



Anniversary
run rocks
out

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Enjoy an
afternoon
of Western
Swing music

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Guest
artist at
Fremont
Art
Association

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Instilling Confidence

By JESSICA NOEL CHAPIN
PHOTOS COURTESY OF
ISH AMITOJ KAUR

What comes to mind when you think of theater? Perhaps you recall fond memories of high school drama class, a song from a favorite musical, or a touching storyline. Theater is a boundless source of entertainment, but it can also boost confidence of kids who participate. It is this unique aspect of theater that drew Ish Amitoj Kaur to found The Theater Factory.

The Theater Factory is a place for children to learn the skills of drama while building self-confidence and leadership skills. Kaur, who has a professional background and training in the performing arts, was inspired to start a theater-training group for children in the Bay Area after the birth of her son. After many years of traveling around the United States for various theater

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Successful Job Program opens in Union City

By DAVID R. NEWMAN
PHOTO COURTESY OF LAUREN SUGAYAN

The Cypress Mandela Training Center, a nationally-recognized nonprofit that specializes in job training for disadvantaged youth, has just opened a satellite branch at the former Barnard White Middle School in Union City. The program is based in West Oakland, and will now serve south Alameda County.

The new center, which officially opened Monday, February 9, is the result of a lengthy collaborative process between the City of Union City, New Haven Unified School District, and Cypress Mandela. At the opening ceremony, Union City Mayor Carol Dutra-Vernaci announced, "The program is going to benefit the entire region. We're helping to establish the next generation of the workforce."

United States Secretary of Labor Tom Perez has warned of a decline in the skilled trade workforce as people retire over the next seven years. There is therefore a great need for more apprenticeship programs nationwide. Cypress Mandela Training Center offers a 16-week, free pre-apprenticeship program for anyone over the age of 18. Training is both hands-on and classroom, with a boot camp style that gives students discipline and focus to help them become successful in life.

The unique program specializes in construction skills, including plumbing, electrical, cement, framing, and solar that not only trains applicants, but places them in high-paying jobs as well, with an impressive 85 to 90 percent job placement rate.

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Students display Art skills in AP Studio show



SUBMITTED BY GEOFF LANDREAU

Mt. Eden Gallery of Art (MEGA) is proud to present the finest work from seniors in Advanced Placement (AP) Studio: Drawing and AP Studio: 3D Design. This show features work from our top artists; it's the only opportunity they have to show their best pieces before they are mailed in their AP portfolio. We hope you can join us to celebrate these outstanding artistic achievements!

The show features 75 pieces from 16 students; all graduating seniors in AP Drawing with teacher Carrie King and Geoff Landreau's AP 3D Design (sculpture) class. Participating students also submit a portfolio of work to be considered for college credit. Drawing students must submit some digital and some actual work, while Sculpture students submit all works digitally. Several student artists have applied to art colleges and are waiting for final decisions. Many have already received pre-approval at California College of the Arts, School of the Art Institute of Chicago, and other schools.

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Healing the Heart

Successful Quintuple Bypass and Cardiac Rehabilitation Restore Healthy Heart Function for Patient with ‘Premature Coronary Artery Disease’

Coronary artery disease is a condition usually associated with aging. Erwin Fajardo was only age 34, however, when he was diagnosed in 2001 with a blocked right coronary artery. This artery supplies blood into the right ventricle – the lower chamber of the heart that pumps oxygen-poor blood to the lungs.

“I was feeling lightheaded and nauseated, so I decided to lie down and rest,” he recalls. “When the feeling didn’t go away, my wife Cecilia took me to our local hospital in Hayward. My cardiologist, Dr. Steven DeGalan, performed an angiogram and found the blockage. He also works at Washington Hospital in Fremont, where I was transferred to have the stent inserted into the blocked artery. After that, I didn’t have any problems at all until last September.”

The Fajardos had spent a good portion of last summer hiking around Zion and Bryce Canyon National Parks in Utah, and he reports feeling just fine throughout those excursions. Then, at home on his 48th birthday, he suffered a bad headache. Two

days later he went for a walk and once again experienced lightheadedness and nausea. His wife took him to the hospital in Hayward where he stayed overnight.

“His blood tests showed no sign of a heart attack, and a stress test showed no problems, so they released him from the hospital,” Mrs. Fajardo notes. “He was lightheaded off and on for the next month. We thought maybe it had something to do with his medications. I finally asked his doctor to be an advocate for my husband.”

The problem was not his medications. A coronary angiogram performed at Washington Hospital discovered multiple blockages in arteries leading to the heart.

“They told me the artery leading to the right ventricle was 100 percent blocked, and four arteries on the left side were also about 95 percent blocked,” Mr. Fajardo says. “At the time, I was on a blood-thinning medication, so they decided to take me off the medication and have me wait several days to perform quintuple bypass surgery.”

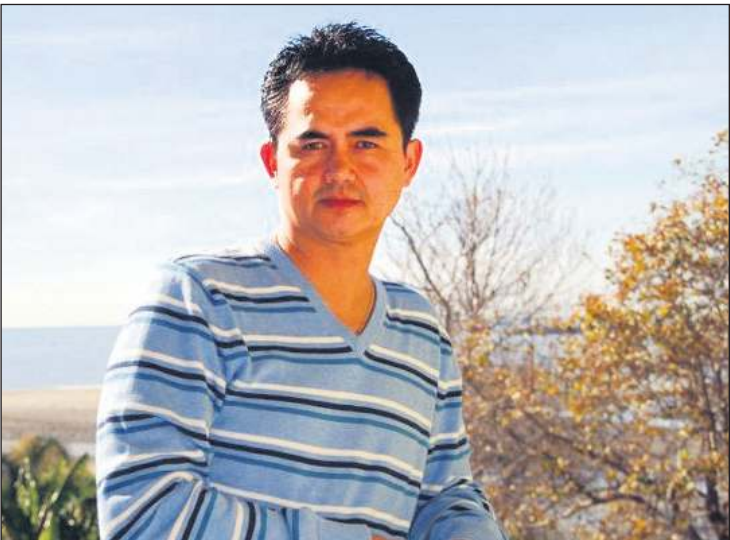
Dr. Shashank Jolly, the cardiothoracic surgeon who performed the surgery at Washington Hospital, explains that Mr. Fajardo’s serious coronary artery condition was unusual for a man his age.

“Mr. Fajardo doesn’t have diabetes, and only has mild high blood pressure and cholesterol levels,” says Dr. Jolly. “He had not done anything wrong – he ate a healthy diet, he exercised regularly, and he was slim. The problem was he had developed coronary artery disease prematurely – his coronary arteries were aging faster than his chronological age, as evidenced by the need for having a stent inserted when he was just 34.”

A family history of early heart disease also may have been a factor. Mr. Fajardo reports that his father was in his 40s when he had a type of heart valve surgery.

Waiting to undergo major surgery can be a daunting experience, but the Fajardos note that Dr. Jolly and the rest of the staff at Washington Hospital helped put them at ease.

“We met Dr. Jolly on the day the angiogram was performed,”



Dr. Shashank Jolly, a cardiothoracic surgeon from the Washington Township Medical Foundation performed quintuple bypass surgery on Erwin Fajardo (photographed) during a 10-hour procedure at Washington Hospital.

says Mr. Fajardo. “He explained the results of the angiogram and the need for bypass surgery, as well as all the risks involved with surgery. He also said that if there were any additional problems that he discovered during surgery, he would fix them, too. He answered all our questions and was straight to the point. He came to see me every day while we were waiting for the surgery.”

The open-heart surgery lasted about 10 hours.

“Dr. Jolly did his very best to put our family’s mind at ease, even given the seriousness of the situation,” says Mrs. Fajardo. “The most significant thing that stood out was his confidence and meticulousness during surgery. He took time to perform the surgery as perfectly and as safely as possible. And when the hours

passed by, he always took time to assure us that this was the reason why. Dr. Jolly constantly updated us during surgery and prepared us for what to expect within 24 hours after surgery. He even assured us that he would be available anytime if anything happened since he was only two miles from the hospital.

“I observed Dr. Jolly during my husband’s stay in the Coronary Care Unit and he was very hands-on not only with my husband, but also with all of his patients,” she adds. “His interactions with patients and their families, as well as with the nurses, were wonderful. He is calm, very professional, caring and always has a smile on his face. Our family is so thankful

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InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	02/24/15	02/25/15	02/26/15	02/27/15	02/28/15	03/01/15	03/02/15
12:00 PM 12:00 AM	Diabetes Matters: Insulin: Everything You Want to Know	Skin Cancer	Sports-Related Concussions	Meatless Mondays	Sidelined by Back Pain? Get Back in the Game	GERD & Your Risk of Esophageal Cancer	Sidelined by Back Pain? Get Back in the Game
12:30 PM 12:30 AM	Keeping Your Heart on the Right Beat	Snack Attack	Varicose Veins and Chronic Venous Disease	Surgical Treatment of Obstructive Sleep Apnea			
1:00 PM 1:00 AM		Shingles		How Healthy Are Your Lungs?	Get Your Child's Plate in Shape	Kidney Transplants	How Healthy Are Your Lungs?
1:30 PM 1:30 AM	Crohn's & Colitis						
2:00 PM 2:00 AM	Women's Health Conference: Age Appropriate Screenings	Washington Township Health Care District Board Meeting February 11, 2015	Voices InHealth: Radiation Safety	Washington Township Health Care District Board Meeting February 11, 2015	Deep Venous Thrombosis	Treating Infection: Learn About Sepsis	Washington Township Health Care District Board Meeting February 11, 2015
2:30 PM 2:30 AM			Diabetes Matters: Diabetes Resources				
3:00 PM 3:00 AM	Turning 65? Get To Know Medicare		Voices InHealth:The Legacy Strength Training System		Lunch and Learn:Yard to Table	From One Second to the Next	
3:30 PM 3:30 AM			Living with Arthritis		Prostate Health and Prostate Cancer	Lunch and Learn:Yard to Table	
4:00 PM 4:00 AM	Vitamins and Supplements - How Useful Are They?	Latest Treatments for Cerebral Aneurysms	Inside Washington Hospital:The Emergency Department	Citizens' Bond Oversight Committee Meeting January 29, 2015	Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment	Diabetes Matters: New Year, New You	Learn If You Are at Risk for Liver Disease
4:30 PM 4:30 AM		Diabetes Matters: Protecting Your Heart	Influenza and Other Contagious Respiratory Conditions				
5:00 PM 5:00 AM	Diabetes Matters: Partnering with your Doctor to Improve Control		Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate	Diabetes Matters: Manage Your Diabetes SMART Goal Setting	Knee Pain & Replacement	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	The Weigh to Success
5:30 PM 5:30 AM	Keys to Healthy Eyes						How to Maintain a Healthy Weight: Good Nutrition is Key
6:00 PM 6:00 AM	The Weigh to Success	Kidney Transplants	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy	Hip Pain in the Young and Middle-Aged Adult	Washington Township Health Care District Board Meeting February 11, 2015	Washington Township Health Care District Board Meeting February 11, 2015	Arthritis: Do I Have One of 100 Types?
6:30 PM 6:30 AM	GERD & Your Risk of Esophageal Cancer						
7:00 PM 7:00 AM		Diabetes Matters: New Year, New You	Living with Heart Failure	Learn How to Eat Better!			Turning 65? Get To Know Medicare
7:30 PM 7:30 AM	What Are Your Vital Signs Telling You?						
8:00 PM 8:00 AM	Washington Township Health Care District Board Meeting February 11, 2015	Where Have All The Patients Gone?	Washington Township Health Care District Board Meeting February 11, 2015	Latest Treatments for Cerebral Aneurysms	Cataracts and Diabetic Eye Conditions	Snack Attack	Sports-Related Concussions
8:30 PM 8:30 AM		Citizens' Bond Oversight Committee Meeting January 29, 2015		Alzheimer's Disease	Learn About Nutrition for a Healthy Life	Shingles	Diabetes Matters: Back to the Basic Keys for Success
9:00 PM 9:00 AM							
9:30 PM 9:30 AM		Minimally Invasive Surgery for Lower Back Disorders		Influenza and Other Contagious Respiratory Conditions			
10:00 PM 10:00 AM	Sidelined by Back Pain? Get Back in the Game		Treating Infection: Learn About Sepsis		Knee Pain & Replacement	Voices InHealth: Bras for Body & Soul	Latest Treatments for Cerebral Aneurysms
10:30 PM 10:30 AM	From One Second to the Next	Diabetes Matters: Diabetes & Heart Disease	Vitamins and Supplements - How Useful Are They?	Arthritis: Do I Have One of 100 Types?		Take the Steps:What You Should Know About Foot Care	Diabetes Matters: Research:Advancing Diabetes Management
11:00 PM 11:00 AM		Acetaminophen Overuse Danger			Diabetes Matters: Partnering with your Doctor to Improve Control		

It's Time to Tee Off – Celebrating 30 Years!

Tournament registration and sponsorships opportunities are available – Join Us!

On Monday, April 27, golf enthusiasts and friends of Washington Hospital will continue a 30-year tradition that has raised over \$1.7 million in support of health-care services for the residents of Washington Township Healthcare District. The golfers will tee off at Washington Hospital Healthcare Foundation's 30th Annual Golf Tournament at Castlewood Country Club in Pleasanton, a 36-hole private facility, with two challenging golf courses and incredible views.

Since 1985, golfers of all levels of ability and experience have gathered for the annual tournament, enjoying a day on the links followed by an awards banquet in the evening. Non-golfers are encouraged to support Washington Hospital by attending the reception and awards banquet in the beautiful ballroom at Castlewood.

Rod Silveira, Foundation President says "Each year, community members come to enjoy a day of golf, but they also want to support healthcare programs in our community. This year, proceeds from the tournament will help fund surgical care at Washington Hospital. Because

surgical innovation is always advancing, the Foundation looks forward to helping underwrite the cost of equipment that surgeons will need in the future. As Foundation President it is my goal to reach a record attendance in this, our thirtieth tournament. Join us for a great day and a great cause."

In addition to the 18-hole golf tournament, the event will include a putting contest, bar-b-que lunch, contest holes, refreshments, a cocktail reception and an awards banquet. During the banquet, a selection of exciting golf equipment, fun adventures, wine tastings, spa baskets and other items will be up for bid at the silent auction and in the raffle. There will also be a live auction offering an opportunity to play in the Lexus Champions for Charity National Golf Tournament, a private sky box at an Oakland Athletics baseball game and more!

The event is held in memory of longtime Fremont businessman Gene Angelo Pessagno, a founding member of Washington Hospital Healthcare Foundation. Gene Angelo Pessagno's widow, Laura, and her family

continue to be enthusiastic supporters of the 30-year-old golf tournament. In addition, as a founding member of the Washington Hospital Service League, Laura has been an active volunteer at Washington Hospital for 59 years!

"We are looking forward to a great day on the golf course with friends and colleagues, celebrating the 30th anniversary" said Lamar Hinton, who is serving again as Golf Tournament chairman. "I'd like to thank our committee's volunteers for their dedication and hard work in making the entire day a rewarding experience for every participant. I would also like to extend special thanks to this year's Gold Sponsor, Fremont Bank, for its continued support year after year," Hinton emphasized.

There is still plenty of time to sign up for the tournament or become a tournament sponsor. For more information about Washington Hospital Healthcare Foundation's 30th Annual Golf Tournament, or to register as a participant or sponsor, please email foundation@whhs.com or call (510) 791-3428.



Photos from the 2014 Annual Golf Tournament. For more information about the Washington Hospital Healthcare Foundation's 30th Annual Golf Tournament, taking place on Monday, April 27, or to register as a participant or sponsor, please email foundation@whhs.com or call (510) 791-3428.

Ask the Doctor

This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at: askthedoctor@whhs.com

Racing Heart After Eating and Depression Concerns

Dear Doctor,
Why does my heart race after I eat certain foods?

Dear reader,

There are several reasons why this may be happening, but you should schedule an appointment with your doctor to sort things out. 1) You may be developing low blood sugar after eating. This can sometimes be the result of a problem with the endocrine system and may be accompanied by other symptoms including feeling faint and sweating. 2) You may be developing gastroesophageal reflux (acid release from the stomach into the esophagus, heartburn) following a meal. The acid irritation of the esophagus may provoke an unpleasant sensation in the chest as if your heart was racing.

Dear Doctor,
I'm a happy person, but I'm worried about depression. A lot of people in my family have had it and had to take antidepressants. Could I just get it out of the blue?

Dear Reader

The fact that you say you're a happy person makes depression in your case unlikely. However, if you have a lot of family members that have depression, then you are probably susceptible to it. I recommend you watch out for symptoms closely and seek treatment if you see any of the following signs: changes in appetite, changes in sleep, lack of joy in things that used to be fun, or thoughts of suicide.

Mary S. Maish, M.D



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master's degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.

Staying on Top of Your Health is Easy with MyChart

Washington Hospital Healthcare System
Offers Free, Confidential and Secure Online Service

Have you ever intended to contact your doctor about some nagging health issue, but every time you thought about it, the office was closed? Wouldn't it be great if you could just send your health care provider an email whenever it's convenient for you?

Now you can with MyChart, a free, confidential online service offered by Washington Hospital Healthcare System that lets you message your provider, access your medical records, and so much more. For example, you can find out if your child's vaccinations are up-to-date, schedule appointments, refill prescriptions, and check test results, all with just a few clicks on your keyboard or mobile device.

"MyChart is convenient and easy to use," said Michelle Smith, director of Ambulatory Clinical Applications at Washington Hospital. "It's great to be able to contact your health care provider outside of normal business hours. It's perfect for those evenings when you're thinking about your day and what you still need to do. That's often when you remember you're supposed to contact the doctor. Now you can send a message right when you're thinking about it. You should expect a reply within two business days."

MyChart is part of Washington Hospital Healthcare System's WeCare, a sophisticated electronic medical records system that allows providers to have patients' health information at their fingertips so they receive more personalized, accurate, and timely care. MyChart provides an online portal for users to navigate the system using a computer, mobile phone, tablet, or any other device that connects to the internet. It is a secure network with safeguards to protect patient privacy. Each user creates a password-protected account that is encrypted to provide optimum security.

The free online service is available to patients in the Washington Hospital Healthcare System and WeCare partners, including Washington Hospital inpatient and outpatient clinics, Washington Township Medical Foundation clinics, Washington Urgent Care, Washington Radiation Oncology, Washington Outpatient Rehabilitation Center, and Washington On Wheels Mobile Health Clinic.

Log In

Getting started is easy, according to Smith. Just ask your health care provider for an activation code that will allow you to log in and create your own user ID and password. When you have an activation code, go



MyChart is a free, secure and confidential online service offered to patients at Washington Hospital Healthcare System and affiliated clinics. The system, that is part of the Hospital's electronic medical records system, allows patients to have convenient access to their medical record.

to www.whhs.com/mychart to create your own MyChart account.

"Your MyChart account will help you stay on top of your health, and help you manage your family's health," Smith added. "You can access your child's information or another family member's through a proxy."

MyChart provides an overview of your medical records, including the medications you are taking as well as the prescribed dosage and name of the provider, any allergies and the reactions you had, and a list of immunizations and the dates received. You can even download portions of your medical information and send it to doctors outside of the Washington Hospital Healthcare System network.

Instead of waiting for a phone call or letter from your provider, you can see test results as soon as they are posted to MyChart. After you receive a test, MyChart will send an email notice when the result is available for viewing.

The Message Center works like any other emailing system. Once you log in to MyChart, you can access messages in your inbox or compose and send messages.

"MyChart makes it possible to ask your health care provider questions or schedule appointments outside of business hours," Smith said. "You can access important information anytime you want. It really allows you to navigate the health care system on your schedule. It's a valuable tool."

For more information about MyChart, visit www.whhs.com/washington-mychart. Questions can be emailed to MyChartadmin@whhs.com



KOHL — Music. Attitude. ...and serious education!

Check the pre-set stations on the car radio of any teens-to-twenties young adult and you'll find 89.3 KOHL securely anchoring their favorite stations. KOHL Radio is one of the most popular radio stations in Fremont and Newark, with high-energy, high-continuity contemporary hits format, using a Top 40 playlist. The best kept secret is that KOHL is a college radio station from Ohlone College in Fremont and many of the DJs are actually Ohlone College students.

It's the seamless presentation of great material and a consistent programming format that keeps listeners coming back around the dial to KOHL. In addition to playing great music—the station helps prepare students for jobs as radio professionals

through Ohlone College's radio broadcasting program. Students working their way through the program learn a lot more about radio than how to push the correct buttons on the sound board. They gain an understanding of radio as a business, learning how to develop programming and marketing so they will understand business strategies behind running a station.

To provide a significant teaching experience, the station is a learning lab for students. Finding innovative ways to stay ahead of the technology curve, the instructors, who are all radio professionals, set the standards high so students acquire the skill sets needed to get jobs and to thrive in the radio industry. And, students who run through Ohlone's program do get jobs at radio stations throughout the

Bay Area, and beyond. The Director of Ohlone's radio program, Bob Dochterman, has tracked the career placements of over one thousand former students...and the list keeps building.

When interviewed, Dochterman spoke of a local radio station that had just called him because "they needed weekenders." He went on, "They're enthusiastic about hiring our students because the students know what they're doing."

Radio broadcasting students have a rigorous learning experience before they make it on air. In addition to classroom instruction, they have practice sessions in the demo studio so they're prepped to go on air when their turn at the mic comes. The faculty stays hands-on with students, mon-

itoring every minute of broadcast time, and even following the students' progress when they're serving their offsite internships to make sure they're getting a meaningful lesson from the experience.

Dochterman explained the importance of teaching students the contemporary hits format so they learn how to attract and retain an audience. People need a reason to listen to radio, and they are choosy about the programming they like. As Dochterman said, "We're not an iPod. We bring personality, promotions and a brand to the table." That's what brings listeners back.

Learn more about Ohlone's Radio Broadcasting program in the March 24 edition of the Tri City Voice or visit www.kohlradio.com.



Ohlone's Athletic Trainer Excels On and Off the Field

While most of us enjoyed Super Bowl 49 from our living room, Ohlone professor Jeff Roberts was high above the field in Phoenix watching the game but more importantly, watching the players for potential head injuries. Professor Roberts has been Ohlone's head athletic trainer and professor of kinesiology since 2008. Since 2011 he's been the "spotter" for the NFL's Concussion Protocol Management program at the O.co Coliseum during all Oakland Raiders home games. Based on his excellent performance as a spotter for the Oakland Raiders, the NFL invited Roberts to work at the Super Bowl.

"That was a really cool event for me. One of those bucket-list, once in a lifetime things and I wore my Ohlone gear proudly that weekend," said Roberts.

When he's not working at the Raiders home games, Roberts teaches full-time in the Kinesiology and Athletic Training department at Ohlone College. With 12 classes offered this semester and 34 students enrolled in the clinical training program, Ohlone offers two degrees for students planning to continue on to four-year schools and pursue a career in the field. Students have the unique opportunity to work with certified trainers in a clinical set-

ting and get hands-on experience. The internship program further prepares students for careers in athletic training, physical therapy, sports medicine, or other related fields.

With approximately 200 student athletes on campus and frequent visiting athletes, Professor Roberts is dedicated to keeping Ohlone at the frontlines of concussion management technology. A recent example of introducing a new technology is the use of Sway mobile software, which uses the motion detection in smartphones to detect balance deficit, an indicator that an individual suffered a traumatic brain injury.

"It's really exciting," said Roberts of the new innovation for detecting concussions.



"There aren't many four-year schools that are using the Sway program yet and to my knowledge there isn't a single community college in the nation. We're going to be front and center with this."

Roberts enjoys the opportunity to bring his professional and educational background into practice in helping strengthen Ohlone's Athletics program. After the many opportunities provided to him in his career, he feels that he can bring those experiences back to benefit the student athletes and to contribute to the development of students in kinesiology and training.



Upcoming Events:

Ohlone College Playwrights Festival

Thurs, Mar 12, Fri, Mar 13, 8pm
NUMMI Theatre in the Smith Center

Smith Center Presents! Zodiac Trio: Clarinet, Violin, Piano

Fri, Mar 13, 8pm
Jackson Theatre in the Smith Center



Psychology Club Speaker Series Film Screening: "An Honest Liar – The Amazing Randi Story"

Fri, Apr 3, 7pm
All events at the Smith Center at Ohlone College
43600 Mission Boulevard
Fremont, CA 94539

Tickets available at:
www.smithcenter.com

You're Not Too Late for Class!

Ohlone College is bringing back Late-Start Classes! Take a selection of full credit semester courses, with start dates beginning in February, March or April. It's the perfect opportunity to get ahead, get into a course you missed, or add another class. Courses range from general education and biotechnology workshops to business and computer skills. For a complete list of late-start classes visit www.ohlone.edu/go/latestart

Full-Ride Scholarships for High School Students: The Ohlone Promise

High school seniors attending a public high school in the Tri-City area now have the opportunity to apply for The Ohlone Promise Scholarship. This full-ride, four semester scholarship will be awarded to 25 students who plan to attend Ohlone College full-time starting Fall 2015. The application period for the Ohlone Promise is February 23 - March 31, 2014. For more information and to apply, please visit www.ohlonepromise.com



IT'S NOT TOO LATE! > Register for Late Start Classes

THE TIME IS NOW.

OHLONE College

SPRING 2015 SCHEDULE: ohlone.edu/go/latestart



OHlONE College

continued from page 2

Healing the Heart

Successful Quintuple Bypass and Cardiac Rehabilitation
Restore Healthy Heart Function for Patient with
'Premature Coronary Artery Disease'

and grateful for his service. I've never known a doctor who cared so much."

After he was released to go home on October 28, Mr. Fajardo decided to take part in Washington Hospital's Cardiac Rehabilitation Program, which offers exercise sessions under the close supervision of an exercise physiologist and a registered nurse. A cardiologist who serves as medical advisor to the program also is available as needed. During exercises, the patient is connected to portable electronic equipment to monitor the heart rate and blood pressure.

Mr. Fajardo notes he is still attending Cardiac Rehabilitation Program sessions on Monday, Wednesday and Friday every week. He has not experienced any episodes of lightheadedness or other symptoms since the surgery. An Internet network engineer for Oracle, he returned to work on January 5 and started traveling for work again in early February.

"Mr. Fajardo and his family have a very positive outlook, which really helped with his speedy recovery," says Dr. Jolly. "We were all fortunate that he was diagnosed properly and treated effectively so he could get back to the life he enjoys."

"I'm still taking aspirin as a mild blood-thinner, and medications for my blood pressure and cholesterol, but I feel great and I can run two miles again without any problems," Mr. Fajardo says.

His wife adds, "We can't thank Dr. Jolly and the staff at Washington Hospital enough. As the old saying goes, you can have all the money in the world, but without your health, you have nothing."

For more information about the variety of cardiovascular programs at Washington Hospital, visit www.whhs.com and click on "Cardiovascular" under the "Services" tab. For information about the Cardiac Rehabilitation Program, which requires a physician referral, visit www.whhs.com/heart/cardiac_rehab.

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Successful Job Program opens in Union City

Arthur Shanks, Executive Director of Cypress Mandela, has been in the construction trade for over 40 years. "We have three things that we focus on at the training center: love, respect, and honor. Making life changes in kids is really what it's all about." Shanks credits the center's success to the hard work and dedication of the staff, some of whom are, themselves, graduates of the program.

At the opening ceremony, Dr. Arlando Smith, Co-Superintendent of the New Haven Unified School District, was excited about the transformative possibilities of the program. "It's harder to get into the middle class in California than it is in the rest of the country. When you think about what Cypress Mandela is about, it's really taking us back to the 1960's anti-poverty program. This is giving people who have struggled, a vehicle into the middle class."

Recent graduate, 20 year old Juan Ramirez joined a carpenter's union and will be making \$24 an hour working for Flatiron Construction Corp. He will be assigned to the Calaveras Dam Project, a six-year contract. Suc-

cess stories like this have earned the Cypress Mandela Training Center several national and local awards and recognition.

A key player in all of this was Nancy George, Executive Director of Kids' Zone, an after school academic and enrichment program based at the former Barnard White Middle School. It was her vision of a career initiative that brought Cypress Mandela to Union City. George exclaimed, "We're all about making sure that youth who are growing up in the Decoto neighborhood move into adulthood into successful careers. We're thrilled to have Cypress here as part of our partnership."

Interim City Manager of Union City Tony Acosta hopes to replicate this cradle to career model throughout the region. "Our service model is very simple: one person at a time. That's how you make real change."

There are still openings for the new Union City Cypress Mandela program. Applicants must be over the age of 18 and have a California driver's license. Applications can be submitted online at: www.cypress-mandela.org. Call (510) 208-7350 for more information.

Alameda Health System receives \$400,000 grant

SUBMITTED BY ALAMEDA HEALTH SYSTEM

Building on its successful six-year program, Alameda Health System (AHS) announced February 6 that Kaiser Permanente is continuing its support of AHS's Preventing Heart Attacks and Strokes Everyday (PHASE) program with a two-year, \$400,000 grant that will be administered by Alameda Health System Foundation. AHS will be expanding the number of patients participating in the PHASE program, which targets adults ages 45 to 74 who have uncontrolled diabetes or hypertension.

