

Caring for our elders, one meal and smile at a time

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a-maize-ing weekend at Ardenwood

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East Bay Regional Parks Insert in this issue

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October 6, 2015

Vol. 14 No. 40

Candle Lighters Ghost House Scaryland

▼ he Chadbourne Carriage House will transform into "Scaryland: The Creepiest Place on Earth" as Candle Lighters' "Ghost House" returns on Saturday, October 10 at Fremont Hub. Get ready as the witches polish their brooms and put on their best attire to await your arrival.

Ghost House has been part of the Tri-City community's annual Halloween tradition for more than 46 years now. Candle Lighters is a nonprofit volunteer organization dedicated to raising funds for nonprofit groups and community based projects in Fremont, Newark, and Union City. For decades, Candle Lighters have extended their hands to a multitude of local organizations such as Abode Services, League of Volunteers,

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famfest

celebrates community

By LINDA-ROBIN CRAIG

Ashland and Cherryland host a grand gettogether in "FamFest," the largest community event planned for the unincorporated area to celebrate its uniqueness with fun events and activities. At the top of the list is the 5K runwalk-roll that's designated E for Everyone: children, youth, adults, and seniors, as well as those with strollers and wheelchairs.

"There will be something at FamFest 2015 (FF) for everyone," says Nate Miley, Alameda County Supervisor, District 4, that includes both Ashland and Cherryland. "We have received tremendous support for FF from businesses, health care organizations and Bay Area sports teams, as well as a host of community-based organizations, and Alameda County agencies."

FamFest will kick-off the morning with the 5K that begins at the REACH Ashland Youth Center, followed by a day-long series of events and activities held at REACH, Hayward Area Recreation and Park District, Jack Holland Sr. Park, Edendale Middle School soccer field, and the Ashland Little League Field, all adjacent to each other. Miley says, "FamFest will not only be a day of fun for families, but will also have more than 60 booths sponsored by community organizations who will share information about the resources and services they have available.'

As part of the physical well-being focus of FF, Kaiser Permanente and Children's Hospital Oakland are hosting a sports clinic which will teach kids how to avoid injuries while playing sports. For the mind, FF will feature storytelling time hosted by Alameda County Library and cool art activities with the

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Prescott Circus Theatre's young performers will be bringing smiles to FamFest



Feasibility study Technical Advisory members, Supervisor Valle, and representatives from local community groups about to enter San Francisco Public Utilities Commission (SFPUC) access road along south side of Alameda Creek at the end of Old Canyon Road.

Niles Canyon makes way for Pedestrians & **Bicyclists**

By Johnna M. Laird

An unprecedented event, the firstever "Niles Canyon Stroll and Roll" will bar automotive traffic and open the twolane, winding State Highway 84 through picturesque Niles Canyon to only pedestrians and bicyclists on Sunday, October 11. For hikers who don't want to walk the entire 6.4 miles, Niles Canyon Railway will operate a special service with train stops every two miles to pick up passengers and give weary feet a lift.

Sponsored by Alameda County Supervisors Scott Haggerty and Richard Valle who represent communities that

bookend the canyon, the Stroll and Roll could attract quite a crowd. Estimates for attendance range from 1,000 people to 10,000, says Dawn Argula, Chief of Staff Operations for Supervisor Haggerty. "This event provides unprecedented access to the Niles Canyon segment of SR 84 for pedestrians and bicyclists. We expect the opportunity will be irresistible to many."

The goal of the event is more than a pleasant stroll on a Sunday, explains Argula. The Stroll and Roll coincides with completion of a Niles Canyon Multi-Use Trail project feasibility study, focused on

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Hospital Volunteers Demonstrate Commitment Through Quality and Numbers

he community's commitment to Washington
Hospital is reflected in
the number and work of volunteers who make up the Washington Hospital Service League.

From its beginning in 1955 when a small group of women organized to raise money for a new community hospital, to today — 60 years later, the Washington Hospital Service League has supported the Hospital and its programs with time and money.

During these past 60 years, Service League volunteers have provided nearly 2 million hours of volunteer service and have donated more than \$2.4 million in raised funds for various Hospital needs. Additionally, the Service League has funded more than \$300,000 in health career scholarships for students.

Currently, more than 500 individuals, ranging in age from 16 to 95, volunteer regularly at the Hospital and support the Hospital out in the community. Some years, the number of active volunteers has topped 600. Service League volunteers reflect the diversity and interests of the multicultural community that makes up the Washington Township Health Care District.

To celebrate the work of Washington Hospital Service League volunteers, a special 60th Anniversary luncheon will be held 12 noon - 2 p.m.(11 a.m. reception) on Tuesday, October 13, in the Tent at Washington West, 2500 Mowry Avenue, Fremont. All past and current Service League volunteers are encouraged to attend and to celebrate the Service League's impressive accomplishments these past 60 years. Special guests will include former Service League presidents.

"You don't have to scratch very deep at Washington Hospital to find a Service League volunteer helping to make this a better institution," says Washington Hospital Chief Executive Officer Nancy Farber.

"The care we provide our patients is enhanced immeasurably by the dedicated work of Service League volunteers," she adds.

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OAKLAND, CALIFORNIA, TUESDAY, A



Steering committee planning service league for Washington Township hospital includes (from left, seated) Mesdames Tom Byrne, George Harvey, Allan Walton, A. F. Anderson. Standing are Mesdames A. E. Alameda, Merle Buehler, Stuart Nixon, and Ralph Gordon.

Service League Founders at steering committee meeting in 1955 (source: Oakland Tribune, 1955). The Washington Service League's 60th Anniversary is being celebrated on Tuesday, October 13, 2015 at a luncheon. Service League past presidents and current adult volunteers are invited to attend the luncheon as guests of Washington Hospital. Past volunteers are invited to attend for \$10. Reservations for the luncheon can be made by contacting Washington Hospital Volunteer Services at (510) 791-3465.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv





	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	
	10/6/15	10/7/15	10/8/15	10/9/15	10/10/15	10/11/15	10/12/15	
12:00 PM 12:00 AM		What Are Your Vital Signs Telling You?	Minimally Invasive Surgery for Lower Back	Diabetes Matters: Diabetes & Stroke: What's the Connection?	Hip Pain and Arthritis: Evaluation & Treatment		New Treatment Options for Chronic Sinusitis	
12:30 PM 12:30 AM 1:00 PM 1:00 AM	Varicose Veins and Chronic Venous Disease	Sports-Related Concussions	Disorders Voices InHealth:The Greatest Gift of All	Superbugs: Are We Winning the Germ War?	Dietary Treatment to Treat Celiac Disease	Don't Let Back Pain Sideline You	Diabetes Matters: Key To A Healthy Heart with Diabetes	
1:30 PM 1:30 AM	Knee Pain &	Surgical Treatment of Obstructive Sleep Apnea	Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate	Skin Cancer	Voices InHealth: Demystifying the Radia- tion Oncology Center	Acetaminophen Overuse Danger	Diabetes Matters: Sugar Substitutes - Sweet or Sour?	
2:00 PM 2:00 AM	Replacement		Voices InHealth: Cyberbullying - The New Schoolyard Bully		Keeping Your Heart on	GERD & Your Risk of		
2:30 PM 2:30 AM 3:00 PM	Your Concerns InHealth: Sun	Washington Township Health Care District Board Meeting	Take the Steps:What You Should Know About	Washington Township Health Care District Board Meeting	the Right Beat	Esophageal Cancer	Washington Township Health Care District Board Meeting	
3:30 AM 3:30 PM 3:30 AM	Protection Inside Washington Hospital: Stroke Response Team	September 9, 2015	Foot Care Learn How to Eat Better!	September 9, 2015	Heel Problems and Treatment Options	Diabetes Matters: Protecting Your Heart	September 9, 2015	
4:00 PM 4:00 AM	Reach Your Goal: Quit Smoking		Prostate Health and	Your Concerns InHealth:	Minimally Invasive Options in Gynecology	Diabetes Matters: Insulin: Everything You Want to Know	Learn About Nutrition for	
4:30 PM 4:30 AM 5:00 PM		Vitamins and Supplements - How Useful Are They?	Prostate Cancer	Senior Scam Prevention	Reach Your Goal: Quit Smoking	Get Back On Your Feet: New Treatment Options for Ankle Conditions	a Healthy Life	
5:00 AM 5:30 PM	Do You Suffer From Anxiety or Depression?		Diabetes Matters:The Diabetes Domino Effect:ABCs	Voices InHealth: Healthy Pregnancy	Washington Women's Center: Cancer Genetic	Learn More About Kidney Disease	Learn If You Are at Risk for Liver Disease	
5:30 AM		Snack Attack	Eating for Heart Health by Reducing Sodium	, , , , , , , , , , , , , , , , , , ,	Counseling			
6:00 PM 6:00 AM	Diabetes Matters: Healthy or Hoax	Turning 65? Get To		Diabetes Matters: The Diabetes Domino Effect: ABCs			From One Second to the Next	
6:30 PM 6:30 AM 7:00 PM	Learn How to Eat Better!	Know Medicare	Varicose Veins and Chronic Venous Disease	Eating for Heart Health & Blood Pressure Control	Washington Township Health Care District Board Meeting	Washington Township Health Care District Board Meeting	Sidelined by Back Pain?	
7:00 AM 7:30 PM 7:30 AM	Living with Arthritis	Learn About Nutrition for a Healthy Life	The Weigh to Success	Movement Disorders, Parkinson's Disease,	September 9, 2015			
8:00 PM 8:00 AM		Women's Health Conference: Aging Gracefully	The Weight to success	Tremors and Epilepsy	Diabetes Matters: Diabetes & Stroke:What's		Skin Cancer	
8:30 PM 8:30 AM	Washington Township Health Care District	chec.//ging di accidity	Washington Township Health Care District	Keeping Your Heart on	the Connection? Cough and Pneumonia: When to See a Doctor	Arthritis: Do I Have One of 100 Types?	Knee Pain &	
9:00 PM 9:00 AM	Board Meeting September 9, 2015	Alzheimer's Disease	Board Meeting September 9, 2015	the Right Beat	Crohn's & Colitis	Kidney Transplants	Replacement	
9:30 PM 9:30 AM				Diabetes Matters: Healthy or Hoax		,		
10:00 AM 10:30 PM 10:30 AM	Deep Venous Thrombosis	Superbugs: Are We Winning the Germ War?	Your Concerns InHealth: Sun Protection	Heart Healthy Eating After Surgery and Beyond	GERD & Your Risk of Esophageal Cancer	Diabetes Matters: Key To A Healthy Heart with Diabetes	Community Based Senior Supportive Services	
11:00 PM 11:00 AM	Diabetes Matters: Insulin: Everything You Want to Know	Do You Suffer From Breathing Problems?	Diabetes Matters: Partnering with your Doctor to Improve Control	Meatless Mondays	Getting the Most Out of Your Insurance When You Have Diabetes	Diabetes Matters: Sugar Substitutes - Sweet or Sour?	Learn More About	
11:30 PM 11:30 AM	Lunch and Learn:Yard to Table	Chronic Obstructive Pulmonary Disease or Asthma	Snack Attack	Minimally Invasive Options in Gynecology	Inside Washington Hospital: Stroke Response Team	Lunch and Learn:Yard to Table	Kidney Disease	

Does CPAP Work for You?

Learn about options for sleep apnea treatment at free community seminar

he continuous positive airway pressure machine, commonly called CPAP, is often known as the treatment of choice for obstructive sleep apnea, a condition that affects up to 18 million Americans. And yet, studies have shown that up to 75 percent of CPAP users cannot tolerate the machine. Many stop using it altogether.

Sleep apnea is a potentially serious, chronic condition that occurs when a person's throat muscles relax during sleep. If you have obstructive sleep apnea, you tend to stop and start breathing repeatedly during the night. Most sleep apnea sufferers snore loudly and feel tired the next day, despite having a full night's sleep.

"Many sleep medicine doctors will tell you that CPAP is your only option for treating sleep apnea, and surgery is not effective. This is not accurate," said Jason Van Tassel, MD, an ear, nose and throat specialist with Washington Township Medical Foundation.

On Tuesday, October 20 at 8 p.m., Dr. Van Tassel will lead a community Health & Wellness seminar about "Obstructive Sleep Apnea: New Options for Treatment." The forum is free and open to the public and will be held in the Conrad E. Anderson, MD Auditorium near Washington Hospital in Fremont. To reserve your spot, go online to whhs.com and click on Events. Then, select

October 20 on the calendar. Or, call (800) 963-7070.

Alternatives to CPAP

Dr. Van Tassel reports that there are dental appliances that can be a non-invasive alternative to the CPAP in treating sleep apnea. At the seminar, he will also talk about surgical procedures that can be effective.

"The three surgeries I will talk about are generally not painful or debilitating and do not require a lot of downtime for the patient," Dr. Van Tassel stated. "They can be performed independently or in conjunction with each other to optimize sleep surgery results."

All three procedures are minimally invasive and can be done on an outpatient basis, so you can usually go home the day of surgery. They are covered by most health insurance plans.

- Uvulopalatopharyngoplasty (UPPP)—the surgeon removes excess throat tissue to widen the airway. This allows air to move through the throat more easily when the patient breathes. It can also reduce snoring.
- Hyoid myotomy suspension—the hyoid bone and muscle attachments to the tongue and airway are pulled forward to increase airway size and stability. The hyoid is a U-shaped bone in the neck above the thyroid cartilage, commonly called the Adam's apple. It has attachments to the tongue and throat.



Many people suffering from sleep disorders believe that CPAP is the only option for treatment of sleep apnea. On Tuesday, October 20, 2015, John Van Tassel, MD, ENT specialist with Washington Township Medical Foundation will lead a free community seminar about new treatment options for obstructive sleep apnea, which include surgical options. The seminar will take place in the Conrad E. Anderson, MD Auditorium in the Washington West building (2500 Mowry Avenue, Fremont). Reservations for the seminar can be made by calling (800) 963-7070.

- Tongue-based suspension—the surgeon places a suture through the tongue to pull it forward. The suture is fixed to a tiny screw on the inner part of the jaw bone. This procedure is designed to make the airway larger and prevent obstruction during sleep.
- Dr. Van Tassel explained: "In the best of circumstances, none of these procedures is 100 percent effective. However, up to 80 percent of people who have one or more of the procedures have good results and do not need to use the CPAP machine."

What is sleep apnea?

At the October 20 seminar, Dr. Van Tassel will also talk about how your body functions when you have sleep apnea.

"A lot of people don't understand what is going on with this sleep disorder," he said.

Although people who have sleep apnea tend to be age 40 or older, anyone can have the condition, including children. The following factors increase your risk of having sleep apnea:

- Being male
- · Being overweight
- A large neck
- Large tonsils, a large tongue or a small jaw bone
- A family history of sleep apnea
- GERD (gastroesophageal reflux disorder)
- Nasal obstruction from a deviated septum, allergies or sinus problems

When sleep apnea goes untreated, you may stop breathing repeatedly during sleep, sometimes as many as 100 times a night. So, the brain and the rest of your body may not be getting enough oxygen.

Other health problems that may get worse if sleep apnea is not successfully treated include:

- High blood pressure
- Stroke

- Heart failure
- Diabetes
- Depression
- ADHD (attention deficit hyperactivity disorder)
- Headaches

According to the National Institutes of Health, people with untreated sleep apnea are also "at higher risk for car crashes and work-related accidents." The American Association for Respiratory Care estimates up to 10 million American have sleep apnea but have not been diagnosed.

Learn more.

To learn about Washington
Township Medical Foundation, go
to mywtmf.com. For more
information about Washington
Hospital and its Health &
Wellness programs, visit
whhs.com, click on "About" and
select "Community Connection."

Ask the Doctor

This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at: askthedoctor@whhs.com

Flu Shot Benefits and Flu Shot vs. FluMist

Dear Doctor,

What is the benefit of the flu shot? I was told that last year's flu shot didn't work.

Dear Reader,

The flu shot is a composite of several viruses that are most likely to sweep across large populations of people. It gives your immune system a sneak preview of what's to come so that if you are exposed you have a good chance of not having a full-blown flu.

Last year's flu shot did not cover all of the most common flu bugs, but it still protected from many others. Every year is not equally as effective, but you don't want to miss out on any chance to not get sick. It is still the best way to prepare for the flu season.

Dear Doctor,

What is the difference between a flu shot and FluMist?

Dear Reader,

Both do a good job of preparing your immune system for the flu season. FluMist is a nasal spray flu vaccine used as an alternative to the traditional flu shot injection though FluMist is not as consistent since it depends on how well someone can actually sniff in the medicine. In general the flu shot is preferred for most adults while FluMist is recommended for children ages 2-8 and adults under 50.

Mary S. Maish, M.D.



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master's degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.



Thursday, October 15, 2015 5 to 7:30 p.m. Tent Atrium, Washington West

2500 Mowry Ave., Fremont
Participate in an evening focused on

breast health education. Experts will speak on reconstruction after prophylactic mastectomy, research updates from the Cancer Prevention Institute of California, and identifying dietary elements which reduce

the risk of cancer.

Register online at www.whhs.com or call (800) 963-7070. For more information, visit www.whhs.com/ think-pink

5-6 p.m. Health Fair / Visit information booths **6-7:30 p.m.** Program featuring:

Dr. Vandana Sharma, Oncologist

Medical Director Genetics Counseling

Program, Medical Director Oncology Program

Dr. Prasad Kilaru, SurgeonMedical Director, Wound Care Services

Program and Washington Hand Program

Dr. Ingrid Oakley-Girvan,

Research Scientist

Cancer Prevention Institute of California Nachal Bhangal, Registered Dietitian

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Inaugural *Orts and Wine Fest* aims to preserve past, celebrate future



CSU East Bay student-run artist collective Revival will be present at the fest. Photo courtesy of Revival.

By Sara Giusti

I t's no secret the Bay Area is changing rapidly. We've heard about insane rent, local businesses pushed out, and the techie phenomenon countless times. Concern of the Bay losing its flavor and community has increased in recent months, but a new Union City merchants association wants to preserve what makes the Bay Area – and in particular Union City's Alvarado District – irreplaceable.

The Alvarado Historic District Merchants Association (AHDMA) formed in June of last year to preserve the historical area, increase the district's visibility and promote it as a destination for shopping, dining, wellness, history, and culture. The idea of forming an association began three years ago, after the City of Union City held a series of public meetings to discuss the Alvarado District.

The AHDMA plans to keep Alvarado's flavor and support a

cross-generational district. "We hope longtime merchants and newcomers blend together," explained Lu Tipping, one of six directors of the AHDMA. "We want everyone to feel included and be relevant in the group."

Jeanelle Singh, AHDMA
Treasurer and owner of CoreFitness, a small business in the district, grew up in the area and has seen its changes and growth. "I would pass by [the district] walking to and from school. There was nothing there, and now there are shops. We want to bring awareness to the area and allow it to develop as a place of commerce," she said.

The AHDMA hosts events throughout the year to foster visibility and community. Their first event, an Easter Egg Hunt, was held in March of this year, and the association just finished a school supply drive in August. AHDMA plans a Holiday Food Drive in November, as well as a Christmas Tree Lighting in December.

In partnership with the Union City Chamber of Commerce, AHDMA is gearing up for its inaugural "Arts and Wine Fest" on October 11. The event will feature an array of activities, food, performances, art, live music, vendors and more for the whole family. There will be a Kid Zone with fun projects for the little ones: pumpkin painting, face painting, and balloon animals. Kids will also get the chance to paint their own pictures to exhibit.

The fest will reflect the many cultures of Union City in performances and live music. Performers include AES Ballet Folklorico, NativSun, Pagmamalakai Pilipino Folk Dancing, Union City Aztec Dancers, Tehani Polynesian Dancers, Tru Dance, and Dragons Den. Live music includes sets by three Bay Area bands: Native Elements, Herman Roque and the Latin Expressions, and Mas Mojo.

There will be art galore from local artists and Revival, a CSU East Bay magazine and collective of student artists. Vintage cars will be on display as well, including newer models from local Acura, Hyundai, and Lexus dealerships.

Hungry fest-goers will have a range of good eats from local Alvarado District eateries or food trucks offering barbecue, fusion, and desserts. There will be great wine available from East Bay wineries Bishop's Vineyard, Carica Wines, and Paradox Wines.

The Arts and Wine Fest is definitely a community endeavor.

More than fifty vendors will be present, all with Alvarado, Union City, or Tri-City ties. Thirty sponsors, ranging from local businesses and merchants to City of Union City staff, have pledged support for the event.

"The number one goal [of the fest] is to bring the community together. It doesn't happen very often anymore," said AHDMA Secretary Adrienne Realiza.

"You have to go beyond the Bay Area for a small town feel, but you can get it right here in the Alvarado District," said Tipping. "People always feel they have to go elsewhere for festivals, but you don't... [the AHDMA] is giving exposure to these fests in our own backyard."

The event's motto, "Preserve the past, celebrate the future," is something anyone can get behind.

AHDMA meetings are held every second Thursday of the month from 10 a.m. - 12 p.m. Memberships are \$30 for businesses, \$20 for nonprofits.

Alvarado Historic District
Arts and Wine Fest
Sunday, Oct 11
10 a.m. - 5 p.m.
Old Alvarado/Cesar
Chavez Park
3871 Smith St, Union City
alvaradomerchants@gmail.com
www.alvaradomerchants.org
www.ahdfest.org
Free admission and parking

Supervisors discuss plans for Santa Clara County Fairgrounds

SUBMITTED BY JANICE ROMBECK

As the future of the Santa Clara County Fairgrounds works its way through the planning process, the public and the Board of Supervisors agree that most of the 150-acre site should be used for recreation and community events and activities.

"Protecting open space is important in this valley," said Board President Dave Cortese. "We protect our hills, and receive very little revenue from it. This is not entirely a revenue decision. It's a community benefit decision."

At its September 29 meeting, the Board listened to more than a dozen public speakers and the final presentation of the Johnson Consulting Firm, hired a year ago to evaluate existing conditions of the fairgrounds, market opportunities and public preferences for land use based on outreach efforts.

On a motion from Supervisor Cindy Chavez, the Board directed staff to look at two scenarios in crafting language for requests for proposals, the next step in planning. One would carve out 30 acres of space for the annual County Fair and other events, with half of the remaining 120 acres to be used for open space and park areas and the other half for active recreational uses. The second scenario would relocate the County Fair and look at the entire 150 acres for open space and recreation and community uses.

For more information, contact the Office of Supervisor Dave Cortese at (408) 299-5030.

continued from page 2

Hospital Volunteers Demonstrate Commitment Through Quality and Numbers

"Their contributions to Washington Hospital and the greater community cannot be measured in numbers alone."

Some of the Service League's ongoing contributions to the Hospital include, but are not limited to, the following:

- Welcome Desks: staffing the Hospital and Washington West welcome desks — greeting and helping patients and visitors, discharging patients, delivering mail and flowers
- Gift Shop: managing and staffing, selling items to visitors, patients and staff (with funds raised allocated to support Hospital needs)
- Surgery Liaison: keeping concerned friends and families updated on operating room patient's
- Emergency Department/Critical Care: providing emotional support to patients and their families/friends; providing information for visitors
- Patient Feeding: assisting staff with feeding patients who need social interaction or whose medical condition requires assistance
- Birthing Center: providing treats for new moms and pediatric patients; providing tours for families
- Special Care Nursery: cuddling newborns
- Institute for Joint Restoration and Research: with staff, act as coaches for patients during physical therapy
- Puppets/Hankies/Quilting Group: making gifts and comfort items for newborn babies and Infusion Center patients
- Music Therapy: calming nerves by playing soothing piano music in the main lobby

- Community Health Resource Library: staffing, assisting visitors, conducting osteoporosis and blood pressure screenings for visitors
- Diabetes and Women's Center: assisting patients with appointments, assisting with educational classes, assembling files
- Better Breathers Group: assisting with community meetings, Pulmonary Department mailings and appointment calls
- Tattoo Removal: assisting staff with tattoo removal clinics for former gang members
- Special Projects: assisting where needed, including public health and wellness seminars, health screenings, community events, such as Think Pink, Concerts in the Park, Neuroscience Symposium, Let's Go Green and other such events.

Reservations for the 60th Anniversary Luncheon may be obtained by contacting Washington Hospital Volunteer Services at (510) 791-3465. Past presidents and current adult volunteers are invited to the 60th Anniversary Luncheon as guests of Washington Hospital. Past volunteers are invited to attend the luncheon for \$10.

Additional information on how to become a Washington Hospital Service League volunteer may be obtained on the Washington Hospital website: whhs.com or by calling (510) 791-3465.

Editor's note: This is the fourth in a series of articles about the history and accomplishments of the Washington Hospital Service League.

continued from page 1

celebrates community

Alameda County Arts Commission. For laughs, Prescott Circus Theatre's young performers will be juggling and walking on stilts.

REACH stands for Recreation, Education, Arts & Culture, Career Development & Employment, and Health & Wellness programs, and FF provides the opportunity to tour their facility and learn more about their offerings. Several of the day's activities will take place onsite, including an art show, storytelling, cooking demonstrations, and health screenings.

Visitors to FF will sink their teeth into a delicious assortment of dishes ranging from Latin, American, BBQ and Asian, even frozen custard, served up by The Food Truck Mafia. Folks will enjoy live music performances throughout the day by Sounds Magnificent. Numerous athletic events are scheduled, including baseball, basketball, and soccer matches, as well as martial arts and boxing exhibits. Participate in Zumba, try line dancing, or even skateboard competitions.

Many of the Bay Area's professional sports teams are lending their support; the San Jose Earthquakes will have a booth with giveaways, and the Oakland Athletics, Oakland Raiders, and Golden State Warriors will also have a presence. The teams are sponsoring lots of fun games and activities ranging from an inflatable bounce house to balloon making and face painting. Get

into basketball pop-a-shot or collect cheer cards. Sports fans of all ages can picture themselves in an Oakland Raiders jersey and helmet and meet Stomper, the A's mascot.

According to Miley, FF is the first-ever event sponsored by the Ashland Cherryland Healthy Communities Collaborative (ACHCC), comprised of more than 30 organizations dedicated to improving the health and wellbeing of residents in the two neighborhoods.

Registering for the 5K gives participants a T-shirt and race bib, access to refreshment stations, with awards and prizes for top finishers. Sponsors include Sutter Eden Medical Hospital, Kaiser Permanente, Alameda County Community Development Agency, Kava Massih Architects, Oakland Athletics, and Power Bar.

FamFest 2015 Saturday, Oct 10 6:30 a.m. - 7:45 a.m.: 5 K check-in 8:00 a.m. - 9:00 a.m.: 5 K run/walk/roll 10 a.m. - 3 p.m.: FamFest event **REACH Ashland Youth Center** 16335 E 14th St, San Leandro (510) 686-3653 www.acfamfest.org http://famfest2015.eventbrite.com Race fees: \$10 individual,

\$65 group (10+);

registration deadline Oct 9

Free parking

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Brilliant Distinctions Program Exp. 10/30/15

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Contact Delilah for more information delilah@prasadkilaru.com

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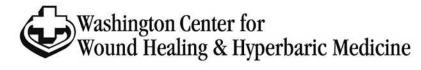
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continued from page 1

Candle Lighters

Boldly Me, Meals on Wheels, Ohlone College, Drivers for Survivors, and Safe Alternatives to Violent Environments (SAVE) to name a few.

The organization raises money solely through this event. Since its inception in 1969, Candle Lighters has raised over 1.5 million dollars. With enough community participation, the organization will be able to provide more funds to help fellow nonprofits, whose services are greatly valued in the Tri-City area.

A Kiddie Costume Parade will take place on Saturday, October 24, so whip out your scariest costumes and make up. A "Lights On" tour is scheduled for Sunday, October 25. Admission tickets cost \$3; game tickets are \$0.50 each. Please call (510) 792-0207 for tickets and (510) 796-0595 for more information.

Candle Lighters Ghost House Saturday, Oct 10 - Friday, Oct 30 (Closed on Oct 12, 13, 19, & 20) Monday - Thursday:

6 p.m. - 9 p.m. Friday: 6 p.m. - 9 p.m. Saturday: 2 p.m. - 10 p.m. Sunday: 2 p.m. - 9 p.m.

Special Extended Hours Events: Kiddie Costume Parade: Saturday Oct 24 1 p.m. - 2 p.m. "Lights On" Tour: Sunday Oct 25 1 p.m. - 2 p.m.

Fremont Hub, Carriage House 39169 Fremont Blvd, Fremont (Between Chili's and Elephant Bar restaurants) (510) 792-0207 (510) 796-0595 www.candlelighters.com Admission: \$3 Game Tickets: \$0.50 each

continued from page 1

Niles Canyon makes way for Pedestrians & **Bicyclists**

three options for a paved, 10-foot wide canyon trail for bicyclists, pedestrians, and possibly equestrians.

Trail options will be on display and technical experts will be available at both ends of the roadway from Old Canyon Road in Fremont and Main Street in Sunol. Supervisors are calling this a community meeting where questions can be answered about the proposed recreational path and public input can be gathered. Supervisors are garnering input on which trail alignment the public favors as well as which historical and natural resources to highlight and which ones to avoid impacting. Questions include whether to have pedestrians and bicyclists cross a railway with an under crossing, over crossing, or at train/grade level.

The study identifies advantages and technical challenges of each option and was funded by Alameda County and East Bay Regional Parks District. In addition to these two governmental groups, representatives of Alameda County Water District and San Francisco Public Utilities Commission (also known as SF Water Power Sewer), which have interest in the canyon and a trail, will be available that day.

During the Stroll and Roll bicyclists will be separated from pedestrians, but both groups will share the road and must remain on roadway for their safety and for protection of natural resources.

A resource fair with about 15 vendors, a number of whom have a connection to Niles Canyon, will be located near the start of the walk on the Fremont side. Vendors who had signed up as of late September include Alameda County Transportation Commission, Bike Mobile, Alameda Creek Alliance, San

Francisco Public Utilities Commission, Alameda County Water District, CalTrans, and Alameda County Resource Conservation District.

A public trail through the breathtaking Niles Canyon has been discussed since the 1970s.

"Tri-City residents have known for a long time that Niles Canyon contains some of the East Bay's most stunning scenery and is ripe for exploration," says Supervisor Valle. "Today more people than ever recognize the beauty of the canyon and the increasing numbers of hikers and bicyclists who go there make this trail project more important than ever."

Supervisor Haggerty, a leader in transportation issues, identifies a Niles Canyon trail as "a big step toward completing an interconnected trail network through Alameda County and the East Bay. "Opportunities for recreation and alternative transportation are at the top of the list in terms of what our residents want. This project provides us with a rare opportunity to respond to the community's wishes in multiple ways."

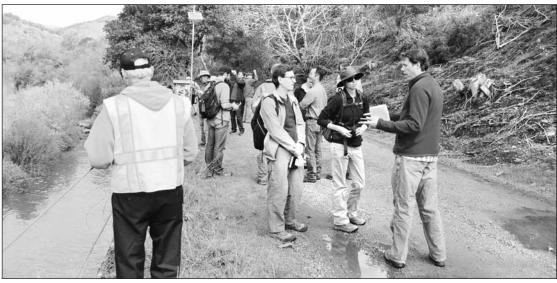
No funding has been designated for the project, but discussions have included state and federal funds, grants, and Alameda County's Measure BB transportation sales tax. For more information about the proposed pathway, visit http://acgov.org/board/district2/documents/2015.0 6.30-Community-Meeting-3.pdf.

For information about the Niles Canyon Stroll and Roll, contact Guy Ashley at (510) 272-6569, visit http://www.acgov.org/board/district2/ or http://www.ncry.org/.

Niles Canyon Stroll and Roll Sunday, Oct 11 8 a.m. - 2 p.m. (Warnings will be issued along the roadway at I p.m. that Niles Canyon will open at 2 p.m. to vehicular

Start at Main St in Sunol or **Old Canyon Rd in Fremont** (510) 272-6569 http://www.acgov.org/board/district2/

traffic)



Robert Stevens discusses trail options with Alameda Creek Alliance and East Bay Regional Park District representatives

Union Sanitary District wins Innovative Program Award

SUBMITTED BY MICHELLE POWELL

Union Sanitary District (USD, "The District") has received a statewide recognition for its "Leadership School" in-house training program. The California Special Districts Association (CSDA) recently presented USD with its Innovative Program of the Year Award in recognition of the District's efforts to educate staff members about the demands of management and other critical roles, while providing training and mentoring to support them in promoting to those positions. Assemblymember Kansen Chu, whose 25th District contains a portion of USD's service area, congratulated District representatives at the awards ceremony.

General Manager Paul Eldredge notes that "Leadership School has resulted in promotions from within that provide significant savings in training time and maintain our high productivity levels. This helps us to continue providing customers reliable, cost effective service."

For more information about Union Sanitary District's Leadership School, contact Paul Eldredge, General Manager, at (510) 477-7500, or visit the District's website at www.unionsanitary.ca.gov.

Counseling Corner

Having Work/Life **Balance** is Possible!

By Anne Chan, PhD, MFT

₹ raffic on 880 is snarled ... as usual. It's almost 7 pm and you are still a good forty minutes away from home. As you tiredly get out of the car, you realize that there's nothing in the fridge to eat. "Great - I'll have to drum up something for dinner," you think to yourself, knowing that the kids will be grouchy and hungry by the time you put your key in the front door. You groan as you see the kitchen sink piled up with dishes (more work for you later!).

As you are heating up some spaghetti sauce, your phone beeps. It's your boss with an "urgent" question. As the kids eat their dinner, you hurriedly compose an answer to your boss. The question is more complicated than she thinks, of course, so you have to spend the next 45 minutes working out a thoughtful reply. By the time you check on the kids' homework, supervise their bedtime routines, and put them to bed, it's already 11 pm and you've barely touched your own dinner. Yikes and those dirty dishes are still in the sink! As you finally, finally finish those dishes at 11:40 pm, your phone beeps again. Oh no, not the boss again! You've left the office, but it feels like the work day is never done . . . If you can relate to all or parts of the above scenario, you are not alone. Here in the Bay Area, many workers do not enjoy a balance or a clear separation between work and life. As a career counselor, I have heard many stories from people whose work lives dominate their personal lives. Work can encroach into your personal time in a variety of ways, such as:

- having to answer work phone calls and emails, even when you leave the workplace
- feeling the need to look like you are working when you are off the
- having long commutes that extend the workday far beyond the time in the office
- having to take work home on a regular basis
- having to finish work at home (this is especially common for small business owners)
- having jobs that require very long hours at work
- being required to carry a pager or cell phone at all times

Any one of the above can contribute to you feeling that you're working all the time and that there is very little time left for your personal pursuits and for your family. People who have responsibilities for taking care of children and/or elderly parents can feel especially strapped for downtime.

