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# TRI-CITY VOICE

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April 14, 2015

Vol. 14 No. 15

## Alba go Bragh! Forever Scotland!

Tartan Day Scottish Fair

BY LINDA-ROBIN CRAIG  
PHOTOS BY ARMAND HARRIS  
AND DAVE BALL

Been watching "Vikings" on the History Channel or the CW's "Rein"? Ever asked yourself, I wonder if that ever happened? Is that the way it really was? Now you have an opportunity to ask those who know. Living History costumed re-enactors, such as Vikings of Bjornstad, St. Andrew's Noble Order of Royal Scots, with Mary, (16th century) Queen of Scots, will be on hand at the "Tartan Day Scottish Fair" at Ardenwood on April 18, hosted by the East Bay Scottish Association (EBSA) with the support of the East Bay Regional Park District interpretive staff.

Debbie Barns of EBSA says, "I think one of the draws to the Bay Area is its cultural diversity. Through this event we can educate the community on Scottish culture and the role Scottish Americans had in founding this country. Members of EBSA, the clans, Dunvegan guild/living history re-enactors, and athletes, all participate because of the pride they have in their culture and the joy of sharing it with others."

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Photo courtesy of Oakland Zoo

## Earth Day

A Global Movement

Oil spills, deforestation, as well as air, soil and water pollution have become major factors causing deterioration of the environment. In the midst of these issues, a global movement is spreading to educate the public about environment issues. Every year, on April 22, Earth Day is celebrated to honor the natural resources of our planet.

Earth Day was conceived following a massive oil spill in Santa Barbara, CA. Former U.S. Senator Gaylord Nelson spearheaded a movement in 1970 through a "national teach-in on the environment" to focus public consciousness on air and water pollution. He later hired Denis Hayes as a national coordinator to recruit staff and promote Earth Day events. The movement began as 20 million Americans rallied for a healthy, sustainable environment.

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## Wildflower Festival welcomes springtime



BY SIMRAN MOZA  
PHOTOS COURTESY OF  
ERICA HERRON

The hillsides are sprouting with the colors of spring, and it's time to celebrate the flowers in full bloom. Spring Wildflower Festival returns to Sunol Regional Wilderness on Saturday, April 18.

Throughout the day naturalists and volunteers will show attendees how to identify wildflowers along nine hikes of varying difficulties.

Hikes kick off with the Lazy Daisy Easy Hike led by naturalist Katie Colbert, designed for kids of all ages to enjoy bugs and flow-

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## Total Knee Replacement Restores Woman's Mobility

## Patient Walks Same Day as Surgery, Expresses Joy and Gratitude

**K**athi Ramirez, age 62, was no stranger to physical adversity. Diagnosed with multiple sclerosis in 1980, she was accustomed to pushing herself to overcome physical limitations. As a senior account executive for an international technology firm, she traveled frequently throughout California, Oregon, Washington and Hawaii. But a knee injury in the summer of 2013 and a subsequent unsuccessful arthroscopic knee surgery in April 2014 threatened her mobility like never before.

"I had been sitting in a very low chair, and I strained my left knee trying to stand up," she recalls. "I distinctly heard the knee 'pop.' The knee hurt a lot for several days, and then the pain went away for a month or two. I thought maybe I had just pulled a muscle. But then the pain returned – with a vengeance."

Ms. Ramirez went to see her regular doctor, who referred her to an orthopedic clinic. She waited a few months to see the surgeon there because of her demanding work commitments.

"It is really hard for me to take time off work," she explains. "Plus, when something like this happens, you just want to ignore it. When I couldn't sleep because of the pain, though, I relented and went to the local orthopedic clinic recommended by my regular doctor."

After viewing x-rays and an MRI of her knee, the clinic doctor diagnosed a shredded meniscus – a C-shaped piece of rubbery cartilage that acts as a “shock absorber” between the thighbone and the shinbone. He recommended surgery to repair the meniscus, but she again had to wait because of work commitments, postponing the surgery several months. As is usual in arthroscopic surgeries to repair meniscus cartilage, Ms. Ramirez went home the same day, with physical therapy scheduled for the second week after surgery.

"Things went downhill pretty quickly after the surgery, with bruising spreading up and down my entire leg," she says. "When I first saw the physical therapist, she was shocked at the extent of the bruising. I went back to the orthopedic clinic, and after feeling the back of my leg to make sure there were no blood clots, the doctor said the bruising was normal and prescribed pain medication. I went back to physical therapy, but it took two more weeks for the bruising to go away. The physical therapy was painful. The left side of the knee, where the meniscus had been repaired didn't hurt, but new pain emerged under the kneecap and on the right side of the knee. I couldn't straighten out my leg."

After four months of painful physical therapy and repeated insistence from the



Knee replacement patient, Kathi Ramirez, walked the same day she had her knee replaced. She is grateful for the knee replacement and overall experience at the Washington Institute for Joint Restoration and Research. Community members interested in learning more about treatments for knee pain, including partial and total knee replacement surgery, are invited to attend a FREE seminar on Friday, May 1, from 3 to 5 p.m. The seminar will be held in the Conrad E. Anderson, MD Auditorium in the Washington West building located at 2500 Mowry Avenue in Fremont. To register go to [www.whhs.com](http://www.whhs.com) or call (800) 963-7070.

clinic's orthopedist that she just needed "more time," Ms. Ramirez's physical therapist noted that the continued pain was not "normal." Another patient at the physical therapy clinic suggested she go see orthopedic surgeon Alexander Sah, MD at the Washington Hospital Institute for Joint Restoration and Research (IJRR), where he and John Dearborn, MD serve as co-medical directors.

"At my first appointment with Dr. Sah, I was amazed at the difference in the way he and his staff treated me," she notes. "Dr. Sah reviewed all the x-rays, MRI and surgical photo images that I brought with me and took additional weight-bearing knee radiographs – the equipment was right there in his office. He said there was no cartilage left in my knee and that I

needed a total knee replacement. When he showed me the images, even I could see what he meant. He was so clear in explaining things and didn't talk over my head."

Because Ms. Ramirez had to delay taking time off work until her work schedule was not as busy, Dr. Sah gave her cortisone injections in both knees to alleviate the pain in the interim.

"My right knee had been compensating for the left knee," she explains. "October and November were pretty painful, but I knew there was hope. Whenever I called or went into Dr. Sah's office, he was so attentive and gentle. He provided me with a binder of pictures and instructions that explained all the pre-surgery and post-opera-

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|                      | TUESDAY                                                           | WEDNESDAY                                                             | THURSDAY                                         | FRIDAY                                                            | SATURDAY                                                              | SUNDAY                                                                                 | MONDAY                                      |                                                 |
|----------------------|-------------------------------------------------------------------|-----------------------------------------------------------------------|--------------------------------------------------|-------------------------------------------------------------------|-----------------------------------------------------------------------|----------------------------------------------------------------------------------------|---------------------------------------------|-------------------------------------------------|
|                      | 04/14/15                                                          | 04/15/15                                                              | 04/16/15                                         | 04/17/15                                                          | 04/18/15                                                              | 04/19/15                                                                               | 04/20/15                                    |                                                 |
| 12:00 PM<br>12:00 AM | Don't Let Back Pain Sideline You                                  | Knee Pain & Replacement                                               | Snack Attack                                     | Get Back On Your Feet: New Treatment Options for Ankle Conditions | Crohn's & Colitis                                                     | Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma | New Treatment Options for Chronic Sinusitis |                                                 |
| 12:30 PM<br>12:30 AM |                                                                   |                                                                       | Your Concerns InHealth: Senior Scam Prevention   | Raising Awareness About Stroke                                    | Dietary Treatment to Treat Celiac Disease                             |                                                                                        | Keeping Your Heart on the Right Beat        | Turning 65? Get To Know Medicare                |
| 1:00 PM<br>1:00 AM   |                                                                   | Kidney Transplants                                                    |                                                  |                                                                   |                                                                       | Washington Township Health Care District Board Meeting March 11, 2015                  |                                             |                                                 |
| 1:30 PM<br>1:30 AM   | Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment |                                                                       | Shingles                                         |                                                                   | Washington Township Health Care District Board Meeting March 11, 2015 |                                                                                        | Diabetes Matters: Healthy or Hoax           | Reach Your Goal: Quit Smoking                   |
| 2:00 PM<br>2:00 AM   |                                                                   | Heel Problems and Treatment Options                                   |                                                  | The Weigh to Success                                              |                                                                       |                                                                                        |                                             |                                                 |
| 2:30 PM<br>2:30 AM   | Living with Arthritis                                             |                                                                       | Diabetes Matters: Diabetes Meal Planning         |                                                                   |                                                                       | Strengthen Your Back! Learn to Improve Your Back Fitness                               | Cough and Pneumonia: When to See a Doctor   | Vitamins and Supplements - How Useful Are They? |
| 3:00 PM<br>3:00 AM   |                                                                   | Women's Health Conference: Age Appropriate Screenings                 |                                                  | Where Have All The Patients Gone?                                 | Voices InHealth: Healthy Pregnancy                                    |                                                                                        |                                             |                                                 |
| 3:30 PM<br>3:30 AM   | Crohn's & Colitis                                                 |                                                                       | Diabetes Matters: Top Foods for Heart Health     |                                                                   |                                                                       | Heart Irregularities                                                                   | Diabetes Matters: Diabetes Viewpoint        | Do You Have Sinus Problems?                     |
| 4:00 PM<br>4:00 AM   |                                                                   | Movement Disorders, Parkinson's Disease, Tremors and Epilepsy         |                                                  | Turning 65? Get To Know Medicare                                  | What Are Your Vital Signs Telling You?                                |                                                                                        |                                             |                                                 |
| 4:30 PM<br>4:30 AM   | Learn About Nutrition for a Healthy Life                          |                                                                       | GERD & Your Risk of Esophageal Cancer            |                                                                   |                                                                       | Sidelined by Back Pain? Get Back in the Game                                           | Arthritis: Do I Have One of 100 Types?      | Keys to Healthy Eyes                            |
| 5:00 PM<br>5:00 AM   |                                                                   | Washington Township Health Care District Board Meeting March 11, 2015 |                                                  | Diabetes Matters: Insulin: Everything You Want to Know            | Washington Township Health Care District Board Meeting March 11, 2015 |                                                                                        |                                             |                                                 |
| 5:30 PM<br>5:30 AM   | Diabetes Matters: New Year, New You                               |                                                                       | Varicose Veins and Chronic Venous Disease        |                                                                   |                                                                       | Inside Washington Hospital: The Green Team                                             | Skin Cancer                                 | Get Your Child's Plate in Shape                 |
| 6:00 PM<br>6:00 AM   |                                                                   | Washington Township Health Care District Board Meeting March 11, 2015 |                                                  | GERD & Your Risk of Esophageal Cancer                             | Sports-Related Concussions                                            |                                                                                        |                                             |                                                 |
| 6:30 PM<br>6:30 AM   | Varicose Veins and Chronic Venous Disease                         |                                                                       | Living with Heart Failure                        |                                                                   |                                                                       | Colorectal Cancer: Healthy Diet To Prevent Cancer                                      | Do You Suffer From Anxiety or Depression?   | Learn If You Are at Risk for Liver Disease      |
| 7:00 PM<br>7:00 AM   |                                                                   | Diabetes Matters: New Year, New You                                   |                                                  | Inside Washington Hospital: Stroke Response Team                  | Meatless Mondays                                                      |                                                                                        |                                             |                                                 |
| 7:30 PM<br>7:30 AM   | Diabetes Matters: New Year, New You                               |                                                                       | Inside Washington Hospital: Stroke Response Team |                                                                   |                                                                       | Meatless Mondays                                                                       | Do You Suffer From Anxiety or Depression?   | Learn If You Are at Risk for Liver Disease      |
| 8:00 PM<br>8:00 AM   |                                                                   | Diabetes Matters: New Year, New You                                   |                                                  | Inside Washington Hospital: Stroke Response Team                  | Meatless Mondays                                                      |                                                                                        |                                             |                                                 |
| 8:30 PM<br>8:30 AM   | Diabetes Matters: New Year, New You                               |                                                                       | Inside Washington Hospital: Stroke Response Team |                                                                   |                                                                       | Meatless Mondays                                                                       | Do You Suffer From Anxiety or Depression?   | Learn If You Are at Risk for Liver Disease      |
| 9:00 PM<br>9:00 AM   |                                                                   | Diabetes Matters: New Year, New You                                   |                                                  | Inside Washington Hospital: Stroke Response Team                  | Meatless Mondays                                                      |                                                                                        |                                             |                                                 |
| 9:30 PM<br>9:30 AM   | Diabetes Matters: New Year, New You                               |                                                                       | Inside Washington Hospital: Stroke Response Team |                                                                   |                                                                       | Meatless Mondays                                                                       | Do You Suffer From Anxiety or Depression?   | Learn If You Are at Risk for Liver Disease      |
| 10:00 PM<br>10:00 AM |                                                                   | Diabetes Matters: New Year, New You                                   |                                                  | Inside Washington Hospital: Stroke Response Team                  | Meatless Mondays                                                      |                                                                                        |                                             |                                                 |
| 10:30 PM<br>10:30 AM | Diabetes Matters: New Year, New You                               |                                                                       | Inside Washington Hospital: Stroke Response Team |                                                                   |                                                                       | Meatless Mondays                                                                       | Do You Suffer From Anxiety or Depression?   | Learn If You Are at Risk for Liver Disease      |
| 11:00 PM<br>11:00 AM |                                                                   | Diabetes Matters: New Year, New You                                   |                                                  | Inside Washington Hospital: Stroke Response Team                  | Meatless Mondays                                                      |                                                                                        |                                             |                                                 |
| 11:30 PM<br>11:30 AM | Diabetes Matters: New Year, New You                               |                                                                       | Inside Washington Hospital: Stroke Response Team |                                                                   |                                                                       | Meatless Mondays                                                                       | Do You Suffer From Anxiety or Depression?   | Learn If You Are at Risk for Liver Disease      |

# Painful Back Conditions Threaten Quality of Life for Many Americans

Upcoming free public seminar will explore options for diagnosis and treatment

Back pain is one of the most common medical problems for Americans today. According to the National Institutes of Health, in a three-month period, 25 percent of adults in this country experience at least one day of back pain. About 80 percent will experience low back pain at some point in their lifetime. The condition occurs more often as we age.

For some, back pain becomes a chronic condition, lasting months or even years. Pinpointing the cause of the pain and treating it effectively can be difficult, time-consuming and expensive.

Sometimes, even when the cause is identified and treated, the pain persists. Besides the physical effects, chronic back pain can diminish a person's quality of life and independence and can also have a severe impact on their emotional state. Entire families can be affected.

If you or a family member suffers from chronic back pain and are searching for answers, come to a free Health & Wellness seminar "Relieving Chronic Pain: Know Your Options," sponsored by Washington Hospital. The class will be held on Tuesday, April 21 from 1 p.m. to 3 p.m. in the Conrad E. Anderson Auditorium of the Washington West building next to Washington Hospital, 2500 Mowry Ave. in Fremont. To reserve your space, go online to [www.whhs.com](http://www.whhs.com) and click on Community Connection. Then, select Community Seminars, Health Classes and Events. Or, call (800) 963-7070.

"At the seminar, we will focus mainly on what to look for to help determine the cause of



Board-certified interventional radiologist Bruce Lin, MD, will be presenting at a FREE Health & Wellness seminar titled "Relieving Chronic Pain: Know Your Options". The seminar is scheduled for Tuesday, April 21 from 1 to 3 p.m. in the Conrad E. Anderson, MD Auditorium in the Washington West building located at 2500 Mowry Avenue in Fremont. To register for the FREE seminar, go to [www.whhs.com](http://www.whhs.com) or call (800) 963-7070.

chronic back pain and how to get help," said Bruce Lin, MD, Washington Hospital interventional radiologist, who will lead the seminar. "People should know their options, not only for treatment but also the best way to go about pinpointing the cause."

"Interventional radiology is a less invasive method of diagnosing and treating many types of

back pain," he continued, "but many people are not aware of this option."

In the Interventional Radiology (IR) Program at Washington Hospital, board certified physicians perform a variety of minimally invasive diagnostic procedures and interventions to treat back pain and other conditions. First trained in diagnostic

radiology, the interventional radiologist uses imaging techniques to understand, visualize and diagnose a condition. Then, miniature catheters and instruments are introduced into the body to treat the specific condition.

Another advantage of IR is that the doctor is adept at using a wide range of imaging tools not directly available to many other physicians. Having these options can be particularly helpful in the case of complex, hard-to-diagnose back pain.

"Advanced technology and extensive imaging skills help us determine the cause of the pain less invasively and with greater accuracy. Some possible causes include a compression fracture due to osteoporosis, trauma from a fall, sciatica due to a herniated disc, or cancer," explained Dr. Lin.

At the seminar, Dr. Lin will share images from numerous diagnostic techniques to demonstrate how the IR specialist pinpoints the reason a patient suffers from chronic back pain.

A compression fracture of one or more spinal vertebrae is a common cause, especially among older women who are more prone to have osteoporosis. People with untreated osteoporosis are at risk of fracturing a vertebra when making movements as simple as stretching, coughing, reaching for an object, or sitting down, Dr. Lin pointed out.

Pain stemming from a compression fracture can be very debilitating and severely limit an older person's independence and quality of life. Dr. Lin will talk about osteoporosis and compression fractures, including the causes and treatment alternatives.

Sciatica is another painful condition that can be difficult to treat.

"Patients may try everything, including medication and physical therapy, and still not get pain relief. It can be very frustrating," stated Dr. Lin. "As the pain limits a patient's ability to move around, activities of daily living can be compromised and other problems may occur, such as blood clots, bed sores, weakened muscles and constipation."

Dr. Lin will also discuss several minimally invasive treatment options for back pain sufferers who have been unable to find relief through medication, physical therapy or other standard interventions. Some examples are neurostimulation, neuromodulation and epidural pumps to administer pain medication.

"I have seen these approaches be very effective in improving quality of life for some patients with intractable back pain," he related. "After treatment, people are often able to stand up, walk around, get dressed, use the bathroom, cook a meal, do laundry or climb stairs. These are simple things that most of us take for granted, but people with severe, chronic back pain may see them as a luxury."

## Learn more.

To learn more about Health & Wellness seminars and the Interventional Radiology Department at Washington Hospital, go to [www.whhs.com](http://www.whhs.com). To find out more about the medical practice of Interventional Radiology go to the website of the Society of Interventional Radiology at [www.sirweb.org](http://www.sirweb.org).

## Ask the Doctor

This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at: [askthedoctor@whhs.com](mailto:askthedoctor@whhs.com)

### Preventing Peanut Allergy and Loss of Hearing

**Dear Doctor,**  
Can statin medications cause peripheral neuropathy?

Dear Reader,  
About 26% of individuals taking statin medications (prescribed by doctors to help lower cholesterol) will develop a peripheral neuropathy. Simply stopping the medicine will alleviate the problem in most cases, although it can take time to resolve. However, other more common causes of peripheral neuropathy, such as diabetes, should be investigated.

**Dear Doctor,**  
I was recently told I would have to take blood thinners indefinitely for my atrial fibrillation. Is this true?

Dear Reader,  
Yes, it is true that blood-thinning medicine is recommended in patients that have an irregular heartbeat, or atrial fibrillation. The medicine helps prevent the formation of blood clots in the heart, which are known to occur in atrial fibrillation. There are many blood thinners available and you should talk to your doctor about which one is best for you.

#### Mary S. Maish, M.D.



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master's degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.



SATURDAY, APRIL 18, 2015

## NINTH ANNUAL WOMEN'S HEALTH CONFERENCE

**When:**  
Saturday, April 18, 2015  
10 a.m. - 2 p.m.  
(Doors open at 9 a.m.)

**Where:**  
Conrad E. Anderson, M.D. Auditorium  
(2500 Mowry Avenue, Fremont)

**Fee:**  
\$25

**Registration is required:**  
Visit: [www.whhs.com/event](http://www.whhs.com/event)  
or call (800) 963-7070

**Join us** for a fun day filled with a variety of speakers on topics such as prevention and treatment for gynecologic cancers, healthy meals on the go and much more. This event will provide knowledge and resources for women of all ages. Bring your sister, neighbor, daughter or good friend.

Speakers include **William Dugoni, Jr., M.D.**, Medical Director of the Washington Women's Center, Washington Township Medical Foundation and **Victoria Leiphart, M.D.**, Washington Township Medical Foundation.

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6th Annual

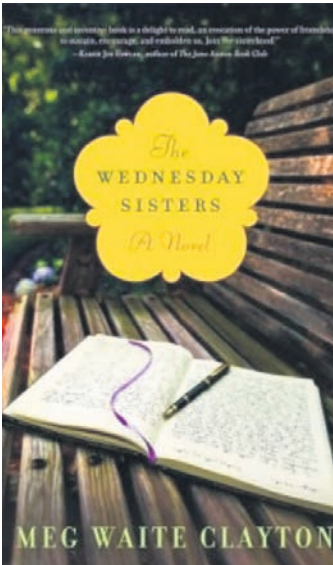
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Hosted by: HERS Breast Cancer Foundation

Thursday, April 23

11:00 – 1:30

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Founder

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## Total Knee Replacement Restores Woman's Mobility

### Patient Walks Same Day as Surgery, Expresses Joy and Gratitude

tive instructions. Then two weeks before the surgery, my husband and I went to my pre-op appointment, where they did all the necessary lab work, followed by a pre-operative class taught by a nurse, occupational therapist and a physical therapist – just a few members of the staff that would be part of my post-operative care.”

The actual surgery took place on December 16 at 11 a.m., lasting about an hour. One of the most experienced joint replacement surgeons in the Bay Area, who recently was named “Best of Fremont” Orthopedic Surgeon and Best Doctor (by the Fremont Bulletin newspaper), Dr. Sah chose a newer, “personalized” knee implant for Ms. Ramirez.

“I used an implant that offers more sizing options to better match the patient's anatomy,” he says. “It is also partly fixed by bone ingrowth, which can possibly increase the longevity of the knee replacement. I also used newer plastic liners that contain vitamin E as an antioxidant, again to possibly improve durability. In addition, I used aspirin instead of stronger blood thinners to prevent blood clots, while reducing the risk of postoperative bleeding and swelling in the knee.”

Ms. Ramirez woke up in the recovery room and stayed there for about an hour before being transferred back to her room in the IJRR.

“There was no pain,” she remarks. “On a pain scale of zero to 10, the pain was zero! The staff was very attentive, listening to me and making sure I was as comfortable as possible. All of the people there are so patient-focused.”

Dr. Sah had another innovative idea for improving her recovery and getting her back to work sooner – getting her to walk on the new knee within hours after surgery and possibly allowing her to go home the day after surgery. Prior to December 2014, knee replacement patients at the IJRR had not walked until the day after surgery, and most required a three-day hospital stay. The standard practice had been to “wean” patients off their epidural anesthesia gradually. Dr. Sah's new protocol called for taking patients off the epidural right after surgery and using a new injectable, long-lasting local pain medication instead. With the injectable pain medication patients can feel their legs, so they have better motor control and can safely be mobilized faster.

“I've worked with many colleagues who are among the leaders in joint replacement surgery, going to conferences where we share our experiences and ideas, and I assimilate their best ideas into caring for my patients,” he explains. “Getting certain patients to walk the same day as surgery helps speed their recovery and provides equal – if not better – knee range of motion.”

Vicky Feng, PT, was the physical therapist who got Ms. Ramirez up to walk for the first time.

“I walked with Kathi just before 8 p.m. the evening of her surgery, and she did really well,” Ms. Feng says. “When Dr. Sah requested the change in protocol, we started doing it the first week of December, with some skepticism. But we quickly appreciated how well patients do with it, and it is now our preferred method. He is very progressive and is always looking for ways to improve our patients' experiences.”

On the first night after the change in protocol, Dr. Sah jumped in and helped the physical therapists, walking patients that night.

“I was taken aback by his willingness to stay late and help get the patients up, even after a full surgery day,” Ms. Feng admits. “It just illustrates how committed he is to his patients and his new protocol. Dr. Sah is exceptional in the care of his patients. He's obviously very dedicated.”

Ms. Ramirez was delighted to be able to walk the same day as her surgery.

“When the physical therapist came in and asked if I wanted to try to stand, I was surprised,” she says. “She helped me up, with no problem at all, and had me take a few steps to the left and the right. Then, later that night, the staff helped me walk to the bathroom. I couldn't believe what I was experiencing. Whenever I woke up, I was expecting pain – it wasn't there. The injection of long-lasting pain medication worked unbelievably well.”

“The next morning, another physical therapist came in to escort me to physical therapy class,” she adds. “I used a walker to go down the hall to physical therapy and then back to my room afterward. Then a nurse came in and said they were preparing my discharge papers. Dr. Sah told me, ‘You're doing so well that there's nothing we can do here that you can't do at home with the help of your husband and visits from the home physical therapists.’ I absolutely preferred the idea of going home the next morning after surgery, rather than staying in the hospital for three days – I would get to sleep in my own bed!”

Since the change in protocol, roughly 70% of Dr. Sah's total knee replacement patients have been able to go home the day after surgery, ranging from 48-84 years of age. However, not every patient is a candidate for next-day discharge. The patients' medical condition, motivation, and support at home are important factors. Thus far, Dr. Sah's patients have preferred his rapid recovery program citing a faster overall recovery.

“My range of motion was great, and so was the pain management,” says Ms. Ramirez. “I've told my story to other people, and they can't believe I went home 25 hours after surgery – they think I must have slept through a couple of days. When I

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Diplomate, American Board of Plastic Surgery  
15 years experience in cosmetic surgery

went back to the same physical therapy clinic where I had gone after my previous surgery, they were amazed at the difference. Within two weeks, the wound was healing, and I had full range of motion. I was at the same stage where many other patients are at six to eight weeks.”

When asked about her overall impression of her knee replacement surgery and Dr. Sah's new protocol for walking patients the same day as surgery, Ms. Ramirez responds, “I'm sure there's an adjective to describe it – empowering, effective, respectful, extraordinary? I probably should pull out a thesaurus to find the right terms, but I guess I would start with joy and gratitude.”

### Learn More

To help people in the community learn more about treatments for knee pain, including partial and total knee replacement surgery, Washington Hospital is sponsoring a free seminar on Friday, May 1, from 3 to 5 p.m. The seminar will feature a presentation by Dr. Sah, followed by a question-and-answer period. To register for the seminar, which will be held in the Conrad E. Anderson, MD Auditorium at 2500 Mowry Avenue in Fremont, visit [whhs.com/seminars](http://whhs.com/seminars) or call (800) 963-7070.

For more information about Washington Hospital's Institute for Joint Restoration and Research, visit [www.whhs.com/joint-restoration/](http://www.whhs.com/joint-restoration/).

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## Alvarado Walking Tour

SUBMITTED BY TIMOTHY SWENSON

On Saturday, April 18, local historian, Timothy Swenson, will host an historical walking tour of Alvarado (Union City), sponsored by the Museum of Local History. The tour will walk through old Alvarado and Swenson will talk about the different historical buildings. The tour provides information on 43 buildings, some of them long gone, and covers about 3/4 of a mile of walking and will last about an hour and a half.

A walking tour booklet is available from the Museum of Local History website, under “Resources,” “Historical Papers.” Hard copies of the tour guide will be available at the tour for \$3. The walking tour

itself is free. The tour will start at the parking lot of Alvarado Elementary School.

Remember, Saturday is also the Old Alvarado Farmer's Market, so buy your fruits and veggies, and join the historical tour!

Alvarado Walking Tour  
Saturday, Apr 18  
11 a.m.  
Alvarado Elementary School, Parking lot  
31100 Fredi St, Union City  
(510) 623-7907  
[www.museumoflocalhistory.org](http://www.museumoflocalhistory.org)  
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continued from page 1

# Wildflower Festival welcomes springtime

ers along a trek that is not too fast or hilly. Later at noon, naturalist Cat Taylor will lead the Meadow Meander, a slow-paced amble over mostly flattish terrain designed for seniors.

Visitors can also join naturalist Anthony Fischer on a butterfly-themed hike or Ethnobotany Adventure where hikers will learn to identify edible and useful plants while discovering the age-old relationship between plants and cultures. For a more challenging trek, nature enthusiasts will view a plethora of beautiful wildflowers on a 3-mile round trip to Little Yosemite, a picturesque natural gorge.

In addition to multiple hikes of ranging difficulties, the festival will feature exhibits, two slideshows about the wildflowers and butterflies of Sunol and enjoy live entertainment including performances from Japanese Wadaiko drummers and the all-women Americana group, Extended Roots. The festival will host an arts and crafts center where children of all ages can create butterfly masks, participate in a flower dissection, construct native bee nesting boxes, prepare ice-cream out of lavender, and make pressed flower bookmarks.

Local vendors and artisans will be at the festival and this year, a barbecue food truck will be on-site with lunches available for purchase, including a veggie option. Visitors are also welcome to bring their own packed lunch.

**Spring Wildflower Festival**  
**Saturday, Apr 18**  
**11 a.m. - 4 p.m.**  
**Sunol Regional Wilderness**  
**Old Green Barn Visitor Center**  
**1895 Geary Rd, Sunol**  
**(510) 544-3249**  
**www.ebparks.org/about/news/wildflower**  
**Free admission**  
**Parking Fee: \$5**

## Hikes schedule:

11:15 a.m.: Lazy Daisy Easy Hike  
11:30 a.m.: Conservation Walk and Talk  
11:45 a.m.: Butterflies  
12:00 p.m.: Meadow Meander  
12:30 p.m.: Ethnobotany Adventure  
1:15 p.m.: Flora and Serpentine  
1:30 p.m.: Hike to Little Yosemite  
2:00 p.m.: Babes in the Blooms  
2:30 p.m.: Ethnobotany Adventure

# BUBBLES OF FUN RUN

**SUBMITTED BY**  
**EMMA BLANCO**  
**PHOTOS COURTESY OF NEW**  
**HAVEN SCHOOLS FOUNDATION**

The New Haven Schools Foundation (NHSF) is thrilled to present its 5th annual 5K run or walk and 10K community races and the East Bay's first "Bubbles of Fun Run" on Saturday, April 25 at Cesar Chavez Middle School in Union City. Youth races will begin after the 5K and 10K races and are divided into three categories: 400 meters (grades K-5), 800 meters (grades 6-8), and 1 mile (grades 9-12). All courses run around the school track and the Alameda Creek Trail. Bubble machines will be stationed throughout the course and operated by volunteers eager to help the bubbles soar and surround all runners and walkers.

The Fun Run is one of NHSF's fundraising efforts to help the Foundation realize its mission to support academic programs and to help enrich students' educational experiences. The 501(c)(3) non-profit corporation is dedicated to funding scholarships for New Haven Unified School District students and has just awarded over \$97,000 to recipients this year. The Foundation also funds grants to teachers who demonstrated innovative classroom programs through Innovations in Education, and provides ongoing support for co-curricular and extra-curricular programs through Project: Enrichment.

NHSF's Bubbles of Fun Run is a novel springtime family event that is sure to be a memorable experience, and the Foundation is grateful for the additional sponsorship and support of the fol-

lowing local companies: Fremont Bank; Kaiser Permanente; East Bay Community Foundation; Too Much Fun Club, Inc.; Acacia Creek; the Office of Alameda County District 2 Supervisor Richard Valle; the City of Union City Leisure Services; and Tri-CED Community Recycling.

Entry fees are \$10 for K-8, \$15 for high school runners, and \$25 for general pre-registered 5K and 10K adult runners. Groups of four or more can receive a \$15 discount when registration is completed in a single transaction before Wednesday, April 22. Don't wait until the last minute to register because \$5 will be added to race-day registrations. Details about the run and registration information can be found at [www.nhsfoundation.org/events-2/fun-run](http://www.nhsfoundation.org/events-2/fun-run).

For more information, contact NHSF Executive Director Helen Kennedy at [helen@nhsfoundation.org](mailto:helen@nhsfoundation.org), visit [www.nhsfoundation.org](http://www.nhsfoundation.org) or [www.facebook.com/newhaven-schoolsfoundation](https://www.facebook.com/newhaven-schoolsfoundation).

**Bubbles of Fun Run**  
**Saturday, Apr 25**  
**8 a.m.: Registration**  
**9 a.m.: 5K/10K Races**  
**Cesar Chavez Middle School**  
**2801 Hop Ranch Rd,**  
**Union City**  
**[helen@nhsfoundation.org](mailto:helen@nhsfoundation.org)**  
**[www.nhsfoundation.org/events-2/fun-run](http://www.nhsfoundation.org/events-2/fun-run)**  
**Fee: \$25 adults, \$15 high school runners, \$10 Grades K-8 (Additional \$5 on race day)**  
**\$15 for four or more before Apr 22**



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# History Residents of Centerville Alvarado Road

John Horner and Elias Beard purchased a clouded title to the Mission San Jose lands. They farmed many acres and rented or negotiated arrangements with



George Patterson farmers and squatters.

The History of Washington Township notes that the Horner family had surveyed and laid out some of the main roads including the one from Irvington through Centerville to Union City and Alvarado. Beard fenced the north side of this road.

Charles Shinn wrote that “the first American settlers were nearly all squatters who were trying to hold land claims until the exact status of their titles could be ascertained.” Land claims of the region lapped over in all directions and were gradually surveyed and readjusted. United States patents were finally secured in 1867 and firm boundaries established.

The ladies who published the History of Washington Township in 1904 observed that homes and large orchards of Walter Walton, Benjamin Mickle, George and Fred Lowne were on the Alvarado Road. Walton was the fire chief when the Centerville Fire Department was organized in 1890. He was also a blacksmith, farmer and veterinarian and owned a race track where riders, horses and sulkies raced.

Benjamin Mickle came to Centerville to recover his health. He was one of the well-known Center-



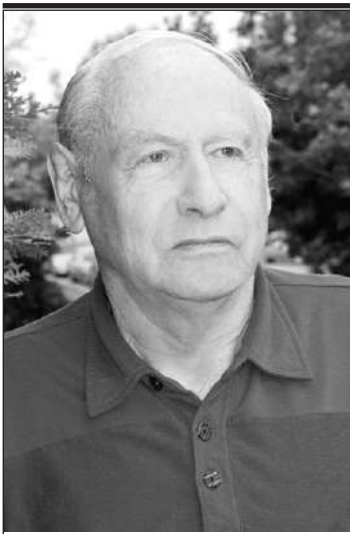
John Beard

ville attorneys recognized as counselors of men. He served as a Justice of the Peace from 1922 – 1926 along with his law practice. Records for 1901 show the property owned by Mary Mickle.

John Lowrie owned several farms along this road. He also had a race track which he sometimes sprinkled for races. After he drowned in 1882, the properties were transferred to family members including Georg and Fred.

Just beyond was the big ranch of Eugene Stevenson with its large farmhouses and huge sycamore trees. John T. Stevenson had purchased this original ranch house that E. L. Beard built in 1853. In 1904 it still retained it hewed rafters, bunks, suspended by rawhide thongs and even the flag pole on the roof that had been used to call men to their meals.

Pacheco Lane, that once marked the division between the Thomas Pacheco and Augustin Alviso grants, was now part of the road from Decoto to Jarvis Landing. The homestead of William W. Brier was now divided into a number of small properties with attractive cottages. George Machado and relatives had established their homes and businesses near the intersection of Jarvis and



PHILIP HOLMES

PEEK INTO THE PAST

www.museumoflocalhistory.org

Photos courtesy of  
The Museum of Local History

the Alvarado Road and formed the landmark recognized as Machado's Corners, named after George Machado who had a blacksmith shop on Decoto Road and his home nearby on Center-ville-Alvarado Road.

The large farm of the late Senator John L. Beard was about one half mile farther down the road toward Alvarado. John had inherited the property from his grandfather, Jesse Beard, who came in 1854 and successfully farmed and raised fruit here. Pear trees, brought across the plains in pioneer days, were still bearing fruit. Walnut and elm trees, including one walnut tree that was probably the largest in the country, ornamented the grounds.

Opposite the Beard farm was the Hawley place where the family still lived in a house built by James Hawley in 1852. James and his wife Hetty came to California in 1848. James a carpenter, built houses in San Francisco, enlarged the Vallejo flour mill, erected and operated the Red Hotel in Mission San Jose and engaged in other enterprises besides operating his farm. Clara, daughter of James and Hettie, married George Patterson.

The Alviso School District was established in 1856 from part of the original three districts set up by the Alameda County Board of Supervisors. Manuel Feireira and John Beard each donated one half acre for the school. Later Ferreira took back his half acre to straighten out his property line, and Beard then donated a full acre. The original two buildings were separated from the road by a whitewashed fence. It was always a challenge to keep the buildings and fence painted and repaired.

The History of Washington Township notes that other early settlers of this locality were the Walker, Baker, Saunders, Whiddeus, Curtners Morrisons, McCormicks and Watsons. Walker Baker was one of the men raising fruit and almonds. His farm was next to that of W. W. Brier who was also recognized as a pioneer fruit grower.

The Patterson estate, sometimes called “Ardenwood,” was a distance from the Alvarado road but the extensive farm lands extended to the road. The estate was noted for both its native trees and specimens grown by George W. Patterson.



Mr and Mrs James Hawley 60th anniversary 1905



Beard ranch with flood on Alvarado Road 1996

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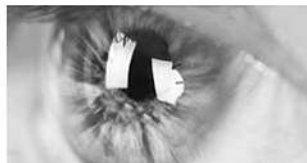
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## Sponsor a Duck for Race Day

SUBMITTED BY KIWANIS CLUB OF FREMONT

The 21st Annual Tri Cities' "Ducks for Bucks" Benefit Race is the quack of the town. Plan to have a great day of fun on Saturday, April 25 at the Lake Elizabeth boat ramp in Fremont's Central Park. Splash down for the great race and you will want to be sure you have sponsored an athlete in the water. Adopt a rubber duck for \$5 or 6 ducks for \$25. For more information, check the website at [www.ducks4bucks.org](http://www.ducks4bucks.org).

**Ducks for Bucks**  
**Saturday, Apr 25**  
**11 a.m. – 2 p.m.**  
**Lake Elizabeth**  
**40000 Paseo Padre Pkwy, Fremont**  
**(510) 783-DUCK**  
**www.ducks4bucks.org**  
**\$5 per duck; 6 ducks for \$25**

## National History Day

SUBMITTED BY AL MINARD

National History Day generally starts in the junior high or high school Social Studies classroom. Students begin by doing research on a topic related to an annual theme. Every year the theme changes, but it allows students a wide range of choice. This year's theme was "Leadership and Legacy in History."

Students are required to create a thesis they back up with a wide range of evidence and reasoning to include consideration of pros and cons in a presentation. They decide how to present the information, either as an historical paper, museum exhibit, documentary, dramatic performance, or website. Work can be done alone or with a group of up to five classmates; teachers and/or judges contribute suggestions as the project progresses.

History Day projects may be an extra credit assignment or required activity of all students, leading to a school competition. At Mission San Jose High in Fremont, students started their own History Day Club.

