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Michael Morgan brings together west and east  
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# TRI-CITY VOICE

SERVING FREMONT, HAYWARD, MILPITAS, NEWARK, SUNOL AND UNION CITY

“Accurate, Fair & Honest”

The newspaper for the new millennium

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www.tricityvoice.com

March 31, 2015

Vol. 14 No. 13

## Get to know Rotary

SUBMITTED BY  
LAURENCE HANSEN

Meet the Rotary clubs of Fremont, Newark, and Union City at their first “Community Day in the Park,” an event designed to give all citizens an opportunity to learn more about Rotary.

Talk with business and community Rotarians, including city managers, police and fire commanders, school board trustees, city council members, Chamber of Commerce board members, and local community associations. Rotary will provide informational fliers, balloons for kids, and light refreshments.

Rotary is the familiar name that refers to Rotary International, local Rotary clubs, Ro-

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## MUSIC AT THE MISSION Student CHAMBERFEST 2015

ChamberFest Week: June 13 - 20, 2015

### Cultivating the young artist

SUBMITTED BY VICKILYN HUSSEY  
PHOTOS COURTESY OF MUSIC AT THE MISSION

For many students, music isn't only a tool for leading a richer life, making friends or better grades; it is one of the central pillars of their lives. And the question isn't, "Do you want to play an instrument?" It's, "How can we maximize your music experience in every way possible?"

Dr. Katherine Lee offers an answer. Lee is director of Music at the Mission's Student ChamberFest in Fremont and holds a Doctor of Musical Arts degree from the University of Texas at Austin, with a Bachelor of Music in Piano Performance from the University of Southern California. "For students who are

taking music lessons, everyone knows that these lessons require a great amount of dedicated practice and preparation, sometimes an hour or two (or even more) with only you and your instrument," said Lee. "Wouldn't it be fun to be able to play music in a group with your peers?"

"For solo performers (particularly pianists), one of the greatest challenges is how to train the ear to distinguish between voices, as well as between melodies and harmonies: chamber music is an excellent way to help develop one's listening abilities in a cooperative, fun, and rewarding musical experience as they expand beyond solo performing."

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Music at the Mission executive director Aileen Chanco works with students.



## What kind of bug is that? It's the jitterbug!

BY LINDA-ROBIN CRAIG  
PHOTOS BY EUGENIA LOLI

Remember the story about the kid whose cradle was a vaudeville trunk; who grew up in the entertainment biz with parents who sang and danced? That story comes very close to describing Mike Quebec's life. His father was a professional singer in the Bay Area who used to perform for the local portion of the Jerry Lewis Labor Day Telethon. For Quebec, performing was "normal."

"When choosing my career path I wanted to express my love of '50s music, but I focused on dance, rather than singing or forming a band, because I had seen how difficult it could be to succeed in the music industry; little did I realize that dance had its own challenges," says Quebec.

Following his ambition while working in local community theater, acting, writing stage plays, and directing, he became very interested in martial arts and has been teaching that discipline for a number of years. "I found that teaching both martial arts and dance have a lot of similarities," says Quebec. His vigorous style of dance reflects his expertise in both areas.

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# Do Not Procrastinate and No Place For Denial To Lessen Stroke Damage

**D**o you know what to do when you or someone you know may be suffering a stroke?

First, you need to know the signs of a possible stroke. The best way to detect a stroke is to “Think FAST,” according to Dr. Ash Jain, cardiologist and medical director of the Washington Hospital Stroke Program.

**Look for the following signs:**

**Facial weakness** — sometimes an asymmetrical smile or droop.

**Arm weakness** — one arm is weak and drifts down when the person is asked to hold his/her arms out.

**Speech impairment** — is the person able to speak? If so, are the words slurred or unclear?

**Time** — it is an emergency. Call 911 immediately.

If you suspect a stroke, call 911 immediately. Treatment must begin within a short few hours from the onset of the stroke, Dr. Jain said. Brain damage occurs quickly: a person suffering a large stroke loses two million brain cells every minute, according to the American Stroke Association.

For stroke victims, the cutting-edge care at a certified Primary Stroke Center like

that at Washington Hospital is critical to mitigating the damage from a stroke.

“Our primary goal is to treat stroke as quickly as possible once a patient reaches our Emergency Room, because time is everything when it comes to effective management of a stroke,” Dr. Jain said. “Even small delays can have heavy costs, and research has shown that outcomes are better when people can properly identify signs of stroke and seek help immediately.”

As soon as a potential stroke victim enters the emergency room, he/she is assessed and, if a Ischemic stroke (one caused by a blood clot) seems likely, the patient is given tPA, a clot busting drug that improves the flow of blood to the damaged area of the brain. If administered within 90 minutes, tPA can lessen the impact of the stroke. Ischemic strokes account for 87 percent of all stroke cases, Dr. Jain explained.

“We continually work to improve our initial stroke treatment time,” Dr. Jain said. The national standard is to administer tPA 50 percent of the time within the first 60 minutes of a stroke. Washington Hospital’s stroke team significantly exceeds those national standards, administering tPA within 45 minutes of a stroke occurrence 50 percent of the time, and within



To remember the signs of a possible stroke, think FAST. Look for Facial weakness, Arm weakness, Speech impairment and remember that Time is critical... call 9-1-1 immediately.

60 minutes of a stroke occurrence 90 percent of the time.

Dr. Jain added: "With the advances occurring in management of stroke, there is no excuse for us to not work together and prevent strokes and if they occur we treat them with latest knowledge and get better outcomes and subsequently prevent recurrences. Attending these lectures will give you a perspective of all phases of management of strokes."

On Tuesday, April 7, Dr. Jain and Stroke Nurse Luanne Sadueste, RN, will discuss "Acute Management of Stroke" and "Chronic Care and Stroke Rehab" from 6 to 8 p.m. in Anderson Auditorium B at Washington West, 2500 Mowry Avenue, in Fremont.

The free presentation is open to the public and is part of a continuing series of discussions about strokes offered by Washington Hospital. To register, call (800) 963-7070 or visit [www.whhs.com](http://www.whhs.com).

Held on the first Tuesday of each month, future meetings will cover the following topics: Risk Factors for Stroke, Stroke Prevention and Other Disease Processes, Healthy Lifestyles, Life After Stroke, and the Future in Diagnosis and Management.

Rehabilitation following a stroke and chronic care also will be discussed at the April 7 meeting.

According to the American Heart Association, an estimated 6.8 million Americans over the age of 20 have had a stroke of some kind and most survivors have had to overcome some level of stroke-induced disability, Sadueste said.

After experiencing a stroke, participation in an ongoing rehabilitation program under the direction of specialized therapists offers stroke victims some measure of improvement.

"If one survives a stroke, with appropriate rehabilitation therapy, the stroke victim almost always gets at least somewhat better," Sadueste explained. While nearly every stroke patient can measure some improvement, stroke recovery is quite complicated because of the stroke's impact on the whole patient.

Rehabilitation is the key to stroke recovery, Sadueste emphasized. Stroke patients and their caregivers must take advantage of rehabilitation experts who include physical, occupational and speech therapists. Equally important is the will of the stroke survivor to get better, she added.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at [www.inhealth.tv](http://www.inhealth.tv)



**The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, [www.whhs.com](http://www.whhs.com)**

|                      | TUESDAY                                                               | WEDNESDAY                                                             | THURSDAY                                                                   | FRIDAY                                                                     | SATURDAY                                                                   | SUNDAY                                                    | MONDAY                                                                     |
|----------------------|-----------------------------------------------------------------------|-----------------------------------------------------------------------|----------------------------------------------------------------------------|----------------------------------------------------------------------------|----------------------------------------------------------------------------|-----------------------------------------------------------|----------------------------------------------------------------------------|
|                      | 03/31/15                                                              | 04/01/15                                                              | 04/02/15                                                                   | 04/03/15                                                                   | 04/04/15                                                                   | 04/05/15                                                  | 04/06/15                                                                   |
| 12:00 PM<br>12:00 AM | Snack Attack                                                          | Your Concerns InHealth: Senior Scam Prevention                        | Severe Sepsis: Don't Let an Infection Take Over Your Body                  | Inside Washington Hospi- tal: Stroke Response Team                         | The Weigh to Success                                                       | Diabetes Matters: Protecting Your Heart                   | What Are Your Vital Signs Telling You?                                     |
| 12:30 PM<br>12:30 AM | Your Concerns InHealth: Senior Scam Prevention                        |                                                                       | Surgical Treatment of Obstructive Sleep Apnea                              | Varicose Veins and Chronic Venous Disease                                  | Keeping Your Heart on the Right Beat                                       |                                                           | Your Concerns InHealth: Senior Scam Prevention                             |
| 1:00 PM<br>1:00 AM   |                                                                       | Shingles                                                              | Keeping Your Heart on the Right Beat                                       |                                                                            | Your Concerns InHealth: Senior Scam Prevention                             | Your Concerns InHealth: Senior Scam Prevention            |                                                                            |
| 1:30 PM<br>1:30 AM   | The Weigh to Success                                                  |                                                                       | Snack Attack                                                               | Washington Township Health Care District Board Meeting March 11, 2015      |                                                                            |                                                           | Do You Suffer From Anxiety or Depression?                                  |
| 2:00 PM<br>2:00 AM   |                                                                       | Knee Pain & Replacement                                               | Cataracts and Diabetic Eye Conditions                                      |                                                                            | Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate | Severe Sepsis: Don't Let an Infection Take Over Your Body |                                                                            |
| 2:30 PM<br>2:30 AM   | Inside Washington Hospi- tal: Stroke Response Team                    |                                                                       | Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate | Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate |                                                                            |                                                           | Surgical Treatment of Obstructive Sleep Apnea                              |
| 3:00 PM<br>3:00 AM   |                                                                       | Voices InHealth: Healthy Pregnancy                                    | Keeping Your Heart on the Right Beat                                       |                                                                            | Washington Women's Center: Cholesterol and Women                           | Voices InHealth: Healthy Pregnancy                        |                                                                            |
| 3:30 PM<br>3:30 AM   | Heart Irregularities                                                  |                                                                       | Washington Women's Center: Cancer Genetic Counseling                       | Knee Pain & Replacement                                                    |                                                                            |                                                           | Washington Women's Center: Cholesterol and Women                           |
| 4:00 PM<br>4:00 AM   |                                                                       | What Are Your Vital Signs Telling You?                                |                                                                            |                                                                            | What You Should Know About Carbs and Food Labels                           | Diabetes Matters: Protect- ing Your Heart                 |                                                                            |
| 4:30 PM<br>4:30 AM   | Sidelined by Back Pain? Get Back in the Game                          |                                                                       | Learn If You Are at Risk for Liver Disease                                 | Voices InHealth: The Legacy Strength Training System                       |                                                                            |                                                           | Learn If You Are at Risk for Liver Disease                                 |
| 5:00 PM<br>5:00 AM   |                                                                       | Washington Township Health Care District Board Meeting March 11, 2015 |                                                                            |                                                                            | Voices InHealth: The Legacy Strength Training System                       | Sidelined by Back Pain? Get Back in the Game              |                                                                            |
| 5:30 PM<br>5:30 AM   | Inside Washington Hospi- tal: The Green Team                          |                                                                       | Voices InHealth: The Legacy Strength Training System                       | Snack Attack                                                               |                                                                            |                                                           | Washington Women's Center: Cancer Genetic Counseling                       |
| 6:00 PM<br>6:00 AM   |                                                                       | GERD & Your Risk of Esophageal Cancer                                 |                                                                            |                                                                            | Skin Cancer                                                                | GERD & Your Risk of Esophageal Cancer                     |                                                                            |
| 6:30 PM<br>6:30 AM   | Living with Heart Failure                                             |                                                                       | Do You Suffer From Anxiety or Depression?                                  | Voices InHealth: Medicine Safety for Children                              |                                                                            |                                                           | What You Should Know About Carbs and Food Labels                           |
| 7:00 PM<br>7:00 AM   |                                                                       | Washington Township Health Care District Board Meeting March 11, 2015 |                                                                            |                                                                            | Varicose Veins and Chronic Venous Disease                                  | Voices InHealth: The Legacy Strength Training System      |                                                                            |
| 7:30 PM<br>7:30 AM   | GERD & Your Risk of Esophageal Cancer                                 |                                                                       | Skin Cancer                                                                | GERD & Your Risk of Esophageal Cancer                                      |                                                                            |                                                           | Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate |
| 8:00 PM<br>8:00 AM   |                                                                       | Living with Heart Failure                                             |                                                                            |                                                                            | Do You Suffer From Anxiety or Depression?                                  | Voices InHealth: Medicine Safety for Children             |                                                                            |
| 8:30 PM<br>8:30 AM   | Washington Township Health Care District Board Meeting March 11, 2015 |                                                                       | Varicose Veins and Chronic Venous Disease                                  | Voices InHealth: The Legacy Strength Training System                       |                                                                            |                                                           | Snack Attack                                                               |
| 9:00 PM<br>9:00 AM   |                                                                       | GERD & Your Risk of Esophageal Cancer                                 |                                                                            |                                                                            | Skin Cancer                                                                | GERD & Your Risk of Esophageal Cancer                     |                                                                            |
| 9:30 PM<br>9:30 AM   | Living with Heart Failure                                             |                                                                       | Do You Suffer From Anxiety or Depression?                                  | Voices InHealth: Medicine Safety for Children                              |                                                                            |                                                           | What You Should Know About Carbs and Food Labels                           |
| 10:00 PM<br>10:00 AM |                                                                       | Washington Township Health Care District Board Meeting March 11, 2015 |                                                                            |                                                                            | Varicose Veins and Chronic Venous Disease                                  | Voices InHealth: The Legacy Strength Training System      |                                                                            |
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|                      | Washington Township Health Care District Board Meeting March 11, 2015 |                                                                       | Varicose Veins and Chronic Venous Disease                                  | Voices InHealth: The Legacy Strength Training System                       |                                                                            |                                                           | Snack Attack                                                               |
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|                      | Living with Heart Failure                                             |                                                                       | Do You Suffer From Anxiety or Depression?                                  | Voices InHealth: Medicine Safety for Children                              |                                                                            |                                                           | What You Should Know About Carbs and Food Labels                           |
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# Washington Hospital Sports Medicine Doctor Does His Part for ‘March Madness’

This time of year, Dr. Russell Nord is one of the many fans caught up in the “March Madness” of college basketball tournaments. He also is one of two doctors who served as conference physicians for the West Coast Conference (WCC) Basketball Tournament at the Orleans Arena in Las Vegas, covering games for both the men’s and women’s teams. The 2015 WCC Tournament marked Dr. Nord’s fourth year of serving in that capacity.

“I was honored to be chosen for this role of tournament physician, and I am looking forward to returning next year for my fifth WCC Tournament,” says Dr. Nord, an orthopedic surgeon and sports medicine specialist who serves as medical director of the Washington Hospital Sports Medicine Program.

“As a tournament physician, my job is to treat anyone who gets hurt and help decide who can go back to the game,” he explains. “Several teams already have team doctors, some of whom are also orthopedic surgeons, but if a given team doesn’t have a team doctor, I would assist the team’s athletic trainer when a player needed help. I also would help out if a team’s physician wasn’t an orthopedic surgeon and needed my perspective and assistance.”

Being a tournament physician is not all that different from being a team physician, according to Dr. Nord. Having worked with several local high school football teams for several years, covering their home football games, he is very familiar with the responsibilities of a team physician.

“The biggest difference in working as a team physician is that I get to watch kids throughout their high school athletic careers,” he notes. “I have seen players suffer season-ending injuries and then come back the next year. It’s rewarding to see athletes bounce



Dr. Russell Nord, center, at the West Coast Conference Basketball Tournament in Las Vegas, Nevada.

back and succeed. I watch them grow, not only as players, but also as people. They go through valuable life experiences – dealing with failure and success and other lessons that help them mature into young adults.”

During the WCC tournament, Dr. Nord sometimes covered up to four games a day, treating a variety of injuries and other conditions, while providing logistic support as well.

“In basketball, there are usually fewer injuries than in football, but injuries can happen in any sport,” he says. “In addition to injured athletes, I also have treated cheerleaders, team mascots, referees and members of the tournament staff. The job isn’t always about orthopedic care.”

As an avid sports fan (who still plays soccer on Sundays) and a sports medicine physician, Dr. Nord considers having the opportunity to work at the WCC Tournaments a “double-win.”

“At a tournament game, it’s an electric environment,” he says.

“The fans are going nuts, full of team spirit and enthusiasm. Plus this is such a big deal for these athletes, to get far enough to advance to the ‘Big Dance.’ They’re playing for their dreams. Working at the WCC Tournament takes attention and time, but it is fascinating and fun. Of course, you have to ‘curb your enthusiasm’ while working during a game because your first obligation is as a medical professional.”

Dr. Nord reports that he thankfully hasn’t seen any catastrophic injuries, such as spine or head injuries, during his past four years as a WCC Tournament physician. “Like in so many fields, in sports medicine, we prepare for the worst, but hope for the best.

“After working with the WCC for four years, I’m starting to feel like part of the WCC family,” he adds. “I’ve been able to get to know people in the conference. As a human being, it’s nice to feel that you belong to something and to make a contribution to the players’ and fans’ safety and well-

being – which is what I strive to do with all my patients. One of the best things about sports is that everyone wants the players to be safe. We’re all on the same team when it comes to that.”

### Learn More

For more information about the Washington Sports Medicine Program at Washington Hospital in Fremont, visit [www.whhs.com/services/sports](http://www.whhs.com/services/sports).

The West Coast Conference of the National Collegiate Athletic Association (NCAA) includes a number of local Bay Area college teams, including the University of San Francisco, Saint Mary’s College in Moraga, and Santa Clara University. Other schools in the WCC include basketball powerhouse Gonzaga University in Spokane, Washington; Brigham Young University (BYU) in Provo, Utah; Loyola Marymount University in Los Angeles, California; University of the Pacific in Stockton, California; Pepperdine University in Malibu, California; University of Portland

in Oregon; and University of San Diego in Southern California.

The WCC Men’s Tournament helped determine which teams – Gonzaga and BYU – would represent the WCC in the NCAA Men’s Basketball Tournament, often called “The Big Dance.” In addition, St. Mary’s College in Moraga earned its second straight berth in the National Invitation Tournament (NIT). Pepperdine University competed in the College Basketball Invitational (CBI), while Portland University played in the CollegeInsiders.com Postseason Tournament (CIT).

In the WCC Women’s Tournament, BYU defeated San Francisco University for the conference championship and a berth in the NCAA Women’s Basketball Tournament. Gonzaga University’s women also advanced to the NCAA Tournament. A record four WCC teams captured berths in the Women’s NIT – University of the Pacific, St. Mary’s, University of San Diego and University of San Francisco

## Ask the Doctor

*This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at: [askthedoctor@whhs.com](mailto:askthedoctor@whhs.com)*

### Stopping Antibiotics Early and Taking Antibiotics Before Seeing Your Doctor

Dear Doctor,

**I am always telling my brother not to stop his antibiotics until he has finished the entire prescription. He states that this is no longer the case. Who is right?**

Dear Reader,

It is very important to take all of the antibiotics prescribed. Stopping them early will likely cause you to be sick again. Partial eradication of bacteria will lead to the growth of more bacteria that will be resistant to the antibiotics that you were taking before. The formation of these “superbugs” is becoming an increasing problem in hospitals and can lead significant health problems.

Dear Doctor,

**Is it ok to start taking an antibiotic before you go to see the doctor?**

Dear Reader,

Unless you are dealing with a chronic problem that the doctor has taught you how to detect and treat, it is very important to see your doctor before you self-medicate. A thorough exam by a doctor to identify the potential source of the infection is important and obtaining a culture of the potentially affected area

#### Mary S. Maish, M.D.



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master’s degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.

## Knee Replacement Patient Walks Same Day as Surgery

Debora Waxer’s history of knee injury and pain dates back to her college days when she played on the varsity basketball team at Massachusetts Institute of Technology (MIT).

“In one final game, a girl on the opposing team ran into me on the court, causing me to fall and damage the cartilage in my right knee as well as the anterior cruciate ligament (ACL),” she recalls. “I had to have surgery, and back in those days, they simply took out the entire cartilage.”

Now in her mid-50s, Ms. Waxer coped with pain in her knee over the years, trying everything she could to forestall additional surgery. In the past 10 years, however, the pain got progressively worse.

“I tried exercises and a couple of steroid injections,” she says. “I saw several doctors, who said I would probably need to have the knee replaced at some point. Then in January 2012, I fell again. I wasn’t even doing anything fun – I was just carrying something out to the car at night, and I missed the curb. This time I completely severed the ACL that had been damaged in my previous fall.”

At the time of her second knee injury, Ms. Waxer was living near Reno, Nevada. A doctor there recommended total knee replacement.

“I opted to try a knee brace, extending from my thigh to the calf, to see if I could do without knee replacement surgery for a while longer,” she explains. “Without the ACL, I had no stability in the knee, and it still hurt so much, but the brace did help line up the knee better.”

Ms. Waxer continued to postpone getting her knee replaced because of



Debora Waxer appreciates her new knee as she walks along a beautiful beach near Monterey. Her recovery after knee replacement surgery was improved by getting her to walk on the new knee hours after the surgery. Debora was discharged from the Hospital the day after the knee replacement surgery.

her demanding job commitments as an environmental and safety engineer for the U.S. Navy, working as a civilian. In November 2013, she returned to working in the Monterey, California area full-time. (She also works on a referral basis as a real estate broker.) Finally, in the spring of 2014, she decided to meet with orthopedic surgeon Alexander Sah, MD at the Washington Hospital In-

stitute for Joint Restoration and Research (IJRR), where he and John Dearborn, MD serve as co-medical directors.

“I had heard many times over the years about Dr. Sah and Dr. Dearborn, and they came highly recommended by other doctors and a physical therapist,” she notes. “Dr. Sah agreed that the knee replacement

continued on page 5

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MUSIC AT THE MISSION *Student*  
**CHAMBERFEST 2015**  
ChamberFest Week: June 13 - 20, 2015



“For those who are in a large ensemble such as orchestra, chamber music is a much smaller version of the orchestral experience – this allows students to work one-on-one with only two or three others, creating an increased opportunity for leadership and cooperation with one another.”

At Music at the Mission ChamberFest, students will make music with one another in small, organized chamber ensembles of two or more instruments in groups such as string quartets, piano trios, string trios, and piano duos/duets.

Over the course of a week, groups practice together daily, have instruction from a faculty of esteemed musicians, and perform for one another in a classroom setting where groups will comment on one another’s playing.

Two faculty members will focus on improvisation and extra string techniques, which according to Music at the Mission executive director Aileen Chanco, is unusual in the case of a traditional student chamber music festival. “Both Emily Onderdonk and Steve Huber are highly trained classical musicians who successfully cross genres as performers, arrangers and composers. Steve is a member of the popular Los Angeles-based touring band The Pirates Charles, and Emily was a founding mem-

ber of Quartet San Francisco.” In addition to Onderdonk (viola) and Huber (violin), the faculty includes Thomas Yee (violin), and Lee (piano).

“From this week-long chamber music festival, students will learn new techniques on their instruments, and also learn to communicate with one another in a rewarding way that will improve their ensemble playing, as well as their solo playing,” promised Lee. The week will culminate in a free public concert on June 20 at Old Mission San Jose for students to share their chamber music with the community.

Music at the Mission has extended the ChamberFest application deadline from April 1 to April 15. Auditions for ages 10-19 will be April 25-26. The Music at the Mission ChamberFest Week runs June 13 through 20. For more information, visit <http://www.musicatmsj.org> or e-mail [klpianist@gmail.com](mailto:klpianist@gmail.com).



Pianist Dr. Katherine Lee will serve as a faculty member at ChamberFest

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SCHEDULE OF SERVICES:

Tues. Apr. 7<sup>th</sup> - 7am Pre-sanctified Liturgy  
7pm Bridegroom Matins

Wed. Apr. 8<sup>th</sup> - 9am Pre-sanctified Liturgy with Final  
Reading of the Prayer of St. Ephraim  
7pm Matins for Holy Thursday & Holy Unction

Thurs. Apr. 9<sup>th</sup> - 7am Vespers & Divine Liturgy-  
Institution of the Lord's Supper  
7pm Matins for Holy Friday w/ Passion Gospels

Holy Friday April 10<sup>th</sup> 9am-Royal Hours, 3pm-Vespers  
Before the Cross 7pm- Matins w/Lamentations to the  
Theotokos & Procession of the Winding Sheet

Holy Saturday April 11<sup>th</sup> - 9am-Saturday Vespers & Divine  
Liturgy 15 Old Testament Readings  
11:30pm- PASCHAL VIGIL

PASCHA Sunday April 12<sup>th</sup> Midnight- PASCHAL SERVICES  
(directly after Vigil) Blessing of the Baskets and Agape Meal  
Christ is Risen! Indeed, He is Risen!  
1:30pm-Paschal Vespers with Procession

Bright Monday April 13<sup>th</sup> 9:30am-Paschal Divine Liturgy  
With Procession

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## Knee Replacement Patient Walks Same Day as Surgery

needed to be done. Partial knee replacement or just surgery to repair the ACL weren't considered viable options. I still had to wait for the surgery, though. I knew that I would need to take a fair amount of time off work to recover from total knee replacement. We were very short-staffed at work, and no one could fill in for me. We scheduled the surgery for December 2, 2014, so that I would be able to take time off around the holidays."

One of the most experienced joint replacement surgeons in the Bay Area, Dr. Sah chose a newer, "personalized" knee implant for Ms. Waxer.

"Because she is a younger patient, I used an implant that offers more sizing options to better match individual patient anatomy," he says. "It is also partly fixed by bone ingrowth, which can possibly increase the longevity of the knee replacement. I also used newer plastic liners that contain vitamin E as an antioxidant, to again possibly improve durability. In addition, I used aspirin instead of stronger blood thinners to prevent blood clots, while reducing the risk of postoperative bleeding and swelling in the knee."

Dr. Sah had another innovative idea for improving Ms. Waxer's surgery recovery and getting her back to work sooner — getting her to walk on the new knee within hours after surgery and possibly allowing her to go home the day after surgery. Prior to December 2014, knee replacement patients at the IJRR had not walked until the day after surgery, and most required a two- to three-day hospital stay.

"I've worked with many colleagues who are among the leaders in joint replacement surgery, going to meetings and conferences where we share our experiences and ideas, and I assimilate their best ideas into caring for my patients," he explains. "Getting certain patients to walk the same day as surgery helps speed their recovery and provides equal — if not better — knee range of motion."

Prior to starting the new protocol for having select knee replacement patients walk the same day as surgery, members of the IJRR physical therapy (PT) team had some concerns.

"We had always gotten knee replacement patients up the next day," says PT Clinical Coordinator Alisa Curry, PT, DPT, GTC (physical therapist, doctorate of physical therapy, geriatric training certified). "Our standard practice was to 'wean' patients off their epidural anesthesia gradually. Dr. Sah's new protocol called for taking patients off the epidural right after surgery and using an injectable, long-lasting local pain medication instead. So one concern was whether pain management would be as good with the new protocol. Another concern was whether post-operative swelling would be worse because of the increased early physical activity. The keys to great results after total knee replacement are pain management and control of swelling, and I didn't want to sacrifice either of those."

After the first three patients she had walking the same day after knee replacement surgery, Dr. Curry's concerns were put to rest.

"I realized this new protocol would be a game-changer," she says. "I'm a member of the American Physical Therapy Association working on guidelines for total knee practice, and I knew that other facilities were getting patients up the same day. But those patients' legs were still numb from femoral nerve blocks. I think Dr. Sah's protocol for using the injectable pain medication after surgery is

better because the patients can feel their legs. So they have better motor control, and we can safely mobilize them faster."

The pre-operative education for all knee replacement patients at the IJRR was modified prior to Ms. Waxer's surgery to let people know that they might be candidates for getting up to walk the same day as surgery.

"Now, with the patient education that we wrap around this change in protocol, I am definitely an advocate," Dr. Curry admits. "Approximately 70 percent of Dr. Sah's knee replacement patients are able to get up and walk the same day as surgery, and they can go home the next day. The patients are pleased to know they have the chance to continue their recovery at home — in their own bed, with their own food, and with no restrictions on people visiting — as opposed to staying in a facility. The patient education is an important component, letting them know what will take place and making them part of the recovery team with an important role to play in their own recovery process. They understand that while their knee is not healed, they are more functional and can participate better in their rehabilitation. They are managed very well from a pain standpoint to make this procedure very tolerable."

Dr. Curry emphasizes that while every patient is not a candidate for next-day discharge, the patients' ages don't really matter as much as their condition and mobility prior to surgery. Other medical conditions might affect their recovery time, too. Range of motion at hospital discharge is a very important factor. Patients need to have at least between 90 and 110 degrees range of motion to be considered for going home the next day.

"Each patient is different, and we need to do a thorough evaluation of what is best for them," she says. "Our team doesn't just get people up walking and send them out the door. We have a long record of having patients leave with great range of motion — our average is 96 degrees at discharge, which is high compared to other facilities. We are creating a 'better patient' by having them be more functional and mobile at discharge, which helps in their recovery over the long run."

In Ms. Waxer's case, she was stable and steady on her feet, walking a short distance the evening of her surgery, according to Dr. Curry, who walked the patient the evening after her surgery.

"Ms. Waxer had 118-degree range of motion the day after surgery — well above where she needed to be in order to be safe and heal well at home," says Dr. Curry. "She had climbed 10 stairs and walked 200 feet in the hallway easily with a walker. She walked out of the hospital that day with just a cane."

From Ms. Waxer's point of view, the experience was nothing short of "amazing."

"I had my surgery around 9 a.m., and was back in my room by early afternoon," she relates. "The pain control was really phenomenal. The physician's assistant involved in my surgery and recovery, Abigail Goetz, and the nurses were all excellent. My husband Michael actually said, 'Wow! Hospitals can be a positive experience, not torture!'"

"I was happy, but not too surprised, to be able to walk the same day," she adds. "Dr. Sah and the staff had let me know ahead of time that walking the same day was a possibility. By the next day, my range of motion was equal to what is usually achieved after six to eight weeks. I also knew that the typical hospital stay for knee

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replacement was two days or longer, but I was really happy to go home after just one day. I felt ready to go."

The IJRR arranged for Ms. Waxer to have a home health care nurse visit a couple of times a week for three weeks. She also received physical therapy at home, two to three times a week, through December.

"The transition of care from hospital to home was very well-coordinated," she says. "Dr. Sah even called me at home once a day for several days to check on me. I never had a doctor do that before. I was really impressed. My husband and I are both MIT graduates, and we asked a lot of questions. Dr. Sah was very patient and thorough in answering."

Ms. Waxer started outpatient physical therapy at a clinic and returned to work at her office in January. Three months later, she reports that her recovery is going well, with additional physical therapy to continue gaining more strength in her right leg and improving her posture.

"I was really limping before the surgery — my body had been out of alignment for more than 20 years — and I am so much better than I was," she says. "Sometimes I think I shouldn't have waited so long, because the outcome is so great! It was definitely a better option to wait and to travel from the coast to Fremont so I could have Dr. Sah for my surgeon. I was very impressed with the educational efforts and the amazing care from all members of the team. I also thought Dr. Sah's protocol for walking the day of surgery was excellent — it worked really well for me. I am absolutely thrilled with the results, and I highly recommend Dr. Sah and the whole team at Washington Hospital."

### Learn More

For more information about Washington Hospital's Institute for Joint Restoration and Research, visit [www.whhs.com/joint-restoration/](http://www.whhs.com/joint-restoration/).

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continued from page 1

# Get to know Rotary

tract (the service organization of college students and young professionals), and Interact clubs at local high schools. Rotary includes local business, professional and civic leaders, and citizens of all kinds who want to actively participate in their community. Meetings are held regularly to get to know each other, form friendships, and through that, get things done in the community. Collectively, local Rotary, Rotaract, and Interact clubs raise nearly \$200,000 each year through fun community events like the annual Chili Cook-off, crab feed, festive dinner parties, auctions and more. The money raised is given to local charitable organizations as well as selected national and international organizations and projects. Rotary has supported local organizations including Drivers for Survivors, Fremont Symphony Orchestra, League of Volunteers (LOV) Newark, LifeElder Care, Safe Alternatives to Violent Environments (SAVE), Stage 1 Theatre, Trees of Angels, Tri-City Volunteers, Viola Blythe Community Services Center and many others. College scholarships for local students have also been awarded.

Rotarians participate in hands-on projects such as cleaning, painting, and upgrading playgrounds and school yards, local parks and homes of disabled senior citizens. We have provided meals for the homeless and for women and children at SAVE among other direct service projects. Rotary clubs participate in school projects such as reading to elementary school students on Dr. Seuss Day and host an annual speech contest through which high school students develop public speaking skills.

At the international level, Rotary is responsible for the world-wide effort that is very close to eliminating polio. We provide wheel chairs to people in need throughout the world, are working to provide clean water in Africa, improving educational opportunities world-wide, and much, much more.

There are seven Rotary clubs in the Tri-City area, one Rotaract club and an Interact club at each of the local high schools. Each club has its own unique character and meets at a different time and location in the community.

Membership is open to anyone who wants to enjoy the benefits of sharing their gifts with others in their community. Although we refer to ourselves as "a leadership organization," holding a formal leadership position is not a prerequisite for membership. In fact, an important element of Rotary is development of leadership skills in all members. We welcome anyone who wishes to join us in having fun, doing good, and in the process, developing leadership abilities that will serve them well in all areas of their life.

Community Day in the Park is your opportunity to get to know Rotary, Rotaract, and Interact on a more personal level and learn how Rotary is good

for business, careers, and your community.

For more information, call Laurence Hansen at (510) 468-0941 or Larry Tan at (408) 673-7082.

**Community Day in the Park**  
**Saturday, Apr 4**  
**10 a.m. - 1 p.m.**  
**Lake Elizabeth Central Park Meadow (between Lake Elizabeth & Aqua Adventure Waterpark)**  
**40000 Paseo Padre Pkwy, Fremont**  
**(510) 468-0941**  
**Free**

**Area 3 Rotary/Rotaract & Area 5 Interact Club Meetings:**

**Newark Rotary**  
**Tuesday, 12:00 noon**  
**Sinodino's Steakhouse**  
**36665 Cedar Blvd, Newark**  
**David Zehnder – david.zehnder@newark.org**

**Rotary Club of Fremont Warm Springs Sunrise (FWSS)**  
**Wednesday, 7:15 a.m.**  
**Senior Center**  
**40086 Paseo Padre Pkwy, Fremont**  
**Karen Koshi - karenkoshy@hotmail.com**

**Fremont Rotary**  
**Wednesday, 12:00 noon**  
**Spin-A-Yarn Steakhouse**  
**45915 Warm Springs Blvd, Fremont**  
**Bob Goetsch – goetsch@beamentor.org**

**Niles (Fremont) Rotary**  
**Thursday, 12:00 noon**  
**Washington West (Anderson Room)**  
**2500 Mowry Ave, Fremont**  
**Steve Landon – steve@jrgconstruct.com**

**F.U.N. Sunset Rotary**  
**Thursday, 7:00 p.m.**  
**Crown Plaza Hotel**  
**32083 Alvarado-Niles Rd, Union City**  
**Betty Wright – bettywright@sbcglobal.net**

**Rotary Club of Huaren in Silicon Valley**  
**Thursday evenings**  
**https://www.facebook.com/rchuarensv/info?tab=overview**

**Mission San Jose Rotary**  
**Friday, 12:00 noon**  
**Papillon Restaurant**  
**37296 Mission Blvd, Fremont**  
**Larry Anderson – andersfree@comcast.net**

**Rotaract Club of Greater Fremont**  
**First and third Wednesdays, 7:00 p.m.**  
**Depot Café, downtown Centerville**  
**37260 Fremont Blvd, Fremont**  
**Charmaine Escobar – president@rotaractfremont.org**  
**www.rotaractfremont.org**

**Area 5 Interact Club**  
**Washington High School**  
**Justine Samiento – Area5@interact5170.org**

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MANAGER, OHS WILDLIFE  
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where they belong “wild and free.” Even the rewarding moments can be bittersweet because each and every one of your success stories takes a little piece of your heart with them each and every time.

I worry about them all. “Did we teach them all the necessary skills to survive out there?” “How are they doing out there in the wild after we have given them that second chance?” “Are they thriving?” “Did our efforts make any difference in their lives or chances of seeing another day?” These are the questions that run through my mind over and over again.

We start off thinking “wow, look what I can do for this animal and in the end we realize it isn’t about what we did for them, it is



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about what they do for us.” They teach us something about ourselves that maybe we never realized before. They allow us to become a part of a bigger picture. They teach us to live in the moment and appreciate everything we have at that moment in time. As humans, we become so wrapped up in worrying about the future or baggage from the past that prevents us from just simply “LIVING” and appreciating all the things we have around us.

In 2007, I was called to assist in the rescue of an injured Peregrine Falcon by Lila Travis, director of Yggdrasil Urban Wildlife Rescue. We successfully caught the Peregrine Falcon (a California Fully Protected Species); the bird spent seven weeks in rehabilitation at our facility and was released back to the wild at the exact location from which he was rescued. More often than not, you don’t know how a particular

animal is doing after being released back to the wild, but in this case we did because he had been banded in the nest in the Ohlone Wilderness.

Approximately seven years later, I received a call from a volunteer with the Golden Gate Raptor Observatory (GGRO) that thought I might be interested in know that this particular bird was not only doing well enough to survive and fend for himself, but was also the proud father of three peregrine falcon chicks that he and his mate were rearing on Mount Diablo. Every time I begin to doubt what we do makes any sort of a difference, I remember this story which renews my passion and gives me the strength to continue caring for and rehabilitating our wildlife. Every life counts, and each life saved could possibly equal generations to come.

Community emergency response team training

SUBMITTED BY  
ALAMEDA COUNTY DISTRICT 2

When a disaster strikes, do you know what to do before professional help arrives? The Hayward Fire Department is providing a free Community Emergency Response Team (CERT) Training Program, which will consist of four evening indoor classes and one outdoor hands-on skills class. Participants learn skills that will enable them to provide emergency assistance to their families and immediate neighbors, as well as organize a neighborhood team response.

Training will begin in April at Hayward City Hall every Monday from April 6-27. Skills training will be held Monday, May 4 at Hayward Fire Station #6. You must attend all classes in order to receive certification. CERT training is for all City of Hayward and Fairview residents. Residential verification will be required during the final application process, and all applicants must be 18 years of age or older.

Residents who are interested in this free training can sign up by emailing their name, phone number and address to Hayward.CERT@hayward-ca.gov. Space is limited. Successful applicants will receive notification by email acknowledging enrollment into the program and further directions.

If you do not have Internet access or to request further information, call the Hayward Fire Department’s Public Education Officer at (510) 583-4948.