The high cost of living, the fast pace of life, and the easy availability of technology are just three of the factors that contribute to our work/life imbalance. It has become the norm for most of us to have excessive work loads.

But it doesn't have to be this way. If you are craving a better work/life balance, know that it is possible to make adjustments for a healthier lifestyle. Here are some things you can do:

- 1. Assess the reasons behind your work/life imbalance. Figure out how work is contributing to the imbalance (e.g. your boss calls you at odd hours with random questions). Then figure out how YOU are contributing to the imbalance (e.g. you feel obligated to answer his calls right away, even if it's 11 pm on Saturday night). Brainstorm solutions to each of these factors. Tackling just one factor might dramatically improve your work/life balance.
- 2. Take a good hard look at your work habits - are you bringing work from home because you have to? Or because you are inefficient at work? What are ways in which you can create better boundaries between work and home? Are you focused when spending time with your kids or do you vacillate constantly between work and family, thus decreasing your commitment to both? What are ways in which you can maintain better work/life boundaries? (This can be especially tricky for those who work from home, but it CAN be done).
- 3. Figure out what your priorities are and have a conversation with your family about how these can be achieved. Perhaps your 12 year old can help out with more chores, or your parents can help pick up the kids from school once a week to lighten your load. Remember that you cannot be everything to everyone, 100% of the time.
- 4. Learn to say "no." You can lighten your load by saying no to work, life, or family obligations that you don't necessarily have to do.

5. Research flexible work options in your workplace. Some corporations are far better than others in this regard, but it doesn't hurt to see if you can make a win-win proposal for you and your boss.

- 6. If you are looking for a job, check out Glassdoor.com's list of the top 25 companies for work/life balance: http://www.glassdoor.com/Top-Companies-for-Work-Life-Balance-LST_KQ0,35.htm
- 7. Some nonprofits and higher education institutions are great places for a better work/life balance. Of course, the demands will vary depending on the type of job, the department culture, and the philosophy of the supervisors.
- 8. If you are considering a job offer, ask around to find out the supervisor's attitude toward family obligations. Understand the company culture before signing on – is this a place where working round the clock expected? I do not recommend that you ask this during the interview - you will get more candid information from people who are working there. You can also see insiders' perspectives on Glassdoor.com
- 9. If you are in the process of choosing or changing your career, consider jobs that have clear work boundaries, e.g. forklift operators, physical therapists, car mechanics, and nurse practitioners, to name just a few.

Know that the work/life equation changes over time. When you are single without kids, your work/life needs will be dramatically different from when you have kids and aging parents. This is an issue that demands the occasional adjustment and re-evaluation. The good news is that with care and intention, a work/life balance can be achieved at all stages of one's career.

counselor and licensed psychotherapist in Union City. She specializes in helping people find happiness in their careers, lives, and relationships. She can be reached at 510-744-1781. Her website is www.annechanconsulting.com

Anne Chan is a career

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Our Whole Lives Sexuality curriculum

SUBMITTED BY REV. BARBARA F. MEYERS

The Our Whole Lives (OWL) sexuality curriculum for grades 7-9 will be offered to youth in the greater Fremont area community beginning next January. Parental involvement is mandatory. An informational meeting for parents of prospective students will be held on October 18.

Parents are children's primary teachers, but what is society teaching our children about sexuality? Our Whole Lives (OWL) is an antidote to sexualized media messages, peer pressure, misinformation and prejudice. It provides accurate, age-appropriate information, puts sexuality in the context of values and personal responsibility, supports healthy decision making, and strengthens social skills. These skills and values help prepare youth to make healthy choices for life.

Our Whole Lives helps participants make informed and responsible decisions about their sexual health and behavior. Although developed by two religious organizations - United Church of Christ and the Unitarian Universalist Association - Our Whole Lives contains no religious references or doctrine.

The curricula are based on the Guidelines for Comprehensive Sexuality Education produced by the National Guidelines Task Force, a group of leading health, education, and sexuality professionals assembled by the Sexuality Information and Education Council of the United States (SIECUS). Our Whole Lives - Sexuality Curriculum

Optional Parents Informational Meeting Sunday, Oct 18 1 p.m. - 2 p.m.Cole Hall

2950 Washington Blvd, Fremont

Mandatory Parents Orientation Sunday, Nov 15 3 p.m. - 6 p.m. Connections, Counseling Center 39055 Hastings St, Suite 106, Fremont

Beginning January 2016, classes will be held on nine Sundays, 2:30 p.m. - 5:30 p.m. and three Saturdays from 12 noon – 9 p.m.

For more information about Fremont classes, contact Steve Wallcave at wallcave@mpuuc.org For more information about Our Whole Lives contact owl@uua.org

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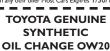
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Caring for our elders, one meal and smile at a time

BY ROBBIE FINLEY

¶ he golden years of life are often complex and fraught with unforeseen issues and concerns, and if you aren't there now, you will be in time. With this in mind, Fremont's LIFE ElderCare has spent four decades helping alleviate many of the common problems that plague seniors in the East Bay.

Started in 1975, LIFE Elder-Care provides a number of crucial services for seniors in the local community, such as their sprawling Meals On Wheels program. Meals On Wheels is a nationwide initiative that focuses on meeting





said, noting that things like arthritis or forgetfulness often interfere with a senior's ability to eat nutritious meals, so they end up eating what is easy to access, and not necessarily nutritious.

to age and thrive in place, Osage

said. But, with the benefit of seniors living on their own terms comes concerns that LIFE Elder-

Care seeks to alleviate, such as

maintaining a proper diet. "So

many elders have stopped eating

Meals On Wheels is just one aspect of what LIFE ElderCare provides. Their Friendly Visitors and VIP Rides programs pair up volunteers with elders to provide some one-on-one time, phone calls, or rides for errands or to medical appointments. They pair up volunteers and clients based on similarities in their backgrounds, and even pairs volunteers with local LGBT seniors to provide companionship for those who



the nutritional needs of seniors, said Patricia Osage, the nonprofit's executive director. "You can find people delivering hot meals to homebound seniors in almost every city in the country!" Achieving such a high quality

of service day in and day out isn't an easy task. As with most nonprofits, they can only continue to fulfill their duties through donations. "Fundraising is our big challenge," Osage said. For the past seven years, the Wheels For Meals Ride in Livermore Valley has been organized by the Alameda County Meals On Wheels organization. The event has provided a great fundraising opportunity for countywide senior care organizations in the past, but unfortunate circumstances have struck this year's event, originally slated for October 17.

"Our board decided to cancel our ride to protect cyclist safety given the extremely high fire danger," said Victoria Bruno, executive director of the Alameda County Meals On Wheels, adding, "We still have 85 seniors on a waitlist and we're still hoping people will donate anyway so that we can get those needy seniors on service." Donations can be made in a number of ways online, such as standard donations, tribute gifts, or corporate sponsorships.

Ensuring local seniors have proper nutrition also takes effort, coordination, and compassionate volunteers that make it possible. Monday through Friday a truck is loaded with freshly made meals from Valley Care Hospital in Livermore and makes the trek to the



parking lot of Fremont's City Hall, where LIFE ElderCare's volunteers wait. Once the truck pulls up, it is promptly unloaded and volunteers fill up their trunks and begin their own trek, delivering hot, fresh meals along 24 routes. "Within two hours of the food being sealed, (the seniors) get their meals," Osage said, adding, "We deliver 350 or more meals Monday through Friday!"

Volunteers often serve a more vital function than simply delivering food. "It's not an infrequent occurrence to find someone compromised in some way," Osage said of the deliveries, continuing, "It's a well check, a good meal, and social contact."

Often, the question is raised why a senior doesn't move into a retirement home or care facility if they have the ability to do so. An important aspect of LIFE Elder-Care's mission is allowing people

grew up in a world that treated them much harsher than today.

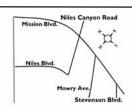
Fremont's Unitek College helps LIFE ElderCare curb the danger of falls in senior's homes. "[Nursing students] go out in pairs and do an environmental assessment," Osage said. "We can do a certain amount of minor home modification, all professionally done," she added, saying, 'Whatever they need – if they don't have the help... we can provide a volunteer to stay with them and provide the help that they need."

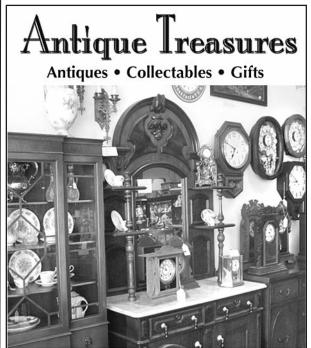
As people enter their twilight years, organizations like LIFE ElderCare are there for them. But they need help to continue providing care for our seniors. For more information or to find out about ways to donate or volunteer, please visit www.lifeeldercare.org and www.feedingseniors.org.

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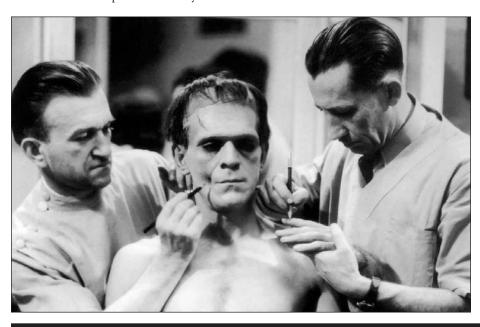
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MONSTER MAKER

SUBMITTED BY RENA KIEHN

n Friday, October 9 the Edison Theater in Niles will show the new documentary, "Jack Pierce, the Maker of Monsters" (2015, November Fire, 82 min.) which tells the story of Jack Pierce, perhaps the most influential Hollywood movie makeup man in history. In today's cinematic world of digital effects, telling what is real from what was created in a computer is impossible. But there was a time when Hollywood relied on nothing more than an artist's ability to create a boogie man with grease paint, cotton, glue, hair, and a few simple materials to draw people into the theater to be chilled and thrilled.





When we think back to these talents of the silver screen, most people think of "The Man of a Thousand Faces," Lon Chaney. But Universal Studios had its very own Phantom creating the world's most memorable creatures lurking in its substages. His amazing ability to create makeups that can still stand toe-to-toe with today's multimillion dollar effects is worth a closer look. Jack Pierce was the man who brought us Dracula, Frankenstein's Monster, The Mummy, The Wolfman, Bride of Frankenstein, and countless other monsters that have stood the test of time.

Drawn from recorded interviews, historical footage, hundreds of photos including Jack Pierce's personal scrap book, and news clippings we meet "The Maker of Monsters," Jack P. Pierce. Join his journey from Greece to the budding film industry in Los Angeles in the early 1900's to his rising star as a freelance film hand, eventu-

ally becoming the head of Universal's makeup department and creating the monsters that we all grew up with and still love. This 80-minute documentary covers his entire career and life including the surprising hand Pierce had in American Olympics history. Plus, all the classic monsters your heart can stand!

Monster Maker Movie Double Feature
Friday, Oct 9
7:00 p.m. - Doors open
7:30 p.m. - Showtime
Edison Theater (home of the
Niles Essanay Silent Film Museum)
37417 Niles Blvd, Fremont
(510) 494-1411
Advance tickets:
www.nilesfilmmuseum.org
pr@nilesfilmmuseum.org
Suggested donation:
members \$8 / general \$10

Niles Canyon Stroll in Charlie Chaplin's footsteps

SUBMITTED BY RENA KIEHN

Follow Charlie Chaplin's footsteps in a rare opportunity on Sunday, October 11 in Niles Canyon at the "Niles Canyon Stroll and Roll." Dress up like Charlie and be in a group photograph in the exact place his most iconic image was filmed a century ago! Or come in period costume or just as yourself! Many Broncho Billy and Snakeville Comedies were also filmed in this picturesque location.

Help by giving your opinions on Niles Canyon and show that it is an important legacy in film history. The public's input could also help let decision makers know how we need to preserve the canyon and retain it as a scenic highway.

Activities start at 8 a.m. – meet up at base of Vallejo Mill Park located at the base of Niles Canyon and wear your Chaplin outfit or borrow one! At 10 a.m., converge at the Chaplin film location, 1.8 miles from the base of canyon. Then at 2 p.m. watch Chaplin films at the Niles Essanay Silent Film Museum and Theater.

Niles Canyon Stroll in Charlie Chaplin's Footsteps 8 a.m.

Vallejo Mill Park, Niles Canyon, Fremont 10 a.m.

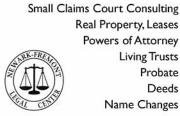
Meet at 1.8 miles from Niles Canyon base, Fremont

2 p.m. – Chaplin films Niles Essanay Silent Film Museum and Theater 37417 Niles Blvd, Fremont Info: (510) 494-1411 Email: pr@nilesfilmmuseum.org



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BUSINESS

Business growth workshop

SUBMITTED BY ALLIANCE FOR COMMUNITY DEVELOPMENT

Women and minority business owners are the fastest growing sector of small business startups. In addition Baby Boomer owners are selling their businesses and buyers of those businesses are more di-

In 2015, BizBuySell.com reported that 30 percent of business buyers from ages 30-49 described themselves as black, Asian or Hispanic compared with just 8 percent of those over 65. By developing business ownership capacity and marketing and financial skills, the PROPEL Program helps business owners plan to build weath through a business they founded or purchased. These businesses are more likely to hire, buy locally and assume leadershiop roles.

Be part of this economic and social shift across the Bay Area. Join us on October 14 in Hayward to celebrate the accomplishments of PROPEL graduates and enjoy the reception, networking and door prizes!

The presentation will be on Business Growth and Local leadership, by Roseann Torres, Attorney and Elected Board Member of the Oakland Unified School Board. In 2013 the Hispanic Chamber of Contra Costa awarded Torres Business Woman of the Year. She is a graduate of the 2013 PROPEL Prgram who knows the effort owners put into the program and their communities.

Reserve you place on Eventbrite: http://tinyurl.com/o3phowc

Business Growth Wednesday Oct 14 5:30 p.m. - 7:45 p.m. Cannery Café - Hayward Area Historical Society 22380 Foothill Blvd, Hayward Register: http://tinyurl.com/o3phowc Free but registration required

Union Sanitary District wins **Innovative Program Award**

SUBMITTED BY MICHELLE POWELL

Union Sanitary District (USD, "The District") has received a statewide recognition for its "Leadership School" in-house training program. The California Special Districts Association (CSDA) recently presented USD with its Innovative Program of the Year Award in recognition of the District's efforts to educate staff members about the demands of management and other critical roles, while providing training and mentoring to support them in promoting to those positions. Assemblymember Kansen Chu, whose 25th District contains a portion of USD's service area, congratulated District representatives at the award ceremony.

"Like many organizations, the District is continually faced with the retirements of seasoned staff - both management and non-management employees," says Laurie Brenner, Organizational Performance Program Manager. "These employees fulfill roles that are critical to our protection of public health and San Francisco Bay. USD's Leadership School was conceived as an opportunity to develop internal candidates who could not only fill these positions, but like their predecessors, become strong industry leaders."

General Manager Paul Eldredge notes that "Leadership School has resulted in promotions from within that provide significant savings in training time and maintain our high productivity levels. This helps us to continue providing customers reliable, cost effective service."

For more information about Union Sanitary District's Leadership School, call (510) 477-7500, or visit the District's website at www.unionsanitary.ca.gov.

GM warns the Valley: Prepare to compete over driverless cars

By Tom Krisher AP AUTO WRITER

MILFORD TOWNSHIP, Mich. (AP), Move that tiny self-driving pod out of the way.

That might as well have been the message Thursday from General Motors to Google, Apple and anyone else with designs on dominating the market for autonomous cars.

The 107-year-old automaker told Wall Street analysts Thursday that it intends to lead no matter what form of transportation people pick in the future.

GM already has millions of cars on the road that are connected to the Internet, and it has young engineers who are helping to develop new technology that will lead to autonomous driving, said Mark Reuss, GM's product development chief.

"No one has solved all the technical challenges or claimed outright leadership," he said. "We see this as a tremendous opportunity to lead."

Google has been testing bulbous electric self-driving pods in and around its headquarters in Mountain View, California, denying that it wants to get into the car-building business. Apple has reportedly been testing its own vehicles, too, as have auto parts makers and German and Japanese automakers. High-tech taxi service Uber has a lab in Pittsburgh that's also working on the technology. Google has a fleet of 48 robot cars that have logged more than 2 million miles on private tracks, highways and city streets.

But GM tried to even the score a bit Thursday, announcing that it would run a fleet of self-driving plug-in gas-electric hybrid Chevrolet Volts on its giant technical center campus in the Detroit suburb of Warren, Michigan, by late next year. The campus is undergoing a \$1 billion renovation, and GM will learn from the app-summoned cars as they transport employees amid the massive construction project, Reuss said.

Reuss said the company and partners are working to develop better sensor technology that can handle heavy fog or ice patches, as well as artificial intelligence that can predict driver behavior and prepare for real-world problems. The company also is researching precision mapping to guide the cars.

GM said \$5.5 billion in manufacturing, purchasing, information technology and administrative cost savings will help to pay for the investment needed for the new technology, even as the company increases its earnings. "We have already developed a lot of this

enabling technology because we saw this coming," Reuss told the analysts.

In addition, the company revealed a carsharing program that allows residents of a 479-home luxury apartment building in New York City to reserve SUVs and park them in any of 200 garages in Manhattan. It also plans to launch a car-sharing service in an unidentified U.S. city early next year.

"Some might find this massive change to be daunting, but we look at it and see the opportunity to be a disruptor," CEO Mary

GM President Dan Ammann told analysts that the personal car ownership model will remain in place for "quite some time." But GM is experimenting with autonomous cars "so we're right there every step of the way," once that model changes.

GM also announced that it would be the first in the auto industry next year when it reveals technology to weld aluminum to steel, helping to reduce weight in vehicles.

The company also predicted a 31 percent reduction in battery cell costs for electric cars that could speed price reductions. Currently its cost per kilowatt hour is \$145, but that will drop to \$100 by 2018, a reduction that could make the cars more competitive with internal combustion engines.

GM now sells the Volt, which can go about 40 miles on battery power before a gasoline generator kicks in. It also has promised to roll out the Chevrolet Bolt, a \$40,000 fully electric car with a 200-mile range, in late 2016.

The company also said during its annual investor presentation that global growth initiatives will increase earnings per share to \$5 to \$5.50 next year. GM projects full-year earnings this year of \$4.50 per share this year, up from \$4.12 in 2014.

In China, GM expects total sales to slow to a 3 to 5 percent annual growth rate between now and 2020. The market had been growing at a 17 percent annual rate from 2008 through 2014. The company predicts that global auto sales will rise from 85 million this year to 130 million by 2030.

Reuss said the company expects to cut \$2 billion in material costs alone by 2018 as it reduces weight in all its vehicles.

Shape Our Fremont

Where Fremont residents can learn about shaping proposed housing developments

Residents Oppose Walnut Guardino Development

t a Planning Commission Study Session on September 29, an estimated 200 residents filled the council chambers and overflowed into an adjacent room to hear the latest proposal for development of the property at Walnut Avenue and Guardino Drive. They did not like what they heard.

Still Not Right

Carmel Partners is proposing to build luxury apartments on 13.7 acres of land that had been one of the last working farms in Fremont. The property is in the City-Center Transit Oriented Development Overlay, and the city has given it an Urban Land Use designation with a density of 50.1 to 70.0 dwelling units per net acre. When the original plan for 882 units in four- and fivestory buildings was presented at two community outreach meetings in June, it generated a great deal of opposition from residents, who expressed concerns about the density, height, traffic, parking, and other issues.

To address these concerns, the developer used the September Study Session to present four alternative strategies for developing the property. Each alternative had variations in density, building heights, building placement, parking, view corridors, and open space within the site.

The lowest density was for 670 apartments in four-story buildings at a density of 53 units per acre. The highest density was a modification of the original proposal for 882 apartments in a mix of three-, four-, and five-story buildings at a density of 70 units per acre. None of the alternatives included any level of affordable housing.

After a round of questions from the Planning Commissioners, the meeting was opened to public comments. About 30 people spoke, and each was given 2 minutes to express comments and views.

From the beginning it was obvious that residents felt the project still had many problems. One of the biggest was the inadequate parking on the site, which was only 1.5 to 1.6 parking spaces per unit, including parking for guests. In Transit Oriented Development areas, Fremont will not allow more than 1.75 parking spaces per unit. They restrict the number of parking spaces partly because they expect many residents to take public transportation to work, and partly because they want to discourage people from using private vehicles. Local residents said that this is an unrealistic approach and would simply force people to park on the surrounding streets.

Another concern was traffic. Several people pointed out that traffic on neighborhood streets to and from the BART station and nearby major thoroughfares was already a problem, and adding over a thousand vehicles would just make it worse. The city's plan to build the development first and then address any traffic problems later was not well received.

Several people also noted that the surrounding area was filled with one-, two-, and three-story homes, and that the size and scope of the proposed project was "overwhelmingly inconsistent with this neighborhood". One speaker announced that there were two petitions opposing the project, and that they had gathered over 3,000 signatures within a short period.

The Plan is Broken

As the evening wore on, the tone of the public comments shifted to a more general criticism of Fremont's overall development plan. People noted that we already have problems with traffic, schools, water, open space, and other issues that the city is not adequately handling. A plan to build more housing and add more residents without fixing those problems first

is, as one resident put it, "legalized irresponsibility".

Several people suggested changing the General Plan; others stated Transit Oriented Development areas should not just be circles drawn on a map; still others noted the city should evaluate the cumulative impact of new developments and not just the impacts of individual projects. Many people said they were proud to live in Fremont and valued the unique characteristics of our city, but they felt the accelerated housing development in the past few years was threatening to destroy that uniqueness. "We are not the City of San Francisco," said one speaker, "We are Fremont!"

What's Next

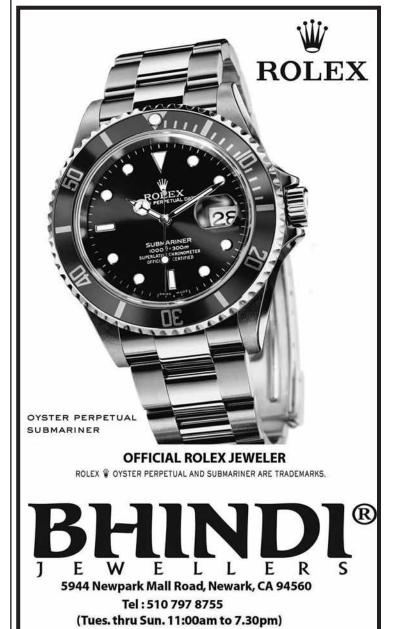
The Planning Commission closed the meeting by replying to concerns expressed by the audience, as well as making suggestions to the developer for future direction on the project. Several commissioners felt the developer should voluntarily include a range of affordable housing units, although they could not legally require it. Some agreed that the density should be minimized and all agreed the parking spaces should be maximized.

As for the residents, they vowed to continue to oppose the development unless some really substantial changes are made.

A City Council Study Session on this project is tentatively scheduled for Tuesday, November 3.

Residents are encouraged to direct comments and concerns about the Walnut Residences proposal to the assigned City Staff Project Planner Bill Roth at broth@fremont.gov

To learn more about planning issues and proposed housing developments in Fremont, go to www.ShapeOurFremont.com





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New TiVo DVR will skip through entire commercial break

By Anick Jesdanun AP Technology Writer

NEW YORK (AP), TiVo wants to help you skip TV commercials.

With one press of a button on the remote, TiVo's new digital video recorder will skip the entire commercial break. That's quicker than the 30-second forward feature found on previous Tivos. On the new TiVo Bolt, TiVo will tag the start and end of commercial breaks so that viewers can skip that section when watching their recordings. The feature will work with about 20 over-the-air and cable channels, including the major broadcast networks, mostly during primetime hours.

Satellite TV provider Dish has had a similar feature on its Hopper DVR, which has prompting lawsuits from several TV channels. Dish has been settling them as part of broader agreements for rights to include the channels on Dish's lineup.

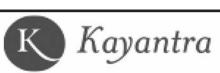
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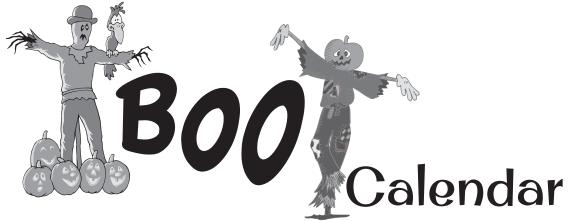
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Hoping to hear from you soon!



BOO Calendar 2015

Through October

Perry Farms Pumpkin Patch

Tue – Sat: 10 a.m. - 7 p.m.Sun: 10 a.m. - 5 p.m. (Closed Mondays) Pumpkins, hay bale maze and tractor hay rides 34600 Ardenwood Blvd.,

Fremont (510) 791-0340

(510) 793-6658 www.perryfarmsorganic.com

Open Daily, Oct 3 – Oct 31

Moore's Pumpkin Patch \$ 10 a.m. - 8 p.m.

Pumpkins, rides, and attractions Rowell Ranch Rodeo Park 9711 Dublin Canyon Rd., Castro Valley (510) 886-6015

www.moorepumpkinpatch.com

Saturday, Oct 3 - Saturday, Oct 31

Pirates of Emerson \$

Thurs & Sun: 7:05 p.m. – 10:00

Fri: 7:05 p.m. – 11:00 p.m. Sat: 7:05 p.m. – 12 midnight Haunted theme park with six walkthrough attractions

Alameda County Fairgrounds Corner of Bernal and Valley Ave., Pleasanton

www.piratesofemerson.com

Thursday, Oct 7 - Sunday, Nov 1

Haunted Hornet \$

7 p.m. -1 a.m. Frightening, spooky and fun events **USS Hornet** 707 W. Hornet Ave., Alameda (510) 521-8448 www.uss-hornet.org

Friday, Oct 9 - Saturday, Oct 10

Shrouded Tales \$

7 p.m. & 9 p.m. Dark and tragic true local tales Meek Mansion 17365 Boston Rd., Hayward (510) 581-0223 www.haywardareahistory.org

Friday, Oct 9

Monster Night \$

7:30 p.m. White Zombie starring Bela Lugosi Niles Essanay Theater 37417 Niles Blvd., Fremont (510) 494-1411 www.nilesfilmmuseum.org

Saturdays, Oct 10 thru Oct 23

Thriller Dance Classes \$ 1 p.m. -2 p.m.

Michael Jackson's "Thriller" video moves Marina Community Center 15301 Wicks Blvd., San Leandro (510) 577-3462 www.sanleandrorec.org

Sunday, Oct 18

Halloween with Houdini \$

Magic Among the Spirits starring Harry Houdini

Niles Essanay Theater 37417 Niles Blvd., Fremont (510) 494-1411 www.nilesfilmmuseum.org

Saturday, Oct 10 - Friday, Oct 30

Candlelighters Ghost House \$

Mon – Thurs: 6 p.m. – 9 p.m. Fri: 6 p.m. – 9 p.m. Sat: 2 p.m. – 10 p.m. Sun: 2 p.m. – 9 p.m. Closed: Mon & Tues 10/12, 10/13, 10/19 & 10/20 Family event for all ages Chadbourne Carriage House Fremont Hub, Fremont Blvd. Between Mowry Ave. & Walnut Ave. by Chili's (510) 796-0595 www.candlelighters.com

Friday, Oct 16 - Saturday, Oct 17

Shrouded Tales \$

7 p.m. & 9 p.m. Dark and tragic true local tales McConaghy House 18701 Hesperian Blvd., Hayward (510) 581-0223 www.haywardareahistory.org

Friday, Oct 16 – Sunday, Oct 25 **Halloween Train \$**

Fri & Sat: 7:00 p.m. – 9:30 p.m. Sun: 7:00 p.m. - 9:00 p.m. Frightful fun ride through the forests of Ardenwood

Families with children ages 3-12Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (866) 417-7277 www.ebparks.org

Saturday, Oct 17 - Sunday, Oct 18

Half Moon Bay Art & Pumpkin **Festival**

9 a.m. – 5 p.m. Food, music, arts and crafts, pumpkin

Downtown Half Moon Bay Main Street between Mill and Spruce St., Half Moon Bay (650) 726-9652 http://pumpkinfest.miramarevents.com

Sunday, Oct 18

Paint Your Pumpkin \$

12 noon – 4 p.m. Pumpkin painting, costume contest, food and games

Shinn House Park 4251 Peralta Blvd., Fremont (510) 795-0891 alminard@comcast.net

Tuesday, Oct 20

Halloween Costume Swap

5 p.m. – 7 p.m. Donate or swap children's costumes Hayward Weekes Library 27300 Patrick Ave., Hayward (510) 881-7946 annie.snell@hayward-ca.gov

Thursday, Oct 22 - Friday,

Oct 30

Closed Sunday, Oct 25

MJCC Halloween Haunted House \$ 7:15 p.m. – 9:15 p.m. Experience ghost and spooks in a fun environment Event for all ages Matt Jimenez Community Center 28200 Ruus Rd., Hayward (510) 887-0400



Friday, Oct 23

Trick or Treat on Safety Street

5 p.m. – 8 p.m. Children gather goodies and enjoy carnival booths Fremont City Hall

3300 Capital Ave., Fremont (510) 494-4344 www.Fremont.gov/TrickorTreat

Friday, Oct 23 - Saturday, Oct 24

The Unhaunted House: Heroes and Villains \$

Fri: 6 p.m. – 9 p.m. Sat: 4 p.m. – 8 p.m. Crafts, stories, games and treats Sulphur Creek Nature Center 1801 D St., Hayward (510) 881-6700

Saturday, Oct 24

Ghost House Children's Costume Parade

1 p.m. -2 p.m. Parade at the Fremont Hub Treats and prizes awarded Chadbourne Carriage House Fremont Hub, Fremont Blvd. Between Mowry Ave. & Walnut Ave. by Chili's (510) 796-0595 www.candlelighters.com

Saturday, Oct 24

MJCC Halloween Spooktacular Carnival \$

11 a.m. – 4 p.m. Games, food, prizes and costume contest Matt Jimenez Community Center

28200 Ruus Rd., Hayward (510) 887-0400

Saturday, Oct 24

Paranormal Workshop \$

1 p.m. – 12 midnight Techniques to investigate unexplained activity

Meek Mansion 17365 Boston Rd., Hayward (510) 581-0223 www.haywardareahistory.org

Saturday, Oct 24

Pumpkins in the Park

11 a.m. - 2 p.m.Pumpkin carving contest, crafts and

Bring your own pumpkins Milpitas Sports Center Football

125 E. Calaveras Blvd., Milpitas (408) 586-3210

Saturday, Oct 24 - Sunday, Oct 25

Halloween Witches Brew Ball \$

11:00 a.m. - 2:30 p.m.Come in costume and enjoy a bewitching menu

Time for Tea & Company 37501 Niles Blvd., Fremont (510) 790-0944

Saturday, Oct 24 - Sunday, Oct 25

Boo at the Zoo \$

10 a.m. - 3 p.m.Make treats for animals, train rides, and costume parade Oakland Zoo

9777 Golf Links Rd., Oakland (510) 632-9525 www.oaklandzoo.org

Saturday, Oct 24

Design Your Halloween Treat Bag - R

3:30 p.m. Supplies provided Workshop for ages 4+ Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421

Saturday, Oct 24

The Haunted House \$

7:30 p.m. Spooky Halloween movies Niles Essanay Theater 37417 Niles Blvd., Fremont (510) 494-1411 www.nilesfilmmuseum.org

Sunday, Oct 25

Creature Features Matinee \$

4 p.m. Halloween show and raffle prizes Niles Essanay Theater 37417 Niles Blvd, Fremont (510) 494-1411

Sunday, Oct 25

LOV Halloween Quarter Auction \$R

5 p.m. Food, silent & live auction, prizes Costumes optional Newark Community Center 35501 Cedar Blvd., Newark www.lov.org

Sunday, Oct 25

Thrill the World Event - R

3 p.m. Worldwide simultaneous zombie dance Fremont Community Center 40204 Paseo Padre Parkway, Fremont (510) 790-5541 www.RegeRec.com

Sunday, Oct 25

Halloween Community Carni-

1 p.m. – 4 p.m. Haunted house, games, prizes and treats Families with children ages 3 -12 Holly Community Center 31600 Alvarado Blvd., Union City (510) 657-5276 www.unioncity.org

Friday, Oct 30

Halloween Spooktacular \$

7 p.m. - 10 p.m.Dance, costume contest, food and haunted house

Newark 7th & 8th graders only school ID required Silliman Teen Area 6800 Mowry Ave., Newark (510) 578-4620 recreation@newark.org www.newark.org

Saturday, Oct 31

Trunk or Treat

3 p.m. - 6 p.m.Games, jump house, food and trick-or-

South Bay Community Church 47385 Warm Springs Blvd., Fremont (510) 490-9500 www.sobcc.org

Saturday, Oct 31

Kiddie Cartoon Cavalcade \$

4 p.m. Spooky vintage cartoons for kids Niles Essanay Theater 37417 Niles Blvd., Fremont (510) 494-1411 www.nilesfilmmuseum.org

Saturday, Oct 31

Mystery in the Theater \$

7:30 p.m. The Last Warning, Haunted Kitchen and Koko's Haunted House

Niles Essanay Theater 37417 Niles Blvd., Fremont (510) 494-1411 www.nilesfilmmuseum.org

Saturday, Oct 31

Monster Bash \$

7:30 p.m. - 1:00 a.m.Music, dancing, food and costume con-

USS Hornet 707 W. Hornet Ave., Alameda (510) 521-8448 www.uss-hornet.org

Friday, Oct 30

Halloween Twilight Hike \$R

5:30 p.m. – 8:30 p.m. Hike, campfire and treats for ages 5+ Costumes optional Coyote Hills Regional Park 8000 Patterson Ranch Rd., Fremont (888) 327-2757

Saturday, Oct 31

Trick-or-Treating at the Fremont Hub

3 p.m. - 5 p.m.Merchants give goodies to children in cos-

The Fremont Hub Mowry Ave. & Fremont Blvd., Fremont (800) 762-1641 www.thefremonthub.com

Saturday, Oct 31

Pumpkin Patch Party

5:30 p.m. – 8:30 p.m. Games, jump house, food and entertain-

Bridges Community Church 505 Driscoll Rd., Fremont (510) 651-2030 www.bridgescc.org

Saturday, Oct 31

Halloween Kids Fest

12 noon - 2 p.m.Magic show, costume contest and trickor-treating

Newpark Mall 2086 Newpark Mall, Newark (510) 794-5523 www.newparkmall.com

Saturday, Oct 31

Trick or Treat Event

3 p.m. - 5 p.m.Balloon art, face painting and trick-ortreating

Pacific Commons 43440 Boscell Rd., Fremont (510) 770-9798 www.pacificcommons.com

Saturday, Oct 31

Science Wizards of Halloween-

10:00 a.m. – 12 noon & 1:30 p.m. - 3:30 p.m.Mystify your friends with magic tricks Ages 9+ Coyote Hills Regional Park 8000 Patterson Ranch Rd.,

Fremont (888) 327-2757

Saturday, Oct 31

Halloween Night Hike - R 5:30 p.m. – 9:00 p.m. Leisurely 3 mile hike in the moonlight Costumes welcome but no masks Sunol Regional Wilderness 1895 Geary Rd., Sunol

(510) 544-3249

Saturday, Oct 31 Fun Tricks and Healthy Treats –

11 a.m. – 2 p.m. Children's health and safety fair Washington Hospital 2500 Mowry Ave., Fremont (800) 963-7070 www.whhs.com/events/class-registration

Saturday, Oct 31

Pumpkin Patch Party

5:30 p.m. - 8:00 p.m. Games, inflatables and magic show Bridges Community Church 505 Driscoll Rd., Fremont (510) 651-2030 www.bridgescc.org

Sunday, Nov 1

Running Dead Fun Run & Walk

9 a.m. - 12 noon 5k / 10k walk and run Survive the Zombie Challenge for special prizes Proceeds go to American Diabetes Association

(510) 675-5600 http://www.ci.unioncity.ca.us/departments/leisure-ser-



San Leandro to hold **Diabetes & Wellness Day**

SUBMITTED BY TERESA MEYER

The City of San Leandro and The Diabetes Educators of San Leandro will be co-hosting the Second Annual Diabetes & Wellness Day event on Saturday, October 24. The event will kick-off with a one mile, Walk for Wellness at 9 a.m.; the first 200 registrants and walkers will receive a free T-shirt and wellness bag. This event is free and all members of the general public are invited to attend, particularly those with an interest in health, wellness, and diabetes. To register and view detailed information about the event, please visit: www.diabetesandwellnessday.myevent.com.