Best entries at each participating school are selected for county competition. In Alameda County competition is held at the Oakland Museum of California, usually in February or March. Out of over 190 students that entered this year's Alameda County contest, only two (middle school) or three (high school) projects in each category were sent to the State competition, held this year in Rocklin on May 8-9, 2015; awards presented Sunday, May 10.

I have been judging documentaries for the past eight years, and these young people just keep getting better and better. Often their research leads to over 10 pages of annotated bibliography drawn from the internet, newspaper, books, videos, personal interviews, and other sources.

This year, over one-third of the 41 History Day projects that were promoted to the State Competition were from Fremont Unified School District, specifically Hopkins Junior High, Washington High and Mission San Jose High. Winning entries from Fremont included projects on "Leadership and Legacy" of FDR, Alan Turing, Carrie Chapman Catt, Anna Maria Merian Sibylla, Park Chung Hee, Walt Disney, Valentina Tereshkova, J.R. Oppenheimer, Aaron Burr, Abraham Lincoln, Alice Paul, Anne Boleyn, and John Muir. What an incredible range of subjects!

State Competition will include 1,000 student entries, not only from junior and senior high school but also 4th and 5th graders in a poster category. When competition moves to the National level at the University of Maryland, College Park, Maryland, nearly 2,500 students will compete, not only from the United States, but also, Guam, Samoa, the Department of Defense School in Europe, and Shanghai, China.

Teachers who have supported this year's student History Day projects are:

Hopkins Junior High School - Thom Birbeck, Geoffrey Gales and Charlie Jennings

Mission San Jose High School - Risha Krishna, Bill Jeffers and the Mission San Jose High School History Club

Washington High School - Coulter Rigdon

The historians of Washington Township thank all involved for the efforts that make this happen. We wish the students good luck as they move on to the State Competition.

For more information, visit <http://www.nhdca.org>

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### James Logan Folklórico hosts popular wrestling fundraiser

Knokx Pro Entertainment presents live professional wrestling at Logan High School. On Saturday, April 18 "Knokxperience" will rock the Logan Pavilion with WWE Hall of Famer Rikishi, WWE Legend Gangrel and TMD, and the entire Knokx Pro roster.

Rikisi, famous for his feud with "The Rock" in the heydays of WWF/WWE, will be the highlight of the evening's entertainment, and bring his stable of wrestlers to put on a great show! Last year's performance was an unqualified hit, especially with younger wrestling fans. And like last year, fans may be treated to some unscheduled surprise guests. This is a great family night out.

Not only pure entertainment, Knokxperience serves as a fundraiser for El Ballet Folklórico de James Logan High School, started in 1990 by guidance counselor Jaime Huertas.

Tickets are \$15 for ringside, \$12 general admission, \$8 for children 6 through 12, and children under 6 are free. Purchase tickets at Music Depot in Hayward (944 B Street), online at [www.knokxpro.com](http://www.knokxpro.com), or contact Jaime Huertas at (510) 471-2520 x60124 or [jhuertas@nhusd.k12.ca.us](mailto:jhuertas@nhusd.k12.ca.us).

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# The gift of a better life

By ROBBIE FINLEY

Last Bay native Garrett Ramos has been waiting five years for a new kidney, enduring a grueling nightly regimen of peritoneal dialysis to treat his kidneys afflicted with IgA Nephropathy. His wishes were answered when family friend Jerran Higgins donated one of his kidneys to Garrett on March 10.

“(Garrett) was sick all through high school, but still managed to graduate,” said Liz Ramos, Garrett’s proud

Garrett’s story really took off, too – local media outlets began covering the heartwarming story of Garrett’s struggle and the incredible kindness of Jerran. “[Garrett’s story] went really crazy. It started circulating around the country,” Mrs. Ramos said.

The Ramos family had nothing but great things to say about the medical care they received from Kaiser Permanente. “We had a great team at Kaiser,” Mrs. Ramos said,



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mother. Garrett missed 60 days of school at Fremont’s Irvington High School, where he played football in spite of his condition and graduated last year.

For the past year and a half, Garrett has had to endure nightly treatments through peritoneal dialysis, which takes an estimated nine hours to complete, with a couple of hours of prep beforehand. “People can be on [dialysis] for a lot longer, even years,” Mrs. Ramos said. This was the best that could be done for Garrett in his condition, until he could find a kidney donor.

Becoming a living donor requires a number of tests in order to determine if the organ is functional enough to be transplanted into a recipient. As is often the case, living donors can be family members, which usually come with the benefit of genetic similarities, which can lend to the success of the procedure. In Garrett’s case, his father Gary Ramos, a sergeant with the San Mateo County Sheriff’s Office, initially tried to donate but was disqualified.

Enter Jerran Higgins, Mr. Ramos’ coworker and a seven-year veteran of the San Mateo Sheriff’s Office. Higgins offered to donate one of his kidneys, and thus began the months-long process of vetting his kidney for transplant qualification. At one point, it looked like he may not be able to donate, but all of that changed a few weeks before the big day. “[Jerran] called and said, ‘I’m back in, I’m cleared.’ Jarren called [Garrett] up and said, ‘Hey, what are you doing March 10? Wanna get a kidney?’” Mrs. Ramos recalled, adding, “Jarren always wanted to do something extraordinary.”

On March 10, Garrett and Jerran went in for the procedure, which was a resounding success. All indications going into it said as much. “[Jarren’s kidney] has been called a super kidney because it’s so strong. We’d joke that it would come out with a cape,” Mrs. Ramos said with a laugh.

adding, “We are ecstatic that someone was so giving. Garrett has his life back. [He will] take antirejection meds for the rest of his life, [but] he should be good to go. It is amazing; he’s a great kid. He felt crummy a lot but now he feels great.”

Living donations have been performed for over 60 years now in the United States. Most people are familiar with the concept of deceased organ donation, which eclipse living donations in numbers and availability of organs for use, but living donations are just as vital to those who need them. Typically, living donors can offer recipients a new kidney or portions of a liver, pancreas, or intestine that will become immediately functional and can be fully vetted by the medical staff to determine a match.

Anyone can become a living donor – they do not need to be a family member or friend. There are a number of tests that need to be conducted to determine the viability of the potential organs to be donated, but once the donor has been cleared, their organ can go into immediate use with the recipient and generally sees a higher success rate than organs from deceased donors.

In the U.S. alone, living donations have been on a steady decline over the past five years, according to the U.S. Department of Health & Human Services. In California, this trend is also seen, as living organ donations in 2014 hit a five-year low. Mrs. Ramos hopes that the publicity surrounding Garrett’s story will encourage more people to do the extraordinary like Jerran and become a living donor. “Hopefully, people will consider living donations,” she said. “It’s just a great thing. It has already changed Garrett’s life.”

For more information about becoming a living donor, Kaiser Permanente recommends visiting [www.unos.org](http://www.unos.org). Washington Hospital also recommends visiting <https://register.donatelifelocalifornia.org/register/organdonor.gov>.



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So, you’ve punched that 8:00 to 5:00 time clock for the last time and you are ready for retirement. Retirement should mean no more time clocks, but it shouldn’t mean you just stop all activity!

Now is the time to do those things you have always wanted to do, make new friends, try new things, associate with like-minded men, catch up on the things that interest you.

Why not join your local SIR organization?!! Sons In Retirement is a state-wide organization of local branches for men to meet and mutually enjoy the benefits of retirement. SIR conducts a monthly luncheon meeting where you can associate with other retired men, listen to topical speakers, sign up for activities of interest, make new friends, and keep happily active.

**Fremont/Newark/Union City Branch 59, meets the third Thursday of the month at the Newark Pavilion on Thornton Ave and Cherry St in Newark. Socializing is from 11:00 to 12:00, and there is time to look over an extensive library of books, sign up for activities, and meet new people or shoot the breeze with old friends. The formal meeting starts at 12:00 with club announcements, birthday wishes, a sing-a-long, and lunch, followed by a selected speaker. Meetings usually end about 1:30.**

Activities run the gamut from golf, bowling, computers, wine tasting, bridge, bocce, and couples dining out, and more are being added as interest dictates.

There are also activities which can include your wives or girlfriends, and the ladies seem to enjoy getting their retired men out of the house on occasion.

**SIR Branch 59 is looking for new members. Visit their website at [www.sirinc.org](http://www.sirinc.org) or call Jim Ulam at (510) 797-9357 or email [time4golf@snakebite.com](mailto:time4golf@snakebite.com) for more information.**

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# BUSINESS

## Ching Ming festivities



SUBMITTED BY ELENA FUHRMANN

Chapel of the Chimes in Hayward celebrated Ching Ming on April 4-5 with a traditional grave-sweeping ceremony, lion dancers, blessings from Buddhist and Taoist monks and the Wall of Honor. The memorial park hosted more than 1,000 guests from a variety of backgrounds for the two-day Ching Ming festival, to witness and participate in time-honored rituals.

The observance of Ching Ming dates back more than 2,500 years and is linked to the Chinese culture of ancestor worship. Each year, celebrants visit ancestral graves where they conduct ceremonial rites and make offerings. Ching Ming traditions remain a significant part of cultural life in modern Chinese communities.

## Who's Who in music streaming: Tidal, Spotify, Pandora & more

AP WIRE SERVICE  
BY ANICK JESDANUN  
AP TECHNOLOGY WRITER

NEW YORK (AP), Since Apple shook up the music world with iTunes a little more than a decade ago, online music has exploded and become the central way many people enjoy and discover music. Internet services such as Pandora and Spotify have millions of users. Now, several high-profile musicians are behind what's being billed as the first artist-owned music-streaming service.

Tidal isn't new, but it's getting a reboot from rapper Jay-Z, who bought the Scandinavian company behind it, Aspiro. Madonna, Rihanna and Beyonce are among the co-owners. That's notable because many artists complain about how little payment they get from other music services, such as Spotify. As owners, artists could insist on better deals.

There are now three main ways to get music, and many services offer a blend:

– Pay per song. Apple's iTunes has made it easy to buy singles or albums. Many artists release new albums early through iTunes. Google and Amazon now compete, but the premise remains the same: Buy songs or albums to own forever.

– Unlimited listening. For a monthly subscription of about \$10, you can listen to as many songs as you want on a variety of personal computers, phones, tablets and other devices. Many also let you download songs for offline playback. Once you stop paying, though, you lose all your songs, even ones you've already downloaded. Some offer free versions with ads and other restrictions, such

as song selection only on PCs.

– Internet radio. You can't choose specific songs or artists, as you can with the unlimited-listening services. But you can fine-tune your Internet stations by specifying a song, artist, genre or playlist. The station will then stream songs similar to your choices. You can personalize stations further by giving thumbs up or thumbs down to songs you hear.

Music services typically have deals with all major recording companies, so they differ mainly in features rather than song selection. That said, Taylor Swift took her music off Spotify last fall in a dispute over fees. All but her most recent album are on Tidal, Rdio and Beats.

Here's a look at who's who in music streaming.

### SPOTIFY

One of the most popular music services, with 60 million active users worldwide, and a quarter of them paying subscribers. Just this week, Spotify launched an app on Sony's PlayStation game console. The two companies worked closely to make listening seamless, so music can be heard in the background while playing games, without losing the game's sound effects, for instance. Spotify offers unlimited listening and Internet radio. It's free with ads; on mobile devices, users are limited to Internet radio and can't choose songs. Paying \$10 a month gets you an ad-free premium service that offers song selection and offline playback on mobile devices.

### PANDORA

Offers Internet radio only. More than 81 million active listeners. Free with ads, or pay \$5 a

month for an ad-free premium service and higher-quality audio over Web browsers.

### TIDAL

Unlimited listening. Among the few services offering high-fidelity songs, which many audio-philosophers prefer over MP3s and other formats that reduce quality in the compression process. Offers music video and curated playlists from experts. \$10 a month for standard sound quality and \$20 for high fidelity. There's no free offering.

### APPLE

Pay per song to download and own forever through iTunes. Free Internet radio through iTunes Radio on Apple devices. Also owns Beats Music, which offers unlimited listening for \$10 a month, with no free version. Beats touts its playlists and other recommendations curated by experts, not computers.

### GOOGLE

Pay per song through Google Play. Google Play Music service offers unlimited listening for \$10 a month, with no free option. Google also offers YouTube Music Key for selected music videos, free of ads, for \$10. Paying for one gets you the other, too.

### AMAZON

Pay-per-song offering. Amazon's \$99-a-year Prime membership comes with unlimited listening, though the song selection isn't as broad as what rivals offer.

### SAMSUNG'S MILK MUSIC

Offers free Internet radio like Pandora and others, but tries to make it easier to find music to match your mood. Instead of typing in songs or artists to find matching stations, you spin an on-screen wheel to go through various genres until you land on something you like. Initially exclusive to Samsung TVs and mobile devices, there's now a Web player for personal computers.

AP Music Writer Mesfin Fekadu contributed to this report.

## Appeals court: Yoga doesn't bend rules on religious freedom

AP Wire Service

SAN DIEGO (AP), A California appeals court says yoga taught in San Diego County schools doesn't violate religious freedom.

The 4th District Court of Appeal on Friday upheld a trial court ruling that rejected a lawsuit by parents who tried to block Encinitas schools from teaching yoga.

The court says that while yoga may be religious in some contexts, there's no evidence the program at Encinitas Union School District has religious, mystical or spiritual trappings.

The lawsuit was brought by parents of two students who claimed the practice promoted Hinduism and inhibited Christianity.

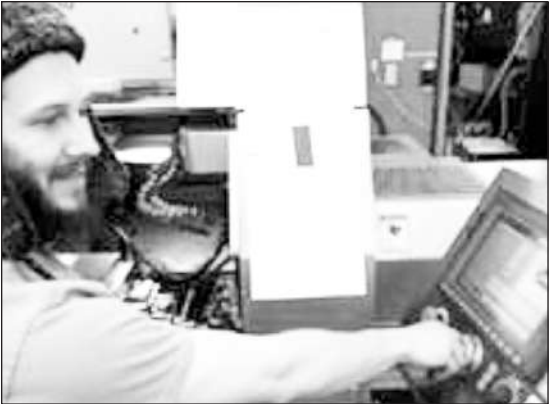
The school district says the practice is taught in a secular way to promote strength, flexibility and balance.

Yoga is now taught at schools across the country, though it is often part of an after-school program.

## Newark resident's manufacturing story highlighted

SUBMITTED BY CHRIS MAHAR

SME, an organization dedicated to the advancement of manufacturing by addressing both knowl-



edge and skills needed for the industry, recently featured David Winslow, a Newark resident and

Ohlone College student, as part of their #MFGis campaign. The #MFGis campaign is defining what manufacturing is, one word at a time. #MFGis stories showcase personal experiences and how manufacturers are shaping the future.

When asked what the coolest thing about manufacturing is, Winslow said, "It sounds like science fiction, and it's the coolest job there is! At work every day, I program and operate big, computer-controlled machines that sculpt metal into useful items. They slam sharp tools into pieces of metal at high speeds to create shapes. We have robots that use intense heat and plasma to weld pieces together. There is a machine that uses lasers to melt powder into a shape from nothing. At my company, all these amazing machines create useful items that become medical devices to perform surgery and fight cancer."

You can check out David Winslow's complete story on SME's #MFGis website at: <http://www.sme.org/mfgis-david-winslow-story/>

## Will shrinking earnings halt the stock market's run?

By STEVE ROTHWELL  
AP MARKETS WRITER

NEW YORK (AP), All streaks eventually come to an end.

For the first time since 2009 when the U.S. economy was emerging from the Great Recession, companies may be about to report that their quarterly earnings fell. Plunging oil prices have pummeled profits at energy companies and a surging dollar has hit companies that depend heavily on overseas sales. There are also signs that the economy slowed markedly in the first quarter.

Earnings season got underway this week and average earnings per-share for corporations in the Standard & Poor's 500 index are projected to drop by 3.2 percent in the first quarter compared with the same period a year ago, according to S&P Capital IQ estimates. That would be the first period of shrinking earnings since the third quarter of 2009, when they declined 1.7 percent, says the data provider.

So what might that mean for your portfolio?

Rising corporate earnings have underpinned a six-year bull market and without that support stocks may become more volatile. Profits are also expected to drop in the second quarter, before resuming their growth in the second-half of this year.

"There are likely to be some choppy waters between now and then," says Jeff Moser, manager of the Wells Fargo Advantage Large Cap Core Fund. "It would not be surprising to see the market pull back, maybe five or 10 percent."

Most of the damage to corporate earnings is being done by the energy sector.

The price of U.S. crude slumped as much as 60 percent from a peak of \$107 a barrel in June last year as supplies grew rapidly. The big drop is hitting energy companies hard and their earnings are forecast to have dropped by almost two thirds in the first quarter. If you exclude energy companies from quarterly earnings, the estimated earnings growth for the quarter would be 5.8 percent, says S&P Capital IQ.

Many economists predict that falling oil prices will eventually benefit the economy as a whole, because lower gas prices will give consumers more money to spend. But while the steep drop in oil prices is having an immediate impact on the bottom line of energy companies, its beneficial impact on other parts of the economy is more nuanced.

At least for now, consumers appear to be saving much of their gains from lower gas prices, rather than spending them. Retail sales fell in the first two months of the year.

However, the longer gas prices stay low, the more likely it is that consumers will change their habits. That should boost consumer-oriented companies, like restaurant chains and retailers, says Susan Bao, a portfolio manager who co-manages JPMorgan Asset Management's U.S. Large Cap Core Plus Fund.

"As we go into the latter part of this year, hopefully some of the good news will start showing up in (earnings) estimates," says Bao.

The stronger dollar is also having an impact on earnings. That's because goods made in the U.S. and sold overseas become more expensive and any earnings made abroad are worth less in

dollar terms. Technology companies in the S&P 500 index, its biggest sector, generate more than half their revenue from foreign sales according to Deutsche Bank analysts.

Still, it's not all bad news. Health care stocks and financial stocks are projected to report strong earnings growth for the first three months of the year. Among other things, health care companies are benefiting from the introduction of the Affordable Care Act, and financial companies are continuing their drawn-out recovery after the financial crisis.

To be sure, the nature of Wall Street's earnings dance is such that the streak of earnings growth may not end now. Companies often give cautious forecasts when providing analysts' with guidance on their earnings, giving them a low hurdle to clear when they actually report their results.

For example in January, before companies started reporting their fourth-quarter earnings, analysts were projecting growth of 5.5 percent. By March, after most of the results were in, earnings had actually expanded 7.7 percent.

Even if earnings do end up contracting it doesn't necessarily mean that stocks will slump. If earnings fall, but by less than analysts are expecting, stocks may actually rise.

Ultimately, it will likely be the state of the overall economy that determines the longer-term trajectory of the stock market. The economy has shown signs of weakness in the first quarter, on Friday the government reported surprisingly weak jobs data, but nobody is calling a recession, just yet. That means you may be better off sticking it out in stocks.

"Although the bull market is six years old the bull market never ends because of old age, it ends because of recession," says JPMorgan's Bao. "And we're still a few years away from the next recession."

## Union City First Time Home Buyer Program Two Affordable Single-Family Homes Available!!!

The City of Union City is offering two single-family homes for first time homebuyers. Eligible buyers will be selected using a lottery process.

The two homes are located at 33500 4th Street and 33505 7th Street. The units are detached four-bedroom, 2 bath, 1,500 square-foot one-story homes built in 1997 and available for moderate-income households (see table below).

The price of the homes will be \$400,000. Please do not go onto the properties. After the lottery is completed, lottery winners will be allowed to tour the homes.

The program is for income qualified first-time homebuyers (those who have not owned a home as their primary residence in the past 3 or more years). Applicants must either live or work in Union City.

Program restrictions include: applicants must meet Union City income criteria, homes are subject to resale restrictions, applicants must obtain and submit a loan pre-approval letter with the application and households must be a minimum of three people and a maximum of eight people.

The homes are priced to be affordable to moderate-income families. To qualify, your income cannot exceed the following levels:

| HOUSEHOLD SIZE | MAXIMUM INCOME FOUR-BEDROOM FAMILY |
|----------------|------------------------------------|
| 3 persons      | \$101,000                          |
| 4 persons      | \$112,200                          |
| 5 persons      | \$121,200                          |
| 6 persons      | \$130,150                          |
| 7 persons      | \$139,150                          |
| 8 persons      | \$148,100                          |

You must have enough income to qualify and receive a loan pre-approval letter from a lender or mortgage broker, which is required to be submitted with the application. The city will not be providing any loans. The applicant must receive a loan from a lender of their choice.

**Applications are only available from the Union City Economic and Community Development counter at the Union City Civic Center located at 34009 Alvarado-Niles Road, Union City, from April 8, 2015 to April 17, 2015. All applications must be submitted no later than Wednesday, April 22, 2015 at 6 pm. No late or incomplete applications will be accepted**

**Please direct any questions regarding the application process and procedures, income or legal residency certification to SUZANNE SULLIVAN, lottery consultant, at (800) 604-0601.**

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Reflections on Water

# Alameda County Water District Is Upgrading and Replacing Water Structures

The past 100 years have been full of enormous change and opportunity for ACWD. We’ve been fortunate that so many strong community leaders stepped forward to take positions on our Board of Directors and take on the mantle of conscientious stewardship as the District navigated battles for water rights, coped with droughts, and adapted to robust population growth and economic change.

While we don’t have a crystal ball to predict our next 100 years, one thing we know for sure: our distribution system is aging, and parts of it are very old. And the Hayward Fault underlies our homes and businesses. To address these issues, we now face the daunting task of upgrading a system that served just a few thousand people 100 years ago and today serves more than 325,000 residents.

Upgrading and “hardening” our system against earthquake risk is a priority. We have conducted studies to evaluate our seismic risks and determine what needs to be done to make our facilities better able to withstand a sizeable earthquake. We also wanted to shorten the time it would take to get our customers back to normal service after a quake.

We have accomplished several important seismic upgrades to date. We installed emergency generation at wellfields and upgraded reservoirs and tanks. We made improvements to the Mission San Jose Water Treatment Plant and upgraded the water quality laboratory at ACWD headquarters. The Newark Desalination Facility is also part of the seismic program, for it ensures water to residents and businesses on the west side of the Hayward Fault. We also worked with the Santa Clara Valley Water District to install an isolation valve on the South Bay Aqueduct

so that in the event of an earthquake further downstream we can close the pipeline so that water is not lost.

We also upgraded large, older mains that cross the Hayward Fault through Fremont and Union City. The upgrades included isolation valves that will allow us to shut down and repair a damaged section of those pipelines, while also allowing us to connect temporary, large-diameter hoses to reestablish water transmission. More seismic projects are ongoing.

The seismic upgrade program dovetails into the long-term water main replacement program. Looking ahead, we can see the end of the useful life of a large portion of our system that was installed before and during the 1950s and 1960s when we were growing so rapidly.

Analysis of our pipelines showed that the existing system would begin to experience failure by 2025. By 2040, we could experience up to 2,000 leaks per year. This would cost the district \$15 million a year and require nearly 20 additional crews (at four to five people per crew) to handle that workload. By 2050, we estimated nearly 5,000 leaks per year. That would cost \$38 million annually and require more than 40 additional crews.

To avoid the expense and problems for customers, we began to methodically replace the aging pipes through a comprehensive water main replacement program. We first created a priority list, starting with pipelines that had the highest risk of failure. The current rate of replacement is five to seven miles of mains per year. This program will continue through 2090, at which time it will be necessary to reassess the system and begin the process anew.

The goal of both of these programs is to shorten the amount of time customers are without serv-

ice. The 2008 seismic vulnerability analysis projected that 70 percent of our customers could be returned to service within 50 days of a major earthquake on the Hayward Fault and 100 percent within 220 days. We wanted to significantly improve on that timetable. With the projects completed by the end of 2014, it is estimated that 70 percent of customers will be returned to service within 10 to 20 days and 100 percent within 40 to 100 days.

These programs have been funded through water revenue bonds authorized for issuance in 2011. At that time, we entered into a Joint Powers Authority agreement with Union Sanitary District to get the best interest rate – and also took advantage of historically low rates to refinance outstanding debt, saving nearly \$1 million in repayment costs. Another revenue bond for the infrastructure rehabilitation projects was issued in early 2015.

As we look forward to anticipate needs, we also look to the past. We have met or exceeded almost all of the goals set forth in our Integrated Resources Plan in 1995. Per capita water demand has dropped by more than 30 percent. Brackish groundwater desalination and water conservation have enabled us to avoid building capital projects that would have cost tens of millions of dollars, and these efforts also have saved additional millions of dollars in annual operating expenses. We’ve been able to dramatically improve our overall water supply reliability even while water supplies from the State Water Project have been reduced.

As we move into our second 100 years, we take the experience and lessons learned from previous generations of Directors and staff to meet new challenges and find new opportunities. Our history is our heritage, and it guides us as we continue to serve our community as we have for a century.

EARTH TALK®  
E - THE ENVIRONMENTAL MAGAZINE

## Dirty Dozen Guide to Food Additives

Dear EarthTalk: What is the “Dirty Dozen Guide to Food Additives?”

— Meredith LaGarde, New Orleans, LA

The Environmental Working Group (EWG), a non-profit dedicated to protecting human health and the environment through research, education and advocacy, launched its “Dirty Dozen Guide to Food Additives” in November 2014 to educate consumers about which food additives are associated with health concerns, which are restricted in other countries, and/or which just shouldn’t be in our foods to begin with. EWG hopes the new guide will help consumers avoid unhealthy foods and also influence policymakers to develop more stringent rules for food producers moving forward.

According to EWG, more than 10,000 food additives are approved for use in the U.S., despite potential health implications. Some are “direct additives” deliberately formulated into processed food; others are “indirect,” that is, finding their way into food during processing, storage or packaging. Either way, some have been linked to endocrine disruption, heart disease, cancer and a wide range of other health issues.

Topping EWG’s list are nitrates and nitrites, both typically added to cured meats (like bacon, salami, sausages and hot dogs) to prolong shelf-life and prevent discoloration. “Nitrites, which can form from nitrates, react with naturally occurring components of protein called amines,” reports EWG. “This reaction can form nitrosamines, which are known cancer-causing compounds.” The group reports links between nitrite and nitrate consumption and cancers of the stomach, esophagus, brain and thyroid.

The World Health Organization considers nitrites and nitrates to be probable human carcinogens; California’s Office of Environmental Health Hazard Assessment is now considering a similar designation. Interestingly, some nutritious foods like spinach and other leafy vegetables contain nitrates naturally, but

EWG says that “human studies on nitrate intake from vegetables have found either no association with stomach cancer or a decreased risk.”

Another troubling but nevertheless common food additive is potassium bromate, used to strengthen bread and cracker dough and help such items rise during baking. But potassium bromate is listed as a known human carcinogen by the state of California and a possible human carcinogen by the International Agency for Research on Cancer. Animal studies have shown that regular exposure to potassium bromate can cause a variety of tumors, is toxic to the kidneys and can even cause permanent DNA damage.

Most of the potassium bromate added to foods converts to non-carcinogenic potassium bromide during the process of baking, but small but still significant unconverted amounts can remain, putting eaters everywhere at risk. EWG would like to see the U.S. government follow Canada’s and the European Union’s lead in banning the use of potassium bromate in foods altogether.

Other additives on the Dirty Dozen list include propyl parabens, butylated hydroxyanisole (BHA), butylated hydroxytoluene (BHT), propyl gallate, theobromine, diacetyl, phosphates and aluminum. Many artificial colors can also cause health issues, reports EWG, as can thousands of “secret flavor ingredients” that food makers add to foods without oversight in the name of protecting trade secrets. For more information on these foods and how to avoid them, check out EWG’s free “Dirty Dozen Guide” online.

CONTACT: EWG, [www.ewg.org/research/ewg-s-dirty-dozen-guide-food-additives/food-additives-linked-health-risks](http://www.ewg.org/research/ewg-s-dirty-dozen-guide-food-additives/food-additives-linked-health-risks).

EarthTalk® is written and edited by Roddy Scheer and Doug Moss and is a registered trademark of E - The Environmental Magazine ([www.emagazine.com](http://www.emagazine.com)). Send questions to: [earthtalk@emagazine.com](mailto:earthtalk@emagazine.com).

# People with Purpose Honors Community Support

SUBMITTED BY VERA PACKARD

HERS Breast Cancer Foundation celebrates community support of breast cancer survivors with their 6th annual “People with Purpose” event. People with Purpose honors individuals whose efforts have supported breast cancer survivors and the foundation’s programs. The awards luncheon will be held on Thursday, April 23 at the Sheraton San Jose in Milpitas.

Keynote speaker for this year’s event will be novelist Meg Waite Clayton, New York Times bestselling author of four novels that have also been national book club selections.

This year’s honorees include Kim Hammer, Co-Founder of Have a Ball Foundation; Tricia J. McMahon, D.Min., Co-Founder of HERS Breast Cancer Foundation and President of Soaring Spirits, Inc.; Laura Constantine, RN, Certified Breast Health Navigator and Clinical Coordinator of the Women’s Center at Washington Hospital; Vicki Goss and Susi Folks, founders of the Chemocare Bag Ministry.

Funds raised at this event will go toward HERS Breast Cancer Foundation programs, including We Support, YOU Survive, which serves low-income women in need of post-surgical garments. Proceeds will also support the organization’s Lymphedema Project, which provides specialty sleeves to support the prevention and treatment of this painful condition, regardless of financial status. Funds are being raised through corporate sponsorship, donations, and ticket sales.

For more information and to purchase tickets, visit <http://herspeoplewithpurpose.org> or contact Executive Director Vera Packard at [vera@hersbreastcancerfoundation.org](mailto:vera@hersbreastcancerfoundation.org).

**People with Purpose Awards Luncheon**  
**Thursday, Apr 23**  
**11:00 a.m. - 1:30 p.m.**  
**Sheraton San Jose Hotel**  
**1801 Barber Lane, Milpitas**  
**[vera@hersbreastcancerfoundation.org](mailto:vera@hersbreastcancerfoundation.org)**  
**<http://herspeoplewithpurpose.org>**  
**Tickets: \$65/person or \$520/Table of 9**

## Kathleen Kelly named Interim GM at AC Transit

SUBMITTED BY CLARENCE L. JOHNSON

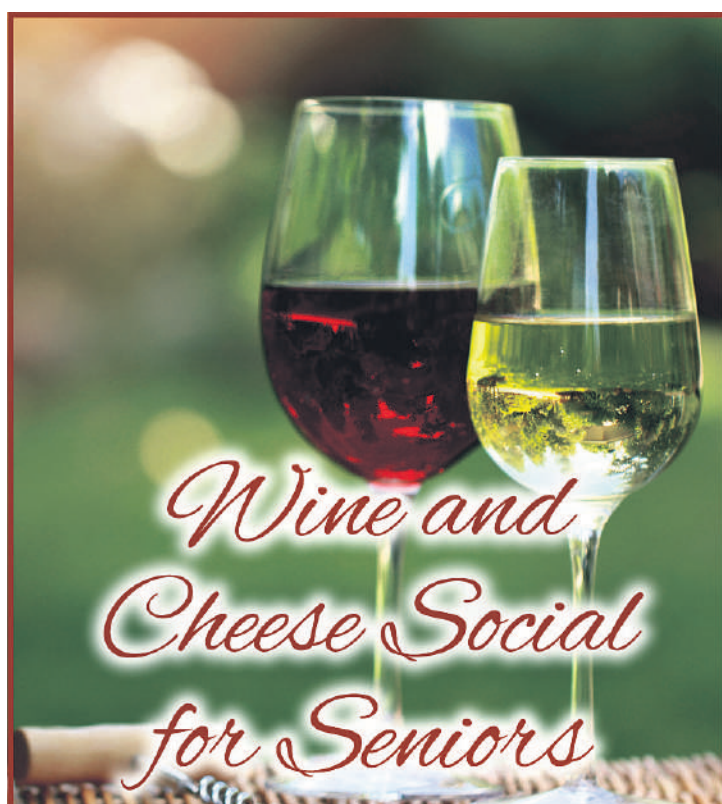
The AC Transit Board of Directors has appointed Kathleen Kelly as the agency’s Interim General Manager. Ms Kelly, who formerly served as AC Transit’s Chief of Operations, will serve in that capacity while the Board conducts a national search for a permanent general manager.

Ms Kelly’s appointment took effect on April 13. She takes over the duties of David Armijo who resigned as the agency’s chief executive officer on March 26.

In addition to Chief of Operations, Ms Kelly also formerly served in two other capacities at AC Transit, alternately as Planning Director and Budget Director.

“We are very lucky to get such an experienced and well-respected transit professional who already knows most of the people who work for this agency,” said AC Transit Board President Chris Peeples.

Ms Kelly is expected to serve as the agency’s interim general manager for approximately six months while assisting the Board and its executive search firm in finding a new, permanent general manager.



*Wine and Cheese Social for Seniors*

**Thursday, April 16**  
**3 – 4 p.m.**

Come join us for some fine wine, light hors d'oeuvres and live music. This is a free event for seniors and their guest!

Please RSVP to  
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## Tri-Cities Earth Day Fair

**Saturday - April 18**  
**10am - 4pm**  
**Swiss Park**  
**5911 Mowry Ave.**  
**Newark**



**EVENT RECYCLE COLLECTION POINTS**  
Clothing & Shoes—USAgain  
E-Waste - Recycle1234  
Plastic & Glass - Republic Services

**ALL WEEK - FREE Recycle & E-Waste Pickup (contact LOV)**

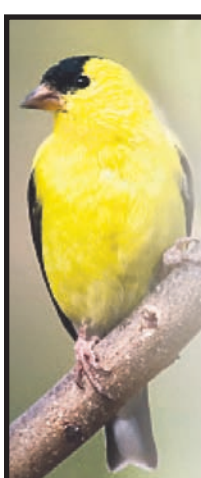
April 25th - City of Fremont & Washington Hospital, "Let's Go Green Together"

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Fremont Recycling & Transfer Station  
East Bay Energy Watch  
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**Demonstrations**  
**Vendors - Activities**  
**Recycle Collection**  
**PRIZES!**

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[sharon@lov.org](mailto:sharon@lov.org)  
[www.lov.org](http://www.lov.org)  
Fed ID#94-2638329



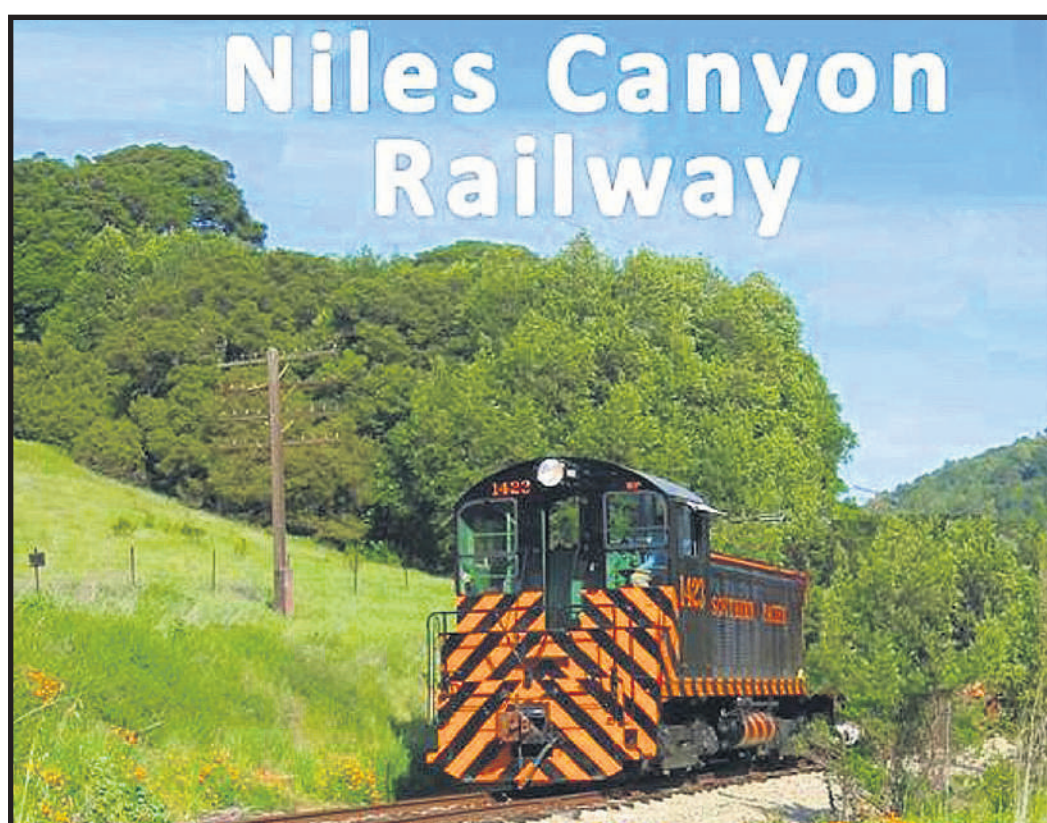
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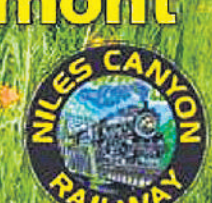
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**2015 State of the City Address:  
A Recap of Fremont's  
Successes and Where  
We're Headed in 2015!**

On Friday, March 27, Mayor Bill Harrison presented the annual State of the City address at a luncheon hosted by the Fremont Chamber of Commerce at the Fremont Marriott Silicon Valley.

This annual gathering is always a great opportunity for our Fremont community to gather, connect, and celebrate the milestones that were achieved over the past year.

As we look back on our successes in 2014 and look ahead to 2015, it's clear that Fremont has a very bright future to look forward to! Here are just a few highlights from the State of the City address.

- Significant expansions by companies like Delta, Seagate, Lam Research, Western Digital, and ThermoFisher have totaled nearly \$500 million of private investment in the Fremont community.
- Solar City leased the former Solyndra facility to house its Silevo panel division, a move that speaks volumes for Fremont's cleantech sector and the continued growth of the Warm Springs Innovation District.
- The Crossings is set to extend Fremont Boulevard to Dixon Landing Road, creating a significant new commuter connection to Silicon Valley.
- The Warm Springs Community Plan was recently approved, and will guide development



of our Innovation District. All great news, considering the Warm Springs/South Fremont BART station is coming closer to completion and is slated to open in December 2015.

- We're making headway on the construction of the new Downtown and creating Fremont's social heartbeat, which will serve as the community's gathering space to eat, play, mingle and connect. New programming is in the works including a farmers' market, in addition to the return of the Chamber's popular Fremont Street Eats, our very own gourmet food truck event.
- We're doing our part to help Fremont win the Georgetown University Energy Prize by upgrading City facilities with energy and water efficient systems and solar installations, and replacing existing street lights with LEDs. And to assist others fulfill their sustainability goals, we continue to fast-track our solar permitting process and have also opened an Express Permit Counter.

If you're interested in learning more about Fremont's recent successes and where we're headed in the near future, please check out the webcast of Mayor Harrison's speech and the slides on the City website at [www.Fremont.gov/StateoftheCity](http://www.Fremont.gov/StateoftheCity). The speech is also available on the Fremont Government Channel, Cable TV Channel 27.

