



Historic Railroad Fair steams into town



Refuge Race fosters discovery and health



Passport exhibit showcases members' art



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Modesty is hardly an ingredient for Filipino-Americans when it comes to the Philippine National Dish; “They all say that their own version of Adobo is the best!” says Joey Camins, organizer of the Adobo Festival. But now, Filipino-Americans across the Bay Area can prove whose stew is the most “masarap” (delicious) and unique, August 23

and 24 at Kennedy Park in Union City. This will be the third time the Adobo Festival, now in its ninth year, has been held in this city. The Adobo Festival has come a long way. It started in a small parking lot in Daly City with just a few booths and grows larger every year. “Organizing a festival is not easy,” says Camins. “You need dedication and hard work to make it successful. It doesn’t end on just getting sponsors

and vendors; marketing and letting everyone know you exist is the hardest part,” he added. “I am lucky to have my wife and our team that has been there with us since the beginning. They grow with me; we all grow together with the festival.” The festival has been held on the Peninsula, East Bay, Sacramento, Stockton, Vallejo and South Bay creating a

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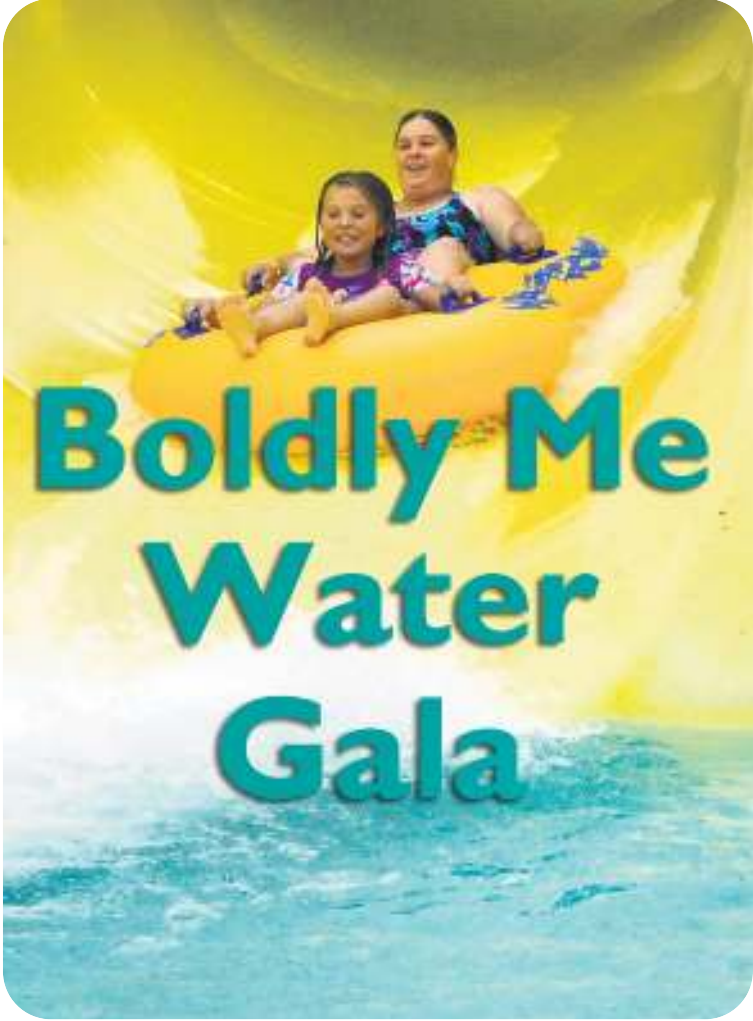
Flight to Freedom

BY MEDHA RAMAN

Although owls might seem to be prolific only in fantasy stories such as “Harry Potter,” barn owls are considered to be the most widespread land bird species in the world, found on all continents except Antarctica, and can be seen in their nests all over the Bay Area. If you’ve never spotted one, you can get an up-close look as a young barn owl is released from Sulphur Creek Nature Center at the “Flight to Freedom” event on August 23. Sulphur Creek is a wildlife rehabilitation and education center located in Hayward, whose mission is “to instill a sense of responsibility for the welfare of our world by bringing people and animals closer together through wildlife rehabilitation and education.” As part of their goal, Sulphur Creek runs educational programs for people of all ages, ranging from the entertaining Toddler Time to informative and interesting adult programs such as Birds of Prey. The center also takes in over 800 native hurt, sick or orphaned animals a year from Castro Valley, San

Lorenzo, and Hayward and treats them at their wild animal hospital. One such animal was a young barn owl, brought in by a community member after falling from a palm tree in San Lorenzo this May. Barn owls are lanky, with a whitish heart-shaped face, snowy chest and belly, and buff-colored upperparts along with a grey or brown back. Unlike the hoots of other owls, the barn owl has eerie, raspy calls. Its food normally consists of small mammals, depending on local abundance. The barn owl is nocturnal and uses its keen sense of hearing, efficient maneuvering ability, and quiet flying capacity when hunting in the dark. Orphaned, skinny, and dehydrated when he arrived, the young owl has recuperated with the help of Sulphur Creek employees. He was housed with the only other resident barn owl at Sulphur Creek for companionship, important for orphaned owls so those who have only been around people will know that they are an owl. Fed mice until he was able to eat on his own, he

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BY LINDA-ROBIN CRAIG
PHOTOS BY BECKETT GLADNEY

Wouldn’t it be nice to go to a party with no wallflowers, where you didn’t have to worry about fitting in, being sized up, or judged down? Where you could just jump in and have fun? Well, there is such a party, such a place, and you are invited! Two years ago, Alanna Powell decided to be bold, and, in essence said, here I am, world, and I have a beautiful, bald head. Powell tossed her wig away, embraced her Alopecia Universalis (an illness causing total hair loss) that she’d had since the age of two, then reached out to others who were different. Boldly Me was born. Together with Aqua Adventure Waterpark, Boldly Me is holding their annual “Water Gala” on Sunday, August 24. That means food, fun, and relaxing in the sun. Oh, and a bathing suit – yikes. Powell, president and founder of Boldly Me, understands the fear that donning a swimsuit strikes into the heart of otherwise stalwart folks. “Water play is one of the most vulnerable types of exposure a person can face,” comments Powell. “Fear of being judged and rejected by

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Washington Hospital Honors ICU Essay Contest Winners

Part I of a 3-Part Series

Every year since 2008, Washington Hospital has observed National Critical Care Awareness and Recognition Month in May. Promoted by the Society of Critical Care Medicine (SCCM), the month-long observance encourages members of critical care medical teams to show their dedication to quality patient care while promoting greater public awareness of this essential, life-saving medical practice.

"This year we decided to sponsor an essay contest," says Dr. Carmen Agcaoili, medical director of the intensivist program and co-medical director of the intensive care unit (ICU) at Washington Hospital.

“The essay contest, which was open to all of our staff in the ICU, asked employees to explain what the ‘Right Care, Right Now™’ initiative means to them,” she explains. “Right Care, Right Now means the correct care is delivered at exactly the precise moment to achieve optimal patient outcomes. SCCM maintains that Right Care, Right Now is best provided by an integrated, multidisciplinary team of dedicated experts, directed by a trained, on-site physician credentialed in critical care, often called an intensivist.”

Dr. Agcaoili notes that there were 18 entries in the essay contest from a wide range of medical professionals on the ICU

team. The top three essay writers were recognized during a staff celebration.

First Place Winner

Anu Tharoor, registered nurse

Anu Tharoor will celebrate her 10th anniversary of working at Washington Hospital in December. While her first assignment at the hospital was in the telemetry unit in 5 West, she moved to the ICU after eight months when a position opened up there.

“The essay contest presented a challenge for those of us in the ICU to describe what it means to provide the ‘Right Care, Right Now,’ and I wanted to express my views as a critical care nurse,” she explains. “We have worked hard to improve the way we provide critical care. It is important for critical care nurses to keep up to date on the best way to treat our patients. Our goal is to provide the best possible care for our patients.”

Right Care, Right Now – Providing Quality Care

By Anu Tharoor, RN

Blaring sirens, mad dashing around of health care workers trying to save lives, constant beeping of alarms from monitors, panic-stricken relatives – this is the percep-



Anu Tharoor, RN has been at Washington Hospital for almost a decade. She has spent most of her time at the Hospital as a critical care nurse where she works hard to provide the best possible care for her patients.

tion of a critical care unit for the common man who hasn't set foot in it. As health care professionals, our way of providing care to this man's loved one has gone through a welcome metamorphosis and is still evolving for the better. One of the tools is the "Right Care, Right Now" initiative.

What does “Right Care, Right Now” mean? It means providing the best possible quality care to all patients, all the time, as early as possible, by the right people. How do we ensure the right care is provided each time? Using guidelines such as “evidence-based practices” (EBP) helps us maintain a standard of care for all the patients with a particular problem without many variations across the board. Following the set standard template of care ensures that we deliver care in a safe, effective and timely manner. But as professionals,

we also need to use our judgment and clinical assessment while implementing these guidelines, as the right care might be different for each individual.

That's why I strongly believe that while following a set of guidelines, the care needs to be highly individualized and patient-centered. We should always remember the "patient-first ethic." For a 90-year-old man with terminal cancer admitted for sepsis (a potentially life-threatening complication of an infection), the right care might mean living the last days of his life with his loved ones, remembering the good life he had and passing away with dignity. For another person, it might mean fighting to stay alive for himself and his loved ones, knowing it might be a futile effort. Focusing on a set of standards is a must, but in the midst of running a myriad of tests and procedures, we should make sure the patient's needs are met with ample sensitivity.

That's where another aspect of right care comes in – a multidisciplinary team approach.

How does a multidisciplinary team help us here? This team is comprised of multiple skilled professionals and experts in their respective disciplines. They help us ensure every aspect of the patient's care is taken into consideration, and we achieve our final goal of quality health care. A spiritual-care coordinator is as important to the team as an intensivist. Involving the patients and their families in the care program is another priceless aspect. Making them active members of team discussions – making them feel wanted and important – helps achieve valuable patient-centered care.

Right care should be safe. Multidisciplinary teams ensure this safety by reviewing patient progress daily and reassessing the plan of care. Another tool that ensures

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InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com



	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	08/19/14	08/20/14	08/21/14	08/22/14	08/23/14	08/24/14	08/25/14
12:00 PM 12:00 AM	Learn If You Are at Risk for Liver Disease	Strengthen Your Back! Learn to Improve Your Back Fitness	Diabetes Matters: Diabetes Viewpoint	Fitting Physical Activity Into Your Day	Shingles	Heart Healthy Eating After Surgery and Beyond	Vitamins and Supplements - How Useful Are They?
12:30 PM 12:30 AM				What Are Your Vital Signs Telling You?			
1:00 PM 1:00 AM	Arthritis: Do I Have One of 100 Types?	From One Second to the Next	Raising Awareness About Stroke	Keeping Your Heart on the Right Beat	Prostate Enlargements and Cancer	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	The Weight to Success
1:30 PM 1:30 AM		Inside Washington Hospital: The Emergency Department					
2:00 PM 2:00 AM	Reach Your Goal: Quit Smoking	Washington Township Health Care District Board Meeting July 9th, 2014	Inside Washington Hospital: Stroke Response Team	Washington Township Health Care District Board Meeting July 9th, 2014	Minimally Invasive Treatment for Common Gynecologic Conditions	Voices InHealth: Cyberbullying - The New Schoolyard Bully	Washington Township Health Care District Board Meeting August 13th, 2014 (New)
2:30 PM 2:30 AM					Keys to Healthy Eyes		
3:00 PM 3:00 AM	Latest Treatments for Cerebral Aneurysms	Washington Township Health Care District Board Meeting July 9th, 2014	Important Immunizations for Healthy Adults	Voices InHealth: The Greatest Gift of All	Voices InHealth: Radiation Safety	Don't Let Hip Pain Run You Down	Washington Township Health Care District Board Meeting August 13th, 2014 (New)
3:30 PM 3:30 AM	Inside Washington Hospital: Washington Township Center for Sleep Disorders						
4:00 PM 4:00 AM	Cataracts and Diabetic Eye Conditions	Shingles	Your Concerns InHealth: Sun Protection	Get Back On Your Feet: New Treatment Options for Ankle Conditions	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Learn How to Eat Better!	Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate
4:30 PM 4:30 AM	Keeping Your Heart on the Right Beat						
5:00 PM 5:00 AM	Get Back On Your Feet: New Treatment Options for Ankle Conditions	Lunch and Learn: Yard to Table	Arthritis: Do I Have One of 100 Types?	Voices InHealth: The Legacy Strength Training System	Learn If You Are at Risk for Liver Disease	Sports-Related Concussions	Inside Washington Hospital: Patient Safety
6:00 PM 6:00 AM	Take the Steps: What You Should Know About Foot Care	Women's Health Conference: Aging Gracefully	Prostate Enlargements and Cancer	Vitamins and Supplements - How Useful Are They?	Washington Township Health Care District Board Meeting August 13th, 2014 (New)	Washington Township Health Care District Board Meeting August 13th, 2014 (New)	Diabetes Matters: Diabetes Viewpoint
6:30 PM 6:30 AM		What You Should Know About Carbs and Food Labels					
7:00 PM 7:00 AM	Important Immunizations for Healthy Adults	Fitting Physical Activity Into Your Day	Strengthen Your Back! Learn to Improve Your Back Fitness	Your Concerns InHealth: Vitamin Supplements	Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate	How Healthy Are Your Lungs?	Turning 65? Get To Know Medicare
7:30 PM 7:30 AM	Washington Township Health Care District Board Meeting July 9th, 2014	Shingles	Washington Township Health Care District Board Meeting July 9th, 2014	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma			Voices InHealth: Bras for Body & Soul
8:00 PM 8:00 AM				Learn How to Eat Better!	Get Back On Your Feet: New Treatment Options for Ankle Conditions	Diabetes Matters: Strategies for Support	
8:30 PM 8:30 AM	Vitamins and Supplements - How Useful Are They?	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Voices InHealth: Cyberbullying - The New Schoolyard Bully	How to Maintain a Healthy Weight: Good Nutrition is Key	Strengthen Your Back! Learn to Improve Your Back Fitness	Learn If You Are at Risk for Liver Disease	
9:00 PM 9:00 AM				Sports-Related Concussions			Get Back On Your Feet: New Treatment Options for Ankle Conditions
9:30 PM 9:30 AM	Vitamins and Supplements - How Useful Are They?	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Voices InHealth: Cyberbullying - The New Schoolyard Bully	Women's Health Conference: Aging Gracefully	Strengthen Your Back! Learn to Improve Your Back Fitness	Learn If You Are at Risk for Liver Disease	
10:00 PM 10:00 AM				Sports-Related Concussions			Get Back On Your Feet: New Treatment Options for Ankle Conditions
10:30 PM 10:30 AM	Vitamins and Supplements - How Useful Are They?	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Voices InHealth: Cyberbullying - The New Schoolyard Bully	How to Maintain a Healthy Weight: Good Nutrition is Key	Strengthen Your Back! Learn to Improve Your Back Fitness	Learn If You Are at Risk for Liver Disease	
11:00 PM 11:00 AM				Sports-Related Concussions			Get Back On Your Feet: New Treatment Options for Ankle Conditions
11:30 PM 11:30 AM	Vitamins and Supplements - How Useful Are They?	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Voices InHealth: Cyberbullying - The New Schoolyard Bully	Women's Health Conference: Aging Gracefully	Strengthen Your Back! Learn to Improve Your Back Fitness	Learn If You Are at Risk for Liver Disease	
				Sports-Related Concussions			Get Back On Your Feet: New Treatment Options for Ankle Conditions

Say ‘Yes’ to a Healthier Lifestyle

The first in a series of articles about simple, practical solutions for a lifetime of better health

When it comes to losing weight and improving our health, Americans couldn't be more enthusiastic. The proof lies in the money spent. Weight loss programs and gym memberships in this country are a \$65 billion-a-year industry. And yet, one-third of American adults are obese and another third are overweight. What are we doing wrong?

This is the introduction to a series of articles to help you and your family “get it right” when it comes to adopting healthier practices for a lifetime. Everyday life can be complicated and challenging. With each article, you'll learn thoughtful, practical, simple solutions to help you go from desire to reality—to lose weight and be healthier for life.

Lifestyle, not diet

“The amount of money spent every year on weight loss and fitness shows people really want to get it right,” observed registered dietitian Kimberlee Alvari, director of Food and Nutrition Services at Washington Hospital. “And yet, our lack of success means dieting is not the answer.”

The answer, according to Alvari, is to “rewire” your thinking—to go back to the basics and stop subtracting things from your life and feeling deprived. Get away from “diet denial” and become motivated to eat healthier and to move.

“Instead of asking ‘what do I have to take away?’ say ‘what can I add?’” recommended Alvari. “We need to add in healthy ways of eating and living a healthy lifestyle, and we need to start simple.”

She suggests going to www.MyPlate.gov, the online resource from the U.S. Department of Agriculture that helps you make healthier food choices for yourself and your family. MyPlate.gov, which emphasizes fruits, vegetables, grains, protein foods and dairy groups, is also available in Spanish.

According to MyPlate.gov, you should fill half your plate with fruits and vegetables, with the other half being grains and protein. And here's a key—your plate should measure 9 inches, not 12 inches.

“When you fill a 12-inch plate instead of a 9-inch plate, you are picking up an extra 500 calories,” reported Alvari. “And, just 100 additional calories each time you

eat can cause you to put on about a pound a month. So, it's important to do something as simple as committing to the right size plate.”

Another basic is to focus on color. Stay away from a drab plate of food with lots of browns and whites MyPlate.gov recommends you spice it up by adding bright colored fruits and vegetables, which have far more nutrients.

Some people claim eating fresher and healthier is expensive, but Alvari disputes that.

“Fresh, local, in-season produce is best, but you can also build a healthy diet on canned and frozen fruits and vegetables,” she said. “The upside is it's still better than low-cost, fast foods that are laden with calories and sodium. I've never seen a hungry or overweight person who was eating plenty of canned and frozen fruits and vegetables.”

If you are limited to canned vegetables because of cost and you're concerned about sodium content, Alvari recommends rinsing the vegetables in water before serving. Another suggestion: eat smaller amounts of meat and spend the money you save on fresh fruits and vegetables. Studies show most Americans eat more meat than is necessary for good health.

Move it

“Considering what this country spends on gym memberships, it's amazing that studies report 60 percent to 70 percent of Americans are not getting enough activity to support good health,” commented Alvari. “We're still not moving enough. And yet, moving is one of the simplest things we can do.”

As part of a healthy lifestyle, experts recommend one hour of movement a day. This represents only 4 percent of your day and, even better, you can divide the time up into

smaller increments, such as 30-, 15- or 10-minute segments. The important thing is to make it part of your everyday routine.

“As only 4 percent of your day, moving should be the smallest and easiest part of your commitment to a healthy lifestyle. The trouble is, people tend to put it off, but later becomes never,” said Alvari. “Just remember that after age 30, your metabolism goes down by 5 points every decade. So, as moving may become more difficult, it also becomes even more important for better health.”

When it comes to moving, choose activities you like. It can be as simple as walking—as long as you do it regularly.