PHASE combines a fixed-dose medication regiment with lifestyle changes. Successfully implementing the program requires team-based care, with coordination between pharmacies and direct care providers, along with reliable patient data management.

"Too often we are providing care for patients with a multitude of chronic conditions, which is overwhelming for them to manage without support. The PHASE program allows people to learn about healthy choices and how to manage their chronic conditions," said Mark Maus, DO, MPH, AHS's Eastmont Wellness Medical Director. "Our team works with each patient to create a custom, individual plan that meets their needs."

In 2015, AHS will focus on patients served by its two largest free-standing clinics: Eastmont Wellness, located in East Oakland, and Hayward Wellness, located in Hayward.

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Hayward is currently seeking applicants to serve on the new Downtown Specific Plan Task Force. Apply now to lend your voice to this important visioning project. The Task Force will meet at least seven times over the course of 14 months to make recommendations on key issues and to weigh in on critical decisions leading to a preferred plan that establishes primary goals and strategies to achieve them.

The Downtown Specific Plan will provide a community-supported vision for Downtown, specific development and zoning standards, and implementation measures to realize the plan's goals and objectives. The plan will build upon Downtown Hayward's existing strengths and bolster efforts to energize the area. This effort will also bring the Downtown Specific Plan into sync with the updated General Plan, and provide implementation strategies for some of the over-arching policies in the General Plan.

Applications must be completed and submitted to the Development Services Department, Planning Division by 5 p.m. on Friday, February 27. Postmarks will not be accepted. Interviews will be held the week of March 1 and appointments to the Task Force will occur on February 9.

For a flyer and application, visit <http://www.ci.hayward.ca.us/>. Call Damon Golubics at (510) 583-4210 with any questions.

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Documentary film and food fundraiser

SUBMITTED BY
MARICELA GUTIERREZ

The South County Unaccompanied Minors and Migrant Families Collaborative cordially invites the community to attend a screening of "Which Way Home" a documentary that follows the lives of migrant children from Central America/Mexico on their journey to the U.S. This is a fundraising event where all proceeds will go to legal representation fees for unaccompanied children and migrant families seeking asylum in Southern Alameda County.

A donation of \$6 per ticket is requested. Tickets can be purchased at the door or pre-ordered through Eventbrite: <https://unaccompanied.eventbrite.com>.

chased at the door or pre-ordered through Eventbrite: <https://unaccompanied.eventbrite.com>.

Beverages and food will also be sold during the event. Location is wheelchair accessible.

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Solar Impulse unveils route of first Round-the-World Solar Flight attempt

SUBMITTED BY SOLAR IMPULSE
PHOTOS BY JEAN REVILLARD

Bertrand Piccard and André Borschberg, the Swiss co-founders and pilots of Solar Impulse, along with their partners revealed the detailed global flight route of Solar Impulse 2 (Si2). The first solar-powered plane able to fly day and night will land in 12 locations across the world and travel 35,000 kilometers in the first attempt to fly around the globe without using a drop of fuel. For pilots Piccard and Borschberg, the drive behind their mission is to demonstrate how clean technologies and a pioneering spirit can change the world.

“With our attempt to complete the first solar powered round-the-world flight, we want to demonstrate that clean technology and renewable energy can achieve the impossible. We want youth, leaders, organizations and policymakers to understand that what Solar Impulse can achieve in the air, everyone can accomplish here on the ground in their everyday lives. Renewable energy can become an integral part of our lives, and together, we can help save our planet’s natural resources,”



declared Piccard, initiator and chairman of Solar Impulse.

Si2 will take off from Abu Dhabi, capital of the United Arab Emirates, on March 1 (weather permitting) and return by late July or early August 2015. The route includes stops in Muscat, Oman; Ahmedabad and Varanasi, India; Mandalay, Myanmar; and Chongqing and Nanjing, China. After crossing the Pacific Ocean via Hawaii, Si2 will fly across the continental U.S.A., stopping in three locations – Phoenix, AZ and New York City. A location in the Midwest will be decided dependent on weather conditions. After crossing

the Atlantic, the final legs include a stopover in Southern Europe or North Africa before arriving back in Abu Dhabi.

The first round-the-world solar adventure will span approximately 25 flight days, spread over five months and covering approximately 35,000 kilometers at speeds of between 50 and 100 km/h.

“Solar Impulse is not the first solar airplane; however, it is the first able to cross oceans and continents – remaining in the air for several days and nights in a row without landing,” said Borschberg, Solar Impulse co-founder and CEO. “But now we have to ensure the sustainability of the pilot in order to complete the route; Solar Impulse 2 must accomplish what no other plane in the history of aviation has achieved – flying without fuel for five consecutive days and nights with only one pilot in the unpresurized cockpit.”

The public can follow the adventure on a daily basis on www.solarimpulse.com and through various social media platforms such as: twitter.com/solarimpulse, facebook.com/solarimpulse, plus.google.com/+solarimpulse, youtube.com/SolarImpulseChannel



February is Rotary Awareness Month



(Left to Right): Stew Park, President of the Rotary Club of San Jose; Robbie Izat, President of the Rotary Club of San Jose East/Evergreen; Yvette Merritt; Ed Jellen, District Governor; and Dave Cortese, President of the Santa Clara County Board of Supervisors.

SUBMITTED BY GINGER TAYLOR McDONALD

The Santa Clara County (SCC) Board of Supervisors encouraged all citizens to join them in recognizing Rotary International for its 110 years of service to improving the human condition in local communities around the world, announced Dave Cortese, President.

“It is a great honor to be acknowledged by the SCC Board,” said Ed Jellen. “Every year the collaborative effort of 4,000 Bay Area Rotarians donate on average \$1.5 million dollars and thousands of volunteer hours and expertise to help sustain vital community programs.” Jellen is Rotary District 5170 Governor.

The source of project funding begins with club fundraisers. The events are designed to captivate the interest that best serves the cultural tapestry of our Bay Area neighborhoods.

Funds are allocated to strengthen the capacity of communities by providing scholarships, youth leadership training, art and STEM (Science Technology Engineering Math) education in the classroom, computers, books, school supplies, hot breakfasts and luncheons, warm clothing, medical supplies, free health clinics for the uninsured and the global eradication of Polio to mention just a few. At the core of the projects is Rotary’s motto: “Service Above Self.”

For more information about the Rotary club, visit joinrotary5170.org



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Bullfrogs, bobcats and politics The Saga Continues....

By ERIC MILLS,
COMMUNITY RELATIONS,
OHS

"We are allowing the importation of something that poses an extinction threat to California native species, and a health threat, and we are saying it's a bureaucratic problem...? As far as I'm concerned, that's just not good enough."

CA Fish & Game Commissioner Richard Rogers, 2/12/12

BULLFROGS - The State Fish & Game Commission met in Sacramento on February 12. Agenda Item #32 was a "White Paper" produced by biologists from the Dept. of Fish & Wildlife (DFW) entitled, "Implications of Importing American Bullfrog (*Lithobates catesbeianus* = *Rana catesbeiana*) into California." ("White Paper" and video available on Commission's website - www.fgc.ca.gov.)

This issue has been before the Commission for 20+ years. Simple fix: Cease the permits for this highly-invasive species. Turtles, too. Back in 2010 the Commission twice voted unanimously to halt the permits. The Department refused, declaring, "The Director acts at the pleasure of the Governor." So much for the democratic process and any real concern for protecting our natural resources (which belong to us all). One wonders what the Governor's "pleasure" truly is on this issue. Ask him!

California annually imports some two MILLION bullfrogs every year for human consumption, plus an estimated 300,000 to 400,000 freshwater turtles. You'll find them in the many live food markets in various "Chinatowns" in Oakland, San Francisco, San Jose, Sacramento, Los Angeles, and elsewhere. The bullfrogs are commercially-raised, mostly in Taiwan and China, whereas all the turtles are taken from the wild in states east of the Rockies, depleting local populations.

Though it is illegal, many of these animals are bought by "dogooders" and certain religious sects, and then released into local waters, where they prey upon and displace our native species. The bullfrogs are known to eat other frogs, baby ducks, even western pond turtles.

Recent necropsies have documented that ALL the market frogs and turtles are diseased and/or parasitized: E. coli, salmonella, pasturella (all potentially fatal in humans), giardia, blood parasites, even one case of malaria. It is ILLEGAL to sell such products for human consumption, yet the sales go on unabated. Where's the Health Department?

Even more troubling, the majority of bullfrogs test positive for the dreaded chytrid fungus (*Batrachochytrium dendrobatidis*, or Bd), thought to have caused the extinctions of some 200 frog and other amphibians species worldwide in recent years. That alone should be ample reason to stop this commerce, yes? Even the water is contaminated.

Chuck Bonham, DFW Director (a Brown-appointed, as are all Commission members), noted that it was "extremely important" that all parties "be very careful and cautious" about issues relating to "cultural, social and religious community values." Say what?! NONE of these "values" are relevant to the issues at hand: environmental protection, public health risks and horrendous animal cruelty in the markets. The DFW is shirking its duties and mandate and playing the political game.

Director Bonham halted the "long-term" import permits for these animals, but continues issuing "short-term" permits. This changes nothing. More importantly, it goes against his own department's scientific recommendations. The DFW "White Paper" closes with this statement:

"Due to the serious threat emergent diseases pose to California's wildlife, the Department holds that importation of live American bullfrogs poses a significant threat to the wildlife of California. Current importation policy may not effectively limit or avoid the spread of diseases and invasive species, as evidenced by significant incidents of violations. As a result, the Department believes that a significant reduction or elimination of importation permits for live American bullfrogs would reduce the risks to California wildlife."

Director Bonham claims he doesn't have the authority to halt the permits. Sounds more like a lack of will than lack of authority.



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We're on the brink of losing all our native frogs. And what a sad world that would be. Talk's cheap. Time to ban the imports.

BOBCATS - Bobcat trapping was also on the Commission's agenda that day. Assemblymember Richard Bloom's AB 1213 bans this cruelty from about 60% of California. The intent of the original bill was to ban ALL bobcat trapping, but it was watered down in committee. Some 38 people spoke on this issue, the overwhelming majority of whom favored a state-wide ban on the trapping of these beautiful cats, a critical part of the eco-system.

Some 1600 bobcats are trapped annually for their fur, an unnecessary and brutal luxury item shipped primarily to China and Russia, a true "Crime Against Nature." The Commission is considering several options, one of which is a state-wide ban on all bobcat trapping, the obvious best choice.

WHAT YOU CAN DO: Express your concerns to the following:

Chuck Bonham, Director,
DFW; email - director@wildlife.ca.gov
Sonke Mastrup, Exec. Director, Fish & Game Commission - fgc@fgc.ca.gov
John Laird, Secretary of Resources - secretary@resources.ca.gov
Address for all: c/o Resources Building, 1416 Ninth Street, Sacramento, CA 95814

Governor Jerry Brown and all state legislators may be written c/o The State Capitol, Sacramento, CA 95814

Attend the Commission meeting in Santa Rosa on April 9, when both these issues will be on the agenda. For details: <http://www.fgc.ca.gov/>

NOTE: Three "unbacked" bills in need of authors: (1) ban sale of live frogs & turtles for human consumption; (2) require on-site veterinary care at all rodeos; (3) ban rodeo's brutal "steer tailing" event. DEADLINE: 2/27. INFO: afa@mcn.org

Thanks for caring.

Spring Academic Camp and private tutoring

SUBMITTED BY FUSS

Register now! This academic camp, April 6 – 10, aims at helping 2nd - 6th graders develop better math and language arts skills. Worksheets used are based on questions released by various states which have adopted the Common Core standards since 2010. Cost for the camp is \$65.

FUSS (Fremont Unified Student Store), a 501(c) 3 nonprofit organization, is happy to sponsor this student-initiated and student-coordinated event, because it meets FUSS's vision of empowering students to share their experiences, knowledge and skills with other students while raising money to support the programs and schools in Fremont Unified School District (FUSD).

We are also looking for current high school students to volunteer and help tutor the younger students participating in the Spring Break Academic Boot camps. Service hours will be provided to high school tutors.

Spring Academic Camp and Tutoring
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Trails Challenge at East Bay Regional Parks

SUBMITTED BY ISA POLT-JONES

The East Bay Regional Park District's (EBRPD) 22nd annual Trails Challenge is off and running! Each year, the Park District has challenged Alameda and Contra Costa residents to get out and enjoy their Regional Parks and Trails for fun and fitness. Thanks to a partnership with Kaiser Permanente of Northern California, the Trails Challenge is offered free to residents of Alameda and Contra Costa counties.

The Trails Challenge is a self-guided hiking program that gives participants an incentive to discover their Regional Parks, while promoting fitness through enjoyable outdoor exercise. "This is a great opportunity to explore parks for the first time – or visit old favorites," said Park District Board Member Beverly Lane, of Danville. "There's really something for everyone, from paved walks, to ambitious hikes – each with their own rewards."

Participants who register for the Trails Challenge receive a free T-shirt and online access to the 2015 trail guidebook. The booklet includes detailed trail descriptions, including driving directions, for hikes in 20 Regional Parks or Trails. Hikes range from easy to challenging. There are trails open to hikers, bicyclists, dogs, and equestrians, and many are wheelchair accessible.

While the program is designed to be self-guided, a number of naturalist-led hikes are offered during the year as well.

To complete the challenge, participants are asked to hike five of the trails – or 26.2 miles of trails – and submit a trail log. They receive a commemorative pin mailed to them. As in past challenges, the honor system applies.

Registration is now open, at www.RegionalParksFoundation.org. No telephone registrations are accepted for this program.

- 2015 Featured Parks & Trails:**
1. Don Castro Regional Recreation Area - Hayward
 2. Robert W. Crown Memorial State Beach - Alameda
 3. Bay Point Regional Shoreline - Bay Point
 4. Carquinez Strait Regional Shoreline - Martinez
 5. Oyster Bay Regional Shoreline - San Leandro
 6. Miller/Knox Regional Shoreline - Richmond
 7. Lake Chabot Regional Park - Castro Valley
 8. Coyote Hills Regional Park - Fremont
 9. Five Canyons Open Space - Castro Valley
 10. Anthony Chabot Regional Park (moderate trail) - Oakland
 11. Redwood Regional Park - Oakland
 12. Sunol Regional Wilderness - Sunol
 13. Diablo Foothills Regional Park - Alamo
 14. Anthony Chabot Regional Park (challenging trail) - Oakland
 15. Del Valle Regional Park - Livermore
 16. Las Trampas to Mount Diablo Regional Trail - Danville
 17. Briones Regional Park - Lafayette
 18. Morgan Territory Regional Preserve - Livermore
 19. Tilden Regional Trail - Orinda
 20. Wildcat Canyon Regional Park - Richmond



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Images of India

SUBMITTED BY
INDIA COMMUNITY CENTER

Children in three age categories: 4-5 years, 6-8 years, and 9-12 years old ages 4-12 are invited to participate in India Community Center's (ICC) Annual Children's Art Contest on Sunday, March 15, with the theme "Images of India." Participants will be asked to create pictures showing their favorite images of India. Images can be imaginary – based on books,

videos, or their own memories of a trip to India. Pencils, markers, crayons, color pencils, watercolors and oil pastels are permitted and must be brought by participants; paper will be provided.

Trophies will be awarded to the winners at ICC's Youthsava Dance Competition on Saturday, April 11. Each participant will also receive a certificate. To register, visit www.indiacc.org/art_contest. Registration fee costs \$5 for ICC members and \$10 for non-members.

ICC's Annual Children's Art Contest
Sunday, Mar 15
3 p.m. – 5 p.m.
India Community Center,
Mallavli Room
525 Los Coches St, Milpitas
(408) 934-1130
www.indiacc.org/art_contest
ICC members: \$5;
non-members: \$10

New Haven Unified School Board Report

SUBMITTED BY NEW HAVEN
UNIFIED SCHOOL DISTRICT

At the February 17 meeting, the Board recognized the Emanuel Elementary Robotics Team as the first district team to compete in a First Lego League (FLL) tournament. Of the sixteen teams that competed, the Emanuele Robotics Team placed fourth. As part of their project, the students have launched a campaign titled "Move It! Heart to Heart Movement." Their goal is to promote increasing academic and cardiovascular stamina and to show an increase in the percentage of proficient students in the Spring NWEA Language Arts and Math tests.

The Board also heard the requested update on the renaming of Alvarado Middle School to Irliong-Vera Cruz Middle School. In April of 2013, when the Board voted to rename the school, the Board suggested that the community would raise the funds necessary to finance the change. At the time of the renaming decision, the estimated cost was \$16,659. At the meeting, the Board was informed that the original estimate neglected to consider all the financial impacts of the change. The most costly items left off the original list was the six foot by sixteen foot cement sign at the front of the property. The cost to replace that sign alone is approximately \$20,000. The revised projected cost to change the name of Alvarado Middle School is \$46,000.

Co-Superintendent and Chief Business Officer Akur Varadarajan made a presentation to the Board regarding plans for use of the \$125 million in Measure M money intended for facilities and technology

projects in the district. Funds have already been set aside for district-wide solar projects, district-wide technology projects (infrastructure, devices, and peripherals), deferred maintenance, and bond program administration. Mr. Varadarajan shared three options with the Board for use of the remaining funds:

Option 1: Addressing High Priority Schools and Projects

Allocate a percentage of Measure M funds as directed by the Facilities Master Plan at the following sites: Hillview Crest Elementary, Pioneer Elementary, Searles Elementary, Alvarado Elementary, Logan High School Track and Field

Leave funds available for other schools/projects as described in the Facilities Master Plan

Option 2: Addressing High Priority Schools and Projects

Allocate a percentage of Measure M funds as directed by the Facilities Master Plan at the following sites: Hillview Crest Elementary, Pioneer Elementary, Searles Elementary, Alvarado Elementary, Logan High School Track and Field

Remaining funds would be used to create 21st Century Learning Environments at all other school sites

Enhancements to other sites and the Educational Services Center would also be made

Option 3: Major Renovations and 21st Century Learning Environments at Three Schools

Hillview Crest Elementary, Pioneer Elementary and Searles Elementary Schools would receive significant and substantial renovations

Staff recommended to the Board that Option 2 would be the best use of Measure M funds. The Board agreed and voted to implement Option 2.



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Includes new oil filter & up to 5 qts. of 10w30 or 10w40 and vehicle inspection.
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BUSINESS

Tax credit workshop for businesses

SUBMITTED BY THE CITY OF HAYWARD

The Governor's Office of Business and Economic (GO-Biz) is conducting public workshops in Oakland and Walnut Creek on how businesses can apply for the new California Competes Tax Credit. This income tax credit is available to businesses that want to come to California or stay and grow in California.

The City of Hayward is a member of the East Bay Economic Development Alliance (East Bay EDA), who is co-hosting the Oakland event. In January, Mayor Barbara Halliday was appointed as one of the Alameda County Mayor Conference representatives on the governing arm of East Bay EDA.

Over \$31.1 million is allocated for the next application round that runs March 9 through April 6, 2015. Tax credits agreements are negotiated by Go-Biz and approved by the California Competes Tax Credit Committee. The amount of the tax credit will be based on a number of factors including the number of jobs created or retained, the amount of investment by the business, and the extent of unemployment or poverty where the business is located.

All businesses (small, medium and large) are encouraged to attend the free workshops and receive instruction on how to apply for this new tax credit program. In fact, 25 percent of the amount of credits available is reserved for small businesses with gross receipts less than \$2 million.

California Competes Tax Credit Workshops:

Tuesday, Feb 24
1 p.m. – 2 p.m.
Walnut Creek City Hall
16666 North Main St, Walnut Creek

Wednesday, Feb 25
9:30 a.m. - 10:30 a.m.
Oakland City Hall
1 Frank H Ogawa Plaza, Oakland

Info: (510) 583-5542

Register:

<http://www.business.ca.gov/Programs/California-CompetesTaxCredit/Workshops.aspx>

Promotions announced at Greenstein Rogoff Olsen & Co.

SUBMITTED BY MELISSA PASTOR

Rose Lu Chen has been named as the newest Director at the firm. Chen has been with GROCO for over eight years and has been a practicing accountant since 2006. She received her CPA credentials in 2008 and performs tax and accounting work for a range of clients, including a number of high net worth individuals. Chen earned her MBA from Cal State University – East Bay with a 4.0 cumulative GPA, and worked as a television reporter in China prior to moving to the U.S.

Vivian Yuan has been promoted to Manager at the firm. Yuan joined GROCO in 2013 and specializes in business tax compliance and foreign reporting. She has written numerous tax newsletters and edited the book Doing Business in the U.S. as part of the firm's marketing efforts. Yuan received her BBA from Peking University, China and MSA from the University of Notre Dame, and has been a practicing accountant since 2008. She earned her CPA credentials in 2009.

Other promotions include Evonne House who has been promoted to Senior Staff Accountant. House joined GROCO in July 2013 as Staff Accountant Level II. Prior to joining the firm, she worked at Price Waterhouse Coopers in San Francisco, as part of its financial services and assets management group. House decided to move to Fremont in 2013 for life and work balance.

Amy Wang has been promoted to Staff Accountant Level II. Wang has been with GROCO since July 2013. She holds an MSA from Cal State University – Los Angeles in 2011, and a Masters Degree in Communications from the University of Louisiana in 2006 with a 4.0 GPA. She passed the CPA exam in 2012, and is now working on getting her CPA credentials.

For more information, visit www.groco.com

Life West receives green certification



Life West President Dr. Brian Kelly receives green business certification from Pamela Evans of Alameda County Green Business Program

SUBMITTED BY DIANA ROHINI LAVIGNE
PHOTO BY JACOB COVERSTONE

Life Chiropractic College West has received green certification from the Alameda County Green Business Program. The certification was presented at a Hayward Chamber of Commerce event on February 11 on their Hayward campus. Life West President Dr. Brian Kelly described the college's sustainability mission and its commitment to be an environmentally sensitive supportive partner to the community and lead by example. Dr. Timothy Gay explained operations of the Health Center and invited attendees to tour the facilities.

For more information about Life Chiropractic College West, please visit: www.lifewest.edu.



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Samsung buying mobile-pay co. in bid to challenge Apple Pay

BY ANICK JESDANUN
AP TECHNOLOGY WRITER

NEW YORK (AP)—Samsung is buying mobile-payment startup LoopPay as the Korean phone maker steps up to challenge Apple and its payment system on iPhones.

The deal strengthens speculation that Samsung Electronics Co. plans to include mobile-payment technology in its next major phone, which is expected to be announced March 1 at the Mobile World Congress in Barcelona.

Launched a year ago, LoopPay works by reproducing the signals from a credit card's magnetic swipe as users tap a LoopPay device next to a retailer's card reader. That means LoopPay should work with most retailers' existing payment terminals.

Most other mobile-payment systems, including Apple Inc.'s Apple Pay, require newer terminals with wireless chips called near-field communication, or NFC. That limits the number of retailers that

can accept such payments.

But LoopPay has had trouble with some older readers; restaurants and bars often couldn't process LoopPay transactions due to a variety of hardware and software issues. It also doesn't work with transit fares, parking meters and other machines that require the customer to fully insert a card, like a bank ATM.

Plus, it's not clear what will happen when merchants hit an October deadline for accepting cards with stronger security known as EMV, as LoopPay offers only the basic magnetic signals. NFC and Apple Pay equipment is newer and enabled for EMV. LoopPay is more of a retrofit — for a system being phased out.

Nonetheless, Samsung sees enough potential to buy the company. LoopPay estimates that its system works with 90 percent of merchants. Although there are more than 200,000 payment terminals in the U.S. that can accept NFC, that's out of several million.

"Our goal has always been to build the smartest, most secure, user-friendly mobile wallet experience, and we are delighted to welcome LoopPay to take us closer to this goal," said JK Shin, head of Samsung's mobile division.

David Eun, executive vice president at Samsung's Global Innovation Center, said the deal will help Samsung "significantly accelerate our mobile commerce efforts."

The companies didn't disclose financial terms or say when the transaction will close. LoopPay will continue to operate in Boston as a wholly owned subsidiary of Samsung.

So far, LoopPay has been available as accessories for iPhones and Android devices. Ownership by Samsung raises the prospect of shipping phones with LoopPay built in, a move that would expand the service's reach. The companies didn't say whether they will continue making the LoopPay accessories for non-Samsung devices.

AC Transit rolls out double decker bus

SUBMITTED BY
CLARENCE JOHNSON

AC Transit unveiled a 42-foot, double-decker bus in regular daily service on February 23, as part of a three-week pilot program. The 80-seat coach, offering its riders comfy excursions with spectacular views— particularly to and from San Francisco— made its first cruise on the Line U, from Fremont to Stanford University, before being deployed on other daily routes.

It will be the first public look at the sleek, high-capacity vehicle as it begins its trial trek, criss-crossing the Bay and along city streets. The idea is for AC Transit to gauge customer reaction, assess how well the bus functions and

ultimately determine whether the bus will be permanently added to its fleet.

“We have been operating Transbay service for more than 50 years, and we want to look at what is the best vehicle that best fits us now, given our current needs,” said AC Transit General Manager David Armijo. “We’ve tried a lot of different kinds of coaches. But, until now, we haven’t tried this one.”

For a close-up view, on Wednesday, February 25, the bus will be on display for the public from 10 a.m. to 5 p.m. in front of AC Transit’s headquarters at 1600 Franklin Street in downtown Oakland.

The bus offers panoramic views, foot rests, soft reclining



seats on its upper deck and an upgraded surveillance system to assist the driver. And there will be FREE FARES for all who board during its three-week odyssey.

There will also be ambassadors aboard each run, answering questions, ensuring passenger safety and distributing written surveys for riders’ feedback.

More information on AC Transit’s Double Decker Bus Pilot and its daily schedule can be found at www.actransit.org/doubledecker.

IT security for small business

SUBMITTED BY AARON GOLDSMITH

The Fremont Chamber of Commerce presents “IT Security for Small Business.” Featuring breakfast and a panel discussion, the event will provide useful information and opportunities for interaction for all attendees. The forum will inform attendees about the risks confronting small business in the 21st century in the IT (Information Technology) sector. It will also instruct businesses on the variety of resources available for owners and managers to increase their level of protection.

“Data breach is a frequent and alarming story in the business press,” said Cindy Bonior, president and chief executive officer for the Fremont Chamber of Commerce. “The issue not limited to big corporate entities nor is it as simple as data theft.”

Topics for the forum include: employee training and background checks, data management policies, risk assessment planning, employee behavior protocols, payment security processes and cybercrime response.

The goal of the event is help businesses go further than simply purchasing antiviral software and remembering a good password. It will arm businesses with the tools and knowledge to transform their business practices.

“Attendees will walk away thinking about their IT in a holistic manner while possessing the resources to enhance their security status,” said Bonior.

Confirmed panelists include:

Navraj Bawa - Chief Operations Officer, Unitek College

Robert Douglas - Founder, Planet Magpie

Richard Lucero - Chief of Police,

Fremont Police Department

Speaker TBD - Federal Bureau of Investigation

Tickets are \$20 for Chamber members, \$35 for non-members and \$10 for students (must show student ID). To register for the event, visit the events page on the Chamber website, www.FremontBusiness.com, or call Aaron Goldsmith at the Chamber at (510) 795 2244.

IT Security Forum for Small Business

Thursday, Mar 5

8:00 a.m. - 9:30 a.m.

Unitek College

4670 Auto Mall Pkwy, Fremont

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www.FremontBusiness.com

\$20 members/ \$35 non-members/ \$10 students

Shape Our Fremont

Where Fremont residents can learn about shaping proposed housing developments

While a lot of attention has been focused on plans for the area around the new Warm Springs BART station, development of the area around the future Irvington BART station is starting to take shape without much publicity.

The proposed developments are within the Irvington BART Transit Oriented Development (TOD) area, which extends a half mile in all directions from the future station. The properties to the north have already been heavily developed with three-story townhouses and a four-story residential tower, but those to the south along Osgood Road have remained untouched. That’s about to change.

Housing Comes First

The Irvington BART station is slated to be built near the intersection of Osgood Road and Washington Boulevard. The track is in place, but there is no firm date for the actual construction or opening of the station.

In the meantime, most of the land on both sides of Osgood Road within the TOD has been designated for Urban Residential development in the Fremont General Plan. That is the highest housing density allowed in the city and it permits developers to build from 30 to 70 dwelling units per net acre — usually apartments or condos in high-rise buildings. Currently, there are two developments being proposed for this area.

The first is the Osgood Residences development located at 42111 and 42183 Osgood Road, on the west side adjacent to the BART and Union Pacific Railroad tracks. These two adjoining properties cover a total of 1.6 acres and are currently occupied by two houses. The developer proposes to remove the houses and construct a single five-story tower surrounded by a private roadway. The ground floor of the tower will be a parking garage, and the upper four floors will have 93 condominiums.



Irvington Transit Oriented Development (TOD) area

Vehicle entrance and exit will be right-in/right-out driveways on southbound Osgood. This project has been formally reviewed by the City of Fremont Planning Department and is scheduled for presentation to the Planning Commission on March 12.

The second is the Osgood Road Homes development located on a single lot at 41868 Osgood Road, on the east side. This lot covers just one-half acre and is occupied by a house. The developer plans to remove the house and build a single five-story tower with a driveway along one side. A parking garage will occupy two floors — one below ground, and the other at ground level. The upper three floors will contain 31 condominiums. Vehicle entrance and exit will be a single right-in/right-out driveway on northbound Osgood. This project is still in a preliminary review process.

