



Titans fall in
postseason
play

Page 26



Partnership
continues for
Ohlone
College Deaf
Studies

Page 32



Close finish
at league
championships

Page 27



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November 18, 2014

Vol. 13 No. 46

Sheriff Deputies Dig Deep to Create Jobs

By JOHNNA M. LAIRD

For those who sum up police work envisioning a scenario of officers chasing and arresting bad guys, there's a need to catch up to 21st century crime-fighting. Alameda County Deputy Sheriffs use the term "community policing" to describe their focus on building relationships with citizens to identify and resolve neighborhood issues. By improving neighborhood livability, they contend, they can quash some crimes before they happen.

This crime-fighting perspective explains how deputies find themselves in the agricultural business. Alameda County Deputy Sheriffs' Activities League, Inc. (DSAL), a nonprofit organization formed in 2005, is winning state and national recognition for its social enterprise, Dig Deep Farms & Produce. The business operates organic farms and sells produce directly to the public.

Dig Deep Farms has set its sights on creating a \$5 million operation, growing fresh, healthy, and affordable local fruits and vegetables to feed a grow-

continued on page 15



Restoring Hope

By JESSICA NOËL CHAPIN

Women between ages 18 and 34 experience the highest rates of domestic violence. Most often, victims of domestic violence go on to experience further attacks at the hands of their original abusers. Men are not immune to abuse either. More than ten percent of men over the age of 18 will experience a violent attack from their intimate partner during their lifetime. Domestic violence is a serious issue impacting men, women, and children.

One local organization that is not afraid to take on serious issues is Ruby's Place. Formerly known as Emergency Shelter Program, Ruby's Place in Hayward provides temporary shelter to women and children who are victims of domestic violence, human trafficking, or are facing homelessness. The shelter has been active since 1972, founded as a grassroots effort by a group of concerned women who saw a need for outreach to battered women in the community.

Over forty years ago, a group of faith-based women from different local churches realized that local victims of domestic violence had nowhere to go. The idea of a shelter for battered women and their children began with a room or two in someone's home. Eventually a house was donated to the program. The organization grew and became the first incorporated women's shelter in California. Today, Ruby's Place serves 42 families within a home-like temporary shelter, and nearly 4,000 individuals through their outreach program.

continued on page 36



St. Nick's of Niles Hosts Benefit Bash

SUBMITTED BY MONICA DOMINGUEZ
PHOTO COURTESY OF MICHAEL MCNEVIN

St. Nick's of Niles will be hosting the 5th annual "Giving Hope Holiday Bash" on Sunday, November 23rd to help raise funds to help those in need this holiday season. Join Michael McNevin with other special guests for a night of music by local talents, food and wine to benefit the City of Fremont's Giving Hope holiday program.

The holiday season is a time of reflection, to count personal and family blessings and to share the love we have received during the year. Some in our community live on the edge of economic crisis, struggling to maintain the bare necessities for themselves and their families. Help those served by the Fremont Human Services Department by being part of Giving Hope, a program that aids needy families, children, frail isolated seniors and their pet companions, bringing them holiday cheer.

St. Nick's of Niles is comprised of individuals who share a common goal of giving back to the community. "We're very proud to do a small part of a very good cause. It's an easy, fun, and great way to give during the holidays," said McNevin.

This is a free event with a suggested donation of \$20. You may sponsor a family the night of the event using Fremont Human Services Department's wish list, or donate gift cards or cash. You may also drop by The Nile Café any time during the month to donate. Click on the event page on Facebook at www.facebook.com/events/1485526478379140 and share it with your friends!

St Nick's of Niles Benefit Bash
Sunday, Nov 23
4 p.m. – 9 p.m.
The Nile Café , 121 I St, Fremont
(408) 504-5597
www.facebook.com/events/1485526478379140
Free (\$20 suggested donation)

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INDEX	
Arts & Entertainment	21
Bookmobile Schedule	23
Business	10

Classified	30
Community Bulletin Board	37
Contact Us	29
Editorial/Opinion	29
Home & Garden	13

It's a date	21
Kid Scoop	19
Mind Twisters	18
Obituary	31
Protective Services	33

Public Notices	35
Real Estate	17
Sports	26
Subscribe	25

Hospital Focus on Sustainability and Local Farming

“If you want to change the world, put garden boxes where there once was black-top,” said Registered Dietitian Kim Alvari, director of Food and Nutrition Services at Washington Hospital. “Our garden boxes were the first of many changes made to our food program to challenge traditional healthcare food service industry practices.”

“The U.S. food supply is composed of thousands of foods,” added Alvari. “Much of it is grown and processed elsewhere. The increased distance between production and consumption is a global phenomenon. For example, the meat at the typical American table has traveled 1,000 miles from its place of origin. A large portion of fresh fruits and vegetables are imported with only about 1% of all foods inspected. Concerns of safety and quality could not be ignored at Washington Hospital.”

Alvari, with the support of hospital leadership, created an agenda for change to purchase local food. “The bar would be set high,” she explained. “The focus would be a fiscally responsible program of local, organic, hormone-free, antibiotic-free, cage-free, no GMO, no trans-fat, less sugars, and known sourcing. Hormone-free milk and cage-free eggs were brought in early.

“All of the challenges represent a huge opportunity for hospitals to take a leader-

ship role in creating food and agricultural systems that support public and environmental health, social and economic equity... or the triple bottom line,” concluded Alvari. “Hospitals that oversee how food is brought to the table to nourish their patients and customers demonstrate how important nutrition is in promoting and protecting health.”

For information about Washington Hospital’s nutrition education resources, visit www.whhs.com/nutrition or call (510) 745-6540.

By Popular Demand: Washington Hospital's “Locavore Vegetarian Chili” Recipe

At the Great Rotary Chili Cook-off last month, many asked for this recipe with fresh ingredients from farms within 200 miles.

- Ingredients:**
- 2 tablespoons canola oil
 - 1 ½ cups chopped yellow onions
 - 1 cup chopped red bell peppers
 - 2 tablespoons minced garlic, fresh
 - 1 medium zucchini, stem ends trimmed and cut into small dice
 - 2 cups fresh corn kernels (about 3 ears)
 - 1 ½ pounds portabella mushrooms (about 5 large), stemmed, wiped clean and cubed



Hospital chef Alfredo Macias prepares the Locavore Vegetarian Chili with locally sourced ingredients grown within 100 miles of Washington Hospital.

- Chili powder and ground cumin to taste
- 1 ¼ teaspoons salt
- 4 large tomatoes, peeled, seeded and chopped, canned
- 1 ½ cups cooked black beans
- 1 ½ cups kidney beans
- 1 (15-ounce) can tomato sauce
- 1 cup vegetable stock or water
- ¼ cup chopped fresh cilantro leaves
- Sour cream (garnish)
- Diced avocado (garnish)
- Chopped green onions (garnish)

Directions:

In a large, heavy pot, heat the oil over medium-high heat. Add the onions, bell peppers, garlic, and cook, stirring, until soft, about 3 minutes. Add the zucchini, corn, and mushrooms, and cook, stirring, until soft and the vegetables give off their liquid and start to brown around the

edges, about 6 minutes. Add the chili powder, cumin, and salt, and cook, stirring, until fragrant, about 30 seconds. Add the tomatoes and stir well. Add the beans, tomato sauce, and vegetable stock, stir well, and bring to a boil. Reduce the heat to medium-low and simmer, stirring occasionally, for about 20 minutes. Remove from the heat and stir in the cilantro. Adjust the seasoning to taste.

To serve, place ¼ cup of brown rice in the bottom of each bowl. Ladle the chili into the bowls over the rice. Top each serving with a dollop of sour cream and a spoonful of avocado. Sprinkle with green onions and serve.

Nutritional information:
Per serving (based on 6 servings):
Calories 311; Fat: 7g (saturated fat: 0.5g); Protein: 13g; Carbohydrates: 51g; Fiber: 12g; Cholesterol 0mg; Sodium 1,040mg

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	11/11/14	11/12/14	11/13/14	11/14/14	11/15/14	11/16/14	11/17/14
12:00 PM 12:00 AM 12:30 PM 12:30 AM	Living with Heart Failure	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Diabetes Matters:Top Foods for Heart Health	Minimally Invasive Surgery for Lower Back Disorders	Diabetes Matters: Key To A Healthy Heart with Diabetes	Raising Awareness About Stroke	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy
1:00 PM 1:00 AM	Learn If You Are at Risk for Liver Disease	Diabetes Matters: New Year, New You	Diabetes Matters: Diabetes Meal Planning	Get Back On Your Feet: New Treatment Options for Ankle Conditions	Voices InHealth:The Legacy Strength Training System		Heart Irregularities
1:30 PM 1:30 AM			Cataracts and Diabetic Eye Conditions	How to Maintain a Healthy Weight: Good Nutrition is Key	Sports-Related Concussions	Lunch and Learn:Yard to Table	
2:00 PM 2:00 AM	Arthritis: Do I Have One of 100 Types?	Washington Township Health Care District Board Meeting October 8th, 2014	Important Immunizations for Healthy Adults	Washington Township Health Care District Board Meeting October 8th, 2014	How to Prevent a Heart Attack	Inside Washington Hospital:The Green Team	Washington Township Health Care District Board Meeting November 12th, 2014 (NEW)
2:30 PM 2:30 AM					Inside Washington Hospital: Patient Safety		
3:00 PM 3:00 AM	Your Concerns InHealth: Sun Protection		Crohn's & Colitis		Diabetes Matters: Diabetes & Heart Disease	Diabetes Matters: Dietary Supplements:What You Need To Know	Do You Have Sinus Problems?
3:30 PM 3:30 AM					Diabetes Matters: Diabetes Update 2014: What's New?		
4:00 PM 4:00 AM	Washington Women's Center: Cancer Genetic Counseling	Voices InHealth: Radiation Safety	How to Maintain a Healthy Weight: Good Nutrition is Key	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Diabetes in Pregnancy	Arthritis: Do I Have One of 100 Types?	The Weigh to Success
4:30 PM 4:30 AM		The Weigh to Success	Reach Your Goal: Quit Smoking				
5:00 PM 5:00 AM	What Are Your Vital Signs Telling You?	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Living with Arthritis	Your Concerns InHealth: Senior Scam Prevention	Diabetes Matters: Protecting Your Heart	Diabetes Matters: Key To A Healthy Heart with Diabetes	Where Have All The Patients Gone?
5:30 PM 5:30 AM	Cataracts and Diabetic Eye Conditions	Voices InHealth:The Legacy Strength Training System					
6:00 PM 6:00 AM	Minimally Invasive Surgery for Lower Back Disorders	Diabetes Matters: Diabetes Meal Planning	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy	Living with Heart Failure	Washington Township Health Care District Board Meeting November 12th, 2014 (NEW)	Washington Township Health Care District Board Meeting November 12th, 2014 (NEW)	Learn If You Are at Risk for Liver Disease
6:30 PM 6:30 AM		Raising Awareness About Stroke					
7:00 PM 7:00 AM	Your Concerns InHealth: Senior Scam Prevention	Raising Awareness About Stroke	Voices InHealth: Cyberbullying - The New Schoolyard Bully	Diabetes Matters: New Year, New You	Do You Have Sinus Problems?	Diabetes Matters: Diabetes Update 2014:What's New?	Diabetes Matters: Diabetes Meal Planning
7:30 PM 7:30 AM	Washington Township Health Care District Board Meeting October 8th, 2014		Shingles	Washington Township Health Care District Board Meeting October 8th, 2014		Arthritis: Do I Have One of 100 Types?	Get Back On Your Feet: New Treatment Options for Ankle Conditions
8:00 PM 8:00 AM		Meatless Mondays			Inside Washington Hospital: Patient Safety		Voices InHealth: New Surgical Options for Breast Cancer Treatment
8:30 PM 8:30 AM			Get Your Child's Plate in Shape			Deep Venous Thrombosis	Diabetes Matters:Top Foods for Heart Health
9:00 PM 9:00 AM		Diabetes Matters: Key To A Healthy Heart with Diabetes	Don't Let Back Pain Sideline You		Diabetes Matters: Dietary Supplements:What You Need To Know		Diabetes Matters: Partnering with your Doctor to Improve Control
9:30 PM 9:30 AM	Inside Washington Hospital:The Green Team	Learn If You Are at Risk for Liver Disease		Voices InHealth: Radiation Safety	Learn How to Eat Better!		
10:00 PM 10:00 AM	Inside Washington Hospital: Stroke Response Team			The Weigh to Success		Cataracts and Diabetic Eye Conditions	Living with Heart Failure

Washington Hospital Program Teams Surgical Specialists and Community Physicians in Fight against Women’s Cancer

This year, nearly 95,000 American women will learn they have cancer involving one or more areas of their reproductive system. As cancer care continues to advance and become more sophisticated, it is important that women receive the most advanced and best treatments from qualified and experienced experts. More and more, evidence shows that these factors contribute to improved outcomes.

In the Tri-City area, an advanced program is available locally to treat cancers of the female reproductive system—also called the gynecologic system. The Gynecologic Oncology Program at Washington Hospital is led by James Lilja, M.D., and Jeff Lin M.D., gynecologic oncologists with extensive training and experience in providing high level surgical care for women with cancer. The doctors work closely with gynecologists in the community to offer the most effective and appropriate treatment for each individual woman’s condition involving the organs of her reproductive system, which include the uterus, ovaries, cervix, vulva, Fallopian tubes and vagina.

“We are a resource to community physicians and are prepared to do whatever it takes to give women the best possible outcome from cancer surgery,” said Dr. Lilja, who is fellowship-trained and board-certified in gynecologic oncology. “As gynecologic oncologists, we perform the full range of surgical procedures, including the most complex treatments.”

According to Dr. Lilja, it is often impossible to confirm the extent of gynecologic cancer surgery necessary until the spread of disease is visualized during surgery. Having a surgeon who can perform anything up to the most extensive, complicated operations helps avoid the need for multiple surgeries. Additional procedures may be necessary when general OB-GYNs or surgeons perform these cases without subspecialist assistance.

“We provide an extra level of technical ability, support and assurance to the excellent OB-GYN physicians in the area who treat some potentially complicated conditions,” explained Dr. Lin, who is fellow-



Gynecologic oncologist James Lilja, MD (left) and Jeff Lin, MD (right) offer expertise and assistance to community gynecologist in providing advanced surgical care for women with cancer- right here in the community.

ship-trained and board-eligible in gynecologic oncology. “Together with these doctors, we have created a partnership that offers a higher level of oncology care for women right here in the community. This service decreases the need for multiple surgeries, travel, and being thrust into a new care environment when the patient is already anxious and overwhelmed.”

According to the Society of Gynecologic Oncology, gynecologic oncologists “have completed obstetrics and gynecology residency and then pursued subspecialty training through a gynecologic oncology fellowship. Residency takes four years to complete, while fellowship involves three to four additional years of intensive training about surgical, chemotherapeutic, radiation, and research techniques that are important to providing the best care for gynecologic cancers.”

Drs. Lilja and Lin are trained and experienced in performing minimally invasive surgery, which is often the most beneficial surgical approach. Minimally invasive surgery, which requires one or more small incisions about an inch long, is a lower risk alternative to traditional open surgery. Patients experience less blood loss, scarring and pain, as well as faster healing.

The physicians are also prepared to perform cancer staging during surgery. Staging can be an extensive and complicated procedure to remove tumors wherever they exist in the reproductive system.

“Staging can involve the lymph nodes, as well as any reproductive organ and the omentum, a fatty tissue covering the bowel where ovarian tumors tend to gravitate,” stated Dr. Lilja. “We can also reconstruct parts of the bowel or urinary tract, if needed.”

After surgery, Drs. Lilja and Lin continue collaborating with the patient’s personal gynecologist, depending on the severity of the condition. They point out that a team approach in follow-up care is important because women usually have a closer relationship with their gynecologist, who is also adept at keeping up with screenings and addressing any other gynecologic issues that may arise.

“We are happy to provide a service that patients have found to be of tremendous value in this community,” commented Dr. Lin. “Being able to partner with local physicians in providing this vital service is one of the best aspects of our program.”

Learn more.

To learn more about Women’s Health services at Washington Hospital, go to www.whhs.com.
To find out more about Dr. James Lilja and Dr. Jeff Lin, find their listing in the Physician Finder section at www.whhs.com.

Ask the Doctor

This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at: askthedoctor@whhs.com

Estrogen Replacement Therapy Worries and Non-covered Medications

Dear Doctor,
I am a 65-year-old woman and have started estrogen replacement therapy. I have heard that this is linked to ovarian cancer. Should I be concerned?

Dear Reader,
Some recent studies suggest women using estrogens after menopause have an increased risk of developing ovarian cancer. The risk seems to be higher in women taking estrogen alone (without progesterone) for many years (at least 5 or 10). The increased risk is less certain for women taking both estrogen and progesterone.

Dear Doctor,
Please address why Lisinopril (an ACE inhibitor) is not covered under workers’ compensation.

Dear Reader,
There are many reasons why medications are rationed by health care organizations (which also include government services like workers’ comp) not the least of which are related to good health. There does exist, however, a plethora of online resources available for you to purchase Lisinopril and other non-covered medications for the same amount expected from a conventional co-pay.

Mary S. Maish, M.D



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master’s degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.



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SPEAKER

Gabriel Herscu, M.D.
Vascular Surgeon
Washington Township Medical Foundation



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Seminars may be televised on InHealth, a Washington Hospital Channel (Comcast Channel 78) and online at www.inhealth.tv.

Varicose Veins

Do your veins appear twisted and bulging, like cords on your legs? Is it only a cosmetic concern? For many men and women, varicose veins and spider veins (these are the smaller and more common variation of varicose veins) makes one feel less attractive. However, it's important to note that for others, varicose veins cause aching pain and discomfort. Discover how the Washington Vein Rejuvenation Center can treat varicose veins with minimally invasive procedures. Co-sponsored by Washington Township Medical Foundation.

Tuesday, November 18, 2014
1 to 3 p.m.
Conrad E. Anderson, M.D. Auditorium, Rooms A & B
Washington West, 2500 Mowry Ave., Fremont



Stay connected to Washington Hospital through Facebook, YouTube and Twitter. Watch InHealth Channel videos, learn about upcoming events and seminars and see what's happening at your community hospital.



Athlete of the Month

Irvington High School is where the Tri-City Voice male and female Student Athletes of the Month matriculate. Athletic Director at Irvington is Michelle Stone.

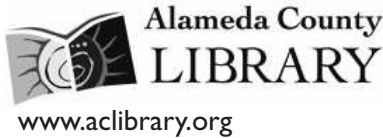
Says Walker, "I'd like to thank all of the coaches that have invested their time and energy into me throughout the years; Greg Parks, Dave Loya, Jerry Trujillo, Jack Shank, Leonard Marshall, Lew Starling, Mike Gates, BJ Hagood, Wayne Stone & Ross Eddings. Thanks to all of the amazing players that I've been able to play with! And most importantly, I'd like to thank my family. Thank You!"

A group of female athletes in blue and yellow uniforms are running a race on a dirt path. The athlete in the foreground has bib number 2465, and the athlete next to her has bib number 2056. They are all wearing blue singlets with yellow trim and blue shorts. The background is a blurred dirt path with some greenery.

A portrait of a young woman with dark hair styled in a braid, smiling warmly at the camera. She is wearing a white t-shirt that features a blue circular logo with a white bridge design, likely the Golden Gate Bridge. The background is a bright, sunny outdoor setting with trees and a clear blue sky.

Before each meet, Rickey wears Adidas socks during warm-ups then switches to blue Champion socks for the race. Although she lives in the American High School District, she attends Irvington because she applied for and was accepted into their art program.

John Murray
Strength and Conditioning Coach



SUBMITTED BY
GARY MORRISON AND
SALLIE PINE

Libraries have always been a central place for people to get health information. In that spirit, Alameda County Library will be providing assistance to consumers and small business operators who want information or enrollment help with Covered California, before the February 15, 2015 Open Enrollment deadline. The assistance will be provided by Covered CA certified educators and enrollers, and is free and confidential. A partial list of our local partners includes the Tri-City Health Center and the Tiburcio Vasquez Health Center.

Over the next three months, Californians can purchase health coverage, often at subsidized rates, regardless of any pre-existing medical conditions. Last year, 1.2 million people signed up during the open enrollment period. This year, Covered California expects 1.7 million people to obtain coverage under the Affordable Care Act.

Individuals who make \$45,960 or less a year and families of four that make \$94,200 or less may qualify for financial assistance. More than 80 percent of the consumers who purchased insurance through Covered California last year received subsidies that cut their monthly premiums by an average of \$350. An additional 2 million received coverage through the expanded Medi-Cal program. As a result, the number of uninsured Californians was cut in half, from 22 percent to 11 percent of those eligible for insurance.

Ready to enroll or have questions? You can find answers and sign up at these Alameda County Library locations:

Fremont Main Library
2400 Stevenson Blvd.
(510) 745-1401
Saturdays, 10 a.m. - 1 p.m.
11/29, 12/13, 12/27, 1/10,
1/24, 2/7

Newark Library
6300 Civic Terrace Ave.
(510) 795-2627
Tuesdays, 3:30 p.m. - 6:30 p.m.
11/25, 12/9, 12/23, 1/13,
1/27, 2/10

Union City Library
34007 Alvarado-Niles Rd.
(510) 745-1464
Sundays, 1 p.m. - 4 p.m.
11/23, 12/7, 12/21, 1/4,
1/18, 2/1, 2/15

This is also offered at our Albany, Castro Valley, Dublin and San Lorenzo libraries. For dates and times at those locations, contact them directly. Phone numbers and hours can be found at <http://www.aclibrary.org/>

To enroll, you'll need to have the following items with you:

Proof of Citizenship (Social Security Number, Alien Number or Naturalization Number)

Employer and income information for everyone in the family (such as pay stubs or W-2 Form)

Federal tax information (such as a Form 1040)

Information about health insurance that the applicant or any family member obtains, if offered through a job.

Want to do a little exploring online first? Visit Alameda County Library's online resources at: guides.aclibrary.org/health. Scroll down to visit the source at CoveredCA.com, where they offer options for exploration, a phone number to call and a link to chat. Also included on the Library's guide page are links to ObamaCare Explained: a Guide for Californians from KQED and the California Report, the CA Dept. of Managed Care Help Center, and more.

Additional event locations, dates and times throughout California can be found at: www.CoveredCA.com/events.

Hayward Knights of Columbus receive top award



SUBMITTED BY RONALD YTEM

The Knights of Columbus of St Joachim Council 15317, Hayward, has earned the distinction of Triple Star Council, for fraternal year 2013-2014. This announcement was made by the Supreme Office of the Knights of Columbus, based in New Haven, Connecticut. The award was presented by the District Deputy for Hayward, Romeo Cabrera, at the recently concluded Parish Family Night at St. Joachim on October 25.

Carl A. Anderson, Chief Executive Officer of the Knights of Columbus, said, "Please accept my sincere congratulations upon attaining this prestigious award. Your dedication to the Order is seen in the high standard of excellence you have achieved. I encourage you to carry forward this enthusiasm to meet the challenges that will face the Knights of Columbus in the years ahead. May this award be a reminder and an inspiration to the members of your council to continue to promote the ideals of Columbianism for the good of the Church, your community, and your Order."

Immediate Past Grand Knight Ron Ytem and Grand Knight Ian Ytem, head of St. Joachim Council 15317 proclaimed, "Receiving the Triple Star Council Award is quite an honor for us. We're extremely proud of this accomplishment."

The Knights of Columbus is the world's largest Catholic lay organization. It provides members and their families with volunteer opportunities in service to the Church, their communities, families and young people. With more than 1.8 million members in over 15,000 Councils around the world, the Knights of Columbus annually donated more than \$170 million and 70 million hours of service to charitable causes.

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Shining the light on Animal Abusers

BY NANCY LYON

It's hard for the majority of people to comprehend cruelty to children or animals, yet this dark corner of humanity exists as a serious problem in this world. In fact, intentional cruelty to animals is a serious problem in the United States and is often a re-occurring offense. How we respond to these unacceptable acts rests with an overwhelming public call not only for justice for the abuse victims have endured but finding means to prevent perpetrators from repeating their crimes.

In 1994, the assault and murder of 7-year-old Megan Kanka by a neighbor, who unknown to her family was a registered sex offender, caused such public outcry that it afterwards led to the nationwide introduction of "Megan's Law," and while it varies in form, all states now require law enforcement to disclose details relating to the location of registered sex offenders and makes access to this information publicly available.

Until recently there haven't been similar laws in place to protect animals from offenders inflicting more cruelty. Suffolk County in New York, recently moved to create the nation's first animal abuse registry. It requires individuals convicted of cruelty to animals to register or face jail time and fines. This not only helps to protect animals but could end up protecting human lives; it's documented that most serial killers like the infamous Jeffrey Dahmer, Ted Bundy, and David Berkowitz, to name just a few, started out torturing animals.

Suffolk County's database will be funded by a \$50 fee paid by

convicted abusers. All abusers 18 or older must supply authorities with their address, a head-and-shoulders photograph and any aliases. Convicted abusers will remain on the registry for five years. Those failing to register face up to a year in jail and a fine of up to \$1,000. Subsequently, two other New York counties have implemented similar protection laws tracking serial animal abusers.

The New York registry will be online and open to the public, so that animal guardians can find out whether someone living near them is on it. Cases have shown that some animal abusers have been known to steal their neighbors' "pets." Suffolk County legislator Jon Cooper, author of the bill, is also pushing legislation that would bar anyone on the registry from buying or adopting a pet from a shelter, pet shop or breeder.

In Maryland, a similar bill being considered is called "Heidi's Law," after a seven-month-old Golden Retriever puppy was shot four times while playing on her farm in Frederick County. The bill's author Maryland State Senator Ron Young stated "I'm not trying to brand someone for life, just to put the warning flag up and keep pets away from them." The online list will also be open to the public, so that animal guardians can find out whether someone living near them is a convicted offender.

Not everyone has been in support. In Colorado legislators rejected a similar bill that would have required animal abusers over the age of 18 to register their address, name and photo for police and public records similar to what is re-

quired of sex offenders. Lawmakers questionably based their decision on the premise that the bill might unfairly stereotype animal abuse offenders while supporters argued that animal abusers are often at a higher risk of committing other serious crimes. A factor in the Colorado decision may have been that the Department of Public Safety would incur a one-time cost of \$160,000 with income expected to generate less than \$5,000 per year.

The Animal Legal Defense Fund (ADLF), located in Cotati California, has created a petition on their website that assists people to demand that their state participate in ADLF's Do Not Adopt database that would require convicted animal abusers to register in their communities. This would provide an invaluable tool that would help shelters, rescues, and people trying to safely place their animals on public forums like Craig's List with current information on whether potential adopters have a history of animal cruelty. If implemented it would go a long way in preventing innocent animals from unknowingly being given over to animal hoarders and violent individuals looking for victims of their heartbreaking crimes.

A quote by an animal rescuer says it all, "We take care of our animals and love our animals the way you do your children, and we need to protect every animal that's out there because they don't make the decisions in their life; humans do."

We urge you to read and support ADLF's Do Not Adopt petition: http://org2.salsalabs.com/o/5154/pl/dial/action/public?action_KEY=1683

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Written by Lisa Hallas

Watercolor Illustrations by Rupal Patel

As a first-time author of children's books, Fremont local Lisa Hallas penned a series of stories that will inspire kids to become fearless when it comes to dealing with their own worries and fears. Hallas will be reading parts of the first three stories of the Fearless Fifteen series—starring Sam the Snail, Fred the Fish, and Rosey the Raccoon—at Half Price Books' "Booksgiving Day" event on Saturday, November 22.

Sam, Fred, and Rosey have fears and worries just like any of us. Sam the Snail is afraid of small spaces, which makes it hard for him to bond with his family

Booksgiving Day



and friends. Fred the Fish worries a lot, and Rosey the Raccoon feels nervous about starting summer camp. How will our animal friends overcome their worries and fears?

Hallas was inspired to write for her daughter, who "was having a hard time finding Early Reader books she enjoyed reading that would transition her to chapter books," she says. She soon realized that there were no Early Reader books available that encourages kids to conquer their fears, while teaching the basic fundamentals of learning how to read. This led her to write and self-publish the Fearless Fifteen series. Four additional books will

complete the series, with Volume 2 set to be finished by 2015.

Hallas is a mother of two and enjoys a career in marketing and communications. Fearless Fifteen featuring Sam the Snail, Fred the Fish, and Rosey the Raccoon, is available on www.amazon.com. For more information, contact Hallas at fearlessfifteenauthor@outlook.com.

Hallas will be donating a few copies of her book during the event. The books donated on "Booksgiving Day" are part of Half Price Books' Million Book Donation Project, which has donated more than 1.3 million books to nonprofit organizations and schools in 2014.

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Homes needed for rescued Horses

SUBMITTED BY
GWENDOLYN MITCHELL/LAUREL ANDERSON

On Wednesday, November 19, County of Santa Clara Animal Care and Control will begin accepting applications from interested and qualified individuals and horse rescue organizations to adopt more than 30 rescued horses. Applications and fees will be posted online at www.sccountypets.org. The horses were surrendered by their owner following the Santa Clara County District Attorney's charge of felony cruelty to animals.

"For now, Animal Care and Control has assumed care and feeding of the horses until the horses can be placed in new homes," said Amy Brown, Director, Consumer and Environmental Protection Agency. "We will be screening applicants to make sure that potential adopters can properly care for the horses."

Community to remember those who died while homeless

SUBMITTED BY
PAUL T. ROSYNSKY

Abode Services will remember Alameda County residents who died last year while homeless during a candlelight vigil at St. James' Episcopal Church on Friday, November 21. The candlelight vigil is one of a series of activities the nonprofit is organizing in conjunction with National Hunger and Homelessness Awareness Week, a national campaign to raise awareness about homelessness.

The event is open to the public and will give the community a chance to honor the lives and dreams of the men and women who died in the last year while struggling to find a home. It will also provide an opportunity for the community to learn more about how we can work together to bring an end to homelessness.

"We should not have people dying on our streets because they could not find a place to live," Abode Services Executive Director Louis Chicoine said. "It's a troubling occurrence that we need to end."

Speakers at the candlelight vigil will include Alameda County Supervisor Scott Haggerty, who was recently appointed chair of a taskforce at the California State Association of Counties that will focus on policy regarding homelessness, and Abode Services Executive Director Louis Chicoine. Rev. Lori Walton from St. James' Episcopal Church will lead the group in an interfaith prayer.

"Alameda County has made a commitment to ending homeless-

ness and we can't do it without our community-based partners, like Abode Services," said Supervisor Scott Haggerty, who will also serve dinner with staff, Tuesday evening, to residents of Abode Services' Sunrise Village Emergency Shelter.

Other events being organized by Abode Services include a week-long food drive and the "Feed Your Soul" performance night at Mission Coffee on Thursday, November 20, at 7 p.m. Guests are encouraged to bring non-perishable canned goods to both the vigil and performance night.

For more information about the candlelight vigil and other local events during National Hunger and Homelessness Awareness Week, contact Rosa Baeza, development coordinator, at (510) 657-7409 ext. 220 or rbaeza@abodeservices.org. Visit www.abodeservices.org to find out what you can do to help end homelessness.

