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Chess team wins big

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TRI-CITY VOICE

SERVING FREMONT, HAYWARD, MILPITAS, NEWARK, SUNOL AND UNION CITY

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The newspaper for the new millennium

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December 16, 2014

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Christmas Concert

SUBMITTED BY DIANNE SMITH

The Virtuoso International Flute Ensemble (VIFE) is a group of multi-ethnic and competitive young musicians dedicated to serving the community with their musical gifts. Founder and Director July Lam was inspired to create the organization in 2008 when, as a private tutor for flute, a couple of high school students asked her to help them perform their community service hours through music. From this seed sprouted a musical ensemble of talented students and music professionals that conduct biannual concerts to support local charities. They have raised as much as \$10,000 in one concert.

Each VIFE member is required to pursue artistic excellence, but Lam's mission is not to focus on the competitive aspect of performing. "There's so much pressure already for that," she

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Silver Bells and Red Kettles

BY JESSICA NOEL CHAPIN
PHOTOS COURTESY OF LT. DAVID KIM

'Tis the season for giving! The holidays are here, as evidenced by the familiar jingling of bells heard heading in and out of stores around town. Red kettles of the Salvation Army stand by awaiting donations to benefit those in need. Whether passersby are generous or empty handed, bell ringers cheerfully wish everyone a happy holiday season.

Dating back to 1891, the first red kettle campaign was unofficial. It was Christmastime in San Francisco, and Joseph McFee, a Salvation Army Captain, was determined to find a way to provide a holiday dinner for the City's poor.

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The Nutcracker reinvented

BY DAVID R. NEWMAN
PHOTOS COURTESY OF FUSION DANCE PROJECT

It's the holiday season and you know what that means? Yes, time to see yet another performance of "The Nutcracker," the classic two-act ballet with music by Tchaikovsky. It is estimated that American ballet companies generate about 40 percent of their annual ticket revenues from performances of "The Nutcracker." But perhaps you've grown a bit weary of this traditional entertainment and are looking for something a little more... fresh.

Introducing "The Nutcracker" as imagined by Fusion Dance Project, an innovative dance studio based in Hayward. Their version includes a variety of dance styles, from hip hop to jazz to tap to ballet. Tito Reyes, who co-founded the company with his wife Meghan,

remembers seeing "The Nutcracker" as a young kid and wondering "Why is the party scene always really boring? It's supposed to be a party!" He vowed that if he ever produced a "Nutcracker" show himself, he would include contemporary music and dance.

"I get music, like pop or hip hop, that's going on right now, and I try to put it into the show, so then everybody can relate. I do put a classical touch to it as well. I still use Tchaikovsky," Reyes explains. And while many dance studios edit some parts out of the performance, Fusion Dance Project still likes to remain true to the original format. "We do a whole first act, which is the party, and then the transformation into battle of the Rat King and the Nutcracker. It has all the suites."

This is their third year of putting on the holiday show. "It's still fairly new. We always wanted to do something like this but it was

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Do You Know Your ABCs of Hepatitis?

Vaccinations Can Prevent Hepatitis A & B; No Vaccine Available To Prevent Hepatitis C

There's a reason your liver is considered a "vital organ." The liver is essential in helping your body process all the nutrients from the food you eat. In addition to producing a fluid called bile that aids indigestion of food in the small intestine, the liver also:

- Converts extra glucose in the body to glycogen and stores it until the body needs more glucose.
- Produces blood-clotting substances.
- Processes and stores iron to produce red blood cells.
- Manufactures cholesterol and other chemicals that transport fats throughout the body.



The liver is an essential vital organ in the human body that is inflamed when a person is infected by hepatitis A, B or C. Liver damage is possible when a person has hepatitis and can lead to scarring of the liver, liver cancer or liver failure.

- Produces amino acids for making proteins.
- Removes toxins and wastes – including dead red blood cells (bilirubin) – that are eliminated from the body through the urine.

In short, your survival depends on your liver. Hepatitis – an inflammation of the liver – can cause serious liver damage, perhaps leading to scarring of the liver (cirrhosis), liver cancer or liver failure. If your liver fails, there is no way to replace its function other than with a liver transplant.

“Viruses cause most cases of hepatitis,” says Dr. Dianne Martin, an infectious disease specialist and co-chair of the Infection Prevention and Control Committee at Washington Hospital. “The different types of hepatitis are named according to the viruses



that cause them. The most common forms are hepatitis A, hepatitis B and hepatitis C.”

Dr. Martin notes that quite often, there are no early symptoms of hepatitis, so many people don't know they have it. Some people with viral hepatitis may experience:

- Loss of appetite
- Fever
- Fatigue
- Nausea and vomiting
- Diarrhea
- Pain over the liver in the right upper abdomen
- Yellowing of the skin and eyes (jaundice)
- Swelling (edema) of the lower legs

“Hepatitis A is usually comparatively mild, and people generally can recover without lasting liver

damage,” Dr. Martin explains. “Hepatitis A is most commonly transmitted by food and water that has been contaminated with the virus, usually because of poor sanitation or poor personal hygiene. Hepatitis A is fairly rare in the United States, but it is more common in developing countries. There is a vaccine available, and it is recommended for all children at age 1, as well as for people who are traveling to regions of the world where there is a higher incidence of hepatitis A.”

The Centers for Disease Control and Prevention (CDC) reports that hepatitis A is generally an acute, short-lived infection, with the liver healing itself over a few weeks to months with no long-term problems or complications. The CDC notes, however, that 10 to 15 percent of people with hepatitis A will experience

prolonged or relapsing symptoms over a six- to nine-month period. It is rare for people with hepatitis A to develop acute liver failure.

“Both hepatitis B and hepatitis C are spread by contact with an infected person's blood or other body fluids,” says Dr. Martin. “For example, people might be infected with hepatitis B or C through unprotected sexual contact or the use of unclean needles for body piercing or drug injections. In the 1980s, infection due to the re-use of needles and inkpots for tattooing was somewhat common, but that has declined. Hepatitis B and C also can be spread from mother to child during childbirth. In some cases, health care workers have become infected by accidental needle sticks.”

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InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	12/16/14	12/17/14	12/18/14	12/19/14	12/20/14	12/21/14	12/22/14
12:00 PM 12:00 AM 12:30 PM 12:30 AM	Keeping Your Heart on the Right Beat	Do You Have Sinus Problems?	Prostate Health and Prostate Cancer	GERD & Your Risk of Esophageal Cancer	Diabetes Matters: Top Foods for Heart Health	Shingles	Deep Venous Thrombosis
1:00 PM 1:00 AM	Minimally Invasive Surgery for Lower Back Disorders	Arthritis: Do I Have One of 100 Types?	Diabetes Matters: Protecting Your Heart	Strengthen Your Back! Learn to Improve Your Back Fitness	Lunch and Learn: Yard to Table	How to Maintain a Healthy Weight: Good Nutrition is Key	Treating Infection: Learn About Sepsis
1:30 PM 1:30 AM			The Weigh to Success		Don't Let Hip Pain Run You Down	Kidney Transplants	
2:00 PM 2:00 AM	Snack Attack	Washington Township Health Care District Board Meeting November 12th, 2014	Eating for Heart Health & Blood Pressure Control	Washington Township Health Care District Board Meeting November 12th, 2014			Washington Township Health Care District Board Meeting December 10th, 2014 (NEW)
2:30 PM 2:30 AM	Diabetes Matters: New Year, New You		Living with Arthritis		Washington Women's Center: Cancer Genetic Counseling	Dietary Treatment to Treat Celiac Disease	
3:00 PM 3:00 AM		Lunch and Learn: Yard to Table	Learn More About Kidney Disease	Crohn's & Colitis		Hypertension: The Silent Killer	
3:30 PM 3:30 AM	Heart Irregularities	Sidelines by Back Pain? Get Back in the Game	Diabetes Matters: What to Expect When Hospitalized with Diabete	Diabetes Matters: Manage Your Diabetes SMART Goal Setting	Raising Awareness About Stroke	Influenza and Other Contagious Respiratory Conditions	Meatless Mondays
4:00 PM 4:00 AM	Inside Washington Hospital: Patient Safety						Eating for Heart Health & Blood Pressure Control
4:30 PM 4:30 AM		Take the Steps: What You Should Know About Foot Care	Diabetes Matters: Kidney Disease: Risk, Management, and Beyond	Diabetes Matters: Diabetes Viewpoint	Superbugs: Are We Winning the Germ War?	Reach Your Goal: Quit Smoking	How to Prevent a Heart Attack
5:00 PM 5:00 AM	Voices InHealth: Healthy Pregnancy					Acetaminophen Overuse Danger	
5:30 PM 5:30 AM		Cataracts and Diabetic Eye Conditions	Diabetes Matters: Top Foods for Heart Health	Shingles			Lunch and Learn: Yard to Table
6:00 PM 6:00 AM	GERD & Your Risk of Esophageal Cancer				Washington Township Health Care District Board Meeting December 10th, 2014 (NEW)	Washington Township Health Care District Board Meeting December 10th, 2014 (NEW)	Diabetes Matters: New Year, New You
6:30 PM 6:30 AM		Raising Awareness About Stroke	Strengthen Your Back! Learn to Improve Your Back Fitness	Reach Your Goal: Quit Smoking			
7:00 PM 7:00 AM	Kidney Transplants			Acetaminophen Overuse Danger			Inside Washington Hospital: Patient Safety
7:30 PM 7:30 AM		Living with Heart Failure	Washington Township Health Care District Board Meeting November 12th, 2014	Alzheimer's Disease	Do You Have Sinus Problems?	Minimally Invasive Surgery for Lower Back Disorders	Heart Irregularities
8:00 PM 8:00 AM	Washington Township Health Care District Board Meeting November 12th, 2014	Crohn's & Colitis?			The Weigh to Success	Prostate Health and Prostate Cancer	Diabetes Matters: Diabetes Viewpoint
8:30 PM 8:30 AM		Diabetes Matters: Dietary Supplements: What You Need To Know	Washington Women's Center: Cancer Genetic Counseling	Keeping Your Heart on the Right Beat	Arthritis: Do I Have One of 100 Types?	Diabetes Matters: Protecting Your Heart	Sidelines by Back Pain? Get Back in the Game
9:00 PM 9:00 AM	Don't Let Hip Pain Run You Down		Hypertension: The Silent Killer	How to Maintain a Healthy Weight: Good Nutrition is Key	Diabetes Matters: What to Expect When Hospitalized with Diabetes	GERD & Your Risk of Esophageal Cancer	Women's Health Conference: Can Lifestyle Reduce the Risk of Cancer?
9:30 PM 9:30 AM	Eating for Heart Health & Blood Pressure Control	Superbugs: Are We Winning the Germ War?	Learn If You Are at Risk for Liver Disease	Voices InHealth: Healthy Pregnancy	Diabetes Matters: Diabetes Update 2014: What's New?		
10:00 PM 10:00 AM	Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment	Meatless Mondays				Snack Attack	
10:30 PM 10:30 AM							
11:00 PM 11:00 AM							
11:30 PM 11:30 AM							

Make a New Year's Resolution To Put Your Health Care Wishes in Writing

Part I of a 3-Part Series on Advance Health Care Directives



Anyone over age 18 should have an advance directive. The best time to fill out an advance directive is when you are healthy and in a good frame of mind and not during a health emergency. For assistance with your advance health care directive, contact Washington Hospital's Health Insurance Information Service at (510) 494-7005.

If a devastating illness or accident left you incapacitated and unable to make your own health care decisions, would your family and friends know what sort of medical treatments and procedures you would wish to have? A study conducted by the Pew Research Center shows that 71 percent of Americans have considered their end-of-life health care preferences. Up to 95 percent have heard of a “living will” – a type of advance health care directive that lets your loved ones know exactly what your wishes are. Yet only 29 percent of Americans have one.

“Based on our experience here at Washington Hospital, the number of people in our community who have an advance health care directive may be even lower—somewhere between 10 and 25 percent,” says Washington Hospital’s Spiritual Care Coordinator Michelle Hedding, MA, RN, CHPN (certified hospice and palliative care nurse).

“Some people mistakenly believe that an advance directive is just a ‘do not resuscitate’ order that some chronically or critically ill patients may have on file, but that simply is not the case,” Hedding says. “The hospital does have a duty to attempt to resuscitate the patient in the absence of directions that specify otherwise. Advance directives are comprehensive documents that let you decide not only what kinds of treatments you would want if you became incapacitated, but also who you would want to make those critical decisions for you.”

An advance health care directive generally goes into effect only if your physician determines that you are unable to make your own health care decisions. The advance directive can specify your wishes, such as whether you want your life prolonged by any means necessary or prefer to have some treatments withheld. The advance directive also designates an “agent” – and possibly alternate agents – to make medical decisions for you and provides instructions for what treatments you would or would not want. There is no requirement to give specific details on your end-of-life treatment wishes, but you do want to have on record the persons who would be able to speak on your behalf regarding treatment.

At Washington Hospital, all patients are asked if they have an advance health care directive when they are admitted to the hospital. If patients do not have an advance directive, they are provided with information about creating one.

“The best time to fill out an advance directive is when you are healthy and in a good frame of mind, not at a hospital when you’re already facing a health care crisis,” Hedding notes. “Most of us tend to procrastinate in creating or updating an advance directive when we’re healthy, but these critical situations can turn on a dime. Anyone over age 18 should have an advance directive because life-threatening medical emergencies can happen at any time, and at any age.”

Advance directives can take various forms, and laws vary from

state to state. In California, an advance health care directive combines elements of a living will with a health care power of attorney (HCPOA). A living will allows you to state whether you want your life prolonged if you will die soon from a terminal illness or are permanently unconscious. The HCPOA allows you to name someone as your agent to make medical decisions for you if you are unable to do so. In California, the advance health care directive also lets you specify your wishes regarding treatment to alleviate pain and donation of organs at the time of death.

“Creating an advance directive doesn’t have to be difficult,” Hedding says. “There are a number of standard forms available, including a free simple one from the California Hospital Association that is available on Washington Hospital’s website. It’s not necessary to hire an attorney to prepare an advance health care directive, but if you are already using an attorney to prepare your will or a revocable trust, you might consider having the attorney create the advance directive, too.”

The Washington Hospital website also offers a link to “Five Wishes,” a more detailed advance health care directive that also covers the personal, emotional and spiritual needs of the person, not just the medical and legal issues. The Five Wishes form is offered by the nonprofit agency, Aging with Dignity, which charges a fee of about \$5 to use the form.

“The most important thing in creating an advance directive is to

name the person you want to serve as your agent to speak on your behalf,” Hedding adds. “It’s also a good idea to name up to two alternative agents in case your first choice of agent is unable to make health care decisions for you for some reason. You don’t have to name a family member as your agent if you feel someone else, such as a good friend, would do a better job of speaking for you. In any case, it’s important to make sure all people concerned are aware of your wishes.”

California requires that advance directives be witnessed by two people who know the individual making the advance directive. One of those witnesses cannot be related by blood, marriage or adoption, and neither witness can be designated as the agent. Alternatively, the advanced directive can be notarized.

“The individual’s physicians, nurses or other health care providers are not allowed as witnesses,” Hedding cautions. “The fact that the hospital staff can’t serve as witnesses to advance directives makes it even more imperative to complete an advance directive before you are admitted to a hospital.”

You can revoke or revise your advance directive at any time.

“An advance health care directive is not cast in stone,” Hedding explains. “The advance directive can always be revised if you change your mind or if your health situation changes. We will follow the instructions in the most recent version of your advance directive.”

Hedding notes that the most common reasons for updating an advance directive are referred to as the five D’s:

- When you reach a new decade in your life.
- If your agent or another person named in the advance directive dies.
- If you divorce.
- When you receive a new medical diagnosis that changes your priorities.
- If your medical condition declines.

“We’re really trying to increase the number of people who create advance directives to let their loved ones and health care providers know their wishes,” Hedding emphasizes.

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Ask the Doctor

This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at: askthedoctor@whhs.com

Holiday Blues and Children and the Santa Claus Myth

Dear Doctor,
I always seem to get the holiday blues. Can you explain why that is and if there is anything I can do to prevent it?

Dear Reader,
Holiday blues are very common and usually stem from unresolved anxiety that is stirred up with the emotions of the season. Don’t feel pressured to be cheery and do some simple things for yourself that you know make you feel good no matter the time of year. Try getting together with friends, going for a walk, or treating yourself to a massage. If you find your moods are depressed you should consult with your doctor to discuss possible medical treatment.

Dear Doctor,
I am worried about breaking the trust I have with my kids by encouraging the Santa Claus myth. Am I doing them harm?

Dear Reader,
Many parents contemplate this same issue. Good research shows that not only is the Santa myth harmless, but that it might actually be good for kids’ cognitive development. Fantastical stories foster a type of imaginative play that sparks creativity, social understanding, and even—strange as it may sound—scientific reasoning.

Mary S. Maish, M.D



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master’s degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.



Holiday Massage Specials



Escape the chaos of the holidays by taking a break and focusing on you. Schedule a 50 minute massage for yourself. Massage options: swedish, therapeutic, deep tissue or sports.

From November 28 to December 31, 2014, 50 minute massages are \$60 (a \$75 value). Hot stone 75 minute massage \$80 (a \$110 value).

To schedule your massage, call the Wellness Center at (510) 608-1301.

Washington Wellness Center
2500 Mowry Avenue, Washington West, Suite 150, Fremont



Doctor Ting's

Athlete of the Month

Arthur J. Ting, MD

Sports Medicine & Orthopedic Surgery

510-797-5550

Sports Medicine specialist Arthur Ting, M.D. features a male and a female student “Athlete of the Month” selected by athletic directors and coaches from schools located in the Tri-CityVoice readership area. Each month, both athletes will represent the same school.

Tri-CityVoice male and female student athletes of the month are from Moreau Catholic High School Mariners. Athletic Director at MCHS is Christine Krisman.

Kristie Alejo



Female athlete is Kristie Alejo, a 17 year old senior who plays on the Mariner's girl's volleyball team, coached by Ami Schelin. Alejo is a four year starter on the varsity and has been team captain for the last three years.

Born in Hayward, Alejo has lived with her family, parents Gonie and Delia, and her 24 year old brother, Derrick, in the same house her whole life.

Alejo started playing volleyball at CYO (Catholic Youth Organization) in the third grade; first as something to do after school. She also used to be involved in basketball and swimming, but by the time she finished eighth grade at Our

Lady of Guadalupe School in Fremont, she decided volleyball was the sport for her in high school.

The greatest asset as team captain is being able to encourage and rally her team when things are tough and keep them on a roll when the going is good. At times, when she is down and not playing well, she depends on her team co-captain, Veronica Wilson, to keep her and the team in check. During the off season, Alejo plays club volleyball at Endline Volleyball Club in Fremont where she is coached by Dan Kwon.

Alejo's father used to be an accomplished basketball player and he can still challenge both Kristie and

her brother in a pick-up game. Her mother ran track and played volleyball growing up; both parents love watching not only Kristie's games but also Stanford Women's Volleyball. Brother Derrick is a college graduate and works as an Emergency Medical Technician. He used to play football, basketball, baseball and softball and still plays in basketball and softball leagues.

After high school, Alejo hopes to attend college and major in Nursing while continuing to play volleyball. Schools of interest are University of San Francisco and Dominion University of San Rafael. Favorite subjects in high school are English and Math.

Favorite foods are sushi and Thai food and favorite movie is Mean Girls. Alejo also likes to listen to R&B, pop, oldies and new music, especially Maroon 5.

Two role models growing up are her mom and Coach Dan (Kwon) - Coach Dad as she now calls him. Alejo's mom has emphasized the importance of striving to be the best you can be while respecting others. She is the reason Alejo wants to be a nurse; to help others. Coach Dad was a bit intimidating the first year they were together, but each

year she came back to play for him, he became more like family to her. He taught her to never let anything get in the way of what she wants to accomplish.

One of Alejo's favorite athletes growing up is Rachel Williams, a 2014 Stanford graduate and women's volleyball player. Alejo won a Rachel Williams jersey in a Stanford Women's Volleyball ball control contest and always wears it when watching volleyball matches. People often approach her, thinking she is Williams.

Anthony Bailey



Male Athlete of the Month from Moreau Catholic (MCHS) is 17 year old senior, middle linebacker and tight end on the Mariners football team, Anthony Bailey. He has been captain of MCHS for two years and is coached by Andrew Cotter.

Bailey was born in Hayward and has lived in San Leandro his whole life. When he was eight years old, Bailey's father, Rick, would take him to the park for conditioning by throwing him a football. Every morning, Bailey would go to the beach to work on footwork.

His first four years, Bailey played for the San Leandro Crusaders. After his Father's passing in 2009, he played for the San Ramon T-birds and San Ramon Bears. During the off season, all of Bailey's time and energy is focused in the weight room getting ready for the next season. Bailey used to play baseball, but gave it up his freshman year to concentrate on football.

Middle linebacker is the position Bailey enjoys the most; his strong points are tackling and quick starts off blocks. Speed and

agility need the most work and Bailey intends to work on those skills at the beach in the off season. He believes in leading by example.

Bailey has an older brother Richard Jr., "Rick." Rick used to play football in high school and is now pursuing a degree in history at Regents University in London, England. Bailey's mother, Lynnette, came to America from England when she was 18 years old. She did not play any sports but loves watching soccer. Father, "Big Rick", as he was known around the neighborhood, grew up playing football and baseball.

After his father's passing, the family started the Big Rick Fountain to help students and children with education and athletics at St. Felicitas Catholic School in San Leandro, The Alameda Boys and Girls Club, Moreau Catholic, Campaign for Champions, Arroyo High School, Toys for Tots and Allie's Angels.

After high school, Bailey would like to major in business in college and continue to play football. Schools of interest are Lewis & Clark, Oregon, University of San Diego, University of Pennsyl-



vania and Occidental College.

Bailey plays in honor of his Father's memory, used to like watching Ray Lewis and now admires Khalil Mack. After every win, Bailey pounds his chest twice and points to the sky in honor of his Dad.

In his spare time, Bailey plays baseball and video games, watches movies and TV with his mom and mentors freshman at MCHS as a Link Crew leader.

Favorite foods are Chinese and burgers, likes listening to rap, hip-hop and R&B and favorite movies are Friday Night Lights and 21 Jump Street.

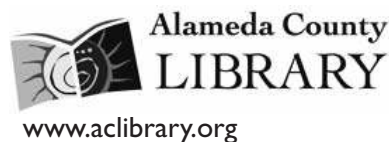
His favorite quote is by Michael Jordan: "I've always believed that if you put in the work, the results will come. I don't do things half-heartedly because I know if I do, then I can expect half-hearted results."

TRAINERS' TIP

As recruiting season heats up for many high school athletes, it is important to always remember to give your best effort in both the athletic and academic arenas.

The better your grades, the more colleges you will have to choose from.

Great performances in the class room make sports success shine much brighter.



www.aclibrary.org

Chocolate for the Holidays at the Library

SUBMITTED BY
LILI KHALILI, UNION CITY
LIBRARY

Holidays are a time for reflection and connection. The last month of the year seems to sneak up on us. It is time for celebration; struggles of the past 11 months seem smaller and unequal to the joy of being with family, friends and loved ones. With a visit to the Alameda County Library, you can find books to inspire reflection and programs to make connections.

Reflection: Did you know that if you search for the subject "love" in the library catalog, you will find 254 titles? To create a personal program for self-discovery and find a higher purpose in life, just visit the library. You can develop a personal reading list for emotional well-being, healthier relationships, and spiritual quest.

In the book, *Further Along the Road Less Traveled*, Dr. Scott Peck discusses that to most people, a myth is something that is untrue, but an advance made in psychology over the past sixty years is that a myth is a myth precisely because it is true. Myths are stories found in every culture. Often they are fleshed out in slightly different ways in different cultures, but nonetheless the reason you find that same myths in culture after culture, age after age, is because it embodies some great truth - virtually always about human nature. And because they have much to teach us about human nature, myths can be extremely useful for understanding ourselves.

Caroline Myss, author of the New York Times bestsellers *Anatomy of the Spirit* and *Why People Don't Heal and How They Can*, presents an exciting, highly original program in her book *Sacred Contract*. As a medical doctor, Myss has found that people often don't understand their purpose in life, which has led to a spiritual disorder of epidemic proportions. This metaphysical disease, in turn, leads to depression, anxiety, fatigue, and eventually physical illness. The program is based on an internationally popular workshop with the same name; the book is a synthesis of psychology, healing guidance, and spiritual insight.

Library holdings on the subject of "self-realization" and "self-help" include more than 1000 items. We have books, DVDs, and CDs available not just in English, but also in several community languages such as Spanish, Chinese, Farsi, and Hindi.

Of course the search does not stop with just with one subject; try searching "conduct of life" and there are more than 500 titles. From well-known books like, *The Four Agreements: A Practical Guide*

to *Personal Freedom* by Miguel Ruiz to the more recent, *Go Wild: Free Your Body and Mind From the Afflictions of Civilization* by John J. Ratey, MD. In this book the Harvard Medical School professor and journalist discusses how human lifestyle has changed more rapidly than the human body, promoting achievement of health and happiness by modeling diet, exercise, sleep and mindfulness on that of our ancestors.

Connection: Gathering together with other people in December is a big part of the spirit of the month. We are celebrating the end of the year with our loved ones, colleagues and community. Although we may celebrate different holidays, the theme of connection runs through them all.

Daniel Coleman, in his book *Social Intelligence*, states that "we are wired to connect." The library creates many opportunities for adults to connect with others in the library community. Coming up later this month, we have these programs for adults:

Wednesday December 17:
STAGEBRIDGE A Senior Theatre Company at the Union City Library

Thursday December 18,
Brown Bag with
Author Karen Todd Scarpulla at the Fremont Library

Tuesday December 23:
Book Club @ the Union City library is a discussion of the title *The Paris Wife: a Novel* by Paula McLain

For more information on these programs as well as programs for kids and teens, check the Events listing on the library's website, www.aclibrary.org, or visit us in person for a copy of the monthly program calendar.

Researching the library database for "holiday traditions," I learned that kissing under the mistletoe is an old Scandinavian custom. The mistletoe was the plant of peace and if enemies met under it they called a peace until the next day.

Everyone can enjoy these resources and more by simply visiting your nearest library. Every item is like chocolate for the soul. The Maya and Aztecs used chocolate as both a food and as a medicine. Today we have more than two dozen titles in the library with great recipes to create one's own homemade chocolate!

Fremont Library:
2400 Stevenson Blvd, Fremont
94538 Phone: 510-745-1400

Newark Library:
6300 Civic Terrace Ave, Newark
94560 Phone: 510-284-0675

Union City Library:
3447 Alvarado-Niles Rd,
Union City 94587
Phone: 519-745-1464

Holiday Open House

SUBMITTED BY BOB MILLER

Make merry with Douglas Morrisson Theatre (DMT)! Santa Claus will be in residence all afternoon and children of all ages are invited to stop by and share their wish lists. On December 20, DMT will host a free open house from 1 p.m. – 4 p.m., for good cheer and fun in celebration of the holiday season. Enjoy tours of the theatre, warm cider and cookies, carol singing, seasonal stories,

and much more! As a special treat, the Open House will also feature a naturalist and live friends from Sulphur Creek Nature Center in our lobby from 1:30 pm to 3:30pm.

Holiday Open House
Saturday, Dec 20
1 p.m. – 4 p.m.

Douglas Morrisson Theatre
22311 N. Third St, Hayward
(510) 881-6777

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Have trunk, will travel... or not

BY ERIC MILLS, OHS
COMMUNITY RELATIONS
DIRECTOR

"Cruelty is the only unforgivable sin."
-Tennessee Williams
("Night of the Iguana")

Some good news to report on the elephant front. On December 9, the Oakland City Council voted 5:2 (with one abstention) to ban the use of bullhooks on circus elephants. Kudos! The bullhook is a poker-like tool about two-feet long, with a sharp point and hook on one end, used to control and subdue the elephants. Handlers routinely use them to gouge and strike the elephants (out of public view, of course). Circus employees maintain the bullhooks are only a "guide," not a weapon. The ban doesn't go into effect until September of 2017, giving the City plenty of time to address any financial concerns.

Concern was expressed that the ban might have a negative impact on local revenues and jobs. Curious, since Ringling Bros. appears at the Oakland Coliseum only three days each year for five performances. Ringling has threatened to drop Oakland from its annual schedule once the ordinance goes into effect, claiming it's impossible to present performing elephants without the use of bullhooks. If that's true, then elephants should not be performing at all. Imagine the death and destruction should there be an earthquake during a circus performance, and a dozen panicked elephants run amuck. Bullhooks would be useless.

The City Hall hearing room was packed to overflow, with more than 150 people signed up to speak. Each was allowed only one minute. Animal advocates far outnumbered circus proponents, plus a couple dozen people more concerned with lost wages than animal welfare. The hearing began at 5:30 p.m. and ended shortly after 2:00 a.m. Among the speakers were Dr. Joel Parrott, director of the Oakland Zoo and keeper Colleen Kinzley; Allison Lindquist, president of the East Bay SPCA.; Catherine Doyle, Performing Animal Welfare Society; Chris Green, Animal Legal Defense Fund, PETA's legal counsel, and scores of concerned citizens. Plus a few reps from the circus, of course.

