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Renowned Afghan singer in concert

By Linda-Robin Craig

Many say that Ustad Farida Mahwash is the most loved voice of Afghanistan and possibly in all of Central Asia, calling her Afghanistan's ambassador of love. When asked why such a renowned celebrity singer was giving a free concert at the Fremont Main Library, she answered, "Because I love my Fremont community and I want to do this for them." Mahwash's vigorous style and sonorous voice, coupled with subtle mastery of ornamentation has entertained and stunned audiences worldwide as she shares her country's rich musical heritage in live concerts and recordings.

Mahwash recalled that when she was young in Afghanistan, her mother taught Quran and recited in a beautiful voice, which inspired Mahwash to express her deepest feelings through song. Her family was conservative and religion was a point of constant focus in her youth. As she grew older, Mahwash's interest in music was stifled as she learned that female singers and musicians met with disapproval, even disdain. When finished with her studies, she was fortunate to receive encouragement from the director of the Kabul Radio station, Ustad Hafiz Ullah Khayal, who not only gave her a position at the station but immediately recognized her soaring talent and potential. Khayal gave her a stage name, and the girl who was born Farida Gulali Ayubi became Farida Mahwash, which means "like the moon," and her career was launched.

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Fred Hempel in his greenhouse with yuzu plants. Photo by David R. Newman.

Culinary innovation: The science of farming at Baia Nicchia

By David R. Newman

Fred Hempel talks as he waters plants on his farm, where row upon row of green leafy plants, some with flowers, stretch out around him. He is tall and lean with a weathered face. A small greenhouse sits near the center of this seven and a half acre plot of land, nestled in a small valley in beautiful Sunol.

Welcome to Baia Nicchia Farm, where the focus is on organic gourmet vegetables. Winter crops include mustards and broccoli spigariello; summer crops are tomatoes, squash, peppers, and edible flowers and herbs. Most harvests are sold to high-end restaurants throughout the West Coast including The Vine in Fremont, Wente Vineyard in Livermore, Boulevard and Atelier Crenn in San Francisco, and the Google Café in Mountain View.

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Celebrating Unity through Diversity

SUBMITTED BY JEEVAN ZUTSHI

Indo-American Community Federation's (IACF) 14th annual "Unity Dinner" will be held on Friday, March 20 at the India Community Center in Milpitas. IACF was founded in 1994 as the first Indo-American community organization to build bridges with mainstream organizations, diverse leadership groups, think tanks and public officials. Unity Dinner started in 2002 after the September 11th attacks to promote understanding and unity within diversity.

The event has been growing every year with public officials represented at every level and the participation of diverse organizations. Keynote speakers in previous years have included the First Lady of California, Attorney General, and Silicon Valley leaders.

Join honored guests and public officials for sumptuous Indian food by Raja Sweets and host bar. This year's keynote speaker is Russell Hancock, president and CEO of Joint Venture Silicon Valley, a prime advocate for regional government and economic cooperation. Honored guest speakers include Congressman Mike Honda (CA-17); Congressman Ami Bera (CA-7); Ambassador Venkatesan Ashok, Consul General of India, San

Francisco; California State Treasurer John Chiang; California State Controller Betty T. Yee; as well as Assembly members; mayors and city council members from surrounding cities. Cultural segments include The Last Bullfighter, a Spanish fusion dramatic Mambo; and Babarabatiri, a fast and furious Salsa Señorita; and a Bollywood flavored Flamenco Cha-Cha.

Tickets are \$80 per person, \$800 per table of ten, and \$1,000 for VIP table of ten. For tickets or sponsorship opportunities, contact (510) 589-3702 or e-mail jeevanzutshi@aol.com. You may also purchase tickets at www.indocommunity.us by clicking "Donate." Proceeds from the event will benefit the Amit Zutshi Foundation, fighting the use of dangerous over-the-counter drugs and giving scholarships to young people in need.

Unity Dinner
Friday, Mar 20
6 p.m.

India Community Center
525 Los Coches St, Milpitas
(510) 589-3702
jeevanzutshi@aol.com
www.indocommunity.us
Tickets: \$80

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Your New Bundle Can Bring Joy...and Stress

Washington Hospital's Baby 'n' Me Offers Support for New Moms

Having a baby is a wonderful and joyful event for most new moms. But even if you're enjoying motherhood, caring for a new baby can be stressful. And if you are struggling, it can be especially isolating. Whatever you're feeling, chances are other new moms are experiencing similar issues. Washington Hospital's Baby 'n' Me Support Group provides a safe place for new moms to talk about some of the ups and downs of life with a new baby and share tips that can help.

"Bringing home a new baby can be overwhelming," said Arlene Fryling, RN, who facilitates the Baby 'n' Me Support Group. "If it's your first child, it can be a big change. But even if you already have children, adding another baby to the family creates new issues."

Baby 'n' Me is open to new moms up until the time your baby can crawl. It is held every Monday, Wednesday, and Friday from 11 a.m. to 1 p.m. New moms can come to the support group anytime and no registration is required. While it is also open to moms who already have children, only moms and newborns should attend the sessions. The group meets at 3569 Beacon Avenue in Fremont.

"It's very informal; just come as you are," she said. "With a new baby, it always takes longer to get out of the house than you think it's going to. There's no such thing as being late. It's not that kind of group. Just come when you can. You don't have to dress up. Just throw on some clothes and join us."

The discussion is open for any topics new moms want to talk about, said Fryling, who facilitates the group on Mondays while Susan Cortez leads the group on Wednesdays and Fridays. You can ask questions, share tips, or just talk about your feelings.

"You can say as much or as little as you want," Fryling added. "Sometimes if there is a lag in the conversation, I might ask questions to get the conversation going, like what is the hardest thing about being a new mom or what do you do to replenish yourself."

Shared Experiences

For many new moms, the support group provides an opportunity to get together with other adults. Often women can feel isolated and alone after they give birth, she said. It's also a place where you can feel comfortable with your new baby.

"The support group is the first time some of the new moms try breastfeeding in pub-



Arlene Fryling, RN and a Baby 'n' Me Support Group participating baby. Baby 'n' Me is open to new moms and baby up until the time the baby can crawl. The group meets every Monday, Wednesday and Friday from 11 a.m. to 1 p.m. at 3569 Beacon Avenue in Fremont.

lic," Fryling said. "It's a good way to get started because you're in a nurturing group."

Fryling said some new moms have trouble breastfeeding, and the support group offers a caring place to talk about it and learn from other new moms. She said often women are surprised to find out it can be difficult to breastfeed and they may be feeling guilty about it.

"You will find other women in the support group who have experienced the same thing," Fryling added. "You can learn a lot of little tips and advice from the other moms. Sometimes just the acknowledgment that what you are feeling is normal helps you to not feel so quite alone."

She said the idea is to provide a place where women can talk freely about the is-

ssues they are dealing with as new moms, whether it's postpartum depression, loss of sleep, trouble breastfeeding, going back to work, dealing with a husband who isn't very helpful, or whatever else they would like to discuss.

"Sometimes I see women come to the group who look so frazzled, like they are really struggling," Fryling said. "But by the time they leave, they look so much calmer. I really encourage new moms to join the group as soon as possible. By the time your baby crawls, it's too late. New moms often tell me they wish they had come sooner."

To learn more about Washington Hospital's programs and services for pregnant or new moms, visit www.whhs.com/child-birth-classes.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY			
	03/10/15	03/11/15	03/12/15	03/13/15	03/14/15	03/15/15	03/16/15			
12:00 PM 12:00 AM	Diabetes Matters: Insulin: Everything You Want to Know	Sideline'd by Back Pain? Get Back in the Game	Community Based Senior Supportive Services	Kidney Transplants	Superbugs: Are We Winning the Germ War?	Sideline'd by Back Pain? Get Back in the Game	Voices InHealth: New Surgical Options for Breast Cancer Treatment			
12:30 PM 12:30 AM	Keeping Your Heart on the Right Beat						How Healthy Are Your Lungs?	Living with Heart Failure	Deep Venous Thrombosis	Get Your Child's Plate in Shape
1:00 PM 1:00 AM		Crohn's & Colitis	Washington Township Health Care District Board Meeting February 11, 2015	Varicose Veins and Chronic Venous Disease	Washington Township Health Care District Board Meeting February 11, 2015	Do You Have Sinus Problems?				
1:30 PM 1:30 AM	Women's Health Conference: Age Appropriate Screenings						Shingles	Eating for Heart Health & Blood Pressure Control	Lunch and Learn: Yard to Table	
2:00 PM 2:00 AM		Turning 65? Get To Know Medicare				Diabetes Matters: Insulin: Everything You Want to Know				Prostate Health and Prostate Cancer
2:30 PM 2:30 AM	Vitamins and Supplements - How Useful Are They?						Learn If You Are at Risk for Liver Disease	Strengthen Your Back! Learn to Improve Your Back Fitness	Diabetes Matters: Research: Advancing Diabetes Management	
3:00 PM 3:00 AM		The Weigh to Success				Do You Suffer From Anxiety or Depression?				Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma
3:30 PM 3:30 AM	Diabetes Matters: Partnering with your Doctor to Improve Control		How to Maintain a Healthy Weight: Good Nutrition is Key	Inside Washington Hospital: Patient Safety	Shingles		Washington Township Health Care District Board Meeting February 11, 2015	Washington Township Health Care District Board Meeting February 11, 2015		
4:00 PM 4:00 AM		The Weigh to Success				Arthritis: Do I Have One of 100 Types?			Don't Let Back Pain Sideline You	Keeping Your Heart on the Right Beat
4:30 PM 4:30 AM	GERD & Your Risk of Esophageal Cancer		Turning 65? Get To Know Medicare	Acetaminophen Overuse Danger	Voices InHealth: The Greatest Gift of All		The Weigh to Success	Learn About Nutrition for a Healthy Life		
5:00 PM 5:00 AM		What Are Your Vital Signs Telling You?				Sports-Related Concussions			Washington Township Health Care District Board Meeting February 11, 2015	Vitamins and Supplements - How Useful Are They?
5:30 PM 5:30 AM	Washington Township Health Care District Board Meeting February 11, 2015		Diabetes Matters: Back to the Basic Keys for Success	Living with Arthritis	How to Maintain a Healthy Weight: Good Nutrition is Key		Minimally Invasive Surgery for Lower Back Disorders	Diabetes Matters: Strategies for Support		
6:00 PM 6:00 AM		Sideline'd by Back Pain? Get Back in the Game				GERD & Your Risk of Esophageal Cancer			Skin Cancer	Voices InHealth: Bras for Body & Soul
6:30 PM 6:30 AM	From One Second to the Next		Hypertension: The Silent Killer	Hip Pain in the Young and Middle-Aged Adult	Your Concerns InHealth: Senior Scam Prevention		Take the Steps: What You Should Know About Foot Care	Community Based Senior Supportive Services		
7:00 PM 7:00 AM		Diabetes Matters: Insulin: Everything You Want to Know				Varicose Veins and Chronic Venous Disease				
7:30 PM 7:30 AM										

Preventive Screenings Promote Lifelong Health

Seminar to Discuss Exams and Tests for Potential Health Issues

When you are healthy, it is easy to put off having an annual wellness exam to assess your health risks, review your immunizations and determine which screening tests might be beneficial to help you avoid serious health problems. But the old adage, "An ounce of prevention is worth a pound of cure," is still sound advice.

"Preventive care focuses on evaluating your current health status and making sure you don't have any health conditions to worry about," says Michael Parmley, MD, a board-certified internal medicine physician and primary care doctor at Washington Township Medical Foundation. "With a preventive exam and routine screening tests, your doctor can look for warning signs of potentially serious health problems so you can take steps to reduce your risk factors. Plus, it is better for your health to establish an ongoing relationship with a doctor who knows you and your health history."

To promote greater awareness of the benefits of preventive exams, screenings and vaccinations, Washington Hospital is offering a free seminar on Tuesday, March 17, from 1 to 3 p.m. in the Conrad E. Anderson, MD Auditorium in the Washington West building located at 2500 Mowry Avenue in Fremont. The seminar will feature a presentation by Dr. Parmley and will include time for questions from people who attend.

Dr. Parmley notes that the Affordable Care Act (sometimes referred to as "Obamacare") covers a variety of free preventive care services and one wellness exam per year on most major medical insurance plans sold after 2014 without copays or coinsurance, regardless of whether any deductible has been met yet. It's important to check with your plan before assuming



Preventive care and routine health screenings can help identify potentially serious health problems. Michael Parmley, MD, will be speaking at a free seminar about the benefits of preventive exams, screenings and vaccinations on Tuesday, March 17, from 1 to 3 p.m. in the Conrad E. Anderson, MD Auditorium in the Washington West building located at 2500 Mowry Avenue in Fremont. To register for the free seminar, visit www.whhs.com or call (800) 963-7070.

everything related to preventive care will be covered.

In general, a wellness exam would include measuring the patient's height, weight, body mass index (BMI) and blood pressure. In addition, blood tests may be ordered to evaluate factors such as cholesterol levels, liver and kidney function, electrolytes and thyroid hormone levels.

"When it comes to blood pressure, a reading over 140/90 for people under age 65 is considered high," Dr. Parmley explains. "For cholesterol, a total cholesterol level below 200 mg/dL is considered desirable. With HDL cholesterol, the 'good' cholesterol, the higher the number the better, and anything less than 40 mg/dL could be considered a risk factor for cardiovascular disease. The desired level of LDL cholesterol, the 'bad' cholesterol is under 130 mg/dL, but less than 100 mg/dL is optimal."

Checking blood glucose levels can also be an important aspect of preventive care, helping people to avoid developing diabetes.

"We used to start measuring patients' blood sugar levels at age 35, but now we recommend blood glucose screenings for people beginning in their 20s," says Dr. Parmley. "In some cases, we also may screen patients in their teens if they are obese or have a family history of diabetes."

The most common test measures the blood glucose level after fasting for at least 8 hours, and the result should be less than 100 mg/dL. Another test, called the glucose tolerance test, measures blood glucose after the patient has fasted for 8 hours and then consumes a sugary drink.

"In my practice, I prefer to use the A1C test for blood glucose levels," Dr. Parmley notes. "The A1C test provides a measure of the person's average levels of blood glucose over the past two to three months, so it is a better indicator of diabetes risks than the fasting glucose or glucose tolerance tests."

A normal A1C level is below 5.7 percent. An A1C level above 6.5 percent would indicate a di-

agnosis of diabetes, while percentages between 5.7 and 6.4 would be considered pre-diabetes.

"Having pre-diabetes is a substantial risk factor for developing diabetes, but there are many steps pre-diabetes patients can take to prevent diabetes," says Dr. Parmley.

Preventive health screenings for women also should include a mammogram every one to two years, depending on their age and risk factors for breast cancer. Pap smears to detect cervical cancer should be performed every one to three years.

"Current recommendations for Pap smears state that women should have one every three years," Dr. Parmley says. "A woman over age 30 who has had a negative Pap smear and a negative test for HPV (human papillomavirus) infections, the main cause of cervical cancer, can wait five years between Pap smears and HPV tests. With the introduction of vaccinations to prevent HPV infections, Pap smears may become less important than they are now."

Bone density screenings to detect osteoporosis may also be an important consideration, particularly for post-menopausal women.

"The age when women should start having bone density screenings is generally between 60 and 65," Dr. Parmley explains. "However, if a woman goes through either early natural menopause or 'induced' menopause following a hysterectomy with removal of the uterus and ovaries, it might be beneficial to have a baseline bone density test performed at age 40 or 50."

All male smokers over age 65 should get a screening for an abdominal aortic aneurysm, an enlarged area in the lower part of the aorta, the major blood vessel that supplies blood to the body. Because the aorta is the body's main supplier of blood, a ruptured abdominal aortic aneurysm can cause life-threatening bleeding.

A colon cancer screening is recommended for everyone over age 50. People who have a family history of colon cancer, with either a parent or a sibling who has been diagnosed, should start screenings 10 years before the age of onset in their parent or sibling or at age 40, whichever is earlier.

"The statistics back up the fact that a colonoscopy is the best means of detecting colon cancer, as well as pre-cancerous polyps that might develop into cancer in the future," says Dr. Purely. "Other tests, such as the fecal occult blood test, are simply not as reliable for detecting colon cancer at an early stage, when it is easier to cure."

During a preventive care exam, the physician also will go over the patient's personal and family health history.

"It's very important for your physician to know about any chronic health issues or a family history of conditions such as asthma, heart disease, diabetes, lung disease or cancer," Dr. Parmley emphasizes.

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Ask the Doctor

This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at: askthedoctor@whhs.com

Left-handed Child and Worrying Linked to Aging

Dear Doctor,

I notice that my 2 year old son may be left-handed. Neither I nor my husband is left-handed. Is it genetic? Should I try to convert him to right-handedness?

Dear Reader,

Although the science is not perfectly understood, most believe that handedness is genetic. Most people carry the D gene which encodes for right-handedness, but some carry the C gene which gives those individuals a 50% chance of being left-handed. There is no reason for concern if your child is developing a left-handed tendency. Conversion is not necessary.

Dear Doctor,

Does worry really contribute to aging or is it just a myth?

Dear Reader,

Indeed, worry contributes to more than just new lines on your face! A chemical that is released in the body in response to worry actually fragments pieces of DNA that can lead to wearing down of the body and is associated with some disorders such as Parkinson's disease, diabetes and cancer. Do what you can to replace worry with pleasant thoughts and activities.

Mary S. Maish, M.D.



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master's degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.

Washington Hospital Excels in Nationally Recognized Nursing Performance Standards

Online databases help consumers learn how nursing care measures up at their local hospital

When you or your loved one goes to the hospital, you want to feel confident about the quality and safety of the care you will receive. But, how can you judge the quality of a hospital's care? One way is to measure and track what its nurses do.

Over the last 20 years, leading health care organizations including the Centers for Disease Control and The Joint Commission, as well as a number of highly respected nursing groups such as the American Nurses Association, have recognized "Nursing Sensitive Indicators" that track the things hospital nurses do for their patients every day. These indicators have been proven to contribute to quality of care and positive patient outcomes.

Hospitals compile data related to the Indicators on a quarterly basis and submit it to national and statewide databases for comparison against their previous performance and the performance of other hospitals across the country. Established benchmarks indicate how well the hospital should be performing. Among the most important databases recognized by experts are the National Database for Nursing Quality Indicators (NDNQI) and a database maintained by the California Nursing Outcomes Coalition (CalNOC).

Anyone with access to the internet can visit the websites of these organizations and find valuable information about the quality of nursing care being delivered at their local hospital and others.

Washington Hospital is a longtime participant in both the NDNQI and CalNOC databases.

At its February meeting, the Washington Township Health Care District's Board of Directors learned about the Hospital's latest performance associated with the Nursing Sensitive Indicators.

"This data relates directly to the outcomes of nursing care, and it shows that our nurses excel in meeting the standards," said the Hospital's Senior Director of Quality



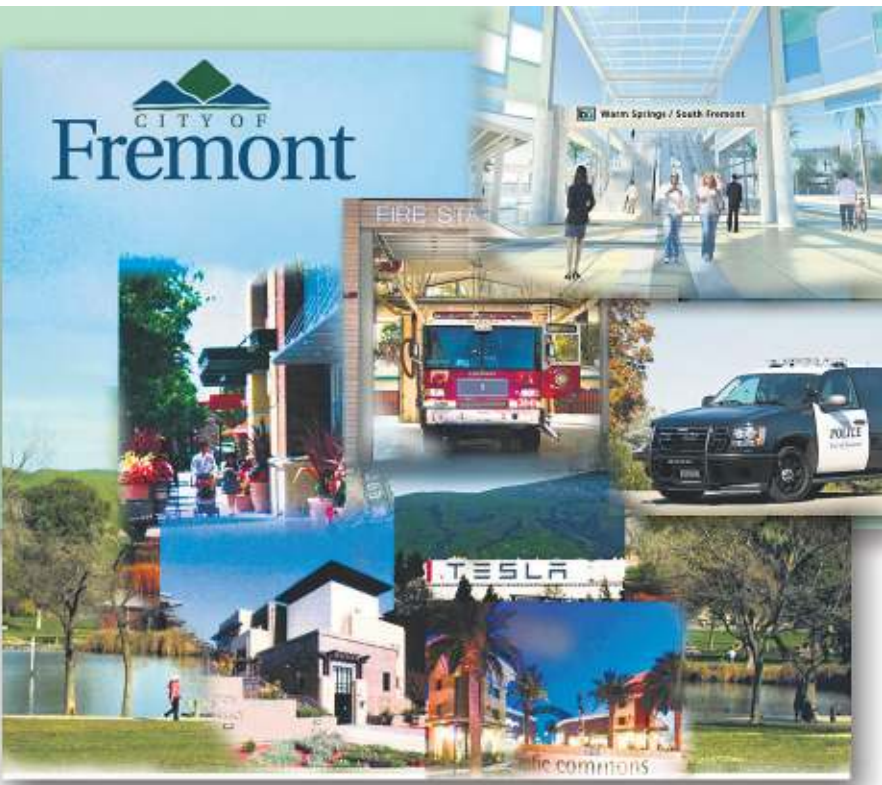
Nurse Sensitive Indicators are a way for hospitals and leading health care organizations to track the things that hospital nurses do for their patients every day. Washington Hospital's data shows that nurses at Washington excel in meeting standards. To learn more, visit the independent organization's websites listed at the end of this article.

and Resource Management Mary Bowron, RN, who reported to the Board. "Our nurses are exceeding the benchmarks for nearly every indicator, and that is one of the main reasons we are a Magnet hospital."

Magnet designation by the American Nurses Credentialing Center is the highest level of recognition a hospital can achieve for nursing excellence.

Nursing Sensitive Indicators track 15 measurable data points that play a critical role in achieving the best patient outcomes. They cover the "structure of care," such as how well educated nurses are and the number of hours they spend with their patients each day. Other Indicators measure the "process of care," like how soon and how often patients are assessed for pain. Another group of Indicators termed "patient-focused outcomes" monitors specific aspects of nursing care, such as the frequency of central line-associated infections, patient falls, pressure ulcers and the use of patient restraints.

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Niles Boulevard Bridge Replacement Project to Begin Soon

The Niles Boulevard Bridge spans over Union Pacific Railroad and BART rail lines, connecting the City of Fremont and Union City. Constructed by BART in the 1970s, the existing bridge is being replaced with a new cast-in-place, pre-stressed concrete box girder bridge to meet current seismic and design standards. The new bridge will be built next to the existing bridge, allowing it to remain open during construction.

Before new bridge construction begins, a number of trees and shrubs within City of Fremont and City of Union City right of way along Niles Boulevard—between Fox Road and Linda Drive—need to be removed. Workers began tree and shrub removal on Monday, March 2 and will take approximately 12 days to complete. Traffic

control measures will be in place along Niles Boulevard during removal work as needed. Portions of this area will be re-landscaped with new trees and shrubs after construction of the new bridge is complete.

Viking Construction Company has been selected as the project contractor. Project construction is anticipated to begin spring 2015 and take approximately 13 months to complete. A community meeting will be held to introduce the project contractor before heavy construction begins. Information about meeting date, location and time will be provided in advance.

For more information about the project and how to contact the project team, visit www.NilesBlvdBridge.com or call 510-355-1502.



Join the Cause - Fremont's Habitat Restoration Days for Sabercat Creek



Love nature and serving the community? Join the City of Fremont's Environmental Services for a day of habitat restoration work on Sabercat Creek the first Saturday of every month from 10 a.m. to 1 p.m. and the third Sunday of every month from noon to 4 p.m. We will be weeding, planting native trees and shrubs, and creating or restoring plant basins and mulch mats around native plants to preserve soil moisture and decrease competition from aggressive exotic plants.

Volunteers of all ages are welcome, and a signed waiver form is required for each participant. Minors under 18 must

bring a waiver form signed by a parent or guardian. Children 12 or under require an accompanying adult.

Please bring a reusable water bottle and clothing that is suitable for outdoor work (hats, sunscreen, sturdy closed toe shoes, long pants, and long-sleeved shirts are recommended). We will be providing gloves and tools, but you are also welcome to bring your own.

For more information, visit www.Fremont.gov/SabercatCleanup. Please contact Barbara Silva at bsilva@fremont.gov or 510-494-4575 if you have any questions.

Northgate Community Park Improvements Planned

Plans are under way to roll out brand new cricket and baseball batting cages, improve pathways, and resurface both play areas at Northgate Community Park, located on Paseo Padre Parkway and Milton Street. All projects are planned to wrap up by the end of 2015. For more information visit www.Fremont.gov/Northgate or contact project manager, Andrew B. Mayes, Landscape Architect II, at amayes@fremont.gov or 510-494-4700.



Private Video Surveillance Camera Registration

Do you currently utilize private video surveillance at your home or business? If you do, the Fremont Police Department would like to hear from you.

Video surveillance is one of the best methods for apprehending criminals and convicting suspects who are caught in the act of committing a crime. Installing private video surveillance is a great example of community-police partnerships and is something the City highly values as the Fremont Police Department serves a very large community.

If you would like to let the Fremont Police Department know that you have video surveillance and allow police officers to contact you should a crime occur in or near where your cameras are installed, please register your camera online. Registration is voluntary.

For more information please visit www.FremontPolice.org/CameraRegistration.



Join Us for Coffee with the Cops



Join Fremont Police Chief Richard Lucero and members of his command staff for coffee in an informal and friendly setting on Wednesday, March 18 from 5:30 p.m. to 7 p.m. at Suju's Coffee & Tea, located at 4949 Stevenson Blvd. in Fremont.

Officers from Patrol, Investigations, and other Police Department units will be available to talk with residents and business owners about community issues, neighborhood concerns, or just get acquainted. Regular and decaffeinated coffee will be provided.

For more information, call the Community Engagement Unit at 510-790-6740.

Job Fair for Aqua Adventure Waterpark

Are you looking for a summer job that is fun and exciting? Come to the City of Fremont Recreation Services Job Fair on Tuesday, March 17 from 3 p.m. to 7 p.m. at the Aqua Adventure Waterpark, located at 40500 Paseo Padre Pkwy. This is an excellent opportunity for college and high school students to meet directly with our supervisors, submit an application, and have a chance to interview. Positions include Lifeguards, Waterpark Staff, Food Services/Concessions Staff, Sports Leaders, and more.

Applicants should dress to impress and bring a resume if they have one. Fast track your interview by downloading an application and filling it out ahead of time. For information on all the jobs available and/or to download an application, visit us online at www.Fremont.gov/RecJobs or www.GoAquaAdventure.com. If you are unable to attend this job fair, applications can be submitted in person or by mail to: City of Fremont Recreation Services, 3300 Capitol Ave. Bldg. B., Fremont, CA 94538.



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Preventive Screenings Promote Lifelong Health

Seminar to Discuss Exams and Tests for Potential Health Issues

“We also need to be sure our patients are current on all their immunizations,” he adds. “If you haven’t had all the basic childhood immunizations – or if you’re not sure of your immunity to a particular disease – let your doctor know. In general, we want to be sure patients get a flu vaccine every year, a Tdap vaccine every 10 years – which is important because of a resurgence in pertussis, or whooping cough – a meningococcal vaccine if they are young people heading off to live in college dorms, a shingles vaccine if they are over age 60, and two different pneumonia vaccines if they are over age 65 or have significant chronic health issues such as lung or heart disease or asthma. There may be other vaccines that people should receive if they are traveling outside the country or if they work in health care.”

Dr. Parmley notes that physicians also may offer counseling during a preventive care exam on general health factors such as

diet, exercise, smoking, and the use of seatbelts and sunscreen.

“A doctor shouldn’t be someone to see only when you’re sick,” Dr. Parmley says. “Preventive care serves a different purpose than urgent care does. Preventive care is intended to help keep you healthy throughout your life.”

Learn More

To register for the seminar on Tuesday, March 17, or to learn more about seminars offered by Washington Hospital, visit www.whhs.com and click on “Upcoming Health Seminars” or call (800) 963-7070.

For help in finding a primary care physician who can discuss your health risks and the appropriate screenings, visit www.whhs.com and click on the tab for “Find My Physician,” or visit the Washington Township Medical Foundation website at www.mywtmf.com.

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Washington Hospital Excels in Nationally Recognized Nursing Performance Standards

Bowron’s report to the Board of Directors covered Washington Hospital’s performance on Nursing Sensitive Indicators for the quarter ending December 2014. Results were compared with the Hospital’s performance for the previous four quarters, beginning in October 2013, as well as data from other hospitals in the state and across the country. Highlights of the report included:

- How much time registered nurses on the Medical/Surgical unit spent with their patients—Washington Hospital patients were cared for by RNs for a significantly longer period of time each day (between 8.4 and 9 hours) compared with the benchmark for hospitals around the country (6.2 hours).
- The percentage of patients who get a pressure ulcer while in the hospital—For the past five quarters, no patient in Washington Hospital’s Medical/Surgical and Critical Care units has suffered a stage II or above pressure ulcer. This is notably better than the national NDNQI benchmark, which ranges from 1.1 percent to 1.2 percent of patients in Medical/Surgical units and 4.3 percent to 5.3 percent of patients in Critical Care.

“We have a comprehensive approach to preventing pressure ulcers for our patients,” explained Bowron. “That includes turning patients frequently, doing regular skin assessments, checking their nutrition status and more. As a result of all of these things, our

patients do not tend to develop skin ulcers.”

- The number of patients falls with moderate to severe injury—Patient falls have decreased in the past year after an action plan was implemented. The Hospital has had zero falls in three of the last five quarters.

“We have a multi-faceted plan to prevent patient falls, including purchasing low boy beds, increasing the monitoring of high risk patients, improving early identification of high risk patients and enhancing staff education,” Bowron stated.

The Hospital has also performed better than national and statewide benchmarks for most of the last five quarters in preventing central line-associated bloodstream infections and catheter-associated urinary tract infections.

“We take our commitment to the Nursing Sensitive Indicators very seriously,” concluded Bowron. “And, we are proud of our nurses for their hard work and persistence in providing safe, high quality care for patients at Washington Hospital.”

Learn more.

To find out more, visit the following websites to access online databases: www.calnoc.org, www.nursingquality.org or www.jointcommission.org. For more information about quality initiatives at Washington Hospital, go to www.whhs.com. Click on “About Us” and select “Quality Initiatives.”

