.ci.hayward.ca.us

Milpitas City Council 1st/3rd Tuesday @ 7 p.m. 455 East Calaveras Blvd., Milpitas (408) 586-3001 www.ci.milpitas.ca.gov

Newark City Council 2nd/4th Thursday @ 7:30 p.m. City Hall, 6th Floor 37101 Newark Blvd., Newark (510) 578-4266 www.ci.newark.ca.us

San Leandro City Council Ist/3rd Monday @ 7 p.m. 835 East 14th St., San Leandro (510) 577-3366 www.sanleandro.org

Union City City Council 2nd/4th Tuesday @ 7 p.m. City Hall 34009 Alvarado-Niles Rd., Union City (510) 471-3232 www.ci.union-city.ca.us

#### WATER/SEWER

Alameda County Water District 2nd Thursday @ 6:00 p.m. 43885 S. Grimmer Blvd., Fremont (510) 668-4200 www.acwd.org

East Bay Municipal Utility District 2nd/4th Tuesday @ 1:15 p.m. 375 11th St., Oakland (866) 403-2683 www.ebmud.com

Santa Clara Valley Water District 2nd/4th Tuesday @ 6:00 p.m. 5700 Almaden Expwy., San Jose (408) 265-2607, ext. 2277 www.valleywater.org

Union Sanitary District 2nd/4th Monday @ 7:00 p.m. 5072 Benson Rd., Union City (510) 477-7503 www.unionsanitary.com

#### SCHOOL DISTRICTS

Castro Valley Unified School Board 2nd/4th Thursday @ 7:00 p.m. 4400 Alma Ave., Castro Valley (510) 537-3000 www.cv.k12.ca.us

Fremont Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 4210 Technology Dr., Fremont (510) 657-2350 www.fremont.k12.ca.us

Hayward Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 24411 Amador Street, Hayward (510) 784-2600 www.husd.k12.ca.us

Milpitas Unified School Board 2nd/4th Tuesday @ 7:00 p.m. 1331 E. Calaveras Blvd., Milpitas www.musd.org (406) 635-2600 ext. 6013

New Haven Unified School Board 1st/3rd Tuesday @ 6:30 p.m. 34200 Alvarado-Niles Rd., Union City (510) 471-1100 www.nhusd.k12.ca.us

Newark Unified School District 1st/3rd Tuesday @ 7 p.m. 5715 Musick Ave., Newark (510) 818-4103 www.newarkunified.org

San Leandro Unified School Board 1st/3rd Tuesday @ 7:00 p.m. 835 E. 14th St., San Leandro (510) 667-3500 www.sanleandro.k12.ca.us

San Lorenzo Unified School Board 1st/3rd Tuesday @ 7:30 p.m. 15510 Usher St., San Lorenzo (510) 317-4600 www.slzusd.org

Sunol Glen Unified School Board 2nd Tuesday @ 5:30 p.m. 11601 Main Street, Sunol (925) 862-2026

www.sunol.k12.ca.us

# WINTER STORM INFORMATION

#### SUBMITTED BY CITY OF HAYWARD

With the possibility of an El Nino winter looming, Hayward's Maintenance Service Department has spent the past few months working diligently to prevent any localized flooding, fallen trees and other road hazards by cleaning vital drainage inlets and City trees all over town.

If you do experience some localized flooding, see a downed tree, or other storm hazard here is some helpful tips and information:

Sandbags continue to be available for Hay-

ward and Fairview residents only (with valid ID Indicating proof of residency) and can be picked up in front of the City's corporation yard at 24505 Soto Rd; we ask that each resident take no more than (12) bags. The supply of bags is constantly monitored and replenished based on need.

A sandbag station has also been created in front of the Animal Control building at 16 Barnes Ct. (at Soto Rd.) Maintenance Services has stocked the station with sand, shovels and bags for instances in which we have a high demand in a small window of time.

For any drainage or flooding related issues residents are encouraged to contact the Streets Division at (510) 881-7745.

For incidents of downed trees and limbs, residents can contact the Landscape Division at (510) 583-8906.

Residents are encouraged to contact HPD dispatch at (510) 293-7000 to report incidents of after-hours flooding or any tree related emergencies. Crews are on standby and ready to respond 24 hours a day. For serious emergencies, such as downed power lines, please call 911.

# **AC** Transit announces service changes

SUBMITTED BY MICHELE JOSEPH

As of Sunday, December 20, AC Transit made a series of modest services changes designed to improve connections, increase on-time performance, and reduce overcrowding. Highlights of the changes include:

Additional trips are being added to lines 217 and 239 in order to accommodate continued heavy ridership to Northwestern Polytechnic University in Fremont.

Transbay lines FS, J and O will receive additional trips in order to reduce crowding, while select trips will be eliminated on lines C, H, and NL.

Schedules on lines 7, 25, and 65 have been adjusted to better serve students traveling to Berkeley High School. Also, Line 7 will have a modest increase in frequency.

Line 822 is being discontinued due to low ridership. Other modifications include adjustments on lines 20, 21, 46, 62, 99, 200, 212, 215, 642, 657, L and OX. A complete list of service changes and schedules effective December 20 are located at actransit.org.

For map and schedule information, visit actransit.org or call 511 and say "AC Transit."

# Holiday collection schedules and FREETREE DISPOSAL

SUBMITTED BY PAUL ROSYNSKY

Waste Management of Alameda County will alter its service days for the holidays and provide free holiday tree pickup in the communities it serves, including Castro Valley, Hayward, Oakland and Oro Loma Sanitary District among others. Commercial and residential properties with a regularly scheduled pickup day on Friday, January 1, 2016 (New Year's Day) will have service Saturday, January 2, 2016.

Waste Management will provide free curbside holiday tree pickup for its residential customers. Schedules vary depending on service area. Trees must be cut to at most 6 ft. long (4 ft. in Oakland) and be free of snow flocking, tinsel, ornaments, nails, and metal or wood tree stands. Customers may place trees at the curb or in a green yard waste cart. Tree placed in carts must be able to fit with the lid closed.

Households can also dispose of one tree, free of charge, at Davis Street Transfer Station, located at 2615 Davis St., San Leandro. Additional trees will be accepted at a charge of \$5 per tree. Customers disposing trees with snow flocking, tinsel, ornaments, nails and metal or wood tree stands will be charged a \$50 minimum fee.

All curbside pickups will occur on regularly scheduled green waste pickup day between the following dates:

Single Family Homes:
Castro Valley: January 6 – January 17
Hayward: January 4 – January 15
Oakland: December 28 – January 15
Oro Loma (San Lorenzo): January 2 – January 14

Multi-Family Properties: Collection dates are the same as single family unless otherwise noted.

Castro Valley:
Properties with five units or more:
Place trees in central waste collection area
or in yard waste container.

#### Hayward:

Properties with between five to 24 units:
Place trees curbside. Larger properties may contact
Waste Management at (925) 837-3356 to
order a free roll-off box.

#### Oakland:

Properties with between five and 100 units may place trees curbside on compost service day. Owners of properties with more than 100 units are asked to contact Waste Management at (510) 613-8710 to determine collection method.

#### Oro Loma:

Owners of properties with more than five units that have bin service may contact Waste Management at (510) 613-8710 to request a roll-off box free of charge.

# City of Hayward receives \$14 Million in grants

#### SUBMITTED BY FRANK HOLLAND

Hayward Mayor Barbara Halliday, alongside Alameda County Supervisor Richard Valle and Hayward Area Recreation and Park District Board President Paul Hodges, announced on December 17 that Kaiser Permanente is awarding \$14 million in grants to support an array of health and human services in the city's historically underserved Tennyson Corridor. St. Rose Hospital will receive \$9 million in funding over the next three years, and Alameda County's Health Care Services Agency will receive \$5 million over two years.

"We draw strength from our connections in Hayward, and we are fortunate to have a like-minded partner like Kaiser Permanente," said Barbara Halliday, Mayor of Hayward. "This is more than a gift; Kaiser Permanente's contribution is a significant investment in our community and in the health and wellbeing of our residents. I'm thrilled to be moving forward with our

agency partners for a stronger, more vibrant South Hayward."

"Kaiser Permanente has been a part of this community for nearly 60 years," said Tom Hanenburg, senior vice president and area manager, Kaiser Permanente. "These investments are part of our ongoing commitment to meeting needs of Hayward's most at-risk and vulnerable residents."

The grant to St. Rose will support the continued viability of the organization, as well as infrastructure improvements. The organization currently serves more than 5,000 patients each year, and employs more than 1,000 people, including 300 highly-skilled physicians.

The grant to Alameda County will support the construction of a new Hayward Youth and Family Center adjacent Tennyson Park in South Hayward, just a stone's throw from the City's recently constructed Fire Station #7 and first-in-the-state Firehouse Clinic. The vision for the project is a state-of-the-art center that will offer enhanced services for young people and families.

#### Feed Mother Nature

#### SUBMITTED BY CITY OF FREMONT

The holidays are a time when tables and tummies are filled with mouth-watering meals and in turn, lots of leftovers are produced. Therefore, 'tis the season to compost! Composting is quick and easy. All you have to do is put your compostable material — food scraps, food-soiled paper, plant material from Christmas trees, wreaths, garlands, flowers and centerpieces — in your green organics cart.

Diverting these materials from the landfill is great for the environment. Compost replenishes nutrients and amends soil. It conserves water by retaining moisture where roots need it most. It also reduces the need for chemical fertilizers and pesticides, and their associated water pollution.

Composting reuses organic materials, which make up more than one third of residential waste from single-family homes. So give a gift to yourself and the environment this holiday season and throughout the year. Please place food scraps and other organics in your green cart.

# Substance Use Disorder Program

#### SUBMITTED BY CITY OF FREMONT

Those who begin drinking before age 14 are seven times more likely to develop alcohol dependence. Youth substance abusers are also at risk of becoming delinquent and involved in the juvenile justice system. In 2013, in response to community needs and with support from Alameda County Juvenile Probation Department and the City of Fremont, Human Services Department's Youth and Family Services (YFS) Division founded Substance Use Disorder (SUD) program.

The program, which has served over 200 youth (ages 12-18) and their families, addresses the impact of alcohol and drugs on school performance, social health, and family health. Youth gain insight into how drugs and alcohol abuse can cause failing grades, risk-taking behaviors, family disruptions, and long-term addiction. Youth and their parents participate in weekly groups, individual sessions, and monthly family support groups.

For more information about the SUD program or other services at YFS, contact Senior Program Coordinator Kathleen Brown, LMFT, at (510) 790-6940.

# OPINION



WILLIAM MARSHAK

s the year 2015 recedes and a new year awakens, our Greater Tri-Cities communities and Bay Area cousins move from painful decline during and immediately past the Great Recession toward a promising future. The current fading year has provided a foundation for a bright, positive forecast. One theme predominates 2016... growth. The Southeast Bay Area is blossoming as population demands promote residential and business construction. Amidst this burgeoning development, contrasts beget competition between existing lifestyles and the realities of new, dense and urban styles; the

# Farewell to 2015

balancing act of both is critical and delicate to successful integration.

