

Unexpected Guest

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Niles Music Festival returns

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Keeping
California
golden
Coastal
Cleanup
Day

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**September 16, 2014** 

Vol. 13 No. 37

The newspaper for the new millennium

By Jesse Peters
Photos by
Cassandra Broadwin

alking leisurely through the rolling hills of golden grass at Coyote Hills Regional Park with the Bay's green water quietly resting against the shore, you might wonder if before the rise of pathways, asphalt roads, and smartphones, you could make it out here on your own. The opportunity to discover if you possess the abilities necessary to thrive in the Stone Age is closer than you think. You may eat Paleo but this competition isn't CrossFit, its Coyote Hills' 5th annual "Stone Age Olympics and Knap-In."

At the park's Dairy Glen campground, you'll travel back thousands of years to watch and learn the skills early humans perfected in order to survive. The spectrum of activities includes the atlatl, a spear-like weapon found throughout the world and precur-

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## Aloha Fun Day

#### By Medha Raman

Considered the largest geographical feature on earth, the Pacific Ocean contains an extraordinary human and cultural diversity. In popular imagination, islands of the South Pacific conjure exotic images both serene and mystical. Commonly referred to as Polynesia, thousands of islands form a rough triangle with Hawaii, New Zealand, and Easter Island as boundary points. At the turn of the 21st century, about 70 percent of the total population of Polynesia resided in Hawaii.

Through the efforts and contributions of modern Polynesians eager to experience their past, a distinctive and powerful visual culture in traditional art, ritual performances, and aesthetics has been revived. One of the local pioneers is the Hula Halau 'O Nalua/ Ote'a Api School of Polynesian Dance in Fremont. The school was established in 1976 when Ruth Nalua Manaois followed her "'Uniki" or path to teaching after learning from the late Kumu Hula Rose Lokelani Thomas. Students at the school have given numerous performances over the last several years to help spread their culture. Along with Hawaiian dances, a special branch of Tahitian dances has also been added to the school with the name of

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#### 

## A real eye opener

#### SAVE hosts its 12th annual breakfast fundraiser

#### By Robbie Finley

Stopping domestic violence is a community effort, and it is in that spirit that Safe Alternatives to Violent Environments (SAVE) will stage its 12th annual "Breakfast Eye Opener" fundraiser event on Friday, September 26 at the Double Tree by Hilton in Newark.



**Protective Services ......... 33** 

"This is our biggest fundraiser of the year," said Nina Clymer, SAVE's executive director/CEO. This year's theme is "Celebrating Community" – the relationships between different community organizations and supporters that enable a victim and their families to receive the support that they need.

Attendees will be treated to an array of

breakfast goodies while they learn about SAVE's programs and what they can do to help. "The community can play a role in combating domestic violence by helping to identify it," Clymer said.

This year's keynote speech will be delivered by Fremont Police Captain Clarise Lew. "We chose Clarise because she is a woman, in law enforcement, and has years of experience with domestic violence," said Tina Fernandez, SAVE's assistant director of community develop-

ment. "She is able to speak about SAVE's collaboration with law enforcement," she added.

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## Open Enrollment Season Is Time To Get With the Plan!

### Free Seminars Offer Information on Medicare and Covered California

utumn is typically known as "open enrollment" season for health insurance plans, which means it's time for you to review your insurance options. Those options have become more complex with the passage of the Affordable Care Act and the addition last year of Covered California, the state's new marketplace for comparing affordable health insurance plans.

To help people in the community better understand their health insurance options, Washington Hospital is offering a series of free seminars:

- Navigating Your Insurance Coverage with Covered California Tuesday, September 23 from 6 to 8 p.m.
- Medicare Updates for 2015 Wednesday, October 1 from 10 a.m. to noon, and Tuesday, October 7 from 6:30 to 8:30 p.m.
- Medicare Part D Prescription Drug Coverage: Get Up-to-Date Information Plan for Open Enrollment Tuesday, October 7 from 10 a.m. to noon, and Wednesday, October 8 from 10 a.m. to noon.

All of the seminars will be held in the Conrad E. Anderson, M.D. Auditoriums in the Washington West Building at 2500 Mowry Avenue in Fremont.

"During open enrollment, it's important for people to review their health insurance plans to make sure their coverage meets their needs," says Health Insurance Information Service Coordinator Kristi Caracappa. "Open enrollment is also your opportunity to change plans if yours is not working out well for you."

The seminar on September 23rd covering information about Covered California and other health insurance options will provide information about health and social service resources available to community residents. The seminar will feature speakers from Washington Hospital Healthcare System, the Fremont Family Resource Center and Tri-City HealthCenter.

Caracappa will conduct the Medicare Updates seminars, as well as the Medicare Part D Prescription Plan Update sessions.

Open enrollment for Medicare this year – including Medicare Part D and Medicare Advantage Plans (Part C) – runs from October 15 to December 7. People who are newly eligible for Medicare because they are turning 65 have a sevenmonth enrollment period that starts three months before the month they turn 65.

Open enrollment for Covered California begins November 15 and continues through February 15, 2015. People who



Attend one of the upcoming free seminars to learn about Covered California and other health insurance options available.

experience a "qualifying life event" such as a marriage, birth of a child, loss of employer-sponsored health insurance or a move into California may sign up for coverage within 60 days of the event in a special enrollment.

Covered California recently released the rate changes for premiums in 2015. The rates vary, depending on the county in which you live. In Alameda County, the weighted average increase is 2.8 percent. Meanwhile, officials said that subsidies for 2015 are likely to remain the same or be slightly higher than what was offered in 2014, which could offset premium increases for some consumers.

Through its Health Insurance Information Service, Washington Hospital provides free, confidential information to help people select the right health insurance plan for them. When possible, the service also provides assistance with enrollment.

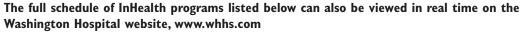
#### Learn More

To register for any of the upcoming seminars, visit www.whhs.com/event/class-registration or call (800) 963-7070.

To find out more about the services provided by the Washington Hospital Health Insurance Service and to access information that will help you make an informed decision about your health care plan, visit www.whhs.com/health-insurance.

For more information about Covered California, visit www.coveredca.com. Information about Medicare coverage can be found at www.medicare.gov.

### InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv





	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	
	09/16/14	09/17/14	09/18/14	09/19/14	09/20/14	09/21/14	09/22/14	
PM AM PM AM	Crohn's & Colitis	Shingles	Do You Suffer From	Vitamins and Supplements	Turning 65? Get To Know Medicare	Voices InHealth: Demystifying the Radiation Oncology Center	Keeping Your Heart on the Right Beat	
M M	Colores et al. Company		Anxiety or Depression?	- How Useful Are They?		Living with Arthritis		
M M	Colorectal Cancer: Healthy Diet To Prevent Cancer	Prostate Enlargements and Cancer	What Are Your Vital Signs Telling You?	Skin Cancer	Diabetes Matters: Protecting Your Heart	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Treating Infection: Lea About Sepsis	
1 1 1	Influenza and Other Contagious Respiratory Conditions		Minimally Invasive Treatment for Common Gynecologic Conditions Learn Exercises to Help Lower Your Blood Pressure		Washington Women's Center: Cholesterol and Women	Where Have All The Patients Gone?	Washington Townshi	
M M		Washington Township Health Care District Board Meeting August 13th, 2014	and Slow Your Heart Rate Your Concerns InHealth:A Good Night's Sleep	Washington Township Health Care District Board Meeting August 13th, 2014	Hypertension:The Silent Killer	Peripheral Vascular	Health Care District Board Meeting September 10th, 201- (New)	
M M	Don't Let Back Pain	<b>3</b> ,==	Acetaminophen Overuse Danger	<u></u> ,=	Diabetes Matters: Partnering with your Doctor to Improve Control	Disease: Percutaneous (Under the Skin) Treatment		
м м м	Sideline You	Diabetes Matters:	Cough and Pneumonia: When to See a Doctor		Washington Women's Center: Cancer Genetic Counseling	Do You Suffer From	The Weigh to Succe Strengthen Your Bac Learn to Improve Your Fitness	
1	Voices InHealth: Washington's Commu- nity Cancer Program	Diabetes Meal Planning  Keeping Your Heart on the	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Diabetes Matters: Diabetes & Heart Disease	Your Concerns InHealth: Decisions in End of Life Care	Anxiety or Depression?		
M M	Inside Washington Hospital: Rapid Detection of MRSA	Right Beat	Lunch and Learn: Yard to Table	Voices InHealth:The Legacy Strength Training System	Voices InHealth: Radiation Safety	Inside Washington Hospital: Stroke Response Team	Learn Exercises to He Lower Your Blood Pres and Slow Your Heart R	
M M M	Treating Infection: Learn About Sepsis	Inside Washington Hospital: The Green Team Inside Washington	Where Have All The Patients Gone?	Crohn's & Colitis	Washington Township	Washington Township	Meatless Mondays  Lunch and Learn:Yard	
M M M	Washington Women's Center: Cancer Genetic Counseling	Washington Women's Center: Cholesterol and Women	Diabetes Matters: Protecting Your Heart	Voices InHealth: Washington's Community Cancer Program	Health Care District Board Meeting September 10th, 2014 (New)	Health Care District Board Meeting September 10th, 2014 (New)	Table Prostate Enlargements Cancer	
1				Voices InHealth: New Sur- gical Options for Breast Cancer Treatment	The Weigh to Success	Get Back On Your Feet: New Treatment Options for Ankle Conditions	Colorectal Cancer	
M M M	Washington Township Health Care District Board Meeting	Vitamins and Supplements - How Useful Are They?	Washington Township Health Care District Board Meeting	Heel Problems and Treatment Options	Influenza and Other Contagious Respiratory Conditions	Living Well with Diabetes: Overcoming Challenges	Healthy Diet To Prever Cancer	
1 1 'M .M	August 13th, 2014	Strengthen Your Back! Learn to Improve Your Back Fitness	August 13th, 2014	How to Prevent a Heart Attack	What Are Your Vital Signs Telling You?	Living with Heart Failure	Don't Let Back Pair Sideline You	
PM \M	Skin Cancer	Peripheral Vascular			Keeping Your Heart on the Right Beat			
PM AM PM	Diabetes Matters: Diabetes & Heart Disease	Disease: Percutaneous (Under the Skin) Treatment Meatless Mondays	Turning 65? Get To Know Medicare  Inside Washington Hospital: Stroke Response Team	Varicose Veins and Chronic Venous Disease	Cough and Pneumonia: When to See a Doctor	Shingles  Diabetes Matters: Diabetes  Meal Planning	Crohn's & Colitis	

### '24/7' Critical Care Program Delivers Quality and Safety in Washington Hospital's ICU

New ICU antimicrobial initiative aims to optimize antibiotic use for vulnerable patients

In Washington Hospital's Intensive Care Unit (ICU), board certified critical care "intensivists" are available 24 hours a day, seven days a week to lead experienced, effective multidisciplinary teams in caring for some of the Hospital's sickest and most critically injured patients. This level of specialized care and physician expertise is constantly available at only a few other community hospitals across the country.

"Most hospital ICUs have hospitalists available 24/7, but not intensivists, who specialize in critical care," explained Carmen Agcaoili, M.D., medical director of the Hospital's Intensivist program. "I'm very proud that Washington Hospital has made a commitment to quality and safety by providing the right level of care at the right time, whenever our patients and the community need us."

Intensivists are specialized physicians who, along with a multidisciplinary team, provide the best possible care for critically ill patients. They are board certified in surgery, medicine or anesthesia, with additional qualifications in critical care medicine. Research has shown, in ICUs with 24/7 coverage by intensivists, patient survival rates are higher and complications are fewer, while hospital stays are shorter. Staff satisfaction is also better.

Currently, Washington Hospital's intensivists are pursuing numerous initiatives to improve quality of care and safety for ICU patients:

- Patient/Family Engagement: Encouraging active patient and family involvement in the care process.
- Palliative Care Rounds: Building awareness and educating staff and



Washington Hospital's Intensivist program medical director Carme Agcaoili, M.D. (left) and assistant medical director Daniel Sweeney, M.D. (right).

patients about palliative care, with early intervention for patients needing palliative care services

- Delerium Project: Improving outcomes for patients experiencing delirium through staff education, early detection, treatment and prevention
- Early Mobility Project: Supporting slow, safe, patient-specific introduction of movement in weak and critically ill patients to improve outcomes, such as shorter length of stay and fewer ventilator days
- \* Sepsis Project: Using screening and pre-hospital identification to lower the number of critical care patients who die from sepsis

#### Using antibiotics wisely

A new initiative called Antimicrobial Stewardship supports the wise use of antibiotics for critical

care patients. If successful, this pilot project will be applied in other patient care units throughout the Hospital.

"The ICU is one of the biggest users of antibiotics in the Hospital," explained intensivist Daniel Sweeney, MD, the Intensivist program's assistant medical director, who is board certified in Infectious Disease and Neuro Critical Care.

Dr. Sweeney is leading the new initiative: "We work every day to make sure our patients receive appropriate antibiotic therapy when necessary. At the same time, we aim to minimize the overuse of antibiotics to avoid complications of these therapies, including antibiotic resistance, kidney injury and unnecessary costs."

Dr. Sweeney collaborates with the Hospital's Clinical Pharmacy to examine critical care patients, review their records and discuss appropriate levels of antibiotics with the managing physician. Overuse of antibiotics can lead to antibiotic resistance. For example, it can make it more difficult to treat C-difficile, a highly contagious and potentially lethal infection. C-difficile is a major concern in hospitals throughout the country, including Washington Hospital.

"We want to avoid generating multiple risk resistant organisms in the Hospital and the community," stated Dr. Sweeney.

#### When patients leave the ICU

Another new initiative works to improve the quality of care and patient experience when patients are transferred out of the ICU to one of the Hospital's medical units.

"Transfers can be confusing for patients and families, and this can affect quality of care," stated Dr. Sweeney. "We are working to educate patients, improve communication and streamline staff practices."

#### Started in 2008

Washington Hospital started the Intensivist program in 2008 and began 24/7 availability in 2009. It currently has nine intensivists on staff —5 full-time and 4 part-time. All nine physicians are board certified in Critical Care Medicine and three are also board certified in Neuro Critical Care, which specializes in treating patients with life-threatening neurological illnesses like stroke. In the ICU, the intensivist and the physician managing a patient's care work together in what is called an open/concurrent model of care. This helps to ensure the highest possible quality of care and safety.

The objectives of Washington Hospital's Intensivist program are;

- Providing the best, highest quality patient- and family-centered care
- Giving critically ill patients the right care at the right time, using evidence-based therapy and best practices
- Creating a highly effective multidisciplinary team headed by an intensivist
- Offering patient 24/7 support to meet their clinical, physical and emotional needs
- Engaging the patient and family in the care process, including shared decision making with patients and their caregivers

Washington Hospital tracks the effectiveness of the Intensivist program and its quality initiatives on patient care and safety in the ICU. For example, since 2008, the number of days patients remain on a ventilator has been lower than national benchmarks. Also, over the past year, the patient mortality rate has continued to be within the range recommended by the Society of Critical Care.

"Our vision for the ICU is to ensure that the care we provide is centered on the patient," concluded Dr. Agcaoili. "With intensivists leading the way, all of our caregivers are on the same page in providing the highest possible quality of care and safety."

#### Learn more.

To learn more about Washington Hospital's Intensive Care Unit (ICU) and its Quality initiatives, visit www.whhs.com.

### **Ask the Doctor**

#### What type of doctor is best for my family?

This is an ongoing column in which Dr. Mary Maish answers your health related questions. Please submit your questions by email to: askthedoctor@whhs.com

#### Dear Doctor,

When I was growing up, everyone in the family went to the same doctor. It was very convenient. Now, I take my children to the pediatrician and I see a different doctor. I would like to consolidate our family care to one doctor. Is this OK to do?

#### Dear Reader,

In years past the same doctor could treat you for both the common cold and an appendectomy! As physicians became more specialized, training and board certification was implemented to ensure competency. The area of Family Medicine is no exception. For many years Family Physicians have been required to undergo training to become competent to treat patients of all ages and to know when to refer out to specialists if complex health issues arise.

Pediatricians, in comparison, have undergone training to become experts in recognizing and treating the complex health issues that confront children from birth to age 17. For anything more than routine, a pediatrician would have the experience to identify and treat these less common complex pediatric illnesses.

Both types of doctors can care for your children well. To figure out which is best for you, ask yourself these questions:

1. Does your child have any complex health concerns, physical, emotional, or mental? If so,

a pediatrician is best able to care for your child.

2. Does the family doctor have a robust pediatric practice? If so, he or she is likely to have the experience you want to help your children through routine childhood illnesses.

#### Dear Doctor,

My aging parents have moved closer to us so that I can help orchestrate their medical care. It was recommended that I take them to see a geriatrician. Is this necessary?

#### Dear Reader,

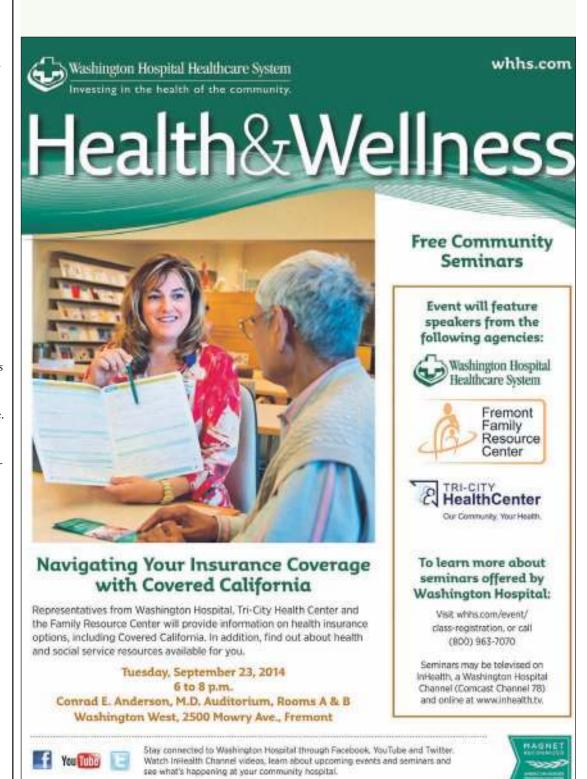
Due to the growing aging population, the practice of Geriatric Medicine has emerged as a specialty all of its own. Geriatricians undergo specialized training to understand health issues that most seniors over age 70 will face. Chronic illnesses, dementia, incontinence, and disability are common problems that most elderly people will encounter at some point. Geriatricians have the experience to anticipate the needs of the elderly and address end of life concerns before big decisions have to be made.

#### Mary S. Maish, M.D



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master's degree from Harvard

University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.



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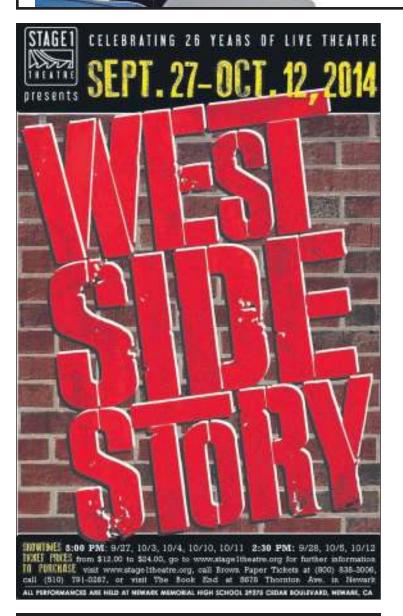
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### Fabulous Events (and Fabulous People, too!)

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#### **Health and Safety Fair**

Wednesday, September 24, 1:00 p.m.

At Carlton Plaza of Fremont, we endorse a happy, healthy lifestyle. Join us at our free **Health and Safety Fair** where we will be offering flu shots, blood pressure checks, blood sugar checks and more!

#### **Courtyard Concert**

Monday, September 29, 6:00 p.m.

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continued from page 1

## A real eye

Domestic violence statistics are harrowing: one in four women at some point in their lives will be exposed to it, according to the National Coalition Against Domestic Violence. When compared to men, women are also more likely to be killed by their partners; it is estimated that a third of female homicides are carried out by an intimate partner, either current or former. Domestic violence is a plague, operating invisibly within the community and with ramifications that can cause a disastrous domino effect. Often, victims of domestic violence develop chronic health problems or end up homeless, according to the U.S. Department of Housing and Urban Development. Though it is often born behind closed doors (an estimated 60 percent of domestic violence occurs within the home), domestic violence affects the community as a whole and manifests in a number of different ways. "It's not just physical, but emotional, psychological, even financial," Clymer said.

SAVE currently has three advocates staffed at the Hayward, San Leandro, and Fremont police departments. Investigators work with the advocates to offer support to victims in a number of ways - everything from legal advocacy to counseling and placement in shelters. "This is an example of how two organizations work together to bring about a quicker resolution to domestic violence," Fernandez said.

'We meet the client where they are in the moment," explained Fernandez. The SAVE staff have often seen that if the client is simply told to do something, it won't stick. This is why they have fostered a completely non-judgmental drop-in service. "(There is a) misconception that our goal is to break up a family or direct a client to divorce," added Clymer. "It's the client who tells us what their goals are." SAVE's goal is to make sure that every client has a safety plan.

SAVE's fundraising goal this year is \$250,000. Donations come from both individual and corporate donors, with the "Eye Opener" event proving to be a huge contributor towards the organization's fundraising goal.

Celebrating its 38th year in operation, SAVE has seen quite a bit of growth. "Originally, victims were housed in private homes," Fernandez said. Now, SAVE has a 30-bed shelter and their newly-opened Empowerment Center, designed to empower victims and educate their clients on how to stop the cycle of violence. "The Empowerment Center was designed to create more access to the community,' Nina said. In addition to this, SAVE facilitates discussions on school campuses to educate the youth on the domestic violence. 'The best opportunity to break the cycle of violence is to reach out to the youth," Clymer explained.

Doors for the "Breakfast Eye Opener" will open at 7 a.m., allowing for half an hour of networking before breakfast is served and the event officially kicks off. For more information, please visit www.save-dv.org.

Breakfast Eye Opener Friday, Sep 26 7:30 a.m. - 9 a.m. **Double Tree by Hilton** 39900 Balentine Dr, Newark (510) 574-2250, ext. 110 http://www.save-dv.org Tickets: \$75

### Sig Idea A competition

SUBMITTED BY CHRIS SHERMAN

Anyone with a great app idea for children, age 5 and under (including already existing apps) is invited to apply to the Big Idea Competition. Executives from Fisher-Price, Amazon, BabyFirst and Digital Kids Media will judge the entries, select five finalists and one overall winner.

Five finalists will present on stage at the Digital Kids Summit in San Francisco, on October 22. The winner of the contest will receive \$100,000 worth of television advertising on BabyFirst's 41 million+ home cable TV network. Additionally, if no app is yet built, the winning finalist will receive app development assistance by the app development teams at BabyFirst Mobile.

Interested parties must submit their idea online at: http://digitalkidssummit.com/bigidea

Deadline for submissions is 5 p.m. on Monday, October 6.

#### **Naturalization Process**

SUBMITTED BY EILEEN MENDEZ

In observance of Citizenship Day and Constitution Day, Fremont Main Library and the Alameda County Library Adult Literacy Program present USCIS (United States Citizenship and Immigration Services) Community Relations Officer, Lucee Rosemarie Fan for an engaging and informative presentation on how to prepare to become a United States citizen.

The program on Tuesday, September 23 will begin with a presentation on the naturalization process. The presentation will include an audience participation period followed by a Question & Answer session related to the citizenship process.

Following the presentation will be an introduction to the Fremont Main Library Citizenship Corner and a review of library resources to help pass the citizenship test.

> Introduction to the Naturalization Process Tuesday, Sept 23 9:30 a.m. - 11 a.m. Fremont Main Library 2400 Stevenson Blvd, Fremont TTY 888-663-0660 (510) 745-1401 Free

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## Local **Ballet** compete



#### **SUBMITTED BY** LEIGH ANN KOELSCH

Kathy Liu, a senior at Mission San Jose High School has been a student of Rachel's Ballet in Fremont for 13 years. In that time, she has studied the syllabus of the Royal Academy of Dance, London, and completed yearly examinations. With her Distinction mark in her Advanced 2 examination last spring, she has qualified to be one of the seven American dancers headed to the RAD (Royal Academy of Dance) Genee International Ballet Competition. The competition, takes place September 18 - 25 in Antwerp, Belgium.

Fifty-nine students from around the world will take part in daily classes with internationally renowned teachers, and daily coaching sessions on the classical repertoire solo and specially choreographed solo that each have prepared. Candidates will also learn a specially commissioned contemporary ballet solo choreographed by Ricardo Amarantesoloist with the Royal Ballet of Flanders. There will be semi final rounds, and then approximately twelve finalists will take the stage to compete for the medals in front of a live audience and the judges.

Liu spent five weeks at a summer intensive program at the Joffrey Ballet this summer, dancing six hours and more a day. In addition,

through the summer she worked with her teachers at Rachel's Ballet on her technique and her solos for the Genee. Liu will be performing the 2nd variation from Act 2 of Raymonda for her classical, and her contemporary solo has been choreographed by Sharon Kung.

Liu is the first student in Rachel's Ballet history to qualify for this competition. Studio director Rachel Tan, her teachers, her family and friends are all very excited for her. This will be the experience of a lifetime, and a chance to dance with students and teachers from all over the world.

For more information, visit http://www.rad.org.uk/achieve/the-genee/genee-2014-1 and Rachelsballet.com.



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### Eric Emmanuele Leads Milpitas Rotary Club

#### SUBMITTED BY FRANK DE SMIDT

Milpitas Police Officers' Association President Eric Emmanuele has been elected as the 2014-2015 president of the Rotary Club of Milpitas. His oneyear term began July 1.



The Rotary Club of Milpitas was founded in 1952 as a local club of Rotary International. Rotary International is an international service organization whose stated purpose is to bring together business and professional leaders in order to provide humanitarian services, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Membership in the Milpitas Rotary Club is open to all persons regardless of race, color, creed, religion, gender, or political preference. There are 34,282 clubs and over 1.2 million members worldwide.

Rotary's primary motto is "Service Above Self". In our never ending goal to serve, Milpitas Rotary Club members spent four years to helping improve the horrible conditions of a maternity hospital in Chinandega, Nicaragua, by donating equipment and helping to acquire and deliver basic necessities. Additionally, Milpitas Rotarians raised funds with other Rotary Clubs internationally, allowing Rotary International to provide grants totaling \$43.6 million to UNICEF and the World Health Organization to help fight Polio in the last three endemic countries in the world.

Locally, the Milpitas Rotary Club sponsors the Leo B. Murphy Teacher of the Year Award, the Gene Schwab "Service Above Self" Award, sponsors

the Milpitas High School Interact Club, provides dents, and annually raises funds for the Milpitas Food Pantry and the Family Giving Tree. Every spring, the Milpitas Rotary Club takes the fifth grade students from Rose Elementary School and teaches them the how to fish at Ed Levin Park.

Emmanuele moved to Milpitas in 1971 and graduated from Milpitas High School. He has been a Police Officer since 1990. During his years of service to the Citizens of Milpitas, he has been recognized as Officer of the Year, Community Oriented Policing Officer of the Year, and was nominated as nationally as "Top Cop." During his assignment to the Milpitas Fire Department, as an Arson Investigator, he was named Milpitas Fire Department's Employee of the Year and Officer of the Year for the California Conference of Arson Investigators. He has received the "Unsung Hero's Award" from the Victims Support Network of Santa Clara County and the "Directors Achievement Award" from the California Department of Fish and Game. In 2011, Emmanuele was nominated for the Rotary's own Gene Schwab "Service Above Self" Award, for exemplary service to the community by City of Milpitas employees both on and off the clock.

Emmanuele received his Bachelors Degree in Public Administration and his Masters Degree in Organization Development from the University of San Francisco.

"It is an honor and a privilege to have been elected as president of the Rotary Club of Milpitas," said Eric Emmanuele. "Milpitas Rotary has a long tradition of service to the community and its membership consists of some of the most amazing, community-minded individuals Milpitas has to offer. The last two months leading this club have been incredible. I look forward to doubling the size of the club, so we can double the amount of service we provide to the citizens of Milpitas."

The Milpitas Rotary Club meets for lunch (1200) every Monday at Dave and Busters, 940 Great Mall Dr., as a social event, as well as an opportunity to organize work on our service goals and to hear guest speakers.

For more information about the Rotary Club of Milpitas, please visit www.rotary.org.

#### **Counseling Corner**

### If You Do What You Love, Will the **Money Follow?**

By Anne Chan, PhD, MFT

"Do What You Love, The Money Will Follow" was the encouraging title of Marsha Sinetar's classic career book published in the late '80s. Sinetar's title holds tantalizing promise wouldn't it be wonderful if we could all pursue what we love and make money in the process? Is this too good to be true? Could

career happiness be this simple? Sinetar not only inspired me, she also galvanized me to take action to find a career that I loved. My career journey was my personal pursuit of happiness. Mine is just one person's experience, of course, but I can share with you the happy ending to my story that the money did follow after I chose to do what I love. Along the way, I learned invaluable lessons about career choices that I wish I had known when I first started. I am sharing these lessons in this column with the hope that they will save you time, money, and frustration in your career pursuit of happiness.

#### Lesson #1: Find out all you can about the profession that you love.

At the tender age of seven, I fell in love with a book about three children living on a farm and I decided, right then and there, that I would be a farmer when I grew up. Now I hate getting up early and I'm pretty horrible at keeping plants alive, so being a farmer would have been a terrible career option. I absolutely loved the idea of being a farmer, but the mere love of an idea without skill, knowledge, and hard work, would not have carried me

to career success. My Lesson Learned: Loving a profession doesn't mean that you will love everything about that profession. In fact, you may detest minor aspects of a job that might cause you to hate the job. For instance, in my current job as a career counselor, I get to help people with their careers. This is the bulk of my work day and I absolutely love helping people figure out career solutions, such as creating a resume they can take pride in. But my job also comes with a fairly substantial amount of paperwork, such as billing and writing notes. I also have to do mundane things like pay the rent, empty out the trash, and make sure there's enough tissue in my office. If you are allergic to paperwork or chores, you might want to reconsider jobs that require some amount of paperwork. As you make your career choice, keep in mind that each job has a host of different aspects, some distasteful, some enjoyable. Talk to as many different people as you can about the profession you are thinking of joining. Ask them what they love and hate about their job. Observe them during a typical day at work. See if all or mostly all of the job components are palatable to you.

#### Lesson #2: Work environment is an important consideration

Two jobs come to mind in the next lesson that I am about to share with you. The first was my dream job – it was THE job I had hoped to get. It was an amazing job that wow people at parties. The second job was a summer internship that I had taken simply because I needed to accrue hours for my psychotherapy license. This internship had a grueling commute (40 minutes each way on 880), the population that I worked with was not in my area of interest or expertise, and I was paid so little that it barely covered my gas expenses. Guess which job I loved? You might be surprised to know that the first

job turned out to be a nightmare, and the second job was (and still is) my hands-down favorite. The reason - the work culture and the people in each place were diametrically opposite. The first job had a weird vibe of uber competitiveness, suspicion, and mistrust people were let go without any explanation, veiled threats were made, and there was no feeling of camaraderie, fun, and teamwork. On the other hand, the second job had a palpable feeling of mutual respect and trust. My supervisor was able to give me exactly what I craved - feedback to learn and grow, as well as genuine and frequent appreciation for my work. She and the other supervisors were inspirational because they loved their work and they treated both the clients and fellow coworkers with respect. I loved the people there so much that my drive to work never felt like a grind. The following summer, I continued working with them even though they had budget cuts and couldn't afford to

pay me anymore! My Lesson Learned: A few simple words – it's not just about the work. The work environment, company culture, and people you work with can make a critical difference to how much you enjoy your work. Think about your needs as a person what kind of work environment fits you best? What kind of people do you want to work with? Research the companies out there that match your preferences.

#### Lesson #3: You can have more than one career love

When I was trying to figure out what to do when I "grew up," I thought of Sinetar's advice and wondered if I should do what I loved, namely cooking. I love looking at cookbooks, I love watching cooking shows, I love trying out new recipes, and I love eating - it seemed logical to consider a culinary career. I very briefly thought of culinary possibilities - open a restaurant perhaps or start a catering company, but I immediately (and wisely) dis missed these ideas for several reasons – I knew I would not be able to tolerate the extreme hours (Lesson #2 above), and I knew there were parts of the job I would hate (Lesson #1 above). I also knew that I loved cooking for people I knew, but would probably grow tired of cooking for people I didn't know. Lastly, cooking was a hobby I loved and I did not want to lose my hobby if I made it my career. So I DIDN'T do what I love, BUT it was the correct decision for me. This doesn't mean that Sinetar's advice isn't sound though – I ended up figuring out a totally different career path that I love and have

ended up loving the work that I do. My Lesson Learned: Definitely do what you love, but make sure that you love all or most of the aspects of the work. Ask yourself if what you love should remain your hobby as opposed to your career. Remember that you can have more than one love in your career.

I think Sinetar's premise can be boiled down to this – if you love your job, you are far more likely to be engaged, motivated, and successful at work, and thus you are more likely to be rewarded financially for your work. Strangely, those who love their jobs often say that the money doesn't even matter that much to them because they love their work!