Start Smart Teen Driver

SUBMITTED BY NATHAN SILVA

On March 23, the California Highway Patrol and the Castro Valley Library present Start Smart: Teen Driver Program. CHP officers will discuss traffic collision avoidance techniques, collision causing factors, driver/parent responsibilities and seatbelt usage. Additionally, testimonies will be provided by officers who have investigated fatal collisions involving teens and by family members who have lost love ones in traffic collisions.

The Start Smart program is a driver safety education class which targets new and future licensed teenage drivers between the ages of 15 - 19 and their parents/guardians. To register, please contact the Castro Valley Library (510) 667-7900 or the California Highway Patrol (510) 581-9028.

Start Smart Teen Driving
Monday, Mar 23
6 p.m. – 8 p.m.
Castro Valley Library
3600 Norbridge Ave, Castro Valley
Register: (510) 667-7900 / (510) 581-9028
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New bus service to Avaya Stadium

SUBMITTED BY SANTA CLARA VALLEY TRANSPORTATION AUTHORITY

Avaya Stadium is the new home of the San Jose Earthquakes. Located at 1123 Coleman Avenue across the street from Mineta San Jose International Airport, Avaya Stadium is served by Santa Clara Valley Transportation Authority (VTA) Line 10 and now, the all new Line 231.

Line 231's special game-day service will operate from First and Santa Clara streets in downtown San Jose to the front door of the stadium two hours before the start of the game and one hour after the game ends. Stops will be made along Coleman Avenue, Market Street and Santa Clara Street, with a stop at the Market shopping center. After the event, please catch the bus along Earthquake Way.

Both Line 10 and 231 are an easy connection to VTA Light Rail. It's convenient to leave your car at one of the many Park-n-Ride lots in the county and hop on light rail. Line 10 connects to the Santa Clara Caltrain Station for those traveling to the game via Caltrain. For more information, visit www.vta.org/getting-around/event-service/avaya-stadium.

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Musical “In the Heights”



SUBMITTED BY JEFF BLISS

California State University, East Bay's (CSUEB) Theatre and Dance Department will mount a production of the Tony award-winning musical “In the Heights,” March 13–15. Tickets are on sale at www.csueastbaytickets.com.

“In the Heights,” the 2008 Tony award winner for Best Musical as well as three other categories, was written by composer Lin-Manuel Miranda and playwright Quiara Alegria Hudes. The first musical written by and about Latinos to win a Tony award, “In the Heights” tells the story of a vibrant community on the brink of change in New York City's Washington Heights neighborhood, and explores themes such as the pressures of reaching for one's dreams and the struggle to keep traditions alive.

“In the Heights” broke new ground on Broadway by interweaving rap dialogue with Latin American dance and music. The musical score is a mix of salsa, merengue, hip-hop, breakdancing, and traditional Broadway musical numbers. This fusion of dance and musical styles reflects the diversity of the Washington Heights community that the story is set in.

“The musical is written about the Dominican and Puerto Rican-American neighborhood of Washington Heights, but it transcends the specific ethnicity. It is the classic American immigrant story, the story of a community that is under pressure, one that is changing, growing, and transforming,” said Professor Darryl V. Jones, director of the CSUEB production.

Jones also noted that the Bay Area's own diversity is reflected in the production. “Made up of Cal State East Bay Theatre and Dance students, guest artists from Foothill College, San Jose State, and others from throughout the Bay Area, our talented cast reflects the lively diversity of our local community and our own ‘Pioneer Heights,’ ” Jones said.

In the Heights
Friday, Mar 13 and Saturday, Mar 14
8 p.m.
Sunday, Mar 15
2 p.m.
California State University, East Bay
25800 Carlos Bee Blvd, Hayward
www.csueastbaytickets.com
(510) 885-3118
\$10 - \$20

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United for better parenting

SUBMITTED BY FREMONT UNIFIED STUDENT STORE

To empower parents to be more effective in parenting, school organizations including Fremont Unified School District (FUSD), Fremont Council Parent Teachers Association (FCPTA), City of Fremont Youth and Family Services, Fremont Education Foundation, other school-parent groups, community organizations and individuals are coming together to form United for Better Parenting Coalition (UBPC).

UBPC is inviting representatives from every FUSD school to organize discussion forums, which address important parenting topics. A meeting will be held at the FUSD District Office on Saturday, March 14. If you'd like to participate, please contact your PTA or FUSS at fuss4schools@gmail.com.

Participants will finalize the parent topics, including academic success, social/behavioral wellness, physical wellness, and emotional/mental wellness.

United for Better Parenting Coalition Meeting
Saturday, Mar 14
2 p.m. – 4 p.m.
FUSD District Office
4210 Technology Dr, Fremont
fuss4schools@gmail.com
www.fuss4schools.org

Oratorical Festival

BY SARA GIUSTI
PHOTOS COURTESY OF
HAYWARD UNIFIED
SCHOOL DISTRICT

Public speaking has long been hailed as a top fear for many, but Hayward Unified School District (HUSD) is tackling this fear head on with their second annual "Made in Hayward Oratorical Festival" later this month. The "Oratorical

paigun walks, where Superintendent Dobbs, teachers, administrators, and staff go door-to-door throughout Hayward's neighborhoods speaking to parents about Made in Hayward and school activities; a Community Kick-Off Breakfast just took place on February 27. The breakfast connects educational and community leaders in planning the Cradle to Career Education Summit in April, a community forum to discuss

memorized. Sponsored by Chabot College and HUSD, the festival will be held at Chabot College's Little Theatre and is free and open to the public.

Prizes will be awarded to students based on grade level. First place winners in high school will receive an educational scholarship of \$350; first place middle school winners will receive \$200; and first place elementary school winners will receive \$100. Second



Festival" is one of Made in Hayward's many programs to celebrate the city's students while giving them an opportunity to grow and hone certain skills.

Launched in February 2014 by HUSD, Made in Hayward was created to showcase both past and present Hayward students' success and support educational excellence across the district. With the backing of HUSD Superintendent Stan "Data" Dobbs, Made in Hayward is committed to increasing HUSD's graduation rate and providing support for the district's more than 62,000 students. "[T]he district has implemented more effective instructional practices, created responsive intervention programs, and expanded course credit recovery options and direct counseling services for at-risk students and their families," explained Sabrina Aranda, Field Coordinator for HUSD's Student and Parent Support Programs.

Made in Hayward's events have included a range of unique programs, such as weekly cam-

educational excellence in Hayward. Made in Hayward also enacted a Step-Off dance competition, open to any school in the district. Students learn how to step dance after school, competing at the end of the school year in elementary, middle, and high school categories.

First held in May 2014, Made in Hayward's "Oratorical Festival" invites students from grades four to twelve to apply for a district-wide speech competition. Thirty students will be chosen as competitors – ten from elementary, twelve from middle school, and six from high school. Speeches are three to five minutes each, and students can either choose to recite an inspirational speech from a leader such as Martin Luther King, Jr. or Cesar Chavez or find an inspirational speech focusing on education. Students can also write their own speech, either on the impact of education on their lives, what Hayward means to them, what they love about Hayward, or their goals for the next twenty years. Speeches are encouraged to be

place winners in all levels will receive a medal, and every participant will receive a certificate for participation.

"At the Hayward Unified School District, we've adopted a holistic approach to education that nurtures all aspects of our students' development," said Superintendent Dobbs. "Public speaking is an integral part of a well-rounded education, and the Oratorical Challenge presents a fantastic opportunity for our students to shine. We look forward to celebrating our students' achievements with members of the community on March 20."

**Made in Hayward
Oratorical Festival
Friday, Mar 20
Doors 5:30 p.m.,
festival begins 6 p.m.
Chabot College Little Theatre
25555 Hesperian Blvd,
Hayward
(510) 784-2600
Free
<http://www.husd.us/OratoricalFestival>**

Keynote speaker at Fremont Rotary Club

SUBMITTED BY LENA ZEE

Beer Brewmaster Jan Shutz and wife Priscilla la Rocca, owners of JP DasBrew, will be the keynote speakers at Rotary Club of Fremont on Wednesday, March 11 at 12noon.

**Fremont Rotary Club Program
Wednesday, Mar 11
12 noon – 1:30 p.m.
Spin a Yarn Restaurant
45915 Warm Springs Blvd, Fremont
lenazee@att.net
www.thefremontrotaryclub.org
\$20/Buffer lunch**

Lions host St. Patrick's Day dinner

SUBMITTED BY THE
CASTRO VALLEY/EDEN AREA
CHAMBER OF COMMERCE

Join us for the 15th annual "Corned Beef and Cabbage Dinner" hosted by the Castro Valley Breakfast Lions Club. There will be great raffle prizes and an unbelievable silent auction. All proceeds benefit Lions Club Charities of the Bay Area, Castro Valley schools, and local community groups. For tickets call Rudy at (510) 538-6020 or Joe at (510) 581-2897. Tickets may also be purchased at The Cobblers, 22443 Foothill Boulevard in Hayward.

**Corned Beef and Cabbage Dinner
Saturday, Mar 14
5 p.m. – 10 p.m.
Castro Valley Moose Hall
20835 Rutledge Rd, Castro Valley
(510) 538-6020
Tickets: \$20 adults,
\$15 children (under 12)**

'Not My Life' documentary

SUBMITTED BY SUZANNE BARBA

A screening of "Not My Life," a 2011 documentary film written, produced, and directed by Robert Bilheimer, will be held on Tuesday, March 10 at the Castro Valley Library. "Not My Life" is the first film to depict the cruel and dehumanizing practices of human trafficking and modern slavery on a global scale. Filmed on five continents in a dozen countries, "Not My Life" takes viewers into a world where millions of children are exploited every day through an astonishing array of practices, including forced labor, domestic servitude, sexual violence and child soldiering. The screening is sponsored by the American Association of University Women and the Castro Valley Library. For more information, call (510) 667-7900.

**"Not My Life" Film Screening
Tuesday, Mar 10
6 p.m. - 8 p.m.
Castro Valley Library, Chabot Room
3600 Norbridge Ave, Castro Valley
(510) 667-7900
www.hcv-ca.aauw.net
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Mobil

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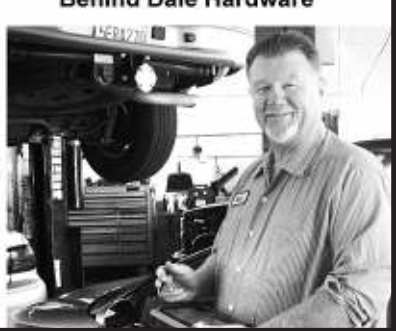
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History

Centerville Circus

Traveling entertainers occasionally visited local towns. A troupe that came through in June 1894 included two men, a woman, a little girl, and a pack of dogs. The program consisted of throwing a lasso, making bridges with a single

city and country dancing brought down the house. The side show did a good business, and it was well worth a quarter of a dollar to see the curiosities. The concert was a success.”
The circus apparently left town on Sunday, taking between

light was seen in the back room in the saloon of Reiss and Company by a person from Hayward’s who had attended the circus. The editor of the Hayward’s Journal wrote, “Centerville had a careless chap who visited the circus here last Saturday night and forgot to



1876 Circus Flyer

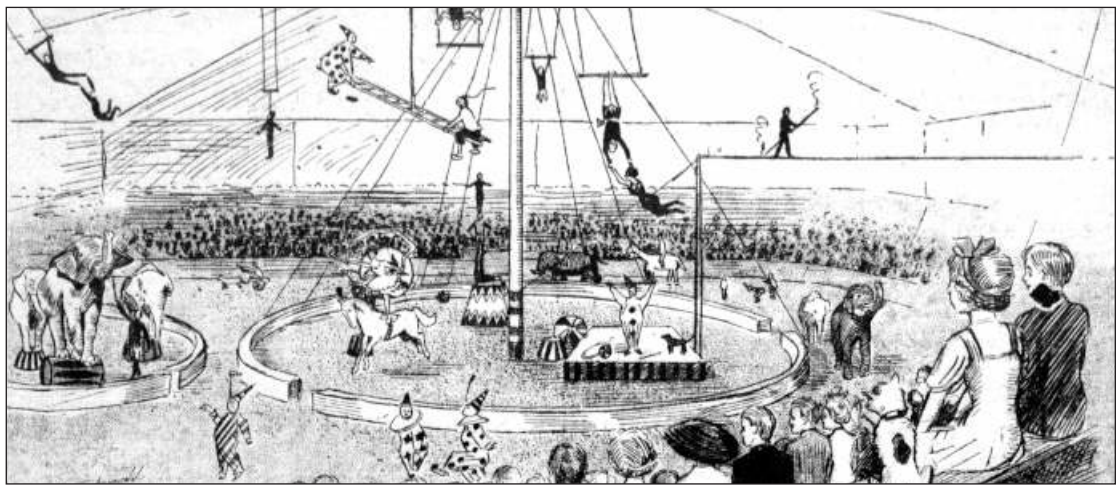
piece of rope, throwing knives and hatchets around the woman, pinning her to a board. The dogs performed a variety of tricks. A small collection was taken from the crowd.

Some troops were much larger. The Montgomery Queens Circus that came to Centerville in August/1876 was one of those. Their procession included 30 wagons plus elephants and camels. A trainer with a large brown bear created considerable wonder and amazement. He performed many tricks but seemed bored to some Centerville observers. The bear was given a corner in Mrs. Lewis stable.

Trained horses gave a perform-



Bear at sideshow in Neark c.1920



ance in which they did everything horses could do, or be expected to do. The performance was nearly two and a half hours long and kept a “good crowd for Centerville” in high spirits and expectation. “Barney” and “Tommy” were Belmont stock and “Jack,” the white, did the clown’s part to perfection. The last act, in which Tommy and Jack performed on a see-saw, showed great intelligence on the part of the animals.

A traveling circus came to Centerville in September 1887 and brought a sense of wonder and enjoyment to many. A local reporter wrote:

“The town was filled with people Saturday and the excitement was next door to a Fourth of July celebration. A small boy stayed with the circus all day. He was there at each performance, and is no doubt trying to perform some of the difficult tricks in the back-yard. The show was a good one. The entire seating capacity was filled, and there must have been nearly 1500 under the canvas. The audience was greatly amused over the peculiar antics of the clown, and the local hits caused a roar of laughter. The exhibition of the difference between

\$1,500 and \$2,000 the residents paid to see the shows. They simply packed up and moved on for their next performance, but the excitement for Centerville was not over.

Fire broke out about one o’clock Monday morning in the lower story of a Centerville hall occupied upstairs by the order of United Friends of the Pacific; flames raged through part of town. It is said the fire started in the lower story of the building occupied by John Reiss & Co. as a saloon. The saloon keeper was absent and knew nothing of it until the building had burned to the ground. A one-story building belonging to Samuel Sandholdt and occupied by John Michelson as a saloon was also consumed. Fire enveloped and destroyed the store of William Haley and caused almost total loss of its contents: dry goods, groceries and general merchandise. The shoe shop of William Lucia was in flames and torn down by the energetic citizens to prevent further destruction. This tactic proved successful. Total loss was estimated to be about \$25,000.

Cause of the fire was an active topic of conversation for days. A

blow his lamp out, and it cost the town just \$25,000. That was costly trip to the circus.”

We just happen to have records of these circus events at Centerville. There were probably many other events for which we have no record.



PHILIP HOLMES

PEEK INTO THE PAST

www.museumoflocalhistory.org

Photos courtesy of
The Museum of Local History



Reflections on Water

Alameda County Water District builds a stronger water portfolio

When ACWD formed 100 years ago, our water came from two sources – Alameda Creek and the aquifers of the Niles Cone ground-water basin. Later, we were able to purchase additional water from San Francisco after completion of the Hetch Hetchy system.

Those supplies served us well until local demand mushroomed with growth in the 1950s. We worked with the State to supplement the water we had. This culminated in the South Bay Aqueduct, part of the State Water Project; it became a significant component of our water supply.

In recent years, State Water Project supplies have become more unreliable as California's population, industry and agribusiness have grown, and more interests compete for the same water in dry years. To better serve our customers, we've sought supplemental sources that are more reliable – and that we have more control over.

It took a state law in 1913 before unincorporated counties could create their own water districts. Eighty years later it took a change in state water policy before water districts could store water outside their service areas.

We looked for a reservoir or groundwater basin where we could store wet-year excess water from our State Water Project allocation (or extra water we could purchase) and withdraw it during dry years when cutbacks occurred in our imported supplies.

The alternative that best met our needs was the Semitropic Groundwater Banking Program in Kern County, and we began storing water there in the early 1990s. Since then, we have been able to triple our original amount of storage capacity to 150,000

acre-feet of water. This represents enough water for our entire service area for three years. The capacity meets our long-term goal of having no more than a 10 percent shortage in available supplies during critically dry years. Between 1996 and 2009, we banked surplus water from our state allocation and in 2014 we were able to withdraw from that reserve during the drought. This improved our ability to meet local demand without resorting to more stringent conservation requirements for our customers.

Another way we improved our water reliability was with the Newark Desalination Facility. This plant removes salt from the brackish water that exists in portions of our groundwater basin. Bay water seeped into the lower aquifers of the basin in the early years of this District's history when too much pumping and not enough recharge took place.

Brackish water in the shallow aquifers can be flushed out with an infusion of groundwater, but it's trapped in the deeper aquifers. We have been pumping out that salty water since the 1970s and discharging it back into San Francisco Bay.

As part of the long-range planning that went into developing the Integrated Resource Plan in the 1990s, we considered adding a desalination plant which could turn undrinkable water into a "new" and relatively inexpensive local supply.

We chose a reverse osmosis system for the plant, which produces a salty concentrate (brine). State and federal fish and wildlife agencies responsible for issuing permits for us to discharge the brine said that the habitat of the estuary would actually be enhanced by the proposed discharge.

We also could save money on construction by siting the plant near one of the pumping stations where we already discharged brackish water from the lower aquifers. Additional design elements would save the District even more money, so we incorporated energy recovery facilities and designed it as an unmanned facility to be monitored and operated from the Mission San Jose Water Treatment Plant.

We broke ground for the plant in 2001 at a site at the end of Cherry Street in Newark. The facility was completed in 2003 and expanded in 2010.

Our plant now has the capacity to desalinate 12 million gallons a day. The high-quality drinking water it produces adds to our water portfolio and is a more reliable source of supply when other sources are cut back.

The newest approach to improving our water reliability is a water-transfer arrangement with Contra Costa Water District. Last year we purchased 5,000 acre-feet of water storage in their Los Vaqueros Reservoir. During the summer of 2014 – in one of the worst droughts in the state's history – we withdrew the stored water, which represented about 15 percent of the District's annual water supply. This approach to short-term water storage showed the value of regional cooperation and will be explored further in coming years.

As the District continues to seek opportunities to expand its water portfolio, it also is faced with the daunting task of upgrading an aging and seismically vulnerable system. Next month we'll take a look at our efforts to deal with these pressing issues.

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Try Retirement with SIR

Sons In Retirement is a nonprofit public benefit corporation for retired men. SIR Branch 59 is one of over 100 SIR branches located throughout Northern California meets at noon on the third Thursday of each month at the Newark Pavilion. Every meeting features a guest speaker from the community. Speakers have included college professors, police officers, retired SF Giant and 49er players, and even the editor of TCV. Twice a year the meeting is open to spouses – the May sweetheart luncheon and the December Holiday Luncheon. The goal of Branch 59 and all other SIR branches throughout Northern California is to provide an avenue for men to have fun in their retirement years. Activities include golf, bowling, walking, computer club, sports, bridge, reading, and much more.

Two of the more popular activities are bowling and golf. Members bowl once a week and participate in about 20 tournaments a year. Tournament days usually begin with a breakfast meeting followed by travel to the tournament, sometimes as far as Reno. Some branches allow women to join them in bowling.

SIR branch 59 is NCGA certified and plays golf weekly at Sunol. They attend state tournaments about seven times a year. To find more information about the SIR golf group, visit their website at www.sirstategolf.com. The golfers travel to Reno, Las Vegas, Solvang, and the Monterey area for their tournaments. The standard format is scramble, but there is also individual play and 2-man best ball. Ladies (with NCGA handicaps) have a separate tournament at the state tournament, always a scramble format. The average handicap for the SIR golfers statewide is mid-20s.

SIR branch 59 is always looking for new members
If interested, visit the SIR website www.sirinc.org or
Call Rob Ingebretson 510-657-7828

Education Technology Symposium

SUBMITTED BY COLEEN MATSUNO

Milpitas Community Education Endowment (MCEE) and Milpitas Unified School District (MUSD) are partnering to present the "3rd Annual Education Technology Symposium" (formerly MUSD Technology Showcase) on Saturday, March 14 at the new Milpitas High School (MHS) Learning Center.

The purpose of the event is to highlight projects that incorpo-

rate technology in the classroom. Currently, there are 48 projects with more than 100 students participating. Come see Animation; Stairs to Mars; Microscopic World; Building an Earthquake-Safe Building; Recycling in Foreign Countries; Life on an Alien Planet; and other student projects in the area of science, technology, engineering, art and math. Student Parneet Sandhu, who won first place at Google-PBS NewsHour's Zeitgeist com-

petition, will share her project at the event as well.

Education Technology Symposium
Saturday, Mar 14
9 a.m. – 12 p.m.
Milpitas High School Learning Center
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info@mceefoundation.org
www.mceefoundation.weebly.com
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BUSINESS

Fremont Chamber holds successful Bowl-A-Thon

SUBMITTED BY CINDY BONIOR

Over 40 people gathered at Cloverleaf Bowl on February 21 to raise money for the Fremont Chamber of Commerce's "Dollars for Scholars" program. The Bowl-A-Thon funds are used to assist local high school students who are heading off to college. Over \$4,600 was raised by the event for this program.

Special thanks to the teams from Mission San Jose High School, American High School, Fremont Unified School District central office, the Fremont Kiwanis Club and the teams put together by Chamber Board members Dan Smith and Ken Ariathurai.

Circus World committed to keeping elephants in acts

AP WIRE SERVICE

BARABOO, Wis. (AP), Circus World, with its roots in the Ringling Bros., says it's committed to keeping elephants in its shows in Baraboo.

The parent company of Ringling Bros. and Barnum & Bailey Circus announced plans Thursday to eliminate elephants from its circus performances by 2018. Feld Entertainment says some cities and counties have passed "anti-circus" and "anti-elephant" ordinances, making touring difficult with changing regulations.

Baraboo was home to the Ringling Bros. when they began their first tour as a circus in 1884. Today, Circus World continues big top shows with performers from all over the world.

Executive director Scott O'Donnell said Circus World has a great environment for the elephants and an exemplary record for keeping them safe. The elephants are the museum's most popular attraction, he said.

"We are very committed to having elephants here with us as long as we are able to do that," he said.

O'Donnell told WKOW-TV (<http://bit.ly/18IXCvv>) state and federal inspectors visit the circus regularly. He said Circus World

checks out prospective performers to ensure they properly care for elephants.

Longtime ringmaster and performance director Dave SaLoutos said it's usually clear when an elephant is unhappy.

"You look at the animals first and foremost, how are the animals in appearance, how are their feet, how is their grooming, do they look like they're well-fed," SaLoutos said.

Hannah West with Alliance for Animals and the Environment said she was amazed by Feld Entertainment's decision, and that it sends a message that animals aren't meant for entertainment.

"The way that these animals are trained is not by bribing them with peanuts or anything, the way that you train your dog, because they're wild animals," West said. "They can't be trained unless they're made afraid of something, unless they're harmed and they're hurt."

Kenneth Feld, who runs Feld Entertainment, told The Associated Press that the elephant act retirement plan for Ringling Bros. and Barnum & Bailey Circus wasn't made in response to critics.

Information from: WKOW-TV, <http://www.wkow.com>

NASCAR announces effort to promote math, science

By KIMBERLY HEFLING
AP EDUCATION WRITER

WASHINGTON (AP), It takes a lot of geometry and physics to get a race car to go 200 laps at speeds that can top 200 mph.

In a nod to the often overlooked science behind races like Sunday's Daytona 500, NASCAR announced Friday a commitment to promote "STEM" — the buzzword for science, technology, engineering and math — inside classrooms and out.

The NASCAR Acceleration Nation initiative focuses on the three D's of speed — downforce, drafting and drag — and includes instructional materials for teachers.

The effort is a way for NASCAR to show the fun side of engineering and math and to encourage fans to view NASCAR in a new way, said Brent Dewar, NASCAR's chief operating officer.

"A lot of people see cars racing and they love the sport for the sporting element of cars winning, and racing and passing," Dewar said. "Behind all of that is pure science. It's the horse power, and it's drag and it's aerodynamics."

Driver Carl Edwards was a substitute teacher in Columbia, Missouri, long before he became known for his back-flip off cars after winning races. For him, one of the biggest teaching challenges was keeping students' attention,

and he hopes that bringing race cars into science discussions will spark interest.

Edwards said that with every lap, scientific data is involved, from tracking the statistical probability of crashing at different parts of the race to the amount of fuel used by the engine at different speeds in various throttle positions. Although he said he still uses the science and math he learned in school, Edwards wishes he'd learned even more.

"You can take any part of the car and talk about how it was engineered and why it's designed the way it is to interact with the rest of the race car, and there's a physics or a math or a science lesson in any of that," he said.

As part of the initiative, NASCAR partnered with publisher Scholastic Corp. to develop fact sheets and quizzes primarily for middle school teachers focused on aerodynamics. An example of topics addressed: Why can race cars in a drafting formation lined up behind each other go faster than cars moving solo? (The answer is that the air acts like a vacuum and sucks trailing cars forward; leading cars also get a boost because the trailing cars push high-pressure air over the leading cars' spoilers.)

About 7,400 kits will be mailed to teachers initially, but

Cardinal Health offers to buy J&J unit for about \$1.94B

AP WIRE SERVICE

NEW BRUNSWICK, N.J. (AP), Cardinal Health is offering to buy a unit of Johnson & Johnson that makes heart devices for approximately \$1.94 billion.

Johnson & Johnson's Cordis business, which is based in Fremont, California, had 2014 revenue of about \$780 million. The U.S. is its biggest single market, but 70 percent of total sales come from outside the U.S. Cordis has operations in more than 50 countries, including China, Japan, Germany, Italy, France, the U.K. and Brazil.

Cardinal Health expects the proposed deal to add more than 20 cents per share to its fiscal 2017 adjusted earnings. This includes the cost of an incremental 7 cents to 8 cents per share of interest expense associated with financing it.

The acquisition is targeted to close toward the end of the year, if Johnson & Johnson accepts the offer.

The Cordis business will report to Don Casey, CEO of Cardinal Health's medical segment, once the acquisition is complete.

"This initiative is part of our ongoing disciplined portfolio management approach to focus on our most promising opportunities to help patients and drive growth," Gary Pruden, Worldwide Chairman of Johnson & Johnson's global surgery group, said in a statement.

Cardinal Health Inc. expects cost savings of more than \$100 million annually by the end of fiscal 2018. The Dublin, Ohio-based company said Monday that it plans to finance the proposed deal with a combination of \$1 billion in new senior unsecured notes and existing cash.

Johnson & Johnson is based in New Brunswick, New Jersey.

teachers can also go online to download the material and view online demonstrations. The effort includes a website for fans with math and other games and an interactive play area that children and teens can visit on race days.

NASCAR's effort is part of a larger push in both the private and public sector to promote STEM out of concern for the nation's global competitiveness and because of strong projected job growth in those fields.

Michael Lynch, a NASCAR executive involved with the effort, said NASCAR is tracking how students do on a quiz before and after using the material, so they can see what works and what needs to be changed.

NASCAR wouldn't say how much it's spending on the STEM-related activities.

Online: <http://www.accelerationnation.com/>

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Shape Our Fremont

Where Fremont residents can learn about shaping proposed housing developments

2011 General Plan

In December of 2011, a new General Plan was adopted which increased allowable residential density of parcels along Mission Boulevard. It was approved despite a traffic impact study showing that the traffic Level of Service (LOS) along Mission Blvd. will drop from A down to F by at least 2035.

Parcels that are currently designated as Commercial or Low Density Residential can easily be changed to Medium Density Residential. Developers just request a General Plan Land Use Amendment (GPA). So there could be even more new housing than is planned for in the 2011 General Plan.

The Current Traffic Situation

Mission Blvd. runs from I-680 in Warm Springs through the Mission San Jose district. It continues north as State Route 238 from the I-680 Mission Blvd-North interchange up to the Fremont - Union City border and beyond. Mission Blvd. is under the jurisdiction of Caltrans.

Mission Blvd. is used as a morning commute route from cities to the north headed down to Silicon Valley. The Niles Canyon and the Mowry intersections with Mission Blvd. were already rated as E or F in 2011.

Morning commuters trying to reach I-680 combine with parents taking their children to Hopkins Junior High or Mission San Jose High School. That slowdown was rated C back in 2011.

Afternoon and evening commuters on northbound I-680 often get off at Mission Blvd-South and use Mission Blvd. to reach I-680 Mission Blvd-North in order to skip the stoppage on I-680 between those interchanges. This clogs the streets in Mission San Jose each workday.

Ohlone College students and staff have to deal with an overloaded street. The parents of students in the many schools in Mission San Jose also join the queue.

New Housing Developments

Over 300 housing units along Mission Blvd. have been ap-

proved since December 2011. There are over 1,100 more in the approval process. And Ohlone College plans to lease its Mission Blvd. frontage land for 300 apartments. That’s potentially 1,700 to 3,400 more cars that will be added to the already congested commute and school traffic. By 2020, when all these units are completed, the traffic LOS will near an F.

Each proposed development is subject to a traffic impact review. But developers are not held responsible for the cumulative impact of new housing along the streets.

Fremont uses the Institute of Transportation Engineers (ITE) standards for traffic studies. The trip generation calculation gives a lower rate for townhouses than for single-family houses of the same square footage or number of bedrooms. And even for single-family houses, they say that it will generate, at most, one car trip per house.

All of the approved units are large traditional single-family houses or just-as-large three-story townhouses. They have three to five bedrooms and will likely generate at

least two cars per household - either two commuters or one commuter and one school transporter.

If the city has already designated a traffic intersection as having an unacceptable LOS, the development won’t be denied for traffic reasons unless “the addition of the project causes the intersection average control delay to increase by more than 4 seconds per vehicle.”

Changes to traffic controls on Mission Blvd. are subject to Caltrans approval and the city uses that to justify why they don’t hold developers responsible for traffic problems.

What Can We Do About This?

Mission Blvd. is just one example of the impact that new residential developments will have on the future traffic in Fremont. New housing isn’t the only problem, but keeping new housing to a minimum can be part of the solution. What can we do?