Olympic swimmer and gold medalist Gary Hall, Jr. will serve as keynote speaker and talk about diabetes management in sports and physical activity. Presenters will include: Mayor Pauline Cutter; CEO of San Leandro Hospital, Dr. Shwetha Anand; diabetes specialists; emergency first responders; and other health educators.

Exhibitors will offer counseling and information on a variety of health-related issues, including diabetes, healthy nutrition, foot care, eye care, health insurance, health related legal issues, and medications. Participants can have their blood pressure and blood sugar levels checked, and/or receive a free foot screening.

Other activities that will be offered throughout the event include: a morning children's program facilitated by Pediatrician Dr. Maria Beamer; various physical activities including special yoga and tai chi demonstrations; and a chance to win two bicycles and HornBlower Cruises.

> Diabetes & Wellness Day Saturday, Oct 24 9 a.m.

Senior Community Center 13909 E. 14th St, San Leandro (510) 577-3354 Register: www.diabetesandwellnessday.myevent.com

Free

Binational Health Fair

SUBMITTED BY OFFICE OF CTY SUPERVISOR RICHARD VALLE

Binational Health Week (October 3 - 18) is the largest mobilization efforts in the Americas to improve the health and well-being of the underserved Latino population living in the United States and Canada. During Binational Health Week federal, state and local government agencies, communitybased organizations, and thousands of volunteers will come together to conduct a series of health promotion and health education activities including workshops, insurance referrals, vaccinations, and medical screenings.

In partnership with the Binational Local Tri-City Planning Committee and Tiburcio Vasquez Health Center, a health fair will be hosted at the Newark Community Center Park on Saturday, October 10 from 10 a.m. to 2 p.m. Participants can learn more about resources and services available for themselves and their families.

This year, Binational Health Week will host numerous forums and events throughout the Bay Area. To find more information visit: http://www.binationalhealthweek.org/.

Binational Health Fair in Newark Saturday, Oct 10 10 a.m. - 2 p.m. **Newark Community** Center Park 35501 Cedar Blvd, Newark (510) 643-1291 / (510) 471-5880 http://www.binationalhealthweek.org

Free

Holly & Kennedy Preschool accepting enrollment

SUBMITTED BY MARISSA VERA

Open to ages 3-5, Holly & Kennedy Preschool in Union City is currently accepting new enrollment and waitlist for 2015-2016 school year. The mission of Holly & Kennedy Preschool is to provide participants and their families with exceptional service from a professional staff in an enriching, safe and nurturing developmentally appropriate environment.

The costs range from \$440-\$1,200 depending on residency and whether part- of full-time

care is chosen. Facilities are open Monday-Friday from 7 a.m. to 6 p.m. Holly Preschool is located at 31600 Alvarado Blvd.; Kennedy Preschool is at 1333 Decoto Rd. For more information, call (510) 675-5276 or email mvera@ci.union-city.ca.us.



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7 Things You Must Know Before Putting Your Tri-City Home Up for Sale

Tri-City – A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report show clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of homesellers don't get what they want for their homes and become disillusioned and - worse-financially disadvantaged when they put their homes on the market.

As this report uncovers, most homesellers make 7 deadly mistakes that cost them literally thousands

of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollars."

To order a FREE Special Report, visit www.HomeSellerErrors.com or to hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-800-228-3917 and enter 1000. You can call anytime, 24 hours a day, 7 days a week.

Get your free special report NOW to find out how you can get the most money for your home.





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Raymond and his staff are a walking encyclopedia when it comes to taxes. They are diligent and result-oriented. They come through every time. Eugene K. San Francisco, CA

Testimonial 2

Everyone at Raymond Young CPA is approachable and easy to talk to. They are always available to answer questions and give explanations that are understandable. Fatima A. Arnold, CA

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Annual Health and Safety Fair

Wednesday, October 14, 11:00 a.m.

Carlton Senior Living's annual **Health and Safety Fair** will feature flu shots, blood pressure monitoring, and blood sugar checks as well as many demonstrations and presentations - all to help guests stay fit, healthy and safe.

Mad Hatters Tea Party

Thursday, October 22, 1:30 p.m.

Enjoy teas and refreshments as the Wind and String Duo provides entertainment and guests compete to see who has the "maddest" hat!

Spooktacular Happy Hour

Friday, October 30, 3:00 p.m.

Magician Alan Leeds brings guests and residents to a spooky world of fun, fantastical magic with his show at Carlton Senior Living.



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CarltonSeniorLiving.com



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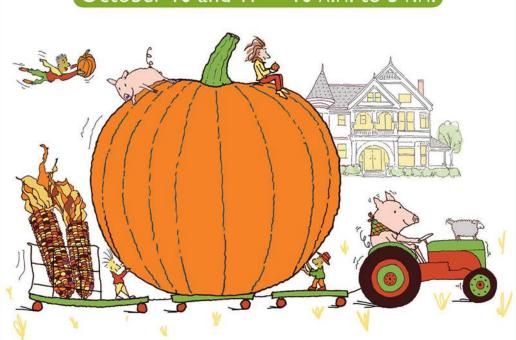
CENTER FOR IMPLANT DENTISTRY 3381 Walnut Ave., Fremont • Mon-Sat 9am-7pm



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Home & Garden

(FAMILY FEATURES)

ot every home renovation is a complete do-over. In fact, some projects are more about preserving the character and charm of the original structure than making everything shiny and new.

A self-taught home rehabber, licensed real estate agent and designer, Nicole Curtis, star of HGTV's "Rehab Addict," has made an art of introducing the comforts and conveniences of modern living while restoring homes to their former glory.

Whether you're giving new life to a historic treasure or simply sprucing up a more modern home, there are many ways to retain features that keep the integrity of the original design intact while keeping your renovation budget under control.

Flooring

Updating tired, worn flooring is an important way to make a room feel fresh and inviting. Remember that much like fashion trends come and go, so do popular styles for home decor. The dingy carpet you can't wait to tear out may actually be covering a hidden gem – original hardwood floors.

Many homeowners rush to rip out old flooring at the first sign of damage, Curtis said. Her advice: approach your renovation with a "what can I save" rather than a "what can I lose" mentality. Damaged sections of wood flooring can be patched using reclaimed wood from other parts of the house or even the attic. A good sanding and a fresh coat of stain can leave you with a beautifully imperfect surface filled with character that simply can't be bought.

Heating and Cooling Systems

Adding a temperature control system to a home or considering how to integrate an addition into an existing system can be a daunting proposition. In those cases, not only is a ductless system one of the easiest options for improved home comfort, it also preserves the existing structure and architectural integrity of a home.

"No ductwork makes my life so much easier," Curtis said. "There's less time and money spent on finding ductwork space and installing the systems, so we no longer have to sacrifice design."

CHARACTER

Renovation with original charm in mind



Lightly colored cabinets and countertops will make a small kitchen space feel larger, according to Nicole Curtis, star of HGTV's "Rehab Addict."

Installing a ductless system, such as those offered by Mitsubishi Electric Cooling & Heating, is a simple solution for eliminating window units and baseboard heaters that detract from the beauty and architectural essence of your home. There's no need to tear through or lower ceilings to make space for ducts and no messy demolition is required.

The complete line of energy-efficient ductless systems from Mitsubishi Electric provides individual temperature control for specific temperatures in each room, installation flexibility and quiet operation – all

Photo courtesy of Michael Lee

features that are not available with traditional central systems or window units. Learn more at mitsubishicomfort.com.

Kitchen and Bath

Two rooms that see the greatest attention in home makeovers are the kitchen and bath, and they're also commonly the most expensive. In some cases, updates are truly necessary to keep pace with matters like modern plumbing. But before you make plans to gut a room, consider how you might repurpose the existing contents to fit your needs.

In the kitchen, you may be surprised by how sanding and staining or painting the existing cabinetry transforms the space. Remember that lightly colored cabinets and countertops will make a small kitchen space feel larger, and you can bring pops of color into the room with the backsplash and decor.

Especially if you're rehabbing an older home, you may find a bath without a shower. In most cases, it's actually fairly simple to convert a claw-foot tub with some plumbing improvements and the addition of a shower curtain. Tired tile and grout may simply need a thorough cleaning or you may be able to add paint for a fresh look.

Approaching your renovation with a mindset of preserving the original elements as much as you can lets you save money while creating a home with a unique blend of the past and your own modern touches.

Living with Technology

The construction is finished, the walls are painted and curtains are hung. But wait ... What's that interrupting your perfect aesthetic? Today's high tech homes come with plenty of convenience, but all those gadgets and gizmos can botch your sleek design.

continued on page 16





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continued from page 15



Photo courtesy of Mitsubishi Electric US, Inc. Cooling & Heating Division

The thought of devices such as ductless air-conditioning units on the walls might be intimidating, but remember that microwaves, flat screens and thermostats were all once unfamiliar elements of the home landscape and today most homeowners barely notice them.

Fortunately, many of these tech devices have been created with aesthetics in mind. For example, Mitsubishi Electric's systems are available in a wide range of options to blend into the look and feel of your old home – ducted, ceiling-recessed and even cabinet-concealed floor-standing units.

Technology also lends a new range of sounds to the household. Look for devices that keep operations whisper-quiet for minimal distractions.

Choosing a Ductless System

Sustainability: A system that is EN-ERGY STAR® certified may qualify for local, state and federal tax credits or utility rebates. Shop for systems that operate with environmentally friendly refrigerant and recyclable components.

Energy efficiency: Save on energy bills with models that readily adjust to tempera-

ture fluctuations. Mitsubishi Electric systems use a finely tuned INVERTER-driven compressor for up to 40 percent more energy efficiency than conventional central air systems and window units.

Air quality: Eliminating ductwork alone helps improve air quality. Add a ductless system that gives extra attention to air quality with a specialized filtration system and you can significantly reduce allergens, viruses and bacteria in the air.

Photo courtesy of Michael Lee





Constructing **Puppets**

SUBMITTED BY SUSAN HELMER

The Fremont Art Association welcomes Francesca Borgatta as their guest demo artist on Wednesday, October 7. Francesca will demonstrate the incredibly dynamic and expressive medium of constructing puppets, using recycled materials. She will be leading attendees through the process of creating their own puppet with recycled materials. This is perfectly in time for Halloween!

To make a puppet, Francesca combines wood, bone, and other found objects to make an armature. She paints layers of glue with paper and textiles to form a unified surface and adds elements to define the features.



Francesca grew up in an artistic household, her father was a painter, and her mother taught her ceramics and paper mache. She built large puppets for anti-war demonstrations in New York with Peter Schumann's Bread and Puppet Theater. These experiences taught her to use art as an organizing principal for social action, to create site-specific works with the materials at hand.

Materials will be provided and the public is welcome to attend.

Constructing Puppets Wednesday, Oct 7 7 p.m. Fremont Art Association Gallery 37697 Niles Blvd, Fremont (510) 792-0905/ (510) 651-2461 www.fremontartassociation.org Free

CASTRO VALLEY | TOTAL SALES: 9 Highest \$:1,035,000 Median \$: 560,000 Lowest \$: 485,000 Average \$: 623,000 **ADDRESS** ZIP SOLD FOR BDSSQFT BUILT CLOSED 19388 Brusk Court 94546 725,000 4 1598 1952 08-26-15 560,000 -21171 Center Street 94546 498,000 3 1212 1948 08-26-15 94546 2648 Ione Avenue 2239 Lessley Avenue 94546 525,000 4 1524 1948 08-27-15 94546 485,000 2 996 1948 08-26-15 2358 Reading Avenue 94546 17956 Redwood Road 625,000 2 1159 1946 08-27-15 21349 Rizzo Avenue 94546 499,000 2 1030 1946 08-27-15 94546 655,000 3 1586 1958 08-27-15 18846 Stanton Avenue 5168 Silver Birch Drive 94552 1,035,000 4 3526 1999 08-25-15 FREMONT | TOTAL SALES: 29

		•		ALE3. 27	21.000	
Highest \$: Lowest \$:	\$: 1,600,000 Median \$: 801,000 6: 265,000 Average \$: 791,948					
ADDRESS	265,000 ZIP S	OLD FOR	_	•	BUILT CLOSED	
67 Blaisdell Way	94536	936,500	3	1706	1984 08-27-15	
5270 Brophy Drive	94536	870,500	4	1588	1964 08-25-15	
445 Calistoga Circle	94536	895,500	3	1785	1994 08-27-15	
38623 Cherry Lane #194	94536	423,000	2	938	1974 08-24-15	
423 D Street	94536	975,000	4	2111	1955 08-24-15	
3872 Dunbar Place	94536	820,000	-	1453	1977 08-25-15	
3445 Foxtail Terrace	94536	265,000	-	421	1986 08-25-15	
4377 Gibraltar Drive	94536	801,000	4	1840	1965 08-25-15	
36314 Laredo Drive	94536	825,000	4	1740	1962 08-26-15	
37041 Lassen Street	94536	780,000	4	1587	1963 08-27-15	
36829 Niles Boulevard	94536	620,000	2	1008	1949 08-27-15	
38528 Royal Ann Cmn	94536	440,000	2	1008	1970 08-27-15	
37344 Spruce Terrace	94536	310,000	1	593	1986 08-27-15	
38740 Tyson Lane #310B	94536	625,000	2	1188	2000 08-26-15	
339 Washburn Drive	94536	674,000	3	1428	1954 08-26-15	
3938 Borgo Common	94538	575,000	2	1425	2012 08-27-15	
5437 Butano Park Drive	94538	650,000	3	1131	1962 08-27-15	
4183 Converse Street	94538	926,000	3	1485	1956 08-25-15	
4411 Ogden Drive	94538	660,000	4	1722	1962 08-24-15	
49002 Cinnamon Fern 400	94539	715,000	2	1274	2009 08-24-15	
353 Dana Street	94539	948,000	3	1008	1953 08-25-15	
41600 Marigold Drive	94539	1,600,000	4	2226	1974 08-25-15	
46952 Masonic Terrace	94539	538,000	2	1070	1981 08-25-15	
1875 Mento Drive	94539	1,111,000	3	1476	1961 08-27-15	
2578 Middlefield Avenue	94539	1,188,000	3	1677	1959 08-27-15	
2277 Olive Avenue	94539	1,131,000	3	1376	1956 08-26-15	
43210 Umbria Terrace	94539	939,000	3	1472	2006 08-26-15	
163 Wenatchee Cmn #167	94539	667,000	3	1214	1987 08-24-15	
34236 Xanadu Terrace	94555	1,058,000	3	1812	1989 08-25-15	

5 1256 7 tariada Terrace	, .555	1,050,000	_	.0.2	.,,,	00 20 .0
H	AYWAR	RD TOTA	AL S	SALES: 2	:5	
Highest \$:	1,845,0	00 Me	edia	n \$: !	590,000	
Lowest \$:	269,00	0 Av	erag	ge \$: 6	637,620	
ADDRESS	ZIP S	OLD FOR	BD:	SSQFT	BUILT	CLOSED
3185 Bridle Drive	94541	700,000	4	2349	1963	08-27-15
24143 Dover Lane	94541	385,000	2	1208	1978	08-25-15
2591 Jacobs Street	94541	1,845,000	3	1736	1953	08-25-15
19630 Medford Circle #6	94541	400,000	3	1300	1992	08-26-15
2196 Oak Creek Place	94541	398,000	2	1424	1972	08-26-15
26937 Hayward Blvd #103	94542	310,000	2	1162	1982	08-26-15
2700 Markham Court	94542	605,000	3	1760	1986	08-26-15
28878 Rocky Point Ct	94542	1,090,000	7	3705	2003	08-27-15
344 Arrowhead Way	94544	830,000	3	2419	1999	08-26-15
24862 Arvilla Lane	94544	502,000	3	1139	1952	08-25-15
30835 Bello Road	94544	960,000	2	1628	1924	08-27-15
650 Briergate Way	94544	590,000	3	1584	1958	08-26-15
324 Brookdale Way	94544	835,000	4	2284	1999	08-27-15
1024 Joleen Court	94544	620,000	4	1822	1991	08-26-15
26613 Joshua Street	94544	400,000	2	1093	1981	08-26-15
53 Regency Place	94544	713,500	3	1938	2014	08-26-15
32129 Seneca Street	94544	499,000	3	1626	1951	08-25-15
27416 Susan Place #2	94544	269,000	2	869	1980	08-27-15

	519 Teasdale Place	94544	535,000	4	1580	1956 08-25-15
	28565 Anchorage Lane	94545	680,000	3	1687	2010 08-24-15
	1585 Glenn Street	94545	664,000	-	-	- 08-25-15
	1406 Homestead Lane	94545	575,000	1	1505	1956 08-26-15
	2048 Sarasota Lane	94545	485,000	3	1119	1956 08-24-15
	24195 Wright Drive	94545	410,000	3	998	1951 08-27-15
MILPITAS TOTAL SALES: 12						

	Highest \$:	2,350,0	00	Me	ediar	ո \$։	660,000)
	Lowest \$:	340,00	0	Av	erag	ge \$:	847,917	7
ADDRESS		ZIP S	OLD F	OR	BDS	SSQFT	BUILT	CLOSED
39 Bettencourt	:Way	95035	673,	000	3	1253	2010	09-02-15
1591 Bleecker	Street	95035	636,	000	-	-	-	09-01-15
123 Chysis Roa	nd	95035	1,232,0	000	-	-	-	09-01-15
299 Corning Av	venue	95035	749,	000	3	1040	1955	09-04-15
873 Erie Circle		95035	750,	000	2	1280	1984	09-04-15
889 Galindo Co	ourt	95035	1,455,0	000	4	3389	1989	09-02-15
800 Horcajo St	reet	95035	340,	000	3	1130	1971	09-01-15
I I 2 Jasmine Co	ourt	95035	442,0	000	2	980	1971	09-01-15
90 Lawton Driv	ve	95035	660,	000	3	1042	1959	09-03-15
1033 North Ab	bott Ave	95035	480,	000	2	1174	1979	09-03-15
673 Quince La	ne	95035	2,350,0	000	4	5903	1994	09-04-15
383 Rio Verde I	Place #3	95035	408,	000	2	882	1971	09-04-15

NEWARK TOTAL SALES: 7						
Highest \$:	836,000 Median \$:			\$: 6	30,000	
Lowest \$:	448,000	Av	erage	\$: 6	44,429	
ADDRESS	ZIP SC	LD FOR	BDSS	SQFT	BUILTCLOSED	
35830 Argonne Street	94560	630,000	3	1268	1959 08-26-15	
6472 Buena Vista Dr #A	94560	492,000	3	1763	1985 08-26-15	
35262 Cornwall Place	94560	836,000	4	1636	1970 08-25-15	
8234 Juniper Avenue	94560	575,000	3	1242	1955 08-26-15	
35250 Lido Boulevard #G	94560	448,000	2	1076	1984 08-27-15	
8565 Peachtree Avenue	94560	770,000	3	1790	1994 08-26-15	
36201 Toulon Place	94560	760,000	3	1100	1960 08-27-15	

SAN	LEAND	RO TO	DTAL	SALE	S: 12	
Highest \$:	760,000	M	edian	\$:	489,000)
Lowest \$:	315,000	A۱	erag	e \$:	521,167	7
ADDRESS	ZIP SC	DLD FOR	BDS	SQFT	BUILT	CLOSED
1246 Aileen Street	94577	465,000	3	1008	1943	08-24-15
243 California Avenue	94577	489,000	2	1205	1925	08-26-15
1400 Carpentier St #402	94577	360,000	2	1406	1983	08-25-15
507 Diehl Avenue	94577	570,000	2	1080	1945	08-24-15
89 Dutton Avenue	94577	400,000	3	1633	1924	08-25-15
912 Evergreen Avenue	94577	750,000	4	2386	1945	08-27-15
611 Oakes Boulevard	94577	760,000	3	1913	1938	08-25-15
1295 143rd Avenue #1	94578	315,000	2	1102	1981	08-24-15
1198 Cherrybrooke	94578	635,000	3	1958	2005	08-26-15
3945 Monterey Boulevard	94578	350,000	3	1096	1954	08-26-15
1510 Hubbard Avenue	94579	645,000	4	1656	1960	08-26-15
898 Kramer Street	94579	515,000	3	1222	1959	08-27-15

SAN LORENZO TOTAL SALES: 5					
Highest \$:	525,000	Me	edian	\$: 4	195,000
Lowest \$:	475,000	Av	erage	e \$: 4	199,000
ADDRESS	ZIP SC	DLD FOR	BDS	SQFT	BUILTCLOSED
15939 Via Cordoba	94580	475,000	3	1077	1951 08-26-15
I 165 Via Dolorosa	94580	515,000	3	1043	1950 08-26-15
17320 Via Julia	94580	485,000	3	1031	1951 08-25-15
1515 Via Mesa	94580	495,000	3	1031	1951 08-27-15
17960 Via Toledo	94580	525,000	3	1469	1926 08-25-15

		UN	NON CIT	Y TC	TAL	SALES	: 5		
		Highest \$:		Median \$:			543,000		
		Lowest \$:	280,000	Av	erag	ge \$: 4	182,800)	
ADDRESS		ZIP SC	DLD FOR	BD:	SSQFT	BUILT	CLOSED		
34212 Arizona Street #3		94587	550,000	3	1684	1982	08-25-15		
2520 Copa Del Oro Dr		94587	280,000	-1	590	1984	08-25-15		
32236 Mercury Way		94587	470,000	3	1137	1971	08-27-15		
31361 Santa Elena Way		94587	571,000	2	1195	1969	08-25-15		
2567 Village Drive		94587	543.000	2	1445	1985	08-26-15		

Pat Kite's Garden

25995 Tarragon Street



By PAT KITE

The soon-to-disappear Sunset Garden site in Palo Alto has lots of bright orange "butterfly" milkweed. I even saw a Monarch butterfly feasting on milkweed pollen. Of course I am jealous, having yet to succeed in growing a milkweed plant.

Milkweed is supposed to be easy to grow. We generally see "Asclepias tuberosa," otherwise known as butterfly weed, in our garden area. As many know, milkweeds are the sole food for our endangered Monarch butterflies. Other insects enjoying this plant include bees, moths and beetles. There are about 140 different North American species or kinds of milkweed plants, some recommended for California growth. These include A. Curas-

savica or Scarlet milkweed, A. incarnata or Swamp milkweed, Mexican Whorled, Showy milkweed, Desert milkweed, California milkweed, Heartleaf milkweed, and Wooly Pod milkweed. You may need the scientific name to search for information.

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Asclepias is named after Asclepius, the Greek god of medicine. The term milkweed comes from the white sticky sap, or latex, given off by some plants when damaged. With some species, this can cause an allergic skin reaction. Monarch butterflies lay their eggs on just one plant: milkweed leaves. When caterpillars emerge, they eat the leaves. Leaves are healthy for the larvae, but not for predators.

The bright yellow and black larvae coloration is a warning. Munch on me, and you get to

TRI-CITY GARDEN CLUB MEETINGS:

Friends of Heirloom Flowers

Work Parties - Every Tuesday - at Shinn Park, 10 a.m. - 12 p.m.

1251 Peralta near Mowry, Fremont (510) 656-7702

Bring gloves and tools. - Social Hour afterward

Every Thursday, 10 a.m. - 12 p.m.

Niles Rose Garden - 36501 Niles Boulevard, Fremont

Bring gloves and tools.

[Across Driveway from Mission Adobe Nursery]

Contact Joyce Ruiz: 659-9396

Meetings are held quarterly. Call for details

First Friday of each month, 1-2 p.m.

Tanya Mendoza, Program Coordinator 510-790-6602

Fremont Garden Club

The Fremont Garden Club meets the third Wednesday of each month, February - October, in members' homes & gardens, 6:30 p.m. - 8:30 p.m. Locations are posted on the Fremont Garden Clubs' web site at www.fremontgardenclub.org or email: fremontgardenclub@hotmail.com

vomit. [Children and pets should not mess about with milkweed plants for the same reason.] What do you need to grow milkweed and attract Monarch butterflies? Milkweed plants need sun. The amount of water varies according to plant species. Some species are quite drought tolerant. If you get seeds, scatter them on the soil surface and cover with just a tad of soil. Water until the plants seem established. For people who have aggravation getting seeds started, you can buy milkweed plugs or small soil bits with seeds already started. Dig a hole for each plug. Place the plug in the

hole, making sure roots are covered. Stem and leaves should remain uncovered. Tamp area down gently. Again, water frequently until plants are established.

There are numerous Internet places to find out more about milkweed plants. Monarch Joint Venture, phone is 612-624-8706 [www.monarchjointventure.org] talks about the six national milkweed regions and the best milkweed for each. To find milkweed vendors go to [www.plantmilkweed.org]. What I am going to do is contact Monarch Watch Milkweed Market [http://monarchwatch.org/milkweed/market/] and



PAT KITE

L. Patricia [Pat] Kite's several garden books include KISS Guide to Gardening, Gardening Wizardry for Kids, Raccoons, Ladybug Facts and Folklore and Silkworms. They may be found at Amazon.com and Alibris.com.

order a flat of milkweed plugs, 32 in a flat. Price is reasonable. In 2015, this group distributed over 59,000 plugs! There are special prices for large-scale restoration projects. Watching butterflies makes my spirit take wing.

Thanks for listening. Pat



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Eagle Scout project at Tule Ponds



SUBMITTED BY MATH SCIENCE NUCLEUS

Visitors to the Tule Ponds in Tyson Lagoon Wetland Center in central Fremont will be greeted by a new butterfly area that will act as an "oasis" to attract butterflies. This transformation was led by Akhil Bhamidipati, a sophomore at American High School and aspiring Eagle Scout from Boy Scout Troop 112 in Fremont.

Being an avid outdoorsman, Akhil sought to make a difference in Fremont and enable the enjoyment of nature in a well preserved urban setting. He partnered with Dr. Joyce Blueford, Board President of the Math Science Nucleus, to select a location inside the Tule Ponds preserve. Akhil then worked with Dr. Blueford to develop a plan to make the site more habitable. He then led a team of 10 adults and 15 student volunteers to implement the project, working for more than 300 hours over a five month period. They removed weeds and cleared out an area of about 2000 square ft. Then, they designed, built, transported, and placed six large planters at the station; finally, they planted milkweed plants in these planters in late summer.

Kudos to Akhil and his project volunteers for helping create a butterfly habitat right in the heart of Fremont!

Farm to Fork dinner serves up savory fare

SUBMITTED BY SAYLA ELSBREE-KRAFT

Community Alliance with Family Farmers (CAFF) is proud to announce the second annual Taste of Santa Clara Valley on October 17, at Martial Cottle Park in San Jose. The Farm-to-Fork dinner is brought to you in partnership with Santa Clara County Parks and Epicurean Group, a food-service management company dedicated to providing healthy, sustainable food.



Culinary-trained chefs will craft a multi-course meal featuring produce from local farms, artisanal products and regional wine and beer. Tickets to the event are \$140 per person. Guests will enjoy dinner while listening to music by The Down Beets, a local band. The event is a fundraiser for CAFF and its Farm-to-School and Farm-to-Market programs, which directly benefit regional farmers and the Santa Clara Valley community.

The event venue, Martial Cottle Park, is Santa Clara County Parks and Recreation Department's newest urban park. The land was continuously farmed for 150 years, until being transferred to the county and state for a park to "educate the public about the agricultural heritage of the Santa Clara Valley." Jacobs Farm/Del Cabo, a leader in organic farming, is partnering with County Parks for a longterm organic agricultural production and education project. Guests will be invited to tour the new park.

At the dinner, Aziz Baameur will be honored with the "Family Farmer Champion of the Year" award for his dedication to providing assistance to family farmers in the Santa Clara Valley. Baameur recently retired as Farm Advisor for the UC Cooperative Extension, a position he has held for the past 30 years.

These sponsors helped to make the event possible: California Farmers' Markets Association, Coke Farm, The Health Trust, Jacobs Farm/Del Cabo, Santa Clara County Open Space Authority, Pacific Coast Farmers Market Association, Urban Village Farmers Market Association, Vitalis Organic Seeds, and Watsonville Coast Produce.

Taste of Santa Clara Valley Saturday, Oct 17 5 p.m. – 9 p.m. Martial Cottle Park 5283 Snell Ave, San Jose (831) 761-8507 Tickets: http://tastescv2015.bpt.me \$140/person

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Visit us on Facebook or at Newark-chamber.com to learn what we do to support our community and consider being part of our efforts. Please call 510-744-1000.

Join us for lunch

SUBMITTED BY SPECTRUM COMMUNITY SERVICES

Spectrum's Senior Nutrition Program is a healthy and convenient alternative to cooking, and offers freshly prepared, nutritious meals at nearly 30 Alameda County locations. Our dining sites ease the burden of cooking and provide seniors with the opportunity to enjoy tasty food, meet new people, and participate in a variety of activities.

October menu is now available. The meal plan offers 1/3 of senior's daily nutritional requirements; no excessive added salt; homemade soups; sugar-free dessert substitutes; and daily alternative options. There is a suggested donation of \$3.75 for seniors 60 years and older, and \$6 for guests under 60. No senior will be turned away due to lack of funds.

Reservations are required; please call (510) 881-0300 ext. 222. For more information about this month's menu and dining locations, visit www.spectrumcs.org/senior-services/seniormeals.

Poker tournament

SUBMITTED BY PATRICIA DANIELSON

lease join Newark Optimist Club for our second occasional 'Texas Hold'em Poker Tournament" on Saturday, October 17 at First Presbyterian Church. As in the past, this is a fundraiser for Newark Optimist Club, with all proceeds going to the philanthropic work of the club. We focus on the development of and support for the youth of our community.

In exchange for your \$110 donation, we will provide \$1,000 in chips; rules and instructions; food and refreshments; a fun atmosphere; and a great tournament with the grand prize being a travel package worth over \$1,500. Other valuable prizes will be awarded to the two runners up. In addition, all players will receive a token of appreciation for your support of our tournament. Entries are limited to the first 100 players. We hope to see you at the tournament, so get your entry in early. Good luck!

For more information and/or an entry form, please contact Bob Marshall at (510) 795-1692 or hdog48@gmail.com; Russ Blowers at (510) 579-2051 or rfbgatsby@comcast.net; or Terrance Grindall at (650) 644-5972 or t.grindall@gmail.com.

> Texas Hold'em Poker Tournament Fundraiser Saturday, Oct 17

4 p.m.

First Presbyterian Church 35450 Newark Blvd, Newark (510) 795-1692

(510) 579-2051 http://newark-chamber.com/m/listing/view/rfbgatsby \$110 per player

CSU campuses accepting applications for Fall 2016

SUBMITTED BY CHRISTIANNE SALVADOR

All 23 California State University (CSU) campuses have now begun accepting applications for admission to the fall 2016 term. Apply online at www.csumentor.edu. The application deadline is November 30, 2015.

High school seniors and community college transfer students are advised to apply early. After November 30, most CSU campuses will stop accepting applications.

Applicants are also encouraged to apply to more than one campus to increase their likelihood of admission. The CSU Mentor website: www.csumentor.edu includes a comprehensive degree database detailing the undergraduate and graduate degree programs offered at each campus, as well as information about the campus community, student housing and campus life.

After applying to the CSU, students should complete a Free Application for Federal Student Aid (FAFSA). More than half of all CSU undergraduates receive enough financial aid to cover the full cost of their tuition fees.

