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Vol. 14 No. 4

An Elegant Affaire

Local chefs
tuning up for
'An Elegant Affaire'

SUBMITTED BY
SHIRLEY SISK

The League of Volunteers (LOV) is holding the 24th annual "An Elegant Affaire" on Friday, February 6th at the Doubletree by Hilton when Tri-City "hidden chefs" will join Doubletree's Executive Chef Karl Peters to present a gourmet dining experience. The affair is held to benefit LOV's popular Arts in Schools Program that presents in-school multi-cultural performing arts assemblies in Fremont, Newark, and Union City. Last year's glittering event helped bring performances to over 12,000 young people. The need is



still great; success of this year's "An Elegant Affaire" will help continue to underwrite this valuable resource.

This year's theme is "Celebrate Valentines with An Elegant Affaire" and the chefs are preparing a four-course meal to please every food lover's palate. The appetizer course is pre-

sented by Grill Master Henry Siu of Grillaxin BBQ Service. Chef Peters is preparing the salad and entrée courses. To round out the feast, community activist Laurie Gratz will provide a mouth-watering dessert. The gourmet meal will be accompanied by fine wine and a non-alcoholic sparkling beverage.



The evening begins with complimentary champagne complete with special hors d'oeuvres prepared by Briane and Donna Sisk. During the cocktail hour, Flute Fantasia, a quartet of talented local musicians, will entertain. Das Brewery will also be on hand to satisfy those who prefer craft beer.

In addition to a fantastic evening of delectable dining, local mayors, school superintendents, school board members, teachers' association presidents, county superintendents and other

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82 YEARS OF ART

SUBMITTED BY BRUCE ROBERTS

Gerry Thompson and Doyle Wegner are life-long artists. Between them, they total 82 years, dealing with the busywork of life and, in addition, pursuit of their passion—art. A lifetime of creating and working at art also means a lifetime of finished work. This year they have joined forces to put up a retrospective display of this work—their best, their favorites—at the O'Lague Galleria of the Hayward City Hall.

Wegner describes his work as representational, not abstract, a description befitting Thompson's work as well. However, even though their figures are clearly and realistically drawn, the figures and landscapes they juxtapose create an abstraction of concept behind

each painting. Wegner's "Katrina Blues," for example, shows Tommy Johnson, one of the South's first premier bluesmen (who died long before Hurricane Katrina) standing, guitar in hand, next to a wide, Mississippi-like river with houses and a church floating toward the sea. Overhead, rampant storm clouds reinforce what's been happening, as if life on the river is a long-standing and constant source of the blues.

Thompson's "Rose at Anasazi Spruce Tree House, Mesa Verde" focuses on a large, lustrous rose, beautifully painted in oil. Behind and below is an equally detailed painting of the iconic Native American site in Mesa Verde National Park—the Anasazi Spruce Tree House.

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Making the trek: Pole Hiking in the East Bay

BY ROBBIE FINLEY

PHOTOS COURTESY OF JAYAH FAYE PALEY

With such rich natural beauty within the East Bay, it's no wonder that hiking is one of the more popular outdoor pastimes. While hiking is a great way to exercise and experience nature's beauty, many people are hesitant to engage in the activity because of physical demands on the lower body; if you have knee or balance problems, hiking can be inordinately challenging. Popular mobility coach and pole hiking instructor Jayah Faye Paley teaches a series of courses on hiking with poles through the East Bay Regional Park District (EBRPD) to eliminate fears and get people moving.

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Treat Your Valentine
to a Massage

Washington Wellness Center Offers Sweetheart Deals

Looking for the perfect Valentine's Day present? How about the gift of relaxation? The Washington Wellness Center at Washington Hospital is offering a few sweetheart deals on massages that will make your Valentine feel pampered while saving you a few dollars.

"Skip the chocolate this year and give your loved one something that will make them feel good," said Laura Constantine, RN, coordinator of the Washington Women's Center. "You can even come in with your sweetie and enjoy a nice relaxing massage yourself."

During the month of February, 50-minute massages are only \$60 and gift certificates are available. Two special packages are also being offered during February, including the Friends and Family package and the Rejuvenation package.

With Friends and Family, you purchase a massage for yourself and bring a spouse, significant other, family member or friend and both of you will receive a massage for \$110. Massages will be scheduled for the same day and time, but will take place in separate rooms.

The Rejuvenation package is designed to restore energy and balance through six massage sessions – either Swedish or Therapeutic. The special package price in February is \$330 – a \$120 savings.

"It's the start of a new year and many people have resolved to take better care of

their health,” Constantine said. “Getting a massage is a great way to care for your body and feel better about yourself. Also, if you exercise, lift weights, or play sports, it can really help to soothe those sore muscles and prevent injuries.”

The Washington Wellness Center, which is located in the Washington Women's Center, offers a warm and welcoming environment for both men and women, she added. Massages are performed by licensed massage therapists who offer a variety of massage styles, including:

Swedish massage uses long, fluid strokes and deep, circular motions to reduce tension, improve circulation, and relieve muscle tension.

Sports massage is similar to the Swedish massage but is more for people who work out frequently or are involved in sports. It helps improve flexibility, and prevent or treat injuries.

Deep tissue massage works deep into the muscle to help ease and release muscular tension. It uses slower, more forceful strokes to target the deeper layers of the muscles and connective tissue.

Pregnancy massage is for expectant mothers. It helps alleviate back pain and aids circulation, providing some relief from the discomfort of pregnancy.

Therapeutic massage integrates neuromuscular therapy and reflexology with Swedish strokes to help relax and restore



The Washington Wellness Center is offering massage specials throughout the month of February. Give the gift of massage for that special someone in your life. Call (510) 608-1301 for more information or to schedule an appointment.

balance to the body.

Hot rock massage helps the muscles relax. Hot rocks are strategically placed in certain areas like the neck and spine. Hot stone massage helps to alleviate stress and release toxins. It also relieves pain, improves circulation, and calms the psyche.

Foot reflexology is a gentle massage of the foot that helps to relieve tension.

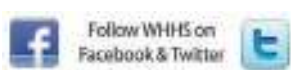
According to Constantine, in addition to feeling great, massage can help to calm the nervous system and reduce stress and anxiety. It can also help to improve blood circulation, stimulate the lymphatic system, which aids the immune system, and prevent and relieve muscle cramps and spasms. It can also be very helpful for

those who experience chronic back pain or stiffness in the neck and shoulders.

Massages are offered by appointment at the Washington Wellness Center from 9 a.m. to 5 p.m. on Mondays, Wednesdays, and Fridays; from 9 a.m. to 7 p.m. on Tuesdays and Thursdays; and from 9 a.m. to 1 p.m. on Saturdays. To learn more about Valentine's Day specials or to schedule a massage, call (510) 608-1301. The Washington Wellness Center is located at 2500 Mowry Avenue (Washington West).

For information about other services at Washington Hospital that can improve your health and well-being, visit www.whhs.com.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	01/27/15	01/28/15	01/29/15	01/30/15	01/31/15	02/01/15	02/02/15
12:00 PM 12:00 AM	Hypertension:The Silent Killer	Women's Health Conference:Age Appropriate Screenings	Inside Washington Hospital: Patient Safety	Diabetes Matters: Diabetes Meal Planning	Shingles	Alzheimer's Disease	Get Your Child's Plate in Shape
12:30 PM 12:30 AM	Heart Irregularities	Women's Health Conference:Aging Gracefully	Inside Washington Hospital:The Green Team	Cataracts and Diabetic Eye Conditions		Treatment Options for Knee Problems	Heart Healthy Eating After Surgery and Beyond
1:00 PM 1:00 AM		How to Prevent a Heart Attack	Washington Women's Center: Cancer Genetic Counseling	Voices InHealth:The Greatest Gift of All	Diabetes Matters: New Year, New You		Heel Problems and Treatment Options
1:30 PM 1:30 AM	Inside Washington Hospital: Stroke Response Team		Washington Township Health Care District Board Meeting January 14, 2015	Vitamins and Supplements - How Useful Are They?	Washington Township Health Care District Board Meeting January 14, 2015	Hip Pain in the Young and Middle-Aged Adult	
2:00 PM 2:00 AM	Diabetes Matters: Diabetes & Heart Disease	Your Concerns InHealth: Sun Protection					Diabetes Matters: New Year, New You
2:30 PM 2:30 AM	Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate			Superbugs:Are We Winning the Germ War?	Washington Women's Center: Cancer Genetic Counseling	Strengthen Your Back! Learn to Improve Your Back Fitness	
3:00 PM 3:00 AM	Keeping Your Heart on the Right Beat	Get Your Child's Plate in Shape					Diabetes Matters: New Year, New You
3:30 PM 3:30 AM	Raising Awareness About Stroke	Women's Health Conference: Can Lifestyle Reduce the Risk of Cancer?	Washington Township Health Care District Board Meeting January 14, 2015	Washington Township Health Care District Board Meeting January 14, 2015	Living with Heart Failure	Diabetes Matters: Key To A Healthy Heart with Diabetes	
5:00 PM 5:00 AM		The Weigh to Success					Influenza and Other Contagious Respiratory Conditions
5:30 PM 5:30 AM	Varicose Veins and Chronic Venous Disease	Voices InHealth: Healthy Pregnancy	Heart Healthy Eating After Surgery and Beyond	Diabetes Matters: Manage Your Diabetes SMART Goal Setting	Washington Township Health Care District Board Meeting January 14, 2015	Washington Township Health Care District Board Meeting January 14, 2015	
6:00 PM 6:00 AM		Women's Health Conference:Aging Gracefully					Washington Women's Center: Sorry, Gotta Run!
6:30 PM 6:30 AM	Washington Township Health Care District Board Meeting January 14, 2015	Do You Suffer From Anxiety or Depression?	Kidney Transplants	Learn If You Are at Risk for Liver Disease	Diabetes Matters: Top Foods for Heart Health		
7:00 PM 7:00 AM		Diabetes Matters: Protecting Your Heart				Diabetes Matters:Top Foods for Heart Health	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy
7:30 PM 7:30 AM	Diabetes Matters:Top Foods for Heart Health	Important Immunizations for Healthy Adults	Heart Healthy Eating After Surgery and Beyond	Diabetes Matters: Research:Advancing Diabetes Management	Learn If You Are at Risk for Liver Disease	Diabetes Matters: Partnering with your Doctor to Improve Control	
8:00 PM 8:00 AM							Diabetes Matters:Top Foods for Heart Health
8:30 PM 8:30 AM	Diabetes Matters:Top Foods for Heart Health	Important Immunizations for Healthy Adults	Heart Healthy Eating After Surgery and Beyond	Diabetes Matters: Research:Advancing Diabetes Management	Learn If You Are at Risk for Liver Disease	Diabetes Matters: Partnering with your Doctor to Improve Control	
9:00 PM 9:00 AM							Diabetes Matters:Top Foods for Heart Health
9:30 PM 9:30 AM	Diabetes Matters:Top Foods for Heart Health	Important Immunizations for Healthy Adults	Heart Healthy Eating After Surgery and Beyond	Diabetes Matters: Research:Advancing Diabetes Management	Learn If You Are at Risk for Liver Disease	Diabetes Matters: Partnering with your Doctor to Improve Control	
10:00 PM 10:00 AM							Diabetes Matters:Top Foods for Heart Health
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11:00 PM 11:00 AM							Diabetes Matters:Top Foods for Heart Health
11:30 PM 11:30 AM	Diabetes Matters:Top Foods for Heart Health	Important Immunizations for Healthy Adults	Heart Healthy Eating After Surgery and Beyond	Diabetes Matters: Research:Advancing Diabetes Management	Learn If You Are at Risk for Liver Disease	Diabetes Matters: Partnering with your Doctor to Improve Control	

Outstanding Nurses Earn ‘Nurse of the Year’ Awards

Throughout history, dedicated nurses have been honored for providing outstanding patient care:

- Clara Barton, the “Angel of the Battlefield” during the American Civil War, who established the organization we know today as the American Red Cross.
- Florence Nightingale, known as the “Lady of the Lamp,” who cared for wounded soldiers in the Crimean War and established new standards for improved sanitation and nursing training.
- Margaret Sanger, originally a nurse for the underprivileged in New York City, who went on to promote better health care services for women.
- Dorothea Dix, who became a force behind better mental health care after being outraged by the treatment of poverty-stricken people with mental health conditions.

Without a doubt, nurses have played a critical role in providing essential health care services, offering a blend of nurturing comfort and technical medical knowledge. That tradition continues today, and nursing is now recognized as one of the world’s most honorable professions.

In recognition of the outstanding nursing care provided by nurses at Washington Hospital, four nurses have earned “Nurse of the Year” awards, honoring their exceptional performance.

"These awards honor the nurses who strive to be the best," says Associate Administrator and Chief Nursing Officer Stephanie Williams, "Each one works effectively within the health care team to meet our objectives. They all excel in their clinical fields, and

they consistently advocate for the best possible patient care. With these skills and this dedication, they embody what we refer to as the ‘patient-first’ ethic.”

Tashan Arrivas, RN, SCRN, CNRN, NVRN-BC, Staff III Nurse – Stroke

A night-shift stroke/rapid response nurse since 2008, Tashan has immersed herself in stroke, neuroscience and critical care education, attending national conferences, passing exams for two stroke certifications, and attending quarterly Bay Area Stroke Coordinators meetings. She has the primary responsibility for managing Washington Hospital’s Stroke Program data and has contributed substantially to the award-winning performance of the Stroke Program.

“Tasha makes the personal connection with her patients that emphasizes the caring aspect of nursing,” says Assistant Chief Nursing Officer Douglas Van Houten, who nominated Tashan. “She also has developed a very close relationship with the Hospital supervisors and Intensive Care Unit intensivists in her role as a rapid response nurse. She believes in close and trusting professional relationships with neurologists, Emergency Department physicians, Hospital managers and bedside nurses. By building professional links with others, she maximizes her effectiveness. This takes exceptional character and skill. Plus, she is always a volunteer when needed, and she always takes the time to teach other nurses about neuroscience and managing rapid response patients. Her attention to detail



Washington Hospital’s Nurses of the Year, from left to right, Jesiebel Tran, Judy Gasior, Erna Edejer-Lacebal and Tashan Arrivas.

keeps the Stoke Program’s performance stellar.”

Erna Edejer-Lacebal, BSN, RN, CCRN, Staff III Nurse – Intensive Care Unit (ICU)

Erna has a Bachelor of Science degree in nursing and has been an employee at Washington Hospital since 1984. As the primary Charge Nurse on the night shift, she is a key leader on the night shift and has been a driving force in the ICU’s Family Centered Program. She has maintained her CCRN certification for the past 28 years and is a member of the American Association of Critical-Care Nurses (AACN) and Society of Critical Care Medicine (SCCM). She also has the National Stroke Association’s NIH stroke scale certification (NIHSS) and the End-of-Life Nursing Education Consortium (ELNEC) certificates.

“Erna goes out of her way to ensure that our patients and families receive the high-quality care they deserve,” says Critical Care Staff Nurse IV Elvie Ballar. “Her experience and expertise as a nurse is evident in her day-to-day work. She is a strong clinician, has all the specialty skills, and cares for any patient admitted to the ICU. She stays current with evidenced-based practices and incorporates them in her patient care. She makes sure patients and

families are kept up to date on the plan of care. She has a strong rapport with the physicians and staff, and her peers look up to her and follow her lead. Erna has a positive attitude and strong work ethic, and she is always ready to take on any challenges at work.”

Judy Gasior, RN – Institute for Joint Restoration and Research (IJRR)

Judy is a Staff Nurse II on the evening shift at the IJRR and acts as the primary Charge Nurse. She was instrumental in the IJRR’s conversion to electronic medical records, acting as a “super-user” for the department.

“Judy’s focus is on providing excellent patient care and supporting the nurses working with her,” notes IJRR Nurse Manager Sam Avila. “She is very knowledgeable regarding the care of total joint replacements, yet she has maintained a strong medical-surgical knowledge base as well. Judy always puts patients first, maintaining patient satisfaction and patient safety as high priorities. She assists in updating and revising our unit’s orientation, policies and procedures. She is very supportive of staff who ‘float’ into the department, acting as a resource and providing ongoing education and follow-up as needed. She also has spoken to new nursing graduates about what it means to be a ‘professional RN.’

Judy is a role model for professional nursing practice and performance in everything she does here at Washington Hospital.”

Jesiebel Tran, RN – 6 West

A favorite of many patients and fellow nurses, Jesiebel has mentored new nursing graduates in the 6 West unit for the past several years. Several of the nurses that presently work in other areas of the hospital started as new nurses with Jesiebel as their preceptor.

Jesiebel graduated in 1999 and has been employed at Washington Hospital since 2001. She started her career on the 3 West unit and transferred to 6 West in 2006.

In nominating Jesiebel, Nurse Manager for 6 West Lauren Lucas, notes, “Jesiebel exemplifies the very heart of what nursing is all about. She is very caring of her patients. She receives many compliment cards, thanking her for her excellent care. She has a very quiet manner, but her patients feel her caring and recognize her quality of patient care in the compliments that they give to her, thanking her for the care that they received.”

When not working at the hospital, Jesiebel enjoys spending time with her husband and two children. Her hobbies include hiking and spending quality time with her family.

Ask the Doctor

This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at: askthedoctor@whhs.com

Acne medicine and Contact Lenses for 12 year old

Dear Doctor,
My 15 year old son has terrible acne. He has been recommended to start on acutane. I have heard that this is a dangerous drug. Can you comment on the safety of using acutane in a 15 year old boy?

Dear Reader,
Accutane is an FDA approved drug, but like most medicine, there are side effects. The side effects from Accutane range from dry skin to birth defects, Crohn's disease, liver failure, depression and suicide. Although the mechanism by which it works is poorly understood it is used commonly in teenagers to treat acne effectively. If your son is already prone to depression or has other medical issues that may complicate the use of Acutane, I would recommend against him taking it. Otherwise it is a safe drug and should be closely monitored by a physician.

Dear Doctor,
My 12 year old daughter is asking me for contact lenses. Are there any risks to pre-teens wearing contact lenses?

Dear Reader,
Contact lenses are very safe and can be worn by children of all ages. However, to place a contact lens may be difficult for children under the age of 8. It is usually recommended to wait until age 11, although each child should be considered individually. Your 12 year old daughter should do just fine.

Mary S. Maish, M.D



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master's degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.

Washington Hospital Service League Offers Scholarship Opportunities



The Washington Hospital Service League annually offers two \$1,000 scholarships which are renewable for up to three additional years to local students who are enrolling in a health-related degree program. This year, a one-time scholarship of \$1,000 will also be awarded. Deadline for applications for the scholarship is Wednesday, April 1, 2015. Learn more at www.whhs.com/community/scholarship-opportunities.

For today's students, financing college can mean having to cobble together funds from many different sources: loans, subsidized and unsubsidized; part-time work; parental help - and scholarships. Fortunately, the Washington Hospital Service League offers a chance for eligible students residing in the Washington Township Health Care District to receive much-needed financial assistance.

The Washington Hospital Service League awards two scholarships annually to students in the Washington Township Health Care District - which includes Fremont, Newark, Union City, and parts of South

Hayward and unincorporated Sunol - who are pursuing studies in a health-related field. The scholarships are awarded each year to graduating high school seniors and/or current college students.

Ruth Traylor, Director of Community Outreach at Washington Hospital, says the purpose of scholarships like the ones the Service League offers is simple.

"Today's students will be tomorrow's clinicians," she points out. "If those students return to the Fremont area, they could very well end up working for Washington Hospital. The Hospital is a strong supporter of education, and

this scholarship is one of the ways we help support students' endeavors and career goals."

And ultimately, the scholarship is another way of improving the health and wellness of Washington Township Health Care District residents.

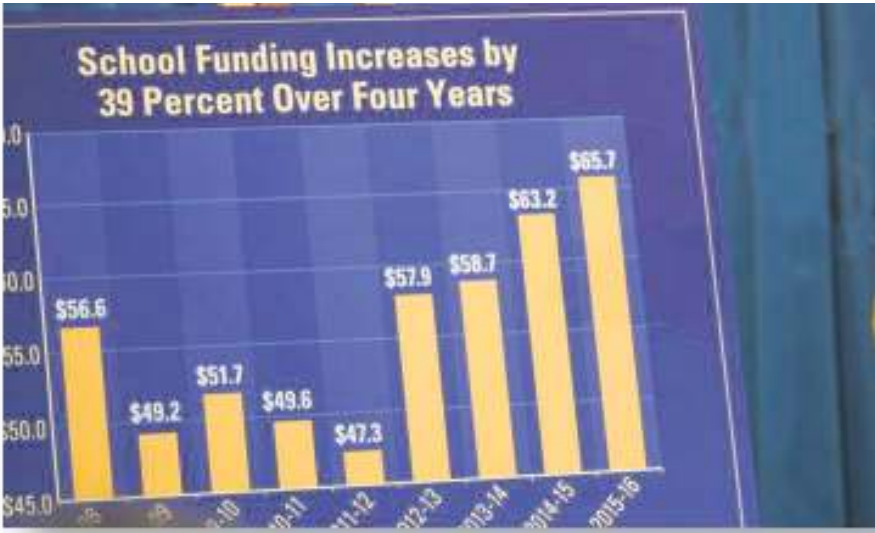
"The Hospital mission speaks to providing educational resources and maintaining and improving the health of the residents," Traylor says.

Each scholarship is for \$1,000 per year and is renewable each year for three additional years as long as

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Spring 2015 semester is just getting underway at Ohlone



State of the College

Friday, January 23, Dr. Gari Browning, President of Ohlone College, gave the State of the College speech prior to the beginning of the new semester. Dr. Browning focused on major factors affecting Ohlone at the local and state level and emphasized the excellence of our programs as demonstrated by the accomplishments of our students and faculty.

Some highlights of her speech included:

State budget: The Governor’s January 9 Budget Proposal contains good news for the California Community College System, including Ohlone. Like almost all community colleges in the state, Ohlone is largely dependent on the state for its operating income. A strong economy translates to a

healthy budget, allowing colleges to increase their class offerings. This year’s national and state economies are both making and sustaining gains, which means the legislature will restore funds that have been cut from education during the recent recession. This helps Ohlone to build back enrollment, hire more full-time faculty, and continue to implement state-wide initiatives for improvement.

Accreditation: Ohlone successfully passed its accreditation review in 2014 and received notice in July that not only was its accreditation status reaffirmed, but the college received eight commendations. We were commended for our college-wide dedication to environmental sustainability, as well as increased services to students and increased collaboration towards institutional

effectiveness. The college was also commended for its future planning for technology, including the cutting edge, \$10 million technology endowment fund. And a special commendation came to the Board of Trustees.

In addition, we received recommendations for improvement and the college is already implementing changes to report progress on three of the recommendations. As an example, Ohlone provides excellent student services especially in the areas of counseling, assessment, transfer services, and financial aid. The visiting accreditation team asked the college to provide data to demonstrate how the quality of the services provided to students enhances student learning and achievement. Ohlone has begun to collect and

analyze data that demonstrates improved performance, but also provides a benchmark to allow the college to set goals that can show further progress.

Strategic Plan: Education is intrinsically about continual growth, progress and improvement. The planning process and accreditation process assist an institution in that continual improvement by setting goals and measurable objectives, with meaningful plans for how to achieve the goals. Ohlone operates via a five-year strategic plan. The college assesses its progress on the goals throughout the year and the president presents progress on the goals each year in her State of the College speech. Then the year before the old plan “expires,” the process begins for

creating new goals and objectives that build upon and improve the former plan, incorporating new changes as needed.

As a “community” college, we will be seeking input from community members and businesses, as well as students, faculty and staff at the college to guide the development of the strategic plan for the coming five years. Part of the plan involves determining where we stand in serving the needs of the region in all the educational capacities that we provide. Of course, the action plans from the accreditation report will be important to the strategic plan as well as program reviews, conducted and updated annually by each department to determine how to better meet the overall goals of the college.

Measure G for Ohlone!

So many exciting changes are happening at the Ohlone College Fremont Campus!

Ohlone is in the process of constructing three new academic buildings that will replace the aging facilities at the center of campus. The new buildings will allow the college to construct contemporary academic classrooms and laboratories that are ADA accessible, with modern technology that can grow to meet future needs. Students and faculty will have more opportunities to interact, increasing the academic environment to spaces outside the classroom.

As with all construction, there is a level of disruption to the regular environment, and this semester, the first really big change to the campus is taking place. Three major academic buildings have been fenced off for the commencement of what is known as “soft demolition.” Soft demo is where every salvageable, reusable item is retrieved from the buildings and any hazardous materials are safely contained and removed prior to the buildings being

knocked down. An interesting feature of the soft demolition includes the repurposing of all the redwood trim from the old buildings which will be used in the new buildings...carrying forward the traditional look of the old buildings in a new way.

The college has made several accommodations for in order to mitigate the construction disruptions.

First, a great addition to the Ohlone family is the new Ohlone Pony shuttle, a ten-passenger electric vehicle that will circulate in the lower parking lots and take passengers, especially those who need assistance, to upper campus locations.

The shuttle will operate every hour, running twice each hour picking up and dropping passengers off at various locations on campus. The current planned daily schedule is 7:30 am to 2:30 pm and again from 4:45 pm to 7:30 pm. The schedule will adjust, as we perceive what the need is.

Second, a new tiered parking structure, built into the hillside



Athletic Fields



Construction impact



Modular Academic Village



Ohlone Pony

rather than above it, is getting closer and closer to completion! It will be ready for a grand opening by the next semester on the Fremont campus.

Which brings up another important consideration...for all but a few classes, the summer term will be offered entirely at the Newark campus this year. All classes will be moved off campus to clear the way for the demolition of the buildings. This will allow the workers to operate quickly without interfering with

classes, keep students essentially out of harm’s way, and allow the work to proceed in as efficient a manner as possible.

At the end of the Spring 2015 semester, Ohlone will hold graduation on the Fremont campus. Then, after the last student and faculty member has said goodbye for the break, demolition will begin. Before the beginning of fall semester, the dust and rubble will have cleared and the new construction will be able to begin.

In the meantime, classes are still being held in an academic village of modular classrooms which house temporary classrooms, labs, and office spaces while the construction phase is underway. Although temporary, these spaces are still quite an improvement over some of the out

of date facilities that the departments left behind in the old buildings. Members of the faculty have been pleased with the facilities at Newark which opened in the fall semester.

In about two and a half years, when the first phase of construction is completed, three new academic buildings will stand on the Fremont campus. They will be situated next to the new tiered parking structure presiding above newly rebuilt athletic fields (with artificial turf), surrounded by new landscaping consisting of low maintenance native plants that blend in beautifully with the natural hillside. We’re keeping our eye focused on that date, not too far in the future as we watch the construction proceed.



ParkingGarage Construct



FinalParking



IT'S NOT TOO LATE! > **Register for Spring Semester**

THE TIME IS NOW.

OHLONE College

SPRING 2015 SCHEDULE: ohlone.edu/go/spring2015



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Washington Hospital Service League Offers Scholarship Opportunities

the student remains in a health-related program. In addition, the student must continuously remain in good standing with a 2.5 GPA or higher. The scholarship is limited to four years. This year, the Service League will also award one one-time scholarship of \$1,000.

- To qualify for the Service League Scholarship, an applicant must:
- Be a U.S. citizen/permanent resident and reside in the Washington Township Health Care District;
 - Be age 22 or younger as of December 31, 2014;
 - Be accepted into an accredited school, college, or university offering a bachelor's or higher degree in a health-related field;
 - Be a full-time student and provide an official high school or college transcript;
 - Contribute to the community by accruing at least 100 hours of volunteer service or working in a health-related field;
 - Provide three letters of recommendation from the Director of Volunteer Services, his or her employer, counselor/advisor, or teacher.

Since the scholarship's inception, the Service League has donated more than \$250,000 in scholarship money which has helped more than 120 students fulfill their dreams of going to college.

For more information about this scholarship program, please call the Service League office at (510) 791-3465. The deadline to apply is Wednesday, April 1, 2015.

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An Elegant Affaire

The affair is held to benefit LOV's popular Arts in Schools Program that presents in-school multi-cultural performing arts assemblies

Tickets are \$85 per person or \$600 for a table of eight with table sign. All credit cards accepted. You may also purchase online at www.lov.org. Reservations are limited to 160. For further information call LOV at (510) 793-5683.

An Elegant Affaire
Friday, Feb 6
6 p.m.

Doubletree by Hilton
39900 Balentine Dr, Newark
(510) 793-5683
www.lov.org
Tickets: \$85

dignitaries are providing great prizes for a silent auction and a spirited live auction with Master of Ceremonies Rick Geha.

Alameda County Office of Education (ACOE) hosts Leadership Forum

SUBMITTED BY PATRICK GANNON

In her first week as Alameda County Superintendent of Schools, L. Karen Monroe hosted 250 students, parents, community leaders and district administrators for the 8th Annual Bay Area Leadership Forum on January 9. The event focused on effective community engagement and a shared strategic direction for successful students, schools, and communities.

The forum featured keynote speaker Peter Senge, best-selling author of "The Fifth Discipline" and founder of the Society of Organizational Learning. Teachers and administrators from Hayward Unified School District, New Haven Unified School District and ACOE's community schools shared case studies and best practices for successful parent and student engagement strategies.

"We are thrilled to help lead a new, more collaborative way of working in our communities," said Superintendent Monroe. "Our students and educators win when we promote learning and innovation in spaces where all voices are heard."



New Alameda County Superintendent of Schools, L. Karen Monroe

Calling all Fremont Math-letes!

SUBMITTED BY FREMONT UNIFIED STUDENT STORE

Fremont Unified Student Store (FUSS) is pleased to be able to offer the AMC 10A and AMC 12A contests to Fremont Unified School District (FUSD) students on Tuesday, February 3 at Gomes Elementary School. These contests are open to all students in Fremont.

Registration for the contests will close on Sunday, February 1, at midnight if you pay by credit card. The contest will cost \$10. Payment will not be refunded if you do not show up for the contest. If you want to pay at the

testing place, please send an email to Robert Hou at rhpix1@yahoo.com to verify that a test is still available for you. To register, visit www.fuss4schools.org/amc1012-20150203. Space is limited.

AMC 10A/12A Math Contest
Tuesday, Feb 3
7 p.m.

Gomes Elementary School,
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555 Lemos Ln, Fremont
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www.fuss4schools.org/amc1012-20150203
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AC Transit Board elects new officers

SUBMITTED BY CLARENCE L. JOHNSON

The AC Transit Board of Directors has elected former attorney and longtime transit advocate H.E. Christian Peeples to preside as president of the seven-member panel. Peeples is known for his sharp analysis and vast knowledge about transit issues. It will be Director Peeples' sixth consecutive term on the AC Transit Board of Directors, having been appointed to the post in November 1997 to fill one of the District's two at-large positions, and then winning re-election ever since.

Director Elsa Ortiz has been elected vice president of the Board, serving a third term as trustee after first being elected in November 2006. She represents the city of Alameda and portions of Oakland and San Leandro.

H.E. Christian Peeples

Elsa Ortiz

Bay Area express lanes open house

SUBMITTED BY
CITY OF FREMONT

The Metropolitan Transportation Commission (MTC) invites you to attend informational meetings to learn about the I-880/SR-92/SR-84 HOV (high-occupancy vehicle) Lane Conversions project and talk with project team members. Meetings will be held on Thursday, January 29 at Hayward City Hall and on Wednesday, February 25 at Fremont City Hall.

MTC plans to convert the existing HOV lanes between Oakland and Milpitas to express lanes. Express lanes are specially-designated highway lanes that are free for carpools, vanpools, buses and other eligible vehicles, and also allow solo drivers to pay tolls to use the lane. The project intends to maximize the capacity of the HOV lanes; provide reliable travel times for customers; better manage lanes to keep traffic moving; and allow solo drivers access to the HOV lane by paying a toll.

Can't make the meeting? View the online open house at www.bayareaexpresslanes.org, which will be open from Friday, January 30 to Friday, March 6. Do you need an interpreter or any other assistance in order to participate? Please call us at (510) 817-5757 or at (510) 817-5769 for teletype (TTY). We require a three-day notice in order to provide reasonable accommodation. Visit www.mtcexpresslanes.org/projects/express_lanes for more information.

Thursday, Jan 29
5 p.m. – 7 p.m.
Hayward City Hall
777 B St, Hayward

Wednesday, Feb 25
5 p.m. – 7 p.m.
Fremont City Hall
3300 Capitol Ave, Fremont

(510) 817-5757
(510) 817-5769 (TTY)
www.mtcexpresslanes.org/projects/express_lanes

Veterans Benefits Educational Seminar

SUBMITTED BY
ZACH TIERNEY

Applying for veterans' aid and attendance benefits can be a lengthy, complicated process that is very confusing. Before filling in and filing the eight-page application form, information needs to be compiled from a number of different sources, including discharge papers, marriage certificates, death certificates for surviving spouses, proof of income, insurance information, physician statements, banking information and employment history.

To help veterans receive the benefits they need, Lisa Clarke, regional director at Heritage Financial North – a business offering asset preservation and retirement services – will present a special educational seminar at Carlton Plaza of Fremont on Thursday, January 29 to teach veterans and their spouses about their benefits and long-term care options.

"The non-service connected pension with aid and attendance benefits allows veterans to get more than \$2,000 per month to cover their care," said Clarke, who will address how veterans can qualify and stay qualified for

the benefits. The seminar is intended to demystify complicated processes involved in applying for and receiving the benefits some veterans need to receive care that best fits their situation.

The event is free and highly recommended for veterans and their spouses who wonder if they are eligible for certain benefits and if so, how to obtain them.

"We really want to see these veterans get the care they need," said Stephanie Brice, executive director of Carlton Plaza of Fremont. "It's important for them to know there are options that allow them to receive long-term care benefits, and it's our goal to inform them about these benefits."

For more information, call (510) 505-0555 or visit www.carltonseniorliving.com/location/fremont-carlton-plaza.

Veterans Benefits Educational Seminar
Thursday, Jan 29
5:30 p.m.
Carlton Plaza of Fremont
3800 Walnut Ave, Fremont
(510) 505-0555
www.carltonseniorliving.com/location/fremont-carlton-plaza
Free

Pursuant to Government Code 6061 and Education Code 5092 NEWARK UNIFIED SCHOOL DISTRICT HEREBY ANNOUNCES

On Tuesday, December 16, 2014, Tom Huynh resigned from the provisional seat from the Newark Unified School District Governing Board with the Alameda County Superintendent of Schools, to accept the elected seat.