As people age, the lifestyle benefits of regular activity continue to grow. Those who are active have a better memory, sleep better, experience less stress, and tend to have a larger social circle. Some studies have shown that regular activity can be just as effective as antidepressant medication in combatting certain forms of depression.

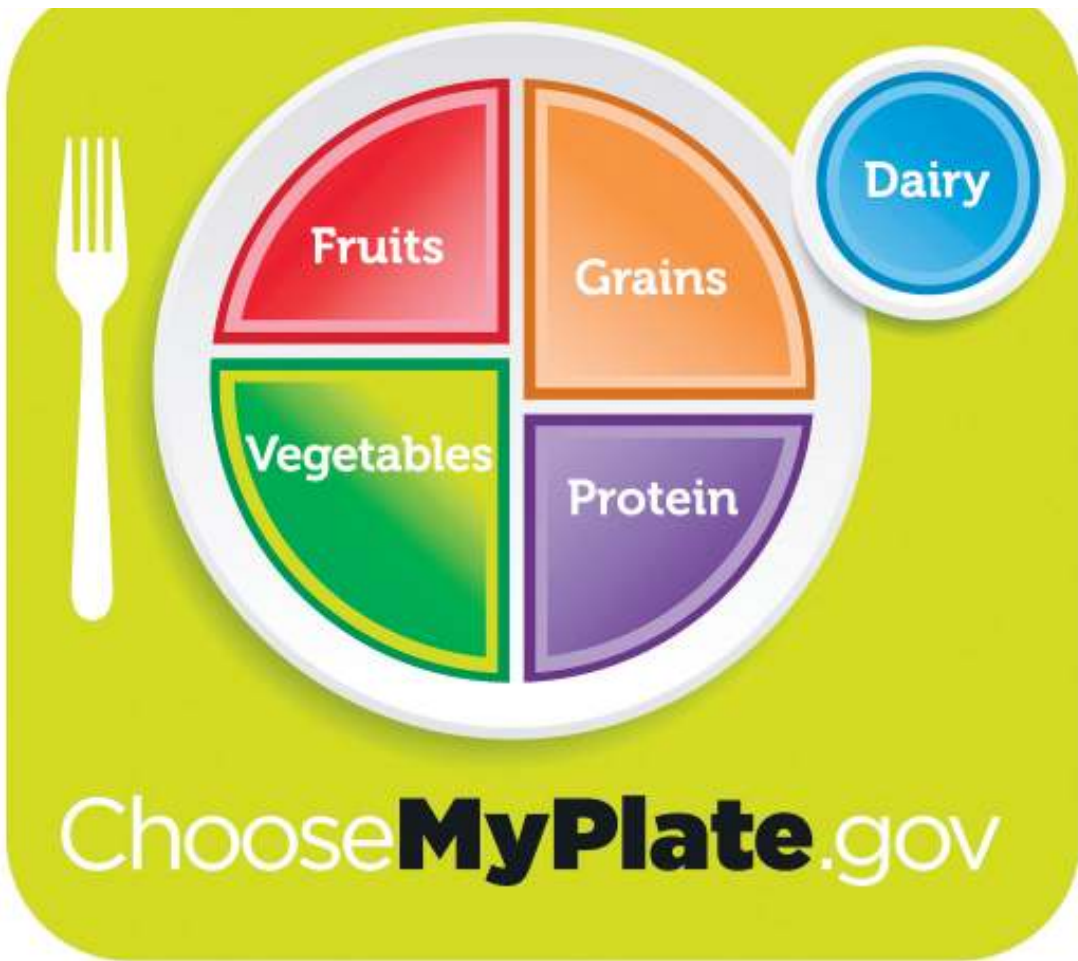
Stay positive

“To adopt a healthy lifestyle for the long term, keeping it simple and focus on the positive,” advised Alvari.

“Words like ‘diet,’ ‘exercise’ and ‘workout’ create a mindset of deprivation and avoidance. Find the healthy things you enjoy eating and doing and add them to your daily routine. If you do, you will have a greater chance of living a longer, healthier lifetime.”

Learn more

Watch for our next article on healthy eating for back-to-school, with tips and information from Food and Nutrition Services at Washington Hospital, www.whhs.com.



Use ChooseMyPlate.gov for health tips and resources.

Medication Safety Training at Washington Hospital Went Global

Two graduate students from the National Taiwan University in Taipei, are currently doing a six-week rotation in medication safety at Washington Hospital in Fremont.

The students, Penny Lu and Ann Fu, who are licensed pharmacists in Taiwan, will return to complete their program in the Graduate Institute of Clinical Pharmacy at National Taiwan University's College of Medicine at the end of August.

Penny and Ann have come to learn the Washington Hospital's “Patient First Ethic”, and to share medication safety models for evaluation and implementation. The two pharmacy students were selected for the Washington Hospital medication safety training rotation following a rigorous interview process at their University, according to Jen Huang, PharmD, Washington Hospital's Medication Safety Officer.

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Jenn Huang, PharmD, Washington Hospital Medication Safety Officer (center) and graduate student interns, Penny Lu (left) and Ann Fu (right).



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Health&Wellness



Free Community Seminars



SPEAKER
Jason Van Tassel, M.D.
Otolaryngology/ Otorhinolaryngology
Washington Township Medical Foundation



To learn more about seminars offered by Washington Hospital:

Visit whhs.com/event/class-registration, or call (800) 963-7070

Seminars may be televised on InHealth, a Washington Hospital Channel (Comcast Channel 78) and online at www.inhealth.tv

Treatment Options for Sleep Apnea

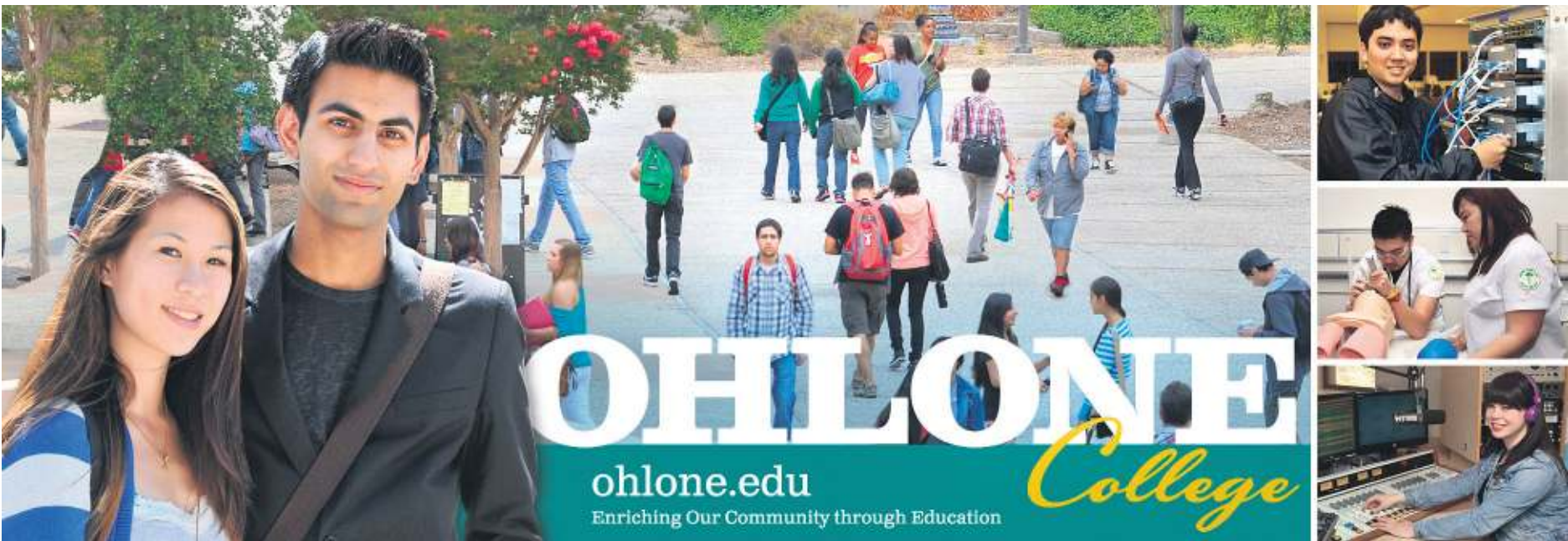
Have you been diagnosed with Sleep Apnea? Is your snoring loud enough to disturb the sleep of others or even yourself? Attend this seminar and hear about Hyoid Suspension, which is a treatment for sleep apnea. Co-sponsored by Washington Township Medical Foundation.

Tuesday, August 26, 2014
1 to 3 p.m.
Conrad E. Anderson, M.D. Auditorium, Rooms A & B
Washington West, 2500 Mowry Ave., Fremont



Stay connected to Washington Hospital through Facebook, YouTube and Twitter. Watch InHealth Channel videos, learn about upcoming events and seminars and see what's happening at your community hospital.





Accrue Assets in Ohlone’s Accounting Program

Accountants will always be in demand, across all industries. With accountants creating fiscal health and capital for individuals and institutions, the job market has historically remained strong and steady for those with a financial background. According to the Bureau of Labor Statistics, employment of accountants and auditors is projected to grow. There is no better time than now to begin a career in accounting, and a great career in accounting begins with a great education.

Ohlone’s accounting program prepares students for an Associate’s Degree, Certificate of Achievement in Accounting, and for transfer into highly competitive business schools in the UC and the CSU systems. The program also serves students who would like to build a knowledge and skills base for employment. Students benefit from impactful interaction in small classes and labs, where exceptional professors like Jim Andrews are readily accessible.



Ohlone Students Attend 2014 Accounting Scholars Development Program

Introducing Professor Jim Andrews

Ohlone College Professor Jim Andrews makes accounting exciting and fun for students. He encourages them to break notions that there are limitations on what they can achieve. “At Ohlone we strive to improve the lives of all community members – students, employees, everyone.” Professor Andrews’ refrain is reflected in his commitment to student success.



Andrews encouraged his students to apply to the highly competitive National Accounting Scholars Development Program. Underwritten by large Fortune 100 firms, the program is designed to promote awareness of accounting careers among underrepresented community college students. Two Ohlone College students were selected out of hundreds of applicants, to participate in the program.

Andrews has been a faculty member at Ohlone College since 2012, and was awarded Faculty of the Month after his first semester. He is a CPA, holds an MBA, and has several years of industry experience in the U.S. and abroad. After retiring from the private sector, he decided that he had so much more to give. That led Andrews to return to school for an EdD in Educational Leadership. That led Andrews to return to school for an EdD in Educational Leadership, which ultimately brought him to Ohlone College.

30th Annual Ohlone College Golf Tournament

Monday September 22!

This year is the 30th anniversary of the Annual Ohlone College Golf Tournament. The Tournament was founded in 1984 by a few Ohlone College coaches and former President and Founder of Fremont Bank, Morris Hyman. Over the past 30 years, Fremont Bank, as Founding Sponsor, has donated over \$300,000 to Ohlone College Athletics through the tournament.

Presenting Sponsor Fremont Orthopaedic & Rehabilitative Medicine (FORM), and generous donors like Gilbane have also continued our com-

munity’s tradition of giving. Thanks to their generous support, our teams play with updated equipment and travel to statewide competitions and post-season playoffs.

This year’s tournament takes place at Castlewood Country Club again. Participants enjoy a great event, including golf on two beautiful courses and a delightful banquet at one of the area’s most exquisite private country clubs.

This event sells out quickly, so register early! For sponsorship opportunities or to play in the 30th Annual Ohlone College

Golf Tournament, please visit ohlonecollegegolf.org or call the Ohlone College Foundation at (510) 659-6020.

Date: Monday, September 22, 2014

Venue: Castlewood Country Club Hill & Valley Course

Format: 4-person best ball scramble

Registration & Breakfast: 9:30 a.m.

Shotgun Start: 11:30 a.m.

Banquet: 4:30 - 7:00 p.m.

UPCOMING EVENTS

Annual College Transfer Day Fair

Ohlone students have the opportunity to meet with admissions reps from four-year colleges and universities. Participants include select campuses from select CSU, UC, independent/private, and out-of-state colleges and universities. Arrive early and be prepared with questions! There may be long lines to speak with certain representatives.

Date: Tuesday, September 30th 2014, 10 a.m. - 1 p.m.

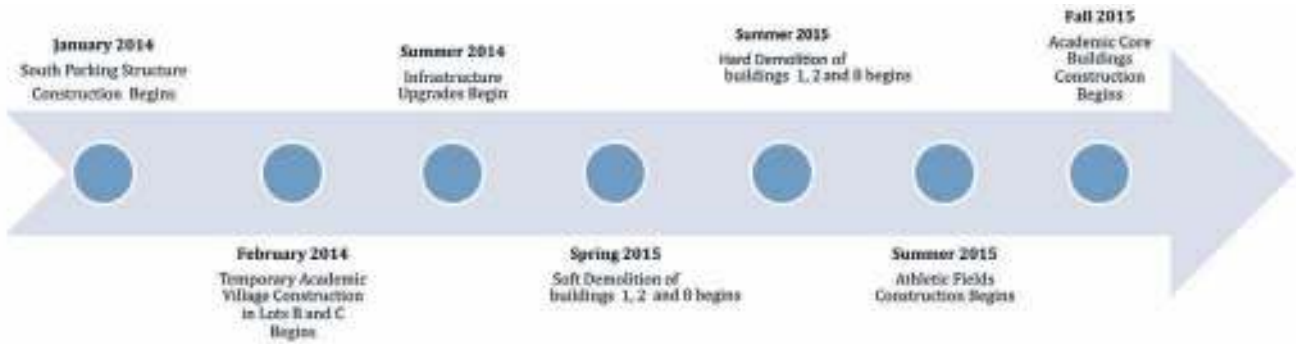
Location: Ohlone’s Newark Campus

President’s State of the College Address

Date: Friday, August 22nd, 2014, 9 – 10 a.m.

Location: Smith Center, Ohlone College
View online at www.ohlone.edu

Transforming the Learning Environment: Ohlone College’s Measure G



It’s an exciting time at Ohlone with major construction activities occurring at the Fremont campus; where the beginning of a complete transformation of the campus has begun. Current construction activities are making way for three new Academic Core buildings; a 900-space parking structure; and new athletic fields.

Installation of an academic village, comprised of portable buildings to house temporary classrooms, labs, and office spaces during the construction phase is underway. Utility infrastructure work is occurring along the north side of campus, to support existing and future buildings.

Demolition of the campus’ decades-old Buildings 1, 2, and 8 begins in 2015. These buildings will be replaced by the new Academic Core buildings, creating 180,000 square feet of learning space on the Fremont campus.

Construction of the award-winning South Parking Structure is also underway. It will house over 900 new parking spaces, at upper-campus level, reducing approximately 250 steps of stair climbing.

The baseball and softball fields are also being upgraded for safety, accessibility and playability, using artificial turf. These fields will be reconfigured in their current locations. A new soccer field will also be added.



Award-Winning South Parking Structure Opening in 2015



OHLONE
College

It's not too late.
Classes begin **AUGUST 25**

ENROLL NOW FOR FALL SEMESTER! www.ohlone.edu/go/apply



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Washington Hospital Honors ICU Essay Contest Winners

safety is using electronic documentation, which not only prevents compromising information as it passes from one person to another, but also ensures that it is accessible to everyone involved in the patient's care.

Providing quality health care all the time is our ethical obligation. Let us strive toward making it our culture, too, with this initiative.

Learn More

The second and third place winners in the essay contest will be featured in the August 26 and September 2 editions of the Tri-CityVoice newspaper.

Washington Hospital is on the leading edge of critical care medicine. The hospital launched its Intensivist Program in 2008 and now has 9 intensivists who are part of the medical staff. Intensivists are physicians who direct and provide medical care for patients in the intensive care unit (ICU), where critically ill patients are treated. They are board-certified in critical care medicine and in a primary specialty such as internal medicine, surgery, anesthesiology, or pediatrics.

Intensivists work with the attending and consulting physicians and other members of the critical care team such as critical care nurses, pharmacists, occupational therapists, respiratory therapists, nutritionists, rehabilitation services, social workers, case managers, and physician specialists, as well as spiritual care staff and volunteers. The team works together to ensure the patient is getting the best care possible.

Washington Hospital is one of the few hospitals in the Bay Area with an intensivist available 24 hours a day, seven days a week. For more information about Washington Hospital's Intensivist Program, visit <http://www.whhs.com/intensivist-program>. For more information about critical care medicine and the role of intensivists and other staff members in the ICU, visit the Society of Critical Care Medicine website at www.mycicare.org.

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Medication Safety Training at Washington Hospital Went Global

The Washington Hospital medication safety program covers a broad range of medication safety practices including:

- how to set up a medication safety committee
- how to develop and implement action plans
- how to change an agreed-upon strategy if it isn't working
- attending a committee and council meetings
- observing the medication administration process
- how to manage multiple IV infusions and smart pumps
- making a summary presentation of what has been learned and presenting a strategy to reduce medication error as a result of teamwork

The National Taiwan University Hospital, founded in 1895 and accredited by the Joint Commission International, in 2013 served more than 2.5 million outpatients, performed 50,000 surgeries and delivered 3,000 babies. It opened a Children's Hospital in 2008 and is planning to open a state-of-the-art Cancer Center in 2018 to serve 500 outpatients a day.

In a letter confirming participation in the innovative program, Yunn-Fang Ho, Ph.D., Associate Professor and Director of National Taiwan University's Graduate Institute of Clinical Pharmacy, said:

"The timing could not have been better. . . . As we are preparing for the expansion, we realize that what matters most to our patients is safe medication practice. Your six-week training program supervised by your Medication Safety Officer is a unique learning opportunity for our students to learn the best practice and to bring back the experience to share with fellow students at our College of Medicine."

"Washington Hospital has a great reputation for a strong med-

ication safety program," Dr. Huang said. "The strength of our medication safety program is a result of teamwork among different disciplines (physicians, pharmacists, nurses, respiratory therapists, dietitians, etc.) working collaboratively to implement medication safety initiatives.

"Most people have this misconception that medication is only related to pharmacists. Yet medication safety is a part of our daily life and is not limited to any single discipline. Who prescribes the medication? Who administers medications to patients? And who checks and monitors the effectiveness of medication once given to patients? It's all of the disciplines," Dr. Huang added.

Dr. Huang said the students were also very interested in the electronic medical records system implemented by the hospital last year. They saw how nurses scan a patient's wrist band and then scan the medication to check that it is the correct medication for the correct patient before administering it. They saw the statistics of the Hospital barcode scanning compliance and were very interested in learning what Washington Hospital is doing to meet California's SB 1875 mandate for medication error reduction. And after attending the medication safety committee, they are inspired to start a committee of teamwork and collaboration from all disciplines and from different department at their University Hospital.

Dr. Huang is a member of the American Society of Medication Safety Officers and shares medication safety experiences with other members elsewhere in the world. "Taking in international students for training is a great way to promote global medication safety, especially as we are very proud of our program at Washington Hospital."

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By Nancy Lyon

Labor Day, one of the biggest holiday travel week-ends, is right around the corner and many a guardian will be making the journey with dog or other animal family member in tow as they take off for the open highway.