Visit the unnauniea nouse at Sulphur Cree

Nature Center



SUBMITTED BY WENDY WINSTED

Once upon an Unhaunted House there lived heroes and villains, who shared a forest with their special forest animal friends. Come to Sulphur Creek to discover which animals like to hang out with the villains, like Maleficent and Captain Hook, and

which animals like to hang out with heroes like Cinderella and Peter Pan. Meet bats, owls, tarantulas, and more forest critters as you walk through the Unhaunted House. Enjoy the rest of the evening with Halloween crafts, storytelling, and campfire (no charge) with great Halloween games, night hikes, and tasty treats (small fee). So bring the family for an evening or afternoon of Halloween fun.

Tickets for the Unhaunted House are for specific time slots on Friday, October 23 (6 p.m. - 9 p.m.) and Saturday, October 24 (4 p.m. – 8 pm.). Be sure to sign up early! Tickets are \$8 per person and children under 3 are free. Price includes only entrance into the Unhaunted House. Children under twelve must be accompanied by an adult.

> To register online, select your specific day and time at: www.haywardrec.org For additional information, call (510) 881-6700.

> > Visit the Unhaunted House Friday, Oct 23 6 p.m. – 9 p.m. Saturday, October 24 4 p.m. – 8 p.m. Sulphur Creek Nature Center 1801 D Street, Hayward (510) 881-6747 Register: www.haywardrec.org



NO LIMIT fexas Hold 'Em

Tournament

\$110 Donation Saturday, October 17 WE PROVIDE: 4pm

\$1,000 in chips **Rules and Instructions** Food and Refreshments Fun Atmosphere and a Great Tournament

First Presbyterian Church 35450 Newark Blvd., Newark

Entries are limited to the first 100 players!



Fundraiser for: **NEWARK OPTIMIST CLUB**

All proceeds going to philanthropic work. We focus on the development of and support for the youth of our community

CONTACT AND ENTRY FORMS:

Bob Marshall 510-795-1692

Russ Blowers 510-579-2051 hdog48@gmail.com rfbgatsby@comcast.net TtG884@gmail.com

Terrence Grindall 650-644-5972



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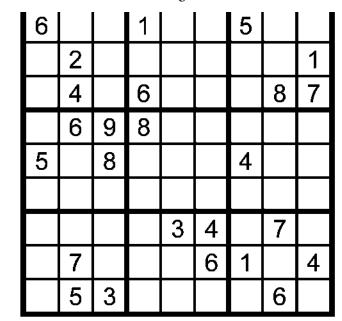


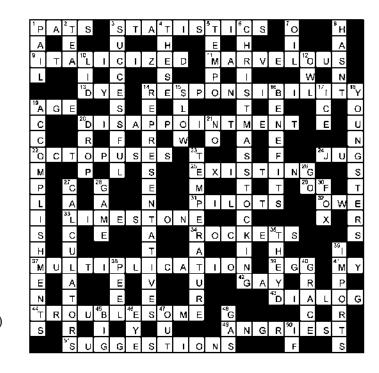
wind Twisters

Crossword Puzzle 20 25 21 26 28 31 33 32 34 36 42 40 48 52 55

Sudoku:

Fill in the missing numbers (1 - 9) inclusive so each row, column and 3x3 box contains all digits.





B 336

3	4	7	တ	2	1	8	5	6
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2	9	3	1	5	4	7	6	8
8	1	6	7	တ	2	4	3	5
7	5	4	8	6	3	9	1	2

Across

- rely (6)
- creates goods and services (8)
- loosen with a shovel (4)
- 10 Parts of a code (4) 12 Check for accuracy (3)
- 15 Aged (3)
- 17 higher ups (10)
- preposition (2) 20
- 23 Music genre (9)
- Put to the test (5)
- front part of the body (3) 26
- 27 "Is that ____?" (3)
- geometry (13)
- shape (11) 31 32 Sprays (5)
- capacity for learning (12)
- has three sides (9) 36
- 38 high degree (7)
- chances (13)
- 42 conditional clauses (2)
- 43 Lent's start, e.g.: Abbr. (3)

- Bigger than big (4)
- Legolas, for example (5)
- All the rage (3)
- FOX show (6)
- notwithstanding (12)
- Drone, e.g. (3)
- soaked (3)

Down

- carefully consider (10)
- Handle clumsily (3)
- refuses (2)
- dog, cat, etc. (3) Game __Thrones (2)
- praising (14)
- wander (4)
- Arise (4)
- to withhold (10)
- conjunction (2) angel but
- "... there is no Love": Shakespeare (4)
- 14 person (10)

- 16 "I ____" (2)
- "___ Doubtfire" (3)
- on trial (12)
- 19 Captured (4)
- draws (11) favorable time (13)
- "Wheels" (3)
- "____ we having fun yet?" (3)
- placing (7)
- 30 last teenage year (10)
- 33 auto correct (8)
- significant other (7) 37 not one or the other (7)
- Bust, so to speak (4)
- Cheese choice (5) 41
- Word before and after "against"
- 45 organ of sight (3)
- Kudzu, for one (4)
- Hooter (3)
- arranged in a line (3) 53 greeting (2)

Tri-City Stargazer October 7 - October 13, 2015 By Vivian Carol

(4)

For All Signs: Mercury, ancient god of communications, turns direct once again on Friday, October 9. As this planet begins to regain its normal speed, it will be easier to move ahead with plans that have been pending for one reason or another for several weeks. Have patience with the flurry of phone calls and changed appointments that always accompany Mercury's shift in directions. Decisions are also subject to change, so if you experienced a disappointment in the last three weeks you might want to give it one more try after the ninth. The after-shadow period is complete on October 24. After that the old issues are resolved fully or left in the dust so we can proceed forward.

Aries the Ram (March 21-

April 20): New experiences are brought to you by others in your world. Even if a change was not in your conscious awareness, it is needed for your personal growth, or it would not be happening. Do not play the blame game here. It is possible that you overstepped your boundaries and now someone is pushing back.

Taurus the Bull (April 21-May 20): The next two weeks will be challenging to your relationships and maybe your investments. You may be perceiving yourself as selfless or the other as too good to be true. Add a touch of realism here, and you will be more accurate and better balanced.

Gemini the Twins (May 21-June 20): Mercury, your ruling planet, has graced your fifth house of children, personal creativity and romances since August 27. It is possible that one or more of these areas has been on hold for the past month. Your attention will be focused in these areas through October, and the slowed motion will begin to move forward.

Cancer the Crab (June 21-July 21): Give special attention

to unusual messages or to new people who enter your life during this time. A teacher crosses your path in the form of a person, a book, or the right message that will steer you in the next favorable direction. You may have heard this message before, but this time you are listening.

Leo the Lion (July 22-August 22): It is probable that others in your life may be erratic. Partner(s), clientele, good friends and even professionals may be far less reliable than you would like. If this has already started, then do your best to choose activities that depend only upon yourself for a short while.

Virgo the Virgin (August 23-September 22): Financial matters will be clearing up soon as Mercury goes direct in the house of resources and money. In another arena, you need closeness and as you reach out, the other just seems to evaporate or evade you. This is truly disappointing. You have necessary repairs on your home or family that become apparent. It is time.

Libra the Scales (September **23-October 22):** Mercury has been traveling in your sign since August 27. It has caused you to reflect deeply on your next direction. Now that it is turning direct, you feel more capable of making decisions and moving forward. You'll be cautious at first, but your moves will pick up steam soon.

Scorpio the Scorpion (October 23-November 21): At last! The sun shines through and there is a breakthrough of the clouds in your life. You may become the leader in a project that will be good for many. This is a time in which you may realize that your struggles have been worth the effort. Positive experiences and increased resource supply comes to you via friends and associates, including the community at large.

Sagittarius the Archer (November 22-December 21): Necessary expenses (those not of the fun type) may develop this week. If not that, you could be just having a little blue mood. It is one of those times when we operate better in solitude. This is an existential dilemma that everyone

encounters now and then. It will pass quickly.

Capricorn the Goat (December 22-January 19): You may be the fortunate recipient of laws or edicts that operate in your favor without your bidding. (Example: You own a business and the city closes down another street, forcing traffic to your site.) Dealing with those at a distance through travel or use of the Internet produces positive results. Don't allow minor aggravations to create a blue mood.

Aquarius the Water Bearer (January 20-February 18): You may have financial concerns related to investments. Contacting friends and associates in distant places will open new doors.

Meanwhile your ability to concentrate upon projects that require management of details is strong. Organizing files, closets and cabinets will clear the clutter from your mind.

Pisces the Fish (February 19-March 20): Beware of any martyr-like thoughts in relation to your partner(s). You could be seeing yourself as all-giving and all-loving. No one is really like that. Give what you are willing to give because you love the other. Don't do it so that someone will see your actions and think you are wonderful. Then whatever the outcome, you won't resent it.

Are you interested in a personal horoscope? Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



Community Health Education Programs

For a complete list of classes, lectures and support groups, or to register, visit **pamf.org/healtheducation**.

Sutter Health Palo Alto Medical Foundation We Plus You



Childbirth and Parent Education Classes 650-853-2960

- Postpartum Support Group: A Mother's Place
- Breastfeeding Your Newborn
- Childbirth Preparation
- Your Baby's Doctor
- New Parent ABC's

Weight Management Programs **510-498-2184**

 Bariatric (weight loss) Surgery Program informational sessions and support groups

Nutrition and Diabetes Classes 510-498-2184

- · Carbohydrate Counting Skills
- Heart Smart (cholesterol management)
- Living Well with Prediabetes
- · Living Well with Diabetes
- Sweet Success Diabetes and Pregnancy Program
- · Eating Well with Diabetes

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October and November 2015



2015 Medicare Update Oct. 21, 7 to 8:30 p.m.

This year the Medicare enrollment period runs from October 15 through December 7. Attend this lecture to get all the information you need before signing up.



Tips for Sensible Snacking Nov. 11, 7 to 8:30 p.m.

Snacks can be an important part of a healthy diet, but snacking mindlessly or on the wrong foods can add calories that contribute to weight gain. Join Valerie Spier, MPH, R.D., CDE to learn simple guidelines for healthy snacking and easy-to-prepare snack recipes.

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Fremont Center

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Fremont Community Health Resource Center

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- Information on community resources
- Access to health information websites
- Consumer-oriented health reference books
- Medical textbooks

For additional information, call 510-623-2231.

pamf.org/healtheducation/hrc

Spend an a-maize-ing weekend at Grdenwood

PHOTOS BY ALLAN MENDEZ

re you ready for harvest time on the farm? Bring your family and friends to help bring in the corn crop at Ardenwood Historic Farm on Saturday, October 10 and Sunday, October 11 for "Harvest Festival." Harvest Indian corn and popcorn, help fill corncribs, and take home a share of colorful corn for your holiday table. Other activities include magic shows, apple cider pressing, ice cream making, old-time music, corn milling, demonstrations and crafts. Ride the farm's train and visit the pumpkin patch and the beautifully restored Patterson House.

The leafy stalk of a corn, or maize in Spanish, produces ears that contain grain or seeds called kernels. Among the varieties of corn are popcorn, flour corn (soft starch), sweet corn, flint corn (hard starch), and dent corn (between soft and hard starch). Consumption of corn has nutritional value as it provides fiber to help with digestion, as well as folate, thiamin, phosphorus, vitamin C, and magnesium.





People have a variety of ways to enjoy eating corn, including corn on the cob, corn chips, cornflakes, and popcorn.

Now on its 30th year, the Harvest Festival continuous to grow and had the largest turnout of 9,000 participants last year on

both days. It's a great opportunity for the public to participate in fun, family-friendly and educational activities at the farm, while also helping them harvest corn to feed their animals.

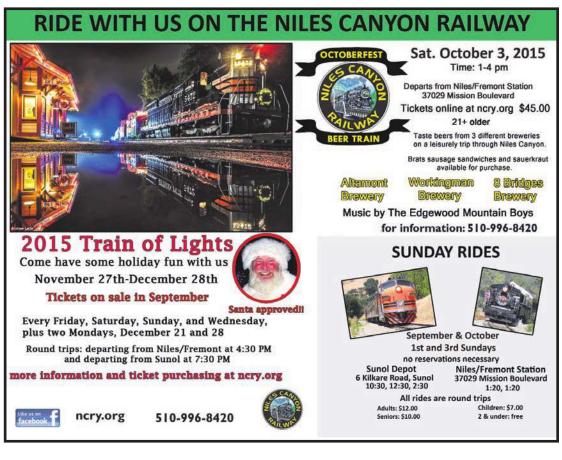
For more information, call (510) 544-2797 or visit www.ebparks.org/parks/ardenwood. Please bring your own bags to take home your harvest.

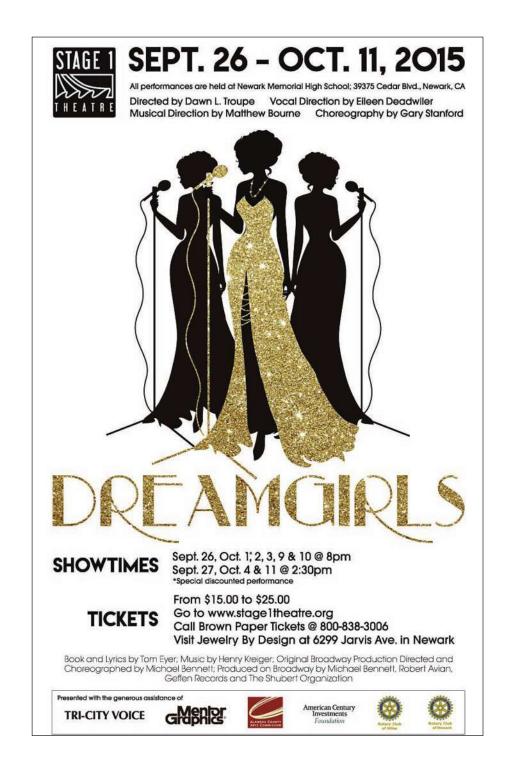
Harvest Festival
Saturday, Oct 10 - Sunday, Oct 11
10 a.m. - 5 p.m.
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(510) 544-2797
www.ebparks.org/parks/ardenwood
Fee: \$10 adults, \$8 seniors (62+),
\$6 child (4-17 yrs), free for under 4
Free parking





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ZERO WASTE - YOU MAKE IT HAPPEN!

Broadway West Theatre Company 4000-B Bay Street in Fremont

September II – October I0

This version of the Dracula legend based on the 1897
Bram Stoker novel is set in the English countryside in 1911
where several village girls have died under mysterious
circumstances. Dr. Seward presides over a nearby mental
hospital and the locality has acquired a new resident,
Count Dracula! A trio of doctors, a young reporter and a
stouthearted English lord battle the Count for possession
of a lovely heroine. A funny, serious, scary, hilarious and
bloody enjoyable show!

(510) 683-9218

www.broadwaywest.org

The Passion of Dracula



Performance times are 8 pm on Thursdays, Fridays and Saturdays. There are three Sunday matinees: Sep 20 and 27 matinee performances begin with a continental brunch (included in price of ticket) at 12:15 pm, and the show begins at 1 pm. The Oct 4 performance starts at 1 pm with refreshments during intermission (included in price of ticket).

Regular ticket prices are \$27 general and \$22

(included in price of ticket). Regular ticket prices are \$27 general and \$22 for Students, Seniors and TBA members. Thursday, Sep 17, Oct 1 and 8 performances are \$20 and \$15 for Students, Seniors and TBA Members, with a bargain Thursday (no reservations – first come, first seat!) held on Sep 24 - all tickets \$10. Bargain Saturday performance \$15 for all Sep 12. Brunch Sunday performances and Opening night are \$27 for everyone. All ticket prices include refreshments.



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(1 hour class)

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Macy is great on walks. She politely greets others, both people and dogs, but likes to keep on pace. She's sweet, friendly and a perfect companion for anyone who enjoys walking. She'll do well in a quiet, adult home. Meet Macy at the Hayward Animal Shelter. Info: (510) 293-7200.



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Hayward Animal Shelter

www.facebook.com/haywardanimalshelter

510-293-7200

16 Barnes Court (Near Soto & Jackson) Hayward Tuesday - Saturday I pm - 5pm

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Arts & Entertainment \$ = Entrance or Activity Fee R= Reservations Required Schedules are subject to change. Call to confirm activities shown in these listings



CONTINUING EVENTS

Tuesday, Sept 1 - Tuesday,

Oct 20 **Donate Halloween Costumes**

11 a.m. - 5 p.m. Drop off gently used costumes for ages 3

Hayward Main Library 835 C St., Hayward (510) 881-7946 annie.snell@hayward-ca.gov

Tuesdays, Sep 8 thru Oct 20 **Thrill the World Dance Moves**

6:30 p.m. - 8:00 p.m. Instruction for world-wide simultaneous

Ages 8+ Fremont Community Center 40204 Paseo Padre Pkwy., Fremont (510) 790-5541 www.RegeRec.com

Fridays, May 1 - Oct 30 **Fremont Street Eats**

4:30 p.m. - 9:00 p.m. Food Trucks offers culinary treats

No smoking and no alcohol Downtown Fremont Capitol Ave., Fremont www.fremont.gov/Calendar

Saturday, Aug 1 - Sunday,

Beyond Bollywood: Indian American Shape the Nation

12 noon - 5 p.m. Smithsonian traveling exhibit Olive Hyde Art Gallery 123 Washington Blvd., Fremont (510) 791-4357 www.olivehydeartguild.org

Wednesdays, Sep 9 - Oct 14

Ballroom Dance Classes \$

Beginner: 7:00 p.m. - 8:00 p.m. Intermediate: 8:15 p.m. - 9:15 p.m. Tango, Waltz, Samba and Bolero Ruggieri Senior Center 33997 Alvarado Niles Rd., Union City (510) 675-5357

www.unioncity.org

Thursday, Sep 11 - Sunday,

The Passion of Dracula \$

Thurs - Sat: 8 p.m. Sun: 1 p.m. Old-fashioned horror thriller Broadway West Theatre Company 400-B Bay St., Fremont (510) 683-9218 www.broadwaywest.org

Mondays, Sep 14 - Nov 16

Preschool Story Time

10:30 a.m. - 11:30 a.m. Stories, songs and play Union City Branch Library 34007 Alvarado Niles Rd., Union City (510) 745-1464 www.aclibrary.org

Fridays, Sep 18 thru Oct 23

Ballroom Dance Classes \$

Beginner: 7:00 p.m. – 8:00 p.m. Intermediate: 8:15 - 9:15 Tango, Waltz, Samba and Bolero Fremont Adult School 4700 Calaveras Ave., Fremont (510) 797-9594

Thursday, Friday & Saturday, Sep 24 thru Nov 20

Holiday Show

10 a.m. - 4 p.m. Hayward Arts Council exhibit Foothill Arts of the Bay 22394 Foothill Blvd., Hayward (510) 538-2787 www.haywardarts.org

Monday, Tuesday & Thursday, Sep 24 thru Dec 31 Wildlife Beyond Borders Ex-

Mon: 5 p.m. - 10 p.m. Tues & Thurs: 10 a.m. - 1 p.m.

Animal photography display

http://www.photocentral

Reception with live animals Saturday, Sept 26 from 1 p.m. - 4 p.m. PhotoCentral 1099 E St., Hayward (510) 881-6721

Saturday, Sep 26 - Sunday, Oct 11

Dreamgirls \$

Sat: 8:00 p.m. Sun: 2:30 p.m. Musical drama portrays a rising star Newark Memorial High School 39375 Cedar Blvd., Newark (510) 791-0287 www.stage1theatre.org

Monday, Sept 28 - Friday, **Nov 20**

A.R.T. Members Fall Exhibit

8 a.m. - 5 p.m. Variety of art mediums on display John O'Lague Galleria 777 B Street, Hayward (510) 538-2787 www.haywardarts.org

Fridays, Oct 2 thru Oct 30 **Toddler Ramble: Animal Loco-**

motion 10:30 a.m. - 11:15 a.m. Explore animals that fly, hop or swim

Ages 1-3Hayward Shoreline Interpretive Center

4901 Breakwater Ave., Hayward (510) 670-7270 www.haywardrec.org

Friday, Oct 3 - Sunday, Jan 10

Views of Nature

10 a.m. - 5 p.m. Wildlife photography and art by Bazzani and Preston

Hayward Shoreline Interpretive Center

4901 Breakwater Ave., Hayward (510) 670-7270 www.haywardrec.org

Mondays, Oct 5 thru Nov 9 Community Emergency Re-

sponse Team Training - R

6:00 p.m. - 9:30 p.m. Emergency assistance procedures for

Hayward residents Must attend all classes Hayward City Hall 777 B St., Hayward

(510) 583-4948 www.Hayward.CERT@haywardca.gov

Tuesdays, Oct 6 thru Dec 1

Booklegger Training

9:15 a.m. - 11:45 a.m. Volunteers read aloud to school children Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421 www.aclibrary.org

2015% Best BBQ in Fremont Best Live Music Venue Best Blues Music Venue SMOKINGPIGBBQ.N LIVE MUSIC Friday & Saturday at 9:00 pm Fri 10/9 The Terry Hanck Band Sat 10/10 David Landon Band Fri 10/16 Hot Roux Sat 10/17



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Farmers' Markets

FREMONT:

Centerville

Saturdays

9 a.m. - 1 p.m.

Year-round Bonde Way at Fremont Blvd., Fremont (510) 909-2067 www.fremontfarmersmarket.com

Downtown Fremont Farmers' Market

Wednesdays

3 p.m. - 7 p.m.

May thru October Capital Ave. between Liberty St. and State St.

www.westcoastfarmersmarkets.org

Kaiser Permanente Fremont Farmers' Market

Thursdays

10 a.m. – 2 p.m.

www.pcfma.com

Year-round 39400 Paseo Padre Pkwy., Fremont 800-949-FARM

Irvington Farmers' Market

Sundays

9 a.m. – 2 p.m.

Year-round Bay Street and Trimboli Way, Fremont 800-949-FARM www.pcfma.com

Niles Farmer's Market

Saturdays

9 a.m. - 2 p.m.

Year-round Niles Town Plaza 37592 Niles Blvd., Fremont www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market

Saturdays 9 a.m. - 1 p.m.

Year-round Hayward City Plaza 777 B. St., Hayward 1-800-897-FARM www.agriculturalinstitute.org

South Hayward Glad Tidings Saturdays

9 a.m. - 3 p.m.

Year-round

W. Tennyson Rd. between Tyrell Ave. and Tampa Ave., Hayward (510) 783-9377 www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente San Leandro

Wednesday

10 a.m. - 2 p.m. June 11, 2014 to December 31, 2014 2500 Merced St, San Leandro

www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at ICC

Sundays

8 a.m. – 1 p.m.

Year-round India Community Center 525 Los Coches St. 800-949-FARM www.pcfma.com

NEWARK:

Newark Farmers' Market

Sundays

9 a.m. - 1 p.m. Year-round

NewPark Mall 2086 NewPark Mall, Newark 1-800-897-FARM www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round Fairmont and East 14th St., San Leandro (925) 465-4690

www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers' Market

Tuesdays

10 a.m. – 2 p.m.

Year-round Kaiser Permanente Medical Offices 3553 Whipple Rd., Union City 800-949-FARM www.pcfma.com

Union City Farmers' Market

Saturdays

9 a.m. – 1 p.m.

Year-round Old Alvarado Park Smith and Watkins Streets, Union City 800-949-FARM www.pcfma.com

FREE Adult Reading and Writing Classes are offered at the Alameda County Library

Tell A Friend Call Rachel Parra 510 745-1480



Making a Difference, One Survivor at a Time

Have you received the devastating diagnosis you have cancer and need to get to medical

appointments? We are here for you! We will transport you for FREE.

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Email: programassistant@driversforsurvivors.org www.DriversForSurvivors.org

Fridays, Oct 9 thru Oct 30

Teen Night Out!

6 p.m. - 9 p.m. Play pool, air hockey and video games Ages 12 – 17 Union City Teen Center 1200 J St., Union City (510) 675-5600 www.UnionCity.org

Thursday, Friday & Saturday, Oct 10 thru Nov 21

Juried Art Exhibit

11 a.m. - 3 p.m. Wide range of pieces and mediums Adobe Art Center 20395 San Miguel Ave., Castro Valley (510) 881-6735 www.adobegallery.org

THIS WEEK

Tuesday, Oct 6

Health Fair for Seniors

9 a.m. - 12 noon Flu vaccinations and health screenings Bring Medicare card Silliman Activity Center 6800 Mowry Ave., Newark (510) 578-4845

Wednesday, Oct 7

Open House \$

1 p.m. - 3 p.m. Docent led tours of historic home Shinn House 1251 Peralta Blvd., Fremont

(510) 793-9352

Wednesday, Oct 7 **Library Open House**

12 noon - 4 p.m. Shinn family and horticulture literature Shinn House 1251 Peralta Blvd., Fremont (510) 793-9352

Wednesday, Oct 7

Get to Know Your Medicare Options - R

6 p.m. - 8 p.m. Discuss plans and supplements Washington Hospital 2500 Mowry Ave., Fremont (800) 963-7070 www.whhs.com/events

Wednesday, Oct 7

Hayward Chamber Business Expo \$

4:30 p.m. - 7:30 p.m. Network with business leaders St. Rose Hospital 27200 Calaroga Ave., Hayward (510) 537-2424 info@hayward.org



4300 Hansen Ave. Fremont

510-797-3695

www.fremontchurchofchrist.org

Whoever Drinks Of The Water That I Will Give Him Shall Never Thirst; But The Water That I Will Give Him Will Become In Him

A Well Of Water Springing Up To Eternal Life

John 4:14 **AA Meetings Every Tues** and Thurs Evenings

7:30-9:30pm In Spanish In the Fellowship Hall

Services

Sunday: 10:45am and 6pm Wednesday: 7:30pm



Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.

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CENTER FOR HISTORY MUSEUM • ARCHIVE • RESEARCH • CAFE

What is Day of the Dead?

THURSDAY, OCTOBER 22 6:30-8:00PM

From sugar skulls to altars, Day of the Dead seems to have entered American mainstream culture. Yet, not a lot of people know its origins. Come learn more through an interactive presentation by artist and cultural educator, Anita De Lucio.

VISIT US ONLINE AT HAYWARDAREAHISTORY.ORG • 510-581-0223



Shrouded Tales Tours

Learn about true tales of tragic ends, Victorian death traditions and superstitions all sprinkled with a touch of the paranormal. \$15 for adults, \$10 for members/seniors/students. Call for tickets and more info - limited availability.

San Lorenzo Pioneer Cemetery: New Stories! Friday and Saturday, October 2 and 3, 7 & 9pm

Meek Mansion: New Findings! Friday and Saturday, October 9 and 10, 7 & 9pm

McConaghy House: New Findings! Friday and Saturday, October 16 and 17, 7 & 9pm

VISIT US ONLINE AT HAYWARDAREAHISTORY.ORG • 510-581-0223

Friday, Oct 9

Coding Kids - R

4:00 p.m. - 5:45 p.m. Create games with easy to use software Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

Saturday, Oct 10

Oktoberfest Fundraiser \$

2 p.m. - 6 p.m. Food, beer, music and dancing Benefit for Giving Hope Holiday program Shinn Park

1251 Peralta Blvd., Fremont

www.fremont.gov/Calendar Saturday, Oct 10 - Sunday,

Oct 11 **Harvest Festival \$**

10 a.m. - 5 p.m.

www.ebparks.org

(510) 552-4839

Magic show, cider pressing, music, crafts and train rides Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797

Saturday, Oct 10 - Sunday, Oct 11

Tarantula Open House

1 p.m. - 3 p.m. Meet a big hairy spider Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

Saturday, Oct 10

Bird Walk

3 p.m. - 5 p.m. Naturalist led hike Hayward Shoreline Interpretive Center 4901 Breakwater Ave., Hayward

Saturday, Oct 10

(510) 670-7270 www.haywardrec.org

Maintaining Your Sustainable Landscape – R

9 a.m. - 12 noon Drought resistant demonstration Alameda County Water District 43885 S. Grimmer Blvd., Fremont (510) 668-4200 www.acwd.org

Saturday, Oct 10

Over Criminalized

1:30 p.m. - 2:00 p.m. Documentary film on criminal justice

Niles Discovery Church of Fremont 36600 Niles Blvd., Fremont (510) 797-0895 www.nilesdiscoverychurch.org

Saturday, Oct 10

Silicon Valley Indian Lions Club Charter Night \$

6 p.m. - 9 p.m. Meeting and installation of new mem-

Golden Peacock Banquet Hall 24989 Santa Clara Street, Hayward (510) 732-2625

james.varghese@comcast.net

Saturday, Oct 10

Sewing Circle – R

10 a.m. - 12 noon Basic skills for beginners Supplies provided Newark Branch Library 6300 Civic Terrace Ave., Newark (510) 284-0684 btelford-ishida@aclibrary.org

Saturday, Oct 10

Owl's Prelude \$R

6 p.m. - 8 p.m. Docent led stroll and live interaction with owls Sulphur Creek Nature Center 1801 D. St., Hayward (510) 881-6747

Saturday, Oct 10

FamFest 5k Fun Run

www.haywardrec.org

8 a.m. Walk, run, music and food Ashland Cherryland 16335 E. 14th St., San Leandro www.haywardrec.org

Saturday, Oct 10

Bands4Bands Bandfest

1 p.m. - 5 p.m. Food, music and Salvation Army canned food drive

Hayward Memorial Park 24176 Mission Blvd., Hayward www.haywardrec.org

Saturday, Oct 10

38th Area Artists' Annual Juried Exhibit

1 p.m. - 3 p.m. Art reception and awards Adobe Art Center 20395 San Miguel Ave., Castro Valley (510) 881-6735 www.adobegallery.org

Saturday, Oct 10

Mist Netting Demonstraion - R 7:00 a.m. - 8:45 a.m.

Biologist demonstration of bird banding SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222 http://donedwardsmistnet.eventb rite.com

Saturday, Oct 10

Mammal Trapping

9:00 a.m. - 9:45 a.m. Biologists discuss endangered animals SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222

Saturday, Oct 10

Plankton Lab

11 a.m. - 12 noon View tiny organisms under a microscope SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222

Saturday, Oct 10

Live Bird Show - R

2 p.m. - 3 p.m. Behavior and habits of wild birds SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222 https://livebirdsshow.eventbrite.

Saturday, Oct 10

Twilight Marsh Walk – R

5:30 p.m. - 7:15 p.m. Stroll the tidelands at sunset Not suitable for young children SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222 x363 https://donedwardstwilight.event brite.com

Saturday, Oct 10

Day at the Museum

10 a.m. - 4 p.m. Make dried flower arrangements Museum of Local History 190 Anza Street, Fremont (510) 623-7907 www.museumoflocalhistory.org

Sunday, Oct 11

Birds, Tides and Sunsets

5:30 p.m. - 7:30 p.m. Shore birding in the golden hour Hayward Shoreline Interpretive 4901 Breakwater Ave., Hayward (510) 670-7270 www.haywardrec.org

Sunday, Oct 11

Weekend Weed Warriors

1 p.m. - 4 p.m. Volunteers remove trash and invasive

Hayward Shoreline Interpretive Center

4901 Breakwater Ave., Hayward (510) 670-7270 www.haywardrec.org

Sunday, Oct 11

Niles Canyon Stroll and Roll

8 a.m. - 2 p.m. Follow Charlie Chaplin's footsteps Walk or bike only Canyon closed to autos traffic Vallejo Mill Park 598 Orangewood Dr., Fremont https://highway84.eventbrite.com

Sunday, Oct 11

Art and Wine Fest

10 a.m. - 5 p.m. Food, music, car show, arts and crafts Old Alvarado Park 3871 Smith St., Union City (510) 329-9240 www.UnionCity.org

Monday, Oct 12

Hayward Auxiliary Luncheon \$

12 noon Lunch, bingo and raffle Eagles Hall 21406 Foothill Blvd., Hayward (510) 782-8187

Monday, Oct 12

Medicare Part D Prescription Plan – R

9:30 a.m. - 11:30 a.m. Open enrollment information and gap coverage Washington Hospital 2500 Mowry Ave., Fremont (800) 963-7070 www.whhs.com/events

Tuesday, Oct 13

Bird Walk

7:30 a.m. - 9:30 a.m. Enjoy a tranquil walk thru parklands Garin Regional Park 1320 Garin Ave., Hayward (510) 544-3220 www.ebparks.org

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SUN. OCTOBER 11TH 2:00 PM-4:00 PM. BREAST CANCER **AWARENESS:**

Release old stress, create new life Call Fremont Body & Brain Center or email to reserve your seat. 39360 Fremont Blvd. Fremont (510) 742-9642

email Fremont@BodynBrain.com





50th Annual Art Show September 22-October 17 2015

The association is celebrating its 50th Annual Art Show. Members and the general public are invited to submit two and three-dimensional art for this juried show. For the first time all applications, submissions and payments will be done on line. The general public is welcome to submit entries. Works for the show will be selected through a juried process.

http://tinyurl.com/faaannualshow

BOOKMOBILE SCHEDULE

Alameda County Renew books by phone (510) 790-8096 For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org. Times & Stops subject to change

Tuesday, Oct 6

9:45–10:15 Daycare Center Visit - FREMONT 10:45 – 11:15 Daycare Center Visit - FREMONT 2:15 – 2:45 Daycare Center Visit - NEWARK 4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., **FREMONT** 5:50 – 6:40 Booster Park, Gable

Wednesday, Oct 7

Dr. & McDuff Ave., FREMONT

12:45 – 2:15 Glenmoor School, 4620 Mattos Drive, FREMONT 2:45 – 3:45 Mission Hills Middle School, 250 Tamarack Dr., **UNION CITY** 4:00 - 4:30 Purple Lotus Buddhist School, UNION CITY 6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday, Oct 8

10:00 - 10:30 Daycare Center Visit, CASTRO VALLEY 10:45 – 11:45 Daycare Center Visit, CASTRO VALLEY 1:20 – 1:50 Daycare Center Visit, HAYWARD 2:15 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD

Monday, Oct 12

9:30 - 10:05 Daycare Center Visit, UNION CITY 10:25 - 10:55 Daycare Center Visit, UNION CITY 1:45 – 2:45 Delaine Eastin

School, 34901 Eastin Dr., **UNION CITY** 4:15 – 4:45 Contempo Homes, 4190 Gemini Dr., **UNION CITY** 5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Cir., **FREMONT**

Tuesday, Oct 13

9:45 - 11:30 Daycare Center Visit - FREMONT 2:30 - 3:25 Cabrillo School, 36700 San Pedro Dr., **FREMONT** 4:45 - 5:30 Baywood Apts., 4275 Bay St., FREMONT 5:50 – 6:30 Jerome Ave. and Ohlones St., FREMONT

Wednesday, Oct 14

1:00 – 2:00 Del Rey School, Via Mesa at Via Julia, SAN LORENZO 2:30 – 3:00 Eden House Apts., 1601 165th Ave., SAN LEANDRO 3:30 – 4:00 Baywood Ct., 21966 Dolores St., **CASTRO VALLEY** 6:00 - 6:30 Camellia Dr., & Camellia Ct., FREMONT

Milpitas Bookmobile stops Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060

Wednesday, Oct 14

1:45 – 3:00 Foothill School, 1991 Landess Ave., MILPITAS 3:15-3:45 Friendly Village Park, 120 Dixon Landing Rd., **MILPITAS**



Annual exhibit gathers

Krtists' best

SUBMITTED BY ADOBE ART GALLERY

Opening October 10, the 38th "Area Artists' Annual Juried Exhibit" showcases the best art from the Bay Area art community, housed in Castro Valley's Adobe Art Gallery.