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History

1933 or the Great Depression

The economy was the big news in 1933. The state legislature was waging a battle to save California from bankruptcy. Schools became targets for attacks. Washington High School was embroiled in public turmoil because teachers who drove bus had two jobs, and many people had none. Editorial criticism was front-page news. Salaries were listed on the front page of the Township Register under the headline "Fancy Salaries for these Tough Times." The board prepared a new salary schedule with cuts up to 20%.

Norman Parks who was the editor of both the Township Register and the Pleasanton Times wrote that it was difficult for small papers to survive because the radio was taking away so much of the advertising money. (You may be thinking just wait

Frank Vargas Srand Jr plowing peas

Pork chops were 10 cents a pound and sirloin steak 15 cents at McMarr's meat department. Safeway advertised peanut butter for 19 cents a quart, coffee 17 cents a pound, peaches 9 cents a can, lettuce 5 cents a head, soap 5 cents a bar, prunes 5 cents a pound and bananas 4 cents a pound.

Someone stole a pair of shoes from a Niles store. A writer presumed that it was probably a transient. These transients were a problem but they probably got blamed for many problems whether or not they were the cause. The Welfare Club advertised that they needed warm clothing.

March brought some changes. Governor James Rolph declared a three-day bank holiday. Franklin D. Roosevelt was inaugurated as president with promises of relief, recovery and reform through his "New Deal."

Local citizens did not wait for the government to solve all the problems.

Women held forums on current social and economic af-

fairs. Parent groups provided free milk and clothes for needy school children. Businessmen renovated and painted their stores. The Niles Chamber of Commerce held charity benefit card parties. The Welfare Club gathered and repaired clothing. The Washington Township Democratic Club was organized to support the government. Mass meetings were

John and Tony Oliveria on Hetch Hetchy pipeline

till you see what happened when television and computers dominated the financial world.)

Times were tough. Stores ran in the red. Savings vanished. Those who had jobs took salary cuts. Everybody complained about taxes and called for relief. Farmers couldn't remember their last profitable crop. Swarms of caterpillars stripped the leaves

Schuckl cannery workers

from fruit trees. Peas sold for 1 2 cent per pound and apricot thinners were paid \$1.75 per day.

Joseph Pearce opened his cannery in Decoto in January to provide 50 to 60 men with jobs canning spinach three days a week. The county announced that they would put over 4,000 unemployed men to work on county roads, and Schuckl cannery at Niles was scheduled to employ 125 people canning fruit salad. Several men were erecting the new Hansen Lumber Company building in Niles. Others were at work spraying and pruning in the numerous orchards in February. The W. S. Dickey Clay Manufacturing Company opened and brought further relief to the Niles area. Some men who could not find jobs went to the gold fields where they could make \$4 or \$5 per day.

Prices in stores were cheap.

held by 500 taxpayers to force economy in government and bring some relief from the depression.

The pea harvest was halted in April by an organized strike of pickers. Police officers used tear gas to break up demonstrations on the Henry May Farm. Charitable groups moved to stop aid for all who refused to work for current wages. The low prices paid for peas made it almost impossible for farmers to harvest. Officers questioned nearly 100 Mexican crop workers at Alvarado and deported several illegal immigrants. Apricot growers organized to take advantage of government aid.

An earthquake May 16 toppled chimneys, broke windows, cracked plaster and opened small fissures on First Street in Niles. The front of Joe's Corner was damaged, and goods in Nile

stores were shaken off shelves.

Township residents voted 1885 to 221 to repeal the 18th amendment (Prohibition). Business houses joined the National Recovery Act, and the California Nursery landed the Sunnyvale landscaping job. The Hetch Hetchy pipeline was completed through Washington Township. The concrete plant in Niles closed, and the Kraftile plant burned. Floodwaters were directed into the gravel pits to raise the water level, and the ladies in Niles started their own baseball team.

It was not so easy to be merry this Christmas but the year ended with hope. Rows of Christmas trees along storefronts added to the sparkle of the decorated trees. Deer hunting was the best that it had been in years. More land was put into production, and the hills were cultivated. Christmas sales exceeded the 1932 level, and citizens looked to 1934 as the year that would ease the financial pain and bring back prosperity.

The Marlo Cannery in Decoto gave a Christmas party for 500 children with packages of candy and fruits. Then they gave a separate evening party for adults. The Druids advertised a Christmas party at Anderson's Hall in Centerville.

December 31, 1933 a Niles writer voiced a "hope that the year 1934 may ease somewhat the financial pains that this year has brought on most everyone."

PHILIP HOLMES

PEEK INTO THE PAST

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Photos courtesy of
The Museum of Local History

Counseling Corner

The Incredible Hulk Within Us

BY ANNE CHAN, PhD, MFT

Man gets angry, transforms into a raging, powerful creature, beats up evil people, and justice is served! So goes the predictable story line of the Incredible Hulk show, which featured the mild Dr. David Banner metamorphosing into the massive green Hulk and getting his vengeance on those who had angered him. As a kid, I longed for a Hulk of my own, my very own secret weapon to unleash whenever injustice occurred. My Hulk would have come in handy whenever teachers or friends annoyed me. Little did I know that I have an Incredible Hulk within me. So do you. So does every human, regardless of gender, race, age, and background. We may not physically transform into gigantic green monsters, but when triggered, a part of our brains can immediately flood us with emotions and we “become” Hulk-like creatures that act, feel, and even think very differently than our non Hulk-like selves. Our Hulk selves can feel and behave with incredible intensity and power, just like David Banner’s Incredible Hulk.

Don’t believe me? Well, see if you can relate to the anger reactions in the following scenarios:

- Your lazy suck-up co-worker throws you under the bus when a project is delayed. As she smiles winningly at the boss and smugly at you, you find yourself hating her so much that your fists are clenched beneath the conference table. She’s lucky they don’t allow people to bring weapons to work.

- At Thanksgiving dinner, your Mother-in-law makes a remark about your weight (a subject you really don’t want to discuss, especially when you are about to eat your second serving of pecan pie). At that moment, Mommy Dearest-in-law becomes your worst enemy in the world

- Your child has gone out of his way to do something that you specifically asked him not to do. Plus, he didn’t finish his homework and just brought home a report card filled with “F’s.” You are so angry you chew him out.

- Your partner made an insensitive comment about you in front of your friends and family. You are so humiliated and mad you fantasize about calling a divorce lawyer (and/or packing up your belongings and leaving).

- Your partner appears to be flirting with a better-looking-than-you someone at a party and you are suddenly seized by an overpowering rage.

Each of these scenarios illustrates the dramatic transformation that takes place inside our brains whenever we sense threat – we become the Incredible Hulk and the people who are “attacking” us instantly become our sworn enemies. It’s quite remarkable how quickly and decisively this transformation happens – one moment, a loved one is loved, and the very next moment, that same loved one is hated and repulsed. One instant, we’re the meek David Banner and everything is rosy; the next instant, we’ve morphed into the Hulk and everything is evil and has to be destroyed.

It’s wrenching as well as bizarre that someone you love can suddenly feel like a deeply hated enemy. Yet,

it’s also an instinctive and natural response that happens because our brains are hardwired to respond in this way. The part of our brain (called the amygdala) that is on alert for any threat has the job of priming us to respond instantaneously when it senses danger. Evolutionary biologists note that the amygdala was critical to survival since our early ancestors had to be quick to flee or fight if a tiger suddenly showed up at the cave entrance or if a herd of rhino stampeded. The minute our ancestors sensed a threat, they were primed to fight or to take flight. Their amygdalas were like the smoke detectors in our residences – they served the critical function of alerting them to make instant survival decisions. This was a necessary response for surviving as a species – if our ancestors did not have amygdalas, they would likely have become lion chow and the human race would not have continued.

Most of us in the Tri-City area don’t live in caves or the savannah anymore, but our amygdalas are still present in our brains and are still on the alert for danger. Brain scans have shown that our amygdalas are so sensitive and finely tuned that they will activate when we’re shown scary pictures, even if these are split-second images.

Our amygdalas help to explain the Incredible Hulk phenomenon – most of the time, we’re calm and happy and loving. However, the moment something threatening happens, say a loved one makes a thoughtless remark, our amygdalas activate and in less than a second, we now see them as a threat and an enemy.

Here’s our conundrum – we are programmed to act instantly when threatened, yet our Hulk selves do not usually provide the best responses. Unlike the Incredible Hulk, we generally do not get optimal results when we rage, destroy property, yell, tear our shirts off, and kill people.

So what is a furious Hulk to do?

The answer is simple, yet very difficult to execute – do not respond to your Mother-in-law, partner, child, or boss, when you are in Hulk mode. Another way to put this – don’t give into your instinctive reactions when your partner, child, etc. have morphed into the enemy.

Like I said, this sounds simple but is exceedingly hard to do because we are primed to react when triggered. BUT reacting instinctively to perceived threats is likely to get you into even more trouble. Next column, I will give you some practical strategies to calm down when you’re the raging Hulk mode.

Remember this at the Thanksgiving table – when someone starts feeling like an enemy to you, do not respond in kind. Get a glass of water, leave the table, or even go for a walk – wait until the Hulk has calmed down and you can think things through a bit more clearly. If we could all do this, family gatherings would be a lot less tense and a lot more fun. Have a Hulk-free Thanksgiving, everyone!

Anne Chan is a career counselor and licensed psychotherapist in Union City. She specializes in helping people find happiness in their careers, lives, and relationships. Her website is www.annechanconsulting.com
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Raiders honor military veterans

SUBMITTED BY MICHAEL L. EMERSON

On Sunday, November 9, 2014, the Oakland Raiders played against the Denver Broncos in a military Veterans Appreciation game; several local Bay Area veterans were honored. The following veterans, along with six others from distant parts of California, were honored at a sold-out game:

- U.S. Navy World War II and Korean War Veteran Mickey Ganitch (San Leandro)
- U.S.Army Vietnam and Desert Storm War Veteran John McPartland (Castro Valley)
- U.S.Army Iraq and Afghanistan War Veteran Jason Manella (Hayward)
- U.S. Marine Corps Desert Storm/1st Gulf War Veteran Michael L. Emerson (Hayward)



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BUSINESS

Immigration - Sources: Executive order to affect millions

By ALICIA A. CALDWELL
AND ERICA WERNER
ASSOCIATED PRESS

WASHINGTON (AP), President Barack Obama is poised to unveil a series of executive actions on immigration that will shield possibly around 5 million immigrants living in the country illegally from deportation, according to advocates in touch with the White House.

The estimate includes extending deportation protections to parents and spouses of U.S. citizens and permanent residents who have been in the country for some years. The president is also likely to expand his 2-year-old program that protects young immigrants from deportation.

Timing of the announcement is unclear, though it's expected before the end of the year. White House Press Secretary Josh Earnest said Obama would review final recommendations after returning from his Asia trip next week.

Congressional Republicans are strongly opposed to Obama's plans, and as lawmakers returned to Capitol Hill this week following midterm elections in which the GOP retook the Senate, conservatives made plans to push for language in must-pass spending bills to block the president from acting. Some Republican leaders warned that the result of such a push could be another government shutdown like the one last year over Obama's health care plan.

The advocates, who spoke on condition of anonymity ahead of a public announcement, said that final details of the plan remained in

flux. But the White House is likely to include parents and spouses of U.S. citizens and permanent residents, stipulating that they've resided in the U.S. for some period of time — possibly as little as five years. That group totals around 3.8 million people, according to the Migration Policy Institute.

Although Obama is not able to grant citizenship or permanent resident green cards on his own without congressional involvement, he can offer temporary protection from deportation along with work authorization, as he is done in the past.

Adjustments also are expected to the existing Deferred Action for Childhood Arrivals program that allowed immigrants under 31 who had arrived before June 2007 to apply for a reprieve from deportation and a work permit. More than 600,000 young immigrants have been shielded from deportation to date under the program. Removing the upper age limit so that applicants don't have to be under 31 is one option under consideration, according to advocates — would make an additional 200,000 people eligible.

Other adjustments to immigration programs are expected, including possible changes to visa programs to speed up issuance of visas for high-tech workers or others.

Changes are also expected on the law enforcement side, including to a controversial program called Secure Communities that hands over people booked for local crimes to federal immigration authorities. A former administration official with

knowledge of the plans said the Secure Communities program would be eliminated or at least renamed, although some of the concepts would remain. Priorities for immigrants to be picked up by immigration authorities will also be revised to eliminate some of the less serious conduct that previously would have caused someone to be detained, said the former official, who spoke on condition of anonymity to disclose private details.

In an interview on CBS' "Face The Nation" Sunday, Obama said he would prefer to sign legislation that would "make sure that the millions of people who are here, many have been here for a decade or more, and have American kids, and for all practical purposes are part of our community, that they pay a fine, they pay any penalties, they learn English, they get to the back of the line but they have a capacity to legalize themselves here."

Absent such legislation, the president said, "I am going to do what I can do through executive action." He said the Homeland Security Department is "deporting people who don't need to be deported."

Advocates are bracing to embrace the long-sought changes, which Obama has delayed twice, most recently under pressure from Senate Democrats concerned about the midterm elections. At the same time they intend to keep pushing for wider protections and a legislative solution. Meanwhile, congressional Republicans are debating the best way to stop Obama.

Pan Pacific Bank announces expansion

SUBMITTED BY
KRISTIE LANE

Pan Pacific Bank (OTCBB:PPFC) recently announced its expansion into San Jose with the opening of its downtown branch at 300 Park Avenue, Suite 100. Founded in 2005 and headquartered in Fremont, the bank will offer a full suite of business banking services to the surrounding community.

AT&T stops adding Web tracking codes on cellphones

By JACK GILLUM
ASSOCIATED PRESS

WASHINGTON (AP), AT&T Mobility, the second-largest U.S. cellular provider, said Friday it is no longer attaching hidden Internet tracking codes to data transmitted from its users' smartphones. The practice made it nearly impossible to shield its subscribers' identities online.

The change by AT&T essentially removes a hidden string of letters and numbers that are passed along to websites that a consumer visits. It can be used to track subscribers across the Internet, a lucrative data-mining opportunity for advertisers that could still reveal users' identities based on their browsing habits.

Verizon Wireless, the country's largest mobile firm, said Friday it still uses this type of tracking, known as "super cookies." Verizon spokeswoman Debra Lewis said business and government customers don't have the code inserted. There has been no evidence that Sprint and T-Mobile have used such codes.

California home sales rose in October

By JULIE WATSON
ASSOCIATED PRESS

SAN DIEGO (AP), California home sales continue to climb — with the October sales tally reaching the highest it has been for that month in two years, a research firm said Thursday.

There were 36,830 new and existing houses and condos sold statewide in October 2014. That was up 1.4 percent from September, and up 1 percent from October 2013, according to CoreLogic DataQuick.

Statewide sales have inched up on a year-over-year basis for two consecutive months.

But prices have cooled since this summer, though they are still higher than the same time a year ago.

The median price paid for a home in California in October

was \$382,000, down 1.8 percent from \$389,000 in September and up 7 percent from \$357,000 in October 2013.

CoreLogic DataQuick analyst Andrew LePage said it's still a good time for those looking to buy.

"Prices in a lot of California markets have plateaued since this summer," he said.

And investors and cash-only buyers have dropped, meaning shoppers are less likely to get into bidding wars over a home.

Year-over-year price increases peaked at 29.2 percent in July last year and since then they have gradually ratcheted down, with single-digit annual gains since July 2014.

Foreclosures continue to dip over a year ago. Of the existing homes sold statewide in October, 5.3 percent were properties that went into foreclosure in the past year. That was down from 6.7 percent in October 2013.

tracker was part of a testing project that's been phased off of its network.

"This is more like a license plate for your brain," said Jacob Hoffman-Andrews, a senior staff technologist with the Electronic Frontier Foundation, a civil liberties organization that opposed the practice. "Everything you wonder about, and read, and ask the Internet about gets this header attached to it. And there are ad agencies out there that try to associate that browsing history with anything that identifies you."

For mobile users, the quest for online privacy isn't easy. Even if subscribers wanted to switch service providers to what they think is a more privacy-friendly carrier, they would likely be slapped with hundreds of dollars in early termination fees before leaving.

continued on page 11

Local company provides sustainable power

By DAVID R. NEWMAN

What do Nissan, McDonald's, and US Foods all have in common? These industry giants all use forklifts powered by clean technology. Liquid methanol fuel cells, to be precise, produced by Oorja Protonics, Inc., an innovative young company based in Fremont.

While there is no standard definition of "clean technology," it can be characterized as a highly efficient process that creates less waste, uses fewer resources, and delivers equal or better performance compared to traditional methods. Such technology can be found in a broad range of industries, including energy, water, manufacturing, advanced materials, and transportation. Examples include wind and solar energy, water filtration systems, electric vehicles, and green buildings.

Oorja Protonics, Inc., founded in 2004 by Dr. Sanjiv Malhotra, pioneered the development of a patented Direct Methanol Fuel Cell (DMFC) system. Let's break this down. First of all, what is a fuel cell? Fuel cells are similar to batteries. They produce an electrical charge from a chemical reac-

tion. Batteries have a finite amount of fuel, however, and then they need to be recharged or thrown out. Fuel cells can operate much longer and be continuously supplied with fuel, which, in this case, is liquid methanol.

So what exactly is methanol? Methanol, also known as wood alcohol, is produced from a wide variety of materials, including biomass, natural gas, coal, and emissions from factories and power plants. It is all around us – in paint thinners, windshield wiper solution, household cleaners, ink, and many other products.

Oorja, a Hindi word meaning energy, originally focused its market on the material handling industry. That means forklifts... lots of forklifts. Traditional methods currently involve switching the battery out of a forklift three times a day. The batteries are huge and expensive, and the machinery used to lift them out and recharge them is also very expensive.

Oorja's solution was to mount a fuel cell on the forklift that continuously charges the battery for the whole day. Charging and changing stations were no longer needed, saving time and money.



Product Manager Gagan Singh explains, "We installed some units at Baldor Foods in New York. They first started with five units, and they realized the cost savings was very competitive, even compared to the grid. So they installed another 10. Now they have about 50 of them operating. The same thing can be said about our other customers."

Oorja's competition comes mainly from companies producing hydrogen fuel cells. According to Singh, methanol fuel cells are more efficient, use less fuel, operate at lower temperatures, are smaller, and take less time to start. Also, since methanol is liquid, it is easier to handle and store compared to hydrogen, which is a highly compressed gas.

Having proven that their products are a success domestically, Oorja is now branching out into the telecom industry, providing backup power to cell towers worldwide. They currently have projects in Japan (Toyota is a partner), China, South Africa, and Qatar. And the list is growing. Other applications vary, from refrigerated trucks to powering entire remote villages using locally sourced methanol.

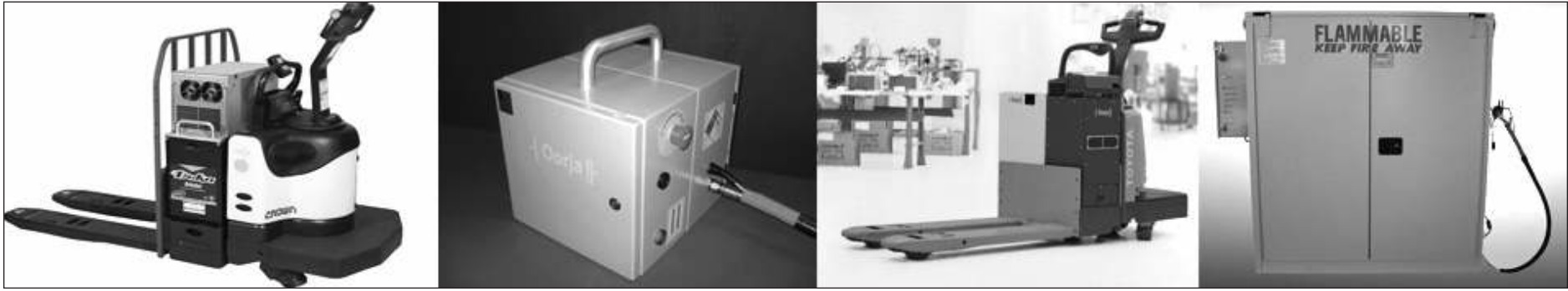
To keep up with growing demand, Oorja plans to move to a bigger facility in

Fremont next year. They will also be hiring more mechanical/electrical engineers and members of the production force (they currently employ 29 full-time employees). Their plan is to go public in 2016.

Fremont recently hosted the annual Cleantech Open, an event run by a worldwide non-profit that helps find, fund, and foster promising cleantech startups. Oorja was one of three companies chosen by the City to showcase as a model of local success. Christina Briggs, Economic Development Manager for the City of Fremont, explains, "We have almost 40 cleantech companies in Fremont. It's one of our highest prospects for growth as an industry, so we're very interested in getting to know these early stage companies and telling them Fremont's story."

Of Oorja, Briggs says, "Not only have we embraced pre-technology as a major industry cluster for ourselves, but we've also dubbed ourselves the manufacturing capitol of Silicon Valley. To show that they're a good example of both is a great story for us."

To learn more about Oorja, visit www.oorjafuelcells.com.



continued from page 10

AT&T stops adding Web tracking codes on cellphones

The magazines Wired and Forbes first reported last month that Verizon and AT&T were inserting the tracking numbers, even if their subscribers wanted to opt out. The investigative website ProPublica also discovered that Twitter's advertising arm was using Verizon's tracking codes, which could be used to build a dossier about a person's behavior on mobile devices.

Some cell providers already collect and store the approximate location of their subscribers' phones, according to government documents from 2010. That has raised alarm among privacy advocates, who fear government investigators can obtain such personal data and even track Americans' movements without their knowledge or consent.

Consumers' interest in privacy and their digital anonymity has intensified in recent years, following revelations by former National Security Agency analyst Edward Snowden. Top secret NSA documents he leaked to journalists revealed the NSA was collecting the phone records and digital communications of millions of citizens not suspected of a crime, prompting congressional reform.

On Thursday, The Wall Street Journal reported that the U.S. Marshals Service was flying airplanes above American cities to secretly collect certain cellphone information from criminals while incidentally gathering data from innocent Americans. The Justice Department would not confirm the practice, but said in a statement Friday the Marshals Service "does not maintain any databases for the purposes of retaining cellphone information of the general public."

State's pension liability growing by billions

By JUDY LIN
ASSOCIATED PRESS

SACRAMENTO, Calif. (AP) — With each passing year, California taxpayers are increasingly liable for billions of dollars more to cover retirement benefits for police, firefighters, teachers and other public employees, according to a massive amount of pension data recently released by the state Controller's Office.

A decade of financial data posted by Controller John Chiang on his open-data website, ByTheNumbers.sco.ca.gov, shows that the state's 130 public pension systems are carrying \$198 billion in unfunded liability in 2013, compared with \$6.3 billion of unfunded liability in 2003.

The systems run by the state, cities and other government agencies range from the nation's largest public pension system, the California Public Employees' Retirement System (CalPERS) with \$281.1 billion in assets in 2013, to the smallest, the City of Pittsburg Miscellaneous Employees' Retirement System of 1962, with assets of less than \$9,000.

"By pushing our state into the digital age of providing knowledge and information, I hope to empower greater citizen participation in how government handles a policy matter which is central to California's long-term prosperity," Chiang said in a statement.

Chiang, a Democrat who recently cruised to victory in the state treasurer's race, has been using his position

as the state's chief fiscal officer to make government records transparent and accessible. In a recent audit report, he criticized CalPERS for a passive approach that he said invites abuse.

The website allows users to compare data from multiple pension systems, track trends over the past 10 fiscal years and download raw data.

The controller warns that many of the state's public pension systems are unhealthy. In 2013, there were 17 plans that were underfunded by at least 40 percent, and another 45 were funded between 60 and 80 percent. Only 22 were funded at over 80 percent, the benchmark often used to measure solvency.

The state is also responsible for a growing number of retirees. In 2003, there were 816,208 retired workers drawing pensions from defined benefit systems. In 2013, the number of retirees had grown to 1.22 million.

"CalPERS' leaders have done a lot of work over recent years to improve and ensure the long-term sustainability of our system," said Rosanna Westmoreland, a spokeswoman for the fund, "and we think the controller's database is a welcome tool to help inform policymakers and the public about the health of public pensions."

CalPERS reported \$57.4 billion in unfunded liabilities for 2013.

A message left for Service Employees International Union Local 1000, the largest state employees union, was not returned Friday.

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SHINING A NEW LIGHT ON MEMORY LOSS

Masonic Home residents will contribute to a national study

Alzheimer's disease and other forms of dementia gradually distort cognition, memory, and behavior, changing the ways in which patients interact with the world around them. Those who care for memory-impaired patients understand that memory loss is never a simple diagnosis – it's a nuanced condition that impacts each person differently. In order to help memory-impaired patients manage their condition and grow within it, caretakers must find new ways to meet these specialized needs. And, care must be proactive as well: New brain-strengthening technologies seek to bolster lifelong cognition.

At the Masonic Home, Memory Care Program Manager Christina Drislane has implemented a number of experiential strategies to spark residents' interest and engagement. In the Traditions program, which serves residents suffering from advanced dementia, horticultural therapy has shown promising results. For residents who were formerly homeowners and farmers, the tactile familiarity of working with plants and soil evokes memories while offering a tangible link to the present. Other residents flourish during lively karaoke sessions of classic favorites, by playing card games, or painting.

"We want to find moments of connection each day, chances to let our residents' real personalities shine through," Drislane says. "We just need to create opportunities for it."

In addition to creating these opportunities for residents with existing memory impairments, there is a campus-wide effort to boost awareness of the importance of brain fitness to help keep residents' memories sharp as they age. In line with this commitment to memory care, the Home is joining forces with a like-minded partner, the Brain Emporium, to help bring the best of memory care to residents – and to help residents make a difference for future generations.

Founded by T.J. McCallum, Ph.D., of Case Western University in Ohio, the Brain Emporium program helps seniors improve different areas of cognition, from memory and processing speed to language. McCallum's philosophy is that by engaging in games and activities that stimulate the brain, seniors can exercise their minds, helping strengthen internal connections that can help preserve cognitive function – and



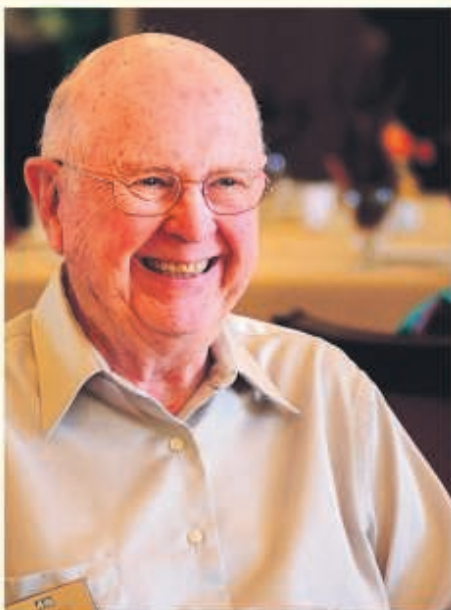
even improve it. His research has shown consistently positive results for seniors, as well as younger adults who have suffered from strokes and head injuries.

Still, because of limited data, the Brain Emporium is very much a work in progress – and that's where the Home comes in. At the Home's "Brain Fitness Gym," residents will participate in a variety of tech-savvy activities designed by the Brain Emporium to strengthen brain function. Detailed data from their progress over time will be collected and shared with scientists on McCallum's team to provide a long-term overview on the program's effectiveness.

While there is no cure for Alzheimer's disease, it is hoped that through crucial research like McCallum's, scientists will learn more about how to strengthen the mind so that older adults can enjoy a better quality of life. For residents at the Masonic Home, the benefit of the program is two-fold: When they "log in" at the Brain Fitness Gym, they are both helping to strengthen their own minds and contributing to an important initiative to transform global knowledge about the aging process. When their cognition shows progress, it will signify hope for the new programs' effectiveness.

As Mary Contois, the Home's RCFE and memory care administrator explains, "Memory strengthening tools are the wave of the future."

To learn more about the Home's philosophy of care, visit masonichome.org.



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continued from page 13

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Succulents use less water, are low maintenance and come in different colors and textures. “[They] can be planted in almost anything,” said Esquivel. “Low bowls, to tall containers, hanging baskets and even wreaths. I like Sedum Fine Gold for a low spiller type plant in containers.” Planter boxes made with cedar can be any size that fits your needs. There are several plants that do well in containers, such as Echevarias, Sempervivum, Sedum Kalanchoe, Aloe, Agave, and Aeonium.

Hanging plants can make great accent pieces. These pulp or bushel baskets can include flowering plants like marigold, petunia or snapdragon, fruit, vegetables or herbs. However, if your space is

mostly shaded, try English ivy, Periwinkle or Fuchsia. Don't forget that hanging plants have a tendency to dry out faster, so keep them well watered and check on them daily. Camellias, Sweet Flag, Azaleas, Coral Bells, and Bergenia also flourish in shade.

Finishing touches can include garden gnomes or fairies, a hummingbird feeder, solar garden lights, and a small waterfall. “Adding water is a great way to create a garden oasis,” said Williams-Courtright. “This could be as simple as a stone with a hollow, a bird bath or pondless fountain jar.” Plant a miniature cactus or bromeliad in a glass vase with some polished stones and you have an instant centerpiece for your outside table.



Above: Wall planter made with Wallys
Photo courtesy of Jacquie Williams-Courtright, Alden Lane Nursery



Strawberry pulp pot.
Photo courtesy of Nick Esquivel, Almaden Valley Nursery



Lettuce pulp pot.
Photo courtesy of Nick Esquivel, Almaden Valley Nursery



Newark Rotary Crab Feed

The Newark Rotary is about to break crab claws with the community once again at its annual Crab Feed. Serving as the Club's major fundraiser, the event aims to raise \$30,000 for local nonprofit organizations including Viola Blythe Community Services Center, Abode, Life Elder Care, and Tri-Cities League of Volunteers. The Crab Feed is a popular event that typically fills up every year with around 600 community members and groups packing out the Newark Pavilion.

Raffle prizes and a live auction will be part of the event, with a special fund-a-need appeal for Music for Minors II, a nonprofit volunteer organization which provides music enrichment programs for pre-school through elementary school students. Organizers hope to raise \$3,000 to \$4,000 for the program.

A limited quantity of tickets is available for the Crab Feed and they go fast! If interested in attending, contact Newark Rotary President David Zehnder at (510) 578-4405. Sponsorship opportunities are also available for those wishing to contribute.

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continued from page 1

Sheriff Deputies Dig Deep to Create Jobs

ing share of Alameda County residents. The plan calls for hiring up to 40 people in farming, food service, logistics, and retail operations. Since it began in 2010 with less than an acre, Dig Deep Farms has employed more than 35 full and part-time employees.

The idea sprouted with Ashland and Cherryland residents who wanted to create community gardens. Residents turned to the Sheriff's Activities League for support after DSAL's success in launching youth soccer leagues and growing them from 500 participants to 1,300 players in Ashland and Cherryland, unincorporated communities in the Hayward, San Leandro area.

Deputies saw community gardens and farming as a way to create jobs and reduce recidivism among people who complete jail stays and return to Ashland and Cherryland to live. Recidivism is high in California; people who have served time have a greater than 50 percent chance of re-incarceration, most often within the first six months of release. Incarceration and recidivism are higher in some areas of Alameda County, including Ashland, Cherryland, and West Oakland.

"Research shows eight criminogenic factors that increase the likelihood a person will return to prison," says Lt. Marty Neideffer, founder of DSAL. Two key factors that lead to repeat crimes are substance abuse and low levels of achievement in school and work. Dig Deep Farms is committed to hiring from the Ashland and Cherryland areas, which has higher unemployment rates compared with other areas of the county.