Abandoning existing constituencies in favor of a new paradigm is risky and can be detrimental. Infrastructure is extremely important to both; new developments that are disruptive to exiting environments and contrary to existing plans are not supportive of comfortable lifestyles. The attraction of new money and technology must be weighed against the disruption of neighborhoods and businesses. Both can be accommodated, but the scale may, at times, favor moderation and assimilation rather than the newest planning theory. New and invigorating concepts in housing and business should be integrated, not necessarily replace others currently living and working in our cities.

Impact on infrastructure is a critical component and limiting factor of growth. How are new developments affecting roads, schools, parking, utilities and other resources? We must move beyond the concept of unlimited growth and short term gains toward the goals espoused in the hard work of creating working General Plans. Special projects and rules that circumvent the General Plan are too often used as a tool to avoid limitations and restrictions placed on the

type and extent of growth. Prejudicial zoning and parking that affects a large, existing residential area is not a satisfactory answer to population pressure. Using data that reveals only a portion of a problem can be simply a smoke and mirrors charade. Parking and traffic studies that are snapshots of specific days or times, for instance, those at school sites that artificially count only automobiles that stop and park, cannot accurately depict the true impact of pick up and drop off traffic. Theoretical assumptions are just that and cannot be trusted in the absence of real data.

This next year, 2016, will include a plethora of development in the Greater Tri-City area - infill and large acreage. Will our cities and their planners use the fine touch of an artist such as Rembrandt or the brutal assault of Nietzsche nihilism?

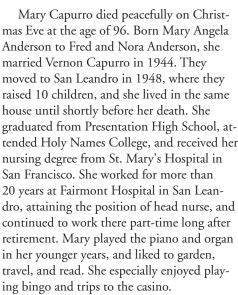
William Mandall

William Marshak PUBLISHER

#### Mary Angela Capurro

November 9, 1919 - December 24, 2015

Resident of San Leandro



**Obituary** 

Mary was a woman of great faith. She was a member of Assumption Parish since its inception, and participated in several parish ministries and activities. She was a great cook, hosting a number of large family gatherings a year until well into her 90's, but also sharing her pesto, focaccia, baked goods, and other treats with neighbors and friends.

Mary lived a life of service from a young age, helping to care for elderly relatives, getting her driver's license as a very young teen



to drive family members and the sisters at the convent on errands, becoming a registered nurse, and tending to friends and neighbors in need. Above all else, she was devoted to her family, helping to take care of newborn grandchildren, bringing meals, babysitting, giving guidance without being intrusive, and teaching by example.

Mary was preceded in death by her husband Vern, her parents and brother Fred, her daughter Norine, and grandson Michael. She is survived by her daughters Mary Ann (Frank) Johnson, Janet Graham, and Molly (Don) Nering; her sons John (Gail), Joseph (Jackie), Robert (Reina), Stephan (Cheryl), Vincent (Kim), and David Capurro; grandchildren Franklin Johnson; Regina and Greg (Shelby) Capurro; Kristin (Kendall) Hannon, Katie Graham, Brian Capurro; Patrick, Matthew, and Tom (Melissa) Capurro; Andrew and Angela Capurro; Erik (Olivia) and Brent (Yuki) Snelgrove; Samantha and James Capurro; Missy, Marie, and Robert (Melissa) Nering; great-grandchildren Taylor, Tyler, Cameron, Alivia, Ethan, Adalyn, Claire, Harper, Henry, Jun, Alex, and Ramona; and several nieces and nephews.

These words cannot begin to express what a wonderful woman Mary was and what a void she leaves in our lives. We were so blessed to have her for so many years.

All are invited to attend a rosary on Wednesday evening (December 30), and a funeral mass at 10:00 a.m. Thursday morning (December 31), both at Assumption Church in San Leandro.

### TRI-CITY VOICE

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#### ADJUDICATION:

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE® TO

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William Marshak is the Publisher

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#### PUBLIC NOTICES



City of Newark 37101 Newark Blvd, Newark, CA 94560-3796

#### PUBLIC HEARING NOTICE

Pursuant to California Government Code Sections 6061, 65090, 65091, 65094, 65095 and 65905, on January 14, 2016, at or after 7:30 p.m. in the Council Chambers, 37101 Newark Boulevard, Newark, CA, the City Council will hold a public hearing to consider:

Z-15-33, a text amendment to Title 17 (Zoning) of the Newark Municipal Code to add Section 17.04.050 "Permissive Code" to Chapter 17.04 "General Provisions".

On December 8, 2015 the Planning Commission approved Resolution 1923 recommending City Council approval of the project described above.

Details available at the Planning Department, 37101 Newark Boulevard, Newark, CA, 94560, and by contacting Terrence Grindall, Community Development Director (510) 578-4208.

If you challenge a City action in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice or in written correspondence delivered to the Newark Planning Commission and/or City Council at, or prior to, the public hearing. Subject to exhaustion of administrative remedies, Code of Civil Procedure Section 1094.6 requires you to initiate such a proceeding in court within 90 days of the final decision in this matter.

#### **SHEILA HARRINGTON**

City Clerk



CITY COUNCIL OF THE CITY OF UNION CITY NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held by the City Council of the City of Union City for the purpose of considering the following:

AG-15-001, A-15-001, AT-15-004, HOUSING ELEMENT IMPLEMENTATION GENERAL PLAN LAND USE AND ZONING REDESIGNATION:

The City of Union City is proposing to amend the General Plan land use designation and Zoning designation of two sites located on Alvarado-Niles Road (the "Soares Ranch" site and "Caltrans" site north of Quarry Lakes) to multi-family designations consistent with the adopted 2015 Housing Element. The project requires a General Plan Amendment (AG-15-001), Zoning Map Amendment (A-15-001), and Zoning Text Amendment (AT-15-004) for the creation of an overlay zone, and would affect the following site Assessor's Parcel Numbers (APNs): 475-151-6, 475-151-2, 475-151-4, 475-151-3, 87-11-17-7, 87-11-17-6, 87-11-15-15, 87-11-15-14, 87-11-16-3, 87-11-15-3.

NOTICE IS ALSO GIVEN that a Mitigated Negative Declaration was prepared for the project, which determined that the project would not result in any significant environmental impacts with the incorporation of mitigation measures.

The Planning Commission reviewed this item on December 3, 2015 and recommended approval to the City Council on a 5-0 vote.

The project planner, Avalon Schultz, can be reached at (510) 675-5321. You may attend the meeting and voice your comments or you may submit comments in writing to avalons@unioncity.org.

> CITY COUNCIL MEETING Tuesday, January 12, 2016
> Said hearing will be held at 7:00 p.m.
> In the Council Chambers of City Hall,
> 34009 Alvarado-Niles Road, Union City

The meeting packet, which includes the meeting agenda and staff report for this project, can be accessed on-line on the City's Agendas and Minutes webpage which is located at http://www.ci.union-city.ca.us/departments/city-manager-s-office/city-clerk/agendas-and-minutes. Meeting packets are generally available on-line the Friday before the meeting.

If you challenge the above described project in court, you may be limited to raising only those issues you or someone else raised at the Planning Commission public hearing for this project or the City Council public hearing described in this notice, or in written correspondence delivered to the Planning Commission or to the City Council at, or prior to the writing hearing. to, the public hearing.

JOAN MALLOY

CNS#2828411

#### **BULK SALES**

NOTICE TO CREDITOR'S OF BULK SALE AND OF INTENTION TO TRANSFER ALCOHOLIC BEVERAGE LICENSE (UCC SEC. 6101 ET SEQ. AND B & P 24073 ET SEQ.)

ESCROW # 0126008352-PC
NOTICE IS HEREBY GIVEN that a bulk sale of assets and a transfer of alcoholic beverage

of assets and a transfer of alcoholic beverage license is about to be made. The name(s) and business address(es) of the seller(s) is/are Lido Saigon Seafood Harbor Restaurant, Inc. 35219 Newark Blvd., Suite A, Newark, CA 94560

Business as: Lido Saigon Seafood Harbor Restaurant
All other business name(s) and address (es) used by the seller(s) within the past three years, as stated by the seller(s), is/are: (if none, so state)

NONE The location in California of the chief executive

office of the seller is: SAME
The name(s) and business address of the buyer(s) is/are: Newark Saigon Seafood Harbor Restaurant, Inc. 35219 Newark Blvd., Suite A, Newark, CA

94560 The assets being sold are generally described as: furniture, fixtures, equipment, inventory and liquor license and are located at: 35219 Newark Blvd., Suite A, Newark, CA 94560

The kind of license to be transferred is: 41 – On-Sale Beer and Wine – Eating Place #

517187 Now issued for the premises located at: 35219 Newark Blvd., Suite A, Newark, CA 94560 Newark Blvd., Suite A, Newark, CA 94560
The anticipated date of the bulk sale / transfer is\_January 15, 2016\_ and upon approval by Department of Alcoholic Beverage Control at the office of OLD REPUBLIC TITLE COMPANY located at 1000 Burnett Avenue, Suite 400, Concord, CA 94520 or E-Fax to 925-265-9040. The amount of the purchase price or consideration in connection with the transfer of the license and business including of the license and business including estimated inventory is \$400,000.00.

estimated inventory is \$400,000.00.
It has been agreed between the Seller/Licensee and the intended Buyer/Transferee, as required by Sec 24703 of the Business and Professions Code that the consideration for the transfer of the business and license is to be paid only after the transfer has been approved by the Department of Alcoholic Beverage Control.

Dated: 12/16/2015

Buverfs:

Buyer(s): Newark Saigon Seafood Harbor Restaurant,

/S/ By: Yi Dong, President 12/29/15

CNS-2827601#

#### FICTITIOUS BUSINESS **NAMES**

#### FICTITIOUS BUSINESS NAME STATEMENT

File No. 512374
Fictitious Business Name(s):
Fremont Auto Works, 41595 Albrae St.,

Fremont Auto Works, 41595 Albertemont CA 94538, County of Alameda Registrant(s):
Binh D. Trinh, 19573 Meekland Ave., Hayward,

Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

one thousand dollars [\$1,000].)