Whether it's for the weekend or a much longer trip across country, you may come across places and activities where your beloved fur-friend isn't allowed or even welcome. Travelling with them can be a great adventure... but if done too casually, new environments and situations can bring unexpected challenges and reactions.

So before you heed the call of the road, put all romantic visions aside and take stock of what snags you may encounter. The rule of thumb should be, if you are unsure in any situation – don't take chances.

Before hitting the road:

- It's a bad idea to take it for granted that your usually steady fur-friend will not become unnerved by out-of-the-ordinary occurrences like sudden and unusual noises and bolt out of open doors and windows to an unknown fate.
- Without exception, use a leash or place smaller critters in a secure carrier when outside your vehicle or motel room.
- Whenever a member of your animal family travels with you by car or by another means, she should wear a special identification tag in addition to her regular one. Write her name, your name and cell number, the person to contact at your destination, their phone number, a destination address, or that of a friend or relative, in case you need to be reached. Having her micro-chipped can act as a backup but should not be depended upon entirely.
- Consult with your veterinarian concerning mild sedation if you think the stress of all the changes may be too much.

Travel checklist

- If your dog or cat is not accustomed to car travel, make short trips with her a week or two in advance of the trip to help her get used to the motion. Her reaction will let you know if sedation may be needed. Actually, familiarizing her to travel in a vehicle should be done early on for vet visits, etc.
- Dogs should be taught to lie quietly, keep their heads inside, and not interfere with the driver or passengers. Don't let your dog stick her head in the wind. Eyes can become irritated, hurt by flying objects and lungs become injured by blasts of incoming air when travelling at high speeds.
- Cats are often frightened by car travel, but some cats adjust quickly. While some people feel it's OK to let a cat find its own place in the car, it's taking a chance. It's best to confine a cat in a familiar and comfortable carrier containing a favorite blanket and toy.
- Folding kennels or soft crates especially designed for SUVs can be very useful for dogs and cats.

- Accustom her to being on a leash or harness. Always use the leash when travelling. Pet harnesses (available at most pet stores) that connect to the car's seatbelt allow some movement while keeping her safely restrained. Animals can quickly bolt into traffic and become lost or worse.
- If stopping overnight, check in advance to find a motel, campground or other accommodation that will permit animals to spend the night. Don't leave her to sleep in the car; it can be scary and even dangerous.
- Never leave her out of sight in an unattended vehicle. Heat stroke and death can happen even in cars parked in the shade with the windows cracked.
- Have a suitable travel kit: an adequate supply of her regular food and water dishes, can opener (if needed), a few treats, a favorite toy, a blanket, comb or brush. Paper towels, spray room deodorant if you will be staying overnight at a hotel or motel, a scooper and plastic bags to clean up after "accidents."

Entry Requirements

- If your destination is across state lines, nearly every state has laws on the entry of animals. For information, call or check online with the State Veterinarian, State Department of Animal Husbandry, or other appropriate authority.
- Most states require proof of an up-to-date rabies inoculation for dogs and many require it for cats. The rabies tag must be securely attached to the collar.

Local Laws

- Most communities have animal control ordinances. Keeping your dog leashed, immunized and under control will protect her and the public.
- It can be a challenge to travel with an animal friend but if you plan ahead and use commonsense protections, travelling with them can be a journey to remember.

Animal-friendly travel resources

Offline:

The Dog Lover's Guide to Travel published by National Geographic lists hundreds of dog-friendly locations and resources throughout the U.S. and Canada.

Traveling with Your Pet: The AAA PetBook published by the American Automobile Association includes detailed listings of over 13,000 hotels and 800 campgrounds and national recreation areas in the U.S. and Canada that welcome companion animals, plus emergency vet clinics.

Online:
<http://dogtrekker.com/>
<http://www.petfriendly.travel/>

Got Talent

SUBMITTED BY
FREMONT UNIFIED STUDENT STORE

Are you interested in representing your school to participate in the 3rd Annual FUSD's Got Talent Show? Not only will you have an opportunity to represent your school, you will also have a chance to win money for your school!

Last year, 31 acts with over 300 students, teachers, and staff from 27 Fremont Unified School District (FUSD) elementary, junior high, and high schools participated in the show. Trophies and cash prizes were presented to several schools, including first place winners from Mattos Elementary School, Thornton Junior High School, and American High School.

Due to the increasing number of acts and participants, Fremont Unified Student Store (FUSS) will add a new category for the 2014 to 2015 school

year: Choir. The judging criteria will be based on creativity, technical skills, and showmanship. To participate, you need to have a minimum of three participants in your act and get approval from your principal or staff in charge to represent your school. Please stay tuned and visit www.fuss4schools.org for more details.

If you are interested in participating in the event planning, please feel free to come to the next FUSS meeting on Thursday, August 21 at DMCA Bookstore in Fremont.

FUSD's Got Talent Event Planning
Thursday, Aug 21
6 p.m. - 7:30 p.m.
DMCA Bookstore

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ACWD launches new program

SUBMITTED BY SHARENE GONZALES

Residential customers of the Alameda County Water District (ACWD) will soon receive personalized reports featuring water scores to communicate how their consumption compares to similar households in the service area of Fremont, Newark, and Union City. The reports are created using WaterSmart Software, a behavioral water efficiency platform that helps water utilities engage customers, improve operational efficiency, and save water and money.

ACWD expects the reports to encourage water use efficiency furthering its conservation efforts during the current water shortage emergency. Customers will have access to personalized information about their household water use and how it compares to similar households, customized water-saving recommendations, and up-to-date news, rebates, and /or special rebates offered by ACWD.

A customer’s water score will let them know how they are doing regarding water conservation in comparison to similar households and provide efficiency recommendations with associated cost savings. If they log on to the web portal there are additional resources, including how-to videos. The WaterSmart platform has been proven to improve customer satisfaction levels through personalized conservation recommendations.

As part of the program, residential customers will receive one printed WaterSmart Home Water Report and are encouraged to sign up to receive subsequent emailed reports. Residential customers can log on to receive free reports online at: www.acwd.org/waterinsight. For more information, visit: www.acwd.org.

Flight to Freedom

continued from page 1

received a rehydration solution to drink and was kept warm inside an incubator.

Now that the young barn owl is fully recovered and healthy, he is ready to be released into the wild at the “Flight to Freedom Ceremony.” The ceremony that began as a simple wine and cheese event to a full-fledged dinner and evening with wine, beer, coffee, and food, has been held for 17 years with up to four owls released each year. Contributors for the event include Bufalo Bill’s Brew Pub, Chouinard Vineyards and Winery, Owl Ridge Wines, Thomas Coyne Winery, The Nile Café, Westover Vineyards, and Phoenix Glass. This year’s theme is Mardi Gras and will include live music by a New Orleans style band, Shards of Green.

A behind-the-scenes tour of Sulphur Creek Nature Center will led by employees to give participants an inside look at the wildlife hospital and work that is being done at Sulphur Creek. At a live animal presentation, attendees can see the resident animals, ranging from birds (including owls) to reptiles such as snakes and lizards. There will also be a silent auction including items such as jewelry, gift certificates, wine, professional photos of the animals at the center, and other specially donated items.

The silent auction, along with ticket sales, is a fundraiser for Sulphur Creek, which is run by the Hayward Area Recreation and Park District (HARD). “Flight to Freedom” is the center’s largest fundraiser of the year with all proceeds going to the wildlife programs at Sulphur Creek, especially feeding the animals.

Once the owl is released, the center has no way of knowing where he will go, so take the opportunity to see this beautiful creature before he heads back into the wild!

To buy tickets, please visit <http://www.haywardrec.org/DocumentCenter/View/1109> (must be 21 to attend). If unable to attend the event, please consider donating to help support the Sulphur Creek Nature Center. For more information, call (510) 881-6747 or visit <http://www.haywardrec.org/129/Sulphur-Creek-Nature-Center>.

Flight to Freedom Ceremony
Saturday, Aug 23
6:30 p.m. – 9:00 p.m.
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Tips for parents of students with special needs

SUBMITTED BY CA STATE PTA

A new school year means a new grade, new teachers, new goals, and maybe even a new school for some students. In order to help ease the transition for students with special needs, California State PTA (Parent Teachers Association) offers parents a few helpful back-to-school tips.

Visit the new school site with your child. Point out bathrooms, the cafeteria, office, playground, etc. Older students may benefit from printed maps with time schedules. Talk to your child about exciting new classes, activities and events he or she can participate in.

Help your child reconnect with schoolmates.

Review Individual Education Program (IEP) goals. Ensure the goals are still relevant and note the date of the annual review. Remember, you can request an IEP review anytime.

Connect with the teacher. Write a brief introduction about your child (including a photo) with his or her likes and dislikes, social/emotional set-offs, motivators, methods of communication, pertinent medical information and any other important information. The more proactive and honest you are the better teachers and school staff will be able to meet your child’s needs.

Help plan ability-awareness training. If your child is in a general education class, consider helping to plan ability-awareness training with the class. Make sure to get buy-in from your child first. Write a story for the other kids so they can understand what makes him or her unique, and things that may be difficult for your child.

Keep paperwork organized. Create a family calendar of school events, special education meetings, conferences, etc.

Continue learning. Stay up-to-date on special education news and legislation, so you can advocate for your child, and all children.

Create a communication log. This will help ensure that you and the school staff are on the same page. Be sure to note the dates, times and nature of the communications you have.

Attend school events when possible. School events such as back-to-school night and parent-teacher conferences offer a great opportunity to meet staff and other students and families.

Offer to help – either in the classroom or at PTA-sponsored events.

For additional information, visit www.capta.org.

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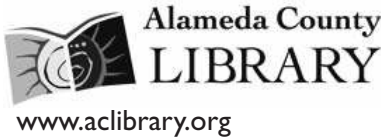
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Back to school – Help at your library

SUBMITTED BY
BETH BUCHANAN, TEEN SERVICES LIBRARIAN, FREMONT MAIN

We can't help you get the family back in the routine for the school year, and we can't pack lunches for you. But we can help your family with one of the harder parts of the school year – homework.

Homework is a major stress for a lot of families. Arguments occur about when to do it, how to do it and if your child just doesn't understand. Please look at your local library's Homework Center. At Homework Center, everyone is doing homework. That is what it is for, so there are no arguments. We've heard from a number of families and the story is the same; if their children get most of their homework done at Homework Center, family time is less stressful.

Our homework center is staffed by teen volunteer homework helpers. Children like learning from teens. At most libraries, we

find that kids are lining up at the door waiting to get into the Homework Center. Some of them come every day and others just come when they need extra help.

The start date, times and days of operation vary from library to library. At the Fremont Main Library, the Homework Center, for K-6th grades, runs from 3:30 p.m. to 5:30 p.m., Monday through Thursday. At Newark, Homework Express for grades K-12 runs Tuesday - Thursday from 3:30 p.m. to 5:00 p.m. At Union City, the Homework Center, open to all grade levels, is open from 3:30 p.m. to 5:30 p.m., Monday through Thursday. All Homework Centers are closed on school holidays.

But if you can't come into the library, there is still help. On the library webpage www.aclibrary.org there is a big blue button that says "Homework Help Now." If you click on the button, it takes you to Brainfuse, which among other things is a tutoring center. Seven days a week, from 1 p.m. to 10 p.m.,

you can connect with a live tutor. Tutors have been screened, and many of them are retired teachers and professors. Brainfuse also has a meet up space, so if your children have a project with other students, but can't meet in person, they can meet online.

Your library has many other databases. Learning Express has places to practice math, English and reading skills. Plus, it has practice tests for the SAT and some of the AP tests. Other databases are full of information that are useful for school assignments such as: MasterFile Complete (magazines and periodicals) and Opposing Viewpoints (great for opinion pieces and statistical information.)

All databases can be accessed from the library webpage, www.aclibrary.org. Click on Research on the dark blue banner at the top and all you need to have is a working library card. And of course, you can always come into the library and ask for help.

Historic Railroad Fair steams into town

PHOTO BY BRUCE MACGREGOR

Don't miss the train! The "Washington Township Railroad Fair" will be steaming into Ardenwood over Labor Day weekend with the sights and sounds every train lover holds dear.

Sponsored by the Society for the Preservation of Carter Railroad Resources (SPCRR), the 14th annual event offers steam train rides on two guest locomotives, handcar rides, rail car restoration exhibit, musical entertainment, and farm activities.

will be sold at the gate; \$10 for adults, \$6 for seniors 62 and up, and \$5 for children ages 4 to 17. Children three and under are free. For more information, visit www.spcrr.org.

Washington Township Railroad Fair
Saturday, Aug 30 – Monday, Sep 1
10 a.m. – 4 p.m.
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(510) 796-0663
www.ebparks.org



Those who know that you're never too old to play with trains will be delighted by various model railroad displays courtesy of the California Central Coast On30 Modelers, Diablo Pacific Shortline Garden RR, the Roving Garden Railroad, and the Bay Area Garden Railway Society.

This three-day event is sure to stoke the hearts of attendees young and old! Tickets

www.spcrr.org
Tickets: \$10 adults, \$6 seniors (62+), \$5 children (4-17), three and under free
Free parking

Do your part: Vote!

SUBMITTED BY LEAGUE OF WOMEN VOTERS

During this election year, the League of Women Voters Fremont, Newark, and Union City (LWVFNUC) once again sponsored a YVote multimedia art contest. The YVote contest, organized by the LWVFNUC Education Committee, began as a way to encourage high school students to think about voting. Not only does YVote refer to the question, "Why vote?", it is also intended to refer to "Youth Vote." James Logan High School junior Alyssa Hernandez won first place for her poster design, "Be Smart. Do your part. Vote!"

The Education Committee will be creating posters from the entries, including information about the contest. Posters will be distributed for display at local high schools as a reminder to register and vote. Visit www.lwvfduc.org to view other winning entries.

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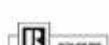
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BUSINESS

Lighter sentences sought for some business crimes

By ERIC TUCKER
ASSOCIATED PRESS

WASHINGTON (AP)—The federal panel that sets sentencing policy eased penalties this year for potentially tens of thousands of nonviolent drug offenders. Now, defense lawyers and prisoner advocates are pushing for similar treatment for a different category of defendants: swindlers, embezzlers, insider traders and other white-collar criminals.

Lawyers who have long sought the changes say a window to act opened once the U.S. Sentencing Commission cleared a major priority from its agenda by cutting sentencing guideline ranges for drug crimes. The commission, which meets Thursday to vote on priorities for the coming year, already has expressed interest in examining punishments for white-collar crime. And the Justice Department, though not advocating wholesale changes, has said it welcomes a review.

It's unclear what action the commission will take, especially given the public outrage at fraudsters who stole their clients' life savings and lingering anger over the damage inflicted by the 2008 financial crisis. But the discussion about tweaking sentences for economic crimes comes as some federal judges have chosen to ignore the existing guidelines as too stiff for some cases and as the Justice Department looks for ways to cut costs in an overpopulated federal prison system.

Sentencing guidelines are advisory rather than mandatory, but judges still rely heavily on them for consistency's sake. Advocates arguing that white-collar sentencing guidelines are "mixed up and crazy" could weaken support for keeping them in place, said Ohio State University law professor Douglas Berman, a sentencing law expert.

The commission's action to soften drug-crime guidelines is a signal that the time is ripe, defense lawyers say.

Just as drug sentences have historically been determined by the amount of drugs involved, white-collar punishments are typically defined by the total financial loss caused by the crime. Advocates hope the commission's decision to lower sentencing guideline ranges for drug crimes, effectively de-emphasizing the significance of drug

quantity, paves the way for a new sentencing scheme that removes some of the weight attached to economic loss.

A 2013 proposal from an American Bar Association task force would do exactly that, encouraging judges to place less emphasis on how much money was lost and more on a defendant's culpability. Under the proposal, judges would more scrupulously weigh less-quantifiable factors, including motive, the scheme's duration and sophistication, and whether the defendant actually financially benefited or merely intended to.

The current structure, lawyers say, means bit players in a large fraud risk getting socked with harsh sentences despite playing a minimal role.

"It's real easy to talk about 10, 15, 20 years, but when you realize just how much time you're talking about ... it's too much," said Washington defense lawyer Barry Boss, an ABA task force member.

No one is seeking leniency for imprisoned financier Bernie Madoff, who's serving a 150-year sentence for bilking thousands of people of nearly \$20 billion, or fallen corporate titans whose greed drove their companies into the ground. But defense lawyers are calling for a sentencing structure that takes into account the broad continuum of economic crime and that better differentiates between, for example, thieves who steal a dollar each from a million people versus \$1 million from one person.

Any ambitious proposal will encounter obstacles.

It's virtually impossible to muster the same public sympathy for white-collar criminals as for crack-cocaine defendants sentenced under old guidelines now seen as excessively harsh, which took a disproportionate toll on racial minorities. The drug-sentencing overhaul also was promoted as fiscally prudent, because drug offenders account for roughly half the federal prison population. Tea Party conservatives and liberal groups united behind the change.

In comparison, the clamor for changing white-collar guidelines has been muted. The Justice Department, already criticized for its paucity of criminal prosecutions arising from the financial crisis,

has said it's open to a review but has not championed dramatic change.

"I don't think there's a political will for really cutting back or re-tooling the guidelines," said Columbia University law professor Daniel Richman.

The commission's last major change to the economic crime guidelines came more than a decade ago, when it stiffened penalties. But as fraud sentences have increased, some judges have deviated from the guidelines to impose terms far more lenient than the government's recommendations. One judge, Frederic Block of the Eastern District of New York, cautioned in 2008 that the guidelines should not be a "black stain on common sense."

When some adhere to the guidelines but others don't, critics say, the result can be as haphazard as if guidelines didn't exist at all.

In Manhattan, U.S. District Judge Jed Rakoff, an outspoken critic of the guidelines, in 2012 sentenced former Goldman Sachs director Rajat Gupta to two years in prison on insider-trading charges, about one-fifth the government's recommended sentence. And in Florida, Judge James S. Moody Jr. sentenced a group of health care executives in May to sentences so lenient that he acknowledged prosecutors might think "that I've lost my mind."

A former Wall Street trader convicted of abusing a government bailout program could have received a double-digit sentence under the guidelines but got two years instead. The Connecticut judge who imposed the sentence last month, Janet C. Hall, called the guidelines unhelpful "because the loss aspect of the crime, in effect, overwhelms all the other aspects."

Washington lawyer Barry Pollack, an officer of the National Association of Criminal Defense Lawyers, said while the commission could let the guidelines stand, he hopes for some movement.

"I think the real question is will they take the lesser and easier step of simply reducing sentences across the board, or will they use this as an opportunity to revisit the entire philosophy behind the white-collar sentencing guidelines," he said. "I think only time will tell on that."

California regulators approve PG&E rate hike

AP WIRE SERVICE

SAN FRANCISCO (AP)—California regulators approved a nearly \$2.4 billion rate hike for Pacific Gas and Electric Co. customers that will see the typical customer's monthly bill increase by \$7.50 starting in the fall and then even more in 2015 and again in 2016.

The California Public Utilities Commission voted unanimously in favor of the increase on Thursday. It will be phased in over three years.

The money is not connected to the deadly 2010 gas pipeline explosion in the San Francisco Bay Area, though at least some of it is intended to fund improvements to PG&E's natural gas pipeline network, the San Fran-

cisco Chronicle reported (<http://bit.ly/1sJmJ3w>). PG&E also plans to use the money for an improved smart grid program to upgrade the reliability of the electricity system.