Anne Chan is a career counselor and licensed psychotherapist in Union City. She specializes in helping people find happiness in their careers, lives, and relationships. Her website is www.annechanconsulting.com © Anne Chan, 2014

### Local Girl Scout troops earn **Bronze Award**

SUBMITTED BY MADDIE GABRIEL

Girl Scouts of Northern California is pleased to bestow the

Drought Declaration of Emergency on January 17, 2014 and directive – for state agencies to use less water, the Junior Girl

Joline Edwards Heaivilin, Madeline Hwang, Pavni Jagpal, Jennifer Macy, Katrina Ng, Amisha Prasad, and Sagel Provancher.



highest honor possible for a Junior Girl Scout, the Bronze Award, to members of Troop 33230 and 30705 of Fremont. The Girl Scout Bronze Award recognizes that a Junior Girl Scout, grades 4 - 5, has gained the leadership and planning skills required to follow through with an intensive 20-hour service project that makes a positive difference in her community.

To earn the Bronze Award, Troop 33230 and 30705, worked with the City of Fremont (Parks and Recreation Services), re-landscaping an environmentally conscious, entrance-way at Centerville Library, 3801 Nicolet Avenue. Formerly, the front yard consisted of grass, which is "high maintenance and water thirsty," according to the Alameda County Water District. Heeding Califor-

nia Governor Jerry Brown's

Scouts sought to make a difference in the community, by minimizing landscape water-usage at their local library. The troop members helped redesign and install an improved landscape, with drought-tolerant plants, mulch, and drip-irrigation system.

"We are proud of our exceptional girls from Troop 33230 and 30705, who strive to become leaders at an early age by obtaining their Girls Scout Bronze Awards," said Marina Park, CEO of Girl Scouts of Northern California. "Working towards this award demonstrates the troops' commitment to help others, improving their community, and the world, and becoming the best they can be."

Members of Troop 33230 are fourth-graders: Angelina de Anda, Yinka Bossa, Diya Gupta,

Troop members of 30705 are fifth-graders: Tara Eastwood, Angelina Paglieri, Bianca Punzalan, and Alondra Villegas.

While the Bronze Award is Girl Scouts' highest award for Junior Girl Scouts, there are countless, other awards and programs in Girl Scouting where developing and displaying leadership takes center stage, including the Silver Award, Gold Award, and the Leadership Journeys program, that allow girls at every age level to build leadership skills by discovering, connecting, and taking action. Service is built into all aspects of Girl Scouting with the hope that girls like those in Troop 33230 will carry a commitment to serving others into their adult lives. For information on Girl Scout leadership programs, visit girlscoutsnorcal.org.

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> INTERIM SUPERINTENDENT Tim Erwin

ANNOUNCEMENT OF NUSD GOVERNING BOARD VACANCY AND PROCEDURE FOR APPLICATION LETTER FROM THE BOARD

Monday, September 8, 2014 To the Newark Community,

On Wednesday, August 20, 2014, Governing Board Member Gary Stadler filed a letter of resignation with the Alameda County Superintendent of School, effective immediately.

The Governing Board vacancy will be filled by Board appointment. Beginning today and ending at noon on Friday, September 19, 2014, the Board will be accepting applications to fill this position. For a copy of the application go to the District's website www.newarkunified.org or you can pick up a copy at District Office.

On Wednesday September 24, 2014, the Board will meet in open session at 6:00 p.m. at the District Office to review all applications and to interview the candidates. Candidates should make themselves available for this meeting. The Board anticipates making the selection at this meeting. The appointment will become effective immediately. Applications will be accepted from 8:30 a.m. to 4:00 p.m., at the District Office, beginning Monday, Sept 9, 2014. To be considered as a candidate, the application must be received in the District Office by noon on Friday, September 19, 2014. Any application received after noon of Friday, September 19, 2014 will not be accepted. If you have any questions about the process, please feel free to call Board President Nancy Thomas at 510-792-4835 or email at nthomas@newarkunified.org.

Newark Unified School District Governing Board Members



#### MISSING THAT SPARK?

henever a spark plug fires, the plasma of the spark erodes the electrodes, causing the gap to increase. In time, the enlarged gap requires more energy to fire the plug, which can exact a toll on the coils. For this and other reasons, spark plugs should be replaced as needed. While this may seem to be a simple procedure that any home mechanic may do on his or her own, spark plug replacement may not be as simple as it seems. To begin with, attempting to remove the spark plugs when the engine is hot can damage the plugs and the engine head due to different rates of thermal expansion. Having an experienced technician perform the work eliminates unnecessary problems.

When is the last time you had your spark plugs changed? If you can't remember, it's time to call BAY STAR AUTO CARE. Our ASC-certified technicians can provide the regular maintenance that keeps your car running smoothly, including checking on your spark plugs. A new spark plug today can prevent headaches and more costly repairs down the line. Call today for an appointment. And remember, we do smog inspections!

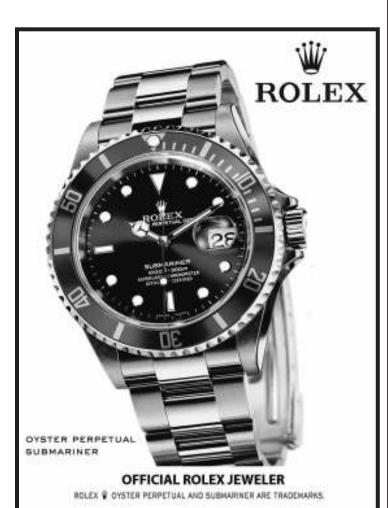
HINT: An experienced set of eyes can check removed plugs for deposits, color changes, and other clues about engine health that may require attention.

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### Learn to Read at the library

By Luis Kong, Ed.D.

or more than 30 years the Alameda County Library has offered classes and tutoring for adults to help them succeed in their lifelong goals as a citizen, worker, family member and learner. Many adults realize that it is time to hone their reading and writing skills in order to get the promotion they need to earn a better wage, to be able to

Write to Read provides a safe environment for reading and writing practice where individuals take risks and grow toward leadership to make positive changes in their lives and communities. Students build strong literacy skills for work, family and lifelong learning.

Write to Read assists adult learners through learning pair tutoring (one-to-one), peer tutoring, small groups, classes, reading clubs, computer labs and job seeking



Alameda County Library's Adult Literacy Program by Luis Kong, Ed.D.

read to their children or help them with homework, to develop the basic computer skills to complete an application or write a resume, to prepare to vote or simply feel confident with writing a letter or email to a friend. These basic skills are important because a basic knowledge of reading and writing is the hammer that breaks the barriers to reaching personal goals.

Every adult has a set of skills they are good at. Many raise families, have jobs, build houses, care for children or seniors, and own business, but nevertheless many live with the tension of not being able to read or write well. Over 6 million adults in California or 16% of the population do not have a high school credential, and more than 3.5 million adults in our state do not speak English well. In Alameda County at least 19% of residents have difficulty reading and writing well. The Write to Read Adult Tutoring Program supports adult and young adults in building the necessary reading and writing skills to break through their learning barriers and move forward with their educational and job goals.

Write to Read provides free small groups and individual tutoring for adults who want to improve their reading, writing, spelling, comprehension abilities, and basic computer and job-seeking skills.

workshops so learners can feel confident to register at an adult school or community college, or participate in job trainings, certificate programs by gaining basic reading and writing skills.

One-to-one tutoring, small groups, and classes are available for English speakers. Reading clubs are small conversation groups for second-language learners. Basic computer skills labs are open to all Write to Read learners where they learn how to set-up an email account, using the Internet, phonics programs, and the extensive free online library resources now available by using a library card. Assistive technology is available in the labs to help learners with their writing and reading practice.

Write to Read support adult learners in all Alameda County library branches including Fremont, Centerville, Union City, Newark, San Lorenzo, Castro

Valley, Dublin and Albany.

www.aclibrary.org

Alameda County LIBRARY

In the mid-county area of Ashland, Cherryland and San Lorenzo, Project MOVE (Mobilizing Our Vision for Employment) is a neighborhood based Job Seeking and computer skills project for adult learners. Project MOVE is a partnership with Eden Area One Stop Career Center and EDD, Mercy Housing INC., Ashland Community Center, 7th Step Foundation, Women on the Way, and Supervisor Chan's District Office. Project MOVE works and the Alameda County Library's Bookmobile extend library services in the community. The project provides free on-line access to library resources, and job seeking preparation, and basic computer skills. A new ESL Job Seeking class will start at the Ashland Community Center on September 18th. The ESL Job Seeking class is held twice per week every Monday and Thursday from 6:45 to 9 PM. This English as a Second Language class is for learners who need the vocabulary and English practice to find work.

Volunteer tutors and instructors support the advancement and fulfillment of learners' goals by participating in professional trainings, roundtable discussions, in-service workshops and peer resource sharing to enhance their

The Write to Read Adult Tutoring program is one free educational service that your Alameda County public library provides to all California residents. Please check the library's website at www.aclibrary.org for more information about adult literacy and the dozens of programs, services and volunteer opportunities offered by your County library.

Call us to sign up for a reading club, tutoring or job seeking classes with Project MOVE. Call (510) 745-1480. Fall session classes start on September 15. Call to register. All services are free.



Write to Read Reading Club participants Fremont Library Basic Computer Skills Lab

#### Celebrate Our Diversity at Day on the Bay

There are many reasons to love living in Santa Clara County: The climate, geography, spirit of innovation, rich history, beautiful parks and miles of hiking and biking trails. But what I appreciate most is the ethnic diversity of our population of 1.8 million that makes us

We speak more than 100 languages or dialects, can chose among dozens of ethnic foods when we dine out, enjoy a wide variety of art, dance and music, and share customs that give us a window into the world.

Join me in celebrating this diversity at the 5th Annual Day on the Bay Multicultural Festival at Alviso Marina County Park, 1195 Hope Street in Alviso. This year, the event will be 10 a.m. to 3 p.m. on Sunday, October 12, 2014, and we're expecting another great turnout. Last year, about 10,000 people attended.

We're bringing back our popular features, thanks to the many organizations, nonprofits, businesses and volunteers from schools and faith-based community groups that each year help us make Day on the Bay a success. And, as always, Day on the Bay is free.

The Santa Clara County Firefighters have agreed to grill hamburgers for us again, and members of the Santa Clara County Sheriff's SWAT team will bring their vehicle and equipment for your inspection.

Our Resource Fair will again focus on healthy living, with 100 booths staffed by volunteers from



nonprofit organizations that will not only give you information but provide free flu shots and health screenings.

Local musicians and dancers will entertain continuously on two stages, including Folklorico and Egyptian groups and youth bands from area schools.

Our Pumpkin Patch will be full of pumpkins for children to select in time for Halloween, and the zucchini races are returning. Using a zucchini, children can build and decorate a car and race it down a ramp.

Kayak rides will offer a beautiful view of the Alviso waterway to the Bay, and a climbing wall will test kids' strength and agility. There also will be plenty of other activities and art projects for children.

Throughout the day, there will be giveaways, including tickets to sporting events, sports memorabilia and hotel stays.

For more information, visit our Day on the Bay webpage, call my office at (408) 299-5030 or email me at dave.cortese@bos.sccgov.org.

See you in October!

**September 16, 2014** WHAT'S HAPPENING'S TRI-CITY VOICE Page 9

#### Chabot Space & Science Center honors Champions of Science

Former White House Deputy Chief Technology Officer Pahlka named Honorary Gala Chair

**SUBMITTED BY AUTUMN KING** 

Chabot Space & Science Center has named Jennifer Pahlka as the Honorary Starlight Gala Chair for the annual event on September 20 in downtown Oakland. The Starlight Gala is the premiere fundraising



Jennifer Pahlka

event for the Center, and the opportunity for the Center to honor its Champions of Science. The event is expected to raise over \$250,000 for the Center's science education mission. The Emcee for the evening is KTVU/Fox Channel 2's Consumer Editor, Tom Vacar.

Jennifer Pahlka is the founder and Executive Director of Code for America and is the former U.S. Deputy Chief Technology Officer in the White House Office of Science and Technology Policy. Code for America is a nonprofit that brings together public and private sectors in the effective use of technology and encourages and empowers residents to take an active role in their community. The Washington Post described Code for America as "the technology world's equivalent of the Peace Corps or Teach for America."

Now in its fourth year, Chabot's Champion of Science Awards honor individuals and organizations that have made extraordinary and lasting impacts in science education and support Chabot's STEM mission. Awards are given in four categories: Foundation, Corporation, Individual, and Educator. Recipients of the 2014 awards include: The Dean and Margaret Lesher Foundation, Lockheed Martin, Jerry Fiddler, and retiring Alameda County Office of Education Superintendent Sheila Jordan.

For over a decade, Foundation Champion of Science honoree Dean and Margaret Lesher Foundation has supported underserved communities in Contra Costa County to visit the Center's Challenger Learning Center. Established in 1989, the foundation focuses on three focus areas: significant educational support for young people, a commitment to the visual and performing arts essential to a vibrant and healthy community, and support for a wide variety of programs to nurture children and strengthen families.

As part of its efforts to educate and inspire tomorrow's scientists, engineers and mathematicians, Corporate Champion of Science Award recipient Lockheed Martin's approach to STEM outreach includes support for programs, events and campaigns that focus on student achievement, teacher development, and gender and ethnic diversity. Lockheed has partnered with Chabot Space & Science Center since 1996 and provided more than \$1 million in support over the years.

Individual Champion of Science Award recipient Jerry Fiddler was the founder of Wind River Systems and is currently principal of Zygote Ventures. He has served on the Chabot board of directors since 2005 and has been one of the Center's strongest supporters.

Educator Champion of Science Award recipient Sheila Jordan is the retiring Superintendent of Alameda County Office of Education (ACOE), an elected position she has held since 1999. She has served on the board of the Chabot Space & Science Center, and under her leadership at ACOE, a closer alliance was forged with Chabot's education department to provide Alameda county and regional schools with excellent training and support of STEM and STEAM opportunities.

Tickets to the gala start at \$500/person (in advance only). For more information, go to www.chabotspace.org/starlight-gala.

The Starlight Gala Saturday, Sep 20 6:30 p.m. – 10:00 p.m. Rotunda Building 300 Frank Ogawa Plaza, Downtown Oakland (510) 336-7491 www.chabotspace.org/starlight-gala

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### Bully Talk: A talk for parents

SUBMITTED BY FREMONT UNIFIED STUDENT STORE

As part of Fremont Unified Student Store's (FUSS) effort to network with community organizations and individuals in addressing health and wellness issues among our families and students, FUSS would like to support the Bully Talk presentation called "Bullying / Cyber-Bullying & Healthy Friendships" by Fremont Counseling Services on Saturday, September 27 at Fremont Main Library.

Adolescents today are faced with more complicated relationships in school, online, and in the community. Come learn more about signs that your child is being bullied; qualities of healthy friendships and relationships; communicating with your teen; relational aggression and female bullying; and cyber-bullying. Help your teen to know that they are not alone in navigating their social world. Learn how to offer support and encouragement as they learn how to manage their relationships.

This valuable, free one-hour talk is presented by Holly LaBarbera, MA, MFTI, a registered Marriage and Family Therapist Intern. For more information, contact LaBarbera at holly@fremontcounselingservices.com or by calling (510) 402 - 2855.

> Bullying / Cyber-Bullying & Healthy Friendships Saturday, Sep 27 10:30 a.m. Fremont Main Library, Conference Room A 2400 Stevenson Blvd., Fremont (510) 402 - 2855holly@fremontcounselingservices.com

#### **Letter to the Editor**

#### Moony thanks from **Citizens for Better Community**

SUBMITTED BY CITIZENS FOR BETTER COMMUNITY

Thanks to all who joined Citizens for Better Community (CBC) and Fremont Rotary Club in celebrating the 2014 Moon Festival on Friday, September 5 at Prince of Peace Lutheran Church in Fremont. It was great to get together with good friends, elected officials and honorable guests!

Thanks to Prince of Peace Lutheran Church for the facilities; Lena Zee for coordinating this event; Tim Reilly's Canyon Band and Dr. Herbert Chiu for the music; Jim Schoon and Lily Mei for being the emcees; and Bill Marshak for the special presentation. Thanks to all our wonderful performers: David Bonaccorsi, Avantika Vandanapu, Claire Shu, Peter Kuo, David Sun, Greg Bonaccorsi, and the entire Fremont Rotarian cast!

Special thanks to the major event sponsors: Fremont Flowers and Bay Area Wholesale owner Dirk Lorenz, Chinese Cuisine, SOGO Bakery in Newark, Jim Sakane Photographer, Lena Zee, Ruth Kao and Lily Mei; Grand Prize donors: John Rehnberg, Thomas Tang, Rosa Chao; and all Door Prize donors. Big thanks to all of the team leaders and volunteer coordinators: Kathy Jang, Marlene Weibel, Judy Lam, James Lechner, Cecilia Leon, Cecilia Chang, and all of our students and volunteers!

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### BUSINESS

#### Morgan hired as Patelco Chief Retail Officer

SUBMITTED BY KEVIN HARTMAN

Patelco Credit Union recently announced the hire of Melissa Morgan as Senior Vice President and Chief Retail Officer. Morgan will serve on Patelco's Executive Team and as the Chief Executive Officer of Patelcorp, Inc., the investment and insurance arm of Patelco Credit Union. Morgan will report directly to Patelco President and CEO, Erin Mendez.

Morgan joins Patelco with more than 25 years of experience in the financial services industry. She earned a B.S. in Economics and International Management from Oklahoma State University, and has completed graduate level coursework in Economics at Columbia University.

"Melissa has an impressive background in financial services and is a great addition to our team," said Mendez. "Her commitment to serving and communicating with our members is exactly what Patelco strives for within our membership community."

For more information, visit patelco.org.



### Property tax bill increases

#### SUBMITTED BY CALIFORNIA **BOARD OF EQUALIZATION**

Some California homeowners may receive a much larger property tax bill than they anticipated this year. Homeowners who saw lower tax bills during the recent decline in housing values may receive higher property tax bills as property values recover.

#### Why is this happening?

When housing prices rise, Proposition 13 allows a maximum 2 percent annual increase in the property's taxable value for inflation. This value is known as the "factored Proposition 13 value." When housing prices decline, Proposition 8 allows a temporary reduction of the property's taxable value to reflect the current market value. Because a Proposition 8 reduction is only temporary, it requires the taxable value to be reviewed annually and increased, or decreased, to reflect that year's current market value (as of January 1 each year).

Thus, when the housing market crashed, Proposition 8 enabled some homeowners to receive significant temporary assessment reductions resulting in lower tax bills. As housing prices increase, however, a home's taxable value that had been lowered by the assessor under Proposition 8 may increase more than 2 percent if its market value increased more than 2 percent. The increased value, however, may not exceed the factored Proposition 13 value.

For example, a taxpayer purchased a home in 2006 for

\$500,000. In 2013, the factored Proposition 13 value would be about \$544,000 (\$500,000 increased by an inflation factor that cannot exceed 2 percent each year). If the market value of that property was \$450,000, the assessor would temporarily enroll the lower value for property tax purposes pursuant to Proposition 8. In 2014, if the market value of the property recovers to \$540,000, the market value will be enrolled because it was lower than the factored Proposition 13 value. While the 2014 taxable value exceeds the previous year's taxable value by more than two percent, it reflects the current market value and does not exceed the Proposition 13 limits. In following years, the market value of the property will again be determined and compared to the factored Proposition 13 value and the lower value will be enrolled.

#### What does this mean?

Homes that saw large assessment decreases in prior years may see a similar assessment increase this year translating into higher tax bills. Taxpayers who think their assessed values are too high this year may contact the assessor of the county where the property is located. The assessor can explain the property's assessed value, answer any questions about the assessment, and review any additional pertinent information provided. (While working with the assessor, the taxpayer should be mindful of the deadline to file an assessment appeal.) If the taxpayer and assessor can't reach an agreement, taxpayers have the right to appeal the assessment to the assessment appeals board or the board of equalization in the county where the property is located.

To appeal an assessment, one must file an Application for Changed Assessment with the clerk of the board of supervisors or clerk of the assessment appeal board in which the property is located. That form may be found on the clerk of the appeal board's or assessor's website. The deadline to file an appeal varies by county, and ends either September 15 or November 30 (for 2014 the deadline is December 1 because November 30 falls on a Sunday). Appeal filing deadlines may be accessed at: www.boe.ca.gov/proptaxes/pdf/filingperiods.pdf. Appeal board clerks' and assessors' websites may be accessed at: www.boe.ca.gov/proptaxes/proptax.htm.

The California State Board of Equalization (BOE) prescribes property tax rules, instructs local agencies on how to handle property tax appeals, and seeks to make the process easy for taxpayers to navigate. A series of videos explains the process of appealing a property tax assessment.

The five-member California State Board of Equalization (BOE) is a publicly elected tax board. The BOE collects \$56 billion annually in taxes and fees supporting state and local government services. It hears business tax appeals, acts as the appellate body for franchise and personal income tax appeals, and serves a significant role in the assessment and administration of property taxes. For more information on other taxes and fees in California. visit www.taxes.ca.gov.

#### **Energy** Recovery Inc. to present at Conference

#### SUBMITTED BY GLOBE NEWSWIRE

Energy Recovery Inc. (Nasdaq:ERII), the leader in capturing reusable energy from industrial fluid flows and pressure cycles, today announced that the Company will be presenting at the 5th Annual Credit Suisse Small and Mid Cap Conference in New York City. Tom Rooney, Chief Executive Officer, will present to the group on Wednesday, September 17

Energy Recovery (Nasdaq:ERII) develops award-winning innovations that make industrial processes more productive, more profitable and environmentally cleaner. Our solutions tap into pressure energy from fluid flows to drive uptime throughout industrial processes. By recycling otherwise lost pressure energy, we are able to make systems more efficient and reduce overall maintenance costs, with solutions customized to adapt to all conditions. Working in oil & gas, chemical and water industries, more than 15,000 solutions worldwide save clients over \$1.4 Billion (USD). Headquartered in the San Francisco Bay Area, Energy Recovery has offices in Madrid, Shanghai, and Dubai. For more information, read our blog and visit: www.energyrecovery.com.

**Open Houses Share** 

#### VTA Project Information

SUBMITTED BY BRANDI CHILDRESS

The Santa Clara Valley Transportation Authority (VTA) will host two Community Open Houses next week featuring the Santa Clara-Alum Rock Bus Rapid Transit Project. Staff will have information available about construction activities, traffic and bus operations during construction, the station art enhancement program with samples on display, and the Business Partnership Program which helps businesses advertise during construction and incentivizes customer patronage.

Tuesday, September 16 6:00 - 8:00 p.m. School of Arts & Culture at the Mexican Heritage Plaza 1700 Alum Rock Avenue, San Jose Location is served by VTA Bus lines 23, 77 & 522.

Wednesday, September 17 4:00 - 6:00 p.m. VTA Downtown Customer Service Center 55-A West Santa Clara Street, San Jose Location is served by VTA Light Rail and Bus lines 22, 23 and 522.

The open houses will also be an opportunity for the public to learn more about other VTA projects underway including the El Camino Real Bus Rapid Transit Project, BART Transit Integration Plan, Light Rail Efficiency Project, and Tamien Station Parking Structure Project.

#### TAKES FROM SILICON VALLEY EAST

### Paving the Way for Fremont's New Downtown



About Takes From Silicon Valley East
TheDailyBeast called Fremant the 2nd best U.S. city for
innovation. Whether it's manufacturing, clean tech, Fremant or
the Silicon Valley scene itself, we're telling the stories that are
advancing business here.

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By Jessica von Borck, Deputy City Manager Photos by Mike Heightchew

Fremont's Downtown is on the rise, and the City is keeping the momentum going with its most recent event — the "Downtown on the Rise Demolition Celebration," which took place on the morning of September 9th. Members of the community and press were invited to witness the demolition of a three-story building, making way for the continued development and expansion of Capitol Avenue.

As announced in July, Capitol Avenue will be extended from State Street to Fremont Boulevard, connecting Downtown Fremont's retail district between The Fremont Hub and Gateway Plaza.

Kicking off the event, City Manager Fred Diaz referred to this event as Fremont awakening the sleeping dragon:

"Last month, there was a terrific piece that ran on KQED about our plans to build a Downtown. It talked about Fremont being a 'sleeping dragon.' Well,



not anymore. With the City's two main initiatives underway that include Downtown Fremont and the Warm Springs Innovation District, the demolition of this building represents the awakening of the dragon."

Mayor Harrison discussed the implementation of Fremont's Downtown Community Plan,

the process of bringing the City's vision of a "strategically urban" downtown to life, and what it has taken to get to this point.

"While the path to getting here today was certainly not an easy ride, it was well worth our perseverance. Earlier this year in April, we acquired this building and worked diligently with the tenants to relo-

cate them to new business locations throughout town."

Stay tuned as Fremont's Downtown begins to be realized through additional construction efforts on the expansion of Capitol Avenue, slated to be completed in March 2015.

### Apple Watch looks to be another winner

By Anick Jesdanun AP Technology Writer

CUPERTINO, Calif. (AP), As computerized wristwatches go, the upcoming Apple Watch looks impressive.

I like that it will come in two sizes, so the watch won't feel giant on smaller hands, as some competing watches do.

I also like that Apple will offer a variety of straps and materials, so fitness buffs can get a strap that's stronger and sweat-proof, while those seeking a fashion accessory can opt for an 18-karat gold edition.

Beyond looks, it's great that the Apple Watch isn't simply adopting the smartphone way of doing things. The operating system, Watch OS, was designed specifically for the watch, and its interface relies heavily on the dial to the right, known as the digital crown. Competing watches tend to emphasize the voice and touch controls found on phones.

Of course, it's premature to conclude that you need an Apple Watch. I had only about 45 minutes with the Apple Watch and other new products announced Tuesday. The watch I was allowed to try on was running in a demonstration mode. It'll take more time with the watch – beyond a controlled environment – to make a solid conclusion.

What I'm seeing so far, however, points to another winner for Apple.

The home screen has all your apps, arranged in rows like a honeycomb. You use the dial to zoom in

and choose one. The touch screen lets you slide the honeycomb around to see different portions of your app collection. I find this easier than swiping on a small screen to scroll through pages and pages of apps. With the Apple Watch, you can even rearrange apps so that your favorite ones are toward the middle.

App developers will be able to decide what types of notifications appear on the watch and let you take actions such as replying to messages. That's an improvement over existing smartwatches, which largely replicate the notifications sent to your phone. To be compelling, the watch shouldn't duplicate your phone. It should enhance it. Apple seems to get it.

As for using the dial to zoom in and out, Apple says that improves usability because you're not blocking maps and other content on the screen the way pinching in and out would. That makes sense, though I'll need more time with the watch to assess how well the dial works on its own. With your home screen, for instance, you still need to slide apps around.

Another question mark is what kinds of apps will be available for it.

Apple announced a few useful ones, including the ability to unlock your Starwood hotel room with a tap of your watch. That's easier than pulling out your room key from your wallet. BMW also promises one to help you find your parked car in a crowded lot. If it works, that beats walking around in circles.

Apple does have a good track record in getting software develop-

ers to make good apps for its systems. Many apps come to iPhones and iPads first, and some have bonus features unavailable on Android. If that trend continues with the Apple Watch, I have no doubt customers will find more useful things to do with it than the smartwatches already out.

Apple Watch will require an iPhone 5 or later and will have a starting price tag of \$349, higher than rival watches. Expect to pay even more for the 18-karat gold edition and other premium models. You'll also have to wait until early next year, as Apple won't have Apple Watch available in time for the holidays.

As for products and services that will be available sooner:

– IPHONE 6 and IPHONE 6 PLUS

Apple's new 4.7-inch iPhone 6 and 5.5-inch iPhone 6 Plus are both larger than the current 4-inch models. They neutralize a key advantage Android phones have had: size.

And Apple managed to make its new phones thinner, with edges that are curved and fit nicely in the hands. Gone is the glass back, reducing the chances of breakage. The back will now be made of aluminum and feel more like an iPad.

To improve one-handed use, both new models will have a feature called reachability. With two light taps of the home screen button, the icons, controls and content on the top half of the screen snap to the bottom, so you can reach them with the same hand. Once you make your selection, everything snaps back to the top.

The iPhone 6 Plus also has new horizontal layouts to take advantage of the larger size.

Of course, apps have long worked either horizontally and vertically. On the Plus, horizontal viewing extends to the home screen, and apps will be able to arrange content in two columns.

When texting, for instance, contacts appear on the left and messages appear on the right. On smaller phones, including the regular iPhone 6, you get one or the other, not both side by side.

It's a small touch, but it shows that larger doesn't necessarily mean making everything bigger. Windows phones also make use of larger screens by squeezing in more content, but with Android phones, text and images just get blown up.

– MOBILE PAYMENTS

Few people use their phones to pay for goods and services at retail stores. That's because it's not difficult to pull out a plastic credit card, however insecure that technology might be. Apple is trying to change that with Apple Pay, which will come to the new iPhones in October and the upcoming Apple Watch when it's out.

Apple improves over existing systems in a few ways:

 Apple already has your credit card information from iTunes, so setting Apple Pay up with your first credit card is easy. To add additional cards, you can either enter the details or snap a photo. In my brief tests, the phone grabbed my credit card numbers correctly, though I sometimes had to enter my name and expiration date myself because of poor lighting conditions. But grabbing those numbers is a good start, as I'm prone to make typos with 16-digit numbers other-

 Apple uses the phone's fingerprint identification system to authorize purchases. Other wallet apps require passcodes, which can make mobile payments take longer than simply pulling out your credit card.

 Apple stores card information on a secure chip on your device, not on its servers. And it's not even your real card number. Rather, Apple verifies your card information with your bank and then stores an alternative card number.

That way, if a merchant's system gets hacked, only the alternative number is compromised, and that number would require one-time security codes available only with the physical possession of your phone.

– The system works with credit cards issued by a variety of banks, including all three of mine. A payment system called Softcard, formerly known as ISIS, doesn't support any of my three banks. Amazon's Fire phone has a wallet app, too, but it doesn't even do credit cards, which is surprising for a retailer. It works only with gift cards.

Apple Pay's usefulness will be limited until more merchants install the necessarily equipment, but many chains already do and more are coming.

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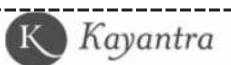
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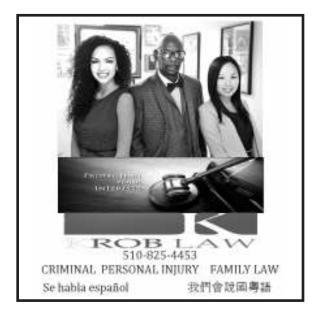
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#### Keeping California golden

#### Coastal Cleanup Day is September 20

By Sara Giusti

This month, one man's trash is a volunteer's treasure. California Coastal Cleanup Day marks its 30th anniversary on September 20. At more than 800 locations, thousands of volunteers take to the coast, rivers, and marshlands of California, picking up hundreds of thousands pounds of trash.

The cleanup day's origins belong to our neighbor up north. In 1984, Oregon resident Judie Neilson grew concerned over increasing litter blemishing the Oregon coastline, and organized over 2,8000 volunteers for the first Coastal Cleanup Day. A year later, California followed suit. Ocean Conservancy, a nonprofit fighting to protect and conserve the world's oceans,

A full-sized volleyball net was discovered in a past cleanup with the ACRCD. "It was in good condition so one of the volunteers took it home to clean it and put it to use!" said Evans.

At Don Edwards, some unusual found items "may not be fit to print," said Minch. But, "some sort of buoy or float that was made to look like the Jack-in-the-Box [was found]," she said.

Most, if not all, cleanup locations require pre-registration and waivers. Registration helps spread out volunteers so areas are not inundated or lacking, and assists with collecting data to determine how much of an impact the cleanup leaves on the coast.

Make sure to check the cleanup site's requirements and what to bring through the contact information as



Photo by Paul Mueller

Coastal Cleanup in later years, which is also on September 20. Last year, International Coastal Cleanup Day took place in 92 countries, and 648,015 global volunteers collected more than 12.3 million pounds of trash.

California's Coastal Cleanup Day is just as much a force to be reckoned with. The Guinness Book of World Records awarded California's event as the "largest garbage collection" organized in 1993, with 50,045 volunteers. In 2013, 750,000 pounds of garbage and recyclables were collected by over 58,000 volunteers. According to the California Coastal Commission, cigarette butts make up an astounding 39.35 percent of coastal trash. Paper or plastic bags and food wrappers or containers come in second and third place of the top ten items picked up, 10.9 percent and 10.57 percent of total coastal trash, respectively.

The Tri-City area is participating in a number of locations during Cleanup Day, including the Don Edwards Refuge, Alameda Creek, Coyote Creek, Mission Creek, Laguna Creek, and Irvington Creek. But the event has done more than simply remove trash; it has built a community of volunteers. "The cleanup events have recruited a small group of dedicated volunteers who now oversee cleanups in different parts of the refuge throughout the year, rather than just one or two days a year," said Carmen Minch, Outdoor Recreation Planner for San Francisco Bay National Wildlife Refuge Complex and organizer of past cleanups.

Cleanup efforts over the years have been making an impact. "Fortunately we are starting to see fewer plastic shopping bags, which is great because they photo-degrade over time and then break up into many tiny pieces that are impossible to pick up," said Amy Evans, Resource Conservationist for Alameda County Resource Conservation District (ACRCD). There's always room for improvement, however. "There are still lots of disposable water bottles, so many folks are still not using re-usable bottles," explained Evans.

It's not all just cigarette butts, plastic bags and bottles that are collected.

State – not the Garbage State.

Coastal Cleanup Day Saturday, Sep 20

Don Edwards
National Wildlife Refuge
Dumbarton Fishing Pier
Parking Lot
1 Marshlands Rd, Fremont
9 a.m. - noon
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## Home & Garden



Velux Sun Tunnel tubular skylights bring natural light to areas where traditional skylights may not be the best choice. They are less expensive and easier to install in areas such as halls, closets, interior rooms and other spaces that need additional daylighting. Decorative ceiling diffusers add a touch of style.

and-planed, reclaimed hardwood floors? Beautiful but pricey. Custom drapery? The cost can be blinding. When it comes to home decorating, it's easy to blow your budget on one or two upgrades and maybe that would be OK if those improvements also amped up the drama in your decor. Too often, however, costly decorating ploys disappoint, wearing out or becoming dated before you've paid off the financing.

