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— a benefit you
can laugh
about

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Wheels
celebrates
13 years of
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TRI-CITY VOICE

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March 24, 2015

Vol. 14 No. 12



Newark Symphonic Winds

Welcome Spring

SUBMITTED BY JIM CARTER

Enjoy an evening of wonderful symphonic music provide free of charge by the Tri-Cities' own 50-musician symphony – the Newark Symphonic Winds.

Under the direction of Richard Wong, the NSW will treat the audience to music from "How to Train Your Dragon," "Midway March" by John Williams, a medley of some of the most memorable Hollywood hits, a lovely memorial – "Communion" by Strommen, a little Earth, Wind and Fire, and many, many more. There

also will be a special performance by the Montecito Brass Ensemble.

The NSW was formed in 2005 and is a non-profit group composed of amateur, semi-professional, and professional musicians from the community. Spring, summer, and winter holiday concerts are offered each year and have drawn increasingly packed houses. Mark your calendar and plan to arrive early for this delightful Spring Concert evening.

This free performance (no tickets are necessary) is sponsored by the Fremont Bank Foundation. For more

information, visit: <http://newarksymphonic.org/> or call (510) 552-7186.

Newark Symphonic Winds Free Spring Concert
Saturday, Mar 28
7 p.m. – 9 p.m.
Newark Memorial High School Theatre
39375 Cedar Blvd, Newark
(510) 552-7186
<http://newarksymphonic.org/>
Free

Easter Celebrations



PHOTO COURTESY OF
CHERYL GALVEZ

As the Lenten season nears its end, preparations for Easter Sunday are fast approaching. Stores are already selling Easter decals, candies, decorations, and eggs – items that symbolize a fun and family-friendly celebration. Communities are busy organizing activities - religious and secular – including church services, egg hunts, time with the Easter Bunny and parades.

At the heart of the festivities, is a celebration of the resurrection of Jesus Christ three days after his crucifixion, following a 40-day period of fasting, prayer, and penance. Christian religious activities recount the sacrifices and teachings of Jesus Christ. The week before Easter, called Holy Week,

commemorates the Last Supper and His crucifixion.

Easter is celebrated on the first Sunday after the full moon that occurs on or soonest after the Spring Equinox. This year, Easter falls on Sunday, April 5. A few of many activities planned in the Greater Tri-City area include:

CASTRO VALLEY

The dramatic musical "Cross of Love" portrays the passion and intensity of the events of Holy Week through the eyes of those who were witnesses and whose lives were transformed by the miracles and teachings of Jesus. Purchase your tickets in advance at www.3crosses.org/outreach-events. Please be in your seat 15 minutes before the presentation, at which time all open seats become available to others.

continued on page 7



Enjoy Spring Steam Weekend

SUBMITTED BY HELENE ROYLANCE

Celebrate the arrival of spring with wonderful hand-produced fine arts and crafts, and a ride aboard a vintage train pulled by a historic 1921 steam locomotive through the beautiful hills of Sunol.

The Golden Gate Railroad Museum and the Niles Canyon Railway are teaming up with the Niles Canyon Artisans for the Spring Steam Weekend on Saturday, March 28 and Sunday, March 29. The Golden Gate Railroad Museum's restored steam locomotive Southern Pacific 2472 will be accompanied by vintage equipment of the Niles Canyon Railway, re-creating a historic train that will take passengers on a 90 minute round-trip train ride to the Niles station and back. The Spring Steam event promises to be an exciting and fun filled weekend!

In addition to the featured trains, the Niles Canyon Artisans will set up booths at the Sunol Depot, featuring hand-produced, one-of-a-kind fine arts and crafts including

"Palmagami," origami made with local palm fronds. Local artisans will display a variety of beautiful gifts including jewelry, paintings, pottery, ceramics, fused glass, wood turned items and much more. For more information regarding the Niles Canyon Artisans please visit our website at <http://niles-canyonartisans.blogspot.com>.

General adult tickets for train rides start are \$20. Tickets for children ages 2-12 are \$10 and those under age 2 are free. Reserved Lounge Tickets are \$30. A special family fare is available that includes two adult and two child tickets for \$45. Purchase your tickets online now at www.ggrm.org

Spring Steam Weekend
Saturday, Mar 28 and Sunday Mar 29
10 a.m. – 4 p.m.
Trains depart: 11a.m., 1 p.m., and 3 p.m.
Sunol Depot Station
6 Kilkare Rd, Sunol
www.ggrm.org
\$10 - \$30

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Grief Support Group Helps Those Dealing with Loss of Loved One

When someone you love dies, life changes. Grief from that loss can leave you feeling isolated, sad, angry, powerless, confused and/or lonely. Friends and family help for a while but then their lives move on while you may still feel the need to share your feelings or just be with those who understand your loss.

Washington Hospital's Grief Support Group offers adults who have suffered a loss of parents, spouse, a child or a close friend a place to share feelings and listen and perhaps learn from others who have experienced similar loss and grieving.

"Newcomers are warmly welcomed into the group and often are silent for a meeting or two before they begin to feel comfortable talking about their loss and grief," says Michelle Hedding, group coordinator and Washington Hospital's Spiritual Care Coordinator. "But even in just being there without speaking, they absorb some wisdom from listening to others who are further along in the grieving process."

Hedding explains that the group process doesn't attempt to help participants "get back to normal" but rather focuses on "finding a new normal, learning how to live your life without that missing piece."

Hedding acts as a facilitator for the group which normally numbers between 12 to 15 individuals ranging in age from late 30s to 80s. She emphasizes that she is not a therapist, nor is the group a therapy session or oriented toward religion. It functions solely as a support group for individuals grieving the loss of someone important in their lives.

The free, drop-in group meetings, open to all adults, are held from 7 to 8:30 p.m. on Thursday evenings in the Volunteer Services Department, suite 216, at Washington West, 2500 Mowry Avenue in Fremont. Participants may attend as often as they wish, Hedding said.

"Some individuals join us for just a few meetings, others may stay longer, perhaps for up to 18 months," Hedding explains. Participants are encouraged to participate only to the level with which they feel comfort-

A photograph showing a group of people in a meeting. In the foreground, a woman with long dark hair, wearing a grey blazer, is looking off to the side with a thoughtful expression. Behind her, a man with short brown hair, wearing a grey shirt, is also looking in the same direction with his hand near his chin. In the background, a woman with dark hair, wearing a yellow top, is partially visible. The setting appears to be an office or a professional meeting room.

Washington Hospital's Grief Support Group offers adults who have suffered a loss of parents, spouse, a child or a close friend a place to share feelings and listen and perhaps learn from others who have experienced similar loss and grieving. The free, drop-in group meetings, open to all adults, are held from 7 to 8:30 p.m. on Thursday evenings in the Volunteer Services Department, suite 216, at Washington West, 2500 Mowry Avenue in Fremont.

able. "Each person's unique experience with grief is respected and honored," Hedding said.

One area where she sees the group discussions as being particularly helpful is on how to deal with holidays, birthdays

and other special occasions — she calls them “trigger times.” Participants share their own experiences in dealing with the grief “trigger” that the first birthday, special holiday or anniversary can provoke.

For more information about the support group, please call Hedding's office at 510.745.6569, or the Washington Hospital telephone operator at 510.797.1111.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



Follow WHHS on
Facebook & Twitter



InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	03/24/15	03/25/15	03/26/15	03/27/15	03/28/15	03/29/15	03/30/15
12:00 PM 12:00 AM	Snack Attack	Knee Pain & Replacement	Women's Health Conference:Aging Gracefully	Women's Health Conference:Aging Gracefully	How Healthy Are Your Lungs?	Where Have All The Patients Gone?	Hypertension:The Silent Killer
12:30 PM 12:30 AM	Deep Venous Thrombosis		Kidney Transplants	Where Have All The Patients Gone?	Community Based Senior Supportive Services		Diabetes Matters: Healthy or Hoax
1:00 PM 1:00 AM		Turning 65? Get To Know Medicare		Washington Township Health Care District Board Meeting March 11, 2015		Voices InHealth: Radiation Safety	Kidney Transplants
1:30 PM 1:30 AM	Hypertension:The Silent Killer		Superbugs:Are We Winning the Germ War?		Severe Sepsis: Don't Let an Infection Take Over Your Body		
2:00 PM 2:00 AM		Minimally Invasive Surgery for Lower Back Disorders		Diabetes Matters: Diabetes Meal Planning		Do You Suffer From Anxiety or Depression?	GERD & Your Risk of Esophageal Cancer
2:30 PM 2:30 AM	GERD & Your Risk of Esophageal Cancer		Diabetes Matters:Top Foods for Heart Health		Do You Have Sinus Problems?		
3:00 PM 3:00 AM		Women's Health Conference:Aging Gracefully		Turning 65? Get To Know Medicare		Diabetes Matters: Healthy or Hoax	Your Concerns InHealth: Senior Scam Prevention
3:30 PM 3:30 AM	Vitamins and Supplements - How Useful Are They?		GERD & Your Risk of Esophageal Cancer		Inside Washington Hospital: Patient Safety		
4:00 PM 4:00 AM		Washington Township Health Care District Board Meeting March 11, 2015		Varicose Veins and Chronic Venous Disease		Hypertension:The Silent Killer	Varicose Veins and Chronic Venous Disease
4:30 PM 4:30 AM	Diabetes Matters: Diabetes & Heart Disease		Inside Washington Hospital: Stroke Response Team		Minimally Invasive Surgery for Lower Back Disorders		
5:00 PM 5:00 AM		Superbugs:Are We Winning the Germ War?		Community Based Senior Supportive Services		Do You Have Sinus Problems?	YHeart Healthy Eating After Surgery and Beyond
5:30 PM 5:30 AM	Diabetes Matters: Research:Advancing Diabetes Management		Community Based Senior Supportive Services		Do You Have Sinus Problems?		
6:00 PM 6:00 AM		Diabetes Matters: Research:Advancing Diabetes Management		Community Based Senior Supportive Services		Do You Have Sinus Problems?	YHeart Healthy Eating After Surgery and Beyond
6:30 PM 6:30 AM	Diabetes Matters: Research:Advancing Diabetes Management		Community Based Senior Supportive Services		Do You Have Sinus Problems?		
7:00 PM 7:00 AM		Diabetes Matters: Research:Advancing Diabetes Management		Community Based Senior Supportive Services		Do You Have Sinus Problems?	YHeart Healthy Eating After Surgery and Beyond
7:30 PM 7:30 AM	Diabetes Matters: Research:Advancing Diabetes Management		Community Based Senior Supportive Services		Do You Have Sinus Problems?		
8:00 PM 8:00 AM		Diabetes Matters: Research:Advancing Diabetes Management		Community Based Senior Supportive Services		Do You Have Sinus Problems?	YHeart Healthy Eating After Surgery and Beyond
8:30 PM 8:30 AM	Diabetes Matters: Research:Advancing Diabetes Management		Community Based Senior Supportive Services		Do You Have Sinus Problems?		
9:00 PM 9:00 AM		Diabetes Matters: Research:Advancing Diabetes Management		Community Based Senior Supportive Services		Do You Have Sinus Problems?	YHeart Healthy Eating After Surgery and Beyond
9:30 PM 9:30 AM	Diabetes Matters: Research:Advancing Diabetes Management		Community Based Senior Supportive Services		Do You Have Sinus Problems?		
10:00 PM 10:00 AM		Diabetes Matters: Research:Advancing Diabetes Management		Community Based Senior Supportive Services		Do You Have Sinus Problems?	YHeart Healthy Eating After Surgery and Beyond
10:30 PM 10:30 AM	Diabetes Matters: Research:Advancing Diabetes Management		Community Based Senior Supportive Services		Do You Have Sinus Problems?		
11:00 PM 11:00 AM		Diabetes Matters: Research:Advancing Diabetes Management		Community Based Senior Supportive Services		Do You Have Sinus Problems?	YHeart Healthy Eating After Surgery and Beyond
11:30 PM 11:30 AM	Diabetes Matters: Research:Advancing Diabetes Management		Community Based Senior Supportive Services		Do You Have Sinus Problems?		

National Nutrition Month: Bite Into a Healthy Lifestyle

Each year in March, the Academy of Nutrition and Dietetics sponsors a National Nutrition Month campaign that focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits.

“When it comes to recommendations for achieving optimal health, people are overwhelmed with competing messages,” says Washington Hospital’s Director of Food and Nutritional Services Kimberlee Alvari, RD. “That’s why this year’s ‘Bite Into a Healthy Lifestyle’ campaign encourages people to focus on three simple topics: consuming fewer calories, making informed food choices and getting daily exercise.”

According to Alvari, one way to develop better control of your calorie intake is to follow the “MyPlate” guidelines developed by the U.S. Department of Agriculture (USDA).

“MyPlate uses a simple place-setting diagram with a plate and cup to illustrate the quantities of fruits, vegetables, grains, protein and dairy products that should make up a healthy meal,” she explains. “Portion size is an important issue, and many of us suffer from what I call ‘portion distortion,’ meaning that the recommended portion size of various foods is much, much smaller than what we are used to seeing on our plates in our ‘super-size-me’ culture.”

To help counter portion distortion, the MyPlate concept is based on a 9-inch plate, not an extra-large dinner plate.

“Until you get used to what constitutes the ‘right-sized’ portion, you may need to actually measure your portions at home for awhile,” Alvari suggests.

Other simple suggestions that Alvari offers for managing calorie intake include:

- Be “mindful” when you eat, putting your fork down between bites.
- Slow down the pace of your eating and savor each bite rather than speeding through the meal.
- Opt for several smaller “mini-meals” during the day, rather than three large meals – especially if you find yourself feeling starved between meals and overly full after meals.



- Practice leaving leftovers – if you enjoy what you are eating and save some of your portions for later, you can enjoy it again.

Alvari notes that making informed food choices entails selecting foods that are as close to their natural state as possible and increasing your intake of fruits, vegetables and whole grains while decreasing consumption of sodium (salt), sugar and red meat and other foods containing saturated fats.

“One way to improve your diet is to add more color to your plate, with lots of fresh fruits and vegetables,” she says. “Seasonal local produce is the best option, and as we head into spring and summer, there will be more great-tasting and affordable fruits and vegetables available at local farmers’ markets. You also might consider planting your own garden, so you always have fresh produce on hand. Many grocery stores also now identify fresh produce that is locally grown. When fresh produce is not available, frozen and canned fruits and vegetables are options, but you should watch out for added salt or sugar.”

Making informed food choices involves reading product labels carefully, especially with processed foods.

“Generally, the less processed the food, the better,” Alvari emphasizes. “Check the nutrition facts label for sodium levels. Salt/sodium free is less than 5 mg of sodium per serving. Low sodium is considered to be 140 mg. of sodium or less per serving. Also look for labels that say ‘no sugar added,’ and reduce your intake of sugared drinks, including fruit juice, which has natural sugars in it.”

Getting enough exercise – the third component of the “Bite Into a Healthy Lifestyle” campaign – can be difficult for many people, Alvari concedes.



One way to develop better control of calorie intake is to follow the “My Plate” guidelines developed by the U.S. Department of Agriculture (USDA). Making informed food choices entails selecting foods that are as close to their natural state as possible and increasing intake of fruits, vegetables and whole grains, while decreasing consumption of sodium, sugar and red meat and other foods containing saturated fats.

“We are all busy, busy, busy all the time, and it seems we are often ‘starved’ for time,” she says. “Plus, we tend to underestimate our calories and overestimate our amount of exercise. But there are lots of ways to incorporate exercise into our daily routines. The general recommendations are to get 150 minutes of moderate-intensity aerobic exercise– that’s 2 hours and 30 minutes – and 60 minutes of strength training each week. If you can’t do 30 minutes of exercise all at once in a given day, break it down into smaller segments. I often recommend recruiting an ‘exercise buddy’ who will exercise with you and encourage you not to slack off. Think of it as your ‘play time’ with your friend.”

National Nutrition Month is a good time to take stock of where you are in terms of your New Year’s resolutions to lead a healthier lifestyle, Alvari says.

“There’s no magical food or pill for achieving optimal health,” she explains. “It’s not easy, even for a dietitian. Even ‘natural thinness’ doesn’t last if you don’t make an effort to maintain it. Nobody rides for free, but it does get easier with practice. Try to accept the fact that while you can’t always be perfect, you can keep practicing every day. You have to believe you can do it, and remember that you do best what you do most.”

Learn More

Washington Hospital offers a variety of nutrition education programs designed to help people with special health conditions and nutritional concerns:

- Outpatient nutrition counseling is available by appointment to provide nutrition counseling for individuals with specific medical needs as well as those who wish to maintain optimal health, www.whhs.com/nutrition.
- The Washington Outpatient Diabetes Center offers a variety of classes and resources for people with diabetes, www.whhs.com/diabetes.
- Outpatient cardiac rehabilitation classes, which require a physician’s referral, include discussions on how to achieve better control of blood sugar, blood pressure and cholesterol, and how to lose weight, www.whhs.com/heart/cardiac_rehab/.
- The Washington Women’s Center offers an evening lecture series, “Lunch and Learn” discussions, and The Right Weigh Nutritional Program, www.whhs.com/womenscenter/wellness-classes-services/.
- In addition, Washington Hospital offers free community seminars on nutrition and other health topics at www.whhs.com/seminars.

For more information about the USDA’s MyPlate guidelines and how they can help you adopt healthy eating habits, visit www.choosemyplate.gov. The MyPlate website offers a variety of interactive tools that make it easy to get a personalized recommendation for your daily calorie level and keep track of your diet and physical activity.

Additional resources from the USDA Food and Nutrition Service are available at www.fns.usda.gov.

Ask the Doctor

This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at: askthedoctor@whhs.com

Is Too Much Sleep Bad? and Tailbone Pain

Dear Doctor,
Sometimes on weekends I love to sleep in late. I can sleep 12 hours or more on occasion. Is this bad for me?

Dear Reader,
Believe it or not, too much sleep can be a bad thing. It changes the release of chemicals in our brain and can actually make us more tired. It can also lead to headaches and backaches. Most physicians recommend 7 to 9 hours per night unless you are recovering from an illness or surgery.

Dear Doctor,
My tailbone has been hurting for the last month or so. I don’t remember doing anything to injure it and it doesn’t seem to be getting better. Do you have any suggestions?

Dear Reader,
Tailbone injuries are difficult to mend and take time and effort. The most important thing you can do is to stop sitting. If you absolutely have to sit you should use a donut shaped pillow (available at some pharmacies and online) to sit on. This will distribute the pressure away from the tailbone and instead to the surrounding bones and tissues. You can also take some ibuprofen, which will help decrease any inflammation. If you are still having pain despite a few weeks of trying these recommendations, you should see your doctor. There may be a more serious injury that needs tending to.

Mary S. Maish, M.D.



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master’s degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.

WASHINGTON HOSPITAL AND CITY OF FREMONT PRESENT



Let's
GO GREEN
Together!



Join us as we celebrate Earth Day!
Meet with eco-friendly experts and learn new ways to go green!

Saturday, April 25 • 11 a.m. to 3 p.m. • Conrad E. Anderson, M.D.
Auditorium, 2500 Mowry Ave. (Washington West) in Fremont

FREE residential drop-off:



- > Syringes and needles (in approved containers)
- > Confidential document shredding
- > Disposal of unused, unwanted medications
- > Donate eyeglasses
- > Mercury thermometer exchange

Learn more about:



- > Recycling and waste reduction
- > Saving energy at home
- > Eco-friendly gardening and composting
- > Local sustainability programs
- > Healthy eating/Farmer's Market

Fun for the kids!



Kids activities will include:

- > Bike Rodeo
- > Face painting
- > Eco-tainment
- > Earth Day art
- > Other free games and activities
- > Kids bike raffle*

*Youth bike raffle requires participation in the bike rodeo. Restrictions apply.

- > Torchiere lamp exchange (must bring PG&E bill to qualify)
- > Fix-a-flat workshop at 1:15 p.m.
- > Food trucks
- > Blender bike (to make smoothies)
- > Free bike tune-ups (11 a.m. to 2 p.m.)
- > Residential energy resources for Fremont's \$5M Energy Challenge!



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Healthcare System



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Women in STEM: Science, Technology, Engineering and Math at Ohlone College

Society is clamoring for girls and young women to raise their sights to careers in the STEM fields. Educators in the STEM disciplines can be highly influential in building confidence and interest for young women who want to pursue these paths.

At Ohlone College, talented women are already working and teaching in the STEM discipline and their enthusiastic example is inspiring their female students to follow their path. The presence of exceptional female faculty members teaching in engineering, science and technology is helping to dispel the assumption that these are male-dominated fields.

Female professors at Ohlone in the STEM disciplines include Laurie Issel-Tarver in biotechnology, Anu Ganguly in organic chemistry and Maru Grant in chemistry, Daniela Bedic-Babic in computer networking and emerging technologies, and

Rose-Margaret Itua in engineering—each carving a path for young women to follow.

Professor Itua has created a campus interest group for the Society for Women Engineers (SWE) with a group of her students. SWE is the largest professional body of women engineers; women who serve as role models and provide support not only to their peers but to students who want to enter the field of engineering. Having a branch of SWE for students at Ohlone not only increases the number of students who want to explore the field of engineering, but helps them stay focused on their goal with the support and encouragement of their fellow students and the examples of the women who are succeeding in the field professionally.

Recently, ten female students from Ohlone attended a Society for Women Engineers conference with Professor Itua, where Ohlone was recognized as the first community college in Northern California to have a



SWE group on campus. The young women who attended were able to interact with women in their chosen career path, who mentored and encouraged them to persevere. It helped the students realize that there are many other women working in this area, women who serve as CEOs and top managers at companies such as Lockheed, Google, Intel, Chevron and Northrup Grumman. Intermingling with these women, the students learned that they don't have to become "a man in a man's field," but can still have a life with family and children, while succeeding in their careers.

Professor Itua explained that she pursued the engineering pathway because she loved math and physics, but determined that in engineering, she could be creative and, most importantly, she felt it was a way to make a change in the world. "Engineers determine the future," she says, when talking about her own choice to pursue the path of engineering. And, after attending the conference, she felt her students "saw how they can pursue pathways that provide opportunities to make a positive impact for social change."

KOHL-Radio – Tech Innovations Lead the Way

Radio Magazine, a widely-read source for up to date information on the latest in radio broadcast technology, published an article about KOHL, the Ohlone College radio station, and its innovative method for conducting remote broadcasts. The article cites Tom Briseno, adjunct faculty member in KOHL's radio program.

In the article, Briseno emphasized the need to upgrade sound quality for remotes, explaining the simple but inventive methods and the inexpensive equipment that KOHL uses to make significant improvements to the audio.

Briseno, a faculty member at KOHL for 20-plus years, has been a driving force in keeping Ohlone up to date in the technology arena, making sure students are learning the technology and techniques they

need "to get the job done," according to Bob Dochterman, Director of Ohlone's radio program.

Briseno has been a professional DJ with credits from radio stations around the Bay Area, including Mix 106.5, KFOX, and KFRC, so he knows the industry and the local stations. Over the years he has been instrumental in helping scores of his students find jobs in the radio industry. But his focus is on teaching students and providing the skills they need to work as a professional.

Students are quick to emphasize his dedication to student success. Quotes from Rate My Professors repeatedly describe Briseno as a teacher who puts student success foremost, who always helps his students and who knows what he is doing,



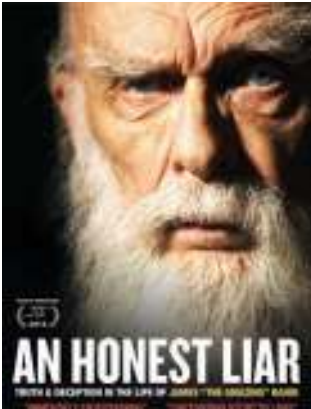
KOHL Student in Broadcast Studio

he definitely wants you to succeed; Always wants his students to succeed and goes out of his way to help you; helps you with ANYTHING you need; and Knows his stuff; Very supportive; and He teaches because he wants to.

The article in Radio Magazine based on Briseno's input, has generated quite a bit of interest from other radio stations. According to Dochterman, the station immediately began getting calls from other radio stations about the web technology used by KOHL for their remote broadcasts. The article is online and also printed in the March 22 publication.

Upcoming Events:

**Ohlone Psychology Club
Presents the Film:
"An Honest Liar: Truth &
Deception in the Life of
James 'The Amazing' Randi"**
Q&A with Co-director
Tyler Measom following
film screening
Fri, Apr 3, 7:00pm



President's Advisory Committee Fosters Community Input

Friday, March 6, 2015 Dr. Gari Browning, Ohlone College President, hosted the first President's Advisory Committee for almost 80 participants plus numerous college guests. The Advisory Committee is comprised of leaders from all sectors of the community who will meet once a quarter to contribute to Ohlone College's mission, its academic programs and activities. Ohlone College President, Dr. Gari Browning gave a presentation on ways the College responds to the community's educational needs:

- by providing opportunities for students to transfer to four year universities to complete their education with a Bachelor's degree;

- by offering job skills training, thereby benefiting workers in this area and giving a boost to the economy;
 - and by giving courses in basic skills preparation to increase a student's academic competency for college-level course work.
- Other topics covered in the presentation include Ohlone's outreach programs to local high schools and businesses; the multiple and varied curriculum offerings at Ohlone; the excellence of the faculty; and the support services offered to students.
- After the presentation the committee broke out into small groups and discussed ways the College can further address the community's needs and improve in addressing our mission statement. Ohlone is in the process of developing a new five-year Strategic Plan. Feedback from this initial meeting, as well as data collected from other sources, will be important in the College's development of a new strategic plan, helping us analyze gaps in the services we provide and informing the College of the community's perceptions of how well we are achieving our goals.
- Future meetings with the President's Advisory Committee will focus on changes that we plan to implement as a result of the feedback received and further analysis of how the College can address the community's needs.

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Future meetings with the President's Advisory Committee will focus on changes that we plan to implement as a result of the feedback received and further analysis of how the College can address the community's needs.

**Ohlone College Department
of Theatre & Dance
Spring Dance Production -
Soul House**
Conceived and Directed by
Janel Tomblin-Brown
Thur-Sat, Apr 23-25, 8:00pm

**Both events held at the
Smith Center at Ohlone College
43600 Mission Boulevard
Fremont**

**Tickets available at:
www.smithcenter.com**

**Ohlone Health & Wellness
Department Presents
Third Annual WORLD
TAI CHI & QIGONG DAY**
Sat, Apr 18, 9:30am-3:30pm

Ohlone College
Newark Center
39399 Cherry Street, Newark

**FREE and open to the public
www.ohlone.edu/go/taichi**



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TOO LATE

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NOW:
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College



LATE START & 8-WEEK CLASSES INCLUDE: Biotechnology Careers • Business Communications • Computer Applications • Sports Management
English 101 A • Intro to Computers & Info Technology • Basketball & Golf • Mobile App Development • Music Appreciation & World Music • and more...

Connections: Opening Hearts to Healing

SUBMITTED BY LILIANA ZUNIGA

Connections, a multi-faith, multi-cultural counseling center is now open to meet the unique needs of individuals and families in our diverse East Bay communities. Connections' mission statement is "Opening Hearts to Healing." Its multi-disciplinary clinicians offer psychotherapy, medication management, and education and wellness programs that honor the faith traditions of the people within our communities.

Connections is a place where differences, such as heritage, sexuality, religion or non-religion, are accepted and celebrated. It is a nonprofit organization that serves the needs of those who are in challenging relationships, suffering family conflict, managing parenting struggles, or dealing with depression, anxiety, loss, and other situations difficult to tolerate alone. Major insurances are accepted by Connections; our goal is to serve the community without regard to ability to pay.

Connections is affiliated with the Samaritan Institute, a nationwide, faith-based and standard setting organization that ensures services meet high standards of professional and operational accountability. Connections is sponsored by a broad spectrum of

community organizations, including Mission Peak Unitarian Universalist Congregation, Temple Beth Torah, Niles Discovery Church, and Dutra Enterprises, Inc., among other organizations that celebrate the diversity of the community.

Connections includes world-class members and distinctive staff. As part of Stanford University's commitment to community partnerships, Rania Awaad, M.D., a Clinical Instructor in the Department of Psychiatry and Behavioral Sciences, will offer part-time clinical services to the East Bay. She says that she was drawn to Connections because of the "important interface between mental health and religion, spirituality and culture."

She adds, "I am thrilled to offer the Stanford standard of psychiatric care directly to the community." Her contributions, along with an impressive list of others, will support the Connections' unique mission to "Open Hearts to Healing."

For additional information about Connections, please contact Wayne Lowe, Ph.D., Clinical Director, at wlowe@connection-center.org or (510) 371-0244. You may also visit www.Connectionscenter.org. Connections is located at 39055 Hastings Street, Suite 106, in Fremont.

Salvation Army honors Chabot College president

SUBMITTED BY LT. JOHN KELLEY

When you run out of room, think outside the box. That is what happened to The Salvation Army Hayward Corps last December when it was time to distribute Christmas presents to more than 500 families in the Hayward/Castro Valley area.

"Each year we see more need. We've outgrown our little building at 430 A St., Hayward," says Lieutenant John Kelley. "It limits the number of people we can assist."

The Salvation Army Hayward Corps is a full social services organization that serves Hayward, Castro Valley, San Lorenzo, Dublin, Pleasanton, Livermore and Sunol. It normally supports up to 300 families during the Holidays and it was soon clear that a bigger facility could serve more people in need.

"Thanks to the help of Dr. Marshall Mitzman, Chabot-Las Positas Community College Board of Trustees, we were able to share our issues with Dr. Susan Sperling, Chabot College President. She embraced The Salvation Army and allowed us the use of two offices and a conference center. They were large enough to accommodate the influx of donated children's gifts and enabled us to help more than 500 needy families," adds Lt. Kelley. We couldn't have done so without Chabot Community College and Dr. Sperling's heart for helping others."

The Salvation Army presented Dr. Susan Sperling with the Award of Excellence for her outstanding willingness to serve others and the partnership with The



The Salvation Army presented Dr. Susan Sperling with the Award of Excellence for her outstanding willingness to serve others

Salvation Army at the Community College District's Board of Trustees meeting on March 17, 2015.

"It's a wonderful partnership and we pray that it's the start of a long-standing relationship," adds Lt. Kelley.

For more about The Salvation Army Hayward Corps, visit www.facebook.com/HaywardCorps and www.gosalarmy.org/deloro/hayward. Follow us on Twitter @TSAHayward

Vote for SAVE People's Momentum Award

SUBMITTED BY TINA FERNANDEZ, DIRECTOR OF COMMUNITY ENGAGEMENT

The number of teens reached through SAVE's Youth Program during fiscal year 2013-2014 was 6,152. That's quite a number! SAVE is on track to exceed that amount in our current fiscal year. As always, SAVE could use the community's support. In this case, we could use your vote!

SAVE has been nominated to participate in this year's Women's Foundation of California \$10,000 People's Momentum Award. In honor of National Women's History Month, the Federation is asking the community to choose the winning nonprofit. Because SAVE's Youth Program is an invaluable community resource, should SAVE win, it will dedicate 100 percent of the \$10,000 award to support its teen dating violence awareness and prevention program.

SAVE's Youth Program is of special significance in the Bay Area, especially local Tri-Cities teens. As the only domestic violence organization in Southern Alameda County with a comprehensive teen dating violence and healthy relationship, SAVE is committed to youth safety and wellness, and also to working with educators and caregivers to encourage meaningful dialogue on campuses and at home.

It's easy to vote for SAVE! Just visit the Federation voting page at <http://goo.gl/5SZ2Vn> and enter "SAVE" as the nonprofit organization. The voting deadline is 12 noon on Monday, March 30. Please vote and help spread the word:

Vote for SAVE!



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Mini-grant program for youth-serving organizations

SUBMITTED BY TERESA MEYER

The City of San Leandro Youth Advisory Commission has announced the launch of the 2015 Youth Mini-Grant program. This annual program provides grant funding to support public service organizations which offer programs or services that are youth-driven and will have a positive impact on San Leandro youth.

Funds for this program were raised by the Youth Advisory Commission through various volunteering and fundraising events. Additional funds were also generously donated by the San Leandro Optimist Club. As part of this year's program, \$1,200 in total funding will be available for distribution by the Commission, following an objective screening of all applications received.

The amount per award may vary depending upon the number of applications received and determined to be eligible for awards. Hard copies of the application are available at Marina Community Center (15301 Wicks Blvd.) and San Leandro Senior Community Center (13909 E 14th St.). The Commission is currently accepting applications through Monday, April 13. For additional information, please call the Recreation and Human Services Department at (510) 577-3462.