For people coming out of jail, Dig Deep Farms offers four-to-eight week internships. Internships provide a daily workplace where participation and involvement is valued, and people have the opportunity to feel productive, gain new skills and network to find permanent jobs while linking with social services. Currently, Dig Deep Farms provides work for 10 interns in addition to its seven full-time employees. They also offer summer internships to 10 or more youth.

Dig Deep Farms has expanded its farm-

land to six acres, growing organic fruits and vegetables, including a "food forest" of 500 fruit trees. Planted on land in the San Leandro hills near an Alameda County Juvenile Justice facility, the trees are expected to be harvest-ready in three years. Access to the land required cooperation among several county agencies including general services, probation and the sheriff's department. Employees of Dig Deep Farms call this plot City View for its sweeping view of San Leandro and San Francisco Bay. Winter crops of broccoli, cabbage, cauliflower, collards, lettuce, and spinach were planted there, starting in December 2012.

Farming first began on a parcel adjacent to Alameda County Fire Station 3 on 164th Avenue in Ashland where squash was grown, among other plants, for sale to restaurants and individual customers. Another Ashland plot lies behind Pacific Apparel Clothing Store on East 14th at the corner of 163rd Avenue.

Dig Deep Farms sells its produce at food stands at four Alameda County Social Services Agency locations in Oakland and Hayward weekly. This meets their objective of providing fresh, affordable produce for sale—farmer's market style—to customers least likely to find fresh fruits and vegetables in neighborhoods where they live.

Through a Community-Supported Agriculture (CSA) division, Dig Deep Farms offers a grocery bag of fresh produce for weekly pickup at central locations in Oakland, Castro Valley, and Hayward, including Chabot College. The CSA division expanded this month from 40 customers to 150. As Dig Deep Farms' website gains momentum, Development Director Deagon Williams expects the program to continue expanding.

By next spring, Williams—a Paris-trained chef who operates Culinary Business Strategy in Oakland and consults as a client services manager for Small Business Development Centers of Northern California—plans to launch a new division with consumer-packaged goods available on grocery store shelves as early as next spring. Items will include strawberry jam and pickles. A Community Development Block Grant, awarded in July 2013, is supporting conversion of a warehouse into a food hub for packing and distribution, and a commercial kitchen for packaged-food preparation.

In still another facet of the enterprise, Dig Deep Farms has worked with health care services, including Tiburcio Vasquez Health Center in Union City to provide fresh fruits and vegetables as a way to address nutritional needs of women during pregnancy. They also provide food bags for pediatric patients at Highland Hospital.

Up to \$2 million in grants from a range of regional and national donors—including the San Francisco Foundation, United States Department of Agriculture, Kresge Foundation and Kaiser Permanente—has helped to fund the social enterprise. However, Dig Deep Farms is designed to ultimately become self-sustaining.

The California State Association of Counties awarded Dig Deep Farms the Innovation Award for 2014. Recognition goes to "every agency in the county for playing some critical role in building Dig Deep Farms," says Lt. Neideffer. Neideffer calls the social enterprise a "team effort" with county agencies joined by a host of community partners, including Tri-Valley ROP, Hayward Area Recreation and Park District, and Cherryland Community Association, among others.

Crime-fighting is a complex endeavor, yet Dig Deep Farms may have found an unusual niche, focusing on economic development to curb crime and reduce recidivism while serving up health.

More information about food stand locations and delivery services is available at www.digdeep-farmsproduce.org.



Drive Thru Prayer debuts

SUBMITTED BY
AMY WILHELM

Where can you go if you are feeling grief over the loss of a loved one, the diagnosis of a terminal illness or anxiety over the loss of a job? Drive Thru Prayer at Holy Spirit Catholic Church in Fremont, debuts just in time for the holiday season. No need to be Catholic, just drive through the parking lot from 5 p.m. - 6 p.m. on Monday-Friday, and a caring, compassionate person will be waiting to listen and support you in the comfort of your vehicle. The program began on November 17 and is scheduled to run indefinitely.

Fr. Mathew Vellankal, the pastor at Holy Spirit says, "This is an innovative idea that could catch the attention of desperate

seekers who drive by the sign who might be looking for a prayer." He continues, "There are lots of people who want to turn to God while in crisis. This ministry could welcome unchurched people who do not automatically seek out churches for help. So this seems to me a brilliant way to let people know that they are welcome, meets a spiritual need that some may have, and perhaps be able to touch them during a moment of crisis."

Further explanation can be found on Youtube, "Drive Thru Prayer Holy Spirit Church"

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Keep the holiday cheer with safe cooking and decorating

BY SARA GIUSTI

The days may be shorter and colder now, but thankfully these seasonal shifts don't translate to food. Arguably, holiday eats are some of the best out of the year, the epitome of comfort food enjoyed with family.

However, the holidays can also mean dusting off cooking skills and equipment used only once or twice a year – it's not every day we feast on roasted turkey, apple pie from scratch, or homemade stuffing. Add visiting family to the mix who mingle in the kitchen, and you've got a recipe for disaster: too many people, pots and pans in one place.

"According to the National Fire Protection Association, cooking is the number one cause for home fires," said Sean Simonson, Public Information Officer for Milpitas Fire Department. "The number one biggest tip is to make sure you don't leave food unattended. Stay in the kitchen, and keep children away from the stove," he said.

To put out small grease fires, keep a lid nearby to smother the flames. Turn off the burner and let the pan sit, covered, until it is completely cool. This will prevent the fire from restarting. For oven fires, keep the door closed and turn off the heat. Get the oven serviced afterward to check for and fix any damages.

When in doubt, just get out: if the fire gets too big to handle, don't ever hesitate to call 911. Leave the room with the fire

immediately and shut the door behind you to help contain the fire. When firefighters arrive, they'll use special equipment to find any hidden fires that may have been overlooked, putting out all flames completely and ensuring a safe home.

Extra caution is needed for more complicated cooking appliances, such as fryers. Deep-frying turkey has become a popular Thanksgiving tradition for many families, despite the high risks of using a deep fryer. In Simonson's experience, electrical cords are an unassuming yet dangerous culprit – be aware of them as they are a tripping hazard for the cook and appliance itself. Never fill the fryer all the way with oil. Always use it outdoors at a safe distance from the home and any flammable material. Do not use the fryer on a wooden deck, and never leave it unattended. Keep a fire extinguisher close, and make sure children and pets steer clear.

Hayward Fire Department recommends oil-less turkey fryers as a safer alternative. Instead of using hot oil that can cause burns, fires, and even explosions, oil-less fryers use infrared heat. The end result is still the same: a very tasty bird.

The holidays are also a good time to test your smoke and carbon dioxide alarms. Simply press the test button labeled on the alarm. Never disable a smoke alarm or remove its batteries, especially during this time of heavy cooking.

But it's not all just about cooking good food: the holidays mean decorating, too.

Choose flame resistant or flame retardant decorations, and be aware if holiday lights are for indoor or outdoor use only; hang accordingly. The National Fire Protection Association (NFPA) recommends "connecting no more than three strands of mini light sets and a maximum of 50 bulbs for screw-in bulbs" as well. And as always, keep candles away from decorations. According to the NFPA, "nearly half of holiday decoration fires happen because decorations are placed too close a heat source."

"We encourage all of our residents to be safe and use common sense. If you have any questions at all about fire safety and disaster preparedness, don't hesitate to call me personally," added Simonson. "We wish everyone Happy Holidays from Milpitas Fire Department!"

Cook with caution and decorate smartly, and the holidays are sure to be full of good tidings and great joy.

Contact your local fire department with any questions and concerns:

Alameda County Fire Department
Unincorporated areas: 510-670-5853 or 510-887-5836
City of Newark: 510-578-4218 or 510-578-4281
City of San Leandro: 510-577-3317 or 510-577-3419
City of Union City: 510-675-5470 or 510-441-2943

Fremont Fire Department
3300 Capitol Ave, Building A, Fremont
(510) 494-4200
<http://www.fremont.gov/96/Fire-Department>

Hayward Fire Department
777 B St, Hayward
(510) 583-4945
www.hayward-ca.gov/CITY-GOVERNMENT/DEPARTMENTS/FIRE/

Milpitas Fire Department
777 S Main St, Milpitas
(408) 586-2810
www.ci.milpitas.ca.gov/government/fire/
Sean Simonson, ssimonson@ci.milpitas.ca.gov

Newark Fire Prevention Bureau
37101 Newark Blvd, Newark
(510) 578-4218
<http://www.newark.org/departments/fire/>

Union City Fire Prevention
34009 Alvarado-Niles Rd, Union City
(510) 675-5470
<http://www.ci.union-city.ca.us/departments/fire-services>
<http://www.co.alameda.ca.us/fire/>

National Fire Protection Association
www.nfpa.org/education

PG&E offers free inspections

SUBMITTED BY TAMAR SARKISSIAN

With winter nearing and nighttime temperatures beginning to cool, Pacific Gas and Electric Company (PG&E) is encouraging customers to call 1-800-PGE-5000 now to schedule an appointment to turn on furnace pilot lights for winter and check natural gas appliances for safety and efficiency.

"We want every family that we serve to be safe and warm this winter," said Laurie Giammona, PG&E's chief customer officer. "By planning ahead and scheduling to have pilot lights turned on now, families

can heat their homes as soon as colder temperatures arrive."

Customers who wait until the weather turns cold to call may have to wait several days before a service representative can get to their homes. PG&E gas service professionals relight appliance pilots at no extra cost in order to ensure safe, reliable heating. In addition to relighting pilot lights, PG&E service representatives can also perform a check of all natural gas appliances in a customer's home, to make sure they are operating safely and efficiently.

Other measures PG&E customers can

take to manage their natural gas bills this winter include:

Energy Efficiency Rebates:
Receive an instant \$20 rebate on an Energy Star® qualified programmable thermostat.

Receive a \$200 mail-in rebate on an Energy Star® qualified central natural gas furnace.

Payment Options/Assistance:
Balanced Payment Plan: Eliminates big swings in utility bills by averaging a customer's energy costs over a 12-month period.

REACH: Relief for Energy Assistance

through Community Help provides one-time emergency assistance of up to \$200 for eligible customers.

CARE: California Alternate Rates for Energy offers at least a 20-percent discount on natural gas and electric rates and exempts customers from CPUC electric surcharges.

PG&E customers interested in scheduling a pilot relight and natural gas appliance inspection can request an appointment on our website (pge.com/myenergy) or they can call and speak to a live representative 24 hours a day at 1-800-PGE-5000.

Save on refrigerator recycling and purchases

SUBMITTED BY TAMAR SARKISSIAN

Like unwanted house guests who overstay their welcome, old refrigerators can get in the way and drain your resources.

Fortunately, they are easy to get rid of, thanks to a special Pacific Gas and Electric Company (PG&E) program that offers customers a \$50 rebate to retire their aging refrigerator responsibly. It takes just one simple step to schedule an appliance pickup by PG&E's licensed recycler, JACO Environmental.

In addition, PG&E offers customers a \$75 incentive to replace their clunker with an energy-saving new refrigerator that will lower their bills for years to come. The rebate is available on high-efficiency models that use at least 20 percent less energy than the new federal standard—less even than a 60 W light bulb.

An efficient new refrigerator can lower electric bills by nearly \$100 a year compared to the average 15-year-old model it replaces, and almost \$200 compared to a unit 25 years or older.

Properly recycling old refrigerators offers many other environmental benefits as well. Recycling 25,000 refrigerators can collect as much aluminum as used in 2.1 million cans; provide raw materials for concrete, nails and even computers; and remove 250,000 pounds of foam insulation from landfills. Recycling also prevents hazardous oils, toxins, and ozone-depleting gases from escaping into the environment.

PG&E also offers a few tips for saving energy with your refrigerator:

Keep the condenser coils clean so they can expel heat to the outside air as efficiently as possible.

Open your refrigerator doors only when you really need to.

Keep your refrigerator full. If you have two at home try to consolidate the contents and recycle the less efficient unit.

Keep your refrigerator away from sources of heat, including direct sunlight, so it doesn't have to work as hard.

Make sure your refrigerator has a tight seal. Close the door over a piece of paper; if you can pull the paper out, the seal may need replacing.

To recycle your refrigerator and schedule a pickup, go to www.ApplianceRecycling.com/PGE or call (800) 299-7573.

To learn more about rebates on high-efficiency refrigerators, call PG&E's Smarter Energy Line at (800) 933-9555 to talk with an energy-efficiency advisor, or email smarterenergy@pge.com.

Stop vampire appliances

SUBMITTED BY TAMAR SARKISSIAN

Pacific Gas and Electric Company (PG&E) is helping its customers shield their energy bills from budget-sucking Vampire Appliances. "Unlike their fanged cousins, Vampire Appliances suck away money from customers' wallets day and night by using energy even when they appear to be turned off," said Tim Fitzpatrick, PG&E's chief communications officer.

Every year, these budget-suckers account for about 10 percent of an average household's energy bill, according to the Association of Energy Services Professionals, and idle gadgets waste more than 100 billion kilowatt hours of electricity, reports the Environmental Protection Agency-costing consumers a terrifying \$10 billion each year.

To help raise awareness of the threat posed by Vampire Appliances, PG&E is announcing its list of Top Ten Vampire Appliances for 2014, in order of their energy-sucking appetite:

- Flat Screen TVs
- Home computers (laptops and desktops)
- Video game consoles
- Digital video recorders
- Cable boxes
- Cable modems
- Laser printers
- DVD players

Cell phone/Tablet chargers

Small appliances - microwave/toaster oven/coffee maker

"While garlic and wooden stakes won't kill this waste, we want to pass along our Top Five Anti-Vampire Appliance Tips that every household can use to save potentially hundreds of dollars every year," Fitzpatrick said.

Among the top five tips PG&E is recommending that every household adopt are:

Unplug: Unplug appliances, electronics and chargers that aren't in use or turn them off using an inexpensive power strip.

Buy Smart: By spending as little as \$20 for advanced power strips households can achieve energy savings of nearly 50 percent.

Go Green: The more energy efficient appliances aren't simply good for the environment, they will help save you money.

Home Energy Check-Up: Consider taking a home energy check-up. It will help you learn more about your energy usage so you can become an even smarter energy consumer.

Auto-Power Down: Turn on an automatic power-down feature on your TV or Game Consoles and set the right predetermined inactivity level for your household.

For more budgeting tips, and other ways to save and conserve energy please visit www.pge.com/saveenergy-money.

Outshine donates to Alameda County Community Food Bank

SUBMITTED BY KELSEY LOFLIN

As part of their "A Million Ways to Outshine" campaign, Outshine Fruit Bars donated one million pounds of fruits and vegetables to food banks across the country. Alameda County Community Food Bank received \$10,000 to purchase more than 100,000 pounds of farm-fresh produce. This donation impacts the community in more ways than one. As many Californians are well aware, the current drought has posed a severe problem on in-state agriculture. Farmers have been forced to plant less, so food banks, like Alameda, are seeing escalated prices on fewer crops. The 100,000 pounds of apples, bell peppers, potatoes, tomatoes, carrots, and onions are supplying the food bank's Farm Fresh Produce Program.

For more information, visit OutshineSnacks.com/Million-Ways. Donate to the Alameda County Community Food Bank at ACCFB.org.

CASTRO VALLEY TOTAL SALES: 11						
Highest \$:		845,000	Median \$:		620,000	
Lowest \$:		400,500	Average \$:		641,909	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
4666 James Avenue	94546	760,000	3	1675	196810-17-14	
19160 La Casa Lane	94546	805,000	4	2747	200210-21-14	
18591 Lake Chabot Road	94546	553,000	3	1438	194810-16-14	
1950 Leila Street	94546	445,000	2	996	194810-16-14	
4136 Ravenwood Place	94546	400,500	2	1168	197010-22-14	
4402 Sargent Avenue	94546	516,500	2	1515	196610-17-14	
4304 Veronica Avenue	94546	601,000	3	1304	195210-22-14	
18930 Buren Place	94552	710,000	3	2251	200210-16-14	
17694 Chateau Court	94552	845,000	4	2194	198410-22-14	
18975 Edwin Markham Drive	94552	805,000	4	2324	198510-21-14	
20377 Summerglen Place	94552	620,000	4	1666	199810-17-14	

FREMONT TOTAL SALES: 36						
Highest \$:		2,087,000	Median \$:		664,000	
Lowest \$:		204,000	Average \$:		760,250	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
3371 Baywood Terrace #11	494536	353,000	1	936	198710-17-14	
3454 Bridgewood Terrace #11	494536	350,000	1	936	198610-21-14	
38623 Cherry Lane #190	94536	415,000	3	1199	197410-22-14	
280 Lindero Terrace	94536	567,500	3	1240	197310-20-14	
89 Montalban Drive	94536	700,000	3	1187	198510-20-14	
4950 Rogers Avenue	94536	760,000	3	1605	195310-17-14	
36838 San Pedro Drive	94536	419,000	3	1330	198210-20-14	
38769 Stonington Terrace	94536	204,000	4	1474	198710-21-14	
41018 Asilomar Terrace	94538	777,000	3	1712	201110-16-14	
3955 Clough Avenue	94538	350,000	3	1211	194910-20-14	
39993 Fremont Blvd #1	94538	457,500	2	1465	198710-17-14	
39206 Guardino Drive #202	94538	457,000	2	1053	199010-16-14	
4526 Longview Terrace	94538	485,000	3	1242	197110-20-14	
3637 Madison Common	94538	731,000	3	1935	200010-20-14	
40766 Max Drive	94538	664,000	2	1720	194510-17-14	
41458 Millenium Terrace	94538	670,000	3	1574	200010-20-14	
4746 Natalie Avenue	94538	749,000	3	1402	195910-21-14	
4600 Nelson Street	94538	1,000,000	4	3884	196310-21-14	
4484 Sloat Road	94538	635,000	4	1812	196010-22-14	
5637 Statrice Common	94538	531,000	3	1118	199410-16-14	
40853 Townsend Terrace	94538	653,000	2	1429	200710-22-14	
3300 Wolcott Cmn #108	94538	270,000	1	712	198310-20-14	
39486 Benavente Avenue	94539	1,595,000	3	2855	197410-17-14	
46673 Bradley Street	94539	935,000	4	1803	196310-17-14	
2728 Capitola Terrace	94539	2,087,000	4	3561	199510-21-14	
769 Excelso Court	94539	1,820,000	5	4085	198410-17-14	
40811 Mission Boulevard	94539	1,170,000	3	1764	197710-20-14	
41050 Valero Drive	94539	868,000	3	1230	197210-17-14	
33467 Caliban Drive	94555	990,000	4	2052	198110-22-14	
34480 Colville Place	94555	633,000	-	1298	197710-21-14	
34480 Egerton Place	94555	825,000	4	2169	197710-17-14	
34479 Fremont Boulevard	94555	680,000	2	1168	192010-21-14	
34653 Fremont Boulevard	94555	1,800,000	3	1784	191210-20-14	
3717 Gainsborough Terrace	94555	489,000	4	1474	197010-16-14	
4767 Mendocino Terrace	94555	810,000	4	1863	198710-22-14	
5041 Shalimar Circle	94555	469,000	2	892	198810-21-14	

HAYWARD TOTAL SALES: 30						
Highest \$:		885,000	Median \$:		410,000	
Lowest \$:		242,500	Average \$:		445,317	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
22742 2nd Street	94541	370,000	2	1203	194610-17-14	
2207 Beckham Lane	94541	710,000	4	2682	199210-20-14	
18016 Castlewood Court	94541	299,000	2	1270	197310-16-14	
225 Grove Way	94541	350,000	2	1467	193610-17-14	
2624 Jacobs Place	94541	465,000	3	1339	197610-16-14	
17430 Jerry Place	94541	410,000	3	1387	199410-16-14	
849 Lester Avenue	94541	410,000	5	1488	195010-22-14	
22295 Moselle Court	94541	549,000	3	1308	196310-16-14	
429 Palmer Avenue	94541	480,000	3	1827	201210-22-14	
22250 Prospect Street	94541	600,000	4	1852	191010-17-14	
20357 Royal Avenue	94541	345,000	2	1221	200410-20-14	
3263 Shawn Way	94541	538,000	3	1640	198510-17-14	
455 Solano Avenue	94541	400,000	3	1090	195110-16-14	
25588 Spur Drive	94541	550,000	4	1597	195710-16-14	
1190 Walpert Street	94541	410,000	3	1138	194910-17-14	
349 Willow Avenue #8	94541	255,000	2	1015	198010-22-14	
26953 Hayward Blvd #110	94542	255,000	1	869	198310-21-14	
1194 Highland Boulevard	94542	329,000	2	846	194910-22-14	
1183 Tiegen Drive	94542	370,000	2	846	194810-17-14	
370 Carson Drive	94544	440,000	3	1280	195010-17-14	
667 Gleneagle Avenue	94544	589,000	3	1430	195910-17-14	
25421 Huntwood Avenue	94544	445,000	4	1565	200710-20-14	
1259 Rieger Avenue	94544	445,000	3	1119	195610-17-14	
1101 Silver Maple Lane	94544	885,000	4	2549	199910-16-14	

28316 Thackeray Avenue	94544	390,000	3	1161	195610-17-14
2634 Cryer Street	94545	395,000	3	1157	195810-22-14
27621 Del Norte Court	94545	350,000	4	1474	197010-16-14
25850 Kay Avenue #329	94545	242,500	2	1007	198910-16-14
24832 Papaya Street	94545	639,000	-	2504	195910-16-14
2723 Sleepy Hollow Avenue	94545	444,000	3	1153	195810-17-14

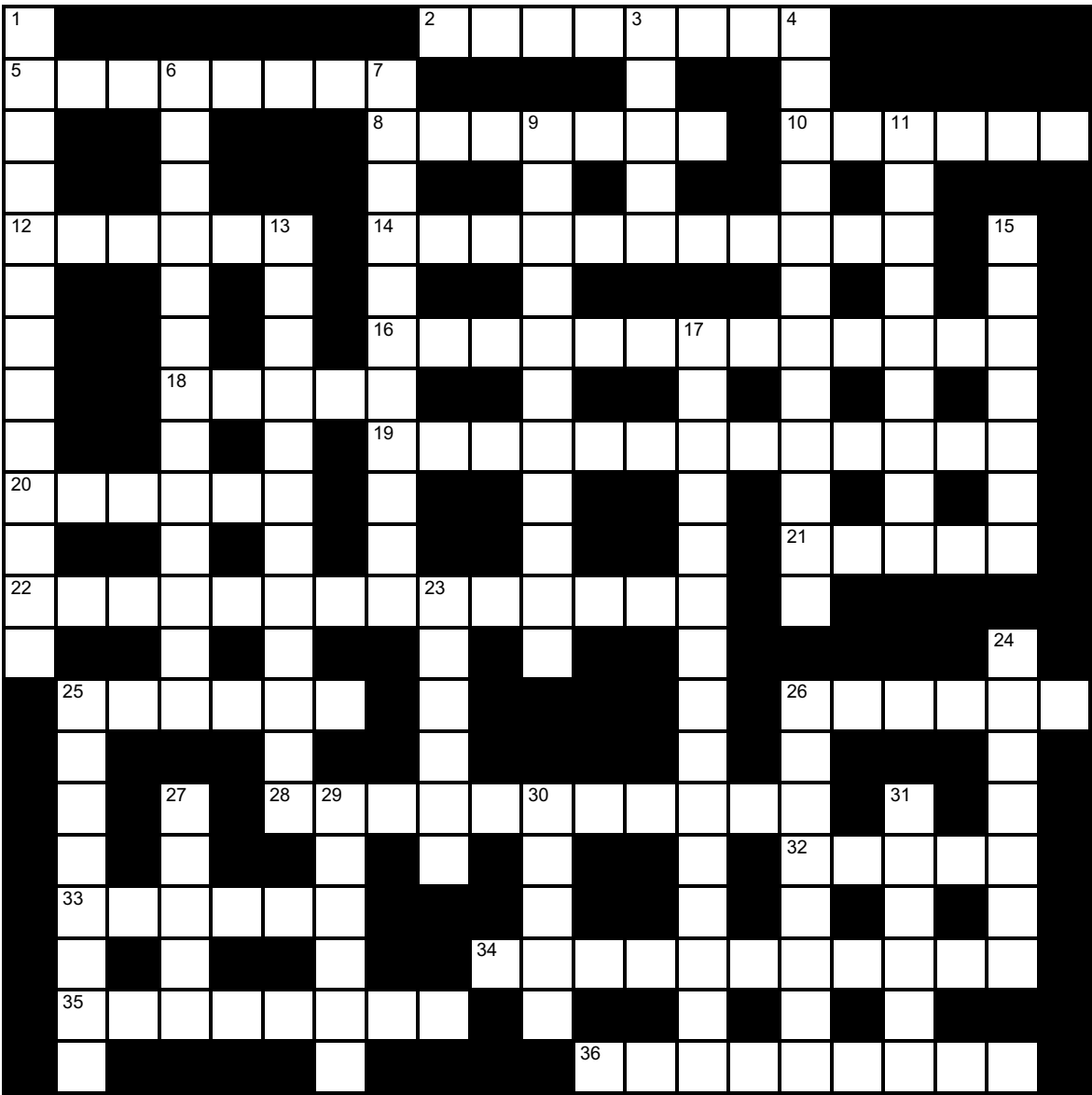
MILPITAS TOTAL SALES: 13						
Highest \$:		813,000	Median \$:		668,500	
Lowest \$:		362,000	Average \$:		633,231	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
1501 Canal Street	95035	684,000	-	-	-10-21-14	
1535 Canal Street	95035	680,000	-	-	-10-21-14	
1565 Carl Avenue	95035	730,000	4	1787	196010-21-14	
1481 Gingerwood Drive	95035	621,000	3	1547	199210-17-14	
345 Junipero Drive #1	95035	362,000	3	1050	197110-23-14	
1375 Nestwood Way	95035	668,500	-	-	-10-17-14	
1403 Nestwood Way	95035	787,000	-	-	-10-27-14	
1470 Olympic Drive	95035	813,000	5	2169	196410-27-14	
490 Printy Avenue	95035	550,000	4	1160	197110-23-14	
700 South Abel Street #523	95035	539,000	2	1108	200710-16-14	
1101 South Main Street #116	95035	477,500	2	1013	200710-16-14	
1209 Sunrise Way	95035	640,000	3	1190	196910-16-14	
2226 Yosemite Drive	95035	680,000	4	1796	197010-21-14	

NEWARK TOTAL SALES: 17						
Highest \$:		845,000	Median \$:		550,000	
Lowest \$:		275,000	Average \$:		561,059	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
5503 Abington Drive	94560	709,500	3	1628	196310-17-14	
36572 Blackwood Drive	94560	520,000	3	1144	196210-17-14	
6402 Buena Vista Drive #C9	94560	390,000	2	1031	198510-20-14	
35867 Burning Tree Drive	94560	655,000	3	1741	196610-22-14	
39975 Cedar Boulevard #330	94560	275,000	1	777	198510-16-14	
36271 Colbert Place	94560	486,000	3	1126	196210-20-14	
35073 Dorchester Court	94560	673,500	3	1466	196910-20-14	
5293 Falmouth Place	94560	845,000	5	2335	196610-16-14	
37918 Goldenrod Drive	94560	689,000	3	1774	196910-17-14	
37334 Hill Street	94560	490,000	3	1408	198710-21-14	
36681 Jennifer Street	94560	450,000	3	942	195310-16-14	
6223 Joaquin Murieta Ave #E9	94560	465,000	3	1456	198110-21-14	
8556 Mahogany Place	94560	715,000	3	1790	199410-17-14	
36859 Newark Boulevard #A9	94560	395,000	3	1330	198710-17-14	
6159 Potrero Drive	94560	612,000	3	1752	199010-22-14	
37142 San Antonio Street	94560	550,000	3	1370	195710-16-14	
35756 Vinewood Street	94560	618,000	4	1360	196210-22-14	

SAN LEANDRO			TOTAL SALES: 12			
Highest \$:		830,000	Median \$:		455,000	
Lowest \$:		310,000	Average \$:		509,583	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
837 Arbor Drive	94577	651,000	3	2150	193010-22-14	
858 Bonnie Vista Avenue	94577	610,000	2	1939	194010-16-14	
1132 Carpentier Street #107	94577	310,000	2	1182	198310-16-14	
178 Castro Street	94577	375,000	3	1754	192510-22-14	
1996 Juneau Street	94577	350,000	3	1042	195110-17-14	
1722 View Drive	94577	830,000	5	3527	195610-22-14	
2171 Altamont Road	94578	415,000	3	1397	194710-17-14	
3725 Avansino Street	94578	455,000	-	1356	197810-21-14	
1776 Bali Court	94578	550,000	5	2192	200910-16-14	
427 Lloyd Avenue	94578	429,000	3	1402	195210-20-14	
16320 Panoramic Way	94578	580,000	4	1831	195410-16-14	
15457 Heron Drive #156	94579	560,000	4	1651	199910-17-14	

Mind Twisters

Crossword Puzzle B 291



- Across

2 After Mondays (8)

5 Not optimistic, ____ feelings (8)

8 Sound of Music type movies (7)

10 One that lays eggs or gives birth (6)

12 Small boats (6)

14 Curtailing, not allowing (11)

16 Out of the normal range (13)

18 "Encore!" (5)

19 Matching with each one (13)

20 ____ to find compatibility between people (6)

21 Advances (5)

22 Commercials, publicity (14)

25 Casting ballots (6)

26 Corrupt (6)

28 Show by experiment or actions (11)

32 Caught some Z's (5)
- 33 Ponders (6)

34 Wedding day every year (11)

35 Under general circumstances (8)

36 Thoroughly checked by someone else (9)
- Down

1 Books with information on a variety of subjects (13)

3 Excitement (5)

4 Large of big enough to take care of the issue (12)

6 Giving musical support (13)

7 In times of natural disasters or extreme situations (11)

9 Language translated, gave another meaning (11)

11 Long flight of birds (9)
- 13 Crooked wire got _____ (12)

15 Sea Travels (7)

17 Chosen people to act for others (15)

23 Wield (6)

24 Nation (7)

25 Touring, going to see a family (8)

26 Keep the natural flavor (8)

27 Taking water away from clothes or objects (5)

29 Simply, without effort (6)

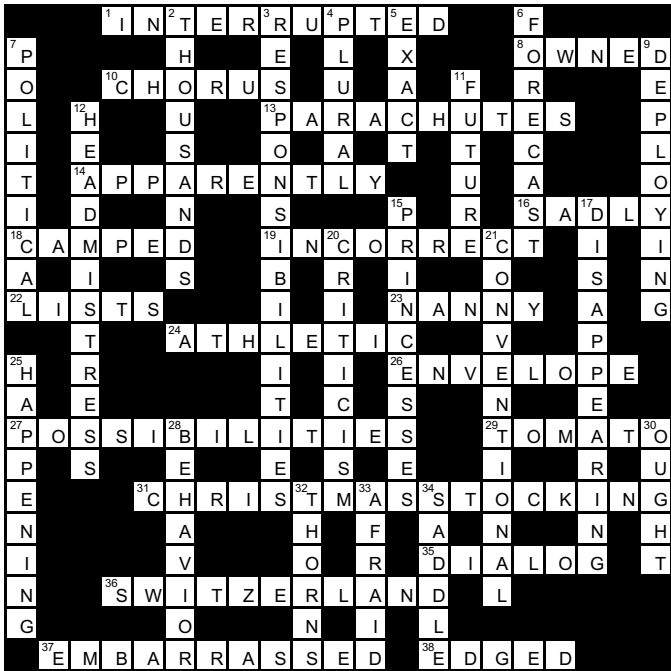
30 Turned (5)

31 Skip (6)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.

1	4				6			
	5				9	7	2	
		8						
			4	9				
		4		5		3		
	3				7			1
							6	
7						2		
2			6	1				4



B 290

4	2	5	1	7	6	8	9	3
6	8	1	4	3	9	7	5	2
9	3	7	5	2	8	6	1	4
7	5	2	3	9	4	1	8	6
1	9	4	6	8	7	3	2	5
3	6	8	2	1	5	4	7	9
8	7	3	9	6	2	5	4	1
2	4	6	7	5	1	9	3	8
5	1	9	8	4	3	2	6	7

Tri-City Stargazer NOVEMBER 19 – NOVEMBER 25, 2014 BY VIVIAN CAROL

For All Signs: The archetypal battle in the sky is among power versus social justice versus the sovereign rights of the individual. This is symbolic of the birth of the Aquarian age. It is a quarrel that will last for much of this decade at multiple levels. If you pay attention, you will see it in the news, perhaps in your neighborhood or job, and also inside your head. The incredible events going on worldwide are all about these topics. This week we are due to see more of the same as both the sun and Venus cross into the Uranus/Pluto vicinity.