//s/ Binh Trinh

This statement was filed with the County Clerk of Alameda County on December 11, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/29, 1/5, 1/12, 1/19/16

CNS-2829407#

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 512185

Fictitious Business Name(s):
The Accessories Shop, 37377 Fremont Blvd, Fremont CA 94536, County of Alameda; 37377 Fremont Blvd, Fremont CA 94536; Alameda Registrant(s):

Registrant(s): Samer Ameeri, 27165 Silver Oak Ln. #2344, Santa Clarita CA 91387

Santa Clarita CA 91387
Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ Samer Ameeri
This statement was filed with the County Clerk of

Interval to their sparses of the county Clerk of Alameda County on December 3, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/29, 1/5, 1/12, 1/19/16

CNS-2829007#

#### **FICTITIOUS BUSINESS**

#### NAME STATEMENT File No. 512459

Fictitious Business Name(s): Hundal Transport, 4126 Venus Place, Union City CA 94587, County of Alameda; 4126 Venus Place, Union City CA 94587; Alameda Periotentics Care

Hundal Transport, 4126 Venus Place, Union City Hundal transport, 4120 ventos hade, small 2, CA 94587; Harpal Hundal Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on

declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Harpal S. Hundal

one thousand dollars [\$1,000].) Is/S Harpal S. Hundal This statement was filed with the County Clerk of Alameda County on December 11, 2015 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/29, 1/5, 1/12, 1/19/16

14411 et seq., Business a 12/29, 1/5, 1/12, 1/19/16

CNS-2829005#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 512084
Fictitious Business Name(s):
BJ Travel, 4075 Papazian Wy, St. 101 Fremont
CA 94538, County of Alameda; Same
Registrant(s):

Registrant(s): 3J Center Inc. (dba BJ Travel Center), 4075 Papazian Wy, St. 101 Fremont CA 94538; Palifornia

BJ Center Inc. (dba BJ Travel Center), 407/s Papazian Wy, St. 101 Fremont CA 94538; California Business conducted by: a corporation The registrant began to transact business using the fictitious business name(s) listed above on 01/02/2001 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000]. /s/ Terri Landon, President This statement was filed with the County Clerk of Alameda County on December 1, 2015 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 12/29, 1/5, 1/12, 1/19/16

CNS-2829004#

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 512430

Fictitious Business Name(s) Vake, 492 Maar Avenue, Fremont, CA 94536, County of Alameda; 492 Maar Avenue, Fremont, CA 94536; County of Alameda

Registrant(s): Rashmi Seth, 492 Maar Avenue, Fremont, CA

94536
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on n/a l declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Rashmi Seth

one thousand dollars [\$1,000].)

Isl Rashmi Seth
This statement was filed with the County Clerk of
Alameda County on December 10, 2015
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.

new hictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/29, 1/5, 1/12, 1/19/16

CNS-2829000#

CNS-2829000#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 512285
Fictitious Business Name(s):
Water Emporium - Fremont, 3918 Washington
Blvd., Fremont, CA 94587, County of Alameda
Registrant(s):
Neeta J. Rupani, 2223 Grouse Way, Union City,
CA 94587
Jagdish B. Rupani, 2223 Grouse Way, Union City,
CA 94587
Jagdish B. Rupani, 2223 Grouse Way, Union City,
CA 94587
Jagdish B. Rupani, 2223 Grouse Way, Union City,
CA 94587
Jagdish B. Rupani, 2223 Grouse Way, Union City,
CA 94587
Jagdish B. Rupani, 2223 Grouse Way, Union City,
CA 94587
Jagdish B. Rupani, Capanies Same(s) listed above on
1/1/2011
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section
17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Neeta J. Rupani, Owner
This statement was filed with the County Clerk of Alameda County on December 7, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 512293-512294
ictitious Business Name(s):

riculious Business Name(s): (1) Property Management, Inc. East Bay; (2) Appraisal 19, 40780 Fremont Blvd., Fremont, CA 94538, County of Alameda Mailing address: 40780 Fremont Blvd., Fremont, CA 94538

CA 94336
Registrant(s):
MPC & Associates, Inc., 40780 Fremont Blvd.
Fremont, CA 94538, California

Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement i declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].

No. Michael P. Connolly, President
This statement was filed with the County Clerk of
Alameda County on December 7, 2015 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county. clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days affer any change in the facts set forth in the statement pursuant to section 17913 other than a change in

the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/22, 12/29, 1/5, 1/12/16

CNS-2826919#

## FICTITIOUS BUSINESS NAME STATEMENT File No. 512206 Fictitious Business Name(s):

V. Sandhu Trucking, 38625 Paseo Padre Pkwy., #203, Fremont, CA 94536, County of Alameda;

Registrant(s):
Vijaypal Singh Sandhu, 38625 Paseo Padre
Pkwy, #203, Fremont, CA 94536
Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on n/a
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
Is/ Vijaypal Sandhu
This statement was filed with the County Clerk of
Alameda County on December 4, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

12/15, 12/22, 12/29, 1/5/16

CNS-2825114#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 512115-19
Fictitious Business Name(s):
1. Digitally Organic Hydrid Products (D.O.H.P.),
2. D.O.H.P., 3. Decorate Our Home Planet,
4. Digitally Organic Hybrid Productions, 5.
Digitally Organic Hybrid Publishing, 34185
Firenze Terrace, Fremont, CA 94555, County
of Alameda

rientize feriales, Freinolft, CA 94939, Coulity of Alameda Registrant(s): David Michael Galindo, 34185 Firenze Terrace, Fremont, CA 94555 Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on 7-23-2010 declare that all information in this statement

The registrant begant or trainsect obstress using the fictitious business name(s) listed above on 7-23-2010

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ David Galindo

This statement was filed with the County Clerk of Alameda County on December 1, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14/112, 12/22, 12/29, 1/5/16)

CNS-2825111#

CNS-2825111#

#### STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

BUSINESS NAME
File No. 480341
The following person(s) has (have) abandoned the use of the fictitious business name: Physique Wellness, 38069 Ave #300B Fremont CA 94536
The Fictitious Business Name Statement being abandoned was filed on 7/9/13 in the County of Steve Abercrombie 38069 Ave #300 Fremont

CA 94536 Steve Abercrombie

S/ Steve Adercomble
This statement was filed with the County Clerk of Alameda County on November 20, 2015. 12/15, 12/22, 12/29, 1/5/16

CNS-2824301#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME
File No. 484730
The following person(s) has (have) abandoned the use of the fictitious business name: JC Travel, 2915 Meridien Circle Union City CA 94587
The Fictitious Business Name Statement being abandoned was filed on 11/5/2013 in the County of Alameda.
Jon Jian Chen, 2915 Meridien Circle Union City CA 94587

Jon Jian Chen, 2915 Meridien Circle Union City CA 94587 Ming Wang, 2915 Meridien Circle Union City CA 94587

CA 94587 S/ Jon J Chen This statement was filed with the County Clerk of Alameda County on December 2, 2015. 12/15, 12/22, 12/29, 1/5/16

CNS-2824300#

FICTITIOUS BUSINESS NAME STATEMENT File No. 512028

Fictitious Business Name(s):
Fashionistaoncall, 465 Enos St, Fremont, CA 94539, County of Alameda

Registrant(s): Cecilia I. Gonzalez, 465 Enos St, Fremont, CA Business conducted by: an Individual
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

(s) Cecilia I. Gonzalez
This statement was filed with the County Clerk of Alameda County on November 30, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the te on which it was filed in office clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration

filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/15, 12/22, 12/29, 1/5/16

CNS-2823697#

FICTITIOUS BUSINESS NAME STATEMENT File No. 511789 Fictitious Business Name(s):

Addiction Hair Studio, 41288 Fremont Blvd., Fremont, CA 94538, County of Alameda Fremont, CA 94538, County of Alameda Registrant(s):
Diana Wanees, 1007 Sage Ct, Fremont CA 94539
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
//s/ Diana Wanees
This statement was filed with the County Clerk of Alameda County on November 18, 2015

Is/ Diana Wanees
This statement was filed with the County Clerk of
Alameda County on November 18, 2015
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.
The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
12/15, 12/22, 12/29, 1/5/16

CNS-2823638#

CNS-2823638#

STATEMENT OF WITHDRAWAL FROM PARTNERSHIP OPERATING UNDER FICTITIOUS BUSINESS NAME FILE NO. 489202

The following person(s) has (have) withdrawn as a general partner(s) from the partnership operating under the fictitious business name of Oriental Treatment Center, 1328 Decoto Rd #124, Union City, CA 94587

The fictitious business name statement for the partnership was filed on 3/14/2014 in the County of Alameda

The full name and residence of the person(s) withdrawing as a partner(s):

withdrawing as a partner(s): Kalvin Ma, 2818 Baton Rouge Ct, San Jose, CA 95137 190137
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false or with to fa crime). is guilty of a crime.)
S/ Kalvin Ma
This statement was filed with the County Clerk of Alameda County on November 23, 2015.
12/15, 12/22, 12/29, 1/5/16

FICTITIOUS BUSINESS NAME STATEMENT File No. 512020-24 (1) Guaranteed Products, (2) Route 1040, (3) TMS Tax Service, (4) GPSTaxSupplies.com, (5) The Tax School, 37444 Sycamore St #21, Newark, CA 94560, County of Alameda Fictitious Business Name(s):

PO Box 525, Newark, CA 94560

Baywide Income Tax Services, Inc., 37444
Sycamore St #21, Newark, CA 94560; CA
Business conducted by: A Corporation
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000],
/s/ Nuno Silvera - Vice President
This statement was filed with the County Clerk of
Alameda County on November 30, 2015
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.
The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
12/15, 12/22, 12/29, 1/5/16

Registrant(s):
Baywide Income Tax Services, Inc., 37444
Sycamore St #21, Newark, CA 94560; CA

CNS-2822907#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 511541
Fictitious Business Name(s):
East Bay Cafe Depot, 37260 Fremont Blvd,
Fremont, CA 94536, County of Alameda
Registrant(s):

Registrant(s): Timothy Velilla, 31389 Wheelon Ave, Hayward, CA 94544 Lisa Lorenz, 37260 Fremont Blvd, Fremont, CA 94536

Lisa Lorenz, 37260 Fremont Blvd, Fremont, CA 94536
Business conducted by: A Joint Venture
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Timothy Velilla, Manager
This statement was filed with the County Clerk of Alameda County on November 10, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filled before the expiration.
The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14216, 12/15, 12/22, 12/29/15

CNS-2822701#

#### **FICTITIOUS BUSINESS** NAME STATEMENT File No. 512058

Fictitious Business Name(s) MTM Budget Auto Dealer, 2090 La Playa Drive, Hayward, CA 94545, County of Alameda Registrant(s): Mustafa Magdoor, 465 Spetti Dr., Fremont, CA

94536
Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on n/a
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ Mustafa Maqdoor

one thousand dollars [\$1,000].)

Is Mustafa Maqdoor
This statement was filed with the County Clerk of Alameda County on November 30, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). 12/8, 12/15, 12/22, 12/29/15

#### CNS-2822332#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 512006
Fictitious Business Name(s):
Jaspari Design, 43511 Southerland Way,
Fremont, CA 94539, County of Alameda
Registrant(s):
Janet T. Jackson, 43511 Southerland Way,
Fremont, CA 94539
Business conducted by an individual

Janet T. Jackson, 43511 Southerland Way, Fremont, CA 94539
Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

//s/ Janet T. Jackson
This statement was filed with the County Clerk of Alameda County on November 25, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 1421, 12/15, 12/22, 12/29/15)

CNS-2822095#

#### FICTITIOUS BUSINESS NAME STATEMENT

File No. 511954 Fictitious Business Name(s):
R & D Tech, LLC, 37345 Blarow Rd., Fremont,
CA 94536, County of Alameda

Registrant(s): R & D Tech, LLC, 37345 Blarow Rd., Fremont, CA 94536; CA Business conducted by: a Limited Liability Company The registrant began to transact business using

the fictitious business name(s) listed above on 9/23/15 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Robert Borck, Management This statement was filed with the County Clerk of Alameda County on November 24, 2015

Alameda County on November 24, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/8, 12/15, 12/22, 12/29/15

CNS-2822022#

#### **GOVERNMENT**

#### CITY OF UNION CITY NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held by the City Council of the City of Union City for the purpose of considering the following:

Municipal Code Amendment

#### PUBLIC NOTICES

The City of Union City is proposing to amend Title 9, Peace, Safety and Morals, and Title 18, Zoning, of the Municipal Code to:

Prohibit the cultivation of medical marijuana; and Prohibit the delivery of medical marijuana.