PG&E had sought about double the amount that was approved.

"Although the decision represents a significant cut in our request for additional resources to modernize our system for the 21st century, we will continue to make safety our top priority as we plan our work going forward," the utility's president, Chris Johns, said in a release.

PG&E serves about 15 million people over a 70,000 square mile area stretching from Eureka to Bakersfield.

The average residential customer's \$129 monthly gas and electricity bill will climb initially by \$7.50, according to PG&E estimates. Part of the increase is expected to go into effect in September, with the rest following in October.

Further increases will then follow in 2015 and 2016.

Consumer advocates said the increases might be too much for low-income workers.

"That may not seem like a lot of money to a utility executive with a salary of a million or more, but for low-income workers with stagnant wages, a few more dollars a month can be a huge burden," said Mark Toney, executive director of The Utility Reform Network.

What happens to bonds when everyone aims to sell?

By Stan Choe
AP Business Writer

NEW YORK (AP) — If bonds start to tumble, should I sell my bond mutual fund?

It's a question investors are asking as expectations rise for a more volatile bond market. But a better question may be: How difficult will it be for my fund manager to sell?

Worries are increasing that some managers will have a tough time finding buyers for their bonds if a flood of investors tries to pull out of their funds at the same time. It's a concept called liquidity, and a lack of it can accelerate losses for bonds when prices are falling, at least in the short term. It would likely have less effect on fund investors willing to hold on through the volatility than those who sell amid a storm. But it's another risk that all bond fund investors need to consider.

The worries partially stem from new regulations that have led to banks holding fewer bonds on their balance sheets. Previously, banks' willingness to hold inventories of bonds offered a buffer when sellers in the market

outnumbered buyers. Inventories of investment-grade and high-yield bonds at Wall Street banks and other primary dealers are now just 20 percent of where they were in 2007, according to State Street Global Advisors.

The areas of the market most likely to be hurt by the liquidity concerns include corporate bonds, particularly high-yield bonds that are issued by companies with weak credit ratings, says Dan Farley, chief investment officer of the investment solutions group at State Street Global Advisors. Treasuries, the largest sector of the bond market, aren't a source of concern.

IT'S HAPPENED BEFORE.

Some bond fund investors are already familiar with the phenomenon, such as those focused on bonds issued by cities and other local governments.

Several times in the last six years, fear has pushed investors to rush for the exits out of municipal-bond mutual funds. Managers typically keep a portion of their funds' portfolios in cash, so they have some ready for departing investors. But when a flood of sell orders converge, it forces managers to sell

bonds to raise more cash.

In past periods of low liquidity, when managers went looking for buyers for their muni bonds, they often found many others also looking to sell. That caused municipal bond prices to tumble, which further frightened fund investors, leading them to pull yet more money, and fueled even more forced selling.

Last year, the trigger was worries about rising interest rates and the creditworthiness of Puerto Rico and other municipal borrowers. Investors began withdrawing their money from muni funds in the spring, and the largest category of municipal-bond funds lost 3.1 percent during the second quarter, according to Morningstar.

A financial analyst's highly publicized prediction for a wave of defaults in the municipal bond market sparked a similar rush for the exits in late 2010. Investors pulled \$13.3 billion from muni bond funds that December, according to the Investment Company Institute.

The toughest conditions, though, were during the financial crisis in 2008, says John Miller, who leads the \$95 billion municip-

pal bond investing team at Nuveen Investment Management.

"In 2008, there was a feeling of being handcuffed," he says. The few buyers available demanded steeper price cuts, and for a smaller number of bonds than he was looking to sell.

BUYERS EVENTUALLY RETURNED.

Following each of those episodes, though, municipal bonds rebounded once the rush for the exits subsided. Miller's Nuveen High Yield Municipal Bond fund (NHMAX), for example, has returned 13.5 percent this year after losing 4.7 percent last year.

High-yield corporate bond funds saw a similar scare last month. Investors pulled out of such funds following warnings from the Federal Reserve that junk bond valuations may be "stretched" and worries that interest rate hikes may come sooner than expected.

That led to an average 1.2 percent drop for high-yield bond funds last month, their first loss in 11 months, according to Morningstar. High-yield funds have recovered somewhat in the last couple weeks.

THE WORRIES AREN'T UNIFORM.

Some areas of the bond market are better insulated from the liquidity concerns. Buyers of high-quality bonds continue to outnumber sellers, for example.

"Where we operate, it's very healthy," says Rob Galusza, who runs Fidelity's Limited Term Bond fund (FJRLX), which invests in shorter-term corporate bonds and Treasuries. "People feel like they can withstand the volatility there."

The liquidity concerns don't mean investors should abandon their bond funds, but State Street's Farley says it could influence the timing for investors who are looking to either buy or sell.

It's impossible to know when the next liquidity scare could hit the bond market — the trigger is likely to be an unexpected event that shocks investors.

But if everyone is exiting bonds, and a lack of liquidity is sending prices down even further, it may make for a good buying opportunity for those who were already interested in buying. Similarly, for those looking to sell, it may pay to do so before there's a run on the exits.

Court: Silence can be used against suspects

By Paul Elias
Associated Press

SAN FRANCISCO (AP) — The California Supreme Court has ruled that the silence of suspects can be used against them.

Wading into a legally tangled vehicular manslaughter case, a sharply divided high court on Thursday effectively reinstated the felony conviction of a man accused in a 2007 San Francisco Bay Area crash that left an 8-year-old girl dead and her sister and mother injured.

Richard Tom was sentenced to seven years in prison for manslaughter after authorities said he was speeding and slammed into another vehicle at a Redwood City intersection.

Prosecutors repeatedly told jurors during the trial that Tom's failure to ask about the victims immediately after the crash showed his guilt.

Tom's attorney Marc Zilversmit said he could petition the U.S. Supreme Court to take up the issue or renew his arguments in the state court of appeal, which must reconsider the case in light of the California Supreme Court ruling.

"It's a very dangerous ruling," Zilversmit said. "If you say anything to the police, that can be used against you. Now, if you don't say anything be-

fore you are warned of your rights, that too can be used against you."

The state Supreme Court in a 4-3 ruling said Tom needed to explicitly assert his right to remain silent — before he was read his Miranda rights — for the silence to be inadmissible in court.

Justice Marvin Baxter, writing for the court majority, said it appears that Tom failed to invoke his constitutional right against self-incrimination.

Tom has been freed on \$300,000 bail pending his appeal.

Tom was arrested after his Mercedes sedan plowed into a car driven by Lorraine Wong, who was turning left onto a busy street.

Prosecutors argue that Tom's car was speeding at 67 mph in a 35 mph zone when the collision occurred. He was placed in the back of a police cruiser but was not officially arrested and advised of his rights until later in the day.

Prosecutors said Tom's failure to ask about the Wong family while detained showed his guilt.

Justice Goodwin Liu dissented.

"The court today holds, against common sense expectations, that remaining silent after being placed under arrest is not enough to exercise one's right to remain silent," Liu wrote.

The ACLU filed a friend of the court brief supporting Tom's appeal.

Union Sanitary District welcomes new General Manager

SUBMITTED BY MICHELLE POWELL



Union Sanitary District (USD) is pleased to announce that Paul Eldredge has joined the District as its General Manager. Mr. Eldredge was chosen to replace Richard Currie, who has served as USD's General Manager since 2003 and will retire in September after a 23-year career at the District.

Eldredge comes to USD from the City of Brentwood, where he served as City Manager for three years. Prior to that, he held the positions of Assistant City Manager, Assistant Public Works Director, Assistant City Engineer, and Associate and Senior Engineer. In total, his career at the City spanned 17 years.

"I have always been partial to wastewater management and engineering," says Eldredge. "USD has a world-class workforce that is dedicated to protecting public health and San Francisco Bay, and I look forward to leading an organization that is known as one of the best-managed Districts in the United States."

Eldredge holds a Master's Degree in Business Administration from Colorado State University. He is a graduate of California State University Sacramento with a Bachelor's Degree in Civil Engineering and is a Registered Civil Engineer in California and Hawaii. He has lived in the Bay Area since 1997.

"Paul's involvement in the development of Brentwood's infrastructure, including a tertiary treatment facility and several pump stations, and his experience as a City Manager with strategic planning, budget preparation and labor negotiations make him a great fit for USD," says Richard Currie. "Paul is a hard worker and has a positive attitude. He shares many of our organization's values, including providing great service to our customers, enhancing the environment, and ensuring that our ratepayers' dollars are spent wisely."

Union Sanitary District operates a 30 million gallon per day wastewater treatment facility in Union City, and provides collection, treatment and disposal services to the cities of Fremont, Newark and Union City. For more information, visit unionsanitary.ca.gov.

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For more than 100 years, the Masonic Home in Union City has provided health care and housing in their senior living community. Today, more than 450 residents are part of the Masonic Home and Acacia Creek, located on Mission Boulevard on the east side of Union City. This senior community employs more than 300 local residents - nurses, technicians, geriatric health workers, housekeepers, maintenance personnel, and many other professionals.

The need for more senior services and housing is far outpacing current facilities in the Bay Area – 20% of us will be over 65 in the next 15 years. To help meet this growing need in Union City, the Masonic Home wants to provide innovative senior health services and facilities for Masons and non-Masons on the 63 acres of flatlands they own in front of their community. These would include a state-of-the-art memory care facility, senior housing, short-term rehabilitation, adult day care, and long-term care. Most of the facilities would be either one or two stories tall - none would be more than three stories. With trees and vineyards integrated into the design, views of the hills would not be impacted at all. In addition, a multi-purpose event center would be available for Union City community use.

In order to bring forward a proposal for these senior services and facilities, Union City voters must approve a ballot measure, Measure KK, this November. Twenty years ago, these 63 acres of flatlands were included in the Hillside Area Plan to protect our hills from development – even though none of these 63 acres is in the hills. Measure KK simply moves the Hillside Plan geographic boundary to the base of the hills (sometimes referred to as the “toe” of the hills) so the flatlands can be put to beneficial use.

In addition, the Masonic Home intends to provide land for additional public park space, access to hiking trails and open space previously inaccessible, and land for an innovative, community garden farming project for at-risk youth and young adults dedicated to growing jobs and healthy food using an economically and ecologically sustainable model.

Small neighborhood-serving retail stores, including a farm stand, will be allowed, but “big box” retail stores are specifically prohibited. A small amount of single-family, detached, two-story homes also would be allowed. The ballot measure sets strict limits on the height of buildings and the housing density so that there is no impact on views for Union City residents.

The Flatlands Measure KK:

- Allows the Masonic Home to bring forward plans for senior health care facilities and low density housing
- Reaffirms strong protections and restrictions against hillside development in the almost 6,100 acres (9 sq. miles) of hills
- Provides new park land, accessible and new trails, open space, and community farming and gardens,
- Increases job opportunities for local residents at new senior facilities
- Subjects any building plans to thorough and transparent city evaluation, environmental review, and entitlement processes
- Creates neighborhood retail stores, but prohibits “big box” stores

Measure KK does not approve a specific project. If the measure is approved, the Masonic Home proposal for these senior facilities will go through a rigorous and transparent public review process. Environmental studies and public hearings will be required before anything specific is approved. The public will see exactly what is proposed and have input into those plans.

More information is provided at UnionCityFlatlands.org. ♦

Paid for by Union City United – Yes on Measure KK, a Coalition of Union City Residents and Businesses for Hillside Protection, Public Parks, Open Space and Healthcare Facilities, with Major Funding by Masonic Homes of California, 34400 Mission Boulevard, Union City, CA 94587.

KEEPING THE MIND IN MIND

When we plan for our future and consider the aging process, we may try to position ourselves for comfort – moving near medical or senior centers, choosing a mild climate, or opting for a single-story home. Still, one aspect of aging can be difficult to anticipate: the aging mind.

Memory preservation has only in recent decades come to the forefront of public awareness. Many of us can remember when Sudoku was not a common household term and mentally stimulating crossword puzzles were dismissed as a waste of time.

Today, we understand that challenging the mind is a crucial component of healthy aging. But despite our increased knowledge of cognitive function, diagnoses of Alzheimer's disease and other forms of dementia are more and more common. Recent research reveals that more than 5 million Americans have Alzheimer's, with women over age 60 having a 1 in 6 risk of developing the disease.

When planning your future, speak with your loved ones about the possibility of memory loss. Are there any financial or legal situations that they should be aware of? How would you like to be cared for, if you can no longer care for yourself? Though these conversations are difficult, they can help ensure that your wishes will be met.

And finally, encourage your community to make memory care a priority. Memory research is a rapidly evolving field, and we continue to discover new ways to improve quality of life for those with dementia. Resources and facilities devoted specifically to memory care can provide targeted treatment while helping family members receive the support they need to serve as caretakers and companions.

For more information about Alzheimer's disease, visit alz.org. ♦



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Home & Garden

Saying goodbye to grass

By M.J. LAIRD

PHOTOS COURTESY OF STEPHANIE PENN

Participation in Alameda County Water District's (ACWD) Water Efficient Landscaping Rebate Program is generating heightened interest, given California's drought, termed one of the worst in the state's history. The state water board recently authorized fines of up to \$500 for excessive lawn-watering.

Even before the state water board's announcement, more than 90 homeowners applied to ACWD this year to replace their lawns with California native plants or plants that fit this region's semi-arid climate, requiring no supplemental irrigation. ACWD is paying homeowners \$1 per every square foot of irrigated green lawn that is replaced, up to \$1,500.

To qualify as water-efficient or drought-tolerant, a yard must have a minimum of 50 percent plant cover. Native or climate suitable plants must have a three-inch layer of mulch, created on top of four-inch sheet mulching that entirely blocks out sunlight to kill the grass. ACWD requires any pavers, bricks or flagstone—known as hard-scape—to be permeable so water passes through to the plantings. Only drip irrigation is permitted if irrigation is needed at all.

"A well-designed drought-tolerant yard can be both beautiful and easy to maintain," says ACWD Water Conservation Specialist Stephanie Penn. "The key is to use plants suited to your particular yard, taking a plant's need for sun or shade into account. It's also important not to overplant. Plants need enough room to grow to their mature size."



Top: Blue-eyed Grass

Penn also advises keeping the palette simple. "Pick just a handful of plants whose colors and textures will complement each other. This will provide some structure for your design. Some popular plant choices include Sticky Monkey Flower, sage, yarrow, and California lilac."

Why should homeowners give up their lawn? On average, Penn says a homeowner can save more than 43,000 gallons of water annually by converting a 2,000 square-foot lawn to a drought-tolerant yard. For additional benefits, she cites less maintenance with no need for mowing, fertilizers, and pesticides, and lower on-going expenses since there is no need to purchase chemicals.

While the customer benefits, so does the community. Converted to drought-tolerant, a yard generates less waste for landfills, reduces greenhouse gas emissions and fertilizer / pesticide runoff that winds its way into the watershed and San Francisco Bay.

Three Fremont homeowners who said goodbye to grass took different approaches.

Terry and Cathy Gregory threw a sheet mulching party. About 35 friends and neighbors arrived; even students from Ardenwood Elementary and their families showed up to lend a hand. Cathy, a sponsor of Ardenwood's Green Club, invited StopWaste to the school to educate students about gardening techniques for healthier soil, water-saving, and pest control. When StopWaste representatives asked students to recruit their families to change their lawns to drought-tolerant yards, no family volunteered.

Terry encouraged his wife to raise her hand. "Somebody needs to take the hit and lead the way," he told her.

"Somebody needs to show that it is possible to create a beautiful yard without a lawn." They worked with landscape designer Anne Morrison of Chrysalis Gardens who accompanied Terry to purchase plants.

For about three hours, the work party layered cardboard for sheet mulching directly onto grass. Compost

continued on page 14



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continued from page 13

Saying goodbye to grass

California Fuchsia

However, he favors a slow-go approach. "It is like doing your house. You absolutely don't want to do everything at once. You grow a few plants. Then as your confidence grows, you add more." Joel Lym, who has gardened as a hobby for the last 12 years, said he chose drought-tolerant landscaping to benefit the environment and himself. "It's the best way to go for the future with the increasing demands on the water supply in our state, and personally, I've had an interest in California natives that promote more wildlife in my garden," says Lym. "Plus, I know I'm doing something right for the environment." After watching YouTube videos, Lym hired a landscape designer who had appeared in one of the videos, Annaloy Nickum of Woodside. At Eastbay Wilds Native Plant Nursery in Oakland, Lym drew on the experience of owner and landscaper Pete Veilleux. One reason homeowners may resist a drought-tolerant landscape is the expectation that native plants turn brown in summer. Lym planned his home front with a variety of plantings, including three favorites that remain green throughout the year: Manzanita for its twisty shape and colorful red bark; island pitcher sage for its lavender color, glossy green leaves, and lack of

was then piled atop the cardboard. This technique—gaining in popularity to avoid labor-intensive grass removal—kills grass without any soil removal from the site. A rich soil bed that improves the existing soil is left for plants to grow. "If we are going to have more drought times than we have had in the past, this just makes sense. Global warming is happening after all," explains Cathy. Andrew Tooouli, who lives along Alameda Creek, took a do-it-yourself approach. A year ago, the Cisco consultant converted his backyard to become drought-tolerant. Four months ago, he transformed his front lawn using sheet-mulching. "I did it because of the water shortage. I prefer to have a nice looking yard rather than a dead lawn. And I save water along the way." Working with ACWD's Penn gave Tooouli a confidence boost. "It's good to have a bit of a plan," he advises.

thirstiness; and red buckwheat, for an easy-to-cultivate evergreen with pink flowers that bloom June through October.

California natives and drought-tolerant plants can be purchased locally. Loretta Mutter, a sales associate at Regan's Nursery, favors a number of drought-tolerant trees including the strawberry, Western redbud, tea and crepe myrtle. On her long list of shrubs, she includes California sage brush, butterfly, and glossy abelia. For perennials, she includes the Western sword fern, coral bells, Peruvian lily and Berkeley sedge.

Front yards do not have to be all green or limited to succulents according to Howard Puccini at Dale Hardware. Puccini illustrates his point with five different varieties of lavender; hermerocallis, a day lily with spiky leaves; dendromecon, a tree with island poppy flowers; and low-growing lantana with a range of colors from yellow and purple to fiery red.

For more information on how to transform your yard, visit www.acwd.org, www.stopwaste.org, www.bayfriendlycoalition.org/QPdirectory.php, and www.bringingbackthenatives.net/.



California Fremontia

Wasp Wanderings

BY PAT KITE

Wasp is flying around my kitchen. Out comes the cleaning spray. Wasp flops, wiggles its feet for a while, and dies. I do not feel guilt. I don't go near the carcass for day or two, just in case it is pretending.

This type of wasp, yellow and black, with a slim wasp waist, has quite a temper. Yellow jacket females will sting if they just feel like stinging. Like its Vespula cousins, the hornet and paper wasp, yellow jackets will sting multiple times. Really big painful ouch! We meet these wasps at picnics, at swimming pools, checking out the garbage can. Yellow jacket wasps often build nests in or near the ground. Hornet and paper wasp nests can be in a tree or under a house eave. There may be 100 or more yellow jackets or hornets in each nest. They are fiercely protective.