Renowned muralist and master painter Daniel Galvez served as this year's judge with the challenging task of selecting 71 pieces to exhibit from a total of 180 pieces entered. The judging was a "blind judging," the names of artists not revealed, and based on actual pieces – not merely digital files viewed on a computer screen.

Gallery Director Susan Eady said the response of artists "is the most I've seen in the past five years that I've been at the Adobe Gallery." Galvez also selected Award of Merit winners (\$150) and Honorable Mentions, which will be announced at the Artist Reception.

61 artists will be represented in mediums including acrylic, oil, water-color, mixed media, encaustic, pastel, monoprints, cut paper, pencil, clay, and photography (including digital and "old school" gelatin silver prints).

"The artwork is excellent – and quite varied, reflecting the wonderful, thriving art community in our area!" said Eady.

Congratulations to selected artists: Hollie Adamic, Myriam Espinosa Aguirre, Kay Athos, Ellen Bailey, Rosa Bazzani, Dorothy Beardslee, Michael Belew, Carol Bettencourt, Louis Bodas, Carol Jones Brown, Nick Calarco, Valerie Caveglia, Robert D. Chavez III, David Cornetet, Atilla Cziglenyi, Pushpa Dalal, Philip Denst, Patricia Devitt, Jo-Ann Maggiora Donivan, Sheila Fimreite, Chip Fricke, Dorothy Gantenbein, Richard Geiger, Nancy Hansen, Kathleen Hardwig, Juanita Hemanes, Kin Hsieh, Nina C. Kindblad, Ellen King, Tammy Landon, Emily Limon, Bev Lindsay, Karla Lopez, Janet Lyons, Ann Maloney-Mason, Robin McCoy, Fiona Miller, Al Murdach, Jason Oberbeck, Edward Ortman, Bim Paras, Maria Luisa Penaranda, Aphra Pia, James Prokes, Susan Quinn, Stevie Ray, Peg Robinson, Anthony Rollins, Madeline Mischo Shelby, Bruce Small, Nan Soldahl, Kevin Swanson, Ruey Syrop, Alani Taira, Gerald Thompson, Bianca Tummings, L Renea Turner, Azar Vaghefi, Kathy Wahrer, Doyle Wegner, and Robert Wolff.

The Opening Artist Reception & Awards Presentation is Saturday, October 10. The public is invited and admittance is free. Light refreshments will be available with awards announced at 1:45 p.m.

38th Area Artists' Annual Juried Exhibit Saturday, Oct 10 – Saturday, Nov 21 Thursday-Saturday, 11 a.m. – 3 p.m.

> Artist Reception & Awards: Saturday, Oct 10 1 p.m. – 3 p.m.

Adobe Art Gallery 20395 San Miguel Ave, Castro Valley adobegallery@haywardrec.org www.adobegallery.org

Teacher of the Year Awards

SUBMITTED BY PATRICK GANNON

Help celebrate this year's 18 district teachers of the year and find out who will be selected as the Alameda County Teacher of the year.

Get your tickets before it's too late. Tickets are \$20 for adults and \$5 for students. Join the festivities in honoring these inspirational educators and teachers for the difference they make in our students each and every day.

Alameda County Teacher of the Year Awards
Thursday, Oct 8
6 p.m. – 7 p.m. / Hors D'oeuvres Reception
7 p.m – 9 p.m. / Ceremony
Castro Valley Center for the Arts
19501 Redwood Rd, Castro Valley
(510) 670-7754
www.acoe.org
\$20 adults/ \$5 students

Health fair and workshops in October

SUBMITTED BY SUCY COLLAZO

On Saturday, October 10, the community is invited to visit Newark Community Park and take advantage of free health screenings and services, a day of entertainment, and a chance to win raffle prizes. This free health fair is ran by a bi-national Tri-City Committee joined by Tiburcio Vasquez Health Center, Kaiser Permanente, Arteaga's Food Center, Mexico Tortilla Factory, Unitek College and more.

Newark Health Fair Saturday, Oct 10 10 a.m. - 2 p.m. Newark Community Park 35501 Cedar Blvd, Newark Free

In addition to the community health fair, here are upcoming health workshops in the Tri-City area for the month of October: Recognizing and
Celebrating Seniors
Friday, Oct 16
10 a.m. – 1 p.m.
Ruggieri Senior Center
33997 Alvarado-Niles Rd,
Union City
Free

How Alzheimer's is
Impacting Our Families
Oct 19
10 a.m.-12 p.m.
Newark Unified School
District Office
5715 Musick Ave, Newark
Free

Traditional Healing
Drumming Circle
Oct 21
10 a.m. - 12 p.m.
Newark Unified School
District Office
5715 Musick Ave, Newark
Free









Fremont Art Association 37697 Niles Boulevard Fremont, CA 94536 (510)792-0905

50th Annual Art Show September 22-October 17 2015

The association is celebrating its 50th Annual Art Show.

Members and the general public are invited to submit two and three-dimensional art for this juried show.

For the first time all applications, submissions and payments will be done on line.

The general public is welcome to submit entries. Works for the show will be selected through a juried process.

http://tinyurl.com/faaannualshow

The Healing Power of the Bible

Saturday, October 17

Ham

Explore specific Bible verses that heal the heart & cure disease.

Learn Jesus' tips for prayer & healing

First Church of Christ Scientist 1351 Driscoll Road, Fremont

Northern corner of Driscoll Road and Durillo Drive 1/2 mile south west of Mission Blvd.



25 years Christian Healing Ministry
Spoken 17 countries & over 300 countries
Chaplain for homeless agency
Teaches classes in Christian Science healing
Member Christian Science Board of Lectureship
www.Elisemoore.com

Elise L. Moore

http://fccsf.hypermart.net/church/index.html

Free parking next to the church Child care provided

Tuesday, Oct 13

Milpitas Business Breakfast \$

7:30 a.m. - 9:00 a.m. Discuss Social Media Milpitas Senior Center 40 North Milpitas Blvd, Milpitas (408) 586-3400

www.milpitaschamber.com
Friday, Oct 16 - Sunday,

Oct 18 Christmas Open House

Fri: 6 p.m. - 9 p.m. Sat & Sun: 10 a.m. - 6 p.m. Gifts and novelties

\$100 gift certificate drawing My Friends and I 37521 Niles Blvd, Fremont

(510) 792-0118 www.myfriendsandiniles.blogspot.com

Saturday, Oct 17 - Sunday, Oct 18

Fremont Friends of the Library Book Sale \$

Sat: 10 a.m. - 3 p.m. Sun: 12 noon - 3 p.m. \$1 per inch stacked; clearance Sunday \$5 per bag

Bring your own bags Fremont Teen Center 39770 Paseo Padre Pkwy., Fremont (510) 494-1103



NewPark Mall

(Upstairs next to Burlington)

Every Friday 4-7pm Saturday & Sunday Noon - 3pm

BLACK IS THE NEW BLACK

Black cats are the least likely to be adopted from American shelters and rescues because of superstition and bias. But elsewhere in the world- and throughout history- black cats have long symbolized blessings, fortune and good luck.



PURRFECT CAT RESCUE

to find out first-hand what wonderful, loving pets black cats really make

Harvest of Songs concert

SUBMITTED BY SOUTH HAYWARD UNITED METHODIST CHURCH

South Hayward United Methodist Church (SHUMC) is proud to present the Saringhimig Singers at their choral concert, "Harvest of Songs," on Saturday, October 17 in Hayward.

The Saringhimig Singers are a Filipino American choir based in San Francisco. They are a group of highly professional volunteer singers who are dedicated to superior choral performances in all styles. The singers perform throughout the Bay Area and internationally. The choir has won numerous international awards including the Best Choir in the World Choral Festival in Puebla, Mexico in 2003 and first and second prize at the Kathaumiwx International Choral Competition in Powell River, British Columbia, Canada in 2006. The choir's maestro, George Gemora Hernandex formed the singers in 1974 at the Univer-

sity of the Philippines together with the other students from the College of Music.

"We are delighted to host the Saringhimig Singers," says Rev. Rochelle Frazier, pastor of South Hayward. "Our choirs will also perform. The evening will be a spectacular event of musical excellence."

The cost of the concert is \$10; net proceeds will be used to renovate the SHUMC's Kostal Hall. The hall will be used for ministries in our community. For more information, please contact us at (510) 780-9599.

Harvest of Songs Concert Saturday, Oct 17

7 p.m.
South Hayward United Methodist Church
628 Schafer Rd, Hayward
(510) 780-9599
\$10

Think Pink Health Fair

SUBMITTED BY LUCY HERNANDEZ

Join Washington Hospital Healthcare System for the 7th annual "Think Pink" health fair on Thursday, October 15 at Washington West's Tent Atrium; participate in an evening focused on breast health education. Think Pink is a free program geared for women to raise breast health awareness by offering the latest information on breast care and other tips for healthy living.

Experts will speak on reconstruction after prophylactic mastectomy; research updates from the

Cancer Prevention Institute of California; and identifying dietary elements which reduce the risk of cancer. Register online at www.whhs.com or call (800) 963-7070.

Think Pink Health Fair
Thursday, Oct 15
5 p.m. – 6 p.m.: Health Fair
6 p.m. – 7:30 p.m.: Program
Washington West Tent Atrium
2500 Mowry Ave, Fremont
(800) 963-7070 www.whhs.com

JOBST Leg Health Week!

Mon. Oct 5 - Fri. Oct 9 The Rep will be here Wed. Oct. 7 10-2pm



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- ☑ Reduce swelling
- ☑ Relieve the pain of mild varicose veins
- ☑ Improve blood flow
- ☑ Revitalize your legs

M-F 9-6:00-Sat 9-4

(510) 797-2221 4067 Peralta Blvd. Fremont





Friday, October 16 12 noon - 6pm

and Saturday
October 17
9am-4pm



SPONSORED BY The American Legion Auxiliary



Contact: Susan Peters 510-656-6848 or susan.peters251@yahoo.com

Niles Veterans Building 37154 2nd Street, Niles Fremont

ry a FREE Class Today! New Programs Added! More Classes! New Tot Area! Top Flight Gymnastics 5127 Mowry Ave Fremont 94538 (In the corner near New India Bazar) *ASL/ Signing Gymnastics *Cheer *Rhythmic Gymnastics *Wushu Ages!

*Recreational & Competitive Gymnastics, Boys & Girls!

*FLIGHT NIGHT 2X A MONTH! ("Parents' Night Out")

Www.TopFlightFremont.net Call for more Details

*Tramp and Tumbling

*Birthday Parties

510.796.FLIP (3547)



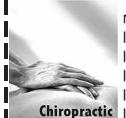
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www.insurancemsm.com



A matchup that didn't disappoint

Football

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The game on October 2nd between Moreau Catholic (5-0) and American High (4-1) at Tak Fudenna Stadium in Fremont was previewed as the Mission Valley Athletic League (MVAL) football "game of the year" and it lived up to expectations. Both teams had a lot to gain or lose... if the Moreau Catholic Mariners won they would have a commanding two game lead in the MVAL and if American's Eagles won, they would move into a tie for the league lead.

Quarterback Junior Diala got things going in the right direction for the American High Eagles as he passed on the very first offensive play of the game for a 40 yard gain. The Eagles moved the ball 65 yards on the opening drive to score. Junior Diala then completed a pass to Lamar Reid Jr. for a 35-yard touchdown pass and a two-touchdown lead.

But then Moreau came fighting back as Jullen Ison made it a much tighter game as he found the end zone cutting the lead in half. The Eagles, however, were not done as Junior Diala connected again with Aaron Bell for a 19-yard touchdown with 3 seconds left in the half to lead 20-7, passing for 270 yards; 198 in the first half. The Eagles defense was outstanding as they stalled two Mariners drives including two great interceptions, giving up just 53 yards.

The game was a real battle to the end after the Mariners, first drive of the second half came up short. American moved the ball 70 yards with a game plan of running down the clock as they took 7 very important minutes off the clock. However, the Mariners did not go away; Quarterback Ryan Regner found an open Alex Johnson on the American one yard line and then marched the ball into the end zone.

Then the Mariners defense rose to the moment by shutting down the Eagles offense and getting the ball back. There was hope for the Mariners as Ryan Regner found Johnny Den Bleyker who made great moves to be wide open for a 70-yard pass to the American 6 yard line. With great moves, Ison scored. It was now 27-20, American leading, with 5:57 left.

With the game on the line, the bottom fell out for the Mariners when they moved the ball to the American 37 yard line but came up short on fourth down. The Eagles let the clock run out, cementing the win. Final score: Eagles 27, Mariners 20





Digs Record Falls in Five-Set Marathon

Women's Volleyball

SUBMITTED BY STEVE CONNOLLY

The Cal State East Bay volleyball team was defeated narrowly by visiting Cal State Dominguez Hills in a thrilling five-set match at Pioneer Gymnasium October 2nd (24-26, 25-21, 25-16, 21-25, 10-15). The teams combined for 460 attack attempts and 156 digs in an epic, back-and-forth contest that was extremely evenly-matched and featured dozens of long rallies. East Bay hit .116 overall, while the Toros posted a .114 percentage.

Despite the loss, it was a record-breaking night for the Pioneers (3-11, 1-5 CCAA), as two individuals surpassed the program record for digs in a single match. Senior libero Angie Maina racked up 41 scoops to top the previous record of 39, which was held by Veronica Sanchez. Junior Darlene Lee turned in a phenomenal defensive effort and totaled 43 digs to become the program's new record holder.

Leuteneker was the Pioneers' leading scorer, posting a double-double with 16 kills and 16 digs to go along with three block assists. Sophomore Kiani Rayford also reached double figures in kills with 11. In the middle, Kathy McKiernan added eight kills with just one attack error on the night. Fellow freshman Deja Thompson also totaled eight kills and turned in four block assists to lead the team.

Maina now leads the California Collegiate Athletic Association (CCAA) in both digs and service aces. She and Lee each notched two aces on this night to go along with their remarkable dig totals. Fellow defensive specialist Brandi Brucato tallied 18 scoops, which was one shy of her season high. Setter Kylie Fraga filled up the scoresheet with 46 assists, eight digs, and seven kills on 19 attempts.

LETTER TO THE EDITOR

Statement of sympathy to Umpqua Community College

Ohlone College President, Dr. Gari Browning issued the following statement regarding the tragic shooting at Umpqua Community College in Roseburg, Oregon.

"Our heartfelt sympathy goes out to the victims and their families and to the community of Roseburg in the wake of this tragedy.

"At Ohlone College, we give highest priority to the safety and security of our students, faculty and staff. Ohlone is continually in close communication with local authorities and engages in emergency and disaster preparedness on an ongoing basis. Some of the most recent activities include the local police force conducting a training activity for an 'active shooter' scenario on our Fremont campus, administrators participating in a tabletop exercise to walk through a response to this type of incident, and

regular reviews of our emergency procedures by the college's emergency resource team.

"Ohlone Community College District uses an emergency mass notification system to provide the Ohlone community and other subscribers with timely advisements of emergencies which occur on either campus, distributed simultaneously through multiple communication formats. The college has a team of trained professionals that includes

sworn police officers and other members of our safety and security team who are here to safeguard the District.

"Again, our hearts are with our colleagues at Umpqua College and the entire community as they cope with this tragedy."

Women's Volleyball

Ohlone Renegades Report

SUBMITTED BY JEREMY PENAFLOR

Ohlone College vs. West Valley College September 30, 2015

Ohlone d. West Valley 3-1 (17-25, 25-11, 25-12, 25-18)

- Sophomore opposite (right side) hitter Audrey Vaughn led in kills and service aces with 12 kills and 3 aces.
- Sophomore setter Camaryn Bricker led in assists with 40 to go with 15 digs, 6 kills (no errors), and a 0.667 hitting percentage.
- Sophomore libero Krissa Marie San Juan led in digs with 27.

Ohlone College vs. De Anza College

October 2, 2015 Ohlone d. @De Anza 3-0 (25-17, 25-18, 25-17)

- Sophomore outside hitter Jenni Brochu led kills with 11 to go with 1 service ace, 12 digs, and a 0.455 hitting percentage.
- Sophomore outside hitter Alexis Chang led in service aces with 3.
- Freshman middle blocker Carley Ward led the team in blocks with 2 to go with 8 kills.
- Sophomore setter Briana Hill led the team in assists with 17.

Women's Volleyball

Irvington remains undefeated in MVAL Girls Volleyball

SUBMITTED BY MARCUS YOUNG

On Tuesday, September 29, Irvington High School (Fremont) defeated Moreau Catholic (Hayward) 25-19, 16-25, 25-19, 21-25, 15-8. Irvington stat leaders: Gabi Charbeneau: 25 digs, 13 kills Emily Kao: 40 assists, 4 kills, 4 aces, 3 digs Melissa Talbot: 32 digs Savannah Fox: 13 kills, 8 digs, 5 aces Sofia Aguirre: 13 digs, 11 kills

On Thursday, October 1, Irvington defeated Mission San Jose 25-23, 25-21, 25-16. Irvington is now 13-6 overall and 4-0 in the MVAL. Irvington stats:

Gabi Charbeneau: 9 kills, 8 digs

Emily Kao: 31 assists, 2 aces, 2 digs Melissa Talbot: 21 digs Savannah Fox: 8 kills, 3 blocks Sofia Aguirre: 8 kills, 6 digs, 3 aces

Pioneers place 18th at NCAA Championship preview

Women's Golf

SUBMITTED BY STEVE CONNOLLY PHOTO BY ANDY SCHLICHTING

The Cal State University East Bay (CSUEB) women's golf team moved up one spot on September 29 to place 18th at the NCAA Division II Championship Preview tournament, hosted by Metro State at the par-72 Commonground Golf Course.

The CSUEB Pioneers followed up their 328 on September 28 with a 331 (+43) on September 29's final round to finish the week at 659 (+83). They bested both Colorado Christian (+85) and Colorado Springs (+98). Tarleton State captured the team championship at +12, followed by Dallas Baptist (+19) and Augustana College (+20).

Senior Melissa Hosman led East Bay on Tuesday, carving nine strokes off her first round score. The Castro Valley native shot 78 (+6), highlighted by a birdie and a team-high 11 pars. She finished the tournament tied for 74th in the overall field of 100 golfers with a total of 165 (+21).

Lulu Huang stumbled a bit with an 86 (+14) in the second round, but still finished with the team's lowest two-round score. The sophomore totaled 163 (+19), tied for 65th individually.

Sophomore Taylor Wyss matched Huang's 86 (+14) on Tuesday and matched Hosman's total score of 165 (+21) for



the tournament. Fellow second-year player Sienna Starck was right on her heels at 166 (+22) in 77th place. Starck turned in CSUEB's second-best card of the day with an 81 (+9).

Newcomer Kelsi Valenzuela wrapped up her first event as a Pioneer with a 92 (+20) in the second round to finish in 96th place at 180 (+36).

Junior Varsity Action



Football

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Moreau Catholic Mariners junior varsity team is off to a great start great with an undefeated record of 6-0. In their last outing against the American High Eagles Junior Varsity on October 2nd, they continued their impressive on-field performance with a convincing 31-8 win.

Moreau's coaching staff is optimistic about what the future holds for these young players as this game was seen as a significant test. Both teams have excellent potential on their squads for future varsity replacements. The score was not indicative of the hard fought contest.

Fremont Football League action





SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

Competition remains fierce in Fremont Football League action. Players continue to show impressive skills in all three divisions.



THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

Find Kid Scoop on Facebook I

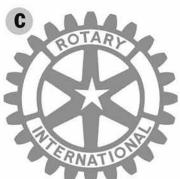


Kid Scoop Together: Twin Emblems

You may have seen the Rotary International emblem in your town. Nearly every community has a Rotary Club with members that are dedicated to serving the community. Look carefully at the emblems below. The











ANSWER: A & D.



DECADE

a period of ten years.

in a sentence today when talking with your friends and family members.

two that are exactly alike are Rotary's official emblem.









The noun **decade** means

It has been a decade since we had flooding in the area.

Try to use the word decade

How to Wipe Out a Deadly Disease Can you number the parts More than 30 years

of this story in the correct order?

> The situation was even sadder because a vaccine that could prevent people from getting polio had been invented.

It was so successful that Rotary International made it a goal to wipe polio off the face of the earth. For the past 30 years more than 2.5 billion children have been given the life-saving polio vaccine. Today, polio remains active in

only three countries.

Dr. Santos asked members of Rotary clubs throughout the Philippines to vaccinate the children in their communities. More than 6 million children were immunized against polio. It was a huge success.

Dr. Benny Santos belonged to an international club called Rotary. He wrote a letter to the International President of Rotary asking if all of the Rotarians in the Philippines could volunteer to immunize the country's children. The President of Rotary and his committee approved the idea.

ago, a doctor in the Philippines named Dr. Benny Santos was very upset about the number of people in his country who had a disease called Polio.

Polio caused people to become physically disabled. Some had problems breathing. Many died.

What is polio?

Most kids in North America don't know what polio is because there have been no new cases here for decades. That is because of the polio vaccine. Polio is an illness that can lead to paralysis of your spine and or/limbs and can sometimes cause death.

Fill in the missing vowels to find out the names of the last three countries with polio.* P_K_ST_N FGH_N_ST_N



Healthcare workers travel from village to village to make sure they reach all children with the polio vaccine





People in India celebrating their country's four years since their last case of polio.

People Care

Look through the

newspaper for

examples of three

people helping

others. Cut out their pictures and/or

names and glue them

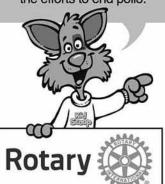
to a piece of paper.

Write one to three sentences about how

these people are

helping others. Standards Link: Research: Use the newspaper to locate information.

What is Rotary? It's a global network of volunteers. Find out if you have a Rotary Club in your community that might have a member who can speak to your class about the efforts to end polio.



A Special Test

Rotarians have a short test with only four questions. Use the code to discover the four questions Rotarians ask themselves about everything they say or do.

Is it the

Is it V to all concerned?

Will it build and

Will it be 0 to all concernea! ■ = GOODWILL ■ = BETTER ■ = GOOD

▼ = FAIR ■ = BENEFICIAL = TRUTH = FRIENDSHIPS = TRUST

If everyone asked themselves these four questions before they said or did something, how would it make the world a better place?

In 1988, when the Global Polio Eradication effort began, there were 350,000 cases of polio each year – about 1,000 cases a day. To find out how many there have been so far this year, color in the spaces with two dots.

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Double

DISEASE VILLAGE ROTARY **POLIO INDIA** SPINE CASES **UPSET** CLASS

KIDS

IDEA

LIFE

GOAL

VACCINATE

PROBLEMS

V S I M M U K O D N IMIAIDNIZC LEYEDASLDA LLEREEEOCS ABGFANAPLE GOISITNAAS EREPSLOTSP UPSETGORSL ETANICCAVI

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

Find the words in the puzzle. Then

look for each word in this week's

Kid Scoop stories and activities.

FROM THE COOP LESSON LIBRARY

Look through the newspaper to see if you can you find any examples of Rotarians at work in your community. If not, find an example of a community volunteer. Find a way to write and send that person a thank you letter.

Rotary in your town?

Standards Link: Research: Use the newspaper to locate information.



vrite On! 🍪 Why tell the truth?

Tell about a time you were tempted to lie but had the courage to tell the truth.

Volunteers: Our guiding lights to togetherhood

SUBMITTED BY MACKENZIE HUNT

The Fremont/Newark YMCA is pleased to recognize Rialyn Cortez as our Youth of Character award recipent and Donna Castaldo as our Adult Volunteer of the Year.

Rialyn and Donna have contributed to the Y's mission throughout this past year and truly stood out among the rest. Along with being an officer for our Youth & Government Teen Leadership Program, Rialyn volunteered over 200 hours this summer at our day camp. With her positive attitude and smiling face, she is an incredible role model to the younger youth of the Y.

Donna has been a member of our Y for the past six years. She is always the first to lend a hand to whoever needs it. Another longtime Y member summed up Donna per-



Donna Castaldo as our Adult Volunteer of the Year

fectly by telling us," If she's got it, you've got it." Donna plans many events for the mem-



Rialyn Cortez as our Youth of Character award

bers at the Y and never forgets a birthday! We are honored to have her as a part of our Y.

Both award recipients will be recognized at the 136th Annual Meeting and Volunteer Recognition Ceremony for the YMCA of the East Bay on October 22. On this night, we honor the true spirit of volunteerism and the partnerships which improve the community and make possible the accomplishments and impact of the YMCA. Our prestigious You Are the Difference, The Diffy, award will be presented to Rialyn and Donna on this night.

You Are the Difference Awards
Thursday, Oct 22
6 p.m. – Cocktail hour
7 p.m. – Program
Oakland Marriott
1001 Broadway, Oakland
RSVPs required: (510) 657-5200
fninfo@ymcaeastbay.org

Rotarians and Interactors help beautify Blacow Elementary School

SUBMITTED BY TERRI LANDON

Twenty Niles Rotarians and 15 Niles Rotary Interactors from Robertson High School participated in the 3rd Annual Community Service Project on September 19 at Blacow Elementary School in Fremont. Blacow Elementary School (a Title One school) in Fremont has been adopted by the Niles Rotary Club as the school for which a portion of the Club's District Designated Funds from Rotary District 5170 are used each year.

This year, Niles Rotarians and Interactors, replaced rotted benches, re-planted a barren planter with drought tolerant plantings and drip system and replaced basketball backboards. Past projects at Blacow include replacing benches, adding a second door to an existing classroom so it could be used for





Pre-school and Kindergarten classes and spreading bark in playground areas.

Hayward to honor titans of public service

SUBMITTED BY CITY OF HAYWARD

Hayward public service organizations will gather on Tuesday, October 6 under the Grand White Tent at St. Rose Hospital to celebrate the generosity, vision and civic pride of another spate of exceptional Hayward volunteers led by distinguished award winners Ilene Weinreb; Jean Gocker and Steve Sapontzis; Obray Van Buren; and Kay Thomas. Since the dinner's 1977 inception, more than 500 local volunteers have been honored for their valuable contributions to the Hayward community. The event has become a veritable "Who's Who" of the civically engaged brought together under the banner of service to Hayward.

"It's impossible to look at the extraordinary civic contributions of each of this year's winners and not come away both humbled and inspired," said City spokesperson Frank Holland. "This year's honorees are defined

not only by their incredible achievements, but also by their vision, passion and dedication."

Weinreb, the first woman to be elected mayor of Hayward, is recognized as a visionary in the field of affordable housing and senior housing, raising the issue long before most people in the region foresaw an impending crisis. She will receive the Gail Steele Lifetime Achievement Award. The event will also pay tribute to Jean Gocker and Steve Sapontzis, a husband-andwife team that has worked tirelessly behind the scenes for decades to support and expand Hayward Animal Shelter and its services. Fittingly, Gocker and Sapontzis will receive the John N. Pappas Humanitarian Award.

In addition to the five distinguished award winners, the event will honor 39 "Hearts of Hayward" volunteers who have made a significant and indelible mark on the community with hundreds of hours of community service and their unqualified commitment to the City and its residents.

Cypress Mandela Training Center orientation

SUBMITTED BY OFFICE OF CTY SUPERVISOR RICHARD VALLE

Cypress Mandela Training Center Union City Pre-Apprenticeship Program is hosting orientations in October to look for new participants for its program. The preapprenticeship program is a green construction training program to help participants earn career with living wages, benefits, and a pension. For interested participants, please attend the orientation on Thursday, October 15 in Union City.

The free training program includes:
Free co-ed instructional training, Job
readiness skills, College credit, Green technology and pathways, 8-week Environmental
Certification Training (EPA funded), Heavy
highway and construction training, Job
placement assistance (upon successful completion of training program), Solar concepts
and engineering, and PG&E/Cypress Mandela PowerPathways - Bridge to utility GSR

boot camp (upon successful completion of training program).

For the Green Jobs Corp you must complete the 16 week prerequisite in general construction and be at least 18 years of age.

Requirements for eligibility:

- 1. High school diploma or GED Certifi-
- 2. Valid California driver license
- 3. Social Security card
- 4. DMV print out
- 5. Proof of citizenship
- 6. Basic skills test (10th grade math and English)

Women and veterans are strongly encouraged to apply. For questions, please contact Union City Youth and Family Services Case Managers Sergio Abundis at (510) 675-5819 or Fabiola Camarillo at (510) 675-5820 or visit www.cypressmandela.org.



Cypress Mandela Training Center Orientation Thursday, Oct 15 8:30 a.m.

Union City Training Center 725 Whipple Ave, Union City (510) 675-5819 / (510) 675-5820 www.cypressmandela.org

Attention Mt. Eden High School students

Submitted by Anna Laveria May

Make history as the first ever high school student to attend the Leadership Hayward program! The Mt. Eden High School Alumni Association & Educational Foundation Leadership Hayward Scholarship applications for the 2015-2016 graduating class are due by 5 p.m. on November 2.

Leadership Hayward features eight monthly-one-day sessions, from November through June. Each session will focus on a general topic presented by experts. Topics include team building, heritage and cultural awareness; economic and public policy; community design and transportation; health and human services; education; arts and recreation; public safety and disaster preparedness; and public facilities.

Participants receive professional development credit from the Continuing Education, University

Extension Division of California State University, East Bay (CSUEB). The June graduation luncheon concludes with the mayor's State of the City address and is attended by local and state elected officials and other dignitaries.

Approximately 20 individuals participate each year, representing a cross section of Hayward's diverse private and public sectors, cultures and age groups.

Participants have included bankers, retailers, restauranteurs, teachers, professors, police officers, firefighters, medical personnel, nonprofit staff, and city employees. Businesses have been represented by executives, managers and staff. The selection criteria includes a commitment to Hayward's well-being, to regular attendance and active participation.

For further information or to obtain a registration form, call (510) 886-2662.

Vision Zero traffic safety policy

SUBMITTED BY CITY OF FREMONT

On September 15, the Fremont City Council adopted the Vision Zero traffic safety policy goal of eliminating traffic fatalities by facilitating safer streets, safer travel behaviors, and safer vehicles.

The Vision Zero concept was first initiated in 1997 by Sweden and has since been adopted by other European countries and more recently, U.S. cities such as New York, San Francisco, and San Jose.

The best practices identified in the Vision Zero programs in-

clude focusing on the 4E's of safety: Evaluation, Engineering, Enforcement, and Education. The City of Fremont is already implementing many of the best practices and is rated among the safest cities in California and the nation for relatively low rates of traffic fatalities and injury crashes. City staff will prepare a "Vision Zero Fremont" status report and action plan for completion in early 2016.

For more information about the Vision Zero Fremont policy, please contact Sheila Marquises via SMarquises@fremont.gov or (510) 494-4747.

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency **MEETINGS**

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council Ist/2nd/3rd Tuesday @ 7 p.m. City Hall, Bldg A 3300 Capitol Ave., Fremont (510) 284-4000 www.fremont.gov

Hayward City Council Ist/3rd/4th Tuesday @ 7 p.m. City Hall, second floor 777 B Street, Hayward (510) 583-4000 www.ci.hayward.ca.us

Milpitas City Council 1st/3rd Tuesday @ 7 p.m. 455 East Calaveras Blvd., Milpitas (408) 586-3001 www.ci.milpitas.ca.gov

Newark City Council 2nd/4th Thursday @ 7:30 p.m. City Hall, 6th Floor 37101 Newark Blvd., Newark (510) 578-4266 www.ci.newark.ca.us

San Leandro City Council Ist/3rd Monday @ 7 p.m. 835 East 14th St., San Leandro (510) 577-3366 www.sanleandro.org

Union City City Council 2nd/4th Tuesday @ 7 p.m. 34009 Alvarado-Niles Rd., Union City (510) 471-3232 www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District 2nd Thursday @ 6:00 p.m. 43885 S. Grimmer Blvd., Fremont (510) 668-4200 www.acwd.org

East Bay Municipal Utility District 2nd/4th Tuesday @ 1:15 p.m. 375 11th St., Oakland (866) 403-2683 www.ebmud.com

Santa Clara Valley Water District 2nd/4th Tuesday @ 6:00 p.m. 5700 Almaden Expwy., San Jose (408) 265-2607, ext. 2277 www.valleywater.org

Union Sanitary District 2nd/4th Monday @ 7:00 p.m. 5072 Benson Rd., Union City (510) 477-7503 www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board 2nd/4th Thursday @ 7:00 p.m. 4400 Alma Ave., Castro Valley (510) 537-3000 www.cv.k12.ca.us

Fremont Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 4210 Technology Dr., Fremont (510) 657-2350 www.fremont.k12.ca.us

Hayward Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 24411 Amador Street, Hayward (510) 784-2600 www.husd.k12.ca.us

Milpitas Unified School Board 2nd/4th Tuesday @ 7:00 p.m. 1331 E. Calaveras Blvd., Milpitas www.musd.org (406) 635-2600 ext. 6013

New Haven Unified School Board Ist/3rd Tuesday @ 6:30 p.m. 34200 Alvarado-Niles Rd., Union City (510) 471-1100 www.nhusd.k12.ca.us

Newark Unified School District Ist/3rd Tuesday @ 7 p.m. 5715 Musick Ave., Newark (510) 818-4103 www.newarkunified.org

San Leandro Unified School Board Ist/3rd Tuesday @ 7:00 p.m. 835 E. 14th St., San Leandro (510) 667-3500 www.sanleandro.k12.ca.us

San Lorenzo Unified School Board Ist/3rd Tuesday @ 7:30 p.m. 15510 Usher St., San Lorenzo (510) 317-4600 www.slzusd.org

Sunol Glen Unified School Board 2nd Tuesday @ 5:30 p.m. 11601 Main Street, Sunol (925) 862-2026 www.sunol.k12.ca.us

Interacting with cattle workshop

SUBMITTED BY GWEN MITCHELL/ANNE CHANG

The County of Santa Clara Department of Parks and Recreation is hosting a public workshop to talk about natural resources management, cattle behavior, livestock operations, and techniques for improving visitor safety and protecting park resources.