Impacts

Projects involving high-density housing can have significant impacts simply because of the large number of dwellings involved. The two developments currently being proposed have a total of 124 dwellings, but the entire half-mile Transit Oriented Development area along Osgood Road has the potential for adding up to 1,500 dwellings, all in multi-story buildings.

These 1,500 dwellings can be expected to result in an additional 1,500

to 3,000 vehicles entering, exiting, and making U-turns onto Osgood Road, which is already a busy commute route. This traffic will head north onto Washington Boulevard and Driscoll Road or continue south to Auto Mall Parkway — all of which are overcrowded commute routes. There are no other ways in and out of the area.

And finally, the number of children living in the new Osgood Road TOD area may add 500 or more students to the local schools. Many of these schools are already overcrowded, and access to them requires travel along busy streets.

...and Issues

In addition to specific impacts, there are also some broader issues. One is whether these Transit Oriented Development projects should be built until the Irvington BART station is opened. Although funding for the station was included as part of the recently approved Alameda County Measure BB, there is no firm construction date and no guarantee that the approved funds will be sufficient to finish the project.

Another issue is whether such high-density developments should be built on individual small lots, or whether it would be better to require larger lot sizes to allow a more unified planned district. Larger lots would reduce the number of in/out driveways along Osgood and provide room within each development for walkways, tot lots, and other features needed in an urban community.

To express your comments and concerns about these projects, contact the Planning Department:

Osgood Road TOD: Kristie Wheeler at kwheeler@fremont.gov

Osgood Residences: Terry Wong at twong@fremont.gov

Osgood Road Homes: David Wage at dwage@fremont.gov

See more about these and other development projects at: www.ShapeOurFremont.com

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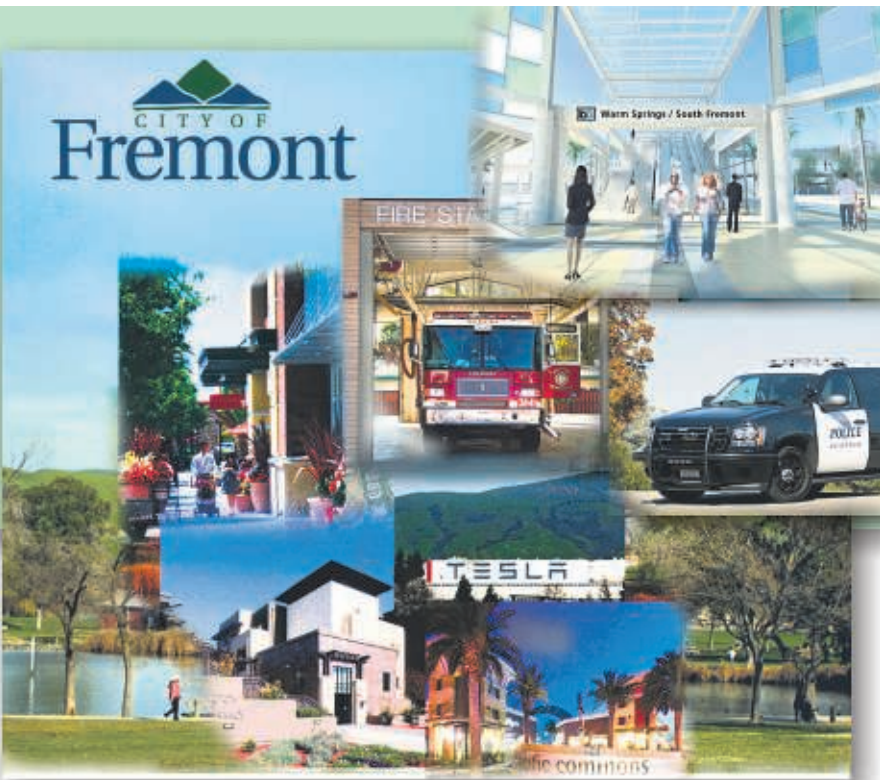
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PSA Encourages Bi-Cultural Chinese Parents to Recognize Emotional Issues and Seek Support for Their Children

Every parent's goal is to raise confident, healthy and successful kids, but oftentimes, parents are unaware or find difficulty in helping their children combat depression, anxiety and/or phobias. And as

today's youth faces pressure from parents, peers and social media, it's more important than ever for parents to pay special attention to their children's social and emotional development.

Thanks to a Kaiser Community Foundation grant, the City of Fremont Youth and Family Services (YFS) received \$30,000 to develop parent awareness, promote education for Mandarin-speaking families and increase access to essential mental health services for Chinese American youth.

Chinese-American community leaders and volunteers supported City of Fremont Youth and Family Services Division in the creation and production of a public service announcement, encouraging other Chinese parents to recognize emotional issues their children may be facing and to seek professional mental health services.

You can watch our 90-second video at www.Fremont.gov/Mandarin90

You can watch our 3-minute video at www.Fremont.gov/Mandarin3

"Often, eastern cultures discourage emotional expression and prefer to solve issues privately within the family because they feel embarrassed when disclosing concerns," says Dr. Helen Hsu, a clinical psychologist at YFS, and current Vice President of the Asian American Psychological Association. "Our goal is to provide information to decrease community stigma, which creates barriers to good student health."

Fremont Youth and Family Services has offered parenting education workshops in Mandarin to the Tri Cities area since 2012. Building



on the success of these workshops, the division plans to build capacity to reach parents of children 0 years to 18 years. Workshops will provide a culturally responsive and supportive environment for parents to gain knowledge and skills from a licensed mental health

counselor about child development, strategies for optimizing social and emotional success, along with stress management techniques. The workshops also provide parents with a place to build relationships and peer support with other parents. Topics include:

- Bi-cultural parenting
- Responding to challenging child behaviors
- Improving family communication
- Awareness of youth culture and school pressures
- How to recognize warning signs of serious mental illness

YFS, as well as other providers, strive to make its services available to Fremont and Tri-City residents by offering a variety of school-based programs, in addition to workshops. YFS is just one of the City's many divisions within the Human Services Department. Fremont is fortunate to have numerous programs dedicated to children, youth, families, and seniors.

For more information on these workshops and available support and services, please contact Fremont's Youth and Family Services' Joan Zhang at 510-574-2157 or jqzhang@fremont.gov, or visit www.Fremont.gov/YFS.

The City of Fremont strongly encourages wide distribution of these public service announcements via television, radio, websites, and social media:

90-second video:

www.Fremont.gov/Mandarin90

3-minute video:

www.Fremont.gov/Mandarin3

Sign up for a Free Personal Emergency Preparedness Class

The City of Fremont's Fire Department is offering a free Personal Emergency Preparedness (PEP) class, which will teach you how to take care of yourself and your family before, during and after a disaster.

In just a single three-hour class, you will become an expert in:

- Earthquake and Disaster Awareness
- Gas, Electric and Water Shut-off
- Hazardous Material Awareness
- Fire Extinguisher Types
- Smoke Detector Placement
- Sheltering In-place

Classes are held from 7 p.m. to 10 p.m. on the following dates:

- March 10
- May 13
- July 8

- September 24
- November 10

Special Saturday classes will be held from 9 a.m. to 12 p.m., with hands on training after class, on the following dates:

- March 14
- July 18
- October 17

All classes will be located at the Fremont Fire Training Tower, located at 7200 Stevenson Blvd., west of Interstate 880.

To register for a free PEP class, please call 510-494-4244 or send an email to FirePubEd@fremont.gov.

If you are part of a group and would like to schedule your own personal group PEP class, please contact Chuck Guaraglia, Public Education with the Fremont Fire Department, at 510-792-3473 or guaragiac@comcast.net.



Volunteer Income Tax Assistance Program

Through April 15, trained IRS-certified VITA tax preparers from the SparkPoint Fremont Family Resource Center (FRC) Volunteer Income Tax Assistance (VITA) Program will be providing free quality tax preparation with e-filing for qualified individuals and families with household incomes of \$53,000 or less annually.

Tax preparation assistance will be available at the Fremont Family Resource Center Mondays and Wednesdays from 4 p.m. to 8 p.m. and Fridays from 10 a.m. to 1 p.m. Tax preparation assistance is also offered in locations throughout the Tri-City area.

Since 2002, FRC VITA has helped over 16,000 families and individuals to receive over \$25 million in refunds. You may qualify for up to \$6,044 of additional refund through the Earned Income Credit. The Volunteer Income Tax Assistance (VITA) program is sponsored by the Internal Revenue Service (IRS) and the United Way of the Bay Area Earn It! Keep It! Save It! Coalition.

For more information, please contact SparkPoint Fremont at 510-574-2020 or visit www.Fremont.gov/SparkPointFRC.



Advanced Social Media Strategies Workshop

Does your small business have a social media presence? Are you interested in learning about more advanced techniques and strategies to expand your social media presence? If so, attend the Advanced Social Media Strategies workshop for small businesses. Topics include understanding who is visiting your site, visitor engagement, use of metrics and analytic tools. This free workshop will be held on Wednesday, March 4 from 9 a.m. to 12 p.m. at the Fremont Main Library, located 2450 Stevenson Blvd.

For more information or to register please visit www.acsbdc.org/events2.

Join the Cause - Fremont's Habitat Restoration Days for Sabercat Creek

Love nature and serving the community? Join the City of Fremont's Environmental Services for a day of habitat restoration work on Sabercat Creek the first Saturday of every month from 10 a.m. to 1 p.m. and the third Sunday of every month from noon to 4 p.m. We will be weeding, planting native trees and shrubs, and creating or restoring plant basins and mulch mats around native plants to preserve soil

moisture and decrease competition from aggressive exotic plants.

Volunteers of all ages are welcome, and a signed waiver form is required for each participant. Minors under 18 must bring a waiver form signed by a parent or guardian. Children 12 or under require an accompanying adult.

Please bring a reusable water bottle and clothing that is suitable for outdoor work (hats, sunscreen,

sturdy closed toe shoes, long pants, and long-sleeved shirts are recommended). We will be providing gloves and tools, but you are also welcome to bring your own.

For more information, visit www.Fremont.gov/SabercatCleanup. Please contact Barbara Silva at bsilva@fremont.gov or 510-494-4575 if you have any questions.



Connect with Us:



Home & Garden



If you like to look at decorating magazines, you've probably noticed a popular lighting trend: installing a hanging light fixture above the bed. This is not only a great look, but it also provides good general lighting for the entire room.

4. Dress the windows.

Maybe you already have room-darkening shades or blinds— that's great. But adding fabric will do wonders for the room. Consider curtain panels in a color that coordinates with your bedding, or a tailored valance like a box pleat or mock Roman shade style. I like to use colors and styles with a timeless quality to them, so in general, simple styles are best.

5. Add hotel room amenities.

Comfortable hotel rooms have some additional seating— perhaps a chair and small table by the window, or a reading chair in

Tips to a Beautiful Bedroom

I once met with a client about redecorating her living room. She showed me around the house, which was quite beautiful. When we got to her bedroom, she showed me a very plain room, with hand-me-down furniture, very inefficient lighting, and no decor at all. I asked her about it, wondering why we were working on her living room when her bedroom needed so much TLC. She said, "Everyone sees the living room; only my husband and I see the bedroom!" My immediate thought was: Aren't you and your husband deserving of a beautiful space too? Master bedrooms are often the last rooms to be tackled, but, as the room you retreat to at the end of a busy day, wouldn't it be great to move it up the priority list?

Here are some tips to make your master bedroom a retreat.

1. Highlight the bed.

The bed is the focal point of the room, and should take center stage. It should go on the longest wall in the room, and should be the first thing you see when you enter. Besides new bedding, which I will get to in a moment, add some interest to the wall behind the bed using an accent color on the wall, or a beautiful wallpaper, or a paint technique like wide horizontal stripes.

2. Dress the bed.

Treat yourself to beautiful bedding— a duvet cover is great because it can be laundered easily, but some people prefer comforters or quilts. I like to dress a bed with a quilt or coverlet, with a folded comforter at the foot of



the bed. I also really like pillows. A beautiful bed has decorative pillow shams, as well as throw pillows. Pillows add color, texture, pattern and are a perfect finishing touch. Even if you or your partner are averse to pillows (I know they end up on the floor every night), do add at least one!

The bed just doesn't look finished without decorative pillows.

Every bed needs a headboard— this could be wood, iron, or upholstered. I love the look of upholstered headboards. Remember that headboards can always be re-upholstered or painted, so as you are shopping, look for shapes you like, and don't worry too much about the color of the wood or fabric. That can always be changed. You might find a great bargain online or at a consignment store.

3. Address the lighting.

Beside table lamps should be on the taller side— if your night stands are 24"-30" tall, then the lamps should be around 30-32" or so— to provide adequate light for reading. As an alternative, install wall-mounted light fixtures, or pendant lights above each nightstand. In my own bedroom, I asked my contractor to install pendant lights, with a dimmer switch on each side of the bed. Pendants or wall lights are a great option when you want as much room as possible on top of the bedside tables.

the corner. If you like to work in your bedroom, consider adding a writing table or small desk for a laptop. A bench at the end of the bed is a nice place to sit and put on shoes, or lay out your clothes for the day. Think about your favorite hotel— wouldn't it be nice to feel like you are on vacation in your own bedroom?



Anna Jacoby is a local Certified Interior Designer. Contact her at 510-490-0379 or info@annajacobyinteriors.com. You could also visit her website at www.annajacobyinteriors.com



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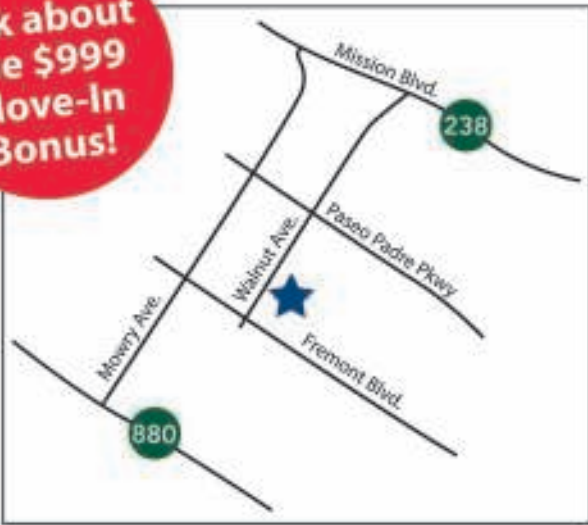


100% Satisfaction Guarantee

At Carlton Plaza of Fremont, we create truly delicious meals for our residents and we revel in continually receiving 100 percent satisfaction scores for our culinary expertise. Addressing each resident's dietary needs, managing nutritional values, and monitoring sodium intake are vital, but what good is having the right food if it doesn't taste great?

Call today to schedule a visit and complimentary luncheon.

Tom MacDonald
Founder



Every Day is Delicious

Carlton Plaza of Fremont features a resort style restaurant where residents gather to enjoy delicious meals prepared by a talented chef. Cooked from scratch with an abundance of local ingredients, the menu includes seasonal specialties, two soups prepared daily and a large selection of always available favorites. With all-day dining and the Carlton Café, there's always something tasty to enjoy. The dining room management and staff provide attentive, fast service with every meal, every day. They know the dietary needs and routines of residents and can be an extra set of watchful eyes, ready to provide assistance when needed.

Carlton Plaza of Fremont: Great food, friends and fun!



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3800 Walnut Avenue · Fremont
(510) 505-0555
CarltonSeniorLiving.com

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Independent Living · Assisted Living

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Instilling Confidence



groups, Kaur needed something more home-based. She also felt that there was a lack of professional theater training for children in the region. From these needs, The Theater Factory was born.

Kaur grew up in northern India, in the city of Shimla. She earned a master's degree in theater at Panjab University in Chandigarh, was involved in numerous productions, and went on to work on several films. Her greatest love, however, was working with children. Several children under her tutelage later acquired leads in Bollywood films such as "Three Idiots" and "The Blue Umbrella."

Although Kaur once swore to her mother that she would never leave Bombay, fate had other plans. On a visit to the United States to see her sister, Kaur met a man who would have been her neighbor in India. They got married and she moved her work to the U.S. She says she owes her successes to him. "He let me fly and do what I wanted to do."

Now a year into the program, Kaur is changing the lives of local kids through her theater programs. Each session lasts six months. The cost is \$75 per month, per child. At the end of the session, the children put on a production for their parents and the community. The plays are one-act original productions written by Kaur, with the inspiration for the stories stemming from contemporary social issues.

The Theater Factory has produced two plays so far, "The Ugly Buckling" and "Betty and Her Feast." "The Ugly Buckling" deals with the issue of bullying, a very hot topic these days. "When I had my son, I heard about children dying from bullying. I couldn't imagine losing a child to bullying." "Betty and Her Feast" addresses the overuse of technology among children today. The main character, Betty, is having a birthday party. Sadly, no one can make it to the party because all of

the guests are too busy sending her birthday wishes online. It is a combination of fantasy, fiction, and satire, with Western and Indian music and choreography.

Kaur hopes to eventually take this program nationwide. She is currently working with a local church, trying to form a non-profit organization to keep costs low for program participants. "I love working with kids! I feel they are raw dough that can be molded into anything. It's a symbiotic relationship. They learn from you and you learn from them."

Children in these programs gain more than acting experience. They gain confidence, the ability to work with others, and leadership skills. One child that has really shone this session is Abraham; Abraham has Down's syndrome. His parents sought out a variety of methods to work with him, and The Theater Factory has been a tremendous blessing to Abraham and his family. The other children in the class don't treat him like he's different; he is just like any other kid in Kaur's class. She has found that the theater exercises come naturally to children, where adults would have difficulty.

"It is amazing what these kids achieve in six months. It is really beautiful," Kaur says.

The Theater Factory is presenting its two original plays on Sunday, March 1 at the Little Theater at Chabot College in Hayward. Tickets are \$10 and are available at the door or through The Theater Factory. For more information, please call (510) 709-5082 or see their Web site at www.thetheaterfactory.com.

Betty and Her Feast & The Ugly Buckling
Sunday, Mar 1
4:30 p.m.
Chabot College
Little Theater, Bldg. 1200
25555 Hesperian Blvd, Hayward
(510) 709-5082
www.thetheaterfactory.com
Tickets \$10

continued from page 1

Students display Art skills in AP Studio show



Last year students earned a 100 percent pass rate in AP Studio: Drawing and AP Studio: 3D Design. Many past Mt. Eden students have continued their studies at top art colleges: Lissette Pomart (Class of 2014) is studying Illustration/Animation at California College of the Arts, E-Jay Avellanosa (2013) is a Visual Development major at Academy of Art University, Jason Lee (2013) is studying Digital Arts and Animation at Cogswell Polytechnical College, Paola Lopez (2010) received a Fashion Design degree from Fashion Institute of Design & Merchandising; San Francisco, and Michael Brambilla (2009) studied Fashion Design at Parsons The New School for Design in New York City.

A special evening opening reception will be held on Thursday, February 26 during Mt. Eden's 8th Grade Parent Night and Open House. Art will remain on display through April 9. Feel free to



stop by to check out the show any day at lunch or Thursdays until 5 p.m. Don't miss this inspiring show by Mt. Eden's finest artists!

AP Studio Art Senior Show
Through Thursday, Apr 9
Monday – Wednesday & Friday, 8:00 a.m. – 3:30 p.m.
Thursday, 8:00 a.m. – 5 p.m.

Special Reception
Thursday, Feb 26
6:30 p.m. – 8:00 p.m.

Mt. Eden Gallery of Art
Mt. Eden High School
2300 Panama St, Hayward
Room L4
(510) 723-3180 ext. 62274

THE THEATER FACTORY

A Little Happiness Foundation PRESENTS:

BETTY AND HER FEAST & THE UGLY BUCKLING



Sunday, March 1
Doors open 4:30pm

call 510-709-5082
www.thetheaterfactory.com

Chabot College, Little Theater Bld. 1200, 2555 Hesperian Blvd. Hayward

Home Sales Report

CASTRO VALLEY TOTAL SALES: 13						
Highest \$:		899,000	Median \$:		616,000	
Lowest \$:		425,000	Average \$:		654,885	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
17901 Beardsley Street	94546	732,000	3	1899	1965	01-28-15
17917 Beardsley Street	94546	600,000	3	1016	1953	01-23-15
18467 Clifton Way	94546	705,000	5	2460	1955	01-28-15
18274 Crest Avenue	94546	616,000	2	972	1950	01-21-15
18609 Crest Avenue	94546	602,500	3	1340	1955	01-28-15
21160 Dawe Avenue	94546	425,000	2	905	1948	01-23-15
3716 Greenhills Avenue	94546	715,000	4	2026	1987	01-27-15
3740 La Costa Avenue	94546	808,000	4	2934	1990	01-21-15
21462 Outlook Court	94546	501,000	3	1300	1958	01-23-15
18986 Patton Drive	94546	500,000	3	1176	1949	01-23-15
2457 San Carlos Avenue	94546	575,000	3	1196	1953	01-28-15
17730 Chateau Court	94552	835,000	4	2262	1984	01-21-15
25598 Gold Ridge Drive	94552	899,000	4	2475	1997	01-22-15

FREMONT TOTAL SALES: 24						
Highest \$:		2,900,000	Median \$:		716,000	
Lowest \$:		345,000	Average \$:		868,438	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
38243 Ashford Way	94536	835,000	3	1770	1963	01-21-15
38862 CherryGlen Cn 135	94536	506,000	2	1168	1987	01-21-15
38516 Jones Way	94536	760,000	2	1646	1958	01-23-15
37640 Los Arboles Drive	94536	530,000	3	1370	1970	01-21-15
37408 Monteverde Terrace	94536	620,000	3	1519	2006	01-27-15
38486 Redwood Terrace	94536	621,000	3	1521	1982	01-21-15
181 Spetti Drive	94536	716,000	-	1496	1977	01-23-15
39063 Walnut Terrace	94536	345,000	1	845	1984	01-26-15
4375 Cahill Street	94538	538,000	3	950	1955	01-28-15
4868 Calaveras Avenue	94538	610,000	3	996	1959	01-26-15
4470 Hardwood Street	94538	876,000	3	1337	1960	01-21-15
40259 Paseo Padre Pwy	94538	640,000	3	1185	1961	01-26-15
4541 Seneca Park Avenue	94538	898,000	4	1656	1964	01-23-15
4133 Woodcrest Drive	94538	670,000	3	1120	1960	01-22-15
40772 Laguna Place	94539	900,000	3	1342	1964	01-28-15
43520 Ocaso Corte	94539	886,000	3	1780	1979	01-21-15
333 Pagosa Way	94539	1,445,000	4	3167	1988	01-26-15
800 Phoenix Court	94539	1,459,000	4	2520	1985	01-27-15
850 Vista Hill Terrace	94539	2,900,000	4	4474	1999	01-21-15
4349 Calypso Terrace	94555	825,000	3	1988	1992	01-23-15
3361 Lacock Place	94555	1,210,000	5	3165	1978	01-27-15
33193 Lake Garrison St	94555	620,000	3	1629	1969	01-21-15
4589 Rousillon Place	94555	682,500	4	1642	1986	01-23-15
32701 Shaver Lake Street	94555	750,000	0	1889	1976	01-27-15

HAYWARD TOTAL SALES: 28						
Highest \$:		880,000	Median \$:		382,500	
Lowest \$:		270,000	Average \$:		439,518	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
1630 170th Avenue	94541	310,000	2	1327	1951	01-26-15
22779 Bayview Avenue	94541	510,000	3	1242	1951	01-22-15
20980 Birch Street #1	94541	347,000	2	1101	1980	01-23-15
2196 Bright Place	94541	588,000	3	1840	1976	01-21-15
23872 Odom Drive	94541	347,000	2	824	1951	01-28-15
1775 Panda Way #110	94541	289,000	2	899	1980	01-22-15
22851 Santa Clara Street	94541	335,000	3	1037	1950	01-27-15
260 Sunset Boulevard #8	94541	270,000	2	926	1981	01-27-15
25385 Uvas Court	94541	440,000	2	1536	1976	01-22-15
707 Veranda Circle	94541	419,000	3	1381	2004	01-21-15
3800 Aqua Vista Court	94542	880,000	4	2669	2000	01-23-15
1299 Highland Boulevard	94542	365,000	2	849	1947	01-27-15
1693 Highland Boulevard	94542	650,000	3	1348	1957	01-22-15
24968 Arbor Crest Circle	94544	605,000	4	2089	2001	01-27-15
216 Catherine Place	94544	603,000	-	-	-	01-26-15
220 Catherine Place	94544	617,000	-	-	-	01-27-15
921 Cheryl Ann Circle #1	94544	280,000	3	1245	1979	01-28-15
27785 East 11th Street	94544	382,500	3	1268	1958	01-27-15
30685 Hoylake Street	94544	540,000	3	1673	1955	01-26-15
26644 Luvena Drive	94544	315,000	3	951	1950	01-26-15
31785 Medinah Street	94544	420,000	3	1233	1956	01-21-15
27728 Persimmon Drive	94544	380,000	3	1457	1977	01-22-15
27850 Pompano Avenue	94544	400,000	3	1000	1954	01-23-15

71 Revere Avenue	94544	366,000	3	1485	1951	01-28-15
31846 Valley Forge Street	94544	365,000	3	1580	1951	01-28-15
28387 Cubberley Court	94545	555,000	4	1775	1964	01-22-15
1231 Radcliff Lane	94545	455,000	3	1294	1957	01-23-15
21228 Gary Drive #418	94546	273,000	2	1062	1982	01-23-15

MILPITAS TOTAL SALES: 13						
Highest \$:		810,000	Median \$:		671,000	
Lowest \$:		375,000	Average \$:		640,462	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
302 Alvarez Common	95035	810,000	3	1772	2006	01-23-15
157 Ethyl Court #3	95035	375,000	2	882	1971	01-21-15
633 Fernleaf Drive	95035	714,000	3	1454	2013	01-27-15
1681 Grand Teton Drive	95035	765,000	3	1484	1965	01-27-15
2025 Lee Way	95035	671,000	-	-	-	01-27-15
2029 Lee Way	95035	625,500	-	-	-	01-29-15
2037 Lee Way	95035	633,500	-	-	-	01-29-15
1419 Nestwood Way	95035	662,000	2	1316	2013	01-23-15
1435 Nestwood Way	95035	676,000	2	1357	2013	01-26-15
1177 North Abbott Ave	95035	425,000	2	1174	1979	01-22-15
1663 Pinewood Way	95035	689,000	4	1357	1966	01-21-15
800 South Abel St 205	95035	565,000	2	1259	2007	01-22-15
300 Spence Avenue	95035	715,000	3	1235	1955	01-27-15

NEWARK TOTAL SALES: 07						
Highest \$:		845,000	Median \$:		548,000	
Lowest \$:		350,000	Average \$:		569,929	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
39865 Cedar Blvd 128	94560	350,000	2	1071	1986	01-23-15
39821 Cedar Blvd 210	94560	411,500	2	1283	1986	01-22-15
36298 Crystal Springs Dr	94560	845,000	4	2317	1999	01-23-15
8233 Juniper Avenue	94560	548,000	3	1360	1961	01-23-15
6294 Lido Court	94560	600,000	3	1690	1979	01-26-15
36237 Toulon Place	94560	500,000	3	1100	1960	01-22-15
5882 Wintergreen Drive	94560	735,000	4	1915	1967	01-26-15

SAN LEANDRO TOTAL SALES: 12						
Highest \$:		659,000	Median \$:		410,000	
Lowest \$:		270,000	Average \$:		439,833	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
1283 Alder Creek Circle	94577	555,000	3	1567	2003	01-23-15
2483 Blackpool Lane	94577	329,500	2	1659	1979	01-21-15
14357 Doolittle Drive	94577	270,000	2	1047	1974	01-22-15
240 Kenilworth Avenue	94577	600,000	4	1795	1925	01-26-15
353 Maud Avenue	94577	322,000	2	1616	1972	01-22-15
13725 Seagate Drive #274	94577	410,000	3	1595	1988	01-23-15
591 Tiffany Road	94577	409,000	2	891	1948	01-21-15
544 Victoria Court	94577	659,000	4	2001	1915	01-23-15
1499 Virginia Street	94577	460,000	4	1432	1943	01-27-15
1045 Fargo Avenue	94579	435,000	3	1358	1950	01-21-15
15080 Wenison Street	94579	463,500	3	1076	1948	01-23-15
751 Woodgate Place	94579	365,000	3	1356	1975	01-27-15

SAN LORENZO TOTAL SALES: 05						
Highest \$:		505,000	Median \$:		469,000	
Lowest \$:		335,000	Average \$:		451,800	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
1787 Via Buena Vista	94580	505,000	3	1967	1952	01-28-15
31 Via Matero	94580	450,000	3	1024	1951	01-27-15
17368 Via Melina	94580	500,000	3	1687	1952	01-27-15
17065 Via Perdido	94580	335,000	3	1068	1947	01-23-15
1778 Via Redondo	94580	469,000	3	1078	1954	01-28-15

UNION CITY TOTAL SALES: 09						
Highest \$:		749,000	Median \$:		645,000	
Lowest \$:		428,000	Average \$:		597,000	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
4525 Ellen Way	94587	672,000	3	1320	1971	01-21-15
4306 Granite Court	94587	654,000	-	1521	1979	01-26-15
32774 Hanford Court	94587	480,000	3	1566	1985	01-23-15
4303 Lisa Drive	94587	614,000	3	1426	1979	01-21-15
109 Mahogany Lane	94587	749,000	3	1867	1999	01-21-15
35560 Monterra Trc #201	94587	428,000	3	1200	2001	01-22-15
343 Riviera Drive	94587	645,000	4	1848	1963	01-26-15
2443 Tartarian Way	94587	680,000	3	1505	1975	01-27-15
1747 Tulane Street	94587	451,000	3	1120	1960	01-22-15

Unitek College celebrates expansion, holds health fair

SUBMITTED BY JOELLEN SUTTER-FIELD

Unitek College, in partnership with the Fremont Chamber of Commerce, held their second annual Health Fair Wednesday, February 18th. Fremont Mayor Bill Harrison participated in a ribbon-cutting ceremony for Unitek College's new campus expansion. Janis Paulson, chief executive officer of Unitek College and parent company Health Ed, Inc. spoke of expansion of the college. "This year we have the chance to expand our reach, connecting the community with even more of our local hospitals, healthcare professionals, government agencies, and resources to provide preventive health screenings and assistance referrals." In honor of February's American Heart Month, exhibitors provided giveaways and material promoting wellness and awareness. Attendees had an opportunity to visit with vendors and local agencies and discuss diet & exercise, blood pressure & fitness testing, oral cancer and vision screening, glucose testing and free massages. Special resources were available for veterans and seniors. "Unitek College is an important asset in the Fremont community," said Fremont Mayor Bill Harrison. "Events such as this health fair allow members of the

community to receive preventive health screenings as well as access to fitness and wellness resources, all under one roof. The ground-breaking for Unitek's campus expansion demonstrates their commitment to provide quality nursing education in the Tri-City area." Unitek College offers programs in Medical Assisting, Pharmacy Technician, Vocational Nursing, Registered Nurse Bridge - LVN to RN, and a Bachelor's of Science in

Nursing - RN to BSN program. The Baccalaureate Degree in Nursing program at Unitek College is accredited by the Commission on Collegiate Nursing Education. Unitek College is also accredited by the Accrediting Commission of Career Schools and Colleges and approved by the Bureau for Private Postsecondary Education. The Vocational Nursing program is approved by the California Board of Vocational Nursing and Psychiatric Technicians.