Animal advocates did a commendable job, focusing on the cruelties and ethics of the situation. Note that the 14-member Los Angeles City Council unanimously approved a similar ordinance last year, and Miami Beach, Florida has done so since. There's growing national concern about the welfare of circus animals, and the circus world would be wise to cut its losses and act accordingly. Many circuses use NO performing animals: Cirque du Soleil, Circus Oz, Circus Vargas, the New Pickle Circus, et al. They deserve our support. Compassion is contagious.

During the Oakland hearing, I was reminded of the recent Hayward Recreation & Park District rodeo meeting, in which the HARD Board of Directors (in denial, apparently) endorsed the

continued use of electric prods on horses and cattle (and the abusive "wild cow milking contest") at the annual Rowell Ranch Rodeo in Castro Valley. And now, ironically, the Oakland City Council bans the use of bullhooks; state law (Penal Code 596.5) has prohibited the use of electric prods on elephants since 1989. Does not compute! (Underscoring E.O. Wilson's observation that Homo sapiens is "innately dysfunctional.") Some consistency would be nice.

Though the Oakland bullhook ban is a good first step, what we TRULY need is a nationwide ban on wild animal acts in traveling circuses and carnivals. Indeed, bullhooks may well be the least of the animals' problems. The stresses and danger of constant travel, performance-on-demand, abusive training methods for unnatural "tricks," boredom, lack of any normal social behaviors... all result in abnormal and neurotic behaviors. Plus the fact that many circus animals are Endangered Species. Is THIS what we're trying to save them for, mere "entertainment" for an insensitive audience? To subject these wonderful and irreplaceable creatures to such abuse is a true "Crime Against Nature," and it has to stop.

Many countries around the world have outlawed wild animal acts: the United Kingdom, Israel, Greece, Colombia, Mexico City and others. Makes one wonder who the REAL "Third World" country is, insofar as animal welfare is concerned.

Anyone in doubt about the miserable lives of circus animals would be advised to read the October 31, 2011 article in MOTHER JONES, "The Cruellest Show on Earth" (available on-line; see GOOGLE). A brief excerpt:

"Forty-eight weeks a year, the circus travels by train to more than 30 cities. Approximately 50 elephants are taken on the road... Although Ringling claimed that rest stops allowing the animals to disembark for fresh air and exercise were built into the travel schedule, evidence indicated that orders for 600 trips from 2000 through 2008 included only 14 rest stops. The elephants traveled an average of 26 hours straight, with some trips extending beyond 70 hours without a break... With up to five elephants in each boxcar producing approximately 15 gallons of urine and 200 pounds of solid waste in 24 hours, the mess adds up quickly. According to MOTHER JONES, former circus workers described the stench as unbearable when they opened the cars for water stops... without letting the animals out. The investigation also reported that nearly 100% of the adult elephants were lame with serious foot problems or musculoskeletal disorders. Their feet were misshapen, ulcerated, abscessed and infected. Twelve of sixteen young elephants suffered from various foot or limb maladies... including sloughing toe nails."

Ringling Bros. is already threatening to have the ordinance overturned, once the new Oakland City Council reconvenes in January. Stay tuned.

continued from page 1

Silver Bells and Red Kettles

Inspiration came when he looked back on his life as an English sailor. During that time, one of the ports in England would place a huge iron kettle out for people to donate money for the poor. Captain McFee decided to do the same and set a kettle out near the San Francisco Ferry landing. A sign that said, "Keep the Pot Boiling" accompanied it. With this simple idea, he was able to raise enough money to feed the hungry of San Francisco that year. In less than ten years, the concept had spread nationwide. Today, these famous red kettles can be found around the world.

Although its bell ringers have been memorialized in song, the Salvation Army itself is less well known. This charitable organization began as a faith-based group whose intent was to spread the message of Jesus Christ to the poor. The group, founded in London in 1865 by former Methodist minister William Booth, was initially called the "Hallelujah Army." Booth's intent was to preach the gospel to the homeless and destitute, and then send them to local churches. Sadly, the new converts were viewed as undesirable by the churches and turned away. This led Booth to form his own church.

Converts became known as soldiers, donning uniforms and changing their lifestyles. Members were expected to avoid drinking, drugs, smoking, gambling, and any other unsavory practice from their former lives. They, in turn, took the good news to others who had fallen through the cracks of society. Booth's approach wasn't a hollow one; he met the needs of the poor first and then shared his spiritual views with them.

Since its inception, the Salvation Army has fulfilled its original intent of helping those in need. In addition to the holiday red kettle campaign, local Salvation Army Corps Community Centers give away food daily to hungry families. In partnership with local food banks, hundreds of families are helped every week. Money for this food comes directly from collected donations. Other services include meals for seniors, exercise classes for seniors, haircuts for the needy, maintaining emergency food supplies, and holiday gifts for disadvantaged children. The Salvation Army Tri-Cities Corps and Community Center recently served 300 families on Thanksgiving distribution day (November 24), and will serve another 300 families on Christmas distribution day (December 22). They provide food, toys, and gift cards for all who signed up.

The help provided by the Salvation Army goes beyond donations. Becoming a bell ringer provides an extra boost during the holidays for interested workers. Doris Lenart is a bell ringer working outside a nearby grocery store. She says she's wanted to be a bell ringer for a while, but missed the opportunity a few times. Limited positions are available and the campaign only lasts from mid-November until Christmas Eve. This year she made sure she signed up in time. Lenart says she's using the income from this extra work to save to replace her car. When asked if the reception is positive or negative she replies, "I've never seen so many kind people! People have been giving tens, twenties. It's a worthy cause." Lenart says that she feels blessed with this position and is happy to help the organization assist the less fortunate.

This holiday season, the Salvation Army is inviting the public to share their reasons for donating via social media. Givers can post at www.redkettlereason.org, or tweet using the hashtag #redkettlereason. **For more information on how you can help "Do the Most Good" with the Salvation Army, visit www.salvationarmyusa.org, or the Tri-Cities Corps at www.gosalarmy.org/deloro/tricities.**

Our Community Tree

SUBMITTED BY DAVE
CORTESE, SANTA CLARA
COUNTY SUPERVISOR

What or who do you value in your community?

We posed that question to Santa Clara County residents, from kindergartners to grandparents. Their answers became the theme for our 2014 Community Peace Tree at Christmas in the Park, San Jose's annual display of 60 animated or musical exhibits, thousands of lights and hundreds of decorated trees.

Dozens of ornaments on our tree, most of them hand-decorated by elementary school students, carry expressions of gratitude for being able to live in a community of people who support each other.

For her ornament, Ellen Donlin of San Jose wrote, "I value the compassion of individuals, groups and nonprofits and organizations who serve less the fortunate with direct service or advocacy."

Closer to home, Deepti Mangal of Saratoga said, "I cherish the beautiful gift of friendship and family and the happiness galore in the company of these we love."

"We treasure the richness that our diverse cultures bring to San Jose, especially the Hispanic and Asian communities," wrote Bracey and Richard Tiede.

Kim Worrall of San Jose wrote, "I am grateful, and thankful for our Vietnam War veterans, for their service and sacrifice as we commemorate the 50th anniversary of the Vietnam War."

When Corey Hernandez's 4th grade class at Laneview Elementary School in the Berryessa area of San Jose was asked the question, the students chose people who serve the community. The most popular choice was police officer, followed by soldier and firefighter. The fourth-graders then turned their gingerbread cookie-shaped ornaments into artistic depictions of who they value and why.

Here are a few:

"Police officers protect the



world from trouble. It is important so people don't get shot by a gun and die."

"Soldiers are important because they risk their lives to save us and our country."

"I chose a firefighter because firefighters help put out fires and help other people that are inside the fire."

But also:

"The astronaut is special to the country to see what goes on in space for education for scientists to study."

"Safety Patrol is important to the community because they make sure the school crosses the road safely. They make sure the cars stop when they need to and have students cross."

"Doctors are important because they help people, like if they are sick or if they have Ebola. So now you know why doctors are important."

"A builder is important because he builds homes, schools and streets. Mostly he builds anything around you with stones and cement. Builders make buildings to keep people safe from anything dangerous."

When you visit Christmas in the Park, a 30-year-old tradition in Downtown San Jose, the District 3 Community Tree is near the Nativty Scene facing Market Street.

Oh, and who do I value?

First of all my immediate family, then my very large extended family the residents of Santa Clara County who I am honored to represent on the Board of Supervisors.

Have a peaceful and joyful holiday season.



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Counseling Corner

Joy at Work

BY ANNE CHAN, PhD, MFT

‘Tis the Season of Joy and I am enjoying the signs of joy – the catchy carols, smiling faces of children, and cheerful lights and decorations all around.

What about joy at work? Are there any signs of joy at your workplace? Or is the only way you can have joy is when you are far, far away from work?

The numbers from the 2014 Conference Board Job Satisfaction survey are discouraging – 52% of all Americans are dissatisfied at work. Let’s pause for a moment to digest what this means – over half of Americans report dissatisfaction with their job. That’s a pretty depressing thought, isn’t it? That every other person you see or meet might be unhappy at work? Even more depressing is the thought that these unhappy people might be spending eight or more hours each work day at a job they dislike (not counting time commuting)!

It’s enough to make anyone cynical about workplace happiness. Is it really possible to have joy at work? Can the words “joy” and “work” go together?

I, for one, can attest that one can definitely be joyful at work. If you pay attention, you too can spot unmistakable signs of joy at work:

- employees who are genuinely happy to be at work
- employees who are empowered and encouraged to take initiative
- employees who love what they are doing
- employees who are given autonomy to do their work instead of being micromanaged
- employees who bring their personality, flair, and style to work
- workplaces where employee feedback is welcomed, respected, and attended to
- workplaces with opportunity for growth, learning, and development

Here’s another example proving that joy at work IS possible, as recounted by John Eliot, Ph.D., former professor at Rice University. (I am recalling the story entirely from memory so advance apologies to Dr. Eliot if I have mangled parts of it). The story goes something like this – when Eliot worked in the Bay Area, he commuted to San Francisco across one of our famous bridges. 99.9% of the toll workers he encountered were just like the ones you and I have encountered – professionals who efficiently took your money; some smiled and said hello, some did not. Most were immediately forgotten the minute you forked over your money and drove away. But one toll booth worker stood out because he was always dancing to his radio music. He actually appeared to be having a blast at work. He did the exact same professional job as the other workers, but his joy while doing his job was both notable and infectious. Curious, Eliot stopped at this worker’s booth and asked him his secret to joy and happiness on the job. The worker said something to the effect of, “What’s not to like? I have the best views of the Bay. When I look this way, I see one beautiful bridge; when I look the other way, I see another beautiful bridge. I get to meet friendly people, I get to dance to my music, I get sunshine and fresh air. I have the best job in the world!”

I have never forgotten this story of the dancing toll booth attendant. One could do an excellent job of taking the correct sum of money from drivers without dancing and smiling. But this gentleman was absolutely inspirational in bringing joy to himself and to the drivers he encountered. He didn’t do any less in terms of taking tolls, but he contributed more by spreading goodwill and feeling happy at work. He may not have had the most

prestigious or interesting job in the world, but he infused his work with light and joy because he treated it like the best job in the world. His approach to his job made all the difference in the world to his mental health and well being.

It is always a joy and pleasure to encounter versions of this toll booth attendant. Even if it’s just a five minute encounter, it makes ME happy when I am around people who are happy to be at work, whether it’s a barista brewing each cup of coffee like she’s serving it to a celebrity, or a grocery store clerk with a great sense of humor, or a security guard who takes the time to greet each person by name.

So here’s my holiday challenge to you:

What can you do to add joy to your job?

If your job is so awful that this question is simply too unbearable to contemplate, then consider this question:

What can you do outside your work to add joy to your life?

What can you do to change your joy quotient?

Ultimately, your happiness lies in your own hands. You can have a happier life, if you take steps to create that happiness. Have a relaxing and peaceful holiday season, readers! And remember to spread happiness and joy wherever you are.

Anne Chan is a career counselor and licensed psychotherapist in Union City. She specializes in helping people find happiness in their careers, lives, and relationships. Her website is www.annechanconsulting.com

© Anne Chan, 2014

continued from page 3

Make a New Year’s Resolution To Put Your Health Care Wishes in Writing

“The biggest obstacle seems to be that talking about the end of your life with loved ones is a difficult conversation to have.”

If you don’t already have an advance health care directive – or if you want to update your current advance directive – this coming holiday season could be a good time to have that conversation with your family and friends. Then you can start the New Year with a “resolution” that will give you and your loved ones peace of mind.

(Part 2 of this series of articles on advance directives will discuss how to have “the conversation” with your loved ones about your end-of-life preferences. Part 3 of the series will discuss the spiritual, emotional and cultural concerns that people may want to address in an advance directive.)

Learn More

Washington Hospital offers assistance to people who wish to create an advance health care

directive. The hospital’s Health Insurance Information Service Coordinator, Kristi Caracappa, is available Monday through Friday from 8 a.m. to 5 p.m. by phone or in person. Call (510) 494-7005. Her office is located at Washington West, 2500 Mowry Avenue, Suite 100, in Fremont.

For more information and links to advance health care directive forms, visit www.whhs.com/advance-directives. You also can visit the following websites to learn more about Advance Health Care Directives and the “Five Wishes”: www.calhospital.org/resource/advance-health-care-directive and www.agingwithdignity.org/five-wishes.php.

continued from page 1

Christmas Concert

says. “VIFE provides a healthy atmosphere for young people to belong to a group with a shared purpose and goal.” Students lay aside their smartphones to become part of a community and learn to give back to their greater community.

Christmas offers a special time to host a benefit concert, as it is the season for giving, and music expresses it in a universal language. VIFE’s charity this December is Heart of Hope, Asian American Hospice Care (HOH), a non-profit organization that serves the elderly with hospice care. They service not only individuals, but also their family members. Lam feels the Asian community typically shies away from getting outside help, but HOH under-

stands this void and meets the need in a caring way. They predominantly support the Asian community, but welcome anyone of any culture to use their services

Lena Zee, past President of the Fremont Rotary Club and Citizens for Better Community, and the current Board of Director of the Fremont Symphony Orchestra, will be the Master of Ceremonies at the concert on Saturday, December 20.

The concert is free of charge, but donations to HOH are welcome and tax-deductible. Donations will enable HOH to provide assistance, emotional support, spiritual and social care for both the patient and family till the natural end of life.

For more information, please contact Judy Lam at (510) 979-9263 or by e-mailing vife.music@gmail.com.

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2:30 p.m. - 4:00 p.m.
Centerville Presbyterian Church
4360 Central Ave, Fremont
(510) 979-9263
Free Admission



Reflections on Water

Alameda County Water District *improves water quality in the 1960s and 1970s*

The 1960s and 1970s were turbulent times in the Bay Area. Political and social change resulted in public protests throughout the region. We had our share of controversy and protest, too. The issue in our service area was water quality.

Acquiring an Antiquated System

By the 1950s, ACWD had purchased all the local, private water companies but one; the owner did not want to sell. We wanted to acquire this system before it expanded further and became more expensive to purchase. Complications arose in the early 1960s, and the idea of an acquisition languished.

The private water provider, Citizen Utility Company (CUC), had old infrastructure that needed upgrades; its 3,000 or so customers in the Niles and Decoto areas became increasingly dissatisfied with the poor quality water they were receiving. CUC pumped hard well water through old pipes to their customers, who had long complained about poor taste and dirty water.

Residents did more than complain; they organized a People for Better Water Committee and, under the leadership of long-time CUC opponent Al Redd, submitted a petition in 1968 signed by 1,500 residents asking ACWD to provide them with water. They were concerned about the quality of the water as well as a decline in the quality of service.

The District already had annexed the area and residents paid an ad valorem tax to recharge the Niles Cone (which was the source of their water). We were happy to move forward, but ran into a wall. The company's asking price was twice as high as a consultant's valuation. That price, plus the inevitable cost of upgrading the antiquated distribution system, made acquisition impossible and the Board temporarily deferred the matter.

Twice in 1970 CUC raised its rates, and not only did the community activists respond, but so did the local water committees of Union City, Tamarack Knolls, and Niles. They asked us to reconsider acquiring the system. Negotiations went so poorly that the Board moved forward with condemnation proceedings.

We held a bond election in 1973 to raise funds to buy CUC's system. The measure passed with 85 percent voting in favor. Community activists brought more pressure to bear; they staged "publicity stunts" and showed up at agency and commission hearings.

It looked as though we had a breakthrough in 1975 when the condemnation action got a jury verdict. The judge in that case, however, threw out the jury's decision and set his own judgment of \$5 million. The District's bond measure would have raised only \$2.85 million – the current CUC valuation.

The matter came to a head in March 1976 when the Board convened a special meeting and attended by representatives of the State Public Utility Commission, State Attorney General and the State Department of Health. Public Utility Commissioner Robert Batinovich said his office had been working on a \$3.678 million settlement. The Board considered and later accepted that figure, and held a successful bond election for an additional \$1.95 million in October 1976.

Work began soon to modernize the creaky CUC system, and we were then able to provide consistent, high-quality water to all the customers throughout our service area.

Reducing Water Hardness

Water hardness had been a local issue for some time. One of the major capital facilities long-discussed was a large-scale water softening program to address this issue. Residents of the service area

approved a bond measure to build a new water softening plant in 1964. The question remained: how to achieve it.

After extensive research, the District decided to build a plant with a continuous ion exchange water softening process, which was completed in 1969. Named after former Board member Manuel Bernardo, the plant was (at that time) the largest continuous counter-current ion-exchange water softening plant in the world. It had the ability to lower well water hardness from 200 parts per million (of calcium carbonate) down to 10 parts per million.

We combined the softened supply with well water from our two production well fields and created water with only 85 parts per million. The ultimate result was not only good tasting water, but also less expensive water than the more costly Hetch Hetchy water sold by San Francisco.

At about the same time, we needed to address the quality of water we were receiving from the State Water Project. This water picked up a complex soup of organic and inorganic materials as it came our way through Central Valley farmlands and the peat-rich Delta.

We built the Mission San Jose Water Treatment Plant – our first surface water treatment plant – to address this problem with Delta water. Completed in 1976, the plant adhered to industry treatment standards. But in just a few years, declining quality of that water source forced us to modify our processes with a newer mix of chemicals that met or exceeded U.S. EPA standards.

This would be the first of many adaptations to keep pace with constantly evolving health standards. Next month we'll look at other challenges and health risks ACWD needed to address as conditions in the District became more complicated.



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Open call for San Leandro's Got Talent

SUBMITTED BY TERESA MEYER

The City of San Leandro announced that it is seeking teen performers who can sing and dance, as well as adults who would like to be judges for the upcoming citywide teen talent show, San Leandro's Got Talent! San Leandro and Bay Area residents who are energetic, positive, or talented are encouraged to apply to participate in this year's show as celebrity guest judges.

Those interested in participating are encouraged to complete an application and return it to the San Leandro Main Library in person or by mail to: Loryn Aman, 300 Estudillo Avenue, San Leandro CA 94577 or by fax (510) 577-3987, by Saturday, December 20. Application materials are available online through the program website at: <https://www.sanleandro.org/dept/library/teens/even ts/slgt2015.asp> or for pick-up at the San Leandro Main Library, located at 300 Estudillo Avenue.

Auditions will take place on Monday, January 12, 2015 at the Main Library, and Tuesday, January 13, 2015 at the Marina Community Center.

This year's San Leandro's Got Talent will take place at the San Leandro Senior Center on Friday, February 6, 2015.

For more information, please call Loryn Aman at (510) 577-3955.

No fares on Holiday Bus

SUBMITTED BY CLARENCE L. JOHNSON

In the spirit of sharing, AC Transit is once again celebrating this holiday season by offering all passengers who board AC Transit's cheerfully decorated "Holiday Bus" free rides to their destinations. Every year, AC Transit transforms one of its buses into a special holiday coach with brightly colored decorations that depict the joy and merriment of the season. Each day, the bus runs along a different route, giving riders throughout the District a chance to both see and ride the festive-looking bus.

Again this year, in a gesture of appreciation of our patrons, AC Transit has added a twist: The coach's fare box will be covered for the duration of the holidays. That means anyone who boards the bus from Sunday, December 14, 2014 through Saturday, January 3, 2015 will be allowed to ride for free.

"The Holiday Bus is a token of gratitude to our riders," said AC Transit General Manager David Armijo. "It's a small thing but it is a way for us to contribute in this season of sharing, and we intend to do so in hopes of making the season a little brighter for anyone who boards the bus."

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BUSINESS

What to consider when hiring a foreign worker who needs “green card” sponsorship

SUBMITTED BY
BARBARA WONG

As an entrepreneur, one of the key factors to consider is how to get the right people on board to help you grow your business. Say you just received your second round of financing for your startup that is going to make the world a better place, but in order to embark on this noble and significant endeavor, you need to hire a team of competent software engineers and architects. These workers need to be as passionate about coding and development as you are about building a world-class company that will take your idea to the next level of innovation and success.

So, you narrow down your potential hires to one individual who is highly qualified with significant experience in coding and development, in the hope he/she will be the key to translating your brilliant ideas into a tangible product to wow the world. But, during the interview process, your potential engineer says, “As much as I would love to join your company, I want to be honest and upfront; I have two years left in my H-1B status and I will need sponsorship for U.S. permanent residence before I would feel comfortable joining your company.” What do you say to that?

The current immigration regulations surrounding the green card or U.S. permanent residence process can be a bit of a challenge for the startup company. Consider these three key questions you need to have asked and answered before you say a resounding, “Yes, we’d be happy to sponsor you for U.S. permanent residence!”

1. Are you able to pay the “prevailing wage”?

U.S. employers that sponsor a foreign worker for U.S. permanent residence commonly use the “PERM” application process filed with the U.S. Department of Labor (USDOL). The employer files an application with the USDOL after testing the U.S. labor market in accordance to specific guidelines, and determines that it cannot find a qualified, willing and able “U.S. worker” to accept the position based on upon minimum education and experience requirements. This testing of the U.S. labor market is one of the key factors to consider for most green card ap-

plications for foreign workers.

But you also need to consider the ability to pay the prevailing wage as determined by the USDOL.

This is a critical question to answer because current U.S. immigration regulations require that an employer sponsoring a foreign national for U.S. permanent residence under the PERM process, must be either paying the prevailing wage, or have the intent to do so at the time that U.S. permanent residence is granted.

If your startup is made up of angel investors (a.k.a. family and friends) and your revenues are zero, then the saving grace to allow you to still consider sponsorship of a foreign worker for U.S. permanent residence based on the PERM process, is the fact that you are able to pay the foreign worker the “prevailing wage” for the offered position from the get go. This is a key issue because if the company isn’t paying the government determined prevailing wage or higher, even if the PERM application is approved, you will face an ability to pay hurdle at the immigrant visa petition stage of the green card process that will affect whether the petition is approved.

2. Do you have sufficient funds to sustain this salary for two to three years or longer?

In the unpredictable startup world, one day you are the darling of the technology industry, and the next day, your company is yesterday’s news and competitors are developing new technologies that cloud your bright and shiny future. Two of your big investors are not impressed with your progress and now you are looking at: zero to low revenues, diminishing investors, and a cash crunch for your payroll. Well, unlike a U.S. worker, your foreign national worker may not be able to just pick up and leave to join the next big thing. He/she is looking to you to keep your promise to pay the prevailing wage for the foreseeable future (or at least until she gets her green card). If it is unclear what the future may hold and which company may end up taking over your start up, and there is significant risk that financing will run out, you are putting your foreign worker in jeopardy if you promise to embark on the green card process.

3.) If you are not paying the prevailing wage as per the PERM, do meet the financial tests to

demonstrate that your company has the ability to pay the wage?

This is clearly a difficult question to answer for most small startups, but there a handful or more of you out there that have had other successful startups already. Not only do you have cash in the bank, you also have plenty of people that would invest in your next big thing, and investors who are vying for the opportunity to get on the bus of your next venture. If this is the case, then pay the offered wage for the PERM application now, and avoid the need to decipher the U.S. tax code to show that you are indeed meeting the financial ability to pay tests. The ability to pay tests are instituted by the U.S. Citizenship and Immigration Services (USCIS) to ferret out those companies who have high hopes but don’t meet the criteria to sponsor a foreign worker for U.S. permanent residence because of ability to pay issues.

In general, the U.S. immigration service uses one of the following three equations in determining the company’s ability to pay:

Net income - The initial evidence reflects that the company’s net income is equal to or greater than the proffered wage.

Net current assets - The initial evidence reflects that the company’s net current assets are equal to or greater than the proffered wage.

Employment of the beneficiary - The record contains credible verifiable evidence that the petitioner not only is employing the beneficiary but also has paid or currently is paying the proffered wage.

Having the “intent” to pay the wage in the future will not help if your company isn’t earning any income and your net current assets are dismal. The look back period to determine if an employer had the ability to pay the offered or prevailing wage, whichever is higher, is from the date that the PERM application was filed with the USDOL.

Taking on the responsibility of hiring and sponsoring foreign workers in the U.S. requires good planning and counsel. After all, a company is often only as good as the people who contribute to it.

Barbara Wong is an immigration attorney with SW Law Group P.C. (SWLG) in Union City (www.swlgpc.com).

World pauses to Pray for Peace

SUBMITTED BY
TRI-CITY INTERFAITH COUNCIL

Imagine if people all around the globe paused at the same time and prayed for peace. At noon, Greenwich Mean Time, on December 31, that happens. At that moment, people all around the world will pause as individuals and gather in community to pray for peace.

“That can be kind of tough for those of us living on the west coast,” explained the Rev. Jeffrey Spencer, an organizer of a peace prayer gathering in Fremont. “Noon in England is 4 a.m. here. But some of us are going to get up for a 4 a.m. interfaith prayer service on December 31 - and others won’t go to sleep on December 30.”

The service, co-sponsored by the Tri-City Interfaith Council, Interfaith Women of Peace, and Pax Christi will be held at Community of Christ, 34050 Paseo Padre Parkway, Fremont.

Organizers believe the service can make a real difference. “Peace begins with me,” Sister Annette

Burkart, one of the organizers, explained. “In these troubled times when we desire to have global peace, we need to make peace within ourselves and share that peace with our neighbors. By doing so, we end violence - all violence.”

Marge Leonard agrees: “This is a time to focus intentionally on what we can do personally to contribute to peace.”

Prayers from several different faith traditions will be shared by those present, in spoken word, in silence, and in song. “People from all faith traditions are encouraged to attend,” Spencer said.

Prayer for Peace
Wednesday, Dec 31
4 a.m.

Community of Christ
34050 Paseo Padre Pkwy, Fremont
(510) 797-0895
jeff@nilesdiscoverychurch.org

City of Fremont News Briefs

SUBMITTED BY ALINA KWAK

City of Fremont holiday closure

The City of Fremont is implementing a Holiday Closure for many non-public safety City Services from Wednesday, Dec. 24, 2014 through Friday, Jan. 2, 2015. The Holiday Closure is scheduled for Dec. 26, 29, 30, 2014 and Jan. 2, 2015, while City holidays are observed on Dec. 24, 25, 31, 2014 and Jan. 1, 2015. City offices participating in the Holiday Closure will re-open for business on Monday, Jan. 5, 2015. This closure will not affect police and fire services.

Offices that are taking part in the Holiday Closure include:

- City Hall, 3300 Capitol Ave., Building A and Building B (Administrative offices)
- Fire Administration, 3300 Capitol Ave., Building A
- Development Services Center, 39550 Liberty St.
- Maintenance Center, 42551 Osgood Rd.
- All Community Centers

Offices and facilities providing limited services during the Holiday Closure include:

- Parks and Recreation, 3300 Capitol Ave., Building B (for walk-in registration of recreation programs only, from 8:30 a.m. to 5 p.m. on Dec. 22-23 and Dec. 29-30. On Fridays, Dec. 26 and Jan. 2, walk-in registration for recreation programs will be handled by the Central Park Visitor Center, 40000 Paseo Padre Pkwy. in Central Park. Call 510-494-4300 for information.)
- Community Centers and Recreation buildings with Holiday Day Camps, Programs, and pre-booked facility rentals
- Life ElderCare (clients should contact 510-574-2090 for additional information)
- Afghan Elderly Association (clients should contact their caseworker for additional information)

During the Holiday Closure:

- The Fremont Police Department and Fremont Fire Department will continue to provide public safety services.
- A minimum number of City staff will be available in an on-call status to provide emergency maintenance services such as responding to storm-related issues.
- Regularly-scheduled street sweeping will occur on Dec. 26, 29, and 30, 2014 and Jan. 2, 2015, weather permitting; no street sweeping on City-observed holidays. (We will make every effort to provide service on a different day. Contact the City's Maintenance Division at 510-979-5700 prior to the closure for your street's make-up street sweeping date.)
- Animal Services will provide regular services and the Tri-City Animal Shelter, located at 1950 Stevenson Blvd., will be open Friday and Saturday, Dec. 26 and 27, as well as Tuesday, Dec. 30, 2014 and Friday, Jan. 2, 2015. (Please note the shelter will also be open on Dec. 23, 2014 and Jan. 3, 2015.)
- The Human Services Department will have one or two crisis counselors available at the Fremont Family Resource Center, located at 39155 Liberty St.

- Garbage, recycling, and yardwaste collection by Republic Services will be one day late for Thursday and Friday residential customers during the weeks of December 22nd and 29th. Call 510-657-3500 for more information.
- The Parks and Recreation Department will offer camps and other programs.
- Community members with active building permits can call 510-494-4885 for inspections on Dec. 26, 29, and 30, 2014 and Jan. 2, 2015. Coordinate with your building inspector at least one week prior to closure.
- The Fremont Tennis Center will be open for public play, weather permitting. Some holiday public hours; call 510-790-5510 for tennis-related information.