Aries the Ram (March 21-April 20): You likely will feel edgy and irritable at this time. Perhaps you feel trapped by the rules and want to break free. You can probably do so, but consider the cost. The ruling body could be the IRS, your bank, or your employer. It may feel as though you are treated like a fly on the wall rather than a person. This ongoing square between Uranus and Pluto is the pits.

Taurus the Bull (April 21-May 20): It is possible you will feel a sense of fatigue this week. Maybe something has caused you to be disappointed with yourself. Don't take the blues seriously or worry about yourself. In a few days you will feel much better. It is a temporary mood swing. Get some extra rest. Stay in touch with good friends.

Gemini the Twins (May 21-June 20): You must work to manage your communications at this time. Your situation may require you to use an unaccustomed vehicle, such as writing, to make yourself understood. You could be required to learn a different language for business or personal purposes.

Cancer the Crab (June 21-July 21): This is not your best week unless you plan to get a lot of hard work accomplished. If you become aware that you are easily angered, use caution concerning tools or machinery. Your reflexes may not be on target. Avoid speeding because there may be police on every corner.

Leo the Lion (July 22-August 22): The Uranus/Pluto story is playing out in your area of home, hearth, family and your job or your relationships to those at a distance. Your position carries more power at this time, so your voice will be louder than the voices of others. Hopefully you will be speaking on behalf of family life.

Virgo the Virgin (August 23-September 22): Your power of concentration can be deep. You might be prone to somber thinking or at worst, pessimism and fear. It is important that you use your focus for the good in your life rather than in self-criticism and destructive thinking.

Libra the Scales (September 23-October 22): This is not your best week for romance and social

life. You may be in circumstances that cause you to feel as though you must be pretentious concerning your feelings. Possibly you are not even really clear yourself about just what your needs are in these relationships. It's a low period that will pass in a few days.

Scorpio the Scorpion (October 23-November 21): Your partner or a significant other may upset the status quo of your life. Somehow this triggers your security fears. Old tensions may rise and threaten to overwhelm you. This time calls you to rise beyond your childhood and remember you have a spirit and maturity that you did not as a child.

Sagittarius the Archer (November 22-December 21): The sun returns home to your sign this week. You likely will find it to be energizing. Now is the time to focus on new plans for this next year of your life. Take a fresh look at where you want to direct your energy. It is appropriate that your attention be directed toward yourself right now. But while you are doing this, be sensitive to the needs of those around you as well.

Capricorn the Goat (December 22-January 19): You may feel pressured by circumstances to take control of a situation. Perhaps you do, or perhaps you mainly fear that others will not handle the situation as well as you can. You are dangerously close to letting your ego run the game. Please spend some time in contemplation of what is the right thing to do.

Aquarius the Water Bearer (January 20-February 18): It is necessary that you function as efficiently as possible. Scattered thoughts or words will not make the grade. Some important bits of information could be hard to find. People sometimes learn business writing under this aspect. Or it may be important

that you gather your thoughts together in a project now.

Pisces the Fish (February 19-March 20): Beware that you are in a sensitive frame of mind and may misinterpret that which is said to you. You may be the one who hears what you want to hear. So take your impressions with a grain of salt until you clarify what was originally intended.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com



Kid Scoop

.com

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Kid Scoop Together: Proof It!



This interview really stinks!

Skunks Tell All!

What if you could ask a skunk any question you wanted? What would you ask? Kid Scoop spoke with skunk authority **P.U. Stenchmuch** to learn about these smelly creatures from a safe distance.

We skunks are shy and gentle creatures. Yet the sight of a skunk is a fearful sight to many animals!

That's because skunks have a powerful and stinky weapon right under our tails – a **VERY** stinky spray!

However, we only use this weapon when threatened. Even then, we do everything possible to avoid sending the final stinky spray.

We **hiss** and **stamp** our feet. If this doesn't work, we **raise our tail** over our head as a threat.

If those warnings don't work, well, **LOOK OUT!**

How many kinds of skunks are there?

There are three kinds of skunks. Do the math problems to match the name of each kind of skunk with its description.

- STRIPED SKUNK**
17 + 4 + 2 =
- SPOTTED SKUNK**
21 - 11 =
- HOG-NOSED SKUNK**
7 + 6 + 2 =
15. It has a broad, hairless muzzle, like that of a pig. The back and tail are white.
10. The smallest of all skunks, it has a dot in the middle of its forehead. The stripes go in lots of different and wiggly directions.
23. The face is black except for one white stripe that runs from the nose to the shoulders. At the shoulders, the stripe splits in two parts, one running down each side of the body.

Standards Link: Life Science: There is variation among individuals of one kind within a population.

Extra! Extra! **Black & White and Read All Over**

Select a page of the newspaper. Find all of the words you can read, and if you know what they mean, circle them in red.

Standards Link: Reading Comprehension: Use context to understand meaning.

No need to hide!

Lots of animals have bodies that blend into the world around them. This is called *camouflage*. But the bold black and white markings on a skunk make them easy to spot. They don't need to hide. Other animals know to leave them alone.

Find the differences between the two pictures.



Standards Link: Investigation: Find similarities and differences in common objects.

Skunk's Answer Grid

To find each answer, start at the compass square each time and follow the directions.

- Q: How far can skunks spray?**
A: Start at compass. Go 1 square north, then 1 square west.
- Q: Do skunks ever run out of stinky spray?**
A: Start at compass. Go 3 squares north, then 1 square west, then 1 square north.
- Q: Where is the skunk's secret weapon?**
A: Start at compass. Go 3 squares north. Next, go 1 square east. Then go 1 square south.
- Q: What color is the musk skunks spray?**
A: Start at compass. Go 4 squares north. Then go 1 square west. Next, go 1 square south.
- Q: What are baby skunks called?**
A: Start at compass, go 2 squares north.
- Q: What is another name for a skunk?**
A: Start at compass and go 1 square north. Next, go 1 square west. Then go 2 squares north and then 1 east.
- Q: A skunk is about the same size as a _____.**
A: From compass, go 2 squares north. Then, go 1 east and 1 south.

No	25 feet	On its feet
Yellow	Polecat	Wolf
Green	Kits	Under its tail
15 feet	Stinker	Cat

NORTH

WEST ← ● → **EAST**

SOUTH

Standards Link: Social Science: Students use map skills to find the absolute locations of places.



FROM THE LESSON LIBRARY

Stinky Words

Make a list of words that describe how things smell – for example: odor, putrid, musty, sour. Using one page of the newspaper, have students find and circle the letters that spell five of the smelly words.

Standards Link: Vocabulary: Understand and explain synonyms. Reading Comprehension: Follow multiple step directions.

How many skunks does it take to make a big stink?



ANSWER: A phew!

Write On!

Little Stinker!

Tell a tale of a little stinker!

Oops! Someone put some of the capital letters in the wrong places. Read the article below. Circle the mistakes and underline the letters that should be capitalized.

Chi Ca Go

an Ojibwa legend Tells the story of a Hunter and his wife who lived on the Shores of lake michigan.

one day, the hunter's wife caught a Beaver by the Tail and called to her husband to come and kill it before it could escape. but the hunter refused. He had already killed many beaver in his Traps and said if he killed Another one, The others would all run away.

she let the beaver go but she was very Angry and that Night, When her husband had gone to sleep, she ran away.

the next morning the Hunter saw her Tracks in the snow and feeling badly about their quarrel, decided to follow them. as he followed the tracks, They gradually changed and became the tracks of a Skunk. the trail ended in a Marsh where there were many skunks.

he turned and went home but called the Place, "The Place of the Skunk" and it is where chicago now stands.

Kid Scoo-doku™

Complete the grid by using all the letters in the word **SPRAY** in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.

S				
		R		
				Y
			R	
		A		

2014 TRAIN OF LIGHTS

Nov. 28 - Dec. 28

Enjoy a scenic train ride!

Bring your entire family on a historic journey through Niles Canyon between Niles/Fremont and Sunol. For more info, www.ncry.org

Sunday Train Rides

Wine Tasting Specials

Valentine's Day Wine Tasting Special

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Contact: Carol Ramos
carolrudy2@comcast.net

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6299 Jarvis Ave, Newark 10~5 Tues-Sat

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43693 Mission Blvd., Fremont
Across from Ohlone College at the intersection of Mission & Pine St.

SantaCon Hayward!

Saturday December 7, 2013 + 6:00 - 11:00 p.m.

www.SantaCon.info/Hayward-CA [SantaCon Hayward on Facebook](#)

How it works:
Dress Like Santa or Ms. Santa.
Show Up and Have FUN!

Santa Stops

- 6:00 - World Famous Turf Club
22519 Main St.
- 7:00 - Doc's Wine Shop
22570 Foothill Blvd.
- 8:00 - The Bistro
1001 "B" Street
- 9:00 - B Street Bar & Grill
846 "B" Street

Prizes!
Enter Santa / Ms. Santa Suit Contest

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Supported by

Other: www.KennedyConsultingServices.co
Printing: Realty World Neighbors / May & Jones Group

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other discount

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Cooking Parties - Stress FREE No Clean Up
Let us help you plan your Party

Thai Cooking Classes

Cooking Classes: Mon & Tues 6pm-9pm
(& weekends by appointment)

*Authentic Thai dishes with Chinese nuances
In this hands-on class, you will be introduced to fresh, exotic ingredients,
master your knife skills, and earn the culinary theory
and passion of Chef Kitty's meals.*

Kitty's Thai Kitchen
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for your next birthday,
team bonding,
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or holiday event!
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way to celebrate a fun
occasion cooking,
eating, laughing
and sharing
the meal that you
created together.

Chef Kitty's Most Famous Dishes!



The classes are located at
Cracker Barrel Deli & Thai



Restaurant Hours: Wed, Thurs & Friday 11am-7pm
510-790-0735 Kittysthaikitchen.com
3100-H Capitol Ave., Fremont

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



CONTINUING EVENTS

Fridays: Sept 19, Oct 17, Nov 21, Dec 19

Free Third Fridays at East Bay Regional Parks

Fees waived for a variety of park services

Parking
Boat launching*
Entry for horses and dogs
Swimming fees**
District fishing permits**
Entry to Ardenwood Historic Farm in Fremont

*Boat launchers will still have to pay for the required invasive mussel inspection.

** Swim season goes through Sept. 21 at most locations:
www.ebparks.org

Monday, Sep 23-Friday, Dec 11

All Seasons Art Show

8:30 a.m. - 5:00 p.m.

Paintings and photography

San Leandro Community Center
13909 East 14th St., San Leandro
(510) 577-3462

Thursday, Oct 30 - Saturday, Nov 21

Holiday Members Show

10 a.m. - 4 p.m.

Acrylic, fabric, photography and mixed media

Foothill Arts of the Bay
22394 Foothill Blvd., Hayward
(510) 538-2787
www.haywardarts.org

Thursday, Oct 30 - Sunday, Nov 22

Watertight: Beyond the Vessel

12 noon - 5 p.m.

History of ceramic art exhibit

Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Thursday, Nov 6 - Sunday, Nov 30

Candide \$

Thurs - Sat: 8:00 p.m.

Sat & Sun: 2:00 p.m.

Musical about a man's search for life's truth

Douglas Morrison Theatre
22311 N Third St., Hayward
(510) 881-6777
www.dmtonline.org

Thursday, Nov 7 - Sunday, Dec 13

It's a Wonderful Life \$

Thurs - Sat: 8:00 p.m.

Sun: 12:15 p.m.

Live 1940's radio version of holiday classic

Broadway West Theatre Company
400-B Bay St., Fremont
(510) 683-9218
www.broadwaywest.org

Arts & Entertainment

Saturday, Nov 11 thru Dec 6

PRIDE: Parade, Prom and Community

Mon: 5 p.m. - 10 p.m.

Tues & Thurs: 10 a.m. - 1 p.m.

Photographs of historic and joyful moments

Hayward Area Recreation District
1099 'E' Street, Hayward
(510) 881-6721
www.haywardrec.org

Friday, Nov 14 - Thursday, Nov 20

Srimad Bhagavatam Discourse Series

6:00 p.m. - 8:45 p.m.

Presented by Poojyashri MK Ramanujamji

Sri Siddhi Vinayaka Temple
40155 Blacow Rd., Fremont
(510) 403-4256
http://fremont.svcctemple.org/fremont/

Monday, Nov 11 - Friday, Dec 24

Turkey Drive

8:30 a.m. - 4:00 p.m.

Help families in need

Drop off turkeys and nonperishable items

Tri-City Volunteers
37350 Joseph St., Fremont
(510) 793-4583
sgovea@tri-cityvolunteers.org

Thursday, Nov 13 - Sunday, Nov 22

The Liar \$

Thurs: 3:30 p.m.

Fri & Sat: 7:00 p.m.

Sun: 2:00 p.m.

Story of a boy who cannot tell the truth

American High School
36300 Fremont Blvd., Fremont
(510) 796-1776 ext 57702

Friday, Nov 28 - Sunday, Dec 28

Train of Lights \$

4:30 p.m.

Celebrate the holidays on a festive ride

Niles Canyon Railway Depot
37001 Mission Blvd., Fremont
(408) 249-2953
www.ncry.org

Monday, Nov 18 - Friday, Dec 24

Giving Hope Holiday Program

9 a.m. - 5 p.m.

Donate cash, and gifts to those in need

Fremont City Hall
3300 Capitol Ave., Fremont
(510) 574-2057
mdominguez@fremont.gov
www.fremont.gov/hsdonate

Join us in our
Thanksgiving Day Service

**Thursday, November 27
10am**

Child Care Provided
**A light refreshment will be served
after the service**

 *Happy Thanksgiving*

Christian Science Church

(510) 656-8161
1351 Driscoll Road, Fremont
http://fccsf.hypermart.net/church/index.html

**Vendors Needed for
American High School**

Holiday Boutique

**Saturday, December 6, 2014
10 am - 5 pm**

We are looking for quality arts and crafts vendors
Booths are 10' x 10' \$60 per booth
\$70 after Nov 1 - Deadline for Registration - November 22

**For questions
please contact:**
Ritu Saksena
Email:
ritu_saksena@hotmail.com



**Hosted by American High School
Class of 2015 Grad Night Committee**
Sponsored by American High PTSA
**All proceeds will benefit the
Class of 2015 Grad Night activities.**

American High School
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Karaoke - Fri & Sat

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Farmers’ Markets

FREMONT:

Centerville
Saturdays
9 a.m. - 1 p.m.
Year-round
Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Kaiser Permanente Fremont Farmers’ Market
Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market
Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Pacific Commons Shopping Center
Saturdays
10 a.m. - 3 p.m.
Through November
Pacific Commons behind DSW
and Nordstrom Rack
43706 Christy St., Fremont
www.westcoastfarmersmarkets.org

Niles Farmer’s Market
Saturdays
9 a.m. - 1 p.m.
August through December
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers’ Market
Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings
Saturdays
9 a.m. - 3 p.m.
Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente San Leandro
Wednesday
10 a.m. - 2 p.m.
June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers’ Market at ICC
Sundays
8 a.m. – 1 p.m.
Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers’ Market
Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall
Saturdays
9 a.m. - 1 p.m.
Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers’ Market
Tuesdays
10 a.m. – 2 p.m.
Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market
Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

East Plaza Farmers’ Market
Saturday s
9 a.m. – 1 p.m.
Year-round
East Plaza
11th Ave. and Decoto Road
Union City
(925) 825-9090
www.pcfma.com

CONTINUING EVENTS

Monday, Nov 18 - Friday, Dec 31
Drive thru Prayer
5 p.m. - 6 p.m.
Prayer service without leaving your vehicle
Fremont Holy Spirit Church
37588 Fremont Blvd., Fremont
(510) 797-1660
www.holyspiritfremont.org

THIS WEEK

Tuesday, Nov 18
Write Your Story
1 p.m. - 3 p.m.
Organize your thoughts for writing
Union City Branch Library
34007 Alvarado Niles Rd.,
Union City
(510) 745-1464
www.aclibrary.org

Tuesday, Nov 18
Math Science Nucleus: Fall Colors
7 p.m.
Compare varieties of trees
Intended for school-age children
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Tuesday, Nov 18
Hard to Be Healthy: Biggest Loser Weighs In
7 p.m.
Film, discussion and refreshments
Lifetree Café
4020 Technology Pl., Fremont
(510) 797-7910
www.Lifetreecafe.com

Wednesday, Nov 19
Never Too Late
1:30 p.m.
Musical revue of songs and skits
Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org

Wednesday, Nov 19
Meet the Lenders
8:30 a.m. - 11:30 a.m.
Discuss finances for small businesses
Hayward City Hall
777 B St., Hayward
(510) 208-0410
www.acsbdc.org/events2

Wednesday, Nov 19
Transportation Services for Seniors
10 a.m. - 11 a.m.
BART and ACT bus instruction
For seniors and people with disabilities
Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 574-2053

Wednesday, Nov 19
Clipper Card Workshop
9:00 a.m. - 9:30 a.m.
Purchase all-in-one discount transit cards
Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 574-2053

Wednesday, Nov 19
Storytelling
1:30 p.m.
Seniors share personal and fictional tales
Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 795-2627
www.aclibrary.org

Wednesday, Nov 19
Fremont Bicycle Pedestrian Advisory Meeting
7 p.m.
Discussion to improve safety
City of Fremont
39550 Liberty St., Fremont
(510) 494-4535
rdalton@fremont.gov

NEWARK CHAMBER OF COMMERCE

Celebrate the Season at the Newark Chamber's Annual

Holiday Luncheon!

Thursday, December 4, 2014
11:30am - 1:30pm

DoubleTree by Hilton
39900 Balentine Drive, Newark

Enjoy the Spirit and Share the Abundance!

Make someone’s holidays better with your generosity.
Bring an Unwrapped

New Toy - get a raffle ticket in return.

Please Donate a Raffle Prize - this year’s designated
recipient organization of
raffle proceeds and toys is the
Viola Blythe Community Center.

Carols by the Kennedy Elementary School Choir
11:30 am – 12:00 pm – Social Time –
View Raffle Prizes/Buy Tickets

12:00 pm – 1:30 pm – Lunch, Entertainment, Program

Chamber Member Luncheon: \$35
Non-Member Luncheon: \$45

Sponsorship Opportunities

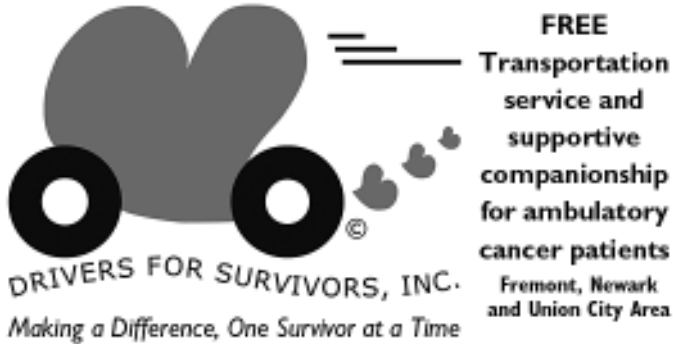
Making your reservation:
Register & pay by credit card at www.newark-chamber.com
Fax to (866-213-6956); or,
Mail form with check payable to the
Newark Chamber of Commerce,
37101 Newark Blvd., Newark 94560.
For addt’l information call 510-744-1000.

“Come and join the conversation”

November 18: “Hard to be Healthy”
TV’s “Biggest Loser” weighs in
November 25: “The Power of Thankfulness”
Trista Sutter’s Life After The Bachelorette
December 2: “How the Next Generation
Will Change the World”
Get Ready for the Millennial Revolution

LIFETREE CAFE
“Doing life. Doing good.”
f LifetreeCafe-Fremont
M Lifetree Cafe Bay Area

Tuesdays at 7:00p
FREE Admission - Public Invited
Upstairs at City Beach Fremont
4020 Technology Place



Have you received the devastating diagnosis you have cancer and need to get to medical appointments?
We are here for you!
We will transport you for FREE.

Do you have occasional extra hours?
We always need more drivers to transport our clients.

Companionship - Alleviating Stress - Free Transportatoin Assistance
Help us raise funds: come to an event or give a cash donation
Please call 510-896-8056
Email: programassistant@driversforsurvivors.org
www.DriversForSurvivors.org

Church of Christ of Fremont

4300 Hansen Ave.
Fremont

510-797-3695

www.fremontchurchofchrist.org

Whoever Drinks Of The Water
That I Will Give Him
Shall Never Thirst; But The Water
That I Will Give Him
Will Become In Him
A Well Of Water Springing Up
To Eternal Life
John 4:14
AA Meetings Every Tues
and Thurs Evenings
7:30-9:30pm
In Spanish
In the Fellowship Hall

Services

Sunday: 10:45am
and 6pm
Wednesday: 7:30pm

ENROLL NOW!

- Boot Camp! Cardio and Strength Training
- CAHSEE Preparation
- English As A Second Language
- EKG Technician
- GED Preparation
- High School Diploma
- Kick Boxing
- Self-Defense
- Spanish
- Swing Dancing
- Taiko Drumming
- Tole Painting
- Traffic School
- Veterinary Assistant



*ENROLL NOW!

https://adultreg.nusd.k12.ca.us/onlineereg/

Office Hours:

Monday-Thursday
8:30 a.m.-3:30 p.m.
Tel: 510-818-3700
Fax: 510-818-3738



Postal Service hiring for holidays and beyond

SUBMITTED BY
AUGUSTINE RUIZ, JR.

The U.S. Postal Service (USPS) has immediate job openings for career and temporary positions, as well as holiday seasonal work, at many locations nationwide, including throughout the Bay Valley District, with immediate opportunities available in Berkeley, San Jose, Santa Clara and Los Gatos.

Interested job seekers can get a virtual leg up on others, competing in the current challenging job market, by participating in the Postal Service's first Online Career Fair on Wednesday, November 19, from 10 a.m. to 1 p.m.

To participate in the USPS Online Career Fair, job seekers should go to usps.com/jobfair, create an account, and login at event time. Participants will also have an opportunity to chat live with USPS recruiters.

Current available positions in many locations include Automotive Technician, Mail Processing Clerk (Holiday Season), Mail Handler Assistant, City Carrier Assistant, Custodian, Postal Support Employee (PSE) Custodial, Tractor Trailer Operator, PSE Tractor Trailer Operator, Facilities Management, PSE Sales/Service Distribution Associate and Business-to-Business Sales.

The pay scale ranges from \$12 to \$18.25 per hour depending on the position. Specific job requirements and restrictions can be found at usps.com/jobs.

Online USPS Career Fair
Wednesday, Nov 19
10 a.m. – 1 p.m.
Must create account to log on:
usps.com/jobfair
Additional info at:
usps.com/jobs

District 2 Holiday Open House

SUBMITTED BY RICHARD VALLE, ALAMEDA COUNTY SUPERVISOR, DISTRICT 2

Please join Supervisor Richard Valle in celebrating the season. An Alameda County District 2 Holiday Open House will be held on Thursday, December 4 in Hayward. Refreshments and light appetizers will be provided. Please RSVP to District2@acgov.org or call (510) 272-6692.

In honor of the holiday season, District 2 respectfully requests that each attendee donate a new book (for all ages) that will go to a family in need. All donations will be distributed to FESCO (Family Emergency Shelter Coalition) or SAVE (Safe Alternatives to Violent Environments).

District 2 Holiday Open House
Thursday, Dec 4
4 p.m. – 6 p.m.
24301 Southland Dr, Ste. 101, Hayward
RSVP: (510) 272-6692 or District2@acgov.org
Please bring a new book to donate

Pre-apprenticeship program expanding to Union City

SUBMITTED BY BRISSA IBARRA

Cypress Mandela Training Center, Inc. (CMTC) provides a 16-week pre-apprenticeship training, that is both hands-on and classroom, preparing students for skilled trades jobs relevant to today's construction industry. An orientation for interested Union City, Newark, Hayward and Fremont residents will be held on Friday, November 20 in Union City.

Out of the 14 Union City residents who previously took the 16 week training course with Cypress Mandela at the main training facility in Oakland, 11 graduated and 10 successfully gained employment. Many Union City residents are referred to CMTC program by Youth and Family Services of Union City who provide family support services, youth violence prevention and intervention, case management and many other services.

Pre-apprenticeship program
Friday, November 20 - 9 a.m.
Union City CERT Building, 33555 Central Ave, Union City
RSVP: (510) 675-5819 or (510) 675-5820
Info: <http://www.cypressmandela.org/>



Dementia "Must-Knows"

presented by Rev. Charlotte Bear, MFA, MDIV, SO, CDP and VITAS Innovative Hospice Care.

Charlotte has over two decades of experience helping individuals and families learn about dementia, loss, grief and trauma.

Dementia, Loss and Grief
Wednesday, November 19th, 11:00 am to 12:30 pm

Dementia and Medical Ethics
Wednesday, December 17th, 11:00 am to 12:30 pm

Complimentary lunch provided.
Space is limited. Kindly RSVP to
Debbie Zogaric 510-226-1266
debbie.zogaric@aegisliving.com

Aegis Living
of Fremont
Assisted Living & Memory Care
3850 Walnut Avenue
Fremont, CA 94538
www.aegisoffremont.com



Holiday Boutique

SUBMITTED BY
TERESA SCHMIDT

Circle your calendar for November 22 - 23 and shop with the Dominican Sisters of Mission San Jose at their Annual Holiday Boutique. The Sisters and over 50 volunteers are busy creating and collecting handcrafts, ornaments, holiday toys, baked goods and their Dominican olive oil and old-world fruitcakes. Popular booths feature holiday wreaths and decorations, homemade cookies and breads, knitwear, cards and stationery created by the Sisters and local artists, jewelry, and a general store offering Motherhouse persimmons. Celebrate the joys of the season!

Dominican Sisters
Holiday Boutique
Saturday, Nov 22 –
Sunday Nov 23
10 a.m. – 4 p.m.
Dominican Sisters of Mission
San Jose Motherhouse
43326 Mission Blvd, Fremont
(510) 933-6334
Free admission

DID YOU KNOW? Some Bank, Loan Institutions Require Flood Insurance In Order To Finance Your Home
THINK MELLO INSURANCE
510-790-1118
www.insurancemsm.com
#OB84518

BOOKMOBILE SCHEDULE

Alameda County
Renew books by phone
(510) 790-8096
For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org.
Times & Stops subject to change

Tuesday, Nov 18
10:00 – 11:15 Daycare Center Visit - FREMONT
1:30 – 2:30 Mission Hills Middle School, 250 Tamarack Dr., UNION CITY
2:45 – 3:15 Purple Lotus Buddhist School, 33615 - 9th St., UNION CITY
4:50 – 5:30
Mariner Park, Regents Blvd. & Dorado Dr., UNION CITY
5:40 – 6:20 Sea Breeze Park, Dyer St. & Carmel Way, UNION CITY

Wednesday, Nov 19
3:00 – 4:00 Warm Springs Community Center, 47300 Fernald St., FREMONT
4:15 – 4:50 Lone Tree Creek Park, Starlite Way & Turquoise St., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday, Nov 20
9:30 – 10:15 Daycare Center Visit - UNION CITY
10:30 – 10:50 Daycare Center Visit - UNION CITY
1:55 – 2:20 Daycare Center Visit - SAN LORENZO
2:45 – 3:40 Bay School, 2001 Bockman Rd., SAN LORENZO

Monday, Nov 24
10:00 – 10:25 Daycare Center Visit - FREMONT

10:45 – 11:15 Daycare Center Visit - FREMONT
1:30 – 2:00 Acacia Creek, 34400 Mission Blvd., UNION CITY
2:45 – 3:45 Ardenwood School, 33955 Emilia Lane, FREMONT
5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday, Nov 25
9:45– 10:15 Daycare Center Visit - FREMONT
10:45 – 11:15 Daycare Center Visit - FREMONT
2:15 – 2:45 Headstart - 37365 Ash St., NEWARK
4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT
5:50 – 6:40
Booster Park, Gable Dr. & McDuff Ave., FREMONT

Wednesday, Nov 26
12:45 – 2:15 Glenmoor School, 4620 Mattos Drive, FREMONT
3:50 – 4:20 California School for the Deaf, 39350 Gallaudet Dr., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Milpitas Bookmobile stops
Renew books by phone
(800) 471-0991
For more information
(408) 293-2326 x3060

Wednesday, Nov 26
1:45-2:15 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

GOBBLE UP *the* SAVINGS!



\$10⁰⁰ OFF

ANY \$40 PURCHASE

Must present coupon for offer. Not valid with any other coupon/offer or on sale, promotional, or discontinued items. Not valid on gift cards or on previous purchases. Not valid on special orders. One coupon per household per day. No photocopies accepted. Expires November 30, 2014.