Fortunately, a handful of upgrades just scream "luxury" - while the price tags quietly snicker "this look didn't cost an arm and a leg." They may not be as cheaply priced as fresh paint or some new throw pillows, but these surprisingly affordable improvements deliver high impact at a manageable cost.

#### Adding skylights

Luxury, drama and energy efficiency are the trifecta of home decorating and improvement -

and few upgrades deliver all three qualities as well as skylights. Because they admit abundant natural light into a room, skylights have a powerful impact. Install Energy Star-qualified, no-leak, solar-powered fresh-air skylights like those from Velux America, and they can help reduce electric bills by providing natural light and passive ventilation. They draw no power and operate by a remote control that can be programmed for multiple functions.

Add solar-powered blinds and the cost of the skylights and blinds, as well as installation costs, are eligible for a 30 percent federal tax credit. What's more, professional installation costs range from a low of around \$900 to a high of about \$2,100, with \$1,475 being the average, according to HomeAdvisor.com.

If you're only interested in more natural light from above, or if a traditional skylight won't fit in your space, VELUX Sun Tunnel tubular skylights, which are less expensive to both purchase and install, are ideal for closets, hallways, interior baths and other special spaces. To download a free app that can help you visualize how skylights will look in your home, visit www.veluxusa.com.

#### Gas fireplaces

Few improvements create ambience as effectively as a fireplace. While adding a wood-burning fireplace to an existing home may be difficult or impossible in many scenarios, modern gas fireplaces can go virtually anywhere - including interior walls. Advancements in the technology to make, operate and insulate gas fireplaces have made adding one a relatively easy process. Directvent fireplaces go on exterior walls and eliminate the need for a chimney. Vent-free models are also available for interior locations in a house.

The cost of installing a gas fireplace will vary, depending on many factors, including whether you have existing natural gas service to your home and a line in or near the room where you'll be installing the fireplace. Although not a do-it-yourself job for most homeowners, installing a gas fireplace can cost as little as \$3,000.

#### Wall murals

Humans have been painting scenes on the walls of our abodes since the days of cavemen. A wall mural can create virtually any effect you desire in any room of the house - drama in a living room, elegance in a dining room, relaxation in a master bath, cozy comfort in a kitchen or whimsy in a child's bedroom. While a professional, hand-painted wall mural may cost more than your entire redecorating budget, modern wallpaper murals can allow you to completely alter the look of a room for less than \$500.

Requiring no paste or trimming, wallpaper murals can easily be installed by the average homeowner. Repositionable varieties can even be taken down and moved from room to room.

#### Granite bathroom vanities

Granite remains the gold standard of luxury, beauty and function when you're talking about countertops. Installing granite in a kitchen can be costly, especially if you have a lot of counter space to cover. With smaller vanities and less counter space, however, bathrooms cost much less to outfit in granite.

Professionally installed granite bathroom vanities can cost just a few thousand dollars. To get an idea of costs for your bathroom, use an online calculator like those found at remodelingexpense.com.

BRANDPOINT CONTENT





THEATRE REVIEW

### The Unexpected Guest keeps audiences guessing!

By Jessica Noël Chapin

n a dark English night thick with fog, a strange man knocks at the back door of the Warwick home. Receiving no response, he tries the handle and, finding it unlocked, lets himself in. A shadowed figure is resting in a wheelchair by the window, unresponsive to the stranger's entry. The stranger fumbles for the lights and discovers the wheelchair-bound man is dead, with a shot to the head. A beautiful woman sits in the corner with a vacant expression, coolly smoking a cigarette while cradling a pistol in her lap. Who is this unexpected guest? And who is the real murderer?

Now showing at the Broadway West Theatre, The Unexpected Guest is the creation of English author and playwright, Agatha Christie. Christie is best known for her murder mysteries in the forms of novels and plays. To her name, she has 66 published crime novels that have sold four billion copies worldwide, naming her the world's best-selling novelist on record. She wrote 22 plays, two of which were made into novels by author Charles Osborne 40 years after publication: Black Coffee and The Unexpected Guest. Christie's mystery novels have become beloved favorites for readers everywhere.

The Unexpected Guest opens with a murder. Richard Warwick, a beast of a man with a penchant for cruelty, has been shot. The stranger who happens upon the scene is Michael Starkwedder, a "man above suspicion" who had been house-hunting in the area and has accidentally run his car into a ditch in the dense fog. Richard's wife, Laura confesses to Michael

that she has murdered her husband because she has hated him for years. Michael, attracted by Laura's exceptional beauty, feels obliged to help her through this crisis and begins to fabricate an elaborate plot to absolve her of any guilt in the murder.

Within the upscale British household

audience guessing throughout the play.

Broadway West Theatre has a rich history in the East Bay. The theatre is located above the café at the Five Corners intersection in the Irvington District. It is rather unassuming from the exterior, but the experience inside is one to remember. The

capturing the feel of the period.

The cast did a superb job of adopting British accents for effect. Michael Starkwedder, played by Jim Woodbury, and Jan Warwick, played by James Allan, really draw the mystery along. Michael acts as amateur detective and Jan reveals that he knows more than his housemates give him

credit for. Ms. Voellger is a perfectly dis-

a sense of class, grace, and beauty, as well as

tressed Laura, who is torn between her concern for young Jan, the torment from her now-dead husband, and what to do with the guilt she feels over the situation.

The Unexpected guest is playing now through October 11, with performances on Thursday, Friday, and Saturday nights at 8:00 p.m. There will be two special matinee performances on September 21 and 28, which include a continental brunch. A discount performance, first come, first served, will be Thursday, September 25 at 8:00 p.m. There are no reservations for this performance, so

arrive early! The bargain show tickets are \$10.

All other showings are \$20 for seniors and

students, \$25 for general admission, and in-

pected Guest is a delightful murder mystery

clude refreshments after the show. The Unex-

that will keep you intrigued to the very end!

The Unexpected Guest
by Agatha Christie
Thursdays, Fridays, &
Saturdays at 8:00 p.m.
Sunday, Sept. 21 & 28 at 12:15 p.m.
Sunday, Oct. 5 at 1:00 p.m.
Sept. 12 – Oct. 11
Broadway West Theatre Company
4000 Bay St., Fremont
(510) 683-9218 www.broadwaywest.org

Tickets: \$10 - \$25

An Evening for the Arts

are a manservant, a housekeeper, Richard's mother, and Richard's 19-year-old step-brother who is mentally handicapped. In turn, each character divulges his secrets to Michael, casting suspicion on their involvement in Richard's death. Each harbors anger against Richard for his treatment of them and his egotistical, arrogant ways. In addition, some outside the home seem to have an eye for revenge: a local politician and a sworn enemy whose child Richard callously struck and killed while driving drunk. The Unexpected Guest has twists and turns that keep the

seating area is quite intimate, so the audience misses none of the action. The crew makes the fullest use of the stage in each of its plays, providing the greatest realism possible for theatregoers. A Broadway West production is never a disappointment, and The Unexpected Guest is no exception.

Directors Paula Chenoweth and Larry Voellger, and Set Designer Greg Small masterfully created a glimpse into the vision of Agatha Christie. The set was well done as a very convincing British home on a forebodingly foggy night. The costumes worn by Morgan Voellger as Laura Warwick conveyed

### An Evening for the Arts

SUBMITTED BY SUN GALLERY

We all need a little help every now and then and the Sun Gallery of Hayward is no different. At the core of our mission, is our children's programming consisting of free art Saturdays, summer camps and tours of the exhibitions in the main gallery. We also provide outreach throughout the local school districts, sending artist teachers into the classrooms to provide hands-on learning experiences.

All this great work costs money and our annual gala, An Evening for the Arts, on Friday, September 26, is the major

fundraiser for these programs. Please join us in the beautiful Hayward City Hall Rotunda for delicious food, lively entertainment and a silent auction of art and luxury items. You may purchase your ticket in advance either directly from the Sun Gallery (510) 581-4050 or through EventBrite at: https://2014sungalleryeveningforthearts.ev entbrite.com/

We look forward to seeing you and thank you for extending a helping hand

to these much needed programs.

Friday, September 26
5:30 p.m. - 8:30 p.m.
Hayward City Hall Rotunda
777 B Street, Hayward
(510) 581-4050
EventBrite: https://2014sungalleryeveningforthearts.eventbrite.com/
\$39/advance or \$45 /door



### Free classes for lawn conversion

Alameda County Water District (ACWD) in partnership with the Bay Area Water Supply and Conservation Agency (BAWSCA) is offering two classes in Fremont to help homeowners convert their lawns into drought tolerant yards. "Maintaining Your CA Native Garden" will be held Saturday, September 20 followed by "Alternative to Lawns" on Saturday, October 4.

These classes are just a part of a series of classes being offered in partnership with BAWSCA. For more information about this class and others, please visit http://bawsca.org and click on the Landscape Education Program link at the bottom of the page.

Registration is required for classes. For more information and to register, call (650) 349-3000 or visit http://bawsca.org/classes.

Maintaining Your CA Native Garden Saturday, Sep 20 9 a.m. - noon

> Alternative to Lawns Saturday, Oct 4 9 a.m. – noon

**ACWD Headquarters** 43885 South Grimmer Blvd, Fremont (650) 349-3000 http://bawsca.org/classes Free; registration required

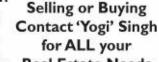
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510-682-9644

yogisingh 1961@gmail.com www.yogisrealestate.com







\*Registration with this ad!

Ages 4 & up • Exams & Recitals • Certified Diplomas Piano/Keyboard

\$10 per week (1 hour class) **GUITAR LESSONS** \$15 per week

PIANO LESSONS

Singing/Vocal Flute/Trombone Violin/Clarinet

Guitar/Bass Conga/Drums Sax/Trumpet Ukulele

\*First time registration only)

(1 hour class)

I24249 Hesperian Blvd., Hayward 510-264-9669

### Making the East Bay Safe

By: Don Hall

PG&E crews have been busy in the East Bay. You may have seen our blue trucks or our men and women in hard hats. You may be wondering what we're doing in your neighborhood. As the Area Director in your community, I'd like to share some answers to questions that might be on your mind.

The simple answer is that PG&E is investing billions of dollars - yes, "billions" with a "B" - to enhance the safety, reliability and affordability of gas and electric service across our service area (which stretches from the Oregon border to Bakersfield, across some 70,000 square miles). To do that, we're upgrading gas and electric facilities, conducting advanced testing, replacing gas pipelines and electric wires, installing new technologies, and putting highly skilled employees on the ground to find and fix problems and strengthen the existing system.

Last year in the Alameda and Contra Costa Counties, we invested more than \$380 million in our electric infrastructure, and more than \$298 million in gas infrastructure. We installed smart grid technology on 118 circuits in the region; this "self-healing" equipment dramatically reduces the amount of time it takes to restore power to customers in the event of an outage. In the East Bay alone, we strength tested more than 18.8 miles of gas transmission pipelines, and replaced over 7 miles of pipeline. And we replaced more than 10.9 miles of steel and plastic gas distribution pipelines.

Last year, we gave nearly \$3.8 million to East Bay communities, including a full college scholarship for Newark resident Ignatious Hoh through our Bright Minds program. Our employees dedicated more than 6,800 volunteer hours to the region, and gave East Bay non-profits nearly \$1.3 million from their own pockets.

Over the last four years, PG&E has undertaken a massive amount of work across its system. Some highlights include:

- We built new gas and electric operations control centers from which we can monitor our entire system and respond more quickly and effectively to emergencies. The control centers employ the most advanced 21st century technology.
- We digitized millions of asset records, increased our monitoring of facilities and deployed new system controls
- PG&E has interconnected more than 120,000 rooftop solar installations in its service area. In fact, one in four rooftop solar installations in the country are in PG&E's service area.

We recently became one of the first utilities in the world to earn two of the highest safety certifications - the International Organization for Standardization (ISO) 55001 and Publicly Available Specification (PAS) 55. These stringent certifications must be re-earned every year.

As always, if you smell natural gas, see a downed power line or suspect [any other emergency situation application to the Area], leave the area immediately and then call 9-1-1 or PG&E at 1-800-743-5000. Never, ever touch a downed power line or go near one. For more tips on gas and electric safety, visit [http://www.pge.com/en/safety/gaselectricsafety/index.page?] and to learn more about our work in your community, visit www.pgeseeourprogress.com.

## Garaen grants for schools now available

SUBMITTED BY LISA MARIE WILSON

Local schools can now apply for a school garden through nonprofit organization, Whole Kids Foundation. Created in partnership with FoodCorps, the School Garden Grant program provides a \$2,000 monetary grant to a K-12 schools, or a non-profit working in partnership with a school to support a new or existing edible garden on school grounds.

The online application is available at www.wholekidsfoundation.org. The application is open through October 31.

Last year, Glenmoor Elementary School in Fremont, received a \$2,000 grant to support its schoolyard raised beds. Glenmoor students helped grow vegetables throughout the school year, and Whole Foods Market Fremont provided seed and plant donations as well as volunteer support to plant a spring garden.

Whole Foods Market stores are currently raising funds to support the Foundation's school grant and educational programs. For instance, Whole Foods Market Fremont is hosting a 1st Anniversary Oktober-Fest event on Saturday, September 20 to help raise money for Whole Kids Foundation. Visit the event for more than 20 food vendor tastings, a hot dog and brat cookout with Fork in the Road foods, live music and a "RootBeer Garden" activity area for families from 12 noon to 4 p.m. Food and activity proceeds will be donated to Whole Kids Foundation.

**Whole Foods Market** Oktober-Fest Saturday, Sept 20 12 p.m. – 4 p.m. Whole Foods Market 3111 Mowry Ave, Fremont (510) 401-5880 FremontEvents@wholefoods.com Benefit for Whole

**Kids Foundation** 

#### Get Involved!

The City of Union City encourages people to become involved in their local community.

One way to do so is to serve in an advisory capacity on one of the City's various boards or commissions. The City is currently accepting applications to fill positions on the Human Relations Commission, Park and Recreation Commission, Planning Commission, and the Senior Commission.

How to Apply

If you are a resident in the City of Union City and would like to apply for any of these positions, please feel free to stop by the City Clerk's office to pick up an application, or visit the City's website at: http://www.ci.unioncity.ca.us/departments/citymanager-s-office/cityclerk/city-boardscommissions-and-committees

Applications for the Human Relations Commission, Park and Recreation Commission, Planning Commission, and the Senior Commission will be accepted until positions are filled.

City Clerk's Office 34009 Alvarado-Niles Road Union City, CA 94587 (510) 675-5348

Positions Available:

#### **Human Relations Commission**

The Human Relations Commission helps create an environment in which the human rights of every citizen may live, learn, work and play in harmony and brotherhood, promote people-to-people programs within the Sister Cities, and actively encourage participation of citizens and community organizations in projects involving international friendship and understanding in which each person may realize the highest potential unhampered by discrimination. The Human Relations Commission meets on the 4" Wednesday of each month at 7:00 pm.

#### Park and Recreation Commission

The Parks and Recreation Commission helps create a recreation program which will promote physical fitness and stimulate interest in the fine arts, namely: literature, music, dance, drama, painting and sculpture. The Park and Recreation Commission meets on the 2<sup>nd</sup> Wednesday of each month at 7:00 pm.

#### Planning Commission

The Planning Commission serves as an advisory body to the Cit Council on matters related to City growth and development, promotes public interest in planning, and encourages citizen participation in the formulation of the General Plan. The Plannin Commission meets on the 1<sup>st</sup> and 3<sup>st</sup> Thursday of each month at 7:00 pm

#### Senior Citizens Commission

The Senior Citizens Commission helps create and maintain a social environment in which all senior citizens can live in an independent, healthful and productive manner. The City recognizes the role that older adults can play in finding meaningful and creative solutions to the problems of the elderly, and values the contributions that they can make to the community at large. The Senior Citizens Commission meets on the 3rd Tuesday of each month at 2:30 pm.

Monday - Thursday 8:00 am - 6:00 pm Closed every other Friday

#### Have Unfiled Tax Returns? We can Help! Raymond Young CPA FORMER IRS AGENT

His team of tax experts will give you the biggest and most accurate deductions allowable by law.

We can't offer you a Magic Pill for your taxes. But what we can offer is our 115 years combined expertise on how you can optimize every line of your tax return. We will explain what's possible for each line and determine if you have the receipts and type of business that will allow the deduction under "ordinary and necessary" business expense (Internal Revenue Code Section 162)

Se Habla Español & Tagalog cpa@increaseyourprofit.com 40611B Grimmer Blvd., Fremont

#### **Testimonial 1**

Raymond and his staff are a walking encyclopedia when it comes to taxes. They are diligent and result-oriented. They come through every time. Eugene K. San Francisco, CA

#### **Testimonial 2**

Everyone at Raymond Young CPA is approachable and easy to talk to. They are always available to answer questions and give explanations that are understandable. Fatima A. Arnold, CA

FREE Review of Prior Years

Call or email one of our tax experts

Free 1/2 hour consultation You may save 000 to \$10,000



Page 16	What's Happening's Tri-City Voice
CASTROVALLEY   TOTAL SALES IS	3F0 C
CASTRO VALLEY   TOTAL SALES: 10	359 Gerald Circle 95035 868,00008-22-14
Highest \$: 736,500 Median \$: 648,000 Lowest \$: 374,000 Average \$: 625,050	1849 Landess Avenue 95035 400,000 2 900 197208-18-14
ADDRESS ZIP SOLD FOR BDSSQFT BUILT CLOSED	240 Parc Place Drive 95035 515,000 2 1104 200508-22-14
3461 Brookdale Blvd 94546 520,000 2 1433 195208-15-14	1101 South Main Street #22595035 560,000 3 1281 200708-22-14
3644 Brookdale Blvd 94546 632,000 3 1613 195308-15-14	469 South Temple Drive 95035 603,000 3 1312 196208-21-14
19025 Carlton Avenue 94546 374,000 I 734 193008-15-14	335 Sylvia Avenue 95035 550,000 3 1040 195508-25-14
4431 Cristy Way 94546 736,500 4 1927 195908-20-14	833 Towne Drive 95035 645,000 3 1404 200008-18-14
4679 Cristy Way 94546 707,000 3 1921 195808-19-14	NEWARK   TOTAL SALES: 07
19608 Forest Avenue 94546 648,000 4 1692 199908-20-14	Highest \$: 915,000 Median \$: 508,000
19116 Parsons Avenue 94546 735,000 4 2184 193608-15-14	Lowest \$: 348,000 Average \$: 564,357
4215 Veronica Avenue 94546 579,000 3 1330 195708-15-14	ADDRESS ZIP SOLD FOR BDSSQFT BUILTCLOSED
4307 Watters Court 94546 659,000 3 1953 196508-15-14	5197 Bolton Place 94560 650,000 3 1254 197208-19-14
25521 Conley Downs Dr94552 660,000 3 1537 199808-19-14	6472 Buena Vista Drive #B94560 445,000 3 1763 198408-19-14
	39931 Cedar Boulevard #20794560 348,000 2 1071 198508-18-14
FREMONT   TOTAL SALES: 17	6575 Flanders Drive 94560 508,000 4 1386 196208-19-14
Highest \$:1,419,000 Median \$: 700,000	6820 Jarvis Avenue 94560 394,500 3 1334 198208-19-14
Lowest \$: 380,000 Average \$: 816,294  ADDRESS ZIP SOLD FOR BDSSQFT BUILTCLOSED	35216 Oldham Place 94560 690,000 4 1538 196908-19-14
4091 Lorenzo Terrace 94536 450,000 4 1332 197208-19-14	36158 Silverado Place 94560 915,000 5 2724 199808-20-14
38551 Royal Ann Common94536 380,000 2 1008 197008-18-14	SAN LEANDRO   TOTAL SALES: 15
3523 Ellery Common 94538 601,000 2 1317 199908-19-14	Highest \$: 711,000 Median \$: 465,000
39059 Guardino Drive #20294538 451,000 2 1053 198708-19-14	Lowest \$: 350,000 Average \$: 487,133
3649 Howe Court 94538 683,000 3 1056 195808-20-14	ADDRESS ZIP SOLD FOR BDSSQFT BUILTCLOSED
39967 Paseo Padre Parkway945381,250,000 - 3606 -08-20-14	233 Accolade Drive 94577 520,000 4 1768 200008-15-14
39643 Royal Palm Drive 94538 660,000 4 1456 196208-19-14	1282 Alder Creek Circle 94577 575,000 3 1773 200208-18-14
5722 Spry Common 94538 530,000 3 1118 199408-19-14	256 Farrelly Drive 94577 440,000 2 1434 194008-15-14
213 Boston Fern Common94539 875,000 3 1824 200808-19-14	916 Frederick Road 94577 428,000 3 1404 194208-15-14
,	926 Harlan Street 94577 435,000 2 1240 194708-20-14
,	947 Helen Avenue 94577 509,000 2 1186 192608-15-14
•	281 Hollister Court 94577 545,000 2 1351 194608-15-14
43768 Greenhills Way 94539 1,341,000 4 2391 198808-20-14	773 Juana Avenue 94577 711,000 4 2646 194108-15-14
46647 Paseo Padre Parkway945391,419,000 - 2591 197908-19-14	136 Oakes Boulevard 94577 551,000 3 1420 192308-15-14
39265 Zacate Avenue 94539 780,000 4 1736 198008-20-14	383 Pleasant Way 94577 350,000 2 817 194008-19-14
2792 Arlington Place 94555 835,000 3 1305 197108-19-14	2062 Whelan Avenue 94577 435,000 2 1240 194408-15-14
34387 Livorna Terrace #3994555 612,000 2 1395 199208-20-14	3717 Lamoureux Street 94578 489,000 - 1517 197808-15-14
3628 Thrush Terrace 94555 700,000 3 1607 198908-19-14	16713 Rolando Avenue 94578 449,000 3 1248 195908-19-14
HAYWARD   TOTAL SALES: 09	15273 Inverness Street 94579 465,000 3 1241 195208-19-14
Highest \$: 575,000 Median \$: 398,000	15003 Norton Street 94579 405,000 3 1784 198408-15-14
Lowest \$: 325,000 Average \$: 420,333	SAN LORENZO   TOTAL SALES: 03
ADDRESS ZIP SOLD FOR BDSSQFT BUILTCLOSED	Highest \$: 420,000 Median \$: 350,000
2625 Jacobs Place 94541 530,000 5 2032 197608-20-14	Lowest \$: 339,000 Average \$: 369,667
21469 Montgomery Avenue94541 350,000 3 1238 192408-18-14	ADDRESS ZIP SOLD FOR BDSSQFT BUILTCLOSED
2455 Reyna Drive 94541 575,000 3 1840 200208-20-14	16124 Hesperian Boulevard94580 339,000 3 1000 194408-15-14
19768 Royal Avenue 94541 375,000 3 1286 195008-18-14	15738 Paseo Largavista 94580 420,000 3 986 194408-19-14
26983 Lakewood Way 94544 458,000 3 1621 195308-15-14	1706 <u>8 Via Pasatiempo</u> 94580 350,000 3 1068 194708-15-14
27460 Lyford Street 94544 420,000 3 1119 195608-19-14	UNION CITY   TOTAL SALES: 07
24838 Thomas Avenue 94544 352,000 4 1500 195408-19-14	Highest \$: 775,000 Median \$: 381,000
25063 Thomas Avenue 94544 398,000 3 960 195208-15-14	Lowest \$: 199,000 Average \$: 402,714
2719 Naples Street 94545 325,000 3 1128 195708-20-14	ADDRESS ZIP SOLD FOR BDSSQFT BUILTCLOSED
MILPITAS   TOTAL SALES: 10	33313 3rd Street 94587 381,000 2 1128 1958 08-20-14
Highest \$: 1,164,000 Median \$: 560,000	2020 Baylor Street 94587 522,000 3 1401 1960 08-20-14
Lowest \$: 400,000 Average \$: 680,100	32400 Del Rey Court 94587 775,000 5 2509 1999 08-15-14
ADDRESS ZIP SOLD FOR BDSSQFT BUILTCLOSED	234 Entrada Plaza #276 94587 300,000 2 710 1986 08-18-14
86 Calypso Lane 95035 1,164,00008-19-14	32241 Mercury Way 94587 412,000 3 1255 1971 08-20-14
1811 Fallen Leaf Drive 95035 560,000 3 1215 196508-18-14	34842 Starling Drive 94587 199,000 2 810 1972 08-18-14
308 Gerald Circle 95035 936,00008-20-14	4749 Valencia Way 94587 230,000 3 1155 1972 08-15-14
	,

#### **General Election Forums**

The League of Women Voters (LWV) in the greater Tri-City area will host a series of candidate forums for the upcoming November 4 General Elections. This is a great opportunity to meet your local candidates. Be part of the discussion and ask questions to determine who will best represent your community.

Tuesday, Sep 16
6 p.m. - 7:25 p.m.: San Leandro City Council
7:30 p.m. - 8:30 p.m.: San Leandro Mayor
San Leandro Marina Community Center
15301 Wicks Blvd., San Leandro
(510) 538-9678

The forums are co-sponsored with San Leandro Chamber of Commerce. For more information, visit www.lwvea.org.

Friday, Sep 19
6:45 p.m. - 7:20 p.m.: Ohlone College
District Trustee
7:30 p.m. - 8 p.m.: 20th Assembly District
8:10 p.m. - 9:30 p.m.: Fremont City Council
Fremont City Council Chambers
3300 Capitol Ave., Fremont
(510) 794-5783

For candidate questions, email singer 756@comcast.net. Visit www.lwvfnuc.org for more information.

Thursday, Sep 25
7 p.m. - 8 p.m.: Union City Council
8:10 p.m. - 9 p.m.: Measure KK Debate
Union City Council Chambers
34009 Alvarado Niles Rd., Union City
(510) 794-5783

For candidate questions, email setsamann@pacbell.net. Visit www.lwvfnuc.org for more information.

Monday, Sep 29 6 p.m.: Superintendent, Alameda County Office of Education Oakland City Hall 1 Frank Ogawa Plaza, Oakland (510) 538-9678

The Alameda County LWV is sponsoring this forum. For more information, visit www.lwvea.org.

Tuesday, Sep 30
6 p.m. – 7 p.m.: Castro Valley Board of Education
7:05 p.m. – 8:15 p.m.: AC Transit At-Large and AC
Transit Ward 4 Directors

Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 538-9678
The forums are co-sponsored with Castro Valley
Library and Castro Valley/Eden Area Chamber of
Commerce. For more information, visit

Tuesday, Sep 30
7 p.m. - 7:30 p.m.: Newark Mayor
7:40 p.m. - 8:30 p.m.: Newark City Council
8:40 p.m. - 9:30 p.m.: Newark Unified
School District Board
Newark City Council Chambers
37101 Newark Blvd., Newark
(510) 794-5783

For candidate questions, email miriamkel@comcast.net. Visit www.lwvfnuc.org for more information.

Wednesday, Oct 1
7 p.m. - 8 p.m.: New Haven Unified
School District Board
8:10 p.m.: Alameda County Water District Director
New Haven Board Room
34200 Alvarado-Niles Rd., Union City
(510) 794-5783
For candidate questions, email setsamann@pacbell.net.

Visit www.lwvfnuc.org for more information.

Thursday, Oct 2
7 p.m. – 9 p.m.
Milpitas Unified School District
Barbara Lee Senior Center
40 North Milpitas Blvd., Milpitas
(408) 890-7499
www.mceefoundation.org

Thursday, Oct 9
7 p.m. – 9 p.m.
Milpitas Candidates Forum
Milpitas City Hall
455 East Calaveras Blvd., Milpitas

(408) 262-2613

Wednesday, Oct 15
Hayward Unified School
District Board
TBA
Eden United Church
21445 Birch St., Hayward

(510) 538-9678

## International Day of Peace

The United Nations (UN) is an organization dedicated to building peace and social progress, preventing conflict, improving living standards for peoples around the world, and defending human rights. In 1981, they established the International Day of Peace, a world-wide observed time to cease hostilities and spread the message of peace through education and public activities.

Every September 21, people come together at festivals, concerts, walks, and various activities to promote peace in their communities and honor those individuals making an impact through peacekeeping efforts locally and world-wide.

This year's theme is "Right of Peoples to Peace" in honor of the 30th anniversary of the General Assembly Declaration on the Right of Peoples to Peace.

UN Secretary-General Ban Ki-moon said," Each year, on this day, the United Nations calls for a global ceasefire. We ask combatants to put down their arms so all can breathe the air of peace. Armed conflict causes untold grief to families, communities and entire countries. Too many are suffering today at the brutal hands of warmongers and terrorists. Let us stand with them in solidarity. Peace and security are essential foundations for social progress and sustainable development." He continued, "We must douse the fires of extremism and tackle the root causes of conflict. Peace is a long road that we must travel together – step by step, beginning today."

The 6th Annual Peace Day Global Broadcast will stream live from the UN and over 2,000 websites and Facebook pages beginning at noon (Pacific Time) on Saturday, September 20. The broadcast promotes the work of the United Nations around the world, and features educational presentations, music videos, and messages from UN Messengers of Peace, celebrities and activists. The broadcast will continue until midnight on Sunday, September 21 and can be viewed at www.peaceday.tv.

Whether through an act of kindness, a personal pledge, or a group undertaking, big changes can come from small steps and the International Day of Peace is the perfect time to commit to making a difference. A minute of silence will be observed at noon across the globe, a moment to reflect on the meaning of peace, how we can bring it into our own lives and what we can do to make it a reality in the lives of others suffering around the world.

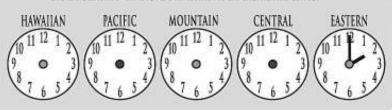
To learn more or find events in the greater Bay Area, visit www.un.org/peaceday and http://internationaldayofpeace.org/.



THE AWARD-WINNING PRINT & ONLINE FAMILY Find us on © 2014 by Vicki Whiting, Editor Jeti Schinkel, Graphics Vol. 30, No. 40

Constitution Day is celebrated on September 17 each year. This is the day some people, known as "The Founding Fathers," signed the Constitution of the United States. It was in the year 1787.

On Constitution Day, everyone in the country is asked to recite the Preamble of the Constitution at the same time.



The clock shows what time to read the Preamble in the Eastern Time Zone (2:00 p.m.). Can you fill in the clocks for the other zones? Ask a parent to help you.

The Preamble:

United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.

#### Are you an eagle-eyed reader? Read the article below and correct the eight errors you find.

The first one is done for you. Then, rewrite the article correctly on the lines below it.

( Kid Scoop Together:

#### Nothing But The Tooth

Contrary to legend, George Washington's false teeth were KNOT made of wood.

#### NOT

Washington had poor dental helth and when he was inaugurated president in 1789, he had only won real tooth. Dentures were made for him by a Noo York dentist, Dr. John Greenwood and they were actually carved from hippopotamus ivory.

The false teeths were attached with gold wire springs and brass screws, leaving a whole for the existing tooth. Dr. Greenwood believed you shouldn't never extract a tooth when there is a possibility of savings it.

#### Who were the Founding Fathers?

The Founding Fathers were a group of men who organized the American colonists' revolution and formed an independent country—the United States of America.

They knew that after they won the war with England, they would need a Constitution to create laws for the new country. The men who led the revolution, worked on the Declaration of Independence and wrote the Constitution are known as the Founding Fathers.

Seven of those men are considered key figures and students today study their lives and writings.



Jay



13





17 + 17 = Thomas Jefferson

13 -9 = John Jay 14 - 7 = George Washington

16 + 12 = John Adams

24 - 7 = Benjamin Franklin 13 + 5 = Alexander Hamilton

19 - 6 = James Madison





#### What People Say

Select one article from today's newspaper. Highlight all the quotes in the article. Then, rewrite each quote to say the opposite of what the person actually said.

Standards Link: Language Arts / Research: Use the newspaper to locale information.

Thomas Jefferson was 33 years old when he wrote the Declaration of Independence; he was not part of the Constitutional Convention as he was the Minister to France at the time. Four years after the Constitution was written, he insisted that Ten Amendments be written up as The Bill of Rights to protect an individual's rights as a citizen.

#### Heroic Homonyms

Benjamin Franklin used these words urging his fellow signers to be of the same mind. "We must all hang together, or assuredly we shall all hang separately." This reveals two meanings of the word "hang" to stay together and to be killed by a rope tied around the neck. Many homonyms have at least two different meanings. Write down another meaning for each word other than the one given.

PACIFIC

HEROIC

PROTECT

COMMON

UNION

ORDER

BANK

VOTE

HANG NECK

CARE

LAW

BANK: The edge of a river or

BAT: A small flying animal or .

LIGHT: Weighing very little or RING: A sound made by a bell or

Standards Link: Reading Comprehension: Students understand homonyms

#### The Founding Mothers

Kid Scoop Puzzler 🖒



Abigail Adams was the wife of John Adams. She would become The First Lady in 1797. In a letter to her husband in 1776, she urged him to "remember the ladies" with the warning, "If particular care and attention is not paid to the ladies, we are determined to (cause) a rebellion, and will not hold ourselves bound by any laws in which we have no voice or representation."

This was written long before the 19th Amendment was added to the Constitution, giving women the right to vote. Circle every fourth number to reveal the year the 19th Amendment was finally added to the Constitution.

563(1) 26984327850

Standards Link: Civics: Understand how a constitutional government has shaped America.