There are almost 100,000 wasp species or kinds. Among them are lots of good-natured wasps that are an environmental benefit. There are mud daubers, spider wasps and digger wasps, feeding their young on crickets,

grasshoppers, and spiders, including black widows. The ichneumon and braconid wasps, which are parasitic, destroy cutworms and tomato hornworms. There is even a teensy fig wasp, a pollinator, without which we wouldn't have figs.

Wasps can have quite unusual lives. For example, the petite bright green Emerald Cockroach wasp of Asia and Africa makes cockroaches into servants. When the female becomes pregnant, she

hunts down a cockroach. She stings it once, to quiet it. She then puts her stinger into its brain, stopping its instinct to flee. Then the wasp takes hold of the cockroach antennae and starts leading it around like a dog. The cockroach follows the wasp to its nest and sits down calmly. The bright green Emerald wasp lays an egg on the cockroach underside. The egg hatches into a wormlike larva that chews a hole into the roach, crawls inside, and



proceeds to feed on cockroach innards. Eventually the larva makes a cocoon, and in time, becomes a pretty Emerald wasp. It emerges. What is left of the cockroach? Nothing much.

But perhaps you are more interested in nothing much remain-

ing of the yellow jackets near your house? There are wasp kill sprays available via the Internet, hardware stores and garden centers. My brave son-in-law used a spray on a growing wasp nest under my bedroom eave. The sprays work from a distance of 10 to 20 feet, and apparently some are effective and others leave a few attack wasps. Be forewarned.

I have yellow jackets that hone in on my tree dahlia blossoms and pyracantha flowers. I say hello to them in passing and stay out of their feeding territory. Eventually they move on. I did hear a wasp kill story from a friend. Seems a wasp was drowning in her swimming pool, so she rescued it. Once on dry land she swatted it. "I don't like to see things suffer," she said, explaining.



PAT KITE

L. Patricia [Pat] Kite's several garden books include KISS Guide to Gardening, Gardening Wizardry for Kids, Raccoons, Ladybug Facts and Folklore and Silkworms. They may be found at Amazon.com and Alibris.com.

TRI-CITY GARDEN CLUB MEETINGS:

Friends of Heirloom Flowers

Work Parties - Every Tuesday - at Shinn Park, 10 a.m. - 12 p.m.

1251 Peralta near Mowry, Fremont (510) 656-7702

Bring gloves and tools. - Social Hour afterward

Every Thursday, 10 a.m. - 12 p.m.

Niles Rose Garden - 36501 Niles Boulevard, Fremont

Bring gloves and tools.

[Across Driveway from Mission Adobe Nursery]

Contact Joyce Ruiz: 659-9396

Meetings are held quarterly. Call for details

Fremont Senior Center Garden Club

First Friday of each month, 2 p.m.

Janice Anderman, program coordinator 510-790-6602

Fremont Garden Club

The Fremont Garden Club meets the third Wednesday of each month, February - October, in members' homes & gardens, 6:30 p.m. - 8:30 p.m. Locations are posted on the Fremont Garden Clubs' web site at www.fremontgardenclub.org or email: fremontgardenclub@hotmail.com

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City of Fremont News Briefs

SUBMITTED BY CHERYL GOLDEN

Free Personal Emergency Preparedness Class

The City of Fremont's Fire Department is offering a free Personal Emergency Preparedness (PEP) class, which will teach you how to take care of yourself and your family before, during and after a disaster. In just a single three-hour class, you will become an expert in:

- Earthquake and Disaster Awareness
- Gas, Electric and Water Shut-off
- Hazardous Material Awareness
- Fire Extinguisher Types
- Smoke Detector Placement
- Sheltering In-place

Classes are held from 7 p.m. to 10 p.m. at the Fremont Fire Training Tower, 7200 Stevenson Blvd. on Tuesday, September 9 and Thursday, November 13. To register for a free PEP class, please call 510-494-4244 or send an email to FirePubEd@fremont.gov.

If you are part of a group and would like to schedule your own personal group PEP class at another location, please contact Chuck Guaraglia, Public Education with the Fremont Fire Department, at 510-792-3473 or guaragliac@comcast.net.

Join us for a Movie in the Park

Grab a picnic blanket, low beach chair, and enjoy a family-friendly film this summer on Friday, August 22 at dusk! We will be featuring,



The Lego Movie (Rated PG) at the Central Park Soccer Fields, which is located near the Always Dream Play Park and Soccer Fields 9 & 10. We will have all your favorites for sale including pizza, hot dogs, popcorn, ice cream, and much more. This event is free, so bring your whole family and enjoy the show! For more information, contact Recreation Services at RegeRec@fremont.gov or 510-494-4300. Check our Recreation Guide for more events and programs at www.Fremont.gov/RecGuide.

Final Days of Summer Fun

How will your child spend their last weeks of summer? The City of Fremont Recreation Services has a variety of Full and Half Day camps with extended-care options to meet your scheduling needs. Whether your child is interested in sports, aquatics, art and cooking, nature, or just looking for some fun, we have plenty of camps to choose from. Check out our Recreation Guide for more summer camps at www.Fremont.gov/RecGuide, or to register visit us online at www.RegeRec.com. For more information, contact the registration desk at RegeRec@fremont.gov or 510-494-4300.

Fremont Tennis Academy

Experience the new Fremont Tennis Academy! Our instructors have been extensively trained based on the USTA National Player Development Coaching philosophies and methodologies. Our lead instructors are PTR certified (Professional Tennis Registry) and create a positive and fun learning environment for your child. Players will learn to rally on age appropriate courts and balls. Whether you're a beginner or a pro, we have something just for you.

For the young athlete, we recommend our Red Ball 1 & 2, which focuses on the fundamental ball skills, movements, strokes and coordination exercises. For our older athletes, we recommend our Orange, Green & Yellow Ball classes. These particular programs focus on developing strokes, match play, and point play production. We also offer Adult class for beginners, intermediates, advanced, or players just looking for some cardio. Fall classes start September 2. Check our Recreation Guide for more details at www.Fremont.gov/RecGuide, or to register visit us online at www.RegeRec.com. For more information, contact Nigel Pugh at npugh@fremont.gov or 510-790-5510.



Dance it up this Fall

Check out the City of Fremont Recreation Services Dance Program! We have all kinds of dance classes including ballet, tap, hula, Bollywood, jazz, and hip hop for all ages. Classes are for boys and girls. This is a great opportunity to enhance your child's mobile movement, flexibility, and social skills. Sign up early to make sure your child has space in the class. Check our Recreation Guide for more details at www.Fremont.gov/RecGuide, or to register visit us online at www.RegeRec.com. For more information, contact Debra Crenshaw at dcrenshaw@fremont.gov or 510-791-4351.

The Crown Jewel of Fremont

Central Park is often referred to as the "Crown Jewel of Fremont," with 450 scenic acres of park in the heart of Fremont and numerous amenities throughout. In addition to the 2-mile pathway around the water, there are basketball courts, a dog park, an exercise course, a golf driving range, playgrounds for children, the opportunity to fish, and outdoor sports being played on soccer and softball fields and tennis courts.

The park is alive with the 80-acre lake open for people-powered crafts and Aqua Adventure Water Park is open daily through August 24 and then weekends-only through September. At Lake Elizabeth, there is a place to launch or rent a paddle boat, kayak or stand-up paddle board. And while on land, Central Perks Café is a favorite among visitors.

We offer many natural sciences and environmental education opportunities through our Junior Ranger day camp program, Nature Learning Center Open Houses and special events. Also, the Environmental Services Division hosts hundreds of school children throughout the year. Group picnic sites are available to reserve year-round for a fee, serving groups from 30 to 500. There are also drop-in picnic areas that a small group or family can use without much notice.

For more information about Central Park offerings, including reservation forms, visit www.Fremont.gov/CentralPark. You may also call 510-790-5541 between 10 a.m. to 7 p.m. seven days a week or stop by the Central Park Visitor Center at 40000 Paseo Padre Pkwy. (off Sailway Drive) right next to the boat launch to fill out and turn in reservation forms.

We're Hiring: Assistant City Engineer

Help us achieve our vision of becoming "strategically urban." The City of Fremont is hiring for an Assistant City Engineer. This position will be instrumental in working with various agencies on the Warm Springs/South Fremont BART project and development of downtown Fremont into a vibrant, mixed use district. The deadline to apply is September 15 at noon. For more information visit www.Fremont.gov/CityJobs.

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Deep Cleaning	\$220 (list: \$1,100)
Orthodontics	\$2,800 (list: \$5,600)
Teeth Whitening	\$130 (list: \$375)



For more information, visit www.onusdental.com or call us at 1.855.900.ONUS (6687)

Message from the Director

Onus Dental Health Plan is very different from other dental plans. Onus offers a dental health plan within our own private Dental offices. We offer quality care at an affordable price. Our plan offers more coverage than most including implants,

orthodontics and cosmetic dentistry. The enrollment process is easy with no annual fee or deductibles. There are no limits, restrictions and absolutely no paperwork. Our Onus team is passionate about helping others and providing low cost dental

care. We want our Onus members to have the best experience possible.

Brenda Sgroi
Onus Dental Health Plan



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124249 Hesperian Blvd., Hayward 510-264-9669

CASTRO VALLEY TOTAL SALES: 16						
Highest \$:		Median \$:		640,000		
Lowest \$:		Average \$:		654,313		
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
4360 Alma Avenue	94546	640,000	3	1499	194807-16-14	
19540 Crawford Place	94546	750,000	4	2428	199407-17-14	
21524 Dolores Street	94546	450,000	2	1296	194707-15-14	
17530 Garland Court	94546	668,000	3	1888	195407-15-14	
19165 La Casa Lane	94546	880,000	5	3200	200107-16-14	
2933 Lake Chabot Lane	94546	480,000	3	1802	198107-18-14	
2536 Lessley Avenue	94546	425,000	3	1000	194807-16-14	
4641 Newhaven Way	94546	510,000	3	1302	196007-18-14	
19620 Parsons Avenue	94546	420,000	2	993	195507-16-14	
4530 Sargent Avenue	94546	551,000	3	1390	192507-15-14	
4853 Seaview Avenue	94546	450,000	3	1092	195207-15-14	
3113 Sunshine Place	94546	815,000	4	2308	198707-17-14	
25090 Century Oaks Circle	94552	1,000,000	4	3236	199607-18-14	
25505 Crestfield Drive	94552	800,000	4	1893	199807-18-14	
22758 Rancho Palomares Place	94552	850,000	5	2560	199707-21-14	
20963 Sherman Drive	94552	780,000	4	1940	199807-18-14	

FREMONT TOTAL SALES: 40						
Highest \$:		Median \$:		600,000		
Lowest \$:		Average \$:		681,663		
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
37755 Brayton Street	94536	870,000	4	2043	195407-18-14	
3294 Cade Drive	94536	810,000	3	1618	198407-17-14	
496 Calistoga Circle	94536	855,000	3	1942	199407-14-14	
35583 Chaplin Drive	94536	900,000	4	2173	198507-14-14	
38627 Cherry Lane #51	94536	390,000	3	1199	197407-18-14	
313 D Street	94536	817,000	3	1760	195407-18-14	
4680 Deadwood Drive	94536	551,000	3	1167	195507-17-14	
3363 Foxtail Terrace	94536	317,500	2	750	198607-18-14	
3325 Greenwood Drive	94536	535,000	2	1084	192507-15-14	
38588 Kirk Terrace	94536	345,000	2	840	197207-16-14	
35416 Morley Place	94536	858,000	3	1688	197107-21-14	
36516 Nasa Terrace	94536	395,000	3	1166	197107-17-14	
35434 Niles Boulevard	94536	280,000	3	1066	195207-17-14	
362 Riverside Avenue	94536	600,000	2	1150	193207-21-14	
2994 Southwycke Terrace	94536	582,000	1	1296	198807-17-14	
4344 Doane Street	94538	740,000	4	1312	195807-14-14	
5450 Farina Lane	94538	527,000	3	1204	196107-15-14	
40701 Greystone Tc #8	94538	693,000	3	1508	200707-17-14	
39224 Guardino Dr#308	94538	260,000	1	693	199007-18-14	
39149 Guardino D #359	94538	448,000	2	1077	198707-18-14	
42673 Isle Royal Street	94538	773,000	4	1736	196207-16-14	
3840 Jamestown Road	94538	525,000	3	1112	195407-18-14	
42838 Newport Drive	94538	550,500	3	1000	195907-17-14	
41553 Sherwood Street	94538	846,000	3	1118	195907-18-14	
4511 Val Street	94538	600,000	3	1875	195907-16-14	
3356 Wolcott Common	94538	425,000	2	1280	198307-18-14	
175 Indian Grass Terrace	94539	825,000	3	1731	200807-16-14	
46954 Lundy Terrace	94539	462,000	2	1018	198107-21-14	
176 Ottawa Way	94539	970,000	-	1866	197707-18-14	
2142 San Benito Drive	94539	1,448,000	4	2790	199207-16-14	
276 Sequim Common	94539	440,000	2	897	198507-14-14	
225 St. Henry Drive	94539	1,680,000	5	3164	195707-14-14	
256 St. Phillip Court	94539	1,400,000	4	2144	195907-18-14	
47112 Warm Spr Bd#2179	94539	375,000	2	900	198207-15-14	
4136 Coralline Court	94555	658,000	4	1298	197707-17-14	
3707 Gainsborough Tc	94555	549,500	4	1474	197007-16-14	
34085 Gannon Terrace	94555	818,000	3	1481	198707-18-14	
34264 Northwind Tc	94555	794,000	3	1531	198807-17-14	
34118 Via Lucca	94555	610,000	3	1387	200707-17-14	
34832 Warwick Court	94555	744,000	3	1305	197107-15-14	

HAYWARD TOTAL SALES: 34						
Highest \$:		Median \$:		401,500		
Lowest \$:		Average \$:		433,294		
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
194 B Street	94541	547,000	6	2452	195007-15-14	
24934 Bland Street	94541	618,000	3	2302	196607-18-14	
133 Burbank Street	94541	493,000	4	1860	201007-15-14	
22525 Center Street #1089	94541	288,000	2	914	199407-14-14	
909 Cherry Way	94541	325,000	2	1146	194707-18-14	
1191 Grove Way	94541	335,000	2	1136	194107-15-14	
654 Kingsford Way	94541	410,500	3	1381	200307-16-14	
357 Laurel Avenue #2	94541	215,000	2	882	197407-16-14	
3179 Madsen Street	94541	501,000	3	1834	201107-18-14	
1058 Martin Luther King Drive	94541	415,000	-	-	-07-15-14	
2057 Oak Creek Place	94541	400,000	3	1612	197207-15-14	
18026 Sahara Road	94541	355,000	3	1314	197307-17-14	
555 Simon Street	94541	300,000	2	1263	193907-21-14	
285 Sullivan Way	94541	510,000	4	1999	201107-18-14	
166 Sunset Boulevard	94541	316,000	2	904	194707-15-14	
22611 Teakwood Street	94541	385,000	3	1056	195107-21-14	
27093 Columbia Court	94542	680,000	3	2247	198707-18-14	
26973 Hayward Boulevard	94542	450,000	3	1606	200707-15-14	
25473 Donald Avenue	94544	175,000	3	952	195007-18-14	
27479 Green Wood Road	94544	599,000	4	2127	200007-16-14	
663 Jilliene Way	94544	455,000	3	1184	195507-15-14	
25470 Muir Street	94544	401,500	3	1380	195007-17-14	

25445 Southwick Drive #1039	94544	375,000	2	1500	199107-18-14	
25142 Tarman Avenue	94544	370,000	3	951	194907-16-14	
26832 Tyrrell Avenue	94544	705,000	5	2620	197807-17-14	
25755 Barnard Street	94545	501,000	3	1181	195907-16-14	
27635 Calaroga Avenue	94545	425,000	4	1860	195507-21-14	
25163 Copa Del Oro Drive #133	94545	205,000	1	608	199107-17-14	
24040 Malibu Road	94545	690,000	7	3275	198007-18-14	
2812 Shellgate Court	94545	825,000	5	2440	200307-16-14	
321 Toscana Way	94545	448,000	3	1349	201007-18-14	
21109 Gary Drive #112	94546	365,000	3	1232	198007-16-14	
21062 Gary Drive #219	94546	250,000	1	831	198007-17-14	
21103 Gary Drive #305A	94546	399,000	2	1393	199307-21-14	

MILPITAS TOTAL SALES: 08						
Highest \$:		Median \$:		809,000		
Lowest \$:		Average \$:		846,125		
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
202 Berrendo Drive	95035	490,000	4	2097	197807-23-14	
243 Berrendo Drive	95035	865,000	4	2097	197807-28-14	
663 Claridat Loop	95035	775,000	3	1772	200607-23-14	
1089 Courtland Avenue	95035	914,500	-	2842	197907-25-14	
635 Donahe Drive	95035	1,180,000	5	2622	198107-25-14	
300 Gerald Circle	95035	979,000	-	-	-07-23-14	
1992 Lee Way	95035	756,500	-	-	-07-28-14	
1996 Lee Way	95035	809,000	-	-	-07-28-14	

NEWARK TOTAL SALES: 10						
Highest \$:		Median \$:		570,000		
Lowest \$:		Average \$:		579,300		
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
5993 Central Avenue	94560	474,000	3	1447	198007-15-14	
37775 Goldenrod Drive	94560	635,000	4	1512	197307-14-14	
36778 Hafner Street	94560	590,000	5	2073	196607-18-14	
6250 Jarvis Avenue	94560	625,500	3	1503	198707-15-14	
36625 Jennifer Street	94560	483,000	3	1485	195307-15-14	
37033 Maple Street	94560	680,000	3	2129	199607-15-14	
36893 Nutmeg Court	94560	640,000	3	1593	197307-18-14	
36641 Port Anchorwood Place	94560	565,500	-	1654	197607-18-14	
6230 Smith Avenue	94560	530,000	3	1816	196407-17-14	
6346 Stonecress Avenue	94560	570,000	3	1379	196407-18-14	

SAN LEANDRO			TOTAL SALES: 21				
Highest \$:		720,000		Median \$:		435,000	
Lowest \$:		180,000		Average \$:		448,548	
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED		
1400 Carpentier Street #3369	94577	355,000	2	1406	198307-16-14		
284 Dolores Avenue	94577	479,000	2	1326	192607-18-14		
14713 Doolittle Drive	94577	310,000	2	1108	197207-17-14		
560 East Merle Court	94577	640,000	3	1763	192407-18-14		
543 Fortuna Avenue	94577	461,000	2	1212	193907-17-14		
370 Garcia Avenue	94577	429,000	2	1090	192907-15-14		
1529 Glen Drive	94577	550,000	2	1510	193807-18-14		
961 Lee Avenue	94577	720,000	2	2187	194507-16-14		
14370 Outrigger Drive	94577	320,000	2	990	198707-21-14		
750 Rodney Drive	94577	629,000	3	1834	193807-21-14		
1942 Whelan Avenue	94577	542,000	4	1544	194407-14-14		
727 Woodland Avenue	94577	600,000	3	1802	195907-16-14		
1380 148th Avenue	94578	445,000	4	2005	193907-15-14		
1584 148th Avenue	94578	435,000	2	1018	194607-21-14		
1490 159th Avenue	94578	400,000	3	1457	194107-16-14		
14101 East 14th Street #10394	94578	255,000	2	1000	198607-18-14		
2071 Howe Drive	94578	401,000	2	768	195307-16-14		
1311 Lillian Avenue	94578	357,000	3	1664	194707-21-14		
1231 Cumberland Avenue	94579	511,500	3	1861	195207-18-14		
14514 Elm Street	94579	180,000	4	1484	195207-14-14		
723 Greer Avenue	94579	400,000	3	1054	195107-15-14		