**CERT Training**  
**Monday, Apr 6, 13, 20, & 27**  
**6 p.m. – 9:30 p.m.**  
**Hayward City Hall**  
**777 B St, Hayward**

**Monday, May 4**  
**6 p.m. – 9:30 p.m.**  
**Hayward Fire Station #6**  
**1401 W Winton Ave, Hayward**

**(510) 583-4948**  
**Hayward.CERT@hayward-ca.gov**  
**Free**

A study day on refugee minors and families

SUBMITTED BY  
SISTER FRANCES MARY PIERSON, OP

Members of the Dominican family and friends are invited to attend the “Dominican Defense of Human Rights: A Study Day on Refugee Minors and Families in the Bay Area” on Saturday, April 18 at Dominican Sisters of Mission San Jose Motherhouse.

The day begins with a prayer and Call to Human Rights in the Dominican tradition by Antonio de Montesinos, given by Fr. Jim Barnett, OP. “Current Reality of Refugees in the Bay Area” will be discussed by José Artiga and Eileen Purcell of Salvadoran Humanitarian Aid, Research and Education Foundation. Karen Boncher, Refugee Foster Care Outreach Coordinator at Catholic Charities of Santa Clara County, will discuss “Responses to Unaccompanied Refugee Minors in the Bay Area.” Schedule includes Q&A with speakers, contemplative pauses, and discussion.

Register by Wednesday, April 1 at www.msjdominicans.org; fee is \$10 payable at the door. Contact S. Mary Therese Perez at maryperez@msjdominicans.org for more information. The event is sponsored by OPWest and Dominican Women Afire.

**Dominican Defense of Human Rights Study Day**  
**Saturday, Apr 18**  
**10 a.m. - 3:30 p.m.**  
**Dominican Sisters of Mission San Jose Motherhouse**  
**43326 Mission Blvd, Fremont**  
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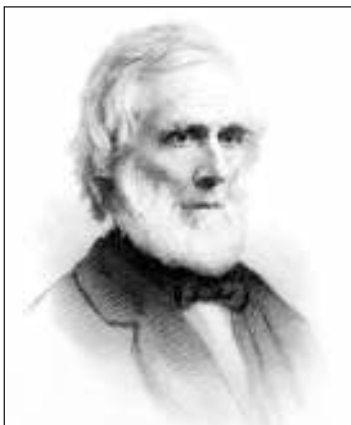
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## History

# Horace Bushnell visits Mission San Jose

Horace Bushnell was born in Litchfield, Connecticut in 1802 and grew up in a rather prosperous country home where he was taught the discipline of hard work and frugality. A graduate of Yale, he later earned a law degree. He was a Congregational minister who served as pastor of North Church



Horace Bushnell

in Hartford, Connecticut. Bushnell's influence extended over a wide area, and he enjoyed the status of a modern celebrity. Unfortunately he continually struggled with health problems.

Bushnell came to California in

He described sighting "an immense herd of cattle, horsemen galloping through it, but flying; and I rode down to make out what it was. They were the native California herdsmen, who had gotten all the cattle of an immense range of country together, and were sorting them... Twenty men were in the work; some doing it and some seeing it was fairly done or according to the marks. All were on horseback, all in motion... such horsemanship I never saw. To them it was work, but to me it was the most exhilarating show."

Horace wrote on May 2 that he was very pleased with his home at the Mission and the character of Elias and Jane Beard. Bushnell described the problems Beard was having with squatters on land he had purchased and fenced. Beard continued to show his kindness in spite of the problems caused by the squatters.

Bushnell visited San Jose and pronounced it about the only agricultural town in California. He noted the town was a sorry affair before the Americans came and was "only a little better than

California had never been in such a wretched moral decline.

Horace returned to Mission San Jose in June and climbed Mission Peak. He described the hills as now covered with a universal Quaker color. He was appointed President of the College of California (later named the University of California) which was located in Berkeley in 1860. Bushnell had explored possible locations for the college during his stay in California

Horace arranged to go fishing at Alameda Creek with Elias Beard on a very hot August day and was frightened by a crashing noise in the bushes he presumed was made by a grizzly bear. He returned several times to examine Sunol Valley, which was his favorite site for the location of the new college. Bear tracks were seen in Alameda Canyon, and a squatter's son was nearly been killed by a grizzly. He described the canyon as "a gulf a thousand feet deep, yellow on one side, spotted with evergreen oaks, and purple on the other shady side."

Horace came back to Mission San Jose in November, preached



Mission San Jose

1856 on a 23-day sea voyage from New York to San Francisco. He attended a convention of Presbyterian and Congregational ministers in Marysville and observed and described the devastation caused by hydraulic gold mining in the Sierras. Most miners at that time were concerned with finding gold and did not worry much about destruction of the environment.

Elias Beard invited Horace to visit his family at Mission San Jose. Horace noted in his diary dated April 28, 1856 that he had ridden through "the richest garden of the creation" with fields of wheat and barley two or three miles across between Oakland and Mission San Jose. He was welcomed by Elias and Jane Beard who lived in a surviving wing of the adobe mission buildings; one story high, with rooms connected by a piazza, or universal hall. The garden was filled with peach, pear and olive trees laden with fruit and singing birds.

Horace described a ride he took up through Stockton Pars (now the 680 freeway) where the steep graceful hills were covered with meadow green except where thick beds of flowers [covered] the green. He wrote, "I never saw such combinations-so lively, and fresh, and gladsome." Beyond the pass he observed "the nearest thing to a Garden of Eden" he had ever seen with the road meandering across the plain, no fence, no house, no other sign of man, only the flowers smiling in their Silent beauty before God.

sorry now." He then described how to build a California house like half of those in San Jose. "Set up some logs on bits of plank on



Elias Beard

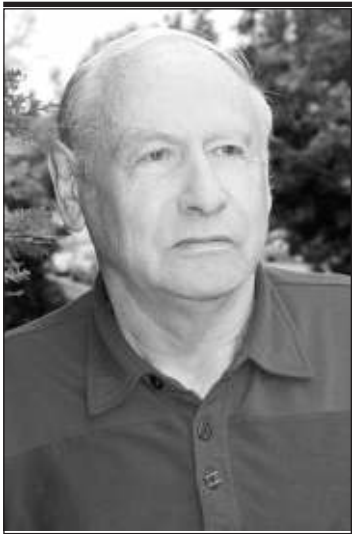
the ground, rest floor timbers on the logs, lay on the floor, nail some rough boards upright round the outside timbers, put some clam boards over the cracks, nail on slats to support the ceiling, nail up some cheap, cotton cloth on the ceiling and sides and lay paper on the cotton. Presto, it is finished, a house, a hotel or whatever you want."

He found San Francisco a city in great tumult with the Vigilance Committee brewing plans to lynch and drive criminals out. Guards patrolled the streets, the stores were shut and business suspended. He later observed that

at Centerville Presbyterian Church and spent a night with Elias Beard's father, Jesse Beard. The marshes were covered with flocks of geese, the Beard garden was rich with grapes, pears and figs and they served strawberries the first day of November. Horace said farewell to the Beard family with some degree of sadness for they had helped him recover his health. He wrote, "I have had a stranger's home with these dear friends, and I leave them with great reluctance. They have done everything and spared nothing for my comfort or even pleasure. There is no place in the whole world where I could have been as happy, or as well cared for as here."

That was the home of Elias and Jane Beard in Mission San Jose and a tribute to their hospitality.

*Excerpts taken from, Life and Letters of Horace Bushnell, Harper & Brothers, Publishers, New York, 1880.*



PHILIP HOLMES

## PEEK INTO THE PAST

www.museumoflocalhistory.org

Photos courtesy of  
The Museum of Local History



The north east corner of the mission quadrangle was the home of Elias Beard

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# Alvarado Middle team wins at Science and Engineering Fair

SUBMITTED BY VANDANA DEEP

Team U-Power from New Haven Unified District’s Alvarado Middle School participated in the Alameda County Science and Engineering Fair (ACSEF) competition held on March 21 and 22 in Pleasanton. They were among a few other teams from the district and part of approximately 650 participating projects for the fair.

curve to understand basic concepts of electrical engineering. The team won 1st place in their category and advanced to the California State Science Fair in May. They also got invited to participate in the Broadcom Masters competition.

ACSEF provides a forum for stimulating student interest in science, tech-



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The team, comprised of 8th graders Arshia Deep, Serena Lee and Viren Srivasatva, set out with a goal to understand thermoelectric/seebeck effect and apply the learnings to build a prototype, which is essentially a safety device consisting of LEDs, Peltier tiles, and a joule thief that leveraged body heat to generate electricity. Being their first project with electrical circuits they went through a learning

nology, engineering and mathematics (STEM) and an avenue for educators to fulfill the new Common Core Standards. Grade 6 through 12 students educated within Alameda County from home school, charter, public, private and parochial schools are eligible to participate in the fair held annually at the Alameda County Fairgrounds in Pleasanton. Learn more at <http://acsef.org/>.

# Education Job Fair

SUBMITTED BY ALAMEDA COUNTY OFFICE OF EDUCATION

Know someone looking for a career in education or free professional development resources? Discover a career in Education at Alameda County Office of Education’s (ACOE) Education Job Fair. Don’t miss this opportunity to connect with job openings at Alameda County school districts and educational agencies.

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**ACOE Education Job Fair**  
**Wednesday, Apr 22**  
**9:30 a.m. – 3:00 p.m.**  
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# Moreau impressive in mock trial state finals



Moreau Catholic senior Anne Marie Tran took Top Honors for courtroom journalism

The Moreau Catholic HS Mock Trial team turned in an impressive performance at the State Finals in Riverside, March 22-23. The team placed among the top ten in the overall competition, and two Moreau Mariners took top individual honors.

Moreau Catholic senior Anne Marie Tran, competing in her first finals as a courtroom journalist, was named the Best in State for her trial coverage. Senior Aditi Kumar also took top honors for her role as the defendant in People vs. Shem.

The grueling competition included over ten hours of trials within a 26-hour period. As many as 10,000 Mock Trialers participate in California high schools, and 700 students from county-winning teams assembled in Riverside for the State Final.

Padmini Dey, Nathan Yu, Roshni Sopariwalla, and Desiree Santos were also recognized by their opponents as competition MVP’s (“Most Valuable Players”).



Moreau Catholic won its third consecutive Alameda County Championship this year

# San Leandro 2nd-graders thank BART

SUBMITTED BY BAY AREA RAPID TRANSIT DISTRICT

A group of second-graders from San Leandro showed their creativity — and finesse at etiquette — in thanking BART for its Free Rides for Field Trips program, funded by the Monterey Bay Aquarium.

Thousands of slots are still available for the program; teachers should visit [www.bart.gov/fieldtrips](http://www.bart.gov/fieldtrips) for details on how to make a request. The program allows each school free tickets for up to six field trips.

The second-graders are from James Madison School, and they’re experienced public transit riders from taking several field trips on BART. They summed up their experiences with a giant, floor-to-ceiling thank-you poster written in verse and sent to BART Customer Services, which administers the program.

“We love to use BART as our field trip transportation whenever we can,” said Mrs. Dale Lew, their teacher. “The parents love it because they can easily drive to the Bay Fair BART Station and not get lost. The students love it because they can sit three or four to a bench seat and chat with their friends. I love it because BART is reliable, clean safe and economical. We could not go on this many field trips without BART.”

The thank-you card had a 26-line poem and drawings by the students showing scenes from their adventures on BART. Their trips have in-



cluded one to the 12th Street/Oakland City Center Station, where they walked to the Farmers Market to sample fresh fruits and vegetables; and one to Downtown Berkeley BART Station to see a performance by the Peking Acrobats, a troupe of talented tumblers from China whose craft reflects 2,000 years of folk tradition.

Georgene Norman of BART Customer Services, who handles reservations for the free field trips, reminded teachers to get their requests in early because they are granted on a first-come, first-served basis after all requirements are completed.

The trips are available for students K-12, up to age 18, their teachers and chaperones.

May 26, is the deadline for registration and field trips must be taken by June 26. A list of possible destinations nearby BART stations can also be found on the [www.bart.gov/fieldtrips](http://www.bart.gov/fieldtrips) page.

# Dollars for Scholars Scholarships available

SUBMITTED BY FREMONT CHAMBER OF COMMERCE

The Fremont Chamber of Commerce Dollars for Scholars is accepting scholarship applications for local students pursuing post-secondary education. In addition to scholarships awarded from the scholarship fund pool, the Dollars for Scholars Board will be awarding the Robson Homes \$1,500 scholarship based on need/merit, and the Premier Nissan of Fremont

\$1,500 scholarship based on need/merit with the requirements of a major in automotive studies or accounting with an attendance record of 94 percent or higher.

Students may apply online at [www.fremontcc.dollarsforscholars.org](http://www.fremontcc.dollarsforscholars.org) and click on the Students & Parents tab to begin the application process. Deadline to apply is April 3.

**For more information, contact**  
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# BUSINESS

## Will they rise? Rate worries weigh on dividend stocks

BY STAN CHOE  
AP BUSINESS WRITER

NEW YORK (AP), Dividend investing used to be so easy, not to mention lucrative. But it may be set to get a lot different.

Stocks that pay the biggest dividends took a nosedive last month. Power and gas utilities — once such steady and boring payers of dividends that they were called “widow-and-orphan stocks” — posted their second-biggest drop since the financial crisis. That's even though every other sector of the market continued to cruise higher in February.

Get ready for yet more swings, say managers of many dividend-focused mutual funds. Last month may have been a sneak preview of the volatility in store as interest rates eventually climb, and managers of dividend-focused funds have changed their playbook in anticipation.

To be sure, those same managers also still tout that dividend-paying companies tend to have more stable businesses and are profitable enough to promise regular checks to shareholders. Companies in the Standard & Poor's 500 index paid a record \$45 billion in dividends last month, according to S&P Dow Jones Indices, and full-year payments look set for a fifth straight gain of at least 10 percent.

Even so, many fund managers are shying away from utilities and other very high-yielding dividend investments, the ones that worked best in prior years. Instead they're focusing on areas of the market that received less attention — and fewer investment

dollars — but may better withstand rising rates.

The big price changes for dividend-paying stocks, up and down, are due to a simple cause: movements in interest rates. For years, bond yields have persisted at low levels, frustrating anyone looking for income. A 10-year Treasury note had a yield of 2.18 percent at the start of the year, roughly half of what it was a decade ago, for example.

That pushed many income investors who typically would rely on bonds to pour into dividend-paying stocks with the highest yields.

Cue utility stocks, which have a dividend yield of 3.7 percent, well above the 2 percent yield of the S&P 500. When bond yields were falling, like last year, income-hungry investors piled into utility stocks and sent their prices surging. Utilities had a total return of 29 percent, easily topping other sectors and more than doubled the S&P 500's return.

But in February, the parade into utility stocks turned into a scramble for the exits. The yield on the 10-year Treasury rose to nearly 2 percent from 1.64 percent at the start of the month, and bonds suddenly looked more enticing. The rise in rates led to a drop in demand for utility stocks, sending them to a monthly loss of 7 percent.

Mariana Connolly, client portfolio manager for the JPMorgan Equity Income fund, calls investors who move from the bond market to stocks and back again “renters,” as opposed to owners of dividend stocks.

She expects more renters to leave in the coming months as the Federal Reserve begins raising

short-term interest rates for the first time since 2006. Their departure is likely to hurt the segments of the market with the highest dividend yields, she says.

That's a big reason why Connolly has been moving over the past 18 months from utilities, telecoms and real-estate investment trusts to areas of the market with lower yields, where renters are less prevalent.

She put money in financial stocks, for example. Not only do regional banks have fewer renters, rising rates could also enable them to charge higher interest rates on loans and increase their profits and ultimately their dividends.

And when the renters are all gone? “Once they go back to their day job as bond investors,” Connolly says real-estate investment trusts and other high-yielding stocks will be available at more affordable prices.

Of course, predicting higher interest rates has been a notoriously common call along Wall Street for years. It's also been an incorrect one. Rates have remained stubbornly low.

Some contrarians expect interest rates to stay that way given how weak inflation is, particularly with the plunge in the price of crude oil. That could mean less pressure on the highest-yielding stocks.

David James, portfolio manager at the \$4 billion James Balanced: Golden Rainbow fund, says the yield on the 10-year Treasury is more likely to fall in the next six months than rise, for example. He was buying some utility stocks last month.

## Burglary 101: Don't pocket-dial 911 in the act

AP WIRE SERVICE

MANKATO, Minn. (AP), Authorities in Minnesota say three would-be burglars picked the wrong time to pocket-dial 911.

Blue Earth Sheriff's Capt. Rich Murry says a dispatcher took the call early Thursday morning and heard two voices on the other end. Murry says what she could hear of the conversation suggested the men were involved in a theft or burglary.

Murry says officers were able to use the 34-minute call to figure out where the men were. They and arrested them and a third suspect. He says one of the last things heard on the unintentional 911 call was, “I think I see the police,” followed by sounds of running.

KTOE-AM reports Murry says officers found that a Mankato supply business had been ransacked, with cash and other items taken.

Information from: KTOE-AM,  
<http://www.ktoe.com>

## Nokia provides free mapping services app for Apple users

AP WIRE SERVICE

HELSINKI (AP), Nokia says it has started providing mapping services for free download in Apple's App Store, after a successful launch of the service on Android devices.

The HERE offline maps, with navigation and search features covering more than 150 countries, is immediately available for devices using the iOS operating system, such as iPhones and iPads.

Nokia said Thursday that more than 4 million users have downloaded HERE apps since its Android launch last year.

The maps, a fixed feature on Windows phones, contain real-time traffic information for more than 40 countries.

Nokia's HERE is one of the few global computerized roadmap providers, with a long history of working with automotive companies and an 80 percent market share for embedded automotive maps.

## New law allows direct sale of Tesla cars in New Jersey

AP WIRE SERVICE

TRENTON, N.J. (AP), New Jersey Gov. Chris Christie signed a measure Wednesday that would allow the sale of Tesla and other zero-emission cars in the state.

The new law comes about a year after the New Jersey Motor Vehicle Commission issued regulations requiring cars to be sold through franchises.

The Palo Alto, California-based company markets its vehicles directly to consumers, and Tesla CEO Elon Musk protested the New Jersey regulations last year. He said the company chose

not to sell through franchises because most of their revenue comes from gasoline-powered cars leaving little incentive to sell electric vehicles.

Tesla executive Diarmuid O'Connell said in a statement the company was pleased Christie enacted the law and the firm is “open for business.”

The legislation also requires companies selling cars directly to consumers to maintain a service facility and to report sales figures to the state.

Christie promised last year to sign legislation letting companies like Tesla sell directly in the state.

On Wednesday, he took credit for fulfilling the promise.

“We're pleased that manufacturers like Tesla will now have the opportunity to establish direct sales operations for consumers in a manner lawfully in New Jersey,” Christie said in a statement.

Democrats, who control the Legislature and sent the bill to Christie's desk on Monday, praised the development. Democratic Assemblyman Lou Greenwald called the new law a “win-win” for New Jersey residents.

Christie had 45 days to act on the bill but chose to sign it just two days after legislators sent it to him.

# Seniors rattled by endless risk of Medicare cuts to doctors

By RICARDO ALONSO-ZALDIVAR  
ASSOCIATED PRESS

WASHINGTON (AP), New momentum for a lasting fix to Medicare’s doctor-payment problem shows that lawmakers may finally be recognizing what has long bothered their constituents.

Year after year, the threat of 20-percent payment cuts averted at the last minute has seemed a curious way to run a program that lives depend on. A failed budget formula fed anxiety into the relationship between patients and doctors.

“A lot of these doctors are talking about not performing the service,” said Jesse Thomas of Mount Vernon, New York, a Medicare beneficiary retired from a career on Wall Street. “They are not in business to do business for a deficit. They may be good guys, but they’re not that good.”

Ahead of a House vote expected Thursday, President Barack Obama said he’s ready to support a Medicare payment fix. “I have my pen ready to sign a

good bipartisan bill,” Obama said at a White House event Wednesday. The legislation was actively encouraged by House Speaker John Boehner and Democratic leader Nancy Pelosi, usually on opposite sides when health care and the budget intersect.

The root of Medicare’s problem is a cost-containment provision from a 1997 deficit-reduction law. Under Medicare, outpatient care is financed 25 percent with beneficiary premiums and 75 percent from the federal treasury.

Concern that rising health care costs would overwhelm the budget prompted Congress to set a target for outpatient spending, enforceable with payment cuts to doctors. It became a symbol of government dysfunction after lawmakers got into the habit of regularly issuing temporary reprieves, lest doctors stop accepting Medicare patients. That also pushed the cuts into the future and let them pile up.

“Everybody hates it,” said Rep. Jim McDermott, D-Wash.,

who is a psychiatrist. “In the political process there is a time when something gets to where it’s like a boil and it’s about to burst. And then it’s gone.”

The legislation before the House would replace the current formula with a new approach. It calls for a period of basically stable reimbursements, followed by gradually shifting a larger share of doctors’ pay so that it’s keyed to quality, rather than quantity, of service. The Medicare fix is packaged with an extension of children’s health insurance, funding for community health centers and dozens of other provisions. The outlook in the Senate is unclear.

“A permanent fix, rather than another patch, should take away the perennial fear that doctors will stop seeing Medicare patients, and provide a measure of stability for the program,” said Tricia Neuman, a Medicare expert with the nonpartisan Kaiser Family Foundation.

The fear that doctors would stop treating Medicare patients because of constant uncertainty about

their fees never materialized on any large scale. But it’s certainly been part of the conversation.

Dr. Robert Wergin, president of the American Academy of Family Physicians, practices in the small town of Milford, Nebraska. He remembers when Congress hesitated over the “doc fix,” as it’s known in lawmakers’ shorthand, and as a result Medicare held up payments to physicians. That caused a cash crunch.

“The threat was always there,” said Wergin. Medicare patients make up about 30 percent of his practice.

Wergin had high hopes for a permanent fix last year, but it didn’t happen. This year, he was expecting another patch.

“The politics of things are hard to predict,” he said.

Indeed, the legislation is being criticized from the political right and the left. Conservatives don’t like that most of the cost will be added to the federal deficit. Liberals object to higher premiums for upper-income beneficiaries,

when drug companies are not being asked to share the burden through Medicare rebates.

“It’s been a perennial battle and a source of insecurity for a lot of people with Medicare and their providers, but we feel that beneficiaries are bearing the brunt of this without getting much in return,” said Joe Baker, president of the Medicare Rights Center, a New York-based advocacy group.

Drafted with the unusual support of both top leaders in the House – the GOP’s Boehner and Pelosi for the Democrats – the bill is aiming for the political center. That seemed to have collapsed on health care in the battles over Obama’s overhaul.

“This could have happened any one of 15 or 16 times before if people had been willing to sit down and say this was a dumb idea that had been around for too long,” said McDermott. “It’s the first time you’ve seen a major compromise on an issue in a very long time.”

# Perfection doesn’t last: Muni bond returns to be more muted

By STAN CHOE  
AP BUSINESS WRITER

NEW YORK (AP), Conditions were nearly perfect for municipal bonds last year, leading to sizeable returns. Perfection never lasts, though, and managers of municipal-bond funds are forecasting more modest returns in upcoming years.

The backdrop for municipal bonds last year was as pleasant as the first warm, spring breeze: Interest rates were falling, the economy was strengthening, demand was high for bonds that pay tax-free income and supply was relatively low. Add it up, and the Barclays Municipal Bond index returned 9.1 percent in 2014. Just don’t expect a repeat.

“Definitely manage those expectations,” says Diederik Olijslager, who co-manages the \$3.9 billion USAA Tax Exempt Intermediate-Term fund, among other municipal-bond offerings. “It’s fixed-income investing, it shouldn’t be 10 percent returns a year.”

Gains are still likely in coming years, but managers say they’re likely to be closer to 2 percent or 3 percent, depending on the type of bond. Another cloud in the forecast: Managers also expect volatility to pick up following a very calm 2014.

Investors have already had a sneak peek: The Barclays Municipal Bond index fell in February, its first monthly loss since 2013, snapping what had been its longest winning streak in more than two decades. Among the factors affecting the municipal-bond market:

## –YIELDS ARE LOW.

Municipal bonds are producing less income than a year ago because their yields key off Treasury rates, and the yield on the 10-year Treasury note is below 2 percent. It was around 2.70 percent a year ago and close to 4 percent five years ago.

Rates are so low, the worry is that they will rise and knock down the price of existing bonds. And

the improved job market means most economists expect the Federal Reserve to raise short-term rates later this year.

Conventional wisdom says that investors worried about rising rates should focus on short-term bonds. That’s because long-term bonds lock in yields for longer periods of time, which makes their prices more sensitive to rate changes.

But even after the Fed hikes rates, long-term rates could continue to stay low given how weak inflation is. That’s one reason Josh Gonze, a portfolio manager at Thornburg Investment Management, is staying neutral on interest rates and refraining from leaning on just short-term bonds. Thornburg manages \$10 billion in municipal bonds.

Gonze says he’s not willing to bet on where long-term rates will go relative to short-term rates: “I know that I don’t know, and I know that no one else knows either.”

## – SUPPLY IS RISING.

States, cities and other local governments are issuing bonds at a faster pace this year, and when the supply of anything increases, that can push prices lower. Just look at what’s happening to oil, where a buildup in supplies has caused its price to more than halve since last summer.

Local governments issued \$62.2 billion in bonds through the end of February, a big jump from the \$36 billion they issued at the same point last year. Governments are taking advantage of cheap borrowing costs to replace higher-cost debt and pay for new projects.

“They’re borrowing money at basically nothing,” says Gonze. “If I were a city, county or state, I would go ahead and borrow as much as I could.”

## – DEMAND REMAINS STRONG.

Supplies are rising, but so is demand, which means buyers are snapping up all those additional municipal bonds.

Individual investors make up the bulk of the market for municipal bonds and they’re

pouring in billions of dollars each month. They’re attracted to the prospect of tax-free income, particularly given higher federal income-tax rates. Income from muni bonds is free from federal taxes and can also be exempt from state and local taxes in some cases.

Municipal-bond mutual funds and exchange-traded funds drew a net \$32 billion in investment in 2014. In the first two months of 2015 alone, they’ve attracted another \$8.6 billion. That demand is helping to offset the impact of higher supplies.

## – THE ECONOMY IS IMPROVING.

The strengthening job market is helping the finances of state and local governments. A larger workforce means higher collections of income taxes, sales taxes and other revenue. That raises confidence in municipalities’ ability to repay their debts.

Managers have concerns about finances in some high-profile areas of the market, including Illinois and Puerto Rico, as well as bonds from government that are reliant on oil-related revenue. But managers say financial strength is generally improving across the country.

## – WORRIES ARE RISING ABOUT EASE OF TRADING.

When times are good, it’s easy for fund managers to find buyers for their municipal bonds. The concern is what will happen when times are tough.

Historically, Wall Street banks and other broker-dealers have stepped in to buy bonds during stressed markets. In financial-ese, the banks provided liquidity, helping the market to remain free-flowing. But new regulations mean banks are less willing to hold bonds on their balance sheets.

That has several fund managers bulking up their holdings of cash and the highest-quality municipal bonds to help protect them in case liquidity dries up during a sell-off.

# Ga. House approves bill expanding Tesla sales locations

AP WIRE SERVICE

ATLANTA (AP), – Lawmakers have approved a bill expanding the number of locations where electric vehicle manufacturer Tesla can sell directly to Georgians.

The bill’s sponsor Rep. Chuck Martin, an Alpharetta Republican, says the legislation is a compromise between Tesla and traditional franchise auto dealers in Georgia. It was approved Friday by House members, 170-3.

The Georgia Automobile Dealers Association has challenged Tesla’s presence in the state before an administrative judge. That complaint is pending.

Under the bill, Tesla could have five locations in Georgia. The manufacturer has service locations in Marietta and Decatur and a showroom at an Atlanta mall.

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# THE ROBOT REPORT

TRACKING THE BUSINESS OF ROBOTICS

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## Financially, how are robotic startup companies doing?

Financially, how are robotic startup companies doing? Am I likely to see robots in 2015 where they haven't been before? Is there a boom segment in robotics I should watch?

The Robotics Industry Association said new sales records were hit in 2014 in North America. The CRIA said China also set new records and will likely grow at 40% annually. Thirty robotics-related events dot the 2015 global map and offer a range of interesting robotic conferences and trade shows. A series of independent research reports forecast steady growth (or better) for many segments in the robotics industry.

Silicon Valley and the whole San Francisco Bay area have such an abundant talent pool that global companies and startups alike are setting up research labs and offices there to secure engineering and programming expertise. The diversity of the talent pool can be seen in

the goals and job descriptions of companies doing research there.

For example, Ford is opening a new 25,000 sq ft Research and Innovation Center to accelerate its development of technologies and experiments in connectivity, mobility, autonomous vehicles, customer experience and big data. Some of the labs planned communication projects include in-car, car-to-car, car-to-home and remote parking.

For autonomous vehicles, Ford is providing Stanford with vehicles equipped with aDRIVE (Autonomous Driving Refined in Virtual Environments) to test algorithms such as traffic sign recognition in dynamic driving situations and preparation for on-road testing.

Human-machine smartphone, tablet and in-car interfaces will be tested for natural lan-

guage speech recognition tasks. Also, developing seats which adapt to the backs of its drivers (which is the same kind of actuation and molding that robotic grippers are doing but in a different scenario).

To analyze how customers are using their vehicles, Ford plans to use big data analytics to detect patterns that can lead to product improvements or new mobility services.

Ford plans to have one of the largest automotive research teams in Silicon Valley by the end of 2015 with 125 researchers, engineers and scientists in their new Palo Alto facility.

“At Ford, we view ourselves as both a mobility and an auto company, as we drive innovation in every part of our business,” said Mark Fields, Ford Motor Company president and CEO. “This new research center shows Ford’s commitment to be part of the Silicon

Valley innovation ecosystem – anticipating customers’ wants and needs, especially on connectivity, mobility and autonomous vehicles. We are working to make these new technologies accessible to everyone, not just luxury customers.”

Ford isn’t the only auto company competing for talent in the area: Honda has both a research lab and a developer studio for writing apps that can work in cars; Mercedes-Benz has a research lab as does BMW, Audi, GM and Nissan-Renault.

Also present in SV and the Bay Area, are Tier 2 and Tier 3 companies. Bosch is a good example. They have a facility focused on robotics, AI and autonomous driving, and are attempting to hire engineers and interns for all three teams.

## The other side of the faucet



What happens to 33 million gallons of wastewater every day in the Tri-City area? Although most of us don't think about this question, ignorant of what happens in over 800 miles of sewer lines beneath our feet, someone has to take care of what goes down the drain. Union Sanitary District (USD) is focused on that issue to making sure it not only processes and disposes of that waste, but does it in a safe, environmentally sensitive and efficient manner. As USD receives wastewater, pollutants including biological waste and chemicals

are removed before cleaned effluent is ready for disposal.

USD Board of Directors Manny Fernandez, Tom Handley, Pat Kite, Anjali Lathi, Jennifer Toy and USD General Manager Paul Eldredge introduced a new “cogeneration facility” on March 26, 2015 at USD Headquarters in Union City. The sound of generators filled the air. Enclosed in a new building next to a separate enclosure housing “digesters,” two 850 kW engines were

hard at work, producing energy from methane gas released through the digesting process, saving the utility up to \$1.6 million per year. A gas conditioning system cleans and pressurizes gas from the digesters to create acceptable fuel for the engines. In return, output from the cogeneration engines creates electricity to power the facilities at USD headquarters and heat to facilitate the treatment process.

Eldredge explained the process and told attendees that the capital cost of \$14.5 million was expected to be returned by the new efficient system in 10 years.

Want to know more about what happens on the other side of the faucet? USD is hosting a family friendly open house on Saturday, May 9 from 10 a.m. to 2 p.m. including tours, demonstrations and chats with staff.

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### THE PROCESS:



USD General Manager Paul Eldredge



## Student represents Life Chiropractic College West at leadership forum

SUBMITTED BY DIANA ROHINI LAVIGNE  
PHOTO COURTESY OF NATIONAL BOARD OF CHIROPRACTIC EXAMINERS

The 12th annual Student Leadership Forum was held at National Board of Chiropractic Examiners (NBCE) in Colorado on Friday, January 16, 2015. This year's eight student leaders were selected by college presidents to represent their respective schools. The students were welcomed by NBCE President Dr. Donna L. Craft, who thanked the students for their commitment to leadership within the chiropractic profession. Maggie McInnes was the student leader representing Life Chiropractic College West in Hayward.

McInnes said, “It was a positive experience to visit the NBCE campus and to meet and interact with several of their team members and board members. There were several components to the day-long forum that allowed us, students, a greater glimpse of what the NBCE does and their interest in relationships with chiropractors and chiropractic students.

“The attending students were given many opportunities to ask questions, have myths dispersed, and provide constructive feedback to the NBCE team with regards to how to communicate with students and to be more user-friendly. I felt this meeting was very useful and the information communicated is valuable for students. I hope the NBCE continues to include students in its process.”



Maggie McInnes (far right, front row) representing Life Chiropractic College West at the National Board of Chiropractic Examiners Student Leadership Forum.

## Alameda County Spelling Bee



### SUBMITTED BY ACOE

At the annual Alameda County Elementary (ACOE) and Junior High Spelling Bee, eight students were honored after successfully spelling words that would make an adult's head spin. Nearly 50 students competed in the epic spelling battles hosted by the Alameda County Office of Education on March 14.

Elementary and junior high school students competed for the top two spots in each division, and the opportunity to move on to the State Spelling Bee.

**Elementary Spelling Bee winners are:**

1st place: Anisha Rao, 4th grade, Kolb Elementary School (Dublin USD)

2nd place: Samantha Lawver, 6th grade, Canyon Middle School (Castro Valley USD)

3rd place: Owen Jung, 5th grade, Chabot Elementary School (Oakland USD)

4th place: Abinayaa Murugupandian, 5th grade, Ardenwood

Elementary School (Fremont USD)

Anisha (Dublin USD) and Samantha (Castro Valley USD) will represent Alameda County at the State Elementary Spelling Bee on April 18 at the San Joaquin County Office of Education in Stockton.

**Junior High Spelling Bee winners are:**

1st place: Sarah Herz, 8th grade, Hillcrest School (Oakland USD)

2nd place: Pragadeeshwar Dakshinamurthi, 8th grade, Fallon Middle School (Dublin USD)

3rd place: Alexander Low, 7th grade, Canyon Middle School (Castro Valley USD)

4th place: Rafe Wharton, 7th grade, Wells Middle School (Dublin USD)

Sarah (Oakland USD) and Pragadeeshwar (Dublin USD) will represent Alameda County at the State Junior High Spelling Bee on May 2 at Miller Creek Middle School in San Rafael.

For more information, contact ACOE Educational Services at (510) 670-4254.



# State of the City address

At the annual State of the City address hosted by the Fremont Chamber of Commerce on Friday, March 27, a much rosier outlook was offered by Fremont Mayor Bill Harrison than in previous years. Following the Chairman's Award to Carol Arata and installation of officers including Board Chair Richard Li, Mayor Harrison addressed a well attended event with good news.

Beginning with accolades that the City has received through media comparisons with other cities and the role of "advanced" manufacturing propelling growth through large companies such as Tesla, Thermo Fisher, Seagate and Delta

along with supply company "clusters," the mayor spoke of job growth and future investments in the area including a new, fully leased, development, "The Crossings at 880." He said clean tech companies are attracted to the Warm Springs "Innovation District" and developments near the new South Fremont/Warm Springs BART station opening late December 2015, are moving forward with approval of a Development Agreement for that area.

"Sustainable mixed use" construction by Lennar will commence Spring 2016.

Additional evidence of growth in the City is changes to the infrastructure and

downtown environment. Capitol Avenue is being extended to connect with Fremont Boulevard and a Civic Center Master Plan is in process including a mixed use complex and governmental hub. To promote this area, events are planned within the next few months.

Medical facilities within Fremont are going through expansion developments and the mayor noted developments in each historic district. A cricket and soccer field designed to host regional competition at Central Park will break ground this summer. Affordable housing units are foremost in City planning, with an emphasis on veterans. Facilities such as the Aqua Adventure Waterpark are well used and the waterpark has reported increased revenues, helping to support grants for low income families. The role of volunteers was recognized and heavy Make A Difference Day

participation by Fremont citizens.

Noting that "retailers are taking an interest in our strategically urban growth plans and strong demographics," the mayor highlighted new businesses and growth at Pacific Commons and increasing sales tax revenues. Positive economics and passage of Measure BB is helping to drive growth as Fremont maintains its character as a safe and vibrant city. Speaking of city efforts to bring solar and environmentally sustainable infrastructure, attendees were challenged to find ways to reduce their carbon footprint. In summary, Mayor Harrison said the state of the city is good; it will continue to invest in its future as "bold, innovative and green."

The full text of Mayor Harrison's State of the City address is posted online at: <http://www.fremont.gov/1129/State-of-the-City-Address>

## Centerville Business & Community Association welcomes improvements and new app

SUBMITTED BY KATHY KIMBERLIN

The Centerville Business & Community Association (CBCA) is very excited to welcome a new Farmers Market management team. They plan to bring an increased number of booths, new vendors and vibrancy to our local Centerville market. A grand re-opening event in April will be announced to ensure local community awareness of a new and improved market shopping experience in Centerville on Bonde Street located in close proximity to the Centerville Train Depot.

CBCA meets twice monthly to plan for business and community improvements and events. They meet every second Wednesday at El Patio Restaurant (37311 Fremont Boulevard)

from 7:30 a.m. to 8:30 a.m., and every fourth Wednesday at Round Table Pizza (37480 Fremont Boulevard) from 7 p.m. to 8 p.m.

Partnership between CBCA and the City of Fremont department of Economic Development continues as they reach out to local business with support, shared opportunity for local workshops, and listen to business needs and concerns. We will join efforts to make in-person visits to local businesses on April 21.

Most recently, CBCA is moving into the mobile revolution with their new mobile app. The CBCA app allows

for local business to connect with the community and the community to connect with local business located throughout Centerville within the city of Fremont.

The CBCA Mobile App delivers on many key features: What is CBCA, Membership Business Directory & Promoted Special Offers, Events & Schedules, Community Organizations & Schools, Goal Tracking, Social Media Communications, Local Nearby Locations, Push Notifications, Membership Information, Games, Tip Calculator, Video Channel and much more.

We would like to thank Afana Enterprises – Mobile Marketing Solutions ([www.afanaenterprises.com](http://www.afanaenterprises.com)) for developing the mobile app for CBCA.

If you are a business located within Centerville, you may wish to consider connecting with this organization for the many activities and events that are planned and underway in 2015.

If you are a local resident we encourage you to download our free mobile app by scanning the included QR Code or by visiting the Apple App Store, Amazon App Store or Google Play. Download, install and check back often for some amazing local deals and offers.

For more information about CBCA or becoming a member, please visit [www.cbcafremont.com](http://www.cbcafremont.com), [www.facebook.com/centervillefremont](https://www.facebook.com/centervillefremont), or via our mobile app.



## Local students celebrate Science Olympiad success

SUBMITTED BY JAYANTA SAMANTA

Twelve students from Horner Junior High and five from Irvington High in Fremont recently participated in the Bay Area Regional Science Olympiad (BARSO) competitions held at CSU Hayward on March 21.

According to BARSO and the National Science Olympiad Organization, "The goal of Science Olympiad is to improve the quality of science education through competitions similar to sporting events. Just as students are motivated to compete in various sporting activities, students compete as a team against other schools in 23 different events that range the spectrum of science subjects."