Unitek College's LVN to RN Transition ADN program is approved by the Board of Registered Nursing. Unitek has a satellite campus in San Jose and branch campus in Sacramento.

Unitek College
4580 Auto Mall Pkwy, Fremont
(888) 775-1514
www.unitekcollege.edu



Ask a friend to find each type of word on the blanks below in the newspaper. Use these words to fill in the blanks. Then read the story aloud!

Standards Link: Research: Use the newspaper to locate information.

---	---

Find the two identical hockey players.

Learning from

How many differences can you find?

Standards Link: Research: Find similarities and differences in common objects.

Standards Link: Civics: Understand why civic responsibility is important and know examples

Each player except one sticks a strip of folded newspaper into his/her waistband so that it hangs out and down. The player who has no newspaper is It. The object of the game is to pull the newspaper out from another player's waist. Then that player is It.

Standards Link: Spelling:
Spell grade-level
appropriate words correctly

1.	6.	11.
2.	7.	12.
3.	8.	13.
4.	9.	14.
5.	10.	15.

1 - 4 words: Classroom Contender
5 - 9 words: Major League Reader
10 - 14 words: All-Star Speller
15 + words: World Champion Wordsmith

Standards Link: Reading Comprehension: Follow simple written directions

R	W	R	U	E	T	A	M	A	E
O	E	E	D	I	R	P	T	R	M
R	N	P	D	L	O	R	E	S	O
W	O	O	A	B	O	Y	C	L	T
A	I	S	J	P	A	H	S	L	I
I	T	E	S	L	S	M	H	I	O
S	C	A	P	M	A	W	P	K	N
T	E	A	G	E	R	N	E	S	S
I	S	O	T	W	I	C	E	N	N

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

Find at least three newspaper photographs of athletes in motion. Write a poem that describes the movement captured in one of the pictures. Display the photo and your poem on a sheet of construction paper.

Standards Link: Writing Applications: Write in a variety of forms and genres.



ANSWER: They needed a good partner.



Is a free press important?
Why or why not? Tell us
your opinion.

The plural noun **responsibilities** means things one has to do as part of a job or particular role.

Girl Scout leaders have many **responsibilities** including teaching fire safety.

Try to use the word **responsibilities** in a sentence today when talking with your friends and family members.

LETTER TO THE EDITOR

Mission Peak hiker fees

Fremont’s Mayor Bill Harrison has requested new hiker fees to restrict public access to Mission Peak. Because the City’s February letter to the East Bay Regional Park District lacks substantive detail, EBRPD should ask Fremont to flesh out their proposal before it reaches the agenda for consideration.

The City’s proposal begs many questions. Would EBRPD need voter approval for a change in their charter, since they’ve never charged per capita park fees? How would the City’s proposal address parking congestion? How would tiered hiker fees apply to children and seniors, to visitors’ place of residence and to frequency of use? Is the City pro-

posing to charge non-hikers such as infants, visitors with disabilities, hang gliders, ranchers working the grazing lease, equestrians, and bicyclists? Would annual EBRPD passes be accepted? Would hiker fees be dropped after expansion of the parking lot? What is the City’s revenue forecast, and the budgeted cost of collecting? How would fees impact under-served communities that visit this park?

The City of Fremont as landlord forced EBRPD to chop park hours by one third in 2014, which led to a dramatic decline in visitors. We think hiker fees are contrary to the principle of free and public parks, and they would be a regressive tax on fami-

lies with limited resources. Furthermore, Tom Stienstra of the SF Chronicle reported in January that a showdown on hiker fees is looming because EBRPD has “told the city of Fremont that this is exactly counter to its mission to promote public access.”

While residents need relief from parking congestion, EBRPD has had to move slowly on enlarging the parking lot since a few residents threatened lawsuits to block the project. We support more parking spaces, and we support the restoration of park hours to let working people visit the park before and after normal working hours.

Kelly Abreu
Mission Peak Conservancy

City of Fremont News Briefs

SUBMITTED BY
CHERYL GOLDEN

Fremont’s Habitat
Restoration Days for
Sabercat Creek

Love nature and serving the community? Join the City of Fremont’s Environmental Services for a day of habitat restoration work on Sabercat Creek the first Saturday of every month from 10 a.m. to 1 p.m. and the third Sunday of every month from noon to 4 p.m. We will be weeding, planting native trees and shrubs, and creating or restoring plant basins and mulch mats around native plants to preserve soil moisture and decrease competition from aggressive exotic plants.

Volunteers of all ages are welcome, and a signed waiver form is required for each participant. Minors under 18 must bring a waiver form signed by a parent or guardian. Children 12 or under require an accompanying adult.

Please bring a reusable water bottle and clothing that is suitable for outdoor work (hats, sunscreen, sturdy closed toe shoes, long pants, and long-sleeved shirts are recommended). We will be providing gloves and tools, but you are also welcome to bring your own.

For more information, visit www.Fremont.gov/Sabercat-Cleanup. Please contact Barbara Silva at bsilva@fremont.gov or



510-494-4575 if you have any questions.

Advanced Social Media
Strategies Workshop

Does your small business have a social media presence? Are you interested in learning about more advanced techniques and strategies to expand your social media presence? If so, attend the Advanced Social Media Strategies workshop for small businesses. Topics include understanding who is visiting your site, visitor engagement, use of metrics and analytic tools. This free workshop will be held on Wednesday, March 4 from 9 a.m. to 12 p.m. at the Fremont Main Library, located 2450 Stevenson Blvd.

For more information or to register please visit www.acsbdc.org/events2.

Catch a Pot of Gold

Is there really a pot of gold at the end of every rainbow? The only way to find out is to visit us

at Leprechaun Land for Wee Folk on Friday, March 13 from 5:30 p.m. to 8:30 p.m.! As St. Patrick’s Day approaches, bring your wee folk to this special event filled with magical leprechauns, pots of gold, and shamrocks! Enjoy a life-size board game, Leprechaun arts and crafts, St. Patty’s prizes, and Shamrock snacks! Every registered 2- to 10-year-old will get a St. Patty’s goodie bag upon check-in. Please note: Each registrant is permitted to enter Leprechaun Land with one adult. Each additional person (ages 11 and up) outside of the participant age window (2- to 10-year-old) will need to purchase an extra ticket for \$2. ‘Extra tickets’ do not include goodie bags. The average time to complete all activities is about 1.5 hours. To register, please visit www.RegeRec.com. Register early before the event sells out! For more information, call 510-494-4300 or email azambrano@fremont.gov.

I need a Forever Home



Elsa is a quiet, calm little bunny with a wonderful personality. She loves to sit next to you while you pet her. She’s spayed and ready to go home with you. Meet Elsa at the Hayward Animal Shelter. More info: (510) 293-7200.

Pickles is a sweet, curious, happy 10-month old. He loves people, Timothy hay and greens. Pickles is litter box trained, neutered and ready to go home. Meet Pickles at the Hayward Animal Shelter. More info: (510) 293-7200.



Enrich Your Life - Become a Volunteer!

Hayward Animal Shelter

www.haywardanimals.org
510-293-7200
16 Barnes Court (Near Soto & Jackson) Hayward
Tuesday - Saturday 1pm - 5pm



Robofest
Puts Young Minds to Work

SUBMITTED BY CHABOT
SPACE & SCIENCE CENTER

Youth, build your own robot and compete in the ultimate showdown; young explorers, make your own creation in a workshop from Tiny Techs Club; everyone, watch students put their robots to the test in a Sumo competition! “Robofest” at Chabot Space & Science Center also gives kids the opportunity to check out the latest toys from Dash Robotics, meet Chabot’s resident android, Fritz, and hear presentations by robotics gurus David Calkins and Ken Goldberg.

Calkins is a widely respected robot builder and expert. He has taught robotics and computer engineering at San Francisco State University and various grade schools, is the president of the Robotics Society of America, and founder of the world’s largest robot competition, RoboGames. Calkins will be talking about RoboGames at the event (which is like the Olympics for robots), and exploring BattleBots®.

Goldberg is an artist and UC Berkeley professor. He and his students investigate robotics, automation, art, and social media. Goldberg directs the Automation Sciences Research Lab, co-directs the Center for Automation and Learning for Medical Robotics, and is Faculty Director of the CITRIS Data and Democracy Initiative. He will be discussing the future of human/robot connectedness through the “internet of things.”

Third presenter Robert Full is a Berkeley biologist and is fascinated by the motion of creatures that have many legs, unusual feet or talented tails, like cockroaches, crabs, and geckos. He has led an effort to demonstrate the value of learning from nature by creating interdisciplinary collaborations of biologists, engineers, mathematicians and computer scientists from academia and industry. He founded CiBER, the Center for interdisciplinary Bio-inspiration in Education and Research, and the Poly-PEDAL Laboratory, which studies the Performance, Energetics, and Dynamics of Ani-

mal Locomotion (PEDAL) in many-footed creatures (Poly). Full will be talking about creating robots inspired by the movements of insects and animals.

Interested in competing in the “Robofest” Sumo competition? Teams of two or three students can participate in either the Junior (grades 5 through 8) or Senior (grades 9 through 12) competition. Registration is \$50 per team and can be made at Robofest.net/rms. Space is limited!

Kids can also sign up for a Tiny Techs Club Workshop, which includes KinderBOTS, RobotED, and RobotED Pro: Mindstorms NXT classes.

Tiny Techs Club is proud to offer a unique program aimed at fostering creativity through science and technology in pre-k and kindergarten students. In the 45-minute KinderBOTS session, little learners will build our exclusive RoboPup, and be introduced to simple engineering and technology concepts in a fun, hands-on way.

Zoom into space with Robotics 101! In these one-hour RobotED workshops, your 1st through 5th grader has the chance to build one of our exclusive Galaxybots, while learning all about the importance of gears, cams, levers, and much more. Each session features a unique robot, so sign up early and build your way through the entire galaxy!

RobotED Pro: Mindstorms NXT is an hour and a half session that will introduce advanced 5th through 9th grade youth to the fundamentals of robotics. Young roboticists will build and program one of the following: a racecar, bumper car, forklift, navigator maze, or a catapult. This introductory workshop is a great way to get your child interested in all that technology and engineering has to offer.

Admission to “Robofest” competitions and presentations are included with general admission tickets; workshops are an additional fee. Admission is \$16 for adults, \$13 seniors/students, and \$12 for youth ages 3 through 12. KinderBOTS is \$15 per child, and RobotED and RobotED Pro: Mindstorms NXT are \$20 per child. Go to www.chabotspace.org/robots.htm to purchase admission or workshop tickets.

ROBOFEST
Saturday & Sunday, Feb 28
& Mar 1
11 a.m. – 5 p.m.

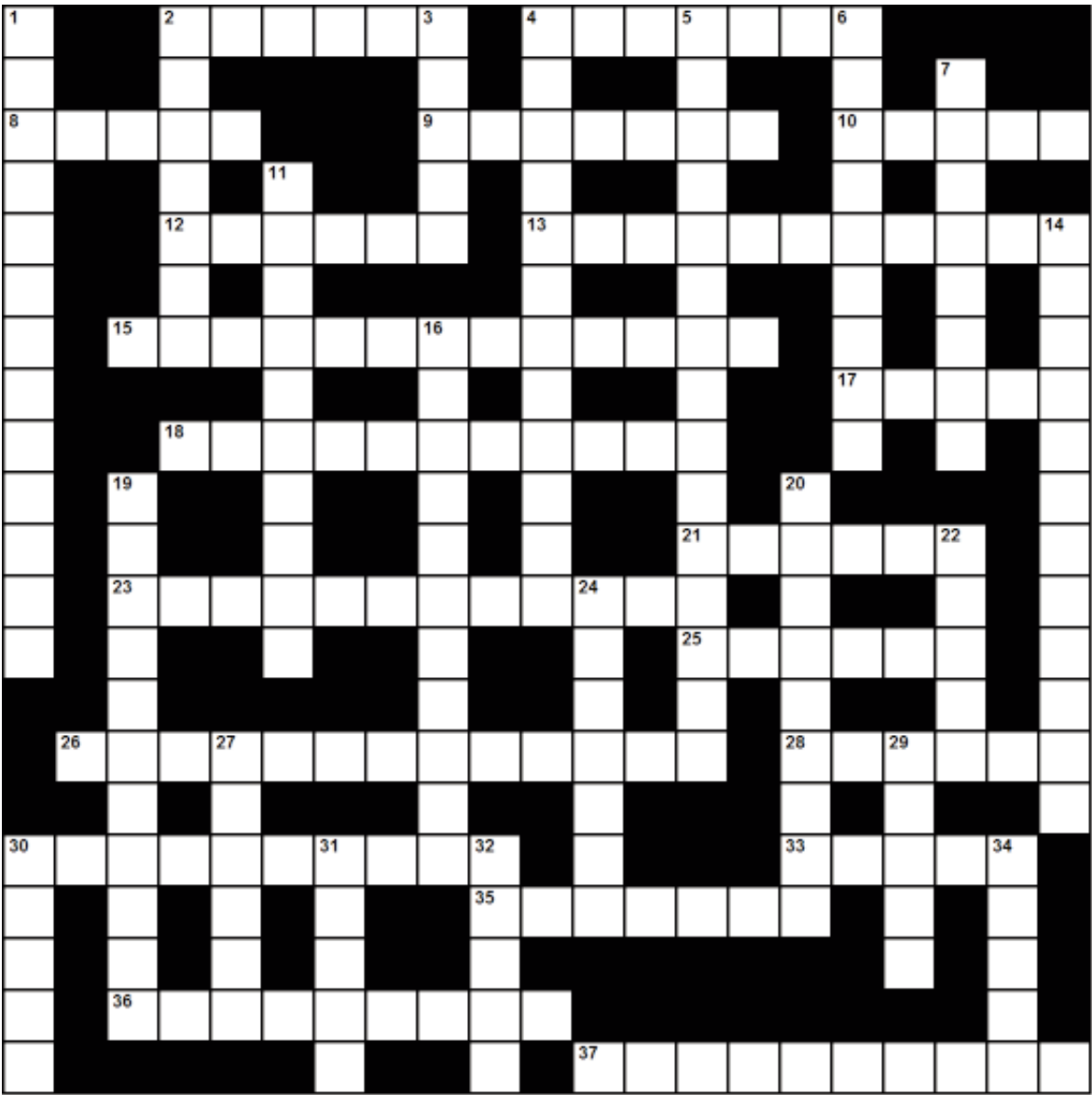
Chabot Space & Science Center
10000 Skyline Blvd, Oakland
(510) 336-7300
www.chabotspace.org/robots.htm
Robofest.net/rms
Admission: \$16 adults, \$13 seniors/students, \$12 youth (3-12)

EVENT SCHEDULE:
Saturday, Feb 28:
12:00 p.m. – 1:00 p.m.:
Presentation with
David Calkins
1:00 p.m. – 5:00 p.m.:
Junior Competition
Workshops:
11:00 a.m. - 11:45 a.m.:
Kinderbots
11:00 a.m. – 12:00 p.m.,
1:00 – 2:00 p.m.,
3:00 p.m. – 4:00 p.m.:
RobotED
1:00 p.m. -2:30 p.m.:
RobotED Pro

Sunday, Mar 1:
12:00 p.m. – 1:00 p.m.:
Presentation with
Ken Goldberg
2:00 p.m. – 3:00 p.m.:
Presentation with Robert Full
1:00 p.m. – 5:00 p.m.:
Senior Competition
Workshops:
11:00 a.m. - 11:45 a.m.:
Kinderbots
11:00 a.m. – 12:00 p.m., 1:00 –
2:00 p.m., 3:00 p.m. – 4:00
p.m.: RobotED
1:00 p.m. -2:30 p.m.:
RobotED Pro

Mind Twisters

Crossword Puzzle B 303



- Across

2 Person who gets first place (6)

4 Behaved with a person in a specific way (7)

8 Pricker (5)

9 Tightly but neatly packed space (7)

10 Asparagus unit (5)

12 Like some wages (6)

13 Test, Finals (11)

15 Roughly, about that much (13)

17 American symbol (5)

18 Indoor glass enclosures to grow plants (11)

21 Just (6)

23 Hilly area (12)

25 Decade after eighty (6)
- Down

1 Outside of country's borders (13)

2 Pray a deity or hero (7)

3 Uncertain (5)

4 Measurement of heat (12)

5 Achievements (15)

6 Space between two or more locations (9)

7 Birthright (8)

26 Chances to avail of (13)

28 Herbivorous animals, earlier used in wars (6)

30 Pant, out of breathless (10)

33 The "N" of U.S.N.A. (5)

35 Process of assessment, exam (7)

36 Principal church of a diocese (9)

37 Show with pictures (10)
- 11 Having an argument or fight (10)

14 Norwithstanding (12)

16 Natives of a particular place (11)

19 Related to air (pressure etc.) (11)

20 Divided from the main one, offshoot (9)

22 Goes up and down (2-3)

24 Request presence of participation by these (7)

27 Production (6)

29 Opponent, other team (5)

30 Goose_____ (5)

31 "Ciao!" (5)

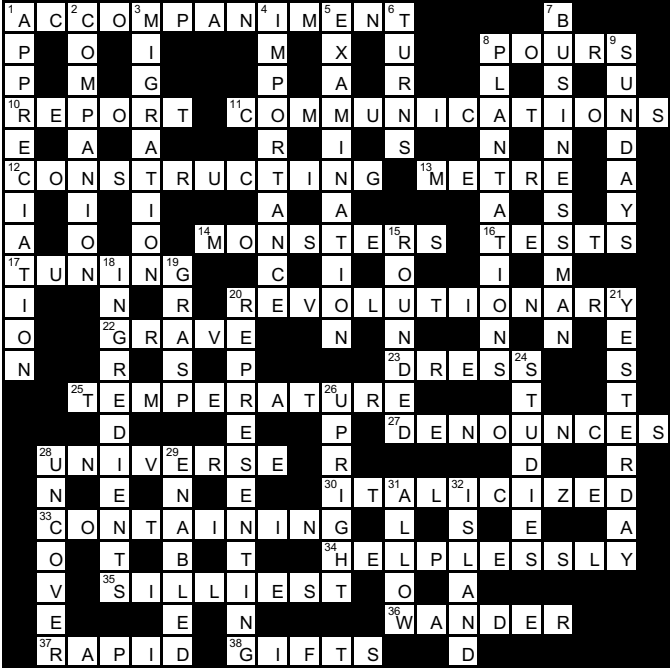
32 Digress (5)

34 Calculus calculation (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.

7		6						
		4			2			
			8		4	2		5
		8				4		
							9	3
				6			2	
9			4			3	1	
			1			9	4	
	1						8	7



B 302

3	7	5	6	9	4	2	1	8
9	2	1	7	5	8	6	4	3
8	4	6	3	1	2	7	5	9
5	9	8	2	4	3	1	7	6
1	6	2	8	7	5	3	9	4
7	3	4	1	6	9	5	8	2
4	5	3	9	2	7	8	6	1
2	1	9	5	8	6	4	3	7
6	8	7	4	3	1	9	2	5

Tri-City Stargazer FEBRUARY 25 – MARCH 3, 2014 BY VIVIAN CAROL

For All Signs: Cosmic energies favor new design of old or outmoded business or organizational systems. Financial or business pressures may be the motivator. It is time to update and modernize, especially if you are working with a method out of old habit. Constructive and fresh ideas will flow freely and you may wonder why a particular solution hasn't occurred to you before now. If you are working on a major project it is best to brainstorm this week but save the final decisions until after March 3, when Mercury will be out of the shadows of its retrograde motion.

Aries the Ram (March 21-April 20): See the lead paragraph. This Jupiter/Uranus trine is particularly favorable for you in the romantic and creative activity department. There might also be good news concerning your children (another type of creative activity). Whatever you do that involves high tech or the Internet is given a go-signal.

Taurus the Bull (April 21-May 20): People of the past may resurface. You will be glad to see these individuals, but more likely you will be reminded why they are no longer in your life. Somehow they are associated with old wounds in your life and you would just as soon let those memories go back to the ethers.

Gemini the Twins (May 21-June 20): You have been studying something while Mercury was retrograding through January and February. Now it is time to apply what you have learned. A prominent idea is emerging from the many thoughts and ideas with which you have toyed. It may be well worth a greater investment of time or energy.

Cancer the Crab (June 21-July 21): Conversations over the weekend will tend toward reminiscence and recollection of by-gone events and eras of our lives. Past experiences and relationships have contributed heavily to who you are today. They offer a powerful psychological foundation from which to grow but leave them in memory. Don't try to recreate your past.

Leo the Lion (July 22-August 22): See the lead paragraph as it pertains to you. Jupiter is offering you go-signals in the areas of legal activities, publishing, higher education, travel, and other pursuits that you find meaningful. People who are established in these areas will be helpful as you follow your plans.

Virgo the Virgin (August 23-September 22): Your mind is flying with thoughts, details, questions and answers. You want to discuss them, but you definitely do not want someone to solve your concerns. You seek the balance of a counterpart, one who may debate things without becoming emotional about it.

Libra the Scales (September 23-October 22): You may have a tendency during this period to slide into old and outmoded patterns of emotional behavior. Maybe this will be brought on by the re-entry of someone in your life. While it may be fun for a short time, very quickly you will become fatigued with it and shake loose of that outdated habit.

Scorpio the Scorpion (October 23-November 21): It appears that a new work position or job is coming your way that will ease the pain in your wallet. It requires effort but that doesn't scare you away. Those with rental property will find a new tenant this week. Relationships with coworkers are favorable. If you have been lonely, a stray cat or dog may come to you.

Sagittarius the Archer (November 22-December 21): You have a lot of activity in your 5th house of children, romance, and creativity. Whatever you want or need in these areas, the answer is "yes." Take a risk and pursue romance where you find it. You're unlikely to be turned away. Activities involving the law, travel,

publishing, and higher education are favored.

Capricorn the Goat (December 22-January 19): Give attention to caring for old things or people in your life. Clean out the basement or attic in your home. Give away or sell whatever you know you will not use in the future. It is a good time to tend to repairs of aging property. It is also favorable for taking actions to secure your future.

Aquarius the Water Bearer (January 20-February 18): This week especially favors travel, communications, education, and giving attention to community concerns. You may be serving as the center of a wheel of people with a common

purpose. Your activities are likely to be purposeful and productive.

Pisces the Fish (February 19-March 20): Experiences may seem surreal on some level during this week. You may be doing something you never thought you would do. Listen to your intuition. Do this by tending to unbidden thoughts or feelings that you know you did not invent. Dream life may be strong this week.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com



Fremont Symphony Orchestra

PRESENTS

ZOFO *Piano Duet*



Saturday, March 7
8:00 pm

Grammy-nominated, prize winning Steinway pianists **Eva-Maria Zimmermann** and **Keisuke Nakagoshi** join forces in a stunning selection of four-hand piano works.

Prince of Peace Lutheran Church
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Leonard Bernstein's *Candide Overture*, Claude Debussy's *Six Epigraphes Antiques*, Terry Riley's *Etude from the Old Country*, Franz Schubert's *Fantasia* (D 940), Stefan Cwik's *Acrobats*

Please join us for a post-concert reception presented by the Fremont Symphony Guild

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*DATES SUBJECT TO CANCELLATION. PLEASE CHECK WEBSITE FOR EVENT DETAILS.

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PIANO

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Students and Seniors \$15
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MARCH 22

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Not everyone starts out college knowing exactly what their goals for the future are; luckily for Ariele Silvas, Ohlone College gave her the opportunity and financial support to discover new possibilities. At Ohlone, Ariele hit her academic stride and determined her career goals.

“At Ohlone, my passion for learning is constantly fed by the classes I’ve taken and the eye-opening education provided by truly fantastic professors. I always look forward to every Ohlone se-

mester that awaits me with new adventures.” Ariele recalls how her favorite Ohlone College professor, Jennifer Hurley of the English Department, recommended choosing a minor in addition to her English major. That way Ariele could show potential employers that her skills range far beyond English alone. With Professor Hurley’s support and the exciting classes that led to new passions, upon graduating Ariele plans to transfer to UC Davis, San Jose State, or CSU

East Bay to minor in Library Sciences or perhaps branching out into Entomology, the study of insects. Last spring Ariele applied to the Ohlone College Foundation’s Share Your Dream Scholarship, a scholarship which helps students achieve their goals and aspirations while thinking about how others might benefit from their achievements. Studies show that students are much more likely to succeed when they don’t have to juggle a part-time job with their education.



“Ohlone is one of the first stepping stones to the rest of my college experience and it has already launched me towards my goals, my visions, and my dreams.”
- Ariele Silvas

With her finances secured, Ariele is focused on following her dreams rather than worrying about finances. “As a recipient of the Share Your Dream HOSTS Scholarship, I am forever grateful to my donors. Ohlone has opened and enriched my mind to so many new ideas, and thanks to my donors, I am able to continue on my future pathway in academics.”

For 2015, the Ohlone College Foundation is offering over \$150,000 in scholarships for students entering Ohlone College, continuing to take classes at Ohlone, or transferring to a four-year university. To apply for a scholarship or for information on how you can support Ohlone College scholarships, please visit www.ohlonefoundation.org or call 510-659-6020.



2014 Scholarship Recipients with Ohlone College President Dr. Gari Browning

Hayward gears up for Battle of the Bands

PHOTOS BY SIMONETTE MIRANDE

Hayward Area Recreation and Park District (HARD) presents the “52nd Annual Battle of the Bands” held on Saturday, February 28 at Chabot College’s Reed L. Buffington Performing Arts Center. Ten local Bay Area bands oozing with musical talent and palpable energy will compete at this year’s much coveted battle, hoping to emerge as the winner of one of the longest-running musical events in the Bay Area. This year’s finalists are: Red Soil, Nexus, The Bare Minimum, Tablues, Se7en Dead, Standoff, Dissident Souls, The Matrix, Neon Strings, and Culto. The bands will showcase genres ranging from alternative rock to blues and heavy metal to jazz. Mick Flaire will once again host the event. Starting as a modest band competition in the ‘60s, “The Battle” has now grown to attract spectators, as well as professional and new musicians, from all over the Bay Area. “The Battle is the longest-running event of its kind in all of California and possibly the United States. This event allows new and undiscovered artists the opportunity to show off their talents in front of an audience of 1,200 people and win some great prizes,” said Simonette Mirande, Recreation Specialist for HARD.



Time Frame, 51st Battle of the Bands Champion

As the bands gear up for the big night, Recreation Coordinator Mike Maine says, “You can definitely tell they were practicing leading up to the competition. I think

we’ll have a fabulous show because of the hard work they’re putting in.” Last year’s winner, Time Frame, will be performing as special guest this year. A 10-piece funk rock band from Manteca, Time Frame is mentored by Gordon Kennedy of GK Music. Kennedy says, “It was a big deal for us [to win] because it was an educational experience.” As the band prepares for their return on stage, he adds, “It’s such an honor to come back and perform...It’s a very humbling experience.”

