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February 17, 2015

Vol. 14 No. 7

Children's book illustrators share artwork

SUBMITTED BY DORSI DIAZ

The well-loved and acclaimed 26th annual "Children's Book Illustrators Show" is back this year at the Sun Gallery. Illustrators from the Bay Area and beyond are featured along with talented artists from the East Coast and Australia. This popular show runs from February 26 to April 11.

Showcasing illustrators' original artworks, the show features emerging artists and also celebrates long-standing illustrators' works like that of Nancy Carlson, who has written 66 books with four million books in print during her prestigious career. Her books "Sometimes You Barf" and "ABC I Like Me" show finely detailed illustrations of charming creatures and children. Oakland resident April Chu's work displays stunning details in her first book, "Summoning the Phoenix." Local artist Patrick Lugo charms children with his latest comic book, "Tiger's Tale," which features his detailed and creative Kung-Fu characters.

Showing a diverse series of styles, native Australian Nic Gregory has done a



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The girls are back in town



Girls in formals for an installation of new officers.

BY LINDA-ROBIN CRAIG

What girls? Job's Daughters. Back in 1920 when women earned the right to vote (mostly by organizing, being outspoken and delivering articulate arguments), a woman living in Nebraska named Ethel T. Wead-Mick decided to establish a permanent means for preparing young girls for future leadership. Mick was fond of Bible stories about Job's daughters so named her

organization after them, which would encourage community service, philanthropy, teamwork, respect, self-confidence, and leadership.

Now, 95 years later, Job's Daughters (JD) is an international organization (JDI) with chapters throughout the United States, Canada, Philippines, Brazil, and Australia. What was originally a youth group for girls from 10 to 20 years old has grown to include a JD2Bee program for 8 to 9-year-old girls. When middle schools and high schools are increasingly focused on group projects and community service, JD and JD2B girls are well prepared. Their activities help them gain skills that include public speaking, how to run a meeting, and how to plan an event or fundraiser with all learning structured into a fun

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Jobies learning to make pizza after a tour of Johnny Garlicks Restaurant.



Sherea Westra (board member), Desrie Campbell, Lara Calvert-York (Community honoree), Paul Barry (FUSD honoree), and Kathy Kimberlin.

'Seuss-A-Gala' supports classroom projects

The Fremont Education Foundation's (FEF) annual Excellence in Education (EIE) Gala is celebrating the work of Dr. Seuss as they raise funds for the Innovative Education Grant program. In its thirteenth year, this annual fundraiser is sure to amuse, delight, and entertain folks in whimsical Seussical style!

FEF's Gala is the only fundraising event that supports our ongoing foundation grants for innovative projects in our classrooms. Grants improve educational achievement and broadening the horizons and experiences of our students that include leadership development, technology, science, fitness, character education, and arts appreciation. For more than ten years, FEF has awarded over 200 grants to teachers, directly benefiting tens of thousands of students in our schools.

Kathy Kimberlin, FEF board member and chair of the Innovative Education

Grants Program and the 2015 EIE Gala states, "The Gala is a wonderful night out to support a great cause – investing in Fremont Unified students. After all, they are our future employees, employers, and leaders of Fremont. Along with fundraising, local business, school and community leaders come together to honor those who have greatly impacted our educational community in Fremont. I encourage all attendees to dress as a Dr. Seuss character or at least throw on some whimsy with a Cat in the Hat hat and bow tie. I look forward to this collaborative and Seussical celebration!"

Students from various Fremont Unified School District (FUSD) schools as well as cast members from the recent Starstruck "Seussical the Musical" production will entertain the audience throughout the night. Two honorees will be recognized for their outstanding contributions to educa-

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A Healthy Diet Will Do Your Heart Good

February, the month of heart-shaped valentines, is also national Heart Health Month – the perfect time to get your own heart in shape! When it comes to preventing heart disease, paying attention to what goes onto your plate may be one of the most important places to start.

“Some of the risks for heart disease are beyond our control, such as age, gender and family history of heart disease,” says Lorie Roffelsen, RD, CDE. “Other risk factors for heart disease, however, are things we can impact – including following a heart-healthy diet.”

A registered dietitian and certified diabetes educator at Washington Hospital, Roffelsen explains that proper nutrition can make a difference in addressing several risk factors for heart disease, including high cholesterol levels, high blood pressure, diabetes and obesity. High on her list of suggested dietary improvements is eating more plant-based foods and eating foods high in saturated fat less often and in smaller portions.

“Plant-based foods offer more nutrients and fiber, generally are lower in calories and do not contain cholesterol,” she says. “The main concern with eating foods of animal origin is saturated fat. Significant research points to saturated fat, rather than dietary cholesterol, as the main culprit in

raising LDL, the ‘bad’ cholesterol. A good start is to limit your consumption of red meat to small portions, once or twice a week, and to choose leaner varieties of red meat – such as sirloin instead of ground beef with a high fat content.

“The American Heart Association recommends eating fish twice a week for the benefits derived from omega-3 fatty acids and because fish is much lower in saturated fat than red meat and poultry,” she adds. “The American Heart Association also suggests eating a variety of fish, to spread your risk, as some types of fish may be higher in environmental pollutants such as methyl mercury. Pregnant women are advised to limit fish intake to up to 12 ounces per week from a variety of fish lower in mercury. Pregnant women, nursing mothers and young children are advised to avoid varieties of fish that are high in mercury, such as shark, tilefish, king mackerel and swordfish.”

Because obesity can contribute significantly to high blood pressure, which is another major contributing factor to heart disease, Roffelsen emphasizes the importance of weight management.

“The best way to lose weight and keep it off is to exercise and eat a diet that is high in fiber and low in caloric density and fat,” she says. “It’s best to get fiber from food sources

Controllable risk factors for heart disease include following a heart-healthy diet. Some suggestions include: limiting alcohol consumption; avoiding hidden trans fats in foods; switching to whole-grain, low fat and low sodium foods; and cooking with unsaturated liquid oils such as olive oil or canola.



such as beans, peas, lentils, citrus fruits, apples and pears, and from whole grains like oats, barley and flax. It is also important to practice portion control. ‘Super-sized’ meals can lead to super-sized bodies.”

Roffelsen also recommends reducing the amount of sodium (salt) in your diet by limiting or avoiding processed and pre-served foods.

“Eating a lot of sodium can contribute to high blood pressure, too,” she notes. “When you’re shopping, compare the labels on products and choose the healthiest ones. Foods that contain fewer than 140 milligrams of sodium per serving are considered ‘low-sodium,’ but less than 300 milligrams of sodium per serving may be considered acceptable. For packaged meals, such as frozen dinners, you should keep the sodium level under 600 milligrams for the entire meal.”

Some other suggestions Roffelsen offers for a heart-healthy diet include:

- Limiting your consumption of alcohol, since more than a moderate amount of alcohol can raise your blood pressure. “Moderate” consumption is defined as one drink per day for women and two drinks per day for men. (A drink is one 12 oz. beer, 5 oz. of wine, 1.5 oz. of 80-proof spirits, or 1 oz. of 100-proof spirits.)
- Avoiding hidden trans fats in packaged foods and meals away from home. While some restaurants have switched to trans-fat-free cooking oils, fried foods are still high in calories.
- Switching from high-fat or salty snacks to snacks of fruits and vegetables, or to whole-grain crackers that are low in fat and sodium.
- Cooking with unsaturated liquid oils, such as olive oil or canola, rather than with butter or “tropical oils” like palm or coconut oil, which are saturated fats.

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InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	02/17/15	02/18/15	02/19/15	02/20/15	02/21/15	02/22/15	02/23/15
12:00 PM 12:00 AM	Cataracts and Diabetic Eye Conditions	What Are Your Vital Signs Telling You?	Hypertension:The Silent Killer	Diabetes Matters: Insulin: Everything You Want to Know	Influenza and Other Contagious Respiratory Conditions	Sidelined by Back Pain? Get Back in the Game	Meatless Mondays
12:30 PM 12:30 AM	Knee Pain & Replacement	Women's Health Conference:Age Appropriate Screenings	Heart Irregularities	Where Have All The Patients Gone?			Surgical Treatment of Obstructive Sleep Apnea
1:00 PM 1:00 AM		Dietary Treatment to Treat Celiac Disease		How to Prevent a Heart Attack	Voices InHealth: Healthy Pregnancy	Learn About Nutrition for a Healthy Life	Get Your Child's Plate in Shape
1:30 PM 1:30 AM	Inside Washington Hospital: Stroke Re-sponse Team						
2:00 PM 2:00 AM	Citizens' Bond Oversight Committee Meeting January 29, 2015	Washington Township Health Care District Board Meeting January 14, 2015	Inside Washington Hospital: Stroke Response Team	Washington Township Health Care District Board Meeting January 14, 2015	From One Second to the Next	Deep Venous Thrombosis	Washington Township Health Care District Board Meeting January 14, 2015
2:30 PM 2:30 AM			Diabetes Matters: Diabetes & Heart Disease		Voices InHealth: Radiation Safety		
3:00 PM 3:00 AM	Diabetes Matters: Kidney Disease: Risk, Management, and Beyond		Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate		Minimally Invasive Surgery for Lower Back Disorders	Lunch and Learn:Yard to Table	
3:30 PM 3:30 AM			Keeping Your Heart on the Right Beat			Prostate Health and Prostate Cancer	
4:00 PM 4:00 AM	Crohn's & Colitis	Diabetes Matters: Partnering with your Doc-tor to Improve Control		Keys to Healthy Eyes	Reach Your Goal: Quit Smoking	Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment	Citizens' Bond Oversight Committee Meeting January 29, 2015
4:30 PM 4:30 AM	Alzheimer's Disease	Diabetes Matters: Research:Advancing Diabetes Management	Superbugs:Are We Winning the Germ War?		Do You Suffer From Anxiety or Depression?		
5:00 PM 5:00 AM		Cataracts and Diabetic Eye Conditions	The Weigh to Success				
5:30 PM 5:30 AM	Sports-Related Concussions	The Weigh to Success		Varicose Veins and Chronic Venous Disease	Voices InHealth: Cyberbullying - The New Schoolyard Bully	Washington Township Health Care District Board Meeting January 14, 2015	Washington Township Health Care District Board Meeting January 14, 2015
6:00 PM 6:00 AM	Where Have All The Patients Gone?	Kidney Transplants	How Healthy Are Your Lungs?				
6:30 PM 6:30 AM	Voices InHealth:The Legacy Strength Training System	Hypertension:The Silent Killer	Women's Health Confer-ence:Aging Gracefully	GERD & Your Risk of Esophageal Cancer	Deep Venous Thrombosis	Cataracts and Diabetic Eye Conditions	Latest Treatments for Cerebral Aneurysms
7:00 PM 7:00 AM		How to Maintain a Healthy Weight: Good Nutrition is Key	Washington Township Health Care District Board Meeting January 14, 2015			Vitamins and Supplements - How Useful Are They?	Diabetes Matters:Partner-ing with your Doctor to Improve Control
7:30 PM 7:30 AM	Community Based Senior Supportive Services	Citizens' Bond Oversight Committee Meeting January 29, 2015		Minimally Invasive Surgery for Lower Back Disorders			
8:00 PM 8:00 AM					Washington Township Health Care District Board Meeting January 14, 2015		Diabetes Matters:What to Expect When Hospitalized with Diabetes
8:30 PM 8:30 AM	Sidelined by Back Pain? Get Back in the Game	Learn If You Are at Risk for Liver Disease		Diabetes Matters: Protecting Your Heart			
9:00 PM 9:00 AM			Eating for Heart Health & Blood Pressure Control		Turning 65? Get To Know Medicare	Diabetes Matters:Top Foods for Heart Health	Skin Cancer
9:30 PM 9:30 AM	Citizens' Bond Oversight Committee Meeting January 29, 2015	Minimally Invasive Surgery for Lower Back Disorders					
10:00 PM 10:00 AM			Diabetes Matters: Bras for Body & Soul	Take the Steps:What You Should Know About Foot Care	Arthritis: Do I Have One of 100 Types?		
10:30 PM 10:30 AM	Voices InHealth: What You Need To Know	Skin Cancer					
11:00 PM 11:00 AM			Take the Steps:What You Should Know About Foot Care	Arthritis: Do I Have One of 100 Types?			
11:30 PM 11:30 AM	Arthritis: Do I Have One of 100 Types?						

Opening their Eyes to the Future

How local newlyweds reached out to Washington Hospital's Cancer Genetics Program to face the threat of cancer

Just a year ago, on February 22, 2014, Marian and Andrew Strider celebrated their wedding. Like most couples, they began their first year of marriage with joy and anticipation. But, during the same period, they were to face some very difficult decisions concerning Marian's health and their hopes and dreams about children.

The couple knew Marian has a strong family history of cancer. Her mother died of breast cancer, and her mother's two sisters have both been treated for the same disease. There was a good possibility the sisters' cancers were genetically linked and that Marian might carry the gene mutation. That would measurably increase her risk for ovarian, breast and colorectal cancer.

Marian decided she should seek genetic counseling to confirm the possibility. As an engineer at Tesla Motors Inc., where she and Andrew work, she is adept at making clear decisions based on an analysis of critical information. Yet, Marian made her determination to have genetic testing with mixed emotions.

"For me, it was a 'no-brainer' to get the test, based on what we knew about my mother and aunts," she said. "But, it was still not an easy choice. Many of us might prefer to remain ignorant of the fact that we have a markedly higher risk of cancer. But, I made peace with the idea."

Marian and her husband thought long and hard about what the test results would mean to her and her family. What

would she do if the mutation were found? What would it mean if there was no mutation? And, how would the information affect other members of her family, particularly her sisters?

Once Marian and Andrew decided to move forward, they turned to Washington Hospital's Cancer Genetics Program, which is affiliated with the highly respected UCSF Medical Center in San Francisco. Based on the results of blood testing, the program provides clients with a comprehensive risk assessment, including a complete personal and family medical history, to assess for cancer risk and possible predisposition for carrying a cancer gene.

A wide range of cancers is considered, including breast and ovarian cancer, colorectal cancer, adrenal cancer, and certain types of thyroid and brain cancer. Once a month, during a full day clinic in Fremont, clients meet with a specially trained genetic counselor from UCSF to discuss test results and risk management strategies.

"When clients come here at a fairly young age, as Marian did, they can often get tested before the cancer occurs, and we can help them reduce their risk," explained Laura Constantine, RN, nurse navigator for the Washington Women's Center, who works closely with the genetics program.

"We are able to meet with people, provide education and start screenings earlier, if needed, all right here in the community. Having academic-level services

like those from UCSF here in the Tri-City Area is a great benefit to people who live and work here," Constantine continued.

If testing confirms the client is at higher risk for cancer, medical oncologist Vandana Sharma, MD, PhD, the program's medical director, works with them and their primary care physician to identify risk management strategies tailored to their needs.

Before her first appointment, Marian educated herself about genetics and its role in causing cancer.

When her test results came back, it was confirmed that she does carry a genetic mutation. Together with the genetic counselor, she and Andrew weighed the options.

"At my age, and with our plans to have a family, we decided to take a less radical path at first," stated Marian. "We don't need to rush our decisions about prevention and treatment. Technology continues to advance, and there may be more options in the coming years."

So, for the next few years, Marian will be monitored closely for signs of breast and ovarian cancer through screening and exams. The couple is also going forward with plans to have a baby. In an effort to avoid passing the gene on to their children, they have decided to use in vitro fertilization, so the embryo can be genetically tested.

In another five years or so, Marian expects to have her ovaries and breasts surgically re-



A family history of cancer prompted Marian Strider to seek genetics counseling from Washington Hospital's Cancer Genetics Program, which is affiliated with UCSF Medical Center. The specially trained genetics counselor from UCSF and medical oncologist Vandana Sharma, MD, PhD work with patients on risk management strategies to reduce their cancer risks. The full day genetics counseling clinic in Fremont gives patients and their families access to academic-level services right here in the community.

moved. This will reduce considerably her chances of getting ovarian or breast cancer.

As Marian and Andrew prepare to celebrate their first anniversary with a trip to Switzerland, they feel at peace with the decisions they've made for themselves and their family.

"Overall, we're very happy about the path we are taking, and we are grateful for the expert guidance we've received in making our decisions," she concludes.

Learn more.

For more information about the Washington Genetic Counseling Program, go online to www.whhs.com/cancergenetics. To learn more about Washington Women's Center, visit www.whhs.com/womenscenter. To reach Laura Constantine, RN, the Women's Center's nurse navigator, call (510) 608-1356.

Ask the Doctor

This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at: askthedoctor@whhs.com

Preventing Stretch Marks and Overdosing on Ibuprofen

Dear Doctor,
What helps the most to prevent stretch marks?

Dear reader

There is no magic formula for preventing stretch marks but there are a few things you can do to help. Enrich your diet with anti-oxidants, vitamins A and E and Omega 3 fatty acids. Gain weight gradually, exercise regularly, and stay well hydrated. Lastly, remember to brush and moisturize your skin daily.

Dear Doctor

Is it possible to overdose on ibuprofen, not by taking it all at once but by taking large doses throughout the day?

Dear reader,

The maximum dose of ibuprofen per day is 3200mg. The short-term consequence of using ibuprofen is related to the formation of a stomach ulcer. If you have stomach pain and /or your stool turns black, you should stop taking the medicine and see your doctor immediately. The long-term consequence is kidney failure, which can happen from long-term use.

Mary S. Maish, M.D



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master's degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.

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Thursday, February 26, 6:00 p.m.

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A new way to help foster youth and disadvantaged children

By JESSICA NOËL CHAPIN

Did you know that California has the highest population of foster care youth in the nation? According to the most recent statistics, there are over 56 thousand children in foster care in California. These children have been placed with foster families due to their parents' inability to care for them, or situations of physical, emotional or sexual abuse. For about half of all foster children, the plan is to provide a temporary stay and eventually reunite them with their family of origin.

Foster children are survivors. They often face unimaginable circumstances at the hands of their loved ones, and then meet public stigma due to a life in the foster care system. Some foster children are adopted by their foster families, providing stability and a new chance at a happy life. Approximately ten percent of foster youth will not be adopted or reunite with family. Those who "age out" of the system are far less likely to graduate high school or attend college than their non-foster counterparts.

Thankfully, there are a few good people seeking to make a difference for these kids. Single mother Ronda Swenson grew up with foster youth. Her mother and stepfather took in many foster children during her childhood, so she has a personal connection to this cause. Swenson majored in Sociology and has a master's degree in Education. She is working toward a Ph.D. in Sociology while raising her teenage daughter on her own. Her unique career background gives her experience in criminal justice, social services, foster care, as well as fashion and modeling. It is this unusual combination that led to the founding of her organization, Compassion is Fashion.

Swenson feels that a boost in self-confidence would go a long way in helping foster youth and disadvantaged populations. With that in mind, she has created an organization to provide self-esteem raising resources to children in foster care. The mission of Compassion is Fashion is "to empower and inspire foster youth and other disadvantaged populations through art, education, fashion, and self-esteem programs."



To **EMPOWER** and **INSPIRE** foster youth and other disadvantaged populations through art, education, fashion, and self-esteem programs.

Compassion is Fashion is in its early stages. The organization officially launched in December 2014 and is seeking assistance from the public to bring its mission to fruition. In order to raise awareness of the cause, Compassion is Fashion is hosting a charitable event, "SLC Oscars," to be held Sunday, February 22 at the SLC Talent Factory, a modeling agency in Hayward. The benefit is to raise funds for the organization and assist foster youth.

Local businesses have donated food, drinks, and auction items for the event. The menu consists of appetizers and drinks. A silent auction and raffle are open to guests interested in helping the cause. Auction items include restaurant vouchers, wine, coffee, jewelry, movie tickets, and more. All proceeds will go toward helping foster youth and disadvantaged populations throughout California.

Swenson hopes to raise enough to have a "fashion truck," providing a mobile station with donated clothing and art supplies for foster kids. The truck would visit schools or group homes and kids could earn "fashion money" through volunteering. Other plans include makeovers, photo shoots, and self-esteem workshops for the youth.

Foster children are a greatly overlooked group. These kids have had a rough start in life, and face many more challenges as they head into adulthood. Compassion is Fashion is a unique and creative way to bring a little joy into their lives. Join Swenson in her vision and lend a child a helping hand!

For more information on the benefit and Compassion is Fashion, please see their Web site at www.compassionisfashion.org.

SLC Oscars: A Benefit for Compassion is Fashion
Sunday, Feb 22
1 p.m. - 4 p.m.
SLC Talent Factory
22772 Main St, Hayward
RSVP (209) 556-2054 or rs@compassionisfashion.org
Free

Greeting Card Workshop

SUBMITTED BY DIANE LEYS

Nancy Overton, a graduate of The California College of Arts and Crafts in Oakland, will conduct a hands-on greeting card workshop at the Olive Hyde Art Center in Fremont, on Wednesday, February 25

Overton enjoyed her career as the Product Development manager for Sunset Designs for 20 years overseeing the development of stitchery, needlepoint and cross-stitch kits sold throughout the United States. She also worked for Peking Handicraft in San Francisco where she oversaw the design and development of lace products, quilts and needlepoint pillows produced in China.

Recently, Mrs. Overton has designed for the gift and craft markets. She has authored several craft books. She has made birds, dogs

and cats in paper mache that are reproduced in China and offered in gift shops across the country. Her original art is shown locally at "Studio Seven" in Pleasanton.

Two hours of hands-on-crafting with Nancy is guaranteed to lift the spirit and produce a beautiful and unique greeting card. Everything necessary to make a greeting card or two using art papers, dried flowers and leaves will be provided at the Olive Hyde Workshop. Participants are encouraged to use a telephone directory or large book to press a few leaves and flowers to bring to the class. There is no charge to participants, but reservations are required. To R.S.V.P. go to <http://olivehydeartguild.org> and click on "News & Events" then click on "Upcoming Programs" and complete the form.



Greeting Card Workshop
Wednesday, Feb 25
10 a.m. to 12 noon
Olive Hyde Art Center

123 Washington Blvd, Fremont
Reservations required: (510) 651-4441
<http://olivehydeartguild.org>
Free

continued from page 2

A Healthy Diet Will Do Your Heart Good

For people who need help in following a heart-healthy diet, Roffelsen recommends the “New American Plate Challenge,” a 12-week program offered by the American Institute for Cancer Research.

“While this program was developed initially to help people follow a diet that reduces the risk of cancer and helps with weight loss, it is completely in line with heart-healthy eating, too,” she says. “The website offers colorful graphics and examples that make it clear what is an acceptable portion size and how two-thirds of your plate should be plant-based foods. The website also offers many free recipes, which take into consideration both fat and sodium. To follow the program, you simply register as a user, and then you can track your progress online.”

Another website that can help people follow a healthier diet is offered by “Meatless Mondays.” This program was launched in 2003 in association with the Johns Hopkins Bloomberg School of Public Health.

“The basic idea is that skipping meat one day a week will reduce your overall saturated fat and cholesterol intake for the whole week,” Roffelsen explains. “They suggest Mondays because that is when we generally set our intentions for the week, but it could be any day of the week that you decide to have meals without animal products. Meatless meals don’t have to be boring or unappetizing. For example, you could make chili with beans, vegetable stir-fry with tofu, or pasta with vegetables. The website offers

meatless recipes, news articles on healthy eating and other tips for leading a healthy lifestyle.”

The DASH Diet (Dietary Approaches to Stop Hypertension), developed by the National Institutes of Health, has been shown to be very effective at helping to lower blood pressure. The DASH eating plan calls for several servings a day of fruits, vegetables, whole grains, lean animal proteins, nuts/seeds and low-fat or non-fat dairy products. These fresh foods provide calcium, magnesium and potassium – minerals believed to play an important role in managing blood pressure.

“Making changes in your diet isn’t always easy, but it is definitely worth the effort,” Roffelsen says. “We really need to change the way we think about food. Food is supposed to nourish our bodies, not create risks to our health.”

Learn More

For more information about heart health in general, visit the American Heart Association website at www.heart.org.

Information about the American Institute for Cancer Research’s “New American Plate Challenge” can be found at <http://napchallenge.org>.

“Meatless Monday” information is available at www.meatlessmonday.com.

For information about the DASH Diet, visit the National Institutes of Health website at www.nhlbi.nih.gov/health/health-topics/topics/dash.

Preparations for climate change



Senate President Pro Tem de Leon, Senator Leno, Senator Hueso and Sen. Wieckowski at press conference

SUBMITTED BY JEFF BARBOSA

California state senators unveiled new legislation to strengthen California’s leadership in clean energy and combating climate change today at the state Capitol. The proposals call for new benchmarks for energy efficiency, pollution reduction and petroleum use. Senator Bob Wieckowski (D-Fremont) said the proposals would build on the policies that have made California a global leader in aiming to reduce greenhouse gas emissions. He also announced that the Senate Environmental Quality Committee will hold an informational hearing on February 25 to examine how state and local agencies are preparing for the effects of climate change.

The goal is to set a climate pollution reduction target of 80 percent below 1990 levels by 2050, reduce petroleum use by 50 percent, have 50 percent of electricity come from renewable sources, increase energy efficiency in all existing buildings by 50 percent by 2030 and have the state’s largest public pension funds move their investments beyond coal.

Senate Environmental Quality Hearing
Wednesday, Feb 25
9:30 a.m.
State Capitol, Room 3191
1301 – 10th St, Sacramento
(916) 324-0333

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Fremont ballet dancers seek Royal Academy of Dance award



Katherine Liu (L) and Nagisa Komori (R)

SUBMITTED BY LEIGH ANN KOELSCH

Katherine Liu and Nagisa Komori, longtime students of Rachel's Ballet in Fremont, are high school seniors, who like many others their age, have completed college applications and are waiting for replies. Soon they will decide where to study next

year. In addition, these young dancers are two of six American ballet students entered for the Solo Seal Award of the Royal Academy of Dance.

They have been training rigorously for an opportunity to present solo dances at the SOMArts cultural center in San Francisco, Sunday February 22. A panel of judges will determine if they are awarded the coveted Solo Seal Award of the Royal Academy of Dance, a worldwide organization, centered in London. What sets the Solo Seal apart, is that to even enter, students must earn a Distinction on their Advanced 2 examination—a very high level of achievement. In some years, there aren't enough candidates in the US, and dancers have to travel to Canada to take part.

Katherine and Nagisa are the first students from Rachel's Ballet to attempt the Solo Seal. "We are so proud of these ladies. They have worked so hard to make it to this level. They poured so much effort and heart into preparing for their exam. We are lucky that the event is being held locally, so that teachers, families and friends can attend and share the experience with them. They have definitely inspired the dancers younger than themselves in the school."

Diabetes matters

SUBMITTED BY RAYMOND GRIMM

"Diabetes Matters" is a monthly diabetes education class with expert speakers that provide science-based information to help all community members increase knowledge about diabetes. Diabetes Matters classes and support groups are held on the first Thursday of every month (except for July) and are free and open to the public. Stay for the Diabetes Support Group session from 8 p.m. to 9 p.m. All classes and support groups will be held in the Conrad E. Anderson, M.D. Auditorium at Washington West.

Individuals and families who live with diabetes are encouraged to attend. No registration is required. For more information about other diabetes education programs, visit www.whhs.com/diabetes or call (510) 745-6556. Seminars are televised on InHealth, a Washington Hospital Channel (Comcast Channel 78).

Diabetes Matters

Thursday, Mar 5

Chungmei Shih, RN: Diabetes & Your Skin: How Uncontrolled Blood Sugar Affects Wound Healing

Thursday, Apr 2

Bing Bing Zhang, RN: Gastroparesis: When Diabetes Leads to a Lazy Stomach

Thursday, May 7

Khalid Baig, MD: What Do All Those Labs Mean? Understanding and Using Your Results to Improve Diabetes Management

Thursday, Jun 4

Prasad Katta, MD: Diabetes Ups & Downs: Troubleshooting High and Low Blood Sugar Levels

Lecture: 7 p.m. – 8 p.m.

Support Group: 8 p.m. – 9 p.m.

Conrad E. Anderson, M.D. Auditorium
Washington West

2500 Mowry Ave, Fremont
(510) 745-6556

www.whhs.com/diabetes
Free

First 5 Community Grants Initiative

SUBMITTED BY OFFICE OF
ALAMEDA COUNTY SUPERVISOR RICHARD VALLE

First 5 Alameda County is now seeking applicants for the 2015-2017 Community Grants Initiative. The online application is due by 5 p.m. on February 23. Applications must be completed online at www.f5ecc.org. Grant term begins July 1, 2015 and ends June 30, 2017.

To be eligible to apply in any category, agencies must:
Use funds to serve children ages 0 to 5 and their families
Serve Alameda County residents
Have experience serving children and families
Agree to comply with First 5 Alameda County requirements as described in the grant agreement
Be a community based 501(c) 3 or have the fiscal sponsorship of a 501(c)3, or be a public agency

Workshop dates:

Accountability Plan Workshops - Targeted Grant Applicants Only
Wednesday, Feb 18

1 p.m. – 3 p.m. (No training, individual accountability plan assistance only)

First 5 Alameda County

1115 Atlantic Ave, Conference Rm. A, Alameda

Pre-registration required: (510) 227-6970

Antoinette.Porter@first5alameda.org

Scope of Work Workshops - Community Support Grant Applicants Only
Wednesday, Feb 18

1 p.m. – 3 p.m. (No training, individual scope of work)

First 5 Alameda County

1115 Atlantic Ave, Conference Rm. A, Alameda

Pre-registration required: (510) 227-6970

Antoinette.Porter@first5alameda.org

LETTER TO THE EDITOR

Ruschin Project, an Injustice

I live in front of the proposed 77-housing unit development at Ruschin School. Ruschin Elementary has been closed since 1989. Recently, Newark Unified School District decided to move forward on development of the property. First of all, I support our schools. At the same time, I support responsible and fair housing developments that include surrounding neighborhoods in the decision making. I am deeply saddened with the handling of the sale, which prevented the surrounding neighborhood in participating fully in the decision making process.

At one of the two neighborhood meetings, NUSD Superintendent Dave Marken was in attendance. As neighbors continued to ask critical questions about the project, our superintendent got defensive. He

threatened to build a charter school or a two-story school where students would arrive in and leave with handcuffs. I was taken aback by this angry reaction. When is making threats an acceptable reaction to questions?

Superintendent Marken also invited more than 200 staff, students and parents to the Planning Commission's hearing. Many of the invited live outside the Ruschin area and would not be directly impacted by the project. Furthermore, they were allowed into the building an hour early. I learned that at least one of my neighbors was not allowed in because there was "no more room". I understand the interest of the school board is to invite as many supporters as possible, but is inviting 200 individuals an hour before the official

start of the hearing really appropriate?

Due to the large number attending, public comment was also limited to 3 minutes each. Superintendent Marken's supporters were easily able to argue that the money from the sale was going to new books and technology within that time. But actually all of the money received will go towards maintenance and new wireless routers. Even without funds from the sale, the state already offers money for new books and technology. If the school district wanted to resolve these issues, they could have already done so.

I have personally spoken with neighbors who have been and are employed by the district. None was happy about how the project was being handled. One told me that administrative staff from within

the district were paid to go to an LA conference that added no value to their daily jobs. What guarantee do we have that expenses such as this will not continue to come from the funds from the sale?