Areas covered in the competition are: Life Sciences, Physical Science, Technology, Engineering, Chemistry, and Inquiry and Nature of Science. By combining events from all disciplines, Science Olympiad encourages a wide cross-section of students to get involved. Emphasis is placed on active, hands-on group participation. Through Science Olympiad, students, teachers, parents, principals and community bond together and work toward a shared goal. Teamwork is a required skill in most scientific careers today, and Science Olympiad encourages group learning by designing events that forge alliances and extensive teamwork.

For the first time, Horner students teamed up for these diverse events in Division B for middle school students. The common thread that held them together was their interest in learning beyond their school curriculum as well as a love for science. With hard work, determination, and team spirit, these students received First Place at the Bay Area Regional Science Olympiad.

Participating students were: Amogh Manjunath, Andrew Tee, Anisha Narsam, Ankur Samanta, Arnav Nagle, Desiree Ho, Eugene Ahn, Eve Lin,

Lucas Melo, Naveen Ravindar, Patrick Tran, Ping-Ya Chao, Pranav Kharche, Richard Cheng, Ryan Lee, Vasant Chalemcherla and Vidushee Mishra.

The spectacular performance at the competition was a result of collaborative efforts and hard work by students, parent coaches, and support from teachers and mentors during this journey of learning and self-discovery.

According to head coach, Mr. Anant Kharche, "Parent coaches for individual events, guided and provided necessary resources to the students, who exemplified great team work and dedication to gain limitless learning experience and achieve higher goals. I am grateful to all the parents as well as Science teacher Ms. Seremeta, Horner's Principal Julie Forbes, and experienced mentors, for supporting this pursuit of Science."

Team Horner will now represent the Bay Area region in the Science Olympiad State Competition to be held on April 18, at CSU Stanislaus in Turlock. They will be joined by BARSO's three other teams, Hopkins Jr. High (Fremont), Thornton Jr. High (Fremont) and Albany. For more details regarding the Science Olympiad visit <http://bayareascioly.com/> or <http://www.norcalscienceolympiad.com/content/tournament.htm>

**Science Olympiad State Competition**  
**Saturday, Apr 18**  
**8 a.m. – 5 p.m.**  
**CSU Stanislaus**  
**1 University Circle, Turlock**  
**<http://bayareascioly.com/>**  
**<http://www.norcalscienceolympiad.com/content/tournament.htm>**  
**Free and open to the public**

## Ohlone College seeks Bond Oversight Committee member

SUBMITTED BY OHLONE COLLEGE

The Ohlone Community College District is seeking a member of a Taxpayers' Association to serve with other community members on the Citizens' Bond Oversight Committee. The Oversight Committee reviews the implementation of the Measure G Bond program. The representative of the Taxpayers' Association must be actively engaged with a certified association.

The committee attends quarterly meetings to review reports of expenditures of bond funds by the District, presents the Board of Trustees with reports outlining their

activities and conclusions regarding Measure G Bond proceeds, and informs the public of the District's progress on Measure G activities.

All bond measures for educational facilities in the state are required to have an oversight committee comprised of independent citizens that review and approve expenditures of bond funds to ensure that they are spent according to the provisions of the bond. The Citizens' Bond Oversight Committee is appointed by the Ohlone College Board of Trustees to work with the College.

Measure G is a \$349 million bond measure, passed by voters in November 2010, which authorizes funding for

needed repairs, upgrades, and construction projects primarily on Ohlone College's Fremont campus.

Interested individuals should download an application at [www.ohlone.edu/go/bondapply](http://www.ohlone.edu/go/bondapply). Applications can be mailed to Ohlone Community College District, Administrative Services Office, 43600 Mission Blvd., Fremont, CA 94539 or faxed to (510) 659-6045. Application deadline is Thursday, April 16.

For more information, contact the Administrative Services Office at (510) 659-7307.

continued from page 1

# What kind of bug is that? It's the jitterbug!

Somewhere along the way, toward Quebec's "born to dance destiny," he realized that he wanted to teach others to dance more than he wanted the spotlight. It wasn't long until he was invited to pass on his unique take on swing couples dancing at commercial studios such as the Rhythm Street Dance Studio in Dublin and the Metronome Ballroom in San Francisco. He taught regular classes and hosted weekly swing dance parties with live bands.

Now, Quebec teaches anyone who is interested how to do the snazzy, flashy dances that came up through the decades from the '20s. The Lindy Hop had couples moving and grooving to a style that morphed into swing, on to jitterbug, rock 'n roll, rockabilly and iconic dirty dancing. "That style of couples dancing is aesthetically pleasing, very watchable and fun to do. I just respect and love the music and the youth culture that continues to grow around that style," says Quebec.

When asked about how the swing dance fad of the late '90s turned into a growing sub-culture of 1950's retro hop and swing, he enthused, "It doesn't take long for dance students to want to 'make a night of it' and invite friends to enjoy their new hobby with them. The first workshop, the one I presented last year, was so successful that it's back by popular demand." Quebec's "Rock 'N Swing Dance Workshop...Part Two" will be held on Saturday, April 11 at Joanne Brown Dance Studio.

He adds, "Even those who aren't necessarily into the retro/vintage lifestyle can, and do, enjoy a fun, healthy bit of 'nightlife' and the workshops that make it possible to perform beautifully and be safe on a crowded dance floor; a real concern when guys and gals are 'flippin and hippin'."

Online searches for swing dance scenes will put hopefuls in touch with several sites, but none of these venues are within easy reach for those in the Tri-City area. That is why Quebec appealed to his friend, Joanne Brown, who has been teaching performance dance fundamentals to kids for decades in Union City.

Age doesn't seem to be a factor when the jitterbug bites, but most of the hosted swing and

rockabilly venues are aimed at the over 21 crowd. According to Quebec there is a real need for a more open policy, and he wants to provide a retro dance locale for all ages, friendly and fun for adults and youth interested in vigorous, flashy couples dancing. His immediate goal for the workshops is to generate enough interest to host bi-monthly Saturday dances that bring both the rockabilly and swing dance scenes together; two distinctly different disciplines that still have a lot of overlap.

Quebec uses demo partners, former students from classes he taught at Fremont Adult and Continuing Education, to illustrate a particular maneuver, then teaches the fundamentals to each individual student. The workshop will be technical, yet fun. "Technical," says Quebec, "as in partner connection, and footwork and going over various moves, but the emphasis will be on the social dance aspect."

There are no age restrictions for the workshop; last year's youngest participant was 16 and the oldest was 65. Tickets are \$25 per person for the whole day when purchased in advance and \$30 at the door on the day of the event. A beginner class following the workshop is \$15 in advance and \$20 at the door. For more information call Mike Quebec at (510) 240-2732 or visit [www.facebook.com/events/1555774881341154/](http://www.facebook.com/events/1555774881341154/). Pre-register at <http://esperescano.tictail.com/product/fourhourintensive>.

## Rock 'N Swing Dance Workshop Saturday, Apr 11

2:30 p.m. - Registration  
3:00 p.m. - 8:00 PM  
8:00 p.m. - 9:30 p.m.:  
Class for beginners

Joanne Brown Dance Studio  
33535 Western Ave, Union City  
(510) 240-2732

[www.mikequebecfremontfit.com/?fb\\_ref=Default#events/cblh](http://www.mikequebecfremontfit.com/?fb_ref=Default#events/cblh)  
[www.facebook.com/events/1555774881341154/](http://www.facebook.com/events/1555774881341154/)

Cost: \$25 in advance, \$30 at the door; \$15 for beginner class, \$20 at the door



SATURDAY, APRIL 18, 2015

## NINTH ANNUAL WOMEN'S HEALTH CONFERENCE

**When:**  
Saturday, April 18, 2015  
10 a.m. - 2 p.m.  
(Doors open at 9 a.m.)

**Where:**  
Conrad E. Anderson, M.D. Auditorium  
(2500 Mowry Avenue, Fremont)

**Fee:**  
\$25

**Registration is required:**  
Visit: [www.whhs.com/event](http://www.whhs.com/event)  
or call (800) 963-7070

Join us for a fun day filled with a variety of speakers on topics such as prevention and treatment for gynecologic cancers, healthy meals on the go and much more. This event will provide knowledge and resources for women of all ages. Bring your sister, neighbor, daughter or good friend.

Speakers include **William Dugoni, Jr., M.D.**, Medical Director of the Washington Women's Center, Washington Township Medical Foundation and **Victoria Leiphart, M.D.**, Washington Township Medical Foundation.

Stay connected to Washington Hospital through Facebook, YouTube and Twitter

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# Fabulous Events (and Fabulous People, too!)

Join us at **Carlton Plaza of Fremont** for these fabulous events:

## Free Yoga Classes Every Friday in April, 9:30 a.m.

Limber up every Friday this month with our fun **free yoga classes!** Yoga improves flexibility, energy, respiration, muscle strength and muscle tone. Join us every Friday morning to start improving your life.

## The Happy Birds Wednesday, April 29, 1:00 p.m.

Enjoy the awesome antics of these **talented and colorful parrots** in the courtyard at Carlton Plaza of Fremont. Whether they're singing a tune, slam dunking a mini basketball or riding tiny bikes, these feathered friends are a delight!



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(510) 505-0555  
[CarltonSeniorLiving.com](http://CarltonSeniorLiving.com)

Lic. No. 015600118



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Carlton Plaza of Fremont is a fabulous independent living and assisted living community for seniors!

# Home & Garden

## Decorating a home office?

Three productivity-enhancing principles

The same axiom can apply to your home office. Is it tucked in a dark corner of the spare bedroom? Is your desk beside a bed covered in old toys? Is your filing cabinet stuffed in the closet under clothes that no one has worn since the first Bush presidency? If your home office doesn't feel professional & uplifting, how productive and happy will you be spending eight or more hours a day there?

**Choose a wall color that facilitates focus**

author Angela Wright suggests that your home office color scheme needs to match the type of work you do because different colors create different effects. For example, Wright says, blue might be stimulating if you do a lot of mental work in your home office. Additionally, yellow could encourage creativity, and green

Above: Skylights can bring much more natural light and fresh air into a home office for additional working comfort and increased productivity. They also save premium wall space for shelves, storage or other uses. Solar powered fresh air skylight and blinds, along with installation costs, are eligible for a 30 percent federal tax credit.



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## Easter Schedule

### Holy Saturday, April 4

8:00 a.m. Morning Prayer  
3:00 p.m. Divine Mercy Novena  
8:00 p.m. Easter Vigil, the Sacraments of Initiation and Liturgy of the Holy Eucharist

### Easter Sunday, April 5

6:00 a.m., 7:30, 9, 11, 1:00 p.m. Holy Mass  
(11:00 a.m. Mass Live Streamed via our website: [HolySpiritFremont.org](http://HolySpiritFremont.org))  
3:00 p.m. Divine Mercy Novena

*Holy Spirit Church*



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# Pancake Breakfast



## Newark Optimist Club & Newark Rotary Club are hosting a Pancake Breakfast

**ALL Proceeds will go to Newark Relay For Life**  
Raising funds for cancer research

When: Saturday, May 2nd, 2015

Time: 8:00 a.m. to 11:00 a.m.

Cost: \$10 adults / \$5 children (ages 5-12)

Where:



Sinodinos Steakhouse  
36665 Cedar Boulevard  
Newark, CA 94560



If you would like to purchase tickets, please contact Russ Blowers at 510-793-1498.



Washington Hospital Healthcare System

This event is being sponsored by Washington Hospital Healthcare System. Because of their generous donation, ALL ticket proceeds will go directly to Newark Relay for Life!



## Michael Morgan brings together West & East

SUBMITTED BY CARYL DOCKTER

PHOTO COURTESY OF OAKLAND EAST BAY SYMPHONY

Internationally recognized guest conductor Michael Morgan leads Fremont Symphony's "West Meets East" concert at the Smith Center at Ohlone College on Saturday, April 11. Morgan's operatic debut was in 1982 at the Vienna State Opera in Mozart's "The Abduction from the Seraglio." In 1986, Sir Georg Solti chose him to become the Assistant Conductor of the Chicago Symphony Orchestra, a position he held for five years under both Georg Solti and Daniel Barenboim. Morgan became music director of the Oakland East Bay Symphony in 1990 and has also served as artistic director of the Oakland Youth Or-



Michael Morgan will lead Fremont Symphony's "West Meets East."

chestra, music director of the Sacramento Philharmonic Orchestra, and artistic director of Festival Opera in Walnut Creek, California. He currently teaches the graduate conducting course at the San Francisco Conservatory of Music.

To honor Fremont's Indian community, the program presents both western orchestral works,

such as Beethoven's "Egmont" overture and Chopin's piano concerto in E minor, with music and dance from the subcontinent.

Featured works are Indian-American composer Juhi Bansal's "Where Shadow Chases Light," which had its world premiere last year with Oakland East Bay Symphony under Morgan's baton. Dr. Bansal's award-winning music takes its inspiration from a widely disparate set of elements. As an Indian composer brought up in Hong Kong, her pieces draw subtly on those traditions, entwining them closely and intricately with the gestures of classical music. Expressive and emotive, much of her music begins with extramusical origins: visual stills from nature, poetry, or poignant and biting phrases of prose.

The symphony is delighted to present not one, but two sons of

legendary composer and Sarode master Ustad Ali Akbar Khan, following in their father's footsteps in a rare appearance accompanied by the Fremont Symphony Orchestra. Alam Khan has been touching the hearts of audiences worldwide for the past 17 years. Since his initial training into the Maihar Seni Gharana at the age of seven, Alam was blessed to learn and live in the traditional style of Guru and student. Ali Akbar Khan's careful crafting and guidance shows in each note as well as in Alam's imaginative way of expressing the ancient ragas passed down from the courts of Emperor Akbar by Mian Tansen in the 16th century.

Manik Khan is the youngest son of the late Ali Akbar Khan. He studied extensively for 10 years with his father and is now being guided by his elder brother Alam. Along with accompanying his father and brother around the world on the drone instrument Tanpura, Manik has performed on Sarode at the San Francisco

World Music Festival, the Ali Akbar College of Music and other venues in the Bay Area.

The evening ends with a fun, energetic and light-hearted Bollywood medley with dancers from Yoko's Dance & Performing Arts Academy.

A post-concert reception will provide refreshments and an opportunity to meet and mingle with the guest conductor, composer Juhi Bansal, soloists from the Ali Akbar Khan School of Music, orchestra musicians and other concertgoers.

Tickets are \$45-\$50 for adults, \$20 for full-time students with ID. For tickets, first timer discounts, or more information, please visit [www.fremontsymphony.org](http://www.fremontsymphony.org) or call (510) 371-4859.

**West Meets East**  
**Saturday, Apr 11**  
**8 p.m.**

**Smith Center at Ohlone College**  
**43600 Mission Blvd, Fremont**  
**(510) 371-4859**

**[www.fremontsymphony.org](http://www.fremontsymphony.org)**  
**Tickets: \$45-\$50 adults**  
**\$20 full-time students with ID**

Home Sales Report

| CASTRO VALLEY   TOTAL SALES: 07 |       |         |             |         |         |          |  |  |  |
|---------------------------------|-------|---------|-------------|---------|---------|----------|--|--|--|
| Highest \$:                     |       | 818,000 | Median \$:  |         | 576,500 |          |  |  |  |
| Lowest \$:                      |       | 312,000 | Average \$: |         | 559,214 |          |  |  |  |
| ADDRESS                         | ZIP   | SOLD    | FOR         | BDSSQFT | BUILT   | CLOSED   |  |  |  |
| 2618 Carnation Court            | 94546 | 655,000 | 3           | 1584    | 1963    | 02-27-15 |  |  |  |
| 3701 Kenmore Court              | 94546 | 576,500 | 3           | 1538    | 1955    | 02-26-15 |  |  |  |
| 4652 Malabar Avenue             | 94546 | 818,000 | 2           | 1815    | 1946    | 02-25-15 |  |  |  |
| 4641 Newhaven Way               | 94546 | 500,000 | 3           | 1302    | 1960    | 02-26-15 |  |  |  |
| 20115 Redwood Rd #20            | 94546 | 375,000 | 2           | 866     | 1988    | 02-25-15 |  |  |  |
| 20121 San Miguel Ave #2         | 94546 | 312,000 | -           | -       | -       | 02-27-15 |  |  |  |
| 7849 Summerpointe Place         | 94552 | 678,000 | 4           | 1666    | 1997    | 02-27-15 |  |  |  |

| FREMONT   TOTAL SALES: 31 |       |           |             |         |         |          |  |  |  |
|---------------------------|-------|-----------|-------------|---------|---------|----------|--|--|--|
| Highest \$:               |       | 1,980,000 | Median \$:  |         | 855,000 |          |  |  |  |
| Lowest \$:                |       | 140,000   | Average \$: |         | 900,968 |          |  |  |  |
| ADDRESS                   | ZIP   | SOLD      | FOR         | BDSSQFT | BUILT   | CLOSED   |  |  |  |
| 374 De Salle Terrace      | 94536 | 872,500   | 3           | 2025    | 1991    | 02-26-15 |  |  |  |
| 3559 Dunbar Court         | 94536 | 760,000   | 3           | 1503    | 1976    | 02-27-15 |  |  |  |
| 37132 Elm Street          | 94536 | 770,000   | 5           | 1716    | 1951    | 02-27-15 |  |  |  |
| 3451 Pennsylvania Cmn     | 94536 | 490,000   | 2           | 944     | 1981    | 02-25-15 |  |  |  |
| 3467 Pinewood Tc #204     | 94536 | 443,000   | 2           | 981     | 1986    | 03-02-15 |  |  |  |
| 3250 Red Cedar Terrace    | 94536 | 140,000   | 2           | 750     | 1986    | 02-27-15 |  |  |  |
| 360 Serramonte Terrace    | 94536 | 468,000   | 3           | 1240    | 1973    | 02-25-15 |  |  |  |
| 38720 Stonington Terrace  | 94536 | 819,000   | 3           | 1638    | 1988    | 02-25-15 |  |  |  |
| 4079 Carol Avenue         | 94538 | 808,000   | 4           | 1730    | 1956    | 03-02-15 |  |  |  |
| 40425 Chapel Way #110     | 94538 | 415,000   | 2           | 1052    | 1983    | 02-27-15 |  |  |  |
| 40343 Fremont Boulevard   | 94538 | 530,000   | 3           | 1516    | 1959    | 02-27-15 |  |  |  |
| 39152 Guardino Dr #102    | 94538 | 370,000   | 2           | 844     | 1990    | 02-27-15 |  |  |  |
| 4539 Longview Terrace     | 94538 | 505,000   | 3           | 1242    | 1971    | 02-27-15 |  |  |  |
| 42876 Philadelphia Place  | 94538 | 876,000   | 3           | 1000    | 1958    | 02-27-15 |  |  |  |
| 41528 Casabella Common    | 94539 | 1,006,000 | -           | -       | -       | 03-02-15 |  |  |  |
| 41568 Casabella Common    | 94539 | 1,022,000 | -           | -       | -       | 02-27-15 |  |  |  |
| 41588 Casabella Common    | 94539 | 1,035,000 | -           | -       | -       | 02-27-15 |  |  |  |
| 41598 Casabella Common    | 94539 | 1,029,500 | -           | -       | -       | 02-27-15 |  |  |  |
| 48264 Cottonwood Street   | 94539 | 1,150,000 | 3           | 1574    | 1963    | 02-27-15 |  |  |  |
| 43563 Ellsworth Street    | 94539 | 1,775,000 | 9           | 3700    | 1975    | 02-27-15 |  |  |  |
| 45165 Onondaga Drive      | 94539 | 1,470,000 | 5           | 2422    | 1978    | 02-27-15 |  |  |  |
| 44125 Owl Place           | 94539 | 1,695,000 | 4           | 2862    | 1991    | 02-25-15 |  |  |  |
| 44669 Parkmeadow Drive    | 94539 | 1,635,000 | 5           | 2698    | 1978    | 03-02-15 |  |  |  |
| 275 Quinault Way          | 94539 | 1,355,000 | -           | 1896    | 1978    | 02-26-15 |  |  |  |
| 256 Segovia Place         | 94539 | 1,980,000 | 4           | 3727    | 1976    | 03-02-15 |  |  |  |
| 294 Stacey Common         | 94539 | 501,000   | 2           | 894     | 1987    | 02-27-15 |  |  |  |
| 3065 Washington Blvd      | 94539 | 1,029,500 | 3           | 1588    | 1900    | 02-27-15 |  |  |  |
| 34193 Aberdeen Terrace    | 94555 | 385,000   | 2           | 988     | 1970    | 02-25-15 |  |  |  |
| 32404 Lake Mask Place     | 94555 | 840,000   | 3           | 1544    | 1975    | 02-26-15 |  |  |  |
| 33667 Simple Court        | 94555 | 900,500   | 4           | 1496    | 1984    | 02-25-15 |  |  |  |
| 34778 Siward Drive        | 94555 | 855,000   | 3           | 1517    | 1988    | 02-27-15 |  |  |  |

| HAYWARD   TOTAL SALES: 27 |       |         |             |         |         |          |  |  |  |
|---------------------------|-------|---------|-------------|---------|---------|----------|--|--|--|
| Highest \$:               |       | 890,000 | Median \$:  |         | 420,000 |          |  |  |  |
| Lowest \$:                |       | 102,000 | Average \$: |         | 439,852 |          |  |  |  |
| ADDRESS                   | ZIP   | SOLD    | FOR         | BDSSQFT | BUILT   | CLOSED   |  |  |  |
| 828 Alonda Court          | 94541 | 350,000 | 4           | 1768    | 1950    | 02-27-15 |  |  |  |
| 22741 Blackwood Avenue    | 94541 | 355,000 | 2           | 780     | 1958    | 02-26-15 |  |  |  |
| 1784 D Street             | 94541 | 510,000 | 3           | 1779    | 1949    | 02-27-15 |  |  |  |
| 393 Redbud Lane           | 94541 | 350,000 | 2           | 835     | 1950    | 02-27-15 |  |  |  |
| 552 Staley Avenue         | 94541 | 516,000 | 3           | 1516    | 2012    | 02-27-15 |  |  |  |
| 18957 Standish Avenue     | 94541 | 365,000 | -           | -       | -       | 02-24-15 |  |  |  |
| 27904 Farm Hill Drive     | 94542 | 655,000 | 5           | 2650    | 1969    | 02-27-15 |  |  |  |
| 26953 Hayward Blvd #304   | 94542 | 330,000 | 2           | 1208    | 1983    | 02-25-15 |  |  |  |
| 30127 Audubon Street      | 94544 | 550,000 | 3           | 1392    | 1958    | 02-27-15 |  |  |  |
| 31144 Carroll Avenue      | 94544 | 523,000 | 3           | 1161    | 1955    | 02-27-15 |  |  |  |
| 641 Fairway Street        | 94544 | 561,000 | 3           | 1175    | 1955    | 02-26-15 |  |  |  |
| 1175 Lovelock Way         | 94544 | 580,000 | 4           | 1515    | 1981    | 02-27-15 |  |  |  |
| 129 Orchard Park Place    | 94544 | 595,000 | 4           | 1807    | 2001    | 02-25-15 |  |  |  |
| 29938 Red Maple Court     | 94544 | 890,000 | 4           | 2958    | 1999    | 02-27-15 |  |  |  |
| 28738 Rochelle Avenue     | 94544 | 425,000 | 6           | 1896    | 1955    | 02-27-15 |  |  |  |
| 242 Stanislaus Way        | 94544 | 375,000 | -           | 1296    | 1979    | 02-25-15 |  |  |  |
| 24217 Willimet Way        | 94544 | 520,000 | 3           | 1836    | 1957    | 02-23-15 |  |  |  |
| 27854 Del Norte Court     | 94545 | 265,000 | 2           | 884     | 1970    | 02-27-15 |  |  |  |
| 27725 Gainesville Avenue  | 94545 | 386,000 | 3           | 1371    | 1955    | 02-27-15 |  |  |  |
| 26966 Lauderdale Avenue   | 94545 | 505,000 | 3           | 1215    | 1957    | 02-27-15 |  |  |  |
| 27849 Melbourne Avenue    | 94545 | 370,000 | 3           | 1000    | 1955    | 02-25-15 |  |  |  |
| 2627 Naples Street        | 94545 | 350,000 | 3           | 1128    | 1957    | 02-26-15 |  |  |  |
| 26737 Peterman Avenue     | 94545 | 450,000 | 3           | 1354    | 1957    | 02-25-15 |  |  |  |
| 25610 Scripps Street      | 94545 | 420,000 | 3           | 1181    | 1959    | 02-25-15 |  |  |  |
| 26637 Wauchula Way        | 94545 | 418,000 | 3           | 1128    | 1957    | 02-27-15 |  |  |  |
| 1463 West Street          | 94545 | 160,000 | 3           | 1276    | 1956    | 02-26-15 |  |  |  |
| 1833 West Street          | 94545 | 102,000 | -           | 1777    | 1979    | 02-26-15 |  |  |  |

| MILPITAS   TOTAL SALES: 24 |       |         |             |         |         |          |  |  |  |
|----------------------------|-------|---------|-------------|---------|---------|----------|--|--|--|
| Highest \$:                |       | 855,000 | Median \$:  |         | 692,000 |          |  |  |  |
| Lowest \$:                 |       | 500,000 | Average \$: |         | 717,646 |          |  |  |  |
| ADDRESS                    | ZIP   | SOLD    | FOR         | BDSSQFT | BUILT   | CLOSED   |  |  |  |
| 93 Bettencourt Way         | 95035 | 615,000 | 3           | 1450    | 2010    | 02-27-15 |  |  |  |
| 1576 Bleecker Street       | 95035 | 599,000 | -           | -       | -       | 02-26-15 |  |  |  |
| 2159 Calle Vista Verde     | 95035 | 807,000 | 3           | 1528    | 1992    | 02-27-15 |  |  |  |
| 487 Cascadita Terrace      | 95035 | 670,000 | 3           | 1375    | 1992    | 03-02-15 |  |  |  |
| 1313 Elkwood Drive         | 95035 | 821,000 | 3           | 1422    | 1990    | 02-26-15 |  |  |  |
| 1439 Gingerwood Drive      | 95035 | 590,000 | 2           | 1165    | 1992    | 02-26-15 |  |  |  |
| 1953 Lee Way               | 95035 | 816,500 | 4           | 2135    | 2013    | 03-02-15 |  |  |  |
| 1957 Lee Way               | 95035 | 780,000 | 3           | 1941    | 2013    | 02-26-15 |  |  |  |
| 1961 Lee Way               | 95035 | 740,500 | 3           | 1640    | 2013    | 02-27-15 |  |  |  |
| 1965 Lee Way               | 95035 | 732,000 | 3           | 1640    | 2013    | 03-02-15 |  |  |  |
| 1969 Lee Way               | 95035 | 807,500 | 3           | 1941    | 2013    | 02-26-15 |  |  |  |
| 1973 Lee Way               | 95035 | 855,000 | 4           | 2135    | 2013    | 02-26-15 |  |  |  |
| 1981 Lee Way               | 95035 | 692,000 | -           | -       | -       | 02-27-15 |  |  |  |
| 1989 Lee Way               | 95035 | 637,000 | -           | -       | -       | 02-27-15 |  |  |  |
| 2001 Lee Way               | 95035 | 624,000 | -           | -       | -       | 03-02-15 |  |  |  |
| 2009 Lee Way               | 95035 | 627,000 | -           | -       | -       | 02-26-15 |  |  |  |
| 2017 Lee Way               | 95035 | 683,000 | -           | -       | -       | 02-27-15 |  |  |  |
| 2013 Lee Way #4505         | 95035 | 659,500 | -           | -       | -       | 02-27-15 |  |  |  |
| 1427 Nestwood Way          | 95035 | 815,500 | 3           | 1951    | 2013    | 02-27-15 |  |  |  |
| 883 Russell Lane           | 95035 | 842,000 | 4           | 2218    | 1969    | 02-27-15 |  |  |  |
| 2169 Sepulveda Avenue      | 95035 | 840,000 | 5           | 2077    | 1977    | 02-25-15 |  |  |  |
| 1101 South Main St #430    | 95035 | 500,000 | 2           | 977     | 2007    | 02-26-15 |  |  |  |
| 1252 Starlite Drive        | 95035 | 680,000 | 4           | 1824    | 1970    | 02-26-15 |  |  |  |
| 1139 Traugher Street       | 95035 | 790,000 | 6           | 2038    | 1971    | 03-02-15 |  |  |  |

| NEWARK   TOTAL SALES: 07 |       |         |             |         |         |          |  |  |  |
|--------------------------|-------|---------|-------------|---------|---------|----------|--|--|--|
| Highest \$:              |       | 785,000 | Median \$:  |         | 565,000 |          |  |  |  |
| Lowest \$:               |       | 240,000 | Average \$: |         | 550,714 |          |  |  |  |
| ADDRESS                  | ZIP   | SOLD    | FOR         | BDSSQFT | BUILT   | CLOSED   |  |  |  |
| 36440 Bettencourt Street | 94560 | 490,000 | 5           | 1752    | 1969    | 02-27-15 |  |  |  |
| 7799 Hermitage Avenue    | 94560 | 785,000 | 4           | 1632    | 1975    | 02-27-15 |  |  |  |
| 6232 Jarvis Avenue       | 94560 | 565,000 | 2           | 1168    | 1968    | 02-26-15 |  |  |  |
| 6254 Joaquin Murieta #G  | 94560 | 240,000 | 1           | 731     | 1982    | 02-25-15 |  |  |  |
| 36278 La Salle Drive     | 94560 | 475,000 | 3           | 1118    | 1960    | 03-02-15 |  |  |  |
| 5791 Lafayette Avenue    | 94560 | 625,000 | 3           | 1368    | 1960    | 02-27-15 |  |  |  |
| 39720 Potrero Drive      | 94560 | 675,000 | 3           | 1388    | 1994    | 02-27-15 |  |  |  |



# Kid Scoop

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE



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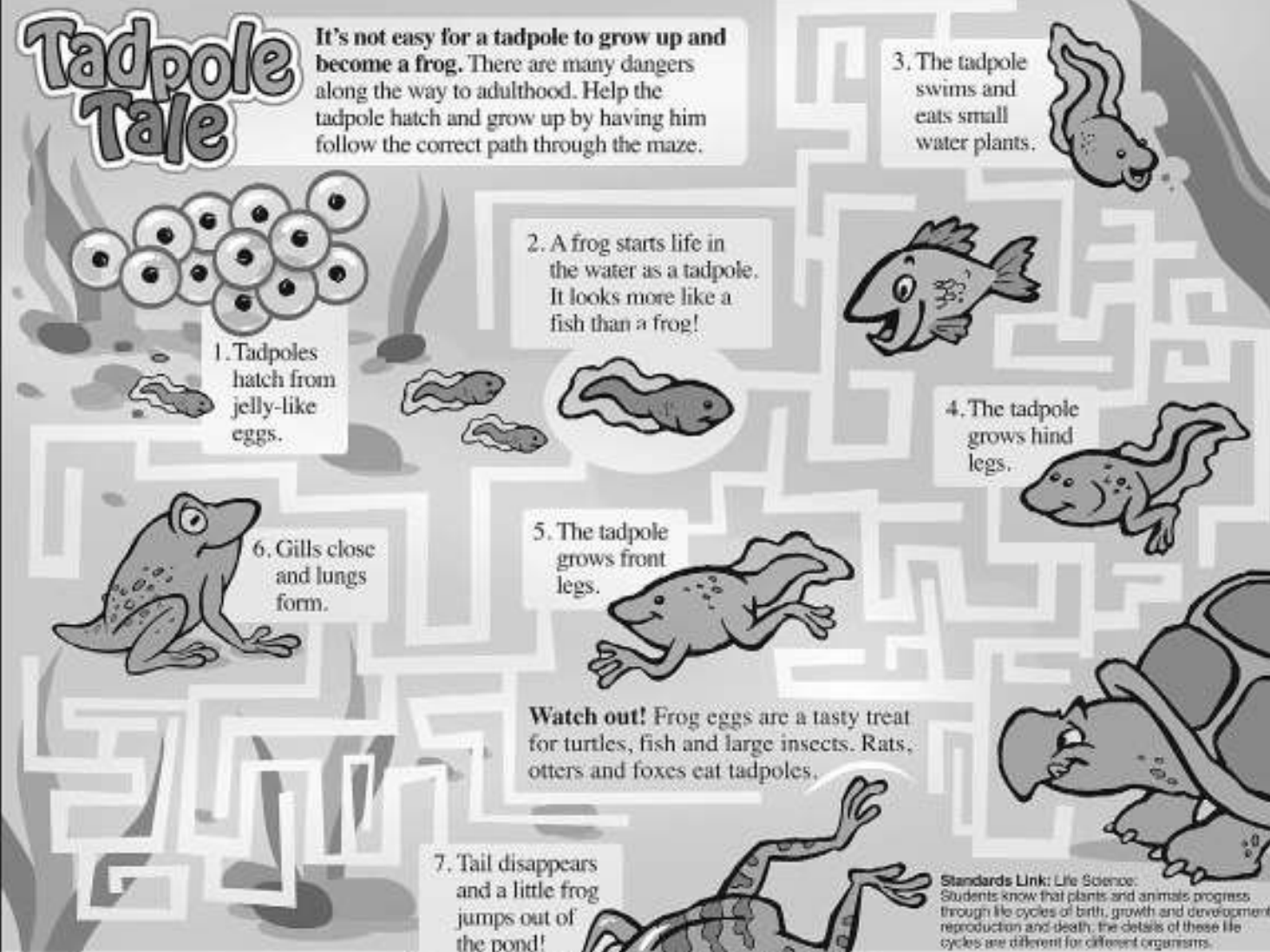




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## Tadpole Tale

It's not easy for a tadpole to grow up and become a frog. There are many dangers along the way to adulthood. Help the tadpole hatch and grow up by having him follow the correct path through the maze.



1. Tadpoles hatch from jelly-like eggs.

2. A frog starts life in the water as a tadpole. It looks more like a fish than a frog!

3. The tadpole swims and eats small water plants.

4. The tadpole grows hind legs.

5. The tadpole grows front legs.

6. Gills close and lungs form.

7. Tail disappears and a little frog jumps out of the pond!

**Watch out!** Frog eggs are a tasty treat for turtles, fish and large insects. Rats, otters and foxes eat tadpoles.

**Standards Link:** Life Science: Students know that plants and animals progress through life cycles of birth, growth and development, reproduction and death; the details of these life cycles are different for different organisms.

## Lily Pad Leap

Leap through the lily pad patch.

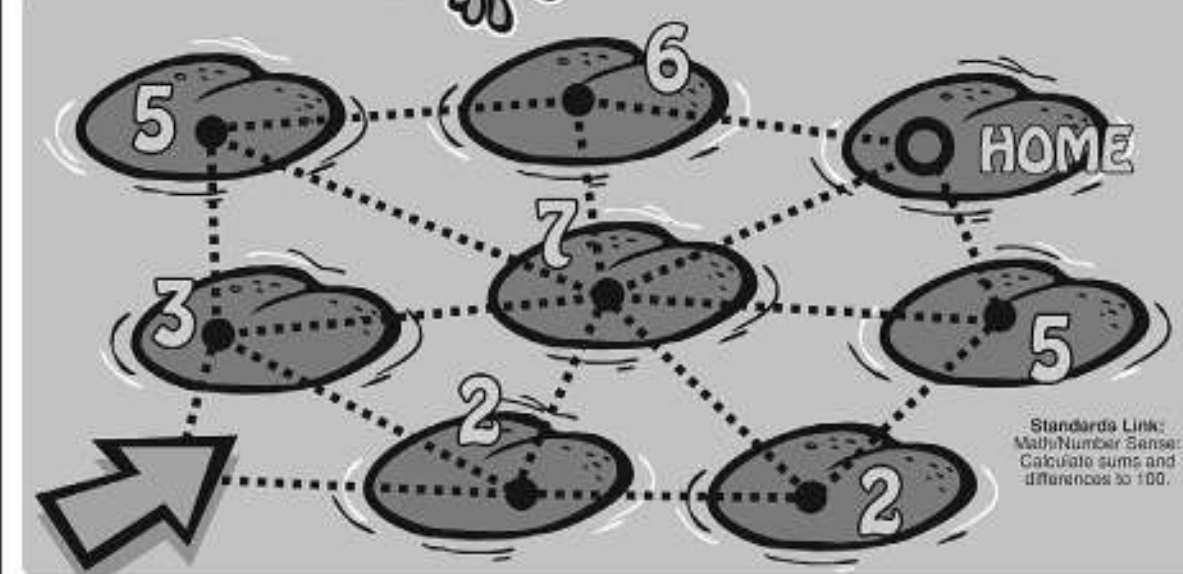
- Find the path that equals 10.
- Find the path that equals 14.
- Find the path that equals 19.
- Find the path that equals 22.



**Bugs for Lunch**

A frog primarily eats insects. Most frogs have a sticky tongue. To catch an insect, the frog flips out its tongue, capturing the insect and then returns its tongue to its mouth with the insect stuck to it. Gulp! Frogs will swallow their prey in one piece because they only have teeth in the upper jaw.

**Standards Link:** Life Science: Know that organisms have body systems that serve specific functions in survival.



**Extra! Extra! Frog in a Bog**

Read the classified ads that describe houses for sale or rent. Write a classified ad selling the perfect habitat for a frog.

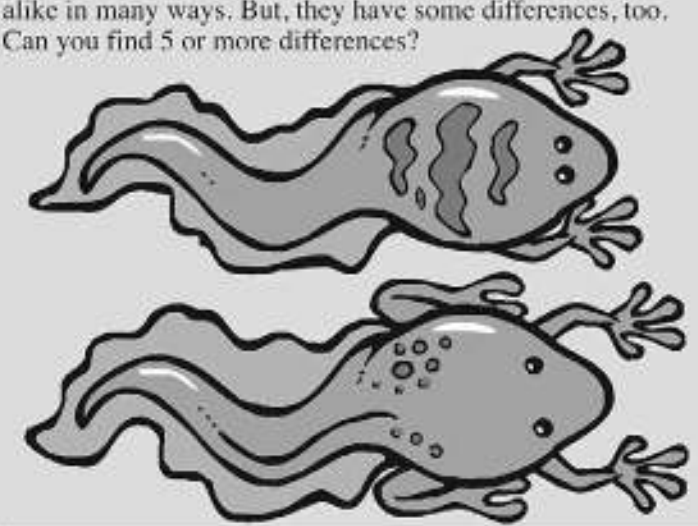
**Standards Link:** Math/Number Sense: Calculate sums and differences to 100.

**Standards Link:** Writing Applications: Write brief expository descriptions using detail.

## The Kid Scoop Puzzler

### Pond Pals

These two tadpoles are pals. They are alike in many ways. But, they have some differences, too. Can you find 5 or more differences?