- Have Fremont’s traffic impact studies rate townhouses the same as single-family houses - look at bedrooms and not just

use the ITE standards.

- Revoke the policy that if an intersection is already bad, the development has to make it a whole lot worse in order for the project to be denied for traffic reasons.
- Stop allowing General Plan Land Use Amendments that increase density for small parcels for a single development - use GPA’s only for projects with a Master Plan like the Downtown Center or the Warm Springs/South Fremont area.
- Require that the density of parcels of less than two acres be in the lower 10% of the density range designated for that area.
- No longer allow small parcels to be developed as planned districts - set a minimum parcel size rather than leave it up to the City Council.
- Use the cumulative impact of recently approved and proposed developments as part of the traffic impact study.

www.ShapeOurFremont.com

UPS honors employees for safety record

SUBMITTED BY
DAN McMACKIN

UPS (United Parcel Service) recently announced that 138 elite drivers from California are among 1,445 newly inducted worldwide into the Circle of Honor, an honorary organization for UPS drivers who have achieved 25 or more years of accident-free driving.

Those recognized locally are:

Hilario Magallanes and Jim Sanchez of Castro Valley
Thomas Dougherty of Fremont
Emerio Torres of Hayward
Ken Van Trease of Livermore
Jeromy McCoy, Gary Philips, Rodney Reed and Michael Stowers of Oakland
Steven Purpura of Pleasanton
John Burgess of San Leandro
Keith Barros of San Lorenzo

“My thanks go to all of them for their dedication and focus, and for the countless lives they’ve saved,” said Jerry Mattes, president, UPS West Region. UPS’s 102,000 drivers are among the safest on the roads, logging more than 3 billion miles a year and delivering more than 4 billion packages safely.

Cargill donates salt and funds to rescue wildlife

SUBMITTED BY JILL SINGLETON

When Cargill Environmental Health & Safety Manager Sean Riley learned of a mysterious pollutant affecting waterfowl in the Central San Francisco Bay near San Leandro and Alameda, his first thought was to see what Cargill could do to help International Bird Rescue (IBR), a non-profit environmental first-responder organization.

In the past, Cargill has donated salt for the IBR’s rehabilitation tanks at its Fairfield wildlife rehabilitation center, located 50 miles away from Cargill’s salt production operations in the South San Francisco Bay. This year, Cargill again delivered salt, two pallets of water conditioning pellets, and stepped in with a \$2,000 donation.



(Left to right): Sean Riley, Cargill Environmental, Health & Safety Manager; Barbara Callahan; Interim Executive Director IBR; Russ Curtis, IBR volunteer

IBR’s wildlife hospital is a triage center for shorebirds, and waterfowl that are rescued in the field by IBR’s carefully trained volunteers and staff. Dozens of volunteers, including two veterinarians and several veterinarian technicians, work around the clock, carefully hand-cleaning the birds – a multi-step, days-long process that includes confinement in specially-modified baby cribs as well as above ground pools.

Through careful handling, the IBR was able to save more than 200 of the 325 rescued birds, with “hospital” stays lasting several weeks.

For more information, visit Cargill.com

Union City celebrates 10 years of compost giveaways

SUBMITTED BY TRI-CED COMMUNITY RECYCLING, REPUBLIC SERVICES, AND CITY OF UNION CITY

For the tenth year in a row, Tri-CED Community Recycling and Republic Services are joining with the City of Union City in hosting a compost giveaway and electronic waste drop-off event. This year’s event is scheduled for Saturday, March 28 at Tri-CED in Union City. When gates open at 9 a.m., Union City residents who subscribe to green waste cart service will be able to drive through and collect two free bags of nutrient-rich compost, perfect for planting or gardening.

The idea for the compost giveaway originated back in 2006, shortly after the intro-

duction of food scrap recycling in Union City. For the first time, residents were encouraged to place their leftover food items and food-soiled paper products into the green waste cart for weekly curbside collection. Food scraps and other organics are heavy and bulky, making up a large portion of the residential waste stream. Keeping this material out of our landfill and converting it into compost helps us to reduce waste.

The annual compost giveaway is our way of saying “thank you” for participating in the food scrap recycling program. Over the years, residents have taken home more than 30,000 bags of compost, making it one of the City’s most popular and environmentally friendly community events. So please, join us on March 28 as we celebrate 10 years of food

scrap recycling and composting in Union City.

If you are a Union City resident with green waste cart service, simply bring the coupon on the address panel of the quarterly newsletter that you should receive in the mail, to collect your two free bags of compost. It’s a lot of fun and we guarantee you’ll really “dig” it!”

Union City Compost Giveaway
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9 a.m.

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Continued from page 13

Home is where the YURT is

party and soon you'll see why they are such a strong community-building tool!

For those who can afford to make a larger investment, many artisans now build custom homes using the yurt model. David Raitt, who started California Yurts in 1976, uses a frame panel system that he developed himself and now uses it worldwide.

"Most of our designs try to keep the buildings open, with multi-round rooms that interconnect," says Raitt. And because the frame panels are interchangeable, Raitt explains that many clients "grow their yurt." They start off small, then expand by repositioning and then adding new panels.

A modern yurt home can cost anywhere from \$50,000 to \$500,000. Many of Raitt's structures boast multiple stories and wings that extend outward from the original hub, making them the perfect yurt family dwelling.



Above: Photo courtesy of Pacific Yurts Inc. www.yurts.com
Left: Photo courtesy of Mandala Homes



Above: Photo courtesy of Pacific Yurts Inc. www.yurts.com
Left: Photo courtesy of Mandala Homes



With all the ups and downs in the housing market, demand for yurts has remained surprisingly constant. Raitt estimates that perhaps ten percent of the buying public worldwide has an interest in yurt living, and that there is still a lot of room for growth within the yurt community. California remains the leader in yurt sales, followed by the Pacific Northwest and Canada.

Raitt warns people, however, to be wary of building codes, especially in California. He has seen too many cases where people set up a yurt, then have to take it down because it is not up to code.

Raitt extols the efficiency of the yurt design. "It's possible to have a house with a zero carbon footprint, made out of renewable resources, and not cost anything to live in. That is where yurts have evolved over the years."

Bair cites several reasons for the yurt's allure, among them the unique experience of living in a circular structure. "Being round, it's not something that people typically experience, with all of the rectilinear space that we live and work in. It has a connection to the ancient world, and I think there's something really special about that."

And so one question remains: to yurt or not to yurt? Why not try it? It is a lifestyle that remains as relevant today as it was centuries ago.

For more information on Pacific Yurts, Inc, call 1-800-944-0240 or visit www.yurts.com; contact California Yurts at (707) 319-3267 or visit www.yurtpeople.com. General info can also be found at www.yurtinfo.org. For vacation stays, call Treebones Resort at 1-877-424-4787 and Yosemite Lakes at 1-888-535-2151 or online at www.yurtsatyosemite.com.

We help you focus on the important things in life.



Eric Olsen
Physician (In Training)



Alan Olsen, CPA
Father and GROCO
Managing Partner



Charlotte Olsen
Teacher (in training)



FREMONT | PALO ALTO | SAN FRANCISCO



510.797.8661 | GROCO.com

CASTRO VALLEY TOTAL SALES: 08							
Highest \$:		1,065,000		Median \$:		632,000	
Lowest \$:		387,000		Average \$:		698,750	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED		
19002 Crest Avenue	94546	632,000	3	1376	1960	02-06-15	
4640 James Avenue	94546	620,000	3	1542	1950	02-09-15	
22078 Queen Street	94546	410,000	2	984	1947	02-04-15	
20115 Redwood Rd #10	94546	387,000	2	866	1988	02-06-15	
5034 Tyler Lane	94546	796,000	4	2206	1964	02-10-15	
20427 Beacon Hill Court	94552	1,065,000	4	3236	1970	02-06-15	
5193 Salvia Drive	94552	930,000	4	2605	1999	02-06-15	
18871 WCavendish Dr	94552	750,000	-	1712	1978	02-05-15	

FREMONT TOTAL SALES: 16									
Highest \$:		1,550,000		Median \$:		540,000			
Lowest \$:		265,000		Average \$:		641,531			
ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED			
38024 3rd Street	94536	633,000	2	1108	1948	02-04-15			
4675 Bianca Drive	94536	675,000	3	1107	1958	02-10-15			
38627 Cherry Lane #78	94536	265,000	1	623	1974	02-04-15			
35766 Hibiscus Avenue	94536	1,023,000	4	2365	1988	02-06-15			
37248 Meadowbrk Cn 302	94536	287,000	1	714	1984	02-05-15			
3356 Red Cedar Tc #225	94536	325,000	2	750	1986	02-09-15			
752 Vanda Way	94536	925,000	4	2317	1955	02-10-15			
1980 Barrymore Cmn #Y	94538	450,000	2	991	1981	02-09-15			
4529 Capewood Terrace	94538	540,000	3	1242	1971	02-09-15			
4629 Fanwood Terrace	94538	540,000	3	1242	1971	02-10-15			
3515 Langdon Common	94538	750,000	3	1637	1998	02-04-15			
4057 Margery Drive	94538	312,500	4	1632	1958	02-10-15			
44699 Parkmeadow Drive	94539	1,550,000	4	2844	1978	02-05-15			
177 Wenatchee Cmn #15	94539	510,000	2	936	1987	02-10-15			
33780 Shallow Court	94555	872,000	3	1480	1985	02-05-15			
4270 Tanager Common	94555	607,000	2	1405	1985	02-06-15			

HAYWARD				TOTAL SALES: 14			
Highest \$:		650,000		Median \$:		402,000	
Lowest \$:		203,000		Average \$:		413,964	
ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED	
1315 A Street #310	94541	249,000	2	1056	1984	02-05-15	
21961 Arbor Avenue	94541	333,500	2	775	1946	02-05-15	
16960 Westerman Court	94541	380,000	3	1071	1951	02-10-15	
26843 New Dobbel Ave	94542	605,000	4	2193	1981	02-04-15	
24462 Alves Street	94544	360,000	3	1180	1950	02-10-15	
670 Carmar Street	94544	450,000	4	1718	1956	02-05-15	
218 Catherine Place	94544	650,000	-	-	-	02-04-15	
677 Dartmore Lane #347	94544	240,000	1	643	1988	02-06-15	
29627 Desert Oak Ct 23	94544	203,000	1	531	1985	02-05-15	
29125 Lone Tree Place	94544	492,000	3	1386	1989	02-05-15	
26623 Tyrrell Avenue	94544	460,000	7	2253	1961	02-09-15	
27848 Coronado Way	94545	402,000	3	1119	1955	02-10-15	
1924 Florida Street	94545	423,000	3	1000	1955	02-06-15	
1315 Linfield Lane	94545	548,000	3	1285	1956	02-06-15	

MILPITAS		TOTAL SALES: 08				
Highest \$:	842,500	Median \$:	695,000			
Lowest \$:	588,000	Average \$:	712,125			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
1750 Arizona Avenue	95035	588,000	3	1067	1954 02-13-15	
1390 Coyote Creek Way	95035	842,500	3	1951	2013 02-13-15	
1396 Coyote Creek Way	95035	631,500	2	1215	2013 02-11-15	
880 Erie Circle	95035	651,000	2	1350	1984 02-11-15	
951 Erie Circle	95035	710,000	2	1350	1984 02-13-15	
1389 Glacier Drive	95035	745,000	5	1769	1963 02-10-15	
1813 Lee Way	95035	834,000	3	1941	2013 02-10-15	
1170 Park Brook Court	95035	695,000	3	1146	1962 02-10-15	

		NEWARK		TOTAL SALES: 02			
Highest \$:		645,000		Median \$:		541,000	
Lowest \$:		541,000		Average \$:		593,000	
ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED	
36149 Cedar Boulevard	94560	541,000	4	1360	1961	02-06-15	
37843 Starflower Street	94560	645,000	4	1391	1969	02-05-15	

SAN LEANDRO TOTAL SALES: 09									
Highest \$:		580,000		Median \$:		440,000			
Lowest \$:		100,000		Average \$:		386,444			
ADDRESS		ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED		
966 Donovan Drive		94577	318,000	2	832	1942	02-05-15		
543 East Merle Court		94577	580,000	3	1332	1925	02-04-15		
1515 168th Avenue		94578	465,000	2	1170	1917	02-09-15		
16006 East 14th Stt #102		94578	100,000	1	811	1987	02-05-15		
15789 Maubert Avenue		94578	120,000	3	1131	1974	02-06-15		
14947 Crosby Street		94579	440,000	3	1073	1952	02-04-15		
15219 Galt Street		94579	430,000	3	1114	1950	02-06-15		
15368 Sunnyhaven Street		94579	490,000	3	1169	1956	02-06-15		
1240 Vining Drive		94579	535,000	4	1402	1981	02-05-15		

SAN LORENZO TOTAL SALES: 05									
Highest \$:		500,000		Median \$:		470,500			
Lowest \$:		265,000		Average \$:		432,700			
ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED			
543 Doane Street	94580	428,000	4	1323	1950	02-06-15			
924 Elgin Street #Q	94580	265,000	2	894	1990	02-10-15			
17467 Via Anacapa	94580	470,500	3	1512	1944	02-10-15			
1335 Via Hermana	94580	500,000	3	1800	1955	02-04-15			
15956 Via Marlin	94580	500,000	3	1305	1951	02-10-15			

UNION CITY TOTAL SALES: 07									
Highest \$:		958,500		Median \$:		350,000			
Lowest \$:		299,000		Average \$:		505,929			
ADDRESS		ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED		
32825 ArborVine Dr #18		94587	330,000	2	903	1985	02-04-15		
2171 Canary Court #3		94587	299,000	2	903	1972	02-05-15		
1042 Chalcedony Terrace		94587	550,000	4	1431	2006	02-06-15		
4404 Corto Monterey		94587	350,000	2	1054	1972	02-10-15		
206 Galano Plaza		94587	304,000	2	710	1985	02-06-15		
4197 Oliver Way		94587	750,000	4	2076	2001	02-09-15		
5165 Rose Way		94587	958,500	5	2763	1997	02-06-15		

Home Sales Report

Visions of Tomorrowland

SUBMITTED BY
ALAN GILLETTE

The Ferriss Project announces its very first Visions of Tomorrowland contest. Students are asked to address some or all of the following questions:

What do you think the world will look like in 2065? What will cars be like? How will humans communicate? What will our major problems be? What will be our successes?

Student responses can come in many forms, such as:

An essay, a poem, artwork, a song, a film, or a design/creation (mechanical or otherwise).

Prizes will be awarded to the best submissions at the 10-12 grade levels, 7-9 grade levels, and K-6 grade levels, respectively.

First prize at each level is \$100. Second prize is \$50. Third prize is \$25.

Submissions must be completed by April 1.

Submissions in digital format (text, image, music, video) must be emailed by 12 noon on April 1 to: curator@ferriss-project.org

Each student submission will be responded to and registered.

K-6 students and students that do not have email addresses should send their submissions via a parent's or teacher's email.

The top 50 submissions will be selected and then displayed at the Visions of Tomorrowland Exhibition on April 4, at a location to be announced. From these 50, awards will be presented to the top three submissions in each age category.

The Ferriss Project is a production company and research institute based in Fremont, which explores and imagines what life will be like fifty years from now. For questions, please email: curator@ferriss-project.org

Recorder Workshop

SUBMITTED BY
SHARON FILIPPI

Music for Minors II (MFMII) is presenting a Recorder Workshop on Monday, March 23 at the Castro Valley School of Music (CVSOM), which is operated by Shane Sharkey, a MFMII docent.

Ed Sueta, a recorder teacher for more than 25 years, will be teaching us how to play the recorder using his method via a webinar. The webinar will last for 1.5 hours, followed by half an hour for docents to share their experience of teaching the



Kid Scoop

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE



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WOMEN'S HISTORY MONTH

Louisa May Alcott

Louisa May Alcott was born on November 29, 1832. She was the second oldest of four girls. Her love of her sisters helped her to become one of America's most beloved children's book authors.

If she were alive today, how old would she be?

2015 - 1832 =

"I b _ l _ _ ve
sch _ _ ls sh _ _ ld
be a pl _ ce wh _ r _
ch _ ldr _ n enj _ y
l _ _ rn _ ng!"

Teacher in the Family

As a child, Louisa and her family moved to Boston, Massachusetts, where her father, Amos Alcott, set up a school based upon his beliefs about education.

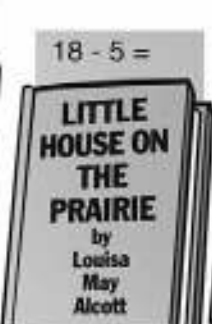
Put the vowels back in this sentence to find out what Amos Bronson Alcott believed about education.

Two of the books below were not written by Louisa. Do the math and cross out the two with odd-numbered answers.

19 + 7 =



18 - 5 =



14 + 8 =



21 - 9 =



12 + 14 =



16 - 7 =



Extra! Extra!

Responsibility

Though poor themselves, Louisa's family always tried to help people who were worse off than they were. Look through the newspaper to find a person or people you could help.

Standards Link: Civics: Understand how character traits help fulfill personal responsibilities.

Rights for Women

Louisa worked hard to help women get the right to vote. She wrote articles about equality for women and went door-to-door encouraging women to register to vote. In 1879, Alcott became the first woman in Concord, Mass., to register to vote when she cast a ballot for the village school committee.



Kid Scoop Puzzler

Louisa's parents encouraged her to follow her dreams and to hold on to her freedom in life. Her father Amos had very advanced ideas about childhood and education. In fact, many people believe he is the founder of this part of the school day.

Assemble these puzzle pieces to reveal the answer.



Standards Link: Historical Understanding: Understand that specific decisions impact history.

Double Double Word Search

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

B	C	E	Y	L	E	V	O	N	S
T	A	N	Y	R	D	N	U	A	L
N	S	L	A	J	U	O	Y	Y	E
A	T	L	L	S	V	C	E	L	W
T	Y	P	H	O	I	D	R	R	O
S	P	A	T	R	T	U	N	E	V
N	O	E	S	R	O	W	O	D	M
I	E	I	R	E	V	E	F	L	N
G	M	E	N	I	C	I	D	E	M

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE LESSON LIBRARY

Women in the News

When Louisa May Alcott was alive, not many jobs were available to women. Look through the newspaper and make a list of all of the jobs a woman with the right experience and training could get today.

Standards Link: Career: Understand general preparation for entering the workforce.

Why did the writer put her fingers in the alphabet soup?



ANSWER: She was searching for the right words.

Kid Scoop Together: Newspaper Blackout Poetry

Louisa Alcott loved poetry. She loved to read it and to write it.

Modern day poet Austin Kleon came up with an idea for creating poetry with a newspaper, a black marker and creativity.

Here is an example of a poem he made by clipping an article from the newspaper and crossing out all the words, except for the ones he wanted in his poem:

BEFORE

The home needed extensive refurbishment. Jim Meadows, a local architect, was hired to supervise the project. He designed the award-winning Laurel Street Library in 2003.

Meadows worked with local historian Yolanda Henderson, who said, "Tradition and style were essential on this project."

AFTER



Make a Newspaper Blackout Poem

- Grab a newspaper.
- Grab a marker.
- Find an article.
- Cross out words, leaving behind the ones you like.
- Pretty soon you'll have a poem.

Standards Link: Reading Comprehension: Follow multiple-step directions.

Kid Scoop-doku™

Complete the grid by using all the letters in the word LOUISA in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.

L	O	U	I	S	A
O	U				
U		A			
S			U		
A				O	
I					O

Kid Scoop VOCABULARY BUILDERS

This week's word: **ENCOURAGE**

The verb **encourage** means to give support or advice to a person to do something.

My teacher likes to **encourage** us to keep our backpacks organized.

Try to use the word **encourage** in a sentence today when talking with your friends and family members.

Write On!

Woman I Admire

Write about a woman you admire. Include reasons why you chose this woman. If possible, write about someone other than your own mother.

Pat Kite's Garden

Feisty ferns

TRI-CITY GARDEN CLUB MEETINGS:

Friends of Heirloom Flowers

Work Parties - Every Tuesday - at Shinn Park, 10 a.m. - 12 p.m.
1251 Peralta near Mowry, Fremont (510) 656-7702
Bring gloves and tools. - Social Hour afterward
Every Thursday, 10 a.m. - 12 p.m.
Niles Rose Garden - 36501 Niles Boulevard, Fremont
Bring gloves and tools.
[Across Driveway from Mission Adobe Nursery]
Contact Joyce Ruiz: 659-9396
Meetings are held quarterly. Call for details

Fremont Senior Center Garden Club

First Friday of each month, 1-2 p.m.
Tanya Mendoza, Program Coordinator 510-790-6602

Fremont Garden Club

The Fremont Garden Club meets the third Wednesday of each month, February - October, in members' homes & gardens, 6:30 p.m. - 8:30 p.m. Locations are posted on the Fremont Garden Clubs' web site at www.fremontgardenclub.org or email: fremontgardenclub@hotmail.com



PAT KITE

L. Patricia [Pat] Kite's several garden books include KISS Guide to Gardening, Gardening Wizardry for Kids, Raccoons, Ladybug Facts and Folklore and Silkworms. They may be found at Amazon.com and Alibris.com.

BY PAT KITE

I never have been a fern fan, but one does get desperate. While walking my dogs, I inspect people's gardens. When I espy gardens or areas that look drab and ignored, I check what plants are surviving well.
On my route, there are feisty ferns succeeding against apparent neglect. Noticing that asparagus ferns had red berries, which might please the birds, I forgave them for no ornate flowers. As such, I bought a few asparagus ferns and plopped them in semi-shady difficult spaces against the backyard fence. Please do not correct me, saying asparagus ferns are not truly ferns. They have

teensy white flowers and reproduce by seeds. [True ferns do not produce flowers or seed. Reproduction is by spores.]
Experts inform that asparagus ferns are members of the lily family. This means nothing to me; everybody calls it a fern and so do I. Foliage is fine and feathery, profuse on long skinny stems that dangle if given the opportunity. The type most often seen is Asparagus sprengeri. It has light green fronds. Asparagus "foxtail" fern looks like its name, upright and medium green.
Sword ferns are much less graceful than asparagus ferns, but they are true ferns. Their fronds grow from two to five feet long, and are three to five inches wide.

If you hanker to grow ferns indoors, sword ferns are recommended as a good starter. They will spread through rhizomes, underground stems and spores. You probably know what spores are, but in case you aren't sure, look at the back of the fronds. Those tiny brown dots are spores. If given the correct site, sword ferns can become a ground cover. Preferred location is moist and shady, but they are adaptable.
There are about 12,000 fern species. Maidenhair, Bird's Nest and staghorn ferns are most commonly seen in stores. You can grow many indoors, but my experience has been dismal. They need humidity or moist air, usually only found in a bathroom where a household member takes

I need a Forever Home



Polly is a gentle kitty who loves to sit on your lap for pets and purrs. She's easy going and a sweet girl. She also enjoys alone time to lounge and simply be a purrfect cat. Meet Polly at the Hayward Animal Shelter. More info: (510) 293-7200.



Bam Bam is a spunky, 8-month-old pup, looking for an active family with whom to run or hike. He's social with other dogs, loves tennis balls and squeaky toys. Kids 13+ years. Meet Bam Bam at the Hayward Animal Shelter. More info: (510) 293-7200.

Enrich Your Life - Become a Volunteer!

Hayward Animal Shelter

www.haywardanimals.org
510-293-7200
16 Barnes Court (Near Soto & Jackson) Hayward
Tuesday - Saturday 1pm - 5pm

Niagara Falls showers. For the gardener who likes exotica, there are also tree ferns, reaching to 10 feet tall locally and up to 66-feet tall in New Zealand. There are even tiny water ferns.
Many folk have rose gardens, some do bonsai, and a select group has fern gardens. The American Fern Society is 100 years old and has over 1000 international members. [amerfernsoc.org] It has a Fiddlehead forum, field trips and a Spore Exchange. If you lack for conversation topics at a party, try mentioning spore exchange. Gardeners are the liveliest people, never lacking for something to chat about.

Autism Foundation Provides Technology for Special Education

BY JOHNNA M. LAIRD

Jessica and Franco Pincilotti found themselves thrust into a journey 17 years ago with dark, painful nights, and no guidebook to light their path. Their son, then three, was diagnosed with autism. Doctors painted a bleak picture. Franco Pincilotti had nowhere to turn but to his faith and a diary where he poured his feelings and frustrations onto page after page. This helped him keep his cool and accomplish his goal of being a strong father and family man.
With no one to teach him about his son, Pincilotti used keen observation and a stubborn will on a foundation of religious faith to help integrate his son, Giovanni, into everyday life. In 2012 he used his diary to publish a book, "Autism: Yesterday and Today—Faith Never Dies," out of a desire to help other families facing autism. The book led to invitations for Pincilotti to speak to organizations that included Parents Helping Parents in San Jose and at Chabot College. He focuses his message on creating love, holding to hope, and steadfastly maintaining family unity to accomplish the hard work needed to address autism. All profits from book sales go to a foundation, established in 2014, that bears the same name as the book: Autism: Yesterday and Today.
Autism refers to complex disorders of brain development that create impairments in social interaction and verbal and non-verbal communication, accompanied by restricted, repetitive and stereotypical behaviors. In 2014, the Centers for Disease Control and Prevention reported one in every 68 children in the United States has autism, a 30 percent increase after one in every 88 children were reported to have autism, based on 2008 data.
In the book, Pincilotti provides a detailed account of how he helped his son acclimate and diminish behaviors that could have isolated him and led others to stare and move away. He tells of the



Jessica Pastrana's classroom at Mission Valley Elementary School received a technology donation from Autism:Yesterday and Today in December 2014.

time he attended a friend's wedding with Giovanni. Pincilotti advised his son that they would walk out of the wedding if the boy hummed loudly. Giovanni managed for 10 minutes before his disruptive humming began. The two left the wedding. Pincilotti had a brief conversation with Giovanni and silently cheered that Giovanni had succeeded for 10 minutes. They went back into the wedding, and this time Giovanni succeeded for 15 minutes.
From school days to bus rides to swimming lessons, Pincilotti observed his son. He accompanied him on the school bus, sat with him inside classrooms and watched poolside. He identified behaviors that interfered with learning and social acceptance then strategized to correct the behaviors. He made games of learning and incorporated laughter, even when he was exhausted from his job.
"He is the most stubborn man I have ever met," says Jessica Pincilotti about her husband, "and that has worked to our advantage. He refused to accept 'can't.' He found a way."
Having worked for a bakery that afforded him a schedule to spend daytime hours with his son, Pincilotti faced a dilemma when Giovanni was nine years old. The bakery

planned to relocate several cities away, which would cut into Pincilotti's time with his son. After thought and prayer, he quit his job and convinced Costco in Fremont to hire him, where he has worked now for 11 years.
The Autism: Yesterday and Today foundation enables the Pincilottis to purchase computer equipment for public school special education classrooms. In December 2014, they presented Jessica Pastrana's classroom at Mission Valley Elementary School in Fremont with 14 mini iPads, complete with protective cases, a Mac Desktop teacher's computer, an HP scanner/printer, a digital Sony camera, and insurance for two years for all Apple products.

AUTISM: YESTERDAY AND TODAY

FAITH NEVER DIES!

FRANCO PINCILOTTI



Autism: Yesterday and Today founders Jessica and Franco Pincilotti with their son Giovanni.

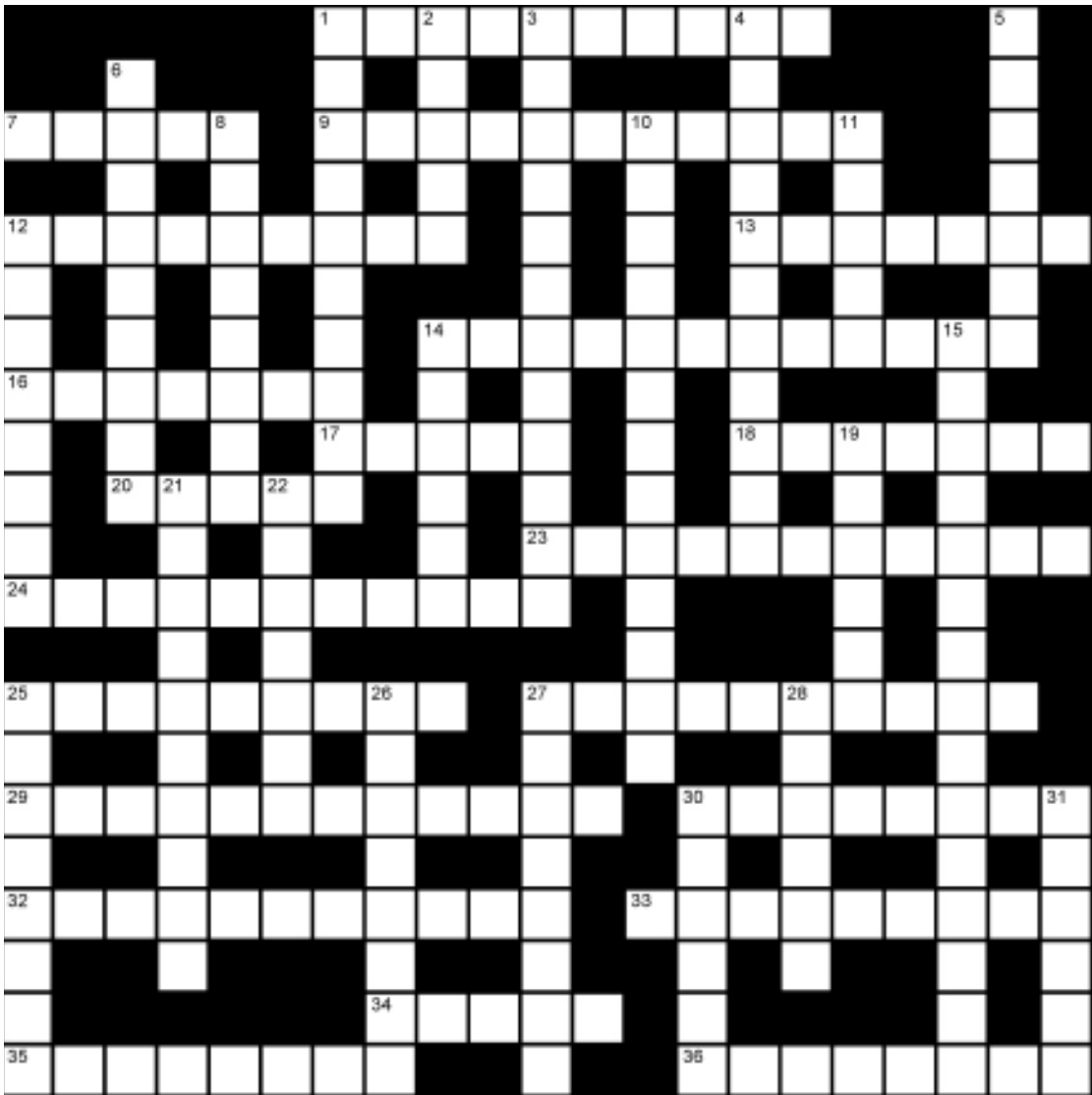
The foundation's commitment calls for a classroom to benefit each year, and the Pincilottis have already met with the Hayward Unified School District to identify a special needs classroom for 2015. Jessica, who manages Bedrosian Tile and Stone in Hayward, estimates that about \$9,000 in donation and book profits are need to make computer purchases. Costco donations played a key role in 2014's purchases.
Computer technology became the foundation's focus for several reasons. The Pincilottis believe their son could have benefitted from technology in school in his earlier years, particularly to assist with communication, which has not come easily to him. Giovanni did not put words together in phrases or sentences until age five; he relied upon a card system to communicate at school and home, alerting adults that he was hungry, wanted water, or needed a bathroom break. Recently when Jessica returned to a special needs classroom, she saw the same card system in use.
While school offered little computer experience to Giovanni, his parents gave him abundant access, especially after his precocious exploration of technology around the age of six. Gio-

vanni watched his mom work on the computer one evening, staring at her every move. Later, while the Pincilottis became engrossed in a movie, he slipped into the computer room. Without instruction, he accessed the computer and began working away. Today, at 20, he types 95 words per minute, knows all of the world's countries, their capitals, and many of their flags, thanks to technology. Access to computers enriched his education, says Jessica and enabled him to advance beyond expectations. Now, in addition to attending school, he volunteers for nonprofit agencies providing data entry.
"Some kids in the special needs classrooms are non-verbal," says Jessica. "They can use technology to their advantage, helping them to communicate and explore the world. Through the foundation and the book, we feel blessed to help other children and parents going through similar situations that we went through."
A technology fundraiser, a Zumbathon, is set for March 28 at St. Jarlath School in Oakland, from 10 a.m. to noon.