In 2005, the school board expected to sell the Ruschin property for 46 units at \$10 million, which follows the current neighborhood density. Now they are trying to sell it for 77 units at \$19 million, double their expectations. Wouldn't a fair compromise be in the middle i.e. 60 units for \$15 million? Essentially, this proposal can give money to the district AND won't ruin the quality of life of an entire neighborhood just for a couple extra million.

Ricardo Corte
Newark

continued from page 1

‘Seuss-A-Gala’ supports classroom projects

tion in Fremont – one representing the Fremont Unified School District and one representing the greater community.

This year, we are proud to celebrate the contributions of Robertson Continuation High School teacher and student leadership program coordinator Paul Barry as our 2015 Excellence in Education FUSD Honoree.

Barry’s journey has led him in many different directions, but his passion for motivating and coaching kids is what kept bringing him back to education. Barry is not merely an educator, he is a transformational leader who inspires positive change among staff and students. He has been instrumental in teaching students to change their lives for the better and leading his colleagues to levels that have created a climate at Robertson where even the most at-risk students succeed.

In 1972, Barry began teaching at Walters Junior High School. He quickly found success with kids by using the skills he learned as a former football player and coach. His current work with Tony Stewart of Beyond the Locker, teaching leadership skills and motivating Robertson students, has had a tremendous impact in the community.

Over years as a teacher, then private business, then back to education, Barry has become a motivator and coach, always asking himself the question, “What can I do to help people better themselves and enrich their lives?”

We celebrate Lara Calvert-York as our 2015 Excellence in Education Community Honoree. Calvert-York is currently the Executive Director of Spectrum Community Services, a 44 year non-profit serving low-income families and seniors in Alameda County.

First active in the Fremont community through the FUN Mothers’ Club, Lara then jumped into the school district issues and joined the Community Facilities Committee, regularly attending school board meetings. Calvert-York has served on an impressive array of district and other school-related committees.

Calvert-York retired from the FUSD Board of Education in 2014 after being elected in 2006 and 2010 and serving as President in 2010 and 2014. For over

a decade she was a leader of FEF, spending most of her time running operations and strengthening the elementary After-School Band Program. She has stepped back from the day-to-day running of the Foundation and is now an Associate Board Member. Calvert-York is an active member of several non-profits and political organizations.

In addition to her busy career and various club and affiliation demands, Calvert-York is parent to two sons, Kane and Riley. In her own words, “I don’t scrapbook, knit, garden or coach Little League, but I am very grateful for all of you who do!”

At the Gala you will have the opportunity to participate in a live auction of Dr. Seuss archival framed, limited edition serigraph of “Kid, You’ll Move Mountains.” Additionally, win raffle prizes, including wine baskets, spa treatments, tickets to local museums, and much more.

And bring a book! This year’s gala theme, combined with the upcoming Dr. Seuss-inspired National Education Association’s “Read Across America” on March 2, has FEF inviting all attendees to bring a new book to the gala. You bring the book, we’ll deliver them to FUSD schools!

Please join local educators and supporters of education as we have a great time supporting a purposeful cause. Tickets are \$80, of which \$38 is tax-deductible. Teachers have a discounted price of \$55. Table sponsorships are available for \$800 for a table of ten. The evening will include a sit-down dinner and entertainment. Attire is gala appropriate, including Dr. Seuss-themed clothing or costumes.

Our proud sponsors currently include Fremont Bank, Lam Research, Kaiser Permanente, and the Fremont Police Department. For more details on the Fremont Education Foundation, visit www.fremont-education.org.

Excellence in Education Gala
Friday, Feb 27
5:30 p.m. - 10:00 p.m.

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www.fremont-education.org
Tickets: \$80, \$55 for teachers

Paralympic Track & Field Clinic

SUBMITTED BY ROBIN MICHEL

On Saturday, February 28, the Bay Area Outreach and Recreation Program (BORP) will be hosting a U.S. Paralympic Track and Field Clinic at Burrell Field in San Leandro. Come learn from Paralympic athletes and team coaches about wheelchair racing; ambulatory racing (amputee and visually impaired); field events; and more. We encourage the following to attend:

Youth, adults and veterans with physical disabilities or visual impairments
High school, middle school, and college track and field coaches
P.E. and adapted P.E. teachers

Physical, occupational or recreational therapists (professional or students)

USA Track & Field officials and coaches

Physicians and prosthetists

Anyone who is interested in learning more about Paralympic Track and Field is also welcome. All instructions will be from Paralympic Track and Field coaches and athletes; equipment will be on hand for those who need it. To register, visit www.borp.org. Contact Trooper Johnson at trooper@borp.org or (510) 407-0014 for more information.

Paralympic Track & Field Clinic
Saturday, Feb 28
9 a.m. – 3 p.m.
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(510) 407-0014
trooper@borp.org
www.borp.org
registration: free



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History Some Events of the Year 1924

The April 24 issue of the Township Register reveals a few local events of the month. The headline read “Williams Discusses Incorporation of Niles.” This refers to the Business Men’s luncheon recently held at the Belvoir hotel where Ernest Williams, a San Jose attorney, discussed the advantages of incorporation. He concluded by saying that “if Niles is to advance and progress it must incorporate.”

Another front page article was about plans of the local Chautauqua Association. It was to be



Washington High School, 1924



1924 Alameda Innes Cloverdale truck and Joe Auhofer

an active season of events for Washington Township residents. A third article, “The History of Calaveras Dam, Near Niles” covered efforts to secure water for San Francisco but avoided most of the effects on Washington Township water users. Washington High School students were closing out their days

on the fire truck. The insurance policy made this policy necessary. The Men’s Club of Washington Township held a banquet in the parlors of the Niles Congregational Church. The Club was one of the most popular township organizations. The headline for the first October issue read “Niles Goes After Gas.” P. G. & E. was surveying the area to determine how many patrons would be needed to extend the gas lines to Niles, Centerville and Newark. This activity was the result of requests by the Niles Chamber of Commerce. The Alvarado sugar mill broke its record for one day’s production by slicing 1133 tons of beets in a 24 hour run. The event was celebrated by employees and residents.

The next issue carried an article about the Eighth Red Cross Roll Call in the township. World War I had been over for six years. Writers reminded readers that the war was not over for ex-service men who had been gassed, and that disaster relief had been provided when half of the city of Berkeley burned up last year. It had been a dry year, but the rain poured down and ended the drought in early October. Everybody now had cause to feel that old man prosperity had returned. Manuel Lewis “water supply expert of Centerville,” declared that he had found an underground stream with a strong current. The stream was about 110 feet below the Centerville surface. The October issue carried news of a bad fire in Mission San Jose that destroyed the Fannie Brown, Silva and Andrade homes. The Sanac home was saved by the Niles, Centerville and Newark fire departments. Lack of hydrants handicapped the firemen.



Dutre garage 1924

at the old campus [on the present Peralta Boulevard] and planning to move to the new school on the present Fremont Boulevard; saying “goodbye” to the old campus and “hello” to the new. The Poster Club was making large posters for local business houses. They were also making and selling Christmas cards and gifts. The September 24 paper headlined a plan to extend the name of East 14th Street from Oakland to San Jose. So far the name ended in San Leandro. The Niles Volunteer Fire Department issued a new ruling that only regular firemen could ride

Delegates from 12 counties formed a caravan to visit the Masonic home between Niles and Decoto. Upwards of 1,000 Masons enjoyed the day and were pleased with the building improvements made this year. Niles Theatre patrons were excited because the coming attraction was a Rudolph Valentino film. A Mary Pickford film was also creating interest. Mr. and Mrs. Howard Chadbourne had recently returned from a trip to Europe. Mrs. Chadbourne gave a talk to the Country Club and Howard spoke to the Men’s Club.

show pigeons. His pigeons won first, second and third prizes at a recent Pomona Show. Several carloads of race horses had been shipped to Kentucky from the Warm Springs ranch of F. J. Kelley. The Graham Manufacturing Company was shipping an average of five carloads of heating stoves a week. The last October issue carried the story of Sidney Snow’s capture of two large polar bears for the Oakland museum. Mrs. Snow received the message of the hunt over the radio. These are just some of the events of this year 1924.



Evelyn Brown chickens 1924



PHILIP HOLMES

PEEK INTO THE PAST

www.museumoflocalhistory.org

Photos courtesy of The Museum of Local History

LETTER TO THE EDITOR

Affordable Housing

Last week, on February 3rd, I took time to attend the Fremont City Council meeting. The top agenda item of the evening was affordable housing in the Fremont area. What a community eye opener, and not for the better.

We live in such a diverse city. This was such an important topic that some community members had a translator to help tell their story. Affordable housing is a thing of the past. Rents are being raised out of control but wages are not. Families are being forced out of Fremont because they no longer can afford to live here. These are citizens who have already established family roots here.

I was born and raised in this city and it is by no means the family city it once was. To our city council who sat there with no expression, please open your eyes and hearts. It is not all take, take, take. It is about showing your community you actually listen to their cries for help and are worthy of representing this city.

Anne Windisch
Fremont

SAVE receives proclamation from Alameda County Board of Supervisors



SUBMITTED BY CHRISTINA FERNANDEZ

SAVE (Safe Alternatives to Violent Environments) was among several organizations that received proclamations recognizing February as Teen Dating Violence and Awareness Month and their efforts to empower youth at the Alameda County Board of Supervisors meeting on February 10. Alameda County Board of Supervisors President Scott Haggerty spoke about the importance of educating both youth and parents to recognize the signs of abuse and how to best provide support so that teens can stay safe. In addition to the proclamation presented to SAVE, a number of organizations were also recognized for their programs and services as well, including Alameda County Family Justice Center, Highland Sexual Assault Center, Building Futures for Women and Children, Family Violence Law Center, Girls Inc. of Alameda County, Love Never Fails, A

Safe Place, Tri-Valley Haven, Youth Radio, Ruby’s Place, and Planned Parenthood Mar Monte. The proclamations not only raise awareness but also gives credence to the issue of teen dating violence and serves as a “call to action” to begin dialogue among community members about this serious threat to youth safety. With one in three teens experiencing one or more forms of dating abuse, including emotional, verbal, sexual, and physical abuse and stalking, Board President Haggerty and the Supervisors recognize that teen dating violence must be brought to the light and addressed in impactful ways such as youth outreach, crisis support, and prevention services. For more information about SAVE’s Youth Programs, contact Dr. Yasi Safinya-Davies at (510) 574-2250 ext. 116 or YasiSD@save-dv.org.

Students named candidates for Presidential Scholars Program

SUBMITTED BY BRIAN KILLGORE

Fremont Unified School District (FUSD) is proud to announce that 30 of its high school students have been named as candidates for the United States Presidential Scholars Program. Established in 1964, by executive order of the President, the U.S. Presidential Scholars Program recognizes and honors some of our nation’s most distinguished graduating high school seniors. In 1979, the program was extended to recognize students who demonstrate exceptional talent in the visual, creative and performing arts. Each year, up to 141 students are named as Presidential Scholars, one of the nation’s highest honors for high school students. Twenty-three students from Mission San Jose High School, six from Irvington High School and one from Washington High School are invited to apply for 560 semifinalist positions from which the Scholars will be chosen in May 2015. “Of the thousands and thousands of high school seniors around the country to be considered, to have so many chosen from the Fremont Unified School District is an outstanding achievement and testament to the work being done in our schools,” said FUSD Superintendent Dr. Jim Morris. Students chosen as U.S. Presidential Scholars receive an expense-paid trip to Washington, D. C. in June and the U.S. Presidential Scholars medallion at a ceremony sponsored by the White House, in commemorating their achievements. During their visit to Washington, Scholars have access to important

national and international figures, including government officials, educators, authors, musicians, scientists and other accomplished people. Scholars are provided opportunities to: wrestle with issues that concern America and the world; attend recitals, receptions and ceremonies held in their honor; and visit area museums and monuments. But perhaps the greatest benefit to the Scholars, and the one they most often remark on, is the chance to exchange ideas with similarly motivated and accomplished peers, and to forge friendships that last a lifetime. FUSD Presidential Scholar Candidates: IRVINGTON HIGH SCHOOL: Rohit K. Dilip, Michelle B. Hsueh, Kelsey S. Ichikawa, Tiffany Lo, Arya Sureshabu, Preston Zhou MISSION SAN JOSE HIGH SCHOOL: Yuying Cao, Joshua H. Chao, Deborah Chew, Aaron Chi, Dustin Chiang, Derek Feng, Max T. Feng, Nathan C. Fong, Cari Gan, Stanley Gu, Bethany K. Hung, Alvin Kao, Clifford D. Lee, Kelly C. Lee, Ruchit Majmudar, Brian R. Mi, Abirami Murugappan, Jimmy J. Qian, Yingchong Qiu, KarunaWadhara, Sandy K. Zhang, Andrew Y. Zhou, Tiffany Zhu WASHINGTON HIGH SCHOOL: Trevor M. Fung Visit the District’s website at www.fremont.k12.ca.us for more information.



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See disclaimer for more details.

With coupon only. Limited time offer.

Exp 2/30/15

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Limited time offer. Exp 2/30/15

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See disclaimer for more details. Limited time offer.

Exp 2/30/15

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\$179.95*

Does not include timing belt (Required on some cars).

Platinum Plugs additional. 6 & 8 cyl. Higher.

Additional parts and labor for SUB's, Vans, & 4x4

STANDARD INCLUDES:

Maintenance tune-up

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Radiator drain & fill

Inspect belts and hoses

Replace air filter

Transmission filter & gasket

Brake inspection

Tire rotation/inspect CV Boots

See disclaimer for more details. With coupon only.

Limited time offer. Exp 2/30/15

30/60/90K MILE SERVICE

\$349.95*

Does not include timing belt (Required on some cars).

Platinum Plugs additional. 6 & 8 cyl. Higher.

Additional parts and labor for SUB's, Vans, & 4x4

PREMIUM INCLUDES:

Maintenance tune-up

Replace fuel filter

Replace PVC valve

Balance tires

Radiator drain & fill

Replace oil/filter

Brake inspection

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Tire rotation/inspection CV boots

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BUSINESS

India Consul General at Hayward Chamber luncheon

SUBMITTED BY
BARRY ZEPER

Ambassador Venkatesan Ashok, newly-appointed consul general of India, will speak on opportunities for international trade and business, new initiatives, and new leadership in his country when he is hosted at a luncheon by the Hayward Chamber of Commerce on Friday, March 6. Tickets to the luncheon are \$25 by advance reservation at www.hayward.org. No tickets will be sold at the door.

"Hayward is a perfect place for the consul general to discuss the bright future for trade between our countries," said Kim Huggett, president and CEO of

the Hayward Chamber of Commerce. "Here at the center of the Bay Area a growing number of Hayward companies are keeping our chamber busy issuing certificates of origin for their exports."

The ambassador's topic is "India-US: Make in India." Make in India is a major new national program designed to facilitate investment, foster innovation, enhance skill development, protect intellectual property and build best-in-class manufacturing infrastructure.

Last year the chamber and the city of Hayward hosted an international trade conference with the U.S. Commercial Service, which will be among the co-hosts of the March 6 event. Other

hosts will include the city of Hayward, California State University East Bay, and East Bay companies with international connections that include India.

India Counsel General Speech/Luncheon
Friday, Mar 6
11:30 a.m. to 1:00 p.m.
Golden Peacock Banquet Hall and Conference Center
24989 Santa Clara St, Hayward
Reservations required:
www.hayward.org
\$25/per person

Wieckowski recognizes local small business

SUBMITTED BY JEFF BARBOSA

State Senator Bob Wieckowski (D-Fremont) recently recognized Hayward's Way To Be Designs for its selection as a CoolCalifornia Small Business Award winner by the California Air Resources Board. Way To Be Designs and 15 other companies were honored during a ceremony at the California Environmental Protection Agency building.

"I applaud Way To Be Designs for actively taking steps to reduce their carbon footprint," Wieckowski said. "To be one of only 16 companies recognized across the state, shows they are dedicated to being a responsible, environmentally-friendly enterprise."

The CoolCalifornia Small Business Awards are in their fifth year. The selected companies are recognized for demonstrating leadership and making notable, voluntary reductions in climate pollution.

Way To Be Designs uses ENERGY STAR-rated equipment, composts food scraps, installed motion light sensors in break rooms, upgraded its heating system, set-up programmable thermostats and produces sustainable products.

Among the steps taken by the other 15 companies were using recycled/repurposed products; composting food scraps and plant material; installing LED lighting, solar panels and energy-efficient equipment; eliminating solvents and chemicals; putting aerators on faucets and installing low-flow toilets.

The small businesses submitted applications which were scored by two-person teams comprised of representatives from private businesses and public agencies. Site visits and environmental reviews were conducted by ARB staff.

Wieckowski's 10th Senate district includes southern Alameda County and northeast Santa Clara County.

Alameda County Water District receives award

SUBMITTED BY SHARENE GONZALES

The Alameda County Water District (ACWD) received the District Transparency Certificate of Excellence by the Special District Leadership Foundation (SDLF) in recognition of its outstanding efforts to promote transparency and good governance.

"This award is a testament to ACWD's commitment to open government," said Robert Shaver, General Manager. "The entire district staff is to be commended for their contributions that empower the public with information and facilitate engagement and oversight."

In order to receive the award, a special district must demonstrate the completion of eight essential governance transparency requirements, including conducting ethics training for all board members, properly conducting open and public meetings, and filing financial transactions and compensation reports to the State Controller in a timely manner.

ACWD also fulfilled fifteen website requirements, including providing readily available information to the public, such as board agendas, past minutes, current district budget, and the most recent financial audit.

Finally, the district must demonstrate outreach to its constituents that engages the public in its governance, through a regular district newsletter and annual information public budget hearing.

To learn more about ACWD or to view transparency information, visit www.acwd.org.

Alameda CTC holds public meetings

SUBMITTED BY TESS LENGUEL

Alameda CTC (County Transportation Commission) is hosting public planning open houses throughout Alameda County in February and March. Learn about, discuss and give us your ideas on plans for the future of transportation in Alameda County, including public transit, major streets and roadways, and trucking, goods movement and shipping. You are welcome to visit at any time during the two-hour open houses.

Transportation Open House Meetings:

Saturday, Feb 21
10 a.m. – 12 noon
Hayward City Hall
777 B St, Hayward
Info: alamedactc.org

Spanish translation services will be provided.

Sunday, Mar 22
2 p.m. – 4 p.m.
Fremont Library
2400 Stevenson Blvd, Fremont
Info: alamedactc.org
For Chinese/Spanish/Sign Language interpreters:
Call in advance (510) 208-7400

7.5 cent gasoline excise tax rate cut will be considered

SUBMITTED BY
VENUS STROMBERG

The California State Board of Equalization (BOE) will consider lowering the excise tax rate for gasoline by \$0.075 for Fiscal Year (FY) 2015-16 during its February 24, meeting in Culver City.

Since 2010, the "fuel tax swap" law has required the Board to adjust this tax rate by March 1

of each year. If adopted, between July 1, 2015 and June 30, 2016, the excise tax rate on gasoline will be \$0.285 per gallon. The current excise tax rate of \$0.36 is in effect until June 30, 2015.

Drivers pay two types of state taxes on gasoline — sales tax and a per gallon excise tax. Before the "fuel tax swap" took effect in 2010, drivers paid the full sales tax rate (then 8.25 percent), and

an excise tax of \$0.18 per gallon.

The "fuel tax swap" lowers the sales tax rate to 2.25 percent on gasoline and requires the BOE to set the per gallon excise tax rate, so drivers pay the same amount of state taxes on gasoline as they would have paid under the prior tax structure.

For more information on other taxes and fees in California, visit www.taxes.ca.gov.

City of Hayward Job Fair

SUBMITTED BY CITY OF HAYWARD

Building on the success of last year's heavily attended job fair, the City of Hayward is preparing to host an even larger event this time around. On Saturday, March 7, the City will partner with sister agencies such as the Hayward Area Recreation District and participating local busi-

nesses to offer job seekers a wide range of valuable career development resources.

The event, geared toward Hayward residents but open to anyone, will offer job-hunters information about recruitment and application processes, one-on-one resume reviews conducted by members of the City's human resources department, and an opportunity for in-person discus-

sions with representatives from various City departments, partner agencies and participating local businesses.

"It's a great opportunity for us to connect with the community and to talk about what it means to be a public servant," said Frank Holland, the City's spokesperson. "This year, other local employers will be participating as well, which

will make the event even more valuable to job seekers."

City of Hayward Job Fair

Saturday, Mar 7

10 a.m. – 1 p.m.

Hayward City Hall

777 B St, Hayward

<http://www.ci.hayward.ca.us/>

Station Profile Survey

SUBMITTED BY BAY AREA RAPID TRANSIT DISTRICT (BART)

The granddaddy of all BART research surveys — known as the Station Profile Survey — is gearing up to begin February 17 and will provide a treasure trove of data to guide the agency and help the public in the future. It's the largest and oldest of all BART surveys, done approximately every six-to-10 years since 1973, like BART's version of the U.S. Census. The massive compilation of statistics last was conducted in 2008.

"So much has changed since then, from ridership growth to new stations to the economy of the Bay Area," said Maureen Wetter, BART research analyst and manager of the project.

In fact even the survey tools have changed. For the first time in the Station Profile Survey history, contracted survey-takers will use tablet computers (provided by the contractor) to enter the answers from in-person interviews to be conducted mainly on platforms, of randomly selected participants. The survey takes



about five minutes. You will know the survey-takers by their blue vests with reflective stripes and ID badges and "Survey Team" on the back of their vests.

"You can't volunteer or walk up and ask to take the survey, because it's important that results reflect a statistically valid random sampling of BART ridership," Wetter said. "If you are asked to take the survey, we hope you will. This is an important opportunity to ensure you're represented in the results."

For more information on the Station Profile Survey go to www.bart.gov/survey

Hayward Area Recreation and Park District fills vacancy

SUBMITTED BY LAURA CORREA-HERNANDEZ

The Hayward Area Recreation and Park District (H.A.R.D.) is pleased to announce the appointment of Rick J. Hatcher to the vacant Board of Directors position. Hatcher was appointed at the bi-monthly meeting held on February 9, 2015. He will be sworn in at the next Board of Directors meeting on February 23, 2015.

Mr. Hatcher was appointed to fill the vacancy created by the resignation of Dennis M. Waespi who was elected to the East Bay Regional Park District Board of Directors in November. Mr. Hatcher's term will expire in November 2016.

Hatcher stated that one of the many reasons that he applied for the position was because "I've seen how H.A.R.D. programs positively



impact the lives of District residents and I want to be a part of that community enrichment."

As a long-standing member of the District, Hatcher grew up in San Lorenzo and currently resides in Cherryland. He owns his own business, Hatcher Insurance, in Castro Valley and been part of the Cherryland Community As-

sociation since 1997. He is a member of the following organizations: Ashland Cherryland Food Policy Council, Blue Ribbon Steering Committee, Eden Urban Farms, Project Eat Paradise Garden, Hayward Community Garden, Alameda Creek Alliance and the Alameda County Beekeepers Association.

City of Fremont Planning Commission Meeting

February 12, 2015

Residents, developers, and other interested parties filled the meeting room for a long night of comments and deliberation on a variety of topics.

Approve minutes of January 22, 2015

Approved 5-0-2 with Leung and Dorsey abstaining

Consent Calendar:

- Unanimously approved.
- Fremont Recycling and Transfer Station Conditional Use Permit to accept self-haul solid waste from outside the Tri-Cities area at the Boyce Road facility
- Shadowbrook General Plan Conformity: Finding for a city-owned property at 3579 Shadowbrook Terrace in the Centerville Area.

Public Hearing Items

- Dias Residential housing development at 42232 Mission Boulevard included construction of 20 single-family homes and preservation of an existing historic single-family home in the Mission San Jose Area. A new public street would provide right-in/right-out entrance and exit onto Mission Boulevard. All development would be below the toe-of-hill line and would require extensive use of reinforcing walls.

Five residents voiced concerns about the grading, view, traffic, noise, garage placements, and impact on schools. Approved with the recommendation that city staff obtain full Historical Register status for the existing house.

Approved 4-1-2. Pentaleri, Bonaccorsi, Karipineni, and Leung - Aye.

Dorsey - Nay. Salwan and Reed recused because of campaign contributions.

- Niles Mixed Use development at 37899 Niles Boulevard included construction of 98 residential units, mostly townhomes, and 3,620 square feet of retail and community space on the former Henkel Cannery site in the Niles Area. A new public street would run through the property from Niles Boulevard to Chase Court at the end of 3rd Street. The site would be extensively tested and remediated to remove any possible hazardous materials on the property.

Twenty-four residents expressed both support and concerns about the project. Primary concerns were traffic, density, and architecture. Other concerns regarded access, parking, environmental impact, views, and schools.

The commissioners asked questions of the speakers as well as staff and the developer. The commissioners concerns were about environmental remediation, design, density, internal parking, and viability of the commercial CRAFT building section.

Approved 6-0-1 with nine specific conditions of approval regarding changes - the main condition being that the two rows of units closest to the houses on 3rd Street be no higher than 24 feet.

Pentaleri, Bonaccorsi, Karipineni, Reed, Dorsey, and Leung - Aye. No Nays. Salwan recused because of campaign contributions.

Alameda County Water District approves rate hike

At its board of directors meeting on February 12, a presentation addressed public outreach, agency cost reduction actions, cost of service analysis and customer impact analysis. System costs are both fixed (maintenance, overhead) and variable (water delivery). The board voted 4-1 (Huang, Nay) to set the date for the adoption of the following actions:

- No increase of commodity rate
- Increase service charge 30% (equivalent to an overall 8% increase)
- Maintain uniform rate structure with tiered drought surcharge
- Consider tiered rate when drought is over

A communication and outreach plan to inform the community includes website information, press releases and public meetings (cities, schools, chamber of commerce) including regular board meetings, workshops and public hearings. On February 24, 2015, ACWD will mail a notice to all users of a Public Hearing scheduled for April 14, 2015.

Public comments included criticism of public outreach efforts, lack of response to public inquiry by the public, increases that are detrimental especially to fixed income citizens, continuing rate increases, personnel costs

Public Hearing: April 14, 2015

For more detailed information and updates on the proposed rate increase, visit: www.acwd.org/rateproposals

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CELEBRATING COMMUNITY LEADERS

The Masonic Homes Welcomes the 2015 Union City Chamber of Commerce Board

On Thursday, January 29, the Union City Chamber of Commerce installed its 2015 Board of Directors. Led by Executive Director Rey Sison, these community leaders help sustain a robust economic marketplace by providing resources and opportunities to help Tri-City businesses and our community to thrive.

"I believe the biggest value that the Chamber provides to its business members is being able to represent them as an important voice and advocate in matters of public policy affecting the business community as a whole," Sison says.

Members of the Board of Directors are elected by the general membership, and are expected to be actively involved in Chamber programs and activities, including business round table meetings; a green business program providing hands-on support for minimizing waste; networking opportunities; and a number of workshops, seminars, and events throughout the year.

Carlene Voss, volunteer and community resource manager at the Masonic Homes, was just installed for a second two-year term on the Chamber Board. "It has been a pleasure to meet new people and share ideas about our community," she says.

"Carlene has been one of the most enthusiastic and dedicated members of the Board who is always first to volunteer her time to ensure the success of the Chamber's various undertakings," Sison says.

Voss has leveraged her professional expertise to develop the Chamber's volunteer program. Chamber volunteers support the community by providing electronics recycling opportunities and participating in ribbon-cutting ceremonies, golf tournaments, tree lighting ceremonies, and other local events.

Voss believes her participation in the Chamber has strengthened the relationship between the Tri-City community and Masonic Homes. "The Masonic Homes has become more active in Union City because of my involvement," she explains, "and Union City residents are more aware of how we care for seniors in our community."

Sison adds, "Through Carlene's efforts, the Masonic Homes has sponsored our most important events, such as the Community Spirit Awards and the State of the City Luncheon."

According to Sison, the volunteerism exhibited by Voss and others at the Masonic Homes is emblematic of the Chamber experience. "An enjoyable aspect of my work with the Chamber is the enthusiasm and 'can-do' attitude exhibited by our members," he says.

To learn more about the Union City Chamber of Commerce, including upcoming workshops and events, visit unioncitychamber.com. ♦



The Union City Chamber of Commerce 2015 Board of Directors

ACACIA CREEK GIVES BACK TO LOCAL CHARITIES

You're Invited to the Fourth Annual Fashion Show and Luncheon

On March 21, 2015, Acacia Creek Retirement Community will celebrate its fourth annual fashion show and luncheon. This year's theme is "Spring Fling." Acacia Creek is closely associated with the Masonic Homes and shares its culture of philanthropy. All proceeds from the fashion show will benefit the New Haven Schools Foundation and LIFE ElderCare.

The New Haven Schools Foundation provides financial support for local public schools in the New Haven School District, boosting educational and extra-curricular programs for local children. LIFE ElderCare will dedicate Spring Fling proceeds to help fund its Meals on Wheels program in Union City, which provides crucial nutritional support and socialization opportunities for vulnerable Union City residents.

Clothing has been donated by local Chico's stores. Models include Helen Kennedy, executive director of the New Haven Schools Foundation; Patricia Osage, executive director of LIFE ElderCare; and residents and staff of Acacia Creek Retirement Community.

All members of the Tri-City community are invited to attend this fun opportunity to support vital local services. Past participants will receive a mailed invitation soon. To request an invitation, call Acacia Creek at (510) 441-3740.

Tickets are \$35 per person, and include lunch, a mimosa, and a raffle ticket. This year's raffle drawing includes donations from restaurants, florists, and other local businesses. The RSVP deadline is March 13. ♦



Spring Fling Models pose at Acacia Creek (left to right): Martha Crawford, Karen Moody, Shirley Roehl, Patricia Osage, Shirley Moore, Judy Buchanan, and Mary Jane Hodges.

FUN FACT

The Masonic Homes officially opened in 1898 as a place of refuge for widows and orphans in need. Today, it serves an active community of older adults who contribute to the Tri-City community through volunteer service and community events. ♦



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Bring on the Luck

BY PEGGY L. GREEN, PHOTOS COURTESY OF THE LUCKY BAMBOO SHOP

In today's world you need all the luck you can get. And just in time for the Chinese New Year, it's lucky bamboo to the rescue!

For centuries the Chinese have associated lucky bamboo with good fortune, fortitude, and resilience. The species, which is stalks of *Dracaena sanderiana*, was named after a German-English gardener sometime around the late 1800s and also goes by the names Belgian Evergreen and Ribbon Plant.

Lucky bamboo gets its legend of luck from the mistaken identity of being a bamboo plant. Since bamboo is considered to be very lucky because of how easily and quickly it grows, it is thought to generate a peaceful and wise energy. People consider lucky bamboo to be wise due to the hollow insides and its flexibility, which allows the spirit to flow freely. In addition, the five elements of feng shui (wood, earth, water, fire and metal) are combined when the plant is placed in water and decorated with red ribbons or bows to symbolize fire.

