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February 3, 2015

Vol. 14 No. 5

## It's for the Birds

ARTICLE AND PHOTOS BY  
CASSANDRA BROADWIN

The route into Don Edwards National Wildlife Refuge is narrow and winding, taking you through a saline morning fog, over a small bridge, and leading directly to the heart of a lush 30,000-acre oasis. Established in 1974 by local conservationist efforts, the refuge is now home to over 280 different species of birds, as well as salt marsh harvest mice, California gray fox, and even the occasional harbor seal.

continued on page 13



## Let's Go Outside!

### The Benefits of Outdoor Spaces



Glorious Sunset Photo by Ambarish Goswami

COURTESY OF TIDELINE, DON EDWARDS SAN FRANCISCO  
BAY NATIONAL WILDLIFE REFUGE

*"Everybody needs beauty as well as bread, places to play and pray in, where Nature may heal and cheer and give strength to body and soul alike." - John Muir*

John Muir, one of our country's foremost conservationists, spent most of his life advocating the preservation of wilderness. He, among other great thinkers and writers, recognized not only the intrinsic value of wild places, but also the benefits they provide for the human mind and body. He believed nature can play an important role in teaching life-long lessons about ourselves and the world we live in.

Although many adults may not be able to articulate how nature, or the outdoors, shaped them developmentally, or helped create their value system, most adults will tell you that as a child, they played outside – in the woods, a creek, a backyard, or an empty lot.

Can younger adults, teens, and children say the same? Something began to change during the last 30 years. The once common sight of kids playing makeshift games outside shifted to kids playing indoors.

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## Learn by doing at the Olympian clinic

PHOTOS BY MIKE HEIGHTCHEW

Learn from top athletes when the "Willie Davenport Olympian Track and Field Clinic" comes to town on Saturday, February 7th at James Logan High School. Learn-by-doing events will be held in triple jump, long jump, high jump, pole vault, shot put, discus, javelin, hammer, sprints, and hurdles.

Gold medalist sprinter Tommie Smith and bronze medalist sprinter John Carlos from the 1968 Olympics in Mexico City will be guest presenters. Other event highlights include lectures; free bags of assorted track-and-field materials; special recognition of legends of the past; special awards for Olympians; and a social gathering at Crowne Plaza among other activities. Crazy George, world's greatest cheerleader, will lead the cheers.

With the help of his Olympian friends, Coach Lee Webb started the event 30 years ago to promote track and field competition. "I started realizing the

older Olympians all had a message to teach to the youth. They competed for the fun and love of sport... I saw the joy when they could get together in one common place and enjoy the sport," says Coach Webb.

Clinic speakers will include John Carlos; Crazy George; Kenny Harrison, American Record Holder and Olympic Champion Triple Jump; Mac Wilkins, Former World Record Holder Discus 7-Time World Record Holder; Mike Powell, World Record Holder Long Jump; Karin Smith, 5-Time Olympian in the Javelin; Eddie Hart, World's Fastest Human 1972; Andre Phillips, Gold Medalist 400 Hurdles; Ray Norton, Olympic Sprints; Reynaldo Brown, 2-Time Olympian High Jump; and Lee Evans, 1968 Olympian Champion and former World Record Holder in the 400 meters.

"Thousands of athletes of all ages have benefitted from the clinic. There is great teaching; they learn

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# “Go Red For Women” Builds Awareness About Heart Disease in Women

## Wear Red this Friday, February 6

According to statistics from the American Heart Association, one in three women die of heart disease and stroke and they are more deadly than all forms of cancer. The good news is that this deadly disease can be prevented.

Seema S. Sharma, MD, a board certified family physician at Washington Township Medical Foundation, wants to help raise awareness about heart disease in women by asking you to join her and celebrate National Wear Red Day® and Go Red for Women this Friday, February 6.

**A Decade of Success**

In 2004, the American Heart Association created Go Red for Women to educate women — mothers, sisters, daughters and friends — on heart disease, help women come together to show their support, and increase funding for heart disease research and treatments for those who may be in need.

This year, on Friday, February 6, Go Red for Women will launch

the America Goes Red Challenge to ask everyone, regardless of age or sex, to get more involved and create more awareness of heart disease, its prevention and its early diagnosis in women.

**A Big Promoter in Preventive Care**

Whenever I speak about heart disease in women,” says Dr. Sharma. “I am a strong advocate of preventive medicine to maintain healthy weight, stay healthy and lower risk of preventable diseases. I have patients with heart

disease and work closely with their cardiologist to manage their heart condition.

Women should be aware of the different warning signs of heart attacks,” she adds. “One sign is an uncomfortable pressure, squeezing, fullness or pain in the center of your chest. Another signal is pain or discomfort in one or both arms, back, neck, jaw or stomach. You should tell your doctor about being short of breath, breaking out in a cold sweat, nausea or lightheadedness.”

“Because heart disease is such a deadly malady,” continues Dr. Sharma, “all patients should get regular medical evaluations, while high-risk patients should speak to their physicians about additional tests to monitor their condition(s). Of course, lifestyle is critically important to disease management, but any patient with heart disease, or those at risk, should incorporate regular physical activity into their daily routine.”

“This Friday,” she concludes, “I plan to wear a bright red dress and a Go Red pin to raise awareness about heart disease in women.”

If Dr. Sharma can wear red, so can you. Ask your family members and your friends to wear red this Friday to encourage conversations about this potentially deadly disease in women. By wearing red, we can all raise awareness and create a dialog to obtain an early diagnosis and prevent heart disease.

**For More Information**

Seema S. Sharma, MD, speaks English, Punjabi and Hindi. Her office accepts most medical insurance plans.

For more information about Dr. Sharma or to schedule an appointment, call 510-248-1500 or visit <http://www.mywtmf.com>. Her office is located at Washington Township Medical Foundation, 6236 Thornton Avenue, Newark, CA 94560.



Wear Red for Women this Friday, February 6 to raise awareness of heart disease in women.

## Ask the Doctor

This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at: [askthedoctor@whhs.com](mailto:askthedoctor@whhs.com)

### Developing Allergies and Tongue Concerns

**Dear Doctor,**  
I have general allergies, but none to animals. Three weeks after sleeping with my cat I went to the ER with difficulty breathing and wheezing. They told me I am allergic to cats. Is it possible to develop an allergy three weeks after being exposed?

Dear Reader,

It is certainly possible that you could be having a reaction to your cat even though it has been some time since you were first exposed. The initial effects of allergies are sometimes more mild and can buildup with repeated exposure. Your past history of allergies to other things can also be a clue because people who have allergies to one thing can be more disposed to have allergies to other things as well.

**Dear Doctor,**  
There are a bunch of little white bumps on the top of my tongue, with a few on the side as well. Why are the bumps there? Do I have some kind of disease in my mouth? Is it from not brushing my teeth enough?

Dear Reader,

If the bumps are small, not painful, and uniformly distributed over the tongue then what you are probably seeing are just the taste buds on your tongue. Occasionally, an inflammation of the tongue, called glossitis, can make the taste buds seem more prominent. Glossitis is usually caused by a deficiency in iron or B vitamin deficiency. If the bumps are painful or look like sores, then it is possible these are canker sores or sores caused by a viral infection. Finally, if you have creamy white areas coating your tongue or your mouth, this might be thrush, which is an infection that is caused by yeast. If these persist, I would recommend seeing your primary care doctor for an evaluation.

#### Mary S. Maish, M.D



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master's degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.

## Growing Up Healthy

### A pediatric specialist talks about colds, flu and more

It's cold and flu season. Children are back in school and the weather is cooler. This means kids are inside more—in the classroom, in daycare, and at home with siblings. It's a recipe for colds and viruses to be passed from child to child, as well as to parents and other adult family members.

“Although a runny or stuffy nose can occur at any season of the year, winter is a common time for kids to be ‘plugged up’ and parents to be unsure of what’s going on,” said Dale Tylor MD, MPH, a pediatric ear, nose and throat specialist with Washington Township Medical Foundation.

February is Kids ENT (ear, nose and throat) Health Month. If you are a parent or have children in your family, take time to read this third in a series of articles on children's ENT problems. The information is intended to help you keep your family as healthy as possible and know what to do when illness strikes.

#### The extremely common cold

“Colds in children are very common. In fact, it's considered normal for a child to have as many as eight to 10 colds a year,” stated Dr. Tylor. “To parents, it may seem like a never-ending cycle.”

A cold is a contagious infection that can include varying degrees of sore throat, cough, sneezing, mild fever and nasal drainage with some



February is Kids ENT Health Month. Keep your family as healthy as possible by knowing what to do when illness strikes.

color. Your child may also feel achy and tired, but the cold should not be so serious that he feels wiped out and unable to play or go about his usual activities.

“Colds are self-limiting, which means they will slowly improve over the course of a week or so without any special treatment,” explained Dr. Tylor. “Antibiotics are not effective in treating a cold.”

She recommends comfort measures to treat a cold. Do things that will help relieve the nasal blockage, such as encouraging your child to drink lots of fluids, keeping his head elevated and using a humidifier. For aches and fever, give your child children's Tylenol or ibuprofen. The Food and Drug Administration recommends against giving children younger than 4 over-the-counter medications, such as cough suppressants, expectorants, decongestants or antihistamines. Children age 1 or older may take a teaspoon of warm honey, but never give honey to a child younger than

#### Is it a cold or flu?

Many people tend to use the terms “cold” and “flu” interchangeably, but the flu is a more severe ill-

ness that can really knock your child down.

“With the flu, there is also the potential for complications, such as an ear infection or pneumonia. It's unlikely a child would be hospitalized with a cold, but it could happen with the flu,” explained Dr. Tylor. “That's one reason a flu shot is recommended for most Americans, regardless of age. It can help prevent problems that kill Americans every year.”

The flu usually includes a high fever and intense body aches and fatigue lasting longer than four to six days, the usual duration of a cold. Recommended treatment is much the same as for a cold.

#### Or, is it sinus trouble?

People also have trouble distinguishing between a cold and a sinus infection.

“With both, your child can have a lot of greenish mucus in the throat or coming out of the nose,” said Dr. Tylor. “If this persists longer than a week or 10 days, it's more likely a sinus problem.”

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**Union City Lions Club**  
**Crab Feed**

The Union City Lions Club will be hosting their annual Crab Feed the first weekend in February, 2015. This is one of the major fundraisers for the Club; the Lions hope to raise \$10,000 for local youth, elderly, and other community programs and services. Some of the programs that will benefit from the proceeds of the event are the Leos Clubs at James Logan and Moreau High Schools, the Union City Police Explorers Program, high school graduates in the form of college and continuing education scholarships, Tri City Scouting, vision and hearing impaired community members, the New Haven Schools Foundation, and the renowned James Logan Forensics Program.

Raffle prizes and a live auction will be part of the event!

Limit quantities of tickets are available for the Crab Feed and they are going fast! If interested in attending, contact Lion President Kevin Finnerty at (209) 652-0027, Lion Vice President Dave Garges (510) 471-9000, or any Union City Lions Club member. Tickets are also available on the Lions Web Page at [www.uclions.com](http://www.uclions.com).

The Lions care about our young people and our community for many reasons: we live here, work here, and are dedicated to the motto of the Lions Club International: **WE SERVE.**

**Union City Lions Club Crab Feed**  
Saturday, February 7th – 5 p.m.  
Southern Alameda Co. Buddhist Church  
32975 Alvarado-Niles Road  
Union City  
[www.uclions.com](http://www.uclions.com)  
Tickets are \$45




continued from page 2

## Diabetes and Stroke: What Is the Connection?

### Diabetes Matters Class Explores How To Manage Major Stroke Risk

“Diabetes is a progressive disease that affects all the body’s blood vessels, both large and small,” Sadueste says. “Damage to the blood vessels caused by diabetes can result in strokes in the brain.”

As part of her Diabetes Matters presentation, Sadueste will offer a variety of tips for following a healthy diet that can help people manage their diabetes and lose excess weight. She also will offer advice on how to increase physical activity and avoid a sedentary lifestyle that can increase your risk for diabetes and strokes.

“Controlling diabetes is really important for reducing your risk of stroke,” she emphasizes. “You can minimize the negative effects of diabetes if you can achieve near-normal blood glucose levels with targets of 70 mg/dl to 120 mg/dl before meals and under 160 mg/dl two hours after a meal. In addition to monitoring blood glucose levels at home, your doctor may order an A1C blood test that shows your average blood sugar level over the past two or three months.”

In addition to discussing prevention and control of diabetes, Sadueste will outline what treatments are available for stroke patients.

“Treating strokes requires a rapid, coordinated response,” she explains. “It’s important to

quickly determine which type of stroke a patient is having. People who suffer ischemic strokes may be candidates for using an intravenous ‘clot-busting’ drug called tissue plasminogen activator – or tPA. The sooner tPA is administered, the better. Generally, tPA can be given only within the first three hours after the onset of stroke symptoms. With strokes, we often say that ‘time is brain.’ If you or someone you love is experiencing the symptoms of a stroke, call 911. A stroke truly is an emergency.”

#### Learn More

“Diabetes Matters” is a program sponsored by Washington Hospital on the first Thursday of every month (except July) to help people increase their knowledge about diabetes. The classes are free and require no pre-registration. The lectures are videotaped and aired on Washington Hospital’s “InHealth” TV program. Videotaped lectures also are available in the Washington Hospital library, as well as on the Washington Hospital website. For more information about “Diabetes Matters” classes and other services offered by the Washington Outpatient Diabetes Center, visit [www.whhs.com/diabetes](http://www.whhs.com/diabetes).

continued from page 3

## Growing Up Healthy

### A pediatric specialist talks about colds, flu and more

When adults have a sinus infection, they often get headaches and facial pain. This is usually not the case with children, who are more likely to have a stuffy nose from the sinus infection, along with cough, bad breath and a possible fever.

“If your child has a long lasting sinus infection, antibiotics may be indicated,” continued Dr. Tylor. “But, if the problem has only existed a few days, it would be an overuse of antibiotics to prescribe them.”

A runny or stuffy nose can also be due to allergies. In that case, the nasal mucus is more likely to be clear.

**Saline may help**

Saline is another way to help relieve a child’s nasal congestion or blockage—whether it’s from a cold, flu, sinus infection or allergy. Saline is available over the counter in small bottles, as an aerosol spray or a sinus rinse.

“Saline can also be used throughout the year to help pre-

vent colds from starting up in the first place,” reported Dr. Tylor. “Most parents are surprised to see how well children, even babies, can tolerate nasal rinses.”

Ultimately, if problems associated with colds, flu, sinus infections or allergies continue to persist for a child beyond what would be considered normal, parents may need to consult with a pediatric specialist.

“The good news is, for most kids, the frequency of these types of illnesses tends to decrease and level out as they grow older,” Dr. Tylor advised.

**Learn more.**

To find out more about children’s colds, flu, sinus infections and allergies, go to [www.entnet.org](http://www.entnet.org), the web site of the American Academy of Otolaryngology—Head and Neck Surgery. To learn more about Washington Township Medical Foundation, visit [www.mywtmf.com](http://www.mywtmf.com).

## Black American Heritage Faire

SUBMITTED BY WANDA WASHINGTON

Palma Ceia Baptist Church in Hayward presents its 5th annual Black American Heritage Faire. Enjoy a day of events celebrating 100 years of Black life and culture; events include essays, youth activities, Black family workshop, oratories, art, and a fashion parade. The event is a free, fun and educational time for everyone!

**Black American Heritage Faire**  
**Saturday, Feb 28**  
**10 a.m. – 4 p.m.**  
**Palma Ceia Baptist Church**  
**28605 Ruus Rd, Hayward**  
**(510) 786-2866**  
**[www.palmaceiachurch.org](http://www.palmaceiachurch.org)**  
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Eugene K. San Francisco, CA

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## Business Women's Association offers Impact Scholarship

SUBMITTED BY  
KAREN NICKELL

Pathfinder Chapter of the American Business Women's Association (ABWA) is offering a scholarship worth \$2,000 funded through the Stephen Bufton Memorial Educational Fund (SBMEF) to deserving area student(s).

Each year, local chapters of ABWA provide Stephen Bufton Memorial Scholarships to female students who will attend accredited U.S. colleges, universities and community/vocational schools. Applicants must be citizens of the United States, residents of Alameda, Santa Clara, San Mateo, Contra Costa, East Contra or San Joaquin Counties; a college freshman in August 2015 and attending an accredited U.S. college or uni-

versity, with a GPA of 2.5 or better on a 4.0 scale.

Eligible women interested in applying for the scholarship should contact:

**Barbara Wogsland,**  
**Scholarship Chair**  
**Pathfinder Chapter**  
**(916) 435-9517**

[bwogsland@starstream.net](mailto:bwogsland@starstream.net)

Applications must be completed online by March 31, at <http://www.sbmf.org>. A minimum of three (3) eligible applications are required in order for the scholarship to be awarded. The scholarship recipient will be notified in May or June 2015.

More information about the leading association for working women and women business owners can be found at [www.abwa.org](http://www.abwa.org)

## We've got Crabs!

SUBMITTED BY ELAINE NAGEL

The Committee for the Restoration of the Mission San Jose will hold its fifth annual fundraiser, "All You Can Eat Crab Feed," on Saturday, February 7 at St. Joseph Parish Hall in Fremont. The menu includes all-you-can-eat pasta, French bread, salad, crab caught locally, dessert and beverage. All proceeds are used for upkeep of the Mission. The open bar convenes at 6:30 p.m., followed by dinner and desserts at 7 p.m. Order tickets online at [crmsj.weebly.com](http://crmsj.weebly.com). Tickets cost \$55 per person and \$400 per table of 8.

**All You Can Eat Crab Feed**

**Saturday, Feb 7**

**6:30 p.m.**

**St. Joseph Parish Hall**

**43148 Mission Blvd, Fremont**

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## Teen Dating Violence Awareness and Prevention Month!

SUBMITTED BY YASI SAFINYA DAVIES, Psy.D.

**There's more to February than Valentine's Day**

Did you know that February is National Teen Dating Violence Awareness and Prevention Month? At Fremont-based SAVE (Safe Alternatives to Violent Environments), efforts are well under way to raise awareness about dating violence and healthy relationships among our youth!

Why is Teen Dating Violence Awareness and Prevention month so important? With statistics like 1 in 3 US adolescents experiencing physical emotional or verbal abuse from a dating partner, this issue demands our urgent attention. In fact, this number of teen victims far exceeds rates for other types of violence affecting youth. And even more concerning is that a recent study shows 81% of parents or caregivers either believe teen dating violence is not an issue or admit they are unsure if it is cause for concern. Teen dating violence is a silent epidemic and societal problem that must be brought to light.

### SAVE's Role

SAVE is at the forefront in our communities in raising awareness about teen dating violence. As Director of Clinical and Prevention Services, I lead SAVE's Teen Dating Violence Prevention Program (TDVP). Through education and outreach programs, SAVE's TDVP has become part of the solution to change perceptions about dating abuse and ending the violence. Since 2008, the TDVP staff has brought our "Loves Me, Loves Me Not" presentations to youth in Alameda County and the greater Bay Area. Through lecture, role playing, and interactive exercises, students discuss and learn about healthy vs. unhealthy relationships, warning signs of abuse, stages within the cycle of violence, and resources to help themselves or a friend. SAVE's Teen Dating Violence Program also supports and collaborates with local youth groups that identify violence in teen relationships as an issue that warrants community engagement. By providing consulting and training, these youth groups develop leadership skills in social justice.

The SAVE Youth Club, comprised of Fremont students, is engaging in the City of Fremont's BoxArt! Project. The SAVE Youth Club will choose an image depicting healthy relationships which will then be painted on a utility box near the Teen and Senior Centers at Central Park.

If you would like to invite SAVE to make a Teen Dating Violence presentation at your school, community group, faith organization or other gathering, please contact me at [yasid@save-dv.org](mailto:yasid@save-dv.org). Our presentations are free!

To find out more about SAVE's Youth Programs, visit <http://save-dv.org/youth-relationships/>, follow SAVE on Facebook at <https://www.facebook.com/save.dv> and Twitter at @SAVE\_againstDV.

Letter to the Editor

Rodeo policy clarification

Regarding recent letters to the local papers, I would like to add my comments.

During my 19 years on the Hayward Area Recreation and Park District (HARD) Board, HARD has been approached only twice by animal rights advocates: In 2008, after a rodeo employee was caught on video secretly prodding horses to excite them (he was fined, but fearing future liability, Board changed policy to allow prods in case of ‘emergencies only’); and in 2014, after a cow jumped a wall and broke its neck (during Wild Cow Milking event).

In the most recent case, the animal advocates’ requests included: ‘reinstate ban on prods on horses; eliminate Wild Cow Milking contest; and limit number of times goats can be tied during Goat Tying contest from 5x to 2x per goat. After much deliberation at the committee level, the only recommended change was to have injuries reported to the Veterinary Medical Board within 48 hours.

In preparation for the subsequent board meeting, I confirmed with the prod manufacturer that ‘prods are for

livestock ONLY and never to be used on horses, no matter the circumstances’. Why? ‘Horse skin is too thin and sensitive’. Therefore, a writer’s claim that ‘using a prod on a horse in an emergency is like using a fire extinguisher on a fire’ is incorrect. Besides, HARD banned prods from 1986 to 2008 with no problems.

I agree with animal advocates that Wild Cow Milking should be eliminated as a contest because it is inhumane; even folks I know who enjoy rodeos find this event offensive. I also think the request for Goat Tying is very reasonable, especially since other rodeos often limit tying to 1x per goat.

I appreciate that rodeos provide inexpensive entertainment, prizes, fund raising opportunities, and even college scholarships. But some of the events are traumatic to animals and disturbing to viewers. As a public agency whose mission is to provide ‘family friendly’ recreation to over 250,000 residents, I think we have an obligation to be sensitive to such contentious matters.

Minane Jameson  
HARD Board Member

American High receives laptop donation



Resonate Church Pastor Ryan Kwon and American High School Principal Steven Musto.

SUBMITTED BY  
DIANNE SMITH  
PHOTO BY  
CHRISTINE SZETO

Resonate Church of Fremont believes they have been so blessed, they decided to pass the blessing to those around them. The church leases facilities from American High School for services on Sundays, so they asked their landlord if there was anything they could do for them. Principal Steven Musto answered with his need for Chromebook laptops to fill the technological needs of the school. Soon afterwards, the church donated twenty Dell Chromebook 11’s to the school. “We’ve been so grateful to be able to meet on their

campus and their staff has been so helpful,” says Pastor Ryan Kwon. “It’s been a fantastic partnership between two institutions that love their community.”

The new laptops are a step to help American High reach their goal. “I want to thank Resonate Church for being such a great tenant and a partner for us on our campus,” Musto said. “In my short time at American I’ve been incredibly impressed by their generosity and willingness to cooperate with the school.”

American High School is located at 36300 Fremont Boulevard in Fremont, and Resonate Church’s services meet at 8:30 a.m., 10:30 a.m., and 12:30 p.m. Their website is [www.resonate-movement.org](http://www.resonate-movement.org).

Alameda County Fair receives top industry awards

SUBMITTED BY  
ANGEL MOORE

Alameda County Fair has once again been recognized with multiple, year-end awards in a variety of categories by two top industry organizations; the Western Fairs Association (WFA) and IAFE (International Association of Fairs and Expositions.)

In all, Alameda County Fair took home a total of 31 WFA Awards including 14 first place honors, 8-second place and 9-third place. IAFE also honored the Fair with 16 international awards including 7-first place, 8-second place and 1-third place. Both organizations sponsor annual awards programs to recog-

nize excellence in the areas of competitive exhibits, marketing, communications, agriculture, and to share successful ideas and programs with all Fairs.

“We are honored to once again be recognized with multiple awards from the WFA and IAFE organizations. Alameda County Fair has always been about the accomplishments, heritage and diversity of our communities and we continue to share these honors with them,” said Jerome Hoban, CEO of the Alameda County Fairgrounds. “We always seek ways to grow and improve and promise another great Fair in 2015.”

For more information, please visit [www.AlamedaCountyFair.com](http://www.AlamedaCountyFair.com) or call (925)426-7600.

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## Auto Review

# Kia Soul EV:The Latest Power Box

BY STEVE SCHAEFER

Kia's youth-oriented Soul has taken over leadership of the micro-crossover market pioneered by the Scion xB in the U.S. about a decade ago. Now, for 2015, it's also Kia's first mass-market electric vehicle. Styling was thoroughly updated last year. The main differences to the eye for the electric version are a "floating" roof paint appearance and special alloy wheels. Also, the grille is replaced with a solid panel, with a little door that pops open to expose the two charging ports.

choice—Driver only—that provides a little heat when you need it with less range impact. The Soul EV is roomier than some of its tiny competitors, such as the Fiat 500e and Chevrolet Spark. It accommodates five passengers, but at 3,289 pounds, is still not a big, heavy car. The 360-volt, 192-cell lithium ion polymer batteries are in the floor, so they don't take up much room. You have plenty of cargo space—18.8 cubic feet with the rear seats up and 49.5 cubic feet with them folded. Kia has improved their vehicles with each generation, and the perceived quality today is very



The Kia offers two kinds of ports. You can use the first with standard 120 volt household current (Level 1) or the much faster 240 volt (Level 2), at home or at a public charging station. Alternatively, the 480-volt DC Quick Charge system gives you about 80 percent charge in about half an hour. Otherwise, it takes a glacial 24 hours to fill an empty battery on Level 1, about 4-5 hours on Level 2.

The Soul EV features a 109-horsepower electric motor that twists out a generous 210 lb.-ft. of torque. You can take off like a scalded cat with that amount of torque, but you'll pay in the prominently-displayed range number on the instrument panel.

The Soul EV is rated by the EPA using the MPGe standard (for electrics and plug-in hybrids) at 120 MPGe City, 92 Highway, and 105 combined. Official range is 93 miles, and from what I can tell, that's pretty accurate. Use these figures to compare with other electric vehicles.

One way to extend range is by regenerating power. The Soul EV does this unobtrusively. However, you can set the transmission lever to "B" and it brakes more assertively to gain charge. Also, there is an Active Eco setting that encourages more sedate driving. Turning it off gives the car a livelier personality.

Using the radio and navigation doesn't affect your charge level, but using the heater does. The Soul EV offers a unique

high. The EV gets white panels on the dash, console and doors that give it an iPhone hip style, and the Plus-level model, like my Clear White over Caribbean Blue tester,



sported comfortable and attractive leather seats. The interior surfaces are smoothly rendered, the pieces match perfectly, and the doors and hatch slam with a noticeable sound of quality.

There are several bio-based organic materials inside. The headliner in particular looks cheap, but no more so than the dash panels in the much more expensive BMW i3 EV. Expect more of this in alternative-fuel models to come.

Driving the Soul EV feels completely normal. When you push the start button on the floor console, a little tune plays, and then you hear nothing. A Pedestrian Warning System tone sounds when the car is moving below 12 mph or in reverse. Besides some muted tire noise, it's a very quiet ride. The battery



Over the past 22 years, Steve Schaefer has tested more than 1,000 cars and published a weekly story on every one. As a teenager, he visited car dealers' back lots to catch a glimpse of the new models as they first rolled off the transporter. He is a founding member of the Western Automotive Journalists. Contact Steve at sdsauto@sbcglobal.net.

weight keeps the handling very stable. Steering feels natural and the car stays level on turns and quick stops. Electric cars are a small market, and the Soul makes its debut with 17 participating dealers in California only. Each dealer has multiple Level 2 chargers and one DC Quick Charger on site, which enhances the charging network. The standard UVO EV app provides lots of useful information for locating available chargers and keeping you aware of your car's state of charge. Basic dash information is what you really use. The high-efficiency Organic Light Emitting Diode (OLED) display gives the

basics: speed, range, and your driving activity—charging (during coasting and braking), driving efficiently (ECO) or not so efficiently (Power). The range number is an estimate, and a thoughtful driving style can help to extend it. Electric vehicles are not cheap yet. The Soul EV is \$34,500 for the base car or \$36,500 for the Plus, including an \$800 destination charge. However, there are federal and state rebates, and some surprisingly good lease deals. I recommend leasing, if the distance you need to drive fits into the plan. In three years, longer-range EVs should be on the market. Meanwhile, if it fits your lifestyle, this new Kia should be on your shopping list.

## Douglas Morrisson Theatre announces third

# Telling Tales

SUBMITTED BY BOB MILLER

The Douglas Morrisson Theatre (DMT) in Hayward invites local storytellers to come share stories on the theme of missed opportunities: The Road Not Taken: "If only I'd..." All of us have made choices in life that we look back on and wonder "what if?" Whether it's a small regret or a huge life-changing decision, we want to hear your stories begging to be shared. One and all are welcome to contribute and participate. It's easy to be a Storyteller on February 23 just send a story idea to tales@dmtonline.org. For complete "Telling Tales Story Guidelines," visit the DMT website at www.dm-

tonline.org and click on the Alt. Mondays image. We're looking for true personal stories, no scripts in hand, and stories 10 minutes or under in length. Open Mic at the end of the evening for those inspired to share on the spot.

**Telling Tales**  
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# San Leandro Unified School District Board highlights

SUBMITTED BY  
ROBIN MICHEL, SLUSD

Prior to the December 2nd Board meeting, San Leandro School Superintendent Mike McLaughlin and the Board of Education held a reception for outgoing Trustees Corina Lopez

The Board of Education approved the Certification of the November 4 Election Results as provided by the Alameda County Registrar of Voters; and the newly elected and re-elected Board Trustees were sworn in. Newly elected Trustee Evelyn Gonzalez, and re-elected Trustees Lance

reassured the board and audience that the district offers free breakfast and lunch programs. He said that staff would look into any other opportunities that might be available to



San Leandro Unified School District (SLUSD) Board Trustee and San Leandro City Councilmember-elect Corina Lopez, former Trustee and San Leandro Mayor-Elect Pauline Cutter, Trustee Vince Rosato, Trustee Diana Prola, Trustee Lance James, Trustee-Elect Evelyn Gonzalez, former Trustee Linda Perry, Trustee Mike Katz-Lacabe, and former Trustee Morgan Mack-Rose.

and Mike Katz-Lacabe at City Hall. (Trustee Lopez, who is a San Leandro Councilmember-elect, remained on the Board until December 9, when the newly elected Trustees Evelyn Gonzalez and Leo Sheridan took office.) While it took time for her to get comfortable with the title granted public officials, "Honorable," said Trustee Lopez, "after a while, I understood it. It is truly an honor to serve." She promises to continue working for better educational outcomes for San Leandro youth in her new capacity.

Trustee Katz-Lacabe, who served eight years, twice elected as Board President, spoke of how much he enjoyed serving on the Board. Noting that his two terms spanned a period where public education took severe cuts, he said, "While I am grateful that I had a voice in making those decisions, it is more fun to hand out money and save programs and services." He promised that he will still be an active voice on behalf of students and families, even if standing on the other side of the podium.

James and Ron Carey were sworn in by San Leandro City Councilmember and Mayor-Elect Pauline Cutter; and newly elected Leo Sheridan was sworn in by San Leandro School Board Trustee and City Councilmember-Elect Corina Lopez.

Dale Scott & Company (DS&C) presented a plan to restructure and reduce the number of Capital Appreciation Bonds (CABs) held by the District. The plan outlined taxpayer savings over the life of the bonds. By restructuring the CABs, the savings to taxpayers will be almost \$13 million.

Student Board Member Anna Martin announced several upcoming events at San Leandro High School, including the Winter Ball on December 19.

The Superintendent was pleased to report that the district will receive \$2 million in Proposition 39 funding, which will be disbursed to the district in four installments of \$500,000 each. Dr. McLaughlin also acknowledged public comments made earlier about how devastating food scarcity is on children, and

help students receive valuable nutrition services.

The Superintendent thanked Mr. Paul Disario for serving as Interim Chief Business Official and welcomed Mr. Mark Matinelli as the district's new Assistant Superintendent, Business Services Division.

The Board of Education approved:

Agreement with Dale Scott and Company for CAB Restructuring Bond Services

Purchase of Supplemental English Language Arts K-8 Curricular Materials, Engage NY, for Common Core State Standards Implementation  
Revisions to the Current High School Courses  
Character Design for the 21st Century, for grades 9, 10, 11 and 12  
CAD Solid Modeling with Solid Works for grades 9, 10, 11 and 12  
Machine Technology for grades 9, 10, 11 and 12  
Environmental Science Honors, for grades 11 and 12  
Social Justice Activism, for grades 10, 11, and 12  
CSU Expository Reading and Writing Course for grade 12



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# CSUEB alumnus helps students' dreams come true

SUBMITTED BY JEFF BLISS

Cal State East Bay (CSUEB) alumnus FrederickArn Hansson and his wife, Pamela, have established a \$25,000 award endowment in the university's Department of Anthropology, Geography, and Environmental Studies (AGES).

Named the Hansson Adventure, Research and Travel Fund for Anthropology, Geography, and Environmental Studies, the endowment will provide up to \$1,000 a year to one or two students. "The award money can be used more flexibly than scholarship funds," said Professor David Larson, chair of AGES. "In this case, it is intended to help a student fulfill a dream or goal that may include research, field work, or conference attendance."

The concept for the endowment began in the 1990s when Hansson gave the department small gifts to be used for refreshments at meetings as a way to thank the department while fostering conversations within it. Hansson established the endowment to help students who "struggle to find two pennies to rub together - like I did - and wish to investigate the wonders that seem just out of our reach. I'm thankful for those who gave me the love of learning, taught me how to research and to understand the bigger picture by looking at the inner connections of the world in which we live." Hansson earned a Bachelor of Arts degree in Geography in 1974, and was the first person in his family to graduate from college.

The Hanssons' support will, according to Professor Larson, "encourage students in our programs to think beyond simply completing the standard curriculum leading to a degree. Now they'll be able to consider more ambitious research projects, knowing that department funding could help support it."



(L-R) Pamela Hansson, FrederickArn Hansson, and Professor David Larson, chair, Department of Anthropology, Geography, and Environmental Studies.

Dr. Kathleen Rountree, Dean of the College of Letters, Arts, and Social Sciences at CSUEB, described the long-term impact of the gift: "Education, at its essence, is about encouraging student achievement to build a better society for the future. By making this gift, Fred and Pamela Hansson have affirmed their commitment to the power of education as a critical component in creating the future we all hope for. By creating an endowment, they have ensured that their support for student achievement will be ongoing."

The students who receive the award are invited - but not required - to provide a box of donuts or a pound of coffee for AGES to be shared with the community. This is intended to act as a primer to foster communication about exciting things in the lives of department members, according to Hansson. "We should always celebrate in small ways for the gifts life has afforded us," he adds.

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BUSINESS

BART developments program

SUBMITTED BY WOMEN’S COUNCIL OF REALTORS

The first meeting of the Women’s Council of Realtors (WRC) Tri-Cities Business Resource Network in 2015 will be a discussion of projected home development around the Warm Springs BART Extension Project. Fremont Mayor, Bill Harrison, and David Stark, Public Affairs Director at Bay East Association of Realtors, will speak about opportunities ahead and projected new home developments.