Rotary Community Day in the Park

SUBMITTED BY LAURENCE HANSEN

Meet the Rotary Clubs of Fremont, Newark and Union City. Come to Lake Elizabeth in Fremont's Central Park on Saturday, April 4 and look for the Big Rotary Wheel! Meet business and community leaders, enjoy tasty food and light beverages and learn from local professionals how Rotary is good for business, careers and your community. This event is hosted by

your local Rotary Clubs, Rotaract of Greater Fremont and local high school Interact Clubs.

Rotary Community Day in the Park
Saturday, Apr 4
10 a.m. – 1 p.m.
Lake Elizabeth, Central Park
40000Paseo Padre Pkwy, Fremont
(510) 794-0919 / (408) 673-7082
Free

PROM DRESS SWAP 2.0

SUBMITTED BY ROB SPITZEL

According to U.S. News and World Report, American families spent an average of \$978 sending a teen to the prom in 2014. For many families, the high school tradition simply isn't affordable. To help overcome the financial challenge and ensure that no student who wants to attend prom is prevented from doing so by cost, the Hayward Public Library is stepping in to help. Building on the success of 2013's inaugural event, Hayward Library will hold "Prom Dress Swap 2.0" on the afternoon of Saturday, March 28 at the Hayward Main Library.

To participate, just bring a gently used prom, formal, party, or vintage dress – shoes and accessories too – to the Main or Weekes Branch Libraries through Friday, March 27 or to the Main Library

on the day of the swap. Teens donating a dress will receive a ticket to shop for one dress from 12 noon - 4 p.m. Those without a dress to swap are welcome to attend between 2 p.m. – 4 p.m.

Dresses should be current, recently cleaned and in excellent condition. All sizes and styles are welcome!

The Prom Dress Swap is also a great way for community members to help local teens attend prom, while clearing space in their closets by donating unneeded dresses and accessories. Donations are being accepted at both the Main and Weekes Branch Libraries.

For more information, please contact Rob Spitzel at (510) 293-5065/ rob.spitzel@hayward-ca.gov at the Weekes Branch, or Annie Snell at (510) 881-7946/ annie.snell@hayward-ca.gov at the Main Library. This program is free, and open to all local teens.

Prom Dress Swap 2.0
Saturday, Mar 28
12 noon – 4 p.m.
Hayward Main Library
835 C St, Hayward
(510) 293-5065 / (510) 881-7946
rob.spitzel@hayward-ca.gov /
annie.snell@hayward-ca.gov
Free

Life West students head to Legislative Conference

SUBMITTED BY DIANA ROHINI LAVIGNE

On Tuesday, March 3, 2015, Life Chiropractic College West sponsored 25 students to join 200 California Chiropractic Association (CCA) members at the annual Legislative Conference. Among the students who joined the conference were: Andra Allcorn, Stephanie Barbacoff, Brian Curtis, Kim Crum, Ken Crum, Christina Coblisch, Richard Doss, Brenna Erickson, Ryan Fessel, Michele Fuerst, Cindy Guizar, Canyon Hurst, Adrian Hernandez, Samantha Hawkins, Rebecca Larris, Diana Leon, Jessica Lips, Tyler Meier, Charlene Poderoso, Jennifer Rathbun, Theresa Smith, Tracey Stone, Christina Temple, Ben Terrano, and Anthony Umina.

The recent measles outbreak has sparked fear in California, prompting Senators Dr. Richard Pan (D-Sacramento) and Ben Allen (D-Santa Monica) to introduce a bill to end personal-belief exemptions for childhood vaccines. Instead of debating vaccination benefits versus detriments, CCA is opposing SB (Senate Bill) 277 by emphasizing freedom of choice.





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continued from page 1

Easter Celebrations

CASTRO VALLEY

Cross of Love

Saturday, Mar 28 & Apr 4
2:30 p.m.

**Sunday, Mar 29, Thursday,
Apr 2 & Friday, Apr 3**
7:30 p.m.

The Church at the 3Crosses
20600 John Dr, Castro Valley
(510) 537-4690

www.3crosses.org/outreach-events

\$5 suggested donation

FREMONT

"Crosswalk: The Easter Experience" at Harbor Light Church will give you and your family the opportunity to step into the story of Jesus' death and resurrection, and experience it for yourself through visual art, cutting-edge video, and interactive stations.

Crosswalk: The Easter Experience

**Tuesday, Mar 31 –
Friday, Apr 3**

6:00 p.m. – 9:00 p.m.

Harbor Light Church
4760 Thornton Ave, Fremont
(510) 744-2233

www.harborlight.com/events/crosswalk

Free

Bridges Community Church will host an Easter egg hunt on Saturday, April 4. Everyone is welcome; all activities are free, including crafts and jump houses.

Easter Egg Hunt

Saturday, Apr 4

9:00 a.m. – 12:30 p.m.

Bridges Community Church
505 Driscoll Rd, Fremont
(510) 651-2030

www.bridgesccc.org

Free

In partnership with Project Night Night for homeless children, South Bay Community Church in Fremont will host a "Community Easter Egg Hunt" on Saturday, March 28. Enjoy a day of games, prizes, face painting, balloons, jump house, photo booth and more. We will also accept donations of stuffed animals, children's books and a blanket at the event for Project Night Night. This is a free event; however, please RSVP at www.SOBCCegg hunt.eventzilla.net. For more information, contact Leedah Wong at lwong@sobcc.org.

Community Easter Egg Hunt

Saturday, Mar 28

1:00 p.m. – 4:00 p.m.

South Bay Community Church
47385 Warm Springs Blvd,

Fremont

RSVP:

www.SOBCCegg hunt.eventzilla.net

www.sobcc.org

Free

HAYWARD

Hayward Area Recreation and Park District (HARD) and Cheryland Community Association invite you to the "7th Annual

Easter Egg-stravaganza" on Saturday, March 28 at the historic Meek Estate Park. Many family friendly activities will take place at the event, including decorated egg contest, Easter egg hunt, South lawn egg roll, photo-op with the Easter bunny, and an Easter bonnet parade and contest. Bring your own basket, decorated hard-boiled egg, stylish bonnet, and camera.

Easter Egg-stravaganza

Saturday, Mar 28

9:30 a.m.

Meek Estate Park

240 Hampton Rd, Hayward

(510) 886-9571

www.edenareachamber.com

Free

MILPITAS

Crosspoint Church of Silicon Valley presents the "Easter Children's Festival Egg Hunt" on Saturday, April 4 at Cardoza Park. Other activities include puppet shows, a bounce house, craft-basket decoration, balloon twisting and more. To register, visit www.eventbrite.com and search "Crosspoint Easter Festival."

Easter Children's Festival Egg Hunt

Saturday, Apr 4

10:00 a.m. – 1:00 p.m.

Cardoza Park

Kennedy Dr, Milpitas

(408) 586-8688

www.crosspointchurchsv.org/easter-egg-hunt-2015

Free

Christ Community Church will host a community Easter egg hunt on Saturday, April 4.

Community Easter Egg Hunt

Saturday, Apr 4

10:00 a.m. & 1:00 p.m.

Christ Community Church

1000 S Park Victoria Dr,

Milpitas

(408) 262-8000

www.cccmilpitas.org

Free

NEWARK

Families are invited to celebrate a morning of fun at "Family Day at the Park" on Saturday, March 28 at Newark Community Park. Activities include arts and crafts, egg dying, games, inflatable bouncers, community resource fair and egg hunts. Depending on the weather, the location of each egg hunt will be determined. Please bring a camera and an Easter basket.

Family Day at the Park

Saturday, Mar 28

9:00 a.m. - 11:30 a.m.

Newark Community Park

35501 Cedar Blvd, Newark

(510) 578-4432

www.newark.org

Free

SAN LEANDRO

The San Leandro Recreation and Human Services Department will be hosting the city's annual egg hunt for children ages 10 and under on Saturday, April 4 at Marina Park. Participating children should arrive with their own basket. Egg hunts will be divided into age-appropriate groups. A visit from the bunny is expected as part of the event, so attendees are encouraged to bring a camera for photos.

Annual Egg Hunt

Saturday, Apr 4

10:00 a.m.

Marina Park

13801 Monarch Bay Dr,

San Leandro

(510) 577-3462

www.sanleandro.org

Free

UNION CITY

Alvarado Historic District's "1st Annual Easter Eggstravaganza" will be held on Saturday, March 28 at Old Alvarado Park, with special appearances by the Easter bunny and the Alameda County fire truck. Meet and greet Alvarado Historic District Merchant Association businesses and sponsors, and participate in activities such as face painting, games and more. Admission is free; please register at www.alvaradomerchants.org. Please make sure to check-in at the event to ensure participation in the egg hunt.

Easter Eggstravaganza

Saturday, Mar 28

10:00 a.m.

Old Alvarado Park

3871 Smith St, Union City

(510) 479-0919

(510) 329-9240

alvaradomerchants@gmail.com

www.alvaradomerchants.org

Free; registration required

Join Union City Leisure Services and a city full of bouncing bunnies for our annual "Spring Egg Hunt Extravaganza" on Saturday, April 4 at Kennedy Community Center. The event will include egg hunts, a mini carnival, a scholastic book fair, bake sale, great games and exciting raffle prizes. Each participant will receive a bag full of goodies and participate in an exciting egg hunt lead by Mr. and Mrs. Bunny. Visit www.unioncity.org/departments/leisure-services for more information.

Spring Egg Hunt Extravaganza

Saturday, Apr 4

8:30 a.m. – 11:30 a.m.

Kennedy Community Center

1333 Decoto Rd, Union City

(510) 675-5329

(510) 675-5488

www.unioncity.org/departments/leisure-services

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Door price: \$10

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Pressure • Test Drive • Inspection

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Lawsuit: Dangerous arsenic levels found in California wine

AP WIRE SERVICE

LOS ANGELES (AP), – More than two dozen California vintners are facing a lawsuit claiming their wines contain dangerously high levels of arsenic.

The industry group Wine Institute dismissed the allegations as “false and misleading.”

The lawsuit names numerous low-priced wines, including popular brands such as Franzia, Mogen David and Almaden.

It says tests by three independent laboratories found arsenic levels that in some cases were 500 percent higher than what’s considered safe.

The complaint was filed Thursday in Los Angeles Superior Court on behalf of three San Diego residents and a Los Angeles man. It seeks class-action status.

The plaintiffs want unspecified punitive damages and a stop to the production of arsenic-tainted wine.

Arsenic occurs naturally in the air, soil and water in small amounts. In larger amounts, it can be deadly.

Santa’s late delivery



Salvation Army youth receive bicycles from Team Builders Plus' Wheels for the World Program

SUBMITTED BY LT. JOHN KELLEY
PHOTO BY AMY MEFFORD

The Salvation Army of Hayward has partnered with Team Builders Plus' Wheels for the World Program and presented new bicycles, helmets and locks to 24 kids in the Hayward/Castro Valley community on March 9, 2015.

“One of the most sought after gifts for a child at Christmas is a bicycle. Not all of them receive one so, when The Salvation Army is blessed with an opportunity to partner with a great organization like Team Builders Plus, we jump at the chance to provide bikes to children who otherwise might not have them. It’s also important to get our kids outdoors and exercising,” says Lieutenant John Kelley, Corps Officer, The Salvation Army Hayward Corps Community Center.

The selected recipients attend The Salvation Army’s free, after-school tutoring program in Hayward. Students from the neighborhood schools receive one-on-one tutoring and mentoring and complete their daily homework in reading, writing and arithmetic. Then, they select a book from The Corps’ in-house library, or bring their own, and read

quietly to themselves or aloud with a tutor. After, they have the opportunity to work in our Computer Learning Resource Center where they have fun visiting educational websites.

“The children were very anxious and eager to get a bike and helmet,” added Lt. Kelley. “It made my day, personally. I was very touched to see their delight and smiles. Our donor’s generosity makes moments like this possible.”

If you wish to brighten a child’s life in some way, or would like to volunteer, please contact Lieutenant John Kelley at (510) 581-6444 or e-mail John.Kelley@usw.salvationarmy.org

For more information about The Salvation Army Hayward Corps, visit www.facebook.com/HaywardCorps and www.gosalarmy.org/deloro/hayward. Follow us on Twitter @TSAHayward

The Salvation Army Hayward Corps is a church, community center and full social services organization at 430 A St., Hayward, serving all age groups in Hayward, Castro Valley, San Lorenzo, Dublin, Pleasanton, Livermore and Sunol. Donations are appreciated. Generous public support allows us to DO THE MOST GOOD in Alameda County. Call (510) 581-6444.

Professor wins prestigious Fellowship

SUBMITTED BY JEFF BLISS

Cal State University East Bay (CSUEB) history professor Dee E. Andrews has won the Barra Sabbatical Fellowship at the McNeil Center for Early American Studies in Philadelphia for the 2015-16 academic year.

The nine-month fellowship, beginning September 1, is awarded to a scholar of early American studies or early modern Atlantic studies. The fellowship is offered by the McNeil Center for Early American Studies, an affiliate of the University of Pennsylvania, and one of only two major centers in the U.S. devoted exclu-



sively to sustaining early American studies as a field.

Andrews expects to complete her book, “Thomas Clarkson, Author, and the Age of Abolition,” which focuses on British abolitionist Clarkson’s “author-work” — his combination of activism and his career as a

professional writer — and his wide antislavery network on both sides of the Atlantic.

As a Barra Fellow, Andrews will be encouraged to provide informal mentoring to junior members of the McNeil Center community while participating in the center’s seminars and other activities. She will receive a grant of \$46,000 and additional support from CSUEB.

“I am thrilled to be named the Barra Sabbatical Fellow at the McNeil Center,” Andrews said. “It will give me a year to complete a project I have been researching for 10 years.”

Bunny Cares

SUBMITTED BY CARMEN HERLIHY

Bunny Cares is hopping into NewPark Mall on Sunday, March 29. The event is held prior to mall opening, to accommodate the sensory, physical and developmental needs of all guests. Now in its fifth year, Bunny Cares is a partnership between NewPark Mall, The Noerr Programs, the digital imaging company that provides the Bunny Photo Experience for NewPark Mall, and AbilityPath.org, a national online resource hub and special needs community. This year, Autism Speaks and Lindt USA are also playing active roles in supporting Bunny Cares.

For children with a variety of special needs, standing in line, crowds and sounds can create disturbances and distractions. Guests will listen to social stories that explain and anticipate the actions involved during their Bunny visit, and then they en-

gage in coloring and other activities while they wait for their number to be called for their magical visit.

“We take great care to make sure the Bunny Cares photo setting is conducive to all abilities, allowing these families to participate in a heartwarming tradition that so many take for granted,” said Judy Noerr, CEO of The Noerr Programs.

To reserve a time at no charge, visit www.BunnyCares.com or learn more at www.AbilityPath.org.

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Cal State East Bay Physics Department helps spearhead global effort

SUBMITTED BY JEFF BLISS

The Department of Physics at California State University, East Bay (CSUEB) is participating in a unique international experiment — the Global Network of Optical Magnetometers for Exotic physics (GNOME) — to search for a theoretical object known as a “domain wall,” a fracture or boundary in space. If they exist, domain walls could help physicists understand the nature of dark matter.



Little is known about the nature of dark matter, invisible material in space that does not emit or absorb light but is detectable through its gravitational pull, which affects the motion of galaxies and galactic clusters. Measurements of these gravitational effects of dark matter show that there is five times more dark matter than ordinary matter (material made of atoms: stars, planets, gas clouds, etc.) in the universe. If dark matter takes the form of domain walls, crossing such a wall would exert a tiny force on spinning atoms, similar to the force of a magnetic field. To search for a domain wall, the GNOME experiment will use five atomic magnetometers (sensors) strategically located around the world. These sensors can detect magnetic fields billions of times smaller than the magnetic field of Earth. If the

planet passes through a domain wall made of dark matter, the atoms spinning inside the device will begin to wobble, and the sensors will detect the moment when this wobble occurs. Derek F. Jackson Kimball, Ph.D, associate professor of physics at CSUEB and one of the physicists spearheading the project, says that five sensors are necessary to get an accurate reading. “If we were to use one sensor, we couldn’t be sure that what we were seeing wasn’t caused by other outside factors, such as magnetic field noise or vibrations or other interference. But using five sensors synced together by GPS lets us filter out random, uncorrelated noise,” Jackson Kimball said. “If we see a similar result at different times on the sensors around the world, and the timing of the events matches what we expect from Earth passing through a dark matter domain wall, then we know we’ve got a legitimate reading. Detection of events with four of the sensors predicts when the fifth event will occur. If a fifth event matches the prediction from the first four, it could mean we’ve moved through a domain wall and we’ll have a huge clue as to what dark matter might be,” he said. Prototypes for the sensors are currently being built, and at least three of them, including CSUEB’s, are scheduled to go online this summer. In addition to the sensor on CSUEB’s Hayward campus, three others will be located in Poland, Germany, and South Korea. The fifth site has yet to be determined, but possible sites include Ohio, India, Israel, and Latvia.

Jackson Kimball said the GNOME experiment presents a unique opportunity for CSUEB undergraduate students. “Our prototype sensor at East Bay is being built by undergraduates and that’s very unusual,” he said. “Normally this type of work in the physics community is reserved for graduate students or post-doctoral researchers, but since the physics department here at East Bay doesn’t have a graduate program, it allows our undergrads to experience actual field research from the ground up. There aren’t that many universities where that occurs.” Jackson Kimball added that the GNOME project also teaches students the value of teamwork and connects them with colleagues around the world. “The great thing about this project is that a publicly funded university like CSUEB is able to engage in international collaboration with other physicists,” Jackson Kimball said. “A career in physics doesn’t take place in a vacuum. It requires working in tandem with others in your field. This too is an important lesson for our students.”



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Five varieties of Trader Joe’s brand walnuts recalled

SUBMITTED BY CALIFORNIA
DEPARTMENT OF PUBLIC HEALTH

California Department of Public Health (CDPH) Acting State Health Officer Dr. James Watt warned people not to eat five varieties of Trader Joe’s brand raw walnuts because the products may be contaminated with Salmonella. No illnesses have been linked to these products as of this date. Trader Joe’s initiated a voluntary recall after being informed that routine surveillance samples analyzed by a private laboratory had tested positive for Salmonella. The recalled pre-packaged raw walnuts were sold at Trader Joe’s stores nationwide in clear plastic bags with the Universal Product Code (UPC) printed on the back. The recalled products include:

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UPC: 00519342
Best by: Dec 2015
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UPC: 00519328
Best by: Dec 2015
Lot numbers: GU4343, GU4344, GU4351, GU4352
Trader Joe’s Organic Raw Walnut Halves & Pieces (12 oz.)
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Best by: Oct 15, 16, 17, 20, 21, 2015
Nov 17, 18, 19, 20, 28, 2015
Dec 1, 2015

While the pre-packaged walnuts are no longer being sold, CDPH investigators are concerned that consumers may still have some of the recalled products in their homes. Consumers in possession of any of these recalled products should discard them or return them to the store of purchase for a refund. Symptoms of Salmonella infection include fever, abdominal cramps, and diarrhea, which may be bloody. Most infected people recover within a week. Some may develop complications that require hospitalization. Infants, the elderly, and people with weakened immune systems are at highest risk for more severe illness. CDPH recommends that consumers experiencing any ill effects after consuming these products consult their health care provider. Consumers that observe the product being offered for sale are encouraged to report the activity to the CDPH toll-free complaint line at (800) 495-3232.




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BUSINESS

Mike's Auto Body grand opening

SUBMITTED BY EDMUND ATTANASIO

On Thursday, March 26, Mike's Auto Body is hosting a Grand Opening at its newest location in Fremont. Ambassadors from the Fremont Chamber of Commerce and other dignitaries will be in attendance to celebrate the opening of this 13th location in northern California. There will be music by the American High School marching band as well as complimentary food and beverages.

Also, Mike's Auto Body will present a "new" completely refurbished car to a deserving family from Alameda County, as part of the company's ongoing Benevolence Program. This will be the 53rd car that Mike's Auto Body has donated since the program's in-

ception 15 years ago. Everything is donated, including the cars, parts, paint, mechanical inspections, tires, and one year of insurance. The body and paint technicians donate their time and talents.

For the second straight year, Hertz Rent-A-Car has donated a vehicle and we're excited to have them involved in this presentation," says Sal Contreras, Marketing Director for Mike's Auto Body.

Mike's Auto Body Grand Opening
Thursday, Mar 26
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BNY Mellon settles suits on currency transactions for \$714M

BY MICHAEL VIRTANEN
ASSOCIATED PRESS

ALBANY, N.Y. (AP) — New York and federal authorities reached a \$714 million settlement Thursday with Bank of New York Mellon in lawsuits alleging the bank fraudulently represented rates for client currency transactions for a decade.

Lawsuits filed in 2011 after a complaint from a Pittsburgh-based trader said BNY Mellon misrepresented rates it would give in currency exchanges, providing clients nearly the worst rates of the trading day while promising the best, obtaining the best rates for itself and keeping the difference.

New York Attorney General Eric Schneiderman and U.S. Attorney Preet Bharara said their joint effort showed the bank misled customers and breached their trust. The bank has agreed to terminate certain executives involved, they said.

"Investors count on financial institutions to tell them the truth about how their investments are being managed," Schneiderman said. "But Bank of New York Mellon misled customers and traded at their expense."

Bharara said: "The bank, after three years of litigation, has finally admitted what was always clear from the evidence — contrary to its various representations, including a claim of 'best rates,' the bank in fact gave clients prices at or near the worst interbank rates reported during the trading day. The bank repeatedly deceived its customers and is paying a heavy penalty for it."

The bank said the agreement fully resolves lawsuits and enforcement proceedings concerning its standing instructions on foreign-exchange services for custodial clients before early 2012.

"We are pleased to put these legacy FX matters behind us, which is in the best interest of our company and our constituents," the bank said in a prepared statement. "We continue to improve our product offerings to ensure they are meeting client demand and positioning clients to succeed in an increasingly complex financial environment."

The investigation began with a 2009 whistleblower complaint. The Wall Street Journal identified the whistleblower in 2011 as a former currency trader in the bank's Pittsburgh office.

BNY Mellon clients included public pension funds and nonprofits.

"The Bank was generally buying low from, and selling high to, its own clients," according to a statement of facts attached to the court settlement. "The bank recorded the difference or 'spread' between the rates it gave clients and the interbank market price at the time the ... transactions were priced as 'sales margin.'"

Challenges for doctors using fitness trackers & apps

BY ANICK JESDANUN
AP TECHNOLOGY WRITER

NEW YORK (AP) — More hospitals and doctors are starting to use data from fitness trackers and health apps to help treat patients. But they are moving cautiously. The technology has a lot of potential, but there are key challenges to work out:

LIABILITY

What if a patient's data shows signs of an ailment, but no one notices? That's the chief reason Hackensack University Medical Center in New Jersey is starting with only six patients and three doctors and is monitoring mainly lifestyle data, such as nutrition. It wants to add blood pressure, heart rate and other vital signs to its monitoring, but a hospital committee needs to sign off first.

Doctors say that many patients already bring health data to visits, often as printouts that an office must then scan in. Getting data electronically through Apple's HealthKit and similar technologies would give doctors and nurses more options to see charts and look for patterns. Ultimately, Hackensack and other hospitals envision setting up a specific person or team to review incoming data. Software alerts could be triggered when a measure falls outside the ideal range, and a nurse or technician would check for accuracy and refer unusual cases to doctors.

IS DATA RELIABLE?

Many consumer devices such as fitness trackers aren't regulated by the Food and Drug Administration, so how much should doctors rely on them? The Center for Digital Health Innovation at the University of California, San Francisco is studying this in a partnership with Samsung. One way to test involves strapping a device on 100 individuals and measuring them as they stand, sit, exercise and sleep. Readings would be compared with those from devices known to be reliable.

"Just because it works in a lab on a couple of individuals doesn't necessarily mean it works on a broad variety of individuals in real life," said Michael Blum, the center's director.

PRIVACY AND SECURITY CONCERNS

Data entered into a health care provider's electronics record system is covered by strict federal privacy laws, which subject providers to penalties for breaches. But if you've signed waivers as part of insurance claims, your insurer can get the data, too. Nicolas P. Terry, director of the Hall Center for Law and Health at Indiana University, isn't too concerned about that, though. He said President Barack Obama's health care law includes protec-

tions for pre-existing health conditions.

Health privacy laws don't extend to technology companies that make trackers and apps, however. The companies might be subject to penalties if they fail to abide by their own privacy policies. But if they never promise to safeguard the information, they are free to share and sell it, Terry said.

The concerns exist regardless of whether a doctor is using the information for patient care. Although a step counter might seem innocuous, it also might record the location of your step.

"Now you have a surveillance system," Terry said. "If the people you meet also have wearable devices, we could figure out who you meet." He says data companies might also build health scores that potential employers and life insurance companies would love to have.

DO I GET PAID FOR THIS TIME?

Historically, doctors are paid for office visits and procedures. Medicare and private insurers are starting to reward doctors for preventative care, however. With the Medicare program, for instance, doctors are given a set monthly fee to keep patients healthy. That could involve reviewing fitness data and checking on patients regularly by phone to identify problems that might otherwise result in more costly treatments or visits.

"It is slowly changing...but it's still challenging to get paid for analysis and for email and phone call time," said Dr. John Schumann, a Tulsa, Oklahoma, internist who blogs on health issues at GlassHospital.

OTHER LIMITATIONS

These devices and apps do little to ensure that patients take the medicines they're supposed to. There are companies developing sensors to record when you pick up a bottle, but for now, doctors have to trust their patients.

Doctors also need to ensure that they aren't getting data only from younger patients who are already highly motivated and aware about their health.

"What we need is data for older people, and they are not doing that right now, with rare, rare exceptions," said Dr. David J. Cook, who is leading research at the Mayo Clinic into how trackers and apps can improve care. Because hip-replacement patients that Mayo wants to track tend to be older, Mayo has had to loan them Fitbit trackers and \$60 Android phones.

Neither Fitbit nor Android works with Apple's HealthKit, so programmers at Mayo had to write code to integrate those devices. HealthKit should make future integrations easier at Mayo and elsewhere, but there will always be some devices and apps excluded.

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Tesla updating Model S to ease range anxiety, improve safety

By DEE-ANN DURBIN
AP AUTO WRITER

DETROIT (AP), Tesla Motors is updating its Model S electric car to help ease drivers’ worries about running out of battery charge – and is hinting that in the future drivers can take their hands off the wheel altogether.

Tesla’s latest update – which will be beamed to owners automatically in about 10 days – will map out the best route to a dri-

ver’s destination based on the location of charging stations and will guide the car to available spots to charge.

The car will also warn drivers if battery power is low before they drive beyond an area where they can charge. It will take into account elevation, wind speed, air conditioning use and other factors that can deplete the battery.

“You don’t need to think ahead and make any calculations,” Tesla CEO Elon Musk said during a conference call to announce the update. “The car will always take care of you.”

Musk said Tesla is also working on an automatic steering feature on test drives between San Francisco and Seattle. That feature – which could be added with

another software update about three months from now – would allow automatic, hands-free driving on a highway with well-marked lanes.

The Model S can travel up to 270 miles on a single battery charge, which is more than double the range of other electric cars on the market, such as the Nissan Leaf. Musk said owners generally find that’s enough to get them where they need to go. But range remains a concern for many potential buyers.

“Range is generally one of the issues people have about electric cars, and it is an important thing to address really emphatically,” Musk said.

Tesla will update all Model S sedans globally for free. There are

about 56,000 Model S sedans on the road. The company’s Model X SUV, which will go on sale later this year, will also have the new software.

Musk said the software will give preference to the company’s Supercharger stations – which can almost fully charge a Model S in 30 minutes – but it will also point out other charging points along a route.

Currently, 90 percent of the U.S. population is within 175 miles of a Supercharger. Europe, Canada and parts of China will soon have similar coverage, Musk said.

The update will also add several safety features, including automatic emergency braking, blind spot detection and a side collision warning system. Many of those

features are already standard in other luxury cars.

Musk caused a frenzy last Sunday when he tweeted that Tesla was “about to end range anxiety” with a software update. But he might have raised investors’ expectations a little too much.

Tesla’s shares fell \$2.80, or 1.4 percent, to \$197.91 in afternoon trading after the announcement.

Karl Brauer, a senior analyst with Kelley Blue Book, says the update won’t fully eliminate the anxiety over range.

“One could argue such aggressive warnings will only remind drivers how critical it is to get to a charging station before draining the battery pack,” he said.

How the Dow Jones industrial average works

AP WIRE SERVICE
THE ASSOCIATED PRESS

Apple will be joining the Dow Jones industrial average, an elite club of 30 major U.S. companies, on March 19, replacing AT&T. Here’s a look at the famous barometer of the U.S. stock market and how it works.

Q: Why is Apple being added to the Dow Jones industrial average?

A: S&P Dow Jones indices, which administers the Dow and other stock market indicators, said the change was prompted by a four-to-one stock split for Visa, which would greatly reduce the representation of technology companies in the index. Adding Apple would help offset that. The big reduction in Visa’s stock price that will be caused by the split will result in Visa having a much smaller effect on the Dow’s movements.

Q: What is the Dow Jones industrial average?

A: The Dow Jones industrial average is a popular gauge of the health of the stock market. It was created in 1896 by Charles H. Dow, one of the founders of The Wall Street Journal, with the intention of giving the stock market credibility and making investing more understandable. The original index had 12 members. The number of companies making up the Dow gradually increased to 30 by 1928.

The index includes some of the biggest household names: Microsoft, American Express, Wal-Mart and General Electric, which has been in the index since 1907.

Q: How does the Dow work?

A: The Dow is a price-weighted index, which means it’s calculated based on movements in the price of every company’s stock in the index, irrespective of how large the company’s value is. So, every change of \$1 in any of the 30 stocks in the index results in the same amount of point change in the index, currently around 6.42. That number will change slightly when Apple is added and AT&T comes out.

Q: How do stock prices affect the Dow?

A: After Apple enters the Dow after the close of trading on March 18 and Visa splits its stock, Goldman Sachs, which was trading at about \$186 a share on Friday, will likely be the most expensive stock in the index, while Intel will be one of the cheapest. Intel was trading at about \$33 a share on Friday. It’s a lot easier for Goldman Sachs to move \$1 a share, which represents a change of just 0.5 percent, versus Intel, where a \$1 move represents 3 percent. Notwithstanding that difference, a \$1 move in either Goldman Sachs or Intel will move the Dow by the same amount, 6.42 points, even though Intel is worth about double what Goldman Sachs is.

Q: What about other indexes?

A: Professional investors tend to more closely follow the Standard & Poor’s 500 index, which not only tracks far more companies, 500 versus 30 for the Dow, but also takes into account the size of a company’s market value in determining how much sway that stock has over the index.

14 winners of \$50 million college innovation awards named

AP WIRE SERVICE

SACRAMENTO, Calif. (AP), A California State University campus offering a three-year bachelor’s degree in computer science to mostly underprivileged students was among the 14 institutions named as winners Friday of Gov. Jerry Brown’s \$50 million Awards for Innovation in Higher Education.

The 14 colleges were among 52 from across the state that applied for a slice of the prize money, which Brown designed to encourage higher education institutions to undertake creative and cost-effective ways to get more students to earn degrees in less time.

Five colleges named the top scorers will get \$5 million each to continue their work; five others will receive \$3 million and the re-

maining four will get \$2.5 million.

“The innovations we are celebrating today are already helping to maintain and expand access to higher education for California’s students,” Michael Cohen, chair of the awards committee and director of the Department of Finance said in a statement.

CSU’s Monterey Bay campus and Hartnell College were recognized for their accelerated bachelor’s degree in computer science and information technology; 60 students enrolled in the program have been awarded full scholarships. The University of California, Riverside, and CSU, San Bernardino, were also among the top scorers. The committee recognized a collaboration the colleges have built with school districts to improve college readiness, including a new policy at nine districts to require four years of math in high school.

The Long Beach College Promise, a collaboration of K-12 and higher education institutions, was noted for its work to help prepare students for college and its innovative uses of technology, including offering 125 high-demand online college courses to help students stay on track.

“We look forward to using these needed resources to further our important work,” Long Beach Unified School District Superintendent Christopher Steinhäuser said.

To be eligible for the prize money, institutions had to show how they were increasing the number of students who earn a bachelor’s degree within four years and make it easier for students who start at two-year colleges to finish at four-year universities – and that their model could be replicated across the state.