Feng shui enthusiasts believe that having lucky bamboo in your home or office will enhance good energy, revitalize any bad energy, and bring growth into your life. You can buy lucky bamboo by the stem, which costs anywhere from \$1 to \$5, according to size and shape. If you want your lucky bamboo in beautiful pots with different colors of rocks, the price increases. Larger containers of lucky bamboo have exotic spirals, but they, too, come at a price. Be prepared to pay anywhere from \$5 to \$60 for your lucky bamboo plants.

Lucky bamboo can be personalized to enhance all areas of your life. Mix and match to create your own special arrangement:

- Two stalks: a symbol of love and marriage
- Three stalks: happiness
- Five stalks: good health
- Seven stalks: wealth and happiness
- Eight stalks: growth
- Nine stalks: good fortune and happiness
- Ten stalks: completion and perfection
- 21 stalks: abundant blessings

The Chinese numbers follow the Yin (even numbers) or Yang (odd numbers). The odd numbers are considered to be the most lucky, hence the number of bamboo stalks determines your luck to a large extent. The number four is intentionally left out of the equation. According to Chinese culture, any sequence beginning with this number (i.e., the fourth floor, the fourteenth floor, and all floors in the forties) is left out. This is because this number sounds like the word death in Chinese and is therefore considered to be very unlucky.



Not only is the number of stalks meaningful, but colors also come into play. The symbolic meaning of numbers and colors combine to add subtle nuances:

Red is the most favored and common color used. It symbolizes happiness, good fortune, and joy. Chinese



New Year cannot be separated from the color red, for not only does it represent good fortune and joy, but it is the symbol for one of the five elements – fire. Most lucky bamboo pots come with a red ribbon tied to them.

Green symbolizes health, prosperity, and harmony. Any gift wrapped in green means long life and growth, so you might consider having green rocks at the bottom of your lucky bamboo. Green also represents the element of wood.

Yellow (gold) symbolizes prestige. This color was the legendary color worn by the emperors of ancient China and the imperial color of the Ming/Quing dynasties; it is the color that heroes wear. Of the five elements, yellow is the symbol of the earth. Yellow is often combined with red to express great beauty and good fortune.

Glass pots symbolize the metal element. Try planting lucky bamboo in a clay or ceramic pot, and place either a metal coin or a figurine along with it. The metal colors are gold, silver, copper, bronze and brass.

Sometime known as the feng shui plant, it is believed that lucky bamboo will bring good luck and fortune to all inhabitants of the home, especially if it was received as gift. There is no specific location to place a lucky bamboo arrangement; just choose a spot that balances the space. It will immediately add vitality and life to your room.

Lucky bamboo is popular due to its low maintenance and ease to grow. Place stems in water, do not place them in direct sunlight as it turns the leaves brown, and be



sure to replace the water every two weeks or so. To help enhance the color, growth, and health of your plant add a diluted liquid fertilizer on occasion, although it is not necessary. To grow your lucky bamboo, cut the bottom to the length of your choice. It takes about two months in warm weather to root again. You can also clean cut the bamboo stalks from the top. The top two or three joints will sprout again in three months during the summer. Due to lucky bamboo's crisp appearance and incredible durability, even poorly cared for plants will live at least several months.

To shape your own lucky bamboo stems, lay the stems on a long table, cover three sides and leave one side exposed to the light. The stems will grow naturally towards the light. By rotating the stems periodically, they will begin to curl. This process is a little tricky and will take an average of one and a half years. With a collection of stems, you can create as many shapes in as many numbers as you wish.

While a thing of beauty and appeal, take note that lucky bamboo is not child or pet friendly. The leaves can be toxic when ingested, so keep away from your children or the family pet.



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NAVIGATING THE LONG JOURNEY

Free Dementia
Education & Support

Trying to do it all? Join Our Experts at Lunch or After 5 to gain
simple tips for care management for yourself and your loved one
living with Alzheimer's or Dementia. Find out about free monthly
group support and partnerships to make life easier.

Dementia Lunch and Learn

Charlotte Bear,
Certified Dementia Practitioner,
Vitas Healthcare

Every 3rd Wednesday
Feb – May and Aug – Dec
11:00 am to 12:30 pm

Complimentary lunch,
Free parking.

Dementia Evening Series

Jennifer Gibson, RN,
Certified Dementia Practitioner
Gentiva Hospice

February 18th
5:30 pm to 7:00 pm

Hors d'oeuvres.
Space is limited.

Kindly RSVP for any event with
Debbie.zogaric@aegisliving.com or call 510-556-5055

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www.aegisoffremont.com



RCFE #015600581

Have Fun with Math and Science Adventures

SUBMITTED BY AND PHOTOS
COURTESY OF MIRIAM KELLER

The American Association of Uni-
versity Women (AAUW), Fre-
mont Branch proudly sponsors

Science Discovery Day” events a year, the
Fremont Branch has many additional
events and projects that are fun and reflect
AAUW’s mission.
The cost for “Mother/Daughter Math &
Science Discovery Day” is \$25 per mother



their 32nd “Mother/Daughter Math &
Science Discovery Day” on Saturday, Feb-
ruary 28. Third and fourth grade girls are
invited to come out for a morning of fun,
hands-on math and science adventures.
Attendees can take part in five of nine
classes offered, including Planetarium
Show, Robot Dance Party, Geared Up, Dry
Ice Capades Mad Science, Kitchen Chem-
istry, Build the Tallest Tower, Chinese Puz-
zles-Tangrams, Engineering for Kids, and
Digital Life for Girls: Socialize & Study
Safely Online (bring mobile tablet or cell
phone). Please prioritize your preferences
when registering; classes will be assigned in
the order that registration forms are re-
ceived, so do not delay.
Established in 1881, AAUW serves to
“advance equity for women and girls
through advocacy, education, philan-
thropy, and research.” In addition to ex-
posing girls to possible futures in math and
science at two “Mother/Daughter Math &

(grandmother, aunt, etc.)/daughter pair, and
\$15 for a second third or fourth grade
daughter. Dress warmly and comfortably.
AAUW will provide beverages, snacks, and a
folder with fun stuff to take home.
Sign up at www.eventbrite.com and
search Mother-Daughter Math & Science.
A registration form can also be copied
from the site and mailed in. For more in-
formation, contact coordinator Miriam
Keller at (510) 683-9377 or
miriamkel@comcast.net. Registration
deadline is Monday, February 23. After the
23rd, call JoAnn Houk at (510) 796-1320
to check space availability.
To learn more about AAUW Fremont,
visit <http://fremont-ca.aauw.net/>.

**Mother/Daughter Math
Science Discovery Day**
Saturday, Feb 28
8:30 a.m. – 12:45 p.m.
Hopkins Jr. High

600 Driscoll Rd, Fremont
(510) 683-9377
www.eventbrite.com

**Cost: \$25 per pair,
\$15 additional daughter**

Home Sales Report

CASTRO VALLEY				TOTAL SALES: 08			
Highest \$:		2,375,000		Median \$:		472,000	
Lowest \$:		360,000		Average \$:		728,875	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED		
2634 Acorn Street	94546	630,000	4	1871	1950	01-15-15	
18583 Carlton Avenue	94546	572,000	4	1296	1952	01-15-15	
19280 Carlton Avenue	94546	472,000	3	1332	1953	01-16-15	
20153 Forest Avenue #5	94546	375,000	2	1044	1986	01-15-15	
19975 Lorena Circle	94546	400,000	2	1276	1996	01-16-15	
3675 Santa Maria Court	94546	360,000	3	1008	1945	01-20-15	
6058 Mt. Rushmore Circle	94552	647,000	4	1875	1988	01-14-15	
29551 Palomares Road	94552	2,375,000	3	2950	1997	01-15-15	

FREMONT		TOTAL SALES: 27							
Highest \$:		1,971,000		Median \$:		720,000			
Lowest \$:		187,500		Average \$:		764,611			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED				
38477 Blacow Road	94536	720,000	3	1334	1960	01-15-15			
35959 Cabrillo Drive	94536	722,000	3	1390	1957	01-16-15			
38623 Cherry Lane #183	94536	365,000	2	938	1974	01-15-15			
35658 Gleason Lane	94536	1,048,000	4	2191	1979	01-16-15			
4106 Hansen Avenue	94536	876,000	4	2141	2007	01-15-15			
37000 MeadowbrkCmn101	94536	478,000	2	1083	1984	01-16-15			
3366 Red Cedar Terrace	94536	187,500	-	421	1986	01-14-15			
582 School Street	94536	770,000	3	1872	1955	01-16-15			
37331 Sequoia Road	94536	237,000	1	593	1986	01-20-15			
3663 Turner Court	94536	800,000	4	1980	1972	01-15-15			
5090 Coco Palm Drive	94538	642,000	3	1709	1962	01-14-15			
39403 Farwell Drive	94538	668,000	4	1573	1967	01-16-15			
40749 Greystone Terrace	94538	590,000	2	1429	2007	01-15-15			
39224 Guardino Drive #112	94538	449,000	2	1053	1990	01-20-15			
40711 Penn Lane	94538	820,000	4	1969	1977	01-16-15			
5657 Poplar Common	94538	389,000	3	1149	1970	01-16-15			
4303 Sacramento Av #229	94538	396,000	1	1221	1974	01-15-15			
4554 Wheeler Drive	94538	570,500	3	1036	1959	01-20-15			
665 Azevedo Common	94539	1,000,000	3	1685	1989	01-15-15			
48404 Costa Mesa Terrace	94539	1,971,000	5	4254	1998	01-20-15			
48975 Green Valley Road	94539	1,330,000	4	2049	1992	01-15-15			
41566 Higgins Way	94539	1,152,000	3	1470	1959	01-16-15			
2479 Lockwood Avenue	94539	1,086,000	3	1146	1960	01-14-15			
150 Mohave Terrace #47	94539	560,000	2	1200	1986	01-15-15			
43548 Ocaso Corte	94539	1,003,500	2	2213	1979	01-14-15			
43606 Skye Road	94539	1,450,000	4	2518	1988	01-16-15			
34619 Greenstone Cmn	94555	364,000	3	1166	1970	01-16-15			

HAYWARD		TOTAL SALES: 19				
Highest \$:		865,000	Median \$:		390,000	
Lowest \$:		250,000	Average \$:		422,816	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
936 Chenault Way	94541	370,000	3	1070	1951	01-15-15
2812 Kelly Street	94541	300,000	4	861	1915	01-16-15
20919 Locust Street #K	94541	250,000	2	1101	1980	01-15-15
24023 Myrtle Street	94541	382,000	2	1059	1947	01-16-15
992 Silverado Court	94541	335,000	2	1270	1973	01-15-15
19366 Waverly Avenue	94541	450,000	3	1182	1952	01-16-15
121 Carrick Circle	94542	865,000	4	2532	2007	01-15-15
3708 Roxbury Lane	94542	735,000	4	2383	1969	01-20-15
2401 St. Helena Drive #5	94542	390,000	2	1132	1985	01-14-15

585 Celia Street	94544	468,000	3	1116	1955	01-16-15
26583 Colette Street	94544	360,000	3	951	1950	01-15-15
26590 Flamingo Avenue	94544	410,000	3	1056	1952	01-20-15
24320 Groom Street	94544	430,000	3	1064	1950	01-16-15
27407 Sunview Place	94544	450,000	3	1667	2008	01-14-15
25019 CopaDelOro Dr202	94545	253,500	2	855	1986	01-15-15
2691 Darwin Street	94545	450,000	3	1128	1956	01-14-15
27844 Hummingbird Ct	94545	320,000	3	1254	1971	01-20-15
2374 Occidental Road	94545	390,000	3	1008	1948	01-20-15
2317 Tallahassee Street	94545	425,000	3	1179	1959	01-16-15

MILPITAS		TOTAL SALES: 08						
Highest \$:		989,000		Median \$:		712,000		
Lowest \$:		407,500		Average \$:		645,313		
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED			
584 Cestaric Drive	95035	725,000	4	1160	1971	01-14-15		
637 Fernleaf Drive	95035	764,500	4	1676	2013	01-20-15		
641 Fernleaf Drive	95035	730,500	4	1676	2013	01-15-15		
886 Mente Linda Loop	95035	712,000	3	1817	2007	01-20-15		
217 Parc Place Drive	95035	408,000	2	1038	2005	01-16-15		
700 South Abel St #308	95035	407,500	1	932	2007	01-12-15		
1240 Stellar Way	95035	426,000	5	2212	1969	01-16-15		
1022 Summerfield Drive	95035	989,000	4	2316	1998	01-13-15		

NEWARK TOTAL SALES: 03									
Highest \$:		821,500		Median \$:		570,000			
Lowest \$:		465,000		Average \$:		618,833			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED				
6005 Campanula Court	94560	570,000	3	1407	1976	01-14-15			
35080 Charmwood Court	94560	821,500	5	2335	1968	01-16-15			
6255 Joaquin Murieta Avenue #C94560	94560	465,000	3	1456	1981	01-16-15			

SAN LEANDRO TOTAL SALES: 08									
Highest \$:		550,000		Median \$:		468,000			
Lowest \$:		215,000		Average \$:		446,250			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED				
55 Dutton Avenue	94577	528,000	3	1811	1920	01-16-15			
1373 Linton Street	94577	425,000	3	1104	1952	01-15-15			
463 W Broadmoor Blvd	94577	365,000	4	1438	1953	01-14-15			
910 Castle Street	94578	497,500	3	1334	1952	01-16-15			
16608 Kildare Road	94578	521,500	3	1444	1971	01-20-15			
442 Nabor Street	94578	215,000	3	1399	1947	01-20-15			
1661 Renaissance Lane	94578	468,000	3	1294	2004	01-15-15			
15628 Atlantus Avenue	94579	550,000	5	2251	1998	01-20-15			

SAN LORENZO TOTAL SALES: 02									
Highest \$:		406,500		Median \$:		293,000			
Lowest \$:		293,000		Average \$:		349,750			
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED				
16077 Via Arroyo	94580	406,500	3	1077	1950	01-15-15			
17521 Wickman Place	94580	293,000	2	900	1971	01-20-15			

UNION CITY		TOTAL SALES: 04				
Highest \$:		501,000	Median \$:		425,000	
Lowest \$:		300,000	Average \$:		421,500	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
33534 4th Street	94587	425,000	2	800	1952	01-15-15
33426 5th Street	94587	460,000	3	1150	1958	01-15-15
35438 Monterra Circle	94587	501,000	2	1294	2001	01-20-15
4336 Planet Circle	94587	300,000	3	1255	1971	01-20-15

St. Edward School celebrates Catholic Schools Week





Kid Scoop®

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Kid Scoop Together: A Store You Know!

Some stores sell all or mostly goods. For example, a grocery store sells mostly goods. If it has a bakery that makes birthday cakes, then it offers goods and a service in one product!

Other stores sell mostly services, such as a car wash or a barber shop.

Complete the following to describe a store you go to:

Name of a store
I go to:

Goods I can buy at that store:

Services I can buy at that store:

Design a newspaper advertisement for the store you described above. Be sure to include some of the goods or services they offer. Look at the ads in today's newspaper for ideas.



Kid Scoop VOCABULARY BUILDERS

This week's word: NECESSARY

The adjective necessary means something that is needed, essential or required.

It was necessary to have a ticket to get into the theater.

Try to use the word **necessary** in a sentence today when talking with your friends and family members.



GOODS AND SERVICES

Fritter, the things we buy are either **GOODS** or **SERVICES**.



At the doggy donut shop, everything I buy is **good**!



Yes, but **goods** are one thing, and **services** are something else.



Yum! These donuts are something else!



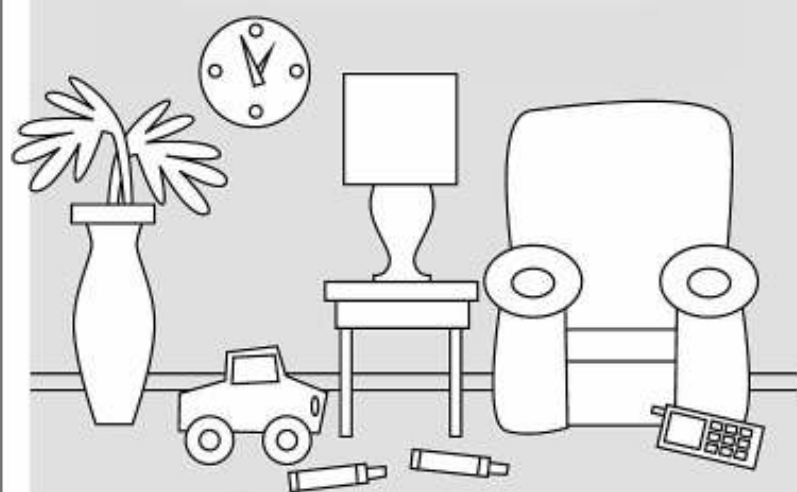
My pal Fritter is really confused. Read this page and see if **you** can think of a way to explain goods and services to him!



Goods = Objects

Goods are things that are made or grown. Basically, things you can touch.

How many goods can you find in this room? Color them.



Standards Link: Reading Comprehension: Use context clues to understand the meaning of words.

Services = Actions

A service is work that one person does for someone else.



Draw a line from each person to the service he or she provides.

- PUTS OUT FIRES
- MAKES COOKIES, CAKES AND PIES
- HELPS KEEP PEOPLE HEALTHY
- TAKES PEOPLE PLACES



Is this dictionary **goods** or a **service**? _____

Who could use it? _____

Why would they want to use it? _____



Is this waiter **goods** or a **service**? _____

Who could use it? _____

Why would they want to use it? _____



Is this taxi **goods** or a **service**? _____

Who could use it? _____

Why would they want to use it? _____

Standards Link: Reading Comprehension: Use grade-appropriate words correctly.

Extra! Extra!

Goods and Services Search

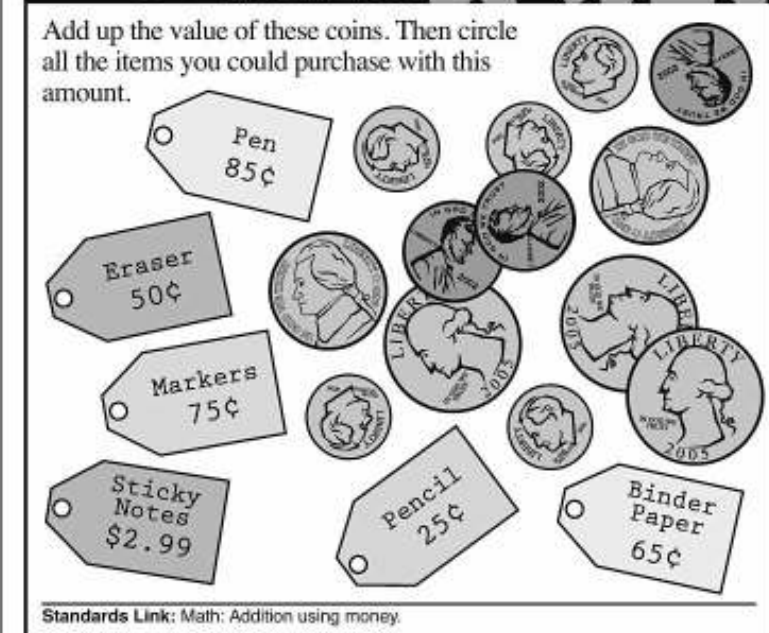
Look through the newspaper for five or more examples of goods and five or more examples of services. Write them in the spaces below.

GOODS	SERVICES
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Standards Link: Research: Use the newspaper to locate information.

Kid Scoop Puzzler

Add up the value of these coins. Then circle all the items you could purchase with this amount.



Standards Link: Math: Addition using money.

Double Double Word Search

SERVICES
CONFUSED
PROVIDES
NECESSARY
OBJECTS
ACTIONS
GOODS
TOUCH
COINS
FIRES
THINK
WORK
PIES
ROOM
TAXI

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

P	S	E	I	R	I	X	A	T	N
R	S	N	O	I	T	C	A	M	E
O	H	E	R	O	N	S	S	O	C
V	S	C	C	O	E	D	N	B	E
I	E	W	U	I	O	E	I	J	S
D	R	O	P	O	V	M	O	E	S
E	I	R	G	Y	T	R	C	C	A
S	F	K	N	I	H	T	E	T	R
D	E	S	U	F	N	O	C	S	Y

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.



FROM THE LESSON LIBRARY

Wants and Needs

Things that are necessary to our survival are **needs**. Wants make our lives easier or more pleasant but are not critical to daily living. Look through advertisements and see if you can find more **wants** or more **needs**.

Standards Link: Research: Use the newspaper to locate information.



How can you instantly double your money?

ANSWER: Look at it in a mirror.

Write On!



Explain the Difference

How would you explain the difference between goods and services?

PSA encourages bi-cultural Chinese parents to recognize emotional issues in children

SUBMITTED BY CHERYL GOLDEN

Every parent's goal is to raise confident, healthy and successful kids, but oftentimes, parents are unaware or find difficulty in helping their children combat depression, anxiety and/or phobias. And as today's youth faces pressure from parents, peers and social media, it's more important than ever for parents to pay special attention to their children's social and emotional development.

Thanks to a Kaiser Community Foundation grant, the City of Fremont Youth and Family Services (YFS) received \$30,000 to develop parent awareness, promote education for Mandarin-speaking families and increase access to essential mental health services for Chinese American youth.

Chinese-American community leaders and volunteers supported City of Fremont Youth and Family Services Division in the creation and production of a (PSA) public service announcement, encouraging other Chinese parents to recognize emotional issues their children may be facing and to seek professional mental health services.

You can watch the 90-second video at:
www.Fremont.gov/Mandarin90<<http://www.Fremont.gov/Mandarin90>>

You can watch the 3-minute video at:
www.Fremont.gov/Mandarin3<<http://www.Fremont.gov/Mandarin3>>

"Often, eastern cultures discourage emotional expression and prefer to solve issues privately within the family because they feel embarrassed when disclosing concerns," says Dr. Helen Hsu, a clinical psychologist at YFS, and current Vice President of the Asian American Psychological Association. "Our goal is to provide information to decrease community stigma, which creates barriers to good student health."

For more information on these workshops and available support and services, contact Fremont's Youth and Family Services' at (510) 574-2157.

I need a Forever Home



Chloe is a spunky, 6-month-old pup who gets along well with other dogs, loves people and toys, especially a game of fetch! Good with kids 5 yrs and up. Meet Chloe at the Hayward Animal Shelter. More info: (510) 293-7200.



Gracie is a super affectionate, long-haired kitty who chirps when you talk to her and rolls over for belly rubs. She's spayed and ready to go home with you. Meet Gracie at the Hayward Animal Shelter. More info: (510) 293-7200.

Enrich Your Life - Become a Volunteer!

Hayward Animal Shelter

www.haywardanimals.org
510-293-7200

16 Barnes Court (Near Soto & Jackson) Hayward
Tuesday - Saturday 1pm - 5pm

St. John the Baptist celebrates Catholic Schools Week

SUBMITTED BY CECILE SUBBILLA

National Catholic Schools Week, an annual celebration of Catholic education in the U.S., took place January 25 - 31, 2015. Along with the theme, "Catholic Schools: Communities of Faith, Knowledge and Service," St. John the Baptist Catholic School in Milpitas began its celebration with a family mass led by Julianna Flores and fourth-grade students, followed by an open house attended by current and prospective families, who had the opportunity to observe in the classroom. As a service to the community, the school also collected and donated travel size toiletries to the social ministry at St. Joseph's Basilica for folks who call San Jose downtown streets their home.

The celebration was followed by activities throughout the week, including a mass at the Cathedral Basilica of St. Joseph, where religious men and women in the Diocese were honored for their valuable contribution and dedication to the ministry of education. The mass was presided by Bishop Patrick J. McGrath and was attended by principals, vice principals, student council members, and other representatives from the 35 schools in the Diocese. Every year, St. John's students look forward to Bishop McGrath's visit. The students learned a



lot about him as he took the time to visit every class and answered questions from the students.

The school's celebration of Catholic Schools Week concluded with a rally in the gym, where the entire student

body showed their support as the eighth-grade class played a friendly game of volleyball against parents, faculty, staff, and alumni.

City of Fremont News Briefs

SUBMITTED BY CHERYL GOLDEN

Audition for 'The Very Unmerry Adventures of Robin Hood'

The City of Fremont Children's Repertory Theater (CRT) Program invites bud-

ding actors to register for "The Very Unmerry Adventures of Robin Hood" by Patrick Greene and Jason Pizarello, which is being directed by Grant Ewing. Auditions begin Wednesday, February 25 from 6 p.m. to 8 p.m. at the Fremont Veterans' Memorial Building, located at 37154 Second St. in the Niles District.



In "The Very Unmerry Adventures of Robin Hood," Sherwood Forest is in danger of being destroyed and it's up to Robin and his band of dimwitted Merry Men to save the day. When the Sheriff challenges them to a contest to determine

the forest's rightful owner, their skills are put to the test. Unfortunately, archery is only the first round. Robin and his men will also have to win a talent show and a beauty pageant. Will this be the end of Sherwood? Most likely.

Participants are required to attend all rehearsals from February 25 through the dress rehearsal on May 13 and performances. Performance dates are Friday, May 15 at 7 p.m. and Saturday, May 16 at 11 a.m. Rehearsals and performances will be held at the Veterans' Memorial Building.

To register visit us online at

www.RegeRec.com, using barcode number 220177. For more information call 510-494-4300.

Summer Job Fair 2015

Are you looking for a summer job that is fun and exciting? Come to the City of Fremont Recreation Services Summer Job Fair on Tuesday, February 24 from 5 p.m. to 7:30 p.m. at the Teen Center, located at 39770 Paseo Padre Pkwy. This is an excellent opportunity for college and high school students to meet directly with our supervisors, submit an application, and

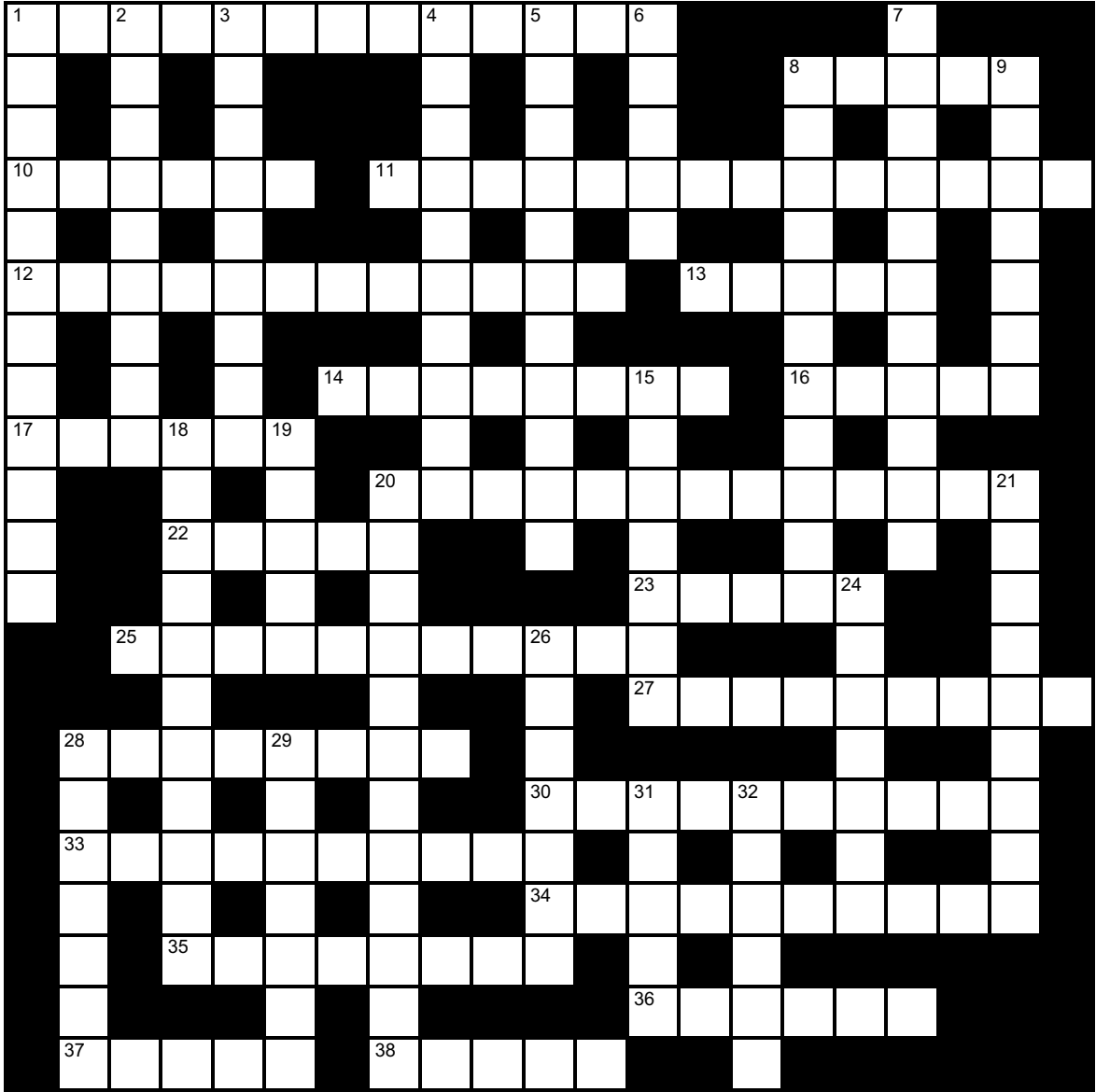


have a chance to interview. Positions include Recreation Leaders, Building Attendants, Waterpark Staff, Food Services/Concessions Staff, and more. Applicants should dress professionally and bring a resume. Fast track your interview by downloading an application and filling

it out ahead of time. For information on all the jobs available and/or to download an application, visit us online at www.Fremont.gov/RecJobs. If you are unable to attend this job fair, there will be a second one held Saturday, April 18 from 10 a.m. to 1 p.m.