BART developments  
Wednesday Feb 18  
2:30 pm. - 4:30 p.m.  
El Patio Restaurant  
37311 Fremont Blvd, Fremont  
(925) 989-8998  
<http://tinyurl.com/mpvp852>  
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California state parks seek younger, diverse visitors

BY SCOTT SMITH  
ASSOCIATED PRESS

SACRAMENTO, Calif. (AP)—The future of California’s state parks depends on attracting younger and ethnically diverse people from cities to experience the state’s vast natural scenery, according to a commission tasked with reforming the state parks department.

Parks Forward, the commission formed following a 2012 scandal inside the California Department of Parks and Recreation, will present this recommendation and others on Friday in a report to state lawmakers.

The report also calls for forming a non-profit, called Parks California, to partner with other organizations and bring the department financial stability. It also calls for upgrading technology and ending an outdated management practices such as promoting only law enforcement rangers to leadership positions.

The agency has already announced the formation of a team of experienced park staff and outside consultants who will direct changes in park management and begin implementing some of the commission’s initiatives.

The commission was created following a scandal three years ago that bruised the department’s reputation when \$54 million was found hidden in secret accounts while budget cuts were threatening to close 70 of the 279 state parks.

Christine Kehoe, Parks Forward’s co-chair, said in a statement that the commission’s goal is to make the state parks relevant in the future and meet the needs of California’s changing population.

“It is not designed to dwell upon past problems, but to turn the page to a bright future through fundamental change” Kehoe said.

California’s 1.6 million acres of parkland include 339 miles of Pacific coastline, 15,000 campsites and 4,456 trails.

More people now live in cities, and the population is growing increasingly diverse, which the park system needs to address in terms of both visitors and employees, the report says. Other recommendations include incorporating social media into the park experience and building small cabins at some campgrounds to attract those who aren’t equipped or inclined to do tent camping.

“Our parks should be more easily accessible and available to all communities,” said state Rep. Marc Levine, a San Rafael Democrat, who chairs the Assembly committee on Water, Parks and Wildlife.

Acting Parks Director Lisa Mangat said this is an opportunity to strengthen the park’s system. “There is a lot of momentum for positive and sustainable change,” she said.

\$1B Switch data center near Reno will be world’s biggest

AP WIRE SERVICE

RENO, Nev. (AP)—The largest lithium battery factory in the world is getting a new neighbor at an industrial park east of Reno — the world’s biggest data center.

Las Vegas-based Switch plans to invest \$1 billion in the 3 million square foot “supernap” center. It will be built on 1,000 acres at the Tahoe Reno Industrial Center, where Tesla Motors currently is building its \$5 billion gigafactory to make batteries to power its electric cars.

Gov. Brian Sandoval announced the plan in his State of the State address Thursday night along with a \$1 billion expansion of Switch data space in Las Vegas.

“This will make Nevada the most digitally connected state in the nation,” Sandoval said in his speech to lawmakers in the Assembly chambers, where Switch CEO and founder Rob Roy was on hand.

The company operates two data center facilities in Las Vegas, providing security, power and cooling for stacks of thousands of servers owned by more than 1,000 clients that include eBay, Xerox, Zappos, Amazon, DreamWorks, Shutterfly and the U.S. government.

Switch’s “supernap” project includes the development of a 500-mile fiber optic network it calls a “superloop” that will connect Reno, Las Vegas, Los Angeles and San Francisco and dramatically increase the speed of information traveling between the cities.

The company said it will place 50 million people within 14 milliseconds of data, with information moving between Reno and Las Vegas in only 7 milliseconds.

Like the Tesla deal announced in September, and similar smaller agreement that brought Apple’s \$1 billion data center to the Reno area in 2012, Switch is expected to receive tax incentives for the new project in northern Nevada.

Switch expects the overall project to take five to 10 years but its first facility should be open by the second quarter of 2016, said Adam Kramer, the company’s vice president of government and public affairs.

There’s no immediate job estimate tied to the plans, but Kramer said Switch employs 400 workers at its data center in southern Nevada, which will expand from the current 2 million to 3.5 million square feet. The Las Vegas operation also has an additional 5,000 people who work on the site for Switch’s clients.

Switch has to bring 100 jobs to northern Nevada to qualify for the tax breaks.

Steve Hill, director of the Governor’s Office of Economic Development, said the deal still has to be approved by Storey County and the state’s economic development board but would include a reduction of sales tax to 2 percent as well as a 75 percent reduction in personal property taxes for 15 years.

Sandoval said it’s the latest in a string of major victories in recent years as Nevada tries to diversify an economy heavily reliant on tourism and gambling revenue. The state also has been selected as one of six national training sites for unmanned aerial systems, or drones.

“We became the home to dozens of other national brands who now employ Nevadans in industries of the future — cyber security, medicine, aviation, renewable energy, manufacturing, data storage and more,” Sandoval said.

“The list of companies wanting to do business in Nevada keeps growing,” he said.

AT&T, Verizon get more airwaves: Expect more mobile capacity

AP WIRE SERVICE

NEW YORK (AP)—Consumers may see improved networks after AT&T and Verizon, the two largest U.S. wireless companies, spent billions in the government’s latest airwaves auction.

The additional airwaves, or spectrum, will allow wireless companies to offer more capacity for mobile data services, helping ease congested networks.

The auction, which ended Thursday, will raise \$41.3 billion for the U.S. Treasury and various federal programs. AT&T Inc. bid \$18.2 billion and Verizon Wireless \$10.4 billion. T-Mobile US

Inc. had \$1.77 billion in winning bids. Sprint Corp. did not participate.

AT&T plans to start using the new spectrum in 2017 or 2018 to improve performance and offer additional capacity for mobile data — particularly for video, which is one of the largest uses of data capacity. AT&T says it expects the new spectrum to be primarily used for downloads, rather than sending video and other data. Verizon and T-Mobile haven’t specified what they will do, citing a quiet period.

Beyond the national carriers, Dish Network Corp. won \$10 billion worth of spectrum

through two companies it invested in. Unlike its cable rivals, the satellite TV provider has had trouble bundling an Internet service with TV. The spectrum will help Dish offer a broadband service wirelessly.

The Federal Communications Commission has been trying to free up spectrum from various government agencies and other holders, and it has been offering the freed airwaves to companies through these auctions.

To get the spectrum in the latest round, companies must make their payments by March 2.

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## Juanita's Polynesian Delights to open Valentine's Day

SUBMITTED BY  
JUANITA CHRISTENSEN

Fremont's own Juanita and Brian Christensen proudly announce the grand opening of Juanita's Polynesian Delights Bakery and Internet Café. Touting the tagline "A Taste of the Islands," Juanita's Polynesian Delights will offer its clientele fresh baked goods and high quality authentic Polynesian fast food trays for take-out.

"The Bay Area is lacking in its representation of establishments that offer traditional Polynesian food," says Juanita Christensen, whose business aims to fill that void. "I've been cooking and baking since I was very young in Western Samoa, and in more than 20 years of living in the East Bay, I've yet to see restaurants with a Polynesian menu that is welcoming to all communities."

Juanita's experience with cooking and baking started at a very early age. She worked at the Morris Hedstrom bakery in Western

Samoa, preparing meat pies, pineapple pies, cakes, and cooked extensively for large groups. Juanita's Polynesian Delights boasts menu items made "as healthy as possible and with top quality ingredients." Juanita's philosophy is to share her edible creations with her customers and provide them with a taste of the islands. "My creative passion comes out in my cooking, so every bite you eat will bring you closer to the islands," says Christensen.

Juanita's Polynesian Delights will offer an assortment of fresh breads, pies, cakes, and other authentic pastries. Among the specialties available exclusively at Juanita's Polynesian Delights will be take-out plates with taro and green bananas cooked in coconut milk, accompanied by a choice of: Fish, Lamb, Pork Ribs, or Chop Suey. Wireless and hard-wired Internet service will be available to patrons who choose to eat in.

Co-owner Brian Christensen states that Juanita's Polynesian Delights "will be a green business and give back to the community."

Juanita's Polynesian Delights is located at 36601 Newark Blvd, in Newark. There will be a 20 percent discount on all items on grand opening day February 14, Valentine's Day, with a cake party from 7 p.m. to 10 p.m. For more information, call (510) 358-2802 or log onto [www.juanitaspolynesiandelights.com](http://www.juanitaspolynesiandelights.com).

**Juanita's Polynesian Delights**  
**36601 Newark Blvd, Newark**  
**(510) 358-2802**  
**[www.juanitaspolynesiandelights.com](http://www.juanitaspolynesiandelights.com)**

## Got Battery? Lots of low battery hacks but no quick fix

BY BARBARA ORTUTAY  
AP TECHNOLOGY  
WRITER

NEW YORK (AP) — At a cozy watering hole in Brooklyn's Bedford-Stuyvesant neighborhood, bartender Kathy Conway counted four different phone chargers behind the bar. Call it the scourge of the red zone, call it battery anxiety. Smartphone users are tired of begging to charge devices behind bars or hunting for hidden electrical outlets in airports and train stations. Where, oh where, is a better battery?

The common lithium-ion battery that's used to power laptops, cellphones and tablet computers has improved in recent years. Battery capacity has tripled since 1990, says K. M. Abraham, a professor at Northeastern University who researches batteries. But it's not nearly enough to keep up with the demand we gadget addicts have for constant use of skinny, light mobile devices, which limits battery size.

Two billion mobile phones were shipped worldwide in 2014, 75 percent of which were smartphones, says longtime technology analyst and president of Creative Strategies, Tim Bajarin. Demand is growing by 10 to 12 percent each year. And we want to send email, play games, stream music and videos, get step-by-step directions — all battery hogs.

"We are reaching the limit of what a good battery material can do," says Abraham. "Going beyond what we have now is taking a new understanding of chemistry, material science...People are working all over the world on it, but there is nothing on the horizon."

Still, there are some options.

Companies recently showed off battery chargers and smartphone extenders at the annual

gadget show known as CES. One that seems particularly convenient is the 911 Boost, developed by Florida entrepreneur Bernard Emano and his two firefighter sons. The small black square weighs only 2.3 ounces and is designed to be carried on a key chain. It's versatile, with three different retractable jacks so it can plug into new and old model iPhones, and any other phone that takes a micro-USB plug.

The \$30 device can only provide about a 60 percent charge for most phones, though. Emano explains that a battery with more capacity would be too heavy for a key-chain. His device can plug into a wall outlet while connected to a phone, so the phone and the charger can both recharge together. They're sold at [911Boost.com](http://911Boost.com); Emano is in talks with retailers.

Chinese company ZeroLemon has a line of rugged smartphone cases for Apple, Samsung and LG phones that come with built-in battery extenders. A \$69 version for the iPhone 6, called the Rugged Juicer, will let you go up to three times as long before you need a recharge, according to spokesman Randyn Akiona. ZeroLemon also makes pocket-sized, solar chargers that will restore a smartphone battery to full capacity in about three hours, when connected by a power cable. "It's not for someone who needs a fast charge, but it will get you going" when there's no other power available, Akiona says. The SolarJuice chargers will take up to a week to recharge themselves from the sun, although you can also plug them into an outlet.

Qualcomm has extended battery life through more efficient software and hardware. After all, processors can handle

sharper displays and cameras in phones these days, without the battery itself getting much bigger. Among the power-saving advancements: When one part of the chipset is in use, the rest gets turned off to save energy. The chipset also tries to store a lot of data internally so that it doesn't have to expend energy constantly reaching out to the phone's memory banks.

Google, whose Android operating system runs on most of the world's smartphones, last year launched "Project Volta" — named after Alessandro Volta, the Italian physicist who invented the battery — a tool aimed at extending mobile battery life. For example, waking up a phone's application processor can start consuming a lot of power, but a lot of apps don't need to do that constantly, says Dave Burke, vice president of engineering at Google who works on Android. A function called JobScheduler helps ensure that apps wait to perform non-critical tasks like updates when your phone is connected to a power source.

"You are out in a restaurant with 10 percent power, you don't want apps to start updating," says Burke.

Conway says she doesn't know why more people don't carry around external chargers known as power bricks. On cue, Ben Eells, a theater electrician sitting at the bar, pulled one out of his bag. He bought it on the crowdfunding site Kickstarter for \$70.

"It has LEDs built into it," he demonstrated. "I carry batteries around, but sometimes I forget to charge the batteries."

Next to him, a woman asked Conway to plug in her phone. She complied.

Such is modern life. *AP Technology Writers Brandon Bailey and Anick Jesdanun contributed to this story from Las Vegas.*

## New Senior VP at Pan Pacific Bank

SUBMITTED BY KRISTI LANE

Pan Pacific Bank has announced that Genelle Wrzesinski recently joined the Bank as Senior Vice President and Operations Administrator.

Pan Pacific Bank CEO Wayne Doiguchi said, "Genelle is a proven leader, and her financial and community banking experience is an ideal fit as we continue to expand and meet long-range objectives for our bank and its customers. We are happy to have her as part of the executive team at Pan Pacific Bank." Ms. Wrzesinski has served as Vice President and BSA Officer at Valley Community Bank, and also held management positions at Fremont Bank. She graduated from the University of Phoenix and resides in Castro Valley.



## IBM boss gets bonus despite company's woes

BY BRANDON BAILEY  
AP TECHNOLOGY WRITER

SAN FRANCISCO (AP) — IBM boss Virginia Rometty will get a \$3.6 million bonus for her performance last year, even though the company's sales and profits declined in 2014.

Rometty and other top executives did not take bonuses for 2013, after IBM turned in disappointing results for that year. But even though IBM is still struggling to catch up with recent shifts in the way corporate customers buy technology, it disclosed a new pay package that appears to be a vote of confidence in her efforts.

IBM has said it's making progress by selling off less profitable divisions and investing in new businesses including data analytics, cloud computing and mobile software.

As CEO, Rometty is also getting a 6.7 percent raise in her base salary, which has been \$1.5 million since she took the top job in 2012. She will get \$1.6 million in 2015, the company said in a regulatory filing Friday.

IBM is also raising her target bonus to \$5 million for 2015. In ad-

dition, the company said she'll be eligible for up to \$13.3 million in potential stock grants that would be awarded for her performance over the next three years, up from a maximum of \$12.75 million in long-term incentive grants that were reported last year.

A company spokesman declined comment on Rometty's pay deal Friday. IBM is expected to disclose more details and the rationale for her compensation in its annual proxy statement this spring.

International Business Machines Corp., which is based in Armonk, New York, reported last week that its 2014 sales fell 6 percent to \$92.8 billion, while net income dropped 27 percent to \$12.02 billion. The company had previously abandoned a goal of earning \$20 a share in 2015, and instead said it expects annual earnings of \$15.75 to \$16.50 per share.

The company's revenue has declined for the last 11 quarters.

IBM shares closed Friday at \$153.31, down 1.4 percent for the day. They are down 13.6 percent in the past year.

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# Blind Cal State East Bay student Pursues Passion for Opera

SUBMITTED BY ERIN MERDINGER

For a music major studying opera, what could be better than immersing oneself in the birthplace of opera itself? Cal State University East Bay (CSUEB) student Brandon Keith Biggs, blind from birth, is getting to do exactly that. Currently studying abroad in Italy as part of an international exchange program, Biggs is the first blind CSUEB student to participate in a study abroad program.

“My main goal in coming to Italy is to learn the language,” said Biggs. “Because most operas are in Italian, it is very important that I am able to say all the words correctly and know the meaning of everything I am saying.” Biggs, 22, left for Italy in September and will continue his studies at the Catholic University of Milan through June. In addition to his Italian language course, Biggs is taking a theater class, a course in entrepreneurial finance and — the course which he describes as “the most difficult” — an Italian cooking class.

Biggs credits Kelly Moran, director of CSUEB’s Center for International Education, along with CSUEB’s Accessibility Services, which provides academic accommodations to qualified individuals with disabilities for the positive roles they played in his efforts going abroad.

“I am forever thankful to Accessibility Services for allowing me to give my text-



books to them for scanning,” said Biggs. “They were mostly in Italian, and language books are the most difficult books to scan as they are very hard to proofread and have a lot of pictures.” When Biggs is not practicing his Italian inside the classroom, the Washington native is busy exploring the country and socializing with the locals.

“I met some fantastic people here in Italy my first few days and started hanging out with them. They introduced me to their friends, and so in the first week I had met more Italians than most of the other [international] students,” said Biggs. And if following his dreams in Italy is not enough, Biggs was also recently featured in

one of Italy’s oldest and most influential newspapers—Corriere della Sera.

“Now I’m kind of a minor celebrity here,” said Biggs. “All my friends came up and told me they read my article in the newspaper!”

Biggs took part in the International Student Exchange Program (ISEP), an organization with a network of over 300 colleges and universities in 50 countries. Through study abroad, Cal State East Bay students can attend schools overseas for one semester, or an academic year and gain credit toward their degree. Most students will also pay the same cost of tuition, room and board while studying abroad through ISEP as they would at their home university.

“If you look at the cost of going to Italy without doing an exchange program, it is somewhere around \$30,000 a term. I am paying around \$10,000 for everything — flight, food, housing and everything,” explained Biggs. “I can’t say ‘DO IT’ enough. You can’t get this kind of deal anywhere else in America; it is probably the best part of a California State University.”

Approximately 30 undergraduate students from CSUEB participate in study abroad programs each academic year, said Moran.

“Study abroad sets students apart from other graduates by providing them with a global experience and preparing them for a global workforce,” said Moran.

Information sessions are generally held in fall for students interested in learning more about study abroad options and eligibility requirements. For additional information, visit the Center for International Education’s Study Abroad website: <http://www20.csueastbay.edu/cie/studyabroad/index.html> or contact Kelly Moran at [kelly.moran@csueastbay.edu](mailto:kelly.moran@csueastbay.edu).

## App helps dyslexic students

SUBMITTED BY  
BETH MATTSSON-BOZE  
PHOTOS COURTESY OF  
BOBBY PATEL

A team of three young Middle School students from the Challenger School in Newark has been developing an innova-

the Director of Stellar Academy for Dyslexics in order to learn more about dyslexia.

Team, “RoboTech 5869,” won the championship award and is moving on to district level of competition. They presented their Lego robot and ideas for the app to Stellar students and parents in an assembly held at Stellar on January 10.



(Left to right): Beth Mattsson-Boze receives the check from RoboTech Team students Keerthi Konda, Roshni Sudharsan and Lakshmi Patel

tive mobile app for dyslexics. Keerthi Konda, Roshni Sudharsan and Lakshmi Patel, are one of many teams in the FLL (First Lego League). The league releases a new challenge every year. This year’s challenge theme is based on “World Class Learning” — “How can we improve the way we learn?”

Apart from programming, having fun and building a cool autonomous robot totally out of Lego parts, teams are tasked to create an innovative solution in an area of their choice that will improve the way we learn.

Over the past few months, Challenger team members have been meeting with

Each Stellar student was presented with a Lego kit, a gift from the Robotech Team.

Challenger students also arranged for a fundraiser to benefit Stellar Academy for Dyslexics, a non-profit school, and were proud to present a \$1,000 check.

For more information about Stellar Academy for Dyslexics contact:

Beth Mattsson-Boze, Director at (510) 510-797-2227 or [stellaracademy@aol.com](mailto:stellaracademy@aol.com)

For more information about the competition, please contact teacher and parent Priya Sudarshan at Challenger School, (707) -292-2002.



Group photo of RoboTech Coach (back row left) and Team (back row center in Challenger uniforms) surrounded by Stellar Academy students and staff.

## Keystone XL Pipeline controversy: What is it really about?

SUBMITTED BY EILEEN RIENER, TRI-CED COMMUNITY RECYCLING

Controversial headlines and articles about the Keystone XL pipeline have been bandied about in the media for some time now. The project is the proposed fourth phase of the currently existing and operational Keystone Pipeline System that sends petroleum from Canada to refineries in Illinois and Texas and a distribution center in Oklahoma. In 2005, TransCanada Corporation proposed the Keystone XL pipeline, an extension that would run from Alberta to Nebraska and in 2008 applied to the State Department for a construction permit. The Keystone XL pipeline has the potential to carry approximately 510,000 barrels of oil per day, increasing total capacity of the pipeline to an estimated 1.1 million barrels per day.

A revised proposal of the fourth phase was introduced in 2012. In January 2013, Nebraska’s governor gave a green light to the project, paving the way for the project expansion. Shortly thereafter, a lower district court ruled that the law that granted the governor authority to make that decision was unconstitutional. The Nebraska Supreme Court just recently overturned the lower court’s decision, thereby opening up the possibility of expansion again. Meanwhile, the Federal government is equally at odds regarding the proposed pipeline with President Obama saying he will veto any legislation proposed by the newly Republican-controlled congress that would authorize the project to proceed.

Arguments, pro and con, are being made with environmentalists warning against continued American reliance on fossil fuels, increased carbon emissions associated with extraction from oil sands, and irreversible damage to boreal forests in northern Alberta while pro-pipeline forces tout job creation, increased safety of pipeline transport over rail transport, and an infusion of approximately \$3.4 billion to the American economy. For every argument, there is a counter argument, then another counter to that argument.

While the fight over the Keystone XL pipeline is very real, an article in the New Yorker by Ryan Lizza points out that, “For many activists, the opposition to Keystone isn’t really about the pipeline; they admit that no single project will tip the balance on climate change...rather, they want Obama to use Keystone as a symbolic opportunity to move America away from fossil fuels.” Whether the Keystone XL pipeline becomes that pivotal “line in the sand” or just another oil expansion project remains to be seen.



# Community Health Education Programs

For a complete list of classes and class fees, lectures and health education resources, visit [pamf.org/education](http://pamf.org/education).

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continued from page 1

# It’s for the Birds

With trails stretching 30 miles throughout the park, visitors have an abundance of options before them. Looking for a good place to start? The visitor center, located at 2 Marshlands Road, offers naturalist-led interpretive programs for every curious guest.

Along the 1-mile LaRiviere Marsh trail, a naturalist guides a wide-eyed group across wood-plank bridges over waterways and tall cordgrass; an Introduction to a Bird Watching for Beginners tour. Enriching the informational experience, each member of the group learns to work with necessary equipment, taking turns using binoculars to focus and analyze the landscape before them. The naturalist brings along a bird guide and demonstrates how to use it; to identify what they find. “Bird watching is a slow sport” she says, encouraging patience within the group that always seems to be met with reward.

Sure enough, thirty feet into the walk, a Great Egret is spotted. One of two types of egrets in the park, this impressive bird is distinguished from the Snowy Egret by its yellow bill and black feet. We followed along as the bird leisurely tread through the marshlands, an excellent first subject for our walk.

Proceeding along the trail, the fog began to burn off as we reached the second bridge. The salt marsh extended in all directions as the naturalist turned our attention to a California clapper rail sifting through mud in search for clams or mussels. Its distinct clicking sound identified the bird; we focused our binoculars on its tip-toeing motions as the naturalist narrated.

This excursion led by Carmen Minch on the morning of January 11th, is part of a series of programs for varying ages and levels of expertise that can be found on the U.S. Fish and Wildlife Service website.

A complete event calendar outlines upcoming programs; pre-registration is occasionally required. Tideline, a free publication including an extensive calendar of events at Southeast Bay locations, is available online at



[http://www.fws.gov/refuge/Don\\_Edwards\\_San\\_Francisco\\_Bay/tideline.html](http://www.fws.gov/refuge/Don_Edwards_San_Francisco_Bay/tideline.html) or hardcopy through a free subscription. Call 510-792-0222 for more information.

Experience the Bay’s natural habitat with this unique, first-hand experience and learn more about how to do your part to preserve our ecosystem. Among many free outdoor activities scheduled at Don Edwards National Wildlife Refuge facilities, the following organized bird watching opportunities are scheduled:

**Duck Walk**  
**Sunday, February 8**  
**9:00 a.m. – 10:30 a.m.**  
**Visitor Center**  
**2 Marshlands Rd, Fremont**  
**(510) 792-0222 ext. 362**

**Family Bird Walk (recommended for ages 5-10)**  
**Saturday, February 21**  
**2 p.m. – 4 p.m.**  
**Visitor Center**  
**2 Marshlands Rd, Fremont**  
**Reservations Required**  
**(510) 792-0222 ext. 362**  
<https://donedwardsfamilybird.eventbrite.com>

=Bird watching programs are also available at nearby East Bay Regional Parks. In the near future, the following

birdwalks are scheduled. For more information, click on the Regional in Nature Guide at: <http://www.ebparks.org/> or watch for a copy in future issues of Tri-City Voice.

**February 17**  
**Weekday Bird Walk**  
**7:30 a.m. – 9:30 a.m.**  
**Garin/Dry Creek**  
**May Road trailhead, Hayward.**  
**All levels of birding experience welcome. Bring water, sunscreen, and binoculars or scopes.**

**February 23**  
**Monday Birding**  
**9 a.m. – 12noon**  
**Coyote Hills**  
**(510) 544-2233**

**February 24**  
**Weekday Bird Walk**  
**7:30 a.m. – 9:30 a.m.**  
**Alameda Creek Trail**  
**All levels of birding experience welcome. Bring water, sunscreen, and binoculars or scopes.**  
**Niles Staging Area on Old Canyon Road, Fremont**  
**(510) 544-3220**  
**12+yrs**

**LUNAR NEW YEAR CELEBRATION**

**Sunday, February 15**  
**10 am sharp**

**Chinese Lion Dance**  
**To open Worship Service**  
**Free Ethnic Lunch**  
**following Service**

**At NEW LIFE CHRISTIAN FELLOWSHIP**  
**22360 Redwood Rd, Castro Valley**  
**510-582-2261**  
**newlifebayarea.org**  
**fb:New Life Christian Fellowship Castro Valley**

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ROUSEPROPERTIES



LOVE IS  
IN THE AIR.  
TIME TO SHOP

## An elegant Evening of Sparkles



SUBMITTED BY JEBOY KOSHY  
PHOTO BY FJK IMAGING

The Rotary Club of Fremont Warm Springs Sunrise will be hosting its 4th bi-annual fundraising event, “Evening of Sparkles,” on Saturday, February 7. This is a black tie optional dinner event at Castlewood Country Club in Pleasanton.

“Evening of Sparkles” is an elegant and fun way to lead into Valentine’s Day. The event will begin with a complimentary champagne reception, followed by a silent auction with fabulous items and a no-host bar. A formal dinner prepared by the chef and staff at Castlewood will be served to over 200 guests.

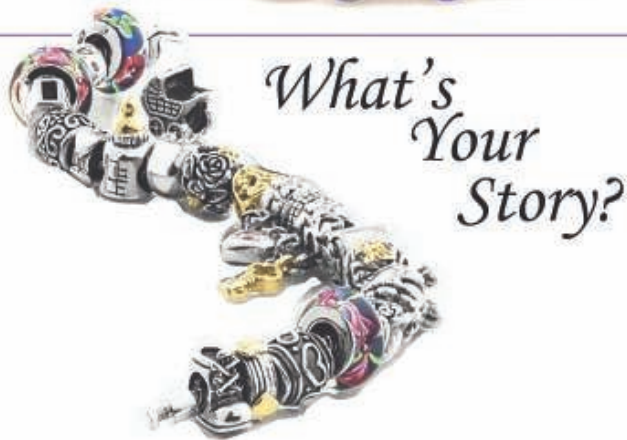
Originally, Fremont had two morning Rotary Clubs: Rotary Club of Fremont Sunrise and Warm Springs Rotary Club. The former Rotary Club of Fremont Sunrise initiated the “Fashion Show” fundraising event at a luncheon about 10 years ago. Clothing stores for both men and women were selected to provide the latest fashions that were modeled by members of the community as well as Rotarians. In July 2010, both clubs jointly decided to merge and chartered the current Rotary Club of Fremont Warm Springs Sunrise. Since the merger, the “Fashion Show” was renamed “Evening of Sparkles” and became an evening event.

The fundraising portion of the evening features a live auction with a professional auctioneer and includes jewelry from Bay Jewelers, weekend getaways, wines, and sports memorabilia. Entertainment includes a fashion show, “An Evening of Sparkles at the Taj Mahal,” and concludes with dancing and cocktails. All funds raised will benefit nonprofit organizations, including LIFE ElderCare of Fremont and End Polio Now, the Rotary International project to eradicate polio worldwide.

For more details and online registration please visit [www.eveningofsparkles.org](http://www.eveningofsparkles.org).

**Evening of Sparkles**  
**Saturday, Feb 7**  
**5 p.m. – 11 p.m.**  
**Castlewood Country Club**  
**707 Country Club Cir, Pleasanton**  
**[www.eveningofsparkles.org](http://www.eveningofsparkles.org)**  
**Tickets: \$75**

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Fremont Symphony Orchestra

PRESENTS

## Love Letters

An evening of romantic symphonic music  
on *Valentine's Day*

**Saturday, February 14**  
**8:00 pm**

Jason Klein, guest conductor

Prince of Peace Lutheran Church  
38451 Fremont Blvd., Fremont

## Love is in the air!

Great romantic works celebrating the power, passion and turbulence of love—Tchaikovsky's *Romeo and Juliet*, *The Young Prince and Princess* from Rimsky-Korsakov's *Scheherazade*, the love duet from Puccini's *Madama Butterfly*, selections from Webber's *Phantom of the Opera* plus works by Bizet and Rachmaninoff!

Please join us for a post-concert reception presented by  
the Fremont Symphony Guild

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We are pleased to offer our first-time patrons a **15%** discount! Enter coupon code “FREMONT15” or ask for the “First-Timer” discount.

# Home & Garden

## How to grow an INDOOR HERB GARDEN during winter

ARTICLE AND PHOTOS BY HILLARY SCHMEEL

Enhance the flavor of your meals this winter by growing your own indoor herb garden. There are a few ways you can start your herb garden: from a seedling, clipping, or already grown plant.

Fill individual pots or a flat of six-packs with moistened potting soil. "[Edna's Best Potting Soil] has all of the right types of mixture to really help the

pack or flat with a plastic dome. Remove the covering when seedlings emerge and place the container in a sunny window. "You can keep the herbs in the window sill this time of year," said Hildebrand. "But, in the spring and summer the sun coming in through a window gets magnified and it really burns up the plants. A bright, sunny spot is what they need. Di-



too small. If you have several different pots, you don't want them too close together because you want air circulation."

Many existing outdoor herbs, like oregano, thyme, rosemary, and sage, can be cut to create new plants for your indoor garden. To accomplish this, snip off a four-inch section, measured back from the tip. Strip off the lower leaves and stick the stem into moist, soilless mix, such as horticultural perlite. Cover with plastic wrap and keep moist.

Before moving your herbs inside for the winter, put them in a bright, cool spot, such as a garage, entryway, or enclosed porch, for a few weeks. Once

successful with the plants already started."

There are many herbs that do well indoors, such as basil for salads, oregano for soups and sauces, parsley for pasta dishes, chives for potatoes, dill for fish, rosemary for pork, and sage for vegetables and chicken. "Some people will put a little lavender on their grill to give some flavor to their chicken," said Hildebrand. "Cilantro is a great one for growing indoors. You can use it in your salsa. Some that can be used to flavor drinks are stevia, peppermint, and spearmint."

Herbs grown for tea can include English mint, chamomile, pineapple sage, and orange mint. "[Herbs] are all pretty easy,"



herbs grow," said Marsha Hildebrand, Owner of Regan Nursery in Fremont. "Whatever it is needs to be well drained and have some of the mycorrhizal fungi in it that helps the roots do what they are supposed to, especially indoors. You want something that drains well because you don't want the roots sitting in water."

Sprinkle seeds lightly on the soil or sow one or two seeds in each pocket of a six-pack. Cover the seeds with about 1/8 inch of the mix. Press the mix down lightly and spray the surface with water to moisten it and settle the seeds.

Keep the soil moist by covering the container with plastic wrap; cover a six-

rect sun is not the best. But, this time of year, they can take it."

Keep the mix evenly moist by watering it from the bottom. Set containers in a sink filled with two inches of water until beads of moisture appear on the soil surface. When the seedlings reach two inches tall, transplant them into individual pots. Old aluminum kitchen canisters, tea tins or large ceramic tea cups can be transformed into herb pots by drilling small drainage holes in the bottoms with a power drill or a jeweler's bit.

Spacing is very important. "It depends on the size of the pot because they want to grow," said Hildebrand. "So, it can't be



they've become acclimated to the new environment, you can move them to an area inside with lots of sun. "I would suggest having a couple of pots," said Hildebrand. "Have one outside in a protective area from the frost like a patio area and switch them out every couple of weeks. You will have healthier plants doing that."

"This time of year it can be kind of hard starting from seedling," said Hildebrand. "It's better if somebody has a kit with a roof on it or a vinyl covering. And, grow lights definitely help if you're going to do it that way." She suggests using a "Greenhouse Seed Starter Kit." "Otherwise, I think people are going to be suc-

said Hildebrand. "In the garden, if you don't pay attention, they can get away from you."

Herbs grown and used for scent can include lavender and scented geraniums, which are available in many fragrances, including chocolate, peppermint, and lemon. But, beware, not all herbs smell nice. "Solvents can be pretty stinky," said Hildebrand. "They're very strong and pungent. So, you put that inside a house and it can become pretty overwhelming."

For more information on growing your own indoor herb garden, contact Regan Nursery at (510)797-3222 or visit regannursery.com.



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# NEFAB opens new location

ARTICLE AND PHOTOS BY  
CASSANDRA BROADWIN

With a grand countdown, the Newark California Division Office welcomed Nefab Packaging Inc. to its newest location in the Bay Area on the afternoon of January 15. The event was orchestrated to provide a learning opportunity for those in attendance, with key founders of the company leading facility tours and staging a hands-on experience for enthusiastic participants. While one might not expect excitement surrounding a visit to an industrial packaging facility, by the event's conclusion a sense of pride was reinvigorated, a new respect kindled around the innovations and progressive nature that Nefab Packaging Inc. brings to the table.



Founded in Sweden in 1870, Nefab started out designing efficient encasements for transportation of bakery products. They have since grown to develop packaging solutions for the aerospace, telecom, vehicle, energy and healthcare industries, with a client list that includes Tesla, Walt Disney, Intel, Amazon, Rolls Royce, and IBM.