**Two-Wheeled Fun  
at Fremont's  
Earth Day Fair**

Safe Moves, a nonprofit organization, has received many awards and honors for its work in the field of traffic and bicycle safety. The organization will be providing a Bicycle and Pedestrian Obstacle Course with an emphasis on safety at Fremont's Earth Day event.

The course will provide parents and children of all ages with a fun and interactive lesson on road awareness and safety skills. Loaner bikes and helmets will be available. Also, don't miss the drawing for a brand new bike giveaway!



**It's an  
Earth Day Party  
and You're  
Invited!**

Bring your family, friends, and bicycles to celebrate Earth Day on Saturday, April 25, from 11 a.m. to 3 p.m. at the Washington West Building in the main auditorium, located at 2500 Mowry Ave. The event is free and will offer fun for the entire family. There will be children's arts and crafts, eco-entertainment, games, a bicycle rodeo, confidential paper shredding, educational booths, and a torchiere lamp exchange. This year, there will also be a bike giveaway for one lucky winner!

Highlights include a drop-off for old eyeglasses, collection of sharps (must be in approved sharps container), unused or unwanted medications, and exchanging a hazardous mercury thermometer for a mercury-free thermometer at no charge. This event is a wonderful opportunity to meet with eco-friendly experts, learn about local sustainability initiatives, and find out more about the City of Fremont's participation as a semi-finalist in the Georgetown University Energy Prize, a two-year national energy usage reduction challenge with a \$5 million prize for the winner. Let's go Fremont!

Fremont's Earth Day celebration is brought to you by the City's Environmental Services Division and Washington Hospital.

For more information, visit [www.Fremont.gov/EarthDay](http://www.Fremont.gov/EarthDay) or call the Environmental Services Division at 510-494-4570. We hope to see you there!

**WASHINGTON HOSPITAL AND CITY OF FREMONT PRESENT**

**Let's  
GO GREEN  
Together!**

**Join us as we celebrate Earth Day!**  
**Meet with eco-friendly experts and learn new ways to go green!**

**Saturday, April 25 • 11 a.m. to 3 p.m. • Conrad E. Anderson, M.D.  
Auditorium, 2500 Mowry Ave. (Washington West) in Fremont**

**FREE residential drop-off:**



- > Syringes and needles (in approved containers)
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- > Donate eyeglasses
- > Mercury thermometer exchange

**Learn more about:**



- > Recycling and waste reduction
- > Saving energy at home
- > Eco-friendly gardening and composting
- > Local sustainability programs
- > Healthy eating/Farmer's Market

**Fun for the kids!**



**Kids activities will include:**

- > Bike Rodeo
- > Face painting
- > Other free games and activities
- > Eco-tainment
- > Earth Day art
- > Kids bike raffle\*

\*Youth bike raffle requires participation in the bike rodeo. Restrictions apply.

- > Torchiere lamp exchange (must bring PG&E bill to qualify)
- > Fix-a-flat workshop at 1:15 p.m.
- > Food trucks
- > Blender bike (to make smoothies)
- > Free bike tune-ups (11 a.m. to 2 p.m.)
- > Residential energy resources for Fremont's \$5M Energy Challenge!

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# In My Own Backyard Artist's view of Hayward

SUBMITTED BY MARCESS OWINGS

In a new Community Gallery exhibition at the Hayward Area Historical Society (HAHS) Center for History and Culture, digital artist Jeanne Bertolina presents a series of compositions that highlight the natural beauty and distinctive landmarks of Hayward. Bertolina says of her work, “My passion is seeing beauty and artistic possibilities everywhere and making interesting (and sometimes surprising) compositions from ordinary subjects.” Her exhibit “In My Own Backyard” opens at the Center on Wednesday, April 15 and will be on view through Sunday, May 24.

Visitors will have the opportunity to meet her during an artist Meet and Greet on Saturday, April 25 starting at noon. During the event, visitors will have a chance to vote for their favorite art piece from the exhibit. A winner will be selected from the voters and the selected individual will win their favorite piece and take possession of it after the conclusion of the show.

The exhibit also includes interesting tidbits about each subject: Buffalo Bill's as one of the first brewpubs in California, the Ranch restaurant was built with the wood of a pilfered train trestle from Sacramento, and the Hayward Plunge is on some lists of haunted places in California. Learn these fun facts and enjoy Bertolina's artistic interpretations of the Hayward community.

**In My Own Backyard**  
Wednesday, Apr 15 – Sunday, May 24  
10 a.m. – 4 p.m.

**Saturday, Apr 25**  
12 noon/ Meet and Greet with artist

**HAHS Center for History & Culture**  
22380 Foothill Blvd, Hayward  
(510) 581-0223  
[www.haywardareahistory.org](http://www.haywardareahistory.org)  
Museum admission: \$5 adults/ \$3 youth & seniors/ children 4 and under/free  
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continued from page 12

# Outdoor Living When out is in



Photo courtesy for pictures above and left Summit Fireplace and Grills

Outdoor furniture is another area that has seen tremendous growth. Most people are now ordering online, and many of the big retail stores carry a fairly wide selection of tables, chairs, and sofas. “There’s the inexpensive stuff, and then there’s the furniture that you would think is for the inside of your house,” says Fritz. So if you’re thinking about that next house project, why not take advantage of our beautiful

Bay Area weather and create an outdoor space that adds another dimension to your home. Your friends and family will thank you for it.

**Contact Summit Fireplace + Grills at (510) 397-6506 or visit [www.summitfireca.com](http://www.summitfireca.com); contact Swan Pools at (925) 934-7926 or visit [www.swanpools.com](http://www.swanpools.com).**

| CASTRO VALLEY   TOTAL SALES: 06 |       |          |         |             |        |          |  |
|---------------------------------|-------|----------|---------|-------------|--------|----------|--|
| Highest \$:                     |       | 900,000  |         | Median \$:  |        | 665,000  |  |
| Lowest \$:                      |       | 395,000  |         | Average \$: |        | 704,167  |  |
| ADDRESS                         | ZIP   | SOLD FOR | BDSSQFT | BUILT       | CLOSED |          |  |
| 4448 Gem Avenue                 | 94546 | 395,000  | 3       | 1920        | 1950   | 03-17-15 |  |
| 18767 Lamson Road               | 94546 | 855,000  | 3       | 1976        | 1973   | 03-18-15 |  |
| 2472 Riffel Court               | 94546 | 665,000  | 3       | 1584        | 1959   | 03-13-15 |  |
| 2721 Sheffield Place            | 94546 | 650,000  | 3       | 1354        | 1964   | 03-18-15 |  |
| 5349 Crow Canyon Road           | 94552 | 900,000  | -       | 4614        | -      | 03-13-15 |  |
| 7250 Morton Place               | 94552 | 760,000  | 4       | 2251        | 2003   | 03-18-15 |  |

| FREMONT   TOTAL SALES: 19   |       |           |         |             |        |          |  |
|-----------------------------|-------|-----------|---------|-------------|--------|----------|--|
| Highest \$:                 |       | 1,950,000 |         | Median \$:  |        | 786,000  |  |
| Lowest \$:                  |       | 396,000   |         | Average \$: |        | 826,868  |  |
| ADDRESS                     | ZIP   | SOLD FOR  | BDSSQFT | BUILT       | CLOSED |          |  |
| 38073 Alta Drive            | 94536 | 880,000   | 4       | 1694        | 1959   | 03-13-15 |  |
| 38856 Argonaut Way          | 94536 | 786,000   | 3       | 1670        | 1961   | 03-13-15 |  |
| 38171 Ashford Way           | 94536 | 816,000   | 3       | 1500        | 1963   | 03-11-15 |  |
| 3465 Pennsylvania Common    | 94536 | 485,000   | 2       | 944         | 1981   | 03-17-15 |  |
| 1930 Barrymore Common       | 94538 | 442,000   | 2       | 991         | 1981   | 03-11-15 |  |
| 39951 Fremont Boulevard #11 | 94538 | 396,000   | 2       | 1146        | 1987   | 03-11-15 |  |
| 4464 Gina Street            | 94538 | 610,000   | 3       | 950         | 1955   | 03-17-15 |  |
| 39219 Guardino Drive #266   | 94538 | 410,000   | 2       | 857         | 1987   | 03-13-15 |  |
| 3752 Howe Court             | 94538 | 731,000   | 3       | 1056        | 1957   | 03-13-15 |  |
| 4720 Selkirk Street         | 94538 | 692,500   | 3       | 1518        | 1959   | 03-18-15 |  |
| 46871 Chemult Common        | 94539 | 420,000   | 2       | 936         | 1987   | 03-12-15 |  |
| 43542 Excelso Drive         | 94539 | 1,950,000 | 5       | 3399        | 1985   | 03-18-15 |  |
| 254 Merrill Avenue          | 94539 | 1,160,000 | 4       | 1478        | 1962   | 03-18-15 |  |
| 41402 Timber Creek Terrace  | 94539 | 950,000   | 2       | 1852        | 1984   | 03-13-15 |  |
| 48977 Tulare Drive          | 94539 | 1,385,000 | 4       | 2049        | 1992   | 03-17-15 |  |
| 3457 Lake Ontario Drive     | 94555 | 715,000   | 3       | 1371        | 1970   | 03-17-15 |  |
| 33675 Mello Way             | 94555 | 1,250,000 | 4       | 2677        | 1988   | 03-17-15 |  |
| 34697 Osage River Court     | 94555 | 835,000   | 3       | 1523        | 1974   | 03-17-15 |  |
| 4391 Santee Road            | 94555 | 797,000   | 4       | 1496        | 1976   | 03-17-15 |  |

| HAYWARD   TOTAL SALES: 22 |       |          |         |             |        |          |  |
|---------------------------|-------|----------|---------|-------------|--------|----------|--|
| Highest \$:               |       | 879,000  |         | Median \$:  |        | 466,000  |  |
| Lowest \$:                |       | 154,500  |         | Average \$: |        | 480,909  |  |
| ADDRESS                   | ZIP   | SOLD FOR | BDSSQFT | BUILT       | CLOSED |          |  |
| 224 Anderly Court #15     | 94541 | 285,000  | 2       | 940         | 1992   | 03-18-15 |  |
| 3306 D Street             | 94541 | 665,000  | 2       | 504         | 1933   | 03-16-15 |  |
| 3354 D Street             | 94541 | 550,000  | 4       | 2696        | 1933   | 03-18-15 |  |
| 2575 Kelly Street         | 94541 | 605,000  | 2       | 1430        | 1940   | 03-18-15 |  |
| 481 Oxford Street         | 94541 | 460,000  | 3       | 1620        | 1951   | 03-12-15 |  |
| 21841 Princeton Street    | 94541 | 590,000  | 3       | 894         | 1948   | 03-17-15 |  |
| 1208 Sandy Bridges Lane   | 94541 | 154,500  | 3       | 1532        | 1988   | 03-16-15 |  |
| 117 Carrick Circle        | 94542 | 879,000  | 4       | 2622        | 2007   | 03-17-15 |  |
| 26884 Pelham Place        | 94542 | 685,000  | 3       | 2168        | 1970   | 03-17-15 |  |
| 4010 Star Ridge Road      | 94542 | 505,000  | 4       | 3239        | 1960   | 03-18-15 |  |
| 2879 Tribune Avenue       | 94542 | 380,000  | 4       | 1748        | 1951   | 03-18-15 |  |
| 29804 Chance Street       | 94544 | 447,500  | 2       | 990         | 1986   | 03-17-15 |  |
| 26804 Freitas Drive       | 94544 | 411,000  | 3       | 1215        | 1950   | 03-17-15 |  |

|                        |       |         |   |      |      |          |  |
|------------------------|-------|---------|---|------|------|----------|--|
| 26925 Patrick Avenue   | 94544 | 400,000 | 4 | 1492 | 1960 | 03-18-15 |  |
| 326 Revere Avenue      | 94544 | 466,000 | 3 | 1031 | 1951 | 03-12-15 |  |
| 681 Royston Lane #231  | 94544 | 229,000 | 1 | 643  | 1988 | 03-18-15 |  |
| 327 Westchester Street | 94544 | 585,000 | 3 | 1233 | 1956 | 03-12-15 |  |
| 2326 Bermuda Lane      | 94545 | 350,000 | 3 | 1215 | 1957 | 03-13-15 |  |
| 2393 Bermuda Lane      | 94545 | 490,000 | 3 | 1446 | 1957 | 03-18-15 |  |
| 25340 Lindenwood Way   | 94545 | 400,000 | 2 | 1276 | 1958 | 03-13-15 |  |
| 2754 Longshores Drive  | 94545 | 550,000 | 3 | 1867 | 2010 | 03-13-15 |  |
| 1384 Sangamore Street  | 94545 | 493,000 | 3 | 1227 | 1955 | 03-18-15 |  |

| MILPITAS   TOTAL SALES: 05 |       |          |         |             |        |          |  |
|----------------------------|-------|----------|---------|-------------|--------|----------|--|
| Highest \$:                |       | 990,000  |         | Median \$:  |        | 738,000  |  |
| Lowest \$:                 |       | 649,000  |         | Average \$: |        | 793,100  |  |
| ADDRESS                    | ZIP   | SOLD FOR | BDSSQFT | BUILT       | CLOSED |          |  |
| 1951 Badgerwood Lane       | 95035 | 738,000  | 3       | 1642        | 1987   | 03-17-15 |  |
| 315 Hazen Street           | 95035 | 688,000  | 3       | 1067        | 1954   | 03-18-15 |  |
| 606 Heath Street           | 95035 | 649,000  | 3       | 1253        | 1960   | 03-17-15 |  |
| 1010 Phoenix Court         | 95035 | 990,000  | 4       | 2008        | 1998   | 03-17-15 |  |
| 1832 Shenandoah Avenue     | 95035 | 900,500  | 4       | 1737        | 1966   | 03-12-15 |  |

| NEWARK   TOTAL SALES: 03 |       |          |         |             |        |          |  |
|--------------------------|-------|----------|---------|-------------|--------|----------|--|
| Highest \$:              |       | 915,000  |         | Median \$:  |        | 705,000  |  |
| Lowest \$:               |       | 540,000  |         | Average \$: |        | 720,000  |  |
| ADDRESS                  | ZIP   | SOLD FOR | BDSSQFT | BUILT       | CLOSED |          |  |
| 36527 Bridgepointe Drive | 94560 | 705,000  | 3       | 1240        | 1976   | 03-13-15 |  |
| 7682 Linden Court        | 94560 | 540,000  | 3       | 1087        | 1971   | 03-13-15 |  |
| 36384 Tudor Place        | 94560 | 915,000  | 4       | 2198        | 1977   | 03-13-15 |  |

| SAN LEANDRO   TOTAL SALES: 08 |       |          |         |             |        |          |  |
|-------------------------------|-------|----------|---------|-------------|--------|----------|--|
| Highest \$:                   |       | 510,000  |         | Median \$:  |        | 408,000  |  |
| Lowest \$:                    |       | 255,000  |         | Average \$: |        | 413,250  |  |
| ADDRESS                       | ZIP   | SOLD FOR | BDSSQFT | BUILT       | CLOSED |          |  |
| 1550 Bancroft Avenue #232     | 94577 | 344,000  | 2       | 1352        | 1976   | 03-13-15 |  |
| 1624 Brookside Drive          | 94577 | 408,000  | -       | 950         | 1942   | 03-12-15 |  |
| 398 Parrott Street #306       | 94577 | 255,000  | 2       | 956         | 1976   | 03-17-15 |  |
| 1569 Pearson Avenue           | 94577 | 440,000  | 3       | 1079        | 1942   | 03-17-15 |  |
| 1909 Whelan Avenue            | 94577 | 510,000  | 3       | 1249        | 1944   | 03-16-15 |  |
| 573 Jasmine Way               | 94578 | 460,000  | 3       | 1317        | 2010   | 03-13-15 |  |
| 481 Olive Street              | 94578 | 400,000  | 2       | 865         | 1947   | 03-17-15 |  |
| 15306 Inverness Street        | 94579 | 489,000  | 3       | 1115        | 1955   | 03-18-15 |  |

| UNION CITY   TOTAL SALES: 07 |       |           |         |             |        |          |  |
|------------------------------|-------|-----------|---------|-------------|--------|----------|--|
| Highest \$:                  |       | 1,232,000 |         | Median \$:  |        | 780,000  |  |
| Lowest \$:                   |       | 345,000   |         | Average \$: |        | 785,071  |  |
| ADDRESS                      | ZIP   | SOLD FOR  | BDSSQFT | BUILT       | CLOSED |          |  |
| 33737 8th Street             | 94587 | 568,500   | 3       | 1306        | 1993   | 03-18-15 |  |
| 4853 Cheryl Court            | 94587 | 780,000   | -       | 1880        | 1977   | 03-18-15 |  |
| 35112 Clover Street          | 94587 | 700,000   | 3       | 1392        | 1971   | 03-17-15 |  |
| 216 Elias Drive              | 94587 | 810,000   | 3       | 1877        | 2005   | 03-16-15 |  |
| 4561 Fernandez Street        | 94587 | 1,232,000 | 4       | 3538        | 2008   | 03-17-15 |  |
| 4914 Lowry Road              | 94587 | 345,000   | 2       | 861         | -      | 03-18-15 |  |
| 1137 Platinum Street         | 94587 | 1,060,000 | 6       | 3570        | 2005   | 03-18-15 |  |

# Home Sales Report

## Mike's Auto Body donates car

**SUBMITTED BY  
EDMUND ATTANASIO**

On March 26, Mike's Auto Body hosted a Grand Opening at its newest location in Fremont. In addition to a ribbon cutting, Mike's Auto Body presented a completely refurbished car to Nicollette Paredes and her daughter Hailey as part of the company's ongoing Benevolence Program.

This giveaway marked the 53rd car that Mike's Auto Body has presented to worthy individuals, families and non-profit organizations since the program's inception 15 years ago. Every-

thing is donated, including the cars, parts, paint, mechanical inspections, tires and one year of insurance. The body and paint technicians donate their time and talents to make these vehicles the best they can be. Hertz Rent A Car donated the vehicle, a 2015 Hyundai Elantra.

The Mayor of Fremont, Bill Harrison, ambassadors from the Fremont Chamber of Commerce and other dignitaries were on hand to participate in the ribbon cutting and celebrate the opening of Mike's Auto Body's 13th location in northern California. There was also music performed by the American High School band as well as complimentary food and beverages.

After the ribbon cutting, Sal Contreras, the Marketing Director for Mike's welcomed the 200 people in attendance. CFO Ragen Ortland made a presentation about the history of their Benevolence program, followed by a welcome from Mayor Harrison and KK Kaneshiro, Chamber Director of Member Services.

Then the big moment arrived when Casey Perkins of Hertz Rent A Car presented the Benevolence car to Paredes and her daughter. Tears of joy filled the room and Paredes was amazed when she saw the car as it rolled onto the shop floor. In addition, Mike's Auto Body donated one year of car insurance, a car seat was donated by Hertz Rent A



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Car, as well as gas gift cards from all of the sponsors and Easter baskets full of candy for Hailey.

Mike's Auto Body went through a stack of application letters to determine the recipient as it does for every for all of its Benevolence presentations and this one written by Nicolette Beardsley, Eden Property Manager on behalf of Paredes really stood out.

"In working with Ms. Paredes, I have seen that she is simply a young, single mother trying to give her daughter the best life possible. Ms. Paredes is a great resident and part of our community here at Eden House. Her rent is always on time and her home is clean and well-kept. Before her car was stolen, Ms. Paredes was attending school, but since had to drop out since she does not have transportation."

Contreras is happy that the 53rd car went to a Paredes, for several reasons. "I read every letter that is emailed or faxed in for consideration for our Benevolence Program," he said. "When I received Nicollette's letter telling us about her story, I knew this was the type of recipient we wanted. She has the strength and fortitude to continue to try to better her life for her and for her family even though it would have been easier to give up! I gave our Fremont Team a handful of letters to read to select a recipient. I was very happy to hear that our Team unanimously selected Nicollette!"

For more information about the Benevolence Program, contact Sal Contreras at (925) 250-8482 or for more information about Mike's Auto Body, visit their website at: [www.mikesautobody.com](http://www.mikesautobody.com).



# Kid Scoop

.com

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE



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## Kid Scoop FIT & FUN

### Earth Day Bingo

Take a walk with friends or family members and see if you can find all of the things on these Earth Day Bingo Cards. The first person to find all their items wins!

|                |               |               |
|----------------|---------------|---------------|
| A WEED         | A FLOWER      | A TRASH CAN   |
| A ROCK         | A BIRD        | BIKE LANE     |
| POND OR STREAM | AN INSECT     | MOSS          |
| A FIELD        | A FLY         | A RECYCLE BIN |
| SOME MUD       | FALLEN LEAVES | A PUDDLE      |
| BROWN GRASS    | GARDEN HOSE   | A CAT         |

|             |              |               |
|-------------|--------------|---------------|
| A SHADOW    | A DIRT PATH  | A COMPOST BIN |
| A SPIDER    | A FLYING BUG | A FLOWER      |
| A PINE TREE | GREEN GRASS  | A HILL        |

|          |               |              |
|----------|---------------|--------------|
| MOSS     | FALLEN LEAVES | AN ANT       |
| BLUE SKY | A BRANCH      | A FIELD      |
| A BEE    | FRUIT TREE    | FLUFFY CLOUD |

Standards Link: Research: Use the newspaper to locate information.



### VOCABULARY BUILDERS

This week's word:  
**COMMERCIAL**

The adjective **commercial** means related to the buying and selling of goods and services.

The new toys were not a **commercial** success.

Try to use the word **commercial** in a sentence today when talking with your friends and family members.

### Write On!

## Earth Day Hero

What are three things kids can do to protect the environment?

# Living room car wash?

Would you let someone wash their car in your living room? Imagine what a mess that would make!

Would you drive your car into a creek and wash it in the middle of the creek? Hopefully not! That would make the creek dirty for the fish and animals and could cause them to get sick and die.

## Clean Cars = Dirty Creeks?

If your family washes your car on the street or in a driveway and the water runs into the gutter and the storm drain, then all of the dirt, oil and pollutants hitch a ride in the rinse water and go into your local creek.

It's like washing your car in the fish's living room!



## (Almost) Waterless Car Wash

Here's a way to wash your car with very little water.

- You will need:
- ½ cup vinegar
  - ½ teaspoon natural liquid soap
  - 2 cups of water
  - spray bottle
  - clean rag
  - soft cloth for buffing

Put the liquid ingredients in the spray bottle and shake to mix. Spray a small area of your car with the liquid and wipe, removing the dirt and grime. For stubborn dirt, allow the liquid to sit for a few minutes before wiping off or use a non-abrasive kitchen scrub cloth. Use a soft cloth to buff the area to a shine.

Source: www.OrganicGardening.com

## For a clean car and clean creeks, try one of these:

1. Wash your car at a carwash that recycles water.
2. Wash your car on an unpaved area so that the rinse water soaks into the ground. The soil, gravel and vegetation filters the soap and grime.
3. Mix up a bottle of the Almost Waterless Car Wash solution following the directions on this page.

## Do the math to discover which is the best way to wash your car:

Commercial drive-through car wash:  
\_\_\_\_\_ to \_\_\_\_\_ gallons  
41 - 6      25 + 25

Self-Service car wash:  
\_\_\_\_\_ gallons  
5 + 5 + 5

Washing your car at home:  
\_\_\_\_\_ to \_\_\_\_\_ gallons  
100 - 20      70 + 70



Standards Link: Reading Comprehension: Use the skills and strategies of the reading process to follow written directions. Math: Compute written amounts.

## A Colorful Reminder

You can make every day Earth Day by being careful not to waste our natural resources.

Color this reminder and display it in a kitchen or bathroom as a reminder for your family.

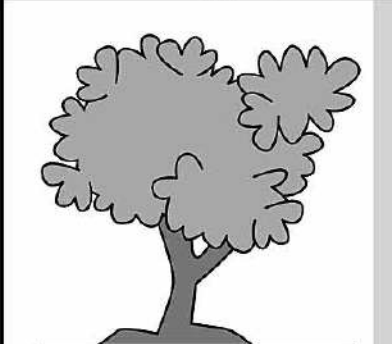
# NEVER WASTE WATER!

## Just the Facts

Look through the newspaper for articles about the environment. Find at least three facts about the environment in the articles. Write a paragraph using these three facts.

Standards Link: Research: Use the newspaper to locate information.

## Kid Scoop Puzzler



This tree is 552 inches tall. There are 12 inches in a foot. How many feet tall is the tree?

\_\_\_\_\_ feet

Standards Link: Math: Problem solving.



This fish lives 4 fathoms below the surface of the ocean. There are 6 feet in a fathom. In feet, how deep in the sea would you have to go to find this fish?

\_\_\_\_\_ feet

## Double Double Word Search

WATERLESS  
VINEGAR  
FILTERS  
LIQUID  
DIRTY  
GRIME  
SPRAY  
STORM  
SCRUB  
SHINE  
SOAKS  
SOAP  
SOIL  
RIDE  
OIL

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

L I V V I B U R C S  
N L I O Y A R P S R  
G R N O G O M E T E  
C A E R S R L R O T  
D L G K W R I A R L  
S I A S E D Q M M I  
H O R T E S U O E F  
S S A T S H I N E L  
U W T P Y I D O N S

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

## FROM THE Kid Scoop LESSON LIBRARY

### Earth News Chart

Make a chart and divide it into four columns labeled: *Threats to the Environment*, *Natural Resources*, *Ways to Save Energy*, *Items to Recycle*. Find relevant newspaper articles to paste into each column for one month.

Standards Link: Research: Use the newspaper to locate information.

## Where do cars swim?



ANSWER: In the carpool lane.

# Earthquake

## Safety and Preparedness

BY HILLARY SCHMEEL  
PHOTOS COURTESY OF  
AMIEL THURSTON

*This is the second installment of our series covering safety procedures, how to be prepared for an earthquake and how our cities have planned and provided provisions in case of disaster.*

Earthquakes can happen at any time without warning. It is very important to be prepared with an emergency plan and kit as well as evaluate your home for potential hazards. Your plan should include the location of emergency exits, fire alarms and fire extinguishers.

You should also establish a place to reunite with your family afterwards. Telephone calls may not be available; it is a good idea to text or communicate through social media. By planning and practicing what to do, you and your family will be able to react quickly and efficiently when an earthquake occurs.

Prepare an emergency preparedness kit to be self-sufficient for at least three days or up to one week after an earthquake. Your kit should include flashlights, a battery-powered radio, water, non-perishable food, a manual can opener, an alternative cooking source, a first aid kit, a fire extinguisher, extra prescription and non-prescription medication, an adjustable wrench to turn off the gas and water supply, a whistle to signal for help, cash, blankets, warm clothes, shoes and gloves. "Beyond that I would just ask the hard question – what would you need and be capable of storing should you be without services or support for 72 hours," said Amiel Thurston, Acting Deputy Fire Chief of the Fremont Fire Department.

Evaluate your home by looking at what might be able to fall, fly, or slide in an earthquake. Secure cabinet doors with latches; framed photos, mirrors, books and lamps with hooks, adhesives, or earthquake putty to keep them in place. Move heavy or breakable items to lower shelves. Do not hang heavy objects over beds, sofas, or any place you may be



seated. Secure electronics such as computers and televisions with flexible nylon straps. Bookcases, filing cabinets, china cabinets, and other tall furniture should be anchored to wall studs or masonry.

Your water heater, refrigerator, and other major appliances should be secured with the appropriate straps screwed into the wall studs or masonry to help keep them from falling over and rupturing gas or electric connections. Gas appliances should have flexible connectors to absorb the shaking. Know the location and how to turn off electricity, water and gas at the main switch and valves.

In the event of an earthquake, drop to your hands and knees and cover your head and neck with your arms. Only move if you need to get away from the danger of falling objects by crawling under a sturdy desk or table. Stay away from glass, windows, outside doors and walls. Hold on to any sturdy shelter until the shaking stops. If you are in bed, stay there and cover your head and neck with a pillow. If you are outside, get into the open away from

buildings, streetlights and power lines. If driving, pull over to the side of the road. Do not stop on or under overpasses, bridges, or tunnels. Do not stop near electrical power lines, light posts, trees, or signs and stay in your car until the earthquake is over.

"The City of Fremont, like most cities, maintains a Disaster Management Plan," said Thurston. "The Disaster Management Plan governs how we will assign work and responsibilities in the event of a disaster." The City also has an Emergency Operation Center (EOC), which is housed in a building able to withstand the forces of a seismic, windstorm or fire event. "In the event of a disaster, designated employees will respond to the EOC and work in defined branches to respond to the emergency and develop plans for subsequent operational periods," said Thurston. "All City personnel are designated as essential services workers and are required to report for duty if a disaster is declared. The City will work with Alameda County's EOC and the California Office of Emergency

## I need a Forever Home



Ella is a 2-year-old beauty with sleek black fur and beautiful eyes. She's super sociable, loves to be petted and she'll reward you with a happy, contented purr. Meet Ella at the Hayward Animal Shelter. More info: (510) 293-7200.



Enrich Your Life - Become a Volunteer!

## Hayward Animal Shelter

[www.facebook.com/haywardanimalshelter](http://www.facebook.com/haywardanimalshelter)  
510-293-7200

16 Barnes Court (Near Soto & Jackson) Hayward  
Tuesday - Saturday 1pm - 5pm

Services (CalOES) should a disaster occur. By their nature, disasters are declared, because the magnitude of the event overwhelms the resources of the involved community."

The City of Fremont recently allocated \$270,000 to improve the infrastructure of the EOC and emergency preparedness through participating in the annual "Shakeout Earthquake" awareness exercise, coordinating with the Alameda County Emergency Management Association (ALCO EMA) and the Tri-Cities Emergency Services Association (TESA) and conducting annual damage assessment exercises. "Fremont has collaboratively developed an Emergency Volunteer Coordination Plan to organize, screen and deploy spontaneous volunteers in Fremont, Newark, and Union City following a disaster," said Thurston. "Fremont has a 27-member Special Operations Task Force specially trained to mitigate hazardous materials releases and complex technical rescues. Several Fremont Fire Department employees participate on state and federal incident management teams and California Task Force 4, Urban Search and Rescue Team."

Other efforts to improve safety and preparedness are San Francisco Public Utilities Commission (SFPUC) spending 4.6 billion on

seismic improvements to the Hetch Hetchy water supply including the Calaveras Dam Replacement Project, Bay Area Rapid Transit (BART) working to seismically improve its infrastructure through elevated train platforms, Alameda County Water District maintaining plans to reroute water with temporary lines in the event of an earthquake, Alameda County Sheriff's Office (ACSO) looking to improve emergency event notification through a county wide notification system and procure emergency management software (WebEOC), and Washington Hospital building a new hospital and built a new Center for Joint Replacement, central utility plant and service tunnel to meet seismic safety standards.

"It is our responsibility to continually improve," said Thurston. "Two areas the City is focused on improving are internal response and disaster training and improving our community preparedness efforts."

For more information on earthquake safety and preparedness, visit [www.ready.gov](http://www.ready.gov) and [bayquakealliance.org](http://bayquakealliance.org). Look for our third earthquake installment next week on earthquake retrofitting and repair in which we will expand on what earthquake retrofitting is, what it can withstand, cost and process.

## Pat Kite's Garden

# Goldfinches

BY PAT KITE

The first time I saw a goldfinch, I thought it was an escaped canary. Since then, this bird watcher has learned there are two types of local goldfinch. Of course I still usually can't tell them apart, but their songs make me happy. My squirrel-proof feeder, stuffed with niger seed, is directly across from my kitchen window. Watching the goldfinches fussing over the seed is another excuse for not doing dishes, etc.

For those who like to tell one from another, the two local types are the Lesser Goldfinch and the American Goldfinch.

The American male goldfinch looks most like a canary. A plump little bird, he has, at least during mating season, a bright yellow chest and upper back, a black cap, and black wings. The female is a sort of brown with a yellow



stripe on darker brown wings. If you are a true detail person, the sweet high-pitched song goes "toWEE toWEE toWEEto twee twee ti ti ti."

The Lesser Goldfinch is a tad smaller. The male also has a yellow chest but it is not as brilliant as the American goldfinch. His black cap is larger and he has more whitish patching on his wings. The song goes "leeece, teeeEE."

For bird feeders, tiny niger seed is the food of choice. In the wild, goldfinches feed on the seed of thistle plants. The white fluffy

pod of the thistle plant is also used to line nests. Thistles are, to most folk, a weed. But I try to leave some for the birds.

There is a pretty Iroquois tale about how the goldfinch got its color. Seems Fox and Raccoon didn't get along. Fox tried to catch Raccoon, but Raccoon climbed to a pine treetop. Since Fox couldn't climb, he decided to wait until Raccoon came down. He waited and waited, and eventually fell asleep. Raccoon climbed down, put sticky pine

pitch over Fox's eyes, and ran off. When Fox awoke, he couldn't see anything. "Please help me," he cried to the little dark songbirds nearby. The birds felt sorry for Fox and gently picked off the pine pitch from Fox's eyes. Fox was so grateful to see light, he told the finches that he would grant them what they wanted. The finches replied, "We do not like our plain dark suits. Make us look like the sun we have brought to you." Beautiful yellow flowers were growing nearby. Using his

tail tip to extract some sun color from the flowers, he began painting the small brown birds. He did the body first. The birds were so happy, they flew away before fox could finish. Which is why, according to the Iroquois tale, goldfinch have sun yellow bodies, but a dark head and wings. Our Native Americans considered the goldfinch a bird of happiness because of its bright colors.

When a goldfinch sings, it is urging you to sing too, an aria to spring.



PAT KITE

### TRI-CITY GARDEN CLUB MEETINGS: Friends of Heirloom Flowers

**Work Parties** - Every Tuesday - at Shinn Park, 10 a.m. - 12 p.m.  
1251 Peralta near Mowry, Fremont (510) 656-7702  
Bring gloves and tools. - Social Hour afterward  
Every Thursday, 10 a.m. - 12 p.m.  
Niles Rose Garden - 36501 Niles Boulevard, Fremont  
Bring gloves and tools.  
[Across Driveway from Mission Adobe Nursery]  
Contact Joyce Ruiz: 659-9396  
Meetings are held quarterly. Call for details

### Fremont Senior Center Garden Club

First Friday of each month, 1-2 p.m.  
Tanya Mendoza, Program Coordinator 510-790-6602

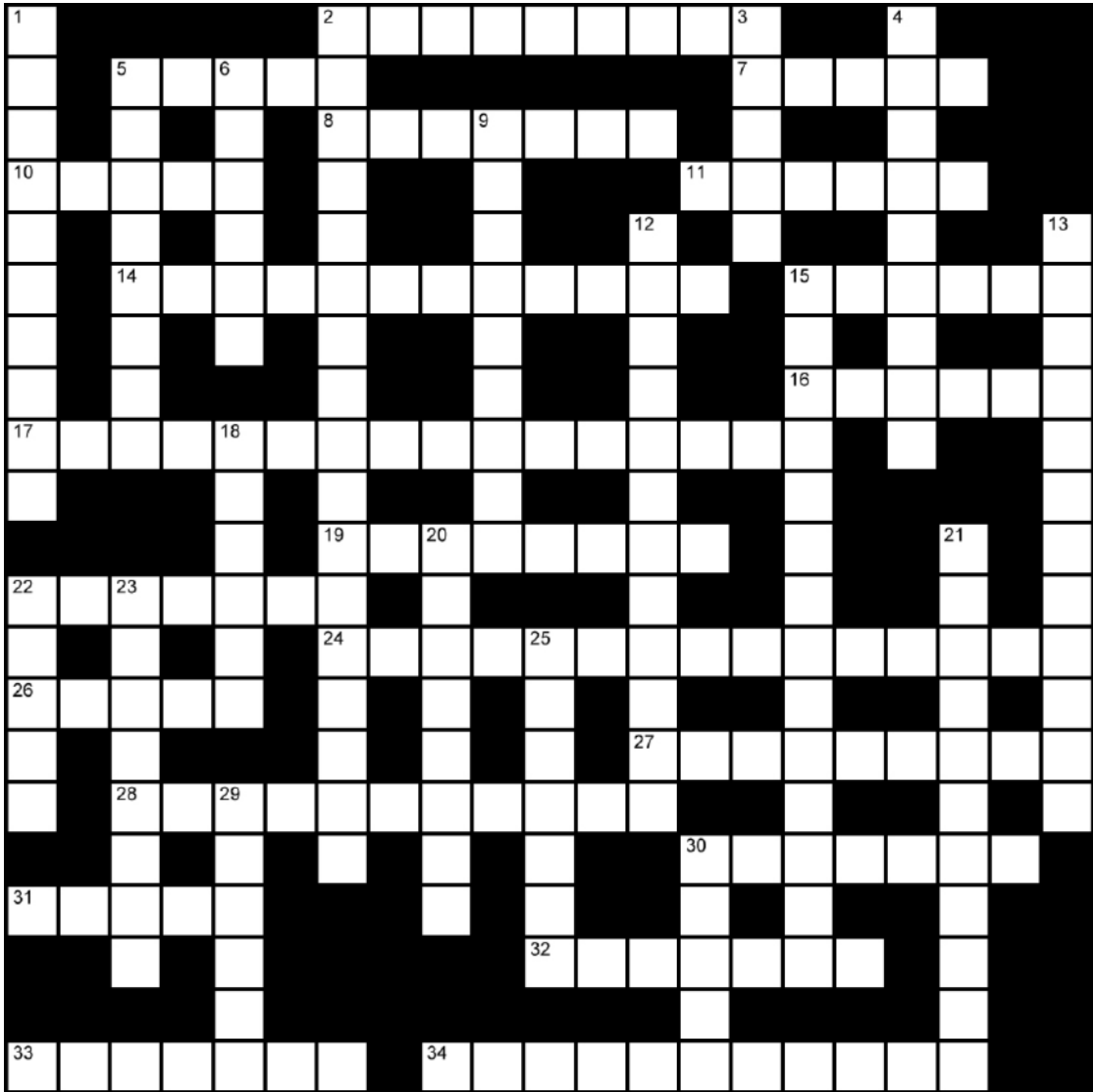
### Fremont Garden Club

The Fremont Garden Club meets the third Wednesday of each month, February - October, in members' homes & gardens, 6:30 p.m. - 8:30 p.m. Locations are posted on the Fremont Garden Clubs' web site at [www.fremontgardenclub.org](http://www.fremontgardenclub.org) or email: [fremontgardenclub@hotmail.com](mailto:fremontgardenclub@hotmail.com)

L. Patricia [Pat] Kite's several garden books include *KISS Guide to Gardening*, *Gardening Wizardry for Kids*, *Raccoons*, *Ladybug Facts and Folklore* and *Silkworms*. They may be found at [Amazon.com](http://Amazon.com) and [Alibris.com](http://Alibris.com).