Tickets may be purchased in advance at the HARD District Office (1099 E St.) or Matt Jimenez Community Center (28200 Ruus Rd.). You may also purchase tickets online at www.haywardrec.org by using the code 29969. Please call (510) 881-6700 to obtain a pin and password. Tickets purchased online will be available the night of the show at Will Call; identification is required for pick up. Advanced tickets cost \$10; door price is \$12. For more information, call Mike Maine at (510) 888-0211.

Battle of the Bands
Saturday, Feb 28
7 p.m.
Reed L. Buffington Performing Arts Center
Chabot College
25555 Hesperian Blvd, Hayward
(510) 888-0211
www.haywardrec.org/516/Battle-of-the-Bands
Tickets: \$10 (advance); \$12 (door price)
Parking: \$2



Se7en Dead, 52nd Battle of the Bands finalist

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Hayward Music Center

24249 Hesperian Blvd., Hayward **510-264-9669**

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The classes are located at Cracker Barrel Deli & Thai
Kitty's Thai Kitchen

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



CONTINUING EVENTS

Saturdays and Sundays, Jan 10 thru Feb 28

Family Fun Hour

2 p.m. - 3 p.m.

Stories, games and activities

Ages 5+

Coyote Hills Regional Park

8000 Patterson Ranch Rd.,

Fremont

(510) 544-3220

www.ebparks.org

Mondays, Jan 12 thru Mar 2 Bereavement Support Group

9:30 a.m. - 11:30 a.m.

Honor lost loved ones

Fremont Senior Center

40086 Paseo Padre Parkway,

Fremont

(510) 574-2063

Wednesday, Jan 14 - Saturday, Feb 28

Trails Challenge 2015

8 a.m.

Self-guided hiking program

Participants receive guidebook,

tee shirt and pin

East Bay Regional Parks District

2950 Peralta Oaks Ct, Oakland

(888) 327-2757

www.RegionalParksFoundation.org

Tuesdays, Jan 20 thru Mar 10 Booklegger Orientation and Training

9:15 a.m. - 11:45 a.m.

Volunteer to read stories aloud to school children

Fremont Main Library

2400 Stevenson Blvd., Fremont

(510) 745-1421

www.aclibrary.org

Tuesday, Jan 20-Friday, Feb 27 Interviews for Tri-City Senior Peer Counseling Training

9 a.m. - 4 p.m.

Must be 50 years or older

Requires 9 week training course

City of Fremont, Aging and

Family Services

3300 Capitol Ave., Fremont

(510) 574-2064

lcox@fremont.gov

Wednesday, Jan 21 - Sunday, Mar 1

Celebrating Black Life History Culture \$

9 a.m. - 4 p.m.

Social consciousness exhibit

Hayward Area Historical Museum

22380 Foothill Blvd., Hayward

(501) 581-0223

www.haywardareahistory.org

Wednesday, Jan 21 - Sunday, Feb 28

Black History Month Display

11 a.m. - 6 p.m.

Culture Corner lower level next to Sears

NewPark Mall

2086 Newpark Mall, Newark

(510) 793-5683

www.newparkmall.com

Arts & Entertainment

Mondays & Wednesdays, Jan 28 thru Mar 18

Sunol Wilderness Docent Training \$R

9:30 a.m. - 1:30 p.m.

Assist naturalists with school programs

Ages 18+

Sunol Regional Wilderness

1895 Geary Rd., Sunol

(510) 544-3242

www.ebparks.org

Tuesday, Jan 27 - Saturday, Mar 27

Prom Dress Swap Donations

Mon - Wed: 11 a.m. - 8 p.m.

Thurs - Sat: 10 a.m. - 5 p.m.

Donate formal dresses, shoes and accessories

Hayward Weekes Branch Library

27300 Patrick Ave., Hayward

(510) 293-5065

rob.spitel@hayward-ca.gov

Tuesday, Jan 27 - Saturday, Mar 27

Prom Dress Swap Donations

Mon - Wed: 11 a.m. - 8 p.m.

Thurs - Sat: 10 a.m. - 5 p.m.

Donate formal dresses, shoes and accessories

Hayward Main Library

835 C St., Hayward

(510) 881-7946

annie.snell@hayward-ca.gov

Monday, Jan 27-Friday, Mar 27

82 Years of Art: Visions, Landscapes and Characters along the Way

8 a.m. - 5 p.m.

Works by Doyle Wegner and Gerald Thompson

Artist reception Friday, Feb 6

5:30 p.m. - 7:30 p.m.

Hayward City Hall

777 B St., Hayward

(510) 208-0410

www.hayward.org

Monday, Wednesday & Saturday, Jan 28 thru Apr 15

Alameda County Low-Moderate Income Tax Assistance

Mon & Wed: 5:30 p.m. - 8:30 p.m.

Sat: 9:00 a.m. - 4:00 p.m.

Tax preparation help for low income households

Eden Area Multi-Service Center

24100 Amador St, Hayward

(510) 670-5700

www.alamedasocialservices.org

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Saturdays

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Year-round
Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Kaiser Permanente Fremont Farmers’ Market

Thursdays

10 a.m. – 2 p.m.

Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market

Sundays

9 a.m. – 2 p.m.

Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer’s Market

Saturdays

9 a.m. - 2 p.m.

Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers’ Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays

9 a.m. - 3 p.m.

Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente San Leandro

Wednesday

10 a.m. - 2 p.m.

June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers’ Market at ICC

Sundays

8 a.m. – 1 p.m.

Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers’ Market

Sundays

9 a.m. - 1 p.m.

Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays

10 a.m. – 2 p.m.

Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market

Saturdays

9 a.m. – 1 p.m.

Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

Monday, Feb 2 thru Friday, Apr 15

Free Quality Tax Assistance

Mon & Wed: 4 p.m. - 8 p.m.
Fri: 10 a.m. - 1 p.m.

Tax help for low income households

Fremont Family Resource Center
39155 Liberty St., Fremont
(510) 574-2020

Sunday, Feb 1 - Saturday, Feb 28

Watercolor and Oil Painting Exhibit

5 a.m. - 9 p.m.

Featuring Jan Schafir and Therese Ely

Mission Coffee
151 Washington Blvd., Fremont
(510) 474-1004
www.fremontcoffee.com

Wednesdays & Thursdays, Feb 4 thru Apr 9

Tax Assistance – R

10 a.m. - 2 p.m.

Volunteer preparation and e-filing tax assistance

Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org

Saturdays, Feb 7 thru Apr 11

Free Quality Tax Assistance

10 a.m. - 1 p.m.

Tax help for low income households

Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 574-2020

Saturdays, Feb 7 thru Apr 11

Free Quality Tax Assistance

10 a.m. - 1 p.m.

Tax help for low income households

Union City Branch Library
34007 Alvarado Niles Rd.,
Union City
(510) 574-2020

Monday, Feb 9 - Friday, Feb 27

Senior Center Art Show

8:30 a.m. - 4:30 p.m.

Chinese brush painting and calligraphy display

Milpitas Senior Center
40 North Milpitas Blvd, Milpitas
(408) 586-3400
www.ci.milpitas.ca.gov

Friday, Feb 13 - Sunday, Mar 8

Thumbs \$

Fri & Sat: 8 p.m.

Sun: 2 p.m.

Comic murder mystery

Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
www.chanticleers.org

Friday, Feb 13 - Sunday, Mar 14

Newton’s Grimm’s: The Work of Frost Newton

12 noon - 5 p.m.

Surrealist paintings of Grimm’s fairytales

Opening reception Friday, Feb 13
from 7 p.m. - 9 p.m.
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.fremont.gov/Art/OliveHydeGallery

Friday, Feb 13 - Saturday, May 16

Trajes Regionales de Mexico

10 a.m. - 5 p.m.

Collection of costumes from Ballet Folklórico Mexicano

San Leandro Public Library
300 Estudillo Ave., San Leandro
(510) 577-3971
www.aclibrary.org

Saturdays, Feb 14 thru Apr 11

Free Quality Tax Assistance

10 a.m. - 1 p.m.

Tax help for low income households

Holly Community Center
31600 Alvarado Blvd.,
Union City
(510) 574-2020

Sunday, Feb 15 thru Saturday, Feb 28

Different Visions

11 a.m. - 5 p.m.

Photography and acrylics

Artist reception Sunday, Feb. 22
from 2 p.m. - 4 p.m.
Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905
www.FremontArtAssociaion.org

Tuesdays, Feb 17 thru Mar 31

Bridge 1

9:30 a.m. - 10:30 a.m.

Set up, bid play and score keeping

Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesdays, Feb 17 thru Mar 31

Bridge 2

10:30 a.m. - 11:30 a.m.

Mastering game strategy

Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Thursdays, Feb 19 thru Mar 26

Bingo \$

12:30 p.m. - 3:00 p.m.

Games, refreshments and door prizes

Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Fridays, Feb 20 thru Mar 27

Spanish Story Time

4:30 p.m. - 5:30 p.m.

Stories, songs, music and rhymes in Spanish

Ages preschool - school aged children

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Saturdays, Feb 21 thru Mar 28

Bridges to Jobs

9:30 a.m. - 11:30 a.m.

Job interview training class

Centerville Presbyterian Church
4360 Central Ave., Fremont
(510) 299-2223
http://bridgestojobs.org

Monday, Feb 23 - Friday, Mar 31

New Student Centralized Enrollment – R

Mon - Thurs: 8:30 a.m. - 8:30 p.m.

Fri: 8:30 a.m. - 12 noon

Schedule an appointment to register a new student

San Leandro Unified School District
2255 Bancroft Ave, San Leandro
(510) 618-4420

Thursday, Feb 26 - Saturday, Apr 11

Fabric Creations

10 a.m. - 4 p.m.

Textile art

Artist reception Saturday, March 7: 1 p.m. - 3 p.m.

Foothill Arts of the Bay
22394 Foothill Blvd., Hayward
(510) 538-2787
www.haywardarts.org

Monday, Mar 2 -Friday, Mar 27

Shared Perceptions

1:30 p.m. - 4:30 p.m.

San Lorenzo Adult School Exhibit

Artist reception Saturday, March 7: 12 noon - 3 p.m.
Alameda Historical Museum
2324 Alameda Ave., Alameda
(510) 521-1233
www.alamedamuseum.org

FREE Adult Reading and Writing Classes are offered at the Alameda County Library
Tell A Friend Call Rachel Parra 510 745-1480

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4300 Hansen Ave. Fremont

510-797-3695

www.fremontchurchofchrist.org

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That I Will Give Him
Will Become In Him
A Well Of Water Springing Up
To Eternal Life
John 4:14

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Oil Painting workshop with Bryan Mark Taylor in February.
Collage and Mixed Media workshop with Grace Rankin in March

www.fremontartassociation.org

THIS WEEK

Tuesday, Feb 24

Read to a Dog

6:30 p.m. - 7:30 p.m.

Children practice their reading with dogs

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Tuesday, Feb 24

Stalking and Technology Safety Workshop

2 p.m. - 4 p.m.

Discuss support and services for protection

Safe Alternatives to Violent Environments
1900 Mowry Ave, Fremont
(510) 574-2250
www.save-dv.org

Wednesday, Feb 25

Wednesday Walks

9:30 a.m.

Hike 4.5 strenuous miles around reservoir

Lake Chabot
17600 Lake Chabot Rd,
Castro Valley
(888) 327-2757
www.ebparks.org

Wednesday, Feb 25

Bay Area Express Lanes

Fremont Open House

5 p.m. - 7 p.m.

Discuss I-880, SR-92 and SR-84 HOV lane conversions

Fremont City Hall
3300 Capitol Ave., Fremont
(510) 284-4000
www.BayAreaExpressLanes.org

Wednesday, Feb 25

Greeting Card Workshop – R

10 a.m. - 12 noon

Use pressed flowers and leaves to create cards

Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Thursday, Feb 25

Top Five Threats Facing Businesses Today – R

12:30 p.m. - 2:30 p.m.

Adapt to economic changes and competition

DeVry University Campus
6600 Dumbarton Cir, Fremont
(510) 358-2353
Raj.Chellani@expresspros.com

Thursday, Feb 26

Outdoor Discoveries: Ribs, Legs and Bones \$

10:00 a.m. - 11:30 a.m.

Put together a cow skeleton

Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Thursday, Feb 26

Rotary “Dragon-Tini” Mixer

5:30 p.m. - 7:30 p.m.

Appetizers, Dragon Martinis, beer and wine

Hayward Area Historical Society
22380 Foothill Blvd., Hayward
(501) 581-0223
www.Bitly.com/DragonTini
www.haywardrotary.org

Thursday, Feb 26

Top Five Threats Facing Businesses Today – R

8:30 a.m. - 10:30 a.m.

Adapt to economic changes and competition

Hayward Area Historical Society
22380 Foothill Blvd., Hayward
(510) 358-2353
Raj.Chellani@expresspros.com

Thursday, Feb 26

Get to Know Your Thyroid – R

6:00 p.m. - 7:30 p.m.

Discusses disease symptoms

Carlton Plaza of San Leandro
1000 E. 14th Street, San Leandro
(510) 869-6737

Premiere of new Musical composition

SUBMITTED BY QUEENIE CHONG

PHOTOS BY DEBRA WATANUKI

At Hopkins Junior High School in Fremont, the story of its orchestra program began in the fall of 2005 when its new director of instrumental music arrived. During that first year, there was one string class with 22 students. Additionally, 30 students attended the beginning orchestra class that was offered after school to its feeder elementary schools in



Mr. Meyer

the Mission San Jose attendance area. Now ten years later, Hopkins offers two orchestras enrolling 116 students, together with three levels of elementary orchestra with 200 students.

Over the last decade, Hopkins’ orchestra program has matured and grown into a signature brand of excellence. Having received coveted perfect scores of 100 at the Music in the Parks Festival in 2010 and again in the years 2012, 2013 and 2014, Hopkins’ Advanced Orchestra continues to set, and keep pushing, the standard of excellence in student orchestras in California. The Advanced Orchestra is well-represented in honor ensembles and, in particular, is proud to be among the elite to be invited to participate at the California Music Educators Association (CMEA) State Band and Orchestra Festival for the last three years.

To honor the success of the music program and to benefit its future music students, in the spring of 2013, several Hopkins’ families jointly made a generous donation to the Music Department. Thanks to the collaborative efforts of the community, this handsome gift enabled the school to commission a piece of music by nationally recognized and best-selling composer Mr. Richard Meyer. He has over 130 compositions and arrangements in print.

Two years have since passed. The completed work “Miraj,” has now been delivered to the music stands of the Director of

Instrumental Music, Mr. Greg Conway, and his excited students, who couldn’t wait for its debut. The highly-anticipated premiere concert of “Miraj,” scheduled for Saturday, March 14 pays tribute to the accomplishments of Hopkins’ orchestra program as it celebrates its 10th anniversary.

The concert in Fremont promises to be a significant community affair too, as this is the first time ever that an original piece of music has been written by an “outside” composer for any school ensemble in Fremont. For this reason, Fremont Unified School District Superintendent Dr. James Morris, a supporter of music education, takes pride in accepting the role of master of ceremonies for the evening.

In order to prepare for the premiere performance of “Miraj,” members of Hopkins Advanced Orchestra, consisting of both 7th and 8th grade string musicians, have been diligently rehearsing the piece. They all look forward to meeting and working with its creator, Mr. Meyer, when he is expected to share his stories behind the composition of “Miraj.”

Based in Los Angeles, Mr. Meyer is a composer and full-time music educator of string orchestra. He has worked with elementary, middle, and high school students for over 30 years, and is no stranger to Hopkins’ students as his music is a popular selection among instrumental music instructors. In 2013, Hopkins’ students scheduled a clinic with Mr. Meyer on their way to the Music in the Parks Festival, held every year in Anaheim, and had benefited tremendously from his professional advice as a clinician.

The concert program on March 14 commences with Harvest Park Middle School Advanced Orchestra, Pleasanton, directed by Mr. Paul Perazzo, who had taught at Horner Junior High School for 10 years. This will be followed by Hopkins Advanced Orchestra, with the culminating premiere of “Miraj,” conducted by the composer Mr. Meyer himself. The two ensembles will then present an unprecedented joint concert to conclude the evening.

This guarantees to be a captivating experience! Admission is free, so mark your calendar and plan to attend early.

Premiere Performance of “Miraj”
Saturday, Mar 14

7 p.m.

Jackson Theater at Smith Center, Ohlone College
43600 Mission Blvd, Fremont
(510) 656-3500, ext. 38023
gconway@musicathopkins.com
Free



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henry@missionvalleycollege.com

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Times & Stops subject to change

Tuesday, Feb 24
9:15 – 11:00 Daycare Center Visit – FREMONT
2:30 – 3:25
Cabrillo School, 36700 San Pedro Dr., FREMONT
4:45 – 5:30 Baywood Apts., 4275 Bay St., FREMONT
5:50 – 6:30 Jerome Ave. and Ohlones St., FREMONT

Wednesday, Feb 25
1:00 – 2:00 Del Rey School, 1510 Via Sonya, SAN LORENZO
2:30 – 3:00 Eden House Apts., 1601 165th Ave., SAN LEANDRO
3:30 – 4:00 Baywood Ct., 21966 Dolores St., CASTRO VALLEY
6:00 – 6:30 Camellia Dr., & Camellia Ct., FREMONT

Thursday, Feb 26
9:50 – 10:20 Daycare Center Visit – FREMONT
10:40 – 11:30 Daycare Center Visit - NEWARK
1:15 – 1:45 Stellar Academy, 38325 Cedar Blvd., NEWARK
2:00 – 3:00 Graham School, 36270 Cherry St, NEWARK

Friday, Feb 27
9:45 – 11:15 Fame Charter School, 16244 Carolyn St, SAN LEANDRO

11:35 – 12:05 Daycare Center Visit – CASTRO VALLEY
1:45 – 3:00 Hillside School, 15980 Marcella St., SAN LEANDRO

Monday, Mar 2
9:20 – 10:00 Daycare Center Visit - FREMONT
10:15 – 11:15 Daycare Center Visit – FREMONT
1:45 – 2:45 Pioneer School, Blythe St., & Jean Dr., UNION CITY
3:05 – 3:25 Alvarado Elementary School, Fredi St. & Smith St., UNION CITY
4:15 – 4:45 Greenhaven Apts., Alvarado Blvd. & Fair Ranch Rd., UNION CITY
5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday, Mar 3
10:00 – 11:15 Daycare Center Visit – UNION CITY
2:00 – 2:30 Fremont Hills Senior Living, 35490 Mission Blvd., FREMONT
2:45 – 3:15 Mission Gateway Apts., 33155 Mission Blvd., UNION CITY
4:50 – 5:30
Mariner Park, Regents Blvd. & Dorado Dr., UNION CITY
5:40 – 6:20 Sea Breeze Park, Dyer St. & Carmel Way, UNION CITY

Milpitas Bookmobile stops Renew books by phone (800) 471-0991

For more information (408) 293-2326 x3060

Wednesday, Feb 18
3:15 – 4:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

Thursday, Feb 26**Senior Studio Art Show**

6:30 p.m. - 8:00 p.m.

*Drawings and 3D works*Mt. Eden High School
2300 Panama St., Hayward
(510) 723-3180 x62274**Thursday, Feb 26****Park Planning Community Workshop**

6:30 p.m.

*Discuss plan for former East Bay MUD property*Castro Valley Community Center
18988 Lake Chabot Rd.,
Castro Valley
www.haywardrec.org**Friday, Feb 27****Fremont Education Foundation Gala \$R**

5:30 p.m. - 9:00 p.m.

*Dinner, entertainment, raffle and silent auction*FUSD benefit
Fremont Marriott
46100 Landing Pkwy., Fremont
(510) 413-3700
www.fremont-education.org**Friday, Feb 27****Meet Your Elected Officials Forum**

5 p.m. - 7 p.m.

*Representatives for Hayward, Castro Valley, San Leandro and San Lorenzo*Hayward City Hall
777 B St., Hayward
(510) 538-9678**Saturday, Feb 28****Spanish Book Discussion**

2 p.m.

*Like Water for Chocolate by Laura Esquivel*Hayward Main Library
835 C St., Hayward
(510) 881-1980
www.library.hayward-ca.gov**Saturday, Feb 28****Fremont Atheist Forum**

10 a.m. - 12 noon

*Thought provoking talks*Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org**Saturday, Feb 28****Crab and Pasta Feed \$**

6 p.m. - 10 p.m.

All you can eat

*Vegetarian options available*Benefit for MSJHS Booster Club
Mission San Jose High School
41717 Palm Ave., Fremont
(510) 657-3600
msjhsrabfeed@hotmail.com**Saturday, Feb 28****Black American Heritage Faire**

10 a.m. - 4 p.m.

*Activities, workshops, art and fashion parade*Palma Ceia Baptist Church
28605 Ruus Rd., Hayward
(510) 786-2866
www.palmaceiachurch.org
www.facebook.com/palma-ceiabaptistchurch**Saturday, Feb 28****Pancake Breakfast \$**

8 a.m. - 12 noon

*Benefit for Fremont National Baseball League*Brier Elementary
39201 Sundale Dr, Fremont
(510) 686-3692**Saturday, Feb 28****Bob's Athletic Club Reunion \$R**

5:30 p.m. - 10:30 p.m.

*Dinner and no-host bar**Special guests Bob Perata and Ed Corney*Elks Lodge
38991 Farwell Dr., Fremont
(510) 304-9658
bobsathleticclub@gmail.com**Saturday, Feb 28****Teacher and Certificated****Educator Job Fair**

9 a.m. - 12 noon

*Bring resume, credentials and transcripts*Interviewing for all grade levels and subjects
Fremont Unified School District
4210 Technology Dr., Fremont
(510) 659-2594
shaynes@fusdk12.net
www.fremont.k12.ca.us**Saturday, Feb 28****Community Parent Playgroup**

10:30 a.m.

*Children with developmental delays enjoy sensory toys*Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org**Saturday, Feb 28****Nowruz Celebration**

2:30 p.m. - 4:30 p.m.

*Dance performance for Afghanistan, Iran and Tajikistan New Year*Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org**Sunday, Feb 28****Rock N' Swing Dance Workshop \$R**

3 p.m.

*'50's jitterbug dance instruction*All levels of experience welcome
Joanne Brown Dance Studio
33535 Western Ave., Union City
(510) 240-2732
esperescano@gmail.com**Saturday, Feb 28****Paralympic Track and Field Clinic – R**

9 a.m. - 3 p.m.

*Wheelchair and ambulatory racing, field events**Instruction for athletes and coaches*Burrell Field
2451 Teagarden St., San Leandro
(510) 407-0014
Trooper@borp.org
www.BORP.org**Saturday, Feb 28 - Sunday, Mar 1****Robots! \$**

Sat: 11 a.m. - 5 p.m.

Sun: 11 a.m. - 4 p.m.

*Youth build robots for competitions*Chabot Space & Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
www.chabotspace.org**Saturday, Feb 28****Le Jazz HOT! \$R**

6 p.m.

*Live music, dinner, raffle and auction*Newark Memorial High School
39375 Cedar Blvd., Newark
(510) 791-0287
www.nmhscougarstore.com**Saturday, Feb 28****Canine Capers Dog Walk – R**

9 a.m. - 11 a.m.

*Enjoy open spaces with your four legged friend*Garin Regional Park
1320 Garin Ave., Hayward
(888) 327-2757
www.ebparks.org**Saturday, Feb 28****Bird Hike: Yellow is the Loveliest Color**

10:30 a.m. - 1:30 p.m.

*Naturalist led bird hike*Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org**Saturday, Feb 28****Niles Rotary Club Reverse Draw Fundraiser \$**

5 p.m.

*Dinner and raffle*Sunol Valley Golf Club
6900 Mission Rd., Sunol
(925) 862-2404
http://nilesreverseraffle.org/tickets/**Saturday, Feb 28****Battle of the Bands \$**

7 p.m.

*Musical groups perform live for prizes*Reed L. Buffington Visual and Performing Arts Center
25555 Hesperian Blvd., Hayward
(510) 888-0211**Saturday, Feb 28****Team Citizen Scientists Community Service – R**

1:00 p.m. - 2:30 p.m.

*Volunteers assist with habitat restoration*Ages 9+
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513 x104**Saturday, Feb 28****Jr. Refuge Manager Program – R**

1 p.m. - 3 p.m.

*Guided activities for various ages to earn Refuge Manager Badge*SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222
http://donedwardsjr.manager.eve-ntbrite.com**Saturday, Feb 28****Find the Elusive Gray Fox**

2:00 p.m. - 3:30 p.m.

*Search for clues to find wildlife*SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222**Saturday, Feb 28****Movie Night \$**

7:30 p.m.

*The Bank, The Scarecrow, and The Caretaker's Daughter*Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org**Saturday, Feb 28****My Spiritual Journey: Pathway to Peace**

2 p.m. - 4 p.m.

*Women explore peace and higher purpose*Santa Clara County Government Center
70 West Hedding St, San Jose
(408) 410-1974**Sunday, Mar 1****Snakes, Stories and Spirals**

10 a.m. - 12 noon & 1:30 p.m. - 3:30 p.m.

*Meet the snakes and create a spiral craft*Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org**Sunday, Mar 1****World Friendship Fair with an African Beat**

1 p.m. - 3 p.m.

*Memories of Senegal and Kenya with drum music*Milpitas Library
160 North Main St., Milpitas
(510) 794-6844
www.sccl.org**Sunday, Mar 1****Legend of the Lion and the Lamb \$**

11 a.m. - 12 noon

*Visit the lambs and create a craft*Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org**Sunday, Mar 1****Wonderful Wool \$**

1 p.m. - 2 p.m.

*Transform yarn into wooly wonders*Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org**Sunday, Mar 1****Hello Bunnies \$**

2:00 p.m. - 2:30 p.m.

*Relax and pet the rabbits*Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

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Sunday, Mar 1
Hike through Bay Area History
11 a.m. – 1 p.m.
Hike with a naturalist to learn about shoreline history. For adults.
Hayward Shoreline Interpretive Center
4901 Breakwater Ave, Hayward
(510) 670-7270
www.haywardrec.org

Monday, Mar 2
Bunco
10 a.m.
Dice game
No experience necessary

Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Monday, Mar 2
Celebrate Dr. Seuss' Birthday – R
4 p.m.
Create a stand-up portrait and enjoy green eggs and ham
Ages 5 – 9
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Tuesday, Mar 3
American Red Cross Blood Drive
9 a.m. - 2 p.m.
Call to schedule an appointment
Walk-ins welcome
Fremont City Hall
3300 Capitol Ave., Fremont
(800) 733-2767

Tuesday, Mar 3
Preparing Your 2015 Tax Strategy
7:00 p.m. - 8:30 p.m.
Discuss tax laws and maximizing deductions

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Wednesday, Mar 4
American Red Cross Blood Drive – R
10 a.m. - 3 p.m.
Schedule an appointment and use sponsor code: POLICE
Walk-ins welcome
Fremont Police Department
2000 Stevenson Blvd., Fremont
(800)733-2767
www.redcrossblood.org

Saturday, Mar 21
Fashion Show and Luncheon \$R
11:30 a.m.
Benefit for New Haven Schools and LIFE ElderCare
RSVP by March 13
Acacia Creek
34400 Mission Blvd., Union City
(510) 441-3740



SUBMITTED BY THE
CITY OF UNION CITY

Rock out to your favorite concert T-shirt and participate in the Mark Green Sports Center's "Rockin' the Run 5K/10K Fun Run & Walk" on Sunday, March 15! Boys', girls', men's, and women's divisions will be available for each race. A 5K Stroller & Pet Walking division will be held as well. The annual run was established to celebrate the opening of the Sports Center and is now in its 8th year.

Fees range from \$10 to \$25 for Sport Center members, \$15 to \$30 for

Union City residents, and \$20 to \$35 for non-residents; prices depend on age and if a T-shirt is included. Download a registration form at <http://38.106.5.171/home/showdocument?id=1696>. Pre-register by Friday, February 27 to be guaranteed a Fun Run T-shirt. For more information, call (510) 675-5808.

Rockin' the Run
Sunday, Mar 15
8:00 a.m.: Check in
9:30 a.m.: Race begins
Civic Center parking lot
34009 Alvarado-Niles, Union City
(510) 675-5808
www.unioncity.org
Fee: \$10 - \$35

My spiritual journey Pathway to Peace

SUBMITTED BY ZAKI AGHA

For all the advancements of the 21st century, we still live in a world filled with senseless violence, cyber attacks, international arms races and racial tensions. How can we individually and collectively work towards the true greater good?

The Women's Auxiliary of the Ahmadiyya Muslim Community of Silicon Valley is hosting a free conference on Saturday, February 28 to explore the different spiritual journeys women take to find peace internally, connect with humanity and serve a higher purpose.