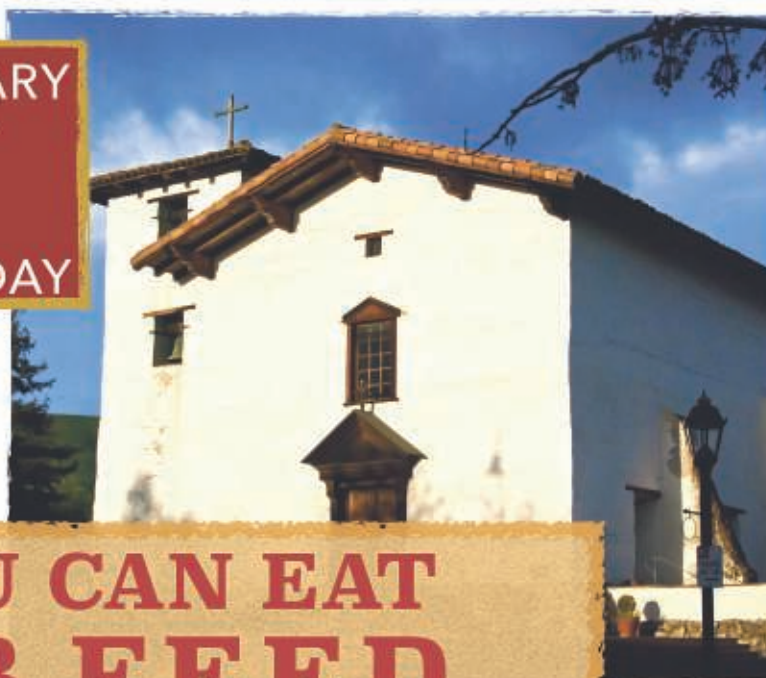
Credited for their reliable and environmentally conscious design, manufacturing, and marketing processes, Nefab is making noteworthy strides to change the way customers interact with the distribution of product. A culture of sustainability and resourcefulness is a pillar of the company's foundation. Each product is designed and

optimized with environmental consciousness, crafted and tested for minimum weight measurements and features of reusability. One highlight from the tour was an introduction to two engineers behind this optimization process, who emphasized the technical precision required for the success of each and every product that goes out of the facility.

A successful open house event, Nefab has plenty to teach us about packaging solutions generated for products we interact with every day. Nefab Packaging, Inc. is located at 8477 Central Avenue in Newark. Call (408) 678-2500 or visit [www.nefab.us](http://www.nefab.us) for more information.



FEBRUARY  
**7**  
SATURDAY



## ALL YOU CAN EAT CRAB FEED

*Hosted by*

**The Committee for the Restoration of the  
Mission San José**

**Where: St. Joseph Parish Hall, 43148 Mission Blvd., Fremont**

**When: Saturday, February 7, 2015**

**6:30 PM No Host Bar: Wine & Soft Drinks**

**7:00 PM Dinner and Dessert**

**\$55/person \$400/table of 8**  
(Full amount due at time of payment)

Visit [crmsj.weebly.com](http://crmsj.weebly.com) to order tickets online

| CASTRO VALLEY   TOTAL SALES: 16 |         |             |         |         |        |          |
|---------------------------------|---------|-------------|---------|---------|--------|----------|
| Highest \$:                     |         | Median \$:  |         | 525,000 |        |          |
| Lowest \$:                      |         | Average \$: |         | 609,156 |        |          |
| ADDRESS                         | ZIP     | SOLD FOR    | BDSSQFT | BUILT   | CLOSED |          |
| 4336 Alma Avenue                | 94546   | 525,000     | 3       | 1401    | 1962   | 12-30-14 |
| 3781 Brookdale Blvd             | 94546   | 655,000     | 3       | 1900    | 1953   | 12-31-14 |
| 18652 Crest Avenue              | 94546   | 870,000     | 5       | 2581    | 2005   | 12-31-14 |
| 3566 Jamison Way                | 94546   | 585,000     | 4       | 2256    | 1935   | 12-31-14 |
| 21309 Lake Chabot Road          | 94546   | 530,000     | 4       | 1916    | 1947   | 12-30-14 |
| 19964 Lorena Circle             | 94546   | 440,000     | 2       | 1276    | 1996   | 12-30-14 |
| 19976 Lorena Circle             | 94546   | 452,000     | 2       | 1276    | 1996   | 12-24-14 |
| 2720 Norbridge Avenue           | 94546   | 400,000     | 3       | 1348    | 1928   | 12-29-14 |
| 4560 Sargent Avenue             | 94546   | 595,000     | 3       | 1584    | 1935   | 12-26-14 |
| 20111 West Ridge Court          | #894546 | 440,000     | 2       | 1467    | 1977   | 12-24-14 |
| 20085 Wisteria Street           | 94546   | 525,000     | 3       | 1794    | 2007   | 12-31-14 |
| 20087 Wisteria Street           | 94546   | 475,000     | 3       | 1767    | 2007   | 12-31-14 |
| 4343 E Castro Valley Blvd       | 94552   | 1,183,000   | 5       | 3443    | 1966   | 12-31-14 |
| 18720 E Cavendish Dr            | 94552   | 830,000     | 4       | 2292    | 1978   | 12-30-14 |
| 20031 Summerridge Dr            | 94552   | 517,000     | -       | -       | -      | 12-31-14 |
| 22175 W Lyndon Loop             | 94552   | 724,500     | 3       | 2328    | 1998   | 12-30-14 |

| FREMONT   TOTAL SALES: 33 |            |             |         |         |        |          |
|---------------------------|------------|-------------|---------|---------|--------|----------|
| Highest \$:               |            | Median \$:  |         | 648,500 |        |          |
| Lowest \$:                |            | Average \$: |         | 736,879 |        |          |
| ADDRESS                   | ZIP        | SOLD FOR    | BDSSQFT | BUILT   | CLOSED |          |
| 3371 Baywood Terrace      | #21294536  | 280,000     | 1       | 714     | 1987   | 12-24-14 |
| 4728 Beechwood Avenue     | 94536      | 591,000     | 3       | 1622    | 1953   | 12-29-14 |
| 4681 Deadwood Drive       | 94536      | 650,000     | 3       | 1452    | 1961   | 12-22-14 |
| 35283 Gawain Court        | 94536      | 855,000     | 4       | 1714    | 1972   | 12-31-14 |
| 340 J Street              | 94536      | 601,000     | 2       | 782     | 1905   | 12-29-14 |
| 36194 Magellan Drive      | 94536      | 525,000     | 3       | 1445    | 1954   | 12-30-14 |
| 37410 Monteverde Terrace  | 94536      | 238,500     | 3       | 1519    | 2006   | 12-30-14 |
| 4627 Rothbury Common      | #58945365  | 10,000      | 3       | 1460    | 1988   | 12-31-14 |
| 1534 Shinn Court          | 94536      | 730,000     | 3       | 1487    | 1985   | 12-31-14 |
| 37983 Vallejo Street      | 94536      | 266,000     | 1       | 576     | -      | 12-26-14 |
| 40377 Blacow Road         | 94538      | 545,000     | 3       | 1026    | 1961   | 12-24-14 |
| 40425 Chapel Way          | #10194538  | 438,000     | 3       | 1228    | -      | 12-24-14 |
| 4162 Crestwood Street     | 94538      | 889,000     | 3       | 1008    | 1958   | 12-30-14 |
| 4371 Crestwood Street     | 94538      | 875,000     | 4       | 1332    | 1959   | 12-31-14 |
| 5223 Farina Lane          | 94538      | 605,000     | 3       | 1442    | 1961   | 12-24-14 |
| 40427 Leslie Street       | 94538      | 515,000     | 3       | 950     | 1955   | 12-31-14 |
| 42528 Roberts Avenue      | 94538      | 648,500     | 3       | 1100    | 1957   | 12-29-14 |
| 3695 Stevenson Bd         | #E30294538 | 200,000     | 1       | 721     | 1991   | 12-31-14 |
| 41616 Carmen Street       | 94539      | 880,000     | 3       | 1338    | 1954   | 12-24-14 |
| 41634 Covington Drive     | 94539      | 2,140,000   | 5       | 4299    | 1958   | 12-30-14 |
| 45369 Little Foot Place   | 94539      | 1,270,000   | 3       | 2140    | 1978   | 12-30-14 |
| 3912 Monte Sereno Terrace | 945392     | 1,100,000   | 5       | 3899    | 1997   | 12-24-14 |
| 259 Old Glory Court       | 94539      | 1,385,000   | 4       | 2897    | 1991   | 12-24-14 |
| 4338 Calypso Terrace      | 94555      | 755,000     | 3       | 1988    | 1991   | 12-30-14 |
| 4008 Caribbean Common     | 94555      | 415,000     | 3       | 1166    | 1970   | 12-26-14 |
| 2805 Coleman Place        | 94555      | 700,000     | 3       | 1390    | 1969   | 12-24-14 |
| 4936 Creekwood Drive      | 94555      | 780,000     | 3       | 1607    | 1989   | 12-30-14 |
| 34110 Cromwell Place      | 94555      | 805,000     | 4       | 1494    | 1970   | 12-30-14 |
| 3886 Lake Mead Drive      | 94555      | 500,000     | 3       | 1148    | 1971   | 12-31-14 |
| 3509 Lake Ontario Drive   | 94555      | 575,000     | 3       | 1148    | 1971   | 12-30-14 |
| 33281 Lake Pyramid St     | 94555      | 545,000     | 4       | 1360    | 1969   | 12-30-14 |
| 34114 Osprey Terrace      | 94555      | 670,000     | 4       | 1898    | 1998   | 12-24-14 |

| HAYWARD   TOTAL SALES: 34 |       |             |         |         |        |          |
|---------------------------|-------|-------------|---------|---------|--------|----------|
| Highest \$:               |       | Median \$:  |         | 400,000 |        |          |
| Lowest \$:                |       | Average \$: |         | 400,000 |        |          |
| ADDRESS                   | ZIP   | SOLD FOR    | BDSSQFT | BUILT   | CLOSED |          |
| 34589 Winslow Terrace     | 94555 | 835,000     | 3       | 1839    | 1988   | 12-30-14 |
| 22739 1st Street          | 94541 | 309,000     | 4       | 1976    | 1928   | 12-24-14 |
| 2370 D Street             | 94541 | 345,000     | 3       | 1347    | 1975   | 12-31-14 |
| 24705 Garwood Glen Dr     | 94541 | 400,000     | 3       | 1620    | 1981   | 12-23-14 |
| 19711 Medford Cle#13      | 94541 | 335,000     | 2       | 1125    | 1992   | 12-30-14 |
| 22555 Norwood Drive       | 94541 | 810,000     | -       | -       | -      | 12-24-14 |
| 2065 Oak Creek Place      | 94541 | 350,000     | 3       | 1612    | 1972   | 12-26-14 |
| 2824 Pickford Place       | 94541 | 500,000     | 4       | 1542    | 1987   | 12-30-14 |
| 23680 Ronald Lane         | 94541 | 352,000     | 2       | 841     | 1951   | 12-31-14 |
| 21791 Westpark Street     | 94541 | 435,000     | 3       | 1776    | 1955   | 12-30-14 |
| 66 Benmore Drive          | 94542 | 1,108,000   | 3       | 3143    | 2013   | 12-30-14 |
| 24926 Campus Drive        | 94542 | 535,000     | 3       | 1679    | 1918   | 12-31-14 |
| 33 Ballard Court #2       | 94544 | 278,000     | 2       | 1000    | 1982   | 12-23-14 |
| 30058 Bridgeview Way      | 94544 | 820,000     | 5       | 2708    | 1999   | 12-31-14 |
| 32183 Carroll Avenue      | 94544 | 396,000     | 3       | 1031    | 1951   | 12-31-14 |
| 1170 Inglewood Street     | 94544 | 450,000     | 3       | 1059    | 1953   | 12-31-14 |
| 31821 Potsdam Street      | 94544 | 350,000     | 3       | 1031    | 1951   | 12-24-14 |
| 24808 Townsend Ave        | 94544 | 335,000     | 3       | 1481    | 1957   | 12-31-14 |
| 25896 Underwood Av        | 94544 | 405,000     | 3       | 1614    | 1952   | 12-24-14 |
| 29591 Vanderbilt St#305   | 94544 | 290,000     | 2       | 900     | 1988   | 12-24-14 |
| 29869 Ventnor Court       | 94544 | 510,000     | 3       | 1415    | 1986   | 12-24-14 |
| 371 Warner Avenue         | 94544 | 300,000     | 3       | 927     | 1951   | 12-31-14 |
| 28325 Winn Court #5       | 94544 | 230,000     | 2       | 1000    | 1982   | 12-31-14 |
| 24588 Woodacre Avenue     | 94544 | 478,000     | 3       | 1360    | 1956   | 12-30-14 |
| 27726 Cliffwood Avenue    | 94545 | 468,000     | 5       | 1983    | 1955   | 12-26-14 |
| 25129 CopaDel Oro 152     | 94545 | 199,000     | 1       | 608     | 1991   | 12-31-14 |
| 2763 Darwin Street        | 94545 | 395,000     | 3       | 1128    | 1956   | 12-31-14 |
| 24017 Eden Avenue         | 94545 | 657,500     | -       | -       | -      | 12-30-14 |
| 1508 Hayden Street        | 94545 | 749,500     | -       | -       | -      | 12-31-14 |
| 1515 Hayden Street        | 94545 | 553,000     | -       | -       | -      | 12-31-14 |

|                        |       |         |   |      |      |          |
|------------------------|-------|---------|---|------|------|----------|
| 1520 Hayden Street     | 94545 | 604,500 | - | -    | -    | 12-31-14 |
| 25930 Kay Avenue #301  | 94545 | 271,000 | 1 | 1152 | 1982 | 12-26-14 |
| 2629 Northern Cross Rd | 94545 | 527,000 | 2 | 1750 | 2008 | 12-30-14 |
| 2179 Thayer Avenue     | 94545 | 450,000 | 3 | 1163 | 1960 | 12-31-14 |
| 21349 Gary Drive #17   | 94546 | 268,000 | 2 | 936  | 1961 | 12-24-14 |

| MILPITAS   TOTAL SALES: 19  |       |             |         |         |        |          |
|-----------------------------|-------|-------------|---------|---------|--------|----------|
| Highest \$:                 |       | Median \$:  |         | 620,000 |        |          |
| Lowest \$:                  |       | Average \$: |         | 692,316 |        |          |
| ADDRESS                     | ZIP   | SOLD FOR    | BDSSQFT | BUILT   | CLOSED |          |
| 161 Caladenia Lane          | 95035 | 1,000,000   | -       | -       | -      | 12-30-14 |
| 1599 Canal Street           | 95035 | 776,000     | -       | -       | -      | 12-30-14 |
| 797 Heflin Street           | 95035 | 200,000     | 5       | 1635    | 1971   | 12-30-14 |
| 1889 Lee Way                | 95035 | 696,500     | -       | -       | -      | 12-30-14 |
| 1897 Lee Way                | 95035 | 648,000     | -       | -       | -      | 12-30-14 |
| 1913 Lee Way                | 95035 | 830,000     | 3       | 1941    | 2013   | 12-30-14 |
| 2069 Lee Way                | 95035 | 620,000     | -       | -       | -      | 12-30-14 |
| 2073 Lee Way                | 95035 | 585,500     | -       | -       | -      | 12-30-14 |
| 2077 Lee Way                | 95035 | 593,000     | -       | -       | -      | 12-30-14 |
| 2085 Lee Way                | 95035 | 560,500     | -       | -       | -      | 12-31-14 |
| 2089 Lee Way                | 95035 | 590,000     | -       | -       | -      | 12-30-14 |
| 2093 Lee Way                | 95035 | 609,000     | -       | -       | -      | 12-31-14 |
| 2097 Lee Way                | 95035 | 609,000     | -       | -       | -      | 01-02-15 |
| 524 Maple Avenue            | 95035 | 607,000     | 3       | 1253    | 1960   | 12-30-14 |
| 495 North Abbott Avenue     | 95035 | 525,000     | 3       | 980     | 1960   | 12-31-14 |
| 1187 North Park Victoria Dr | 95035 | 815,000     | 4       | 1705    | 1979   | 12-31-14 |
| 526 Odyssey Lane            | 95035 | 739,500     | -       | -       | -      | 12-30-14 |
| 1474 Tularcitos Drive       | 95035 | 1,485,000   | 5       | 3611    | 1989   | 12-30-14 |
| 511 Walnut Drive            | 95035 | 665,000     | 4       | 1370    | 1959   | 12-31-14 |

| NEWARK   TOTAL SALES: 10 |       |             |         |         |        |          |
|--------------------------|-------|-------------|---------|---------|--------|----------|
| Highest \$:              |       | Median \$:  |         | 435,000 |        |          |
| Lowest \$:               |       | Average \$: |         | 452,100 |        |          |
| ADDRESS                  | ZIP   | SOLD FOR    | BDSSQFT | BUILT   | CLOSED |          |
| 39821 Cedar Blvd #103    | 94560 | 277,000     | 1       | 777     | 1986   | 12-31-14 |
| 39821 Cedar Blvd #108    | 94560 | 250,000     | 1       | 777     | 1986   | 12-30-14 |
| 39843 Cedar Blvd #227    | 94560 | 339,000     | 2       | 1071    | 1986   | 12-31-14 |
| 7659 Crestmont Avenue    | 94560 | 620,000     | 3       | 1828    | 1968   | 12-31-14 |
| 35297 Farnham Drive      | 94560 | 538,000     | 3       | 1588    | 1969   | 12-30-14 |
| 6964 Graham Avenue       | 94560 | 495,000     | 2       | 1172    | 1935   | 12-24-14 |
| 6274 JoaquinMurieta D    | 94560 | 435,000     | 3       | 1346    | 1982   | 12-24-14 |
| 37142 Locust Street      | 94560 | 365,000     | 3       | 753     | 1942   | 12-31-14 |
| 6273 Marguerite Drive    | 94560 | 662,000     | 3       | 1315    | 1963   | 12-31-14 |
| 7682 Redbud Court        | 94560 | 540,000     | 3       | 1087    | 1971   | 12-31-14 |

| SAN LEANDRO   TOTAL SALES: 23 |              |             |         |         |          |          |
|-------------------------------|--------------|-------------|---------|---------|----------|----------|
| Highest \$:                   |              | Median \$:  |         | 505,000 |          |          |
| Lowest \$:                    |              | Average \$: |         | 521,174 |          |          |
| ADDRESS                       | ZIP          | SOLD FOR    | BDSSQFT | BUILT   | CLOSED   |          |
| 949 Bridge Road               | 94577        | 664,000     | 3       | 2252    | 1931     | 12-31-14 |
| 249 Broadmoor Blvd            | 94577        | 650,000     | 2       | 1358    | 1924     | 12-31-14 |
| 515 Durant Avenue             | 94577        | 453,000     | 3       | 1630    | 1941     | 12-31-14 |
| 124 Dutton Avenue             | 94577        | 444,000     | 3       | 1680    | 1916     | 12-30-14 |
| 912 Estudillo Avenue          | 94577        | 495,000     | 3       | 1407    | 1945     | 12-31-14 |
| 878 Joaquin Avenue            | 94577        | 749,000     | 3       | 3020    | 1938     | 12-24-14 |
| 995 Karol Way                 | 94577        | 630,000     | 4       | 2792    | 1991     | 12-31-14 |
| 631 Victoria Court            | 94577        | 629,000     | 3       | 1543    | 1922     | 12-31-14 |
| 691 Victoria Court            | 94577        | 505,000     | 2       | 1146    | 1927     | 12-30-14 |
| 2380 West Ave 134th           | 94577        | 300,000     | -       | -       | -        | 12-26-14 |
| 2380 West Ave 134th           | 94577        | 305,000     | -       | -       | -        | 12-26-14 |
| 1504 138th Avenue             | 94578        | 290,000     | 2       | 811     | 1970     | 12-24-14 |
| 1286 147th Avenue             | 94578        | 430,000     | 4       | 1703    | 1942     | 12-30-14 |
| 14670 Darius Way              | 94578        | 525,000     | 3       | 1194    | 1945     | 12-30-14 |
| 2441 Prosperity Way           | 94578        | 535,000     | 3       | 1817    | 1953     | 12-30-14 |
| 1293 Terra Avenue             | 94578        | 530,000     | 4       | 1850    | 1952     | 12-29-14 |
| 14367 Wake Avenue             | 94578        | 590,000     | 4       | 1946    | 1948     | 12-31-14 |
| 14318 Birch Street            | 94579        | 370,000     | 3       | 1076    | 1952     | 12-24-14 |
| 2022 Horizon Court            | 94579        | 777,000     | 4       | 2419    | 1998     | 12-31-14 |
| 15394 Mendocino St            | 94579470,000 | 3           | 1204    | 1960    | 12-26-14 |          |
| 14553 Merced Street           | 94579        | 459,000     | 3       | 1476    | 1953     | 12-31-14 |
| 15542 Oceanside Way           | 94579        | 699,000     | 4       | 2294    | 1999     | 12-31-14 |
| 1343 Vining Drive             | 94579        | 488,000     | 4       | 1579    | 1957     | 12-31-14 |

| SAN LORENZO   TOTAL SALES: 05 |  |  |
|-------------------------------|--|--|
|-------------------------------|--|--|



Write about a woman you admire. Include reasons why you chose this woman.

## City of Fremont News Briefs

SUBMITTED BY CHERYL GOLDEN

### 'Unity' Sculpture Construction Underway

The City of Fremont has always been a big proponent of public art. That's why we're thrilled that construction of a new public art sculpture called 'Unity' is underway at the corner of Stevenson Boulevard and Paseo Padre Parkway. At the well-traveled corner, we are also relocating the Gladys Williamson Memorial. Construction and installation are expected to be completed in May.

'Unity' is currently being constructed by Bruce Beasley, a renowned abstract expres-

sionist sculptor whose work can be found in the permanent collection of 30 art museums around the world, including the Museum of Modern Art in New York City, the San Francisco Museum of Modern Art, the National Art Museum of China in Beijing and the Smithsonian Museum of American Art in Washington, DC.

### Website Development for Small Business

Looking to launch a new website for your small business? Attend the Website Development for Small Business workshop. This workshop introduces the best practices for web development to the small business owner. It will cover the vital role a website plays in promoting your business and will demonstrate techniques for optimizing the performance of your website and maximizing the attention it receives.



Summer Job Fair 2015



Teen Explorer Program

The sculpture, at a cost of \$205,700, will feature six interlocking steel rings. According to Beasley, the art piece represents the synergy of Fremont—the total combination of the citizens, the elected government, the City staff, the businesses and the physical environment. To learn more about Fremont's art in public places, please visit [www.fremont.gov/ArtMap](http://www.fremont.gov/ArtMap).

### Summer Job Fair 2015

Are you looking for a summer job that is fun and exciting? Come to the City of Fremont Recreation Services Summer Job Fair on Tuesday, February 24 from 5:00 p.m. to 7:30 p.m. at the Teen Center, located at 39770 Paseo Padre Pkwy. This is an excellent opportunity for college and high school students to meet directly with our supervisors, submit an application, and have a chance to interview. Positions include Recreation Leaders, Building Attendants, Waterpark Staff, Food Services/Concessions Staff, and more.

Applicants should dress professionally and bring a resume. Fast track your interview by downloading an application and filling it out ahead of time. For information on all the jobs available and/or to download an application, visit us online at [www.Fremont.gov/RecJobs](http://www.Fremont.gov/RecJobs). If you are unable to attend this job fair, there will be another on Saturday, April 18 from 10 a.m. to 1 p.m.

### boxART!Program Expands

We have had a tremendous response from the Fremont community in support of the boxART! street murals on traffic signal control boxes. Thank you! Due to this incredible interest, we are issuing a Phase 2 Call to Artists! Visit [www.Fremont.gov/boxart](http://www.Fremont.gov/boxart) for resources to help get you started, including the official Call to Artists - Request for Proposals flier, the application, and a boxART! Utility Box template. With the Phase 2 Call to Artists we will include a wide range of artists and themes from which prospective sponsors can choose. If you would like to learn how to sponsor a box, please contact Program Manager Susan Longini at [boxart@fremont.gov](mailto:boxart@fremont.gov) or 510-494-4555, or visit [www.Fremont.gov/boxart](http://www.Fremont.gov/boxart).

### Join Us for Coffee with the Cops

Join Fremont Police Chief Richard Lucero and members of his command staff for coffee in an informal and friendly setting on Thursday, February 12 from 7:30

This free workshop will be held on Wednesday, February 18 from 9 a.m. to 12 noon at the Fremont Main Library, located 2450 Stevenson Blvd. For more information or to register please visit [www.acs-bdc.org/events2](http://www.acs-bdc.org/events2).

### Roll, Pinch, and Pound!

Explore the City of Fremont's Creative Claywork classes for ages 4 to 8. This popular class presents traditional clay-working techniques including coiling, sculpting, slab building and free-form modeling. Children learn basic hand-building skills and complete a variety of fun projects while developing perceptual ability, motor skills and artistic confidence. Check our Recreation Guide for more details at [www.Fremont.gov/RecGuide](http://www.Fremont.gov/RecGuide) or to register visit us online at [www.RegeRec.com](http://www.RegeRec.com). For more information, contact Irene Jordahl at [ijordahl@fremont.gov](mailto:ijordahl@fremont.gov) or 510-494-4322.



Join Us for Coffee with the Cops

### Get Out and Play with your Tot!

Are you looking for an active way for



Get Out and Play with your Tot!

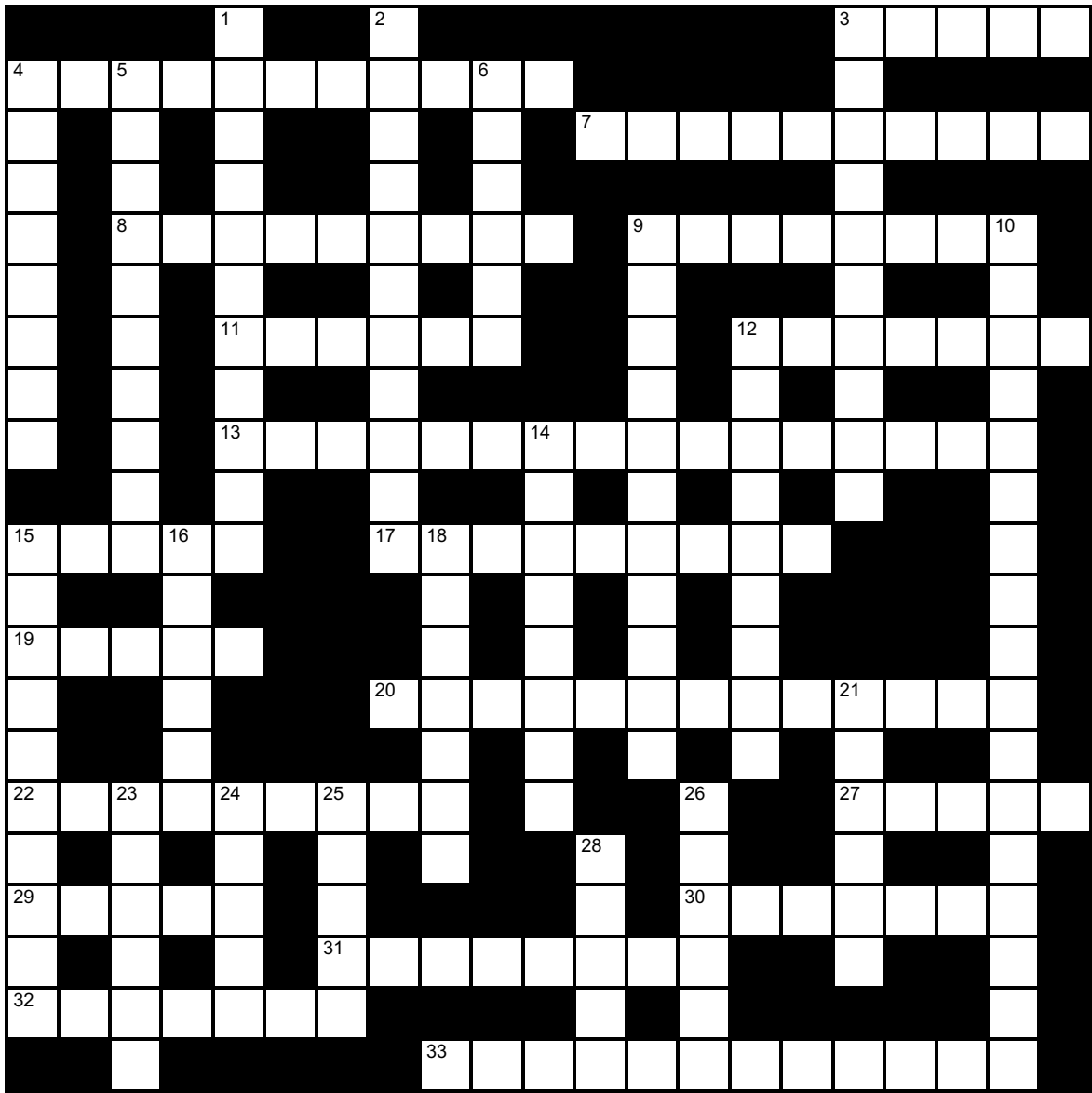
your little one to engage in some healthy physical activity? Check out our Parent & Child Sports Adventures class, which has a variety of fun and lead-up activities with sports and games for ages 1.5 years old to 3 years old. Basketball, soccer, obstacle courses, flag tag, and bubbles will keep you active with your little one. Our activities are designed to engage your tot and help develop their fine motor skills, socializing skills, and listening skills. Classes start mid-February. Check our Recreation Guide for more details at [www.Fremont.gov/RecGuide](http://www.Fremont.gov/RecGuide) or to register visit us online at [www.RegeRec.com](http://www.RegeRec.com). For more information, contact Joe Benjamin at [jbenjamin@fremont.gov](mailto:jbenjamin@fremont.gov) or 510-494-4334.

### Now Recruiting for Teen Explorer Program

The Fremont Police Department is currently accepting applications for our teen Explorer Program. The Explorer Program is a fun and safe way for teenagers to learn more about the field of law enforcement and get community service hours. Explorers donate between five to 20 volunteer hours each month by participating in a number of department activities including ride-a-longs, traffic control, building tours and special events. All new Explorers are required to attend a one-week Explorer Academy in Southern California during their first year (date to be announced, although it's always late July or early August). If you are between the ages of 14 to 18 and think that you might be interested in learning more about becoming a Police Explorer or having a future career in law enforcement, please visit [www.Fremont-Police.org/Explorers](http://www.Fremont-Police.org/Explorers). Applications will be accepted through February 13, 2015, or when a sufficient number are received. For more information about this program, please contact CSO Kristen Escamilla, our Volunteer Administrator, at 510-790-6691.

# Mind Twisters

## Crossword Puzzle B 299



- Across

3 Polo, e.g. (5)

4 Embellishments (11)

7 End of month/year financial papers (10)

8 Union Pacific provides \_\_\_\_ (9)

9 Objects of brass, copper, silver etc. (8)

11 Located the source of (6)

12 To carry out some functions (7)

13 Onus of doing work (16)

15 Hoodoo (5)

17 Space object that revolves around a planet (9)

19 Place of justice (5)

20 Short forms (13)

22 Uncared-for (9)

27 Amber or umber (5)

Down

1 Age of dinosaurs (11)

2 Gadget to see micro-organisms (11)

3 Commonality (10)

4 Relied on someone else for help (8)

5 Review and making suggestions to get it right (10)

6 Essential (6)

9 Land of fantasy (4-7)

29 Decided (5)

30 Hans Christian Anderson is from (7)

31 Spaced bordered by a fence or wall (8)

32 Constrained (7)

33 Building something new - residence or office (12)

10 Where Santa keeps givts (9,8)

12 Kind of party (9)

14 Range of colors (8)

15 Type of engineering dealing with moving parts (10)

16 David, "the sweet psalmist of \_\_\_\_" (6)

18 Whoever... (7)

21 Salary and other money derived from investments (6)

23 Dull, dark like when it is raining (6)

24 Javelin, e.g. (5)

25 Put to the test (5)

26 Hierarchy (6)

28 Ming things (5)

## Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.

B 299

## Tri-City Stargazer FEBRUARY 4 – FEBRUARY 10, 2014 BY VIVIAN CAROL

For All Signs: I have written several columns about the importance of the Uranus/Pluto squares. The feel of this aspect began in 2010 as the Arab Spring developed. We are approaching the last square in March. It is a war between the common people and the powers-that-be. I want to interpret the message in a different way. Challenging aspects are not there to harass humans. They always convey a message. This series is more dramatic than anything we have seen since the era of the Great Depression. We are asked to make decisions that are far more mature than in the past. Our war toys and our economic systems serve the god of the ego and have outworn their time on this planet. Now, more than ever in the past, we must choose the consciousness that will help us create more deliberate and more mature choices. The consequences are self-evident at this point. Whatever the world may be doing, we can choose to grow our maturity on an individual level.

**Aries the Ram (March 21-April 20):** This is absolutely not a time to take an offensive, attacking position. If you feel angered by another, think the situation through from the very beginning. Look for your contribution to the problem. On the other hand, if someone else takes a swing at you, you may defend yourself as needed.

**Taurus the Bull (April 21-May 20):** Much of your attention this week will be focused on friendships and perhaps group and community concerns. Your partner or significant other will understand these needs and may be a helpful resource. You probably will choose to put personal needs aside for the present.

**Gemini the Twins (May 21-June 20):** Your memory may be full of holes during this period. Recognize this and don't pretend it isn't so. Write notes to yourself. Your partner or a significant other can also be of help. If you find an interesting item on the Internet, print it. Don't count on holding it in mind or finding it again.

**Cancer the Crab (June 21-July 21):** It will be important at

this time to use firmness about your boundaries. This is likely to be particularly so with family members who may want to over-run your plans. Unfortunately, the interference may be from a broken thing, such as the washer. The warrior is in your corner. You can get this resolved to your satisfaction. Just be firm and ask for what you need.

**Leo the Lion (July 22-August 22):** This is a time in which your exuberance and enthusiasm may carry you farther than you really intended to go. You will certainly have more energy to do whatever you choose, but take care that you don't promise way more than you can deliver. Leave the credit cards at home so you will have to really think before you make an extravagant purchase.

**Virgo the Virgin (August 23-September 22):** Your body seems to be on a low cycle at present. Take all your vitamins and get plenty of rest. You have been searching for a necessary piece of paperwork which is likely to surface this week. Clear your mind of anxiety and think. It has been misfiled or has fallen behind something larger.

**Libra the Scales (September 23-October 22):** Taking care of others in recent weeks may take a toll on your body. If you are feeling resentful or irritable about adding yet one more helping project, you are on the verge of burnout. It is important to be aware of this possibility. Annoyance with the needs of others is a sure sign you need to take a break.

**Scorpio the Scorpion (October 23-November 21):** This is not the smoothest of weeks. Your energy is in high gear and prone to overreact to any disturbing circumstances. This is most particularly in the areas of your daily work life, health, and relationship(s) to children or lovers. Your reflexes are off. Handle tools and cars with care.

**Sagittarius the Archer (November 22-December 21):** An option for a new job or career may be dangling in front of you. Think twice or three times before making a move now. Circumstances are likely to be more favorable after February 11, when Mercury turns direct. Overall it is timely to take on a new identity in life, but that doesn't have to be today.

**Capricorn the Goat (December 22-January 19):** You may recognize that an expenditure made recently is not really the right solution. Your frame of mind at the time was really conservative and now you see it was overly so. You may be able to take it back if you move quickly. If not, look at ways to repurpose the item so it will serve another need.