Tree Lighting
Friday, Dec. 5th
at 5pm



DALE
HARDWARE
3700 Thornton Avenue, Fremont • (510) 797-3700
Mon-Fri 7am-9pm • Sat & Sun 7am-7pm • www.dale-hardware.com

Wednesday, Nov 19
Coyote Cubs \$R
10:30 a.m. - 11:30 a.m.
Games and a turkey craft
Ages 3 – 5
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(888) 327-2757

Thursday, Nov 20
East Bay Stompers Band
7 p.m. - 9 p.m.
Dixie, swing & standards music
Bronco Billy’s Pizza
41200 Blacow Road, Fremont
(510) 438-0121

Thursday, Nov 20
Blood Drive
1 p.m. - 5 p.m.
Schedule an appointment
Use sponsor code: CarltonPlaza
Walk-Ins welcome
Carlton Plaza of Fremont
3800 Walnut Ave., Fremont
(510) 505-0555
www.bloodheroes.com

Thursday, Nov 20
Feed Your Soul
7 p.m. - 9 p.m.
Music, poetry and the spoken word
Mission Coffee
151 Washington Blvd., Fremont
(510) 474-1004
www.fremontcoffee.com

Friday, Nov 21
Free Notary Signings for Seniors
10:00 a.m. - 11:45 a.m.
Call to schedule an appointment
Ages 50+
Fremont Senior Center
40086 Paseo Padre Parkway,
Fremont
(510) 463-7186

Friday, Nov 21 - Sunday, Nov 23
Tartuffe \$
Fri & Sat: 8 p.m.
Sun: 2 p.m.
Dramatic play of deception and seduction
Cal State East Bay University
25800 Carlos Bee Blvd.,
Hayward
(510) 885-3118
www.csueastbaytickets.com

Friday, Nov 21
Grand Opening of BART to Oakland Airport
11 a.m. - 3 p.m.
Free BART rides, entertainment, and raffle
BART
Coliseum Station Concourse,
Oakland
(510) 874-7371
www.bart.gov/grandopening

Friday, Nov 21 - Saturday, Nov 22
Science for Youth
Fri: 4:30 p.m.
Sat: 3:30 p.m.
Lectures and demonstrations for all ages
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Nov 22
Canine Capers Dog Walk \$R
9 a.m. - 3 p.m.
Enjoy a nature walk with your dog
Ages 8+
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparksonline.org

Saturday, Nov 22 - Sunday, Nov 23
Great Train Show \$
10 a.m. - 4 p.m.
HO, N Scale, and American Flyer models
Alameda County Fairgrounds
4501 Pleasanton Ave., Pleasanton
(925) 426-7600
www.alamedacountryfair.com

Saturday, Nov 22
International Survivors of Suicide Loss Day
9 a.m. - 12 noon
Share stories of healing and hope
Ohlone College
43600 Mission Blvd, Fremont
(510) 659-6258
www.survivorday.org

Saturday, Nov 22 - Tuesday, Nov 25
Javascript Workshop for Teens \$R
4:30 p.m. - 6:30 p.m.
For middle and high school students
DeVry University Campus
6600 Dumbarton Cir., Fremont
(510) 791-8639
altacode.mail@gmail.com
http://goo.gl/forms/XHCgz4uL3t

Saturday, Nov 22
Bead Making Workshop – R
3:30 p.m.
Make your own beads; supplies provided
Ages 10 – 13
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Nov 22
Beginning Bird Watching – R
9:30 a.m. - 11:00 a.m.
Slideshow instruction and docent led walk
All ages
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513 x104
http://eecbeg.eventbrite.com

Saturday, Nov 22
Story Hunters
10:30 a.m. - 12 noon
Use GPS units to discover landmarks
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x362
http://donedwardsstory.eventbrite.com

Saturday, Nov 22
Fossils and Flumes – R
11:00 a.m. - 12:30 p.m.
Hands-on experience teaches children about wetlands
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(510) 792-0222 x141

Saturday, Nov 22
Family Bird Walk – R
2 p.m. - 4 p.m.
Create a field guide and use binoculars
Ages 5 – 10
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-022 x362

Saturday, Nov 22
Get in SHAPE 5k Run/Walk \$
8 a.m.
Benefit for SHAPE Academy HIS
Quarry Lakes
2250 Isherwood Way, Fremont
(510) 795-4895
http://www.active.com/fremont-ca/running/distance-running-races/get-in-shape-5k-2014

Saturday, Nov 22
Wreath Making Workshop \$R
10:30 a.m. - 2:00 p.m.
Create a festive holiday wreath
Bring hand pruners
Ages 12+
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Nov 22
Fixin’ Feed \$
12 noon - 1 p.m.
Make treats for goats, sheep and chickens
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Nov 22
Boneheads – R
1 p.m. - 3 p.m.
Check out local animal skulls
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparksonline.org

Saturday, Nov 22
Comedy Short Subject Night \$
7:30 p.m.
The Rink, The Boat, Pass the Gravy and Leave ‘em Laughing
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Sunday, Nov 23
Dharma Discussion – R
11:30 a.m. - 1:30 p.m.
Interactive session plus lunch
Southern Alameda County Buddhist Church
32975 Alvarado Niles Rd., Union City
(510) 471-2581
sacbc@sbcglobal.net

Sunday, Nov 23
Meet the Author: Nieves Catalan Villamin
3 p.m. - 4 p.m.
Discuss “Bittermelons and Misosas: A Philippine Memoir”
Union City Branch Library
34007 Alvarado Niles Rd., Union City
(510) 745-1464
www.aclibrary.org

Sunday, Nov 23
St. Nicks of Niles “Giving Hope” \$
4 p.m. - 9 p.m.
Benefit holiday party
Music, food, and drinks
Niles Café
121 I St., Fremont
(510) 791-6049

Sunday, Nov 23
Family Fun Hour
2 p.m. - 3 p.m.
Stories, games and activities
Ages 5+
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Sunday, Nov 23
Coyote Hills: Past, Present and Future
9:30 a.m. - 12 noon
Discuss Ohlone origins to future park expansion
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Sunday, Nov 23
Country Cranberry Sauce \$
11 a.m. - 12 noon
Prepare a Thanksgiving side dish
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Monday, Nov 24
Eden Garden Club Meeting
9:30 a.m.
Discuss bees, agriculture and wild landscapes
Hayward-Castro Valley Moose Lodge
20835 Rutledge Rd., Castro Valley
(510) 538-4292

Monday, Nov 24
Interfaith Thanksgiving Service
7:30 p.m.
Holiday service for all faiths
Bring refreshments to share
St. Joseph Hall
43148 Mission Blvd., Fremont
(510) 656-2364
tbt-rabbi@sbcglobal.net

Tuesday, Nov 25
Free Notary Signings for Seniors
10:00 a.m. - 11:45 a.m.
Call to schedule an appointment
Ages 50+
Ruggieri Senior Center
33997 Alvarado Niles Rd., Union City
(510) 675-5495

Tuesday, Nov 25
Weekday Bird Walk
7:30 a.m. - 9:30 a.m.
Enjoy bird life on a tranquil trail
Age 12+
Alameda Creek Niles Staging Area
Old Canyon Rd. in Niles District, Fremont
(510) 544-3220
www.ebparks.org

Tuesday, Nov 25
American Red Cross Blood Drive – R
10 a.m. - 3 p.m.
Call for an appointment: use sponsor code UNITEK
Unitek College
4580 Auto Mall Pkwy, Fremont
(800) 733-2767

Tuesday, Nov 25
Holiday Dinner and Services
1 p.m. - 6 p.m.
Dental and medical clinic, dinner and entertainment
Centerville Presbyterian Church
4360 Central Ave., Fremont
(510) 784-7341
(415) 341-7689

Saturday, Dec 6
Breakfast with Santa \$
8 a.m. - 10 a.m.
Food, raffle baskets, and pictures with Santa
RSVP by 11/26/14
Applebee’s Restaurant
39139 Farwell Dr., Fremont
(510) 742-6400
debgarin@yahoo.com
dsanute@gmail.com

Celebrate BART Oakland Airport Service

SUBMITTED BY BAY AREA RAPID TRANSIT

Join the celebration! BART’s new train to plane service, “BART to OAK,” which provides an easy connection to Oakland International Airport, will open in time for Thanksgiving travel on Saturday, November 22.

To mark this exciting moment in BART’s history, a public celebration will be held on Friday, November 21, to give the community a chance to check out the new stations, the beautiful art work, and to take a free ride before it opens. Festivities

will include live entertainment, guest speakers, light refreshments and great raffle prizes!

BART Oakland Airport Pre-Opening Celebration
Friday, Nov 21
11 a.m. -3 p.m.
Coliseum BART Station
7200 Snell St. @ 71st Ave, Oakland
www.bart.gov/grandopening
Free

McConaghy House closed for update

SUBMITTED BY MARCESS OWINGS

Changes are underway at McConaghy House and a whole new experience is set to be open to the public in autumn 2015. Sunday, November 16 marked the last chance to visit this year for regular tours.

Hayward Area Historical Society (HAHS) staff, volunteers, and researchers are working on a compete reinterpretation of the house. This involves developing a new exhibit plan and tours, prototyping new hands-on activities, moving and acquiring furniture and other decorative and household artifacts. Prototyping and testing of hands-on, child-friendly activities will occur over the next few months at the HAHS Center for History & Culture.

Curator Diane Curry says of the temporary closure, “We’re excited to make some changes at McConaghy House. It’s unfortunate that we won’t be able to decorate the house for Christmas this year, but the end result will be worth the wait!”

McConaghy House is a Stick-Eastlake style farmhouse once occupied by the McConaghy family. John Haar, Sr. designed and constructed the house

in 1886. John McConaghy was the last of the family to live in the house, where he passed not long after his 100th birthday in 1972. When plans to rezone the property for retail purposes were proposed, the local community came together to save the house. McConaghy House was purchased by the Hayward Area Recreation and Park District in 1973, and has been managed by HAHS and operated as a house museum since 1976.

For more information, call (510) 581-0223 or visit www.haywardareahistory.org.



Saturday, November 29th, 2014

9:00 am - 3:00 pm

Fremont Veteran's Memorial Hall
37154 Second St. in Fremont (Niles Area)

Holiday Boufique

Crafts, Gifts, and Food!

Admission is free

Girl Scouts of Northern California
Coyote Hills Service Unit
Serving Fremont, Union City, and Newark
www.coyotehillsgs.org

If you have any questions, please email
kcforshort@gmail.com and write "Holiday Boutique" in the subject line.



Boutique Calendar

Wednesday, Nov 19 – Friday, Jan 2
Holiday Boutique
11 a.m. – 5 p.m.
Handmade fine art, jewelry and gifts
Fremont Art Association
37697 Niles Blvd., Fremont
www.fremontartassociation.org

Friday, Nov 21 – Saturday, Nov 22
Holiday Boutique Fundraiser
Fri: 12 noon – 7 p.m.
Sat: 10 a.m. – 4 p.m.
Handcrafted jewelry, art, clothing and food
Hill and Valley Women’s Club
1808 B Street, Hayward
(510) 483-8156
gmellen1@msn.com

Friday, Nov 21 – Sunday, Dec 21
Holiday Boutique Show
11 a.m. – 5 p.m.
Handmade holiday gift items
Sun Gallery
1015 E Street, Hayward
(510) 581-4050
www.sungallery.org

Saturday, Nov 29
Holiday Boutique
9 a.m. – 3 p.m.
Crafts, gifts and food
Fremont Veteran’s Memorial Hall
37154 Second St., Fremont
kcforshort@gmail.com

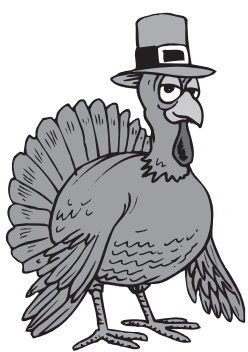
Saturday, Dec 6
Christmas Boutique
9 a.m. – 5 p.m.
Handmade items, entertainment and tree raffle
Milpitas Community Center
457 E. Calaveras Blvd., Milpitas
(408) 946-9713



Saturday, Nov 22 – Sunday, Nov 23
Holiday Boutique
10 a.m. – 4 p.m.
Variety of homemade goodies
Dominican Sisters of MSJ
43326 Mission Blvd., Fremont
www.msjdominicans.org

Thursday, Dec 4
Holiday Crafts Faire
10 a.m. – 4 p.m.
Hand-made craft items and gifts
Ruggieri Senior Center
33996 Alvarado-Niles Rd., Union City
(510) 675-5495

Saturday, Dec 6
Holiday Boutique
10 a.m. – 5 p.m.
Vendors plus arts and crafts
Proceeds benefit Grad Night Activities
American High School
36300 Fremont Blvd., Fremont
(510) 794-1543



Share your Blessings on Thanksgiving



While the holidays are a time of high spirits and abundance, it is also a time to share with our communities. Numerous organizations throughout the Greater Tri-Cities step up each holiday season to provide those in need with a Thanksgiving meal. You can help by donating food items or cash so everyone can enjoy the season.

Fremont/Newark Union City:

Cityserve Compassion Network will be ministering to those in need in Fremont, Union City, and Newark with a bag full of fixings for a Thanksgiving meal. Call for specific needs. Friday, November 21 is the last day for donations; turkeys can be contributed up to the morning of delivery day on Monday, November 24.

Cityserve Compassion Network
39155 Liberty St. H840, Fremont
(510) 796-7378
<http://www.compassionnetwork.org/>

Tri-City Volunteers serve over 6,000 families in Alameda County every month. Help them give families a happy Thanksgiving by donating holiday dinner items such as turkeys, stuffing mix, gravy mix, boxed mashed potatoes, canned green beans and corn, apple sauce, and packaged desserts. Drop off donations Monday through Thursday, 8:30 a.m. to noon and 1 p.m. to 4 p.m.; and Fridays, 8:30 a.m. to noon and 1 p.m. to 3 p.m. There is no deadline for donations; anything not used for Thanksgiving will be used for Christmas needs.

Tri-City Volunteers
37350 Joseph St, Fremont
(510) 793-4583
<http://www.tricityvolunteers.org/>

League of Volunteers (LOV) provides a Thanksgiving meal at Newark Pavilion for those without resources to enjoy the traditions of the day or who otherwise would spend the day alone. They also distribute bags of groceries to those in need. To meet the needs of the community, LOV requires 300 turkeys, 80 hams, 500 pies, 600 oval aluminum roasting pans, and 250

loaves of sandwich bread. Also needed are canned chicken broth, canned string beans and whole corn, sliced pickles, black olives, cookies, take home meal containers, instant mashed potato mix, Stove Top stuffing mix, butter (both patties and cubes), Chinet divided dinner plates, dessert plates, grocery bags, large lunch bags, mayonnaise packets, sandwich bags, dinner rolls, coffee (regular and decaf), tablecloths, dinner napkins, sliced pie containers, baby food, bottled water, styrofoam coffee cups, paper towels, turkey roasting bags, charcoal lighter, aluminum foil and Saran Wrap, garbage can liners, and paper towels.

Turkeys and roasting pans need to be received by Friday, November 21; all other items must be delivered by Tuesday, November 25. Donations can be dropped off at LOV’s office Monday to Friday between 8 a.m. and 5 p.m. Monetary donations are also accepted to purchase needed items. Checks should be payable to LOV, marked “for Thanksgiving” and mailed to 8440 Central Ave., Suite A/B, Newark, CA 94560. Your donation is tax deductible.

LOV
Suite A/B, 8440 Central Ave, Newark
(510) 793-5683
www.lov.org

Viola Blythe Community Service Center offers three ways to donate: drop off a collection of fresh items needed to make a Thanksgiving meal, such as chicken, turkeys, eggs, celery, potatoes, and onions (canned food is welcome as well); adopt a family and shop for them from the information provided by the center; or donate a gift card to grocery stores for food shopping. Cash donations are always welcome to purchase

food items at a reduced price through agencies like the Alameda County Food Bank. Donations can be dropped off Monday through Friday, 10 a.m. to 4 p.m. The last day to contribute is Wednesday, November 26.

Viola Blythe Community Service Center
37365 Ash St, Newark
(510) 794-3437
Violablythe.org

Hayward:

Salvation Army Hayward Corps will be providing dinner on Thanksgiving Day; contact them for specific needs for the meal.

Salvation Army Hayward Corps Community Center
430 A St, Hayward
(510) 581-6444
[https://www.facebook.com/haywardcorps/timeline?ref=page_in ternal](https://www.facebook.com/haywardcorps/timeline?ref=page_internal)

Milpitas:

Milpitas Food Pantry serves residents of Milpitas and Alviso. Food donations can be dropped off during regular hours of operation Monday through Thursday, 9 a.m. to 1 p.m.; Thursday, 6 p.m. to 8 p.m.; and Saturday, 9 a.m. to noon. Monetary contributions are also welcome and can be sent to Milpitas Food Pantry, P.O. Box 360061, Milpitas, CA 95036. Call or e-mail Karen@milpitasfoodpantry.org for specific holiday needs.

Milpitas Food Pantry
1440 S. Main St, Milpitas
(408) 946-5564
www.milpitasfoodpantry.org

San Leandro/San Lorenzo/Castro Valley Ashland/Cherryland:

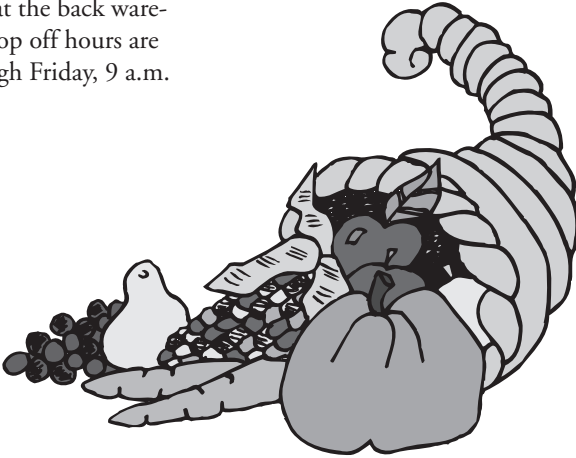
Davis Street Community Center is providing holiday baskets for their active clients living in San Leandro, San Lorenzo, Castro Valley, Cherryland, and Ashland. They accept all food items, new toys, cash donations, and gift cards (no clothing), which can be dropped off before December 20 at the back warehouse gate. Drop off hours are Monday through Friday, 9 a.m. to 5:30 p.m.

Davis Street Community Center
3081 Teagarden St, San Leandro
(510) 347-4620
<http://davisstreet.org/>

San Lorenzo:

San Lorenzo Family Health Center Food Bank has been operating for over 30 years providing food for Alameda County residents. In the last six years they have grown tremendously and are currently serving over 1,200 families. The Food Bank is hoping to collect enough food to fill 420 baskets and welcomes all general holiday food donations. Donations can be dropped off Monday through Friday, 10 a.m. to noon and must be received by Wednesday, November 19.

San Lorenzo Family Health Center Food Bank
100 Hacienda Ave, Building C, San Lorenzo
(510) 305-1414



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www.insurancemsm.com

Senior Helpline

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Serving individuals 60+ and their families in Fremont, Newark and Union City, CA

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City of Fremont
Human Services Department

Skinny Patch - Fat Liquefying Laser

Fremont Laser Med Spa

Dr. James Kojian, M.D., Owner



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SPORTS

Pioneers pull away late for exhibition win

Women's Basketball

SUBMITTED BY SCOTT CHISHOLM

Cal State East Bay women's basketball won its November 8th exhibition meeting with Cal Maritime Keelhaulers 73-66 inside Pioneer Gymnasium. Stephanie Lopez led the Pioneers with 23 points and six assists in the win. A late 11-2 scoring run put the Pioneers comfortably ahead over the final three minutes of regulation.

Women's hoops drops season opener to Saint Martin's

Cal State East Bay found itself playing catchup throughout its 71-57 season opening defeat to Saint Martin's on November 14 at the Hampton Inn & Suites D2 Shootout hosted by Western Oregon. The Pioneers defense held the Saints to 30 percent shooting from the field, but 25 turnovers proved too much to overcome.

East Bay's Tori Breschers scored the opening basket to put the Pioneers out front. SMU (1-0) responded with a 9-2 scoring run and did not trail the rest of the way. Stephanie Lopez led Cal State East Bay with 16 points, nine rebounds, and six assists. Bianca Littleton scored an efficient 10 points on 4-of-9 shooting from the floor in her official Pioneer debut. Shannon Bland added nine points and seven rebounds in the loss.

Renegade Report

Women's Volleyball

SUBMITTED BY JEREMY PENAFLOR

Ohlone College vs. Skyline College
November 12, 2014

Ohlone defeats Skyline, 3-1 (25-19, 25-23, 19-25, 25-16)

For the fifth match in row, outside hitter Jenni Brochu hit at an efficiency of over .400 with a team leading hitting percentage of .512. She also turned in a team leading 26 kills to go with 12 digs and 2 aces. Middle blocker Audrey Vaughn led the team in blocks with 3; Right side hitter Mary Newman had 12 kills and hit at a percentage of .370 and Setter Camaryn Bricker led the team in assists with 45.

Ohlone College vs. Foothill College
November 14, 2014

Foothill defeats Ohlone, 3-1 (25-12, 18-25, 25-20, 25-15)

For the sixth match in row, outside hitter Jenni Brochu hit at an efficiency of over .400 with a team leading hitting percentage of .469. She also turned in a team leading 17 kills to go with 20 digs and 2 aces.

Get in Shape 5k Run/Walk

SUBMITTED BY KATHLEEN KAMMERER

Please join the "Get In SHAPE 5k" at Quarry Lakes on November 22. The 5k is a 3.1 mile flat run/walk around Quarry Lakes Regional Park.

All proceeds benefit SHAPE, a small learning community within Irvington High School, offering an integrated academic program that provides career exploration in the fields of sports, health, athletics and physical education, and makes connections between school and the future. The money raised goes toward class supplies and materials, guest speakers from the professional community, and educational field trips.

Registration includes entry into the run/walk, a race t-shirt, and snacks after the race. Fee is \$35 per participant.

Get in Shape 5k Run/Walk
Saturday, Nov 22
Quarry Lakes Regional Park
2100 Isherwood Way, Fremont
Check-In: 8 a.m. – 9 a.m.
Run/Walk: 9:30 a.m.
Register/Info: Active.com
http://www.active.com/fremont-ca/running/distance-running-races/get-in-shape-5k-2014
Parking is paid by race coordinators
No official timing
Dogs on a leash are welcome

Lady Trojans duo poised for post season play

Women's Tennis

Pairings have been determined for Central Coast Section play in Tennis and the Milpitas Trojan women will join the fray. On November 24th at Bayside Courtside, the tandem of Kristin Buchanan/Cheryl Tain will face the Ai Marie Asai/Yu Karen Asai doubles team of Saratoga in the first round. In team competition, Milpitas (15-6) was defeated by Sacred Heart Prep (15-6) on Tuesday, November 11th.

Titans fall in postseason play

Football

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

A great John F. Kennedy Titans season came to an end in the first round of North Coast Section Division 3 postseason play. A close first quarter when facing the formidable Rancho Cotate Cougars was, unfortunately, not a bellwether for the remainder of the game. The Titans eventually fell 38-13.

Just a one point difference 7-6 in the first quarter looked good as the Titans defense kept the game close, but in the second quarter, the cougars took control with an impressive passing attack and never looked back. Cougars Quarterback Gunner Mefferd amassed 215 yards in the air and went 13 for 22 with four touchdowns. Cougars Carlos Franco rushed for 167 yards with just 10 carries. He gave the Cougars a 13-9 lead in the second quarter with a 67 yard touchdown run.

The turning point of the game happened as the Titans had the ball with six minutes left in the second quarter and were driving toward the end zone. A Cougar lineman forced the ball out of the Titan runner's arm, denying an opportunity to close to within one point. In the third quarter, another Cougars score put the game out of reach.

The loss ended a Cinderella run for the Kennedy Titans who completed an undefeated regular season with a 10-0 record.



Close finish at league championships

Cross Country

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

The 2014 Mission Valley Athletic League (MVAL) Cross Country Championships at Coyote Hills on November 13th went right down to wire.

The winning varsity boy's team was decided by the last race as David Frisbie of the John F. Kennedy Titans turned in the best performance of the day at 16.15 followed by James Logan's Colts Cristian Monsalud at 16.45.

In the girls varsity event, Logan had a one two and four finish with Alexandra Newsom coming in with a time of 20.28 and Vanessa Mejia



right behind her with a time of 20:56.1; Elizabeth Rickey of Irvington finished with a great late kick to finish third with a time 21:05.2

Junior Varsity boys Rahul Kumar of Logan had a great time of 11:30.6 and Junior Varsity girls featured Logan runners with Karina Phan at 13.59 and Zhao Li-i-



ian of Mission San Jose right behind her with a time of 14.06.

In the Frosh/Soph boys contest, Mission's Vasavada Shrey

won with a time of 11.15.2.

It was a great day filled with exciting races; runners from all participating schools pulled out

all the stops to give their best efforts. Congratulations to all.

Tennyson Lancers fall in postseason play



Football

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

Pinole Valley Spartans beat the Tennyson Lancers 38-18 on November 15th in the first round of the North Coast Section Division 2 playoff action. The Lancers got the first score, taking an early 6-0 lead but Pinole Valley answered with four consecutive touchdowns to take a 28-6 advantage into halftime. Pinole Valley's Quarterback Troyante McConico escaped the Tennyson defense all afternoon, scoring four touchdowns on the ground and one through the air.

Troyante McConico got the ball rolling for the Spartans with a 1-yard touchdown run. He ran for another touchdown two minutes

into the second quarter, then found a wide open Chris Salmeron for a 36 yard pass to make it a 21-6 game. Lavell Sanders pocketed another touchdown run for Pinole Valley before halftime.

In the third quarter, Tennyson fought its way back into the game, scoring on a halfback pass from Jeremiah Uson to Jacob Watson. The Lancers were able to move down the field several times, but five turnovers on the day prevented them from closing in the lead, ending their season. McConico added a touchdown run in the third quarter, followed by a 35-yard field goal by Freddy Castillo in the fourth quarter. Tennyson would not go quietly as they got on board one more time with the time almost running out in the fourth quarter on a Christian Silva 20-yard run.

East Bay topples Tritons in four-set thriller

Women's Volleyball

SUBMITTED BY
STEPHEN CONNOLLY

The Cal State East Bay volleyball team rallied for a four-set victory over visiting UC San Diego in the November 14th penultimate match of the 2014 season (19-25, 25-17, 25-19, 29-27). The Pioneers (10-16, 7-14 CCAA) are finishing the year strong, having now won five of their last six at home.

East Bay out-hit UCSD .256 to .190 for the match. The Pioneers also racked up 55 kills, which is their highest total in a California Collegiate Athletic Association match this season. It was a memorable night, as the team played in front of its largest and most enthusiastic crowd of the season.

The Tritons were able to jump out to an early 10-4 lead in the first set; both teams had early success on the attack, as the Pio-

neers hit .306 in the frame and UCSD hit .357. East Bay was never able to get closer than four. Trailing 1-0, the Pioneers stepped up their defense in a big way in the second set and held UCSD to a negative attack percentage. The score was tight through the first half of the frame before East Bay managed to pull away. Tied 14-14, the Pioneers won three straight points and never looked back as they evened up the match with an eight-point victory.

Taking advantage of a supportive crowd, CSUEB carried their momentum into the third game. They posted a .314 hitting percentage with just three attack error and outlasted the Tritons to take a 2-1 lead in the match. It followed a similar script to game two — with UCSD leading 12-11, the Pioneers won four straight points and never relinquished the lead after that.

East Bay had a chance to close out the win in game four, but most of the way, it seemed as

Pioneers open season with 86-80 win

Men's Basketball

SUBMITTED BY STEPHEN CONNOLLY

The Cal State East Bay men's basketball team opened the 2014-15 season with an 86-80 win over Montana State Billings in the first game of the Penguin Preseason Conference Challenge, hosted by Dominican University. The Pioneers (1-0) shot 51.6 percent from the field as a team and never trailed in the wire-to-wire victory. Five different players scored in double figures, led by senior Nick Grieves with 19 points.

"Tonight was a really good start to the season for our team and program," said head coach Gus Argenal. "Coach Stevens' team executes and defends at a high level. We got off to a good start on both sides of the ball, and that carried us throughout the game."

CSUEB wasted no time in jumping out to a big lead over the Yellowjackets (0-1). With the score 7-6, East Bay rattled off a 17-3 run heading into the second media timeout of the half. The Pioneers led by as many as 16 in the frame, and they went into halftime with a 42-29 advantage.

It was an impressive victory for the Pioneers, who committed just five turnovers, knocked down 6-of-11 attempts from three-point range, and out-rebounded the Yellowjackets, 33 to 27. They managed to hang on despite MSUB shooting 54 percent from the field and attempting 22 more free throws than East Bay.

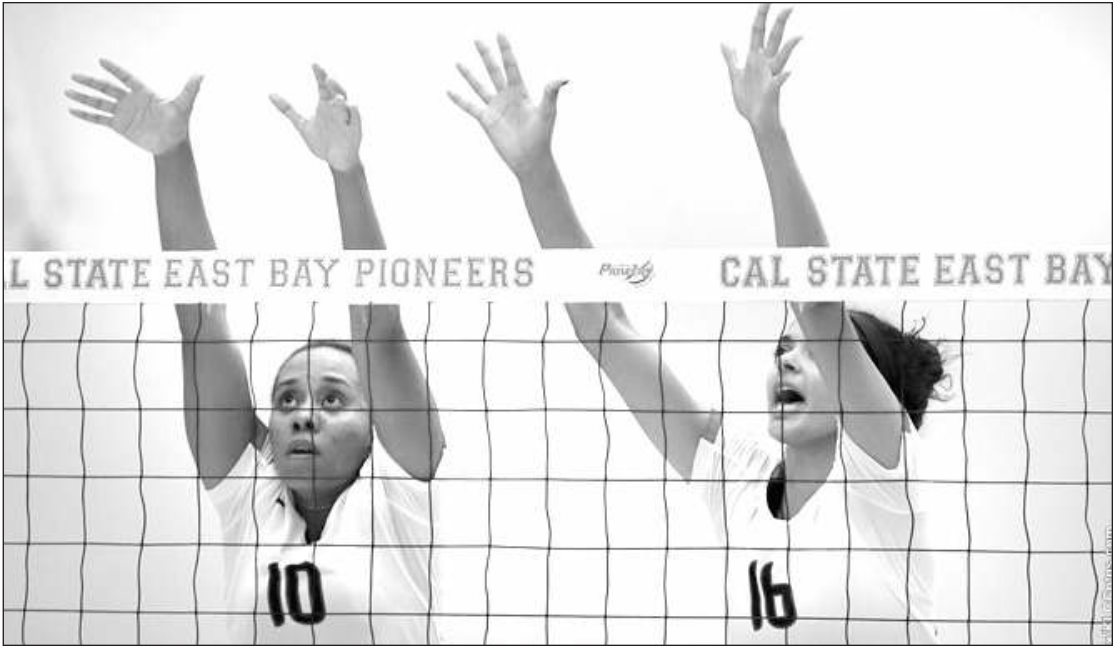
Grieves finished 6-for-11 from the floor and 5-for-5 from the foul line along with four rebounds. Junior Juawnn Springfield had a strong debut for the Pioneers, leading the team with five assists and



Grieves led the way with 19 points for the Pioneers on opening night

scoring 15 points on 5-for-8 shooting. Senior Ryan Okwudibonye was East Bay's go-to scorer in the post for much of the first half, and he finished with 13 points on 6-for-11 shooting before fouling out. Junior Marcus Norman was red-hot from outside, racking up 12 points in just 12 minutes and burying both of his three-point attempts. Junior Jack Pasquini fell just two rebounds shy of a double-double in his first game donning the red and black. He went 4-for-7 from the field, totaling 10 points, eight boards, and two blocks.

Freshman Patrick Marr scored seven points and grabbed three boards, while seniors Jarred Jourdan and Jacari Whitfield added four points apiece. Whitfield did not attempt a three-pointer and remains just two shy of tying the school record.



Pioneer volleyball with Make-a-Wish honorary team member Tara Goodearly from Livermore HS.

though the match were destined for five. The Tritons led the majority of the frame, and they looked to be in good shape with a 23-20 lead. But the Pioneers rallied for three straight points as seniors Amber Hall and Samantha Bruno both recorded kills. The squads traded points back and forth as the tension built in Pioneer Gymnasium.

The score was 27-26 in favor of UCSD when freshman Kiani Rayford stepped up in a big way. She and Jovan Turner combined on a block to tie the score, and then Rayford slammed home a kill to give the Pioneers match point. After the Tritons countered with a point to make it 27-27, Rayford scored yet another kill to put East Bay back up. She then took to the service line for match point, and Ashia Joseph set up Hall for the winning kill as the Pioneer faithful erupted in celebration.