The Newark Unified School District Board of Trustees hereby appoints Francisco Preciado.

The date for the appointment of Mr. Preciado to the Newark Unified School District Governing Board is
January 20, 2015.

Unless a petition calling for a special election pursuant to Education Code 5091 is filed in the Office of the Alameda County Superintendent of Schools within 30 days of this provisional appointment, it shall become an effective appointment.

Pioneer Scholarships

SUBMITTED BY JEFF BLISS

California State University, East Bay (CSUEB) will launch Pioneer Scholarships, an innovative one-stop online scholarship management and portal system, February 2.

Pioneer Scholarships streamlines the application process by eliminating the need for students to repeatedly submit general information, which also saves students extensive research time. The new system imports key information from the student data record, allowing applicants to be considered for all campus scholarship opportunities simultaneously. When students log in using their NetID and password, they complete a general application that matches them to scholarships for which they qualify. The system also recommends other scholarships they may be unaware of or for which they qualify.

When the application process closes at the end of March, faculty and staff will review, rank and award scholarships entirely online. This simplifies the process and eliminates thousands of paper copies associated with traditional systems. After selections are made, students receive an email notification from the Pioneer Scholarships system asking them to accept their award and submit a thank-you letter acknowledging the donor — an important step in the donor stewardship process. All awards will be disbursed in the fall.

“The greatest benefit is that Pioneer Scholarships allows new and current students to be considered for all campus scholarships at once,” said CSUEB Campus Scholarship Coordinator Lisa Lewis. “In prior years, many departments had their own deadlines. Now all scholarships are considered at the same time during the year. But more importantly, the system gives students visibility into the process. They can see if their application is in review or if it has been awarded. They can also see information from their student record that is used to qualify them for scholarships.”

For questions about the Pioneer Scholarships system, please email Lisa Lewis at lisa.lewis@csueastbay.edu.

Transition Information Night

SUBMITTED BY
DAVID C. VARGAS

The 6th Annual Transition Information Night for high school students with disabilities is happening on February 4 at the Teen Center in Fremont's Central Park. This event will provide a showcase of agencies, schools, and community resources available for young adults as they prepare to leave high school.

Joining us this year are Tri-City Volunteers, Cypress Mandela Training Inst., Bay Area Outreach and Recreation Program (BORP), Silliman Center, Union City Youth and Family Services, Ohlone One-Stop, and

Transition Information Night
Wednesday, Feb 4
6 p.m. – 8 p.m.
Teen Center, Central Park
39770 Paseo Padre Pkwy,
Fremont
(510) 657-9155 x 49432
dcvargas@fremont.k12.ca.us

Daughters of American Revolution contest winners

SUBMITTED BY
MISTY SCHOLZ

The Daughters of American Revolution (DAR) Good Citizen Program and Scholarship contest was created to encourage and reward the qualities of good citizenship. This year, the Ohlone Chapter recognized Felicia Vengco from Newark Memorial High School, and essay contest winner Arya Sureshbabu from Irvington High School.

The student(s) selected as the school's DAR Good Citizen must reflect the following qualities: dependability, including truthfulness and loyalty; service, including cooperation, courtesy and consideration

of others; leadership, including the ability to assume responsibility; and patriotism, including interests in family, school, community and nation, all to an outstanding degree.

Recipients receive a National DAR certificate, pin, US flag flown over the Capitol in their honor, and monetary gift.

Each high school can submit a Good Citizen, who may then compete in an essay contest, if they choose. The contest starts at the chapter level and can progress to the District, State, and National contest.

For more information, visit www.californiadar.org/chapters/ohlone/



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- .Replace oil/filter
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Shape Our Fremont

Where Fremont residents can learn about shaping proposed housing developments

Issues: Parking in New Housing Developments

Build them and they will come. That's certainly true for new housing in Fremont. And when people come, they will bring their cars and vans and SUVs — one or two at least, and sometimes three or four. If their garages turn into storage rooms, even more vehicles will get pushed outside onto the driveway or into the street. Sometimes, there isn't room on the street and the glut of vehicles overflows onto neighboring streets.

At many meetings, the issue of parking in new housing developments has been among the most common concerns. The city is responsible for establishing parking requirements for new housing, and the developers are responsible for incorporating them into their designs, but sometimes that isn't good enough. So what are the parking requirements for new housing developments, what are the potential issues, and what can concerned Fremont residents do?

Parking Requirements Vary

For residential developments, parking can be inside or outside — it doesn't necessarily have to be in a garage. The location and number of parking spaces depend on the type of dwelling and the type of parking.

Parking for residents of single-family dwellings is in individual garages on the same lot. Dwellings with up to four bedrooms require only two covered parking spaces. Dwellings with five or more bedrooms require three parking spaces. Additional vehicles can be parked on the apron in front of the garage or in the driveway as long as the vehicles don't extend over the sidewalk or protrude into the street.

Parking for residents of multi-family dwellings is in covered garages, carports, and parking structures, or in uncovered parking spaces on the property. Multi-

family dwellings with two or more bedrooms require only one covered space and one-half uncovered space per unit — that is, no more than half of these dwellings are expected to have two vehicles. Dwellings with one bedroom require only one covered space.

Parking for visitors in both single-family and multi-family housing developments is generally in designated spaces on streets or within parking structures. The requirement is one-half parking space per dwelling.

Garage Layouts Also Vary

Garages can be configured several ways. The traditional side-by-side configuration places vehicles next to each other with one double-width, or two single-width, garage doors. This configuration allows each vehicle to enter and exit independently and is preferred. The slide-in configuration places vehicles next to each other, but provides only a single-width garage door on one side, which allows the developer to place the dwelling front door and a stairway to the second floor on the other side. This configuration forces the vehicle on the side without the garage door to maneuver in and out diagonally to reach the second parking space. Finally, the tandem configuration places vehicles end-to-end with a single-width garage door. This configuration means the outside vehicle must be backed out to allow the inside vehicle to enter or exit. All three configurations are acceptable under current parking standards.

Spotting Problems Early

A lot of parking problems can be spotted early. Concerned residents should address these issues with the developer and the city planning staff while the project is still under review.

For example, if garages use slide-in or tandem parking, one of the vehicles may end up being left outside most of the time. If there isn't any driveway or parking apron, then those vehicles will have to be parked on the street. And if there isn't enough street parking, they may be left on nearby streets. This can also be true when part of the garage is used for storage — despite any covenants, conditions, and restrictions to the contrary — simply because the problem is so difficult to enforce.

In another example, if the development is a combination of residential and commercial, there may not be enough parking for residents, visitors, customers, and employees at the same time — especially in the evenings and on weekends. Likewise, if the development includes a point of access to a public trail, parking may also become a problem.

Finally, many people question whether the required number of parking spaces is realistic. Does a four-bedroom, single-family dwelling — with one or two adult parents, possibly an adult relative, and one or two teenagers — really need only two parking spaces? And is it realistic to assume that the residents of a four- or five-bedroom multi-family townhouse need just one-and-one-half spaces?

Sometimes, the best way to solve a problem is not to create it in the first place. Requiring adequate parking in new housing developments can go a long way to solving problems.

See the city staff project planner's email address on each development's listing at www.ShapeOurFremont.com

For ways to express your opinions to the city, see the Contacts page at www.ShapeOurFremont.com

Chanticleers' Awards Night winners

Chanticleers new Artistic Production Director Mike Kasin and former Artistic Director Suzan Lorraine.

ARTICLE AND PHOTO SUBMITTED BY FLOYD WAYNE

Chanticleers Theatre held its 21st annual Awards Night on Sunday, January 11 at the theatre on Quail Avenue. Scenes from all four shows of the 2014 season were presented for the audience, and selections of next season's musical, "Smokey Joe's Café," were performed by pianist Dean Starnes and songstress Carol DeChaine Reyes. Mistress of Ceremonies was Castro Valley resident Shauna Shoptaw. The affair concluded with a dessert reception.

Awards for outstanding achievement, grouped by shows: Five awards for "Death by Design," including over-all production (tie), director: Suzan Lorraine, supporting actor: Jim Woodbury, costumes: Suzan Lorraine, and set design: Georgia Lee and Suzan Lorraine; two awards for "Proof," including over-all production (tie) and supporting actress: Dawn Cates; and two awards for "Over the River and Through the Woods," in-

cluding actor and actress: Kip Wixson and LoraLee Windsor.

A Special Recognition Award was given to Suzan Lorraine for her tireless work as outgoing Artistic Director. Lorraine will continue with the theatre as a member of the board, focusing on special events such as live radio plays, improv nights, and music concerts. Chanticleers was pleased to introduce its new Artistic Production Director, Mike Kasin.

Tribute was made to long-time Castro Valley resident and Chanticleers champion Betty Heavingham, who was involved in a fatal automobile accident earlier this month. Heavingham's spirit and support of Chanticleers cannot be replaced; she will be truly missed.

The evening not only served to honor those producing and performing in last season's shows, but to announce Chanticleers' 2015 season, which includes "Thumbs," "The Nerd," "Smokey Joe's Café," and "On Golden Pond." For more information or to purchase tickets, visit www.chanticleers.org or call (510) 733-5483.

Chick-fil-A opening in Fremont

SUBMITTED BY MANDY GOEPP

Fremont’s first stand-alone Chick-fil-A® restaurant will open Jan. 29, bringing 75 new jobs, the chance for 100 adults to win free Chick-fil-A meals for a year and an opportunity for community members to donate books that will benefit local youth. Chick-fil-A’s “First 100” celebration continues to be the chain’s signature grand opening event which transforms the restaurant parking lot into a 24-hour community friendly party as the crowd awaits the opening.

The new restaurant at 5245 Mowry Avenue will host the next First 100 event that will award more than \$32,000 in free food. A digital offer card loaded with a one-year supply of free Chick-fil-A Meals will



be given to each of the first 100 eligible adults, ages 18 and older with identification, in line when the doors open about 6 a.m. on Thursday, Jan. 29. If more than 100 people are onsite when the line officially opens at 6 a.m. on Wednesday, Jan. 28, then all 100 spots will be determined by a drawing held that morning with those selected needing to camp out for 24 hours to secure their spot. More information about the promotion is available at www.chick-fil-a.com/Locations/First-100.

Fremont Chick-fil-A Operator Dan Kosin is collecting unused children’s books to benefit local youth Wednesday, Jan. 28. New books collected during the grand opening celebration will be placed

in a nearly three-foot Book House to serve as a free library exchange – allowing anyone to take a book after replacing it with one of their own. The Book House, created from old and thrown out wood, is one of several community programs and opportunities being made possible through the generous support of the Chick-fil-A Foundation (www.chick-fil-afoundation.org).

While all Chick-fil-A restaurants are designed with efficient and environmentally friendly features, the Mowry Ave restaurant is among 25 new Chick-fil-A restaurants built to LEED standards slated to open this year.

Fremont’s Chick-fil-A restaurant will create 75 new jobs and seat 132 in the dining room with additional outside patio seating. The restaurant includes dual drive-thru ordering lanes.

Customers will be able to stay connected through the restaurant’s free Wi-Fi and parents will appreciate the indoor play area that includes an interactive section for toddlers. The restaurant is open Monday through Saturday from 6:30 a.m. to 10 p.m., serving a full breakfast menu until 10:30 a.m. Like all Chick-fil-A restaurants, it will be closed on Sunday.

Kosin comes to Chick-fil-A after a 26-year career serving in the U.S. Air Force flying B-52s as an Electronic Warfare Officer. He and his wife Rosana and their four children welcome the opportunity to serve the Fremont community. “Personalized customer service and freshly prepared food have been the hallmarks of Chick-fil-A since the day Truett Cathy opened his first restaurant,” said Kosin. “My team members and I are committed to those same ideas as we welcome our guests to our new Fremont restaurant and provide them with a remarkable experience.”

For more information on the new Fremont Chick-fil-A restaurant, visit www.chick-fil-a.com/MowryAve or find us on Facebook at www.facebook.com/CFAMowry.



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Art program for schools

SUBMITTED BY COLORZ

Most people agree that art is a vital part of life and childhood development. A new option now exists for schools and parents to have art instruction in the schools. Colorz brings school art activities for students who would otherwise go without. Founded by HumaNaqvi, a contemporary mixed media and visual artist, teacher, and award-winning art advocate, the organization addresses the art needs of kids in the community.

The project is urgently seeking schools without art programs who are interested in bringing in the Colorz team as well as donors who can help the nonprofit continue to operate and expand. Colorz is also very interested in training volunteers who would like to help the classes run smoothly.

Colorz is a 510(c) 3 nonprofit organization dedicated to empowering kids and youth by providing interactive and creative outlet in the visual arts. For more information call (510) 509-7110 or visit <http://thecolorz.org>

Preschool Faire

SUBMITTED BY F.U.N. MOTHERS’ CLUB

F.U.N. (Fremont, Union City and Newark) Mothers’ Club is excited to announce our 11th annual Preschool Faire on Saturday, February 7. This Tri-City wide Faire brings together over 40 preschools, language schools and extracurricular programs designed for preschoolers and elementary-aged kids, all under one roof. The faire is a unique opportunity to research what options are available to your child for preschool and beyond in the tri-city area. The Faire is open to all and there is no cost to attend. Bring your children - there will be plenty of activities to keep them entertained! There will also be free giveaways and a chance to win one of several door prizes!

Jennifer Greppi from the 4C’s of Alameda County will speak to families about the different preschool options (from Waldorf to play-based, Montessori to parent-participation). Come and learn about choosing the right program

for your child! There will be two sessions - 9:30 a.m. and 11:00 a.m. Julie Johnson of Hand in Hand parenting will talk about how to respond to your child’s upsets in a way that builds cooperation, resilience, and a close parent-child relationship. You will learn simple but powerful “Listening Tools” that can help your children feel closer to you, and a tool you can use to lighten your own stress load. Two sessions offered at 10:00 a.m. and 11:30 a.m. Crista Garcia of Early Start Music will give three Music Together sample classes at 10 a.m., 11 a.m. and 12 p.m. The first 15 parent-child pairs will be admitted to each session. Come and enjoy the music with your child!

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BUSINESS

Fremont Bank announces new Commercial Relationship Manager

SUBMITTED BY LAURA OWEN

Fremont Bank, a full-service community bank, announced on January 20 that Christine Carvalho will serve as the bank's newest commercial relationship manager. In her new role, Carvalho will focus on expanding the bank's Bay Area commercial lending business and will be based at the San Jose branch.

Carvalho brings more than fifteen years of experience in sales much of it in the professional services and finance in-



dustries. She holds a Bachelor of Science in Business Administration from Cal Poly.

"We are extremely pleased to have Christine on our team," said Don Marek, vice president of commercial lending operations. "Christine's unique blend of medical supply and lending experience will allow her to expand our relationships with dental and medical professional practices. She is a perfect fit to provide the level of professionalism and expertise that our clients expect from Fremont Bank."

For more information on Fremont Bank, visit www.fremont-bank.com

Brazil official: Rio won't meet Olympic water cleanup pledge

BY JENNY BARCHFIELD ASSOCIATED PRESS

RIO DE JANEIRO (AP)—Rio de Janeiro will not make good on its Olympic pledge of slashing the flow of raw sewage and garbage into the Guanabara Bay, where the 2016 games' sailing and wind surfing competitions are to be held, the state's top environmental official acknowledged Friday.

Brazilian official's promise to cut the flow of pollutants into the bay by 80 percent was a key part of the city's Olympic bid document and widely held up as among the most enduring legacies of the games. But with just 1 1/2 years to go before the showcase event, it has become increasingly clear that the target wouldn't be met.

Rio's new state Environment Secretary, Andre Correa, told reporters he couldn't provide an estimate of how much officials would actually succeed in cutting the flow of pollutants into the bay.

"Removing 80 percent of the pollutants? It's not going to happen, it's not going to happen," said Correa, who took office earlier this month.

Still, he insisted that regardless of how far the cleanup progresses, the Olympic events won't be compromised.

"From the point of view of the Olympics, the point of view of water quality, what I've said about the 80 percent does not at all affect the courses" for the sailing events, Correa said. "There's no big risk for sailors having troubles with illnesses and such things."

"I'm not worried about the water quality in those areas, I'm much more worried about floating garbage there," he said, adding that the so-called "eco-barriers," nets that are strung along the mouth of rivers and meant to filter out garbage before it enters the bay, "aren't working well at all."

"I'm going to change that," he promised.

Sailors' associations have expressed reservations about water quality as well as the garbage, both of which they say could harm sailors' health. Olympic sailors have described the 2016 venue as a "sewer," complaining of the stench at the events' main venue, the Gloria Marina, and describing having to dodge floating sofas, animal carcasses, and plastic trash bags that foul rudders in the open waters. A few sailors have said they got sick after falling into the bay.

Correa said he wasn't sure whether Olympic authorities have been informed that the cleanup pledge will not be met.

With most of the sewage in the greater Rio area flowing untreated into area rivers, its showcase beaches and the bay, Correa estimated a \$3.8 billion investment would be needed to bring sewerage to the entire metropolitan area. With no timetable for the release of such sums, it's unclear when that might happen, he said.

The bay cleanup has been a sore spot in Rio's fitful Olympic preparations almost since the city won the games back in 2009. Environmentalists have consistently warned that even with the clock ticking, nearly nothing has been done.

Last year, The Associated Press obtained a letter to then-Sports Minister Aldo Rebelo, in which Rio's state's former environment secretary acknowledged in a best-case scenario that pollution flowing into the bay could be cut to "over 50 percent" — well below the promised reduction of 80 percent. Rio Mayor Eduardo Paes later said he was "sorry that we did not use the games to get Guanabara Bay completely clean."

Rio's pledges to clean up the bay stretch back decades, with generous funding consistently reaping little in the way of concrete advances. While the decline of industry in Rio helped cut down on the levels of heavy metals in the bay, the galloping spread of informal, unplanned "favela" slums and other settlements has helped turn much of the once-crystalline bay into a virtual open sewer. An overpowering stench emanates from much of the bay, and beaches are off-limits for swimmers. Tons of household trash line the bay's coastline and form islands of refuse.

VC firms rain down cash on tech startups, is bubble brewing?

BY BRANDON BAILEY AP TECHNOLOGY WRITER

SAN FRANCISCO (AP)—Cash rained down on startups in 2014, as venture capitalists poured a whopping \$48.3 billion into new U.S. companies — levels not seen since before the dot-com bubble burst in 2001. Strong technology IPOs are luring investors chasing the next big return, but with valuations this high, critics suggest some investors may be setting themselves up for a major fall.

"It's not that many businesses aren't viable, but the question is, what are you paying for them?" said Mark Cannice, a professor of entrepreneurship at the University of San Francisco.

Venture funding surged more than 60 percent in 2014 from the prior year, most often fueling software and biotechnology companies, according to a new "MoneyTree Report" issued by PricewaterhouseCoopers and the National Venture Capital Association, based on data from Thomson Reuters.

But the money wasn't spread around to buoy many more companies. A few just got huge piles of cash.

Last year saw a record 47 "mega-deals," defined as investments of more than \$100 million. That's nearly twice as many as reported in 2013, said Mark McCaffrey of PricewaterhouseCoopers, who leads the accounting and consulting firm's global software practice.

Uber Technologies, the ride-hailing service disrupting the transportation industry and generating plenty of press, received the top two biggest rounds of investment last year. Each raised \$1.2 billion for Uber, and the company's value is now pegged at \$41 billion. Other major deals included \$542 million (mostly from Google Inc.) invested in Magic Leap Inc., a secretive startup working on virtual reality technology; \$500 million in Vice Media, which operates online news and video channels; and \$485 million in SnapChat, the popular messaging service.

What's driving those deals?

U.S. tech startups are proving they can reach vast global markets and reap sizable revenue, said McCaffrey. And there are more investors eager to get a piece of that return — private equity and hedge funds and corporate investment divisions are vying with traditional venture capitalists to back promising startups. But critics say some companies may never make enough money to justify the sky-high valuations.

The worries harken back to the go-go year of 2000, when the dot-com boom drove venture funding to a peak of \$105 billion. But then a wave of new Internet companies crested and collapsed, many of them failing to ever make money. Venture funding bottomed at \$19.7 billion by 2003 and spent the last decade bobbing in a \$20 billion to \$30 billion range before making the big leap last year.

Several experts expect funding this year to continue at a similar rate. Commercial software companies, especially those that offer cybersecurity services and tools for analyzing large amounts of data, are expected to be big draws in 2015, along with biotech and health technology.

So are we approaching another bubble?

Most experts won't go that far, but are raising concerns about so-called "froth" in the market. Robert Ackerman, managing director and founder of Silicon Valley venture firm Allegis Capital, is convinced new software and communications startups are revolutionizing the world's economy. However, beyond the risk of investors losing money, Ackerman said some companies may see these cash windfalls as permission to burn through money at an excessive rate, rather than spending at a level justified by their own realistic earnings potential.

"There really is an unprecedented level of innovation that is taking place," he said. "What I worry about is how the excess of capital is affecting valuations and expectations."



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NASA spacecraft almost to Pluto: Smile for the camera!

By **MARCIA DUNN**
AP AEROSPACE WRITER

CAPE CANAVERAL, Florida (AP), NASA's New Horizons spacecraft has traveled 3 billion miles (5 billion kilometers) and is nearing the end of its nine-year journey to Pluto. Sunday, it begins photographing the mysterious, unexplored, icy world once deemed a planet.

The first pictures will reveal little more than bright dots – New Horizons is still more than 100 million miles (160 million kilometers) from Pluto. But the images, taken against star fields, will help scientists gauge the remaining distance and keep the baby grand piano-sized robot on track for a July flyby.

It is humanity's first trip to Pluto, and scientists are eager to start exploring.

"New Horizons has been a mission of delayed gratification in many respects, and it's finally happening now," said project scientist Hal Weaver of Johns Hopkins University's Applied Physics Laboratory.

"It's going to be a sprint for the next seven months, basically, to the finish line," he said Friday. "We can't wait to turn Pluto into a real world, instead of just a little pixelated blob."

Launched from Cape Canaveral in January 2006 on a \$700 million mission, New Horizons awoke from its last hibernation period early last month. Flight controllers have spent the past several weeks getting the spacecraft ready for the

final but most important leg of its journey.

"We have been working on this project, some people, for over a quarter of their careers, to make this mission happen," said project manager Glen Fountain of the Applied Physics Lab, "and now we're about to hit the mother lode."

The spacecraft's long-range reconnaissance imager will take hundreds of pictures of Pluto over the coming months. It snapped pictures last summer, before going into hibernation, but these new ones should be considerably brighter. It will be a few days before the new images are beamed back to Earth; scientists expect to release them publicly in early February.

By May, New Horizons' photos should equal and then surpass the

ones taken by the Hubble Space Telescope, with pictures of the plutoid and its moons improving with each passing day.

The real payoff will come when New Horizons flies by Pluto on July 14 at a distance of 7,700 miles (12,400 kilometers) and speed of nearly 31,000 mph. (50,000 kph) It will whip past Charon, Pluto's largest moon, from 18,000 miles (29,000 kilometers) out.

Scientists have no idea, really, what Pluto looks like way out in the Kuiper Belt beyond Neptune's orbit, home to little icy objects galore.

Pluto is the biggest object in the Kuiper Belt. Together with megamoon, Charon, roughly half Pluto's size, the two orbs could fit inside the United States with room to

spare. Five moons have been found so far around Pluto. More could be lurking out there, awaiting discovery by New Horizons.

The Applied Physics Lab designed and built New Horizons, and is now managing the mission for NASA.

Pluto was still officially a planet, No. 9 in the solar system lineup, when New Horizons departed Earth. It was the only planet in our solar system yet to be explored. But seven months later, the International Astronomical Union stripped Pluto of its planethood, classifying it instead as a dwarf planet. Later came the term, plutoid.

Online: *Johns Hopkins University: <http://pluto.jhuapl.edu/> International Astronomical Union: <http://www.iau.org/>*

California unemployment falls to 7 percent; few new jobs

By **JULIET WILLIAMS**
ASSOCIATED PRESS

SACRAMENTO, Calif. (AP), California's unemployment rate fell to 7 percent last month, a drop of two-tenths of a percentage point from a month earlier, but the state added just 700 jobs in December, a disappointing number after good job gains in November.

Job gains in areas such as trade and transportation, financial activities, educational and health services, hospitality and government were offset by major losses in construction, information, and professional, business and other services, the California Employment Development Department reported Friday.

Economists said the apparently slim number of jobs added in December was not a huge concern given the overall growth pattern of the last year. The survey also noted that a federal survey of households estimated that 40,000 more Californians were employed in December than in November.

When the swings in the number of jobs created month-by-month are evened out, the state had roughly a net gain of 26,000 jobs per month in 2014, said Michael Bernick, a former department director who is now a fellow at the Milken Institute.

"This is healthier job growth than we have seen since the early 2000s, and more in line with what we can expect in 2015," Bernick said. But he noted that a far higher percentage of those new jobs are part-time than full-time, replacing full-time positions that were eliminated during the recession.

"The part-time workforce reached 3.49 million in November, of which 1.2 million were 'involuntary' part time workers who were unable to find full-time work," he wrote in an analysis.

EDD said that the state has added more than 1.5 million jobs since the economic recovery began in February 2010. The last time California's jobless rate stood at 7 percent was June 2008, before the recession took hold.

The San Francisco Bay Area's booming technology sector continues to drive economic growth for the whole state, said Steven Levy, director of the Center for Continuing Study of the California Economy based in Palo Alto.

He said that data show people were also re-entering the workforce at a faster-than-normal pace in 2014 as the job market rebounded, but that many of the new jobs are lower wage.

"The recovery is still modest by historical standards with very slow wage growth for many, especially compared to increases in housing prices and rents," Levy said.

What issues roil Washington? Obama's veto threats are clues

By **NANCY BENAC**
ASSOCIATED PRESS

WASHINGTON (AP), President Barack Obama has a telling hit list.

The veto threats that he's issued over the last three weeks are a microcosm of American politics, representing the roiling issues of the day, the power struggle playing out between Congress and the White House, and even the pique between the president and GOP congressional leaders.

Obama, who vetoed just two minor bills over the past six years, has been tossing out veto threats like confetti since Republicans took full control of Congress.

In addition to delivering eight formal veto notices on specific bills under consideration, the president has sounded broader warnings that he'll block legislative efforts that jeopardize his health care law, roll back rules governing Wall Street, reverse his immigration actions or impose new sanctions on Iran.

There's a little bit of everything in Obama's veto threats: the culture wars (abortion), energy policy (Keystone XL oil pipeline), social matters (Obamacare), foreign policy (Iran), economic angst (financial regulation), even wonky details of governance (rule-making processes).

The list lays bare two competing visions of the proper role of government.

And while there's plenty of political strategy behind what Obama has chosen to single out for a potential veto, he's also "really expressing what

his values are and what he believes in," says James Thurber, director of the Center for Congressional and Presidential Studies at American University. Likewise, Thurber says, for all the political positioning going on among congressional Republicans, they've advanced any number of bills in the face of certain veto because they believe in them.

"It's not just a chess game," says Thurber.

Game or not, the odds of winning are in Obama's favor. Presidents have prevailed on 96 percent of their more than 2,500 vetoes over the years, with Congress able to muster the votes to override the presidents' objections just 4 percent of the time.

Of all the legislation subject to an Obama veto threat, a bipartisan effort to impose new sanctions on Iran to discourage its nuclear program may have the best chance of mustering the two-thirds vote needed to override a presidential veto. A vote on that could come as early as next month.

Many of the other bills don't stand a chance. And Republicans know that going in.

Still, it's smart for Republicans to put forward their ideas to show a clear contrast with the president, says Dan Holler, communications director for the conservative Heritage Action for America. Holler said it's also important to understand that any major legislation that has a chance of being enacted is going to be negotiated with the White House behind the scenes.

Apple's CEO Cook gets hefty bonus for 2014

By **BRANDON BAILEY**
AP TECHNOLOGY WRITER

SAN FRANCISCO (AP), Apple CEO Tim Cook got a hefty cash bonus that brought his total compensation to \$9.2 million last year. That's more than double what he received the previous year, as the company enjoyed a surge in

sales and profit fueled by the popularity of its new, over-sized iPhone 6 models.

A regulatory filing Thursday showed Cook's pay for fiscal 2014 included \$1.7 million in salary and \$6.7 million in incentive pay awarded by Apple's board.

Apple's CEO collected less than the company's four other top officers. Senior Vice President Angela Ahrendts received

\$73 million, mostly in stock grants, in her first year after leaving luxury goods maker Burberry, where she was CEO.

The Associated Press calculates total compensation by counting salary, bonuses, perks, stock and options awarded during the year.

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Tall Ships to Anchor in Oakland

SUBMITTED BY GRAYS HARBOR
HISTORICAL SEAPORT AUTHORITY
PHOTO BY RON AREL,
COASTAL IMAGES

Two regular tall ship visitors return to Oakland's Jack London Square to meet extra demand for the vessels' popular hands-on living history education programs for elementary school students. The topsail ketch Hawaiian Chieftain arrives Friday, February 6. The brig Lady Washington pulls into her berth Friday, February 20.

Both ships are offering one-hour dockside and three-hour sailing programs for 4th, 5th, and 6th graders, although students in all grades K-12 benefit from the programs. Students board the ships and learn basic navigation and oceanography, and they study the lives of 18th-century sailors at three learning stations: Life of a Sailor, Life of an Officer, and Early Trade. Students participate in several hands-on activities, including hoisting a sail and

learning a sailor's work song. For reservations, call (800) 200-5239.

The ships will also open for ticketed weekend excursions, including Battle Sails and Adventure Sails. Battle Sails feature cannon fire with real cannon and real gunpowder, but no cannon balls. Adventure Sails are family-oriented experiences with opportunities to raise a sail, learn a sea shanty, and take the helm of a real tall ship, conditions permitting. Ticket prices range from \$39 to \$75. For a detailed schedule, visit the Historical Seaport website at www.historicalseaport.org. Tickets may be purchased online or by calling (800) 200-5239.

Walk-on tours are self-guided opportunities to learn more about Lady Washington and her travels. A \$3 donation per person is appreciated. No reservations are required. Check the schedule at www.historicalseaport.org.

Hawaiian Chieftain, launched in 1988, was built in Lahaina, Hawaii, and sailed for several years out of Sausalito. The ship is a steel-hulled interpretation of an early



19th-century coastal trading vessel. Lady Washington is a replica of one of the first U.S.-flagged ships to explore the west coast of North America. Lady Washington, the official ship of the state of Washington, has appeared in several motion pictures and television programs, including "Once Upon a Time" and "Pirates of the Caribbean: The Curse of the Black Pearl." She was launched in 1989 for the Washington State centennial.

Hawaiian Chieftain
Arriving Friday, Feb 6
Lady Washington
Arriving Friday, Feb 20

Jack London Square
Broadway & Embarcadero, Oakland
(800) 200-5239
www.historicalseaport.org

Walk-on tours: \$3 donation
Battle Sails: \$75 adults; \$67 students, seniors & military; \$39 children 12 and under
Adventure Sails: \$47 adults; \$39 children 12 & under
Sailing program: \$35/person
Dockside program: \$8/person

City of Fremont News Briefs

SUBMITTED BY CHERYL GOLDEN

Annual Fremont Senior Center Crab Feed

It's that time of year again! The Fremont Senior Center invites you to the 8th Annual Crab Feed—its major fundraiser each year. Funds raised from this event go to support the Fremont Senior Center's nutritional, low cost meals cooked daily onsite as well as its wellness programs. Enjoy a fabulous dinner on Friday, February 20, and support the Fremont Senior Center. The menu will include crab flown in from Oregon (and served within 24 hours), homemade spaghetti marinara, salad, garlic bread, coffee and dessert. Live music and a raffle of terrific baskets and gifts for the lucky winners are also planned. Doors will open at 5 p.m. and dinner will be served at 6 p.m.

This year the event has a new location and will be held at Fremont Elk's Lodge, located at 38991 Farwell Dr., in Fremont. Tickets are \$45 per person and can be purchased at the Fremont Senior Center, located at 40086 Paseo Padre Pkwy.

If you have any questions, contact Tanya Mendoza at 510-790-6602 or tmendoza@fremont.gov; or Linda Olla at 510-790-6606 or lolla@fremont.gov. Tickets are going fast, so contact us soon if you want to be part of this fun event!

Game, Set, Match!

Check out our tennis classes with the City of Fremont. Lessons are held throughout the week at the Fremont Tennis Center, Warm Springs Community Park, Niles Community Park, and Sylvester P. Harvey Community Park. Whether you are a beginner or a pro we have a tennis class for you. For beginners, try tennis lessons where you will learn to rally and focus on strokes, rules, and match play. We also offer adult classes for beginners, intermediates, advanced, or players just looking for some cardio. Check our Recreation Guide for more details at www.Fremont.gov/RecGuide or to register visit us online at www.RegeRec.com. For more information contact Nigel Pugh at npugh@fremont.gov or 510-790-5510.

It's a New Year, It's a New You!

Are you looking to change up your routine? Check out our new Yoga Strong program, which is a class that will help you feel strong and peaceful. This vigorous, fitness-based approach to vinyasa-style yoga will revitalize your mind, body, and spirit. Decompress, de-stress, and find inner peace, while healing injury and disease. Create sculpted, lean, long, and balanced muscles with active flexibility through the breath and focus. Join us on Wednesdays from 6 p.m. to 6:55 p.m. Don't forget to bring some water. Check our Recreation Guide for more details at www.Fremont.gov/RecGuide or to register visit us online at www.RegeRec.com. For more information contact Joe Benjamin at jbenjamin@fremont.gov or 510-494-4334.

Free AARP Tax Preparation for Seniors

The Fremont Senior Center offers free AARP Tax Preparation for Seniors from February 3 through April 9. Appointments are available for Tuesday afternoons from 1 p.m. to 3 p.m. and on Thursdays, 9 a.m. to 3 p.m. Call the Fremont Senior Center at 510-790-6600 for information and to schedule an appointment. The Fremont Senior Center is located at 40086 Paseo Padre Pkwy.