**Standards Link:** Science Investigation: Find similarities and differences in common objects.

## Double Double Word Search

Find the words in the puzzle, then in this week's Kid Scoop stories and activities.

|   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| Y | L | L | E | J | I | F | S | T | F |
| H | R | H | I | N | D | E | O | A | R |
| A | M | E | S | Y | L | I | L | D | O |
| B | L | E | U | T | S | Y | E | P | P |
| I | C | E | R | G | K | S | S | O | M |
| T | S | U | G | C | N | G | B | L | G |
| A | T | E | I | S | N | O | G | E | G |
| T | T | T | O | U | G | R | T | F | E |
| R | S | L | L | I | G | F | O | G | J |

**Standards Link:** Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

## FROM THE LESSON LIBRARY

### Tiny But Important

Look in the classifieds and circle all the abbreviations. There are lots! Make a list (in ABC order) of the abbreviations and their meanings.

**Standards Link:** Word Analysis/Spelling: Identify common abbreviations; sort in alphabetical order.



**What do you get when you cross a frog with a toaster?**

**ANSWER:** A toadster.

## Kid Scoop Together: Proof It!

Are you an eagle-eyed reader? Read the article below and correct the **eight errors** you find. The first one is done for you.

### Fatal Froggy

How does a frog protect itself from predators?

animals

Lots of animal like to eat to frogs—bats, herons, fish, raccoons, turtles, snakes and even persons.

Different species of frogs have different kinds of protection. The Golden Poyson Frog is among the most poisonous frog in the world. Its brightly-colored skin is a warning to predators that it is dangeris to eat. Only one type of snake is resistant to the frog's deadly poison.

The bright red Tomato Frog fools its enemies by puffing itself up to make it look to big to be swallowed. If a predator do try to eat the frog, it gets another nasty surprise. The Tomato Frog's skin has a thick mucus that irritates a predator and causes it to release the frog.

**Standards Link:** Reading Comprehension: Understand the meaning of words from context clues.

## Kid Scoop VOCABULARY BUILDERS

**This week's word: GILLS**

The noun **gills** means the organs used for breathing by fish and other animals that live in the water.

Fish and tadpoles both breathe with **gills**.

Try to use the word **gills** in a sentence today when talking with your friends and family members.

## Write On!

### Who am I?

Write a "Who am I?" riddle about an animal. Include two or three clues and the answer. **Example:** *I fly at night. I have big eyes. I say "WHOO!" Who am I?* **Answer:** An owl.

# What you should know about Tenant Rights

By HILLARY SCHMEEL

When you rent a space that has plumbing problems, mold or structural damage and your landlord won't take responsibility or you are served an eviction notice, you feel helpless. Who do you call? "They should call us," said Marjorie Rocha, Executive Director of Eden Council for Hope & Opportunity (ECHO) Hayward Office. "Tenants have the right to fair housing choice, and to live in safe, habitable housing. If these rights are in any way violated by housing providers in Alameda or Contra Costa Counties, tenants should contact us."

ECHO will take your information, determine your jurisdiction and assign you to the appropriate counselor based on your situation. Common issues seen by ECHO are evictions, habitability issues, rent increases, and fair housing inquiries.

"A great deal of inquiries are households seeking information on their rights," said Rocha. "If they are calling regarding a dispute with a landlord, depending on the nature of the dispute, we may have them exercise their rights to inform the landlord he must follow the law, or we can conciliate or mediate the matter. The majority of mediations are successful. Since we are not attorneys, disputes that require legal advice are referred to legal services."

There are three remedies tenants may use when a landlord refuses to fix a damaged rental unit. The "repair and deduct" remedy allows a tenant to deduct money from the rent, up to one month's rent, to pay for the repairs. This remedy covers conditions that affect the tenant's health and safety, including a leak in the roof during the rainy season, no hot running water, or a gas leak.

"We never advise to repair and deduct because they may not be able to prove that it was serious enough," said Rocha. "Tenants should keep paying the rent, make the repairs and then seek legal advice and go to court. You are essentially playing Russian roulette with your housing. It is too easy for the landlord to give them a three-day eviction notice to pay or quit." Instead of using the repair and deduct remedy, a tenant can abandon an uninhab-

itable rental unit by using the "abandonment" remedy if the defects cost more than one month's rent to repair. But the tenant must prove the severity of the conditions through photos, receipts, and witnesses.

The "rent withholding" remedy may be another option. A tenant is allowed to stop paying some or all of the rent if the landlord does not fix serious problems that threaten the tenant's health or safety, such as in Green v. Superior Court. This included col-

*There are three remedies tenants may use when a landlord refuses to fix a damaged rental unit.*

lapse and non-repair of the bathroom ceiling, continued presence of rats, mice, and cockroaches, lack of any heat in four of the apartment's rooms, plumbing blockages, exposed and faulty wiring, and an illegally installed and dangerous stove.

"People are unfairly evicted every day," said Rocha. "Fortunately, most landlords and agents are educated on their responsibilities so that they are in compliance with federal, state, and local laws. We educate the tenants on proper eviction procedures, and we can speak to the landlord. If the landlord continues with the eviction process in violation of the law, we can make referrals to legal services."

However, a landlord can use an eviction notice if the tenant has failed to pay the rent, violated any provision of the lease or rental agreement, caused a nuisance, damaged the rental property or used it for an illegal purpose. Tenants are required by law to take reasonable care of their rental units, as well as common areas such as hallways and outside areas. Tenants are also responsible for repair of all damage that results from their neglect or abuse, and for repair of damage caused by family, guests, or pets.

According to California Department of Consumer Affairs, a landlord may try to evict a tenant because the tenant has exercised a legal right through the repair and deduct remedy or the rent withholding remedy or has complained about a problem in the rental unit and wants to punish the tenant. This is called retaliatory. The law assumes that the landlord has a retaliatory motive if the landlord seeks to evict the tenant within six months after the tenant has used any of their tenant rights. This may include using or telling the landlord that the tenant will use the repair and deduct remedy, complaining about the condition of the rental unit to the landlord, or to a public agency like ECHO after giving the landlord notice, filing a lawsuit or beginning arbitration based on the condition of the rental unit, causing a public agency to inspect the rental unit or to issue a citation to the landlord.

"We are all about creating a paper trail," said Rocha. "We encourage that a demand letter be sent to the landlord through certified mail or e-mail. If necessary, this may be used to prove that eviction came on the heels of request. If they have sent a demand letter to the landlord, and the landlord does not respond favorably, the counselor and the tenant may decide the case is appropriate for conciliation. Other options may include mediation, litigation, or further investigation and testing if this is a fair housing case."

In order for the tenant to defend against eviction on the basis of retaliation, the tenant must prove that he or she exercised one or more of their rights within the six-month period, that the tenant's rent is current, and that the tenant has not used the defense of retaliation more than once in the past 12 months. If the tenant produces all of this evidence, then the landlord must produce evidence that he or she did not have a retaliatory motive.

For more information, contact ECHO at (510) 581-9380 or [www.echofairhousing.org](http://www.echofairhousing.org). ECHO also specializes in fair housing, which includes discrimination and disability accommodations. For more details on tenant rights in California, visit the California Department of Consumer Affairs website at [www.dca.ca.gov](http://www.dca.ca.gov).

## I need a Forever Home



Louie is a young, super energetic pup. Always up for a run or hike, he'll go wherever you want to go! He loves toys and a good game of fetch. Kids 13 years+. Meet Louie at the Hayward Animal Shelter. More info: (510) 293-7200.



Zsa Zsa is a very sociable, gentle bunny with plush black fur and beautiful brown eyes. She enjoys being held and really loves her greens and Timothy hay. Meet Zsa Zsa at the Hayward Animal Shelter. More info: (510) 293-7200.

Enrich Your Life - Become a Volunteer!

## Hayward Animal Shelter

[www.facebook.com/haywardanimalshelter](http://www.facebook.com/haywardanimalshelter)  
510-293-7200

16 Barnes Court (Near Soto & Jackson) Hayward  
Tuesday - Saturday 1pm - 5pm

# Ching Ming Festival

Come celebrate Ching Ming Festival on Saturday and Sunday, April 4 and 5 at Chapel of the Chimes Hayward. The two-day celebration features buffet lunch and lion dancers, all for free. The first 500 visitors on each day will receive a free gift. Attendees may also enter for a chance to win a trip for two to Hong Kong.

Ching Ming Festival, also known as Qingming Festival, is a traditional Chinese festival celebrated on the first day of the fifth solar term of the traditional lunisolar calendar. People visit ancestral graves to honor their loved ones by praying, sweeping the tombs, and offering a variety of food and wine.

Chapel of the Chimes has a special Wall of Honor where you can come and place the names of your departed loved ones and carry on the tradition of Ching Ming that has been part of Chinese culture for over 2,500 years. Visit [www.hayward.chapelofthechimes.com](http://www.hayward.chapelofthechimes.com) to add your loved one's name to the Wall of Honor.

**Ching Ming Festival**  
**Saturday, Apr 4 & Sunday, Apr 5**  
**10 a.m. – 1 p.m.**  
**Chapel of the Chimes**  
**32992 Mission Blvd, Hayward**  
**(510) 471-3363**  
**[www.hayward.chapelofthechimes.com](http://www.hayward.chapelofthechimes.com)**  
**Free**

# Lincoln Elementary bids farewell to an icon

SUBMITTED BY JOHN ANGELO

This month, Lincoln Elementary in Newark bids farewell to a neighborhood hero. Scott Pace, Vietnam veteran, S.F. Giants' #1 fan, and father of two former Lincoln Leopards, will be retiring from his twenty-five year career as Lincoln's crossing guard.

During his long and dedicated tenure with the school, Pace was a readily identifiable icon of Lincoln pride, loyalty, and dedication. Every morning, he and his service dog, Sonia, would greet the students and their families as they approached the campus located at 36111 Bettencourt Street. With a booming, yet warm greeting, red STOP sign held at the ready in hand, Pace would pause traffic along the route, so children and families could safely cross the street to attend school.

In addition to helping with this basic, yet critical chore, Pace would pass out lollipops and treats to children, play in Lincoln's annual sixth-grade versus Lincoln staff softball game, donate money to the classes, and purchase much-needed items that were posted on the office "Giving Tree" display for teachers and their classrooms.

What Pace displayed with his wallet, was matched twofold by what poured from his heart. He was known for sponsoring families during Christmas, providing refur-

bished baseball gloves to budding baseball players in need, gifting people with his Giants season tickets when he was unable to attend a game, and of course, collecting thousands of cans for homeless veterans in need during the Christmas season.

And like the months, seasons and holidays that pass during the school year, Pace morphed and celebrated each special event with his usual gusto and good cheer. On Halloween, there was always a frightful, gruesome ghoulie to greet the cautious, yet riveted young Leopards who needed to cross the street in their own festive garb. Pace, ("Santa") was punctual each December as he descended from the North Pole to heartily welcome the children enamored with St. Nick and eager for Christmas to soon arrive. At the culmination of the epic Lincoln Holiday Sing-alongs, Santa would stride into the school cafeteria to thank the school and students for donating to the canned and dried goods drive and helping vets in need.

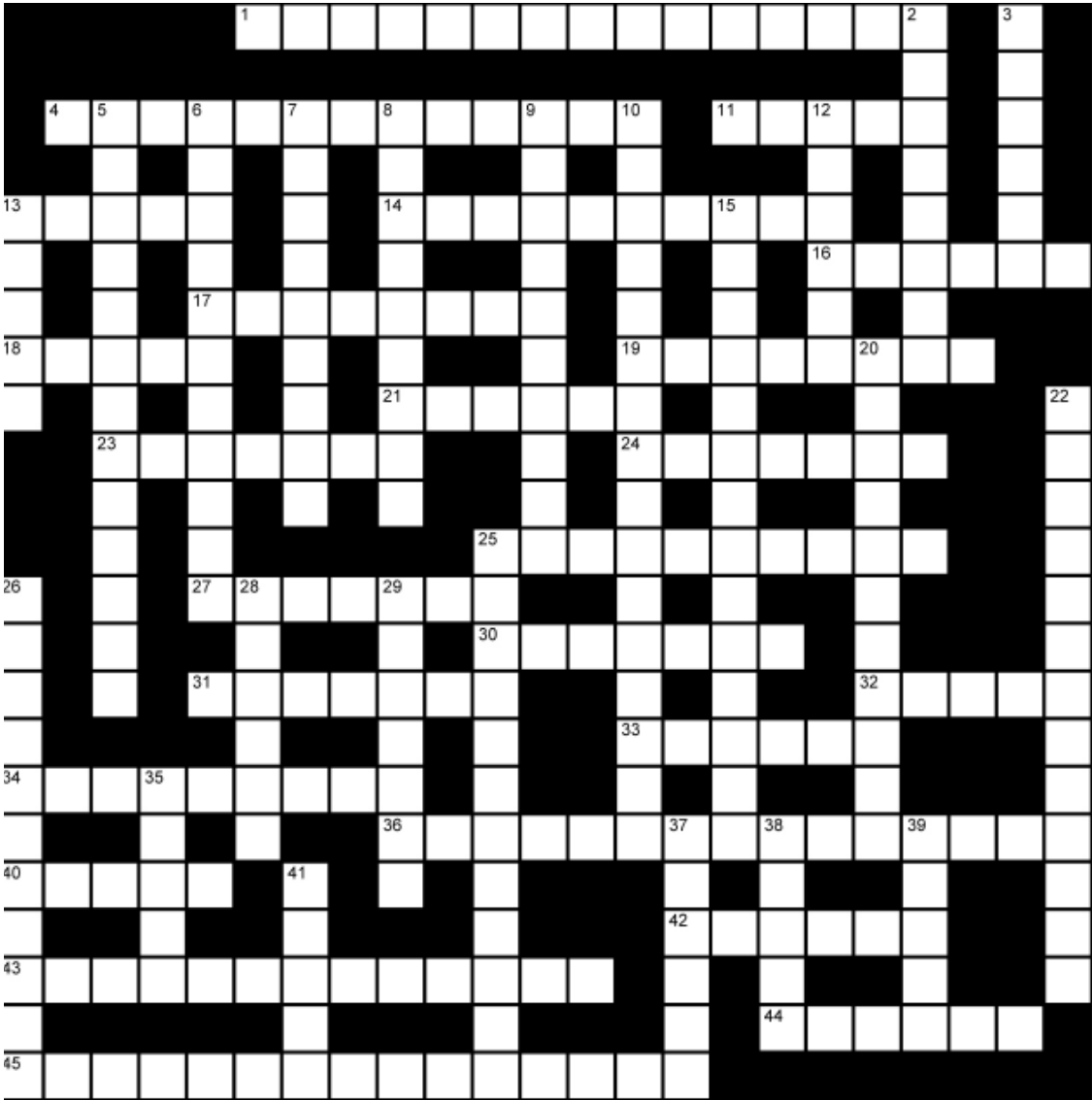
As Pace retires and begins a new stage in his life, Lincoln families and staff bid their crossing guard, hero, and symbol of pride, loyalty, and dedication, a fond farewell. They will miss his smiling face, generous heart, booming voice, and side-kick, Sonia.

Good-bye, Scott Pace! You will be missed!



# Mind Twisters

## Crossword Puzzle B 308

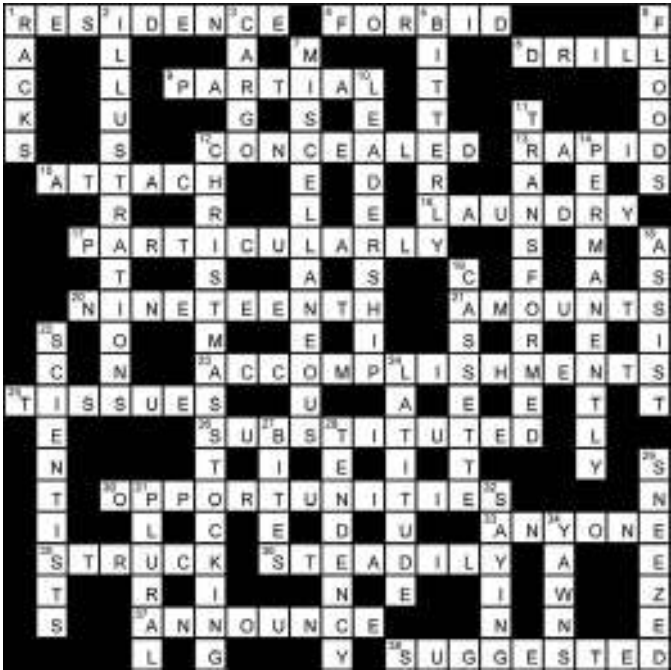


- Across
- 1 Achievements (15)
- 4 At ninety degrees from a straight line (13)
- 11 Fourth, \_\_\_\_, sixth (5)
- 13 Big name in computers (5)
- 14 Give an idea or proposal (10)
- 16 Regard or treat as same or equivalent (6)
- 17 Kind of soup (8)
- 18 More dry (5)
- 19 Decade after eighties (8)
- 21 Slender, open boats tapering at both ends (6)
- 23 Far-out (7)
- 24 Ape (7)
- 25 "Of course" (10)
- 27 Not to be seen anywhere (7)
- 30 Like (7)
- 31 Of the best type serving as standard (7)
- 32 Auctioneer's word (5)
- 33 Strip of ice due to freezing of dripping water (6)
- 34 Flight of stairs with its framework (9)
- 36 Chosen people to act on other's behalf (15)
- 40 Hangout (5)
- 42 Forest, woods (6)
- 43 Appliances to keep perishables (13)
- 44 Writes a word letter by letter (6)
- 45 Features (15)
- Down
- 2 Sequence of events, timetable (8)
- 3 Grand (6)
- 5 Trying out possibly in a lab (13)
- 6 Work towards a goal, like exam or trip (11)
- 7 Penny purchase, years ago (9)
- 8 Case of occurrences, examples (9)
- 9 Tower for guidance of ships (10)
- 10 Onus of doing chores (16)
- 12 Classic, the best (6)
- 13 "All kidding \_\_\_\_..." (5)
- 15 Drivers licence, passport (14)
- 20 Very smart (11)
- 22 Eminent, noted (13)
- 25 Vivid explanations (12)
- 26 Related to air, like pressure (11)
- 28 "One \_\_\_\_ Jump" (6)
- 29 Oriental (7)
- 35 \_\_\_\_ tube (5)
- 37 Relishes (6)
- 38 Airs (5)
- 39 Archetype (5)
- 41 Depiction on the back of old pennies (5)

## Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.

|   |   |   |   |   |   |   |   |  |
|---|---|---|---|---|---|---|---|--|
|   |   |   |   |   |   |   |   |  |
| 5 |   |   |   |   |   | 8 | 1 |  |
| 6 | 9 |   | 8 | 4 |   |   |   |  |
|   |   |   | 2 |   | 5 |   |   |  |
|   |   |   |   |   |   | 1 | 4 |  |
|   | 7 | 6 |   |   | 1 | 9 |   |  |
|   |   | 9 |   |   | 2 |   | 6 |  |
|   |   | 7 | 9 |   |   |   |   |  |
|   |   | 8 | 6 | 5 |   |   |   |  |



## B 307

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 9 | 2 | 5 | 3 | 6 | 4 | 7 | 8 | 1 |
| 3 | 1 | 8 | 2 | 9 | 7 | 4 | 5 | 6 |
| 7 | 6 | 4 | 1 | 8 | 5 | 3 | 9 | 2 |
| 6 | 8 | 2 | 7 | 1 | 9 | 5 | 4 | 3 |
| 5 | 7 | 3 | 4 | 2 | 6 | 9 | 1 | 8 |
| 4 | 9 | 1 | 5 | 3 | 8 | 2 | 6 | 7 |
| 8 | 3 | 6 | 9 | 5 | 2 | 1 | 7 | 4 |
| 2 | 4 | 9 | 6 | 7 | 1 | 8 | 3 | 5 |
| 1 | 5 | 7 | 8 | 4 | 3 | 6 | 2 | 9 |

## Tri-City Stargazer APRIL 1 – APRIL 7, 2014 BY VIVIAN CAROL

For All Signs: The 7th of seven exact Uranus-Pluto squares are over. These are slow moving planets so they remain within orb until March 2019, when Uranus moves permanently from Aries to Taurus. The faster moving planets, plus our Sun, will be caught in this web of aspects several times per year until that time. This week it is the Sun which squares Pluto on the 5th and conjuncts Uranus the next day. From the perspective of astrology, this short time between the square and the conjunction is virtually meaningless. Since the Sun is with Uranus, planet of the people, this suggests there will be demonstrations and challenges to promote the people's welfare.

- Aries the Ram (March 21-April 20):** You are tagged to speak up for freedom, fair play, and justice, whether that is for a group or for yourself. Aries is one with courage and not likely to back down from a fight, especially if it is on behalf of friends and kindred spirits.

**Taurus the Bull (April 21-May 20):** Mars, the warrior, enters your sign this week and will be traveling with you for seven weeks. It is time to set boundaries, but watch carefully what you say if you want to maintain relationships. Pay careful attention to signs of burnout, such as irritability, infection, and unusual fatigue. If these occur, assess how much you can and cannot do without reacting to the stress.

**Gemini the Twins (May 21-June 20):** Give yourself plenty of opportunities to be still, calm and quiet. Listen to the inner voice that you often ignore. You may be guided toward sources of healing, whether physical or emotional. You might also act as healer for a partner or a very good friend.
- Cancer the Crab (June 21-July 21):** On the 4th there is a full moon eclipse. These happen about twice per year and they bring eye-opening experiences. It is as though you can see in the dark, into people and circumstances that have not been altogether clear before this time.

**Leo the Lion (July 22-August 22):** You and Aries have similar horoscopes this week. You may be speaking out on the Internet rather than in person. This is probably not a good week for travel, as powers greater than you may force a landing or detain your plane. Legal and/or educational interests encounter a setback.

**Virgo the Virgin (August 23-September 22):** Give attention to your dreams, fantasies, and/or visions this week. Your intuition is preparing you for a future event. Don't strain to find out what that is. Feel your way around it in your mind until the image or thought drops unbidden into your consciousness.
- Libra the Scales (September 23-October 22):** Necessary expenses may develop this week. An eclipse occurs in your sign on the 4th. You will learn a lot about your relationship(s) to others. This is a time in which you can perceive truths about yourself and others that are normally closed to you.

**Scorpio the Scorpion (October 23-November 21):** Intensity in relationships is the theme of the week. If you are not conscious, you could be pulled into schemes of manipulation or compulsive behaviors. Existing relationships could re-experience the pain of old wounds. You have a choice of whether to work it through or act it out in the same way as the first time.

**Sagittarius the Archer (November 22-December 21):** This is a particularly positive time for love and romance. One or more people of interest may cross your path. If you are already involved, then this is a wonderful time to plan for or take a trip together. Travel, legal and educational matters are also supported.
- Capricorn the Goat (December 22-January 19):** Sudden events, related to body, family or property may blast a chuckhole in the road that you follow. Use your peripheral vision in more ways than just while driving. Prepare for a shock. It won't kill you but may rattle your cage for a while until you are able to tend to it.

**Aquarius the Water Bearer (January 20-February 18):** Your attitude is somber. This is a good time to work alone and concentrate on a calming project rather than a challenging exploit. Pursue something educational and interesting. It may be that you are the object of advances or an attraction
- from someone that you prefer to avoid. Dealing with it serves as a good lesson in tact and diplomacy.

**Pisces the Fish (February 19-March 20):** A favorable opportunity comes your way via your career or life direction. If your income is flexible, then this will be a good week. Information comes your way that might increase your income. Day-to-day life should be pleasant and generally positive.

Are you interested in a personal horoscope?  
Vivian Carol may be reached at (704) 366-3777  
for private psychotherapy  
or astrology appointments  
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|----------------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
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| 11-Night Golden Gate Alaska Cruise     | 2015 - May 15 | California: San Francisco; Alaska: Ketchikan, Icy Strait Point, Juneau, Tracy Arm Fjord (Sawyer Glacier); British Columbia: Victoria; Oregon: Astoria; California: San Francisco                                         |
| 12-Night Golden Light Alaska Cruise    | 2015 - May 26 | California: San Francisco; Alaska: Sitka, Juneau, Skagway, Haines, Tracy Arm Fjord (Sawyer Glacier), Ketchikan; British Columbia: Nanaimo, Victoria, Vancouver                                                           |
| 12-Night Golden Light Alaska Cruise    | 2015 - Aug 23 | British Columbia: Vancouver; Alaska: Tracy Arm Fjord (Sawyer Glacier), Sitka, Juneau, Icy Strait Point, Skagway, Ketchikan; British Columbia: Victoria; Oregon: Astoria; California: San Francisco                       |
| 9-Night Pacific Coastal Cruise         | 2015 - Sep 4  | California: San Francisco, Monterey; Mexico: Ensenada; California, San Diego, Catalina Island, Santa Barbara, San Francisco                                                                                              |
| 17-Night Eastbound Panama Canal Cruise | 2015 - Sep 18 | California: San Francisco, Monterey; Mexico: Cabo San Lucas, Puerto Vallarta; Guatemala: Puerto Quetzal; Costa Rica: Puntarenas; Panama: Panama Canal (Cruising), Colon; Colombia: Cartagena; Florida: Fort Lauderdale   |

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**Saturday, April 11**  
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Michael Morgan, guest conductor

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**APPLICATION DEADLINE: APRIL 16**

 FOR MORE INFORMATION, GO TO:  
[www.ohlone.edu/go/bondapply](http://www.ohlone.edu/go/bondapply)

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\$ = Entrance or Activity Fee  
R= Reservations Required  
Schedules are subject to change.  
Call to confirm activities shown in these listings.



## CONTINUING EVENTS

### Monday, Wednesday & Saturday, Jan 28 thru Apr 15

#### Alameda County Low-Moderate Income Tax Assistance

Mon & Wed: 5:30 p.m. - 8:30 p.m.  
Sat: 9:00 a.m. - 4:00 p.m.

*Tax preparation help for low income households*

Eden Area Multi-Service Center  
24100 Amador St., Hayward  
(510) 670-5700  
[www.alamedasocialservices.org](http://www.alamedasocialservices.org)

### Monday, Feb 2 thru Friday, Apr 15

#### Free Quality Tax Assistance

Mon & Wed: 4 p.m. - 8 p.m.  
Fri: 10 a.m. - 1 p.m.

*Tax help for low income households*

Fremont Family Resource Center  
39155 Liberty St., Fremont  
(510) 574-2020

### Wednesdays & Thursdays, Feb 4 thru Apr 9

#### Tax Assistance - R

10 a.m. - 2 p.m.

*Volunteer preparation and e-filing tax assistance*

Castro Valley Library  
3600 Norbridge Ave.,  
Castro Valley  
(510) 667-7900  
[www.aclibrary.org](http://www.aclibrary.org)

### Saturdays, Feb 7 thru Apr 11

#### Free Quality Tax Assistance

10 a.m. - 1 p.m.

*Tax help for low income households*

Newark Branch Library  
6300 Civic Terrace Ave., Newark  
(510) 574-2020

### Saturdays, Feb 7 thru Apr 11

#### Free Quality Tax Assistance

10 a.m. - 1 p.m.

*Tax help for low income households*

Union City Branch Library  
34007 Alvarado Niles Rd.,  
Union City  
(510) 574-2020

### Friday, Feb 13 - Saturday, May 16

#### Trajes Regionales de Mexico

10 a.m. - 5 p.m.

*Collection of costumes from Ballet Folklorico Mexicano*

San Leandro Public Library  
300 Estudillo Ave., San Leandro  
(510) 577-3971  
[www.aclibrary.org](http://www.aclibrary.org)

### Saturdays, Feb 14 thru Apr 11

#### Free Quality Tax Assistance

10 a.m. - 1 p.m.

*Tax help for low income households*

Holly Community Center  
31600 Alvarado Blvd.,  
Union City  
(510) 574-2020

## Arts & Entertainment

### Tuesdays, Feb 17 thru Mar 31

#### Bridge 1

9:30 a.m. - 10:30 a.m.

*Set up, bid play and score keeping*

Newark Senior Center  
7401 Enterprise Dr., Newark  
(510) 578-4840  
[www.newark.org](http://www.newark.org)

### Tuesdays, Feb 17 thru Mar 31

#### Bridge 2

10:30 a.m. - 11:30 a.m.

*Mastering game strategy*

Newark Senior Center  
7401 Enterprise Dr., Newark  
(510) 578-4840  
[www.newark.org](http://www.newark.org)

### Thursday, Feb 26 - Saturday, Apr 11

#### Fabric Creations

10 a.m. - 4 p.m.

*Textile art*

*Artist reception Saturday, March 7: 1*

*p.m. - 3 p.m.*

Foothill Arts of the Bay  
22394 Foothill Blvd., Hayward  
(510) 538-2787  
[www.haywardarts.org](http://www.haywardarts.org)

### Wednesday, Mar 4 - Sunday, Apr 12

#### Indigenous Flux Artists Honoring Their Roots

10 a.m. - 4 p.m.

*Artworks celebrate traditions in the modern world*

Hayward Area Historical Society  
22380 Foothill Blvd., Hayward  
(501) 581-0223  
[www.haywardareahistory.org](http://www.haywardareahistory.org)



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Year-round  
Bonde Way at Fremont Blvd.,  
Fremont  
(510) 909-2067  
www.fremontfarmersmarket.com

Kaiser Permanente Fremont Farmers’ Market

Thursdays

10 a.m. – 2 p.m.

Year-round  
39400 Paseo Padre Pkwy.,  
Fremont  
800-949-FARM  
www.pcfma.com

Irvington Farmers’ Market

Sundays

9 a.m. – 2 p.m.

Year-round  
Bay Street and Trimboli Way,  
Fremont  
800-949-FARM  
www.pcfma.com

Niles Farmer’s Market

Saturdays

9 a.m. - 2 p.m.

Year-round  
Niles Town Plaza  
37592 Niles Blvd., Fremont  
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers’ Market

Saturdays

9 a.m. - 1 p.m.

Year-round  
Hayward City Plaza  
777 B. St., Hayward  
1-800-897-FARM  
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays

9 a.m. - 3 p.m.

Year-round  
W. Tennyson Rd. between Tyrell  
Ave. and Tampa Ave., Hayward  
(510) 783-9377  
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente

San Leandro

Wednesday

10 a.m. - 2 p.m.

June 11, 2014 to  
December 31, 2014  
2500 Merced St, San Leandro  
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers’ Market at ICC

Sundays

8 a.m. – 1 p.m.

Year-round  
India Community Center  
525 Los Coches St.  
800-949-FARM  
www.pcfma.com

NEWARK:

Newark Farmers’ Market

Sundays

9 a.m. - 1 p.m.

Year-round  
NewPark Mall  
2086 NewPark Mall, Newark  
1-800-897-FARM  
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round  
Fairmont and East 14th St., San  
Leandro  
(925) 465-4690  
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays

10 a.m. – 2 p.m.

Year-round  
Kaiser Permanente Medical  
Offices  
3553 Whipple Rd., Union City  
800-949-FARM  
www.pcfma.com

Union City Farmers’ Market

Saturdays

9 a.m. – 1 p.m.

Year-round  
Old Alvarado Park  
Smith and Watkins Streets,  
Union City  
800-949-FARM  
www.pcfma.com

Mondays, Mar 16 - Apr 20

Nutritional Champion for Change Program – R

5:00 p.m. - 6:30 p.m.

Discuss healthy foods, eating on a budget and physical fitness

Safe Alternatives to Violent Environments – SAVE  
1900 Mowry Ave, Fremont  
(510) 574-2256  
AshleyL@save-dv.org  
www.save-dv.org

Tuesday, Mar 17 - Friday, Mar 31

Donate Your Easter Baskets

Mon - Thurs: 8:30 a.m. - 4:00 p.m.

Fri: 8:30 a.m. - 3:00 p.m.

Bring empty Easter Baskets to be filled for kids

Tri-City Volunteers  
37350 Joseph St., Fremont  
(510) 793-4583  
www.tri-cityvolunteers.org

Wednesdays, Mar 18 thru Apr 29

Canasta

9:15 a.m.

Classic card game

Newark Senior Center  
7401 Enterprise Dr., Newark  
(510) 578-4840  
www.newark.org

Thursday, Mar 20 - Sunday, Apr 18

Social Security \$

Thurs - Sat: 8:00 p.m.

Sun: 12:15 p.m.

Comedy about a married couple and their family  
Broadway West Theatre Company  
400-B Bay St., Fremont  
(510) 683-9218  
www.broadwaywest.org

Saturday, Mar 21 - May 16

Annual Spring Show

Mon: 5 p.m. - 10 p.m.

Tues & Thurs: 10 a.m. - 1 p.m.

Sat: 12 noon - 3 p.m.

Variety of works from over 60 artists

Opening reception Saturday,  
March 21: 2 p.m. - 5 p.m.  
PhotoCentral  
1099 E St., Hayward  
(510) 881-6721  
www.photcentral.org

Saturdays, Mar 21 - Jun 20

Self-Empowerment and Economic Development Program – R

9:30 a.m. - 3:00 p.m.

Improve English language skills, financial literacy, computer, career, and health education

Classes are free; includes lunch and childcare  
Safe Alternatives to Violent Environments – SAVE  
1900 Mowry Ave, Fremont  
(510) 444-6068  
SEED@Narika.org  
www.save-dv.org

Thursday, Apr 16 - June 11

Spring Curling League \$

7:45 p.m. - 9:45 p.m.

Instruction in delivery, sweeping and rules of the game

Registration opens March 19 at 7:00 p.m.  
Sharks Ice  
44388 Old Warm Springs Blvd., Fremont  
(510) 623-7200  
membership@bayareacurling.com  
www.bayareacurling.com

Friday, Mar 27 - Saturday, Apr 25

The Meaning of Life

7 p.m. - 9 p.m.

Photography by Megan Rhodes

Reception Friday, March 27: 7 p.m. - 9 p.m.

Olive Hyde Art Gallery  
123 Washington Blvd., Fremont  
(510) 791-4357  
www.olivehydeartguild.org

Saturday, Mar 28 - Friday, Apr 4

Cross of Love - Easter Musical \$

Sat: 2:30 p.m.

Thur, Fri & Sun: 7:30 p.m.

Live singing and entertainment

Neighborhood Church of Castro Valley  
20600 John Drive, Castro Valley  
(510) 537-4690  
www.3crosses.org

Saturday, Mar 28 - Sunday, Jun 28

Nature’s Duets

10 a.m. - 5 p.m.

Photography of pair relationships

Artist reception Saturday, March 28: 2 p.m. - 4 p.m.  
Hayward Shoreline Interpretive Center  
4901 Breakwater Ave., Hayward  
(510) 670-7270  
www.haywardrec.org

Tuesday, Mar 31-Friday, Apr 3

Crosswalk: The Easter Experience

6 p.m. - 9 p.m.

Experience Jesus’ death and resurrection thru visual art

Harbor Light Church  
4760 Thornton Ave., Fremont  
(510) 744-2233  
www.Harborlight.com/events/easter/crosswalk

Thursdays, Fridays & Sundays, Apr 2 thru May 31

Ride the Rails \$

10:15 a.m. - 2:30 p.m.

Enjoy a train ride around the farm

Ardenwood Historic Farm  
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Thursday, Apr 2 - Sunday, May 31

Patterson House Tours \$

Thurs - Fri: 2:30 p.m.

Sat - Sun: 11:30 a.m.

Docent led tour of Victorian home

Ardenwood Historic Farm  
34600 Ardenwood Blvd., Fremont  
(510) 544-2797  
www.ebparks.org

Fridays, Apr 3 thru May 22

INDZ - Where Art Meets Heart Series – R

4 p.m.