Participants include:

Saliha Malik, National President, Women's Auxiliary, Ahmadiyya Muslim Community USA
Dr. Jackie Copeland-Carson, Chief Program and Operations Officer for Catholic Charities of Santa Clara County
Reverend Syliva Karuna Lunt, Executive Director and Director of Ministry Services at the Center for Spiritual Enlightenment

Pathway to Peace
Saturday, Feb 28
2 p.m. – 4:30 p.m.
County Government Center
70 W Hedding St, San Jose
(408) 410-1974
<http://www.eventbrite.com/e/my-spiritual-journey-a-pathway-to-peace-tickets-15297150188>
Free but please register

Unity through Diversity

SUBMITTED BY JEEVAN ZUTSHI

Indo-American Community Federation's (IACF) 14th Annual Unity Dinner will be held on Friday, March 20 at India Community Center in Milpitas. IACF was founded in 1994 as the first Indo-American organization to build bridges with mainstream organizations, diverse leadership, think tanks and public officials. Unity Dinner is celebrated to promote understanding and unity in diversity.

Join honored guests and public officials for sumptuous Indian food and host bar. Our keynote speaker is Russell Hancock, president and CEO of Joint Venture Silicon Valley, a prime advocate for regional government and economic cooperation. Honored guest speakers include Congressman Mike Honda (CA-17); Ambassador Venkatesan Ashok, Consul General of India, San Francisco; and California State Controller Betty T. Yee.

Tickets cost \$80 per person; \$800 per table of ten; and \$1,000 for VIP table of ten. For tickets or sponsorship opportunities, contact (510) 589-3702 or email jeevanzutshi@aol.com. You may also purchase tickets at www.indocommunity.us by clicking "Donate."

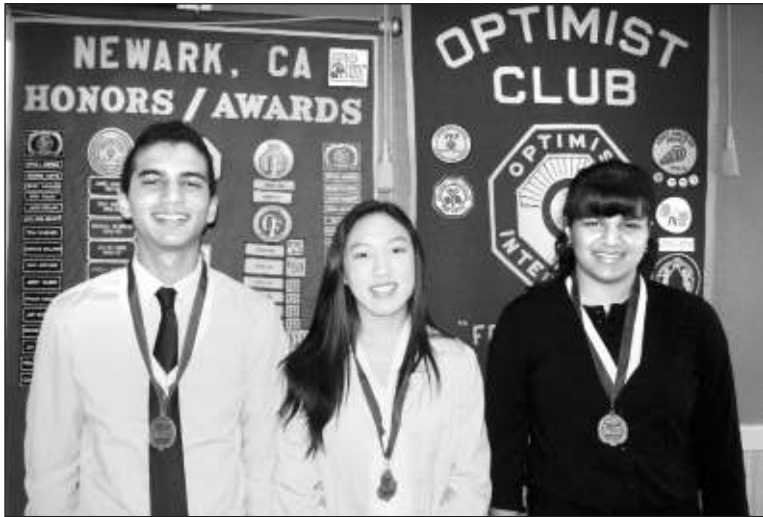
Unity Dinner
Friday Mar 20
6 p.m.
India Community Center
525 Los Coches St, Milpitas
(510) 589-3702
jeevanzutshi@aol.com
www.indocommunity.us
Individual: \$80
Table of ten: \$800
VIP Table of ten: \$1,000

Optimist Club announces contest winners

SUBMITTED BY DARRYL REINA

Ashley Chang, a 17-year-old senior at James Logan High School has been awarded first place in the annual Newark Optimist Club Essay Contest. This year's topic was, "Optimism Should Be a Priority." Ashley received a first place medallion and a \$200 cash award. She will now have an opportunity to enter the District-level competition, with a chance to win a \$2,500 scholarship.

Sonia Sanchar, a 16-year-old junior at Irvington High School finished in second place, and received a \$125 cash award. Kumail



(Left to Right): Kumail Aslam, Ashley Chang, and Sonia Sanchar

Aslam, a 17-year-old Newark Memorial High School senior finished in third place, and received a \$75 cash award.

The students read their award winning essays and were recognized at a recent morning breakfast event held at Newark's IHOP Restaurant, sponsored by the Newark Optimist Club.



FUSD crowns Spelling Bee winners

SUBMITTED BY BRIAN KILLGORE

Fremont Unified School District (FUSD) named its top spellers at the 2015 District Spelling Bee, held on January 29, at Gomes Elementary School. Congratulations to all the winners! Shown in photo from left to right: Elementary Education Director Debbie Amundson; 1st Place - Timothy Brahan, 6th Grade, Weibel; 2nd Place - Andrew Yu, 6th Grade, Ardenwood; 3rd Place - Ayushi Kashyap, 4th Grade, Mission San Jose; 4th Place - Abinayaa Murugupandian, 5th Grade, Ardenwood; 5th Place - Anish Kashyap, 6th Grade, Mission San Jose; 6th Place - Liana Dong, 6th Grade, Warwick; Superintendent Dr. Jim Morris, FUSD Board of Education Trustee Dr. Yang Shao.

PSA encourages bi-cultural Chinese parents to recognize emotional issues in children

SUBMITTED BY CHERYL GOLDEN

Every parent's goal is to raise confident, healthy and successful kids, but oftentimes, parents are unaware or find difficulty in helping their children combat depression, anxiety and/or phobias. And as today's youth faces pressure from parents, peers and social media, it's more important than ever for parents to pay special attention to their children's social and emotional development.

Thanks to a Kaiser Community Foundation grant, the City of Fremont Youth and Family Services (YFS) received \$30,000 to develop parent awareness, promote education for Mandarin-speaking families and increase access to essential mental health services for Chinese American youth.

Chinese-American community leaders and volunteers supported City of Fremont Youth and Family Services Division in the creation and production of a (PSA) public service announcement,

encouraging other Chinese parents to recognize emotional issues their children may be facing and to seek professional mental health services.

You can watch the 90-second video at: www.Fremont.gov/Mandarin90<<http://www.Fremont.gov/Mandarin90>>

You can watch the 3-minute video at: www.Fremont.gov/Mandarin3<<http://www.Fremont.gov/Mandarin3>>

"Often, eastern cultures discourage emotional expression and prefer to solve issues privately within the family because they feel embarrassed when disclosing concerns," says Dr. Helen Hsu, a clinical psychologist at YFS, and current Vice President of the Asian American Psychological Association. "Our goal is to provide information to decrease community stigma, which creates barriers to good student health."

For more information on these workshops and available support and services, contact Fremont's Youth and Family Services' at (510) 574-2157.

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St. Joseph wins nail biter, captures first place
Women's Volleyball
SUBMITTED BY LORRAINE CHEW

The 7th grade St. Joseph School of Fremont Volleyball team came in first place in the Oakland Diocese CYO (Catholic Youth Organization) playoff games on February 17th. Coached by Dru and Viola Gheorghiu and Ron Viado, the girls played a nail biting game against St. Anne's of Union City; fans of both sides were on the edge of their seats during the whole game.

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6943 Thornton Ave., Newark

Mariners continue to dominate

Men's Basketball

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

The Moreau Catholic Mariners continued to dominate Mission Valley Athletic League (MVAL) men's varsity basketball by overpowering John F. Kennedy of Fremont 107-50, moving to 13-0 record. The Mariners quickly took control, opening up a 34-11 first quarter score with a great display of offense and never looked back.

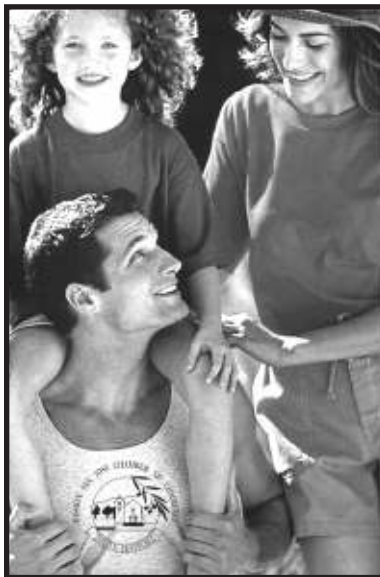
Oscar Fraver was the star of the night for the Moreau with 23 points as he showed his speed. He had a lot of help from his teammate Damari Milstead who added 20 of his own a impressive defense that forced the Titans into turnovers. The bright spot of



Oscar Fraver of Moreau Catholic High School showed plenty of speed in MVAL action against J.F. Kennedy High School

the night came for Kennedy as they held Moreau to just six

points in fourth quarter... but it was too little to late.



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A special Olympian event

Basketball

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

Newark Memorial High School hosted a special Olympics event on Friday

February 20 2015. With help from students of the Fremont and New Haven School Districts, Special Olympics of Northern

California, Mission Valley Special Education Local Plan Area (SELPA) and many hard working volunteers, Special Olympians were treated to special day of fun, excitement and basketball.

Olympians were divided into three teams with the goal of unifying all K-12 students – disabled and non-disabled. All participants reflected the excitement and joy of the event. Participating schools included: Alvarado Middle School, American High School, Bridgeport High School, Cesar Chavez Middle School, Fremont Young Adult, Horner Junior High School, James Logan High School, J.F. Kennedy High School, Mission San Jose High School, Newark Memorial High School, Walters Junior High School and Washington High School.



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Pioneers Vault into third place at championships

Women's Swimming

February 21st.

1,650-yard freestyle
Rachel Shimizu; 6th place, broke 34-year old school record
Hannah Cutts; 7th place

200-yard backstroke
Mariam Lowe; 3rd place, school record
Alyssa Tenney; 6th place

200-yard breaststroke
Claire Beaty; 7th place, school record

Cal State East Bay finished third with 824 points in the team competition. The Pioneers overtook Azusa Pacific (820.5) on the final event when the 400-yard free relay team took fourth and the Cougars sixth.

Tri-City checkmates at national tournament

SUBMITTED BY
TED CASTRO

Chess was the topic for 293 kids from the Bay Area and other parts of the country who gathered at the Santa Clara Convention Center on January 24-25 to vie for coveted National Titles. Fremont-based chess club, Nor-Cal House (NHC) of Chess, dominated Team Championships winning three national team titles out of the five sections they participated in. Impressively, the other sections got 2nd place!

In the 16-under section, NorCal House of Chess triumphed by scoring 10.5 points (5.5 pts. ahead of

the 2nd place finisher). The 16-under team, composed of Fremont kids, led by National Master Pranav Nagarajan (who is a co-National Champion), Calvin Tam (4th place) and Seth Castro (5th place).

In the 12-under division, NHC scored 11.5 points, a half point ahead of Berkeley Chess School. The team was bannered by Chenyi Zhao (2nd place finisher) from Warm Springs Elementary, Ronit Pattanayak (Delphi Academy), Mihir Bup-tani (Mission San Jose High School), Alan Yao (Hopkins Junior High), Rithwik Narendra, Steve Rong, and Nivedha Kumar.

In the 8-under section, 3rd

grader Ahyan Zaman from Parkmont Elementary in Fremont became the National Junior Champion by winning all of his games. He won in an exciting fashion in the last round by beating the highest rated opponent from Berkeley. Ahyan is currently coached by Ted Castro and his dad, Ashik Uzzaman (who is also an expert chess player). He has played at the Nationals in Florida and also won \$ 1,000 at the Millionaire Chess Tournament in Las Vegas last year.

Several East Bay competitors helped NHC bag the hotly contested 8-under section winning it by half point with a total of 13 points.

The team included: Katherine Pask, Pranav Bellanagari, Prisha Jain, Prathul Ganesh, Anand Hadli, Erin Law, Brickman Jones, Nik Sadeghi, Sriram Venkatesh.

Other Tri-City kids who did very well in this tournament were: Sriram Krishnakumar (National Champion 6-under), Aditya Kumar (4th place in the 12-under) from Forest Park, Kory Hui (3rd place in the 18-under) from Irvington High School, Shaurya Palusa from Forest Park and Shreyas Jay from MSJE both tied for 2nd place in the 6-under; Louis Law (10th place) from Weibel; Ryan Dong (16th) from Chadbourne.

For more information, visit www.norcalhouseofchess.com or email norcalhouseofchess@gmail.com.



National Age8 - National Champion 8-year old Ahyan Zaman from Fremont with his coach Ted Castro



National Junior Team- NorCal House of Chess kids with their coach showing off their trophies at the National Junior Congress



National Junior Age 16 - National Champions in the 16-under Division-Tri City kids National Master Pranav Nagarajan from Fremont, Calvin Tam from Fremont and Seth Castro from Union City

Life West rugby on the rise

Rugby

SUBMITTED BY DIANA ROHINI LAVIGNE
PHOTO BY KYLE GLENN

The Life West Gladiators Rugby Team enters its second season moving up into Division Two, with a new coach, and the introduction of a newly formed Women's Rugby team.

Coach Adriaan Ferris joined the team last October and comes to Life Chiropractic College West as the college's first athletics director. A former professional rugby player and international rugby coach, he has had the squad training intensely leading up to their first game in early January. After the first three games, the team has won all the games thus far and is yet to suffer a defeat.

The new Life West Women's team, the Gladiatrix, has also been formed and had their first win recently after losing their first round match against SFGG (San Francisco Golden Gate) on Treasure Island. A mix of chiropractic students and local players form the team. The team also features USA squad member, Jen Sever.

The squad is pleased to announce the appointment of their new Women's coach, Nili Latu. A rugby legend, Latu is an international rugby player, who has just finished a season in Japan where he played for the NEC Green Rockets. He is the current captain of the Tongan International Team, where he plays in the position of flanker. In 2008, Latu was included on a list of the 50 best rugby players in the world by The Independent newspaper.

Latu is most excited to be part of the Life West rugby development and is also looking forward to meeting the Bay Area Tongan community. He played with the Gladiators, in his first game on the weekend of February 21-22 at Cal State East Bay. Follow the team online at www.lifewestrugby.com



Cougars perform well at league finals

Wrestling

SUBMITTED BY TIM HESS

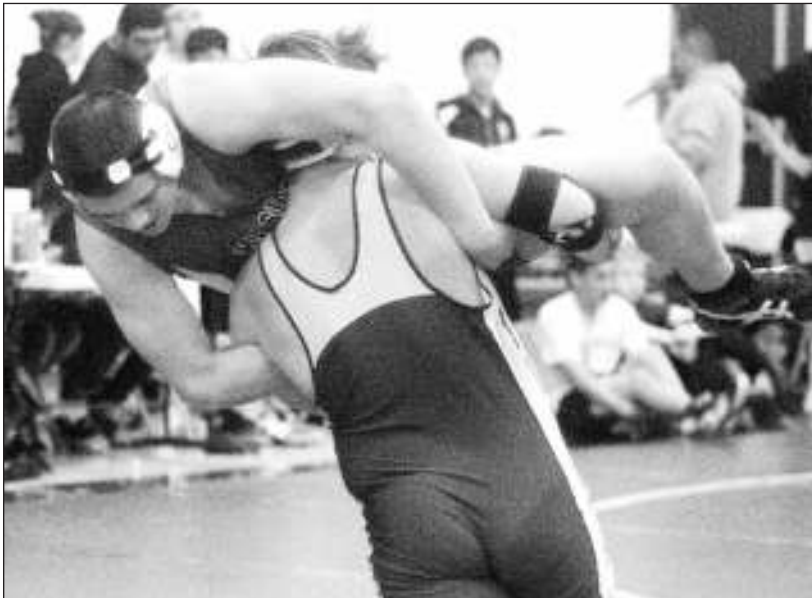
Congratulations to the Cougar Wrestling Team on another excellent effort at the Mission Valley Athletic League (MVAL) Finals at American HS. Kyhree Mackey (138lbs) and Murrell Anderson (285) were both crowned MVAL Champions. Michael Salazar (145lbs) placed 2nd. Hiep Tran (113lbs), Gabriel Jasso (120lbs), Evan Smith (126lbs), and Daniel Jimenez (160lbs) all placed third to capture a spot in the North Coast Section (NCS) Wrestling Championships at Logan HS on Fri and Sat 2/27-28. Tim Tuite (182lbs) placed 4th and will be an NCS alternate.

Cougar JV wrestlers Denir Delmundo (126lbs) and Jirathip Silakum (195lbs) placed first while Xander Pereira (132lbs) and Bernardo Martinez (152lbs) placed second.

Lady Cougar Wrestlers Catli Tran and Gabby Jones placed third while Raelyn Troche followed up her NCS Title with an MVAL Title. Raelyn will be competing at the CIF State Girls Wrestling Championships in Visalia.



James Logan continues winning ways



Wrestling

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

A long standing tradition of James Logan Colts dominating Mission Valley Athletic League Wrestling continued at league finals February 21st. The match was filled with excitement as things got started:

106 weight class: Aaron Perez pinned EJ Santos of American
113 weight class: Deion Sirwet of Mission SJ won a 7-4 decision over Jharell Bruce
120 weight class: Manavot Singh pinned Jacob Treat of American
126 weight class: Jared Luty of American made some great moves to beat Jonathan Lin of Mission SJ 8-0
132 weight class: packed with action and great moves as Ryan Fe-

liciano won 3-1 over Dante Sirwet of Mission SJ
138 weight class: Kyhree Mackey pinned Anthony Lopez of American for the win
145 weight class: Josenio Blancoput put on a great move to pin Michael Salazar of Newark Memorial
160 weight class: Kyle Williams won a 7-5 decision over Michael Damaso of Irvington
70 weight class: Jermaine White

from Washington 5-0 over Apollo Holmes
182 weight class: William Dixon of JFK pinned Lazaro Carrasco
195 weight class: Rolan Bautista pinned Nick Loya of JFK
220 weight class: Derrian Angeles of JFK pinned Ernesto Ponce of Washington
285 wt class: Murrell Anderson of Newark Memorial beat Genaro Estrada of American

Team Standings:

James Logan	215
American	113
Newark Memorial	106
Mission SJ	89.5
Washington	61
Irvington	48
JFK	47

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzusd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Plan for express lanes between Oakland and Milpitas

SUBMITTED BY
METROPOLITAN
TRANSPORTATION COMMISSION

The Metropolitan Transportation Commission (MTC) plans to convert the existing High Occupancy Vehicle (HOV) lanes between Oakland and Milpitas into express lanes.

Express lanes are specially-designated highway lanes that are free for carpools, vanpools, buses and other eligible vehicles, and also allow solo drivers to pay tolls to use the lane.

The project intends to:
Maximize the capacity of the HOV lanes;

Provide reliable travel times for customers;
Better manage lanes to keep traffic moving; and
Allow solo drivers access to the HOV lane by paying a toll.

MTC invites you to attend an informational meeting on Wednesday, February 25, to learn about the project and talk with project team members.

Express Lanes Informational Meeting
Wednesday, Feb 25
5 p.m. – 7 p.m.
Fremont City Hall
3300 Capitol Ave, Fremont
Fremont, CA 94538
www.BayAreaExpressLanes.org

Hayward City Council

February 17, 2015

Boards and Commissions:

Brian Schott was appointed to the Planning Commission and was supported by six Councilmembers during the meeting. Councilmember Al Mendall, who voted against Schott's appointment, pointed out that majority of the Planning Commissioners reside in the North Hayward area. He stated that he would like to see representation from the South Hayward area. (Mendall – Nay)

Consent:

Council adopted the resolution authorizing the City Manager to accept and execute a grant from Caltrans for runway pavement rehabilitation at Hayward Executive Airport. This grant amount of \$498,600 will pave approximately 35 percent of Runway 28L-10R.

Council adopted the resolution authorizing city manager to execute an amendment to a professional services agreement with independent consultant Joanna Bromstead for Hayward Public Library's Homework Support Center program in an amount not to exceed \$35,464.

Work Session:

The City of Hayward Brand Assessment and Economic Development Marketing Platform Presentation was led by Frank Holland, Community and Media Relations Officer. According to staff report, Council approved a comprehensive Economic Development Strategic Plan (EDSP) in 2013 "to strengthen Hayward's position within the region as a prime location for business and development." Brainchild Creative, an award-winning, local advertising firm, was contracted by the City "to carry out the assessment and subsequent creative development, including key messages, graphic standards, and a prototypical marketing plan designed to demonstrate cost-effective ways to extend the reach and penetration of the City's messaging." Holland presented a new Hayward logo, as well as a stylized map identifying the boundaries of the City, and how these images can be utilized to promote the City further. The presentation was received with much praise from the Council.

Mayor Barbara Halliday	Aye
Mayor Pro Tempore Greg Jones	Aye
Francisco Zermeño	Aye
Marvin Peixoto	Aye
Al Mendall	Aye, 1 Nay
Sara Lamnin	Aye
Elisa Márquez	Aye

Protect against measles before international travel

SUBMITTED BY ANITA GORE

With the spring holidays approaching in the next weeks, many Californians are heading to the Philippines or other countries where measles outbreaks are occurring or measles circulates in the population. The California Department of Public Health (CDPH) strongly encourages all Californians to make sure they are protected against measles and other dangerous diseases before they go abroad.

"Measles is extremely contagious and can be very serious. The best way to protect yourself and your family against measles is with the Measles Mumps and Rubella (MMR) vaccination, which is 97 percent effective after two doses," says Dr. Gil Chavez, deputy director of the CDPH Center for Infectious Disease Prevention and state epidemiologist. "Vaccination is especially important for those who plan to travel internationally, which places them at high risk of getting the disease and spreading it to others after they come home."

The current outbreak beginning in December 2014 is likely to have started from a traveler who got measles overseas. Most cases of measles in the United States in 2014 were associated

with travel to and from the Philippines, where measles has been widespread. Other cases were associated with travel elsewhere in Asia, Europe or Africa. Measles has also been spread at international airports.

Immunization with MMR vaccine protects against measles while abroad and back at home. Unvaccinated Californians who are traveling outside of North or South America should receive the MMR vaccine before they go. Infants who are traveling abroad can be vaccinated with an early dose as young as six months of age (though they should also have the two standard doses of the MMR at 12-15 months and at 4-6 years of age).

Measles begins with a fever that lasts for a couple of days, followed by a cough, runny nose, red, watery eyes, and rash. The rash typically appears first on the face, along the hairline, and behind the ears and then affects the rest of the body. If you think you or a family member may have measles, promptly contact your health care provider by telephone before entering a medical facility, where the disease could spread to others.

More information about measles is available at www.cdph.ca.gov

TAKES FROM SILICON VALLEY EAST



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.
To subscribe to all blog posts scan this QR Code or visit ThinkSiliconValley.com/silicon-valley-east/

Proud to Call Fremont Home

BY MIKE RAAB, CEO OF ARDELYX, INC

We recently met with Michael Raab, CEO of Ardelyx Inc., a biotechnology company focused on the discovery, development, and commercialization of therapies to treat cardio-renal, GI, and metabolic diseases. This interview with Mike is the latest installment in our life sciences blog series. Here's his take on setting up shop in Fremont and his vision for the life sciences industry in Fremont, Silicon Valley, and beyond.

City of Fremont: What are some of the reasons why Ardelyx chose to settle in Fremont?

Michael Raab: We originally chose Fremont over other cities in the Bay Area because it was centrally located and (here's the clincher) very affordable. As a new company, we found this extremely important, since we were able to allocate more funds toward growing and focusing on our business goals rather than on excessive overhead costs. We've called Fremont home for more than seven years now, and we couldn't imagine being anywhere else.

Fremont: Thanks! We'll take that as a compliment. So, what can you tell us about your life sciences counterparts throughout the rest of Silicon Valley?

MR: This is a very exciting time for life sciences companies here in Silicon Valley, and we're thankful to be a part of it. In 2008, we saw many smaller companies in the industry hit hard by the financial crisis. Unfortunately, many companies were unable to stay afloat. With the support and confidence from our investors and our development partners, which include AstraZeneca and Sanofi, we have been fortunately shielded from the crisis. But, in the last five years or so, we've been very encouraged by the resurgence of venture capital firms investing in the space, allowing both new and existing companies to flourish and innovate in a wide variety of therapeutic areas.

Fremont: Got it. So, besides funding, what are some other challenges life sciences companies need to overcome?

MR: Drug discovery and development is an extremely expensive undertaking. By its nature, it takes years (sometimes decades) before a company knows whether or not its drug is going to work in the manner expected. Thus, the time horizon for many investors can be quite long. Gaining confidence and support is vital. Collaborations with like-minded partners can also help move development and clinical programs along.

Fremont: Flipping the coin, what is pivotal to the success of a life sciences company?

MR: Ensuring that a company has a strong source of capital is undoubtedly important. Our IPO, as well as an additional milestone payment following a successful trial of our lead product candidate, Tenapanor, puts Ardelyx in a well-funded place as we continue ahead with our development programs. Innovative ideas that can address unmet needs are vital as well, though not possible without a strong scientific and clinical team, which we have attracted. Being located in Silicon Valley has allowed Ardelyx to build a team of unique, talented individuals across all disciplines of the company.

Fremont: Any closing thoughts on what we can expect to see from the life sciences industry in 2015?

MR: The industry is evolving at a rapid pace, and over the last two years, the IPO market for life science companies has been very strong. In 2015, we should see much more clinical data in exciting areas such as immunotherapy for cancer, novel ways to treat cardio-renal disease, and hopefully more rapid approval of drugs by the Food and Drug Administration.

On a more personal level, we are very encouraged and enthusiastic about Ardelyx's future prospects. We believe that we have the components to emerge from a development-stage biotechnology company into a commercial leader in our space. And, we are proud that we are able to do all of this in Fremont.

Help shape the future of downtown Hayward

SUBMITTED BY
CITY OF HAYWARD

Hayward is currently seeking applicants to serve on the new Downtown Specific Plan Task Force! The Task Force will meet at least seven times over the course of 14 months to make recommendations on key issues and to weigh in on critical decisions leading to a preferred plan that establishes primary goals and strategies to achieve them.

The Downtown Specific Plan will provide a community-supported vision for the Downtown, specific development and zoning standards, and implementation measures to realize the Plan's goals and objectives. It will build upon Downtown Hayward's existing strengths and bolster efforts to energize the area. This effort will also bring the Downtown

Specific Plan into sync with the updated General Plan and provide implementation strategies for some of the over-arching policies in the General Plan.

We need your help! Please consider lending your perspective and voice to this important project.

Applications are available online at: <http://bit.ly/1EVKtHs> and should be sent/delivered to: **City of Hayward – Development Services Department Planning Division – Lobby level**
777 B St, Hayward
94541-5007

Deadline for applications is 5 p.m. on Friday, February 27. Postmarks will not be accepted. Interviews will be held the week of March 1 and appointments to the Task Force will occur on March 9.

For additional information, please call (510) 583-4210.

OPINION



WILLIAM MARSHAK

Budgets

City operating budgets are interesting and revealing documents. Unfortunately, though available for public scrutiny, few read them and even fewer take time to understand what is going on. Cities are charged with multiple tasks and therefore use a variety of funds to try to clearly define what monies are designated for each area of responsibility. Some funds are received as “restricted,” and can only be used for specific purposes, while others are general but may be deposited in accounts that have been named for a specific purpose. An Operating Budget will show a variety of accounts that allow each department to understand where its money is coming from and how much they have to spend. However, some accounts are set up, not due to a restriction from an outside funding entity, but rather by the direction of city council. These accounts can be opened for a specific project or as an “opportunity fund.”

If a city decides to build a new town hall, there may be funds available from outside sources to help do this but let's assume there are no such funds. The new building will cost \$10 million. Taxes due to the city are paid and collected. To save the money, the city sets up fund #809 to receive \$1 million each year over the next 10 years. Each time the Operating Budget is shown, Fund #809 will reflect the deposit but is separated from the General Fund assets. In five years, the city will have deposited \$5 million in the Fund #809 and include accumulated interest.

What happens if the city runs into hard times and the General Fund is unable to receive enough revenue for operations? In most cases, a reserve fund has been developed to help during the crisis. A close look at operations may also reveal areas that can be streamlined to cut costs. But, don't forget the \$1 million dollars being deposited each year into the new town hall fund. When things get really tight, that contri-

bution can be reduced or deferred. Although the fund has been set up to receive the annual contribution, there is no requirement that the city do this.

An average citizen may not have the time or inclination to read the budget for their city, but by breaking it down into manageable parts, a person can watch a particular portion of it to see if projections and expenditures are reasonable. For instance, those interested in the parks and recreation services of a city will find that area covered in the budget and can monitor what is going on.

Looking at projected income and expenses may be comforting or raise questions. In some cases, questions of why expenditures are included or omitted can cause serious reconsideration by city officials. This is true citizen participation and will create meaningful dialogue. Whether comment is about historic preservation, a park, building maintenance, salaries and benefits or a myriad of other issues, constituent input is imperative for healthy government.

You can participate by simply reading a few pages of the Operating Budget of your city usually found on a website or at city offices. Surprisingly, many parts of the budget are easy to read and understand.

William Marshak
PUBLISHER

Police seek female robbery suspect

SUBMITTED BY FREMONT PD

The Fremont Police Department is investigating a robbery incident that occurred earlier this month as a result of a victim soliciting the services of a suspected prostitute.

On February 7, a male victim contacted a female via an online prostitution website. The victim then drove to a location where he picked up the suspected female prostitute and took her back to his residence for the purposes of engaging in sexual favors in exchange for money. During the encounter, the male victim even-

tually passed out and believes that he may have been drugged. When the victim awoke, he was physically assaulted by the female and three additional unknown male suspects. The victim was tied up (hands behind his back) and physically beaten as he was questioned by the suspects as to where valuables were located within his residence. The suspects ransacked the residence and stole numerous items from the victim including laptops, phones and US currency. When the victim was able to free himself, he called police and provided a photograph of the female suspect.

The female suspect is described as an Italian or Hispanic female, 18-22 years old, 5'2" – 5'4", approximately 140-160 lbs and had long black hair with red highlights. The female has several visible tattoos including multiple 'stars' on her chest and script writing on her back. She self-identified herself to the victim as “Krissy.”