**Aquarius the Water Bearer (January 20-February 18):** Drive with caution this week. Your careful attention may save you a lot of trouble and energy in repairs. Make it a point to focus your mind on what is right in front of you. You have a tendency right now to drift and daydream. If you can allow it in a restful way, you can enjoy it.

**Pisces the Fish (February 19-March 20):** This is a week devoted to mental or emotional healthcare. As you live into this experience, you will rediscover that having compassion also heals you. Pisces is often the caregiver. You have this experience regularly. A life lesson for you is to care for others without becoming their pain, or taking it on as your personal issue. That would be good mental health care for you.

Are you interested in a personal horoscope?  
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).

www.horoscopesbyvivian.com

# SEE OUR PROGRESS in the Bay Area

Dwight Whitney

Lineman

HAYWARD RESIDENT

“At PG&E, safety and reliability are always at the forefront of everything we do. We are a part of this community.”

At PG&E, our customers are our neighbors. The communities we serve as PG&E employees are where we live and work too.

That's why we're investing \$4.5 billion every year to enhance pipeline safety and strengthen our gas and electric infrastructure across northern and central California. It's why we're helping people and businesses gain energy efficiencies to help reduce their bills. It's why we're focused on developing the next generation of clean, renewable energy systems.

**Together, we are working to enhance pipeline safety and strengthen our gas and electric infrastructure—for your family and ours.**

## SEE THE FACTS IN THE BAY AREA



**Replaced** approximately 15 miles of gas transmission pipeline



**Invested** more than \$1 billion into electrical improvements



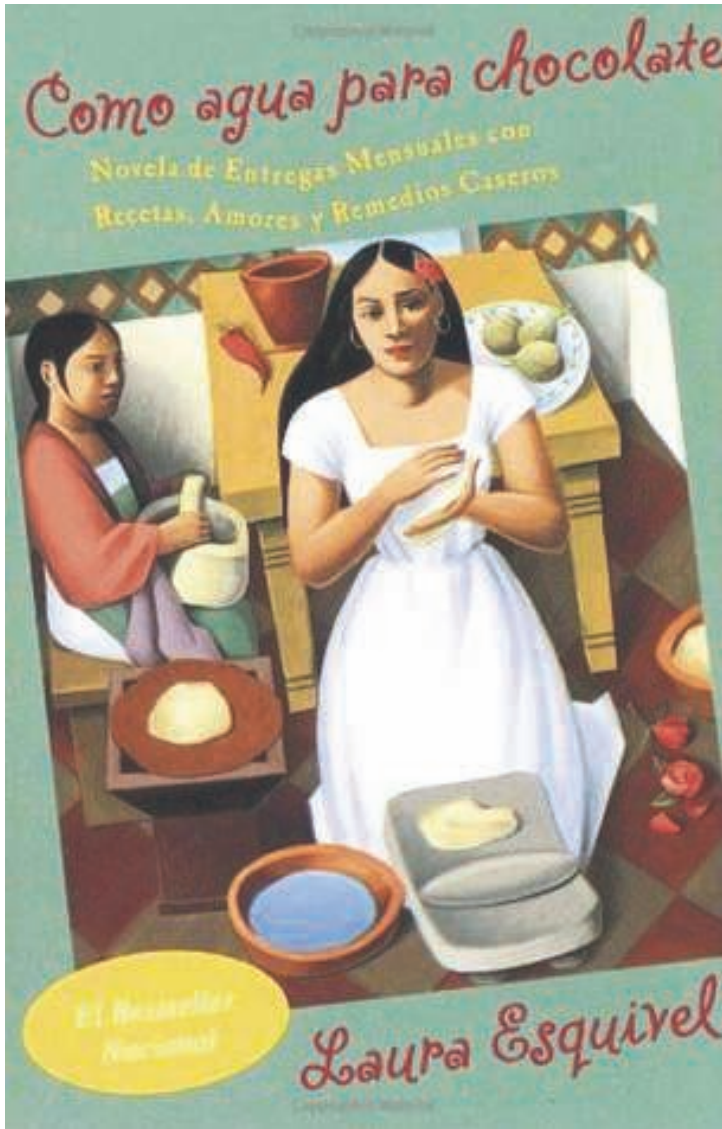
**Connected** more than 62,000 rooftop solar installations



Together, Building  
a Better California

[pge.com/SeeOurProgress](http://pge.com/SeeOurProgress)

# Spanish book discussion of Like Water for Chocolate



SUBMITTED BY ANNIE SNELL

Join Hayward Council member and Professor, Francisco Zermefio, on Saturday, February 28, for a discussion of “Como Agua Para Chocolate” (Like Water for Chocolate). The discussion will be in Spanish. Books are available at the Hayward Main and Weekes libraries.

“Like Water for Chocolate,” by Laura Esquivel is earthy, magical, and utterly charming. This tale of family life in turn-of-the-century Mexico became a best-selling phenomenon with its winning blend of poignant romance and bittersweet wit.

Spanish book discussion of Like Water for Chocolate  
Saturday, Feb 28  
2 p.m.  
Hayward Main Library  
835 C St, Hayward  
(510) 881-1980  
<http://www.library.hayward-ca.gov/>  
No registration required  
Free

# Herbal Delights workshop



SUBMITTED BY ANNIE SNELL

On Valentine’s Day, February 14, love is in the air; so why not start with you! Learn about herbs that nurture, sooth, and stimulate our loving energy. Viviane DeLeon will teach you how to make an herbal massage oil and herbal tea bag for the bath. Relax and say ahhhhh. Registration for this program is required.

Herbal Delights workshop  
Saturday, Feb 14  
2 p.m.  
Hayward Main Library  
835 C St, Hayward  
Registration required: (510) 881-1980  
<http://www.library.hayward-ca.gov/>  
Free

## Celebrate Valentine's with an Elegant Affaire!



You are invited to a four-course Gourmet Dining Experience prepared by talented local chefs:

Briane Sisk, LOV Volunteer  
Donna Sisk, LOV Board Member  
Grill Master Henry Shu, Grillaxin BBQ Service  
Executive Chef Karl Peters, President, ACF San Francisco Chapter  
Laurie Gratz, Community Activist

Hors d'oeuvres &  
Pre Dinner Complimentary Champagne & Beer Tasting

Live & Silent Auctions - Fantastic Prizes

This event benefits the Fremont, Newark & Union City Arts in Schools Program & the Community

Friday, February 6, 2015 - 6:00 p.m.  
at the Doubletree by Hilton  
39900 Balentine Dr., Newark, CA

Semi Formal/Black Tie Optional  
\$85 per person – or \$600/table of 8 - Seating limited to 160 guests

For Event and Ticket Information Contact:  
League of Volunteers at  
(510) 793-5683 or online at [www.lov.org](http://www.lov.org)



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## PREMIER SOCCER



### 2015 TRYOUTS

The official open tryouts for Union City Premier Competitive Soccer Program

2015 Tryouts are based on age groups on 2015/16 age matrix

U9 Girls & Boys (DOB: 8/01/06 – 07/31/07)  
JAN 31, FEB 7 – 9AM-11AM – Shorty Garcia Park #2  
BOYS FEB 3 - 5PM-7PM. GIRLS FEB 5 - 5PM-7PM Shorty Garcia #2

U10 Girls & Boys (DOB: 8/01/05 – 07/31/06)  
JAN 31, FEB 7 – 11AM-1PM – Shorty Garcia Park #2  
BOYS FEB 3 - 5PM-7PM. GIRLS FEB 5 - 5PM-7PM Shorty Garcia #2

U11 Girls & Boys (DOB: 8/01/04 – 07/31/05)  
JAN 31, FEB 7 – 1PM-3PM – Shorty Garcia Park #2  
BOYS FEB 3 - 5PM-7PM. GIRLS FEB 5 - 5PM-7PM Shorty Garcia #2

U12 Girls & Boys (DOB: 8/01/03 – 07/31/04)  
FEB 21, FEB 28 – 9AM-11AM – Shorty Garcia Park #2  
BOYS FEB 24 - 7PM-9PM. GIRLS FEB 26 - 7PM-9PM Shorty Garcia #2

U13 Girls & Boys (DOB: 8/01/02 – 07/31/03)  
JAN 31, FEB 7 – 11AM-1PM – Shorty Garcia Park #2  
BOYS FEB 24 - 7PM-9PM. GIRLS FEB 26 - 7PM-9PM Shorty Garcia #2

U14 Girls & Boys (DOB: 8/01/01 – 07/31/02)  
JAN 31, FEB 7 – 1PM-3PM – Shorty Garcia Park #2  
BOYS FEB 24 - 7PM-9PM. GIRLS FEB 26 - 7PM-9PM Shorty Garcia #2



PLEASE REGISTER ALL PLAYERS ONLINE AT OUR WEBSITE, PRIOR TO THE FIRST TRYOUT DATE.

Questions? Contact  
Competitive Director  
Jose Ibarra at  
[doc@ucpremier.org](mailto:doc@ucpremier.org)

*Having an affair - Have it here*

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Company Parties - Dances  
Indoor and Outdoor Facilities  
*Catering Available*  
Capacity 300

Call for information **510-797-2121 ext 4**  
EventsAtTheLodge@gmail.com  
**38991 Farwell Drive, Fremont**

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\*First time registration only)*

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|----------------------------------------------------------|-----------------------------------|----------------------------|
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| <b>GUITAR LESSONS</b><br>\$15 per week<br>(1 hour class) | Flute/Trombone<br>Violin/Clarinet | Sax/Trumpet<br>Ukulele     |

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*We Buy Diamonds & Gold*

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Birthday, Shower, Corporate - Special Occasion  
Cooking Parties - Stress FREE No Clean Up  
Let us help you plan your Party

## Thai Cooking Classes

Cooking Classes: Mon & Tues 6pm-9pm  
(& weekends by appointment)

*Authentic Thai dishes with Chinese nuances  
In this hands-on class, you will be introduced to fresh, exotic ingredients,  
master your knife skills, and earn the culinary theory  
and passion of Chef Kitty's meals.*

Kitty's Thai Kitchen  
is excited to offer  
custom culinary classes  
for your next birthday,  
team bonding,  
fundraiser  
or holiday event!  
Come join this unique  
way to celebrate a fun  
occasion cooking,  
eating, laughing  
and sharing  
the meal that you  
created together.

**Chef Kitty's Most Famous Dishes!**



The classes are located at  
**Cracker Barrel Deli & Thai**



Restaurant Hours: Wed, Thurs & Friday 11am-7pm  
**510-790-0735 Kittysthaikitchen.com**  
**3100-H Capitol Ave., Fremont**

\$ = Entrance or Activity Fee  
R= Reservations Required  
Schedules are subject to change.  
Call to confirm activities shown in these listings.



## CONTINUING EVENTS

**Tuesdays, Jan 6 thru Feb 24**  
**Toddler Time Winter Edition \$**  
11:00 a.m. - 11:30 a.m.  
*Meet farm animals*  
Ages 1 - 4  
Ardenwood Historic Farm  
34600 Ardenwood Blvd.,  
Fremont  
(510) 544-2797  
www.ebparks.org

**Saturdays and Sundays, Jan 10 thru Feb 28**  
**Family Fun Hour**  
2 p.m. - 3 p.m.  
*Stories, games and activities*  
Ages 5+  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd.,  
Fremont  
(510) 544-3220  
www.ebparks.org

**Mondays, Jan 12 thru Mar 2**  
**Bereavement Support Group**  
9:30 a.m. - 11:30 a.m.  
*Honor lost loved ones*  
Fremont Senior Center  
40086 Paseo Padre Parkway,  
Fremont  
(510) 574-2063

**Wednesday, Jan 14 - Saturday, Feb 28**  
**Trails Challenge 2015**  
8 a.m.  
*Self-guided hiking program*  
Participants receive guidebook,  
tee shirt and pin  
East Bay Regional Parks District  
2950 Peralta Oaks Ct, Oakland  
(888) 327-2757  
www.RegionalParksFoundation.org

**Thursday, Jan 15 - Saturday, Feb 6**  
**Places We Have Never Been**  
10 a.m. - 4 p.m.  
*Artwork by James Pridham and Paint-bursh Diplomacy*  
Foothill Arts of the Bay  
22394 Foothill Blvd., Hayward  
(510) 538-2787  
www.haywardarts.org

**Thursday, Jan 15 - Friday, Feb 20**  
**A.R.T. Inc. Members Exhibit**  
11 a.m. - 3 p.m.  
*Wide range of pieces and mediums*  
Adobe Art Center  
20395 San Miguel Ave.,  
Castro Valley  
(510) 881-6735  
www.haywardrec.org

**Friday, Jan 16 - Saturday, Feb 14**  
**Three Viewings \$**  
Thurs - Sat: 8:00 p.m. Sun:  
12:15 p.m.  
*Tales of life, love and loss at a funeral home*  
Broadway West Theatre Company  
400-B Bay St., Fremont  
(510) 683-9218  
www.broadwaywest.org

## Arts & Entertainment

**Tuesdays, Jan 20 thru Mar 10**  
**Booklegger Orientation and Training**  
9:15 a.m. - 11:45 a.m.  
*Volunteer to read stories aloud to school children*  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1421  
www.aclibrary.org

**Tuesday, Jan 20-Friday, Feb 27**  
**Interviews for Tri-City Senior Peer Counseling Training**  
9 a.m. - 4 p.m.  
*Must be 50 years or older*  
*Requires 9 week training course*  
City of Fremont, Aging and Family Services  
3300 Capitol Ave., Fremont  
(510) 574-2064  
lcox@fremont.gov

**Wednesday, Jan 21 - Sunday, Mar 1**  
**Celebrating Black Life History Culture \$**  
9 a.m. - 4 p.m.  
*Social consciousness exhibit*  
Hayward Area Historical Museum  
22380 Foothill Blvd., Hayward  
(501) 581-0223  
www.haywardareahistory.org

**Wednesday, Jan 21 - Sunday, Feb 28**  
**Black History Month Display**  
11 a.m. - 6 p.m.  
*Culture Corner lower level next to Sears children*  
NewPark Mall  
2086 Newpark Mall, Newark  
(510) 793-5683  
www.newparkmall.com

**Mondays & Wednesdays, Jan 28 thru Mar 18**  
**Sunol Wilderness Docent Training \$R**  
9:30 a.m. - 1:30 p.m.  
*Assist naturalists with school programs*  
Ages 18+  
Sunol Regional Wilderness  
1895 Geary Rd., Sunol  
(510) 544-3242  
www.ebparks.org

**Tuesday, Jan 27 - Saturday, Mar 27**  
**Prom Dress Swap Donations**  
Mon - Wed: 11 a.m. - 8 p.m.  
Thurs - Sat: 10 a.m. - 5 p.m.  
*Donate formal dresses, shoes and accessories*  
Hayward Weekes Branch Library  
27300 Patrick Ave., Hayward  
(510) 293-5065  
rob.spitel@hayward-ca.gov



## SMOKING PIG BBQ COMPANY

### BY NIGHT

## LIVE MUSIC

Every Fri. & Sat. starting at 8:30pm

**Fri. 1/30 Andy Just w/Garth Weber**

**Sat. 1/31 Chris Cain Band w/opener Fritz Bros-6pm**

**Fri. 2/6 Alabama Mike w/Kyle Jester Band**

**Sat. 2/7 Debbie Davies National Touring Artist**

### Lunch Specials Happy Hour Catered Events

Call Julie at 408.288.5688  
3340 MOWRY AVE., FREMONT

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Get the second entree of equal or less value for 50% off - Seafood Excluded  
Holidays Excluded  
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**www.casaroblesrestaurant.com**  
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Menu every Sunday open at 10:00 am  
**CATERING AVAILABLE**  
Mariachi- 8pm Friday Night  
Karaoke - Fri & Sat



## Farmers' Markets

### FREMONT:

#### Centerville

##### Saturdays

9 a.m. - 1 p.m.

Year-round  
Bonde Way at Fremont Blvd.,  
Fremont  
(510) 909-2067  
www.fremontfarmersmarket.com

#### Kaiser Permanente Fremont Farmers' Market

##### Thursdays

10 a.m. – 2 p.m.

Year-round  
39400 Paseo Padre Pkwy.,  
Fremont  
800-949-FARM  
www.pcfma.com

#### Irvington Farmers' Market

##### Sundays

9 a.m. – 2 p.m.

Year-round  
Bay Street and Trimboli Way,  
Fremont  
800-949-FARM  
www.pcfma.com

#### Niles Farmer's Market

##### Saturdays

9 a.m. - 1 p.m.

August through December  
Niles Town Plaza  
37592 Niles Blvd., Fremont  
www.westcoastfarmersmarket.org

### HAYWARD:

#### Hayward Farmers' Market

##### Saturdays

9 a.m. - 1 p.m.

Year-round  
Hayward City Plaza  
777 B. St., Hayward  
1-800-897-FARM  
www.agriculturalinstitute.org

#### South Hayward Glad Tidings

##### Saturdays

9 a.m. - 3 p.m.

Year-round  
W. Tennyson Rd. between Tyrell  
Ave. and Tampa Ave., Hayward  
(510) 783-9377  
www.cafarmersmarkets.com

### SAN LEANDRO:

#### Kaiser Permanente San Leandro

##### Wednesday

10 a.m. - 2 p.m.

June 11, 2014 to  
December 31, 2014  
2500 Merced St, San Leandro  
www.cafarmersmarkets.com

### MILPITAS:

#### Milpitas Farmers' Market at ICC

##### Sundays

8 a.m. – 1 p.m.

Year-round  
India Community Center  
525 Los Coches St.  
800-949-FARM  
www.pcfma.com

### NEWARK:

#### Newark Farmers' Market

##### Sundays

9 a.m. - 1 p.m.

Year-round  
NewPark Mall  
2086 NewPark Mall, Newark  
1-800-897-FARM  
www.agriculturalinstitute.org

#### Bayfair Mall

##### Saturdays

9 a.m. - 1 p.m.

Year-round  
Fairmont and East 14th St., San  
Leandro  
(925) 465-4690  
www.cafarmersmkts.com

### UNION CITY:

#### Kaiser Permanente Union City Farmers' Market

##### Tuesdays

10 a.m. – 2 p.m.

Year-round  
Kaiser Permanente Medical  
Offices  
3553 Whipple Rd., Union City  
800-949-FARM  
www.pcfma.com

#### Union City Farmers' Market

##### Saturdays

9 a.m. – 1 p.m.

Year-round  
Old Alvarado Park  
Smith and Watkins Streets,  
Union City  
800-949-FARM  
www.pcfma.com

### Tuesday, Jan 27 - Saturday, Mar 27

#### Prom Dress Swap Donations

Mon - Wed: 11 a.m. - 8 p.m.  
Thurs - Sat: 10 a.m. - 5 p.m.  
*Donate formal dresses, shoes and accessories*  
Hayward Main Library  
835 C St., Hayward  
(510) 881-7946  
annie.snell@hayward-ca.gov

### Monday, Jan 27-Friday, Mar 27

#### 82 Years of Art: Visions, Landscapes and Characters along the Way

8 a.m. - 5 p.m.  
*Works by Doyle Wegner and Gerald Thompson*  
Artist reception Friday, Feb 6  
5:30 p.m. – 7:30 p.m.  
Hayward City Hall  
777 B St., Hayward  
(510) 208-0410  
www.hayward.org

### Monday, Wednesday & Saturday, Jan 28 thru Apr 15

#### Alameda County Low-Moderate Income Tax Assistance

Mon & Wed: 5:30 p.m. - 8:30 p.m.  
Sat: 9:00 a.m. - 4:00 p.m.  
*Tax preparation help for low income households*  
Eden Area Multi-Service Center  
24100 Amador St, Hayward  
(510) 670-5700  
www.alamedasocialservices.org

### Monday, Feb 2-Friday, Feb 13

#### Fremont Softball League Registration \$R

9 a.m.  
*Co-Ed and men's leagues*  
Central Park Softball Complex  
1110 Stevenson Blvd., Fremont  
(510) 790-5520  
msa@fremont.gov www.fremont.gov

### Monday, Feb 2 thru Friday, Apr 15

#### Free Quality Tax Assistance

Mon & Wed: 4 p.m. - 8 p.m.  
Fri: 10 a.m. - 1 p.m.  
*Tax help for low income households*  
Fremont Family Resource Center  
39155 Liberty St., Fremont  
(510) 574-2020

### Sunday, Feb 1 - Saturday, Feb 28

#### Watercolor and Oil Painting Exhibit

5 a.m. - 9 p.m.  
*Featuring Jan Schafr and Therese Ely*  
Mission Coffee  
151 Washington Blvd., Fremont  
(510) 474-1004  
www.fremontcoffee.com

### Tuesday, Feb 3 - Saturday, Feb 7

#### American Red Cross Blood Drive – R

Tues - Thurs: 11:30 a.m. - 6:30 p.m.  
Fri -Sat: 7:30 a.m. - 2:30 p.m.  
*Call to schedule an appointment*  
Drop-ins welcome  
Fremont-Newark Blood Center  
39227 Cedar Blvd., Newark  
(800) 733-2767  
www.redcrossblood.org

### Wednesdays & Thursdays, Feb 4 thru Apr 9

#### Tax Assistance – R

10 a.m. - 2 p.m.  
*Volunteer preparation and e-filing tax assistance*  
Castro Valley Library  
3600 Norbridge Ave.,  
Castro Valley  
(510) 667-7900  
www.aclibrary.org

### Saturdays, Feb 7 thru Apr 11

#### Free Quality Tax Assistance

10 a.m. - 1 p.m.  
*Tax help for low income households*  
Newark Branch Library  
6300 Civic Terrace Ave., Newark  
(510) 574-2020

### Saturdays, Feb 7 thru Apr 11

#### Free Quality Tax Assistance

10 a.m. - 1 p.m.  
*Tax help for low income households*  
Union City Branch Library  
34007 Alvarado Niles Rd.,  
Union City  
(510) 574-2020

## Open House Saturday, February 14

2:00 - 3:00 pm email madhu@mbkhindi.org  
Let us know that you are planning to attend

**MBK's High School Hindi Program is approved by UC System. Credits and grades are accepted by all colleges and universities.**

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**43006 Christy St., Fremont**

**www.mbkhindi.org**



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YOUR COMMUNITY ARTS ORGANIZATION  
37697 NILES BOULEVARD / 510 792-0905

Announcing exciting new works in oil, acrylic, watercolor,  
glass, fiber, jewelry, and ceramics and more for 2015.  
Featuring the oil paintings of Mitchell Neto.

Oil Painting workshop with Bryan Mark Taylor in February.  
Collage and Mixed Media workshop with Grace Rankin in March

[www.fremontartassociation.org](http://www.fremontartassociation.org)

**FREE Adult Reading and Writing Classes** are  
offered at the Alameda County Library  
**Tell A Friend** Call Rachel Parra 510 745-1480



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**Email: [programassistant@driversforsurvivors.org](mailto:programassistant@driversforsurvivors.org)  
[www.DriversForSurvivors.org](http://www.DriversForSurvivors.org)**

## Church of Christ of Fremont

**4300 Hansen Ave.  
Fremont**

**510-797-3695**

[www.fremontchurchofchrist.org](http://www.fremontchurchofchrist.org)

**Whoever Drinks Of The Water  
That I Will Give Him  
Shall Never Thirst; But The Water  
That I Will Give Him  
Will Become In Him  
A Well Of Water Springing Up  
To Eternal Life  
John 4:14**

**AA Meetings Every Tues  
and Thurs Evenings  
7:30-9:30pm  
In Spanish  
In the Fellowship Hall**

## Services

**Sunday: 10:45am  
and 6pm  
Wednesday: 7:30pm**

THIS WEEK

**Tuesday, Feb 3**  
**R.I.S.E. Fremont Coalition Testimonials**  
5:15 p.m.  
*Discussion of Warm Springs Fremont housing development*  
City of Fremont Council Chambers  
3300 Capitol Ave., Fremont (510) 494-4508  
risefremont@gmail.com

**Tuesday, Feb 3**  
**Toddler Time Winter Edition \$**  
11:00 a.m. - 11:30 a.m.  
*Meet farm animals, do chores and hear stories*  
Ages 1 – 4  
Ardenwood Historic Farm

34600 Ardenwood Blvd., Fremont (510) 544-2797  
www.ebparks.org

**Wednesday, Feb 4**  
**Shinn House Open House \$**  
1 p.m. - 3 p.m.  
*Docent led tours of historic home*  
Shinn House  
1251 Peralta Blvd., Fremont (510) 793-9352

**Wednesday, Feb 4**  
**Coyote Cubs**  
10:30 - 11:30 a.m.  
*Games and a craft*  
Ages 3 – 5  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd., Fremont (510) 544-3220  
www.ebparks.org

**Wednesday, Feb 4**  
**Mission Valley Transition Information Night**  
6 p.m. - 8 p.m.  
*Post-secondary employment and training information*  
Students and parents welcome  
Fremont Teen Center  
39770 Paseo Padre Pkwy., Fremont (510) 657-2350 x12436  
rburciaga@fremont.k12.ca.us

**Wednesday, Feb 4**  
**Wednesday Walks**  
9:30 a.m.  
*Strenuous 4.5 mile bayside hike*  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd., Fremont (510) 544-3220  
www.ebparks.org

**Wednesday, Feb 4**  
**Fremont Art Association Meeting**  
7 p.m.  
*Special showing of "The Dragon Painter"*  
Niles Essanay Theater  
37417 Niles Blvd, Fremont (510) 494-1411  
www.nilesfilmmuseum.org  
www.FremontArtAssociaion.org

**Wednesday, Feb 4**  
**County commission on Status of Women anniversary \$**  
5:30 p.m.  
**40th anniversary celebration**  
Hayward City Hall  
777 B Street, Hayward  
RSVP:  
http://www.eventbrite.com/e/county-commission-on-the-status-of-women-40th-anniversary-tickets-14364973021

**Thursday, Feb 5 - Saturday, Feb 7**  
**Bryan Mark Taylor Workshop \$R**  
9 a.m. - 4 p.m.  
*Fundamentals of studio and outdoor painting*  
Fremont Art Association  
37697 Niles Blvd., Fremont (510) 489-5818  
carolrudy2@comcast.net  
www.FremontArtAssociaion.org

**Thursday, Feb 5**  
**Register for MediCal and Cal-Fresh R**  
4 p.m. – 5 p.m.  
*SAVE Empowerment Center*  
1900 Mowry Ave, Ste 201, Fremont (510) 574-2256  
AshleyL@save-dv.org

SAVE BIG!

Saturday, February 14th

NO TAX DAY

Date Hardware pays the sales tax

February 14, 2015.

DALE

HARDWARE

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YOGA

& Meditation

Benefits of Yin Yoga:

✓ Lubricate joints

✓ Increase mobility & agility of hips and spine

✓ Alleviate anxiety, stress & depression

✓ Lower blood pressure & prevent heart disease

✓ Relieve lower back pain, headaches & migraines

✓ Ease chronic fatigue syndrome

✓ Stimulate parasympathetic nervous system to maintain proper digestion and sleep

✓ Develop awareness

✓ Sense of well being

✓ Calm and balance the mind

\$ 20 for 2 weeks

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Benefits of Meditation:

✓ Sense of well being

✓ Reduce stress

✓ Emotional balance

✓ Develop concentration

✓ Improve awareness

✓ Objective perception

✓ Improve response to daily ups and downs of life

✓ A path to spiritual well being

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4127 Bay Street . Suite A

Fremont . Ca 94538

510 . 298 . 0018

www.nadisyoga.com

Apply for Young Recitalist Competition

SUBMITTED BY  
FREMONT SYMPHONY ORCHESTRA

Fremont Symphony's new Young Recitalist Competition is now open to all instruments! The competition is open to instrumentalists aged 18 and younger who reside in Castro Valley, Dublin, Fremont, Hayward, Livermore, Milpitas, Newark, Pleasanton, San Ramon, or Union City and are able to play from memory a solo piece that demonstrates artistic nuance, technical skill, and musicality. Completed applications must be postmarked or received no later than Saturday, March 7. Application forms can be downloaded and printed at [www.fremontsymphony.org](http://www.fremontsymphony.org). A nonrefundable registration fee of \$35 must be included with the application. Submit completed application form along with registration fee

(check payable to the Fremont Symphony Orchestra or credit card information) and either mail to Fremont Symphony Orchestra, P. O. Box 104, Fremont, CA 94536, or fax to (510) 446-8632. Auditions will be held on Sunday, April 19 and Saturday, April 25 at Queen of the Holy Rosary School of Music in Fremont. Audition times will be assigned no later than March 31, and no schedule changes will be accepted after April 8. Judges will select up to ten finalists to perform their audition piece in a widely publicized public recital on Sunday, May 3 at First United Methodist Church in Fremont. A copy of the judges' comments and a list of the finalists will be mailed to each applicant shortly after the auditions. Each finalist will receive an honorary plaque recognizing his or her achievement.

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BOOKMOBILE SCHEDULE

|                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Alameda County Renew books by phone (510) 790-8096</b><br><b>For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org.</b><br><b>Times &amp; Stops subject to change</b>                                                                | <b>Monday, Feb 9</b><br>9:20 – 10:00 Daycare Center Visit<br>FREMONT<br>10:15 – 11:15 Daycare Center Visit –<br>FREMONT<br>1:45 – 2:45 Pioneer School, Blythe St., & Jean Dr., UNION CITY<br>3:05 – 3:25 Alvarado Elementary School, Fredi St. & Smith St., UNION CITY<br>4:15 – 4:45 Greenhaven Apts., Alvarado Blvd. & Fair Ranch Rd., UNION CITY<br>5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT |
| <b>Tuesday, Feb 3</b><br>9:15 – 11:00 Daycare Center Visit –<br>FREMONT<br>2:30 – 3:25<br>Cabrillo School,<br>36700 San Pedro Dr., FREMONT<br>4:45 – 5:30 Baywood Apts.,<br>4275 Bay St., FREMONT<br>5:50 – 6:30 Jerome Ave. and Ohlones St.,<br>FREMONT                   | <b>Tuesday, Feb 10</b><br>10:00 – 11:15 Daycare Center Visit –<br>UNION CITY<br>2:00 – 2:30 Fremont Hills Senior Living,<br>35490 Mission Blvd., FREMONT<br>2:45 – 3:15 Mission Gateway Apts.,<br>33155 Mission Blvd., UNION CITY<br>4:50 – 5:30<br>Mariner Park, Regents Blvd. & Dorado Dr., UNION CITY<br>5:40 – 6:20 Sea Breeze Park, Dyer St. & Carmel Way, UNION CITY                                                      |
| <b>Wednesday, Feb 4</b><br>1:00 – 2:00 Del Rey School,<br>1510 Via Sonya, SAN LORENZO<br>2:30 – 3:00 Eden House Apts.,<br>1601 165th Ave., SAN LEANDRO<br>3:30 – 4:00 Baywood Ct.,<br>21966 Dolores St., CASTRO VALLEY<br>6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT | <b>Wednesday, Feb 11</b><br>2:00 – 4:00 Warm Springs Community Center, 47300 Fernald St., FREMONT<br>4:15 – 4:50 Lone Tree Creek Park, Starlite Way & Turquoise St., FREMONT<br>6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT                                                                                                                                                                                                |
| <b>Thursday, Feb 5</b><br>9:50 – 10:20 Daycare Center Visit –<br>FREMONT<br>10:40 – 11:30 Daycare Center Visit -<br>NEWARK<br>1:15 – 1:45 Stellar Academy,<br>8325 Cedar Blvd., NEWARK<br>2:00 – 3:00 Graham School,<br>36270 Cherry St, NEWARK                            | <b>Milpitas Bookmobile stops Renew books by phone (800) 471-0991</b><br><b>For more information (408) 293-2326 x3060</b>                                                                                                                                                                                                                                                                                                        |
| <b>Friday, Feb 6</b><br>9:45 – 11:15 Fame Charter School,<br>16244 Carolyn St, SAN LEANDRO<br>11:35 – 12:05 Daycare Center Visit –<br>CASTRO VALLEY<br>1:45 – 3:00 Hillside School,<br>15980 Marcella St., SAN LEANDRO                                                     | <b>Wednesday, Feb 4</b><br>3:15 - 4:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS                                                                                                                                                                                                                                                                                                                                   |

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This offer may not be combined with other ongoing promotions.

**Thursday, Feb 5**

**Market vs. Marketing Workshop – R**

10 a.m. - 12 noon

*Align advertising with your ideal market*

Fremont Chamber of Commerce  
39488 Stevenson Blvd., Fremont  
(510) 794-0919  
laurence@lbhansen.com

**Thursday, Feb 5 - Friday, Feb 6**

**Talent Show**

7 p.m.

*Variety of live acts*

Washington High School  
38442 Fremont Blvd., Fremont  
(510) 791-3414  
www.whstheater.com

**Friday, Feb 6**

**San Leandro's Got Talent \$**

7 p.m. - 10 p.m.

*Teens sing, dance, juggle and perform for prizes*

San Leandro Senior Center  
13909 East 14th Street,  
San Leandro  
(510) 577-3987

**Friday, Feb 6**

**Pearl \$**

7 p.m.

*Montessori School Opera*

Smith Center, Ohlone College  
Jackson Theatre  
43600 Mission Blvd, Fremont  
(510) 490-0919  
Tickets: \$12 adults, \$10 children

**Friday, Feb 6**

**Father and Daughter Sweet-heart Ball \$R**

7 p.m. - 9 p.m.

*Music, refreshments, dance contest and photo booth*

Holly Community Center  
31600 Alvarado Blvd.,  
Union City  
(510) 675-5488  
www.unioncity.org

**Friday, Feb 6**

**An Elegant Affaire \$R**

6 p.m.

*Dinner, drinks and silent auction*

LOV benefit for art in schools  
Doubletree Hotel  
39900 Balentine Dr., Newark  
(510) 793-5683  
www.lov.org

**Friday, Feb 6**

**Winter Dinner and Dance \$**

5:30 p.m. - 10:00 p.m.

*Food and live music*

Hayward Area Senior Center  
22325 North Third St., Hayward  
(510) 881-6766  
www.haywardrec.org

**Friday, Feb 6**

**Toddler Ramble: Little**

**Scientists Unite**

10:30 a.m. - 11:15 a.m.

*Kids ages 3 - 5 conduct science experiments*

Hayward Shoreline Interpretive  
Center  
4901 Breakwater Ave., Hayward  
(510) 670-7270  
www.haywardrec.org

**Friday, Feb 6**

**Phenomenal Woman - A Tribute to Maya Angelou**

7 p.m. - 8 p.m.

*Performance dance production and poetry reading*

Niles Elementary School  
37141 2nd St., Fremont  
(510) 845-7549  
http://fremont-ca.aauw.net/

**Friday, Feb 6**

**Show Your Love Valentine Fund Raiser \$**

5 p.m. - 7 p.m.

*Hors d'oeuvres, wine and beer reception*

Benefit for low-income families and seniors  
Alta Mira Club  
561 Lafayette Ave, San Leandro  
(510) 562-7144  
www.spectrumcs.org  
https://www.facebook.com/events/898791973498963/

**Saturday, Feb 7**

**F.U.N. Mother's Club Preschool Faire**

9 a.m. - 1 p.m.