# Mind Twisters

## Crossword Puzzle B 310

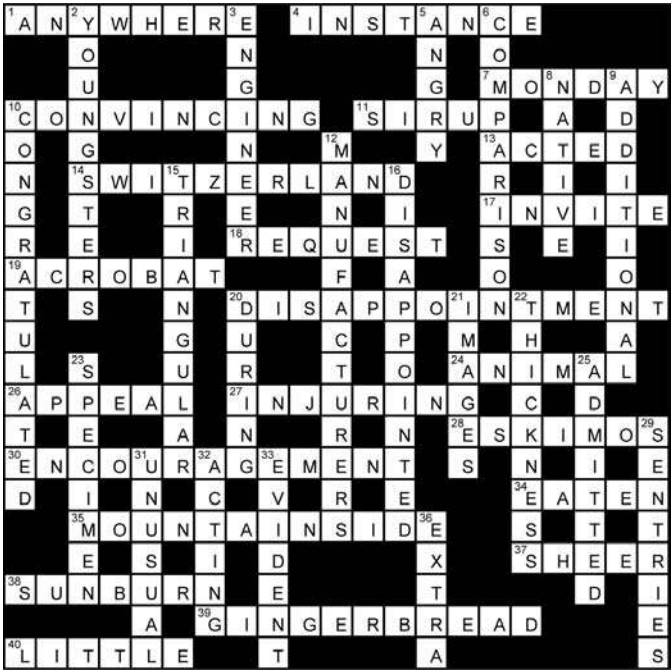
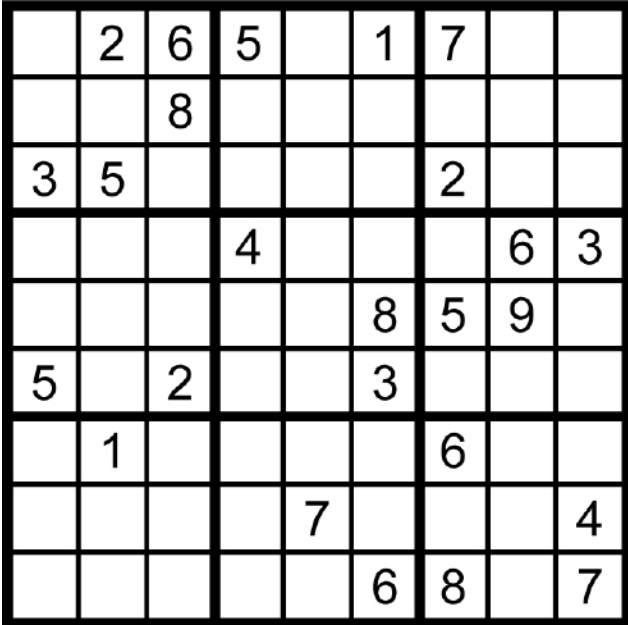


- Across
- 2 With lot of caution (9)
- 5 Pole position? (5)
- 7 Accessory (5)
- 8 Go back (7)
- 10 Sway, oscillate (5)
- 11 Nike, Reebok, Converse: Shoe \_\_\_\_ (6)
- 14 Fundamental principles on which a nation governs (12)
- 15 Bird that imitates (6)
- 16 Director's cry (6)
- 17 Onus of shouldering work (16)
- 19 Grateful for having got something (8)
- 22 Liquid preparation to wash hair (7)
- 24 Features (15)
- 26 Beat (5)
- 27 Clutter free and orderly (9)
- 28 White collar worker; one who owns his company (11)
- 30 Eight legged creatures (7)
- 31 Exterior (5)
- 32 Sport where ones rides the waves (7)
- 33 Injury or harm that reduces value (7)
- 34 Built (11)

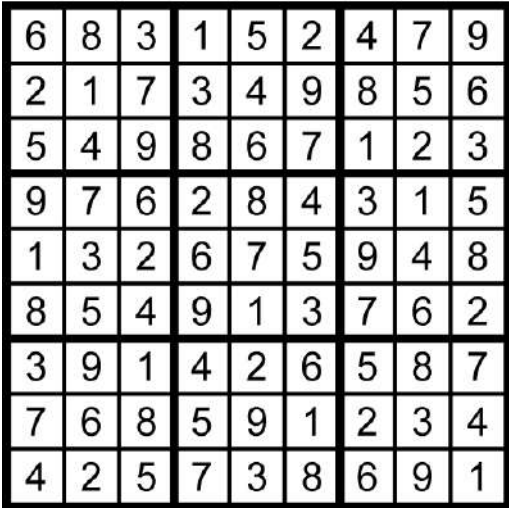
- Down
- 1 Daily publication for news (10)
- 2 Where Santa put gifts (9,8)
- 3 A long time (5)
- 4 To proclaim; declare; affirm (9)
- 5 Movements of threaded needle in fabric (8)
- 6 Pressing (6)
- 9 Diminished, process of becoming less (9)
- 12 Building structures (12)
- 13 Hillside (12)
- 15 Grouping objects according to features (14)
- 18 Production (6)
- 20 It may be critical (8)
- 21 Country where Alps mountain is (11)
- 22 Stitched up (5)
- 23 Performers of feats, as swinging on a trapeze (8)
- 25 Monkeys, elephants etc. (7)
- 29 Piano piece (6)
- 30 "60 Minutes" correspondent (5)

## Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 309



## Tri-City Stargazer APRIL 15 – APRIL 21, 2014 BY VIVIAN CAROL

For All Signs: Our most remote planet, Pluto, changes directions on April 16, moving into retrograde (backward) motion. I have written about the god of the underworld often in recent months. Pluto's motion is related to vast power and social/political judgments, which affect the masses. It is well for all of us that a period of hesitation (retrograde) precedes these decisions. Pluto turns direct with its locomotive-like force on September 24/25. This is the body that symbolically opened the 2008 can of horrendous fiascos in banking and the rest of the corporate world as it entered Capricorn. It remains in Capricorn until 2024.

**Aries the Ram (March 21-April 20):** After a long period of general drama, things are looking better for your sign now. Activities requiring physical energy are accented and favored. You have a need to get out and about to refresh your spirit. It is possible that you will overextend your financial limits. Leave the credit card at home if spending is an issue.

**Taurus the Bull (April 21-May 20):** Refresh your memory on Shakespeare and repeat the old adage three times per day: "Neither a borrower nor a lender be...." This needs to become your byword for the next two years. Do not lend resources if you can't do without them. Focus primarily on getting out of debt. This may seem like general advice, but it is specific to you at this time.

**Gemini the Twins (May 21-June 20):** You and your partner are in a difficult place. Put the critic out of the relationship and work on making improvements together. Maybe you will need to agree to disagree and give each other some space until there is

better energy between you.

**Cancer the Crab (June 21-July 21):** Your romantic side is cooperating well with your nurturing side at this time. This is especially good for female friendships. Make a date for lunch and reconnect with people you like. Meanwhile, you may find that travel plans are not what you expected. They might even be disappointing.

**Leo the Lion (July 22-August 22):** You may be experiencing a limelight moment in which you are presenting a bright idea or even a finished product. Your enthusiasm will be palpable. However, it is important to plan what you want to say carefully, lest you go overboard with promises. The tendency to be impulsive is with you now.

**Virgo the Virgin (August 23-September 22):** You may be overloaded with ideas, plans, and inflated expectations at this time. Talk over important changes with a trusted friend or a counselor. Take your time and make careful plans. Virgo is a sign that ordinarily does this, but just right

now it appears you need a little reminder.

**Libra the Scales (September 23-October 22):** It is possible you will feel a sense of fatigue this week. Maybe something has caused you to be disappointed with yourself. Beware the critic, whether that is internal or external. This part of your mind exaggerates. It takes small things and makes them bigger than they are. You have overcome many disappointments in your life. You can get past this one, too.

**Scorpio the Scorpion (October 23-November 21):** It appears that one relationship is emerging the victor from your inner turmoil over a significant other. Your mind is settling into a solution. Since you are more at peace, you have a lot of energy to share and likely will be involved in activities that help you burn up some of that excess.

**Sagittarius the Archer (November 22-December 21):** You and a partner (business or personal) are experiencing conflict. First you need to know that this is a misunderstanding from the

beginning. If the issue is just too hot, take a breather from it and return later when the heat has cooled. You are likely to be leaning on the judgmental side.

**Capricorn the Goat (December 22-January 19):** See the lead paragraph which particularly speaks to you. This is a time to believe your dreams and make that push toward success. The force is with you now. Activities requiring strength and/or endurance are favored. A transformation is at hand and available if you will reach for it.

**Aquarius the Water Bearer (January 20-February 18):** Necessary expenses may develop this week. If not that, you could be

just having a little blue mood. It is one of those times when we operate better in solitude. In fact, you may feel better if you do withdraw. Notice a tendency toward paranoia and don't take action until the reason is verified.

**Pisces the Fish (February 19-March 20):** It is imperative that you monitor your communications at this time. Telling the absolute truth as you see it could ruffle a lot of feathers and tarnish your reputation. Remain flexible and avoid opinionated attitudes. Keep a balanced focus. Say nothing if you must to avoid damage.

Are you interested in a personal horoscope?  
Vivian Carol may be reached at (704) 366-3777  
for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

# Stan Lee documentary to be shown in Niles



SUBMITTED BY RENA KIEHN

Celebrate Comic Book Day in Niles with a special screening of "With Great Power: The Stan Lee Story" (2011), a feature-length documentary on the life and creations of Stan Lee. Lee is the co-creator of Spider-Man, Hulk, X-Men, Fantastic Four, Iron Man and over 200 other characters that can be found in comic books, on movie screens and in retail stores around the world. A question and answer session with the filmmakers will follow the show.

Check out Niles stores for comic books and related goods with special discounts and sales. Look for comic book fan art by artist Alley Folks, key chains, coffee mugs, special memorabilia and vintage items, even comic book record albums.

**With Great Power: The Stan Lee Story**  
Sunday, Apr 19  
4 p.m.

Niles Essanay Silent Film Museum  
37417 Niles Blvd, Fremont  
(510) 494-1411

[www.nilesfilmmuseum.org](http://www.nilesfilmmuseum.org)

Suggested member donation \$8, non-member \$10

# Olive Hyde Art Guild

# Field Trip to Anderson Art Collection

SUBMITTED BY DIANE LEYS

Program Chair, Elaina Habel, has arranged a docent led tour, for a limited number of participants, to the Anderson Collection at Stanford University for the Olive Hyde Art Guild. Planned for Wednesday, April 29, participants will meet and depart from the Olive Hyde Art Center by carpool at 10:15 a.m. There is no charge for the tour. There will be a no host lunch following the tour. R.S.V.P.'s are required. To R.S.V.P go to the Olive Hyde Art Guild website (<http://olivehydeartguild.org>), scroll to the bottom of the page & click on "More information about upcoming programs," complete & submit the form for the field trip.

Built over the past 50 years the Anderson Collection is an outstanding private collection of 20th Century American art. Gifted to Stanford University by Harry (Hunk) and Mary (Moo) Anderson and their daughter Mary (Putter) Pence, the 121 works are exhibited in a permanent building designed and built exclusively for the collection. Ad-

jacent to the Cantor Museum of Art, the Anderson Collection building is part of Stanford's plan to construct a prominent arts district, and arts gateway to the University along Palm Drive.

After an around-the-world trip in 1964 and influenced by the Louvre and the Jeu de Paume in Paris, the Andersons made the decision to study and collect modern art. In 1969 they decided to focus on post-World War II American Art. Each work is exemplary of its movement, which include Bay Area Abstraction, Bay Area Figurative, California Light & Space, Color Field Painting, Contemporary Painting, Funk, Hard-Edge Painting, New York School, and Post-Minimalism.

**Anderson Art Collection  
Stanford Visit  
Wednesday, Apr 29  
10:15 a.m. departure  
Olive Hyde Art Center  
123 Washington Blvd, Fremont  
(510) 791-4357  
RSVP:  
<http://olivehydeartguild.org>  
Free**

# SUMMER JOB FAIR

**Saturday, April 18**

**10:00AM-1:00PM**

**Teen Center**

(39770 Paseo Padre Parkway)

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- ✓ BRING A RESUME & COVER LETTER
- ✓ BE PREPARED TO INTERVIEW



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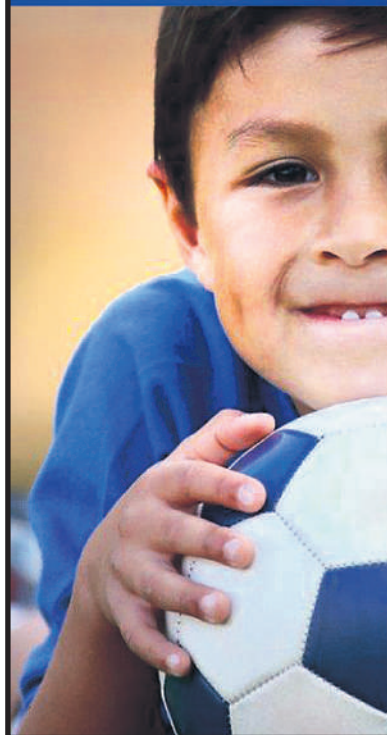


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| 17-Night Westbound Panama Canal Cruise | 2015 - Apr 28 | Florida: Fort Lauderdale; Colombia: Cartagena; Panama: Colon, Panama Canal (Cruising); Costa Rica: Puntarenas; Guatemala: Puerto Quetzal; Mexico: Puerto Vallarta, Cabo San Lucas (overnight); California: San Francisco |
| 11-Night Golden Gate Alaska Cruise     | 2015 - May 15 | California: San Francisco; Alaska: Ketchikan, Icy Strait Point, Juneau, Tracy Arm Fjord (Sawyer Glacier); British Columbia: Victoria; Oregon: Astoria; California: San Francisco                                         |
| 12-Night Golden Light Alaska Cruise    | 2015 - May 26 | California: San Francisco; Alaska: Sitka, Juneau, Skagway, Haines, Tracy Arm Fjord (Sawyer Glacier); Ketchikan; British Columbia: Nanaimo, Victoria, Vancouver                                                           |
| 12-Night Golden Light Alaska Cruise    | 2015 - Aug 23 | British Columbia: Vancouver; Alaska: Tracy Arm Fjord (Sawyer Glacier), Sitka, Juneau, Icy Strait Point, Skagway, Ketchikan; British Columbia: Victoria; Oregon: Astoria; California: San Francisco                       |
| 9-Night Pacific Coastal Cruise         | 2015 - Sep 4  | California: San Francisco, Monterey; Mexico: Ensenada; California, San Diego, Catalina Island, Santa Barbara, San Francisco                                                                                              |
| 17-Night Eastbound Panama Canal Cruise | 2015 - Sep 18 | California: San Francisco, Monterey; Mexico: Cabo San Lucas, Puerto Vallarta; Guatemala: Puerto Quetzal; Costa Rica: Puntarenas; Panama: Panama Canal (Cruising), Colon; Colombia: Cartagena; Florida: Fort Lauderdale   |

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# AgPark event offers farm tours and edible plants

BY ROBBIE FINLEY

**A**lameda County Master Gardeners (ACMG) have teamed up with SAGE (Sustainable Agriculture Education) and the Sunol AgPark to offer the public an opportunity to learn about gardening from the experts, tour AgPark farms, and check out exclusive produce at their plant sale and open house on Saturday, April 18.

"It's exciting for us to be out here at the AgPark," said Master Gardener Paula Glogovac. "For



Orange Caprese tomato created by Baia Nicchia Farm. Photo by Steffi Gross.

the master gardeners, it's an opportunity for us to raise funds for our nonprofit organization and provide information [to attendees]," she added. Glogovac will be in attendance with up to 100 master gardeners.

"Last year, it was a smaller event," said SAGE Program Associate Charlotte Hryse, adding, "This year, SAGE has brought the master gardeners onto the park. (It's) a chance to make some money and engage the public."

A number of talks are scheduled featuring gardening topics



## Tartan Day Scottish Fair

Ardenwood Historic Farm

**Saturday, April 18, 2015 • 10 AM to 5 PM**

**Celebrate Tartan Day** and join in the pageantry as Scottish folk from all over the area gather their clans and celebrate their heritage.

- Enjoy:**
- Scottish Musician Peter Dalry
  - Fiddler Michael Mullen & His Trio of One
  - MacIntosh Pipe Band
  - Peninsula Scottish Fiddlers
  - Crooked Road Ceili Band
  - New World Scottish Dancers
  - Caper Duck
  - Traditional Scottish Food
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  - Meet Mary, Queen of Scots



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Ardenwood Historic Farm • 34600 Ardenwood Blvd. • Fremont, CA 94555



such as vegetable gardening in a drought, soil knowledge, and growing vegetables and herbs in containers. Master Gardeners will be available for questions during Ask a Master Gardener sessions.

A highlight of the event will be the unveiling of newly-bred Orange Caprese, a hybrid tomato created by Sunol's Baia Nicchia Farm, which is known for growing heirloom tomatoes. Attendees will be able to experience the tomato before it hits the public. "(The Orange Caprese) is a great all-around tomato, nice and sweet. This one is absolutely delicious," Glogovac said.

Much more than tomatoes will be on hand. Farmers from the AgPark's eight resident farms will display produce as well, featuring an array of peppers, eggplants, squash, herbs, and horseradish in addition to other interesting plants like luffa plants and a variety of roses, such as climbing roses, striped roses, and more. Roses are also edible!

"The focus will be on gardening," Hryse said of the event. "We definitely want this to be an open house. It'll be a nice day to explore the farms!"



Container plants ready for purchase will be available. "You will be able to put all the (available) varieties into the ground and containers. We're right in the midst of transitioning from cool to warm seasonal crops, (so) it gives them a head start instead of trying to plant them now," Glogovac said.

For those who want to enjoy a nice lunch while perusing the plants and learning more about gardening, prepared food will be available for purchase. Attendees can also take home educational materials for reference as they tend to their own gardens. Dublin's Lucky Garden nursery will provide gardening resources for sale.

Master gardeners are excited to spend the day talking plants with the public. "We enjoy interfacing with the public. They can ask us any questions – about drought-tolerant plants, how to save water... we have resources available (and) demo gardens we can share with folks," Glogovac said.

With the arrival of spring, it's time to start gardening! For more information, visit [www.acmg.ucanr.edu/plantsale\\_2015](http://www.acmg.ucanr.edu/plantsale_2015) and [www.sagecenter.org](http://www.sagecenter.org).

### Edible Plant Sale & Spring Event

**Saturday, Apr 18  
9:30 a.m. – 2:00 p.m.  
Sunol Water Temple  
505 Paloma Way, Sunol  
[www.acmg.ucanr.edu/plantsale\\_2015](http://www.acmg.ucanr.edu/plantsale_2015)  
[www.sagecenter.org](http://www.sagecenter.org)  
**Free admission****

### Talks:

- 10:00 a.m.: All About Tomatoes
- 10:30 a.m.: Vegetable Gardening in a Drought
- 11:00 a.m.: Grow Vegetables and Herbs in Containers
- 11:30 a.m.: Know Your Soil
- 12:00 p.m.: Seeds
- 12:30 p.m.: All About Tomatoes
- 1:00 p.m.: Vegetable Gardening in a Drought
- 1:30 p.m.: Grow Vegetables and Herbs in Containers

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3100-H Capitol Ave., Fremont

\$ = Entrance or Activity Fee  
R= Reservations Required  
Schedules are subject to change.  
Call to confirm activities shown in these listings.



## CONTINUING EVENTS

**Friday, Feb 13 - Saturday, May 16**

Trajes Regionales de Mexico  
10 a.m. - 5 p.m.  
*Collection of costumes from Ballet Folklórico Mexicano*  
San Leandro Public Library  
300 Estudillo Ave., San Leandro  
(510) 577-3971  
www.aclibrary.org

**Mondays, Mar 16 - Apr 20**  
Nutritional Champion for Change Program - R

5:00 p.m. - 6:30 p.m.  
*Discuss healthy foods, eating on a budget and physical fitness*  
Safe Alternatives to Violent Environments - SAVE  
1900 Mowry Ave, Fremont  
(510) 574-2256  
AshleyL@save-dv.org  
www.save-dv.org

**Wednesdays, Mar 18 thru Apr 29**

Canasta  
9:15 a.m.  
*Classic card game*  
Newark Senior Center  
7401 Enterprise Dr., Newark  
(510) 578-4840  
www.newark.org

**Thursday, Mar 20 - Sunday, Apr 18**

Social Security \$  
Thurs - Sat: 8:00 p.m.  
Sun: 12:15 p.m.  
Comedy about a married couple and their family  
Broadway West Theatre Company  
400-B Bay St., Fremont  
(510) 683-9218  
www.broadwaywest.org

**Saturday, Mar 21 - May 16**  
Annual Spring Show

Mon: 5 p.m. - 10 p.m.  
Tues & Thurs: 10 a.m. - 1 p.m.  
Sat: 12 noon - 3 p.m.  
*Variety of works from over 60 artists*  
Opening reception Saturday, March 21: 2 p.m. - 5 p.m.  
PhotoCentral  
1099 E St., Hayward  
(510) 881-6721  
www.photocentral.org

**Saturdays, Mar 21 - Jun 20**

Self-Empowerment and Economic Development Program - R

9:30 a.m. - 3:00 p.m.  
*Improve English language skills, financial literacy, computer, career, and health education*  
Classes are free; includes lunch and childcare  
Safe Alternatives to Violent Environments - SAVE  
1900 Mowry Ave, Fremont  
(510) 444-6068  
SEED@Narika.org  
www.save-dv.org

## Arts & Entertainment

**Thursday, Apr 16 - June 11**

Spring Curling League \$  
7:45 p.m. - 9:45 p.m.  
*Instruction in delivery, sweeping and rules of the game*  
Registration opens March 19 at 7:00 p.m.  
Sharks Ice  
44388 Old Warm Springs Blvd., Fremont  
(510) 623-7200  
membership@bayareacurling.com  
www.bayareacurling.com

**Friday, Mar 27 - Saturday, Apr 25**

The Meaning of Life  
7 p.m. - 9 p.m.  
*Photography by Megan Rhodes*  
Reception Friday, March 27: 7 p.m. - 9 p.m.  
Olive Hyde Art Gallery  
123 Washington Blvd., Fremont  
(510) 791-4357  
www.olivehydeartguild.org

**Saturday, Mar 28 - Sunday, Jun 28**

Nature's Duets  
10 a.m. - 5 p.m.  
*Photography of pair relationships*  
Artist reception Saturday, March 28: 2 p.m. - 4 p.m.  
Hayward Shoreline Interpretive Center  
4901 Breakwater Ave., Hayward  
(510) 670-7270  
www.haywardrec.org

**Thursdays, Fridays & Sundays, Apr 2 thru May 31**

Ride the Rails \$  
10:15 a.m. - 2:30 p.m.  
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(510) 544-2797  
www.ebparks.org



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**Next Info Session**  
**Sat. April 18**  
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www.fremontfarmersmarket.com

Kaiser Permanente Fremont Farmers’ Market

Thursdays

10 a.m. – 2 p.m.

Year-round  
39400 Paseo Padre Pkwy.,  
Fremont  
800-949-FARM  
www.pcfma.com

Irvington Farmers’ Market

Sundays

9 a.m. – 2 p.m.

Year-round  
Bay Street and Trimboli Way,  
Fremont  
800-949-FARM  
www.pcfma.com

Niles Farmer’s Market

Saturdays

9 a.m. - 2 p.m.

Year-round  
Niles Town Plaza  
37592 Niles Blvd., Fremont  
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers’ Market

Saturdays

9 a.m. - 1 p.m.

Year-round  
Hayward City Plaza  
777 B. St., Hayward  
1-800-897-FARM  
www.agriculturalinstitute.org

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Saturdays

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Ave. and Tampa Ave., Hayward  
(510) 783-9377  
www.cafarmersmarkets.com

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Wednesday

10 a.m. - 2 p.m.

June 11, 2014 to  
December 31, 2014  
2500 Merced St, San Leandro  
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers’ Market at ICC

Sundays

8 a.m. – 1 p.m.

Year-round  
India Community Center  
525 Los Coches St.  
800-949-FARM  
www.pcfma.com

NEWARK:

Newark Farmers’ Market

Sundays

9 a.m. - 1 p.m.

Year-round  
NewPark Mall  
2086 NewPark Mall, Newark  
1-800-897-FARM  
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round  
Fairmont and East 14th St., San  
Leandro  
(925) 465-4690  
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays

10 a.m. – 2 p.m.

Year-round  
Kaiser Permanente Medical  
Offices  
3553 Whipple Rd., Union City  
800-949-FARM  
www.pcfma.com

Union City Farmers’ Market

Saturdays

9 a.m. – 1 p.m.

Year-round  
Old Alvarado Park  
Smith and Watkins Streets,  
Union City  
800-949-FARM  
www.pcfma.com

East Plaza Farmers’ Market

Saturdays

9 a.m. – 1 p.m.

Year-round  
East Plaza  
11th Ave. and Decoto Road  
Union City  
(925) 825-9090  
www.pcfma.com

Thursday, Apr 2 - Sunday, May 31

Patterson House Tours \$

Thurs - Fri: 2:30 p.m.  
Sat - Sun: 11:30 a.m.  
*Docent led tour of Victorian home*  
Ardenwood Historic Farm  
34600 Ardenwood Blvd.,  
Fremont  
(510) 544-2797  
www.ebparks.org

Fridays, Apr 3 thru May 22

INDZ - Where Art Meets Heart Series – R

4 p.m.  
*Cultural visits to various counties*  
Elementary - Middle School  
program  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
www.aclibrary.org

Saturday, Apr 4 thru May 30

Laugh Track City \$

7 p.m.  
*Improvized comedy*  
Made Up Theatre  
3392 Seldon Ct., Fremont  
(510) 573-3633  
www.MadeUpTheatre.com

Saturday, Apr 4 thru May 30

5 Play

9 p.m.  
*Improvized movie*  
Made Up Theatre  
3392 Seldon Ct., Fremont  
(510) 573-3633  
www.MadeUpTheatre.com

Mondays, Apr 6 thru May 4

Community Emergency Response Team Training – R

6:00 p.m. - 9:30 p.m.  
*Emergency assistance procedures*  
*Hayward residents only; must attend all classes*  
Hayward City Hall  
777 B St., Hayward  
(510) 583-4948  
www.Hayward.CERT@hayward-ca.gov

Monday, Jun 22 - Friday, Aug 13

Ohlone for Kids \$R

8 a.m.  
*Summer enrichment program for teens*  
Registration begins April 1  
Ohlone College  
43600 Mission Blvd, Fremont  
(510) 979-7597  
www.ohloneforkids.com

Monday, Apr 7-Friday, May 1

Annual Textile Exhibit Call to Artists

9 a.m.  
*Submit artist bio, image of work and entry fee by May 1st*  
Olive Hyde Art Gallery  
123 Washington Blvd., Fremont  
(510) 791-4357  
www.olivehydeartguild.org

Saturday, Apr 11 - Sunday, Apr 26

Jesus Christ Superstar \$

8:00 p.m.  
Sunday matinee 2:30 p.m.  
*Musical about the last days of Jesus*  
Newark Memorial High School  
39375 Cedar Blvd., Newark  
(800) 838-3006  
www.stage1theatre.org

Tuesdays, Apr 14 thru Thursdays, Jun 4

Citizenship Class \$R

7:00 p.m. - 9:30 p.m.  
*Discuss American Government*  
Prepare for interview test  
Fremont Adult School  
4700 Calaveras Ave., Fremont  
(510) 793-6465  
www.face.edu

Wednesday, Apr 15 - Sunday, May 24

In My Own Backyard \$

10 a.m. - 4 p.m.  
*Digital art of Hayward landmarks*  
Artist reception Saturday,  
April 25  
Hayward Area Historical Society  
Museum  
22380 Foothill Blvd., Hayward  
(501) 581-0223  
www.haywardareahistory.org

Thursday, Apr 16 - Sunday, Apr 26

Hank Williams: Lost Highway \$

Thurs - Sat: 8 p.m.  
Sun: 2 p.m.  
*Musical biography of legendary singer-songwriter*  
Douglas Morrison Theatre  
22311 N Third St., Hayward  
(510) 881-6777  
www.dmtonline.org

THIS WEEK

Tuesday, Apr 14

Public Hearing for Proposed Rate Increase

6 p.m.  
*Discuss infrastructure replacement*  
Alameda County Water District  
43885 S. Grimmer Blvd.,  
Fremont  
(510) 668-4200  
www.acwd.org

Wednesday, Apr 15

Still Alice – R

6 p.m.  
*Memory care book talk*  
Pacifica Senior Living  
33883 Alvarado-Niles Rd.,  
Union City  
(510) 270-2771  
www.PacificaUnionCity.com

Wednesday, Apr 15

Career Fair

11 a.m. - 2 p.m.  
*Job seekers connect to potential employers*  
Chabot College  
25555 Hesperian Blvd.,  
Hayward  
(510) 723-6600  
www.chabotcollege.edu

Thursday, Apr 16

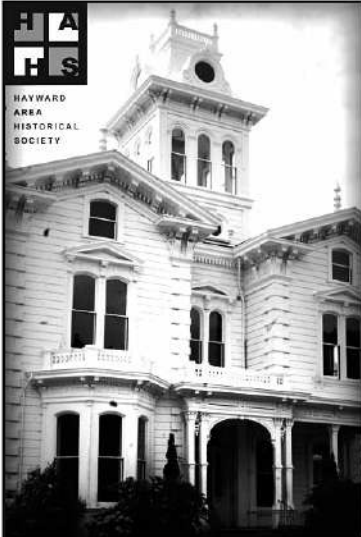
Death Café

5:30 p.m. - 7:30 p.m.  
*Eat cake, drink tea and discuss death*  
Suju’s Coffee & Tea  
3602 Thornton Blvd., Fremont  
(510) 667-7415  
www.deathcafe.com

Thursday, Apr 16

East Bay Stompers Band

7 p.m. - 9 p.m.  
*Dixie, swing and standards music*  
Bronco Billy’s Pizza  
41200 Blacow Road, Fremont  
(510) 438-0121



Marble & Molding Architecture Tour at Meek Mansion

Saturday, May 2  
10am & 1pm

Tickets on sale now!

Learn about architectural styles, décor and details of the Victorian era. Advance reservations required. \$15 adults; \$10 seniors, students and HAHS Members.

17365 Boston Road, Hayward



VISIT US ONLINE AT HAYWARDAREAHISTORY.ORG • 510-581-0223

FREE Adult Reading and Writing Classes are offered at the Alameda County Library  
Tell A Friend Call Rachel Parra 510 745-1480



FREE Transportation service and supportive companionship for ambulatory cancer patients  
Fremont, Newark and Union City Area

Have you received the devastating diagnosis you have cancer and need to get to medical appointments?  
We are here for you!  
We will transport you for FREE.

Do you have occasional extra hours? We always need more drivers to transport our clients.

Companionship - Alleviating Stress - Free Transportatoin Assistance

Help us raise funds: come to an event or give a cash donation

Please call 510-896-8056

Email: programassistant@driversforsurvivors.org  
www.DriversForSurvivors.org

Church of Christ of Fremont

4300 Hansen Ave.  
Fremont

510-797-3695

www.fremontchurchofchrist.org

Whoever Drinks Of The Water That I Will Give Him Shall Never Thirst; But The Water That I Will Give Him Will Become In Him A Well Of Water Springing Up To Eternal Life  
John 4:14

AA Meetings Every Tues and Thurs Evenings 7:30-9:30pm In Spanish In the Fellowship Hall

Services

Sunday: 10:45am and 6pm  
Wednesday: 7:30pm

Hawaiian Soap & Candle Co

Vegan Glycerin & CP Soaps  
Soy/Paraffin Wax Candles  
Body Scrubs, Shea Butter  
Body Butters, Face Creams & Scrubs  
Lip Balm, Body Sprays  
Fragrance Oils  
Hats Bags Jewelry, Hair Flower Picks  
All Natural Laundry Soap

20% OFF  
Any one item With coupon

Tues., Thurs., & Fri. 1-6pm  
Wed. & Sat. 9am-7pm  
Sun. 1pm - 6pm

510-493-5569  
37769 Niles Blvd.  
Fremont

Fremont Art Association Gallery  
37697 Niles Boulevard Fremont, CA 94536  
Telephone: (510)792-0905  
www.fremontartassociation.org

Upcoming Events  
Ming-Chien Liang - Beyond Words -Spring Showcase - 4/11 to 4/26  
Reception - 4/12, 1:30 to 4 pm

Golden Art Products Workshops with Judy Gittelsohn  
April 17 9am to 12 pm Golden Acrylic color Mixing  
1pm to 4 pm Golden Paints, Layering Blending Glazing  
April 24 9 am to 12 pm Golden Q or Watercolors  
\$65 for members/ \$75.00 for nonmembers materials included in fee

May 5 to May 24 Fiber Arts and Flower Show see wesite for more details

**Thursday, Apr 16****Kids Club**

11 a.m.

*Entertainment and prizes for children*

Ages 5 and under

NewPark Mall

2086 Newpark Mall, Newark

(510) 793-5683

www.newparkmall.com

**Thursday, Apr 16****Thursday Night Flights \$**

5:30 p.m. - 8:30 p.m.

*Enjoy gallery exhibits, live music and craft beer*

Hayward Area Historical Society

Museum

22380 Foothill Blvd., Hayward

(501) 581-0223

www.haywardareahistory.org

**Thursday, Apr 16****Foster Parent Orientation Meeting**

6:30 p.m. - 9:30 p.m.

*Learn about becoming a foster parent*

Glad Tidings Church

1027 West Tennyson Rd,

Hayward

(510) 259-3475

www.pathwaytohome.org

**Thursday, Apr 16****Tri-Cities School Superintendents Update \$R**

2:30 p.m. - 4:30 p.m.

*Guest speakers, food and networking*

Send panel questions via email

Niles Bankers Building

37611 Niles Blvd., Fremont

donna.smyth@comcast.net

**Thursday, Apr 16 - Saturday, Apr 18****East Bay Jazz Festival**

8 a.m.

*22 California school bands perform*

Cal State East Bay University

25800 Carlos Bee Blvd.,

Hayward

(510) 885-3000

**Thursday, Apr 16****Bob Mintzer and CSUEB Latin Jazz Combo \$**

7:30 p.m.

*Grammy award winning saxophonist performs*

Cal State East Bay University

25800 Carlos Bee Blvd.,

Hayward

(510) 885-3000

**Thursday, Apr 16****Senior Scam Stopper Seminar – R**

1 p.m. - 3 p.m.

*Protect yourself from fraud*

Kenneth C. Aitken Center

17800 Redwood Rd.,

Castro Valley

(510) 583-8818

Lyanne.mendez@asm.ca.gov

**Thursday, Apr 16****Call the Cops Story Time for Children**

10:30 a.m. - 11:30 a.m.

*San Leandro Police Officers read to kids*

Manor Branch Library

1241 Manor Dr., San Leandro

(510) 577-7964

CSteward@sanleandro.org

**Friday, Apr 17****Emergency Preparedness Workshop – R**

3 p.m. - 4 p.m.

*Disaster preparedness training*

Fremont Family Resource Center

39155 Liberty St., Fremont

(510) 268-2557

**Friday, Apr 17****Wildflower Grassland Tour – R**

10 a.m. - 12 noon &amp; 1 p.m. - 3 p.m.

*Docent led walk of Warm Springs Unit*

Directions provided upon RSVP

SF Bay Wildlife Refuge

1 Marshlands Rd., Fremont

(510) 792-0222 x135

http://DonEdwardsWarm-

Spring.eventbrite.com

**Friday, Apr 17****Tia Fuller with CSUEB Jazz Ensemble \$**

7:30 p.m.

*Saxophonist, composer and professor performs*

Cal State East Bay University

25800 Carlos Bee Blvd.,

Hayward

(510) 885-3000

**Saturday, Apr 18****Knokxperience \$**

7 p.m.

*Live professional wrestling*

James Logan High School

1800 H Street, Union City

www.knokxpro.com

tmdentertainment@yahoo.com

**Saturday, Apr 18****Wildflower Drawing – R**

11:00 a.m. - 12:30 p.m.

*Sketching instruction for all levels*

Ages 8+

Alviso Environmental Education

Center

1751 Grand Blvd., Alviso

(408) 262-5513 x104

http://wildflowerrec.eventbrite.com

**Saturday, Apr 18****Compost Giveaway**

7 a.m. - 11 a.m.

*Milpitas residents only**Photo ID and proof of residency required*

Republic Services Newby Island

1601 Dixon Landing Rd,

Milpitas

(408) 432-0444

**Saturday, Apr 18****Summer Job Fair for Teens**

10 a.m. - 1 p.m.

*Opportunity for students for complete job applications**Dress professionally, bring a resume and cover letter*

Fremont Teen Center

39770 Paseo Padre Pkwy.,

Fremont

(510) 494-4300

RegeRec@fremnt.gov

**Saturday, Apr 18****Dominican Defense of Human Rights Study Day – R**

10:00 a.m. - 3:30 p.m.

*Guest speakers, discussion groups and lunch*

Dominican Sisters of Mission

San Jose

43326 Mission Blvd., Fremont

(510) 933-6335

http://bit.ly/DWASStudyDay.org

www.msjdominicans.org

**Saturday, Apr 18****Women's Health Conference \$R**

10 a.m. - 2 p.m.

*Variety of guest speakers and topics for women of all ages*

Washington Hospital

2500 Mowry Ave., Fremont

(800) 963-7070

www.whhs.com/event

**Saturday, Apr 18****Day of Service with Supervisor Valle – R**

8 a.m.

*Volunteers build picnic area*

Masonic Homes of CA

34400 Mission Blvd., Union City

(510) 272-6692

District2@acgov.org

**Saturday, Apr 18****County Line Trio \$**

7 p.m. - 9 p.m.

*'60s Folk Revival music*

Mission Coffee Roasting House

151 Washington Blvd., Fremont

(510) 474-1004

www.fremontcoffee.com

**Saturday, Apr 18****Marshland of Dreams**

9:30 a.m. - 10:30 a.m.

*Discuss farming and salt production*

SF Bay Wildlife Refuge

1 Marshlands Rd., Fremont

(510) 792-0222

**Saturday, Apr 18****Going Native Garden's Walking Tour – R**

10 a.m. - 11 a.m.

*Herbicide-free songbird and butterfly habitat walk*

Alviso Environmental Education

Center

1751 Grand Blvd., Alviso

(408) 262-5513 x104

http://gngteec.eventbrite.com

**Saturday, Apr 18****Earth Day Community Service – R**

1 p.m. - 3 p.m.

*Monarch Butterfly habitat construction*

Alviso Environmental Education

Center

1751 Grand Blvd., Alviso

(408) 262-5513

http://monarch2.eventbrite.com

# Just Serve Helping Hands Day of Service

**Saturday - April 18**

**8am - 12pm**

*Connecting volunteers with opportunities to care for others  
and improve our communities.*

## Fremont

- **Sabercat Historical Park:** Natural plan restoration
- **Laguna, Deep Creek:** Creek clean up and recycling
- **Hastings Street Creek:** Creek clean up and recycling
- **Almond Avenue Creek:** Creek clean up and recycling
- **Washington High School and Centerville Jr. High:** Campus cleanup

## Newark

- **Community Park:** Rake, paint and clean
- **Civic Center Park:** Paint and trim roses
- **Bridgepoint Park:** Spread fiber and paint arbor
- **Birch Grove Park:** Paint tables, sign, spread mulch, rake etc.
- **Viola Blythe Warehouse:** Organize and clean

## Community-Wide

- **Collect supplies for hygiene kits**
- **Sew hygiene bags for May 2nd Humanitarian Project**

For more specific information about the JustServe activity on  
April 18th, contact Nancy Stewart (nlstew@gmail.com)  
or Janet Perry (jtperry12@gmail.com)

## JustServe.org

JustServe.org is a service provided by the Church of Jesus Christ of Latter-day Saints.  
It is not for proselytizing or publicity; it is simply a  
free service to help link community volunteer needs with volunteers.