Historically, demand for many City services during the December and January holiday season is low. It is anticipated that the Holiday Closure will have little or no impact on service delivery efficiency. For more information, visit www.Fremont.gov/HolidayClosure or call 510-284-4093.

Free Pet Adoptions

There is no better time than the present to give an animal a new home for the holidays. All pet adoptions from the Tri-City Animal Shelter will be free to qualified and approved homes through Saturday, January 3, 2015. The adoption will include spay or neuter, a rabies vaccine, and a microchip; the pet license for Fremont residents will be the only item not included.

Currently the shelter is full of pets just waiting to be taken home to their new forever home. Many of the pets have already been spay or neutered and can be taken home today. We will make every attempt to get all adopted pets spay or neutered before the holidays, but we strongly encourage that you come early in the month.

The Tri-City Animal Shelter is open Tuesday through Friday from noon to 5 p.m. and on Saturdays from 11 a.m. to 4 p.m. The shelter is closed every Sunday and Monday and will also be closed for City-observed holidays on Dec. 24, 25, 31, 2014 and Jan. 1, 2015.

To view all of our available pets visit www.petharbor.com and search for the Fremont Animal Shelter. For more information visit: www.FremontPolice.org/AnimalServices.

Fremont Warming Center for the Homeless

In November 2014, the City of Fremont Human Services Department in partnership with City Serve Compassion Network and with support from Abode Services, opened a Winter Warming Center for Homeless residents in Fremont and the greater Tri-City area.

A Warming Center provides a warm, safe environment for homeless persons (men, women and families) by giving them an option to "come in" from freezing or very wet weather. The center is activated when heavy rains are predicted or when weather will likely fall below 40 degrees.

The Warming Center is located at the Fremont Senior Center Wing A, 40086 Paseo Padre Parkway, Fremont, CA 94538. The center opens at 6:30 p.m. and participants are asked to enter through the door at the southeast corner of the building. No one will be admitted after 8:30 p.m. The center provides a welcoming environment, dinner, a sleeping bag, mat and pillow and

breakfast prior to 7:00 a.m. when participants are asked to leave the facility.

To see if the center is open, call 574-2222. Persons wishing to donate food, supplies, or volunteer may contact City Serve Compassion Network at 796-7378. Persons wishing to contribute funds to help keep the center open may contact the Human Services Department at 574-2051, or contribute electronically at: <http://fremont.gov/hsdonate>.

Fremont Fire Department is collecting food, toy donations

The Fremont Fire Department is teaming up with Tri-City Volunteers, a local non-profit, to collect non-perishable food items and new, unwrapped toys. Donation barrels are located at all 10 fire stations and the Fire Department's Administration Office at 3300 Capitol Ave., Building A through Dec. 21. For more information call the Fremont Fire Department at 510-494-4299.

Volunteer Income Tax Assistance Program

Starting February 2 to April 15, 2015, trained IRS-certified VITA tax preparers from the SparkPoint Fremont Family Resource Center (FRC) Volunteer Income Tax Assistance (VITA) Program will be providing FREE quality tax preparation with e-filing for qualified individuals and families with household incomes of \$53,000 or less annually.

Tax preparation assistance will be available at the Fremont Family Resource Center Mondays and Wednesdays from 4 p.m. to 8 p.m. and Fridays from 10 a.m. to 1 p.m. Tax preparation assistance is also offered in locations throughout the Tri-City area.

Since 2002, FRC VITA has helped over 16,000 families and individuals to receive over \$25 million in refunds. You may qualify for up to \$6,044 of additional refund through the Earned Income Credit. The Volunteer Income Tax Assistance (VITA) program is sponsored by the Internal Revenue Service (IRS) and the United Way of the Bay Area Earn It! Keep It! Save It! Coalition. For more information, please contact SparkPoint Fremont at (510) 574-2020 or visit: <http://www.Fremont.gov/SparkPointFRC>.

Holiday camps

School holiday break is just around the corner and the City of Fremont Recreation Services has you covered! We've got indoor and outdoor sports camps, tennis camps, just for fun camps, academic enrichment camps, and everything in-between. All of our camp locations offer extended care to help with full day coverage from 8:00am to 6:30pm. So don't delay – register today, and enjoy the holidays knowing that your kids are safe and having a great time with the City of Fremont. We'll see you in CAMP!

For more information and a full list of our holiday camp options, visit www.fremont.gov/daycamps or to register visit www.regerec.com.

Encountering Acts of Compassion

Compassion – it's something everyone could use a little more of, especially within local communities. The Charter for Compassion, started by Karen Armstrong, a 2008 TED Prize winner, observed that as the world's societies and cultural and religious institutions have become more complex, they have often also become less compassionate and kind, and more disconnected and indifferent.

To combat this trend, the International Campaign for Compassionate Communi-

ties and its accompanying Charter for Compassion have made it their mission to inspire communities of all sizes to embrace and encourage compassion. More than 280 communities around the world have either signed the Charter for Compassion or are actively organizing around the principles of a compassionate community. The City of Fremont is exploring joining the movement.

The program does not specifically define what a compassionate community looks like. Rather, it leaves that definition up to its residents to determine. And that's where you come in.

The City's Human Relations Commission, along with the Tri-City Interfaith Council, is currently seeking feedback from the Fremont community and would like to know how you would define the actions of a compassion community. Ultimately, your feedback could lead to the adoption of a Charter for Compassion by the Fremont City Council, or ongoing efforts to promote acts of compassion by the City's residents, businesses and organizations.

Fremont residents, businesses, community organizations, and City staff already carry out thousands of compassionate acts every year, including:

- A neighbor helping another neighbor in need
- Giving to local services agencies
- Being open and accepting of different religions and faiths and cultural groups
- Volunteering in the community
- The City providing a social safety net for low-income families and individuals

Have you encountered an act of compassion? Please share your story with us and provide examples of acts of compassion you have seen, benefited from, or participated in within our community. To submit a response, please visit Fremont Open City Hall at www.Fremont.gov/OpenCityHall-Compassion.

Make a family or Senior's day special

The holidays are fast approaching and there's no better way to celebrate than by spreading the joy of the season to others. The City's Human Services Department is calling on you to take part in Giving Hope, a program dedicated to aiding needy families, children, and frail isolated seniors along with their pet companions by bringing them holiday cheer. Anyone interested in participating and making a difference in the lives of those Giving Hope serves can help in any of the following ways:

- Cash donations (corporate matching gifts gladly received)
- Gift cards for groceries, restaurants, entertainment, pet stores

Donations can be made online at www.Fremont.gov/HSdonate. If sending a check, please make it payable to the following:

**City of Fremont
Giving Hope Holiday Program
Human Services Department
3300 Capitol Ave., Building B
Fremont, CA 94538**

In appreciation of your generosity, each sponsor will receive a thank you letter for tax purposes in January. For more information on how to participate, please contact the City's Monica Dominguez at mdominguez@fremont.gov or 510-574-2057.

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MASONIC HOME LAUNCHES NATIONAL INITIATIVE FOR FALL PREVENTION

Research-driven approach seeks to improve older adults’ quality of life

Every day, throughout the country, older adults fall. And while some are able to stand up and continue on their way, others are not so lucky. According to the National Institutes of Health, more than one in three people ages 65 or older fall each year, and more than 1.6 million seek emergency care for related injuries.

These statistics are alarming. But at the Masonic Home, caregivers believe that there may be a solution: predicting falls, before they occur. While risk of falling can’t be eliminated, a new approach seeks to significantly improve quality of life by inspiring independence and preserving health.

Epistemology in action

Chris Gershtein is director of quality management and compliance at the Home, and specializes in quality of life issues. She’s quick to point out that falling – both actual falls and the fear of falling – can significantly impact residents.

“Many resident choices don’t seem related to falling until you look closer,” Gershtein explains. For example, a resident with limited mobility might be able to attend an off-site trip if it is led by a volunteer with limited medical training, and the resident can’t easily walk independently.

“It’s a question of balance,” Gershtein says. “Caregivers must weigh the risk of falling so that we’re not putting anyone’s health in jeopardy.”

This predictive approach is gaining traction, and the Home is at the helm. With the support of Executive Vice President Gary Charland, Gershtein is leading the initiative to create a National Database for Falls. When fully implemented, it will compile statistics from Masonic care facilities nationwide, including number of incidences and victims’ age, gender, medication, and general health. Over time, these statistics will reveal patterns, helping administrators identify those at greatest risk for falls.

“There is very little literature and benchmarking data for RCFE populations,” Charland explains. “This data will lead to stronger

evaluations and recommendations that can eventually be disseminated to benefit the national population.”

Leading the way

The Home’s Fall Prevention Task Force meets regularly to discuss supportive programming to assist all residents, as well as individual residents who are at greater risk.

“It’s a team effort,” Gershtein explains. “We build partnerships between residents, caregivers, and families so they can work together to build the necessary skills and strength to stay healthy and safe.”

Home staff have introduced a Better Balance program, which includes a workshop about fall prevention strategies and encouragement for strengthening core muscles. Program participants often experience a great improvement in quality of life.

Gershtein recalls one resident who wanted to attend an outing but struggled getting in and out of the van. “She was depressed that her mobility had decreased and thought she couldn’t to attend,” Gershtein says. “We helped her realize that she would become more mobile if she worked at it. So, she came to Better Balance class. She began swimming to strengthen her muscles. And, when it was time for the trip, she was ready. She always had the ability to be stronger – she just needed encouragement.”

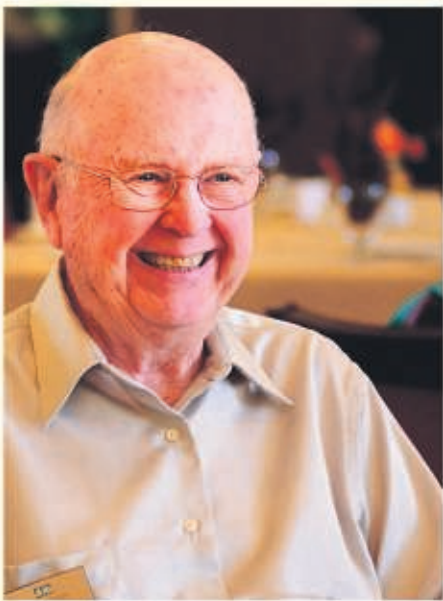
For Gershtein and Charland, this success story is one of many they hope to see evolve through supportive programming and data analysis.

“No one wants to fall,” Gershtein says. “When we place negative fall statistics alongside positive indicators – a decrease in falls through preventive activities – people listen. Everyone wants to keep walking.”

And, she adds. “The Masonic Home is committed to preserving quality of life for our residents and the general public. This is just one way that we’re using the tools we have on hand to help improve quality of life.”

LIGHTING UP THE HOLIDAYS

It’s beginning to look a lot like Christmas in Union City! On Dec. 4, residents and staff of the Masonic Home and Acacia Creek celebrated their annual tree lighting ceremony with local Tri-City community residents and schools. Guests enjoyed live music and performances from the Fremont Christian Jazz Band, the James Logan High School Show Choir, Acacia Creek and Masonic Homes residents, and Delaine Eastin Elementary School students. As the countdown to the tree lighting began, children’s gifts were donated to support those in need through Toys for Tots, and Santa made a personal appearance to hear holiday wishes. The Masonic Home and Acacia Creek thank everyone who participated in this year’s festivities.



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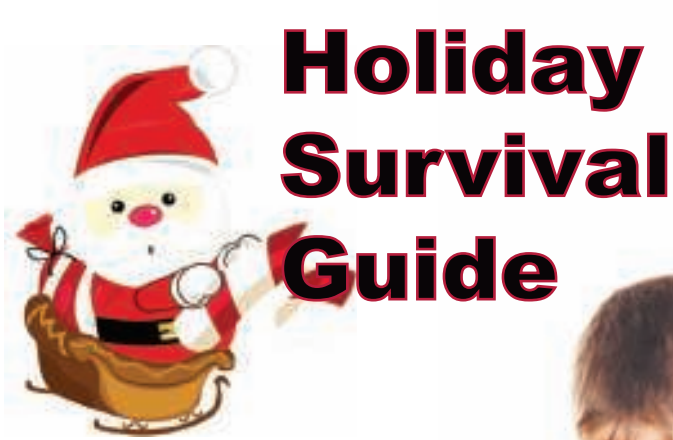
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Home & Garden



Holiday Survival Guide

Tis the season for family gatherings, dinner parties, gift exchanges and the sound of laughter coming from around the table. With the hustle and bustle surrounding the holidays, finding ways to reduce stress can help you survive the season. Here are six simple tips that will help your holidays go from hectic to holly and jolly, with even a little time left over to relax before your guests start arriving.

Clean sweep your to-do list

Getting a jump start on your home's preparations will keep you from burning out early. Clean the house thoroughly a few weeks prior to your big event instead of waiting until the last minute. Check for any light

elbow grease required. Don't forget your oven - the self-cleaning option saves you time so you can move on to the next task.

Own the tradition

While the tradition of celebrating holidays is passed down



pedestals. Only have a few minutes before your guests arrive? Use Crazy Glue Craft Gel to create centerpieces and personalized place settings out of beads, gourds, holiday baubles and handwritten name cards. Even if your handwriting didn't score an A, your guests will appreciate the special touch.

Decorate like a pro

A tchotchke here and garland there can soon lead to decoration overload. Choose a color scheme ahead of time and stick to two or three colors. Decorating with colors that complement your existing decor will bring holiday cheer into your home seamlessly. If you have outdated decorations that you just can't part with, consider giving them new life with a fresh coat of metallic spray paint. Wrapping gifts with similar colors, ribbons and metallics add the finishing touches to your decorating scheme. For added cost-savings, potato chip bags turned inside-out can be repurposed as metallic wrapping paper or bows. Cut open the empty bag, wash with soap and water and let dry. Then wrap your present and finish with a colorful ribbon or gift tag.

Satisfy the senses

Add a few drops of essential pine oil to your air filter to keep your home smelling festive even if you have a fake tree. For a softer scent, boil water and add vanilla extract, rosemary and a few lemon slices. Opt for table lamps in the living room instead of harsh overhead lights. The warm yellow glow will add to the ambiance of candles, fireplaces and twinkling string lights. Finally, have a few family-friendly movies on hand to provide your

guests with entertainment and a little down time between dinner and dessert.

Take-home treat trends

Tired of losing Tupperware containers to family and friends who forget to return them? Whether it's Thanksgiving turkey or holiday cookies, you can pack up leftovers in personalized take-out containers and keep your Tupperware safe at home. Pick up an assortment of blank, disposable take-out boxes from your local craft store and apply adhesive labels. Write your guests' names on the labels and decorate the boxes for the occasion with embellishments and glue. When it's time to fill each box as your guests prepare to leave, keep a marker and extra labels nearby so you can also write down what treats they'll find in each container.

Storage solutions

When the holidays are over, ornaments don't always find their way back to their original

packaging. Wreath bags, ornament organizers, dinner plate containers and string light storage bins keep your decorations safe during the off-season. If you have wrapping paper left over that you'd like to save for next season, cut a toilet paper roll lengthwise and wrap it around the wrapping paper to prevent unraveling. To avoid holiday emergencies next year, keep a small, unopened tube of Crazy Glue's Maximum Bond formula with the breakable decorations to quickly fix any ornaments, centerpieces or china that might get damaged in storage.

Elegant and often extravagant celebrations are at our fingertips in magazines, blogs and on sites like Pinterest and Etsy. The images inspire us to host picture-perfect holiday celebrations, but we can find ourselves in over our heads when it comes time to execute. Remembering these six simple tips will prepare you for a headache-free holiday season.



bulbs that need to be replaced, carpet stains that need treatment, and pesky cobwebs in your fixtures. Discard old condiments in the refrigerator and add more to your shopping list. Baking soda and a warm rag left on a glass cook top for 15-minutes leaves your surface sparkling - no

from one generation to the next, there's no need to hide your personal flair. Forgo a traditional centerpiece and create a tablescape reflective of your family's personality instead. To add dimension to your dessert table, glue candlesticks to mismatched plates to create holiday treat



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Adventure Landing

BY DENNY STEIN
PHOTOS BY DR. PARK

I wish I was just 3 feet tall, I thought, as I squeezed my grandmotherly 5'2" into the new Serengeti Safari jeep at the Oakland Zoo. The ride started and my zebra-striped jeep moved forward, leading an alternating succession of tiger-striped and zebra-striped jeeps, camouflaged to skirt through the tall grasses of the Serengeti. Four adventurers can fit in a jeep, and each rider has their own steering wheel. Behind me Meena Loughridge and her dad Brian signaled ready to go, buckled up, and steered through the safari track, while music pulsed through their ride.

"Keep your hands in and don't stand up!" advised the Serengeti Rangers. African grasses almost brushed the sides of the jeeps as the track wove through a realistic exhibit of wild animals peeking though the flora of their habitat, hanging from

scrubby trees, or basking on a rock, hot from the sun. Look carefully as you go and you'll see the real live giraffes just over the back fence.

The tusky warthog seemed to be moving right at me, a rhinoceros appeared out of nowhere, and zebra stared us down as we rolled past its territory. Little Meena was entranced, as were the three bigger kids in the last car.

Twice around so you can't miss a thing, then the Safari jeeps pull back into the loading station. "Don't get out until we've come to a complete stop!" cry the Rangers. Grown-ups unfold themselves from the jeeps then lift out the little ones while the "big" kids scramble down. Everyone seemed to have a great time riding the jeeps, watching for wild animals, or enjoying their children's expressions. Definitely photo op time because what's a safari without snapshots to show off when you get home?

The new Serengeti Safari isn't the only ride in Adventure Landing. Use your tickets to enjoy shiny new colors and imaginative names on the Bush Pilot Training planes, Retro Racing cars, and the Tiger Trek roller coaster. Check height requirements, because you may need a kid to ride with you! Finally there's the Conservation Carousel, a truly beautiful old timey merry-go-round featuring wild animals that need us to protect them.

Adventure Land is definitely eye candy, but there's also the Safari Café and picnic tables where you can relax with hot dogs, ice cream, cotton candy, snacks, and a cool drink. On weekends and during the summer, sausage sandwiches and chicken are made on an outdoor grill and served with coleslaw and homemade potato chips.



Finally, take a ride on the Outback Express where you can sit back and leave the driving to the Outback Engineer, while you chug through Wild Australia with its emus and wallaroos. It's a relaxing, refreshing, and great way to end your Adventure Land visit.

Adventure Landing is open during normal zoo business hours. Tickets are \$1.50 each or purchase 16 for \$21. Visit www.oaklandzoo.org to see what else is going on at the zoo, especially the many fun and enlightening activities for kids.

Remember, for an evening of fun during the holiday season, Zoolights runs

from 5:30 p.m. – 9:00 p.m. through January 4, 2015 (closed Dec 13, 24, 25). Visit: www.oaklandzoo.org or www.tricityvoice.com (search for "zoo-lights") for more details.

Adventure Landing
Everyday: 10 a.m. – 4 p.m.
(Closed Dec 25)
Oakland Zoo
9777 Golf Links Rd, Oakland
(510) 632-9525
www.oaklandzoo.org



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continued from page 2

Do You Know Your ABCs of Hepatitis?

Vaccinations Can Prevent Hepatitis A & B; No Vaccine Available To Prevent Hepatitis C

In the U.S., the highest rates of infection with hepatitis B and C occur in immigrant populations – particularly Asians and Pacific Islanders – according to the CDC. Many of them are infected at birth or in early childhood and are unaware of the infection because most people show no symptoms until the disease is in its late stages.

“Unfortunately, there is no vaccine currently available to prevent hepatitis C, but there is a vaccine for hepatitis B,” Dr. Martin observes. “Hepatitis B vaccine is recommended for all infants at birth and any older children or adults who have not previously been vaccinated. Infants and children generally should receive three to four doses of vaccine given over a period of six to 18 months. Adults should

receive three doses of vaccine over a six-month period. The hepatitis B vaccine and the hepatitis A vaccine both provide lifetime protection from infection.”

Among adults with an acute hepatitis B infection, about 90 percent are able to resolve the infection by resting, eating a healthy diet, drinking plenty of fluids and avoiding alcohol and drugs.

“About 10 percent of adults with hepatitis B infection will develop chronic hepatitis and become carriers of the disease,” Dr. Martin cautions. “Among children with hepatitis B, however, approximately 90 percent will develop chronic hepatitis and become carriers because their immune systems are not well developed. People who contract

hepatitis C infections almost always develop chronic disease – only about 10 percent of cases resolve on their own.”

Treatments for chronic hepatitis B and C have improved in recent years with the development of new antiviral medications.

“The newer medications are more effective and easier to take because they are oral, rather than injectable,” says Dr. Martin. “We do recommend screening for people who think they may have been exposed to viral hepatitis, which can be detected with specific blood tests. It is important to be proactive. Be open with your physician and explain any risk factors you may have for contracting viral hepatitis. It is much easier to treat if diagnosed early.”

Longest Night Service

SUBMITTED BY
NILES DISCOVERY CHURCH

For people who are dealing with grief, significant life changes, sobriety, and other challenges, holiday season can be especially difficult. For several years now, on the longest night of the year, Niles Discovery Church has offered a special, meditative worship service that makes time for remembering and sharing. This year, the longest night service on Sunday, December 21 will be held at St. Anne’s Episcopal Church in Fremont.

The service will begin with an optional labyrinth walk outdoors, followed by the liturgy by Rev. Jeffrey Spencer, senior pastor of Niles Discovery Church, one of the two churches sponsoring this year’s service. The liturgy includes

special music, scripture, silent reflection, candle lighting, healing prayer, and a time of fellowship for those who wish to participate.

The structure of the service helps people open their hearts to hope. “The highlight of the service seems to be the lighting of candles,” Spencer said. “It is a quiet response to the scripture readings and an act of prayer.” Spencer hopes that the service will provide a space for people “to release their anger, face their emptiness, have a good cry (if that’s what they need), and know that God cares,” he said.

Longest Night Service
Sunday, Dec 21
7 p.m.

St. Anne’s Episcopal Church
2791 Driscoll Rd, Fremont
(510) 490-0553
www.stanneschurch.org

Domestic Violence Counselor Training

SUBMITTED BY VERA CIAMMETTI

Ruby’s Place is offering a Domestic Violence Counselor Training program for people interested in helping those who have suffered at the hand of domestic violence.

By California law, each employee or volunteer who works with survivors of domestic violence must complete 40 hours of training. This must include law, victimology, counseling techniques, client and system advocacy and referral services. Our training will include the basic information on domestic violence as well as topics such as trauma informed care, batterers intervention and self-care. Our training will be domestic-violence focused with an emphasis on survivors who are homeless, experiencing mental illness, or struggling with substance abuse. Issues surrounding public health, housing and cultural competency around domestic violence is explored.

Majority of the topics and curriculum will be taught by staff from organizations that are established and experts in the field of domestic violence and related topics.

Our Training Coordinators will be present at each training session to introduce presenters and facilitate questions, reviews, and further discussions on the topics.

All trainings will be held at our administrative office: 1180 B Street, Hayward. Parking is available free of charge. Snacks and water will be provided at each session. Please feel free to bring your own lunch or snacks; there will be a refrigerator on site. There will be a one-half hour break for lunch with restaurants within a three-minute walk or drive. Training sessions - Friday, Jan 9; Friday, Jan 16; Friday, Jan 23; Friday, Jan 30; Friday, Feb 6; Friday, Feb 13 - are scheduled from 9:00 a.m. – 4:30 p.m.

You must attend all sessions in order to obtain your certificate of completion. Any missed sessions need to be made up by attending another DV training series which may be held at different times and locations. Once you have completed all of your missed sessions, you will obtain your certificate of completion.

Registration deadline is Tuesday, December 30. The cost for this accelerated training is \$250. This includes the 40 hours of training, a training binder, and certificate of completion. We will only reserve your space once you have paid the fee with your registration application. Space is limited to 14 attendees. For any questions or to register, please call Sophora Acheson at (510) 581-5626 ext. 311 or e-mail sophora@rubysplace.org.



RUBY'S PLACE

NATIONAL SCIENCE FOUNDATION AWARDS \$2 MILLION

SUBMITTED BY JEFF BLISS

Cal State University East Bay (CSUEB) has received \$2 million from the National Science Foundation to develop tools that will help schools in California and other states implement the Next Generation Science Standards (NGSS), which were adopted last year.

The Next Generation Tools to Analyze and Revise Science Curriculum (Next Gen TARSC) will support K-16 educators in understanding the substantial changes in teaching practices and student learning required by the new science standards. Next Gen TARSC will also make grade-level connections to the new Common Core State Standards in mathematics and English Language Arts. It is intended for use by K-12 teachers and university faculty who teach introductory science and teacher preparation courses.

Next Gen TARSC is the third of Cal State East Bay’s \$15.5 million in competitive federal science education research and implementation awards received in the last five years — from NASA and the NSF — by the same team of faculty and staff.

“This series of science education research and professional development grants is a testament to the vision, persistence, and commitment to transform science education by a team of CSUEB faculty, staff, and partners such as the Alameda County Office of Education,” said CSUEB President Leroy M. Morishita.



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Kid Scoop Together: Menorah Match

Menorahs come in a wide variety of shapes, colors and designs. Each one below has an exact duplicate. Working with a family member, can you match them all?

HAPPY HANUKKAH

In 2014, **Hanukkah** begins the evening of December 16th and ends the evening of December 24th.

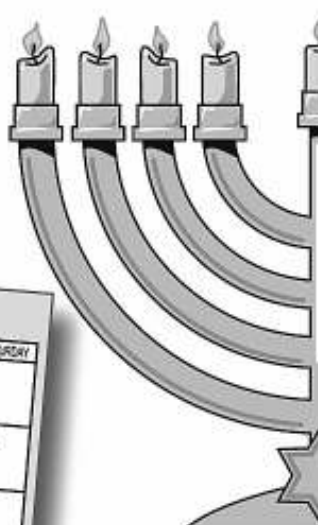
Jewish people light a candle each night of Hanukkah. The candles are placed in a special candleholder called a **menorah**.



Draw this candle on the calendar for each night of Hanukkah. How many days is the Hanukkah celebration?

December 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



Draw the other half of this menorah. The center candle on a menorah is called the **shamash** and it is used to light the other candles.

The Dreidel Game

Long ago, it was against the law for Jewish people to study their religion. If a group of people studying saw soldiers, they put their books away, took out a spinning top and played a game with a **dreidel** (DRAY-duhl). A dreidel has four sides. Each side has a Hebrew letter. Circle every other letter to find out what the Hebrew letters stand for.



T A F G H R Y E M A G T D M J I K R L A B C T L N E
R H U A Y P M P N E G N A E W D R T J H R E Y R M E

 A G _____

The Story of Hanukkah

Replace the missing words.

CELEBRATE **GOD** **RULED** **BURN** **MIRACLE**
EIGHT **THOUSAND** **FIGHTING**

More than two _____ years ago, Jewish people were _____ by King Antiochus, who wanted them to change their religion.

After many years of _____, the Jewish people won the freedom to worship in their own way.

Soon, the Jews rededicated their Temple to their own _____. This was the first Hanukkah.

The priests wanted to _____ for eight days, but they only had enough oil for the Temple lamp to _____ one day.

Then a miracle happened. That little bit of oil burned for _____ days.

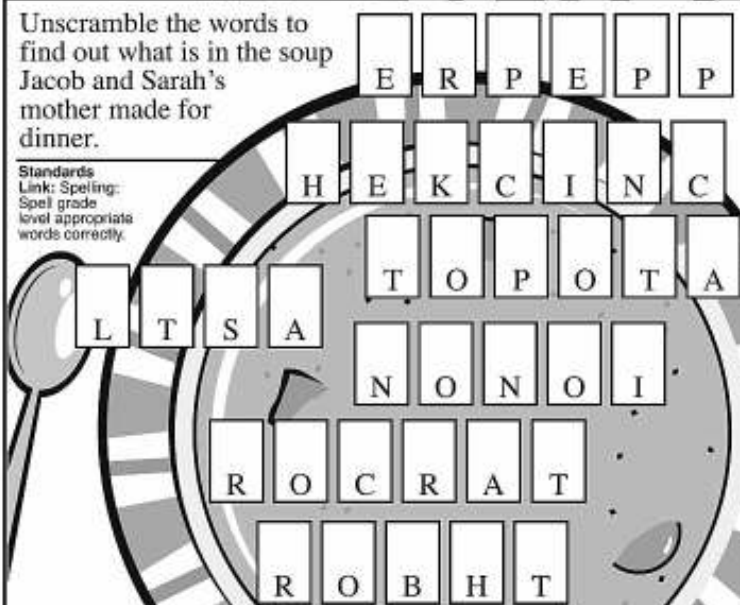
Today Jewish people continue to celebrate Hanukkah. It is often called the _____ of the lights.

Extra! Extra!
Hanukkah Dot-to-Dot
Select eight words from today's Kid Scoop page. Find and circle the letters that spell each of these words on one page of the newspaper. Use different color crayons to connect the letters in order to spell each word.
Standards Link: Spelling: Spell grade level appropriate words correctly.

Kid Scoop Puzzler

Unscramble the words to find out what is in the soup Jacob and Sarah's mother made for dinner.

Standards Link: Spelling: Spell grade level appropriate words correctly.