"I was very proud of our resiliency in this match, particularly the last game," said head coach Jim Spagle. "We ran out of subs towards the end, and our freshman defensive wizard Brandi Brucato had to go through the front row. I thought our serve receive and defensive tenacity improved dramatically after the first set. Overall, I'm very proud of the team's effort."

Hall and Bruno each posted 14 kills to lead the team. Hall added 12 digs in her ninth double-double of the season, and Bruno recorded a .297 attack percentage. Libero Angie Maina racked up 26 digs to lead all players, and Brucato added eight scoops.

Rayford hit .344 with 12 kills and two blocks for the Pioneers. In the middle, Turner had six kills and three blocks. Fellow freshman Micah Hammond notched team highs with four

blocks and a .400 hitting percentage, and she reached double-digits for the first time with a career-high 10 kills.

Joseph tallied three kills, 11 digs, and a season-high 49 assists. With one match to play, she has moved up into sixth place on the school all-time career list with 1,826 assists.

"Micah really stepped up, and Kiani came back from a challenging injury to play her best match of the season," added Spagle. "Ashia also did a terrific job distributing the ball. The last three sets tonight were the best games I've seen her play this year."

"I would also like to acknowledge our trainer, Anthony Camargo," Spagle noted. "I was amazed that he had Kiani ready to go tonight. He's a magician with his ability to get our athletes back on the court!"

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Union City City Council Meeting

November 12, 2014

Proclamations and presentations:

Proclamation honoring senior commissioner Hugh McNamara upon his retirement

Proclamation in support of safe digging in Union City

Consent:

Second reading and adoption of ordinance of the city council of Union City to prohibit aggressive and unsafe solicitation under the municipal code.

Adopt a resolution to award the Whipple Road pavement rehabilitation project and to enter into an agreement with the city of Hayward for reimbursement to the city of Union City in the amount of \$119,218.22.

Adopt a resolution to accept work for the 2014/15 Overlay program from Gallagher & Burk, Inc. of Oakland, CA in the amount of \$785,522.58.

Adopt a resolution to appropriate \$19,734,000 as collected from the Alameda County vehicle registration fee.

Adopt a resolution to enter a grant agreement with the State of California in the amount of \$494,325 for housing and com-

munity development—housing related parks program to appropriate said grant funds for relocation and refurbishment of modular classroom.

Item Removed From Consent:

Adopt resolutions appointing individuals to serve on the Human Relations Commission, Park & Recreation Commission, Senior Commission, Planning Commission and Public Art Board. (4 ayes, 1 nay—Navarro)

City Manager Reports:

Resolution of the city council adopting parking rates for station district parking lots 1 & 2 at \$4.00 a day maximum, Monday through Friday 8:00am to 6:00pm; setting a maximum \$3.00 per 24 hour period parking rate for the public parking at the station center garage; and directing staff to include the purchase of parking equipment and construction of public parking on lot 5 in the updated five-year capital improvement plan.

Fiscal Year 2013-14 4th quarter report on budget actual results for the period of July 1 through June 30, 2014. Staff is reporting a surplus in excess of \$4 million.

Mayor Carol Dutra-Vernaci: Aye
Vice Mayor Lorrin Ellis: Aye
Emily Duncan: Aye
Pat Gacoscos: Aye
Jim Navarro: Aye, 1 Nay

Newark City Council

November 13, 2014

Presentations and Proclamations:

Introduce newly hired Public Works Department employees: Mike Mulhearn – General Laborer; Raminder Bola – Associate Civil Engineer; J.R. Mattos – Street Maintenance Worker

Proclaim November 15-23, 2014 as National Hunger and Homelessness Awareness Week

Public Hearings:

Consider Architectural and Site Plan Review for a 145,408 square foot four-story self-storage warehouse at the southeast corner of Fircrest St. and Overlake Pl.

Consider Architectural and Site Plan Review for a 135,884 square foot three-story self-storage warehouse at 6649 Central Ave.

Consent:

Adopt compensation plan for certain positions in the Exempt Service Employee Group
Cancellation of December 25, 2014 City Council meeting
Second reading of ordinance

exempting residential additions from Housing Impact Fee

Second reading of ordinance to change zoning of approximately 10 acres from Community Commercial to Medium Density Residential for Prima Project at 5699 Mowry Ave. (4-0-1, Nagy – Recuse)

Non-Consent:

Approve solid waste collection and recycling services rates for 2015 – increase of 4.3% over f2014 rates. Use \$142,000 of Waste Augmentation Fund to “smooth” the rate increase and incorporate other portion into rates. Average household (32-gallon cart) will see a \$1.19 per month increase.

City Attorney Report:

Reject claim of Alfredo Sy alleging damages due to police action

City Council Matters:

Appoint Faye Hall to two year term on Tri-City Elder Coalition Volunteer Community Board.

Mayor Alan Nagy Aye
(1 recusal)
Vice Mayor Ana Apodaca Aye
Luis Freitas Aye
Maria “Sucy” Collazo Aye
Robert Marshall Aye



Recently hired Public Works Department employees are welcomed by Mayor Alan Nagy (L – R) Mike Mulhearn [with son, Graeme]; Mayor Nagy; J.R. Mattos; Raminder Bola.



Jason of Abode Services accepts proclamation for Mayor Nagy recognizing National Hunger and Homelessness Awareness Week.

TAKES FROM SILICON VALLEY EAST



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.
To subscribe to all blog posts scan this QR Code or visit: ThinkSiliconValley.com/silicon-valley-east

One More Step Toward Strategically Urban What Fremont Gets out of Measure BB

Measure BB Budget Plan

Description	Budget (Million)
Irvington BART Station	\$120
I-680 Cross Connectors	
o Auto Mall Parkway Widening from 680-880	\$24.4
o Mission Blvd. from 680 to Warm Springs Blvd.	\$19.5
Fremont Blvd. Widening from 880 to Grimmer	\$5
Upgrading Relinquished Route 84	\$43
Warm Springs BART Station West Side Access Bridge	\$11
Fremont Boulevard Streetscape in Centerville	\$7.4
Total	\$230

By NORM HUGHES, PUBLIC WORKS DIRECTOR, CITY OF FREMONT

While emotions run high in the aftermath of an election, we are doing our own “happy dance” in Fremont with the passage of Alameda County Measure BB. Why, you ask? You know that we have big plans in Fremont for strategically urban growth, which depends on infrastructure funding to leverage transit. Enter Measure BB.

This ballot measure augments and extends the existing half-cent transportation sales tax by another half-cent through March 31, 2045. Recognizing that transportation needs, technology, and circumstances change over time, the policy document that guides this sales tax allocation spans 30 years, programming nearly \$8 billion in new transportation funding. At a high level, the funding will:

- Expand BART, bus and commuter rail for reliable, safe and fast services
- Keep fares affordable for seniors, youth and people with disabilities
- Provide traffic relief and upgrade infrastructure
- Improve air quality and provide

clean transportation

- Create good jobs within Alameda County

More specifically, several critical projects in Fremont were included in the expenditure plan and will help further our goals of developing the Downtown and Warm Springs Innovation District.

Several other projects included in the plan benefit the City significantly. These include local freeway and interchange improvements, Capitol Corridor improvements, and increased operating funds to enhance AC Transit bus service.

In addition, the plan includes additional funding for programs with funding automatically passed on to the cities. This means an 80 percent increase in our local street and road funding and bicycle/pedestrian funding. The City's paratransit funds will increase by almost 90 percent.

As we continue to position Fremont as a choice location for business, Measure BB provides funding to facilitate anticipated job growth we anticipate from an infrastructure perspective. With the region's current surge in employment, and the related traffic congestion, this should come as welcome news to Fremont companies, and we hope it will be an important consideration as they grow and expand.

Donated cabinet holds bonds worth more than \$7,000

AP WIRE SERVICE

ANN ARBOR, Mich. (AP), There was more than dust in an old file cabinet donated to the Ann Arbor Kiwanis Club. A member found war bonds worth more than \$7,000.

Susan Soth says she was shocked by the discovery and even more surprised by the value of the eight government bonds, which date back to World War II.

Soth tells The Ann Arbor News (<http://bit.ly/1uK-LLjR>) that the name of the man who donated the cabinet is known, but he hasn't made contact yet. She found the bonds while looking through the cabinet to ensure there were no documents with personal information.

Information from: The Ann Arbor News, <http://www.mlive.com/ann-arbor>

OPINION



WILLIAM MARSHAK

In the 1957 Broadway Hit, The Music Man, con man Harold Hill poses as a band leader, selling instruments and uniforms to a town in need of vision and faith. He sells the idea and is ready to flee for greener pastures when he is trapped by his own humanity, falling in love with the town librarian. Although his scam is exposed the idea remains viable, although modified by reality. One of Harold's maneuvers to create the impetus for action is to alert the townsfolk about the evils of a new pool table about to be installed.

His presentation to citizens of River City is similar to what might be said to the citizens of Fremont, facing the onslaught of pre-schools, after school care and other educational facilities that have infiltrated shopping and commercial centers, primarily in the Mission San Jose District. While profitable for property owners, these facilities are not conducive to shopping; parents drop off and pick up their charges without patronizing adjoining businesses, squeezing the lifeblood of commerce from them. Without synergistic economic activity, the shopping center declines, shops fail and the land is deemed not viable, subject to residential infill arguments. Another insidious process is planned decline of retail space in order to declare it untenable for business and therefore, open to alternative – and profitable – uses (i.e. residential development).

Some deliberations of this type are widely advertised with ample opportunity for public input at Planning Commission and/or City Council meetings while others go through a much less visible process of an Administrative Hearing. An example of the Administrative Hearing approach is the current application of Elite School (PLN2015-00004) for use of a shopping center in Mission San Jose to expand their operations for up to 60 junior high and high school students during the school year and up to 155 students during the summer. This change will essentially doom the once retail center to eventual residential development in an already heavily traffic impacted (gridlocked) area.

A Use Permit is required for the Elite School proposal but only at the administrative level which is close to rubber stamp approval. Currently delayed due to public pressure until a traffic study can be completed, studies of this sort are skewed in favor of the school, ignoring the impact if hours of drop off and pick up are manipulated to avoid peak traffic hours and the school is not the final destination of the driver. For instance, if kids are dropped off on the way to work in another area, the impact of that trip to the school can be ignored. The reverse can be true for those coming from work to pick up a student if the final destination is a residence elsewhere. Even if the use is detrimental to the economic health of a community already reeling from residential encroachment and zoning regulations are already under review due to such activity, if the landowner can get approval prior to zoning changes, challenging the application is an uphill climb.

Another example is the attempt in Irvington to degrade the economic prospects of Connolly's Furniture in order to sell the land for residential purposes. In order to make this happen, a study is commissioned to show the center as decayed and infeasible for commercial purposes. The major tenant and owner is cashing out by developing a scenario of economic despair that is, in reality, under their control. Without investing in their business, they can let the whole center deteriorate, plead poverty and, with the "pruning process" championed by planning staff, destroy a significant portion of Irvington that is supposed to be revitalized with Transit Oriented Development through construction of a new BART station. Wow, what a revitalization effort. Get rid of shopping and infill with housing. This is just the opposite of planning for the Warm Springs/South Fremont Station focused on maintaining a business climate amidst controlled and restricted housing growth.

With several new councilmembers poised to take the oath of office, maybe Fremont can regain its perspective on what components will help and planning deficits that will weaken the strength of the City. In planning discussions of the downtown area along Capitol Avenue, State Street and its environs, councilmembers were vehement in opposition to unregulated growth including living arrangements and parking requirements. A unanimous veto was raised when land use included schools and educational institutions in the Central Business District. Why? All of them recognized the need for a balanced approach to a vibrant and successful business environment. This is the same approach that should be translated throughout the City of Fremont (and all cities). Sacrific-

ing portions of the City and its infrastructure through indifference should not be tolerated.

As Harold might say in one of the signature songs of The Music Man:

Well, ya got trouble, my friend, right here,

I say, trouble right here in the Tri-Cities.

Why sure I'm a City Planner,

Certainly mighty proud I say

I'm always mighty proud to say it.

I consider that the hours I spend

With a keyboard are golden.

Help you cultivate horse sense

And a cool head and a keen eye.

But just as I say,

It takes judgment, brains, and maturity to score

In the ordinance game,

I say that any boob kin take

And shove an ordinance through.

The first big step on the road

To the depths of deg-ra-Day—

I say, first a new ordinance,

Then a planned district.

An' the next thing ya know,

Your staff is playin' for the future

In a pinch-back suit.

And list'nin to some big out-a-town Jasper

Hearin' him tell about big time development'.

Not a wholesome residential or retail development, no!

But where they set an economic killer down right in the middle of commerce!

Ya got trouble, folks!

Right here in the Tri-Cities

Trouble with a capital "T"

And that rhymes with "P" and that stands for preschool!

William Marshak
PUBLISHER



PUBLISHER
EDITOR IN CHIEF
William Marshak

DIRECTOR OF OPERATIONS
Sharon Marshak

PRODUCTION/GRAPHIC DESIGN
Ramya Raman

ARTS & ENTERTAINMENT
Sharon Marshak

COPY EDITOR
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Stephen F. Von Till, Esq.

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Bright Future for a Comet-Chasing Spacecraft

BY ALEX H. KASPRAK, NATIONAL AERONAUTICS AND SPACE ADMINISTRATION

Over 10 years ago, a spacecraft named Rosetta blasted off on its way to meet up with an icy dust ball. The European Space Agency launched the mission with contributions from selected European countries, and also from NASA. Those who built Rosetta have high hopes for it. If all goes according to plan, a lander attached to Rosetta will gently descend to the surface of the comet for the first time ever.

In fact, the Rosetta mission has already made history. In late August, after its decade-long journey, the spacecraft entered an orbit around a comet for the first time. The comet—Comet 67P/Churyumov-Gerasimenko—is barreling quickly toward

the sun as Rosetta circles around it. This is both a blessing and a curse.

It's a blessing because we will now have a front-row seat to a pretty awesome show. As this comet gets closer to the sun it will heat up. As it heats up, it will develop the bright coma and stunning tail for which comets are known.

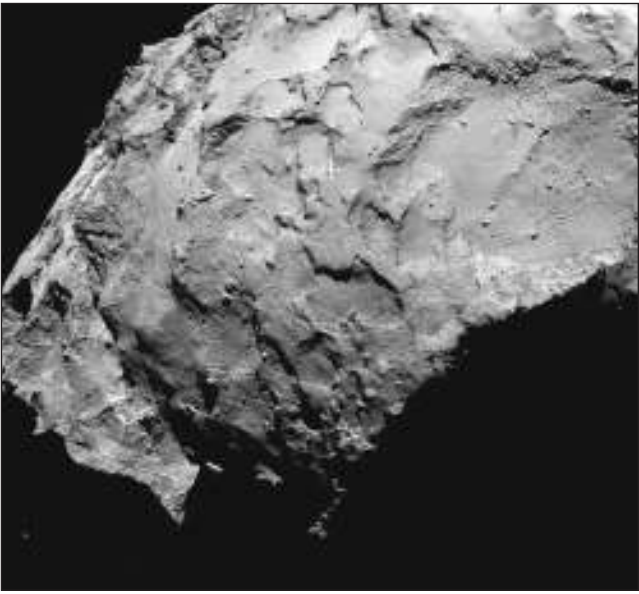
It's a curse because eventually all that heat will make it impossible for the lander's instruments to work. It could even break Comet 67P apart. That means there's a deadline for putting a lander on its surface. The scientists must act quickly.

And act quickly is what they have done! Immediately after arriving at its target, Rosetta made a detailed map of its surface. Not only is it a beautifully detailed look at a mysterious space object, but it is also useful. When Rosetta first launched, scientists had no idea what the surface of Comet 67P looked like. Now, using this map, sci-

entists were able to pick out a number of potential landing sites to study.

After teams of scientists and engineers discussed and debated all of those options, they picked one first-choice landing site and one back-up site. Everything is on schedule for the landing attempt to be made in mid-November.

Both on the surface and in orbit, Rosetta will help us understand not only what comets look like up close when they approach the sun, but it will also shed light on the formation of our own solar system. These icy comets are the leftovers from the time when our solar system was just forming



Rosetta shot this picture of Comet 67P/Churyumov-Gerasimenko when it arrived in the comet's orbit. The marked area is the first choice landing site. Credit: ESA/Rosetta/MPS for OSIRIS Team MPS/UPD/LAM/IAA/SSO/INTA/UPM.

Download the game CometQuest by NASA's Space Place and take control of the Rosetta Mission. Land a lander and collect data while you avoid space hazards!<http://tinyurl.com/cometquest>.

LETTER TO THE EDITOR

Rodeo a positive contribution to our community

The Rowell Ranch Pro Rodeo follows and abides by the more than 60 rules and regulations enforced by the Professional Rodeo Cowboys Association. Rules that are carefully founded on the advice of Veterinarians with expertise in caring for rodeo livestock and other experienced professionals. Rowell Ranch Pro Rodeo has always and will continue to follow and practice these rules and guidelines in all events including the Wild Cow Milking.

Cows that are utilized for the event have weanling calves old enough to be turned out to pasture with a herd and graze. The livestock is checked by the attending veterinarian prior to the event for injury and stress, and again following the event. Livestock that the veterinarian feels is not in top physical condition is removed from competition.

As in any contest, athletes—animal or human—are cared for and conditioned for competition. With proper training and educa-

tion, participants eliminate any stress or danger that may occur. Whether on the soccer field, tennis court or rodeo arena, education and experience create a safe environment for all.

Rodeo livestock live long and healthy lives. This is due to the fact that the utmost care is given to them, in the way of nutrition, nurturing, and a healthy atmosphere. Many of these animals live out their lives on large ranches with lush pastures.

As in any situation, knowledge, education, and experience make for a safe and enjoyable event. For 94 years, the Historic Rowell Ranch Rodeo has been a part of the Bay Area's rich history and culture; over half a century serving the livestock, contestants, and our community with the highest regard and respect.

Janet Lemmons
Rowell Ranch Rodeo
Hayward

Swalwell elected as Regional Whip

SUBMITTED BY ALLISON BORMEL

U.S. Representative Eric Swalwell (CA-15) has been elected by his colleagues to serve as Regional Whip in the upcoming 114th Congress for Region II, which is comprised of Northern California, Hawaii and the Pacific Islands.

The Regional Whip team works with Democratic Whip Steny Hoyer to build unity among House Democrats. Regional Whips are responsible for informing their regional colleagues about upcoming legislation and mobilizing votes. Swalwell served as Democratic Assistant Whip in the 113th Congress.

Board of Pharmacy recommends eliminating tobacco/cigarette sales in pharmacies

SUBMITTED BY JOYIA EMARD

The California Board of Pharmacy recommends that pharmacies and stores that contain pharmacies no longer sell cigarettes and tobacco products. At their October 29 meeting, board members unanimously approved a policy statement that recommends the elimination of tobacco product sales in pharmacies.

LIFE CORNERSTONES

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Marriage

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Obituaries



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Patrick G. Butler
RESIDENT OF FREMONT

March 20, 1928 – October 15, 2014

Mary A. Tribble
RESIDENT OF FREMONT

September 13, 1923 – November 6, 2014

Michele Lien
RESIDENT OF FREMONT

January 26, 1963 – November 7, 2014

Remigia D. Cristobal
RESIDENT OF PITTSBURG

September 30, 1920 – November 12, 2014

Wendy L. Hall
RESIDENT OF FREMONT

February 15, 1960 – November 13, 2014

Wenyng Shu
RESIDENT OF FREMONT

August 5, 1925 – November 14, 2014

J. Dennis Wolfe
RESIDENT OF FREMONT

April 12, 1952 – November 14, 2014

Kannamba Talla
RESIDENT OF UNION CITY

July 2, 1944 – November 15, 2014



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Lupe G. Galvan
RESIDENT OF FREMONT

February 18, 1927 – November 9, 2014

Tana R. Pine
RESIDENT OF OROVILLE

December 30, 1954 – November 10, 2014

Leeloa J. Anderson
RESIDENT OF NEWARK

February 20, 1972 – November 9, 2014

Eleanor C. Arnberg
RESIDENT OF FREMONT

July 28, 1928 – November 10, 2014

Danny Dykwel
RESIDENT OF PALO ALTO

March 31, 1952 – November 6, 2014

Barbara E. McClelland
RESIDENT OF FREMONT

January 28, 1922 – November 11, 2014

Charles C.T. Shih
RESIDENT OF FREMONT

October 20, 1937 – November 12, 2014

Steven B. Benbow
RESIDENT OF FREMONT

April 23, 1950 – November 14, 2014

Maxine F. Gardner
RESIDENT OF FREMONT

May 12, 1926 – November 13, 2014

Bessie Leora Marr
RESIDENT OF FREMONT

June 3, 1929 – November 14, 2014

Kathleen R. Heppler-Cavit
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Governors team
up to tackle
drought crisis

BY JULIET WILLIAMS
ASSOCIATED PRESS

SACRAMENTO, Calif. (AP) — The governors of California and Nevada met Thursday at a forum aimed at coming up with the best ways to cope with the unprecedented drought affecting the western U.S., now in its third year.

"I think the drought will test our imagination and our science, our technology and our political capacity to collaborate," California Gov. Jerry Brown, a Democrat, said in opening remarks.

Nevada Gov. Brian Sandoval, chairman of the Western Governors' Association, initiated the yearlong series of meetings that include senior water, energy and agriculture policy leaders from government and the private sector. The meetings will lead to a report of best practices to be released next June.

This week's meeting in Sacramento is focused on how to manage the drought's effect on agriculture.

"These farmers ... they come to me and they feel really helpless. They don't know what to do. And their livelihood is at stake," said Sandoval, a Republican.

California voters last week approved a \$7.5 billion water bond measure that

will allow the state to expand storage and develop water management plans.

Brown noted that the proposals for addressing California's water problems will be controversial, including his contested \$25 billion plan to build twin tunnels underneath the Delta that would make it easier to pump water from the Sacramento River to Central Valley farms and Southern California cities.

In another contentious move, Brown recently signed into law the first regulations governing the use of California's groundwater, bringing it in line with other states.

Brown said a recent flight over Northern California gave him a view of the hundreds of canals and tunnels that help the state move water. Brown's father, former Gov. Pat Brown, built the State Water Project, an extensive system of reservoirs and canals that was considered an engineering marvel in its day but was built for a population of half the current 38 million.

"There are a lot of people who think somehow engineering water from point A to point B is somehow unnatural," he said. "Well we long ago passed the unnatural in California."

NY chef aiming for gingerbread
house world record

BY VERENA DOBNIK
ASSOCIATED PRESS

NEW YORK (AP) — Special materials are going into the most colorful New York real estate development: 3,550 pounds of royal icing, 700 pounds of candy and 600 pounds of dough.

That's what Manhattan chef Jon Lovitch needs to build a gingerbread village complete with houses, trees, a skating rink, a hotel and even an underground subway station.

Lovitch holds the Guinness record for the world's largest collection of gingerbread houses. And he's now going for another record — competing against himself by assembling 1,020 new ones before Thanksgiving.

He's been busy building since January at his Bronx home, where "the kitchen and dining room look like Betty Crocker came in and went psychedelic," he said, laughing. "It's pretty insane."

On Thursday, he was at the New York Hall of Science in the Queens section of the city expanding the 2.5-ton, 480-square-foot village he designed, baked and built.

"I'm challenging myself, but I'd welcome other challenges if someone else in the world is doing this!" the chef said as he carried an armful of houses to add to the saccharine property.

He transports the fragile items in his car trunk, on their sides and cushioned on a blanket.

Lovitch was recognized by the 2014 Guinness World Records for last year's production — 157 houses. So far this year, he's made 900.

The public will get a first look at the village on Friday, displayed on a circular platform under a skylight that brings sunny weather to the uninhabited community.

"My village is designed to look like 'the night before Christmas, when all through the house, not a creature was stirring, not even a mouse,'" he recited, quoting Clement Clarke Moore's famed children's poem, "A Visit from St. Nicholas."

A plexiglass barrier will keep children's fingers away from the enticing clusters of gingerbread architecture.

Independent inspectors are to evaluate it and report to Guinness.

To be eligible, every ingredient must be edible. But the zany lineup doesn't come with a nutrition label because it's not meant to be eaten.

The nearly 5,000 pounds of self-funded ingredients could fill a truck. Lovitch buys them wherever they're cheapest. At \$1.19 a pound, sugar in Pennsylvania beats the \$2.29 he encountered in New York.

He's not paid for what he calls his "passion." Now 39, he made his first house when he was — well, a sweet 16.

Lovitch earns his living as executive chef at Manhattan's famed Algonquin Hotel where Dorothy Parker once ruled over her literary Round Table. Lovitch is planning the hotel's Thanksgiving menu, with 60 of his gingerbread houses for decoration.

GingerBread Lane will be dismantled on Jan. 11 and given away on a first-come, first-served basis, plus to children with special needs.

Online: *GingerBread Lane:*
<http://nysci.org/event/gingerbread-lane>

California: Customers would pay
for water tunnels

BY SCOTT SMITH
ASSOCIATED PRESS

FRESNO, Calif. (AP) — Customers of a proposed twin-tunnel project intended to send water around a California delta-estuary would have to make billions of dollars in fixed payments each year, even during dry periods when they're sent little water, officials said Friday.

The information was provided as the state treasurer's office released a financing plan for the \$25 billion Bay Delta Conservation Project. The study said the tunnels would only be feasible if water agencies adopted a set annual payment plan.

The \$15 billion tunnels are at the heart of the contested project that would bypass the Sacramento-San Joaquin Delta while delivering water to Central Valley farms and Southern California cities. A pair of 40-foot-wide tunnels would reach depths of 150 feet below ground and run for 30 miles.

Other parts of the plan include restoring delta habitat for wildlife.

"We believe this report is a very positive assessment of the affordability of the proposal," said Karla Nemeth, deputy director of the California Natural Resources Agency, which requested the independent study.

Pivotal to the state economy, the delta carries Sierra Nevada snowmelt into the largest estuary on the West Coast and into San Francisco Bay. The delta provides 3 million acres of farmland with irrigation water and 25 million Californians with drinking water.

Water districts in Central and Southern California — such as the Metropolitan Water District, Westlands Water District and Kern Water District — have paid for much of the

planning so far. Those agencies and their customers — not California taxpayers — would be responsible for billions of dollars in debt over 50 years, the study says.

The fixed payments plan would mean that even in future drought years, water agencies would pay while receiving little or no water. The study says the strategy is necessary to sell revenue bonds at reasonable rates.

The study also notes risks, saying such massive projects often run over budget and can be subject to unexpected regulatory and environmental changes.

Environmentalists, delta farmers and the fishing industry want to block the project, saying the tunnels would further harm the delta's water quality. They said the study reveals a 34 percent construction cost overrun, while failing to say if the tunnels are a good investment for California.

San Joaquin County farmer Mike Robinson, who grows alfalfa, melons and corn on the delta, said the tunnels would siphon off freshwater and draw in salty sea water, eventually turning the delta into a saltwater marsh.

"It would be disastrous for the delta and our farming operation," he said. "It would put us out of business."

The funding proposal was an encouraging development, Metropolitan Water District General Manager Jeffrey Kightlinger said in a statement. His district provides water to 19 million people in six Southern Californian counties, partly from the delta.

"Whether we pay now or in the future, it is important to remember that California faces unacceptable risks to our water supply and the economy if we fail to take comprehensive action in the Sacramento-San Joaquin Delta," he said.

Swiss Emmentaler named
world's best cheese

AP WIRE SERVICE

MADISON, Wis. (AP) — A Swiss Emmentaler has won the title of 2014 World Championship Cheese in Wisconsin.

Cheesemaker Gerard Sinnesberger took top honors for his Original Schweizer Rohmilch Emmentaler, a large format, big wheel Swiss cheese.

Out of possible 100 points, the Emmentaler scored 97.85 in the final round of judging Wednesday. The cheese scored

top honors out of 2,615 entries from 22 countries.

An Austrian entry, called Erzherzog Johann, was second. Another Swiss entry, Gruyere AOP, was third.

U.S. cheesemakers scored big in the competition, winning gold medals in 59 of the total 90 categories judged. Switzerland came in second with seven gold medals, while the Netherlands had five.

Among U.S. entries, Wisconsin dominated with 33 gold medals.

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for Ohlone College Deaf Studies

SUBMITTED BY CHRISTINA VAN FOSSON

A long-time partnership with Ohlone College Deaf Studies Program and the Interpreter Preparation program of a Swedish College was formally extended earlier this month. The signing event continues a fruitful six-year partnership that officially began in 2008 when the original Sister College agreement was signed. Anna Hein, Dean and Vice President of Sodertorns Folkhögskola, came from Sweden to sign the agreement with Dr. Gari Browning, President of Ohlone College; and Darline Gunsauls, Associate Dean of Deaf Studies at Ohlone.

The partnership between the two colleges helps to improve Ohlone's Interpreter Training Programs via in-service training that includes international Deaf Studies curriculum. The collaborative exchange of information expands the breadth of the robust, award-winning Deaf Studies program at Ohlone College.

Ohlone and Sodertorns Folkhögskola's partnership was born from a professional relationship after ASL-English Interpreter Preparation Professor, Shelley Lawrence and Anna Hein met in the mid-70's, at an international Sign Language conference in Copenhagen, Denmark. After several years of in-depth collaboration and training between the two colleges, Ohlone formalized their partnership on June 1, 2008.

Sodertorns Folkhögskola is a highly regarded Swedish college that specializes in education for parents of Deaf children and professional interpreter training, including caption/subtitle writing and interpreting for the Deaf-Blind. The college also specializes in helping students to obtain internships during and after receiving an education there.

Ohlone College's Deaf Studies program is an international leader in its field, possessing one of the largest and most comprehensive programs in the West. It is designed to meet the academic and vocational needs of Deaf and Hard of Hearing students and placing a unique emphasis on the language and culture of deaf people. The College has welcomed Deaf students and members of the College faculty since 1972, making Ohlone a pioneer among the community colleges that now serve Deaf people.



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Quoted by Ralph Nader in his book "No Contest" (1996)
Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present
Faculty, Santa Clara University School of Law 1987
Editor, University of Illinois Law Review
California Supreme Court Cases

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Fall crime prevention tips

SUBMITTED BY
NEWARK PD

As the fall season sets in, temperatures drop and the sun sets earlier each day. While we are all busy, it is important to remember that this time of year is perfect cover for petty criminals. Here are a few simple tips that will help to keep you from being a victim of theft:

- Put on those lights! Criminals don't like bright lights. A carefully placed floodlight on a motion sensor is an economical way to prevent people from lurking in the shadows.

- Lock those doors! Most vehicle thefts are spontaneous events. If a thief is confronted with a locked door it is likely that he will move on to the next car.

- Keep your valuables in the house! You would not believe how many people will leave valuable electronics like laptops and GPS units in an unlocked car.

- Where are your serial numbers? When we solve a burglary one of our priorities is returning property to the rightful owner. That is why it is important to keep those serial numbers listed somewhere.

Don't be afraid to call. You know what is normal for your neighborhood and what is out of the ordinary. If you see any suspicious activities don't hesitate to call the police. For more information about keeping safe or to get more information about starting up a Neighborhood Watch Program in your area, please contact Tim Jones, Special Assistant for Community Engagement Division, at (510) 578-4209 or at tim.jones@newark.org.