*Research over 40 preschool options*

Kimber Hills Academy  
39700 Mission Blvd., Fremont  
(510) 745-8270  
www.funmotherclub.org

**Saturday, Feb 7**

**Sharks in My Backyard?**

1 p.m. - 2 p.m.

*Sea level rise discussion*

Hayward Main Library  
835 C St., Hayward  
(510) 881-1980  
www.library.hayward-ca.gov

**Saturday, Feb 7**

**World Interfaith Harmony Day**

1 p.m. - 4 p.m.

*Information booths, discussions and refreshments*

Fremont Veterans Hall  
37154 Second St., Fremont  
(510) 938-0536  
www.ttcouncil.org

**Saturday, Feb 7**

**Willie Davenport Olympian Track & Field Clinic \$R**

8 a.m. - 5 p.m.

*Work with clinicians at various track and field stations*

James Logan High School  
1800 H St., Union City  
(510) 304-7172  
lwebb@nhusd.k12.ca.us

**Saturday, Feb 7**

**Bird and Bunny Adoption Event \$**

1 p.m. - 4 p.m.

*Care and behavior information, low cost adoptions*

Hayward Animal Shelter  
16 Barnes Ct., Hayward  
(510) 293-7200  
www.haywardanimals.org

**Saturday, Feb 7**

**Evening of Sparkles \$R**

5 p.m.

*Fashion show, dinner, dancing and live auction*

Benefit for Life Elder Care of  
Fremont  
Castlewood Country Club  
707 Country Club Cir.,  
Pleasanton  
(510) 610-4626  
www.eveningofsparkles.org

**Saturday, Feb 7**

**Jr. Refuge Ranger Program – R**

1:00 p.m. - 2:30 p.m.

*Hands-on activities to earn badge*

Ages 8 – 11  
Alviso Environmental Education  
Center  
1751 Grand Blvd., Alviso  
(408) 262-5513 x104  
http://jrrangerwinter.eventbrite.com

**Saturday, Feb 7**

**Nature Walk for Health**

10:30 a.m. - 11:30 a.m.

*Guided 1.3 mile trail hike on tidelands*

SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222

**Saturday, Feb 7**

**Geology Walk**

1 p.m. - 2 p.m.

*Discuss how geology influences landscape and habitats*

Docent led 1.3 mile family  
friendly walk  
SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222 x141

**Saturday, Feb 7**

**Twilight Marsh Walk – R**

9:00 a.m. - 10:30 a.m.

*Observe sights, sounds and smell of nature at night*

Not suitable for young children  
SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222 x362

**Saturday, Feb 7**

**Flora and Fauna Photography Workshop – R**

10 a.m. - 12 noon

*Tips to take pictures of plants and animals*

Ages 12+  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd.,  
Fremont  
(888) 327-2757  
www.ebparks.org

**Saturday, Feb 7**

**Healthy Parks, Healthy People Hike**

1:00 p.m. - 2:30 p.m.

*Explore the natural world of park trails*

Ages 12+  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd.,  
Fremont  
(510) 544-3220  
www.ebparks.org

**Saturday, Feb 7**

**Georgi and The Rough Week \$**

7 p.m. - 9 p.m.

*Live rock and blues music*

Mission Coffee Roasting House  
151 Washington Blvd., Fremont  
(510) 474-1004  
www.fremontcoffee.com  
www.georgiandtheroughweek.com

**Saturday, Feb 7**

**Crab Feed \$**

6:30 p.m.

*Dinner, dessert and no-host bar*

St. Joseph Hall  
43148 Mission Blvd., Fremont  
(510) 656-2364  
www.crmjsj.weebly.com

**Saturday, Feb 7**

**Experience Dyslexia: A Learning Disabilities Simulation - \$R**

10 a.m. - 12 noon

*Hands-on activities for parents and teachers*

Stellar Academy for Dyslexics  
38325 Cedar Blvd., Newark  
(510) 797-2227  
www.stellaracademy.net

**Saturday, Feb 7**

**Union City Lions Club Crab Feed \$**

5 p.m.

*Food, raffle and auction*

Southern Alameda County  
Buddhist Church  
32975 Alvarado Niles Rd.,  
Union City  
(209) 652-0027  
www.uclions.com

**Saturday, Feb 7**

**A Victorian Valentine \$**

10:30 a.m. - 11:00 a.m.

*Make a Valentine's Day card*

Ardenwood Historic Farm  
34600 Ardenwood Blvd.,  
Fremont  
(510) 544-2797  
www.ebparks.org

**Saturday, Feb 7**

**Wonderful Wool \$**

11:30 a.m. - 12:30 p.m.

*Questions and answers about sheep*

Ardenwood Historic Farm  
34600 Ardenwood Blvd.,  
Fremont  
(510) 544-2797  
www.ebparks.org

**Saturday, Feb 7**

**Gorgeous Goats \$**

1:30 p.m. - 2:30 p.m.

*Groom and feed gentle goats*

Ardenwood Historic Farm  
34600 Ardenwood Blvd.,  
Fremont  
(510) 544-2797  
www.ebparks.org

**Saturday, Feb 7**

**Puddle Jumping Hike**

10:30 a.m. - 12:30 p.m.

*Search pools and puddles for critters*

Ages 7+  
Sunol Regional Wilderness  
1895 Geary Rd., Sunol  
(510) 544-3249  
www.ebparks.org

**Saturday, Feb 7**

**Black History Month Celebration**

5 p.m. - 7 p.m.

*Speakers and musical history presentation*

Palma Ceia Baptist Church  
28605 Ruus Rd., Hayward  
(510) 786-2866  
www.palmaceiachurch.org

**Saturday, Feb 7**

**Comedy Night \$**

8 p.m.

*Featuring Gail Jones and Jeff Applebaum*

Mudpuddle  
34733 Niles Blvd., Fremont  
(510) 794-9935  
https://www.facebook.com/event/s/1547470628862015/

**Sunday, Feb 8**

**Family Fun Hour**

2 p.m. - 3 p.m.

*Stories, games and activities*

Ages 5+  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd.,  
Fremont  
(510) 544-3220  
www.ebparks.org

**Sunday, Feb 8**

**Math for Adults**

2 p.m. - 4 p.m.

*All About Fractions*

Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
www.aclibrary.org

**Sunday, Feb 8**

**Duck Walk**

9:00 a.m. - 10:30 a.m.

*Docent led easy hike and discussion*

SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222

**Sunday, Feb 8**

**Water is Wonderful – R**

1:30 p.m. - 3:00 p.m.

*Calculate daily water usage and learn conservation tips*

Alviso Environmental Education  
Center  
1751 Grand Blvd., Alviso  
(408) 262-5513  
http://eecwateriswonderful.eventbrite.com

**Sunday, Feb 8**

**Weekend Weed Warriors**

1 p.m. - 4 p.m.

*Volunteers remove litter and invasive plants*

Hayward Shoreline Interpretive  
Center  
4901 Breakwater Ave., Hayward  
(510) 670-7270  
www.haywardrec.org

**Sunday, Feb 8**

**Ohlone Village Site Tour**

10 a.m. - 12 noon

*Visit 2,000 year old Tuibun Ohlone village*

Coyote Hills Regional Park  
8000 Patterson Ranch Rd.,  
Fremont  
(510) 544-3220  
www.ebparks.org

**Sunday, Feb 8**

**Buzzard Search \$**

10:30 a.m. - 12 noon

*Discuss vultures as scavengers*

Ardenwood Historic Farm  
34600 Ardenwood Blvd.,  
Fremont  
(510) 544-2797  
www.ebparks.org

**Sunday, Feb 8**

**Sowing Seeds \$**

1 p.m. - 2 p.m.

*Plant some beans*

Ardenwood Historic Farm  
34600 Ardenwood Blvd.,  
Fremont  
(510) 544-2797  
www.ebparks.org

**Saturday, Feb 8**

**Meet the Bunnies \$**

2:00 p.m. - 2:30 p.m.

*Interact with rabbits*

Ardenwood Historic Farm  
34600 Ardenwood Blvd.,  
Fremont  
(510) 544-2797  
www.ebparks.org  
Park entrance fee

**Sunday, Feb 8**

**26th Annual Gala Celebrating the Arts \$**

1 p.m.

*Variety of instrumental and choir groups perform*

Thornton Jr. High  
4357 Thornton Ave., Fremont  
(510) 793-5683  
www.lov.org

**Monday, Feb 9**

**Living with Mountain Lions**

7:00 p.m. - 8:30 p.m.

*Discuss challenges of sharing habitats*

Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
www.aclibrary.org

**Monday, Feb 9**

**Minimizing Risk, Maximizing Talent**

4 p.m. – 6 p.m.

*The proper use of criminal records in hiring*

Hayward City Hall (777 B  
Street, Hayward, Room 2A  
(415) 543-9444, x236  
mchen@lccr.com

**Tuesday, Feb 10**

**Services of Oakland Children's Hospital's for homeless children**

6 p.m.

SAVE Empowerment Center  
1900 Mowry Ave, Ste 201,  
Fremont  
(510) 574-2256  
AshleyL@save-dv.org

**Tuesday, Feb 10**

**Free Notary Service for Seniors**

10:00 a.m. - 11:45 a.m.

*Call to schedule an appointment*

Ages 50+  
Newark Senior Center  
7401 Enterprise Dr., Newark  
(510) 463-7186

**Tuesday, Feb 10**

**American Red Cross Blood Drive**

2 p.m. - 7 p.m.

Schedule an appointment, or  
drop-in

Temple Beth Torah  
42000 Paseo Padre Pkwy.,  
Fremont  
(510) 656-7141  
www.redcrossblood.org

**Tuesday, Feb 10**

**Valentine Making Workshop – R**

4 p.m.

*Program for school age children*

Tickets at children's information  
desk

Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
www.aclibrary.org

**Saturday, Feb 14**

**Valentine's Day weddings \$**

# Valentine's Day Weddings

SUBMITTED BY GUY ASHLEY

The Alameda County Clerk-Recorder's Office is pleased to announce that the office will be open Valentine's Day, Saturday, February 14, from 9 a.m. to 1 p.m., to issue marriage licenses and perform wedding ceremonies. Staff will also be available during that time to provide other important services, including:

Handling requests for birth, death and marriage certificates

Performing research of public records

"Valentine's Day is always a busy day at the Clerk-Recorder's office due the many couples who wish to have weddings on this day celebrating love and romance," said Steve Manning, Alameda County Auditor Controller/Clerk-Recorder. "Because we will be open for business to accommodate Valentine's Day weddings, we have decided to offer other services as well – all in

the name of helping our customers as much as we can."

The Clerk-Recorder's Office is located at 1106 Madison Street, Oakland. Marriage licenses cost \$81 for a public license and \$90 for a confidential license. An additional fee of \$17 is required for one certified copy of the completed public or confidential marriage certificate.

The Office includes a specially furnished Wedding Room on the second floor, which is always popular on Valentine's Day. The cost of a wedding ceremony is \$75. Use of the Wedding Room will be offered on a first-come, first-served basis. Walk-ins are allowed, though advance reservations are highly encouraged. Call (510) 272-6362 to make a reservation.

**Valentine's Day weddings –  
Alameda County Clerk's Office  
Saturday, Feb 14  
9 a.m. – 1 p.m.  
The Alameda County Clerk-**

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www.upsstoreprint.com/0217

The UPS Store  
510-438-9474  
Mission Valley Shopping Center  
40087 Mission Blvd.  
Fremont  
Near Lucky's  
store1640@theupsstore.com

The UPS Store  
510-226-7690  
3984 Washington Blvd.  
Fremont  
510-226-7690  
store1805@theupsstore.com

Recorder's Office  
1106 Madison Street, Oakland  
(510) 272-6362

Fee: \$81 - \$90 plus  
\$17 certified copy  
Optional Wedding Room  
additional \$75



# Valentine's Tea Dance

SUBMITTED BY ERIN EWING

Celebrate love with an evening of dancing! Show us your favorite moves that you have been practicing. It is your time to shine at the "Valentine's Tea Dance" on Friday, February 13 at Ruggieri Senior Center in Union City. Tickets cost \$5 (cash only). Registering at the front desk in advance is suggested. Tickets will be sold the day of the event as well. For more information, call (510) 675-5495.

**Valentine's Tea Dance  
Friday, Feb 13  
4 p.m.-6:30 p.m.  
Ruggieri Senior Center  
33997 Alvarado– Niles Rd, Union City  
(510) 675-5495  
\$5 (cash only)**

## CSU boosts church partnerships to expand college opportunity for African Americans

SUBMITTED BY  
ELIZABETH CHAPIN/ STEPHANIE THARA

California State University (CSU) will again partner with African American churches across California for CSU Super Sunday in an effort to improve educational outcomes for historically underserved populations. Now in its tenth year, CSU Super Sunday will feature leaders from all 23 CSU campuses sharing opportunities available through a college degree and encouraging and inspiring students to pursue higher education. "The power and the purpose of our university is to give every person access to the endless possibilities that higher education offers and to help make college a reality," said CSU Chancellor Timothy P. White.

After the service, CSU representatives will be available to answer questions about how to enroll, afford and graduate from college. Youth and their families can also obtain copies of the CSU's award-winning How to Get to College poster, receive information about how to apply to the CSU through CSUMentor (<https://secure.csumentor.edu/>) and learn about streamlined transfer programs such as the Associate Degree for Transfer.

To view the list of participating churches and to learn more information about CSU Super Sunday, visit the CSU Super Sunday website at <http://www.calstate.edu/supersunday/>

**CSU Super Sunday events in the Tri-cities area:**  
**Family Bible Fellowship**  
**Sunday, Feb 8**  
**10:30 a.m.**  
**37620 Filbert Street, Newark**  
**(510) 505-1735**

**Glad Tidings Church of God in Christ**  
**Sunday, Feb 8**  
**8 a.m. and 11:30 a.m.**  
**27689 Tyrrell Ave, Hayward**  
**(510) 783-9377**

**Palma Ceia Baptist Church**  
**Sunday, Feb 8**  
**10 a.m.**  
**28605 Ruus Rd, Hayward**  
**(510) 786-2866**

**Shiloh Baptist Church**  
**Sunday, Feb 8**  
**11:30 a.m. and 1:30 p.m.**  
**22582 South Garden Ave, Hayward**  
**(510) 783-4066**

**Solid Rock Church of God in Christ**  
**Sunday, Feb 8**  
**11:30 a.m.**  
**5970 Thornton Ave, Newark**  
**(510) 791-7625**

**South Bay Community Church**  
**Sunday, Feb 8**  
**8 a.m. and 10 a.m.**  
**47385 Warm Springs Blvd, Fremont**  
**(510) 490-9500**

**Greater Love COGIC**  
**Sunday, Feb 15**  
**11 a.m.**  
**159 Dixon Rd, Milpitas**  
**(408) 957-8730**

## NEWARK CHAMBER OF COMMERCE

**How Safe IS your Business?  
Safe and Secure at Work**



**Thursday, February 19, 2015  
11:30am - 1:30pm**

**DoubleTree by Hilton  
39900 Balentine Drive, Newark**

You don't always recognize you are at risk – until you are victimized. Best practices can keep you, your employees and your business safe from financial or physical loss, personal harm, or liability. Guest speakers from **Newark Police Department Community Engagement** will share information for all types of businesses, large or small, to help you protect yourselves and your assets. You might be surprised at what you've overlooked. Also learn about Newark PD's **Business Watch Program** and how you and your neighbor businesses cooperatively and easily can reduce risk for each other.

**Chamber Member Luncheon: \$35  
Non-Member Luncheon: \$45**

## Sponsorship Opportunities

**Making your reservation:**  
**Register & pay by credit card at [www.newark-chamber.com](http://www.newark-chamber.com)**  
**Fax to (866-213-6956); or,**  
**Mail form with check payable to the**  
**Newark Chamber of Commerce,**  
**37101 Newark Blvd., Newark 94560.**  
**For add'l information call 510-744-1000.**

## St. Rose HOSPITAL



**Volunteer at  
St. Rose Hospital!**

**(510) 264-4139**

**[www.srhca.org](http://www.srhca.org)**



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www.TopFlightFremont.net      Call for more Details

**510.796.FLIP (3547)**

# SPORTS

## Local student at Citrus Bowl Game

SUBMITTED BY ANNE ROGERS,  
AMERICAN GIFTED

Delaine Rogers, a sophomore at Mission San Jose High school in Fremont, the captain of RAW Elite Allstars Cheer Team, received the high honor of the title of All-American. This title comes with many perks including a week in Florida with a nationally televised performance at the Buffalo Wild Wing Citrus Bowl Half-Time show. The title football game was between Missouri and Minnesota on New Year's Day at the new Citrus Bowl Stadium in Orlando, Florida.

Delaine was one of only a few students from California who participated in the All American Halftime Show. This trip included a day at Disney World, Universal Studios, making new friends from all over the nation and across the globe and more. We are proud of our hardworking athletes from local high schools.



## Ohlone College faculty goes to Super Bowl

SUBMITTED BY OHLONE COLLEGE

Jeff Roberts, Ohlone College's Head Athletic Trainer, was closely watching all players at Super Bowl LXIX in Arizona from the booth high above the field. While the Seahawks were battling it out on the ground with the Patriots, Roberts acted as the "Eyes in the Sky," watching plays and checking replay cams for likely head injuries.

Roberts is one of an elite few NFL spotters who watch for impacts that have the potential for head injuries. He provides a double check for medical teams down on the field. With his elevated vantage point in the booth, a sophisticated, multi-camera playback system plus a technician to run it all, he checked every play to make sure no undetected head injuries were missed.

Roberts has worked at the Oakland Coliseum for the past three years, covering Oakland Raiders home games. His job, as part of the NFL Concussion Management Protocol System, is in place at all stadiums and has been for the past three seasons.

How did Roberts, who works in Oakland, end up at the Super Bowl? In previous years the NFL chose the spotter from the stadium closest to the Super Bowl location to serve in this role. This year, as an incentive, the NFL said they'd select the spotter who does the best, most thorough job, from detection all the way through to completing paperwork. "Two weeks ago, pretty unexpected, I got a call asking me to come to the Super Bowl," says Roberts.



Roberts is a full-time professor at Ohlone College where he serves as president of the Faculty Senate, teaches Kinesiology, and is Head Athletic Trainer, where he provides the same, excellent level of care to Ohlone College athletes that he provides to the NFL.

## CSUEB Women's Basketball

Women's Basketball

SUBMITTED BY SCOTT CHISHOLM

### Pioneers fall short

A second half comeback fell just shy for Cal State East Bay women's basketball on the road January 30th, falling 64-60 to UC San Diego at RIMAC Arena. Junior Tori Breshers finished with 26 points and a career-high five blocks to lead the Pioneers. East Bay's Stephanie Lopez finished with 13 points, seven rebounds, and a game-high five assists. Micah Walker added eight points and drained both of her 3-point attempts.

### Defense delivers in win over Cal Poly Pomona

Cal State East Bay became the first team in 10 tries this season to take out Cal Poly Pomona inside Kellogg Gymnasium with a 65-56 victory on January 31st. The Pioneers led wire-to-wire following the first three of Stephanie Lopez's team-high 18 points to open the game. Both teams struggled to find their offensive rhythm early on with the host Broncos failing to score until more than four minutes into the game. The Pioneers steadily built their lead throughout the first half and led by as many 12 before heading into half-time with a 34-25 edge.

Lopez took control for East Bay with first half team-highs of nine points, five rebounds, four assists, and three steals. Laci Effenberger drained a pair of three's and two of Bianca Littleton's three buckets came courtesy of dimes from Lopez. "Steph was her typical self. She found open players, hit the boards, and kept our team composed," East Bay Head Coach Suzy Barcomb said of her senior guard.

"We played a very inspired defensive game tonight. We had limited breakdowns and maintained our focus," praised Barcomb of her team's effort. "Micah Walker gave us great work on the glass tonight and worked tirelessly on defense."

"It was truly a team effort which led us to a big win on the road. I am very proud of us for earning a much needed split on the road," Barcomb added. "Bianca, Remy Puou, and Tori Breshers were bright spots in the paint tonight."

Breshers finished with 12 points and seven rebounds before fouling out late in the game. Puou added 10 points and three rebounds. This post pair combined for six of the team's nine steals and two of team's three blocks on the evening.

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**152 Anza St., Fremont**  
**rwkendrickjr@yahoo.com**

continued from page 1

# Learn by doing at the Olympian clinic

the history of the sport and meet new people at the clinic. They have fun from the sport, and [it] will make them a better person as a whole,” he adds.

Individuals are \$25, youth (8th grade and under) are \$10, teams are \$350, and teams of 50+ are \$500. Register online at [www.logantrackandfield.com](http://www.logantrackandfield.com), or download a form and mail in registration. For more information, contact Coach Webb at (510) 304-7172 or e-mail at [lwebb@nhusd.k12.ca.us](mailto:lwebb@nhusd.k12.ca.us).

**Willie Davenport Olympian Track and Field Clinic**  
**Saturday, Feb 7**



**8 a.m. – 9 a.m.: Registration**  
**9 a.m. – 4 p.m.: Events**  
**6 p.m. – 8 p.m.: Social at Crowne Plaza James Logan High School**  
**1800 H St, Union City**  
**(510) 304-7172**  
**[www.logantrackandfield.com](http://www.logantrackandfield.com)**  
**Cost: \$25 per person, \$10 youth, \$350 per team**

# CSUEB Men’s Basketball

Men’s Basketball

SUBMITTED BY STEVE CONNOLLY

## Tritons Top East Bay in La Jolla

The Cal State East Bay men’s basketball team fell on the road January 30th to UC San Diego by a final score of 65-54. Playing in front of nearly 3,400 Triton fans — their largest crowd of the season — the Pioneers trailed by one point at halftime, but ultimately came up just short in trying to secure their first road win.

For the third straight game, the injury-riddled Pioneer squad played with just eight healthy student-athletes. But they turned in another inspired defensive effort, holding the top outside shooting team in the CCAA to just 28 percent from three-point range and 41 percent from field overall.

The hot shooting of senior Jacari Whitfield and sophomore Paramvir Singh kept the game tight throughout the first half. Singh scored nine of his 10 points in the opening frame as the teams traded leads four times.

The Pioneers continued to fight in the second half, trading baskets with the Tritons in front of a loud and impassioned crowd. With 12 minutes left, Whitfield buried a floater in the lane to bring East Bay within two at 35-33, but UCSD answered by rattling off a 16-2 run, which essentially put the game away down the stretch.

Whitfield posted team highs with 14 points and four assists, while playing all 40 minutes. Singh was

the only other Pioneer in double figures, as the Hayward native finished 3-for-5 from beyond the arc and grabbed four rebounds.

Junior Marcus Norman scored nine points and had three rebounds making his first start of the season. Freshman Patrick Marr added six points and pulled in six boards to lead the team.

Senior Cody Kale and sophomore Kyle Frakes notched six points and two rebounds apiece. Senior Nick Grieves had three boards and went 1-for-2 on three-pointers in his first game back from an injury.

**Pioneers Bucked by First-Place Broncos**

The Cal State East Bay men’s basketball team was defeated 73-48 on the road Saturday night by Cal Poly Pomona to close out their two-game trip. Jacari Whitfield led all scorers with 17 points and played a team-high 38 minutes. The senior point guard finished 5-for-13 from beyond the arc, adding to his school record total, which now stands at 173 made three-pointers. Fellow senior Cody Kale also reached double figures with 14 points, nine of which came at the free throw line. He went 2-for-3 from the floor and tied for the team lead with five rebounds.

Freshman Patrick Marr scored six points and grabbed four rebounds, while sophomore Kyle Frakes added four points and four boards on 2-for-3 shooting. Fellow big man Darrick McIntosh pulled in five rebounds before fouling out. Junior Marcus Norman scored six point on a pair of three-pointers. He and senior Nick Grieves tied for the team lead with three assists on the night.

Men’s Soccer

SUBMITTED BY JAMES WILLIAMS

## Newark 5, Logan 3 January 29, 2015

1st Half Scoring:  
NWK: Luke Lombana (PK) 27:00, Anthony Zamora (Chris Amaya) 32:00  
JL: John Sanchez (Justyn Raygoza) 39:00

2nd Half Scoring:  
NWK: Chris Amaya (Anthony Zamora) 48:00, Anthony Zamora (Erik Arteaga) 52:00, Chris Zamora (PK) 60:00  
JL: Martin Sierra (Justyn Raygoza) 65:00, Jared Rivera (Justyn Raygoza) 70:00

JL Goalie: Andres Marquez, 80 Min, 5 GA, 2 Saves  
NWK Goalie: Luke Lombana, 80 Min, 3 GA, 5 saves  
JL Shots: 15; NWK Shots: 8



Wrestling

# Cougar Report

SUBMITTED BY TIM HESS

## January 28, 2015 The Newark Memorial Cougar wrestling team lost to James Logan HS, 47-18:

Murrell Anderson (285) started things on the right note with a fall just before time expired in the third period.

Kyhree Mackee (138) secured a fall in the first period over his opponent.

Sophomore Daniel Salazar (160) earned a tough 7-3 decision

Kyle Clarno (195) ended the night with an exciting 3-OT victory.

The Newark Junior Varsity also lost 58-18. A Highlight for the Cougars was Xander Pereira (132), who, down 7-0 in the second period, earned a reversal and a fall.

January 31, 2015



The Lady Cougars - Catli Tran, Gabby Jones, Madison Decker, Raelyn Troche – competed in the Lady Baler Bash at San Benito High School. Raelyn Troche (136 lbs) placed second.

Varsity: Dawn 2 Dusk at Marin Catholic High School (Kentfield)

Seven varsity wrestlers competed at the Dawn 2 Dusk Tournament at Marin Catholic HS and took a fifth place team award. Leading the way for the Cougars was Murrell (285lbs) won his second consecutive tournament title. Kyhree Mackee (132) was 2nd; Hiep Tran (113) 3rd; Evan Smith (126) 3rd; and Miguel Salazar (145) 7th.

**Junior Varsity competed at Liberty High School (Brentwood)**

Congratulations to the Cougar wrestlers at the Liberty Tournament: Xander Pereira 1st; Marcos Ariel Calvo 1st; Daniel Jimenez 2nd; Steve Silva 3rd; Jirathip Silakum 2nd; Stephen Bronson 3rd; and Denvir Delmundo 3rd.

The Cougars return to MVAL action with their final league dual of the season against Kennedy on Wednesday, February 11, 2015 in the Gym at 5 pm. The Cougars will honor Senior wrestlers Gabby Jones, Maddy Decker, Raelyn Troche, Denvir Delmundo, Steve Silva, Kyhree Mackee and Murrell Anderson prior to the start of the match.



# VOLUNTEER AT THE CHAMBER OF COMMERCE

**YOU?** A few hours to commit weekly? In school, looking for community service? Retired, missing the interaction you enjoyed in the office?

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**We're REALLY nice to work with!** And, we sure could use some extra hands to help us!

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**37101 Newark Blvd.**  
**510-744-1000. Visit us on Facebook or at**  
**Newark-chamber.com**  
**to learn more about what we do.**

# Ombudsman Training

SUBMITTED BY RAYMOND GRIMM

The Alameda County Long Term Care Ombudsman program is holding a volunteer training class March 18 through April 3. These classes provide an opportunity for volunteers to join the Ombudsman program, receive training, and become certified through the State of California.

Ombudsmen advocate for the dignity, quality of life, and quality of care for residents of long-term care facilities throughout Alameda County, ensure that the residents’ rights are always respected and report violations to appropriate government authorities.

If you enjoy visiting elders, have a few hours a week to volunteer, are observant, reliable, can hold confidences securely and are unafraid of speaking out when something is not right, you may have what it takes to be an Ombudsman. If you are interested, the training dates are as follows:

**Wednesday, March 18: 9:30 a.m. - 4:30 p.m.**  
**Friday, March 20: 9:30 a.m. - 4:30 p.m.**  
**Wednesday, March 25: 9:30 a.m. - 4:30 p.m.**  
**Friday, March 27: 9:30 a.m. - 4:30 p.m.**  
**Wednesday, April 1: 9:30 a.m. - 4:30 p.m.**  
**Friday, April 3: 9:30 a.m. - 4:30 p.m.**

An informal Ombudsman Orientation was held on Tuesday January 27 in Oakland; if you missed the orientation, contact Denyse McCowan ([dmccowan@acgov.org](mailto:dmccowan@acgov.org)) or Andrea Hall ([ahall@acgov.org](mailto:ahall@acgov.org)) at (510) 638-6878 at Alameda County Long-Term Care Ombudsman Program to schedule a time for an interview prior to training.

# Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont ([www.fremont.gov](http://www.fremont.gov)), Hayward ([www.hayward-ca.gov](http://www.hayward-ca.gov)), Milpitas ([www.ci.milpitas.ca.gov](http://www.ci.milpitas.ca.gov)), Newark ([www.ci.newark.ca.us](http://www.ci.newark.ca.us)), Union City ([www.ci.union-city.ca.us](http://www.ci.union-city.ca.us)).

## City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

### CITY COUNCILS

Fremont City Council  
1st/2nd/3rd Tuesday @ 7 p.m.  
City Hall, Bldg A  
3300 Capitol Ave., Fremont  
(510) 284-4000  
[www.fremont.gov](http://www.fremont.gov)

Hayward City Council  
1st/3rd/4th Tuesday @ 7 p.m.  
City Hall, second floor  
777 B Street, Hayward  
(510) 583-4000  
[www.ci.hayward.ca.us](http://www.ci.hayward.ca.us)

Milpitas City Council  
1st/3rd Tuesday @ 7 p.m.  
455 East Calaveras Blvd., Milpitas  
(408) 586-3001  
[www.ci.milpitas.ca.gov](http://www.ci.milpitas.ca.gov)

Newark City Council  
2nd/4th Thursday @ 7:30 p.m.  
City Hall, 6th Floor  
37101 Newark Blvd., Newark  
(510) 578-4266  
[www.ci.newark.ca.us](http://www.ci.newark.ca.us)

San Leandro City Council  
1st/3rd Monday @ 7 p.m.  
835 East 14th St., San Leandro  
(510) 577-3366  
[www.sanleandro.org](http://www.sanleandro.org)

Union City City Council  
2nd/4th Tuesday @ 7 p.m.  
City Hall  
34009 Alvarado-Niles Rd., Union City  
(510) 471-3232  
[www.ci.union-city.ca.us](http://www.ci.union-city.ca.us)

### WATER/SEWER

Alameda County Water District  
2nd Thursday @ 6:00 p.m.  
43885 S. Grimmer Blvd., Fremont  
(510) 668-4200  
[www.acwd.org](http://www.acwd.org)

East Bay Municipal Utility District  
2nd/4th Tuesday @ 1:15 p.m.  
375 11th St., Oakland  
(866) 403-2683  
[www.ebmud.com](http://www.ebmud.com)

Santa Clara Valley Water District  
2nd/4th Tuesday @ 6:00 p.m.  
5700 Almaden Expwy., San Jose  
(408) 265-2607, ext. 2277  
[www.valleywater.org](http://www.valleywater.org)

Union Sanitary District  
2nd/4th Monday @ 7:00 p.m.  
5072 Benson Rd., Union City  
(510) 477-7503  
[www.unionsanitary.com](http://www.unionsanitary.com)

### SCHOOL DISTRICTS

Castro Valley Unified School Board  
2nd/4th Thursday @ 7:00 p.m.  
4400 Alma Ave., Castro Valley  
(510) 537-3000  
[www.cv.k12.ca.us](http://www.cv.k12.ca.us)

Fremont Unified School Board  
2nd/4th Wednesday @ 6:30 p.m.  
4210 Technology Dr., Fremont  
(510) 657-2350  
[www.fremont.k12.ca.us](http://www.fremont.k12.ca.us)

Hayward Unified School Board  
2nd/4th Wednesday @ 6:30 p.m.  
2441 I Amador Street, Hayward  
(510) 784-2600  
[www.husd.k12.ca.us](http://www.husd.k12.ca.us)

Milpitas Unified School Board  
2nd/4th Tuesday @ 7:00 p.m.  
1331 E. Calaveras Blvd., Milpitas  
[www.musd.org](http://www.musd.org)  
(406) 635-2600 ext. 6013

New Haven Unified School Board  
1st/3rd Tuesday @ 6:30 p.m.  
34200 Alvarado-Niles Rd., Union City  
(510) 471-1100  
[www.nhusd.k12.ca.us](http://www.nhusd.k12.ca.us)

Newark Unified School District  
1st/3rd Tuesday @ 7 p.m.  
5715 Musick Ave., Newark  
(510) 818-4103  
[www.newarkunified.org](http://www.newarkunified.org)

San Leandro Unified School Board  
1st/3rd Tuesday @ 7:00 p.m.  
835 E. 14th St., San Leandro  
(510) 667-3500  
[www.sanleandro.k12.ca.us](http://www.sanleandro.k12.ca.us)

San Lorenzo Unified School Board  
1st/3rd Tuesday @ 7:30 p.m.  
15510 Usher St., San Lorenzo  
(510) 317-4600  
[www.slzsd.org](http://www.slzsd.org)

Sunol Glen Unified School Board  
2nd Tuesday @ 5:30 p.m.  
11601 Main Street, Sunol  
(925) 862-2026  
[www.sunol.k12.ca.us](http://www.sunol.k12.ca.us)

## Union City City Council Meeting

January 27, 2015

### Presentations:

Present 2014 Employee of the Year awards to Lorena Gonzalez and Victor Gutierrez. Lorril Fong-Jean, another winner, was absent and will receive recognition at a future meeting.

### Consent:

- Adopt a resolution for the procurement and servicing of a postage meter with Pitney Bowes and Lease Financing with PB Global Financial Services.
- Adopt a resolution to accept work for the 2014 drainage im-

provements on the Whipple/Huntwood intersection.

### Public Hearings

- Adopt resolution to meet city’s housing element requirement. The city must plan for a total of 1,190 more housing units by 2018; 84 required by 2016.
- Approve zoning amendments for Windflower Properties project.

### City Manager Reports

Adopt resolution approving Economic Development Strategic Plan.

|                            |     |
|----------------------------|-----|
| Mayor Carol Dutra-Vernaci: | Aye |
| Vice Mayor Jim Navarro:    | Aye |
| Emily Duncan:              | Aye |
| Lorrin Ellis:              | Aye |
| Pat Gacoscos:              | Aye |

## Hayward City Council

January 27, 2015

### Consent:

- Council adopted the ordinance granting exclusive franchise to Waste Management of Alameda County (WMAC) for solid waste, recyclable materials and organic materials services. The ordinance was introduced at the January 20 Council meeting after long-term negotiations with WMAC.
- Council adopted the resolution authorizing city manager to execute a professional services agreement with Trimark Associates, Inc. to provide third party performance data provider services as required under PG&E’s Self-Generation Incentive Program (SGIP) for the City of Hayward’s new cogeneration system. As part of the Water Pollution Control Facility Cogeneration Upgrade Project, the city applied for a rebate incentive under SGIP; thus, the city is required to enter into a contract with a third party performance data provider to monitor and report on the actual performance of the system, according to the staff report.
- Council adopted the resolution authorizing the City Manager to negotiate and execute an agreement with 4Leaf, Inc. to provide City Building Official services through June 30, 2015

for an amount not to exceed \$80,000. A City Building Official position is required by state law. According to the staff report, “the primary function of this position is to enforce the city’s construction codes, which are based on the California Code of Regulations, Title 24 Building Code, Mechanical Code, Electrical Code, and Plumbing Code; and oversee plan checking, issuance of permits, and construction inspections based on these codes and standards.”