The proposed amendments would apply Citywide. The proposed amendments are exempt from environmental review in accordance with the California Environmental Quality Act Guidelines Section 15061(b)(3), the general exemption for projects with no potential for significant effect on the environment. For further information regarding this amendment, contact Kristopher Kokotaylo, Deputy City Attorney, at (510) 808-2000. Written comments regarding this project should be received by the Planning Division by 5:00 p.m.on Tuesday, January 12, 2016. If you challenge the proposed amendments to Title 18, Zoning, of the Municipal Code in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City of Union City at, or prior to, the public hearing. The proposed amendments would apply Citywide.

The Planning Commission reviewed the amendments at its December 17, 2015 meeting and recommended approval to the City Council on a 5-0 vote.

CITY COUNCIL MEETING

January 12, 2016

The hearing will be held at 7:00 p.m.

In the Council Chambers of City Hall, 34009 Alvarado-Niles Road, Union City.

The City Council meeting packet, which includes the meeting agenda and staff report for this project, can be accessed on-line on the City's Agendas and Minutes webpage which is located at <a href="http://www.unioncity.org/gov/agendas.htm">http://www.unioncity.org/gov/agendas.htm</a>. Meeting packets are generally available on-line the Friday before the meeting.

City Hall is accessible by Union City Transit lines 1A, 1B, 3, 4 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please contact: Union City Transit at (510) 471-1411, AC Transit at (510) 891-4777, or BART at (510) 465-2278.

/S:/ Anna M. Brown, CMC

City Clerk City of Union City 12/29/15

CNS-2828380#

NOTICE OF PUBLIC HEARING City of Union City Community Facilities District No. 2006-1 (Public Services) Annexation No. 5 (Patina #2)

Notice is hereby given that at 7:00 p.m. on January 12, 2016, or as soon thereafter as practicable, at City Hall, located at 34009 Alvarado-Niles Road, Union City, California, 94587, the City Council of the City of Union City, California (the "City Council") will hold a public hearing on the Annexation of territory ("Annexation No. 5") to City of Union City Community Facilities District No. 2006-1 (Public Services) (the "CFD"), the proposed rate, and method of apportionment of the special tax (the "Special Tax") to be levied on certain property within Annexation No. 5.

On December 8, 2015, the City Council adopted Resolution No. 4831-15 (the "Resolution of Intention") declaring its intention to annex Annexation No. 5 to the CFD pursuant to the Mello-Roos Community Facilities Act of 1982, as amended, commencing with Section 53311 of the California Government Code (the "Act"), and to levy Special Taxes to finance police services, fire protection and suppression services, paramedic services, and park maintenance.

The following are types of services to be provided for and financed by Annexation No. 5:

New police services, fire protection and suppression services, paramedic services, and park maintenance, including but not limited to (i) the costs of contracting services, (ii) related facilities, equipment, vehicles, ambulances, fire apparatus and supplies, (iii) the salaries and benefits of City staff that directly provide police services, fire protection and suppression services, paramedic services, and park maintenance respectively, and (iv) City overhead costs associated with providing such services within the CFD. The Special Tax provides only partial funding for Public Services.

Except where funds are otherwise available, a

special tax sufficient to pay for such services and related incidental expenses authorized by the Act, secured by recordation of a continuing lien against all non-exempt real property in the CFD, will be levied annually within the boundaries of the CFD and Annexation No. 5. Commencing with Fiscal Year 2009-2010 a Maximum Special Tax shall be levied as follows: (1) \$523 per unit for Single-Family Residential; (2) \$367 per unit for Duplex; (3) \$262 per unit for Low Density Multi-Family Residential; and (4) \$200 per unit for High Density Multi-Family Residential. For each subsequent fiscal year, the Maximum Special Tax shall be increased by 2% of the Maximum Special Tax in effect for the prior fiscal year.

effect for the prior fiscal year.

Any taxpayer that believes that the amount of the Special Tax assigned to a Parcel is in error may file a written notice with the CFD Administrator appealing the levy of the Special Tax. This notice is required to be filed with the CFD Administrator during the fiscal year the error is believed to have occurred. The City and/or CFD Administrator will then promptly review the appeal and, if necessary, meet with the taxpayer. If the City and/or CFD Administrator verifies that the tax should be changed, the Special Tax levy shall be corrected and, if applicable in any case, a credit shall be applied to the Special Tax levied on such parcel in the subsequent fiscal year.

The Special Tax as levied pursuant to Section D of the Rate and Method of Apportionment, shall be collected in the same manner and at the same time as ordinary ad valorem property taxes; provided, however, that the CFD may direct bill the Special Taxe, may collect Special Taxes at a different time or in a different manner if necessary, to meet the financial obligations of Annexation No. 5 and the CFD, or as otherwise determined appropriate by the City.

The Special Tax shall be levied in perpetuity to fund Public Services provided to Annexation No. 5 of the CFD.

If at least 12 persons have been registered to vote within the territory to be annexed to the CFD for each of the 90 days preceding the close of the public or protest hearing, the vote in the special election shall be by the registered voters of Annexation No. 5 with each voter having one vote. In that event, the special election shall be conducted by the Registrar of Voters of the County of Alameda and shall be held on a date selected by the City Council and the ballots for the special election shall be distributed to the qualified electors of Annexation No. 5 by mail with return postage prepaid, and the special election shall be conducted as a mail ballot election.

If at the time of the close of the protest hearing less than 12 persons have been registered to vote within the territory of Annexation No. 5, the vote shall be by the landowners of Annexation No. 5, with each landowner of record at the close of the protest hearing having one vote for each acre or portion of an acre of land that he or she owns within Annexation No. 5. In that event, the special election shall be conducted by the City Clerk.

election shall be conducted by the City Clerk.

At the hearing, the testimony of all interested persons, including all taxpayers or persons owning property in the area, for or against the annexation of Annexation No. 5 to the CFD, the extent of Annexation No. 5, the furnishing of a specified type or types of public facilities or services, will be heard. If 50 percent or more of the registered voters residing within the territory proposed to be annexed to the CFD, or the owners of one-half or more of the area of the land in the territory proposed to be annexed to the CFD and not exempt from the Special Tax, file written protests against the annexation of Annexation No. 5 to the CFD, and protests are not withdrawn so as to reduce the value of the protests to less than a majority, no further proceedings to annex Annexation No. 5 to the CFD or to levy the Special Tax shall be taken for a period of one year from the date of the decision of the City Council. If the majority protests of the registered voters or the landowners are only against the furnishing of a specified type or types of facilities or services within Annexation No. 5, or against levying a specified special tax, those types of facilities or services or the specified special tax, those types of facilities or services or the specified special tax, those types of facilities or services or the specified special tax shall be eliminated from the resolution of annexation.

All capitalized terms not defined herein shall All capitalized terms not cellned nerein Shall be as defined in the Resolution of Intention to Annex Territory to the CFD. The complete texts of the Resolution of Intention to Annex Territory to the CFD, the proposed Rate and Method of Apportionment of the Special Tax among parcels of real property in the CFD and Annexation No. 5, and the Boundary Map of Annexation No. 5 are on file in the office of the City Clerk and available for public inspection.

If you have any questions, please call Steve Sprotte, Management Analyst, at (510) 675-5393. /S:/ Anna M. Brown, CMC

City Clerk City of Union City 12/29/15

CNS-2828341#

**PUBLIC HEARING NOTICE** Pursuant to California Government Code Sections 6061, 65090, 65904, 65905 and 65095, on January 14, 2016, at or after 7:30 p.m. in the Council Chambers, 37101 Newark Blvd., Newark, CA, the City Council will hold a public hearing to consider.

Gateway Station West, a 589-unit residential project within the Dumbarton Transit Oriented Development Specific Plan area located at the western edge of the City. The City Council will consider: (1) Adoption of a Supplemental Environmental Impact Report (E-14-46) to the Environmental Impact Report (State Clearinghouse No. 2010042012) for the Dumbarton Transit Oriented Development; (2) Approving a rezoning (RZ-14-48) for an approximately 41-acre area (APNs: 537-852-10 and 537-852-11) from MT-1 (High Technology Park District) to MDR-FBC (Medium Density Residential – Form Based Codes) and HDR-FBC (High Density Residential – Form Based Codes); (3) Approving P-14-49, a planned unit development and U-14-50, a conditional use permit, for a 589-unit residential project (Gateway Station West) located within the Dumbarton Transit Oriented Development Specific Plan area at the western edge of the City of Newark; (4) Approving TM-14-47, Vesting Tentative Map 8099, to construct approximately 589 residential units; (5) Approving ASR-14-51, an Architectural and Site Plan Review; and (6) Authorizing the Mayor to sign a Community Financing Agreement with Dumbarton Area 2, LLC.

On December 8, 2015 the Planning Commission approved Resolutions 1918, 1919 and 1920 and by motion recommended that the City Council approve TM-14-47, Vesting Tentative Map 8099 and by motion approved ASR-14-51, an Architectural and Site Plan Review.

Details available at the Planning Department, 37101 Newark Boulevard, Newark, CA, 94560, and by contacting Terrence Griddall, Community Development Director (510) 578-4208.

If you challenge a City action in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice or in written correspondence delivered to the Newark Planning Commission and/or City Council at, or prior to, the public hearing. Subject to exhaustion of administrative remedies. Code of Civil Procedure Section 1094.6 requires you to initiate such a proceeding in court within 90 days of the final decision in this matter.

SHEILA HARRINGTON

City Clerk

12/29/15

CNS-2827037#

PUBLIC HEARING NOTICE

PUBLIC HEARING NOTICE
Pursuant to California Government Cool Sections
6061, 65090, 65091, 65094, 65095 and 65905,
on January 14, 2016, at or after 7:30 p.m. in the
Council Chambers, 37101 Newark Boulevard,
Newark, CA, the City Council will hold a public
hearing to consider:
U-15-30, a Conditional Use Permit for a preschool
(Little Scholar's Preschool) to locate at 5472A
Central Avenue (Palms on Central Shopping
Center). APN: 92A-2125-9-2.
On December 8, 2015 the Planning Commission
approved Resolution 1921 for the project
described above. Details available at the Planning
Department, 37101 Newark Boulevard, Newark,
CA, 94560, and by contacting Terrence Grindall,
Community Development Director (510) 5784208.