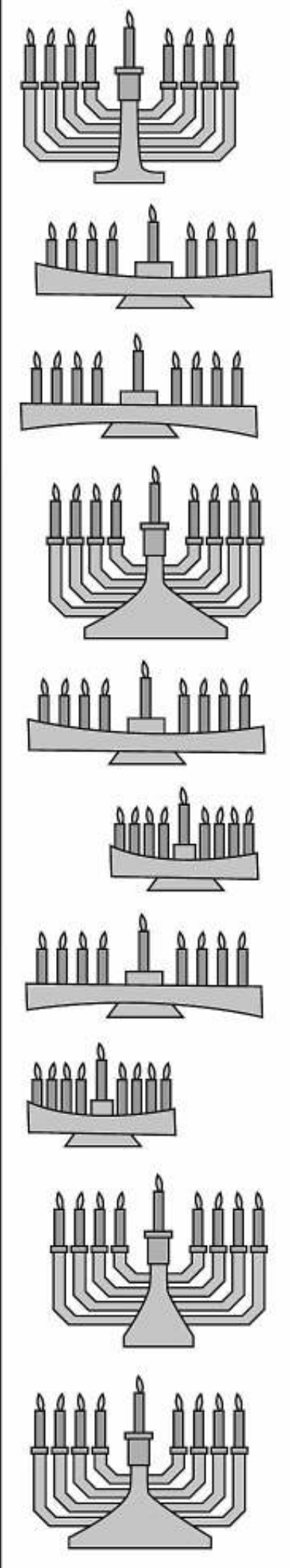
Double Word Search

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

HANUKKAH
CALENDAR
SHAMASH
MIRACLE
DREIDEL
HEBREW
TEMPLE
JEWISH
STORY
LIGHT
EIGHT
SOUP
LAMP
NUN
OIL



Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.



Standards Link: Visual Discrimination: Find similarities and differences in common objects.

FROM THE LESSON LIBRARY

Eight and Ate

Ate and eight are **homophones** – words that are pronounced the same but have different meanings. Look through the newspaper for more homophones. Can you find eight?

Standards Link: Research: Use the newspaper to locate information.



What did the little candle say to the big candle?

ANSWER: "I'm going out tonight."

Write On!

Holiday Celebrations

Does your family celebrate Hanukkah, Christmas or another holiday? Write three paragraphs describing how your family celebrates.

CASTRO VALLEY TOTAL SALES: 03						
Highest \$:		680,000	Median \$:		650,000	
Lowest \$:		615,000	Average \$:		648,333	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
5290 Camino Alta Mira	94546	650,000	4	2199	196711-13-14	
5058 Rahlves Drive	94546	615,000	4	1238	195311-13-14	
18714 Walnut Road	94546	680,000	3	2358	197711-12-14	

FREMONT TOTAL SALES: 17						
Highest \$:		1,684,000	Median \$:		750,000	
Lowest \$:		374,000	Average \$:		797,882	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
3263 Cade Drive	94536	750,000	3	1618	198411-13-14	
36140 Fanshawe Street	94536	866,000	4	2160	196511-14-14	
4560 Gertrude Drive	94536	730,000	4	1778	196011-14-14	
33 King Avenue	94536	800,000	3	1700	199911-14-14	
36152 Perkins Street	94536	860,000	4	2643	196511-14-14	
454 Posada Way	94536	1,100,000	4	2735	196711-14-14	
10 South Avila Terraza #10594536	94536	643,000	3	1420	200111-14-14	
38852 Stonington Terrace	94536	775,000	3	1638	198711-14-14	
39455 Albany Cmn #Z	94538	374,000	2	991	198111-13-14	
39029 Guardino Dr #22494538	94538	452,000	2	1053	198711-14-14	
126 Peony Court	94538	665,000	3	1157	196111-12-14	
4654 Stevenson Blvd	94538	605,000	4	1321	195911-14-14	
49002 CinnamonFern Cmn	94539	555,000	2	1274	200911-12-14	
1543 Olive Avenue	94539	1,411,000	3	1607	195411-14-14	
42837 Travis Layfield Pl	94539	1,684,000	-	-	-11-13-14	
3979 Dryden Road	94555	785,000	3	1633	197711-13-14	
5261 Tacoma Common	94555	509,000	2	950	198911-14-14	

HAYWARD TOTAL SALES: 14						
Highest \$:		1,318,000	Median \$:		460,000	
Lowest \$:		278,000	Average \$:		551,286	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
22868 Charing Street	94541	435,000	3	1333	200311-14-14	
17100 Esteban Street	94541	395,000	2	1335	195811-12-14	
619 Harmony Drive	94541	345,000	2	1090	194211-13-14	
3037 Hartman Terrace	94541	530,000	3	1517	199811-13-14	
22493 Linden Street	94541	490,000	3	2168	195911-13-14	
624 Moss Way	94541	567,000	3	1827	201211-14-14	
230 Carrick Circle	94542	935,000	5	3412	200711-14-14	
26917 Claiborne Court	94542	680,000	4	1424	197111-13-14	
695 Bristol Drive #181	94544	278,000	2	906	198811-12-14	
31575 Burnham Way	94544	428,000	3	1179	195511-14-14	
26213 Coleman Avenue	94544	460,000	3	1783	195311-14-14	
23645 Eden Avenue	94545	1,318,000	2	768	192511-12-14	
2501 Kirkwood Drive	94545	545,000	4	1852	197411-13-14	
27414 Lemon Tree Ct	94545	312,000	3	1254	197111-12-14	

MILPITAS TOTAL SALES: 06						
Highest \$:		825,000	Median \$:		652,000	
Lowest \$:		534,000	Average \$:		680,917	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
1216 CalleDe Cuestanada	95035	825,000	3	1990	199211-19-14	
475 Carnegie Drive	95035	534,000	3	1189	195511-18-14	

832 Harmony Place	95035	652,000	3	1404	200011-18-14	
1543 McCandless Drive	95035	799,500	-	-	-11-18-14	
55 Rain Walk	95035	600,000	2	1353	200011-19-14	
700 South Abel Street #41395035	95035	675,000	2	1851	200711-18-14	

NEWARK TOTAL SALES: 05						
Highest \$:		677,000	Median \$:		580,000	
Lowest \$:		333,500	Average \$:		514,500	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
39843 Cedar Boulevard #32594560	94560	333,500	2	1071	198611-14-14	
39975 Cedar Boulevard #33494560	94560	372,000	2	1071	198511-13-14	
38122 Iris Court	94560	580,000	2	1117	198811-12-14	
36685 Sugar Pine Court	94560	677,000	4	1632	197711-14-14	
5608 Wintergreen Drive	94560	610,000	3	1456	196811-13-14	

SAN LEANDRO TOTAL SALES: 11						
Highest \$:		675,000	Median \$:		480,000	
Lowest \$:		250,000	Average \$:		452,136	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
30 Dutton Avenue	94577	330,000	2	1130	192411-14-14	
875 Estudillo Avenue	94577	650,000	3	2267	194111-14-14	
1320 Sandelin Court	94577	490,000	2	1385	194011-12-14	
875 Superior Avenue	94577	675,000	3	1744	193711-13-14	
1772 Thornton Place	94577	466,000	3	1332	199911-14-14	
726 Moraga Drive	94578	590,000	5	2304	195411-12-14	
1275 Primrose Drive	94578	250,000	2	1138	194211-14-14	
14083 Reed Avenue	94578	275,000	2	1084	197311-14-14	
1240 Terra Avenue	94578	480,000	4	1812	195111-13-14	
1671 Burkhart Avenue	94579	267,500	3	1880	195711-14-14	
14995 Wiley Street	94579	500,000	4	1833	195411-14-14	

SAN LORENZO TOTAL SALES: 03						
Highest \$:		495,000	Median \$:		434,000	
Lowest \$:		392,000	Average \$:		440,333	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
15854 Corte Geraldo	94580	434,000	3	1143	195511-13-14	
294 Via Lucero	94580	495,000	4	2040	194411-13-14	
17469 Via Primero	94580	392,000	3	1000	194411-14-14	

UNION CITY TOTAL SALES: 10						
Highest \$:		695,000	Median \$:		455,000	
Lowest \$:		275,000	Average \$:		524,100	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
117 Aurora Plaza	94587	275,000	2	688	1985 11-14-14	
112 Aurora Plaza #50	94587	315,000	2	897	1985 11-13-14	
4564 Darcelle Drive	94587	640,000	3	1953	1976 11-14-14	
2912 Decoto Road	94587	666,000	3	1945	1942 11-14-14	
831 G Street	94587	426,000	4	1584	1970 11-13-14	
3735 Horner Street	94587	455,000	-	1035	1978 11-14-14	
32457 Jacklynn Drive	94587	679,000	3	1320	1974 11-14-14	
1057 Las Padres Terrace	94587	455,000	3	1212	1997 11-13-14	
2201 Ptarmigan Court	94587	635,000	4	1470	1977 11-14-14	
34178 Soto Drive	94587	695,000	4	2138	2005 11-13-14	

Home Sales Report

Shape Our Fremont

Where Fremont residents can learn about shaping proposed housing developments

Issues: The Effect of Design

In our Issues article on Housing Density, we explained that Fremont’s General Plan defines density as the number of housing units on an acre of land. What about the size, shape or look of the buildings? When two housing developments with the same density are compared, one can appear far more dense because of the overall design of the project. One development’s style can fit the character of the neighborhood while the other just doesn’t.

Planned District Design

Most of Fremont’s new developments are Planned Districts. The policies for Planned Districts give the developer layout flexibility but they also entitle the city to make a subjective evaluation of the project design.

The City Council has sent several projects back for redesign even though the project complied with most requirements. They have rejected seven-plexes, flat front facades with no articulation, and buildings with nothing but full third stories and no two-story elements.

We now have a new City Council. Let them know how you feel about the design of the developments that you see being

built around town. Be specific so they can review future proposals with your comments in mind.

Design Features

Let’s look at a housing project of rectangular buildings each taking up the maximum allowable land with straight sides going up to the maximum height to an almost flat roof. Let’s say the project meets the requirements for density, square footage, setbacks, parking, etc. But is it of the right design for Fremont? Here are some questions you might ask:

Style:

Is the style of the building’s exterior in character with the surrounding neighborhood or, now that housing is being built amongst commercial areas, the adjacent buildings? Does the design call for a steel and glass exterior on an apartment building adjacent to an historic town center of brick buildings? Would there be an urban-tech exterior on three-story townhouses in a neighborhood of Craftsman and Victorian style homes? Are they going to build standalone three-story townhouses between one and two-story traditional single-family homes?

Stories/Height:

The number of stories may not tell you how imposing the houses will be. It may be better to ask about the height of the buildings at the edges of the property. By making only half of the third story have living space, either to one side or tucked under the middle of gabled roof, developers can make the project look far less massive.

Front Doors:

Where are the front doors located? That may seem obvious, but several developments have placed the front doors facing the rear fence. The space allocated to garages can affect the placement of front doors. Two-car side-by-side garages require a wider garage door than tandem or “slide in” Y garages. They could use Y garages, realign buildings, or place some of the front doors at the side of the buildings.

View from the Street:

What will the development look like from the entrance? Will there be a long narrow canyon of tall buildings with nothing but garages showing? Are the buildings varied in alignment? Are there flat walls from top to bottom or is there articulation to the front facades? Are there porches, doors, balconies and other features that break up the view?

Landscaping:

Is there full landscaping all around the development or merely a few boxed shrubs? Will mature trees be removed when, with some building realignment,

they might be saved? Is the residents’ open space just a tiny, unbuildable corner of the property or have they placed the open space around established trees and shrubs?

Acreage:

Is the property large enough for a developer to both provide the required street access and have nicely laid out buildings of the appropriate density? The Planned District ordinance says parcels should be “of sufficient size to be planned and developed …”

Design Guidelines

The City of Fremont has published several Design Guidelines that explain design policies for the different types of developments. They address many of the points we’ve discussed above.

There are citywide guidelines for Small-Lot Single-Family and Multi-Family projects. Niles, Irvington, and Mission San Jose have their own special guidelines. Links to the city Design Guidelines are on the Process page of the Shape Our Fremont website.

The Planning Commission and City Council often refer to the guidelines in discussing development applications but it would help if Fremont residents spoke out about design features they would like implemented in development projects.

For information about proposed residential developments, and City of Fremont contacts, go to: www.ShapeOurFremont.com

LETTER TO THE EDITOR

Time to stand up

Many lives have been taken due to police brutality. Its not just racism, it’s the cops who use excessive force that are doing wrong. These people that cops are killing are citizens of this country and they have rights. Even after everything, these cops are still getting off. So it is time we take a stand to make a difference and have our voices heard.

Many citizens are falsely accused of doing wrong. Michael Brown, age 18, was shot and killed by a Ferguson police officer after being accused of stealing cigarettes and assaulting a police officer. He is just one of many victims of police brutal-

ity. Cops that have been indicted have not been convicted.

We can make a change. Don’t think you cannot be heard or that you’re too young to make a difference. Stand up for what you believe; get your friends and families involved. Make sure your voice is heard. Start a movement at school and keep it peaceful to show people that you’re here to make things right, not do any wrong. If we don’t make changes, we will see more wrongdoing. Will that then make you realize what is going on?

Nauman Malik

Student of James Logan High School

LETTER TO THE EDITOR

Police Training

I am a young Latino/Filipino student at James Logan High School in Union City, California. My grandfather was an up-standing San Francisco Police Officer for 34 years, recently retired in the last year.

I discussed with him recent police brutality of our youth and senseless killings that continue. He shared with me his experiences and how many police officers need to be re-trained to handle hostile situations.

This training is important to save our youth, the next generation of world changers. We are losing future college students,

professional athletes and more importantly, family members.

Together we can do something about this. We can STOP the continued police brutality by forcing our police departments and government agencies to enact annual mandatory, updated training. We can educate our youth with life skill classes in our high schools. We need to start today. If we don’t, more young people will be killed on the streets and no one will be safe.

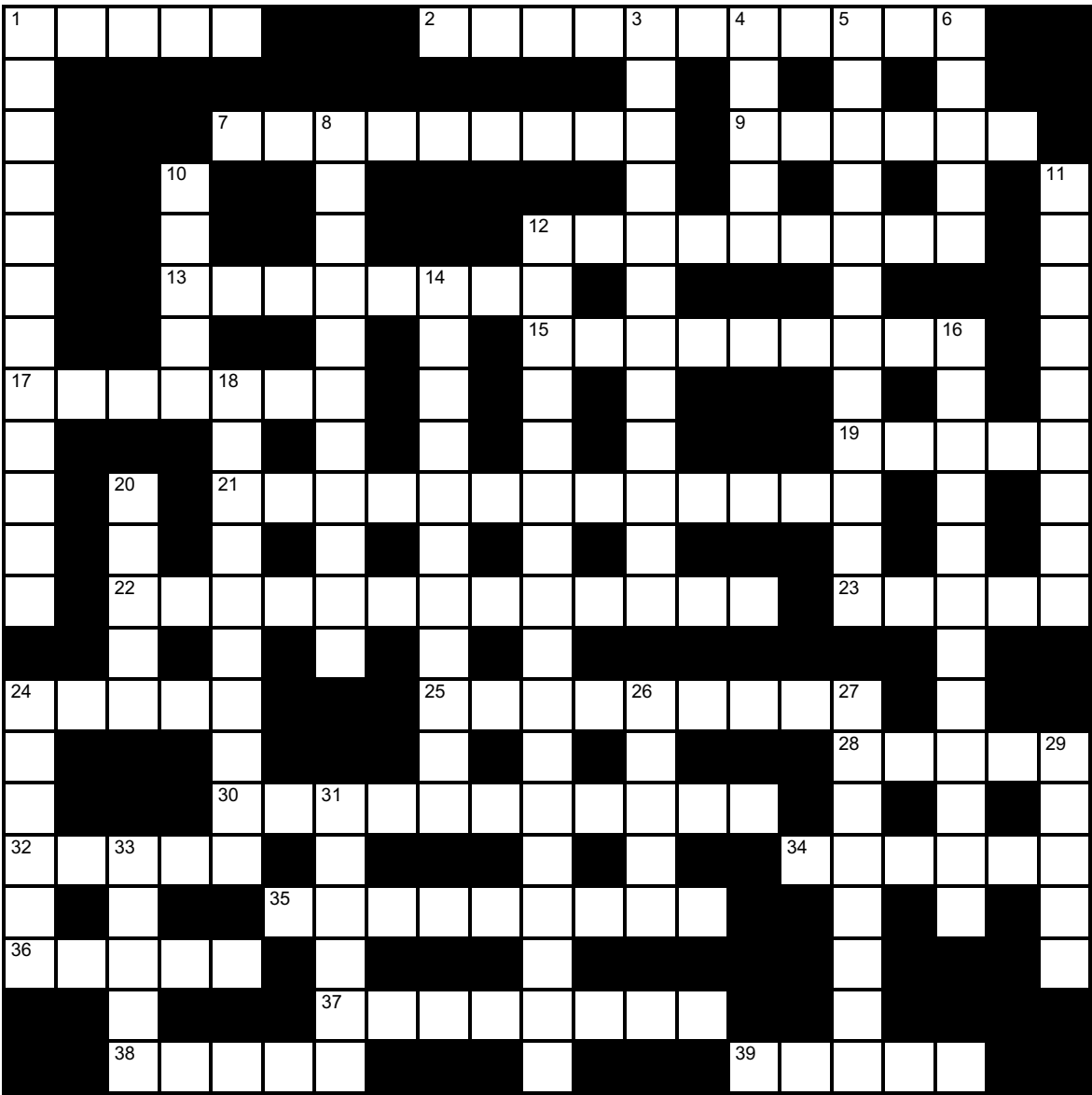
Arthur Solorio

Student at James Logan High School

Mind Twisters

Crossword Puzzle

B 292



- Across
- 1 Beach sights (5)

2 Popular item at McDonalds (6,5)

7 Artisans, people who practice an art (9)

9 Not picked up (6)

12 Paying attention to work, cautiously (9)

13 To make an advance, request someone (8)

15 Coming back (9)

17 Mental or emotional strain (7)

19 Dead-on (5)

21 A process shown to people (13)

22 As luck would have it in a bad way (13)

23 Drain (5)

24 Log home (5)

25 Watching carefully (9)

28 Bailiwicks (5)
- 30 Changed to something different (11)

32 Downing Street distance (5)

34 Like some lines (6)

35 Decreasing in size (9)

36 Affirm (5)

37 Summer quencher (8)

38 Bowie's weapon (5)

39 Court employee (5)
- Down
- 1 Details of an object (12)

3 Express joy at someone's achievement (12)

4 Soft downs, of no consequence (5)

5 Smartness, Brilliance (12)

6 Unfortunately (5)

8 People who travel to space (11)

10 Snares (5)

11 Not spoken in public but separately (9)

12 Where Santa puts gifts (9,8)

14 Person who seeks thrill (11)

16 Every one has two sets --- maternal and paternal (12)

18 For an unknown period of item (10)

20 Smallest finger (5)

24 Goes up the ladder (6)

26 Native of Rome (5)

27 First part (8)

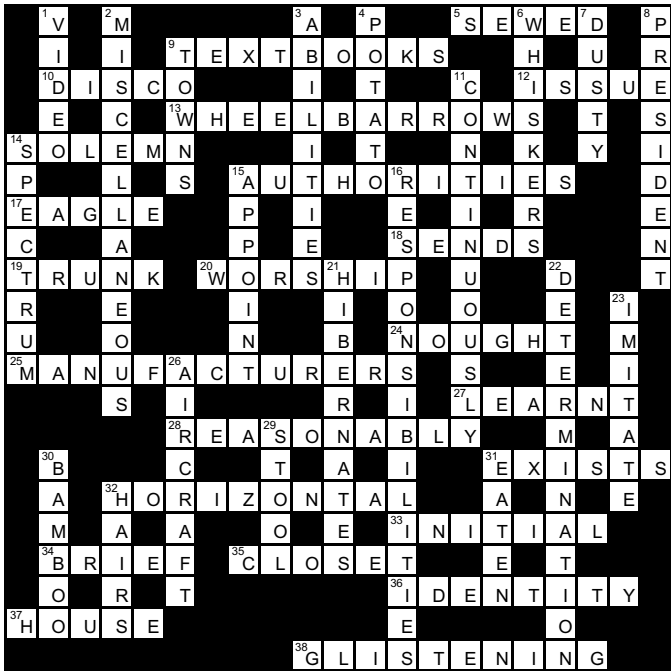
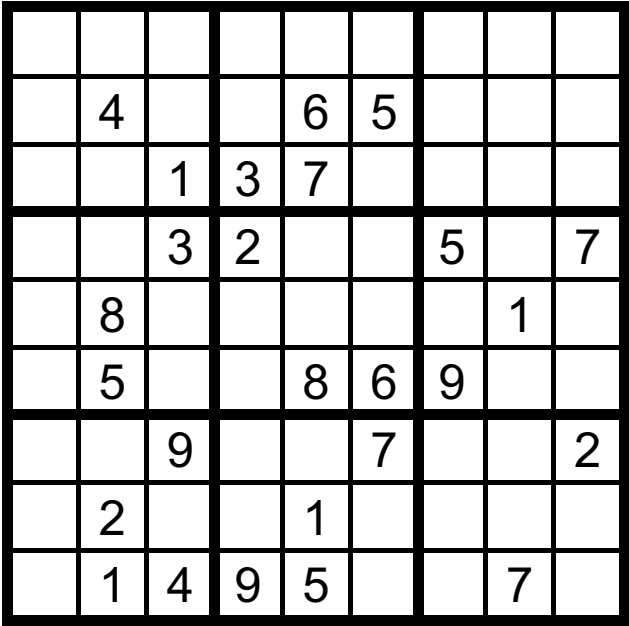
29 Agrees (with) (5)

31 For some time (6)

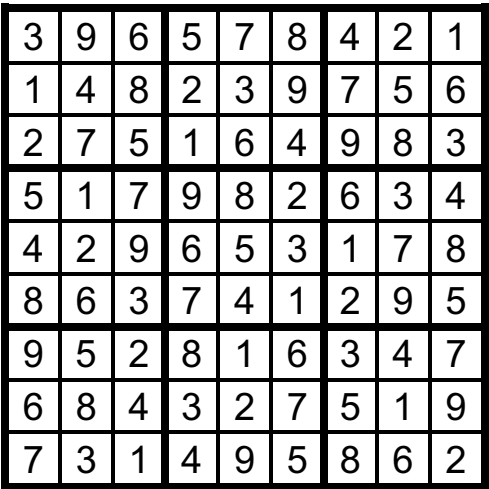
33 Acknowledge (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 293



Tri-City Stargazer DECEMBER 17 – DECEMBER 23, 2014 BY VIVIAN CAROL

For All Signs: This is a busy week in the sky. Hanukkah begins and on Sunday the winter solstice is exact at 6:03 p.m. EST, followed immediately at 8:36 p.m. by the new moon in Capricorn. Hanukkah annually falls on the 25th day of the third lunar month (Kislev) in the Jewish calendar. This is in the dark of the moon, the period just before the new moon in which we cannot see its reflection—we must look inside for signs of light. Ancients celebrated the return of the sun within a few days following the solstice, when it became apparent that it would, indeed, return. On both Hanukkah and Christmas we celebrate the light that never quite goes out inside, no matter how dark it may seem in the world. We rejoice in the ongoing rebirth of hope for new life within our psyche and on the planet. May each of you experience fresh inspiration and expectation of joy in the year to come!

Aries the Ram (March 21-April 20): This is a seriously hard-working period. You may be packing and moving your personal goods. Whatever the project, it involves considerable lifting, pushing, pulling, and grunt work. Be very conscious of good body posture. The emotional pressure may set you up for an accident.

Taurus the Bull (April 21-May 20): Intensity in relationships is the theme of the week. If you are not conscious, you could be pulled into schemes of manipulation or compulsive behaviors. Existing relationships could re-experience the pain of old wounds. You have a choice of whether to work it through or act it out in the same way as the first time. If things feel icky, someone is manipulating.

Gemini the Twins (May 21-June 20): Your attention shifts to matters of shared resources for the next couple of weeks. Resources include time, things of material value, energy and sexuality. The territory is wide, ranging from the mundane study of the budget all the way to important discussions with partners over the

need for greater intimacy. You likely will probe any area of your attention until you reach the limit of your capacity.

Cancer the Crab (June 21-July 21): At the beginning of the week you may be feeling stress related to your lover or a partner, maybe a child. Underneath it all, the issue is tied to your internalized sense of what a woman should do or be. If this is stressful enough, it may cause you to pick up a floating virus. Get some rest and take your vitamins.

Leo the Lion (July 22-August 22): This is the time of year in which you try to do too much, take care of everyone, and often forget to include yourself in the equation. Now is the time to check with your internal sensors. Is it truly necessary to handle every last detail? If your energy level is low, give yourself a break from the usual routine. Your body will reward you for the sacrifice.

Virgo the Virgin (August 23-September 22): Mercury, your ruling planet, moves into the sector of life related to children, recreation, personal creativity,

and romance. Your attention will be focused in these areas through the end of the year. This is a good week to consider having a heart to heart with your partner or significant other.

Libra the Scales (September 23-October 22): If there are power issues between you and another, this is the week that they will be in full bloom. Discomfort means that change is needed in one or both of your attitudes. Intensity is the theme. Concentrate on remaining conscious so that you won't fall into manipulative games, especially the one called "prove it if you love me."

Scorpio the Scorpion (October 23-November 21): You are presented with a deep fear for your personal security. A partner (business or personal) may be pulling the strings. Obsessing is not productive, though you will likely be tempted to do so. Change is on the immediate horizon. It may turn out to be the best thing that happens to you.

Sagittarius the Archer (November 22-December 21): Saturn is arriving in your sign on December 23 for a 6-month so-

journ. Then there is a 3-month break, followed by Saturn re-entering your sign in September. You are probably already thinking seriously about bringing order to your life.

Capricorn the Goat (December 22-January 19): An intense experience within a relationship has a purpose. You are asked to search deep inside yourself for your contribution to the difficulty, own it, and confess it. Healing will be the result for you and probably the other. It is a good time to adjust issues of power.

Aquarius the Water Bearer (January 20-February 18): This is a stressful time for you. Much is happening that is hidden, or in

the background. You may be hiding secrets from yourself and/or others. Maybe that is why you are appearing withdrawn and stiff when you are among people. Times are tough now, but you don't necessarily have to go through it alone.

Pisces the Fish (February 19-March 20): This is a week in which your intuition is on target. You are likely to be attracted to the arts, music, or dance. Things of beauty attract you more than usual. Pay careful attention to communications and messages. You are prone to hear/read what you expect and that may not be what was intended.

Are you interested in a personal horoscope?
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Christmas Schedule

Communal Reconciliation

Monday, December 22nd
7:00 p.m.

Christmas Eve Mass

December 24th

3:00 p.m. & 5:00 p.m.
(Children's Masses)

8:00 p.m. & Midnight

Christmas Day Mass

December 25th

7:30, 9:00, 11:00 a.m.
and 12:30 p.m.

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CONTINUING EVENTS

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37350 Joseph St., Fremont
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sgovea@tri-cityvolunteers.org

Friday, Nov 28 - Sunday, Dec 28

Train of Lights \$

4:30 p.m.

Celebrate the holidays on a festive ride

Niles Canyon Railway Depot
37001 Mission Blvd., Fremont
(408) 249-2953
www.ncry.org

Monday, Nov 18 - Friday, Dec 24

Giving Hope Holiday Program

9 a.m. - 5 p.m.

Donate cash, and gifts to those in need

Fremont City Hall
3300 Capitol Ave., Fremont
(510) 574-2057
mdominguez@fremont.gov
www.fremont.gov/hsdonate

Monday, Nov 18 - Friday, Dec 31

Drive thru Prayer

5 p.m. - 6 p.m.

Prayer service without leaving your vehicle

Fremont Holy Spirit Church
37588 Fremont Blvd., Fremont
(510) 797-1660
www.holyspiritfremont.org
www.photocentral.org

Friday, Dec 5 - Saturday, Dec 20

NunCrackers Christmas Show \$

Fri & Sat: 8 p.m.

Sun: 2 p.m. 12/14/14

Songs, costumes and mayhem

Discovery International Church
38891 Mission Blvd., Fremont
(510) 358-1249

www.brownpapertickets.com

Arts & Entertainment

Friday, Dec 5 - Saturday, Dec 20

The Breakfast Club \$

7 p.m.

Coming of age comedy-drama play

Washington High School
38442 Fremont Blvd., Fremont
(510) 791-3414
www.whstheater.com

Sunday, Dec 7 - Monday, Jan 4

ZooLights \$

5:30 p.m. - 9:00 p.m.

Animal theme light display and show

Oakland Zoo
9777 Golf Links Rd., Oakland
(510) 632-9525
www.oaklandzoo.org

Monday, Dec 15- Sunday, Dec 23

Las Posadas

6 p.m.

Celebration of Mary and Joseph's journey to Bethlehem

Bring flashlights to read song sheets

Old Mission San Jose
43300 Mission Blvd., Fremont
(510) 794-7166

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12/31 Mark Hummel
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FREMONT:

Centerville
Saturdays

9 a.m. - 1 p.m.

Year-round
Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Kaiser Permanente Fremont
Farmers’ Market

Thursdays

10 a.m. – 2 p.m.

Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market

Sundays

9 a.m. – 2 p.m.

Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer’s Market

Saturdays

9 a.m. - 1 p.m.

August through December
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers’ Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays

9 a.m. - 3 p.m.

Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente
San Leandro

Wednesday

10 a.m. - 2 p.m.

June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers’ Market at
ICC

Sundays

8 a.m. – 1 p.m.

Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers’ Market

Sundays

9 a.m. - 1 p.m.

Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union
City Farmers’ Market

Tuesdays

10 a.m. – 2 p.m.

Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market

Saturdays

9 a.m. – 1 p.m.

Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

CONTINUING
EVENTS

Monday, Jan 12

San Leandro’s Got Talent Audi-
tions- R

3 p.m.

Application deadline for teens

Apply in person on on-line by
1/6/15

San Leandro Public Library
300 Estudillo Ave., San Leandro
(510) 577-3971

https://www.sanleandro.org/depts/li
brary/teens/events/slgt2015.asp

Tuesday, Dec 16 – Sunday,
Dec 21

Queen Anne Court Holiday
Lights

6 p.m.

Donate nonperishable food

Alameda County Food Bank ben-
efit

4641 Queen Anne Ct.,
Union City
http://www.lightsofthevalley.com
/Properties/Detail.asp?i=278

Tuesday, Dec 16 - Saturday,
Dec 20

American Red Cross Blood
Drive – R

Tues - Thurs: 11:30 a.m. - 6:30
p.m.

Fri -Sat: 7:30 a.m. - 2:30 p.m.

Call to schedule an appointment

Fremont-Newark Blood Center
39227 Cedar Blvd., Newark
(800) 733-2767
www.redcrossblood.org

THIS WEEK

Wednesday, Dec 17

Never Too Late

1:30 p.m.

Musical revue of songs and skits

Union City Branch Library
34007 Alvarado Niles Rd.,
Union City

(510) 745-1464

www.aclibrary.org

Wednesday, Dec 17

Coyote Cubs \$R

10:30 a.m. - 11:30 a.m.

Games and a craft

Ages 3 – 5

Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont

(510) 544-3220

www.ebparks.org

Wednesday, Dec 17

Wednesday Walk

9:30 a.m. - 12 noon

Srenuous 6 mile climb up Mission Peak

Mission Peak Regional Preserve
Meet in Parking lot M of Ohlone
College

43600 Mission Blvd., Fremont

www.ebayparks.org

Wednesday, Dec 17

Clipper Card Workshop

9:00 a.m. - 9:30 a.m.

Application and instructions for seniors

Fremont Senior Center

40086 Paseo Padre Parkway,
Fremont

(510) 574-2053

Thursday, Dec 18

East Bay Stompers Band

7 p.m. - 9 p.m.

Dixie, swing and standards music

Bronco Billy’s Pizza

41200 Blacow Road, Fremont

(510) 438-0121


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Dec. 20 & 21
1pm & 5pm
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“Thanks for joining the conversation”

-- Final meeting at City Beach

December 16: “What Would You Do for Love?”

One Guy’s Outrageous, Risk-It-All Adventure to Get the Girl,

-- Celebration Event

January 13, 7:00p: “How Do You Celebrate

Great Conversations?”

Please join our final Lifetree Cafe conversation

Location: Pathway Community Church

4500 Thornton Ave, Fremont


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www.DriversForSurvivors.org

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510-797-3695

www.fremontchurchofchrist.org

Whoever Drinks Of The Water
That I Will Give Him
Shall Never Thirst; But The Water
That I Will Give Him
Will Become In Him
A Well Of Water Springing Up
To Eternal Life
John 4:14

AA Meetings Every Tues
and Thurs Evenings
7:30-9:30pm
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Sunday: 10:45am
and 6pm
Wednesday: 7:30pm



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Which Way Home

Documentary Screening

SUBMITTED BY MARICELA GUTIERREZ

The South County Unaccompanied Minors and Migrant Families Collaborative cordially invites the community to a screening of "Which Way Home" a documentary that follows the lives of immigrant children from Central America on their journey to the U.S. This is a fundraising event where all proceeds will go to legal representation fees for unaccompanied children and migrant families seeking asylum. A discussion will follow the movie viewing

Beverages and food plates (pupusa or tamal) will be sold during the event and there will be a silent auction and raffle.

"Which Way Home"
Thursday, Dec 18
6 p.m. – 8 p.m.
Eden United Church of Christ, Oliver Hall
21425 Birch Street, Hayward
(510) 710-4602
http://unaccompaniedminors.eventgrid.com/
\$6 ticket/ donation

Welcome winter

with Solstice Celebration

SUBMITTED BY CHABOT SPACE & SCIENCE CENTER

Revel in the magic of the season with Chabot and the Octopus Literary Salon! With the Sun going down early, Chabot is the best place to experience the Winter Solstice sky. Enjoy live music from Fronds and Sylvie Simmons, donuts by Donut Dolly, and sip on cider and mulled wine. Experiment with candy canes and other holiday treats. Stick around after the festivities to observe the cosmos through one of our historic telescopes. Wine, beer, and food will be available for purchase.

Winter Solstice Celebration
Saturday, Dec 20
7:30 p.m. – 10:00 p.m.
Chabot Space & Science Center
10000 Skyline Blvd, Oakland
(510) 336-7300
www.chabotspace.org
Tickets: \$15



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about the Bookmobile call
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www.aclibrary.org.**

Times & Stops subject to change

Tuesday, Dec 16
9:45– 10:15 Daycare Center Visit – FREMONT
10:45 – 11:15 Daycare Canter Visit – FREMONT
2:15 – 2:45 Headstart,
37365 Ash St., NEWARK
4:30 – 5:20 Weibel School,
45135 South Grimmer Blvd., FREMONT
5:50 – 6:40
Booster Park, Gable Dr. & McDuff Ave., FREMONT

1:45 – 2:45 Delaine Eastin School,
34901 Eastin Dr., UNION CITY
4:15 – 4:45 Contempo Homes,
4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School,
34400 Maybird Circle, FREMONT

Tuesday, Dec 23
9:15 – 11:00 Daycare Center Visit – FREMONT
2:00 – 2:30 Daycare Center Visit – FREMONT
2:30 – 3:25
Cabrillo School, 36700 San Pedro Dr., FREMONT
4:45 – 5:30 Baywood Apts.,
4275 Bay St., FREMONT
5:50 – 6:30 Jerome Ave. and Ohlones St., FREMONT

Wednesday, Dec 17
12:45 – 2:15 Glenmoor School,
4620 Mattos Drive, FREMONT
3:50 – 4:20 California School for the Deaf, 39350 Gallaudet Dr., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Wednesday, Dec 24
1:00 – 1:45 Hillside School,
15980 Marcella St., SAN LEANDRO
2:00 – 2:45 Eden House Apts.,
1601 165th Ave., SAN LEANDRO
3:00 – 3:30 Baywood Ct.,
21966 Dolores St., CASTRO VALLEY
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday, Dec 18
10:00 – 10:30 Daycare Center Visit – SAN LORENZO
10:45 – 11:45 Daycare Center Visit – CASTRO VALLEY
1:20 – 1:50 Daycare Center Visit, HAYWARD
2:15 – 3:15 Cherryland School,
585 Willow Ave., HAYWARD

**Milpitas Bookmobile stops
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(800) 471-0991**

**For more information
(408) 293-2326 x3060**

Wednesday, Dec 24
3:15 – 4:00
Friendly Village Park,
120 Dixon Landing Rd., MILPITAS

Monday, Dec 22
9:30 – 10:05 Daycare Center Visit – UNION CITY
10:25 – 10:55 Daycare Center Visit – UNION CITY

continued from page 1

The Nutcracker reinvented



just not in our budget,” says Reyes. In fact, their first show did not include any scenery. But with help from parents and a growing staff, every year sees the production improve, with better costumes, scenery, and choreography. “It’s just getting better all the time,” Reyes beams.

Now in their fifth year of business, Fusion Dance Project has grown from the husband and wife team of two instructors to a total of eight, and from 40 students to almost 300. Reyes admits that it has been a challenge trying to manage everyone, especially for “The Nutcracker” performance. They’ve also doubled their studio space, renovating and expanding into space next door.

None of this would have come to pass if the couple hadn’t met while attending the prestigious Edge Performing Arts Center in Los Angeles as scholarship students. They both possess extensive professional dance experience, and have traveled throughout the country. They finally settled in Hayward; the dance studio was provided by a friend. Voila! Fusion Dance Project was born (the name signifies the fusion of their two styles of dance; Tito’s hip hop and ballet with Meghan’s tap and jazz).

On top of everything else, they have been raising a family – Gavin, 4, and Makena, 1. Reyes laughs, “They’re studio kids. They’re always running around here.” He is grateful for the many parent volunteers who help out, and considers them all family.

One of those parents, Kathy Jimenez, helps with costumes. Her daughter Bianca has been at the studio for eight years, starting with the previous owners, and has performed in “The Nutcracker” all three years. “It’s fun to see the differences in it. They bring a nice twist to it. They have a lot of the classical elements in there, so you see plenty of the ballet, but it’s nice to see the other dancing. Hip hop in particular



is one that you do not normally associate with ‘The Nutcracker,’ and that’s something great to see out on the stage,” she says.

Jimenez likes Fusion Dance Project because she feels they care about the students and trains them not just to be better dancers, but to be successful in life. She appreciates that they are not solely focused on competition. “I would say there’s more of a family atmosphere here. They try to sponsor friendships amongst all the girls.”

Christina Keegan’s granddaughter Kennedi performed in “The Nutcracker” for the first time last year. “She was an angel, and she loved it!” says Keegan. “She was really comfortable with her teacher, Miss Meghan, right away. It was an instant connection.” Keegan herself has been taking classes for two years. “This place is like family to us. We try to be here as much as we can.”

Tickets for “The Nutcracker” are \$17 in advance at <http://fusiondanceproject.com> or they can be purchased at the door for \$25. It is best to buy tickets in advance, as they are expecting to sell out!

The Nutcracker
Saturday, Dec 20
2 p.m. & 6 p.m.
San Leandro High School
Performing Arts Center
2200 Bancroft Ave, San Leandro
(510) 581-4780
<http://fusiondanceproject.com>
<https://www.facebook.com/fusiondanceproject>
Tickets: \$17 advance, \$25 at the door



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Docent led holiday tour of historic home
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Thursday, Dec 18 - Sunday, Dec 21
Animal Feeding \$
3 p.m.
Feed livestock
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Thursday, Dec 18
Bingo \$
1 p.m. - 3 p.m.
Games, refreshments and prizes
Ages 50+
Silliman Activity Center
6800 Mowry Ave., Newark
(510) 578-4620
(510) 578-4840
www.newark.org

Thursday, Dec 18
“Which Way Home” \$
6 p.m. - 8 p.m.
Documentary film about immigrant children
Eden Church Hayward
21455 Birch St, Hayward
(510) 710-4602
http://unaccompaniedminors.eventgrid.com/

Friday, Dec 19
Free Notary Signings for Seniors
10:00 a.m. - 11:45 a.m.
Call to schedule an appointment
Ages 50+
Fremont Senior Center
40086 Paseo Padre Parkway,
Fremont
(510) 463-7186

Friday, Dec 19
Ugly Christmas Sweater Party
4:30 p.m.
Holiday games and refreshments for teens
Silliman Activity Center
6800 Mowry Ave., Newark
(510) 578-4620
www.newark.org

Friday, Dec 19 - Saturday, Dec 20
Science for Youth
Fri: 4:30 p.m.
Sat: 3:30 p.m.
Lecture and demonstration
For all grades
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
scienceforyouth@gmail.com
www.aclibrary.org

Saturday, Dec 20
Pet First Aid and CPR \$R
9 a.m. - 1 p.m.
Instruction to save a pet’s life
Ages 12+
Lake Chabot
17600 Lake Chabot Rd,
Castro Valley
(888) 327-2757
www.ebparks.org

Saturday, Dec 20
Family Fun Hour
2 p.m. - 3 p.m.
Stories, games and activities
Ages 5+
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Saturday, Dec 20
Wild About Ducks
10:00 a.m. - 11:30 a.m.
Admire water fowl in the marshes
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Saturday, Dec 20
Holiday Open House
1 p.m. - 4 p.m.
Seasonal stories, singing and refreshments
Douglas Morrison Theatre
22311 N Third St., Hayward
(510) 881-6777
www.dmtonline.org

Saturday, Dec 20
Covered California Enrollment Session
10 a.m. - 1 p.m.
Personal assistance with certified enrollers
Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org

Saturday, Dec 20 - Sunday, Dec 21
Nutcracker \$
1 p.m. & 5 p.m.
Tchaikovsky’s classic holiday fairy tale
Presented by Berkeley City Ballet
Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.com

Saturday, Dec 20
Community Service – R
9:30 a.m. - 12 noon
Volunteers pick up trash and pull weeds
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x361

Saturday, Dec 20
Shark Feeding Frenzy
2 p.m. - 3 p.m.
Kids feed aquatic and land animals
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Saturday, Dec 20
School-Age Storytime
11:00 a.m. - 11:30 a.m.
For grades preschool – kindergarten
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Dec 20
Virtuoso International Flute Ensemble
2:30 p.m. - 4:00 p.m.
Heart of Hope Christmas concert benefit
Centerville Presbyterian Church
4360 Central Ave., Fremont
(408) 986-8584
www.HeartOfHopeHospice.org

Saturday, Dec 20 - Sunday, Dec 21
Marvelous Monarchs \$
11 a.m. - 12 noon
View butterflies in the greenhouse
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Saturday, Dec 20 - Sunday, Dec 21
Do Monarchs Matter? \$
1:30 p.m.
Questions and answers about butterflies
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Sunday, Dec 21
Longest Night Service
7 p.m.
Prayer, music, scripture and reflection
St. Anne Episcopal Church
2791 Driscoll Rd., Fremont
(510) 490-0553

Sunday, Dec 21
Not Reindeer, Just Deer
8:30 a.m. - 10:00 a.m.
Discover the importance of the food web
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Sunday, Dec 21
Salt Marsh Walk
10:00 a.m. - 11:30 a.m.
Docent led tour of wetlands
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x362
http://donedwardsmarsh.eventbrite.com

Sunday, Dec 21
Weekend Weed Warriors – R
1 p.m. - 4 p.m.
Volunteers eradicate invasive plants
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sunday, Dec 21
King Tide Hike
10:30 a.m. - 12 noon
Explore marshes during high tide
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sunday, Dec 21
Covered California Enrollment Session
1 p.m. - 4 p.m.
Personal assistance from certified enrollers
Union City Branch Library
34007 Alvarado Niles Rd.,
Union City
(510) 745-1464
www.aclibrary.org

Sunday, Dec 21
Family Fun Hour
2 p.m. - 3 p.m.
Coyote Hills Cookies
Ages 5+
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Monday, Dec 22
Ho, Ho, Ho - A Lego Workshop – R
Ages 3 - 5: 1:15 p.m.
Ages 6 - 10: 2:30 p.m.
Ages 3 - 10: 3:45 p.m.
Create a holiday ornament to take home
Registration begins 12/15
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421

Monday, 22 - Wednesday, Dec 24
Coding Camp - Game Design from Scratch – R
1 p.m. - 4 p.m.
Interactive class for ages 8 – 12
Registration begins 12/15
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421

Tuesday, Dec 23
Free Notary Signings for Seniors
10:00 a.m. - 11:45 a.m.
Call to schedule an appointment
Ages 50+
Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 675-5495

Tuesday, Dec 23
Covered California Enrollment Session
3:30 p.m. - 6:30 p.m.
Personal assistance from certified enrollers
Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 795-2627
www.aclibrary.org

Tuesday, Dec 23
Covered California Enrollment Session
3:30 p.m. - 6:30 p.m.
Personal assistance from certified enrollers
Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 795-2627
www.aclibrary.org



Post Offices expand hours during holiday season

SUBMITTED BY
AUGUSTINE RUIZ, JR

The U.S. Postal Service wants the season to be merry and bright for our customers this year. To ease the hustle of the holidays, select Post Offices throughout the Bay-Valley postal district will add hours on Saturday, December 20, from 9 a.m. to 4 p.m. and on Sunday before Christmas — December 21, from 10 a.m. to 4 p.m. — for full retail services, including stamp sales and package acceptance.

Local Post Offices with Saturday and Sunday hours during the holidays include:

Fremont Post Office – 37010 Dusterberry Way, Fremont

Hayward Post Office – 24438 Santa Clara St., Hayward

For more information, visit: usps.com.

Nature Programs

SUBMITTED BY ANNIE SNELL

Hayward Library will host three nature-themed programs in Januar
Living with Local Wildlife:

Learn about some of our wild neighbors in this up close encounter with local wildlife.



Miranda Britton, a naturalist with the Sulphur Creek Nature Center, will bring common animals that you could see in your very own backyard, including a skunk, opossum, bat and owl! Learn about some of their behaviors and how you can coexist with the animals at this fun and informative program. No registration required.

Living with Local Wildlife
Saturday Jan 10

2 p.m. – 3 p.m.
Hayward Main Library
835 C St, Hayward
(510) 881.7980
<http://www.library.hayward-ca.gov/>
Free

Happy Birds Performing Parrot Show:

Watch parrots performing amazing tricks such as riding a bike, riding a scooter, roller skating, playing basketball, opening drinks,



skateboarding, talking, singing songs, and much more! These parrots have appeared on television shows such as Animal Planet’s “Pet Star,” “The Ellen Show,” and “The Tonight Show with Jay Leno.” No registration required.

Happy Birds Performing Parrot Show (two shows)
Saturday, Jan 17
11 a.m.
Hayward Main Library
835 C St, Hayward
1 p.m.
Weekes Branch Library
27300 Patrick Ave, Hayward
(510) 881-7980
<http://www.library.hayward-ca.gov/>
Free

Create a Pollinator-Loving Garden:

Learn how to create a garden that will attract and sustain bees, butterflies, and other pollinators threatened by urban landscapes that provide fewer natural habitats. Plant seeds in your garden that will draw pollinating insects, and learn how to support innovative Bay Area initiatives like pollination



corridors, Bee Hotels, and more! Led by Tora Rocha, parks supervisor for the City of Oakland and founder of the Pollinator Posse, a volunteer group that hand rears butterflies at Lake Merritt to increase survival rates. Inspect a variety of interesting and unusual insects and caterpillars up close and personal, on loan from the Insect Sciences Museum of California. No registration required.

Create a Pollinator-Loving Garden
Saturday, Jan 17
2 p.m.
Hayward Main Library
835 C St, Hayward
(510) 881-7980
<http://www.library.hayward-ca.gov/>
Free

SPORTS

Pioneer Report

Men's Basketball

SUBMITTED BY
STEVE CONNOLLY

Pioneer men fall to Pomona

The Cal State East Bay men's basketball team fell to visiting Cal Poly Pomona on December 5th by a final score of 83-52 in the opener of the 2014-15 California Collegiate Athletic Association (CCAA) schedule.

The Pioneers (2-4, 0-1 CCAA) shot just 32.7 percent from the field, compared to 48.1 percent for the Broncos (4-2, 1-1 CCAA). The score was tight early, but with 12 minutes left in the first half, CPP went on an 11-0 scoring run to stretch their four-point lead out to a 15-point lead. The Pioneers were out-scored by just seven points in the second half, but they were never able to mount a serious comeback.

"Cal Poly Pomona played a complete game on both ends of the floor," said head coach Gus Argenal after the loss. "They were the better team for 40 minutes and played with a great sense of urgency. We need to play harder and more together if we're going to accomplish the things we want to accomplish in this league. We have a lot of improving to do."

Juawnn Springfield led East Bay with 13 points on 4-for-7 shooting, while Nick Grieves scored 11 points, going 3-for-6 from long distance. Kyle Frakes had seven points and a team-high seven rebounds in 15 minutes off the bench. Cody Kale notched eight points, and Jack Pasquini grabbed six boards for the Pioneers. Jacari Whitfield posted four points, four assists, and four rebounds, playing a team-high 29 minutes.

Seniors spark 77-74 win

The Cal State East Bay men's basketball team held on for a crucial 77-74 win over visiting Cal State Monterey Bay on December 13th. It's the first victory of the season against California Collegiate Athletic Association (CCAA) competition for the Pioneers (3-5, 1-2 CCAA).

Three senior guards scored in double figures for East Bay, led by Jacari Whitfield with 22 points. The Pioneers out-shot the Otters, 46.7 percent to 45.2 percent, from the field, and they won despite committing 10 more fouls and attempting 14 fewer free throws than their opponents.

"This was a physical, fast-paced game and both teams had great tempo," said head coach



Cody Kale notched a career high with 16 points in the win against CSUMB

Gus Argenal. "Coach Bishop has a talented team, and they competed hard. Both squads made plays down the stretch. I'm really proud of our seniors — Jacari, Cody, and Jarred. They gave up great leadership and energy when we needed it."

The Pioneers held the lead for most of the first half by shooting 55.2 percent from the field as a team. They knocked down four three-pointers in the opening frame, including back-to-back long balls by Whitfield to extend their lead to 12 with five minutes left in the half. The Otters made a late run before halftime to cut their deficit to single digits, taking advantage of eight second-chance points off nine first-half offensive rebounds. CSUMB briefly made it a three-point game before Cody Kale scored his 10th point of the half on a little floater in the lane, sending the Pioneers to the break with a 40-35 lead.

Monterey Bay quickly cut East Bay's lead to one coming out of halftime, and the game was back-and-forth the rest of the way. The Pioneers had a 53-49 advantage after Juawnn Springfield scored off the glass, but then CSUMB's Evan Zeller got red hot from outside. Zeller scored 10 straight points to put the Otters up six, their biggest lead of the game, with eight minutes left.

That's when the momentum turned back towards the CSUEB bench. The Pioneers answered right back as Whitfield buried another three, and Nick Grieves and Jarred Jourdan converted layups on consecutive possessions to tie the score back up at 62-62. The next time down the court, Whitfield once again hit nothing but net from beyond the arc, and East Bay had the lead back. Zeller fouled out with

five minutes left, and then Kale scored two straight buckets to put the Pioneers up 71-63.

The home team made enough free throws in the final three minutes to hang on for the three-point win. They finished the game 14-for-19 from the stripe (73.7 percent) and 7-for-20 from long distance (35 percent).

Whitfield led all scorers with his season-high 22 points. He was 7-for-13 from the floor, including 4-for-8 from long range, and also led the team with three steals.

Kale notched 16 points on an efficient 7-for-10 shooting, his highest scoring output as a Pioneer. Jourdan also reached double figures with 12 points, going 6-for-6 on foul shots and grabbing five rebounds. The senior is now 21-for-24 from the line this season (87.5 percent), which paces the team.

Patrick Marr led the squad with 10 rebounds and scored five points. The freshman was a key factor on defense for the Pioneers, taking several charges and protecting the paint impressively along with Jack Pasquini, Darrick McIntosh, and Kyle Frakes.

Pasquini finished with seven points and eight rebounds, while Frakes posted four points and five boards. Grieves added five points, and Springfield scored four off the bench.

"Jacari put us on his back and refused to let us break," Argenal added. "Patrick took four charges and had 10 rebounds and provided toughness in the interior. Jack had another great game on the glass and came up with some crucial stops in the post. This was our best 40 minutes of basketball so far, and we're getting better as a team."

Pioneers Crow, Lara named to NSCAA All-West Region Team

Men's Soccer

SUBMITTED BY
SCOTT CHISHOLM

Kellen Crow and Chris Lara have been named to the 2014 National Soccer Coaches Association of America (NSCAA)/Continental Tire NCAA Division II Men's All-West Region Third Team, announced on Wednesday. Crow, a junior defender from Pleasanton, started 17 games for the Pioneers in 2014. He has appeared in 53 games and made 44 starts in his three seasons with Cal State East Bay.

"Kellen has had an extremely consistent career for us. He is an intelligent and technical player, who continually improves and adjusts to the environment," Cumbo said. "Kellen is a total team player and this is a nice piece of recognition as he approaches his final season."

Kellen keeps it a family affair as his father Kevin was a two-time NSCAA All-West and All-American defender at San Diego State. Kevin was a starter on the 1984 and 1998 U.S. Olympic teams.

Lara, a senior forward from Arleta, led the Pioneers with six goals and 15 total points. He appeared in 60 matches and made 34 starts during his four years with East Bay.

"As a senior it is sad when your college career ends. When you look back you want to know you finished playing at your best, and Chris is a great example," praised Cumbo. "Chris has flourished as a student-athlete here at Cal State East Bay and for him this is a great accomplishment."

Crow and Lara are the first NSCAA All-West Region selections out of Cal State East Bay since goalkeeper Bryce Bookhamer earned a third team selection in 2010.

Winter Soccer Classic Gold Division final

Men's Soccer

SUBMITTED BY
JAMES WILLIAMS

Newark vs. Logan
December 13, 2014

Logan 1, Newark 0

1st Half Scoring:
JL: Jacob De Jesus (Fabian Ruiz Mejia) 39:00

2nd Half Scoring: None

JL Goalie: Andres Marquez, 80 Min, 0 GA, 3 Saves

NWK Goalie: Luke Lombana, 80 Min, 1 GA, 6 Saves

Logan Wins the Gold Division of the 2014 Winter Soccer Classic
JL Record: 2 - 0 - 2



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Chess team wins big

SUBMITTED BY JOE LONSDALE

On the weekend of December 6th and 7th, 36 members of Fremont’s MSJE (Mission San Jose Elementary) Chess Team traveled to Stockton to compete in the Northern California Grade Level Championships. Over 200 players competed in these championships; players only play against players in their own grade. Mission San Jose Elementary School was the big winner in the Elementary School Section taking five first place team trophies (Grades 1, 2, 3, 5, & 6). David Pan won the individual first place trophy in grade 6 with a perfect six wins in six games.

In the first grade section, Shreyas Jay scored four wins in five games, won the third place trophy and led the team to a first place finish. Ayaan Kassamali scored three points for the MJSE first grade team and Nityasri Kodla scored 2.5 points. Jasper Li, Vividh Goenka, and Jolene Liu also competed for our first grade team, which won the first place team trophy.

In the Grade Two section, Arnav Lingannagan and Allyson Wong each scored 3.5 points (3 wins and a draw) tied for third place and won the large trophies. Monish Jonnadula and Vaibhav Wubaru each scored three points won trophies and tied for seventh place. Varun Rao and Yamuna Rao also competed for our grade two team, which won the first place team trophy.

In the grade three section, Kevin Pan scored four points and tied for second place in grade three. Aidan Chen scored 3.5 points and the sixth place trophy. Stephen He scored 3 points and won the eighth place trophy. Nivedha Maniv, Evan Yang, Vasu Rao, and Aditi Sagi also competed for our third grade team that won the first place team trophy.

MSJE’s grade four team placed seven players in the top 10 finishing positions. The Weibel team placed three players in the top ten positions including Oliver Wu the top scorer who won the first place trophy with 5.5 points. Only the top three finishers on each team count and MSJE ended up in second place by a score of 13.5 to 14.0 for Weibel. Leo Jiang, Amulya Harish, and Shree Jay each scored 4.5 points and tied for second place. Rishith Susarla, Annapoorni Meiyappan, Edwin Thomas, and Atul Thirumalai each scored 4 points and tied for sixth place. Jonathan Zhang also competed for the MSJE grade four team, which took home the second place team trophy.

MSJE’s grade five team won the first place team trophy. Jaisuraj Kaleeswaran scored 3.5 points and tied for sixth place. Jeffrey Liu and Kavya Sasikumar scored three points and tied for eighth place. Abinav Ragahavendra and Edison Zhang also competed for our grade five team.



In grade six, David Pan scored a perfect six wins in six games. David won the first place team trophy and the title of grade six Northern California Chess Champion. John Chan and Luke Zhao each scored four points and tied for 3rd place. Mihir

Bhuptani and Sriram Bharadwaj each scored three points and tied for 10th place. Connor Chen scored 2.5 points for our sixth grade team which took home the first place team trophy.

Women’s Basketball

Pioneer Report

SUBMITTED BY SCOTT CHISHOLM

Pioneers bucked by Broncos

Cal State East Bay dropped its California Collegiate Athletic Association (CCAA) opener 76-60 inside Pioneer Gymnasium on December 5th to No. 22 ranked Cal Poly Pomona.

“We’ve played with a makeshift lineup throughout the season and tonight was no different. We didn’t have the size to battle (them) down low,” said East Bay Head Coach Suzy Barcomb. “The physical nature of the game played to (Cal Poly Pomona’s) strengths, not what we do well.”

Both Tori Breshers and Stephanie Lopez hit the floor hard and were slow to get up in separate shot attempts near the rim. Breshers was effective while on the court scoring 14 points on 5-of-6 shooting, but was limited to only 22 minutes due to foul trouble. Lopez led the Pioneers with 16 points despite matching her season-low scoring total.

East Bay’s Micah Walker made her first start since suffering an in-



Tori Breshers

jury in the first half of the team’s season opener back on Nov. 14. She played 31 minutes and finished with 14 points highlighted by a 7-of-9 performance at the free throw line. “It’s the first time Micah has played extended minutes since coming back. She brought us some scoring from the wing spot as well as getting on the glass,” praised Barcomb of Walker’s performance.

Starting five comes alive in second half

The Cal State East Bay starting five provided all but two points of the team’s scoring during their December 13th 76-59 league victory over Cal State Monterey Bay. Tori Breshers finished with a career-high 27 points and teammate Stephanie Lopez completed her double-double with 18 points and 11 rebounds.