Cultural visits to various counties

Elementary - Middle School program  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
www.aclibrary.org

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4300 Hansen Ave.  
Fremont

510-797-3695

www.fremontchurchofchrist.org

Whoever Drinks Of The Water  
That I Will Give Him  
Shall Never Thirst; But The Water  
That I Will Give Him  
Will Become In Him  
A Well Of Water Springing Up  
To Eternal Life  
John 4:14

AA Meetings Every Tues  
and Thurs Evenings  
7:30-9:30pm  
In Spanish  
In the Fellowship Hall

Services

Sunday: 10:45am  
and 6pm

Wednesday: 7:30pm

**Saturday, Apr 4 thru May 30**

**Laugh Track City \$**

7 p.m.  
*Improvised comedy*  
Made Up Theatre  
3392 Seldon Ct., Fremont  
(510) 573-3633  
www.MadeUpTheatre.com

**Saturday, Apr 4 thru May 30**

**5 Play**

9 p.m.  
*Improvised movie*  
Made Up Theatre  
3392 Seldon Ct., Fremont  
(510) 573-3633  
www.MadeUpTheatre.com

**Mondays, Apr 6 thru May 4**

**Community Emergency Response Team Training – R**

6:00 p.m. - 9:30 p.m.  
*Emergency assistance procedures*  
*Hayward residents only; must attend all classes*  
Hayward City Hall  
777 B St., Hayward  
(510) 583-4948  
www.Hayward.CERT@hayward-ca.gov

**Monday, Jun 22 - Friday, Aug 13**

**Ohlone for Kids \$R**

8 a.m.  
*Summer enrichment program for teens*  
Registration begins April 1  
Ohlone College  
43600 Mission Blvd, Fremont  
(510) 979-7597  
www.ohloneforkids.com

**THIS WEEK**

**Wednesday, Apr 1**

**Navigating Cell Tower Regulations**

6:30 p.m. - 8:30 p.m.  
*Discuss frequency emissions and government control*  
Castro Valley Library  
3600 Norbridge Ave.,  
Castro Valley  
(510) 667-7900  
www.aclibrary.org

**Thursday, Apr 2**

**Diabetes Matters Support Group**

7 p.m. - 9 p.m.  
*Discuss diabetes and stomach illness*  
Washington Hospital  
2500 Mowry Ave., Fremont  
(510) 745-6566  
www.whhs.com/diabetes

**Thursday, Apr 2**

**Personal Emergency Preparedness – R**

1 p.m. - 3 p.m.  
*Community organizations client assistance program*  
Alameda County Emergency Medical Services  
1000 San Leandro Blvd,  
San Leandro  
(510) 268-2557  
CBONetAC@gmail.com  
www.acphd.org  
**Friday, Apr 3**  
**An Honest Liar - The James Randi Story \$**  
7 p.m.  
*Documentary film about magician turned skeptic*  
Smith Center  
43600 Mission Blvd., Fremont  
(510) 659-6031  
www.smithcenter.com

**Friday, Apr 3**

**Passover Seder**

7 p.m.  
*Dinner, wine and service celebration*  
Chabad Jewish Center  
38054 Dundee Common,  
Fremont  
(510) 300-4090  
www.ChabadFremont.com

**Saturday, Apr 4**

**Community Rotary Day in the Park**

10 a.m. - 1 p.m.  
*Meet business leaders*  
Fremont Central Park  
4000 Paseo Padre Parkway,  
Fremont  
(510) 468-0941  
(408) 673-7082

**Saturday, Apr 4**

**Japanese Guitarist Hiroya Tsukamoto**

2 p.m.  
*Acoustic music of peace and tranquility*  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
www.aclibrary.org

**Saturday, Apr 4**

**Annual Egg Hunt**

10 a.m.  
*Easter Bunny, candy and egg hunt*  
Children 10 and under  
Marina Park  
14001 Monarch Bay Dr.,  
San Leandro  
(510) 577-3462

**Saturday, Apr 4**

**Spring Egg Hunt Extravaganza \$R**

8:30 a.m. - 11:30 a.m.  
*Carnival, bake sale, egg hunt and Easter Bunny*  
Ages 1 – 10  
Kennedy Community Center  
1333 Decoto Rd., Union City  
(510) 675-5329

**Saturday, Apr 4**

**Easter Egg Hunt and Bonnet Parade**

9 a.m.  
*Bonnets must be homemade and worn by participants*  
Ages 1 – 9  
Kennedy Park  
19501 Hesperian Blvd.,  
Hayward  
(510) 881-6700  
www.haywardrec.org

**Saturday, Apr 4**

**Wake Up the Farm \$**

10:30 a.m. - 11:00 a.m.  
*Prepare snacks for goats and sheep*  
Ardenwood Historic Farm  
34600 Ardenwood Blvd.,  
Fremont  
(510) 544-2797  
www.ebparks.org

**Saturday, Apr 4**

**Spring Garden Day \$**

11 a.m. - 1 p.m.  
*Rake, till and plant seeds*  
Ardenwood Historic Farm  
34600 Ardenwood Blvd.,  
Fremont  
(510) 544-2797  
www.ebparks.org

**Saturday, Apr 4**

**Recycled Yarn Basket \$**

1:00 p.m. - 2:30 p.m.  
*Create a woven basket*  
Ardenwood Historic Farm  
34600 Ardenwood Blvd.,  
Fremont  
(510) 544-2797  
www.ebparks.org

**Saturday, Apr 4**

**Healthy Parks, Healthy People Hike**

10:00 a.m. - 11:30 a.m.  
*Leisurely stroll to enjoy nature*  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd.,  
Fremont  
(510) 544-3220  
www.ebparks.org

**Saturday, Apr 4**

**Fern and Flower Hike**

10:00 a.m. - 12:30 p.m.  
*Meander 2 miles thru wilderness*  
Ages 7+  
Sunol Regional Wilderness  
1895 Geary Rd., Sunol  
(510) 544-3243

**Saturday, Apr 4**

**Once Around the Lake**

9 a.m. - 2 p.m.  
*Long 9 mile hike over varied terrain*  
Ages 12+  
Lake Chabot  
17600 Lake Chabot Rd,  
Castro Valley  
(888) 327-2757  
www.ebparks.org

**Saturday, Apr 4**

**Nature Walk for Health**

10:30 a.m. - 11:30 a.m.  
*Docent led 1.3 mile tidelands trail walk*  
SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222 x362  
http://twilightspring.eventbrite.com

**Saturday, Apr 4**

**Walk Back in Time**

10:30 a.m. - 12 noon  
*Docent led stroll and historical photo viewing*  
SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222

**Saturday, Apr 4**

**Twilight Marsh Walk – R**

6:30 p.m. - 8:00 p.m.  
*Easy stroll at sunset*  
*Not suitable for young children*  
SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222

**Saturday, Apr 4**

**Water, Water, Everywhere – R**

1:30 p.m. - 3:00 p.m.  
*Build a watershed model*  
Ages 3rd grade+  
Alviso Environmental Education Center  
1751 Grand Blvd., Alviso  
(408) 262-5513 x104  
http://waterwatereec.eventbrite.com

**Saturday, Apr 4**

**Ohlone Village Site Tour**

1:00 p.m. - 3:30 p.m.  
*Visit 2,000 year old Tuibun Ohlone village*  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd.,  
Fremont  
(510) 544-3220  
www.ebparks.org

**Saturday, Apr 4**

**American Red Cross Blood Drive – R**

10 a.m. - 4 p.m.  
*Schedule an appointment*  
Use sponsor code: AMVETS  
Hayward Veterans Memorial Building  
22737 Main St., Hayward  
(800) 733-2767

**Saturday, Apr 4**

**Free Practice SAT Test – R**

10:00 a.m. - 2:30 p.m.  
*Tips, strategies and practice test*  
Castro Valley Library  
3600 Norbridge Ave.,  
Castro Valley  
(510) 667-7900  
www.kaptest.com/enroll/SAT/94546/events  
www.aclibrary.org

**Saturday, Apr 4**

**Digestive Health**

1 p.m. - 3 p.m.  
*Workshop focuses on abdomen*  
Fremont Dahn Yoga  
39360 Fremont Blvd., Fremont  
(510) 742-9642  
fremont@dahn yoga.com

**Saturday, Apr 4**

**Project Restoring Hope \$**

5:30 p.m.  
*Wellness speakers and Afghan music*  
Chabot College  
25555 Hesperian Blvd., Hayward  
(510) 723-6600

**Saturday, Apr 4**

**Navigating Through a Drought**

2:00 p.m. - 3:30 p.m.  
*ACWD discusses conservation programs*  
Los Cerritos Community Center  
3377 Alder Ave., Fremont  
(510) 791-4351  
www.acwd.org



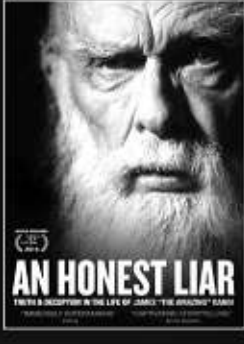
**SPEAKER SERIES PRESENTS**

**FILM SCREENING:**  
**An Honest Liar**  
Truth & Deception in the Life of James “The Amazing” Randi

An entertaining feature documentary, chronicling the life and career of James “The Amazing” Randi, the world-famous magician and infamous debunker of frauds.



Q & A with Co-director, Tyler Measom following the screening



**FRIDAY, APRIL 3, 2015, 7:00 PM**  
\$15 General / \$10 with Student ID



**OHLONE College**

**SMITH CENTER AT OHLONE COLLEGE**  
43600 Mission Blvd., Fremont, CA 94539  
www.SmithCenter.com **BOX OFFICE: 510.659.6031**



**Dharma Drum Mountain**

**Meditation Foundational Workshop**  
April 18, Saturday 9:30am - 5pm

**Group Meditation**  
Every Saturday 9am-12pm

**Free**  
Walk-ins Welcome  
Donations Appreciated

510-996-8572 / www.ddmba.org / 255 H Street, Fremont, CA 94536



**State of the City 2015**  
**Luncheon Presentation - Mayor Al Nagy**  
Thursday, April 16, 2015  
DoubleTree by Hilton, 39900 Balentine Drive, Newark  
11:30 a.m. to 12:00 p.m. – Early Bird Networking & “Mini Showcase”  
12:00 p.m. to 12:45 p.m. – Luncheon & Entertainment  
12:45 p.m. to 1:30 p.m. – State of the City Address



Once a year citizens and business people who enjoy being “in the know” have the opportunity to hear the latest news about all the many activities occurring in Newark, at the Mayor’s Annual State of the City Address. Mayor Nagy is sure to share information about the positive growth occurring in our housing market, along with other exciting development projects, the city’s budget and future plans, and likely we’ll enjoy a bit of history about the city, since Newark is 60 years old this year!

We invite you to be present for what is sure to be an informative and memorable presentation.

**ADVANCE RESERVATIONS ONLY – Reserve & Pre-Pay by April 13th!**

Making your Reservation: Download Reservation Form at [www.newark-chamber.com](http://www.newark-chamber.com), or on the Newark Chamber Facebook page under “events.” Call 744-1000, or email a request to [info@newark-chamber.com](mailto:info@newark-chamber.com) to have one sent. Pay by check, credit card.

**Chamber Members: \$42.00 – Non-Members: \$55.00**

**Call for details about SPONSORING this event. 510-744-1000**

Sponsorship funds support Chamber programs and services in the Newark community.

Saturday, Apr 4

**Community Passover Seder \$**  
4:30 p.m. - 8:30 p.m.  
*Dinner, service and songs*  
Eden United Church of Christ  
21455 Birch Street, Hayward  
(510) 537-1787  
[www.congshirami.org](http://www.congshirami.org)

Sunday, Apr 5

**Bunny Masquerade \$**  
1 p.m. - 2 p.m.  
*Create a bunny craft*  
Ardenwood Historic Farm  
34600 Ardenwood Blvd.,  
Fremont  
(510) 544-2797  
[www.ebparks.org](http://www.ebparks.org)

Sunday, Apr 5

**Victorian Table Top Games \$**  
2 p.m. - 3 p.m.  
*Play pick-up-sticks, tops and jacks*  
Ardenwood Historic Farm  
34600 Ardenwood Blvd.,  
Fremont  
(510) 544-2797  
[www.ebparks.org](http://www.ebparks.org)

Sunday, Apr 5

**Early Bud Gets the Bloom \$**  
8 a.m. - 2 p.m.  
*Slow 6 mile hike, bring lunch and water*  
Ages 10+  
Sunol Regional Wilderness  
1895 Geary Rd., Sunol  
(510) 544-3249  
[www.ebparks.org](http://www.ebparks.org)

Sunday, Apr 5

**Wildflower Hike**  
10 a.m. - 12 noon  
*View flora and fauna on a 3 mile hike*  
Ages 8+  
Garin Regional Park  
1320 Garin Ave., Hayward  
(510) 544-3220

Sunday, Apr 5

**Life at the Bottom of the Food Chain – R**  
10 a.m. - 12 noon  
*Explore marsh microbial communities*  
SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222 x362  
<http://donedwardsfoodchain.even tbrate.com>

Sunday, Apr 5

**The Science of Seasons – R**  
11:00 a.m. - 12:30 p.m.  
*Volunteers document climate change*  
SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222 x362  
<https://donedwardsphenology>

Sunday, Apr 5

**Family Fun Hour: All About Buckeyes**  
2 p.m. - 3 p.m.  
*Stories, games and activities*  
Ages 5+  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd.,  
Fremont  
(510) 544-3220  
[www.ebparks.org](http://www.ebparks.org)

Tuesday, Apr 7

**Using Libre Software**  
6:30 p.m. - 8:00 p.m.  
*Improve computer security and privacy*  
Castro Valley Library  
3600 Norbridge Ave.,  
Castro Valley  
(510) 667-7900  
[www.aclibrary.org](http://www.aclibrary.org)

Tuesday, Apr 7

**Gardening for Kids**  
2 p.m.  
*Make a craft and plant seeds*  
Ages 5 -10  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
[www.aclibrary.org](http://www.aclibrary.org)

Friday, Apr 10

**Lifeguard Training Tests – R**  
5 p.m. - 6 p.m.  
*Brick carry and swim test for Lifeguard training*  
Registration code: 58611  
James Logan High School  
1800 H St., Union City  
(510) 675-5485  
[erine@unioncity.org](mailto:erine@unioncity.org)  
[www.unioncity.org/departments/lifeguard-services](http://www.unioncity.org/departments/lifeguard-services)



# Patrick Ball Celtic Harp and Storytelling

SUBMITTED BY SHIRLEY SISK

On Sunday, April 12, The League of Volunteers (LOV) and the Newark Arts Council present in concert Patrick Ball – one of the premier Celtic harp players in the world playing the ancient, legendary brass-strung harp of Ireland and performing marvelous tales of wit and enchantment. Ball's albums have sold well over one-half million copies internationally and won national awards. He is a rare artist that enchants audiences wherever he tours. Don't miss this opportunity to fall in love with Patrick's music and tales.

Complimentary refreshments are served during intermission. Concerts are free of charge, but donations are gladly accepted.

**Patrick Ball – Celtic harp and storytelling**  
**Sunday, Apr 12**  
**2 p.m. (Doors open 1 p.m.)**  
**Thornton Junior High, Auditorium**  
**4356 Thornton Ave, Fremont**  
**(510) 793-5683**  
**[www.lov.org](http://www.lov.org)**  
**Free**





**CITY OF NEWARK, CALIFORNIA**  
37101 Newark Boulevard • Newark, California 94560 • (510) 578-4266 • FAX (510) 794-2306

**VACANCY NOTICE**  
**SENIOR CITIZEN STANDING ADVISORY COMMITTEE**

Pursuant to California Government Code Section 54974, notice is hereby given that vacancies have occurred on the Senior Citizen Standing Advisory Committee of the City of Newark.

The Senior Citizen Standing Advisory Committee researches senior citizen needs in the City of Newark and identifies those needs which require assistance. The Committee makes recommendations to the City Council and provides information which they feel is pertinent to the well being of Newark's senior citizens. The Committee meets at 9:15 a.m. on the first Thursday of most months at the Newark Senior Center located at 7401 Enterprise Drive, Newark.

Persons interested in serving on the Senior Citizen Standing Advisory Committee are invited to apply. Applicants are required to be a senior citizen (55 or older), a Newark resident, and a registered voter of the City of Newark.

Application forms are available in the Office of the City Clerk, 37101 Newark Boulevard, 5th Floor, at the Senior Center, 7401 Enterprise Drive, on the city website [www.newark.org](http://www.newark.org) or by calling (510) 578-4266. Committee members are appointed by the Mayor, with confirmation by the City Council.

Applications will be accepted in the City Clerk's office until the vacancies have been filled.

Sheila Harrington  
City Clerk  
Dated: March 26, 2015

## Laugh Track City

New improv schedule includes free show



Fremont's go-to for local improv is shaking up Saturday nights with a new show schedule beginning April 4. Made Up Theatre will now be offering two shows on Saturday nights, one of which will be totally free. First up at 7 p.m. is Laugh Track City, similar to the hit TV show "Whose Line Is It Anyway?" with a series of improvised games and scenes created with audience suggestions. Following at 9 p.m. is 5 Play, where the cast will deliver a fully improvised movie based on a title from the audience. 5 Play was voted the Best Improv Group at the 2013 Sacramento Comedy Festival and has been accepted to the San Francisco Improv Festival for five consecutive years. And the community now gets to experience 5 Play laughs for free every Saturday night. "We are offering a free

show as a way to give back to the community for supporting us for so long!" says Made Up Theatre co-owner Sean Taylor. Make your Saturday night a memorable one with the fun and fresh comedy of Made Up Theatre!

**Laugh Track City**  
**Saturdays, 7 p.m.**  
**Tickets: \$10 online, \$15 at the door**  
**5 Play**  
**Saturdays, 9 p.m.**  
**Free (first come, first serve)**

**Made Up Theatre**  
**3392 Seldon Ct, Fremont**  
**(510) 573-3633**  
**<http://madeuptheatre.com>**

# Robert Fisher Tea

SUBMITTED BY SHINN HOUSE VOLUNTEERS limited, so please make reservations with Sandra at (510) 247-3279 or (510) 396-5141.

Spend an afternoon with great company and a discussion on Dr. Robert Fisher, founder of Mission Peak Heritage Foundation (MPHF), for “Robert Fisher Tea” on Friday, April 10 at Shinn House Archive Room. Local historian Al Minard will be presenting a talk with slide show. Our menu includes tea, sandwiches, savories, scones, fruits, and sweets. The cost to attend is \$25; please make check payable to MPHF. Mail check to Sandra Woehl at 1832 Dahill Ln., Hayward, CA 94541. Seating is

**Robert Fisher Tea**  
**Friday, Apr 10**  
**12 p.m.**  
**Shinn House Archive Room**  
**1251 Peralta Blvd, Fremont**  
**RSVP: (510) 247-3279**  
**(510) 396-5141**  
**www.missionpeakreporter.org**  
**\$25**

## Ohlone College holds successful Theatre Festival

SUBMITTED BY  
OHLONE COLLEGE

For two days each spring, the Ohlone College campus is over-run with performers from high schools across the state. Virtually every open space is staked out as a rehearsal area and at any time you may encounter someone reciting Shakespeare, singing Broadway show tunes, or liberally applying stage makeup, in preparation for their upcoming shot onstage. The Ohlone College High School Theatre Festival, which took place March 20-21, has been held every year for the past 21 years.

The Festival is the largest of its kind in Northern California, with over 800 high school students participating from 24 different high schools, many from all around the Bay Area, and some from as far away as Grass

Valley, Salinas and Hollister. En masse, they converge on the Ohlone College campus in Fremont for competition, inspiration, and instruction. Festival support requires 30 high school teachers, almost 100 judges, and 60 Ohlone student and staff coordinators.

Designed to encourage young theatre artists in their craft, the Festival provides a venue for students to showcase their talents through energetic competition. Students also benefit from being introduced to exciting new material, interacting with other students, and observing their peers while watching all the events.

Students compete for 100 awards in 35 categories in performance, improvisation, dance, technical theatre, and design in dramatic, musical, contemporary, or classical theater productions put on by the students. Profes-

sional theatre artists from all over the Bay Area serve as judges to provide feedback and support for the students’ work.

Three top awards are given to high schools with the most points scored: the Festival Sweepstakes for the highest cumulative score, the Judges Sweepstakes for the highest scored single performance, and the Tech Sweepstakes for the highest total score for tech and design. The Festival Sweepstakes went to Marin School of the Arts; the Judges award to Lowell High School from San Francisco; and the Tech Sweepstakes went to Oakland School of the Arts.

According to Festival organizer and faculty member Michael Navarra, “The Festival is a magical two day experience, and Ohlone College is proud to support the next generation of theatre artists!”

## An Honest Liar - The James Randi Story



SUBMITTED BY  
OHLONE COLLEGE

On Friday, April 3, the Ohlone College Psychology Club Speaker Series is pleased to present a film screening of “An Honest Liar - The James Randi Story.”

The award-winning documentary is about the personal life and career of magician-turned-skeptic James “The Amazing” Randi. Included in the film are appearances by Bill Nye, The Science Guy, Adam Savage from Myrh Busters, and Penn &

Teller, who help to tell James Randi’s story. A special Question & Answer session with filmmaker Tyler Measom follows the film screening.

**An Honest Liar - The James Randi Story**  
**Friday, Apr 3**  
**7 p.m.**  
**Ohlone College, Smith Center**  
**43600 Mission Blvd, Fremont**  
**Tickets: www.smithcenter.com**  
**\$15 General / \$10 Students with Student ID**  
**Event Parking: \$2**

## Chabot Space & Science Center launches access program

SUBMITTED BY AUTUMN KING

Beginning March 26, Chabot Space & Science Center launches an initiative to significantly increase access to the science museum for low income families and to help increase science literacy in underserved communities. The effort seeks to eliminate price as a barrier to allow people of all income levels to frequent the Center. This initiative reinforces the museum’s long standing efforts to increase access to science education, demonstrated by free field trips for students, afterschool programs, and telescope viewing.

Under the Golden State Advantage Cardholder Program, any individual receiving benefits through the Supplemental Nutrition Assistance (SNAP) program will enjoy \$1 admission per person, with no limit to the number of visits per year. To receive the discounted admission, participants need only to show their Electronic Benefits Transfer (EBT) card at the admission desk and pay the discounted fee for each person in their group, up to a maximum of 10 people. In California this EBT card is called the Golden State Advantage Card, although Chabot will honor an EBT from any state. The Museum does not accept the EBT card as payment; guests must use cash, debit or credit cards.

## BOOKMOBILE SCHEDULE

**Alameda County**  
**Renew books by phone**  
**(510) 790-8096**  
**For more information**  
**about the Bookmobile call**  
**(510) 745-1477 or visit**  
**www.aclibrary.org.**  
**Times & Stops subject to change**

### Tuesday, Mar 31

9:30– 10:15 Daycare Center Visit –  
FREMONT  
10:45 – 11:15 Daycare Center Visit –  
FREMONT  
2:15 – 2:45 Daycare Center Visit -  
NEWARK  
4:30 – 5:20 Weibel School, 45135 South  
Grimmer Blvd., FREMONT  
5:50 – 6:40  
Booster Park, Gable Dr. &  
McDuff Ave., FREMONT

### Wednesday, Apr 1

12:45 – 2:15 Glenmoor School,  
4620 Mattos Drive, FREMONT  
2:45 – 3:45 Mission Hills Middle School,  
250 Tamarack Dr., UNION CITY  
4:00 – 4:30 Purple Lotus Buddhist  
School, 33615 – 9th St., UNION CITY  
6:00 – 6:30 Camellia Dr. & Camellia Ct.,  
FREMONT

### Thursday, Apr 2

10:00 – 10:30 Daycare Center Visit –  
SAN LORENZO  
10:45 – 11:45 Daycare Center Visit –  
CASTRO VALLEY  
1:20 – 1:50 Daycare Center Visit,  
HAYWARD  
2:15 – 3:15 Cherryland School,  
585 Willow Ave., HAYWARD

### Monday, Apr 6

9:30 – 10:05 Daycare Center Visit –  
UNION CITY  
10:25 – 10:55 Daycare Center Visit –  
UNION CITY  
1:45 – 2:45 Delaine Eastin School,  
34901 Eastin Dr., UNION CITY  
4:15 – 4:45 Contempo Homes,  
4190 Gemini Dr., UNION CITY  
5:15 – 6:45 Forest Park School,  
34400 Maybird Circle, FREMONT

### Tuesday, Apr 7

9:15 – 11:00 Daycare Center Visit –  
FREMONT  
2:30 – 3:25 Cabrillo School,  
36700 San Pedro Dr., FREMONT  
4:45 – 5:30 Baywood Apts.,  
4275 Bay St., FREMONT  
5:50 – 6:30 Jerome Ave. and Ohlones St.,  
FREMONT

### Wednesday, Apr 8

1:00 – 2:00 Del Rey School,  
1510 Via Sony, SAN LORENZO  
2:30 – 3:00 Eden House Apts.,  
1601 165th Ave., SAN LEANDRO  
3:30 – 4:00 Baywood Ct.,  
21966 Dolores St., CASTRO VALLEY  
6:00 – 6:30 Camellia Dr. & Camellia Ct.,  
FREMONT

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### Wednesday, Apr 1

3:15 – 4:00 Friendly Village Park,  
120 Dixon Landing Rd.,  
MILPITAS

# PASSOVER: *a celebration of freedom*

SUBMITTED BY CHAYA FUSS  
AND BARBARA HEIMOWITZ

Few Jewish holidays evoke the same warm sentiments as Passover. Memories of family and friends gathered as four cups of wine are poured, four questions asked, and Matzah served all contribute to Passover’s popularity in the Jewish community.

“Passover is not simply a celebration of the historic liberation of an ancient people,” said Rabbi Moshe Fuss, Director of Chabad of Fremont. “Passover is about our own personal liberation – physically, emotionally and spiritually. Passover inspires us to break free from the shackles restraining us from reaching new heights in our lives, relationships and connection with God.”

Passover, or Pesach, is an eight-day Jewish festival commemorating the deliverance of the Jewish people from slavery in ancient Egypt. Passover begins on the 15th of the Hebrew month of Nisan (first month). This year, Passover begins Friday, April 3 and concludes on Saturday, April 11. The celebration is derived from the book of Exodus, which tells the story of Moses who was called by God to lead the Israelites out of Egypt. Because of Pharaoh’s resistance to free the Israelites, God sent ten devastating plagues to Egypt. On the last plague of killing all first-born Egyptians, God spared the children of Israel by “passing over” their homes.

Bringing the warmth and tradition of this festival to the Tri-City and surrounding community, Chabad of Fremont is inviting all residents to participate in a community Seder on Friday, April 3. The Seder takes participants through the wondrous liberation of our ancestors from Egyptian bondage, while sharing the relevance and beauty of the age-old festival in our modern lives.

Included in the Seder will be a delectable, gluten-free dinner paired with a variety of wines and handmade round Shmurah Matzah from Israel. The Seder will be conducted in English with

some traditional songs sung in Hebrew. All are welcome to join the community Seder regardless of Jewish affiliation or background. Reservations can be made online at www.ChabadFremont.com or by calling (510) 300-4090. Location of the Seder is available online as well.

Congregation Shir Ami in Castro Valley will also host an annual Passover Seder on Saturday, April 4 at Eden United Church of Christ in Hayward. Shir Ami will be retelling the liberation of the Jewish people from slavery and their redemption. The evening service will feature Passover songs and will be led by Rabbinic Intern Benj Fried.

A festive kosher-style holiday meal will be served. Vegetarian option is available; please indicate your choice on your RSVP. Pre-event charge for Shir Ami members is \$25 for adults; children 12 and under may attend for free. Adult non-members will be charged \$35, while non-member children must pay \$10. Charge at the door is \$30 for Shir Ami members and \$40 for non-members. Seating is limited, so please RSVP by Wednesday, April 1 and contact events@congshirami.org. No Shir Ami member will be turned away because of inability to pay.

**Chabad Passover Seder**  
**Friday, Apr 3**  
**7:00 p.m.**  
**37419 Fremont Blvd, Fremont**  
**RSVP:**  
**www.ChabadFremont.com**  
**(510) 300-4090**  
**Free**

**Community Passover Seder**  
**Saturday, Apr 4**  
**4:30 p.m. – 8:30 p.m.**  
**Eden United Church of Christ**  
**21455 Birch St, Hayward**  
**(510) 537-1787**  
**info@congshirami.org**  
**RSVP: events@congshirami.org**  
**www.congshirami.org**  
**Advance (members): adults**  
**\$25; children**  
**(12 and under) free**  
**(non-members): adults \$35;**  
**children \$10**  
**Door price: members \$30; non-**  
**members \$40**

# Doctors say fitness trackers, health apps can boost care

BY ANICK JESDANUN  
AP TECHNOLOGY WRITER

HACKENSACK, N.J. (AP), That phone app keeping track of your exercise and meals might keep you out of the hospital one day.

Why give your doctors permission to incorporate data from fitness trackers and health apps into electronic patient records? Well, they might spot signs of an ailment sooner and suggest behavioral changes or medication before you land in the emergency room. They also might be able to monitor how you’re healing from surgery or whether you’re following a treatment regimen.

“Right now we only see our patients for about a 15-minute visit in the office, and it’s a very constricted view,” said Dr. Lauren Koniaris, a specialist in pulmonary critical care at Hackensack University Medical Center in New Jersey. “This really globalizes the view of their health status, so that we’re really in contact with them on a much more daily if not hour-to-hour basis. It’s almost like a virtual house call.”

At Hackensack, a handful of patients at risk for heart failure

are asked to use a fitness tracker to count steps walked and flights climbed. They are also asked to record what they eat – by photographing the product’s bar code, for instance – using a phone app that has a database containing nutrition information on thousands of food items. Using Apple’s new HealthKit technology, data from the various trackers and apps gets automatically transferred to the Epic MyChart app on the iPhone. From there, the information goes to the hospital’s records system, which also comes from Epic.

Hackensack wants to expand to more patients and start tracking blood pressure and sleep quality, too. But the hospital first needs to ensure that teams are in place to review the glut of data coming in. More broadly, there are consumer privacy and security issues to address, along with questions about whether these trackers and apps really improve patient care. The University of California, San Francisco is studying which gadgets are reliable and whether that reliability extends to patients with extreme conditions. Then they have to

figure out what information is really meaningful – not just noise.

Many doctors and hospitals see potential. The Mayo Clinic in Rochester, Minnesota, uses Fitbit trackers to monitor hip-replacement patients for a month after surgery. Health workers get data on daily steps and can tell when patients have trouble walking – a hundred or more miles away. The Ochsner Health System in New Orleans is turning to wireless scales and blood-pressure devices to help reduce readmissions for chronic diseases such as heart failure. Noticing a small weight gain, for instance, might reveal fluid buildup resulting from the heart failing to pump normally. Not only can doctors intervene sooner, they can use the data to show how exercise can help lower blood pressure.

“If we’re going to succeed in improving health, we have to get patients more engaged in their care,” said Dr. Richard Milani, a cardiologist at Ochsner.

Heart-attack patients have long been asked to weigh themselves, while those with diabetes have had to check glucose levels. Smartphone technology makes all that easier and gets measurements to doctors more

regularly and reliably. There’s no forgetting to record a number or transposing digits.

With Apple’s HealthKit tools, disparate gadgets and records systems can work together more easily. Think of HealthKit as a common language, eliminating the need for translators. Beyond sleep and exercise data coming from fitness trackers, doctors can eventually incorporate devices that measure glucose, blood pressure, respiratory rates and blood-oxygen levels. The devices communicate with the iPhone wirelessly or through the headphone or charging port. Google, Samsung and Microsoft have similar ambitions that will expand monitoring to users of Android and Windows phones, though they aren’t as far along. For now, developers must write separate code for each Android or Windows app to integrate.

Gary Wilhelm, 51, who works at Hackensack on payroll and finance technology, joined the hospital’s app test after he suffered a heart attack in October. He appeared animated during a check-up this month as he showed Dr. Sarah Timmapuri, his cardiologist, various charts on flights

climbed and cholesterol intake. There were a few bad days that Wilhelm blamed on the Super Bowl. Timmapuri instructed Wilhelm to monitor his pulse on his new Fitbit Surge. If it gets to about 155 beats per minute, he’s to end his workout.

“Even if I did not do a single thing with the information, just the patient knowing that I’m reviewing it will already have a positive effect,” Timmapuri said.

Mayo patient Randy Smothers, 62, of Chisago City, Minnesota, agrees. He said he was in pain after getting his right hip replaced and would have stayed on his couch without the knowledge that someone was checking on him.

“This pedometer they gave me made me walk every day and move on and get going,” he said.

Apps and trackers could ultimately reduce patient visits, though there’s a risk patients would practice self-care.

“It may be an aid or a tool to help me deliver better care, but it is just a tool,” said Dr. Robert Wergin, president of the American Academy of Family Physicians. “It shouldn’t substitute for a face-to-face visit.”

## The Bookworm

The Bookworm is Terri Schlichenmeyer. Terri has been reading since she was 3 years old and she never goes anywhere without a book. She lives on a hill in Wisconsin with two dogs and 11,000 books.

# “Identity Theft Alert”

by Steve Weisman

Your credit card was declined.

Such an annoyance. You paid your bill, the expiration date was right, your signature was on the back, and it should’ve worked.

Eventually it did, much to your relief, but that made you think. Is your credit report, your privacy, your identity safe from criminals? Find out if it is - and what you can do to keep it safe - by reading “Identity Theft Alert” by Steve Weisman.

Hacking and spamming and theft – oh, my! Every time you hear another report of credit information breached (and the attendant hassle involved), it might seem like thieves are everywhere these days – and that suspicion might not be too wrong.

“Identity theft is one of the most pervasive and insidious crimes of today,” Weisman says; in fact, more than 12 million people became victims last year.

So what can you do to avoid joining them? Weisman lists the ways...

Online, use strong passwords and encryption and beware of sites you visit. Never open a link in an email unless you’re certain it’s “legitimate,” and have your antivirus program up-to-date at all times. By the way, Mac users shouldn’t feel safe anymore; hackers are purposefully creating Mac viruses now.

Also, be cautious when clicking on links you see online. “Curiosity killed the cat,” says Weisman. “Let the cat live.”

When answering the phone, remember that your bank will not ask you for debit card or PIN numbers. Neither will the FBI or the IRS; the general rule of thumb is not to release any personal information unless you initiated the call. That’s especially true if the person on the other end of the line seems to have half of your information. Chances are they’re only waiting for you to get flustered and fill in the rest.

Monitor your credit rating and your monthly bills with eagle-eyes. Keep those eyes on your credit card as much as possible when it’s not in your possession. Know where the safest ATMs sit and why you should never use public copiers for important document duplication. And finally, remember that it’s almost impossible to guarantee complete safety of your identity – even after you’re dead...

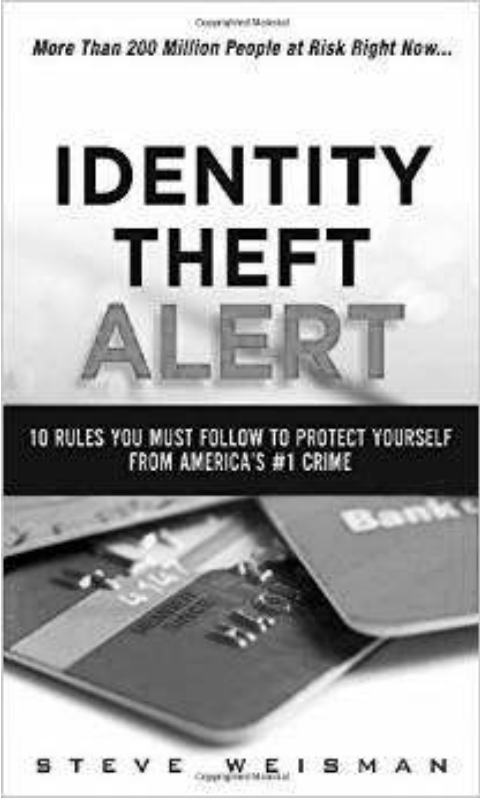
Though it sometimes seems a little sensational, and though it leans toward repetitiveness, I found the information in “Identity Theft Alert” to be overwhelmingly good.

Part of the reason is that, while you’ve been warned at great length about identity safety, author Steve Weisman offers tips I doubt the average person would generally consider. Weisman is, after all, an expert in this category – something you’ll notice, once you get past the commonsensical and into the quieter threats that exist.

It’s also helpful that Weisman doesn’t assume anything about his readers; instead, his advice is methodical and simple to understand. The info is especially senior-friendly, although beware that the print-size isn’t.

I think this is a book to read and refer to often. Buy “Identity Theft Alert,” highlight it, flag it, heed it, and you may avoid the worst this season. Why would you decline?

c.2014, FT Press \$16.99 / \$19.99 Canada 174 pages



## LETTER TO THE EDITOR

# Water District rate hike

Alameda County Water District (ACWD) is again raising rates. Not only are your water rates going up, but more importantly their labor costs are escalating. The District’s cost structure is such that their salaries, benefits and post retirement costs are currently not controllable. This can be fixed, but not by simply raising rates. Each year the funding hole gets deeper and to cover it the District imposes significant rate increases. This year the increase is set at 8%. It is time for their customers to request that they do something to fix their business

model and let us off of the annual routine of paying more and more.

I encourage people to send a protest email (to ServiceChargeProtest@acwd.com and include name, address and phone number) and/or to attend the public hearing on April 14 at 6 pm at ACWD headquarters in Fremont. The number of protest emails and people attending the public hearing is important in showing ACWD there is a growing number of people opposing their plans.

Ken Lonchar  
Fremont

## Service awards recognize outstanding Newark employees

SUBMITTED BY SANDY ABE

On Thursday, March 5, 2015, the City of Newark held its Employee Service Awards to



Amy Davis, Newark’s Employee of the Year, with Mayor Alan Nagy.

recognize Employee of the Year Amy Davis and other employees who have reached milestones of service to the City.

Davis is one of the original staff who opened the Silliman Activity Center in 2000 and the Family Aquatic Center in 2004. As a Recreation Coordinator, she manages a number of programs, including Leaders in Training, Teens, special events for Newark Junior High School, the Otter Alley Café, and swim parties. Davis is known for her outstanding customer service, high ethical standards, work ethic, and positive attitude.

“The City of Newark has such great employees that are so talented in their roles. I feel very honored to be chosen for this award... Having grown up in Newark and using recreation programs as a child, I enjoy giving back to the community that helped shape me,” stated Davis.

“We are thrilled that Amy Davis was named Employee of the Year. Amy is a bright and energetic employee who is a joy to work with. Her accomplishments are many; what stands out most is her ability to provide highly organized and creative programs and services for youth, teens and adults,” said

David Zehnder, Recreation and Community Services Director, who was also recognized for his 25 years of service.

According to Zehnder, his greatest accomplishment has been the planning, development, programming, and supervision of the Silliman Activity and Family Aquatic Center over the past 15 years. “This Center is truly the crown jewel of Newark, attracting over 200,000 guest visits per year. The Silliman Center provides our residents so many wonderful opportunities to stay active and healthy,” said Zehnder.

The Service Awards Program also recognized major career milestones. Administrative Assistant Edda Rivera celebrated 30 years of service. In addition to Zehnder, Community Affairs Officer Laurie Gebhard and Senior Recreation Supervisor Karen Moraida celebrated 25 years of service.

Moraida began working for the City in 1989 and attributes her affiliation with the City to her extensive experience with child care programs, preschool programs and children’s camps. “Providing quality recreation programs for the community has been amazing, building positive relationships with families and children as well as seeing the successful opening of the Licensed Child Care [program]. I believe the most impactful programs I have been associated with are the Family Day at the Park citywide special event and the Jerry Raber Ash Street Summer Recreation and Nutrition Program,” she stated.

Gebhard started as an Office Assistant in the Personnel Department, whose responsibilities included recruitment testing, employee benefits, training, programs, and basic office duties. In 2004, she transferred to the City Manager’s Office where she now works as an Administrative Analyst/Community Affairs Officer.

Rivera has been working for the City since 1984. She started to work for a summer program and was later offered a part-time job with the Building Inspection Department. “One of my greatest accomplishments has been having the opportunity to work with so many people and departments. I’m particularly grateful to have had the opportunity to work for the Newark Fire Department for 14 years,” stated Edda, who currently works for the Recreation and Community Services Department.

# SPECIAL NEEDS GOT TALENT

Local band wins first-ever Special Needs Got Talent

## SUBMITTED BY FRIENDS OF CHILDREN WITH SPECIAL NEEDS

A Fremont band, along with two others, won the first-ever "Special Needs Got Talent" (SNGT) competition on Saturday, March 14 in Santa Clara. More than 600 people packed the Santa Clara Convention Center Theater for the event that attracted Grammy and Golden Globe winner Kitaro to the judges' panel, along with state-wide officials.

Friends of Children with Special Needs' (FCSN) band, Dream Achievers (Gregory Hebert, Alice Jen, and Lawrence Wang), was among 12 finalists from the San Francisco Bay Area and Northern California who competed at SNGT, an event referred to as the Special Needs Community's answer to "American Idol" and "The



Dream Achievers perform at Special Needs Got Talent. Photo by John Chu.

Voice." The event showcased talent in a range of areas from instrumental performances to interpretive dance to comedy to vocal.

The Dream Achievers performed "Rude," which won them a \$500 cash prize, crystal trophies, and a broadcast quality video to promote themselves in the entertainment world. Magic Makers, a

four-member ensemble from the 17-member special needs band based in Santa Clara, also won with its performance of "La Bamba" and the Beatles' "Twist and Shout." San Jose harpist David Ren was the third winner with his rendition of "Somewhere Over the Rainbow" and "Romance Without Words."

Ten other performers who received honorable mentions from the February preliminary competition also took to the stage. All 12 finalists received a trophy and \$100 cash. Finalists and honorable mentions all received a certificate of recognition from the California State Legislature, gifts from San Francisco Giants and FCSN.



Dream Achievers were among three Special Needs Got Talent winners. Photo by John Chu.

Three years ago FCSN launched an in-house talent show that became an annual event. Surprised at the talent within its own special needs community, FCSN Vice President of Local Programs and Community Relations Anna Wang came up with the idea to expand beyond FCSN to create a talent search state-wide that she believes will one-day go nation-wide. "With SNGT, we set out to create hope and get people within the special needs community to reach for the stars in themselves," says Wang. "And we have done it."

Wang said she was inundated with appreciation from parents who were so grateful that their children and adult-children had the opportunity to perform on stage. "I kept saying I was sorry that there could only be three winners," said Wang. "And parents kept telling me, 'thank you so much for just giving my child the chance to be up on stage. There's always next year.' People are already planning for next year, and that's what we want."