CAMP KID SCOOP

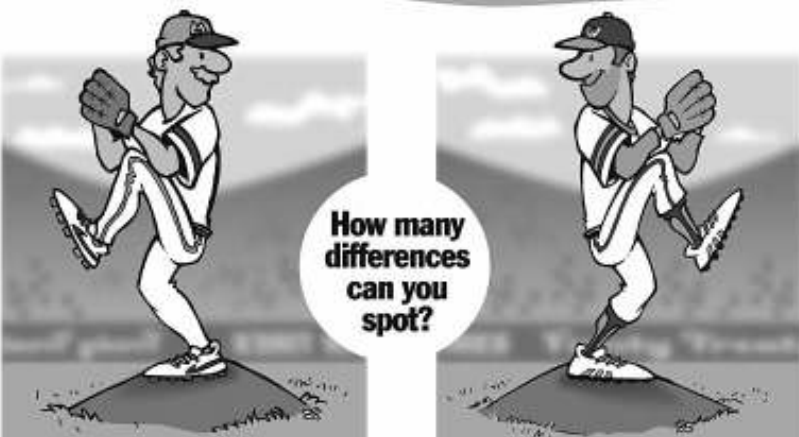
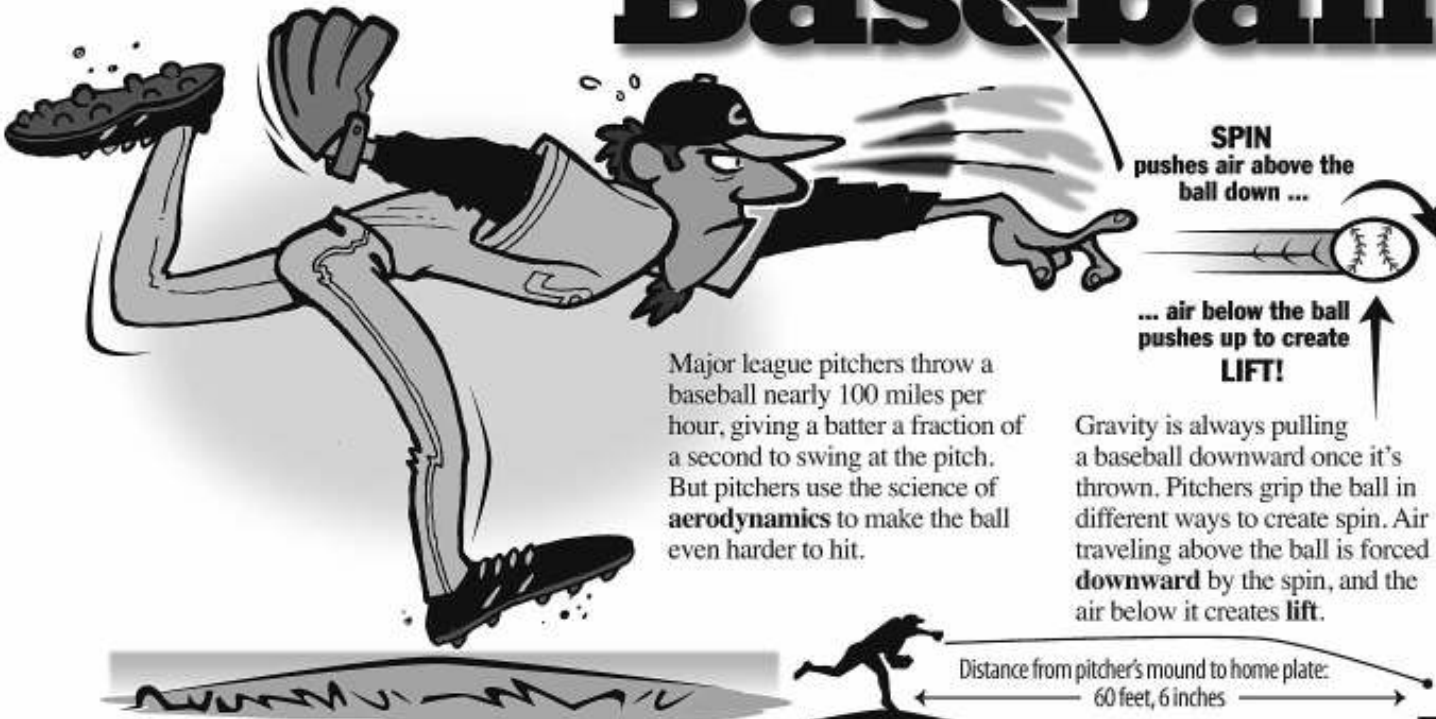
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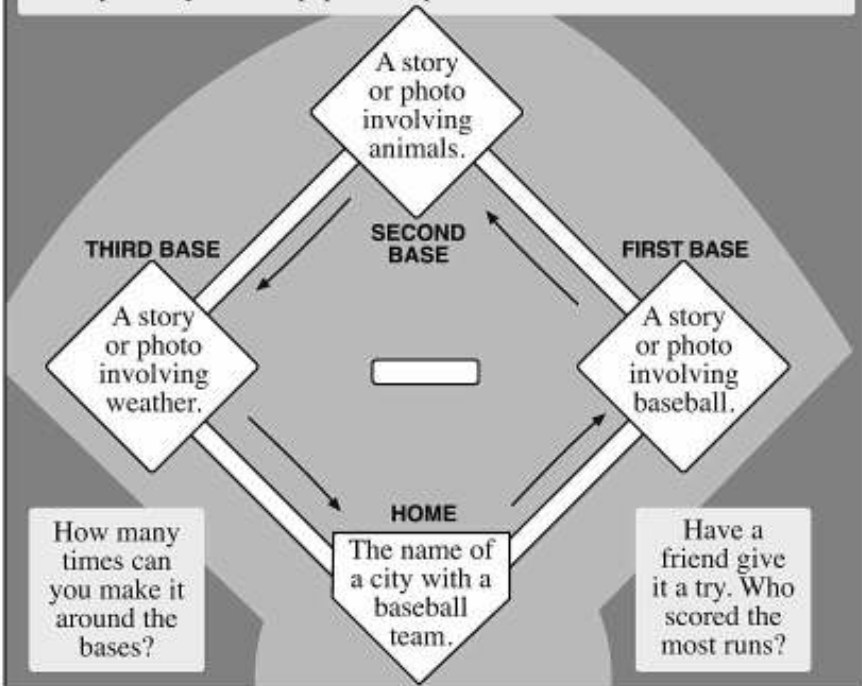
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The Science of Baseball

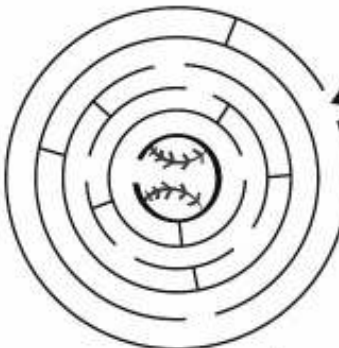


Play Newspaper Baseball!

Can you hit a home run? It's easy! Just find the item in each base and on home plate in your newspaper. Complete all four and it's a home run!

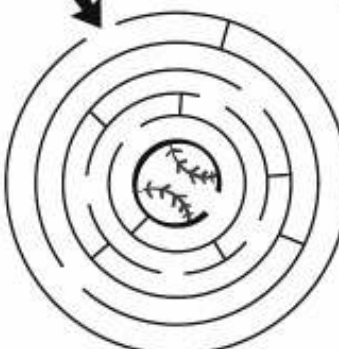
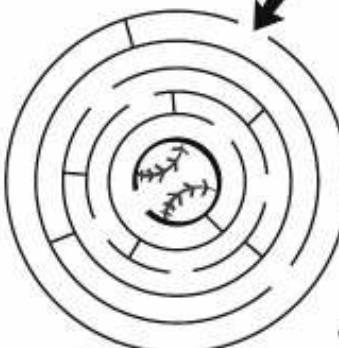


Standards Link: Research: use the newspaper to locate information.



Three strikes, you're out!

Have a friend time you. Can you get to the center of each maze in less than 10 seconds? If you can, score a hit for each one you complete. If not, it's an out.



Extra! Extra! Action!

Look at the sports pages of the newspaper. Try to take and hold the pose of the people in the photographs.

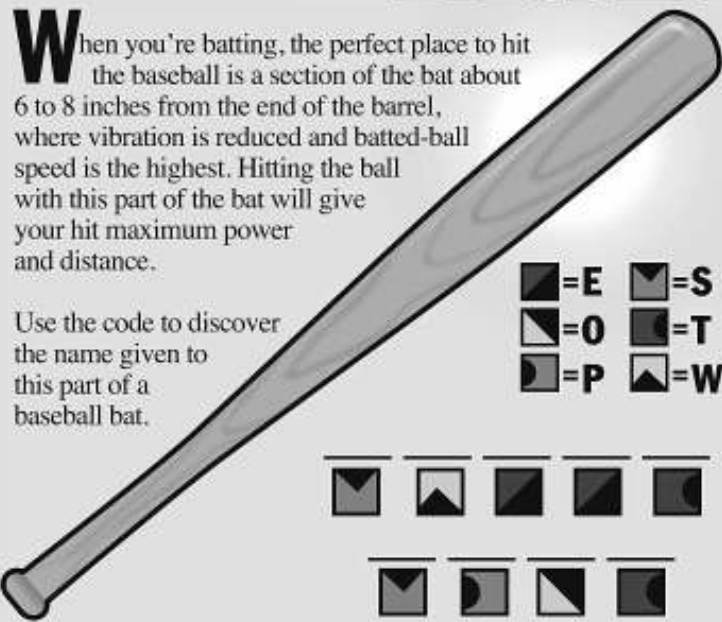
Standards Link: Physical Education: Use control in balance activities on a variety of body parts.

Kid Scoop Puzzler

When you're batting, the perfect place to hit the baseball is a section of the bat about 6 to 8 inches from the end of the barrel, where vibration is reduced and batted-ball speed is the highest. Hitting the ball with this part of the bat will give you hit maximum power and distance.

Use the code to discover the name given to this part of a baseball bat.

■=E ■=S
■=O ■=T
■=P ■=W



Double Double Word Search

PITCHER
BASES
CURVE
GRIP
LIFT
EASY
SWING
GRAVITY
AIR
THROW
SCORE
BALL
MOUND
HIT
OUT

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

M J P L S C O R E W
B S E I G N I W S O
G A K F T B E Y L R
R O L T W C Z A N H
A U G L U N H K S T
V T V R B A S E S Y
I W V Q I D J H R P
T E B A S P D I L O
Y D N U O M A T A G

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

We've scrambled their names of all 30 Major League Baseball teams. Can you rewrite them correctly? Work with a parent if you get stuck!

- OAKLAND THASICTEL
- LOS ANGELES SAGLEN
- SEATTLE RAINRESM
- TEXAS GARES RN
- HOUSTON SATSOR
- MILWAUKEE WEBSRER
- ST. LOUIS LANSRADCI
- CINCINNATI SDER
- PITTSBURGH RIPSATE
- CHICAGO BUCS
- TORONTO JULS ABEY
- BALTIMORE SLIROEO
- NEW YORK EKENSAY
- BOSTON REX SDO
- TAMPA BAY SYAR
- DETROIT REGITS
- KANSAS CITY LARSOY
- CLEVELAND DINSANI
- MINNESOTA SWINT
- CHICAGO HITSO WEX
- SAN FRANCISCO NAGSIT
- LOS ANGELES REDSOGD
- COLORADO ERICKSO
- SAN DIEGO SEDRAP
- ARIZONA BOKSMADINAC
- WASHINGTON TONILAASN
- ATLANTA RABSEV
- MIAMI NIARMSL
- NEW YORK STEM
- PHILADELPHIA HIPLIELS

FROM THE Kid Scoop LESSON LIBRARY

The Game Game

Find an article about a baseball game in the newspaper. What was the score? By how many runs did the winning team win? Find the place where the game was played on a map. How far is that place from your home?

Standards Link: Reading Comprehension: Demonstrate comprehension by responding to questions.

What do you get when you cross a baseball pitcher with a carpet?

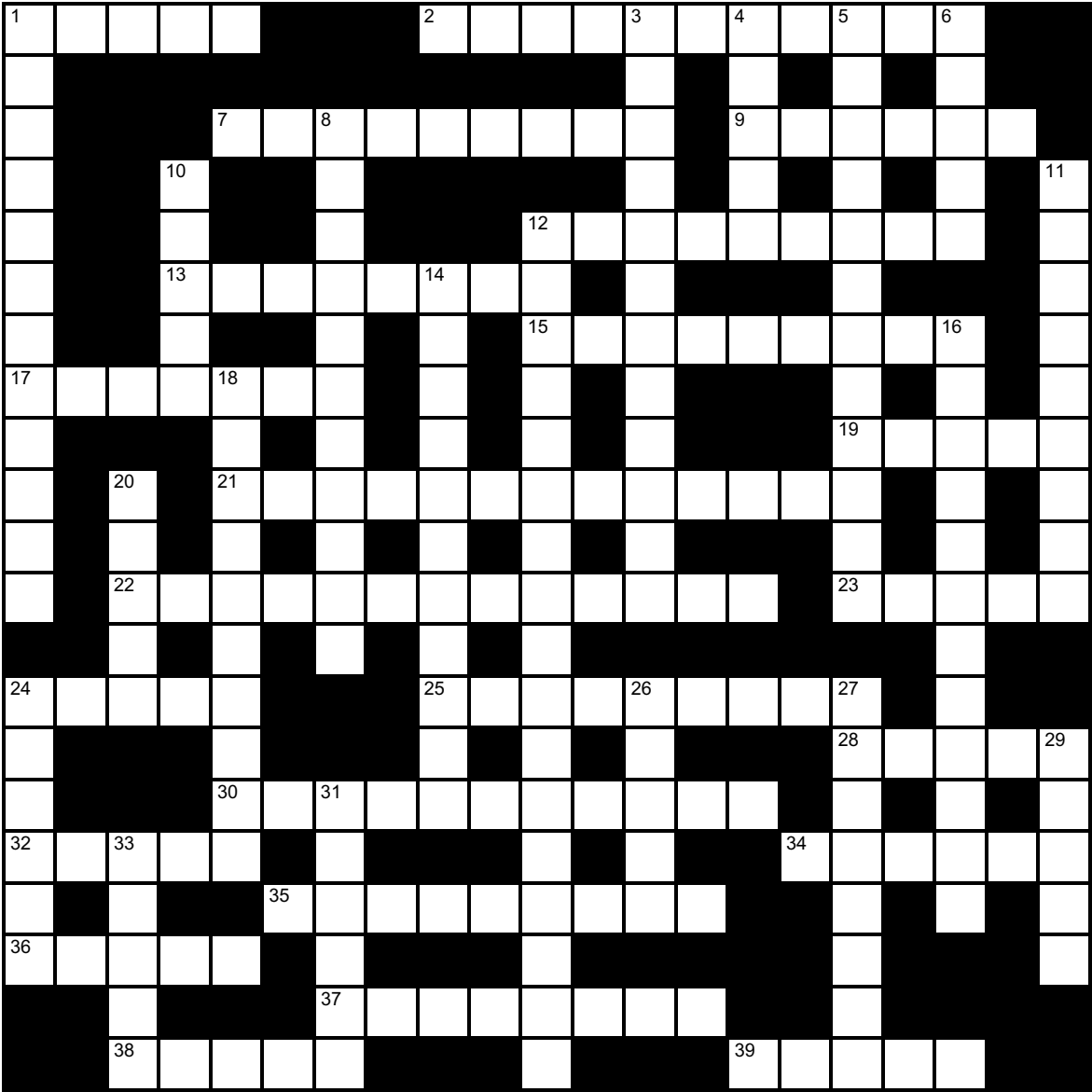


Write On! BATTER UP!

The game was tied at the bottom of the ninth inning. It was my turn at bat and the fans were going crazy ... *Finish this story.*

Mind Twisters

Crossword Puzzle B 278



- Across
- 1 Beach sights (5)

2 Popular item at McDonalds (6,5)

7 Artisans, people who practice an art (9)

9 Not picked up (6)

12 Paying attention to work, cautiously (9)

13 To make an advance, request someone (8)

15 Coming back (9)

17 Mental or emotional strain (7)

19 Dead-on (5)

21 A process shown to people (13)

22 As luck would have it in a bad way (13)

23 Drain (5)

24 Log home (5)

25 Watching carefully (9)

28 Bailiwicks (5)

30 Changed to something different (11)
- 32 Downing Street distance (5)

34 Like some lines (6)

35 Decreasing in size (9)

36 Affirm (5)

37 Summer quencher (8)

38 Bowie's weapon (5)

39 Court employee (5)
- Down
- 1 Details of an object (12)

3 Express joy at someone's achievement (12)

4 Soft downs, of no consequence (5)

5 Smartness, Brilliance (12)

6 Unfortunately (5)

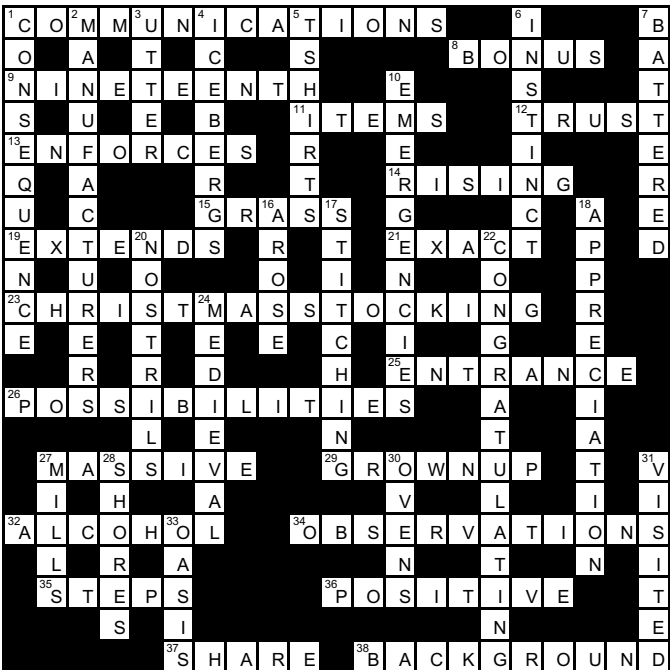
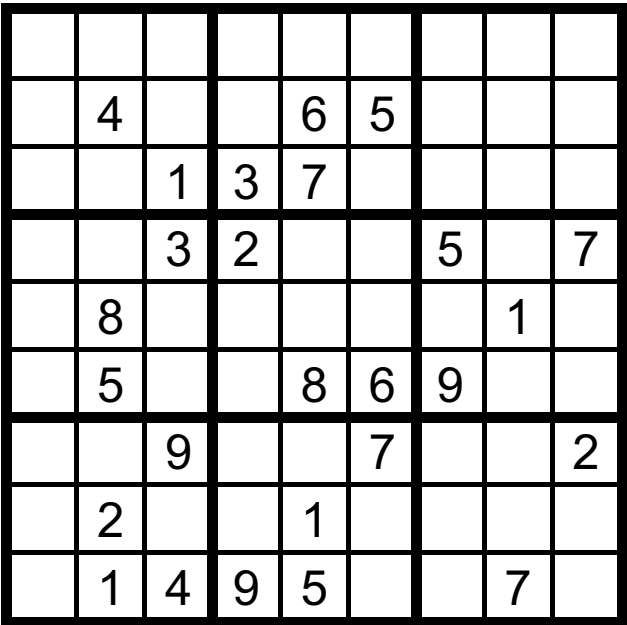
8 People who travel to space (11)

10 Snares (5)

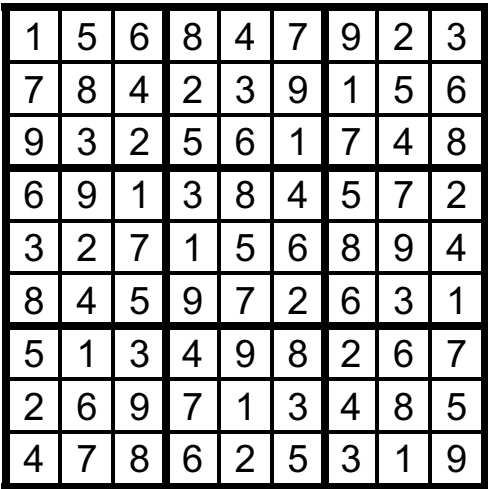
11 Not spoken in public but separately (9)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 277



Tri-City Stargazer AUGUST 20 – AUGUST 26, 2014 BY VIVIAN CAROL

For All Signs: The planet Mars (ancient god of war) conjuncts Saturn (ruler of limits and boundaries) on Monday, August 25. Their coming together represents a debate between polarities: action versus stasis; hot versus cold; spontaneity versus containment; individual needs versus the collective. These planets meet in the sky approximately every two years. Their conjunction urges us to develop the self-discipline and groundwork

needed to become a courageous warrior for our personal or collective causes. Less positively, when the energies are right for war in the world or strife within a relationship, this conjunction can strike the match. Given current conditions, the news will probably be loaded with even more blood and gore.