Fremont PD is seeking the public's assistance to help solve this case. Detectives are asking that anyone who may have information about this case or recognizes the female in the photograph, to please contact the Robbery Unit at (510) 790-6954

or (510) 790-6900. You can also send an anonymous tip by texting Tip FREMONT PD followed by your message, to 888777.



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You help create a world with less cancer and more birthdays.

Thanks to your donations and purchases, the American Cancer Society's Discovery Shop raises money and awareness to finish the fight against cancer.

A toast to more birthdays!

Take a trip to wine country without leaving town. Visit the Fremont Discovery Shop and find wine related merchandise. Discover a wide selection of wine glasses and beautiful glassware, bottle holders, & your favorite grape patterns. *No alcohol will be sold at this event*

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Fremont City Council

February 17, 2015

Meeting opened with a moment of silence and adjourned in memory of Don Dillon, former Councilmember and Mayor of Fremont

Vacancy on George W. Patterson House Advisory Board

Consent:

Approve property and purchase agreement with MidPen Housing Corporation for vacant surplus property on Decoto Road.

Ceremonial Items:

Recognize Chinese Lunar New Year; song presentation by Mandarin Immersion Class from Azevada Elementary School.

Honor Lt. Fred Bobbitt, Sgt. James Koepf and Officer Rodney Little; all have completed 25 years of service with Fremont Police Department.

Oral Communications:

•Attention called to noise and odors of Newby Island landfill. Although not in Fremont, this affects residents.

•Request to consider a stoplight at Paseo Padre Pkwy and Pine Street.

•Opposition to proposed Mission Peak hiking fees.

•Recognition of past mayor Don Dillon’s contributions to Fremont

•Urge City of Fremont to require a Community Benefits Agreement for Warm Springs developments.

•Fremont Freewheelers annual bicycle ride will begin on April 26, 2015 at Mission San Jose High School; request for change of street sweeping schedule.

•Request assistance for music festival in Fremont.

Scheduled Items:

Amend rate and method of apportionment of special tax for Community Facilities District 1 (Pacific Commons) and call for special election.

Review and approve Capital Improvement Program (CIP) process and Public Works Contract completions and close-outs. The five year capital funding plan includes existing and new projects. The current plan is focused on basic maintenance needs and Measure BB funding. Fund use is divided into: Capital Improvement Fund, Gas Taxes, Traffic Impact Fees, Bicycle and Pedestrian Funds, Park facilities and acquisition and Committed/Restricted/Debt. Many unfunded needs remain although funds show modest increases.

Mayor Bill Harrison Aye
Vice Mayor Suzanne Lee Chan Aye
Vinnie Bacon Aye
Lilly Mei Aye
Rick Jones Aye



L to R: Fremont Police Chief Richard Lucero and Mayor Bill Harrison with 25 year veterans of Fremont PD: Officer Rodney Little, Lt. Fred Bobbitt and Sgt. James Koepf .



Students of the Azevada Elementary School Mandarin Immersion Class welcome Chinese Lunar New Year with song.

Community dialogue on Immigration reform and Texas lawsuit



In light of a court challenge in Texas regarding the validity of expanded eligibility for deferred deportation action by the Federal Government, U.S. Rep. Mike Honda (17th District, CA) hosted a panel discussion on February 21 at Mission Valley ROP in Fremont. Attendees were assured that those considering or applying for immigration relief through Deferred Action for Childhood Arrivals (DACA) legislation can continue without interruption. However, a Texas lawsuit and court action has put

others anticipating implementation of an expanded version of DACA and its parental corollary, DAPA (Deferred Action for Parental Authority), in a wait and see situation.

The panel including Honda, Christopher Martinez of Catholic Charities, Deputy Consul General of Mexico Javier Aguilar, Bea Pangilinan of the Asian Law Alliance and Denize Sanchez, Ohlone College Student spoke of their commitment to supporting undocumented students and parents with legislation and support-

ive services for those seeking assistance. The temporary injunction halting President Obama’s Executive Order expanding DACA and implementing DAPA was termed a “fear tactic” and “temporary setback.” Participants assured the community that the current DACA program is working and an emergency executive order is being considered to avoid lengthy legal delays of the expanded version and DAPA.

It was also noted that some undocumented individuals and families are working with un-

scrupulous practitioners of immigration law who have no legal standing in such cases. The East Bay Naturalization Collaborative can assist with information and referrals. For additional information, contact Congressman Mike Honda (408) 436-2720 or members of the Collaborative:

- Asian Pacific Islander Legal Outreach, Oakland (510) 251-2846
- Catholic Charities of the East Bay Oakland (510) 768-3100
- Richmond (510) 234-5110
- Concord (925) 825-3099

Centro Legal de la Raza, Oakland (510) 437-1554

East Bay Sanctuary Covenant, Berkeley (510) 540-5296

International Institute of the Bay Area Oakland (510) 451-2846 x301

Antioch (925) 237-8581

Fremont (510) 894-3639

International Rescue Committee, Oakland (510) 452-8222

Jewish Family & Children’s Services of the East Bay, Walnut Creek (925) 927-2000 x606

Korean Community Center of the East Bay, Oakland (510) 547-2662

Milpitas City Council Meeting

February 17, 2015

Presentations and Proclamations:

Presentation of Milpitas “Artist of the Year” to drummer Joe Santoro

Certificate of Appreciation to non-profit group Engineers 4 Tomorrow

Consent:

Approve art and culture in-kind grants for fiscal year 2014-15

Adopt a resolution amending the classification plan to eliminate two assistant civil engineer positions and add one Associate Civil Engineer and one Engineering Permit Technician position within the land development section of the engineering department.

Adopt a resolution amending the classification plan to establish the new classification of building inspection manager.

Approve amendment to the agreement with Norma Nelson for part time buyer services in the not-to-exceed amount of \$19,800.

Public Hearings:

Conduct a public hearing and introduce an ordinance approving a development agreement vesting and deferring transit area specific plan fees for projects in the areas known as the Edge and Amalfi I and II.

2 ayes: Indihar-Giordano and Grilli, 3 nays: Esteves, Barbadillo and Montano

Unfinished Business:

Receive monthly update of the Odor Control Report. In January of 2015, the City received 613 such reports.

Reports of Mayor and Commission:

Per recommendation of the Milpitas Arts Commission, approve the Public Art Electrical Box Painting Project with a budget of \$5,200.

Agreements & Bids:

Approve amendment to the agreement with Triple HS, Inc. doing business as H.T. Harvey and Associates to increase compensation in the additional amount of \$21,055 for the Wrigley-Ford and Ford Creek maintenance projects.

Mayor José Esteves: Aye, 1 Nay
Vice Mayor Carmen Montano: Aye, 1 Nay
Debbie Indihar-Giordano: Aye
Garry Barbadillo: Aye, 1 Nay
Marsha Grilli: Aye

San Leandro announces new downtown lighting, ends parking shuttle

SUBMITTED BY TERESA MEYER

The City of San Leandro announced that the pilot Downtown-BART Parking Shuttle, which was launched in early January 2015, will cease operations at the end of February due to low ridership and downtown parking usage. The pilot program was initiated to assist BART commuters being displaced from the East BART parking lot during the ongoing construction of the “Marea Alta” apartments (previously called “The Cornerstone”). As a means of assisting the travel-

ling public, the parking mitigation funding previously allocated by the City Council will instead be used to enhance pedestrian lighting in areas in close proximity to the downtown BART station.

A total of 41 street lights were collectively identified to be upgraded to improve downtown pedestrian lighting. Specifically, new downtown lighting improvements will be installed on Davis Street, West Estudillo Avenue, West Juana Avenue and Parrott Street between San Leandro Boulevard and Hays Street. This work is scheduled to be completed in April 2015.

Once the Marea Alta project is completed in Spring 2016, it will include a shared parking garage that will provide 246 permanent underground parking spaces for BART patrons. The San Leandro Tech Campus, scheduled to be completed in summer, 2016, will bring an additional 400 public parking spaces to the Downtown BART station area.

For more information on parking and alternative transportation options, please visit www.slparkingpermits.org or call (510) 577-3440.

Government to assist California family programs

SUBMITTED BY THE U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

Health and Human Services Secretary Sylvia M. Burwell recently announced \$22,601,834 in grant awards to California to support the Maternal, Infant, and Early Childhood Home Visiting Program (Home Visiting Program). These funds will allow California to continue to expand voluntary, evidence-based home visiting services to women during pregnancy and to parents with young children. Nationally, \$386 million was awarded to states, territories, and nonprofit organizations to support the Home Visiting Program.

The Home Visiting Program currently serves approximately one-third of the counties in the country with high rates of the following indicators: low birth weight, teen birth rate, living in poverty and infant

mortality rates. More than 1.4 million home visits have been conducted through the national Home Visiting Program, serving parents and children in 721 counties in all 50 states, the District of Columbia, and five territories. In 2014, the Home Visiting Program served 115,000 parents and children across the nation. Nearly 80 percent of families participating in the program had household incomes at or below the 100 percent of the Federal Poverty Level.

For more information on HRSA’s Home Visiting Program, visit <http://mchb.hrsa.gov/programs/homevisiting>.

For a list of awardees, visit www.hrsa.gov/about/news/2015tables/homevisiting.

Birth

Marriage

For more information
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tricityvoice@aol.com
Obituaries

LIFE CORNERSTONES

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January 12, 1951 – February 15, 2015
- Virginia M. Winans**
RESIDENT OF FREMONT
December 15, 1925 – February 17, 2015
- Masaru Yamasaki**
RESIDENT OF FREMONT
September 22, 1929 – February 20, 2015
- Margorie A. Fisk**
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Obituary

Johanne Annette Taylor
April 22, 1945 – February 15, 2015

Born April 22nd, 1945 in Ohio, and entered into rest on February 15th, 2015 in Union City, California at the age of 69. Survived by her husband of 51 years Roger Taylor, and her sister Beverly Aravos (Bob).

At Johanne’s request, no services will be held.

Fremont Chapel of the Roses
510-797-1900

Obituary

Masaru Yamasaki

September 22, 1929 – February 20, 2015



Masaru Yamasaki joined his wife in Nirvana on February 20th. A native Californian, he was born in Sacramento in 1929, number 5 of 7 boys. He and his family were interned in Tule Lake, CA during WWII when the Japanese Americans were forced from their homes due to Executive Order 9066 on February 19, 1942. His family relocated to Berkeley after the war. 'Mas', as he was known by family and friends, served in the U.S. Army during the Korean War, where he served under the colonel in charge of the MASH units that was popularized in the movie and TV series. That colonel honored Mas with the Bronze Star, which became one of the most important recognitions of his life. Married to Helen Etsuko Tashiro of Honokaa, HI in 1963, the couple settled down in Fremont, CA, where they reared their two children, Lauren and Kyle. Mas enjoyed an early retirement and kept himself busy with speaking to various schools in the Bay Area about Japanese American internment camps. Mas and Helen were both very active with the Southern Alameda County Buddhist Church (SACBC), serving on the board as well as being a Dharma School teacher for more than 25 years. Mas was the primary caregiver to his wife during her battle with Alzheimer's Disease until her transition in 2010. Mas, known for his jokes and puns, is survived by his children and their families, 2 of his brothers and their families and many more extended family members. His memorial service will be held at SACBC at 32975 Alvarado-Niles Road, Union City, CA 94587 on Saturday, February 28th at 4pm.

Gambling industry targets
presidential battleground states

By Kimberly Pierceall
Associated Press

LAS VEGAS (AP), The casino industry, which for years preferred that the federal government stay out of its business, now wants to be part of the debate in choosing the next president of the United States.

The American Gaming Association announced plans Thursday to target presidential battleground states including Nevada, Iowa, Colorado, Florida, Pennsylvania and Ohio in the upcoming election in a first-time unified campaign for political support.

That's not to say the gambling industry has been anything but political before. The step into the mainstream, called ``Gaming Votes," represents a new chapter, though, for an industry that has mostly avoided large-scale, out-in-the-open campaigning beyond individual company endorsements, campaign donations and lobbying efforts.

"It's a more public face of a lobbying effort," said Eric Herzik, chair of the University of Nevada, Reno's political science department. "Gaming is now so entrenched across the nation that they're acting like any other industry."

Along with urging candidates to support issues to benefit the industry, the plan will also involve encouraging the industry's workers in those states to go to the polls.

Don't expect an outright presidential endorsement, though.

"We provide the facts and we leave it up to others to make the decisions," said Geoff Freeman, president and CEO of the American Gaming Association.

And don't expect the industry to agree on everything. They certainly haven't agreed on whether or not online gambling should be allowed. The deep divide has put billionaire Sheldon Adelson and his Las Vegas Sands Corp. and casino developer Steve Wynn on one side advocating for an outright ban on online gambling. On the other side has been MGM Resorts and Caesars Entertainment, among others.

"Unanimity is not an achievable goal," said Jim Murren, CEO of MGM Resorts and chairman of the American Gaming Association, of some issues and in any case where there's a consortium of different people.

Because of that, the issue isn't likely to be brought up by the American Gaming Association which hasn't taken a stance one way or another.

Rather, Freeman said the industry will want a say on issues that aren't entirely unique to their own. Immigration, tax reform, national security, health care, cyber-security and more are all issues affecting the industry as well as gambling-specific policies such as anti-money laundering efforts and illegal gambling.

At Thursday's announcement, the group was already speaking the language of presidential campaigning by uttering one word more than others: jobs.

The industry group that represents the interests of massive corporate-owned and Wall Street-backed casinos, Native American tribes and gambling machine manufacturers touted the 1.7 million jobs in the industry that span more than 200 different types of careers beyond blackjack dealers and cocktail waitresses. A study from Oxford Economics commissioned by the group said 45 percent of the workforce is a minority and 48 percent are women.

Jobs are what the industry focused on in Massachusetts.

"Massachusetts is an example of what can happen when they put their resources behind something," said Dave Guarino whose group Repeal the Casino Deal Committee was on the losing end of a ballot measure to bar gambling there. He said the industry battles have mostly been state by state, city by city, with heavy investments made by the individual casino operators.

Guarino said he sees the casinos ``battling for their very existence at this point," faced with more competition and thinner revenues as gambling has spread to more states.

"If you can simplify the message and make it about something people desperately want and need, you tend to be successful," he said.

Information found in ‘Protective Services’ is provided to public “as available” by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of the agency

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A safe and secure business

A workshop presented by the Newark Chamber of Commerce on February 19th explored methods for business owners to safeguard their property and personnel. Newark Police Community Engagement Manager Donna Shearn was joined by Special Assistant Tim Jones to explain basic tips to avoid and report criminal activities. They stressed that awareness of surroundings, communication in business and neighborhoods and observation if a crime is in progress are good tools to create safety and security. If a witness to a unusual activity, critical information for law enforcement personnel includes: what you see, why the activity is suspicious, vehicle and individual descriptions including sex, race, height, weight, clothing, etc.

Just as neighborhood groups that keep watch and can spot abnormal activity, business groups can do

the same. Quality security cameras are also a valuable tool to apprehend criminals. As Jones explained, if the picture quality is poor, law enforcement may just have a photo of a blob coming and a blob leaving. Although the video can provide a time of the crime, details are lacking. Varying routine bank deposit trips is also a deterrent to crime and simply awareness of surroundings is critical. Plentiful lighting around businesses and in parking lots can deter crime as well.

Additional information and tips are available from local police departments. In Newark, non-emergency calls can be directed to (510) 578-4237. For emergency situations and crimes in progress, call 9-1-1.

Human Trafficking/Asian Brothel investigation concluded

SUBMITTED BY
SGT RYAN CANTRELL, HAYWARD PD

The Hayward Police Department would like to announce the conclusion of a Human Trafficking/Asian Brothel investigation that began in February of 2010.

In 2010, the Hayward Police Department initiated an investigation regarding complaints of an Illegal House of Prostitution (Brothel) operating out of the downtown district. As a result of the investigation, the suspects operating the brothel were identified and led to a sophisticated organization running numerous brothels throughout the San Francisco Bay Area. Information was also developed that several Asian females working at these brothels were forced to work as prostitutes and could be victims of human trafficking.

The Hayward Police Department, with the assistance of the Alameda County District Attorney's Office HEAT Unit began a year-long undercover investigation. Numerous locations in Alameda, Contra Costa, Santa Clara and San Francisco counties were identified as brothels and/or residences of suspects in the case. On January 20, 2011 a large scale search warrant/rescue operation was conducted and eight (8) women were recovered and numerous suspects were arrested and charged with various crimes. One suspect, an Asian female named Wen Yen Gold (aka: Maple Gold) eluded capture and has been a fugitive for the past four years.

On Tuesday, February 17, 2015, Wen Yen Gold turned herself into the Alameda County Court and was formally charged with Operating a House of Prostitution (316 PC). Gold's attorney appeared in court on February 19 to formalize a plea agreement.

Gold's arrest concludes a multi-year investigation, which led to the exposure and recognition of the large Asian Brothel underworld in the San Francisco Bay Area. These brothels are only a small portion of the illegal sex trafficking industry found in the United States. The Hayward Police Department would like to thank the numerous law enforcement agencies and victim service providers who assisted with this investigation.



Wen Yen Gold

Fremont Police Department

blood drive

SUBMITTED BY FREMONT PD

The Fremont Police Volunteer Unit, in partnership with the American Red Cross, is hosting a blood drive on Wednesday, March, 4.

To schedule you appointment, please go to www.redcrossblood.org and enter sponsor code: POLICE or call 1-800-RED CROSS (1-800-733-2767). If you have questions regarding your eligibility to donate blood, please call (1-866-236-3276).

Walk-ins are welcome! Identification will be required and if you are under 18 years of age you will need a written consent from a parent or guardian. Please make sure you eat a healthy meal and are well hydrated at least two hours before donating. We hope to see you there and appreciate your support!

Fremont PD Blood Drive

Wednesday, Mar 4

10 a.m. - 3 p.m.

Fremont Police Department, Front parking lot

2000 Stevenson Blvd, Fremont

1 (800) 733-2767

www.redcrossblood.org

Hayward Police Community Academy

SUBMITTED BY HAYWARD PD

Learn more about the Hayward Police Department and attend a FREE - 9 Week Course.

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- Special Victims Unit
- Robbery Prevention & Personal Safety
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Academy meets every Tuesday, March 3 – April 28, 2015

6:45 p.m. - 8:45 p.m.

HPD's North District Office

22701 Main Street, Hayward

(corner of C St./Main St.)

Due to the sensitivity of the information presented, all participants must be at least 18 years or older. To register you must complete an application and pass a background check (Seating is Limited).

For an application to register contact:

Gale Bleth (510) 293-7151

gale.bleth@hayward-ca.gov

Or

Mary Fabian (510) 293-1043

mary.fabian@hayward-ca.gov

or go to: <http://www.haywardpd.net/>



Investigators were also able to determine that neither Thorton nor Johnston had any ties to Life Chiropractic College.

This investigation is still on-going and updates to the investigation will be released when made available. Anyone with information regarding this incident is encouraged to contact Inspector Rob Lampkin at (510) 293-7034.

Homicide Investigation - Update

SUBMITTED BY SERGEANT RYAN CANTRELL, HAYWARD PD

On February 13, at approximately 1:50 a.m., Hayward Police officers were called to investigate a possible burglary at the Life Chiropractic School. When officers arrived, they found some damage to a window, apparently caused by a nearby U-Haul truck and a white man in his 40's, lying on the ground unresponsive. Officers called emergency medical services for him, but he was declared deceased at the scene.

The victim in this incident was identified as Martin "Marty" Thorton, a 42 year old white male from Hayward. An autopsy revealed that Thorton died from major blunt force trauma. Hayward PD investigators have developed information that Thorton was in the process of burglarizing the college at the time of his death.

Investigators were able to identify and arrest his accomplice on February 14. Arrested on a probation violation and charges of Homicide and Burglary was Tyler Richard Johnston, a 49 year old white male out of Hayward. Johnston is currently being held at the Santa Rita Jail on a probation violation as investigators continue to conduct follow-up to this investigation.

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10 am – 1 pm -
by Appointment Only
At Tri-City Volunteers
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Sara Govea at 510-793-4583

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Flea Market and Sports Memorabilia Saturday - April 11 9am - 4pm
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510-581-1074
Hosted by
American Legion Auxiliary
Dorothycastillo61@yahoo.com

Mission SJ High Booster Club Crab & Pasta Feed-All you can Eat Sat - Feb 28 - 6-10pm
Mission San Jose High - Main Gym-41717 Palm Ave.,Fremont
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Dawn Torre, Volunteer Coordinator

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Fremont Police Log

**SUBMITTED BY GENEVA
 BOSQUES, FREMONT PD**

Saturday, February 14

Officers responded to an alarm call at an auto sales business on the 38300 block of Mission Boulevard and found that forced entry had been made into the office. No vehicles were taken.

At approximately 4:25 a.m., Code 3 security responded to an alarm at Lakeview Apartments and located forced entry to the front doors of the business with blood on the glass. Officers cleared the business with negative results. Various items were stacked near the door in a garbage bag. Officer Meredith was the case agent.

At approximately 5:15 a.m., officers responded back to Lakeview Apartments for a suspicious male in the locked weight room area. Security followed the suspect and he was last seen southbound on Bell Street. Officer Torrico located the suspect inside Safeway at Fremont Hub with bloody cut hands. The suspect was positively identified by the Lakeview Apartments security and was on video at another bur-

glary that occurred at Fremont Liquors.

Sunday, February 15

Witnesses called to report a crash at Central Avenue and Blacow Road. Officers arrived on scene and determined one of the vehicles had already fled the scene. The suspect vehicle is described as a black Chevy Trailblazer. The victim suffered minor injuries. Officer Madsen is investigating.

A verified alarm is reported at Vapor & Stogies on Bay Street. Officers arrived and located a shattered front door. After the business had been checked, it was determined there was no loss. Case was investigated by Officer Meredith.

A reporting party called after they heard a crash in the area of Las Palmas and Mission Boulevard. Officers arrived on scene and located the vehicle which had crashed into a palm tree. The driver of the vehicle, a 22-year-old adult male, was unresponsive. It was then learned the vehicle was reported stolen out of Union City. The male was transported to a hospital with major injuries. Officer Dooley handled the initial investigation. The Traffic Unit was notified and responded to assist.

A reporting party called after he heard a window shatter and then smelled smoke. Officers re-

sponded and located a van on fire. It was determined that an unknown suspect broke out a window of the van and then threw a bottle of gasoline inside. The vehicle was then lit on fire. Officer Meredith was investigating with a Fremont Fire Department (FFD) Arson Investigator.

Monday, February 16

Officers Bordy and Zargham responded to the area of Holy Spirit Church, where a citizen reported a fight between two males. Upon arrival, they located an adult male who had been involved in an altercation and was drunk in public. He was then arrested and taken to jail.

At approximately 9:00 p.m., a resident heard some noises as if someone was trying to get into their house on Sanderling Drive. They then checked the security cameras and saw a male trying to force open the side garage door. One resident confronted the suspect with a broom and struck him. The suspect then fled the scene in a red colored '90s model Nissan or similar. The suspect was described as an unknown race male, approximately 6' tall and wearing a white colored hoodie.

Tuesday, February 17

At 6:50 a.m. employees of Cabrillo Park Café arrived to find the front door smashed and a sus-

pect running out of the restaurant to a red Dodge pickup truck, which fled. They were able to obtain a good description and called the police. Officers arrived and discovered the business had been burglarized with the loss being cash. Detectives were notified and will complete follow up due to this may be part of an ongoing trend. Case is investigated by Officer Montojo and FTO Sasser.

A black 1995 Honda Accord (License #: 3NOM364) was taken from Lucky store parking lot at Charter Square. Case is documented by CSO Baca.

Officers investigated a residential burglary on Via Sombrio. Entry was made by breaking the rear window. Loss included a small safe. Case is investigated by CSO Baca.

Wednesday, February 18

A business on the 46600 block of Landing Parkway was burglarized during the evening. Officers had responded to an alarm call at 12:01 a.m. the previous night and found it to be secure. The two suspects were caught on video wearing masks to hide their identity and pried open the double doors. Once inside the suspects stole laptop computers.

Officers responded to a second burglary by what appeared to be the same suspects from previous

case. This one was also captured in video and took place on the 46300 block of Landing Parkway. The loss was laptop computers.

CSO Baca investigated a residential burglary on Cognina Court, which occurred between 9:34 a.m. and 9:43 a.m. The suspects were caught on security video arriving at the residence in a white colored 4-door sedan.

One of the suspects exited the vehicle and kicked the front door of the residence to gain entry. The loss was jewelry. Both suspects were wearing black colored sweat shirts and jeans.

A resident on Carmen Street called in a suspicious van that was parked near their house. They provided the license plate which revealed the van was stolen out of Newark. It was unknown if the van was occupied due to dark window tint. Officers safely clear the vehicle and a male is located sleeping inside and was arrested without incident. This case was handled by Officer Chahouati and supervised by Sgt. Tarango.

Thursday, February 19

Officer Riechers was called to the 41500 block of Hooper Street. The victim reported that the lower floor of his home was burglarized while he was upstairs. He heard the commotion, but he assumed it was a family member.

Hayward Police Log

SUBMITTED BY
SGT. ERIC MELENDEZ, HAYWARD PD

Friday, February 13

At 1:41 p.m., an attempted burglary occurred on the 22000 block of City Center Drive. A neighbor saw two black males force entry into the apartment next door. Upon Hayward Police Department's (HPD) arrival, the suspects decided to flee by jumping from the 3rd-floor balcony. Suspect 1 sustained serious injuries and broken bones. He was transported and later admitted to Eden Hospital. Suspect 2 suffered minor injuries and was medically cleared at St. Rose Hospital prior to booking. During protective sweep of the apartment, officers found evidence of possession of prescription pills for sales (over

24,000 pills) along with a large quantity of marijuana and a loaded gun. The Narcotics Unit was called; they obtained a search warrant and discovered about \$70,000 in cash. The renter of the apartment (the victim of the burglary) arrived on scene and was subsequently arrested.

Saturday, February 14

At 12:11 a.m., a home invasion robbery/brandishing a weapon occurred on the 24000 block of O'Neil Avenue. A juvenile suspect entered the apartment and pointed a pellet gun at the female victim. The victim's father in law struggled with the suspect and held him down until HPD arrived. After a brief period the suspect exited the apartment and was detained. The suspect's pellet gun was recovered at the scene.

At 8:20 p.m., an armed robbery occurred on the 28000 block of Huntwood Avenue. The victim was approached from behind by three suspects. Suspect 1 pointed a hand-

gun to the victim's head, while suspect 2 pointed a knife and told victim to give up his property. Suspect 3 punched the victim in the face, causing visible injury. The suspects took cash, a cell phone and the victim's laptop. Suspect 1 was described as a black male juvenile, wearing a black hoodie, black and orange hat, and armed with a handgun. Suspect 2 is a black male adult wearing a black hoodie, and a black and orange hat, and was armed with a folding knife. Suspect 3 is a black male juvenile wearing a black hoodie and black and orange hat.

At 9:28 p.m., an attempted robbery occurred on the 26000 block of Mission Boulevard. The female suspect approached the victim and simulated a weapon in her sweatshirt pocket. She told the victim, "Give me your money." The victim, while speaking to her friend on her cell phone, told her friend to call the police, which prompted the suspect to

run away. The female suspect is described as a Hispanic female adult, 35 years old, 5'02", 135lbs., and was last seen wearing a pink hoodie and blue jeans.

Sunday, February 15

At 12:45 p.m., a plane crash occurred on the 1400 block of Golf Course Road. A single engine plane with a solo passenger lost power while taking off from Hayward Executive Airport. The pilot did a forced landing on to the #10 hole at Skywest Golf Course. The pilot was not injured in the crash, nor were there any injuries to others. The aircraft sustained moderate damage.

Monday, February 16

At 10:31 a.m., a strong arm robbery occurred on the 19000 block of Hesperian Boulevard. The suspect entered the business and stole medications from a pharmacy by force. The suspect was described as a white male adult in his 20s, 5'9", 160lbs., with brown eyes. He was wearing a baseball

cap, gray zip-up hoodie sweatshirt with a white t-shirt underneath, dark pants and gray shoes. The suspect did not display a weapon and was seen fleeing in a dark vehicle.

Tuesday, February 17

At 6:43 a.m., shootings into unoccupied vehicles occurred on the 100 block of Revere Avenue and on the 100 block of Lafayette Avenue. The vehicle on Revere Avenue was shot four times and the one on Lafayette Avenue was struck three times. Police recovered bullet casings from both locations.