### Work Session:

A project concept was presented to the Council by representatives of Mission Hills Middle School (MHMS) in Union City. MHMS is looking to build a new facility that will accommodate up to 700 K-8 students by fall 2017 or sooner, according to the staff report. The proposed location is at the 5.7 acre Eden Shore property east of Marina Drive near Costco. MHMS is a K-8 private school “whose mission is to offer a high-caliber educational environment for students who want to challenge themselves in an environment that is customized to their individual learning needs.”

|                              |     |
|------------------------------|-----|
| Mayor Barbara Halliday       | Aye |
| Mayor Pro Tempore Greg Jones | Aye |
| Francisco Zermeno            | Aye |
| Marvin Peixoto               | Aye |
| Al Mendall                   | Aye |
| Sara Lamnin                  | Aye |
| Elisa Márquez                | Aye |

## Union City’s BART Station District to add mixed use development

SUBMITTED BY  
LAUREN SUGAYAN

On January 27, 2015, the City Council voted to approve a proposal for the development of 2.47 acres of land adjacent to the Union City BART Station, part of the City’s Intermodal Station District.

Windflower Properties, a real estate developer, will be working with Union City Officials to build a mixed use product, which is the first-of-its-kind in Southern Alameda County. The project includes 243 units of housing at market rate, including live/work lofts and 3,000 square feet of retail space and amenities. The California Department of Housing and Community Development has awarded the City with \$22.6 million in grants, which will assist Windflower in financing the project, constructing public amenities and improving access to BART. The funding is made possible by the California voter approved Proposition 1C.

This is a significant milestone for the City, which continues to market the few remaining opportunity sites around the Station District. The remaining land parcels are shovel-ready and can accommodate high density office space and research and development campuses. The City envisions the Station District as a growing hub for commercial businesses with large workforces and walkable distances to housing and transportation.

“Imagine walking or biking less than a mile to work from your doorstep or having walking access to BART when you want to travel to San Francisco or Oakland,” says Economic and Community Development Director Joan Malloy. This type of economic growth translates into boosted revenues for the City, which can in turn enhance the quality of services the City provides to its community. Completion of the Windflower project is expected in early 2017.



## TAKES FROM SILICON VALLEY EAST

### Predicting the Future in Fremont — Part 2

Guiding Themes for 2015  
(Hint: It’s all about the Ecosystem!)

By BILL HARRISON,  
MAYOR, CITY OF FREMONT

streetscape. We are ready and excited to take on that challenge.

Now that we’ve heard from our Industry Cluster experts about predictions for Manufacturing, Cleantech, Life Sciences and the Maker Movement, the next obvious question is how to leverage this information to facilitate regional industry growth in 2015. Mayor Bill Harrison provided us with four major themes that will guide Fremont’s approach to strengthening our local Innovation Economy:

#### 1. Upping our Innovation Game

Last year was big for Fremont’s Innovation District ([www.thinksiliconvalley.com/innovation-district](http://www.thinksiliconvalley.com/innovation-district)). We launched its branding. We approved a community plan to establish land uses and zoning that will lead to the mixed-use, transit-based employment hub that we envision. And, we started on infrastructure projects that will create the right environment to attract innovators. Now, we are searching for all things that will make this truly innovative — entrepreneurs, incubation space, artists, free thinkers, and most importantly, You!

For Fremont, 2015 is all about upping our innovation game and inviting everyone to play. It’s not often you have 800 acres of opportunity in the Bay Area, and we are determined to make the most of it.

#### 2. It’s About Ecosystems

Fremont is transforming from an auto-centric suburb to a strategically urban oasis. But, we can’t do it on our own. We want to engage with all sectors — from Education and Health Care, to Bankers and Bakers. The future of our city needs to engage and resonate not only with those who are here, but those who may want to build their future dreams in Fremont. Cities are most comfortable working in the brick and mortar world, but we need to move beyond urban planning in order to breathe life into our new urban

#### 3. Love Thy Neighbor

Fremont is not an island. We are part of a wonderfully complicated web of innovation that rings the Bay, and we are stronger because of that network. San Jose and Oakland have new leadership with the election of Sam Liccardo and Libby Schaff. Combined with Fremont and San Francisco, the Bay Area’s four largest cities have an unprecedented opportunity to lead by example in forging a new partnership to accelerate innovation growth, and to conquer issues such as housing and transportation that cross city boundaries. But most importantly, it’s time we let the world know that the Bay Area, fueled by Silicon Valley, is not only sustainable, but competitive and willing to roll up its sleeves and work together to nurture business at all stages of the life cycle.

#### 4. If They Come, We Will Build It

Forget about building it first. In Fremont, we are turning this axiom on its head. While Fremont’s Downtown is officially under construction, we aren’t waiting for all phases to unfold before we begin making this our central gathering spot. From pop-up gallery space to food trucks, Downtown Fremont is “on the map.” We anticipate using this same approach in Warm Springs. When the Warm Springs BART station opens in December, much of the larger development projects will still be in the planning/pre-construction phase. But count on us to not wait to surprise and delight users of the transit hub with visual indicators of innovation, whimsy, and entrepreneurial activity.

And with that teaser, we invite you to follow our progress as the year unfolds. Here’s to the expert opinions (may they all come true!) and to our City’s unbridled enthusiasm in being a partner for success.

## Swalwell will serve on House Intelligence Subcommittee on CIA

SUBMITTED BY ALLISON BORMEL

U.S. Representative Eric Swalwell (CA-15) has been selected to serve as the senior Democrat on the Committee on Intelligence’s Subcommittee on the Central Intelligence Agency (CIA). This newly established subcommittee is responsible for the oversight, policy, activities, and budget of the CIA.

“I am honored to lead this critical subcommittee and work with my colleagues to ensure the CIA has the resources needed to protect the American people,” said Swalwell. “The men and women of the CIA are central in our fight against terrorism, putting their lives at risk every day to keep our country safe. I look forward to working with them in this new role so we may continue to protect the homeland and America’s interests abroad.”

# OPINION



WILLIAM MARSHAK

## A metropolis of neighborhoods

cessive divisions between those who “have” and others who do not. Lacking adequate communication and empathy, the gulf between these two broad categories will not maintain equilibrium and eventually dissolve into disaster and chaos. Without intervention from a “mediator,” there is little hope. Even those who initially choose not to participate in governance will, when reminded of planner indifference to their well-being, become actively involved and work toward shelving plans that took time and effort but did not adequately include residents in the process.

Is city planning really so grim and dysfunctional? Not really. Actually, the word “metropolis” is based in optimism and hope of an economic, political and cultural center to further commerce and communications for a city or region. In the past, Fremont recognized the need for identification and understanding of the unique nature of its districts and neighborhoods. An Office of Neighborhoods was established to promote and form bonds with these areas. The effort to create consensus and path of communication was designed to allow the City to enhance and support its planning efforts. Instead of confrontations, clear, concise and acceptable plans could reach

Planning Commission meetings and, eventually City Council deliberations following community engagement.

Although the Office of Neighborhoods is a fragment of the past, the idea of community dialogue and a liaison position from existing personnel should not be discarded. As the progress of the Greater Tri-City area becomes increasingly complex, involving infill developments and changes in permitted land use, a clear and inclusive vision is critical for neighborhood harmony. Projects in all cities with Warm Springs and downtown in Fremont and the proposed Ruschin School site development in Newark at the forefront require fairness and sensitivity to all stakeholders, especially existing or evolving neighborhoods.

William Marshak  
PUBLISHER

The idea of planners and citizens living in sharply divided worlds is not new. In the classic German film “Metropolis,” originally released in 1927, a futuristic city is composed of wealthy and segregated planners and workers who toil in unsafe, unsanitary and barely habitable conditions. This theme has been repeated in more modern artistic endeavors, and remains a troubling reminder of the massive gulf between wealth and poverty. Without hope and paths to achieve dreams of a better life, unrest and disappointment can easily generate destructive action.

Metropolis, a work of science fiction projected as dark view of the future, was designed to exaggerate the pitfalls of ex-

## Despite losses, Chicago relishes its hot dogs

BY DON BABWIN  
ASSOCIATED PRESS

CHICAGO (AP), In a city known for its love of both eating and bragging about its hot dogs, this was news nobody relished: Gourmet stand Hot Doug's, known for serving up options made of rattlesnake and yak, is closing. And the owner of another local hot dog institution, Portillo's, is thinking of selling.

Doug Sohn's announcement this week that he's closing his “sausage superstore” in October after more than 13 years — saying only that it was time to move on — triggered an outpouring of distress. And taking inspiration from Green Bay, where fans own the Packers football team, some Portillo's devotees have called on others to band together to buy the chain of 38 restaurants, most in the Chicago area.

“When I heard (Hot Doug's) was closing, it was heartbreaking,” said Lakhi Siap, 25, a community organizer whose place in line there put him maybe an hour from ordering.

If it all seems a bit extreme, it makes sense in Chicago. The city's love affair with hot dogs dates back to 1893, when visitors to the World's Columbian Exposition gobbled up the odd-looking sandwiches by the thou-

sands, and industry experts say sales remain steady. An estimated 200,000 are sold in the Chicago area a week, according to Timothy O'Brien, co-president of Chicago-based Vienna Beef.

“The hot dog is a symbol of Chicago,” said Peter Alter, archivist at the Chicago History Museum, which features a giant plastic bun where kids can lie down like a frank and cover themselves in fake relish, mustard, pickles and the rest of what gives a hot dog its Chicago style.

The food is also a connection to the past of both the city and its residents.

“My grandfather took my dad to Portillo's and my dad took me there,” said Eric Holtrop, a banker who supports what he and others acknowledge is the longest of long shot efforts to buy the half century-old business. “What if a bunch of Chicagoans pull together?”

The owner of Portillo's has suggested he's considering selling to capitalize on the brand's popularity.

Sohn's Hot Doug's, meanwhile, is important for another reason, said Bruce Kraig, a historian, hot dog expert and co-author of “Man Bites Dog: Hot Dog Culture in America.”

“He was on the cutting edge of turning hot dogs into a kind of cuisine, a kind of fine

dining,” said Kraig.

Even if Sohn didn't invent the upscale hot dog, he was in the room when they started making them out of rattlesnake (Siap's favorite), kale and walnut pork sausage (one of Wednesday's specials), and foie gras (an ingredient that netted Sohn a \$500 citation when he flouted a city ban, since overturned, a few years back).

Hot Doug's reputation drew Jeff and Angie Bridges, the owners of a San Antonio wine bar, to decide they had to stop there after seeing it win praise on television by the likes of chef and author Anthony Bourdain.

“We would have been devastated if we'd not come here before it closed,” said Angie Bridges.

Kraig contends that the lines outside Hot Doug's and the front-page attention Sohn's announcement received say something else about the city — “We can say, ‘We do this better than New York,’” he said.

Sohn prefers to talk about what he believes the reception to his announcement illustrates — Chicago's undying loyalty to its beloved fare.

“All the fancy stuff is nice, but in Chicago it's the hot dog,” he said. “That's why I opened.”



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H.A.R.D. Foundation  
receives grant

SUBMITTED BY  
LAURA CORREA-HERNANDEZ

The Hayward Area Recreation and Park District Foundation (H.A.R.D. Foundation) is very pleased to announce it has received a \$100,000 grant from the Fremont Bank Foundation for a new state-of-the-art computer lab at the Sorensdale Recreation Center.

The Sorensdale Recreation Center provides year-round education and recreational opportunities for over 100 adults with intellectual and physical disabilities to achieve greater independence. Of the many classes offered at Sorensdale, the students' favorite is the computer lab. Most students attending Sorensdale live in group-home settings with no computers and little ability to communicate with the outside world. Beyond learning

and practicing technology skills, the computer lab allows students to communicate with their family and friends.

"It was clear this project merited funding and would have a profound and long-lasting impact on the many students who attend Sorensdale", said Hattie Hughes, Fremont Bank Foundation President. Mrs. Hughes was touched by the needs at Sorensdale and shared that her late son Paul Hughes, the grandson of Fremont Bank and the Fremont Bank Foundation founder, Morris Hyman had a passion for technology, education and helping those with disabilities. The lab will be named the Fremont Bank Foundation Technology Center and be dedicated in Paul Hughes' memory.

"With the grant from the Fremont Bank Foundation, we have

been able to completely transform the technology center with new computers, specialized software, updated lighting, and furnishings", said Adam Korbas, H.A.R.D. Foundation President.

An Open House will be held at Sorensdale Recreation Center on Wednesday, February 11 from 12 noon -2 p.m. to celebrate and showcase the new Fremont Bank Foundation Technology Center. For additional information or if you wish to attend the Open House, please call (510) 888-0111.

**Sorensdale Technology Center Open House**  
**Wednesday, Feb 11**  
**12 noon – 2 p.m.**  
**Sorensdale Recreation Center**  
**275 Goodwin St, Hayward**  
**RSVP requested:**  
**(510) 888-0111**

Gallup migrating away  
from phones in favor of  
online polling  
AP WIRE SERVICE

LINCOLN, Neb. (AP) — Gallup has long been known for phone polling, but the Nebraska-based company is migrating away from that technology and toward online data collection.

The company will be reducing its call center staff in Lincoln and Omaha through attrition, transfers or promotions, but not layoffs, spokesman Johnathan Tozer told the Lincoln Journal Star (<http://bit.ly/163ZWHf>). Omaha-based Gallup employs about 1,200 people total in Lincoln and Omaha, down from 1,350 employees two years ago.

Tozer said the change is "part of Gallup's long-term migration plan toward online data collection, in addition to our sophisticated analytics and consulting."

The changes will be good for the company's employees, Tozer said, because while the company is cutting back call center jobs, it is aggressively hiring for higher-paying jobs in technology and consulting.

Experts say phone polling has become less reliable as more people drop land lines. A 2012 Pew Research Center study showed that the percentage of households in which polling companies were able to reach an adult by phone fell from 90 percent in 1997 to 62 percent in 2012.

Gallup's mission won't be affected by the change, Tozer said. "How that work gets done is changing based on technology," he said.

Information from: Lincoln Journal Star, <http://www.journalstar.com>

Birth

LIFE CORNERSTONES

For more information  
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Obituaries



**Fremont Memorial Chapel**  
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**Joan E. Koskie**  
RESIDENT OF NEWARK  
December 21, 1928 – January 10, 2015

**Gregory S. Young**  
RESIDENT OF PHOENIX, AZ  
July 28, 1947 – January 23, 2015

**Tru Van Nguyen**  
RESIDENT OF FREMONT  
August 7, 1935 – January 24, 2015

**Lin Chun Yen**  
RESIDENT OF FREMONT  
March 17, 1922 – January 26, 2015

**Stefan A. Hebb**  
RESIDENT OF FREMONT  
January 1, 1965 – January 27, 2015

**Toshiko Grappone**  
RESIDENT OF NEWARK  
February 11, 1932 – January 28, 2015

**Donna Fay Lorenson**  
RESIDENT OF FREMONT  
April 24, 1923 – January 28, 2015

**Rosalinda R. Picazo**  
RESIDENT OF FREMONT  
February 7, 1927 – January 28, 2015

**Juan Arambula**  
RESIDENT OF UNION CITY  
May 16, 1919 – January 29, 2015

**Mark J. Simonetti**  
RESIDENT OF FREMONT  
March 17, 1952 – January 29, 2015

**John J. Wankner**  
RESIDENT OF FREMONT  
September 21, 1946 – January 29, 2015

**Sharon L. Lopez**  
RESIDENT OF SAN RAMON  
September 21, 1946 – January 30, 2015

**Michael J. Miller**  
RESIDENT OF FREMONT  
March 30, 1957 – January 30, 2015



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**Kurt Hernandez**  
RESIDENT OF SACRAMENTO AND FREMONT  
July 8, 1990 - January 10, 2015

**Marie Jones**  
RESIDENT OF FREMONT  
September 6, 1938 - January 18, 2015

**Tosca Sodini**  
RESIDENT OF FREMONT  
March 8, 1932 – January 22, 2015

**Sister M. Therese Martinez**  
RESIDENT OF FREMONT  
May 27, 1923 – January 24, 2015

**Anthony Sousa**  
RESIDENT OF NEWARK  
September 5, 1926 – January 28, 2015

**Carole A. Biggs**  
RESIDENT OF FREMONT  
December 3, 1933 – January 28, 2015

**Gilbert D. Mancias**  
RESIDENT OF MILPITAS  
September 3, 1959 - January 13, 2015

**Lahuram L. Sarraiya-Jaiswal**  
RESIDENT OF FREMONT  
December 4, 1941 – January 30, 2015

**Linda S. Brown**  
RESIDENT OF FREMONT  
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AC Transit Board expands service

SUBMITTED BY  
CLARENCE L. JOHNSON

The AC Transit Board of Directors held a public hearing on Wednesday, January 14, 2015, in Oakland to take public comments on proposed expanded, new, and rerouted service affecting several bus lines. Proposed service changes were approved by the Board.

The proposal is made up mostly of weekend improvements due to significant increase in ridership on Saturday and Sunday, and because the District can more easily put extra buses on the street on weekends. There are also minor changes proposed to week-day service.

Specifics of the proposal are found on the AC Transit website at www.actransit.org. Among affected bus lines are:

**Line 200:**  
Expand Saturday night service by four hours to run until midnight to better serve the Mowry Avenue and Decoto Road corridors in Fremont and Newark, as well as NewPark Mall, and retail and restaurant destinations around Lido Faire.

**Line 212:**  
Expand weekend evening service by four hours to run until midnight to better serve retail, restaurant, and entertainment destinations at Pacific Commons in Fremont.

**Line 217:**  
Increase weekend frequency to every 30 minutes (currently every 40 minutes) to relieve overcrowding due to strong student ridership from the newly opened Northwestern Polytechnic University in Fremont.

**Service changes are expected to be implemented on March 15, 2015.**

Car sharing is a model of car rental by which people can rent cars for shorter, more frequent trips, often as an extension of existing public transportation. The only car sharing provider currently operating in Hayward is Zipcar, which has five vehicles at the California State University East Bay campus. These cars are intended for residential students and do not serve the larger Hayward community.

Taking into consideration demographics, housing density, and public transportation options, the City is confident that the car sharing model is feasible in several additional locations throughout Hayward. The grant will subsidize start-up costs and the City will provide matching resources in the form of free parking, exclusive use of electric vehicle chargers and assistance with marketing and outreach efforts. In addition to the Downtown BART area, locations under consideration include the Cannery area, Life Chiropactic College and the South Hayward BART area. The City will provide incentives to the car sharing service provider to use electric vehicles.

Car sharing supports the City of Hayward’s goals of reducing transportation-related emissions and reducing the community’s dependence on private automobile transportation. With the support of City Council and funding approved by MTC for allocation, the City anticipates starting the process of expanding car sharing within the coming months. When fully implemented, this program is expected to produce measurable decreases in greenhouse gas emissions annually.

Health Advisory on E-cigarettes

SUBMITTED BY ANITA GORE

California Department of Public Health (CDPH) director and state health officer Dr. Ron Chapman has issued a Health Advisory and the “State Health Officer’s Report on E-Cigarettes: A Community Health Threat,” warning Californians of the toxicity of electronic cigarettes (e-cigarettes).

“E-cigarettes contain nicotine and other harmful chemicals, and the nicotine in them is as addictive as the nicotine in cigarettes,” said Chapman. “There is a lot of misinformation about e-cigarettes. That is why, as the state’s health officer, I am advising Californians to avoid the use of e-cigarettes and keep them away from children of all ages.”

E-cigarettes are battery operated devices, often designed to resemble cigarettes that deliver a nicotine-containing aerosol. E-cigarettes have many names, especially among youth and young adults, such as e-cigs, e-hookahs, vape pens, vape pipes or mods. The liquid solution (e-liquid)

used in e-cigarettes typically contains nicotine and is commonly referred to as “e-juice.” It is sold in a variety of candy, fruit and alcohol flavors.

Studies find a significant rise in e-cigarette use each year, especially among young adults and teens. New California data shows that e-cigarette use among young adults, ages 18 – 29, increased from 2.3 percent in 2012 to 7.6 percent in 2013. Young adults in California are three times more likely to use e-cigarettes than those 30 and older. Likewise, e-cigarette use among U.S. teens has surged. In 2014, teen use of e-cigarettes nationally surpassed the use of traditional cigarettes, with more than twice as many 8th and 10th graders reporting using e-cigarettes more than traditional cigarettes. Among 12th graders, 17 percent reported currently using e-cigarettes vs. 14 percent using traditional cigarettes.

Along with an increase in use, there has been a spike in calls to the California poison control centers related to exposures to nicotine-containing e-liquids and accidental

e-cigarette poisonings – from 19 in 2012 to 243 in 2014. More than 60 percent of all those e-cigarette related calls involve children 5 years and under.

“The e-cigarette cartridges and e-liquid bottles are not equipped with child-resistant caps, often leak, creating a poisoning risk by ingestion or by skin or eye contact,” warned Dr. Chapman. “These products are not safe.”

Highlights of the report include:

Exposure to nicotine during adolescence can harm brain development.

E-cigarettes do not emit a harmless water vapor, but an aerosol that has been found to contain at least 10 chemicals that are on California’s Proposition 65 list of chemicals known to cause cancer, birth defects or other reproductive harm.

E-cigarettes are not FDA-approved cessation aids.

Learn more at TobaccoFreeCA or visit cdph.ca.gov

City of Hayward to expand car sharing

SUBMITTED BY ERIK PEARSON

On January 27, 2015, the Hayward City Council approved a resolution to receive a \$200,480 car sharing grant recently approved by the Metropolitan Transportation Commission (MTC). The City will use the grant funds to administer a request for proposals (RFP) to expand car sharing services to Downtown Hayward and other priority locations.

continued from page 1

# Let's Go Outside!

## The Benefits of Outdoor Spaces

Competition with media, perceived dangers of strangers, and lack of available outdoor spaces all contributed to this gradual change in our culture. This shift away from outdoor play and subsequent disconnect from nature may have consequences for our children's health as well as for the future of conservation.

Studies have shown that playing in the outdoors has helped children physically and psychologically. For instance: Recreating outside may help combat the rising epidemic of childhood obesity. Those who play in the outdoors are physically more active because outdoor spaces are usually more varied and less structured than indoor spaces. Being outside also sets the stage for childhood "discoveries" of the natural world, which have more lasting impressions than learning about nature in a classroom. Children are more likely to develop a sense of place and a sense of imagination. And finally, children taking part in a week-long, residential outdoor recreation program were found to have increased confidence and self-esteem.

In addition to the benefits of physical activity, a study conducted by the University of Illinois discovered that children with Attention-Deficit Hyperactivity Disorder (ADHD) have fewer symptoms after playing in the outdoors than when they

focus on indoor play activities such as television or video games. This study also found ADHD kids were better able to concentrate, complete tasks, and follow directions after being outside.

Although the focus here is children, adults benefit from natural settings as well. Howard Frumkin, M.D., the director of the National Center for Environmental Health/Agency for Toxic Substances and Disease Registry at the U.S. Centers for Disease Control and Prevention, has found evidence that healthy adults who partake in wilderness experiences such as hiking, fishing, and camping make healthier lifestyle choices. Similar activities are often used to relieve psychological disorders and developmental disabilities. Other studies show that those who exercise outside where there are trees and grass are often less stressed and depressed than those who exercise inside a gym. It would appear that spending time outside is beneficial to everyone.

The rising evidence which shows the many health benefits of the outdoors prompted The U.S. Fish and Wildlife Service to launch a campaign to get kids outdoors and have fun (<http://www.fws.gov/letsgooutside/>). The California Roundtable on Recreation, Parks and Tourism has also developed the



Photo by Cassandra Broadwin

California Children's Outdoor Bill of Rights. The Children's Outdoor Bill of Rights list 10 activities that each child should have the opportunity to experience before entering high school ([http://cal-roundtable.org/Copy\\_of\\_cobor.htm](http://cal-roundtable.org/Copy_of_cobor.htm)).

Many partnerships developed with other like-minded organizations to encourage the use of outdoor spaces. Locally, 30 parks, community, and health organizations from all nine San Francisco Bay Area counties formed Healthy Parks Healthy People Bay Area. This collaborative provides a coordinated effort throughout the Bay Area to offer outdoor programs the first Saturday of every month at various parks and refuges.

On Saturday, February 7 walks will be held locally at Don Edwards, Coyote Hills, and Alviso. For more information on these programs and those further afield, visit <http://instituteatgoldengate.org/regional>. Additional activities and information can also be found at [www.fws.gov/refuge/don\\_edwards\\_san\\_francisco\\_bay/](http://www.fws.gov/refuge/don_edwards_san_francisco_bay/), [www.ebparks.org/activities/hphp/HPHP-BayArea](http://www.ebparks.org/activities/hphp/HPHP-BayArea), and [www.regionalparksfoundation.org](http://www.regionalparksfoundation.org).

**So what are you waiting for? Let's go outside!**

## Scouts visit Tri-City Voice offices



Bear Den 4, Pack 441: (left to right) Noah, Jacob, and Eric



Tiger Den 2, Pack 441 (left to right) Xander and Gavin



Webelos Striker Patrol Pack 441: (left to right) William, Neo, Carl, and Jayden

**SUBMITTED BY BRIAN WYNN, ASSISTANT CUB MASTER AND TIGER DEN LEADER, PACK 441**

On a recent visit to the offices of Tri-City Voice (Tuesday, January 27, 2015), scouts of Pack 441 learned about the value of newspapers, how they are produced and help provide accurate news to the community. Each scout was awarded "gold" coins when they completed an exercise in communications.

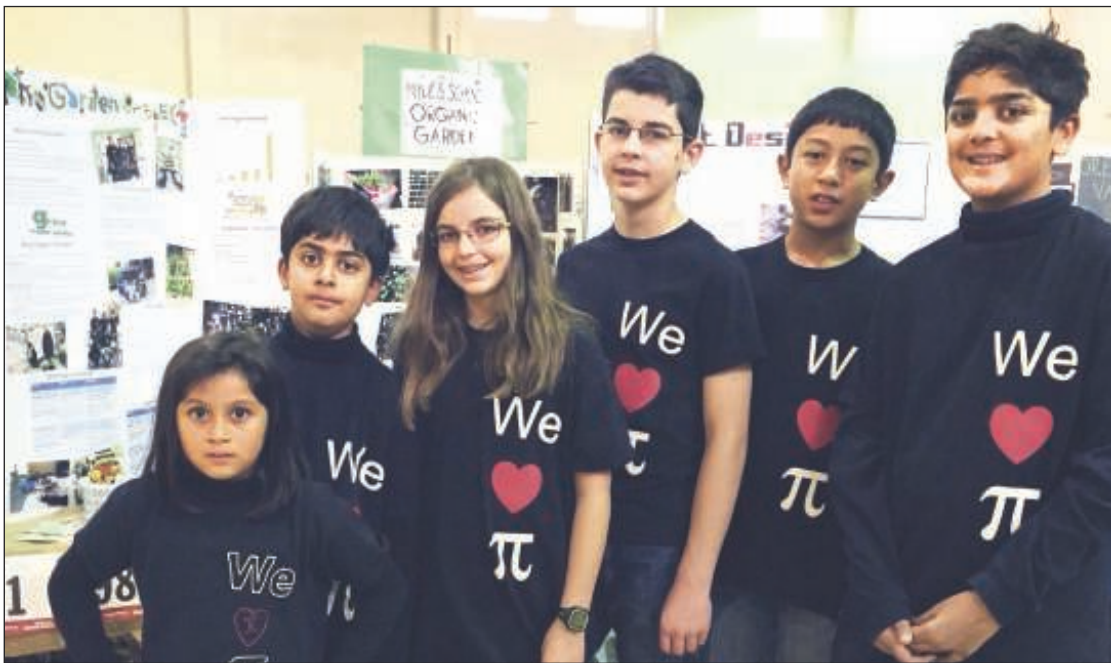
## Niles Elementary School Grows a Garden

SUBMITTED BY HASIBA MARMASH

This past summer, a group of six entrepreneurial students worked at Niles Elementary School in Fremont to create a garden. They

Nursery. Special thanks to Boy Scout Troop 112 from Fremont for donating sand. The team is lucky to have such a supportive school staff.

Congratulations to Sahir and Samih Qureshi, Malin and Karina Sapkota, and Sherif and Mereema Marmash.



envisioned an organic school garden for students to learn about the outdoors and gardening as an interactive classroom. Studies show that school gardens are a great way to use the schoolyard as a classroom, reconnect students with the natural world, the source of food, and teach valuable gardening and agriculture concepts and skills. These skills integrate with several school subjects such as math, science, art, health, physical education, and social studies, as well as educational goals including personal and social responsibility.

The students also incorporated another important part of gardening compost. They made and used their own compost in the garden. Now, leftovers from the Niles School salad bar go into the compost. The garden project was the project for First Lego League 2015-World Class: Learning Unleashed. They recently won an award for presenting the garden project in the Silicon Valley area championship, under the team name, We Love Pi. The team has created an interactive, online knowledge base called OrganicBase, their platform to unleash what they learned from their garden project experience to the rest of the world. Be sure to check it out at [www.welovepi.com](http://www.welovepi.com)

Along with presenting the garden to the Niles community, the team also showcased their garden at the Niles Antique Fair and Whole Foods Oktoberfest 2014. The team also received positive reviews regarding their garden from Fremont City Council members as well as the local community. Generous donations of soil and seeds were received from local businesses including Dale Hardware and Regan



## ACWD employee elected Vice President of American Water Works Association

SUBMITTED BY SHARENE GONZALES

The American Water Works Association (AWWA) Board of Directors Saturday recently elected Alameda County Water District (ACWD) employee Steve Dennis as Vice President during its winter Board meeting in Santa Fe, New Mexico.

Dennis, the District's Emergency Services and Security Supervisor, has dedicated more than 35 years of service to the District and has been an active member of AWWA for 16 years. He previously represented the California/Nevada Section of AWWA as an Association Director and has chaired several committees.



With his years of experience in security protocols and emergency preparedness, Dennis has been instrumental in advancing emergency preparedness and response, crisis communications, and security practices for both ACWD and AWWA.

"I am honored to have been elected to serve as Vice President of AWWA, an internationally-recognized organization that has served the water industry for more than 133 years," said Dennis.

No stranger to special recognition, Dennis is a past recipient of the George W. Fuller Award for the AWWA California/Nevada Section – AWWA's highest award.

"ACWD is proud of Steve's commitment to our agency. His top-notch skills and expertise in safety, security, and emergency response help protect our water supply," stated ACWD General Manager Robert Shaver. Shaver went on to say Dennis' skills will contribute to his new leadership role with AWWA.

## CIF Central Coast Section commissioner announces retirement

SUBMITTED BY CIF/CENTRAL COAST SECTION

After 26 years of overseeing the California Interscholastic Federation's (CIF) Central Coast Section (CCS), Commissioner Nancy Lazenby Blaser announced she will retire from her post later this year.

In a letter dated January 26, 2015, Lazenby Blaser thanked the section's athletics community, saying: "I truly believe that the CIF/Central Coast Section has the best administrators, athletic directors, coaches and student athletes in the state if not the country. This is a great organization dedicated to providing meaningful athletic experiences to our student athletes. It has been an honor to work alongside you in this important endeavor."

"During her tenure, Nancy provided leadership not just for the section's 146 schools, but for all schools throughout California," said Roger Blake, the executive director for CIF, the governing body for the state's 10 sections representing 1,500 member schools and 750,000 student athletes.

"For nearly three decades, Nancy has been a true leader in the world of high school athletics in

California," Blake said. "She embodies the very values we seek to promote – equity, quality, character, and the importance of academic development."

Among Lazenby Blaser's many accomplishments, Blake cited her establishment of a scholarship program, coaching education, her emphasis on sportsmanship, her expansion of section playoffs, and her leadership in developing the first CIF section web site, which became a model for the entire state.

During Lazenby Blaser's tenure as commissioner, the longest seated CCS President, Keith Mathews, states, "Without exception, Nancy made judgments in keeping with the will of the membership of the CCS, and her leadership enabled that membership to understand fully that high school sports must have at the center of its concern the experience of the student who chooses to play for his or her school. As a former coach and a mother of two exceptional student athletes, Nancy has always been mindful of the joy that can animate high school sports, and she has worked tirelessly to guide the institution charged with the task of bringing that joy to youth."

Lazenby Blaser's last day on the job will be October 31, 2015. A replacement has not been named.

## Fremont student receives Cogito Research Award

SUBMITTED BY MARIA BLACKBURN

One researcher wants to develop a software tool that could help physicians pinpoint which drugs work best to treat patients with lung cancer. Another will address global warming by exploring a new, more economical way to grow algae. And a third hopes to create a human-powered portable refrigerator to transport vaccines to remote areas.

These studies may seem like the work of top university research scientists. In fact, the projects belong to aspiring middle and high school researchers who have been named recipients of the CTY Cogito Research Awards by Johns Hopkins Center for Talented Youth (CTY).

Ten grants of \$599 each were awarded to students from across the U.S. who submitted outstanding proposals for research in science, technology, engineering, or math (STEM) fields. A CTY judging panel selected the proposals from more than 185 student applications based on overall quality and promise to achieve compelling research results. Among the 2015 CTY Cogito Research Award winners is Sonia Sachar, an 11th-grader at Irvington High School in Fremont, who submitted the proposal, "A Novel Software Program to Optimize the Prediction of Pathway-Targeted Drugs for the H460 Cell Line in Non-Small Cell Lung Cancer."

Sonia is developing a software tool that will identify which pathway for a particular cancer cell type is the one most responsive to external stimuli – including drugs. She will focus her work on the most common type of lung cancer. If her tool



works, it could enable doctors to choose the cancer-fighting drugs that work best for individual patients, eliminating the trial-and-error element of cancer treatment.

Student researchers will use the funds to purchase equipment, rent lab space, or pay for other project-related needs. The award winners will work with supervising mentors as they see their projects through and write final reports on their results. Awardees will also blog about their progress on Cogito.org. CTY's website and online community for math- and science-minded middle school and high school students.

Membership to Cogito.org is open to all 13 to 18-year-old students affiliated with CTY, and to other students by nomination from educators.

## Fewer kindergarteners skip vaccinations under California law

AP WIRE SERVICE

LOS ANGELES (AP) — Fewer California parents opted out of vaccinations for their children entering kindergarten last year following the adoption of a law that makes it harder to go without the shots, state figures show.