“We came out weaker than we should have (to start). We could have played more as a team and communicated much better,” said Breshers of the team’s first half performance. “Overall in the second half we started talking and that played a big role in our win.”

It was the second straight game Cal State East Bay (6-2, 2-1 CCAA) would open the second half on a lengthy scoring run to take the lead and pull away for good. Lopez scored all 15 of her second half points during a 23-9 run over the opening seven minutes after being held to only three first half points.

Breshers added 15 second half points of her own to keep the Pioneer advantage at double figures over the final 15 minutes of regulation. Remy Puou efficiently finished with 12 points as the volume of shots came from Breshers and Lopez in the second half.

“We wanted to score inside with our bigs or on attacks. I thought Tori had one of her best offensive performances tonight and she got on the glass. We tried to ride the hot hand as much as we could tonight,” East Bay Head Coach Suzy Barcomb said of Breshers’ 10-of-16 shooting effort from the field. East Bay’s Micah Walker added 10 points and seven rebounds. Shannon Bland contributed seven points, five rebounds, and a team-high four assists in the victory.

Local student named alternate for Senate Youth Program

SUBMITTED BY BRIAN KILLGORE

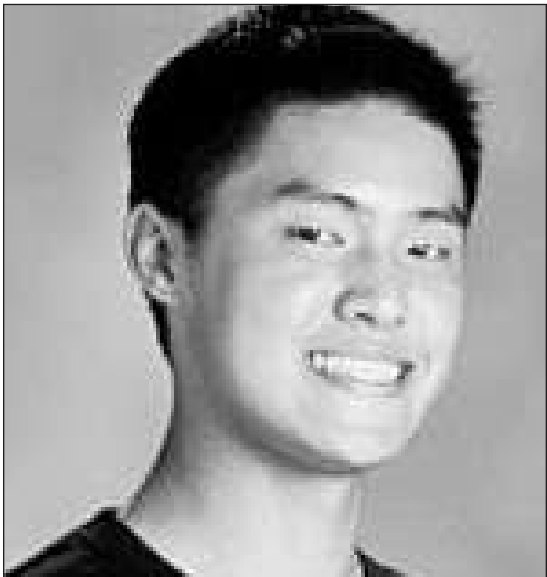
Mission San Jose High School (MSJHS) senior Dustin Chiang has been selected as an alternate to represent California at the 53rd-annual U.S. Senate Youth Program (USSYP), California State as announced by Superintendent of Public Instruction Tom Torlakson on December 8. Torlakson named two high school student representatives and two alternates to represent California at the event, sponsored by the William Randolph Hearst Foundation.

“It’s a pleasure to select these remarkable students for this highly competitive program,” said Torlakson. “These students, who have already achieved so much, are sure to make the most of this opportunity and to continue to contribute in meaningful ways to their communities.”

The four students, who are among 140 California students who applied for the program this year are scheduled to be recognized by the State Board of Education during its January 14-15, 2015 meeting in Sacramento.

Students must be nominated by their high school principal to participate in the program. A selection committee from the California Department of Education (CDE) reviewed eligible nominees, and Torlakson selected the awardees based on the quality of the application, high academic achievement, interpersonal and communication skills, knowledge of American government and U.S. history, involvement in school and community activities, demonstrated qualities of leadership, extracurricular activities, and service to the community.

Dustin Chiang of Fremont is a senior with an un-weighted grade point average of 4.5 at Mission San Jose High School He is president of the Associated Student



Body, served as Vice-President during his junior year, and was also sophomore class president. He is a two-term president of the California Association of DECA, a not-for-profit organization that prepares emerging leaders and entrepreneurs in marketing, finance, hospitality and management. He is also president of Mission San Jose Challenge Success and has been active in that organization all four years of high school. He is a delegate to the Model United Nations and hopes to study government and public policy at Harvard, and then earn a degree in law, eventually serving in Congress.

“I will continue learning from the people around me to identify the issues and concerns which are at the forefront of each individual’s daily life. I aspire to take the very real struggles of those in my local community and give everyone a voice in government,” Chiang wrote in his USSYP application.

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Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Union City City Council Meeting

December 9, 2014

Proclamations and Presentations

Declare the results of General Municipal Elections held November 4, 2014.

Administer Oath of Office to councilmembers Emily Duncan, Pat Gacoscos and Lorrin Ellis.

Appointment of Jim Navarro as Vice Mayor

Consent Calendar:

Approve zoning map amendment for property located at 4500 Cabello St. (second reading)

Amend zoning ordinance regarding side yard setbacks for zero lot line development (second reading)

Accept grant in the amount of \$29,748 from Stopwaste for pur-

chase of post-consumer recycled content products.

Authorize examination of sales and use tax records by Hinderliter, de Llamas and Associates staff.

Enter into an agreement with Ghirardelli Associates for construction inspection and material testing services for the Whipple Road rehabilitation project.

Purchase three trucks (Public Works) for \$73,899.

Item Removed From Consent: Appoint Antonio “Tony” E. Acosta as Interim City Manager with an annual salary of \$210,051.60.

Public Hearing

Approve General Plan amendment to incorporate “complete streets” provisions.

Mayor Carol Dutra Vernaci	Aye
Vice Mayor Jim Navarro	Aye
Lorrin Ellis	Aye
Emily Duncan	Aye
Pat D. Gacoscos	Aye

Wieckowski takes ceremonial oath of office



Bob Wieckowski was sworn in on December 10, 2014 as State Senator of District 10 at the Mission Valley Regional Occupation Program campus in Fremont. Assemblymember Tom Ammiano (Ret.) delivered the oath of office.

SUBMITTED BY JEFF BARBOSA

State Senator Bob Wieckowski (D-Fremont) took the ceremonial oath of office in front of a packed room of supporters, friends and family members December 10, 2014 at the Mission Valley ROP Center Campus in Fremont. Wieckowski took the official oath of office at the state Capitol the previous week with his Senate colleagues who were elected on November 4, 2014. The oath for the district event at ROP was administered by Assemblymember Tom Ammiano (San Francisco, Ret.), who was Wieckowski’s seat mate for four years in the Assembly.

“I have said it many times since I was first elected to the state Legislature in 2010 and it’s as true today as it was then – I consider it an honor and a privilege to represent you in the state Capitol,” Wieckowski told the crowd.

He focused his brief remarks on education, signaling out the important role Mission Valley ROP plays in being a key partner in the Tri-Cities region for career technical education and connect-

ing students with local businesses to gain the skills necessary to help those businesses grow and thrive in the community. He also expressed his opposition to increasing tuition on higher education students.

“I oppose the UC Regents call for increased tuition,” Wieckowski said. “The cost of attending the UC and CSU has more than doubled since 2004 and the tuition proposals show no sign this trend is stopping.”

Wieckowski is a co-author of SB 15, which will provide more than 15,000 slots for additional students in the UC and CSU systems through increased enrollment growth funding and other sources.

“Every kid should get a fair shot at attending a public university and they should get that shot without jeopardizing their financial future,” he said.

A former vice mayor of Fremont who served two terms in the Assembly and chaired the Judiciary Committee, Wieckowski was elected in November with 68 percent of the vote to represent Senate District 10.



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.
To subscribe to all blog posts scan this QR Code or visit: ThinkSiliconValley.com/silicon-valley-east

TAKES FROM SILICON VALLEY EAST

Spotlight on the Hardware Revolution: Tindie provides 21st Century platform for “Makers”

Fremont’s niche within the Bay Area economy lands squarely on hardware, so over the coming months we will be exploring the hardware comeback that is unfolding in real time. We begin at the intersection of software and hardware with Tindie — an online portal where makers (or indie hardware enthusiasts) can sell their products. We recently met up with Tindie Founder and CEO Emile Petrone and asked him to tell us what Tindie is up to:

Q:What was the inspiration for Tindie?

Petrone: It was somewhat serendipitous — I was a software engineer and I had some free time. In all seriousness, I came up with Tindie when I started seeing huge momentum in the growth of DIY electronics. It was getting easier and easier to be a “maker,” and things were really starting to take off, with tools like Raspberry Pi and Arduino becoming available. My question was, “Where do people sell the stuff they make?” I realized that a cultural shift was starting, and I wanted to contribute — I needed to facilitate the development of this community. So I posted on Reddit, asking if people would be interested in an online marketplace for indie hardware projects. The response was extremely positive, and the rest is history.

Q:You’ve achieved some pretty impressive stats in a relatively short amount of time.Talk about those and what are you most proud of.

Petrone: Tindie is the largest hardware marketplace online by a long shot, with more than 800 companies using the site and over 3,700 products listed. What I’m most proud of is how much purchase activity comes from legitimate corporate R&D labs — it just shows that our makers are producing very specialized, highly sought-after products. What may be most

surprising to people is that nearly all of our sales activity comes through word-of-mouth advertising. And to think — this industry is still in its infancy and is changing very quickly. We foresee exponential growth opportunity.

Q:What do you see as the biggest challenge for hardware startups as they try to scale?

Petrone: The biggest challenge these companies face is designing for manufacturability at a reasonable cost. The iterations of product development required to hit the right price point in production can be significant, and hardware startups rely on developing early partnerships with manufacturers to get this right. To that end, finding the right manufacturer is also critical. Let’s just say you can’t find a manufacturer like you can a Papa John’s pizza store! Today, many manufacturers are not focused on the small startups. However with the rapid growth in this sector, we think this is a good opportunity to connect makers with local manufacturers.

Q:What’s next for Tindie?

Petrone: Over the next year, we will be working on helping our sellers find local manufacturers, as I’ve already mentioned. We are also interested in helping sellers’ post product descriptions that are not overly technical. Not all of the products listed on Tindie are made “by engineers for engineers.” The average consumer needs to understand the product descriptions and relate it to the sales pitch. We have actually created a non-technical customer service function to assist with this goal. We will also continue to hire additional engineers, so contact us if you are interested in joining.

See more at: <http://www.thinksiliconvalley.com/silicon-valley-east/spotlight-hardware-revolution-tindie-provides-21st-century-platform-makers/#sthash.DLiImyRB.dpuf>

Union City Public Hearing Draft Housing Element

SUBMITTED BY CITY OF UNION CITY

Union City’s Public Hearing Draft 2015-2023 Housing Element is now available online at:

<http://www.uc2040.com/documents/>

The Housing Element is a policy document that supports a diversity of housing types, densities, and prices in order to identify and analyze existing and projected needs of Union City residents of all income levels and ages. The City submitted the draft Housing Element to the California Department of Housing and Community Development (HCD) in September. HCD reviewed the Housing Element and provided comments to the City. The City revised the Housing Element to address HCD comments and HCD determined that it meets the requirements of State law.

Also, the Initial Study and Negative Declaration on the Draft Housing Element is now available for public review. This document provides environmental analysis pursuant to the California Environmental Quality Act (CEQA) for the Housing Element Update. The public review period for the Initial Study and Negative Declaration is December 5, 2014 through January 5, 2015.

You can download a copy of the Initial Study and Negative Declaration at: http://www.uc2040.com/wp-content/uploads/2014/12/UCHEU_PHD_2014-12-1_reduced.pdf

Please e-mail all comments to Vern Smith at vsmith@unioncity.org

The Union City Council and Planning Commission are tentatively scheduled to review and consider recommending the Hous-

ing Element for adoption. Members of the public are encouraged to attend the public hearings.

Planning Commission Public Hearing Thursday, Jan 8, 2015 7 p.m.

City Hall, City Council Chambers
34009 Alvarado-Niles Rd, Union City
(510) 675-5322

City Council Public Hearing Tuesday, Jan 27, 2015 7 p.m.

City Hall, City Council Chambers
34009 Alvarado-Niles Rd, Union City
(510) 675-5322

OPINION



WILLIAM MARSHAK

A new perspective

quest for an “urban” environment. However, most highly urbanized and renowned cities treasure and protect their heritage. They recognize the importance of their heritage... do we?

Councilmembers can become enamored with acronyms and planner language to discuss the future of their city, but shiny new buildings may obscure what may be lost in the process. Honoring and protecting the foundation of the present is a commodity that cannot be replaced. Old Town structures can not only enlighten the next generation, but provide guidance for the future. Cities were built by real, live people with real concerns and challenges. An understanding and appreciation of these people and their legacy is pivotal to maintaining the character of community. In many cities, a town center can reflect heritage, but in some such as Fremont, many towns united to form a city; a single town center cannot and does not replace the roots and foundation of historic districts.

Communication and transportation is another important aspect of intra- and inter- city strength. Rapid development of electronic communication has allowed much business that, in the past, was conducted in front of relatively few interested individuals, to be communicated quickly and efficiently with all citizens. Unfortunately, physical access is not always easily accomplished, especially when geography creates barriers. The notion of filling in the first and last mile between major public transportation hubs is an important discussion, but what of the miles between residential, retail, leisure and entertainment hubs within a city?

Safe, efficient and affordable transportation that assists physical communication and travel within and beyond city limits is an important aspect of a healthy city environment. Large cities such as

Fremont have a significant challenge to create such a flow that is not simply aimed at low income individuals, but enticing for everyone. It's time for creative solutions; the current bus system is not adequate. At this time, an adequate system does not exist; extension of BART, while welcome to facilitate movement throughout the Bay Area, does little to move people efficiently within the Greater Tri-City community. A serious look at light rail or alternative infrastructure is required to remove a multitude of traffic intersections with an “F” rating.

Developments in existing and new areas will exacerbate, not alleviate traffic congestion on our city streets. In some cases, the State controls the flow and doesn't appear to lose any sleep over city street issues. Short term gains through housing developments, especially when fronting existing inadequate roads, is not a solution. The planners' darling of the moment - Transit Oriented Development - does not address traffic and parking problems of today. Simply wishing that everyone would leave their cars at home because they live near a transit hub is not reality.

A New Year and new energy of city councils can bring about a paradigm shift or at least some innovative thoughts to the emergence of the Southeast Bay Area. Integrating a myriad of challenges can be daunting, but great things are accomplished through a series of changes. Our cities are in the midst of “interesting times;” let's make the most of it!

William Marshak
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Local student receives recognition

SUBMITTED BY MS. SUSAN PETERS,
FREMONT ELKS LODGE 2121

Aishwarya Aravind of Fremont was recently honored by Fremont Elks Lodge 2121 and received checks totaling \$1,700. She was presented with the 2014 Most Valuable Student Scholarship from Fremont Elks Lodge #2121 – “recognizing an outstanding student for hard work, leadership and dedication to community service.” This award is only given to three boys and three girls each year.

Additionally Aishwarya was also an Elks Second Place district scholarship winner for Bay District; and a winner for the California-Hawaii Elks Association.

In other recognitions, besides the Elks, Aishwarya was selected to represent her school at the American Legion Auxiliary Department of California 2013 Girls State. She won several awards and commendation letters; most recently, she was presented an award and recognized by India Community Center (ICC) in Milpitas for her dedication and service to their ICC Senior Program.

Aishwarya is currently a freshman at the University of California, Berkeley.



Susan Peters (Elks Scholarship Chair) and her husband present the Most Valuable Student Scholarship award to Aishwarya Aravind (center).

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Education	See Below for details

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Fremont Elks donate to VA Hospital

SUBMITTED BY JOAN WHITE
On behalf of Fremont Elks Lodge 2121, Les Mensinger delivered 102 books and a new puzzle to the Livermore VA (Veterans Affairs) Hospital, in early October. The lodge has a large collection box for the members to donate their new or gently-used reading materials and puzzles for this purpose. The lodge has begun to make deliveries to area VA hospitals on a quarterly basis to help keep the libraries stocked with current reading materials.
Community service and paying it forward are commitments Fremont Elks Lodge 2121 has made in keeping with the motto, "Elks Care, Elks Share." For more information, visit www.fremontelks.org/.

Shop with a Cop

Target Stores, Mission San Jose Rotary, the Fremont Police Officers Association, Whole Foods, Starbucks and Fremont Bank, held the 11th Annual "Shop with a Cop" event.
Each year the Shop with a Cop program invites 20 children, identified by the City of Fremont's Human Services Department, to participate and gives them the opportunity to purchase holiday gifts for their family members at Target. The children are chauffeured to and from school by a Fremont Police Officer and escorted by the officer and a special helper from Target to purchase their gifts. Once the child has completed his/her shopping, they stop at a "wrapping station" where they join volunteers to help wrap their family's gifts. Following the wrapping, there are a number of games, activities and attractions followed by lunch before the children are taken back to school.
The goal of the program is to provide the children with the most important of holiday gifts, "the gift of giving." In case you're wondering about the children, they are not left out - gifts for each of the participants are purchased and wrapped ahead of time.
The event would not be possible if it weren't for the generous contributions from all of our sponsors and donors. We'd like to thank everyone who participated and we wish you all a very happy and safe holiday season!



Fatal traffic accident

SUBMITTED BY FREMONT PD
A 73 year old Fremont man succumbed to injuries sustained in a traffic collision on December 8, 2014 at 5:56 p.m., Fremont

Dispatch received several calls reporting a major injury collision on Mowry Avenue near Civic Center Drive. Fremont Officers and Fremont Fire Paramedics were dispatched to the major injury collision that closed eastbound Mowry Avenue for several hours.
The collision occurred when a 2001 Chrysler Town & Country, driving on westbound Mowry Avenue, made a left turn and col-

lided with a 2007 Honda Accord traveling eastbound on Mowry Avenue. The driver of the Chrysler made a left turn towards a private driveway (entrance to Washington West) on the back side of Walgreens directly into the path of the Honda. The Honda and Chrysler collided and both vehicles suffered major damages. The sole occupant of the Chrysler was not injured. All three occupants in the Honda

sustained injuries. A 64-year old female (driver) suffered moderate injuries, a 13-year old female (front passenger) suffered minor injuries and a 73-year old male (rear passenger) suffered major life threatening injuries. The driver and front passenger were transported to local hospitals and the 73 year old adult male (Fremont resident) was transported to a trauma center where he succumbed to his injuries December

9, 2014.
Mowry Avenue was closed from the time of the incident until approximately 9:20 p.m. The driver of the Chrysler has been cited and the investigation remains ongoing. Alcohol and drugs do not appear to be a factor in this collision.
Anyone with information about this collision is asked to contact Traffic Officer L. Tran at LTran@fremont.gov.

LIFE CORNERSTONES

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Marriage

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Obituaries



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Betty Lou Nylander
RESIDENT OF FREMONT
September 16, 1935 – December 2, 2014

Norma F. DeSalles
RESIDENT OF FREMONT
October 8, 1928 – December 6, 2014

Lorraine F. Mason
RESIDENT OF NEWARK
July 20, 1927 – December 7, 2014

Maria "Lucy" Salazar
RESIDENT OF HAYWARD
October 31, 1925 – December 12, 2014



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Eleanor J. Gothberg
RESIDENT OF FREMONT
September 8, 1922 – December 5, 2014

Herbert J. Garnsey
RESIDENT OF FREMONT
June 18, 1924 – December 7, 2014

Juanita F. Osborn
RESIDENT OF FREMONT
October 27, 1935 – December 8, 2014

Harsh N. Varma
RESIDENT OF SAN JOSE
September 23, 1984 – December 6, 2014

Herbert J. Garnsey
RESIDENT OF FREMONT
June 18, 1924 – December 9, 2014

Leon M. Fitzpatrick
RESIDENT OF FREMONT
April 25, 1930 – December 10, 2014

Audrey J. Watson
RESIDENT OF MANTECA
October 31, 1924 – December 11, 2014

Kenneth A. Mark
RESIDENT OF FREMONT
May 10, 1951 – December 11, 2014

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East Bay Regional Park District dismisses lawsuit against City of Alameda

SUBMITTED BY ANA MACHUCA-COLE

The East Bay Regional Park District (EBRPD) recently announced that it has filed a request with the Alameda County Superior Court to dismiss its lawsuit against the City of Alameda. The Park District's lawsuit challenged the City's residential zoning of a 3.9-acre surplus federally-owned property at the northern entrance to Robert W. Crown Memorial State Beach.

The lawsuit had been pending since late 2012, when the City approved zoning which would have allowed up to 129 housing units to be developed within the foot-print of the state park. The Park District had long identified the surplus federal property as the only property available to expand the park and open up the shoreline in this area. The Park District suit alleged that the City rezoned the property without considering environmental impacts on the park.

In response to the lawsuit and the rezoning, the Alameda citizens group Friends of Crown Beach gathered more than 6,000 signatures to place a ballot initiative before the voters to change the zoning to open-space. In July 2014, the City Council adopted the initiative instead of placing the matter on the ballot.

The proposed developer announced in November that it was withdrawing its development application and is no longer in contract to purchase the property. Both the Park District and the City have waived any claims for costs or attorneys' fees.

Apply now for the California Senate Fellows Program

SUBMITTED BY SENATOR BOB HUFF

Applications are now available for the 2015-16 California Senate Fellows program and can be picked up in the Capitol or District offices of Senate Republican Leader Bob Huff (R-Diamond Bar) or accessed online. Established in 1973, the California Senate Fellows (CSF) program is one of the oldest and most distinguished service learning programs in the country. It offers college graduates a paid, full-time legislative staff position in the State Capitol for 11 months.

The deadline for submitting applications for the 2015-2016 California Senate Fellows is February 25, 2015.

The CSF program is jointly sponsored by the California State Senate and the Center for California Studies at California State University, Sacramento. Fellowship opportunities are also available in the California State Assembly, the Governor's Office and the California Judicial Council.

"This is one of the best opportunities any student could ever ask for when it comes to gaining first-hand knowledge of how the California Legislature works," said Senator Huff. "This experience can often guide students into future political careers. Former Senate Fellows include current members of Congress and the California Legislature."

Anyone who will be at least 20 years of age and a graduate of a four-year college or university by September 1, 2015, is eligible to apply. There is no preferred major since work in the policy arena covers a vast number of issues. Individuals with advanced degrees and those in mid-career are encouraged to apply.

Senate Fellows are offered a stipend of \$2,550 per month plus earn generous health, vision and dental benefits. They also earn six units of graduate credit from California State University, Sacramento for the academic portion of the program.

Eighteen 2015-2016 California Senate Fellows will be selected to serve as full-time Senate staff for 11 months beginning in October 2015. They will be assigned to the personal or committee staff of a Senator and also participate in academic seminars with Senators, senior staff, journalists, lobbyists and state government officials. Fellows will be assigned a variety of tasks ranging from helping to develop legislative proposals, researching and analyzing bills, responding to constituent inquiries, and writing press releases and speeches.

The online applications can be accessed at the links below:

Senate Fellows Program: www.csus.edu/calst/senate

Assembly Fellows Program: www.csus.edu/calst/assembly

Executive Fellows Program: www.csus.edu/calst/executive

Judicial Administration Fellowship: <http://www.csus.edu/calst/judicial/index.html>

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Obituary

Kenneth A. Mark

Resident of Fremont

May 10, 1951 – December 9, 2014

Ken Mark passed away unexpectedly on Thursday evening. His zest for life, tireless intellectual curiosity, and raucous sense of humor will be deeply missed.

Ken, or Kenny as he was affectionately called by his family, was born on Long Island, New York, graduated from Los Gatos High School ('69), and the University of California at Riverside ('73) with a Bachelor of Science in Chemistry. A pioneer in the field of Forensic Toxicology, Ken founded, operated, and owned Bay Area Forensic Lab for over 25 years. Prior to hanging his own shingle, Ken was the Supervising Toxicologist for the San Mateo County Sheriff's Forensic Laboratory, a Reservist with the Union City Police Department, and a Supervisor at Heinz Laboratory.

Kenny was an avid outdoorsman who deeply enjoyed motorcycle trips throughout the western United States and had a strong sense of adventure. From camping in the snow-capped high sierras to the dry heat of Death Valley: so long as he had an air pad and a sleep sack packed in his Goldwing saddle bag, Kenny was a force to be reckoned with. A former private pilot and sail-boat hobbyist, Kenny enjoyed staying active.

Kenny is survived by his loving wife, Marilyn, and adoring children Rebecca Mark and Brian Mark. He is also survived by his father, Lawrence Mark, his sister Judy (Mark) Young, and his brother Robert Mark.

Friends, family, and colleagues are invited to a celebration of life on Thursday, December 18, 2014 from 2-3 pm, at Berge-Pappas-Smith Chapel of the Angels, 40842 Fremont Blvd., Fremont, CA. The family asks that for those sending their condolences that in lieu of flowers please contribute to the preservation of the Chapel of Yosemite Valley.



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A Green Commuting Solution

BY ROBBIE FINLEY

Daily commuting in the East Bay and throughout Silicon Valley is a daunting experience for just about everyone. More and more, people are seeking alternatives to the daily grind. Fremont's Mahindra GenZe, an electric two-wheel scooter, seeks to alleviate this all-too-common problem of urban congestion with some style and ingenuity.

Haven't heard of Mahindra before? You are not alone. Mahindra, a \$17 billion conglomerate headquartered in India, is a household name in many places around the globe. Though they have had a presence in American agricultural equipment manufacturing for over 25 years, they have not ventured into the U.S. consumer prod-

uct arena until now – and they've made the East Bay their new home.

Fremont seems a natural choice for a company such as GenZe, especially since Tesla, a contemporary of sorts in the world of electric vehicles, is just across the freeway. "With many innovative biotech and solar companies already residing in Fremont, GenZe felt like they would be amongst like-minded companies [here]. They also wanted a city that is electric-vehicle friendly and that supports the growth of electric vehicle companies," explained Mahindra GenZe's Head of Marketing and Development Yesim Erez.

The City, in turn, has been very welcoming to Mahindra. "Relocating to Fremont has brought many amazing opportunities to the company. The City of Fremont has been very hospitable and the City's Office of Economic Development has been working closely with GenZe on clean tech events. GenZe is excited to con-

Photo courtesy of GenZe

tinue working with the City of Fremont and to hopefully partner on cleaner tech initiatives," she added.

Mahindra seeks to make a big splash in the Bay Area and beyond with the GenZe scooter and its sister product, the GenZe e-bike. "As a \$17 billion conglomerate, you know you want to come to this frontier and entrench yourself in this consumer space. Strategically, what kind of product would you pick? You would pick something that is green, that is cool, high tech, and that appeals to millennials," said Erez.

The GenZe scooter, a portmanteau for "Generation Z" and "zero emissions," sums up Mahindra's mission for the two-wheeler – to attract millennials that want green solutions for their day-to-day commuting problems. This two-wheeler isn't exclusive to millennials, of course, as commuters of all ages could benefit from an alternative to the headaches of Bay Area traffic.

Erez knows all too well the pain of commuting in the Bay. "I came from eight miles away, and it probably took me half an hour, and I was taking back roads," she said. It's a common struggle on the freeways and main roads, and there is only so much that can be done with infrastructure to accommodate the massive amounts of traffic out there. "We're part of [Mahindra's] global initiative to help solve urban congestion," Erez explained, adding, "There is a proliferation of all of these alternative models, which means one thing: people increasingly do not want to use cars."

Test rides of the GenZe two-wheel scooter and e-bike are available at their Fremont headquarters and through outreach at events and colleges around the Bay Area. The whisper-quiet operation of both is quite impressive, as is their remarkably smooth acceleration and deceleration. Handling is very responsive and the scooter's 7-inch touchscreen display, identical in concept to what you find in many automobiles today, is both vibrant and user friendly. The scooter's touchscreen offers different transportation modes to fit different user and road requirements, and readily displays the MPH and all pertinent statistics for the driver.

Topping out at 30 MPH, the scooter is ready for those first and last-mile hurdles seen by commuters. "There's this first mile and last mile problem – the first mile is

from your home to public transportation, which is a problem area for daily commuters, and then when you get off, how do you get to your work – (the) last mile," Yesim explained.

GenZe's 7-speed e-bike also offers different modes, from free and assisted pedaling to full-on automatic. Just like with GenZe's scooter, one of the best features is the detachable lithium ion battery, which can be recharged at your convenience.

Modern, practical features were paramount in the minds of the GenZe research and development team as they began crafting Mahindra's stylish scooter just over two years ago. Want to charge your phone or laptop on the go? You can do that. Want storage for groceries or your gym bag? GenZe's BackBay cargo space can accommodate most needs. At an introductory price of \$2,999 (with the e-bike at \$1,499), the GenZe scooter is quite the bargain and accessible to its target demographic.

The start-up spirit is strong within the company as it prepares for the GenZe's rollout, estimated to start delivering March 2015. Though the offices are still a bit bare, on a whiteboard tucked away in one office is written the words, "Life is not hectic with the eclectic electric!" This sums up the mission of the GenZe two-wheeler – to make the modern commuter's life easier and greener.

For more information on the GenZe scooter or e-bike, visit www.genze.com.

Photo courtesy of GenZe

Photo by Robbie Finley

Information found in 'Protective Services' is provided to public "as available" by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of the agency

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Juris Doctor, University of Illinois (7th in class)
Quoted by Ralph Nader in his book "No Contest" (1996)
Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present
Faculty, Santa Clara University School of Law 1987
Editor, University of Illinois Law Review
California Supreme Court Cases

LEILA N. SOCKOLOV, ATTORNEY AT LAW

B.S. in Biological Sciences, Cal. Polytechnic State Univ.
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Instructor, Engineering Ethics, University of Illinois

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Drive sober or get pulled over

SUBMITTED BY SGT JASON CORSOLINI,
HAYWARD PD

This time of year, with all the holiday parties and festive occasions, many partygoers will be drinking. If you're celebrating with alcohol this holiday season, the Hayward Police Department has a message for you: Drive Sober or Get Pulled Over. Due to the increase in drunk-driving-related fatalities around the holidays each year, law enforcement agencies across the country will be out in force, December 12-January 1, 2015, actively searching for drunk drivers.