Computer, Gadget Assistance

Do you have questions about your laptop or tablet, how to use software and email, or even social networking sites such as Skype, Twitter, Facebook, or Instagram? Bring in your gadget and let our volunteers assist you. The Fremont Senior Center offers free computer/gadget help on Mondays and Wednesdays from 3:45 p.m. to 4:45 p.m. One-on-one tutoring is available as well. Call the Fremont Senior Center at 510-790-6600 for more information or to sign up. The Fremont Senior Center is located at 40086 Paseo Padre Pkwy.

Children's recording artist in concert

SUBMITTED BY SHARON FILIPPI

Music for Minors II (MFMI) is proud to present Charlotte Diamond in concert on Saturday, January 31 at Harbor Light in Fremont. Diamond is an award-winning, world-renowned children's recording artist who is known for songs such as "I Am a Pizza," "Slippery Fish," "I Want to Be a Dog," "I Think You're Wonderful" and so many more. Audience participation is encouraged; singing with Diamond and meeting her after the concert is an uplifting experience for the whole family. The event will also feature MFMI students performing with Diamond.

The concert is the main fundraiser of the year for MFMI. Proceeds will benefit their annual music do-cent training program for community volunteers, who share weekly music lessons in classrooms in Fremont, Newark, and Castro Valley school districts.

Diamond is only in the area every few years so don't let this opportunity pass you by. See you at the concert!

This is a family concert for ages three and up. Tickets are \$12 each or \$14 at the door. There is a group rate for 20 or more tickets bought at once, advance purchase only. E-mail sharon.filippi@sbcglobal.net for tickets or any questions you might have.

Charlotte Diamond in Concert
Saturday, Jan 31
2 p.m.

Harbor Light
4760 Thornton Ave, Fremont
(510) 733-1189
sharon.filippi@sbcglobal.net
www.musicforminors2.org
www.charlottediamond.com

Tickets: \$12 (advance), \$14 (door price), \$10/person (group rate: 20 or more)

Milpitas Lions host

Student Speakers Contest

SUBMITTED BY MILPITAS
EXECUTIVE LIONS CLUB

Milpitas Executive Lions Club is hosting Multiple District 4 Student Speakers Club Level Contest on Monday, February 16 at Brandon's Restaurant at The Beverly Heritage Hotel in Milpitas. This year, the Multiple District 4 California Lions are proud to sponsor the 78th Annual Student Speakers Contest.

The challenging topic for this year's contest is "Water Conservation – How Can We Reduce, Recycle and Reclaim?" The contest is open to all high school students, grades 9-12. Eligible students must be under the age of 21 as of February 18, 2015.

Over \$21,000 can be won through multiple levels of competition. The Student Speaker Foundation will

provide \$103,500 total awards for the 2014-2015 district, area and final contest winners, including scholarships ranging from \$4,500-\$10,000. To sign up, contact MariCris Benitez at (408) 430-7830 or send an e-mail to milpitaslions@gmail.com. Visit www.studentspeaker.md4lions.org for more information.

Student Speakers Contest
Monday, Feb 16
6:30 p.m.

Brandon's Restaurant
The Beverly Heritage Hotel
1820 Barber Ln, Milpitas
(408) 430-7830
milpitaslions@gmail.com
www.studentspeaker.md4lions.org

Program honors Mandela legacy

SUBMITTED BY GWENDOLYN
MITCHELL/MARINA HINESTROSA

During Black History Month, the Santa Clara County Office of Human Relations Dispute Resolution Program invites the public to a special live reenactment of the life of Nelson Mandela to honor his legacy as an example of vision, courage and personal commitment to peace. This event, on February 2, includes dramatic readings by local professional actors portraying Mandela's life journey from rebel to prisoner, to leader of South Africa, and his exemplary achievements through a mediated and peaceful transition of power.

A short reception will follow the performance. Admission is free to this public event, but registration is required due to limited space. Register at:

<http://www.eventbrite.com/e/mandela-a-mediator-for-change-peace-reconciliation-tickets-15293562457>

Program on Mandela Legacy
Monday, February 2
6:00 p.m. - 8:30 p.m.

Isaac Newton Center, County Government Center
70 West Hedding St, San Jose
RSVP: <http://www.eventbrite.com/e/mandela-a-mediator-for-change-peace-reconciliation-tickets-15293562457>
Free

Chamber Gala honors Hayward heroes

SUBMITTED BY THE
HAYWARD CHAMBER OF
COMMERCE
PHOTOS BY RUSSELL FOOTE

In a unique twist on its tradition, the Hayward Chamber of Commerce will honor a family as its Business Person of the Year at the 71st annual "Hayward Chamber of Commerce Awards Gala" at California State University, East Bay on January 31.



Firefighter of the Year
Capt. Don Nicholson

The Ly family, founders of Sugar Bowl Bakery, will be honored as "Business Family of the Year" along with recognition going to recipients of the Educator, Firefighter, and Police Officer of the Year.

"This is one of Hayward's great traditions and reflects the esteem this city has for those that make community service part of their life's work," said Kim Huggett, president and CEO of the chamber. "The fact that the gala sells out every year says a lot about Hayward."

This year's event will feature a reception followed by a gourmet meal, serving of fine wines, and

the awards ceremony. Silent and live auctions will benefit Leadership Hayward, now in its 25th year of training Hayward's current and future leaders.



Educator of the Year Jessica Saavedra, principal of Glassbrook Elementary School.

Those to be honored are:

-Business Family of the Year: The Ly family of Sugar Bowl Bakery

"This is the 25th year this award has been given and for the first time it goes to an entire family," said Kaiser Permanente Public Affairs Director Debra Lambert.



Business Family of the Year Ly family of Sugar Bowl Bakery

"Their story began when five Vietnamese brothers made their way from Vietnam to the San Francisco Bay Area in 1979 and learned English, while family members worked as handymen, busboys, newspaper carriers, and seamstresses," Lambert said. "They pooled their incomes to buy a small coffee shop in San Francisco's Richmond District and expanded their bakery operations."

"They moved the business to Hayward, and with their talent

and hard work, have turned Sugar Bowl Bakery into a multi-million dollar enterprise with 300 employees and a devotion to Hayward that puts them among this city's most exceptional corporate citizens."

-Educator of the Year: Jessica Saavedra

Glassbrook Elementary School Principal Jessica Saavedra has served students in Hayward schools for 16 years, rallying her community around a vision for improved student achievement.

-Police Officer of the Year: Officers Craig Fovel and Aaron Runulfson

St. Rose Hospital Foundation Director Mike Cobb noted that this year honorees have been accomplished officers for a number of years and shown great initiative and skill.

This year Fovel and Runulfson formed a unique team as part of District Command's Downtown Bicycle Patrol, and have had a direct impact on reducing crime and serving as the city's goodwill ambassadors.

-Firefighter of the Year: Capt. Don Nicholson

Don Nicholson was hired by Hayward Fire Department in

2000 and has worked as a firefighter, apparatus operator, and was promoted to staff captain last year. He has the high-profile position of public information officer as well as public education officer, and participates in many programs the department offers to the citizens of Hayward.

Reservations for the gala, black tie optional, are \$125 apiece and \$1,000 for a table and can be arranged by calling the Hayward Chamber of Commerce at (510) 537-2424, or visiting 22561 Main Street.

Hayward Chamber of Commerce Awards Gala
Saturday, Jan 31
6 p.m.: No-host bar, hors d'oeuvres & silent auction
7 p.m.: Dinner & presentation of awards

Cal State University East Bay University Union
25800 Carlos Bee Blvd, Hayward
(510) 537-2424
www.hayward.org
Tickets: \$125



Police Officers of the Year Craig Fovel and Aaron Runulfson.

USS Hornet Museum launches fundraising campaign

SUBMITTED BY VICTORIA
SANCHEZ DE ALBA
PHOTO COURTESY OF
USS HORNET MUSEUM

The USS Hornet Museum (707 W Hornet Ave, Pier 3 in Alameda), has announced that the Board of Trustees of the USS Hornet Foundation is



launching the first Annual Campaign for the historic aircraft carrier's Hornet Heritage Fund. The Hornet Heritage Fund is designed to receive financial gifts and donations in order to support the Museum's operations, restoration efforts, exhibitions, and acclaimed Science, Technology, Engineering, and Math (STEM) educational programs. The purpose of the inaugural campaign, which commenced on January 14, is to raise \$800,000 to repair and resurface the 100,000-square-foot flight deck and repair two aircraft elevators.

"The Heritage Fund Campaign marks the first significant fundraising effort by the USS Hornet since the mid-1990s, when a determined

group of volunteers opened the museum to the public," said Randall Ramian, Chief Executive Officer of the USS Hornet Museum and Chair of the Annual Hornet Heritage Fund Campaign. "Since then, the USS Hornet Museum been awarded both National Historic Landmark and California Historical Landmark status, and has become a premier desti-

cial business operations that underwrite a significant portion of its annual operating budget.

"The USS Hornet Museum receives no funds from the U.S. Navy or government," said Ramian. "We depend solely on business revenues and philanthropic support to operate as one of the Bay Area's most unique and relevant educational experiences

for guests of all ages and from around the world."

For visitor safety, improved visitor experience, and long-term preservation, the Hornet Heritage Campaign funds will address flight deck issues by caulking cracks to prevent additional drainage onto the original teak deck below the surface, repairing soft spots and weather-damaged sections, weather-proofing, and resurfacing the flight deck - an area that is about as large as two football fields.

The USS Hornet flight deck is a major attraction,

where guests can view a collection of aircraft that currently includes an F-4N Phantom, an F-8 Crusader, an S-3B Viking, and a T-28 Trojan. Between regular visitors, attendees at special events and Overnight Live-Aboard programs, and guests of private functions, approximately 80,000 people visited the Museum's flight deck this past year alone.

To make a donation please visit <http://usshornet.stores.yahoo.net/newdonations.html> or mail a check to the USS Hornet Museum, P.O. Box 460, Alameda, CA 94501. For more information, please contact the USS Hornet Museum Development Department, Tom Hyland at (510) 521-8448, ext. 307.

What! Sharks in My Backyard?

SUBMITTED BY ANNIE SNELL

Sea level rise for the Hayward shoreline is projected to be as much as 55" by the year 2100. At this level 80,000 East Bay residents are expected to be directly affected by floods and inundation. The SF Bay Estuary - our region's most defining geographic feature - may be even closer to your backyard in the not-so-distant future. How will the impacts of sea level rise affect us? What will be our response? Join naturalists from the Hayward Shoreline Interpretive Center for this lively and interactive community discussion. No registration is required.

What! Sharks in My Backyard?

Saturday Feb 7

1 p.m. - 2 p.m.

Hayward Main Library

835 C St. Hayward

(510) 881-1980

<http://www.library.hayward-ca.gov/>

Free

Special needs Valentine's Dance

SUBMITTED BY CHRIS VALUCKAS

Join us for a free Valentine's Dance on Friday, February 13 in Union City, for youth and adults with special needs. Activities planned for this special event include: Pizza and snacks, beverages, prizes, a DJ, dancing, Wii Games, karaoke, Valentine themed arts & crafts, movies and more!

Special Needs Valentine's Dance

Friday, Feb 13

11 a.m. - 2 p.m.

Ruggieri Senior Center

339967 Alvarado Niles Rd, Union City

(510) 675-5328

chrisv@unioncity.org

Free

continued from page 1

Making the trek: Pole Hiking in the East Bay



“Everyone is covered in terms of their needs,” she explained. EBRPD, the largest urban regional park district in America, has a multitude of parks and locations perfect for pole hiking. “(There are) 65 parks to choose from!” Paley enthused. As part of her arrangement with the Park District, Paley has access to a number of otherwise expensive facilities that allow her to conduct pole hiking classes for a very low price. “(We have) access to these amazing parks, with amazing administration support... it’s pretty amazing!” she said.

What are the benefits of pole hiking? Turns out, there are more than you might think. Optimal pole hiking will reduce stress on the lower body while distributing the load bearing to the upper body, improve power and endurance, and reduce the risk of falling. The numbers are impressive – a study by Dr. G. Neureuther in 1981 determined that up to 20 percent of the strain on your legs can be absorbed by poles while hiking. The Cooper Institute also estimates that pole hikers can burn anywhere from 20 to 40 percent more calories than regular hikers. “(You) see people walk-



ing with poles and think they’re crutches,” Paley explained,” (but) you’re using more of your upper body – you get it all. That’s the beauty of this.” Pole hiking isn’t as common in the U.S. as it is in other places. In Europe, pole hiking is a status symbol, according to Paley. Her classes are aimed at two distinct groups of people – those who are already hikers and others seeking to regain mobility such as knee problems or other serious ailments. Mobility students in particular often see improvements by leaps and bounds after taking her courses. “People get the poles and say, ‘Oh! Thank goodness, I can walk again!’” One particular student of Paley’s, a 78-year-old woman, initially had trouble navigating curbs and the sidewalk. Now, Paley is proud to say, that student is a hiker. Paley’s pole hiking courses are offered every two months. She prefers to keep classes small so

she can provide as much individual instruction as possible. Seemingly omnipresent in the bay’s parks as well, she teaches classes from Santa Rosa to Palo Alto. Paley recently signed on with the Hayward Area Recreation and Park District, a development with an amusing emergence. “A lady who runs the rec[reation] class (there) took my pole class!” Paley said. Class locations vary based on the participants – for hikers, weather is the big factor. For her mobility students and various support groups, Paley makes the trek to see them. Besides technique, Paley focuses on educating her students about anatomy and other health aspects of pole hiking. “Everybody has a spine,” she explained. “I talk about optimal use; it’s what enables people to achieve the benefits.” Training poles are provided by Paley to help students determine what style of pole will be best for them, based on features including adjustability,

weight, materials used, singular or pairs. “[Optimal pole use] is different for different people; its hands on, in real time. If you live in the Bay Area, take the class!” she said. The parks available for pole hiking within the EBRPD are some of the most diverse and beautiful you’re likely to find anywhere. Tilden Regional Park is one of Paley’s favored locales for pole hiking. “It is a magical place... a wonderful garden. It’s like visiting the entire state of California botanically.” Paley’s next hike, “Poles: Basic Skills and Techniques Plus Hike,” will be held Saturday, February 7 at Sunol Regional Wilderness. Registration is required; sign up by February 3. Additional classes will be held on February 26 at Kennedy Grove, February 27 at Tilden Park, and February 28 at Black Diamond. For more information on pole hiking classes offered by the EBRPD, please visit <https://apm.activecommunities.com/ebparks/#> or Paley’s personal site at www.polesformobility.com.

Poles: Basic Skills & Techniques Plus Hike
Saturday, Feb 7
10:00 a.m. – 3:30 p.m.
Sunol Regional Wilderness Area
Green Barn Visitor Center
1895 Geary Rd, Sunol
(510) 544-3249
<https://apm.activecommunities.com/ebparks/#>
Cost: \$45 residents,
\$51 non-resident
Registration required;
ages 18 and up

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82 YEARS OF ART

Each is a well-done representation of the subject, but when joined, the roots of the giant rose seem to emanate like smoke from Native American pottery. Perched within the ruin, the rose takes on more abstract meaning as the spirit of life for these ancient people. Paintings such as these do not tell the whole story. Thompson’s works range from simple and excellent landscapes—“Madison House” and “Mt. Diablo Study II”—to more complex presentations such as “The Ogallala Aquifer,” “Which Road?” and “San Francisco in the Eye of the Egg 2.” Wegner has worked as an illustrator, shown by “The Travels of Tobi and Pawn,” a finely drawn scene from a planned chil-

dren’s book, a work in progress. But like “Katrina Blues,” his other works suggest a higher level of complexity. The eyes of a Native American in “Planet Guardian” give viewers a withering look, as if we, protectors of the earth, are failing. Colorful, thought-provoking in pen and ink, watercolors, acrylic, pastels, and oils, the works of these two fine artists deserve an audience. Their retrospective exhibit, sponsored by the Hayward Arts Council, runs from January 30 to March 27. For a chance to meet them and discuss their work, art fans should treat themselves to the reception at the John O’Lague Galleria on Friday, February 6. **82 Years of Art: Visions, Landscapes & Characters Along the Way**

Friday, Jan 30 – Friday, Mar 27
Monday – Friday,
9 a.m. - 5 p.m.

Artists’ Reception:
Friday, Feb 6
5:30 p.m. - 7:30 p.m.

John O’Lague Galleria
Hayward City Hall
777 B St, Hayward
(510) 538-2787
www.haywardarts.org



FEBRUARY
7
SATURDAY



ALL YOU CAN EAT CRAB FEED

Hosted by

**The Committee for the Restoration of the
Mission San José**

Where: St. Joseph Parish Hall, 43148 Mission Blvd., Fremont

When: Saturday, February 7, 2015

6:30 PM No Host Bar: Wine & Soft Drinks

7:00 PM Dinner and Dessert

\$55/person \$400/table of 8
(Full amount due at time of payment)

Visit crmsj.weebly.com to order tickets online

CASTRO VALLEY TOTAL SALES: 13						
Highest \$:		780,000	Median \$:		490,000	
Lowest \$:		290,000	Average \$:		518,769	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
22472 Cameron Street	94546	500,000	3	1546	1951	12-19-14
3651 Christensen Lane	94546	455,000	2	950	1958	12-18-14
19043 Clemans Drive	94546	450,000	3	1096	1952	12-19-14
4432 Edwards Lane	94546	580,000	3	2052	1946	12-22-14
3570 Jamison Way	94546	460,000	2	1051	1958	12-23-14
2209 Lobert Street	94546	399,000	2	895	1947	12-19-14
4831 Lodi Way	94546	635,000	4	1590	1953	12-19-14
19254 Parkview Road	94546	540,000	3	1176	1959	12-19-14
20121 San Miguel Av #7	94546	290,000	3	1117	1972	12-22-14
3017 Sydney Way	94546	490,000	2	848	1948	12-18-14
5825 Badger Court	94552	760,000	4	2203	1964	12-19-14
5328 Briar Ridge Drive	94552	405,000	-	1393	1978	12-18-14
5964 Skyfarm Drive	94552	780,000	4	2039	1987	12-19-14

FREMONT TOTAL SALES: 26						
Highest \$:		1,135,000	Median \$:		670,000	
Lowest \$:		250,000	Average \$:		700,846	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
38491 Burdette Cmn	94536	350,000	2	616	1979	12-22-14
38041 Canyon Hts Dr	94536	549,500	2	841	1946	12-23-14
1182 Deer Road	94536	670,000	3	1636	1946	12-19-14
36075 Easterday Way	94536	860,000	3	1706	1985	12-23-14
4450 Gibraltar Drive	94536	615,000	3	1256	1967	12-23-14
831 Kaibab Court	94536	518,000	3	1045	1957	12-23-14
558 Maar Place	94536	650,000	5	2379	1979	12-18-14
36928 Montecito Drive	94536	1,100,000	5	2496	1969	12-18-14
38064 Parkmont Drive	94536	850,000	4	1883	1960	12-23-14
2509 Parkside Drive	94536	578,000	-	1446	1978	12-23-14
4584 Richmond Avenue	94536	1,135,000	4	2653	1958	12-23-14
40774 Creston Street	94538	620,000	3	1434	1960	12-19-14
5456 Crimson Circle	94538	738,000	4	1422	1994	12-19-14
40456 Foster Street	94538	580,000	4	1378	1954	12-23-14
3969 Haven Avenue	94538	680,000	3	1128	1949	12-19-14
40223 Legend Rose Trc	94538	785,000	3	2036	2008	12-23-14
4100 Murray Common	94538	377,000	2	1189	1979	12-22-14
5752 Spry Common	94538	612,000	3	1309	1994	12-22-14
1921 Briscoe Terrace	94539	760,000	3	1314	1972	12-23-14
274 Fernald Court	94539	855,000	3	1000	1960	12-18-14
5469 Alamo Terrace	94555	845,500	3	1481	1988	12-18-14
34791 Dorado Common	94555	575,000	2	1102	1987	12-23-14
4822 Iris Terrace	94555	575,000	2	1102	1987	12-19-14
34547 Milburn Terrace	94555	700,000	2	1249	1989	12-19-14
34240 Northwind Trc	94555	884,000	4	1655	1988	12-19-14
34470 Shenandoah Place	94555	760,000	4	1476	1972	12-23-14

HAYWARD TOTAL SALES: 21						
Highest \$:		957,000	Median \$:		612,000	
Lowest \$:		250,000	Average \$:		567,310	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
24077 Dover Lane	94541	341,000	-	1208	1978	12-19-14
23131 Nevada Road	94541	420,000	3	1025	1951	12-19-14
1640 Ward Street	94541	350,000	2	1293	1993	12-23-14
20036 Western Boulevard	94541	480,000	3	1614	2005	12-23-14
28868 Bailey Ranch Road	94542	957,000	5	3133	2000	12-19-14
29660 Dixon Street	94544	475,000	3	1609	1950	12-22-14
26100 Eldridge Avenue	94544	400,000	3	1377	1954	12-19-14
30351 St. Annes Place	94544	330,000	3	1250	1955	12-23-14
31214 Tepic Place #32	94544	400,000	3	1435	1981	12-19-14
2372 Cabrillo Drive	94545	615,000	4	2268	1978	12-22-14
24171 Eden Avenue	94545	595,000	3	1999	2007	12-22-14
1504 Hayden Street	94545	732,000	-	-	-	12-18-14
1506 Hayden Street	94545	727,500	-	-	-	12-23-14
1510 Hayden Street	94545	740,000	-	-	-	12-23-14
1514 Hayden Street	94545	745,500	-	-	-	12-23-14
1516 Hayden Street	94545	769,000	-	-	-	12-23-14
1510 Middle Lane	94545	661,500	-	-	-	12-23-14
1522 Middle Lane	94545	635,000	-	-	-	12-24-14
1540 Middle Lane	94545	678,000	-	-	-	12-23-14
1280 Stanhope Lane #3389	94545	250,000	2	1007	1989	12-22-14
301 Toscana Way	94545	612,000	4	2101	2009	12-23-14

MILPITAS TOTAL SALES: 22						
Highest \$:		1,000,000	Median \$:		680,000	
Lowest \$:		330,000	Average \$:		662,114	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
297 Barker Street	95035	610,000	3	1095	1957	12-19-14
1509 Bleecker Street	95035	621,000	-	-	-	12-23-14

1526 Bleecker Street	95035	621,000	-	-	-	12-29-14
8 Chysis Road	95035	1,000,000	-	-	-	12-29-14
400 Dempsey Rd #101	95035	330,000	2	842	2007	12-22-14
53 Duttonwood Lane	95035	785,000	4	1989	1987	12-19-14
146 Falcato Drive	95035	820,000	3	1866	1978	12-23-14
389 Gemma Drive	95035	900,000	4	1964	1978	12-24-14
473 Glenmoor Circle	95035	703,000	3	1452	1986	12-22-14
1971 Landess Avenue	95035	421,000	2	1005	1973	12-19-14
2081 Lee Way	95035	655,500	-	-	-	12-19-14
310 Monmouth Drive	95035	496,000	3	995	1956	12-29-14
1069 North Abbott Avenue	95035	411,000	2	1174	1979	12-29-14
1129 North Abbott Avenue	95035	417,000	3	1143	1979	12-18-14
506 Odyssey Lane	95035	702,000	-	-	-	12-19-14
508 Odyssey Lane	95035	796,500	-	-	-	12-19-14
510 Odyssey Lane	95035	648,000	-	-	-	12-19-14
512 Odyssey Lane	95035	684,500	-	-	-	12-23-14
522 Odyssey Lane	95035	764,000	-	-	-	12-18-14
1145 Park Heights Drive	95035	680,000	4	1842	1962	12-18-14
1686 Rocky Mountain Av	95035	790,000	4	2149	1968	12-18-14

NEWARK TOTAL SALES: 05						
Highest \$:		515,000	Median \$:		425,000	
Lowest \$:		338,000	Average \$:		426,800	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
36653 Dugan Court	94560	515,000	3	1018	1957	12-19-14
6063 JoaquinMurieta #B	94560	425,000	-	1132	1981	12-22-14
6112 JoaquinMurieta #C	94560	436,000	2	1394	1981	12-23-14
6282 JoaquinMurieta #F	94560	338,000	2	905	1982	12-18-14
36766 Olive Street	94560	420,000	3	1012	1947	12-23-14

SAN LEANDRO TOTAL SALES: 26						
Highest \$:		650,000	Median \$:		384,000	
Lowest \$:		190,000	Average \$:		410,692	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
2346 Belvedere Avenue	94577	332,000	3	1740	1972	12-19-14
353 Breed Avenue	94577	497,500	2	2150	1921	12-22-14
627 Broadmoor Boulevard	94577	400,000	4	2053	1921	12-23-14
721 Donovan Drive	94577	384,000	3	1522	1942	12-19-14
14447 Doolittle Drive	94577	301,000	3	1060	1979	12-19-14
1381 East Juana Avenue	94577	650,000	3	2247	1950	12-18-14
499 Estudillo Avenue #3059	94577	320,000	2	1125	1981	12-19-14
1460 Gilmore Drive	94577	364,500	2	900	1942	12-19-14
831 Kenyon Avenue	94577	280,000	2	1524	1948	12-22-14
243 Lexington Avenue	94577	380,000	3	1389	1940	12-18-14
14401 Seagate Drive	94577	352,500	2	1202	1984	12-19-14
661 Victoria Court	94577	269,000	3	2072	1922	12-22-14
409 Warwick Avenue	94577	500,000	2	1104	1925	12-19-14
1624 151st Avenue	94578	190,000	2	772	1941	12-19-14
14692 Aurelia Way	94578	560,000	3	2376	1991	12-22-14
303 Caliente Drive	94578	270,000	2	1060	1980	12-18-14
267 Caliente Drive #1	94578	305,000	3	1245	1980	12-18-14
16280 Saratoga Street	94578	575,000	12	4298	1968	12-22-14
2155 Strang Avenue	94578	506,500	3	1470	1951	12-19-14
16660 Winding Blvd	94578	585,000	2	1056	1990	12-19-14
1518 Arena Street	94579	510,000	4	1337	1955	12-23-14
1459 Cedar Avenue	94579	395,000	3	1096	1952	12-22-14
14683 Corvallis Street	94579	400,000	3	1081	1951	12-23-14
15097 Fleming Street	94579	380,000	3	1020	1950	12-23-14
1448 Purdue Street	94579	436,000	3	1081	1951	12-19-14

SAN LORENZO TOTAL SALES: 04						
Highest \$:		520,000	Median \$:		440,000	
Lowest \$:		420,000	Average \$:		457,250	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
1579 Willow Avenue	94579	535,000	3	1426	1953	12-19-14
15814 Devonwood Way	94580	520,000	4	1854	1989	12-18-14
730 Grant Avenue	94580	449,000	3	1538	1944	12-23-14
1188 Via Los Trancos	94580	420,000	3	1383	1950	12-19-14
17011 Via Primero	94580	440,000	-	1000	1944	12-19-14

UNION CITY TOTAL SALES: 07						
Highest \$:		635,000	Median \$:		520,000	
Lowest \$:		370,000	Average \$:		507,000	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
324 Appian Way	94587	600,000	4	1900	1963	12-18-14
34264 Arizona Street #27	94587	535,000	3	1684	1982	12-18-14
1791 Baylor Street	94587	520,000	3	1120	1960	12-23-14
5038 Bridgepointe Place	94587	370,000	3	1154	1984	12-18-14
31138 Bulmer Street	94587	499,000	-	1748	1977	12-23-14
4613 Delores Drive	94587	635,000	4	1946	1973	12-23-14
4562 Reyes Drive	94587	390,000	3	1155	1970	12-19-14

Home Sales Report

Union City awards contract for Decoto Green Street Project

SUBMITTED BY LAUREN SUGAYAN

City staff takes another step forward in preparation for the Decoto Green Street Project this summer. On January 13, City Council awarded a contract to Star Construction to begin work on the first of three Green Street Projects. Streetscape improvement elements of this project address water quality concerns, while transforming the street into a more pedestrian-friendly, aesthetic environment. The project, taking place along C Street between 6th and 9th Streets, will include installation of landscaping, irrigation, street trees, rain gardens, pervious pavers and improved intersections. Union City chose the Decoto District due to its aging street infrastructure, poor flood control, and need for beautification.

Union City is one of four Northern California cities awarded a \$734,000 grant from the California Natural Resources Agency (CNRA) to fund this project. Proposition 84, a 2006 bond act funding water quality and supply initiatives throughout the state, allows CNRA to distribute grant funds through the Urban Greening for Sustainable Communities Program. Union City was successfully awarded this grant after showcasing that the Decoto Green Street Project will create a green space and natural system in an urban area. The City will match the grant with \$500,000 in City funds. Two additional Green Street Projects will be implemented over the next three years in the Decoto District.

California Trail Exhibit

SUBMITTED BY NICKY MORA

Oakland Zoo has secured final permits from the California Department of Fish and Wildlife, United States Fish and Wildlife Service, and the United States Army Corps of Engineers for its much-anticipated California Trail Exhibit. These permits, following final Oakland City Council approval of a conservation easement for the project, are the last steps to move the project forward.

“The project is a thoughtfully designed unique nature education project that will allow visitors to experience grizzly bears, bison, and grey wolves. It will also give guests the opportunity to learn about how



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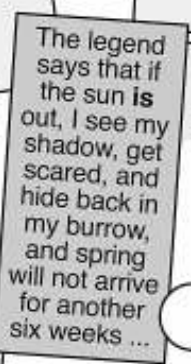
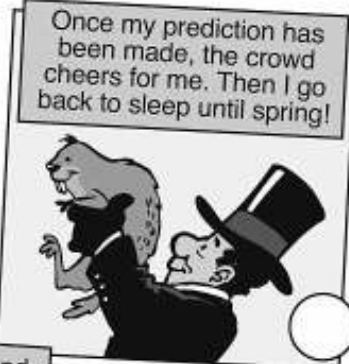
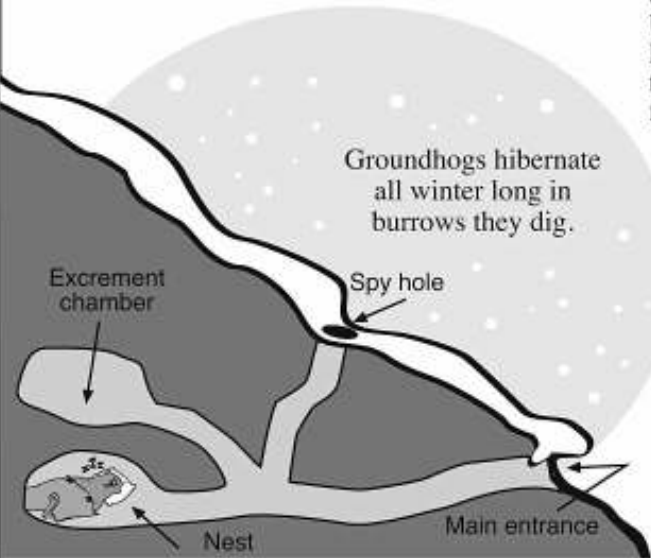


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WAKE UP, PUNXSUTAWNEY PHIL!



On February 2, weather forecasters all over the United States look to the town of Punxsutawney, Pennsylvania for a little advice. Legend says that the groundhog named Punxsutawney Phil can foretell the weather!



Uh oh! Phil's snoring shook this story out of order. Number the panels from 1 - 5 in the correct order.

Standards Link: History: Students understand the traditions, events and legends associated with special days.

Shadow Search

Find the shadow that matches Phil exactly.



Why do shadows change size?

Robert Louis Stevenson said a shadow is like a rubber ball because it grows and shrinks throughout a day. Try this experiment to find out why shadows change size.

Stuff you'll need:

-  cup
-  pencil
-  flashlight
-  paper



Hold the flashlight almost directly above the cup. Draw the shadow you see.



Hold the flashlight near the bottom of the cup. Draw the shadow you see.

Think About It: What time of day would Punxsutawney Phil have his long shadow?

- ☐ Early Morning ☐ Noon

Standards Link: Reading Comprehension: Follow multiple-step directions.

Extra! Extra!

Guess What!

Here is a guessing game to play with one or more friends. Each player cuts out shapes and pictures of objects from the newspaper and holds them up, one at a time, in front of a light source. Take turns guessing what kind of shape or object is casting the shadow.

Standards Link: Physical Science: Objects can be described in terms of their physical properties (shape).

Number Cruncher

Spell a message to Punxsutawney Phil by solving these math problems. Use the number code to see what letter belongs under each answer.

1,190	169	2,222	521
+ 530	+ 362	+ 1,211	+ 213



1,697
+ 234

2,763
+ 1,226



Number Code

531 = A 3,989 = P
734 = E 1,931 = U
3,433 = K 1,720 = W

Standards Link: Math/Number Sense: Find the sum of whole numbers to 10,000.

Double Double Word Search

GROUNDHOG
WEATHER
SHADOWS
BURROW
BROWN
LOUIS
CHAMBER
SPRING
SOURCE
FOOD
WEEKS
PHIL
FEBRUARY
SIX
WAKE

Find the words in the puzzle, then in this week's Kid Scoop stories and activities.

L	I	H	P	F	X	S	K	G	G
E	K	A	W	O	W	P	N	R	C
C	S	I	U	O	L	I	O	N	H
R	X	I	D	D	R	U	M	W	A
U	C	A	X	P	N	R	G	O	M
O	H	B	S	D	Y	X	U	R	B
S	R	E	H	T	A	E	W	B	E
Y	S	O	W	E	E	K	S	X	R
F	G	Y	R	A	U	R	B	E	F

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

SMART FUN AT HOME

One important thing to understand when you read is **cause and effect**.



For example, in the legend of Groundhog Day, when the groundhog sees his shadow, he goes back in his burrow. In this case, the **effect** is that the groundhog goes back in his burrow. That is what happens. What **causes** him to go back in his burrow? Getting frightened by his shadow.

Try It!

1. With a parent or learning buddy at home, select an article from today's newspaper. Read the headline. Discuss what you think caused the news reported in the headline.

2. The headline usually tells what happened. This is called an **effect**. Read aloud to your learning buddy the first paragraph of the article. Does this tell you the **cause**? Read the rest of the article aloud. After each paragraph, stop and discuss what you have learned about what caused the news reported in the headline.

Complete the following:

HEADLINE (effect):

CAUSE(s):

NAME:

NAME OF LEARNING BUDDY:

Standards Link: Reading Comprehension: Distinguish between cause and effect in text.