"We want to showcase performers who are ready to be stars, but even more, we want to create future stars with Special Needs Got Talent," said Wang. "We want to give people something to strive for. We want to give people purpose and people in the special needs community need purpose. It's why we all live."



Special Needs Got Talent winners. Photo by Eldon Chan.

## Silicon Valley Water Conservation Awards

### SUBMITTED BY PETER DREKMEIER PHOTO BY JORDAN COWMAN

The Silicon Valley Water Conservation Awards Coalition announced its 2015 winners, including a government agency that provides free water conservation devices and installation to low-income customers; a county that trains inmates in water conservation job skills; and a 17-year-old who converted parkland turf to native trees. The awards were presented at a special ceremony on Monday, March 23, 2015 at the new LEED platinum Mitchell Park Community Center in Palo Alto. Among the winners are:

Alameda County Water District (Water Utility): ACWD offers a comprehensive water conservation program that includes rebates for high-efficiency toilets, high-efficiency clothes washers and turf removal. They provide free water-efficient devices, home water use reports, home surveys and water efficient landscaping workshops. Landscape water use reports, weather-based smart controller rebates and indoor/outdoor water use efficiency surveys are available to commercial customers. Since implementing their Integrated Resources Plan in 1995, ACWD saves more than 1 billion gallons of water per year. ACWD teamed up with Niagara Conservation in 2014 to develop a free Water Savings Assistance Program to help low-income customers in Fremont, Newark and

Union City upgrade inefficient water fixtures in their homes.

County of Santa Clara (Greenscape Management): The County of Santa Clara Board of Supervisors is recognized for its leadership in water conservation policies and practices. Under the direction of the Board, the Facilities Department recently teamed up with the Probation Department to design an outdoor recreation area for youth at Juvenile Hall. Over 13,000 square feet of turf was converted to a pleasant landscaped area with picnic tables, permeable pathways, drought-tolerant and native plants, and drip irrigation. The walking paths were designed to reduce storm water runoff and recharge groundwater. The Facilities Department, County Integrated Pest Management Program and Department of Correction's Weekend Work Program partnered to convert an additional four acres of turf to drought-tolerant landscaping. The Sustainability in Jails program at Elmhurst Correctional Complex launched a special curriculum that introduces inmates to the water cycle, soil health, composting, drought-tolerant landscaping, and water-efficient irrigation systems. The County has increased its use of recycled water for irrigation and cooling purposes by 40 percent since 2009, conserving 13.5 million gallons of potable water.

Akhil Dua (Water Champion): Akhil is a 17-year-old student at American High School in Fremont. He has been active in Boy Scouts since second grade, and for his Eagle Scout



Kyle Ramey of Bay Area Water Supply and Conservation Agency with Water Champion Akhil Dua

project he mobilized his Troop #132 to partner with the City of Union City to convert a 12,000 square foot turf area to drought-tolerant trees. Utilizing ACWD's Water-Efficient Landscape Rebate Program, the project received \$2,200 to cover the entire cost of re-

placing the turf with 35 native trees along the Old Alameda Creek watershed at San Andreas Park. A drip irrigation line was installed to help establish the saplings. This project is estimated to save about 260,000 gallons of water per year for the City of Union City.

## HERS TO HONOR PEOPLE WITH PURPOSE

### SUBMITTED BY VERA PACKARD

The HERS Breast Cancer Foundation hosts their 6th Annual People with Purpose Awards Luncheon on Thursday, April 23 in Milpitas.

Keynote speaker for this year's event is novelist Meg Waite Clayton, New York Times bestselling author of four novels that have also been national book club selections. Her titles include: The Wednesday Sisters, The Wednesday Daughters, The Four Ms. Bradwells, and The Language of Light. Her

newest novel The Race for Paris will be released by Harper on August 11.

This year's honorees include: Kim Hammer, Co-Founder of Have a Ball Foundation; Tricia J. McMahon, D.Min., Co-Founder of HERS Breast Cancer Foundation and President of Soaring Spirits, Inc.; Laura Constantine, RN, Certified Breast Health Navigator and Clinical Coordinator of the Women's Center at Washington Hospital; Vicki Goss and Susi Folks founders of the Chemocare Bag Ministry.

Funds raised will go toward HERS

Breast Cancer Foundation programs, including We Support, YOU Survive, which serves low-income women in need of post-surgical garments. The funds will also support the organization's Lymphedema Project, which provides specialty sleeves to support the prevention and treatment of this painful condition, regardless of financial status. Funds are being raised through corporate sponsorship, donations, and ticket sales.

For more information and to purchase tickets, visit <http://herspeoplewithpurpose.org>

withpurpose.org or contact Vera Packard, Executive Director at [vera@hersbreastcancerfoundation.org](mailto:vera@hersbreastcancerfoundation.org)

### HERS People With Purpose Awards Luncheon

Thursday, Apr 23

11:00 a.m. – 1:30 p.m.

Sheraton San Jose Hotel

1801 Barber Lane, Milpitas

[vera@hersbreastcancerfoundation.org](mailto:vera@hersbreastcancerfoundation.org)

<http://herspeoplewithpurpose.org>

\$65/person or \$520/Table of 9



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**510-796.FLIP (3547)**  
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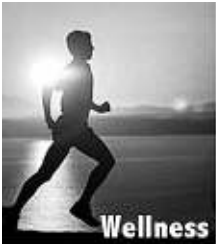
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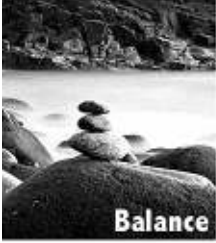
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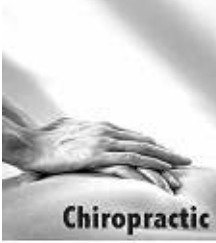
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# SPORTS

## ELITE wins championship



Women's Soccer

**SUBMITTED BY  
JENNI CLARK**

ELITE Soccer Impact started off their 2015 calendar year by winning the Championship in the 2nd bracket of the U11G division at the UCSC East Bay Jr. Cup that took place on March 14-15 in Union City, CA.

Although ELITE Soccer Impact lost a few key players from last season, they were able to add five new players to the roster to keep the team going. The new roster made up of girls from the Tri-City area includes: Isabella Agbuya, Ashley Amaya-Duarte, Arianna Barbeau, Maria Camacho, Niki Clark, Isabela Contreras, Isabella Hernandez, Marisol Ibarra-Sanchez, Alexis Jones, Kelly Mendoza, Isabela Perez, Ana Laura Ramirez-Orozco, and

Jalina Vargas. Guest players for the tournament included Emma Valadez and Kira Clark. This was the first time this new group of girls all played together.

The first game against MVLA Barcelona 03G Red ended in a 5-0 win. Goals were scored by Arianna Barbeau and Niki Clark. Isabella Hernandez had a “hat trick” with three goals. The second game was another 5-0 win against Barcelona Bay Area 03 Academy IV. Ashley Amaya-Duarte had two goals and Arianna Barbeau had a “hat trick” with three goals in the win. The third game was a 2-0 shut out victory against Oakdale U11G Revolution. Goals were scored by Isabella Hernandez and Ashley Amaya-Duarte.

The three wins qualified ELITE Soccer Impact for the Championship game. The girls were set for a rematch against

MVLA Barcelona 03G in the final. The team dominated the game, resulting in a 6-2 victory for ELITE Impact. Goals were scored by Isabella Agbuya and Ashley Amaya-Duarte. Isabela Contreras was responsible for two goals. One of the goals was an unfortunate “own” goal by MVLA into the back of their own net.

Goal Keeper, Jalina Vargas, had two shutout victories and only allowed two goals over the weekend tournament. Arianna Barbeau and Ana Laura Ramirez-Orozco shared Keeper duties in game 3 and shared the shutout victory.

Coach Tomas Clark was very proud of the team. He was pleased with the tournament win, but even happier that they won as a team with every player contributing to the overall outcome and final result.

## Bears and Leopards face off under the lights



**SUBMITTED BY JOHN ANGELO**

On Friday, March 13, Newark's Lincoln and Snow Elementary schools faced off under the lights at Newark Memorial High School's football and soccer field. The fifteenth annual Newark Cup match was to determine the best girls' soccer team and award them with the desirable Cup trophy.

The game showcased two talented, young soccer teams whose players were positioned and played by their keen coaches to their defensive and offensive strengths. Snow's Blizzard Bears struck early with a perfect playbook approach and strike that firmly awarded them the lead. Lincoln's Leopards, not to be deterred, eventually returned the gesture, striking back with a rascally barrage that menaced the front of Snow's goal until the point was achieved.

By halftime, the score remained one to one. In the second half, Snow attempted another amazing goal attempt that found the ball striking the top of the goal bar, denying the team their point. The Leopards, knowing the clock was running down, were persistent to keep the ball on Snow's half of the field. The Bears' defense was adept at matching Lincoln's speed and passing game. After several attempts on goal, the Leopards struck with a kick that assuredly sent the ball into the Bears' net for a score of two to one. That score remained until the final seconds drained from the clock. The Lincoln Leopard girls' team had secured their much-desired victory.

Both teams and their coaches were awarded trophies, but the Leopards proudly carried away the much-coveted Newark Cup trophy. Congratulations to the Lincoln Leopards Girls soccer team on their victory!

**SUBMITTED AND PHOTOS BY  
MIKE HEIGHTCHEW**

## Irvington ends preseason with victory

The Irvington Vikings baseball team ended preseason action with an impressive 9-2 victory over Pittsburg High School Pirates on March 28th. Mission Valley Athletic League action begins March 31st. The Vikings began their assault in the first inning with three perfectly placed hits that drove in their first run. Then they put the game in the win column with a great display of hitting, driving in eight runs throughout the game. Viking defense on the field locked the win.



# Tee-Off with Washington Hospital

SUBMITTED BY WASHINGTON HOSPITAL HEALTHCARE FOUNDATION

Join Washington Hospital Healthcare Foundation for a fun day of golf on Monday, April 27 at Castlewood Country Club in Pleasanton. The annual tournament raises funds for operating room technology that ensures community-wide access to the latest in surgical techniques.

Community investment in this fund helps Washington Hospital harness leading-edge technology to improve the safety of surgical procedures, shorten hospital stays, and improve patient outcomes. On behalf of the Foundation team and the Washington Hospital community, we invite you to join us supporting the tournament in one of the following ways:

- Register as an individual golfer, foursome or a sponsor**
- Attend the awards banquet
- Volunteer on the course
- Donate an item to the auction: themed baskets; business services; gift cards; wine baskets; new or gently used baskets.
- Castlewood Country Club is a 36-hole private facility, with two scenic and challenging golf courses. Designed in 1926 by William P. Bell, the courses provide an unparalleled opportunity for an exciting day with colleagues, clients or friends while supporting the Washington Hospital community. Space is limited, so reserve sponsorships and foursomes early. Registration for an individual golfer is \$325; fee is \$1,250 for foursomes.

The annual tournament brings together over 200 southern Alameda County professionals, including regional business executives, healthcare professionals and civic leaders. Sponsorship provides multiple marketing opportunities to highlight your organization and your commitment to the Tri-City community. Limited sponsorship opportunities are still available from \$2,000 to \$10,000.

We invite non-golfers to participate by attending the Tournament’s Awards Banquet and Auction. Dinner reservations are \$60 per person, which includes the opportunity to bid on several fun and exclusive silent and live auction items. Auction items include dinner and spa packages, and the opportunity to bid on the annual Lexus Champions for Charity National Golf Tournament at Pebble Beach. Reserve your spot by contacting John R.

McCoy at (510) 791-3428 or [John\\_McCoy@whhs.com](mailto:John_McCoy@whhs.com). Registration deadline is on Friday, April 10.

**30th Annual Golf Tournament**  
**Monday, Apr 27**  
**10:30 a.m.: Registration and Refreshments**  
**11 a.m.: Barbecue lunch**  
**12:30 p.m. Tee-off and Shotgun Start**  
**5: 30 p.m. Cocktail Reception, Auction & Raffle**  
**6:00 p.m. Awards Banquet**  
**Castlewood Country Club**  
**707 Country Club Cir, Pleasanton**  
**RSVP: [John\\_McCoy@whhs.com](mailto:John_McCoy@whhs.com)**  
**[www.whhs.com](http://www.whhs.com)**  
**\$325 per golfer**  
**\$1,250 per foursome**  
**Awards Banquet: \$60**

## Colts emerge victorious at dual meet with Cougars



Track and Field

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

It was an exciting day of great races as the James Logan Colts faced the Newark Memorial Cougars on March 25th on their home track. Both male and female Colt teams were successful by large margins.

The Lady Colts Frosh/Soph 4x100m Relay A Team won with a time of 54.27 and the B team came in second with a time of 55.27. In the second event, the Colt Jr. Varsity 4x100m Relay, Logan

showed its power early, winning with a time of 44.53; Newark came in just 3 seconds behind at 47.02.

In the 4x100m Relay, the Lady Colt Varsity A team again showed off its speed and won with another great time of 51.27, The women’s Frosh/Soph 1600m run saw Leslie Ramirez of James Logan run a 5.41.84 time to win with Julia DeLipski of Newark right behind with a 5.53.63.

The men’s Jr.Varsity 1600m Run featured an impressive time of 4:53.25 by Arman Pabla with Uriel Jauregui next at 4:58.01. The Varsity 1600m Run featured Christian Monsalud of Logan with a great



kick at the end to beat Jordan Kirby of Newark at 4:28.70.

The women’s Frosh/Soph 100m Hurdles was exciting to watch as Savannah Simpson barely outran Kiara King of Newark to win with a time of 10.50. Varsity Lady Colts also impressed in the 100m Hurdles.

A bright spot for the Cougars was in the men’s Jr. Varsity 110m Hurdles as Riley Campbell of Newark beat Omar Dahud of James Logan. Joshua Hall of James Logan beat Jerrald Yang of Newark by one second to win in the Varsity 110m High Hurdles.

The women’s Frosh/Soph 400m Dash was another fast event as Natalie Estrada of

Newark gave the Cougars hope as she won with a time of 1.08.25, just enough at the end to beat out Alexandria Childs-Smith.

Jonathan Hall of Logan beat out Robert Sprotte to win the men’s Jr.Varsity 400m Dash Brianna Bryant won the of Logan women’s Varsity 400m Dash.

All 59 events were filled with excitement and went down to the wire. Other winners for James Logan were Jamaria Young, Kaylah Robertson, Naimah Hameed, Nathen Francisco, Arman Pabla, Alexandra Newsom Arlevia Livingston and Octavia Brooks.

Timeing scores by [www.fordtiming.com](http://www.fordtiming.com)

## Fremont’s Endline Volleyball Club’s heads to Junior Nationals

Women’s Volleyball

SUBMITTED BY JODY CUTAIA

Congratulations to Endline, (age 14), Girls for securing the club’s first-ever bid to Girls Junior Nationals. They went undefeated in the 14 American Division at the Pacific Northwest Qualifier held in Spokane, WA on March 20-23.

The girls were seeded #1 entering the qualifier and never waived from that seed. They played 10 matches in three days and swept their division with a 1st place win and a bid to the Junior Nationals, which will be held in New Orleans, Louisiana on June 23 through June 26.

Team members include: Stephanie Angel (Head Coach), Matt Chan (Assistant Coach), Aaryan Hashimi, Hannah Chou, Melissa Talbot, Isabella Del Rosario, Juliana Viado, Melina Goodwin, Catherine Nguyen, Hannah Gamez, Faith Deanon, MaddyCutaia, Roz Inoue and Lauren Trainor. Endline Volleyball club is owned and operated by Dan Kwon and Kevin Hwang.



## PG&E teams up with Golden State Warriors

SUBMITTED BY TAMAR SARKISSIAN

Pacific Gas and Electric Company (PG&E) is teaming-up with the Golden State Warriors to honor individuals and groups who go above and beyond to support their local communities. Known as Local Warriors Award, the program will honor those who make significant contributions to communities in Northern California. Winners will score a donation to their favorite charity and will be introduced at a Warriors basketball game in April.

“At PG&E, we value giving back to the communities where we live and work. We are pleased to collaborate with the Golden State Warriors in honoring those individuals who are committed to strengthening their neighborhoods and communities. They are truly local warriors for community service.” said Laura Wetmore, senior manager of PG&E’s Mission Division.

The five winning Local Warriors will receive:

- \$1,000 to be donated to the nonprofit of their choice
- Two tickets to the April 13 Warriors game versus Memphis Grizzlies
- Two tickets to the game for the nonprofit of their choice
- On-court recognition at the game
- Visit [www.nba.com/warriors/localwarrior/rules](http://www.nba.com/warriors/localwarrior/rules) to read the official rules. Deadline to enter is 11:59 p.m. on Wednesday, April 1.

Women’s Water Polo

### CSUEB Report

SUBMITTED BY SCOTT CHISHOLM

**Pioneers use strong second halves to pull away**

Cal State East Bay never trailed during their March 22nd 11-6 road win over the nation’s top ranked Division III squad in Whittier. The Pioneers then matched their season-high scoring output putting up 17 goals against Occidental in a lopsided vic-



Marrina Nation made 13 saves and sparked three counterattack goals with assists against Whittier

tory to close out its games at the Slade Aquatics Center.

**Dramatic finishes complete unbeaten road trip**

Cal State East Bay’s Tori Dettloff scored both of the game-winning goals during March 23rd doubleheader at the Allred Aquatics Center at Chapman University. The Pioneers escaped with a 6-5 morning win against the host Panthers and a 12-11 afternoon triumph over Concordia Irvine to finish unbeaten during its trek to southern California.

**Pioneers outlast Seawolves**

Cal State East Bay defended its home tank on March 27th earning a 6-4 victory over fellow Western Water Polo Association (WWPA) member Sonoma State. Goalkeeper Marrina Nation made 13 saves and Simonne Call scored two first quarter goals to give the Pioneers a lead they would hold to the final horn.

A low scoring game with only seven exclusions and one penalty called meant lots of swimming and very few premium scoring chances. Both goalkeepers added to the pace of the game as Andrea Mallul made 11 stops and Nation blocked 13.

# Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont ([www.fremont.gov](http://www.fremont.gov)), Hayward ([www.hayward-ca.gov](http://www.hayward-ca.gov)), Milpitas ([www.ci.milpitas.ca.gov](http://www.ci.milpitas.ca.gov)), Newark ([www.ci.newark.ca.us](http://www.ci.newark.ca.us)), Union City ([www.ci.union-city.ca.us](http://www.ci.union-city.ca.us)).

## City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

### CITY COUNCILS

Fremont City Council  
1st/2nd/3rd Tuesday @ 7 p.m.  
City Hall, Bldg A  
3300 Capitol Ave., Fremont  
(510) 284-4000  
[www.fremont.gov](http://www.fremont.gov)

Hayward City Council  
1st/3rd/4th Tuesday @ 7 p.m.  
City Hall, second floor  
777 B Street, Hayward  
(510) 583-4000  
[www.ci.hayward.ca.us](http://www.ci.hayward.ca.us)

Milpitas City Council  
1st/3rd Tuesday @ 7 p.m.  
455 East Calaveras Blvd., Milpitas  
(408) 586-3001  
[www.ci.milpitas.ca.gov](http://www.ci.milpitas.ca.gov)

Newark City Council  
2nd/4th Thursday @ 7:30 p.m.  
City Hall, 6th Floor  
37101 Newark Blvd., Newark  
(510) 578-4266  
[www.ci.newark.ca.us](http://www.ci.newark.ca.us)

San Leandro City Council  
1st/3rd Monday @ 7 p.m.  
835 East 14th St., San Leandro  
(510) 577-3366  
[www.sanleandro.org](http://www.sanleandro.org)

Union City City Council  
2nd/4th Tuesday @ 7 p.m.  
City Hall  
34009 Alvarado-Niles Rd., Union City  
(510) 471-3232  
[www.ci.union-city.ca.us](http://www.ci.union-city.ca.us)

### WATER/SEWER

Alameda County Water District  
2nd Thursday @ 6:00 p.m.  
43885 S. Grimmer Blvd., Fremont  
(510) 668-4200  
[www.acwd.org](http://www.acwd.org)

East Bay Municipal Utility District  
2nd/4th Tuesday @ 1:15 p.m.  
375 11th St., Oakland  
(866) 403-2683  
[www.ebmud.com](http://www.ebmud.com)

Santa Clara Valley Water District  
2nd/4th Tuesday @ 6:00 p.m.  
5700 Almaden Expwy., San Jose  
(408) 265-2607, ext. 2277  
[www.valleywater.org](http://www.valleywater.org)

Union Sanitary District  
2nd/4th Monday @ 7:00 p.m.  
5072 Benson Rd., Union City  
(510) 477-7503  
[www.unionsanitary.com](http://www.unionsanitary.com)

### SCHOOL DISTRICTS

Castro Valley Unified School Board  
2nd/4th Thursday @ 7:00 p.m.  
4400 Alma Ave., Castro Valley  
(510) 537-3000  
[www.cv.k12.ca.us](http://www.cv.k12.ca.us)

Fremont Unified School Board  
2nd/4th Wednesday @ 6:30 p.m.  
4210 Technology Dr., Fremont  
(510) 657-2350  
[www.fremont.k12.ca.us](http://www.fremont.k12.ca.us)

Hayward Unified School Board  
2nd/4th Wednesday @ 6:30 p.m.  
2441 I Amador Street, Hayward  
(510) 784-2600  
[www.husd.k12.ca.us](http://www.husd.k12.ca.us)

Milpitas Unified School Board  
2nd/4th Tuesday @ 7:00 p.m.  
1331 E. Calaveras Blvd., Milpitas  
[www.musd.org](http://www.musd.org)  
(406) 635-2600 ext. 6013

New Haven Unified School Board  
1st/3rd Tuesday @ 6:30 p.m.  
34200 Alvarado-Niles Rd., Union City  
(510) 471-1100  
[www.nhusd.k12.ca.us](http://www.nhusd.k12.ca.us)

Newark Unified School District  
1st/3rd Tuesday @ 7 p.m.  
5715 Musick Ave., Newark  
(510) 818-4103  
[www.newarkunified.org](http://www.newarkunified.org)

San Leandro Unified School Board  
1st/3rd Tuesday @ 7:00 p.m.  
835 E. 14th St., San Leandro  
(510) 667-3500  
[www.sanleandro.k12.ca.us](http://www.sanleandro.k12.ca.us)

San Lorenzo Unified School Board  
1st/3rd Tuesday @ 7:30 p.m.  
15510 Usher St., San Lorenzo  
(510) 317-4600  
[www.slzsd.org](http://www.slzsd.org)

Sunol Glen Unified School Board  
2nd Tuesday @ 5:30 p.m.  
11601 Main Street, Sunol  
(925) 862-2026  
[www.sunol.k12.ca.us](http://www.sunol.k12.ca.us)

## Newark City Council

March 26, 2015

### Public Hearings:

Certify re-circulated Final Environmental Impact Report for Areas 3 and 4; approve Mitigation and Monitoring Program; approve Area 3 and 4 Specific Plan. Benefits cited by City include affordable housing, public parks, recreational amenities, possible golf course, school site and income for Newark. Opponents cited scientific evidence of negative impacts, sea level rise, lack of infrastructure in Area 4, loss of valuable habitat and lack of knowledge of impacts.

### Consent:

- Approve agreement with American Title Company for Central Avenue overpass.
- Second reading of reduction number of planning commissioners from seven to five.

## Union City City Council Meeting

March 24, 2015

### Presentations and Proclamations:

- Alameda County Water District presentation regarding possible water fee increases.
- Proclamation of Knights of Columbus Month.
- Consent Calendar:**
  - Adopt a resolution authorizing submittal of applications for CalRecycle Grants.
  - Adopt a resolution for fiscal year 2014-15 youth unemployment services.
  - Authorize purchase of a drum chipper for the public works department.
  - Approving a memorandum of understanding between the City and Union City Police Officers’ Association while amending compensation plans for upcoming fiscal years.
  - Adopt a resolution authorizing the environmental programs division of the Economic and Community Development Department to submit an application for grant funding from the California CUPA from Environmental Trust Fun. Staff plans to submit at-least one grant application in the range of \$10,000-15,000.

### Item Removed from Consent:

Authorize City Manager to execute an amendment to a consulting services agreement

- Authorize extension and enhancement of telecommunication services with Utility Telephone.

### City Council Matters:

Send letter to Office of Management and Budget regarding rail transport of crude oil and other hazardous material. Express concern regarding infrastructure and safety concerns.

### Oral Communications:

Resident expressed disappointment and concern over serial rate increases by water district; rates to increase soon by 8% with an additional 30% increase for services.

Adjourn in memory of Newark residents: Ann Joly, LOV volunteer and Joe Maes, past planning commissioner.

|                         |     |
|-------------------------|-----|
| Mayor Alan Nagy         | Aye |
| Vice Mayor Sucy Collazo | Aye |
| Luis Freitas            | Aye |
| Michael Hannon          | Aye |
| Mike Bucci              | Aye |

between both Union City and Cornerstone Management, Inc. in the amount of \$147,000

### Public Hearings:

- Consider granting extension of the non-exclusive franchise agreement for the conveyance of nitrogen gas to Air Products and Chemicals, Inc. which is expected to generate \$6,000 annually for the general fund.
- Draft ordinance to amend municipal code to require massage establishments to obtain conditional use permits and prohibit such establishments in the Union Landing District and in Station Mixed Use Commercial.
- Introduce an ordinance approving municipal code amendment to require that indoor theaters selling alcoholic beverages obtain a conditional use permit to operate in the community commercial sub-area of the Union Landing commercial District.
- City Manager Reports:**
  - Adopt a resolution authorizing City Manager to execute a memorandum of understanding between Union City and the association of Bay area Governors for the East Bay Corridors Initiative to define the relationship among local and regional agencies.
  - Informational report on general fund balance which stands at \$12,914,882.

|                           |     |
|---------------------------|-----|
| Mayor Carol Dutra-Vernaci | Aye |
| Vice Mayor Jim Navarro    | Aye |
| Lorrin Ellis              | Aye |
| Emily Duncan              | Aye |
| Pat Gacoscos              | Aye |

## Alameda County Water District to host community meeting

SUBMITTED BY SHARENE GONZALES

The Alameda County Water District (ACWD) will host a community meeting in Fremont on Saturday, April 4 to discuss the drought, current water supply conditions, ACWD water conservation programs, the proposed bimonthly service charge increase, and the value customers receive from their water rates.

The meeting will provide an opportunity for customers to interact with and ask questions of District staff as ACWD continues to navigate through the drought and rate-related challenges.

“California is in a serious drought and rate increases are being proposed statewide,” said ACWD Board Member James Gunther. “This community meeting will cover topics that all Californians, regardless of region, are discussing and we want to hear from our customers, as well as share our information,” Gunther added.

All members of the community are invited to attend this meeting. To learn more, please visit [www.acwd.org](http://www.acwd.org).

**ACWD Community Meeting**  
**Saturday, April 4**  
**2:00 p.m. – 3:30 p.m.**  
**Los Cerritos Community Center**  
**3377 Alder Ave, Fremont**  
**(510) 668-4200**  
**[www.acwd.org](http://www.acwd.org)**

## TAKES FROM SILICON VALLEY EAST



**About Takes From Silicon Valley East**  
*TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.*  
*To subscribe to all blog posts scan this QR Code or visit [ThinkSiliconValley.com/silicon-valley-east/](http://ThinkSiliconValley.com/silicon-valley-east/)*

## Big Milestone in Warm Springs Lennar’s Master Plan Approved

BY CLIFF NGUYEN, URBAN INITIATIVES MANAGER

A new chapter in Fremont’s history is about to be written with the addition of more jobs, housing, and supporting development close to the new Warm Springs BART station scheduled to open in December 2015. Back in July 2014, the City approved the Warm Springs Community Plan (<http://www.thinksiliconvalley.com/silicon-valley-east/big-milestone-warm-springs-lennars-master-plan-approved/>). And, last week the Fremont City Council approved a master plan and development agreement with Lennar to build a large-scale, mixed-use project in the heart of the district.

The agreement is crucial to transform 111 acres of vacant land north of the Tesla Factory from what was once slated to become a Union Pacific rail yard to a vibrant, strategically urban center with 2,214 housing units and 1.4M square feet of Class A office/industrial space. The development also includes an elementary school, urban park, public plazas and “Innovation Way,” an east-west street connecting the BART station area to Fremont Blvd., the primary internal roadway for the development project. The master plan will create 4,100 new direct jobs and spur investment in the area. Approval is a key milestone for Lennar’s purchase agreement with Union Pacific.

Given the vast size of the project, Lennar has proposed four phases for the development. Phase 1 begins in the spring of 2016 with the construction of the backbone infrastructure. This phase includes the construction of Innovation Way, North-South Streets, Lopes Court, and Industrial Drive. Phase 2 will see the construction of affordable housing units, the elementary school, urban parks and plazas. Phases 3 and 4 will lead to the completion of the market-rate multi-family units for the project.

Lennar’s development is significant because it will provide infrastructure for R&D and commercial development. The company’s upfront investment in schools, parks, public plazas, and roads is estimated to exceed \$100M. Additionally, Lennar’s catalytic project will leverage other public improvements such as a pedestrian bridge over the Union Pacific rail spur.

This is a giant step forward in Fremont’s plans to become a “strategically urban” community and build on the Innovation District prototype that has been taking shape in South Fremont.

## Hayward City Council

March 24, 2015

### Presentations:

- Proclamation declaring March 2015 as American Red Cross Month was presented to Harry Hartman, Alameda Leadership Council.
- Certificate of Commendation was presented to Chabot College Women’s Basketball Team for winning State Women’s Basketball Championship on March 15, 2015.

### Consent:

- Council approved plans and specification and call for bids for Cast Iron Water Pipeline Replacement Project.
- Council approved authorization for City Manager to execute a professional services agreement with Stantec Consulting Services, Inc. to provide hydrogeologic and engineering services for the emergency water supply Wells B and D2 Evaluation and Repairs Project.

### Work Session:

Linda Ajello, Associate Planner, discussed proposed amendments to Hayward’s Sign Regulations. According to staff report, the proposed changes identified to date are easier to read format; the creation of a sign corridor overlay district; an expansion of the use of A-Frame signs into the Downtown Entertainment Area; an increase in the permitted time allowed for temporary signs; mural art projects; and the addition of an amortization section which requires the removal of abandoned signs and nonconforming signs within the prescribed time period.

### Legislative Business:

Council adopted the ordinance adding Article 20 to Chapter 8 of the Hayward Municipal Code relating to establishment of Community Benefit Districts. The ordinance was re-introduced on March 17, 2015. (Jones, Márquez – Abstain)

|                              |                   |
|------------------------------|-------------------|
| Mayor Barbara Halliday       | Aye               |
| Mayor Pro Tempore Greg Jones | Aye, 1 abstention |
| Francisco Zermeno            | Aye               |
| Marvin Peixoto               | Aye               |
| Al Mendall                   | Aye               |
| Sara Lamnin                  | Aye               |
| Elisa Márquez                | Aye, 1 abstention |

# OPINION



WILLIAM MARSHAK

## The view

about future plans for the project is transmitted to all passengers. Observers [let's call them staff] at ground level relay information as it becomes available but so far, the discussion involves a concept [Master Plan] and development agreement have been considered for approval. Those on the ground promise to inform the passengers as soon as they have more detail. At this time, passengers and pilot are asked to comment on what can be seen and inferred from the plane. Later, after landing, there may be more information to discuss but at this altitude, minute details are unavailable.

Information relayed to the plane indicates that the project will have certain dimensions and include housing, offices and industrial aspects. Outlines in the earth below are clearly visible, but specific building design, infrastructure and traffic flow remain uncertain. Passengers on the plane are able to debate whether the concept is practical but details are yet to be confirmed. A discussion between passengers begins about how the development should progress. Ground personnel give their perspective, cautioning those above that many details have yet to be worked out.

Discussion focuses on the primary concept of development, its intent and consequences for the city below; how

much of each building type should be included and their location. But when transportation within the complex is discussed, at least one passenger's comments begin to focus on details. This passenger wants to discuss detail. Are bus sizes, colors, schedules and amenities ready for debate? At this stage of development and an altitude of 10,000 feet, it is impossible to answer these questions; asking them seems silly. As the other passengers and ground based observers listen to such minutiae, what are they thinking?

Is the purpose of this plane ride to guide a broad outline of development or just fly in circles? Only the pilot and passengers can answer.

William Marshak  
PUBLISHER

A small plane, carrying a pilot with four passengers takes off from a local airport. Cruising at an altitude of 10,000 feet, the pilot [let's call him Mr. Mayor] directs the flight over a city [let's call it Fremont]. Each passenger [let's call them councilmembers] communicates with the others on-board. Conversation centers on their city below: how it began, how it looks now, future growth and anticipated changes. As the plane cruises in fair winds and weather, focus is drawn to a new building site in a large area [let's call it South Fremont/Warm Springs] that is being prepared for development. Each passenger is asked to comment on the work they see below.

As the pilot circles over the construction site, a broad outline of information

## John Muir Middle School celebrates parking lot reopening

SUBMITTED BY ROBIN MICHEL

John Muir Middle School and the San Leandro Unified School District recently celebrated a ribbon cutting of the newly renovated parking lot. "We wanted to acknowledge and thank our neighbors for their understanding through the construction," said Principal Vernon Walton. "We are fortunate to have such a gracious and supportive community."

The project was made possible through Measure B, a \$109 million school facilities bond approved by San Leandro voters in

2007. The bond provided new construction and modernization projects throughout the district, with all original bond projects completed in 2012. Thanks to the careful fiscal management, and the district's aggressive pursuit of state matching funds and grants, schools in the district have continued to benefit through additional projects paid for through Measure B savings.

John Muir Middle School is located on Williams Street, and bordered by Wilson Elementary School on the right and the San Leandro Adult School on the left. All three schools have benefited from original mod-

ernization projects, such as classroom painting and lighting and restroom renovations for the elementary and middle schools, and a new adult school modular classroom.

Additionally, Measure M, the \$50.1 million school facilities bond passed in 2010, has provided for new playgrounds at Wilson, a synthetic track and field at John Muir, and the solar project currently under construction at the adult school campus. Savings from the original Measure B project list have allowed the district to increase the scope of work and address serious parking lot and traffic issues.

Principal Vernon Walton addresses students, staff, district officials, neighbors and community at the grand re-opening of the John Muir Middle School parking lot.

The American Legion Post 117 Color Guard turned out to raise the flag on a newly installed flagpole.



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### ADJUDICATION:

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE™

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B Fremont, CA 94538. William Marshak is the Publisher

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# CDPH warns about dangers of consuming raw milk

SUBMITTED BY ANITA GORE

California Department of Public Health (CDPH) Director and State Health Officer Dr. Karen Smith today warned consumers that the consumption of unpasteurized (raw) dairy products may cause serious illness. Six Northern California residents have recently been diagnosed with campylobacteriosis, a bacterial infection that can come from consuming contaminated raw milk.

A recent investigation conducted by CDPH identified multiple bottles of Claravale Farm raw milk that tested positive for Campylobacter. Under the direction of the California Department of Food and Agriculture (CDFA), Claravale Farm has initiated a recall of the affected product.

Campylobacteriosis may cause diarrhea, abdominal pain, fever, nausea, and vomiting within two to five days after exposure to the organism. Illness can last for up to a week or more and can be especially severe for those who have weakened or compromised immune systems, and for young children and the elderly. Although most people who get campylobacteriosis recover completely, some patients do suffer long-term effects, including arthritis and paralysis.

Raw milk is milk from cows, goats, sheep, or other animals that has not been pasteurized (heat treated) to kill harmful germs. A wide variety of germs that can make people sick have been found in raw milk, such as Brucella, Campylobacter, Listeria, Mycobacterium bovis, Salmonella, and Shiga toxin-producing Escherichia coli, including E. coli O157. E. coli O157 can cause hemolytic uremic syndrome, which is a sometimes deadly

cause of anemia and potentially permanent kidney failure. Raw milk contaminated with disease-causing bacteria does not smell or look any different from uncontaminated raw milk, and there is no easy way for the consumer to know whether the raw milk is contaminated.

Over the past decade, CDPH, other states, the U.S. Food and Drug Administration (FDA), and the U.S. Centers for Disease Control and Prevention (CDC) have investigated numerous outbreaks of foodborne illness associated with consumption of raw milk and raw milk products. These have included outbreaks of illnesses due to Campylobacter, E. coli O157:H7, and Salmonella. Many involved young children. Illnesses associated with raw milk continue to occur.

Although the sale of raw milk from some dairies is legal in California, CDPH does not recommend drinking raw milk or raw milk products or giving raw milk, colostrum, raw cream or other raw milk products to children.

Raw milk products sold in California are required to carry a warning label:

“WARNING: Raw (unpasteurized) milk and raw milk dairy products may contain disease-causing microorganisms. Persons at highest risk of disease from these organisms include newborns and infants; the elderly; pregnant women; those taking corticosteroids, antibiotics or antacids; and those having chronic illnesses or other conditions that weaken their immunity.”

Consumers experiencing any ill effects after consuming raw dairy products should consult their health care provider. For additional information, visit [www.cdph.ca.gov](http://www.cdph.ca.gov).

# Santa Clara County lowers flags to half staff to honor slain officer

SUBMITTED BY JANICE ROMBECK

Santa Clara County Board of Supervisors President Dave Cortese has ordered that flags be flown at half staff at all County facilities in honor of the fallen San Jose Police Officer Michael Johnson.

“We are all deeply saddened by the loss of one of our bravest,” Cortese said. “Our thoughts and prayers are with Michael’s family and the entire community as we grieve over this horrific event.”

Flags were lowered at all County of Santa Clara facilities on March 25, and will return to full staff on April 1.

For more information, contact the Office of Supervisor Cortese at (408) 299-5030.

# Deans’ List from AZUSA PACIFIC UNIVERSITY

Submitted by readMedia

Several local students made the academic Deans’ List at Azusa Pacific University. These students are honored for a fall 2014 grade-point average of 3.5 or better. They are joined by 1,983 students receiving the same honor.

- Jacqueline Blanca, Psychology major (Hayward)**
- Lauren Breslow, Psychology major (Castro Valley)**
- Trevor Campbell, History major (Fremont)**
- Ariel Figueroa, Biochemistry major (Fremont)**
- Connor Fisher, Marketing major (Fremont)**
- Erin Fisher, Liberal Studies Major (Milpitas)**
- Christine Hadfield, Applied Exercise Science major (of Fremont)**
- Kirsten Harte, Allied Health major (Milpitas)**
- Paige Normann, Performance - Cello major (Castro Valley)**

# Union City native serves on USS Ronald Reagan

SUBMITTED BY MC3 AMANDA L. OWENS  
PHOTO BY MC3 CODY HENDRIX

Aviation Boatswain’s Mate (Handling) 2nd Class Bryan Enriquez, a native of Union City, participated in an overhaul drill on an F/A-18 Hornet aboard the aircraft carrier USS Ronald Reagan (CVN 76). Reagan is homeported in San Diego and is undergoing a Planned Incremental Availability (PIA) maintenance period at Naval Base Coronado.

# National Health Care Decisions Day

SUBMITTED BY ALLISON RODMAN

Health care is a personal choice. Your decisions matter, so join in the conversation!