# The Kiwanis Club of Fremont Presents the 21st Anniversary Ducks for Bucks Benefit Race

**Saturday, April 25, 2015  
11 am to 2 pm**

## BRING THE WHOLE FAMILY!

**FOOD BOOTHS • 11 am – 2 pm**

Hot Dogs, Soda, Chips & More!

**FREE FAMILY CARNIVAL • 11 am – 2 pm**

Sponsored by Masonic Homes of California

Great games *plus* Bay Area Jump & more!

Kids play games to win tickets redeemable for prizes

**ENTERTAINMENT • 11:30 pm – 12:15 pm**

Dixie Dominus Jazz Band of Fremont Christian School

**SPECIAL GUESTS • 11 am – 2 pm**

Live broadcast by KOHL

Race Marshal – Comedian Brandon Sass

**THE MAIN EVENT: DUCK RACE • 1 pm**

Win Great Drawing Prizes throughout the race

**Adopt Rubber Ducks at \$5 Each or 6 Ducks for \$25**



Kiwanis Club of Fremont



Visit our website

www.ducks4bucks.org

Adopt Ducks Online or in Person!

## THANK YOU TO OUR SPONSORS



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& Bonaccorsi, LLP**

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Chris's Jewelry  
San Jose Marriott  
Marsha & Al Badella  
Chip & Laura Koehler  
Shirley Sisk  
Tom Blalock – BART Director

# State of the City 2015 Luncheon Presentation - Mayor Al Nagy



Thursday, April 16, 2015

DoubleTree by Hilton, 39900 Balentine Drive, Newark  
11:30 a.m. to 12:00 p.m. – Early Bird Networking & "Mini Showcase"  
12:00 p.m. to 12:45 p.m. – Luncheon & Entertainment  
12:45 p.m. to 1:30 p.m. – State of the City Address



Once a year citizens and business people who enjoy being "in the know" have the opportunity to hear the latest news about all the many activities occurring in Newark, at the Mayor's Annual State of the City Address. Mayor Nagy is sure to share information about the positive growth occurring in our housing market, along with other exciting development projects, the city's budget and future plans, and likely we'll enjoy a bit of history about the city, since Newark is 60 years old this year!

We invite you to be present for what is sure to be an informative and memorable presentation.

**ADVANCE RESERVATIONS ONLY – Reserve & Pre-Pay by April 13th!**

Making your Reservation: Download Reservation Form at [www.newark-chamber.com](http://www.newark-chamber.com), or on the Newark Chamber Facebook page under "events." Call 744-1000, or email a request to [info@newark-chamber.com](mailto:info@newark-chamber.com) to have one sent. Pay by check, credit card.

**Chamber Members: \$42.00 – Non-Members: \$55.00**

**Call for details about SPONSORING this event. 510-744-1000**

Sponsorship funds support Chamber programs and services in the Newark community.

**Saturday, Apr 18**

**Summer Camp Fair**

9 a.m. - 12 noon  
*Parent information for children's camps*  
Azevada Elementary School  
39450 Royal Palm Dr., Fremont  
(415) 609-8260  
cipcfscf@gmail.com

**Saturday, Apr 18**

**Kayaking for Folks 50 and Over \$R**

11 a.m. - 3 p.m.  
*Instruction and safety guidelines in calm water*  
Quarry Lakes  
2250 Isherwood Way, Fremont  
(510) 795-4895  
www.ebparksonline.org

**Saturday, Apr 18**

**Tartan Day Scottish Fair \$**

10 a.m. - 5 p.m.  
*Music, dancing, crafts and food*  
Ardenwood Historic Farm  
34600 Ardenwood Blvd., Fremont  
(510) 544-2797  
www.ebparks.org

**Saturday, Apr 18**

**Sunol Spring Wildflower Festival**

11 a.m. - 4 p.m.  
*Hikes, crafts, music and activities for all ages*  
Sunol Regional Wilderness  
1895 Geary Rd., Sunol  
(510) 544-3249  
www.ebparks.org

**Saturday, Apr 18**

**Earth Day Fair**

10 a.m. - 4 p.m.  
*Food, games and e-waste drop off*  
Swiss Park  
5911 Mowry Ave., Newark  
(510) 793-5683  
www.lovv.org

**Saturday, Apr 18**

**Party for the Planet \$**

10 a.m. - 3 p.m.  
*Animal presentations and entertainment*  
Oakland Zoo  
9777 Golf Links Rd., Oakland  
(510) 632-9525  
ww.oaklandzoo.org

**Saturday, Apr 18**

**World Tai Chi and Qigong Day**

9:30 a.m. - 3:30 p.m.  
*Demonstrations plus health and wellness seminars*  
Ohlone College Newark Center  
39399 Cherry St., Newark  
(510) 742-2300  
www.ohlone.edu/go/taichi

**Saturday, Apr 18**

**Movie Night \$**

7:30 p.m.  
*San Francisco Earthquake Anniversary Show*  
Niles Essanay Theater  
37417 Niles Blvd, Fremont  
(510) 494-1411  
www.nilesfilmmuseum.org

**Saturday, Apr 18**

**Just Serve Helping Hands Day of Service**

8 a.m. - 12 noon  
*Campus cleanup*  
Washington High School  
38442 Fremont Blvd., Fremont  
(510) 791-3414  
nlstew@gmail.com  
ww.justserve.org

**Saturday, Apr 18**

**Bird Walk**

9:30 a.m. - 12:30 p.m.  
*Naturalist led hike*  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd., Fremont  
(510) 544-3220  
www.ebparks.org

**Saturday, Apr 18**

**Easy to Grow Edible Plant Sale**

9:30 a.m. - 2:00 p.m.  
*Purchase tomato, vegetable and herb plants*  
Sunol Ag Park  
505 Paloma Way, Sunol  
www.sagecenter.org/sunol-agpark

**Saturday, Apr 18**

**Alternatives to Lawns**

9 a.m. - 12 noon  
*Drought resistant landscaping ideas*  
Alameda County Water District  
43885 S. Grimmer Blvd., Fremont  
(510) 668-4200  
www.acwd.org

**Sunday, Apr 19 - Monday, Apr 20**

**Aladdin Jr. Auditions \$**

6 p.m. - 9 p.m.  
Sing a song  
*Bring sheet music, no tapes or CDs*  
Newark Memorial High School  
39375 Cedar Blvd., Newark  
(510) 791-0287  
koalatyact@sbcglobal.net

**Sunday, Apr 19**

**Nature Yoga – R**

10:00 a.m. - 11:30 a.m.  
*Enjoy outdoor exercise*  
Bring a yoga mat  
SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222 x362  
http://natureyogasping.eventbrite.com

**Sunday, Apr 19**

**Salt Marsh Walk – R**

10:30 a.m. - 12 noon  
*Docent led stroll around marshlands*  
SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222 x362  
http://marshwalk.eventbrite.com

**Sunday, Apr 19**

**Geology Walk – R**

1 p.m. - 2 p.m.  
*Examine rocks and wetlands*  
Family-friendly 1.3 mile walk  
SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222 x141  
https://geowalk.eventbrite.com

**Sunday, Apr 19**

**Every Day is Earth Day**

11 a.m. - 12 noon  
*Create recycled art and worm compost bins*  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd., Fremont  
(510) 544-3220  
www.ebparks.org

**Sunday, Apr 19**

**Earth Day**

9:30 a.m. - 2:30 p.m.  
*Nature and wildlife conservation activities*  
Fremont Nature Learning Center  
40224 Paseo Padre Pkwy, Fremont  
(510) 790-5541  
www.facebook.com/Fremont-CommunityServices

**Sunday, Apr 19**

**Let's Go Fishing!**

12:30 p.m. - 3:30 p.m.  
*Equipment provided to learn techniques*  
Hayward Shoreline Interpretive Center  
4901 Breakwater Ave., Hayward  
(510) 670-7270  
www.haywardrec.org

**Sunday, Apr 19**

**Poles: Basic Skills and Hike \$R**

10:00 a.m. - 3:30 p.m.  
*Individual strategies for trail use, plus 4 mile hike*  
Sunol Regional Wilderness  
1895 Geary Rd., Sunol  
(510) 544-3249  
www.ebparksonline.org

**Sunday, Apr 19**

**Tot Talk Program**

11:30 a.m. - 12:30 p.m.  
*Jewish stories and activities for ages 1 – 5*  
Congregation Shir Ami  
4529 Malabar Ave., Castro Valley  
(510) 537-1787  
www.congshirami.org



**CITY OF NEWARK, CALIFORNIA**

37101 Newark Boulevard • Newark, California 94560 • (510) 578-4266 • FAX (510) 794-2306

**VACANCY NOTICE  
SENIOR CITIZEN STANDING ADVISORY COMMITTEE**

Pursuant to California Government Code Section 54974, notice is hereby given that vacancies have occurred on the Senior Citizen Standing Advisory Committee of the City of Newark.

The Senior Citizen Standing Advisory Committee researches senior citizen needs in the City of Newark and identifies those needs which require assistance. The Committee makes recommendations to the City Council and provides information which they feel is pertinent to the well being of Newark’s senior citizens. The Committee meets at 9:15 a.m. on the first Thursday of most months at the Newark Senior Center located at 7401 Enterprise Drive, Newark.

Persons interested in serving on the Senior Citizen Standing Advisory Committee are invited to apply. Applicants are required to be a senior citizen (55 or older), a Newark resident, and a registered voter of the City of Newark.

Application forms are available in the Office of the City Clerk, 37101 Newark Boulevard, 5th Floor, at the Senior Center, 7401 Enterprise Drive, on the city website [www.newark.org](http://www.newark.org) or by calling (510) 578-4266. Committee members are appointed by the Mayor, with confirmation by the City Council.

Applications will be accepted in the City Clerk’s office until the vacancies have been filled.

Sheila Harrington  
City Clerk

Dated: March 26, 2015

2015 New Year Special

with THE

Premier Medical Weight Loss

program

» \$75 off your Initial visit!

Shed 15 - 40 lbs  
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Safe and effective medically supervised program  
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May be eligible for reimbursement by FSA, HSA, & some PPO insurance

- This offer may not be combined with other ongoing promotions.

**Spring  
Celebration**

**SUBMITTED BY FREMONT  
UNIFIED STUDENT STORE**

Please join Citizens for Better Community (CBC) at its “23rd Annual Spring Celebration” on Saturday, April 25 at Fremont Marriott Silicon Valley Hotel. Dr. Jim Morris, superintendent of Fremont Unified School District, will be honored as Citizen of the Year and Lena Zee, past president of Rotary Club of Fremont, will be honored as Volunteer of the Year. Scheduled entertainment includes a celebrity impersonation contest with David Bonaccorsi, Dirk Lorenz, Lisa Lorenz, Kathy Kimberlin, Dr. Yang Shao, and Tim Tran as the candidates. Please go to [www.cbcsfbay.org/23rd-cbc-spring-celebration-gala](http://www.cbcsfbay.org/23rd-cbc-spring-celebration-gala) to purchase tickets, sponsor the event, or vote for your favorite impersonator in support of a nonprofit organization.

**CBC Spring Celebration  
Saturday, Apr 25  
5:30 p.m. – 10 p.m.  
Fremont Marriott Silicon Valley  
46100 Landing Pkwy, Fremont  
(510) 790 – 0740**

**[kjang@cbcsfbay.org](mailto:kjang@cbcsfbay.org)  
[www.cbcsfbay.org/23rd-cbc-spring-celebration-gala](http://www.cbcsfbay.org/23rd-cbc-spring-celebration-gala)  
Individual ticket: \$88  
Sponsorship: \$800  
(dinner table); \$1,500 (bronze);  
\$2,500 (silver); \$5,000 (gold);  
\$7,500 (platinum)**



**SUBMITTED BY OHLONE COLLEGE**

The countdown to summer vacation has begun, but once it’s here, everyone is looking for something to do. Instead of sitting around and playing video games all day, kids can design their own video games! Ohlone for Kids and Teens continues to offer its award-winning summer enrichment program with a variety of different classes and workshops. The fun, interactive environment will get kids and teens excited and provide them with skills to help them once school begins again.

This program caters to students in grades 4-11 across many subjects. Kids who like to build and create will enjoy the LEGO Robotics class, language enthusiasts can learn Spanish or ASL, and curious technological minds will love the new Game App Design course. High school students can take PSAT and SAT Prep courses or explore biotechnology and creative writing. This is a great opportunity to meet students with similar interests and build confidence in a safe and supportive environment.

“Course offerings are aligned to the requests of parents, students and teachers in the Tri-Cities area,” says Kate Giuffra, director of the program. “Based on last year’s requests, we are offering more computer programming and web design courses. We also added new and innovative courses including Environmental Engineering, Fun with Circuits, and Physics Fun.”

An exciting new program, Middle School Career Exploration Week, helps young students develop interest in degree and career pathways and gain hands-on lecture and lab experience in that topic, choosing from respiratory therapy, computer programming, biotechnology, and engineering. Career Exploration Week is held August 10 through 13 at the Ohlone College Newark Center.

In addition, Ohlone for Kids classes are offered in three sessions at Mission San Jose High School in Fremont and Cesar Chavez Middle School in Union City. Online registration has begun. Classes run from June 22 through July 30.

For more information and complete course listings please visit [www.ohloneforkids.com](http://www.ohloneforkids.com).

**Monday, Apr 20**  
**Start Smart Teen Driving Education – R**  
6 p.m. - 8 p.m.  
CHP discusses traffic safety and driver responsibility  
Ages 15 – 19  
Castro Valley Library  
3600 Norbridge Ave.,  
Castro Valley  
(510) 581-9028

**Tuesday, Apr 21**  
**South County Senior Service Networking Meeting – R**  
12 noon - 1:30 p.m.  
*Discuss preparing for falls or illness*  
Lunch included  
Acacia Creek  
34400 Mission Blvd., Union City  
(510) 441-3740  
mcrawford@acaciacreek.org

**Tuesday, Apr 21**  
**Poles for Mobility and Basic Walking \$R**  
1:00 p.m. - 4:30 p.m.  
*Instruction to navigate obstacles*  
Special equipment provided  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd.,  
Fremont  
(510) 544-3220  
www.ebparksonline.org

**Wednesday, Apr 22**  
**Education Job Fair**  
9:30 a.m. - 3:00 p.m.  
*Resume review and on-site interviews*  
Alameda County Office of Education  
313 West Winton Ave., Hayward  
(510) 670-4529  
www.acoe.org

**Thursday, Apr 23**  
**HERS Breast Cancer Foundation Awards Luncheon \$R**  
11:00 a.m. - 1:30 a.m.  
*Luncheon, guest speaker and awards ceremony*  
Sheraton Hotel  
1801 Barber Lane, Milpitas  
(408) 943-0600  
http://herspeoplewithpurpose.org

**Saturday, Apr 25**  
**Let's Go Green Together**  
11 a.m. - 3 p.m.  
*Recycling, sustainability programs and kid's activities*  
Washington Hospital  
2500 Mowry Ave., Fremont  
(510) 494-4570  
www.whhs.com/green

**Saturday, Apr 25**  
**E-Waste Recycling Event**  
9 a.m. - 1 p.m.  
*Drop-off computers, monitors and small electronics*  
St. John the Baptist School  
360 S. Abel St., Milpitas  
(408) 262-8110  
www.sjbs.org

| BOOKMOBILE SCHEDULE                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                    |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Alameda County</b><br><b>Renew books by phone</b><br><b>(510) 790-8096</b><br><b>For more information</b><br><b>about the Bookmobile call</b><br><b>(510) 745-1477 or visit</b><br><b>www.aclibrary.org.</b><br><b>Times &amp; Stops subject to change</b>                                                                                                                             | 1:30 – 2:00 Acacia Creek,<br>34400 Mission Blvd.,<br>UNION CITY<br>2:45 – 3:45 Ardenwood School,<br>33955 Emilia Lane, FREMONT<br>5:15 – 6:45 Forest Park School,<br>Deep Creek Rd., & Maybird<br>Cir., FREMONT                                                                                                    |
| <b>Tuesday, Apr 14</b><br>10:00 – 11:15 Daycare Center<br>Visit – UNION CITY<br>2:00 – 2:30 Fremont Hills Senior<br>Living, 35490 Mission Blvd.,<br>FREMONT<br>2:45 – 3:15 Mission Gateway<br>Apts., 33155 Mission Blvd.,<br>UNION CITY<br>4:50 – 5:30<br>Mariner Park, Regents Blvd. &<br>Dorado Dr., UNION CITY<br>5:40 – 6:20 Sea Breeze Park,<br>Dyer St. & Carmel Way,<br>UNION CITY | <b>Tuesday, Apr 21</b><br>9:30– 10:15 Daycare Center Visit<br>– FREMONT<br>10:45 – 11:15 Daycare Center<br>Visit – FREMONT<br>2:15 – 2:45 Daycare Center Visit<br>- NEWARK<br>4:30 – 5:20 Weibel School,<br>45135 South Grimmer Blvd.,<br>FREMONT<br>5:50 – 6:40 Booster Park, Gable<br>Dr. & McDuff Ave., FREMONT |
| <b>Wednesday, Apr 15</b><br>2:00 – 4:00 Warm Springs<br>Community Center,<br>47300 Fernald St., FREMONT<br>4:15 – 4:50 Lone Tree Creek<br>Park, Starlite Way & Turquoise<br>St., FREMONT<br>6:00 – 6:30 Camellia Dr. &<br>Camellia Ct., FREMONT                                                                                                                                           | <b>Wednesday, Apr 22</b><br>12:45 – 2:15 Glenmoor School,<br>4620 Mattos Drive, FREMONT<br>2:45 – 3:45 Mission Hills Middle<br>School, 250 Tamarack Dr.,<br>UNION CITY<br>4:00 – 4:30 Purple Lotus Bud-<br>dhist School, 33615 – 9th St.,<br>UNION CITY<br>6:00 – 6:30<br>Camellia Dr. & Camellia Ct.,<br>FREMONT  |
| <b>Thursday, Apr 16</b><br>9:30 – 10:15 Daycare Center<br>Visit, UNION CITY<br>10:30 – 10:50 Daycare Center<br>Visit, UNION CITY<br>1:55 – 2:20 Daycare Center Visit,<br>SAN LORENZO<br>2:45 – 3:40 Bay School, 2001<br>Bockman Rd., SAN LORENZO                                                                                                                                          | <b>Milpitas Bookmobile stops</b><br><b>Renew books by phone</b><br><b>(800) 471-0991</b><br><b>For more information</b><br><b>(408) 293-2326 x3060</b>                                                                                                                                                             |
| <b>Monday, Apr 20</b><br>10:00 – 10:25 Daycare Center<br>Visit, FREMONT<br>10:45 – 11:15 Daycare Center<br>Visit, FREMONT                                                                                                                                                                                                                                                                 | <b>Wednesday, Apr 15</b><br>1:45-2:15 Friendly Village Park,<br>120 Dixon Landing Rd.,<br>MILPITAS                                                                                                                                                                                                                 |

**YOUTH employment opportunities available at regional parks**

SUBMITTED BY MONA KOH

Looking for adventures? Work at your regional parks! Thousands of high-school and college students have launched their careers by working at the East Bay Regional Park District (EBRPD), one of the largest employers of young people in the Bay Area.

Each year, the district hires more than 400 young people to work in parks, offices and visitor centers. No matter what your interests or career goals, the district has a job for you.

**Opportunities include:**

**Summer and academic internships**

**Field interns to learn forestry skills**

**Lifeguards to work at 11 pools and lakes**

**Recreation leaders to serve as camp counselors and lead outdoor activities**

**Public safety aides for those interested in careers in police or firefighting**

**Interpretive aides to lead**

**nature walks and tours**

**Gate attendants**

**Laborers**

Most of the positions are paid, and we offer generous benefits and opportunities for career advancement. Many student workers have gone on to lifelong careers with the Park District— including our General Manager.

For more information and current job listings, go to [www.ebparks.org/jobs](http://www.ebparks.org/jobs) or call (510) 544-2154.

THEATRE REVIEW

JESUS CHRIST SUPERSTAR ROCKS ON

By SARA GIUSTI  
PHOTOS BY  
DEBBIE OTTERSTETTER

novel addition that spruce up a play set in ancient times.

While we all know what awaits Jesus in the end, the production still creates a new, gnawing tragedy of the last seven days of Jesus' betrayal, trial, arrest and crucifixion. Uniquely told through the eyes of Judas, the play weaves together themes of jealousy, friendship, anger, and love. The play forces us to examine ourselves — what would you do in such a situation? Would



Christ Superstar brought it to Broadway in 1971 and the screen in 1973. Although beloved by many, the rock opera gained controversy over the decades for being blasphemous and sacrilegious. Today, such criticisms have waned, and bans barring performances are being lifted, most recently in Kerala, India.

Director Matty Gregg sticks to the play's original biblical setting, but incorporates interesting mixed media to modernize the play. A large, monumental Gospel According to Judas bathed in blue light kicks off the production, and once opened after a foreboding dance, reveals two grand TV screens that primarily set the scenes and mood. While the set design is simple, the TV screens are a welcome,

you stand by your friend? Could you swallow your criticisms and jealousy, or let them consume you? How much would — or could — you sacrifice?

Nikita Burshteyn's Judas steals the show, capturing the torment of Judas superbly. His singing is excellent and impressive to boot, reminiscent of Freddie Mercury at times. Katherine Dela Cruz as Mary Magdalene has a voice as smooth as honey, and she manifests Mary Magdalene's loyalty and love for Jesus genuinely. Brian Palac performs Jesus Christ admirably, authentically depicting the turmoil and stress of Jesus' burden with strong vocals. Dela Cruz and Palac is a radiant Mary and Jesus pair, and Burshteyn a brilliant antagonist to both of them.



Energy efficiency and sustainable products workshop for homeowners

SUBMITTED BY THE CITY OF FREMONT

Are you interested in upgrading or remodeling your home with sustainable, energy efficient products?

At this free workshop, green building experts will explain how to prioritize your home improvements, help you find the most cost-effective choices for a healthier, more comfortable home, and advise you on state and local incentives available for your upgrade.

Space is limited so please register for this free workshop by

April 15 at: DaleHomeowner-workshop.eventbrite.com

This workshop is provided by StopWaste in partnership with Dale Hardware, the City of Fremont, the Bay Area Regional Energy Network, and Build it Green.

Energy Efficiency and Sustainable Products Workshop

Saturday, Apr 18

9:30 a.m. – 10:30 a.m.

Dale Hardware

3700 Thornton Ave, Fremont

Register: DaleHomeowner-workshop.eventbrite.com

Free

Despite some sound issues, there is plenty to enjoy about the play. Rock 'n' roll lovers will surely savor Greg Zema's musical direction combined with rich 1960s and 70s-esque singing. Younger audiences, take heed: there are violent images and graphic scenes at the end of the play. Earplugs are provided free of charge as this play is louder than previous Stage 1 productions.

Jesus Christ Superstar runs until April 26 at Stage 1 Theatre at Newark Memorial High School —

get your tickets now and discover a new side of Jesus' story while supporting local theatre.

**Jesus Christ Superstar**  
**April 11 - 26**  
**8 p.m. (Sundays 2:30 p.m.)**  
**Newark Memorial High School**  
**39375 Cedar Blvd., Newark**  
**www.stage1theatre.org**  
**info@stage1theatre.org**  
**Tickets: \$24 adults, \$22 seniors, \$12 students 17 and under**

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# Earth Day

## A Global Movement

That movement continues to spread across the globe through an Earth Day Network that has expanded to more than 180 nations. Greater Tri-City Earth Day events include:

**Fremont:**

Washington Hospital and the City of Fremont present “Let’s Go Green Together!” on Saturday, April 25 at Washington Hospital’s Conrad E. Anderson, M.D. Auditorium. Learn about recycling and waste reduction, saving energy at home, eco-friendly gardening and composting, local sustainability programs, and healthy eating. Kids’ activities will include bike rodeo, eco-tainment, face painting, Earth Day art and more. Drop off items such as syringes and needles in approved containers, unused or unwanted medications, eyeglasses for donation, and mercury thermometers for free.

**Saturday, Apr 25**  
**11:00 a.m. – 3:00 p.m.**  
**Conrad E. Anderson, M.D.**  
**Auditorium**  
**Washington Hospital West**  
**2500 Mowry Ave, Fremont**  
**(510) 494-4570**  
**www.whhs.com/green**  
**Free**

Celebrate Earth Day in Central Park on Sunday, April 19 at The Nature Learning Center, located behind Aqua Adventure Waterpark. Different organizations will offer unique opportunities to educate the community about nature, wildlife, conservation and more. One of the high-

lights offered will be a talk led by San Francisco Bay Bird Observatory staff on the Birds of Duck Island. We will also include hands-on opportunities for kids, which include crafts, a garden walk, birding and fossils.

**Earth Day in Central Park**  
**Sunday, Apr 19**  
**9:30 a.m. – 2:30 p.m.**  
**The Nature Learning Center**  
**40224 Paseo Padre Pkwy,**  
**Fremont**  
**(510) 790-5541**  
**www.facebook.com/Fremont-**  
**CommunityServices**  
**Free**

Celebrate Earth Day by learning how to reduce your carbon footprint. Learn how to start a worm compost bin, create recycled art and plant native wildflowers in your yard. Parent participation is required. Parking fees apply where charged. This is a drop in program; no registration is required.

**Every Day is Earth Day**  
**Sunday, Apr 19**  
**11:00 a.m. – 12:00 p.m.**  
**Coyote Hills Regional Park**  
**8000 Patterson Ranch Rd,**  
**Fremont**  
**(510) 544-3220**  
**https://apm.activecommuni-**  
**ties.com/ebparks/Activity\_Search/7330**  
**Free**

**Hayward Area;**  
Volunteer to Help Clean-Up Hayward: Pitch in to help keep Hayward “Clean and Green!” Con-

nect with old friends and make new ones by teaming up to fight litter on Saturday, May 16, 8am to Noon. Volunteers of all ages are invited to attend this annual event. Registered volunteers will be treated to a free BBQ and thank you gift.. Register Online at: <https://www.surveymonkey.com/s/haywardcleanupdays>. For more information, please contact: Kimberly.DeLand@hayward-ca.gov or 510-881-7745.

**Clean Up Hayward**  
**Saturday, May 16**  
**8 a.m. – 12noon**  
**27182 Patrick Ave, Hayward**  
**(510) 881-7745**

Volunteer to Clean-Up Castro Valley. Materials & a light breakfast provided. Volunteers are needed to beautify and clean up Castro Valley on Saturday, April 25, 2015 from 9:00 a.m. to Noon. Visit [www.cvsan.org](http://www.cvsan.org) for more information and registration

**Clean-Up Castro Valley**  
**Saturday, April 25**  
**9 a.m. – 12noon**  
**www.cvsan.org**

**Milpitas:**  
St. John the Baptist School is teaming up with Recycle 1234 to help our environment. Drop off your electronic wastes at the church parking lot on Saturday, April 25. Examples of electronic waste include computer monitors, television sets, printers, laptops, copiers, scanners, fax machines, toner cartridges, networking equipment, VCR/VCD/DVD players, landline and cellular phones, and small portable devices. We do not accept freezers, air conditioners, household batteries, microwaves, smoke detectors, lightbulbs or anything with motor oil. Proceeds from the event benefit the school’s scholarship fund.

**E-Waste Recycling Event**  
**Saturday, Apr 25**  
**9:00 a.m. – 1:00 p.m.**  
**St. John the Baptist School**  
**360 S Abel St, Milpitas**  
**(408) 262-8110**  
**www.sjbs.org**  
**Free**

**Newark:**  
The League of Volunteers (LOV) is coordinating a day of food, fun games with prizes, workshops and demonstrations, recycling collection and much more at Swiss Park in Newark. Fremont’s Pavan Raj Gowda, founder of Green Kids Now, will have a special presentation to raise awareness and appreciation of our environment and the consequences in dealing with our waste. Bring your clothing and shoes, electronic waste, plastic and glass to recycle. LOV’s share of the proceeds will be used to support youth and children’s services, including their Summer Recreation in the Parks program and YES (Youth Encouraged to Serve) service club for teens.

**Earth Day Fair**  
**Saturday, Apr 18**  
**10:00 a.m. – 4:00 p.m.**  
**Swiss Park**  
**5911 Mowry Ave, Newark**  
**(510) 793-5683**  
**www lov.org**  
**Free**

**Oakland:**  
Oakland Zoo is hosting one of the largest Earth Day celebrations in the East Bay. The public is invited to join “Party for the Planet” and tour dozens of interactive Earth stations throughout Oakland Zoo. This event will include animal presentations, flying trapeze demonstrations by Trapeze Arts of West Oakland, an earth ball game, animal trivia, and live entertainment. Highlights also include a giant community art wall with Artismo-

bilus and a mobile fish unit from East Bay Regional Park District. Guests may donate an old cell phone for a free train ride.

**Party for the Planet**  
**Saturday, Apr 18**  
**10:00 a.m. – 3:00 p.m.**  
**Oakland Zoo**  
**9777 Golf Links Rd, Oakland**  
**(510) 632-9525**  
**www.oaklandzoo.org**  
**Admission: \$15.75 adults;**  
**\$11.75 children/seniors**  
**Parking fee: \$8**

**Union City:**  
Celebrate Earth Day at Masonic Homes of California with Alameda County District 2 office, Dig Deep Farms, the City of Union City, and Masonic Homes as we announce an exciting collaboration in Union City and give back to the community. We will be sheet mulching an area on the flatlands in preparation for a collaborative project with the Masons and Dig Deep Farms. Supervisor Richard Valle will speak more about the project. Free lunch will be provided courtesy of the Masons and Firefighters Local 55. Meet at Dry Creek Park staging area at the end of Whipple Road. Parking is available at Dry Creek Park and Mission Boulevard. Please wear appropriate work attire (jeans, sneakers, hat, etc.). RSVP to Nancy at [district2@acgov.org](mailto:district2@acgov.org) or call (510) 272-6692.

**Day of Service**  
**Saturday, Apr 18**  
**8:00 a.m. – 12:00 p.m.**  
**Masonic Homes of California**  
**34400 Mission Blvd,**  
**Union City**  
**RSVP: (510) 272-6692**  
**district2@acgov.org**  
**www.acgov.org/board/district2**  
**Free**

## City of Fremont News Briefs

SUBMITTED BY CHERYL GOLDEN

### Give Us Your Design Ideas for the boxART! Program

With a new wave of artwork approved for traffic signal control boxes, expect to see moreboxART! murals popping up all over the city. The boxART! Program helps deter unsightly vandalism and creates inviting spaces for residents and visitors alike. Traffic signal control boxes, typically painted gray or olive green, are placed on or near street corners where there are traffic signals, and are visible to both pedestrian and vehicular traffic. The location of the traffic signal control boxes are selected based on their visibility and their susceptibility to graffiti.

Response to the initial boxes, launched in 2014, has been met with enthusiastic support from the Fremont community. As a result, the program expanded, recently launching a Phase 2 Call for Artists. Themes for boxART! include sustainability, green energy, community, education, technology, innovation, ecology, arts, humor, and human relations.

As the popularity of this program grows and expands, the City is looking to the public for design ideas for future phases. Please take a moment to answer the following question in regard to the City’s boxART! program:

What future designs would you like to see included on utility boxes as part of boxART!?! You can voice your opinion on Fremont Open City Hall at [www.fremont.gov/OpenCityHallboxart](http://www.fremont.gov/OpenCityHallboxart).

### Fremont Senior Center Travel Program

The Fremont Senior Center has a wonderful travel program that offers fun local day trips and exciting extended tours. Short trips include visiting local Bay Area cities, museums, and theater shows, while extended tours feature travel throughout the United States, international travel, and cruises.

The Fremont Senior Center Travel Program is open to both residents and non-residents of Fremont and individuals of all ages. Below is the list for 2015 day trips:  
Monday, April 20 - Levi Stadium & Old Spaghetti Factory Restaurant (Limited space left!)

Monday, May 19 - Roaring Camp & Capitola Village

Tuesday, June 16 - Graton Casino Trip

Wednesday, July 15 - Napa Wine Train

Wednesday, September 2 - Phantom of the Opera, Orpheum Theatre (RSVP by May 1)

Thursday, September 17 - Santa Cruz Follies

Sunday, October 11- Fleet Week Cruise on the San Francisco Belle Hornblower

October - To Be Determined- Apple Hill Trip

Wednesday, November 4 - Thunder Valley Casino

November - To Be Determined - Holiday Sweets

Sunday, December 20 - Beach Blanket Babylon

For detailed trip information please call the Fremont Senior Center at 510-790-6600, or stop by the Fremont Senior Center, located at 40086 Paseo Padre Pkwy, Fremont. Reservations can be made at the Fremont Senior Center.

For more information about the Fremont Senior Center visit [www.fremont.gov/SeniorCenter](http://www.fremont.gov/SeniorCenter).

### Free Homeowner Workshop in Fremont: Energy Efficiency and Sustainable Products

Are you interested in upgrading or remodeling your home with sustainable, energy efficient products? At this free workshop, green building experts will explain how to prioritize your home improvements, help you find the most cost-effective choices for a healthier, more comfortable home, and advise you on state and local incentives available for your upgrade.

**Saturday, April 18**  
**9:30 a.m. to 10:30 a.m.**  
**Dale Hardware**  
**3700 Thornton Ave, Fremont**  
**Register at [www.DaleHomeowner-workshop.eventbrite.com](http://www.DaleHomeowner-workshop.eventbrite.com).**  
**Space is limited. Refreshments will be served.**

This workshop is provided by Stop Waste in partnership with Dale Hardware, City of Fremont, the Bay Area Regional Energy Network, and Build it Green.

### Free Help Applying for Citizenship

The International Institute of the Bay Area (IIBA) and the East Bay Naturalization Collaborative (EBNatZ) are partnering with the Fremont Family Resource Center (FRC) for their fifth Citizenship Day to be held on Saturday, April 25, at 9:30 a.m. at the Fremont Family Resource Center, 39155 Liberty St., Building EFGH – Caribbean Room Suite H830.

Those eligible for U.S. citizenship can receive free assistance in filling out the naturalization application and fee waivers. Assistance will be provided in many languages including Spanish, Chinese and Farsi. Pre-register online at [www.ebnatz.org](http://www.ebnatz.org) or by telephone. Register in English and Spanish at 510-451-2846, in Chinese at 510-251-2846 and in Dari/Farsi at 510-894-3639. To learn more about IIBA and EBNatz, visit the websites [www.iibayarea.org](http://www.iibayarea.org) and [www.ebnatz.org](http://www.ebnatz.org).

### Be Aware: Scams Targeting Our Community

Over the last couple of years we have seen a rise in telephone scams targeting our community. While the scams have varied in origin, they all commonly require the victim to obtain a MoneyPak®, Green Dot Card, money gram or other type of payment method to avoid a penalty. If you or someone you know receives a call where you are instructed to make a payment and threatened with arrest, deportation or something similar, it is likely false. Almost all government agencies communicate by mail and DO NOT collect debt payments via the telephone. To learn more visit [www.FremontPolice.org/Scams](http://www.FremontPolice.org/Scams).

# Easy-to-grow Edible Plant Sale

SUBMITTED BY EDEN GARDENCLUB

Thousands of heirloom tomato, vegetable plants and herbs will be on sale at the Alameda County Master Gardeners Plant Sale on Saturday, April 18 at Sunol Ag Park. On sale will be seven unreleased varieties of artisan tomato plants from Baia Nicchia Farm in Sunol. This is your chance to get them in plants before they are available in seeds.

Our additional selection of tomato plants will include container, cherry, slicers and paste varieties. In addition, we’ll offer 23 varieties of peppers, from sweet and juicy to hot and spicy, plus eggplants, cucumbers, greens, squash, pumpkins, kales and beans. You’ll even find a few of the unusual items such as horseradish, loofah and more. To go along with all of these great vegetables will be an assortment of your favorite herbs such as basil, cilantro and chives. For more information, visit [acmg.ucanr.edu/plantsale\\_2015](http://acmg.ucanr.edu/plantsale_2015).

**Edible Plant Sale**  
**Saturday, Apr 18**  
**9:30 a.m. – 2 p.m.**  
**Sunol Ag Park**  
**505 Paloma Way, Sunol**

[acmg.ucanr.edu/plantsale\\_2015](http://acmg.ucanr.edu/plantsale_2015)

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# Alba go Bragh! Forever Scotland!

## Tartan Day Scottish Fair

When asked about what to expect from the fair, Barns begins to tick off things to do: “Surround yourself with the music and dance of Scotland. Find out about Clans and Scottish/Celtic societies. Get answers about Scottish history and family names (Clans). Learn the difference between plaid and tartan, and how to research Scottish ancestry. Watch a shinty game, or some Scottish heavy athletics, like the caber toss, weight over bar, sheaf, and the like. I could go on.”

Yes, there will be much to do at the fair: visit with re-enactors, play period games, talk to the Queen, or cringe and grin at a sword fighting demonstration. Learn about how our ancestors spun and dyed wool before turning it into fabric. Enjoy browsing and shopping among Scottish and Celtic-themed clothes, artwork, and jewelry, as well as things for children. Savor fish and chips, or bangers, maybe a small meat pie. Lick your lips over kettle corn or visit a gourmet coffee truck. Das Brew from Fremont will be featured in the Ale Garden.

Don't miss a performance by Scottish native Peter Daldry or Michael Mullen and his Trio of One. The Crooked Road Ceili Band and the New World Scottish Dancers will be there, as well as Caper Duck - Breton Step Dancers and the MacIntosh Pipe Band. Buy a souvenir program at the front gate for a complete schedule and information on all the entertainers.

In The Children's Glen kids can find magic and fantasy, and might just see a fairy or dragon... or at least costumed imitations of them. There will be free activities of coloring, crafts, and games. Normal activities of Ardenwood are included in admission to the fair: tour the Patterson House, ride the train, pet the farm animals (lots of new lambs), and visit the Victorian Gardens.

“The fair entertainments are different from year to year and Living History groups always have something new on offer. This will be the 18th year that the event has been presented at Ardenwood and there is something new each year,” Barns says. “The fair is completely family friendly in a wonderful park; a place where you can enjoy the spring weather, listen to some great music and watch traditional Scottish dancing; and a great event for photography and history hobbyists, too.”

Contributions from people of Scottish decent run far and wide; Did you know that “Auld lang syne”, the song heard everywhere on New Year's Eve, was written by Scotland's national poet, Robert Burns? That 61 percent of American presidents have a Scottish ethnic background? That Juliette Gordon Low, a second generation Scot, founded Girls Scouts in the United States? And Vincent Damon Furnier (AKA rocker Alice Cooper), astronaut Neil Armstrong, and writer of “Peter Pan” fame J.M. Barrie are all Scots. So, put on your kilt, take to Ardenwood, and celebrate all things Scottish!