How \$1 billion in California drought plan would be spent

AP WIRE SERVICE

SACRAMENTO, Calif. (AP), Gov. Jerry Brown and legislative leaders are proposing legislation to accelerate more than \$1 billion in water spending.

Here are the highlights of the plan:

FLOOD CONTROL:

– \$660 million from a 2006 voter-approved bond measure would be spent to shore up flood control structures to prevent mudslides, levee failures and flash floods. What does flooding have to do with droughts? Lawmakers say extreme weather means sudden storms can overtake communities, even in dry years, and flood safeguards protect drinking water supplies.

CLEAN WATER:

– \$137.2 million would be spent from a 2014 water bond measure to support local water recycling and desalination projects. Brown has proposed \$6 million for desalination, among the most expensive ways to make drinking water.

– \$136 million from the 2014 measure would help small and low-income communities boost drinking water supplies by digging new wells, connecting to nearby supplies or other steps.

REDUCING WATER USE:

– \$30 million comes from charges on businesses that emit pollution. A third of that money would go to farmers to cut down on water while irrigating crops. The remainder would be distributed by the Department of Water Resources which has used similar

funds to buy turbines to reduce water and energy use in the state’s vast system of canals and reservoirs.

– \$6.7 million would go to support the State Water Resources Control Board’s enforcement of emergency drought regulations. The board has prohibited Californians from watering their lawns daily and letting sprinklers run onto streets and sidewalks.

DROUGHT VICTIMS:

– \$24 million would be spent on food assistance in drought-stricken counties dealing with high unemployment and lines at food banks.

– \$19.9 million would go to the state’s emergency drinking water program.

– \$16.6 million would be spent to protect fish and wildlife in habitats endangered by the drought.

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Mayors for Meals on Wheels celebrates 13 years of community service



Newark Mayor Alan Nagy addresses Meals on Wheels supporters, government officials and volunteers at celebration.



Fremont Mayor presents a certificate of appreciation to LIFE ElderCare Board of Directors President Judy Zlatnik at Meals on Wheels celebration.



Fremont City Councilmember Lily Mei helps unload the Meals on Wheels truck.



Fremont Councilmember Rick Jones delivers to Delores Osborne



Fremont Mayor Bill Harrison delivers a meal to Ofelia Benitez to celebrate 13 years Meals on Wheels service to the Tri-City community as delivery volunteer John Smith looks on.

Every weekday morning, volunteers gather to wait for a truck filled with meals destined for people throughout the Tri-City area. Most served are elderly folks who look forward to a healthy meal delivered with a smile. In many cases, food from Meals on Wheels is the difference between a lonely shut-in existence with inadequate sustenance and daily contact by a

pleasant and caring individual providing a nutritious meal. At a special morning event, Mayors for Meals, on Friday, March 20th that highlighted the impact of the Meals on Wheels program, inviting government officials to participate, LIFE ElderCare Executive Director Patricia Osage, LIFE ElderCare Board of Directors President Judy Zlatnik and Meals on Wheels supporters

and volunteers welcomed Mayors Bill Harrison (Fremont) and Alan Nagy (Newark), Fremont Councilmembers Lily Mei, Vinnie Bacon, Sue Chan, Rick Jones and Councilmember Michael Han-non of Newark. Mayor Nagy, who is active in Meals on Wheels delivery on a regular basis, praised volunteers as “food angels” and spoke of the positive effects of helping

others. Osage referred to a recent report that indicated Meals on Wheels visits reduce the incidence of falling and effects of loneliness and health of those served. Mayor Harrison said Meals on Wheels is one way of “paying it forward.” He spoke of the event on the first day of Spring as a moment of “hope, opportunity and rebirth.” Vol-unteers said they receive per-

sonal rewards for their service each day with every hug and smile. Osage noted that volunteers are always welcome for a variety of LIFE ElderCare programs and even small donations can make a difference... \$3.83 buys a meal. To find out more about Meals on Wheels and other programs, visit: www.lifeelder.org or call (510) 574-2090.



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GALLERIA

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PRESENTS

"Art IS Education"



SUBMITTED BY GEOFF LANDREAU

March is Art IS Education month in Alameda County, and in celebration, John O'Lague Galleria will be hosting a special exhibition sponsored by Hayward Arts Council. The show will open with a reception on March 27 and run until May 29. The exhibit features artwork from students of the Hayward Unified School District,

including Harder Elementary, Tyrell Elementary, Eldridge Elementary, Park Elementary, Burbank Elementary, Bowman Elementary, Bret Harte Middle School, Faith Ringgold School of Arts and Science, Brenkwitz High School, Tennyson High, Hayward High, and Mt. Eden High. This show highlights the importance of art in education at all levels. Artists, art teachers, art students and art support-

ers know that art is an essential part of education, just like math, reading, and writing. Art teaches students creativity, communication, and collaboration; to be resilient, think beyond the basic, take risks and be observant and reflective in their lives and their work, taking time to think about details. Students find that there is not always only one right answer to a problem; there can be multiple

“right” answers and many ways of arriving at that answer. With the move to common core, art is rebounding in our schools. After years of cuts, local school boards are being urged to reinstate art programs at all schools and all levels. Art IS Education month is about making student work visible and an essential part of what we do as educators and a community. The opening reception will be Friday, March 27 from 5:30 p.m. to 7:30 p.m. and feature a performance by the Hayward High Band. To learn more about Art IS Education, visit <http://www.artiseducation.org/>.

Art IS Education exhibit

Friday, Mar 27 – Friday, May 29

Monday – Friday: 9 a.m. – 5 p.m.

Opening Reception:

Friday, Mar 27

5:30 p.m. – 7:30 p.m.

John O'Lague Galleria

Hayward City Hall

777 B St, Hayward

(510) 538-2787

<http://www.artiseducation.org/>

<http://www.haywardarts.org/>

Free downtown Wi-Fi approved in San Leandro

SUBMITTED BY TERESA MEYER

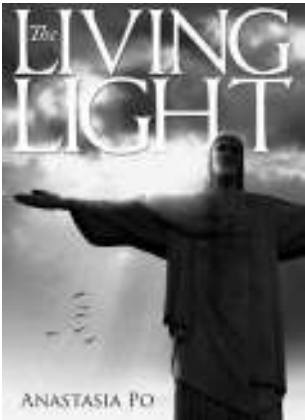
At the March 16, 2015 City Council meeting, Mayor Pauline Russo Cutter and the San Leandro City Council unanimously authorized the design and implementation of a new, publicly accessible Wi-Fi system that will provide free wireless Internet access in San Leandro's downtown core. The new system will be connected to City owned fibers contained within the Lit San Leandro fiber optic network, and will provide some of the fastest Internet speeds available anywhere in the Bay Area region. "I am very excited to announce that we are able to move forward with this highly anticipated project," noted Mayor Cutter. "Members of the public have repeatedly communicated to me and my fellow City Council members how important it is for the City to provide additional public access points to the Internet, and this project is just the first step in our long-term plan to accomplish that goal. Once this system

goes live later this summer, anyone visiting our downtown area to have a cup of coffee or shop at a local business will now have free access to this incredible resource." The new system will cost approximately \$68,000, which includes installation as well as five years of maintenance and support. The Wi-Fi system infrastructure will include a network gateway device housed atop the existing Pelton Plaza entry sign and multiple access points on nearby City owned decorative street lights. The devices will be painted to blend into their existing surroundings, such that there will be no visible change in their appearance. The system will provide free high-speed wireless Internet access within an approximately 4-block radius that includes all of Pelton Plaza and surrounding properties: The Village, Parrott Street (including Farmers' Market), and parts of Juana Avenue and East 14th Street. Over time, the City plans to build upon the initial installation and expand free Wi-Fi coverage to other surrounding areas.

Author shares spiritual insights

SUBMITTED BY MICHELLE WHITMAN

In her book, "The Living Light," San Leandro author Anastasia Po inspires readers by sharing her personal experience of intimately getting to know God. "The Living Light" reveals an exceptional spiritual and out-of-this world event that Po experienced in her real life and would like to share with the world. Po has always been in deep search of the real proof and evidence of God's existence in order to commit to and trust in God. As a result of her search in this journey, she found what she was so desperately and deeply looking for. At one critical point in her life, the spiritual Light in human form and shape descended from heaven to earth and miraculously changed her spiritual life completely. In this book, the materialized evidence is described in full detail as it took place



somewhere in the spiritual realm where God creates it, dwells in and is able to communicate with a human being's soul and spiritually empowers by the will of his almighty power. Po, who holds a B.A. in economics and is a Montessori credentialed preschool teacher, will be sharing from her book at an event on March 28 at the Oakland Library's Lakeview Branch Meeting Room. For more information, please contact Michelle Whitman at (877) 727-0697 or e-mail michelle@keymgc.com.

The Living Light Author Event

Saturday, Mar 28

2:00 p.m. – 3:30 p.m.

Oakland Library

Lakeview Branch Meeting Room

550 El Embarcadero, Oakland

(510) 238-7344

<http://oaklandlibrary.org/locations/lakeview-branch>

It's getting hot in here

Bikram Hot Yoga opens in Central Fremont

BY SARA GIUSTI

PHOTOS BY HUGO NUNEZ

It's surprising how fast sweat begins escaping every pore as soon as you enter the room: first the forehead and temples, all the way down to your toes. Bikram Yoga does not kid around – the room is hot like the Arizona sun and as humid as an August day in New York City, but instead of sipping iced tea, you are balancing on your right foot, left leg extended in a way you once thought impossible. Although that sounds unpleasant, Bikram Yoga is actually quite an enjoyable experience, and Fremont's new Bikram Hot Yoga studio is a welcome addition to the community.

Bikram Yoga was developed and popularized by Bikram Choudary in the 1970s, cultivated from hatha yoga, one of the most popular branches of yoga in the West, with postures like the Tree Pose or Warrior Pose. Bikram Yoga's primary focus is on breathing, encouraged through the nose – except for sit-ups on the floor series



and two deep breathing exercises at the beginning (Pranayama Breathing) and the end (Blowing in Firm Pose) – and strengthening and stretching the body, especially the spine. This is unlike more mainstream yoga poses such as Upward Dog, which focus on building strength in the arms. Moreover and most famously, Bikram Yoga's 26 postures are done in a 105 degree Fahrenheit heated room with 40 percent humidity, as practitioners believe it helps sweat out toxins and stretch muscles safely.

Also unlike more mainstream yoga classes, teachers do not demonstrate postures unless necessary. They recite a script that tells students what to do, step by step, creating a moving, meditative environment that encourages a mind and body connection. The sequence of postures never changes; it is recommended to not look at other students during class in order to truly reach a meditative state. However, to make sure form is correct, students can consult wall mirrors that border half the room.

Bikram Hot Yoga Central Fremont Co-Owner and Director Kuan Li started practicing yoga seven years ago when she was a corporate lawyer in Hong Kong and

Shanghai. She tried different yoga styles, but was drawn to Bikram Yoga. "This is by far the yoga practice that helped me to truly focus and not think about my to-do list. It made me become a better lawyer," she explained.

Li enjoyed it so much that her next decision was natural: she decided to become a teacher, taking the officially certified nine-week course endorsed by Bikram Choudary. Li jokes that her original reason to become certified was for free class memberships, but during her training in Los Angeles, she saw firsthand how transformative Bikram Yoga was for the other teachers-in-training. She recalled meeting former addicts and alcoholics who became sober and successful yogis, and others who healed from emotional trauma.

The life-changing joys of yoga outweighed Li's lawyer salary. She left law and pursued teaching, which took her to Taipei, Mexico City, and Maui. Four years ago, she came to the Bay Area and began teaching at Bikram Hot Yoga sister studios in Daly City and Seacliff. She struck up a friendship with teacher Christian Lipton, and the pair decided to open a new studio in Central Fremont. "We want to be in Fremont for a long, long time. We are stuck here!" Li laughed.

Since its opening in December 2014, Bikram Hot Yoga Central Fremont has

seen an average of 30 to 40 people per class. At 2,000 square feet, its studio room is the largest in the East Bay. Complete with showers and complimentary shampoo, body gel, blow dryers, and toiletries, the studio as a whole has a spa-like feel. When Li describes the experience as a "90 minute mini vacation," she hits the nail on the head.

"I truly believe Bikram Yoga helps your mental strength to deal with different parts of your life, to move forward. It's very powerful... Our mission is to help people help themselves," said Li. She refers to a promising Boston General Hospital study that is examining the effect of Bikram Yoga on depression and quality of life.

Li has had students with diabetes, depression, and knee and back problems, all of which have been relieved with Bikram Yoga. "Bikram Yoga is not the only solution, but a natural solution to dealing with personal problems," she said. If anything, Li's own passion and dedication is enough to make one feel more positive.

Bikram Hot Yoga Central Fremont offers classes every day of the week. While suitable for all ages on a case by case basis, a good rule of thumb is for kids to be 12 years or older. The studio will be adding 60 minute, non-heated classes for children 4 to 12 years old soon, and also has plans to add family yoga classes in the near future. In the meantime, the studio offers members unlimited classes packages, which allows kids to come for free. Senior citizens are more than welcome as well; Li has taught people in their 70s.

First timers are highly recommended to stay hydrated a few days before class, and have one liter of water and a small snack, like a banana, a couple of hours before class begins. Bring one liter of water or coconut water to class, and drink two to three liters of water after the session. It also helps to go easy on caffeine the day of class. To have a good experience, stay hydrated and plan a good, healthy meal afterward; it will do wonders.

To check out rates, class schedule, and more about Bikram Hot Yoga Central Fremont, visit www.bikramhotyogafremont.com or call (510) 713-1700.



Mission Coffee presents:

Tumbledown House

SUBMITTED BY
WAYNE BRASK AND
TYLER MILLER

PHOTO BY ROBERT HAWKINS

Brask House Concerts presents Tumbledown House, performing on Saturday, March 28 at Mission Coffee Roasting in Fremont. This is its 10th year at Mission Coffee, with almost 18 years of hosting live music in Fremont.

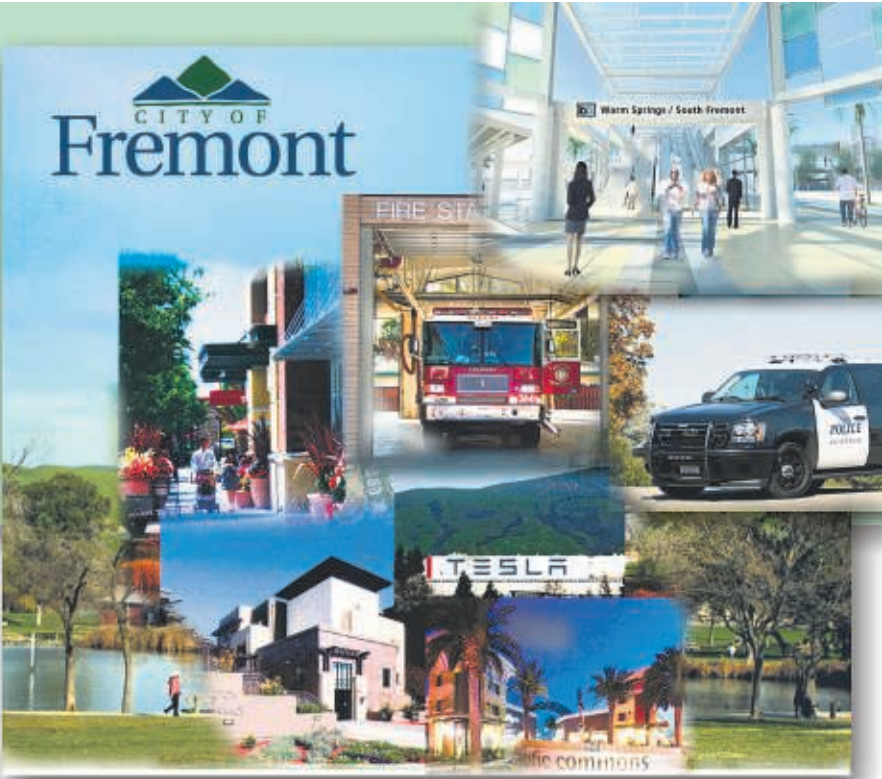
The music of Tumbledown House has been described as "gritty saloon jazz," "modern speakeasy music," and "Tom Waits in a cocktail dress." Consisting primarily of sultry vocalist Gillian Howe and the eclectic indie-jazz guitar work of Tyler Ryan Miller, Tumbledown House provides the soundtrack for raucous, prohibi-

tion-themed parties and has "quickly ascended as one of the new, promising acts of the Rocky Mountain region," according to Pop Rocket Press. Visit www.tumbledownhouse.com for more information about the duo.

The event costs \$15 at the door. We will have a free raffle of a Greg Green Fine Arts & Eats card. For more information, visit www.braskhouseconcerts.com.

Concert Series: Tumbledown House
Saturday, Mar 28
7 p.m. - 9 p.m.
Mission Coffee Roasting
151 Washington Blvd, Fremont
(510) 623-6920
www.braskhouseconcerts.com
\$15





Compost Giveaway for Curbside Organics Program Participants

Thank you Fremont residents for feeding your green organics cart each week with food scraps and yard waste. Now you can feed the plants in your personal garden with quality compost that was made from your yard trimmings and food scraps.

Please feel free to pick up two free bags of compost on Sunday, April 12, from 8 a.m. to noon or while supplies last at the Fremont Recycling and Transfer Station, located at 41149 Boyce Rd. The event will be held, rain or shine.

Don't forget to bring your current Republic Services garbage bill to show that your household participates in the City's curbside organics program. Please follow the signs and watch for the traffic controls that will direct you to the loading area where crews will place the compost into your vehicle. If your neighbor or a family member is unable to attend, you may bring their Republic Services bill and pick up their compost for them.

Compost Giveaway is brought to you by the City of Fremont in partnership with Republic Services and Fremont Recycling and Transfer Station. For more information, please contact Republic Services at 510-657-3500.



Coming Soon: 2015 State of the City Address

If you want to learn more about the issues and opportunities facing the City of Fremont, stay tuned! Fremont Mayor Bill Harrison will be presenting the annual State of the City Address at a luncheon hosted by the Fremont Chamber of Commerce on Friday, March 27, noon to 2 p.m. at the Fremont Marriott Hotel.

To buy tickets, please call the Chamber at 510-795-2244 or go to www.Fremontbusiness.com.

And in case you can't make it, the State of the City Address will be rebroadcasted on Cable TV Channel 27, as well as posted to the City website by the end of the following week.

For more information, please call the City Manager's Office at 510-284-4000 or visit www.Fremont.gov/StateoftheCity.

Youth Scholarship Program

The City of Fremont's Parks and Recreation Scholarship Fund is seeking donations for their scholarship program administered by the Community Services Department. The program is designed for children who, without financial assistance, would not have the opportunity to participate in the Department's youth activities. The scholarship program makes enriching activities such as swim lessons, participation in the Tiny Tots preschool program, camps, reading development, art classes, etc., more accessible to low-income families by partially covering up to \$75 of the cost of current registration fees for youth who qualify. Each year, requests

for assistance increase as does the need for funding. More than 400 scholarships were given out last summer and a 10 percent increase in need is anticipated for this summer. A contribution would have a direct, positive, and life-enhancing impact for families and youth in Fremont.

Children who qualify for the "School Lunch" program are eligible to apply. One hundred percent of donations are directed toward subsidizing these classes and activities for low-income youth that need the support.

For more information please contact Lance Scheetz at 510-494-4331 or lscheetz@fremont.gov.

Street Sweeping Study on Fremont Boulevard



The City of Fremont is partnering with the Bay Area Storm Water Management Agency Association to conduct a pilot project of street sweeping effectiveness on Fremont Boulevard. Two lanes of Fremont Boulevard, the middle lane and the lane adjacent to the sidewalk, between Mowry and Beacon avenues will be closed to street traffic on the second Saturday of each month beginning March through December, from 4:45 a.m. to 8 a.m.

The goal of the pilot project is to evaluate the effectiveness of street sweeping in combination with other control measures to reduce trash in stormwater. In addition to street sweeping, trash and debris will be manually collected from storm drains, streets/curbs and sidewalks along the stretch before and after the street is swept.

Fremont Boulevard will re-open for normal traffic/parking by 8 a.m. The tentative schedule includes the following dates:

- April 11, 2015
- May 9, 2015
- June 13, 2015
- July 11, 2015
- Aug. 8, 2015
- Sept. 12, 2015
- Oct. 10, 2015
- Nov. 14, 2015
- Dec. 12, 2015

For more information, please contact Gene Waddell at gwaddell@fremont.gov or 510-494-4570.

New Synthetic Turf Field at Karl Nordvik Park

The Karl Nordvik Park renovation project is complete, and is officially open for the public to enjoy. This park has a brand new playground and two new half-court basketball courts. The main feature of the renovation project at Nordvik Park is a state-of-the-art, 100,000-plus square foot synthetic turf field. This lighted field is designed for multisport play and can be used for football, soccer, softball, and baseball.

The synthetic turf field at Karl Nordvik Park is now one of three lighted synthetic turf fields available through the City of Fremont's Recreation Services Division. Irvington Community Park and Centerville Community Park host the City's other two synthetic turf fields. Irvington's field (located within Irvington Community Park, 41885 Blacow Rd.) can be used for youth football, youth soccer, baseball and softball; and Sigman Field (located within Centerville Community Park, 3355 Country Dr.) is a youth softball or baseball field only.

These synthetic turf fields allow for all weather play, which leads to less rain-outs compared to traditional grass fields, which can take days to dry out and be playable again. All City of Fremont Synthetic fields have field lights which allow them to be used day or night. This is particularly useful during the fall and winter months when day light hours are compressed.

For more information on these state-of-the-art synthetic turf fields or how to rent them please contact the Sports Office at 510- 790-5520 or email msa@fremont.gov.

Fremont Fire Department Rescues Preschool Girl

The Fremont Police Department, Fremont Fire Department, and Code Enforcement Division are consistently joining forces to keep the City of Fremont's residents safe from harm.

In November 2014, the Fremont Fire Department, assisted by police, responded to a medical call at Enlight Preschool after learning that a large cabinet had fallen and injured two preschoolers while they were napping.

One of the injured children, 3-year-old Aeshna Bhatt, was nodding in and out of consciousness by the time the call was placed.

Fremont paramedic/firefighter Daniel Viscarra arrived quickly, and took a responsible course of action, examining the other children, in addition to Aeshna. He discovered that another child had been injured in the accident, and the young boy was taken by ambulance to a nearby community hospital where he was treated and released later that day.

Viscarra quickly tended to Aeshna, clearing her throat, giving her high-flow oxygen through a mask, and attaching a cervical brace. He then summoned Life Flight, as the girl needed to get to a trauma center as soon as possible.

"Time had already lapsed. If she had a head bleed, it could be significant by that time. The survival rate goes down after an hour," Viscarra said.

Other members of the Fremont Fire Department had arrived on the scene at this point and Fremont Fire Department battalion chief, Tom Mulvihill, briefed flight nurses of the girl's condition before she was taken to Stanford Children's Hospital via helicopter. She was later diagnosed with a skull fracture and concussion, but is expected to make a full recovery.

Thank you to the Fremont Fire Department, Fremont Police Department, and the City's Code Enforcement Division for their continual dedication and efforts to keeping our Fremont community safe.

For further details, the full story can be read here: stanmed.stanford.edu/2015spring/tick-tock.html.

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Fremont Opera
Presents
NOYE'S FLUDDE
(Noah's Flood)



Saturday, March 21 at 7:00 pm
Calvary Presbyterian Church
2515 Fillmore Street, San Francisco

Saturday, March 28 at 7:00 pm
New Life Church
4160 Technology Drive, Fremont

Fremont Opera is back, this time on both sides of the Bay, with a brand new production of Benjamin Britten's *Noye's Fludde* (Noah's Flood)!

Opening on **March 21** at San Francisco's **Calvary Presbyterian Church** with a repeat performance on **March 28** at Fremont's **New Life Church**, Britten's inspired "community opera" will bring together 140 performers of all ages. Produced in collaboration with **Ragazzi Boys Chorus** and **Young Women's Choral Projects**, *Noye's Fludde* will be conducted by Fremont Opera Artistic Director **David Sloss** and staged by noted director **Jonathon Field**.

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Email: tickets@fremontopera.org

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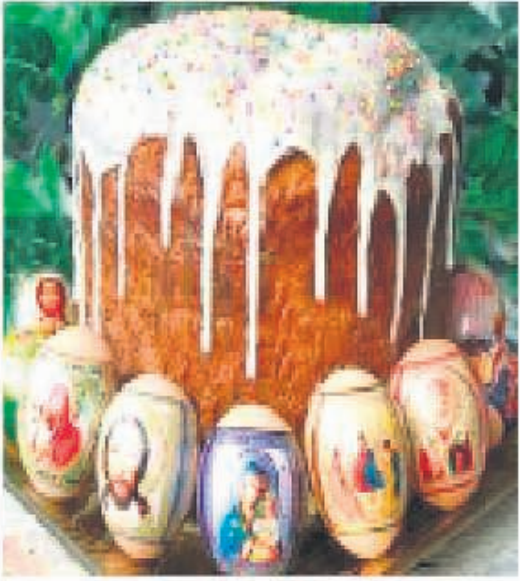




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OLD WORLD BAKE SALE
Sunday, March 29 - 12:30 - 3:30pm

Come early and join us for Divine Liturgy at 9:30 on April 5th



This is not your usual bake sale! Come and enjoy traditional baked goods from Russia, Greece, Ukraine and the Middle East. These foods are eaten on the feast of Pascha, known as Easter in America. There will be some American favorites as well. We hope to see you!

Peralta Blvd



St. Christina Orthodox Church

Fremont Blvd



3721 Parish Avenue, Fremont. For more information, please call (510) 739-0908
Email us at mail@stchristinaorthodox.org or visit our website at www.stchristina.org

CASTRO VALLEY TOTAL SALES: 04									
Highest \$:		610,000	Median \$:		550,000				
Lowest \$:		520,000	Average \$:		570,000				
ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED			
20827 Chester Street	94546	550,000	3	1352	1946	02-20-15			
19547 Eagle Street	94546	600,000	3	1345	1955	02-18-15			
19166 Vaughn Avenue	94546	520,000	3	1028	1949	02-19-15			
4183 Veronica Avenue	94546	610,000	3	1295	1957	02-19-15			

FREMONT TOTAL SALES: 34									
Highest \$:		2,780,000	Median \$:		625,000				
Lowest \$:		300,000	Average \$:		756,426				
ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED			
35110 Arbordale Court	94536	881,000	4	1638	1993	02-20-15			
38455 Bronson St #323	94536	352,000	2	950	1970	02-19-15			
3550 Buttonwood Trc 112	94536	300,000	1	714	1985	02-19-15			
38244 Dorsey Court	94536	1,170,000	3	1945	1957	02-24-15			
36798 Nichols Avenue	94536	650,000	6	2880	1986	02-24-15			
351 Riverside Avenue	94536	610,000	2	1059	1932	02-19-15			
38784 Stonington Terrace	94536	775,000	3	1474	1987	02-18-15			
39400 Albany Cm #L	94538	376,500	2	882	1981	02-18-15			
39139 Argonaut Way #212	94538	300,000	1	864	1974	02-24-15			
3194 Baylis Street	94538	580,000	3	975	1959	02-19-15			
40425 Chapel Way #213	94538	420,000	2	1052	1983	02-18-15			
4166 Doane Street	94538	673,000	3	1342	1956	02-20-15			
39078 Guardino Dr #107	94538	401,500	2	844	1990	02-20-15			
39152 Guardino Dr #206	94538	309,000	1	693	1990	02-24-15			
39224 Guardino Dr #213	94538	448,000	2	1053	1990	02-20-15			
4463 Hyde Common #111	94538	620,000	3	1402	2009	02-18-15			
41649 Maywood Street	94538	840,000	3	1482	1959	02-18-15			
3757 Savannah Road	94538	855,000	4	1776	1960	02-18-15			
4817 Stevenson Boulevard	94538	500,000	3	1148	1959	02-20-15			
3300 Wolcott Cn #212	94538	379,000	2	1013	1983	02-20-15			
43222 Gallegos Avenue	94539	1,011,000	3	1201	1955	02-18-15			
1933 Mandan Court	94539	1,375,000	4	3241	1995	02-19-15			
49220 Park Terrace	94539	1,010,000	4	1926	2006	02-20-15			
46200 Paseo Padre Pkwy	94539	1,590,000	4	2377	1974	02-18-15			
712 Shard Court	94539	625,000	2	1410	1969	02-20-15			
44888 Vista Del Sol	94539	2,780,000	4	3844	1997	02-19-15			
620 Witherly Lane	94539	599,500	3	2751	1950	02-24-15			
49099 Woodgrove Cn	94539	783,000	3	1431	2004	02-20-15			
135 Yampa Way	94539	880,000	3	1091	1978	02-24-15			
33600 Bardolph Circle	94555	860,000	3	1480	1981	02-19-15			
4643 Deep Creek Road	94555	900,000	4	1841	1984	02-18-15			
34757 Jovan Terrace	94555	570,000	2	1346	1989	02-18-15			
3791 Milton Terrace	94555	320,000	1	796	1986	02-18-15			
5573 Ridgewood Drive	94555	975,000	3	1807	1989	02-18-15			

HAYWARD TOTAL SALES: 27									
Highest \$:		900,000	Median \$:		445,000				
Lowest \$:		230,000	Average \$:		471,944				
ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED			
22863 Charing Street	94541	395,000	2	1524	2003	02-24-15			
1034 Clubhouse Drive	94541	360,000	2	1270	1973	02-19-15			
1847 Hill Avenue	94541	360,000	2	872	1953	02-18-15			
2625 Live Oak Terrace	94541	820,000	3	2578	2002	02-19-15			
20903 Locust Street #D	94541	230,000	2	1307	1980	02-19-15			
881 Marin Avenue	94541	401,000	3	1162	1952	02-20-15			
24001 Myrtle Street	94541	395,000	3	1172	1947	02-20-15			
25673 Paul Court	94541	750,000	4	2893	1970	02-24-15			
21896 Vallejo Street	94541	341,000	2	1194	1920	02-19-15			
28859 Bailey Ranch Road	94542	900,000	5	3238	2003	02-19-15			
25716 Spring Drive	94542	280,000	2	1061	1967	02-20-15			
2707 Tribune Avenue	94542	532,000	2	1005	1955	02-20-15			
559 Blue Jay Drive	94544	438,000	-	1610	1979	02-19-15			
315 Brookview Way	94544	660,000	4	2245	1999	02-20-15			
31156 Carroll Avenue	94544	445,000	3	1161	1955	02-19-15			
28636 Etta Avenue	94544	358,000	3	1224	1955	02-20-15			
30505 Flossmoor Way	94544	502,500	3	1250	1955	02-20-15			
26821 Gading Road	94544	305,000	3	1081	1953	02-19-15			
28564 Harvey Avenue	94544	530,000	3	1507	1991	02-18-15			
169 Isabella Street	94544	465,000	3	1130	1952	02-19-15			
31305 Meadowbrook Ave	94544	550,000	3	1231	1955	02-23-15			
24679 O'Neil Avenue	94544	450,000	-	1062	-	02-20-15			
392 Sycamore Avenue	94544	365,000	3	1132	1920	02-23-15			
27566 Barcelona Avenue	94545	436,000	3	1119	1956	02-23-15			

2038 Boca Raton Street	94545	475,000	3	1358	1956	02-19-15
2234 Sleepy Hollow Avenue	94545	479,000	3	1215	1957	02-18-15
1701 Tulip Avenue	94545	520,000	4	2139	1963	02-19-15

MILPITAS TOTAL SALES: 03									
Highest \$:		805,000	Median \$:		617,000				
Lowest \$:		570,000	Average \$:		664,000				
ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED			
967 Coventry Circle	95035	805,000	4	1514	1988	02-20-15			
800 South Abel St #305	95035	570,000	2	1259	2007	02-24-15			
457 South Temple Drive	95035	617,000	3	1100	1962	02-23-15			

NEWARK TOTAL SALES: 06									
Highest \$:		830,000	Median \$:		502,000				
Lowest \$:		300,000	Average \$:		541,833				
ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED			
6290 Civic Terrace Avenue #A94560	94560	310,000	2	840	1986	02-20-15			
6237 Marguerite Drive	94560	700,000	3	1469	1963	02-24-15			
35306 Newcastle Court	94560	830,000	4	2182	1970	02-19-15			
6340 Rockrose Drive	94560	609,000	3	1643	1961	02-20-15			
6537 Thornton Avenue	94560	300,000	3	1015	1910	02-20-15			
6345 Zulmida Avenue	94560	502,000	3	1039	1954	02-18-15			

SAN LEANDRO TOTAL SALES: 15									
Highest \$:		675,000	Median \$:		468,000				
Lowest \$:		325,000	Average \$:		462,733				
ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED			
327 Accolade Drive	94577	560,000	3	1599	2002	02-20-15			
2205 Benedict Drive	94577	589,000	3	1677	1967	02-20-15			
825 Billings Boulevard	94577	492,000	3	1246	1943	02-24-15			
14477 Doolittle Drive #27	94577	340,000	2	865	1979	02-18-15			
1050 Dutton Avenue	94577	675,000	3	2401	1936	02-20-15			
783 Juana Avenue	94577	509,000	2	1401	1941	02-18-15			
371 MacArthur Boulevard	94577	340,000	1	898	1917	02-19-15			
13738 Schooner Road	94577	350,000	-	1125	1978	02-19-15			
194 Toler Avenue	94577	435,000	2	1240	1927	02-20-15			
3483 Figueroa Drive	94578	410,000	3	1225	1955	02-24-15			
1152 Grace Street	94578	490,000	3	1616	1948	02-19-15			
14828 Harold Avenue	94578	325,000	3	1104	1953	02-18-15			
16130 Maubert Avenue	94578	546,000	3	1495	1957	02-20-15			
874 Lewelling Boulevard	94579	412,000	3	1052	1915	02-20-15			
1550 Manor Boulevard	94579	468,000	3	1394	1951	02-18-15			

SAN LORENZO TOTAL SALES: 02									
Highest \$:		330,000		Median \$:		270,000			
Lowest \$:		270,000		Average \$:		300,000			
ADDRESS		ZIP	SOLD FOR		BDSSQFT	BUILT/CLOSED			
327 Accolade Drive		94577	560,000	3	1599	2002	02-20-15		
2205 Benedict Drive		94577	589,000	3	1677	1967	02-20-15		
825 Billings Boulevard		94577	492,000	3	1246	1943	02-24-15		
14477 Doolittle Drive #27		94577	340,000	2	865	1979	02-18-15		
1050 Dutton Avenue		94577	675,000	3	2401	1936	02-20-15		
783 Juana Avenue		94577	509,000	2	1401	1941	02-18-15		
371 MacArthur Boulevard		94577	340,000	1	898	1917	02-19-15		
13738 Schooner Road		94577	350,000	-	1125	1978	02-19-15		
194 Toler Avenue		94577	435,000	2	1240	1927	02-20-15		
3483 Figueroa Drive		94578	410,000	3	1225	1955	02-24-15		
1152 Grace Street		94578	490,000	3	1616	1948	02-19-15		
14828 Harold Avenue		94578	325,000	3	1104	1953	02-18-15		
16130 Maubert Avenue		94578	546,000	3	1495	1957	02-20-15		
874 Lewelling Boulevard		94579	412,000	3	1052	1915	02-20-15		
1550 Manor Boulevard		94579	468,000	3	1394	1951	02-18-15		



Kid Scoop

.com

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE



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Bunny Buddies and THE MYSTERIOUS EGG!