The Avoid the 21 DUI Task Force will be aggressively looking for drunk drivers this holiday season with plans in place for 3 DUI/Driver's License Checkpoints, 64 local roving DUI Saturation Patrols and a DUI Warrant/Probation Sweep.

The facts are grim: on average, a third (31 percent) of all crash fatalities in America involve drunk driving. In December 2012 there were 830 people killed in crashes involving at least one driver or motorcycle operator with a blood alcohol concentration (BAC) of .08 or higher; 26 of those deaths occurred on Christmas Day. But on Christmas day 2012, the percentage jumped to 36 percent. For all of 2012, more than 10,322 people are killed by drunk drivers in America, with 802 of those in California alone. In California, an additional 24,000 are seriously injured.

If you're drinking and driving, the Avoid the 21 DUI Task Force will be out to find and arrest you – no warnings, no excuses. You'll face jail time, fines,

loss of your driver's license, towing fees, and other DUI expenses, totaling \$10,000 on average. Not to mention the humiliation among your family, friends, and workplace.

The only way to truly avoid a DUI is to drive sober. There are many ways to get home safely after drinking, and driving isn't one of them. Designate a sober driver ahead of time, or call a friend or family member. You could also use public transportation or call a taxi. The cost of cab fare is nothing compared to a \$10,000 DUI or the cost of someone's life, and the 'inconvenience' of not driving your own car home is nothing compared to the inconvenience of spending the holidays behind bars.

If you see a drunk driver on the road, Report Drunk Drivers – Call 911! —You could save a life. If someone you know is about to drive after drinking, take their keys and help them get home safely. "We've got to work together to make our roads safer this December and year-round."

Under the right conditions, even one drink can impair your judgment and increase the risk of getting arrested for driving drunk—or worse, the risk of having a crash. Remember, it is never safe to drink and drive: Drive Sober or Get Pulled Over.

Avoid the 21 DUI Task Force funding is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration. The Office of Traffic Safety is offering a free mobile app – DDVIP – aimed at thanking the sober designated driver with perks and free offers at area bars and restaurants.

DUI crackdown

SUBMITTED BY CALIFORNIA OFFICE OF
TRAFFIC SAFETY

In an effort to stem the rise in impaired driving crashes traditionally seen around the holiday period, the California Office of Traffic Safety (OTS) announced the start of the December DUI Crackdown which will continue through January 1. The crackdown kickoff coincided with the launch of the agency's designated driver mobile app, DDVIP.

"This is a time which should be for families and celebrations, not for tragedies on our roadways," said OTS Director Rhonda Craft. "It is easy to avoid a DUI arrest or crash – don't drive impaired. Designate a sober driver, or be one yourself."

During the crackdown period, the California Highway Patrol (CHP) and over 200 participating law enforcement

agencies throughout California will be conducting increased sobriety checkpoints and saturation patrols. These measures are not only meant to keep impaired drivers off the roads, but also to raise public awareness about the dangers of driving while impaired by either alcohol or drugs. All efforts reinforce the Report Drunk Drivers—Call 911 and Drive Sober or Get Pulled Over messages, which aim to keep impaired drivers off the road.

To reinforce these efforts and reward those who volunteer to be designated sober drivers, the OTS has created the DDVIP mobile app, which allows designated drivers to locate bars and restaurants near them that offer rewards for designated drivers. Originally created last year as a mobile site, the app is now available for free download in the Apple Store with enhanced functionality, including giving users the ability to receive updates of new DDVIP partners, based on their location.

For more information, visit www.ots.ca.gov or www.facebook.com/CaliforniaOTS.

Winter Holiday Mobilization

SUBMITTED BY SGT JASON CORSOLINI, HAYWARD PD

Alameda County Avoid the 21 is announcing its upcoming enforcement operations for the Winter Holiday DUI Campaign:

Friday, December 19

8 p.m. - 3 a.m.: DUI Saturation Patrols, countywide by the Alameda County Sheriff's Office.

Saturday, December 20

8 p.m. - 3 a.m.: DUI Saturation Patrols, Cities of Pleasanton, Fremont, Oakland, Livermore, Piedmont, and countywide by the Alameda County Sheriff's Office.
7 p.m. - 3 a.m.: DUI/DL CHECKPOINT, City of Hayward (STEP Grant Checkpoint)

Friday, December 26

8 p.m. - 3 a.m.: DUI Saturation Patrols, Cities of Fremont, Oakland, Livermore, and countywide by the Alameda County Sheriff's Office.

Saturday, December 27

8 p.m. - 3 a.m.: CHP DUI Saturation Patrols, Cities of Fremont, Oakland, Livermore and countywide by the Alameda County Sheriff's Office.

Thursday, December 31

8 p.m. - 3 a.m.: DUI Saturation Patrols, City of Hayward and countywide by the Alameda County Sheriff's Office.

Funding for the "Avoid" program is provided by a grant from the California Office of Traffic Safety through the National Highway Traffic Safety Administration.

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left to right: Councilmembers Bacon, [Vice Mayor] Chan, Jones, Mei and Mayor Harrison

Fremont City Council December 9, 2014	Fire Departments of Fremont and Milpitas	tour on Fridays during Christmas season.	Vice Mayor Suzanne Lee Chan Aye
	Ceremonial:	Request for Council to work with East Bay Regional Parks to expand hours at Mission Peak.	Anu Natarajan Aye
	Recognition of outgoing Councilmembers Natarajan and Salwan		Vinnie Bacon Aye
	Oath of office for new Councilmembers Mei and Jones	Other Business:	Raj Salwan Aye
Consent:	Comments by newly elected councilmembers	Approve future public hearing for amendment of rate and method of apportionment of Special Tax of Fremont Community Facilities District No. 1	
Certification of election results	Oral Communications:	Consent:	Other Business:
Accept annual report of Development Impact Fees	Recount history of Shinn House (historical park and gardens); invite public to	Mayor Bill Harrison Aye	Mayor Bill Harrison Aye
Approve mutual aid agreement between			Vice Mayor Sue Chan Aye
			Vinnie Bacon Aye
			Lilly Mei Aye
			Rick Jones Aye



Left to Right:Vice Mayor Collazo, Councilmember Hannon, Mayor Nagy, Councilmembers Freitas and Bucci

Newark City Council December 11, 2014	Consent:	7015 and 7151 Gateway Blvd.	ment by Councilmember Hannon commending City Staff for receiving Certificate of Achievement from Government Finance Officers Association for June 30, 2014 report (six years consecutively).	Appointments of City Councilmembers to agencies, boards, commissions and committees
Presentations and Proclamations:	Approve 2015 local appointments list of terms expiring in 2015	Accept annual report on Newark Development Impact Fees for FY 2013-14		Mayor Alan Nagy Aye
Declare results of November 4, 2014 General Election	Accept 2014 asphalt concrete overlay program work by Ghilotti Bros., Inc.	Authorize continued participation in county Community Development Block Grant funding for FY 2015-17	City Council Matters:	Vice Mayor Maria “Sucy” Collazo Aye
Present election certificates and administer Oath of Office	Accept 2014 street microsurfacing program work by VSS International, Inc.	Removed from Consent (Hannon):	Declare vacancy on Newark Planning Commission due to election of Michael Hannon to City Council	Luis Freitas Aye
Appoint Sucy Collazo Mayor Pro Tempore (Vice Mayor)	Approve Tentative Parcel Map for commercial condominium at	Accept Comprehensive annual Financial Report (CAFR). Com-		Michael Hannon Aye
				Mike Bucci Aye

Ohlone College Board of Trustees Meeting December 9, 2014	Granting of easement with the Alameda County Water District
Ceremonial Item:	Ratify President/Superintendent’s contract with an annual salary of \$248,355 with a \$500 in-district transportation allowance and a monthly \$2458.86 housing allowance.
Jan Giovannini-Hill, Vivien Larsen, Ishan Shah and Richard Watters sworn in as trustees	Discussion and/or Action:
Organizational Meeting:	Approval of tentative agreement between United Faculty of Ohlone (UFO) and Ohlone Community College District, contract period: July 1, 2014-June 30, 2015. (6 ayes, 1 absent: Yee, 1 abstention: O’Donnell)
Elections for Chair and Vice Chair: Greg Bonaccorsi and Rich Waters continue their positions as chair and vice chair respectively.	Acceptance of independent auditor’s report and the performance audits for Measure A and Measure G for fiscal year 2013-14.
Consent:	Approve student equity plan.
Approval of November 2014 November 2014 Payroll Warrants in the amount of \$2,783,883.14	Approve application to seek eligibility to offer Baccalaureate degree.
Approve extension of military leave of absence for Trustee Garrett Yee.	
Review of purchase orders in the amount of \$974,842.46	Greg Bonaccorsi, Chair Aye
Ratification of contracts in the amount of \$5,784,900	Rich Waters, Vice Chair Aye
Measure G Project for Building 19 renovations in the amount of \$68,275	Teresa Cox Aye
Measure G Project: Building 9 pool renovations—Gilbane Building Company in the amount of \$206,964.	Jan Giovannini-Hill Aye
	Vivien Larsen: Aye
	Ishan Shah Aye
	Garrett Yee Absent
	Daniel O’Donnel, Student Trustee Aye, 1 abstention (advisory only)

Living Wage Ordinance draft approved SUBMITTED BY JANICE ROMBECK
Responding to the widening economic gap in Santa Clara County, the Board of Supervisors on December 9 took a major step forward to creating a Living Wage Ordinance to help lift low-wage earners out of poverty.
The Board approved a draft Living Wage Ordinance that would set pay at \$19.06 an hour for the workers of for-profit employers who contract with the County. The Living Wage would apply to contracts with employers initiated on or after July 1, 2015.
Proposed by Supervisors Dave Cortese and Ken Yeager, the ordinance is aimed at helping individuals and families who struggle to live and work in Santa Clara County.
“With this ordinance, we’re addressing the growing economic gap for low-wage earners,” Cortese said. “Not only will the ordinance raise the standard of living, but reduce the demand for safety net services that the County provides.”
Contracts with community-based nonprofits would be exempt from the requirement until a Living Wage policy unique to nonprofits can be created with input from stakeholders.
The Board of Supervisors will adopt the final ordinance at the December 16 meeting.
“As the primary provider of safety net services, the County has both a moral and a financial incentive to do what we can to promote fair pay for hard work,” said Supervisor Yeager.
In the next six months, County administrators will review contracts and assess the costs of implementation and to enforce the Living Wage Ordinance and make recommendations as part of the mid-year budget process.
The ordinance also will allow an employer to contribute up to \$4 of the \$19.06 hourly wage to health coverage or retirement benefit.
The ordinance also requires employers to give workers at least one hour of sick leave per 20 hours worked, up to 12 days a year, for themselves or to care for a family member and to receive up to 5 paid days off for jury duty.
Approximately \$2.5 billion in County contracts will be affected.

PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14748185
Superior Court of California, County of Alameda
Petition of: Paula Roberta Bullen for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Paula Roberta Bullen to Paula Roberta Presley
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause. If any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 02/27/2015, Time: 8:45 a.m., Dept.: 504
The address of the court is Hayward Hall of Justice, 24405 Amador St., Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice Newspaper
Date: Nov. 14, 2014
WINIFRED Y. SMITH
Judge of the Superior Court
11/25, 12/2, 12/9, 12/16/14

CNS-2689662#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 498196
Fictitious Business Name(s):
Cafe Lab, 6180 Jarvis Ave. #W, Newark, CA 94560, County of Alameda
Registrant(s):
Haixiang Qu, 3587 Rowley Dr., San Jose, CA 95132.
Business conducted by: an individual.
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Haixiang Qu
This statement was filed with the County Clerk of Alameda County on November 13, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

12/9, 12/16, 12/23, 12/30/14

CNS-2696117#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 498816
Fictitious Business Name(s):
Para Legal, 5500 Stewart Ave., Suite 104, Fremont, CA 94538, County of Alameda
Registrant(s):
Sandro Recchione, 3680 Beacon Ave. #312, Fremont, CA 94538
Business conducted by: an individual.
The registrant began to transact business using the fictitious business name(s) listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Sandro Recchione
This statement was filed with the County Clerk of Alameda County on December 4, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk,

except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

12/9, 12/16, 12/23, 12/30/14

CNS-2695889#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 498295
Fictitious Business Name(s):
Andrea Works Consulting, 1445 Lakeside Dr. #502, Oakland, CA 94612, County of Alameda
Registrant(s):
Jacob Sulton Coverstone, 1445 Lakeside Dr. #302, Oakland, CA 94612.
Business conducted by: an individual.
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Jacob Coverstone
This statement was filed with the County Clerk of Alameda County on November 17, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

12/9, 12/16, 12/23, 12/30/14

CNS-2695773#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 498597
Fictitious Business Name(s):
Franklin Properties, 32916 Regents Blvd., Union City, CA 94587, County of Alameda
Registrant(s):
Yi Lin, 32916 Regents Blvd., Union City, CA 94587
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 2004.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Yi Lin
This statement was filed with the County Clerk of Alameda County on November 25, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

12/9, 12/16, 12/23, 12/30/14

CNS-2695497#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 498375
Fictitious Business Name(s):
Wolfgang Creative Studios, 44799 Aguila Ter. Fremont, CA 94539, County of Alameda
Registrant(s):
Leland Tang, 44799 Aguila Ter., Fremont, CA 94539
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Leland Tang
This statement was filed with the County Clerk of Alameda County on November 18, 2014.

NOTICE: In accordance with subdivision (a) of

Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

12/9, 12/16, 12/23, 12/30/14

CNS-2695495#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 498584
Fictitious Business Name(s):
Shareen & Company LLC, 37885 3rd Street, Fremont, CA 94536, County of Alameda
Registrant(s):
Shareen & Co LLC, 37885 3rd Street, Fremont, CA 94536; CA
Business conducted by: a Limited Liability Company

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Shareen Newman, Manager
This statement was filed with the County Clerk of Alameda County on December 1, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

12/9, 12/16, 12/23, 12/30/14

CNS-2694531#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 498261
Fictitious Business Name(s):
Fremont Best Limousine, 3843 Carol Ave., Apt 206, Fremont, CA 94538, County of Alameda
Registrant(s):
3843 Carol Ave., Apt 206, Fremont, CA 94538
Registrant(s):
Makhani Singh, 3843 Carol Ave, Apt 206, Fremont, CA 94538
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on 11-14-14

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Makhani Singh
This statement was filed with the County Clerk of Alameda County on November 14, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

12/2, 12/9, 12/16, 12/23/14

CNS-2692769#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 498149
Fictitious Business Name(s):
Alvison, 35632 Barnard Dr., Fremont, CA 94536, County of Alameda
Registrant(s):
Zhang, Feng, 35632 Barnard Dr., Fremont, CA 94536
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one

thousand dollars [\$1,000].)

/s/ Zhang, Feng
This statement was filed with the County Clerk of Alameda County on November 12, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

12/2, 12/9, 12/16, 12/23/14

CNS-2692714#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 498202
Fictitious Business Name(s):
prati Foods Americas, Inc., 2477 Liston Way, Union City, CA 94587, County of Alameda
Registrant(s):
American Licorice Company, 1900 Whirlpool Drive South, La Porte, IN 46350, Delaware
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ John R. Kretchmer, Chief Executive Officer
This statement was filed with the County Clerk of Alameda County on November 13, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

12/2, 12/9, 12/16, 12/23/14

CNS-2692272#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 497951
Fictitious Business Name(s):
Stylish Salon, 36601 Newark Blvd., Unit #8, Newark, CA 94560, County of Alameda
Registrant(s):
Maricela Alvarado, 6218 Civic Terrace #A, Newark, CA 94560
Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Maricela Alvarado
This statement was filed with the County Clerk of Alameda County on November 4, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

11/25, 12/2, 12/9, 12/16/14

CNS-2689660#

GOVERNMENT

ORDINANCE NO. 802-14

ORDINANCE OF THE CITY COUNCIL OF THE CITY OF UNION CITY APPROVING ZONING TEXT AMENDMENT, AT-14-001, TO AMEND SECTION 18.32.100(A)

(4)(B) OF THE ZONING ORDINANCE REGARDING SIDE YARD SETBACKS FOR ZERO LOT LINE DEVELOPMENT IN THE RS

4500 ZONING DISTRICT

The above entitled ordinance was adopted by the City Council on December 9, 2014. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance, as it was read and adopted on December 9, 2014, is available on the City's website at: <http://if2.unioncity.org/webink8/0/fol/112/Row1.aspx>. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail.

PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on December 9, 2014, by the following vote:

AYES: Councilmembers Duncan, Ellis and Gacoscos, Vice Mayor Navarro, Mayor Dutra-Vernaci
NOES: None
ABSENT: None
ABSTAIN: None

APPROVED:
/s/ Carol Dutra-Vernaci
CAROL DUTRA-VERNACI, Mayor
ATTEST:
/s/ Renee Elliott
RENEE ELLIOTT, City Clerk
APPROVED AS TO FORM:
/s/ Benjamin T. Reyes II
BENJAMIN T. REYES II, City Attorney
12/16/14

CNS-2697844#

ORDINANCE NO. 801-14

ORDINANCE OF THE CITY COUNCIL OF THE CITY OF UNION CITY APPROVING ZONING MAP AMENDMENT, A-14-001, FOR PROPERTY LOCATED AT 4500 CABELLO STREET (APN 483-0093-048 & 483-0093-087)

The above entitled ordinance was adopted by the City Council on December 9, 2014. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance, as it was read and adopted on December 9, 2014, is available on the City's website at: <http://if2.unioncity.org/webink8/0/fol/112/Row1.aspx>. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail.

PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on December 9, 2014, by the following vote:

AYES: Councilmembers Duncan, Ellis and Gacoscos, Vice Mayor Navarro, Mayor Dutra-Vernaci
NOES: None
ABSENT: None
ABSTAIN: None

APPROVED:
/s/ Carol Dutra-Vernaci
CAROL DUTRA-VERNACI, Mayor
ATTEST:
/s/ Renee Elliott
RENEE ELLIOTT, City Clerk
APPROVED AS TO FORM:
/s/ Benjamin T. Reyes II
BENJAMIN T. REYES II, City Attorney
12/16/14

CNS-2697842#

ORDINANCE NO. 800-14

AN ORDINANCE OF THE CITY OF AMENDING SECTION 3.22.050 OF THE UNION CITY MUNICIPAL CODE TO EXTEND THE EXISTING, VOTER-APPROVED MEASURE AA TRANSACTIONS AND USE (SALES) TAX ADMINISTERED BY THE STATE BOARD OF EQUALIZATION

The above entitled ordinance was adopted by the City Council on December 9, 2014. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance, as it was read and adopted on December 9, 2014, is available on the City's website at: <http://if2.unioncity.org/webink8/0/fol/112/Row1.aspx>. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail.

PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on December 9, 2014, by the following vote:

AYES: Councilmembers Duncan, Gacoscos, Navarro, Vice Mayor Ellis, Mayor Dutra-Vernaci
NOES: None
ABSENT: None
ABSTAIN: None

APPROVED:
/s/ Carol Dutra-Vernaci
CAROL DUTRA-VERNACI, Mayor
ATTEST:
/s/ Renee Elliott
RENEE ELLIOTT, City Clerk
APPROVED AS TO FORM:
/s/ Benjamin T. Reyes II
BENJAMIN T. REYES II, City Attorney
12/16/14

CNS-2697816#

Hayward City Council

December 9, 2014

Consent:

Council approved a resolution to amend the agreement with General Plan Update consultant Mintier-Harnish by increasing the agreement budget by \$23,200 for preparation of General Plan chapters, and by \$23,300 for development of a web-based General Plan. According to the staff report, the total contract amount will not exceed \$1,181,140. Mintier-Harnish also provided services such as technical assistance, retail market analysis, and preparation of additional background reports.

Work Session:

Bryan Godbe, president of Godbe Research, presented an overview of the Resident Satisfaction Survey results, which was conducted from September 17-19, 2014.

Godbe Research surveyed 406 Hayward residents via phone interviews. Some of the questions asked include:

Satisfaction with quality of life: 48.5 percent - very satisfied; 36.5 percent – somewhat satisfied

Sense of neighborhood: 28.2 percent – very strong; 33.3 percent – somewhat strong

Overall satisfaction with city services: 35 percent – very satisfied; 41.8 percent – somewhat satisfied

Perceived image of Hayward: 36.6 percent – very positive; 48.6 percent – somewhat positive

Awareness of City Council meetings: 46.2 percent – aware; 50.5 percent – unaware

Awareness of Access Hayward: 36 percent – aware; 63.1 percent – unaware

For a full report, visit www.hayward-ca.gov/city-government/city-council-meetings.

Presentation:

Certificate of Commendation presented to Honorable Ellen Corbett, who served eight years in the California State Senate representing the 10th District. Corbett honored for her “unwavering dedication and commitment to the community and neighborhoods of the 10th District of California.” Corbett expressed her gratitude and said, “Truly, it's been an honor and a pleasure to represent [Hayward].”

Adjournment:

The meeting was adjourned in memory of Phyllis Wilson, Hayward High School librarian and member of Cal-

vary Baptist Church. She was also an active community member of South Hayward and “very passionate about voting,” said Mayor Barbara Halliday. “[I’m] proud to call her my friend and we’re going to miss her very much,” said Councilmember Marvin Peixoto.

Mayor Barbara Halliday
Mayor Pro Tempore Greg Jones
Francisco Zermeno
Marvin Peixoto
Al Mendall
Sara Lamnin
Elisa Márquez

Aye
Aye
Aye
Aye
Aye
Aye
Aye



Mayor Halliday and Senator (ret) Ellen Corbett
Courtesy of Miriam Lens

Wieckowski's first Senate bill supports spousal abuse victims

SUBMITTED BY JEFF BARBOSA

A bill by state Senator Bob Wieckowski (D-Fremont) would make it more difficult for abusive spouses who plead no contest to an act of domestic violence to receive temporary or permanent spousal support in divorce proceedings. SB 28 was introduced on the first day of the 2015-2016 legislative session.

Existing law already requires that where there is a criminal conviction for domestic violence perpetrated by one spouse against the other within five years prior to the dissolution of marriage or anytime thereafter, there is a rebuttable presumption that a temporary or permanent spousal support award to the abusive spouse should not be made. Wieckowski's bill provides that a plea of no contest would constitute a criminal conviction in such cases.

“More than 90 percent of criminal cases involving domestic violence are resolved through plea bargaining,” Wieckowski said. “That’s why it’s important to expand this section of law to make sure it covers those who plead no contest. The bill maintains judicial discretion to allow the court to weigh all the facts in a case and provides the opportunity to rebut the presumption against spousal support. But this will ensure that spousal abusers are less likely to receive sp

Land acquisitions connect regional parks and trails

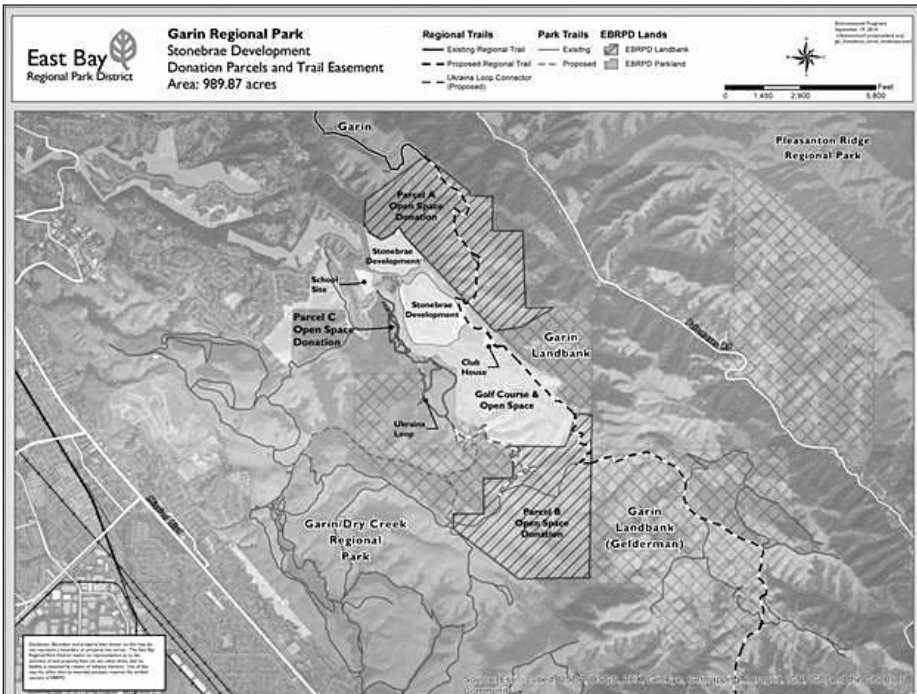
SUBMITTED BY
ANA MACHUCA-COLE

On Tuesday, November 18th the East Bay Regional Park District Board of Directors authorized the acceptance of the donation of three properties and two trail easements totaling more than 989.8 acres in the Hayward hills, along with the acquisition of a maintenance access easement and a trail easement in the cities of Union City and Fremont, to expand park oppor-

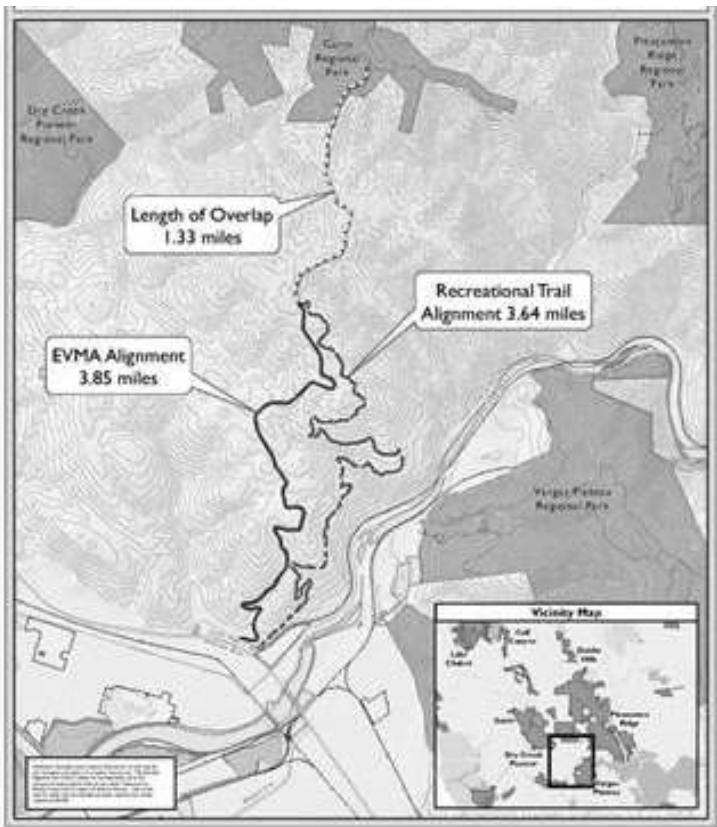
The City of Hayward first considered residential development on Walpert Ridge in the late 1970's and it finally approved the construction of 650 single family houses atop the ridge in 1998. In 2001, the Park District successfully negotiated a donation of open space and trail and local access to another historic site within the parks known as the Ukraina Loop. In 2005, the development was annexed into the Walpert Ridge Zone of Benefit in order to fund the long-term operational



View looking west from Parcel A to Stonebrae residential development and the San Francisco Bay.



The Park District accepted the donation of three parcels totaling 989.8 acres in the Hayward hills.



The Park District acquired two easements over a portion of private property in the cities of Union City and Fremont. The acquisitions will help close gaps in the Bay Area Ridge Trail south of Garin Park leading to Vargas Plateau.

tunities and trail connections in southern Alameda County.

The donation of the three properties in Hayward, by Stonebrae L.P., a Delaware developer, represents the second largest donation of open space ever accepted by the Park District. Coincidentally, the largest donation was 1,200 acres of land bequeathed by Mildred, Jeanette, and Edith Meyers in the early 1990's to create what is now Dry Creek Pioneer Regional Park. The new donation will connect existing open portions of Dry Creek and Garin Regional Parks and increase the parks' land mass by almost 20% of their current 4,755 acres.

The acquisition "will permanently protect public trail access and will bring almost 1,000 acres of the visually stunning and ecologically vital Walpert Ridge under District management and conservation," said General Manager Robert E. Doyle. In addition to extending the park's boundaries, the donation will also make it possible to develop a 3.5 mile segment of the Bay Area Ridge Trail.

maintenance of the open space and trails, and the protection of the Alameda whip-snake and the California red-legged frog habitat found on the property.

"This acquisition has been over 35 years in the making, and it marks a significant achievement for the land conservation community," said Doyle.

The donated parcels border much of the eastern boundary of Garin/Dry Creek parks, extend northward to the North Garin parcel, which in turn connects to the Five Canyons trail system, and continue south of the Stonebrae Golf Course. As a condition for the development of the housing project, the City of Hayward required the developer, Stonebrae, to construct the 3.5-mile segment of the Bay Area Ridge Trail, which will pass through the residential area and along the golf course. The segment, upon completion, will be maintained and operated by the Park District.