Kid Scoop VOCABULARY BUILDERS

This week's word: **BURROW**

The noun **burrow** means a hole or tunnel that animals dig for use as a home or shelter.

Climbing out of its **burrow**, the groundhog yawned.

Use the word **burrow** in a sentence today when talking with your friends and family.

FROM THE LESSON LIBRARY

Weather Adjectives

Look through the newspaper and choose five adjectives that describe weather. Then look through the newspaper for a picture or cartoon to illustrate each of these adjectives.

Standards Link: Grammar: Identify and use adjectives in writing.

Why is the letter 'A' like a spring flower?

ANSWER: A B (bee) comes after it!

Write On!

When is it spring?

How do you know when winter is over and spring has begun? Write a paragraph to explain.

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TTY 415-292-8898

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Tri-Cities faith traditions forge understanding

SUBMITTED BY TRI-CITIES
INTERFAITH COUNCIL

The Tri-Cities Interfaith Council is thrilled to announce that on Saturday, February 7, they will host the Tri-Cities second annual World Interfaith Harmony Celebration in Fremont. World Interfaith Harmony Week was proclaimed by the United Nations General Assembly in 2010, in a resolution that states: "mutual understanding and interreligious dialogue constitute important dimensions of a culture of peace" and so they "establish World Interfaith Harmony Week as a way to promote harmony between all people regardless of their faith."

The local lead organizer of the event, Moina Shaiq, is a member of the Alameda County Human Relations Commission and founder of the Muslim Support Network. She said she wanted this event to happen in Fremont "In the diverse community that



we are living in, it is extremely important to know our neighbors, to build bridges of understanding, respect and support among diverse people of faith through education, dialogue and socialization and to strengthen family and community in solidarity with others across lines of race, class and religion."

The afternoon event will feature different faith traditions, represented by their local communities. Participants from local communities of Atheist, Baha'i, Buddhist, Christian, Hindu, Jewish, Muslim, Sikh, Unitarian Universalist and more, will have booths showcasing their beliefs, traditions and sacred objects.

There will also be a one hour moderated discussion between leaders of the faith communities that is sure to be entertaining and enlightening.

"A core value of my faith is that we get stronger through our differences, which means hearing the stories of people from different cultures, ethnicities, and

backgrounds, is essential to our progress as humans. With events like these, the Tri-City Interfaith Council is trying to create opportunities where exactly this kind of sharing can take place. It is a lot harder to stereotype people once you meet them and hear who they are," said Rev. Jeremy D. Nickel, Unitarian Universalist minister at Mission Peak UU in Fremont.

Everyone is welcome - any or no faith at all!

**World Interfaith Harmony
Celebration
Saturday, Feb 7
1 p.m. - 4 p.m.**

**Fremont Veterans Memorial
Building
37154 - 2nd St, Niles District,
Fremont
moinashaiq@gmail.com
tcicouncil.org**



Maya Angelou's Phenomenal Woman & Bliss Dance program

SUBMITTED BY AMERICAN
ASSOCIATION OF
UNIVERSITY WOMEN
(AAUW)

"One Book, One Community Read" presents a tribute to Maya Angelou on Friday, February 6 in Fremont. Enjoy the inspiring poetry of Maya Angelou's "Phenomenal Woman" as it is transformed into performance dance by the remarkable Bliss Dance Company, directed by Cassie Begley.

Bliss Dance Company supports women's issues through the art of performance dance. A fusion of diverse disciplines of dance and cultural backgrounds enables us to touch our community with the passion that comes

from our life experiences.

One Book, One Community Read is a community action project led by AAUW-Fremont Branch in collaboration with Fremont Main Library, City of Fremont, and Fremont Unified School District. AAUW advances equity for women and girls through advocacy, education, philanthropy and research.

For more information visit:
<http://fremont-ca.aauw.net/>

**Maya Angelou Program
Friday, Feb 6
7 p.m. - 8 p.m.
Niles Elementary School
37141 2nd St, Fremont
<http://fremont-ca.aauw.net/>
Free**

Extra Christmas trees turn into animal treats

SUBMITTED BY NICKY MORA

Dozens of leftover Christmas trees have turned into special treats for Oakland Zoo animals. Right after the holiday season wrapped up, zoo staff received a call from a local tree lot hoping to donate a truckload of trees. Zookeepers were eager to accept the extras as they use the saplings in a variety of ways.

The small pine trees turn into sticky snacks for animals such as the giraffes, zebras, camels, and goats to enjoy. For baboons and otters, zookeepers place goodies among the tree branches for the animals to find. It's a game of smell and seek that many creatures seem to relish. "The Christmas trees provide our zoo animals

with a unique seasonal enrichment," said Colleen Kinzley, Director of Animal Care at Oakland Zoo. "Animals in the wild encounter different plants and flowers at different times of the year; the Christmas trees and other items allow us to replicate that seasonal variety. Some of the hoof stock animals enjoy browsing on the trees, while other animals may use them as toys or furniture."

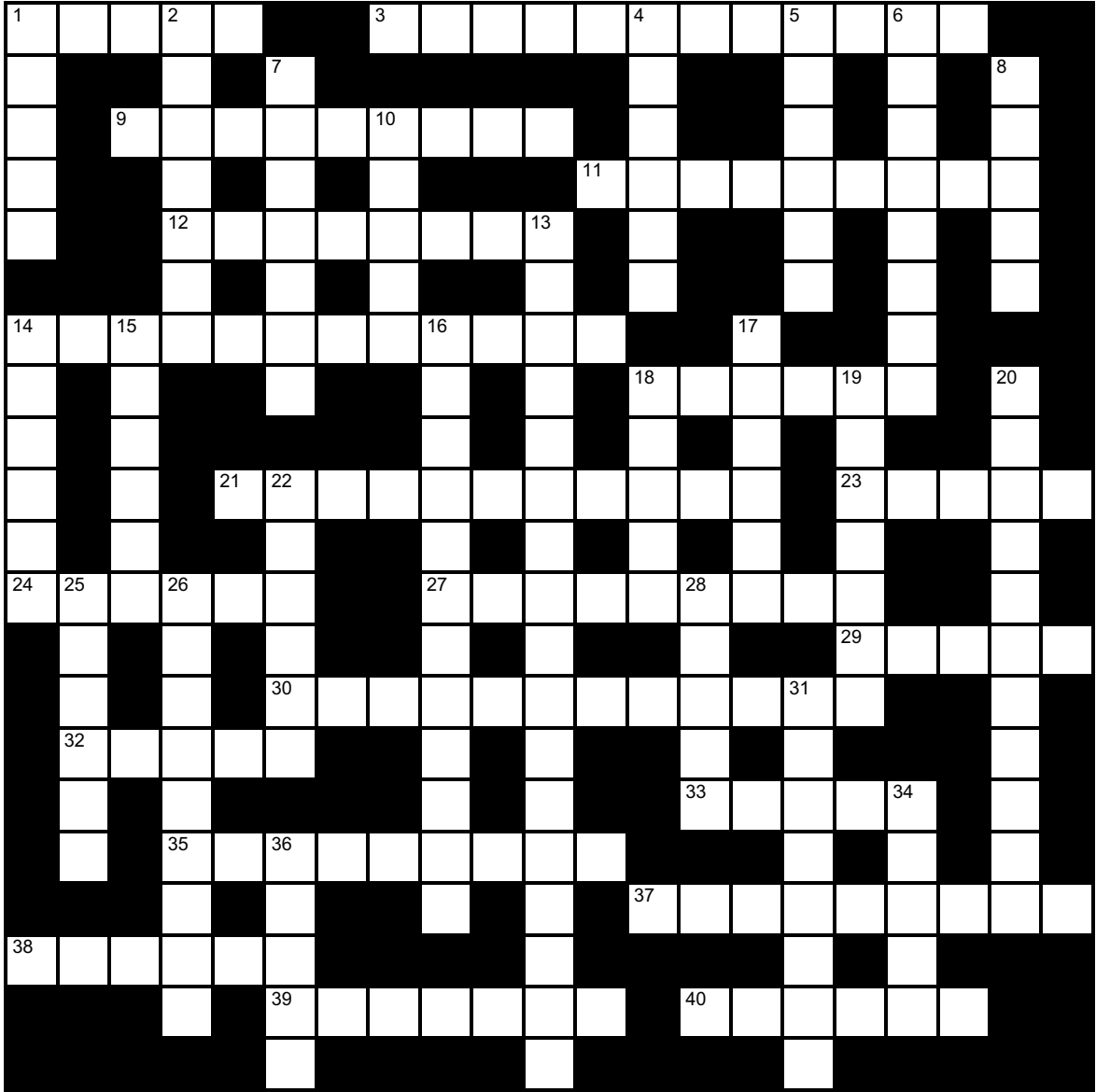
These trees are a form of enrichment zookeepers strive to give all animals at Oakland Zoo. Squirrel monkeys enjoy swinging and hanging around in the noble firs, and they treat the firs like new furniture in their exhibit. During this time of year, tree donations provide a seasonal delight for the animals to explore, experience, and smell in their exhibits. Guests may see the animals enjoying the seasonal tree treats daily from 10 a.m. - 4 p.m.

Oakland Zoo would like to thank Crystal River Christmas Trees in Alameda for donating their leftover trees to the Zoo animals. For more information, please visit www.oaklandzoo.org.



Mind Twisters

Crossword Puzzle B 298



- Across

1 Little water ____ (5)3 Principal of a school (female) (12)

9 Gulpd down something (9)

11 Very lucky, blessed (9)

12 With a distinct beat or pattern (8)

14 Main office (12)

18 Went bad (6)

21 With full certainly (11)

23 American worker (5)

24 Cottontail (6)

27 Main news in a paper or TV (9)

29 Before the due date (5)

30 Fuddy-duddy (3-9)

32 "Encore!" (5)

33 Corporate department (5)

35 Hot spot (9)
- Down

1 Takes out (5)

2 Given strength (7)

4 Salary and money received through all sources (6)

5 Becomes less (6)

6 Relationship becoming tough (8)

7 Childlike, mischievous (7)

8 Retains (5)

10 Additional (5)

13 Where Santa puts gifts (9,8)

14 Not able to feed oneself (6)
- 15 Part of speech such as slowly, gradually (6)

16 After careful insight (12)

17 Kids color with this (6)

18 Kind of wave (5)

19 Left open without protection, vulnerable (7)

20 Naughty, one bothering others (11)

22 Land (6)

25 Fling (6)

26 Cerel or toast (9)

28 "Reversal of Fortune" star (5)

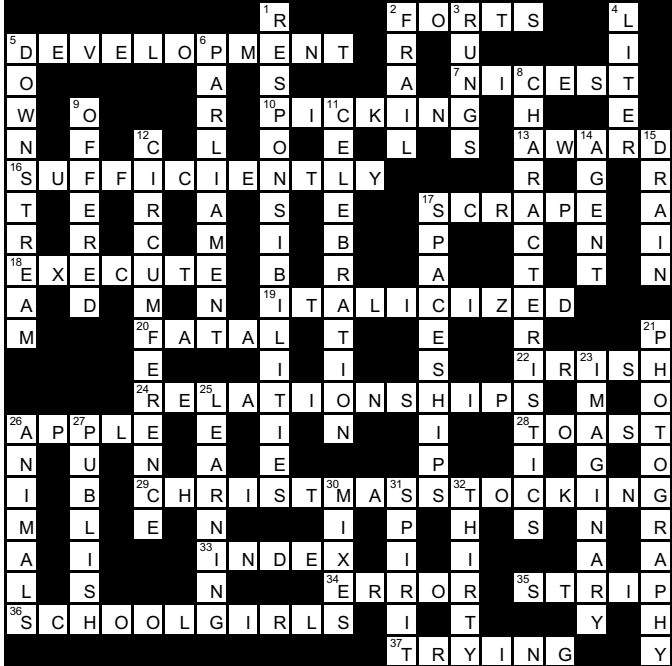
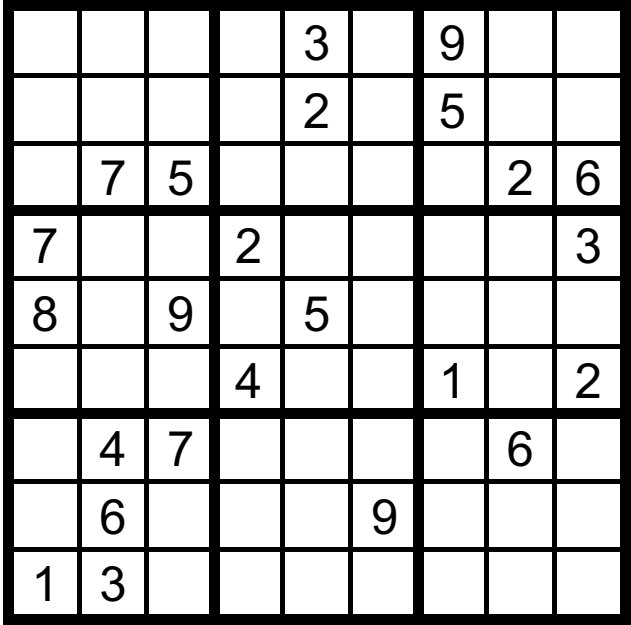
31 Blew up (8)

34 Axes (5)

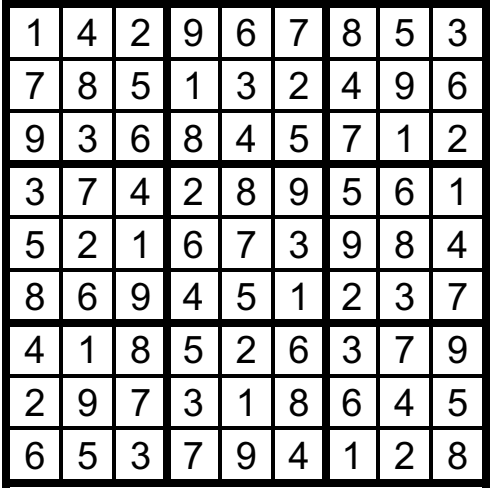
36 Skating areas (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 299



Tri-City Stargazer JANUARY 28 – FEBRUARY 3, 2014 BY VIVIAN CAROL

For All Signs: Mercury, known in history as the messenger god, is retrograde through the rest of this month and much of February. It is usually a good idea to delay contractual agreements or final commitments on important decisions during these periods because information may be scanty or lacking. The months of January to February will be better used in researching, testing the results of former plans, or in some way returning to complete an old project. It is also an excellent time to review past events and focus energy in self-reflection that will help you plan for the future.

Aries the Ram (March 21-April 20): You are likely to benefit through changes made by the powers-that-be. You cannot reach these people directly. “Powers” can be those who are miles above you in a corporation, legal changes in your favor, street repairs, or insurance benefits to name a few. This is a good week to seek healing of emotional wounds.

Taurus the Bull (April 21-May 20): A relationship became significantly more complicated in the first half of December. You wanted to be of assistance to another and it may have become far more involved than you imagined in the beginning. Now is a time to make corrections in that situation. You have the option to pour much more energy into it or let it go. This one is better let go.

Gemini the Twins (May 21-June 20): You may have many opinions this week, but don't believe everything you think. Your objectivity is limited right now so you may be missing an important perspective. Travel to somewhere you have been before could prove fun and may lift your spirits. Relationship(s) to friends and also to children are favorable.

Cancer the Crab (June 21-July 21): You have likely been dealing with a decision concerning joint property or family issues. You have spent a few weeks in this process. Although you want to come to a final solution, that may elude you right now. Be patient and know that the right answer will come soon. Set it aside to percolate before you take action.

Leo the Lion (July 22-August 22): You and your partner are so tight right now that one cannot identify you as individuals. This may feel good for the present, but it somehow creates a blind spot that neither of you can see. Take special care with decisions. If you can avoid them, do so. If you must, seek a voice of objectivity from a third party.

Virgo the Virgin (August 23-September 22): It is possible that you will discover or rediscover an important piece of information that you once knew but since forgot. This same feature flows over to include finding mislaid papers or documents. In case of health difficulties, look for a 2nd opinion before you take any type of drastic measures.

Libra the Scales (September 23-October 22): Now is the time to correct an error in judgment made in early December. It involves your job. You may have to re-evaluate and possibly write an explanation of the action taken at that time. Avoid a defensive attitude and be honest about your mistake and things may go better for you. The circumstances have already changed.

Scorpio the Scorpion (October 23-November 21): This is a good time to offer apologies where they are due. You can assist in mending bent relationships. Your words have the authenticity of power. Use them wisely. Remember that emotional healing is a two-way street. Both of you can be healed with an honest exchange. No name-calling, yelling, or blaming will work.

Sagittarius the Archer (November 22-December 21): Necessary expenses (those not of the "fun" type) may develop this week. If not that, you could be just having a little blue mood. It is one of those times when we become aware that our loved ones can never know or understand fully what is inside of us. This is an existential dilemma that every-

one encounters now and then. It will pass quickly.

Capricorn the Goat (December 22-January 19): Your charisma is powerful and you can be at your most persuasive now. Manipulation in order to get what you want is not really necessary. Step aside from such temptations. Activities requiring physical energy are accented and favored now. You have a need to get out and about to refresh your spirit.

Aquarius the Water Bearer (January 20-February 18): The Mercury retrograde spotlight is shining on you so brightly this week that the glare may hurt your eyes. Make an effort not to offer opinions. Inquire of others about their attitudes. If you make

flat statements you are likely incorrect or too adamant for comfort.

Pisces the Fish (February 19-March 20): Your attitude about yourself is not altogether accurate right now. You may think way too much of your ideas, or alternately, you may see yourself as lower than scum. Neither is accurate and you should probably not make decisions of any importance this week. Spiritual pursuits are given a go signal. So are alternative methods of healing. You may prefer solitude at this time.

Are you interested in a personal horoscope?
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Battle of the Bird Houses

SUBMITTED BY
CHRISTINE BENDER

Sun Gallery will host the first "Build a Better Bird House Battle" between Mt. Eden and Tennyson high schools. A silent auction January 30 and January 31, to bid on bird houses built by students will help sup-

port the arts in their schools.

The event is sponsored by retired Hayward High and Sunset High principal Larry Ratto and Mt. Eden Advanced 3d/Ceramics teacher and Visual and Performing Arts Department Chair Geoff Landreau.

"Build a Better Bird House Battle was Joe Mielke's idea," says

Landreau. Mielke taught previously at Mt. Eden and currently teaches Advanced 3D/Ceramics at Tennyson. "Joe said to me that we should create a competition and that would inspire students to put forth their best work. Joe's idea was that competition could drive quality. A bird house is an interesting piece of artwork because it combines both form and function; it can be both beautiful and functional as a home for a bird. Ceramic birdhouses are not damaged by the elements because



the glazes create a waterproof/impermeable surface."

Landreau says, "We both believe strongly in bringing student artwork into the community and providing a chance for exposure and opportunity for our students."

One hundred percent of the battle's proceeds will go to the students. "The school which has the highest net sales will win a prize: the losing school will have to treat the losing school to a bowl full of treats, not to mention one year of bragging rights," says Landreau.

Stop by Sun Gallery to see the clever creations of local students and place a bid to treat the birds in your neighborhood to a stylish new home while supporting the arts in schools.

**Build a Better
Bird House Battle
Friday, Jan 30 &
Saturday, Jan 31**

**Jan 30: 4:00 p.m. - 5:30 p.m.
Jan 31: 12:00 p.m. - 2:00 p.m.**

**Sun Gallery
1015 E St, Hayward
(510) 581-4050
www.sungallery.org**



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**Union City Lions Club
Crab Feed**

The Union City Lions Club will be hosting their annual Crab Feed the first weekend in February, 2015. This is one of the major fundraisers for the Club; the Lions hope to raise \$10,000 for local youth, elderly, and other community programs and services. Some of the programs that will benefit from the proceeds of the event are the Leos Clubs at James Logan and Moreau High Schools, the Union City Police Explorers Program, high school graduates in the form of college and continuing education scholarships, Tri City Scouting, vision and hearing impaired community members, the New Haven Schools Foundation, and the renowned James Logan Forensics Program.

Raffle prizes and a live auction will be part of the event!

Limit quantities of tickets are available for the Crab Feed and they are going fast! If interested in attending, contact Lion President Kevin Finnerty at (209) 652-0027, Lion Vice President Dave Garges (510) 471-9000, or any Union City Lions Club member. Tickets are also available on the Lions Web Page at www.uclions.com.

The Lions care about our young people and our community for many reasons: we live here, work here, and are dedicated to the motto of the Lions Club International: **WE SERVE.**

Union City Lions Club Crab Feed
Saturday, February 7th - 5 p.m.
Southern Alameda Co. Buddhist Church
32975 Alvarado-Niles Road
Union City
www.uclions.com
Tickets are \$45

Artisan Chocolate Demonstration

Newark Library offers sweet treat with Landru Chocolates

BY SARA GIUSTI
PHOTOS COURTESY OF
OSCAR BAILE

What do an engineer and chocolate maker have in common? Both describe Oscar Baile, Founder and President of Landru Chocolates, one of Newark's sweet locally owned gems. Baile will be sharing his chocolate expertise in a free demonstration at

Tucan, Passion Fruit, Mochazin, English Tea, LC Ordaz, and Bourbon Vanilla.

"It's like an art," explained Baile about chocolate making. "We are very happy about the products we develop, but not every time you produce something is going to be successful. It keeps it interesting and challenging," he said. "I thought I was happy as an engineer, but I am so happy now as a chocolate maker!"



Newark Library on January 31.

Baile got started in the chocolate business in an unusual way, namely as an engineer for over thirty years. More than half of his engineering career was spent working in Chile and Venezuela; it was in Venezuela that he began visiting a particular chocolate shop. The owner was an engineer himself, and the men struck up a friendship. When he left the engineering company, Baile grew more interested in chocolate making and began experimenting at home.

"My wife said to me, 'Well, you've been practicing chocolate making for a while now, when are you going to start a business?'" Baile said, jokingly. Soon enough, his second career was born. He began visiting his friend's chocolate shop in Venezuela to gain experience and knowledge about the business side of things and settled in California to open Landru Chocolates in 2004.

Landru Chocolates produces a wide variety of sweets such as truffles, toffees, caramels, bars, chocolate-covered fruits, nut brittles, fudges and more. The company is family orientated in more ways than just being family owned and run. The name Landru is a combi-

Landru Chocolates has won many awards, most recently First Place for Best Flavored Chocolate in 2013 at the San Francisco International Chocolate Salon. Baile credits patience as a major factor in his success. "I never know when to quit," Baile said. "When you own your own company, there is no other option but to succeed," he added.

Baile's love of chocolate doesn't stop at the shop or competitions. He spends his free time giving demonstrations and talks to various organizations or programs, recently at local libraries and Fremont School of the Deaf. His next demonstration at Newark Library will be a demo of tempering chocolate – the method of heating and cooling chocolate for use in coating or dipping – and a demonstration of making a basic truffle. Registrants will receive a free truffle, too.

But Baile's generosity doesn't stop there. The Newark Library League is selling Landru Chocolates until January 31 and at the demonstration as well, with 25 percent of sales going to the library league in support of library programs.

The "Artisan Chocolate Demonstration" is free, but registration is required. Call the li-



nation of Baile's wife and son's names, Delanie and Andrew, and the company's logo of two people dancing honors the family's last name – "baile" – which in Spanish means dance.

Baile's current favorite Landru creation is chocolate bars made from cocoa beans in the shop. And while they may be his favorite, he explained that making bars is time consuming and more difficult than one would think. However, the effort is worth it; the bars sell very well. Baile also enjoys the Marion A Collection, featuring six different truffles: LC

brary Information Desk at (510) 284-0677, register in person at the library, or e-mail btelford-ishida@aclibrary.org. To learn more about Landru Chocolates, visit www.landruchocolates.com.

Artisan Chocolate Demonstration
Saturday, Jan 31
2:00 p.m. - 3:30 p.m.
Newark Library
6300 Civic Terrace Ave, Newark
(510) 284-0677
www.landruchocolates.com
Free; Registration Required

Celebrate Valentine's with an Elegant Affaire!



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Donna Sisk, LOV Board Member
Grill Master Henry Shu, Grillaxin BBQ Service
Executive Chef Karl Peters, President, ACF San Francisco Chapter
Laurie Gratz, Community Activist

Hors d'oeuvres & Pre Dinner Complimentary Champagne & Beer Tasting

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This event benefits the Fremont, Newark & Union City Arts in Schools Program & the Community

Friday, February 6, 2015 - 6:00 p.m.
at the Doubletree by Hilton
39900 Balentine Dr., Newark, CA

Semi Formal/Black Tie Optional
\$85 per person – or \$600/table of 8 - Seating limited to 160 guests



For Event and Ticket Information Contact:
League of Volunteers at
(510) 793-5683 or online at www.lov.org

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2015 Tryouts are based on age groups on 2015/16 age matrix

U9 Girls & Boys (DOB: 8/01/06 – 07/31/07)

JAN 31, FEB 7 – 9AM-11AM – Shorty Garcia Park #2
BOYS FEB 3 – 5PM-7PM. GIRLS FEB 5 – 5PM-7PM Shorty Garcia #2

U10 Girls & Boys (DOB: 8/01/05 – 07/31/06)

JAN 31, FEB 7 – 11AM-1PM – Shorty Garcia Park #2
BOYS FEB 3 – 5PM-7PM. GIRLS FEB 5 – 5PM-7PM Shorty Garcia #2

U11 Girls & Boys (DOB: 8/01/04 – 07/31/05)

JAN 31, FEB 7 – 1PM-3PM – Shorty Garcia Park #2
BOYS FEB 3 – 5PM-7PM. GIRLS FEB 5 – 5PM-7PM Shorty Garcia #2

U12 Girls & Boys (DOB: 8/01/03 – 07/31/04)

FEB 21, FEB 28 – 9AM-11AM – Shorty Garcia Park #2
BOYS FEB 24 – 7PM-9PM. GIRLS FEB 26 – 7PM-9PM Shorty Garcia #2

U13 Girls & Boys (DOB: 8/01/02 – 07/31/03)

JAN 31, FEB 7 – 11AM-1PM – Shorty Garcia Park #2
BOYS FEB 24 – 7PM-9PM. GIRLS FEB 26 – 7PM-9PM Shorty Garcia #2

U14 Girls & Boys (DOB: 8/01/01 – 07/31/02)

JAN 31, FEB 7 – 1PM-3PM – Shorty Garcia Park #2
BOYS FEB 24 – 7PM-9PM. GIRLS FEB 26 – 7PM-9PM Shorty Garcia #2



Questions? Contact
Competitive Director
Jose Ibarra at
doc@ucpremier.org

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The classes are located at
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Restaurant Hours: Wed, Thurs & Friday 11am-7pm
510-790-0735 Kittysthaikitchen.com
3100-H Capitol Ave., Fremont

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



CONTINUING EVENTS

Monday, Dec 5 - Friday, Jan 30

Art: Believe/Achieve

8 a.m. - 5 p.m.
Artist reception: 5:30 p.m. - 7:30 p.m. 12/5/14

Art from the National League of American Pen Women

John O'Lague Galleria
777 B Street, Hayward
(510) 538-2787
www.haywardarts.org

Sunday, Jan 2 - Monday, Jan 31

Dine Hayward Restaurant Month \$

9 a.m. - 9 p.m.
Discount voucher booklets
Benefit for Hayward Library
Hayward Chamber of Commerce
22561 Main St., Hayward
(510) 537-2424
www.hayward.org

Tuesday, Jan 6 - Friday, Jan 30

Christmas Tree Drop-Off

8 a.m. - 5 p.m.
Fremont residents bring trees for composting
Republic Services
42600 Boyce Rd., Fremont
(510) 657-3500

Tuesdays, Jan 6 thru Feb 24

Toddler Time Winter Edition \$

11:00 a.m. - 11:30 a.m.
Meet farm animals
Ages 1 - 4
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Thursday, Jan 9 - Sunday, Jan 31

Collective Musings

12 noon - 5 p.m.
Contemporary and abstract works
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Saturdays and Sundays, Jan 10 thru Feb 28

Family Fun Hour

2 p.m. - 3 p.m.
Stories, games and activities
Ages 5+
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Mondays, Jan 12 thru Mar 2

Bereavement Support Group

9:30 a.m. - 11:30 a.m.
Honor lost loved ones
Fremont Senior Center
40086 Paseo Padre Parkway, Fremont
(510) 574-2063

Arts & Entertainment

Wednesday, Jan 14 - Saturday, Feb 28

Trails Challenge 2015

8 a.m.
Self-guided hiking program
Participants receive guidebook, tee shirt and pin
East Bay Regional Parks District
2950 Peralta Oaks Ct, Oakland
(888) 327-2757
www.RegionalParksFoundation.org

Thursday, Jan 15 - Saturday, Feb 6

Places We Have Never Been

10 a.m. - 4 p.m.
Artwork by James Pridham and Paint-bursh Diplomacy
Foothill Arts of the Bay
22394 Foothill Blvd., Hayward
(510) 538-2787
www.haywardarts.org

Thursday, Jan 15 - Friday, Feb 20

A.R.T. Inc. Members Exhibit

11 a.m. - 3 p.m.
Wide range of pieces and mediums
Adobe Art Center
20395 San Miguel Ave., Castro Valley
(510) 881-6735
www.haywardrec.org

Friday, Jan 16 - Saturday, Feb 14

Three Viewings \$

Thurs - Sat: 8:00 p.m. Sun: 12:15 p.m.
Tales of life, love and loss at a funeral home
Broadway West Theatre Company
400-B Bay St., Fremont
(510) 683-9218
www.broadwaywest.org

Tuesdays, Jan 20 thru Mar 10

Booklegger Orientation and Training

9:15 a.m. - 11:45 a.m.
Volunteer to read stories aloud to school children
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org



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Fri. 1/30 Andy Just w/Garth Weber

Sat. 1/31 Bay Area Blues Legend
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FREMONT:

Centerville

Saturdays

9 a.m. - 1 p.m.

Year-round
Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Kaiser Permanente Fremont Farmers’ Market

Thursdays

10 a.m. – 2 p.m.

Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market

Sundays

9 a.m. – 2 p.m.

Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer’s Market

Saturdays

9 a.m. - 1 p.m.

August through December
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers’ Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays

9 a.m. - 3 p.m.

Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente San Leandro

Wednesday

10 a.m. - 2 p.m.

June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers’ Market at ICC

Sundays

8 a.m. – 1 p.m.

Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers’ Market

Sundays

9 a.m. - 1 p.m.

Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays

10 a.m. – 2 p.m.

Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market

Saturdays

9 a.m. – 1 p.m.

Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

Tuesday, Jan 20 - Saturday, Jan 31

Transparent Watercolor Display

5 a.m. - 9 p.m.

Paintings by Mohan Khare
Mission Coffee
151 Washington Blvd., Fremont
(510) 474-1004
www.fremontcoffee.com

Tuesday, Jan 20-Friday, Feb 27

Interviews for Tri-City Senior Peer Counseling Training

9 a.m. - 4 p.m.

Must be 50 years or older
Requires 9 week training course
City of Fremont, Aging and Family Services
3300 Capitol Ave., Fremont
(510) 574-2064
lcox@fremont.gov

Wednesday, Jan 21 - Sunday, Feb 1

Oil Paint Exhibit

11 a.m. - 5 p.m.

Showcase artist Mitchell Neto
Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905
www.FremontArtAssociaion.org

Wednesday, Jan 21 - Sunday, Mar 1

Celebrating Black Life History Culture \$

9 a.m. - 4 p.m.

Social consciousness exhibit
Hayward Area Historical Museum
22380 Foothill Blvd., Hayward
(501) 581-0223
www.haywardareahistory.org

Wednesday, Jan 21 - Sunday, Feb 28

Black History Month Display

11 a.m. - 6 p.m.

Culture Corner lower level next to Sears
NewPark Mall
2086 Newpark Mall, Newark
(510) 793-5683
www.newparkmall.com

Mondays & Wednesdays, Jan 28 thru Mar 18

Sunol Wilderness Docent Training \$R

9:30 a.m. - 1:30 p.m.

Assist naturalists with school programs
Ages 18+
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3242
www.ebparks.org

Tuesday, Jan 27 - Saturday, Mar 27

Prom Dress Swap Donations

Mon - Wed: 11 a.m. - 8 p.m.
Thurs - Sat: 10 a.m. - 5 p.m.

Donate formal dresses, shoes and accessories
Hayward Weekes Branch Library
27300 Patrick Ave., Hayward
(510) 293-5065
rob.spitel@hayward-ca.gov

Tuesday, Jan 27 - Saturday, Mar 27

Prom Dress Swap Donations

Mon - Wed: 11 a.m. - 8 p.m.
Thurs - Sat: 10 a.m. - 5 p.m.

Donate formal dresses, shoes and accessories
Hayward Main Library
835 C St., Hayward
(510) 881-7946
annie.snell@hayward-ca.gov

Monday, Jan 27-Friday, Mar 27

82 Years of Art: Visions, Landscapes and Characters along the Way

8 a.m. - 5 p.m.

Works by Doyle Wegner and Gerald Thompson
Artist reception Friday, Feb 6
5:30 p.m. – 7:30 p.m.
Hayward City Hall
777 B St., Hayward
(510) 208-0410
www.hayward.org

Monday, Wednesday & Saturday, Jan 28 thru Apr 15

Alameda County Low-Moderate Income Tax Assistance

Mon & Wed: 5:30 p.m. - 8:30 p.m.

Sat: 9:00 a.m. - 4:00 p.m.
Tax preparation help for low income households
Eden Area Multi-Service Center
24100 Amador St, Hayward
(510) 670-5700
www.alamedasocialservices.org

Monday, Feb 2-Friday, Feb 13 Fremont Softball League Registration \$R

9 a.m.

Co-Ed and men’s leagues
Central Park Softball Complex
1110 Stevenson Blvd., Fremont
(510) 790-5520
msa@fremont.gov www.fremont.gov

Open House Saturday, February 14

2:00 - 3:00 pm email madhu@mbkhindi.org
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Featuring the oil paintings of Mitchell Neto.