Fremont Police Log

SUBMITTED BY GENEVA
BOSQUES, FREMONT PD

Friday, November 7

At 9:38 a.m., a victim called 911 to report that two males pushed him to the ground and robbed him of his cell phone. As the call was being broadcasted, Sgt. Epps saw the two suspects walking on Liberty Street at Stevenson Boulevard. Sergeant Epps detained both suspects until additional units arrived to assist. Both suspects were positively identified at the scene and the victim's cell phone was located in one of the suspect's pockets. Both suspects were juveniles: one from Oakland and the other a Fremont/Hayward resident. Detective Franchi assisted with the interviews during which both suspects admitted to their involvement. Case is investigated by Officer Robinson and Field Training Officer (FTO) Sasser.

At approximately 10:30 a.m., a caller reported that a male broke the window to his car, parked at CVS at Fremont Hub, and stole a duffel bag from his vehicle. The victim chased the suspect through the lot but lost him as he entered Mowry Avenue. The suspect was described as a Hispanic male adult or South Asian-Indian adult male, mid 20's, wearing an orange sweat-shirt, carrying a black/white checkered backpack and riding a black mountain bike. Case is investigated by Officer Settle.

Sunday, November 9

At approximately 6:30 a.m., a commercial burglary was reported on the 40500 block of Albrae Street. Unknown suspect(s) broke a window to enter the business and a unique machine used to make cabinets was stolen.

At approximately 3:15 p.m., a subject entered Washington Hospital (WTH) with a gunshot wound

to his lower right leg. The 24-year-old adult male stated he was shot near Smart & Final by a Hispanic male adult. Officers checked the area of the alleged shooting which met with negative results in locating a crime scene. After several changes in his statement, further investigation revealed that the incident occurred outside city limits. The male was uncooperative and released from WTH. Video surveillance revealed the male was dropped off by an unknown female, driving a green '90s Honda Accord, 2-door with a spoiler on the trunk. Local area agencies were notified. Officer Weber and FTO Hollifield investigated.

At approximately 3:00 a.m., a caller on Lindenwood Street reported that her son needed an ambulance because an unknown individual had punched him in the face and took his car. The 20-year-old victim advised he had been sleeping in his vehicle on the street near his residence and unknown descript male wearing a hoodie beat him up and took his vehicle, a 2001 black over gray Lexus (7AHD663). Victim had a significant laceration above his eye and an injured hand. The victim was treated for his injuries by paramedics. Case was investigated by Officer Piol.

Monday, November 10

At approximately 7:45 a.m., a 25-year-old female drove a stolen red 1993 Toyota Corolla into the parking lot near the 3200 block of Seldon Court. The female entered a business displaying extremely bizarre behavior. When told to leave, she ran across Osgood Road and entered another business. The female stole an employee's backpack and ran into the parking and stole another employee's black 2004 Ford F150 truck. The female drove off in the now stolen truck and entered southbound I-680 at Auto Mall Parkway. She then collided with a motorist traveling southbound I-680 near Mission Blvd. The female abandoned the stolen truck

and ran approximately 1.5 miles and entered an apartment on Crawford Street, which was occupied by an adult male and his son. The female yelled at the occupants, stating someone was trying to kill her, and ran into the kitchen in search of a knife. Officers arrived and detained the female. She also was found to have two outstanding warrants. The female was sent for a mental evaluation, with a plethora of criminal charges pending upon her release. Officer Liu and just about the entire shift handled the investigation(s). California Highway Patrol (CHP) investigated the hit and run on I-680.

A male called Subway on Driscoll Road claiming to be a PG&E (Pacific Gas & Electric Company) worker. The male told the business owner he had to turn off the power to the business stating the power bill was past due. The male told the business owner to go to the local 7-Eleven and purchase a green dot card and put the money onto that card. He was then instructed to call back with the green dot card debit number. The business owner later contacted PG&E who informed him he did not have an outstanding balance with them and there was currently on ongoing scam involving PG&E accounts and green dot card payments. He then contacted the police department.

At approximately 1:00 p.m., a robbery occurred near the 3600 block of Stevenson Boulevard. The victim described the suspect as a black male adult, approximately 5'08"-5'10", with a bald head, wearing a light blue or white shirt and black pants. He was last seen on foot walking near Leslie Street. The victim stated the suspect approached her in the apartment complex parking lot. He grabbed her gold chain necklace she was wearing around her neck. The suspect then took off heading toward Leslie Street with the necklace.

continued on page 38

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Photo Contest Winners

1st place: Adeline Masbrata

"I took this picture while looking at my rose bushes. The tiny ladybug reminds me of how the small things in life can be the best things, such as the many great moments I have shared with my family and friends in Fremont. The rose bush is like our community. Though there are many leaves, they are all connected.



2nd place: Matt Ridings

"Fremont is a place for community. A break from distractions. A place to spend time with the people who you love. Although one of the most ethnically diverse cities in the world, what I love most about Fremont, no matter where you're from, you have a place in this community."



3rd: Gwen Schoner

"This is a picture of a matilija poppy in my backyard. I picked this picture to send in because I really like the lighting and the angle of it."



Shake Dance Tour

SUBMITTED BY
PAPIHA NANDY

Shake Dance Tour is coming to Milpitas on December 6 - 7. It is the first and only dance convention that provides dynamic and comprehensive world dance education from around the world. The two-day education-powered experience is designed for students, studio directors, and entrepreneurs. Through over 40 presentations, attendees learn various styles of dance such as Contemporary, Ballet, Bollywood, Belly dance, Hip Hop, Classical, Flamenco, Chinese, Hula and Modern. Multiple seminars will cover every sub-field of world dance styles such as Art of Teaching, Health and Fitness, Business of Dance and Entrepreneurship. Participants will have the opportunity to showcase their talent at the Shakedown, a dance competition that brings together the world's most diverse and talented dancers to one stage, and Shake & Shape, a health and fitness expo. Participant fees for dancers range from \$35 - \$90. General public tickets to watch the performance are \$15. Visit www.ShakeTour.com for information or to register.



Shake Dance Tour
Saturday, Dec 6 – Sunday Dec 7
8 a.m. – 5 p.m.
India Community Center
525 Los Coches St, Milpitas
Register: www.ShakeTour.com
Participants: \$35 - \$90
General public: \$15

Floating diyas
[lamps] help
beautify India



On her last visit to India, Khushi Shah, an eighth-grader and Fremont local, grew concerned about the environmental issues there, particularly the country's chronic waste problem. According to an article in The Washington Post, "Indians live uncomplainingly alongside heaps of uncollected smelly, fly-infested garbage strewn on the streets, neighborhoods, playgrounds, hospitals, railway stations, temples and river banks."

"I visit India quite often. I love India but I hate walking around on those streets full of garbage. After watching the cleanliness campaigns from the Indian Prime Minister Mr. [Narendra] Modi, I also decided to do something about it," she said.

Because of her love for art, Khushi decided to create beautiful floating diyas to raise funds that can contribute to solving this problem. She started setting a goal of raising \$1,000, but exceeded her expectations with the support of her family and friends. According to Khushi, "It is both my father's and my dream to have a clean, healthy India...I am trying to raise money for this cause and plan to go to India in the summer of 2015 and do something meaningful in my life."

Visit www.khushishah.org or www.facebook.com/Khushishahs.org to place your order. With a small donation of \$10, you can help India address this dilemma.



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Tom MacDonald
Founder



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PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14737691
Superior Court of California, County of Alameda
Petition of: Fnu Supandeeep for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Fnu Supandeeep filed a petition with this court for a decree changing names as follows:
Fnu Supandeeep to Supan Kaur
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: December 5, 2014, Time: 8:45 AM, Dept.: 504
The address of the court is 24405 Amador St., Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening's Tri-City Voice
Date: August 21, 2014
Winifred Y. Smith
Judge of the Superior Court
11/4, 11/11, 11/18, 11/25/14

CNS-2683607#

FICTITIOUS BUSINESS
NAMES

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 497882
Fictitious Business Name(s):
Northral Driving School, 37053 Cherry St., Newark, CA 94560, County of Alameda
37053 Cherry St., Newark, CA 94560
Registrant(s):
Harmanpreet Singh, 6104 B Civic Terrace Ave., Newark, CA 94560
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Harman
This statement was filed with the County Clerk of Alameda County on November 3, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/18, 11/25, 12/2, 12/9/14

CNS-2687861#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 497881
Fictitious Business Name(s):
DPFX Video Productions, 35816 Killorglin Common, Fremont, CA 94536, USA
Registrant(s):
DPFX, Inc., 35816 Killorglin Common, Fremont, CA 94536
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on Sept. 2007.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Duane A. Poquis, CEO
This statement was filed with the County Clerk of Alameda County on October 27, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/11, 11/18, 11/25, 12/2/14

CNS-2685783#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 497829
Fictitious Business Name(s):
Digital Myths Studio, 47610 Wabana Common, Fremont, CA 94539, County of Alameda
Registrant(s):
Digital Myths Studio, Inc., 47610 Wabana Common, Fremont, CA 94539; Delaware

Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on Sept. 30, 2014.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jefferson Dong, CEO
This statement was filed with the County Clerk of Alameda County on October 31, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/11, 11/18, 11/25, 12/2/14

CNS-2685295#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 497456
Fictitious Business Name(s):
Habanero Fresh Grill, 4342-A Thornton Ave., Fremont, CA 94536, County of Alameda
Registrant(s):
Wali Mayar, 1240 Tiegen Dr., Hayward, CA 94542
Juan Rosales, 4707 Griffith Ave., Fremont, CA 94538
Business conducted by: a Joint venture
The registrant began to transact business using the fictitious business name(s) listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Juan Rosales, Partner
Wali Mayar, Partner
This statement was filed with the County Clerk of Alameda County on October 21, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/11, 11/18, 11/25, 12/2/14

CNS-2684674#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 497416
Fictitious Business Name(s):
Idea Campus, 8371 Central Ave., Unit B, Newark, CA 94560, County of Alameda
Registrant(s):
Smart Business Services Inc., 8371 Central Ave. Unit B, Newark, CA 94560; CA
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Kong Yu, CEO
This statement was filed with the County Clerk of Alameda County on October 20, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/11, 11/18, 11/25, 12/2/14

CNS-2684653#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 497326
Fictitious Business Name(s):
Pupper's Plants, 36501 Niles Blvd., Fremont, CA 94536, County of Alameda
Registrant(s):
Elaine Owyang, 40087 Mission Blvd., #361, Fremont, CA 94539
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Elaine Owyang
This statement was filed with the County Clerk of Alameda County on October 17, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change

in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/4, 11/11, 11/18, 11/25/14

CNS-2684378#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 497484
The following person(s) has (have) abandoned the use of the fictitious business name: **7th Heaven Marma Retreat - Ayurvedic Wellness, 3909 Stevenson Blvd. Ste. C1, Fremont, CA 94538**.
The Fictitious Business Name Statement being abandoned was filed on Oct. 21th, 2014 in the County of Alameda.
Jaimala B. Jaydale, 39150 Sundale Dr., #22, Fremont, CA 94538
This business was conducted by:
St Jaimala B. Jaydale
This statement was filed with the County Clerk of Alameda County on October 28, 2014.
11/4, 11/11, 11/18, 11/25/14

CNS-2683816#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 497719
Fictitious Business Name(s):
7th Heaven Marma-Ayurvedic Wellness, 3909 Stevenson Blvd, Ste. C1, Fremont, CA 94538, County of Alameda
Registrant(s):
Jaimala B. Jagdale, 39150 Sundale Drive, #22, Fremont, CA 94538
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jaimala B. Jagdale
This statement was filed with the County Clerk of Alameda County on October 28, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/4, 11/11, 11/18, 11/25/14

CNS-2683789#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 497477
Fictitious Business Name(s):
Taco Bravo, 43472 Grimmer Blvd., Fremont, CA 94538, County of Alameda
Registrant(s):
Anthony Tirado, 1020 Michigan Ave., San Jose, CA 95125
Brenda Tirado, 1020 Michigan Ave., San Jose, CA 95125
Business conducted by: Married Couple
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Anthony Trado
This statement was filed with the County Clerk of Alameda County on Oct 21, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/28, 11/4, 11/11, 11/18/14

CNS-2681912#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 458650-51
The following person(s) has (have) abandoned the use of the fictitious business name: (1) **Paulin Home Care, (2) Far East Business Accounting Solutions, 3051 Darwin Dr., Fremont, CA 94555**.
Mailing Address: 3051 Darwin Dr., Fremont, CA 94555.
The Fictitious Business Name Statement being abandoned was filed on 11/22/2011 in the County of Alameda
Douglas Paulin Jr. 3051 Darwin Dr., Fremont, CA 94555.
This business was conducted by:
St Douglas Paulin Jr.
This statement was filed with the County Clerk of Alameda County on September 8, 2014.
10/28, 11/4, 11/11, 11/18/14

CNS-2681562#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 497484

Fictitious Business Name(s):
7th Heaven Marma Retreat-Ayurvedic Wellness, 3909 Stevenson Blvd., Ste. C1, Fremont, CA 94538, County of Alameda
Registrant(s):
Jaimala B. Jagdale, 39150 Sundale Drive #22, Fremont, CA 94538.
Business conducted by: individual.
The registrant began to transact business using the fictitious business name(s) listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jaimala B. Jagdale
This statement was filed with the County Clerk of Alameda County on October 21, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/28, 11/4, 11/11, 11/18/14

CNS-2681548#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 496824
Fictitious Business Name(s):
The Genius Kids Club, 35500 Dumbarton Court, Newark, CA 94560, County of Alameda; Mailing Address: 48815 Big Horn Court, Fremont, CA 94539
Registrant(s):
Mihisan Kids LLC, 48815 Big Born Court, Fremont, CA 94539; California
Business conducted by: a Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Asavabi Gavankar, CEO
This statement was filed with the County Clerk of Alameda County on October 3, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/28, 11/4, 11/11, 11/18/14

CNS-2680933#

GOVERNMENT

CITY OF UNION CITY DEPARTMENT OF
PUBLIC WORKS
DECOTO GREEN
STREETS PROJECT
City PROJECT NO. 11-01
Notice to Contractor

Sealed proposals for the work shown on the plans entitled: Decoto Green Streets Project, No. 11-01 will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, until Thursday, December 11, 2014, 2:00 P.M., at which time they will be publicly opened and read in the Council Chambers of said building. The Contractor shall possess a Class A – General Engineering – license at the time this contract is awarded. Bids are required for the entire work described herein. This contract is subject to the State contract nondiscrimination and compliance requirements pursuant to Government Code Section 12990. Plans, specifications and proposal forms to be used for bidding on this project can only be obtained at the Department of Public Works, 34009 Alvarado-Niles Road, Union City, California, or by calling (510) 675-5308. In addition, you may call (510) 675-5308 for a copy of the Plan Holder's List. Plans and specifications fees are as follows: NON-REFUNDABLE FEE OF \$10.00 PER SET WHEN PICKED UP AT THE PUBLIC WORKS COUNTER, OR \$10.00 IF REQUESTED TO BE MAILED General Work Description: This project aims to create green infrastructure along four contiguous blocks of C Street. The work to be done, in general consists of storm water bio-filtration planters, permeable paving areas, sidewalk bulb-outs, landscaping and intersection improvements and other such items submitted by the plans. Standard Specifications, and these technical specifications. All questions should be faxed to Thomas Ruark, City of Union City, at (510) 489-9468, or via email at thomasr@unioncity.org The successful bidder shall furnish a Payment Bond, a Performance Bond and a Maintenance Bond. Minimum wage rates for this project as predetermined by the Secretary of Labor are set forth in the special provisions. If there is a difference between the minimum wage rates predetermined by the Secretary of Labor and prevailing wage rates determined by the Department of Industrial Relations for similar classifications of labor, the contractor and his subcontractors shall pay not less than the higher wage rates. Pursuant to Section 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been

determined by the Director of the wage rates appear in the Department of Transportation publication entitled General Prevailing Wage Rates, (current semi-annual which have been predetermined and are on file with the Department of Industrial Relations are referenced but not printed in said publication.

CITY OF UNION CITY
DATED: November 18, 2014
11/18/14

CNS-2689252#

CITY OF UNION CITY
NOTICE OF
PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held by the City of Union City for the purpose of considering the following project application:

Administrative Use Permit
Review (AUP-14-008)

The applicant, Basima Mukaled, is seeking Administrative Use Permit (AUP-14-008) approval to operate a large day care for children (up to 14 children). Ms. Mukaled is currently operating a small day care at the same location (up to 8 children). The site is located at 32530 Monterey Drive (APN: 482-0051-030-00), which is located in the 511 Zoning District.

Due to written interest from the public received by the Planning Division, the Zoning Administrator (the original decision maker) is referring this item to the Planning Commission for their decision. Interested persons are invited to submit written comments prior to, and may testify at, the public hearing. Details regarding the public hearing are listed below. For further information, contact Nancy Hutar, Project Planner, at (510) 675-5406 or via email at nancyh@unioncity.org.

PLANNING COMMISSION MEETING
Thursday, December 4, 2014

Said hearing will be held at 7:00 p.m. In the Council Chambers of City Hall, 34009 Alvarado-Niles Road, Union City.

NOTICE IS ALSO GIVEN that this project is categorically exempt under Section 15301, Existing Facilities, of the California Environmental Quality Act (CEQA).

The Planning Commission meeting packet, which includes the meeting agenda and staff report for this project, can be accessed on-line on the City's Agendas and Minutes webpage which is located at <http://www.ci.union-city.ca.us/departments/city-manager-s-office/city-clerk/agendas-and-minutes>. Meeting packets are generally available on-line the Friday before the meeting.

Any appeals of the Planning Commission's action must be submitted to the City Clerk within ten (10) calendar days from the date of the Planning Commission decision (by 5:00 p.m. on December 15, 2014).

City Hall is accessible by Union City Transit lines 1, 3, 5, 6, 8, 9 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please call Union City Transit at (510) 471-1411 and AC Transit or BART at 511. Union City Transit maps and schedules are available at www.uctransit.org.

JOAN MALLOY
Economic & Community Development Director
11/18/14

CNS-2689146#

CITY OF UNION CITY DEPARTMENT OF
PUBLIC WORKS
NOTICE OF REQUEST FOR
PROPOSALS (RFP) TO
PROVIDE DESIGN
SERVICE FOR THE DYER
STREET AND
SAN CARLOS WAY
PEDESTRIAN SAFETY
IMPROVEMENTS PROJECT

The City of Union City is seeking a consultant to provide engineering and design services for the Dyer Street and San Carlos Way Pedestrian Safety Improvements. Proposals will be received at the City of Union City, Public Works Department, 34009 Alvarado Niles Road, Union City, California until Tuesday, December 16, 2014 at 5:00 P.M. Contact the Department of Public Works at (510) 675-5308 to request a copy of the RFP and it is also posted on the City of Union City website at www.unioncity.org. All questions should be faxed to Travis Huang, City of Union City at (510) 489-9468 or via email thuanga@unioncity.org.

City of Union City
DATED: November 18, 2014
11/18/14

CNS-2687897#

PUBLIC AUCTION/SALES

PUBLIC AUCTION UNDER CARRIER'S LIEN
Take notice that on December 17, 2014, at 9:00 a.m., at 1555 Zephyr Ave., Hayward, California 94544 (Chipman Relocations - U339), the following goods held to the account of Suong L. Ives will be auctioned off in satisfaction of unpaid charges incurred in connection with the moving and storage charges of goods by Mayflower Transit, LLC in enforcement of a carrier's lien.
Description of goods: Desk, vacuum cleaner, air conditioner window, bench, double and queen mattresses, night tables, coffee table, end tables, dining table, double and queen beds, arm chair, overstuffed chair, dining chairs, shelves, television sets, step ladder, armoire chest, ironing board, books, bookcase, toilet chests, fans, futon, and sofa loveseat.
Mayflower Transit, LLC
c/o Jeffrey R. Simmons
Lewis Brisbois Bisgaard & Smith LLP
2929 North Central Avenue, #1700
Phoenix, Arizona 85012-2761
11/18, 11/25/14

CNS-2686115#

Pioneers pull away late for exhibition win

Women's Basketball

SUBMITTED BY
SCOTT CHISHOLM

Cal State East Bay women's basketball won its November 8th exhibition meeting with Cal Maritime Keelhaulers 73-66 inside Pioneer Gymnasium. Stephanie Lopez led the Pioneers with 23 points and six assists in the win. A late 11-2 scoring

run put the Pioneers comfortably ahead over the final three minutes of regulation.

Women's hoops drops season opener to Saint Martin's

Cal State East Bay found itself playing catchup throughout its 71-57 season opening defeat to Saint Martin's on November 14 at the Hampton Inn & Suites D2 Shootout hosted by Western Oregon. The Pioneers defense held the Saints to 30 percent shooting from the field, but 25 turnovers

proved too much to overcome. East Bay's Tori Breslers scored the opening basket to put the Pioneers out front. SMU (1-0) responded with a 9-2 scoring run and did not trail the rest of the way. Stephanie Lopez led Cal State East Bay with 16 points, nine rebounds, and six assists. Bianca Littleton scored an efficient 10 points on 4-of-9 shooting from the floor in her official Pioneer debut. Shannon Bland added nine points and seven rebounds in the loss.

Ohlone College vs. Skyline College

Women's Volleyball

Renegade Report

SUBMITTED BY JEREMY PENAFLOR

November 12, 2014

Ohlone defeats Skyline, 3- (25-19, 25-23, 19-25, 25-16)

For the fifth match in row, outside hitter Jenni Brochu hit at an efficiency of over .512. She also turned in a team leading hitting percentage of .512. She also turned in a team leading 26 kills to go with 12 digs and 2 aces. Middle blocker Audrey Vaughn led the team in blocks with 3; Right side hitter Mary Newman had 12 kills and hit at a percentage of .370 and Setter Camryn Bricker led the team in assists with 45.

Ohlone College vs. Foothill College
November 14, 2014

Foothill defeats Ohlone, 3-1 (25-12, 18-25, 25-20, 25-15)

For the sixth match in row, outside hitter Jenni Brochu hit at an efficiency of over .400 with a team leading hitting percentage of .469. She also turned in a team leading 17 kills to go with 20 digs and 2 aces.

Thanksgiving Poetry Contest

SUBMITTED BY RUTH-ANN MATAGI

For the month of November, Olive Children Foundation, a nonprofit educational organization located in Fremont, is having a Thanksgiving Poetry Contest. Winners in each category—Elementary School; Junior High; High School—will receive \$50 (first place), \$30 (second place), and \$20 (third place) cash prizes. To encourage children to reflect on their families and friends, Olive Children Foundation, in the spirit of Thanksgiving, asks students to write a poem about what they are thankful for and why.

Entries are due no later than Wednesday, November 19. No late entries will be accepted. Poems may be emailed to info@olivechildren.com or dropped off at one of Olive Children's three campuses in Fremont: Warm Springs (47385 Warm Springs Blvd.), Berkeley Campus (43505 Mission Blvd), and Olive Children Foundation (43531 Mission Blvd.). Results will be announced at an award ceremony at the Berkeley Campus on Friday, November 21.

For more information, visit our website at www.olivechildren.com.

continued from page 1

Restoring Hope



Sophora Acheson, Director of Development and Community Outreach for Ruby’s Place, and Congressman Swalwell.

On October 23, 2014, Ruby’s Place hosted an Open House to celebrate the expansion of their community outreach office. The outreach office has increased by 1,000 square feet, which allows more room for staff, counselors, and services. One result of the expansion is the ability to offer a 40-hour training course for domestic violence counseling starting in January 2015.

California congressman Eric Swalwell was present at the Open House and spoke about the impact the organization has had on the community by helping victims of domestic violence and human trafficking find the resources to heal and move forward. Representative Swalwell spoke before the House in October of 2013 in acknowledgement of Domestic Violence Awareness Month. He said that the presence of victim services is crucial for the healing process so that victims of domestic violence can safely move on in their lives. Representative Swalwell also noted that federal funding is vital for such programs.

In addition to temporary shelter, Ruby’s Place manages an outreach program. There is a 24-hour crisis hotline available for those in need of help. Staff is on hand 24 hours a day to answer crisis calls from victims as well as hospitals and law enforcement reporting incidents of domestic abuse. The shelter also operates a pick-up service for shelter clients who find themselves in the midst of a dangerous situation.

The goal of Ruby’s Place is to assist victims in rebuilding their lives. They do this through therapeutic services and case management. Executive Director Vera Ciammetti says, “Women and children do not leave our program and go back on the street. They either find housing of their own, or with a family member, or sometimes out of state.” The outreach program assists clients in finding suitable housing, finding work, counseling, transportation,

applying for public assistance, and even help in going through the court system. All of these services are provided at no cost to the clients.

Women and children are not the only ones who benefit from Ruby’s Place services. The outreach program benefits the whole community, including men. Ruby’s Place offers assistance to male victims by sorting out issues with visas, through walk-in counseling, or assistance with legal issues.

Clients enter Ruby’s Place as victims but leave as survivors, with a renewed sense of hope, safety, and security. Some shelter clients have gone on to serve as staff members. The expansion of the outreach center has allowed Ruby’s Place to offer services to more people in need, and they hope to continue growing. Their long-term goal is to rebuild the shelter itself and create affordable housing for others in the community. They hope to achieve this goal by their 50th anniversary, within eight years.

Unfortunately, expansions cannot happen soon enough. Not everyone in need can be helped, due to shortage of resources. Since the shelter and outreach program are offered at no cost, Ruby’s Place is continually in need of public assistance. Due to the confidential nature of the outreach and shelter, volunteer opportunities are few and far between. Donations of non-perishable food items, clothing, and monetary donations are greatly appreciated.

Ruby’s Place is an organization with a profound mission, to restore hope to victims of devastating circumstances. This mission cannot be fulfilled without assistance from the community. To learn more about Ruby’s Place and how you can help, call (510) 581-5626 or check out the wish list at <http://www.rubysplace.org>. Those in need can call the 24-hour crisis hotline at (888) 339-SAFE.

Hayward Police Log

SUBMITTED BY
SGT. ERIC MELENDEZ,
HAYWARD PD

Thursday, November 6

At 2:32 a.m., an attempted robbery occurred on the 2100 block of Bolero Avenue. The suspect demanded money from the male victim and threatened to shoot him. At the same time, a friend of the victim drove up to meet the victim. The victim, fearing for his safety, ran to his friend’s vehicle, jumped in, and they drove away. The victim called 911 and advised Hayward Police Department (HPD) of the location of the suspect. After officers arrived, they located the suspect and detained him. The victim positively identified the suspect as the person who tried to rob him. No injuries were reported and the victim did not sustain any loss.

Friday, November 7

At 8:16 p.m., a shooting into an apartment complex occurred on the 27000 block of Tyrell Avenue. An unknown suspect fired two rounds in the direction of the apartment complex. One round hit the driver’s side door of a parked/unoccupied vehicle. The second round went into the front window of an apartment. A possible suspect vehicle (silver or

white sedan) was seen driving away slowly from the address. No other suspect information was available and nobody was injured.

Sunday, November 9

At 10:50 a.m., a non-injury collision involving Hayward Fire Department occurred at D Street and Mission Boulevard. The Tiller from Station 1 was responding “Code 3” to D Street. As the Tiller entered the intersection of D Street and Mission Boulevard, a Toyota Corolla collided into it. No Hayward Fire Department personnel were injured and the Toyota Corolla driver declined medical attention.

Tuesday, November 11

At 10:26 a.m., an assault with a deadly weapon/shooting occurred on the 1800 block of Hill Avenue. HPD dispatchers received several 911 calls of a shooting in the area with one person down on the ground. After police arrived, they located the victim on a driveway suffering from a gunshot wound. The victim was immediately transported to a local hospital and is in serious, but stable condition.

At 2:49 p.m., an armed robbery occurred between Tampa Avenue and Sumatra Street. The victim was walking, while carrying her purse and groceries. The suspect came up from behind her, threatened the victim with a gun, and took all of her property. The suspect then jumped into a pick-up truck that drove up as he was

taking the victim’s property. Suspect 1 was described as a white male adult, 30-40 years old, 5’02”, 150 lbs., and has a goatee. Suspect 2 (the driver) was described as a white male adult, approximately 30-40 years old. He was driving a silver and tan colored, older model, extended cab pick-up truck.

Wednesday, November 12

At 8:59 a.m., a burglary occurred on the 22000 block of Myrtle Avenue. The 17-year-old male suspect entered the victim’s residence through an unsecured window. Once inside, the suspect noticed a 14-year-old male victim hiding in the residence. The suspect ran away but was detained by officers. The suspect was identified as the person who broke into the house and was arrested for burglary. He is an Oakland resident who has been linked to two previous Hayward burglaries.

At 2:05 p.m., an assault with a deadly weapon incident occurred on the 800 block of Saint Bede Lane. The victim was at his residence when the suspect began to argue with him. The suspect picked up a small statue and hit the victim on his head. The victim was transported to a nearby hospital to be treated for his non-life threatening injuries. The suspect fled the scene prior to officer’s arrival. The victim likely knows the suspect and was not interested in assisting officers with the investigation.

Ohlone College Board of Trustees meeting

November 12, 2014

Ceremonial Item:

Recognize November, 2014 as Native American Heritage Month

Consent:

Review of October 2014 payroll warrants in the amount of \$2,304,828.83

Transfer of funds to Futurist trust in the amount of \$428,940.21

Approve contracts in the amount of \$555,557.85

Approve change order with Ghilotti Construction Company in the amount of \$174,175.

Award new contract to Ghilotti Construction for utility infrastructure upgrade project in the amount of \$929,000.

New contract award to Rodan Builders for swing space for music department swing space in the amount of \$167,000.

Change order with C. Overaa & Company in the amount of \$71,326 bringing the total amount of the order to \$22,052,693.

Approve contract with Coulter Construction in the amount of \$44,830.

Contract with Cal Compliance in the amount of \$1,800.

Approve contract with Gamma Builders, Inc. in the amount of \$294,530.

To the Board for Discussion and/or Action:

Resolution to forego competitive bidding process on the grounds that it would be “futile.” (5 ayes, 1 nay—O’Donnell [advisory only], 1 abstention—Cox, 1 absent—Yee)

Approve resolution regarding beginning demolition for Academic Core Buildings project with a planned cost of \$4,413,823. Soft demolition will begin February 1, while hard demolition is planned for June 1. (6 ayes, 1 nay—O’Donnell [advisory only], 1 absent—Yee)

Fiscal year 2014-15 first quarter report with ending fund balance of \$7,749,375

First reading of proposed baccalaureate degree pilot program

Approve agreement between Ohlone Community College district and Classified School Employees Association with one-time costs totaling \$432,645.50 and a reduction of

medical allowance for employees hired after July 1, 2015 to \$1,200 per month.

Approve agreement with Ohlone Community College District and School Employees International Union Local 1021 with one-time costs totaling \$121,769.79 and a reduction of medical allowance for employees hired after July 1, 2015 to \$1,200 per month.

Approve agreement with Ohlone Community College District and unrepresented employees with one-time costs totaling \$300,780.52 with ongoing costs totaling \$97,200 per year.