The issue has taken new prominence as California deals with an outbreak of measles that originated at Disneyland last month, sickening some six dozen people – most of them unvaccinated – in several states and Mexico.

The rate of personal-belief exemptions for kindergartners fell from 3.1 percent in 2013 to 2.5 percent last year, according to data collected by the California Department of Public Health. It's the first drop after years of record number of parents seeking waivers to avoid school immunization requirements.

"The early signs look good. However, it is too early to make a definitive determination. We will have to make sure that this trend is stable," Saad Omer, an associate professor of global health at Emory University, said in an email.

California is among 20 states that allow parents to forgo vaccines for their children because of personal beliefs. Under the immunization law that

took effect last year, parents claiming a personal-belief exemption from vaccines must have a signed form from their doctor saying that they have received information about the risks of opting out. Gov. Jerry Brown added a last-minute religious exemption that does not require a doctor's signature. Previously, parents were not required to supply any information to explain their decision.

The drop in vaccine exemptions was also seen in school districts with traditionally high numbers of unvaccinated kindergartners.

In the Santa Monica-Malibu Unified School District, the rate declined from 14.8 percent to 11.5 percent. In Capistrano Unified in south Orange County, the rate fell from 9.5 percent to 8.6 percent, according to an analysis published Friday by the Los Angeles Times (<http://lat.ms/1Cm8LYJ>).

Public health officials have worried about the re-emergence of vaccine-preventable diseases like measles and whooping cough due to unimmunized populations.

In the latest measles outbreak, the majority of those who got sick had not gotten the measles-mumps-rubella, or MMR, vaccine. Public health officials have redoubled their efforts urging people to get their measles shots.

## Water Bond and Groundwater Legislation briefing

SUBMITTED BY BAY PLANNING COALITION (BPC)

Hear from leading experts on the passage and implementation of the 2014 Water Bond and Groundwater legislation, its impact on regional water agencies, policy makers, businesses and industry. This briefing will feature speakers from: Santa Clara Valley Water District, Sonoma County Water Agency, ACWA, Morrison & Foerster, California Farm Bureau, and the Department of Water Resources. Registration includes lunch.

**Water Bond and Groundwater Legislation briefing**

**Friday, Feb 27**

**10:30 a.m. - 2:00 p.m.**

**Santa Clara Valley Water District  
5750 Almaden Expressway, San Jose  
(510) 768-8310**

**bpcstaff@bayplanningcoalition.org  
www.bayplanningcoalition.org**

**\$15 BPC members/ \$20 non-members**

## Smartphone Snapshot: Samsung getting squeezed

BY BRANDON BAILEY  
AP TECHNOLOGY WRITER

SAN FRANCISCO (AP) — The runaway success of Apple's newest iPhone has fueled a dramatic shift in the global market: the California tech giant is now neck-and-neck with South Korea's Samsung for the title of world's leading seller of smartphones.

Apple set the standard for modern smartphones when it released the first iPhone in 2007, but Samsung has been the market leader since 2011 with its series of supersized smartphones that run on Google's Android software. However, Apple made huge gains in the last quarter, selling 74.5 million iPhones – nearly 50 percent more than a year earlier –

after introducing two bigger models to compete with Samsung's high-end Galaxy S phones.

At the same time, Samsung is facing fierce competition at the lower-priced end from Chinese manufacturers Lenovo, Huawei and Xiaomi, which are growing fast in Asia.

Analysts say Apple will likely see a drop-off in iPhone sales now

that it's past the December holiday shopping season. But the following estimates from

International Data Corp., released Thursday, show how much the market has changed:

2014 GLOBAL 4TH-QUARTER MARKET SHARE

– Samsung: 20 percent

– Apple: 19.8 percent

– Lenovo: 6.6 percent

– Huawei: 6.2 percent

– Xiaomi: 4.4 percent

2013 GLOBAL 4TH-QUARTER MARKET SHARE

– Samsung: 28.8 percent

– Apple: 17.4 percent

– Lenovo: 4.7 percent

– Huawei: 5.7 percent

– Xiaomi: 2 percent

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. [tricityvoice@aol.com](mailto:tricityvoice@aol.com)

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| <div>Mon</div> <div>Home's Day</div> <div>30% - Off *</div> <div>furniture, books</div> <div>toys, electronics</div> <div>eye/sunglasses</div> <div>art pictures</div> <div>frames, lamps</div> <div>electrical small appliances</div> | <div>Tue &amp; Fri</div> <div>Senior's Day</div> <div>30% - Off *</div> <div>Everything</div> <div>for all customers</div> <div>age 55 &amp; above</div> <div>(please show id to receive discount.)</div> | <div>Wed &amp; Sat</div> <div>Clothing's Day</div> <div>50% - Off *</div> <div>Color -Tags: clothing</div> <div>purses, shoes, hats</div> <div>scarves, belts, socks</div> <div>luggage, and linens</div> <div>30%-Off</div> <div>all White-tag clothing &amp; purses, jewelry and toys</div> | <div>Thu</div> <div>Antique's Day</div> <div>30% - Off *</div> <div>all jewelry</div> <div>collectibles, books</div> <div>electronics</div> <div>eye/sunglasses</div> <div>art pictures</div> <div>frames, electrical</div> <div>furniture, cd/dvd &amp; housewares</div> | <div>Sun</div> <div>Everyone's Day</div> <div>30% off *</div> <div>Every thing</div> |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|

\*Offers subject to change without notices.

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Rev. 02012015

# Nominate your dog for Hero Dog Award

SUBMITTED BY ALLISON BENNETT

American Humane Association, the country's first national humane organization, recently announced the official start of the 2015 American Humane Association Hero Dog Awards campaign, the annual year-long search for America's bravest heroes on both ends of the leash.

Dog owners across the country are invited to visit [www.herodogawards.org](http://www.herodogawards.org) and nominate their four-legged hero in one of eight categories. The deadline for nominations is February 25. The top dog in each category will be flown to Los Angeles and celebrated at a red carpet, star-studded awards gala on September 19, where one heroic hound will be unveiled as American Hero Dog of the year – the most prestigious honor a canine can receive. The fifth annual Hero Dog Awards will air nationwide as a two-hour special on Hallmark Channel this fall.

The eight categories for 2015 are: Therapy Dogs, Service Dogs, Law Enforcement Dogs, Military Dogs, Arson Dogs, Search and Rescue Dogs, Guide/Hearing Dogs, and Emerging Hero Dogs, a category that pays tribute to ordinary dogs who do extraordinary things.

Following the nominations period, which ends on February 25, the 24 semifinalists (top three in each category) will be chosen in a first round of public voting. The second round, featuring a combination of public and celebrity voting, will narrow the field to the eight category finalists who will then



vie for the title of 2015 American Hero Dog.

Winners in each category will earn money for a designated charity partner and the overall winner's charity partner will win an additional monetary prize. Each charity partner is dedicated to celebrating the role of working dogs in our lives, and like American Humane Association, celebrates the importance of the human-animal bond.

Over the past four years, millions of Americans have

cast votes for nearly a thousand dogs, all seeking the coveted title of American Hero Dog. The program reaches more than 1 billion people each year and draws the support and participation of top celebrity dog lovers from all over the world.

For more information about the 2015 American Humane Association Hero Dog Awards, please visit, [www.herodogawards.org](http://www.herodogawards.org).



## State Senate approves India Republic Day Resolution

SUBMITTED BY JEFF BARBOSA

With India's Ambassador Venkatesan Ashok, the consul general in San Francisco in attendance, State Senator Bob Wieckowski (D-Fremont) joined his colleagues on January 26 in supporting Senate Concurrent Resolution 3, celebrating India Republic Day, on the California Senate floor. Republic Day commemorates the adoption of India's constitution.

"SCR 3 says 'the foundation of any nation and our state is in its people, in their spirit and courage in the face of adversity, and in their willingness to sacrifice in the pursuit of freedom and liberty,'" Wieckowski said. "Republic Day is a great day for India and this year's celebration is an especially important day in the relationship between our nations."

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STEPHEN F. VON TILL, ATTORNEY AT LAW

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Juris Doctor, University of Illinois (7th in class)  
Quoted by Ralph Nader in his book "No Contest" (1996)  
Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present  
Faculty, Santa Clara University School of Law 1987  
Editor, University of Illinois Law Review  
California Supreme Court Cases

LEILA N. SOCKOLOV, ATTORNEY AT LAW

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Hayward  
Police Log

SUBMITTED BY  
SGT. ERIC MELENDEZ,  
HAYWARD PD

Thursday, January 22

At 1:10 p.m., an auto burglary/auto theft occurred on the 21000 block of Foothill Boulevard. A witness saw the suspect forcing entry into a vehicle and called the police. Officers who work in the Downtown area were already familiar with the suspect and saw him driving out of the area. The officers detained the suspect, who also happened to be in a stolen car. Property from a prior auto burglary and the one the suspect just committed was found in the suspect's stolen car. Moreover, suspect happens to be on parole. Suspect is in custody.

At 2:00 p.m., an incident on the 22000 block of Myrtle Street occurred involving a parolee in possession of a handgun, methamphetamine, and controlled substances with the intent to sell. Officers saw the suspect sitting in a car and were aware he is on probation and parole, with full search conditions. Officers searched the suspect and the car and found a loaded gun. Officers searched the suspect's residence and found controlled substances, along with evidence that the suspect possessed the substances to sell them.

Friday, January 23

At 11:50 a.m., an attempted burglary occurred on the 24000 block of O'Neill. A neighbor saw two suspects entering the garage/backyard of a home and the neighbor realized the males did not reside there. The neighbor notified police and officers detained the suspects as they tried to walk away. Officers discovered the suspects tried to force entry into the home, and the owner of the home did not know the suspects, so they were arrested. Suspects are in custody.

At 2:15 p.m., a robbery occurred on the 22000 block of Foothill Boulevard. The suspect asked an 80-year-old female, who recently had hip surgery, for a cigarette. When the victim

did not give the suspect a cigarette, the latter attacked the victim, grabbing her cane out of her hand and knocking her cigarettes onto the ground. The suspect took the cigarettes and left after throwing the victim's cane up onto the roof of a nearby building. Witnesses followed the suspect and directed officers to the suspect's location, where they arrested her upon their arrival. The victim sustained only minor injuries during the incident, and Hayward Fire Department assisted officers in retrieving her cane.

At 7:30 p.m., an armed robbery occurred on the 2700 block of Oliver Drive. The male victim was getting out of his car when two suspects walked up and demanded his money at gunpoint. After the victim gave them his money, they ran away toward Tennyson Road. The suspects are black male juveniles, wearing black clothing, gloves, and bandanas which covered their faces. No further description is available.

Saturday, January 24

At 1:30 p.m., an armed robbery occurred at Patrick/Westwood. The female victim was walking down the street with her 12-year-old son, when the two suspects walked up behind her and took her cell phone out of her back pocket. The victim's son tried to wrestle the cell phone away from one of the suspects, but the latter pulled out a gun and ordered the 12-year-old to let it go, while pointing the gun at the boy's chest. The 12-year-old let go and the suspects ran to a nearby car, driven by an unknown person. Suspects are both black male adults in their 30s, both short-medium height and with a medium build. The car was a newer blue sedan.

At 8:50 p.m., an armed robbery occurred on the 27000 block of Manon Avenue. The male victim was standing in front of his apartment when the two suspects approached and demanded money. Suspect 1 was armed with a gun and struck the victim with it in the head. Suspect 2 had a knife and slashed at the victim's face. Suspects took the victim's money and ran away. Both suspects are Hispanic male adults, about 18 years old, short

with thin builds. Suspect 1 was wearing a red hooded sweatshirt, while Suspect 2 was wearing a black hooded sweatshirt. The victim suffered minor injuries during the incident and was transported to a nearby hospital for treatment.

Sunday, January 25

At 9:15 a.m., an incident involving a felon in possession of a handgun and stolen property occurred on the 400 block of W A Street. An officer discovered the suspect is on probation with a full search clause and searched the suspect and his car. Suspect had a gun hidden under the driver's seat and several stolen credit cards were in his wallet. The officer discovered at least two of the credit cards were stolen during a robbery, which occurred in Concord. Concord Police Department and Hayward Police Department investigators are following up to determine whether the suspect had any involvement in the robberies.

Tuesday, January 27

At 7:45 a.m., a strong arm robbery occurred on the 100 block of Schafer Road. The female victim was preparing to drop family members off at school and BART, when the suspect demanded her money. Victim refused to give her purse. They wrestled over it briefly before the suspect knocked her down to the ground, ripped her purse away from her and ran off to a nearby vehicle. Suspect got into the driver's seat and drove off. Suspect is a Hispanic male adult, about 30 years old, about 5'11" with a thin build, and wearing a black beanie, black and white shirt, gray sweater, and blue jeans. He was driving a silver import make SUV.

At 6:30 p.m., an auto-versus-pedestrian collision occurred at Arbor Court/A Street. The male pedestrian was crossing A Street near Arbor Court but was not inside a crosswalk. The motorist was driving westbound on A Street in the #2 lane and struck the pedestrian. The pedestrian suffered major injuries and was transported to a nearby hospital for medical treatment. He remains in serious but stable condition.

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Structure  
fire

SUBMITTED BY  
DIVISION CHIEF DIANE  
HENDRY, FREMONT FD

On January 30 at 4:46 a.m., four Engines, one Truck, and two Battalion Chiefs responded to a structure fire in an apartment complex at 1306 Bonner Ave. The first arriving Engine saw smoke coming from a front window of the reported apartment. Fire Crews made an interior attack on the fire and contained it to one unit. The involved unit was vacant and being renovated. However, there was damage to the neighboring unit and the six occupants were displaced and no injuries were reported.

Red Cross has been contacted to assist with the displaced occupants. It appears at this time the fire started in the kitchen area. The fire is currently being investigated by a Department Investigator. The damage is estimated at \$400,000.

A Year of Opportunity

SUBMITTED BY  
JANICE ROMBECK

Declaring 2015 as the Year of Opportunity at a gathering on January 27, 2015, Santa Clara County Board of Supervisors President Dave Cortese called on the community to come together to launch new initiatives, creating affordable housing, strengthening public safety, improving public health and serving a diverse population of 1.8 million.

“Working together, we can seize on the opportunity to better our community,” Cortese said. “Working with new leadership in our cities, we can pursue opportunities for meaningful partnerships to address pressing issues. Bringing people together, we can make sure that the ladder of opportunity and quality of life exists for everyone in our Valley.”

Underscoring the urgency of the homeless crisis facing the community and demonstrating the broad support needed to develop short-term, effective solutions, Cortese announced that he will ask Matt Mahood, president and CEO of the San Jose Silicon Valley Chamber of Commerce,



and Ben Field, Chief Officer of the South Bay Labor Council, to lead a new Task Force to find immediate solutions to help our growing homeless population find housing.

Cortese also identified new approaches to other challenging areas. He proposed that the County:

- Create an Office of Neighborhood Safety
  - Reverse the growth of type 2 Diabetes through screening
  - Establish a County Office of Immigrant Relations
  - Expand the Alviso Marina
- For more information on these and other initiatives, contact the Office of Supervisor Cortese at (408) 299-5030.

# COMMUNITY BULLETIN BOARD

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For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

**The “NO” List:**

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

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| <b>Rotaract Club of Greater Fremont</b><br>Community service & business club for young professionals and students ranging from ages 18 to 30. Meetings on 1st & 3rd Wednesdays at 7 pm.<br>Find our events on <a href="http://meetup.com/rotaractfremont">meetup.com/rotaractfremont</a>             | <b>AMERICAN LEGION POST 837</b><br>Meets third Tuesday each month - 6:30-8:30pm<br>Social, Program, General Meeting<br>Historic Niles Veterans Hall<br>2nd & E. Street, Fremont<br><a href="http://www.POST837.org">www.POST837.org</a><br>ALL VETERANS WELCOME                                                                       | <b>The League of Women Voters invites you to visit our website at <a href="http://www.lwvfncuc.org">www.lwvfncuc.org</a></b><br>You'll find valuable information about your community and voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are non-partisan and free to the public.                             |
| <b>TRI-CITY DEMOCRATIC FORUM MEETING</b><br><b>Every Third Wednesday 7:00 pm</b><br>Chandni Restaurant<br>5748 Mowry School Rd<br>Newark, CA 94560<br><a href="http://www.tricitydems.com/">http://www.tricitydems.com/</a>                                                                          | <b>Tri-City Ecology Center</b><br>Your local environmental leader!<br>Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects.<br><a href="http://www.tricityecology.org">www.tricityecology.org</a><br>Office open Thursdays, 11am-2pm<br>3375 Country Dr., Fremont<br>510-793-6222 | <b>Soroptimist International Tri-Cities</b><br>Improving the lives of women and girls in our community and throughout the world.<br>Meetings: Third Monday every month at 6:00pm<br>Papillon Resturant<br>37296 Mission Blvd Fremont<br>Call 510-621-7482<br><a href="http://www.sitricities.org">www.sitricities.org</a>                                   |
| <b>AMERICAN CANCER SOCIETY</b><br>100% of our services are *** FREE ***<br>Please contact us at 800-227-2345<br>RELAY FOR LIFE – UNION CITY<br>Your help with our fundraising *** PRICELESS ***<br>Please contact us via email at <a href="mailto:jendudley345@gmail.com">jendudley345@gmail.com</a> | <b>Help with Math &amp; Reading</b><br>You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child.<br>Contact 510-797-2703<br><a href="mailto:dla_aarp_4486@yahoo.com">dla_aarp_4486@yahoo.com</a>                             | <b>Fremont Cribbage Club</b><br>teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville<br>Email: <a href="mailto:Accgr43@gmail.com">Accgr43@gmail.com</a><br>American Cribbage Congress<br><a href="http://www.cribbage.org">www.cribbage.org</a> |
| <b>Come Join Us Tri Cities Women’s Club</b><br>Meets on the third Tuesday Elk’s Club on Farwell Dr. 9:30 – Cards, 12:00 – Lunch 1:00 – Program and Meeting<br>We also have bridge, walking, Gourmet dining groups, And a book club.<br>For info. Call 510-656-7048                                   | <b>Afro-American Cultural &amp; Historical Society, Inc.</b><br>Sharing ur culture and history in the Tri-Cities and surrounding area<br>Meetings: Third Saturday 5:30pm in member homes<br>Contact: 510-793-8181<br><a href="http://www.aachis.com">www.aachis.com</a><br>We welcome all new members                                 | <b>SparkPoint Financial Services</b><br><b>FREE financial services and coaching for low-income people</b> who want to improve their finances.<br>SparkPoint Info Session<br>3rd Thursday, 6-7pm<br>City of Fremont<br>Family Resource Center<br>To reserve a seat: 574-2020<br><a href="http://Fremont.gov/SparkPointFRC">Fremont.gov/SparkPointFRC</a>     |

|                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                             |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Troubled By Someone's Drinking?</b><br>Help is Here!<br>Al-Anon/Alateen Family Groups<br>No cost program of support for people suffering from the effects of alcoholism in a friend or loved one.<br>Call 276-2270 for meeting information<br>or email <a href="mailto:Easyduz@gmail.com">Easyduz@gmail.com</a><br><a href="http://www.ncwsa.org">www.ncwsa.org</a> | <b>The Friendship Force San Francisco Bay Area</b><br>Travel as a club to many countries to stay with local hosts. Host club members from abroad. Cultural programs and other group events in the Bay Area.<br>March 1--Africa program; August—visitors from Brazil<br><a href="http://www.ffa.org">www.ffa.org</a><br><a href="http://www.thefriendshipforce.org">www.thefriendshipforce.org</a><br>Call 510-794-6844 or 793-0857 | <b>Become the speaker &amp; leader you want to be Citizens for Better Communicators (CBC) Toastmasters</b><br>Guests and Visitors welcome<br>Saturdays 10:15am<br>Unitek College Room 141<br>4580 Auto Mall Pkwy., Fremont<br>510-754-9595                                                                                                                 | <b>FREE AIRPLANE RIDES FOR KIDS AGES 8-17</b><br>Young Eagles<br>Hayward Airport<br>various Saturdays<br><a href="http://www.vaa29.org">www.vaa29.org</a><br>Please call with questions (510) 703-1466<br><a href="mailto:youngeagles29@aol.com">youngeagles29@aol.com</a>                                                            | <b>First Church of Christ Scientist, Fremont</b><br>Sunday Service 10am<br>Sunday School 10am<br>Wed. Eve Service 7:30pm<br>Chld Care is available all services. Reading Room Open<br>Monday - Friday 1-3pm<br>1351 Driscoll Rd., Fremont<br>510-656-8161                                                                                                   |
| <b>Painting with Nancy Benton</b><br>\$40.00, All materials provided<br>experience is not necessary.<br>Held Saturdays 11:30 –1:30<br>1/24, 2/28, 3/28, 4/25<br>Registration recommended<br>37697 Niles Blvd., Fremont<br><a href="http://www.fremontartassociation.org">www.fremontartassociation.org</a><br>510.792.0905                                             | <b>Fremont Art Association</b><br>Painting with Nancy Benton<br>\$40.00, All materials provided,<br>experience is not necessary.<br>Held Saturdays 11:30 – 1:30<br>1/24, 2/28, 3/28, 4/25<br>Registration recommended<br>37697 Niles Blvd., Fremont<br><a href="http://www.fremontartassociation.org">www.fremontartassociation.org</a><br>510.792.0905                                                                            | <b>ORIGNAL ARTWORK</b><br>The Fremont Art Associaation<br>Gallery recently installed new paintings, ceramics, jewelry, fiver arts and more!<br>Visit us at:<br>Fremont Art Association<br>37697 Niles Blvd., Fremont<br><a href="http://www.fremontartassociation.org">www.fremontartassociation.org</a><br>Open Wednesday - Sunday                        | <b>Alder Ave. Baptist Church 4111 Alder Ave., Fremont</b><br>Serving GOD Southern Baptist<br>Traditon - Pastor-Randy Walters<br>Sunday Bible Study -9:30am<br>Worship Service - 11am<br>Community Sing-Along<br>First Friday every month<br>510-797-330<br><a href="http://www.Alderavenuebaptist.com">www.Alderavenuebaptist.com</a> | <b>New Dimension Chorus Men’s 4 Part Vocal Harmony In the “Barbershop” style</b><br>Thursdays at 7pm<br>Calvary Luther Church<br>17200 Via Magdalena<br>SanLorenzo<br>Contact: <a href="mailto:ndchorus.org">ndchorus.org</a><br>510-332-2481                                                                                                               |
| <b>QUALITY FREE TAX PREP IRS-Certified Tax Preparers \$53,000 or less household income</b><br><b>Other restrictions may apply</b><br>Saturdays: Feb 7 to Apr 11, 2015<br>10 am – 1 pm (Closed Mar 14)<br>At Union City Library<br>34007 Alvarado-Niles Road<br>Union City<br>510-574-2020 for more info                                                                | <b>QUALITY FREE TAX PREP IRS-Certified Tax Preparers \$53,000 or less household income</b><br><b>Other restrictions may apply</b><br>Tuesdays: Feb 3 to Apr 14, 2015<br>10 am – 1 pm -<br>by Appointment Only<br>At Tri-City Volunteers<br>37350 Joseph Street Fremont<br>Sara Govea at 510-793-4583                                                                                                                               | <b>FREMONT COIN CLUB</b><br>Established 1971<br>Meets 2nd & 4th Tues 7pm<br>At the Fremont Elks Lodge<br>38991 Farwell Dr., Fremont<br>All are welcome, come join us<br><a href="http://www.fremontcoinclub.org">www.fremontcoinclub.org</a><br>510-792-1511                                                                                               | <b>Little Lamb Preschool Open House Saturday, March 14</b><br>Everyone invited - meet staff and see class rooms. Free ice cream sundaes. Information on Fall enrollment. Drop in between 1pm-4pm<br>505 Driscoll Rd., Fremont<br><a href="http://www.littlelambpreschoolbcc.org">www.littlelambpreschoolbcc.org</a>                   |                                                                                                                                                                                                                                                                                                                                                             |
| <b>QUALITY FREE TAX PREP \$53,000 or less household income</b><br><b>Other restrictions may apply</b><br>Fremont Family Resource Center<br>39155 Liberty St, Fremont<br>Open: Feb 2 to Apr 15, 2015<br>Monday & Wednesday: 4 pm - 8 pm<br>Friday: 10 am - 1 pm<br>Closed 2/16/1-President's Day<br>510-574-2020 for more info                                          | <b>QUALITY FREE TAX PREP IRS-Certified Tax Preparers \$53,000 or less household income</b><br><b>Other restrictions may apply</b><br>Saturdays: Feb 7 to Apr 11, 2015<br>10 am – 1 pm (Closed Mar 8th)<br>At Newark Library<br>6300 Civic Terrace Avenue<br>Newark<br>510-574-2020 for more info                                                                                                                                   | <b>SAVE’s Domestic Violence Support Groups</b><br>FREE, compassionate support<br>Domestic violence survivors<br>Drop-in, no reservations needed<br>Every Tues & Thurs 6:45-8:45 pm<br>Every Friday 9:15 to 11 am<br>1900 Mowry Avenue, Fremont<br>(510) 574-2250 or 24-hour Hotline (510) 794-6055<br><a href="http://www.save-dv.org">www.save-dv.org</a> | <b>SAVE’s Restraining Order Clinics</b><br>Free for domestic violence survivors<br>Seeking protective orders<br>Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday<br>Call SAVE’s 24-hr Hotline (510) 794-6055 for details<br><a href="http://www.save-dv.org">www.save-dv.org</a>                            | <b>SAVE’s Empowerment Ctr. Services</b><br>FREE for domestic violence survivors. If you’re seeking healing, strength, support or referrals, SAVE can help! Yoga, therapeutic art, advocacy & more 24-hour Hotline (510) 794-6055<br>Empowerment Ctr (510) 574-2250<br>1900 Mowry Ave, #201<br>Fremont. <a href="http://www.save-dv.org">www.save-dv.org</a> |
|                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>Soiree Singles For People Over 60 Many Activities!</b><br>Dancing, Dinners, Luau’s<br>Potlucks. Great Fun!<br>email: <a href="mailto:lelochmil@att.net">lelochmil@att.net</a> or<br>Call: Lois for FREE Newsletter<br>510-581-3494                                                                                                                      | <b>Flea Market and Sports Memorabilia Saturday - April 11 9am - 4pm</b><br>Hayward Veterans Bldg.<br>22737 Main St. Hayward<br>510-581-1074<br>Hosted by<br>American Legion Auxiliary<br><a href="mailto:Dorthycastillo61@yahoo.com">Dorthycastillo61@yahoo.com</a>                                                                   | <b>Mission SJ High Booster Club Crab &amp; Pasta Feed-All you can Eat Sat - Feb 28 - 6-10pm</b><br>Mission San Jose High - Main Gym-41717 Palm Ave.,Fremont<br>Vegetarian options available<br>Email ticket requests<br><a href="mailto:msjhscrabfeed@hotmail.com">msjhscrabfeed@hotmail.com</a><br>Tickets \$50<br>Proceeds for - Sports & Arts            |
|                                                                                                                                                                                                                                                                                                                                                                        | <b>Stoic Philosophy in the East Bay</b><br>The Redwood Stoa Hosts a study group for those interested in the philosophy of the ancient Stoics and how it can be applied to modern life. Learn more at <a href="https://redwoodstoa.wordpress.com/">https://redwoodstoa.wordpress.com/</a><br>Join at Meet-up.com:<br><a href="http://www.meetup.com/the-Redwood-stoa">http://www.meetup.com/the-Redwood-stoa</a>                    |                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                             |

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Friday, January 23

Officers responded to Motel 6 North after the victim was robbed of his cell phone, wallet and car keys. The suspect was described as a Hispanic male adult with a goatee, approximately 6’0” tall, weighing approximately 180 lbs. The suspect was last seen wearing a black colored jacket. No weapon was seen.

A male who was out for a walk in the area of Lucia Court and Cabral Drive was approached by a black male adult, approximately 5’10” tall with a thin build. The suspect told the victim to give him his wallet and cell phone, but the victim refused. The suspect then pulled out a black colored semi-auto hand gun and fled without taking property.

The victim was sitting in his vehicle near the intersection of Darwin Drive and Fremont Boulevard. The suspect pointed something concealed within his jacket toward the victim and demanded the victim’s cell phone

and wallet. Fearing he would be shot, the victim gave up these belongings and the suspect fled on foot. The suspect was described as a black male with slim build, wearing a dark hooded jacket.

Saturday, January 24

Officer Foster was dispatched to Warwick Elementary School where several wood pallets had been burned at the rear of the school. No structural damage to the school was reported. Fremont Fire Inspector and Officer Foster are investigating.

Residential burglary on Buckner Terrace: No forced entry; losses were jewelry and cash.

Sunday, January 25

The victim met three people earlier in the evening and provided them a ride. The passengers later forced the driver out of his vehicle in North Fremont near the border of Union City. No weapons were used or seen. The victim vehicle is a 2000 Subaru Sedan (unknown model) with New Jersey license plate (unknown license number). The suspects were a black male, 5’11” in height with thin build in his early 20s; and two white female adults.

Monday, January 26

Grand theft: Theft of undisclosed construction material on Palm Avenue.

Commercial burglary at 3000 block of Washington Boulevard: Loss was construction equipment.

Commercial burglary: 5100 Block of Mowry Avenue.

Officers responded to the area of Paseo Padre Parkway and Shadow Brooke Common on a reported vehicle-versus-bicyclist traffic collision. The bicyclist was transported to a local trauma center and is expected to make a full recovery. The cause of the collision is still under investigation.

At approximately 10:00 p.m., a male victim was robbed at gunpoint in the 47000 block of Warm Springs Boulevard. The weapon was an unknown type of handgun. The description of the suspect(s) is not available.

Tuesday, January 27

An adult male and an adult female are arrested for petty theft at Fry’s Electronics.

Wednesday, January 28

Officers responded to Blewett Street to contact a suspect in a non-injury hit-and-run collision that occurred earlier. An adult female was subsequently arrested for hit and run and resisting arrest.

Officer San Luis and Officer Taylor were dispatched to the Irvington Terrace apartment complex on a reported distur-

bance between several individuals. Upon the officers’ arrival a male subject fled. Officer San Luis and Officer Taylor gave chase and eventually arrested the male for resisting arrest and public intoxication.

Thursday, January 29

Two residential burglary reports on Casa Bella Common

Residential burglary report on Glenhill Drive

Residential burglary report on Blaisdell Way

Residential burglary report on Peachwood Street

Residential burglary report on Seneca Park Drive

Residential burglary report on Crestwood Street

Residential burglary report 4800 block of Stevenson Boulevard

Officers responded to a disturbance in the 42000 block of Osgood Road. An uncooperative adult male was subsequently arrested for obstructing and resisting arrest.

Officer Robinson and Officer Burkhammer responded to the disturbance between neighbors at Ramblewood Apartments. An adult male was subsequently arrested for striking another person with a beer bottle.

Sign up for Newark Wrestling Club

SUBMITTED BY TIM HESS

“Spring wrestling makes winter champions”

Wrestling for Boys and Girls K – 12th grade

Sign ups on March 10, 2015

Practices: March 12-May 29  
Tuesdays and Thursdays: 6:30 p.m. - 8:00 p.m.

Newark Memorial High School Wrestling Room  
39375 Cedar Blvd., Newark

No Membership fee is required. All participants will need to acquire a USA Wrestling card. This can be purchased at <http://www.usawmembership.com/>.

For more information contact:  
Shawn Lambeth: (408) 623-9782 or  
Shawn.Lambeth@Gmail.com  
Tim Hess (510)-818-4389

2 firms seek NC approval to test offshore oil, gas deposits

AP WIRE SERVICE

RALEIGH, N.C. (AP),Two companies are seeking approval to be the first to blast the Atlantic Ocean’s bottom with sound waves to find oil and gas deposits.

North Carolina’s Department of Environment and Natural Resources said Friday one of the two companies starting the approval process for seismic testing wants to start as early as this spring.

The agency says Spectrum Geo Inc. and GX Technology are seeking a state determination that their work is consistent with coastline protection regulations. The state’s decision is needed before pursuing the federal permit required to start tests involving powerful air-gun blasts more than two miles offshore.

The Obama administration announced plans this week to allow drilling for oil and gas off the southeastern coast including near the states of North Carolina and Virginia.

Durham baker to begin accepting virtual currency

AP WIRE SERVICE  
By LAURA OLENIACZ  
THE HERALD-SUN OF DURHAM

DURHAM, N.C. (AP), Although Tom Ferguson doesn't consider himself a real techie, he does try to keep up with the changing times.

So starting Friday, he'll start accepting bitcoins, a virtual currency, as payment for doughnuts, biscuits and other items at his South Durham eatery Rise. He also plans to accept the virtual currency at his catering company Durham Catering Co.

According to the website [www.coin-map.org](http://www.coin-map.org), Ferguson will be the first in Durham to accept bitcoins.

“(I) want to be one of the ones that makes this money revolution start happening,” Ferguson said. “If nobody was accepting bitcoin, it wouldn’t take off.”

Launched in 2009, bitcoins are a form of virtual currency that's not regulated or backed by the government. Advocates say it helps eliminate the middle man in transactions such as money transfers and can cuts costs for retailers facing credit card processing and other payment fees. Skeptics say that because the currency is unregulated, it's a platform for black market deals and a risky investment for consumers.

Campbell R. Harvey, a professor of finance at Duke University's Fuqua School of Business, said the value of bitcoins is highly volatile - 10 times more volatile than the stock market. Last week, its value plunged on a major Tokyo-based exchange called Mt. Gox. It was trading on Mt. Gox for an average of \$314 on Monday after-

noon, and for more than \$625 on another.

However, Harvey also said that because of the way that the virtual currency system is set up, the Bitcoin technology is highly secure, and is an efficient form of payment. He said it's set up so that there's essentially a “giant ledger” of every transaction. People can trade bitcoins, or add to the supply by “mining” for them, which involves unlocking new transactions using advanced computing.

“We know immediately the entire history of that bitcoin from the time it was first mined,” Harvey said. “It's secure . you can’t spend the same bitcoin twice, you can't counterfeit it.”

And while he said there are companies launching that are acting as third-parties to help with processing bitcoin payments and other services, he believes it's still a more efficient payment method. He expects its use to grow, although he said it's been “relatively slow” to catch on compared with New York and larger cities.

“What I told my students is, you could view this as . on one side, it's not really backed by anything other than the faith of people who think it has some value,” he said. “It could go to zero tomorrow. The other way to view it is: this is a potentially very disruptive innovation that solves an important problem that makes exchange of ownership more efficient, more secure, easy to verify.”

Greg W. Brown, a finance professor at the University of North Carolina at Chapel Hill’s Kenan-Flagler Business School, said he believes it has advantages for retailers who want to avoid paying fees

for credit cards and money transfers. But he also said that because it’s unregulated, it can create the potential for black-market transactions.