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www.fremontartassociation.org

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**4300 Hansen Ave.
Fremont**

510-797-3695

www.fremontchurchofchrist.org

Whoever Drinks Of The Water
That I Will Give Him
Shall Never Thirst; But The Water
That I Will Give Him
Will Become In Him
A Well Of Water Springing Up
To Eternal Life
John 4:14

**AA Meetings Every Tues
and Thurs Evenings
7:30-9:30pm
In Spanish
In the Fellowship Hall**

Services

**Sunday: 10:45am
and 6pm
Wednesday: 7:30pm**

Monday, Feb 2 thru Friday, Apr 15
Free Quality Tax Assistance
Mon & Wed: 4 p.m. - 8 p.m.
Fri: 10 a.m. - 1 p.m.
Tax help for low income households
Fremont Family Resource Center
39155 Liberty St., Fremont
(510) 574-2020

THIS WEEK

Tuesday, Jan 27
Read to a Dog
6:30 p.m. - 7:30 p.m.
Children practice reading to dogs
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Tuesday, Jan 27
Developing a Trail between Niles and Sunol
6:30 p.m. - 8:00 p.m.
Community workshop to discuss trail alternatives
Fremont Veterans Hall
37154 Second St., Fremont
(510) 670-5400
www.acgov.org

Tuesday, Jan 27
State of the County Address
5:30 p.m.
Supervisor Dave Cortese
San Jose Montgomery Theater
271 South Market St, San Jose
(408) 299-5030
www.supervisorcortese.org

Wednesday, Jan 28
San Leandro Housing, Facilities and Social Services Meeting
6:30 p.m. - 8:00 p.m.
Community meeting discusses cities 5 year plan
San Leandro Senior Center
13909 East 14th Street,
San Leandro
(510) 577-6005
http://www.sanleandro.org/depts/cd/housing/plans.asp

Wednesday, Jan 28 - Thursday, Jan 29
Queering Fields and Courts: LGBTQ Issues in Sport
Wed: 10 a.m. - 8 p.m.
Thurs: 10 a.m. - 4 p.m.
Workshops address equal opportunity for LGBT student athletes

Cal State East Bay University
25800 Carlos Bee Blvd.,
Hayward
(510) 885-3050
rita.liberti@csueastbay.edu

Thursday, Jan 29
Long-Term Care for Vets Seminar
5:30 p.m.
Explanation of benefits and how to file
Carlton Plaza of Fremont
3800 Walnut Ave., Fremont
(510) 505-0555
http://www.carltonseniorliving.com/location/fremont-carlton-plaza/

Thursday, Jan 29
SF Giants World Series Trophies Viewing \$
4 p.m. - 6 p.m.
Public viewing event to support local youth
Hayward City Hall
777 B St., Hayward
(510) 208-0410
www.hayward.org

Thursday, Jan 29
Bay Area Express Lanes Project
5 p.m. - 7 p.m.
Discuss I-880, SR-92 and SR-84 HOV lane conversions
Hayward City Hall
777 B St., Hayward
(510) 208-0410
www.BayAreaExpressLanes.org

If it was just a list, our customers wouldn't need us... and we wouldn't need you.

Back in 1955, we learned quickly that people were walking through our doors with something much more important than a list. They were coming to us in need of help...help with a problem, help with a dream project, or just help to get through their "honey-do" list quick enough to still catch the end of the game.

At Dale Hardware, we pride ourselves in offering products folks need to make life easier, but it's our employees helping customers figure out exactly what they need, that really make us shine. Our expert staff treats each customer's to-do list like their own, and we wouldn't have it any other way...and neither would they.

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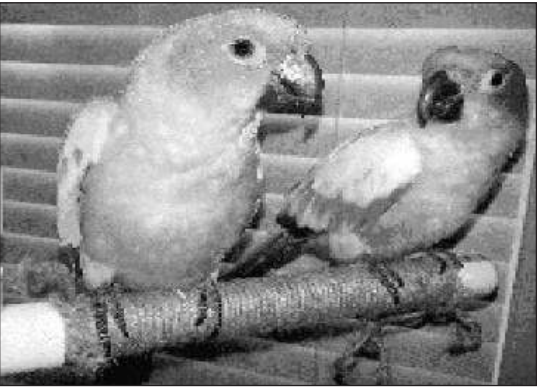
murad@missionvalleycollege.com
henry@missionvalleycollege.com

39825 Paseo Padre Pkwy. Ste A, Fremont

Bunny & Bird Adoptions

SUBMITTED BY CHRIS GIN

Join us on Saturday, February 7, for the Hayward Animal Shelter's Bunny and Bird Adoption event. Meet and adopt the bunny of your dreams! Find a friend for your spayed or neutered bunny. There will be bunny bonding, behavior advice, Spay/Neuter information and nail trims. Informational bunny care brochures and handouts will be



available. Multiple bunny rescue organizations from all over the Bay area, and beyond, will have sweet, adoptable bunnies available. Meet beautiful birds and get bird care and bird behavior information from the experts. Sign up for



bird care classes. Mickaboo Bird Rescue will have beautiful, exotic birds on display. These events are held the first Saturday of every month at the Hayward Animal Shelter. Please join us!

Bunny and Bird Adoptions
Saturday, Feb 7
1 p.m. – 4 p.m.
Hayward Animal Shelter
16 Barnes Court, Hayward
(510) 293-7200
Facebook: www.facebook.com/haywardanimal-shelter

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BOOKMOBILE SCHEDULE

Alameda County Renew books by phone (510) 790-8096 For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org. Times & Stops subject to change	Monday, Feb 2 9:30 – 10:05 Daycare Center Visit – UNION CITY 10:25 – 10:55 Daycare Center Visit – UNION CITY 1:45 – 2:45 Delaine Eastin School, 34901 Eastin Dr., UNION CITY 4:15 – 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY 5:15 – 6:45 Forest Park School, 34400 Maybird Circle, FREMONT Tuesday, Feb 3 9:15 – 11:00 Daycare Center Visit – FREMONT 2:30 – 3:25 Cabrillo School, 36700 San Pedro Dr., FREMONT 4:45 – 5:30 Baywood Apts., 4275 Bay St., FREMONT 5:50 – 6:30 Jerome Ave. and Ohlones St., FREMONT
Tuesday, Jan 27 9:30– 10:15 Daycare Center Visit – FREMONT 10:45 – 11:15 Daycare Center Visit – FREMONT 2:15 – 2:45 Daycare Center Visit - NEWARK 4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT 5:50 – 6:40 Booster Park, Gable Dr. McDuff Ave., FREMONT	Wednesday, Feb 4 1:00 – 2:00 Del Rey School, 1510 Via Sony, SAN LORENZO 2:30 – 3:00 Eden House Apts., 1601 165th Ave., SAN LEANDRO 3:30 – 4:00 Baywood Ct., 21966 Dolores St., CASTRO VALLEY 6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT
Wednesday, Jan 28 12:45 – 2:15 Glenmoor School, 4620 Mattos Drive, FREMONT 2:45 – 3:45 Mission Hills Middle School, 250 Tamarack Dr., UNION CITY 4:00 – 4:30 Purple Lotus Buddhist School, 33615 – 9th St., UNION CITY 6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT	Milpitas Bookmobile stops Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060
Thursday, Jan 29 10:00 – 10:30 Daycare Center Visit – SAN LORENZO 10:45 – 11:45 Daycare Center Visit – CASTRO VALLEY 1:20 – 1:50 Daycare Center Visit, HAYWARD 2:15 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD	Wednesday, Feb 4 3:15 – 4:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

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Thursday, Jan 29

Bingo \$
12:30 p.m. - 3:00 p.m.
Games, refreshments and door prizes
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Saturday, Jan 30

Communication and Emotional Health
2:30 p.m. - 4:30 p.m.
Discuss how to overcome anxiety
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Friday, Jan 30

Career and Community Resource Fair – R
8:30 a.m. - 12:30 p.m.
Meet local employers and attend job workshops
RSVP for counseling appointments; walk-ins welcome
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 795-2244
http://www.fremontbusiness.com/

Friday, Jan 30-Saturday, Jan 31

Build a Better Birdhouse Battle
Fri: 4:00 p.m. - 5:30 p.m.
Sat: 12 noon – 2:00 p.m.
Mt. Eden HS vs. Tenmyson HS art competition
Sun Gallery
1015 E St., Hayward
(510) 581-4050
www.sungallery.org

Saturday, Jan 31

Do Monarchs Matter? \$
10:30 a.m. & 2:00 p.m.
Questions and answers about butterflies
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Jan 31

Monarchs for Kids \$
11 a.m. - 12 noon
Puppet show teaches butterfly life cycle
Ages 3 – 6
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Jan 31

Covered California Enrollment Session
10 a.m. - 1 p.m.
Personal assistance with certified enrollers
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Saturday, Jan 31

Coffee House Music
7:00 p.m. - 8:30 p.m.
Featuring David Hughes and The Tribute Band
New Hope Community Church
2190 Peralta Blvd., Fremont
(510) 739-0430
www.newhopefremont.org

Saturday, Jan 31

Hayward Chamber of Commerce Awards Gala \$R
6 p.m.
Dinner and special recognition awards
Black tie optional
Cal State East Bay University
25800 Carlos Bee Blvd., Hayward
(510) 537-2424
www.haywardrec.org

Saturday, Jan 31

Charlotte Diamond Family Concert \$
2 p.m.
World renowned children’s recording artist performs
Harbor Light Church
4760 Thornton Ave., Fremont
(510) 733-1189
sharon.filippi@sbcglobal.net

Saturday, Jan 31

Canine Capers Dog Walk – R
9 a.m. - 11 a.m.
Enjoy nature with your four-legged friend
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(877) 327-2757

Saturday, Jan 31

Seed Saving and Seed Swap Workshop
2 p.m. - 3 p.m.
Learn to retrieve, sort and store seeds
Bring seeds and pods to trade
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Jan 31

Bay Area League Day: Addressing Climate Change \$R
9:30 a.m. - 2:30 p.m.
Speakers and panel discussions regarding sea level rise
MetroCenter Auditorium
101 Eighth St., Oakland
(510) 839-1608
www.lwvbayarea.org

Saturday, Jan 31

Comedy Short Subject Night \$
7:30 p.m.
Work, The Goat, Bumping into Broadway and Wrong Again
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Jan 31

Find the Elusive Gray Fox
2:00 p.m. - 3:30 p.m.
Search for clues to find wildlife
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222

Saturday, Jan 31

Jr. Refuge Manager Program – R
1 p.m. - 3 p.m.
Guided activities for various ages
Earn a Refuge Manager Badge
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222
http://go.usa.gov/khTh
http://donedwardsjr.manager.eventbrite.com

Saturday, Jan 31

New Year Polar Bear Plunge \$R
9 a.m.
Participants receive a swim cap, certificate and warm refreshments
Castro Valley Swim Center
1800 Mabel Ave, Castro Valley
(510) 881-6703
www.haywardrec.org

Saturday, Jan 31

Artisan Chocolate Demonstration – R
2:00 p.m. - 3:30 p.m.
Master chocolatier creates truffles
Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 284-0677
btelford-ishida@aclibrary.org
www.aclibrary.org

Saturday, Jan 31

Singles Golf Outing \$
1 p.m.
Golf, no-host drinks and appetizers
Fremont Park Golf Center
39751 Stevenson Pl., Fremont
(415) 507-9962
www.thepartyhotline.com

Saturday, Jan 31

Fremont Atheist Forum
10 a.m. - 12 noon
Thought provoking talks
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Jan 31

Sparks Will Fly Supper Club \$R
6 p.m. - 10 p.m.
Romantic candlelit dinner in the science lab
Chabot Space & Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
www.chabotspace.org

Saturday, Jan 31

Outdoor Discoveries: See a Bee \$R
10:00 a.m. - 11:30 a.m.
A-B-C’s of native bees; make a bee box
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Saturday, Jan 31 – Sunday, Feb 1

Jr. Olympic Gymnastics Competition \$
8 a.m. – 8 p.m. (9:30 p.m. on Sat)
High level competitive gymnastics
Bay Aerials Gymnastics
4883 Davenport Pl., Fremont
(510) 651-5870
www.bayaerials.com

Sunday, Feb 1

Covered California Enrollment Session
1 p.m. - 4 p.m.
Personal assistance from certified enrollers
Union City Branch Library
34007 Alvarado Niles Rd., Union City
(510) 745-1464
www.aclibrary.org

Sunday, Feb 1

India Republic Day Celebration
9:00 a.m. - 3:00 p.m.
Cultural performances, dancing, children’s activities
Fremont Central Park Community Center
40204 Paseo Padre Pkwy., Fremont
(510) 378-0698
bhutoria.ajay@gmail.com

Sunday, Feb 1

Healthy Heart Nature Hike
9:30 a.m. - 12:00 p.m.
Moderately strenuous 5 mile hike
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Sunday, Feb 1

Family Fun Hour
2 p.m. - 3 p.m.
Stories, games and activities
Ages 5+
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Sunday, Feb 1

The Art of Animal Tracking
10:30 a.m. - 12:30 p.m.
Search the trails for tracks, feather and scat
Ages 7+
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sunday, Feb 1

Groundhog Day Hike \$
10:30 a.m. - 12 noon
Discover agriculture communities on the farm
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Feb 1

Fungi Fun \$
12:30 p.m. - 1:30 p.m.
View edible and wild mushrooms
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Feb 1

Wood Gathering and Bonfire \$
1:30 p.m. - 3:00 p.m.
Search for downed wood and build a small fire
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Monday, Feb 2

Black History Month Celebration – R
6:00 p.m. - 8:30 p.m.
Live performance honoring Nelson Mandela
Santa Clara County Government Center
70 West Hedding St, San Jose
(408) 299-5105
www.sccgov.org
http://www.eventbrite.com/e/mandela-a-mediator-for-change-peace-reconcilliation-tickets-15293562457

Tuesday, Feb 3

Travel Opportunities for Seniors
11:15 a.m.
Discuss trips to Italy, Switzerland, Grand Canyon and New Orleans
Hayward Area Senior Center
22325 North Third St., Hayward
(510) 881-6766
hardsenior@haywardrec.org
www.haywardrec.org/seniors

Tuesday, Feb 3

Free Notary Services for Seniors
10:00 a.m. - 11:45 a.m.
Call to schedule an appointment
Ages 50+
Hayward Area Senior Center
22325 North Third St., Hayward
(510) 881-6766

Tuesday, Feb 3

AMC 10A/12A Math Contest \$R
7:15 p.m. - 8:45 p.m.
Contest identifies and develops exceptional math talent
Student may only take the test once
Gomes Elementary School
555 Lemos Lane, Fremont
(510) 656-3413
http://www.fuss4schools.org/amc1012-20150203/

Friday, Feb 6

An Elegant Affaire \$R
6 p.m.
Dinner, drinks and silent auction
LOV benefit for art in schools
Doubletree Hotel
39900 Balentine Dr., Newark
(510) 793-5683
www.lov.org

Saturday, Feb 7

An Evening of Sparkles \$R
5 p.m.
Fashion show, dinner, dancing and live auction
Benefit for Life Elder Care of Fremont and End Polio Now
Castlewood Country Club
707 Country Club Circle, Pleasanton
(510) 610-4626
www.eveningofsparkles.org

Friday, Feb 27

Fremont Education Foundation Gala \$R
5:30 p.m. - 9:00 p.m.
Dinner, entertainment, raffle and silent auction
FUSD benefit
Fremont Marriott
46100 Landing Pkwy., Fremont
(510) 413-3700
www.fremont-education.org

Hayward Library holds Prom Dress Swap

SUBMITTED BY ANNIE SNELL

Make some extra space in your closet this spring by donating your no-longer-needed formal/bridesmaid/party dresses, shoes, and accessories – and help a local teen attend her prom!

Bring your gently used dresses and accessories to the Weekes Branch, or Main Library between Saturday, January 24 and Friday, March 27. Dresses should be current, recently cleaned and in excellent condition – all sizes and styles are welcome.

For more information, or to donate, please contact:
Hayward Main Library: Contact Annie at (510) 881-7946 or email annie.snell@hayward-ca.gov
Weekes Branch: Contact Rob at (510) 293-5065 or email rob.spitzel@hayward-ca.gov

Hayward Library’s Prom Dress Swap
Now through Friday, Mar 27
Hayward Main
835 C St, Hayward
(510) 881-7946
annie.snell@hayward-ca.gov

Weekes Branch
27300 Patrick Ave, Hayward
(510) 293-5065
rob.spitzel@hayward-ca.gov

www.library.hayward-ca.gov



Experience Dyslexia

SUBMITTED BY BETH MATSSON-BOZE

Stellar Academy for Dyslexics will host a popular hands-on experience. “Experience Dyslexia Learning Disabilities Simulation,” on Saturday, February 7, will be facilitated by Nancy Redding, past president of the Northern California Branch of the International Dyslexia Association (NCBIDA). Cost of the workshop is \$10, if reserved in advance.

This popular learning disabilities simulation is a hands-on experience that lets you experience some of the challenges and frustrations faced by people with this language-based learning disability. Lively and thought-provoking, this activity is for teachers, parents, or anyone interested in better understanding the lives of individuals with dyslexia. Guided by station leaders, participants will rotate among six learning stations that simulate language-related tasks that may be encountered in the classroom and workplace.

This event is co-sponsored by Stellar Academy for Dyslexics and the Northern California Branch of the International Dyslexia Association (NCBIDA).

Experience Dyslexia
Saturday, Feb 7
10 a.m. – 12 noon
Stellar Academy for Dyslexics
38325 Cedar Blvd, Newark
(In the Neighborhood Church Building)
Register: (510) 797-2227
www.stellaracademy.net
\$10/person before Feb. 7 / \$15 at door
Limited to 60 participants

Save the date for ‘Seuss-A-Gala’

SUBMITTED BY FREMONT EDUCATION FOUNDATION

The Fremont Education Foundation’s (FEF) annual “Excellence in Education” Gala will bring a favorite childhood author, Dr. Seuss, and his educational and whimsical spirit to raise funds for our innovative teacher grants. In its thirteenth year, this annual fundraiser is sure to bring Seussical entertainment and great fun!

The Gala is the only fundraising event in Fremont that promotes and celebrates excellence in education at the K-12 level within our public schools. Funds raised for the Foundation’s grants will allow us to continue to sponsor and expand our support of exceptional projects in our classrooms. The goal is to improve educational

achievement and broaden the experiences of our students including leadership development, technology, science, fitness, character education, and arts appreciation. For more than 20 years, FEF has awarded over 200 grants to teachers, a direct benefit for tens of thousands of students.

Kathy Kimberlin, FEF board member and chair of the Innovative Education Grants Program and Chair of the 2014 EIE Gala states, “The Gala is a wonderful night out to support a great cause – investing in Fremont Unified students, our future employees, employers and leaders of Fremont. Business, school and community members come together to honor dedicated folks in our educational community. I look forward to this collaborative celebration!”

Students from various Fremont Unified School District schools will entertain the

audience throughout the night and celebration of two honorees – one from within the Fremont Unified School District and one from the greater community – for their outstanding contributions to education within Fremont. This year, we are proud to celebrate FUSD Honoree Paul Barry, teacher at Robertson High School and Community Honoree-Lara Calvert-York, former trustee of the Fremont Unified School District Board of Education.

Attendees can win raffle prizes, including wine baskets, tickets to local museums, and much more, and bid on a wide array of silent auction items. The Gala will include a fun twist to the classic “heads or tails” game; one lucky winner will win a very special prize.

Tickets are \$80 each, of which \$38 is tax-deductible. Teachers have a discounted price

of \$55. Table sponsorships are available for \$800 for a table of ten people. The evening will include a sit down dinner and entertainment. Attire is gala appropriate, but dressing with Seuss spirit is encouraged.

To register for this night of excellence in education and whimsical fun, visit www.fremont-education.org.

Excellence in Education Gala
Friday, Feb 27
5:30 p.m. – 9:00 p.m.
Fremont Marriott
46100 Landing Pkwy, Fremont
(510) 659-2561
www.fremont-education.org
Tickets: \$80, \$55 for teachers

WATER CONSERVATION POSTER CONTEST

SUBMITTED BY CAITLIN FITZWATER

The California Arts Council invites California’s 4th and 5th grade students to participate in the Conservation Creativity Challenge Poster Contest. This contest supports State Drought Task Force efforts and Governor Brown’s goal of awakening all Californians - including young people - to the ongoing need for water conservation in our state. The contest aims to educate students about the serious matter of California’s drought, and to help raise awareness of everyday water conservation practices through the arts and creativity. This is the first time the California Arts Council and Department of Water Resources have partnered on an initiative.

“The arts offer a unique way to illuminate reality,” said Craig Watson, Director of the California Arts Council. “Utilizing the arts and creativity through this classroom poster contest will deepen student engagement and understanding about water conservation in California. We hope the Conservation Creativity Challenge contest will help students engage with these important conservation values in new and fun ways.”

Students are invited to invent fun and unique ways to reduce water use, and illustrate their best idea with an original poster design. All California students in 4th and 5th grade are eligible to participate and win prizes, including gift cards, and the opportunity for their artwork to be displayed in the State Capitol.

Complete contest details and teacher curriculum and lesson planning resources are available at www.arts.ca.gov/conservation. Student entries must be submitted by March 31.

Fremont Symphony announces Guest Conductor Series

SUBMITTED BY CARYL DOCKTER

Fremont Symphony Orchestra has announced plans to engage a sequence of guest conductors to lead its programs through the end of the 2015-16 Season and possibly beyond. “The Symphony will showcase a wide array of local Bay Area talent, both seasoned and emerging, at our podium,” said Board President Mark Green.

This announcement came eight months after Fremont Symphony Music Director Gregory Van Sudmeier moved across the country to an artist enclave at Serenbe, Georgia, near Atlanta. Sudmeier led the Fremont Symphony for two seasons, culminating in a successful 50th anniversary celebration. His programs, featuring a broad range of musical genres and a dazzling array of guest artists, were warmly received by Fremont audiences, who rewarded Sudmeier and the orchestra with multiple standing ovations. Even after moving to Georgia, Sudmeier agreed to continue conducting, to provide continuity and help plan the organization’s future artistic direction.

“We owe Gregory Van Sudmeier an enormous debt of gratitude for his vision and leadership during the Symphony’s landmark anniversary season,” said Executive Director Eman Isadiar. “Fremont Symphony has had to reinvent itself and redefine its place in the community many times over the last fifty years. Greg has played a key role in the symphony’s latest transformation.”

Prominent Bay Area conductor Jason Klein will kick off the sequence of guest conductors this Valentine’s Day at Fremont’s Prince of Peace Lutheran Church with a program of purely romantic symphonic works by Mendelssohn, Bizet and Rachmaninoff along with Tchaikovsky’s “Romeo and Juliet” and selections from Rimsky-Korsakov’s “Scheherazade,” Puccini’s “Madama Butterfly” and Webber’s “Phantom of the Opera.”

For tickets and information visit www.fremontsymphony.org or call (510) 371-4859.

India Republic Day at Ohlone College

SUBMITTED BY TERESA COX, OHLONE COLLEGE TRUSTEE

During its January 14, 2015 Board meeting, the Ohlone Community College Board of Trustees, approved an “India Republic Day” Proclamation. The college recognizes the impact of India as the largest democracy in the world and the positive impact of Indian-Americans in the local community. Trustee Ishan Shah serves as the first Indian-American on the Ohlone Board.

The Board expressed its gratitude to the entire community for passage of Ohlone Bond Measure G and acknowledged the role of Indian-Americans in that effort. Funds from the measure will help provide an excellent education for Ohlone students. It takes a community to make things happen; leaders who have helped to make a difference were recognized at the Board Meeting.

A recording of the January 14 board meeting can be accessed at: www.ohlone.edu/org/board



Anita Amin; Ohlone College Trustee Teresa Cox; Bollywood Singer Alka Bhatnagar and Wil Stevens.



Group picture from Board meeting as Ohlone College Trustee Teresa Cox presents proclamation to Indian Community.



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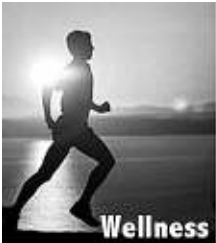
All Ages!



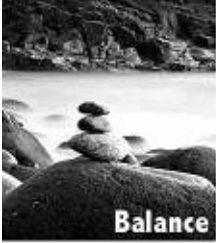
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510.796.FLIP (3547)

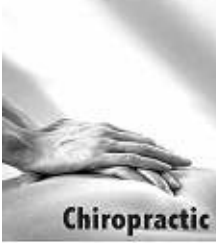
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rwkendrickjr@yahoo.com

SPORTS

Cougar grapplers compete at ‘The Pound’



Cougar Murrell Anderson placed first in 285lb division



Wrestling

SUBMITTED BY TIM HESS

Newark Memorial Cougars traveled across the Golden Gate Bridge on January 25th to San Rafael High School’s annual “The Pound” invitational tournament. Cougar wrestler Murrell Anderson won the 285 lb division and holds a 25-2 season record. The Cougars made their presence known in the final results:

Varsity:		
113lbs	Hiep Tran	4th
152lbs	Michael Salazar	4th

126lbs	Evan Smith	5th
138lbs	Kyhree Mackey	5th
285lbs	Murrell Anderson	1st

Lady Cougars:

103lbs	Catli Tran	2nd
132lbs	Gabbie May Jones	3rd
117lbs	Maddie Decker	3rd

Junior Varsity:

132lbs	Steve Silva	1st
195lbs	Jirathip Silakum	3rd

Cougar Wrestling News

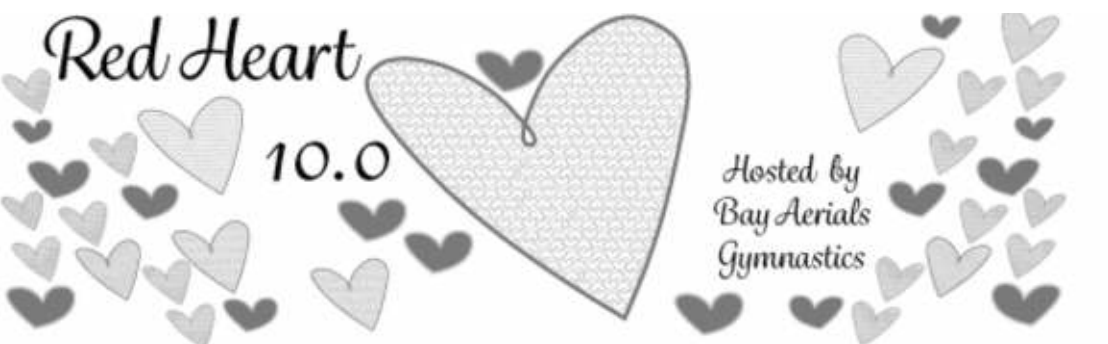
Wrestling

SUBMITTED BY TIM HESS

The Cougars defeated the Irvington 71-6 January 22nd. After a forfeit victory by Murrell Anderson (285), Ben Tran (106) came from behind to win by fall. Hiep Tran and Gabriel Jasso then won by forfeit. At 126 lbs, Evan Smith earned a fall early in the third period. Denvir Delmundo and Steve Silva both won by forfeits to put the Cougars up 42-0.



Bay Aerials hosts Junior Olympic Championships



Red Heart 10.0

Hosted by
Bay Aerials
Gymnastics

Gymnastics

SUBMITTED BY EMILY ROBERTS

Bay Aerials Gymnastics is hosting a National and Annual Red Heart Competition Saturday, January 31st - Sunday, February 1st. Athletes, fans and families are invited to watch this amazing, high-level, competitive gymnastics with over 380 gymnasts, Junior Olympic Levels 2-10 and Xcel; 21 gyms from all over California are participating.

This is a fun, family friendly event with plenty of seating, great food from our full snack bar, and high level gymnastics competition in our State of the Art, Olympic Training facility here in Fremont. Come check it out!

Saturday, Jan 31:

8:00 a.m. - 11:30 a.m. Xcel Silver
11:30 a.m. - 3:00 p.m. Xcel Silver
3:00 p.m. - 5:45 p.m. Xcel Gold
5:45 p.m. - 9:30 p.m. Xcel Bronze

Sunday, Feb 1:

8:00 a.m. - 12:35 p.m. Xcel Platinum, diamond
12:35 p.m. - 4:50 p.m. Levels 7-10
4:50 p.m. - 8:00 p.m. Xcel Gold

**Junior Olympic Championships
Saturday, Jan 31 – Sunday, Feb 1
8 a.m. – 8 p.m. (9:30 p.m. on Sat)**

**Bay Aerials Gymnastics
4883 Davenport Pl, Fremont
(510) 651-5870
www.bayaerials.com**

**\$10 per adult
6\$ per child & senior**

LGBTQ issues in sport

SUBMITTED BY JEFF BLISS

California State University East Bay’s Center for Sport and Social Justice will host “Queering Fields and Courts: LGBTQ Issues in Sport,” January 28-29 on CSUEB’s Hayward campus. Events are free and open to the public. Several of the workshops will be led by Dr. Pat Griffin, a nationally recognized activist in the field of LGBTQ (Lesbian Gay Bisexual Transgender Questioning) issues in sport and professor emerita at the University of

Massachusetts, Amherst. Griffin is the author of “Strong Women, Deep Closets: Lesbians and Homophobia in Sport.” She has been an advocate for LGBT equality in sport for more than 30 years.

**Schedule of Events:
Wednesday, Jan. 28:**

10:00 a.m. - 11:30 a.m. (Room AE142) – This workshop will discuss action strategies for student-athlete leaders to maintain an inclusive and respectful team climate for students of all sexual orientations and gender identities.

12:30 p.m. - 2 p.m. (Room AE142) – This workshop is directed at current or future coaches and athletic staff to discuss best practices for the inclusion of student-athletes and coaches of all sexual orientations and gender identities on sports teams.

6 pm. -8 p.m. (University Theater) – Showing of the documentary “Out: The Glenn Burke Story.” A Q&A period with the filmmaker, Doug Harris, will follow the film.

Thursday, Jan. 29:

10 a.m. - 11 a.m. (Room UU311) – Open discussion with college undergraduates on creating inclusive spaces for LGBTQ students.

2 p.m. - 4 p.m. (Room UU311) – Campus/community panel – Leaders and allies in the LGBTQ sports-equality move-

ment and LGBTQ athletes/allies will discuss their perspectives on creating and maintaining inclusive athletic climates for athletes, and staff of all sexual orientations and gender identities.

For more information, call Dr. Rita Liberti, at (510) 885-3050 or email rita.liberti@csueastbay.edu.

**LGBTQ Issues in Sports
Wednesday, Jan 28 – Thursday, Jan 29
10 a.m.
California State University, East Bay (CSUEB)
25800 Carlos Bee Blvd, Hayward
(510) 885-3050
rita.liberti@csueastbay.edu.
Free and open to the public**

John F. Kennedy (Fremont) vs. James Logan Men’s Soccer

SUBMITTED BY JAMES WILLIAMS

January 21, 2015
James Logan 3, Kennedy 0,

1st Half Scoring:
JL: John Sanchez (Jared Rivera) 7:00, Martin Sierra (Justyn Raygoza) 17:00, Jared Rivera (Jason Jattan) 29:00

JL Goalie: Andres Marquez, 80 Min, 0 GA
JFK Goalie: Mike Dairo, 80 Min, 3 GA

James Logan vs. Moreau Catholic

Men’s Soccer

SUBMITTED BY JAMES WILLIAMS

January 23, 2015
Logan 1, Moreau 0

1st Half Scoring: None
2nd Half Scoring:
JL: Jared Rivera (Justyn Raygoza) 77:00

JL Goalie: Andres Marquez, 80 Min, 0 GA, 3 Saves
MO Goalie: Rogelio Casteneda, 80 Min, 1 GA, 10 Saves

JL Shots: 28, MO Shots: 8

Pioneer Hoops



Norman had his best night as a Pioneer, knocking down five long balls for a career-high 21 points against Stanislaus

Men’s Basketball

SUBMITTED BY
STEVE CONNOLLY

Shorthanded Pioneers fall to Chico State

The Cal State East Bay men’s basketball team put up a good fight against Chico State on January 23rd, but ultimately fell at home to the defending NCAA Division II West Region champion Wildcats by a final score of 56-44. Despite starting the game with just eight healthy players, the Pioneers (4-13, 2-9 CCAA) turned in a strong defensive effort, holding Chico State to 43 percent shooting from the field and 23 percent from three-point range.

Freshman Patrick Marr was the bright spot for East Bay, leading all scorers with a career-high 19 points. It was the seventh time this season Marr has reached double figures in scoring. The De La Salle product was on the court for all 40 minutes and posted a team-best nine rebounds. Over the final seven minutes of the half, Marr scored seven points and Marcus Norman added five, sending the Pioneers into the break trailing 30-16.

Juawnn Springfield finished with six points, five rebounds, and three assists. Jacari Whitfield

also scored six, while fellow guard Cody Kale grabbed four boards and dished out three assists. Paramvir Singh added three points off the bench.

Darrick McIntosh turned in valuable post defense with four rebounds, two blocks, and two steals in 17 minutes off the bench. Kyle Frakes posted three points and two boards in his first start of the season.

Pioneers fall to Stanislaus despite Norman’s hot hand

Cal State East Bay junior Marcus Norman lit up Pioneer Gymnasium with a career-high 21 points on Saturday night, but it wasn’t enough as the men’s basketball team fell to Cal State Stanislaus by a final score of 77-67.

With just eight healthy players on the roster, the shorthanded Pioneers turned in an inspired effort against the defending CCAA tournament champions. They committed just 10 turnovers and had one of their best rebounding nights of the season against a big, athletic Warrior squad. Ultimately the home team couldn’t hit quite enough shots to pull off the upset, as Stanislaus topped East Bay 52 to 34 percent from the field. Norman, who led all scorers in the game and surpassed 20 points for the first time in his Pioneer career, was red-hot from



Olympians are coming to town

SUBMITTED BY LEE WEBB
PHOTO BY CASSANDRA BROADWIN

Learn from the best when the “Willie Davenport Olympian Track and Field Clinic” comes to town on February 7. Learn-by-doing events will be held in triple jump, long jump, high jump, pole vault, shot put, discus, javelin, hammer, sprints, and hurdles.

Gold medalist sprinter Tommie Smith and bronze medalist sprinter John Carlos from the 1968 Olympics in Mexico City will be guest presenters. Crazy George will lead the cheers.