Tickets are \$12 for adults, \$8 for seniors (62+), \$5 for children (4 to17), and ages 3 and under are free. Tickets are sold at the gate only with no admission after 4:30 p.m. No pets are allowed in the park.

**Tartan Day Scottish Fair**  
**Saturday, Apr 18**  
**10 a.m. - 5 p.m.**  
**Ardenwood Historic Farm**  
**34600 Ardenwood Blvd, Fremont**  
**(510) 544-2797**  
**[www.ebparks.org/features/Tartan\\_Day\\_Scottish\\_Fair](http://www.ebparks.org/features/Tartan_Day_Scottish_Fair)**  
**Admission: \$5 - \$12**  
**Free parking**

# Children and Books

SUBMITTED BY TERESA MEYER

The San Leandro Public Library announced that it will be hosting its annual “El Día de los niños/El Día de los libros” (“Children's day/Book day”) event on Saturday April 25. Día is a celebration of children, families, and reading held annually at the end of April, with the goal of connecting children to the world of learning through books, stories and libraries.

This year's program features an exciting line-up of activities for families, starting with a bilingual Spanish/English puppet show at 11:15 a.m. with the Magical Moonshine Theater. At 12:00 p.m., Mariela Herrera will offer an interactive bilingual musical program for all ages. Following the performances, families will be able to enjoy various reading-related crafts and games. A free book also will be provided to each family who attends.

For more information about the event, please call the Main Library Children's Desk at (510) 577-3960.

**“El Día de los niños/El Día de los libros” (“Children's day/Book day”)**  
**Saturday Apr 25**  
**11:00 a.m. – 1:30 p.m.**  
**San Leandro Main Library**  
**300 Estudillo Ave, San Leandro**  
**(510) 577-3960**  
**Free**

## Life West appoints Dr. Monica Smith as Research Director

SUBMITTED BY DIANA ROHINI LAVIGNE

Life Chiropractic College West is pleased to announce the appointment of Dr. Monica Smith as their new Research Director.

Dr. Smith received her DC degree from Logan College in 1986 and her Ph.D in Health Services Research from the St. Louis University School of Public Health in 1998. She was a research fellow at the University of California San Francisco from 2005-2010; where she received advanced specialized training in health policy and health economics.

With over 25 years of experience working in various research capacities, Dr. Smith has held research career appointments as Research Scientist at The Department of Veteran Affairs, Associate Professor at the Palmer Center for Chiropractic Research, and Research Associate and Analyst at The St. Louis University School of Medicine. She published over 45 reports and articles and has made over 60 scientific, academic and health policy presentations.

“We are very excited about the appointment of Dr. Smith and look forward to the expertise she will bring to the important and vital research needed in



chiropractic.” said Dr. Brian Kelly, President at Life Chiropractic College West.

Dr. Smith began her position on April. For more information, please visit Life West at [www.lifewest.edu](http://www.lifewest.edu).

### SOCIAL SECURITY

## Curl up with our library on World Book Day

BY MARIAELENA LEMUS  
SOCIAL SECURITY PUBLIC AFFAIRS SPECIALIST IN SAN JOSE

More than 100 countries will participate in World Book Day on April 23, encouraging people to explore the pleasures of reading. At Social Security, we invite you to explore our online library anytime to curl up for a good read with our electronic publications.

In our virtual library, you can learn more about Social Security, our programs, and what our programs mean to you and your family. Browse through our collection of publications at [www.socialsecurity.gov/pubs](http://www.socialsecurity.gov/pubs). Search our online catalog by typing a title or topic in the library's search box, and sort your results by a publication's date, number, or title. Many of our publications are available in up to 17 different languages.

Our library also gives you access to audio recordings of our publications.

While the fastest and most convenient way to get one of our

publications is by visiting [www.socialsecurity.gov/pubs](http://www.socialsecurity.gov/pubs), if you prefer a good, old-fashioned printed copy, you can call us at 410-965-2039 and ask us to mail you a copy.

Social Security has been serving the American public since 1935, the same year that paperback pioneer Penguin Books released its first title. The difference is that, now, the publications we provide are available in more than just paper form. Whether you prefer print, electronic, audio, or an alternative format, Social Security has a good read for you.

Don't have a lot of time for reading? Don't worry. Our publications are a much easier read than Tolstoy's classic, War and Peace. We write in plain language so that the information is easy to understand.

When you're going through a life-changing event and need our services, having access to information on every one of our benefit programs will help make your next chapter one for the books!

# Hooray for Hollywood

SUBMITTED BY PARENTS OF UNIVERSAL PERFORMERS

The Gala of the Performing Arts presents the “21st Annual Hooray for Hollywood” dinner and dance fundraiser on Friday, May 15 at Fremont Marriott. Parents of Universal Performers (PUPs) cordially invite you to a glamorous night of your favorite movie music live on stage. You will enjoy delectable dining in the upbeat atmosphere, featuring the talented Mission San Jose High School (MSJHS) Jazz Band and guest performers from all performing art departments. There will be a three-course dinner, silent auction, and raffle baskets as well.

The PUPs Foundation, sponsor of the event, is a nonprofit organization dedicated to creating, fostering, and encouraging the performing arts at MSJHS. The performing arts are an essential yet underfunded part of education that provides our younger generation with critical creative outlets. Your investment in PUPs continues the tradition of supporting the arts at MSJHS.

Tickets cost \$75 and are going fast; please make reservations at [www.msjpups.org/2015-may-performing-arts-gala](http://www.msjpups.org/2015-may-performing-arts-gala) by Sunday, April 26. For more information, email [info@msjpups.org](mailto:info@msjpups.org) or call (510) 888-4595.

**Hooray for Hollywood**  
**Friday, May 15**  
**6:30 p.m. – 11 p.m.**  
**Fremont Marriott**  
**46100 Landing Pkwy, Fremont**  
**(510) 888-4595**  
**[info@msjpups.org](mailto:info@msjpups.org)**  
**[www.msjpups.org/2015-may-performing-arts-gala](http://www.msjpups.org/2015-may-performing-arts-gala)**  
**\$75**

# East Plaza Union City Farmers' Market to open

SUBMITTED BY ALYSSIA PLATA

Please join us at the East Plaza Union City Farmers' Market, open every Saturday, 9 a.m. to 1 p.m., from April 18 thru October 3. The market, located at 11th St. and Decoto Rd., will feature a constantly changing array of local, seasonal California produce, as well as fun activities for all ages.

Opening day will feature an enter-to-win sweepstakes. Prize to be determined, but can range from a free flat of strawberries to a free asparagus steamer!

All Pacific Coast Farmers' Market Association (PCFMA) farmers' markets accept WIC-FMNP coupons and CalFresh EBT.

For more information on the East Plaza Union City Farmer's Market, or to find another farmers' market in your area, please contact Pacific Coast Farmers' Market Association at (800) 949-FARM or visit [www.pcfma.org](http://www.pcfma.org).

**East Plaza Union City Farmers' Market**  
**Saturdays, Apr 18 – Oct 3**  
**9 a.m. – 1 p.m.**  
**11th St and Decoto Rd, Union City**  
**[www.pcfma.org](http://www.pcfma.org)**

# SPORTS



## Top Flight

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\*sign up for full weeks and 2nd  
child is 50% off; Family off 3 or  
more for full week is \$200 flat

**Full Day Camp**  
**9am - 3pm (Must Bring lunch)**  
**\$50 per day / \$210 week**  
\*sign up for full weeks and 2nd  
child is 50%off; Family of 3 or  
more for full week is \$400 flat

**510-796.FLIP (3547)**  
**WWW.TOPFLIGHTFREMONT.NET**  
**5127 Mowry Ave., Fremont**  
(in the corner near New India Bazar)



### Sunshine Graphics

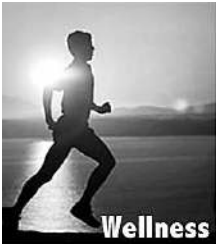
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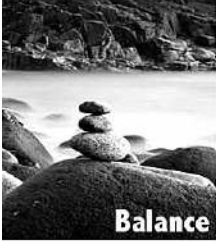
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**43255 Mission Blvd.  
Fremont**

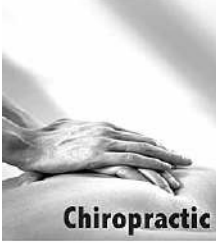
## New Address



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**6943 Thornton Ave., Newark**

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## Softball

### Pioneer Report

SUBMITTED BY  
SCOTT CHISHOLM

#### East Bay suffers pair of defeats

Cal State East Bay suffered a pair of defeats at Pioneer Field on April 10th by 2-0 and 6-1 decisions to Cal State Dominguez Hills. Cal State East Bay turned five defensive double plays in a seven inning game two defeat. Kelsey LaVaute extended her consecutive at bats with a base hit streak to eight. Gabby Gonzalez extended her streak to 20 games in which she reached base safely. Unfortunately these noteworthy achievements came as the team suffered its first Friday sweep of a California Collegiate Athletic Association (CCAA) series.

#### Offensive explosion leads Pioneers

Cal State East Bay softball bounced back with convincing 12-4 and 5-1 wins over Cal State Dominguez Hills to split a week-end series at Pioneer Field. The Pioneers hit seven home runs in total including back-to-back homers twice in the same inning

during the April 11th opener.

East Bay pitcher Sierra Clark issued five walks in five innings with two coming in the first inning. She exited the circle preserving a scoreless frame after forcing a routine 6-4-3 ground ball inning ending double play. She would use another double play the following inning to make it seven double plays over nine innings.

Back-to-back two-out first inning hits with Rose Marston's single and Cerminara's triple put the Pioneers out front. The offensive onslaught was just getting started as Cal State East Bay scored in all four innings before run-ruling the Toros. CSUEB added two more runs in the second inning with freshman Eliana Mello collecting her first collegiate run batted in. She finished the game 3-for-3 with three RBI after plating two more runs on a fourth inning triple.

Cal State East Bay finished with season-highs in runs scored (12), base hits (15), homers in a single inning (4), and runs scored in a single inning (8) after the bottom of the fourth inning. The Pioneers connected for seven hits including back-to-back blasts from Jaynie MacDonald and Marston early in the inning, followed by Kelsey LaVaute and Gabby Gonzalez later in the inning.

MacDonald and Gonzalez each went 2-for-2 with a single and homer in the fourth inning. The Pioneers sent 11 batters to the plate and entered the fifth inning with a 12-0 cushion and three outs away from victory. Clark recorded the last out and threw more than one-third of her 91 pitches in the game in the top of the fifth. She improved her record to 11-9 after giving up four runs (two earned) on four hits and five walks.

#### Pioneers continue winning ways

Starting pitcher Emily Perlich put the Pioneers in position to win after tossing 4.1 innings of three hit, one run softball. Cortinas led off the game with a double and later scored to provide the only Toro run in the series finale.

Cerminara finished 3-for-3 with two RBI and was a triple shy of the cycle. Her first inning double tied the game and third inning homer gave the Pioneers a 3-1 lead.

Gonzalez gave East Bay breathing room with a two-run shot over the wall in left field to push the Pioneer lead to four. Lauren Vestal scored after drawing her team leading 24th walk of the season and drove in the eventual game-winning run in the second inning.

Ali Cerminara  
went 5-for-5  
with two  
RBI and hit  
for the cycle  
during  
April 11th  
doubleheader

## CSUEB finishes with season-best final round

### Men's Golf

SUBMITTED BY STEVE CONNOLLY

The Cal State University East Bay (CSUEB) men's golf team shot its lowest round of the 2014-15 season on April 7 to finish in seventh place at the Mustang Intercollegiate, hosted by Western New Mexico University at the par-72 Palm Valley Golf Club.

With an even-par score of 288, the Pioneers finished with a three-round total of 885 (+21), which is their lowest tournament score of the year. East Bay finished 24 strokes behind the team champion, WNMU. They bested nine schools in the 16-team field, including conference rivals Cal State Stanislaus (+27) and Cal State San Bernardino (+27) — a significant accomplishment for the Pioneer men as they look to earn a spot in the NCAA Division II West Regional.

East Bay's top individual finisher for the week was senior A.J. Hebert, who finished with a total score of 221 (+5). His final round score of 75 (+3) put him in a tie for 22nd place in the overall field of 88 golfers.

A pair of Lancaster, England natives ended up with a share of 28th place, as sophomore Adam Stone and senior Sam Lavelle both finished at 222 (+6). Stone had his best round of the tournament with a 71 (-1) on Tuesday, while Lavelle carded even-par 72.

Junior Joel Keylor turned in his second straight impressive round and fired the lowest score of the day for the Pioneers with a 70 (-2). He finished in a tie for 50th place individually at 227 (+11).

Freshman Ignacio Ognian also carded his lowest score of the week in the final round, shooting 75 (+5) and moving up to 66th place overall at 231 (+16).

# CSUEB basketball players earn all-academic honors



SUBMITTED BY  
STEVE CONNOLLY

Six Cal State East Bay (CSUEB) student-athletes have

been recognized with California Collegiate Athletic Association (CCAA) Winter All-Academic honors in men's and women's basketball.

Senior Cody Kale and sophomores Kyle Frakes and Paramvir Singh represented the Pioneer men's basketball team on the All-Academic list. East Bay's three hon-

orees were tied for the most of any CCAA men's basketball squad.

Senior Micah Walker and juniors Shannon Bland and Kelsey Asplund were honored from the

CSUEB women's basketball team, which finished its historic 2014-15 season by making the championship game of the CCAA tournament.

## Women's Water Polo

### Pioneer Report

SUBMITTED BY  
SCOTT CHISHOLM

#### Furious comeback falls short

Cal State East Bay women's water polo scored six unanswered goals in the second half but ran out of time during its 11-8 road loss to Western Water Polo Association (WWPA) foe Sonoma State on April 10th. The Pioneers were unable to beat the Seawolves for a third time this season after previously earning 8-6 and 6-4 victories.

Cal State East Bay's Taylor Cross scored twice within 26 seconds including a 5-meter penalty conversion to give the visiting Pioneers a 2-1 lead at the 5:34 mark of the opening quarter. Casey Rushforth finished with three goals and two assists to lead the Pioneers. All of her offensive work came in the final 11 minutes starting with her two assists to Sabrina Hatzer and Simonne Call late in the third quarters.

Rushforth then scored three of the next four Pioneers goals with two coming off assists from Tori Dettloff and Kristin Boston. Her final score at the 2:57 mark made it a 10-8 score and the nearly impossible comeback seemingly now in reach. Cal State East Bay missed on a late 6-on-5 chance to pull within a single goal.

Water Polo calls audible to make Senior Day unforgettable

Marrina Nation, Bre Ritter, Ka'iliponi McGee, and Alyssa Hess

will never forget one of the most unique "Senior Day's" in the history of Cal State East Bay athletics. The day started with not having an opponent to play, and ended with the Black Widows defeating the Albino Snow Pythons in an inter-squad scrimmage.

It also included an exceptional hula dance routine by McGee, a goosebumps inducing performance of the national anthem by Hess, and an inflatable kangaroo named Skippy expressionless and glued to a tightly contested final home game at Pioneer Pool.

The morning brought with it the dilemma of finding an opponent to play after the Bakersfield athletic department determined it would be in the team's best interest to cancel its trip to the Hayward campus. The security threat initially announced on Friday evening was cleared by the next morning.

Head Coach Lisa Cooper made the executive decision to play a split squad game with 16 active players on the roster. A scrimmage was scheduled in place of the initial match against the Roadrunners, and the four seniors would get the proper, traditional send off in front of friends and family.

Cooper spoke briefly about her four seniors, touching on their accomplishments and contributions to the program. The group ranged from a four year senior in Nation, to a senior transfer from Azusa Pacific in Hess.

It was then a showcase of creative talent on the pool deck as McGee put on a hula dance performance for the Pioneer crowd.

Coach Cooper, a graduate from the University of Hawaii, and official scoreboard operator and Hawaii native Ashia Joseph, praised the performance.

The four seniors then placed themselves on small inner tubes and were pulled around Pioneer Pool by their teammates on foot. Freshman goalkeeper Miranda Diehm pulled her senior goal-keeping teammate Marrina who was equipped with water projecting devices in hand.

Hess had never seen or experienced the East Bay "Senior Day" celebration firsthand as 2015 is her only season with the program. After a few laughs to finish the enjoyment of the event it was time to get focused for her big moment.

Hess exited the pool, gathered her thoughts, and was introduced to perform the national anthem live prior to Saturday's game. Her performance went off without a hitch. As quickly as she exited the pool to sing, Hess jumped in to join her team for player introductions.

Bragging rights on the line as the Albino Snow Pythons led by assistant coach Jayme Pekarske squared off against the Black Widows with assistant coach Dr. Calvin Caplan at the helm. The team names a play on the scariest whitest and darkest colored creatures to coordinate with the cap colors adorned by both squads.

The Black Widows led comfortably until the Albino Snow Pythons made a late run to pull within a 14-13 score. Diehm blocked the final Pythons shot and scored on a full tank shot in the final second to give her team the 15-13 victory.

## Pioneers win in series opener

### Baseball

SUBMITTED BY  
STEVE CONNOLLY

The Cal State East Bay baseball team powered its way to a 7-4 road victory over 18th-ranked

and earn his fourth save. He allowed five hits and a run in 2.2 innings of relief. Pope was credited with his second victory after allowing three runs on six hits with five walks and four punchouts in 6.1 innings. Navarro finished 4-for-6 and knocked in a pair of runs. Kochan went 2-for-



Williams launched his first round-tripper of the year

Cal Poly Pomona on April 10th in the opener of the four-game California Collegiate Athletic Association (CCAA) series at Scolinos Field.

Marcus Williams hit a two-run homer, and Rudy Navarro notched a four-hit day to lead a Pioneer offense that racked up 12 hits en route to winning its second straight contest.

Senior Michael Pope got the start for East Bay, opposing Bronco hurler Chris Powell. Angel Lara closed out the victory

4, and Wise had two hits, a double, a run, and his team-leading 12th stolen bag of the season. Fletcher reached base four times, going 1-for-3 at the plate and drawing two walks.

Vesia victorious as Pioneers split doubleheader

The Cal State East Bay baseball team has now won three of its last four games after hanging on for a 3-1 win over Cal Poly Pomona in the second game of an April 10th California Collegiate Athletic Association (CCAA) doubleheader.



Alex Vesia out-duelled CPP's Cody Ponce



# Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont ([www.fremont.gov](http://www.fremont.gov)), Hayward ([www.hayward-ca.gov](http://www.hayward-ca.gov)), Milpitas ([www.ci.milpitas.ca.gov](http://www.ci.milpitas.ca.gov)), Newark ([www.ci.newark.ca.us](http://www.ci.newark.ca.us)), Union City ([www.ci.union-city.ca.us](http://www.ci.union-city.ca.us)).

## City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

### CITY COUNCILS

Fremont City Council  
1st/2nd/3rd Tuesday @ 7 p.m.  
City Hall, Bldg A  
3300 Capitol Ave., Fremont  
(510) 284-4000  
[www.fremont.gov](http://www.fremont.gov)

Hayward City Council  
1st/3rd/4th Tuesday @ 7 p.m.  
City Hall, second floor  
777 B Street, Hayward  
(510) 583-4000  
[www.ci.hayward.ca.us](http://www.ci.hayward.ca.us)

Milpitas City Council  
1st/3rd Tuesday @ 7 p.m.  
455 East Calaveras Blvd., Milpitas  
(408) 586-3001  
[www.ci.milpitas.ca.gov](http://www.ci.milpitas.ca.gov)

Newark City Council  
2nd/4th Thursday @ 7:30 p.m.  
City Hall, 6th Floor  
37101 Newark Blvd., Newark  
(510) 578-4266  
[www.ci.newark.ca.us](http://www.ci.newark.ca.us)

San Leandro City Council  
1st/3rd Monday @ 7 p.m.  
835 East 14th St., San Leandro  
(510) 577-3366  
[www.sanleandro.org](http://www.sanleandro.org)

Union City City Council  
2nd/4th Tuesday @ 7 p.m.  
City Hall  
34009 Alvarado-Niles Rd., Union City  
(510) 471-3232  
[www.ci.union-city.ca.us](http://www.ci.union-city.ca.us)

### WATER/SEWER

Alameda County Water District  
2nd Thursday @ 6:00 p.m.  
43885 S. Grimmer Blvd., Fremont  
(510) 668-4200  
[www.acwd.org](http://www.acwd.org)

East Bay Municipal Utility District  
2nd/4th Tuesday @ 1:15 p.m.  
375 11th St., Oakland  
(866) 403-2683  
[www.ebmud.com](http://www.ebmud.com)

Santa Clara Valley Water District  
2nd/4th Tuesday @ 6:00 p.m.  
5700 Almaden Expwy., San Jose  
(408) 265-2607, ext. 2277  
[www.valleywater.org](http://www.valleywater.org)

Union Sanitary District  
2nd/4th Monday @ 7:00 p.m.  
5072 Benson Rd., Union City  
(510) 477-7503  
[www.unionsanitary.com](http://www.unionsanitary.com)

### SCHOOL DISTRICTS

Castro Valley Unified School Board  
2nd/4th Thursday @ 7:00 p.m.  
4400 Alma Ave., Castro Valley  
(510) 537-3000  
[www.cv.k12.ca.us](http://www.cv.k12.ca.us)

Fremont Unified School Board  
2nd/4th Wednesday @ 6:30 p.m.  
4210 Technology Dr., Fremont  
(510) 657-2350  
[www.fremont.k12.ca.us](http://www.fremont.k12.ca.us)

Hayward Unified School Board  
2nd/4th Wednesday @ 6:30 p.m.  
2441 I Amador Street, Hayward  
(510) 784-2600  
[www.husd.k12.ca.us](http://www.husd.k12.ca.us)

Milpitas Unified School Board  
2nd/4th Tuesday @ 7:00 p.m.  
1331 E. Calaveras Blvd., Milpitas  
[www.musd.org](http://www.musd.org)  
(406) 635-2600 ext. 6013

New Haven Unified School Board  
1st/3rd Tuesday @ 6:30 p.m.  
34200 Alvarado-Niles Rd., Union City  
(510) 471-1100  
[www.nhusd.k12.ca.us](http://www.nhusd.k12.ca.us)

Newark Unified School District  
1st/3rd Tuesday @ 7 p.m.  
5715 Musick Ave., Newark  
(510) 818-4103  
[www.newarkunified.org](http://www.newarkunified.org)

San Leandro Unified School Board  
1st/3rd Tuesday @ 7:00 p.m.  
835 E. 14th St., San Leandro  
(510) 667-3500  
[www.sanleandro.k12.ca.us](http://www.sanleandro.k12.ca.us)

San Lorenzo Unified School Board  
1st/3rd Tuesday @ 7:30 p.m.  
15510 Usher St., San Lorenzo  
(510) 317-4600  
[www.slzsd.org](http://www.slzsd.org)

Sunol Glen Unified School Board  
2nd Tuesday @ 5:30 p.m.  
11601 Main Street, Sunol  
(925) 862-2026  
[www.sunol.k12.ca.us](http://www.sunol.k12.ca.us)

## Congressional Art Contest

SUBMITTED BY KEN SCUDDER

Congressman Mike Honda (D-C17) is once again participating in the Congressional Art Competition. Each year, he invites students from high schools throughout the 17th Congressional District to submit their artwork for a chance to win the grand prize of having their artwork professionally displayed in the U.S. Capitol and two round-trip tickets to Washington DC for a special reception for winners nationwide.

Congressman Honda hopes students throughout the 17th District will participate in the competition. The deadline for the competition is April 25. Students may wish to view the flyer online at the following website for more information about this year’s competition, artwork guidelines, and how to submit artwork: <http://tinyurl.com/2015HondaCAC>

For any questions, please contact Lenine Umali at (408) 436-2720, or visit Congressman Honda’s website at <http://honda.house.gov/services/art-competition> for more information.

## Alameda County Arts Commision to purchase artwork by county artists

SUBMITTED BY GUY ASHLEY

The Alameda County Arts Commission is offering a new opportunity for Alameda County artists to have their artwork considered for the County’s Art Collection. Through the Artwork Purchase Program, existing artwork will be acquired and installed at County buildings for the benefit and enjoyment of the general public. Professional artists who make two-dimensional or low-relief, wall-mounted artwork are invited to apply. More than \$100,000 is available to purchase artwork.

Applications must be submitted online at: [www.callforentry.org](http://www.callforentry.org)

(search for “Alameda County”). The deadline to apply is May 15. This opportunity is open to practicing, professional visual artists who live, work, or rent/own an artist’s studio in Alameda County. Qualified professional artists, including women and African American, Latino/Chicano, Native American, and Asian/Pacific Islander artists and artists with disabilities are encouraged to apply.

Further details and eligibility requirements can be found at <http://tinyurl.com/acac2015pp> or by contacting the Arts Commission Office at (510) 208-9646.

## Fremont City Council

April 7, 2015

### Consent:

- Second reading of ordinance regarding Affordable Housing
  - Adopt a resolution supporting designation of San Francisco Bay Area Water Trail as a Priority Conservation Area.
  - Amend taxi voucher contract with Mohammad Siddiq, DBA Diamond Cab Company and DBA Seir Cab Company to increase by \$80,000 to meet increased projected need through June 30, 2015.
  - Award construction contract to Suarez and Munoz Construction, Inc. for Central Park turf and poplar renovation; total amount \$913,563.20.
  - Approve final map for 34044 Fremont Boulevard.
  - Adopt resolution approving amendment to City of Fremont Local Goals and Policies for Special Assessment and Mello-Roos Community Facilities District financing.
  - Approve street easement vacation at 800 San Marco Avenue.
  - Consider annual report of implementation of the 2007-2014 Housing Element.
- Ceremonial Items:**  
Proclaim Fair Housing Month  
•Public Communications:  
•Mission Peak parking problems

- Construction at 42754 Palm Avenue
  - Hazards of fluoridated water
- Items removed from Consent:**

- Second Reading of ordinance adopting development agreement with Lennar Homes of California. 4-1 (Bacon, Nay)
- Award contract for Warm Springs Boulevard Improvement Project between Reliance Way and Mission Boulevard to Bay Cities Paving & Grading, Inc in the amount of \$2,877,221.80.

### Scheduled Items:

- Consider appeal of Planning Commission approval of Conditional Use Permit for 42,719 square foot religious facility (Islamic Center Fremont) including Prayer Hall and Secondary School on Albrae Street (Fountains Business Park). Opponents noted traffic issues, safety and facility parking issues. Deny appeal 5-0

### Other Business:

- Adopt 2015 Legislative Guiding Principles and Priorities.

### Council Referrals:

Consider a resolution requesting that Supervisors of the San Luis Obispo County deny permits for Phillips 66 oil train off-loading facility. Send to Staff to analyze and create resolution.  
Mayor Bill Harrison Aye  
Vice Mayor Suzanne Lee Chan Aye  
Vinnie Bacon Aye, 1 Nay  
Lilly Mei Aye  
Rick Jones Aye

## TAKES FROM SILICON VALLEY EAST



**About Takes From Silicon Valley East**  
*TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.*  
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## Silicon Valley Helps Elevate California’s Biomedical Industry

### Q&A WITH GREGORY THEYEL, PROGRAM DIRECTOR OF BIOMEDICAL MANUFACTURING NETWORK

Our life sciences blog series continues. In this latest installment, we caught up again with Gregory Theyel, program director of the Biomedical Manufacturing Network. The Biomedical Manufacturing Network is convened by a partnership of regional entities focused on supporting and advancing the biomedical industry through business assistance, technology transfer, education and training, and economic development in the San Francisco Bay Area.

When we last heard from Gregory, the Network was just getting off the ground. So it’s great to see how it is helping biomedical manufacturing companies throughout the Bay Area and what industry trends are emerging through its work.

**City of Fremont:** The Biomedical Manufacturing Network has established itself as a go-to resource for the region’s biomed community. What are the specific ways you are assisting companies?

**Gregory Theyel:** We are helping more than 60 companies with everything from setting up production lines, finding employees, and enhancing quality control to finding funding and connecting companies to supply chain partners. We help out with manufacturing, operations, human resources, and financial services to make biomedical companies stronger and scale their technology to better serve their customers and enhance economic development in the Bay Area.

**Fremont:** Wow. So, now that you are familiar with the entire Bay Area biomedical landscape, how does Fremont fit into this ecosystem?

**GT:** Of the more than 1,200 biomedical companies in the Bay Area, Fremont is home to close to 100 — one of the largest concentrations in the region with a particular strength in large-scale medical device manufacturing. I’ve worked closely with the City’s Economic Development team to set up meetings and tours with many of these local companies. This partnership has been very productive, and to date, the Net-

work has completed some of its largest projects with Fremont-based companies.

**Fremont:** What are some of the biggest challenges these companies are experiencing?

**GT:** The challenges really vary. Smaller companies often need help setting up their initial production lines, while medium-sized and large companies benefit from expanding their production, improving their quality, and training their employees.

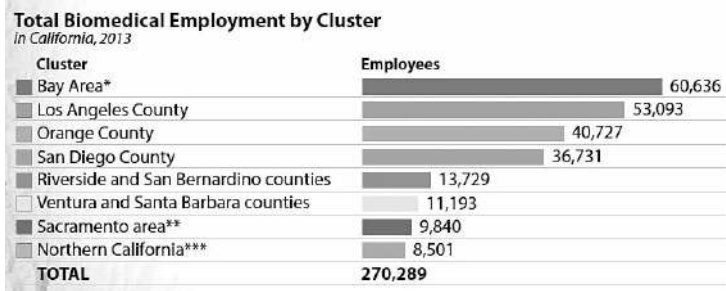
**Fremont:** Anything else?

**GT:** Financing is also important. Most biomedical companies are working on a much longer timeline than other industries in the Bay Area. It can take years to go from concept to market, so investors are less likely to invest money they won’t see returns on for long periods of time. We have helped companies find local and more patient capital sources to help with the growth of regional biomedical companies.

We have also helped companies build better and more reliable supply networks. Fremont is well-positioned in the regional supply network. Because of their central location in the Bay Area, Fremont-based companies are often better able to find the resources they need close by.

**Fremont:** And how do you see the future of the biomedical industry playing out in the Bay Area and the rest of California?

**GT:** In the recently released 2015 California Biomedical Industry Report ([http://www.chi.org/wp-content/uploads/2014/11/2015-CHI-PwC-California-Biomedical-Industry-Report\\_Final.pdf](http://www.chi.org/wp-content/uploads/2014/11/2015-CHI-PwC-California-Biomedical-Industry-Report_Final.pdf)), the Bay Area ranks No. 1 with the highest number of biomedical employees in California. In addition, the Bay Area has a diverse and robust concentration of related and supporting industries such as electronics, machining, and software, and these industries help enable innovation and new product development in the biomedical industry. It also helps that Bay Area biomedical companies have access to world-leading research centers — federal laboratories, UC San Francisco, UC Berkeley, and Stanford — that offer cutting-edge technological advancements.



# Emergency Preparedness Expo

SUBMITTED BY CITY OF HAYWARD

The City of Hayward and the Alameda County Public Health Department will host the county’s fifth annual emergency preparedness expo on Saturday, April 25 at Hayward City Hall. Dubbed “Operation Independence V,” the expo features a massive lineup of emergency and social services agencies from across the county, all focused on what to do before, during and after disaster strikes.

The free, family-friendly event is among the most comprehensive of its kind open to the general public in the East Bay. Attendees will enjoy hands-on training, emergency preparedness workshops, presentations, exhibits, emergency equipment demonstrations and more.

“Dealing with a disaster requires an extraordinary level of cooperation,” said Hayward Fire Chief Garrett Contreras. “That’s why the City of Hayward has joined forces with the County and other local public agencies, the business commu-

nity and faith-based service organizations to host this event. Our goal is to help people become prepared before disaster strikes, stay strong during, and be resilient after.”

**Emergency Preparedness Expo**  
**Saturday, Apr 25**  
**9:30 a.m. to 4:30 p.m.**  
**Hayward City Hall**  
**777 B St, Hayward**  
**(510) 583-4300**  
**Free**

# OPINION



WILLIAM MARSHAK

## His judgment cometh

a brilliant prisoner to do our income taxes, we either face the task alone or with the assistance of tax specialists. An entire industry has risen to interpret and prepare for the April 15th deadline each year. The Code is so complex that even the agency tasked to interpret and collect the taxes – Internal Revenue Service – is unwilling and unable to guarantee their own advice.

Income taxes are nothing new. Starting with the Revenue Act of 1871 to support the Civil War, our congressional representatives have enacted personal income taxes. Even though the initial income tax was repealed ten years later, it was resurrected in 1894 as a flat tax. Overturned by a challenge in the Supreme Court, it only lasted one year. However, the 16th Amendment, ratified in 1913, removed obstacles and we have been subjected to income taxes ever since. Originally, tax filing was done by March 1st but in 1918 the date moved to March 15th until a tax overhaul in 1954, when the date changed to April 15th. As we approach the income tax deadline this year, reflections of what our income tax money and a myriad of other taxes buys are in order.

Coincidentally, campaigns are beginning to surface for national, regional and local political positions. Will there ever be a candidate with the courage to tackle the absurd complexity of our tax system and methods monies are allocated? Rigid categorization and separation of funds

ebb and flow with political will, but at the local level, it is useful to remove as many restrictions as possible. Close to ground level of our cities, representatives are open to constituent pressures and although not always the best barometer for allocation of funds, it nevertheless represents the will of the people.

As we write checks or anticipate refunds from governments, this moment in time should serve as a reminder that in our system, taxes are our contribution to a massive bureaucracy that needs to be told regularly that with tax dollars, we give permission to operate through our representatives. Our constitution begins with the words “We the People...” and those that serve should remember that power is granted by their constituents. Every politician, especially at tax time, should remember the verse hanging on the Warden Norton’s wall and heed its words.

William Marshak  
PUBLISHER

## Solar power project approved for sites in Santa Clara County

SUBMITTED BY JANICE ROMBECK

Santa Clara County is poised to become the 8th largest onsite power generator in the U.S. with the approval of six new sites for solar power systems.

The Board of Supervisors voted unanimously at the April 7 meeting, to contract with Northstar LLC, part of the Sunpower Corporation, to install the solar projects at five sites on County-owned land, mostly in South San Jose. A sixth site was approved at the March 24 meeting.

Board President Dave Cortese first called for the County to explore renewable energy options in 2009, with the goal of receiving enough revenue from renewable energy to offset the cost of the county’s \$20 million annual electricity bill. “This is a wise use of County land and a great savings for our taxpayers,” Cortese said.

Officially known as solar photovoltaic systems, the six installations are projected to add 11.4 megawatts to the electric grid and increase Santa Clara County’s renewable energy use from 32 percent to 49 percent. A megawatt is enough energy to power 750 homes.

The sites, which will comprise 32 total acres, are near:

Malech Road, South San Jose  
Guadalupe Parkway, South San Jose  
Hellyer Park Landfill, South San Jose  
Holden Ranch, Morgan Hill  
San Martin Airport, San Martin  
Reid Hillview Airport, East San Jose

For more information, please contact the office of Supervisor Dave Cortese at (408) 299-5030.

## AC Transit GM Armijo Resigns

SUBMITTED BY  
CLARENCE L. JOHNSON

AC Transit General Manager David Armijo resigned on March 26, effective immediately, by letter provided to the District’s Board of Directors, in which Mr. Armijo stated that his tenure at the District was “one of the most satisfying of any of the positions I have held during my 30-year career in transit.” Mr. Armijo was hired as general manager in 2012.

Jim Pachan, Chief Operations Officer, will serve as temporary General Manager while the Board begins a national search for a new permanent General Manager.

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What’s Happening’s **TRI-CITY VOICE**™

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# Actions to weather the drought

DIRECTOR RICHARD P. SANTOS  
SANTA CLARA VALLEY  
WATER DISTRICT

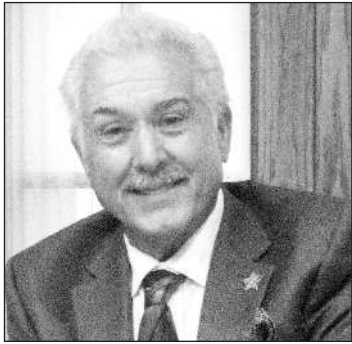
The drought is getting worse, and we don’t know when it will end. With that in mind, the Santa Clara Valley Water District Board of Directors has called for a water use reduction of 30 percent over 2013 levels and a restriction on irrigating landscapes and lawns with potable water to two days per week.

Governor Jerry Brown’s emergency order calling for mandatory reductions of 25 percent across the state followed the water district’s call for 30 percent reductions. It’s a bold step, and we coordinating with local municipalities and water providers to implement these reductions in an effective way countywide.

And we have taken a number of bold steps since early last year. Since January 2014, water district staff and board of directors have been aggressive in responding to the drought, including increasing water conservation rebates, expanding drought awareness outreach, hiring water waste inspectors, improving recharge ponds and other water storage facilities to boost performance, and improving water use efficiency at our own facilities.

We have seen big gains over the past year. The number of sites participating in the lawn conversion rebate program increased nearly 600 percent from 2013 to 2014.

The water district is also pursuing other measures to deal with the drought, including purchasing additional water from outside our region, bringing back water



the district has stored in an underground aquifer near Bakersfield, and expanding local drought-proof supplies of recycled and purified water that could be used for potable use.

However, now in a fourth extremely dry year, the alarm is sounding and it is time for urgent action.

Local reservoirs are about half full. The northern California Sierra snowpack, which provides 55 percent of Santa Clara County’s water supply in an average year, is only around 5 percent of normal for early April. Local groundwater levels are 30 to 40 feet below average, and starting 2015 at a greater deficit in groundwater supplies than last year.

Low groundwater levels are concerning because our groundwater basins serve as our valley’s largest “reservoir.” The water district works aggressively to protect these resources, but with less water available to replenish our groundwater basins, the increase in conservation is critical. Cutting water usage will help lessen the risk of subsidence.

Subsidence is the sinking of the surface of the land that occurs if too much water is drawn from the aquifer beneath it. Subsidence can damage underground infrastructure. The water district

closely monitors groundwater conditions, and found that groundwater levels approached subsidence thresholds in several monitoring wells in 2014.

So what’s the easiest way to save water immediately? Limit watering ornamental outdoor landscapes, such as lawns, to two days a week. Your lawn can survive. Better yet, take advantage of the landscape rebate program the water district offers, which can provide \$2 per square foot of lawn or a swimming pool replaced with water-wise plants.

If you’ve already been doing your best to conserve water, thank you! Your efforts really are making a difference, and we ask you to keep going.

If you need a little help or encouragement, the district offers a variety of tips and rebates for homes and businesses at [www.save20gallons.org](http://www.save20gallons.org).

To report water wasting, please email [drought@valleywater.org](mailto:drought@valleywater.org) or call 408-630-2000.