Mind Twisters

Crossword Puzzle B 302



- Across
- 1 Percussion ____ with another singer (13)

8 When it rains, it ____ (5)

10 Progress statement (6)

11 Modes like phone, TV, internet (14)

12 Building something (12)

13 Downing Street distance (5)

14 Ghosts (8)

16 Exams (5)

17 To match the correct pitch (6)

20 Something radical and totally new (13)

22 Critical (5)

23 Shift, e.g. (5)

25 Measure of heat or cold (11)

27 Gives away a kingdom or estate (9)

28 All there is (8)

30 Printed lanted type (10)

33 Having enclosed in itself (10)

34 Without being able to be of any help (10)

35 Acting the most stupid (8)

36 Go around without sense of direction (6)

37 Fleet (5)

38 Talents (5)
- Down

1 Increase in value (12)

2 Escort, person who stays with another (9)

3 Birds moving to warmer places (9)

4 Value of something (10)

5 Test to determine pass or fail (11)

6 Goes bad (5)

7 Person who runs his own company (11)

8 Tea, coffee, spices are grown in ____ (11)

9 Days of church (7)

15 In a circle shape, well ____ (7)

18 Items needed to make a dish (11)

19 Clutch (5)

20 Acting on behalf of others (12)

21 The day before (9)

24 Academics (7)

26 Erect, straight (7)

28 Decipher, (7)

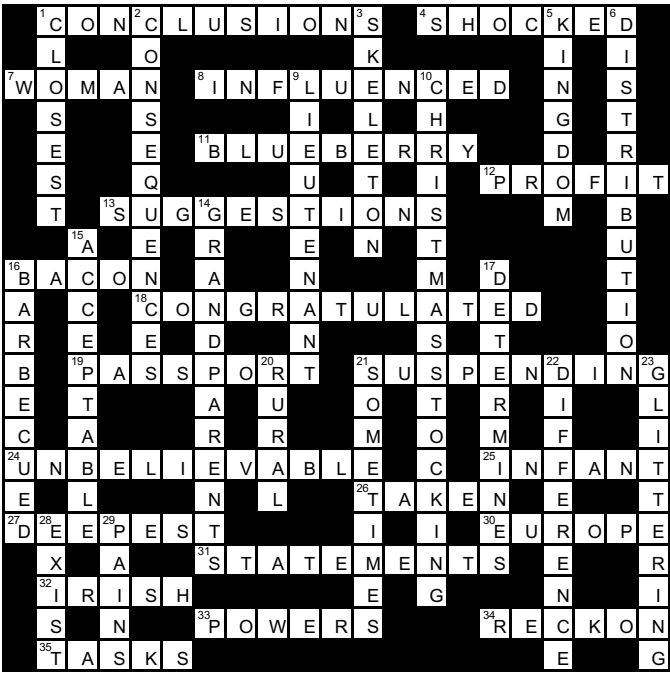
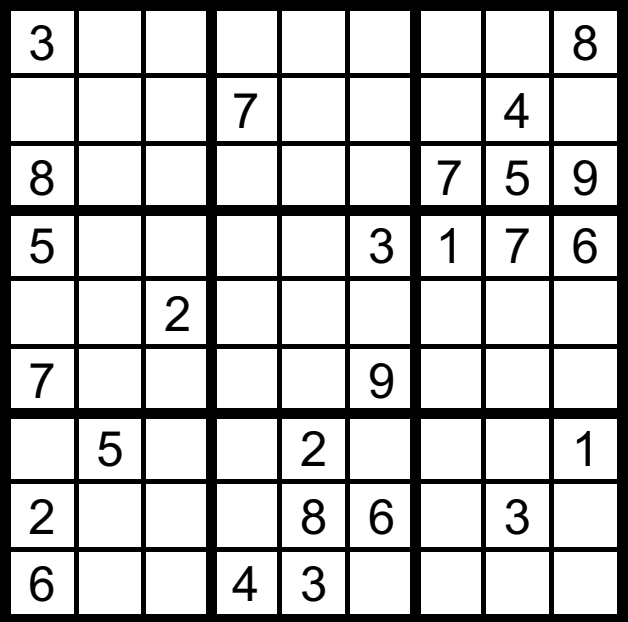
29 Made possible, give power (7)

31 Grant (5)

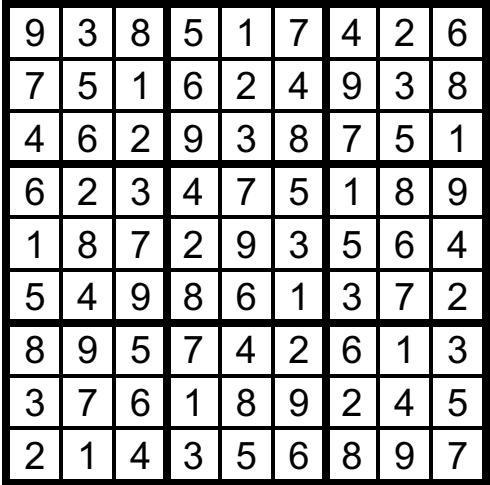
32 Cuba, e.g. (6)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 301



Tri-City Stargazer FEBRUARY 18 – FEBRUARY 24, 2014 BY VIVIAN CAROL

For All Signs: The planets Venus and Mars will be aligned on February 22. Venus, the ancient goddess of love, carries broad feminine and relational/romantic symbolism. Mars is the warrior god and prevails over masculine territory. The symbolism suggests the conclusion of one relationship and the beginning of another. Alternatively the conjunction speaks of the beginning and ending of episodes or cycles within an ongoing relationship. This conjunction is in the sign of Aries in which the warrior is the stronger of the two energies. It marks the beginning of a fresh cycle that will last for 23 months. Used well, we can take advantage of this opportunity to repair rifts and achieve positive closures. Those who are in an immature relationship may use it to break that relationship altogether. Give special attention to new beginnings in all relationships, whether romantic, platonic, business, or geopolitical.

Aries the Ram (March 21-April 20): This month's Venus/Mars alignment brings you face to face with your individuality versus your relationship. You must consciously evaluate how you will manage to meet your personal needs and yet remain connected to the other in your life. This is a 22-month project, so it doesn't have to be done overnight. You may be prone to cut ties prematurely. Think carefully.

Taurus the Bull (April 21-May 20): You have a need to be alone and quiet during this period. That is why social life is not going so well. Give attention to your inner life and notice what your thoughts may be manifesting. Is it really what you want in your future? Think carefully. Give attention to your dreams. The new relationship may be with a healer/helper.

Gemini the Twins (May 21-June 20): This is an excellent time to pursue any activity that requires your mental concentration. It is also a fine week to discuss plans with a partner or significant other. You can think well together. The week favors

education in high tech or theoretical skills.

Cancer the Crab (June 21-July 21): It is possible that the last chance New Moon on the 18th will cause you to feel as though you want to crawl into your shell and be quiet. The probability is that issues concerning debt and your eventual legacy will require attention soon. You will need to make solid plans.

Leo the Lion (July 22-August 22): There are occasionally moments in life when we are focused upon contemplation of the deeper topics in life. Why am I here? What is my purpose? Where am I headed? Do I take action based upon my principles or am I adopting the values of someone else? Now is the time to examine these issues because you are being pressured to put more energy into a project that began in December. Is it right for you?

Virgo the Virgin (August 23-September 22): Your ability to concentrate upon projects that require management of details is strong. Organizing files,

closets and cabinets will clear the clutter from your mind. If you focus your mind on a mentally challenging project that can have an identifiable outcome, things will move smoothly.

Libra the Scales (September 23-October 22): This is a highly significant period in your primary relationship(s). You have issues to work through and healing to do for both of you. Sidestep the temptation to drill your truth into the mind of another. If you do not share a consensus reality, then search for a higher perspective that includes both.

Scorpio the Scorpion (October 23-November 21): It's time to take a good look at your self-care habits and beef up your resolve to strengthen your body. If you are already strong, then perhaps you can help others toward self-improvement. You have wanted to make changes in your work life. A new idea or opportunity will likely come to you now.

Sagittarius the Archer (November 22-December 21): In December, you shifted gears and

determined a new direction for yourself. This is a time in which you must decide whether or not to pour more resources into the plan or let it go. Though you would rather not have the problem, you probably will choose to see it through.

Capricorn the Goat (December 22-January 19): You may be seen as a secondary player at this time. This might have become your place in life for the present. Even so, your production will be practical and useful to those in your vicinity. See yourself as a necessary cog in the larger project.

Aquarius the Water Bearer (January 20-February 18): Social and romantic life is favored

this week. You may be mixing business and pleasure in a pleasant combination. This is a good time to discuss issues within a relationship because you are steady of mind and likely to be realistic, in relation to yourself as well as others.

Pisces the Fish (February 19-March 20): The sun returns home to your sign this week. Take a fresh look at where you want to direct your attention. Use this month to let go of past hurts and take a deep breath of healing energy. You may be asked to explain your decisions or behavior to a superior.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

continued from page 1

Children's book illustrators share artwork



popular remake of "Sleeping Beauty," illustrated and written for the teenage crowd, which shows off his amazing animating skills. Cute cats show up in "Sparky's Adventure" by Hayward resident Chelsea Tikotsky, along with a charming family of traveling olives in Nathalie Fabri's books "Coratina" and "The Teeny Tiny Town of Taste."

Not to be outdone by olives and cats, a charming mermaid adorns the walls in Tracie Timmer's book "The Mermaid and the Moon," written by Susan Pace Koch from Get Out Books Publishing. Another remake of a children's book comes in the form of the charming bilingual tale of "Little Roja Riding Hood," illustrated by Susan Guevara. Hayward resident David Hoobler's popular book series "Zonk" jumps off the walls with bold bright colors, featuring its main character Zonk, who is a dreaming tortoise.

Mastering the art of collage, "Shine" features the bright and beautiful work of Judy Bierma. Carol Puliam's beautiful painting techniques are on display in the "The Adventures of Grandma Stone: A Hummingbird in Her Pocket" along with charming zoo creatures in "Glad Goat, and the Forest Zoo" by local author Karen Keleher, illustrated by Tom Ong.

This year the Sun Gallery also offers in-class field trips for local students that can include a visiting illustrator along with a teaching artist. Illustrators working with the gallery this year include Sun Gallery teacher Linda Lens, illustrator of the White House acclaimed bilingual book "Captain Mama." Sun's other teaching artists are Joe Santiago, illustrator and author of the charming set of books "All Creatures We Love," and Castro Valley resident Simone Shin, whose beautiful detailed work is featured in the educational book "The Red Bicycle."

Field trip tours for classes can also be held at the gallery, which consists of a tour of the show along with a children's art project in the gallery's art studio. You can book your field trip by calling the Sun Gallery at (510) 581-4050.

An artist's reception and book signing is scheduled for Saturday, March 14. There will be book readings and signings, face painting, along with finger foods, beverages, and raffle prizes.

Children's Book Illustrators Show
Thursday, Feb 26 – Saturday, Apr 11
Thursday – Sunday, 11 a.m. - 5 p.m.

Artists' Reception and Book Signing
Saturday, Mar 14
1 p.m. - 4 p.m.

Sun Gallery
1015 E St, Hayward
(510) 581-4050
www.sungallery.org
Free admission

continued from page 1

The girls are back in town



Christmas tree decorating in the park in San Jose.

environment that develops strong, lifelong friendships. And more good news: a scholarship program is available for high school graduates and college students.

California has about 90 chapters of JD; Fremont had a chapter for many years, but it closed in 2007. However, on Sunday, February 22 local girls and their parents can be reintroduced to JD with an Open House and anniversary celebration at the Fremont Masonic Lodge. One JD member recently said, "My favorite thing about Job's Daughters is the lasting friendships that are built." Rebecca Anderson said, "Job's Daughters is icing on a mom's cake. As I have four daughters, I appreciate an environment where they can have lots of fun while developing leadership and public speaking skills."

Anderson hopes to see lots of young girls ages 8 to 19 coming to the Open House for crafts and team building games, as well as general information about JD and JD2B, while parents can join in for Q & A sessions. There is no specific time that girls and parents need to be present, as activities and presentations are scheduled often throughout the day. Anderson points out, "We hope that everyone will come and stay for the entire celebration but, we're making sure that no matter when they drop in or have to leave, they will have fun learning about what they are missing... I'm hoping they will leave wanting to be Jobies."

Job's Daughters is about girls having fun while being who they are and becoming what they want to be. Jobies have parties, dances, family picnics, slumber parties, do community service, and develop life-skills. According to their very informative website, Jobies gain leadership experience, learn to be a part of a team, run their own meetings using parliamentary procedure and make friends that last a lifetime. One Jobies says, "We are similar to a sorority, but for girls 10 to 20 years old."

JDI now boasts over 10,000 members. Anderson reiterates, "Job's Daughters was founded during the height of the women's suffrage movement, and just a few months prior to the ratification of the 19th Amendment to the United States Constitution, which gave women the right to vote. Mrs. Mick was a progressive woman wanting the absolute best for her daughters and their friends.

She recognized that women's roles were changing and that the opportunity for women to redefine their place in society was nearing."

Mick saw parallels between the challenges women faced as they fought to be accepted as equals and the trials in the Old Testament story of Job. As Job was true and steadfast to his faith throughout the story and never faltered, women would need to be determined in their fight to become equal participants in society, despite the inevitable setbacks they were sure to face. She was fond of Job 42:15: "And in all the land were no women found so fair as the Daughters of Job; and their Father gave them inheritance among their brethren."

Let's have fun together, girls! Bring a towel and dress in aloha shirts and beach wear. To RSVP or for any further questions, contact jobsdaughtersfremont@gmail.com. Learn more about Job's Daughters at <https://www.facebook.com/jobsdaughtersfremontbethel>.

Job's Daughters International of California
Open House Beach Party
Sunday, Feb 22
2 p.m. – 4 p.m.
Fremont Masonic Lodge
37419 Fremont Blvd, Fremont
jobsdaughtersfremont@gmail.com
Free admission, free parking (behind building)

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37588 Fremont Blvd.
Fremont, Calif.
510-797-1660



holyspiritfremont.org

Ash Wednesday

Mass & Distribution of Ashes
Wednesday, February 18, 2015

7:00 a.m., 8:15, 11:00,
12:30 p.m., 5:00, 6:30
and 8:00 p.m.



The Ohlone Promise

www.ohlonepromise.org



A Two Year Full Ride Scholarship Program FOR GRADUATING HIGH SCHOOL SENIORS

APPLICATION PERIOD: Feb 23–Mar 31



OHLONE College

Cammie applied for the Ohlone Promise Scholarship while a senior at Irvington High School. With a sister already attending college, deciding to go to Ohlone was an easy choice once Cammie received the scholarship. Instead of facing student loans and part time jobs, the Ohlone Promise gave Cammie and her family the ability to focus on her education, rather than worrying about finances.

In high school Cammie had plans of becoming a physical therapist. Ohlone College has given her the chance to discover new passions.

Now that Cammie is getting ready to transfer, she has applied to the Food Science & Technology Program at San Jose State and hopes to ultimately complete her Master's degree at UC Davis.

“This scholarship has been a blessing to me, not only financially, but also as a vital stepping stone in figuring out what to do for the rest of my life. [The Ohlone Promise Scholarship has] allowed me to discover my own identity and further expand my educational goals in life.”

Cammie's story is just one example of how the Ohlone Promise is helping almost 40 Tri-City high school stu-



Cammie Kajioka is a second year student at Ohlone and an Ohlone Promise Scholarship recipient. The Ohlone Promise Scholarship pays for her tuition, textbooks and fees for her two years at Ohlone.



2013 Ohlone Promise Scholarship recipients with Dr. Gari Browning, President Ohlone College

dents currently attending Ohlone College. And the program continues to grow thanks to members of the community who have donated to the Ohlone Promise Scholarship.

For 2015 the Ohlone Promise will offer 25 scholarships throughout the Tri-Cities. To qualify, a student must be a graduating senior from a public high school in Fremont, Newark or Union City planning to attend Ohlone College full-time. To apply for a scholarship or for information on how you can support The Ohlone Promise, please visit www.ohlonefoundation.org or call 510-659-6020.

Call for nominations: City of Hayward Environmental Awards

SUBMITTED BY ERIK PEARSON

The City of Hayward is welcoming nominations for businesses, schools and residents that demonstrate exceptional environmental leadership.

The City of Hayward is accepting nominations for its 32nd annual Environmental Awards to recognize businesses, schools, organizations, and residents who show a strong commitment to sustainability. Nominees that demonstrate exceptional environmental efforts in categories such as energy efficiency and conservation, renewable energy, waste diversion (good recycling and composting practices), water conservation, and environmental education will be considered for the award. Exceptional efforts related to sustainability may be demonstrated in the form of internal operations or may be the purpose of the organization such as the manu-

facturer of renewable energy equipment. Nominations are due by March 6.

The City is committed to environmental stewardship and is working to create a more sustainable community and to recognize those who share the desire to reduce Hayward's environmental footprint. Of the businesses currently participating in recycling and organics collection, more than half have implemented their waste diversion efforts within the last five years. Furthermore, Hayward currently has among the lowest per capita water usage in the Bay Area. As the bar continues to rise for businesses and residents to excel in environmental stewardship efforts, the City aims to support and promote those who are going the extra mile.

“We know there are businesses and community members doing remarkable things in the area of sustainability. We want to help them tell their stories and

inspire others throughout the community to do their part,” said Mayor Barbara Halliday. Award winners will be recognized at a City Council meeting and receive a certificate of recognition from the Mayor.

The City encourages community members to fill out a nomination form either for themselves or for someone they would like to recommend for recognition. To make a nomination, access the form at: <http://www.hayward-ca.gov/GREEN-HAYWARD/eawards.shtm>

Nominees must be located within Hayward city limits. Nominations will only be considered if submitted by the due date – March 6. Award recipients will be recognized at a special City Council meeting on April 21.

Four achieve Eagle Rank

SUBMITTED BY JODY CUTAIA

On, January 24, four Kennedy High School seniors from Fremont celebrated attainment of the highest rank in Boy Scouts – Eagle - at a Court of Honor. Over 200 guests attended the ceremony at Centerville Presbyterian Church and witnessed their scout journey through slide shows, speeches and awards.

Nick Cutaia, Keith Joelner, Austin Kavert and Trevor Johnstone have been in scouts since elementary school and boy scouts since March of 2008. They are all members of Troop 269 in Fremont.

As well as numerous campouts and outings, each attended Na-

tional Youth Leadership Training (NYLT) and learned skills to be effective and responsible leaders. They all served in leadership roles within the troop and have performed varied community service projects including Scouting for Food, bagging food at Tri-City Volunteers, picking up trash at local schools, cleaning parks and clearing trailheads, working on varied Eagle projects, and volunteering at the Alameda County Fair.

Besides completing numerous merit badges and holding leadership positions, each scout was required to create, plan, and execute an Eagle project:

Nick's project was creating a disaster shed at Kennedy High School. Nick fundraised, painted a



(Left to right): Keith Joelner, Austin Kavert, Trevor Johnstone and Nick Cutaia

40 foot cargo container, added shelving units to the container and stocked the container with disaster supplies for his high school.

At the request of Mattos Elementary, Keith created and built a covered sandbox for the kindergarten area as his Eagle project. The sandbox cover folds up and out and becomes benches for the children while at the sandbox.

Austin's project was to build 10 large planter boxes for the Alameda County Fairgrounds. The boxes were distributed to various schools within the Alameda School District for gardens.

Trevor's Eagle project consisted of building a concrete foundation for a brick memorial and laying down the first 10 bricks for Centerville Presbyte-

rian Church. The memorial is located at the Pioneer Cemetery in Centerville.

Family and friends of these four young men are very proud of their achievements and Eagle Scout rank. As of 2013, only six percent of scouts achieve this highest honor.

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The classes are located at Cracker Barrel Deli & Thai

Restaurant Hours: Wed, Thurs & Friday 11am-7pm
510-790-0735 Kittysthaikitchen.com
3100-H Capitol Ave., Fremont

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



CONTINUING EVENTS

Tuesdays, Jan 6 thru Feb 24

Toddler Time Winter Edition \$

11:00 a.m. - 11:30 a.m.

Meet farm animals

Ages 1 - 4

Ardenwood Historic Farm

34600 Ardenwood Blvd.,

Fremont

(510) 544-2797

www.ebparks.org

Saturdays and Sundays, Jan 10 thru Feb 28

Family Fun Hour

2 p.m. - 3 p.m.

Stories, games and activities

Ages 5+

Coyote Hills Regional Park

8000 Patterson Ranch Rd.,

Fremont

(510) 544-3220

www.ebparks.org

Mondays, Jan 12 thru Mar 2

Bereavement Support Group

9:30 a.m. - 11:30 a.m.

Honor lost loved ones

Fremont Senior Center

40086 Paseo Padre Parkway,

Fremont

(510) 574-2063

Wednesday, Jan 14 - Saturday, Feb 28

Trails Challenge 2015

8 a.m.

Self-guided hiking program

Participants receive guidebook,

tee shirt and pin

East Bay Regional Parks District

2950 Peralta Oaks Ct, Oakland

(888) 327-2757

www.RegionalParksFoundation.org

Thursday, Jan 15 - Friday, Feb 20

A.R.T. Inc. Members Exhibit

11 a.m. - 3 p.m.

Wide range of pieces and mediums

Adobe Art Center

20395 San Miguel Ave.,

Castro Valley

(510) 881-6735

www.haywardrec.org

Tuesdays, Jan 20 thru Mar 10

Booklegger Orientation and Training

9:15 a.m. - 11:45 a.m.

Volunteer to read stories aloud to school children

Fremont Main Library

2400 Stevenson Blvd., Fremont

(510) 745-1421

www.aclibrary.org

Tuesday, Jan 20-Friday, Feb 27

Interviews for Tri-City Senior Peer Counseling Training

9 a.m. - 4 p.m.

Must be 50 years or older

Requires 9 week training course

City of Fremont, Aging and

Family Services

3300 Capitol Ave., Fremont

(510) 574-2064

lcox@fremont.gov

Arts & Entertainment

Wednesday, Jan 21 - Sunday, Mar 1

Celebrating Black Life History Culture \$

9 a.m. - 4 p.m.

Social consciousness exhibit

Hayward Area Historical Museum

22380 Foothill Blvd., Hayward

(501) 581-0223

www.haywardareahistory.org

Wednesday, Jan 21 - Sunday, Feb 28

Black History Month Display

11 a.m. - 6 p.m.

Culture Corner lower level next to Sears

NewPark Mall

2086 Newpark Mall, Newark

(510) 793-5683

www.newparkmall.com

Mondays & Wednesdays, Jan 28 thru Mar 18

Sunol Wilderness Docent Training \$R

9:30 a.m. - 1:30 p.m.

Assist naturalists with school programs

Ages 18+

Sunol Regional Wilderness

1895 Geary Rd., Sunol

(510) 544-3242

www.ebparks.org

Tuesday, Jan 27 - Saturday, Mar 27

Prom Dress Swap Donations

Mon - Wed: 11 a.m. - 8 p.m.

Thurs - Sat: 10 a.m. - 5 p.m.

Donate formal dresses, shoes and accessories

Hayward Weekes Branch Library

27300 Patrick Ave., Hayward

(510) 293-5065

rob.spitel@hayward-ca.gov

Tuesday, Jan 27 - Saturday, Mar 27

Prom Dress Swap Donations

Mon - Wed: 11 a.m. - 8 p.m.

Thurs - Sat: 10 a.m. - 5 p.m.

Donate formal dresses, shoes and accessories

Hayward Main Library

835 C St., Hayward

(510) 881-7946

annie.snell@hayward-ca.gov

Monday, Jan 27-Friday, Mar 27

82 Years of Art: Visions, Landscapes and Characters along the Way

8 a.m. - 5 p.m.

Works by Doyle Wegner and Gerald Thompson

Artist reception Friday, Feb 6

5:30 p.m. - 7:30 p.m.

Hayward City Hall

777 B St., Hayward

(510) 208-0410

www.hayward.org



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Centerville
Saturdays
9 a.m. - 1 p.m.
Year-round
Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Kaiser Permanente Fremont Farmers’ Market
Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market
Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer’s Market
Saturdays
9 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers’ Market
Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings
Saturdays
9 a.m. - 3 p.m.
Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente San Leandro
Wednesday
10 a.m. - 2 p.m.
June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:
Milpitas Farmers’ Market at ICC
Sundays
8 a.m. – 1 p.m.
Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:
Newark Farmers’ Market
Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall
Saturdays
9 a.m. - 1 p.m.
Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:
Kaiser Permanente Union City Farmers’ Market
Tuesdays
10 a.m. – 2 p.m.
Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market
Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

Monday, Wednesday & Saturday, Jan 28 thru Apr 15
Alameda County Low-Moderate Income Tax Assistance
Mon & Wed: 5:30 p.m. - 8:30 p.m.
Sat: 9:00 a.m. - 4:00 p.m.
Tax preparation help for low income households
Eden Area Multi-Service Center
24100 Amador St, Hayward
(510) 670-5700
www.alamedasocialservices.org

Monday, Feb 2 thru Friday, Apr 15
Free Quality Tax Assistance
Mon & Wed: 4 p.m. - 8 p.m.
Fri: 10 a.m. - 1 p.m.
Tax help for low income households
Fremont Family Resource Center
39155 Liberty St., Fremont
(510) 574-2020

Sunday, Feb 1 - Saturday, Feb 28
Watercolor and Oil Painting Exhibit
5 a.m. - 9 p.m.
Featuring Jan Schafir and Therese Ely
Mission Coffee
151 Washington Blvd., Fremont
(510) 474-1004
www.fremontcoffee.com

Wednesdays & Thursdays, Feb 4 thru Apr 9
Tax Assistance – R
10 a.m. - 2 p.m.
Volunteer preparation and e-filing tax assistance
Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org

Saturdays, Feb 7 thru Apr 11
Free Quality Tax Assistance
10 a.m. - 1 p.m.
Tax help for low income households
Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 574-2020

Saturdays, Feb 7 thru Apr 11
Free Quality Tax Assistance
10 a.m. - 1 p.m.
Tax help for low income households
Union City Branch Library
34007 Alvarado Niles Rd.,
Union City
(510) 574-2020

Monday, Feb 9 - Friday, Feb 27
Senior Center Art Show
8:30 a.m. - 4:30 p.m.
Chinese brush painting and calligraphy display
Milpitas Senior Center
40 North Milpitas Blvd, Milpitas
(408) 586-3400
www.ci.milpitas.ca.gov

Friday, Feb 13 - Sunday, Mar 8
Thumbs \$
Fri & Sat: 8 p.m.
Sun: 2 p.m.
Comic murder mystery
Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
www.chanticleers.org

Friday, Feb 13 - Sunday, Mar 14
Newton’s Grimm’s: The Work of Frost Newton
12 noon - 5 p.m.
Surrealist paintings of Grimm’s fairytales
Opening reception Friday, Feb 13
from 7 p.m. - 9 p.m.
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.fremont.gov/Art/OliveHydeGallery

Friday, Feb 13 - Saturday, May 16
Trajes Regionales de Mexico
10 a.m. - 5 p.m.
Collection of costumes from Ballet Folklórico Mexicano
San Leandro Public Library
300 Estudillo Ave., San Leandro
(510) 577-3971
www.aclibrary.org

Saturdays, Feb 14 thru Apr 11
Free Quality Tax Assistance
10 a.m. - 1 p.m.
Tax help for low income households
Holly Community Center
31600 Alvarado Blvd.,
Union City
(510) 574-2020

Sunday, Feb 15 thru Saturday, Feb 28
Different Visions
11 a.m. - 5 p.m.
Photography and acrylics
Artist reception Sunday, Feb. 22
from 2 p.m. - 4 p.m.
Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905
www.FremontArtAssociaion.org

Tuesdays, Feb 17 thru Mar 31
Bridge 1
9:30 a.m. - 10:30 a.m.
Set up, bid play and score keeping
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesdays, Feb 17 thru Mar 31
Bridge 2
10:30 a.m. - 11:30 a.m.
Mastering game strategy
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Thursdays, Feb 19 thru Mar 26
Bingo \$
12:30 p.m. - 3:00 p.m.
Games, refreshments and door prizes
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Fridays, Feb 20 thru Mar 27
Spanish Story Time
4:30 p.m. - 5:30 p.m.
Stories, songs, music and rhymes in Spanish
Ages preschool - school aged children
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Saturdays, Feb 21 thru Mar 28
Bridges to Jobs
9:30 a.m. - 11:30 a.m.
Job interview training class
Centerville Presbyterian Church
4360 Central Ave., Fremont
(510) 299-2223
http://bridgestojobs.org

Monday, Feb 23 - Friday, Mar 31
New Student Centralized Enrollment – R
Mon - Thurs: 8:30 a.m. - 8:30 p.m.
Fri: 8:30 a.m. - 12 noon
Schedule an appointment to register a new student
San Leandro Unified School
District
2255 Bancroft Ave, San Leandro
(510) 618-4420

FREE Adult Reading and Writing Classes are offered at the Alameda County Library
Tell A Friend Call Rachel Parra 510 745-1480

Church of Christ of Fremont

4300 Hansen Ave. Fremont

510-797-3695

www.fremontchurchofchrist.org

Whoever Drinks Of The Water
That I Will Give Him
Shall Never Thirst; But The Water
That I Will Give Him
Will Become In Him
A Well Of Water Springing Up
To Eternal Life
John 4:14

AA Meetings Every Tues
and Thurs Evenings
7:30-9:30pm
In Spanish
In the Fellowship Hall

Services

Sunday: 10:45am and 6pm
Wednesday: 7:30pm

NEWARK
CHAMBER OF COMMERCE

How Safe IS your Business?
Safe and Secure at Work

RISK

Thursday, February 19, 2015
11:30am - 1:30pm

DoubleTree by Hilton
39900 Balentine Drive, Newark

You don’t always recognize you are at risk – until you are victimized. Best practices can keep you, your employees and your business safe from financial or physical loss, personal harm, or liability. Guest speakers from **Newark Police Department Community Engagement** will share information for all types of businesses, large or small, to help you protect yourselves and your assets. You might be surprised at what you’ve overlooked. Also learn about Newark PD’s **Business Watch Program** and how you and your neighbor businesses cooperatively and easily can reduce risk for each other.

Chamber Member Luncheon: \$35
Non-Member Luncheon: \$45

Sponsorship Opportunities

Making your reservation:
Register & pay by credit card at www.newark-chamber.com
Fax to (866-213-6956); or,
Mail form with check payable to the Newark Chamber of Commerce,
37101 Newark Blvd., Newark 94560.
For add’tl information call 510-744-1000.



FREE
Transportation
service and
supportive
companionship
for ambulatory
cancer patients
Fremont, Newark
and Union City Area

Have you received the devastating
diagnosis you have cancer
and need to get to medical
appointments?
We are here for you!
We will transport you for FREE.

Do you have
occasional extra hours?
We always need
more drivers to
transport our clients.

Companionship - Alleviating Stress - Free Transportatoin Assistance
Help us raise funds: come to an event
or give a cash donation
Please call 510-896-8056
Email: programassistant@driversforsurvivors.org
www.DriversForSurvivors.org

THIS WEEK

Saturday, Feb 17
Bowling for Scholars \$R
1 p.m. - 4 p.m.
Teams raise funds for Fremont students
Cloverleaf Family Bowl
40645 Fremont Blvd., Fremont
(510) 795-2244 x 107
agoldsmith@fremontbusiness.com

Tuesday, Feb 17
Women's Health Seminar – R
1 p.m. - 3 p.m.
Minimally invasive gynecologic surgery discussion
Washington Hospital
2500 Mowry Ave., Fremont
(800) 963-7070
www.whhs.com/events

Tuesday, Feb 17
The Jazzinators
7 p.m. - 8 p.m.
Youth musicians perform
Bronco Billy's Pizza
41200 Blacow Road, Fremont
(510) 438-0121

Tuesday, Feb 17
Lunchtime Movie
12 noon
Grand Budapest Hotel film and refreshments
Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 675-5495
www.unioncity.org/departments/leisure-services

Tuesday, Feb 17 - Friday, Feb 20
American Red Cross Blood Drive – R
Tues - Thurs: 11:30 a.m. - 6:30 p.m.
Fri -Sat: 7:30 a.m. - 2:30 p.m.
Call to schedule an appointment
Drop-ins welcome
Fremont-Newark Blood Center
39227 Cedar Blvd., Newark
(800) 733-2767
www.redcrossblood.org

Wednesday, Feb 18
Community Health Fair
11 a.m. - 2 p.m.
Yoga, Martial Arts, Zumba, food, music and raffle
Unitek College
4670 Auto Mall Parkway,
Fremont
(510) 552-8845
www.unitekcollege.edu

Wednesday, Feb 18
Women's Council of Realtors Meeting – R
2:30 p.m. - 4:30 p.m.
Appetizers, beverages and networking
El Patio Restaurant
37311 Fremont Blvd, Fremont
(510) 299-2931
eliane.selwan@bhghome.com

Wednesday, Feb 18
Website Development for Small Business – R
9 a.m. - 12 noon
Techniques to build or improve websites
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Wednesday, Feb 18
Fremont Bicycle Pedestrian Advisory Meeting
7 p.m.
Discussion to improve safety and accessibility
City of Fremont Development Services
39550 Liberty St., Fremont
(510) 494-4535
rdalton@fremont.gov

Thursday, Feb 19
East Bay Stompers Band
7 p.m. - 9 p.m.
Dixie, swing and standards music
Bronco Billy's Pizza
41200 Blacow Road, Fremont
(510) 438-0121

Academic Achievement Night and Open House

SUBMITTED BY NEW HAVEN UNIFIED SCHOOL DISTRICT

James Logan High School in Union City will be holding an Academic Achievement Night and Open House on Thursday, February 19, beginning at 5 p.m. Parents and community members are invited to visit their students’ teachers and attend a variety of workshops on financial aid, college admissions, and much more!