Aries the Ram (March 21-April 20): Give attention to the lead paragraph because it particularly applies to you. It is possible that you are experiencing considerable anger during this period. The arena is in the territory of investments, debts, partner's resources, and intimacy. You may be encountering a brick wall with a stop sign on it. It might be easier to rethink your strategy and find a different path.

Taurus the Bull (April 21-May 20): You may be taking a sober look at one or more relationships. Even the very closest friends cannot know each other from the inside. Sometimes we forget this fact and need to become aware that we are actually separate beings, helping when we can. Sometimes our energy is too low to be there for one another.

Gemini the Twins (May 21-June 20): Past work on a significant project related to your home pays off now. It has demanded major attention to the details, but they are now integrating well. Contracts may be signed that favor you monetarily. The financial powers-that-be are in your favor. Take a deep breath. You've done a great job.

Cancer the Crab (June 21-July 21): You may not be feeling quite comfortable with yourself this week. It appears your mind is in conflict with your feelings. Do the best you can to deal with this issue up front, perhaps by journaling or discussing it with a friend. Keep in mind that it is not a mandate for you to settle on a decision right now.

Leo the Lion (July 22-Aug 22): You began a project in the areas of home, hearth and family in the early fall of 2013. The result of that effort is now apparent to you. It is probable you have used it in more ways than you initially thought. There may not be marching bands, bells and whistles, but it is a satisfying accomplishment, especially if you have been repairing property or familial relationships.

Virgo the Virgin (August 23-September 22): The Sun enters your first solar house this week and your next birthdate is soon. We often make new starts at this time. Aspects favor short distance travels, education, teaching, siblings or roommates, children, and even romance. Little can go wrong with such a great setup.

Libra the Scales (September 23-October 22): Necessary expenses (those not of the fun type) may develop this week. If not that, you could be just having a little blue mood. It is one of those times when we become aware that our loved ones can never know or understand fully what is inside of us. This is an existential dilemma that everyone encounters now and then. It will pass quickly.

Scorpio the Scorpion (October 23-November 21): The powers-that-be in your life may seem totally unyielding at this time. Remember that the small force of relentlessly dripping water can wear away a stone. Give attention to the most minor of details and prepare to move slowly and deliberately forward. If the idea is not worth that effort, let it go.

Sagittarius the Archer (November 22-December 21): You have no new aspects on the horizon this week, but it is just as well. You are probably still dealing with an apparent no-win situation that has used your time and energy for a couple of weeks. No doubt you would like to be done with it so you can move forward.

Capricorn the Goat (December 22-January 19): This is a wonderful week to concentrate on research or some other mental project. Your mind is clear and things seem to flow easily from one thing to another. You have favorable aspects for travel, networking, and connections with those from a distance or via the Internet. Publishing and/or legal interests are in your favor.

Aquarius the Water Bearer (January 20-February 18): Please see the lead paragraph as it particularly pertains to you and your situation in your career or your life direction. Acceleration, or forward motion, is slammed by the brakes. Perhaps this is your personal agenda doing battle for control. If not, there may be control issues being played

out in this arena. Move forward slowly and carefully.

Pisces the Fish (February 19-March 20): Our culture has an unhealthy game called "guilt versus anger." There is a requirement that must be met and you are pegged as the rescuer. If you don't adopt the role, you will feel a sense of guilt. But when you do, there is anger underneath the action because after all, why should you be required to do this thing? Some who allow entrapment in this no-win situation become physically ill, so they can get a break.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



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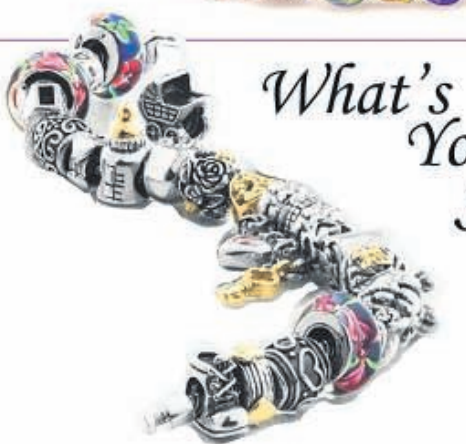
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Music in the Vineyard



BY NAVYA KAUR

It has been a long and tough journey for women. Reflecting on the past century, it may be true that women have made successful strides in the fight for universal suffrage, but even today, girls and women are battling sexism and inequality.

Soroptimist International, a global women's organization, first formed in Oakland, California in 1921, to help improve the lives of women and girls through social and economic programs. It came into existence during a time when women wishing to volunteer in their communities were not permitted to join male service organizations. Since then, Soroptimist International (split into districts, regions, and federations) has been established in 130 countries and territories with almost 80,000 members.

Soroptimist International of the Tri-Cities, covering Fremont, Newark, Union City, and surrounding areas, serving the community since 2002, is hosting its fifth annual "Music in the Vineyard" on Sunday, August 24. There will be live music by The Resistance, dancing, live and silent auctions and a cork pull fundraiser. Use of Westover Winery in Castro Valley has been generously donated by owners Bill and Jill Smyth. Tables, chairs, and tablecloths will be provided; families are encouraged to bring their own picnic. Westover wines will be available for sale.

Funds raised from this event will support service projects such as the Pretty Bag Project that "provides bags of full-size personal care and toiletry items to women who have experienced domestic violence, as well as women who have been res-

cued from human trafficking in the Tri-City area," said Soroptimist member Kathleen Sage. Soroptimist International of the Tri-Cities plans to assemble 300 bags during the year with funds raised from "Music in the Vineyard" and support of local businesses. "Music in the Vineyard is our only fundraiser of the year and our members put in a lot of effort to make sure that we continue to improve the event every year in attendance, enjoyment, and funds raised."

Last year the event sold out quickly, so buy tickets while they last! Don't miss out on a great opportunity to support a worthy cause and enjoy a fun outdoor event with friends and family.

Tickets can be purchased online with two available options: a car pass, where all people in one car are admitted for a total of \$45, or pay \$20 for a regular entrance ticket that comes with a light snack. For more information, call (510) 621-7482 or visit <http://www.sitricities.org>.

Music in the Vineyard

Sunday, Aug 24

2 p.m.

Westover Winery

34329 Palomares Rd, Castro Valley
(510) 621-7482

<http://www.sitricities.org>

Tickets: \$45 per car, or \$20 per person



Welcome Teacher Day

August 26, 2014

10 AM - 5 PM

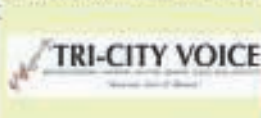
Fremont Flowers

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Friday, August 15
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Toffee Peanuts

Day 3:
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Pineapple Fried Rice
Green Chicken Curry
Almond Toffee

Day 4:
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R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



CONTINUING EVENTS

Friday, Jul 19 - Sunday, Oct 5
In the Footsteps of Charles Darwin
10 a.m. - 4 p.m.
Artwork by Tom Debley
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Wednesday, June 11 - Sunday, Aug 31
Summer Junior and Cadet Racing \$R
11 a.m.
European-style indoor kart racing (Wed, Sat & Sun)
Ages 8 - 17
Lemans Karting
45957 Hotchkiss St., Fremont
(408) 429-5918
www.LeMansKarting.com

Fridays, Jun 20 thru Oct 24
Fremont Street Eats
4:30 p.m. - 9:00 p.m.
Food Truck Mafia offers variety of culinary treats
No smoking & no alcohol
Downtown Fremont
Capitol Ave. between State & Liberty St., Fremont
www.fremont.gov/Calendar

Wednesdays, Jul 2 - Aug 20
Algebra and Geometry Summer Tutoring
2 p.m. - 4 p.m.
Teen volunteers provide math help
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Wednesday, Jul 30 - Sunday, Sep 13
Call For Artists: Fine Art Show
11 a.m. - 5 p.m.
Submit entries in various mediums by Sept. 13th
Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905
www.FremontArtAssociaion.org

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Whoever Drinks Of The Water
That I Will Give Him
Shall Never Thirst; But The Water
That I Will Give Him
Will Become In Him
A Well Of Water Springing Up
To Eternal Life
John 4:14

AA Meetings Every Tues
and Thurs Evenings
7:30-9:30pm
In Spanish
In the Fellowship Hall

Services

**Sunday: 10:45am
and 6pm
Wednesday: 7:30pm**

Arts & Entertainment

Thursday, Aug 1 - Sunday, Aug 30
**The Art of Zhen Shan Ren:
Truth, Compassion, Tolerance**
12 noon - 5 p.m.
Falun Gong, a peaceful spiritual practice
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Friday, Aug 1 - Friday, Sep 26
Robert Wolff
Monday - Friday: 9 a.m. - 5 p.m.
Oils, pastels, and wood cut prints
John O'League Galleria
Hayward City Hall
777 B St, Hayward
(510) 538-2787
http://haywardarts.org/

Wednesdays, Aug 6 thru Sept 24
Walk This Way! \$
9:30 a.m. - 11:00 a.m.
Integrates walking and flexibility
Ages 50+
Kennedy Community Center
1333 Decoto Rd., Union City
(510) 657-5329
www.UnionCity.org

Wednesday, Aug 13 - Sunday, Sep 14
Stephen Hollingsworth Exhibit \$
11 a.m. - 4 p.m.
Automobile photography
Hayward Area Historical Society
22380 Foothill Blvd., Hayward
(501) 581-0223
www.haywardareahistory.org

Thursday, Aug 15 - Saturday, Oct 10
Emerging Artists Exhibit
10 a.m. - 4 p.m.
Variety of art mediums
Foothill Arts of the Bay
22394 Foothill Blvd., Hayward
(510) 538-2787
www.haywardarts.org

Fridays, Aug 15 and Aug 22
Made Up Shakespeare \$R
9 p.m.
Improvised Shakespearean play
Made Up Theatre
3392 Seldon Ct., Fremont
(510) 573-3633
www.MadeUpTheatre.com

Monday, Aug 18, Wednesday, Aug 20, Thursday, Aug 21
Neucode Web Development Workshop \$R
1:00 p.m. - 3:30 p.m.
Create your own website
For middle and high school students
DeVry University Campus
6600 Dumbarton Cir. Fremont
(510) 791-8639
neucode12@gmail.com

Thursday, Aug 14 to Monday, Sep 1
Out of Space
Works by Zach Cotham
Thursday-Sunday: 11 a.m. - 5 p.m.
Artist Reception
Sat, Aug 30
6 p.m. - 8 p.m.
Sun Gallery
1015 E St, Hayward
(510) 581-4050
www.sungallery.org



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Bonde Way at Fremont Blvd.,
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(510) 909-2067
www.fremontfarmersmarket.com

Kaiser Permanente Fremont Farmers' Market

Thursdays

10 a.m. – 2 p.m.

Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers' Market

Sundays

9 a.m. – 2 p.m.

Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Pacific Commons Shopping Center

Saturdays

9 a.m. - 1 p.m.

Through November
Pacific Commons behind DSW
and Nordstrom Rack
43706 Christy St., Fremont
www.westcoastfarmersmarkets.org

Niles Farmer's Market

Saturdays

9 a.m. - 1 p.m.

August through December
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

St. Rose Hospital Farmers' Market

Tuesdays

12 noon – 4 p.m.

Year-round
27200 Calaroga Ave., Hayward
(510) 264-4139
www.digdeepcsa.com

South Hayward Glad Tidings

Saturdays

9 a.m. - 3 p.m.

Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente

San Leandro

Wednesday

10 a.m. - 2 p.m.

June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at ICC

Sundays

8 a.m. – 1 p.m.

Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers' Market

Sundays

9 a.m. - 1 p.m.

Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers' Market

Tuesdays

10 a.m. – 2 p.m.

Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers' Market

Saturdays

9 a.m. – 1 p.m.

Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

East Plaza Farmers' Market

Saturday s

9 a.m. – 1 p.m.

Year-round
East Plaza
11th Ave. and Decoto Road
Union City
(925) 825-9090
www.pcfma.com

THIS WEEK

Tuesday, Aug 19

Toddler Time \$

11:00 a.m. - 11:30 a.m.

Meet the chickens

Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Tuesday, Aug 19

Encountering God: What Ancient Practices Teach Us

7 p.m.

Film, discussion and refreshments

Lifetree Café
4020 Technology Pl., Fremont
(510) 797-7910
www.Lifetreecafe.com

Tuesday, Aug 19

7 Keys to a Successful Job Search

6 p.m.

Career strategist works with job seekers

Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org

Wednesday, Aug 20

Merchandising for the Holiday Season – R

8:30 a.m. - 11:30 a.m.

Tips to increase holiday sales

Hayward City Hall
777 B St., Hayward
(510) 208-0410
www.hayward.org

Wednesday, Aug 20

Drive Smart – R

9 a.m. - 12 noon

Senior driver traffic seminar

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Thursday, Aug 21

Kids Club

11 a.m.

Food, entertainment and crafts

Ages 5+
New Park Mall
2086 Newpark Mall, Newark
(510) 794-5523
www.newparkmall.com

Thursday, Aug 21

East Bay Stompers Band

7 p.m. - 9 p.m.

Dixie, swing and standards music

Bronco Billy's Pizza
41200 Blacow Road, Fremont
(510) 438-0121

Thursday, Aug 21

Summer Street Party

10 a.m. - 4 p.m.

Food, beverages and entertainment

Downtown Hayward
B St. and Foothill, Hayward
(510) 537-2734
www.hayward.org

Thursday, Aug 21

Smart Start: Teen Driving

4 p.m. - 6 p.m.

Driver safety education for ages 15 – 19

Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org

Thursday, Aug 21

Milpitas Chamber Mixer \$R

5 p.m. - 7 p.m.

Network and promote your business

Milpitas Police Officers Association
1313 N. Milpitas Blvd., Milpitas
(408) 262-2613

Friday, Aug 22

The Lego Movie

8 p.m.

Bring a low chair, blanket and picnic

Family movie rated PG
Central Park Soccer Complex
1110 Stevenson Blvd., Fremont
www.fremont.gov

Friday, Aug 22

JC Smith Band

9 p.m.

Live Blues music

Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
http://www.smokingpigbbq.net/

Saturday, Aug 23 - Sunday, Aug 24

Adobo Festival

10 a.m. - 6 p.m.

Food and entertainment

Kennedy Community Center
1333 Decoto Rd., Union City
(650) 290-0542

Saturday, Aug 23

Campfire Program

8 p.m. - 9 p.m.

Games, songs and stories around the
campfire

Chabot Campground and Park
9999 Redwood Rd.,
Castro Valley
(510) 544-3187
www.ebparks.org

Saturday, Aug 23

Chores for Little Farmers \$

10:30 a.m. - 11:00 a.m.

Feed the animals and hear stories

Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

“Come and join the conversation”

August 19: “Encountering God”
What ancient practices can teach us today

August 26: “Bouncing Back”
Turning disasters into opportunities

September 2: “Simplify Your Life”
How a Hollywood millionaire walked away from it all
(video trailers available at LifetreeCafe.com)

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BOOKMOBILE SCHEDULE

Alameda County

Renew books by phone

(510) 790-8096

For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org.
Times & Stops subject to change

Tuesday, Aug 19

9:15 – 11:00 Daycare Center Visit –
FREMONT
2:00 – 2:30 Parkmont School,
2601 Parkside Dr., FREMONT
2:45 – 3:15
Cabrillo School, 36700 San Pedro Dr.,
FREMONT
4:45 – 5:30 Baywood Apts.,
4275 Bay St., FREMONT
5:50 – 6:30 Jerome Ave. and Ohlones St.,
FREMONT

Wednesday, Aug 20

1:30 – 2:00 Hillside School,
15980 Marcella St., SAN LEANDRO
2:15 – 2:45 Eden House Apts.,
1601 165th Ave., SAN LEANDRO
3:15 – 3:45 Baywood Ct.,
21966 Dolores St., CASTRO VALLEY
6:00 – 6:30 Camellia Dr., &
Camellia Ct., FREMONT

Thursday, Aug 21

10:00 – 10:40 Daycare Center Visit –
NEWARK
11:15 – 12:00
Avelina/Oroyosom, 43280 Bryant Ter.,
FREMONT
2:45 – 3:45 Grant Elementary School,
879 Grant Ave., SAN LORENZO
4:00 – 6:30 San Lorenzo Street Eats,
Hesperian at Paseo Grande, SAN
LORENZO

Monday, Aug 25

10:15 – 11:15 Day-
care Center Visit – FREMONT
1:45 – 2:45 Pioneer School, Blythe St., &
Jean Dr., UNION CITY
4:15 – 4:45 Greenhaven Apts., Alvarado
Blvd. & Fair Ranch Rd., UNION CITY
5:15 – 6:45 Forest
Park School, Deep Creek Rd. & Maybird
Circle, FREMONT

Tuesday, Aug 26

10:00 – 11:15 Daycare Center Visit -
FREMONT
2:00 – 2:30 Parkmont School,
2601 Parkside Dr., FREMONT
4:50 – 5:30
Mariner Park, Regents Blvd. &
Dorado Dr., UNION CITY
5:40 – 6:20 Sea Breeze Park, Dyer St. &
Carmel Way, UNION CITY

Wednesday, Aug 27

1:30 – 2:00 Corvallis Schoo,
14790 Corvallis St., SAN LEANDRO
3:00 – 4:00 Warm Springs Community
Center, 47300 Fernald St., FREMONT
4:15 – 4:50 Lone Tree Creek Park, Starlite
Way & Turquoise St., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct.,
FREMONT

Milpitas Bookmobile stops

Renew books by phone

(800) 471-0991

For more information
(408) 293-2326 x3060

Wednesday, Aug 20

1:45-2:15 Friendly Village Park, 120
Dixon Landing Rd., MILPITAS



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Please call 510-896-8056

Email: programassistant@driversforsurvivors.org
www.DriversForSurvivors.org

The Community is encouraged to attend School Board Meeting on Tuesday, August 19th at 7:00 Newark Unified School District Office 5715 Musick Avenue, Newark

continued from page 1



huge following. "I'd like to thank all Adobers who have been following us ever since. This festival is really for them. I get inspired whenever I see a lot of people visit the Adobo Festival. It's very fulfilling," Camins said.