Find a buddy and do this page together! If the page looks easy, find "somebunny" younger to be your buddy. If the page looks hard, find "somebunny" older to help you.

Wow! The Easter Bunny left us a pretty big egg, Beeper!



Hello? Are you my mommy?



YIKES! Th-that egg can TALK!



Of course I can! My name is Egg-bert. Where is my mommy?



Buzz, let's go ask Mother Hen if this is one of her eggs.



That's an eggs-ellent idea, Beeper!



Are you my mother?



No dear, all my eggs have hatched.



Perhaps you belong to Mrs. Duck?





No, that isn't one of my eggs. But don't look so sad. Chickens and ducks aren't the ONLY animals that lay eggs, you know!



Look for the names of these animals in my word search puzzle. Each of these animals lay eggs.



D	D	F	R	T	E	E	B
Z	L	T	O	L	B	R	U
P	W	A	T	N	T	N	E
Q	D	R	A	Z	I	L	N
Y	U	V	G	F	J	T	L
T	Y	O	I	A	X	W	J
A	R	S	L	U	G	K	E
F	H	D	L	Z	W	Z	J
K	J	H	A	I	J	I	D

Egg-bert is hatching! What kind of animal do you think is inside? Draw a picture of it.



☐ Alligator

☐ Turtle

☐ Toad

☐ Bee

☐ Fish

☐ Frog

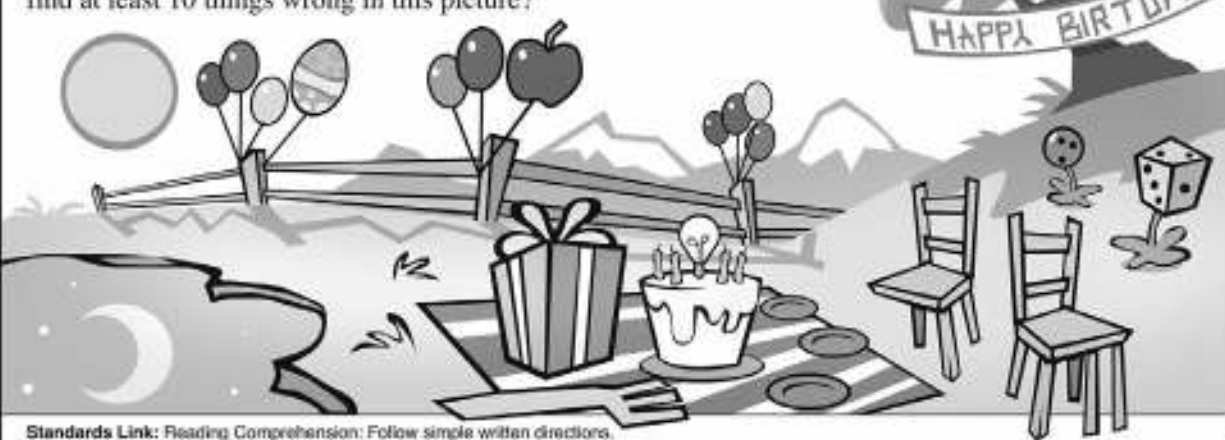
☐ Slug

☐ Lizard

Standards Link: Life Science: Students know organisms reproduce offsprings of their own kind; life cycles are different for different animals.

Eggs-tremely Silly Party

Buzz and Beeper are having a birthday party for Egg-bert. Can you find at least 10 things wrong in this picture?

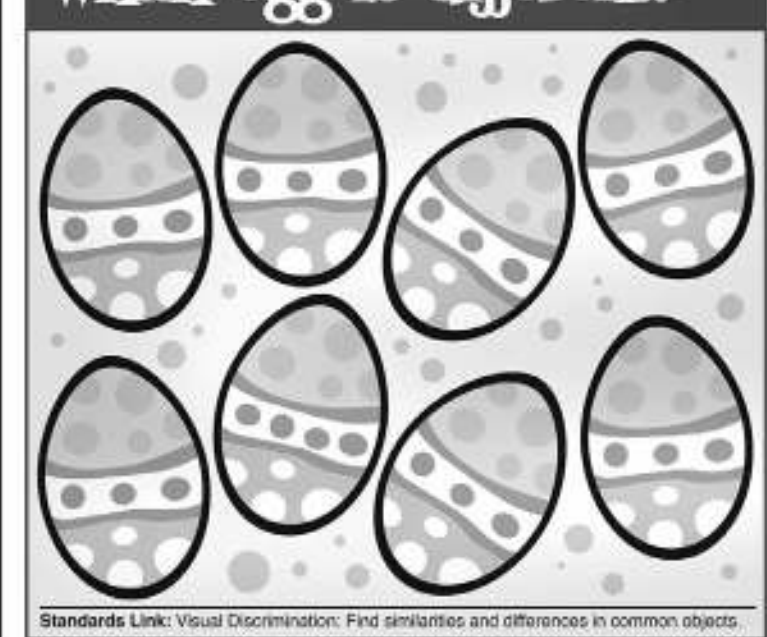


Extra! Extra!

Clip five words from the headlines in today's newspaper. Replace the first syllable of each word with the word "egg." Paste your nonsense word on a paper egg and decorate for Easter.

Standards Link: Decoding: Apply knowledge of basic syllabication rules when reading.

Which egg is different?



Standards Link: Visual Discrimination: Find similarities and differences in common objects.

Double Double Word Search

Find the words in the puzzle, then in this week's Kid Scoop stories and activities.

D	R	T	B	U	N	N	Y	M	L
R	E	S	Y	L	L	A	B	L	E
E	P	S	E	I	D	D	U	B	L
H	A	T	C	H	I	N	G	N	A
Z	P	U	T	R	E	H	T	O	M
P	A	R	T	Y	I	N	F	U	I
S	I	L	L	Y	S	B	W	N	N
B	B	N	E	A	S	T	E	R	A
C	A	S	K	C	U	D	Y	X	B

Standards Link: Letter sequencing. Recognizing identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

Color Your Words

Clip five nouns from the newspaper. These can be words or pictures. Next, look through the newspaper for an adjective that would colorfully describe each noun.

Standards Link: Grammar: Understand and use nouns and adjectives.



Why do we paint Easter Eggs?

ANSWER: It's easier than trying to wallpaper them!

Kid Scoop FIT & FUN

Eggs-ercises

These exercises use your muscles and imagination! Try them with your buddy.



Slow Melt

Pretend you are a chocolate bunny melting on a hot day. Start by standing nice and tall, then slowly ooze to the floor.



Basket Balance

Try balancing an empty Easter basket (or a plastic bowl) on your head as you walk across your yard.



Rabbit Racers

Give a younger buddy a head start and race across the park. Try racing three times. Is your younger buddy getting faster?



Egg Toss

Pretend a tennis ball is an Easter egg. Standing close to your buddy, toss him or her the "egg." Each time you catch the "egg," take a step back. How far apart will you get?

Standards Links: Physical Education: Use a variety of basic and advanced movement forms.

Kid Scoop-doku™

Complete the grid by using all the letters in the word SOLVE in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.

V				S
			S	O
		S		L
	S			V
S				E

Local businesses gather to discuss community events

SUBMITTED BY CASTRO VALLEY EDEN AREA CHAMBER OF COMMERCE

Over fifty Castro Valley and Eden Area Businesses met on the evening of February 24 at the Hayward-Castro Valley Moose Lodge for a buffet dinner and discussion about making the 2015 planned Community Events even more attractive to residents and visitors. The evening was co-hosted by the Castro Valley/Eden Area Chamber of Commerce and the Alameda County Community Development Agency.

Bill Mulgrew, Executive Director of the Chamber explains: "Castro Valley and San Lorenzo combined have 13 significant community events scheduled between now and Christmas, and we wanted to give our businesses the chance to influence the presentation of those events as well as offering ideas about how to make them better for all concerned."

Liddy Goldberg, co-owner of Rae Talbot Salon on the Boulevard adds, "Being able to see all the event information for the year presented in Febru-

ary was very helpful, and the energy of sharing ideas with the Chamber and with fellow business people will help my salon be a better participant in events like the Light Parade."

Duckworth, Bay Valley Medical Group and Shay Knudsen of the Ice Creamery announced the formation and planned launch of the Merchant's Marketing Committee open to all businesses in Castro Valley and the Eden Area. "We really want to continue and build on the energy and creativity we saw tonight," said Duckworth, "and we are hoping that local businesses see the value of sharing ideas."

The 2015 Community Event slate starts on April 25th with two great activities: the hands-on Landscape Expo at the San Lorenzo Village Homes Association, and a Block Party hosted by the San Carlos Avenue Merchants in Castro Valley. Information about these events and all scheduled community events can be found at <http://business.edenareachamber.com/events/> or <http://slvha.com/> and by calling the Chamber at (510) 537-5300.

MSJHS world class band heads to Europe

SUBMITTED BY ROY HO

Later this month, 129 young musicians and color guard members from Mission San Jose High School (MSJHS) will be taking a trip to Europe. From March 30 to April 7, they will perform in both Paris and the Maastricht Street Show and Concert (Netherlands), marching through the tiny cobblestone streets of the medieval walled city. "With a year's worth of work and planning, we will be representing our school, our city, and our country on our tour throughout Europe," said Howard Mai, a student organizer and one of the various performing members. The MSJHS band, orchestra, and color guard students will be visiting France, Belgium, Germany, and the Netherlands.

On this trip, the students will get a chance to experience the unique culture, food, and sights that these countries have to offer. While touring Paris, the students will perform at the Luxembourg Gardens and Palace as well as visit famous sights such as the Eiffel Tower, the Notre Dame Cathedral, and the Palace of Versailles. They will also see Leonardo da Vinci's Mona Lisa at the Louvre Museum, one of the most famous museums in the world. Finally, the group will pay their respects at the Margraten Cemetery, the World War II Netherlands American Cemetery and Memorial. There, the brass choir will perform "Taps" as they lay a wreath

at the tomb of the unknown soldiers. "All the students are very excited for this trip," said Monica Kraft, Director of Instrumental Music and Marching at MSJHS.

A core group of student and adult volunteers have been working to put this trip together since March of last year. After spending countless hours, they all look forward to a fun and successful trip. "[In addition,] our orchestra, band, and color guard students have been preparing for well over a year for the largest international trip in the history of Mission San Jose and Fremont," said Harrison Cheng, a band alumnus trip organizer, and a third-time chaperone. With everyone anticipating and working hard towards this trip, we all hope that it will go extremely well.

The group will be hosting a Trip Preview Concert on Thurs-

day, March 26 at Ohlone College. The concert will start at 7 p.m. and they are inviting everyone to come and watch.

This trip is organized through the MSJHS Parents of Universal Performers (PUPs). They are the foundation for the performing arts at MSJHS and are constantly raising money to allow these students to have the best music education experience possible. Please visit msjpups.org for more information or to donate. Emails may also be sent to info@msjpups.org.

MSJHS Trip Preview Concert
Thursday, Mar 26
7 p.m.

Ohlone College, Smith Center
43600 Mission Blvd, Fremont
royho1999@gmail.com
info@msjpups.org
\$5 suggested donation



MSJHS band's previous trip to Italy

I need a Forever Home



Daisy is a 5-month-old Chihuahua/Rat Terrier mix with tons of energy. She loves running, playing with other dogs, and cuddling with you. Meet Daisy at the Hayward Animal Shelter. More info: (510) 293-7200.

Dozer is an orange tabby with a heart of gold. He's a bit shy until he knows he can trust you and then he blossoms into a loving, talkative fellow. Meet Dozer at the Hayward Animal Shelter. More info: (510) 293-7200.



Enrich Your Life - Become a Volunteer!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter
510-293-7200

16 Barnes Court (Near Soto & Jackson) Hayward
Tuesday - Saturday 1pm - 5pm

Compost Giveaways

SUBMITTED BY TRI-CED COMMUNITY RECYCLING

For the 10th year in a row, Tri-CED Community Recycling and Republic Services are joining with the City of Union City in hosting a compost giveaway and electronic waste drop-off event. This year's event is scheduled for Saturday, March 28 at Tri-CED's recycling and buy-back center. Union City residents who subscribe to green waste cart service will be able to drive through and collect two free bags of nutrient-rich compost, perfect for planting or gardening.

The idea for the compost giveaway originated back in 2006, shortly after the introduction of food scrap recycling in Union City. For the first time, residents were encouraged to place their leftover food items and food-soiled paper products into the green waste cart for weekly curbside collection. Food scraps and other organics are heavy and bulky, making up a large portion

of the residential waste stream. Keeping this material out of our landfill and converting it into compost helps us to reduce waste.

The annual compost giveaway is our way of saying "thank you" for participating in the food scrap recycling program. Over the years, residents have taken home more than 30,000 bags of compost, making it one of the City's most popular and environmentally friendly community events. If you are a Union City resident with green waste cart service, simply bring the coupon on the address panel of the quarterly newsletter you should receive in the mail to collect your two free bags of compost. It's a lot of fun and we guarantee you'll really "dig" it!

Compost Giveaway Day
Saturday, Mar 28
9 a.m.

Tri-CED Recycling Center
33377 Western Ave, Union City
(510) 471-3850
www.tri-ced.org

Thanks to On Lok, my mother now has full medical care and support services which enable her to live independently in her own home.



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3683 Peralta Blvd.

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Toll Free: 1-888-886-6565

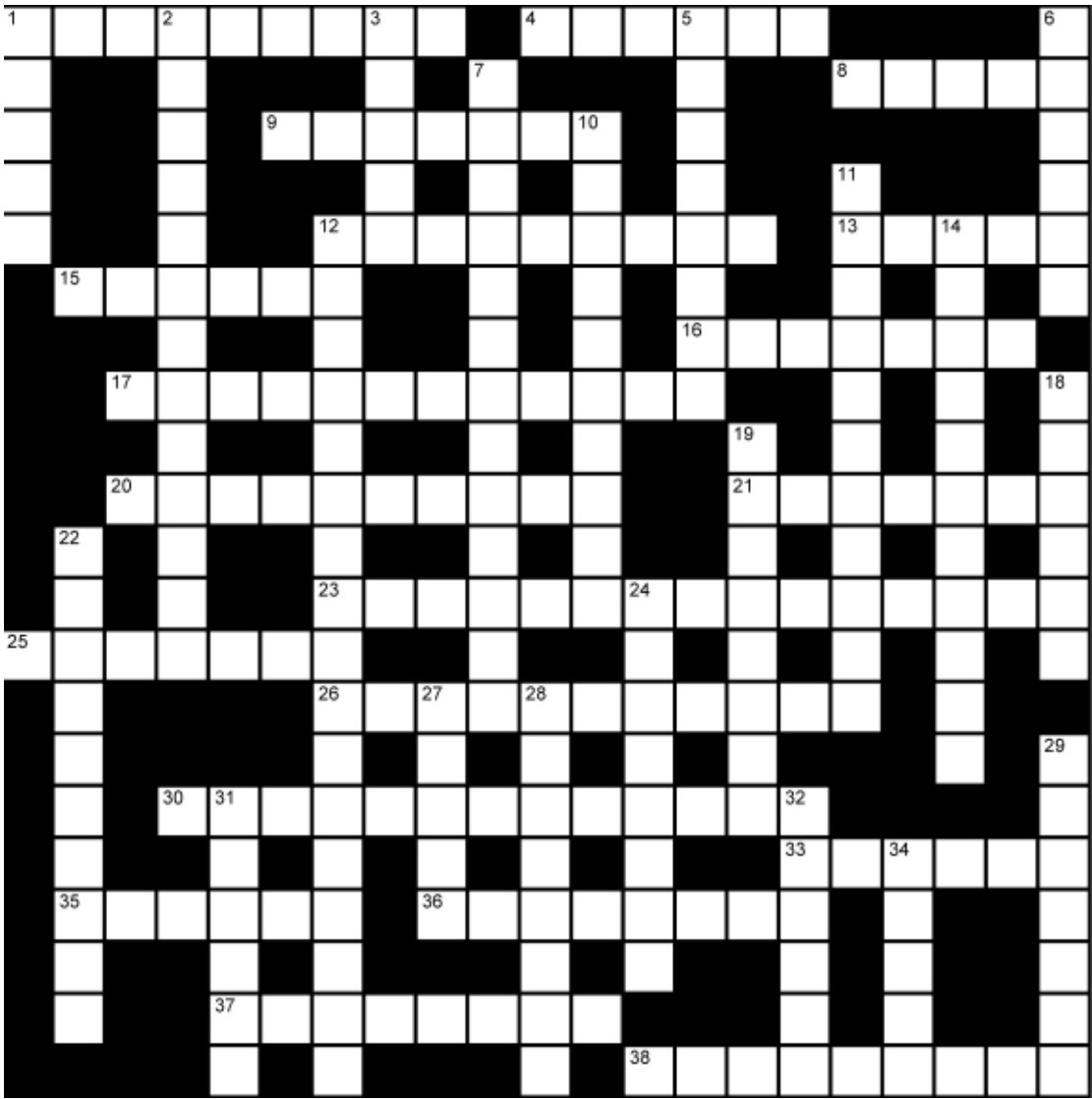
TTY 415-292-8898

www.onlok.org

Center Hours:
Mon-Fri 8:00am-4:30pm

Mind Twisters

Crossword Puzzle B 307



- Across

1 Dwelling, home, main place (9)

4 Prohibit something, make law against (6)

8 Practice (5)

9 Incomplete (7)

12 Hidden, kept secret (9)

13 Fleet (5)

15 Hook up (6)

16 Place in home where clothes washing is done (7)

17 Especially (12)

20 Before twentieth (10)

21 Sums of money (7)

23 Achievements (15)

25 Purse items (7)

26 Used in place of something else (11)

30 Chances, favorable time to attain a goal (13)

33 Tom, Dick or Harry (6)

35 Clock __ twelve and Cinderalla ran (6)

36 Regular in movement, progressively (8)

37 Herald (8)

38 Proposed an idea (9)
- Down

1 Shelves like in the library (5)

2 Diagrams to explain something (13)

3 Boatload (5)

5 Harshly, talk rudely and not in agreement (8)

6 Overflow of waters over land (6)

7 Not falling in any category (13)

10 Managerial position (10)

11 Completely changed (11)

12 Where Santa puts his stocking (9,8)

14 Existing perpetually (11)

18 Back up (6)

19 Song holder (8)

22 Experts in science (10)

24 Geographical term for horizontal lines on earth (8)

27 Small pieces of food (5)

28 Inclination (8)

29 Emitted air suddenly, forcibly (7)

31 More than one in number (6)

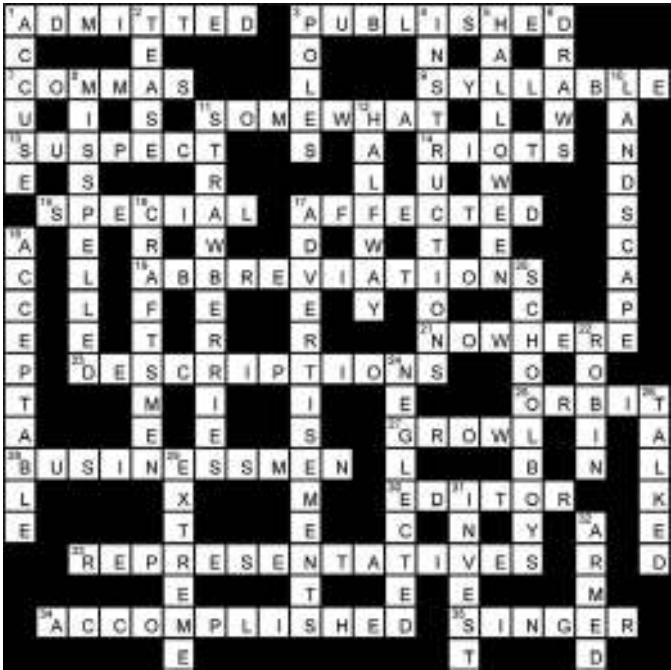
32 Adage, telling (6)

34 Opens mouth due to sleepiness (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.

	2		3		4			1
3		8	2					
							9	
6					9		4	3
						9		
		1	5				6	
	3					1	7	
2	4		6					
	5	7						



B 306

1	9	3	4	2	6	7	5	8
8	6	4	7	1	5	9	2	3
2	7	5	3	8	9	1	4	6
7	4	9	6	5	3	2	8	1
5	2	8	1	9	4	3	6	7
6	3	1	8	7	2	4	9	5
9	8	2	5	3	7	6	1	4
3	5	6	9	4	1	8	7	2
4	1	7	2	6	8	5	3	9

Tri-City Stargazer MARCH 25 – MARCH 31, 2014 BY VIVIAN CAROL

For All Signs: This week may have everyone reeling, to one degree or another, in the changes precipitated by the past six weeks. We are in the pocket between the full moon eclipse of March 20 and the upcoming new moon eclipse on April 4. The chances are high that you and everyone you know are scrambling to adapt to altered circumstances. Even favorable changes require us to modify set patterns. It likely will be near the end of April before the dust settles. The good news is that many of us are paddling the same boat, so we have plenty of comrades who understand the predicament of time.

Aries the Ram (March 21-April 20): This is an excellent time to pursue any activity that requires your mental concentration. The Rams are not always able to sit still enough to learn theoretical information, but right now there is a window open for it.

Taurus the Bull (April 21-May 20): You have favorable aspects in the areas of travel, the Internet, legal interests, publishing and/or education. It is possible to go overboard on luxurious purchases. If money is an issue, leave the credit cards at home.

Gemini the Twins (May 21-June 20): You may be in an excitable frame of mind this week. Sleep may be a challenge because your mental chatter just keeps churning. It is almost manic and hard to control. Exercise will be a source of grounding for all that highly wired energy. You will sleep better.

Cancer the Crab (June 21-July 21): The sun shines a spotlight on your accomplishments in the recent or long ago past. You tend to shrink back from the lime-

light, but others won't let you get away from that now. Smile and enjoy the pride you are due.

Leo the Lion (July 22-August 22): People from your past may resurface this week. If not specific people, then the week's experiences are somehow familiar and reminiscent of the past. School is suggested here, so perhaps you are considering whether or not to attend a class reunion. Love life is stable.

Virgo the Virgin (August 23-September 22): Your frame of mind is expansive and optimistic. You want to talk to everybody in sight but particularly to those closest to you. Virgos with clientele will have a busy week with lots of appointments and people asking questions. You will make a friend of each of them.

Libra the Scales (September 23-October 22): You have the opportunity during this period to expand your social territory. You may also be experiencing gifts and benefits offered to you from others. This generosity in turn, is absorbed into your psyche and you

want to share with those in your life who have been important.

Scorpio the Scorpion (October 23-November 21): Aspects favor the repair of one or more relationships. Both you and the other are ready to speak honestly about your history and appreciate each other's point of view. Don't be serious all the time. Make some moments available for playtime too. Social life is enlivened.

Sagittarius the Archer (November 22-December 21): Your optimistic and happy attitude causes others to join your bandwagon and support your projects. You can envision a grand result and are able to express it in a way that others can understand. The reward will be great enough that everyone will benefit.

Capricorn the Goat (December 22-January 19): Romance and creativity are on your plate in a positive way. During this period you can readily make a necessary or decorative item out of anything around you. Relationships to lovers and also children are especially favored. Though you are not

a gambler, you might try your hand at a lottery ticket or two.

Aquarius the Water Bearer (January 20-February 18): A project begun in November is showing signs of growth and development at this time. Although it needs more work, at this point it shows signs of manifestation. You may be in the midst of persuading others to your point of view. Your mind is both steady and imaginative now.

Pisces the Fish (February 19-March 20): Warning to those on diet and exercise programs: this week it is just too easy to break training. If you

mean what you've promised to yourself, don't go anywhere in which you would be in harm's way. It is a time in which you feel more outgoing and extroverted. Social life is a pleasure.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

THEATRE REVIEW

Social Security

a benefit you can laugh about

BY JANET GRANT
PHOTOS BY
CHRISTIAN PIZZIRANI

Family relationships, aging, and life's constant surprises are among the universal themes that boil and bubble in the hilarious Andrew Bergman play, "Social Security." Broadway West Theatre Company under Director,

sister, Trudy. She had you at once disliking her and feeling sorry for her at the same time. Keith Larson's nerdy and inflexible portrayal of Trudy's husband, Martin, had me in stitches. His facial tics were brilliant. Jackie Blue steals the laughs as that cantankerous and formidable little pixy, Sophie Greengrass. Her antics had the entire audi-



John Tranchitella has brilliantly tackled these themes in the latest offering from their new season. "Social Security" opened on Broadway in 1986, and centers around two married upscale art dealers, Barbara and David Kahn. Their domestic tranquility is shattered with the visit of Barbara's unsophisticated sister and uptight accountant husband. They've come to dump her stereotypic Jewish mother on them while on their way to save their college student daughter from a life of living only for sex, sex, sex! What ensues is a fast-paced, rollicking, side-splitting night of sheer entertainment. Broadway West veteran Dawn Cates, as Barbara, does a great job portraying a perpetually rattled woman who balances her guilt over lack of family involvement with her need to maintain her idyllic life. Joe Barra is absolutely wonderful as the pretentious and often manic but engaging, David. Helena G. Clarkson is ideal as sheltered, whinny, and provincial

ence rolling in their seats while her shy onstage transformation tugged at our heartstrings. Rounding out the cast is Jim Coryelle, who delivers a solid performance as the dashing and besotted legendary artist Maurice Koenig. Broadway West has a sure hit with "Social Security" – a frothy comedy complete with stellar cast and an open invitation to guffaw with abandon. Be forewarned however, there are a few suggestive lines and incidents in this show but given that, it is an evening of fun and guilty (but enjoyable) pleasure.

"Social Security"
March 20 – April 18
8 p.m. (Sunday matinees at 1:00 p.m.)
Broadway West Theatre Company
4000-B Bay Street, Fremont
(510) 683-9218
www.broadwaywest.org
Tickets: \$15 - \$27

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17-Night Westbound Panama Canal Cruise	2015 - Apr 28	Florida: Fort Lauderdale; Colombia: Cartagena; Panama: Colon, Panama Canal (Cruising); Costa Rica: Puntarenas; Guatemala: Puerto Quetzal; Mexico: Puerto Vallarta, Cabo San Lucas (overnight); California: San Francisco
11-Night Golden Gate Alaska Cruise	2015 - May 15	California: San Francisco; Alaska: Ketchikan, Icy Strait Point, Juneau, Tracy Arm Fjord (Sawyer Glacier); British Columbia: Victoria; Oregon: Astoria; California: San Francisco
12-Night Golden Light Alaska Cruise	2015 - May 26	California: San Francisco; Alaska: Sitka, Juneau, Skagway, Haines, Tracy Arm Fjord (Sawyer Glacier); Ketchikan; British Columbia: Nanaimo, Victoria, Vancouver
12-Night Golden Light Alaska Cruise	2015 - Aug 23	British Columbia: Vancouver; Alaska: Tracy Arm Fjord (Sawyer Glacier), Sitka, Juneau, Icy Strait Point, Skagway, Ketchikan; British Columbia: Victoria; Oregon: Astoria; California: San Francisco
9-Night Pacific Coastal Cruise	2015 - Sep 4	California: San Francisco, Monterey; Mexico: Ensenada; California, San Diego, Catalina Island, Santa Barbara, San Francisco
17-Night Eastbound Panama Canal Cruise	2015 - Sep 18	California: San Francisco, Monterey; Mexico: Cabo San Lucas, Puerto Vallarta; Guatemala: Puerto Quetzal; Costa Rica: Puntarenas; Panama: Panama Canal (Cruising); Colon; Colombia: Cartagena; Florida: Fort Lauderdale

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Emily Onderdonk, viola
Bill Everett, bass
Katherine Lee, piano
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Allison Chanco, piano
Betty Comer, violin

8pm Concert / 7:15pm Pre-Concert Talk Old Mission San Jose 43300 Mission Blvd. Fremont

Online Tickets are \$28/\$23 (\$30/\$25 at the door) at www.musicatmsj.org

NSW Newark Symphonic Winds



Spring Concert

- Newark Memorial High School Theatre 39375 Cedar Blvd.
- March 28, 2015 7:00 - 9:00 PM

Free Spring Concert
presented by the



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Newark Memorial High School Theatre
Saturday, March 28, 2015
7:00 - 9:00 PM

Enjoy an evening of absolutely wonderful symphonic music provided by the Tri-Cities' own 50 musician symphony - the Newark Symphonic Winds - directed by Richard Wong.

Come listen to the music of "How to Train Your Dragon", "Midway March" by John Williams, a medley of some of the most memorable Hollywood hits, a lovely memorial - "Communion" by Strommen, a little Earth, Wind and Fire and many, many more.

There also will be a special performance by the Montecito Brass Ensemble.

Cost of admission is "FREE", no tickets are necessary.

For information, call 510-552-7186 or visit us on the web at newarksymphonic.org

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Director
Richard Wong



The Ohlone Promise

www.ohlonepromise.org



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APPLICATIONS DUE MARCH 31



OHLONE College

Free community college? For some it’s a dream, but for others it’s a reality called The Ohlone Promise.

“The Ohlone Promise is my number one scholarship priority,” says Dr. Gari Browning, President of Ohlone College. “It opens the door to college for high school seniors throughout the Tri-Cities, many of whom might otherwise be unable to afford college.”

To make The Promise a reality, Dr. Browning turned to the Ohlone College Foundation for support.

The Foundation, the philanthropic arm of Ohlone College, immediately launched a fundraising campaign.