Haven't finished your FAFSA (Free Application for Federal Student Aid) application? Attend the Cash for College workshop. Work with financial aid experts and get it completed! Advisors will walk you through the entire application. Bring your parents’ W-2 and bank statements, as well as 2014 or 2013 tax returns and complete your FAFSA!

Other workshop sessions will include:

- 8th grade Parent Orientation - for entering high school students
- College Panel - Options after high school
- NCAA - Student athletes and college
- Puente Program (Spanish Session)
- ROP - Technical / STEM / Vocational programs
- SAT/ACT and College entrance exam preparation
- Teacher classroom visits
- Community Resources

Academic Achievement Night and Open House
Thursday, Feb 19
5 p.m. – 7:30 p.m. (various sessions)
James Logan High School
1800 H St, Union City
(510) 471-2520

YOGA & Meditation

\$ 20 for 2 weeks
NEW STUDENT ONLY

Benefits of Yin Yoga:

- ✓ Lubricate joints
- ✓ Increase mobility & agility of hips and spine
- ✓ Alleviate anxiety, stress & depression
- ✓ Lower blood pressure & prevent heart disease
- ✓ Relieve lower back pain, headaches & migraines
- ✓ Ease chronic fatigue syndrome
- ✓ Stimulate parasympathetic nervous system to maintain proper digestion and sleep
- ✓ Develop awareness
- ✓ Sense of well being
- ✓ Calm and balance the mind

Benefits of Meditation:

- ✓ Sense of well being
- ✓ Reduce stress
- ✓ Emotional balance
- ✓ Develop concentration
- ✓ Improve awareness
- ✓ Objective perception
- ✓ Improve response to daily ups and downs of life
- ✓ A path to spiritual well being

FIRST CLASS FREE

Improve Physical, Emotional & Mental Balance
More than just yoga poses

Yoga classes
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Vipassana group sitting
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Corporate yoga

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4127 Bay Street . Suite A
Fremont . Ca 94538
510 . 298 . 0018
www.nadisyoga.com

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Business Owners, not all insurance Policies are issued at a fixed rate. Some are auditable.
THINK MELLO INSURANCE
510-790-1118
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#OB84518

Teacher and Certificated Educator Job Fair

SUBMITTED BY BRIAN KILGORE

Fremont Unified School District (FUSD) is seeking teachers and certificated educators and will be holding a Job Fair on Saturday, February 28.

FUSD is looking for:
Special Education: Early Childhood, Hearing Impaired, Mild/Moderate, Moderate/Severe
Teachers: All grade levels and all subjects
Speech Language Pathologists
School Psychologists
Please bring copies of: resume, credentials, and transcripts!
Interviews will be held at the Job Fair. Provisional contracts may be offered on site.

We look forward to meeting you!

Fremont Unified School District Job Fair
Saturday, Feb 28
9 a.m. – 12 noon
FUSD District Office, Professional Development Center
4210 Technology Drive, Fremont
chaynes@fusdk12.net
www.fremont.k12.ca.us

BOOKMOBILE SCHEDULE

Alameda County
Renew books by phone (510) 790-8096
For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org.
Times & Stops subject to change

Tuesday, Feb 17
9:30– 10:15 Daycare Center Visit – FREMONT
10:45 – 11:15 Daycare Center Visit – FREMONT
2:15 – 2:45 Daycare Center Visit - NEWARK
4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT
5:50 – 6:40
Booster Park, Gable Dr. & McDuff Ave., FREMONT

Wednesday, Feb 18
12:45 – 2:15 Glenmoor School, 4620 Mattos Drive, FREMONT
2:45 – 3:45 Mission Hills Middle School, 250 Tamarack Dr., UNION CITY
4:00 – 4:30 Purple Lotus Buddhist School, 33615 – 9th St., UNION CITY
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday, Feb 19
10:00 – 10:30 Daycare Center Visit – SAN LORENZO
10:45 – 11:45 Daycare Center Visit – CASTRO VALLEY
1:20 – 1:50 Daycare Center Visit, HAYWARD
2:15 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD

Monday, Feb 23
9:30 – 10:05 Daycare Center Visit – UNION CITY
10:25 – 10:55 Daycare Center Visit – UNION CITY
1:45 – 2:45 Delaine Eastin School, 34901 Eastin Dr., UNION CITY
4:15 – 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School, 34400 Maybird Circle, FREMONT

Tuesday, Feb 24
9:15 – 11:00 Daycare Center Visit – FREMONT
2:30 – 3:25
Cabrillo School, 36700 San Pedro Dr., FREMONT
4:45 – 5:30 Baywood Apts., 4275 Bay St., FREMONT
5:50 – 6:30 Jerome Ave. and Ohlones St., FREMONT

Wednesday, Feb 25
1:00 – 2:00 Del Rey School, 1510 Via Sony, SAN LORENZO
2:30 – 3:00 Eden House Apts., 1601 165th Ave., SAN LEANDRO
3:30 – 4:00 Baywood Ct., 21966 Dolores St., CASTRO VALLEY
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Milpitas Bookmobile stops
Renew books by phone (800) 471-0991
For more information (408) 293-2326 x3060

Wednesday, Feb 18
3:15 – 4:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

Casino Night

SUBMITTED BY HAYWARD EDUCATION FOUNDATION

Hayward Education Foundation invites you to a fun-filled night of gaming on professional tables; cash bar; snacks; tasty desserts; a silent and live auction for a chance to win fabulous prizes; and much more! Join the fun on Saturday, March 28 at Cal State University, East Bay.

Since 1983, Hayward Education Foundation has been helping teachers improve and expand academic opportunities for Hayward’s students. Over 32 years later, nearly 950 grants have been given out to Hayward teachers, benefiting thousands of hopeful youth as well.

Projects are as diverse as the imaginations of our teachers and students. Whether it is math, language skills, science, or the arts, projects expand the learning experiences of students in many ways. All schools in Hayward are eligible to receive grants. From public, private to charter schools, where there is a need, we want to help.

Tickets cost \$75 each, to be purchased at <http://haywardedfndcasinonight.eventbrite.com>. Contact penny@haywarded.org for sponsorship opportunities and event information. All proceeds from this event will benefit the Teacher Grant Program. Support Hayward students, education and the community while having a lot of fun. Let’s make Hayward education a sure bet!

Hayward Education Foundation Casino Night
Saturday, Mar 28
6:30 p.m.: Reception
Casino Games: 7 p.m. - 10 p.m.
Cal State University, East Bay
New University Union
25800 Carlos Bee Blvd, Hayward
(510) 881-0890
penny@haywarded.org
www.haywarded.org
<http://haywardedfndcasinonight.eventbrite.com>
\$75 per person

Thursday, Feb 19
Kid’s Club
11 a.m.
Entertainment for children 5 and under
NewPark Mall
2086 Newpark Mall, Newark
(510) 793-5683
www.newparkmall.com

Thursday, Feb 19
Academic Achievement Night and Open House
5:00 p.m. - 7:30 p.m.
College workshops and community resource information
James Logan High School
1800 H Street, Union City
http://www.jameslogan.org/

Thursday, Feb 19
Community Financial Resource Assistance – R
6 p.m. - 7 p.m.
Income, savings and debt management help
Fremont Family Resource Center
39155 Liberty St. (at Capitol), Fremont
(510) 574-2020
www.sparkpointcenters.org

Thursday, Feb 19
Thursday Night Flights \$
5:30 p.m. - 8:30 p.m.
Enjoy gallery exhibits, live music, craft beer and wine
Hayward Area Historical Society
22380 Foothill Blvd., Hayward
(510) 581-0223 x152
www.haywardareahistory.org

Thursday, Feb 19
Cultivating Donors
10 a.m.
Discuss nonprofit fund raising and event planning
Presented by Hayward Nonprofit Alliance
Hayward Area Historical Society
22380 Foothill Blvd., Hayward
(501) 581-0223
www.haywardareahistory.org
www.hayward.org

Friday, Feb 20
Fremont Senior Center Crab Feed \$
6 p.m.
Food and entertainment
Elks Lodge
38991 Farwell Dr., Fremont
(510) 790-6606
lolla@fremont.gov

Friday, Feb 20
Sandlot Concert and Picture Show \$R
8 p.m.
Folk-rock concert and Charlie Chaplin silent film
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
pr@nilesfilmmuseum.org
www.nilesfilmmuseum.org

Friday, Feb 20
Special Olympics Basketball Event
9:30 a.m. - 1:00 p.m.
Parade of athletes and inspiring competition
Newark Memorial High School
39375 Cedar Blvd., Newark
(510) 791-0287
https://nmhs.schoolloop.com/

Saturday, Feb 21
Drawbridge Van Excursion – R
10:00 a.m. - 12:30 p.m.
Docent led history program for adults
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513
http://eecdrawbridge.eventbrite.com

Saturday, Feb 21
Family Bird Walk – R
2 p.m. - 4 p.m.
Create a field guide and use binoculars
Ages 5 – 10
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x362
https://donedwardsfamilybird.eventbrite.com

Saturday, Feb 21
Gorgeous Goats \$
1:30 p.m. - 2:30 p.m.
Groom and feed gentle goats
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Feb 21
Crab Feed and Pasta Dinner \$
5:30 p.m.
Benefit for Hayward Police Officers Benevolent Foundation
Hayward Veterans Memorial Building
22737 Main St., Hayward
(510) 293-7207

Saturday, Feb 21
School-Age Storytime
11:00 a.m. - 11:30 a.m.
Stories for children grades preschool – kindergarten
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Feb 21
Alameda County Reading Association Mini-Conference \$
9 a.m. - 1 p.m.
Discuss promoting oral language and common core in schools
Eastin Elementary School
34901 Eastin Dr, Union City
(510) 475-9630
bmedders@nhusd.k12.ca.us

Saturday, Feb 21
Crab Feed \$
5 p.m.
Food, no-host bar, music, raffle and auction
Benefit for JLHS athletics
Union City Sports Center
31224 Union City Blvd., Union City
(510) 918-7555
jameslogan.org/store/crabfeed

Saturday, Feb 21
Outdoor Discoveries: Newts Have Boots \$
10:00 a.m. - 11:30 a.m.
Search for amphibians in the creek
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Saturday, Feb 21
Nifty Newts – R
10:00 a.m. - 11:30 a.m.
Search the pond for slimy creatures
Garin Regional Park
1320 Garin Ave., Hayward
(510) 582-2206
www.ebparks.org

Saturday, Feb 21
Float Yer Boat
12:30 p.m. - 1:30 p.m.
Hike, explore and a build boat
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Saturday, Feb 21
Tides, Wind and Currents in the South Bay
1:00 p.m. - 2:30 p.m.
Explore the local environment
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Saturday, Feb 21
ACT Public Planning Open House
10 a.m. - 12 noon
Discuss public transit and roadway improvements
Hayward City Hall
777 B St., Hayward
(510) 208-0410
www.alamedactc.org

Saturday, Feb 21
Genealogy Workshop \$R
9 a.m. - 3 p.m.
Beginners research sources for family heritage
Hayward Area Historical Society
22380 Foothill Blvd., Hayward
(510) 581-0223 x131
www.haywardareahistory.org

Saturday, Feb 21
Yo-Yo Showcase
2 p.m.
Dazzling tricks by World Champion Tessa Picillo
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Saturday, Feb 21
Lunar New Year Celebration
2 p.m. - 4 p.m.
Crafts, music, dancing and activities
San Leandro Public Library
300 Estudillo Ave., San Leandro
(510) 577-3971
www.aclibrary.org

Saturday, Feb 21
Movie Night \$
7:30 p.m.
7th Heaven, Mabel and Fatty, Gymnasium Jim
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Feb 21
Community Service – R
9:30 a.m. - 12 noon
Volunteers assist with trash cleanup and weeding
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x361

Saturday, Feb 21
Girl Scouts World Thinking Day – R
3 p.m. - 4 p.m.
Guided discussion about promoting peace
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513 x104
http://gswtd.eventbrite.com

Sunday, Feb 22
Job’s Daughters Beach Party – R
2 p.m. - 4 p.m.
Games and activities for girls ages 8 – 19
Masonic Homes of CA
34400 Mission Blvd., Union City
(510) 675-5396
jobsdaughtersfremont@gmail.com
https://www.facebook.com/jobs-daughtersfremontbethel

Sunday, Feb 22
Math for Adults
2 p.m. - 4 p.m.
Fractions and Decimals
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Sunday, Feb 22
Seed Gallery \$
11:30 a.m. - 12 noon
Discover seeds that will sprout in your garden
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Feb 22
Knotty Knotty \$
10:30 a.m. - 11:30 a.m.
Use rope to learn nifty knots
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Feb 22
Beautiful Trees \$
1:30 p.m. - 2:30 p.m.
Stroll the grounds in search of special trees
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Feb 22
Leopard Shark Feeding Frenzy
2 p.m. - 3 p.m.
Kids feed aquarium animals
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sunday, Feb 22
Compassion is Fashion Red Carpet Event \$R
1 p.m. - 4 p.m.
Food, drinks, auction and raffles
Benefit for foster youth
SLC Talent Factory
22772 Main St, Hayward
(209) 556-2054
RS@compassionisfashion.org
www.compassionisfashion.org

Sunday, Feb 22
Oscar Night \$
12 noon
Watch the Academy Awards on a big screen
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Monday, Feb 23
Alameda Creek Bridge Replacement Project Forum
6 p.m. - 8 p.m.
Caltrans discusses environmental impact report
Niles Elementary School
37141 2nd St., Fremont
(510) 845-7549
nilescanyojnprojects@dot.ca.gov
http://www.dot.ca.gov/dist4/niles-canyon/

Monday, Feb 23
Monday Birding
9 a.m. - 12 noon
Search for birds on an easy stroll
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Monday, Feb 23
Telling Tales
8 p.m.
Share your story of missed opportunities
Douglas Morrison Theatre
22311 N Third St., Hayward
(510) 881-6777
www.dmtonline.org

Monday, Feb 23
Do You Need a CPA or Tax Software?
7:00 p.m. - 8:30 p.m.
Tax expert demonstrates special software
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org



FREMONT ART ASSOCIATION
YOUR COMMUNITY ARTS ORGANIZATION
37697 NILES BOULEVARD / 510 792-0905

Announcing exciting new works in oil, acrylic, watercolor, glass, fiber, jewelry, and ceramics and more for 2015.
Featuring the oil paintings of Mitchell Neto.

Oil Painting workshop with Bryan Mark Taylor in February.
Collage and Mixed Media workshop with Grace Rankin in March

www.fremontartassociation.org

Senior Helpline

(510) 574-2041

Serving individuals 60+ and their families in Fremont, Newark and Union City, CA

Care coordination, paratransit assistance, counseling, health promotion and caregiver support.



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based on 60+ reviews from all our offices

Call now 866-661-5673 and schedule today!

May be eligible for reimbursement by FSA, HSA, & some PPO insurance.
- This offer may not be combined with other ongoing promotions.

Monday, Feb 23
Hula Dance Demonstration and Class
9:30 a.m. - 11:00 a.m.
Exercise and tell stories thru dance
Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 675-5495
www.unioncity.org/departments/leisure-services

Monday, Feb 23
College Application Personal Essay Workshop – R
6:30 p.m. - 7:30 p.m.
Discuss steps to writing a winning essay
Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org

Monday, Feb 23
Red Hawk Casino Trip \$R
8 a.m. - 6 p.m.
Play bingo on the bus ride
Barbara Lee Senior Center
40 North Milpitas Blvd., Milpitas
(408) 586-3400
www.ci.milpitas.ca.gov

Tuesday, Feb 24
Free Notary Signings for Seniors
10:00 a.m. - 11:45 a.m.
Call to schedule an appointment
Ages 50+
Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 675-5495

Tuesday, Feb 24
Weekday Bird Walk
7:30 a.m. - 9:30 a.m.
Enjoy bird life on a tranquil trail
Age 12+
Alameda Creek Trail
Niles Staging Area

Old Canyon Rd. in Niles
District, Fremont
(510) 544-3220
www.ebparks.org

Tuesday, Feb 24
Real Estate Scams Seminar
10:30 a.m. - 11:30 a.m.
Discuss property scams in the senior community
Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 675-5495
www.unioncity.org/departments/leisure-services

Tuesday, Feb 24
Community Oriented Prevention Services – R
2 p.m. - 4 p.m.
Tech stalking awareness class
Safe Alternatives to Violent Environments
1900 Mowry Ave, Fremont
(510) 574-2256
AshleyL@save-dv.org

Tuesday, Feb 24
Summer Job Fair for Teens
5:00 p.m. - 7:30 p.m.
Opportunity for students for complete job applications
Dress professionally and bring a resume
Fremont Teen Center
39770 Paseo Padre Pkwy.,
Fremont
(510) 494-4300
RegeRec@fremont.gov

Tuesday, Feb 24
Movie Day
12 noon
The Color Purple film and refreshments
Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 675-5495

www.unioncity.org/departments/leisure-services

Wednesday, Feb 25
Walt Disney Family Museum Trip \$R
9 a.m. - 4 p.m.
San Francisco bus trip to museum
Includes lunch
Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 675-5445
www.unioncity.org/departments/leisure-services

Thursday, Feb 26
Rotary Dragon-Tini Mixer \$
5:30 p.m. – 7:30 p.m.
Wear your best dragon colors; entry includes Dragon Martini or drink
Hayward Area Center for History & Culture
22380 Foothill Blvd, Hayward
www.bitly.com/dragontini

Friday, Feb 27
Fremont Education Foundation Gala \$R
5:30 p.m. - 9:00 p.m.
Dinner, entertainment, raffle and silent auction
FUSD benefit
Fremont Marriott
46100 Landing Pkwy., Fremont
(510) 413-3700
www.fremont-education.org

Saturday, Feb 28
Crab and Pasta Feed \$
6 p.m. - 10 p.m.
All you can eat with vegetarian options available
Benefit for MSJHS Booster Club
Mission San Jose High School
41717 Palm Ave., Fremont
(510) 657-3600
msjhscrabfeed@hotmail.com

Local business to be recognized

SUBMITTED BY BILL MULGREW

Nate Miley, Alameda County District 4 Supervisor, will offer a proclamation to the owners and staff of Ready, Set, Vape in Castro Valley for their successful work helping many members of the community to quit smoking cigarettes. The proclamation will be awarded at noon on February 25 at the Ready, Set, Vape store in conjunction with a Ribbon Cutting conducted by the Castro Valley/Eden Area Chamber of Commerce.

The public is invited to the Ribbon Cutting, Proclamation Ceremony, and subsequent reception to be held at the Ready, Set, Vape Store. For additional information please contact The Castro Valley/Eden Area Chamber of Commerce at (510) 537-5300, Supervisor Miley’s Office at (510) 670-5718, or Ready, Set, Vape at (510) 881-8801.

Proclamation Ceremony and Ribbon Cutting
Wednesday, Feb 25 - Noon
Ready, Set, Vape
3024 Castro Valley Blvd, Castro Valley
(510) 537-5300



RUBY’S PLACE

www.rubysplace.org

Human Trafficking Awareness Event

Dance for Freedom



**Stop by our Outreach Booth*

**Raffle Baskets Available!*

All ages and fitness levels are invited!



SUBMITTED BY VERA R. CIAMMETTI

Ruby’s Place, an emergency shelter for survivors of domestic violence and human trafficking, is holding its first annual Zumba event at Ruby Bridges Elementary School Multi-Purpose Room in Alameda on Saturday, February 28.

Located in Hayward, Ruby’s Place is Alameda County’s only shelter for survivors of human trafficking, serving all of the Bay Area. Trafficking primarily involves exploitation, which comes in many forms, including: forcing victims into prostitution, subjecting victims to slavery or involuntary servitude, and compelling victims to commit sex acts for the purpose of creating pornography. Approximately 80 percent of trafficking involves sexual exploitation, and 19 percent involves labor exploitation. There are approximately 20 to 30 million slaves in the world today. According to the U.S. State Department, 600,000 to 800,000 people are trafficked across international borders every year. More than 70 percent are female and half are children.

Join Ruby’s Place in our “Dance for Freedom” to increase awareness and help Ruby’s Place provide shelter and services for human trafficking victims.

Tickets may be purchased online at www.rubysplace.org for \$20 pre-sale or \$25 at the door the day of the event.

Learn more about the free services offered at Ruby’s Place by visiting www.rubysplace.org or by calling the office at (510) 581-5626 or the Hotline at (888) 339-SAFE.

Dance for Freedom
Saturday, Feb 28
11:30 a.m. – 1:30 p.m.
Ruby Bridges Elementary School Multi-Purpose Room
351 Jack London Ave, Alameda
(510) 581-5626
www.rubysplace.org
Tickets: \$20 pre-sale or \$25 at the door



VOLUNTEER AT THE CHAMBER OF COMMERCE

YOU? A few hours to commit weekly? In school, looking for community service? Retired, missing the interaction you enjoyed in the office?

US: Looking for some enthusiastic volunteers who will commit to even a few hours a week in our Newark Chamber of Commerce office. Skills we’d welcome include: general office skills, database management, proficiency in QuickBooks or in Microsoft Office/Windows, using Social Media effectively, and good communication and customer service.

We’re REALLY nice to work with! And, we sure could use some extra hands to help us!

Newark Chamber of Commerce
37101 Newark Blvd.
510-744-1000. Visit us on Facebook or at
Newark-chamber.com
to learn more about what we do.

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#OB84518



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HOSPITAL



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www.srhca.org



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New Address



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Balance



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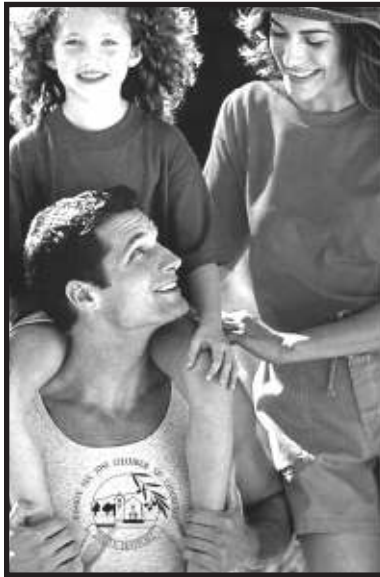
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SPORTS

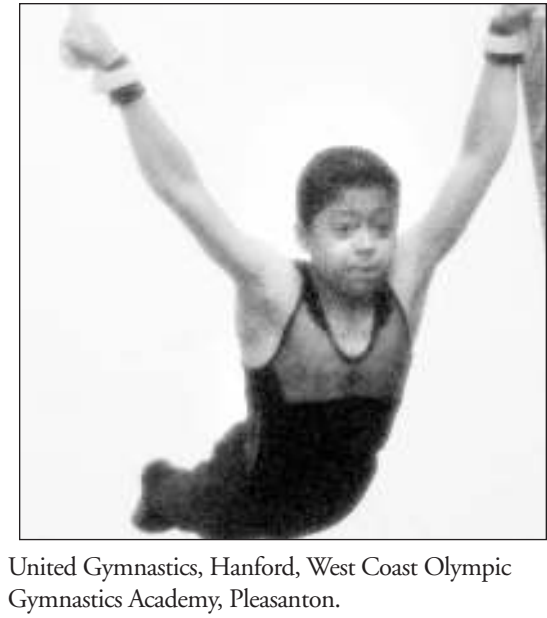
Top Flight Invitational



Gymnastics

**SUBMITTED BY DENNIS HO
PHOTO BY MIKE HEIGHTCHEW**

Top Flight Gymnastics hosted its annual Top Flight Invitational on February 14 -15, 2015. Competition was held in Floor Exercise, Pommel Horse, Rings, Vault, Parallel Bars, and High Bar. Participating clubs from throughout California included: Adventure Recreation, Anderson; Central Coast Gymnastics, San Luis Obispo; Classic Gymnastics, Tracy; CSC Gymnastics, Santa Clara; Davis Diamonds, Davis; Elevate Gymnastics Academy, Elk Grove; Extreme Gymnastics, Loomis; Gold Star Gymnastics, Mountain View; Monterey Bay Academy of Gymnastics, Sand City; Peninsula Gymnastics, San Mateo; Performance Athletics, San Luis Obispo; Pyramid, Corte Madera; Rising Star Gymnastics, Monterey; San Mateo Gymnastics, Belmont; Santa Cruz Gymnastics Center, Santa Cruz; SkyCatch Elite Gymnastics, Lakeport; Top Flight Gymnastics, Fremont;



Special Olympics Basketball

SUBMITTED BY NANCY ESTRADA

Newark Memorial High School (NMHS) will be hosting the second Annual Special Olympics Basketball Event on Friday, February 20. There will be over twenty teams (Junior High and High School levels) competing from the Fremont, Newark, and New Haven School Districts.

More than 300 participants will be attending this awe inspiring event. The Parade of Athletes, lead by the NMHS band, will begin at 9:30 a.m. and the whole event will conclude at 1:00 p.m.

*Let me Win.
But if I Cannot Win,
Let Me Be Brave in the Attempt.*

**Special Olympics Basketball
Friday, Feb 20
9:30 a.m. – 1:00 p.m.
Newark Memorial High School
39375 Cedar Blvd, Newark
(510) 818-4350**

CCAA Softball Pitcher and Player of the Week

**SUBMITTED BY
REBECCA BENNETT**

Cal State East Bay's (CSUEB) Emily Perlch was named California Collegiate Athletic Association (CCAA) Softball Pitcher of the Week for the week of January 26 to February 1, 2015. The Stayton, Ore. native snagged her first win of the season in the CSUEB Pioneers' five-inning victory against non-conference foe Dominican University on opening day of the 2015 season. Perlch compiled an ERA of 2.33 after allowing an earned run in three innings pitched.

Meanwhile, CSUEB's Ali Cerminara was selected CCAA Softball Player of the Week. A sophomore from Phoenix, Ariz., Cerminara led the Pioneers offensively to a 2-0 mark against Do-



Ali Cerminara, CCAA Softball Player of the Week



Emily Perlch, CCAA Softball Pitcher of the Week

minican University in the opening weekend of 2015 play. In the season opener, Cerminara was two-for-three, which included a three-run homer to put CSUEB ahead, 7-1. She also reached base twice in the nightcap, hitting

one-for-three with a double and a walk. On the weekend, Cerminara compiled a .667 average and a 1.667 slugging percentage after hitting three-for-six, while also totaling two runs and three RBIs.

Late inning rallies lead to split in league opener

Softball

**SUBMITTED BY
SCOTT CHISHOLM**

Cal State East Bay softball split its California Collegiate Athletic Association (CCAA) opening doubleheader on the road February 13th with Cal State Stanislaus. The Pioneers took the opener 7-1 before the Warriors put up six sixth inning runs to take game two 8-1.

East Bay's Sierra Clark (3-0) tossed her second straight complete game victory giving up just on run. She struck out a season-best six batters and now has 14 strikeouts in 23 innings on the year.

Alex Vela and Jaynie MacDonald each homered in the top of the seventh inning plating four of the team's five runs and turning the slimmest of margins into a 7-1 cushion with three outs remaining. MacDonald, Allie Kornahrens, and Ali Cerminara each had two hits in the win.

Cal State Stanislaus (3-3, 1-1 CCAA) took a page from the Pioneer playbook and put up six runs in the sixth inning of game two. It pushed a slim 2-1 lead into an 8-1 advantage with only three outs to go. EB's Gabby Gonzalez hit a game-tying RBI single in the second inning to avoid the shutout.

Homers help East Bay win

Cal State East Bay softball earned 5-3 and 3-1 road wins over Cal State Stanislaus to sweep its February 14th road doubleheader. Home runs from Ali Cerminara, Jaynie MacDonald, and Rose Marston aided solid pitching efforts from Sierra Clark and Tatiana Beilstein to win the series.



Rose Marston's game two 3-run homer clinched the series for East Bay

"Anytime you win three out of four conference games on the road, it's a successful weekend. There are no easy weekends in the (California Collegiate Athletic Association)," said East Bay Head Coach Barbara Pierce



Wrestling

Cougar Report

SUBMITTED BY TIM HESS

The Newark Memorial Cougar Wrestling team finished their Mission Valley Athletic League dual season on a high note with a 57-21 victory over JF Kennedy HS February 11th. The dual was preceded by Senior Night where the Senior Cougar Wrestlers: Denvir Delmundo, Maddie Decker, Murrell Anderson, Raelyn Troche, Kyhree Mackey, Gabby Jones and Steve Silva were honored.

The dual started at 195 lbs and JFK came out strong with a fall and another at 220 lbs. Murrell Anderson (285) pinned his opponent in :48 and freshman Ben Tran (106) got a fall in 3:30 to make it 12-12. Hiep Tran (113) stuck his opponent in 1:06 and after forfeit wins by Gabriel Jasso

and Evan Smith the score was 30-12. Denvir Delmundo bumped up a weight class (132) and earned a hard fought 7-6 decision. Kyhree Mackey (138) earned a fall in :52 of the first period. Michael Salazar (145) showed true Cougar spirit as he relentlessly attacked his foe and came back from a 7-2 deficit to win by fall in 5:48 bringing the crowd to a frenzy. JFK won an 8-6 decision at 152 lbs. to make it 45-15. Daniel Jimenez scored a first round fall and Marcos Calvo finished the Cougar scoring. JFK won by fall in the 3rd period at 182 lbs.

Cougars capture second place at championships

Newark Memorial High School Cougars placed second at the Division II North Coast Section (NCS) Dual Championships on Saturday, February 14, 2015.

Newark Memorial climbs back to win 36-36 vs. Dublin (tie beaker criteria pins) Michael Salazar with the fall to clinch the victory



Lady Cougar wins at semis

Raelyn Kahewai Troche (137 lbs) wins by fall in semis at NCS. Carlin Tran Maddie Decker Gabby Jones going for 7th place.

Troche is NCS Champion
Newark Memorial's Raelyn Troche is North Coast Section Champion!