Zumbathon
Saturday, Mar 28
10 a.m. - noon
St. Jarlath School
2620 Pleasant St, Oakland
(510) 796-1278
www.autismyesterdayandtoday.org
\$10 Donation

Mind Twisters

Crossword Puzzle B 305



- Across
- 1 Inner sense of right and wrong (10)
- 7 "The sweetest gift of heaven": Virgil (5)
- 9 Importantly (11)
- 12 Going in the reverse direction (9)
- 13 Lay bare, solve a mystery (7)
- 14 Fulfilling all requirements (12)
- 16 Whatever can be contained in a fist (7)
- 17 Categorize (5)
- 18 Creature with tentacles (7)
- 20 Cinderella's gown was _____ (5)
- 23 See -through material (11)
- 24 Pretense of a playful kind, fantasy (4-7)
- 25 Make flat (9)
- 27 Series of action as in photography or making cheese (10)
- 29 Fuddy-duddy (3-9)
- 30 Kind of ears (8)
- 32 Setting apart, keeping for someone (11)
- 33 Giving employees or famiy benefits (9)
- 34 Bread and butter, e.g. (5)
- 35 Keeping safe from danger, protecting (8)
- 36 Teeth doctors (8)
- Down
- 1 Being/acting in good spirits (10)
- 2 Crows' homes (5)
- 3 Express pleasure on someone's achievement (12)
- 4 Gadgets to do mathematical operations (11)
- 5 Distress of mind due to fears (7)
- 6 People buying/selling for profits, traders (9)
- 8 To be strong and have respect (8)
- 10 Inquiry to ascertain facts (13)
- 11 Marina sight (5)
- 12 Room equipped to take shower (8)
- 14 Not in a direct manner (6)
- 15 Chosen people (15)
- 19 Railroads (6)
- 21 Recognized as a particular person or object (10)
- 22 Persons who guards a zoo, prison or inn (7)
- 25 Vinyl, hardwood, tiles are ____ material (8)
- 26 Whatever is there now (8)
- 27 Bearing a child (8)
- 28 Ace place? (6)
- 30 Deserved (6)
- 31 Go-getters (6)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.

		8			6			7
		5				8		
3	9			2			4	
					4			
	3	1			9			
	5					3		8
1	8			9			7	
	2		6			9	8	
	4		2	7				1

1	A	W	E			2	T	O	3	O		4	I	R	5	O	N	E	D		6	Z	I	N	7	C
	C					8	I	C	E	P			N	R						9	A					O
10	C	L	U	B					12	S	P	E	C	T	A	C	U	L	A	R						N
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16	P	R	E	S	I		18	D	E	N	T		S	S						20	H	E	E	L	S	
	A	C				O				E	A	T									T	M	A	R	N	
	N	E				21	S		22	M	E	D	I	T	E	R	R	A	N	E	A	N	I			
	I	S				H	U								I	A	B				T		23	I	N	
24	M	I	S	C	E	L	L	A	N	E	O	U	S		25					26	L	Y	I	N	G	
	E	A				L	T			E	N										I	C		27	H	
	N					R	E	F	R	I	G	E	R	A	T	O	R	S		29					30	
31	T	O	Y							P	D				L					32	H	A	N	G		
										34	C				L										35	
36	P					O				37					I	N	T	E	R	F	E	R	E			
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	A									T	A				41	I	F				T	Y		42	O	
44	C	I				G	A	R	E	T	T	E	S												43	
	E					A				I					46					47	A	N	S	P	O	
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																					54	T	R	I	B	
																									55	

B 304

2	6	9	4	8	5	7	3	1
5	8	4	7	1	3	6	2	9
7	1	3	2	9	6	8	5	4
6	9	7	1	5	4	3	8	2
1	3	5	6	2	8	4	9	7
8	4	2	3	7	9	1	6	5
3	2	8	5	4	7	9	1	6
9	7	1	8	6	2	5	4	3
4	5	6	9	3	1	2	7	8

Tri-City Stargazer MARCH 11 – MARCH 17, 2014 By Vivian Carol

For All Signs: We have arrived at the seventh (and last) crossing of Uranus and Pluto. It so happens there is a Federal Open Market Committee meeting on March 17-18. When these occur there is usually fallout in the markets and multiple reactions globally. The Feds have no new tricks up their sleeves. This may be the moment when a new monetary system is introduced, which will serve to further alienate the 1 percent from the world. Ultimately that will not turn out well for them. The U.S. dollar may lose its precious status as the Reserve currency of the globe. There are multiple threats in the works, including hot spots geopolitically. One trembling earthquake could send everything financial flying. Given we are approaching a new moon eclipse at the 29th degree of Pisces (the last degree of the zodiac), the plans may be settled in the dark, with the surprising public news to come at a later point. Whatever is announced is likely to be deceptive and misrepresented to the public. Stay informed about what is really happening so you can do what is good for you. Don't rely upon official interpretations.

Aries the Ram (March 21-April 20): There will be an explosion in the sign of Aries. You may set a bonfire, have an accident, or join activist movements. Motion and taking action are prominent. There is potential for your explosion to bring some kind of reprisal having to do with career or life direction. Maybe you have already done this recently.

Taurus the Bull (April 21-May 20): Be aware that you are in a sensitive frame of mind and may misinterpret that which is said to you. You may be the one who hears what you want to hear. So take your impressions with a grain of salt until you clarify what was originally intended. Don't talk yourself into a funk.

Gemini the Twins (May 21-June 20): You may be in the midst of a negotiation. It appears that you want to create something new and different for your future. You are attempting to persuade the powers-that-be to find a way to help you. However, this is probably a lost cause this spring. Don't waste energy if you find a push-back. There is a better opportunity in the future.

Cancer the Crab (June 21-July 21): The torque of tension is all around you. It seems everyone you meet is needy somehow. You may want to stay home and pull your crab shell around you. It will be well for you to practice some kind of meditation or yoga on a daily basis, which is healthier than staying under the covers.

Leo the Lion (July 22-August 22): Those who have experienced physical ill health in the last two months are recovering. This is a time in which you have go signals in the arenas of distance travel, Internet activities, publishing, teaching, and legal activities. The rules and regulations are hot on your heels.

Virgo the Virgin (August 23-September 22): Beware the liar. The probability is high you will encounter one this week – someone who believes his own story, thus making it unclear if he is telling the truth. Check out the sources and ask other people who may know something about the situation. Don't accept anything of importance at face value.

Libra the Scales (September 23-October 22): This is a week to bring projects toward closure, so you can prepare for a new cycle next week. You may feel bored or disenchanted with your everyday routine, but this will be relieved soon. Let your imagination flow and consider adding something beautiful, maybe inspirational, to your everyday surroundings. It will perk up your attitude.

Scorpio the Scorpion (October 23-November 21): You and Aries have things in common this week. An emotional explosion or accident may suddenly alter the picture. There may be consequences on your health, at your workplace, or in rental property that you own. Drive and handle tools very carefully.

Sagittarius the Archer (November 22-December 21): Saturn entered your sign in December, adding a serious or somber level to your thinking process. This week Saturn turns retrograde for the next several months. This will reduce the pressure or weight of your concerns. The overall task continues to be how to grow a new

identity, but for now you are given time to prepare.

Capricorn the Goat (December 22-January 19): There are developing problems in and around your home that may suddenly become visible. If not properly, then the restlessness and potentially surprising events may become apparent in your family life. Usually there are clues ahead of time about the nature of the disorder.

Aquarius the Water Bearer (January 20-February 18): Since mid-December, Saturn's position has altered your perspective on your community. You have felt the obligation to offer your talents for a greater social purpose. Alternatively, you may have felt a strong

need to back out of social commitments. This week Saturn turns retrograde and the pressure on these issues will be reduced for four months.

Pisces the Fish (February 19-March 20): You may be more than a little bit tempted to pursue a dangerous course of action this week. This could be really expensive. Stay alert to how you talk yourself into something, just because you want it. Your mental side knows this isn't a good idea.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

continued from page 1

Culinary innovation: The science of farming at Baia Nicchia



Mix of cherry tomatoes under development. Photo courtesy of Fred Hempel.

Hempel is no ordinary farmer. He holds a PhD in Plant Biology from UC Berkeley, and worked for a biotech company before discovering his passion for breeding plants. He began to experiment with tomatoes in his backyard and in community gardens. Then, in 2006, he decided to take the plunge and start breeding and farming simultaneously. With help from California FarmLink, a non-profit that provides small farms with financing and other critical support services, Hempel and partner Jill Shepard founded Baia Nicchia. They rent land on an 18-acre plot known as the Sunol AgPark, adjacent to the 100-year-old Sunol Water Temple. The site is home to several small farms and is managed by an organization called Sustainable Agriculture Education (SAGE) that, in turn, leases the land from the San Francisco Public Utilities Commission.

Hempel's key to success has been to select crops that are unique and highly sought by chefs that would not be found in an average market (hence the name Baia Nicchia, which means "bay niche"). "We're growing things that are just a little bit off the beaten path that are used by higher end chefs," says Hempel who enjoys working with restaurants and often considers their feedback when selecting crops to grow.

Hempel's passion for plants is evident as he talks about one of his latest discoveries, the yuzu. "It looks like a lemon, but tastes more like a lime. The zest is used in ponzu sauce, and we started to use it in our teas. But then we discovered that actually using the leaves is very similar to using the zest, and it's a lot easier to deal with the leaves. One of the things that's very unique about yuzu leaves is that, compared to most other citrus leaves, they have a nice strong flavor but no bitterness. They also release all of their flavor very quickly into hot water. So now we cut the leaves off and sell them fresh to high end restaurants."

Edible squash blossoms are another popular product, even more so than the squash itself, as well as arugula flowers (which, surprisingly, taste just like arugula) and nasturtium. Hempel also tinkers with herbs, like Wild French Savory, Roman Mint, and Zaatar, creating tea blends out of some.

Baia Nicchia Farm sells many of their tomato seeds worldwide under the name Artisan Seeds; a big part of their business. His experiments with tomatoes have produced a colorful selection of popular varieties, with names just as colorful: Blush, Purple Bumble Bee, Captain Lucky, Yellow Jazz, Marzano Fire, Amana Orange, Spike. And he has many more in development.

Hempel looks for tomatoes that not only thrive in our local micro-climates, but that look nice and taste delicious. The breeding process is fairly straightforward, but can take time. First he identifies two plants with desirable traits. Then he takes the pollen from the flower of one and places it on a female flower of the other (cross pollination). Then he uses the seed from this cross pollination to grow a new plant (a hybrid plant). He uses the seed produced by the fruit of this hybrid plant to grow many new plants that will all be different. This is where you start creating new varieties, by selecting the plants you like and saving their seed. It takes seven generations until a new variety is "stable." Seed from a stable variety, will produce identical plants.

"You need to have a hit record," says Hempel. "You can be a good tomato breeder and breed lots of interesting varieties, but even then, you're not going to make money unless you have something that's widely sold."

Hempel maintains a breeding farm in Baja, Mexico, and hosts hands-on workshops in plant breeding. Baia Nicchia also has a presence at the Menlo Park Farmer's Market during the summer, and offers group tours.

So the next time you're dining in a nice restaurant, consider the unique ingredients and the science it took to create that delicious experience. Hempel sure hopes you do.

On April 18, Baia Nicchia and the other farms of the Sunol AgPark will host a spring plant sale in collaboration with the Alameda County Master Gardeners. For updates on this and other events, visit the Baia Nicchia blog at www.baianicchia.blogspot.com, Artisan Seeds Facebook page at <https://www.facebook.com/pages/Artisan-Seeds/172647249459847?ref=hl>, or call (510) 384-2716.



Photo by David R. Newman



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The Ohlone College Foundation is offering over \$150,000 in scholarships for Ohlone College students this year! Yet behind each scholarship is the story of an incredible individual with the belief that investing in our students is investing in the future.

One such story is that of Evelyn Henderson and the new East Bay Community Foundation Evelyn Henderson Scholarship for Deaf Students. In 2015, this newly created endowed scholarship will provide up to ten \$750 scholarships for Deaf students at Ohlone.

Ohlone's Deaf Studies Division, formed in 1972, is one of the largest community college programs for the Deaf, educating nearly 200 Deaf and Hard of Hearing students each year.

Evelyn Henderson began her career at the California School for the Deaf in the late 1940s after graduating from UCLA. She discovered that she had a facility for learning and using American Sign Language (or ASL). Ms. Henderson



son worked with high-school students for a number of years at the School for the Deaf, as well as the Arizona School for the Deaf, and in Los Angeles public schools before health problems limited her teaching activities.

Evelyn Henderson dedicated her life to supporting Deaf students, and after she passed away at the age of 80, her passion for Deaf education lives on in the financial legacy she left through the East

Bay Community Foundation. In 2010, the East Bay Community Foundation/Evelyn Henderson Fund provided \$200,000 to build the Evelyn Henderson Deaf Studies Lab at Ohlone College. With the addition of the new Evelyn Henderson Scholarship for California Deaf Students, Ms. Henderson continues to touch the lives of California's Deaf students by providing them an opportunity to pursue their education.

Many scholarships, covering a broad range of interests and fields, are now available from the Ohlone College Foundation for Ohlone College students, \$150,000 in total. New students entering Ohlone College, students continuing at Ohlone, and graduating students who are transferring to four year colleges or universities are all eligible for scholarships. Students can apply by visiting scholarships.ohlone.edu.

East Bay Community Foundation is one of the largest sources of philanthropic support for the East Bay, managing more than 500 charitable funds and endowments. To learn more about EBCF, visit their website at www.ebcf.org or call 510-208-0858 for more information.

To learn more about the Evelyn Henderson Scholarship for California Deaf Students, or to support the Ohlone College Foundation, please call 510-659-6020.



(Left to Right): Jim Coryelle, Joe Barra, Dawn Cates, Jackie Blue, Helena C. Clarkson, Keith Larson

Regular ticket prices are \$27 general and \$22 for students, seniors and TBA (Theatre Bay Area) members. Thursday, March 26, April 9 and 16 performances are \$20 (\$15 students, seniors, TBA members); bargain Thursday (no reservations – first come, first seat!) held on April 2 - all tickets \$12. Brunch Sunday performances and opening night are \$27 for everyone. All ticket prices include refreshments. For reservations: (510) 683-9218 or www.broadwaywest.org.

Social Security
Friday, Mar 20 – Saturday, Apr 18
8 p.m. Evenings / Matinees 1 p.m.
Broadway West Theatre Company
4000-B Bay St, Fremont
(510) 683-9218
www.broadwaywest.org
\$15-\$27

Social Security

next at

Broadway West Theatre

SUBMITTED BY MARY GALDE
PHOTO BY CHRISTIAN PIZZIRANI

Broadway West Theatre Company presents the laugh-out-loud funny “Social Security” by Andrew Bergman, March 20 – April 18.

This hilarious comedy is about a married couple who are art dealers. Their domestic tranquility is shattered upon the arrival of the wife's goody-goody nerd of a sister, her uptight CPA husband and her archetypal Jewish mother, who are all there to save the couple's college student daughter from the horrors of living only for sex. The comic sparks really begin to fly when the mother hits it off with the elderly minimalist artist who is the art dealers' best client.

Performance times are 8 p.m. on Thursdays, Fridays and Saturdays. There are three Sunday matinees: March 29 and April 5 matinee performances begin with a continental brunch (included in price of ticket) at 12:15 p.m., and the show begins at 1 p.m. The April 8 performance starts at 1 p.m. with refreshments during intermission (included in price of ticket).

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3100-H Capitol Ave., Fremont

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



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Mondays & Wednesdays, Jan 28 thru Mar 18

Sunol Wilderness Docent Training \$R

9:30 a.m. - 1:30 p.m.

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Ages 18+

Sunol Regional Wilderness
1895 Geary Rd., Sunol

(510) 544-3242

www.ebparks.org

Tuesday, Jan 27 - Saturday, Mar 27

Prom Dress Swap Donations

Mon - Wed: 11 a.m. - 8 p.m.

Thurs - Sat: 10 a.m. - 5 p.m.

Donate formal dresses, shoes and accessories

Hayward Weekes Branch Library
27300 Patrick Ave., Hayward

(510) 293-5065

rob.spitel@hayward-ca.gov

Tuesday, Jan 27 - Saturday, Mar 27

Prom Dress Swap Donations

Mon - Wed: 11 a.m. - 8 p.m.

Thurs - Sat: 10 a.m. - 5 p.m.

Donate formal dresses, shoes and accessories

Hayward Main Library

835 C St., Hayward

(510) 881-7946

annie.snell@hayward-ca.gov

Monday, Jan 27-Friday, Mar 27

82 Years of Art: Visions, Landscapes and Characters along the Way

8 a.m. - 5 p.m.

Works by Doyle Wegner and Gerald Thompson

Artist reception Friday, Feb 6

5:30 p.m. - 7:30 p.m.

Hayward City Hall

777 B St., Hayward

(510) 208-0410

www.hayward.org

Monday, Wednesday & Saturday, Jan 28 thru Apr 15

Alameda County Low-Moderate Income Tax Assistance

Mon & Wed: 5:30 p.m. - 8:30 p.m.

Sat: 9:00 a.m. - 4:00 p.m.

Tax preparation help for low income households

Eden Area Multi-Service Center

24100 Amador St, Hayward

(510) 670-5700

www.alamedasocialservices.org

Monday, Feb 2 thru Friday, Apr 15

Free Quality Tax Assistance

Mon & Wed: 4 p.m. - 8 p.m.

Fri: 10 a.m. - 1 p.m.

Tax help for low income households

Fremont Family Resource Center

39155 Liberty St., Fremont

(510) 574-2020

Arts & Entertainment

Wednesdays & Thursdays, Feb 4 thru Apr 9

Tax Assistance - R

10 a.m. - 2 p.m.

Volunteer preparation and e-filing tax assistance

Castro Valley Library

3600 Norbridge Ave.,

Castro Valley

(510) 667-7900

www.aclibrary.org

Saturdays, Feb 7 thru Apr 11

Free Quality Tax Assistance

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Tax help for low income households

Newark Branch Library

6300 Civic Terrace Ave., Newark

(510) 574-2020

Saturdays, Feb 7 thru Apr 11

Free Quality Tax Assistance

10 a.m. - 1 p.m.

Tax help for low income households

Union City Branch Library

34007 Alvarado Niles Rd.,

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(510) 574-2020

Friday, Feb 13 - Sunday, Mar 14

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www.fremontfarmersmarket.com

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10 a.m. – 2 p.m.

Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers' Market

Sundays

9 a.m. – 2 p.m.

Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer's Market

Saturdays

9 a.m. - 2 p.m.

Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays

9 a.m. - 3 p.m.

Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente San Leandro

Wednesdays

10 a.m. - 2 p.m.

June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at ICC

Sundays

8 a.m. – 1 p.m.

Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers' Market

Sundays

9 a.m. - 1 p.m.

Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers' Market

Tuesdays

10 a.m. – 2 p.m.

Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers' Market

Saturdays

9 a.m. – 1 p.m.

Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

Friday, Feb 13 - Saturday, May 16

Trajes Regionales de Mexico

10 a.m. - 5 p.m.

Collection of costumes from Ballet Folklorico Mexicano

San Leandro Public Library
300 Estudillo Ave., San Leandro
(510) 577-3971
www.aclibrary.org

Saturdays, Feb 14 thru Apr 11

Free Quality Tax Assistance

10 a.m. - 1 p.m.

Tax help for low income households

Holly Community Center
31600 Alvarado Blvd.,
Union City
(510) 574-2020

Tuesdays, Feb 17 thru Mar 31

Bridge 1

9:30 a.m. - 10:30 a.m.

Set up, bid play and score keeping

Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesdays, Feb 17 thru Mar 31

Bridge 2

10:30 a.m. - 11:30 a.m.

Mastering game strategy

Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Thursdays, Feb 19 thru Mar 26

Bingo \$

12:30 p.m. - 3:00 p.m.

Games, refreshments and door prizes

Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Fridays, Feb 20 thru Mar 27

Spanish Story Time

4:30 p.m. - 5:30 p.m.

Stories, songs, music and rhymes in Spanish

Ages preschool - school aged children

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Saturdays, Feb 21thru Mar 28

Bridges to Jobs

9:30 a.m. - 11:30 a.m.

Job interview training class

Centerville Presbyterian Church
4360 Central Ave., Fremont
(510) 299-2223
http://bridgestojobs.org

Monday, Feb 23 - Friday, Mar 31

New Student Centralized Enrollment – R

Mon - Thurs: 8:30 a.m. - 8:30 p.m.

Fri: 8:30 a.m. - 12 noon

Schedule an appointment to register a new student

San Leandro Unified School District
2255 Bancroft Ave, San Leandro
(510) 618-4420

Thursday, Feb 26 - Saturday, Apr 11

Fabric Creations

10 a.m. - 4 p.m.

Textile art

Artist reception Saturday, March 7: 1 p.m. - 3 p.m.

Foothill Arts of the Bay
22394 Foothill Blvd., Hayward
(510) 538-2787
www.haywardarts.org

Monday, Mar 2 -Friday, Mar 27

Shared Perceptions

1:30 p.m. - 4:30 p.m.

San Lorenzo Adult School Exhibit

Artist reception Saturday, March 7: 12 noon - 3 p.m.

Alameda Historical Museum
2324 Alameda Ave., Alameda
(510) 521-1233
www.alamedamuseum.org

Wednesday, Mar 4 - Sunday, Apr 12

Indigenous Flux Artists Honoring Their Roots

10 a.m. - 4 p.m.

Artworks celebrate traditions in the modern world

Hayward Area Historical Society
22380 Foothill Blvd., Hayward
(501) 581-0223
www.haywardareahistory.org

Fridays, Mar 6 thru Mar 27

Toddler Ramble: Let's Come to Our Senses

10:30 a.m. - 11:15 a.m.

Children ages 1 - 3 have fun using their five senses

Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Saturdays, Mar 7 thru Mar 28

How the Other Half Dies \$

8 p.m.

Fun murder-mystery parody

Sunol Glen School
11601 Main St., Sunol
(925) 862-2026
http://www.sunol.net/srt/index.html

Thursday, Mar 13 - Sunday, Mar 29

Into the Woods \$

2:30 p.m. & 7:00 p.m.

Fractured Fairy Tale about a witch's curse

Irvington High School
41800 Blacow Rd., Fremont
(510) 590-7510
www.ihsdrams.com

Mondays, Mar 16 thru Apr 20

Nutritional Champion for Change Program – R

5:00 p.m. - 6:30 p.m.

Discuss healthy foods, eating on a budget and physical fitness

Safe Alternatives to Violent Environments – SAVE
1900 Mowry Ave, Fremont
(510) 574-2256
AshleyL@save-dv.org
www.save-dv.org

Tuesday, Mar 10 - Saturday, Mar 14

American Red Cross Blood Drive – R

Tues - Thurs: 11:30 a.m. - 6:30 p.m.

Fri - Sat: 7:30 a.m. - 2:30 p.m.

Call to schedule an appointment

Drop-ins welcome
Fremont-Newark Blood Center
39227 Cedar Blvd., Newark
(800) 733-2767
www.redcrossblood.org

FREE Adult Reading and Writing Classes are offered at the Alameda County Library
Tell A Friend Call Rachel Parra 510 745-1480



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of Fremont*

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Fremont**

510-797-3695

www.fremontchurchofchrist.org

Whoever Drinks Of The Water
That I Will Give Him
Shall Never Thirst; But The Water
That I Will Give Him
Will Become In Him
A Well Of Water Springing Up
To Eternal Life
John 4:14

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Wednesday: 7:30pm**

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- **Veterinary Assistant**

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CLASSES**



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<https://adultreg.nusd.k12.ca.us/online/reg/>

Office Hours:

Monday-Thursday
8:30 a.m.-3:30 p.m.
Tel: 510-818-3700
Fax: 510-818-3738



FREE Adult Reading and Writing Classes are offered at the Alameda County Library

Tell A Friend Call Rachel Parra 510 745-1480

THIS WEEK

Tuesday, Mar 10

Not My Life

6 p.m. - 8 p.m.

Film depicts human trafficking of children

Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
lbbathgate@worldnet.att.net

Tuesday, Mar 10 - Friday, Mar 15

Diana Mihalakis Student Art Show

8 a.m. - 6 p.m.

Colorful show from student artists

Milpitas Community Center
457 E. Calaveras Blvd., Milpitas
(408) 586-3210

Wednesday, Mar 11

Starting Your Own Food Business - R

8:30 a.m. - 11:30 a.m.

Discuss financial planning, marketing and food laws

Hayward City Hall
777 B St., Hayward
(510) 208-0410
www.ci.hayward.ca.us

Thursday, Mar 12

Outdoor Discoveries \$R

2:00 p.m. - 3:30 p.m.

Search land and creeks for insects

Ages 3 - 6
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Thursday, Mar 12

Career Fair - R

1:00 p.m. - 3:30 p.m.

Meet prospective employers

Dress professionally and bring resumes
DeVry University Campus
6600 Dumbarton Cir., Fremont
(866) 613-8664
www.devry.edu

Thursday, Mar 12 - Friday, Mar 13

Playwrights Festival Showcases \$

8 p.m.

Emerging playwrights explore a variety of topics

Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.com

Friday, Mar 13

Zodiac Trio \$

8 p.m.

Clarinet, violin and piano music

Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.com

Friday, Mar 13 - Sunday, Mar 15

In the Heights \$

Fri & Sat: 8 p.m.

Sun: 2 p.m.

Latin American musical

Cal State East Bay University
25800 Carlos Bee Blvd.,
Hayward
(510) 885-3118
www.csueastbaytickets.com

Friday, Mar 13

Wild, Wild, West Night \$

7 p.m. - 9 p.m.

Cowboy games, BBQ and mechanical bull

6th graders only
Silliman Activity Center
6800 Mowry Ave., Newark
(510) 578-4620
www.newark.org

Friday, Mar 13

Leprechaun Land for Wee Folks \$

5:30 p.m. & 6:30 p.m.

Games, snacks, and crafts for St. Patrick's Day

Ages 2+
Fremont Teen Center
39770 Paseo Padre Pkwy.,
Fremont
(510) 494-4344
www.RegeRec.com

Friday, Mar 13 - Saturday, Mar 14

Jungle Book \$

Fri: 7:00 p.m.

Sat: 2:30 p.m. & 7:00 p.m.

Story of a boy raised in the jungle by wolves

Milpitas Community Center
457 E. Calaveras Blvd., Milpitas
(408) 707-7158
www.centerstagepa.org

Saturday, Mar 14 - Sunday, Mar 15

Public Open House

10 a.m. - 4 p.m.

View historical artifacts

Museum of Local History
190 Anza Street, Fremont
(510) 623-7907
www.museumoflocalhistory.org

Saturday, Mar 14

Little Lamb Preschool Open House

1 p.m. - 4 p.m.

Meet the staff and tour classrooms

Bridges Community Church
505 Driscoll Rd., Fremont
(510) 651-2030
www.littlelambpreschoolbcc.org

Anne of Green Gables auditions

SUBMITTED BY MEI-WAN CHAI

Center Stage Performing Arts invites children to audition for the upcoming production of "Anne of Green Gables."

Share the adventures of Anne Shirley and her "best friend for life" Diana Barry as they travel from childhood to maturity in this heart-warming adaptation by Jody Davidson, which beautifully captures the highlights of the classic novel by L.M. Montgomery.

Maria Cuthbert asks for an orphan boy to help her and her brother take care of Green Gables, but the orphanage sends

Anne - with an "e" - an independent, red-headed, freckle-faced girl who changes their lives and touches the hearts of all who come to know and love her.

Auditions will be held March 23 and 24 and are open to youth ages 8 and up. Be prepared to read from a provided script. Rehearsals are March 25 through May 14 with performances May 15 through 17. School performances will be held Tuesday, May 19 and Wednesday, May 20. Performance dates and times are subject to change.

There is a participation fee of \$130 (\$150 for non-residents) and

a \$3 transaction fee due at time of auditioning (fee is returned if not cast). Cast info sheet with parent signature is also due at audition; download from Recreation Services' Children's Theatre section at www.ci.milpitas.ca.gov.