“If all of a sudden you wake up one day, and the whole thing was a sham, and the Bitcoin market collapses -- which my guess is, you probably will -- you’re out what you put it in,” he said. “It seems shady to me. I’d rather deal with a regulated U.S. bank, and the full faith and credit of the U.S. government, rather than trust some anonymous hacker.”

Another independently owned doughnut business in Durham, Monuts Donuts, doesn't plan on accepting bitcoins anytime soon, according to co-founder Rob Gillespie. As a small business, he said, “we find that U.S. dollars work just fine”

Processing Bitcoin transactions in the store would slow down customer-service time, he said.

At Rise, Ferguson said customers will be able to pay with the virtual currency easily by scanning a code at the store using a software application on their smartphones. And he'll save on processing costs associated with credit card fees.

He plans to use the third-party “digital wallet” Coinbase to help accept the payments and then convert the bitcoins into U.S. dollars each day. The company will see a small percentage of its sales go to the conversion of the currency to dollars, but he said that cost will still be less than the card-processing fees he pays.

He said he’s looking for savings everywhere he can, adding that he’s increased the minimum wage he pays his workers to

\$10.10. President Barack Obama recently called on Congress to raise the minimum wage to that amount for all workers.

He added that by converting the Bitcoin payments into U.S. dollars daily, he cuts down on the risk associated with fluctuating values. Personally, Ferguson said, he’s invested in a few bitcoins, but said he believes the typical consumer shouldn't put any more money into it than they're ready to lose.

He said in a news release that he's used to being on the leading edge of cultural changes. For example, he said, they used Twitter early on to advertise the location of the Only Burger food truck to consumers at the truck's founding in 2008. Ferguson was a co-owner and founder of Only Burger, but he sold his share in the company and launched Rise.

Eventually, Ferguson said, he thinks Bitcoin also will catch on. He thinks it will be really useful - and cut unneeded costs - in transferring money to friends, or supporting other people's business or philanthropic or personal campaigns to raise money.

“Why are we giving the banks and all these third-party people and all these other people a percentage of our hard work?” he said. “Why don't we deal directly person-to-person?”

For the first 50 customers that pay with bitcoins at Rise on Friday, the business will give out T-shirts printed with the words “I bought my biscuit with bitcoin,” according to a news release.

Information from: The Herald-Sun, <http://www.herald-sun.com>

Indiana cat missing 5 years reunited with owner

AP WIRE SERVICE

FORT WAYNE, Ind. (AP), A cat that went missing five years ago has been reunited with its owner in Indiana thanks to an implanted microchip.

WOWO-AM and WANE-TV report the 10-year-old cat named Charlie showed up at Fort Wayne Animal Care and Control on Monday. Workers there scanned the cat and discovered Charlie had a microchip that identified Virginia Fryback of Fort Wayne as his owner.

Fryback says Charlie disappeared from her home five years ago and she thought she'd never see him again. She thanks the veterinarian who convinced her to get a microchip when Charlie was a kitten.

The microchip might have saved Charlie's life. Shelter spokeswoman Peggy Bender says most people adopt much younger cats.

Microchips are about the size of a grain of rice and transmit information via radio waves.

Gov't reimburses man for 'mutt-ilated' currency

AP WIRE SERVICE

HELENA, Montana (AP), A man who painstakingly gathered and reassembled parts of five \$100 bills eaten by his golden retriever has been reimbursed by the U.S. Treasury for the damaged currency.

The Independent Record reports (<http://bit.ly/1540xEA>) Wayne Klinkel received a \$500 check Monday.

His 12-year-old dog, Sundance, downed all but half of one of the bills in December.

Sundance snacked on the cash in the family vehicle while Klinkel and his wife ate at a restaurant.

Klinkel says he carefully picked through the dog's droppings to recover parts of the bills and his daughter recovered more when the snow melted.

Klinkel cleaned and reassembled the bills, put them in plastic bags and sent them to the U.S. Treasury in April.

Information from: Independent Record, <http://www.helenair.com>

## PUBLIC NOTICES

## FICTITIOUS BUSINESS NAMES

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 500646

Fictitious Business Name(s):

**Boulevard Auto CV, 3940 Castro Valley Blvd., Castro Valley, CA 94546**, County of Alameda

Mailing address: 3878 Boulder Canyon Drive, Castro Valley, CA 94552

Registrant(s):

Abdul Lateef, 3878 Boulder Canyon Drive, Castro Valley, CA 94552

Jehan A.B. Lateef, 3878 Boulder Canyon Drive, Castro Valley, CA 94552

Business conducted by: married couple

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Abdul Lateef

This statement was filed with the County Clerk of Alameda County on January 27, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/3, 2/10, 2/17, 2/24/15

CNS-2713279#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 500563

Fictitious Business Name(s):

**Du-All Safety, LLC, 45950 Hotchkiss St., Fremont, CA 94539**, County of Alameda

Registrant(s):

Du-All Safety, LLC, 45950 Hotchkiss Street, Fremont, CA 94539, CA

Business conducted by: a Limited Liability Company

The registrant began to transact business using the fictitious business name(s) listed above on 1998

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Michael Connelly, Director of Operations/ Owner

This statement was filed with the County Clerk of Alameda County on January 26, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/3, 2/10, 2/17, 2/24/15

CNS-2713181#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 500048

Fictitious Business Name(s):

**Wellgroomed, 6028 Stevenson Blvd., Fremont, CA 94538**, County of Alameda

Registrant(s):

Wellgroomed Designs, LLC, 6028 Stevenson Blvd., Fremont, CA 94538; California

Business conducted by: a limited liability company

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Sarah Khagure, Manager/Member

This statement was filed with the County Clerk of Alameda County on January 9, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/3, 2/10, 2/17, 2/24/15

CNS-2713082#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 499843

Fictitious Business Name(s):

**Skillertz, 37378 Niles Blvd., Fremont, CA 94536**, County of Alameda

Registrant(s):

Priscilla Moreno Bravo, 3143 San Gabriel Way, Union City, CA 94587

Business conducted by: an Individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Priscilla Moreno Bravo

This statement was filed with the County Clerk of Alameda County on January 6, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/3, 2/10, 2/17, 2/24/15

CNS-2712300#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 500615

Fictitious Business Name(s):

**Arbitots Day Care, 1501 Decoto Rd., Apt. 247, Union City, CA 94587**, County of Alameda

Registrant(s):

Angelica Turingan, 1501 Decoto Rd., Apt. 247, Union City, CA 94587

Business conducted by: an Individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Angelica Turingan

This statement was filed with the County Clerk of Alameda County on January 26, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/3, 2/10, 2/17, 2/24/15

CNS-2712208#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 500498

Fictitious Business Name(s):

**Tangram Architecture Studio, 33636 Caliban Dr., Fremont, CA 94555**, County of Alameda

Registrant(s):

Zhen Cao, 33636 Caliban Dr., Fremont, CA 94555

Business conducted by: an Individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Zhen Cao

This statement was filed with the County Clerk of Alameda County on January 23, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/3, 2/10, 2/17, 2/24/15

CNS-2712049#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 500303

Fictitious Business Name(s):

**Aloha Espresso Bar, 2500 Mowry Ave., Fremont CA 94538**, County of Alameda

Registrant(s):

Wade Tamura, 411 Gateway Drive, #28, Pacifica CA 94044

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Wade Tamura

This statement was filed with the County Clerk of Alameda County on January 16, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/27, 2/3, 2/10, 2/17/15

CNS-2709488#

## STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File No. 486937

The following person(s) has (have) abandoned the use of the fictitious business name: **New Shine Trucking, 4222 Central Ave #27, Fremont, CA 94536**

34102 Laner Way, Union City, CA 94587

The Fictitious Business Name Statement for the Partnership was filed on 01/16/2014 in the County of Alameda.

Bailiher Singh, 34102 Laner Way, Union City, CA 94587

This business was conducted by:

S/ Bailiher Singh

This statement was filed with the County Clerk of Alameda County on January 14, 2015

CNS-2708903#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 499985

Fictitious Business Name(s):

**Seventh Street Group, LLC, 1155 Third Street, Suite 230, Oakland, CA 94607**, County of Alameda

Registrant(s):

Seventh Street Group, LLC, 1155 Third Street, Suite 230, Oakland, CA 94607; CA

Business conducted by: a Limited liability company

The registrant began to transact business using the fictitious business name(s) listed above on 05/09/2014

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Thomas McCoy, Manager of Seventh Street Group, LLC

This statement was filed with the County Clerk of Alameda County on January 8, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/3, 2/10, 2/17, 2/24/15

et seq., Business and Professions Code).

1/27, 2/3, 2/10, 2/17/15

CNS-2708705#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 499611

Fictitious Business Name(s):

**Snabbox, 39939 Stevenson Cmn, #3059, Fremont, CA 94538**, County of Alameda

Registrant(s):

Renz Martin A. Reyes, 39939 Stevenson Cmn, #3059, Fremont, CA 94538

Business conducted by: an Individual

The registrant began to transact business using the fictitious business name(s) listed above on n/a

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Renz Martin Reyes

This statement was filed with the County Clerk of Alameda County on December 29, 2014

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/27, 2/3, 2/10, 2/17/15

CNS-2708701#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 500109

Fictitious Business Name(s):

**Bella Eye Care Optometry, 6247 Jarvis Avenue Newark, CA 94560**, County of Alameda; 6247 Jarvis Avenue Newark CA 94560; Alameda

Registrant(s):

Judy Nguyen, O.D., Inc., 6247 Jarvis Avenue, Newark CA 94560; California

Business conducted by: a corporation

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Judy Nguyen, OD President

This statement was filed with the County Clerk of Alameda County on January 12, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/20, 1/27, 2/3, 2/10/15

CNS-2708152#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 499769

Fictitious Business Name(s):

**Furniture Depot, 40525 Albrae St., Fremont, CA 94538**, County of Alameda

Registrant(s):

Ringo Le, 345 Castro Ln., Fremont CA 94539

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Ringo Le

This statement was filed with the County Clerk of Alameda County on January 2, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/20, 1/27, 2/3, 2/10/15

CNS-2708150#

## STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File No. 455780

The following person(s) has (have) abandoned the use of the fictitious business name: **Furniture Depot, 40525 Albrae St., Fremont, CA 94538**

This statement was filed on 9/1/2011 in the County of Alameda.

David Diep Le, 345 Castro Ln., Fremont, CA 94539

This business was conducted by:

S/ Ringo Le

This statement was filed with the County Clerk of Alameda County on January 2, 2015

1/20, 1/27, 2/3, 2/10/15

CNS-2708148#

## STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File No. 449276

The following person(s) has (have) abandoned the use of the fictitious business name: **Peaceful Path, 35685 Embassy Common, Fremont, CA 94536**

The Fictitious Business Name Statement for the Partnership was filed on 3/16/2011 in the County of Alameda.

James B. Freer, 35685 Embassy Common, Fremont, CA 94536

This business was conducted by:

S/ James Brabley Freer

This statement was filed with the County Clerk of Alameda County on January 13, 2015.

1/20, 1/27, 2/3, 2/10/15

CNS-2707855#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 499778

Fictitious Business Name(s):

**Essence of it Beauty Supply Salon, 5409 Central Ave., Suite #14, Newark, CA 94561**, County of Alameda

Registrant(s):

Moesa Moore, 4591 Piper St., Fremont, CA 94538

Business conducted by: a Joint Venture

The registrant began to transact business using the fictitious business name(s) listed above on n/a

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Moesa Moore, Partner

This statement was filed with the County Clerk of Alameda County on January 2, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/20, 1/27, 2/3, 2/10/15

CNS-2707767#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 499353

Fictitious Business Name(s):

**Airco HVAC Services, 2718 Cormorant Ct., Union City, CA 94587**, County of Alameda; 2718 Cormorant Ct., Union City, CA 94587

Registrant(s):

# Market versus Marketing

SUBMITTED BY FRIEND AND CHAMPION

Sometimes, marketing can feel like searching in the dark – with a very small lantern. You can have the best marketing material: website, brochures, social media, advertising and more. You can have the best copywriting and visual messaging. None of it matters if you are speaking to the wrong audience and you are not delivering on a consistent brand promise. A “Market vs Marketing” workshop will give you a solid grounding in how to clearly identify your market, be consistent in your branding, and begin to align your marketing material with your ideal market. This workshop

will be held on Thursday, February 5, at Fremont Chamber of Commerce. Friend and Champion has partnered with Fremont Chamber of Commerce to produce this series of monthly seminars and workshops designed to help you successfully build and grow your business. It is part of the Chamber’s and Friend and Champion’s commitment to growing a strong business community in and near Fremont. These workshops are free of charge and open to all business owners, senior management and professionals. You need not be a member of the Chamber in order to attend. For additional information about this series, please feel free to contact Laurence Hansen at

laurence@lbhansen.com or call (510) 794-0919. To register, visit [workshop.friendandchampion.com](http://workshop.friendandchampion.com).

**Market vs Marketing Workshop**  
**Thursday, Feb 5**  
**10 a.m. – 12 p.m.**  
**Fremont Chamber of Commerce**  
**39488 Stevenson Pl, Suite 100, Fremont**  
**(510) 794-0919**  
**laurence@lbhansen.com**  
**workshop.friendandchampion.com**  
**Free; registration required**

## Advanced Placement advancing

SUBMITTED BY  
**BRUCE ROBERTS, HAYWARD  
EDUCATION FOUNDATION**

Advanced Placement classes in high school mean that top students are taking classes approved for transferable college credit. This of course saves on ever-rising tuition fees, but also indicates students who want to learn, work hard, and aspire to a successful future. Thus, since the Hayward Unified School District was recently named by College Board to the U.S. and Canada A.P. Honor Roll “for Expanding Opportunity and Improving Performance for Advanced Placement Students,” one of only two East Bay districts to earn this distinction, the school district, and indeed the entire city, are very proud. Much of this success must be attributed to new Superintendent of Schools, Stan Dobbs. A man of boundless enthusiasm for new

ideas and student success, since he has taken over, seven new A.P. classes have been added, for a total of 35 spread throughout Hayward’s three high schools. With additional classes comes additional success. 123 more students received A.P. credit than the year before, an increase of 62 percent. And this increase includes all ethnicities from Hayward’s multi-ethnic population. High demands are placed on both teachers and students in an A.P. class. At Mt. Eden High School for example, Elizabeth Finlayson teaches A.P. Statistics classes. She began her professional life as a mechanical engineer, but her love of teaching brought her to Mt. Eden, where she thrives on knowing many of her students will be the first in their family to attend college. By teaching them statistics, she’s giving them knowledge that can be adapted to any future field of study.

They learn how to compile and present statistics to support a thesis, no matter what topic, and to read data critically, understanding how it can be manipulated. At Mt. Eden, students have many A.P. choices. Besides statistics, the math department offers two calculus classes. In science, students may take A.P. Chemistry, Physics, or Biology. A.P. English Literature and English Language are also available, as well as Spanish, American History, and American Government. A.P. Psychology is planned for the future, and Mt. Eden’s Carrie King teaches the only A.P. Art program in California. With administrative encouragement, dedicated teachers, and enough student ability and interest to fill up this variety of Advanced Placement classes, it’s easy to see how the Hayward Unified School District was named for this prestigious honor.

## Cal State East Bay receives grant for STEM learning center

SUBMITTED BY JEFF BLISS

California State University, East Bay has received a \$2.5 million grant from the S. D. Bechtel, Jr. Foundation to support development and construction of the Center for Interdisciplinary Research and Collaborative Learning (CIRCLE), which will support STEM education on the university’s Hayward campus. The foundation’s grant is the lead gift in newly launched effort to raise funds for STEM education at CSUEB. “We are grateful that the S. D. Bechtel, Jr. Foundation continues to play a pivotal role in the development of Cal State East Bay as a leader in STEM education,” said University President Leroy M. Morishita. “The S. D. Bechtel, Jr. Foundation is proud to partner with Cal State East Bay on this effort to ensure that young people have opportunities to excel in the STEM fields,” said Foundation President Lauren Dachs. When completed, Cal State East Bay’s Center for Interdisciplinary Research and Collaborative Learning will expand the facilities available for STEM education on campus, ensuring added support for the university’s STEM-based academic, research, and professional development programs. The Center for Interdisciplinary Research and Collaborative Learning will include modular laboratories with project rooms for hands-on participation, shared centralized core instrumentation and support facilities, and flexible collaborative learning spaces. The idea of the facility emerged from the partnership of CSUEB’s College of Science and its College of Education and Allied Studies. Numerous studies show that jobs requiring STEM skills have been growing faster than other jobs—locally, regionally, and nationally. Local employers already struggle to fill STEM jobs. Projections indicate that there will be a demand for 1.1 million STEM workers in California by 2018. “This is a natural fit for Cal State East Bay,” Morishita said. “In addition to serving a region as richly diverse as the East Bay, a recent survey in The Chronicle of Higher Education cited CSUEB as the most diverse university in the Continental United States. When you combine that with our success in STEM education and a long and recognized history of outstanding teacher education, the road ahead for our students, the region we serve and our country looks very bright.”

## Preparing for the upcoming tax season

SUBMITTED BY HEALTH & HUMAN SERVICES OFFICE OF PUBLIC AFFAIRS

In preparation for the 2015 tax filing season, the U.S. Department of Health and Human Services and the Treasury Department are putting in place resources to provide tax filers with the information and resources they need to get their questions answered. Millions of Americans who get their health insurance through work are benefitting from the Affordable Care Act, and millions of others have signed up for the Health Insurance Marketplaces and received financial assistance to lower their monthly premiums. Starting this year, consumers will see some changes to their tax returns. While the vast majority of tax filers – over three quarters – will just need to check a box on their tax return indicating they had health coverage in 2014, people who have coverage through the Marketplaces, or decided not to enroll in coverage, should be aware of some additional steps that will be a part of the tax filing process starting this year. Consumers will have questions about this new process and the Administration is committed to providing the information and tools tax filers need to understand the new requirements. In the coming weeks, the Administration will launch additional resources to help consumers prepare for tax filing season, including online tools to help individuals connect with local tax preparation services and determine if they are eligible for an exemption. Treasury Secretary Jacob J. Lew stated, “For the vast majority of Americans, tax filing under the Affordable Care Act will be as simple as checking a box to show they had health coverage all year. A fraction of taxpayers will take different steps, like claiming an exemption if they could not afford insurance or ensuring they received the correct amount of financial assistance. A smaller fraction of taxpayers will pay a fee if they made a choice to not obtain coverage they could afford. We are working to ensure that whatever their experience, consumers can easily access clear information since this is the first year they will see certain changes to their tax returns.” While including health insurance information will become a routine step in filing taxes, this is the first time families will be asked to answer basic questions regarding their health insurance on their tax returns. Most consumers – over three quarters – just need to check a box to indicate they have coverage. Those with Marketplace coverage will receive a new form in the mail from the Marketplace – Form 1095-A – that they will use to reconcile their upfront financial assistance. While those who can afford to buy health insurance and choose not to will have to pay a fee, individuals who cannot afford coverage or meet other conditions can receive an exemption. In the coming weeks, consumer-friendly tools and resources will be made available for those tax filers who have health coverage through the Marketplaces, those seeking an exemption, and those looking for information about the fee for those who could afford to purchase health coverage but chose not to. General resources can be found at [www.IRS.gov/ACA](http://www.IRS.gov/ACA) or <https://www.healthcare.gov/taxes/>.

## Cal State East Bay Alumnus’ Gift helps student dreams come true

SUBMITTED BY JEFF BLISS

Cal State East Bay alumnus Frederick Arn Hansson and his wife, Pamela, have established a \$25,000 award endowment in the university’s Department of Anthropology, Geography, and Environmental Studies (AGES). Named the Hansson Adventure, Research and Travel Fund for Anthropology, Geography, and Environmental Studies, the endowment will provide up to \$1,000 a year to one or two students.

“The award money can be used more flexibly than scholarship funds,” said Professor David Larson, chair of AGES. “In this case, it is intended to help a student fulfill a dream or goal that may include research, field work, or conference attendance.” Fred Hansson earned a Bachelor of Arts degree in Geography in 1974. He was the first person in his family to graduate from college, and paying for his education was a struggle. “The expectation was for me to be a printer or an electrician,

but my head was always into exploring esoteric concepts and twisting accepted norms on their sides. Geography has always been about people and their relationship with land. It requires a breadth of interests in history, psychology, art, language and statistics. “The skills I learned allowed me to secure the jobs I needed to raise a family, but my passion with geography would lead me to a parallel career in public service,” he continued. “I practiced urban planning as a city

and county planning commissioner and as a city councilman. But our vacations were excuses to investigate sun alignments in the Inca ruins, explore the wilderness of the Yukon, and visit Norseman remnants in the Faroe Islands.” Hansson, who lives with his wife in San Mateo, has stayed connected to his alma mater, even borrowing surveying equipment from the department to instruct scouts at their Sierra Nevada summer camp. The concept for the endowment began in the 1990s when Hansson gave the department small gifts to be used for refreshments at meetings as a way to thank the department while fostering conversations within it. Hansson established the endowment to help students who “struggle to find two pennies to rub together — like I did — and wish to investigate the wonders that seem just out of our reach. I’m thankful for those who gave me the love of learning, taught me how to research and to understand the bigger picture by looking at the inner-connections of the world in which we live. “Just because I graduated doesn’t mean there isn’t more for me to learn or that I can ignore assistance that I am able to provide,” Hansson continued. “Successes in life are both measured in and assisted by developing and maintaining relationships. It is important for all of us to invest in the next

generation, as they will invent the future that we live in.” The Hanssons’ support will, according to Professor Larson, “encourage students in our programs to think beyond simply completing the standard curriculum leading to a degree. Now they’ll be able to consider more ambitious research projects, knowing that department funding could help support it.” Dr. Kathleen Rountree, Dean of the College of Letters, Arts, and Social Sciences at Cal State East Bay, described the long-term impact of the gift: “Education, at its essence, is about encouraging student achievement to build a better society for the future. By making this gift, Fred and Pamela Hansson have affirmed their commitment to the power of education as a critical component in creating the future we all hope for. By creating an endowment, they have ensured that their support for student achievement will be ongoing.” The students who receive the award are invited — but not required — to provide a box of doughnuts or a pound of coffee for the Department of Anthropology, Geography, and Environmental Studies, to be shared with the community. This is intended to act as a primer to foster communication about exciting things in the lives of department members, according to Hansson. “We should always celebrate in small ways for the gifts life has afforded us,” Hansson said.

# Offering a helping hand

By JESSICA NOËL CHAPIN

For over 30 years, the Salvation Army has offered a helping hand to those in need in the Tri-City area. In 1983, the local chapter purchased a mortuary building in Newark to use as a service location. For the last 20 years, service members have made the best of a less than ideal situation. Countless families and individuals have benefitted from meals, educational services, and human connections found through the Newark Salvation Army office. But the time has come to make a change so that this local chapter can more

enhanced and expanded services to the neighborhood.

Currently, the building has three classrooms, only one of which is large enough to accommodate a sizable group; one classroom serves as a storage closet. The senior exercise class meets in the foyer on the first floor because there just isn't room to host them anywhere else. Summer day camp had a waitlist last year since the program could only serve 30 children.

The Salvation Army intends to completely demolish the old building and replace it with a modern, fully functional, one-story facility. Instead of three class-

Salvation Army partners with local businesses and service programs to aid citizens in need of jobs or financial assistance. With the new building, they will be able to expand current social services.

Captain Dan Williams at the Newark office is excited about the new building project. He says he felt God's calling at the age of 11, which ultimately led to his enlistment with the Salvation Army. Williams says that he wants to offer a "hand up, not a hand out." The idea is to network with other local services and offer training programs to help those in need be able to attain self-sufficiency. If a family

expanded services will include mentoring programs, tutoring, ESL classes, job training, and homework assistance. The new building will allow the Corps to accommodate 150 children at summer day camp, a large increase from previous years.

Demolition of the old building will occur this spring. The new building should be completed within a year, if all goes according to schedule. To date, the Salvation Army has raised over half the needed funds for the new project. They are still in need of \$1.7 million, as well as a temporary facility to host service programs while the new building is under construction. Or-



fully live up to the Salvation Army motto of "Doing the Most Good."

The old Anderson Building at 36700 Newark Boulevard functioned fine as a mortuary, but as a food bank and social service office, the small offices and minimal rooms leave much to be desired. The two-story layout is difficult for senior citizens to navigate, and the kitchen is inadequate for the needs of the community. The Salvation Army crew in Newark plans to rebuild the facility to provide

rooms, there will be five. A disaster-preparedness kitchen will replace crowded food pantries. Food bank programs will be relocated to another facility so that the Newark Salvation Army can focus on other social services.

The Newark office serves a large population of homeless, youth, and senior citizens. At present, they offer five different food programs throughout the week, a haircutting service, twice-weekly exercise class, day camps and religious services. The

needs financial assistance to cover the gap with bills for the month, Williams wants to also help them learn how to budget better for the future.

A budgeting class and new computer lab are just some of the tools that will be available with the new building. The Corps also plans to expand its nutritional program. They have had great success with their Cooking Matters program, showing community members how to put food bank supplies to good use. Other new or

ganizations, businesses, or individuals can help the Salvation Army project through monetary donations.

This is an exciting project for the Salvation Army and the Tri-City area! Through its new facilities and expanded programs, the Salvation Army will be able to assist many more people in need transition to a better life. To find out more or to contribute to this project, contact Captain Dan Williams at the Salvation Army Newark at (510) 383-9300.

## National Burn Awareness Week

SUBMITTED BY EMILY LIMON

February 1-7, is National Burn Awareness Week. Fires can cause devastating loss of life and property; taking fire safety precautions can help reduce the risk of fire in the home and at businesses. As part of their commitment to helping protect California families, the Masons of California offer 10 tips for home fire safety:

Develop and practice a fire escape plan with your entire family.

Install smoke detectors on every level of your home and outside all sleeping areas.

Teach children to STOP, DROP (cover face) and ROLL if clothing catches fire.

Keep all lighters, matches, chemicals, and other flammable materials in a locked or high cabinet, out of children's reach.

Teach children not to play in the kitchen or other dangerous areas in your home.

Avoid overloading outlets. Install outlet covers if you have young children.

Replace all frayed, cracked, or broken electrical cords.

Keep portable heaters at least three feet away from anything that can burn.

Place fire extinguishers on every level of your home. List emergency telephone numbers near each phone in the home.

To learn more about home fire safety, parents, teachers, caregivers, and others are encouraged to visit [freemason.org/FISE](http://freemason.org/FISE) to download fire safety checklists, fire prevention materials, and links to other online services and resources related to fire safety.

## Trip to Walt Disney Family Museum in San Francisco

SUBMITTED BY UNION CITY LEISURE SERVICES  
SENIOR PROGRAM

The Ruggieri Senior Center will host a visit to the Walt Disney Museum in San Francisco. From Mickey Mouse to Snow White and Mary Poppins to Disneyland, Walt Disney's artistry and imagination helped define 20th century Americana. The Walt Disney Family Museum brings his legacy to life and invites viewers to find their own creative inspiration in his story. We will also be having lunch at the Presidio Bowling Center. (Lunch is not included in ticket price.)

Please register in advance at the front desk of the Ruggieri Senior Center (33997 Alvarado-Niles Rd, Union City) or call (510) 675-5445 for more information.

**Disney Museum Trip**  
**Wednesday, Feb 25**

**9 a.m. – Departure from Logan H.S. / 3:30 p.m. - Return approximate**

**James Logan High School, Parking Lot**  
**1800 H St, Union City**

**Register: (510) 675-5445 or (510) 675-5495**  
**Fee: \$35**

## Bright Minds Scholarship Program

SUBMITTED BY TAMAR SARKISSIAN

As part of its ongoing dedication to education and powering California's future, Pacific Gas and Electric Company (PG&E) recently announced the launch of its fourth annual PG&E Bright Minds Scholarship program. PG&E will award scholarships to enable high school, community college and "non-traditional" students to complete their higher education paths. Bright Minds scholarship winners will receive scholarships of up to \$20,000 per year for up to five years; program finalists will receive \$2,000 towards their studies.

"PG&E has provided nearly \$70 million towards educational initiatives over the last decade, and we are proud to help further the educational goals of local students in communities we have the privilege of serving," said Ezra Garrett, Vice President of Community Relations. "By awarding scholarships to accomplished and deserving students, PG&E is creating opportunities for today's students to reach their full potential tomorrow."

All majors are eligible, with preference given to students majoring in engineering. Eligible students must be enrolled in a full-time undergraduate program at an accredited two- or four-year college, university or vocational-technical school for the duration of the 2015-2016 academic year.

The deadline for applying for the PG&E Bright Minds Scholarship is February 9. For more information and to apply, visit [www.pge.com/brightminds](http://www.pge.com/brightminds). Scholarship winners will be announced in the spring.

# HAYWARD'S PREMIER SIGN SHOP!




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"Our business is your image!"



**ON TIME SIGNS**

# A night of Comedy

SUBMITTED BY  
THE MUDPUDDLE SHOP

Comedy night at The Mudpuddle Shop on Saturday, February 7th features comedians Jeff Applebaum and Gail Jones. Songwriter Michael McNevin will emcee and open the show, followed by back-to-back half hour sets by each of the comedians.

Jeff Applebaum has opened for and performed with comic legends Robert Klein, Richard Lewis, Robin Williams, Dana Carvey, Kevin Pollak, Jake Johannsen and more. This New York City native has performed on the "Late Late Show with Craig Ferguson" and "Comics Unleashed," and is a frequent guest on KGO Radio, AM810.

Applebaum was also cast by Sandy Hackett, the late Buddy Hackett's son, to play the principal role of Joey Bishop in the long-running musical tribute "The Rat Pack is Back" in San Francisco, Chicago, and Las Vegas. He is also credited and appears in the blockbuster film "The Pursuit of Happyness" starring Will Smith. Learn more about Applebaum at [www.jeffapplebaum.com](http://www.jeffapplebaum.com).

Gail Jones is a regular at Bay Area comedy clubs, and has performed all over the U.S. She also frequents the Mudpuddle jams with her impromptu standup bits. This "Southern Sex Therapist" is a recovering Southern Belle from a little bump in the road, a town called Hartselle, Alabama.

In the late '70s, Jones started doing lectures on sex education. She was surprised to find that she had a knack for making people laugh and putting her audience at ease with difficult subject matter. It didn't take her long to develop a stand-up routine, combining humor from the lecture circuit with the growing pains she endured as a small-town girl. Described as the "Phyllis Diller of the



21st century," Jones's background in lecturing, acting, and writing keeps her audience laughing all the way home.

Visit the event's Facebook page at [www.facebook.com/events/1547470628862015](https://www.facebook.com/events/1547470628862015) and share it with your friends! RSVP is strongly recommended; a \$20 per person donation would be greatly appreciated. For more information, contact Michael McNevin at (510) 794-9935 or [info@michaelmcnevin.com](mailto:info@michaelmcnevin.com).

**Mudpuddle Shop Comedy Night**  
**Saturday, Feb 7**  
**8 p.m.**

**The Mudpuddle Shop**  
**37433 Niles Blvd, Fremont**  
**(510) 794-9935**

**RSVP: [www.facebook.com/events/1547470628862015](https://www.facebook.com/events/1547470628862015)**  
**Tickets: \$20 donation**

# Youth opera returns with 'Pearl'

SUBMITTED BY  
PALLAVI BOLLAPRAGADA AND  
KIMIA FAROUGHI

*"An opera has the added glamour of costumes, scenery, singing, acting and experiencing the pleasure of presenting an interesting story to a rapt audience."*

- Katherine Brunner

Last year they took you to visit the Ojibwe tribe, this year Montessori School of Fremont takes you to a magical underwater world, with creatures dancing and singing along with fellow playmate Pearl.

On February 6, children from grades one through six perform a spectacular opera with the help of directors Sanford and Judy Jones, who come to Fremont every year to work with the kids and put on the production. "[I] recognized what a valuable gift [Sanford and Judy Jones] had to offer: a wonderful, professional, artistic foray into the world of performing arts," says director of Montessori's elementary program and opera producer Katherine Brunner.

The opera "Pearl" is an underwater twist on Persephone, a Greek myth about the origin of seasons. River Goddess Sirenia has a daughter who means the world to her. She names her Pearl after the rare jewel inside an oyster's shell. All creatures in the river are fond of Pearl and very



Students from last year's production of "Hiawatha."

upset when she is abducted by sea currents; their world turns upside down.

Taken to the Oyster King's shell and trapped, Pearl is the prisoner of The Oyster King who never had a daughter and wanted one as fair and beautiful as Pearl. Although he treats Pearl well, Sirenia grieves over her loss and the rivers begin to dry up. The river creatures plead to Sirenia to attend to her duties and relieve their suffering. One by one they volunteer to rescue Pearl from the Oyster King... all re-

turn unsuccessful. Finally, one of the Water Nymphs is successful.

According to Brunner, the stress and anxiety of putting on operas such as Pearl are worth the work. "The teachers always get together the week after the opera to decide whether or not to do another Opera. So far it's [always] been an unqualified, unanimous yes!"

Join the elementary students of the Montessori School of Fremont, along with soprano Sophia Brunner, in the magical

production of "Pearl." Tickets are \$12 for adults and \$10 for children and are available through the Montessori School of Fremont by calling (510) 490-0919.

**Pearl**  
**Friday, Feb 6**  
**7 p.m.**

**Smith Center, Ohlone College**  
**Jackson Theatre**  
**43600 Mission Blvd, Fremont**  
**(510) 490-0919**

**Tickets: \$12 adults, \$10 children**

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## Mission Coffee presents: Georgi & the Rough Week

SUBMITTED BY  
BRASK HOUSE CONCERTS

Brask House Concerts and Mission Coffee Roasting present Georgi & the Rough Week band, performing on Saturday, February 7 at Mission Coffee Roasting in Fremont. R&B influenced by the blues with a rock flair, Georgi & the Rough Week have a wide range of music sets. The band has a style best described as "hot," combining original music with classic covers.

Georgi Sneckner-Longboya's vocals are sexy and guttural, like those of Janis Joplin and Tina Turner. Lead guitarist Roland Longboya brings over the top licks, while Mike Tringali on bass brings strong background vocals and tone. Dan Lewis on drums brings it altogether. To learn more about the band, visit [www.georgiandtheroughweek.com](http://www.georgiandtheroughweek.com).

The setting is a classic coffee house, featuring music, local art on the walls, and artisan coffee and tea to try along with tasty snacks. For other upcoming concerts, visit [www.braskhouseconcerts.com](http://www.braskhouseconcerts.com). The show costs \$15 at the door.

**Concert Series:**  
**Georgi & the Rough Week**  
**Saturday, Feb 7**  
**7 p.m. - 9 p.m.**  
**Mission Coffee Roasting**  
**151 Washington Blvd, Fremont**  
**(510) 623-6920**  
**[www.braskhouseconcerts.com](http://www.braskhouseconcerts.com)**  
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