The campaign garnered support from throughout the community enabling the Foundation to offer 16 Ohlone Promise Scholarships at an annual cost of over \$30,000.

Recently that fundraising campaign took a tremendous leap forward when it received a \$400,000 anonymous donation, the largest scholarship donation in the Foundation’s history. “This is an amazing gift,” Foundation Chair, Dr. Rakesh Sharma said. “With it we begin the real work of creating a permanent endowment to support The



Dr. Gari Browning, President of Ohlone College (center), with Dr. Rakesh Sharma (left), Ohlone College Foundation Board Chair and Paul Iannaccone (right), Foundation Director, announcing a \$400,000 anonymous donation to fund the Ohlone Promise Scholarship Endowment.



In 2013, sixteen high school seniors received Ohlone Promise Scholarships to cover the costs of their first two years at Ohlone College.

Ohlone Promise for years to come. But to achieve that goal, there is a great deal more fundraising to do.”

For 2015 the Foundation is expanding The Ohlone Promise by offering 25 scholarships to graduating high school students from throughout the Tri-Cities. To apply for the scholarship students should visit www.ohlonepromise.org. But they must act fast, The Ohlone Promise scholarship deadline is March 31!

For more information on the Ohlone College Foundation and how you can support The Ohlone Promise, call 510-659-6020 or visit www.ohlonefoundation.org.

Tiger Cubs visit Tri-City Voice



Left to Right: Ishaan Petkar, Siddhart Kulkarni, Victor Calderon, Akhil Ambati, Neil Srivatsa, [siblings] Chaitra Ambati, Monica Calderon and Boy Scout Sunjay Muralitharan

Tiger Cub Scouts of Pack 269, who meet at Parkmont Elementary School in Fremont, visited the offices of Tri-City Voice on March 18, 2015. Tiger Den Leader Malini Kumar arranged the field trip to help the scouts understand how newspapers help people communicate.

Cub Scouts and family members participated in a game illustrating the importance of print media to provide accurate information for the community. The Tiger Cubs listened to an important message and were asked to answer the W’s of reporting (who, what, where, when, why) and How. After an initial attempt to remember the information without written assistance, a printed “newspaper” was distributed with the message; retention of the message soared to 100%. Following successful completion of the game, all were rewarded with “gold” coins.



Art of Indian Women

SUBMITTED BY BHAVNA MISRA

This art exhibition showcases oil portraits of some of the Silicon Valley women of Indian origin. Through their unique backgrounds, prominent positions in various technology companies, and sense of commitment, they are making an effort to contribute to the diverse mix of the Bay Area.

Before Bhavna Misra made her career in the arts, she worked in IT (Information Technology). After working in the Bay Area for a number of years, Misra finally took up art as a career choice in spring 2014. Since then, she has participated in multiple group exhibitions in the Bay Area and has won awards for her portrait work. Misra mostly works with oil but also uses pastel, pen, graphite, and charcoal.

This exhibit is now at the Milpitas Main Library and has been organized by the Phantom Art Gallery, Milpitas.

Art Exhibit - Indian Women in Silicon Valley
Now to Wednesday, Jul 15
Open during library hours:
1 p.m. – 9 p.m. / Mon – Wed
10 a.m. – 6 p.m. / Thurs – Sat
Noon – 6 p.m. / Sun
Opening Reception: April 2 (Time TBA)
Milpitas Main Library, South Wing
160 North Main St, Milpitas
(510) 862-4169
bhavna.misra@gmail.com
Free

Nature’s Duets



PHOTOS BY BECKY JAFFE

Hayward Shoreline Interpretive Center presents “Nature’s Duets,” an exhibit by photographer Becky Jaffe, beginning Saturday, March 28 until Sunday, June 28. Nature’s Duets features intimate portraits of birds and insects in an exploration of pair relationships in the natural world, ranging from the concrete (predator and prey, parent and child, lover and beloved) to the abstract (human and animal, light

and shadow, spirit and flesh).

“The motivation for the exhibit is that we are always seeking relationship. We seek connection with a lover/partner, family, friends, ourselves, and the natural world... By observing ecological relationships among animals and plants, I explore the question of interconnection and ultimately I propose that we are always in deep connection with the natural world. The exhibit is both an expression of praise for the beauty of the biosphere and an invitation

for viewers to meditate on our inexorable interconnectedness,” stated Jaffe.

Jaffe started as a human rights photographer in El Salvador, photographing assassinated civilians for international human rights cases. She later transitioned into nature photography to divert from what she described as a devastating field. Her love for the arts and biology not only shows in her photographs, but in her professional life as a teacher as well.

You are warmly invited to the opening reception on Saturday, March 28; light refreshments will be served. For more information about Becky Jaffe, visit www.beckyjaffephotography.com.

Nature’s Duets
Saturday, Mar 28 – Sunday, Jun 28
Friday - Sunday, 10 a.m. - 5 p.m.

Artist’s Reception:
Saturday, Mar 28
2 p.m. - 4 p.m.
Hayward Shoreline Interpretive Center
4901 Breakwater Ave, Hayward
(510) 670-7270
www.haywardrec.org/401/Exhibits
www.beckyjaffephotography.com
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Restaurant Hours: Wed, Thurs & Friday 11am-7pm
510-790-0735 Kittysthaikitchen.com
3100-H Capitol Ave., Fremont

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



CONTINUING EVENTS

Tuesday, Jan 27 - Saturday, Mar 27

Prom Dress Swap Donations

Mon - Wed: 11 a.m. - 8 p.m.
Thurs - Sat: 10 a.m. - 5 p.m.

Donate formal dresses, shoes and accessories

Hayward Weekes Branch Library
27300 Patrick Ave., Hayward
(510) 293-5065
rob.spitel@hayward-ca.gov

Tuesday, Jan 27 - Saturday, Mar 27

Prom Dress Swap Donations

Mon - Wed: 11 a.m. - 8 p.m.
Thurs - Sat: 10 a.m. - 5 p.m.

Donate formal dresses, shoes and accessories

Hayward Main Library
835 C St., Hayward
(510) 881-7946
annie.snell@hayward-ca.gov

Monday, Jan 27-Friday, Mar 27

82 Years of Art: Visions, Landscapes and Characters along the Way

8 a.m. - 5 p.m.

Works by Doyle Wegner and Gerald Thompson

Artist reception Friday, Feb 6
5:30 p.m. - 7:30 p.m.
Hayward City Hall
777 B St., Hayward
(510) 208-0410
www.hayward.org

Monday, Wednesday & Saturday, Jan 28 thru Apr 15

Alameda County Low-Moderate Income Tax Assistance

Mon & Wed: 5:30 p.m. - 8:30 p.m.

Sat: 9:00 a.m. - 4:00 p.m.

Tax preparation help for low income households

Eden Area Multi-Service Center
24100 Amador St, Hayward
(510) 670-5700
www.alamedasocialservices.org

Monday, Feb 2 thru Friday, Apr 15

Free Quality Tax Assistance

Mon & Wed: 4 p.m. - 8 p.m.

Fri: 10 a.m. - 1 p.m.

Tax help for low income households

Fremont Family Resource Center
39155 Liberty St., Fremont
(510) 574-2020

Wednesdays & Thursdays, Feb 4 thru Apr 9

Tax Assistance - R

10 a.m. - 2 p.m.

Volunteer preparation and e-filing tax assistance

Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org

Arts & Entertainment

Saturdays, Feb 7 thru Apr 11
Free Quality Tax Assistance

10 a.m. - 1 p.m.

Tax help for low income households

Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 574-2020

Saturdays, Feb 7 thru Apr 11
Free Quality Tax Assistance

10 a.m. - 1 p.m.

Tax help for low income households

Union City Branch Library
34007 Alvarado Niles Rd.,
Union City
(510) 574-2020

Friday, Feb 13 - Saturday, May 16

Trajes Regionales de Mexico

10 a.m. - 5 p.m.

Collection of costumes from Ballet Folklórico Mexicano

San Leandro Public Library

300 Estudillo Ave., San Leandro
(510) 577-3971
www.aclibrary.org

Saturdays, Feb 14 thru Apr 11
Free Quality Tax Assistance

10 a.m. - 1 p.m.

Tax help for low income households

Holly Community Center
31600 Alvarado Blvd.,
Union City
(510) 574-2020

Tuesdays, Feb 17 thru Mar 31
Bridge 1

9:30 a.m. - 10:30 a.m.

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Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org



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www.fremontfarmersmarket.com

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10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market

Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer’s Market

Saturdays
9 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers’ Market

Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays
9 a.m. - 3 p.m.
Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente San Leandro

Wednesday
10 a.m. - 2 p.m.
June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers’ Market at ICC

Sundays
8 a.m. – 1 p.m.
Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers’ Market

Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays
9 a.m. - 1 p.m.
Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays
10 a.m. – 2 p.m.
Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market

Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

FREE Adult Reading and Writing Classes are offered at the Alameda County Library
Tell A Friend Call Rachel Parra 510 745-1480

Tuesdays, Feb 17 thru Mar 31
Bridge 2
10:30 a.m. - 11:30 a.m.
Mastering game strategy
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Thursdays, Feb 19 thru Mar 26
Bingo \$
12:30 p.m. - 3:00 p.m.
Games, refreshments and door prizes
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Fridays, Feb 20 thru Mar 27
Spanish Story Time
4:30 p.m. - 5:30 p.m.
Stories, songs, music and rhymes in Spanish
Ages preschool - school aged children
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Saturdays, Feb 21 thru Mar 28
Bridges to Jobs
9:30 a.m. - 11:30 a.m.
Job interview training class
Centerville Presbyterian Church
4360 Central Ave., Fremont
(510) 299-2223
http://bridgestojobs.org

Monday, Feb 23 - Friday, Mar 31
New Student Centralized Enrollment – R
Mon - Thurs: 8:30 a.m. - 8:30 p.m.
Fri: 8:30 a.m. - 12 noon
Schedule an appointment to register a

new student
San Leandro Unified School District
2255 Bancroft Ave, San Leandro
(510) 618-4420

Thursday, Feb 26 - Saturday, Apr 11
Fabric Creations
10 a.m. - 4 p.m.
Textile art
Artist reception Saturday, March 7: 1 p.m. - 3 p.m.
Foothill Arts of the Bay
22394 Foothill Blvd., Hayward
(510) 538-2787
www.haywardarts.org

Monday, Mar 2 - Friday, Mar 27
Shared Perceptions
1:30 p.m. - 4:30 p.m.
San Lorenzo Adult School Exhibit
Artist reception Saturday, March 7: 12 noon - 3 p.m.
Alameda Historical Museum
2324 Alameda Ave., Alameda
(510) 521-1233
www.alamedamuseum.org

Wednesday, Mar 4 - Sunday, Apr 12
Indigenous Flux Artists Honoring Their Roots
10 a.m. - 4 p.m.
Artworks celebrate traditions in the modern world
Hayward Area Historical Society
22380 Foothill Blvd., Hayward
(501) 581-0223
www.haywardareahistory.org

Fridays, Mar 6 thru Mar 27
Toddler Ramble: Let’s Come to Our Senses
10:30 a.m. - 11:15 a.m.

Children ages 1 - 3 have fun using their five senses
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Saturdays, Mar 7 thru Mar 28
How the Other Half Dies \$
8 p.m.
Fun murder-mystery parody
Sunol Glen School
11601 Main St., Sunol
(925) 862-2026
http://www.sunol.net/srt/index.html

Thursday, Mar 13 - Sunday, Mar 29
Into the Woods \$
2:30 p.m. & 7:00 p.m.
Fractured Fairy Tale about a witch’s curse
Irvington High School
41800 Blacow Rd., Fremont
(510) 590-7510
www.ihsdrams.com

Mondays, Mar 16 - Apr 20
Nutritional Champion for Change Program – R
5:00 p.m. - 6:30 p.m.
Discuss healthy foods, eating on a budget and physical fitness
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1900 Mowry Ave, Fremont
(510) 574-2256
AshleyL@save-dv.org
www.save-dv.org

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John 4:14
AA Meetings Every Tues and Thurs Evenings 7:30-9:30pm In Spanish In the Fellowship Hall

Services
Sunday: 10:45am and 6pm
Wednesday: 7:30pm

Stitching Russell City Stories

OPENS MARCH 25 - AUGUST 2
Master quilt artist Marion Coleman provides the basis of this new exhibition with her unique story quilts based on the stories of people who resided, worshipped and worked in Russell City. Come view this special exhibit and visit us online at haywardareahistory.org to learn about our related programs and events.
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Tuesday, Mar 17 - Friday, Mar 31

Donate Your Easter Baskets
Mon - Thurs: 8:30 a.m. - 4:00 p.m.
Fri: 8:30 a.m. - 3:00 p.m.
Bring empty Easter Baskets to be filled for kids
Tri-City Volunteers
37350 Joseph St., Fremont
(510) 793-4583
www.tri-cityvolunteers.org

Wednesdays, Mar 18 thru Apr 29

Canasta
9:15 a.m.
Classic card game
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Friday, Mar 20 - Saturday, Mar 28

Snow White and the Seven Dwarfs \$
Fri: 7:00 p.m.
Sat: 2:30 p.m. & 7:00 p.m.
Musical adaptation of classic fairy tale
Milpitas Community Center
457 E. Calaveras Blvd., Milpitas
(408) 707-7158
www.centerstagepa.org

Thursday, Mar 20 - Sunday, Apr 18

Social Security \$
Thurs - Sat: 8:00 p.m.
Sun: 12:15 p.m.
Comedy about a married couple and their family
Broadway West Theatre Company
400-B Bay St., Fremont
(510) 683-9218
www.broadwaywest.org

Saturday, Mar 21 - May 16

Annual Spring Show
Mon: 5 p.m. - 10 p.m.
Tues & Thurs: 10 a.m. - 1 p.m.
Sat: 12 noon - 3 p.m.
Variety of works from over 60 artists
Opening reception Saturday, March 21: 2 p.m. - 5 p.m.
PhotoCentral

1099 E St., Hayward
(510) 881-6721
www.photcentral.org

Saturdays, Mar 21 - Jun 20

Self-Empowerment and Economic Development Program – R
9:30 a.m. - 3:00 p.m.
Improve English language skills, financial literacy, computer, career, and health education
Classes are free; includes lunch and childcare
Safe Alternatives to Violent Environments – SAVE
1900 Mowry Ave, Fremont
(510) 444-6068
SEED@Narika.org
www.save-dv.org

Thursday, Apr 16 - June 11

Spring Curling League \$
7:45 p.m. - 9:45 p.m.
Instruction in delivery, sweeping and rules of the game
Registration opens March 19 at 7:00 p.m.
Sharks Ice
44388 Old Warm Springs Blvd., Fremont
(510) 623-7200
membership@bayareacurling.com
www.bayareacurling.com

Friday, Mar 27 - Saturday, Apr 25

The Meaning of Life
7 p.m. - 9 p.m.
Photography by Megan Rhodes
Reception Friday, March 27: 7 p.m. - 9 p.m.
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Saturday, Mar 28 - Friday, Apr 4

Cross of Love - Easter Musical \$
Sat: 2:30 p.m.
Thur, Fri & Sun: 7:30 p.m.
Live singing and entertainment
Neighborhood Church of Castro Valley
20600 John Drive, Castro Valley
(510) 537-4690
www.3crosses.org

Saturday, Mar 28 - Sunday, Jun 28

Nature's Duets
10 a.m. - 5 p.m.
Photography of pair relationships
Artist reception Saturday, March 28: 2 p.m. - 4 p.m.
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Tuesday, Mar 31-Friday, Apr 3

Crosswalk: The Easter Experience
6 p.m. - 9 p.m.
Experience Jesus' death and resurrection thru visual art
Harbor Light Church
4760 Thornton Ave., Fremont
(510) 744-2233
www.Harborlight.com/events/easter/crosswalk

THIS WEEK

Tuesday, Mar 24

Read to a Dog
6:30 p.m. - 7:30 p.m.
Children practice reading
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Wednesday, Mar 25

Spring Fling and Business Expo
4:30 p.m. - 7:30 p.m.
Food, music, entertainment and raffle
Transfiguration Church
4000 East Castro Valley Blvd, Castro Valley
(510) 537-5300
info@castrovalleychamber.com

Wednesday, Mar 25

SAVE's Happy Hour to Empower \$
5:00 p.m. - 7:30 p.m.
Mission Peak Tap Room no-host bar, appetizers and raffle
Benefit for SAVE services
Whole Foods Market
3111 Mowry Ave, Fremont
(510) 574-2250
http://goo.gl/HqZ9Tl

Wednesday, Mar 25

Elisa Kleven Presentation
10 a.m. - 12 noon
Children's author and illustrator slide show
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Wednesday, Mar 25

Veterans Memorial Community Meeting
6:30 p.m.
Discuss request for expansion
Castro Valley Community Center
18988 Lake Chabot Rd., Castro Valley
www.haywardrec.org

Wednesday, Mar 25

Counselors in Training Leadership Workshop \$R
5 p.m. - 6 p.m.
Gain work experience and volunteer hours
Ages 13 – 18
Fremont Teen Center
39770 Paseo Padre Pkwy., Fremont
(510) 494-4300
www.RegeRec.com bar# 222833

Thursday, Mar 26

From Classical to Klezmer... the World of Clarinet \$
8 p.m.
Featuring works by Brahms, Beethoven and Mackey
Old Mission San Jose
43300 Mission Blvd., Fremont
(510) 659-6158
info@musicatmsj.org
www.musicatmsj.org

Ohlone College

Psychology Club

SPEAKER SERIES PRESENTS

FILM SCREENING:

An Honest Liar

Truth & Deception in the Life of James “The Amazing” Randi

An entertaining feature documentary, chronicling the life and career of James “The Amazing” Randi, the world-famous magician and infamous debunker of frauds.

Q & A with Co-director, Tyler Measom following the screening

FRIDAY, APRIL 3, 2015, 7:00 PM

\$15 General / \$10 with Student ID

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43600 Mission Blvd., Fremont, CA 94539

www.SmithCenter.com BOX OFFICE: 510.659.6031

Red carpet
Cabaret & Desserts
benefit at Chanticleers Theatre

SUBMITTED BY
FLOYD BARNES

There's something special in the works at Chanticleers Theatre that you won't want to miss. An evening of cabaret entertainment ranging from star impersonators to solo guitar and flute, to a fabulous rock, funk and blues band is being presented on Saturday, March 28 to raise funds for theatre improvement projects and, of course, to bring the audience to its feet!

The lineup for the cabaret includes Quintin Starkes as Michael Jackson, performing his tribute to the master showman with song and dance moves that'll blow your socks off; Al Proietti, whose Charlie Chaplin salute to the silent film star entertains with a light-hearted humor that helps us laugh at ourselves; Ben Hicks, Bay Area virtuoso guitarist, playing a wide spectrum of styles from slide to classical to country to rock & roll and blues; flutist Laura Wiley, putting her flute through the paces with classical, jazz, romantic and contemporary pieces to tickle your ears; and The Groove Objective, a five piece

band that will make you get out of your seat and move! Diversity is the name of their game as they bring you music from Steely Dan, Tom Petty, Robert Cray, Albert King, Neville Brothers, Curtis Mayfield, Etta James, Aretha Franklin, Chaka Kahn, Donna Summer, Amy Winehouse, Jeff Beck, and Irma Thomas.

Not to be outdone by the entertainment, Chanticleers Theatre is also putting out some of the best desserts you'll ever experience, donated by Castro Valley's own Swiss Delices Bakery & Café located on Castro Valley Boulevard, across from Castro Village Shopping Center. In addition, we'll take a souvenir picture of

you with Michael Jackson and Charlie Chaplin (cell phone or camera), and you can join in on a raffle for some great prizes.

Tickets are \$30, including all the acts, desserts, beverages (wine and non-alcoholic) and one raffle ticket. Go to www.chanticleers.org or call 510-SEE-LIVE for reservations. Don't miss this one-evening-only performance!

Cabaret and Desserts
Saturday, Mar 28
7 p.m.
Chanticleers Theatre
3683 Quail Ave, Castro Valley
(510) 733-5483
www.chanticleers.org
Tickets: \$30

7 p.m.
Chabad of Fremont
38054 Dundee Common,
Fremont
RSVP:
www.ChabadFremont.com
(510) 300-4090
Free

SUBMITTED BY CHAYA FUSS

Chabad Jewish Center will hold their annual Passover Seder on Friday, April 3. Included in the Seder will be a delectable gluten free dinner paired with a variety of wines and handmade

round "Shmurah" (observantly grown) Matzah from Israel. The Seder will be conducted in English with some traditional songs sung in Hebrew. Please RSVP at www.ChabadFremont.com or call (510) 300-4090.

Chabad Passover Seder
Friday, Apr 3

Passover Seder

Hawaiian Soap & Candle Co

Easter Baskets

Vegan Glycerin & CP Soaps

Soy/Paraffin Wax Candles

Body Scrubs, Shea Butter

Body Butters, Face Creams & Scrubs

Lip Balm, Body Sprays

Fragrance Oils

Hats Bags Jewelry, Hair Flower Picks

All Natural Laundry Soap

20% OFF

Any one item With coupon

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Wed. & Sat. 9am-7pm

Sun. 1pm - 6pm

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510-677-3559

G.E.D. also available starting October

murad@missionvalleycollege.com

henry@missionvalleycollege.com

39825 Paseo Padre Pkwy. Ste A, Fremont

Thursday, Mar 26
Taste of San Leandro \$
5 p.m. - 8 p.m.
Food, beer and wine
Zero Net Energy Center
14600 Catalina St, San Leandro
(510) 317-1400
www.SanLeandroChamber.com/
programs

Thursday, Mar 26
Thursday Night Flights \$
5:30 p.m. - 8:30 p.m.
Enjoy gallery exhibits, live music and craft beer
Hayward Area Historical Society
22380 Foothill Blvd., Hayward
(501) 581-0223
www.haywardareahistory.org

Friday, Mar 27
Latino Business Roundtable Meeting
8:30 a.m.
Discuss hiring Hispanic talent
St. Rose Hospital
27200 Calaroga Ave., Hayward
(510) 537-2424
www.hayward.org

Friday, Mar 27
State of the City Luncheon \$
12 noon - 2 p.m.
Mayor Bill Harrison discusses key issues for Fremont
Fremont Marriott
46100 Landing Pkwy., Fremont
(510) 795-2244
https://FremontCACOC.wli-inc28.com/events/State-of-the-City-Luncheon
-140/register

Thursday, Mar 27
Hayward Honors Women
5 p.m. - 7 p.m.
Panel discussion, question and answer session
Hayward City Hall
777 B St., Hayward
(510) 208-0410
www.ci.hayward.ca.us

Friday, Mar 27
Mad Hatter Tea Party \$
6:00 p.m. - 8:30 p.m.
Refreshments, music, dancing, games and prizes
Grandparents and grandchildren ages 4+
Ruggieri Senior Center
33997 Alvarado Niles Rd., Union City
(510) 675-5495
www.unioncity.org

Friday, Mar 27
Notes from Mexico \$
8 p.m.
Ballet Folklorico de James Logan performance
Oakland Paramount Theater
2025 Broadway Ave., Oakland
(510) 465-6400
http://www.oebis.org/envt/notes-from-mexico/

Saturday, Mar 28
Pet First Aid and CPR \$R
9 a.m. - 1 p.m.
Focus on basic first aid
Ages 12+
Lake Chabot
17600 Lake Chabot Rd, Castro Valley
(888) 327-2757
www.ebparksonline.org

Saturday, Mar 28
Community Parent Playgroup
10:30 a.m.
Children with developmental delays enjoy sensory toys
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Mar 28
Chores for Little Farmers \$
10:30 a.m. - 11:00 a.m.
Prepare treats for farm animals
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Mar 28
Fremont Opera Presents: Noah’s Flood \$
7 p.m.
Musical production of Noah and the Ark
New Life Church
4130 Technology Dr., Fremont
(510) 400-4106
www.fremontopera.org

Saturday, Mar 28
Niles Crab Feed \$
7 p.m. - 10 p.m.
Food, music, dancing and raffle prizes
Fremont Veterans Hall
37154 Second St., Fremont
(510) 574-2026
www.niles.org

Saturday, Mar 28
Compost Giveaway and Electronic Waste Drop-Off
9 a.m.
Union City residents receive compost
Tri-Ced Community Recycling
33377 Western Ave., Union City
(510) 471-3850
www.tri-ced.org

Saturday, Mar 28
Family Day at the Park
9:00 a.m. - 11:30 a.m.
Easter egg hunt, games and bounce houses
Newark Community Park
35501 Cedar Blvd., Newark
(510) 578-4432
www.newark.org

Saturday, Mar 28
School Readiness Forum – R
8:30 a.m. - 2:00 p.m.
Workshops focus on classroom readiness
Jefferson Elementary School
14300 Bancroft Ave, San Leandro
(510) 667-6208
rmichel@slusd.us
www.sanleandro.k12.ca.us

Saturday, Mar 28
Hayward Education A Sure Bet \$R
6:30 p.m. - 10:00 p.m.
Food, drinks, music and casino games
Benefit for teacher grant program
Cal State East Bay University
25800 Carlos Bee Blvd., Hayward
(510) 881-0890
http://haywardfndcasinonight.eventbrite.com

Saturday, Mar 28
Atheist Forum
10 a.m. - 12 noon
Thought provoking talks
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Mar 28
Red Carpet Cabaret and Desserts \$
7 p.m.
Star impersonators, live music and refreshments
Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
www.chanticleers.org

Saturday, Mar 28
Community Egg Hunt and Carnival – R
1 p.m. - 4 p.m.
Games, entertainment, jump house and egg hunt
South Bay Community Church
47385 Warm Springs Blvd., Fremont
(510) 490-9500
www.SOBCCegghunt.eventzilla.net

Saturday, Mar 28
Zumbathon \$
10 a.m. - 12 noon
Fundraiser for Autism
St. Jarlath School
2620 Pleasant St., Oakland
(510) 796-1278
www.autismyesterdayandtoday.org

Saturday, Mar 28
First Time Home Buyer Seminar – R
9 a.m. - 2 p.m.
Strategies and financing tips
Marina Community Center
15301 Wicks Blvd., San Leandro
(415) 213-8368
www.nyhomegateway.com

Saturday, Mar 28
St. Patrick’s Dinner Dance \$
6 p.m.
Food, drinks and raffle
Eagles Hall
21406 Foothill Blvd., Hayward
(510) 502-0954

Saturday, Mar 28
Movie Night \$
7:30 p.m.
The Midnight Girl, At First Sight, Fearless Harry

Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Mar 28
Cool Things Come in Small Packages
9:30 a.m. - 12:30 p.m.
Naturalist led bird walk
Hayward Shoreline
3050 West Winton Ave, Hayward
(510) 670-7270
www.haywardrec.org

Saturday, Mar 28
Tumble Down House \$
7 p.m. - 9 p.m.
Live Jazz and Blues music
Mission Coffee Roasting House
151 Washington Blvd., Fremont
(510) 474-1004
www.fremontcoffee.com

Saturday, Mar 28
Easter Eggstravaganza – R
10 a.m.
Games, face painting, Easter Bunny and egg hunt
Old Alvarado Park
3871 Smith St., Union City
(510) 479-0919
(510) 329-9240
www.alvaradomERCHANTS.org

Saturday, Mar 28
Easter Egg-Stravaganza – R
9:30 a.m.
Food, games, activities, and egg decorating contest
Meek Park
240 Hampton Rd., Hayward
(510) 581-0223
cheryland94541@gmail.com
www.acgov.org/calendar

Saturday, Mar 28
Newark Symphonic Winds Spring Concert
7 p.m. - 9 p.m.
Medley of hits and classics
Newark Memorial High School
39375 Cedar Blvd., Newark
(510) 552-7186
www.newarksymphonic.org

Saturday, Mar 28 - Sunday, Mar 29
Spring Steam Weekend \$
11 a.m., 1 p.m. & 3 p.m.
Vintage locomotive train rides plus arts and crafts
Niles Canyon Railway Sunol Depot Station
6 Kilkare Rd., Sunol
(510) 910-7024
http://ggm.org/springsteam2015.htm

Saturday, Mar 28
Spring Gardening \$
11 a.m. - 12 noon
Ready the beds for planting
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Mar 28
Sunol Stewards – R
10 a.m. - 12 noon
Volunteers remove invasive plants
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparksonline.org

Saturday, Mar 28
Outdoor Discoveries \$R
1:00 p.m. - 2:30 p.m.
Playful activities focus on bumble bees
Ages 3 – 6
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparksonline.org

Saturday, Mar 29
There’s Gold in Them Thar Hills! \$
2 p.m. - 3 p.m.
Pan for Gold
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Mar 29
Meet the Chickens \$
10:30 a.m. - 11:00 a.m.
Visit the coop and feed chickens
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

APPLY NOW

to be on the
**CITIZENS' BOND
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at Ohlone College

Ohlone has begun construction on many exciting Measure G projects. Oversee and review expenditures related to the bond with other community members.

**POSITION OPEN:
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Applicants must be active in a taxpayers' association and residents of the Ohlone College District, which comprises Fremont, Newark and part of Union City.



APPLICATION DEADLINE: APRIL 16

 FOR MORE INFORMATION, GO TO:
www.ohlone.edu/go/bondapply



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Meditation Foundational Workshop

April 18, Saturday 9:30am - 5pm

Group Meditation

Every Saturday 9am-12pm

Free Walk-ins Welcome
Donations Appreciated

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Biogen Idec, a leader in MS research, is providing a free, live educational program on the latest interferon therapy available for treating relapsing MS.

Learn more about an interferon therapy from an MS expert, enjoy refreshments, and meet others living with relapsing MS.

Location:
Massimo's
5200 Mowry Avenue
Fremont, CA 94538

Date:
Thursday, March 26, 2015

Time:
Check-in: 6:00 PM – 6:30 PM
Seminar: 6:30 PM – 8:30 PM

Register today by calling 1-866-955-9999.

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225 Binney Street, Cambridge, MA 02142

biogen idec.