James Logan Colts finish season as Mission Valley Athletic League champions

Men's Soccer

SUBMITTED BY JAMES WILLIAMS

February 11, 2015
James Logan 2, American 0

1st Half Scoring:
JL: Jason Jattan 24:00

2nd Half Scoring:
JL: Jared Rivera (Justyn Raygoza) 63:00

JL Goalie: Andres Marquez, 80 Min, 0 GA, 2 Saves
AME Goalie: Sumit Saini, 80 Min, 2 GA, 8 saves
JL Shots: 25, AME Shots: 6

February 13, 2015
James Logan 2, Kennedy 1

1st Half Scoring:
JL: Justyn Raygoza (Jason Jattan) 00:40, German Villalobos (Justyn Raygoza) 24:00

2nd Half Scoring:
JFK: Enrique Morales (PK) 64:00

JL Goalie: Andres Marquez, 80 Min, 1 GA, 3 Saves
JFK Goalie: Mike Dairo, 80 Min, 2 GA, 4 Saves
JL Shots: 12 JFK Shots: 5

Fremont's Donna Williams to compete in Pan Am games

SUBMITTED BY FRANZ BRUCKNER

Donna Williams of Fremont has made the USA Baseball Women's Nation Travel Team that will be going to the Dominican Republic to play in the Pan American Qualifier Games starting March 5th.

USA Baseball confirmed its participation in the first-ever COPABE (Confederation of Pan American Baseball) Women's Baseball Pan American Games Qualifier, March 8 to 12, 2015, in La Vega, Dominican Republic. The 18-player delegation will compete to be one of four teams that will qualify for the Toronto 2015 Pan American Games, July 10 to 26. The Toronto Pan American Games will be the first-ever multi-sport Games to host women's baseball.

"2015 has the potential to afford USA Baseball, for the first time, the opportunity to compete in not one, but two international women's baseball events in the same calendar year," Women's National Team Director, Ashley Bratcher, said. "As a staff, we feel confident that this Pan American Qualifying Team is the right group of players to qualify the U.S. for this summer's Pan American Games."

Featuring athletes from nine different U.S. states, including 10 athletes that were members of the 2014 USA Baseball Women's National Team, the Women's Pan American Qualifying Team will be competing for four available spots in the Toronto 2015 Pan American Games. The host, Canada, received an automatic bid to the five-team tournament.

For more information on the Women's National Team, please visit USABaseball.com.



Suzy Barcomb (middle) won 237 games at Puget Sound and now has 63 wins with East Bay.

Barcomb Joins 300 Club

SUBMITTED BY SCOTT CHISHOLM

For the first time in seven tries since joining the California Collegiate Athletic Association (CCAA), Cal State East Bay earned a victory inside the Eagles Nest. The 66-53 victory over Cal State L.A. on February 13th gives Head Coach Suzy Barcomb her 300th career victory between her two NCAA coaching stops. Barcomb spent 12 years at Division III Puget Sound racking up 237 victories while winning more than 73 percent of games. She arrived at Hayward in 2010 and has turned around a program from the depths of the league to three straight CCAA postseason tournament appearances.

"I have been blessed to coach some amazing young women at Puget Sound, and now here at East Bay. I have had wonderful assistant coaches and I would not be here without all of them," said Barcomb.

Toros too much for Pioneers

The two longest active winning streaks among league teams met inside the Torodome on February 14th. Cal State Dominguez Hills extended its streak to eight as Cal State East Bay suffered a 75-63 defeat to the Toros. Stephanie Lopez led all players with 27 points, including 13-of-16 free throws, and six assists. Tori Breshers led the Pioneers with seven rebounds and finished with 14 points.

Pioneers fight top division opponents

Women's Water Polo

SUBMITTED BY SCOTT CHISHOLM

Cal State East Bay battled a pair of big name Division I programs in No. 3 ranked USC and No. 14 Michigan on February 7th to begin its Triton Invitational schedule. Taylor Cross scored twice in both matches as the Pioneers fell 22-4 to the Trojans and 10-5 to the Wolverines.

Pioneers pull away from Regals

Cal State East Bay women's water polo earned its first home win of the season with a 13-6 triumph over Cal Lutheran on February 14th. The Pioneers erased an early first quarter deficit scoring six unanswered while the defense held the Regals to just three goals over the final three quarters.

The East Bay defense held CLU scoreless over the next 14-plus minutes while taking command of the game. Taylor Cross

tied the game up late in the half with two second quarter goals, and Alyssa Hess put the Pioneers out front with nine seconds remaining until the break.

Junior Casey Rushforth finished with a season-high 10 steals, to go along with three assists and one goal. Freshman goalkeeper Miranda Diehm made five saves in her first collegiate start.

Sabrina Hatzler led all players with three goals including the first two of the latter scoring run. Bre Ritter, Hess, and Mackell

each scored on a fourth quarter 6-on-5 as the Pioneers finished 3-of-7 for the game. Ritter tied for the team lead with three assists, and Mackell led the club with three drawn exclusions. Shelby Higginson scored her first goal of the season and second in her career with a fourth quarter score. Amy Chinn picked up her second assist of the season as Mackell scored the Pioneers final goal.

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slusd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Fremont City Council

February 10, 2015

Consent Calendar:

Award contract for citywide sidewalk intersection ramps to JJR Construction, Inc. in the amount of \$1,014,183.59

Award contract for crack seal project to Graham Contractors, Inc. in the amount of \$488,437.

Approve final map for Tract 8158 located on a 4.7 acre residential property at 42525 Mission Boulevard by Robson Homes LLC for construction of public and private improvements. The subdivision includes creation of 24 single-family residential lots, private streets (Emory Common and Emory Terrace), and dedications of a public street (Mission Boulevard) and a public

access easement along the northern banks of Mission Creek.

Public Communications:

•Opening for citizen at large position on George W. Patterson House Advisory Board

•Comments from two individuals - licensed massage therapists - asking for assistance when confronted with \$7,000 conditional use permit fee by City of Fremont.

•Fremont Council PTA would like to partner with City of Fremont to create an anti-bullying event at Lake Elizabeth.

Adjourn in memory of Casey Steckler

Mayor Bill Harrison	Aye
Vice Mayor Suzanne Lee Chan	Aye
Vinnie Bacon	Aye
Lilly Mei	Aye
Rick Jones	Aye

Newark City Council

February 12, 2015

Public Hearings:

Approve architectural and site plan review for an 118,390 square foot commercial laundry facility (Mission Linen Supply) at 6590 Central Avenue.

Rezone real property (vacant elementary school) at 36120 Ruschin Drive from Single Family Residential to Low Density Residential – Form Based Code for 77 single-family detached homes. Community concerns of traffic, parking, privacy and visual impacts were heard. All two story buildings have been eliminated from the perimeter of the site. Rezoning would allow density range of 0-14 dwellings per gross developable acre.

Consent:

Accept contract with New Image Landscape Company for 2014 park and landscape maintenance services. All work now complete.

Approve allocation of anticipated Community Development Block Grant funds for FY 2015-2016, estimated at \$102,599. Accept Community Development Advisory Committee (CDAC) recommendation to apply all funds to Housing Rehabilitation

Program to assist lower-income Newark residents repair and improve their homes.

Authorize agreement with Joel Nelson Productions, Inc. to produce four live professional musical entertainment events (concerts) at Shirley Sisk Grove on June 26, July 10, July 24 and August 7. The amount for all services is \$22,600 through Newark Betterment Corporation and in-kind services.

Approve agreement with Silver & Wright, LLP for legal services to assist with nuisance abatement proceedings. Recovery of legal fees and costs will be sought from responsible property owners.

Accept bid from Staples Contract and Commercial, Inc. for 26 meeting room tables at Silliman Activity and Family Aquatic Center in the amount of \$25,714.90.

As Successor Agency to the Redevelopment Agency

Adopt and endorse Recognized Obligation Payment Schedule July-December 2015. The only obligation remaining is a loan from City of Newark to Newark Redevelopment Agency. The outstanding debt is \$404,241.

Mayor Alan Nagy	Aye
Vice Mayor Maria “Sucy” Collazo	Aye
Luis Freitas	Aye
Michael Hannon	Aye
Mike Bucci	Aye

Ohlone College Board of Trustees Meeting

February 11, 2015

Ceremonial Item:

•Recognize African American History Month
•Declare Emeritus status for Dennis Keller

Consent Agenda:

•Approve January 2015 payroll warrants in the amount of \$2,480,873.49
•Establish a non-resident tuition fee of \$228 per semester unit for the 2015-16 Fiscal Year, an additional \$4 per semester unit fee for non-resident students and a \$50 processing fee per semester.
•Approve purchase orders in the amount of \$659,809.09
•Approve contracts in the amount of \$274,410.
•Approve change orders in the amount of \$247,596.25
To the Board for Discussion

and/or Action:

•Review and accept Second Quarter 2014-15 financial report and acceptance of related budget changes. Ending fund balance holds at \$6,610,228.

•Withdraw Ishan Shah’s nomination to the 2015 California Community College Trustees Board.

•Nominate Rich Watters to 2015 California Community College Trustees Board.

Chair Greg Bonaccorsi:	Aye
Vice Chair Rich Watters:	Aye
Teresa Cox:	Aye
Jan Giovannini-Hill:	Aye
Vivien Larsen:	Aye
Ishan Shah:	Absent
Garrett Yee:	Absent
Daniel O’Donnell:	Aye
(Student Trustee, advisory only)	

TAKES FROM SILICON VALLEY EAST



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it’s manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we’re telling the stories that are advancing business here.
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Life Sciences Industry Has Clean Bill of Health

By MICHAEL HOWALDT,
SENIOR VICE PRESIDENT

BIOPHARMA OPERATIONS AND
FREMONT SITE HEAD OF
BOEHRINGER INGELHEIM

Q: Why did BI first choose Fremont?

BI can be summed up in a single phrase: Value through Innovation. In 2011, we chose Fremont to be the home of our first biotechnology facility in the United States because it’s a city focused on innovative culture. The Bay Area is known as the ‘birthplace of biotech,’ and we felt that positioning ourselves here would foster greater innovation and surround ourselves with intellectual capital like no other.

Q: So, would you say that tax incentives were an important deciding factor when choosing Fremont?

Yes, most definitely. We met with City leaders to discuss the



partnership and ensure that we take advantage of the resources Fremont has to offer — tax incentives, assistance with city permits, etc. — to help our business and position it for future growth. Other important aspects were the proximity to Silicon Valley with its innovative and entrepreneurial spirit and the location in the Bay area which is one of the world’s most renowned biotechnology hubs. Since coming to California, state policy makers have taken substantial steps to help protect the biotech industry and manufacturing at large. We see these changes as opportunities for us to grow as a company and for the State of California to foster a more competitive business environment. We can only hope that local and state policy makers continue to create a business friendly environment for BI to operate in.

Q: Because the cost of doing business in California is a challenge?

Exactly. Like any company, we have to look at the bottom line. And as an international company, we must be financially diligent to

remain competitive. So while California is a wonderful place to live, it’s also extremely expensive with property, sales and income taxes all being higher than in other regions. It’s imperative for businesses to look at the overall costs for both the facility and its employees- each little tax adds up.

Q: Speaking of challenges, what are some of the biggest challenges specific to life sciences companies?

Like many other math and science-based companies, we struggle with the challenge of finding a qualified workforce. We hire folks who have everything from a community college degree to a Ph.D., but it’s still hard to find individuals with skillsets tuned to work in an advanced manufacturing setting. Fortunately, Fremont has a thriving manufacturing workforce (another bonus) with 23 percent of Fremont’s working adults employed in this market.

Q: Would you say the future of life sciences looks promising for other Silicon Valley-based companies?

Yes, I think the future of life sciences definitely looks promising. The world of prescription medicine is changing, and we are moving toward a model of more personalized medicine than products that help the masses. I see the business of biologics growing in the Bay Area and elsewhere as companies create new life-changing products. As long as investors continue to invest in companies, innovation will continue to evolve.

Q: Any closing thoughts looking ahead to 2015?

I think the life sciences industry is ever-changing and will continue to innovate life-saving treatments. There have been breakthrough products that cure diseases that the industry believed couldn’t have been cured. I see the biologics industry growing by leaps and bounds and medicine becoming extremely targeted to help patients. It’s an exciting and rewarding time to be in this field.

Haggerty re-elected Chair of Transportation Commission

SUBMITTED BY TESS LENGYEL

At its first Commission meeting of 2015, the Alameda County Transportation Commission unanimously re-elected Supervisor Scott Haggerty as its chair, and Oakland City Councilmember At-Large

Rebecca Kaplan as vice chair.

Alameda CTC implements and leverages the voter-approved Measures B and Measure BB as well as the Measure F vehicle license fee to improve transportation throughout Alameda County. Together, Measure B and Measure F funding generate more than \$125

million per year for local street and road repairs, transit, paratransit, bicycle and pedestrian improvements, and major transportation projects and programs throughout the county. Since 2000, Alameda CTC has funded more than \$837.5 million in contracts for Alameda County businesses.

OPINION



WILLIAM MARSHAK

Ordinary People

the massive assemblage of ordinary people, a few find leadership positions rewarding and aspire to evoke positive results in a particular area of interest. Some pursue hobbies – individual or group – while others work within the political framework of their communities to achieve positive results for their neighbors. People who are active in volunteer efforts often work for social harmony, an important part of a community's social fabric; others seek and receive votes of their peers, to oversee public agencies that have direct impacts on our collective quality of life.

Serving on boards and commissions can be a difficult task; visibility is high and the consequences of actions can be immediate and significant. Weighing pros and cons of issues in which a definitive decision is required will inevitably lead to heated debate and, at times, uneasy resolution. When ordinary people have asked for approval of their peers to make such decisions, it is often hard for those elected and their electorate to remember that both the elected and constituents are ordinary people.

In the last week, many important issues have been brought before councils, boards and commissions. Land use decisions and utility rate hikes have been on the front burner of the political scene in Fremont (Niles Gateway), Newark (Ruschin School site) and the Alameda

County Water District. There are no easy solutions. Although a disparate group of stakeholders are intensely interested in the outcome of these discussions and deliberations, the primary responsibility for making a final decision rests with a small group of elected citizens.

Are they infallible? Of course not.

However, these citizens have asked for, and been granted, the responsibility to make decisions in the best interests of their community. Unless there is evidence of nefarious activity, they deserve honest and civil debate when challenged by their constituents, without personal denigration. It is understandable that passions can run high when other ordinary citizens present their views, but voters have placed their confidence in these ordinary citizens and, in our society, they will decide the issues.

William Marshak
PUBLISHER

Many interviews of people who have accomplished extraordinary feats in critical, and potentially tragic situations, uncover personal modesty and disregard heroism. Instead, these people mention an innate response that they are certain others would share if in the same situation. While that may be true, individuals who have responded responsibly in a crisis, exhibit a trait that can be admired by all. A significant and single emergency may elicit an automatic reaction, but a long term effort can be a different story.

Ordinary people make conscious decisions every day to face difficult choices at home and work. The strain of family life and the work world can be daunting, but most are able to develop coping strategies that lead to a satisfying result. Within

Pioneers escape with opening day win

Baseball

SUBMITTED BY STEVE CONNOLLY

Senior designated hitter Jason Fletcher roped a ground-rule double to left field in the bottom of the eighth inning to lift the Cal State East Bay baseball team to a 3-2 victory



Fletcher's RBI double was the difference in a 3-2 victory over Academy of Art

over visiting Academy of Art on February 13th. It was a dramatic win on opening day of the 2015 season for the Pioneers (1-0), who trailed 1-0 into the seventh inning before

junior catcher Chris Porter belted a two-run homer into the trees beyond left field.

After the Urban Knights (0-3) tied the score up in the top of the eighth on a single by Daniel Skinner, Fletcher gave East Bay the lead back for good in the bottom of the frame. Senior Devin Higgins was hit by a pitch and moved up to second on a balk to start the inning. He advanced to third on a sacrifice bunt by Kelly Starnes, and then scored easily when Fletcher hooked a line drive to the warning track.

Redshirt freshman Andrew Fernandez picked up his first career victory after escaping a jam in the eighth inning. The 6'3" side-winder came in with one on and one out in relief of left-hander David Elzig and went 0.2 innings, striking out one and issuing an intentional walk. After playing eight innings at shortstop, junior Michael Frantz came in and slammed the door, notching his first save as a Pioneer by striking out the side in the ninth.

Despite a quiet day with the bats, East Bay kept the game tight with exceptional defensive play. Higgins flashed some leather with a sliding catch on a slicing line drive to right field with a runner on second base in the fourth inning, and then third baseman Ryan Kochan and first baseman Daniel Carney both made diving stops in the infield to save runs for the Pioneers.

"It's nice to get the first win under our belts," said head coach Bob Ralston. "Our defense carried us today, and then a couple of returners came up with big hits late in the game."

Senior Michael Pope got the start on the hill for East Bay and went four scoreless innings. He struck out four, allowed just two hits, and issued four walks. He was replaced by junior Cole Compton, making his first appearance in the red and black. Compton gave up three hits in 3.1 innings and was charged with both of Academy's runs. The right-hander also racked up four of the staff's 11 strikeouts for the game.

Besides Porter and Fletcher, junior Marcus Williams was the only other Pioneer to get a hit. He finished 1-for-2 and was also hit by a pitch in front of Porter's two-run blast.

Kochan powers Pioneers to split
The Cal State East Bay baseball team split its doubleheader with visiting Academy of Art on February 14th. The Pioneers (2-1) racked up 17 hits in a 14-6 victory in game one, but the Urban Knights (1-4) came back to capture the afternoon contest by a final score of 4-3.

Senior third baseman Ryan Kochan finished 4-for-8 in the doubleheader with six RBI and two runs scored. He also blasted the first home run of his collegiate career, a grand slam in the fourth inning to help East Bay cruise to a win in the first game.



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REMEMBERING DON DILLON Sr.

November 17, 1921 – February 9, 2015

Don Floyd Dillon Sr. died peacefully at the age of 93 on February 9th.

He is survived by his wife of 71 years, Mary Ann; his children and their spouses: Mary Helen and John Seeger, Debbie Dillon-Adams and Warren Adams, Don Jr. and Donna Dillon, 6 grandchildren and 7 great grandchildren and other extended family.

Don was born in El Centro, California, the only child of Floyd and Mildred (Shawver) Dillon. He graduated from Stanford University, married his college sweetheart, Mary Ann Walker. He was in the US Navy, in WWII and Korea aboard Destroyer Escorts in the Atlantic and the Pacific. He served in the reserves and retired as a Commander.

He joined his father, Floyd, in the nursery business in the early 1950's and moved their citrus nursery to Mission San Jose in 1954. While President of Four Winds Growers, the nursery developed 3 locations and a wider product mix.

Don also made time to actively be involved with many other pursuits. He was known for his energy, enthusiasm, and consensus building. He was into "social networking" before the term was ever coined.

In 1960, he was a charter member of Western Region of the International Plant Propagators, and then served as its President and also President of the International Plant Propagators. He embraced the IPPS motto "Seek and Share". He became President of Saratoga Horticulture Research Foundation. He was a big supporter of California Association of Nurseries and Garden Centers, enjoying meetings at Peninsula and Central Chapters. His advice to all gardeners was rather than "talking" to plants, to "listen" to them.

He wanted to be remembered as the "Formerly Honorable Mayor of the City of Fremont" where he served as Mayor for 5 years, as well as 16 years on the Fremont City Council. He was a driving force in establishing Lake Elizabeth and a beautiful 400 acre park in center of town. He worked to save historic homes and ranches in the Fremont area. He served as President of the Association of Bay Area Governments and on numerous other intergovernmental agencies, including the Alameda Creek-Coyote Hills Joint Agency and the Metropolitan Transportation Commission.



Don was very active in the Niles Rotary. The Rotarian "Four Way Test" and "Service above Self" were a more than mottos for Don. It was a way of life for him. He inspired many with a smile and a phrase he would use in parting, "Have a POW-ER-FUL- DAY!"

In lieu of flowers, donations in his honor can be made to the Rotary Foundation or C.A.N.E.R.S.
Memorial Service to be held March 14, 2015
11:00 A.M.
Centerville Presbyterian Church,
4360 Central Ave, Fremont CA

A playful philosophy that Don "embraced"

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Obituary

Stefan (Steve) Hebb

Jan. 1, 1965 - Jan. 27, 2015

Born January 1st, 1965 in Halifax, Nova Scotia, Canada, and entered into rest on January 27th, 2015 in Fremont, California at the age of 50. Preceded in death by his wife Janelle Hebb. Survived by his son: Jeremy Hebb; mother: Brenda Stout; father: Ronald Hebb and his wife Donna; mother and father-in-law: Jackie and Al Hughes; and brothers: Aaron Hebb, Kevin Hebb, Jason Hebb, and Matthew Hebb; and nieces and nephews: Adrienne Hebb, Jacob Hebb, Preston Hebb, Fiona Hebb, Kaitlyn Hebb, Amanda Hebb, and Kyle Hebb.

Stefan (or Steve/Stevie as he was known) moved from Nova Scotia to Sunnyvale when he was six months old with his family. Stefan was a warm, kindhearted person with a great sense of humor and trademark ponytail, who made friends wherever he went. He had a love of animals that he shared with his wife, Janelle, which extended to his menagerie of exotic reptiles. He enjoyed classic rock and heavy metal music, going to Sharks games whenever possi-



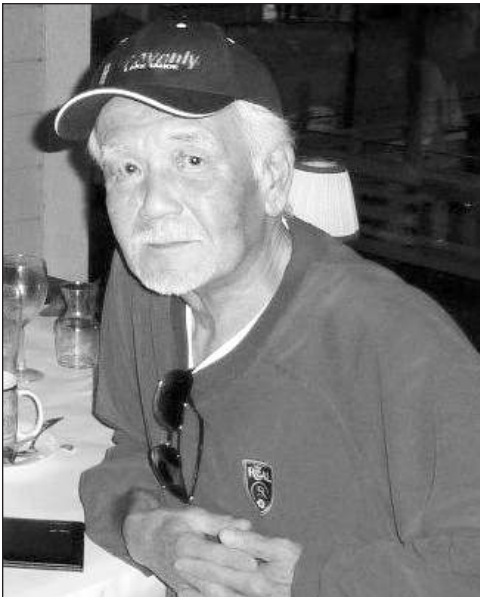
ble, and riding his bike as his primary means of transportation for most of his life. Stefan was a talented artist, both visually – drawing striking photorealistic portraits – and musically - playing his guitar along with his favorite songs. He was a huge fan of Star Wars, having seen the original film dozens of times in theaters during its initial release; collecting all the toys in his youth and dressing as a Stormtrooper for his son on Halloween as an adult. His lifelong passion for trains was unparalleled, spending hours visiting model railroad shows or watching the trains come in at the Santa Clara Depot. Stefan's greatest love in life, however, was his family. He lived each day for the last ten years of his life for his beloved son, Jeremy.

Family and friends are invited to celebrate Stefan's life on Saturday, February 28 at 1:30pm at the Sunnyvale Presbyterian Church, 728 West Fremont Ave., Sunnyvale, CA 94087.

Obituary

Norman Isamu Shiota

Sept. 22, 1937 - Jan. 28, 2015



Norm was born in Hilo, Hawaii which is where he grew up, he graduating 1955 from Hilo High than moved to Honolulu to attend University of Hawaii at Manoa campus studying engineering and a member of Sigma Lambda brothers.

In 1993 Norm was a member of the Marin, Ca. men's Cursillo #713 which gave him an opportunity to grow in faith and in spirituality, a deeper understanding of the teachings of Jesus and how he could serve others.

Norman made his living as construction consultant which allowed him to travel the world. Norman has lived his last 13 years in Fremont, Ca. where 11 years ago he met his life long partner Kalee.

To friends and Family, **We are Celebrating his Life on Feb 21, Saturday at 7:00 P.M. at Massimo's 5200 Mowry Ave, Fremont**

James A. Ritzman

Nov. 10, 1947-Feb. 7, 2015

Resident of Fremont James passed away suddenly at Washington Hospital, He grew up in Oakland where he attended Our Lady of Lourdes Grade School, graduated from Oakland High and attended Armstrong Business College. He served honorably in the 82nd Airbourne Division of the Army during the Vietnam War. Jim worked at Ritzman's Shoes on Lakeshore in Oakland, held various sales positions and was a journeyman carpenter before his retirement.

Jim enjoyed watching sports, especially the SF Giants, reading, fishing, swapping stories and the Annual Brothers trip to Puget Sound. He was preceded in death by his parents Carl and Margaret Guerin Ritzman and sister, Mary Ellen. He is survived by his loving wife, Maria, his children, Allison (Pete) Dennett of Seattle and Matt (Amy) McGlynn of Cameron Park; and grandsons Drew and Mason. His brothers are Richard (Rosie), Gary (Patty), Bill (Julie) and Mark (Jaimmie). Nieces Marianne (Owen), Kathleen (Ed) and Lynn (Jack). Nephews Rob, Dan, and Joe (Tara).

A celebration of his life will be held at a later date.

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Alameda County launches Open Budget website

SUBMITTED BY GUY ASHLEY

As part of a multi-faceted effort to encourage public participation and government transparency, Alameda County is launching its new "Open Budget Alameda County" website to promote greater understanding of how the County finances a broad range of programs and services.

The new budget website, available at

<http://budget.acgov.org>, was created by Alameda County in partnership with the Seattle-based cloud software company Socrata, which focuses on expanding access to government data. Alameda County is the first county in California to launch a site using Socrata's customer-friendly Open Budget format, which uses charts, graphs, images and other tools to make government budget data easier to understand.

Open Budget website provides detailed information about Alameda County's \$2.79 billion budget for FY 2014-15, with charts that break down allocations by program area, department and budget unit. The site also provides an in-depth view of the County's \$1.1 billion 2014-2019 five-year Capital Improvement Plan and includes an interactive map showing major capital projects.

LIFE CORNERSTONES

Birth

Marriage

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Obituaries



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Toshiko Grappone

RESIDENT OF NEWARK
February 11, 1932 – January 28, 2015

Donna Fay Lorenson

RESIDENT OF FREMONT
April 24, 1923 – January 28, 2015

Mark J. Simonetti

RESIDENT OF FREMONT
March 17, 1952 – January 29, 2015

John J. Wankner

RESIDENT OF FREMONT
September 21, 1946 – January 29, 2015

Michael J. Miller

RESIDENT OF FREMONT
March 30, 1957 – January 30, 2015

Donald W. Crawford

RESIDENT OF FREMONT
December 25, 1927 – February 2, 2015

Karen Marie Johnson

RESIDENT OF FREMONT
October 20, 1944 – February 2, 2015

Richard C. Klitzing

RESIDENT OF FREMONT
May 24, 1951 – February 3, 2015

John B. Accinelli

RESIDENT OF UNION CITY
August 3, 1918 – February 4, 2015

Josefina Y. Alansalon

RESIDENT OF HAYWARD
September 19, 1931 – February 6, 2015

William Marshall

RESIDENT OF FREMONT
June 28, 1933 – February 6, 2015

Rochelle “Shelley” Lynn Gould

RESIDENT OF NEWARK
December 31, 1951 – February 7, 2015



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Linda S. Brown

RESIDENT OF FREMONT
May 15, 1934 – January 30, 2015

Ruth E. Bayles

RESIDENT OF FREMONT
April 1, 1914 – February 1, 2015

Mohit Kumar

RESIDENT OF FREMONT
August 17 1915 – February 3, 2015

Demetrio R. Federico

RESIDENT OF PLEASANTON
March 8, 1932 – January 22, 2015

Annette Johnson

RESIDENT OF FREMONT
March 20, 1940 – February 3, 2015

Geraldine F. Klarich

RESIDENT OF FREMONT
February 6, 1928 – February 4, 2015

Salvador Velasquez

RESIDENT OF SAN FRANCISCO
October 19, 1932 – February 5, 2015

Karen P. Steckler

RESIDENT OF FREMONT
January 3, 1946 – February 5, 2015

Barry G. Moore

RESIDENT OF CASTRO VALLEY
June 25, 1965 – February 7, 2015

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Obituary

Josephine Alvarez Pando

Sept 25, 1925 – Feb 3, 2015



Born and raised in Decoto, Josephine passed away at home in her beloved hometown at the age of 89. Born to Mary Sepulveda and Santos Alvarez, her and her older brother Santos were raised by their Grandparents at 412 5th Street. She was a loving big sister to Ellen and Sam. In her early years, she worked in the fields, as did many of the local townspeople, and her older children have fond memories of going with their mother to cut apricots. Josephine attended Merritt Business College in Oakland, then later worked for the Navel Supply Depot in Alameda. She married and had three children, Richard, Mary Ellen and Theresa. Always wanting to return to Decoto, she and her husband Frank Pando moved back in 1957. The family grew to include Patricia, Francine, Jody, Jeanette, and Marcia. Family was always a priority for her.

Josephine took an active part in contributing back to her community until well into her 80's. She was active on numerous committees – too many to mention here – but her most proud accomplishments were: charter president of Searles PTA from '58-'61, the first woman to run for City Council in 1972, founding board member for Tiburcio Vasquez Clinic, and advocate for naming Cesar Chavez Middle School in Union City. Appointed to the Housing and Community Development Citizens Advisory Committee for neighborhood improvement, a proponent for Save The Hills above Mission Blvd., and was president of the Union City Senior Citizens Association.

Josephine was honored at the annual Honoring of the Elders event in Gilroy, of which she spoke fondly. A self-taught musician, she loved to play piano and played songs from her youth, christmas carols during the holidays and sometimes late concerts when she couldn't sleep. She leaves behind an extended family that will carry her spirit and love in their hearts always. A memorial service to celebrate her life will be held at Our Lady of the Rosary on Saturday, February 14 at 12 noon.

Obituary

Dorothy June Rose

June 2, 1926 - February 9, 2015



Dorothy J. Rose passed away peacefully on February 9, 2015 surrounded by love. Beloved wife and true partner in work, family and play to Francis “Mickey” G. Rose for 67 years. Loving mother to Nancy Schroder (Chuck), Michael Rose, Susan Rose and Robert Rose. Sweet Nana to Brian Williams, Wesley Williams (Colleen), Kyle Rose, Nicholas Rose, Lindsay Minyen (Brandon) and Holden Rose. Great Nana to Jordyn, Jacob, Natalie, Zoey, Jaxon, Kennedy and Tristan. Also survived by 3 nephews, 2 nieces and several cousins.

Dorothy was born on June 6, 1926 to Creed and Irene Domenici in Niles, CA. She graduated from Washington High School in 1944 and married the love of her life in 1948 at Corpus Christi Church in Niles. She was a member of many womens clubs

and organizations within the community though out the years. Dorothy was co-owner of Fremont Chapel of the Roses and Fremont Memorial Chapel. She lived with dignity, loyalty and laughter as her foundation. Always the lady! She nurtured our hearts, our stomachs and our spirits, always willing to help out whenever possible. She enjoyed being on the lake with family, jigsaw puzzles, a lively game of skip-bo, dancing and anything that was a family gathering she loved. Dorothy was the most loving and caring wife, mother, nana and friend anyone could have asked for and she will be deeply missed by all who knew her. Services have been held for Dorothy with entombment at Holy Sepulchre Cemetery in Hayward. Dorothy June Rose June 2, 1926 - February 9, 2015 Resident of Fremont



World Friendship
Fair with an
African beat

SUBMITTED BY KAREN L. MCCREADY

Founded in 1977, Friendship Force International (FFI) has spread to more than 60 countries on five continents. The Friendship Force philosophy of “changing the way you see the world” describes what venturing into another culture does to a person’s perspective. The organization will be hosting a presentation at the Milpitas Library on Sunday, March 1.