Clinic speakers will include John Carlos; Kenny Harrison, American Record Holder and Olympic Champion Triple Jump; Mac Wilkins, Former World Record Holder Discus 7-Time World Record Holder; Mike Powell, World Record Holder Long Jump; Karin Smith, 5-Time Olympian in the Javelin; Eddie Hart, World’s Fastest Human 1972; Andre Phillips, Gold Medalist 400 Hurdles; Crazy

George, World’s Greatest Cheerleader; Ray Norton, Olympic Sprints; and Reynaldo Brown, 2-Time Olympian High Jump.

Individuals are \$25, youth (8th grade and under) are \$10, teams are \$350, and teams of 50+ are \$500. Register online at www.logantrackandfield.com, or download a form and mail in registration. For more information, contact Coach Lee Webb at (510) 304-7172 or e-mail at lwebb@nhusd.k12.ca.us.

**Willie Davenport Olympian
Track and Field Clinic
Saturday, Feb 7
8 a.m. – 9 a.m.: Registration
9 a.m. – 4 p.m.: Events
James Logan High School
1800 H St, Union City
(510) 304-7172
www.logantrackandfield.com
Cost: \$25 per person, \$10 youth, \$350 per team**



Freshman Patrick Marr led all scorers with a career-high 19 points against Chico

long distance, going 5-for-7 on three-pointers. The native of

Lewisville, Texas also had two assists and grabbed seven rebounds

in a team-high 38 minutes.

Cody Kale also notched a season-high with 16 points, 10 of which came at the free throw line. The senior played 37 minutes and finished 10-for-11 at the stripe and 3-for-7 from the floor with four rebounds and three assists. Jacari Whitfield played 37 minutes and also reached double figures, scoring 13 along with a team-best five assists. Patrick Marr added 10 points one night after playing all 40 minutes and scoring a career-high 19. Marr, Kyle Frakes, and Darrick McIntosh each finished with seven rebounds for the night as the Pioneers racked up 35 as a team.

Soccer roundup

Women’s Soccer

SUBMITTED BY
FRANZ BRUCKNER

Newark Memorial overpowers Moreau Tuesday, January 20

The Newark Memorial Cougars Varsity Girls soccer team defeated first place Moreau Mariners by the score of 2-1 on January 20th in Hayward. Following a one goal deficit, 0-1 early in the second half, Newark rallied with two goals to seal the victory. Lexi Sanchez took a cross from Crystal Esparzato to tie the game for Newark mid-way

through the second half, while Cynthia Saavedra took a pass from Yvette Ocegueda to get the winner late in the game.

Newark played both solid offense and defense for the entire game to earn the victory. Gizelle Jimenez, Bella Cruz, Sam Sanchez, Alexis Huffer and Amanda Ibarra played outstanding defense in the victory. Tyna Moore, Laura Fuentes, and Cindy Ruiz played well and Crystal Esparza had an outstanding game as an outside midfielder. Mallory Charron showed character and perseverance in the rally.

Thursday, January 22 Cougars,Warriors play to scoreless tie

The Newark Memorial Cougars had several close scoring opportunities including two shots off the crossbar but was unable to score. Mission San Jose’s goal keeper also made a couple of outstanding saves to keep the Cougars scoreless. Cougar stand-outs included Goal Keeper Amanda Ibarra, defender Gizelle Jimenez, midfielder Laura Fuentes, and forward Lexi Sanchez.

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Flu season has arrived

SUBMITTED BY JAY ALEXIOU

Bay Area Health Officers are seeing increased flu activity and encourage all residents to get flu shots and to wash their hands. Flu is widespread in 46 states throughout the country. Locally, cases are increasing and everyone can play a part to prevent its spread.

“Although Ebola has gotten a lot of attention recently, flu is a much more real threat here in the Bay Area,” said George Han, MD, MPH, Deputy Health Officer, Santa Clara County. “Every year, flu sickens and kills thousands of Americans and is particularly dangerous to the young, elderly and those with chronic illnesses or weakened immune systems.”

Last week, the California Department of Public Health announced the state’s first flu death, in southern California. The Bay Area has seen four flu deaths, in adult residents of San Francisco, San Mateo and Sonoma counties. Only flu deaths in people under age 65 are reported to public health departments.

Depending on how it is formulated, flu vaccines protect against three or four different flu viruses. Even during a season when the vaccine is only partially protective against one flu virus, it can protect against the others.

In addition to getting vaccinated, it’s important to practice good hand washing and health habits, and avoid touching your eyes, nose and mouth. People

who are ill can help stop the spread of germs:

Limit contact with others – stay home from work or school

Cough or sneeze into your elbow or sleeve, not into your hands

Wash hands thoroughly with soap and water, or use an alcohol-based rub

Flu vaccination is recommended for everyone six months of age or older and is particularly important for those at higher risk of severe influenza, including pregnant women, children under five years of age, the elderly, and persons with certain underlying medical conditions such as diabetes, obesity, asthma and heart disease. Vaccination of pregnant women also helps to protect infants too young to be vaccinated.

This flu season can still become severe. Those at highest risk who show flu symptoms should contact their physician immediately in order to get antiviral treatment that can only be obtained through a prescription. Symptoms include fever, cough, sore throat, runny or stuffy nose, muscle or body aches, headaches and fatigue.

The Santa Clara County Public Health Department offers low-cost immunizations. Go to www.sccgov.org/sites/sccphd/en-us/Residents/IzClinic/Pages/default.aspx

For more information about influenza, visit www.flu.gov or www.sccphd.org.

California Department of Public Health confirms 59 cases of measles

SUBMITTED BY ANITA GORE

Dr. Ron Chapman, director of the California Department of Public Health (CDPH) and state health officer, announced on January 21 that local public health officials have confirmed a total of 59 cases of measles in California residents since the end of December 2014.

“If you have symptoms, and believe you may have been exposed, please contact your health care provider. Unless you have an emergency, it is best to contact your health care provider by phone to prevent spread in doctor’s offices,” said Chapman. “The best way to prevent measles and its spread is to get vaccinated.”

Of the confirmed cases, 42 have been linked to an initial exposure in December at Disneyland or Disney California Adventure Park in Anaheim, California. The confirmed cases include five Disney employees. In addition, other cases have visited Disney parks while infectious in January. CDPH recommends that any patient with a measles compatible illness who has recently visited venues where international travelers congregate, such as theme parks, airports, etc., be considered to have a plausible exposure to measles.

Measles is a highly infectious, airborne disease that typically begins with fever, cough, runny nose and red eyes, and within a few days a red rash appears, usually first on the face and then spreading downward to the rest of the body.

Vaccination is the most important strategy to prevent measles. Two doses of measles-containing vaccine (MMR vaccine) are more than 99 percent effective in preventing measles. Measles vaccines have been available in the United States since 1963, and two doses have been recommended since 1989. If you are unsure of your vaccination status, check with your doctor to have a test to check for measles immunity or to receive vaccination.

Measles has been eliminated in the United States since 2000. However, large measles outbreaks have occurred in many countries, particularly in Western Europe, Pakistan, Vietnam and the Philippines in recent years. Travelers to areas where measles circulates can bring measles back to the U.S., resulting in limited domestic transmission of measles. California has many international attractions and visitors come from many parts of the world. It is important for health care providers and the public to be aware that measles transmission can occur in California, and they can prevent transmission by receiving the MMR vaccine.

Health care providers treating patients with fever and a rash should consider measles, and ask patients about travel to international destinations and domestic venues that are popular with international visitors. People who are unvaccinated should know that there is presently a risk for acquiring measles in California.

More information about measles can be found at www.cdph.ca.gov



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.
To subscribe to all blog posts scan this QR Code or visit ThinkSiliconValley.com/silicon-valley-east

TAKES FROM SILICON VALLEY EAST

Predicting the Future in Fremont — Part I: Four Industry Experts Share Their Insights

By KELLY KLINE,
ECONOMIC DEVELOPMENT DIRECTOR

This is the time of year where the crystal ball gets a real workout. Everyone is trying to get a handle on what to expect for the year ahead, including us. We have reached out to our go-to experts in the sectors and industries that matter to us: Manufacturing, Cleantech, Life Sciences and Hardware for a glimpse into the future. Their responses indicate a strong year ahead.

1. Manufacturing Space is Hot and Getting Hotter.

Greg Matter from Jones Lang LaSalle predicts continued growth in this industry and a corresponding need for manufacturing space. “As regionalization, IP protection, and customization continue to be key factors in developing a responsive supply chain strategy, manufacturing is here to stay. In 2015, the Bay Area will continue to see robust growth in manufacturing investment. We’ll see the big names in tech expanding locally, and their contractors and suppliers will flourish too. This expansion will result in greater demand for skilled labor and modern industrial real estate.”

2. Cleantech Turns the Corner.

Christine Herzog from the Smart Grid Dictionary confirms that the Cleantech Industry is finding its footing and is poised for record growth. “Cleantech will soon be thoroughly embedded in the U.S. economy. People are connecting the dots and recognizing that Cleantech improves energy, as well as economic and environmental security. California’s ongoing drought shows how one facet of environmental security — available potable water — has profound economic and energy impacts. Nationwide, federal and state initiatives are propelling investment dollars into clean technologies and projects that improve energy production from renewable and other non-carbon

sources and reduce energy and water consumption. ”You can read more about the Cleantech Comeback at www.ThinkSiliconValley.com. And, we will be rolling out a series of posts early this year that delve more into these sub-topics.

3. Life Sciences Becomes a Stealth Leader in the East Bay:

You probably didn’t know that Fremont is a Bay Area leader in health care equipment and medical device manufacturing companies, but thanks to extensive research by Gregory Theyel of the East Bay Biomedical Manufacturing Network, we now have a detailed understanding of the breadth and depth of the biomedical industry in the Bay Area. Theyel says there are a number of reasons contributing to Fremont’s strength as a leading location. “There is a reciprocating effect to competitors being close to each other enabling the movement of employees and ideas between companies. And the support function of companies from related industries, such as electronics, provides needed components and services, not to mention high-quality laboratory and production space.” We are planning a blog series to focus more on the biomedical industry.

4. Maker Movement on the Rise:

Thanks to social networking and crowd funding, anyone can start a business. Add the ease of sharing technology and the significant decline in the cost of tools such as 3D printers, and we are starting to see a new generation of “makers.” Karen Burns, co-founder of the East Bay Manufacturing Group and partner at Sensiba San Filippo, says the convergence of techies and DIYers is only in its infancy. “It has the power to change the behavior of Americans away from being strict consumers and into makers. And, where better to “make stuff” than right here in the Bay Area where technology and innovation were born? Even better is when you have room to spread your wings in places such as the new Innovation District in Warm Springs in Fremont.”

Immigration reform

SUBMITTED BY GWENDOLYN MITCHELL/MARINA HINESTROSA

Immigration Reform at the Crossroads: Lifting Communities, Raising Voices is a regional gathering to discuss and develop a blueprint that effectively responds to the President’s executive action on immigration. Eight breakout sessions are planned throughout the day to develop this plan.

The program includes presentations by a keynote speaker, a panel discussion, and the presentation of the 2015 Beacon of Light Awards, to recognize individuals and organizations working to advance the human rights and effective integration of immigrants in Santa Clara County.

Registration is \$35 per person and includes breakfast and lunch. Please register in advance at:

<https://immigrationreformatcrossroads.splashthat.com>

Immigration Reform at the Crossroads

Wednesday, Feb 11

8:30 a.m. – 2:00 p.m.

The Sobrato Center

1400 Parkmoor Ave, San Jose

(408) 792-2319

Register: [\\$35/person \(includes breakfast and lunch\)](https://immigrationreformatcrossroads.splashthat.com)

OPINION



WILLIAM MARSHAK

Play it right

Each of our local cities is in a constant state of flux, requiring examination of budgets, development patterns and visions for the future. General Plans are developed and refined; capital expenditures are examined each year and budgets defined. This process is especially visible as land use decisions of large tracts of land such as the Warm Springs/BART acreage are determined. But the process continues as each infill project is approved as well. Growth of city population continues and with it, pressure for housing and amenities.

As a regional, national and international hub of culture, commerce and lifestyles, the Greater Tri-City area has an opportunity to further define Strategic Urban Planning. Instead of following others by creating massive canyons of commerce and residential high rise developments, we need a fresh approach that honors the value of space while recognizing the necessity for affordable development. Although increased density appears to be the answer for city planners, valuable open space, recreation and privacy is also required for everyone, not just the Uber rich.

Will our developments become walled compounds, separated from surrounding residential communities? If not, how will they integrate with existing business and residents? Will attention be paid to the adjacent environment? Planning should extend beyond the boundaries of a development. Along with the accoutrements of the project itself, what will its extended impact be? If developments are expected to compliment or elevate the surrounding area, what plans are in process to assure neighbors that planners will pay attention to them after construction is done?

Strategic Urban Planning is dependent on inclusion of all aspects of the environment and enterprise - public, private, non-profit and the like. It is imperative that as the economic picture continues to brighten, development becomes truly strategic.

Our cities are faced with a multitude of developments designed to support our valuable section of the Bay Area. The challenges remind me of the 1978 Kenny Rogers hit, "The Gambler" written by Don Schlitz. In this haunting and nostalgic song, a veteran of better days advises that "the game" must be played right and participants have the patience and stamina to wait until "the dealings done" before declaring success. In the same way, we all need to pay attention to how the game of Greater Tri-City development is being played and continue to scrutinize each decision by planners and councils. The game has just begun.

If you're gonna play the game, boy

You gotta learn to play it right

You never count your money

When you're sittin' at the table

There'll be time enough for countin'

When the dealin's done

William Marshak
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Abode Services - Helping homeless families find homes

SUBMITTED BY PAUL T. ROSYNSKY

More than a dozen previously homeless families from Santa Clara County are now living in their own homes, and up to 90 more could be transitioning from homelessness to a home in the next six months through a new program administered by Abode Services.

The program targets a growing population of homeless families who are struggling to secure employment because of the instability caused by not having a home. While these families are receiving help in training and searching for a new job, their top priority each night is finding a place to sleep.

Families are eligible for housing assistance through the new program if they are homeless and enrolled in the California Work Opportunity and Responsibility to Kids (Cal-

WORKs) program. The program includes families who lack a fixed and regular nighttime residence, who are in a shelter or in budget motels, and, among other scenarios, on the streets.

Abode Services is using its inventory of affordable housing, relationships with property owners, and more than two decades of experience re-housing people to help these families. The nonprofit is the San Francisco Bay Area's leading provider of services to individuals and families without a home.

The housing assistance families receive includes financial aid for housing expenses such as rent assistance, security deposits, utility payments, and moving costs. Abode Services also helps families locate affordable housing units and connects them to other services as needed such as childcare, behavioral health services, and

credit counseling and repair services.

State legislators approved the creation of the CalWORKs Housing Support Program this fiscal year to address the growing difficulty families with children face in finding affordable places to live. The expansion included a \$1.5 million grant to the Santa Clara County Social Service Agency CalWORKs division to help transition families from homelessness into homes.

Santa Clara County Social Service Agency CalWORKs division selected Abode Services in October to administer the program and the nonprofit began helping Santa Clara County families in November.

Continued funding for the program beyond June 30 requires approval from the state. To learn more about Abode Services, visit www.abodeservices.org.

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Starting January 29th you will find select houseware, clothing, and jewelry at 50% off!

Visit today and discover a treasure!

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40733 Chapel Way, Fremont 510.252.1540
Mon.-Thurs. 10 a.m.-7 p.m., Fri.-Sun. 10 a.m.-5 p.m.
cancer.org/discovery | 1.800.227.2345

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Home Sales Specialist
Remax Accord
CA BRE # 01232943
39644 Mission Blvd., Fremont
510-697-7750

Monica Gupta
Home Loan Specialist
Home Advantage
CA BRE # 01424265
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Hayward City Council
January 20, 2015

Consent:

Council approved the authorization to negotiate and execute a professional services agreement with New City America for the formation of a Downtown Community Benefit District (CBD). According to the staff report, CBD would help “increase commerce; increase rents; attract new businesses and development; and enhance the stature and image of Downtown Hayward.” Also stated in the report, the CBD has been a useful tool to help revitalize business districts in the Bay Area, including Oakland’s Downtown and Uptown/Lake Merritt neighborhoods. Property owners in Downtown San Leandro approved their CBD in 2013.

Work Session:

An update to the Downtown Specific Plan project scope, timeline, and approach was presented before the Council. The Downtown Specific Plan “will enhance this important community asset [Downtown Hayward] and set forth policies and strategies to encourage private sector investment to help transform Downtown into a safe, vibrant, and prosperous arts and entertainment district,” according to the staff report. The project will also reflect the guidelines set forth in Hayward’s new General Plan, which was adopted on July 1, 2014. Task 1 of 8 will be implemented from mid-January to March 2015, during which input from stakeholders and the community will be solicited. The project’s key areas of focus include Downtown Loop and Circulation; entertainment areas; three opportunity sites analysis, including A Street blocks, Bryman College block, and the block centered around the BART construction trailer site.

Public Hearing:

A new solid waste, recyclable materials and organic materials services franchise agreement was presented to the Council. After long-term negotiations between Waste Management of Alameda County (WMAC) and the city of Hayward, Council is set to adopt the ordinance on the January 27 meeting. Negotiations were initiated in 2013 to discuss Council’s desired outcomes and WMAC’s goals to enhance revenues while trying to meet the city’s service expectations.

Mayor Barbara Halliday	Aye
Mayor Pro Tempore Greg Jones	Aye
Francisco Zermeno	Aye
Marvin Peixoto	Aye
Al Mendall	Aye
Sara Lamnin	Aye
Elisa Márquez	Aye

Milpitas City Council
Meeting

January 20, 2015
Consent:

- Approve Parks, Recreation and Cultural Resources Commission 2015 work plan.
- Approve the proposal for the annual Commissioners’ Recognition Event for 2015
- Adopt a resolution to award and approve contract for City Wide Printing Services to JP Graphics, Inc. for an annual amount not to exceed \$70,000.
- Adopt a resolution in support of Project Blue Light during the holiday season and the month of January to honor fallen police officers and those presently serving.
- Approve amendment to the consultant agreement with CalRecovery for on-call services in the amount of \$35,000 and approve a budget appropriation from the Solid Waste Fund.

- Approve payment of annual software support and maintenance fees.
- Receive report of emergency removal of playground equipment from Apex Park and authorize staff to pay Lion Communities invoices totaling \$52,942.53

Reports of Mayor and Commission:

- Approve Mayor’s recommendation for appointment of residents to new Campaign Finance Reform Committee including Bill Ferguson, Lokesh Krishnarajpet, Althea Polanski, Syed Mohsin, Bob Nunez, Marty Riker, Rohit Sharma and Martha Lamdin.
 - Approve Mayor’s recommendation of Rajeev Madnawat to the Campaign Finance Reform Committee. (3 ayes, 2 nays: Indihar Giordano and Grilli)
- | | |
|----------------------------|---------------|
| Mayor José Esteves: | Aye |
| Vice Mayor Carmen Montano: | Aye |
| Debbie Indihar Giordano: | 2 Ayes, 1 Nay |
| Garry Barbadillo: | Aye |
| Marsha Grilli: | 2Ayes, 1 Nay |

Project Manager needed for
Vietnamese American
Community Services Center

SUBMITTED BY GWENDOLYN MITCHELL / JOHN MILLS

The County of Santa Clara is seeking a firm or consultant to manage a comprehensive planning process for providing services to its Vietnamese American community. Although the county has the second largest population of Vietnamese Americans in the state - 125,695, cultural and language barriers have prevented the community from accessing resources and services to improve outcomes in a number of areas such as poverty, health, mental health, and higher education.

As a part of the County’s Fiscal Year 2015 budget approval process, Supervisor Cindy Chavez called for the funding of a strategic planning process with broad community engagement so that the County of Santa Clara could develop a model for delivering services through a Vietnamese American Community Services Center.

The Request for Proposals is available on BidSync at: <https://www.bidsync.com/DPX/ca/cosc?ac=view&cauc=1972908>. Responses are due on February 6.

Birth

Marriage

LIFE CORNERSTONES

Obituaries

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John F. Ireland
RESIDENT OF FREMONT
September 6, 1944 – January 23, 2015

Janet Drews
RESIDENT OF NEWARK
March 9, 1956 – January 24, 2015

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Tosca Sodini
RESIDENT OF FREMONT
March 8, 1932 - January 22, 2015

Therese Martinez
RESIDENT OF FREMONT
(unknown date of birth right now) January 24, 2015

Rose Andrade
RESIDENT OF FREMONT
April 27, 1922 - January 16, 2015

Kurt Hernandez
RESIDENT OF SACRAMENTO AND FREMONT
July 8, 1990 - January 10, 2015

Ward Skinner
RESIDENT OF HAYWARD
July 13, 1930 - December 26, 2014

Sze Tsung (Byron) Lin
RESIDENT OF FREMONT
September 3, 1959 - January 13, 2015

Patricia Twedt
RESIDENT OF FREMONT
May 3, 1939 - January 9, 2015

Arlene Gonsalves
RESIDENT OF MARIETTA, GA
October 3, 1938 - January 15, 2015

Barbara O'Neill
RESIDENT OF FREMONT
June 14, 1931 - January 6, 2015

Louie Kam Shun Hom
RESIDENT OF FREMONT
August 17, 1925 - January 13, 2015

Marie Jones
RESIDENT OF FREMONT
September 6, 1938 - January 18, 2015

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Obituary

Dr. Ward Bosworth Skinner

Dr. Ward Bosworth Skinner died peacefully on December 26, 2014 in Castro Valley, California at the age of 84.

Ward is survived by his daughter, Luree Jones of Pleasanton and 4 grandchildren. He was preceded in death by his parents Ward Revere Skinner and Lulu Belle Skinner, sister Winifred Simmons and son, Ward David Skinner. Ward served in the army while in college at UC Berkeley then the Navy as an officer upon completion of Dental School at USC. He opened his Dental practice in Hayward, CA in the early 60's when he returned from service overseas. He retired from practice in the late 1990's and became an active member of the Board of Dental Examiners for many years. Ward was very active in the community. While in practice in Hayward, Ward joined the Hayward Chamber of Commerce and Lions Club, making many long time friends. Ward served as Lions Club President, as well as President of the Southern Alameda County Dental Association.

Ward loved golf and played as regularly as time would allow. You could always spot him on the course because he played left handed, so it looked like he was playing the wrong way.

Ward was an active member of the Castlewood Country Club and served on the Board of Directors for many years, as well as the board for the Home Owners Association. Ward loved to travel and check out other golf courses. He often took trips with his golf clubs in tow.

A Celebration of Life is scheduled for January 31, 2015 from 2 P.M. to 5 P.M. at Castlewood Country Club in Pleasanton, California. All are welcome to attend and celebrate Ward's life. If you would like to speak, present a favorite joke or story, please let us know.

Additional information is available at:
http://www.bergepappassmith.com/mobile/obituary/Ward-Bosworth-Skinner/Hayward-CA/1465607



PG&E plants trees for customers
who ditch paper bills

SUBMITTED BY TAMAR SARKISSIAN

Pacific Gas and Electric Company (PG&E) announced a partnership recently with the National Fish and Wildlife Foundation (NFWF) to plant a new tree in the wildfire-stricken Los Padres National Forest on behalf of every customer who enrolls in paperless billing through February 26. Customers can enroll at www.pge.com/ebills.

Jonathan Birdsong, director of the Western Partnership Office for NFWF said, "The trees we plant through this effort will reforest approximately 2,800 acres of the 19,000 acres

that were burned in recent forest fires. Restoring these lands will help replace the loss of this habitat for many important and threatened species, provide natural filters for clean water and provide benefits for nearby California communities."

PG&E will be planting a variety of native California trees, including the Ponderosa Pine, Jeffrey Pine, Incense Cedar and Sugar Pine. The Los Padres National Forest includes most of the mountainous land along the California coast from Ventura to Monterey, extending inland.

To learn more about paperless billing, go to www.pge.com/ebills.

Obituary

Dorothy Flint

Born 9/9/1934 and Died 12/31/14



Dorothy Flint was born 9/9/1934 and died 12/31/14. She was born in Sacramento, CA.

Dorothy received her Bachelors degree from Texas Western College. She resided in Fremont, CA, for many years. Dorothy, then, spent several years in Pleasanton, CA.

Dorothy loved symphonies, traveling, and she believed in being supremely happy every day. Dorothy also loved animals.

Dorothy is survived by her three children-Wendi Rank (Bruce), Deborah Flint, and Donald Flint (Gina).

Also surviving is her brother George(Marilyn), several nieces and nephews, and Donald and Gina's two sons, Jacob and Jordan.

A Celebration of Dorothy's life will be held Feb. 28th at 1100 AM, at St. Clares Episcopal Church, in Pleasanton.

Obituary



Janet Drews

March 9, 1956 – January 24, 2015

Janet Louise Drews transitioned into glory on January 24, 2015. She was an active and long time resident of Newark. She's the daughter of Donald and Ida Drews. The sister of Barbara Gullerud and her husband Mark, Mary Ryan and her husband Ron, and her brother John Drews.

A Memorial Service will be held on
Friday, January 30, 12pm at Fremont Memorial Chapel,
3723 Peralta Blvd., Fremont, CA 94536.

Newark City Council

January 22, 2015

Presentations and Proclamations:

Proclaim February as Teen Dating Violence and Awareness Prevention Month; presentation by Safe Alternatives to Violent Environments (SAVE).

City Manager Reports – Consent:

- Retain Renne Sloan Holtzman Sakai LLP for negotiation services with Newark Police Association (NPA) and Newark Association of Miscellaneous Employees (NAME). Memorandum of Understanding will expire June 30, 2015. Consulting costs not to exceed \$20,000.

- Approve sponsorship of Chamber of Commerce 2015 Summerfest, Octoberfest and Tri-City Motor Rally to promote recycling. Amend 2014-2016 Biennial Budget for recycling promotion sponsorships.

Non-Consent:

- Amend 2014-2016 Biennial Budget and Capital Improvement Plan to reflect identified savings

and deficits, modify revenue estimates and increase expenses where necessary. Increased revenues include Property Tax, Sales Tax, Business License revenue, construction and developer fee revenues. One time transfers are proposed to Capital Improvement Fund Reserves, Other Post Employment Benefit (OPEB) Trust Fund and equipment replacement reserves. Passage of Measure Y in November 2014 allows adjustment of Utility User Tax income and extends revenue to December 31, 2020 although the rate will decrease January 2016. Large increase in CalPERS pension rates, effective July 1, 2015, will increase costs approximately \$500,000 beyond budgeted level.

- Authorize funding of Other Post Employment Benefit Trust Fund in the amount of \$1,000,000. This will reduce the projected unfunded actuarial liability for 2015-2016 to approximately \$2,500,000. Future liabilities are projected to be about 35% funded.

- Approve Draft Housing Element update and authorize transmittal to State Department of Housing and Community Development for review and approval as required by State of California. This update is based on modifications of the 2013 General Plan to support the vision of safe, decent, affordable housing for all Newark residents.

City Council Matters:

Due to the Ruschin Elementary School development item on the agenda for the next meeting of Newark City Council on Thursday, February 12, 2015, the meeting will be held at Newark Pavilion, 6430 Thornton Ave.

Oral Communications:

- Comment regarding parking issues and appearance of surrounding businesses around Cedar Boulevard development.
- Comment regarding bicycle safety issues on streets of Newark.

- Relay for Life planning meetings now being held on the second Wednesday of each month at the Newark Library at 6:30 p.m.

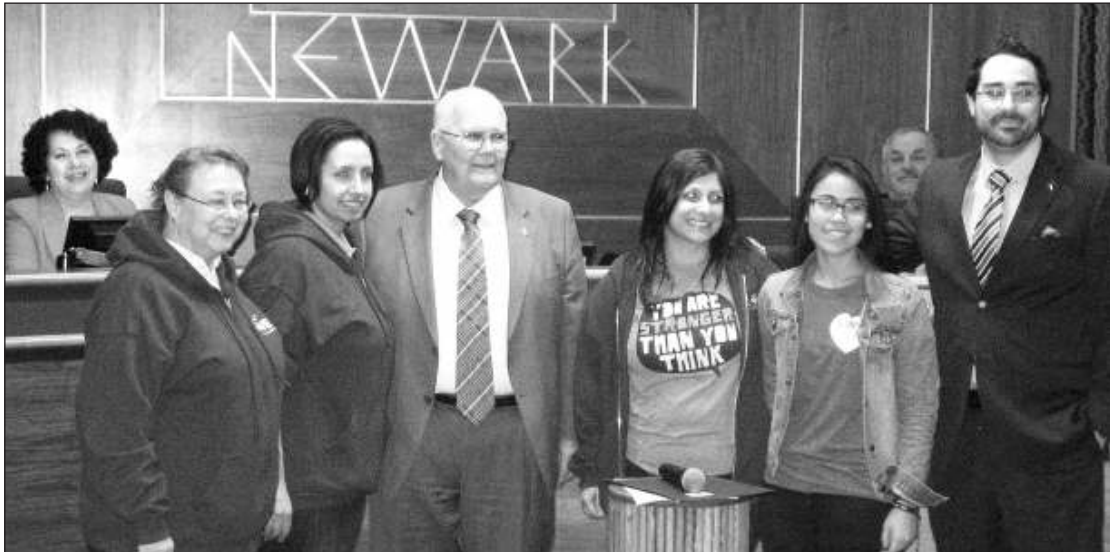
Closed Session:

- Discuss existing litigation: Citizens Committee to Complete the Refuge

- Discuss existing litigation: Olga E. Mullins

- Discuss existing litigation: Adeline Caldeira et al.
- Discuss anticipated litigation: four cases

Mayor Alan Nagy	Aye
Vice Mayor Maria “Sucy” Collazo	Aye
Luis Freitas	Aye
Michael Hannon	Aye
Mike Buccì	Aye



Representatives from SAVE visited Newark City Council to emphasize the importance of understanding and preventing teen dating violence

Expressway Plan 2040 Project Public Meeting

SUBMITTED BY
GWENDOLYN MITCHELL
LAUREL ANDERSON

The County of Santa Clara is encouraging expressway users and residents to share their comments about the expressway system as part of the Expressway Plan 2040 project. The plan, expected to be completed in June 2015, will address long range expressway maintenance and improvements for vehicles, pedestrians and bicyclists. The next community meeting is scheduled for Thursday, February 12.

Members of the public may also provide comments or get

more information by visiting www.Expressways.info, sending an e-mail to ExpresswayPlan2040@CountyRoads.org, or calling the project hotline at (408) 573-2417.

Almaden Expressway Community Meeting
Thursday, Feb 12
6:30 p.m.

Almaden Community Center
6445 Camden Ave, San Jose
(408) 573-2417
ExpresswayPlan2040@CountyRoads.org
www.Expressways.info

HOV Lane Conversions

SUBMITTED BY THE CITY OF
HAYWARD

The Metropolitan Transportation Commission (MTC) plans to convert the existing High Occupancy Vehicle (HOV) lanes between Oakland and Milpitas to express lanes. Express lanes are specially-designated highway lanes that are free for carpools, vanpools, buses and other eligible vehicles, and also allow solo drivers to pay tolls to use the lane.

The project intends to:

- Maximize the capacity of the HOV lanes;
- Provide reliable travel times for customers;
- Better manage lanes to keep traffic moving; and
- Allow solo drivers access to the HOV lane by paying a toll.

MTC is holding an informational meeting to learn about the project and talk with project team members.

HOV Lane Conversions Meetings:

Thursday, Jan 29
5 p.m. – 7 p.m.
Hayward City Hall, Room 2A
777 B Street, Hayward

Wednesday, Feb 25
5 p.m. – 7 p.m.
Fremont City Hall
3300 Capitol Ave, Fremont

BayAreaExpressLanes.org

If you can't make the meeting, view the online open house at www.BayAreaExpressLanes.org, which will be open from January 30 to March 6.

Moratorium lifted on Women, Infants and Children Program

SUBMITTED BY ANITA GORE

The moratorium for stores to apply for authorization in the California Women, Infants and Children (WIC) program will be lifted effective February 1, as announced recently by Dr. Ron Chapman, California Department of Public Health (CDPH) director and state health officer.

“This positive step will improve availability and access for the approximately 1.4 million women, infants and children who participate in the California WIC program,” said Dr. Chapman.

To address rising food costs in the California WIC program, the United States Department of Agriculture (USDA) in 2012 continued a moratorium on the addition of new vendors into the program so that CDPH and USDA could develop and implement strategies to contain costs and ensure program integrity. USDA notified CDPH by letter that the moratorium can now be fully lifted.

Additional information is available at www.cdph.ca.gov.

Six tips on who should file a 2014 Tax Return

SUBMITTED BY
RAPHAEL TULINO, IRS

Most people file their tax return because they have to, but even if you don't, there are times when you should. You may be eligible for a tax refund and not know it. This year, there are a few new rules for some who must file. Here are six tax tips to help you find out if you should file a tax return:

1. General Filing Rules. Whether you need to file a tax return depends on a few factors. In most cases, the amount of your income, your filing status and your age determine if you must file a tax return. For example, if you're single and 28 years old you must file if your income was at least \$10,150. Other rules may apply if you're self-employed or if you're a dependent of another person. There are also other cases when you must file. Go to IRS.gov/filing to find out if you need to file.

2. New for 2014: Premium Tax Credit. If you bought health insurance through the Health Insurance Marketplace in 2014, you may be eligible for the new Premium Tax Credit. You will need to file a return to claim the credit. If you purchased coverage from the Marketplace in 2014 and chose to have advance payments of the premium tax credit sent directly to your insurer during the year you

must file a federal tax return. You will reconcile any advance payments with the allowable Premium Tax Credit. You should receive Form 1095-A, Health Insurance Marketplace Statement, by early February. The new form will have information that will help you file your tax return.

3. Tax Withheld or Paid. Did your employer withhold federal income tax from your pay? Did you make estimated tax payments? Did you overpay last year and have it applied to this year's tax? If you answered “yes” to any of these questions, you could be due a refund. But you have to file a tax return to get it.

4. Earned Income Tax Credit. Did you work and earn less than \$52,427 last year? You could receive EITC as a tax refund if you qualify with or without a qualifying child. You may be eligible for up to \$6,143. Use the 2014 EITC Assistant tool on IRS.gov to find out if you qualify. If you do, file a tax return to claim it.

5. Additional Child Tax Credit. Do you have at least one child that qualifies for the Child Tax Credit? If you don't get the full credit amount, you may qualify for the Additional Child Tax Credit.