### Double

Find the words in the puzzle. Then look CELEBRATE for each word in this week's Kid Scoop FOUNDING stories and activities. MADISON

С	Е	C	Α	R	E	Н	v	Т	P
C	T	0	E	M	N	A	0	C	Α
O	A	D	W	A	L	N	T	E	C
L	R	S	C	D	o	G	E	T	I
o	В	G	N	I	D	N	U	O	F
N	E	T	N	S	o	1	R	R	I
Ι	L	U	U	0	T	R	P	P	C
S	E	В	A	N	K	N	E	C	K
Т	C	0	M	M	0	N	Н	Н	N

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

### This week's word: FOUND

One meaning of the word found is to establish or organize something for the future.

The American government was founded on the principles of checks and balances.

Try to use the word found in a sentence today when talking with your friends and family members.

### Lesson Library

#### We the People

The Preamble starts with "We the People ..." Find examples in the newspaper of people working together to improve something or accomplish a goal. Collect these features throughout the school year.

Standards Link: Civics: Understand how a constitutional government has shaped America.

What rises in the morning and waves all day?

**Bell edT: RawenA** 

### Children's Bill of Rights

What are three to five rights you think every child should have?

**B 282** 

### wind Twisters

**Crossword Puzzle** 

#### Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.

## 13 29 32 35

1 K										$^{2}$ P		<sup>3</sup> B	-1	<sup>4</sup> K	Е	<sup>5</sup> S				
N		<sup>6</sup> C	0	U	R	Α	G	<sup>7</sup> E	0	U	S			- 1		<sup>8</sup> U	Р	S	<sup>9</sup> E	Т
0		L						1		Р				Т		I			Ν	
10 W	Н	ı	S	Т	L	I	Ν	G		-			<sup>11</sup> T	Е	N	Т	S		D	
L		F						12 H	Ε	L	L	<sup>13</sup> O		S		С			Е	
<sup>14</sup> E	F	F	-	<sup>15</sup> C	I	<sup>16</sup> E	Ν	Т				Р				Α			D	
D				ı		Χ				<sup>17</sup> V	Α	Р	0	18 R		S		<sup>19</sup> P		
G				R		Т				1		0		<sup>20</sup> E	L	Е	٧	Е	Ν	
Е		<sup>21</sup> R		<sup>22</sup> C	Α	R	Р	<sup>23</sup> E	N	Т	Е	R		Q				Е		
		Е		U		Α		М		Α		<sup>24</sup> T	Н	U	N	<sup>25</sup> D	Е	R		
		٧		М		0		В		М		U		1		0		ı		
		<sup>26</sup>	Ν	F	0	R	М	Α	Т	-	0	Ν		R		М		Ν		
		Е		Е		D		R		Ν		<sup>27</sup>	С	Е	В	Е	R	G	<sup>28</sup> S	
		29 W	Α	R	R	I	0	R	S			Т		М		S			Т	
				Е		N		Α		30 E	٧	ı	D	Е	N	Т			R	
31 R	0	<sup>32</sup> B	1	Ν		Α		S				Е		Ν		1			Α	
U		Е		33 C	Н	R	1	S	Т	<sup>34</sup> M	Α	S	S	Т	0	С	$^{35}$ K	1	Ν	G
<sup>36</sup> L	Е	Α	٧	Е		Υ		Е		Α				S			Е		G	
Е		R						<sup>37</sup> D	Α	R	K	L	Υ		<sup>38</sup> T	Н	Е	S	Е	
39 R	ı	D	G	Е						S							Р		R	
S		S								40 H	Α	Р	Ρ	Ī	N	Е	S	S		

- 1 Absolutely neccessary, in a fundamental
- 6 Institution where sick are given medical treatment (8)
- 8 Meeting place (12)
- 10 Made publicly known (9)
- 12 Wield (6)
- 13 Possibly, maybe (7) 14 Kind of center (6)
- 15 Craft (6)
- Unexpectedly (12)
- 22 Solid cube masses of wood, stone, ice
- 24 Amazon, e.g. (5)
- 25 Chic (7)

- 29 Onus of shouldering work (16)
- 32 Being there (9)
- Measured in degrees (11)
- 35 "\_\_\_ Calloways" (Disney film) (5) 36 Divided by three, each part is \_\_\_\_ of the 20 Nine, eighteen, twenty seven (5)
- 37 Consequence that came about (8)

#### Down

- 1 Clear (7)
- 2 Anxious (7) 3 Achievements (15)
- 4 Unoccupied (7)
- 5 People of the highest populated country
- 7 Wealth, accumulated riches (9)
- 9 The "N" of U.S.N.A. (5)
- Perspectives, spaces between two lines (6) 11 Uneasy, causing distress (13)

- 16 Rambling of ground during these (11)
- Sweet fruits, red in color (12)
- Assurances, pledges (8)
- 19 Absolute (6)
- 21 "Me, too" (8)
- 22 Teacher writes on this in class (10)
- 23 Soldier in the Middle Ages (6)
- 28 Bigger than (7)
- 30 Burns and Allen, e.g. (5)
- 31 Aim (6)
- 33 "Reversal of Fortune" star (5)

**B 281** 

4	9	3	8	1	6	7	2	5
6	2	8	3	7	5	9	4	1
7	5	1	4	9	2	6	8	3
9	4	2	7	5	8	3	1	6
8	6	5	2	3	1	4	9	7
1	3	7	9	6	4	8	5	2
5	1	9	6	4	7	2	3	8
2	7	4	5	8	3	1	6	9
3	8	6	1	2	9	5	7	4

### Tri-City Stargazer September 17 – September 23, 2014 By Vivian Carol

For All Signs: There will be a lot of misinformation floating around in the media this week. Specific facts are unclear or misrepresented. We would all do well to double check any information that comes across the radar screen, especially so if it moves us to take some kind of action. This affects not only individuals but the globe at large. Take every-

thing with a grain of salt, as the expression goes. Ask questions and clarify before taking any type of plunge.

#### Aries the Ram (March 21-**April 20):** This is a powerful

time to consider your spiritual purposes. It is all too easy for the Maya, the things of the world, to overwhelm every waking minute, leaving no time for the higher goals. If you notice fatigue, disappointment, or depression at this time, stop. Be still and listen for the voice deep within your soul. It is telling you what you need.

#### Taurus the Bull (April 21-May 20): You and a friend or a lover had an unpleasant encounter. Seek some space for a few days and come back when you have both had time to recover. Seek counsel from a trusted advisor and gain perspective. In a few days you will be better able to discuss things in a more understanding way.

Gemini the Twins (May 21-**June 20):** Concentrate carefully on any project requiring calculations and multiple plans. The probability of making an error or accessing inaccurate information is high. Communications may be confusing between you and a lover or an authority figure. If

you have any sense at all that something is misunderstood, double check.

#### Cancer the Crab (June 21-

**July 21):** Over the weekend you may be feeling mildly irritable or out of sync with your world. You need some time to be alone to process an experience in which you felt dismissed. After the weekend your spirit lifts and you will feel considerably better.

#### Leo the Lion (July 22-Aug

**22):** You may feel trapped in a situation that demands your time and attention. If you do it, you'll be angry. If you don't do it, you'll feel guilty. Make an effort to find a win-win, though it could be hard. You do have some play aspects in your favor, so give your inner child a treat or two to reduce resentment.

#### Virgo the Virgin (August 23-**September 22):** While shopping for practical needs, you may find what you want at a good price, well within reason. This item may prove to serve multiple pur-

poses. Meanwhile you have an

old issue returning for review,

which occurs within your relationship to partner or close contacts. Make an effort to avoid old knee-jerk reactions.

#### Libra the Scales (September 23-October 22): There is an old saying: Don't believe everything you think. Take this one to heart this week. Your feelings and thoughts may be only projections of what you want to think or fear. You might identify a piece of information as a truth, when indeed, it is merely your opinion.

#### Scorpio the Scorpion (October 23-November 21): Sometimes we are pressed to see the flaws, even in those things and people we love the most. You are not at fault in this situation, though you may be looking for what you "could-a, would-a, or should-a" done. You did the best you could at the time.

#### Sagittarius the Archer (November 22-December 21): It is possible you will be feeling angry and disappointed over a situation with a loved one. No matter how much you want someone to listen to you, sometimes they just have

to do what they will. Mechanical objects are not cooperative right now. They may break down. There are better days to come.

#### Capricorn the Goat (December 22-January 19): You have favorable aspects coming from the 9th: house of legal, educational, publishing, philosophy, travel and the Internet. Any steps you make now in these areas will be worthwhile and move you closer to your overall goals in life.

#### Aquarius the Water Bearer (January 20-February 18): You may be feeling a conflict between following the practical rules versus taking a leap into the unknown outcome. This week it will work

better for you if you stay within the accepted boundaries. Treading outside would be much more work than you imagine.

#### Pisces the Fish (February 19-March 20): This is a week in which your physical cycle is off. Don't press your body beyond what it wants to do just because it could do the same thing last week. Pay special attention to your temporary boundaries right now and by next week things will return to your personal normal.

Are you interested in a personal horoscope? Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



#### **Photo Contest**

Tri-City Voice Teen & Young Adult Photography Contest (Ages 13-30 years old)

What does your city mean to you? Take a photograph and include a caption (50 words or less).

#### For Entries

- Taken in the **TRI-CITY VOICE** area.
- No inappropriate content.
- If photo clearly features a subject, consent must be obtained before submitting the photo.
- For ages 13-30
- Submissions must be sent to: PhotoContest@tricityvoice.com
- Submission period runs from September 9 September 26
- Limit one photo per entrant.
- Include name, age, city of residence, photo, caption and contact information.
- Like us on Facebook!

#### For Voters

- Visit the **Tri -City Voice Facebook** page from September 30 October 10 and vote for your favorite pictures
- Voters may only vote for 5 pictures. A Facebook like on the photo constitutes a vote for the photo.

#### Criteria for Judging (Initial Screening and Voting)

Voters should judge photographs on the following:

- How well photo and caption answer the prompt
- Composition (lighting, focus, balance, etc.)
- Originality (creativity, uniqueness)

#### **Sample Submission:**

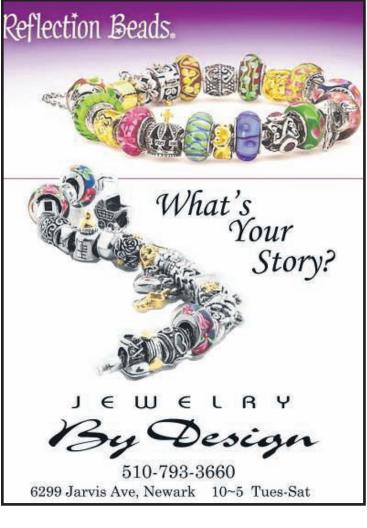


I climbed Mission Peak in Fremont with some of my friends. This photograph displays their silhouettes and the bright rays of the sun emanating behind them. A reminder of Fremont as my home, this photograph captures the energy, friendship, and liveliness of our community.

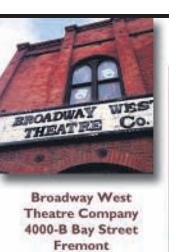
Name: Katrina Cherk Age: 16 City of Residence: Fremont











(510) 683-9218

www.broadwaywest.org



### Broadway West Theatre Co. Presents The Unexpected Guest

#### September 12 – October 11

A thrilling murder mystery by Agatha Christie, directed by Paula Chenoweth and Larry

A thriller as well as a puzzler set in a foggy estate in Wales. This mystery opens as a stranger walks into a house to find a man murdered and his wife standing over him with a gun. The woman is dazed and her confession unconvincing, so the unexpected guest decides to help her and blame the murder on an intruder. Later, the police discover clues that point to another suspect. Pandora's box of loves and hates, suspicions and intrigues opens to the night air.

8 pm on Thursdays, Fridays and Saturdays. Three Sunday matinees- Continental brunch (included in price of ticket) Regular ticket prices are \$25 general and \$20 for Students, Seniors and TBA members. Thursday, September 18, October 2 and 9 performances are \$17 for everyone, with a bargain Thursday (no reservations – first come, first seat!) held on September 25 - all tickets \$10. Brunch Sunday performances and Opening night are \$25 for everyone. All ticket prices include refreshments.

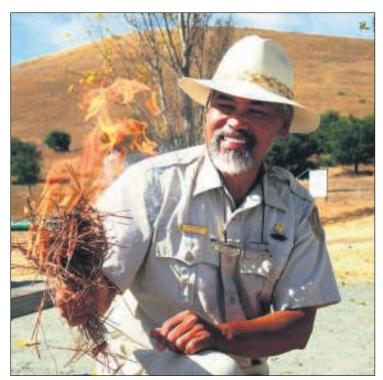
continued from page 1

### tone Age Olympics

sor to the bow and arrow. This 5-8 foot tool will test your hunting skills as you cast it toward a mammoth made of hay. You can compete against your own efforts or against friends and loved ones in a variety of activities catered to all ages. Throw the rabbit stick, a curved stick used for hunting in the Americas, but unlike its Australian counterpart, this one does not return like the boomerang. The South American Bola will also be available to throw around a pole, which simulates the legs of an animal you are trying to trip. A traditional Ohlone game, Hoop and Pole, can be played to test hand-eye coordination. Those with more artistic talents can try the familiar cave-style art of silhouette painting.

If you've ever wondered how to start a fire using two sticks, here is your chance! Learn the method to making fire with what is available in nature. This is not only a fun competition but also an invaluable tool for survival. Learn string making, the preliminary stage of making fabrics, and watch skilled craftsman turn flint into arrowheads, becoming a tool sharper than surgical steel.

Coyote Hills is home to an archeological site dating back more than 2,000 years. The site had evidence of pikes, stone tools for processing food, and atlatls. "It's a great educational event," says park naturalist Dino Labiste. "You learn a lot about archeology and the Stone Age, and it's fun!"



Though arrowheads were found in the park, the obsidian from which they were made did not come from this region but from Napa Valley, showing the great trading routes of the native peoples. "They weren't just surviving," explains Labiste. "People in the past used to build civilizations as a team." And teamwork is the key to starting a fire and keeping it alive through the night. It is also the key to having a great time with family and friends on a beautiful Saturday. You may learn a few new skills, create new memories, and if you're lucky, become a Stone Age Olympian of 2014.

The event will be held at the Dairy Glen campground, a fiveminute walk on the Bayview Trail towards the bay from the Old Quarry parking lot.

Stone Age Olympics &

Knap-In Sunday, Sep 21 10 a.m. - 3 p.m. Coyote Hills Regional Park 8000 Patterson Ranch Rd, Fremont (510) 544-3220 http://www.ebparks.org/parks/c oyote\_hills Free admission Parking: \$5

### **Now Available**

To treat inner and outer thighs

CoolSculpting® is the only non-surgical body contouring treatment that freezes and eliminates stubborn fat from your body. There are no needles, no special diets and no downtime. It's FDA-cleared, safe and proven effective.





#### Join us for a complimentary **Consultation Day**

Wednesday, September 17th 9am -5pm

#### **Special Event Day Pricing**

\* Inquire for more details\*



Space is limited! Call Today & Reserve your Appointment

510 794-4640

39380 Civic Center Drive, Suite B | Fremont





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Pep Boys 30085 Industrial Pkwy. (510) 441-0261

O'Reilly Auto Parts 1601 Decoto Rd. (510) 487-2742

Find out more information at: www.RecycleUsedOil.org

Funded by a grant from the Dept. of Resources Recycling & Recovery (CalRecycle).

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#### Having an affair - Have it here Banquet Facility Weddings - Receptions - Luncheons Company Parties - Dances Indoor and Outdoor Facilities Catering Available Capacity 300 Call for information 510-797-2121 ext 4 EventsAtTheLodge@gmail.com 38991 Farwell Drive, Fremont



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#### Chai Cooking Classes

Cooking Classes: Mon & Tues 6pm-9pm (& weekends by appointment)

Authentic Thai dishes with Chinese nuances In this hands-on class, you will be introduced to fresh, exotic ingredients, master your knife skills, and earn the culinary theory and passion of Chef Kitty's meals.

#### Dessert Class 1 day class Sign up today!

\$50 per person OR bring your friend \$40 per person

Day 1: September 14, 21, & 28th) Ipm-4pm Layer Pandan Coconut Jello

Heart Shapped Mango Sticky Rice September

October Special Pumpkin Pie



The Cracker Barrel Deli and Thai Food



Restaurant Hours: Wed, Thurs & Friday 11am-7pm

510-790-0735 Kittysthaikitchen.com 3100-H Capitol Ave., Fremont

\$ = Entrance or Activity Fee R= Reservations Required Schedules are subject to change. Call to confirm activities shown in these listings.



#### CONTINUING **EVENTS**

#### Friday, Jul 19 - Sunday, Oct 5 In the Footsteps of Charles Darwin

10 a.m. - 4 p.m. Artwork by Tom Debley Hayward Shoreline Interpretive Center 4901 Breakwater Ave., Hayward (510) 670-7270 www.haywardrec.org

#### Fridays, Jun 20 thru Oct 24 **Fremont Street Eats**

4:30 p.m. - 9:00 p.m. Food Truck Mafia offers variety of culinary treats

No smoking & no alcohol Downtown Fremont Capitol Ave. between State & Liberty St., Fremont www.fremont.gov/Calendar

#### Friday, Aug 1 – Friday, Sep 26 **Robert Wolff**

Monday – Friday: 9 a.m. – 5

Oils, pastels, and wood cut prints John O'Lague Galleria Hayward City Hall 777 B St, Hayward (510) 538-2787 http://haywardarts.org/

#### Wednesdays, Aug 6 thru Sept 24

Walk This Way! \$

9:30 a.m. - 11:00 a.m. Integrates walking and flexibility Ages 50+ Kennedy Community Center 1333 Decoto Rd., Union City (510) 657-5329

#### Thursday, Aug 15 - Saturday, Oct 10

**Emerging Artists Exhibit** 

www.UnionCity.org

10 a.m. - 4 p.m. Variety of art mediums Foothill Arts of the Bay 22394 Foothill Blvd., Hayward (510) 538-2787 www.haywardarts.org

#### Monday, Sep 2 - Friday, Oct 3 **Clipper Cards for Seniors \$**

9 a.m. - 4 p.m. Purchase all-in-one discount transit cards

Fremont City Hall 3300 Capitol Ave., Fremont (510) 284-4000 mhackett@fremont.gov

### Church of Christ of Aremont

4300 Hansen Ave. Fremont

510-797-3695

www.fremontchurchofchrist.org

Whoever Drinks Of The Water

That I Will Give Him Shall Never Thirst; But The Water That I Will Give Him Will Become In Him A Well Of Water Springing Up To Eternal Life John 4:14 AA Meetings Every Tues and Thurs Evenings 7:30-9:30pm In Spanish In the Fellowship Hall

#### Services

Sunday: 10:45am and 6pm Wednesday: 7:30pm

### Tuesday, Sep 3-Monday, Oct 6

Arts & Entertainment

Monday-Tuesday: 12noon – 8 p.m. Wednesday-Thursday: 10 a.m. – 6 p.m. Saturday: 10 a.m. – 5 p.m. Sunday: 1 p.m. − 5 p.m. Mixed medium paintings by San Lorenzo artist Rene Clair Castro Valley Library 3600 Norbridge Ave, Castro Valley (510) 667-7900 www.aclibrary.org

#### Wednesday, Sep 4 - Sunday, Sep 21

Mixing it up

**Expressions** 

Thursday-Sunday: 11 a.m. – 5

Eclectic multi media mix by three bay area artists

Sun Gallery – Ken Cook Annex 1015 E St, Hayward (510) 581.4050 www.sungallery.org

#### Mondays, Sep 8 thru Oct 27

**Diabetes Education Classes - R** 11 a.m. - 1 p.m.

Monitor blood sugar and manage medications

Fremont Family Resource Center 39155 Liberty St. (at Capitol), Fremont (510) 383-5185

#### Monday, Sep 8 - Thursday, Oct 30

**Homework Center** 

3:30 p.m. - 5:30 p.m. Teen volunteers provide assistance

For grades K - 6th Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

#### Monday, Sep 8 - Thursday, Oct 30

**Homework Center** 

3:30 p.m. - 5:30 p.m. Teen volunteers provide assistance For grades K – 12 Union City Branch Library 34007 Alvarado Niles Rd., Union City (510) 745-1464 www.aclibrary.org

#### Tuesday, Sep 9 - Thursday, Oct 30

#### **Homework Center**

3:30 p.m. - 5:00 p.m. Teen volunteers provide assistance For grades K - 12Newark Branch Library 6300 Civic Terrace Ave., Newark (510) 795-2627 www.aclibrary.org

#### Saturday, Sep 9-Sunday, Sep 28

Visions of Maui

3 p.m. - 7 p.m. Paintings by Colleen McCrystle Cultural Corner near Sears NewPark Mall 2086 Newpark Mall, Newark (510) 793-5683 www.newparkmall.com

#### Thursday, Sept 12 -Sunday, Oct 11

#### **Hidden Treasures - Local Talent**

12 noon - 5 p.m. Exhibit features variety of mediums Olive Hyde Art Gallery 123 Washington Blvd., Fremont (510) 791-4357 www.olivehydeartguild.org

#### Mondays, Sep 15 - Oct 27 **High School and College Level**

**Tutoring** 

6:30 p.m.

Assistance with Math, Physics and Chemistry

Ages 13+ Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900 www.aclibrary.org

#### Fridays: Sept 19, Oct 17, Nov 21, Dec 19

#### Free Third Fridays at East Bay **Regional Parks**

Fees waived for a variety of park services

Parking Boat launching\* Entry for horses and dogs Swimming fees\*\*

District fishing permits\*\* Entry to Ardenwood Historic Farm in Fremont \*Boat launchers will still have to

mussel inspection. \*\* Swim season goes through Sept. 21 at most locations: www.ebparks.org

pay for the required invasive

#### Mom or Dad forgetting things?

Are they telling the same stories or asking the same questions over and over? Have they lost interest in socialization and hobbies? This 5-part education support series will offer very practical tips for people who love someone who is living with Dementia, including Alzheimer's Disease.

The dates for this 5-part series are: Oct 15, Nov 19, Dec 17

A light lunch and beverages will be served

Wed., Sept. 17 from 11am - 12:30pm

RSVP at least one week prior to the seminar **RSVP** via email to:

Dave.peper@aegisliving.com or Via phone: (510) 739-1515 and ask for Dave Peper



**FREE** 

#### "Come and join the conversation"

September 16: "What Your Athiest Friend Wants You to Know'

The conversation no one is having

September 23: "Sign Here"

"Doing life, Doing good,"

Lifetree Cafe - Fremont

🚮 LifetreeCafe-Fremont

What handwriting reveals about you and others September 30: "My Son is Gay" When faith and sexual orientation collide



Tuesdays at 7:00p

FREE Admission - Public Invited Upstairs at City Beach Fremont

4020 Technology Place

CONTINUING

**EVENTS** 

Thursday, Sep 12 - Sunday,

The Unexpected Guest \$

Murder mystery by Agatha Christie

Broadway West Theatre Com-

Thurs - Sat: 8:00 p.m.

400-B Bay St., Fremont

www.broadwaywest.org

Sun: 12:15 p.m.

(510) 683-9218

Oct 11

#### Farmers' Markets

#### FREMONT:

#### Centerville

**Saturdays** 

9 a.m. - 1 p.m. Year-round Bonde Way at Fremont Blvd., Fremont

(510) 909-2067 www.fremontfarmersmarket.com

#### **Kaiser Permanente Fremont** Farmers' Market

#### **Thursdays**

10 a.m. - 2 p.m.

Year-round 39400 Paseo Padre Pkwy., Fremont 800-949-FARM www.pcfma.com

#### **Irvington Farmers' Market Sundays**

#### 9 a.m. – 2 p.m.

Year-round Bay Street and Trimboli Way, Fremont 800-949-FARM www.pcfma.com

#### **Pacific Commons Shopping** Center

#### **Saturdays**

10 a.m. - 3 p.m.

Through November Pacific Commons behind DSW and Nordstrom Rack 43706 Christy St., Fremont www.westcoastfarmersmarkets.org

#### Niles Farmer's Market

**Saturdays** 

9 a.m. - 1 p.m.

August through December Niles Town Plaza 37592 Niles Blvd., Fremont www.westcoastfarmersmarket.org

#### **HAYWARD:**

#### **Hayward Farmers' Market Saturdays**

9 a.m. - 1 p.m.

Year-round Hayward City Plaza 777 B. St., Hayward 1-800-897-FARM

#### St. Rose Hospital Farmers' Market

www.agriculturalinstitute.org

**Tuesdays** 12 noon - 4 p.m. **Year-round** 27200 Calaroga Ave., Hayward (510) 264-4139 www.digdeepcsa.com

#### **South Hayward Glad Tidings**

**Saturdays** 

9 a.m. - 3 p.m.

Year-round W. Tennyson Rd. between Tyrell Ave. and Tampa Ave., Hayward (510) 783-9377 www.cafarmersmarkets.com

#### **SAN LEANDRO:**

#### **Kaiser Permanente** San Leandro

Wednesday

10 a.m. - 2 p.m.

June 11, 2014 to December 31, 2014 2500 Merced St, San Leandro www.cafarmersmarkets.com

#### **MILPITAS:**

#### Milpitas Farmers' Market at

#### ICC Sundays

8 a.m. – 1 p.m.

Year-round India Community Center 525 Los Coches St. 800-949-FARM www.pcfma.com

#### **NEWARK:**

#### **Newark Farmers' Market**

Sundays

9 a.m. - 1 p.m.

Year-round NewPark Mall 2086 NewPark Mall, Newark 1-800-897-FARM www.agriculturalinstitute.org

#### **Bayfair Mall**

**Saturdays** 

9 a.m. - 1 p.m.

Year-round Fairmont and East 14th St., San Leandro (925) 465-4690 www.cafarmersmkts.com

#### **UNION CITY:**

#### Kaiser Permanente Union City Farmers' Market

**Tuesdays** 

10 a.m. – 2 p.m.

Year-round Kaiser Permanente Medical Offices 3553 Whipple Rd., Union City 800-949-FARM www.pcfma.com

#### **Union City Farmers' Market**

**Saturdays** 

9 a.m. – 1 p.m. Year-round

Old Alvarado Park Smith and Watkins Streets, Union City 800-949-FARM www.pcfma.com

#### East Plaza Farmers' Market

Saturday s 9 a.m. – 1 p.m.

Year-round East Plaza 11th Ave. and Decoto Road Union City (925) 825-9090 www.pcfma.com

THIS WEEK

#### Tuesday, Sep 16

What Your Atheist Friend Wants You to Know

7 p.m. Film, discussion and refreshments Lifetree Café 4020 Technology Pl., Fremont (510) 797-7910 www.Lifetreecafe.com

#### Tuesday, Sep 16

**Write Your Story** 

1 p.m. - 3 p.m. Organize your thoughts for writing Union City Library 34007 Alvarado Niles Rd., Union (510) 745-1464 www.aclibrary.org

#### Tuesday, Sep 16

**Toddler Time: Meet the Chick**ens \$

11:00 a.m. - 1:30 a.m. Stories, chores and activities Ages 1 – 4 Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797

#### Tuesday, Sep 16

www.ebparks.org

**American Red Cross Blood** Drive - R

11:30 a.m. - 6:30 p.m. Call to schedule an appointment Fremont-Newark Blood Center 39227 Cedar Blvd., Newark (800) 733-2767

#### Wednesday, Sep 17

Retirement in the 17th District 6 p.m. - 8 p.m.

Forum discusses Medicare and Social Se-Milpitas Library

160 North Main St., Milpitas (408) 262-1171 www.sccl.org

#### Wednesday, Sep 17

Fremont Bicycle Pedestrian Advisory Meeting

7 p.m.

Discussion to improve safety and acces-

City of Fremont Development Services Center 39550 Liberty St., Fremont (510) 494-4535 rdalton@fremont.gov

#### Wednesday, Sep 17

**American Red Cross Blood** Drive - R

11:30 a.m. - 6:30 p.m. Call to schedule an appointment Fremont-Newark Blood Center 39227 Cedar Blvd., Newark (800) 733-2767

#### Wednesday, Sep 17

**Clipper Cards for Seniors \$** 9 a.m. - 10 a.m.

Purchase all-in-one discount transit

Ruggieri Senior Center 33997 Alvarado Niles Rd., Union City (510) 574-2053

#### Wednesday, Sep 17

**Modernism from the National Gallery of Art** 

10 a.m. - 12 noon Docent discusses Meyerhoff Col-

#### www.newparkmall.com

Food, entertainment and crafts

Thursday, Sep 18

**Kids Club** 

11 a.m.

Ages 5+

NewPark Mall

(510) 794-5523

Thursday, Sep 18 **Boot Camp for Future Leaders** 

2086 NewPark Mall, Newark

12 noon - 2 p.m. Christine Pelosi speaks about the importance of voting

Chabot Performing Arts Center 25555 Hesperian Blvd., Hayward (510) 723-6976 mochoa@chabotcollege.edu

#### Thursday, Sep 18 - Sunday, Sep 21

#### **Newark Days Celebration** Thurs: 6:00 p.m. - 10:00 p.m.

Fri: 5:00 p.m. - 8:00 p.m. Sat: 9:00 a.m. - 10:30 p.m. Sun: 12 noon - 9:00 p.m. Parade, music, games, food and carni-

Newark Community Center 35501 Cedar Blvd., Newark (510) 793-5683 www.newarkdays.org

#### Thursday, Sep 18

**American Red Cross Blood** Drive - R

10 a.m. - 3 p.m. Call to schedule an appointment Ohlone College 43600 Mission Blvd., Fremont

#### Friday, Sept 19 - Sunday, Sep

#### **Harvest Festival \$**

(800) 733-2767

10 a.m. - 5 p.m. Arts and crafts show Alameda County Fairgrounds 4501 Pleasanton Ave., Pleasanton (925) 426-7600 www.harvestfestival.com

#### Friday, Sep 19 - Saturday, Sep

#### **Precious Gems Dance Perform**ance \$

Provocative tale of a woman's mystical journey

Mature audiences only Smith Center 43600 Mission Blvd., Fremont (510) 659-6031 www.smithcenter.com

#### DEDICATED TO THE RESCUE OF STRAY & ABANDONED CATS & KITTENS.

### Purrfect Cat Rescue







### Cats and Kittens

\$75 donation All Cats are vaccinated, spayed and or neutered

NewPark Mall Next to Burlington Coat Factory

Every Saturday & Sunday 12 Noon - 3pm

www.purrfectcatrescue.org

#### **BOOKMOBILE SCHEDULE**

**Alameda County** Renew books by phone (510) 790-8096 For more information about the Bookmobile call (510) 745-1477 or visit

www.aclibrary.org. Times & Stops subject to change

Tuesday, Sept 16

10:00 - 11:15 Daycare Center Visit -FREMONT 1:30 - 2:30 Mission Hills Middle School,

250 Tamarack Dr., UNION CITY 2:45 - 3:15 Purple Lotus Buddhist School, 33615 - 9th St., UNION CITY 4:50 - 5:30 Mariner Park, Regents Blvd. & Dorado

Dr., UNION CITY  $5{:}40-6{:}20$ Sea Breeze Park, Dyer St. & Carmel Way, UNION CITY

#### Wednesday, Sept 17

3:00 - 4:00 Warm Springs Community Center, 47300 Fernald St., FREMONT 4:15 - 4:50 Lone Tree Creek Park, Starlite Way & Turquoise St., FREMONT 6:00 - 6:30 Camellia Dr. & Camellia Ct., FREMONT

#### Thursday, Sept 18 9:30 - 10:15 Daycare Center Visit -

UNION CITY 10:30 -10:50 Daycare Center Visit -UNION CITY 1:55 - 2:20 Daycare Center Visit -SAN LORENZO 2:45 - 3:40 Bay School, 2001 Bockman Rd., SAN LORENZO

#### Monday, Sept 22

10:00 - 10:25 Daycare Center Visit -**FREMONT** 10:45 - 11:15 Daycare Center Visit -**FREMONT** 

1:30 - 2:00 Acacia Creek, 34400 Mission Blvd., UNION CITY 2:45 – 3:45 Ardenwood School,

33955 Emilia Lane, FREMONT 5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

#### Tuesday, Sept 23

9:45-10:15 Daycare Center Visit -FREMONT 10:45 - 11:15 Daycare Canter Visit -FREMONT 2:15 - 2:45 Headstart -37365 Ash St., NEWARK 4:30 - 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT 5:50 - 6:40Booster Park, Gable Dr. &

#### Wednesday, Sept 24

McDuff Ave., FREMONT

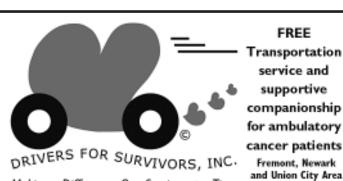
12:45 - 2:15Glenmoor School, 4620 Mattos Drive, FREMONT 3:50 - 4:20 California School for the Deaf, 39350 Gallaudet Dr., FREMONT 6:00 - 6:30 Camellia Dr. & Camellia Ct., FREMONT

No service for Alameda County through September 1, 2014

> Milpitas Bookmobile stops Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060

#### Wednesday, Sept 17

1:45-2:15 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS



#### Making a Difference, One Survivor at a Time Have you received the devastating

and need to get to medical appointments? We are here for you! We will transport you for FREE.

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Help us raise funds: come to an event or give a cash donation

Please call 510-896-8056 Email: programassistant@driversforsurvivors.org www.DriversForSurvivors.org

transport our clients.

FREE

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400

www.aclibrary.org

### **Newark Days**

#### SUBMITTED BY SHIRLEY SISK

The 59th annual Newark Days celebration, September 18-21, commemorating the city's birthday will allow everyone - all ages - to "Be a Kid Again" with plenty of music, games, shows, kids crafts, food, a parade, carnival, contests, demonstrations, a car and truck show and much more.