**Auditions for
"Anne of Green Gables"
Monday & Tuesday,
Mar 23 & 24
5:30 p.m. - 7:00 p.m.
Milpitas Community Center
457 E. Calaveras Blvd, Milpitas
(408) 707-7158
www.centerstagepa.org
Fee: \$130, \$150 non-residents**

Workshop for young adults

SUBMITTED BY
SISTER FRANCES MARY PIERSON, OP

This is a retreat type presentation for young adults, men and women, ages 18-40 on "Dealing with Transitions—Making Life Choices." The facilitators are: Sister Ingrid Clemmensen, a spiritual director who leads many retreats and Sister Mary Yun, a licensed clinical social worker.

Register online at www.msjdominicans.org or www.bit.ly/YAretreatreg

Suggested donation of \$15 includes lunch, refreshments and materials.

**"Dealing with Transitions
Making Life Choices"
Saturday, Mar 21
10 a.m. - 4 p.m.**

**Dominican Sisters of Mission
San Jose Motherhouse
43326 Mission Blvd. (entrance on Mission
Tierra Pl), Fremont
(510) 933-6335**

**Register: www.msjdominicans.org or
www.bit.ly/YAretreatreg
\$15 suggested donation/lunch and materials**

Youth Career Options Summit

SUBMITTED BY GINA COLE

A Youth Career Options Summit will be held at Palma Ceia Baptist Church on Saturday, March 21. The summit will consist of business professionals and educators who will share information in their area of expertise and offer career and educational planning advice. This will give youth the opportunity to gain a better understanding of career choices and offer essential information to educational paths for their careers.

Also, the summit will be an opportunity for youth from local schools to meet with business professionals, community and faith-based leaders, who are positive role models and mentors who support our efforts in directing our youth. This is a free event, which also includes prizes and activities. To register, visit www.palmaceiachurch.org or check our Facebook page at www.facebook.com/palmaceiabaptistchurch.

**Youth Career Options Summit
Saturday, Mar 21 10 a.m. - 2 p.m.
Palma Ceia Baptist Church
28605 Ruus Rd, Hayward
(510) 786-2866
www.palmaceiachurch.org
www.facebook.com/palmaceiabaptistchurch
Free**

Happy hour to empower

SUBMITTED BY
TINA FERNANDEZ

SAVE (Safe Alternatives to Violent Environments) will host its first "Happy Hour to Empower" social/networking event on Wednesday, March 25 at Fremont's Whole Foods Tap Alley. Join SAVE staff, volunteers, and Board Members for this fun and empowering meet up.

Guests will enjoy complimentary Whole Foods savory and sweet bites, non-alcoholic beverages, music by Fremont Christian School's Dixie Dominus Band, and the opportunity to win amazing raffle prizes, including Whole Foods gourmet gift baskets; a sports package; and a "Date Night" basket, which will include dinner for two at Massimo's, gourmet chocolates, sparkling wine, and more.

This is a great opportunity to learn more about SAVE as well as socialize and make new connections. SAVE's Happy Hour to Empower is free; RSVP by calling Samantha at (510) 574-2250 ext. 110 or email samanthah@save-dv.org. For more information, visit the event page at www.facebook.com/events/1601813136700050.

For more information about SAVE, visit www.save-dv.org or call (510) 574-2250 ext.106.

**Happy Hour to Empower
Wednesday, Mar 25
5 p.m. - 7:30 p.m.
Whole Foods Market
3111 Mowry Ave, Fremont
RSVP: (510) 574-2250 x 110
samanthah@save-dv.org
www.facebook.com/events/1601813136700050
Free**

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Saturday, Mar 14
Ustad Farida Mahwash in Concert
2 p.m. - 4 p.m.
Legendary singer
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Mar 14
Education Technology Symposium
9 a.m. - 12 noon
Student showcase
Milpitas High School
1285 Escuela Pkwy., Milpitas
(408) 635-2800

Saturday, Mar 14
California Condors \$
2:00 p.m. - 3:30 p.m.
Adult nature program
Sulphur Creek Nature Center
1801 D. St., Hayward
(510) 881-6747
www.haywardrec.org

Saturday, Mar 14
Canine Capers Dog Walk – R
9 a.m. - 11 a.m.
Explore nature with your dog
Ages 8+
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(888) 327-2757
www.ebparks.org

Saturday, Mar 14
Apple Cider Pressing \$
12 noon - 12:30 p.m.
Squeeze juice for a tasty treat
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Mar 14
Chores for Little Farmers \$
10:30 a.m. - 11:00 a.m.
Prepare treats for farm animals
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Mar 14
There's Gold in Them Thar Hills! \$
2 p.m. - 3 p.m.
Pan for Gold
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Mar 14
Colony Caretakers – R
1:30 p.m. - 4:30 p.m.
Create nesting habitats for endangered birds
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(888) 327-2757
www.ebparks.org/register

Saturday, Mar 14
Multicultural Food Fest
12 noon - 3 p.m.
Celebrate St. Patrick's Day
H&R Block
5111 Mowry Ave, Fremont
(510) 313-3996

Saturday, Mar 14
Comedy Short Subject Night \$
7:30 p.m.
The Playhouse, A Small Town Idol, and Liberty
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Mar 14
Corned Beef and Cabbage Dinner \$
5 p.m. - 10 p.m.
Raffle prizes and silent auction
Castro Valley Moose Lodge
20835 Rutledge Rd., Castro Valley
(510) 538-6020

Saturday, Mar 14
Intro to Wildlife Illustration – R
10:30 a.m. - 12 noon
Techniques to create drawings outdoors
Ages 9 – 12
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x362
http://wildlifeillustration.eventbrite.com

Saturday, Mar 14
Family Bird Walk – R
2 p.m. - 4 p.m.
Create a field guide and use binoculars
Ages 5 – 10
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x362
http://familybirdspirng.eventbrite.com

Saturday, Mar 14
Team Citizen Scientists – R
12 noon - 2 p.m.
Community service to monitor plants and animals
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513 x104
http://tcseec.eventbrite.com

Saturday, Mar 14
Free Admission Day
10 a.m. - 4 p.m.
Explore the gallery and view exhibits
Hayward Area Historical Society
22380 Foothill Blvd., Hayward
(501) 581-0223
www.haywardareahistory.org

Saturday, Mar 14
Celebrate National “Pi Day” 3.1415
8 a.m. - 4 p.m.
Special drawings, prizes, dinner, live music
Niles Pie Company
32990 Alvarado-Niles Rd, Union City
(510) 324-4743
http://www.nilespie.com/blogs/niles-pie-news-1

Saturday, Mar 14
Walk on the Wild Side
9:30 a.m. - 12:30 p.m.
Naturalist led bird walk
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sunday, Mar 15
Open House \$
1 p.m. - 3 p.m.
Docent led tours of historic home
Shinn House
1251 Peralta Blvd., Fremont
(510) 793-9352

Sunday, Mar 15
Kids Art Contest \$
3 p.m. - 5 p.m.
Children create images of India
Ages 4 – 12
India Community Center
525 Los Coches Street, Milpitas
(408) 934-1130
www.IndiaCC.org

Sunday, Mar 15
Create Squishy Circuits – R
2:00 p.m. - 3:30 p.m.
Build electric circuits with colored dough
Ages 7 – 12
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Sunday, Mar 15
Science Day for Kids
1:30 p.m. - 4:30 p.m.
Lectures, demonstrations and experiments
Grades K – 6
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Sunday, Mar 15
Bridal Fair – R
11 a.m. - 3 p.m.
Vendor presentation for wedding needs
Massimos Restaurant
5200 Mowry Ave., Fremont
(510) 792-2000 x16
www.massimos.com

Sunday, Mar 15
Rockin’ the Run \$R
8 a.m.
5k and 10k fun run and walk
Union City City Hall
34009 Alvarado-Niles Road, Union City
(510) 675-5808
www.UnionCity.org/departments/leisure-services

Sunday, Mar 15
Meet the Chickens \$
10:30 a.m. - 11:00 a.m.
Visit the coop and feed chickens
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Mar 15
Finding Rainbows \$
11 a.m. - 12 noon
Discover the science behind creating rainbows
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Mar 15
Lucky Clovers \$
2 p.m. - 3 p.m.
Search the farm for four leaf clovers
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Mar 15
Wild Edibles and Plant Uses – R
9 a.m. - 1 p.m.
Identify and taste edible wild plants
Garin Regional Park
1320 Garin Ave., Hayward
(888) 327-2757
www.ebparks.org

Sunday, Mar 15
Sunol to Mission Peak Hike \$
9:30 a.m. - 3:30 p.m.
Guided 10.5 mile hike with 2,200 elevation
Meet at visitor center, ages 12+
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-2233
www.ebparks.org

Sunday, Mar 15
Story Hunters – R
2:00 p.m. - 3:30 p.m.
Discover landmarks using GPS units
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222x362
http://donedwardsstory.eventbrite.com

Sunday, Mar 15
Life Cycles
11:00 a.m. - 12:30 p.m.
Observe animals and make a craft
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sunday, Mar 15
Wine Tasting Social – R
2 p.m. - 4 p.m.
League of Women Voters Eden Area Event
Don's Wine Shop
22570 Foothill Blvd, Hayward
(510) 733-9463
gala05@peoplepc.com

Monday, Mar 16
Coyote Cubs
10:30 a.m. - 11:30 a.m.
Play games and explore park
Ages 3 – 5
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Tuesday, Mar 17
Free Notary Signings for Seniors
10:00 a.m. - 11:45 a.m.
Call to schedule an appointment
Ages 50+
Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738

Tuesday, Mar 17
Healthy at All Ages
1 p.m. - 3 p.m.
Preventative health screening information
Washington Hospital
2500 Mowry Ave., Fremont
(800) 963-7070
www.whhs.com/seminars

Wednesday, Mar 18
Family Literacy Night: Read and Grow – R
6:30 p.m. - 8:00 p.m.
Storytelling and book related crafts

Parents and children pre-school - 3rd grade
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 793-2240
roral@fremont.k12.ca.us

Friday, Mar 20
Unity Dinner \$R
6 p.m.
Food, drinks and guest speakers
India Community Center
525 Los Coches Street, Milpitas
408-934-1130
www.IndiaCC.org

Spring concert: The Magic of Movies and Music

SUBMITTED BY BOB MILLER

Morrisson Theatre Chorus, under the musical direction of César Cancino, will present its Spring Concert: The Magic of Movies and Music, March 20 –March 22, in Hayward. The Spring Concert will feature music from many great and beloved films, including “Casablanca,” “Titanic,” “The Mission,” “The Wizard of Oz,” and many more. Also featured will be a medley of James Bond movie “hits.”

Tickets are \$18 adults, \$15 senior and \$12 junior/student.

Spring Concert: The Magic of Movies and Music
Friday, Mar 20 and Saturday, Mar 21
8 p.m.
Sunday, Mar 22
2 p.m.
Douglas Morrisson Theatre
22311 N. Third St, Hayward
(510) 881-6777
www.dmtonline.org
\$18 adults/\$15 seniors/\$12 juniors/students

Helping Babies Sleep

SUBMITTED BY SARAH KISHLER

Sleep consultant Arlene Fryling, of Gentle Touch Sleep Time, will share tips and ideas with parents and caregivers about helping babies and toddlers sleep. This program is free and no registration is necessary.

Helping Babies Sleep
Monday, Mar 23
3:00 – 3:30 p.m.
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1421
Free

BOOKMOBILE SCHEDULE

Alameda County Renew books by phone (510) 790-8096 For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org. Times & Stops subject to change	10:25 – 10:55 Daycare Center Visit – UNION CITY 1:45 – 2:45 Delaine Eastin School, 34901 Eastin Dr., UNION CITY 4:15 – 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY 5:15 – 6:45 Forest Park School, 34400 Maybird Circle, FREMONT
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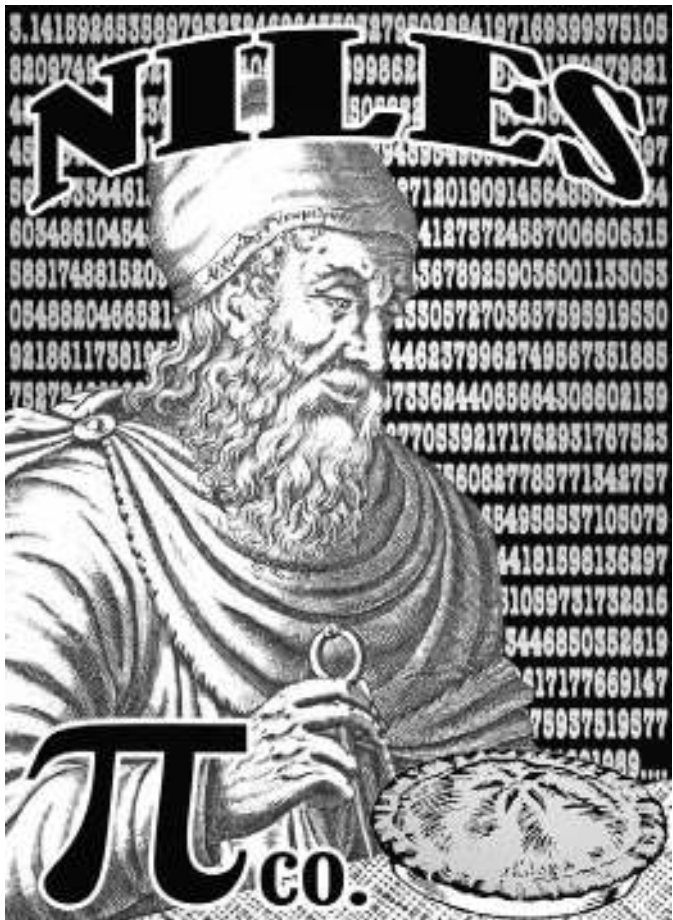
Tuesday, March 10 9:30– 10:15 Daycare Center Visit – FREMONT 10:45 – 11:15 Daycare Center Visit – FREMONT 2:15 – 2:45 Daycare Center Visit - NEWARK 4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT 5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT	Tuesday, March 17 9:15 – 11:00 Daycare Center Visit – FREMONT 2:30 – 3:25 Cabrillo School, 36700 San Pedro Dr., FREMONT 4:45 – 5:30 Baywood Apts., 4275 Bay St., FREMONT 5:50 – 6:30 Jerome Ave. and Ohlones St., FREMONT
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Wednesday, March 11 12:45 – 2:15 Glenmoor School, 4620 Mattos Drive, FREMONT 2:45 – 3:45 Mission Hills Middle School, 250 Tamarack Dr., UNION CITY 4:00 – 4:30 Purple Lotus Buddhist School, 33615 – 9th St., UNION CITY 6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT	Wednesday, March 18 1:00 – 2:00 Del Rey School, 1510 Via Sony, SAN LORENZO 2:30 – 3:00 Eden House Apts., 1601 165th Ave., SAN LEANDRO 3:30 – 4:00 Baywood Ct., 21966 Dolores St., CASTRO VALLEY 6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT
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Thursday, March 12 10:00 – 10:30 Daycare Center Visit – SAN LORENZO 10:45 – 11:45 Daycare Center Visit – CASTRO VALLEY 1:20 – 1:50 Daycare Center Visit, HAYWARD 2:15 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD	Wednesday, March 18 3:15 – 4:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS
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Monday, March 16
9:30 – 10:05 Daycare Center Visit – UNION CITY



A special Pi Day

SUBMITTED BY
CAROLYN BERKE

Niles Pie Company is celebrating a special Pi Day on Saturday, March 14. Festivities will take place at the Niles Pie Company shop in Union City and at Niles Farmers' Market in Fremont. There will be prizes for reciting pi to the furthest digit, special drawings and more throughout the day at both locations. A Jazz & Pi Dinner at the shop will conclude the commemoration, with live jazz and a selection of dinner and dessert items.

Celebrating Pi Day on March 14, 2015 is only fitting as the numerical date (3/14/15) represents the first five digits of the mathematical constant, π or pi. For math enthusiasts, pi is the ratio of a circle's circumference to its diameter, which is constant for all circles of any size. Pi is an irrational number, which has infinite number of digits in its decimal representation approximated at 3.1415. The fraction 22/7 is also commonly used to approximate pi.

One of the earliest celebrations of Pi Day began in 1988 at the San Francisco Exploratorium.

In 2009, the U.S. House of Representatives passed a non-binding resolution recognizing March 14, 2009 as National Pi Day. This year, the decimal digits of pi will be further represented at 9:26:53 a.m. as it will translate to 3.141592653. Be sure to arrive at Niles Pie or the Niles Farmer's Market at 9:26 a.m. to recite pi to its furthest digit.

The Pi Day menu will include several savory pot pies, empanadas and pasties, featuring local produce and meats. There will also be shaker lemon pie, featuring local organic Meyer lemons at the top of their season, along with longtime favorites: Dutch apple, blackberry blueberry, banana cream, and double chocolate pie. A house jazz band of locals featuring Matt Hayden on guitar, Nate Fredericks on drums, Nelson Saarni on bass, and Dave Carter on keyboard will perform in the evening. For more information, visit www.facebook.com/NilesPie.

Pi Day
Saturday, Mar 14
9 a.m. – 2 p.m.
Niles Farmers Market
37592 Niles Blvd, Fremont

Saturday, Mar 14
8 a.m. – 4 p.m.
6 p.m. – 8 p.m.: Jazz & Pi Dinner
Niles Pie Company
32990 Alvarado-Niles Rd, Suite 960, Union City
(510) 324-4743
www.nilespie.com
www.facebook.com/NilesPie
Free admission, food for purchase

Champions for Change six-part health workshop

SUBMITTED BY TINA FERNANDEZ

SAVE (Safe Alternatives to Violent Environments) is pleased to announce a collaboration with the Alameda County Public Health Nutrition Program's Champions for Change, a peer-led effort to raise community awareness about healthy nutrition choices, exercise and more.

Community Health Champion Myla Wong will present a free 6-part course beginning Monday, March 16 at The Empowerment Center at SAVE in Fremont. This course is especially designed to benefit victims of domestic violence and their families, and will cover topics such as healthy food and beverage choices, eating on a budget, physical fitness, and community resources.

Participants must commit to attend all six classes on the following dates: March 16, 23, and 30; and April 6, 13, and 20. This is a wonderful opportunity for individuals and parents who are domestic violence survivors to receive free nutrition and wellness instruction in a warm, welcoming space.

To register, call Ashley at (510) 574-2256 or email AshleyL@save-dv.org.

Champions for Change Health Workshop
Monday, Mar 16, Mar 23, Mar 30, Apr 6, Apr 13 & Apr 20
5 p.m. – 6:30 p.m.
The Empowerment Center
1900 Mowry Ave, Suite 201, Fremont
(510) 574-2256
AshleyL@save-dv.org
www.save-dv.org
Free

Mad Hatter's Tea Party

SUBMITTED BY UNION CITY
LEISURE SERVICES SENIOR PROGRAMS

Don't be late, for a very important date! On Friday, March 27, follow us down the rabbit hole for a Mad Hatter's tea party in Wonderland! Bring your grandkids and help us celebrate the beginning of spring with a memorable and animated experience! Come dressed as your favorite Wonderland character. (It's optional, but more fun in costume!)

Advance registration is required. The last day to register is by 4 p.m. on March 25. Grandchildren: Ages: 4 and up please.

Registration includes tea, refreshments, mini-sandwiches and cake. Music, karaoke, dancing, games, and prizes, add to the festivities.

Mad Hatter's Springtime Tea Party for Grandparents/Grandchildren

Friday, Mar 27
6:00 p.m. – 8:30 p.m.
Ruggieri Senior Center
33997 Alvarado-Niles Rd, Union City
(510) 675-5445
\$15 for one grandparent or
grandparent with one grandchild
\$5 for each additional attendee

Wine Tasting Social

SUBMITTED BY SUZANNE BARBA

Please join League of Women Voters Eden Area (LWVEA) members at a wine tasting social on Sunday, March 15 at Doc's Wine Shop in Hayward, and bring a friend who would like to know more about the League and membership. This free event is our way of getting to know current members better and to encourage prospective members to join LWVEA. We will have an opportunity to discuss League priorities and ways in which the League can meet your needs. Please RSVP to Gail at gala05@peoplepc.com by Tuesday,

March 10 for yourself and a friend. Street parking is available, as well as the lots behind the AT&T building and Buffalo Bill's.

LWVEA Wine Tasting Social
Sunday, Mar 15
2 p.m. - 4 p.m.
Doc's Wine Shop
22570 Foothill Blvd, Hayward
RSVP: gala05@peoplepc.com
www.lwvea.org
Free

'Snow White' takes center stage

SUBMITTED BY CENTER
STAGE PERFORMING ARTS

Center Stage Performing Arts (CSPA) presents "Snow White and the Seven Dwarfs" adapted by Tim Kelly, with music and lyrics by Bill Francoeur. Meet the captivating Princess Snow White, the prince, the evil queen and of course, the seven mischievous dwarfs — Sarge, Gabby, Gloomy Gus, Ticklish, Spritely, Snore, and Slowpoke. Following the traditional storyline, the fairy tale is brought to life with this marvelous musical adaptation.

Mei-Wan Chai will be directing the cast of talented youth. Snow White will be played by Aryana Ong-Beith or Madeleine

Pascual, while Cheyanna Jimenea or Savannah Polanco will portray the role of the evil queen. Performances are scheduled on March 20, 21, 27, and 28 at Milpitas Community Center.

CSPA, formerly known as Milpitas Rainbow Theatre, is presented by Milpitas Recreation Services. With the support of dedicated parents and performers, the Milpitas Children's Theatre Alliance (MCTA) was founded. Together, the MCTA and CSPA work together to showcase the numerous talents of all the performers and staff involved in the theatre.

Advanced tickets cost \$10 for seniors and students with identification, and \$12 for the general public. Tickets will be avail-

able at Milpitas Community Center from March 16-19 between 4 p.m. and 8 p.m. You may also purchase tickets in advance at www.centerstagepa.org by clicking on the Eventbrite link; tickets will also be available at the door for \$15. School performances will take place on March 24 and 25. They are open to any schools; reservations are needed, with tickets available for \$5 per person. For more information, call (408) 707-7158 or e-mail centerstagepa@yahoo.com.

Snow White and the Seven Dwarfs
Friday, Mar 20 & Mar 27
7 p.m.
Saturday, Mar 21 & Mar 28
2:30 p.m. & 7 p.m.

School Performances:
Tuesday, Mar 24 & Wednesday, Mar 25
9:30 a.m. & 11:30 a.m.

Milpitas Community Center
457 E Calaveras Blvd, Milpitas
(408) 707-7158
centerstagepa@yahoo.com
www.centerstagepa.org
Advanced: \$10 seniors & students,
\$12 general
Door price: \$15
School performance: \$5 per person
(reservation required)





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- *Cheer
- *Wushu
- *Field Trips
- *Playgroups

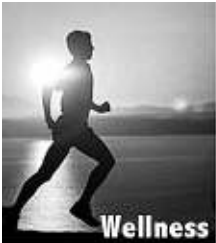


All Ages!

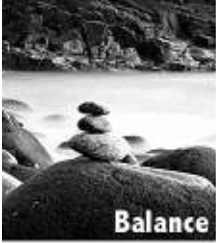
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510.796.FLIP (3547)

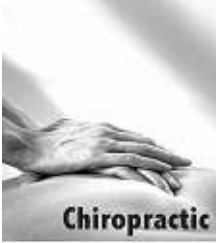
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rwkendrickjr@yahoo.com

SPORTS

Taylor Cross Named KAP7 Player of the Week

SUBMITTED BY SCOTT CHISHOLM

Taylor Cross of the Cal State East Bay women's water polo team has been named the Western Water Polo Association (WWPA) KAP7 Player of the Week, announced on March 3, 2015. The junior two-meter player finished with eight goals, six assists, and three steals as the Pioneers went 3-1 at the Tina Finali Invitational this past weekend. Cross scored goals in all three of the team's wins including a season-

high four goals in an 8-3 victory over Pomona-Pitzer. She added a pair of scores in triumphs over Occidental and Chapman. Cross leads the squad with 21 goals and ranks second with 26 drawn exclusions. She has scored multiple goals in eight of the team's 15 games this season. The 2014 All-WWPA Second Team selection is the second Pioneer to earn the weekly honor in 2015. Teammate Alyssa Hess earned the distinction on Jan. 20.



Ohlone squeezes to a win

SUBMITTED AND PHOTO BY
DON JEDLOVEC

It took the Renegades 10 innings to do it, but they finally squeezed in the winning run with a bunt, winning 3-2 over Skyline College on March 7th. What a game!



21-Run barrage powers Pioneers to split

SUBMITTED BY STEVE CONNOLLY

The Cal State East Bay baseball team exploded for 21 runs in the first game of a March 1st doubleheader to secure a 21-10 victory over No. 17 UC San Diego. The Tritons came back to capture the nightcap by a score of 10-2 to close out the California Collegiate Athletic Association (CCAA) series. Game 1 - CSUEB 21, UCSD 10. The Pioneers had their biggest offensive outburst of the season in the morning game. Their 21 runs came on just 11 hits, as they took advantage of 11 defensive errors by the Tritons. Game 2 - UCSD 10, CSUEB 2. Cal State East Bay's offense couldn't carry over its momentum to the second game — a scheduled seven-inning contest — as the team struggled to mount a rally against UCSD starter Troy Cruz. The junior right-hander picked up the win, allowing one run in five innings.

CSUEB's Whitfield earns men's basketball all-conference honors

SUBMITTED BY STEPHEN CONNOLLY

Cal State University East Bay (CSUEB) senior Jacari Whitfield has been named to the 2014-15 All-California Collegiate Athletic Association men's basketball honorable mention team, the conference office announced on March 4 during the annual awards banquet. This is the first All-CCAA selection of Whitfield's four-year career, and the first for CSUEB men's basketball since Mark Samuels captured second team honors in 2011-12. A native of San Francisco, the 5'7" guard recently completed his best season as a Pioneer to cap off a remarkable career. During conference play this year, Whitfield led all CCAA players in minutes (35.3 per game) and free throw percentage (.903), while ranking second in assists (4.9 per game) and 10th in scoring (13.0 points per game).

Whitfield was CSUEB's leading scorer for the season, reaching double figures in 11 straight games to finish the season. He played all 40 minutes in six contests for the injury-plagued Pioneer squad and notched a career high with 26 points recently against Cal State Stanislaus in the penultimate game of his career. Whitfield's career began with CCAA Freshman of the Year honors in 2011-12. Since then, he's played in 86 games and more than 3,000 minutes for CSUEB. This season, he established school records for career three-pointers (195) and highest free throw percentage (.855). He also moved up to second place in program history with 326 assists and ninth place with 959 career points. The All-CCAA teams are selected by the league's 12 head coaches and announced during the awards banquet, which is held in Stockton the night before the start of the CCAA Postseason Tournament.

Mariners fall to O'Dowd Dragons

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Bishop O'Dowd Dragons beat Moreau Catholic Mariners in Division III final 70-61 at Saint Mary's College. Bishop O'Dowd came out setting a fast pace and opening a lead at the end of the first quarter. They continued to lead midway though the second quarter at 28-20 but the Mariners fought back with a great offensive effort with four 3-point shots followed by a pair of baskets by Mariner Armond Simmons and plays by Oscar Frayer to close the gap to just 39-36 at half. In the third quarter, Bishop O'Dowd defense took control of the game, closing shooting lanes and only allowing Moreau Catholic outside shots and one three point shot in the second half. Final score: Bishop O'Dowd 70, Moreau Catholic 61. Stars for Moreau Catholic were Oscar Frayer with 20 points and Damari Milstead with 16. Moreau Catholic will now have to wait to see if it is selected for CIF Open Division competition.



Susan Polgar Chess Tournament



SUBMITTED BY JOE LONSDALE

More than 400 girls and boys competed in the 10th Annual Susan Polgar Chess Tournament on the weekend of February 28-March 1 at the San Mateo Event Center. Susan Polgar is world famous for becoming the first woman to obtain the grandmaster title. Susan and her husband Paul Troung have moved to St. Louis, MO where they have coached the Webster University chess team to numerous national collegiate chess championships.

In addition to a large number of trophies, the players were competing for two full scholarships to Webster University (worth over \$100,000 each) and to qualify for the prestigious Susan Polgar Foundation Girls Invitational chess tournament which will be held in St. Louis, July 26-30. The scholarships were won by Aaron Grabinsky, Co-Champion from Coquille, OR and Sofia

Stanescu-Bellu of Grand Rapids, MI.

The tournament had separate sections for girls and boys based on ages. Team competitions were held in each section. The team score was the sum of the scores of the top three players on the team.

There was a special unrated section for players in kindergarten to grade two. This section was won by Viraj Walia of Gomes Elementary School in Fremont with 4.5/5.0. The top team in the unrated section was MSJE (Mission San Jose Elementary School of Fremont) with 10 points. Collins School of Cupertino and Town School of San Francisco tied for second place with 5 points each.

The boys under age 8 section was won by MSJE with 11 points. Collins school of Cupertino was second with 9.5 points. The girls under 8 section was won by Weibel Elementary, Fremont, with 11 points; MSJE was second with 9.5 points.

The girls under 10 section had an extremely exciting finish. Annapoorni Meiyappan of MSJE (rated 1547) was the third highest rated player in the section. In the fifth round Annapoorni played Rianne Ke (rated 1634) and won her game. Rianna had defeated top rated Nastassja Matus (1735) in the fourth round. This left Annapoorni with 5 points playing Nastassja (with 4 points) in the last round. Annapoorni needed only a draw to win the section. In the last round Annapoorni had a slightly superior position and agreed to a draw in a time scramble to clinch first place and an invitation to the prestigious Susan Polgar Foundation Girls Invitational chess tournament in July.

The team competition in girl U10 was won by MSJE with 13.5 points. Weibel was second with 8.5 points.

In the boys U10 section Chinguun Baayaraa of Spring Valley and Rishith Susarla of MSJE tied for first place with 5.5 points.

MSJE won the first place team trophy with 13.5 points. Weibel was second with 13 points.

In the boys under 12 section Joshua Grabinsky of Coquille, OR and Ivan Ke of Burlingame Intermediate School tied for first with 5.5 points. Weibel was the top team with 12 points. MSJE (missing its four top rated players) was second with 10 points.

In the boys U14 section Gabriel Sam was a clear first with 5.5 points. Horner Junior High won the team competition with 10.5 points. Andrea Botez of Happy Valley won the girls U14 section with 5.5 points.

In the girls U16/18 section Ana Lopez Sanchez was a clear first with 5 points. Colin Chow and Aaron Grabinsky tied for first in the boys U18/16 section.