6. American Opportunity Credit. The AOTC is available for four years of post secondary

education and can be up to \$2,500 per eligible student. You or your dependent must have been a student enrolled at least half time for at least one academic period. Even if you don't owe any taxes, you still may qualify. However, you must complete Form 8863, Education Credits, and file a return to claim the credit. Use the Inter-

active Tax Assistant tool on IRS.gov to see if you can claim the credit or for the instructions for Forms 1040, 1040A or 1040EZ list income tax filing requirements. You can also use the Interactive Tax Assistant tool on IRS.gov to see if you need to file. The tool is available 24/7 to answer many tax questions.

Professional tax services at no cost

SUBMITTED BY GUY ASHLEY

As of January 21 the volunteers of the Alameda County Social Services Agency's Volunteer Income Tax Assistance (SSA-VITA) Program will offer the widest range of free services in the program's 14-year history.

“Many of our volunteers have been volunteering with the program for 14 years helping taxpayers build a stronger financial foundation. These folks are experienced, seasoned tax preparers,” said Lori A. Cox, the Agency's Director.

SSA-VITA now offers preparation for Married-Filing Separately returns, and Certified Acceptance Agents (CAAs) are available to assist clients with complete Individual Tax Identification Number (ITIN) applications. Volunteers have vowed to break last year's record of over 2,100 returns processed and \$3.2 million in refunds returned to the County's economy. Last year the Social Services Agency recorded its largest single return of \$26,218; the family intended to use their tax bonanza as a down payment on a home.

This tax season the SSA will continue helping individuals and families receive the largest refunds

possible by claiming the credits they have earned. The Earned Income Tax Credit (EITC) is provided to working families and single or married individuals. Individuals and households whose 2014 income was \$53,000 or less qualify for the EITC and no cost tax preparation services. Additionally, families and individuals may be eligible for the child tax credit along with EITC.

With the help of a grant from the United Way of the Bay Area, SSA's VITA volunteers complete required IRS training and at least 30 hours of evening and weekend service.

Tax Filers Assistance (low-moderate incomes)
Now through Apr 15 (Closed February 16)
Mondays and Wednesdays: 5:30 p.m. - 8:30 p.m.
Saturdays: 9 a.m. – 4 p.m.

Eden Area Multi-Service Center
24100 Amador St, Hayward
(510) 267-9434
ssoublet@acgov.org
Free

Congressman Mike Honda named to Appropriations Subcommittees

SUBMITTED BY KEN SCUDDER

Congressman Mike Honda (CA-17), a senior member of the House Appropriations Committee, was named to the following Appropriations subcommittees for the 114th Congress: Commerce, Justice and Science; and Energy and Water Development. Congressman Honda has been on the Commerce, Justice and Science Subcommittee since 2007. He will be joining the Energy and Water Development Subcommittee for the first time.

“I’m looking forward to working with my colleagues on both of these critical subcommittees to see that we are spending America’s tax dollars appropriately and effectively,” Congressman Honda said. “I am excited to be joining the Energy and Water subcommittee, to focus on issues that are important to Silicon Valley’s future. These subcommittee assignments allow me to fully represent my constituents in Congress.”



Teacher – District impasse declared in Union City

According to information sent to parents of students in the New Haven Unified School District, the New Haven Teachers Association (NHTA) representing 616 employees and New Haven Unified School District (NHUSD) have declared an impasse in labor negotiations. Following expiration of the existing contract on July 14, 2014, representatives of both parties have been meeting to hammer out an acceptable agreement. At issue are wages, benefits, class size and concessions by employees to maintain the integrity of the district during the “Great Recession.”

From January 26th to February 6th, NHTA will orchestrate a “work-to-rule” action that they believe will pressure NHUSD to accede to demands. During this period, the NHTA “Organizing Team” has urged members to perform only duties expressly outlined in contracts, refraining from additional activities outside a contractual workday. As a consequence, class work and homework may be curtailed, conferences delayed and club activities discontinued.

According to the NHTA website (newhaventa.org) specific actions include:

- All sites will be sending home a Work-to-Rule letter to parents...
- We will work a 7-hour day. All teachers will walk into school at the same time, and all teachers will

leave school at the same time.

- No homework will be assigned. Work assigned will be limited to what can be assessed during our contractual day.
- No After-School Clubs
- No Parent/Teacher Conferences
- No answering emails during non-contractual hours.

In a letter sent to parents of students at Kitayama Elementary School, an outline of these measures is followed by the statement, “It is our hope, however, that our actions will hasten a fair settlement and avoid the far more disruptive possibility of a strike.”

A letter dated Top of Form

A release dated December 19, 2014 from NHUSD outlines a “comprehensive proposal” by the District including salary adjustments and contributions toward health benefits. Rejected by NHTA, both parties have filed an “impasse” with the Public Employment Relations Board (PERB), resulting in mediation. Board President Michael Ritchie said, “We are hopeful that we can resolve our differences with the NHTA bargaining team and collectively focus on our students’ educational needs without the complication of an ongoing labor dispute.”

Pursuant to Government Code 6061 and Education Code 5092 FREMONT UNIFIED SCHOOL DISTRICT HEREBY ANNOUNCES

On Tuesday, December 9, 2014, Lily Mei resigned from the Fremont Unified School District Governing Board with the Alameda County Superintendent of Schools, to accept an elected seat on the Fremont City Council.

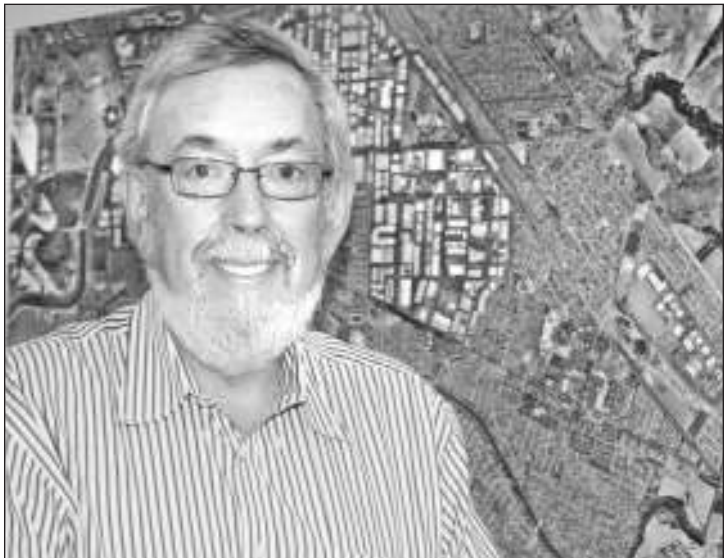
The Fremont Unified School District Board of Trustees hereby appoints **Michele Berke**.

The date for the appointment of Ms. Berke to the Fremont Unified School District Governing Board is

January 21, 2015.

Unless a petition calling for a special election pursuant to Education Code 5091 is filed in the Office of the Alameda County Superintendent of Schools within 30 days of this provisional appointment, it shall become an effective appointment.

New leadership in Union City



SUBMITTED BY LAUREN SUGAYAN

Union City starts the New Year with a fresh outlook from newly appointed Interim City Manager Antonio E. Acosta or warmly known as “Tony” by City staff, City Council and community members. Acosta succeeds Larry Cheeves who recently retired as City Manager, a position he held with distinction since 2003. The City Council voted unanimously to appoint Mr. Acosta to oversee a full time staff of 217 city employees and an annual operating budget of \$45 million. His primary focus in leading the City will be to implement strong economic development initiatives, improve internal communication and community engagement, and to establish marketing strategies that make Union City a sought-after destination for families, visitors and businesses.

Mayor Carol Dutra-Vernaci stated, “I am very pleased to have Tony Acosta serve as Interim City Manager. The year is only a few weeks old and Tony has already exhibited exemplary skill in the position. His enthusiasm is infectious and his communication with City Council is excellent.”

While Mr. Acosta is new to the position of city manager, he is not new to Union City. He is a long time resident of Union City and formerly served as the City’s Deputy City Manager since 2001. In this role, he spearheaded the development of social programs benefitting community members, such as the Youth Violence Prevention and Intervention Program and the New Haven Unified School District’s Kids Zone program. He also championed successful ballot measures that stabilized City revenues over the last several years.

Hayward Recreation and Park District Board of Directors’ Awards

SUBMITTED BY
LAURA CORREA-HERNANDEZ

The Hayward Area Recreation and Park District (H.A.R.D.) appreciates all of the individuals and organizations who provide important volunteer service to



Ms. Charlotte Leong, D.V.M

the District and the community and have so honored these individuals and organizations with an award program since 1962.

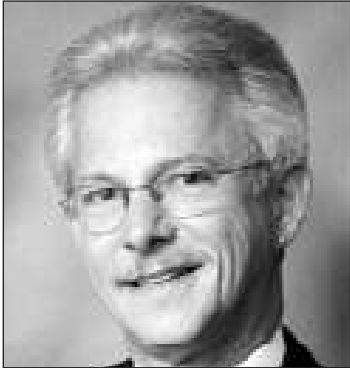
This year, the District is pleased to announce and congratulate the 2014 Board of Directors’ Awards Program recipients, Dr. Charlotte Leong, D.V.M. and



John F. Hannon

the Law Offices of Steven C. Dimick and John F. Hannon. Winners will be recognized at a luncheon on January 30 where they will be honored for their outstanding volunteerism.

The 2014 recipient for Individual Award is Ms. Charlotte Leong, D.V.M. who was nominated by the Sulphur Creek Nature Center Staff. With over 2,600 donated hours, Dr. Leong has been an amazing volunteer for H.A.R.D. since 1989. She has been instrumental in helping with the care for resident mammals. For 25 years she has offered her veterinary skills and services free of charge to the District.



Steven C. Dimick

The 2014 recipient for Organization Award is the Law Offices of Steven C. Dimick and John Hannon who was nominated by the H.A.R.D.’s Senior/Active Adult Program Staff. Mr. Dimick and Mr. Hannon have shared their time and talents by providing free legal services to the seniors at the Kenneth C. Aitken Senior and Community Center for the past 22 and 21 years respectively.

The award nomination submissions for Dr. Leong, Mr. Dimick and Mr. Hannon can be viewed at www.haywardrec.org/awards.

Fremont Elks donate to local schools and charities

SUBMITTED BY JOAN WHITE

In October and November 2014, the Fremont Elks Lodge 2121 donated 1,826 dictionaries to 19 local elementary schools. Over the course of several weeks, the books were delivered to the schools and in many cases, directly to the third grade students.

In December, the Lodge donated \$6,300 to local churches and charities, including Abode Services, Disabled American Veterans, Life Elder Care, SAVE and Sister John Marie’s Pantry.

Community service and paying it forward are commitments Fremont Elks Lodge 2121 has made in keeping with the motto “Elks Care, Elks Share.” For more information, visit www.fremontelks.org/.

Pictured are Ian and Wanda Lanouette from the Elks Lodge and Catherine Strommen, Principal of Weibel Elementary School



A Combination of Artistic Creations



"Merry Wheel." Collage by Jan Schafir.



"April Morning." Oil painting by Therese Ely.

Jan Schafir and Therese Ely will be showing a combination of watercolors and oil paintings during the month of February at Mission Coffee.

Schafir's work is a combination of watercolors and works on alternative surfaces such as aquaboard and collages. It is an eclectic group of artwork that she enjoys creating. Ely's oils are images she has etched in her memory from the many hikes she and her husband take in the mountains, plus many trips to the beach. Both artists are part of the teaching staff at Jan's Art Studios on Fremont Boulevard.

Although a formal reception has not been planned, both artists will be available to come and discuss their work with admirers and/or customers by calling (510) 791-9290. The owners of Mission Coffee encourage customers to purchase a cup of coffee or lunch and enjoy the paintings.

A Combination of Artistic Creations
Sunday, Feb 1 – Saturday, Feb 28
Monday - Friday: 5 a.m. – 9 p.m.
Saturday & Sunday: 6 a.m. – 9 p.m.
Mission Coffee
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(510) 791-9290

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Dr. Eric Okamoto, M.D.

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BY JEFFREY HATCHER

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COMMUNITY BULLETIN BOARD

Rotaract Club of Greater Fremont Community service & business club for young professionals and students ranging from ages 18 to 30. Meetings on 1st & 3rd Wednesdays at 7 pm. Find our events on meetup.com/rotaractfremont	AMERICAN LEGION POST 837 Meets third Tuesday each month - 6:30-8:30pm Social, Program, General Meeting Historic Niles Veterans Hall 2nd & E. Street, Fremont www.POST837.org ALL VETERANS WELCOME	The League of Women Voters invites you to visit our website at www.lwvfnuc.org You'll find valuable information about your community and voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are non-partisan and free to the public.	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Hayward Arts Council 22394 Foothill Blvd., Hayward 510-538-2787 www.haywardarts.org Open Thurs., Fri., Sat., 10am-4pm Promotes all the arts & encourages local artists in all art mediums. Foothill Gallery, John O'Lague Gallery, Hayward Area Senior Center Exhibit Hall. All FREE- open to public.	
TRI-CITY DEMOCRATIC FORUM MEETING Every Third Wednesday 7:00 pm Chandni Restaurant 5748 Mowry School Rd Newark, CA 94560 http://www.tricitydems.com/	Tri-City Ecology Center Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-793-6222	Soroptimist International Tri-Cities Improving the lives of women and girls in our community and throughout the world. Meetings: Third Monday every month at 6:00pm Papillon Restaurant 37296 Mission Blvd Fremont Call 510-621-7482 www.sitricities.org	The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV	
Come Join Us Tri Cities Women’s Club Meets on the third Tuesday Elk’s Club on Farwell Dr. 9:30 – Cards, 12:00 – Lunch 1:00 – Program and Meeting We also have bridge, walking, Gourmet dining groups, And a book club. For info. Call 510-656-7048	Help with Math & Reading You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. Contact 510-797-2703 dla_aarp_4486@yahoo.com	Fremont Cribbage Club teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email: Accgr43@gmail.com American Cribbage Congress www.cribbage.org		
	Afro-American Cultural & Historical Society, Inc. Sharing ur culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday 5:30pm in member homes Contact: 510-793-8181 www.aachis.com We welcome all new members	SparkPoint Financial Services FREE financial services and coaching for low-income people who want to improve their finances. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center To reserve a seat: 574-2020 Fremont.gov/SparkPointFRC		
Troubled By Someone's Drinking? Help is Here! Al-Anon/Alateen Family Groups No cost program of support for people suffering from the effects of alcoholism in a friend or loved one. Call 276-2270 for meeting information or email Easyduz@gmail.com www.ncwsa.org	The Friendship Force San Francisco Bay Area Experience a country and its culture with local hosts and promote global goodwill. Clubs in 56 countries. Monthly activities and group travel. www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857.	Become the speaker & leader you want to be Citizens for Better Communicators (CBC) Toastmasters Guests and Visitors welcome Saturdays 10:15am Unitek College Room 141 4580 Auto Mall Pkwy., Fremont 510-754-9595	FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com	First Church of Christ Scientist, Fremont Sunday Service 10am Sunday School 10am Wed. Eve Service 7:30pm Chld Care is available all services. Reading Room Open Monday - Friday 1-3pm 1351 Driscoll Rd., Fremont 510-656-8161
Painting with Nancy Benton \$40.00, All materials provided experience is not necessary. Held Saturdays 11:30 – 1:30 1/24, 2/28, 3/28, 4/25 Registration recommended 37697 Niles Blvd., Fremont www.fremontartassociation.org 510.792.0905	Fremont Art Association Painting with Nancy Benton \$40.00, All materials provided, experience is not necessary. Held Saturdays 11:30 – 1:30 1/24, 2/28, 3/28, 4/25 Registration recommended 37697 Niles Blvd., Fremont www.fremontartassociation.org 510.792.0905	ORIGINAL ARTWORK The Fremont Art Associaation Gallery recently installed new paintings, ceramics, jewelry, fiver arts and more! Visit us at: Fremont Art Association 37697 Niles Blvd., Fremont www.fremontartassociation.org Open Wednesday - Sunday	Alder Ave. Baptist Church 4111 Alder Ave., Fremont Serving GOD Southern Baptist Traditon - Pastor-Randy Walters Sunday Bible Study -9:30am Worship Service - 11am Community Sing-Along First Friday every month 510-797-330 www.Alderavenuebaptist.com	New Dimension Chorus Men’s 4 Part Vocal Harmony In the “Barbershop” style Thursdays at 7pm Calvary Luther Church 17200 Via Magdalena SanLorenzo Contact: ndchorus.org 510-332-2481
QUALITY FREE TAX PREP IRS-Certified Tax Preparers \$53,000 or less household income Other restrictions may apply Saturdays: Feb 7 to Apr 11, 2015 10 am – 1 pm (Closed Mar 14) At Union City Library 34007 Alvarado-Niles Road Union City 510-574-2020 for more info	QUALITY FREE TAX PREP IRS-Certified Tax Preparers \$53,000 or less household income Other restrictions may apply Tuesdays: Feb 3 to Apr 14, 2015 10 am – 1 pm - by Appointment Only At Tri-City Volunteers 37350 Joseph Street Fremont Sara Govea at 510-793-4583		Coffee House Saturday January 31 7-8:30pm FREE Admission David Hughes and The Tribute Band New Hope Community Church 2190 Peralta Blvd., Fremont 510-739-0430 neuhopec@pacbell.net www.newhopefremont.org	Soiree Singles For People Over 60 Many Activities! Dancing, Dinners, Luau’s Potlucks. Great Fun! email: lelochmil@att.net or Call: Lois for FREE Newsletter 510-581-3494
QUALITY FREE TAX PREP \$53,000 or less household income Other restrictions may apply Fremont Family Resource Center 39155 Liberty St, Fremont Open: Feb 2 to Apr 15, 2015 Monday & Wednesday: 4 pm - 8 pm Friday: 10 am - 1 pm Closed 2/16/1-President's Day 510-574-2020 for more info	QUALITY FREE TAX PREP IRS-Certified Tax Preparers \$53,000 or less household income Other restrictions may apply Saturdays: Feb 7 to Apr 11, 2015 10 am – 1 pm (Closed Mar 8th) At Newark Library 6300 Civic Terrace Avenue Newark 510-574-2020 for more info		Little Lamb Preschool Open House Saturday, March 14 Everyone invited - meet staff and see class rooms. Free ice cream sundaes. Information on Fall enrollment. Drop in between 1pm-4pm 505 Driscoll Rd., Fremont www.littlelambpreschoolbcc.org	

Fremont teacher named to State Instructional Quality Commission

SUBMITTED BY BRIAN KILLGORE

At its January 14 meeting, the California State Board of Education appointed Risha Krishna, Mission San Jose High School Social Studies Teacher, in Fremont, to the Instructional Quality Commission (IQC). Made up of educators from throughout California, the IQC is an advisory body to the State Board of Education on matters related to curriculum, instructional materials, and content standards in accordance with the state’s Education Code.

“I am honored to be able to serve California students on a statewide level,” Krishna said. “This is a unique opportunity for a teacher to be part of a team whose sole focus is evaluating curriculum and instruction materials for classrooms.”

“We are very proud to have one of our staff selected for such a prominent role in developing the best educational opportunity for students in California,” added Fremont Unified School District (FUSD) Superintendent, Dr. James Morris. “Ms. Krishna is a respected member of our District and will be a great asset for education in Sacramento.”

The 18-member IQC is made up of a State Senator, Assembly member, 13 teachers from throughout the State of California and three members of the public appointed by senators. Krishna will attend orientation in Sacramento February 5 and be sworn in at her first meeting February 6. Visit the California State Board of Education’s website at www.cde.ca.gov for more information.



Women's Basketball

Pioneer Report

SUBMITTED BY
SCOTT CHISHOLM

Pioneers pass test from Wildcats

Cal State East Bay got back on track in convincing fashion January 23rd with a 75-56 thumping of Chico State inside Pioneer Gymnasium. The Pioneer bench played a big role in Friday's result finishing with 34 points, led by nine apiece from key contributors Laci Effenberger and Sharissa Estremera.

"Our bench played a crucial role tonight and it was exciting to have our reserves contribute like they did tonight," praised East Bay Head Coach Suzy Barcomb. "We finally had a solid night shooting the ball and it couldn't have come at a better time for us as we really have had some heart-breaking results."

Cal State East Bay matched its season best effort with eight 3-pointers on the night. Effenberger contributed her first points as a Pioneer knocking down all three of her long distance shots. "It was a total team effort and everyone contributed. We were making the extra pass and three times it just happened to be me (who was open)," said Effenberger

A 10-1 East Bay scoring run was bookended by Effenberger 3-pointers, and a Tori Breschers offensive rebound put back off a missed free throw pushed the halftime edge to 33-23. It was a

microcosm of the evening as the Pioneers dominated the glass earning a 37-24 rebounding edge. Stephanie Lopez, Micah Walker, and Breschers each grabbed six rebounds to lead the squad.

Lopez scored 14 points on a season-low eight shot attempts. Her impact came as a distributor and rebounder finishing with a season-high eight assists and the squad finished with a year best 22 dimes on 28 made field goals.

East Bay Survives Scare from Stanislaus

A comfortable lead turned to a dicey finish but Cal State East Bay defended home court in a 58-55 triumph over Cal State Stanislaus on January 24th. The Pioneers pounded the boards as



Alyssa Palma's 3-pointer ended the team's stretch of more than six minutes without a made basket in a close win over Stanislaus



Laci Effenberger was perfect from beyond the arc in win over Chico State

starters Tori Breschers and Stephanie Lopez both finished with 12 rebounds to complete their double-doubles.

Cal State East Bay led by its largest margin of 15 following a stretch of 12 unanswered points early in the second half. Back-to-back fast break layups from Micah Walker and Bianca Littleton forced a Warriors timeout. Shannon Bland then scored the next five points and dished to Laci Effenberger for one her three 3-pointers on the night to cap off the run.

In the closing seconds of the game, Alyssa Palma calmly stepped to the line and knocked down both free throws to push the lead back to three with 0.9 left. The Warriors were unable to get a shot off and the Pioneers escaped with the victory.

Cal State East Bay controlled the glass throughout the night finishing with a 42-24 rebounding advantage including 16 offensive boards.

"Stephanie and Micah were tough on the defensive glass tonight and that was vital in limiting Stanislaus second chance points," East Bay Head Coach Suzy Barcomb complimented of Lopez's 10 defensive boards and Walker's four which were the highest totals on the team.

Cassidy Curry-Sanders finished with team-highs of 14 points and 11 rebounds. Curry-Sanders, Holladay, and Alysa Valentine combined for 39 of the team's 55 points on 14-of-23 (.609) shooting from the field. The rest of the squad scored 16 points on 3-of-23 (.130) shooting from the floor, including only two bench points on the night.

Women's Water Polo

SUBMITTED BY SCOTT CHISHOLM

East Bay hangs tough

State East Bay women's water polo battled the Brazilian National Team to a 15-6 defeat in its January 19th exhibition match at Pioneer Pool. Casey Rushforth and Ka'iliponi McGee each scored twice and goalkeeper Marrina Nation made nine saves in the team's home debut.

Nation came out strong with four first quarter saves in holding Brazil to just two goals over the opening eight minutes. Lefty senior Alyssa Hess put away the Pioneers first 6-on-5 opportunity of the match cutting the deficit to 2-1 at the end of the frame.

The East Bay offense got rolling in the second quarter with Rushforth scoring both of her goals in the period. Her second came on a backhand from two meters on the team's final possession as the Pioneers remained in striking distance trailing 7-4 at the half.

Sabrina Hatzler scored for the first time at Pioneer Pool with a cross cage lob early in the third quarter. However Brazil responded with three unanswered

goals which sparked a 7-1 run to close out the game.

McGee put away a player advantage opportunity for her first of two goals as the Pioneers finished 2-of-9 on the day. Olivia Mackell and Hess drew three exclusions apiece to set up six of the team's nine chances overall.

The East Bay defense held Brazil to just 2-of-7 conversions heading into the fourth quarter, but the Brazilians cashed in on 3-of-4 chances over the final eight minutes.

Nation played three quarters and stopped or redirected many point blank scoring chances. She gave way to teammate Miranda Diehm who made three fourth quarter saves.

Victory snatched from Pioneers

Cal State East Bay's halftime lead slipped away to Western Water Polo Association (WWPA) rival Cal State Monterey Bay on January 24, 2015 as the Pioneers dropped a 9-8 decision to the Otters. It is the fourth straight meeting decided by one goal in this rivalry, with each team winning two games apiece.

Senior goalkeeper Marrina Nation made 12 saves including a 5-meter penalty shot which preserved a tie score early in the fourth quarter. However it was not enough as CSUMB took its first lead of the game two minutes later and held on for the win.



Casey Rushforth either led or tied for the team lead in goals, steals, and drawn exclusions

The Pioneer Pool crowd was treated to a promising start for the home side as Nayiri Kechichian scored on the team's opening possession. Ka'iliponi McGee and Alyssa Hess added goals of their own to build a 3-1 first quarter lead. Sabrina Hatzler scored back-to-back goals and Hess netted her second in the final seconds of the half to give Cal State East Bay a 6-4 halftime cushion.

Casey Rushforth scored a pair of fourth quarter goals including one which

halted the CSUMB scoring run and pulled the Pioneers to within an 8-7 score. Her final tally came with 26 seconds remaining, but the Otters gained possession following the goal and ran out the final seconds to end the game.

Rushforth led the Pioneers with three steals, two drawn exclusions, and was one of three East Bay players to score a pair of goals.

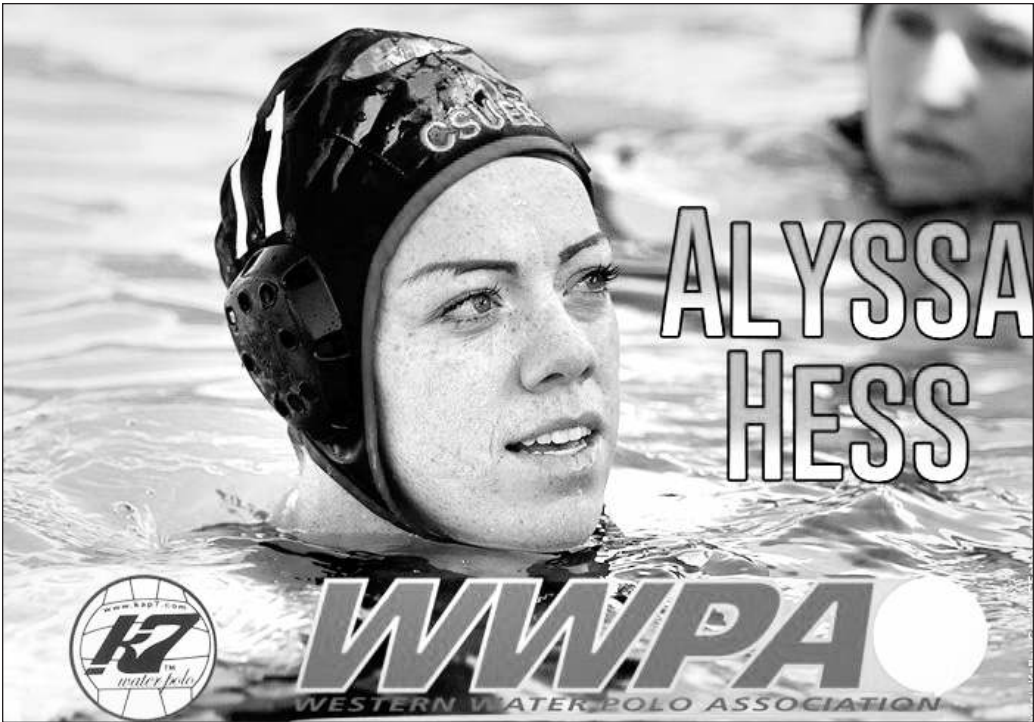
Hess named Player of the Week

Women's Water Polo

SUBMITTED BY SCOTT
CHISHOLM

Cal State East Bay senior Alyssa Hess has been named the KAP7 Western Water Polo Association (WWPA) Player of the Week for the week of Jan. 12-18. Hess led the team with four goals over the weekend including a hat trick in her first match as a Pioneer. She scored three times in a 12-2 win over Fresno Pacific and added another in a loss to No. 7 San Jose State.

Hess, a transfer from Azusa Pacific and graduate of Newark Memorial High School, scored 144 goals during her three active seasons with the Cougars. She scored a program record 64 as a freshman in 2011 and netted 30-plus goals during each season at APU.



PUBLIC NOTICES

BULK SALES

ESCROW NO. 210724
NOTICE TO CREDITORS OF BULK SALE
(See U.C. 6104, 6105 U.C.C.)

Notice is hereby given to creditors of the within named seller that a bulk sale is about to be made of the assets described below.
The name and business address of the seller is Nguyen Vu Restaurant LLC, 5729 Jarvis Ave., Newark, CA 94560.
The location in California of the chief executive office of the seller is: (If "same as above", so state.) Same
As listed by the seller, all other business names and addresses used by the seller within three years before the date such list was sent or delivered to the buyer are: (If "none", so state.) none
The name and business address of the buyer are: American Spring LLC, 5729 Jarvis Ave., Newark, CA 94560
The assets to be sold are described in general as furniture, fixtures and equipment, goodwill and covenant not to compete
and are located at 5729 Jarvis Ave., Newark, CA 94560
The business name used by the seller at that location is Nguyen Vu Restaurant
The anticipated date of the bulk sale is February 12, 2015 at Bay Commercial Bank, Escrow Services Dept, 3895 East Castro Valley Blvd Ste A, Castro Valley, CA 94552.
The bulk sale is subject to California Uniform Commercial Code Section 6106.2.
If so subject, the name and address of the person with whom claims may be filed is: Bay Commercial Bank, Escrow Services Dept. 3895 East Castro Valley Blvd, Castro Valley, CA 94552
And the last date for filing claims shall be February 11, 2015, which is the business day before the sale date specified above.
Dated: January 7, 2015 American Spring LLC
/s/ Loc Nguyen
Loc Nguyen
1/27/15

CNS-2170501#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT
File No. 500303

Fictitious Business Name(s):
Aloha Espresso Bar, 2500 Mowry Ave., Fremont CA 94538, County of Alameda
Registrant(s):
Wade Tamura, 411 Gateway Drive, #28, Pacifica CA 94044
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Wade Tamura
This statement was filed with the County Clerk of Alameda County on January 16, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/27, 2/3, 2/10, 2/17/15

CNS-2709488#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME
File No. 486937

The following person(s) has (have) abandoned the use of the fictitious business name: **New Shine Trucking, 4222 Central Ave #27, Fremont, CA 94536**
34102 Laner Way, Union City, CA 94587
The Fictitious Business Name Statement for the Partnership was filed on 01/16/2014 in the County of Alameda.
Baihar Singh, 34102 Laner Way, Union City, CA 94587
This business was conducted by:
S/ Baihar Singh
This statement was filed with the County Clerk of Alameda County on January 14, 2015
1/27, 2/3, 2/10, 2/17/15

CNS-2708903#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499985

Fictitious Business Name(s):
Seventh Street Group, LLC, 1155 Third Street, Suite 230, Oakland, CA 94607, County of Alameda
Registrant(s):
Seventh Street Group, LLC, 1155 Third Street, Suite 230, Oakland, CA 94607; CA
Business conducted by: a Limited liability company
The registrant began to transact business using the fictitious business name(s) listed above on 05/09/2014
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Thomas McCoy, Manager of Seventh Street Group, LLC
This statement was filed with the County Clerk of Alameda County on January 8, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/27, 2/3, 2/10, 2/17/15

CNS-2708705#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499611

Fictitious Business Name(s):
Snapbox, 39939 Stevenson Cmn, #3059, Fremont CA 94538, County of Alameda
Registrant(s):
Renz Martin A. Reyes, 39939 Stevenson Cmn, #3059, Fremont, CA 94538
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on n/a
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Renz Martin Reyes
This statement was filed with the County Clerk of Alameda County on December 29, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/27, 2/3, 2/10, 2/17/15

CNS-2708701#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 500109

Fictitious Business Name(s):
Bella Eye Care Optometry, 6247 Jarvis Avenue Newark CA 94560, County of Alameda; 6247 Jarvis Avenue Newark CA 94560; Alameda
Registrant(s):
Fung Nguyen, O.D., Inc. 6247 Jarvis Avenue, Newark CA 94560; California
Business conducted by: a corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Judy Nguyen, OD President
This statement was filed with the County Clerk of Alameda County on January 12, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/20, 1/27, 2/3, 2/10/15

CNS-2708152#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499769

Fictitious Business Name(s):
Furniture Depot, 40525 Albrae St., Fremont, CA 94538, County of Alameda
Registrant(s):
Ringo Le, 345 Castro Ln., Fremont CA 94539
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Ringo Le
This statement was filed with the County Clerk of Alameda County on January 2, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/20, 1/27, 2/3, 2/10/15

CNS-2708150#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME
File No. 45578

The following person(s) has (have) abandoned the use of the fictitious business name: **Furniture Depot, 40525 Albrae St., Fremont, CA 94538**
The Fictitious Business Name Statement being abandoned was filed on 9/1/2011 in the County of Alameda.
David Diep Le, 345 Castro Ln., Fremont, CA 94539
This business was conducted by:
S/ Ringo Le
This statement was filed with the County Clerk of Alameda County on January 2, 2015
1/20, 1/27, 2/3, 2/10/15

CNS-2708148#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME
File No. 449276

The following person(s) has (have) abandoned the use of the fictitious business name: **Peaceful Path to Joy, 35685 Embassy Common, Fremont, CA 94536**
The Fictitious Business Name Statement for the Partnership was filed on 3/16/2011 in the County of Alameda.
James B. Freer, 35685 Embassy Common, Fremont, CA 94536
This business was conducted by:
S/ James Brabley Freer
This statement was filed with the County Clerk of Alameda County on January 13, 2015.
1/20, 1/27, 2/3, 2/10/15

CNS-2707855#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499778

Fictitious Business Name(s):
Essence of it Beauty Supply Salon, 94509 Central Ave., Suite #14, Newark, CA 94561, County of Alameda
Registrant(s):
Moessa Moore, 4591 Piper St., Fremont, CA 94538
Tracey Perry, 526 Berry Ave., Hayward, CA 94544
Business conducted by: a Joint Venture
The registrant began to transact business using the fictitious business name(s) listed above on n/a
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Moessa Moore, Partner
This statement was filed with the County Clerk of Alameda County on January 2, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/20, 1/27, 2/3, 2/10/15