The carnival begins Thursday, September 18 when everyone can ride for only \$1 a ride. Friday's activities start at 6 p.m. and favorite foods will be available to delight the palate: hot dogs, turkey legs, garlic fries, funnel cakes, smoothies, ice cream, corn on the cob, baked potatoes and more. The ever-popular \$600 haystack hunt will be held for the kids.

On Saturday, the Newark Mile 4K fun run and walk begins at 9 a.m. followed by The Be a Kid Again Parade with Charlie Brown, Snoopy, Linus, Lucy, and Sally returning from Great America to be the Grand Marshals and The Honorable Tony Roberts MBE (Member of the Most Excellent Order of the British Empire), Town and District Councilmember and County Councilor from Newark-on-Trent, England, as Honorary Grand Marshal.

#### Newark Days

Thursday, Sep 18 - Sunday, Sep 21 Thursday, Sep 18: 6:00 p.m. - 10:30 p.m. Friday, Sep 19: 5:00 p.m. – 10:30 p.m. Saturday, Sep 20: 9:00 a.m.-10:30 p.m. Sunday, Sep 21: 10 a.m. – 9 p.m. **Newark Community Center and Park** (Between Cedar and Newark Blvds), Newark (510) 793-5683 www.newarkdays.org Free admission Carnival: \$30 unlimited rides Newark Mile: \$15 pre-registration, \$20 race day

#### **Event Schedule:**

Thursday, Sep 18: 6:00 p.m. – 10:30 p.m.: Carnival Preview

Friday, Sep 19: 5:00 p.m. - 10:30 p.m.: Carnival 5:00 p.m. – 9:00 p.m.: Community Food & Game Booths

6:00 p.m. – 7:00 p.m.: Tru Dance 6:00 p.m. – 7:00 p.m.: Friday Night Haystack 7:00 p.m. - 8:00 p.m. K&K Twirlers

Saturday, Sep 20: 7:00 a.m. - 8:30 a.m.: Registration for Newark Mile

9:00 a.m. - 9:45 a.m.: Newark Mile 9:45 a.m. - noon: Be a Kid Again Parade 10:00 a.m. - 6:00 p.m.: Arts, Crafts & Trade Faire 10:00 a.m. - 6:00 p.m.: B&B Pony Party 10:00 a.m. - 4:00 p.m.: Car & Truck Show 11:00 a.m. - 9:00 p.m.: Community

Food & Game Booths 11:45 a.m. - 12:30: Wa-Daiko Newark

Taiko Drums Noon - 10:30 p.m.: Carnival

Noon - 7:00 p.m.: Be a Kid Again Theme Area Activities

12:30 p.m. - 1:00 p.m.: Coloring Contest 12:30 p.m. - 1:30 p.m.: The FOG (Four Old Guys)

1:00 p.m. - 2:00 p.m.: Intermission Productions 1:00 p.m. - 4:00 p.m.: Cotton Candy Express Music with Lori & RJ

1:30 p.m. - 5:00 p.m.: Kids'Crafts 2:00 p.m. - 3:00 p.m.: Parade Awards 3:00 p.m. - 4:00 p.m.: Intermission Productions 3:30 p.m. – 4:30 p.m.: The Legacy band 5:00 p.m. - 5:40 p.m.:

**Newark Symphonic Winds** 5:00 p.m. - 6:00 p.m.: Intermission Productions 6:00 p.m. - 7:00 p.m.: Cold Storage Band 7:30 p.m. – 8:30 p.m.: Vocalist DUB:RAE

Sunday, Sep 21: 10:00 a.m. - 6:00 p.m.: Arts, Crafts & Trade Faire 10:00 a.m. - 6:00 p.m.: B&B Pony Party Noon - 4:00 p.m.: **Community information Faire** Noon - 5:00 p.m.: Be a Kid Again Theme Area Activities Noon - 8:00 p.m.: Community Food & Game Booths Noon – 9:00 p.m.: Carnival

1:00 p.m. – 1:45 p.m.: **Guitarist Richard Kendrick** 1:00 p.m. - 2:00 p.m.: Intermission Productions 1:00 p.m. - 4:00 p.m.: Cotton Candy Express Music with Lori & RJ 1:00 p.m. - 4:00 p.m.: Radio Disney

1:30 p.m. - 5:00 p.m.: Kids' Crafts 2:00 p.m. - 3:30 p.m.: Decades Band 3:00 p.m. - 4:00 p.m.: Intermission Productions 4:00 p.m.: Birthday Cake Celebration and Birthday Bash Drawing 5:00 p.m. – 6:00 p.m.: **Intermission Productions** 

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#### **DID YOU KNOW?**

If you have a business with no central station alarm there could be no coverage for theft THINK MELLO INSURANCE 510-790-1118

www.insurancemsm.com

#OB84518

Third Fridays



**SUBMITTED BY** ISA POLT-JONES

Among other festivities, East Bay Regional Park District (EBRPD) is celebrating its 80th birthday by offering free third Fridays in the parks. Fees are waived for a variety of park services every third Friday of each month for the rest of the year. On those free 3rd Fridays, you won't have to pay for the following: parking; boat launching; entry for horses and dogs; swimming

fees; district fishing permits; and entry to Ardenwood Historic Farm in Fremont.

Free Fridays are the park district's way of thanking the public for 80 years of support. A grass-roots movement provided the political momentum for establishment of the District back in 1934, and public support has been key to the district's successes ever since. The remaining free 3rd Friday dates are on September 19, October 17, November 21, and December 19.

Please note that boat launchers will still have to pay for the required invasive mussel inspection. Swim season goes through September 21 at most locations. See list for your nearest facility at www.ebparks.org/activities/swimming/facilities. Anglers will still have to possess a California state fishing license, for which there's a fee. Also, there will still be fees for camping and for group picnic reservations. For more information, visit www.ebparks.org/features/free-3rd-fridays.





Wednesday, Friday, Saturday

Family Friendly Comedy Tuesday

The Blues Jam

EVERY WEDNESDAY 9PM

With the JC Smith Band Blues Lovers, Musicians & Vocalists are welcome

Rocking Music

EVERY FRIDAY & SATURDAY 9PM

Friday, September 19: 9pm Sid Morris Band with special guest Ron Thompson & Fans

Saturday, September 20: 9pm Mark Hummel, Anson Ferguson, and Little Charlie Baty

**WE CATER** 510-713-1854

www.smokingpigbbq.net 3340 Mowry Ave., Fremont

#### Friday, Sep 19

#### **Tri-City Candidates Forum**

6:45 p.m. - 7:20 p.m. Ohlone Board, 20th Assembly and Fremont Council candidates speak City of Fremont Council Chambers 3300 Capitol Ave., Fremont (510) 494-4508 www.lwvfnuc.org

#### Friday, Sep 19

#### Tea and Ballroom Dance \$

1:30 p.m. - 4:30 p.m. Music by DJ Foley Ruggieri Senior Center 33997 Alvarado Niles Rd., Union City (510) 675-5495 www.UnionCity.org

#### Saturday, Sep 20

#### **Fremont Underground Social** Experience

6 p.m. - 10 p.m. Artist, performances, food and music Town Fair Shopping Center 39112 State St., Fremont www.facebook.com/FremontUnderground

#### Saturday, Sep 20

#### **Ohlone Village Site Open**

10 a.m. - 12 noon Visit 2,000 year old Tuibun Ohlone vil-

Coyote Hills Regional Park 8000 Patterson Ranch Rd., Fremont (510) 544-3220 www.ebparks.org

#### Saturday, Sep 20

#### **Family Fun Hour**

2 p.m. - 3 p.m. Stories, games and activities Coyote Hills Regional Park 8000 Patterson Ranch Rd., Fremont (510) 544-3220 www.ebparks.org

#### Saturday, Sep 20

#### Coastal Cleanup Day - R

9 a.m. - 12 noon Volunteers remove trash from creeks Central Park next to Aqua Adventure 40400 Paseo Padre Pkwy., Fremont (510) 790-5541 www.fremont.gov/Coastal-CleanupDay

#### Summer concerts

#### **FREMONT**

#### **Niles Town Plaza Summer Concert Series**

3:00 p.m. – 6:00 p.m. Niles Town Plaza 37592 Niles Blvd, Fremont (510) 742-9868 www.niles.org Free

Sept 21: TBD

Free

#### **HAYWARD**

#### **Music and Art** in the Park Summer **Concert Series**

1:00 p.m. – 5:00 p.m. Memorial Park 24176 Mission Blvd, Haywww.HaywardLodge.org

Sunday, Sep 21: San Francisco Scottish Fiddle Club, The Rolling Drones

Sunday, Sep 28: Hypnotones (rock 'n roll), Hayward High School Marching Band and Jazz Band members

#### Saturday, Sep 20

#### SAT Practice Test - R

10:00 a.m. - 2:30 p.m. Tips, strategies and test for teens Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900 www.aclibrary.org

#### Saturday, Sep 20

#### Dandiya 2014

7 p.m. Live training and dance performance Centerville Jr High School 37720 Fremont Blvd., Fremont (510) 509-8890 www.aspirit.us

#### September, Sep 20

#### Starlight Gala \$R

6:30 p.m. - 10:00 p.m. Dinner, music and science benefit Chabot Space & Science Center 10000 Skyline Blvd., Oakland (510) 336-7300 www.chabotspace.org

#### Saturday, Sep 20

#### **Big Engineering Day \$**

11 a.m. - 4 p.m. Hands-on activities and workshops Chabot Space & Science Center 10000 Skyline Blvd., Oakland (510) 336-7300 www.chabotspace.org

#### Saturday, Sep 20

#### **School Age Storytime**

11:00 a.m. - 11:30 a.m. Ages preschool – kindergarten Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

#### Saturday, Sep 20

#### **Guqin: Ancient Music of China**

1 p.m. - 2 p.m. Master David Wong plays strings Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

#### Saturday, Sep 20 - Sunday, Sep 21

#### The World Independent Film Festival \$

11 a.m. - 6 p.m. Movies to educate empower and inspire Century at Pacific Commons 43917 Pacific Commons Blvd., Fremont (800) 326-3264 www.theworldindiefilmfest.com

#### Saturday, Sep 20

#### Wax: It's the Bee's Knees \$

1 p.m. - 2 p.m. Make a candle and sample honey Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

#### Saturday, Sep 20 - Sunday, Sep 21

#### **Outdoor Discoveries: Batty** Campout \$R

4:30 p.m. Night hike and sleep under the Bring your own gear Sunol Regional Wilderness 895 Geary Rd., Sunol (510) 544-3249 www.ebparksonline.org

#### Saturday, Sep 20

#### Flea Market

8 a.m. - 1 p.m. Hand-made items and bargains Alvarado Elementary School 31100 Fredi St., Union City (510) 471-1039 mayfbautista@gmail.com

#### Saturday, Sep 20

#### General Plan Update

10 a.m. - 12 noon Public input for land use, transportation and infrastructure Ruggieri Senior Center 33997 Alvarado Niles Rd., Union City (510) 675-5495 www.UC2040.com

#### Saturday, Sep 20

#### **Comedy Short Subject Night \$**

7:30 p.m. The Adventurer, Neighbors, Get Out and Get Under

Niles Essanay Theater 37417 Niles Blvd, Fremont (510) 494-1411 www.nilesfilmmuseum.org

#### Saturday, Sep 20

#### Coastal Cleanup Day - R

10 a.m. - 12 noon Volunteers pick-up trash Alviso Environmental Education 1751 Grand Blvd., Alviso (408) 262-5513 x104 http://eeccleanup.eventbrite.com

#### Saturday, Sep 20

#### Coastal Cleanup Day – R

9 a.m. - 12 noon Volunteers pick-up trash SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222 x361 http://www.fws.gov/refuge/don\_e dwards\_san\_francisco\_bay

#### Saturday, Sep 20

#### **Maintaining Your CA Native** Garden - R

9 a.m. - 12 noon Water conservation class Alameda County Water District 43885 S. Grimmer Blvd., Fremont (650) 349-3000 www.bawsca.org/classes

#### Saturday, Sep 20

#### **Coastal Clean Up Day**

9 a.m. - 12 noon Volunteers remove litter and invasive

Hayward Shoreline Interpretive Center

4901 Breakwater Ave., Hayward (510) 670-7270 www.haywardrec.org

#### Saturday, Sept 20

#### **Oktober-Fest**

12 p.m. – 4 p.m. Benefit for Whole Kids Foundation Whole Foods Market 3111 Mowry Ave, Fremont (510) 401-5880 FremontEvents@wholefoods.com

#### Sunday, Sep 21

#### Pancake Breakfast \$

7:30 a.m. - 12:30 p.m. Boy Scout benefit Centerville Presbyterian Church 4360 Central Ave., Fremont (510) 928-7837

#### Sunday, Sep 21

#### **Hello Bunnies \$**

10:30 a.m. - 11:00 a.m. Meet and pet the rabbits Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

#### Sunday, Sep 21

#### **International Flower Day \$**

1 p.m. - 2 p.m. Make a botanical craft Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

#### Sunday, Sep 21

#### **Pressing Plants \$**

2 p.m. - 3 p.m. Preserve plants of all types Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

#### Sunday, Sep 21

#### **Niles Music Festival**

10 a.m. - 6 p.m. Music, food and kids' activities Niles Town Plaza 37592 Niles Blvd., Fremont www.niles.org

#### Sunday, Sep 21

#### Stone Age Olympics and Knap-

10 a.m. - 3 p.m.

Cast dart throwers and create fire with

Coyote Hills Regional Park 8000 Patterson Ranch Rd., Fremont (510) 544-3220 www.ebparks.org

#### Sunday, Sep 21

#### **Celtic Celebration Live Music**

1 p.m. - 5 p.m. SF Scottish Fiddle Club and The Rolling Drones

Hayward Memorial Park 24176 Mission Blvd., Hayward www.hayward-education-foundation.info/

#### Monday, Sep 22

#### **Eden Garden Club Meeting**

9:30 a.m. Dahlia Society speaker presentation Hayward Moose Lodge 20835 Rutledge Rd., Castro Valley (510) 538-4292

#### Monday, Sep 22

#### Washington Township Historical Society Meeting

Patterson House Museum Manager

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

#### Tuesday, Sep 23

#### Introduction to the Naturalization Process

9:30 a.m. - 11:00 a.m. Prepare to become a United States Cit-Fremont Main Library 2400 Stevenson Blvd., Fremont

#### (510) 745-1400 www.aclibrary.org

#### Tuesday, Sep 23 **Daytime Memory Care Grand** Opening – R

11 a.m. - 1 p.m. Celebration, tours and refreshments Dominican Sisters of Mission San Jose 43326 Mission Blvd., Fremont (510) 644-8292 Andrew@aseb.org

#### Tuesday, Sep 23

#### **Hikes for Tykes**

10:30 a.m. - 11:30 a.m. Naturalist led exploration hike No strollers Lake Chabot 17600 Lake Chabot Rd, Castro Valley (888) 327-2757 www.ebparks.org

#### Tuesday, Sep 23

#### **Voter Registration Day**

10 a.m. - 3 p.m. Local residents register to vote for fall

Fremont Family Resource Center 39155 Liberty St., Fremont

#### Friday, Sep 26

#### **Breakfast Eye Opener \$R**

7:30 a.m. - 9:00 a.m. SAVE benefit

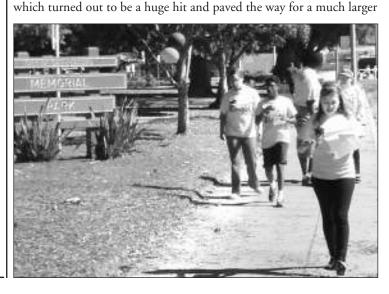
Fremont Police Captain Speaks Newark-Fremont Hilton Hotel 9900 Balentine Dr., Newark (510) 574-2250 www.save-dv.org

### Race your way to Wellness

#### PHOTO COURTESY OF STEPPING STONES GROWTH CENTER

Join Stepping Stones Growth Center as they host their 5th annual "Race to Wellness" event on Saturday, September 20. Discover and learn more about the city of San Leandro by participating in this citywide scavenger hunt that will begin and end at the Center. Walk, bike, skate, or run toward hidden treasure that awaits!

Stepping Stones is a nonprofit, social services agency that provides services and programs for children and adults with a developmental disability. According to Natasha Fernandez, Deputy Director of Program Services, "Race to Wellness" began in the agency's 35th year of service "as one of the many ways the staff and clients celebrated this milestone." Stepping Stones also hosts a health and wellness day activity program for adults with disabilities called "Steps toward Wellness,"



citywide event. "From there, it became a matter of how to share this event with more clients, staff and families; and how to share it with community members and youth," Fernandez adds.

You can register for "Race to Wellness" as a group of no more than five or as an individual. Individual tickets cost \$10 for children and adults with a disability, seniors, and children and youth ages 5 to 18; single tickets for adults cost \$20. At least one adult must accompany any child under the age of 13, and at least one care provider or guardian must accompany any dependent child or adult with a developmental disability. Online registration must be received by Friday, September 19. Visit www.steppingstonesgrowth.org/race-wellness to register and check for group rates.

All proceeds go directly to the programs provided by Stepping Stones, including health and wellness, pre-vocational, mobility training, and art programs. The event is sponsored by Kaiser Permanente, AC Transit, and over 30 businesses in San Leandro.

> Race to Wellness Saturday, Sep 20 10 a.m. - 3 p.m.**Stepping Stones Growth Center** 311 MacArthur Blvd, San Leandro (510) 568-3331

info@steppingstonesgrowth.org www.steppingstonesgrowth.org/race-wellness Family of 5 (2 adults; 3 children): \$60 Group of 5: Youth (ages 13 – 18): \$40 Group of 5: Adults (ages 19 – 65): \$80 Persons with Disability: \$10 single ticket

Children and Youth (ages 5 - 18): \$10 single ticket

Seniors: \$10 single ticket Adults: \$20 single ticket (service fee may apply)

#### COMMUNITY BULLETIN BOARD

#### **Dawn Breakers Lions Club Our Motto is: WE SERVE**

Meetings -1st & 3rd Thursdays 6:45am-8am El Patio Restaurant 37311 Fremont, Blvd., Fremont We welcome Men & Women with desire to serve our community 510-371-4065 for Free Brochure

#### **TRI-CITY DEMOCRACTIC FORUM NEXT MEETING September 17, 2014** 7:00 pm

Chandni Restaurant 5748 Mowry School Rd Newark, CA 94560 http://www.tricitydems.com/

#### The League of Women Voters invites you to visit our website at www.lwvfnuc.org

You'll find valuable information about your community and voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are non-partisan and free to the public.

#### **RPEA Chapter 53 Retired Public Employees**

2nd Tuesday of ODD Months Sept 9th **Dennys Restaurant** 30163 Industrial Pkwy SW Hayward All Current or retired employees welcome

Call Eve 510-489-6755

**MENTAL ILLNESS** 

**SUPPORT** 

Free courses and presentations

in Alameda County

for caregivers of someone with

a serious mental illness

and those with a mental illness.

For more information, call

(510)969-MIS9 (6479) or

email to info@NAMlacs.org

www.NAMlacs.org

#### **KIWANIS CLUB OF FREMONT**

We meet Tuesdays at 7:00 a.m. Fremont/Newark Hilton 39900 Balentine Drive, Newark www.kiwanisfremont.org Contact Elise Balgley at (510) 693-4524

#### **Hayward Demos Democratic Club**

Monthly meetings-learn about current issues from experts, speak with officials. Annual special events such as Fall Festival, Pot-lucks and more Meetings open to all registered Democrats. For information www.haywarddemos.org

#### **Afro-American Cultural &** Historical Society, Inc.

Meetings: Third Saturday 5:30pm in member homes Call: 510-793-8181 for location Email: contact@aachisi.com See web for Speical Events www.aachis.com We welcome all new members Celebrating 40th anniversary

Established 1971

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dla\_aarp\_4486@yahoo.com

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Community service & business club for young professionals and students ranging from ages 18 to 30. Meetings on 1st & 3rd Wednesdays. Color Me Mine on Fremont Blvd, 7 pm Find more of our events on meetup.com/rotaractfremont

#### Berryessa-North San Jose **Democratic club Mtng** August 21st, 7pm **@Berryessa Library**

Endorsement proceedings for: congressional District 17 Berryessa union School Dist Eastside Hi~h School Dist Milpitas Clty council BNSJDemocrats@yahoo.com

#### **AARP Newark Meetings**

webs.com/

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webs.com/

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Communicators (CBC)

#### **Flash Fiction Writing** Contest

300 words or less At Half-Price Books On Sat. September 27, 2014 Any age can enter Entry Deadline 9-20-14 Winner decided by People's Choice Cash and/or Gift Card prizes www.FremontCulturalArtsCouncil.org

#### **Craft Fair** Saturday, Oct 11 9am-4pm

Hayward Veterans Bldg. 22737 Main St., Hayward By: American Legion Auxiliary Contact: Dorothy Castillo 510-581-1074 email: Dorothycastillo61@yahoo.com

#### Sparkpoint VITA needs

Volunteers for Tax Preparers, Translators & other Positions. We will Train. Information meetings scheduled for Weds 9/24, 10/8 & 10/22 from 6-8:30 P.M. Location: Fremont **Family Resource Center** 39155 Liberty Street, Fremont Carolyn Robertson 510-574-2003

#### **First Church of Christ Scientist, Fremont**

Sunday Service 10am Sunday School 10am Wed. Eve Service 7:30pm Chld Care is available all services. Reading Room Open Monday - Friday 1-3pm 1351 Driscoll Rd., Fremont 510-656-8161

#### Dandiya 2014 **Presented by: A Spirit Events** Sat. Sept 20 - 7pm

**DJ Shem - FREE Admission** Centerville Junior High School 37720 Fremont Blvd., Fremont For Booths 510-870-4593 www.aspirit.us/events for Info 510-509-8890 510-331-9517

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#### **Christmas Holiday Boutique** Sat Oct 25 9am-2:30pm

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#### **FINE ART SHOW** 9/24 - 10/19

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#### **50th Year Class Reunion Washington High School** Class of 64' & Friends

September 26 & 27, 2014 Spin A Yarn Steakhouse, Fremont Contact Joan Martin Graham billjoan3@pacbell.net

#### **Soiree Singles** For People Over 60 **Many Activities!**

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#### **Coffee House**

Saturday, September 20 7:00 pm - 8:30 pm **Evelyn and Friends** New Hope Community Church 2190 Peralta Blvd., Fremont (510) 739-0430 neuhope@pacbell.net http://www.newhopefremont.org Free admission, drinks provided

#### 13th Annual Olive **Festival** Saturday, Oct. 4th, 2014 10:00 a.m. - 5:00 p.m.

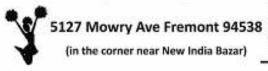
Located on the grounds of Dominican Sisters of MSJ 43326 Mission Blvd, Fremont New Foods, New Vendors Live Music, Beer & Wine Kids Games, Raffles, & FUN www.msjchamber.org

#### **San Lorenzo High School** Class of 1957 Reunion

Pleasanton Marriott Hotel Sat. - Oct. 11, 2014 Dinner/Social 5-10pm Sun. - Oct 12, 2014 Brunch 10am-12noon Contact: Irene Athearn 510-276-1558

### **SUMMER CAMPS** June - August

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**Pioneer Soccer** Report

Women's Soccer

SUBMITTED BY SCOTT CHISHOLM

**September 13, 2014** 

Cal State East Bay concluded its Idaho road trip with a 1-1 draw against host school Northwest Nazarene on Saturday afternoon. Alyssa Rodriguez scored in the ninth minute, within 50 seconds of falling behind the Crusaders, to pull the Pioneers even. Both teams scored on their respective opening shot attempts with Northwest Nazarene (0-1-2) sophomore Sarah Jenkins doing the honors off a Lexi Fesenbek corner kick at the 7:42 mark. It was the first Crusaders goal of the season, and the first time NNU played from ahead in any of its first three matches. The advantage was short lived as Rodriguez was set up by a long pass from teammate Janelle Herrera just 49 seconds later. The Cal State East Bay senior made the most of her first career start as she netted her first goal of the season and third as a Pioneer.

Men's Soccer

#### **Pioneer Soccer** Report

SUBMITTED BY SCOTT CHISHOLM

#### September 6, 2014 Pioneers drop season debut

The Cal State East Bay men's soccer team made its season debut on the road against Academy of Art. The Pioneers succumbed to a second half attack falling 4-0 to the Urban Knights inside Ram Stadium on the campus of City College of San Francisco. "That is not how we want to start our season," stated East Bay Head Coach Andy Cumbo. "It was close for a good portion of the game, but they were able to capitalize on a few of our mistakes."

September 8, 2014 Cal St. East Bay 0, Dominican (CA) 0 F/2OT

#### September 13, 2014 East Bay's Castillo Scores Twice in Double Overtime Win

Cal State East Bay freshman Luigi Castillo scored both goals in a 2-1 double overtime victory on the road against Western Washington. The game-winner came in the 108th minute, only 126 seconds before the game would have been declared a tie.

Women's Soccer

#### Pioneers secure shutout win over Wildcats

SUBMITTED BY SCOTT CHISHOLM

CSUEB (Cal State University East Bay) Sophomore Megan Ravenscroft's goal just before the hour mark was the difference in a 1-0 victory over Central Washington on September 11 at Northwest Nazarene Field. It held up and became the first game-winning goal in her collegiate career as goalkeeper Selena Braun made six saves for the solo shutout.

Central Washington (0-3-0) controlled the first half action after putting 3-of-7 shots taken on target. The Pioneers fired four off-target attempts before taking charge of possession early on in the second half.

"In the first half we had some trouble finding our rhythm of play and everyone was really flat. We came out at half and figured out what we needed to do in order to be successful," said Ravenscroft. "Immediately we came out strong and knew we should win this game. We all worked very hard and had them on their heels."

Women's Volleyball

#### Ohlone **Volleyball**

SUBMITTED BY JEREMY PENAFLOR

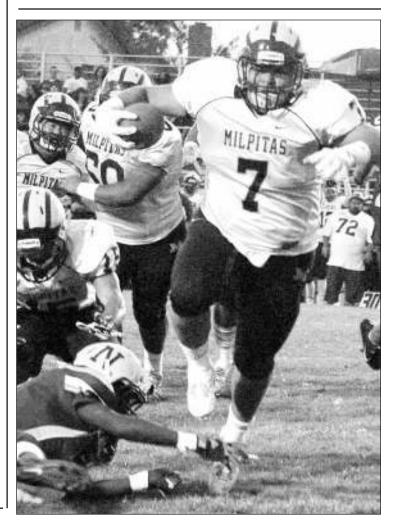
College of Alameda Classic August 29, 2014 Reedley defeats Ohlone, 3-0 (25-21, 25-23, 25-17) Solano defeats Ohlone, 3-0 (26-24, 25-23, 25-16)

Ohlone College Doubleheader September 4, 2014 College of the Siskiyous defeats Ohlone, 3-1 (25-19, 25-19, 24-26, 25-18) Ohlone defeats Simpson University (NAIA), 3-1 (25-20, 18-25, 25-21, 25-20)

Cosumnes River Classic September 5, 2014 Ohlone defeats West Hills Coalinga, 3-0 (25-18, 28-26, 25-Ohlone defeats Los Medanos, 3-0 (25-18, 25-15, 25-11) Ohlone defeats Cosumnes River, 3-0 (25-18, 25-15, 25-17)

Ohlone College Classic September 10, 2014 Lassen defeats Ohlone, 3-0 (25-18, 25-16, 25-22) Ohlone defeats Los Medanos, 3-1 (26-16, 25-21, 17-25, 25-18)

Ohlone College vs. Columbia College September 12, 2014 Ohlone defeats Columbia College, 3-1 (25-27, 25-19, 25-17, 25-23) Go Renegades!



Football

#### Cougars unable to contain Trojans

SUBMITTED AND PHOTOS BY MIKE **HEIGHTCHEW** 



On the first offensive drive of the game, the Milpitas Trojans took control with powerful line play, overwhelming the Newark Cougars defensive line. They marched down the field for the first touchdown of the game, signaling a relentless offensive onslaught. The Trojans pushed the football into the end zone on six of their first seven possessions and finished with 345 yards rushing and 245 passing yards in the first half alone. That wasn't all, the Trojans defense shut down the Cougars running game as Newark went three and out on their next six drives and forced two costly turnovers. Trojans defense gave their offense great field possession throughout the game.

The game was past any Cougar redemption early in second quarter when the Trojans John Keller found an open Christian Rita for a 27-yard touchdown for a 27-0 lead. Bad news continued for the Cougars when the Trojans Michael Pyle jumped up in front of an outside pass from Cougars Quarterback Chris Pohndorf, made some great moves to take the ball 32 yards for a touchdown. Then Trojans Christian Rita took a 59-yard punt return in for anther touchdown to open a 41-0 lead.

The Cougars did fight back with heart as they finally found the end zone in the fourth quarter when Newark's Chevaughn Hosley moved the ball into the End Zone on a 3-yard run touchdown, finishing with 79 yards in a losing effort.

Final score: Milpitas 54, Newark Memorial 7



210 Fremont Hub Courtyard (Behind Bed Bath & Beyond)

### Film festival opens up world issues

By Navya Kaur

Reynolds to the magical Pixar animation flicks, movies always leave the viewer with an emotional aftertaste—bittersweet, sentimental, or even motivational. One particular organization of filmmakers, The World Independent Film Festival (TWIFF) is working to bring ongoing issues in developing nations to light in first-world countries through the power of film. TWIFF will be screening films from various parts of the world September 20-21 at Century 25 Theatres in Pacific Commons in Fremont.

Co-founder and Producer Gracie Suzara and Founder and CEO Ted Unarce started to create this organization in 2010 and held their first festival in 2011. Originally named Third World Indie Film Fest, it later changed because some countries refused to be grouped under third-world status. The organization was created to help unrecognized filmmakers gain attention and publicity for their work.

"As a filmmaker myself, we experienced the lack of representation for independent films. We [wanted] to give voice to multicultural filmmakers, many of whom face the direst of situations to have their voices be heard. Thus TWIFF was born," Suzara said. "Our team [wanted] to provide opportunities to fellow filmmakers and all others in bringing cinematographic arts and other related entertainment products

[together] through high-profile community events, talent, productions and films from around the country and the world."

TWIFF features films from countries like India, Guatemala, Honduras, Vietnam, Cuba, Philippines, UK, and Italy. Before filmmakers can have their films seen on the big screen, they must go through a rigorous elimination process and then compete for awards as well. Emmyaward winning director Lisa Russell will be screening her new film "Poder" (short documentary award winner), about a girl who prompted change in her homeland of Guatemala. Russell will also be available for a 15 minute Q&A segment after the film. Films such as "The Way Back to Yarasquin" (directed by Sarah Gerber), "Prinsea" (Drew Stephens), "Nico's Sampaguita" (Aaron Woolfolk), "Shipbreakers" (Ralph Vituccio, Paul Goodman and Tom Clancey), and "The Distance Between Us" (Chandu Yarram) include mini Q & A sessions, so the audience can get a better understanding of the film's message.

"[These films] feature stories of hope, love, perseverance, struggles, family and triumph," Suzara said. "The festival over the years continues to showcase the brilliant talent and mind of these particular filmmakers. Through them, the love of hope and art shines, empowering them to let their voices be heard, so their ideas help open our eyes and minds."

There are films to fit almost any interest: "Shipbreakers," directed by Ralph Vi-

tuccio, discusses the environmental concerns that arose from the shipbreaking industry in South Asia; "Rainy Season" is set in post-war Vietnam; and "Jonakir Alo (Glow of the Firefly)" set in contemporary Bangladesh brings together the concepts of love, self-realization, art, and sacrifice.

"[There] are many compelling films that will educate and engage a diverse audience," Suzara said.

Before the festival launches, a Red Carpet gathering will be held September 19 at the Great Mall. Filmmakers, actors, actresses, and crew from selected films will be present. There will also be an after party at Northside Community Center on September 20 after the first day of the festival.

Red Carpet/Opening Night Friday, Sep 19 6:00 p.m. - 10:00 p.m. Dave & Buster's Great Mall Plaza, Milpitas Tickets: \$60

The World Independent Film Festival
Saturday and Sunday, Sep 20-21
Showtimes vary
43917 Pacific Commons Blvd, Fremont
gracie@twiff.org
http://www.theworldindiefilmfest.com/f
estival-guide/
Price per film: \$8, Day Pass: \$15

After Party
Saturday, Sep 20
6:00 p.m. - 10:00 p.m.
Northside Community Center
488 North 6th St, San Jose
Tickets: \$30

Film Schedule: Saturday, Sep 20:

11:00 a.m. - 11:12 a.m.: "In Everyone's Eyes"

11:15 a.m. - 11:24 a.m.: "I Know You" 11:30 a.m. - 11:40 a.m.: "Among Laughs and Tears"

11:45 a.m. – noon: "Prinsesa" 12:20 p.m. - 12:40 p.m.: "Nico's Sampaguita"

1:30 p.m. - 1:50 p.m.: "Poder"
2:10 p.m. - 3:10 p.m.: "Shipbreakers"
3:40 p.m. - 5:40 p.m.:
"The Distance Between Us"

Sunday, Sep 21:

11:00 a.m. - 12:35 p.m.: "Past Tense" 12:40 p.m. - 1:00 p.m.: "Rosie" 1:30 p.m. - 2:00 p.m.: "Rainy Season" 2:00 p.m. - 2:35 p.m.: "The Way Back to Yarasquin"

3:00 p.m. - 4:40 p.m.: "Jonakir Alo/ Glow of the Firefly"

5:00 p.m. - 5:25 p.m.: "Endless Journey"

5:30 p.m. - 6:00 p.m.: "Alegria – A Humanitarian Expedition"

Women's Volleyball

#### **Pioneer Report**

SUBMITTED BY STEVE CONNOLLY

Pioneers fall in opener Sept. 12, 2014

The first night of California Collegiate Athletic Association (CCAA) volleyball in 2014 was a thrilling one at Pioneer Gymnasium. Cal State East Bay grabbed a 2-0 lead over No. 8 Cal State San Bernardino before the defending conference champion Coyotes rallied to claim the five-set victory (19-25, 22-25, 25-16, 25-22, 15-5). The Pioneers came up just short despite a tremendous effort from senior Amber Hall, who set career highs with 20 kills and 16 digs and led all players with a

.280 hitting percentage. Jovan Turner was the only Pioneer besides Hall to notch double-digit kills. The redshirt freshman slamme home 11 kills along with a pair of blocks. Fellow middle Micah Hammond has a difficult night on the attack, but she racked up a career-high eight total blocks on the defensive side. Setter Ashia Joseph posted five kills on six attempts along with 11 digs. She also led all players with 33 assists and four service aces. Fellow senior Samantha Bruno finished with five kills, seven total blocks, and six scoops. Marina Aragao notched six kills and eight digs for the Pioneers. Freshman Kiani Rayford came off the bench to add three kills, Veronica Fabiano put up six assists, and libero Brandi Brucato totaled 15 digs.