Sunday, Mar 29

Skills of the Past Willow Basket \$R
10 a.m. - 4 p.m.
Create a basket from wetland plants
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Sunday, Mar 29

Monster Bacteria and Suspicious Critters – R
10 a.m. - 12 noon
Docent led ecology hike
Ages 8+
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(510) 792-0222 x362
http://monsterbacteria.eventbrite.com

Sunday, Mar 29

Salt Marsh Walk – R
10:30 a.m. - 12 noon
Docent let walk in the marshlands
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x 362
http://marshwalk.eventbrite.com

Sunday, Mar 29

Leopard Shark Feeding Frenzy
2 p.m. - 3 p.m.
Kids helps feed aquarium animals
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sunday, Mar 29

Castro Valley Chamber Orchestra Concert \$
2 p.m.
Program features Beethoven, Mozart and Faure
Castro Valley Center for the Arts
19501 Redwood Rd.,
Castro Valley
(510) 886-1000
www.cvadult.org

Sunday, Mar 29

Old World Bake Sale
12:30 p.m. - 3:30 p.m.
Easter favorites from around the world
St. Christina Orthodox Church
3721 Parish Ave., Fremont
(510) 739-0908
www.stchristina.org

Sunday, Mar 29

Bunny Cares – R
9 a.m. - 11 a.m.
Easter event for children with special needs
NewPark Mall
2086 Newpark Mall, Newark
(510) 793-5683
www.BunnyCares.com
www.AbilityPath.org

Sunday, Mar 29

Fun with Felting \$
11 a.m. - 12 noon
Create felt from sheep’s wool
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Sunday, Mar 29

Beginning Embroidery \$
1 p.m. - 2 p.m.
Decorate cloth with basic stitches
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Monday, Mar 30

The How and They Why \$
8 p.m.
Bare Bones staged readings
Douglas Morrison Theatre
22311 N Third St., Hayward
(510) 881-6777
www.dmtonline.org

Monday, Mar 30

Family Science Night
7 p.m.
Explore the world of birds
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Tuesday, Mar 31

Weekday Bird Walk
7:30 p.m. - 9:30 p.m.
Explore trails for birds
All levels of experience welcome
Ages 12 +
Garin Regional Park
1320 Garin Ave., Hayward
(510) 544-3220
www.ebparks.org

Saturday, Apr 4

Easter Egg Hunt
9:00 a.m. - 12:30 p.m.
Crafts, jump house and egg hunt
Bridges Community Church
505 Driscoll Rd., Fremont
(510) 651-2030
www.bridgescc.org

Saturday, Apr 4

Easter Festival Egg Hunt
10 a.m. - 1 p.m.
Puppet show, bounce house, games and egg hunt
Cardoza Park
Kennedy Dr. & N. Park Victoria,
Milpitas
(408) 586-8688
www.crosspoinchurchsv.org/easter-egg-hunt-2015

Saturday, Apr 4

Community Easter Egg Hunt
10 a.m. - 1 p.m.
Easter egg hunt open to all
Christ Community Church of
Milpitas
1000 S. Park Victoria Dr.,
Milpitas
(408) 262-8000
www.cccmilpitas.org

Monday, Apr 6-Friday, Apr 10

1 v 1 Tutoring \$R
4 p.m. - 5 p.m.
Math, Science and English help for grades 2 – 6
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 794-2538
http://www.shooting-stars-foundation.org

Monday, Apr 6-Friday, Apr 10

Academic 5 Day Boot Camp \$R
5:00 p.m. - 6:00 p.m. & 6:15 p.m. - 7:15 p.m.
Math and Language activities for grades 2 – 6
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 794-2538
http://www.shooting-stars-foundation.org

BOOKMOBILE SCHEDULE

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Renew books by phone
(510) 790-8096**
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about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org.**
Times & Stops subject to change

Tuesday, Mar 24
10:00 – 11:15 Daycare Center Visit –
UNION CITY
2:00 – 2:30 Fremont Hills Senior Living,
35490 Mission Blvd., FREMONT
2:45 – 3:15 Mission Gateway Apts.,
33155 Mission Blvd., UNION CITY
4:50 – 5:30
Mariner Park, Regents Blvd. & Dorado
Dr., UNION CITY
5:40 – 6:20 Sea Breeze Park, Dyer St. &
Carmel Way, UNION CITY

Wednesday, Mar 25
2:00 – 4:00 Warm Springs Community
Center, 47300 Fernald St., FREMONT
4:15 – 4:50 Lone Tree Creek Park, Starlite
Way & Turquoise St., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct.,
FREMONT

Thursday, Mar 26
9:30 – 10:15 Daycare Center Visit,
UNION CITY
10:30 – 10:50 Daycare Center Visit,
UNION CITY
1:55 – 2:20 Daycare Center Visit,
SAN LORENZO
2:45 – 3:40 Bay School,
2001 Bockman Rd., SAN LORENZO

Monday, Mar 30
10:00 – 10:25 Daycare Center Visit,
FREMONT
10:45 – 11:15 Daycare Center Visit,
FREMONT

1:30 – 2:00 Acacia Creek, 34400 Mission
Blvd., UNION CITY
2:45 – 3:45 Ardenwood School, 33955
Emilia Lane, FREMONT
5:15 – 6:45 Forest Park School, Deep
Creek Rd., & Maybird Cir., FREMONT

Tuesday, Mar 31
9:30 – 10:15 Daycare Center Visit –
FREMONT
10:45 – 11:15 Daycare Center Visit –
FREMONT
2:15 – 2:45 Daycare Center Visit -
NEWARK
4:30 – 5:20 Weibel School, 45135 South
Grimmer Blvd., FREMONT
5:50 – 6:40
Booster Park, Gable Dr. & McDuff Ave.,
FREMONT

Wednesday, Apr 1
12:45 – 2:15 Glenmoor School,
4620 Mattos Drive, FREMONT
2:45 – 3:45 Mission Hills Middle School,
250 Tamarack Dr., UNION CITY
4:00 – 4:30 Purple Lotus Buddhist
School, 33615 – 9th St., UNION CITY
6:00 – 6:30 Camellia Dr. & Camellia Ct.,
FREMONT

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(408) 293-2326 x3060**

Wednesday, Apr 1
1:45-2:15 Friendly Village Park, 120
Dixon Landing Rd., MILPITAS

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**Ena Martinez
HAIR STYLIST**



BY NAVYA KAUR

For the fourth time, Temple Beth Torah (TBT) in Fremont will be hosting Magique Bazaar’s “Night of Illusion Theater,” where audiences can enjoy comedy, acrobatics, and magic... all in one night.

The show on Saturday, March 28, features 12-time award winning Bay Area illusionist Michael Stroud. Stroud, also known as Magic Mike or Majinga the Magician, has been featured on various radio and televisions shows across the U.S., Japan,

Europe, and India and has appeared on PBS, NBC, and The Science Channel. As the author of several magic books and headline entertainer in 12 countries, Stroud intends to bring new, electrifying illusions to TBT’s event.

Along with Stroud’s performance, the show will feature Chinese magic for the Year of the Ram, Magic Genii, and Lolo Minako.

This event has been a huge success in past years and tickets sell out quickly. Prices are \$15 for general admission and \$50 for a family 4-pack. Reserved seating costs \$36 and the funds help support TV/TC Midrasha, an innovative and empowering program for Jewish teenagers ages 8 through 12 in the Tri-City and Tri-Valley areas. Visit <http://www.tbtevents.com/> to purchase tickets.

Night of Illusion Theater

Saturday, Mar 28

7 p.m. - 9 p.m.

Temple Beth Torah

42000 Paseo Padre Parkway, Fremont

(510) 656-7141

www.tbtevents.com

<http://magictimeproductions.com/index.php/michael-stroud.html>

Tickets: \$15 general, \$36 reserved seating, \$50 Family 4-pack

StarStruck Theatre Celebration

SUBMITTED BY LORI STOKES

You’re invited to “Anything Can Happen... If You Let It” — StarStruck Theatre’s 20-year celebration and fundraiser on Saturday, May 30. We will gather at the beautiful Niles Veterans Hall located in Historic Niles. The evening will include a no host bar, gourmet buffet dinner by PBS Catering, and exciting auctions. Tickets to the event are \$80 per person.

Highlight of the evening will be a magical musical trip down memory lane, featuring video clips and live performances from your favorite StarStruck stars, reliving favorite moments from the last 20 years. To cap off the evening, we will have a special performance by the cast of Mary Poppins.

So please join us as we celebrate 20 years of ex-

ceptional musical theatre magic and come ready to support your local youth theatre. All proceeds help us continue to bring exceptional musical theatre to our community and arts educations programs to over 6,500 Tri-City students each year. StarStruck is a 501(c) (3) non-profit organization.

StarStruck Theatre Celebration

Saturday, May 30

6 p.m. – 10 p.m.

Niles Veterans Hall

37154 – 2nd St, Niles District, Fremont

(510) 659-1319

Tickets:

<http://www.starstrucktheatre.org/starstrucks-20th-anniversary-celebration/>

\$80 per person

Community supports Abode Services' efforts to end homelessness

SUBMITTED BY
PAUL T. ROSYNSKY

Abode Services was pleased to welcome more than 400 supporters to its tenth annual Journey Home Breakfast Fundraiser on March 5, as the not-for-profit gathered essential donations to further its mission of ending homelessness in Alameda and Santa Clara counties.

"Abode Services is successful because, over the years, community members have invested in our work," Executive Director Louis Chicoine said. "We need the community to partner with us so we can continue to make a real difference in the lives of people in need. The Journey Home Breakfast offers us an opportunity to let our friends and neighbors know how important and meaningful their continued support is."

Community members generously made donations or pledges during the breakfast that will help Abode Services continue to serve more than 4,400 adults and children each year. The yearly breakfast, held in the ballroom of the Fremont Marriott, also gave Executive Director Louis Chicoine an opportunity to share the organization's vision for ending homelessness by using the most proven and innovative approaches.

"What makes Abode Services different is our commitment to learn, and to make changes to programs to ensure we are doing what works," Chicoine said. "I'm proud to lead an agency that is now being asked to do more and more. Abode Services is actively increasing its impact on the problem of homelessness."



Abode Services Executive Director Louis Chicoine and Fremont Mayor Bill Harrison



Abode Services Executive Director Louis Chicoine, Breakfast Emcee David Bonaccorsi, and Abode Services Associate Director Vivian Wan



Abode Services Service Coordinator Pamela Stavenger Nash, Abode Services Participant and Breakfast Speaker Donnisha Udo-Onkon, and Abode Services Community Outreach Director Jean Morgan



Alameda County Supervisor Richard Valle, Union City Councilmember Emily Duncan, and Union City Kids Zone Executive Director Nancy George

Among the innovative solutions discussed during the breakfast was Santa Clara County's selection of Abode Services as the lead agency in a new Pay for Success program. The program will be one of the first in the nation to use social impact bonds to house chronically homeless individuals.

At the breakfast, representatives from congressional offices, local city council members, the area's faith-based communities, and other residents shared a meal and learned about the powerful impact

Abode Services has on the area. Several Abode Services participants shared their stories in a video and in a personal speech, including: A California State University East Bay graduate and foster youth, who overcame homelessness as a student, to earn a Bachelors of Science degree in criminology. A father with a teenager who struggled to find a home while working part-time and attending school. A man living with mental health concerns who was home-

less and without access to medical care, until he connected with the Abode Services HOPE Project Outreach Team. You can read about their stories and watch the video online at www.abodeservices.org. The Journey Home Breakfast was generously sponsored by the Fremont Bank Foundation; Kaiser Permanente; 8x8 Inc.; Mean Well USA, Inc.; BKF Engineers; Digital Nirvana, Inc.; Gonsalves & Kozachenko; Palo Alto Medical Foundation; Sisters

of the Holy Family; Thermo Fisher Scientific; Washington Hospital Healthcare System; Bernard, Balgley & Bonaccorsi, LLP; Focus Business Bank; Hayward Tri-City Alumnae Chapter of Delta Sigma Theta Sorority, Inc.; Symantec; Wells Fargo; and Whole Foods Market Fremont. To learn more about Abode Services, the Journey Home Breakfast and how the community can continue to help programs ending homelessness, please visit www.abodeservices.org.

Crossroads Church kicks-off construction



SUBMITTED BY
KAREN MCGOVERN

What's all the commotion on Fremont Boulevard in the Irvington District? Crossroads Church has begun a construction project for its new Worship Center! Nearly 1,000 attendees came together on the weekend of February 14-15 for the "ground-breaking ceremony," where each person was able to dig a hole into the ground on which the new facility will sit. The building will provide about 31,000 square feet of meeting and gymnasium space in the heart of Irvington District in order to embrace more people seeking a relationship with Christ and to provide more seating for the three

Christian worship events held every weekend. It will also serve as a place for community events and after-school programs. This project, which has been several years in the making, would not have been possible without the support and assistance of the City and generous donations and faithful service of Crossroads members. All of the community is invited to any of the three services held every Saturday at 5:15 p.m. and Sundays at 9:30 a.m. and 11:15 a.m. Crossroads Church is located at 41386 Fremont Blvd., at the corner of Fremont Blvd and Adams Ave. To learn more about Crossroads, please visit www.crossroadsfremont.org.



City of Fremont News Briefs

SUBMITTED BY CHERYL GOLDEN

Solar Permits on the Fast Track; New Express Permit Counter

More and more Fremont residents and businesses are choosing to install solar as a way to manage their utility costs while helping the environment. And with the City's new fast track permits for solar, the process is quicker and easier than ever. The City of Fremont's Permit Center is now offering over-the-counter PV solar

plan review and permitting on Wednesdays from 8:30 a.m.-12 p.m. (maximum of two projects per customer, although you may get back in line to submit additional projects if time permits). The streamlined solar permitting process is just the latest example of the Development Service Center's commitment to customer service. Customers can also take advantage of the "Express Permit Counter" for HVAC and water heater replacements in the same location; window replacements; re-roofs; home occupation permits; termite damage repairs; minor electrical repairs (addition of 1 circuit);

gas line repair, new gas line for range or fi replace if direct from meter to appliance, water re-piping, drain line repairs if within the footprint of the home; electrical service upgrades (<200 amps); and processing of re-inspection and overtime inspection fees. For more information on the new solar permitting process, please visit www.Fremont.gov/SolarPermits and for more information on the new Express Permit Counter, visit www.Fremont.gov/ExpressPermits. **Spring and Summer Day Camps** Check out the City of Fremont's School Break Camps. We've got

everything your child needs to stay active, healthy, engaged, and having fun all day long! From science, nature, and academic enrichment, to sports, drama, theater, dance, cooking, and everything in between – you name it, we've got it! Camps vary in length from a couple hours to a full day. Many have extended care options available. Register now for our Spring Break Camps, which take place April 6-10. For more information, please visit www.Fremont.gov/DayCamps or register online at www.RegeRec.com. **Beware: Scams Targeting Our Community** Over the last couple of years

we have seen a rise in telephone scams targeting our community. While the scams have varied in origin, they all commonly require the victim to obtain a Money-Pak®, Green Dot Card, money gram or other type of payment method to avoid a penalty. If you or someone you know receives a call where you are instructed to make a payment and threatened with arrest, deportation or something similar, it is likely false. Almost all government agencies communicate by mail and DO NOT collect debt payments via the telephone. To learn more visit www.FremontPolice.org/Scams.

What is School Readiness?

By LINDA-ROBIN CRAIG

The big question is not “Is my kid ready for school?” according to San Leandro Unified School District (SLUSD) Superintendent Mike McLaughlin. “Preschoolers soak everything up. There is so much we can do as parents and educators in playful, fun, exciting ways to nurture the creativity and love of learning in young children.” Rather, says Sonal Patel, director SLUSD’s Department of Teaching, Learning, and Educational Equity, ask “Are schools and educators ready to serve our youngest learners?”

School readiness is often seen as a set of academic skills that our children either have or don’t have, but Patel wants to challenge that idea. “We want to provide a caring venue and opportunity for parents and teachers to discuss what school readiness is – for the child, the family, the school community, and the community at large,” she said. “By creating learning environments that value socio-emotional and culturally responsive teaching and learning, families, teachers, and school administrators not only offer a smooth transition into school, but also build a two-way road on which families and school staff can look after our youngest students.”

To that end, SLUSD is hosting an early learning forum on March 28 that includes workshops for parents and teachers of young children, “School Readiness: Is your child ready? Are you? Teachers, are your classrooms ready?” The forum is free and childcare is available.

The day will contain lots of hands-on activities, providing fun strategies to make

sure children are getting good, quality educational experiences. Workshops on cardboard creations and STEM (science, technology, engineering, math) activities, in-classroom de-stressing exercises for teachers, interactive and engaging reading activities, and how to appreciate and work with your child’s emotional temperament



Broadmoor Cooperative Preschool Co-director Dale Gregory will be among forum participants.

are just a few of the offerings.

Robin Michel, a communications outreach specialist involved in making this very special, first-time forum available, stressed the importance of registering online as early as possible as there will be choices of workshops to attend, each about an hour in duration with panel discussion



Children’s author and early childhood education professor JaNay Brown-Wood will be available for book signing.

presented during lunch. Registrants will be asked to select their top three choices of workshops to participate in; first come first served. The first 75 registered will receive a free book bag.

Speakers and presenters include San Leandro Mayor and former preschool director Pauline Cutter; Alameda County Office of Education Superintendent L. Karen Monroe; SLUSD Directors Victoria Forrester, Student Services, Special Education and Community Wellness and Sonal Patel, Director of Teaching, Learning and Educational Equity. Additional guests include Broadmoor Cooperative Preschool Co-directors Dale Gregory and Colleen Trujillo; Dr. Julie Nicholson, Director, Center for Play Research, Mills College; Michelle Grant-Groves, Founding Director, Inquiry, Intention and Innovation (I.3) Institute; Linda Olivenbaum, Director, California Early Childhood Mentor Program; and children’s author and early childhood education professor JaNay Brown-Wood, who will be available for book signing during lunch.

All are welcome to attend and participate in the forum; it is not limited to SLUSD parents and educators.

This event is made possible through funding from First 5 Alameda County, with generous support from the Thomas L. Long Foundation. Sponsors include Kenneth Pon CPA, East Bay Agency for Children, Kidango, and Lakeshore Learning.

For workshop information, or to register online, please visit the district website: www.sanleandro.k12.ca.us. Times and workshops are subject to change.

School Readiness
Saturday, Mar 28
8:30 a.m. - 2:30 p.m.
Jefferson Elementary School
14300 Bancroft Ave, San Leandro
www.sanleandro.k12.ca.us
Free

Event Schedule:

- 8:30 a.m. - 9:00 a.m.: Welcome, sign in, continental breakfast
- 9:00 a.m. - 10:00 a.m.: Workshop I
 - Building Strong Foundations: Making the Connections between Play and Later Academic Success (parents and teachers)
 - Cardboard Creations: Using Project Based Learning and STEM Activities to Spark Creativity and Learning (teachers and youth service providers)
 - Yoga in the Classroom
- 10:10 a.m. - 11:10 a.m.: Workshop II
 - Cardboard Creations: Using Project Based Learning and STEM Activities to Spark Creativity and Learning (teachers and youth service providers)
- 11:15 a.m. - 12:00 p.m.: Workshop III
 - Exciting, Engaging, and Interactive Reading: Children’s author JaNay Brown-Wood presents strategies to excite and engage young readers and pre-readers
- 12:15 p.m. - 1:30 p.m.: Lunch, Keynote, Panel Discussion



Sonal Patel, director of Teaching, Learning, and Educational Equity, works with a student.

Blood Drive

SUBMITTED BY MICHAEL L. EMERSON

AMVETS (American Veterans) Hayward Post 911 is sponsoring a Blood Drive on Saturday, April 4 in Hayward. To schedule your appointment, or for more information, visit redcrossblood.org and enter sponsor code: AMVETS or call 1-(800)-RED-CROSS (1-800-733-2767).

If you have questions regarding your eligibility to donate blood, please call 1-(866)-236-3276.

AMVETS Hayward sponsors Blood Drive
Saturday, Apr 4
10 a.m. – 4 p.m.
Hayward Veterans Memorial Building
22737 Main St, Hayward
1-(800)-RED-CROSS

Deadlines for scholarships nearing

SUBMITTED BY SHIRLEY SISK

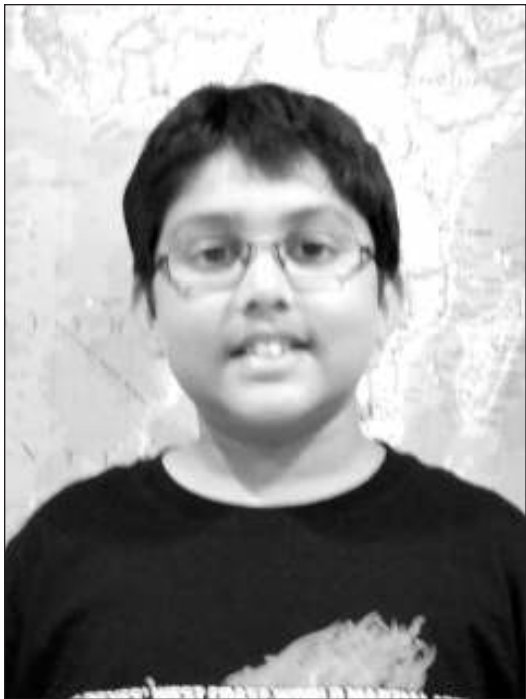
The League of Volunteers (LOV) and the Newark Arts Council will present four scholarships to graduating seniors who are residents of Fremont, Newark and Union City. These include the Dan and Marie Archer Scholarship for fine arts (painting or drawing) and photography at \$250 each, and the Fred Jueneman/Newark Arts Council Scholarship for music for \$500, which can be instrumental or vocal.

Deadline for the fine arts scholarships is Monday, April 27. Applicants for the music scholarship will be required to audition on Saturday, May 2. The fine arts and photography applicants must submit three finished products for judging along with the application.

The LOV Board of Directors will present the Michael Gendreau scholarship (\$250) for community service, due Monday, April 6. Applications were sent to all schools in the Tri-Cities mid-February. They can also be downloaded at www.lov.org or picked up at the LOV Community Service Center, located at 8440 Central Ave., Ste. A/B, Newark. For more information on criteria or for applications, call LOV at (510) 793-5683.

Chadbourne student going to California State Geography Bee

SUBMITTED BY SARODA CHATTOPADHYAY



Kushal Chattopadhyay, a Joshua Chadbourn Elementary School sixth grader from Fremont, will be participating in the California State Geography Bee on Friday, March 27, in Fresno.

To be eligible to participate in the State Geography Bee, Kushal had to win a school wide Geography Bee at Chadbourn Elementary and then take a written qualifying test. Questions ranged from political, economic, cultural, physical geography, to much more.

The state Bees are the second level of the annual National Geographic Bee. The state champion will receive \$100, and an all-expenses-paid trip to Washington, D.C., to represent California in the national championship of the 27th annual National Geographic Bee at National Geographic Society headquarters, May 11-13.

Local student to compete in State Geographic Bee

SUBMITTED BY BRIAN KILLGORE

Fremont Unified School District (FUSD) is proud to announce that 5th-grader Sumukh Murthy of Weibel Elementary School has qualified to compete in the state level competition of the National Geographic Bee on March 27, at CSU Fresno, where Sumukh will have the opportunity to advance to the National Competition. The National Geographic Bee will be held May 11-13 in Washington, D.C. Good luck Sumukh!



SPORTS

Intro to curling

SUBMITTED BY SAN FRANCISCO BAY AREA
CURLING CLUB

yareacurling.com/learn. Clinic costs \$20 for adults and \$15 for juniors 21 and under. For more information, contact learntocurl-sanjose@bayareacurling.com.

Intro to Curling Clinic
Thursday, Apr 2
7:30 p.m. – 9:45 p.m.
Sharks Ice at Fremont

44388 Old Warm Springs Blvd, Fremont
learntocurl-sanjose@bayareacurling.com
www.bayareacurling.com/learn
\$20 (adults); \$15 (21 and under)

Throughout the year the San Francisco Bay Area Curling Club and Sharks Ice offer many low-cost curling clinics, usually at the start of each season. Curling Clinics are a comprehensive introduction to the Olympic sport of curling. You will learn the basics of the game, a bit of curling history, and technical fundamentals.

Curling Clinic will be held on Thursday, April 2 at Sharks Ice at Fremont. To sign up, visit [www.ba-](http://www.ba-yareacurling.com/learn)

Women's Basketball

California Community College Athletic Association (CCCCAA) State

Women's Basketball Championship, Sunday March 15 at Cerritos College, Norwalk, CA

Chabot (31-3) 63, Mt. San Antonio of Walnut, CA (34-1) 58
Chabot is coached by Mark Anger

Baseball

Pioneer Report

SUBMITTED BY
STEVE CONNOLLY

East Bay Snaps Skid

The Cal State East Bay baseball team snapped its five-game losing streak with a 5-2 win over visiting Cal State Dominguez Hills on March 13th in the opener of the four-game California Collegiate Athletic Association (CCAA) series between the two squads.

The Cal State East Bay baseball team rallied for five runs in its final two at bats to secure a 5-2 victory over visiting Cal State Dominguez Hills in the second game of a March 14 California Collegiate Athletic Association (CCAA) doubleheader.

Pioneers Capture Series with win over Dominguez Hills

The Cal State East Bay baseball team defeated visiting Cal State Dominguez Hills by a final score of 3-1 on March 15th to secure its first series victory of the season in California Collegiate Athletic Association (CCAA) competition.



Pope was outstanding in March 13 win, allowing two runs and striking out seven in eight innings



Leadoff man Marcus Wise was the offensive star on March 15 with two hits, two RBI, and a run scored.



Kochan led CSUEB with two hits in the second game of March 14 doubleheader, including a go-ahead two-run single



East Bay's tournament title run denied by Dominguez Hills

Cal State East Bay women's basketball fell to No. 1 seed Cal State Dominguez Hills 76-57 in the California Collegiate Athletic Association (CCAA) Tournament title game on March 7th inside Stockton Arena. Senior Stephanie Lopez and junior Tori Breshers became the first two players in Pioneer history to be named to the CCAA All-Tournament Team following the championship final.

Stephanie Lopez scored 20 points in the finals of the CCAA Tournament

Cross nets five goals in loss to Harvard

Women's Water Polo

Cal State East Bay women's water polo dropped a 15-8 decision to Harvard on March 18th under the lights at Pioneer Pool. Early on it was Taylor Cross helping the Pioneers keep pace scoring four of her game-high five goals in the first half.

"My goal was to get into set, be patient, and wait for the ball to come around. The team did a really good job tonight with its ball movement," said Cross. "I don't think (Harvard) was expecting us to be as strong as we were in set."

It was all about offense in the first half with the teams combining for 14 scores over the opening 16 minutes of play. On three different occasions in the first quarter Cross scored to bring the Pioneers to within a single goal.

East Bay's Alyssa Hess scored one of the team's three player advantage goals. Simonne Call also scored in the loss.



Taylor Cross contributed season bests of five goals & four drawn ejections against Harvard.

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*sign up for full weeks and 2nd
child is 50% off; Family off 3 or
more for full week is \$200 flat

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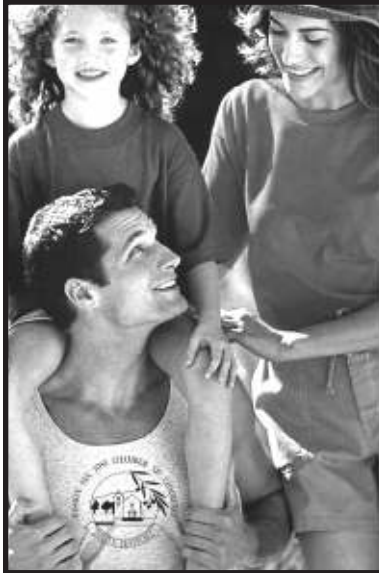
\$50 per day / \$210 week

*sign up for full weeks and 2nd
child is 50%off; Family of 3 or
more for full week is \$400 flat

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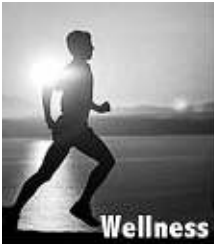
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Holy Spirit Spartans do it again!



SUBMITTED BY LOUIS BENNETT

On March 8, 2015 the Holy Spirit 6N-1 Spartans, affectionately known as the “Mighty Ten,” won the coveted 6th grade CYO National Invitational Tournament of Champions held in Brentwood. 6N-1 Holy Spirit Spartans are the first National Basketball team in CYO/ MVAL (Mission Valley Athletic League) history to win ‘back to back championships,’ having won the 5th grade tournament last year.

The Spartans faced fierce and superb competition from the SAC League (Transfiguration Purple) and West Diablo League (St. Mary’s #1 & St. Mary’s

#2) to win the Championship. Final score – Holy Spirit Spartans- 31, St. Mary’s #2- 18

6N-1 Spartans are Joe Lafontaine, Tarun Parapagoudar, Shawn Waters, Cole Lewis, Cole Dixon, Suparn Sathya, Noah Hoskinson, Louis Bennett, Logan Greer and Adam Kostecka

Holy Spirit Coaches are Rob Paglieri (Head Coach), Tom Greer (Lead Assistant Coach), Louis Bennett (Assistant Coach) and Ken Dixon (Assistant Coach).

Holy Spirit Athletic Director is Alex Radich

The Holy Spirit 6N-1 Spartans “bring home the bacon” Part Two!

Softball

Pioneer Report

SUBMITTED BY SCOTT CHISHOLM

Solid Pitching gives softball split

Cal State East Bay earned its fifth straight split on March 13th to open California Collegiate Athletic Association (CCAA) play taking game two 7-1 over No. 24 ranked Sonoma State at Seawolf Softball Field. Starting pitchers Sierra Clark and Tatiana Beilstein put the Pioneers in position to win both games.

East Bay suffers walk-off defeats

Cal State East Bay was on the short end of one-run games on March 14th at Seawolf Softball Field dropping 2-1 and 4-3 decisions to No. 24 Sonoma State.



Tatiana Beilstein (L) & Sierra Clark (R) allowed only two runs in 13 combined innings on March 13th

Vikings overwhelm Gaels



Softball

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW



The Irvington Vikings softball team beat the Dublin Gaels, 12-7 on March 17th with hot bats and good defense. Opening the game with four runs in the first inning, the Lady Vikings produced hits at just the right time, continuing their assault with two more runs in the



second inning. Following with four more runs in the fifth inning, the Gaels were unable to keep pace. With 13 hits for the day and great base running, the Viking attack was unstoppable. Delaney Phipps had a great day at the plate, hitting .333 for the day.



Vikings vanquish Mariners

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Irvington Vikings were dominant in a March 20th contest with the Moreau Catholic Mariners, blanking the visitors 7-0. However, the final score was not indicative of the quality of play as matches were peppered with great shots and hard fought sets.

A great battle between Jay Pandit and Sina Abdollahian ended in victory for Pandit with well placed corner shots; Pandit won 6-4 6-2. Amarinder Chahal beat Rohan Divate 6-1, 6-4 and in the third match, Chris Fan put on great performance to beat Aniruddh Mandalapu 6-0, 6-4. Hami Rath battled hard to beat Andika Dharina 6-2, 6-1.

Doubles play also saw great action as Chew/Peng beat the team of Venkay/Ugalde 6-1, 6-1 and Team Phan/Huang showed their speed to beat Chong/Boparai 6-2, 6-3. The combination of Polokam/Gopi was too much for Vermikoff/Gatdula 6-1, 6-2.

Softball

Madness at Central Park

PHOTOS BY DON JEDLOVEC

March Madness not only occurs on the hardwood across the nation, but also at Central Park in Fremont as softball teams gather to celebrate the beginning of Spring. Scores from the March 14-15 March Madness Tournament hosted by the Ohlone College Renegades follow:

- Ohlone 12, Los Medanos 4
- Solano 10, Ohlone 1, (5 innings)
- Ohlone 15, Feather River 7 (6 innings)
- Ohlone 9, Gavilan 8
- Siskiyous 14, Chabot 5 (5 innings)
- Butte 11, Chabot 2 (6 innings)
- Merced 12, Chabot 6
- Solano 9, Chabot 1 (6 innings)



Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Free CERT Community Emergency Response Team Program

SUBMITTED BY HAYWARD FD

When a disaster strikes, do you know what to do before professional help arrives? The Hayward Fire Department (HFD) is providing a free CERT Training Program which will consist of four evening indoor classes and one outdoor “hands on” skills class. Participants learn skills that will enable them to provide emergency assistance to their families and immediate neighbors as well as organize a neighborhood team response. Training will begin during the month of April, 2015 at City Hall.

Dates and times are as follows:
Class #1, Monday, April 6, 6:00 p.m. - 9:30 p.m. @ Hayward City Hall
Class #2, Monday, April 13, 6:00 p.m. - 9:30 p.m. @ Hayward City Hall
Class #3, Monday, April 20, 6:00 p.m. - 9:30 p.m. @ Hayward City Hall
Class #4, Monday, April 27, 6:00 p.m. - 9:30 p.m. @ Hayward City Hall
Skills Class #5, Monday, May 4, 6:00 p.m. - 9:30 p.m. (Fire Station #6 W. Winton)

You must attend all classes in order to receive certification. CERT training is for all City of Hayward and Fairview residents. Residential verification will be required during the final application process and all applicants must be 18 years-of-age or older.

Residents who are interested in this free training can sign-up by sending their name, phone number and address by email to Hayward.CERT@hayward-ca.gov. Space is limited. Successful applicants will receive notification by email acknowledging enrollment into the program and further directions.

If you do not have internet access or to request further information, call the Hayward Fire Department’s Public Education Officer at (510) 583-4948.

CERT Training Program
Monday: Apr 6, 13, 20, 27 6:00 p.m. - 9:30 p.m.
Hayward City Hall
777 B St, Hayward

Monday, May 4 (Skills Class)
6:00 p.m. - 9:30 p.m.
Fire Station #6
1401 W. Winton, Hayward
(510) 583-4948
CERT@hayward-ca.gov
Free

Fremont City Council

March 17, 2015

Consent:

- Second reading of ordinance rezoning property at 42232 Mission Blvd. from Open Space to Preliminary and Precise Planned District.
- Initiate vacation proceedings for 800 San Marco Ave.
- Authorize payments for use of Public Safety Radio Communications System, July 1, 2014 through June 30, 2015 in the amount of \$255,000.
- Authorize receipt of State Homeland Security Grant for air monitoring Plume Monitoring Software in the amount of \$83,930.
- Accept 2014 CERT grant funds of \$30,000 from Alameda County Sheriff’s Dept.
- Authorize extension of Letter of Credit for Series 2012B Variable Rate Demand Certificates of Participation.

Public Communications:

- Citizen complaints about construction at 42754 Palm Ave. Lack of permits, view, sunlight obstruction and privacy were cited.
- A representative of the Cypress Mandela Training Center spoke about the new facility in Union City that provides training for trades and life skills.
- Representative of League of Women Voters introduced “Sunshine Week” advocating transparency in government and a primarily favorable critique of Fremont City Council.