If you challenge a City action in court, you may be

4208.

If you challenge a City action in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice or in written correspondence delivered to the Newark Planning Commission and/or City Council at, or prior to, the public hearing. Subject to exhaustion of administrative remedies, Code of Civil Procedure Section 1094.6 requires you to initiate such a proceeding in court within 90 days of the final decision in this matter.

SHEILA HARRINGTON

City Clerk

CNS-2825916#

#### **PROBATE**

#### NOTICE OF AMENDED PETITION TO ADMINISTER ESTATE OF DONNA QING HONG CHEN A/K/A DONNA Q. CHEN AND DONNA CHEN

CASE NO. RP15780751

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate,

or both, of: Donna Qing Hong Chen a/k/a
Donna Q. Chen and Donna Chen
A Petition for Probate has been filed by
Carl Kingyen Moy in the Superior Court of
California, County of Alameda.
The Petition for Probate requests that Carl
Kingyen Moy he appointed as personal Kingyen Moy be appointed as personal representative to administer the estate of the decedent.

the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person

independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 1/12/2016 at 9:30 a.m. in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704 If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file

creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal dilivery to you of a notice under section. delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority

may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of the property and apprising the estate accepts.

an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

court clerk. Attorney for Petitioner: Raymond Chan (SBN: 206873), 1109 Vicente Street, Suite 102, San Francisco, CA 94116, Telephone: 415-759-8633 12/22, 12/29, 1/5/16

CNS-2827676#

#### TRUSTEE SALES

T.S. No.: 2014-01919-CA A.P.N.:543-0252-080-00 Property Address: 4500 Santee Road, Fremont, CA 94555 NOTICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE § 2923.3(a). THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOTATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED IMPORTANT NOTICE TO PROPERTY OWNER; YOU ARE INDEFAULT UNDER A DEED OF TRUST DATED 09/02/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE

PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Trustor: Juliet Tabajonda, and Wilfredo Tabajonda Duly Appointed Trustee: Western Progressive, LLC Recorded 09/15/2004 as Instrument No. 2004416785 in book ---, page--- and of Official Records in the office of the Recorder of Alameda County, California, Date of Sale: 01/20/2016 at 12:00 PM Place of Sale: AT THE FALLON STREET EMERGENCY EXIT OT THE ALAMEDA COUNTY COURTHOUSE, 1225 FALLON STREET, OAKLAND, CA Estimated amount of unpaid balance and other charges: \$ 842,409.85 NOTICE OF TRUSTEE'S SALE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR THIS STATE: All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as: More fully described in said Deed of Trust. Street Address or other common designation of real property: 4500 Santee Road, Fremont, CA 94555 A.P.N.: 543-0252-080-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$ 842,409.85. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recou foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property. NOTICE OF TRUSTEE'S SALE Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary. the opening bid may be less than the total debt NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary frustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this Internet Web site http://www.altisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx using the file number assigned to this case 2014-01919-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: December 9, 2015 Western Progressive, LLC, as Trustee for beneficiary C/o 30 Corporate Park, Suite 450 Irvine, CA 92606 Automated Sale Information Line: (866) 960-8299 http://www.altisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx For Non-Automated Sale Information, call: (866) 240-3530 Trustee Sale Assistant WESTERN PROGRESSIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE.

CNS-2825942#

#### **New library construction begins**

# WARD PUBLIC LIBRARY

Thanks to Hayward voters who approved Measure C funding in 2014, the construction of Hayward's 21st Century Library and Heritage Plaza project is fully funded and now underway.

Starting in January 2016, visitors to the old main library will begin to see construction activity on and around C Street, the Plaza, and Mission Boulevard:

• C Street will retain two through lanes of traffic during construction, but construction work.

• Street parking will be temporarily unavailable in some areas during construction. Free parking is available in the city parking garage on Watkins Street across from City Hall. Bus routes and bus stops will not be affected.

•The old main library will remain open for regular business throughout the upcoming 20 months of construction.

• Pedestrian access to the post office, old main library, and parking garage will be preserved, but in some

SUBMITTED BY CITY OF HAY- lanes will be shifted to accommodate places will be redirected around construction areas for safety.

> • Please observe all posted signs. The safety of pedestrians, motorists, and construction workers is our top priority.

The 21st Century Library will be the most environmentally sustainable public building ever built in Hayward. The new library is scheduled to open in mid-2017. Visit www.haywardlibrary.org for the latest news and construction updates including design renderings of the library project.

#### Time to sweep up and clean up

#### SUBMITTED BY CITY OF FREMONT

While Fremont's leaves are beautiful to look at, they can be a big hassle to clean up. As winter approaches, we ask that you please dispose of your leaves responsibly. Avoid sweeping leaves into the gutter. Excessive piles of leaves will not be picked up by the street sweeper, and will cause storm drain blockage. Instead, sweep up and deposit leaves into your residential green organics bin.

#### **Obituary**

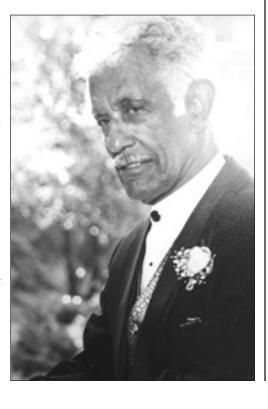
#### Bennett Richardson

April 13, 1920 - Dec. 16, 2015

Resident of Sacramento

Bennett Richardson was born on April 13, 1920 in Oakland and entered into rest on December 16 in Sacramento at the age of 95. He is survived by his loving wife of 21 years Robin Richardson. His children; Ronnie (Madeline), Johnny, LaTonya, Liz (Mike), Matthew, Amy (Walter), Eric (Trish), Brett, Kellie and Kurt (Monique). Also 20 grandchildren, 12 great grandchildren and 1 great great grandchild. He was preceded in death by his parents, 2 brothers and his son Simon.

Visitation will be held from 10-11am with a Funeral Service starting at 11am on Thursday, December 31 at Oakland Market Street Seventh-Day Adventist Church, 900 34th St., Oakland, CA 94608. The burial will take place on Tuesday, January 5, 10:30am at Sacramento Valley National Cemetery in Dixon, CA



#### **Obituary**

#### Norma Kathleen Bettencourt

June 15, 1926 - December 24, 2015

**Resident of Fremont** 

Norma was born on June 15, 1926 and entered into rest on December 24, 2015 at the age of 89. She is survived by her loving daughter Susan Bettencourt. Her twin brother Norman Andrade and his wife Corlee, 4 nieces, 1 nephew and 2 grand nephews. She was preceded in death by her husband of 38 years Robert J. Bettencourt in 1990.

Norma and her twin brother Norman were born to Mamie & Joe Andrade in Niles, California and grew up on a farm with their older brother Leroy in Pleasanton. After graduating high school Norma went to work at the Bank of America as a bookkeeper. She married Robert Bettencourt in 1953 and gave up bookkeeping to become a full time housewife and mother to daughter Susan. Norma loved spending time with family, friends, pets and traveling. At age 73



she decided to become a shopkeeper in the Niles district of Fremont where she has enjoyed interacting with customers.

A graveside service and cerebration of life will be held at a later date.



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# Windm Ridge Winery

# Local boy makes good

SUBMITTED BY BRUCE ROBERTS

The year was 1951 and the place, Mrs. Florence Simpson's kindergarten class at Markham School in Hayward. As I sat in the front row, freckles galore, trying to look angelic, little did I know that two rows behind me was Bill Prioste, who over the years would transform from a kindergarten kid to a very accomplished builder and vintner.

Tracy's Windmill Ridge Winery is a beautiful little gem of a winery located in southern Tracy. In 2004, when Bill and his wife Stephanie first saw the property, there were no grapes, no machinery, no tasting room - no winery! But over the next three years, Stephanie and Bill - who had a contractor's license and a love of architectural planning learned in

George Enderlin's mechanical drawing class at Hayward High—forged ahead from the ground up, razing most of the old buildings on the site, and planning, building, creating Windmill Ridge.

The inspiration came from a rental rehab in Tracy, which surprised them with six grapevines in the back yard. That started the germ of an idea, followed by tours of wineries in Australia, France and Italy to fill their heads with winery models that would work for them. By this time, they had the property, 3.8 acres, and the construction began. By 2007, their labor of love was ready to go.

Most of their property - behind the lawns, the garden, the driveways and parking areas, even the buildings themselves – is taken up with grapes – 2 and one-half planted acres. In that modest acreage grow eight different varietals. Other grapes are purchased from California suppliers within the Tracy Hills Appellation (AVA). With these combined efforts, Bill and Stephanie produce 1,000 cases per year.

Some of course are wines that California knows well: Malbec, Merlot, Chardonnay, Cabernet Sauvignon, Petite Sirah. However, Bill, very proud and conscious of his Portuguese heritage, also produces Portuguese wine, from Portuguese grapes. The Touriga and Souzao grapes result in wonderful table wines, as well and "Doce Fim," (sweet finish), a very tasty Port style wine. Out of all these, Bill is proudest of a special edition "Prioste" wine, a blend of four Portuguese varieties, with pictures of himself, his father, and his grandfather on the label.

Today, Windmill Ridge winery is much more than just a winery. The well-appointed tasting room is also an event center, seating 100, plus the lawn out back, with room for 200 more guests. Weddings, birthdays, memorials, conferences—all possible social events fill their yearly calendar.

As their popularity grows, so do the compliments. San Joaquin Magazine named them the Best New Winery in the county in 2008; they were Tracy Business of the Year in 2009, and the Tracy Press voted them the Best of the Best in 20011, 2012, 2013 and 2014. They've also sent ten wines in for competition, winning a medal every time. Their prize is their Doce Fim, 2004, the Gold Medal winner in the Long Beach Grand Cru of 2008. And is it ever tasty!

Listening to Bill Prioste tell the story of building the winery and producing the wine that he and Stephanie love is a truly rewarding experience. And even if his home and business are now over the East Bay hills, Hayward is proud to have him as a native son. Bill Prioste—Hayward Hospital, Markham Elementary, Bret Harte Junior High, Hayward High-made in Hayward! Mrs. Simpson would be proud, too.

> Windmill Ridge Winery is located at 8350 W. Linne Road in Tracy and can be reached at (209) 834-0005.



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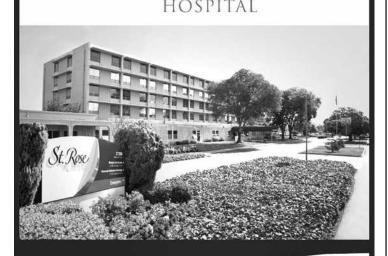
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#### Fremont **Police Log**

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

#### Friday, December 18

Officers investigated an auto burglary at Central Park near the skate park.