#### Aces Trump Jacks

September 13, 2014
The Cal State East Bay volleyball team rallied for an exciting four-set victory over visiting Humboldt State at Pioneer Gymnasium (20-25, 25-10, 25-22, 25-23). After dropping the first set, the Pioneers (4-3, 1-1 CCAA) came roaring back to claim the next three, using 11 service aces to earn their first victory of the season in California Collegiate Athletic Association

(CCAA) play.

"I really enjoyed watching our freshman outside hitter, Kiani Rayford, play big volleyball tonight," said head coach Jim Spagle. "She was a force for us at the net. Angie Maina played a very tough and determined libero for us as well. Amber Hall had another spectacular night, and Ashia Joseph ran our offense with precision. Our freshman middles held their own against Humboldt's, and Samantha Bruno, Brandi Brucato, and Marina Aragao all made huge plays for us in critical situations. It was a great team effort to defeat a very powerful opponent!"

#### Football league in the midst of a competitive season



Footb

#### SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Fremont Football League is having one of its Most Competitive seasons in its 50 year history. In the American Division there is a pitched battle for the top position between the Broncos and the Jets, both with standout defenses, and the Patriots with a powerful offense. Whoever comes out on top, it will take a full array of weapons to capture the Division.

Just a few games separate teams of the National Division; the Eagles, 49ers and Falcons are in a real nail biter for the number one spot. In the Continental Division, the Chargers are holding a small edge after the first two weeks of the season, but many of the coaches feel the teams are evenly matched this year.

FFL football is heading into an exciting year!

Football

### Trojans Junior Varsity squad overpowers Cougars

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Milpitas Trojans Junior Varsity (JV) Football team has a long standing tradition of preparing their linemen for the Varsity team; it showed quickly against the JV Cougars. The Trojans opened the game with a great display of off-tackle plays and mix of trap plays not normally seen at the JV level. Once the ground game was in place, the Trojans used the draw play to open the outside pass lane and find open receivers, marching down the field. The Cougar defense was caught off guard and never recovered. Although the Cougars fought hard, they were outgunned in size and speed, suffering a 36-0 loss.

The future looks bright for the Milpitas Trojans.



### Wanted\_performers for

#### LIFE ElderCare's 2nd Annual Flash Mob

SUBMITTED BY RAY GRIMM, PH.D

Wanted—performers for LIFE ElderCare's 2nd Annual Flash Mob on Saturday, September 27! All ages are welcome to participate. Rehearsals will be scheduled.

Stop falls and stop the fear! Falls in Alameda County are the #1 cause of unintentional injuries and the #1 cause of injury death among people over the age of 65. One-third of adults age 62+ and half of all adults age 80+ fall each year.

Falling, and the fear of falling, can lead to depression, isolation, and loss of functional independence. Basically, we want you to get involved in the Flash Mob! You can move as little or as much as you want. We will even have chairs. If you use a wheelchair, we want you. If you like to kick your leg high, we want you! Be part of an awesome performance!! For rehearsal information or to register, contact Neomi Lindemann at (510) 574-2087.

LIFE ElderCare Flash Mob Saturday, Sept 27 12 p.m. NewPark Mall (Sears) 2086 NewPark Mall, Newark (510) 574-2087 nlindemann@fremont.gov



#### **Government Briefs**

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

#### City Council/Public Agency **MEETINGS**

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

#### **CITY COUNCILS**

Fremont City Council Ist/2nd/3rd Tuesday @ 7 p.m. City Hall, Bldg A 3300 Capitol Ave., Fremont (510) 284-4000 ww.fremont.gov

Hayward City Council Ist/3rd/4th Tuesday @ 7 p.m. City Hall, second floor 777 B Street, Hayward (510) 583-4000 www.ci.hayward.ca.us

Milpitas City Council Ist/3rd Tuesday @ 7 p.m. 455 East Calaveras Blvd., Milpitas (408) 586-3001 www.ci.milpitas.ca.gov

Newark City Council 2nd/4th Thursday @ 7:30 p.m. City Hall, 6th Floor 37101 Newark Blvd., Newark (510) 578-4266 www.ci.newark.ca.us

San Leandro City Council 1st/3rd Monday @ 7 p.m. 835 East 14th St., San Leandro (510) 577-3366 www.sanleandro.org

Union City City Council 2nd/4th Tuesday @ 7 p.m. City Hall 34009 Alvarado-Niles Rd., Union City (510) 471-3232 www.ci.union-city.ca.us

#### WATER/SEWER

Alameda County Water District 2nd Thursday @ 6:00 p.m. 43885 S. Grimmer Blvd., Fremont (510) 668-4200 www.acwd.org

East Bay Municipal Utility District 2nd/4th Tuesday @ 1:15 p.m. 375 11th St., Oakland (866) 403-2683 www.ebmud.com

Santa Clara Valley Water District 2nd/4th Tuesday @ 6:00 p.m. 5700 Almaden Expwy., San Jose (408) 265-2607, ext. 2277 www.valleywater.org

Union Sanitary District 2nd/4th Monday @ 7:00 p.m. 5072 Benson Rd., Union City (510) 477-7503 www.unionsanitary.com

#### **SCHOOL DISTRICTS**

Castro Valley Unified School Board 2nd/4th Thursday @ 7:00 p.m. 4400 Alma Ave., Castro Valley (510) 537-3000 www.cv.k12.ca.us

Fremont Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 4210 Technology Dr., Fremont (510) 657-2350 www.fremont.k12.ca.us

Hayward Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 24411 Amador Street, Hayward (510) 784-2600 www.husd.k12.ca.us

Milpitas Unified School Board 2nd/4th Tuesday @ 7:00 p.m. 1331 E. Calaveras Blvd., Milpitas www.musd.org (406) 635-2600 ext. 6013

New Haven Unified School Board Ist/3rd Tuesday @ 6:30 p.m. 34200 Alvarado-Niles Rd., Union City (510) 471-1100 www.nhusd.k12.ca.us

Newark Unified School District 1st/3rd Tuesday @ 7 p.m. 5715 Musick Ave., Newark (510) 818-4103 www.newarkunified.org

San Leandro Unified School Board 1st/3rd Tuesday @ 7:00 p.m. 835 E. 14th St., San Leandro (510) 667-3500 www.sanleandro.k12.ca.us

San Lorenzo Unified School Board 1st/3rd Tuesday @ 7:30 p.m. 15510 Usher St., San Lorenzo (510) 317-4600 www.slzusd.org

Sunol Glen Unified School Board 2nd Tuesday @ 5:30 p.m. 11601 Main Street, Sunol (925) 862-2026 www.sunol.k12.ca.us

#### **Fremont City** Council

September 9, 2014

#### Work Session (Sept 8):

Familiarize council with housing affordability study methodology and results of study by Keyser Marston Associates to understand connection between housing prices and housing impact fees charged to developers.

#### Consent:

Report actions taken during council recess

Accept high bid for sale of Niles Old Fire Station #2 to Gary & Wendy Mills for \$755,000.

Update Master Fee Schedule to establish a deposit fee for Warm Springs/South Fremont plan permit process and establish an Art Fee for Warm Springs Innovation District.

#### **Ceremonial Items:**

Recognize the contributions of

Fremont Police K-9 Timo who passed away.

#### **Public Communications:**

Request for City to renegotiate Redflex red light camera contract for significant savings

Challenge Fremont to participate in Silicon Valley Housing Trust "Turkey Trot." City Manager Fred Diaz accepted the challenge.

#### Scheduled Items:

Remove "Tiny Tots Building" in Mission San Jose from historic register allowing sale.

\*Approve Mission Boulevard Townhomes rezoning of a 1.9 acre site and approval of plans for a 33 unit townhouse-style condominium development. RE-JECTED by Council 3-2 (Natarajan, Bacon, Chan voted against proposal; Harrison, Salwan in favor).

#### **Other Business:**

Amend City Manager contract to include a 5% "Merit Increase" effective October 1, 2014. Mr. Diaz currently receives an annual

salary of \$265,345.33 and a biweekly salary of \$10,205.59. The cost of each 1% salary increase will be \$2,653.45 salary (\$3,383.97 total compensation) and will be absorbed by the general fund. Salary increase approved: \$13,267.25 annually; total annual salary \$278,612.58.

Amend City Attorney contract to include a 5% "Merit Increase" effective October 1, 2014. Mr. Levine currently receives an annual salary of \$253,653.12 and a bi-weekly salary of \$9,755.89. The cost of each 1% salary increase will be \$2,536.53 salary (\$3,270.37 total compensation) and will be absorbed by the general fund. Salary increase approved: \$12,682.65 annually; total annual salary \$266,335.77.

#### **Council Referrals:**

Appoint Steve Gaeta to Economic Development Advisory Commission

Appoint James Reeder to Historical Architectural Review Board

Appoint Kinji Yamasaki to Senior Citizens Commission

#### **Oral Reports:**

Vice Mayor Bacon updated status of Stanford Avenue entrance to East Bay Regional Park. New Hours (6:30 a.m. – dusk) will begin September 29, 2014 and a pilot program of a "hiker fee" on Saturdays and Sundays is scheduled to begin in Spring 2015. Discussions have included permit parking, construction of an additional parking lot and temporary closure of the entrance to allow the parkland to "heal." Residents have urged a temporary closure and immediate action to persuade hikers to use alternate entrances.

Mayor Bill Harrison \*Vice Mayor Vinnie Bacon Aye (1 Nay)

\*Anu Natarajan Aye 1 Nay) \*Suzanne Lee Chan Aye (1 Nay) Raj Salwan Aye

#### **Union City City** Council Meeting

**September 10, 2014** 

#### **Proclamations and Presentations**

Proclaim September 15-21, 2014 as National Drive Electric Week in Union City.

#### Introduction of new and promoted employees;

The city welcomed Tam Thai and Thinh Lucero to the Administrative Services department, James Moscoso and Alburt Duran to the Public Works department and new police officers Ninja Allen, Steven Fong, Scott Jensen, Jean Jimenez, Daniel Rivas, Steffen Parodi, Ronny Ziya. The city also announced the promotion of Sgt. Stan Rodriguez and Sgt. Jeff Stewart, who were both promoted from Police Corporal earlier this year. Introduction of new and promoted police officers was among the first official acts of recently promoted Union City Police Chief Darryl McAllister.

#### **Consent Calendar:**

Adopt a resolution amending the Conflict of Interest Code of non-elected officials and designated employees of Union City.

Adopt a resolution appropriating Youth and Family Service counseling service fees to the YFS program.

Adopt a resolution authorizing examination of sales and use tax records by Applied Development Economics Staff.

#### **Items Removed** from Consent:

Adopt a resolution designating two council members—Mayor Carol Dutra-Vernaci and Councilmember Emily Duncan—to serve on a subcommittee for the purpose of reviewing the current council policy manual.

#### **Public Hearings:**

Authorize execution of an amended and restated disposition and development agreement addressing the sale of station district property to Windflower Properties, LLC. The project is expected to generate \$10.6 million in land sale proceeds and \$11.35 million in property taxes over a 30-year period along with \$5.2 million in fees.

Mayor Carol Dutra-Vernaci: Aye Vice Mayor Lorrin Ellis: Councilmember Emily Duncan:

Councilmember Pat Gacoscos: Aye

Councilmember Jim Navarro: Aye

#### **Ohlone College Board of Trustees**

#### **September 10, 2014 Presentations and Proclamations:**

Proclaim Deaf Awareness Month, International Week of the Deaf and International Day of Signed Languages.

Approve resolution in support of reforming the 1978 measure Proposition 13 (5 ayes, 1 nay - Watters, 1 absent)

Emeritus for Donna Ireland

#### Consent:

Approval of August 2014 payroll warrants in the amount of \$2,052,424.37 Review of purchase orders in the amount of \$1,555,611.23. Ratification in the amount of \$1,344,227.38 Notice of completion of contract with Amp Electric in the amount of

\$48,750. Change order of contract with Ghilotti Construction Company with an in-

Amend agreements with Cannon design in an amount totaling \$86,418. Change order of contract with American Asphalt for Newark campus overflow parking in the amount of \$167,131.

#### Measure G projects totaling \$277,401 **Item Removed from Consent:**

Delay ratification of agreement with East Bay Regional Parks. To the Board for Discussion or Action:

Approve contract with Guerra Construction Group in the amount of

\$464,711 for the Swing Space Connections Package Phase II Project. Review five-year capital construction plan. Review and accept fourth quarter 2013-14 financial report and accept-

ance of related budget changes. The ending fund balance stands at \$7,482,038

Approve 2014-15 final budget in the amount of \$47,368,683.

Mr. Greg Bonaccorsi, Chair: Aye Mr. Rich Watters, Vice Chair: Aye, 1 nay Ms. Teresa Cox: Aye Ms. Jan Giovannini-Hill: Aye Ms. Vivien Larsen: Aye Mr. Ishan Shah: Aye Mr. Garrett Yee: Absent

#### **Newark City** Council

September 11, 2014

#### **Presentations and Proclamations:**

Introduction of newly hired Public Works employees Warren

#### **Written Communications:**

Approve a four-story, 75 unit complex for senior housing on Willow Street as mitigation for affordable housing of previously approved Torian Project and Cedar Townhomes project. Public comment referred to pending litigation of adjoining project that could affect the proposed project.



Proclaim September 18-21 as Newark Days with the theme of "Be A Kid Again" celebrating Newark's 59th birthday.

Antida, Mike Mulhearn and Myvan Khuu-Seeman

Commending Jennifer Chung, a student at San Francisco State University and CEO of Forever Beaumore Cosmetics, Inc. recently named as 2014 Miss Vietnam of Northern California and Miss Asian America 2014.

Proclaim September 18-21 as Newark Days with the theme of "Be A Kid Again" celebrating Newark's 59th birthday.

#### **Public Hearings:**

Cancel public hearing to consider General Plan amendment for Stratford School at 39201 Cherry Street.

Text amendment to municipal code, changing reference of formbased code of Dumbarton Transit-Oriented Development to all use in other areas with council approval.

#### **City Manager Reports:**

Report administrative actions



Commending Jennifer Chung, a student at San Francisco State University and CEO of Forever Beaumore Cosmetics, Inc. recently named as 2014 Miss Vietnam of Northern California and Miss Asian America 2014.

during August recess

Accept work of AJW Construction of citywide wheelchair accessible ramps.

Accept work of United Storm Water, Inc. for storm drain trash capture devices

Authorize cooperative funding agreement with East Bay Regional Park District for demolition of Mowry's Landing School building.

#### **City Council Matters:**

Declare vacancy on Senior Citizen Standing Advisory Committee

and Tri-City Elder Coalition Volunteer Community Board

Council acting as successor agency for Redevelopment Agency

Adopt and endorse the Recognized Obligation Payment Schedule January-June 2015

Mayor Alan Nagy Aye Vice Mayor Ana Apodaca Aye Luis Freitas Aye Maria "Sucy" Collazo Aye Robert Marshall Aye

### OPINION



WILLIAM MARSHAK

ssociated Press recently reported that a ballot initiative to split California into six separate states will probably not be on the 2016 ballot, failing to gather the required number of signatures to qualify. The idea that a massive state with divergent interests is ungovernable and should split apart did not interest enough voters. Most people probably agree that there are significant differences within state politics, but are unwilling to upset the status quo; besides the names proposed are dull and boring – Jefferson, North California, Silicon Valley, Central California, West California and South California.

Although Silicon Valley venture capitalist Tim Draper has poured his money into this fantasy, most Californians are probably okay with remaining citizens of the Golden State and believe the combined wealth and ingenuity of its parts create, or at least have the potential to create, a vibrant and healthy federation of communities.

Many of the same arguments can be made in Alameda County. Southern Alameda County is often dissatisfied with

### Six Californias, two Alamedas

distribution of resources due to political dominance of the northern portion, primarily Oakland. Over the past several decades, population of the Greater Tri-City area has grown exponentially and, with it, the responsibilities and burdens of suburban/urban challenges. Growth of the entire region has catapulted Southern Alameda County into a national spotlight. With extension of BART and development of Warm Springs/South Fremont, population and business/industrial growth is approaching parity with northern Alameda County.

A "Residential Nexus Analysis" commissioned by the City of Fremont to understand how city growth and housing costs relate to development and "in lieu" fees within its boundaries examined the Market Context – costs and sales or rents of homes and apartments to develop insight into the relationship between the cost of living and income requirements for the fourth most populous city in the Bay Area. Although conclusions of the study indicated limited support for higher fees, they also appeared to align Fremont with Santa Clara County rather than northern Alameda County.

The emergence of southern Alameda County as a distinct economic force poses a dilemma for the existing county structure. As the growth of the Greater Tri-City area accelerates, current weighted votes – use of transportation funds, for instance - favoring Oakland and its environs will chafe and expose deepening rifts. Those who favor the Transportation Expenditure Plan, Measure BB on the November ballot may understand that although millions are destined for cities of Southern Alameda County, votes for use of unallocated funds are uneven, favoring north county. The revised plan does have many positive elements including a sunset provision missing from its prior incarnation, but it also exposes an inherent flaw in how the county does business. As the Greater Tri-City area flexes its economic muscle, expanding in influence and population, the county government center of gravity must reflect that change.

Alameda County can be described as a unified government, but increasingly, it represents a divergence of interests and focus. Much the same as the proposal to split the state, Alameda County can work together to recognize and support its varied communities or begin to focus in different directions. Which will it be?

William Marshak **PUBLISHER** 

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#### SUBMITTED BY JOHN R. McCoy

The Non Profit Industry Council of the Fremont Chamber of Commerce is hosting a social media workshop for local Tri-City nonprofit organizations on Wednesday, October 1 at Century 16 at Pacific Commons. Titled "Be Networked, Use Measurement, and Learn: What Nonprofits need to know to succeed in the age of Connection", the workshop will feature Beth Kanter, an international leader in nonprofits' use of social media.

Networked nonprofits and the people who lead them are taking advantage of social media's ability to facilitate and expand their impact by combining an organizational strategy with their professional online personas to connect, build relationships, and establish trust and thought leadership. This way of operating goes beyond simply using tools like Facebook or Twitter and requires a networked mindset where openness and authenticity are essential. This interactive keynote will explore how nonprofits can improve their organization's social media practice and embrace the best practices of a "networked nonprofit," avoiding some of the pitfalls and challenges.

Workshop for nonprofit organizations

The cost for the seminar is \$30 and advance reservations are required. Payment should be sent to: Fremont Chamber of Commerce, 39488 Stevenson Place, Suite 100, Fremont 94539

Workshop for nonprofit organizations Wednesday, October 1 11:45 a.m./Check in 12:00 p.m. - 1:30 p.m./Program Century 16 at Pacific Commons 43917 Pacific Commons, Fremont (510) 795-2244, ext. 103 kkaneshiro@fremontbusiness.com Reservations required

\$30/person

Send payment to: Fremont Chamber of Commerce, 39488 Stevenson Place, Suite 100, Fremont 94539

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### **Mutt Strut returns**

SUBMITTED BY HELEN KENNEDY PHOTO BY VTM PHOTOGRAPHY

The New Haven Schools Foundation (NHSF) is thrilled to be hosting its 5th "Mutt Strut," the well-attended fundraising walk/run for families and their dogs. It will be held on Saturday, October 18 on the Masonic Home grounds, located amidst the foothills of Union City along Mission Boulevard. This event is one of the Foundation's most popular and early registration is strongly encouraged; ticket prices increase after October 3rd.

Each ticket includes an event T-shirt, a doggie goody bag, and a delicious pancake breakfast. The event will feature a doggie Halloween Costume Contest and a "best pair" award for adult-and-dog and child-and-dog costumes, so don't forget to dress up everyone in the family! There will be games and activities to entertain all the canines and their two-legged companions. The best part of the event is that all funds raised go directly to support New Haven students. Don't miss out!

Early event sponsors include the Masonic Homes of California, Washington Hospital, and IBEW Local 595.

An individual ticket is \$25 and includes pancake breakfast, event T-shirt, doggie goodie bag, and up to two dogs. A family ticket is \$45 and includes up to four people, pancake breakfast for two, two event Tshirts, two doggie goodie bags, and up to two dogs. After October 3, fees increase by \$5. Children under 10 (must be with a parent) receive free entry and free pancake breakfast. Extras: Pancake breakfast – \$5, event T-shirt - \$12.

Online registration and more information (including sponsorship opportunities) are now available at nhsfoundation.org, or call (510) 909-9263.

**Mutt Strut** Saturday, Oct 18 8 a.m. – noon 8 a.m. - Registration & Pancake Breakfast 9 a.m. - Mutt Strut Begins 10 a.m. - Games & Activities **Masonic Home** 34400 Mission Blvd, Union City (510) 909-9263 www.NHSFoundation.org www.facebook.com/NewHavenSchools-**Foundation** 

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For more information

**Obituaries** 

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RESIDENT OF FREMONT

March 5, 1922 – August 27, 2014

Jorris J. Nedd, Jr.

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John Cortese
RESIDENT OF FREMONT
May 25, 1965 – September 8, 2014

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RESIDENT OF FREMONT
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RESIDENT OF SAN LEANDRO
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Rachelle Josephine Godinez-Freitas Resident of San Lorenzo

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RESIDENT OF HAYWARD

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Gregory Dunkle Resident of Fremont

October 27, 1958 – August 27, 2014

Manya M. Veytsman

RESIDENT OF HAYWARD
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Bao-Yin Chen

**RESIDENT OF FREMONT**December 16, 1931 – August 29, 2014

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Anlin Luo
Resident of Fremont

November 14, 1931 – September 2, 2014

Albert H. Mason, Jr. RESIDENT OF FREMONT August 17, 1921 – September 8, 2014

Richard D. Lucas, Jr.
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September 20, 1956 – September 12, 2014 **Patricia A. Ochoa** 

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**Obituary** 

### Kathryn "Kay" Buckman

March 5, 1922 - August 27, 2014



Kathryn "Kay" Buckman passed away on Wednesday morning, August 27th, 2014. She was 92. Kay is survived by 8 of her children: Peggy Di Nardo of Alta, CA; Paul Buckman of Utah; Marcy Smith of Sacramento, CA; Michael Buckman of Gold Hill, OR; Stephen Buckman of the Philippines; Doug Buckman of Salem, OR; Elaine Swett of Fremont; and Patty Kramer of Fremont. Kay's daughter Denise Sutherland passed away 2.5 years ago, and her husband Joe Buckman passed 6 years ago, both from cancer. Kay had 25 grandchildren and 42 great grandchildren. Before Kay was married, she worked in a factory rolling cigars. She was a homemaker for most of her adult life taking wonderful care of her children and teaching them prayers, morals, and ethics. Visitation will be held on Thursday, September 18, from 4-8pm with a Vigil at 7pm at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, CA 94536. Funeral Mass will be celebrated on Friday, September 19, 10:30am at Our Lady of Guadalupe Catholic Church, 40382 Fremont Blvd., Fremont, CA 94538. Private inurnment at Holy Sepulchre Cemetery in Hayward, CA.

### Help the Red Cross by donating blood

SUBMITTED BY SARA O'BRIEN

Disasters can strike at any time, and the American Red Cross encourages eligible donors to help their communities prepare for emergencies by giving blood during National Preparedness Month.

The mission of the Red Cross is to help the public prevent, prepare for and respond to emergencies. During National Preparedness Month, the Red Cross reminds Americans to take simple steps to get ready for emergencies in their homes, workplaces and communities. One way to support this mission is to become a regular blood donor.

A stable blood supply is central to ensuring patient needs are met in emergencies. Blood can take up to three days to be tested, processed and made available for patients. It's the blood already on the shelves that can help save lives when disaster strikes.

To help increase donations during the month of September, those who come out to donate blood or platelets throughout the month will receive a coupon by email for a free haircut at participating Sport Clips locations.

Appointments to donate and help the Red Cross prepare for patient needs across the country can be made at redcrossblood.org. Information about other ways to help prepare for emergencies is available at redcross.org.

**Blood donation opportunities:** 

Tuesday, Sept 16 11:30 a.m. - 6:30 p.m. Fremont - Newark Blood Donation Center 39227 Cedar Blvd, Newark

Wednesday, Sept 17 11:30 a.m. - 6:30 p.m. Fremont - Newark Blood Donation Center 39227 Cedar Blvd, Newark

Thursday, Sept 18 10 a.m. - 3 p.m. Ohlone College 43600 Mission Blvd, Fremont

Thursday, Sept 18 11:30 a.m. - 6:30 p.m. Fremont - Newark Blood Donation Center 39227 Cedar Blvd, Newark

Thursday, Sept 18 9 a.m. – 3 p.m. Ohlone College Newark Campus, 39399 Cherry St, Newark

Friday, Sept 19 10 a.m. - 4 p.m. PABCO Gypsum 37849 Cherry St, Newark

Friday, Sept 19
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Fremont - Newark Blood Donation Center
39227 Cedar Blvd, Newark

Saturday, Sept 20 7:30 a.m. - 2:30 p.m. Fremont - Newark Blood Donation Center 39227 Cedar Blvd, Newark

Tuesday, Sept 23 I1:30 a.m. - 6:30 p.m. Fremont - Newark Blood Donation Center 39227 Cedar Blvd, Newark

### Voter Registration Day

SUBMITTED BY JUDY CHONG

Tuesday, September 23 is National Voter Registration Day, a coordinated effort by several organizations to increase voter participation nationwide. Locally, the League of Women Voters (LWV) and American Association of University Women (AAUW) will participate in this endeavor by hosting voter registration sites in the Tri-cities.

LWV and AAUW volunteers will register people to vote at the times and locations listed. Anyone who is newly eligible to vote by November 4, or who has moved and needs to update their registration can do so in person. Online registration is also available at http://registertovote.ca.gov.

Voter Registration Day Tuesday, Sept 23

10 a.m. – 3 p.m.Family Resource Center39155 Liberty Street, Suite A110,Fremont

3 p.m. – 7 p.m.
Fremont Main Library
2400 Stevenson Blvd, Fremont

3 p.m. – 7 p.m. Newark Library 6300 Civic Center Terrace, Newark

3 p.m. – 7 p.m. Union City Library 34007 Alvarado-Niles Blvd, Union City

For info or to volunteer call: (510) 796-0911/ (510) 794-5082

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### Viles Music Festival returns

SUBMITTED BY MICHAEL MCNEVIN

Bring a smile and a lawn chair to the free Niles Music Festival, on Sunday, September 21. Now in its third year, the festivities at the Niles Town Plaza, boast live music throughout the day, kids' activities, and food booths.

#### Music Festival Schedule: 10 a.m. – 1p.m.

Niles musician Michael McNevin hosts a "Locals Showcase" with a slew of talent, including: Sandi & Skip Snyder, John Gomes, Michelle Powell, Page Frakes, Gracie Brown, Dano Porter, Marcus Homorody, Sarah Anika Mithra, Josh Bowman, David Carter, Bruce Cates, David Price, Matt Hayden and others. The stage will also announce periodic sack races, free prize raffles, and more musical surprises throughout the day.

### I:00 p.m. – "No Fly List" (Beatles & British invasion):

The Beatle cover band performs harmonies and everything Beatles! They are a bunch of great friends that like to play ambitious and eclectic songs from great

artists. Their musical journey began a few years ago, with a growing fan base all over the Bay area.

#### 2:20 p.m. - "Joe Rose & The Howlers" (Blues, Rock, Swing):

The group is a Blues/Rock/Swing trio that has been playing in various incarnations since the mid 1980's. Based out of the East Bay Area with deep Fremont roots, they've opened up for artists such as Lydia Pense and Cold Blood, and The Slim Jim Phantom Band (Former drummer of The Stray Cats). Joe Rosiles is a founding member, lead guitarist, and vocalist who has been playing music since the sixties. His influences include Jeff Beck, Jimi Hendrix, and Robert Johnson, to name a few.

#### 3:40 p.m. - Bacchus Brothers (Rock, Soul, Jazz and Country):

The Bacchus Brothers from Livermore put the "Unk" in Funk. Their sound is a blend of Rock, Soul, Jazz and Country and the vocal harmonies make this trio truly unique. All great musicians with deep and rich musical careers, they are perennial headliners at the Two Day Town Music



Festival. With Mark Clarin on guitar, Ray Merrill on drums, and Don Veca on bass, the band was formed in 1999 on a Delta Dock. Their diverse musical influences bring its own unique flavor to the sound that is the Bacchus Brothers.

#### 5:00 p.m. – "The Billy Martini Show" (70's Dancy Party Band):

The Billy Martini Show is Northern California's grooviest 70's Party Band. The dynamic Billy Martini and his high octane, fun filled stage show features a six-piece band and dancers. Using the party hits of the 70's and authentic retro outfits, the audience is transported back in time. The dancing never stops, and audience participation is a natural part of the show. The Billy Martini Show plays a mix of high-energy rock, funk, R&B, and disco.

Sponsored by Dale Hardware, Valley Oak Partners, Fremont Cultural Arts Council, Alameda County Water District, Mr. Mikey's Country Store, The Florence Bar & Grill, Papillon Restaurant, Vine Cafe, Nile Cafe, Niles Pie Co., Team Deanda, Lorna Jaynes Law & Mediation, Don's Antique Auto Parts, and the Niles Main Street Association. Kid's Zone sponsored by Early Start Music & Toys. Sound by DC Sound. Event is presented by The Niles Main Street Association and Mudpuddle Music.

Visit and "Join" the Niles Music Festival event page on Facebook: https://www.facebook.com/events/446341 885504880, and find more details on other town events at www.Niles.org.

3rd Annual Niles Music Festival
Sunday Sept 21
10 a.m. – 6 p.m.
Niles Town Plaza
37592 Niles Blvd, Fremont
https://www.facebook.com/events/4463
41885504880
www.Niles.org.

Free



### **Union City remembers Flight 93**



SUBMITTED BY RICK LAFORCE

A Remembrance Ceremony at the Union City Flight 93 Memorial located at Sugar Mill Landing Park on September 11, 2014 paid tribute to the heroism and sacrifice of the 41 passengers and crew of United Flight 93, the "fourth plane" hijacked by terrorists on the morning of September 11, 2001. Union City Mayor Carol Dutra Vernaci opened the ceremony that included the Union City Police Explorer Honor Guard, UCPD Chaplain Reverend Albert Valencia,

singing of the National Anthem by UCPD Dispatcher Kossondra Moreland, a message from Alameda County Supervisor (and former Union City Councilmember)

Richard Valle and Flight 93 Memorial Originator, Michael Emerson, the Reading of the Names of the Flight 93 Heroes by Union City councilmembers and staff, a Bagpipe rendition of "Amazing Grace" by Alameda Fire Department Captain Ramsey Ismail, and Taps performed by bugler Gregory Buliavac.

The Union City Flight 93 Memorial represents a unique convergence of Emerson's vision of creating a memorial, donors from across America, the City of Union City's support, noted Bay Area landscape architect Robert Mowat and Alameda County Construction & Building Trades Council, ALF-CIO.

Images of the Memorial, past Remembrance ceremonies as well as information on Flight 93 can be found at the website: www.Flight93memorialsfb.com.





Information found in 'Protective Services' is provided to public "as available" by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of the agency

providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



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B.A., Humanities, Magna Cum Laude, Michigan State University Juris Doctor, University of Illinois (7th in class) Quoted by Ralph Nader in his book "No Contest" (1996) Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present Faculty, Santa Clara University School of Law 1987 Editor, University of Illinois Law Review California Supreme Court Cases

#### LEILA N. SOCKOLOV, ATTORNEY AT LAW

B.S. in Biological Sciences, Cal. Polytechnic State Univ. Juris Doctor, Cum Laude, University of Illinois Instructor, Engineering Ethics, University of Illinois

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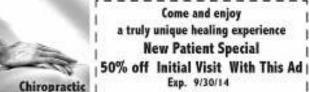
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#### San Leandro PD Officers begin to wear body cameras

**SUBMITTED BY** Lt. Robert McManus, San Leandro PD

As of September 11, San Leandro Police Officers and professional staff members assigned to field operations will now be equipped with new technology - portable video camera devices worn on the front of their uniform shirts. They will be used to record interactions with people that they come into contact with during their daily duties.

The Police Department began research into this equipment a few years ago, and has since tested and evaluated several different makes and models of the digital recording devices, while writing policy for its employees. Their research has led them to the purchase of the Axon model, manufactured by Taser International.

The cameras will be worn by officers for a variety of reasons, but most importantly, to continue to build trust with those that they serve. Body cameras worn by law enforcement officers have become an industry standard in many agencies.



San Leandro is one of the first to use the Axon model made by Taser International and uniformed personnel are mandated to wear the cameras while on duty.