Mr. Greg Bonnacorsi, Chair: Aye
Mr. Rich Watters, Vice Chair: Aye
Ms. Teresa Cox: Aye, 1 abstention
Ms. Jan Giovanini-Hill: Aye
Ms. Vivien Larsen: Aye
Mr. Ishan Shah: Aye
Mr. Garrett Yee: Absent
Mr. Daniel O’Donnell, Student Member (advisory only): Aye, 2 nays

Two justices appointed to the First District Court of Appeal

SUBMITTED BY
GOVERNOR BROWN’S
OFFICE

Governor Edmund G. Brown Jr. announced on November 12, 2014, the appointment of Marla J. Miller to Division Two and Jon B. Streeter to Division Four of the First District Court of Appeal.

Miller, 59, of San Francisco, has served as a judge at the San Francisco County Superior Court since 2005. She was a partner at Morrison and Foerster LLP from 1997 to 2005 and served as chief assistant district attorney at the San Francisco District Attorney’s Office in 1996. Miller was a director at Howard, Rice, Nemerovski, Canady, Falk and

Rabkin from 1992 to 1996, where she was an associate from 1981 to 1987. She served as an Assistant U.S. Attorney at the U.S. Attorney’s Office, Northern District of California from 1987 to 1992. Miller earned a Juris Doctor degree from Harvard Law School and a Bachelor of Arts degree from Harvard University.

Miller fills the vacancy created by the retirement of Justice Paul R. Haerle. This position requires confirmation by the Commission on Judicial Appointments. The Commission consists of Chief Justice Tani Cantil-Sakauye, Attorney General Kamala D. Harris and Senior Presiding Justice J. Anthony Kline. Miller is a Democrat.

Streeter, 58, of Berkeley, has been a partner at Kecker and Van Nest LLP since 1997. He was a partner at Orrick, Herrington and Sutcliffe LLP from 1989 to 1996, where he was an associate from 1981 to 1988. Streeter was a law clerk for the Honorable Harry T. Edwards at the U.S.



Jon B. Streeter

Court of Appeals for the D.C. Circuit from 1982 to 1983. He earned a Juris Doctor degree from the University of California, Berkeley School of Law and a Bachelor of Arts degree from Stanford University.

Streeter fills the vacancy created by the elevation of Justice James M. Humes to presiding justice, Division One of the First



Marla J. Miller

District Court of Appeal. This position requires confirmation by the Commission on Judicial Appointments. The Commission consists of Chief Justice Tani Cantil-Sakauye, Attorney General Kamala D. Harris and Senior Presiding Justice J. Anthony Kline. Streeter is a Democrat.

The compensation for each of these positions is \$211,260.

COMMUNITY BULLETIN BOARD

Rotaract Club of Greater Fremont Community service & business club for young professionals and students ranging from ages 18 to 30. Meetings on 1st & 3rd Wednesdays. Color Me Mine on Fremont Blvd, 7 pm Find more of our events on meetup.com/rotaractfremont	AMERICAN LEGION POST 837 Meets third Tuesday each month - 6:30-8:30pm Social, Program, General Meeting Historic Niles Veterans Hall 2nd & E. Street, Fremont www.POST837.org ALL VETERANS WELCOME	Help Keep Music in Our Schools Become a Music for Minors II Docent www.musicforminors2.org 510-733-1189 (phone) 510-673-5495 (cell)	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting only. Any change will be considered a new posting and incur a new fee. The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV	
TRI-CITY DEMOCRATIC FORUM NEXT MEETING September 17, 2014 7:00 pm Chandni Restaurant 5748 Mowry School Rd Newark, CA 94560 http://www.tricitydems.com/	Hayward Demos Democratic Club Monthly meetings-learn about current issues from experts, speak with officials. Annual special events such as Fall Festival, Pot-lucks and more Meetings open to all registered Democrats. For information www.haywarddemos.org		Hayward Arts Council 22394 Foothill Blvd., Hayward 510-538-2787 www.haywardarts.org Open Thurs., Fri., Sat., 10am-4pm Promotes all the arts & encourages local artists in all art mediums. Foothill Gallery, John O’Lague Gallery, Hayward Area Senior Center Exhibit Hall. All FREE- open to public.	
Come Join Us Tri Cities Women’s Club Meets on the third Tuesday Elk’s Club on Farwell Dr. 9:30 – Cards, 12:00 – Lunch 1:00 – Program and Meeting We also have bridge, walking, Gourmet dining groups, And a book club. For info. Call 510-656-7048	Interested in Portuguese Culture and Traditions? PFSA (Portuguese Fraternal Society of America) Promotes youth scholarships, community charities, and cultural events. All are welcome. Contact 510-483-7676 www.mypfsa.org	Fremont Cribbage Club teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email: Accgr43@gmail.com American Cribbage Congress www.cribbage.org	Fremont Area Writers Want to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except July and December. Rm. 120 at DeVry University, 6600 Dumbarton Circle, Fremont Call Shirley at (510) 791-8639 www.cwc-fremontareawriters.org	
RPEA Chapter 53 Retired Public Employees 2nd Tuesday of ODD Months Sept 9th Dennys Restaurant 30163 Industrial Pkwy SW Hayward All Current or retired employees welcome Call Eve 510-489-6755	Tri-City Ecology Center Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-793-6222			
Troubled By Someone's Drinking? Help is Here! Al-Anon/Alateen Family Groups No cost program of support for people suffering from the effects of alcoholism in a friend or loved one. Call 276-2270 for meeting information or email Easyduz@gmail.com www.ncwsa.org		Help with Math & Reading You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. Contact 510-797-2703 dla_aarp_4486@yahoo.com	FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com	Holy Trinity Lutheran Church Caring, Sharing, Serving God 38801 Blacow Rd., Fremont Sun Worship:8:45am 11:00am Child-care provided.Education for all ages: 10:00am. Nacho Sunday: First Sunday of every month. (510)793-6285 www.holytrinityfremont.org
MENTAL ILLNESS SUPPORT Free courses and presentations in Alameda County for caregivers of someone with a serious mental illness and those with a mental illness. For more information,call (510)969-MIS9 (6479) or email to info@NAMLacs.org www.NAMLacs.org	Celebrate Recovery Free yourself from any hurt, hang-up or habit join us at 33450 9th St., Union City Thursdays, 7pm-9pm or call anytime Ilona 510-586-5747	Become the speaker & leader you want to be Citizens for Better Communicators (CBC) Toastmasters Guests and Visitors welcome Saturdays 10:15am Unitek College Room 141 4580 Auto Mall Pkwy., Fremont 510-754-9595	Alder Ave. Baptist Church 4111 Alder Ave., Fremont Serving GOD Southern Baptist Traditon - Pastor-Randy Walters Sunday Bible Study -9:30am Worship Service - 11am Community Sing-Along First Friday every month 510-797-330 www.Alderavenuebaptist.com	First Church of Christ Scientist, Fremont Sunday Service 10am Sunday School 10am Wed. Eve Service 7:30pm Chld Care is available all services. Reading Room Open Monday - Friday 1-3pm 1351 Driscoll Rd., Fremont 510-656-8161
Sparkpoint VITA needs Volunteers for Tax Preparers, Translators & other Positions. We will Train. Information meetings scheduled for Weds 9/24, 10/8 & 10/22 from 6–8:30 P.M. Location: Fremont Family Resource Center 39155 Liberty Street, Fremont Carolyn Robertson 510-574-2003	SparkPoint Financial Services FREE financial services and coaching for low-income people who want to improve their finances. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center To reserve a seat: 574-2020 Fremont.gov/SparkPointFRC			New Dimension Chorus Men’s 4 Part Vocal Harmony In the “Barbershop” style Thursdays at 7pm Calvary Luther Church 17200 Via Magdalena SanLorenzo Contact: ndchorus.org 510-332-2481
American Cancer Society RELAY FOR LIFE 2015 UNION CITY We are now forming following groups: Planning Committee Sponsorships - Teams For more information www.relayforlife.org/unioncityca www.facebook.com/unioncityrelayforlife email: jendudley345@gmail.com		New Year’s Eve Ball Dec. 31, 8pm – 1am with Midnight Buffet and Champagne \$50 prepaid per person Music by The Internationals Newark Swiss Park 5911 Mowry Ave., Newark (510) 793-0983 or Mariette2086@gmail.com	HEALTH AND WELLNESS COMMUNITY FAIRE Sat Nov 15, 10a - 3p Farmers Market Personalized container garden FREE: Health Screenings sponsored by GRANT from KAISER PERMANENTE Shiloh Baptist Church 22582 So. Gardn Ave., Hayward	Now Enrolling for Fall Gan Sameach Preschool (“A Happy Garden” Play Based, Child Centered and Nurturing Guided by Jewish Values Experienced Teachers Children Ages 2-5 Call or e-mail to schedule your visit 510-656-7141 tbteducation@sbcglobal.net
ORIGINAL ARTWORK The Fremont Art Associaation Gallery recently installed new paintings, ceramics, jewelry, fiver arts and more! Visit us at: Fremont Art Association 39679 Niles Blvd., Fremont www.fremontartassociation.org Open Wednesday - Sunday	HOLDAY BOUTIQUE find ALL of your HOLIDAY GIFTS Fine art, jewelry, home decor and gifts galore. All hand made by local artists Nov 12- Jan 2 Fremont Art Association 39679 Niles Blvd., Fremont www.fremontartassociation.org	Christmas Boutique Everyone Welcome! Sat. Dec 6 - 9am-5pm MILPITAS COM. CENTER 457 E. Calaveras Blvd. Milpitas Free Coffee & Tea + All-Day Entertainment - Handmade, One of a Kind items. Proceeds go to St. John’s School Christmas Tree Raffle at 2pm Call Lucy 408-946-9713	HEALTH AND WELLNESS COMMUNITY FAIRE Sat Nov 15, 10a - 3p Farmers Market Personalized container garden FREE: Health Screenings sponsored by GRANT from KAISER PERMANENTE Shiloh Baptist Church 22582 So. Gardn Ave., Hayward	Sun Gallery Holiday Boutique Show Helps our Children’s Art Programs November 21-Dec 21 Recpt Dec 13 1-4 with mini fashion show, raffle Thurs-Sun 11-5pm 1015 E St. Hayward 510-581-4050 www.sungallery.org
Soiree Singles For People Over 60 Many Activities! Dancing, Dinners, Luau’s Potlucks. Great Fun! email: lelochmil@att.net or Call: Lois for FREE Newsletter 510-581-3494	Sons of Norway Present Nordic Sounds for Nov Night - Nykken Friday Nov.14 7:30pm Nykken weaves a cool modern slant onto traditional Scandinavian music Hill & Valley Club 1808 B Street Hayward www.nykken.com	“Arts in the Heart of the Bay” Fri. Nov 14 - 5:30-8:30pm Hayward City Hall Rotunda 777 B. St. Hayward Tickets \$40 in advance (\$50 at door) Dinner buffet, entertainment, live music, Live & Silent Autions Benefit Hayward Arts Council 510-538-2787	Dominican Sisters Holiday Boutique Saturday & Sunday November 22 and 23 10am-4pm 43326 Mission Blvd., Fremont enter off Mission Tierra Pl. Dominican Fruitcakes Olive Oil from Mission Trees Variety of Homemade Goods www.msjdominicans.org	Alameda County Board of Supervisors Mental Health Board & Behavioral Health Care presents a Town Hall Forum: Accessing Mental Health Services in Alameda County November 17, 5-7pm Hayward City Hall 777 B St., Hayward

Fremont Police Log continued from page 33

Officers working a special detail observed a male approach a bike parked at the bike racks at Fremont BART Station and remove a bag from the bike. Officers detained the male who admitted to stealing the bag from the bike which did not belong to him. The suspect was arrested for the theft and booked into Fremont Jail.

Tuesday, November 11

At approximately 11:40 a.m., a female victim was walking on Liberty Street near Kearney Drive and was robbed of her gold chain. A witness described the suspect as a Hispanic or Middle Eastern male adult, 18-24 years old, approximately 5’09”, medium build, dark hair with a “fade,” wearing a gray sports jersey with white numbers on the back and blue jeans. The suspect snatched a gold necklace from the victim’s neck and fled on foot in the area of Liberty Street near Liberty Commons.

At approximately 10:00 a.m., a white female adult, 20 years old, 5’03”, last seen wearing a black hooded sweatshirt, jeans and black boots along with a light skinned unknown race male, around 23 years old, 6’00”, 190 lbs., with short dark

hair, last seen wearing a black shirt and blue jeans, stole a package from the front porch of a residence on the 48000 block of Sauvignon Court. The package had been delivered by the mailman minutes before it was stolen. The suspects also took an elephant-shaped lawn ornament before fleeing the area. A third suspect (no description) was waiting for them in a 2000 dark blue Jeep Grand Cherokee.

A victim reported the loss of their red/white Schwinn “Point Beach” 7-speed city bike from Fremont BART Station. The victim parked his bike at 7:00 a.m. and secured his bike to the west bike rack using a cable lock. The victim returned at 11:40 p.m. and discovered his bike was gone.

A victim reported the theft of his red Roadmaster mountain bike from Fremont BART Station. The victim parked his bike at 9:00 a.m. and secured his bike to the southwest bike rack using a cable lock. The victim returned at 6:15 p.m. to discover his bike was gone.

Wednesday, November 12

Officers were dispatched to the area of Fremont Boulevard and

Paseo Padre Parkway to investigate a report of a traffic collision. Upon arrival, they located a vehicle that crashed into a light pole. The driver, a 42-year-old Fremont resident, was driving his son to school and suffered a medical emergency. He was transported to a local hospital where he was pronounced dead. The investigation revealed the accident was likely caused by the medical condition and did not cause the death of the driver. Case is investigated by Traffic Officer Kennedy.

A residential burglary occurred between 10:45 a.m. and 11:25 a.m. on Siward Drive. The unknown suspect(s) used a large rock to shatter the rear sliding glass door. Several electronics were stolen. No suspect leads at this time.

At approximately 1:15 p.m., a citizen near Via San Gabriel and Camino Santa Barbara called in a suspicious vehicle in the area. The caller stated an older white Chevy Tahoe, lowered with a loud muffler, with a Hispanic Male driver and a Hispanic Female passenger, were seen through the area. The caller believed the subjects could be casing the area for deliveries since a FedEx truck had just been through the area. The vehicle left the area prior to police arrival.

As the Holiday Season approaches, thieves will be on the

lookout for opportunities to steal packages. Please be cautious when having packages delivered to your home. Always call Fremont Police Department (FPD) to report any suspicious vehicles or suspicious people in the area.

Thursday, November 13

Officer Stinson investigated a residential burglary attempt on Cade Drive. At approximately 1:00 p.m., a black male adult, tall with an average build, unknown age, wearing a blue plaid shirt, knocked, rang the doorbell several times and attempted to open the front door of the residence. The homeowner did not answer the door. The suspect was able to eventually force open the front door. Once the door was open, the suspect left the area on foot. The homeowner contacted a neighbor an hour later who then contacted the police.

Between 1:20 p.m. and 3:00 p.m. a residential burglary occurred on Shasta Street. Point of entry was by force through the front door. Losses were jewelry and handbags. There are no suspect leads at this time.

Between the hours of 11:45 a.m. and 2:30 p.m., a residential burglary occurred on Darwin Drive. The point of entry was through an unlocked and open

kitchen window. Losses included jewelry, iPad, U.S. currency, and handbags.

Between 9:00 a.m. and 4:00 p.m., a residential burglary occurred on Alameda Drive. The suspect(s) gained entrance to the residence by prying a front door security screen and the front door. Loss was jewelry. No suspect leads are available at this time.

Officer Huiskens and Officer San Luis investigated a strong arm robbery involving a female victim who had her gold chain ripped from her neck. This occurred near the intersection of Country Drive and Beloit Street. The suspect was described as a black male adult in his mid 20’s, with a slender build, wearing a black t-shirt, blue jeans and white shoes. The suspect fled on foot on Country Drive toward Fremont Boulevard.

Officer Hunt investigated a call of a male who was exposing himself near the 39000 block of Fremont Boulevard. The male was subsequently located and identified. The 34-year-old male was arrested for indecent exposure and public intoxication.

Newark Police Log

SUBMITTED BY
CMDR. MICHAEL CARROLL,
NEWARK PD

Monday, November 10

At 6:01 a.m., Officer Simon investigated a theft of a vehicle. A green 1997 Honda CRV (3WCN999) was stolen from the 5000 block of Smith Avenue.

At 8:23 a.m., Officer Nobbe investigated a burglary at the Church of Solid Rock, located at 5970 Thornton Avenue. The pastor had his briefcase, including the keys to the church, stolen a week ago while in Oakland. The suspect(s) entered the building and stole a small safe containing about \$25.

At 10:00 a.m., Community Service Officer (CSO) Verandes located a stolen vehicle in the EZ-8 parking lot at 5555 Cedar

Court. The vehicle, a 1995 Gold Honda Accord (3NBP908), had been reported stolen out of Oakland on Saturday, November 8, 2014. Officers responded to assist. During the investigation, Officer Neithercutt checked the surveillance footage and was able to see the sole occupant, a female with a distinctive hair style, park and exit the car before heading toward the vicinity of rooms 130-132. As Officer Neithercutt spoke to motel staff and learned that the people associated with the vehicle had just fled the area after seeing the police. Officers Neithercutt and Cerini located and contacted Catalina Acosta and Samuel Wynn of Oakland as they fled the area. Officer Neithercutt ultimately arrested Acosta for her misdemeanor warrant and for possessing narcotics. Wynn was also arrested for a felony parole warrant. Both Wynn and Acosta were transported and booked into Santa Rita Jail.

At 12:25 p.m., officers responded to a report of a battery on Central Ave, near Morton Ave. Officers arrived and learned two female pedestrians had battered a female driver after a near-collision. A passerby stopped, intervened, and later provided a witness statement to officers. The victim sustained lacerations to her neck area as a result of the battery. The investigation is pending contact with additional witnesses for photo line-ups. Officer Simon identified the two suspects in this case and is continuing the investigation.

Tuesday, November 11

At 12:55 a.m., Officer Geser investigated a fraud case, whereby the victim received numerous phone calls from someone stating they were with INS Immigration Services. The caller accused her of not checking in with INS and demanded she either pay fees or be deported. The victim stated she was in the U.S. on a work visa. The caller convinced her to go to

her bank, withdraw money and purchase “Green Dot Money Cards” and provide the caller with the numbers. Victim purchased 19 cards valued at \$9,500 at four stores and provided the caller with the card numbers. The victim had little information regarding the suspect who called her. Her caller ID showed 911 on one call and INS on the others.

At 9:08 a.m., Officer Losier investigated an attempted residential burglary on Elm Street. The victim returned home and likely scared the suspects away after they had removed the screens to the windows of the residence.

At 12:43 p.m., Officer Bloom investigated a domestic violence restraining order violation, involving transient James Malanado. Malanado fled on foot into a homeless encampment at Newark Boulevard, bordering CA-84. Officer Homayoun located Malanado later in the shift and took him into custody without incident. Malanado was

transported to Santa Rita Jail.

At 9:39 p.m., Officer Norvell investigated a stolen vehicle report at NewPark Mall. A 1991 White Toyota Camry (2WUC912) was stolen while the victim was at work.

Wednesday, November 12

At 9:53 a.m., Officer Johnson located an unoccupied stolen vehicle on Guava Drive near Robertson Avenue. The 2014 Dodge Charger had been stolen out of Ontario, Calif. on September 13, 2014.

At 10:59 a.m., officers responded to a battery that had just occurred at Cigarette World, located at 5841 Jarvis Avenue, where the store clerk had been assaulted. Officer Arroyo located the suspect, Joseph Martin of Newark, a short distance away. Martin was arrested and booked at Fremont Jail.

Thursday, November 13

At 4:07 a.m., Officer Norvell investigated a vandalism case at 37300 Cedar Boulevard

Two appointed to Alameda County Superior Court

SUBMITTED BY
OFFICE OF GOVERNOR BROWN

Governor Edmund G. Brown Jr. announced November 12, 2014, the appointment of Thomas E. Stevens and Noël Wise to judgeships in the Alameda County Superior Court.

Stevens, 48, of Piedmont, has served as chief at the Oakland Branch of the U.S. Attorney’s Office, Northern District of California since 2013, where he served as an Assistant U.S. Attorney in the Economic Crimes and Securities Fraud Section from 2008 to 2013. Stevens served as a trial attorney at the U.S. Department of Justice, Criminal Division Fraud Section from 2004 to 2008 and was counsel at Skadden, Arps, Slate, Meagher and Flom LLP from 2002 to 2004, where he was an associate from 1997 to 2002. He served as a deputy district attorney at the Los Angeles County District Attorney’s Office from 1995 to 1997 and was a law clerk for the Honorable Edward D. Price at the U.S. District Court, Eastern District of California from 1994 to 1995. Stevens earned a



Juris Doctor degree from the University of California, Berkeley School of Law and a Bachelor of Arts degree from the University of California, Davis. He fills the vacancy created by the retirement of Judge Marshall I. Whitley. Stevens is registered



without party preference.

Wise, 46, of Alameda, has been principal and founding member of WG&R Law Group since 2006. She was in-house coun-

sel at the Pacific Gas and Electric Company from 2004 to 2006 and of counsel at Stoel Rives LLP from 2002 to 2004. She served as a trial lawyer and an Assistant U.S. Attorney at the U.S. Department of Justice from 1994 to 2002 and as a law clerk to the Honorable Harry Lee Anstead at the Florida Fourth District Court of Appeal from 1993 to 1994. Wise was a panel mediator at the First District Court of Appeal from 2001 to 2013. She was a teaching fellow at Stanford Law School from 2001 to 2002 and served as an adjunct professor at the University of California, Berkeley School of Law from 2000 to 2006. Wise earned a Master of the Science of Law degree from Stanford Law School, a Juris Doctor degree from Nova Southeastern University and a Bachelor of Science degree from the University of Nevada. Wise fills the vacancy created by the departure of Judge Carrie McIntyre Panetta upon her appointment to the Monterey County Superior Court. Wise is a Democrat.

The compensation for each of these positions is \$184, 610.

Judge fines himself after cellphone rings in court

AP WIRE SERVICE

LANSING, Mich. (AP)—The latest perpetrator to run afoul of a Michigan judge's ban on ringing cellphones in his courtroom is the judge himself.

The courtroom of Lansing District Judge High Clarke Jr. has a sign warning visitors to silence their phones, saying they'll be found in contempt if a phone rings.

Clarke was in the middle of a hearing Friday when his own cellphone rang. So he found himself in contempt of court.

"I reached in my pocket, pulled out 50 bucks, gave it to my court officer and she took it upstairs," Clarke told the Lansing State Journal (<http://on.lsj.com/17ofcj>).

He has a receipt with a 10:29 a.m. time stamp. "Why would I treat myself any different? That would make me a hypocrite," said Clarke, who joined the bench in 2010.

Clarke said he has imposed penalties for ringing phones five to 10 times since the policy began in May. In fact, he fined a defendant for a ringing phone minutes before his own phone rang.

Clarke said the moral of the story was to leave the phone in his office.

Information from: Lansing State Journal, <http://www.lansingstatejournal.com>

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ON TIME SIGNS

Girl Scouts make a difference

SUBMITTED BY MAY CHEN

Make a Difference Day (MADD), on the fourth Saturday of October, is the nation's largest day of community service. In observance of MADD, Girl Scout Troop 31509 has participated in many different projects such as running a toiletry drive for a local homeless shelter, planting and harvesting crops at a community organic garden to donate to a soup kitchen, beautifying Horner Jr. High and Warm Springs Elementary campuses, and volunteering at MedShare, an organization that sends excess medical supplies to hospitals and clinics in need around the world.

Inspired by one troop member's new puppy, who loves to play with home-made t-shirt toys, and also thinking of the less fortunate cats and dogs waiting to be adopted at animal shelters, the girls decided to dedicate this year's MADD project to homeless pets at the Humane Society of Silicon Valley (HSSV).

In one morning, 13 girls made 65 t-shirt toys by repurposing shirts sitting at the back of their families' closets. Making the colorful toys was fun and a rewarding project for the girls. After the toys were delivered, HSSV commented that all their dogs are excited over their new toys. Serving the community doesn't have to be once a year on MADD; anyone can help make a difference at any time of the year by taking action, big or small. What are you inspired to do next for your community?



Beware of decorative contact lenses

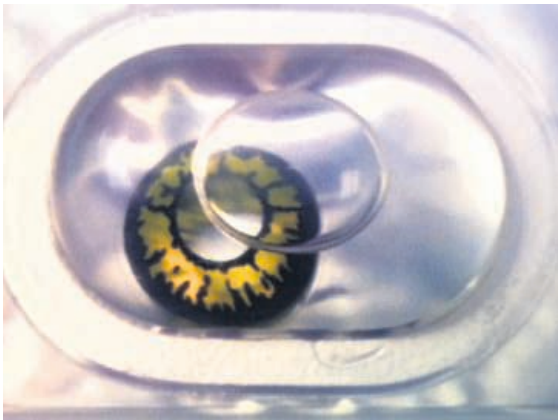
SUBMITTED BY ANITA GORE

Dr. Ron Chapman, California Department of Public Health (CDPH) director and state health officer, recently warned consumers about the risks associated with wearing decorative contact lenses without proper consultation with an eye care professional.

Decorative contact lenses are non-corrective lenses that do not correct vision and are intended to temporarily change the appearance of the eye. Use of these lenses can carry serious risks, including permanent eye injury that may lead to blindness.

Advertised as color, cosmetic, fashion and theatrical contact lenses, they are especially popular around Halloween. These decorative contact lenses are typically sold at beauty supply stores and other novelty stores.

All decorative contact lenses currently approved or cleared under the federal Food, Drug and Cosmetic Act are classified as prescription medical devices and, therefore may be sold only to or on the prescription of a licensed practitioner.



Wearing any kind of contact lens, including decorative lenses, can cause serious injury if not used correctly. The risks include infection, blindness, ulcers, decreased vision, cuts or scratches to the surface of the eye, itchiness or redness. If these conditions are left untreated, the injuries can progress rapidly. In most severe cases, blindness and eye loss can occur.

Consumers who have experienced any injury or illness with decorative contact lenses should contact their health care provider or contact CDPH at 1 (800) 495-3232.

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City of Fremont News Briefs

SUBMITTED BY
CHERYL GOLDEN

boxART! Program Takes Off

boxART!, Fremont's utility box to art program, is officially on the streets! We are thrilled with the completion of our first three boxART! boxes.

Three artists began painting on Saturday, October 25 as part of Fremont's Make A Difference Day activities. After two weeks of extremely hard work, they have created murals that both beautify neighborhoods and communicate our city's values. These boxes are visible at the corner of Paseo Padre Parkway and Walnut Avenue; Paseo Padre Parkway and Chadbourne Drive; and Washington and Mission Boulevards.

The artists are extremely gratified with the community's response. Many people stopped by when they were painting to say how much they appreciated their talents, efforts, and the program as a whole.

In the next few weeks, three additional utility boxes will be transformed into art boxes, with more in the planning stages. At this time, we are seeking sponsors for these designs. If you would like to learn how to sponsor a box, please contact boxART! Program Manager Susan Longini at boxart@fremont.gov or 510-494-4555.

For more information about the City's boxART! Program, or to see the approved designs, please visit www.fremont.gov/boxart.

City of Fremont Holiday Closure

The City of Fremont is implementing a Holiday Closure for many non-essential City Services from Wednesday, Dec. 24, 2014, through Friday, Jan. 2, 2015. The Holiday Closure is scheduled for Dec. 26, 29, 30 2014 and Jan. 2, 2015, while City holidays are observed on Dec. 24, 25, 31, 2014, and Jan. 1, 2015. City offices participating in the Holiday Closure will re-open for business on Monday, Jan. 5, 2015. This closure will not affect police and fire services.

Prior to the Holiday Closure going into effect, community members who may need assistance with building permits and inspections are encouraged to use the time between now and December 23 to organize your project timelines in an effort to utilize necessary City services.

You may visit the Development Services Center, a one-stop shop where we accept, process, review, and approve applications and construction documents for all types of projects. Zoning, Planning, Engineering, and Building Inspection staff members are available to answer ques-

tions and assist you. The Development Services Center also contains a Self-Help Center with very useful information to research the zoning and permitting history of a building or project. You can also submit a record requests form via fax. In many instances, records can be copied for a nominal charge.

The Development Services Center is regularly open Monday through Thursday from 8 a.m. – 4 p.m. and Fridays from 8 a.m. – 12 p.m. It's located on the first floor of the Development Services Center, 39550 Liberty St. in Fremont.

During the Holiday Closure, the Development Services Center will be closed; however, inspections will be available for community members with active building permits on non-City observed holidays, which include Dec. 26, 29, and 30, 2014 and Jan. 2, 2015. Coordinate with your building inspector at least one week prior to the Holiday Closure.

For more information about the Development Services Center, as well as plans and permits for your projects, visit www.fremont.gov/DSC or call 510-494-4443. Additional information about the City of Fremont Holiday Closure will be available soon.

Make a Family or Senior's Day Special

The holidays are fast approaching and there's no better way to celebrate than by spreading the joy of the season to others.

The City's Human Services Department is calling on you to take part in Giving Hope, a program dedicated to aiding needy families, children, and frail isolated seniors along with their pet

companions by bringing them holiday cheer. Anyone interested in participating and making a difference in the lives of those Giving Hope serves can help in any of the following ways:

- Cash donations (corporate matching gifts gladly received)
- Gift cards for groceries, restaurants, entertainment, pet stores
- Personalized gifts for a family or senior using their very own wish list

Donations can be made online at www.fremont.gov/HSDonate. If sending a check, please make it payable to the following:

City of Fremont Giving Hope Holiday Program
Human Services Department
3300 Capitol Ave., Building B
Fremont, CA 94538

Donations and holiday gifts from a personalized wish list will be accepted until Friday, December 12 for the holiday fundraiser and all year for the Giving Hope Program. In appreciation of your generosity, each sponsor will receive a thank you letter for tax purposes in January.

For more information on how to participate, please contact the City's Monica Dominguez at mdominguez@fremont.gov or 510-574-2057.

Private Video Surveillance Camera Registration

Do you currently utilize private video surveillance at your home or business? If you do, the Fremont Police Department would like to hear from you.

Video surveillance is one of the best methods for apprehending criminals and convicting suspects who are caught in the act of committing a crime. Installing private video surveillance is a

great example of community-police partnerships and is something the City highly values as the Fremont Police Department serves a very large community.

If you would like to let the Fremont Police Department know that you have video surveillance and allow police officers to contact you should a crime occur in or near where your cameras are installed, please register your camera online. Registration is voluntary.

For more information please visit www.fremontpolice.org/CameraRegistration.

Fremont Awarded \$1.7M Grant for Affordable Housing

The City of Fremont was recently awarded a \$1,737,995 grant from the State Department of Housing and Community Development through the Local Housing Trust Fund Program. Fremont was eligible to apply because the City has established its own local fees on development to support affordable housing—this grant program is intended to supplement such local funding sources.

The grant will be added to existing City housing funds and will be used for construction or rehabilitation of affordable housing. The grant is good news as we work to add affordable units to the housing stock in the city. It should be noted that Fremont's award represents more than 20 percent of the total funds that were available statewide through this grant program.

For more information, contact Deputy Community Development Director Dan Schoenholz at dschoenholz@fremont.gov or 510-494-4438.

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*While supplies last. **Offer applies to property only on double depth lawn crypts in Jardines section. Does not apply to direct cremation, direct burial or already discounted property. Some restrictions apply. Ask for full details.



CHAPEL OF THE CHIMES HAYWARD
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