Two female suspects asked a female victim for directions near the area of Mowry Avenue and Bonner Avenue. As the victim was helping them, one female suspect hit the victim and took her purse. The two suspects fled on foot toward Mowry Avenue. Detective Franchi located the two suspects near Mowry Avenue and Parkside Court. Both suspects were identified and most of the losses were recovered. One adult female, Hayward resident, and one female juvenile were arrested.

A suspect, armed with a handgun on Lake Arrowhead, took a victim's vehicle and fled northbound into Union City and eventually to Hesperian Boulevard in Hayward. As Fremont officers were looking for the victim vehicle at a parking lot in Hayward, they saw a black Mercedes exit the lot at a high rate of speed. Seconds later they located the victim vehicle and learned that the suspect had just carjacked the Mercedes. Hayward PD quickly arrived and started monitoring. A few minutes later, the suspect dumped the Mercedes and carjacked an Acura near Harder Road in Hayward. Hayward and Oakland PD locate the Acura in Oakland and took the suspect into custody. The male suspect is from Alameda. The case is under investigation.

Ofc. Luevano took a residential burglary on Erma Avenue. No known suspects are available at this time.

#### Saturday, December 19

Ofc. Oliveira was detailed to Extended Stay where he took a report of a stolen van.

Ofc. Rodriguez was detailed to Liberty Street regarding a male who was found burglarizing one of the buildings. The male then fled on a bike. A similar subject was stopped by officers on Fremont Boulevard. A witness identified the male as the suspect, and the latter was arrested for commercial burglary.

#### **Tuesday, December 22**

Ofc. Gigliotti and Field Training Officer (FTO) Settle investigated an armed robbery in the 37600 block of Fremont Boulevard at approximately 10:25 a.m. The suspect was described as a Hispanic male in his 20s, 5'11" tall, thin build, wearing an orange hat, black hoodie, black denim pants, and armed with a gun. The loss is cash from a grocery market.

At 5:06 p.m., officers were dispatched to a retail establishment on the 43900 block of Ice House Terrace to investigate what was initially reported as a battery. Further investigation revealed that two theft suspects fought with security after being caught shoplifting. A 21-year-old adult male, Newark resident, was detained by security for theft. As he was being taken into custody his girlfriend, a 20year-old adult female, Newark resident, intervened and placed one of the security guards in a headlock. In the end, the male was arrested for theft and the female for robbery. Both were booked at Fremont Jail without incident. Case was investigated by Ofc. Jackson and FTO Harvey.

At 5:44 p.m., officers were dispatched to Washington Hospital for a vehicle theft that had just occurred. The victim left his SUV running outside of the emergency room as he took a family member in for treatment. Security observed an unknown suspect jump in the vehicle and take off. A short time later Sgt. Fowlie and Sgt. Harvey located the vehicle and suspect at the Las Palmas Arco station. The 43-year-old adult male, Fremont resident, was initially taken into custody without incident. However, after being placed in the back of the patrol car, he kicked out the passenger side rear window and began screaming. The male was subsequently placed in the WRAP device and transported to Santa Rita. Case was investigated by Ofc. Catassi.

Officers were dispatched to the 39410 block of Fremont Boulevard for a report of a suspicious circumstance. The victim advised that she had just left a business and an unknown suspect began to follow her through the parking lot. She confronted the suspect and he began to walk away, but as she got into her vehicle, the unknown suspect touched her inappropriately. The suspect was described as a Hispanic male, 40 years old, 140-160 lbs., having "big eyes," wearing a blue hoodie and a black backpack. The suspect was last seen walking southbound onto Fremont Boulevard toward Sundale Drive. Case was investigated by Ofc. Higgins and FTO Stilli-

Officers respond to Adler Court on the report of a vehicle that had just been stolen. The vehicle is a white 1997 BMW 740iL. The vehicle has tinted windows and a disabled license plate (DP764MR).

At 3:06 a.m., officers were dispatched to a vehicle that had just been taken without permission on the 37100 block of Mission Boulevard. The stolen vehicle is a 2012 SS two-door Chevy Camaro (AZ Plate AYC4786), and described as yellow with black racing stripes with a transformer emblem on the hood.

#### Suspects arrested in Club Caliente shooting

SUBMITTED BY SAN LEANDRO PD

Following an after-hours shooting of four victims that occurred in the parking lot of Club Caliente on Monday, December 21, 2015, detectives safely arrested the two men responsible for the shooting. Police have since determined that the shooting was a hate-motivated crime based on the sexual preference of some of the victims.

On Sunday night the victims, determined to be three men and a woman ranging from 28-34 years old, met at Club Caliente to go dancing. Some type of verbal altercation took place as the victims were confronted in the bar by the suspects: Carlos Cervantes of Oakland and Salvador Lopez Aguilera of Hayward.

As the nightclub closed for business, Cervantes and Aguilera followed the four victims as they walked through the parking lot, and continued to make comments to them about their sexual preference. Investigators interviewed witnesses, watched security

videos, and determined that at one point, Aguilera ordered Cervantes to shoot the four victims just before the shooting occurred.

Cervantes, who police reported was in possession of a high-caliber semi-automatic pistol, opened fire on the victims, striking each of them in the lower parts of their bodies. They have since been treated and released for their injuries and are cooperative with investigators.

Cervantes and Aguilera fled in Aguilera's van, which



Carlos Cervantes

was parked on E. 14th Street across from Club Caliente. The van was later located in front of an East Oakland residence.

On Tuesday at noon, undercover San Leandro police detectives spotted Aguilera leaving a residence in the 1100 block of 82nd Avenue in Oakland and arrested him on suspicion of attempted murder.

Detectives followed Cervantes in a vehicle after it left a residence in the 3100 block of Berlin Way in Oakland. The vehicle was followed



Salvador Lopez Aguilera

along I-580 into San Leandro, where it was stopped at MacArthur Boulevard and Dutton Avenue Tuesday night. Cervantes was identified as a passenger in the vehicle and was also arrested on suspicion of attempted murder of the four victims.

"The timeliness in solving this case exemplifies the commitment and sense of duty that San Leandro police officers have for those that they serve," stated Lt. Robert McManus. "We are glad that the victims survived this shooting,

which could have ended much more tragically than it did. Once again, surveillance video has played a leading role in helping us solve this case," he

Police have not located the firearm used in the shooting and are asking anyone with information to contact them. Cervantes and Aguilera are being held at Santa Rita Jail in Dublin on suspicion of attempted murder and committing a hate-motivated crime. Their arraignment was scheduled on Thursday, December 24, 2015 in the Alameda County Superior Court.



#### COMMUNITY BULLETIN BOARD

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friends and

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For contact information go to

UnionCityLions.com

#### **FREMONT COIN CLUB**

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#### **Relay for Life - Fremont Meetings 3rd Tuesday** of Month **Event Leadership Team Meeting Besaro Park**

40655 Grimmer Blvd. Fremont Contact Lynda Rae 510-397-6647 (leave Message) Cathy Nervell 510-701-9005 email: fremntrf12016@gmail.com

#### Tri-City Society of **Model Engineers**

The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org

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**Tri Cities Women's Club** 

Meets on the third Tuesday

Elk's Club on Farwell Dr.

9:30 - Cards, 12:00 - Lunch

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#### ABWA-Pathfinder Chap. **American Business** Women's Assoc.

provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. Sinodino's Rest. (Newark): 6:30-9:00 pm Call Karen 510-257-9020 www.abwa-pathfinder.org

#### Afro-American Cultural &

Historical Society, Inc. Sharing ur culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec & Feb 5:30pm Newark Library 510-793-8181 www.aachsi.com We welcome all new members

**Scholarships for Women** Our Fremont philanthropic organization, PEO, offers many scholarships for women entering college, earning another degree or returning to school after 2+ years. Low interest education loans available, also. 510-794-6844 www.peointernational.org

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#### **FREE QUALITY INCOME** TAX PREPARATION

**IRS-Certified Tax Preparers** \$54,000 or less annual household income. Other restrictions may apply. Tuesdays: Feb 2 to Apr 12, 2016. 10 am – 4 pm At Tri-Cities One-Stop Career Center – Ohlone College 39399 Cherry Street, Room 1211 Newark, CA 94560 For appointment call (510) 742-2323

#### **FREE QUALITY INCOME TAX PREPARATION**

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#### The League of Women **Fremont-Newark-Union City** www.lwvfnuc.ora

Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible

#### Fremont Cribbage Club

teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email:Accgr43@gmail.com American Cribbage Congress www.cribbage.org

#### **FREE AIRPLANE RIDES** FOR KIDS AGES 8-17

Young Eagles Hayward Airport various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com

#### **SparkPoint Financial Services** FREE financial services and coaching for low-income people who want to improve their finances.

SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center To reserve a seat: 574-2020 Fremont.gov/SparkPointFRC

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Love animals & want to help? OHS is a nonprofit, volunteer supported animal welfare organization. Includes wildlife rehabilitation, companion animal rescue, animal assisted therapy, spay/neuter assistance and more. For info call 510-792-4587 www.Ohlonehumanesociety.org

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#### **Deliver a smile and** a meal to homebound seniors **LIFE ElderCare – Meals on Wheels**

Mon - Fri. 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@fremont.gov www.LifeElderCare.org

#### **SAVE's Domestic Violence Support Groups**

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#### **FREE QUALITY INCOME** TAX PREPARATION **IRS-Certified Tax Preparers**

\$54,000 or less annual household income. Other restrictions may apply. Mondays: Feb 1 to Apr 11, 2016. 10 am – 2 pm At Tri-City Volunteers 37350 Joseph Street Fremont, CA 94536 For appointment, call Stacy at (510) 793-4583

#### **Newark Trash Pickup Crew**

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22394 Foothill Blvd., Hayward 510-583-2787 www.haywardarts.org Open Thurs. Fri. Sat. 10am-4pm Foothill Gallery, John O'Lague Galleria, Hayward Area Senion Center Exhibit Hall, Alameda County Law Library Hayward branch

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TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

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info@newarkparks.org

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ewarkDemonstrationGarden/

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and parents of skaters to

spearhead a skatepark in Newark.

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info@newarkparks.org

https://www.facebook.com/grou

ps/NewarkSkatepark/

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**Foundation** 

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open spaces, and recreational

opportunities for a healthy and

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- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (nonprofit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

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#### The American Assoc. of **University Women**

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Flash games start 6:30pm All Games pay over \$100 Tropics Mobil Home Park 33000 Almaden Blvd., **Union City** Snack Bar Open 5pm Door Prizes & Free Coffee Contact Richard 408-839-3358

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#### **Fremont Area Writers** Like to write?