Park staff, ranchers, and livestock and range management experts from the County of Santa Clara Department of Parks and Recreation and other agencies will participate in the workshop on Saturday, October 17 at Coyote Lake-Harvey Bear County Park in San Martin.

County parks with livestock grazing host over a million visitors per year. Research conducted by the UC Cooperative Extension indicates negative interactions between livestock and people occur, but are relatively infrequent (less than 7 interactions annually). However, with negative publicity, many people have expressed their fear of encountering a large animal on a trail. This workshop will help park visitors better understand livestock and cattle behavior and learn proper ways to approach cattle when encountering them on a trail.

Under a policy approved by the County Board of Supervisors in 1992, cattle are grazed by private ranchers on four county parks. Currently, a total of 11,015 acres of county parklands are open for grazing. Barbeque will be provided by a local rancher after the workshop. Workshop information and other Parks and Recreation activities can be found on the website at www.ParkHere.org.

> **Interacting With Cattle Workshop** Saturday, Oct 17 10 a.m. – 12 p.m.

Coyote Lake-Harvey Bear County Park, San Martin (Meet at the Bear Ranch pole barn at the Harvey Bear Ranch Trailhead (Past the corner of Foothill Ave. and San Martin Ave.) (408) 918-4935

www.ParkHere.org

Nominations open for Alameda County Women's Hall of Fame

SUBMITTED BY GUY ASHLEY

Nominations are now being accepted for the Alameda County Women's Hall of Fame, which each year honors extraordinary local women and celebrates their contributions to the community. Honorees will be celebrated at the 23rd Annual Alameda County Women's Hall of Fame luncheon and awards ceremony in Oakland in March 2016. Once again, the event will be co-hosted by the Alameda County Board of Supervisors and the Alameda County Commission on the Status of

Nominations are being accepted for outstanding women in 12 categories: Business and Professions; Community Service; Culture and Art; Education; Environment; Health; Justice; Non-Traditional Careers; Science, Technology, Engineering; Sports and Athletics; Philanthropy and Youth.

The deadline to submit nominations is December 11, 2015.

Since its inception in 1993, over 200 women have been inducted into the Women's Hall of Fame. In addition to honoring extraordinary women leaders from Alameda County, the annual event raises funds to provide youth scholarships and helps support local non-profit community partners serving women, youth and families. Last year, the WHOF supported four local community partners and awarded \$2000 scholarships to two high school seniors to assist with their college expenses – Farmaan Judge of Fremont and Jenny Fang of San Leandro.

countywide event celebrating the contributions of extraordinary women leaders in our communities during National Women's History month.

http://www.acgov.org/cao/hall offame/ to submit an online nomination or to obtain more information, or call (510) 272-6984.

Award for anti-trafficking outreach

SUBMITTED BY GUY ASHLEY

The County of Alameda and the Alameda County District Attorney's Office are proud to receive the 2015 Savvy Silver Circle Award for the outstanding community outreach component of the DA's Office's HEAT (Human Exploitation And Trafficking) Watch program.

The accolade was awarded by the City-County Communications and Marketing Association (3CMA) at their annual conference in Atlanta. The HEAT Watch outreach efforts, that included an effective billboard and social media campaign, won in the category for

"The Alameda County District Attorney's Office is proud to receive this 2015 Savvy Silver Circle Award for work in combating human trafficking in our community and beyond." Alameda County District Attorney Nancy O'Malley said

TAKES FROM SILICON VALLEY EAST



About Takes From Silicon Valley East TheDallyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here. To subscribe to all blog posts scan this QR Code or visit

Advanced Manufacturing Meets 21st Century Urbanism: Welcome to the Warm Springs **Innovation District**



By Christina Briggs, **ECONOMIC DEVELOPMENT MANAGER**

s population and employment in the Bay Area continues to grow, Fremont's Warm Springs Innovation District will be an important regional partner in providing transit connected growth and vitality. One way Fremont participates regionally is through the new Regional Economic Development Initiative "REDI" spearheaded by the Silicon Valley Chamber, which is focused on the following strategic industries: health technology, agile development & manufacturing, smart building, and transportation research & development. On October 13, 2015, the Silicon Valley Business Journal and the San Jose Silicon Valley Chamber of Commerce will host the inaugural Regional Economic Development Initiative (REDI) Summit.

You can read more background on Warm Springs in the following summary, which was originally printed on July 31, 20015 in Silicon Valley Business Journal's Redefining What it Means to be a Silicon Valley City Advertising Supplement on page 6.

Fremont's Warm Springs Innovation District, in its ideal Silicon Valley location, sits on the edge of arguably the most innovative region in the world and is poised to become a vital zone for 21st century American industrial production. In 2014, the Fremont City Council adopted its Warm Springs/South Fremont Community Plan, which envisions an Innovation District and a significant regional opportunity for employment-focused, transitoriented mixed-use development in South Fremont.

Warm Springs: A Bird's Eye View

The 850-acre area is anchored by the Tesla Motors factory and a new BART station, expected to be operational by the end of the year. Now, historically vacant/underutilized industrial land is positioned to accommodate 4,000 new housing units, 10 million square feet of new commercial space, and up to 20,000 jobs over time. A look at the BART line, from downtown Oakland to the future end of the line at Berryessa in San Jose, reveals that Warm Springs is the only station that can accommodate a major employment center south of Oakland.

Who's Claiming a Piece of the Pie?

Real estate developers and corporate users have already lined up. Medical device giant, ThermoFisher Scientific, just completed the construction of a brand new 200,000-square-foot manufacturing facility. Lennar's approved master plan includes a mix of high density residential units, commercial/office/R&D space, a new elementary school, and significant backbone infrastructure on 110 acres north of the Tesla Factory. Toll Brothers and Valley Oak Partners are also proposing large residential development projects near the BART station.

A Sustainable Vision

All this activity is based upon an award-winning Community Plan—a document that serves as the roadmap for how Warm Springs will evolve over time. The plan has been well-received, thanks to the City's steadfast focus on strategic urbanism, and pays particular attention to transit, land use flexibility, establishing an exciting and dynamic public realm, and incorporating a sustainable design.

Fast Forward Ten Years from Now...

The graphic rendering shows how the Warm Springs area will transform over the next decade, including active streetscapes and taller buildings that take advantage of the views of Mission Peak.

Online payment available for Delinquent Property Taxes

SUBMITTED BY GUY ASHLEY

On September 10, the Treasurer-Tax Collector's Office launched the online payment option for Secured Delinquent Property Taxes. Credit cards and ACH payments are now accepted through the website: http://acgov.org/propertytax/online.htm. A convenience fee will be charged for each online payment transaction.

The newly added payment option is for "full payment only" on

these accounts:

Installment Plan Accounts Escape Plan Accounts Secured Delinquent Accounts Utility Bills

Some accounts may not be payable online due to account restrictions and account status, like Bankruptcy and Subject to Sale, therefore, taxpayers must call the Treasurer-Tax Collector's Office at (510) 272-6800 for the account balance.

OPINION



WILLIAM MARSHAK

In Fremont, battles have erupted over the best path for growth. Voices from neighborhoods can be heard claiming their vision is best for community wellbeing. The City points to its General Plan as a guiding vision that was formed through a lengthy process including community engagement. Yet, many developments are created by modifications of the document. Who is right?

City planners say they are right. Their perspective is of an integrated community based on long term objectives satisfied by many short term adjustments. Each project may not fit into the current scheme, but they claim that eventually it will all come together as a strategically urban city

Developers say they are right since each project is constrained by economic forces that shape what is possible within governmental guidelines. They "pencil it out" to find the proper balance between

Vision Collision

profitability, integration with existing infrastructure and neighborhoods as defined by market demand.

Planning Commissions say they are right to approve developments that adhere to building codes and guidelines created by planners.

City Councils say they are right when advised by staff and planning commissions to approve construction.

The Public says it is right to determine whether developments actually meet codes and the vision of its community in both short term and long term perspectives.

Who is right? It may be that they all are, but without a proper balance between them, development focus is skewed, ending up with a patchwork result that satisfies no one.

An example of vision collision is the Walnut Avenue development proposed close to the existing Fremont BART station. Within a virtual radius of Transit Oriented Development (TOD), planners are anxious to "densify to the sky" and developers are more than ready to please them. Towers of housing are planned, but in context with the surrounding neighborhood and questions of infrastructure including schools, streets, traffic and compatibility, a vision collision is cause for concern.

Which vision is most compatible? What does the General Plan have to do with this if it is modified with almost every development? Is it true that those living in TOD's will have fewer cars and need less parking? How will such developments impact infrastructure including utilities, streets and schools? Does future planning allow a transition from present needs and requirements? Can planners force change by allowing developments that can satisfy future needs although inadequate for the present? Citizen concerns are not only relevant but critical when determining the shape of the future. Vision collisions may be inevitable but stakeholders in the process should be aware that their perspective is just one of many to consider.

hai Mandale

William Marshak PUBLISHER

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Clean Energy Jobs Act Citizens Oversight Board elects Chair and Vice Chair

SUBMITTED BY AMBER BECK

Hosted by the California Energy Commission, the Clean Energy Jobs Act (Proposition 39) Citizens Oversight Board, on September 8, elected Kate Gordon as board chair and James Ray as vice chair. The six board members in attendance were joined by the two ex-officio members, Energy Commission Chair Robert B. Weisenmiller and California Public Utilities Commission President Michael Picker.

Approved by voters in 2012, Proposition 39 adjusted the corporate income tax code, allocating projected revenues to California's General Fund and the Clean Energy Job Creation Fund for five fiscal years, beginning with fiscal year 2013-14. In addition to the Energy Commission, the California Conservation Corps, California Workforce Development Board, and the California Community Colleges Chancellor's Office each administer stand-alone but complementary programs funded by Proposition 39's Clean Energy Job Creation Fund.

Members of the Citizens Oversight Board are appointed by the California Treasurer, Attorney General and Controller with two exofficio members from the Energy Commission and the California Public Utilities Commission. The members are:

Appointed by former state Treasurer Bill Lockyer:

Steven Sakurai, chief financial officer of the Yocha Dehe Wintun Nation and adjunct professor at Sacramento State University, where he teaches a graduate course on sustainable development and green building.

James "Walkie" Ray, an engineer and partner at Sanderson J. Ray Development and a member of the boards of directors of the One World One Ocean Foundation, the M.I.N.D. Research Institute and the Taco Bell Discovery Science Center.

Kate Gordon, vice chair for climate and sustainable urbanization at The Paulson Institute. Gordon previously served as vice president and director of the Energy and Climate Program for Next Generation and as vice president of the Energy Environment at the Center for American Progress.

Appointed by Attorney General Kamala D. Harris:

Arno Harris, former chief executive officer of Recurrent Energy, one of North America's

largest solar project developers.

Randall Martinez, executive vice president and chief operating officer of Cordoba Corporation, a consulting firm that specializes in infrastructure development by providing civil engineering, project and construction management services.

Chelina Odbert, co-founder and executive director of Kounkuey Design Initiative, a partnership specializing in architecture, landscape architecture and urban planning to create open spaces that link physical upgrading to community development.

Appointed by former State Controller John Chiang:

Dana Cuff, professor of architecture and urban design at the University of California, Los Angeles.

Gary Kremen, clean technology engineer, entrepreneur and inventor. Kremen is also the pres-

ident of the Purissima Hills Water District. Erik Emblem, executive administrator and chief operating officer of the Western States

Council-Sheet Metal Workers in Sacramento.
For more information, visit
http://www.energy.ca.gov



Super Savings Weekend!

October 10th and 11th is Super Savings Weekend at the Fremont Discovery Shop. You will find a large selection of clothing and houseware at very low prices. Nothing will be priced over \$5!

Join us on October 10th and 11th and discover a bargain!



Discovery Shop
A Unique Quality Resale Experience™

40733 Chapel Way, Fremont 510.252.1540 Mon.-Thurs. 10 a.m.-7 p.m., Fri.-Sun. 10 a.m.-5 p.m. cancer.org/discovery | 1.800.227.2345



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What's Happening's
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Granite Ridge project

CORRECTION:

It has come to our attention that we erred in our Letter to the Editor published in the September 29th edition [Tri-City Voice], and misidentified the 2 yay votes in favor of the Granite Ridge project.

We said:

"We also watched as the only two "yes" votes to the Granite Ridge project, David Bonaccorsi and Raj Salwan, recused themselves from the following proceedings on the Mission/Stevenson development due to campaign contributions from the developers."

We should have said:

"We also watched as David Bonaccorsi and Raj Salwan recused themselves from the following proceedings on the Mission/Stevenson development due to campaign contributions from the developers."

We most sincerely apologize for this error and would like to apologize to Dr Salwan.

> Deni Caster Robert Daulton Fremont

Alameda County Arts Leadership Awards

SUBMITTED BY GUY ASHLEY

The Alameda County Arts Commission is pleased to recognize six individuals for their achievements and contributions impacting the arts community and residents of Alameda County. The following individuals are the recipients of the 2015 Alameda County Arts Leadership Award: Bernice R. Bates, Sarah Crowell, Susan Dunn, Chris Johnson, Judy Lam, and Paul Ruma.

Judy Lam of Fremont, representing Supervisorial District One: Ms. Judy Lam is the founder and director of Virtuoso International Flute Ensemble in Fremont. She has directed various flute ensembles, chamber groups, choruses, and musicals, many of which featured her original ensemble arrangements for flutes, strings, and chorus. For the past seven years, through Virtuoso International Flute Ensemble, she has dedicated over 15 concerts to support and benefit over 10 local nonprofit organizations and numerous community events. She serves as a band consultant for the Advanced Elementary Band at Hopkins Junior High School in Fremont. She conducts free lessons for members of Fremont's Friends of Children with Special Needs. Ms. Lam also serves on the board of directors of the Citizens for Better Community celebrating Fremont's Chinese American community and cul-

Paul Ruma of Union City, representing Supervisorial District Two: Mr. Paul "Paulskeee" Ruma is the founder and director of Mighty4 Arts Foundation, an organization dedicated to preserving history, advancing artistry, and empowering youth through Hip Hop cultural arts. Since 1998, Mr. Ruma has had international impact in over 40 cities worldwide by providing education about Hip Hop culture through community-based events, classes, workshops, and documentary productions. Mr.

Ruma is an accomplished "B-Boy" dancer who led his group Rock Force Crew to the Battle of the Year world championship of Breakdancing in 1998 representing the USA taking first place and continues to receive numerous international awards. He continues to educate communities and inspires young people to get involved in social action, civic service, cultural creativity, and self-education.

Susan Dunn of the City of Alameda, representing Supervisorial District Three: Ms. Susan Dunn is a community leader who devotes her time to supporting and providing arts and cultural community activities with a special emphasis on the City of Alameda.

Bernice R. Bates of Oakland, representing Supervisorial District Four: Mrs. Bernice Bates is the choir director of the East Oakland Senior Center Performing Arts Choir. The choir members range in age from 55-95 years of age.

Chris Johnson of Oakland, representing Supervisorial District Four: Mr. Chris Johnson is the founder of Question Bridge: Black Males, an organization that provides a forum for dialogue among black men and new opportunities for understanding and healing.

Sarah Crowell of Oakland, representing Supervisorial District Five: Ms. Sarah Crowell is currently the artistic director for Destiny Arts Center, a nonprofit organization focused on providing dance, theater and martial arts programs with the mission to end isolation, prejudice and violence in the lives of young people.

Award recipients were selected based on their achievements within the arts field and their contributions to the community.

For more information about the program or the award recipients, please contact the Alameda County Arts Commission at (510) 208-9646 or by email at artscommission@acgov.org

Walking campaign

SUBMITTED BY CAROLYN JONES

The East Bay Regional Park District applauds the U.S. Surgeon General's recent call to action for Americans to walk more. Walking is a "simple, effective and affordable way to build physical activity into our lives," said Surgeon General Dr. Vivek Murthy as part of her Step It Up! campaign.

The East Bay Regional Park District offers 1,250 miles of trails, many of them wheelchair accessible, throughout Alameda and Contra Costa counties. The District also maintains paved, regional trails that link major parks, cities, BART stations, schools and other East Bay landmarks, allowing thousands of residents to forego their cars and walk or bike to their destinations. In addition, the Park District has been a strong supporter of the international Healthy Parks Healthy People initiative to encourage park use as a way to improve health.

Trails Challenge is another popular Park District offering, an annual list of 20 recommended hikes of varying difficulties throughout the District Participants and a Tablet trail guide and commencerative pin

trict. Participants get a T-shirt, trail guide and commemorative pin.

For more information about the East Bay Regional Park District and its hundreds of programs, go to www.ebparks.org.

Obituary

James Phillip McRhoads, Jr.

James Phillip McRhoads, Jr., was a beloved local resident from 1984 to the date of his passing, September 8th, 2015. He and his wife, Terri, initially moved to Newark, and then bought their home in Union City two years later. Jim and Terri were regulars at many local restaurants, including Baldie's Café in Union City, Cabrillo Café in Fremont, and My Café in Newark. When going out to eat, Jim was often mistaken for Santa Claus by children near Christmas time. He played along and asked them what they wanted for Christmas, then told them to be good. He could also pass for a Viking, and dressed in a helmet with horns for Halloween. He was known for his sense of humor as well as his warmth and caring.

Jim started life at Fort Bragg, North Carolina in an army family on December 9th, 1953. Six months later, his family went to Tokyo, Japan, where he lived until he was four. The family then moved to Germany until Jim was 11, where he was a Wolf Scout. He was able to visit several European countries while there, along with his father, James Sr., his mother, Connie, and his siblings, Donna Theresa (now called Terry), Debi, Mike and Kathy.

With this world view, Jim moved back to the United States and lived in Salinas from 1964 to 1978. He worked at a variety of jobs while going to High School and college there, including lettuce picking, appliance delivery and selling shoes. He also belonged to a circle of friends that engaged in creative writing and produced art work. Jim did penand-ink drawings, and also had his poems published in "Ally," a local publication edited by Joe Drucker.

In 1976, Jim began to work in his father's Exxon Service Station in San Jose, CA. During this time, he met his wife, Terri, by walking up to her at the Hyatt lunch counter and saying, "excuse me - what are you doing Sunday?" Terri replied, "nothing, why?" Jim then said "would you like to get married?" Terri replied, "Sure. What time?" Jim did not know what to say to that and sat down at the other end of the L-shaped lunch counter. Terri noticed that Jim was reading an intellectual book, and was also exchanging jokes with the busboys and servers. This was an appealing combination. Terri worked across the street from where Jim worked and they both continued to come to the lunch counter every day after that. After about two weeks of Jim and Terri sitting at opposite ends of the lunch counter and looking at each other but not talking, the waitress behind the counter took matters into her own hands. She took Jim's salad and marched it down to set it next to Terri. Jim followed. After some exchange of conversation over the next few days, Jim said to Terri, "so, when are you inviting me over for dinner?" Terri invited Jim over, but called her roommate, Darlene, and said, "You'd better stay - he's

kind of weird." Terri's pot-roast





sealed the deal, and Jim and Terri were married December 19th, 1981, a year and three months after they met, in a double wedding with his brother.

After the Exxon station was removed from the Hyatt property to make room for more parking, Jim began to work at North First Chevron, where he was the managing partner. He worked there for 23 years. In the mid 2000's Jim also worked at Temco in Fremont, CA, as a Sales Engineer, selling power generating equipment.

Jim and Terri moved from the San Jose area to Newark in 1984 when they bought their first house. They adopted their first daughter, Molly Christine McRhoads, when she was born on November 30th, 1985. In 1986, they bought a larger home in Union City, and adopted another daughter, Emily Roxanne McRhoads, when she was born on March 22nd, 1991.

Jim and Terri took their children and nieces and nephews with them on many trips to Disneyland, San Francisco, and most often, to their church campgrounds in the Santa Cruz redwoods called Happy Valley. Though the children, nieces and nephews are grown, they still refer to these times as among their happiest. Jim was an active church member and he and Terri attended the local congregation every Sunday and Wednesday.

He also volunteered at the Fremont Children's Peace Pavilion at Paseo Padre Pkwy. and north end of Fremont Blvd., where school children are taken to tour the interactive exhibits promoting Peace for Me, Peace for Us, Peace for Everyone and Peace for the Planet.

After Jim's career was completed, he took on a new role – grandpa. He was a primary caregiver to his grandson, Kyle, along with his sister, Kathy. He and Terri enjoyed living in a multigenerational household.

Jim and Terri took cruises to Mexico in 2004 and 2007, and completed a month-long trip around the United States in 2014 to see old friends and family. They also took short trips within Northern California this year to see friends and family that they had not seen for some time. Even though time had passed since previous visits, it was as though they had all seen each other yesterday – the relationships picked right up where they left off.

Jim passed on to his reward on September 8th, 2015. His Celebration of Life is at 11:00 am on Saturday, October 10th, 2015, at the Community of Christ, 34050 Paseo Padre Pkwy., Fremont, CA, 94555. Anyone that knew Jim is encouraged to attend. The memorial website is www.fremontchapeloftheroses.com

New evening hours for Santa Clara County Revenue Department

SUBMITTED BY GWENDOLYN MITCHELL/LAUREL ANDERSON

Effective immediately, the County of Santa Clara Department of Revenue (DOR) will change its evening hours from five to four nights per week. The office will continue to open at 7:30 a.m., Monday through Friday. On Mondays the office will close at 5 p.m. Evening hours will continue to be extended until 7 p.m., on Tuesdays through Fridays.

The County of Santa Clara Department of Revenue services include the explanation of client charges, negotiation of payment arrangements, delinquent noticing, collection pursuit through client follow-up, small claims action and lawsuits, as well as accounting and distribution of revenue collected to appropriate funds and entities. Accounts may include a wide range of charges, from money owed for using the public hospital, to fines or restitution imposed by a judge, such as penalties related to traffic violations, driving under the influence, or fees from Family Court services.

The Department of Revenue is located at 1555 Berger Drive, Building 2, in San José. For more information, visit www.sccdor.org or call (408) 282-3200.

LIFE CORNERSTONES Marriage

Obituaries

For more information

510-494-1999 tricityvoice@aol.com

Birth



Fremont Memorial Chapel (510) 793-8900 FD III5 3723 Peralta Blvd. Fremont www.fremontmemorialchapel.com

James P. McRhoads, Jr.
RESIDENT OF UNION CITY

December 9, 1953 – September 8, 2015

Netta L. Savage
RESIDENT OF OAKLAND
August 1 1938 – September 20 2015

August 1, 1938 – September 20, 2015 **Joyce E. McGoff**

RESIDENT OF NEWARKOctober 20, 1942 – September 25, 2015

Serapio G. Lopez RESIDENT OF FREMONT September 3, 1930 – September 26, 2015

Alex Tak Ming Ko RESIDENT OF SAN JOSE

August 22, 1940 – September 27, 2015

Narsimha Reddy Nalla
RESIDENT OF NIZAMABAD, INDIA

April 5, 1948 – September 28, 2015

Shefali Bhadra
RESIDENT OF SAN JOSE

April I, 1938 – September 29, 2015

Michael A. Stahulak

RESIDENT OF FREMONTSeptember 29, 1942 – September 29, 2015

Qingfang Cai RESIDENT OF FREMONT November 21, 1951 – September 28, 2015

Gloria Blanca-Mason
Resident of Fremont

March 28, 1927 – October 2, 2015



Fremont Chapel of the Roses (510) 797-1900 FD1007 1940 Peralta Blvd., Fremont www.fremontchapeloftheroses.com

Obituary

Michael A. Stahulak

Sep. 29, 1942 - Sep. 29, 2015 Resident of Fremont

Michael A. Stahulak passed away at home on his 73rd birthday, surrounded by loving family.

Michael is survived by his high school sweetheart, and wife of almost 53 years, Donna; daughters Deborah (Michael) Tucker and Diane Stahulak; grandsons Joshua Gatti and Michael Grace; brother Tony (Judy) Stahulak; sisters Mary (Allen) Ewert and Rose (Wendell) Smith. Preceded in death by his parents Joseph and Opal Stahulak.

He was an Air Force veteran of the Vietnam War and followed that with a successful 35 year career at United Airlines. He was also a member of the Fremont Elks Lodge 2121 for 22 years. His love of all things aviation, gardening, travel and animals was known by all.

A Memorial Mass will be held at 11:00am on Friday, October 9th at St. James the Apostle Catholic Church, 34700 Fremont Blvd., Fremont.

Gloria was born on March 28, 1927 in Brattleboro, VT and entered into rest on October 2, 2015 in Fremont, CA at the age of 88. She is survived by her husband of 25 years, Paul Mason. Her loving children; Alex Blanca Jr., Linda Ontiveros, Shirley Blanca, Stanley Blanca and Ronald Blanca. Her beloved 13 grandchildren, 19 great grandchildren and 1 great great grandchild. She was preceded in death by her husband of 42 years, Alex Blanca Sr. and her son, Leland Blanca.

She loved music and family functions. Visitation will be held from 5-8pm on

Fri., Oct. 9, at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536. A Chapel service will begin at 10am on Sat., Oct. 10, also at Fremont Memorial Chapel. A burial will follow at Holy Sepulchre Cemetery in Hayward



Richard P. Taylor RESIDENT OF FREMONT November 17, 1968 – September 17, 2015

Martha L. Butts

RESIDENT OF FREMONTAugust 7, 1938 - September 17, 2015

Maria F. Monteiro RESIDENT OF SAN JOSE July 7, 1926 - September 17, 2015

Sister Ruth Faisca RESIDENT OF FREMONT May 13, 1933 - September 17, 2015

Jackie L. Goodfriend

RESIDENT OF FREMONTJuly 13, 1933 – September 18, 2015

James M. Stone
RESIDENT OF FREMONT
July 31, 1939 – September 19.2015

Charles L. Bogart
RESIDENT OF FREMONT
November 21, 1940 – September 19, 2015

Virginia J. Fraser

RESIDENT OF CLAYTON
September 16, 1953 – September 22, 2015
Satwant L. Kaur

RESIDENT OF UNION CITY January 1, 1944 – September 23, 2015

Arnold A. Gomez
RESIDENT OF MILPITAS
March 16, 1948 – September 23, 2015

Thomas M. Finnegan, Jr. RESIDENT OF FREMONT August 5, 1958 – September 27, 2015

John L. Montanez Resident of Fremont

March 31, 1952 – September 25, 2015

Kenneth L. Bowman RESIDENT OF UNION CITY September 8, 1934 – September 28, 2015

Douglas M. Keltie
Resident of Fremont

February I, 1944 – September 28, 2015

Ramasastri V. Jannalagadda

RESIDENT OF LOS ALTOS
October 5, 1032 – October 1, 2015

Raphael G. Sabeh RESIDENT OF FREMONT May 5, 1941 – October 1, 2015

Lorraine F. Mew RESIDENT OF CASTRO VALLEYJuly 30, 1923 – October 5, 2015

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Obituary

Gloria Juanita Blanca-Mason

March 28, 1927 - Oct. 2, 2015

Resident of Fremont



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Obituary

Susan Allice Lorenz

October 3, 1947- September 26,2015



Susan Alice Lorenz passed away peacefully on Saturday after a brief but valiant battle with cancer. She touched many lives with her generosity and selflessness.

Susan was born in San Jose, CA and graduated from Washington High School in Fremont, CA. She was an avid bowler and the league secretary of many leagues for over 30 years at Holiday Bowl in Hayward, CA. She was loved and admired by many of her co-workers and supervisors at Varian Medical Systems in Palo Alto, CA where she worked for 45 years as a Sr. Accountant.

She was survived by her loving husband, Michael of 42 years; devoted children Joanne and Todd Spear, Allyson Lorenz, Karin and Michael Moore, Robyn and Tim Nishimura, David and Michaelle Lorenz, 17 grandchildren and 1 great-grandchild. She was also survived by her father John Mosley; sisters Julie Jorstad and Ellen Hall; and her brother Jack Mosley; and her many nieces and nephews. She was preceded in death by her Mother Alice Mosley and her sister Marilyn Van Trease.

Friends and family are invited to attend her funeral service on Saturday, October 10th at 1 p.m. at Chapel of the Chimes, 32992 Mission Blvd in Hayward. Please join us for a reception after at Skywest Golf Course, 1401 Golf Course Rd, Hayward. In lieu of flowers please donate to pancreatic cancer research.

Obituary

Ernest Fierro

June 16, 1936 - September 18, 2015 Resident of Fremont

In Memory of Ernie.

A loving husband, faher, and grandfather. Cherished by all he met. Ernest entered into rest peacefully at home on Friday, September 18, 2015.

A celebration of his life will be help on October 10, 2015 at 1:00pm at the Church of Jesus Christ of Latter Day Saints, 32401 Alvarado Niles Road in Union City.

Tri-City Cremation & Funeral Services 510-494-1984

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

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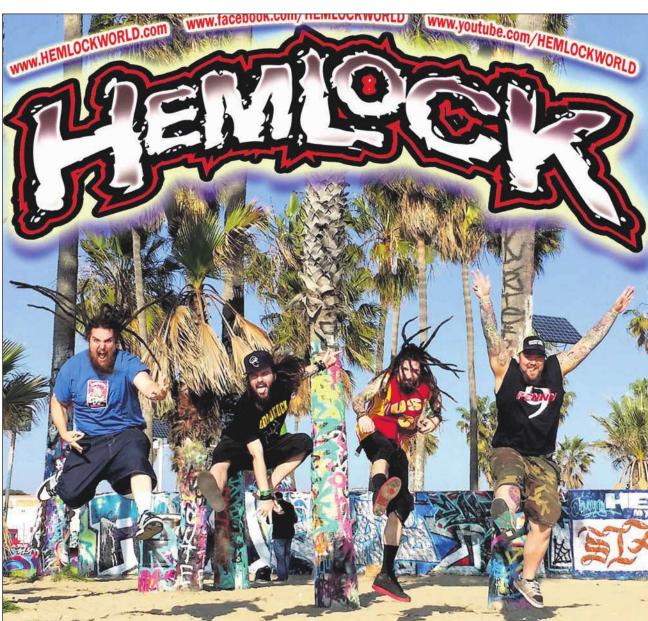
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PHOTO COURTESY OF CHAD SMITH

Bands4Bands, in association with Hayward Area Recreation and Park District (HARD), presents the 9th annual "MetalFest" on Saturday, October 10 at Hayward Memorial Park Amphitheater. This free community event features nine heavy metal bands, including Desecrater, Star Destroyer, Soulless Demise, AOD, Mystic Rage, Cryptic Ruins, Disrupt the Paradigm, Fortress, and this year's headliner, Hemlock. Vendors will be onsite offering T-shirts, jewelry, and barbeque; a metal psychic will be featured as well as The Salvation Army vehicle and more. The event will also serve as a canned food drive, so any support from the community will be greatly appreciated.

"Bands4Bands has been going since 1997 and we decided we should try and make a difference in our community. The concept came about with the negative stereotype metal music and metal musicians have in today's society. We are trying to show that this genre can do good things in their community and for charity," stated Pete Schaaphok of Bands4Bands. The event is attended by about a thousand enthusiasts throughout the day, and the organization collected six barrels of canned food last year. With your help, they are hoping to collect eight barrels this year.

Hemlock is a four-member, heavy metal band from Las Vegas, NV. They are currently touring their latest recording effort, "Mouth of the Swine." Schaaphok raves, "Hemlock will bring one of the best, energetic shows you will ever see that will make you a fan for life!" The event is sponsored by HARD, Carlene's T-Shirt Corner, Music Depot, Into the Pit, East Bay Express, The Salvation Army, Abbott Audio, Quick Printing Center and Infiniart. For more information, visit www.facebook.com/Bands4BandsOrganization.



MetalFest Saturday, Oct 10 1 p.m. Hayward Memorial Park Amphitheater 24176 Mission Blvd, Hayward (510) 278-9695 www.facebook.com/Bands4BandsOrganization Free; bring canned food to donate

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SUBMITTED BY FREMONT UNIFIED STUDENT STORE

By providing a platform for students to share their talents, ideas, dreams, skills and experiences, Fremont Unified Student Store (FUSS) hopes to help students see the uniqueness and potential in their being, and find the meaning and purpose of their life. When they see themselves in this light, there will be hope for them to live their lives to the fullest despite hardships and trials.

Not only would they find joy and peace in the journey of hope, they could also become blessings to others.

One way to bring hope is to be an encourager or what we call a "Hope FUSSilitator." FUSS invites everyone to be a Hope FUSSilitator by going to our website at www.fuss4schools.org/be-a-hope-fussilitator/ and help in the following ways:

1) Design a greeting card that can brighten up someone's day, and

2) Contact us so that a greeting can be shared with that special person.

Please feel free to join us at our regular meetings to learn more about ways to support Fremont Unified School District students and schools. FUSS meetings are generally held on the fourth Thursday of each month during regular school year from 6 p.m. – 7:30 p.m. at DMCA Bookstore. For more information, visit www.fuss4schools.org/contact-us.