The tournament was well run with most rounds starting on time. All of the trophy winners got to have their picture taken with Susan Polgar.

Historic win advances Pioneer Women

SUBMITTED BY SCOTT CHISHOLM

Cal State East Bay 75, Cal Poly Pomona 70. The monkey is gone, the weight is lifted, and the celebration, albeit brief, can commence. The women's basketball team earned the first California Collegiate Athletic Association (CCAA) postseason team victory by any of the athletic programs in the school's five year history in the league in the March 5th quarterfinal contest at Stockton Arena.

"It hasn't hit me yet, and probably won't. But it's a pretty special win today," said East Bay Head Coach Suzy Barcomb. "I wanted this team to have a historical moment for Cal State East Bay and all our sports as we move forward in the Division II cycle."

East Bay would need the efforts of many to make history and capture victory. As the team had done throughout most of the season, it got going offensively in the second half. The Pioneers put up 46 points over the final 20 minutes to erase a 13-point deficit early in the period.

Laci Effenberger scored a season-high 17 points with 15 coming in the crucial second half comeback. Effenberger's third 3-pointer gave the Pioneers their first lead of the game with just under five minutes left.

After Cal Poly Pomona regained a 58-57 lead, Shannon Bland knocked down a 3-pointer to give East Bay a lead it would hold until the final buzzer. Her only field goal of the game was arguably the most important for the Pioneers as Stephanie Lopez found her in the corner for three.

Tori Breshers recorded five first half blocks including two on the back-to-back CCAA Player of the Year in Jada Blackwell. She would collect six on the day to tie the program's single game (6) and career blocks record (115). However she picked up four personal fouls over the span of six second half minutes and watched from the bench.

Meanwhile Blackwell led all players with 26 points and 10 rebounds. However she was 1-of-6 from distance and in the second half the Broncos combined to knock down only 1-of-11 from beyond the arc.

Teammate Ariel Marsh finished with 16 points on 5-of-17 shooting from the floor. Blackwell and Marsh combined to take 33 of the team's 54 shots, and score 42 of the Broncos' 70 points.

Lopez led East Bay with 20 points and three assists in the win. Remy Puou added 11 points on 5-of-12 shooting from the field.

East Bay senior Micah Walker was on the three previous teams which reached the CCAA Championships but failed to earn that historic win. She described what it felt like to finally get that elusive victory.

"It was a good team win, and that's what makes this special. It took all of us to get here," said Walker. "It's a good feeling, but we have a short memory. We are already thinking about Humboldt."

Basketball at Mattos Elementary Fremont

SUBMITTED BY MARY BESSLER AND KATHY LEWIS

Mattos's Boys Basketball team had an undefeated season! The team, lead by Coach Billy Marshall, went 12-0 this year to make a perfect season. They ended the season by bringing home the 1st place trophy in the Kennedy Attendance area tournament.

Mattos's Girls Basketball team, lead by Melissa Tebow and Joel Luevano, had a winning season as well, ending with a 6-1-1 record. Congratulations to all the players.



Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Fremont City Council

March 3, 2015

Consent:

Approval of minutes – special and regular meetings: Jan 13, Feb 3, Feb 10, Feb 17

Ceremonial Items:

Declare March American Red Cross Month

Public Communications:

Comment about negative effect of hiking restrictions at Mission Peak

Special event on March 20, 2015 - Meals on Wheels

Many speakers from R.I.S.E. (Residents Insisting on Social Equity) spoke about immediate needs for affordable housing, rent control, and a Community Benefits Agreement related to the BART/Warm Springs area. Families with working adults are unable to meet rent increases by landlords.

Scheduled Items:

Rezone 10.3 acres from Open Space to Planned District to allow development of 20 single-family homes and preservation of historic home at 42232 Mission Blvd. Public comment was generally positive on the development but concerns were voiced about noise and a sound wall proposed. One speaker expressed criticism of zero lot lines and lack of parking for small “granny units.” Traffic along Mission Boulevard cited as reason for concern for all such developments. Council comments favored development but questioned masonry vs. wood sound wall and extension to include a sixth home affected.

Approved: 4-1
(Mei voted Nay)

General Plan amendment to change land use designation for

6.07 acres at the “Henkel Site” in Niles. Some public support but much criticism of character of design, density, traffic impacts and site circulation. The public and council discussed a need to create an appropriate development as a gateway to Niles and develop vacant and untended land.

Approved: 3-2 (Bacon, Mei voted Nay)

Approve Zoning Text Amendment to update Affordable Housing Ordinance. Use of a residential “nexus” analysis to incorporate 12.9% affordable housing fees; encourage low, very low and extremely low units in future housing developments. Discussion centered on the wisdom of lowering the current fee structure, rather than raising it. Suggestion from councilmember to add an additional 2.1% fee using a separate payment schedule was defeated.

Approved 3-2 (Bacon, Mei voted Nay)

Other Business:

FY 2014/15 Mid Year Budget Review shows increasing income primarily from sales tax. Transfers to the Strategic Opportunities Fund and Uncertainty Reserves provide stability but street maintenance and unfunded retirement benefits are challenges. In summary, although the regional economy is growing, there is “limited capacity for enhancing services or additional funding for unmet needs.” The increase of income will allow the City to maintain or improve current service, but pension and healthcare costs continue to pose fiscal problems. Mayor Bill Harrison Aye
Vice Mayor Suzanne Lee Chan Aye
Vinnie Bacon Aye (2 Nay)
Lilly Mei Aye (2 Nay)
Rick Jones Aye

Hayward City Council

March 3, 2015

Consent:

Council authorized city manager to execute agreements for funding of Phase 2 and 3 of Route 238 Corridor Improvement Project. According to staff report, Phases 2 and 3 of the project will improve Mission Boulevard from Industrial Parkway to the south city limit, and from A Street to the north city limit, respectively. An additional \$21.9 million of LATIP (Local Alternative Transportation Improvement Program) funds are available for the Phase 2 and Phase 3 project. Part of the resolution is

to establish a cooperative agreement with CalTrans for reimbursement of Phase 2 design expenses from LATIP. City staff will apply for a \$12 million grant through the Transportation Investment Generating Economic Recovery (TIGER) Discretionary Grant program for additional funding.

Work Session:

Hayward Police Department’s 2nd quarter reports on their progress toward achieving Council Priorities for FY 2015 was presented by Hayward Police Chief Diane Urban. For full report, visit www.hayward-ca.gov/city-government/city-council-meetings/2015/cc15pdf/cc030315full.pdf.

Milpitas City Council Meeting

March 3, 2015

Consent:

Approve grant agreement with Federal Emergency Management Agency and the Department of Homeland Security in the amount of \$48,713 with a local match of \$5,412 for purchase of new breathing air compressor for fire department.

Approve amendment to increase amount of existing agreement with BFGC Architects Planners, Inc. by \$75,115.

Approve a consultant agreement with M-Group, Inc. to provide contract-planning services as needed in the amount of \$140,000.

Approve the first amendment to consulting services agreement with Kelly Smith doing business as the Smith Firm bringing agreement to grand total of \$35,000.

Public Hearings:

Conduct a public hearing and adopt a resolution approving a site development and conditional use permit to construct a 124-room, 5-story Springhill Hotel.

Conduct a public hearing and adopt a resolution approving a site development per-

mit and conditional use permit to construct a 128-room, 4-story Holiday Inn Hotel.

Unfinished Business:

Authorize city manager to execute agreements with R3 Studios, Inc. to hire a landscape architect firm to prepare a street tree master plan in the not-to-exceed amount of \$20,000.

Reports of Commissions:

Receive the mayor’s report on the 2015 national mayors’ challenge for water conservation and direct staff to enroll city as a participant.

Consider request from Milpitas Executive Lions Club to donate \$1,500 and waive fees totaling \$1,847 for “Kids & Adults Day” on April 25, 2015.

Agreements:

Receive presentation on the proposed Milpitas Skate Park feasibility study, direct staff to prepare a funding plan for design and construction. The total project cost is estimated at \$1.5 million with a possible completion date of 2019 or 2020.

Mayor José Esteves:	Aye
Vice Mayor Carmen Montano:	Aye
Debbie Indihar Giordano:	Aye
Garry Barbadillo:	Absent
Marsha Grilli:	Aye

TAKES FROM SILICON VALLEY EAST



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Half the Sky

By JENNIFER CHEN,
ECONOMIC DEVELOPMENT
COORDINATOR

The Chinese saying “women hold up half the sky” supports gender equality. Often truncated to “half the sky,” the phrase has been used as a title for television episodes, news articles, and organizations advocating for women’s rights. As we celebrate the Chinese New Year of the Sheep, Ram, or Goat, I thought the phrase would also be an appropriate blog title to honor a few of the female CEOs who are leading some of the most innovative companies here in Fremont. These women and others like them are doing their part to keep Fremont’s economic engines firing.

Hannah Kain, Founder and CEO, ALOM — Founded in 1997, ALOM is a global leader in supply chain management. In February 2015, Ms. Kain was named a recipient of the esteemed YWCA Tribute to Women Award. This award recognizes the achievements of top-level Silicon Valley executives in a variety of industries.

Christine Liang, Founder and President, ASI Corp — Founded in 1987, ASI is a computer components distribution company with over 100 employees in Fremont. In 2013, the San Francisco Business Times listed Christine Liang No. 1

on its Top 5 Women-Owned Businesses in the Bay Area.

Noreen King, President and CEO, Evolve Manufacturing Technologies — Founded in 1999, Evolve Manufacturing Technologies is a contract manufacturer specializing in medical, life sciences, and industrial equipment market. In December 2014, Evolve opened their new headquarters in Fremont. Fremont is delighted to welcome Evolve to the City’s Innovation Ecosystem.

Emily Liggett, CEO, NovaTorque— Founded in 2005, NovaTorque is a cleantech company focused on creating innovative, cost-effective, and energy-efficient conical-shaped electric motors. A 2006 Energy Efficiency Finalist in the Cleantech Open, NovaTorque has been innovating and sharpening their technology in Fremont for the last ten years.

These are just a handful of the strong women leaders in Fremont. This month, Smart Asset listed Fremont the third-best paying city for women in tech, with a gender pay gap earning ratio of 87% and the only Bay Area city in the top 15 cities.

In the Chinese Zodiac, the Year of the Sheep honors loyalty, hard work, and steadfastness. It only seems fitting that we highlight the achievements of Fremont’s female CEOs to ring in the New Year.

Legislative Business:

Community and Media Relations Officer Frank Holland and Assistant City Manager Kelly McAdoo introduced an ordinance amending the Hayward Municipal Code by adding Article 20 to Chapter 8 of the Hayward Municipal Code Relating to the establishment of Community Benefit Districts (CBD). According to the staff report, CBD is a “special benefit districts created for the purpose of establishing a stable revenue source to fund special benefit services within the district.” Special services may include more sidewalk sweeping, beautification programs, district branding, marketing and promotions, parking mitigation programs, social media, website,

administration and possible private security patrols. The proposed ordinance extends the lifetime of the CBD to 20 years and lowers the petition threshold to 30 percent of property or business owners. Councilmember Zermeno moved the motion, but modified to lower the CBD time period from 20 to 15 years. (Márquez, Jones – Abstain)

Mayor Barbara Halliday	Aye
Mayor Pro Tempore Greg Jones	Aye
Aye, 1 Abstain	
Francisco Zermeno	Aye
Marvin Peixoto	Aye
Al Mendall	Absent
Sara Lamnin	Aye
Elisa Márquez	Aye, 1 Abstain

ACWD construction update

SUBMITTED BY DANIEL JAIMES

ACWD (Alameda County Water District) pipeline replacement work is underway near the homes on Curtner Road off of Mission Blvd. in Warm Springs. This pipeline replacement work is to ensure that homes in the area have a reliable water supply following an earthquake.

In order to conduct this pipeline replacement work, the contractor requires a two-week road closure of Curtner Road between Mission Blvd and Briar Place going on now until mid-March. Over the next two weeks, construction crews will be installing a brand new ACWD water delivery pipeline that will connect to the newly installed SFPUC BDPL3&4 pipelines.

Residents in the area should take Paseo Padre Parkway for entry to and exit from the neighborhood during work hours.

OPINION



WILLIAM MARSHAK

Imagine that have just finished a day of work with an average quota of ups and downs. It's time to relax at home. Not so fast... for at least one evening – or more - each week, city councilmembers, opponents and proponents of significant matters have additional responsibilities to attend to. The most visible of these are city council meetings that can be brief but every so often filled with hours of impassioned pleas for assistance, praise and criticism.

Arguments over vital issues are often emphatic, aggressive and lengthy. Decisions require considerable evaluation coupled with alert and attentive analysis to avoid negative unintended consequences. Attention to detail is often a critical factor for decision makers so hours of mind-numbing debate that erode attention and critical thinking can be counterproductive.

In the Fremont City Council meeting of March 3rd, a lengthy and substantial

A balancing act

agenda extended meeting hours until the wee hours of the next morning. A group of affordable housing advocates made a rational and emotional case for their cause. This preceded a series of public hearings on significant decisions. As the evening wore on, the toll on councilmembers became evident. No less important measures remained on the calendar and could not be rescheduled for the following week since that meeting had been cancelled.

Finally, a staff recommendation and critical vote on modification of the Affordable Housing Ordinance was before the council. Developers had been waiting for hours, holding business decisions in abeyance until a decision was reached. Most citizens had left by this time; arguments began over fees, unit sizes and incentives. At the heart of the discussion was how best to balance developer and City goals, especially as they relate to affordable housing. Changing development rules and fees is a critical design tool for the City, especially in the BART/Warm Springs area but the debate seemed to resolve nothing.

As the hour grew later and later, proposals and counter proposals were shared dealing with a basic philosophical argument over how to address the need for low and very low income units for sale or rent. By the time a vote was taken, confusion began to set in; councilmembers asked for clarification of exactly what they were voting on. It was evident that additional time was necessary for clear

and thoughtful examination of the issue, but a decision was required. The result was a split vote with even the maker of an alternative motion voting for the original proposal to facilitate an end to the proceedings.

A budget review that followed was brief and superficial. Council comment, "Can we go home now?"

The lesson from such sessions should be that good decisions are not based on long, tiring meetings that elicit rote responses. If groups are expected to rally many speakers during Oral Communications, advance notification of the City Clerk/Mayor may allow an earlier start time or special pre-council meeting communications. A plethora of public hearings in one council meeting may also be counterproductive. Balancing time and issues at council meetings is an art that can result in reasoned and clear decisions or a tangled web of confusion. All public meetings should strive toward adequate time for discussion and deliberation without gratuitous and repetitive discourse. It's a balancing act!

William Marshak
PUBLISHER

Scientists zeroing in on where air pollution goes in winter

BY BROCK VERGAKIS
ASSOCIATED PRESS

HAMPTON, Va. (AP)—Flying at night over some of the nation's largest metropolitan areas, a team of scientists is trying to get a better idea of exactly how far air pollution travels and how it transforms during the cold, dark days of winter.

The role that emissions from automobiles, agriculture and power plants play in creating unhealthy air during the summertime has been understood for a long time, but there's been little research about what happens to those same pollutants during the winter. That's primarily because summertime conditions of intense sunlight and stagnant atmospheric conditions result in noticeably worse ozone conditions, inviting the extra scrutiny.

"The acute pollution happens close to the source in the summertime, so people notice it and people regulate it and people study it," Steve Brown, a National Oceanic and Atmospheric Administration researcher said Friday.

"The emissions that lead to those things don't stop in the wintertime, but there's much less understanding of what the impacts are in the wintertime."

Scientists believe the pollutants travel much farther distances from their source in the winter because there's less sunlight, causing them to react with the atmosphere and create secondary pollutants at a much slower rate. Ultimately, the research could result in better forecasts for air quality in regions far away from the pollution's primary source.

NOAA and researchers from five universities sponsored by the National Science Foundation have been conducting flights from NASA's Langley Research Center in Virginia since Feb. 1 to measure pollutants in the air from New York to Atlanta, and as far west as Cincinnati. The flights – in a C-130 plane turned into a laboratory in the air – will continue through mid-March and extend out to the Atlantic Ocean, allowing researchers to get a better understanding of what happens to the pollutants once they leave the U.S.

Each flight starts with a plan based on weather patterns and target zones focused on either large urban areas, coal-fired power plants, oil and gas extraction fields, agricultural burning, or vegetation. But those plans can change as specially designed instruments detect any hint of a pollutant. The instruments on board can detect concentrations that are one out of a trillion air molecules that are measured each second.

"In the case of Atlanta, the goals would be to characterize Atlanta, but we follow the pollution as it's pushed by the winds into the rural and suburban communities. We can follow it for hundreds of miles," said Joel Thornton, a University of Washington atmospheric scientist who is serving as the project's co-principal investigator with Brown.

The other universities involved in the research are the University of Colorado, University of New Hampshire, Georgia Tech and the University of California at Berkeley.



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Below market rate unit available for purchase

SUBMITTED BY
TERESA MEYER

The City of San Leandro has announced that a Below Market Rate 3-bedroom, 2-bath town-home is currently available for sale as part of the City’s Inclusionary Housing Program, which requires that 15 percent of for-sale housing units be sold at affordable units to income qualified buyers. The home is located in the desirable Cherrywood subdivision, at 710 Matoza Street, (close to the San Leandro BART Station, downtown, and freeway access.

The home will be open for viewing on Saturday, March 14 from 1 p.m. to 4 p.m. The sales price of the home is \$307,000, which cannot be bid up because of affordability restrictions.

All interested households are required to submit a program eligibility application to the City’s contracted Program Administrator, Bay Area Homebuyer Agency (BAHBA). To obtain a copy of the application and/or to get more information on the property, please email BAHBA at info@myhomegateway.com or call (415) 213-8368. Please reference San Leandro BMR in your email. Information on the home is also available on the BAHBA website www.myhomegateway.com.

For anyone interested in purchasing their first home, the City of San Leandro and BAHBA will be conducting a free first time homebuyer seminar on Saturday, March 28 from 9 a.m. to 2 p.m. The seminar will be held at the Marina Community Center located at 15301 Wicks Blvd and is part of

the City’s annual efforts to promote home ownership in the City and to assist first time homebuyers.

The seminar focuses on how to prepare to become a homeowner, strategies and protocols to finance and purchase your home in the current competitive real estate market, and special homebuyer assistance programs available to first time homebuyers. Upon completing the seminar, eligible San Leandro residents may make an appointment to receive free homebuyer counseling.

There are a number of helpful homebuyer assistance programs that are made available through public and private sources that may be helpful to interested buyers for the BMR unit for sale. These programs could significantly reduce the amount of down payment and monthly costs for eligible homebuyers. The seminar will discuss how a homebuyer may be able to take advantage of one or more of these programs.

Viewing of Housing Unit
Saturday, Mar 14
1 p.m. – 4 p.m.
710 Matoza St, San Leandro
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Apply:
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www.myhomegateway.com

First Time Homebuyer Seminar
Saturday, Mar 28
9 a.m. - 2 p.m.
Marina Community Center
15301 Wicks Blvd,
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(415) 213-8368
Register:
www.myhomegateway.com

Kansen Chu appointed to key select committees

SUBMITTED BY REICHEL EVERHART

Assemblymember Kansen Chu (D – San Jose) has been appointed to the following select committees in the California State Assembly: Select Committee on Asia/California Trade and Investment Promotion

Select Committee on Foster Care

Select Committee on Homelessness

Select Committee on Improving Bay Area Transportation Systems

“I am honored to be appointed to these important select committees and I am looking forward to productive conversations on issues that are important to the 25th Assembly District and the State of California,” stated Chu.

Kansen Chu represents the 25th District in the California State Assembly, which consists of the cities of Santa Clara, Milpitas, Newark and portions of Fremont and San Jose.

San Leandro City Manager continues to serve

SUBMITTED BY TERESA MEYER
PHOTO BY JERRY HAMILTON
PHOTOGRAPHY

Mayor Pauline Russo Cutter and the San Leandro City Council unanimously adopted a new five-year contract with current City Manager Chris Zapata. He has been serving the community in this capacity since January 2012, and brings with him over 20 years of experience as a city manager.

“The City Council and I have been highly impressed with Chris’ leadership over the past three years, as well as all of the positive momentum that has been developing in our city since he joined the organization,” noted Mayor Cutter. “We are so excited to have a person of his caliber continue in his role as our City Manager, and we’re delighted to have the stability at the top of the organization that goes along with this multi-year contract. Now we can continue to plan for the short term as well as five years out.”

As part of his new contract, the City Manager will earn a salary of \$223,000 to be adjusted annually based upon the Bay Area Consumer Price Index, as well as a one-time \$22,300 payment in recognition of exemplary performance and his not having received any salary increases for the past three years. The City Manager will continue to voluntarily contribute \$20,000 annually from his own salary to that of the Assistant City Manager and Chief of Police until 2017. Under the terms of the new contract, the City Manager will also continue to pay his full employee share of retirement contributions, and the City Council will provide an annual evaluation of his performance.

“I am truly honored that the City Council has offered me the opportunity to continue serving the San Leandro community over the next five years,” added Zapata. “I look forward to working with the City Council, city staff, local residents, businesses, and other stakeholders as we continue to move San Leandro forward. The future is bright for our fine city.”



Union City Whipple Road pavement rehabilitation project

SUBMITTED BY THE CITY OF HAYWARD

The City of Union City will be performing pavement rehabilitation on Whipple Road from Amaral Street to Ithaca Street starting the week of March 9. Weather permitting, the work is scheduled for completion the week of March 30. The contractor will be allowed lane closures on Whipple Road between the hours of 9:30 a.m. to 2:30 p.m., Monday through Friday. Milling of intersections and all asphalt concrete placement will occur at night, 9 p.m. to 5 a.m. Utility adjustments and striping will occur after final pavement has been placed. Please direct questions to the Union City Department of Public Works at (510) 675-5308.

San Leandro Human Resources receives national award of excellence

SUBMITTED BY TERESA MEYER

Mayor Pauline Russo Cutter and the San Leandro City Council announced that the City’s Human Resources Department was recently honored with a national award of excellence from the International Public Management Association for its on-line benefits system. The online benefits system is used by City personnel in order to sign up for their health care coverage and various other employee benefits.

“This award demonstrates the constant strides we are making at City Hall in order to streamline processes and increase the efficiency of our operations,” noted Mayor Cutter. “Receiving national recognition for these efforts is a testament to the

hard work and dedication of our staff. This award is about people, and our people are the best.”

The new online enrollment system is important because it facilitates the open enrollment process for employees and empowers them to manage and update their benefit selections. The introduction of the system vastly increased efficiency in benefits administration, streamlined the delivery of benefits, and has made it a near paperless process.

Each year the organization selects only three organizations from the northern California region, making this a highly coveted and distinguished honor for the City of San Leandro. For more information, please call (510) 577-3399, or email: lbel-low@sanleandro.org.

Moreau wins: in section finals

SUBMITTED AND
PHOTOS BY MIKE HEIGHTCHEW

Moreau Catholic rallied from being as many as eight points behind in the first half; offense toward the end of the first half closed the gap to 35-34 and then took control with a 10-0 run to start things moving in the right direction.

Opening a lead, the Mariners finally found a way to take control of the paint area which led to a 80-69 victory. Star athletes of the game for Moreau Catholic were Armond Simmons who had 14 points and Oscar Frayer who again demonstrated his speed with 13 points. This was a well earned win as the Pirates of Sir Francis Drake-San Anselmo fought to the finish with great play and good ball passing closed the deficit to four points, 63-59, in the final quarter. But the last four minutes belonged to the Moreau Catholic Mariners as they drove in the last 17 points to move to advance to Saturday’s division 3 North Coast Section final against Bishop O’Dowd at St. Mary’s College.



MacDonald named national player of the week

SUBMITTED BY SCOTT CHISHOLM

Cal State East Bay softball senior Jaynie MacDonald was named the Louisville/Slugger National Fastpitch Coaches Association (NFCA) Division II National Player of the Week, for games played over Feb. 23-March 1.

“Jaynie is a special student-athlete,” said Cal State East Bay head coach Barbara Pierce. “She is the first one at practice and the last one to leave. She always does the little things and the things no one else wants to do. She had a monster week, and it was well earned through the hard work she puts in every day at practice and in the gym.”

MacDonald launched five home runs in five games while hitting .417 (8-for-17) over the week. She hit homers in three consecutive at bats over two games, and blasted the game-winning 3-run homer in a series opening 4-3 win versus No. 19 Humboldt State.

MacDonald was also named California Collegiate Athletic Association (CCAA) Player of the Week, and Cal State East Bay Female Athlete of the Week. She leads all CCAA players with seven home runs and ranks second with 20 RBI.



Birth

Marriage

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Obituaries



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Doris Mae Di Franco
RESIDENT OF FREMONT
July 26, 1932 – February 17, 2015

Christian Alexander Mikus
RESIDENT OF ARIZONA
September 24, 1986 – February 25, 2015

Shieh Jen Yang
RESIDENT OF SUNNYVALE
June 1, 1925 – March 1, 2015

Bartolome “Bart” Lopez
RESIDENT OF NEWARK
March 12, 1939 – March 3, 2015

Kwong Chi Lee
RESIDENT OF DUBLIN
December 24, 1936 – March 5, 2015

Hilda P. Ormonde
RESIDENT OF NEWARK
November 20, 1945 – March 5, 2015



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Satyavnai Pervela
RESIDENT OF CUPERTINO
February 9, 1947 – February 22, 2015

Irene L. Lomas
RESIDENT OF FREMONT
May 14, 1922 – February 22, 2015

Thai V. Nguyen
RESIDENT OF FREMONT
January 1, 1934 – February 23, 2015

Roberta J. Ritchie
RESIDENT OF FREMONT
December 21, 1927 – February 24, 2015

Charles L. Bankston
RESIDENT OF MILPITAS
September 22, 1929 – February 20, 2015

Masao G. Kato
RESIDENT OF UNION CITY
November 9, 1925 – February 27, 2015

Sister Catherine Rose Iverson
RESIDENT OF FREMONT
July 17, 1922 – February 26, 2015

Monserat S. Estrellanes
RESIDENT OF FREMONT
June 27, 1925 – February 27, 2015

Charles W. Kurtzer
RESIDENT OF LIVERMORE
April 25, 1933 – March 5, 2015

Angelina M. Perrotti
RESIDENT OF NEWARK
September 14, 1922 – March 7, 2015

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Obituary

Dianna Lee Cramer



Dianna Lee Cramer, age 73, took her last breath on February 26, 2015, with her three children and her granddaughter by her side. Dianna was peaceful at last after numerous health battles spanning decades of her life.

Dianna was born on March 27, 1941 to George Alonzo and Treasa Milburn in Kansas City, Missouri. Dianna moved to California as a child, grew up in Concord, and went to Mt. Diablo High School. She met Robert “Bob” Cramer while working at Capwell’s and after a short courtship, they married on August 8, 1959. Dianna and Bob moved to Belmont, where they lived and raised their family, only recently moving from their home on Hiller Street when their health required them to move into assisted living.

Dianna was a stay at home Mom, raising four children and perfecting the art of homemaking. She also worked at an answering service and was the resident Avon lady in the neighborhood for years. As a homemaker, Dianna took pride in her home and family and spent much of her time shuttling her children to Little League and softball practices and games, scorekeeping, working the concession stand, driving to dance lessons and recitals. She sacrificed of her time and resources to give her children every opportunity to pursue their dreams and individuality. One of Dianna’s favorite things to do was cook, and she passed on the love of good food and wine to her children, who have been known to peruse the aisles of the grocery store as a

form of recreation and entertainment. Along with her love of food came great hospitality. Neighbors, friends and family were known to gather around her kitchen table for love, warmth, conversation and sharing.

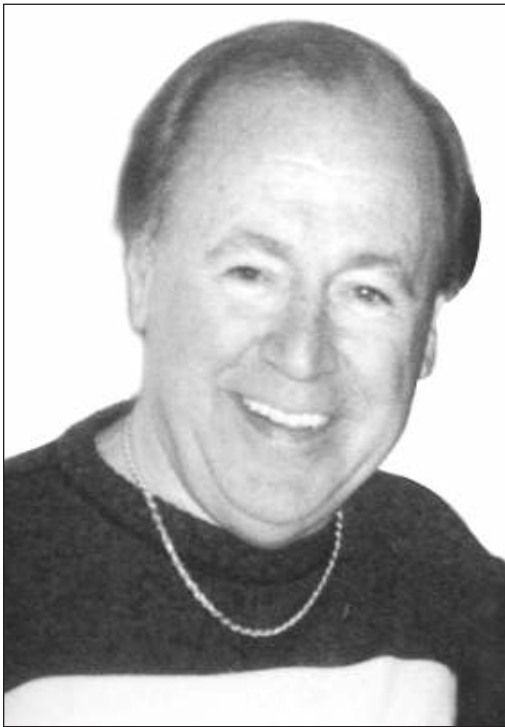
Dianna also enjoyed sewing, shopping, reading, meeting with friends and going to Half Moon Bay, her “church”. She took pride in her appearance and was beautiful both inside and out. Dianna was a strong, independent and courageous woman, fighting through many physical challenges over the years. The hardest thing for her was when her declining health required her and Bob to move into assisted living in 2014. The family wishes to thank all of the loving, caring people at Lincoln Villa in Fremont who cared for her, befriended her (and shopped with her) in this past year.

Dianna is survived by her husband, Robert Cramer; her brother, William Jenkins of Carson City, NV; her children, Matt (son) and his wife Eileen, and grandchildren Chris, Jessica and Erik; Kelly (daughter) and grandchildren Josh and Emily; Bliss Karen (daughter) and grandson Rolf; and a number of other close relatives and friends.

There will be a private scattering of her remains off of Pillar Point Harbor in Half Moon Bay and a memorial celebration of her life for close family and friends. Dianna was a devoted wife, mother, grandmother and friend, and will be deeply missed by all who knew her and loved her.

Obituary

James Lee Drake



The Drake family announces with deep sorrow the passing away of James Lee Drake, loving husband and father, on Jan. 17, 2015 in Fremont. He was surrounded by family while his favorite music CDs played in the background.