CNS-2707767#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499353

Fictitious Business Name(s):
Airice HVAC Services, 2718 Cormorant Ct., Union City, CA 94587, County of Alameda; 2718 Cormorant Ct., Union City, CA 94587
Registrant(s):
Danny J Rice, 2718 Cormorant Ct., Union City, CA 94587
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on Sept. 2009
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Danny J Rice
This statement was filed with the County Clerk of Alameda County on December 19, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/20, 1/27, 2/3, 2/10/15

CNS-2707092#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499587

Fictitious Business Name(s):
Feng Shui Pang, Inc., 32949 Regents Blvd., Union City, CA 94587, County of Alameda
Registrant(s):
Feng Shui Pang, Inc., 32949 Regents Blvd., Union City, CA 94587, CA
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on Nov., 2008.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ King Yin Pang, CEO
This statement was filed with the County Clerk of Alameda County on December 26, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/20, 1/27, 2/3, 2/10/15

CNS-2706495#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499510

Fictitious Business Name(s):
Sold By Design Staged Homes, 37421 Parish Circle, Fremont, CA 94536, County of Alameda
Registrant(s):
Janice E. Fortune, 37421 Parish Circle, Fremont, CA 94536
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Janice Fortune
This statement was filed with the County Clerk of Alameda County on December 24, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/13, 1/20, 1/27, 2/3/15

CNS-2705718#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME
File No. 489209

The following person(s) has (have) abandoned the use of the fictitious business name: **I Desert, 1596 Washington Blvd, Fremont, CA 94539**
The Fictitious Business Name Statement for the Partnership was filed on 3/14/2014 in the County of Alameda.
I Desert Corporation, 2811 Castro Valley Blvd #112, Castro Valley, CA 94546
This business was conducted by:
S/ Jimin Chen
I Desert Corporation
This statement was filed with the County Clerk of Alameda County on December 29, 2014.
1/13, 1/20, 1/27, 2/3/15

CNS-2705402#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499667

Fictitious Business Name(s):
Fight, 1596 Washington Blvd, Fremont, CA 94539, County of Alameda
Registrant(s):
I Desert Corporation, 1596 Washington Blvd, Fremont, CA 94539; CA
Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Simin Chen - CEO
This statement was filed with the County Clerk of Alameda County on December 29, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/13, 1/20, 1/27, 2/3/15

CNS-2705377#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499521

Fictitious Business Name(s):
Buckley Engineering Associates, 39267 Marbella Terraza, Fremont, CA 94538, County of Alameda
Registrant(s):
David W. Buckley, 39267 Marbella Terraza, Fremont, CA 94538
Business conducted by: an individual.
The registrant began to transact business using the fictitious business name(s) listed above on 11-18-14.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ David W. Buckley
This statement was filed with the County Clerk of Alameda County on December 24, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/13, 1/20, 1/27, 2/3/15

CNS-2705338#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499735

Fictitious Business Name(s):
GoGo Sports, 23385 Foley Street, Hayward, CA 94545, County of Alameda
Mailing address: 23385 Foley Street, Hayward, CA 94545
Registrant(s):
Dimco Apparel Inc., 23385 Foley Street, Hayward, CA 94545, California
Business conducted by: a corporation

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Nimish Patel (President)
This statement was filed with the County Clerk of Alameda County on December 31, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/13, 1/20, 1/27, 2/3/15

CNS-2705310#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499499

Fictitious Business Name(s):
Charming Canine, 1015 La Bonita Terrace, Union City, CA 94587, County of Alameda
Registrant(s):
Alicia D. Tayco, 1015 La Bonita Terrace, Union City, CA 94587
Marvyn B. Tayco, 1015 La Bonita Terrace, Union City, CA 94587
Business conducted by: Married Couples
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Alicia D. Tayco
This statement was filed with the County Clerk of Alameda County on December 23, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/13, 1/20, 1/27, 2/3/15

CNS-2704909#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME
File No. 473626

The following person(s) has (have) abandoned the use of the fictitious business name: **Opto Maven, 49091 Woodgrove CMN, Fremont, CA 94539**
The Fictitious Business Name Statement for the Partnership was filed on 1/10/2013 in the County of Alameda.
Degang Cheng, 49091 Woodgrove CMN, Fremont, CA 94539
This business was conducted by:
S/ Degang Cheng
This statement was filed with the County Clerk of Alameda County on December 19, 2014.
1/13, 1/20, 1/27, 2/3/15

CNS-2704744#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499224

Fictitious Business Name(s):
Mathnasium of Fremont, 3185 Stevenson Blvd., Fremont, CA 94538, County of Alameda
Registrant(s):
Connexi STEM Education, LLC, 3185 Stevenson Blvd., Fremont, CA 94538; LLC was registered in California
Business conducted by: A Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Eric TS Pan, Managing Member
This statement was filed with the County Clerk of Alameda County on December 16, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/6, 1/13, 1/20, 1/27/15

CNS-2704035#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499152

Fictitious Business Name(s):
Young Smiles, 39560 Stevenson Place, #118, Fremont, CA 94539, County of Alameda
Registrant(s):
David E. Morris, DDS, Inc., 39560 Stevenson Place, #118, Fremont, CA 94539; CA
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 8-2001
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ David E. Morris DDS, President
This statement was filed with the County Clerk of Alameda County on December 12, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/6, 1/13, 1/20, 1/27/15

CNS-2703839#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499634

Fictitious Business Name(s):
Darmon Services, 5423 Central Ave. Ste. 5, Newark CA 94560, County of Alameda; Same
Registrant(s):
Mohammad Esmael Darman, 5889 Central Ave., Newark CA 94560
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Mohammad Esmael Darman
This statement was filed with the County Clerk of Alameda County on December 10, 2014
NOTICE: In accordance with subdivision (a) of

Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/6, 1/13, 1/20, 1/27/15

CNS-2703349#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499432

Fictitious Business Name(s):
Fech Chai Thai Cuisine, 47894 Warm Spring Blvd., Fremont, CA 94539, County of Alameda
Registrant(s):
Nilubon Athiprayoon, 1008 S. De Anza Blvd., #1202, San Jose, CA 95129
Chonthida Athiprayoon, 615 Kenneth Ave., Campbell, CA 95008
Chanatana Assavanivest, 1428 Antonio Lane, San Jose, CA 95117
Business conducted by: Co-partners
The registrant began to transact business using the fictitious business name(s) listed above on Nov. 27, 2014
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Chanatana Assavanivest, Partner
This statement was filed with the County Clerk of Alameda County on December 22, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/6, 1/13, 1/20, 1/27/15

CNS-2703050#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 499539

Fictitious Business Name(s):
MOA Plumbing, 34101 Sylvester Dr., Fremont, CA 94555, County of Alameda
Registrant(s):
Mauricio Orlando Aguirre, 34101 Sylvester Dr., Fremont, CA 94555
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on n/a
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Mauricio Aguirre
This statement was filed with the County Clerk of Alameda County on December 24,

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Thursday, January 15

Officer J. Harvey responded to Whole Foods Market on the report of a citizen’s arrest for petty theft. An adult female was arrested for the petty theft and was taken to Fremont City Jail for booking.

Multiple officers responded to Asian Pearl Restaurant on Boscell Road, where two patrons were in a fight and assaulting each other with bottles. When officers arrived the two combatants had separated. The investigation found that during a family birthday celebration, two brother-in-laws became involved in an argument over a birthday cupcake. One of the brother-in-laws attempted to strike the other brother-in-law with a large ceramic planter box. The other brother-in-law defended himself by striking the other brother-in-law over the head with an empty wine bottle. The impact caused a large laceration. The injured brother-in-law was transported to the hospital for treatment and was found to be the primary aggressor in the assault.

At 1:24 a.m., a male victim was approached in the parking lot of Mission Peak Apartments by three suspects. One of the suspects pointed a black semi-auto at the victim’s head and ordered him to turn around while the two accomplices searched the victim’s pockets. The victim’s wallet is the only known loss and the suspects fled on foot toward Stevenson. The suspects were all described as black male adults in their 20s. An extensive area check and K-9 track did not result in any further leads. Case was investigated by Officer Soper.

Friday, January 16

At approximately 5:05 p.m., officers responded to 7-Eleven on Sundale Drive, where the victim of an assault was located. The victim was struck in the face by another transient. When he was struck in the face, he fell and struck his head causing a large laceration. He was transported to the hospital where he received care. This investigation is ongoing.

Saturday, January 17

A caller reported that eight teenagers were trespassing near the park at Blackstone Way and Pecos Avenue. Officer Luevano arrived and attempted to contact the group, but one ran away while reaching into his waist band. The male ran east-bound and began hopping fences toward Fremont Boulevard. A perimeter was quickly established and the suspect was located hiding within a backyard. The uncooperative 17-year-old male was subsequently taken into custody.

Monday, January 19

Officers investigated a residential burglary that occurred in the area of S Grimmer Boulevard/Sage Court. A juvenile female entered her residence and observed an unknown female suspect walking downstairs and fleeing out of the back door. The suspect is described as a white female adult, with blonde hair in a ponytail, skinny, and was wearing a white jacket and blue jeans.

Officers were dispatched to a suspicious circumstance call at an auto dealer on the 36800 block of Fremont Boulevard at 11:51 p.m. The report was that there were two to three males with hoodies inside the car lot. Coincidentally, the dealership had seven vehicle keys taken the night prior. Officers arrived on scene and saw one suspect running through the lot. Officers caught up to him and he was arrested in

the Midas parking lot. A second suspect realized he was within the perimeter with a K-9 searching and called his mother to pick him up. The suspect told us his location on Thornton Boulevard, where he was found on the roof of a van. The two were arrested for prowling and officers did not find any vehicle keys. Both suspects were juveniles.

Tuesday, January 20

At 1:35 p.m., officers investigated a residential burglary on the 40200 block of Strawflower Way. The unknown suspects made entry by kicking open the front door. The burglary occurred sometime between 11:00 a.m. and 1:10 p.m. Cash and jewelry were taken.

At 2:22 p.m., officers were called to investigate a suspicious circumstance call on the 40500 block of Blacow Road. The victim called dispatch and reported that an unknown male rang her doorbell several times and then made entry into her backyard. The suspect realized someone was home and fled. The unknown suspect(s) fled in a BMW.

Officers responded to the 4800 block of Regents Park to investigate a residential burglary. The unknown suspects kicked in the front door to enter the residence sometime between 12:50 p.m. and 1:05 p.m. The unknown suspect(s) took an Xbox, karate equipment, cash, jewelry and purses. The suspect vehicle was possibly a blue BMW.

Officers responded to investigate a residential burglary on the 1100 block of Gilbert Court. The unknown suspect(s) gained entry via an unlocked door to the residence sometime between 12:10 p.m. and 2:00 p.m.

Officers responded to a residential burglary on the 38000 block of Blacow Road. The unknown suspects made entry into

the house sometime between 10:30 a.m. and 4:30 p.m. by kicking open the door. The suspect(s) took jewelry, tablets, a laptop, and camera equipment.

At approximately 6:05 p.m., officers investigated a residential burglary on the 4500 block of Nicolet Avenue. The unknown suspects made entry through an unlocked garage door. The suspects took jewelry, cash, and a safe which contained personal documents.

Thursday, January 22, 2015

A reporting party called to report that he believed his neighbor’s house was being burglarized. As patrol officers arrived at the front of the residence, they observed a suspicious vehicle leaving the area. The driver of the vehicle was detained and later determined to be involved in the burglary. Additional officers and detectives responded to the area and set up a containment area. Detectives MacDonald and R. Smith located a male fleeing from a front yard. The male was detained and it was determined that he was also involved. Several additional yards were cleared, utilizing Officer Layfield and K-9 Kalimero, but no additional suspects were located. Special thanks to the Traffic Unit, school resource officers, and detectives for all responding to assist. Arrested for burglary are a 19-year-old adult male and a 17-year-old male juvenile.

Officers took a cold burglary report on the 4000 block of Omar Street. The unknown suspect(s) kicked open the front door.

Officers responded to a strong-arm robbery on the 36000 block of Fremont Boulevard. Two suspects held a male victim down and took his phone. K-9 tracking was initiated but the suspects were not located.

Officer-involved shooting occurred

SUBMITTED BY FREMONT PD

Fremont Police Detectives are actively investigating an assault with a deadly weapon incident that led to an officer-involved shooting on Friday, January 16, 2015 at approximately 2:00 p.m. A male carrying a knife approached a 54-year-old adult male contract worker who was standing near a vehicle on Great Salt Lake Court. The suspect was later identified as Zaki Shinwary, a 48-year-old Hayward resident.

The victim stated that Shinwary began screaming and making stabbing motions with the knife while coming toward him. The victim was able to evade Shinwary by taking refuge behind a tree, but Shinwary followed. Shinwary continued making thrusting motions with the knife, coming extremely close to stabbing the victim.

The victim’s co-worker was alerted to his colleague’s yells for help and came out of a residence to check on him. Shinwary saw the second victim exit the house and immediately turned his attention toward him. The second victim ran away and got behind a car.

While in the street, the second victim was able to alert a neighbor he saw standing across the street and yelled for her to call the police. Shinwary then walked out of the court, southbound along Great Salt Lake Drive, telling the second victim he was going to come back. Within a short period of time, the second victim then witnessed Shinwary walk back past the court, northbound toward Great Salt Lake Drive, then turn right onto Lake Arrowhead Avenue.

Officer Jeff Lawrence contacted the reporting party, who confirmed the suspect was still armed and reported the suspect was last seen headed toward Sylvester Harvey Park. At 2:13 p.m., Officer Lawrence saw Shinwary walking across Lake Arrowhead Avenue and into the park.

Sgt. Jared Morrison and Sgt. Daniel O’Connell arrived just as Officers Lawrence’s vehicle stopped alongside the south sidewalk of the park on Lake Arrowhead Avenue. Shinwary immediately turned around and began walking at a fast pace directly toward Officer Lawrence. With his hands concealed, he began yanking at his clothing as though trying to pull something from his jacket pocket.

Officer Lawrence got out of his vehicle, drew his firearm and immediately began giving commands, ordering Shinwary to stop moving and show his hands. Both sergeants ran toward Officer Lawrence’s vehicle to assist. Sgt. Morrison positioned himself near Officer Lawrence, while Sgt. O’Connell positioned himself along the passenger side of the vehicle, armed with a TASER.

Shinwary did not respond to the officers’ repeated commands. He pulled a knife from his clothing with his right hand and quickly continued his advance toward Officer Lawrence. Officer Lawrence, fearing for his life, fired his duty weapon at Shinwary. Simultaneously to Officer Lawrence firing his weapon, Sgt. O’Connell fired his TASER across the hood from the passenger side of the patrol vehicle.

Sgt. Morrison relayed by police radio, “shots fired,” and immediately requested ambulance and medical aid. Fremont Fire paramedics declared Shinwary deceased at the scene. All three officers are on paid administrative leave, as is department policy.

This investigation is being jointly investigated by Fremont Police Department (FPD) and the Alameda County District’s Attorney’s Office. Anyone who has information about this incident is encouraged to contact FPD’s Crimes Against Persons Unit at (510) 790-6900.

Logan High teacher arrested for relationship with student

SUBMITTED BY JOHN MATTOS, NEW HAVEN UNIFIED SCHOOL DISTRICT PHOTO COURTESY OF UNION CITY PD

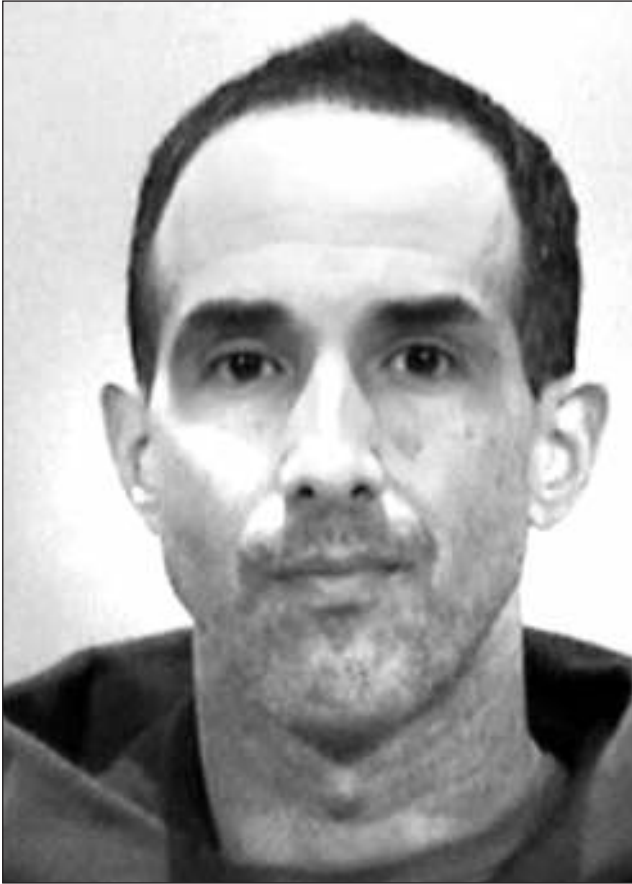
On January 2, New Haven Unified School District personnel became aware of an alleged inappropriate physical relationship between a James Logan High School teacher and a current James Logan student.

School administration immediately contacted the Union City Police Department who began their investigation. Based on information discovered by law enforcement, Logan High School teacher Joe Rey Valle, 49, was arrested later that evening. He was put on administrative leave by the school district, effective Monday, January 5.

Prior to being hired by the District, Mr. Valle did pass all required screenings and background checks, however, as part of our commitment to student safety, we took immediate action to initiate the proper notifications and investigations.

Administrators from the New Haven Unified School District will continue to work cooperatively with the Union City Police Department throughout this investigation.

Anyone with information that may advise the investigation is urged to contact Officer Rob Young, Union City Police Department, at (510) 471-1365.



Composting for Business program expanded

SUBMITTED BY CITY OF FREMONT

The City of Fremont offers a commercial recycling program for collecting and composting food scraps and food-soiled paper called the Composting for Business program. Alameda County’s Mandatory Recycling Ordinance requires food service businesses to separate compostable materials from garbage as of July 1, 2014. To comply with the new law, the Composting for Business program is expanding; it will now be offered to all food service facilities, regardless of size.

Adding composting collection for food scraps can save money and have a big environmental impact. Restaurants and food service facilities in particular can benefit from compost collection, since food scraps make up about 60 percent of a sit-down restaurant’s waste stream. And in Fremont, composting services cost about 50 percent less than the same level of monthly garbage service. Staff in the Environmental Services Division is available to visit your site, estimate potential savings and provide training to your staff, at no cost to your business. Please contact Lori Marra at (510) 494-4581 or email: LMarra@fremont.gov.

Houses passes bill easing rules regulating Wall Street

**BY MARCY GORDON
AP BUSINESS WRITER**

WASHINGTON (AP), Pro-pelled by its enlarged Republican majority, the House has moved to ease a landmark law reining in banks and Wall Street, more than six years after a financial crisis brought on the Great Recession. The vote was 271-154 on legislation that advanced a key priority of the Republicans. Approval of the bill came swiftly in the second week of the new Congress despite a veto threat from the Obama White House. The measure now goes to the Senate, where it will face strong opposition from liberal Democrats such as Massachusetts Sen. Elizabeth Warren. The legislation in the House by-passed the customary slog of committee work and revisions. It probably won't move through the Senate as quickly. While the Republicans now control the Senate as a result of November's elections, GOP senators would be more likely to work on compromises

with their Democratic colleagues and to put the legislation through a process of hearings and debate. In the House, 29 of 188 Democrats joined the near-unanimous 242 Republicans to vote for the measure. The bill alters sections of the 2010 Dodd-Frank financial overhaul. That law had tightened government oversight of banks and financial markets with an eye toward preventing another crisis and another taxpayer bailout of banks. At the height of the financial crisis in late 2008, the government stepped in to rescue crippled banks – including the largest Wall Street institutions – with hundreds of billions of dollars in taxpayer money. Most notably, the measure passed Wednesday would give U.S. banks two extra years – until 2019 – to ensure that their holdings of certain complex and risky securities don't put them out of compliance with a new banking rule. Some Senate Democrats began raising objections Wednesday as the House acted.

Sen. Sherrod Brown of Ohio, the new senior Democrat on the Senate Banking Committee, called the bill “another attempt by House Republicans to advance Wall Street’s interests at the expense of the American people.” “Rolling back protections that safeguard against practices that nearly crippled our economy creates unnecessary risks for taxpayers and investors,” Brown said in a statement. He will work with Banking Committee Chairman Sen. Richard Shelby, R-Ala., on legislation related to banking and financial regulation. Warren also is a member of that panel. Republican proponents insisted the new legislation would reduce the regulatory burden on small businesses and spur creation of new jobs. The business lobby was heartened by the House action and already looking toward additional changes in the Dodd-Frank law. In a speech, U.S. Chamber of Commerce President Thomas Donohue cited the Financial Stability Oversight Council and the Consumer

Financial Protection Bureau – two federal bodies created by the 2010 law – as needing changes and curbs to their authority. “We’re not out to repeal Dodd-Frank. What we’re interested in doing is making technical changes” to it, Donohue said in response to questions. The House bill revises the so-called Volcker rule, a key part of the financial overhaul law, which would limit banks’ riskiest trading bets. That kind of risk-taking on Wall Street helped trigger the 2008 crisis. Republicans in the House have been trying for years to chip away at the Dodd-Frank law, which Congress enacted with mostly Democratic support to tighten regulation. Republicans have denounced the law as an excessive expansion of regulatory authority that’s stifling the competitiveness of the financial industry. The White House issued a veto threat Monday, saying the bill “would weaken and undermine” the Dodd-Frank law. Referring to the proposed two-year

delay for certain securities under the Volcker rule, the White House said in a statement, “taxpayers should not have to wait that long to have limits in place that protect them from risky practices.” The Federal Reserve in April gave banks until July 2017 to sell off their holdings of so-called collateralized loan obligations, which are mainly backed by commercial loans to higher-risk companies. That came atop a previous one-year extension by the Federal Reserve, to July 2015. The rule is named for Paul Volcker, a former Federal Reserve Board chairman who was an adviser to President Barack Obama during the financial crisis. Volcker urged a ban on high-risk trading by big banks to diminish the likelihood that taxpayers might have to rescue them again. *Associated Press writer Matthew Daly contributed to this report.*

No-tip restaurant offers food for thought on pay, benefits

**BY KATHY MATHESON
ASSOCIATED PRESS**

PHILADELPHIA (AP),Customers to Girard Brasserie and Bruncherie might be in for a surprise when they read the note attached to their bills: “Tipping is not necessary.” That’s food for thought in an industry where servers depend on gratuities for the bulk of their pay. Yet staff at the French-inspired restaurant earn about \$13 an hour, and they get sick time, vacation days and health insurance. The economics aren’t easy, said Girard co-owner Brian Oliveira. Ideally, though, the provisions make for more loyal and content employees, who then create a better experience for customers, he said. “We had to make less money as owners and sacrifice some of that, but in the end, it created a better environment and everyone’s happier,” said Oliveira, who is also the chef. The unusual model highlights a debate about pay and conditions in an industry that employs 10 percent of the U.S. workforce, according to the National Restaurant Association. The group doesn’t track the number of no-tip models among the nation’s nearly 1 million eateries, but examples have popped up over the past year in Pittsburgh, New York, Los Angeles and near Cincinnati. The federal hourly minimum wage for non-tipped workers, such as dishwashers and cooks, is \$7.25; the minimum for tipped workers like waiters and bartenders is \$2.13. Paid time off and medical benefits are almost unheard of in the high-turnover business. Congress hasn’t raised the tipped wage in nearly 25 years. The restaurant association, which has fought increased minimums, argues that requiring higher wages will force owners to lay off servers, cut workers’ hours or raise prices. Some cities and states, acting on their own to address growing income inequality, have established higher minimum wages that apply both to workers who receive tips and to workers who don’t receive tips. Among the highest: \$10.74 an hour in San Francisco, \$9.47 an hour in Washington state and \$9.25 an hour in Oregon. The state minimum for tipped employees in Pennsylvania is \$2.83 hourly. After taking tips into account, that translates into a median wage of \$8.25 an hour, or just over \$17,000 per year for a full-time employee, according to Restaurant Opportunities

Centers United, an organization seeking to improve conditions in the field. But tips offer the potential to earn a lot more – and sometimes much more quickly – than even a higher hourly wage might allow, said Geoff Bowman, a longtime bartender in Philadelphia. Currently in between bar gigs, he earns \$2.83 plus tips as a server at Dottie’s Dinette, just few blocks from Girard in the city’s Fishtown section. Bowman acknowledged the lack of time off and health insurance have been “speed bumps and challenges” in a career he otherwise enjoys. At Girard, the menu and checks explain that “dishes are priced accordingly” to provide staff with higher wages and benefits. A fixed price, three-course dinner ranges from \$31 to \$42. Kelly Cinquegrana visited Girard shortly after its debut in late November, in part to support the idea of a better working environment. The cost of the meal was reasonable – “equal to giving a tip, anyway” – and she gave the food and service a glowing review on Yelp. “I think it’s pretty important to want to treat wait staff well,” Cinquegrana said. So far, only one employee, a dishwasher, has used a paid sick day, said Girard co-owner Cristian Mora. Scheduling is harder than he imagined and margins are tight; the new approach is “not for everyone,” he said. “A lot of people do make a very good living with the model as it is now, with the guest leaving a tip,” he said. But Mora, who also didn’t have health insurance for most of his 15-year restaurant career, said he’s glad to be among the vanguard. He noted about half the customers are leaving tips of 5 percent to 10 percent for a job well done – what Mora calls “a true gratuity,” akin to the European custom of leaving a token amount for servers, who generally earn a living wage and have national health care. Girard waitress Katie Breen, 31, says she’s been able to work almost full-time as the restaurant’s business has increased, yielding a decent paycheck on top of about \$250 weekly in tips. She’s making less money than at past serving jobs, but the overall quality of life is better for her and her 3-year-old daughter. “I have a better schedule, I have health insurance,” Breen said. “I think that this is the best job that I have ever had.”

Euro plunges, but European brands are not on sale in US

**BY SCOTT MAYEROWITZ AND
ANNE D’INNOCENZIO
AP BUSINESS WRITERS**

NEW YORK (AP), J Americans hoping to save on European goods thanks to a falling euro shouldn’t rush to uncork that bottle of French Bordeaux. There’s very little to celebrate. Not since September 2003 has the euro traded this low against the dollar. Still, German sports cars, Belgian beers and the latest fashions out of Italy aren’t going on sale anytime soon. The reason? There’s simply too much demand in the U.S. for any markdowns. “The U.S. economy is the one that’s doing well in the world right now,” notes IHS senior principal economist George Magliano. “We’ve got a lot of growth in upper-income families and households.” Since Americans are willing – and able – to spend heavily on imported goods, there’s no need for companies to cut prices. Any savings thanks to the euro’s decline will instead be pocketed by manufacturers and distributors. It’s been a dramatic fall for the euro. Back in April, the European currency was trading at 1.38 dollars to the euro. That means that one dollar bought you about 72 euro cents. Now the exchange rate is hovering around 1.13 dollars to the euro, so one dollar buys you 88 euro cents. The euro extended its slide against the dollar on Thursday, dropping more than 2 percent against the U.S. dollar, after the European Central Bank pledged to spend 1.1 trillion euros on bond purchases to help revive the region’s flagging economy. The problem for Americans: we don’t buy enough European goods, except for high-end products. Our clothes might come from Bangladesh or Costa Rica. Our furniture from China. And our cars – even foreign brands like Honda – are mostly made at home. European brands tend to cater to higher income families who want to buy a bit of prestige. Take German cars. Brands like Audi, BMW and Mercedes are luxury products with strong demand. So there’s no incentive to cut prices, says Karl Brauer, senior industry analyst for Kelley Blue Book. Audi sales rose 15 percent last year, while BMW sales were up 6.5 percent and Mercedes rose nearly 10 percent. Each company is likely to pocket the extra money from converting dollars to euros, no matter whether the cars are made overseas or in the U.S., Brauer says. Volkswagen, however, might use the weak Euro to reduce prices and boost struggling sales, Brauer says. VW’s U.S. sales fell 3 percent last year even though overall U.S. auto sales across all brands grew 6 percent. It’s the same issue with, fine wines, Gucci handbags and those designer stiletto shoes. Bill Earle, president of the National Association of Beverage Importers, which represents 20 to 25 beer, wine and spirits importers, says the price of fancy wines like Brunello or Chi-

anti Classico that are on the shelves now were already set three or four years ago when contracts were signed by U.S. importers. But he says if the disparity continues between the U.S. dollar and the euro, “you might see a softening of prices.” At most, shoppers will see a two or three percent price dip, says Faith Hope Consolo, who leads retail leasing and marketing at Prudential Douglas Elliman and specializes in the luxury market. “Anecdotally, U.S. prices haven’t gone down on European-made apparel and alcohol, though such declines would take some time to filter through the system,” Consolo says. “We probably won’t see the effects for several months.” That’s because the production cycle for European brands takes about a year, so those so-called status products were already produced. Moreover, Nate Herman, vice president of international trade for the American Apparel & Footwear Association, noted a shift in manufacturing away from Europe and more toward Asia – like China and Vietnam – as factories in that region have improved the quality of making complicated goods. But even if prices go down on high-end European goods, shoppers won’t feel it. Price tags have been soaring way out of reach for most Americans over the past few years. For example, Chanel’s classic handbag, which was priced at \$2,250 in 2007, cost \$4,900 last year, according to Robert Burke and Associates, a luxury consulting firm. And Louis Vuitton’s iconic monogram canvas handbag, which sold for \$620 in 2007, climbed to \$970 last year. The one bright spot for Americans: vacations to Europe are now much cheaper. Thanks to the currency shift, travelers will pay less for hotel rooms, museum admissions and meals out. “It’s basically a 20-percent-off sale on the whole eurozone for Americans,” says Adam Goldstein, CEO and co-founder of airfare search site Hipmunk. There are 19 countries that use the euro. So those considering deals should look at Austria, Belgium, Cyprus, Estonia, Finland, France, Germany, Greece, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Portugal, Slovakia, Slovenia and Spain. “This is the best time to travel to Europe in years,” says Anne Banas, executive editor of SmarterTravel. “Americans can now indulge in a fancy pastry and chocolat chaud without the budget-busting guilt.” The catch: it will still cost a lot of money to get to Europe during peak summer months. Demand for travel is so strong that most airlines don’t have to cut prices to sell seats. — *Tom Krisher in Detroit and Steve Rothwell in New York contributed to this report.*

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Dance the night
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SUBMITTED BY REBECCA ROSE

Union City Leisure Services presents the "2nd Annual Father and Daughter Sweetheart Ball" on Friday, February 6 at the Holly Community Center in Union City. Create a special and memorable experience with your father. Dress up, take pictures, and dance the night away!

The event is open to all fathers and their daughters. The cost is \$15 per father/daughter tandem; a fee of \$5 will be charged for an additional daughter. Registration fee includes music, refreshment, dance contests, prizes, and a photo booth with fun props. Each girl will receive a special goody bag to take home.

Advance registration is required. Visit www.unioncity.org and use the code 58388 to register. For more information, call (510) 675-5488.

2nd Annual Father and Daughter Sweetheart Ball
Friday, Feb 6
7 p.m. – 9 p.m.

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Fremont Art Association workshop

SUBMITTED BY AVANTHI KANMATAREDDY

Bryan Mark Taylor, an accomplished landscape and cityscape painter, will conduct a three day workshop, February 5 – 7, from 9 a.m. – 4 p.m., at the Fremont Art Gallery. This workshop will be for artists who want to develop an understanding of fundamentals of studio and outdoor painting. There will be demonstrations in oil, lectures, practices and critique. The workshop will focus the artist on effectively capturing light, atmosphere and mood in paint while using strong composition and color harmony.

The cost of the workshop is \$295 for Fremont Art Association members, \$330 for non-members. NO turpentine! NO turpenoid! NO citrus solvents in class! Please bring Gamsol or odorless Mineral Spirits to clean your brushes.

Taylor was born in Portland, Oregon. He received his BA from Brigham Young University in 2001 and his MFA from the Academy of Art University in 2005. Taylor is currently working out of his San Francisco Bay Area studio. He has won numerous top awards at the nation's most prestigious plein air invitationals and his work has been shown in museums across the country. Taylor has had many successful one man shows and has been

featured in numerous group shows including the California Art Club's Gold Medal show. Bryan is represented by galleries in California, Colorado and Utah and his work is found in private, corporate and museum collections around the world.

Taylor has also been a featured speaker at the 2012 and 2013 Plein Air Convention and has produced an instructional DVD titled "Painting Cityscapes." His work continues to evolve as a combination of traditional techniques and personal innovation. Taylor has traveled extensively carefully observing and capturing nature's everyday miracles.

Learn more at www.bryanmarktaylor.com or www.bryanmarktaylor.blogspot.com

Fremont Art Association Workshop
37695 Niles Blvd, Fremont
Thursday, Feb 5, Friday, Feb 6,
Saturday, Feb 7
9 a.m. – 4 p.m.

Fremont Art Association Centre/Gallery
37695 Niles Blvd, Fremont
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carolrudy2@comcast.net
www.FremontArtAssociation.org
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Feeling great? You ought to see a doctor.

At Washington Township Medical Foundation, we believe there's no better time to see your doctor than when you're feeling healthy. That's the best time for a routine checkup, and to take stock of your overall health picture to help prevent potential problems. Starting at the age of 20, you should have your cholesterol and blood sugars checked regularly to help ward off cardiovascular problems. Prostate checks for men are recommended once you're in your 40s, as are mammograms for women. And at 50, a colonoscopy is a highly effective procedure to catch conditions that could

possibly lead to cancer. These are just a few of the tests your care team can help you schedule if needed. We will help you stay on top of and prevent cardiovascular disease, cancer, diabetes and other potentially significant health issues. If you need follow-up visits with a specialist, WTMF has a wide range of Board Certified physicians who work as a team with your primary care physician. If hospital treatment is required, we're affiliated with award-winning Washington Hospital, located right here in our community. So, if you want to stay healthy, a WTMF doctor is a choice you can feel really good about.



To find out more, visit our website at www.mywtmf.com or call (866) 710-9864.