Cutting water use countywide by 30 percent may seem like a dramatic step, especially to those who have already been working hard to reduce their water usage, but it’s necessary that we all work together to achieve this goal and protect our water supplies, our infrastructure and our quality of life. If we save a little more now, we can possibly avoid drastic actions down the road.

As always, I am available for questions or comments as your District 3 representative for the northern areas of Sunnyvale and Santa Clara; Alviso; Milpitas; and the north San Jose and Berryessa communities. Feel free to contact me at (408) 234-7707.

## SOCIAL SECURITY

# A greener way to do business

BY MARIAELENA LEMUS  
SOCIAL SECURITY PUBLIC AFFAIRS SPECIALIST IN SAN JOSE

April 22 is Earth Day, a great time to recommit to going green. More than one billion people will celebrate Earth Day this year. Saving energy, conserving water, and using less gas are just a few ways to go green (and save the earth).

At Social Security, we strive to have a positive impact on the environment and community. By visiting [www.socialsecurity.gov](http://www.socialsecurity.gov), you can handle much of your Social Security business quickly and securely from your home or office.

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lighting, high-performance windows, solar hot water heating systems, chilled water system improvements, and improved heating and air conditioning systems. Efficient solar lighting even illuminates some of our parking lots. Simply put, we serve the earth while serving you.

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Commit to go green! You can start by viewing a complete list of our online services at [www.socialsecurity.gov/online services](http://www.socialsecurity.gov/online services).

## Ohlone College Board of Trustees Meeting

April 8, 2015

### Ceremonial Items:

- Emeritus for Rick Arellano
- Recognize April 22, 2014 as Earth Day.

### Standing Reports:

- Approval of March 2015 payroll warrants in the amount of \$2,353,332.18
- Approve Measure G Project 6101, Athletic Fields—Construction Testing Services, Inc., Agreement in the amount of \$124,438.
- Approve Measure G Project 6101, Athletic Fields—Michael Henley and Company, LLC, Agreement in the amount of \$80,000.
- Approve Measure G Project 6102A, Smith Center Roof Replacement—Michael Henley and Company LLC, Agreement in the amount of \$10,000.
- Approve Measure G Project 6105A, Academic Core Buildings—Cannon Design, Amendment #17 in the amount of \$28,000.
- Approve Measure G Project 6105A, Academic Core Buildings—Millennium Consulting

- Associates, Agreement in the amount of \$83,870.
- Approve Measure G Project 9107Y, Fremont Geothermal Ground Loop—Meline Engineering, Agreement for Designs in the amount of \$69,000.
  - Approve Project 9107Y Interim Fire Alarm Project—Gamma Builders Inc., Change Order #1 to \$286,997.
- To the Board for Discussion and/or Action:**
- Nominate Trustee Rich Watters for Board of Directors’ Election
  - Smith Center roof replacement agreement
  - Approve of revised Educational master plan with amendments to bullet point deemed racially insensitive.
  - Approval of revised mission statement.
- |                                       |                     |
|---------------------------------------|---------------------|
| Mr. Greg Bonaccorsi, Chair            | Aye                 |
| Mr. Rich Watters, Co-Chair            | Aye                 |
| Ms. Teresa Cox                        | Aye                 |
| Ms. Jan Giovannini-Hill               | Absent              |
| Ms. Vivien Larsen                     | Aye                 |
| Mr. Ishan Shah                        | Aye                 |
| Mr. Garrett Yee                       | Absent              |
| Mr. Daniel O’Donnell, Student Member: | Aye (advisory only) |

## Nominations sought for Arts Leadership Awards

SUBMITTED BY GUY ASHLEY

The Alameda County Arts Commission invites County residents to submit nominations for the 2015 Alameda County Arts Leadership Awards. This annual program enables the Alameda County Arts Commission to recognize five individuals, one from each of the five districts of the Alameda County Board of Supervisors, for their outstanding achievements and contributions impacting the arts community and the residents of Alameda County.

Nominees must be residents of Alameda County. Nominees can be involved in any arts discipline including, but not limited to, music, dance, visual arts, literature, theater, film and video, tra-

ditional crafts and folk arts, and new media. Nominees may participate in a wide range of activities with an Alameda County based arts organization such as an artist, staff or board member, volunteer, donor, supporter, advocate, etc. This award is open to all individuals, including youth, who live in Alameda County regardless of race, color, national origin, physical challenge, religious or political affiliations.

Nominations must be submitted by Alameda County residents. Each individual may submit one nomination. Nominations must include a description of the nominee’s major achievements contributing to the arts in the community and the residents of Alameda County; the impact and results of the achievements; and

other background information about the nominee’s contributions to the Alameda County arts community such as what distinguishes the nominee from his/her peers or colleagues. Nominations are due on Thursday, May 15 and must be submitted online at [www.acgov.org/arts/awards](http://www.acgov.org/arts/awards)

Members of the Alameda County Arts Commission will review the nominations in July. Award recipients will be recognized in October in conjunction with the County’s celebration of California Arts Day and National Arts and Humanities Month.

For more information, contact the Office of the Arts Commission at: [artscommission@acgov.org](mailto:artscommission@acgov.org) or phone: (510) 208-9646 or visit the website at [www.acgov.org/arts/awards](http://www.acgov.org/arts/awards)

## Hayward City Council

April 7, 2015

### Presentation:

Mayor Barbara Halliday presented a proclamation recognizing April 7 as the Mayors’ Day of Recognition for National Service and April 12-18 as National Volunteer Week, highlighting the positive impact of volunteers of the city. Led by Hayward volunteer coordinator Zach Ebadi, a number of volunteers from different departments were recognized.

### Consent:

- Council approved resolution regarding the resignation of Phillip Gallegos from the Community Services Commission.
  - Council approved designation of Councilmember Al Mendall as City Representative and Councilmember Greg Jones as an alternate for the Alameda County Community Choice Aggregation Steering Committee.
  - Council approved awarding of contract with NHA Advisors for Financial Advisory Services.
- Work Session:**
- The FY 2016 community agency funding recommendations, including Community De-

velopment Block Grant (CDBG), social services, and arts/music grant programs, were presented by Sean Reinhart, Library and Community Services Director. The grand total of FY 2016 recommended funding amounts to \$1,434,319, encompassing CDBG grants to community agencies, as well as social services and arts and music grants from the city’s general fund. The total amount also includes city operated services such as Housing Rehabilitation, Family Education, Economic Development Business Incentive, and Fair Housing Requirement from the U.S. Department of Housing and Urban Development.

Among the community agencies recommended for CDBG funding were Abode Services, Eden Area YMCA, St. Rose Hospital Foundation, and Hayward Area Recreation and Park District. Other agencies benefiting from social services grants are CALICO, Ruby’s Place, Salvation Army, and South Hayward Parish food pantry. There was discussion on whether South Hayward Parish may use allocated funds

for operational costs instead of restricting it to food purchase. Reinhart stressed that during the interview process, the applicants were specifically asked if the funds will be used to purchase food. (Lamnin – abstention)

### Public Hearing:

Alex Ameri, Director of Utilities and Environmental Services, presented an amendment of the 2010 Urban Water Management Plan to further revise the city’s Water Shortage Contingency Plan to implement additional State Emergency Water Conservation Regulations.

### Adjournment:

The meeting was adjourned in memory of Justin Thompson, who worked for 36 years as storekeeper/expeditor with the City of Hayward.

|                              |                   |
|------------------------------|-------------------|
| Mayor Barbara Halliday       | Aye               |
| Mayor Pro Tempore Greg Jones | Aye               |
| Francisco Zermefio           | Aye               |
| Marvin Peixoto               | Aye               |
| Al Mendall                   | Aye               |
| Sara Lamnin                  | Aye, 1 Abstention |
| Elisa Márquez                | Aye               |

## Public hearing on proposed increase

SUBMITTED BY  
SHARENE GONZALES

The Alameda County Water District (ACWD) Board of Directors will consider a proposal to increase the bimonthly service charge at a public hearing on Tuesday, April 14. All interested members of the public are encouraged to attend. **If the proposal is adopted, the increase would become effective on May 1.**

The service charge funds fixed costs such as billing, meter reading, infrastructure maintenance and replacement, and fire protection.

For the average residential customer using 23 units of water bimonthly (about 283 gallons per day) and with a 5/8 or 3/4 inch meter, the proposal would result in a total bill increase of about 8 percent, or approximately \$5 per month. Despite the proposed increase, the District’s average residential water bill would still fall

below the median of 30 Bay Area water providers.

The District’s Financial Planning Model projects that an 8 percent overall revenue increase is needed to cover total operating costs. If adopted, the proposal would result in the required 8 percent revenue increase.

Specifically, staff is proposing a 30 percent increase to the bimonthly service charge (which is based on the size of the meter serving the property) and no increase to the commodity rate and drought surcharge.

**Alameda County Water District Public Hearing Tuesday, Apr 14 6 p.m. ACWD Headquarters, Board Room 43885 S. Grimmer Blvd, Fremont (510) 668-4208 [www.acwd.org](http://www.acwd.org)**

# LIFE CORNERSTONES

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Marriage

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Obituaries



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**Dianne M. Burrell**  
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February 2, 1973 – March 22, 2015

**Baudelio Flores**  
RESIDENT OF NEWARK  
May 20, 1923 – April 6, 2015

**Michael Gregory Moga**  
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March 14, 1951 – April 6, 2015

**Pamela R. Weil**  
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**Kamla Devi**  
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July 20, 1929 – April 4, 2015

**Anna L. Estes**  
RESIDENT OF SACRAMENTO  
December 20, 1946 – April 4, 2015

**Antonia Cueva**  
RESIDENT OF FREMONT  
November 7, 1953 – April 7, 2015

**Jose T. Maldonado**  
RESIDENT OF FREMONT  
April 21, 1950 – April 10, 2015

**Guillermo S. Medina**  
RESIDENT OF FREMONT  
April 14, 1940 – April 10, 2015

**Francis H. Schatzinger**  
RESIDENT OF NEWARK  
February 18, 1927 – April 10, 2015

**Alicia Z. Donato**  
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November 21, 1931 – April 6, 2015

**Steven Enea**  
RESIDENT OF SAN LORENZO  
May 21, 1952 – April 10, 2015

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## Obituary

### Michael Gregory Moga

March 14, 1951 - April 6, 2015

Michael Gregory Moga was born on March 14, 1951 in Oakland, California to Bromeo and Rosie Moga. He went for his final ride into the sunset on Monday, April 6, 2015. Michael is survived by his wife Mary; mother Rosie; children, Michael, Marc and Melissa; grandchildren, Marcus, Donovan, Jordan, Madelyn and Abigail. Funeral service and reception will be held on Sunday, April 19th, 2015 at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536. The viewing will begin at 12:30, with service to begin at 2:00 p.m.



## Obituary

### Lillian Tupac

Jan. 27, 1926 - April 7, 2015

Lillian Tupac was born on January 27, 1926 in Montana and entered into rest on April 7, 2015 in Hayward at the age of 89. She is survived by her sister Marianne (Thom) Lyons, her niece Eileen (Dean) Chestnut and extended family members. A private family burial will be held.

coming more popular is a variation on the fake check scam. Instead of wiring the money to the scammer via MoneyGram or Western Union, the bad guys have their victims purchase Green Dot MoneyPak cards or other prepaid cards and send the PIN numbers to the scammers.

Green Dot MoneyPak cards are often used by people who do not have bank accounts or credit cards. Once customers purchase a card at a participating retailer with cash, they can use it to reload prepaid cards, add money to a PayPal account without using a bank account, or make same-day payments to major companies.

For more information, visit  
www.youtube.com/watch?v=5WXA6D-6f0Y or https://postalinspectors.uspis.gov/rad-Docs/consumer/MysteryShopperScam2.pdf.

## Obituary

### Tony J. Sierra

February 12, 1931 – April 05, 2015

Tony was born in Crows Landing, CA. He passed away on Sunday April 5th at the age of 84 years, at his home in Union City, surrounded by his family. He was preceeded in death by his parents the late Pablo & Elueteria Sierra. He is survived by his wife of 52 years, Jennie Sierra of Union City, son Randy Sierra and his wife Darsey, and grandsons Drake and Ryan of Oakley, CA. Daughter Michie Sierra of Union City, Brothers Paul Sierra of Oakland, Frank Sierra of Patterson, and Raymond Sierra of Patterson. Sisters Jessie Martinez-Sierra of Mexico, Rosie Hernandez of Patterson, Katie Garabaldi of San Francisco, Michaelina Sierra of Mexico, Maria Strats of Patterson, and Susan Sierra of Patterson. Tony loved watching SF Giants, the 49ers, listening to Big Band music, and enjoyed going to the Mariachi Folklorico during Christmas. He loved going to Half Moon Bay with his wife. At his request no services will be held.

**Tri-City Cremation & Funeral Service**  
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## Mystery or secret shopper scam

SUBMITTED BY NEWARK PD

Responding to a mystery or secret shopper ad could set you up for a scam. Recently, Newark Police Department (NPD) was made aware of a scam that begins when you get an email, phone call or letter offering "secret shopper" jobs with retailers like Walmart, Kmart, Best Buy or Home Depot. You eventually receive a check for thousands of dollars. You are instructed to deposit the check into your personal account to activate your employment and keep some of that money as advance payment. Problem is, the job isn't real and it's not associated with any actual stores. You're dealing with a scammer. That check is a fake. If you deposit it, you're on the hook to pay the bank back.

Scammers continue to come up with new angles for old scams. One that is be-

**FREE Adult Reading and Writing Classes** are offered at  
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# The Joy of Song

SUBMITTED BY BRUCE BATEMAN

The Mission Peak Chamber Singers (MPCS), directed by Michael Morris, are pleased to announce their upcoming concert “The Joy of Song” to be performed with the Immaculate Heart of Mary Youth Choir (IHM) from the Immaculate Heart of Mary Catholic Church in Brentwood. Eduardo Magistrado is the director of the IHM Children’s Choir.

The Joy of Song is a lead-up for separate 2015 European performance tours by both choirs and features work

from both tour programs. The choirs will perform works by such composers as Beethoven, Randall Thompson, Aaron Copeland, and local composer Henry Mollicone. MPCS will also present the world-premiere performance of a new work by another local composer – Lothar Bander mann. The combined choirs will sing a few selections including “Hope for Resolution – A Song for Mandela and de Klerk.”

The MPCS are commemorating their second season as an independent chamber choir with an International Tour to Ireland and Wales in July 2015 where they will perform in Chester, York, and Dublin. MPCS will also perform a joint concert with the Penrhyn Male Choir in Wales.

The IHM Youth Choir will travel to Rome and the Vatican in December 2015 to participate in the 40th International Congress of Pueri Cantores. The Youth Choir

was chosen to sing for the auspicious event, during which they will perform for Pope Francis.

The Joy of Song concerts will be performed on Saturday, April 18 at the Immaculate Heart of Mary Church in Brentwood, and Sunday, April 19 at Mission San Jose in Fremont. For more information and to purchase tickets, please visit [www.chambersingers.org](http://www.chambersingers.org) or call Michael Morris at (408) 655-1512.

**The Joy of Song**  
**Sunday, Apr 19**  
**7 p.m.**  
**Mission San Jose**  
**43300 Mission Blvd, Fremont**  
**(408) 655-1512**  
**[www.ChamberSingers.org](http://www.ChamberSingers.org)**  
**Tickets: \$15 general, \$12 seniors and students**



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**Newark Optimist Club & Newark Rotary Club  
are hosting a Pancake Breakfast**

**ALL Proceeds will go to Newark Relay For Life  
Raising funds for cancer research**

**When: Saturday, May 2nd, 2015**

**Time: 8:00 a.m. to 11:00 a.m.**

**Cost: \$10 adults / \$5 children (ages 5-12)**

**Where:**



**Sinodinos Steakhouse**  
36665 Cedar Boulevard  
Newark, CA 94560

If you would like to purchase tickets, please contact Russ Blowers at 510-793-1498.



**Washington Hospital Healthcare System**

This event is being sponsored by Washington Hospital Healthcare System.  
Because of their generous donation, ALL ticket proceeds will go directly to Newark Relay for Life!

Information found in 'Protective Services' is provided to public "as available" by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of the agency

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Faculty, Santa Clara University School of Law 1987  
Editor, University of Illinois Law Review  
California Supreme Court Cases

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## Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

### Friday, April 3

At approximately 5:50 p.m., Officer Burkhammer was dispatched to Lucky grocery store at Charter Square for a shoplifting call. Officers arrived and met with loss prevention who informed officers that a female suspect had attempted to walk a grocery cart filled with food items out of the store without paying. Officers arrested a 53-year-old adult female, Fremont resident, for theft.

At approximately 1:30 p.m., Community Service Officer (CSO) Olivera investigated two commercial burglaries that occurred at Public Storage facility, located on the 42700 block of Warm Springs Boulevard. Sometime between March 30-April 3, 2015, unknown suspect(s) gained unlawful entry into the storage units. There was no loss reported at either unit.

At 4:28 a.m., a reporting party calls to report that three male subjects had just tried to break into her vehicle located on the 39000 of Guardino Drive. The reporting party's husband went out and confronted the subjects who then battered him and brandished a handgun. The suspects are described as Hispanic males in their late 20s. The suspects were possibly associated with a red minivan. Case was investigated by Officer Robinson.

### Monday, April 6

At about 6:45 a.m., unknown suspect(s) entered a residence in the 3300 block of Red Cedar Ter-

race. The suspect(s) managed to take the victim's personal belongings before being scared off by a dog. Case was investigated by Officer Gourley.

A citizen was walking in the area of Guardino Drive and Walnut Avenue when confronted by two suspects. They demanded the victim's cellular phone and also stole jewelry. Officers arrived quickly in the area but were unable to locate the two suspects. Case was investigated by Officer Elope.

Officers responded to Taco Bell at Fremont Hub for a male who was bleeding heavily. The victim was found to have been assaulted by a known male, Fremont resident, who fled prior to police arrival. Case was investigated by Officer Stillitano.

Two strong arm robberies occurred within 30 minutes of each other. Both involved suspects were described as three black male adults, 20-30 years of age and wearing black colored hoodies. The first robbery occurred on Aberdeen Terrace, while the second occurred on Lake Erie. The suspects took jewelry and money.

### Tuesday, April 7

Between 8:45 a.m. on Friday, April 3, 2015 and 12:01 a.m. on Monday, April 6, 2015, unknown suspect(s) entered the rear yard of a residence on the 45000 block of Parkmeadow Drive. Once inside the backyard, the exterior mounted window screen to the dining room window was moved and there was a single pry to the unlocked sliding window. The losses were cash and jewelry.

Between 11:00 a.m. and 9:00 p.m., unknown suspect(s) gained entry into a residence on the 36000 block of Easterday Way by breaking the glass on the rear sliding door. The losses were electronics and cash.

Washington Hospital security called to report that a male, Fremont resident was causing a disturbance and refusing to leave. The male had been loitering inside the hospital for approximately six hours and was told to leave on multiple occasions; however, he refused. Officer Macciola contacted the male and arrested him for trespassing.

### Wednesday, April 8

Between 11:10 a.m. and 11:45 a.m., unknown suspect(s) gained entry in a residence on the 200 block of Almeria Avenue by climbing up to an open second story window using a patio chair and patio shade structure for assistance. Suspect(s) removed the window screen and climbed in the window. The losses were jewelry and cash.

At around 2:45 p.m., unknown suspect(s) entered the side yard to a residence on the 48500 block of Flagstaff. The suspect(s) entered the residence by breaking the rear sliding glass door. The losses were jewelry and electronics.

### Thursday, April 9

Officers responded to the 42000 block of Paseo Padre on a report of an interrupted residential burglary. The suspects rang the doorbell of the victim residence and then proceeded to the backyard of the residence. While the suspects were about to make entry, the victim opened her curtains and made eye contact with them. The suspects fled prior to police arrival.

Officer Harvey located a stolen Toyota truck traveling south on Fremont at Decoto. The truck entered the parking lot of the nearby 711 and stopped. All four occupants were detained without incident. A male was ultimately taken into custody for a variety of charges.

## Newark Police Log

SUBMITTED BY CMDR. MIKE CARROLL, NEWARK PD

### Friday, April 3

At 6:18 a.m., Officer Rodgers contacted a disabled motorist at the intersection of Cherry Street and Central Avenue. As it turns out, the disabled vehicle was stolen and the driver, a Hayward resident, was arrested for possession of stolen property and possession of burglary tools.

At 11:26 a.m., Det. Ramos investigated an auto burglary that occurred on the 37900 block of Cedar Boulevard.

At 12:24 p.m., Officer Katz investigated a theft at Public Storage on Cedar Boulevard.

At 12:36 p.m., Officer Knutson investigated a residential burglary on the 4800 block of Humber Place.

At 4:52 p.m., Officer Horst investigated the theft of a white, 24 ft. Wells Cargo trailer from the 35300 block of Fircrest Street.

### Saturday, April 4

At 10:42 a.m., Officer Lopez investigated a theft of a black 1997 Mitsubishi Montero from the 8500 block of Mahogany Place.

At 1:43 p.m., Officer Horst investigated an auto burglary on the 8500 block of Peachtree Avenue.

### Sunday, April 5

At 4:21 a.m., two intoxicated co-workers got in a fight over a business debt in front of a residence on Jarvis Avenue. A 30-year-old male from Stockton was arrested for robbery and battery with serious injury.

At 12:08 p.m., Officer Nobbe investigated a burglary from Public Storage on Fircrest Street.

At 12:07 p.m., Officer Reyes investigated a stolen 2000 Honda Accord from the 37200 block of Elm Street.

During a traffic stop at Towne Place Suites, Officer Johnson arrested a 35-year-old male from Fremont for violation of a restraining order, possession of concentrated cannabis, and possession of a dangerous weapon. The passenger, a 34-year-old female from Fremont, was arrested for providing a false name and possession of drug paraphernalia.

### Tuesday, April 7

At 7:55 a.m., Officer Bloom investigated a commercial burglary on the 5900 block of Mowry Ave.

At 3:44 p.m., Officer Rodgers investigated an attempted burglary at Cigarette World (5841 Jarvis Avenue).

### Wednesday, April 8

Officer Todd responded to Big Lots, 5453 Thornton Ave. at 12:45 p.m. to investigate a disturbance. A 33-year-old male from Newark was arrested for petty theft.

At 10:48 p.m., Officer Kovach investigated a suspicious vehicle parked on La Salle Dr with two occupants. A 45-year-old male from Hayward was arrested for providing a false name, possession of burglary tools and a warrant. A 25-year-old male from San Leandro was arrested for possession of a controlled substance.

## April is Distracted Driving Awareness Month

SUBMITTED BY NEWARK PD

Distracted driving is a serious traffic safety concern that puts everyone on the road at risk. In recent years, hundreds have been killed and thousands seriously injured in California as a result of collisions that involved at least one driver who was distracted. Nationally, an estimated 3,331 died in 2011. As a result, law enforcement officers across the state, including Newark Police Department, are increasingly cracking down on cell phone use and texting.

Eighty percent of American drivers believe hands-free devices are safer than using a handheld phone. But that is just not the case. More than 30 studies show hands-free devices are no safer because the brain remains distracted by the conversation. When talking on a cell phone, drivers can miss seeing up to half of what's around them, such as traffic lights, stop signs and pedestrians.

To avoid these temptations:

Turn off your cell phone, or put it on silent, before driving.

Toss your cell phone in the trunk or glove box to avoid temptation.

Pre-set your navigation system and music playlists before driving.

Schedule stops to check voicemails, emails and texts.

Set special ring tones for important incoming calls, and pull off to a safe place to take them.

Tell co-workers, family and friends not to call or text you when they know you're driving.

Start all conference calls by asking if anyone is driving, and have them call back when they are in a safe location.

Install an app on your phone that disables it while your vehicle is in motion.

Ask a passenger to answer incoming calls and say, "You'll call back when not driving."

Change your voicemail greeting to tell people that you may be driving and you'll call them back when you can safely do so.

Positive side effects of not using a phone while driving:

- More likely to arrive safely at your destination
- Feeling more relaxed; some of our best ideas and solutions come when we are at ease
- Not letting your phone control you
- Being able to have a conversation with your passengers
- Avoiding crashes and their associated costs – doctor visits, auto repairs, court fees, etc.

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510-574-2020 for more info

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Tuesdays: Feb 3 to Apr 14, 2015  
10 am – 1 pm -  
by Appointment Only  
At Tri-City Volunteers  
37350 Joseph Street Fremont  
Sara Govea at 510-793-4583

FREMONT COIN CLUB

Established 1971  
Meets 2nd & 4th Tues 7pm  
At the Fremont Elks Lodge  
38991 Farwell Dr., Fremont  
All are welcome, come join us  
www.fremontcoinclub.org  
510-792-1511

WALK FOR LIFE

Pregnancy Choices Clinic  
MAY 30, 2015  
Kennedy Park-1333 Decoto Rd,  
Union City - Registration 9:00  
AM-Walk starts 10:00 AM  
Join us for a walk & barbecue!  
Empowering women to make confident life choices  
Call (510) 487-4357 or  
www.supportlifecoices.com

New Dimension Chorus Men’s 4 Part Vocal Harmony In the “Barbershop” style

Thursdays at 7pm  
Calvary Luther Church  
17200 Via Magdalena  
SanLorenzo  
Contact: ndchorus.org  
510-332-2481

QUALITY FREE TAX PREP \$53,000 or less household income

Other restrictions may apply  
Fremont Family Resource Center  
39155 Liberty St, Fremont  
Open: Feb 2 to Apr 15, 2015  
Monday & Wednesday: 4 pm - 8 pm  
Friday: 10 am - 1 pm  
Closed 2/16/1-President’s Day  
510-574-2020 for more info

QUALITY FREE TAX PREP IRS-Certified Tax Preparers \$53,000 or less household income

Other restrictions may apply  
Saturdays: Feb 7 to Apr 11, 2015  
10 am – 1 pm (Closed Mar 8th)  
At Newark Library  
6300 Civic Terrace Avenue  
Newark  
510-574-2020 for more info

SAVE’s Domestic Violence Support Groups

FREE, compassionate support  
Domestic violence survivors  
Drop-in, no reservations needed  
Every Tues & Thurs 6:45-8:45 pm  
Every Friday 9:15 to 11 am  
1900 Mowry Avenue, Fremont  
(510) 574-2250 or 24-hour  
Hotline (510) 794-6055  
www.save-dv.org

SAVE’s Restraining Order Clinics

Free for domestic violence survivors  
Seeking protective orders  
Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday  
Call SAVE’s 24-hr Hotline (510) 794-6055 for details  
www.save-dv.org

4TH ANNUAL JUNETEENTH FESTIVAL

A Celebration of Freedom  
Sat. June 20 - 10-4pm  
PALMA CEIA BAPTIST CHURCH  
28605 Ruus Rd., Hayward  
For Info: 510-786-2866  
Budget friendly event for the whole family. Entertainment, food, music, kids play zone and vendors.

QUALITY FREE TAX PREP \$53,000 or less household income

Other restrictions may apply  
Saturdays: Feb 7 to Apr 11, 2015  
10 am – 1 pm (Closed Mar 14)  
At Holly Community Center  
31600 Alvarado Boulevard  
Union City, CA 94587  
Call 510-574-2020 for more info

National Alliance on Mental Illness (NAMI) FREE confidential 10 week informational course - Adults living with mental health challenges

Focused on Recovery 2 hrs once a week  
Call Kathryn Lum 408-422-3831 for time and location

Soiree Singles For People Over 60 Many Activities!

Dancing, Dinners, Luau’s  
Potlucks. Great Fun!  
email: lelochmil@att.net or  
Call: Lois for FREE Newsletter  
510-581-3494

Tri-City Society of Model Engineers

The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org

Cougars Girls Basketball Camp Mon-Fri - June 22-26 9:00am-2:30pm

Ages 8-15  
Full & Half Day Options  
Director: Darryl Reina  
Silliman Center Gymnasium  
6800 Mowry Ave., Newark  
Register: www.newark.org  
510-578-4620

The American Assoc. of the University Women

AAUW advances equity for women and girls through advocacy, education, philanthropy and research  
We are all inclusive, welcoming, smart and fun.  
fremont-ca.aauw.net

Stoic Philosophy in the East Bay

The Redwood Stoa Hosts a study group for those interested in the philosophy of the ancient Stoics and how it can be applied to modern life. Learn more at https://redwoodstoa.wordpress.com/ Join at Meet-up.com: http://www.meetup.com/the-Redwood-stoa

**Classifieds Deadline: Noon Wednesdays**  
**(510) 494-1999 | www.tricityvoice.com**

# CLASSIFIEDS

## What's It Worth?

**H&H Museum and Appraisal Services**  
**Certified Museum Specialist**  
**Jewelry - Fine Art**  
**Antiques - Estates**

**510-582-5954**

**Send image of object to:**  
**norm2@earthlink.net**

Life Changes & Organization Management  
 Over 30 Years Experience

## Emmett Construction Co., Inc.



**Est. 1966 Lic #592871**  
**510-797-3543**  
**925-426-1881**

**Built on a foundation of QUALITY**



Kitchen Remodels  
 Bathroom Remodels  
 Room Additions  
 Interior & Exterior Trim  
 Baseboard & Crown Molding  
 Doors & Windows  
 Fire & Water Damage Restoration

**www.emmettconstruction.com**

**7835 Enterprise Drive, Newark**

## Grace Health Spa

**\$30**

Exp. 4/30/15

(WITH COUPON ONLY)

**510-881-1688**

**24463 Mission Blvd.**  
**Hayward**

1 Hour  
 Body Oil  
 Massage

## Eurasia Spa

*The Best Massage in Town*  
*Professional & Affordable*

**Swedish, Deep Tissue**  
**Acupressure Massages**  
**Best CMTS in Town**

Exp. 4/30/15  
 With Coupon Only

Only **\$40/hr**  
**\$75/2hrs**

**We are Hiring CMT**

**510-656-8808 - 510-314-1446**  
**3909 Stevenson Blvd., Ste C**  
**Fremont**

## Sunsational Sunroom

**Let Us Help You**  
**Expand Your Horizons**  
**Full-Service Design & Construction**



**www.sunsationalsunroom.com**

**FREE ESTIMATES**  
**(408) 439-4514**

License #834696



**Accounting and Tax Manager** in Milpitas: Supervises accountants, completes financial reporting, reviews and approves journal entries and account reconciliations, handles acct. for the company. Reqs: Master's in Acct. + 6 mos. Acct. Experience. Must have passed all sections of the Uniform Certified Public Accountant Examinations (through AICPA). Mail resumes: Neeka Accountancy, I N. Main St., Ste. 4, Milpitas, CA 95035, Attn: Subra Ramanan.

## Immediate Openings

**Inside Sales**  
**Movers**  
**Installers**  
**Class A Drivers**  
**Class B / C Drivers**  
**Receiving**  
**Fork Lift**  
**Warehouse**  
**Apply Mon-Fri 8-4**  
**Bring 2 forms of ID**



**Chartwell Staffing**  
**33428 Alvarado-Niles**  
**Union City, CA. 94587**  
**510-227-7030**

## Auto/Marine Mechanic

**General Mechanic Work**  
**Cars, Trucks, Boats, Porsche,**  
**Volkswagen, 1985 and earlier**

**All work done by**

**Master Mechanic**

**Very Reasonable pricing**  
**Call for Estimate**

**510-566-8831**

## HANDYMAN

**Craftsman Quality**

**30 Years Experience**

**I Guarantee My Work**  
**Check my References!**

**FREE Estimates**

**510-673-1766**

**Senior Discounts**

## Become a hospice patient CARE VOLUNTEER!

Patient care volunteers provide a variety of supportive services to terminally ill patients and their families such as respite care for caregiver, companionship to the patient, run errands, do light housework and so much more! Life Springs Hospice serves the Alameda, Contra Costa, Santa Clara and San Mateo county communities.

For more information about becoming a patient care volunteer, please contact

**Dawn Torre, Volunteer Coordinator**

**1-888-493-0734 or 510-933-2181**

**volunteer@lifespringshospice.com**

## Conference Room For Rent

**Town Fair Shopping Center - 39210 State Street, Fremont**

**AFFORDABLE RATES FOR HALF OR FULL DAY**

- **Free WiFi**
- **Free Parking**
- **Double Sided White Board**
- **Access to Bathrooms**
- **Heating and Air Conditioning Weekdays**  
 (Extra cost for Sunday)
- **No Set up and cleaning charges**



**\$100 Refundable Deposit**  
**\$150 Half Day, \$300 All Day**  
**10% Discount for 6 Bookings**

**510-896-8958 www.FeelingGoodTherapy.com**

**Great Rates!**

**Great Results**

**Call Today! Classified Ads**

**510-494-1999**

**tricityvoice@aol.com**

## Milpitas City Council Meeting

**April 7, 2015**

### Presentation:

Commend Alan Pham for organizing inter-school science fair.

### Consent:

Consider request from Our Lady of Guadalupe club to waive fee in the amount of \$800 for rental of Milpitas Community Center for Mother's Day Event on Saturday, May 9, 2015.

Adopt a resolution requesting and making certain findings relating to the allocation of Transportation Act funds in the amount of \$51,634 for the 2016 Street Resurfacing Project.

Adopt a resolution granting initial acceptance of, and reducing the performance bond for, Pinewood Park improvements. The bond is reduced to \$181,797.45.

Adopt a resolution approving a contract with Central Medical Laboratory, Inc. for police drug and alcohol testing for the annual not-to-exceed amount of \$19,500.

Approve amendment to the agreement with Ted S. Farr increasing compensation by \$15,000 to assist with implementation of the Santa Clara County Comprehensive EMS Patient Care Data System and appropriate funds to the fire department operating budget.

Approve payment to Jensen School of Performing Arts for recreation classes per terms of existing agreement.

### Public Hearing:

Conduct a public hearing and introduce ordinance relating to public art requirements for private developments.

### Ordinances:

Adopt ordinance prohibiting new residential uses in the Town Center zoning district. (4 ayes, 1 nay: Giordano)

Mayor José Esteves Aye

Vice Mayor Carmen Montano Aye

Debbie Indihar Giordano 2 Ayes, 1

Nay

Garry Barbadillo Aye

Marsha Grillo Aye

## New NB I-280 to NB I-880 direct flyover ramp opens

SUBMITTED BY SANTA CLARA VALLEY TRANSPORTATION AUTHORITY (SCVTA)

As of April 13, commuters in the South Bay have a brand new direct connector (flyover ramp) to access from northbound I-280 to northbound I-880. No longer will freeway travelers need to mix with local Stevens Creek Boulevard traffic at one of the biggest highway interchanges in San Jose

With the flyover open, commuters will now encounter two separate exit ramps from northbound I-280. The first serves traffic traveling from northbound I-280 headed to State Route 17 or the new flyover ramp to northbound I-880. Those who want to exit to Stevens Creek Boulevard will use the second ramp and will no longer have to compete with freeway traffic movements.

This is the last major milestone for the I-280/I-880/Stevens Creek Boulevard Interchange Improvements Project that broke ground in fall 2012.

## Use Tax – The most painless part of paying taxes

SUBMITTED BY AARON BONE

If you still haven't filed your state income taxes, at least one part will be simple. In just a few seconds, you or your tax preparer can figure out the amount of use tax you owe. It's easy with the use tax lookup table included in your California income tax return instructions.

You may owe use tax on items used in California that you purchased online, by telephone, or by mail order from an out-of-state retailer without paying tax. Examples include toys, consumer electronics, clothing, or small appliances you use at home. Use tax is not an "Internet tax." It has been California law since 1935.

The lookup table provides an easy way to determine the use tax due on all your non-business items with a purchase price of less than \$1,000 made during the prior calendar year,

even if you did not save your receipts. Simply locate your adjusted gross income range on the table, and enter the corresponding use tax amount on the use tax line that appears on your state income tax form (540 or 540EZ). As shown in the table to the right, if your adjusted gross income is between \$30,000 and \$39,999, you would owe \$12 in use tax. Use tax due on individual items of \$1,000 or more must be calculated separately.

Last year, use tax revenues paid through California income tax returns grew about two percent. Despite the increase, the BOE (Board of Equalization) estimates \$1 billion goes uncollected each year – enough money to pay the salaries of about 6,000 firefighters, 7,000 police officers, or 11,000 teachers.

For more information about Use Tax, visit:  
<http://www.boe.ca.gov/sutax/usetax.htm#page=Overview>

## National Child Abuse Prevention Month

SUBMITTED BY NEWARK POLICE DEPARTMENT

Join CALICO (Child Abuse Listening, Interviewing and Coordination Center) and Newark Police Department in recognizing April as National Child Abuse Prevention Month (CAPM), a month recognized as a time for communities to join together to

promote healthy children and families and end child abuse. Since CALICO's inception, it has used CAPM to highlight child abuse in Alameda County.

In Alameda County, CALICO is at the center of child-abuse investigations. Professionals work together from the moment a report of abuse is made, with the needs of children at the forefront of their collaborative investigation. CALICO provides a safe place for the child

to answer questions a single time from someone with specialized training to talk to children about abuse. The family also receives timely support, guidance and referrals to services. This multi-disciplinary team approach puts the priority on the safety and recovery of children and their families.

Visit CALICO's website at [www.calicocenter.org](http://www.calicocenter.org) for more information.

## PUBLIC NOTICES

## BULK SALES

**NOTICE TO CREDITORS OF BULK SALE  
(SECS. 6104, 6105 U.C.C. & B & P 24073 et  
seq.)**  
**ESCROW NO: 15805-GA**  
**DATE: April 8, 2015**

Notice is hereby given to creditors of the within named seller that a sale that may constitute a bulk sale has been or will be made. The individuals, partnership, or corporate names and the business addresses of the seller are: **Aleena Packing, Inc., 24 Union Square #319 Union City, CA 94587**

The individuals, partnership, or corporate names and the business addresses of the buyer are: **Josemite IV, Inc., a California Corporation 2105 Scott Blvd. Santa Clara, CA 95050**

As listed by the seller, all other business names and addresses used by the seller within three years before the date such list was sent or delivered to the buyer are: NONE KNOWN. The assets sold or to be sold are described in general as: GOODWILL, VEHICLES, COVENANT NOT TO COMPETE & ALL OTHER ASSETS AS STATED IN THE ASSET PURCHASE AGREEMENT DATED FEBRUARY 13, 2015 OF THE BUSINESS KNOWN AS: Federal Express Ground Delivery Contract C7750981 operated in Fremont

(a) The place, and date on or after which, the Bulk Sale is to be consummated: Business & Escrow Service Center, Inc. 3031 Tisch Way, Suite 310 San Jose, CA 95128 on or before April 30, 2015. (b) The last date to file claims is April 29, 2015, unless there is a liquor license transferring in which case claims may be filed until the date the license transfers.