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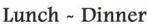
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LEILA N. SOCKOLOV, ATTORNEY AT LAW

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(Mission Blvd. & Anza St., Near Ohlone College)

Fremont **Police Log**

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Friday, September 25

Officers investigated a window smash burglary at a business located on the 34700 block of Ardenwood Boulevard. Loss was cash from the register. Case was investigated by Ofc. Wong and Field Training Officer (FTO) Foster.

A 1997 black Toyota Avalon (California license #4NAJ625) was stolen from the 39800 block of Sundale Drive. Case was investigated by Ofc. Ehling.

At approximately 12:40 p.m., a vehicle was broken into on the 43600 block of Pacific Commons Boulevard. Possible suspect vehicle was an older gold Ford Taurus or similar (possibly a Buick). Suspects were described as two black males. Case was investigated by Ofc. Chinn.

An unknown suspect pointed a silver handgun at the clerk of Kwik and Convenient Market on Walnut Street and stole cash from the register. Case was investigated by Ofc. Hartman.

Saturday, September 26

Ofc. Chinn investigated the theft of a vehicle. After about two hours, East Bay Regional Park District air unit received a LoJack hit and assisted Fremont units in locating the vehicle occupied by the suspect. A 51-year-old adult male, Fremont resident, was arrested.

Officers investigated a residential burglary on the 100 block of Totem Court. Suspects forcibly

entered a house under construction and stole the contractor's tools. Case was investigated by Community Service Officer (CSO) Baca.

Officers investigated a commercial burglary that occurred on Kato Road. The victim reported that the storage unit in the rear of the business was burglarized. Case was investigated by Ofc. Meredith

Sunday, September 27

At 7:24 p.m., an in-progress commercial burglary was called in on Encyclopedia Circle. The caller advised he had just installed video surveillance after his business was recently burglarized and was watching a suspect attempt entry again. Officers arrived and the suspect was gone.

An attempt residential burglary occurred on Ariel Avenue. A male suspect attempted to open the door to the residence and was seen in the rear yard. The suspect was described as a Hispanic male adult, 20-30 years old with short brown hair, 5'10", medium build and wearing gray hooded sweatshirt. Case was investigated by Ofc. L. Kennedy.

A resident returns home after approximately 45 minutes to find their rear patio door smashed on the 34300 block of Tupelo Street. Loss is computer products. Case was investigated by CSO Potter.

Monday, September 28

A strong-arm robbery occurred at Chevron gas station, located on the 43600 block of S. Grimmer Boulevard. An unknown suspect asked the victim for gas money, and when the victim pulled out her wallet, the suspect grabbed the wallet and fled. Suspect was described as an unknown race male, approximately 16-17 years old, wearing a white/black shirt and jeans.

Tuesday, September 29

A resident on Donalbain Circle awoke to the sound of breaking glass. The resident searched her house and found her rear sliding glass door was shattered and footprints were within the house. Officers arrived and conducted a protective sweep of the residence, which ended in negative results. Items within the house appeared to have been moved, but nothing was reported stolen.

Ofc. Collins investigated a suspicious fire at an auto repair business located in the 41500 block of Albrae Street. The reporting party stated a male subject wearing a mask set the business on fire and was last seen fleeing southbound on Albrae Street. The fire was extinguished by Fremont Fire and is under investigation. Ofc. Collins will continue the investigation for further leads.

Wednesday, September 30

At 8:15 am, two unidentified suspects drove into a parking lot at 5 Corners, located at Washington Boulevard and Fremont Boulevard, and exited an unreported stolen vehicle. The suspects then gained entry into another vehicle in the parking lot that did not belong to them. The car alarm eventually sounded and the two fled the area on foot west through the parking lot toward Fremont Boulevard and out of sight. Suspect #1: white male adult, 30s, about 6' tall, 190 lbs. and has shoulder length blonde hair. Suspect #2: white or light skinned Hispanic male adult, 30s, about 5' 9" tall, 200 lbs., with dark hair with a buzz cut.

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Newark **Police Log**

SUBMITTED BY CMDR. MIKE CARROLL, **NEWARK PD**

Editor's Note: Swiss Park Manager Robert Fuchslin rep that in the September 29th edition of Tri-City Voice, the Newark Police Log implies a "riot of 500 persons" at Swiss Park. In fact, the log and report in Tri-City Voice indicates that although an initial call from security reported that number, when officers arrived to assist, "approximately 10 people were ejected." The report concludes, "The event remained open, allowing the large crowd to slowly leave the area peacefully."

Monday, September 21

At 2:35 p.m., officers were dispatched to a report of a suspicious person in the area of 6017 Morning Glory Ct. Upon arrival officers were approached by numerous neighbors who advised that the occupants of the house are possibly manufacturing and/or selling drugs. They provided information regarding vehicles coming and going all hours of the night, subjects dropping large plastic drums, and pedestrians throwing backpacks over the side fence of the residence during the overnight hours. Officers contacted six people inside the residence, all of whom are well known to Newark Police Department. A 46-year-old male from Newark was arrested for possession of dangerous drugs. The homeowner was contacted and he advised he was in the process of evicting the occupants. As of Monday, September 28, 2015, the occupants have all moved out of the residence.

Tuesday, September 22

At 7:30 a.m., Ofc. Allum attempted to stop a vehicle on

Cherry Street, but the driver continued for several blocks until he was forced to stop due to heavy traffic on Cedar Boulevard at Birch Street. Ofc. Allum noticed the driver had a pistol in the vehicle. The driver was detained without incident and identified as a 30-year-old male from San Lorenzo. The pistol turned out to be a realistic-looking BB gun. In the end, Hodges was charged with convicted felon in possession of ammunition, possession of stolen property, parole violation, evading a police officer, reckless driving, and driving on a suspended drivers license. He was booked at Santa Rita Jail.

Thursday, September 24

At 2:48 p.m., Ofc. Horst responded to Macy's for two shoplifters in custody. Ofc. Horst subsequently arrested a 29-yearold female from Newark and a 32-year-old female from San Jose for grand theft. They were both transported to Fremont Jail.

Friday, September 25

At 8:06 p.m., Ofc. Smith investigated a stolen blue1996 Acura Integra (CA license # 4FML619) from the Newark Pavilion parking lot, located at 6430 Thornton Ave., that occurred between 8:00 a.m. and 6:00 p.m.

At 10:33 p.m., Ofc. Khairy investigated a robbery that occurred in the NewPark Mall lower Macy's parking lot that occurred at approximately 10:00 p.m. Two adult males in their mid-late 20s exited a white sedan and approached the victim, who was waiting for friends to pick her up. One of the suspects was carrying a dark, short-barreled handgun. He was described as having long braids or dreads and wearing all black clothing. The second suspect had short hair and was wearing a white t-shirt and blue jeans. They demanded her purse and cell phone. The suspects fled in the sedan toward

McDonald's on Mowry Avenue.

The vehicle had a driver other than the two suspects.

Saturday, September 26

At 11:28 p.m., officers responded to a fight in progress involving 20 people at a residence in the 37000 block of Laurel Street. Upon arrival, the first officers on scene could hear screaming and items being thrown coming from inside the residence. Officers initially encountered five people outside the front door of the residence. One person, later identified as a 40-year-old male from San Jose, was arrested for failing to obey the lawful orders of an officer. With clenched fists, he walked determinedly toward officers disregarding all commands to stop. After several attempts to negotiate with him and the male failing to coherently respond, he was forcibly detained. As all of this was occurring the chaos inside the residence continued. Several times while officers were dealing with the uncooperative male, residents came outside telling officers that they needed to get inside the residence. Officers were finally able to gain the cooperation of the residents and guests. The 40-year-old male was arrested, medically cleared and transported to Santa Rita Jail.

Sunday, September 27

At 9:13 a.m., officers responded to a request for a welfare check at 6280 Wilma Ave. The reporting party stated that he is aware of an elderly woman living at the home who is watched over by a caregiver. The caller stated he could hear a woman screaming that she wanted to kill someone. Ofc. Losier contacted the caregiver, a 45-year-old Newark resident, and arrested her for her no-cite, under the influence of drugs warrant. He also spoke with the elderly female and confirmed she was in good health and spirits. Another occupant of the home remained on scene to provide her care.

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FREE, compassionate support Domestic violence survivors Drop-in, no reservations needed Every Tues & Thurs 6:45-8:45 pm Every Friday 9:15 to 11 am 1900 Mowry Avenue, Fremont (510) 574-2250 or 24-hour Hotline (510) 794-6055 www.save-dv.org

Ohlone Humane Society Love animals & want to help?

OHS is a nonprofit, volunteer supported animal welfare organization. Includes wildlife rehabilitation, companion animal rescue, animal assisted therapy, spay/neuter assistance and more. For info call 510-792-4587 www.Ohlonehumanesociety.org

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sungallery@comcast.net

Artisans Boutique & Hand Made Items Saturday, Nov 7th 9:30-3:30 38325 Cedar Blvd. Newark **Contact Vicki** @510-589-1167 or cbncboutique@gmail.com

SAVE's Empowerment Ctr. Services

FREE for domestic violence survivors. If you're seeking healing, strength, support or referrals, SAVE can help! Yoga, therapeutic art, advocacy 24-hour Hotline (510) 794-6055 Empowerment Ctr (510) 574-2250 1900 Mowry Ave, #201 Fremont. www.save-dv.org

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Hayward First Church of the Nazarene is looking for volunteer vocalists & musicians for Sunday service worship team! 26221 Gading Rd., Hayward 510-732-0777 619-840-3402 HayNaz@pacbell.net Facebook com/Hayward Nazarene

The Friendship Force San Francisco Bay Area

Experience a country & its culture with local hosts; meet global visitors here. Nov. to Costa Rica, Holiday Party at Hotel Nikko in San Francisco, to Brazil in June 2016 www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857

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and baked goods too.

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National Alliance on

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Hayward Art Council 22394 Foothill Blvd., Hayward

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Dorothycastillo61@yahoo.com

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Hayward

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Life Springs Hospice serves the Alameda, Contra Costa, Santa Clara and San Mateo county communities.

For more information about becoming a patient care volunteer, please contact

Dawn Torre, Volunteer Coordinator I-888-493-0734 or 510-933-2181 volunteer@lifespringshospice.com

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Responsibilities include: conducting appeals, defining roles, processes and procedures governing the classification, selection, retention and promotion of non-teaching employees. The appointment is for a 3 year term.

Applicants must be:

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- 2. A known adherent to the principles of the merit system.

Apply by Oct. 31, 2015 on www.husd.us

PUBLIC NOTICES

BULK SALES

NOTICE TO CREDITORS OF BULK SALE (U.C.C. §6104, 6105) ESCROW #: 0126008113-PC NOTICE IS HEREBY GIVEN to creditors of the within named seller that a bulk sale is about to be made of the assets described below. The names and business address of the Seller(s) is/are: Kyung Soon Change 5582 Thornton Avenue, Newark, CA 94560 The location in California of the Chief Executive Office of the seller is: same as above As listed by the seller, all other business names and addresses used by the seller within three years before the date such list was sent or delivered to the buyer are: None The names and business address of the Buyer(s) is/are: Promotional Ventures, LLC 3708 Starr King Circle Palo Alto, California 94306 The assets to be sold are described in general as: all stock in trade, furniture, fixtures, equipment and other property and are located at: 5582 Thornton Avenue, Newark, CA 94507 The business name used by the Seller(s) at those locations is: Newark Square Wash and Dry The anticipated date of the bulk sale is: 10/23/15 At the office of Old Republic Title Company @ 1000 Burnett Avenue, Suite 400, Concord, CA 94520. The bulk sale IS subject to California Uniform Commercial Code Section 6106.2. If so subject, the name and address of the person with whom claims may be filed is as follows: Old Republic Title Company @ 1000 Burnett Avenue, Suite 400, Concord, CA 94520 or E-Fax to 925-265-9040 or Fax 925-363-2276. The last day for filing claims shall be 10/22/15 which is the business day before the sale date specified herein. Dated: 9/29/2015 Buyer(s): Seller(s): Promotional Ventures, LLC /S/Azeez Chollampat Kyung Soon Chang // S/Shabeen Chollampat 10/6/15

NOTICE TO CREDITORS OF BULK SALE (SECS. 6104, 6105 U.C.C. & B & P 24073 et seq.)
ESCROW NO: 17109-PD
DATE: September 22, 2015

Notice is hereby given to creditors of the within named seller that a sale that may constitute a bulk sale has been or will be made.

The individuals, partnership, or corporate names and the business addresses of the seller are: T.L.C. AITW, LLC 39119 Cedar Blvd, Newark

T.L.C. AITW, LLC 39119 Cedar Blvd, Newark, CA 94560
The individuals, partnership, or corporate names and the business addresses of the buyer are:
Sugar Rock Cafe, Inc. 1562 Diel Dr, Milpitas, CA 95035
The standard by the celler all other business names

As listed by the seller, all other business names As listed by the seller, all other business names and addresses used by the seller within three years before the date such list was sent or delivered to the buyer are: NONE KNOWN. The assets sold or to be sold are described in general as: ALL FURNITURE, FIXTURES, EQUIPMENT, TRADENAME, GOODWILL, LEASE, LEASEHOLD IMPROVEMENTS, COVENANT NOT TO COMPETE & ALL OTHER ASSETS OF THE BUSINESS KNOWN AS: 9119 Cafe AND ARE LOCATED AT: 39119 Cedar BIvd, Newark, CA 94560.

The place, and date on or after which, the Bulk Sale is to be consummated: Business & Escrow Service Center, Inc. 3031 Tisch Way, Suite 310 San Jose, CA 95128 on or before 10/23/2015. The last date to file claims is 10/22/2015, unless there is a liquor license transferring in which case

there is a liquor license transferring in which case claims may be filed until the date the license

BUYER'S SIGNATURE: Sugar Rock Cafe, Inc By: Chao-Sheng Chang, President 10/6/15

CNS-2800491#

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG15787479
Superior Court of California, County of Alameda
Petition of: Sunita Fnu for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Sunita Fnu filed a petition with this court
for a decree changing names as follows:
Sunita Fnu to Sunita Klair
Sunita to Sunita Klair
The Court orders that all persons interested in
this matter appear before this court at the hearing
indicated below to show cause, if any, why the
petition for change of name should not be granted.
Any person objecting to the name changes
described above must file a written objection that
includes the reasons for the objection at least two
court days before the matter is scheduled to be
heard and must appear at the hearing to show
cause why the petition should not be granted. If
no written objection is timely filed, the court may
grant the petition without a hearing.
Notice of Hearing:
Date: 12/03/15, Time: 1:30 p.m., Dept.: 503
The address of the court is 24405 Amador St.,
Hayward, CA 94544
A copy of this Order to Show Cause shall be
published at least once each week for four
successive weeks prior to the date set for hearing
on the petition in the following newspaper of
general circulation, printed in this county:
Tri City Voice
Date: Sep. 28, 2015
WINIFRED Y. SMITH
Judge of the Superior Court
10/6, 10/13, 10/20, 10/27/15

Judge of the Superior Court 10/6, 10/13, 10/20, 10/27/15

CNS-2800483#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. RG15784764 Superior Court of California, County of Alameda Petition of: Cesar Corpuz/ Marilyn Corpuz for Change of Name TO ALL INTERESTED PERSONS: Petitioner Cesar Corpuz/ Marilyn Corpuz filed

Petitioner Cesar Corpuz/ Marilyn Corpuz filed a petition with this court for a decree changing

names as follows: Ken Caesar Nadal to Ken Caesar Corpuz The Court orders that all persons interested in this matter appear before this court at the hearing

indicated below to show cause, if any, why the petition for change of name should not be granted Any person objecting to the name changes described above must file a written objection that described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:

Date: 1-21-2016, Time: 1:30 p.m., Dept.: 503
The address of the court is 24405 Amador Street, Room 108, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county. Tri City

on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice News Paper Date: Sep 8, 2015
WINIFRED Y. SMITH

Judge of the Superior Court 9/22, 9/29, 10/6, 10/13/15

CNS-2796958#

ORDER TO SHOW CAUSE

FOR CHANGE OF NAME
Case No. HG15784271
Superior Court of California, County of Alameda
Petition of: Munetoshi Fukami for Change of TO ALL INTERESTED PERSONS:

Petitioner Munetoshi Fukami filed a petition with this court for a decree changing names as follows: Munetoshi Fukami to Shawn Munetoshi Fukami Munetoshi Fukami to Shawn Munetoshi Fukami
The Court orders that all persons interested in
this matter appear before this court at the hearing
indicated below to show cause, if any, why the
petition for change of name should not be granted.
Any person objecting to the name changes
described above must file a written objection that
includes the reasons for the objection at least two
court days before the matter is scheduled to be
heard and must appear at the hearing to show
cause why the petition without a begranted. If
no written objection is timely filed, the court may
grant the petition without a hearing.
Notice of Hearing:
Date: 01/07/2016, Time: 1:30 PM, Dept.: 503
The address of the court is 24405 Amador St.,

e address of the court is 24405 Amador St. yward, CA 94544

Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happenings Tri City Voice-Fremont Date: Sep 2, 2015
Winifred Y, Smith

Judge of the Superior Court 9/15, 9/22, 9/29, 10/6/15

CNS-2793416#

FICTITIOUS BUSINESS NAME STATEMENT

NAME STATEMENT
File No. 509746
Fictitious Business Name(s):
Angelcare Home Health Services, 3356
Wolcott Common, Fremont, CA 94538, County
of Alameda; 3356 Wolcott Common, Fremont,
CA 94538
Registrant/c):

Registrant(s): Shikha Mittal, 3356 Wolcott Common, Fremont, CA 94538 Business conducted by: an Individual

Business conducted by: an Individual The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Shikha Mattal This statement was filed with the County Clerk of Alameda County on September 23, 2015 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except.

date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 10/6, 10/13, 10/20, 10/27/15

CNS-2801935#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 509662
Fictitious Business Name(s):
Bridge Bay Apartments, 35655 Haley St,
Newark, CA 94560, County of Alameda
PO Box 5358, San Mateo, San Mateo, CA 94402
Registrant(s):

Registrant(s): John Leung, 173 Mateo, CA 94402 ,. 1730 S El Camino Real, #450, San wateo, CA 94402 Joanna Leung, 1730 S El Camino Real, #450, San Mateo, CA 94402

Mateo, CA 94402
Business conducted by: A General Partnership
The registrant began to transact business using
the fictitious business name(s) listed above on 6/19/1990

/19/1990 declare that all information in this statement

6/19/1990

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ John Leung, General Partner
This statement was filed with the County Clerk of Alameda County on September 21, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

CNS-2801522#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 509948
Fictitious Business Name(s):
The Ultimate Deli, 39706 Cedar Blvd., Newark,
CA 94560, County of Alameda
Repistrant(s):

Registrant(s):
Hemant Kumar H. Goswami, 3939 Bidwell Dr., Apt. 442, Fremont, CA 94538
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on

The registrant began to transact business using the fictitious business name(s) listed above on 8-1-2015
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Hemant Kumar H. Goswami
This statement was filed with the County Clerk of Alameda County on September 28, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filling of this statement does not of itself

new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 10/6, 10/13, 10/20, 10/27/15

CNS-2800978#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 509823 Fictitious Business Name(s): Nail Chic, 5932 Newpark Mall Dr., Newpark, CA 94560, County of Alameda Registrant(s):

Negrsurant(s): Thuy Nguyen, 28351 Rugs Rd., Hayward, CA 94544

Huong Vuong, 3814 Seven Trees Blvd. #1, San Jose, CA 95111

Business conducted by: Co-partners

Business conducted by: Co-partners
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)

clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 10/6, 10/13, 10/20, 10/27/15

CNS-2799842#

FICTITIOUS BUSINESS

FICTITIOUS BUSINESS

NAME STATEMENT
File No. 509360
Fictitious Business Name(s):
Beauty Plus Salon, 3170 Santa Rita Rd A-3,
Pleasanton, CA 94566, County of Alameda
Registrant(s):
Beauty Plus Salon Inc, 5017 Colebrook Ct, Dublin,
CA 94568; California

Beauty Prus Joann Tine, 3017 Collection Ct, Dublin, CA 94568; California Business conducted by: A Corporation The registrant began to transact business using the fictitious business name(s) listed above on \$\frac{40018}{60018}\$.

declare that all information in this statement

16/29/15
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

1/s/ Parveen Sharna, CEO
This statement was filed with the County Clerk of Alameda County on September 14, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

CNS-2799239#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 509361
Fictitious Business Name(s):
Beauty Plus Salon, 39182 Paseo Padre Pkwy,
Fremont, CA 94538, County of Alameda

Registrant(s):
Beauty Plus Salon, Inc., 5017 Colebrook Ct,
Dublin, CA 94568; California
Business conducted by: a corporation
The registrant began to transact business using
the fictitious business name(s) listed above on 6/29/2015 declare that all information in this statement

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Parveen Sharma, CEO
This statement was filed with the County Clerk of Alameda County on Sentember 14, 2015

This statement was filed with the County Clerk of Alameda County on September 14, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/29, 10/6, 10/13, 10/20/15

CNS-2798860#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME
File No. 463973
The following person(s) has (have) abandoned the use of the fictitious business name: Walton Hospitality, 3457 High Common Fremont, CA 94538; 1786 Bevin Brook Dr San Jose CA 945112
The Fictitious Business Name Statement for the Partnership was filed on 4-13-12 in the County of Alameda.

Christopher George Walton, 3457 High Common Fremont, CA 94538

Fremont, CA 94536 S/ Christopher G. Walton This statement was filed with the County Clerk of Alameda County on July 27, 2015 9/29, 10/6, 10/13, 10/20/15

CNS-2798563#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 509589
Fictitious Business Name(s):
SCYMA Consulting, 40760 Rainwater
Fremont, CA 94539, County of Alameda
Registrant(s):

ScYMA Consulting, 40760 Rainwater Ct. Fremont, CA 94539, County of Alameda Registrant(s):
Zahraa Nazim Saiyed, 40760 Rainwater Court, Fremont, CA 94539
Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Zahraa N. Saiyed
This statement was filed with the County Clerk of Alameda County on September 18, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

CNS-2798482#

FICTITIOUS BUSINESS NAME STATEMENT File No. 509274 Fictitious Business Name(s):

Garden Village Apartments, 36707 San Pedro Dr Fremont CA 94536, County of Alameda Mailing address: PO Box 5358 San Mateo CA 94402, County of San Mateo

Garden Village Apartments General Partner, LLC, 1730 S. El Camino Real #450, San Mateo, CA 94402 94402
Business conducted by: a limited partnership
The registrant began to transact business using
the fictitious business name(s) listed above on

the fictitious 11/17/2003 declare that all information in this statement

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

//s/ John Leung as Managing Member of Garden Village Apartments General Partner, LLC, The General Partner of Garden Village Apartments, a California Limited Partnership
This statement was filed with the County Clerk of Alameda County on September 10, 2015

Alameda County on September 10, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county

clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/29, 10/6, 10/13, 10/20/15

CNS-2798440#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 509698
Fictitious Business Name(s):
Lotus Music Academy, 39795 Paseo Padre
Pkway, Fremont, CA 94538, County of Alameda
Registrant(s):
CA Personal Development Consulting, Inc., 7580
Canyon Meadows Cir., Unit E, Pleasanton, CA
94588; California
Business conducted by: a Corporation
The registrant began to transact business using
the fictitious business name(s) listed above on
September 5, 2015
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ UNIS, Alice Unis, CEO
This statement was filed with the County Clerk of
Alameda County on September 22, 2015
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.
The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
9/29, 10/6, 10/13, 10/20/15

14411 et seq., Business an 9/29, 10/6, 10/13, 10/20/15

CNS-2798427#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): Cresoltech, 201 Helado Rd., Fremont, CA 94539, County of Alameda Registrant(s): Cresoltech LLC, 201 Helado Rd., Fremont, CA 94539; CA

File No. 509593

Business conducted by: A Limited Liability Company

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code

This statement was filed with the County Clerk of Alameda County on September 18, 2015 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be new fictitious business name statement must be

filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/29, 10/6, 10/13, 10/20/15

CNS-2797941#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 509209
Fictitious Business Name(s):
Fremont Pines Apartments, 37675 Fremont
Blvd, Fremont, CA 94536, County of Alameda Blvd, Fremont, CA 94536, County of Alameda PO Box 5358, San Mateo, San Mateo, CA 94402

Registrant(s): 37675 Fremont Boulevard Associates, LLC, 1730 S El Camino Real #450, San Mateo, CA 94402;

Business conducted by: A Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on

declare that all information in this statement

12/9/2005
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

//s/ John Leung, Managing Member of LLC
This statement was filed with the County Clerk of Alameda County on September 8, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

// CNS-2797652#

CNS-2797652#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 509090
Fictitious Business Name(s):
Mahajir Translation and Immigration
Assistance Services, 4579 Darcelle Dr, Union
City, CA 94587, County of Alameda
Registrant(s):

Registrant(s): Alameda Registrant(s): Ahmad Parwiz, 4579 Darcelle Dr, Union City, CA 94587

Registrant(s):
Ahmad Parwiz, 4579 Darcelle Dr, Union City, CA 94587
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
Is/A hmad Parwiz
This statement was filed with the County Clerk of Alameda County on September 3, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

CNS-2797410#

File No. 509082
Fictitious Business Name(s):
Groundte, 34684 Mission Blvd #261 Apt #261
Union City CA 94587, County of Alameda; 34684
Mission Blvd Apt #169 Union City CA 94587;

FICTITIOUS BUSINESS

NAME STATEMENT

Registrant(s): Ahmad Pavuiz, 4579 Darcelle Dr., Union City CA 94587

CA 9458/ Shahabuddin Samaruddin, 3680 Beacon Ave Apt #226, Fremont CA 94558 Himidullah Fahiri, 34684 Mission Blvd Apt #269 Union City CA 94587

Himidullah Fahiri, 34684 Mission Blvd Apt #269 Union City CA 94587
Business conducted by: a joint venture
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Ahmad Pavuiz, General Partner
This statement was filed with the County Clerk of Alameda County on September 3, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement unrecent than externer than externer than externer. any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/29, 10/6, 10/13, 10/20/15 CNS-2797398#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME File No. 486606 The following person(s) has (have) abandoned the use of the fictitious business name: C CU

the use of the fictitious business name. Capital Group, 3327 Clearview Ter., Fremont 94539
Fictitious Business Name Statement being

Jocelyn C. Cu, 3327 Clearview Ter., Fremont, CA 94539 Joseph Elmer Cu, 3327 Clearview Ter., Fremont, CA 94539

CA 94539 S/ Jocelyn C. Cu Joseph Elmer Cu This statement was filed with the County Clerk of Alameda County on September 15, 2015. 9/22, 9/29, 10/6, 10/13/15

CNS-2796977#

FICTITIOUS BUSINESS NAME STATEMENT File No. 508598

Fictitious Business Name(s): M.K. Chamkara, 37811 Fremont Blvd, Apt. 32, Fremont, CA 94536, County of Alameda; Mailing Address: 37811 Fremont Blvd., Apt. 32, Fremont, Registrant(s):

Registrant(s):
Amandeep Singh, 37811 Fremont Blvd., Apt. 32,
Fremont, CA 94536
Amandeep Kaur, 37811 Fremont Blvd., Apt. 32,
Fremont, CA 94536
Business conducted by: a General Partnership
The registrant began to transact business using
the fictitious business name(s) listed above on
N/A

I declare that all information in this statement I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ Amandeep Singh, General Partner
This statement was filed with the County Clerk of Alameda County on August 21, 2015.

NOTICE: In accordance with subdivision (a)

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county

clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/22, 9/29, 10/6, 10/13/15

CNS-2796961#

FICTITIOUS BUSINESS NAME STATEMENT File No. 509256

Fictitious Business Name(s):
Fiona Miller, 37086 Mulberry Street, Apt. D,
Newark, CA 94560, County of Alameda
Registrant(s):
Fiona McLellan, 37086 Mulberry St., Apt. D,

Business conducted by: An Individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions of

17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Fiona McLellan

This statement was filed with the County Clerk of Alameda County on September 9, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/22, 9/29, 10/6, 10/13/15

CNS-2796070#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 509194
Fictitious Business Name(s):
Carols Graphic Arts, 38038 Dundee Common,
Fremont CA 94536, County of Alameda
Registrant(s):

Registrant(s): Carol Sue Drake, 38038 Dundee Common, Fremont CA 94536

Fremont CA 94536
Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ Carol Sue Drake

misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Carol Sue Drake
This statement was filed with the County Clerk of Alameda County on September 8, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/22, 9/29, 10/6, 10/13/15

CNS-2796068#

CNS-2796068#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 509432
Fictitious Business Name(s):
K-Pop Cafe, 35041 Fremont Blvd, Fremont, CA 94536, County of Alameda; 35041 Fremont Blvd, Fremont, CA 94536; Alameda
Registrant(s):

Registrant(s): SSEF, Inc., 35041 Fremont Blvd, Fremont, CA

Fremont, CA 94536; Alameda Registrant(s):
SSEF, Inc., 35041 Fremont Blvd, Fremont, CA 94536; California Business conducted by: a corporation The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Edward Y. Choi, President This statement was filed with the County Clerk of Alameda County on September 15, 2015 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filled before the expiration.

The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 1422, 9/29, 10/6, 10/13/15

CNS-2796064#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 509438
Fictitious Business Name(s):
K-Town BBQ, 5890 Mowry School Rd., Newark
CA 94560, County of Alameda
Registrant(s):

Registrant(s): D E Brothers Incorporated, 5890 Mowry School Rd., Newark CA 94560; CA Business conducted by: a corporation
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

In thousand unions (EO)

This statement was filed with the County Clerk of Alameda County on September 15, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

flied before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/22, 9/29, 10/6, 10/13/15

CNS-2796060#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 508861
Fictitious Business Name(s):
Weintek, 46734 Fremont Blvd., Fremont, CA Weintek, 40/34 Fremont Blvd., Fremont, 52, 94538, County of Alameda Registrant(s): Weintek HMI, Corporation, 46734 Fremont Blvd.,

Fremont, CA 94538; California Business conducted by: corporation The registrant began to transact business using the fictitious business name(s) listed above on 3/1/2010

Fremont, CA 94538

3/1/2010
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Bohan Su. CEO

misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Bohan Su, CEO
This statement was filed with the County Clerk of Alameda County on August 28, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/22, 9/29, 10/6, 10/13/15

CNS-2794678#

FICTITIOUS BUSINESS NAME STATEMENT File No. 508335

9/22, 9/29, 10/6, 10/13/15

Fictitious Business Name(s): Eden Silk Road Cuisine, 39144 Paseo Padre Pkwy., Fremont, CA 94538, County of Alameda

Registrant(s): Herembag, LLC, 14272 Saratoga Ave., Saratoga, CA 95070; California Business conducted by: a Liited Liability Company The registrant began to transact business using the fictitious business name(s) listed above on

8/1/2015 declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Jis Jayce Kodine, Manager Member This statement was filed with the County Clerk of Alameda County on August 17, 2015

FICTITIOUS BUSINESS NAMES

PUBLIC NOTICES

NOTICE: In accordance with subdivision (a) fection 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/15, 9/22, 9/29, 10/6/15

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 508796
Fictitious Business Name(s):
Hi + Hello Photography, 3830 Village Terrace
Apt 244 Fremont CA 94536, County of Alameda
Repistrant(s): Maryam Salassi, 3830 Village Terrace Apt 244,

Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on

declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is quilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ Maryam Salassi
This statement was filed with the County Clerk of Alameda County on August 27, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A /s/ Maryam Salassi

the residence address of a registered own

new fictitious business na filed before the expiration. The filing of this statement The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/15, 9/22, 9/29, 10/6/15

fictitious business name statement must be

CNS-2793426#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 509165
Fictitious Business Name(s):
Family Autos, 37600 Central Court, #250 G
Newark CA 94550. County of Alameda
Registrant(s):
Mohammad Fahim Azimy, 3090 Stoneheng Rd.,
Fremont CA 94555
Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ Mohammad Fahim Azimy
This statement was filed with the County Clerk of
Alameda County on September 4, 2015
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.
The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
9/15, 9/22, 9/29, 10/6/15

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 508727
Fictitious Business Name(s):
Sun Massage, 4625 1st Street, Suite 155,
Pleasanton, CA 94566, County of Alameda
Registrant(s):

Registrant(s): Yu Shuang Xu, 4992 Omar St., Fremont CA 94538 Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on 8/5/2015

l declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

This statement was filed with the County Clerk of Alameda County on August 26, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

CNS-279249##

GOVERNMENT

PLANNING COMMISSION OF THE CITY OF UNION CITYNOTICE OF PUBLIC HEARING NOTICE IS HEREBY GIVEN that a public hearing will be held by the Planning Commission of the City of Union City for the purpose of considering the following.

City of Union City for the purpose of considering the following:

USE PERMIT (UP-15-007)

The applicant, Stephen MacMillan of SLM Architecture and Design, on behalf of Hermitage Brewing Company, LP, is seeking approval of a Use Permit to establish a brewery and tasting room in an existing building at 2930 Faber Street (APN: 463-0045-060-02). The site is located in the Light Industrial (ML) zoning district.

NOTICE IS ALSO GIVEN that staff is recommending that this project be considered categorically exempt per Section 15301, Existing Facilities, Class 1, of the California Environmental Quality Act (CEQA).

This item will be heard at a public hearing by the Planning Commission at the meeting and voice your comments in person, or you may submit comments in writing prior to the hearing. The project planner, Timothy Maier, can be reached at (510) 675-5382 or via email at TimM@unioncity. org.

project planner, I Imothy Maier, can be reached at (510) 675-5382 or via email at TimM@unioncity. org.

PLANNING COMMISSION MEETING

Thursday, October 15, 2015

Said hearing will be held at 7:00 p.m.
In the Council Chambers of City Hall,

34009 Alvarado-Niles Road, Union City

The Planning Commission meeting packet, which includes the meeting agenda and staff report for this project, can be accessed on-line on the City's Agendas and Minutes webpage which is located at http://www.ci.union-city.ca.us/departments/city-manager-s-office/city-clerk/agendas-and-minutes. Meeting packets are generally available on-line the Friday before the meeting.