After years of concerted effort to establish clubs in Africa, FFI has made it possible to stay with club members in their homes in seven African countries. That means sleeping and eating, not in a hotel, but in a modest, authentically African home. It's fitting, then, that the San Francisco Bay Area chapter (FFSFBA) will focus on Africa at this year's World Friendship Fair on March 1 in the Milpitas Library. Not that the program will ignore those other four continents. Members will share recent experiences of either hosting or visiting and will offer glimpses of travel and hosting opportunities around the world for this year and next.

An FFSFBA couple from Palo Alto, Saaku and K. C. Sarr, will share their deeply immersed experience in Senegal as well as K. C.'s work in other West and East African countries. Saaku, a native of Senegal, came to the U.S. to study and has shared his time between the U.S. and West Africa ever since. In Senegal, he has worked as a translator and interpreter and a language teacher of both adults and children.

With a musical background that includes participation in jazz, funk, reggae, Middle Eastern percussion, and blues, Saaku will be playing selections on his specialty, the West African drum. His wife, K. C. Sarr, traveled abroad widely before going out to Africa for academic studies in International Economic Development. She spent a summer studying small farmers in Nigeria and a year and a half studying rice production and transport in Senegal. She went on to work on economic development projects in Mauretania, Senegal, The Gambia, Guinea, and Somalia. Together they will relate their experiences of life with the family in Senegal and their work in other African countries.

In 2014, three FFSFBA members traveled to Kenya for home stays in two villages and rolled up their sleeves for some humanitarian projects. Ron Ragon and his wife, Joy, along with their friend, Judy Pemberton, traveled several hours away from Nairobi to learn about life in the rural villages. They observed the leadership roles of the women and the serious emphasis on education for the children in their host households. To provide an economic boost to some of the rural families, they had the pleasure of handing over young goats, along with proper medication to keep them healthy. They also helped in the construction of a pre-school. Ron will be showing a selection of images from these down home highlights as well as their trips into the beautiful Rift Valley and their adventures on safari.

The public is invited to attend this celebration of 38 years experiencing countries and cultures different from ours.

World Friendship Fair
Sunday, Mar 1
1 p.m.
Milpitas Library
160 North Main St, Milpitas
Info: (510) 793-3676
This is not a library-sponsored event
Free

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The “NO” List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

Hayward Arts Council

22394 Foothill Blvd., Hayward
510-538-2787
www.haywardarts.org
Open Thurs., Fri., Sat., 10am-4pm
Promotes all the arts & encourages local artists in all art mediums.
Foothill Gallery, John O’Lague Gallery, Hayward Area Senior Center Exhibit Hall. All FREE- open to public.

Fremont Area Writers

Want to write?
Meet other writers?
Join us from 2-4 p.m.
every fourth Saturday
except July and December.
Rm. 120 at DeVry University,
6600 Dumbarton Circle, Fremont
Call Shirley at (510) 791-8639
www.cwc-fremontareawriters.org

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Scientist, Fremont

Sunday Service 10am
Sunday School 10am
Wed. Eve Service 7:30pm
Chld Care is available all services. Reading Room Open
Monday - Friday 1-3pm
1351 Driscoll Rd., Fremont
510-656-8161

Alder Ave. Baptist Church
4111 Alder Ave., Fremont

Serving GOD Southern Baptist
Traditon - Pastor-Randy Walters
Sunday Bible Study -9:30am
Worship Service - 11am
Community Sing-Along
First Friday every month
510-797-330
www.Alderavenuebaptist.com

New Dimension Chorus
Men’s 4 Part Vocal
Harmony In the

“Barbershop” style
Thursdays at 7pm
Calvary Luther Church
17200 Via Magdalena
SanLorenzo
Contact: ndchorus.org
510-332-2481

Little Lamb Preschool
Open House
Saturday, March 14

Everyone invited - meet staff and see class rooms. Free ice cream sundaes. Information on Fall enrollment. Drop in between 1pm-4pm
505 Driscoll Rd., Fremont
www.littlelambpreschoolbcc.org

Help with Math & Reading

You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child.
Contact 510-797-2703
dla_aarp_4486@yahoo.com

Rotaract Club of Greater Fremont
Community service & business club for young professionals and students ranging from ages 18 to 30. Meetings on 1st & 3rd Wednesdays at 7 pm.
Find our events on
meetup.com/rotaractfremont

AMERICAN LEGION
POST 837

Meets third Tuesday each month - 6:30-8:30pm
Social, Program,
General Meeting
Historic Niles Veterans Hall
2nd & E. Street, Fremont
www.POST837.org
ALL VETERANS WELCOME

The League of Women
Voters invites you to
visit our website at
www.lwvfncuc.org

You'll find valuable information about your community and voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are non-partisan and free to the public.

TRI-CITY
DEMOCRATIC FORUM
MEETING
Every Third Wednesday
7:00 pm

Chandni Restaurant
5748 Mowry School Rd
Newark, CA 94560
http://www.tricitydems.com/

Tri-City Ecology Center

Your local environmental leader!
Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects.
www.tricityecology.org
Office open Thursdays, 11am-2pm
3375 Country Dr., Fremont
510-793-6222

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International Tri-Cities

Improving the lives of women and girls in our community and throughout the world.
Meetings: Third Monday every month at 6:00pm
Papillon Resturant
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Call 510-621-7482
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American Business
Women’s Assoc

provides opportunities for women personally & professionally thru leadership, education, networking
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Call Ola at 408-393-2591
www.abwa-pathfinder.org

Fremont Cribbage Club

teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville
Email:Accgr43@gmail.com
American Cribbage Congress
www.cribbage.org

Come Join Us
Tri Cities Women’s Club

Meets on the third Tuesday
Elk’s Club on Farwell Dr.
9:30 – Cards, 12:00 – Lunch
1:00 – Program and Meeting
We also have bridge, walking,
Gourmet dining groups,
And a book club.
For info. Call 510-656-7048

Afro-American Cultural &
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Sharing ur culture and history in the Tri-Cities and surrounding area
Meetings: Third Saturday 5:30pm in member homes
Contact: 510-793-8181
www.aachis.com
We welcome all new members

SparkPoint Financial Services
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SparkPoint Info Session
3rd Thursday, 6-7pm
City of Fremont
Family Resource Center
To reserve a seat: 574-2020
Fremont.gov/SparkPointFRC

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Drinking?

Help is Here!
Al-Anon/Alateen Family Groups
No cost program of support for people suffering from the effects of alcoholism in a friend or loved one.
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www.ncwsa.org

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August—visitors from Brazil
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www.thefriendshipforce.org
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\$40.00, All materials provided
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1/24, 2/28, 3/28, 4/25
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www.fremontartassociation.org
510.792.0905

Fremont Art Association

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experience is not necessary.
Held Saturdays 11:30 – 1:30
1/24, 2/28, 3/28, 4/25
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QUALITY FREE TAX PREP
IRS-Certified Tax Preparers
\$53,000 or less
household income

Other restrictions may apply
Saturdays: Feb 7 to Apr 11, 2015
10 am – 1 pm (Closed Mar 14)
At Union City Library
34007 Alvarado-Niles Road
Union City
510-574-2020 for more info

QUALITY FREE TAX PREP
IRS-Certified Tax Preparers
\$53,000 or less
household income

Other restrictions may apply
Tuesdays: Feb 3 to Apr 14, 2015
10 am – 1 pm -
by Appointment Only
At Tri-City Volunteers
37350 Joseph Street Fremont
Sara Govea at 510-793-4583

FREMONT COIN CLUB

Established 1971
Meets 2nd & 4th Tues 7pm
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510-792-1511

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Fremont Family Resource Center
39155 Liberty St, Fremont
Open: Feb 2 to Apr 15, 2015
Monday & Wednesday: 4 pm - 8 pm
Friday: 10 am - 1 pm
Closed 2/16/1-President’s Day
510-574-2020 for more info

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IRS-Certified Tax Preparers
\$53,000 or less
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Other restrictions may apply
Saturdays: Feb 7 to Apr 11, 2015
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Drop-in, no reservations needed
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www.save-dv.org

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(510) 794-6055 for details
www.save-dv.org

SAVE’s Empowerment
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Empowerment Ctr (510) 574-2250
1900 Mowry Ave, #201
Fremont. www.save-dv.org

QUALITY FREE TAX PREP
\$53,000 or less
household income

Other restrictions may apply
Saturdays: Feb 7 to Apr 11, 2015
10 am – 1 pm (Closed Mar 14)
At Holly Community Center
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Union City, CA 94587
Call 510-574-2020 for more info

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510-581-1074
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Dorthycastillo61@yahoo.com

Mission SJ High
Booster Club Crab & Pasta
Feed-All you can Eat
Sat - Feb 28 - 6-10pm

Mission San Jose High - Main
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Stoic Philosophy in the
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The Redwood Stoa Hosts a study group for those interested in the philosophy of the ancient Stoics and how it can be applied to modern life. Learn more at
https://redwoodstoa.wordpress.com/
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http://www.meetup.com/the-Redwood-stoa

Tri-City Society of
Model Engineers

The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site:
www.nilesdepot.org

Classifieds Deadline: Noon Wednesdays
(510) 494-1999 | www.tricityvoice.com

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Patient care volunteers provide a variety of supportive services to terminally ill patients and their families such as respite care for caregiver, companionship to the patient, run errands, do light housework and so much more! Life Springs Hospice serves the Alameda, Contra Costa, Santa Clara and San Mateo county communities.

For more information about becoming a patient care volunteer, please contact

Dawn Torre, Volunteer Coordinator
1-888-493-0734 or 510-933-2181
volunteer@lifespringshospice.com

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Union City City Council Meeting

February 10, 2015

Presentations and Proclamations:

- Presentation of Alameda County Probation Department plan
 - Proclamations honoring volunteers Jack Sands and Polly Olson for outstanding contributions to the Ruggieri Senior Center.
 - Recognize Property & Evidence Clerk Lorril Fong-Jean as 2014 Public Safety Employee of the Year recipient.
 - Proclamation for Memorial Day of Vietnamese Boat People accepted by Truong Cong Thahn of the Hai Nuahn Association of Northern California.
- Consent:**
- Adopt the following ordinances regarding zoning and parking standards of mixed-use districts and development agreement on 11th street respectively.
 - Adopt a resolution to award contract to Western Truck Fabrications to outfit three public work vehicles in the amount of \$35,065.49.
 - Adopt a resolution authorizing investments of monies in the

- State of California Local Agency Investment Fund.
- Adopt a resolution establishing signatory authorizations for cash deposits with Bank of the West and Fremont Bank and authorization to transfer funds using online banking services for checks in excess of \$25,000.
 - Adopt a resolution amending the city's compensation plan effective March 1, 2015 for unrepresented part-time leisure services employees to address the increase in California's minimum wage.
- Item Removed From Consent:
Adopt a resolution to approve a quitclaim of an unusable emergency vehicle access easement at 4400 Horner Street.
- City Manager Report:**
- Increase minimum reserve level of City's general fund budget from 7.5% to 20% and appropriate an additional \$3 million to general fund.
- Mayor Carol Dutra-Vernaci: Aye
Vice Mayor Jim Navarro: Aye
Emily Duncan: Aye
Lorrin Ellis: Aye
Pat Gacoscos: Aye

Hayward City Council

February 10, 2015

Consent:

Council adopted the ordinance authorizing execution of amendment to the Mount Eden Business and Sports Park Community Development Agreement relating to Legacy Eden Shores to extend the terms of agreement by five years to October 28, 2019. The project is generally located West of Hesperian Boulevard and East of Marina Drive, between Industrial Boulevard and Eden Park Place. An extension was requested due to the economic recession, and would allow more time for completion. Aside from residential units, the proposal also included providing future regional commercial, neighborhood retail, and business park office space on undeveloped land, according to staff report.

Legislative Business:

Council adopted the ordinance repealing Ordinance No. 13-24 and associated amendments to the 2013 California Plumbing Code, and establishing a Plumbing Code for the city of Hayward, regulating the construction, alteration, repair, and

maintenance of plumbing. The ordinance was introduced on the February 3, 2015 Council meeting, allowing the use of plastic pipes to be consistent with the 2013 California Plumbing Code. (Zermeño – Nay)

Mayor Barbara Halliday	Aye
Mayor Pro Tempore Greg Jones	Aye
Francisco Zermeño	Aye, 1 Nay
Marvin Peixoto	Aye
Al Mendall	Aye
Sara Lamnin	Aye
Elisa Márquez	Aye

San Leandro Police Log

SUBMITTED BY
SAN LEANDRO PD

Saturday, January 25

At 3:30 a.m., a witness called San Leandro Police Department (SLPD) to report suspects breaking into cars parked in the Safeway parking lot at 555 Bancroft Ave. As officers arrived, they spotted two juveniles from Oakland near a car in the parking lot. A third juvenile was found seated in the driver's seat of stolen vehicle parked nearby. In addition to the stolen car, investigating officers found two cars in the parking lot that they believed had been burglarized by the juveniles. The juveniles ages 15, 16 and 17

were from Oakland and were taken into custody on suspicion of auto burglary and auto theft. They were later transported to the Alameda County Juvenile Justice Center in San Leandro.

Monday, January 26

A resident in the 1400 block of Dayton Avenue returned home to find that her house had been burglarized earlier in the day while she was gone. Electronics, including a laptop computer and gaming station were stolen, along with several items of jewelry. Officers began their investigation and developed information about the suspects responsible for the crime. That night, police contacted 19-year-old Justin Lee of

San Leandro and found him to be in possession of items stolen from the residence. He was arrested on suspicion of burglary and later transported to Santa Rita Jail in Dublin. The next afternoon at 4:20 p.m., the same officers were searching for additional suspects responsible for the burglary and stopped a 2015 Volvo XC60 in the 15200 block of Farnsworth Avenue. Officers determined that the vehicle had been reported stolen from the McKevitt Volvo dealership in San Leandro and arrested 21-year-old Jade Fields of Hayward and 18-year-old Dennis Turner, without incident. The officers searched the stolen vehicle and found items that had been stolen from the Dayton Avenue burglary the day before. They also found counterfeit U.S. currency, and an ounce of marijuana inside. Officers and detectives worked together and recovered some of the stolen property. The stolen vehicle was returned to McKevitt Volvo. The three men have been criminally charged by the Alameda County District Attorney for charges including burglary and probation violations.

Saturday, January 31

At 1:15 a.m., a resident in the 2800 block of Darius Way left his house to take his dog for a walk, when he saw the door to his dad's

Chevy Suburban parked in the driveway, slightly ajar. This was unusual, so the resident went to investigate. He saw 23-year-old Corey Ogden of Oakland run from the driver's seat of the vehicle and run away. The resident gave chase and tackled Ogden down the street and held him until police arrived. Ogden was found to be on probation and was arrested on suspicion of auto burglary and for violating his probation.

Sunday, February 1

At 12:30 a.m., an officer in an unmarked patrol car was driving in the 14200 block of E 14th Street when he spotted a brown 2013 Chevy Camaro driving toward him without its headlights on. The officer turned around and attempted to stop the vehicle for the violation, but the driver didn't stop. The officer followed the vehicle for several blocks with his emergency lights and siren on, expecting it to pull over, but it didn't. As the Camaro turned onto Sybil Avenue, it immediately accelerated and led the officer on a short pursuit. The officer terminated the chase after the vehicle turned onto Grand Avenue and the officer lost sight of it. The officer contacted the registered owner of the car, who resides in the 1200 block of Fordham Avenue, and learned

that the car had been stolen about 2 hours earlier by an unknown suspect.

Monday, February 2

At 3:20 a.m., officers responded to the 14400 block of E. 14th Street after receiving reports that an infant was walking in the parking lot, screaming for his mother. When officers arrived, they were contacted by another apartment resident, who told them that he recognized the boy as living in the apartment complex and returned him to his apartment. He found the door unlocked and let the infant walk inside without confirming whether or not a parent was present. The man directed officers to the apartment, who also found the front door unlocked. They went inside to check the child's welfare and to locate a parent. They found the 37-year-old mother passed out on the kitchen floor and no other adults inside. Police believe that the mother had overdosed on drugs. Emergency Medical Services personnel responded and transported the mother to the hospital for medical treatment. Officers found the conditions of the apartment to be unsuitable for an infant and conducted an investigation. The infant was medically examined and transported to Child Protective Services.

PUBLIC NOTICES

PLANNING COMMISSION OF THE CITY OF UNION CITY
NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held by the Planning Commission of the City of Union City for the purpose of considering the following:

Municipal Code Amendment (AT-15-001)

The City of Union City is proposing to modify Title 18, *Zoning*, of the Municipal Code and Chapter 9.34, *Regulations for Massage Establishments and Massage Technicians*, to:

- Distinguish massage establishments from general personal service uses in commercial zoning districts and require a conditional use permit process for massage establishments;
- Update regulations pertaining to massage licensing and performance standards consistent with recent changes to State law; and
- Distinguish indoor theaters that sell alcoholic beverages from those that do not sell alcoholic beverages and require a conditional use permit process for indoor theaters that sell alcoholic beverages.

NOTICE IS ALSO GIVEN that the Planning Commission will consider a proposed California Environmental Quality Act (CEQA) determination that the proposed amendments are exempt from environmental review in accordance with CEQA Guidelines Section 15061(b)(3), the general exemption for projects with no potential for significant effect on the environment.

This item will be heard at a public hearing by the Planning Commission at the meeting listed below. The project planner, Avalon Schultz, can be reached at (510) 675-5321. You may attend the meeting and voice your comments or you may submit comments in writing to avalons@unioncity.org.

PLANNING COMMISSION MEETING
Thursday, March 5, 2015

Said hearing will be held at 7:00 p.m.
In the Council Chambers of City Hall,
34009 Alvarado-Niles Road, Union City.

The Planning Commission meeting packet, which includes the meeting agenda and staff report for this project, can be accessed on-line on the City's Agendas and Minutes webpage which is located at <http://www.ci.union-city.ca.us/departments/city-manager-s-office/city-clerk/agendas-and-minutes>. Meeting packets are generally available on-line the Friday before the meeting.

City Hall is accessible by Union City Transit lines 1, 3, 5, 6, 8, 9 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please call Union City Transit at (510) 471-1411 and AC Transit or BART at 511. Union City Transit maps and schedules are available at www.uctransit.org.

If you challenge the above described project in court, you may be limited to raising only those issues you or someone else raised at the Planning Commission public hearing for this project or the City Council public hearing described in this notice, or in written correspondence delivered to the Planning Commission or to the City Council at, or prior to, the public hearing.

JOAN MALLOY
Economic & Community Development Director

CNS#2718490

CIVIL

**ORDER TO SHOW CAUSE
FOR CHANGE OF NAME**

Case No. HG15757599

Superior Court of California, County of Alameda
Petition of: Daljit Kaur Dhalwal for Change of Name

TO ALL INTERESTED PERSONS:

Petitioner Daljit Kaur Dhalwal filed a petition with this court for a decree changing names as follows:

Daljit Kaur Dhalwal to Daljit Kaur Bahrey

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 4/17/15, Time: 9:00 a.m., Dept.: 503
The address of the court is 24405 Amador St., Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening, Tri-City Voice, Fremont

Date: Feb. 5, 2015
WINIFRED Y. SMITH
Presiding Judge of the Superior Court
2/17, 2/24, 3/3, 3/10/15

CNS-2718228#

SUMMONS

(CITACION JUDICIAL)

CASE NUMBER (Número del Caso):

HG14740597

NOTICE TO DEFENDANT (AVISO AL DEMANDADO): RANDY BAKER, and DOES 1 through 10, inclusive,

YOU ARE BEING SUED BY PLAINTIFF (LO ESTÁ DEMANDANDO EL DEMANDANTE): JEFFERSON CAPITAL SYSTEMS, LLC.

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the court-house nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association.

NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will close the case.

AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.

Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) o poniéndose en contacto con la corte o el colegio de abogados locales. **AVISO:** Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 o más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desear el caso.

The name and address of the court is (El nombre y dirección de la corte es): Superior Court of Calif.-County of Alameda - Hayward Civil Court, Hayward Hall of Justice, 24405 Amador St., Hayward, CA 94544

The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): Alicia B. Tomolo, Esq., 3080 S. Durango Dr., Suite 207, Las Vegas, NV 89117 (702) 946-9440

DATE (Fecha): September 1, 2014
Leah T. Wilson, Executive Officer/Clerk (Secretario), by Classie Roberts, Deputy (Adjunto)

(SEAL)
NOTICE TO THE PERSON SERVED: You are

served as an individual defendant.

2/17, 2/24, 3/3, 3/10/15

CNS-2717248#

**ORDER TO SHOW CAUSE
FOR CHANGE OF NAME**

Case No. HG15757781

Superior Court of California, County of Alameda
Petition of: Manvinder Singh Oberai for Change of Name

TO ALL INTERESTED PERSONS:

Petitioner filed a petition with this court for a decree changing names as follows:

Manvinder Singh Oberai to Manvinder Singh Oberoi

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 4/24/2015, Time: 8:45 AM, Dept.: 503
The address of the court is 24405 Amador St., Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice

Date: Feb. 9, 2015
Winifred Y. Smith
Judge of the Superior Court
2/17, 2/24, 3/3, 3/10/15

CNS-2716910#

FICTITIOUS BUSINESS

NAMES

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 501285

Fictitious Business Name(s):
Hathi Brand Foods Inc, 30315 Union City Blvd, Union City, CA 94587, County of Alameda

Registrar(s):
Hathi Brand Foods Inc, 30315 Union City Blvd, Union City, CA 94587; California

Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Sanjay Birla, VP=Vice President

This statement was filed with the County Clerk of Alameda County on February 11, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/17, 2/24, 3/3, 3/10/15

CNS-2718285#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 501185

Fictitious Business Name(s):
West Coast Auto Sales, 400 Mowry Ave., Fremont, CA 94536, County of Alameda

Registrar(s):
Tej Bahader Singh Mushiana, 2904 Begonia St., Union City, CA 94587

Shamsher Mushiana, 32885 Arbor Vine Dr., Union City, CA 94587

Business conducted by: a Limited partnership
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Tej Bahader Singh Mushiana, Partner

This statement was filed with the County Clerk of Alameda County on February 9, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/17, 2/24, 3/3, 3/10/15

CNS-2717626#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 500996

Fictitious Business Name(s):
House of Wisdom Micro Roastery, 4231 Queen Anne Dr., Union City, CA 94587, County of Alameda

Registrar(s):
Mark Reyes Sison, 4231 Queen Anne Dr., Union City, CA 94587

Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Mark Sison

This statement was filed with the County Clerk of Alameda County on February 4, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/17, 2/24, 3/3, 3/10/15

CNS-2717623#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 501236

Fictitious Business Name(s):
Alina Beauty Salon, 37477 Fremont Blvd., Suite D, Fremont, CA 94536, County of Alameda

Registrar(s):
Sossan Masrou, 4036 Beloveria Ct. #5, Fremont, CA 94536

Ramika Ghulam Yahya, 4101 Broadmoor Common #213, Fremont, CA 94538

Business conducted by: a General Partnership
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Ramika

This statement was filed with the County Clerk of Alameda County on February 10, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/17, 2/24, 3/3, 3/10/15

CNS-2717619#

**STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME**

File No. 441901

The following person(s) has (have) abandoned the use of the fictitious business name:

Professional Tax Services, 43153 Luzon Dr, Fremont, CA 94539

The Fictitious Business Name Statement for the Partnership was filed on 8-18-10 in the County of Alameda.

Vincent Saponara, 43153 Luzon Dr, Fremont, CA 94539

This business was conducted by:

This statement was filed with the County Clerk of Alameda County on February 5, 2015.

2/17, 2/24, 3/3, 3/10/15

CNS-2717281#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 500593

Fictitious Business Name(s):
Professional Tax Services, 2450 Peralta Blvd Suite 208 Fremont CA 94536, County of Alameda

Registrar(s):
Neil Narvaez, 36044 Toulouse St., Newark CA 94560

Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Neil Narvaez

This statement was filed with the County Clerk of Alameda County on January 26, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/17, 2/24, 3/3, 3/10/15

CNS-2717278#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 500351

Fictitious Business Name(s):
Palladium Pool & Spa Services, 35545 Provance St, Newark, CA 94560, County of Alameda; Mailing Address: 1180 Beech St., E. Palo Alto, CA 94303

Registrar(s):
Jose Cortez, 35545 Provance St., Newark, CA 94560

Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Jose Cortez

This statement was filed with the County Clerk of Alameda County on January 20, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/17, 2/24, 3/3, 3/10/15

CNS-2717270#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 500848

Fictitious Business Name(s):
Kurdoor Protection, 32981 Lake Huron St., Fremont, CA 94555, County of Alameda

Registrar(s):
Jeffery Wang, 32981 Lake Huron St., Fremont, CA 94555

Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Jeffery Wang

This statement was filed with the County Clerk of Alameda County on February 2, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/17, 2/24, 3/3, 3/10/15

CNS-2717176#

**STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME**

File No. 489065

The following person(s) has (have) abandoned the use of the fictitious business name: **Sala De Belleza Universal, 37477 Fremont Blvd., Suite D, Fremont, CA 94536**

The Fictitious Business Name Statement for the Partnership was filed on 3/12/14 in the County of Alameda.

Ena Edith Martinez, 37477 Fremont Blvd., Suite D, Fremont, CA 94536

This business was conducted by:

S/ Ena Edith Martinez

This statement was filed with the County Clerk of Alameda County on February 6, 2015.

2/17, 2/24, 3/3, 3/10/15

CNS-2716783#

**FICTITIOUS BUSINESS
NAME STATEMENT**

File No. 500925-26

Fictitious Business Name(s):
1. Presidential Wine Club, 2. Sunpulse Motors, 1063 Adana Terr., Union City, CA 94587, County of Alameda

Registrar(s):
Keylink Inc., 1063 Adana Terrace, Union City, CA 94587; California

Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Eric C. Braa, CEO

This statement was filed with the County Clerk of Alameda County on February 3, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

PUBLIC NOTICES

to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/3, 2/10, 2/17, 2/24/15

CNS-2712300#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 500615

Fictitious Business Name(s):
Arbitots Day Care, 1501 Decoto Rd., Apt. 247, Union City, CA 94587, County of Alameda

Registrant(s):
Angelica Turingan, 1501 Decoto Rd., Apt. 247, Union City, CA 94587

Business conducted by: an Individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Angelica Turingan

This statement was filed with the County Clerk of Alameda County on January 26, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/3, 2/10, 2/17, 2/24/15

CNS-2712208#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 500498

Fictitious Business Name(s):
Tangram Architecture Studio, 33636 Caliban Dr., Fremont, CA 94555, County of Alameda

Registrant(s):
Zhen Cao, 33636 Caliban Dr., Fremont, CA 94555

Business conducted by: an Individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Zhen Cao

This statement was filed with the County Clerk of Alameda County on January 23, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date

on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/3, 2/10, 2/17, 2/24/15

CNS-2712049#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 500303

Fictitious Business Name(s):
Aloha Espresso Bar, 2500 Mowry Ave., Fremont CA 94538, County of Alameda

Registrant(s):
Wade Tamura, 411 Gateway Drive, #28, Pacifica CA 94044

Business conducted by: an Individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Wade Tamura

This statement was filed with the County Clerk of Alameda County on January 16, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/27, 2/3, 2/10, 2/17/15

CNS-2709488#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 486937

The following person(s) has (have) abandoned the use of the fictitious business name: **New Shine Trucking, 4222 Central Ave #27, Fremont, CA 94536**

34102 Laner Way, Union City, CA 94587

The Fictitious Business Name Statement for the Partnership was filed on 01/16/2014 in the County of Alameda.

Balihar Singh, 34102 Laner Way, Union City, CA 94587

This business was conducted by: S/ Balihar Singh

This statement was filed with the County Clerk of Alameda County on January 14, 2015

1/27, 2/3, 2/10, 2/17/15

CNS-2708903#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 499985

Fictitious Business Name(s):
Seventh Street Group, LLC, 1155 Third Street, Suite 230, Oakland, CA 94607, County of Alameda

Registrant(s):
Seventh Street Group, LLC, 1155 Third Street, Suite 230, Oakland, CA 94607; CA

Business conducted by: a Limited liability company

The registrant began to transact business using the fictitious business name(s) listed above on 05/09/2014

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Thomas McCoy, Manager of Seventh Street Group, LLC

This statement was filed with the County Clerk of Alameda County on January 8, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/27, 2/3, 2/10, 2/17/15

CNS-2708705#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 499611

Fictitious Business Name(s):
Snapbox, 39939 Stevenson Cmn, #3059, Fremont, CA 94538, County of Alameda

Registrant(s):
Renz Martin A. Reyes, 39939 Stevenson Cmn, #3059, Fremont, CA 94538

Business conducted by: an Individual

The registrant began to transact business using the fictitious business name(s) listed above on n/a

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Renz Martin Reyes

This statement was filed with the County Clerk of Alameda County on December 29, 2014

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself autho-

rize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/27, 2/3, 2/10, 2/17/15

CNS-2708701#

GOVERNMENT

PLANNING COMMISSION OF THE CITY OF
UNION CITY
NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the Planning Commission will hold a public hearing for the purpose of considering Administrative Site Development Review (ASD-14-019). The applicant, Eric Sarbib, is seeking City approval of Administrative Site Development Review (ASD-14-019) to construct a new ±2,083 square-foot single-family, two story house plus a ±638 square-foot attached second unit on the ground floor. The development would also include a ±515 square-foot attached two car garage. The vacant 5,193 square-foot site is located on Depot Road, between "C" Street and "D" Street (APN: 486-0021-035-07) in the R 5000 (Residential Single Family) Zoning District.

NOTICE IS ALSO GIVEN that the Planning Commission will consider a proposed California Environmental Quality Act (CEQA) determination that the project be exempt under Section 15303, Class 3, New Facilities, of the California Environmental Quality Act (CEQA).

This item will be heard at a public hearing by the Planning Commission at the meeting listed below. You may attend the meeting and voice your comments or you may submit your comments in writing to Nancy Hutar, Project Planner, at nancyh@unioncity.org.

PLANNING COMMISSION MEETING
Thursday, March 5, 2015

Said hearing will be held at 7:00 p.m. In the Council Chambers of City Hall, 34009 Alvarado-Niles Road, Union City.

The Planning Commission meeting packet, which includes the meeting agenda and staff report for this project, can be accessed on-line on the City's Agendas and Minutes webpage which is located at <http://www.ci.union-city.ca.us/departments/city-manager-s-office/city-clerk/agendas-and-minutes>. Meeting packets are generally available on-line the Friday before the meeting.

City Hall is accessible by Union City Transit lines 1, 3, 5, 6, 8, 9 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please call Union City Transit at (510) 471-1411 and AC Transit or BART at 511. Union City Transit maps and schedules are available at www.ucrttransit.org.