Mr. Drake was a native of California and was born in Oakland. He grew up in Lafayette, played the trumpet in the high school band, and worked in a butcher shop after school making hamburgers so that he could buy old clunker cars to restore. His car hobby progressed to collecting classic cars and he was a member of the Antique Chevrolet Club of America for many years. His other hobbies included flying, boating and coin collecting. He sang, played the accordion and piano and had a deep passion for music, especially classical music. After graduating from Acalanes High School in Lafayette in 1955, Mr. Drake enlisted in the U.S. Naval Air Reserves and served

in the medical field of the military in Costa Rica, Hawaii and other places. After leaving the military, he attended school to become a real estate broker and later a mortgage loan broker associate. He attended De Anza College in Cupertino where he received his associate’s degree in business administration.

He often remarked on how he loved his job and loved going to work. He was in the real estate industry for more than 50 years. As a longtime professional, he was very honest and personable and received great pleasure in helping other people.

The Drakes have been residents of Milpitas for approximately 36 years. Mr. Drake is survived by his wife of 38 years, Georgia, their only child Gianna, their family pet Candie Royale, and two cousins, John Harrington of Orland and Sheri Royers of Chico. He was predeceased by his mother Monita May Boyd-Drake, a native of California, and his father James Lee Drake, originally of Tennessee.

The Drake family would like to thank the doctors and their staff, the nurses, the technicians, Washington Radiation Oncology Center, Valley Medical Oncology Consultants, emergency medical technicians, Washington Hospital, Palo Alto Medical Foundation, and Lincoln Villa and Gentiva Hospice, who greatly contributed to making Mr. Drake’s last days as comfortable as possible.

A memorial service in “Celebration of Jim’s Life” is scheduled Saturday, March 14, at 2 p.m. All family and friends are welcome. The service will be held at Christ Community Church of Milpitas, 1000 S. Park Victoria Drive. A reception at the church will follow immediately after the service and everyone is welcome.

The family asks that donations be considered for the Deacons Fund at Christ Community Church of Milpitas, Gentiva Hospice, or to the charity of your choice.

Tri-City Cremation & Funeral Service 5800 Thornton Ave. Suite 400 Newark, CA 510.494.1984

VTA BART Silicon Valley Project on track

SUBMITTED BY SANTA CLARA VALLEY TRANSPORTATION AUTHORITY (SCVTA)

After nearly three years of construction, VTA has reached another major milestone that indicates that the project remains on track – literally. Joint venture contractor Skanska, Shimmick, Herzog (SSH) recently installed the first set of tracks for VTA’s BART Silicon Valley Berryessa Extension. Approximately 7,100 feet of rail is in the ground north of Kato Road in the City of Fremont. In the City of Milpitas, 3,500 feet was

placed south of Dixon Landing Road for a combined total of two miles of trackway. Now that the initial trackway has been laid, SSH will continue north building the track system until the new Warm Springs BART Station in South Fremont is reached. BART service to Warm Spring is scheduled to open later this year. This will provide the connection between VTA’s BART Silicon Valley Berryessa Extension to BART’s infrastructure, enabling the beginning of system testing. Passenger service on the Berryessa Extension is anticipated to start by late 2017.

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- No sale items over \$100 value
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Spate of crimes linked to Craigslist prompts extra caution

AP WIRE SERVICE
BY CRAIG SCHNEIDER
THE ATLANTA JOURNAL-CONSTITUTION

ATLANTA (AP) — With gray skies and a curtain of drizzly rain, the transaction at the McDonald's had an aura of film noir.

As Bill Lucas conferred with the buyer in one booth, his wife — a black belt in American Karate — watched discretely from another, strategically located between them and the door. Lucas had chosen the restaurant specifically for its surveillance cameras. And, as always, he didn't hand over the refurbished iPhone 5 until the buyer produced the \$215.

Given the recent spate of crimes linked to Craigslist, more and more people are adopting precautions long urged by the site's owners and law enforcement officials. For Lucas, a computer executive who's been selling and buying on Craigslist part-time for 15 years, such precautions are second nature.

"I'm careful," said Lucas, 53, "and procedural."

Craigslist, in some ways, is the new Casablanca, an alluring but somewhat dodgy realm where you can meet a stranger, come to terms and, in a matter of minutes, buy or sell almost anything your heart desires. Despite some risk, there is the promise of a great deal.

Many people, however, are rethinking how they use the online

service, made nervous by a series of deaths police have linked to Craigslist transactions. Buyers and sellers are asking more questions over the phone before meeting. They're taking fewer chances and observing stricter rules about when and where they'll meet.

A search this week on Craigslist Atlanta for the term "police station" turned up almost 300 ads. A spot check revealed that most specified that the person placing the ad wanted to conduct any transaction at a local police station.

In recent months, an increasing number of metro Atlanta police departments have offered "safe zones" for such transactions. They include Smyrna, Woodstock, Kennesaw, Roswell and the county departments of Cobb and Gwinnett.

"I pick the place. I don't let them pick the place," said Glenn Reynolds, 50, of Cartersville. "And I would have a gun in the car, and a pocket knife on me."

He prefers buying on Craigslist over, say, eBay, because he can actually see and handle the product.

"As long as you're willing to take the risks involved in Craigslist, it's better, because you can go and see it. If it's a piece of electronics, you can turn it on to make sure it works," he said. "Plus you can haggle a little."

If something doesn't smell right, some people say they automatically bail.

"My mom, she wanted some tires off Craigslist. She went to meet the guy," said Kameyah Ransom, 18, of Atlanta, recalling the nighttime incident in the Panola Road area last year. "She saw him. He was in a small car and she didn't see any tires. She just turned around."

Others have simply sworn off the site, fearful that they will be swindled, beaten or worse.

"I've sold on Craigslist. Some furniture. I let a guy come to my house," said Lauren Sheldon, 56, of Dunwoody. "I'll never do that again. Really, I wouldn't even go on Craigslist. Never. I would never even think about it."

Lately, one crime has followed on the heels of another. In January, Bud and June Runion of Marietta were killed after driving to a remote spot in Telfair County in search of a classic Mustang. Two weeks later, a Clark Atlanta University student, James Earl Jones Jr., was robbed and killed while attempting to buy an iPhone 6 from someone who advertised it on the site.

Craigslist crime is a national occurrence. Peter Zollman, whose classified ad consulting firm tracks the phenomenon, said he found news reports for over 20 killings related to the site in 2014.

Craigslist officials did not respond to interview requests. In the past they have said the number of crimes linked to the online marketplace is negligible, compared the hundreds of millions of transac-

tions that go off without a hitch.

Similarly, many people who regularly use the Atlanta section of the site say the great majority of deals occur without incident.

"My research shows that the public tends to exaggerate the frequency of relatively rare but serious crimes like homicide, because these crimes are selected out and disproportionately reported by the news media because of their newsworthiness," said Mark Warr, a criminologist and sociology professor at the University of Texas at Austin.

Still, random interviews by the AJC with about 15 people found that the majority have increasing concern about the safety of doing business via Craigslist. And some have crafted elaborate game plans for their Craigslist transactions.

When Marvelle Fluker sold her couch last month on Craigslist, she made sure to meet the buyer at a nearby gas station, and she brought her two sons along. The buyer seemed to be alone, but Fluker asked her to open the back of her rental truck, "to make sure nobody else was there."

When they drove out of the gas station to head back to Fluker's Atlanta home, Fluker went first, followed by the woman, followed by Fluker's sons in a third car, "just to make sure we weren't followed," she recalled. "And I wouldn't let her into my house."

Other people say they've always taken what, to them, seem

common-sense precautions.

Marino Callum, 23, buys cars off Craigslist, which he refurbishes and resells. He says he sells about a dozen a year, specializing in Honda Civics.

"You get to interact with people instead of dealerships, with all their lies and foolishness," he said.

Often, he's bringing several thousand dollars in cash to the transactions.

"I don't go to deals unarmed," he said. "I take a gun, a Glock."

Still others say they've learned the hard way to steer clear of certain transactions.

Rob Cuddeback said he's learned his lesson about the dangers of Craigslist. Last year, he bought a 59-inch TV that the seller delivered to his home and helped set up. He turned it on, it worked for several minutes and he handed over \$200.

Minutes after the guy left, the set died, said Cuddeback, 35, a Dunwoody real estate investor.

"It's inherently stupid to contact a stranger online, notify them that you have money, and then invite that stranger into the house," he said. "If I was a criminal, I would say this is the greatest thing in the world."

So is he through with Craigslist?

"I would sell, not buy," he said.

Information from: The Atlanta Journal-Constitution, http://www.ajc.com

PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG15759944
Superior Court of California, County of Alameda
Petition of: Sean Leonard Boynton for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Sean Leonard Boynton filed a petition with this court for a decree changing names as follows:

Sean Leonard Boynton to Sean Leonard Pope
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 5/8/2015, Time: 8:45 a.m., Dept.: 503
The address of the court is 24405 Amador Street, Civil Division, Rm. 108, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: Feb. 25, 2015
WINIFRED Y. SMITH
Judge of the Superior Court
3/10, 3/17, 3/24, 3/31/15

CNS-2724789#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG15757599
Superior Court of California, County of Alameda
Petition of: Daljit Kaur Dhalwal for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Daljit Kaur Dhalwal filed a petition with this court for a decree changing names as follows:

Daljit Kaur Dhalwal to Daljit Kaur Bahrey
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 4/17/15, Time: 9:00 a.m., Dept.: 503
The address of the court is 24405 Amador St., Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening, Tri-City Voice, Fremont
Date: Feb. 5, 2015
WINIFRED Y. SMITH
Presiding Judge of the Superior Court
2/17, 2/24, 3/3, 3/10/15

CNS-2718222#

SUMMONS

(CITACION JUDICIAL)

CASE NUMBER (Número del Caso):
HG14740597
DEFENDANT (AVISO AL DEMANDADO): RANDY BAKER, and DOES 1 through 10, inclusive,
YOU ARE BEING SUED BY PLAINTIFF (LO ESTA DEMANDANDO EL DEMANDANTE): JEFFERSON CAPITAL SYSTEMS, LLC.

NOTICE: You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not want an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association.

NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

AVISO: Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.
Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar este formulario en la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta una respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) o poniéndose en contacto con la corte o el colegio de abogados locales. **AVISO:** Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 o más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desahar el caso.

The name and address of the court is (El nombre y dirección de la corte es): Superior Court of Calif-County of Alameda - Hayward Civil Court, Hayward Hall of Justice, 24405 Amador St., Hayward, CA 94544

The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): Alicia B. Tomolo, Esq., 3080 S. Durango Dr., Suite 207, Las Vegas, NV 89117 (702) 948-8440

DATE (Fecha): September 1, 2014
Leah T. Wilson, Executive Officer/Clerk (Secretario), by Classie Roberts, Deputy (Adjuante) (SEAL)

NOTICE TO THE PERSON SERVED: You are served as an individual defendant.
2/17, 2/24, 3/3, 3/10/15

CNS-2717248#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG15757781
Superior Court of California, County of Alameda
Petition of: Manvinder Singh Oberai for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Manvinder Singh Oberai to Manvinder Singh Oberoi
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 4/24/2015, Time: 8:45 AM, Dept.: 503

The address of the court is 24405 Amador St., Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: Feb 9, 2015
Winifred Y. Smith
Judge of the Superior Court
2/17, 2/24, 3/3, 3/10/15

CNS-2716910#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 502022
Fictitious Business Name(s):
Onvase LLC, 964 Dowling Blvd, San Leandro, CA 94577, County of Alameda
1319 Washington Ave Suite 762, San Leandro, CA 94577
Registrant(s):
Onvase LLC, 964 Dowling Blvd, San Leandro, CA 94577; CA
Business conducted by: A Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Tom Francis, Member
Onvase LLC

This statement was filed with the County Clerk of Alameda County on March 3, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/10, 3/17, 3/24, 3/31/15

CNS-2725982#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501925
Fictitious Business Name(s):
Lavish Limousines, 30872 Huntwood Ave Unit 9, Hayward, CA 94544, County of Alameda
Registrant(s):
Jean Lee, Lopez-Martinez, 2861 House Ct., Fairfield, CA 94534
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jean L. Lopez-Martinez
This statement was filed with the County Clerk of Alameda County on February 27, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/10, 3/17, 3/24, 3/31/15

CNS-2724865#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501439
Fictitious Business Name(s):
Golden Gate Real Estate, 1155 New Park Mall, Newark, CA 94560, County of Alameda
Mailing address: P.O. Box 459, Union City, CA 94587, County of Alameda
Registrant(s):
Ken Smith, 2811 Zinnia Court, Union City, CA 94587
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Ken Smith
This statement was filed with the County Clerk of Alameda County on February 18, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/10, 3/17, 3/24, 3/31/15

CNS-2724856#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501843
Fictitious Business Name(s):
Computer Parts for Sales, 3717 Turner Pl., Fremont, CA 94536, County of Alameda; 3717 Turner Pl., Fremont, CA 94536
Registrant(s):
Majid Nikfarjam, 3717 Turner Pl., Fremont, CA 94536
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ M Nikfarjam
This statement was filed with the County Clerk of Alameda County on February 26, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/10, 3/17, 3/24, 3/31/15

CNS-2723683#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501059
Fictitious Business Name(s):
Stage & Shine, 30742 Granger Ave., Union City, CA 94587, County of Alameda
Registrant(s):
Adrienne Realiza, 30742 Granger Ave., Union City, CA 94587
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Adrienne Realiza
This statement was filed with the County Clerk of Alameda County on February 5, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/3, 3/10, 3/17, 3/24/15

CNS-2722917#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501437
Fictitious Business Name(s):
Otomooch, 37447 Fremont Blvd., #204, Fremont, CA 94536, County of Alameda; P.O. Box 1472, Fremont, CA 94538
Registrant(s):
Sonia Sohn, 6025 Joaquin Murieta Ave. #G, Newark, CA 94560
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Sonia Sohn
This statement was filed with the County Clerk of Alameda County on February 18, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/3, 3/10, 3/17, 3/24/15

CNS-2722910#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501036
Fictitious Business Name(s):
Prime Time Investigations, 4327 San Juan Ave., Fremont, CA 94536, County of Alameda
Registrant(s):
Harry Samra, 4327 San Juan Ave., Fremont, CA 94536
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Harry Samra
This statement was filed with the County Clerk of Alameda County on February 5, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/3, 3/10, 3/17, 3/24/15

CNS-2722710#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501609
Fictitious Business Name(s):
Dar Baar, 3021 Stoneheng Rd., Fremont, CA 94555, County of Alameda
Registrant(s):
Dar Baar Inc., 3021 Stoneheng Rd., Fremont, CA 94555; California
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Khaili Ayal, President
This statement was filed with the County Clerk of Alameda County on February 23, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/3, 3/10, 3/17, 3/24/15

CNS-2722501#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 440642
The following person(s) has (have) abandoned the use of the fictitious business name: **Mopar Engine West, 3750 Enterprise Ct. #4, Newark, CA 94560**
The Fictitious Business Name Statement for the Partnership was filed on 7/13/2010 in the County of Alameda.
TNT Engines Inc, 12112 Mines Rd., Livermore, CA 94551; CA
S/T David G. Timmons, President
TNT Engines Inc
This statement was filed with the County Clerk of Alameda County on February 10, 2015.
3/3, 3/10, 3/17, 3/24/15

CNS-2722310#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501245
Fictitious Business Name(s):
ELZ Prestige Home Care, 3900 Newark Mall 3rd Flr., Ste. 335, Newark, CA 94560, County of Alameda
Registrant(s):
RoELZ Enterprises, LLC, 3900 Newark Mall 3rd floor, Suite 335, Newark, CA 94560; California
Business conducted by: a Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on 2/01/2015.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Elsa S. Payumo, Managing Member
This statement was filed with the County Clerk of Alameda County on February 10, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/3, 3/10, 3/17, 3/24/15

CNS-2721408#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501142
Fictitious Business Name(s):
Rajajung Transport, 3843 Carol Ave., Apt. #204, Fremont, CA 94538, County of Alameda
Registrant(s):
Maninder Singh, 3843 Carol Ave., Apt. #204, Fremont, CA 94538
Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Maninder Singh

This statement was filed with the County Clerk of Alameda County on February 6, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/3, 3/10, 3/17, 3/24/15

CNS-2721018#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 449768
The following person(s) has (have) abandoned the use of the fictitious business name: **Topioca & Tastea, 1964 Driscoll Rd., Fremont, CA 94539; Mailing Address: 255 Anza St., Fremont, CA 94539**

The Fictitious Business Name Statement for the Partnership was filed on March 20, 2011 in the County of Alameda.

Linda International, Inc., 1964 Driscoll Rd., Fremont, CA 94539; California
S/ Lei Chen, CFO
International, Inc.
This statement was filed with the County Clerk of Alameda County on February 13, 2015.
3/3, 3/10, 3/17, 3/24/15

CNS-2721017#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 459168

The following person(s) has (have) abandoned the use of the fictitious business name: **The Chi Center, 40488 Vogel Court, Fremont, CA 94538**
The Fictitious Business Name Statement for the Partnership was filed on 11/01/2014 in the County of Alameda.

HSuling Chen, 40488 Vogel Court, Fremont, CA 94538

This business was conducted by:
S/ HSuling Chen, Owner

This statement was filed with the County Clerk of Alameda County on January 28, 2015.
3/3, 3/10, 3/17, 3/24/15

CNS-2721012#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 501345
Fictitious Business Name(s):
USA Cab of Union City, 2462 Almaden Blvd., Union City, CA 94587, County of Alameda
Registrant(s):
Baslair A. Latify, 2462 Almaden Blvd., Union City, CA 94587
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on 02-13-15

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Baslair Latify
This statement was filed with the County Clerk of Alameda County on February 13, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/24, 3/3, 3/10, 3/17/15

CNS-2719919#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 500822
Fictitious Business Name(s):
Swift PCB, 5239 Colonial Park Ct., Fremont, CA 94538, County of Alameda
Registrant(s):
Safi Matin, 5239 Colonial Park Ct., Fremont, CA 94538
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Safi Matin
This statement was filed with the County Clerk of Alameda County on January 30, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as

PUBLIC NOTICES

Professional Tax Services, 43153 Luzon Dr, Fremont, CA 94539
The Fictitious Business Name Statement for the Partnership was filed on 8-18-10 in the County of Alameda.
Vincent Saponara, 43153 Luzon Dr, Fremont, CA 94539
This business was conducted by:
S/ Vincent Saponara
This statement was filed with the County Clerk of Alameda County on February 5, 2015.
2/17, 2/24, 3/3, 3/10/15

CNS-2717281#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s):
Professional Tax Services, 2450 Peralta Blvd Suite 208 Fremont CA 94536, County of Alameda
Registrant(s):
Neil Narvaez, 36044 Toulouse St., Newark CA 94560
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Neil Narvaez

This statement was filed with the County Clerk of Alameda County on January 26, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/17, 2/24, 3/3, 3/10/15

CNS-2717278#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s):
Palladium Pool & Spa Services, 35545 Provance St., Newark, CA 94560, County of Alameda; Mailing Address: 1180 Beech St., E. Palo Alto, CA 94303
Registrant(s):
Jose Cortez, 35545 Provance St., Newark, CA 94560
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jose Cortez

This statement was filed with the County Clerk of Alameda County on January 20, 2015.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new

fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/17, 2/24, 3/3, 3/10/15

CNS-2717270#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s):
Kurodard Productions, 32981 Lake Huron St., Fremont, CA 94555, County of Alameda
Registrant(s):
Jeffery Wang, 32981 Lake Huron St., Fremont, CA 94555
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jeffery Wang

This statement was filed with the County Clerk of Alameda County on February 2, 2015.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/17, 2/24, 3/3, 3/10/15

CNS-2717176#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

The following person(s) has (have) abandoned the use of the fictitious business name: **Sala De Belleza Universal, 37477 Fremont Blvd., Suite D, Fremont, CA 94536**
The Fictitious Business Name Statement for the Partnership was filed on 3/12/14 in the County of Alameda.
Ena Edith Martinez, 37477 Fremont Blvd., Suite D, Fremont, CA 94536
This business was conducted by:
S/ Ena Edith Martinez
This statement was filed with the County Clerk of Alameda County on February 6, 2015.
2/17, 2/24, 3/3, 3/10/15

CNS-2716783#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s):
1. Presidential Wine Club, 2. Sunpulse Motors, 1063 Adana Terr., Union City, CA 94587, County of Alameda
Registrant(s):
Keylink Inc., 1063 Adana Terrace, Union City, CA 94587; California
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a mis-

demeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Eric C. Braa, CEO
This statement was filed with the County Clerk of Alameda County on February 3, 2015.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/17, 2/24, 3/3, 3/10/15

CNS-2716086#

GOVERNMENT

PLANNING COMMISSION OF THE CITY OF UNION CITY NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held by the Planning Commission of the City of Union City for the purpose of considering the following:

Municipal Code Amendment (AT-15-001(A)): The City of Union City is proposing to modify Title 18, *Zoning*, of the Municipal Code and Chapter 9.34, *Regulations for Massage Establishments and Massage Technicians*, to:
- Distinguish massage establishments from general personal service uses in commercial zoning districts and require a conditional use permit process for massage establishments; and
- Update regulations pertaining to massage licensing and performance standards consistent with recent changes to State law

Municipal Code Amendment (AT-15-001(B)): The City of Union City is proposing to modify Chapter 18.39, *Zoning*, of the Municipal Code to:
- Distinguish indoor theaters that sell alcoholic beverages from those that do not sell alcoholic beverages and require a conditional use permit process for indoor theaters that sell alcoholic beverages in the CC Subarea of the CUL District.

NOTICE IS ALSO GIVEN that the City Council will consider a proposed California Environmental Quality Act (CEQA) determination that the proposed amendments are exempt from environmental review in accordance with CEQA Guidelines Section 15061(b)(3), the general exemption for projects with no potential for significant effect on the environment.

These items were heard at a public hearing by the Planning Commission on March 5, 2015 and were recommended for approval to the City Council on a 5-0 vote.

This item will be heard at a public hearing by the City Council at the meeting listed below. The project planner, Avalon Schultz, can be reached at (510) 675-5321. You may attend the meeting and voice your comments or you may submit comments in writing to avalons@unioncity.org.

**CITY COUNCIL MEETING
Tuesday, March 24, 2015**

**Said hearing will be held at
7:00 p.m.
In the Council Chambers of**

City Hall, 34009 Alvarado-Niles Road, Union City

The City Council meeting packet, which includes the meeting agenda and staff report for this project, can be accessed on-line on the City's Agendas and Minutes webpage which is located at <http://www.ci.union-city.ca.us/departments/city-manager-s-office/city-clerk/agendas-and-minutes>. Meeting packets are generally available on-line the Friday before the meeting.

If you challenge the above described project in court, you may be limited to raising only those issues you or someone else raised at the Planning Commission public hearing for this project or the City Council public hearing described in this notice, or in written correspondence delivered to the Planning Commission or to the City Council at, or prior to, the public hearing.

**JOAN MALLOY
Economic & Community Development
Director
3/10/15**

CNS-2726129#

CITY OF UNION CITY NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN THAT THE CITY COUNCIL OF THE CITY OF UNION CITY, at their regularly scheduled meeting of Tuesday, April 14, 2015 that starts at 7:00 PM in the Council Chambers located at City Hall, 34009 Alvarado-Niles Road, Union City, CA 94587, will hold a public hearing to discuss Saturday, August 1, 2015 service change proposals to the Union City Transit network. Proposals will be available in English, Spanish and Chinese on the Union City Transit website, www.ucransit.org or by requesting a copy from the front counter at City Hall. ALL INTERESTED PARTIES are invited to attend said hearing and express opinions or submit evidence for or against the proposal as outlined above. The facility is accessible to the disabled and hearing impaired. Union City Transit routes 1, 3, 5, and 8 along with AC Transit route 97 serve the facility with public transit. If special assistance is required, please call (510) 675-5346 so accommodations can be arranged. While not required, 48 hours' notice is appreciated for any such request.

DATED: March 6, 2015
City Clerk
3/10/15

CNS-2725865#

CITY OF UNION CITY DEPARTMENT OF PUBLIC WORKS CITY CONTRACT NO. 14-11 NOTICE TO CONTRACTORS

Sealed proposals for the work shown on the plans entitled: 11 TH STREET TRAFFIC SIGNAL IMPROVEMENTS will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, until THURSDAY, MARCH 26, 2015 AT 2 P.M. , at which time they will be publicly opened and read in the Council Chambers of said building. The Contractor shall possess a Class A or C-12 license at the time this contract is awarded. Bids are required for the entire work described herein. This contract is subject to the State contract nondiscrimination and compliance requirements pursuant to Government Code Section 12990. Plans, specifications and proposal forms to be used for bidding on this project can only be obtained at the Department of Public Works, 34009 Alvarado-Niles Road, Union City, California, or by calling (510) 675-5308. In addition, you may call (510) 675-5308 for a copy of the Plan Holder's List. Plans and specifications fees are as follows: NON-REFUNDABLE FEE OF \$10.00 PER CD (CONTAINING PLANS AND SPECIFICATION IN PDF FORMAT) WHEN PICKED UP AT THE

PUBLIC WORKS' COUNTER OR \$20.00 IF REQUESTED TO BE MAILED General Work Description : The work to be done, in general, of installing a traffic signal system at the intersections of 11 th Street/Transit Loop East and 11 th Street/Transit Loop West, and other miscellaneous work shown in the plans, specs and bid schedule and all associated items indicated and required by the plans, Standard Specifications, and these special provisions. All questions should be faxed to Michael Renk, City of Union City, at (510) 489-9468 . The successful bidder shall furnish a Payment Bond, a Performance Bond, and a Maintenance Bond. Minimum wage rates for this project as predetermined by the Secretary of Labor are set forth in the special provisions. If there is a difference between the minimum wage rates predetermined by the Secretary of Labor and prevailing wage rates determined by the Department of Industrial Relations for similar classifications of labor, the contractor and his subcontractors shall pay not less than the higher wage rates. Pursuant to Section 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined by the Director of the wage rates appear in the Department of Transportation publication entitled General Prevailing Wage Rates, (current semi-annual which have been determined and are on file with the Department of Industrial Relations are referenced but not printed in said publication.
CITY OF UNION CITY
DATED: 3/2/15
3/10/15

CNS-2724648#

PUBLIC AUCTION/SALES

NOTICE OF LIEN SALE AT PUBLIC AUCTION
Notice is hereby given that personal property in the following units will be sold at public auction: on the **20th day of March, 2015** at or after **12:30 pm** pursuant to the California Self-Storage Facility Act. The sale will be conducted at: **U-Haul Moving & Storage of Thornton, 4833 Thornton Ave, Fremont, CA 94536**. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:
Name Unit # Paid Through Date
Earl Harper AA6891A 12/22/14
Venecio Torres B137 1/10/15
Evelyn Danso B154 12/28/14
Jamie Marks B246 1/2/15
Celia Molina B265 12/30/14
Crol Allison C303 12/27/14
3/3, 3/10/15

CNS-2722798#

NOTICE OF LIEN SALE AT PUBLIC AUCTION
Notice is hereby given that personal property in the following units will be sold at public auction: on the **20th day of March, 2015** at or after: **30** pursuant to the California Self-Storage Facility Act. The sale will be conducted at: **U-Haul Moving & Storage of Fremont, 44511 Grimmer Blvd, Fremont, CA 94538**. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:
Name Unit # Paid Through Date
Monica Applegate 254U 10/24/14
Marco Camacho 274U 11/08/14
Sara McDowell 278U 11/28/14
Habb Qadir 325 11/5/14
Ralph McFeren 328 1/4/15
Bajjit Bajwa 341 1/16/15
Habb Qadir 345 10/11/14
Matthew Ajaike 367 11/17/14
Jarad Schaub 382 12/24/14
3/3, 3/10/15

CNS-2722797#

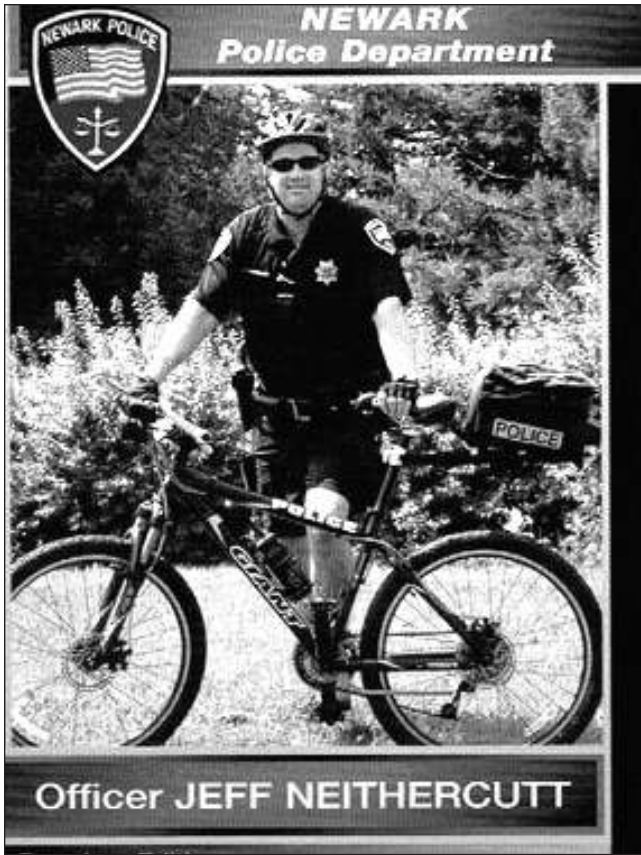
Police Unity Tour honors BART Police Sergeant

SUBMITTED BY NEWARK PD

The Newark Police Department (NPD) is proud to help get the word out about a special event to honor the life of Bay Area Rapid Transit (BART) Police Sgt. Tommy Smith, who was accidentally killed in the line of duty. Please know you will be helping one of our own. Sgt. Smith's brother, Officer Pat Smith, is an officer with NPD.

Newark Police Officer Jeff Neithercutt will be honoring Sgt. Smith and all fallen officers by participating in the 2015 Police Unity Tour. This cycling event starts in New Jersey and ends in Washington D.C. at the National Law Enforcement Memorial. Officer Neithercutt will be riding in the event and representing Sgt. Smith as well as other fallen officers. Proceeds raised by Officer Neithercutt go to the National Law Enforcement Memorial.

For more information or to help with this great cause, visit www.firstgiving.com/fundraiser/NPD/police-unity-tour-2015-chapter-1-ride.



SUBMITTED BY CMDR. MIKE CARROLL, NEWARK PD

Saturday, February 28

At 12:02 p.m., officers responded to a residential burglary on Robertson Avenue.

While investigating a disturbance at the corner of Birch Street/Campanula Court, Officer Neithercutt arrested a 39-year-old female of Newark for a warrant and possession of burglary tools.