The cameras will be used to record interactions with people that officers come into contact with in an official capacity. These recordings will be used to document interviews of victims and witnesses during investigations, obtaining accurate accounts of what is reported to them. In criminal cases, the recordings will be considered evidence, and may be used during court cases.

The digital recordings will be downloaded to a secure storage server and retained for future reference. Recordings related to criminal investigations will be retained for one year, and all other routine files will be retained for 90 days. Each recording has an audit trail, and officers are prevented from editing or deleting recordings.

This technology also captures an officer's field of view during incidents, which will be used to substantiate their

observations during arrests and other public interactions. Supervisors will have the ability to review recordings during audits of their personnel to ensure continued professionalism, adherence to Departmental policies, and for training purposes.

'We value our community's trust and know the importance of transparency in the work that we do. Our research has shown that this program will reduce frivolous complaints against officers and will reduce staff time used to investigate them," said Lt. Mike Sobek.

#### Newark **Police Log**

SUBMITTED BY CMDR. MICHAEL CARROLL, NEWARK PD

#### Friday, September 5

At 9:05 a.m., Officer Knutson took a report of a vandalized vehicle in the area of 36000 block of Newark Blvd.

At 11:03 a.m., Officer Arroyo investigated a reported vandalism to a building in the area of the 35000 block of Filbert St.

#### Saturday, September 6

At 2:03 p.m., Officer Horst investigated an embezzlement case at 24 Hour Fitness. Officer Horst subsequently arrested Tina Cairo of Newark for the embezzlement. Cairo

was booked at Fremont City Jail. At 11:36 p.m., Officer Hogan investigated a multi-vehicle traffic collision where an intoxicated motorist struck three parked vehicles on Thornton Ave. near Mayhews Landing Rd. No injuries were reported. Joel Lara of San Lorenzo was booked at Santa Rita Jail for driving under the influence and for driving with-

#### Sunday, September 7

At 10:13 a.m., Officer Cerini investigated an attempted auto theft from the area of the 6000 block of Potrero Dr.

At 11:33 a.m., Officer Cerini investigated attempted petty theft from a vehicle, also from the area of the 6000 block of Potrero Dr.

#### Monday, September 8

At 6:13 p.m., Reserve Officer Germano took a report of a stolen vehicle taken from the parking lot of DoubleTree Hotel.

At 7:14 p.m., Officer Norvell investigated vandalism to a vehicle, where a rock was thrown through the rear window.

#### Tuesday, September 9

At 6:31 a.m., Community Service Officer (CSO) Verandes took a vehicle theft report from the area of the 37000 block of Dahlia Dr.

At 7:08 p.m., Officer Kovach arrested Josue Hernandez of Newark for domestic battery. Hernandez was booked at Fremont Jail.

### FasTrak scam alert

#### SUBMITTED BY NEWARK PD

In a very recent incident, a Newark resident received a call from a person claiming to be a representative of "Law Enforcement Systems," a collection agency. The person identified herself as "Tanisha" and told the potential victim her transponder was invalid. The caller told the would-be target that the amount owed was minimal and a debit or credit card number was needed to reactivate the account.

The resident wisely declined to provide the information. The scam artist persisted telling her she could send a check or money order to an address in Wisconsin if she felt uncomfortable with providing the information over the telephone. There was no mention of the transponder belonging to FasTrak or any bridge or toll

The potential victim ended the call and later confirmed her account with FasTrak was not compromised nor did she owe fees.

Remember: If you get a call from someone you don't know who is trying to sell you something you hadn't planned to buy, say "No thanks." And, if they pressure you about giving up personal information — like your credit card or Social Security number it's likely a scam. Hang up!

### San Leandro PD seeks assistance

SUBMITTED BY LT. ROBERT MCMANUS, SAN LEANDRO PD

On September 12, at 7:50 a.m., a female student walking to Bancroft Middle School in San Leandro was called to a black sedan parked in the 1400 block of Bancroft Ave. by its driver, whom she did not know. When she looked inside, she saw the suspect, further described as a white or Hispanic male in his mid-20s, seated in the driver's seat, exposing himself to her. She quickly ran to Bancroft Middle School and reported the incident to school authorities, who in turn, notified the police.

Responding officers checked the area for the suspect and his vehicle, but were unable to locate him. Police concluded that the suspect had driven off, before their arrival. The suspect is further described as having an average build with a beard, and wearing a red and black cap, and prescription-style glasses.

School Resource Officers and detectives are working closely with Bancroft Middle School staff, in an attempt to identify any other students who may have witnessed this act, or may have been approached by the same suspect.

The safety of our children is a priority for the San Leandro Police Department. We are thankful that the girl ran away, sought help from school staff, and was not harmed in this incident. She did the right thing," said Lt. Robert McManus.

Detectives will be checking the area for video surveillance cameras, in an attempt to assist them in identifying the suspect. Police ask that anyone with information about the suspect, his vehicle, or a similar experience, to please call them at (510) 577-2740.

#### **Shape Our Fremont**

Where Fremont residents can learn about shaping proposed housing developments...

#### **Getting Involved Early in** the Process

Expressing your concerns early in the residential development design process is the best way to affect the final outcome.

#### **Community Meetings**

Before submitting any formal plans to the City of Fremont, developers sometimes hold community meetings to get initial feedback from the residents near the development. Rough lot plans are usually displayed and the developer often describes the general look and feel of the proposed development.

If you hear of a developer's meeting, tell your friends and neighbors. Note down what is discussed for future reference. Try to get the developer's contact information. Planning Department staff does not attend those meetings and the Planning Department welcomes feedback from those who attended.

#### **Preliminary Plan Review**

The city offers a service where developers can submit their project plans to the Planning Department for a Preliminary Review Procedure (PRP). The Planning Department reviews the plans and reports any issues it finds. Developers use this information to decide whether to go forward with the process and to help them shape their formal development application. Residents may view the preliminary plans at the Planning Department. Contact the Planning Department and/or the planner assigned to the project.

Letting the city know your concerns regarding these early plans may help shape the result.

#### Formal Development **Application**

When a development application is formally submitted, it initiates a Planning Department

process to review the plans, to suggest modifications, and, finally, to prepare a presentation to the Planning Commission. This can take several months, and the design may change several times. Due to copyright protections, development plans are not posted online until the Planning Commission agenda is posted. However, any resident may request to view the plans by contacting the Planning Department. Contact the city planner assigned to the application to ask questions and make comments.

A Courtesy Notice giving basic information about the proposed project is required to be posted on the street in front of the development. Let others know if you see one posted.

#### **Prior to Planning Commission Review**

Three weeks before a Planning Commission public hearing, an Environmental Review Initial Study will be posted online. This is a preliminary analysis of possible areas of concern such as density, traffic, parking, noise, trees, and other issues. Review this study to see if your concerns have been addressed.

You can write the Planning Commission before the development application is put on their agenda.

Email ShapeOurFremont@gmail.com to report community meetings, posted notices or any word of future housing developments in your neighborhood.

Visit www.ShapeOurFremont.com for the latest news about developments, a list of proposed residential developments, an explanation of the development process or the mail and email addresses of city contacts.

### Union City needs your input

#### SUBMITTED BY CARMELA CAMPBELL

Last updated in 2002, the City of Union City is working on an update to the City's General Plan. The General Plan is the City's "blueprint" that guides decision making for land use, transportation, infrastructure, community design, environmental issues, and other important topics that impact the community. The General Plan is a long-range planning document that will look ahead to 2040.

The most important part of the General Plan Update process is public engagement. The public input we receive will help shape the vision, goals, and policies of the General Plan. Visit the General Plan website (www.UC2040.com) to learn more and join the email list to stay informed.

The City is kicking off this effort with a Community Workshop on Saturday, September 20. The workshop will provide an opportunity for participants to share their vision for Union City through fun, interactive exercises. The City will be giving away a \$50 Visa Gift Card and 3-month Mark Green Sports Center membership to two lucky attendees (must be present to win).

Help us spread the word to your friends, family members, and neighbors regarding this unique opportunity to help shape Union City's future!

Community General Plan Workshop Issues, Opportunities, and Vision Saturday, Sept 20 10 a.m. - 12 noon Ruggieri Senior Center 33997 Alvarado-Niles Road, Union City (510) 675-5316 www.unioncity.org

### Leadership Hayward seeks applicants

SUBMITTED BY HAYWARD CHAMBER OF COMMERCE

Applications are now being accepted for the 25th annual class of Leadership Hayward, to begin in November. With 276 graduates since 1991, this accredited program develops leaders knowledgeable about the greater Hayward area and prepared to address complex social and economic issues. The program is particularly valuable to representatives of the business community, who learn about Hayward's economic development to enhance their own professional growth and that of their business.

Leadership Hayward features eight monthly, one-day sessions from November through June. Each session will focus on a general topic presented by experts. Topics include team building, heritage and cultural awareness; economic and public policy; community design and transportation; health and human services; education; arts and recreation; public safety and disaster preparedness; and public facilities.

Participants receive professional development credit from the Continuing and International Education Division of California State University, East Bay. The June graduation luncheon coincides with the mayor's State of the City address and is attended by local and state elected officials and other dignitaries.

About 20 individuals participate each year representing a cross section of Hayward's diverse private and public sectors, cultures and age groups. Participants have included bankers, retailers, teachers, professors, police officers, firefighters, medical personnel, nonprofit staff, city employees, and a host of business persons.

The selection criteria includes: a commitment to Hayward's well-being, regular attendance and active Tuition for each participant is \$800. This covers meals, materials and certification. Fees may be paid

by the individual, an employer or a sponsoring organization. Participants are encouraged to seek tuition assistance from civic and professional organizations. There may be partial scholarship assistance.

Obtain the brief application form at www.hayward.org or for more information call (510) 537-2424 or e-mail susanoc@hayward.org for assistance.

#### Fremont **Police Log**

#### SUBMITTED BY GENEVA BOSQUES, FREMONT PD

#### Friday, September 5

A homeowner on the 34000 block of Hurst St. left his house and returned around 1:15 p.m. While the homeowner was gone, an unknown suspect pried the kitchen window open and entered the home. Loss reported was cash. Officer Magna is inves-

Officer Hernandez was dispatched to a gold chain snatch robbery that occurred near Deep Creek Rd. and Horat Terr. The suspect asked the victim for a specific address in the area before attempting to rip a gold chain from around her neck. The victim screamed and scared the suspect, who ran to a white, four-door vehicle and fled the area. The suspect was described as being an African-American male, about 18 to 20 years old with a slim build. He was wearing a gray sweatshirt and black pants.

#### Saturday, September 6

A 32-year-old adult female arrived at a local hospital and reported being struck by a vehicle on Thornton Ave. near Thornton Junior High School. Hospital staff was suspicious of the story and called Fremont Police Department (FPD). Officer Ceniceros arrived and after questioning the female, he learned that she was actually involved in a roll over crash on the off ramp of I-680 at Scott Creek Rd. Officer Ceniceros also discovered that the female had an outstanding warrant. California Highway Patrol (CHP) responded and documented the collision, and Officer Ceniceros booked the female for

the warrant after she was medically cleared.

#### Monday, September 8

Officer Magana investigated a late reported robbery that occurred on Wednesday, September 3, 2014, near Mowry Ave. and State St. in the Central Downtown area. The suspect approached the victim, asked her the time, and then snatched her necklace from around her neck. The suspect fled on foot and was described as a white male adult in his 20's, 5'7", thin build, and dressed in a dark long-sleeve shirt, dark pants, and black gloves.

At 9:18 a.m., the Target at Fremont Hub called FPD after seeing a well-known baby formula burglary suspect - a 34year-old adult male, Oakland resident - roaming the store and carrying a large suitcase. Target Loss Prevention officers were able to detain the male after he placed 28 canisters of baby formula inside his suitcase. Target also had video of the same suspect committing the same crime twice last week. Officer Gentry took custody of the suspect and arrested him for burglary.

At 1:25 p.m., Dale Hardware employees called FPD after seeing a well-known theft suspect - a 33year-old adult female, Newark resident - roaming their store and concealing items on her person. As the female exited the store, employees gave chase at which time the female fell to the ground unassisted, causing an injury to her head. After being transported to a local hospital, the female was booked for felony petty theft with priors. Officer Contrada handled the investi-

#### Tuesday, September 9

Units were dispatched to Kaiser Hospital after a female reported she had accidentally run over an elderly female in the parking lot of Kaiser Hospital. Luckily, the vehicle that struck

the pedestrian was a raised truck which prevented serious injuries. Kaiser staff came to the aid of the pedestrian who was transported to the emergency room with minor injuries.

At approximately 10:10 a.m., Community Service Officer (CSO) Gott investigated the theft of 12 specialized sewage air vents from a storage container on a construction site located at Calaveras Ave. and Blacow Rd. The items are unique and valued at approximately \$1,000 each. They were being used to complete an overhaul of the Fremont sewer system.

Officer Richards investigated an attempted theft at the Irvington Wheel and Brake on Industrial Pl. A white male adult in his 40's, with brown hair and white shorts attempted to steal a battery, but fled when employees saw him. He was seen fleeing the area in a white 4-door Cadillac.

At 2:50 p.m. Officer Baca investigated a grand theft incident of a cargo shipment that occurred on Thursday, September 4. A driver arrived to his location in Hayward and learned that items from within the cargo container were missing. Hayward Police Department initiated the investigation and met with Fremont officers who learned that the driver had stopped at the McDonald's on Cushing Pkwy. before taking the shipment to Hayward. The shipment originated from a company in Fremont and this was the only stop. The driver also noted that the roll-up door on the truck was not fully latched. The valued loss is \$66,750.50. There are no further leads at this time.

At approximately 2:45p.m., officers were dispatched to a suspicious circumstance where a male victim reported to have lost \$26,000 in a scam. The victim was approached at the Arco AM/PM

gas station at Automall Parkway/Grimmer Blvd. by a suspect who told him that he was inheriting money from a family member's estate. After showing the victim paperwork, the suspect was able to talk the victim into loaning him money that he would pay back. After completing the transaction, the suspect left the area and was never heard from again. A second suspect was also involved and seen by witnesses. The suspect(s) left in a black colored Sedan. This case was investigated by Officer

Suspect #1: African-American male, approximately 45 years old, 6'00", 185 lbs., with short black hair. He was last seen wearing sunglasses, yellow gold ring with square cut diamond and a grey pinstripe suit with tie. He was described as having a Jamaican or African accent while talking.

Suspect #2: African-American male, approximately 30 to 32 years old, 5'08", 180 lbs., with short black hair. He was last seen wearing prescription glasses, brown leather jacket and blue

Suspect Vehicle: Black 4-door unknown make car.

#### Wednesday, September 10

At 3:52 p.m., Officer Loughery and Officer Liu responded to Target to investigate the report of a petty theft where loss prevention was detaining a 29-year-old adult male, Pleasant Hill resident, for theft. In addition to theft, the male was arrested for having multiple warrants and a syringe on his person.

At 4:30 p.m., officers were dispatched to a residential burglary at the Estates at Park Place, located in the 3400 block of Stevenson Blvd. The suspect entered the residence by prying open the front door. Once inside, the unknown suspect stole a laptop, computer, and jewelry. Detective Holguin, who was assisting patrol with staffing levels, investigated the burglary.

#### Thursday, September 11

At approximately 11:00 a.m., CHP Hayward Office, requested assistance at the Fremont DMV with a suspicious electronic device that was placed on the property. Due to the appearance of the device, CHP initiated an ACSO bomb-squad call-out. The building was evacuated and a Code Red Alert advising to shelter in place, was sent out to residents and businesses within a 1/4 mi. radius of the DMV. The hoax device was eventually determined to be safe. CHP is conducting follow up in an attempt to identify the person(s) responsible. DMV did not reopen on Thursday.

While the above described event was occurring, CHP received a similar call at approximately 11:15 a.m. from the office of State Assemblyman Bill Wieckowski's office (39500 block of Paseo Padre Pkwy). The staff member reported that a suspicious package containing an unknown liquid had been delivered via US Mail. The Hayward area of the California Highway Patrol (CHP) responded to the scene along with CHP's Investigative Services Unit (ISU), Fremont Police Department, Fremont Fire Department, Department of Homeland Security and Alameda County Sheriff's Bomb Squad. Paseo Padre Pkwy was closed down between Stevenson Blvd and Walnut Ave and the building was evacuated. The small package was secured at approximately 1:15 p.m. and was deemed non hazardous. The building and surrounding area were reopened to the public shortly after 1:30 p.m. CHP ISU is investigating the incident.

#### **City of Fremont News Briefs**

SUBMITTED BY CHERYL GOLDEN

#### **Parent Project® to Kick Off:** Classes in English and Spanish

Parent Project® is a 13-week class series providing support for families within the Tri-City area that delivers results. Parents will learn about effective prevention and intervention techniques to help their teens grow into safe and competent adults. Classes will cover topics such as:

- Never argue again with your child
- Improve school attendance and perform-
- Recognize or intervene in alcohol and other drug use
- Prevent and intervene in gang and other criminal activity
- Find solutions for violence, running away, and suicide
- Improve family relationships and create peace in the home

The English series begins Tuesday, October 7, from 6 p.m. to 9 p.m. at the Fremont Family Resource Center, 39155 Liberty St., Pacific Room, in Fremont.

The Spanish series, which will be taught in Spanish, begins Thursday, October 9, from 6 p.m. to 9 p.m. at the New Haven Adult School, 600 G Street in Union City. Child care is available upon

There is a one-time \$35 material fee required to register for either the English or Spanish 13-week series, as well as an additional weekly fee, which is based on family

income and can be paid in installments. Scholarships are available.

For information about this class or scholarships, call 510-574-2100 or visit www.Fremont.gov/ParentProject.

#### Help Fremont's Community Ambassador Program for Seniors

On Wednesday, September 24, the Community Ambassador Program for Seniors (CAPS) will be the recipient of Whole Foods Market's 5% Community Support Day. Five percent of all purchases will be donated to the City's CAPS Program, a program that supports seniors in our local community. The CAPS Ambassadors serve seniors in their own communities, in their own language, within their own cultural norms, and do so where seniors live, worship, socialize, and learn. Ambassadors serve as a bridge between the formal network of social services and faith-based and cultural communities.

Whole Foods has been a wonderful partner for us and we thank them for their continued support for many of our community initiatives," said Suzanne Shenfil, Human Services Director for the City of Fremont. Support the CAPS Program by shopping at Whole Foods Market on Wednesday, September 24. Meet the Community Ambassadors and listen to lively music throughout the day while shopping for your week's groceries or enjoying lunch at the store. Whole Foods Market is located at 3111 Mowry Ave., in Fremont and will be open from 8 a.m. to 9 p.m. For more information about CAPS, contact the City's Asha Chandra achandra@fremont.gov or visit www.CAPseniors.org.

#### Shaping the Future of the California Nursery Historic Park: **Second Public Meeting on** September 25

The City of Fremont has hired the nationally-known landscape architecture firm PGAdesign, Inc., from Oakland to oversee the California Nursery Historic Park Master Plan process. The Plan will create a comprehensive blueprint for the future use and development of the property that honors the rich history of the California Nursery and the Roeding Family. The community is invited to attend the second public meeting on Thursday, September 25 from 6:30 p.m. to 8:30 p.m. at the Teen Center in Fremont Central Park, located at 39770 Paseo Padre Pkwy.

The public had the opportunity to share their vision as part of the first public meeting in July. In this second meeting we will be discussing the outcome of the first meeting and review conceptual designs, costs and priorities. Come provide feedback for the preservation, leisure and educational opportunities of this unique historic park. For more information on the California Nursery Historic Park Master Plan Study or the public meeting please visit www.Fremont.gov/CaNursery or contact Laurie Rogers at lrogers@fremont.gov or 510-494-4332 or Kim Beranek at kberanek@fremont.gov or 510-494-4330.

#### Wags and Whiskers Wednesdays

The Tri-City Animal Shelter will host free adoptions every Wednesday through October 1. All animals (cats, dogs, and rabbits) will be free and will be spayed or neutered, microchipped, and vaccinated. Please note City licensing fees still apply.

The shelter is open Tuesday through Friday from 12 p.m. to 5 p.m. and Saturday 11 a.m. to 4 p.m.

#### **FREMONT UNDERGROUND Social Experience (FUSE)**

Join us for a gathering of artists, special performances, music, and food, at the FREMONT UNDERGROUND Social Experience (FUSE) events on Saturday, September 20 and October 18.FUSE brings together the underground arts scene to downtown Fremont, and provides the opportunity for artists, creative types, performers and retailers to come together with local audiences to exhibit, showcase and sell their work in a monthly series of nighttime events that wraps up next month. FUSE runs from 6 p.m. to 10 p.m. at 39112 State St. in the Town Fair Shopping Center parking lot and transformed popup art gallery spaces. For more information please visit www.Facebook.com/FremontUnderground or send an email to fremontundergroundevents@gmail.com.

#### **Starting a Successful Business**

What does it take to start a successful business? The Alameda County Small Business Development Center (SBDC) is holding a "Starting a Successful Business" course on Monday, October 20 from 9 a.m. to 12 p.m. at the Fremont Main Library, 2450 Stevenson Blvd.in Fremont. This free seminar discusses several elements for creating a successful business including accessing capital, business planning, legal, technology, and human resource issues. For more information or to register for this event, visit www.acsbdc.org/events2.

#### **Hayward Police Log**

SUBMITTED BY SGT. ERIC MELENDEZ, HAYWARD PD

#### Thursday, September 4

At approximately 8:00 p.m., an armed robbery occurred near Hesperian Blvd. and Tahoe Ave. An African-American male adult clad in all dark clothing confronted the female victim as she walked home. The suspect demanded the victim's purse and cell phone. When she resisted, he slashed at her with an unknown weapon (possibly a knife). The suspect ran off with the victim's cell phone. The victim suffered a minor injury.

#### Friday, September 5

At approximately 5:30 p.m., an armed robbery occurred at a coffee shop on the 700 block of A St. The suspect – an African-American male adult, about 5'5", medium build, in his 20's, wearing large white headphones, white glasses, an oversized t-shirt and blue jeans - ordered a beverage. He lifted up the front of his shirt, exposing what was apparently the handgrip of a gun, and demanded cash from the cashier. The suspect left after getting money.

At approximately 7:30 p.m., a felon in possession of a handgun and ammunition, as well as child endangerment, occurred in an apartment complex on the 26000 block of Gading Rd. An officer was investigating a burglary and was directed to a specific apartment, where the possible suspect might reside. The suspect, who is a felon, was found in illegal possession of a handgun and ammunition, and was arrested. His 2-year-old son had access to the gun as well. The suspect's potential relationship to the burglary is still under investigation.

#### Saturday, September 6

At approximately 9:40 a.m., a felony hit-and-run incident occurred at Hesperian Blvd. and Middle Ln. The adult female victim was walking across the intersection in the crosswalk with the green light when she was struck by the suspect, who was driving northbound in the #2 lane. The suspect entered the intersection in violation of the red light. The suspect stopped to check on the victim and then drove off. The suspect vehicle was found several miles away a short time later and the owner attempted to report it as stolen. The driver came to the police department the following day and admitted hitting the victim. The victim was in serious, but stable condition.

#### Monday, September 8

At approximately 5:45 a.m., an arson occurred on the 400 block of Industrial Pkwy. An unknown suspect forced entry into a vacant business and intentionally started a fire. The building sustained minimal damage.

#### **Tuesday, September 9**

At approximately 8:30 a.m., an auto thief was arrested at a strip mall on the 19000 block of Hesperian Blvd. Witnesses called the police when they saw a suspicious man loitering in the parking lot and peering into the window of a car, as if he was planning to break into it. When officers arrived, the suspect ran but was found hiding in some nearby bushes a short distance away. Property which was taken from the burglarized car was found near the suspect, and officers discovered that the suspect drove there in a stolen car.

At approximately 1:00 p.m., a loaded gun/methamphetamine seizure occurred in an apartment complex on the 1200 block of C St. A 17-year-old female victim called a third party to report that a man came into her apartment, pointed a gun at her and then ran off. The third party (a counselor) reported this to police. Officers contacted occupants of a neighboring apartment and recovered a loaded gun and about 2.6 oz. of methamphetamine. The suspect, who brandished the gun, was not present. The investigation continues.

#### Wednesday, September 10

At approximately 8:50 a.m., a motorist collided with a police car at Harder Rd. and Jane Ave. The motorist entered the intersection against the red light and struck a police car already in the intersection. It was a low speed collision and no injuries were reported.

At approximately 11:40 a.m., a suspected explosives recovery occurred on the 30000 block of Industrial Pkwy. A metal recycling business called the police when they found what appeared to be an explosive device (mortar rounds). The Alameda County Sheriff's Office (ACSO) Explosive Ordinance Disposal Unit responded to assist and ultimately determined the device was

At approximately 11:10 p.m., an assault with a firearm/negligent discharge of a gun occurred on the 22000 block of Montgomery St. The male victim was walking on Montgomery St. from the BART Station, when he heard footsteps behind him and turned around. An African-American male adult, about 5'9", wearing his hair in a short afro, a dark shirt and dark shorts, pointed a gun at the victim. The suspect shot at the victim several times. The victim fled and was not injured in the attack. The victim did not know the suspect and didn't know why the suspect would shoot at him.

#### Thursday, September 11

At approximately 3:50 a.m., a commercial burglary occurred on the 23000 block of Mission Blvd. at a fast food restaurant. A man making a delivery to the fast food restaurant saw the male suspect inside the business, in an area which was supposed to be closed and secured, so he called the police. When officers arrived, they noticed the suspect broke a window to get into the business, so they surrounded it before trying to contact the suspect. Meanwhile the suspect continued burglarizing the business, attempting to remove a cash register. The suspect was arrested.

### Help Fremont Police Detectives

SUBMITTED BY FREMONT PD



searching for two suspects responsible for a brazen home invasion robbery that occurred last month. The two suspects are described as follows: Suspect #1: (Photograph taken as

Fremont Detectives are actively

he entered a 7-eleven store in San Jose): Black male, 20-25 years old, 6' 00", medium build, last seen wearing a black hooded sweatshirt, black jeans/pants and carrying a black backpack. Also had a small revolver, approximately 8" in length and was wearing ski gloves.

Suspect #2: (Photograph taken at a Patelco ATM in San Jose in the

Suspect #1

area of Story/King): Black male, 20-25 years old, 5'05" - 5'06", skinny build, last seen wearing a black hooded sweatshirt with "cursive" type writing running horizontal across the chest and possible spelling "Menc," black track pants with three vertical red stripes running along the outside of both legs and wear-

ing wool gloves. Suspect Vehicle:

2014 Ford Fusion, 4door, black, unknown license plates. (Vehicle shown in photo is not the actual car). On August 12, at

approximately 4:30 a.m., two unknown suspects kicked in the side garage door of a residence on the 600 block of Monticello Terrace in the Mission San Jose District of Fremont. Once inside, the suspects held victims at gunpoint and forced them to empty a safe in the residence. After taking numerous items from the victims, the suspects ordered the victims to stay in the bathroom for approximately 30 minutes, so they could flee the area.

After leaving the residence, the unknown suspects used the victim's debit card at five different locations throughout the South bay. The suspects began their spree in Cupertino, headed next to San Jose and then ended in Milpitas. A black Ford Fusion was seen dropping off Suspect #2 at a Patelco Bank in San Jose about an hour after the robbery.

If anyone can help us identify the unknown suspects or has experienced a similar home invasion robbery, please contact Detective J. Blass at jblass@fremont.gov or (510) 790-6900. We thank you for your assistance.



#### PUBLIC NOTICES

#### **BULK SALES**

NOTICE TO CREDITORS OF BULK SALE AND SALE OF CAPITAL STOCK (UCC Sec/ 6101, 6107)

NOTICE IS HEREBY GIVEN to creditors of the within named parties that a bulk sale is intended to be made of personal property hereinafter described of the Corporation whose stock is being sold

being sold.
The name(s) and business address of the Seller(s)/transferor(s) are:
Meidan Magen
1140 Pacific Street, Union City, CA 94587
The name(s) and business address of the

1140 Pacific Street, Union City, Ch. 2500.
The name(s) and business address of the Buyer(s)/transferee(s) are:
Farhad Ettehad and Melissa Martinez
1140 Pacific Street, Union City, CA 94587
The stock being sold/transferred is generally described as 100% of Stock being Sold 100% per cent of the issued and outstanding shares of capital stock of: XO Moving System, Inc.
The assets/personal property being sold/ The assets/personal property being sold/ transferred are generally described as: All Assets of the Business known as XO Moving

System.

Business known as: XO Moving System, Inc.
and is/are located at: 1140 Pacific Street,
Union City, CA 94587

The bulk sale is intended to be consummated at

the office of: Business & Escrow Service Center, Inc., 3031 Tisch Way, Suite 310 San Jose, CA 95128 and the anticipated sale date is on or about September

19, 2014 . All other business name(s) and address(es) used by the Seller(s)/transferor(s) within the past three years, as stated by the Seller(s)/transferor(s), are: None Known

Dated: September 8, 2014 Farhad Ettehad Melissa Martinez 9/16/14

CNS-2667614#

#### NOTICE TO CREDITORS OF BULK SALE (SECS. 6104, 6105 U.C.C. & B & P 24073 et seq.) ESCROW NO: 14870-PD DATE: September 11. 2014

Notice is hereby given to creditors of the within named seller that a sale that may constitute a bulk sale has been or will be made. The individuals, partnership, or corporate names and the business addresses of the seller are:

and the business addresses of the seller are:
Danny Han
1779 Decoto Rd, Union City, CA 94587
The individuals, partnership, or corporate names
and the business addresses of the buyer are:
Xiao Hua Zhang, Or Assignee
1779 Decoto Rd, Union City, CA 94587
As listed by the seller, all other business names
and addresses used by the seller within three
years before the date such list was sent or deliv-

ered to the buyer are: NONE KNOWN

ered to the buyer are: NONE KNOWN
The assets sold or to be sold are described in general as: ALL FURNITURE, FIXTURES, EQUIPMENT, TRADENAME, GOODWILL, LEASE, LEASEHOLD IMPROVEMENTS & ALL OTHER ASSETS OF THE BUSINESS KNOWN AS: Tsing Tao Gourmet AND ARE LOCATED AT: 1779 Decoto Rd, Union City, CA 94587.
(a) The place, and date on or after which, the Bulk Sale is to be consummated: Business & Escrow Service Center, Inc. 3031 Tisch Way, Suite 310 San Jose, CA 95128 on or before 10/2/2014.
(b) The last date to file claims is 10/1/2014, unless there is a liquor license transferring in which case claims may be filed until the date the license transfers.

BUYER'S SIGNATURE: Xiao Hua Zhang, Or Assignee 9/16/14

CNS-2667211#

#### **CIVIL**

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. RG14737955
Superior Court of California, County of Alameda
Petition of: Ruhi Sangha for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a
decree changing names as follows:
Ruhi Shergill to Ruhi Sangha
The Court orders that all persons interested in this
matter appear before this court at the hearing indicated below to show cause, if any, why the petition
for change of name should not be granted. Any
person objecting to the name changes described
above must file a written objection that includes
the reasons for the objection at least two court
days before the matter is scheduled to be heard
and must appear at the hearing to show cause
why the petition should not be granted. If no written objection is timely filed, the court may grant
the petition without a hearing.
Notice of Hearing:
Date: December 5, 2014, Time: 8:45 a.m., Dept.:

Notice of Hearing: Date: December 5, 2014, Time: 8:45 a.m., Dept. The address of the court is 24405 Amador St.,

Hayward, CA A copy of this Order to Show Cause shall be pub-lished at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circula-tion, printed in this county: Tri - City Voice Date: August 22, 2014 Winifred Y. Smith

Presiding Judge of the Superior Court 9/9, 9/16, 9/23, 9/30/14

CNS-2663389#

#### FICTITIOUS BUSINESS **NAMES**

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 495864

File No. 495004
Fictitious Business Name(s):
Crossroads Plus Thrift Shop, 2601 Oliver
Drive, Hayward, CA 94545, County of Alameda

Registrant(s):
Crossroads Christian Center Union City, 33873
Depot Rd., Union City, California 94587
Pastor Bonifania Olalia, 33873 Depot Rd., Union
City, California 94587
Business conducted by: an unincorporated asso-

ciation other than a partnership
The registrant began to transact business using
the fictitious business name(s) listed above on

the fictitious business name(s) listed above on n/a
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
Is/Alma Aeu, Partner
This statement was filed with the County Clerk of Alameda County on September 9, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/16, 9/23, 9/30, 10/7/14

CNS-2667107#

#### **FICTITIOUS BUSINESS**

NAME STATEMENT File No. 495854

Fictitious Business Name(s):
Round Table Pizza #085, 1744 Decoto Rd.,
Union City, CA 94587, County of Alameda; 1744
Decoto Rd., Union City, CA 94587 Registrant(s):

Registrant(s): Isis Incorporated, 32150 Seneca St., Hayward, CA 94544; California Business conducted by: a corporation The registrant began to transact business using the fictitious business name(s) listed above on

declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,001], /s/ Elva L. Figueroa, President This statement was filed with the County Clerk of Alameda County on September 8, 2014 NOTICE: In accordance with subdivision (a) of

Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration

Inctitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/16, 9/23, 9/30, 10/7/14

CNS-2666759#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 495852
Fictitious Business Name(s):
Round Table Pizza #60, 40831 Fremont Blvd.,
Fremont, CA 94538, County of Alameda
Registrant(s):
Sirat Pizza Inc., 4123 Bristle Cone Way,
Livermore, CA 94551; CA
Business conducted by: a corporation
The registrant began to transact business using
the fictitious business name(s) listed above on
N/A

the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Davin Der Singh Thind, President
This statement was filed with the County Clerk of Alameda County on September 8, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/16, 9/23, 9/30, 10/7/14

CNS-2666721#

CNS-2666721#

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 495850

File No. 49300
Fictitious Business Name(s):
Ronald Table Pizza #113, 5544 Thornton Ave.,
Newark, CA 94560, County of Alameda She Pizza Inc., 37010 Spruce St., Newark, CA 94560; CA

Business conducted by: a corporation
The registrant began to transact business using the fictitious business name(s) listed above on

I declare that all information in this statement

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Sharon Hick, President Isl Sharon hick, rresident
This statement was filed with the County Clerk of
Alameda County on September 8, 2014
NOTICE: In accordance with subdivision (a) of
Section 17920, a fictitious name statement generation.