Representative for Rep. Bill Quirk’s office spoke of Woman of the Year event and March as Science Fair Month.

Items Removed from Consent:

- Second Reading: Ordinance to rezone property at 37899 Niles Blvd. from Light Industrial with Historical Overlay to Preliminary and Precise Planned District with Historical Overlay. Citizens spoke of unresolved issues including parking, massing, soil stability and traffic. Approved 3-2 (Nay: Bacon, Mei)
- Second Reading: Affordable Housing Ordinance. RISE Coal-

tion members spoke of the need for affordable housing. Increase of rental developer fee from 12.9% to 13.4% and applicable fees for other housing types. Modification approved 3-2 (Nay: Bacon, Mei)

Approve Warm Springs/South Fremont Community Plan Planning Area 4 Master Plan and Development Agreement with Lennar. Item regards development of 2,214 Residential Units and approximately 1.4 million square feet of commercial/industrial units for 111-acres. In accordance with the modification of the Affordable Housing Ordinance, adjustments will be made to the number of units, but the basic outline of the development remains the same. Provisions for construction of Class A office space, approximately 286 affordable residential units, an urban school, 4-acre community park, Innovation Way Job Center Corridor, 5 acres of urban parks/plazas and participation in Transportation Management Association. Lennar cites use of smart growth, solar power, diverse housing and employment. Following infrastructure development in the first phase planned for 2017, second phase development will include an urban school, for sale homes, affordable apartments, multi-family apartments and an urban park; details and scale to be determined.

Housing advocates requested a stronger development agreement and targeted hiring favoring local contractors as well as “ban the box” which eliminates questions about criminal conviction on application forms. Councilmember Bacon expressed disappointment with the emphasis on immediate housing construction while leaving office pads open for later development. He felt that as a jobs center, construction of office/industrial should also be a priority. Approved 4-1 (Nay: Bacon)

Mayor Bill Harrison Aye
Vice Mayor Suzanne Lee Chan Aye
Vinnie Bacon Aye (2 Nay)
Lilly Mei Aye (1 Nay)
Rick Jones Aye

TAKES FROM SILICON VALLEY EAST



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.
To subscribe to all blog posts scan this QR Code or visit ThinkSiliconValley.com/silicon-valley-east

Bringing the Next “Makerspace” to New Territory—Our Community & the K-12 Classroom

By GRACE KARR,
EDUCATION MANAGEMENT
PROFESSIONAL AND
BOARDMEMBER,
FREMONT CULTURAL ARTS
COUNCIL

With well regarded schools and a recent ranking as the second most inventive city in the US, the City of Fremont has the ingredients of a thriving Maker Education scene. Yet a quick scan of the official Maker Education clubs (<http://makered.org/youngmakers/get-started/club-directory>) in the nine Bay Area counties shows that out of the 40 listed sites, none are located in Fremont. Why is this? Let’s examine the importance of “Maker Ed” and ideas for better integrating this movement into our city and the K-12 curriculum.

First, it may help to describe the Maker Movement, which gained momentum after the first Maker Faire (<http://makerfaire.com>) was held in San Mateo in 2006. Makers create, build, and invent things by using tools such as robotics, 3-D printing, electronics, soldering irons, arts and crafts, etc. Since many tools are now available to consumers that were once only found in factories, people have the freedom to “manufacture” at the individual level. The Maker movement is similar to the DIY scene, though it often includes STEM fields in addition to art (which changes the acronym to STEAM). I consider “Art” to be a crucial element because it brings in the creativity, self-expression, and “thinking out of the box” to the process that can lead to more innovative outcomes and deeper learning.

Maker Education (<http://makered.org>) brings these same types of projects to young people, helping them to learn through hands-on, self-directed projects. This approach can inspire children in subjects such as science, taking

them beyond abstract knowledge, and providing concrete learning experiences. Simply put, building things can be incredibly fun and engaging for young makers. It also helps students to synthesize and understand multiple subjects in more complex ways than, for example, a worksheet. While making things with our hands has become much less common than it used to be, activities such as taking machines apart and tinkering with materials provides a valuable foundation for many fields such as engineering and architecture.

The act of creating concrete objects is essentially a problem solving process, and so learning how to find solutions is another nice outcome of Maker Education. Maker Education often goes hand in hand with teaching students to use “Design Thinking”. This framework helps formalize problem solving and creative processes used in Maker Education. It is a tool in many real world settings, for example, urban planning. Stanford’s business school has a course in Design Thinking (<http://www.gsb.stanford.edu/execution/dtbc>) to help executives learn to be innovative. Learning Design thinking (<http://www.design-thinkingforeducators.com>) can promote useful skills in students of all ages, such as collaboration with others, brainstorming solutions, providing feedback and creating prototypes, among other real world skills.

The Maker Movement seems to be surging in popularity; even the White House held a Maker Faire in June of last year. Given Fremont’s emphasis on clean technology and advanced manufacturing, I look forward to supporting efforts to bring our City’s unique flavor to Maker Education. With new plans for expansion of Fremont’s Innovation District in Warm Springs, now is the time to lay the groundwork for tomorrow’s workforce.

Unfinished Business:

Receive oral report on current crime data for the city of Milpitas. Select crime data statistics included murder (1), forcible rape (14), robbery (52), aggravated assaults (45), burglary (350), motor vehicle theft (327) and arson (9).

Reports of Mayor and Commissions:

- Approve recommendation from the Parks, Recreation and Cultural Resources Commission to install a memorial plaque and name a dugout within the field in honor of late little league player Christian Dalugdug. (4 aye, 1 nay: Mayor José Esteves)

- Receive presentation and approve 2015 work plan of Veterans’ Commission.

New Business:

Receive construction progress from Santa Clara Valley Transportation staff on update of Bay Area Rapid Transit extension project, the budget of which has been reduced to \$2.5 million. Mayor José Esteves:Aye, 1 Nay
Vice Mayor Carmen Montano: Aye
Debbie Giordano Indihar: Aye, 1 Nay
Garry Barbadillo: Aye
Marsha Grilli: Aye, 1 Nay

Milpitas City Council Meeting

March 17, 2015

Consent:

- Adopt a resolution granting final acceptance of South Main Street median improvements.
- Approve a new capital improvement project for lower Penitencia Creek pedestrian trail bridge in the total amount of \$834,500.
- Authorize city manager to execute amendment to agreement with CSG for fire department plan review and inspection services for fiscal year 2014-15, raising amount by \$75,000.
- Authorize payments to Burton Fire for invoices totaling \$28,162.65

Items Removed from Consent:
Adopt a resolution annexing certain real property into community facilities and approve a subdivision improvement agreement with Lennar Homes in the amount of \$590,000.

Public Hearing:

Conduct a public hearing to adopt a resolution for amendments to the general plan to exclude residential building in the Town Center Zoning District. (3 aye, 2 nay: Grilli, Giordano)

OPINION



WILLIAM MARSHAK

Displacement

very low income people without adequate services or space. A lack of supportive services, integration with other sectors of the community and space to create a good quality of life led to bad things... the projects sank.

Cities and contractors are currently exploring the point at which housing density outweighs social behavior. Fremont is facing this problem by trying to find a balance between providing Low and Very Low income rental units at Warm Springs around BART and "Innovation Way" while delivering a vibrant mix of housing, office, retail and industrial uses. Lennar outlined its plan to build small units concentrated in one multi-story building of its housing, office complex. The carrot offered by the City is lower development fees for early construction but the stick of a failed social experiment in the name of affordable housing could be the result.

Inclusionary ordinances have been designed to integrate those in different economic strata and reducing the stigma for families receiving public assistance. In theory, a particular address or location is not associated with economic status and children and families would not be labeled as "them." By giving incentives to builders for small rental units that may be segregated, it is possible that we are achieving the opposite result. It seems that although Fremont is pushing for immediate construction of apartments for low and very low income families in Warm Springs, they also need to concen-

trate on future consequences if the quality of life for these people is diminished. In the heat of debate over the urgent need for housing, quality of life and future effects of high density should also be taken into account.

Pads ready for Class A office buildings are included in the Lennar scenario but the date of actual construction is unspecified. Housing appears to be the most lucrative segment of the plan and there is danger that the pads will remain just that. If the production of low and very low income housing dictates the pace and future of this development, will office space follow? Councilmember Vinnie Bacon raised some of these issues at the March 17, 2015 meeting and, in the rush to approve Lennar's plan, others on the council were reticent to delay consideration. We can only hope that such fears are groundless. Since developments of this magnitude are interdependent and rely on an approved Master Plan, critical review of future developments is vital. Let's hope this boat floats.

William Marshak
PUBLISHER

Heavy ships floating in water is an amazing phenomenon. Aircraft carriers, weighing thousands of tons, filled with personnel, planes and munitions sail the oceans of the world. The explanation is contained in one word... density. The key to this mystery is the density (and weight) of the boat in relation to the water surrounding it. If water displaced is equal to the weight of the ship, it floats. These are basic rules of physics and try as you might, a solid, compact bar of steel even if only a fraction of the weight of an aircraft carrier will invariably sink.

When applying the foregoing example to human density in living complexes, there are parallels. Housing projects that stack people tightly within large containers of brick and steel girders without adequate displacement for living, recreation and social activities can also sink. In the past, housing projects for low income people failed because they segregated and concentrated living spaces for low and

Burglary 101: Don't pocket-dial 911 in the act

AP WIRE SERVICE

MANKATO, Minn. (AP) — Authorities in Minnesota say three would-be burglars picked the wrong time to pocket-dial 911.

Blue Earth Sheriff's Capt. Rich Murry says a dispatcher took the call early Thursday morning and heard two voices on the other end. Murry says what she could hear of the conversation suggested the men were involved in a theft or burglary.

Murry says officers were able to use the 34-minute call to figure out where the men were. They and arrested them and a third suspect. He says one of the last things heard on the unintentional 911 call was, "I think I see the police," followed by sounds of running.

KTOE-AM reports Murry says officers found that a Mankato supply business had been ransacked, with cash and other items taken.

Information from: KTOE-AM, <http://www.ktoe.com>

As Explorer loses ground, Microsoft readies new web browser

BY BRANDON BAILEY
AP TECHNOLOGY WRITER

SAN FRANCISCO (AP) — Look out, Internet Explorer. After 20 years of competing against rival web browsers, Microsoft is close to launching its own alternative to its once-dominant Internet surfing program.

Microsoft has built a new browser designed for the modern web and mobile devices to go with its new Windows 10 operating system coming later this year. Explorer will still be available, but Microsoft hinted this week that its new browser will get top billing in the future. The company is looking for a new name that doesn't include the word "Explorer."

Analysts say Google's Chrome is now the world's most widely used web browser, but many businesses rely on web-based software that was built to work with Explorer. So Microsoft is likely to keep supporting both browsers for some years to come.

Bill allowing Tesla sales in Connecticut clears panel

AP WIRE SERVICE

HARTFORD, Conn. (AP) — A bill that would allow electric-car maker Tesla Motors to sell directly to Connecticut consumers is accelerating through the legislative process.

The General Assembly's Transportation Committee on Wednesday voted 25-to-3 in favor of the proposal, which is expected to be further negotiated as the legislative session continues.

If ultimately approved, the bill would take effect on Oct. 1.

Rep. Antonio "Tony" Guerrero, the committee's co-chairman, has been trying to negotiate a deal between Tesla and the Connecticut Automotive Retailers. He called the Tesla "one of the best cars" he's ever driven, but wants to make sure any final agreement doesn't "wipe out a whole other industry."

The car dealers claim the proposal would create a massive loophole in the state's current auto franchise law and put 13,000 jobs at risk.

PUBLISHER

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Supervisor Cortese meets with transportation officials

SUBMITTED BY
JANICE ROMBECK

During the week of March 16, Santa Clara County Board of Supervisors President Dave Cortese met with White House senior government officials on local and

regional transportation projects. Acting as Chair of the Metropolitan Transportation Commission, Cortese's meetings focused on funding for BART, including extending the rail system to Downtown San Jose and Santa Clara. Other topics included

High Speed Rail, Caltrain electrification and federal tax reform to create funding to restore crumbling roads and infrastructure. For more information, contact the Office of Supervisor Dave Cortese at (408) 299-5030.

Hayward City Council

March 17, 2015

Consent:

•The proposed ordinance adding article 20 to chapter 8 of the Hayward Municipal Code relating to establishment of Community Benefits District (CBD) was reintroduced. City Manager Fran David answered a few questions that were raised about CBD, which the public can access at www.hayward-ca.gov/city-government/city-council-meeting-s/rp/2015/cc031715-irapa01.pdf. Councilmember Francisco Zermeño moved for staff to come back for a work session for more property or business owners to be involved in the discussion; however, the motion did not pass. Councilmember Sara Lamnin moved to raise the

petition threshold to 50 percent instead of 30 percent. The motion passed with four votes, and the ordinance will be reintroduced at another City Council meeting. (Peixoto – Nay; Márquez, Jones – No vote)
•Council approved resolution appointing Councilmember Elisa Márquez to the Alameda County Mosquito Abatement District Board of Trustees.
•Council approved resolution accepting the written resignation of Anthony Beaman from the Personnel Commission.
•Council authorized City Manager to negotiate and execute a professional services agreement with Fehr & Peers for the Hayward Transit Connector Feasibility Study in an amount not to exceed \$300,000.
Work Session:
A baseline profile of businesses in Hayward's industrial corridor was reported by Micah Hinkle, Economic Development Man-

ager. According to the report, the baseline profile hopes to establish a clear picture of the businesses located in Hayward's industrial zoned area; create a database to identify major employers and track establishment and employment trends; and apply the database using a graphic information system to assess the existence of industry clusters. Six major industry sectors were identified: advance materials; biomedical, biotechnical and life sciences (Biotech); business and financial services; food and beverage manufacturing; information technology and telecommunications; and transportation and logistics.

Mayor Barbara Halliday Aye
Mayor Pro Tempore Greg Jones Aye, 1 abstention
Francisco Zermeño Aye
Marvin Peixoto Aye, 1 Nay
Al Mendall Aye
Sara Lamnin Aye
Elisa Márquez Aye, 1 abstention

Reward offered in homicide

SUBMITTED BY LT. ROBERT MC-MANUS, SAN LEANDRO PD

On Tuesday, February 17, 2015, the San Leandro City Council approved a \$25,000 reward for information about the unsolved homicide of 21 year old, San Leandro resident, Joel Ramirez that occurred in December.
On the morning of December 14, 2014 at 9:35am, SLPD responded to the 400 block of Kenilworth Ave., after receiving information about a vehicle parked in a driveway, with its engine running. When police arrived, they found Ramirez deceased in the driver's seat of the vehicle.
Initially, police did not release Ramirez's name, citing an ongoing investigation. Today, they believe that 21 year old, Joel Ramirez was the unintended victim in this homicide and was likely misidentified by his killer.
Police learned that Ramirez lived in the 400 block of Kenilworth Ave. with family members in a detached in-law unit to the rear of the main residence.
Joel Ramirez was born and raised in San Leandro. He was a 2012 graduate of San Leandro High School and was attending Chabot College, when he was killed. He worked at San Leandro's El Torrito Restaurant at the Marina, and had aspirations to

pursue a career in law enforcement – specifically serving as a police detective.

Police found that the main residence had been transformed into a large, illegal, clandestine marijuana cultivation operation, which police have determined that Ramirez had no involvement with. Police say that

there were 250 marijuana plants inside, valued at approximately \$60,000. However, the operation was capable of producing up to \$230,000 worth of marijuana each year. They do not believe that anyone lived in the main residence.
“Our detectives have explored several motives surrounding this case. We have no information showing that Joel did anything to deserve this. Our focus of the investigation has been directed towards the marijuana operation and those connected to it,” said Lt. Robert McManus. “From what we have learned, Joel was someone who you would want living next door to you.”
Detectives are searching for leads in the case that will hope-



fully identify the suspect responsible for this senseless act. Police believe that the \$25,000 reward will prompt someone with information to come forward to them. The payment of the reward is specific: it will be paid to the first person with information that leads to the arrest and criminal charging of the suspect responsible for Joel's murder.

Anyone with information is asked to please contact the San Leandro Police Department's Criminal Investigation Division regarding this case or any other case at (510) 577-3230.
Information may also be submitted anonymously by calling (510) 577-3278 or Text "Tip-SLPolice" to 888777

Obituary

Prima Jimenez

February 24, 1938 - March 17, 2015

Prima Jimenez, a resident of Union City passed away at 77 years of age on March 17, 2015. She was born Feb. 24, 1938. She immigrated to the US in 1962 as the first in her family. She was a licensed dietician at the St. Luke's Hospital in SE, CA. She was married by 1965, and after having her first child in 1966 she enjoyed being full time mother, and housewife.

Prima had the natural skills of a Interior Designer, Professional Chef, and a Seamstress – despite the shoestring budget she could make one feel like they walked into their Mansion, and had a 5 star meal waiting for them. As she was good with her hands, she also had a heart for kids, friends, family, and elders all around. Using her skills at home, she discovered that she could earn more money by selling garments, catering, babysitting which would further supplement her income, as she never forgot to also support the family she left back in the Philippines.

Eventually, while raising the kids she cared for Lady McNeil (owner of Tylenol) and saved enough money to purchase her first business in 1974. Lewelling Manor was a care home located in San Lorenzo. For the next 25+ years in this business she then acquired 5 more care homes for the elderly and the mentally ill acting as owner, manager, and mother for up to 200 residents and 60 employees. She had the ability to get to know and see them more than patients but as people who possessed natural skills themselves. She figured out who was her gardener, her carpenter, her electrician, and gave them jobs and purpose each day.

She never forgot where she came from, and how hard life is in the Philippines. She made sure to sponsor many to join her here and those who couldn't – she provided the means to pay for tuitions to complete their ed-



ucation ensuring everyone could reap the benefit of her hard work.

While busy, she managed to really enjoy life. Prima's hobbies included gardening, ballroom dancing, sightseeing, and the fellowship of family and friends. She was the friend you called in any time of need. She took such pride in her children, and her Grandchildren.

Prima is survived by her devoted husband Jimmy Jimenez, her daughter Eleanor Salvador Sales, her son Francisco Salvador, her adoring grandchildren Joel Jr and Jessica Sales, and her beautiful great granddaughter Jayla Kalina. Many will miss her.

Friends and family may gather to celebrate her life Wednesday, March 25, 2015 at Jubilee Christian Center, 175 Nortech Parkway, San Jose, CA from 11:15AM – 3PM.

Tri-City Cremation & Funeral Service
5800 Thornton Ave., Suite 400
Newark, CA
510-494-1984

ACOE awarded a \$2.3M federal grant

SUBMITTED BY PATRICK GANNON

The Alameda County Office of Education (ACOE) was recently awarded a \$2.398 million grant by the U.S. Department of Education (USDOE) to enhance the quality of charter schools by providing a support network for agencies that authorize and oversee charters. The grant, part of USDOE's National Leadership Activities Grant Competition, was awarded to only six organizations nationwide.
ACOE will be the lead in providing training, tools, best practices, and other resources to charter authorizing agencies across the state through the creation of the Charter Authorizers Regional Support Network (CARS Net). Charter schools, having the potential to provide unique learning environments with fewer restrictions, require oversight of the school district or County Office of Education that authorized them.
ACOE's network will serve California authorizers with six or fewer charter schools in their portfolio, which covers 92 percent of charter authorizers in the state, and 30 percent nationwide. Through the CARS Network, ACOE will provide critical resources that would be otherwise unavailable to districts and county offices of education, due to very limited funding for charter oversight.

American Legion honors Fremont Policemen

SUBMITTED BY JAMES HOLLABAUGH

Pursuant to its motto, “Veterans Still Serving America,” American Legion Post 837 awarded the Law Enforcement Certificate of Commendation and Medal of Merit to two Fremont Police Officers who have previously served in the military. Before a packed audience including Fremont Police Department Chief Lucero and other ranking officers, Commander Dick Wenzel made the awards to Officer Mike Gilfoy (U.S. Army) and Officer Al Francisco (U.S. Navy).

The ceremony took place at the Post's monthly meeting in the historic Niles Veterans Hall on February 17. Assisting Commander Wenzel was Vice Commander Jim Hollabaugh. For further information, visit www.Post837.org



(Left to right): Commander Dick Wenzel, Officer Mike Gilfoy, Officer Al Francisco, Vice Commander Jim Hollabaugh

LIFE CORNERSTONES

Birth

Marriage

For more information
510-494-1999
tricityvoice@aol.com

Obituaries



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Kwong Chi Lee
RESIDENT OF DUBLIN
December 24, 1936 – March 5, 2015

Gary Lee Stroud
RESIDENT OF FREMONT
May 28, 1953 – March 5, 2015

Ann P. Joly
RESIDENT OF NEWARK
May 27, 1928 – March 14, 2015

Jesus Onofre
RESIDENT OF UNION CITY
June 2, 1944 – March 16, 2015

Edward R. Byers
RESIDENT OF FREMONT
February 9, 1935 – March 18, 2015

Michael Fink
RESIDENT OF NEWARK
May 2, 1951 – March 19, 2015

Thomas Reynolds
RESIDENT OF FREMONT
June 28, 1928 – March 9, 2015

Ruben Lanuzo
RESIDENT OF HAYWARD
March 20, 1950 – March 19, 2015

Richard Geiselhart
RESIDENT OF FREMONT
January 4, 1932 – March 22, 2105



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Robert J. Margherita
RESIDENT OF FREMONT
November 26, 1934 – March 13, 2015

Satchandi N. Verma
RESIDENT OF UNION CITY
July 10, 1941 – March 13, 2015

John R. Frazee
RESIDENT OF FREMONT
December 19, 1926 – March 13, 2015

John R. Neto
RESIDENT OF FREMONT
November 23, 1933 – March 16, 2015

Lorraine M. Dino
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Three Feet for Safety law in effect

SUBMITTED BY CALIFORNIA
HIGHWAY PATROL

The California Highway Patrol is reminding motorists and cyclists that the “Three Feet for Safety” law went into effect as of September 16.

Under this new law, motorists are required by law to give at least three feet of space between their vehicle and the cyclist. In cases where this is not possible, motorists must slow to a speed that is reasonable and prudent, and must pass only when doing so will not endanger the cyclist.

The CHP’s primary message is to “Share the Road!” Motorists and cyclists alike have responsibilities to ensure everyone’s safety. Some safety tips include:

Bicyclists:

Ride with the flow of traffic, not against it.

Obey all traffic laws. Cyclists are subject to the same laws and fines as motor vehicles.

Be predictable, be visible, and stay alert at all times.

When traveling slower than other traffic, allow faster traffic to pass when safe.

Motorists:

Watch out for bicyclists. Cyclists have the right to use all roads except where specifically excluded (freeways, etc.)

Give at least three feet when passing, or slow down to a reasonable and safe speed.

Be patient. If a roadway is too narrow for a cyclist to share with a vehicle, the cyclist has the right to ride in the center of the roadway.

Remember to have respect for one another on the road. Everyone deserves to get to their destination safely.

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— In Our Care —

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Raymond Moore
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Gary Miller
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Obituary

Robert John Margherita

November 26, 1934 - March 13, 2015



Robert Margherita passed peacefully Friday, March 13, 2015, surrounded by his family in Fremont, California at the age of 80 years old.

Bob was born in 1934 in East Boston, Massachusetts, and later moved with his family to Willow Glen, CA where he graduated from Willow Glen High School in 1952. Bob was a successful high school baseball player with a love for the sport and his Boston Red Sox that lasted a lifetime.

After graduating from San Jose State University, where he was a member of the Delta Sigma Phi fraternity, he then continued to work alongside his Father and brothers, in the family masonry construction business, A.E. Margherita and Sons. Together they created many of the masonry buildings and walls around the Bay Area, including buildings at Marriott’s Great America. Bob was a lifetime member of the International Union of Bricklayers and Allied Craftsmen.

Bob also enjoyed teaching masonry through the apprenticeship program at San Jose City College, where he inspired many young talented masons.

He resided in Fremont, CA for 55 years, living on the family cattle ranch where he enjoyed gardening and growing vegetables. Bob suffered from Rheumatoid Arthritis for over 40 years, but never let his pain or disability interfere with enjoying his family.

He is survived by his wife of 55 years, Nancy Coelho Margherita, his daughters Lisa Margherita, Lynn Margherita, Lora Margherita Johnson (Chris), Lesli Margherita Stafford (Daniel), granddaughters Isabella and Maia Johnson. He is preceded in death by his parents Anthony E. Margherita and Margaret Marciano Margherita. He is also survived by siblings, Dr. Salvatore Margherita (Joanne-deceased), Cora Margherita Smith (Bob), Eugene Margherita (JoEllen), Joan Margherita Davis (Don), Grace Margherita Brusaschetti (Ron), Richard Margherita (Diane), and John Margherita. He is also loved by many nieces, nephews and longtime friends.

Family and friends are invited to celebrate a memorial Mass on Friday, March 20th, at 10am at the Chapel located at the Sisters of the Holy Family Motherhouse, 159 Washington Blvd. Fremont, CA 94539 (Palmdale Estates) followed by a reception immediately after. Burial is private.

Donations in his name are welcome to a charity of your choice, or to the Sisters of the Holy Family in Fremont.



Easter Schedule

Holy Saturday, April 4

8:00 a.m. Morning Prayer

3:00 p.m. Divine Mercy Novena

8:00 p.m. Easter Vigil, the Sacraments of Initiation and Liturgy of the Holy Eucharist

Easter Sunday, April 5

6:00 a.m., 7:30, 9, 11, 1:00 p.m. Holy Mass
(11:00 a.m. Mass Live Streamed via our website: HolySpiritFremont.org)

3:00 p.m. Divine Mercy Novena

Holy Spirit Church

 37588 Fremont Blvd., Fremont
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Fremont Symphony Orchestra

PRESENTS

West Meets East

A symphonic celebration of Fremont's Indian heritage

**Saturday, April 11
8:00 pm**

Michael Morgan, guest conductor

Smith Center at Ohlone College
43600 Mission Blvd., Fremont

Join us for this historic concert with guest conductor **Maestro Michael Morgan** in a world-embracing program with **Chopin's E minor Piano Concerto** featuring Young Artist Competition winner **Alice Zhu**, **Beethoven's Egmont Overture**, music by **Ustad Ali Akbar Khan** for symphony orchestra and traditional Indian instruments, a new symphonic work titled **Where Shadow Chases Light** by Indo-American composer **Juhi Bansal**, plus an energetic **Bollywood** medley with **Yoko's Dance & Performing Arts Academy**

Sponsored by: The Federation of Indo-Americans, The East Bay Community Foundation, The Woof Gang
Media Sponsor: Tri-City Voice

All are invited to a post-concert reception presented by the Fremont Symphony Guild

Season Sponsor

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NOYE'S FLUDDE

(Noah's Flood)



SUBMITTED BY FREMONT OPERA

Fremont Opera is back, this time on both sides of the Bay, with a brand new production of Benjamin Britten's "Noye's Fludde" (Noah's Flood), several years after the company's critically acclaimed productions of "La Bohème," "Barber of Seville," and "La Traviata." Opening on March 21 at San Francisco's Calvary Presbyterian Church, Fremont Opera delivers a repeat performance on March 28 at Fremont's New Life Church with Britten's inspired "community opera" bringing together 140 performers of all ages. Produced in collaboration with Ragazzi Boys Chorus and Young Women's Choral Projects, "Noye's Fludde" will be conducted by Fremont

Opera Artistic Director David Sloss and staged by noted director Jonathon Field. The title, Noye's Fludde, is medieval English, from the 15th-century miracle play on which it is based. But it means Noah's Flood and is pronounced just like the modern spelling. It is a 45-minute work designed to be staged in a church, with a small core of professional singers and players and an army of children in the cast as well as the orchestra. There are three adults among the singers; all the rest are children - seventy of them will play animals of all sizes. Noye's Fludde tells the story of Noah and the ark, and will be fully staged, with scenery and costumes. At the beginning, young performers build the ark on stage. Then, the ani-



mals parade through the sanctuary and enter the ark and a huge storm engulfs the church. The audience is invited to join singing hymns at climactic moments in the action. Noye's Fludde concludes as the animals leave the ark to resounding alleluias, as a giant rainbow appears to signal that the world has been redeemed. Featured in the cast is bass-baritone Jason Budd as Noye, mezzo-soprano Kathleen Moss as Mrs. Noye, and baritone Lee Strawn as the Voice of God. Along with singers from Ragazzi Boys Chorus and Young Women's Choral Projects, the performance includes dancers from Yoko's Academy of Dance & Performing Arts and young musicians from the Bay Area playing strings, recorders, trumpets, handbells and percussion. "For more than 25 years I have wanted to conduct 'Noye's Fludde' but always had other pressing projects at Sonoma State

University, at West Bay Opera or the Fremont Symphony," said Artistic Director David Sloss. "I am delighted to finally realize this production in collaboration with such a distinguished artistic team as Joyce Keil of Ragazzi, Susan McMane of Young Women's Choral Projects, set designer Jean-Francois Revon, and stage director Jonathan Field." Tickets are \$20 to \$45 and may be purchased online at www.fremontopera.org, by phone at (510) 400-4106, or by e-mail to tickets@fremontopera.org.

Noye's Fludde
Saturday, Mar 28
7 p.m.
New Life Church
4130 Technology Dr, Fremont
(510) 400-4106
www.fremontopera.org
Tickets: \$20 - \$45

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Reservations: 510-683-9218
www.broadwaywest.org

BROADWAY WEST THEATRE COMPANY PRESENTS

SOCIAL SECURITY



March 20 - April 18
8 pm Thursdays, Fridays and Saturdays
12:15 pm Sundays, March 29, April 5
(Continental Brunch followed by show at 1 pm)
1 pm Sunday, April 8

A hilarious comedy about a married couple who are art dealers. Their domestic tranquility is shattered upon the arrival of the wife's good goody nerd of a sister, her uptight CPA husband and her archetypal Jewish Mother. They're all there to try and save the couple's college student daughter from the horrors of living only for sex. Comedy sparks begin to fly when the mother hits it off with an elderly minimalist artist who is the art dealer's best client.

Broadway West Theatre Company
P.O. Box 14007, Fremont, CA 94539
Theatre location - 4000-B Bay Street, Fremont

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Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The “NO” List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

Hayward Arts Council

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www.haywardarts.org
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Foothill Gallery, John O’Lague Gallery, Hayward Area Senior Center Exhibit Hall. All FREE- open to public.

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Join us from 2-4 p.m.
every fourth Saturday
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Call Shirley at (510) 791-8639
www.cwc-fremontareawriters.org

Rotaract Club of Greater Fremont

Community service & business club for young professionals and students ranging from ages 18 to 30. Meetings on 1st & 3rd Wednesdays at 7 pm.
Find our events on
meetup.com/rotaractfremont

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9:30 – Cards, 12:00 – Lunch
1:00 – Program and Meeting
We also have bridge, walking, Gourmet dining groups, And a book club.
For info. Call 510-656-7048

AMERICAN LEGION POST 837

Meets third Tuesday each month - 6:30-8:30pm
Social, Program, General Meeting
Historic Niles Veterans Hall
2nd & E. Street, Fremont
www.POST837.org
ALL VETERANS WELCOME

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ABWA-Pathfinder Chap. American Business Women’s Assoc.

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Dinner Meetings: 3rd Wednesday each month. Sinodino’s Rest.
(Newark): 6:30-9:00 pm
Call Ola at 408-393-2591
www.abwa-pathfinder.org

The League of Women Voters invites you to visit our website at www.lwvfncuc.org

You'll find valuable information about your community and voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are non-partisan and free to the public.

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Sunday Service 10am
Sunday School 10am
Wed. Eve Service 7:30pm
Chld Care is available all services. Reading Room Open
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Alder Ave. Baptist Church 4111 Alder Ave., Fremont

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www.thefriendshipforce.org
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37697 Niles Blvd., Fremont
www.fremontartassociation.org
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Union City
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Sara Govea at 510-793-4583

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Other restrictions may apply
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At Newark Library
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Empowerment Ctr (510) 574-2250
1900 Mowry Ave, #201
Fremont. www.save-dv.org

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Union City, CA 94587
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https://redwoodstoa.wordpress.com/
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http://www.meetup.com/the-Redwood-stoa

Tri-City Society of Model Engineers

The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site:
www.nilesdepot.org

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 -Great team player

Email cover letter with attached resume to
bracesinfremont@gmail.com

Hayward Police Log

SUBMITTED BY
SGT. ERIC MELENDEZ,
HAYWARD PD

Thursday, March 12
 At 2:12 p.m., a psychiatric detention of a combative subject occurred on the 24000 block of Amador. Officers were dispatched to calls from an apartment complex regarding an unknown male kicking and banging on an apartment door, attempting to get in and trying to fight various residents. The male attacked a maintenance

worker at the complex. Officers detained the man and determined he was suffering from a psychiatric disorder and posed a danger to others, so he was placed on a mandatory psychiatric detention.