On Thursday, April 16, the public is invited to stroll through Conversation Village, a place where you can consider, communicate and document your health care wishes.

Advance care planning is important regardless of age. Talk about health care resources, hear stories about what matters to people, or complete your own Advance Directive.

This free event is hosted by Alameda County HCSA, Alameda-Contra Costa Medical Association, Alameda County Hospice Providers Coalition, City of Oakland, East Bay Conversation Project, and Getting the Most Out of Life.

**National Health Care Decisions Day**  
**Thursday, Apr 16**  
**10 a.m. – 3 p.m.**  
**1 Frank Ogawa Plaza at City Hall, Oakland**  
**Register: [www.eastbayacp.org](http://www.eastbayacp.org)**  
**Free**

# Santa Clara County planning new Office of Immigrant Relations

SUBMITTED BY  
DAVE CORTESE,  
SANTA CLARA COUNTY  
SUPERVISOR

The United States has always been a nation of immigrants. That description also reflects the population of Santa Clara County. We are a county of immigrants, historically and currently.

In size, the immigrant communities make up 60 percent of the County’s population of 1.8 million, including U.S.-born children of immigrants. That makes our County one of the most diverse in the nation. At least 100 languages and dialects are spoken here and more than 50 percent of County residents speak a language other than English at home.

As I said in my State of the County address in January, we consider this diversity an asset. It makes us who we are. But it also demands that we respond to the needs of our diverse community, including our immigrants.

That’s why Supervisory Cindy Chavez and I proposed creating an Office of Immigrant Relations, which will come before the full Board of Supervisors for a

vote in April. The new office would continue to provide services to immigrants but also focus on collaborating with service providers, analyzing the needs and contributions of immigrant communities, keeping an eye on changes in laws and, most importantly, getting the information out to the community.

The office’s immediate mission would be to help residents eligible for the immigration reforms launched by President Obama in November 2014 – the Deferred Action for Childhood Arrivals (DACA) and the Deferred Action for Parents of Americans and Lawful Permanent Residents (DAPA). All applications must be processed by the end of 2016.

These recent and legislative changes in immigration are positive but can also be confusing for the estimated 70,000 residents eligible for these programs. We need to be sure that our immigrant populations receive accurate and understandable information. Even though DACA is being delayed by a court injunction, fraudulent “notaries” (immigration consultants) are preying on residents, giving them false information and taking their money with no results. Recently, the board approved a plan



to allocate \$1.8 million in one-time funding for information and legal services to help residents through the process.

But there are many other services the Office of Immigrant Relations could provide to help all of our immigrants integrate and be successful in our communities, including advising the Board of Supervisors so that we have thorough and updated information before we make decisions about programs that will affect all residents in Santa Clara County.

You may have some ideas or concerns of your own. Please call my office at (408) 299-5030 or email me at [dave.cortese@bos.scc.gov](mailto:dave.cortese@bos.scc.gov). You can also visit [www.immigrantinfo.org/info](http://www.immigrantinfo.org/info) for updated research and resources on Santa Clara County immigrants.

# Overnight work continues for I-680/Mission Blvd. Interchange

SUBMITTED BY  
GREG ROBERTS

Overnight closures to the northbound I-680 on-ramp on Mission Blvd. are underway in order to facilitate restoration efforts following the completed installation of the Bay Division Pipeline, a project part of the Hetch Hetchy Regional Water System Improvement Program.

These closures are needed in order to remove temporary water pipes and fill in open trenches, now that the main Bay Division Pipeline installation is complete. To prepare for this road closure, crews may begin mobilizing as soon as 11 p.m. nightly. This work will continue on Mission Blvd during the day and some lane closures will be required. The onramp and road is expected to reopen on Thursday, April 2 at 5 a.m.

For more information, visit: [www.sfwater.org/seismicupgrade](http://www.sfwater.org/seismicupgrade)



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Marriage

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Obituaries



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RESIDENT OF FREMONT  
May 28, 1953 – March 5, 2015

**Dianne M. Burrell**  
RESIDENT OF SAN LEANDRO  
February 2, 1973 – March 22, 2015

**Richard Geiselhart**  
RESIDENT OF FREMONT  
January 4, 1932 – March 22, 2015

**Daniel L. Marshall**  
RESIDENT OF NEWARK  
August 17, 1951 – March 24, 2015

**Gary Raymond Alves**  
RESIDENT OF FREMONT  
February 21, 1937 – March 24, 2015

**Robert N. Creveling**  
RESIDENT OF FREMONT  
December 27, 1947 – March 26, 2015

**Susan Fuller**  
RESIDENT OF HAYWARD  
September 4, 1948 – March 27, 2015

**Christopher Rebidue**  
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RESIDENT OF BRAMPTON, ONTARIO, CANADA  
May 17, 1933 – March 17, 2015

**Emily R. Feola**  
RESIDENT OF FREMONT  
November 6, 1929 – March 17, 2015

**Norbert A. Lukas**  
RESIDENT OF PLEASANTON  
March 30, 1931 – March 19, 2015

**Claire S. Teshima**  
RESIDENT OF FREMONT  
August 4, 1940 - March 21, 2015

**Rabiha Najjar**  
RESIDENT OF SANTA CLARA  
July 15, 1955 – March 21, 2015

**Irmy T. Buchholz**  
RESIDENT OF FREMONT  
June 3, 1923 – March 24, 2015

**Marilyn F. Aguiar**  
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May 29, 1940 – March 24, 2015

**Allan W. Leung**  
RESIDENT OF FREMONT  
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## Obituary

### Susan Fuller

Sept. 4, 1948 - March 27, 2015  
Resident of Hayward



Susan Fuller, born in Oakland, CA, dearly loved by her mother and step-father, Margarita and Herbert Marks. Most recently a lifelong learner at Fremont Adult School, Adults with Disabilities Program-Noll Center. She will be greatly missed by her case manager Claudius Rafayana, her dear caregivers Ed and Lucy DeLeon, and her friends and staff at the Noll Center. Susan always had a smile on her face and was a bright spot in all the lives she touched. She loved dancing, candy, jewelry, and all things pink. Heaven has truly been blessed with a new angel! Visitation will begin at 9am on Thursday, April 2, 2015 with a Chapel Service at 10am at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, CA 94536. Burial will take place at Holy Sepulchre Cemetery in Hayward.

### The Book Shop and Reading Partners team up for children’s literacy

SUBMITTED BY CHASE HENDERSON

In Hayward, 75 percent of third grade students scored below proficient in the English-Language Arts section of the 2013 STAR test. That means three out of four third graders are struggling just to read. Shocked by this statistic, two community groups have joined forces to ensure that struggling readers get the one-on-one attention they need to succeed in school and beyond.

The Book Shop, a 55-year-old downtown business committed to children’s literacy, recently partnered with local organization, Reading Partners, to recruit volunteer tutors at two Hayward elementary schools. Reading Partners is a nonprofit that operates in 50 under-resourced schools around the Bay Area. At each school, dozens of volunteers commit an hour or more each week to tutor a K-5 student reading below grade level. After one school year in the Reading Partners program, the vast majority of students make significant gains in literacy learning and begin to catch up to their classmates already reading at grade level. Just as importantly, 79 percent of students showed increased confidence in their academic abilities according to teacher surveys conducted in 2014.

“It seems cliché to say that the children are our future, but it is simply the truth. If we are to neglect the urgent need to provide help to our children now, we are just stunting the future resi-

dents and leaders of Hayward,” explains Beverly Hazell, a veteran employee at The Book Shop.

But Reading Partners faces a growing problem: finding enough tutors to mentor students. With the end of the school year approaching, many students are still waiting to be matched up with a volunteer tutor. “We have a lot of students who need help and not enough tutors,” says Gina Roberti, Reading Partners Community Engagement Manager. “The volunteer tutoring model needs volunteers to be effective. As the saying goes, it takes a village to raise a child so we are calling upon the community to get involved with this.”

To help with the volunteer recruitment effort, The Book Shop has been using its strong ties to the community to attract volunteers to Reading Partners’ programs at Glassbrook Elementary and Longwood Elementary. Stephanie Foster, a Book Shop employee who has already signed up to tutor, says that their commitment to Reading Partners goes hand in hand with the book-related events they regularly host.

If you’re interested in volunteering with or learning more about Reading Partners, contact Chase Henderson at chase.henderson@readingpartners.org or go to ReadingPartners.org. For information on The Book Shop, including opening hours and location, visit HaywardBookShop.com.

FREE Adult Reading and Writing Classes are offered at  
the Alameda County Library

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## BOE tax policies for diapers and eCigs

SUBMITTED BY VENUS STROMBERG

The California State Board of Equalization (BOE) will soon consider positions on legislation introduced this year, including Assembly Bill (AB) 717 which would exempt diapers for babies and toddlers from sales tax. Board Members will also decide whether to grant a petition calling for tax to be assessed on sales of mobile phones based upon the heavily discounted price the consumer may pay for the phone, rather than the device’s true retail value, when the consumer must also agree to a long-term contract with a service provider to buy the phone at the deeply discounted price.

In addition, the Board will consider positions on other tax-related bills including:

AB 160 would enable the state to recover assets from those engaged in underground economic activity by expanding the definition of criminal profiteering to include tax and insurance fraud and piracy.

AB 203 and Senate Bill (SB) 250 would extend the due date for fire prevention fee bills from 30 to 60 days.

AB 405 would require the BOE to refund overpayments of taxes with interest calculated at the same rate as charged on underpayments of tax.

AB 582 would create an “executives on loan” pilot program enabling private sector entrepreneurs to loan expertise to the BOE to help streamline state processes to be more accessible to small businesses registered with the BOE.

SB 24 would require retailers of electronic cigarettes (eCigarettes) to become licensed as Cigarette and Tobacco Products Retailers with the BOE.

SB 433 would shift the annual adjustment of the excise tax rate for gasoline and diesel from the BOE to the Department of Finance.

The Board will also take up a petition seeking to repeal BOE Regulation 1585, which requires tax to be assessed on the true retail value of a cell phone, rather than the heavily discounted value in a so-called bundled transaction. In such a transaction, the phone is often offered free, or at a drastically reduced rate, if the consumer also enters into a long-term contract for a mobile service plan. Although the buyer pays nothing, or very little for the phone in such a transaction, tax is assessed at the true retail value of the phone, which can be hundreds of dollars.

For more information on other taxes and fees in California, visit www.taxes.ca.gov.



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## Easter Egg Hunt & Bonnet Parade

SUBMITTED BY  
LAURA CORREA-HERNANDEZ

The Easter Bunny will be visiting Kennedy Park in Hayward when Hayward Area Recreation and Park District (H.A.R.D.) hosts the 70th Annual Easter Egg Hunt & Bonnet Parade on Saturday, April 4.

Registration begins promptly at 9 a.m. with the parade starting at 9:30 a.m. Bonnet parade participants must be 6 years of age and under to participate. Bonnets must be home-made and will be judged on the prettiest, most unusual and most colorful.

The Egg Hunt will immediately follow the Bonnet Parade. There are four egg hunt age categories: 1 – 2 years, 3 – 4 years, 5 – 6 years, and 7 – 9 years.

The Easter Bunny will make a surprise visit to this free event which takes place rain or shine.

For additional information, please call (510) 881-6700.

**Easter Egg Hunt & Bonnet Parade**  
**Saturday, Apr 4**  
**9 a.m.**  
**Kennedy Park**  
**19501 Hesperian Blvd, Hayward**  
**(510) 881-6700**  
**Free**



BY ALEX H. KASPRAK  
NATIONAL AERONAUTICS AND  
SPACE ADMINISTRATION

Like Earth, the sun has an atmosphere with layers in it. The outermost layer is called the corona, and it's a wild mess of activity. Scientists have long known about the corona. It is home to some spectacular shows—giant eruptions called Coronal Mass Ejections, loops, prominences, and massive magnetic storms.

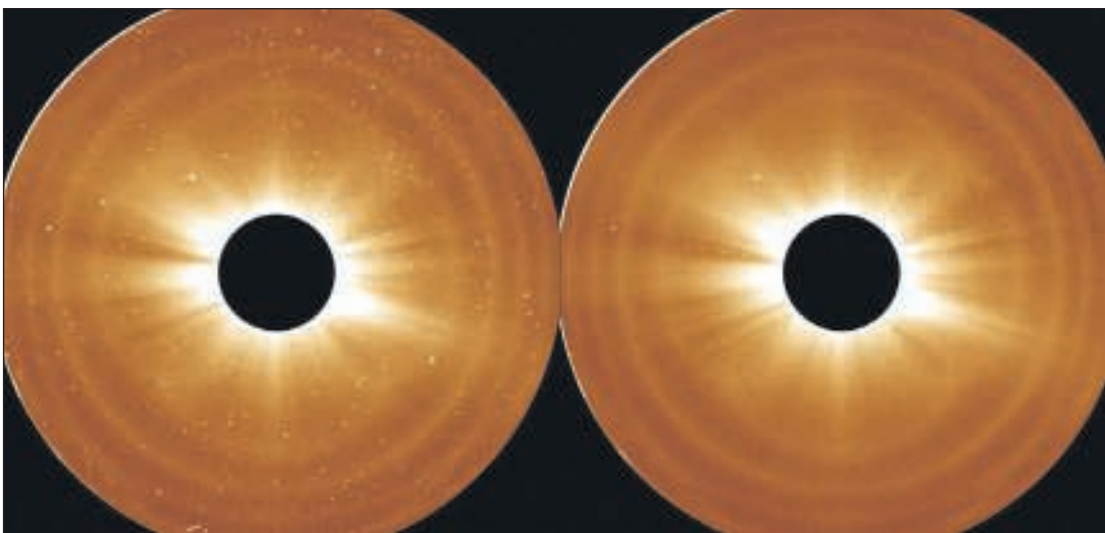
Using NASA data, scientists recently made a shocking discovery about this solar region. It's much bigger than they thought! While the sun is nearly 900,000 miles wide, the corona actually extends five million miles above

## The Sun's Supersized Atmosphere

the sun's surface. In other words, the sun's atmosphere is six times wider than the sun itself!

Scientists made this discovery by looking at waves rippling through the area surrounding the sun. These waves are called magnetosonic waves. They can be seen passing through the corona as they move away from the sun. Once the corona becomes too thin, they can no longer be viewed. No more wave? No more corona!

These magnetosonic waves are pretty wild, too. They are a bit like sound waves and a bit like a weird kind of magnetic wave. Sound waves cannot be heard in space, since there is nothing for them to pass through to get to Earth. And sound waves are too small to be viewed from afar.



Images from NASA's Solar Terrestrial Relations Observatory that show waves traveling through the corona. The sun itself is blocked out to make the corona easier to view. Credit: NASA/STEREO.

Magnetosonic waves, though, are about 10 times the length of Earth. With some clever work, scientists figured out a way to see them with a pair of NASA satellites in orbit around the sun.

The discovery that the corona is so large is an important one. Before this discovery, scientists thought they had a pretty good idea where the sun's atmosphere ended and where the rest of space

began. They couldn't be happier that they were wrong.

That's because NASA is working on a new spacecraft that will travel to the sun. It will go closer to the sun than any previous mission. When NASA started working on it, they weren't sure if it would actually travel through the corona itself. With this new discovery, they now know for sure that it will!

**The corona is still full of unanswered questions. Read about one of the corona's more confusing mysteries at NASA's Space Place:**  
**<http://spaceplace.nasa.gov/sun-corona>.**

### LETTERS POLICY

The Tri-CityVoice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published.

Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.  
[tricityvoice@aol.com](mailto:tricityvoice@aol.com)

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## Homicide at bar in Union City

SUBMITTED BY  
LT. MATIAS PARDO, UNION CITY PD

On 03-27-15 at 11:46 p.m., Union City Police units received calls of a shooting that had occurred in the parking lot of “The Spot” bar at 32611 Alvarado Blvd. Union City. Patrol units responded to the area and were directed to a 33 year old black male victim who had been shot multiple times.

Officers immediately began CPR and other lifesaving attempts but the victim succumbed to his injuries and was pronounced dead on scene. Witnesses in the area described a potential suspect vehicle as a white van.

Fremont Police Department patrol units saw a similar style/color van and stopped it on I-680 near Washington Blvd. Two persons were arrested at the car stop. Arrested in connection with the homicide are Gary Wayne Gates 53 years old from East Palo Alto and Kenneth Throne Young 53 years old male from San Jose. The victim in this case was Tjorn Ernis MaGee a 32 year black male from Salinas. It appears the motive in this case was jealousy in regards to an ex-girlfriend and her interaction with the victim.

Union City Detectives are seeking anyone who witnessed this incident or who may have information related to the suspects. Please contact Detective James Cordero at 510-675-5227 or the Union City Police Department anonymous tip line at 510-675-5207 or email at tips@unioncity.org.

## Free chipper service available to Hayward residents

SUBMITTED BY HAYWARD FIRE DEPARTMENT

Sparse winter rains have left the region locked in a years-long drought leading up to wildfire season. To alleviate conditions conducive to wildfire spread, the Hayward Fire Department is bringing back its “No Cost Residential Chipper Service.” This popular program helps residents manage tree limbs, shrubs, and other cuttings generated from controlling vegetation that would fuel a fire near their homes.

The chipper service will truck away chipped materials for recycling, or leave them with residents upon request, for use in weed abatement and erosion control. Last year’s program made 152 pickups of chipped trees and shrubs removed by residents from an aggregate area of more than 78 acres around their homes.

The chipper service is available on a first-come-first-served basis to residents in the high fire hazard areas in Hayward and Fairview. It will run for six weeks, from March 30 through May 8, or until funds are depleted.

For more information, and to register for the free chipper service, go online to [www.hayward-ca.gov/City-Government/Departments/Fire/](http://www.hayward-ca.gov/City-Government/Departments/Fire/) or call the Fire Administration Office at (510) 583-4930.

## Roadwork on Paseo Padre Pkwy and Ardenwood Blvd

SUBMITTED BY FREMONT PD

PG&E has begun phase 3 of the gas line relocation crossing Ardenwood Boulevard. Work started on March 24 and is expected to be completed by Wednesday, April 2, (weather permitting).

The following lanes will be closed on weekdays:  
Left turn lane of Southbound Ardenwood Blvd. at Paseo Padre Pkwy.

Northbound #1 and #2 lanes of Ardenwood Blvd. between Tan Oak Drive and Paseo Padre Pkwy. A U-turn detour will be in place at Tan Oak Drive.

Traffic delays are expected in the area during commute time, especially between the hours of 7 a.m. – 9 a.m. and 4 p.m. – 6 p.m.

We strongly encourage commuters to use alternative routes to avoid the area during that time when possible. The PG&E work will continue through mid-April, but this construction phase will have the greatest impact on traffic. For more information about the PG&E project, please contact Chris Urango with PG&E at (510) 881-6125.

## Fremont Police Log

SUBMITTED BY GENEVA  
BOSQUES, FREMONT PD

### Friday, March 20

Officers were dispatched to a suspicious vehicle described as a silver convertible mustang in the area of Marigold Drive and Plymouth Avenue. The reporting party saw a male inside the vehicle and another male approaching a neighbor’s residence. Sgt. Miller arrived on scene and contacted the male in the vehicle. A perimeter was quickly set up with air support and Mission San Jose High, Hopkins Junior High, and Chadbourne Elementary were all temporarily locked down. During the initial contact, the victim contacted officers on scene and stated her residence had just been burglarized. Sgt. Crandall led a team to the victim’s residence to clear it. While the victim’s residence was being cleared, detectives were rolling through the area, spotted the second suspect and contacted him. A 25-year-old adult male and a 19-year-old adult male were both arrested for burglary.

At approximately 10:45 p.m., officers responded to the area of Fremont Boulevard and Beloveria Court for a fight in progress. A subject was said to have been beating up another male. Officer T. Roberts and Field Training Officer (FTO) Hunt arrived on scene and contacted a 39-year-old adult male matching the description of the battery suspect. The male displayed symptoms of being intoxicated and resisted arrest upon initial contact. The male was arrested. He was cleared at a local hospital for injuries sustained in his fight, but due to his intoxication levels he was unable to be released. The male was released on a citation.

At approximately 11:46 p.m., officers responded to Motel 6 north for an unwanted guest call. The female caller wanted an intoxicated subject to leave her

room. The intoxicated subject, a 35-year-old adult male, appeared passed out on the motel bed, but he resisted officers upon initial contact. He was taken into custody. Further investigation revealed that the male had a vehicle associated to him in the motel parking lot. The vehicle’s registration was expired as of November 2013. A semi-automatic handgun was seen by officers in plain view on the driver’s floor board. The loaded handgun was retrieved and the vehicle was towed. The male was prohibited from possessing firearms due to a prior gun conviction. He was arrested for resisting and numerous gun charges.

### Sunday, March 22

Officers took three commercial burglary reports from the Warm Springs Public Storage.

Officer Ramsey authored a search warrant and Ramey warrant as a follow up to a grand theft investigation where a male suspect had stolen big-screen TVs from Target. Ramsey took a team of officers to San Jose where they served a search warrant and arrested the adult male suspect. During the search of the residence some of the stolen items were recovered.

### Monday, March 23

Officers responded to a vehicle fire near Niles Boulevard and Nursery. A small pickup truck was involved. Fremont Fire Department (FFD) extinguished the fire and determined that it appeared to be suspicious in nature. Officer Foster responded to assist with evidence collection.

### Tuesday, March 24

At 3:40 p.m., Community Service Officer (CSO) Allen responded to the 4400 block of Margery Drive to investigate a residential burglary that occurred sometime between 8:00 a.m. and 3:00 p.m. The unknown suspect(s) made entry through an unlocked window. Losses reported were cash and an iPad.

### Wednesday, March 25

Officers Hartman and Piol responded to a report of a third-floor apartment fire in the area of Maple and Bonde. Upon arrival a

hysterical person advised there was a baby inside the smoke-filled apartment. Officers Hartman and Piol entered the apartment and conducted a search but no baby was found. The occupant of the apartment and her baby were later found to have escaped prior to police arrival.

### Thursday, March 26

Officers responded to a report of a residential burglary in progress on Ballard Drive. The victim reported that as she was pulling into her driveway, two suspects ran out of her house from the front door. The suspects were described as Hispanic males, 18-25 years old, wearing black sweatshirts. Officers checked the area with negative results.

Officer Zargham was dispatched to a report of a theft at Osgood Walmart. A victim reported that her wallet was taken out of her purse while she put items inside of her vehicle. The victim provided a good description of the two female suspects. Officers were able to locate and detain the two female suspects who were later positively identified by the victim. Officer Zargham arrested a 27-year-old female from Oakland and a 26-year-old female from Richmond for grand theft.

Between 12:00 p.m. and 3:15 p.m., unknown suspect(s) broke a double-paned glass window with two rocks to gain entry into a house on the 4500 block of Wheeler Drive. The loss was unknown at the time of the report. Case was investigated by CSO Allen.

Between 7:30 a.m. and 3:00 p.m., unknown suspect(s) forced their way through a side garage door to gain entry into a house on the 36000 block of Perkins Street. The loss was jewelry. Case was investigated by Officer Huiskens.

Between 9:00 a.m. and 6:30 p.m., unknown suspect(s) broke the front window to gain entry into a house on the 48000 block of Flagstaff Road. The loss was jewelry. Case was investigated by Officer Zargham.

## Crackdown on cell phone use behind the wheel

SUBMITTED BY SGT. FRANK MORALES, MILPITAS PD

As part of April’s Distracted Driving Awareness Month campaign, Milpitas Police Department will be joining over 200 local law enforcement agencies and California Highway Patrol in a month-long zero tolerance enforcement campaign to curb those texting or operating handheld cell phones while driving. Officers will be on alert throughout the month for those who break the cell phone laws and place themselves and others in danger.

The increased enforcement aims to persuade drivers to recognize the dangers of distracted driving and reduce the number of people impacted by this perilous behavior. The “It’s Not Worth It!” theme emphasizes that a phone call or text isn’t worth a hefty fine or a collision. The current minimum ticket cost is \$161, with subsequent tickets costing at least \$281.

Drivers who use handheld devices are four times as likely to get into crashes serious enough to injure themselves. In addition, studies show that texting while driving can delay a driver’s reaction time just as severely as having a blood alcohol content of a legally drunk driver. According to research, sending or receiving a text takes a driver’s eyes from the road for an average of 4.6 seconds. Even a three second glance at freeway speeds means a driver has traveled the distance of a football field.

Research shows that there is no difference in the risks between hands-free and handheld cell phone conversations, both of which can result in “inattention blindness,” which occurs when the brain isn’t seeing what is clearly visible because the driver’s focus is on the phone conversation and not on the road. When over one third of your brain’s functioning that should be on your driving moves over to cell phone talking, you can become a cell phone “zombie.”

COMMUNITY BULLETIN BOARD

**Rotaract Club of Greater Fremont**  
Community service & business club for young professionals and students ranging from ages 18 to 30. Meetings on 1st & 3rd Wednesdays at 7 pm.  
Find our events on [meetup.com/rotaractfremont](http://meetup.com/rotaractfremont)

**TRI-CITY DEMOCRATIC FORUM MEETING**  
**Every Third Wednesday 7:00 pm**  
Chandni Restaurant  
5748 Mowry School Rd  
Newark, CA 94560  
<http://www.tricitydems.com/>

**AMERICAN CANCER SOCIETY**  
100% of our services are \*\*\* FREE \*\*\*  
Please contact us at 800-227-2345  
RELAY FOR LIFE – UNION CITY  
Your help with our fundraising \*\*\* PRICELESS \*\*\*  
Please contact us via email at [jendudley345@gmail.com](mailto:jendudley345@gmail.com)

**Come Join Us Tri Cities Women’s Club**  
Meets on the third Tuesday  
Elk’s Club on Farwell Dr.  
9:30 – Cards, 12:00 – Lunch  
1:00 – Program and Meeting  
We also have bridge, walking, Gourmet dining groups, And a book club.  
For info. Call 510-656-7048

**Troubled By Someone's Drinking?**  
Help is Here!  
Al-Anon/Alateen Family Groups  
No cost program of support for people suffering from the effects of alcoholism in a friend or loved one.  
Call 276-2270 for meeting information  
or email [Easyduz@gmail.com](mailto:Easyduz@gmail.com)  
[www.ncwsa.org](http://www.ncwsa.org)

**Help with Math & Reading**  
You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child.  
Contact 510-797-2703  
[dla\\_aarp\\_4486@yahoo.com](mailto:dla_aarp_4486@yahoo.com)

**QUALITY FREE TAX PREP IRS-Certified Tax Preparers \$53,000 or less household income**  
**Other restrictions may apply**  
Saturdays: Feb 7 to Apr 11, 2015  
10 am – 1 pm (Closed Mar 14)  
At Union City Library  
34007 Alvarado-Niles Road  
Union City  
510-574-2020 for more info

**QUALITY FREE TAX PREP \$53,000 or less household income**  
**Other restrictions may apply**  
Fremont Family Resource Center  
39155 Liberty St, Fremont  
Open: Feb 2 to Apr 15, 2015  
Monday & Wednesday: 4 pm - 8 pm  
Friday: 10 am - 1 pm  
Closed 2/16/1-President’s Day  
510-574-2020 for more info

**QUALITY FREE TAX PREP \$53,000 or less household income**  
**Other restrictions may apply**  
Saturdays: Feb 7 to Apr 11, 2015  
10 am – 1 pm (Closed Mar 14)  
At Holly Community Center  
31600 Alvarado Boulevard  
Union City, CA 94587  
Call 510-574-2020 for more info

**The American Assoc. of the University Women**  
AAUW advances equity for women and girls through advocacy, education, philanthropy and research  
We are all inclusive, welcoming, smart and fun.  
[fremont-ca.aauw.net](http://fremont-ca.aauw.net)

**AMERICAN LEGION POST 837**  
Meets third Tuesday each month - 6:30-8:30pm  
Social, Program, General Meeting  
Historic Niles Veterans Hall  
2nd & E. Street, Fremont  
[www.POST837.org](http://www.POST837.org)  
ALL VETERANS WELCOME

**Tri-City Ecology Center**  
Your local environmental leader!  
Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects.  
[www.tricityecology.org](http://www.tricityecology.org)  
Office open Thursdays, 11am-2pm  
3375 Country Dr., Fremont  
510-793-6222

**ABWA-Pathfinder Chap. American Business Women’s Assoc.**  
provides opportunities for women personally & professionally thru leadership, education, networking  
Dinner Meetings: 3rd Wednesday each month. Sinodino’s Rest.  
(Newark): 6:30-9:00 pm  
Call Ola at 408-393-2591  
[www.abwa-pathfinder.org](http://www.abwa-pathfinder.org)

**Afro-American Cultural & Historical Society, Inc.**  
Sharing ur culture and history in the Tri-Cities and surrounding area  
Meetings: Third Saturday 5:30pm in member homes  
Contact: 510-793-8181  
[www.aachis.com](http://www.aachis.com)  
We welcome all new members

**The Friendship Force San Francisco Bay Area**  
Travel as a club to many countries to stay with local hosts. Host club members from abroad. Cultural programs and other group events in the Bay Area.  
March 1--Africa program;  
August—visitors from Brazil  
[www.ffsfba.org](http://www.ffsfba.org)  
[www.thefriendshipforce.org](http://www.thefriendshipforce.org)  
Call 510-794-6844 or 793-0857

**VOLUNTEERS WANTED MUSEUM OF LOCAL HISTORY GUILD**  
No experience needed!  
Enjoy helping students on school tours  
work on exhibits  
Accession artifacts  
flexible days & hours  
Call Dianne: 510-673-4813  
[www.museumoflocalhistory.org](http://www.museumoflocalhistory.org)

**QUALITY FREE TAX PREP IRS-Certified Tax Preparers \$53,000 or less household income**  
**Other restrictions may apply**  
Tuesdays: Feb 3 to Apr 14, 2015  
10 am – 1 pm -  
by Appointment Only  
At Tri-City Volunteers  
37350 Joseph Street Fremont  
Sara Govea at 510-793-4583

**QUALITY FREE TAX PREP IRS-Certified Tax Preparers \$53,000 or less household income**  
**Other restrictions may apply**  
Saturdays: Feb 7 to Apr 11, 2015  
10 am – 1 pm (Closed Mar 8th)  
At Newark Library  
6300 Civic Terrace Avenue  
Newark  
510-574-2020 for more info

**National Alliance on Mental Illness (NAMI) FREE confidential 10 week informational course - Adults living with mental health challenges**  
**Focused on Recovery 2 hrs once a week**  
Call Kathryn Lum 408-422-3831 for time and location

**Stoic Philosophy in the East Bay**  
The Redwood Stoa Hosts a study group for those interested in the philosophy of the ancient Stoics and how it can be applied to modern life. Learn more at <https://redwoodstoa.wordpress.com/>  
Join at Meet-up.com:  
<http://www.meetup.com/the-Redwood-stoa>

**The League of Women Voters invites you to visit our website at www.lwvfnc.org**  
You'll find valuable information about your community and voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are non-partisan and free to the public.

**Soroptimist International Tri-Cities**  
Improving the lives of women and girls in our community and throughout the world.  
Meetings: Third Monday every month at 6:00pm  
Papillon Resturant  
37296 Mission Blvd Fremont  
Call 510-621-7482  
[www.sitricities.org](http://www.sitricities.org)

**Fremont Cribbage Club**  
teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues.  
6:15pm at Round Table Pizza  
37480 Fremont Blvd., Centerville  
Email: [Accgr43@gmail.com](mailto:Accgr43@gmail.com)  
American Cribbage Congress  
[www.cribbage.org](http://www.cribbage.org)

**SparkPoint Financial Services FREE financial services and coaching for low-income people**  
who want to improve their finances.  
SparkPoint Info Session  
3rd Thursday, 6-7pm  
City of Fremont  
Family Resource Center  
To reserve a seat: 574-2020  
[Fremont.gov/SparkPointFRC](http://Fremont.gov/SparkPointFRC)

**FREE AIRPLANE RIDES FOR KIDS AGES 8-17**  
Young Eagles  
Hayward Airport  
various Saturdays  
[www.vaa29.org](http://www.vaa29.org)  
Please call with questions (510) 703-1466  
[youngeagles29@aol.com](mailto:youngeagles29@aol.com)

**FREMONT COIN CLUB**  
Established 1971  
Meets 2nd & 4th Tues 7pm  
At the Fremont Elks Lodge  
38991 Farwell Dr., Fremont  
All are welcome, come join us  
[www.fremontcoinclub.org](http://www.fremontcoinclub.org)  
510-792-1511

**SAVE’s Domestic Violence Support Groups**  
FREE, compassionate support  
Domestic violence survivors  
Drop-in, no reservations needed  
Every Tues & Thurs 6:45-8:45 pm  
Every Friday 9:15 to 11 am  
1900 Mowry Avenue, Fremont  
(510) 574-2250 or 24-hour Hotline (510) 794-6055  
[www.save-dv.org](http://www.save-dv.org)

**Soiree Singles For People Over 60 Many Activities!**  
Dancing, Dinners, Luau’s  
Potlucks. Great Fun!  
email: [lelochmil@att.net](mailto:lelochmil@att.net) or  
Call: Lois for FREE Newsletter  
510-581-3494

**Tri-City Society of Model Engineers**  
The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas.  
We meet Fridays 7:30-9:30pm.  
Please visit our web site:  
[www.nilesdepot.org](http://www.nilesdepot.org)

**10 lines/\$10/ 10 Weeks \$50/Year**  
**510-494-1999 tricityvoice@aol.com**

**Shout out to your community**  
Our readers can post information including:  
**Activities**  
**Announcements**  
**For sale**  
**Garage sales**  
**Group meetings**  
**Lost and found**  
For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online.  
TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

**The “NO” List:**

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

**Hayward Arts Council**  
22394 Foothill Blvd., Hayward  
510-538-2787  
[www.haywardarts.org](http://www.haywardarts.org)  
Open Thurs., Fri., Sat., 10am-4pm  
Promotes all the arts & encourages local artists in all art mediums.  
Foothill Gallery, John O’Lague Gallery, Hayward Area Senior Center Exhibit Hall. All FREE- open to public.

**Fremont Area Writers**  
Want to write?  
Meet other writers?  
Join us from 2-4 p.m.  
every fourth Saturday  
except July and December.  
Rm. 120 at DeVry University,  
6600 Dumbarton Circle, Fremont  
Call Shirley at (510) 791-8639  
[www.cwc-fremontareawriters.org](http://www.cwc-fremontareawriters.org)

**Vacation Bible School EVEREST**  
**July 27-31 - 12:45-4pm**  
Kids 4-12 510-739-0430  
Register early \$20, B4 July 19  
New Hope Community Church  
2190 Peralta Blvd., Fremont  
[neuhope@pacbell.net](mailto:neuhope@pacbell.net)  
[www.newhopefremont.org](http://www.newhopefremont.org)  
510-468-0895 or 510-797-4099

**Alder Ave. Baptist Church 4111 Alder Ave., Fremont**  
Serving GOD Southern Baptist  
Traditon - Pastor-Randy Walters  
Sunday Bible Study -9:30am  
Worship Service - 11am  
Community Sing-Along  
First Friday every month  
510-797-3305  
[www.Aldervenuebaptist.com](http://www.Aldervenuebaptist.com)

**WALK FOR LIFE**  
Pregnancy Choices Clinic  
MAY 30, 2015  
Kennedy Park-1333 Decoto Rd,  
Union City - Registration 9:00  
AM-Walk starts 10:00 AM  
Join us for a walk & barbecue!  
Empowering women to make confident life choices  
Call (510) 487-4357 or  
[www.supportlifecoices.com](http://www.supportlifecoices.com)

**SAVE’s Restraining Order Clinics**  
Free for domestic violence survivors  
Seeking protective orders  
Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday  
Call SAVE’s 24-hr Hotline (510) 794-6055 for details  
[www.save-dv.org](http://www.save-dv.org)

**Flea Market and Sports Memorabilia Saturday - April 11 9am - 4pm**  
Hayward Veterans Bldg.  
22737 Main St. Hayward  
510-581-1074  
Hosted by  
American Legion Auxiliary  
[Dorothycastillo61@yahoo.com](mailto:Dorothycastillo61@yahoo.com)

**Scholarships for Women**  
Our Fremont philanthropic organization, PEO, offers many scholarships for women entering college, earning another degree or returning to school after 2+ years. Low interest education loans available, also.  
For help to qualify, call 510-794-6844  
[www.peointernational.org](http://www.peointernational.org)

**First Church of Christ Scientist, Fremont**  
Sunday Service 10am  
Sunday School 10am  
Wed. Eve Service 7:30pm  
Chld Care is available all services. Reading Room Open  
Monday - Friday 1-3pm  
1351 Driscoll Rd., Fremont  
510-656-8161

**New Dimension Chorus Men’s 4 Part Vocal Harmony In the “Barbershop” style**  
Thursdays at 7pm  
Calvary Luther Church  
17200 Via Magdalena  
SanLorenzo  
Contact: [ndchorus.org](mailto:ndchorus.org)  
510-332-2481

**SAVE’s Empowerment Ctr. Services**  
FREE for domestic violence survivors. If you’re seeking healing, strength, support or referrals, SAVE can help! Yoga, therapeutic art, advocacy & more 24-hour Hotline (510) 794-6055  
Empowerment Ctr (510) 574-2250  
1900 Mowry Ave, #201 Fremont. [www.save-dv.org](http://www.save-dv.org)

**AMADOR VALLEY QUILT SHOW**  
**SAT. APRIL 18 10AM-5PM**  
**SUN. APRIL 19 - 10AM -5PM**  
Adults\$10 Children under 12 Free  
Alameda County Fairgrounds, Pleasanton  
400 quilts-vendors-raffles -prizes and demo's - Artist Rob Appell  
[www.amadorvalleyquilters.org/guilt-show](http://www.amadorvalleyquilters.org/guilt-show)

**SUN GALLERY School Tours & Art Camps**  
Mon-Fri for Children;s Book Illustrators Exhibit 2/26 - April 11 & our Drought Exhibit 4/26-6/1  
Call for Fees. Summer Art Camp  
Mon.-Fri Juen 22-Aug 7  
We offer before & Aftercare 8am-6pm. Call for fees & to register 510-581-4050  
1015 E St., Hayward

**Classifieds Deadline: Noon Wednesdays**  
**(510) 494-1999 | www.tricityvoice.com**

## CLASSIFIEDS

### What's It Worth?

**H&H Museum and Appraisal Services**  
**Certified Museum Specialist**  
**Jewelry - Fine Art**  
**Antiques - Estates**

**510-582-5954**

**Send image of object to:**  
**norm2@earthlink.net**

Life Changes & Organization Management  
 Over 30 Years Experience

### Emmett Construction Co., Inc.



Est. 1966 Lic #592871  
**510-797-3543**  
**925-426-1881**

**Built on a foundation of QUALITY**



Kitchen Remodels  
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 Interior & Exterior Trim  
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 Doors & Windows  
 Fire & Water Damage Restoration

**www.emmettconstruction.com**

**7835 Enterprise Drive, Newark**

### Grace Health Spa

**\$30**

Exp. 4/30/15

(WITH COUPON ONLY)

**510-881-1688**

**24463 Mission Blvd.**  
**Hayward**

1 Hour  
 Body  
 Oil  
 Massage

### Eurasia Spa

*The Best Massage in Town*  
*Professional & Affordable*

Swedish, Deep Tissue  
 Acupressure Massages  
 Best CMTS in Town

Exp. 4/30/15  
 With Coupon Only

only **\$40/hr**  
**\$75/2hrs**

**We are Hiring CMT**

**510-656-8808 - 510-314-1446**  
**3909 Stevenson Blvd., Ste C**  
**Fremont**

### Exciting PART-TIME Job as Orthodontic Scheduling Coordinator

**Fremont office, dedicated to exceptional patient care, seeking passionate "people person" to join our close-knit team.**

Typical schedule - Mon./Wed. afternoons, all day Tues./Thurs., and 1 Sat./month

#### REQUIREMENTS:

- Excellent customer service, professionalism, & phone skills.
- Excellent verbal & written English skills.
- Ability to multi-task yet remain detail-oriented.
- Basic computer literacy & willingness to learn new skills.
- Accurate administrative skills.
- Great team player

**Email cover letter with attached resume to**  
**bracesinfremont@gmail.com**

### Immediate Openings

Inside Sales  
 Movers  
 Installers  
 Class A Drivers  
 Class B / C Drivers  
 Receiving  
 Fork Lift  
 Warehouse  
 Apply Mon-Fri 8-4  
 Bring 2 forms of ID



**Chartwell Staffing**  
**33428 Alvarado-Niles**  
**Union City, CA. 94587**  
**510-227-7030**

### HANDYMAN Craftsman Quality

**30 Years Experience**

**I Guarantee My Work**  
**Check my References!**

**FREE Estimates**  
**510-673-1766**  
**Senior Discounts**

### Become a hospice patient CARE VOLUNTEER!

Patient care volunteers provide a variety of supportive services to terminally ill patients and their families such as respite care for caregiver, companionship to the patient, run errands, do light housework and so much more! Life Springs Hospice serves the Alameda, Contra Costa, Santa Clara and San Mateo county communities.