If you challenge the above described project in court, you may be limited to raising only those issues you or someone else raised at the Planning Commission public hearing for this project or the City Council public hearing described in this notice, or in written correspondence delivered to the Planning Commission or to the City Council at, or prior to, the public hearing.

JOAN MALLOY
Economic & Community Development Director
2/17/15

CNS-2718112#

PLANNING COMMISSION OF
THE CITY OF UNION CITY
NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the Planning Commission will hold a public hearing for the purpose of considering Administrative Site Development Review (ASD-15-004) and Use Permit (UP-15-003). The applicant, Verizon Wireless, is seeking City approval of Administrative Site Development Review (ASD-15-004) and Use Permit (UP-15-003) to co-locate cellular antennas on an existing light pole at the athletic fields and to construct an equipment area to house the cellular equipment. The site is located at Logan High School, at 34200 Alvarado-Niles Road (APN: 486-0051-004-002) in the CF (Community Facilities) Zoning District.

NOTICE IS ALSO GIVEN that the Planning Commission will consider a proposed California Environmental Quality Act (CEQA) determination that the project be exempt under Section 15303, Class 3, New Facilities, of the California Environmental Quality Act (CEQA).

This item will be heard at a public hearing by the Planning Commission at the meeting listed below. You may attend the meeting and voice your comments or you may submit your comments in writing to Nancy Hutar, Project Planner, at nancyh@unioncity.org.

PLANNING COMMISSION MEETING
Thursday, March 5, 2015

Said hearing will be held at 7:00 p.m. In the Council Chambers of City Hall, 34009 Alvarado-Niles Road, Union City.

The Planning Commission meeting packet, which includes the meeting agenda and staff report for this project, can be accessed on-line on the City's Agendas and Minutes webpage which is located at <http://www.ci.union-city.ca.us/departments/city-manager-s-office/city-clerk/agendas-and-minutes>. Meeting packets are generally available on-line the Friday before the meeting.

City Hall is accessible by Union City Transit lines 1, 3, 5, 6, 8, 9 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please call Union City Transit at (510) 471-1411 and AC Transit or BART at 511. Union City Transit maps and schedules are available at www.ucrttransit.org.

If you challenge the above described project in court, you may be limited to raising only those issues you or someone else raised at the Planning Commission public hearing for this project or the City Council public hearing described in this notice, or in written correspondence delivered to the Planning Commission or to the City Council at, or prior to, the public hearing.

JOAN MALLOY
Economic & Community Development Director
2/17/15

CNS-2718102#

Fremont Police Log

SUBMITTED BY GENEVA
BOSQUES, FREMONT PD

Friday, February 6

Officers investigated a residential burglary in the 45000 block of Potawatami Drive. Losses are iPad and jewelry. Point of entry was the interior garage door.

Officers responded to an armed robbery that had just occurred at Wells Fargo located on the 5100 block of Mowry Avenue. The suspect was described as a tall black male, approximately 40 years old, and armed with a handgun. The suspect was last seen running westbound on Mowry Avenue.

Saturday, February 7

A victim arrived in the front lobby to report that another driver brandished a rifle at him after a road rage incident that occurred on Friday, February 6, 2015. The victim decided to report the incident after spotting the suspect vehicle parked in a neighborhood. The suspect was subsequently identified as a 52-year-old adult male. The male was detained without incident. Several air guns were located at his residence during a consent search. The 52-year-old was booked for criminal threats and brandishing a weapon. Case was investigated by Officer Cattasi and Field Training Officer (FTO) Layfield.

A lone suspect entered Haller's Pharmacy wearing a black mask and demanded that the clerk fill a plastic bag with cough syrup. The clerk feared for his safety and complied. The suspect was described as an unknown race male who was wearing a mask. Case was investigated by Officer Huiskens.

Officers investigated a front door window smash that occurred at Mr. Taco on Decoto Road. The suspect was described as a Hispanic or black male adult, wearing a grey hoodie, dark blue jeans, carrying a green bag and riding a bike. Case is investigated by Officer Piol.

Sunday, February 8

A car dealership on Autumall Circle determined that five days was not a reasonable amount of time for a test drive. Officer O'Neal attempted to

locate and recover the stolen electric vehicle but was unable to find it. Missing is a 2014 BMW I-3 electric car with paper plates.

At approximately 6:30 p.m., a resident on Corte San Pablo arrived home and interrupted two males who were burglarizing the residence. One of the males showed the home owner the handle of a gun as both suspects fled. Both suspects were described as being short white male adults. One was approximately 30 years old, wearing a white colored t-shirt and blue jeans.

Monday, February 9

Officers T. Roberts and Cenicerros investigated another scam where the victim received a call from someone identifying themselves as being with Immigration. The caller threatened to harm the victim if the money was not paid. The victim complied with the suspect's demands and transferred \$4,200 to the suspect.

A male and female couple got into the check-out line at Rite Aid after shopping for toiletries. Rather than paying the clerk, the male suspect put his hand in his pocket to simulate a handgun and demanded money from the register. The clerk was unable to open the cash drawer and the suspects fled prior to police arrival. Case was investigated by Officer Forsberg and FTO Macciola.

Two suspects entered Safeway at Fremont Hub, unlocked the high-priced locker filled with alcohol and loaded 25 bottles of top shelf liquor into four carry-out baskets. An employee recognized these same suspects from a similar burglary from several weeks ago and called Fremont Police Department (FPD). The suspects fled in a vehicle just prior to police arrival but witnesses were able to provide a good vehicle description and direction of flight. Officers caught up to the vehicle near Mowry Avenue and Blacow Road and initiated a stop. The suspects were positively identified and all of the high end alcohol was recovered. A 21-year-old adult male and a 22-year-old adult male were arrested for burglary. Case is investigated by

Officer Forsberg and FTO Macciola.

Tuesday, February 10

Officer Ehling was detailed to Cochise Court regarding two subjects in the reporting party's backyard. When the subjects saw the homeowner, they fled. Subjects were described as males with long hair wearing yellow shirts. The area was checked but the two subjects were not located.

Wednesday, February 11

Officers responded to a disturbance at a house on Richmond Avenue that was eventually determined to be an assault with a deadly weapon. The victim and suspect were no longer on scene when officers arrived, but the victim eventually made his way to Fremont Jail. The victim was struck in the head with a hard object and suffered minor injuries. Officers were following up on this case.

Officers responded to an explosion at a house on Leslie Street. An exploded gasoline can was in the middle of the street. The investigation led to a 29-year-old adult male transient, who was found near Fremont Hub with burns and was transported to a local hospital. Detective MacDonald was notified and was assisting with the investigation. Officers Norsberg and Macciola were primary investigators.

Thursday, February 12

Officers responded to Pawnee Drive after a resident called to report that he had just interrupted his home being burglarized. The resident had left his home to go for a walk and upon his return he heard the suspect(s) exiting through the rear slider. The victim could not provide a description of the suspect(s).

At approximately 8:20 p.m., an armed robbery occurred at the Northgate Savoy Apts (3800 block of Darwin Dr). The victim was robbed of his phone and wallet after being pistol whipped on the back of the head. The victim refused medical attention. The suspect is described as a black male, 17-20 yrs old, clean shaven, wearing a dark gray hoody, black pants and was armed with a pistol.

Department of Toxic Substances Control

February 2015

Public Notice

The mission of DTSC is to protect California's people and environment from harmful effects of toxic substances through the restoration of contaminated resources, enforcement, regulation and pollution prevention

FIVE-YEAR REVIEW REPORT UPRR CORRIDOR SITE FREMONT, CALIFORNIA

The Department of Toxic Substances Control (DTSC) is distributing this notice to inform the community that we will be conducting a Five-Year Review at the UPRR Corridor Site (Site). The current remedy involves maintenance of a cap that prevents contact with contaminated soil along a former railroad corridor and associated soil consolidation areas. The purpose of the Five-Year Review is to determine if the current remedy in place continues to be protective of human health and the environment.

The Site extends from approximately 500 feet north of Paseo Padre Parkway, south to Washington Boulevard in the vicinity of Driscoll and Osgood Roads. The Site is currently developed as a recreational trail and emergency access route along the main corridor and two consolidation areas are located in the roadway embankments at Driscoll and Osgood Roads near Washington Boulevard. The Site is restricted due to residual arsenic concentrations in soil. The history of the Site included use as a railroad corridor. Currently a annual site inspections are conducted to ensure proper maintenance of the capped areas.

The Five-Year Review Report details activities that have taken place at the Site in the last five years, including: annual inspections of the integrity of the cap; and submission of work plans and completion reports for utilities-related projects. A public notice will be placed in the newspaper to inform the community the completion of the report. The notice will also summarize the conclusions of the Five-Year-Review report. The report will conclude whether the cleanup at the Site protects human health and the environment.

The finished Five-Year Review report and other Site-related documents will be prepared and available for public review after **June 15, 2015** at the:

DTSC Berkeley Regional Office File room
700 Heinz Street
Berkeley, California 94710

(510) 540-3800 - Call for appointment Previous cleanup documents can be found at the information repository listed above or www.enrviostor.dtsc.ca.gov/public (type in 'Fremont' for the city and click on 'Get Report', then click on the report to bring up documents for the Site).

CONTACT INFORMATION: If you have any questions or discuss the Site, contact

Tom Price Project Manager (510) 540-3811 Thomas.Price@dtsc.ca.gov	Tammy Pickens Public Participation Specialist (916) 255-3594; 1 866-495-5651 Tammy.Pickens@dtsc.ca.gov	Sandy Nax Public Information Officer 916-327-6114 Sandy.Nax@dtsc.ca.gov
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CalEPA

DTSC

State of California

CNS#2717441

Newark Police Log

SUBMITTED BY CMDR. MIKE CARROLL, NEWARK PD

Friday, February 6

At 5:49 p.m., Officer Norvell investigated an armed robbery that occurred on Eureka Dr. The victim had just left the ATM at the Wells Fargo Bank and was getting out of his vehicle at his jobsite when he was robbed at gunpoint of his wallet, cash, and cellphone.

Officer Homayoun led a team at 7:31 p.m. to a probation search in Fremont at the residence of a former BJ's Restaurant employee that had been recently terminated for stealing the purses of coworkers. The search yielded some of the stolen items (wallets, credit cards & ID's) and Methamphetamine. Angelina Baldocchi (Age 24, of Fremont) was subsequently arrested for possessing stolen property and for possessing dangerous drugs. Baldocchi was issued a citation and released.

Saturday, February 7

At 8:02 a.m., Officer Katz located an unoccupied stolen black 2002 Ford Thunderbird parked near Lafayette Dr, and Ruschin Dr.

Officer Horst responded at 5:10 p.m. to JC Penney's for two shoplifters in custody. Alexandra Morales (Age 21, of San Francisco) and Ariella Rubio (Age 20, of Oakland) were both arrested for petty theft. Morales and Rubio were issued citation and released.

Officer Norvell arrested Raajna Naidu (Age 30, of Newark) at 5:32 p.m. for corporal injury to a spouse. Naidu was booked at Santa Rita Jail.

Officer Musanjy responded to the NewPark Mall Macy's Store at 8:18 p.m. for a shoplifter in custody. Jitu Jahi Zaire Jibade I Curry (Age 22, of Oakland) was arrested for petty theft. Jibade was issued a citation and release.

continued on page385

Newark Police Log continued from page 37

Sunday, February 8

Officer Reyes responded at 11:48 a.m. to a single vehicle collision on Gateway Blvd, near Thornton Ave, where a water main was damaged. Alameda County Water Department and Newark Public Works responded to turn off the flowing water and repair the damage.

At 1:19 p.m., Officer Katz investigated a residential burglary on Birkdale Drive.

Officer Slater and Community Service Officer Parks investigated

seven separate auto-burglaries that occurred between 5:30 p.m. – 6:30 p.m. near Stevenson Blvd.

Officer Khairy arrested Briceida Ruiz (Age 42, of Newark) for domestic battery at 8:23 p.m. Ruiz was booked at Santa Rita Jail.

Monday, February 9

Community Service Officer Verandes investigated a vehicle theft on Smith Ave. at 7:47 a.m. A silver Chevrolet 1500 pickup was taken sometime during the evening. At approximately 7:24 p.m., the victim observed the

stolen vehicle parked on Amaryllis Court. Officer Lopez recovered the vehicle, which was stripped of its stereo.

At 9:57 a.m., Community Service Officer Verandes investigated an auto burglary in the Residence Inn parking lot

Officer Nobbe is investigating the use of multiple fraudulent credit cards that occurred at Home Depot.

At 7:09 p.m., Officer Mavrakis investigated two vehicle burglaries at the Chase Suites (lo-

cated on Cedar Blvd).

Officer Smith responded to Macy's at 8:08 p.m. for a shoplifter in custody and arrested Rosetta Reid (Age 49, of San Leandro) for burglary. Reid was issued a citation and released.

Wednesday, February 11

Officer Todd investigated an auto burglary at 9:57 a.m. that took place at the Newark Pavilion (6430 Thornton Ave).

At 8:09 p.m., Officer Simon investigated two vehicle burglaries at the Newark Memorial High School.

At 8:46 p.m., Officer Schwiner investigated an attempted

burglary at Taqueria Los Gallos (located at 35232 Newark Blvd.).

Officer Kovach responded to a reported burglary at the Sycamore Bay Apartments at 9:23 p.m. A male subject was seen leaving the leasing office with a ladder. Brian Holden (Age 43, of Newark) was later contacted and detained after being found in possession of drug paraphernalia. Officer Kovach investigated and arrested Holden for burglary. Officer Kovach also located and recovered the stolen property from Holden's residence. Holden was booked at Fremont City Jail.

Hayward Police Log

SUBMITTED BY SGT. ERIC MELENDEZ, HAYWARD PD

Friday, February 6

At 1:40 p.m., a robbery occurred in a public park on the 24100 block of Mission Boulevard. Three black male adults walked up to the victim, who was sitting in his car in the park. The suspects ordered the victim to give them his property, as one of the suspects held a knife up to the victim's neck. The suspects pulled the victim out of his car, and the suspect with the knife stabbed the victim near the chin as they fought over the victim's property. The suspects took the victim's cell phone and then ran away. The suspect with the knife only got as far as a nearby fast food restaurant before he became ill and went inside seeking medical aid. An ambulance was summoned and police dispatchers noted this suspect may have been involved in the robbery, based on the victim's descriptions of the suspects and he was still in the area, contemporaneous to the crime. The suspect was arrested. The victim suffered minor injury.

At 3:00 p.m., a stolen car was recovered near Bishop Avenue and Eldridge Avenue. The victim, who recently had his car stolen, reported seeing it in the area of Schafer Park. Officers attempted to detain the suspect, who sped off and then quickly crashed into some bushes. The suspect ran away, but was caught and taken into custody.

Saturday, February 7

At 8:00 p.m., a robbery occurred on the 32000 block of Mission Boulevard. The victim was waiting for a ride in a parking lot, when he was approached by the three suspects. The suspects demanded the victim's property, as one of them pointed a knife at the victim. One of the suspects threw the victim down on the ground, as another one took the victim's property out of his pockets. Then all three suspects ran away. They were described as black male adults, about 20-40 years old, wearing dark clothing.

Monday, February 9

At 11:50 a.m., an armed robbery occurred near Harder Road and Bishop Avenue. The victim was walking his dog when the two suspects walked up and asked him for a dollar. The victim said he didn't have any money, so one of the suspects pulled out a gun and ordered the victim to take off his jacket. The suspect checked the victim's jacket pockets. After finding out the jacket pockets were empty, the suspect struck the victim on the head with the gun. The victim fell to the ground. The suspects punched and kicked him, then ran off with his jacket. The suspects were described as black male adults, about 30 years old, 6'-6'2" in height, medium builds, and has short black hair. One of them was wearing a grey hooded sweatshirt and grey sweatpants. The other suspect was wearing a Raiders jersey and black pants. The victim suffered minor injuries.

Wednesday, February 11

At 6:45 a.m., a robbery occurred on the 20800 block of Hesperian Boulevard. A female reporter and a male cameraman were filming a news piece about the Powerball Jackpot at a donut shop. As the cameraman was packing up his gear, the two suspects came up from behind him and shoved him. They forcibly took his camera and ran off. The victims were able to track the camera's location and determined it was somewhere in San Francisco.

At 6:55 a.m., an armed robbery occurred on the 1100 block of W Tennyson Road. The Hispanic male adult suspect entered a gas station, pointed a gun at the clerk and demanded money. After getting it, he ran off westbound on W Tennyson Road. The suspect was described as about 18-20 years old, with a medium build, wearing a grey hooded sweatshirt partially pulled over his face and dark pants.

IRS warns of telephone scam

SUBMITTED BY NEWARK PD

The Newark Police received information that the "IRS Telephone Scam" is again hitting the phone lines in Northern California.

The scam consists of an "agent" calling victims saying they owe money to the IRS. The "agent" demands the money be paid promptly by a pre-paid debit card. If the victim refuses, the "agent" threatens to call the police to have the victim arrested. It is not known if the con artists are working the Newark area.

If you receive a call regarding taxes owed, the IRS encourages you to do the following:

If you know you owe taxes or think you might owe taxes, call the IRS at 1 (800) 829-1040. The IRS employees at that line can help you.

If you know you don't owe taxes or have no reason to think that you owe any taxes (for example, you've never received a bill), then call and report the incident to the Treasury Inspector General at 1 (800) 366-4484.

For more information on the "IRS Telephone Scam", visit the Internal Revenue Service website at <http://www.irs.gov/uac/News-room/IRS-Warns-of-Pervasive-Telephone-Scam>.

The Newark Police Department encourages you to be alert against phone and email scams. Never give personal identifying information to anyone without first verifying the source.

As always any person with any information concerning this or any other incident can contact the non-emergency line at (510) 578-4237. Information may also be left anonymously on the "silent witness" hotline at (510) 578-4000, extension 500.

Robbery suspect arrested, thanks to alert witnesses

SUBMITTED BY SAN LEANDRO PD

San Leandro Police, with the help of alert witnesses, arrested a man on Monday, February 2, 2015, after he stole a purse and assaulted the victim near Target at Bayfair Center. At 5:30 p.m., a 24-year-old Chinese woman was walking across the pedestrian bridge from the Bayfair BART station to Bayfair Center, when she was approached from behind by the suspect, who was later arrested by police.

The victim, who stands 5'03" tall, was approached from behind by the 6'02" tall suspect, identified by police as 19-year-old Oakland resident, Rhylon Green. Green grabbed the woman's purse and the two began to struggle over it. Green eventually snatched the purse and began to repeatedly hit the victim in her head, causing a laceration to the victim.

Green walked away and began searching through the victim's purse, while she followed him, pleading for the return of the purse. Green eventually kept the victim's wallet, dropped the purse, and walked away.

Witnesses in the area called 911 to report the robbery. One witness got into her car and began to follow Green, providing updates to police, as they responded to the scene. Minutes later, Green was located on E 14th Street near Fairmont Drive, and arrested without incident.

Police presented their investigation to the Alameda County District Attorney on Wednesday, February 4, 2015, who filed charges against Rhylon Green, including robbery and assault.

"This is a prime example of citizens helping law enforcement solve crime," said Lt. Robert McManus. "Although it is alarming to hear about this type of violence, it is great to hear about witnesses becoming involved, providing police with critical information, which leads to the immediate arrest of criminals."



Possession and transportation of methamphetamines

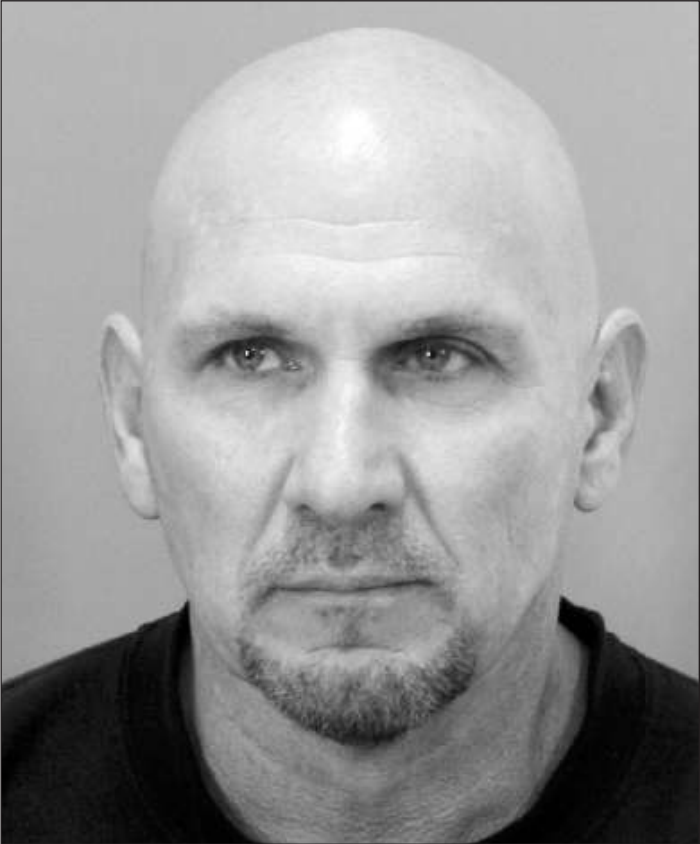
SUBMITTED BY SERGEANT MATTHEW MILLER, MILPITAS PD

On February 1, at approximately 9:44 p.m., a Milpitas Police Department officer conducted a traffic enforcement stop on a 1995 white BMW 525 for a vehicle code violation. The vehicle came to a stop in the parking lot of the Jacklin Shell Gas Station and the officer contacted the driver and sole occupant of the vehicle, later identified as Walter Henry Arney Jr., age 52, San Jose resident.

Arney displayed symptoms of being under the influence of a controlled substance and was driving the vehicle with a suspended California driver's license. Officers searched the white 1995 BMW 525 and located 7.1 grams of methamphetamine inside the trunk of the vehicle. Arney had an additional 14.7 grams of methamphetamine concealed in his pants.

After further investigation, Walter Henry Arney Jr. was booked into the Santa Clara County Jail for being in possession of methamphetamine for sales, transportation of methamphetamine, being under the influence of a controlled substance and driving a vehicle with a suspended California driver's license.

Anyone with any information regarding this investigation involving Walter Henry Arney Jr. or other similar incidents occurring in our city is encouraged to call the Milpitas Police Department at (408) 586-2400. Information can be



given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department website at: http://www.ci.milpitas.ca.gov/government/police/crime_tip.asp



RING IN THE LUNAR NEW YEAR

PHOTOS BY
KNIGHT LIGHTS
PHOTOGRAPHY

Chinese New Year, or Spring Festival, is one of the most highly anticipated celebrations not only in China but in other parts of the world. The celebrations begin on the last day of the last month of the Chinese calendar and ends with a celebration of the Lantern Festival on the 15th day of the first month in the following Chinese calendar year. The Year of the Sheep (also known as Year of the Goat or Ram) begins on Thursday, February 19.

Because the Chinese calendar is lunisolar, Chinese New Year may also be referred to as the Lunar New Year. Other countries have their own Lunar New Year celebrations such as the Vietnamese New Year (Tết), Korean New Year (Seolnal), and Japanese New Year. The celebrations become lively with lion dances, fireworks, family gatherings, traditional music, and giving red envelopes or monetary gifts.

The greater Tri-City area will also participate in the festivities:

Join us in celebrating the Year of the Ram on Saturday, February 21 at Fremont Main Library, sponsored by the Citizens for Better Community, South Bay Chinese Club, Association of Northern California Chinese Schools and the Fremont Main Library. Program highlights include dance, music, songs, Kung-Fu, and crafts in the Children's Storytime Theater.

Year of the Ram Chinese New Year Celebration
Saturday, Feb 21
1 p.m. – 4 p.m.
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1421
aclibrary.org
Free

Celebrate Chinese New Year with Southland Mall on Sunday, February 22 at Macy's Court. Enjoy live festive entertainment

and enter for a chance to win a Michael Kors handbag.

Chinese New Year Celebration
Sunday, Feb 22
1 p.m. – 3 p.m.
Southland Mall, Macy's Court
1 Southland Mall Dr, Hayward
(510) 782-3527
www.southlandmall.com
Free

Great Mall will celebrate China's Lunar New Year with a themed celebration on Saturday, February 21. Shoppers can revel in the spirit of the holiday with a variety of giveaways, a special Simon Kidgits Club program and live Chinese-themed entertainment including lion dancers, martial arts demonstrations, and percussionists. Great Mall's Goodwill Ambassadors will be distributing special fortune cookies to the first 2,500 guests beginning at 11 a.m. Shoppers will have the opportunity to win one of 25 \$50 Simon Gift cards and can pick-up a special brochure highlighting specials offers and promotions for the Lunar New Year. Great Mall is encouraging guests to support educational and cultural initiatives in the community. Shoppers may make a donation to purchase a Lunar New Year duck for \$3 with all proceeds benefiting the Simon Youth Foundation (SYF), a national nonprofit organization that helps at-risk students stay in school.

Lunar New Year 2015
Saturday, Feb 21
11 a.m. – 2 p.m.
Great Mall
447 Great Mall Dr, Milpitas
(408) 956-2033
www.greatmallbayarea.com
Free

Celebrate the Year of the Sheep on Saturday, March 7 at NewPark Mall with a live lion dance and martial arts performance by the Jing Mo Athletic Association, free face painting for children, a chance to win a \$300 NewPark Mall shopping spree,

prizes, exclusive offers and more.

Chinese New Year Celebration
Saturday, Mar 7
1 p.m. – 3 p.m.
NewPark Mall
2086 Newpark Mall, Newark
(510) 794-5523
www.newparkmall.com
Free

Named one of the top ten parades in the world by the International Festivals and Events Association (IFEA), the Southwest Airlines Chinese New Year Parade in San Francisco is one of the grandest night-illuminated parades in the country. Started in the 1860s by the Chinese in San Francisco as a means to educate the community about their culture, the parade and festival have grown to be the largest celebration of Asian culture outside of Asia. Parade highlights include elaborate floats, lion dancers, folk dancers, costumed elementary school groups, marching bands, stilt walkers, Chinese acrobats, and a 268-foot long Golden Dragon (Gum Lung). If you can't watch the parade in person, be sure to watch the live broadcast on KTVU Fox 2 or

KTSS 26 (Chinese broadcast).

Southwest Airlines Chinese New Year Parade
Saturday, Mar 7
5:15 p.m. – 8 p.m.
Market St & Second St
to Kearny St & Jackson St, San Francisco
(415) 680-6297
www.chineseparade.com
General viewing: free; bleacher seats: \$30

Vietnamese Tết Festival will be celebrated on Saturday, February 21 and Sunday, February 22 at Santa Clara County Fairgrounds. The event features a parade with lion dances, drum shows and fireworks; entertainment such as fashion shows, comedy shows, and singing talent shows; games booth; Vietnamese martial arts; international food court and more.



February Bird Seed Sale!!!

15% off all seed and suet

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Vietnamese Tết Festival
Saturday, Feb 21 & Sunday, Feb 22
10 a.m. - 9 p.m.
Santa Clara County Fairgrounds
344 Tully Rd, San Jose
tetvietnamsj@gmail.com
www.tetvietnamsj.com
Admission: \$6
Free parking

San Leandro Public Library will be welcoming the Year of the Sheep at a Lunar New Year celebration on Saturday, February 21 at the Main Library. The event will include performances designed to delight guests of all ages, and will include performers

from the Korean Culture Center, dancers from the China Dance School of San Francisco and the lion dancers of Vovinam Viet-Do-Dao of San Jose. Free Asian craft-making sessions for children will be hosted by the Asian Community Cultural Association of San Leandro. Beverages and snacks will be available for purchase.

Lunar New Year Celebration
Saturday, Feb 21
2 p.m. – 4 p.m.
San Leandro Main Library
300 Estudillo Ave, San Leandro
(510) 577-3971
www.sanleandro.org/depts/library
Free



THEATRE REVIEW

New Chekhov adaptation has successful launch at DMT

By JULIE GRABOWSKI
PHOTOS BY
TERRY SULLIVAN

Anton Chekhov's "Three Sisters" gets a bit of sprucing up courtesy of playwright/actor Tracy Letts with a new adaptation offering its regional premiere on the stage of the Douglas Morrisson Theatre (DMT).

Enduring life in a provincial Russian town, sisters Olga, Masha, and Irina pine for a new start in Moscow where they lived as children. A year after the death of their army-general father, the girls and their brother Andrey have big plans and wishes for the wonderful lives that await them in that great city. However, years pass and the siblings and other

Miriam Ani (Irina) form a compelling and emotional trio of sisters, deftly weaving through hope, depression, and laughter. Tomatis and Ani make outstanding DMT debuts with rich portrayals of a passionately discontented Masha and a youthful Irina filled with brightness and enthusiasm.

Gene Mocsy is endearing as the teacher Kulygin and over-ardent admirer of his wife Masha; Tim Holt Jones adds bite as Solyony, while Lindsey Marie Schmeltzer contributes a villainous vibe as the rapidly domineering Natasha. Brian Levi is an assured Vershinin and Paul Stout an affable Baron Tusenbach.

A song and dance sequence in Act Two provides a welcome burst of vibrancy, and Steve All-



villagers struggle with their dreams and suffering, exploring universal questions of work, love, the future, and the unknowable purpose of it all. While their desires are clear, there is an inability to move them into reality, leaving happiness and satisfaction always just out of reach.

Those who prefer plot-driven stories with a fair amount of forward action will most likely find it difficult to adjust to Chekhov's nothing-much-happens fare. The play serves to examine human feeling and behavior rather than present a neatly progressive and resolved package, with the tension not in action, but rather in discontent of the characters and how they deal with ordinary life. DMT's "Three Sisters" succeeds in this examination, director Susan E. Evans delivering a quietly powerful production aided by an excellent cast who capture the deep rivers of passion and frustration and splashes of humor with great skill and personality.

Letts' modernized version makes a smooth transition, however a few phrases are slightly jarring given the 1900s setting, including Solyony's utterances "pisses me off" and "pull my finger," Masha's declaration that "Life sucks so let's live it up" and Chebutykin's "Bitch about marriage all you want."

The cast is fully balanced and harmonious, without a weak link. Daria Hepps (Olga), Kate Dunlop Tomatis (Masha), and

hoff's (Rodé) song at the end of Act Four is also a nice addition.

A lovely and flexible set design has been created by Michael Locher, the wonderful back wall panel able to swing in by degrees, making the living space close and seemingly representative of the diminishing lives of the characters, while exposing a towering row of trees in the background.

While the inertia that drives "Three Sisters" feels dull and uncomfortable, it is a realistic element of life. Considering Chekhov's characters should push us to ask ourselves what we want, what is holding us back and make today the day that we take that step forward.

Tickets are \$29 for adults, \$24 for seniors over 60, and \$21 for junior/students. Discounts are also available for TBA, KQED members, and groups (10+). A pre-show talk will be held at 7:10 p.m. on Friday, February 20, and a post-play discussion after the Saturday, February 28 matinee. Tickets are available through the Box Office at (510) 881-6777 or online at www.dmtonline.org.

Three Sisters
Thursday, Feb 12 - Sunday, Mar 8
8 p.m., Sundays at 2 p.m.
Douglas Morrisson Theatre
22311 N. Third St, Hayward
(510) 881-6777
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