At 4:00 p.m., an armed robbery occurred on the 1600 block of East Avenue. A juvenile male suspect arranged to purchase a designer belt from the juvenile male victim. Once the victim gave the belt to the suspect for inspection, the suspect brandished a gun and took the belt. Officers were able to identify the suspect and he was arrested on Monday, March 16, 2015.

Friday, March 13

At 10:33 a.m., a burglary occurred on the 31000 block of Medinah Street. A woman was at home when a male rang her doorbell several times, then went into her backyard when she did not answer the door. The woman locked herself in a bathroom when she heard the man trying to force entry into the residence through a door. The man tried to run away as officers were arriving, but he was arrested.

At 5:10 p.m., an outside agency for a suicidal subject occurred on the train tracks at Industrial/Pacific. Union Pacific

Police Department notified Hayward Police Department (HPD) that an adult female was struck and killed by a train and requested officers to stabilize and organize the scene until Union Pacific officers could get there. A little over an hour later, HPD officers got a call from the woman's boyfriend, who discovered the suicide note she left behind.

Saturday, March 14
 At 9:30 p.m., a possession of a gun and marijuana for sale was investigated on the 1200 block of Calhoun Street. Officers were dispatched to a suspicious vehicle, blocking an intersection. Officers

found three men in the car and noted the odor of marijuana coming from the car. One of men dumped a loaded handgun magazine onto the ground, so the officers searched the car and found a handgun and a sizeable quantity of marijuana.

Wednesday, March 18
 At 9:40 p.m., an armed robbery occurred on the 19000 block of Hesperian Boulevard. The black male suspect entered a store just before closing and demanded money. The man is about 6'2", with a muscular build, short afro styled hair, and was wearing a white t-shirt partially pulled up over his face.

Commercial burglary suspect arrested

SUBMITTED BY SGT. MATTHEW MILLER,
 MILPITAS PD

On Wednesday, March 18, 2015, at approximately 12:49 a.m., Milpitas police officers responded to an audible alarm sounding from Sepco (Silicon Valley Electroplating), located at 1486 Gladding Ct. The alarm activation covered the roof hatch for the business.

Officers searched the interior portion of the business and located a ladder which led up to the roof. Upon checking the roof, officers located Roy Boado Lopez (Milpitas transient) hiding under an air ventilation unit. On the ground next to Lopez were burglary tools, as well as a security camera he cut and removed from the exterior portion of the business.

Lopez is currently on probation for narcotic-related offenses, and he displayed symptoms of being under the influence of a controlled substance. Lopez was booked into Santa Clara County Jail for commercial burglary, possession of burglary tools, vandalism, being under the influence of a controlled substance and probation violation.



PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG15761759
Superior Court of California, County of Alameda
Petition of: Gene Baldocchi for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Gene Baldocchi aka Eugene Sam Baldocchi filed a petition with this court for a decree changing names as follows:
Gene Sam Baldocchi aka Eugene Sam Baldocchi to Gino Sam Baldocchi

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 05/15/2015, Time: 8:45 a.m., Dept.: 503
The address of the court is 24405 Amador St., Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice Newspaper.
Date: March 11, 2015
Winifred Y. Smith
Judge of the Superior Court
3/17, 3/24, 3/31, 4/7/15

CNS-2728343#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG15759944
Superior Court of California, County of Alameda
Petition of: Sean Leonard Boynton for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Sean Leonard Boynton filed a petition with this court for a decree changing names as follows:

Sean Leonard Boynton to Sean Leonard Pope
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 5/8/2015, Time: 8:45 a.m., Dept.: 503
The address of the court is 24405 Amador Street, Civil Division, Rm. 108, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: Feb. 25, 2015
WINIFRED Y. SMITH
Judge of the Superior Court
3/10, 3/17, 3/24, 3/31/15

CNS-2724789#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 502241

Fictitious Business Name(s):
Super Cabinet Inc., 1200 17th Ave., Oakland, CA 94606, County of Alameda
Mailing address: 1200 17th Ave., Oakland, CA 94606

Registrant(s):
Super Cabinet Inc., 1424 South Mayfair Avenue, Daly City, CA 94015, California
Business conducted by: a corporation
The registrant began to transact business using the fictitious business name(s) listed above on 2-1-2010

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jenny Cai, CEO

This statement was filed with the County Clerk of Alameda County on March 9, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/24, 3/31, 4/7, 4/14/15

CNS-2731325#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 502564

Fictitious Business Name(s):
Chauhan Trucking, 37557 Duskerberry Way, #1, Fremont, CA 94536, County of Alameda

Registrant(s):
Kiranjot, Fnu, 4445 Stevenson Blvd., #58, Fremont, CA 94538
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on n/a

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Kiranjot, Fnu

This statement was filed with the County Clerk of Alameda County on March 17, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/24, 3/31, 4/7, 4/14/15

CNS-2731291#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 502562

Fictitious Business Name(s):
JC Painting, 43555 Grimmer Blvd., A210, Fremont, CA 94538, County of Alameda

Registrant(s):
Carlos Torres Garcia, 43555 Grimmer Blvd, A210, Fremont, CA 94538
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 5/1/2003.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Carlos Torres Garcia

This statement was filed with the County Clerk of Alameda County on March 17, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/24, 3/31, 4/7, 4/14/15

CNS-2730900#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 456020

The following person(s) has (have) abandoned the use of the fictitious business name: **Vocal Xtreme, 4456 Technology Dr., Fremont, CA 94538**

The Fictitious Business Name Statement for the Partnership was filed on 3/10/2015 in the County of Alameda.

VX Enterprises Inc., 4456 Technology Dr., Fremont, CA 94538
S/ Chien-Ming Chang, President
VX Enterprises Inc.

This statement was filed with the County Clerk of Alameda County on March 16, 2015.
3/24, 3/31, 4/7, 4/14/15

CNS-2729972#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 502186

Fictitious Business Name(s):
Cheap Air Ticketz, 41533 Trenouth St., Fremont, CA 94538, County of Alameda

Registrant(s):
Sidhu G Transportation Inc., 41533 Trenouth St., Fremont, CA 94538; California
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Gurpal Singh, President

This statement was filed with the County Clerk of Alameda County on March 5, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/24, 3/31, 4/7, 4/14/15

CNS-2729705#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 502107

Fictitious Business Name(s):
Hauling Express Service, 37900 Cedar Blvd., C, Newark, CA 94560, County of Alameda

Registrant(s):
Carlos Santos, 37778 Goldenrod Dr., Newark, CA 94560

Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Carlos A. Santos

This statement was filed with the County Clerk of Alameda County on March 4, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/24, 3/31, 4/7, 4/14/15

CNS-2729385#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 502288

Fictitious Business Name(s):
Five Stars Graphics, 40151 Mueller Court, Fremont, CA 94538, County of Alameda

Registrant(s):
Saul Alberici Zavala Aguilar, 40151 Mueller Court, Fremont, CA 94538

Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on 2/2/2015

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Saul Alberto Zavala Aguilar

This statement was filed with the County Clerk of Alameda County on March 10, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/17, 3/24, 3/31, 4/7/15

CNS-2728737#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 502271

Fictitious Business Name(s):
Northern California Locum Services, 311 Santa Clara Ave., Alameda, CA 94501, County of Alameda

Registrant(s):
Julia Nyquist, 311 Santa Clara Ave., Alameda, CA 94501

Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on n/a

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Julia Nyquist, M.D.

This statement was filed with the County Clerk of Alameda County on March 9, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/17, 3/24, 3/31, 4/7/15

CNS-2727936#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501751

Fictitious Business Name(s):
Tanagen Medical Writing, LLC, 32713 Jean Drive, Union City, CA 94587, County of Alameda

Registrant(s):
Tanager Medical Writing, LLC, 32713 Jean Drive, Union City, CA 94587; California

Business conducted by: a Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on 24 April 2010

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Suzanne R. Cananda, Ph.D Principal & Medical Writer 2/12/2015

This statement was filed with the County Clerk of Alameda County on February 25, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change

in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/17, 3/24, 3/31, 4/7/15

CNS-2727688#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501448

Fictitious Business Name(s):
Green Champa Garden, 42318 Fremont Blvd., Fremont, CA 94538, County of Alameda

Registrant(s):
Nai Saetern, 2905 1/2 M. L. King Jr, Berkeley, CA 94703

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on 6-09-12

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Nai Saetern

This statement was filed with the County Clerk of Alameda County on February 18, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change

in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/17, 3/24, 3/31, 4/7/15

CNS-2727678#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501719

Fictitious Business Name(s):
Star Entertainment, 876 Boar Circle, Fremont, CA 94539, County of Alameda

Registrant(s):
876 Boar Circle, Fremont, Alameda, CA 94539; CA

Registrant(s):
Star Entertainment of Bay Area LLC, 876 Boar Circle, Fremont, CA 94539; CA

Business conducted by: A Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Illegible

This statement was filed with the County Clerk of Alameda County on February 24, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/17, 3/24, 3/31, 4/7/15

CNS-2727647#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 502250

Fictitious Business Name(s):
CDS Procam Solutions, 36960 Papaya St, Newark, CA 94560, County of Alameda

Registrant(s):
Raymund Justin Mendoza Santos, 36960 Papaya St, Newark, CA 94560

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on n/a

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Raymund Justin Mendoza Santos

This statement was filed with the County Clerk of Alameda County on March 9, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/17, 3/24, 3/31, 4/7/15

CNS-2727235#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 502222

Fictitious Business Name(s):
Curry Pizza House, 39070 Fremont Blvd, Fremont, CA 94538, County of Alameda

Registrant(s):
G & G Food Inc., 4922 Paseo Padre Pkwy, Fremont, CA 94555; California

Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 02-01-14

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Gursewak Singh Gill, President

This statement was filed with the County Clerk of Alameda County on March 6, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/17, 3/24, 3/31, 4/7/15

CNS-2727232#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501890

Fictitious Business Name(s):
Picshot Photo booth, 34436 Gove Terrace, Fremont, CA 94555, County of Alameda

Registrant(s):
Manuel M. Cuason Jr., 34436 Gove Terrace, Fremont, CA 94555

Business conducted by: Married Couple
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Gursewak Singh Gill, President

This statement was filed with the County Clerk of Alameda County on March 6, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize

the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/17, 3/24, 3/31, 4/7/15

CNS-2727230#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 502179

Fictitious Business Name(s):
Furniture Showcase, 46547 Mission Blvd, Fremont, CA 94539, County of Alameda

Registrant(s):
Anthony Showcase, Inc, 3122 Chillum Court, San Jose, CA 95148; California

Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Anthony Tran, President

This statement was filed with the County Clerk of Alameda County on March 5, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/17, 3/24, 3/31, 4/7/15

PUBLIC NOTICES

in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/3, 3/10, 3/17, 3/24/15

CNS-2722501#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 440642
The following person(s) has (have) abandoned the use of the fictitious business name: **Mopar Engine West, 3750 Enterprise Ct. #4, Newark, CA 94560**
The Fictitious Business Name Statement for the Partnership was filed on 7/13/2010 in the County of Alameda.
TNT Engines Inc, 12112 Mines Rd., Livermore, CA 94550; CA
S/ David G. Timmons, President
TNT Engines Inc
This statement was filed with the County Clerk of Alameda County on February 10, 2015.
3/3, 3/10, 3/17, 3/24/15

CNS-2722310#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501245
Fictitious Business Name(s):
ELZ Prestige Home Care, 3900 Newpark Mall 3rd Flr., Ste. 335, Newark, CA 94560, County of Alameda
Registrant(s):
RoELZ Enterprises, LLC, 3900 Newpark Mall 3rd Floor, Suite 335, Newark, CA 94560; California Business conducted by: a Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on 2/01/2015.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section

17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Elsa S. Payumo, Managing Member
This statement was filed with the County Clerk of Alameda County on February 10, 2015.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/3, 3/10, 3/17, 3/24/15

CNS-2721408#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501142
Fictitious Business Name(s):
Rajajung Transport, 3843 Carol Ave., Apt. #204, Fremont, CA 94538, County of Alameda
Registrant(s):
Maninder Singh, 3843 Carol Ave., Apt. #204, Fremont, CA 94538
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Maninder Singh
This statement was filed with the County Clerk of Alameda County on February 6, 2015.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date

on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/3, 3/10, 3/17, 3/24/15

CNS-2721018#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 449768
The following person(s) has (have) abandoned the use of the fictitious business name: **Tapioca & Tastea, 1964 Driscoll Rd., Fremont, CA 94539**; Mailing Address: 255 Anza St., Fremont, CA 94539
The Fictitious Business Name Statement for the Partnership was filed on March 20, 2011 in the County of Alameda.
Linda International, Inc., 1964 Driscoll Rd., Fremont, CA 94539; California
S/ Lei Chen, CFO
Linda International, Inc.
This statement was filed with the County Clerk of Alameda County on February 13, 2015.
3/3, 3/10, 3/17, 3/24/15

CNS-2721017#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 459168
The following person(s) has (have) abandoned the use of the fictitious business name: **The Chi Center, 40488 Vogel Court, Fremont, CA 94538**
The Fictitious Business Name Statement for the Partnership was filed on 11/01/2014 in the County of Alameda.
Hsiuling Chen, 40488 Vogel Court, Fremont, CA 94538
This business was conducted by:
S/ Hsiuling Chen, Owner

This statement was filed with the County Clerk of Alameda County on January 28, 2015.
3/3, 3/10, 3/17, 3/24/15

CNS-2721012#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
MARTIN L DUVE

CASE NO. RP15759555

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Martin L. Duve
A Petition for Probate has been filed by Gene R. Duve in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Gene R. Duve be appointed as personal representative to administer the estate of the decedent.
The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the

court should not grant the authority.
A hearing on the petition will be held in this court on 04/21/2015 at 9:30 in Dept. 2015 located at 2120 Martin Luther King, Jr. Way, Berkeley, CA 94704.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Petitioner: Gene R. Duve, 10730 Foothill Rd., Sunol, CA 94586, Telephone: 510-371-0012
3/17, 3/24, 3/31/15

CNS-2728671#

Fremont
Police Log

SUBMITTED BY GENEVA
BOSQUES, FREMONT PD

Friday, March 13

At 12:07 p.m., Officers Catassi and Baca were dispatched to Target at Fremont Hub for a 29-year-old adult male, Fremont resident, who was resisting security guards after they detained him for stealing items from the store. Officer Catassi searched the suspect and located a magnet used to defeat the locking mechanisms at Target, counterfeit money, and a bank statement that did not belong to him. The male was arrested for burglary, possession of burglary tools and counterfeit money, and appropriation of lost property.

At approximately 9:00 p.m., a 39-year-old adult male was pan-handling at Safeway 5 Corners. A Safeway employee contacted him and told him to leave the property. In response the male brandished a 6” chrome hunting knife at the employee. At that time, a customer then approached and told him he was going to call the police. The male then brandished the knife against the customer and eventually fled on foot prior

to police arrival. Officer Forsberg and Field Training Officer (FTO) Macciola investigated the case and later sent out an alert to the rest of the patrol with a suspect description. Officer Collins recognized the suspect description and advised Officer Forsberg of a possible suspect who was positively identified in a lineup by the victim. Officer Collins later located the 29-year-old adult male suspect walking along Auto Mall Parkway. The male was contacted and found to be concealing the fixed blade knife in his boot. Officer Forsberg and FTO Macciola responded and arrested the male for the weapons violation and wrapped up the case.

Monday, March 16

Officer Magana was dispatched to an equipment rental business, located on the 2100 block of Warm Springs Court. According to the reporting party, a gold-colored station wagon pulled into the rental yard and may have been plotting to steal some equipment. Employees called dispatch and officers flooded the area but were met with negative results. Incident was documented.

Overnight, several businesses and buildings in the City's downtown area were vandalized by an unknown suspect, who used a

rock to smash windows. The first call was reported at approximately 1:39 a.m. An alarm company's security notified dispatch of a glass break at Plaza Steal. Officers arrived on scene and located a total of four businesses that had been vandalized. Shortly after responding to this call, the overnight staff at Target called to report an unknown male had thrown rocks at the back door of the business about five minutes prior. Later in the morning employees arriving to work discovered vandalism to three additional businesses. A total of seven cases appear related. No suspect information is available at the time of this release, but officers are following up to see if any businesses have video:

Target at Fremont Hub

Plaza Real, 39200 block of State Street
Baby Nutritional Care, 39100 block of State Street
Family Resource Center, 39100 block of Liberty Street
City Hall Offices, 3300 Capitol Avenue
Ergo Rehab, 39200 block of State Street
Union Bank, 39300 block of Paseo Padre Parkway

Wednesday, March 18

Officer San Luis and FTO Boyd were dispatched to investi-

gate a reported suspicious circumstance at Bank of America. According to the reporting party, two people associated with a green Ford Explorer were believed to be “shoulder surfing” customers’ ATM pin numbers. Officer San Luis and FTO Boyd locate the vehicle along with a 23-year-old adult male (Fremont resident) and a 25-year-old adult female (Oakland resident). The male was contacted as he was at the ATM machine, during which he appeared to be entering a pin number. The male was on parole and was found to be in possession of an ATM card that was not associated with him or the female. The female was found to be in possession of numerous Bank of America ATM receipts, a large sum of money, and had a warrant for her arrest. Based upon the investigation and the fact that neither subjects were Bank of America customers, they were subsequently arrested for a variety of fraud charges, including grand theft of an access card. The female was also arrested for her warrant.

At 4:53 p.m., officers investigated a residential burglary that was reported in the 47000 block of Mardis Street. Sometime during the night, unknown suspect(s) forced entry and took items. The residence was under remodel and unoccupied at the time.

At approximately 7:40 p.m., several officers responded to a battery between two transients at Third Street Park in Niles. A 46-year-old adult male physically assaulted a 51-year-old adult male victim. The victim defended himself using pepper spray at which time the suspect took the pepper spray away and used it against the victim. The suspect then fled with victim's backpack and was later located by Officer Loughery sitting on the sidewalk in front of Florence Bar. The suspect was arrested but the victim's backpack was not found. The victim sustained minor injuries but declined medical treatment. The suspect was booked into Santa Rita Jail for robbery.

Multiple citizens called to report that an unknown male had pulled up in a vehicle to Starbucks at Mowry Avenue and Blacow Road, and rolled out of the vehicle onto the pavement. Officers arrived on scene and found the male still breathing. The male was transported to a local hospital where he was later pronounced dead. Nothing suspicious was noted about the death. Unattended death case was handled by Officer Taylor.

San Leandro Police Log

SUBMITTED BY
SAN LEANDRO PD

Friday, March 13

A large, private party hosted at the Veteran's Memorial Building on Bancroft Avenue drew all of San Leandro Police Department's (SLPD) resources for nearly two hours as the guests refused to leave when the party ended. The party, with more than 300 people in attendance, was scheduled to end at 10:00 p.m. Earlier in the evening, officers responded to a report of gunshots being fired in the area, but were unable to locate any evidence to support the information. At 9:55 p.m., an employee at the Vet's Hall contacted SLPD reporting a large group of teens loitering in front of the hall, refusing to leave. As officers arrived, they discovered an overwhelming crowd outside, several fights, and the smell of marijuana being smoked from within the crowd. Officers formed crowd control lines and moved the unruly group out of the area on Bancroft and Callan avenues, eventually successfully dispersing them, just before midnight. While on scene, someone associated to the party called to report that they had seen someone from the party hide a gun in the nearby bushes about

45 minutes earlier. Officers checked the area, but were unable to locate any firearm. This report appears to have coincided with the timing of the original report of gunshots being fired in the area. During the police interaction, members of the crowd tried to intimidate and challenge officers, citing recent events throughout our nation involving law enforcement. No arrests were made, as SLPD's focus was to safely and peacefully disperse the crowd.

Saturday, March 14

At 11:10 a.m., an officer on patrol saw a 1989 Honda Civic driving westbound on Fairway Drive toward Merced Street. He recognized the occupants in the vehicle and knew that the car did not belong to them. The officer followed the vehicle into the La Pinata parking lot and checked the license plate, finding it to be a reported stolen vehicle from Hayward. The occupants were detained without incident. The driver, who police identified as Carl McCoy of Oakland, was also found to be in possession of cocaine. A 16-year-old male in the car was determined to be a missing/runaway juvenile, who had a no-bail warrant for his arrest for unspecified crimes. McCoy was later transported to the San Leandro Police Jail, where he was arrested on suspicion of auto theft

and possession of narcotics. The juvenile was transported to the Alameda County Juvenile Hall, where he was held on his outstanding arrest warrant.

At 3:30 p.m., patrol officers were sent to the area of Crosby Avenue and Crosby Place near Washington Manor Park to investigate a report of juveniles smoking marijuana. As the first officer arrived, he located the subjects in a black, 2000 Honda CRV trying to drive out of the area. The officer stopped the vehicle to investigate and while speaking with the 17 year old driver from San Leandro, smelled burning marijuana emitting from the inside of the vehicle. Other officers arrived and interviewed the others in the car, which included the driver's 14-year-old brother, an 18-year-old male and 19-year-old female, all from San Leandro. While searching the subjects for additional marijuana and weapons, officers found a .32 caliber bullet in the driver's pocket and marijuana in the 14-year-old's pocket. They searched the car and found a stolen .32 caliber revolver under the driver's seat. The gun had been reported stolen to the Berkeley Police Department in October 2012. The Honda CRV, found to be registered to the 17 and 14-year-old's parents, was im-

pounded, as the 17-year-old was driving without a license. The 17-year-old was transported to Alameda County's Juvenile Hall, where he was booked on charges including possession of the stolen firearm and minor in possession of live ammunition. The 14-year-old received a citation of possessing the marijuana and was released into his parents' custody.

At 9:30 p.m., officers were dispatched to the area of West Juana Avenue and Carpentier Street for a reported auto burglary that had just occurred. The victim, who resides in a nearby apartment, looked outside to see a man and a woman inside of her locked vehicle. As officers arrived in the area, they spotted two Livermore residents, who they identified as Kamran Avani and Jennifer Jacklich, approximately two blocks away from the burglary. The suspects matched the description as provided by the victim and were quickly detained by police. Jacklich falsely identified herself to police, and was later determined to be on probation. The victim had removed all of her personal belongings from the vehicle, but left a shirt inside that she intended to return to the store where she had purchased it. Police found the shirt in Jacklin's possession.

Both suspects were identified by the victim and were arrested for auto burglary. They were transported to Santa Rita Jail in Dublin.

Monday, March 16

At 2:05 a.m., a male, later identified as Oluwole Olugbemiga of Fremont, was panhandling inside of 7-Eleven, located at 15105 Hesperian Blvd. One of the clerks asked Olugbemiga to stop, which caused him to become agitated. He punched the clerk in the chest two times, and threw a cup of hot coffee in the face of the other clerk, prompting them to call police. When officers arrived, they found Olugbemiga outside yelling at the clerks. The officers found the store in a state of disarray, with food items from the shelves thrown on the floor and coffee all over. The officer saw that one of the clerks was suffering from minor burns to his face, which was attributed to being assaulted with the hot coffee. Police arrested Olugbemiga on suspicion of assault with a deadly weapon (hot coffee) and transported him to the SLPD Jail. The victimized clerk was treated for his burns and released at the scene. Olugbemiga was arraigned in the Alameda County Superior Court on Wednesday, March 18, 2015.

Tahoe National Forest to benefit from tree planting program

SUBMITTED BY ARBOR DAY FOUNDATION

The Arbor Day Foundation announced March 17 that they will work with on-the-ground partners to plant 608,000 trees in California’s Tahoe National Forest through the Trees in Memory and Trees in Celebration commemorative tree planting programs in an effort to accelerate the development of mature forest habitat in areas that experienced moderate to very high burn severity during the 2013 American Fire.

Trees in Memory/Trees in Celebration is a commemorative program that honors friends and loved ones by planting a tree in their name. This year, each dollar donated through the program plants a tree in the Tahoe National Forest.

Located in the north central region of the Sierra Nevada Range in northeastern California, Tahoe National Forest encompasses more than 850,000 acres of public land. In 2013, the American Fire burned roughly 27,440 acres, including 22,500

acres of National Forest System lands. The reforestation strategy includes the establishment of small (approximately one acre) “founder stands” inter-mixed in large seedless landscapes. The new tree stands would be strategically located for seed dispersal and efficient management.

Replanting efforts will begin in April and include ponderosa pine, Jeffery pine, Douglas fir, sugar pine, and incense cedar tree varieties. The newly planted trees will help accelerate the development of mature forest habitat, which will benefit species such as California spotted owl and American marten. Many other species will benefit from the additional cover and forage as the newly planted trees mature to replace the stands that were lost. Tahoe National Forest provides habitat for nearly 400 species of wildlife that make their homes in the various forest ecosystems.

To learn more about the Trees in Memory/Trees in Celebration programs, visit <http://shop.arbor-day.org/content.aspx?page=commemorative>.

Irvington students aid the environment



SUBMITTED BY NELSON KIRK

On January 10, 2015 Nikhil Shivakumar and his freshman helpers from Irvington High School in Fremont worked on a project which will benefit the environment, planting flowers and trees in parks and along roadsides to attract bees and sustain them. Nikhil and his helpers planted 29 trees along Union City Boulevard, and Public Works crews help spread over 100 pounds of native wildflower mix southbound from Jean Drive to the Fremont border.

Table tennis center moving soon



SUBMITTED BY INDIA COMMUNITY CENTER

On Monday, April 6, 2015, India Community Center’s Table Tennis Center moves into a brand new 20,000 sq. ft state-of-the-art training facility at 1507 N Milpitas Boulevard, bringing with it a roster of top-notch coaches and players who are eager to join the table tennis scene. This move will offer our professional athletes a world-class training facility to hone their talents. For more information, visit www.indiacc.org/tabletennis.

Judge OKs \$10 million settlement in Target data breach

BY STEVE KARNOWSKI AND
MICHELLE CHAPMAN
ASSOCIATED PRESS

A Minnesota judge has endorsed a settlement in which Target Corp. will pay \$10 million to settle a class-action lawsuit over a massive data breach in 2013.

U.S. District Judge Paul Magnuson granted preliminary approval of the settlement after a hearing Thursday in St. Paul, Minnesota. The move will allow people to begin filing claims ahead of another hearing for final approval, which was scheduled for Nov. 10.

People affected by the breach can file for up to \$10,000 with proof of their losses, including unauthorized charges, higher fees or interest rates, and lost time dealing with the problem.

“Target really needs to be commended for being willing to step up,” Magnuson said.

Target’s data breach in 2013 exposed details of as many as 40 million credit and debit card accounts and hurt its holiday sales that year. The company offered free credit monitoring for affected customers and overhauled its security systems.

The settlement would also require Minneapolis-based Target to appoint a chief information security officer, keep a written information security program and offer security training to its workers. It would be required to maintain a process to monitor for data security events and respond to such events deemed to present a threat.

“We are pleased to see the process moving forward and look forward to its resolution,” Target spokeswoman Molly Snyder said in an emailed statement.

Claims will mostly be submitted and processed online through a dedicated website.

Vincent Esades, an attorney for Target customers, said after the hearing that the settlement could end up costing Target \$25 million, when attorneys’ fees and administrative costs are added in.

He said consumers will likely be able to start fil-

ing claims around April 30, and 100 million people may be eligible. Consumers can claim up to \$10,000 if they can document unreimbursed losses; after those claims are paid out, the rest of the settlement funds will be divided among consumers who state under oath that they suffered a qualifying loss, but don’t have documentation. People who’ve already been fully reimbursed aren’t eligible, he said.

Esades said customers who opt out of the settlement have the right to object. Since the funds can’t be paid out until all appeals are resolved, he said, the earliest that customers would see any money would be early next year.

Target attorney David McDowell declined to comment after the hearing.

The chain has worked hard to lure back customers that were hesitant to shop there after the incident. Over the 2014 holiday season, Target offered free shipping on all items. It recently announced that it was cutting its minimum online purchase to qualify for free shipping in half to \$25. And on Wednesday the retailer said it will now allow returns for up to a year for its private and exclusive brands.

Target’s bounce back from a turbulent stretch including the data breach and exit from Canada has been met with optimism on Wall Street. The retailer’s stock traded above \$80 for the first time Monday, reaching another in a string of all-time highs that it began to log just before the crucial holiday shopping season began in December.

Earlier this month, Target said it would lay off about 1,700 people, eliminate another 1,400 unfilled positions and cut up to \$2 billion in costs. It will also focus more on technology to boost online sales growth. The latter move will involve about \$1 billion aimed at beefing up business from shoppers who are more likely to shop online.

Target shares fell 46 cents to close Thursday at \$80.60. Its shares are up 35.5 percent over the past year.

Associated Press writer Karnowski contributed from St. Paul, Business Writer Chapman from New York.

Size matters: Phones as big as they can get for easy use

BY ANICK JESDANUN
AP TECHNOLOGY WRITER

NEW YORK (AP), There was a time you could count on phones getting larger each year. Samsung’s runaway success with the big-screen smartphone even spurred Apple to release a supersized model last fall. But if phones get any bigger will they be too hard to use?

That’s the worry of some smartphone makers, and the reason why many of the new models this year didn’t grow. LG even shrank the G Flex 2 to a 5.5-inch screen, as measured diagonally, compared with 6 inches before.

So, how much does size matter?

JUST THE RIGHT SIZE

“The size of the phone really is at the sweet spot,” said Drew Bamford, corporate vice president of HTC Creative Labs, which studies how consumers use phones. Bamford said a larger phone would be too cumbersome to use with one hand.

That was also the thinking at Samsung, which has long promoted its phones as “the next big thing.”

Hong Yeo, a senior designer at Samsung, said those who really need a larger screen could turn to other models, such as the 5.7-inch Galaxy Note 4. For the S6, 5.1 inches was “the perfect size for what we want to do,” he said.

IDC analyst Ramon Llamas said the ideal display size tends to be 4.5 inches to 5.5 inches these days.

“Screens have grown faster than hands,” said Rick Osterloh, Motorola’s president.

The company’s new Moto E phone is just slightly larger – with a display measuring 4.5 inches, compared with 4.3 inches for last year’s model. Samsung’s Galaxy S6 stays at 5.1 inches, while the new HTC One remains at 5 inches.

CHANGING COMPETITION

It might not be a coincidence that Android phone makers are playing down phone size just as Apple has caught up by making its iPhones bigger, a move that eliminated a key advantage Android phones had long enjoyed.

Now, Android phone makers are looking at other ways to persuade consumers to upgrade. For the Flex, it’s a curved screen,

along with self-repairing capabilities when the back gets scratched. Camera improvements are touted in the new Samsung and HTC phones. The new Samsung S6 phones also have better screen resolution even as the size remains the same.

FICKLE CONSUMERS

Consumers do like larger displays as they rely increasingly on mobile devices for entertainment and information. The larger screens also make typing easier. Preferences for larger phones can be seen in the high demand for both the iPhone 6 and 6 Plus, which made Apple the world’s top smartphone maker in the final three months of 2014, according to Gartner.

But consumers want something comfortable to hold. Ramchan Woo, a vice president and head of mobile product planning at LG Electronics Inc., said the 6-inch display of the original G Flex was both a chief compliment and a chief complaint.

That said, what’s acceptable “has been in flux to some degree for the past few years,” HTC’s Bamford said. A few years ago, the “sweet spot” was closer to 4 inches. Now, it’s at about 5 inches. He said that as people see what they can do with larger screens, they are willing to put up with more.

Shoneel Kolhatkar, senior director of U.S. product marketing at Samsung, said that while the company believes the phone’s size is right for now, he will “never say it will never increase.”

There are some regional variations, too. Bamford said Asian markets tend to accept bigger phones, possibly because people there are more likely to carry bags, rather than use pockets to carry phones.

MORE THAN THE SCREEN SIZE

One trick to giving consumers a larger display without decreasing comfort: Shrink the phone’s frame so that the overall size isn’t bigger. But the frame is already minimal, and doing more poses an engineering challenge – and could make phones more expensive.

“The key innovation that we’re driving toward is more screen as a percentage of the surface area,” Motorola’s Osterloh said. “We just try to make it more and more screen.”

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The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

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