Donation of an additional trail easement near Stonebrae Elementary School



The two easements afford spectacular vistas along cliffs overlooking the San Francisco Bay to the west, and Niles Canyon and Sunol Ridge to the east.

and neighboring Hayward Area Recreation District's sports park will grant permanent access to the Ukraina Loop Trail, formerly known as the Carden Lane Trail. A portion of this trail will also serve as an Emergency Vehicle and Maintenance Access (EVMA) easement for the Stonebrae development. A license agreement for a small area near the end of Carden Lane for a potential parking area was also offered to the Park District.

At the Board meeting, the Park District also announced the settlement of eminent domain proceedings and the acquisition of two easements over a portion of private property in the cities of Union City and Fremont. These acquisitions culminate more than seven years of negotiations and will help close gaps in the Bay Area Ridge Trail south of Garin Regional Park leading to Vargas Plateau Regional Park.

The Park District will pay the land owners \$475,000 for a 20-foot wide 3.64-mile public recreational trail easement and a 3.85-mile EVMA easement. Both easements alignments share an additional 1.33-mile dirt path that begins at the southern edge of Garin Regional Park, and traverse a property situated west of Palomares Road and north of Niles Canyon Road, along cliffs overlooking the San

Francisco Bay to the west, and Niles Canyon and Sunol Ridge to the east.

The 3.64-mile recreational trail is designed for multi-use, single-track, non-vehicular use. It follows portions of older ranching roads, swings southeast toward Fremont's Vallejo Mills Park, Alameda Creek Regional Trail, and Vargas Plateau. It will be built and maintained by the Park District.

The 3.85-mile EVMA easement is located along an existing ranch road that joins Garin/Dry Creek Pioneer to Mission Boulevard. The maintenance of this easement will be split 50/50 between the Park District and the land owners.

The Park District accepted the donation of three parcels totaling 989.8 acres in the Hayward hills.

View looking west from Parcel A to Stonebrae residential development and the San Francisco Bay.

The Park District acquired two easements over a portion of private property in the cities of Union City and Fremont. The acquisitions will help close gaps in the Bay Area Ridge Trail south of Garin Park leading to Vargas Plateau.

The two easements afford spectacular vistas along cliffs overlooking the San Francisco Bay to the west, and Niles Canyon and Sunol Ridge to the east.

Buffalo Wild Wings opens in Fremont

SUBMITTED BY JON GOTREAU

Buffalo Wild Wings®, winner of scores of best wings and best sports bar awards, just opened its newest location in Fremont at 43821 Pacific Commons Blvd. The sports bar and grill features big screens and wall-to-wall HDTVs for ultimate event and sports viewing. Its menu includes boneless wings, specialty burgers and sandwiches, finger foods, wraps, and salads, but the main attraction continues to be Buffalo NY-style chicken wings as well as its 21 signature sauces and seasonings. Buffalo Wild Wings also has two signature events each week: Wing Tuesdays® and Boneless Thursdays®, where guests can order their favorite traditional or boneless wings at a special price. To stay up-to-date on all the latest events and offers, visit www.BuffaloWildWings.com.

Concealed replica pistol and loaded revolver recovered

SUBMITTED BY
LT. ROBERT McMANUS,
SAN LEANDRO PD

In a five hour period on December 9, 2014, San Leandro PD officers recovered a loaded, concealed revolver during a traffic stop and a replica pistol from a man on probation for robbery, who was loitering with others in a residential San Leandro neighborhood.

At 7:20 p.m., officers were on patrol in the area of W. Ave. 135th and Menlo St., when they saw a group of four males, between the ages of 16 and 21, loitering on a street corner. The officers recognized Carl McCoy, a 21 year old male from Oakland, as a person on probation for robbery, and contacted him to investigate.

While speaking with the group, they found that the 16 year old male was also on probation for robbery. Both McCoy and the teen had search clauses as a condition of their probation, allowing police to search them without a warrant.

When the officers conducted searches, they found a Beretta PX-4 Storm, CO2 pellet pistol, concealed in McCoy's waistband and retrieved it. The pellet gun (shown in the

photo), appears to be an exact replica of the real Beretta PX-4 "Storm" semi-automatic pistol, offered in both 9mm and .40 caliber.

"Carrying a replica firearm such as this causes great concern for law enforcement and the community that we serve," said Lt. Robert McManus. "The fact that it was concealed in McCoy's waistband, who is on probation for robbery, leads us to believe that he wasn't carrying it for its intended purpose – target shooting."

The officers took the man into custody for being in violation of his probation. The Alameda County District Attorney has since filed a probation revocation against him. No other charges were filed, as it is not illegal to possess the pellet gun.

Hours later, in a separate incident that occurred just after midnight, a patrol officer saw a Honda CRV speeding through the parking lot at the Greenhouse Marketplace Shopping Center and stopped the vehicle for violations that he observed.

As the officer contacted the driver, identified as 28 year old, Steven Saetern of Oakland, and his 31 year old passenger from San Leandro, the officer realized that Saetern was very nervous. A second officer arrived, and while il-

luminating the passenger compartment of the vehicle with her flashlight, spotted the handle of a handgun protruding out from underneath the driver's seat.

Both men were detained by police, while they retrieved the loaded .38 caliber revolver. Saetern was arrested for carrying the loaded, concealed firearm in his vehicle that was not registered to him. Saetern is scheduled to be arraigned in the Alameda County Superior Court later this week.

Please contact the San Leandro Police Department's Criminal Investigation Division with any information regarding this case or any other case at (510) 577-3230. Information may also be submitted anonymously by:

- Phone: Anonymous Crime Tips at (510) 577-3278
- Text Message: Text "TipSLPolice" to 888777



COMMUNITY BULLETIN BOARD

10 lines/\$10/ 10 Weeks
\$50/Year

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

Activities
Announcements
For sale
Garage sales
Group meetings
Lost and found

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The “NO” List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

Hayward Arts Council

22394 Foothill Blvd., Hayward
510-538-2787
www.haywardarts.org
Open Thurs., Fri., Sat., 10am-4pm
Promotes all the arts & encourages local artists in all art mediums.
Foothill Gallery, John O’Lague Gallery, Hayward Area Senior Center Exhibit Hall. All FREE- open to public.

Fremont Area Writers

Want to write?
Meet other writers?
Join us from 2-4 p.m. every fourth Saturday except July and December.
Rm. 120 at DeVry University, 6600 Dumbarton Circle, Fremont
Call Shirley at (510) 791-8639
www.cwc-fremontareawriters.org

Rotaract Club of Greater Fremont
Community service & business club for young professionals and students ranging from ages 18 to 30. Meetings on 1st & 3rd Wednesdays. Color Me Mine on Fremont Blvd, 7 pm
Find more of our events on meetup.com/rotaractfremont

Afro-American Cultural & Historical Society, Inc.
Sharing ur culture and history in the Tri-Cities and surrounding area
Meetings: Third Saturday 5:30pm in member homes
Contact: 510-793-8181
www.aachis.com
We welcome all new members

Come Join Us Tri Cities Women’s Club
Meets on the third Tuesday Elk’s Club on Farwell Dr.
9:30 – Cards, 12:00 – Lunch
1:00 – Program and Meeting
We also have bridge, walking, Gourmet dining groups, And a book club.
For info. Call 510-656-7048

RPEA Chapter 53 Retired Public Employees
2nd Tuesday of ODD Months
Sept 9th
Dennys Restaurant
30163 Industrial Pkwy SW
Hayward
All Current or retired employees welcome
Call Eve 510-489-6755

Troubled By Someone's Drinking?
Help is Here!
Al-Anon/Alateen Family Groups
No cost program of support for people suffering from the effects of alcoholism in a friend or loved one.
Call 276-2270 for meeting information
or email Easyduz@gmail.com
www.ncwsa.org

MENTAL ILLNESS SUPPORT
Free courses and presentations in Alameda County for caregivers of someone with a serious mental illness and those with a mental illness.
For more information,call (510)969-MIS9 (6479) or email to info@NAMIlacs.org
www.NAMIlacs.org

Sparkpoint VITA needs
Volunteers for Tax Preparers, Translators & other Positions. We will Train. Information meetings scheduled for Weds 9/24, 10/8 & 10/22 from 6–8:30 P.M. Location: Fremont Family Resource Center
39155 Liberty Street, Fremont
Carolyn Robertson 510-574-2003

American Cancer Society RELAY FOR LIFE 2015 UNION CITY
We are now forming following groups: Planning Committee
Sponsorships - Teams
For more information
www.relayforlife.org/unioncityca
www.facebook.com/unioncityrelayforlife
email:
jendudley345@gmail.com

AMERICAN LEGION POST 837
Meets third Tuesday each month - 6:30-8:30pm
Social, Program, General Meeting
Historic Niles Veterans Hall
2nd & E. Street, Fremont
www.POST837.org
ALL VETERANS WELCOME

Hayward Demos Democratic Club
Monthly meetings-learn about current issues from experts, speak with officials.
Annual special events such as Fall Festival, Pot-lucks and more
Meetings open to all registered Democrats. For information
www.haywarddemos.org

Interested in Portuguese Culture and Traditions?
PFSA (Portuguese Fraternal Society of America)
Promotes youth scholarships, community charities, and cultural events. All are welcome.
Contact 510-483-7676
www.mypfsa.org

Tri-City Ecology Center
Your local environmental leader!
Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects.
www.tricityecology.org
Office open Thursdays, 11am-2pm
3375 Country Dr., Fremont
510-793-6222

The Friendship Force San Francisco Bay Area
Experience a country and its culture with local hosts and promote global goodwill. Clubs in 56 countries. Monthly activities and group travel.
www.ffsfba.org
www.thefriendshipforce.org
Call 510-794-6844 or 793-0857.

Celebrate Recovery Free yourself from any hurt, hang-up or habit join us at
33450 9th St., Union City
Thursdays, 7pm-9pm
or call anytime
Ilona
510-586-5747

SparkPoint Financial Services
FREE financial services and coaching for low-income people who want to improve their finances.
SparkPoint Info Session
3rd Thursday, 6-7pm
City of Fremont
Family Resource Center
To reserve a seat: 574-2020
Fremont.gov/SparkPointFRC

ORIGINAL ARTWORK
The Fremont Art Association Gallery recently installed new paintings, ceramics, jewelry, fiver arts and more!
Visit us at:
Fremont Art Association
37697 Niles Blvd., Fremont
www.fremontartassociation.org
Open Wednesday - Sunday

Soiree Singles For People Over 60 Many Activities!
Dancing, Dinners, Luau’s
Potlucks. Great Fun!
email: lelochmil@att.net or
Call: Lois for FREE Newsletter
510-581-3494

The League of Women Voters invites you to visit our website at www.lwvfnuc.org
You'll find valuable information about your community and voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are non-partisan and free to the public.

Soroptimist International Tri-Cities
Improving the lives of women and girls in our community and throughout the world.
Meetings: Third Monday every month at 6:00pm
Papillon Restaurant
37296 Mission Blvd Fremont
Call 510-621-7482
www.sitricities.org

Fremont Cribbage Club
teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues.
6:15pm at Round Table Pizza
37480 Fremont Blvd., Centerville
Email:Accgr43@gmail.com
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www.cribbage.org

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Fremont Police Log

SUBMITTED BY GENEVA BOSQUES,
FREMONT PD

Thursday, December 4

Officers responded to a residential burglary that occurred in the 4000 block of Converse Street. The point of entry was via the bathroom window. Case is investigated by Community Service Officer (CSO) Oliveira.

Friday, December 5

Officers took a burglary report on the 34000 block of Whitehead Lane. Unknown suspect(s) pried the front door sometime between 11:00 a.m. and 1:00 p.m. Loss was jewelry. Officer Magana was the primary unit.

Officers took a burglary report on the 33000 block of Egret Way. Unknown suspect(s) entered an unlocked window in the backyard around 3:30 p.m. Losses were jewelry and laptop. Officer Burkhammer was the primary unit.

Officers responded to the Montessori School on Witherly Lane to investigate a burglary. Unknown suspect(s) tried taking hinges off the front door to gain entry. There was no reported loss. CSO Oliveira was the primary unit.

Officer Hartman made a traffic stop on a vehicle in the area of Fremont Boulevard and Eggers Drive. The vehicle appeared as though it was going to pull over, but instead it made a U-turn and fled. Officer Hartman put out the description of the vehicle, plate number, direction of flight and advised he was not pursuing the vehicle. The vehicle was registered out of Hayward. Officer Hartman contacts Hayward Police Department (HPD) and they located the vehicle parked at the address. Officer Hartman and HPD make contact at the residence. The registered owner was somewhat cooperative and stated a distant relative was driving the car earlier in the day. The name provided results with no matches. Officer Hartman wasn't able to identify the driver. The incident was documented.

Officers were sent to Fresh Donuts (34114 Fremont Blvd.) on the report of a shooting. The caller stated his front store window was shot out and the suspect was running toward I-880. Once on scene it was determined that a bucket was thrown through the glass window. No shooting occurred and the suspect was still outstanding.

Saturday, December 6

Officers learned that a transient had climbed the large tree in Niles after the holiday tree lighting and parade the previous weekend, and stole some of the lights. On Saturday, December 6, 2014, the suspect was located and positively identified. The suspect was worried the lights might catch fire. This case was sent to the District Attorney for complaint. Case is investigated by Officer San Luis and Field Training Officer (FTO) Perry.

Sunday, December 7

Officers Liu and Cenicerros investigated a missing relative from Besaro Mobile Home Park. The family was worried about their brother who failed to come home the night before. They searched for the male and located his vehicle parked at the Motel Six (north). With the help of the motel staff the missing person was located inside one of the rooms and in need of medical attention. The missing person was transported to the hospital and reunited with his family.

Fremont Police Department (FPD) officers responded to a local hospital where an adult male, Fremont resident, was brought in with a gunshot wound. The investigation revealed that 14 years ago, a .22 caliber rifle was purchased at a garage sale and placed into an attic. A family member, having little knowledge of firearms, removed the rifle from the attic. While placing it inside a vehicle the rifle discharged, striking a male family member in the leg. He was driven to the hospital and treated for a non-life threatening wound. All parties agreed this was an accidental injury. Case was investigated by Officer Romley.

Officers Montojo and Hunt contacted an adult male on the 4400 block of Stevenson Boulevard. During the course of their contact, a search was conducted. The male was found to be in possession of a stolen laptop and was placed under arrest.

At approximately 7:00 p.m., Alameda County Sheriff's Department contacted FPD and requested mutual aid for the city of Berkeley. The city of Berkeley was experiencing civil unrest involving a large crowd. Lt. Washington led a team of Fremont officers to assist.

Officers responded to the 3000 block of Locke Court on two occasions regard-

ing threats and a possible battery between several subjects. No one at the residence wanted to be a victim or cooperate with a police investigation.

Monday, December 8

Officer Robinson and Officer Sasser were dispatched to a report of an indecent exposure incident. A male was exposing himself while driving his vehicle near the area of Central Ave and Fremont Blvd. The officers were unable to locate the vehicle initially, but a witness provided the license plate to dispatch. Through their investigation, they were able to identify a possible suspect. A 22 year old adult male was identified and arrested for indecent exposure.

A residential burglary was reported on the 39800 block of Burr Ave. Unknown suspect(s) entered the residence sometime during the day by removing a screen and prying open the living room window. The suspect(s) then entered the home, ransacked it and attempted to flee with a bag filled with electronics and money. The bag was found inside the garage. The resident reported no loss at the time of the report.

Officers responded to Omega Dr. to investigate a residential burglary. Sometime during the day, unknown suspects kicked in the side garage door to gain access to the residence. Loss was personal documents, cash, a wallet and purse.

Officers investigated a residential burglary that occurred on Spokane Dr. The burglary occurred sometime during the afternoon. The unknown suspect(s) entered the residence by prying a rear sliding glass door open and defeating it's locking mechanism. The actual loss was unknown at the time the report was taken.

Tuesday, December 9

Officers responded to the T-Mobile store at Pacific Commons where four unknown suspects entered the store and stole a "Note4" cell phone. A clerk struggled with one of the suspects, but they were able to steal the phone and flee in a brown, 4-door vehicle with yellow (possibly paper) license plates.

Officers responded to CVS at Fremont Hub after a victim called in to report he had been carjacked. Further investigation revealed that one of the victim's acquaintances, whom he had been visiting with, actually took off in the car after an argument. The vehicle was later located (unoccupied) and recovered by Oakland Police Department. Case is investigated by Officer Chahouati.

Officers responded to a single vehicle collision near Paseo Padre Parkway and Pine Street that downed a tree and light pole. A 20-year-old adult female was located nearby and was arrested for driving under the influence. Case is investigated by Officer Collins.

Wednesday, December 10

FPD received information that a large "street racer" gathering was scheduled for 8:00 p.m. at Pacific Commons. Costco and Pacific Commons management were contacted about the pending car meet and placed security officers and barricades in the driveways to restrict access. Traffic Officers patrolled the area to further deter street racing. At the time of this writing, no street racing issues were reported and they appeared to find a new location. Sgt. Harvey managed this incident.

Officer Hollifield was dispatched to Wells Fargo Bank on the 40900 block of Fremont Boulevard on a report of a male trying to cash a fraudulent check. Officer Hollifield contacted and arrested the 63-year-old adult male, Concord resident. He was booked into Santa Rita Jail.

Officer Stinson was dispatched to a suspicious circumstance near Tupelo Street and Northland Terrace. A reporting party stated that two males were tampering with an older car near that intersection. Officer Stinson contacted a 27-year-old adult male, Newark resident, near the vehicle. The vehicle was determined to be stolen out of Fremont. The male was also in possession of suspected methamphetamine. The male was subsequently arrested and booked at FPD jail.

Officer Oliveira was dispatched to the 39100 block of State Street on a report of a naked male sleeping in the building. Officer Oliveira contacted and arrested a 40-year-old adult male, Fremont resident, for possession of suspected methamphetamine and trespassing.

Officers Torrico and Catassi were dispatched to Quick Stop on Camden Street for a fight in the lot. Officers located a victim of a fight who claimed to have been jumped by several males. A subject matching the description of one the suspects is stopped nearby. The 23-year-old adult male was identified as a suspect and placed under citizen's arrest.

Union City Police Log

SUBMITTED BY
UNION CITY PD

Monday, December 1 to Sunday, December 7

There were three reported residential burglaries and three reported auto burglaries. Two of the auto burglaries involved window smashes to steal items that were left in plain sight in the vehicle. There were three reported vehicle thefts. As of the time of this report, one of the vehicles has been recovered.

The holiday shopping season is upon us! Practice safe shopping procedures, such as always being aware of your surroundings; not walking and talking on your phone; and keeping valuables out of sight in your vehicle. Don't make yourself an easy target.

We strive to provide excellent service to the community and are interested in hearing from members of the public about the quality of our service. Please

share your experience and let us know how we're doing. Visit www.ci.union-city.ca.us/departments/police-department to complete a Police Customer Satisfaction Survey.

Please join us in congratulating Union City Police Department Explorers for collecting approximately 3,500 toys so far. All toys will be donated to more than 100 needy families in Union City. We are still in need of donations of wrapping paper and supplies, such as scotch tape, name tags, holiday-themed gift bags, etc. Please contact Sgt. Steve Mendez at (510) 675-5267 if you would like to donate gift wrapping supplies.

Anyone with information on local crime or any of the listed incidents should contact the Investigations Division at (510) 675-5247. Those wishing to remain anonymous can contact the tips line by calling (510) 675-5207 or email tips@unioncity.org.

Newark Police Log

SUBMITTED BY CMDR MICHAEL
CARROLL, NEWARK PD

Friday, December 5

At 8:49 a.m., Officer Johnson investigated a vehicle burglary on Potrero Drive. Losses were sunglasses and a vacuum.

At 11:29 a.m., officers responded to the area of Ruschin Drive and McDonald Avenue for a possible residential burglary in progress. A concerned citizen called to report a suspicious male had been dropped off at the corner by another male driving a white sedan. The concerned citizen reported the vehicle was slowly circling the area as the first male started to walk toward a house on McDonald Avenue. After a thorough investigation, Raynel Dorrough of Hayward and Dave Walker of Oakland were both arrested. Dorrough was arrested for providing a false name to police. Walker was arrested for providing a false name to police, possession of burglary tools and two warrants. Both were booked at Santa Rita Jail.

Saturday, December 6

At 11:27 a.m., Officer Neithercutt responded to a report of a domestic violence incident on Locust Street. Vincent Pharr of Newark was arrested for domestic battery and booked at Fremont City Jail.

At 3:55 p.m., Macy's Loss Prevention (LP) advised Officer Johnson that four females, Ayanny Bustain, Nashae Ford, Moieshey Field, and Jaqueela Winston of San Francisco, had attempted a "grab and run" of over \$3,500 in Macy's merchandise and were now fighting with Macy's LP in front of the store. All four suspects were able to break away after battering two Macy's LP employees and fled in a silver, 2015 Dodge Caravan. An alert citizen viewed the incident and followed the vehicle through Newark until Newark Police Department (NPD) officers were able to catch up to the vehicle in the Taco Bell (south) parking lot. All four suspects were taken into custody. All four were booked at Santa Rita Jail for robbery.

At 8:18 p.m., Officer Rodgers handled a citizen's arrest/shoplifting case at the NewPark Mall Macy's store. A 16-year-old male juvenile and a 15-year-old male juvenile were arrested for petty theft. Both were later cited and released to the custody of their parents at NPD.

Sunday, December 7

At 3:12 p.m., a neighbor on Magnolia Street reported that a suspicious person was checking car doors of vehicles in front of her residence. She observed the subject enter her neighbor's car and drive off. The victim was contacted and confirmed nobody had permission to have her vehicle. Units located the vehicle driving in the area and conducted a high-risk car stop in the Newark Pavilion parking lot. Officer Cerini arrested Arthur Paco, Jr. of Newark for vehicle theft. Paco was booked at Fremont City Jail.

At 3:43 p.m., Officer Jackman accepted a citizen's arrest/shoplift case from JCPenney Loss Prevention. Dareauna Chambers of Oakland was cited and released for petty theft.

Monday, December 8

At 7:56 a.m., a worried motorist called to report that someone was possi-

bly following her southbound on Newark Boulevard. NPD dispatch directed her to drive to the police department parking lot. Officer Neithercutt observed the following vehicle and attempted a traffic stop. The vehicle accelerated southbound on the Newark Boulevard overpass towards Central Avenue. The vehicle lost control and collided into the center median. Both the driver and the passenger fled on foot toward Central Avenue, resulting in the lockdown of Milani Elementary School. After a short period of time, both suspects were apprehended. The suspect vehicle was reported stolen out of San Jose. Arrested were Cedric Sanders of Fremont for possession of a controlled substance and resisting arrest, and Vanessa Covington of Fremont for possession of stolen property, identity theft, possession of a controlled substance and resisting arrest. Both were booked at Fremont City Jail.

At 5:16 p.m., Officer Norvell investigated a reported shoplifting case from Macy's. Two juvenile females were cited and released to their parents for petty theft.

Tuesday, December 9

At 3:39 a.m., Officer Reyes investigated a report of domestic violence on Cedar Boulevard. Timothy Hess of Newark was arrested for domestic battery and booked at Fremont City Jail.

Wednesday, December 10

Officers Stone and Todd investigated a residential ransack burglary on Hermitage Ave. at 2:42 p.m. The burglary took place between 8 a.m. and time of call.

Officer Stone responded at 7:19 p.m. to assist Sgt. Kimbrough with a subject who was drinking in front of the Grocery Outlet store. Raymond Munoz, age 32 of Newark, was arrested for public intoxication. Munoz was booked at Fremont City Jail.

Officer Stone was detailed to Macy's Department store at 8:53 p.m. in regards to a shoplifter in custody. Claudia Hu, age 54 of Fremont, was cited and released for petty theft.

At 8:57 p.m., during an injury collision investigation on Jarvis Ave, Jason Grisso, age 28 of Newark, interfered with officers who were handling the accident. Grisso was arrested for being under the influence of a central nervous system stimulant and was booked at Fremont City Jail. 12/11/14

Officer Kovach came across a disturbance at the Shell gas station on Jarvis Ave. at 12:53 a.m. Amber Beale, age 19 of San Jose, Andy Oviedo, age 21 of Fremont, and Evelyn Oviedo, age 20 of Milpitas, were all arrested for public intoxication. All three were booked at Santa Rita Jail.

Officer Fredstrom responded to Macy's at 4:22 p.m. and accepted the Citizen's Arrest of Christopher Miller, age 39 of Union City. Miller was cited and release for shoplifting.

Friday, December 12

Officer Losier, CSO Parks and public works employees were at the intersection of Cedar Boulevard/Port Sailwood Drive clearing a fallen tree at 1:50 a.m. Jaime Carrillo, age 48 of Newark, drove through the cone/flare pattern creating a traffic hazard for our city employees. Officer Losier arrested Carrillo for DUI. Carrillo was booked at Santa Rita Jail.



Queen Anne Court
**Holiday
Lights**

SUBMITTED BY WILLIAM SCALICE

Come see the holiday lights and decorations on Queen Anne Court in Union City. Drive or walk through the court to enjoy this holiday display. We will be collecting food for the Alameda County Food Bank. Donations of nonperishable foods will be collected through December 22.

Enjoy yourselves and help to make this a
great holiday season for all!

Queen Anne Court Holiday Lights
Now through Monday, December 22
6 p.m. – 10 p.m.
4641 Queen Anne Court, Union City
Food donations accepted for Alameda County Food Bank

Letter to the Editor

**Tree
Lighting
kudos**

Fremont Unified Student Store (FUSS) is thankful to Centerville Business and Community Association (CBCA), Dale Hardware, all the sponsors, participants and visitors for making the Tree-Lighting / Caroling event [Dec 5] such a fun gathering for all, and for allowing FUSS's choir to share the holiday spirit by making a joyful noise at this special celebration.

Ivy Wu
Fremont Unified Student Store



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Caroling group delivers

BY LINDA-ROBIN CRAIG

Carols are in the air at this time of year, and even when we don't know all the words, we hum along and feel good doing it. In fact, you may have recently found yourself doing just that if you caught a performance by The Dickens Caroling Group at either the Newark or Fremont Tree Lighting Ceremonies. Director Tami Isaacson, a long-time vocalist known in the Tri-Cities for her collaborative music efforts, says, "It's very rewarding for every age group, for everyone involved, when the community comes together musically; everyone wins, performers and listeners."

Isaacson first pulled together The Dickens Caroling Group 20 years ago when the need for vocalists in the area was focused on the Christmas Season in the late '90s. Based in Fremont and Newark, where they meet to practice at Latter Day Saints churches and various members' homes, the current group consists of about 15 vocalists, ranging from 12 to 55 years of age. One of the young girls is a third generation member of the group. Their name references the period costumes that they wear, which are of the era Charles Dickens wrote of; they perform at tree lighting ceremonies, Christmas at Ardenwood, special events, and many private parties and local restaurants.

Two years ago Moana Butler, a member of the group who both writes and arranges music with Isaacson, suggested that they get together with the Saratoga Hand Bell Choir for a carol performance. Named after the San Jose/Saratoga area where most members live, the

bell choir began 10 years ago as a youth activity when a member of their church congregation wanted to share the same enjoyable experience he'd had when young and ringing bells in a choir. They have since performed in various Christmas, Easter, other holiday celebrations, worship services and graduation ceremonies; members range from 10 to 60 plus years of age.

After Pam Sheffield, director of the bell choir, Isaacson, and Butler began writing and arranging music together for a large event, rehearsals got underway and other excellent musicians began showing up, adding guitars, saxophone, flute, piccolo, recorder, percussion and bass guitar. The multi-talented group has since taken on jazz and calypso as well as traditional Christmas music. When talking about how the new group developed, Isaacson added, "It feels great to create opportunities to bring talents together. We intend to continue our efforts throughout the year and maybe, in the future, produce some new albums. It was a lot of work for all of us but I am glad we did it; the results are one of the most amazing things I've ever worked on."

When just the carolers perform in December, the group goes by The Dickens Caroling Group, but it is Tami Isaacson and Friends the rest of the year when other musicians are added and different music is presented.

No matter the skill, from sports to ballet, a performance that makes the whole thing look easy is the mark of top professionals. "It's a big commitment to be in a bell choir," says Sheffield. "If a member is absent from a re-

hearsal it's like trying to play a piano that has needed keys missing. The ringers make it look easy but there is a great deal to learn." Unlike other instruments where a person will play multiple notes in succession, a ringer might only have a couple of notes per measure of music. Sheffield added, "Imagine a singer repeating the same two notes at various times in a piece of music. The ringer has one chance to play notes correctly at a precise moment." Expert bell ringers may have several bells in one hand so must keep track of which note is where and in which hand; some with large bells have to learn how to cross hands over each other multiple times to pick the correct bell from the table without dropping or hitting bells as they ring a succession of notes.

Isaacson and Sheffield both agree that the rhythmic movements of the bell ringers together with the voices of the carolers have both visual and auditory appeal for an audience. Isaacson says, "There is a spiritually uplifting component ringers and singers have noted as they create their music." Sheffield added, "It is a very enjoyable experience for the ringers to leave an audience both entertained and uplifted by the music they play."

If you missed this dynamic combination of performers this year, just wait – they are already booking the coming year; look forward to a joint Isaacson/Sheffield performance at LOV Newark Art Events in 2015. For a taste of the Dickens Carolers or for those interested in arranging for performances of carols, hand bells or Calypso and jazz, go to www.tamiisaacson.com.