At 2:00 p.m., a probation search was conducted on the 25000 block of Bryn Mawr. The Special Duties Unit (SDU) made a traffic stop on two Fremont gang members at Harder Road and Mission Boulevard. One of the gang members was on probation with a search clause, so the officers conducted a probation search

continued on page 37

PUBLIC NOTICES

thousand dollars [\$1,000].)
/s/ Michael Connelly, Director of Operations/
Owner
This statement was filed with the County Clerk of Alameda County on January 26, 2015.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/3, 2/10, 2/17, 2/24/15

CNS-2713181#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 500048
Fictitious Business Name(s):
Wellgroomed, 6028 Stevenson Blvd., Fremont, CA 94538, County of Alameda
Registrant(s):
Wellgroomed Designs, LLC, 6028 Stevenson Blvd., Fremont, CA 94538; California
Business conducted by: a limited liability company
The registrant began to transact business using the fictitious business name(s) listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Sarah Khagure, Manager/Member
This statement was filed with the County Clerk of Alameda County on January 9, 2015.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business

name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/3, 2/10, 2/17, 2/24/15

CNS-2713082#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 499843
Fictitious Business Name(s):
Skillet’z, 37378 Niles Blvd., Fremont, CA 94536, County of Alameda
Registrant(s):
Pricilla Moreno Bravo, 3143 San Gabriel Way, Union City, CA 94587
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Pricilla Moreno Bravo
This statement was filed with the County Clerk of Alameda County on January 6, 2015.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/3, 2/10, 2/17, 2/24/15

CNS-2712300#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 500615
Fictitious Business Name(s):
Arbitots Day Care, 1501 Decoto Rd., Apt. 247, Union City, CA 94587, County of Alameda
Registrant(s):
Angelica Turingan, 1501 Decoto Rd., Apt. 247, Union City, CA 94587
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on

N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Angelica Turingan
This statement was filed with the County Clerk of Alameda County on January 26, 2015.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/3, 2/10, 2/17, 2/24/15

CNS-2712208#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 500498
Fictitious Business Name(s):
Tangram Architecture Studio, 33636 Caliban Dr., Fremont, CA 94555, County of Alameda
Registrant(s):
Zhen Cao, 33636 Caliban Dr., Fremont, CA 94555
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Zhen Cao
This statement was filed with the County Clerk of Alameda County on January 23, 2015.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the

residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/3, 2/10, 2/17, 2/24/15

CNS-2712049#

GOVERNMENT

ORDINANCE NUMBER 804-15

AN ORDINANCE OF THE CITY OF UNION CITY APPROVING A DEVELOPMENT AGREEMENT (DA-14-001) BETWEEN THE CITY OF UNION CITY AND WINDFLOWER PROPERTIES, LLC

The above entitled ordinance was adopted by the City Council on February 10, 2015. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance, as it was read and adopted on February 10, 2015, is available on the City’s website at: <http://l12.unioncity.org/weblink8/0/fol/112/Row1.aspx>. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail.

PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on February 10, 2015, by the following vote:

AYES: Councilmembers Duncan, Ellis, and Gacoscos, Vice Mayor Navarro, Mayor Dutra-Vernaci
NOES: None
ABSENT: None
ABSTAIN: None

APPROVED:
/s/ Carol Dutra-Vernaci
CAROL DUTRA-VERNACI, Mayor

ATTEST:
/s/ Anna M. Brown

ANNA M. BROWN, City Clerk

APPROVED AS TO FORM:
/s/ Benjamin T. Reyes II
BENJAMIN T. REYES II, City Attorney
2/24/15

CNS-2718777#

ORDINANCE NUMBER 803-15

AN ORDINANCE OF THE CITY OF UNION CITY APPROVING MUNICIPAL CODE TEXT AMENDMENT AT-14-003 to amend CHAPTER 18.08, DEFINITIONS, AND CHAPTER 18.38, STATION MIXED USE COMMERCIAL (CSMU) DISTRICT

The above entitled ordinance was adopted by the City Council on February 10, 2015. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance, as it was read and adopted on February 10, 2015, is available on the City’s website at: <http://l12.unioncity.org/weblink8/0/fol/112/Row1.aspx>. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail.

PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on February 10, 2015, by the following vote:

AYES: Councilmembers Duncan, Ellis, and Gacoscos, Vice Mayor Navarro, Mayor Dutra-Vernaci
NOES: None
ABSENT: None
ABSTAIN: None

APPROVED:
/s/ Carol Dutra-Vernaci
CAROL DUTRA-VERNACI, Mayor

ATTEST:
/s/ Anna M. Brown
ANNA M. BROWN, City Clerk

APPROVED AS TO FORM:
/s/ Benjamin T. Reyes II
BENJAMIN T. REYES II, City Attorney
2/24/15

CNS-2718776#

Newark Police Log

SUBMITTED BY CMDR. MIKE CARROLL, NEWARK PD

Thursday, February 12

At 5:25 p.m., Community Service Officer (CSO) Parks investigated a vehicle theft on Quince Place. A white 1989 Honda Accord (License #: 7DWJ865) was taken during the night.

At 5:59 p.m., Officer Johnson contacted and arrested Douglas Pruitt of Fremont for an outstanding arrest warrant and for possessing dangerous drugs, drug paraphernalia, burglary tools, and misappropriated property. Pruitt was booked at Fremont Jail.

At 6:48 p.m., Officer Jackman responded to JCPenney for a

shoplifter in custody. Jennifer Sterio of Newark was arrested for petty theft and issued a citation.

At 7:08 a.m., Officer Fredstrom investigated a vehicle theft on Sycamore Street. A white Chevrolet Camaro (License #: 7GWR381) with black rims was taken during the night.

At 2:10 p.m., Officer Horst investigated a theft at Public Storage, located at 35360 Fircrest St.

Sunday, February 15

At 11:10 a.m., Officer Lopez investigated a disturbance call on 7139 Marne Pl. and Hedayatul-lah Bayanzay of Newark for corporal injury to spouse.

Monday, February 16

At 9:07 a.m., Officer Katz investigated a theft of a white colored 1998 Dodge Ram pickup (License #: 6X05031) from Saint Christopher Drive.

At 10:33 a.m., Officer Reyes ar-

rested Michael Martin and Leanne Soriano of Newark for pushing a Loss Prevention employee at Big Lots while stealing a speaker. Martin was also in possession of drug paraphernalia. They were booked at Fremont City Jail.

At 12:02 p.m., Officer Neithercutt investigated a residential burglary that occurred on Byington Drive.

At 12:55 p.m., Officer Lopez investigated a theft of a green colored 1998 Honda Civic 2D (License #: 4DZL321) from the parking lot of DoubleTree Hilton Hotel, located at 39900 Balentine Dr.

Tuesday, February 17

Officers responded to the area of Cedar Bl. and Lido Bl. At 5:56 a.m. to a report of a sexual battery. A female was out for her morning jog, when she was approached by a male and inappropriately touched. Later in the day

(12:32 p.m.) a citizen observed a suspicious male subject coming from his neighbor’s side yard on Lido Ct. and chased the subject to Orleans Dr. The subject was seen entering a garage on the 35700 block of Orleans Dr. Newark PD units surrounded the residence and located the subject, later identified as Gerardo Rojas, age 23 of Newark, hiding in the attic space above the garage. Gerardo Rojas, age 23 of Newark, was booked for trespassing, resisting arrest and through additional investigation, the sexual battery from earlier in the day. Rojas was booked at Santa Rita Jail.

Wednesday, February 18

Officer Taylor accepted the arrest of My Tran, age 49 of Fremont at 6:01 p.m., for shoplifting at the NewPark Mall Macy’s. Tran was cited and released.

Officers were dispatched to

Bellhaven Ave. at 7:52 p.m. on a report of a battery. Officer Rodgers accepted the arrest of Carlos Colin, age 48 of Newark. Colin was booked at Fremont PD Jail for battery.

Officer Sandoval accepted the arrest of Lapria Smith-Robinson, age 22 of Newark at 8:15 p.m., for shoplifting at J/C Penney’s. Smith-Robinson was cited and released.

Officers were dispatched to the intersection of Cedar Bl. and Central Ave. at 10:24 p.m. on a report of a battery. Jason McDermott, age 36 of Newark, was arrested for Domestic Battery. McDermott was booked at Fremont PD Jail.

Thursday, February 19

Officer Jackman accepted the Citizen’s Arrest of Khin Aung, age 36 of Fremont at 11:49 a.m., for shoplifting at Macy’s. Aung was cited and released.

Union City Police Log

SUBMITTED BY UNION CITY PD

Monday, February 9

At around 4 p.m., Officer Blanchard was dispatched to the area of Brenda Way and Medalion Drive on the report of a robbery. A suspect approached the victim and started up a conversation with her. He then grabbed her purse. When the victim resisted, the suspect hit her on the face and ran off with the purse. The victim’s cell phone was later found discarded in the area. The suspect was described as a black male, 36-37 years old, 5’10” and 165 lbs., with brown hair, brown eyes, and an unknown tattoo on the inside of his wrist.

Thursday, February 12

At around 10 p.m., Officer Willson was dispatched on the report of an attempted robbery that had occurred a couple hours earlier. The victim was using the ATM at Wells Fargo on Alvarado-Niles Road when a suspect approached her and began talking

to her. He asked for her phone, wallet and purse. When the victim did not respond, the suspect mentioned a gun and put his hands into the front pocket of his sweatshirt to simulate a weapon; however, no gun was seen. The victim began walking toward a passing car, at which point she noticed a second suspect. At that point, both suspects fled on foot. The victim described the first suspect as a black male in his 20s, about 6’1” with an average build. The second suspect was described as a black male, possibly in his 20s, about 5’8” with an average build.

At around 5:30 p.m., Officer Willson was on patrol in the area of Pulaski Drive and Lafayette Avenue near the Union City/Hayward border. He made a consensual contact with a pedestrian, who stated he had a knife in his pocket. The knife turned out to be an illegal switchblade. Felipe Ponce of Union City was arrested.

Friday, February 13

At around 9 p.m., Officer Bedford was dispatched to Tapico Express at 1707 Decoto Rd. on reports of a robbery. The victim was walking to her vehicle

when two suspects approached her, and one of them forcibly removed her purse from under her arm. The first suspect was described as an unknown race male, approximately 5’7” with a medium build. The second suspect was described as an unknown race male, approximately 5’5” with a thin build.

Burglary at 32500 block of Regents Boulevard: Occurred at around 3:30 a.m. Entry was made via an unlocked window. The loss included a purse and its contents.

Burglary at 3200 block of Santa Monica Way: Occurred between 8:30 a.m. and 9 a.m. The rear sliding door was pried open, and one bedroom was ransacked. The loss included electronics and jewelry.

Burglary at 4200 block of Solar Circle: Occurred at around 2:45 p.m. A witness observed a suspect take a tool box from the victim’s garage. A probation search was conducted at the suspect’s residence, but nothing was found.

Burglary at 2400 block of Becker Drive (attempt only): Occurred at around 10 a.m. Two suspects knocked on the victim’s door and asked for “Bill.” When the victim told the suspects that no one named “Bill” lived there,

they left. A short time later, the victim observed the suspects in her backyard, attempting to gain entry through a bathroom window. She screamed and they fled in a late ‘90s model silver Lexus ES300. The suspects were described as Hispanic males in their 20s. One of them had mid-length curly hair in a ponytail.

Sunday, February 15

Burglary at 32900 block of Norwalk St.: Occurred between 9:45 a.m. and 10:55 a.m. Entry was made via a smashed rear window. The loss included jewelry and a green BMW (License #: 4WPP864).

From Monday, February 9 through Sunday, February 15, there was one commercial burglary at a business in the Marketplace shopping center (northeast corner of Decoto Road and Alvarado-Niles Road). The front glass door was smashed, and cash was taken from the cash register and a lock box. Cracked glass doors were also found at two nearby businesses, in what may have been burglary attempts.

From Monday, February 9 through Sunday, February 15, there were seven reported auto burglaries. Two of them occurred

at Union Landing, and five of them were committed via a window smash. In many cases, the stolen items were in plain view on the floor of the vehicles.

Anyone with information on local crime or any of the listed incidents should contact the Investigations Division at (510) 675-5247. Those wishing to remain anonymous can contact the tips line by calling (510) 675-5207 or email tips@unioncity.org.

We strive to provide excellent service to the community and are interested in hearing from members of the public about the quality of our service. Please share your experience and let us know how we’re doing. Visit www.ci.union-city.ca.us/departments/police-department to complete a Police Customer Satisfaction Survey.

Union City Police Department Explorer Captain Ashley Torres was selected as Volunteer of the Quarter for the first quarter of 2015. Visit www.ci.union-city.ca.us/departments/police-department/more-information/ucpd-explorers to learn more about our Explorer program.

Hayward Police Log continued on page35

of the suspect’s residence. Various kinds of ammunition and a small amount of cocaine were recovered. The suspect was subsequently arrested.

At 3:30 p.m., a burglary and possession of stolen property (in custody) occurred at a high school. School Resource Officers (SRO) discovered a burglary occurred at a public high school. SRO Waters reviewed surveillance footage from the burglary and the following day, one of the SROs saw the same suspect walking on Mission Boulevard. The offi-

cer contacted the suspect and conducted a probation search of the suspect’s residence, where property from the burglary was recovered.

At 6:10 p.m., a residential burglary occurred on the 2200 block of Parnassus Court. Six firearms and some ammunition were taken. There was no suspect(s) or other information available at this time.

Wednesday, February 18

At 4:45 p.m., a robbery occurred at Oliver Drive and West Tennyson Road. An elderly female was walking home from the grocery store

when a vehicle pulled up next to her. Suspect 1 exited the vehicle and grabbed the victim in a headlock, while suspect 2 stayed in the vehicle. The victim felt a hard object placed onto her back and she believed it was a gun. Suspect 1 demanded the victim’s purse, but she refused. The suspect took cash from the victim’s purse and fled in the awaiting vehicle driving southbound on Hesperian Boulevard.

At 10:51 p.m., a recovered stolen vehicle/collision occurred on the 700 block of Shepherd Avenue.

While driving eastbound on Schafer Road, an officer saw the vehicle in front of him run the stop sign at Schafer and Chisholm Court. The vehicle ran a second stop sign at Schafer and Huntwood Avenue. As the vehicle turned southbound on Huntwood, the officer attempted to initiate a traffic stop. Moments later, the officer found the vehicle had crashed into two parked cars and the suspects had fled the scene.

HPD is holding a Community Academy. Learn more about the Hayward Police Department and attend a free, 9-week course. Topics include: patrol structure, investiga-

tions overview, crime prevention/personal safety, vice, gangs, SWAT, K-9, and use of a Firearms Training Simulator. Classes will be held every Tuesday evening, beginning March 3 to April 28. Participants must be 18 years or older and due to the sensitive nature of the course, must also complete an application and background check. For an application to register, contact Gale Bleth at (510) 293-7151 or gale.bleth@hayward-ca.gov; or Mary Fabian at (510) 293-1043 or mary.fabian@hayward-ca.gov. Visit www.haywardpd.net for more information.

Newark Memorial Defeats American on Senior Night

Women's Basketball

SUBMITTED BY DARRYL REINA

The Newark Memorial Girls Varsity Basketball Team defeated American 53-48 on Tuesday, February 17. Freshman Haylee Nelson led all scorers with 16 points.

Junior Mari Matos added 15 points in the Cougars' victory over the Eagles. In a pre-game ceremony on "Senior Night," the Cougars honored their five senior players, A.J. Del Mundo, Miranda Rael, Rainea Godfrey, Kiana Esguerra, and Vikki Phan.



Newark Memorial Cougars defeat Irvington Vikings with last minute goal

SUBMITTED BY FRANZ BRUCKNER

Tyna Moorer scored on a spectacular 40 yard free kick to lift the Newark Cougars over the Irvington Vikings by the score of 2-1 on February 10th. The cougars had taken a 1-0 lead mid-way through the first half when Lexi Sanchez scored off of a Bella Cruz pass. Irvington tied the game early in the 2nd half before Moorer scored and sealed the victory.

Other top performers included midfielders Laura Fuentes, Cynthia Saavedra Lici Campusano, and Yvette Ocegueda. Defenders Mallory Charron and Marris Sepulveda also played well as did Gizelle Jimenez and Cindy Ruiz.

The player of the game for Newark was goal keeper Maggie Reyes. Maggie, who is regularly a field player was called upon to play goal-keeper 10 minutes before the start of the game due to the injury of the first string keeper and the unavailability of the backup goal keeper. Maggie played with poise and confidence in helping to lead the cougars to victory.

Men's Basketball

Pioneer Report

SUBMITTED BY STEVE CONNOLLY

Pioneers Men Fall Short on Senior Night

The Cal State East Bay men's basketball team dropped its final home game of the 2014-15 season on February 21st, losing 81-57 to a Humboldt State squad that has now won eight of its last nine. The game was preceded by the annual "Senior Night" ceremony to honor the five East Bay seniors who were competing in Pioneer Gym for the last time — Nick Grieves, Jarred Jourdan, Cody Kale, Darrick McIntosh, and Jacari Whitfield.

It was a particularly memorable Senior Night for Kale, a former Jack, who set a career high with 19 points against his old team. Kale played all 40 minutes and went 7-for-12 from the field, pulling in five rebounds and dish-ing out three assists.

Whitfield also reached double figures in his final home contest, notching 11 points and a game-high seven assists. It was his ninth straight game scoring at least 10 points. With two games left in the season, Whitfield needs eight more assists to become CSUEB's career record holder.

Singh finished with nine points and four rebounds, making his fourth start in the last six games. Freshman Patrick Marr bounced back from a hard collision on Fri-day night to score eight points and grab five rebounds off the bench. Sophomore Kyle Frakes added four points and led the team with seven boards and two blocks in 19 minutes before fouling out. Grieves notched four points and two steals, while McIntosh contributed two points, two rebounds, and a block on Senior Night.

East Bay outlasted by defending league champs

The Cal State East Bay men's

basketball team fell to visiting Cal State San Bernardino on February 20th by a final score of 78-65. The Pioneers (6-19, 4-15 CCAA) and Coyotes (12-10, 12-7 CCAA) were tied at halftime, but the defending California Collegiate Athletic Association cham-pions pulled away down the stretch.

Senior Jacari Whitfield paced the Pioneers with 16 points and eight assists, while playing all 40 minutes in the penultimate home game of his four-year career. He went 5-for-9 from long distance, extending his school record to 188 career triples.

Whitfield passed the 100 assist mark for the season, and he moved into second place in school history with 336 for his career. The San Francisco native also became the ninth Pioneer ever to score 900 career points tonight. Since CSUEB re-joined Division II and became a mem-ber of the CCAA in 2009-10, only assistant coach Mark Samuels has scored more points than Whitfield.

Sophomore Paramvir Singh had a standout performance in the loss, scoring a career-high 13 points in 21 minutes off the bench. The Hayward product went 4-for-5 from the field, in-cluding 2-for-3 from deep, to go along with four rebounds. His previous career high of 11 points also came against San Bernardino, back on Jan. 17.

Senior Cody Kale reached double figures for the fifth time in his last eight games, notching 13 points and four boards in 22 minutes on 5-for-7 shooting. Freshman Patrick Marr knocked down a couple of threes and scored 10 points before sustain-ing an injury midway through the second half.

Senior Nick Grieves added nine points, all of which came from beyond the arc. Sophomore Kyle Frakes turned in four points and four rebounds in 22 minutes off the bench.

Help make 2015 the Year of Opportunity

BY DAVE CORTESE,
PRESIDENT, SANTA CLARA COUNTY
BOARD OF SUPERVISORS

At last month's State of the County event, I declared 2015 to be the Year of Opportunity.

Economically, the County is strong and the Val-ley is booming. But for every new millionaire we create, there are many more people who struggle to survive. In this year of opportunity, I call on all of us to work together so that a better quality of life exists for everyone in our Valley.

I have challenged myself, my colleagues on the Board of Supervisors, our County CEO and our community partners to be open to ideas and solu-tions from any quarter that will improve the services we deliver to our community. I'm challenging out residents, too.

I want to know what you think of the initiatives I have proposed, how you can help us get them done and any new ideas that you have to help solve our most pressing problems. Among my proposals:

Homelessness: A new Task Force will meet for 10 months and focus on the most immediate needs of the thousands of people in Santa Clara County who are homeless. Co-chaired by Matt Mahood, Presi-dent and CEO of the San Jose Silicon Valley Cham-ber of Commerce, and Ben Field, Executive Officer of the South Bay Labor Council, the Task Force will hear ideas from the public and come up with a plan this year to create transitional housing as a safe and healthier alternative to forcing people to camp near creeks and sleep in doorways.

Type 2 diabetes: In Santa Clara County, 18 per-cent of adults have been told they are diabetic or pre-diabetic. And, of course, it's unknown how many residents have not been diagnosed but are at serious risk of developing type 2 diabetes. Supervi-sor Ken Yeager will lead an effort to make sure everyone has access to screening and diabetes-pre-vention education. This is a health problem we can do something about now.



Office of Neighborhood Safety: This new office is patterned after one in Richmond. Our Office of Neighborhood Safety will focus on children and young adults who have been victims or offenders of violent crimes. With mentorships and intervention services, we'll work to change this behavior and lower violent crime statistics.

The South Bay Really Does Have a South Bay: Boaters and kayakers have been making use of our access to the San Francisco Bay at the Alviso Marina County Park for years. It's time we invest in making the marina a must-visit attraction and an educa-tional tool for residents, visitors and school chil-dren. I'm envisioning a floating classroom where students – and adults — can learn about the Don Edwards Wildlife Refuge or just enjoy our very own South Bay waterway.

You can read the entire State of the County speech or watch it by visiting my website, www.supervisorcortese.com. I look forward to hearing from. You can call my office at 408-299-5030 or email me at dave.cortese@bos.sccgov.org.

E2 Advanced Biofuel Market Report

SUBMITTED BY WILL HARWOOD

North America's advanced biofuel industry reached a production capacity of more than 800 million gallons in 2014, up from the previous year and almost double the capacity in 2011, according to a new market report unveiled today by the na-tional nonpartisan business group Environmental Entrepreneurs (E2).

This is the highest capacity since E2 released its first advanced biofuels market report in 2011, and it's more than the 787 million gallons produced in 2013. It's roughly enough to fill an entire lane of Interstate 5 (I-5) from Seattle to San Diego with nothing but large tanker trucks filled with ad-vanced biofuel.

The report, "E2 Advanced Biofuel Market Re-port 2014," projects that by 2017, as many as 180 companies are expected to produce 1.7 billion gal-lons of advanced biofuel, doubling current capac-ity. The report shows how advanced biofuels are on track to meet targeted emission reductions for

clean fuels standards in both California and Ore-gon, according to E2. The complete report is available at www.cleanenergyworksforus.org.

"The advanced biofuel industry is meeting the growing demand for cleaner-burning transporta-tion fuels," said Mary Solecki, E2's Western states advocate and report co-author. "Americans who want more local jobs, cleaner air, and more home-grown energy should demand elected officials enact policies, right now, that will promote the growth of advanced biofuel."

E2 defines advanced biofuel as liquid fuels made from non-petroleum sources that achieve a 50-percent reduction in carbon intensity com-pared to a petroleum-fuel baseline. "If state and federal leaders want to reduce our dependence on foreign oil – and support American farmers, busi-nesses, and entrepreneurs – they should ensure this clean, cutting-edge industry can expand," said Mary Solecki, E2's Western states advocate and re-port co-author.

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com



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Guest artist at Fremont Art Association

SUBMITTED BY SUSAN HELMER

The Fremont Art Association is excited to welcome Diego Marcial Rios as their guest artist on Wednesday, March 4. Mr. Rios is a local artist living in San Francisco who paints in acrylics. His fine art has been included in more than 450 exhibitions from Japan to Bulgaria. His work is also included in a number of public collections. Rios' demonstration will revolve around the fascinating origin and history of the traditional Mexican Mask. He will provide a brief historical overview and introduction of the paper mache medium to Central America and Mexico in the 15th

century, and its evolution to the present. He will then demonstrate the construction of a traditional paper mache mask. Don't miss what promises to be an extremely colorful and exciting demonstration! The meeting will start at 7 p.m. and the public is invited to attend.

Guest artist at Fremont Art Association
Wednesday, Mar 4
7 p.m.
Fremont Art Association Gallery
37697 Niles Blvd, Fremont
(510) 792-0905
www.fremontartassociation.org
Free



Enjoy an afternoon of Western Swing Music

SUBMITTED BY SHIRLEY SISK

On Sunday, March 8, the League of Volunteers (LOV) and the Newark Arts Council present in concert "The Saddle Cats," performing infectious, high spirited Cowboy and Western Swing Music. Named Western Swing Band of the Year and Western Swing Album of the Year by the Academy of Western Artists, the Cats have been captivating audiences with their foot stomping music. The band consists of Bobby Black on steel guitar, Richard Chon on fiddle and vocals, Luis Salcedo on guitar and Bing Nathan on bass. Together they will bring you their unique sound, which includes the worlds of swing, cowboy ballads, blues, Old Time string band music, Tin Pan Alley, honky tonk, polka and just about any traditional American style under the sun. LOV's concerts are held at the Thornton Junior High Multi-Purpose Auditorium. The concert is free, but dona-

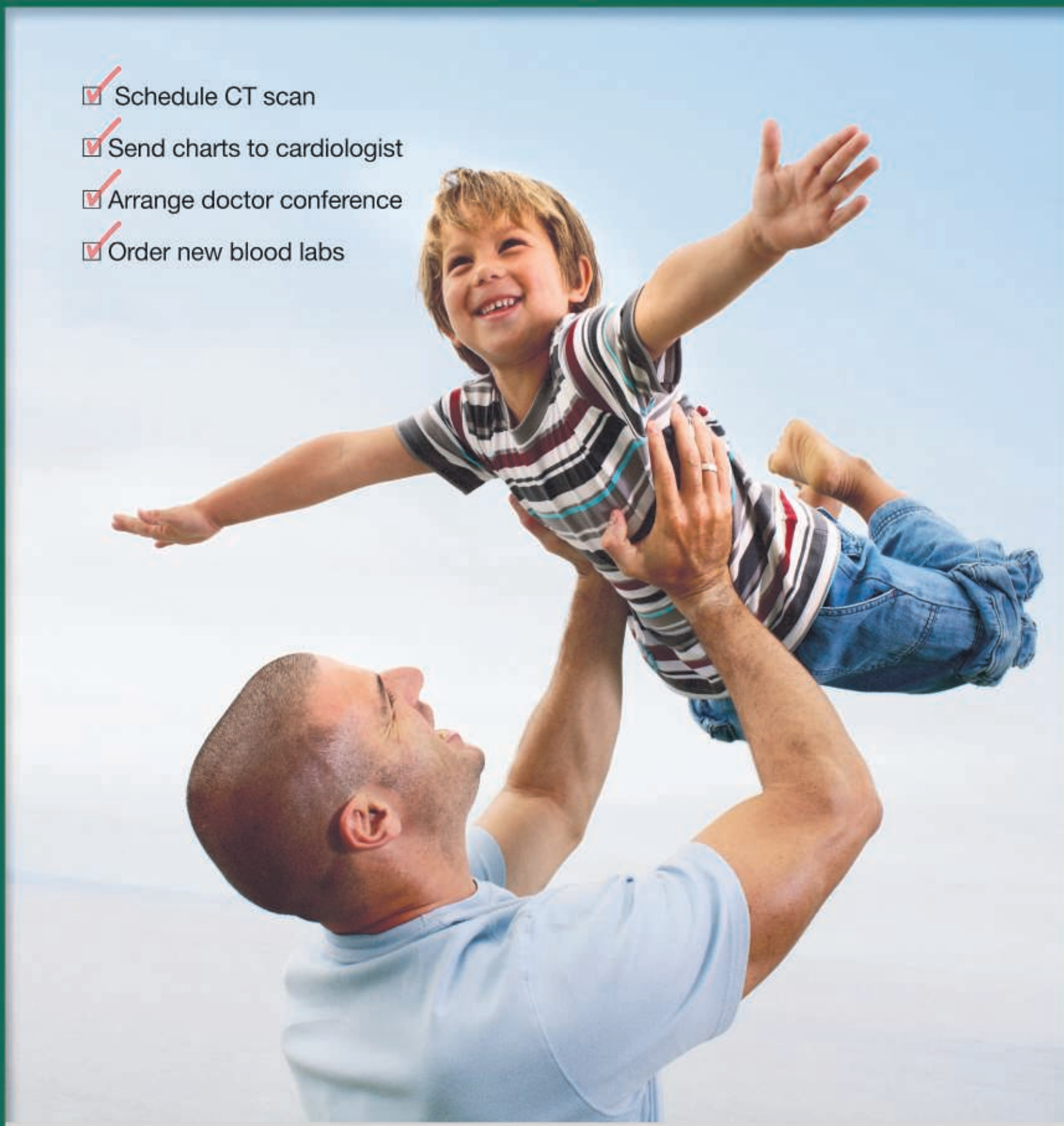
tions are gladly accepted at the door. Complimentary refreshments are also served during intermission.

The Saddle Cats in Concert
Sunday, Mar 8
2 p.m. (Doors open at 1 p.m.)

Thornton Junior High, Auditorium
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www.lov.org
Free but donations gladly accepted



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- ☒ Order new blood labs



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including appointments with specialists that you might need. There is even a skilled team member available to help you better understand your medication needs. WTMF has 23 clinics—including primary care, multi-specialty, and urgent care—conveniently located in various neighborhoods around the Tri-City area. Should you ever require hospital services, you can get that care at Washington Hospital, an award-winning institution, right in your own community. When you need a doctor, choose a WTMF physician. We're taking health care to new heights.



To find out more, visit our website at www.mywtmf.com or call (866) 710-9864