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except in July and December www.cwc-fremontareawriters.org

#### Afro-AmericanCultural & **Historical Society** 39th Dr. Martin Luther King, Jr. **Commemoration Program** Sunday, Jan 10 3:00pm

First Presbyterian Church 36450 Newark Blvd. At Cedar 510-793-8181 - All are welcome No admission fee

#### **Little Lamb Preschool Open House** Sat. April 16

Drop-in Between 1-4pm Free Ice Cream Meet the Teachers Visit the Classrooms Registration Info Available www.littlelambpreschoolbcc.org

#### **Hayward Art Council**

All open to the public

#### **FREE QUALITY INCOME TAX PREPARATION IRS-Certified Tax Preparers**

\$54,000 or less annual household income. Other restrictions may apply. Saturdays: Jan 30 to Apr 16, 2016. 10 am - 2 pm (Closed Mar 12th) At New Haven Adult School 600 G Street, Union City, CA 94587 Walk-in and self-prep services available Call 510-574-2020 for more info

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**Dawn Torre, Volunteer Coordinator** I-888-493-0734 or 510-933-2181 volunteer@lifespringshospice.com

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#### Writer Wanted

Tri-City Voice is looking for an exceptional individual with excellent vocabulary, grammar and writing skills. A successful candidate is interested in interviewing and writing articles in a wide range of topics, focused on the Greater Tri-City area (Fremont, Newark, Union City, Hayward area, Milpitas, Sunol) and our Home and Garden Section including interviews with local developers, remodeling experts, architects, landscape, decorating and gardening professionals, hardware

> Applicants should send their resume and a sample of writing to: tricityvoice@aol.com

> > Date:

Name:

Address:

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and computer aided design specialists.

#### LETTERS POLICY

The Tri-City Voice

welcomes letters to the editor. Letters

must be signed and include an address and daytime telephone

Only the writer's name will be published.

Letters that are 350 words or fewer will be given preference. Letters are subject to

editing for length, grammar and style.

tricityvoice@aol.com

# **Unmanned Aircraft** Systems (drones)

SUBMITTED BY CITY OF HAYWARD

The gift-giving season is upon us and it's estimated that more than one million people in the U.S. will give or receive an Unmanned Aircraft System (UAS) or drone this year. However, flying a drone outdoors is subject to regulation by Federal Aviation Administration (FAA).

The regulation of drones changed on December 14, 2015 when FAA announced that all drones weighing between 0.55 and 50 lbs. must be registered no later than February 19, 2016. Anyone flying an unregistered drone after that date could face monetary fines and criminal penalties. The details for registering a drone can be found at www.faa.gov/uas/registration.

The recreational use of drones

for personal enjoyment should follow guidance in the "Know Before You Fly" website at www.knowbeforeyoufly.org. For example, an operator cannot fly a drone within five miles of an airport, including Hayward Executive Airport, without prior approval of the airport manager. In addition drones should fly no higher than 400 ft. and should not interfere with manned aircraft. The commercial use of drones for compensation falls under a separate set of regula-

"There have been an increasing number of drone sightings by pilots, including two in the past year in the vicinity of Hayward Executive Airport," says Hayward Executive Airport Manager Doug McNeeley. "It's important that people flying drones know how to safely operate them outdoors."

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# Newark Police Log

SUBMITTED BY CMDR. MIKE CARROLL, NEWARK PD

#### Tuesday, December 15

At 11:51 p.m., Ofc. Geser investigated a stolen vehicle from a residence in the 5000 block of Abbotford Court. Stolen was a green 1998 Honda Civic (CA Plate # 6GKE186).

At 1:11 a.m., officers responded to a family disturbance at a residence in the 6600 block of Graham Avenue involving a 34-year-old female. There was no crime at that time and the female went to a friend's house. At 2:27 a.m., the female returned to the residence and armed herself with a baseball bat and a knife while threatening to kill her father. Officers responded back to the residence and evacuated her father. Officers arrested the female for threatening to kill her father. She was booked at Santa Rita Jail.

#### Wednesday, December 16

At 9:27 a.m., Ofc. Ackerman investigated a domestic violence incident that occurred at a residence on Buena Vista Drive. A 23-year-old male of Fremont was arrested for domestic violence

and a misdemeanor warrant. He was booked at Fremont PD Jail.

At 12:01 p.m., Ofc. Fredstrom handled a citizen's arrest/shoplifting case at the NewPark Mall Macy's store. A 43-year-old transient male was arrested for petty theft, possession of drug paraphernalia, and warrants. He was booked at Fremont Jail.

At 7:20 p.m., officers responded to a residential burglary at a residence in the 5400 block of McLaughlin Avenue. The homeowner reported the front door and garage door were ajar, and their BMW 328i was stolen from the garage. The burglary occurred between 12:00 p.m. and 7:20 p.m. The stolen BMW was located by Union City PD a couple of hours later.

#### Thursday, December 17

At 1:49 p.m., Ofc. Prakash and Ofc. Fredstrom were dispatched to the NewPark Mall Macy's store for a shoplifter in custody. Ofc. Prakash arrested a 15-year-old male from Hayward for grand theft. The suspect was issued a notice to appear in court and was released to his parents.

At 5:28 p.m., Ofc. Johnson handled a citizen's arrest/credit card fraud case at the NewPark Mall Subway and Burger King restaurants. Between both restaurants, a 22-year-old female of

Oakland attempted to purchase \$900 in gift cards using fraudulent credit cards. The managers of both restaurants caught on to the scam and detained the female until police arrived. The female was booked at Fremont PD Jail for fraudulent signature use on a credit card, fraudulent use of a credit card, and burglary, entering a building to commit a felony.

#### Friday, December 18

At 7:39 p.m., Ofc. Smith investigated a theft from an open garage in the 5500 block of Civic Terrace Avenue, where a JBL speaker, a diabetes testing kit, and an "Entourage" DVD box set were taken. Suspect was described as a male with a black sweatshirt and blue jeans on a dark-colored mountain bicycle.

At 7:54 p.m., Ofc. Arroyo investigated a theft of a catalytic converter from the Logitech parking lot, located at 7700 Gateway Boulevard. The theft occurred between 10:00 a.m. and 6:00 p.m.

#### Saturday, December 19

At 10:09 p.m., Ofc. Warren investigated an auto burglary that occurred in the Chuck E. Cheese's parking lot between 8:00 p.m. and 10:00 p.m. Losses were a car battery, a child's board game, and a binder of documents.

# Union City Police Log

SUBMITTED BY UNION CITY PD

#### Tuesday, December 15

A residential burglary occurred on the 33800 block of 9th Street around 2:30 p.m. Four suspects entered the victim's home unannounced. One suspect told the victim he was a contractor and needed to see something in his backyard. While the victim was talking to the suspect in the backyard, another suspect was allowed to use the bathroom and apparently stole some money and electronics.

#### Thursday, December 17

A residential burglary occurred on the 100 block of Arroyo Drive between 6:15 a.m. and 8:30 p.m. The front door was kicked open, and the loss included a TV.

#### Friday, December 18

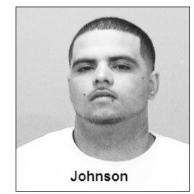
A commercial burglary occurred on the 3200 block of Whipple Road between Friday, December 18, 2015 at 1:00 p.m. and Saturday, December 19, 2015 at 4:40 a.m. The glass front door was smashed, and the cash register was taken.

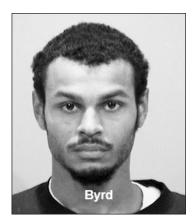
#### Saturday, December 19

At around 6:30 p.m., Ofc. Turbyfill was dispatched to a Union Landing business on the report of a theft. Three suspects, who could only be described as black males approximately 18-22 years old, entered the store, ripped electronic tablets from their security cables, and fled the store on foot.

At around 11:15 p.m., Ofc. Gannam was on patrol in the area of E Street and 9th Street when he conducted a traffic stop. As the vehicle was stopping, an object was thrown out of the front passenger window. The object turned out to be a bag with more than 30 rounds of 9mm ammu-







nition. Both the driver and passenger were prohibited from owning or possessing ammunition. Stephen Crockett, a San Leandro resident, and Deverrick Johnson, a Hayward resident, were arrested.

#### Sunday, December 20

A residential burglary attempt occurred on the 32400 block of Regents Boulevard around 12:00 p.m. A suspect entered the victim's backyard and was about to attempt entry through a back door when he saw the victim and fled in his vehicle. The suspect and vehicle were located nearby, and Travis Byrd, a Hayward resident, was arrested for attempted burglary.

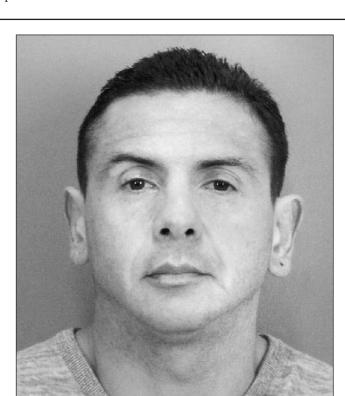
# Repairs to damaged sewer line continues

SUBMITTED BY REGINA McEvoy

Union Sanitary District's (USD) repair of the damaged sewer on Alvarado Boulevard in Union City is entering the final and most difficult phase. The 33-inch sewer pipe is about 20 ft. deep and located in an area of unstable soils and high groundwater. The remaining work consists of the excavation of a large, deep pit at the intersection of Alvarado Boulevard and New Haven Street. It is currently anticipated the excavation area will be 60 ft. long, 15 ft. wide and 20 ft. deep to accommodate the necessary repairs to the sewer line and manhole. These repairs should not have an impact on the sewer services of the surrounding area.

Due to the large size and location of the repair pit and the staging area needed by the contractor to perform the work, the westbound lanes on Alvarado Boulevard between Fair Ranch Road and Fredi Street will be closed from December 28, 2015 through April 15, 2016, weather permitting. The contractor will be working from 7:00 a.m. to 5:00 p.m. Monday through Friday. At least one eastbound lane on Alvarado Boulevard will be open at all times.

The cause of the sinkhole is still unknown at this time. Determining an exact cause may be difficult, as multiple factors could have contributed to the sinkhole. The affected area includes infrastructure for several utilities, as well as extensive groundwater and sandy soils. Ensuring the stability of the area and completing a permanent, effective repair have been and will remain the focus for USD crews.



Joel Duran Huerta

#### Santa comes to San Leandro



SUBMITTED BY LT. ROBERT McManus, San Leandro PD

On Monday, December 21st, members of the San Leandro Police began to prepare for Santa Claus' arrival in San Leandro, gathering gifts to brighten the holiday season for some San Leandro families. A police car parked in front of the Target Store at Bayfair Center, was filled with new gifts for Santa to deliver to families in need on the evening of Wednesday, December 23rd. Santa Claus made the trek from the North Pole to San Leandro, where he traded in his sleigh for a Harley Davidson police motorcycle to distribute gifts throughout the city, while his reindeer rested on the top of the police department.

"Santa on Motors," was started in 2014 by the late Captain Edward Tracey, who succumbed to cancer in April. In his honor, the Department continued this holiday tradition by spreading holiday cheer throughout the city and visiting people at various San Leandro shopping centers. Santa, escorted by SLPD personnel, visited several families in town, delivering gifts to them a few days before Christmas.