City Hall is accessible by Union City Transit lines 1, 3, 5, 6, 8, 9 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please call Union City Transit at (510) 471-1411 and AC Transit or BART at 511. Union City Transit maps and schedules are available at www.uctransit.org. If you challenge the above described project in court, you may be limited to raising only those issues you or someone else raised at the Planning Commission public hearing for this project or the City Council public hearing for this project or commission or to the City Council at, or prior to, the public hearing.

JOAN MALLOY

the public hearing.

JOAN MALLOY

Economic & Community Development Director
10/6/15

PROBATE

NOTICE OF SALE
OF REAL PROPERTY
AT PRIVATE SALE
(Probate Code
Sections 10300, 10304)
No. RP14734963
IN THE SUPERIOR COURT OF CALIFORNIA
IN AND FOR THE COUNTY OF ALAMEDA
In the Matter of the Estate of: CRISTELA IDALIA
MUNOZ, Decedent.
NOTICE IS HEREBY GIVEN that, subject to
confirmation by this Court, on October 27, 2015,
or thereafter with the time allowed by law, Mark
Trujillo, as Administrator of the Estate of the
above-named decedent, will sell at private sale to
the highest and best net bidder on the terms and
condition stated below all right, title, and interest
of the decedent at time of death and all right,
title, and interest that the Estate has acquired
in addition to that of the decedent at the time of
death, in the real property located in the County
of Alameda, California, commonly referred to as
35040 Hollyhock Street, Union City, CA 94587,
APN: 087-0009-016.
Bids are invited for this property, subject to the
Court's minimum overbid of \$630,500 at any time
after the first publication of notice and before any

sale is made. Bidders are welcome to attend and voice their bids at the court hearing, located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704, Department 201. If no bids are received prior to or on the court date currently scheduled for October 27, 2015, the real property will be sold

for October 27, 2015, the real property will be sold. The property will be sold subject to current taxes, covenants, conditions, restrictions, reservations, rights, rights of way, and easements of record. The property is to be sold on an "as is" basis, except for title. Rick Barrelier, of 1430 Howard Avenue, Burlingame, CA 94010 is acting as exclusive agent for the property. Bids or offers are invited for this property and must be in writing and can be mailed to the office of Rick Barrelier at any time after first publication of this Notice and before any sale is made.

mailed to the office of Rick Barreller at any time after first publication of this Notice and before any sale is made. The property will be sold on the following terms: Cash, ten percent (10%) of the amount of the bid to accompany the offer by certified check, and the balance to be paid on recording of conveyance. Taxes, rents, operating and maintenance expenses and premiums on insurance acceptable to the purchaser shall be prorated as of the date of recording of conveyance. Examination of title, recording of conveyance, transfer taxes, and any title insurance policy shall be at the expense of the purchaser or purchasers.

The right is reserved to reject any and all bids. For further information, contact Rick Barrelier, (650) 573-5961, 1430 Howard Avenue, Burlingame, CA 94010.

Dated: October 1, 2015

Is/ GREGORY MENZEL, Attorney for MARK TRUJILLO, Administrator of The Estate of CRISTELA IDALIA MUNOZ.

GREGORY MENZEL, Attorney at Law, 155 Bovet Rd. Suite 350, San Mateo, CA 94402, (650) 358-9001

10/6, 10/13, 10/20/15

CNS-2801852#

CORRECTED NOTICE OF PETITION TO ADMINISTER ESTATE OF RAJENDRA PRASAD A/K/A REGINALD PRASAD CASE NO. RP15784533

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Rajendra Prasada a/k/a

Reginald Prasad
A Petition for Probate has been filed by Rawal Jason Prasad a/k/a Jason Prasad in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Rawal Jason Prasad a/k/a Jason Prasad be appointed as personal representative to administer the estate of the decedent. to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows

good cause why the court should not grant the authority. A hearing on the petition will be held in this court on October 14, 2015 at 9:30 a.m. in Dept. 201 located at 2120 Martin Luther King, Jr. Way, Berkeley, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney

knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate. you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in

Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Law Offices

of Patricia A. Scott, 2233 Santa Clara Avenue, Suite 1, Alameda, CA 94501, Telephone: (510) 735-8764 9/22, 9/29, 10/6/15

CNS-2796614#

NOTICE OF SALE OF REAL PROPERTY AT PRIVATE SALE (Probate Code Sections 10300, 10304) No. RP14734963

No. RP14734963
IN THE SUPERIOR COURT OF CALIFORNIA
IN AND FOR THE COUNTY OF ALAMEDA
In the Matter of the Estate of: CRISTELA IDALIA
MUNOZ, Decedent.
NOTICE IS HEREBY GIVEN that, subject to

MUNUZ, Decedent.

NOTICE IS HEREBY GIVEN that, subject to confirmation by this Court, on September 30, 2015, or thereafter with the time allowed by law, Mark Trujillo, as Administrator of the Estate of the above-named decedent, will sell at private sale to the highest and best bidder on the terms and condition stated below all right, title and interest of the decedent at time of death and all right, title and interest that the Estate has acquired in addition to that of the decedent at the time of death, in the real property located in the County of Alameda, California, commonly referred to as 35040 Hollyhock Street, Union City, CA 94587, APN: 087-0009-016. Bids are invited for this property, subject to the Court's minimum overbid of \$630,500 at any time after the first publication of notice and before any sale is made.

after the first publication of notice and before any sale is made.

The property will be sold subject to current taxes, covenants, conditions, restrictions, reservations, rights, rights of way, and easements of record. The property is to be sold on an "as is" basis, except for title.

Rick Barrelier, of 1430 Howard Avenue, Publishers CA 940(10) is acting as exclusive.

except for title.

Rick Barrelier, of 1430 Howard Avenue,
Burlingame, CA 94010 is acting as exclusive
agent for the property. Bids or offers are invited
for this property and must be in writing and can be
mailed to the office of Rick Barrelier at any time after first publication of this Notice and before any sale is made.

after Irist publication of this Notice and behave any sale is made.

The property will be sold on the following terms: Cash, ten percent (10%) of the amount of the bid to accompany the offer by certified check, and the balance to be paid on recording of conveyance. Taxes, rents, operating and maintenance expenses and premiums on insurance acceptable to the purchaser shall be prorated as of the date of recording of conveyance. Examination of title, recording of conveyance, transfer taxes, and any title insurance policy shall be at the expense of the purchaser or purchasers.

The right is reserved to reject any and all bids. For further information, contact Rick Barrelier, (650) 573-5961, 1430 Howard Avenue, Burlingame, CA 94010.

For further information, contact NICA Dattenier, (650) 573-5961, 1430 Howard Avenue, Burlingame, CA 94010.
Dated: September 14, 2015
S/ GREGORY MENZEL, Attorney for MARK TRUJILLO, Administrator of The Estate of CRISTELA IDALIA MUNDOZ.

GREGORY MENZEL, Attorney at Law, 155 Bovet Rd. Suite 350, San Mateo, CA 94402, (650) 9/22, 9/29, 10/6/15

CNS-2795313#

PUBLIC AUCTION/SALES

NOTICE OF LIEN SALE AT PUBLIC AUCTION
Notice is hereby given that personal property in
the following units will be sold at public auction:
on the 22nd day of October, 2015 at or after
12:30 pm pursuant to the California Self-Storage
Facility Act. The sale will be conducted at: U-Haul
Moving & Storage of Thornton, 4833 Thornton
Ave. Fremont, CA 94536. The items to be
sold are generally described as follows: clothing,
furniture, and / or other household items stored by
the following people:

Name Unit # Palt Infloying Date
Jennifer Russell AA8048A 7/25/2015
Nateisha Dickens B313 8/7/2015
Vanessa Sokis B186-87 5/19/2015
Joseph Clifton B323 7/17/2015
Quenesta Howard B300 6/15/2015
Francisco Perez C113 6/12/2015
Sharon Dalton C123 8/16/2015
Destiny Shim C145 5/27/2015
Troy Anthony Rubenaker C205 5/28/2015
10/6. 10/13/15

CNS-2800908#

TRUSTEE SALES

T.S. No.: 2014-08785-CA A.P.N.:531-0029-082-00 Property Address: 4551 Wheeler Dr. Fremont, CA 94538-1935 NOTICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE § 2923.3(a), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOTATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE

COPIES PROVIDED TO THE TRUSTOR. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED IMPORTANT NOTICE TO PROPERTY DEWNER: YOU ARE IN DEFAULT PROPERTY. TO WITHOUT THE DISTORED OS 124/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY. IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. TRUST: Robert J. Trisler, AN UNMARRIED MAN DUly Appointed Trustee: Western Progressive, LLC. Recorded 04/05/2005 as Instrument No. 2005131580 in book —, page—and of Official Records in the office of the Recorder of Alameda County, California, pale of Sale: 170/2013 et al. 2009 PM Place of Sale: AT THE FALLOTS TREET OF MARRIED TO SALE. IT SALE OF THE FALLOTS TREET OF THE SALE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH CASHLERS CHECK DRAWN ON A STATE OR NATIONAL BANK. A CHECK DRAWN BY A STATE OR NATIONAL BANK. A CHECK DRAWN BY A STATE OR NATIONAL BANK. A CHECK DRAWN AS A SANOCIATION OR SAVINGS ASSOCIATION OR SAVINGS AND LOAN ASSOCIATION. A SAVINGS AND LOAN ASSOCIATION A SAVINGS AND LOAN ASSOCIATION OR SAVINGS ASSOCIATION OR SAVINGS AND LOAN A

CNS-2798738#

Mosquito adulticiding used to suppress West Nile Virus activity

SUBMITTED BY ALAMEDA CTY MOSQUITO ABATEMENT DISTRICT

Mosquitoes infected with West Nile virus have been detected in traps placed near Skywest Golf Course and Oro Loma Sanitary District. In response, the Alameda County Mosquito Abatement District applied Pyrenone 25-5 Public Health Insecticide on Thursday, Octo-

To date in Alameda County, 15 West Nile virus positive dead birds, and 11 groups of positive mosquitoes have been detected. No human cases have been reported. The District continues its surveillance and larval control program throughout the county. Residents are urged to be proactive by eliminating sources of water where mosquitoes can breed and protecting themselves from mosquito bites. If you come across a dead bird please report it by calling (877) WNV-BIRD or online at www.westnile.ca.gov.

For information about mosquitoes, West Nile virus, or the fogging operation please visit www.mosquitoes.org. Residents can request mosquitofish for their fish ponds, horse troughs, etc. by contacting the Abatement District office in Hayward at 23187 Connecticut St., or calling (510)783-7744.

Grand opening event for Capitol Avenue in Downtown Fremont

SUBMITTED BY CITY OF FREMONT

The City of Fremont invites the community to the Capitol Avenue Grand Opening Event in Downtown Fremont on Friday, October 16. The event will be held at the corner of Fremont Boulevard and the new Capitol Avenue extension.

The celebration of the extension from Capitol Avenue to Fremont Boulevard will include the unveiling of Heartfullness, Downtown Fremont's newest temporary art in public places. Heartfullness is a 12 foot by 15 foot steel sculpture of a heart that debuted at Burning Man. Its symbolic nature represents Downtown Fremont as the "social heartbeat" of the city and Capitol Avenue as its gateway to Fremont's "Main Street."

After the grand opening ceremony, the community is invited to walk the multi-modal street to view its innovative features, including unique screen walls that enhance the pedestrian experience, bike lanes, free public parking, a landscaped median, street lights with solar powered electrical receptacles, and 10-15 foot sidewalks with street

trees and additional landscaping. This project kicked off in September 2014 with the Downtown on the Rise Demolition Celebration, where the community watched the demolition of a threestory office building, allowing for the critical connection of Capitol Avenue to Fremont Boulevard.

To carry on the festive atmosphere into the evening, stay for Fremont Street Eats, our gourmet food truck event produced by the Fremont Chamber of Commerce and Food Truck Mafia. Event parking will be available in the lot between Fremont Bank and The Original Pancake House.

For more information about the Capitol Avenue Grand Opening Event, please contact Alina Kwak via email at (510) 284-4014.

Grand Opening for Capitol Avenue Friday, Oct 16 5 p.m. – 9 p.m. Corner of Fremont Boulevard and new Capitol Avenue extension, Fremont (510) 284-4014

Preparation for Niles Canyon Environmental Impact report

SUBMITTED BY NILES CANYON PROJECTS

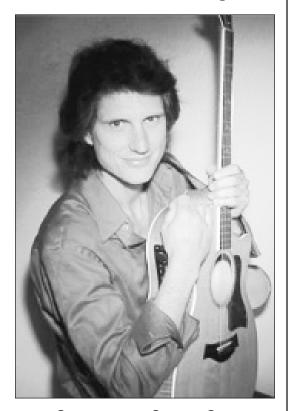
The Niles Canyon Safety Improvements Project proposes to implement multiple spot safety improvements on State Route 84 from Mission Boulevard to Interstate 680. The California Department of Public Transportation (Caltrans) is offering individuals and organizations the opportunity to identify the scope of the environmental studies being conducted for the project. Members of the public are encouraged to submit written comments to Caltrans. All comments must be received by 5 p.m. on Friday, October 30, 2015. Please submit written comments to Caltrans District 4, 111 Grand Avenue, MS 8B, Oakland, CA 94612 Attn: Liz White, or via email to nilescanyonprojects@dot.ca.gov

Additionally, a public scoping meeting will be held to solicit comments on the scope of environmental studies. The primary purpose of the scoping meeting is to provide updated information about the safety improvements planned to date and considerations in forming the range of possible alternatives to be evaluated in the EIR/EA. The meeting will include a brief presentation at 6:30 p.m. followed by an opportunity to provide verbal or written comments to Caltrans staff.

The Notice of Preparation for the Niles Canyon Safety Improvements Project is available to view at http://www.dot.ca.gov/dist4/nilescanyon/

Niles Canyon Public Scoping Meeting Wednesday, Oct 14 6 p.m. – 8 p.m. Sunol Glen Elementary School, Cafeteria 11601 Main St, Sunol nilescanyonprojects@dot.ca.gov

LOV opens concert season with Those Were The Days



SUBMITTED BY SHIRLEY SISK

On Sunday, October 18, the League of Volunteers (LOV) and the Newark Arts Council present in concert William Florian, bringing an afternoon of poplar songs of the 60's. Florian is the former lead singer of the famous 60's group The New Christy Minstrels. His shows are a perfect combination of wonderful music, humor and memoir. Performing the songs he sang as the lead singer of the new Christy Minstrels, Florian will also entertain you with the songs of Peter Paul & Mary, John Denver, The Mamas and The Papas and more. Don't miss this opportunity to step back in history and enjoy an afternoon of music and memories.

The concert is free of charge and held at Thornton Junior High in Fremont. Doors open at 1 p.m. and the concert begins at 2 p.m. Complimentary refreshments are served during intermission.

LOV Concert Those Were The Days Sunday, Oct 18 2 p.m. (Doors open 1 p.m.) Thornton Jr High, Multi-purpose Auditorium 4356 Thornton Ave, Fremont (510) 793-5683 www.lov.org. Free

Is Hayward prepared for natural disasters?

SUBMITTED BY CITY OF HAYWARD

Rolling hills, gorgeous coastline, and wide open spaces make Hayward an amazing, unique place to live. But they also leave us vulnerable to earthquakes, floods, sea level rise and wildfires - natural disasters that threaten to permanently disrupt our way of life.

The City of Hayward cares deeply about the safety of our residents, families, homes and jobs. We know that the big one's coming. When it does, we want to be ready and we need your help. Take our Local Hazard Mitigation Plan Survey and tell us what matters most to you so we can be prepared to protect it. Visit www.surveymonkey.com/r/HaywardLHMP to participate.

Lawn to garden parties

SUBMITTED BY JEANNE NADER

Not like any other lawn party - this one gives you a chance to help convert a lawn into a garden using sheet mulch, all in one day! Sheet mulching your lawn into a garden will help your soil withstand the drought AND El Nino.

We'll be supporting a local homeowner as they transform their front yard. StopWaste educators will be on hand, along with nursery staff and Bay-Friendly Qualified Designers to guide us as we sheet mulch and plant the new gardens. This is a great opportunity to see the whole process, from curb cutting, prep, actual sheet mulching and planting. Participants will learn about lawn conversion rebates as well as drought tolerant plant choices.

After participating in one of these lawn parties, Alameda County attendees will be eligible to receive a FREE one-hour of design assistance from a Bay-Friendly Qualified Designer if they host their own sheet mulch party.

At the end of each event, there will be a drawing for complimentary sheet mulch materials and other garden gifts and plants. Please register @ www.stopwaste.org/lawnparty so that we have a head count for tasty seasonal snacks and tools and to receive location details.

These free, educational events are made possible by Stop-Waste with support from Chrysalis Gardens, Alameda County Water District, Evergreen Nursery and Vision Recycling.

> Lawn to Garden Party Saturday, Oct 10 9:30 a.m. - 1:00 p.m. Fremont – private residence

Convert a lawn sustainably by leaving lawn in place and planting drought tolerant Mediterranean adapted plants and California natives.

Free and open to the public with pre-registration. Pre-registration required. Visit www.stopwaste.org/lawnparty for



PIRATES PROMISE A HAUNTED OCTOBER

With Halloween upon us, the Alameda County Fairgrounds readies itself for the pirates' return. "Pirates of Emerson" is back beginning Saturday, October 3 to deliver a frightful October to those who dare enter the fairgrounds. Dubbed as the "haunted themed park," this Bay Area Halloween tradition will feature five thrilling haunted attractions such as the Cursed Cavern, Demonic Voodoo, The Haunted, Mental Maze, and the original Pirates of Emerson.

In addition to haunted attractions, other events include Frightmare Sideshow, Boneball, Misfortune Teller, Emerson's Oddities, and other nightly entertainment. Tatseena's Serpent Sirens will dance their way to the fairgrounds to provide entertainment, along with KaHooLaw Hooping. The Great Richy Bee will leave the audience in awe as they watch him perform death-defying stunts at the Sideshow of Despair.

Enter all five haunted attractions for the price of one. General admission tickets cost \$25; there is an additional \$10 fee for a speed pass, which will allow you to bypass long lines. If you want another round of fright, there is an additional \$10 fee to enter each attraction twice. For more information, visit www.piratesofemerson.com - if you dare!

Pirates of Emerson Saturday, Oct 3 Friday, Oct 9 – Sunday, Oct 11 Thursday, Oct 15 - Sunday, Oct 18 Thursday, Oct 22 – Sunday, Oct 25 Wednesday, Oct 28 - Saturday, Oct 31 Begins at 7:05 p.m. **Alameda County Fairgrounds** Corner of Bernal Ave & Valley Ave, Pleasanton www.piratesofemerson.com General Admission: \$25

Fremont resident honored



SUBMITTED BY CRISTIN MITCHELL

Each year, the President of the United States recognizes volunteers throughout the country with the President's Volunteer Service Awards. Bin Wu of Fremont is among this year's gold award honorees. Wu is being recognized for her work as a Citizen Schools Citizen Teacher; the award is a testament to her civic leadership. Wu works at San-Disk and has taught apprenticeships at both Joseph George and William Sheppard Middle Schools in

Citizen Schools is a national nonprofit organization that partners with middle schools to expand the learning day for children in low-income communities. Citizen Schools mobilizes a team of AmeriCorps educators and volunteer "Citizen Teachers" to teach real-world learning projects and provide academic support in order to help all stu-

dents discover and achieve their dreams.

Volunteer Citizen Teachers play a critical role in introducing students to engaging opportunities and diverse careers through 10-week apprenticeship programs. During the 2014-2015 school year, over 2,300 Citizen Teachers taught more than 1,000 apprenticeships, impacting over 5,300 students across our network.

This year, Wu and 60 other volunteer Citizen Teachers received recognition from President Obama at the gold award level, which corresponds to a significant commitment: teaching all four of the past four semesters. This award underscores the impact that Wu and other Citizen Teachers are having on the community.

For more information, please visit http://www.citizenschools.org/

FUSD holds ribbon cutting ceremonies



SUBMITTED BY BRIAN KILLGORE

FUSD (Fremont Unified School District) celebrated two Ribbon Cutting Ceremonies over two days to celebrate the opening of new buildings funded by voter-approved Measure E. Azevada Elementary School opened its new classroom building Sep. 29 in front of an audience that included Fremont Mayor Bill Harrison and a performance by Azevada's Mandarin Immersion students.

Mattos Elementary School held its own ceremony on September 30, opening both a new classroom building and a science lab. FUSD would like to thank the numerous design and construction firms involved with both projects, the students and families from both schools for their patience, the Azevada and Mattos teachers and staff for their flexibility - and especially to the voters of Fremont for making these celebrations possible.

Union City Police Log

SUBMITTED BY UNION CITY PD

Monday, September 21

A residential burglary occurred on the 100 block of Aurora Plaza between 6:30 a.m. and 9:40 a.m. The suspect cut the screen to the sliding glass door, which was left open by the residents. The loss was a laptop.

Tuesday, September 22

A commercial burglary attempt occurred on the 30000 block of Ahern St. around 11:00

p.m. A window was broken, but there was no entry or loss.

Wednesday, September 23

At around 12:00 p.m., Ofc. Cota was dispatched to the 1700 block of Decoto Road on reports of a robbery attempt. A suspect rode up next to the victim on a bike and grabbed the gold necklace from her neck. They struggled, and the suspect rode away on his bike without any stolen property. The suspect was described as an Asian male or Hispanic male, 40-50 years old, 5'7" with a thin build, riding a black or gray bike.

At around 11:00 p.m., Ofc. Llamas responded to Union Landing on reports of brandish-



ing a firearm. Two victims yelled at a driver after he almost hit them backing out of a parking space. The driver said to them, "You guys think you are tough?" and pointed a black semi-automatic handgun at them. The suspect was described as a Hispanic male in his mid-30s, with slicked back hair. He was driving a newer model, white Toyota Corolla.

Friday, September 25

At around 9:00 p.m., Ofc. Olson was patrolling the area of Whipple Boulevard and located a vehicle that had been reported stolen out of Fremont Boulevard. The suspect fled after an attempted traffic stop but was located after a perimeter was established. Robert Gallardo, a Newark resident, was arrested for vehicle theft and the possession of burglary tools.

A commercial burglary attempt occurred on the 31000

block of Alvarado-Niles Road between 10:00 p.m. and 11:00 p.m. The outside screen was partially pried off the window, but the window was locked.

Sunday, September 27

At around 5:45 p.m., Ofc. Mangan responded to the 1700 block of Decoto Road for a just-occurred robbery report. The victim was walking with her purse draped over her shoulder, when two suspects forcibly pulled the purse from her shoulder and fled in a green, older model, single cab pickup. Both suspects were described as black males, 18-25 years old, 5'10" to 6'2" and 160-200 lbs.

City of Fremont news briefs

SUBMITTED BY CHERYL GOLDEN

Grand Opening Event

The City of Fremont invites the community to the Capitol Avenue Grand Opening Event in Downtown Fremont on Friday, October 16 at 5 p.m.! The event will be held at the corner of Fremont Boulevard and the new Capitol Avenue extension.

Downtown Fremont Project Receives International Merit Award

We're excited to announce that the City of Fremont received the 2015 Merit Award from the International Downtown Association (IDA) for its Downtown Fremont - On the Rise! Project. The Downtown project was among six qualified entries in the Planning category, which recognizes planning efforts that establish a strategic position for a downtown. The IDA strives to inform, influence, and inspire downtown leaders and advocates, and serve as a guiding force for vital and livable urban centers.

"The City of Fremont's project received the IDA Merit Award for delivering excellence in downtown management," said David Downey, IDA President and CEO. "The Downtown Fremont project is a shining example of excellent downtown management delivering real value to the city."

Hey, Put A Lid On It!

Our weekly trash and recycling collection system strives to offer convenience for the community and support safe and

healthy neighborhoods. However, having several thousand bins on the street each day can lead to big problems if we're not thoughtful about what we're putting out on the street.

It's very important to avoid overfilling your garbage and recycling bins and making sure your bin lids are completely closed. Otherwise, materials can easily blow onto the street or fall to the ground as they're lifted up into the truck, resulting in litter and pollution on our City streets. This litter often ends up in storm drains, which can end up blocking the drain and causing flooding. Litter can also be easily carried out to local creeks and the San Francisco Bay through the storm drain system.

Prevent litter and protect our waterways:

- Place shredded paper inside a paper bag to prevent blow-away during service.
- Never place loose plastic bags in your recycling always bag the bags into one larger bundle.
- Flatten boxes and compact trash and recyclables if necessary to allow the lid on your bin to close all the way.
- Consider having an extra "overage bag" on hand for when you occasionally have that extra trash. Overage bags can be prepurchased from Republic Services and can be very handy for those times when your regular trash bin isn't big enough.
- Request a larger trash or recycling bin from Republic Services if your containers are routinely overfilled.
- Call Republic Services at 510-657-3500 to explore your service options.

'The Running Dead' Fun Run

The City of Fremont Recreation Division along with the Youth Advisory Commission invites you to participate in "The Running Dead" Fun Run at Central Park Lake Elizabeth on Saturday, October 17. Wear a costume and run/walk around Central Park Lake Elizabeth! The best costumes will win prizes. After the run/walk, enjoy a health fair and learn how you can live a healthier life. Check-in for the run will begin at 8:30 a.m. at the Central Park Performance Pavilion, located at 40000 Paseo Padre Pkwy., with stretch and start of run at 9 a.m. Cost is \$7 per person. Register online at www.Regerec.com and use barcode #231629. For more information contact Alvaro Zambrano at azambrano@fremont.gov or 510-494-4344.

Free Personal Emergency Preparedness Class

The City of Fremont's Fire Department is offering a free Personal Emergency Preparedness (PEP) class, which will teach you how to take care of yourself and your family before, during and after a disaster. Sign up for either date that works for you:

Saturday, October 17: 9 a.m. to 12 p.m. Tuesday, November 10: 7 p.m. to 10 p.m.

Classes will be located at the Fremont Fire Training Tower, located at 7200 Stevenson Blvd., west of Interstate 880. To register for a free PEP class, please call 510-494-4244 or send an email to Fire-PubEd@fremont.gov noting which date you'd like to attend.

If you are part of a group and would like to schedule your own personal group PEP class, please contact Chuck Guaraglia, Public Education with the Fremont Fire Department, at 510-792-3473 or guaragliac@comcast.net.

Solar Permitting Process Streamlined

With more and more residents choosing to install solar, the City recently adopted an ordinance streamlining solar permitting for small residential systems, and also updated the webpage related to solar permits. Updates include the following:

- Turnaround times for small residential rooftop solar permits have been reduced to three days maximum. (Over-the-counter permits will continue to be offered on Wednesday mornings at the Development Services Center, located at 39550 Liberty St.)
- Permit applications may be submitted by fax or e-mail
- Only one City inspection is now required
- Forms and instructions have been streamlined and are available in an easy-to-use format at www.Fremont.gov/SolarPermits

These changes will make it quicker and easier than ever for residents to "go green" and help the community reduce its environmental footprint!

California high-speed rail seeks private investors, input

By Juliet Williams Associated Press

SACRAMENTO, Calif. (AP), The California High-Speed Rail Authority has received 35 responses from private companies interested in financing, building and operating the first 300-mile segment of the controversial rail project, which officials say is a positive sign of private interest after lawmakers last year dedicated a long-term funding source.

Chief Executive Jeff Morales declined to provide details Friday about what the companies told the agency or make public the responses, saying officials are still reviewing them and plan to meet with the companies over the next two months.

The authority provided a list of 35 firms that replied, including London-based Barclays Bank, a group called the Chinese High Speed Rail Delivery Team and several large international construction and engineering firms with offices in the United States, such as Bechtel Infrastructure Corporation, Siemens Industry Inc. and AECOM.

Several firms contacted Friday did not immediately respond to requests for comment from The Associated Press.

Facing criticism from opponents for the lack of private investors lining up to finance the \$68 billion project, the rail authority asked private firms to respond to a list of questions on how to reduce costs, speed up construction and attract more private-sector investment for a segment from Merced to Burbank, which is scheduled to start operating in 2022. "Until now we have been saying 'There will be private sector interest.' Now the private sector is saying 'There will be private sector interest," Morales said Friday.

He said the responses allow the rail authority to benefit from "the collective experience of firms who've delivered big projects who can help us determine the best path forward."

The state Legislature agreed last year to provide the first ongoing source of financial support to the project: a quarter of all revenues from the state's greenhouse gas emissions program in which companies buy and sell pollution credits. That amounted to \$250 million last year and could eventually total \$3 billion to \$5 billion a year. Voters in 2008 also approved nearly \$10 billion in bonds for the project, and the federal government has committed \$3.5 billion in matching funds.

Still, California's project faces political uncertainty in Washington, D.C. as Republican House Majority Leader Kevin McCarthy, of Bakersfield, seeks to become the next speaker. He previously has vowed to ``do whatever I can to ensure that not one dollar of federal funds is directed to this project."

Rail officials are expected to brief the board of directors on the industry responses at a board meeting next week.

The list of respondents provided by the rail authority can be seen here:

http://www.hsr.ca.gov/docs/about/doing -business/UPDATED-RFEI-HSR-1502-Responses-093015.pdf

Tesla's first SUV, the Model X, is finally hitting the road

By Dee-Ann Durbin AP Auto Writer

FREMONT, California (AP), Electric vehicle maker Tesla Motors has mastered the sporty two-seater and the elegant sedan. Now, it wants to conquer the family

Tesla's Model X – one of the only allelectric SUVs on the market – will be officially unveiled Tuesday night at the company's California factory.

The Model X is the third vehicle from 12-year-old Tesla, after the Roadster – which was discontinued in 2012 – and the Model S sedan. It should attract new customers to the brand, and goes on sale as the market for luxury SUVs is booming. U.S. luxury SUV sales were up 17 percent through August, five times faster than the industry as a whole.

"If Tesla's going to be a more significant player, they need more products, and SUVs are what the market is demanding," said Michelle Krebs, a senior analyst with the car buying site AutoTrader.com

But there are drawbacks. Only a fraction of the sippy cup set will be able to afford the Model X, even with an available \$7,500 federal tax credit. Exact pricing hasn't been revealed, but CEO Elon Musk says the Model X will cost \$5,000 more than the Model S, which starts at \$70,000.

Long road trips will have to be planned carefully because the Model X will have a limited range before the battery needs to be recharged. The U.S. Environmental Protection Agency says the front-wheel-drive 90D version of the Model X will go 257 miles on a charge, while an all-wheel-drive P90D version will go 250 miles. That is less range than the equivalent versions of the Model S.

Few details were released ahead of Tuesday's unveiling, but the Model X has three rows and seats seven. Its most eye-popping feature is its falcon-wing rear doors, which open upward.

Those doors were among the reasons that the Model X's launch was delayed several times. Musk announced plans for the Model X in 2012 and it was initially expected to go on sale in early 2014. But Musk has said its complicated design – and his own perfectionism – caused delays.

Musk has also downplayed expectations for initial sales of the SUV. Last month, he lowered Tesla's annual sales forecast from 55,000 vehicles to between 50,000 and 55,000 and said bringing the Model X up to full production would be ``challenging."

"We only want to deliver great cars, so we don't want to drive to a number that's greater than our ability to deliver high-quality vehicles," Musk told analysts on a conference call.

But Musk says Tesla is still on track to sell 500,000 vehicles by 2020. It expects to reach that goal with the introduction of its next car, the lower-priced Model 3, expected in 2017.

The Model X is alone, for now, in the all-electric luxury SUV market. Its closest competitor is the plug-in hybrid Porsche Cayenne SUV, which starts at \$77,200. But others, spurred by Tesla, are planning their own all-electric models. Audi said this month that it will have an all-electric SUV by 2018.

At the lower end of the market, there's the \$32,000 Kia Soul EV, an electric crossover, but it only has a 93-mile range. Toyota briefly sold an electric version of the RAV4 SUV, but that was discontinued last year.



Rotary's Child Spree

SUBMITTED BY KIM HUGGETT, HAYWARD CHAMBER OF COMMERCE

ore than one hundred students received new clothes and a backpack

Youth and Family Services Bureau. At the conclusion of their shopping spree, the students picked out a backpack and book donated by Friends of the Hayward Library. During the event, parents and guardians were able to participate in a Resource Fair

Support Services.

More than 200 community members joined Hayward Rotary in this project, including staff from Moreau High School, volunteers from the Boy Scouts of America, Chabot College students, the CSU East Bay Volleyball Team, and Redwood Chapel Community Church.

with tables from Hayward Adult

School's Youth Enrichment Serv-

Center, Hayward Area Recreation

ices, Tiburcio Vasquez Health

and Park District, Life Chiro-

Police Department's Youth & Family Services, and Kinship

practic College West, Hayward

Library's Literacy Plus, Hayward

Promise Neighborhood, Hayward

In addition to JC Penney, businesses that helped to sponsor the project included Fremont Bank, Calpine, Costco Wholesale, Give Something Back Office Supply, Kaiser Permanente, United Association Local Union 342, Sakura of America, and Friends of the Hayward Public Library.

Child Spree has helped provide new clothing for students for fourteenyears through partnerships with Mervyn's, Target, and JCPenney. To volunteer and help out in the future, contact the Hayward Rotary Club at P.O. Box 629, Hayward, CA 94543.



Hayward Assistant City Manager Kelly McAdoo with student

full of school supplies thanks to the Hayward Rotary Club's annual Child Spree program.

On August 22, eager K-8 students met at JC Penney at Southland Mall and were paired with a Rotary Club member or other community volunteer. Together, using a list of needed items identified by the parent and a \$100 gift card, they purchased essential clothing needed to start school. JC Penney offered 25 percent off the entire purchase and waived sales tax, so the children were able to purchase more essential back-to-school clothing.

JC Penney staff volunteered to work the early morning shift in order to share the joy with the children and their parents and the Nestle kiosk opened early to offer discounted coffee and snacks for the families.

"This is the fourteenth year that Hayward Rotary has had the opportunity to sponsor an event that meets the needs of so many deserving children," said Janiene Langford, one of the event coordinators for Rotary. "It is gratifying that so many businesses, organizations, and individuals in Hayward continue to step up and support this program."

Student participants were identified in partnership with the Hayward Police Department's



Hayward Assistant City Manager Kelly McAdoo with young student



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Kim Capurro (green shirt) and Dorothy Lubin (black sweatshirt) of Moreau Catholic High School shop with their young student