For more information about becoming a patient care volunteer, please contact

**Dawn Torre, Volunteer Coordinator**  
**1-888-493-0734 or 510-933-2181**  
**volunteer@lifespringshospice.com**

### Office Manager Needed for Dental office in Fremont

**Part-time office manager position for an outgoing individual with strong leadership, organizational skills and previous management experience.**

Duties include (but are not limited to):  
 Office management and communication with the doctor, staff and patients

Outstanding interpersonal and customer service skills  
 Ability to multitask and perform well under pressure

Experience needed:  
 2+ years Management and Operations experience

Knowledge of dental insurance plans and clinical procedures is a plus

**Email you resume to:**  
**hp.smileplus@gmail.com**

## Now Hiring Caregivers! Do you want to love your job?

**Referral Bonus\***

\*After 5 visits completed

**WE ARE BUSY!**

**\$100**



**Join our Family!**  
**(510) 639-9088**

### Financial Manager

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## Newark Police Log

**SUBMITTED BY CMDR. MIKE CARROLL, NEWARK PD**

### Friday, March 20

At 2:14 p.m., Officer Kovach investigated an auto burglary that occurred around 4:55 a.m. on Forbes Drive.

### Saturday, March 21

At 8:05 a.m., Officer Katz investigated a theft of a black colored 1991 Nissan Pathfinder from LaSalle Drive.

### Sunday, March 22

At 8:03 a.m., Officer Katz investigated a stolen gray 1993 Nissan Altima from Wells Avenue.

At 8:38 a.m., Officer Katz recovered a stolen/stripped brown Nissan Maxima on Market Avenue.

At 1:16 p.m., Officer Katz investigated a window smash auto

burglary that occurred in the Neighborhood Church parking lot between 9:30 a.m. and 1:00 p.m.

During a traffic stop on Lafayette Avenue, Officer Reyes arrested a 24-year-old male from Hayward for possession of burglary tools and a 29-year-old male from Union City for possession of burglary tools and possession of a controlled substance.

At 2:24 p.m., Officer Nobbe investigated a stolen black 2005 Lincoln LS from NewPark Mall.

### Monday, March 23

At 12:10 p.m., a watchful neighbor observed two unfamiliar juveniles jumping into his neighbor's backyard on Lundy Drive. One adult, a 19-year-old male from Newark, and three juveniles ages 14, 15, and 16 were arrested for attempted burglary.

At 2:41 p.m., Officer Nobbe investigated a commercial burglary that occurred on the 35100 block of Newark Boulevard while the business was open.

At 8:00 p.m., Officer Smith investigated a vehicle burglary at 5699 Mowry Ave.

At 10:42 p.m., Officer Geser investigated a residential burglary on the 7500 block of Buckeye Place.

### Tuesday, March 24

At 5:56 p.m., Officer Stone accepted a citizen's arrest from Macy's. A 25-year-old female from Newark was arrested for shoplifting.

## PUBLIC NOTICES

## CIVIL

AMENDED  
ORDER TO SHOW CAUSE  
FOR CHANGE OF NAME

Superior Court of California, County of Alameda  
Petition of: Adriana Ramirez and Jose Hugo Garcia Ollica for Change of Name  
TO ALL INTERESTED PERSONS:  
Petitioner Adriana Ramirez filed a petition with this court for a decree changing names as follows:  
Yahir Garcia Ramirez to Yahir Garcia-Ramirez.  
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:  
Date: May 8, 2015, Time: 8:45 a.m., Dept.: 503  
The address of the court is 24405 Amador Street, Hayward, CA 94544  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri City Voice  
Date: March 26, 2015  
Winifred Y. Smith  
Judge of the Superior Court  
3/31, 4/7, 4/14, 4/21/15

CNS-2734483#

ORDER TO SHOW CAUSE  
FOR CHANGE OF NAME

Case No. HG15761759  
Superior Court of California, County of Alameda  
Petition of: Gene Baldocchi for Change of Name  
TO ALL INTERESTED PERSONS:  
Petitioner Gene Baldocchi aka Eugene Sam Baldocchi filed a petition with this court for a decree changing names as follows:  
Gene Sam Baldocchi aka Eugene Sam Baldocchi to Gino Sam Baldocchi  
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:  
Date: 05/15/2015, Time: 8:45 a.m., Dept.: 503  
The address of the court is 24405 Amador St., Hayward, CA 94544  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice Newspaper  
Date: March 11, 2015  
Winifred Y. Smith  
Judge of the Superior Court  
3/17, 3/24, 3/31, 4/7/15

CNS-2728343#

ORDER TO SHOW CAUSE  
FOR CHANGE OF NAME

Case No. HG15759944  
Superior Court of California, County of Alameda  
Petition of: Sean Leonard Boynton for Change of Name  
TO ALL INTERESTED PERSONS:  
Petitioner Sean Leonard Boynton filed a petition with this court for a decree changing names as follows:  
Sean Leonard Boynton to Sean Leonard Pope  
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:  
Date: 5/8/2015, Time: 8:45 a.m., Dept.: 503  
The address of the court is 24405 Amador Street, Civil Division, Rm. 108, Hayward, CA 94544  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice  
Date: Feb. 25, 2015  
WINIFRED Y. SMITH  
Judge of the Superior Court  
3/10, 3/17, 3/24, 3/31/15

CNS-2724789#

FICTITIOUS BUSINESS  
NAMESFICTITIOUS BUSINESS  
NAME STATEMENT

File No. 502919  
Fictitious Business Name(s):  
**Racksoft.com, 4225 Polaris Ave., Union City, CA 94587**, County of Alameda  
Registrant(s):  
JPKK LLC, 4225 Polaris Ave., Union City, CA 94587, California  
Business conducted by: a limited liability company  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Peterwin A. Ranada, President  
This statement was filed with the County Clerk of Alameda County on March 23, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/31, 4/7, 4/14, 4/21/15

CNS-2734478#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 503018  
Fictitious Business Name(s):  
**Enamour, 3695 Stevenson Blvd., #314, Fremont, CA 94538**, County of Alameda  
Registrant(s):  
Laghesh Kumar, 3695 Stevenson Blvd., #314, Fremont, CA 94538  
Rachel Kumar, 3695 Stevenson Blvd., #314, Fremont, CA 94538  
Business conducted by: Married Couple  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Laghesh Kumar  
This statement was filed with the County Clerk of Alameda County on March 26, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/31, 4/7, 4/14, 4/21/15

CNS-2734471#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 502928  
Fictitious Business Name(s):  
**Mission Shuttle, 41850 Paseo Padre Pkwy., Fremont, CA 94539**, County of Alameda  
Registrant(s):  
Andrew Sun-Wai Choi, 41850 Paseo Padre Pkwy., Fremont, CA 94539  
Business conducted by: an Individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
/s/ Andrew Sun-Wai Choi  
This statement was filed with the County Clerk of Alameda County on March 24, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/31, 4/7, 4/14, 4/21/15

CNS-2734422#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 502963  
Fictitious Business Name(s):  
**Euro School of Tennis, 4510 Peralta Blvd., Suite #22, Fremont, CA 94536**, County of Alameda  
Registrant(s):  
Calex Sports Inc., 4510 Peralta Blvd., Suite #22, Fremont, CA 94536; California  
Business conducted by: a Corporation  
The registrant began to transact business using the fictitious business name(s) listed above on 11/13/2009  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ KALOYAH STOYANOV, CEO  
This statement was filed with the County Clerk of Alameda County on March 24, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/31, 4/7, 4/14, 4/21/15

CNS-2733960#

STATEMENT OF ABANDONMENT  
OF USE OF FICTITIOUS  
BUSINESS NAME

File No. 471714  
The following person(s) has (have) abandoned the use of the fictitious business name: **The Delivery Pros, 46728 Fremont Blvd., Fremont, CA 94538**  
This Fictitious Business Name Statement being abandoned was filed on Nov. 7, 2012 in the County of Alameda.  
Amanda Raj, 10684 S. Tantau Ave., Cupertino, CA 95014  
S/ Amanda Raj  
This statement was filed with the County Clerk of Alameda County on February 24, 2015.  
3/31, 4/7, 4/14, 4/21/15

CNS-2732750#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 502187  
Fictitious Business Name(s):  
**Centerville Smog, 4343 Peralta Blvd., Fremont, CA 94536**, County of Alameda  
Mailing address: 37503 Glenmoor Dr. #C, Fremont, CA 94536  
Registrant(s):  
Hieu Minh Loi, 38260 Blacow Rd., Fremont, CA 94536  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Hieu Minh Loi  
This statement was filed with the County Clerk of Alameda County on March 6, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/31, 4/7, 4/14, 4/21/15

CNS-2732391#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 502826  
Fictitious Business Name(s):  
**Victoria's Salon, 19078 Meekland Ave., Hayward, CA 94541**, County of Alameda  
Mailing address: 19078 Meekland Ave., Hayward, CA 94541  
Registrant(s):  
Laura Sharon Sanchez, 34800 11th St. Apt. 159, Union City, CA 94587  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Laura Sharon Sanchez  
This statement was filed with the County Clerk of Alameda County on March 20, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/31, 4/7, 4/14, 4/21/15

CNS-2732092#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 502025  
Fictitious Business Name(s):  
**Bobcat of Fremont, 43801 Osgood Road, Fremont, CA 94539**, County of Alameda  
Mailing address: 720995, Oklahoma City Oklahoma, OK 73172  
Registrant(s):  
Total Equipment & Rental of Fremont LLC, 43801 Osgood Road, Fremont, CA 94539; CA  
Business conducted by: A Limited Liability Company  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Kent W. Gardner, Manager of Pantheon Management LLC, the Manager of Total Equipment & Rental of Fremont LLC  
This statement was filed with the County Clerk of Alameda County on March 3, 2015  
NOTICE: In accordance with subdivision (a) of

Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/31, 4/7, 4/14, 4/21/15

CNS-2731965#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 502095  
Fictitious Business Name(s):  
**Caliber Collision Centers, 7 Oldfield Irvine, CA 92618**, County of Orange  
401 East Corporate Drive Suite 150, Lewisville, Texas 75057  
Registrant(s):  
Caliber Bodyworks, Inc., 7 Oldfield Irvine, CA 92618; California  
Business conducted by: A Corporation  
The registrant began to transact business using the fictitious business name(s) listed above on 10/25/1996  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Gregory M. Nichols, Chief Administrative Officer  
This statement was filed with the County Clerk of Alameda County on March 4, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/31, 4/7, 4/14, 4/21/15

CNS-2731962#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 502241  
Fictitious Business Name(s):  
**Super Cabinet Inc., 1200 17th Ave., Oakland, CA 94606**, County of Alameda  
Mailing address: 1200 17th Ave., Oakland, CA 94606  
Registrant(s):  
Super Cabinet Inc., 1424 South Mayfair Avenue, Daly City, CA 94015, California  
Business conducted by: a corporation  
The registrant began to transact business using the fictitious business name(s) listed above on 2-1-2010  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Jenny Cai, CEO  
This statement was filed with the County Clerk of Alameda County on March 9, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/24, 3/31, 4/7, 4/14/15

CNS-2731325#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 502564  
Fictitious Business Name(s):  
**Chauhan Trucking, 37557 Duskerberry Way, #1, Fremont, CA 94536**, County of Alameda  
Registrant(s):  
Kiranjot, Fnu, 4445 Stevenson Blvd., #58, Fremont, CA 94538  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Hieu Minh Loi  
This statement was filed with the County Clerk of Alameda County on March 17, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/24, 3/31, 4/7, 4/14/15

CNS-2731291#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 502562  
Fictitious Business Name(s):  
**JC Painting, 43555 Grimmer Blvd., A210, Fremont, CA 94538**, County of Alameda  
Registrant(s):  
Carlos Torres Garcia, 43555 Grimmer Blvd, A210, Fremont, CA 94538  
Business conducted by: an Individual  
The registrant began to transact business using the fictitious business name(s) listed above on 5/1/2003.  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Carlos Torres Garcia  
This statement was filed with the County Clerk of Alameda County on March 17, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/24, 3/31, 4/7, 4/14/15

CNS-2730900#

STATEMENT OF ABANDONMENT  
OF USE OF FICTITIOUS  
BUSINESS NAME

File No. 456020  
The following person(s) has (have) abandoned the use of the fictitious business name: **Vocal Xtreme, 4456 Technology Dr., Fremont, CA 94538**  
This Fictitious Business Name Statement for the Partnership was filed on 3/10/2015 in the County of Alameda.  
VX Enterprises Inc., 4456 Technology Dr., Fremont, CA 94538  
S/ Chind Ming Chang, President  
VX Enterprises Inc.  
This statement was filed with the County Clerk of Alameda County on March 16, 2015.  
3/24, 3/31, 4/7, 4/14/15

CNS-2729972#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 502186  
Fictitious Business Name(s):  
**Chap, 41533 Trenouth St., Fremont, CA 94538**, County of Alameda  
Registrant(s):  
Sidhu G Transportation Inc., 41533 Trenouth St., Fremont, CA 94538; California

Business conducted by: a Corporation  
The registrant began to transact business using the fictitious business name(s) listed above on N/A.  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Gurpal Singh, President  
This statement was filed with the County Clerk of Alameda County on March 5, 2015.  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/24, 3/31, 4/7, 4/14/15

CNS-2729705#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 502107  
Fictitious Business Name(s):  
**Hauling Express Service, 37900 Cedar Blvd., C, Newark, CA 94560**, County of Alameda  
Registrant(s):  
Carlos Santos, 37778 Goldenrod Dr., Newark, CA 94560  
Business conducted by: an Individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Carlos A. Santos  
This statement was filed with the County Clerk of Alameda County on March 4, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/24, 3/31, 4/7, 4/14/15

CNS-2729385#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 502288  
Fictitious Business Name(s):  
**Stars Graphics, 40151 Mueller Court, Fremont, CA 94538**, County of Alameda  
Registrant(s):  
Saul Alberto Zavala Aguilar, 40151 Mueller Court, Fremont, CA 94538  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on 2/2/2015  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Saul Alberto Zavala Aguilar  
This statement was filed with the County Clerk of Alameda County on March 10, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/17, 3/24, 3/31, 4/7/15

CNS-2728737#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 502271  
Fictitious Business Name(s):  
**Northern California Locum Services, 311 Santa Clara Ave., Alameda, CA 94501**, County of Alameda  
Registrant(s):  
Julia Nyquist, 311 Santa Clara Ave., Alameda, CA 94501  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Julia Nyquist, M.D.  
This statement was filed with the County Clerk of Alameda County on March 9, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/17, 3/24, 3/31, 4/7/15

CNS-2727936#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 501751  
Fictitious Business Name(s):  
**Tanagen Medical Writing, LLC, 32713 Jean Drive, Union City, CA 94587**, County of Alameda  
Registrant(s):  
Tanager Medical Writing, LLC, 32713 Jean Drive, Union City, CA 94587; California  
Business conducted by: a Limited Liability Company  
The registrant began to transact business using the fictitious business name(s) listed above on 24 April 2010  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Suzanne R. Canada, Ph. D Principal & Medical Writer 2/12/2015  
This statement was filed with the County Clerk of Alameda County on February 25, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/17, 3/24, 3/31, 4/7/15

CNS-2727688#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 501448  
Fictitious Business Name(s):  
**Green Champa Garden, 42318 Fremont Blvd., Fremont, CA 94538**, County of Alameda  
Registrant(s):  
Nai Saetern, 2905 1/2 M. L. King Jr, Berkeley, CA 94703  
Business conducted by: An Individual  
The registrant began to transact business using the fictitious business name(s) listed above on 6-09-12  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section

17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Nai Saetern  
This statement was filed with the County Clerk of Alameda County on February 18, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/17, 3/24, 3/31, 4/7/15

C

PUBLIC NOTICES

Alameda County on March 5, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/17, 3/24, 3/31, 4/7/15

CNS-2727227#  
**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 502153

Fictitious Business Name(s):  
**Dandan Music Studio, 676 Bockman Road, #F, San Lorenzo, CA 94580**, County of Alameda  
Registrant(s):  
Cecil Marie Manduriao, 14675 Locust St., San Leandro, CA 94579  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on 3/5/15  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Cecil Manduriao

This statement was filed with the County Clerk of Alameda County on March 5, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/17, 3/24, 3/31, 4/7/15

CNS-2726111#  
**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME**  
File No. 482112  
The following person(s) has (have) abandoned the use of the fictitious business name: **Dandan Music Studio, 12250 Hesperian Blvd., Hayward, CA 94541**  
The Fictitious Business Name Statement for the Partnership was filed on 8/28/13 in the County of Alameda.  
Julieta Cadorniga, 14675 Locust St., San Leandro, CA 94579  
S/ Julieta Cadorniga

This statement was filed with the County Clerk of Alameda County on March 5, 2015  
3/17, 3/24, 3/31, 4/7/15

CNS-2726108#  
**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 502022

Fictitious Business Name(s):  
**Onvase LLC, 964 Dowling Blvd, San Leandro, CA 94577**, County of Alameda  
1319 Washington Ave Suite 742, San Leandro, CA 94577  
Registrant(s):  
Onvase LLC, 964 Dowling Blvd, San Leandro, CA 94577; CA  
Business conducted by: A Limited Liability Company  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Tom Francis, Member  
Onvase LLC  
This statement was filed with the County Clerk of Alameda County on March 3, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/10, 3/17, 3/24, 3/31/15

CNS-2725982#  
**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 501925

Fictitious Business Name(s):  
**Lavish Limousines, 30872 Huntwood Ave Unit 9, Hayward, CA 94544**, County of Alameda  
Registrant(s):  
Jean Lee Lopez-Martinez, 2861 House Ct., Fairfield, CA 94534  
Business conducted by: An Individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Jean L. Lopez-Martinez  
This statement was filed with the County Clerk of Alameda County on February 27, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement gener-

ally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/10, 3/17, 3/24, 3/31/15

CNS-2724865#  
**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 501439

Fictitious Business Name(s):  
**Golden Gate Real Estate, 1155 New Park Mall, Newark, CA 94560**, County of Alameda  
Mailing address: P.O. Box 459, Union City, CA 94587, County of Alameda  
Registrant(s):  
Ken Smith, 2811 Zinnia Court, Union City, CA 94587  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Ken Smith

This statement was filed with the County Clerk of Alameda County on February 18, 2015.  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/10, 3/17, 3/24, 3/31/15

CNS-2724856#  
**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 501843

Fictitious Business Name(s):  
**Computer Parts for Sales, 3717 Turner Pl., Fremont, CA 94536**, County of Alameda; 3717 Turner Pl., Fremont, CA 94536  
Registrant(s):  
Majid Nikfarjam, 3717 Turner Pl., Fremont, CA 94536  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ M Nikfarjam

This statement was filed with the County Clerk of Alameda County on February 26, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
3/10, 3/17, 3/24, 3/31/15

CNS-2723683#

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARTIN L DUVE

**CASE NO. RP15759555**  
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Martin L. Duve  
A Petition for Probate has been filed by Gene R. Duve in the Superior Court of California, County of Alameda.  
The Petition for Probate requests that Gene R. Duve be appointed as personal representative to administer the estate of the decedent.  
The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.  
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the

court should not grant the authority.  
A hearing on the petition will be held in this court on 04/21/2015 at 9:30 in Dept. 2015 located at 2120 Martin Luther King, Jr. Way, Berkeley, CA 94704.  
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.  
Petitioner: Gene R. Duve, 10730 Foothill Rd., Sunol, CA 94586, Telephone: 510-371-0012  
3/17, 3/24, 3/31/15

CNS-2728671#

PUBLIC AUCTION/SALES

**NOTICE OF LIEN SALE AT PUBLIC AUCTION**  
Notice is hereby given that personal property in the following units will be sold at public auction: on the **17th day of April, 2015** at or after **12:30 pm** pursuant to the California Self-Storage Facility Act. The sale will be conducted at: **U-Haul Moving & Storage of Thornton, 4833 Thornton Ave, Fremont, CA 94536**. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:  
**Name Unit # Paid Through Date**  
Jennifer Russell AA8048A 11/25/14  
Michelle Pinney B159 1/23/15  
Isaac Elm B271 2/7/15  
Yolanda Brown C140 12/11/14  
Jackie Kirk C161 1/29/15  
3/31, 4/7/15

CNS-2734128#

Notices Regarding Production of Groundwater Public Hearing

A public hearing on the replenishment assessment for Fiscal Year (FY) 2015/16 will be held at 6:00 P.M. on Tuesday, April 14, 2015, in the Board Room at the Alameda County Water District (ACWD) Headquarters, 43885 South Grimmer Boulevard, Fremont, California.

ACWD staff is proposing an 8.6% increase in the replenishment assessment rate for groundwater pumped or extracted for purposes other than agricultural and municipal recreation, effective July 1, 2015. This would change the rate from \$313 to \$340 per acre-foot of groundwater extracted. Only property owners with a well, well owners, and operators of wells (or other groundwater extraction facilities) within the ACWD-managed Niles Cone Groundwater Basin would be affected by this proposed rate increase. It does not apply to the rates and charges for water served to residences and businesses by ACWD's distribution system. The basis for the proposed 8.6% increase is set forth in the 2015 Survey Report on Groundwater Conditions (Survey Report) and Resolution 15-007, which are available for review at the ACWD Headquarters. They can also be found on-line by doing the following steps:

- To access the Survey report:
- To access Resolution 15-007:
1. Visit us at: <http://www.acwd.org/>
1. Visit us <http://www.acwd.org>
2. In the list on the left side, click on "Groundwater Resources"
2. On the right side click on "The Press"
3. Click on "Groundwater Management"
3. Click on "Public Notices"
4. Click on "Annual Survey Report on GW Conditions"
4. Click on "Resolution 15-007"
5. Click on "Annual Survey Report"

Revenue from the replenishment assessment helps ACWD offset its costs to replenish and maintain groundwater supplies for the benefit of the users of the groundwater basin. The replenishment assessment rate was not increased over a 10-year period from FY 1998/99 to FY 2007/2008, and an increase is needed in FY 2015/16 to meet costs related to: importation of water for groundwater replenishment; operation, repairs and upgrades of ACWD's recharge facilities to maintain water diversion capability at Alameda Creek and to comply with applicable environmental regulations; groundwater basin and watershed monitoring and protection; and other needs to ensure an ample supply of high quality groundwater in the basin.

You are invited to attend the public hearing and be heard in support of or opposition to the proposed increased replenishment assessment, the Survey Report, or the Board determination in Resolution No. 15-007 that a replenishment assessment is required. In addition, if you wish to comment on, or protest, the proposed replenishment assessment increase, you may submit a written comment, or protest, by mail, e-mail, or in person to:

Alameda County Water District  
Attn: Proposed Groundwater RA Rate Increase Protest

By Mail: P.O. Box 5110, Fremont, CA 94537-5510  
In-person: 43885 South Grimmer Boulevard, Fremont, CA 94538  
By E-mail: [groundwaterrateprotest@acwd.com](mailto:groundwaterrateprotest@acwd.com)

Please be sure to include your name, daytime phone number (for protest verification), and the address of the property where the well is located. Written comments or protests must be received by ACWD before the end of the April 14, 2015, public hearing. E-mailed comments or protests must be received by 5:00 p.m. on April 14, 2015.

Extension of Deadline of Metering Low Producing Groundwater Production Facilities

On February 12, 2015, the Board of Directors of the Alameda County Water District, adopted Resolution No. 15-008 which extended the deadline to install water measuring devices (flow totalizers) on groundwater-producing facilities (e.g., wells), located within the jurisdiction of Alameda County Water District, and which produce such low volumes of water that the cost of metering would not be justified by the replenishment assessment revenue that would be generated within a reasonable period of time. The new deadline is March 8, 2016. For more information, contact ACWD at 510-668-4411.

Kidnapping suspect sought

SUBMITTED BY  
SGT. RYAN CANTRELL, HAYWARD PD

On Friday, March 27th, 2015, the Hayward Police Department received a 911 call regarding a female who had been kidnapped near the area of Walpert Street and Fletcher Lane.

The 16 year old female victim described to investigators that she was walking home from Hayward High School between 3:45 p.m. and 3:55 p.m. She was suddenly grabbed by a male and pulled into the back seat of a white 4 door vehicle. The victim indicated that the suspect was armed with a handgun and a struggle ensued. She was able to fight off the suspect and got out of the vehicle. She then escaped to her residence a short distance away and reported the incident to her parents who later called 911. The victim was not injured in this incident.

The victim described the suspect as a Hispanic or East Indian male, early to mid-20's, 5'-6" to 5'7", thin build, short dark colored hair, a thinly manicured beard and goatee (no mustache). The suspect was wearing a gray hooded sweatshirt (with the letter



NOTICE OF TIME AND PLACE OF HEARING

NOTICE IS HEREBY GIVEN that the Board of Directors of the **ALAMEDA COUNTY WATER DISTRICT** has fixed **Tuesday, April 14, 2015, at the hour of 6:00 P.M.** in the Board Room of the District Office Building, 43885 South Grimmer Boulevard, Fremont, California, as a time and place for a public hearing to review and consider and potentially act on the following rates and charges that are proposed to be collected by said DISTRICT, which, if adopted, would **take effect on May 1, 2015: After-Hours Connection Charge, Field/Reconnection Charge, Bi-monthly Service Charge, Fire Hydrant Meter Deposit, Fire Hydrant Meter Field Investigation/Follow-up Charges, Meter Re-Installation Charge, and Unexplained Consumption Meter Testing Charges;** and to review and consider and potentially act on the following development-related charges that are proposed to be collected by said DISTRICT, which, if adopted, would take effect on **July 1, 2015: Annexation Charge, Facilities Connection Charges, Facilities Reimbursement Charges, Hydrant Flow Test Charge, and Meter Installation Charges.**

At the hearing, any person interested may appear and present comments on the proposed schedule of rates and charges.

Following the conclusion of the hearing, this Board of Directors may, by resolution, fix the rates and charges to be collected by said DISTRICT, effective May 1, 2015 for most rates and charges, and effective July 1, 2015 for development-related charges.

NOTICE IS FURTHER GIVEN that any person interested may inspect the proposed schedule of rates and charges in the office of the District Manager of Finance at 43885 South Grimmer Boulevard, Fremont, California, **Monday through Friday between the hours of 8:00 A.M. and 12:00 Noon, and 1:00 P.M. and 5:00 P.M.**

GINA MARKOU  
District Secretary  
Board of Directors  
Alameda County Water District

“A” and other unknown writing on the front), black shorts and brown leather woven sandals. The suspect's vehicle was described by witnesses as a white 4-door vehicle similar to a Toyota Prius or Chevrolet Volt.

Detectors are currently investigating the possibility of this suspect being involved in two prior incidents reported over the past 6 weeks in the area of Tennyson High School.

Anyone with information to this incident is encouraged to contact Inspector John Lage at (510) 293-7034.

## Union City Police Log

SUBMITTED BY SUBMITTED BY  
UNION CITY PD

### Friday, March 20

At around 7:20 a.m., Officer Llamas responded to a commercial burglary report at a business in the 3800 block of Smith Street. The pictured suspect, who was captured on surveillance video, broke the glass front door, and stole a laptop and a power drill. He got into a vehicle, a black two-door with chrome rims and tinted rear windows. The suspect looked like a Hispanic male adult, 5'6" - 5'8" and 175-185 lbs., with a thin mustache.

### Saturday, March 21

At around 3:50 p.m., Officer Leete re-



sponded to the Taco Bell parking lot on Industrial Parkway on reports of a brandishing. A suspect approached several victims in the parking lot, brandished a black



semi-automatic handgun, and accused them of breaking into his mother's car at an unknown location (possibly in South Hayward). He said he would be back later and he was going to shoot someone. He then drove his vehicle out of the parking lot. The suspect was described as a black male, 20-23 years old, 6'0" and 160-170 lbs., wearing black-rimmed glasses. The vehicle was described as a silver or gray, newer model Honda Accord or Civic.

### Sunday, March 22

At around 11:00 a.m., officers responded to Home Depot on Industrial Parkway on reports of an assault with a deadly weapon. It appears the same suspect from the previously mentioned incident approached another group of victims and began to accuse them of damaging his mother's car. He eventually struck two of them with a black, semi-automatic handgun before fleeing the scene in the same vehicle as Saturday's incident.

At around 9:15 a.m., Officer Rivas conducted a traffic stop in the area of Mission Boulevard and Blanche Street. The driver consented to a search of the vehicle, which yielded a loaded handgun that had been reported stolen. The driver also had a suspended driver's license. Paul Brown, a Union City resident, was arrested.

## City of Fremont News Briefs

SUBMITTED BY  
CHERYL GOLDEN

### Compost Giveaway

Thank you Fremont residents for feeding your green organics cart each week with food scraps and yard waste. Now you can feed the plants in your personal garden with quality compost that was made from your yard trimmings and food scraps. Please feel free to pick up two free bags of compost on Sunday, April 12, from 8 a.m. to noon or while supplies last at the Fremont Recycling and Transfer Station, located at 41149 Boyce Rd. The event will be held, rain or shine.

Don't forget to bring your current Republic Services garbage bill to show that your household participates in the City's curbside organics program. Please follow the signs and watch for the traffic controls that will direct you to the loading area where crews will place

the compost into your vehicle. If your neighbor or a family member is unable to attend, you may bring their Republic Services bill and pick up their compost for them.

Compost Giveaway is brought to you by the City of Fremont in partnership with Republic Services and Fremont Recycling and Transfer Station. For more information, please contact Republic Services at 510-657-3500.

### Senior Helpline

The City of Fremont has always had a special place in its heart for its senior residents. And one of our unique services is the Fremont Senior Helpline, available in English, Farsi, Spanish, and Mandarin. The Fremont Senior Helpline offers information and referral to a wide array of programs specifically for those over the age of 60, including care management services for frail seniors, caregiver support and emotional and mental health services. Last year, the Senior Helpline responded to more than 1,380 calls.

While calls typically come in from seniors themselves, we also get plenty of calls from professional staff in the community, neighbors, pastors, and family members living locally as well as

in other areas. The hours of operation are Monday through Friday from 9:30 a.m. to 4:30 p.m. If you cannot reach someone immediately, please leave a voice message and your call will be returned in less than one business day.

To reach Fremont's Senior Helpline, call 510-574-2041.

### Remember Bulky Goods Pickup

Fremont residents who have curbside service with Republic Services are eligible for two on-call bulky item pickups every calendar year at no extra charge. To schedule your pickup, call Republic Services at least two to three weeks in advance of the date you'd like this service provided; the bulky item collection will take place on your regular collection day. The City of Fremont and Republic Services have partnered with a local nonprofit organization that works to find homes for your old bulky items. If you think your discards are in good condition and can be reused, please let Republic Services know at the time you call to schedule your pick up.

Please call Republic Services at 510-657-3500 for more information or to schedule a pickup.

### Debtors' Rights Clinic

Bay Area Legal Aid (BayLegal), in partnership with Sparkpoint, holds a monthly Debtors' Rights Clinic at the Fremont Family Resource Center. Open to residents of Southern Alameda County, the Debtor's Rights Clinic offers free information to low-income residents for help with debt and credit-related legal problems.

Since July 2013, BayLegal has assisted hundreds of local residents with their consumer credit issues. Debt can often feel overwhelming to people facing difficult financial times. The clinic provides practical information and assistance about legal issues related to debt, foreclosure, and bankruptcy.

Clinics begin with an educational workshop about individuals' rights regarding debt collection, litigation, and consumer protection statutes. After the workshop, attendees meet one-on-one with an advocate to discuss the particulars of their legal problem. The goal of the

clinic is to empower participants with the information necessary to make decisions about their finances and to help them solve their legal problem.

BayLegal has a successful track record through the clinic, including defending victims of identity theft, negotiating favorable settlements of lawsuits from debt buyers, disputing errors on credit reports, resulting in better personal credit and improved access to housing opportunities, help against wages garnishment and bank levies, defense against fraudulent debt consolidation and debt settlement schemes, and other consumer protections. Through partnership with SparkPoint, BayLegal's Debtors' Rights Clinic is an important resource to help low-income consumers hold onto their hard-earned money and access affordable credit. The Debtors' Rights Clinics will be held from 10 a.m. to 1 p.m. at the SparkPoint Center, Fremont Family Resource Center, 39155 Liberty St., Suite A110 in Fremont on the following dates: April 24, May 22, and June 26.

Please reserve your space by calling 510-574-2026; a scheduled appointment is required.

## Kennedy High School senior to speak at summer institute

SUBMITTED BY BRIAN KILLGORE

Fremont Unified School District (FUSD) is proud to announce one of its students has been selected to speak at the Advancement Via Individual Determination (AVID) 2015 Summer Institute, July 13-15, in Sacramento.

Kennedy High School senior Robyn Perry will address hundreds of educators about her experiences over the past four years in the AVID program. She was selected as a semi-finalist in February and after submitting a video of her speech to the AVID selection committee, was officially chosen as a speaker for the Summer Institute.

AVID is a global nonprofit organization dedicated to closing the achievement gap by preparing all students for college and other postsecondary opportunities. For the Student Speaker Contest, students were asked to think about their experiences with AVID and how working with AVID teachers, tutors, and peers started them on a path to fulfill their college dreams.

"It is very exciting for one of our students to be recognized in such a high-profile manner," said Kennedy High School Social Science Teacher/Department Chair and AVID Elective Instructor, Jennifer Elemen. "I am so grateful to work with such amazing students, like Robyn, and help empower them with the knowledge, skills and opportunities that AVID allows us to provide."

Visit [www.avid.org](http://www.avid.org) for more information.



Kennedy High School senior Robyn Perry

## CSUEB Report

Softball

SUBMITTED BY SCOTT CHISHOLM

### Off to strong start

Cal State East Bay softball earned victories over Western Washington and Hawaii Pacific on March 27th to open the Tournament of Champions hosted by Cal State Stanislaus. East Bay pitcher Sierra Clark tossed eight shutout innings in a 1-0 extra innings win against WWU. Ali Cerminara provided the walk-off hit in the bottom of the eighth. Clark earned the save in game two as Cal State East Bay finished off Hawaii Pacific, 8-5. Cerminara and Gabby Gonzalez combined to go 8-for-8 with five RBI at the plate in the victory.

### Clark, Cerminara Pacing Pioneers in Turlock Tourney

After playing five games within a span of 24 hours the Cal State East Bay softball team finished with four victories at the Tournament of Championship hosted by Cal State Stanislaus. Pitcher Sierra Clark tossed 17 shutout innings and catcher Ali Cerminara is 11-of-16 (.688) at the plate and has driven in half of the team's runs to highlight the Pioneer performances.

### Marston Mash caps off rout of Hawks, softball burned by Vulcans

Cal State East Bay advanced to the Tournament of Champions (TOC) Bronze Bracket title game following its 11-1 triumph over Holy Names on March 29th. The Pioneers came up empty in hopes of a late rally and dropped a 5-1 decision to Hawaii Hilo to conclude weekend play.



Sierra Clark (L) has thrown 17 shutout innings & Ali Cerminara (R) is batting .688 with eight RBI

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## Hayward artist immortalizes students at Sorensdale Park

PHOTOS BY JERRY SANNEBECK AND ALANI TAIRA

Award-winning Hayward High School Art Instructor and artist Andrew Kong Knight recently finished painting three murals that immortalize 20 students at Sorensdale Park behind Tennyson High School in Hayward. Knight's mural project includes three 15x30 ft. murals entitled, "Fields of Dreams." These bright, gem-like, uplifting murals took five months to complete.

The unveiling celebration was held on March 7, 2015 – the same day as Tennyson American Little League's opening day. The event marked the 60th year of the league.

Knight said that the murals reminded him of his first public mural that he created at James Logan High School over 30 years ago. That mural was on cinder block as well and was approximately the same size as this series with similar subject matter. "I had more than

a few flashbacks to that mural and my high school days during the creation of this recent series," Knight said.

He dedicated the murals to his former high school art instructors Liz Lyons Friedman and Missy Warhurst. Warhurst and Friedman unveiled the second mural in the series and also revealed the plaque that was attached to the mural.

- ☒ Get mammogram results
- ☒ Schedule Pap test
- ☒ Schedule bone density test



## Feeling great? You ought to see a doctor.

At Washington Township Medical Foundation, we believe there's no better time to see your doctor than when you're feeling healthy. That's the best time for a routine checkup, and to take stock of your overall health picture to help prevent potential problems. Starting at the age of 20, you should have your cholesterol and blood sugars checked regularly to help ward off cardiovascular problems. Prostate checks for men are recommended once you're in your 40s, as are mammograms for women. And at 50, a colonoscopy is a highly effective procedure to catch conditions that could

possibly lead to cancer. These are just a few of the tests your care team can help you schedule if needed. We will help you stay on top of and prevent cardiovascular disease, cancer, diabetes and other potentially significant health issues. If you need follow-up visits with a specialist, WTMF has a wide range of Board Certified physicians who work as a team with your primary care physician. If hospital treatment is required, we're affiliated with award-winning Washington Hospital, located right here in our community. So, if you want to stay healthy, a WTMF doctor is a choice you can feel really good about.



To find out more, visit our website at [www.mywtmf.com](http://www.mywtmf.com) or call (866) 710-9864.