# Operation Second Chance 2015

SUBMITTED BY MILPITAS PD

Through Thursday, December 31 Santa Clara County Sheriff's Office, in conjunction with all other Santa Clara County law enforcement agencies, will be implementing a special program in which individuals with non-violent misdemeanor criminal and traffic warrants can receive a citation with a new court date, in lieu of being booked into the County Jail.

Individuals can go to any Santa Clara County law enforcement agency to receive their warrant citation, which will require a new "Promise to Appear" in court date. Operation Second Chance 2015 is directed toward most misdemeanor warrants, no matter what the bail is, including those warrants stamped "No Cite and Release" and "No Bail."

#### The following warrants do not qualify for this program:

Felony warrants
Any warrant involving violence (including all do-

mestic violence warrants)
Any warrant involving a firearm

Any warrant involving a mearm
Any warrant involving resisting arrest

Any warrant involving resisting arrest
Any warrant involving giving false information to a
peace officer

Persons with these types of warrants, however, are urged to take this opportunity to turn themselves in so they can take care of their matter in court. More than 3,100 people have taken advantage of the program over the past 11 years and avoided spending the holidays in jail by self-surrendering.

The Milpitas Police Department is available to accept self-surrenders Monday through Friday from 10:00 a.m. to 4:00 p.m. If you have any questions relating to this program, please contact Sheriff's Office Records at (408) 808-4717.

# Elementary school vandal arrested

SUBMITTED BY SGT. HUY TRAN, MILPITAS PD

On Saturday, December 19, 2015 at about 11:36 p.m., a private security officer called Milpitas Police Department to report a red Ford F150 truck "doing donuts" in the grass field of Weller Elementary School. Officers arrived on scene and found extensive damage to the grass field with several large circular tire tracks on the field.

Officers followed the muddy tire tracks into a nearby residential area and located the vehicle. After further investigation, officers arrested Joel Duran Huerta of Milpitas for felony vandalism. Huerta was booked into Santa Clara County Main Jail.



# Black Holes and Dark Matter, Working Together

# By KATIE McKissick NATIONAL AERONAUTICS AND SPACE ADMINISTRATION

Dark matter is very mysterious. It makes up 27 percent of our whole universe, but we know very little about it. We can't measure it directly. It doesn't give off light or absorb it. We do know it has gravity, though, because we can see its pull on things like stars and galaxies.

Black holes are also very mysterious. A black hole is an area of such immense gravity that nothing—not even light—can escape from it. Black holes can form at the end of some stars' lives. The gravity holding the star together overwhelms the pressure of the hot gas, and it collapses in on itself producing a magnificent explosion. Some of the material from the star escapes in the explosion, while the rest, many times the mass of our sun, falls into an infinitely small point but keeps the same amount of gravity.

Scientists want to know more about dark matter and black holes, but they're very hard to study. But in a strange twist, the best way to learn about dark matter and black holes may be watching both of them at the same time.

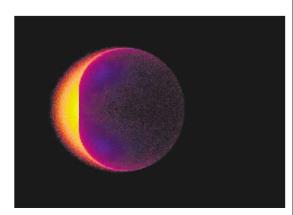
Scientists think that dark matter is probably made of tiny things called weakly interacting massive particles, which some call WIMPS for short. They hardly ever run into each other in wide-open outer space. But things get crowded around the gravitational pull of a black hole. There, it's much more likely that WIMPS could smash into each other. This is called annihilation. When it happens, WIMPS can release a burst of energy in the form of gamma rays. These are extremely high-energy rays, a thousand times more powerful than X-rays. Some of those gamma rays could

escape the area around the black hole. They could make it all the way to us, and we could see them with our telescopes.

Right now, this is an idea based on computer simulations and lots of math. But if it turns out we can watch black holes and dark matter interact, we could learn a lot about both of these mysterious astronomical oddities. Who would have ever thought that combining two mysteries could lead to new answers?

Find out more about dark matter (and dark energy!) by visiting NASA Space Place: spaceplace.nasa.gov/dark-matter

Check out great sites for kids: http://spaceplace.nasa.gov http://scijinks.gov http://climatekids.nasa.gov



This image shows the gamma-ray signal from the computer simulation of annihilations of dark matter particles. Lighter colors show higher energies. The highest-energy gamma rays come from the center of the crescent shape on the left, closest to the black hole's equator and event horizon. The gamma rays with the greatest chances of escape are on the side of the black hole that spins toward us. Such lopsided emission is typical for a rotating black hole.

 $Credit: NASA\ Goddard/Jeremy\ Schnittman$ 



#### Volunteers needed for Martin Luther King Jr. Day

#### SUBMITTED BY NELSON KIRK

Celebrate Martin Luther King Jr. Day helping improve wildlife habitats along your local creek and trail with Hands-On Conservation and Union City on Monday, January 18. We'll plant wildflower seeds and milkweed plants along the Creekside trail in the park to support Monarch butterflies. We'll also pick up litter along the trail and around the park. Wear work clothes and sturdy shoes that can get dirty, and bring gloves if you have them and your own refillable water bottle. We'll provide trash bags, litter grabbers, planting tools, and a snack.

Students, adult volunteers, and youth groups are welcome (age 10 and up). Bring your school's form to receive Service Learning/Community Service Hours. To sign up, contact Amy Evans at amyevans.acrcd@gmail.com or call (925) 371-0154 x 112.

Martin Luther King Jr. Day
Monday, Jan 18
9 a.m. – 12 p.m.
Union City Civic Center (meet next to the Skatepark)
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# GIVE YOUR BODY A MAKEOVER WITHOUT DIET, EXERCISE OR SURGERY.

Now you can transform yourself without diet, exercise or surgery. Sculpt yourself with CoolSculpting®

CoolSculpting® is the only non-surgical body contouring treatment that freezes and eliminates stubborn fat from your body. There are no needles, no special diets and no downtime. It's FDA-cleared, safe and proven effective.







#### Dr. Eric Okamoto, M.D.

Visit our new website for more information on Coolsculpting & other services WWW.drokamoto.com

CALL TODAY

510 794-4640

39380 Civic Center Drive, Suite B | Fremont

### From the Heart Senior Services



Serving the Bay Area Since 2002 A Domestic Referral Agency

No Minimums
Daily Services Available from
1 hour to 24 hours (Live In)

We are here when you need us

#### What can we do today to make your life betler

Attend Social Activities
Transportation
Grocery Shopping
Activities of Daily Living
Dressing & Grooming
Meal Preparation
Medication Reminders
Walking Assistance
Light Housekeeping
Errands
Help with Laundry
Respite Care

Our caregivers bring skills to help with all activities of daily living and specialized skills such as working with adults with dementia Alzheimer's and end of life care. All caregivers speak English. All caregivers undergo a through criminal background check, carry liability insurance and are bonded. We verify Social Security status.

PEACE OF MIND SAFETY DIGNITY

#### **Basic Hourly Rates**

4+ Hours \$19.75/hr. 2-3 Hours \$24.00/hr. Up to 1 Hour \$39.00 NO MINIMUMS

A+ Accredited Better Business Bureau California Chamber of Commerce Member of Network of Domestic Referral Agencies (NODRA)

We can create a custom shift for you

FREE In-Home Consultation
Call Toll Free 866-245-5980
FromTheHeartHomeCare.com

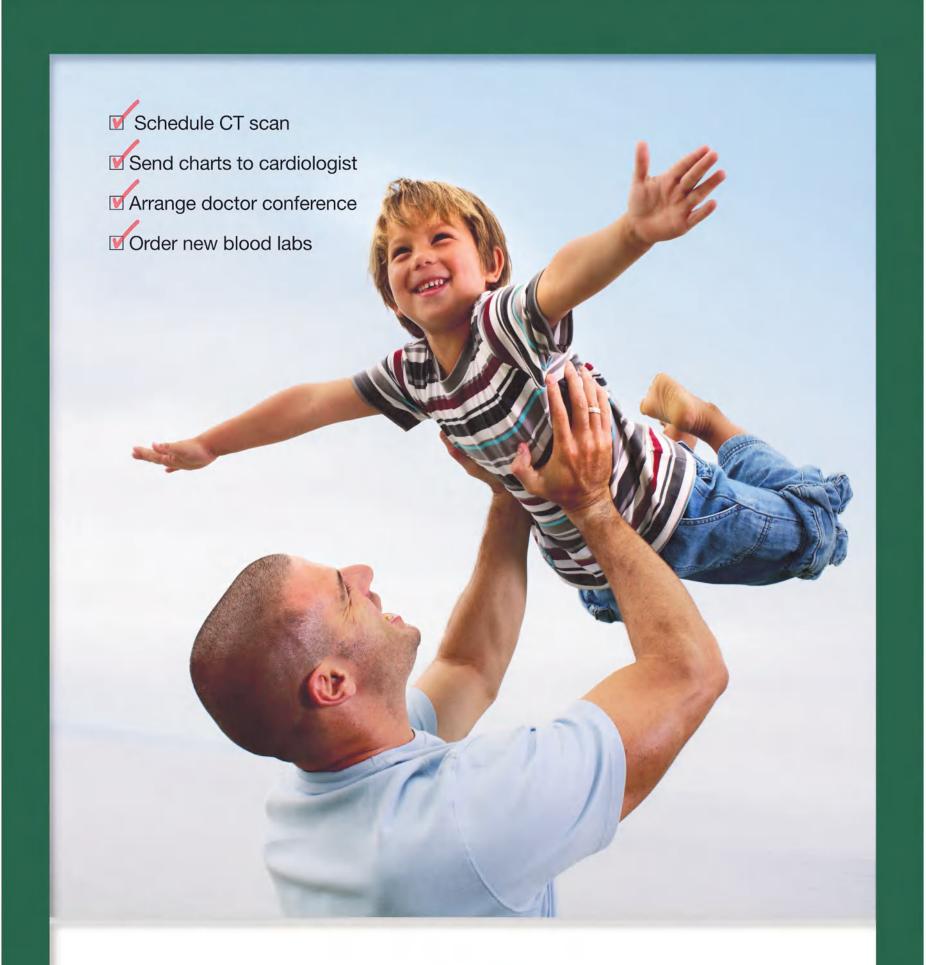
#### DID YOU KNOW?

Once You Compare Rates On The Web-No Guarantee That Is What Your Final Rate Will Be

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# We'll deal with the health care details. So you can focus on reaching cruising altitude.

At the Washington Township Medical Foundation, we know you have more important things to do with your time than managing the details of your health care. So when you join a WTMF practice, you become a member of a tight-knit care team that works hard to help you navigate your way to better health. Where most doctors have a medical assistant, our physicians have Patient Care Coordinators who are able to answer questions over the phone and facilitate communication with your doctor. Your Patient Services Representative will assist you with obtaining follow-up care

including appointments with specialists that you might need. There is even a skilled team member available to help you better understand your medication needs. WTMF has 23 clinics—including primary care, multi-specialty, and urgent care—conveniently located in various neighborhoods around the Tri-City area. Should you ever require hospital services, you can get that care at Washington Hospital, an award-winning institution, right in your own community. When you need a doctor, choose a WTMF physician. We're taking health care to new heights.