Section 17920, a lictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration before the expiration. The filing of this statement does not of itself autho-

rize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/16, 9/23, 9/30, 10/7/14

CNS-2666717#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 495702
Fictitious Business Name(s):
Manna Restaurant, 5890 Mowry School Rd. D1,
Newark, CA 94560, County of Alameda
Registrant(s):
Wolkee Lee, 34183 Governo Dr., Union City,
CA 94587

CA 94587
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on

1/27/2007 / that all information in this statement

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

demeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Wolkee Lee This statement was filed with the County Clerk of Alameda County on September 4, 2014 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/16, 9/23, 9/30, 10/7/14

CNS-2666711#

### FICTITIOUS BUSINESS NAME STATEMENT File No. 495614 Fictitious Business Name(s):

Proactive Physical Therapy and Fitness, 39420 Liberty St., Suite 173A, Fremont, CA 94538, County of Alameda

Registrant(s): Genaro A. Jimenez, 4269 Marie Ct., Fremont CA 94536

CA 94530 Business conducted by: An Individual The registrant began to transact business using the fictitious business name(s) listed above on declare that all information in this statement

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

thousand dollars [\$1,000].)
/s/ Genaro Jimenez
This statement was filed with the County Clerk of Alameda County on September 3, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/9, 9/16, 9/23, 9/30/14

CNS-2664058#

#### STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File No. 431726 The following person(s) has (have) abandoned the use of the fictitious business name: Allstate Outlet, 374 De Salle Ter., Fremont, CA 94536 The Fictitious Business Name Statement for the Partnership was filed on 11/18/2009 in the County

Seung Hwan Lee, 374 De Salle Ter., Fremont, CA 94536 This business was conducted by:

S/ Seung Hwan Lee
This statement was filed with the County Clerk of
Alameda County on August 26, 2014.
9/9, 9/16, 9/23, 9/30/14

#### CNS-2663534#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 495478
Fictitious Business Name(s):
505 Footwear & Apparel, 5642 Geranium Ct.,
Newark, CA 94560, County of Alameda
Registrant(s):

Registrant(s):
Edgar Gaylem Chow, 5642 Geranium Ct.,
Newark, CA 94560
Vansdell Cornis Thomas Webster, 5642 Geranium
Ct., Newark, CA 94560
Business conducted by: Co-Partners
The registrant began to transact business using
the fictitious business name(s) listed above on

I declare that all information in this statement I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ Edgar G. Chow

This statement was filed with the County Clerk of Alameda County on August 29, 2014

This statement was filed with the County Clerk of Alameda County on August 29, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

incutious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/9, 9/16, 9/23, 9/30/14

CNS-2663387#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 495399
Fictitious Business Name(s):
Trackspec Autosports, 7100 Stevenson Blvd.
Suite 200, Fremont, CA 94538, County of Alameda
Registrant(s):
Trackspec Autosports, Inc. 7100 Stevenson Blvd.
Suite 200, Fremont, CA 94538, CA
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].

Is/ Jonatha Vo, President

This statement was filed with the County Clerk of Alameda County on August 27, 2014

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filled in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/2, 9/9, 9/16, 9/23/14

### FICTITIOUS BUSINESS NAME STATEMENT File No. 495038

Fictitious Business Name(s): Sirat Pizza Inc., 40831 Fremont Blvd., Fremont, CA 94538, County of Alameda

CA 94531. (County of Alameda Registrant(s): Sirat Pizza Inc., 4123 Bristlecone Way, Livermore, CA 94551; California Business conducted by: a Corporation The registrant began to transact business using the fictitious business name(s) listed above on

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a mis-

the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Davinder Thind, President
This statement was filed with the County Clerk of Alameda County on August 15, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section on which it was itted in other of the county den, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/2, 9/9, 9/16, 9/23/14

CNS-2662077#

#### FICTITIOUS BUSINESS

NAME STATEMENT File No. 495323 Fictitious Business Name(s): One World Kitchen and Bath, 37767 Arlene Ct., Fremont, CA 94536, County of Alameda Registrant(s):

Lopez, 37767 Arlene Ct., Fremont, CA 94536

Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on

declare that all information in this statement I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ Fernando Lopez

This statement was filed with the County Clerk of Alameda County on August 25, 2014

Is/ Fernando Lopez
This statement was filed with the County Clerk of
Alameda County on August 25, 2014.
NOTICE: In accordance with subdivision (a) of
Section 17920, a fictitious name statement generally expires at the end of five years from the date
on which it was filed in office of the county clerk,
except, as provided in subdivision (b) of Section
17920, where it expires 40 days after any change
in the facts set forth in the statement pursuant
to section 17913 other than a change in the
residence address of a registered owner. A new
fictitious business name statement must be filed
before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business
name in violation of the rights of another under
federal, state, or common law (see Section 14411
et seq., Business and Professions Code).
9/2, 9/9, 9/16, 9/23/14

CNS-2661519#

CNS-2661519#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 495094
Fictitious Business Name(s):
Basra Trucking, 5129 Valpey Park Ave.,
Fremont, CA 94538, County of Alameda
Registrant(s):

Registrant(s):
Registrant(s):
Rupinderjit Singh Basra, 5129 Valpey Park Ave.,
Fremont, CA 94538
Navdeep Kaur Basra, 5129 Valpey Park Ave.,
Fremont, CA 94538
Business conducted by: Married Couple
The registrant began to transact business using
the fictitious business name(s) listed above on
2005.

2005.
I declare that all information in this statement

2005.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Rupinderjit Singh Basra This statement was filed with the County Clerk of Alameda County on August 18, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

CNS-2661392#

#### **FICTITIOUS BUSINESS** NAME STATEMENT File No. 495240 Fictitious Business Name(s):

Back to the Future Antiques, 37671 Niles Blvd., Fremont, CA 94536, County of Alameda Registrant(s): William Core William Corey Cardwell, 328 Chlones St. Fremont, CA 94539 Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a mis-demeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ William Corey Cardwell
This statement was filed with the County Clerk of Alameda County on August 22, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement gener-Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filled in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration

Incutious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/2, 9/9, 9/16, 9/23/14

CNS-2660433#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 495221
Fictitious Business Name(s):
Republic Building Maintenance, 29831
Clearbrook Cir. #1, Hayward, CA 94544, County of Alameda
Registrant(s):
Peter Pajoluk, 29831 Clearbrook Cir. #1,
Hayward, CA 94544.
Oxanne Pajoluk, 29831 Clearbrook Cir. #1,
Hayward, CA 94544.
Business conducted by: married couple
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

Business conducted by: married couple
The registrant began to transact business using
the fictitious business name(s) listed above on
N/A.

I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code that
the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one
thousand dollars [\$1,000].)
/s/ Peter Pajoluk
This statement was filed with the County Clerk of
Alameda County on August 21, 2014.
NOTICE: In accordance with subdivision (a) of
Section 17920, a fictitious name statement generally expires at the end of five years from the date
on which it was filed in office of the county clerk,
except, as provided in subdivision (b) of Section
17920, where it expires 40 days after any change
in the facts set forth in the statement pursuant
to section 17913 other than a change in the
residence address of a registered owner. A new
fictitious business name statement must be filed
before the expiration.
The filing of this statement does not of itself authorrize the use in this state of a fictitious business
name in violation of the rights of another under
federal, state, or common law (see Section 14411
et seq., Business and Professions Code).
9/2, 9/9, 9/16, 9/23/14

### FICTITIOUS BUSINESS NAME STATEMENT File No. 495163 Fictitious Business Name(s):

Pictitious Business Name(s):
Phillip Peng Consulting, 34288 Torrington
Place, Fremont, CA 94555, County of Alameda
34288 Torrington Place, Fremont, CA 94555 ...g.suani(s): Phillip Peng, 34288 Torrington Place, Fremont, CA 94555 Registrant(s)

Business conducted by: an individual.

The registrant began to transact business using the fictitious business name(s) listed above on declare that all information in this statement

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) thousand dollars [\$1,000].)
/s/ Phillip Peng
This statement was filed with the County Clerk of Alameda County on August 20, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new

residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself autho rize the use in this state of a fictitious business name in violation of the rights of another under

federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/2, 9/9, 9/16, 9/23/14 CNS-2659936#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 495762
Fictitious Business Name(s):
Joanna Peng Consulting, 34288 Torrington Pl.,
Fremont, CA 94555, County of Alameda.
Registrant(s):
Joanna Peng, 34288 Torrington Pl., Fremont,
CA 94555.

CA 94555 CA 94555.
Business conducted by: an individual.
The registrant began to transact business using the fictitious business name(s) listed above on

declare that all information in this statement I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

demeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Joanna Peng
This statement was filed with the County Clerk of Alameda County on August 20, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

8/26, 9/2, 9/9, 9/16/14

CNS-2659929#

CNS-2659929#

#### FICTITIOUS BUSINESS

FICTITIOUS BUSINESS

NAME STATEMENT
File No. 494693
Fictitious Business Name(s):
Alliance Realty & Loans, 638 Sammie Ave.,
Fremont, CA 94539, County of Alameda; P.O.
Box 15202, Fremont CA 94539; Alameda

Registrant(s): Hsiaomei Liu, 638 Sammie Ave., Fremont, CA

Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on N/A declare that all information in this statement

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000]. /s/ Hsiaomei Liu Bank
This statement was filed with the County Clerk of Alameda County on August 5, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

8/26, 9/2, 9/9, 9/16/14

CNS-2659909# **FICTITIOUS BUSINESS** 

#### NAME STATEMENT

File No. 495176
Fictitious Business Name(s):
Round Table Pizza, 37480 Fremont Boulevard,
Fremont, CA 94536, County of Alameda Registrant(s): LOV Pizza, Inc., 37480 Fremont Boulevard, Fremont, CA 94536, CA

Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on declare that all information in this statement

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that 17913 of the business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Larry O. Voellger, President

This statement was filed with the County Clerk of Named & County or August 20, 2014

Alameda County on August 20, 2014 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement ally expires at the end of five years from the date

on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration

before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/26, 9/2, 9/9, 9/16/14

CNS-2659454#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 494908
Fictitious Business Name(s):
First Class Luxury Limousine, 3159 Rowe
Place, Fremont, CA 94536, County of Alameda
Registrant(s):

Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on

The registrant began to transact business using the fictitious business name(s) listed above on n/a
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
Is/ Harjit Singh
This statement was filed with the County Clerk of Alameda County on August 12, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filled in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

CNS-2659375#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 495058
Fictitious Business Name(s):
Knight Rider Towing, 4978 Audrey Dr., Castro
Valley, CA 94546, County of Alameda
Registrant(s):

Radino Joanino, 4978 Audrey Dr., Castro Valley, CA 94546 CA 94546
Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on

I declare that all information in this statement I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Radino Joanino Isl Radino Joanino
This statement was filed with the County Clerk of Alameda County on August 15, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement gener-

except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself autho-

ally expires at the end of five years from the date on which it was filed in office of the county clerk,

rize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/26, 9/2, 9/9, 9/16/14

### CNS-2659342#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 495112
Fictitious Business Name(s):
A Spirit Event Management, 4636 Via Madrid,
Union City, CA 94587, County of Alameda
Registrant(s):
Nirav Ghunchala, 4636 Via Madrid, Union City,
CA 94587

ผล 3400/ Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on n/a

the fictitious business name(s) listed above on n/a
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

//s/ Nirav A. Ghunchala
This statement was filed with the County Clerk of Alameda County on August 19, 2014

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

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CNS-2659296#

#### **GOVERNMENT**

City of Union City Department of Public Works Works
Notice Inviting Bids for
WHIPPLE ROAD PAVEMENT REHABILITATION
PROJECT
City Project No. 13-10
Federal Project
No. STPL 5354(036)

Sealed proposals for the work shown on the plans entitled: Whipple Road Pavement Rehabilitation Project, City Project No. 13-10 will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, until THURSDAY OCTOBER 16, 2014, 2:00 P.M., at which time they will be publicly opened and read which time they will be publicly opened and read in the Council Chambers of said building. The Contractor shall possess a Class A license at the time this contract is awarded. Bids are required for the entire work described herein. This contract is subject to the State contract mondiscrimination and time this contract is awarded. Bids are required for the entire work described herein. This contract is subject to the State contract nondiscrimination and compliance requirements pursuant to Government Code Section 12990. Plans, specifications and proposal forms to be used for bidding on this project can only be obtained at the Department of Public Works, 34009 Alvarado-Niles Road, Union City, California, or by calling (510) 675-5308. In addition, you may call (510) 675-5308 for a copy of the Plan Holder's List. Plans and specifications fees are as follows: NON-REFUNDABLE FEE OF \$ 45.00 PER SET WHEN PICKED UP AT THE PUBLIC WORKS' COUNTER OR \$ 55.00 IF REQUESTED TO BE MAILED General Work Description: The work to be done, in general, consist of milling and overlay of Whipple Road from Amaral Street to Ithaca Street, striping of bicycle lanes, hot-mix asphalt spot repairs (digously, spot sidewalk repairs and sidewalk ramp upgrades or reconstruction and all associated items indicated and required by the plans, Standard Specifications, and these technical specifications. And these special provisions and other such items indicated and required by the plans, Standard Specifications, and these technical specifications. All questions should be faxed to Michael Renk, Civil Engineer III City of Union City, at (510) 489-9468. The successful bidder shall furnish a Payment Bond, a Performance Bond, and a Maintenance Bond. Minimum wage rates predetermined by the Secretary of Labor are set forth in the special provisions. If there is a difference between the minimum wage rates predetermined by the Secretary of Labor are set forth in the special provisions for this project as predetermined by the Secretary of Labor are set forth in the special provisions. If there is a difference between the minimum wage rates predetermined by the Department of Industrial Relations are of mages in the county in which the work is to be done has been determined by the Director of the wage rates. Pursuant to Section 1773 of the Labor Code, the ge

Registrant(s): Harjit Singh, 3159 Rowe Place, Fremont, CA 94536

#### PUBLIC NOTICES

of California, Department of Transportation DBE Program Plan. Section 12, titled "Disadvantaged Business Enterprises (DBE)" of these special provisions cover the Disadvantaged Business Enterprise (DBE) requirements. The DBE contract goal is 10 percent. CITY OF UNION CITY DATED: September 16, 2014 9/16, 9/23/14

CNS-2667141#

CITY OF UNION CITY NOTICE OF PUBLIC HEARING NOTICE IS HEREBY GIVEN that a public hearing will be held by the City of Union City for the purpose of considering the following project application:

Site Development Review Permit Modification (MOD-14-004)
The applicant, Pappas Union City, LP, is seeking a modification (MOD-14-004) to the conditions of approval for Site Development Review (SD-02-09), regarding the City Council's January 12, 2010 approval for the construction of a 17,400 square-foot building located at 31300 Courthouse Drive (APN: 463-0060-048), in the Union Landing Commercial zoning district, between Best Buy

and Babies R Us in the Union Landing shopping center. Since the Council's approval in 2010, the building has been constructed and has remained vacant. Notice is also given that this project is exempt under Section 15301, Class 1, Existing Facilities, of the California Environmental Quality Act (CEQA).

Interested persons are invited to submit written comments prior to, and may testify at, the Public Hearing. Details regarding the Public Hearing are listed below. For further information, contact Nancy Hutar, Project Planner, at (510) 675-5406 or nancyh@unioncity.org.

PLANNING COMMISSION MEETING Thursday, October 2, 2014

Said hearing will be held at 7:00 p.m.In the Council Chambers of City Hall,34009 Alvarado-Niles Road, Union City.

The Planning Commission meeting packet, which includes the meeting agenda and staff report for this project, can be accessed on-line on the City's Agendas and Minutes webpage which is located at <a href="http://lf2.unioncity.org/weblink8/Browse.aspx">http://lf2.unioncity.org/weblink8/Browse.aspx</a>?startid=19160&row=1&dbid=0Meeting packets are generally available on-line the Friday before the meeting.

City Hall is accessible by Union City Transit lines 1, 3, 5, 6, 8, 9 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please call Union City Transit at (510) 471-1411 and AC Transit or BART at 511. Union City Transit maps and schedules are available at www.uctransit.org.

JOAN MALLOY Economic & Community Development Director 9/16/14

CNS-2666878#

### Help identify a robbery suspect

SUBMITTED BY FREMONT PD

On September 1 and 3, the same suspect robbed two retail establishments in Fremont. The suspect is described as a Middle Eastern or Hispanic male adult, approximately 25 years old, 5'10" - 6', 160-180 lbs., with a goatee, wearing dark sunglasses, a hooded sweatshirt, khaki shorts, white ankle socks and grey shoes.

The first incident occurred on Monday, September 1, at 10:42 p.m. The suspect entered the Walgreens store, located at Decoto Rd. / Fremont Blvd., selected a soda and approached the cashier. He then put down the soda and gave the clerk a demand note and verbally stated that he had a gun. The victim complied with the demand. The suspect fled the scene and the clerk never saw a weapon.

The second incident occurred on Wednesday, September 3 at 4:44 a.m. at the 7-Eleven store located on Central Ave. In an almost identical manner, the suspect entered the store, again selected a drink and approached the cashier. After passing the demand note, the suspect covered his face with a black and white cloth and stated that he had a gun. The clerk complied with the demand and the suspect fled the store. No gun or suspect vehicle was seen.

The same suspect may also be responsible for similar incidents in San Jose and in San Mateo.

If anyone recognizes the suspect, you are asked to please contact the Fremont Police Department's Investigative Unit at (510) 790-6900 or email Detective Jason Franchi at Jfranchi@fremont.gov. You can also submit an anonymous tip by texting "Tip FremontPD" followed by the tip to 888777.

## Hayward hosts citywide clean-up event

SUBMITTED BY KEEP HAYWARD CLEAN & GREEN TASK FORCE

The City of Hayward and Keep Hayward Clean & Green (KHCG) Task Force present the "Litter Clean-Up and Graffiti Removal" event on Saturday, September 27. Join KHCG and meet at Mt. Eden High School for a clean-up around Palma Ceia neighborhood and Hesperian Blvd., from Industrial Blvd. to Sleepy Hollow Ave.

Make a difference in your community by helping to beautify our City. Help preserve your neighborhood through self-reliant community activities. Participating in this citywide cleanup is a great way to meet your neighbors, get some exercise and take pride in what will be accomplished. All Mt. Eden High School students who participate will earn double community service hours and will be eligible to enter their names to a drawing for a gift card. Please note, adult supervision is not provided by the City of Hayward at this event. All volunteers under the age of 18 must be accompanied by a participating adult.

For more information, contact Chuck Horner at (510) 589 – 9677 or via email at churck@com-

cast.net; or Blytha Bowers at (510) 303 – 7924 or via email at blytha@aol.com. Interested participants may pre-register by Thursday, September 25 at noon by sending the registration form to Colleen Kamai at colleen.kamai@hayward-ca.gov or by fax at (510) 583 - 3601. To access the registration form, visit www.hayward-ca.gov/khcg. Same-day registration will be accepted. Supplies, maps, and instructions will be provided; please bring your own gloves.

Litter Clean-Up and Graffiti Removal
Saturday, Sep 27
8:30 a.m. – 12 p.m.
Meet at Mt. Eden High School
2300 Panama St., Hayward
(510) 589 – 9677
(510) 303 – 7924
churck@comcast.net
blytha@aol.com
www.hayward-ca.gov/khcg

### A project with purpose

By Jesse Peters
Photos courtesy of Project Walk

ission Peak blazes yellow against a cloudless cobalt blue sky as you take the last turn into a complex of similar square grey buildings. Glass doors open to an explosion of colors that match the landscape behind you. The walls are as rich in color and warmth as the staff that greets you. The air is cool yet charged with a perceptible positivity. Project Walk of Fremont is the most recent of many facilities opening nationwide helping those with spinal injuries do things they were told they may never do again. For all who pass through its doors, Fremont's facility is a place unlike any other.

Project Walk is in its first year in the Bay Area, having opened in March 2014 to assist those affected by spinal cord injuries, paralysis, or mobility related disorders. The atmosphere is filled with music and laughter as clients work with specialists on various pieces of equipment. A rainbow of resistance bands hangs near a fire-engine red squat rack, the clanking of weights in the cable cross machine sounding like applause for the client as he pulls the weights with legs belted to the physical therapy table. "It is as much a mental thing as a physical thing," explains Facility



Manager Chris Metzler. "We are trying to find the mental/physical connection again with the clients. We have a lot of gym

equipment but we use it in an untraditional way." Project Walk is the only program in the world that utilizes the Dardzinski Method, which is "based on intensive exercise routines that target each individual's weaknesses and retrain the nervous system to respond appropriately."

Clients work in hour-long sessions one-on-one with their specialist. Oftentimes the client will work with different specialists throughout their session. The staff is as diverse as the spinal injuries of the people they help. All three specialists offer a unique perspective for their clients; a physical therapist graduate, a former probaseball player and a yoga instructor encompass a range of approaches designed to cater to the individual. "We all work together," says Kyle Yamauchi, a Certified Specialist. "The table is where it happens," he says pointing to the 10 foot square therapy table where there is a client. "We

act as their nervous system, moving them through planes of movement. You'll start to see him spasm trying to hold it." Each second his legs are not losing to gravity is a personal victory that everyone celebrates. This moment may be one to add to the wall behind him, which lists the achievement of clients in colorful letters under Client Milestones, all dated within the past three weeks. On the opposite wall the words "KNOWLEDGE. DETERMINATION. RESULTS" are emblazoned in large letters.

People travel from around the world for Project Walk's unique approach to spinal recovery. The sessions are not covered by insurance but those able to pay are determined to get results. "The stuff you get to see and what people are doing, and the breakthroughs they are making," Metzler says looking at the current session, "it's a joy to be here every day." Project Walk tries to create a sense of community, allowing those with spinal cord injuries to connect and find strength in each other. Those who have recently been injured can find something in those who have suffered a lifetime from a spinal disorder.

They do not promise that everyone will walk again, but many are able to accomplish things they would not have been able



to had it not been for Project Walk. After applying to Project Walk a potential client must get a bone density scan so the specialists know what load bearing exercises can be performed without adverse effects. The equipment they use ranges from simple resistance bands to a piece of equipment designed by the Russian aerospace program for their astronauts to retain bone density and muscle mass in zero gravity.

The service these specialists perform is uniquely catered to each client. Unlike a personal trainer at a gym with a set workout (warmup, weights, cardio, etc.) no plan for the session exists. Instead they follow where the client's body is allowing the most ground to be gained that day. "Every injury is going to be completely different," explains Metzler. "Their body is going to respond to it differently based on age, how they were injured, how their body is." A family member or close friend can participate in a Train your Trainer program, which allows for some exercises to be done at home. "There's a balance between work and rest." Yamauchi elaborates, "Many of the clients haven't used their muscles in years and recovery is a necessary part of their progress."

Though the building may be another of the cookie-cutter grey buildings in Fremont, what happens behind the doors of Project Walk is undoubtedly unique. The passion for progress, the determination of the specialist/client team, and an atmosphere so charged it's nearly electric, Project Walk is a place of hope for everyone.

To learn more about Project Walk, call (510) 623-1924 or visit http://project-walk.com/San-Francisco/index.asp.



# Children's theater auditions

Children's Repertory Theater (CRT) is holding auditions for "The Seussification of Romeo and Juliet" written by Peter Bloedel. The play is a whimsical reinvention of Shakespeare's tragic love story, complete with rhymed couplets, creative wordplay, and fantastical machines – similar to something Dr. Seuss might have come up with if he ever had his way with the script...

Auditions are for kids ages 7 to 16 and will be held Wednesday, September 24. Directed by Grant Ewing, rehearsals will be on Wednesdays beginning October 1 from 6:00 p.m. to 8:30 p.m. Performance dates are Friday and Saturday, December 12 and 13 (dates to be confirmed).

Registration is required. Go to www.RegeRec.com and enter barcode #214985. The cost is \$295 for Fremont residents and \$300 for non-residents.

Auditions for The Seussification of Romeo and Juliet
Wednesday, Sep 24
6:00 p.m. - 8:30 p.m.
Niles Veterans Memorial Building
37154 Second St, Fremont
(510) 494-4322
www.RegeRec.com
Cost: \$295 residents, \$300 non-residents

## Help plan LOV's Thanksgiving Dinner

SUBMITTED BY SHIRLEY SISK

League of Volunteers (LOV) is seeking interested community members who would like to be part of the core committee to help provide thousands of Thanksgiving Day meals to the community including those who might otherwise spend the day alone, lack resources or shelter and the homebound. A kick off planning meeting is scheduled for Wednesday, September 24 in Newark and all interested are encouraged to attend.

Last year 4,116 meals were served to our guests at the Newark Pavilion and deliveries to the home-bound in Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo and Castro Valley.

#### Please consider volunteering and many thanks!

LOV Thanksgiving planning meeting
Wednesday, Sept 24
5:30 p.m.
League of Volunteers
8440 Central Ave, Suite A/B, Newark
(510) 793-5683

Deadline extended for

### Fine Art Show

#### SUBMITTED BY AVANTHI KANMATAREDDY

The Fremont Art Association's 49th annual "Fine Art Show" is fast approaching! For those wishing to participate, the deadline for submissions has been extended to Thursday, September 18. Artists can submit their work in the mediums of Oils and Acrylics, Water Media, Graphics (includes: Pastel, Graphite, Mixed Media, and Computer-generated), Three-Dimensional, and Photography. Receiving Day will be Monday, September 22 and/or Jury Day, Tuesday, September 23.

Submit your entry and mark your calendars for the Gala Reception & Awards on Sunday, September 28, celebrating you and your fellow artists, and your brilliant creativity on display at the "Fine Art Show."

The prospectus is on the FAA website: www.fremontartassociation.org and at the FAA Gallery (37697 Niles Boulevard, Fremont). Mailed entries must be postmarked by September 18. Call (510) 792-0905 with any questions or for further information.

### Team ERA supports Abode



Members of the ERA 53 team pose after a fundraising event:
Front row (kneeling): Missty, Mycah and Bina Middle row: Katrina, Usha, Denise, Eunique and Remonda Back row: Rajvir, Ruby, Jael, Erik and Jason

#### SUBMITTED BY PAUL T. ROSYNSKY

he donations began trickling in during the first week of June. There was a \$10 submission from Chicago, a \$25 contribution from Los Angeles. Donations came from Seattle, New York City and Dallas. One after another, the donations streamed in from all over the country to Abode Services, a Fremont nonprofit organization working to end homelessness.

Most donations were made online through the Abode Services website (www.abodeservices.org), while others were checks, mailed to the nonprofit's office. But all donations had one thing in common—they could be traced back to a team of classmates with a goal of raising funds to help in the fight against homelessness.

ERA 53 came together as students enrolled in a life enrichment program at New Era Trainings in Concord. Classmates, adults in the middle of their careers, debated several causes to support and decided to focus on ending homelessness after hearing the personal stories of two team members who had experienced life without a home. "We want to make a difference that is close by and visible," said Ruby, an ERA 53 member who has raised thousands of dollars towards the team's goal. "We should not have homelessness in our country."

The team chose to focus on homelessness after classmates Denise and Katrina shared their personal stories that illustrated just two of the many ways people can find themselves without a home. For Denise, homelessness was

part of a troubling addiction to drugs and alcohol. For Katrina, it came after she lost her real estate business during the 2008 housing crisis. The team selected to focus its generosity on Abode Services because Denise had remembered that Abode helped her as she began her journey out of addiction. Denise told fellow students how their serv-

clothing and healthcare. Mean-while, Katrina remembered that she once sought help from Abode when she, and her 3-year-old son, were living on the couch in a friend's basement. "I've never forgotten how crucial and important Abode's services were," Denise said. "Having been one of the people that needed the services, I can say you guys [Abode] were there and I am so eternally grateful."

ices provided her with shelter,

Each of the team's 12 members has been collecting donations since June in hopes of generating \$50,000 to help those without homes. So far, the team has raised more than \$25,000! The group's name, ERA 53, is a combination of the school name and their class number. They were class number 53 at New ERA Trainings.

Katrina said she hopes ERA 53's efforts raise awareness on how quickly many in our area can find themselves homeless. "If you would have told me that I was one step from being homeless, I would have told you, you were crazy," said Katrina, who lost a \$750,000 home and more than \$100,000 in savings. "But that made me have a whole new appreciation for those who are homeless and how they

got there. That is something most people don't get, you are always one step from being homeless."

For more information about Abode Services or how you can help end homelessness, visit www.abodeservices.org or email: info@abodeservices.org.



Members of the ERA 53 team during fundraising masquerade ball (Left to right): Usha, Erick, Missty, Katrina, Bina, Jason, Remonda, Denise, Rajvir, Jael, Ruby, and Mycah

continued from page 1

## Aloha Fun Day



Ote'a Api, meaning "a new beginning." In 1990, Manaois's son Anthony Waipa became Director-Choreographer and her daughter, Katrina Hali'imaile, Co-Director of Ote'a Api.

Over the last few years, Waipa has led Ote'a Api to awards at the San Jose Tahiti Fete, Kiki Raina Tahiti Fete, Kauai Tahiti Fete, and Kauai Polynesian Festival. The school continues to perpetuate traditional dances of Hawaii and Tahiti with its 150 students who attend classes every evening. Earlier this year, the school also received a distinguished award from the City of Fremont as an exceptional small business in the community.

The school will host an "Aloha Fun Day" fundraiser on

September 20, featuring dance performances, DJ music, a walka-thon, kids' activities at the keiki corner, a raffle, dance demonstrations, food trucks and apparel trailers. The day will be filled with fun and entertainment for all age groups.

According to "Aloha Fun Day" program coordinator Lorraine Libatique, the event is the first in a series of fundraisers to participate in a unique dance showcase in Tahiti in 2015. The Polynesian Cultural Exchange festival, Farereira'a I Tahiti 2015, is a gathering of people that practice the art form of "Ori Tahiti." The Tahitian festival has selected a few schools from across the world to perform at the event, including Hula Halau 'O Nalua and two

### Dance in the Spirit of Dandiya

PHOTO BY NIRAV GHUNCHALA

At the end of September, the Indian community will begin celebrating Navratri, a nine-day Hindu festival dedicated to Goddess Durga. Dandiya, or "The Sword Dance" is a traditional Indian folk dance that is part of Navratri celebrations in Western India. The dance depicts a mock fight between Mahishasura, the mighty demon-king, and Durga. Women dress in colorful, traditional attires and heavy jewelry, while men wear special turbans. The dancers hold sticks (dandiyas), which represent the swords of Durga, while moving in a complicated, choreographed manner to music with various rhythms and percussion.



Take part in this celebration as A Spirit Events presents the first annual Spirit Dandiya 2014 on Saturday, September 20 at Centerville Junior High School in Fremont. This free event features a fashion show, performances by Teesta Bharti and Twisha Anand, music provided by DJ Shem, live Dandiya training by Starlight Dance & Fitness, and a raffle for a chance to win a television. Several booths will also be on site, including food; henna tattoo; Indian clothing, jewelry, and accessories; insurance companies, and Vonage.

Please RSVP by sending an email to info@aspirit.us or online at www.aspirit.us/events. Those interested in sponsoring the event or reserving a booth may contact Nirav Ghunchala at (510) 870-4693. For more information, call Preeti Kang at (510) 509 - 8890 or Supreet Hundal at (510) 331 – 9517.

> Spirit Dandiya 2014 Saturday, Sep 20 7 p.m. Centerville Junior High School 37720 Fremont Blvd, Fremont (510) 509 - 8890(510) 331 - 9517RSVP: info@aspirit.us www.aspirit.us/events Free

other Californian schools. This grand and unique festival is held only once in three years, so it is a matter of pride to be a participant. Students hope to gain valuable insight into the history, style and intricacies of Tahitian dancing at the festival.

Organizers hope the events will generate enough funds to defray the cost of travel and lodging for the performers. Most people, including the families of the performers, will be housed in local churches with common sleeping facilities to keep the budget low. Despite that, funds are needed to meet additional expenses.

To help support the Polynesian Cultural Exchange and for a day of fun, purchase tickets for "Aloha Fun Day" by calling Hula Halau 'O Nalua/ Ote' a Api School of Polynesian Dance at (510) 657-4852.

Aloha Fun Day Saturday, Sep 20 10 a.m. - 4 p.m. Hula Halau 'O Nalua Ote'a Api 42285 Osgood Rd, Suite D, Fremont (510) 657-4852 http://www.pacificexchangeprod.com/ Tickets: \$5 for ages 13+, \$3 for ages 4 -12, free for kids

under age 3 Free parking

#### THE FREMONT SYMPHONY GUILD PRESENTS PIERCE WANG AND KHOI LE IN RECITAL



These award-winning young musicians will astonish you with their maturity and musicality.

Don't miss this exciting performance!



Sunday, September 28, 2014 at 3 pm First United Methodist Church 2950 Washington Blvd., Fremont

\$25 Adults · \$10 Students · Group discounts available

A reception after the performance will include refreshments and a chance to meet and visit with the artists.

> For tickets or more information 510-371-4850 cdockter@fremontsymphony.org

All proceeds benefit the Fremont Symphony Orchestra









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