BUYER'S SIGNATURE: Josemite IV, Inc., a California Corporation  
By: Long Nguyen, President  
4/14/15

CNS-273888#

## CIVIL

**ORDER TO SHOW CAUSE  
FOR CHANGE OF NAME**

Case No. HG15759188  
Superior Court of California, County of Alameda  
Petitioner of: Laura Smith for Change of Name  
TO ALL INTERESTED PERSONS:  
Petitioner filed a petition with this court for a decree changing names as follows:  
Khloe Castillo to Khloe Smith  
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:  
Date: Fri 5/01/2015, Time: 8:45 am, Dept.: 503  
The address of the court is 24405 Amador Street, Room 108, Hayward, CA 94544  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice  
Date: Feb 19, 2015  
WINIFRED Y. SMITH  
Judge of the Superior Court  
4/7, 4/14, 4/21, 4/28/15

CNS-2734674#

**AMENDED  
ORDER TO SHOW CAUSE  
FOR CHANGE OF NAME**

Case No. HG15760124  
Superior Court of California, County of Alameda  
Petition of: Adriana Ramirez and Jose Hugo Garcia Oficia for Change of Name  
TO ALL INTERESTED PERSONS:  
Petitioner Adriana Ramirez filed a petition with this court for a decree changing names as follows:  
Yahir Garcia Ramirez to Yahir Garcia-Ramirez  
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
Notice of Hearing:  
Date: May 8, 2015, Time: 8:45 a.m., Dept.: 503  
The address of the court is 24405 Amador Street, Hayward, CA 94544  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri City Voice  
Date: March 26, 2015  
Winifred Y. Smith  
Judge of the Superior Court  
3/31, 4/7, 4/14, 4/21/15

CNS-2734483#

**FICTITIOUS BUSINESS  
NAMES****FICTITIOUS BUSINESS  
NAME STATEMENT**

File No. 503278  
Fictitious Business Name(s):  
**The Pack Leader, 38935 Hayes St., Fremont CA 94536**, County of Alameda  
Registrant(s):  
Joao Lima Melo, 38935 Hayes St., Fremont CA 94536  
Neli Ribeiro Araujo Lima, 38935 Hayes St., Fremont CA 94536  
Business conducted by: Married Couple  
The registrant began to transact business using the fictitious business name(s) listed above on April 2010

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Joao Lima Melo

This statement was filed with the County Clerk of Alameda County on April 2, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

CNS-2737658#

**FICTITIOUS BUSINESS  
NAME STATEMENT**

File No. 503213  
Fictitious Business Name(s):  
**Meineke Car Care Center #2625, 40871 Albrae St Fremont CA 94538**, County of Alameda  
Registrant(s):  
Promagix Inc., 793 Carino Ter. Milpitas CA 95035; CA  
Business conducted by: a corporation  
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Pankaj Gupta, CFO or President

This statement was filed with the County Clerk of Alameda County on April 1, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/14, 4/21, 4/28, 5/5/15

CNS-2737579#

**FICTITIOUS BUSINESS  
NAME STATEMENT**

File No. 503169  
Fictitious Business Name(s):  
**Nicole Marinelli, 35188 King Ct., Fremont, CA 94536**, County of Alameda  
Registrant(s):  
Nicole Christine Herrmann, 35188 King Ct., Fremont, CA 94536  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Nicole Herrmann

This statement was filed with the County Clerk of Alameda County on March 31, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/7, 4/14, 4/21, 4/28/15

CNS-2736917#

**FICTITIOUS BUSINESS  
NAME STATEMENT**

File No. 503041-2  
Fictitious Business Name(s):  
**1. Ocean Economist #9, 2. Ocean Economist No. 9, 34563 Falls Terrace, Fremont, CA 94555**, County of Alameda  
Registrant(s):  
Tsunin Cheng, 34563 Falls Terrace, Fremont, CA 94555

Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on n/a

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Tsunin Cheng

This statement was filed with the County Clerk of Alameda County on March 27, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/7, 4/14, 4/21, 4/28/15

CNS-2736594#

**FICTITIOUS BUSINESS  
NAME STATEMENT**

File No. 503178  
Fictitious Business Name(s):  
**Let's Play! Speech-Language Pathology Services, 39800 Fremont Blvd. Apt. #274, Fremont, CA 94538**, County of Alameda  
Registrant(s):  
RosalyN Castaño Leech, 39800 Fremont Blvd. Apt. #274, Fremont, CA 94538  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Rosalyn Castaño Leech

This statement was filed with the County Clerk of Alameda County on April 1, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/7, 4/14, 4/21, 4/28/15

CNS-2736549#

**FICTITIOUS BUSINESS  
NAME STATEMENT**

File No. 503096  
Fictitious Business Name(s):  
**Mic Jaymes Music Group (MJMG), 4772 Deep Creek Rd., Fremont, CA 94555**, County of Alameda  
Mailing address: 4772 Deep Creek Rd., Fremont, CA 94555  
Registrant(s):  
Michael A. Jayme, 4772 Deep Creek Rd., Fremont, CA 94555  
Martha I. Jayme, 4772 Deep Creek Rd., Fremont, CA 94555

Business conducted by: married couple  
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Michael A. Jayme

This statement was filed with the County Clerk of Alameda County on March 30, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/7, 4/14, 4/21, 4/28/15

CNS-2736075#

**FICTITIOUS BUSINESS  
NAME STATEMENT**

File No. 502760  
Fictitious Business Name(s):  
**Fremont Snog Test Only, 4299 Peralta Blvd, Fremont, CA 94536**  
Registrant(s):  
Tri Star Auto 99 Inc, 34963 Roberts St, Union City, CA 94587; California 3382077  
Business conducted by: A Corporation  
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Tri Dinh Nguyen, President

This statement was filed with the County Clerk of Alameda County on March 19, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/7, 4/14, 4/21, 4/28/15

CNS-2736072#

**FICTITIOUS BUSINESS  
NAME STATEMENT**

File No. 503110  
Fictitious Business Name(s):  
**UC Elite, 2461 Medallion Drive, Union City, CA 94587**, County of Alameda  
Registrant(s):  
Matthew Guzman, 2461 Medallion Drive, Union City, CA 94587  
Business conducted by: An Individual  
The registrant began to transact business using the fictitious business name(s) listed above on August 2014

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Matthew Guzman

This statement was filed with the County Clerk of Alameda County on March 30, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/7, 4/14, 4/21, 4/28/15

CNS-2736055#

**FICTITIOUS BUSINESS  
NAME STATEMENT**

File No. 502919  
Fictitious Business Name(s):  
**Rackert Corp., 4225 Polaris Ave., Union City, CA 94587**, County of Alameda  
Registrant(s):  
JPKK LLC, 4225 Polaris Ave., Union City, CA 94587; California  
Business conducted by: a limited liability company

The registrant began to transact business using the fictitious business name(s) listed above on n/a

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Peterwin A. Ranada, President

This statement was filed with the County Clerk of Alameda County on March 23, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

3/31, 4/7, 4/14, 4/21/15

CNS-2734478#

**FICTITIOUS BUSINESS  
NAME STATEMENT**

File No. 503018  
Fictitious Business Name(s):  
**Enamour, 3695 Stevenson Blvd., #314, Fremont, CA 94538**, County of Alameda  
Registrant(s):  
Logesh Kumar, 3695 Stevenson Blvd., #314, Fremont, CA 94538  
Rachel Kumar, 3695 Stevenson Blvd., #314, Fremont, CA 94538  
Business conducted by: Married Couple  
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Logesh Kumar

This statement was filed with the County Clerk of Alameda County on March 26, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

3/31, 4/7, 4/14, 4/21/15

CNS-2734471#

**FICTITIOUS BUSINESS  
NAME STATEMENT**

File No. 502928  
Fictitious Business Name(s):  
**Mission Shuttle, 41850 Paseo Padre Pkwy., Fremont, CA 94539**, County of Alameda  
Registrant(s):  
Andrew Sun-Wai Choi, 41850 Paseo Padre Pkwy., Fremont, CA 94539  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on n/a

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Andrew Sun-Wai Choi

This statement was filed with the County Clerk of Alameda County on March 24, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

3/31, 4/7, 4/14, 4/21/15

CNS-2734222#

**FICTITIOUS BUSINESS  
NAME STATEMENT**

File No. 502963  
Fictitious Business Name(s):  
**Euro School of Tennis, 4510 Peralta Blvd., Suite #22, Fremont, CA 94536**, County of Alameda  
Registrant(s):  
Calex Sports Inc., 4510 Peralta Blvd., Suite #22, Fremont, CA 94536; California  
Business conducted by: a Corporation  
The registrant began to transact business using the fictitious business name(s) listed above on 11/13/2009

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ KALOYAH STOYANOV, CEO

This statement was filed with the County Clerk of Alameda County on March 24, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411

et seq., Business and Professions Code).

3/31, 4/7, 4/14, 4/21/15

CNS-2733960#

**STATEMENT OF ABANDONMENT  
OF USE OF FICTITIOUS  
BUSINESS NAME**

File No. 471714  
The following person(s) has (have) abandoned the use of the fictitious business name: **The Delivery Pros, 46728 Fremont Blvd., Fremont, CA 94536**  
The Fictitious Business Name Statement being abandoned was filed on Nov. 7, 2012 in the County of Alameda.  
Amanda Raj, 10684 S. Tantau Ave., Cupertino, CA 95014  
S/ Amanda Raj  
This statement was filed with the County Clerk of Alameda County on February 24, 2015.

3/31, 4/7, 4/14, 4/21/15

CNS-2732750#

**FICTITIOUS BUSINESS  
NAME STATEMENT**

File No. 502187  
Fictitious Business Name(s):  
**Centerville Smog, 4343 Peralta Blvd., Fremont, CA 94536**, County of Alameda  
Mailing address: 37503 Glenmoor Dr. #C, Fremont, CA 94536  
Registrant(s):  
Hieu Minh Loi, 38260 Blacow Rd., Fremont, CA 94536  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Hieu Minh Loi

This statement was filed with the County Clerk of Alameda County on March 6, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

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3/31, 4/7, 4/14, 4/21/15

CNS-2732391#

**FICTITIOUS BUSINESS  
NAME STATEMENT**

File No. 502826  
Fictitious Business Name(s):  
**Stactoria's Salon, 19078 Meekland Ave., Hayward, CA 94541**, County of Alameda  
Mailing address: 19078 Meekland Ave., Hayward, CA 94541  
Registrant(s):  
Laura Sharon Sanchez, 34800 11th St. Apt. 159, Union City, CA 94587  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Laura Sharon Sanchez

This statement was filed with the County Clerk of Alameda County on March 20, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

3/31, 4/7, 4/14, 4/21/15

CNS-2732092#

**FICTITIOUS BUSINESS**

# Newark City Council

April 9, 2015

## Presentations and Proclamations:

- Police Department Citizen Appreciation Award to Jennifer Bauer and Gary Stadler for assistance in locating and arresting a subject. Chief James Leal and Officer Lisa Schwerin presented the award.
- Proclaim May 7, 2015 as National Day of Prayer in Newark. Pastors Ed Moore and Jeff Roets accepted the proclamation.
- Proclaim May 2015 as Older Americans Month in Newark. Rick Arellano of the Senior Citizen Standing Advisory Committee received proclamation.
- Proclaim April 28, 2015 as Earth Day in Newark. Shirley

Sisk, Sharon Slayton of League of Volunteers and members of the Newark Memorial Interact and UNICEF Clubs received proclamation. An Earth Day Fair will be held at Swiss Park on April 18 from 10 a.m. – 4 p.m.

## Public Hearings:

Consider property owners' objections to 2015 Weed Abatement Program. No verbal or written objections.

## Consent:

- Second reading of ordinances approving Newark Areas 3 and 4 Specific Plan Project Development Agreement.
  - Approve the final map for a 14-unit residential townhome-style subdivision (Casa Bella Homes, LLC) at 6249 Thornton Avenue.
- ## City Council Matters:
- Councilmember Hannon (Mayor Nagy alternate) appointed

by Mayor Nagy to a Steering Committee of Community Choice Aggregation (CCA) program for Alameda County. The program is designed to allow competition in electricity generation services and accelerate investments in clean energy resources and local energy projects.

## Oral Communications:

- Concern about construction of oil refinery operations in San Luis Obispo and tanker rail traffic through Tri-City area.
- Requesting the City to send a letter to Alameda County Water District protesting rate increase.
- Concern about sidewalk repairs that create a hazard for wheelchairs and handicapped.

|                         |        |
|-------------------------|--------|
| Mayor Alan Nagy         | Aye    |
| Vice Mayor Lucy Collazo | Aye    |
| Luis Freitas            | Aye    |
| Michael Hannon          | Absent |
| Mike Bucci              | Aye    |

## NOTICE OF TIME AND PLACE OF HEARING

**NOTICE IS HEREBY GIVEN** that the Board of Directors of the **ALAMEDA COUNTY WATER DISTRICT** has fixed **Tuesday, April 14, 2015, at the hour of 6:00 P.M.** in the Board Room of the District Office Building, 43885 South Grimmer Boulevard, Fremont, California, as a time and place for a public hearing to review and consider and potentially act on the following rates and charges that are proposed to be collected by said DISTRICT, which, if adopted, would **take effect on May 1, 2015: After-Hours Connection Charge, Field/Reconnection Charge, Bimonthly Service Charge, Fire Hydrant Meter Deposit, Fire Hydrant Meter Field Investigation/Follow-up Charges, Meter Re-Installation Charge, and Unexplained Consumption Meter Testing Charges;** and to review and consider and potentially act on the following development-related charges that are proposed to be collected by said DISTRICT, which, if adopted, would take effect on **July 1, 2015: Annexation Charge, Facilities Connection Charges, Facilities Reimbursement Charges, Hydrant Flow Test Charge, and Meter Installation Charges.**

At the hearing, any person interested may appear and present comments on the proposed schedule of rates and charges.

Following the conclusion of the hearing, this Board of Directors may, by resolution, fix the rates and charges to be collected by said DISTRICT, effective May 1, 2015 for most rates and charges, and effective July 1, 2015 for development-related charges.

**NOTICE IS FURTHER GIVEN** that any person interested may inspect the proposed schedule of rates and charges in the office of the District Manager of Finance at 43885 South Grimmer Boulevard, Fremont, California, **Monday through Friday between the hours of 8:00 A.M. and 12:00 Noon, and 1:00 P.M. and 5:00 P.M.**

GINA MARKOU  
District Secretary  
Board of Directors  
Alameda County Water District

**LETTERS POLICY**

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number.

Only the writer's name will be published.

Letters that are 350 words or fewer will be given preference.

Letters are subject to editing for length, grammar and style.

tricityvoice@aol.com



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# Speech Meet

SUBMITTED BY  
JULIE CATANCIO



Top photo: Fremont Christian School's Speech Coach Ms. So, Principal Mr. Troia, and Speech Coach Mr. Lam surrounded by their students at Speech Meet.

Bottom photo: Fremont Christian School's ten student representatives at the Regional Speech Meet awards ceremony, with their Principal Mr. Troia.

Public speaking is an important aspect of society. For leadership positions, individuals must be prepared to express their thoughts in a concise direct manner. In order to develop public speaking skills as an adult, children need opportunities to sharpen their skills. "Speech Meet" is an annual National and International tournament for elementary school children held by ACSI (Association of Christian Schools International), a 501 (c) (3) non-profit.

"Speech Meet," is one of the various events ACSI sponsors. The event allows students to choose from the following categories: poetry, patriotic oration, memorization, prose, folklore, and original speeches. School presentations can focus on centuries old, to the twenty-first century. Each school determines which students will represent their grade level at the annual regional tournament.

In February, auditions were held in Fremont for "Speech Meet." Following the auditions, Fremont Christian School, (FCS) selected ten students, two per grades 1st to 5th, to represent their elementary school. On March 27 these ten students were invited to the "Speech Meet" California-Hawaii Regional tournament held in Concord. This year: Lauren, Brinly, Anna, Arav, Maxwell, Shrutav, Katherine, Julila, Eva, and Johanna were chosen to represent FCS. Principal Troia accompanied the children with the assistance of two FCS speech coaches, Mr. Lam and Ms. So.

At the tournament, contestants were divided into grade levels and categories; each contestant presented their speech in front of peers, and a panel of three judges using a rubric, not ranked against each other. Judges were advised to constructively criticize students.

Due to the rubric system participants compete against themselves. Judges can give duplicate scores for numerous students. The rubric system gives contestants the ability to receive direction on how to improve their public speaking skills, without worrying about winning or losing.

All participants receive one of three ribbons and a certificate. This year, FCS surprised their ten student representatives, giving each of them a trophy. When they become leaders of tomorrow, part of their confidence will have been shaped by participation in "Speech Meet."

## Union City Police Log

SUBMITTED BY  
UNION CITY PD

### Friday, April 3

At around 4 p.m., Officer Fong was dispatched to the area of Alvarado-Niles Road and Dowe Avenue on a report of an assault with a deadly weapon. An unknown suspect shot a paintball at the victim while he was driving his vehicle on Alvarado-Niles Road. The paintball struck the victim on the left side of his head. No suspects were seen.

### Sunday, April 5

A commercial burglary occurred on the 100 block of Appian Way between 6:26 a.m. and 6:37 a.m. The front glass door was smashed, and losses included cash and electronics.

A commercial burglary attempt occurred on the 100 block of Appian Way between 6:26 a.m. and 6:37 a.m. The suspect unsuccessfully attempted to break the front glass door of a business before making entry into the business next door.

### Monday, April 6

At around 6:30 p.m., the Alameda County Fire Department requested police response to the 34900 block of Peco Street for a subject that had been stabbed multiple times. The victim was immediately transported to Eden Trauma Center for po-

tentially life-threatening injuries. Union City Police Department patrol units developed information on the identity of the suspect and his current whereabouts. A short time later, the suspect (a juvenile) was located at his residence and taken into custody without incident. He was arrested for attempted homicide. The victim was treated for his injuries and is expected to survive. The suspect was transported to Juvenile Hall.

### Scam Alert

On Tuesday, March 31st, an unknown male suspect called two Union City residents, claiming to be a Sergeant with UCPD. The male told one resident that she had an outstanding bench warrant resulting from a traffic citation. The suspect told her to go to 7-11 and purchase two PayPal "My Cash" cards, and he would take care of the warrant for her. The resident instead called UCPD and talked to a dispatcher, who told her she did not have a warrant, and the call was a scam.

This scam is similar to Green Dot scams, which are becoming more widespread. NEVER give a PayPal "My Cash" or Green Dot MoneyPak® number to someone you do not know. PayPal's website lists the following warnings about fraud:

The PayPal My Cash chit is for self-use only - only use it to load funds to your own PayPal Account. If anyone asks for your My Cash Card PIN number or information from your receipt,

it's probably a scam. Don't give your My Cash Card PIN number to pay for something you buy through the classifieds or to collect a prize or sweepstakes. Do not give away your PIN or receipt information to any other party. If you give away your My Cash Card PIN number or information about the purchase transaction, the provider is not responsible for paying you back for any loss. The funds are not insured against loss.

### Attempted Homicide Weapon Still Outstanding

On 4/6/15 at approximately 1800 hours, Union City PD responded to Peco Street in Union City for a stabbing. A juvenile suspect stabbed an adult victim approximately 23 times in the head, back and chest area. The victim barely survived the attack and the juvenile suspect was located and arrested. The juvenile suspect stated he fled on foot and discarded a stainless steel pocket knife he used in the attack in a storm drain in the area of Lilac Street/Perry Rd in Union City. He also discarded a blood soaked gray hooded sweatshirt in the area. Multiple search attempts were conducted and the items were not located.

If responding to a call of similar items that may have been found or while patrolling and you stumble across these items, please contact the Union City Police Department.

Investigations Unit- Detective Baumgartner at 510-675-5268.

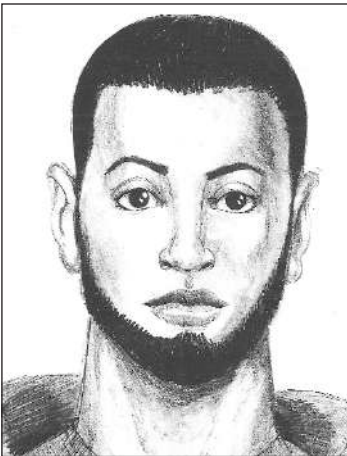
## Hayward kidnapping attempts may be linked

SUBMITTED BY  
SGT. TASHA DeCOSTA, HAYWARD PD

On Friday, February 20, 2015, a 14-year-old female Tennyson High School student was walking home from school just after 3:00 p.m. on Joshua Street when she was grabbed by a male associated with a white 4-door vehicle. The female juvenile fought off the male attacker and was able to escape his grasp uninjured.

On Friday, March 6, 2015, a 15-year-old female Tennyson High School student was walking home from school on Whitman Street just after 4:00 p.m. when she was grabbed by a male who was associated with a white 4-door vehicle. She was pushed into the back seat of the vehicle but fought off the attacker and was able to escape without injury.

On Friday, March 27, 2015, a 16-year-old female Hayward High School student was walking home from school in the area of Walpert Street and Fletcher Lane just after 3:30 p.m. when she was threatened and then pushed by a male subject into the back seat of a white 4-door vehicle. The male subject produced a handgun during this attack. Once again, the female victim fought off her attacker and was able to escape uninjured.



The male has been described as being possibly Hispanic or Middle Eastern, wearing shorts and a hooded sweatshirt. In the second and third attacks, the victims described the suspect as having a beard with no mustache. These three separate attacks have numerous similarities, and the Hayward Police Department is investigating the possibility they are being committed by the same suspect.

The Hayward Police Department would like to remind anyone who witnesses or is involved in a similar incident to call 911 immediately, and to provide the license plate number and description of the involved vehicle and suspect if possible. Persons with additional information to these incidents are encouraged to contact Detective Eric Mulhern at (510) 293-3436.

## Let's keep community spirit alive in memory of Officer Johnson

SUBMITTED BY SANTA CLARA COUNTY  
SUPERVISOR DAVE CORTESE

At the April 2 memorial service for San Jose Police Officer Michael Johnson, each speaker called attention to the overwhelming outpouring of support and sympathy from the community for the Johnson family, the San Jose Police Department and all men and women who choose a career in law enforcement.

as well as the 10,000 attendees inside SAP Pavilion, had never met Office Johnson. But they were united in wanting to show that they cared about this tragic loss and that we should come together for the common good.

I did know Michael Johnson and I've known his family for quite some time. I had the honor of meeting with them the day after Michael died. We talked about his devotion to his family and his service as an officer in helping the most



We often come together as a community in the wake of a tragedy. In this case, it was for 14-year veteran Officer Johnson, 38, who was killed on March 24 by a bullet from a suicidal man whose wife had called the police for help.

From Los Gatos to the SAP Pavilion, people lined the route of the procession bringing Officer Johnson's casket to the memorial service. Some waved flags, others held up signs of sympathy and gratitude. There were school-children, military veterans who raised their hands in salute and parents who felt the pain of a family losing a son.

People also lined Monterey Road along the route to Oak Hill Cemetery, where a private burial service was held. Most of them,

vulnerable among us. It brought to mind the words that Cesar Chavez wrote in "The Prayer of the Farm Workers' Struggle:"

"Grant me courage to serve others; for in service there is true life.

Give me honesty and patience; so that I can work with others.

Let us remember those who have died for justice; for they have given us life."

On the day of the memorial, hundreds of law enforcement officers from the Sheriff's Department and from across the region volunteered to fill work shifts so the SJPD officers could attend the service. As they arrived for the 7:30 a.m. briefing, I greeted them along with members of my staff, the staff of Supervisor Cindy Chavez, other supervisors and Sheriff Laurie Smith, with

beverages and snacks set up near the Old City Hall. The officers said they were glad to provide their service.

Along a fence outside the SJPD headquarters and in front of the main entrance, memorials grow with flowers, notes and signs. The San Jose Police Officers Association is continuing its online donation drive at [www.sjpoa.com](http://www.sjpoa.com), and my office was involved in a fundraiser on April 11.

As the memory of this tragedy fades and we return to a kind of normalcy, I hope we can keep this spirit of unity alive. Let's do it in the memory of Officer Michael Johnson.

For more information, please call my office at (408) 299-5030 or email me at [dave.cortese@bos.sccgov.org](mailto:dave.cortese@bos.sccgov.org).

## South Asian and Latina domestic violence outreach

SUBMITTED BY  
TINA FERNANDEZ

SAVE's (Safe Alternatives to Violent Environments) collaborative efforts with peer organizations Mujeres Unidas y Activas (MUA) and Maitri will begin the week of April 20. Made possible by a \$275,000 Blue Shield California Foundation grant, this two-year effort will bring culturally-specific free programs and services to two underserved populations in Southern Alameda County – South Asian and Latina domestic violence victims. All services will be held at The Empowerment Center at SAVE.

**Hindi/Punjabi Domestic Violence Victim Advocate Services**  
**Beginning Thursday, Apr 16**  
**9:30 a.m. - 1:30 p.m.**  
**SAVE's Empowerment Center**  
**1900 Mowry Ave, Suite 201, Fremont**  
**(888) 862-4874**  
**[www.save-dv.org](http://www.save-dv.org)**  
**[www.maitri.org](http://www.maitri.org)**  
**Free**

**Hindi Domestic Violence Support Group**  
**Beginning Friday, Apr 17**  
**(1st & 3rd Friday)**  
**3:30 p.m. - 5 p.m.**  
**SAVE's Empowerment Center**  
**1900 Mowry Ave, Suite 201, Fremont**  
**Hosted by Maitri and SAVE**  
**(888) 862-4874**  
**[www.save-dv.org](http://www.save-dv.org)**  
**[www.maitri.org](http://www.maitri.org)**  
**Free**

**Spanish Domestic Violence Victim Advocate Services**  
**Beginning Monday, Apr 20**  
**1 p.m. - 5 p.m.**  
**SAVE's Empowerment Center**

**1900 Mowry Ave, Suite 201, Fremont**  
**(510) 261-3398**  
**[www.save-dv.org](http://www.save-dv.org)**  
**[www.mujeresunidas.net](http://www.mujeresunidas.net)**  
**Free**

**Spanish Domestic Violence Support Group**  
**Beginning Tuesday, Apr 21**  
**10 a.m. – 1 p.m.**  
**SAVE's Empowerment Center**  
**1900 Mowry Ave, Suite 201, Fremont**  
**(510) 261-3398**  
**[www.save-dv.org](http://www.save-dv.org)**  
**[www.mujeresunidas.net](http://www.mujeresunidas.net)**  
**Free**

**Bangla Domestic Violence Support Group**  
**Beginning Friday, Apr 24**  
**(2nd & 4th Friday)**  
**1 p.m. - 2:30 p.m.**  
**SAVE's Empowerment Center**  
**1900 Mowry Ave, Suite 201, Fremont**  
**(888) 862-4874**  
**[www.save-dv.org](http://www.save-dv.org)**  
**[www.maitri.org](http://www.maitri.org)**  
**Free**

Additionally, Maitri advocates will launch a series of legal workshops beginning Tuesday, April 21 with a presentation on immigration issues for domestic violence survivors. The workshop will be presented in Hindi and Punjabi. Call (888) 862-4874 for more information. Childcare will not be available for the workshop series.

Help with transportation costs is available to individuals who participate in support group or individual advocate services. For more information about each these organizations, visit SAVE at [www.save-dv.org](http://www.save-dv.org), Maitri at [www.maitri.org](http://www.maitri.org), and MUA at [www.mujeresunidas.net](http://www.mujeresunidas.net).

## Early stage support group in Fremont

SUBMITTED BY ALZHEIMER'S  
SERVICES OF THE EAST BAY

Alzheimer's Services of the East Bay (ASEB) brings an Early Stage Support Peer Group to Fre-

mont. The Early Stage Group will meet for eight sessions, then take a two-week break and resume for another eight sessions. Each 8-week session will cover symptoms of memory loss, mem-

ory tools, communication tools, caregiver challenges and a variety of other topics that relate to living with Alzheimer's or other forms of memory loss.

Come ask questions, learn

about dementia, and make new friends. Early Stage Group begins on Monday, April 20. Sign up by calling ASEB at (510) 644-8292.

**Early Stage Support Group**  
**Begins Monday, Apr 20**

**1:30 p.m. – 3 p.m.**  
**Siena Building**  
**Mission San Jose, Fremont**  
**(510) 644-8292**  
**[www.aseb.org](http://www.aseb.org)**  
**\$120 for 8-week sessions**

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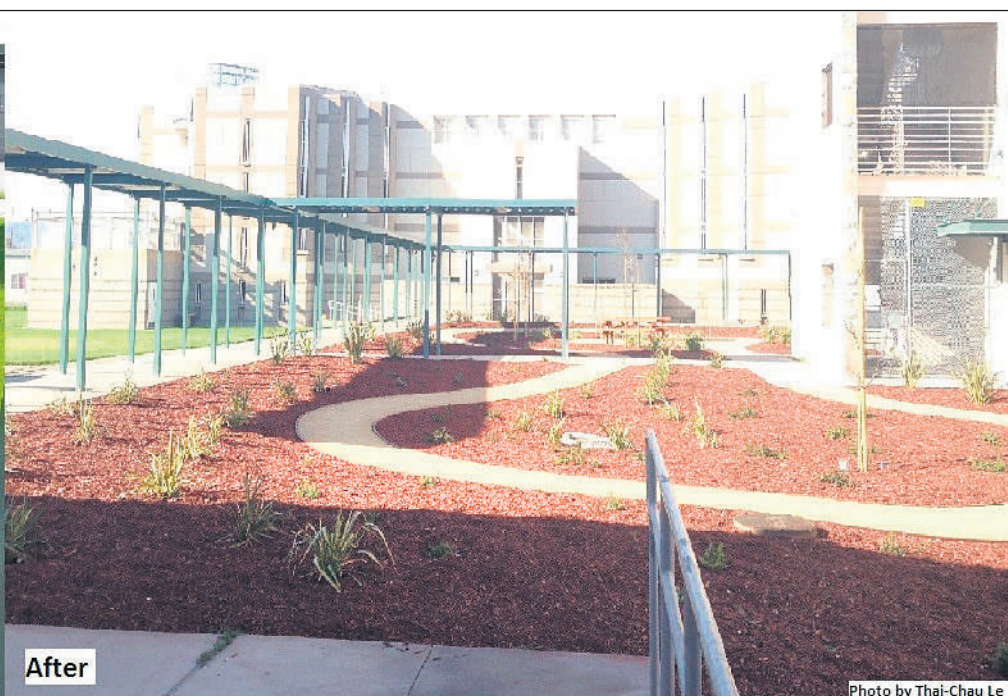
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## Award for Greenscape Management

Juvenile Hall - Landscape Conversion Project



SUBMITTED BY GWENDOLYN MITCHELL/MARINA HINESTROSA

The County of Santa Clara is being recognized by the Silicon Valley Water Conservation Awards Coalition for its leadership and innovative projects and policies to practice and promote

water conservation. The County received the Coalition's 2015 Award for Greenscape Management. This is the second award that the County has received from the Coalition. The County was recognized in 2013 in the Government Agency category for its innovative approach to quan-

tifiable water conservation. "We live in a semi-arid region dependent upon local surface water, groundwater, and imported water supplies," said President Dave Cortese, County of Santa Clara Board of Supervisors. "The current drought is a wakeup call for all of us and I am proud

that the County has actually been out ahead of this issue using water conservation strategies for a number of years." The Coalition cited three County initiatives supporting the presentation of this award: The creation of a sustainable landscape recreation area for youth at

Juvenile Hall; the Sustainability in Jails program at Elmwood Correctional Complex; and the County's commitment to a sustainable community reflected in its own practices and its public policy, programs and services.

## A promise to support our children

SUBMITTED BY TANYA HADZHIEVA  
PHOTO COURTESY OF CHERYL PACANAS

Leadership Fremont would like to invite everyone to make a promise to Boldly Me, a Fremont-based nonprofit organization working to help elementary, middle, and high school students transition through adolescence and avoid pitfalls teenagers face from peer pressure to bullying to self-victimization.

You can join this effort and send a message to do everything possible to help our children succeed. In addition, a donation of \$100 or more secures a ticket to "The Promise" event, an after-work reception on Tuesday, April 28 at Massimo's Restaurant, where you can meet and hear from Boldly Me's founder Alanna Powell, Fremont Unified School District Superintendent Jim Morris, Fremont Mayor Bill Harrison, and



Alanna Powell, founder of Boldly Me

children who have benefited from the program.

Leadership Fremont is a program of the Fremont Chamber of Commerce that offers professionals from for-profit, non-profit, and government organizations in Fremont an opportunity to develop leadership skills through classes, networking, and by working on a service project.

"We partnered with Boldly Me because we believe in its program and the lessons the organization and its leader, Alanna Powell, is teaching students in our community. Alanna and her team are encouraging students to embrace themselves fully and conquer their dreams fearlessly,"

stated Paul Rosynsky, Communications Specialist at Abode Services.

Our campaign is to raise money for Boldly Me to gain financial stability for years to come. The money raised will be used to hire a grant writer, who will help build a solid financial foundation for the organization. You may donate directly through [www.boldlyme.org](http://www.boldlyme.org) and notify us of your sponsorship interest at [fremontleadershipclass2015@gmail.com](mailto:fremontleadershipclass2015@gmail.com).

**The Promise Event**  
**Tuesday, Apr 28**  
**5:30 p.m. - 7 p.m.**  
**Massimo's Restaurant**  
**5200 Mowry Ave, Fremont**  
**[fremontleadershipclass2015@gmail.com](mailto:fremontleadershipclass2015@gmail.com)**  
**[www.facebook.com/LeadershipFremont](http://www.facebook.com/LeadershipFremont)**  
**[www.boldlyme.org](http://www.boldlyme.org)**  
**\$100 donation or more**

## BROADWAY WEST THEATRE COMPANY

Reservations: 510-683-9218  
[www.broadwaywest.org](http://www.broadwaywest.org)



March 20 - April 18  
8 pm Thursdays, Fridays and Saturdays  
12:15 pm Sundays, March 29, April 5  
(Continental Brunch followed by show at 1 pm)  
1 pm Sunday, April 8

A hilarious comedy about a married couple who are art dealers. Their domestic tranquility is shattered upon the arrival of the wife's good goody nerd of a sister, her uptight CPA husband and her archetypal Jewish Mother. They're all there to try and save the couple's college student daughter from the horrors of living only for sex. Comedy sparks begin to fly when the mother hits it off with an elderly minimalist artist who is the art dealer's best client.

Broadway West Theatre Company  
P.O. Box 14007, Fremont, CA 94539  
Theatre location - 4000-B Bay Street, Fremont

# Garden Tour and Wildlife Talks and Walks



SUBMITTED BY  
DON EDWARDS

SAN FRANCISCO BAY NATIONAL WILDLIFE REFUGE  
PHOTOS COURTESY OF  
CARMEN MINCH

Registration is now open for the free "Bringing Back the Natives Garden Tour" which will take place Sunday, May 3 at various locations throughout Alameda and Contra Costa counties. Participants on the 11th annual free, self-guided tour can choose from 30 showcase native plant gardens. They will have the opportunity to learn how to select and care for California native plants, lower their water bills, design a low-maintenance garden, attract butterflies, birds and bees, and garden without using pesticides.

More than 40 talks will be offered throughout the day at various locations. Although the event is free, registration is required. Registration will close on April 23 or when the tour is full, whichever comes first.

As a preview to the tour, the Don Edwards San Francisco Bay National Wildlife Refuge will have two talks on April 26 about how native plants can attract wildlife to your yard. The one-hour talks will include a short walk. We will meet at the Visitor Center in Fremont. Participants will receive a free packet of narrow leaf milkweed seeds while supplies last.

Visit the Bringing Back the Natives website at <http://bringingbackthenatives.net> to register for the May 3rd tour and to find a host of resources in native plant gardening.

## Planting for Wildlife Talks and Walks

Sunday, Apr 26  
11 a.m. & 1 p.m.

Don Edwards San Francisco Bay National Wildlife Refuge Visitor Center  
2 Marshlands Rd, Fremont  
(510) 792-0222

[www.fws.gov/refuge/don\\_edwards\\_san\\_francisco\\_bay/](http://www.fws.gov/refuge/don_edwards_san_francisco_bay/)  
Free; no registration required

Bringing Back the Natives Garden Tour  
Sunday, May 3  
10 a.m. - 5 p.m.

Various Alameda & Contra Costa county gardens  
(510) 236-9558

<http://bringingbackthenatives.net>  
Free; registration required



hope station  
Your Community Thrift Store

**Store & Donation Hours**  
Mon - Sat: 9am - 7pm  
Sunday: 10am - 7pm

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Take Additional  
10%-Off on \$5 or more  
of purchases with this ad.  
Expires on 4/30/2015. Limit 1 coupon per customer per purchase. Discount up to \$100. Excluding HOPE clients' bikes.

| Mon                                                                                                                                 | Tue & Fri                                                                                                                           | Wed & Sat                                                                                                                                                                                        | Thu                                                                                                                                                               | Sun                                               |
|-------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|
| <p><u>Home's Day</u><br/><b>30% - Off *</b></p>                                                                                     | <p><u>Senior's Day</u><br/><b>30% - Off *</b></p>                                                                                   | <p><u>Clothing's Day</u><br/><b>50% - Off *</b></p>                                                                                                                                              | <p><u>Antique's Day</u><br/><b>30% - Off *</b></p>                                                                                                                | <p><u>Everyone's Day</u><br/><b>30% Off *</b></p> |
| <p>furniture, books<br/>toys, electronics<br/>eye/sunglasses<br/>art pictures<br/>frames, lamps<br/>electrical small appliances</p> | <p><b>Everything</b><br/>for all customers<br/>age 55 &amp; above<br/><br/><small>(please show id to receive discount.)</small></p> | <p>Color -Tags: clothing<br/>purses, shoes, hats<br/>scarves, belts, socks<br/>luggage, and linens<br/><br/><b>30%-Off</b><br/>all White-tag<br/>clothing &amp; purses,<br/>jewelry and toys</p> | <p>all jewelry<br/>collectibles, books<br/>electronics eye/<br/>sunglasses<br/>art pictures<br/>frames, electrical<br/>furniture, cd/dvd<br/>&amp; housewares</p> | <p><b>Every thing</b></p>                         |

\*Offers subject to change without notices. 37482 Fremont Blvd., Fremont, CA. 94536; 510-795-6100. [www.hopeservices.org](http://www.hopeservices.org) Rev.03272015

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Across from Ohlone College at the intersection of Mission & Pine St.

# OHLONE

College

## SPRING Career Expo

FRI, May 1, 2015 / 11:00am - 2:00pm

**TRI-CITIES ONE-STOP CAREER CENTER**  
Ohlone College Newark Center, 39399 Cherry Street, Newark

Employers will be recruiting  
for all levels and job titles

- Biotech
- Healthcare
- Information Technology
- Manufacturing

- Media
- Retail
- Staffing Agencies
- Logistics
- Security and more...

MEET your next employer  
EXPLORE career options  
LEARN about opportunities  
NETWORK with key contacts

**FREE** AND OPEN TO THE PUBLIC  
\$2 Parking Fee

PREVIOUS CAREER FAIR

TO RSVP & FOR A LIST OF EMPLOYERS VISIT

[tricitieonestop.com](http://tricitieonestop.com)

Equal opportunity program/employer. Auxiliary aids and services available upon request to individuals with disabilities. Funding for this program/activity has been provided in part by the Alameda County Workforce Investment Board.