Sunday, March 1

At 3:07 p.m., Newark Police Department (NPD) officers responded to Macy's on a report of a citizen's arrest. Officer Neithercutt took custody of a 17-year-old juvenile for shoplifting.

At 6:32 p.m., Officer Slater investigated an armed robbery that occurred 30 minutes earlier in the parking lot of the Meadows Apartments on Bettencourt Street.

Monday, March 2

At 7:54 p.m., Officer Germano investigated a residential burglary on McDonald Avenue.

At 8:36 p.m., Officer Geser investigated a residential burglary on Farnham Drive.

At 7:25 a.m., officers responded to a collision on Cherry Street in front of Ohlone College. A solo vehicle collided with a tree causing extensive damage to the vehicle. All northbound lanes of Cherry Street were shut down. The 65-year-old female driver was transported to a local trauma center with moderate injuries.

As officers were finishing up at the previously mentioned collision, a driver traveling south on Cherry Street rear-ended the vehicle in front of him, causing an airbag deployment. This collision caused the southbound lanes of Cherry Street to be closed. One driver was transported to an area hospital with a complaint of pain.

At 7:14 p.m., officers responded to collision with one vehicle that rolled over at the intersection of Balentine Drive/Stevenson Boulevard. This collision resulted in one driver having a complaint of pain.

7:49 p.m., officers were dispatched to the 6500 block of Mayhews Landing Road on a report of an armed robbery. The victim was robbed at gun point

while taking out his trash.

At 8:31 p.m., officers handled four window smash vehicle burglaries in the area of Mowry Avenue and Cedar Boulevard.

Wednesday, March 4

At 10:22 a.m., a victim called NPD to report his vehicle had been stolen and he had located it on the 37200 block of Oak Street. Officer Fredstrom located the occupied stolen vehicle and arrested a 38-year-old male transient.

At 8:22 p.m., officers were dispatched to Cedar Boulevard/railroad tracks for a report of a passenger train that struck a vehicle. Upon arrival, officers learned that all three of the vehicle's occupants made it out of the vehicle unscathed. As it turns out, the driver of the vehicle decided to ignore the flashing red lights and crossing arms, and attempted to beat the train. Once he and his passengers realized their lapse in judgment, all three exited the vehicle and ran to safety just prior to the collision. All passengers and crew members of the train were uninjured.

All lanes of Cedar Boulevard were shut down for approximately three hours as a

result of the collision. Special thanks to our RAVEN volunteers who responded to assist with traffic control during the incident. Officer Stone and Field Training Officer (FTO) Smith documented our role in the incident.

Thursday, March 5

At 7:26 a.m., Community Service Officer (CSO) Verandes investigated a theft of a vehicle from the Meadows Apartments at Bettencourt Street.

At 10:06 a.m., Officer Knutson investigated a theft of a vehicle from the 7900 block of Thornton Avenue.

At 1:49 p.m., officers responded to a family disturbance on the 37100 block of Spruce Street. Officer Fredstrom arrested a 46-year-old male of Newark for violation of a domestic violence protection order.

At 3:31 p.m., Officer Allum responded to the Newark Square shopping center to investigate an injury collision involving a scooter. A 31-year-old male was riding an electric scooter on the sidewalk in front of the stores when he was thrown off. The male struck his head and was transported to the hospital for observation.

Newark Police Log

Department of Toxic Substances Control		March 2015						
Public Notice The mission of DTSC is to protect California's people and environment from harmful effects of toxic substances through the restoration of contaminated resources, enforcement, regulation and pollution prevention								
EMERGENCY PERMIT GILEAD SCIENCES, INC. 7601 DUMBARTON CIRCLE FREMONT, CALIFORNIA 94555								
On February 17, 2015 Gilead Sciences, Inc., 7601 Dumbarton Circle in Fremont, California 94555 (Gilead) requested an Emergency Permit from the California Department of Toxic Substances Control (DTSC) for treatment of expired laboratory chemicals. The items to be treated include 100 ml of Diethyl Ether and 50 grams of Benzyl Peroxide. The chemicals are potentially reactive and unsafe for transport. The treatment involves adding a solvent or solvents to the containers to stabilize the chemicals. Once the chemicals are treated, they will be transported from Gilead to a proper disposal facility. Clean Harbors Environmental Services (CHES) has been contracted to do this treatment.								
DTSC has determined that the chemicals pose an imminent and substantial endangerment to human health and the environment and therefore an emergency permit should be issued. This Emergency Permit is effective from February 27, 2015 through May 27, 2015. The Emergency Permit includes measures to minimize any adverse impact to the community and the environment.								
CALIFORNIA ENVIRONMENTAL QUALITY ACT (CEQA): DTSC has determined that the project is exempt from the requirements of CEQA and will file a Notice of Exemption (NOE) with the State Clearinghouse on February 27, 2015. The Emergency Permit, NOE, and Gilead's request for this project are available for review at the DTSC file room:								
DTSC Sacramento Regional Office 8800 Cal Center Drive Sacramento, California 95826 (916) 255-3758, call for an appointment								
CONTACT INFORMATION: If you have any questions or concerns, contact: <table border="0"> <tr> <td>Lung-Yin Tai/Tammy Pickens</td> <td>Russ Edmondson</td> </tr> <tr> <td>Project Manager (916) 255-3615 Lung-yin.Tai@dtsc.ca.gov</td> <td>Public Participation Specialist (916) 255-3594; 1-866-495-5651 Tammy.Pickens@dtsc.ca.gov</td> </tr> <tr> <td></td> <td>Public Information Officer (916) 323-3372 Russ.Edmondson@dtsc.ca.gov</td> </tr> </table>			Lung-Yin Tai/Tammy Pickens	Russ Edmondson	Project Manager (916) 255-3615 Lung-yin.Tai@dtsc.ca.gov	Public Participation Specialist (916) 255-3594; 1-866-495-5651 Tammy.Pickens@dtsc.ca.gov		Public Information Officer (916) 323-3372 Russ.Edmondson@dtsc.ca.gov
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	Public Information Officer (916) 323-3372 Russ.Edmondson@dtsc.ca.gov							
  								
CNS#2725367								



BY ALEX H. KASPRAK,
NATIONAL AERONAUTICS AND
SPACE ADMINISTRATION
PHOTO BY NASA/JPL-
CALTECH/UCLA/MPS/DLR/IDA

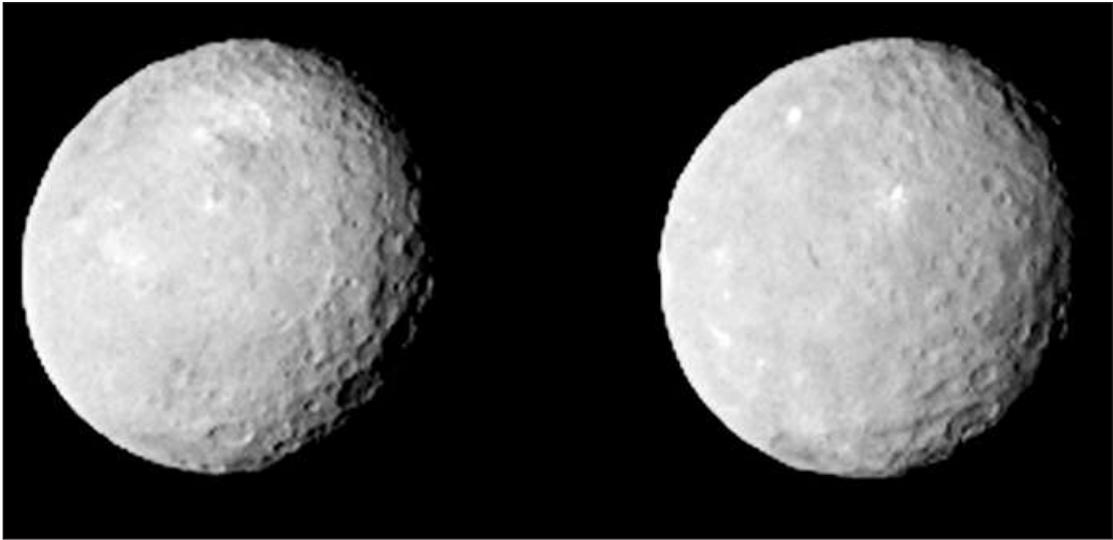
A NASA spacecraft named Dawn is making space exploration history. It is the first spacecraft to orbit two different solar system targets.

Plenty of spacecraft have flown by two or more planets or moons during their missions. But orbiting something is a lot harder. The spacecraft has to put itself into “reverse” using its thrusters and lots of fuel in order to be captured by the gravity of a planet and go into orbit. Otherwise, it would just fly right on by. And to leave orbit, it would have

to pull itself out of the gravitational field using even more fuel, like hauling itself up out of a deep hole.

You can't really put that much rocket fuel on a spacecraft. It would be too heavy and expensive to launch. But Dawn works very differently. Dawn uses electricity to propel itself. Its ion propulsion technology shoots charged atoms, called ions, out of a small engine at super high speed. The electrical energy comes from solar panels and the atoms are from a gas called xenon.

This technology has allowed Dawn to make its historic journey to the asteroid belt, first orbiting and studying the asteroid Vesta, then leaving that orbit, traveling another 900 million miles and going into orbit around dwarf planet Ceres. Dawn is also the first spacecraft to visit a dwarf planet. The ion engine has enabled Dawn to spiral into the “gravity well” of one body, spiral



These two views of Ceres were seen by NASA's Dawn spacecraft on February 12, 2015, from a distance of about 52,000 miles as the dwarf planet rotated.

back out, and have enough fuel left to go and do it all over again (although Dawn will not be leaving Ceres orbit).

Ion propulsion uses much less fuel than other means of space travel humans have tried. Therefore, the spacecraft is light enough to launch, but still has

the power to make big changes to its course. The only real drawback is that it can't accelerate very fast. In fact, it would take four whole days for Dawn to go from 0 to 60 miles per hour!

But once it gets going, it really gets going! By keeping these ion-powered engines thrusting for a

long time, Dawn can do things no other craft has done!

Visit NASA's Space Place to learn more about ion thrusters at <http://spaceplace.nasa.gov/ion-balloons>.

Learn more about the Dawn mission at <http://dawn.jpl.nasa.gov/>

CIP, helping to make sense of municipal budgets

Nowhere do more acronyms exist than in the government circles. Within a group of specialists, this shorthand is a timesaving device to communicate quickly and with some precision. However, for those outside the initiated, this terminology can lead to misunderstandings or no comprehension at all. At budget time, the term “CIP” is often used to indicate a specific part of government budgetary planning. What is it and why does it matter? TCV asked Soren Fajeau, P.E., Assistant City Engineer at the City of Newark to explain.

TCV:What is CIP and what function does it have in the City Budget?

Fajeau: CIP is an acronym for Capital Improvement Plan, a detailed policy statement of plans to fund capital improvement projects over a two-year budget cycle with a combination of restricted and unrestricted funds. This can include roads, buildings, parks and any part of the City's infrastructure. It can also include major equipment purchases that are not included in a specific equipment replacement program. Restricted funds can only be expended on specific types of items. Gas tax is an example a type of restricted fund; these monies can only be expended on roadway improvements. Unrestricted funds can be used to fund capital equipment purchases or non-roadway projects.

TCV:What is included in Newark's CIP at this time?

Fajeau: Our focus at this time is on the existing infrastructure and assets. We are currently in a maintenance mode rather than expansion, preserving what we have.

TCV: Has revenue from the Utility Users Tax been added to the CIP?

Fajeau: In 2011, \$100,000 of UUT funds was added to the unrestricted portion of the Capital Improvement Fund. That was the only addition of unrestricted monies since 2004. With the approval of Measure Y by the voters combined with the improving economy, the City Council has approved a \$2 million transfer of UUT funds into the unrestricted portion of the Capital Improvement fund as an amendment to this year's budget.

TCV:Which department handles the CIP?

Fajeau: In Newark, the Engineering Division of the Public Works Department takes the lead. A ‘Call for Projects’ is issued in the fall of odd years to all City departments to submit requests for the following two-year budget cycle. Engineering staff then evaluates these proposals on the basis of critical issues, funding sources and impacts. The requests for projects far exceed the available funding. For the most recent budget cycle, funding needs were estimated at \$122,935,000. Due to current fiscal restraints, expenditures are scrutinized to see if they satisfy a regulatory requirement, a liability issue or preserve existing assets. A project list is created for review by senior management staff and City Council.

TCV:Are there any other sources of funds for Capital Improvement Fund?

Fajeau: Traditionally, unrestricted funding for the Capital Improvement Fund, which is the most flexible, has been generated from any City operating surplus. When economic conditions were better, we were able to add funds on a fairly regular basis. This was a source of funds for major community facilities such as the Silliman Activity Center and Fire Station #1 on Thornton Avenue. Since there has not been a surplus from operating revenues since 2004, we have taken a very conservative approach on projects utilizing unrestricted funds. The unrestricted funding has been used on building maintenance projects, park maintenance projects, emergency repairs and new equipment necessary for City operations. Restricted funds include gas tax, Measure B, Community Development Block Grant and other grant funding.

Early Learning Forum



Children's author Ja'Nay Brown-Wood, will be among those giving a workshop

SUBMITTED BY ROBIN MICHEL

The San Leandro Unified School District (SLUSD) invites parents and educators of young children to attend an early learning forum, School Readiness: Is your child ready? Are you? Teachers, are your classrooms ready? The event will be held at Jefferson Elementary in San Leandro, on Saturday, March 28.

“Preschoolers soak everything up,” said Superintendent Mike McLaughlin, who is the father of a preschooler himself. “There is so much we can do as parents and educators—in playful and fun, exciting ways—to nurture the creativity and love of learning in young children.”

The day will contain lots of hands-on activities, providing fun strategies to make sure children are getting good, quality educational experiences. Workshops

on cardboard creations and STEM activities, breathing exercises for teachers to do in the classroom to decrease stress and find inner calm, interactive and engaging reading activities, and how to appreciate and work with your child's emotional temperament are just a few of the offerings.

For workshop information, or to register online, please visit the district website at www.sanleandro.k12.ca.us/

SLUSD Early Learning Forum
Saturday, Mar 28

8:30 a.m. to 2:00 p.m.

Jefferson Elementary School
14300 Bancroft Ave, San Leandro
(510) 667-6208

Register: www.sanleandro.k12.ca.us/
Childcare available

Globe-traveling mystery author

PHOTOS COURTESY OF NANCY CURTEMAN

Award-winning mystery local author Nancy Curteman will discuss her latest travel-oriented crime tale, “Murder on the Seine.” The event will have a French air, with French cookies to nibble and free recipes for desserts mentioned in the book. Curteman will share inside information about characters and plot. There will be a free drawing for a signed copy of her novel.

In “Murder on the Seine,” corporate trainer Lysi Weston is on assignment in Paris, when a woman's body is pulled from the Seine River with no identification – except Lysi's business card.

Lysi's plans for a memorable tour of the City of Light did not include having to investigate the woman's suspicious death. Nor did she expect to deal with Basque separatists, a French supremacist gang leader, and an overzealous Hercule Poirot-wannabe detective who targets her as his prime suspect. To prove her innocence, Lysi, aided by her brash friend Grace Wright, has to find the real killer.

Curteman is a member of the California Writers Club and Mystery Writers of America. For more information about the author, visit www.nancycurteman.com.



Fremont Main Library, Fukaya Room A
2400 Stevenson Blvd, Fremont
(510) 745-1401
www.nancycurteman.com
www.aclibrary.org
Free

Brown Bag with Nancy Curteman
Thursday, Mar 19
12:30 p.m.

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Delaine Eastin teams in regional *Odyssey of the Mind*

SUBMITTED BY VANDANA DEEP

Two teams from Union City's Delaine Eastin Elementary participated in the regional Odyssey of the Mind competition held on Saturday, February 28 in San Jose.

Odyssey of the Mind teaches students to learn creative problem solving methods while having fun in the process. The yearly competition requires teams to prepare an eight-minute presentation on a selected problem in different categories (Classics, Technical, Performance, Structure) and a 10 to 30 minute spontaneous session that tests verbal and mechanical skills.

Team "6 myths" laboriously worked on solving the myth of Pandora's Box and pre-

sented a skit of how different evils are released in the world, and how the world can become a better place with hope. They created a skit of their student life and experiences, showing how they can become better students and citizens of the world by overcoming emotions such as anger and greed, and standing up against bullying.

Comprised of 5th graders Esha Bhasin, Rayna Arora, Sania Choudhary, Cyrus D'Souza, Jayden Pulickal, and 4th grader Ankita Deep, the team designed and constructed the backgrounds, props, and costumes needed for the presentation using recycle material and craft supplies from home. They put up a flawless presentation and won an overall 4th position in their



Team "6 myths"

division. The students are very proud of their accomplishments and wish to spread the message and awareness at their home school. In addition they took home a lot of valuable lessons about team spirit, commitment, and responsibility towards a team project. The team was co-coached by parents Vandana Deep, Deepak Bhasin, and 8th grader Riya Arora.

Team Eastin 3rd graders communicated a powerful social message – anti-bullying. Their challenge was to create a short movie depicting an actor, villain, critique, and director, all to be done in silence. The team came up with a creative idea to communicate their message via healthy fruits.

Exhibiting confidence, brilliant theatrics, and enthusiasm with their first participation in the Odyssey of the Mind competition, the team used 100 percent recycled products, reused items, and crafts

from their home creating their own costumes and prop background, depicting various scenarios of a classroom, playground, and movie theater. One of their biggest accomplishments was the ability to quickly identify and pick anti-bullying as the theme and find a creative way to communicate it.

One of the team members, Rishan, is visually impaired. The kids adjusted to his impairment seamlessly and supported his participation in Odyssey of the Mind competition and Braille Challenge on the same day, at the same time!

The team was comprised of students Reena Srivastava, Saanvi Garg, Rigel de Souza, Rishan Sardana, Rushil Gupta, Zion McEvoy, and Abosede Elegbede, led by coaches Kanchana Srivastava, Shaloo Garg, and Madhu Sardana.



Team Eastin 3rd graders

continued from page 1

Renowned Afghan singer in concert

Mahwash began music and singing lessons under the guidance of Ustad Mohammad Hashim Chishti, an established and much respected maestro. Chishti's arduous training of his protégé was based on North Indian classical music; still the basis of training for Afghan singers today. As she mastered her training, Mahwash moved on and began to study with the celebrated Afghan singer Ustad Hussain Khan Sarhang, who steered her dazzling rise to stardom.

Master composer Ustad Shahwali wrote many songs for Mahwash and she was suddenly heard constantly on the radio. One of her best known songs, "O Bacha (Oh Boy)," combined several regional songs into one extended modern song cycle. After Mahwash learned the multifaceted, intricate piece and recorded it in a single day, she gained the title of Ustad, or "master." She remains the only female singer to receive this recognition, an honor previously reserved only for men.

Mahwash was forced to leave Afghanistan after the occupation of the Russian army and the rise of the Taliban in 1979, who forbade any individual musical



expression. These two warring factions both wanted the woman who had been the most popular singer for two decades to support their causes... or else. Assassination was a very real threat to Mahwash, and in 1991 she and her family moved to Pakistan. Exhausted and nearly shattered by events, she applied for political asylum abroad. The United Nations High Commissioner for Refugees (UNHCR) granted Mahwash asylum in the United States in October, 1991.

In 2001, Mahwash made contact with other exiled musicians to form and lead The Kabul Ensemble. This group performed at some of the most prestigious concert halls in Europe and introduced their uniquely beautiful music to a completely new audience. In 2003, Mahwash and the Kabul Ensemble recorded "Radio

Kaboul (Accords Croisés)," an album which pays homage to the vanished or exiled composers and musicians of Afghan radio's golden era. Later that year, Mahwash received the prestigious BBC Radio 3 World Music Award, for both her artistic excellence and her work on behalf of thousands of orphaned Afghan children.

Mahwash built her extraordinary career in spite of two wars and what amounted to exile from Afghanistan, but never lost her deep love for the country and its people. She equally loves her new community in Fremont. Though she recently expressed her intention to continue touring the world, bringing her country's traditional music and songs to others, she reiterated how much she has come to love her new "home away from home" in Fremont, which prompted her upcoming free concert.

In 2013, Ustad Mahwash, together with Kabir Howaida, the renowned pianist and composer, received the coveted Rumi Award in Las Vegas. Residents of the Tri-Cities will be able to enjoy these two living legends when they are reunited in concert in Fremont on March 14.

Afghanistan's traditional music will continue to flourish as Ustad Mahwash's new team of artists – Khalil Rahgeb (Harmonium), Kabir Howaida (Piano), and Eshan Ahmad (Tabla) – bring her country's music and songs to the world.

Ustad Farida Mahwash live concert
Saturday, Mar 14
2 p.m. - 4 p.m.
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1401
Free

City of Fremont News Briefs

SUBMITTED BY CHERYL GOLDEN

Coming Soon: 2015 State of the City Address

If you want to learn more about the issues and opportunities facing the City of Fremont, stay tuned! Fremont Mayor Bill Harrison will be presenting the annual State of the City Address at a luncheon hosted by the Fremont Chamber of Commerce on Friday, March 27, noon to 2 p.m. at the Fremont Marriott Hotel.

To buy tickets, please call the Chamber at 510-795-2244 or go to www.Fremontbusiness.com.

And in case you can't make it, the State of the City Address will be rebroadcast on Cable TV Channel 27, as well as posted to the City website by the end of the following week.

For more information, please call the City Manager's Office at 510-284-4000 or visit www.Fremont.gov/StateoftheCity.

New Synthetic Turf Field at Karl Nordvik Park

The Karl Nordvik Park renovation project is complete, and is officially open for the public to enjoy. This park has a brand new playground and two new half-court basketball courts. The main feature of the renovation project at Nordvik Park is a state-of-the-art, 100,000-plus square foot synthetic turf field. This lighted field is designed for multisport play and can be used for football, soccer, softball, and baseball.

The synthetic turf field at Karl Nordvik Park is now one of three lighted synthetic turf fields available through the City of Fremont's Recreation Services Division. Irvington Community Park and Centerville Community Park host the City's other two synthetic turf fields. Irvington's field (located within Irvington Community Park, 41885 Blacow Rd.) can be used for youth football, youth soccer, baseball and softball; and Sigman Field (located within Centerville Community Park, 3355 Country Dr.) is a youth softball or baseball field only.

These synthetic turf fields allow for all weather play, which leads to fewer rainouts compared to traditional grass fields, which can take days to dry out and be playable again. All City of Fremont synthetic fields have field lights which allow them to be used day or night. This is particularly useful during the fall and winter months when daylight hours are compressed.

For more information on these state-of-the-art synthetic turf fields or how to rent them please contact the Sports Office at 510- 790-5520 or email msa@fremont.gov.

Youth Scholarship Program

The City of Fremont's Parks and Recreation Scholarship Fund is seeking donations for their scholarship program administered by the Community Services Department. The program is designed for children who, without financial assistance, would not have the opportunity to participate in the Department's youth activities. The scholarship program makes enriching activities such as swim lessons, participation in the Tiny Tots preschool program, camps, reading development, art classes, etc., more accessible to low-income families by partially covering up to \$75 of the cost of current registration fees for youth who qualify. Each year, requests for assistance increase as does the need for funding. More than 400 scholarships were given out last summer and a 10 percent increase in need is anticipated for this summer. A contribution would have a direct, positive, and life-enhancing impact for families and youth in Fremont.

Children who qualify for the "School Lunch" program are eligible to apply. One hundred percent of donations are directed toward subsidizing these classes and activities for low-income youth that need the support.

For more information please contact Lance Scheetz at 510-494-4331 or lscheetz@fremont.gov.

Save the Date for the Giving Hope Program's Crab Feed Fundraiser!

The Giving Hope Fundraiser means two things: supporting a noteworthy cause and an all-you-can-eat crab feast!

The Niles Main Street Association will host a Crab Feed fundraiser on March 28 that benefits the City's Giving Hope Program and the Niles Main Street Association, and you won't want to miss it. By participating in this fundraiser, you will have the opportunity to help out local families and seniors in need, while enjoying a full spread of all-you-can-eat crab, pasta, salad, garlic bread, iced tea, and dessert!

But the fun doesn't stop there. Beatles cover band, "No Fly List," will be performing your favorite Beatles tunes all night long starting at 6:30 p.m., so come dressed as your favorite Beatle or someone from that era. There will also be a raffle and silent auction!

The event will take place on Saturday, March 28 at the Fremont Veterans' Hall, 37154 Second Street in Fremont's Niles District. Beer and wine bar and performances will start at 6:30 p.m.; crab feed will follow from 7 p.m. to 10 p.m.

Tickets can be purchased online at www.niles.org for \$50.

Additional donations and sponsorships are always welcome. Please contact Han Trinh at hnttrinh121@gmail.com or 510- 565-8884.

We hope to see you there!

FUSD Parent Satisfaction Survey now available

SUBMITTED BY BRIAN KILLGORE

Fremont Unified School District (FUSD) is reaching out to its families for feedback on its programs and services. The Parent Satisfaction Survey 2015 is available online at www.fremont.k12.ca.us

The feedback will assist FUSD in revising its current Local Control and Accountability Plan for the 2015-16 school year, as well as provide the District with valuable information about parent engagement at district schools.

The survey is available in Spanish and English versions for now: Parent Survey English: <http://bit.ly/fusdparent2015>
Parent Survey Spanish: <http://bit.ly/fusdpadres2015>

A Mandarin version will be available shortly and Title I schools will also receive a version that includes the survey, plus additional Title I questions. The survey window will remain open through April 15. Hard copies in both languages of the survey will also be made available at the front office of all FUSD schools.



Bridal Fair
Sunday March 15, 2015
Time: 11am to 3pm
Admittance: Free

Complimentary: Appetizers, Champagne and Soft Drinks
 Opportunity for guests to meet all vendors needed for a successful wedding including:
 DJ, Photographer, Florist and more.

For more information contact: Tracy at 510.792.2000 ext.16 to reserve your place at this event.

massimo's
 5200 Mowry Avenue, Fremont, CA 94538 ■ Tel: 510.792.2000
www.massimos.com

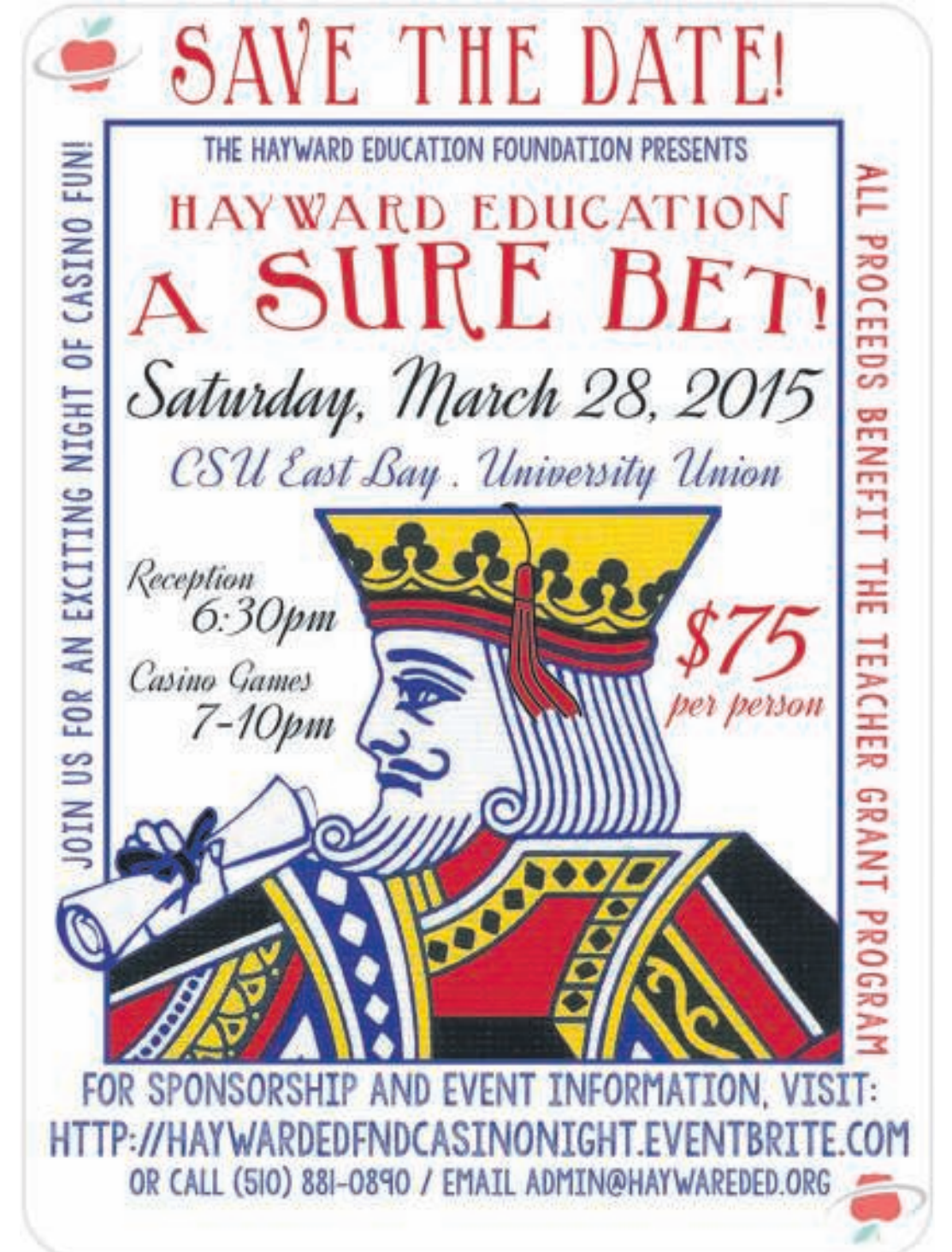


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SAVE THE DATE!
 THE HAYWARD EDUCATION FOUNDATION PRESENTS
HAYWARD EDUCATION A SURE BET!
Saturday, March 28, 2015
CSU East Bay . University Union

Reception 6:30pm
 Casino Games 7-10pm

\$75 per person

FOR SPONSORSHIP AND EVENT INFORMATION, VISIT:
[HTTP://HAYWARDEDFNDCASINONIGHT.EVENTBRITE.COM](http://HAYWARDEDFNDCASINONIGHT.EVENTBRITE.COM)
 OR CALL (510) 881-0890 / EMAIL ADMIN@HAYWAREDED.ORG