In the Philippines, Filipinos celebrate town festivities during the summer. They go with families and friends to spend the day trying different foods, games and watching entertainment. This is the same concept for the Adobo Festival by bringing the festival to different cities every year. "We know that not everyone can come to the festival in the same location every year, so we thought we'd bring the festival closer to them," says Maite Camins.

Food is central to the festivities and at its center, the Adobo dish which has moved well beyond the bounds of regional status. A basic Adobo is made by slow-cooking meat, usually chicken or pork, in vinegar, soy sauce, black pepper corn, crushed garlic and bay leaf or two. At the Adobo Cooking Contest, contestants can bring a half tray of their own cooked version of Adobo (Datu Puti soy sauce and vinegar is mandatory). But, organizers caution that participants shouldn't limit themselves to the basics; in past contests, many have thought out of the box and actually won! Just imagine Adobo Sushi, Crispy Adobo Flakes or even Adobo Frog Legs. It's up to contestants to come up with a unique version. Judging will be on Sunday, August 24 at noon with cash prizes awarded by UFC, the company that makes Datu Puti in the Philippines, and gift bags from Mama Sita and a trophy by JSCamins Productions.

Another event highlight will be a prize of a free round trip ticket to Hawaii courtesy of Mango

Tours (must be present to win). Attendees can also win Balikbayan boxes certificates to the Philippines courtesy of LBC. There will be many giveaways by vendors, so visiting the booths can be rewarding.

Two days of non-stop entertainment by local Fil-Am talents will include singing, dancing and martial arts exhibitions. Singer Geneva Cruz will also perform. The Kiddie Pop Star Contest (open for ages 4 to 10) will showcase the singing prowess of lovable tykes.]

Sponsors of the event are GMA7 Pinoy TV, Pinoy Life TV, Beauty by Dr. Tess Mauricio, Mango Tours, PLDT & SMART, UFC, Tancinco Law Office, 94.9 FM, MamaSita, Xoom, LBC, Xfinity, Pixel Creation, and media partners San Francisco Post, Philippine News, Manila Mail, Philippine Fiesta, and Tri-City Voice.

This festival, in its ninth year, is shaping up to be bigger and better than ever. So, for a good time and to taste the best adobo around, mark your calendar for this year's Adobo Festival in Union City.

For information on how to join the Adobo Cook-Off Contest, Kiddie Popstar, and for booth vendors, call (650) 290-0542 or (650) 290-4457 or visit www.adobofestivalusa.com.

Adobo Festival
Saturday, Aug 23 & Sunday, Aug 24
10 a.m. – 6 p.m.
Kennedy Park
1333 Decoto Rd, Union City
(650) 290-0542
www.adobofestivalusa.com
Free admission

India Independence Day Celebrates Talent

SUBMITTED BY AJAY JAIN BHUTORIA

Radio Zindagi, Young Leaders Academy, Divine Vastu, and DGN Technologies, IND-TV USA presents the 7th annual "India Independence Day Celebrations: Kids and Youth Events" on Sunday, August 24 at IND-TV studio in Milpitas. India Independence Day celebrates India's independence from the British Empire on August 15, 1947. Children 5-12 years old will dance, sing, and play musical instruments, as well as showcase their skills in public speaking and art. Adults may also take part in a cooking competition in which they will have a chance to prepare Indian cuisine to represent their state.

Registration for the talent competition is now closed. Those interested in joining the art and food competitions must register by August 22. The art competition is open to kids ages 3-15.

Participants are expected to bring their own supplies; paper will be provided. Visit www.indtvusa.com/events-calendar to access the registration form, call (510) 378-0698 or email bhutoria.ajay@gmail.com to register. If you want to join the food competition, contact Anita Kapoor at (510) 894-9570 or Raj Nathawat at (408) 421-0906 for rules and entry process. There is a \$5 fee per family and multiple entries are allowed; the dish should serve at least six people. Talented groups who wish to participate in the cultural program and folk

dances showcasing the States of India may contact Apeksha Anand at (408) 564-3140.

The event started seven years ago with the purpose of giving kids and youth an opportunity to promote confidence, self-esteem, creativity, leadership skills, communication skills, and entrepreneurship skills while connecting them to India's rich culture, heritage, and values.

This year, public officials including 25th District Assemblymember Bob Wiecekowsky, Milpitas Mayor Jose Esteves, Fremont City Councilmember Raj Salwan, San Jose City Councilmember Ash Kalra, Fremont Mayor Bill Harrison, and 20th District Assemblymember Bill Quirk are expected to be present.

This free event is supported by community organizations including Rajasthan Association of North America, Bay Area Tamil Manram, Maithry, and Bay Area Marathi Mandal, and Vishwa Hindi Jyoti.

India Independence Day Celebrations
Sunday, Aug 24
8 a.m. – 4 p.m.
IND TV Studio
372 Turquoise St, Milpitas
(510) 378-0698
bhutoria.ajay@gmail.com
www.indtvusa.com/events-calendar
Free to attend
Food Competition: \$5 Registration Fee

Alameda County Board of Education annual reorganization

SUBMITTED BY PATRICK GANNON

The Alameda County Board of Education (ACBOE) celebrates the appointment of Marlon McWilson as President and Aisha Knowles as Vice President for 2014-2015. ACBOE also congratulates Trustee Knowles, along with Trustees Joaquin Rivera and Yvonne Cerrato on their re-election to additional four-year terms through June 2018.

President McWilson previously acted as Board Vice President, and serves as Trustee of Area 2 representing Alameda and portions of Oakland that include West Oakland, East Oakland, Elmhurst and Millsmont south to Sheffield Village. McWilson replaces previous Board President Rivera, who

will continue his role as Trustee of Area 1, which includes Albany, Berkeley, Emeryville, Piedmont, and portions of Oakland that include North Oakland and Chinatown/Central.

Newly elected Vice President Aisha Knowles has served as Trustee of Area 4 since 2012, representing San Leandro and the western unincorporated communities of Ashland, Castro Valley, Cherryland, San Lorenzo and Fairview.

Trustee Cerrato, elected to the ACBOE in 2002, will continue to serve Area 7, representing the tri-valley cities of Dublin, Pleasanton, Livermore and the unincorporated community of Sunol, and the southeastern portions of Fremont.

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Dancing

Wednesday, Friday, Saturday

Family Friendly **Comedy Tuesday**

The Blues Jam

EVERY WEDNESDAY 9PM

With the JC Smith Band
Blues Lovers, Musicians &
Vocalists are welcome



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EVERY FRIDAY & SATURDAY 9PM

Friday, August 22: 9pm

J.C. Smith - Blues Band

Saturday, August 23: 9pm

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152 Anza St., Fremont

rwkendrickjr@yahoo.com



Saturday, Aug 23
Drawbridge Van Excursion – R
9:30 a.m. - 12 noon
Docent led history program for adults
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513
http://eecdrawbridge.eventbrite.com

Saturday, Aug 23
Urban Cycling 101
1 p.m.
Discuss rules of the road and bike safety
Hayward Weekes Branch Library
27300 Patrick Ave., Hayward
(510) 293-5366
www.library.hayward-ca.gov

Saturday, Aug 23
Astro Summer
7:30 p.m. - 9:00 p.m.
Family sunset hike
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Saturday, Aug 23
Saturday Stroll
10 a.m. - 12 noon
Moderate 3.5 mile trail walk
Lake Chabot
17600 Lake Chabot Rd,
Castro Valley
(888) 327-2757
www.ebparks.org

Saturday, Aug 23
Children’s Book Sale
10 a.m. - 4 p.m.
Books, CDs and DVDs
Milpitas Library
160 North Main St., Milpitas
(408) 262-1171
www.milpitasfol.org

Saturday, Aug 23
Movie Night \$
7:30 p.m.
Mare Nosturm, Laughing Gas, West of Hot Dog
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Aug 23
Flight to Freedom \$
6:30 p.m. - 9:00 p.m.
Release of owls, food, wine and music
Sulphur Creek Nature Center
1801 D. St., Hayward
(510) 881-6747
www.haywardrec.org

Saturday, Aug 23
Free Outdoor Movie Night
8 p.m. - 10 p.m.
Comedy-Drama “Babe”
Bring blankets and chairs
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Aug 23
Great Brownie Bake-Off \$
12 noon - 1 p.m.
Create a chewy chocolate treat
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Aug 23
Derek Irving Combo
9 p.m.
Live Blues music
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
http://www.smokingpigbbq.net

Saturday, Aug 23
Jr. Refuge Ranger Program
1:00 p.m. - 2:30 p.m.
Hands-on activities to earn your badge
Ages 8 – 11
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513 x104

Saturday, Aug 23
Amazing Refuge Race – R
10:30 a.m. - 12 noon
Use GPS to compete for prizes
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x476
http://amaingrefugerace.eventbrite.com

Saturday, Aug 23
Luau Dance for Special Needs
1 p.m. - 4 p.m.
Music, dancing and refreshments
Sorensdale Recreation Center
275 Goodwin St., Hayward
(510) 881-6778
www.haywardrec.org

Saturday, Aug 23
American Red Cross Blood Drive – R
9 a.m. - 2 p.m.
Appointments available
Learning Bee Center
39969 Mission Blvd., Fremont
(800) 733-2767
www.redcrossblood.org

Sunday, Aug 24
Wake Up the Farm \$
10:30 a.m. - 11:00 a.m.
Make a snack for the sheep
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Aug 24
Women on Common Ground – R
5 p.m. - 7 p.m. & 8 p.m. - 10 p.m.
Hike the park with other women
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparksonline.org

Sunday, Aug 24
Summer Concert Celebration
3 p.m. - 6 p.m.
Live Rock and Blues music
Niles Town Plaza
37592 Niles Blvd., Fremont
www.niles.org

Sunday, Aug 24
Kailash Kher \$
7:30 p.m.
Indian pop rock concert
Chabot College
25555 Hesperian Blvd., Hayward
(510) 677-2777
aaaentertainments.com

Sunday, Aug 24
Linguini and Meatball Feed \$
5 p.m. - 7 p.m.
Benefit for terminally ill children
Transfiguration Catholic Church
4000 East Castro Valley Blvd,
Castro Valley
(510) 483-3779

Sunday, Aug 24
India Independence Day Celebration
8 a.m. - 4 p.m.
Cultural performances and food competition
IND TV
372 Turquoise St., Milpitas
(510) 378-0698
bhutoria.ajay@gmail.com

Sunday, Aug 24
10K on the Bay \$
7 a.m.
Benefit race for educational programs
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sunday, Aug 24
Boldly Me Water Gala Benefit \$
12:30 p.m. - 5:00 p.m.
Swimming, food and entertainment
Aqua Adventure Water Park
40500 Paseo Padre Pkwy,
Fremont
(510) 494-4426
www.boldlyme.org

Sunday, Aug 24
Gorgeous Goats \$
12:30 p.m. - 1:30 p.m.
Kids groom and exercise goats
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Tuesday, Aug 26
Welcome Teacher Day
9 a.m. - 5 p.m.
Elementary students receive free flowers for teachers
Fremont Flowers
36551 Fremont Blvd, Fremont
(510) 656-7300
www.fremntflowers.com

Tuesday, Aug 26
Card Making Workshop – R
4:30 p.m. - 6:30 p.m.
Techniques to create unique greeting cards
Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org

Summer concerts

FREMONT

Summer Concert Series
6:00 p.m. – 8:00 p.m.
Central Park Performance Pavilion
40000 Paseo Padre Pkwy, Fremont
(510) 494-4300
www.fremont.gov
Free

Thursday, Aug 14: East Bay Mudd
(Big horn band playin’ R&B)

Niles Home Concert Series
6:00 p.m. - 9:30 p.m.
Downtown Niles
(510) 825-0783
https://www.facebook.com/NilesHomeConcert
Tickets: \$20 suggested donation;
attendance by advanced RSVP only

Saturday, Aug 30: Warbler, Kyle Terrizzi

Niles Town Plaza Summer Concert Series
3:00 p.m. – 6:00 p.m.
Niles Town Plaza
37592 Niles Blvd, Fremont
(510) 742-9868
www.niles.org
Free

Sunday, Aug 17: Maxx Cabello Jr., Allen Vega Blues Band (rock and blues)
Aug 24: TBD
Sept 7: TBD
Sept 21: TBD

HAYWARD

Hayward Street Party
5:30 p.m. - 8:30 p.m.
B Street (between Foothill Blvd and Watkins St), Hayward

(510) 537-2424
www.hayward.org
Free

Thursday, Aug 21: Patron, Third Sol, Hayward High Marching Band

Music and Art in the Park Summer Concert Series
1:00 p.m. – 5:00 p.m.
Memorial Park
24176 Mission Blvd, Hayward
www.HaywardLodge.org
Free

Sunday, Aug 24: Three O’-Clock Jump (Big Band, jazz), Hayward La Hon Music Camp All Stars
Sunday, Sep 7: No Fly List, Two of Us, Mt. Eden Choir members
Sunday, Sep 14: What’s Up Big Band, Mt. Eden High School Orchestra Band and Jazz Band
Sunday, Sep 21: San Francisco Scottish Fiddle Club, The Rolling Drones
Sunday, Sep 28: Hypnotones (rock ‘n roll), Hayward High School Marching Band and Jazz Band members

MILPITAS

City of Milpitas Summer Concert Series
6:15 p.m. – 8:15 p.m.
Murphy Park
1645 Yellowstone Ave, Milpitas
(408) 586-3210
http://www.ci.milpitas.ca.gov
Free

Tuesday, Aug 19: Big Blu Soul Revue

New Fremont Farmers’ Market

SUBMITTED BY NILES MAIN STREET ASSOCIATION

The long awaited Niles Farmers’ Market is starting Saturday, August 23. Join your neighbors at the Niles Plaza Parking Lot on Saturday mornings throughout the year for fresh, locally grown fruit and vegetables.

Niles Farmers’ Market Saturdays 9 a.m. – 1 p.m. Niles Plaza Parking Lot

Market Schedule:
Saturday, Aug 23, 30
Saturday, Sep 6, 13, 20, and 27
Saturday, Oct 4, 11, 18, and 25
Saturday, Nov 1, 8, 15, 22, and 29
Saturday, Dec 6, 13, 20, and 27

A F.U.N. donation to animal shelter

SUBMITTED BY ANNA MAY

The Rotary Club of F.U.N. (Fremont-Union City-Newark) Sunset has extended their support of Hayward Animal Shelter. The club donated \$1,500 to the shelter for children’s education on kindness to animals during the next school year.

The club first supported the animal shelter during the SantaCon Hayward event in 2012 to raise funds for Hayward shelter dogs and cats. SantaCon Hayward organizers picked as many animals to sponsor adoptions as they could afford with what was raised. That tradition has continued. They also raised funds through their Lunar New Year/Dragon Lady Contest dinner fundraiser to help pay for educational materials for public school children to learn more about animal appreciation and kindness.

The Rotary Club of F.U.N. Sunset, the only evening Rotary Club in the area, is a growing club based in the East Bay. Club members work locally, regionally, and internationally to participate in several advocacies with the motto, “Service above self.”

Relay For Life fights for a cure

Communities all across the country are gearing up once more for Relay For Life. The signature fundraising event for the American Cancer Society, Relay For Life unites people to celebrate those who have battled cancer, remember those lost to the disease, and fight to find a cure.

Teams of friends, families, and coworkers gather at local schools, parks, or fairgrounds to walk around a track overnight, with one team member on the track at all times, representing the fact that cancer never sleeps. Events include an inspiring Opening Ceremony; Survivors Lap; Luminaia Ceremony where brightly lit, decorated bags are placed to honor those lost and currently fighting cancer; Fight Back Ceremony symbolizing the commitment to family and community to fight cancer; and the Closing

Ceremony to remember, celebrate, and recommit for another year. Games, food, and various activities are also available throughout the event to raise funds and have a great time throughout the day and night.

Cancer is the second leading cause of death in the U.S., and contributions are essential to the fight, ensuring ongoing research and support programs. The American Cancer Society has played an important role in nearly every major cancer research breakthrough of the past century, including mammography screening, bone marrow transplants, combination chemotherapy for childhood cancers, and the development of drugs to treat leukemia and breast cancer. In addition to raising much-needed funds, Relay For Life also raises awareness of the

importance of cancer prevention, early detection, treatment, and patient support.

Join the movement in your community and help the American Cancer Society create a world with less cancer and more birthdays.

To learn more about Relay For Life and find details for an event in your city, visit www.relayfor-life.org. To learn about the programs and services of the American Cancer Society, visit cancer.org or call 1-800-227-2345.

Relay For Life of Union City Saturday, Aug 23 – Sunday, Aug 24 9 a.m.
James Logan High School 1800 H St, Union City
Contact Nathan Ritchie nathan.n.ritchie@gmail.com

COMMUNITY BULLETIN BOARD

Dawn Breakers Lions Club Our Motto is: WE SERVE Meetings -1st & 3rd Thursdays 6:45am-8am El Patio Restaurant 37311 Fremont, Blvd., Fremont We welcome Men & Women with desire to serve our community 510-371-4065 for Free Brochure	KIWANIS CLUB OF FREMONT We meet Tuesdays at 7:00 a.m. Fremont/Newark Hilton 39900 Balentine Drive, Newark www.kiwanisfremont.org Contact Elise Balgley at (510) 693-4524	Soroptimist International Tri-Cities Improving the lives of women and girls in our community and throughout the world. Meetings: Third Monday every month at 6:00pm Papillon Resturant 37296 Mission Blvd Fremont Call 510-621-7482 www.sitricities.org	510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post informa- tion including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thou- sands of friends and neighbors every TUESDAY in the TCV printed version and continu- ously online. TCV has the right to reject any posting to the Commu- nity Bulletin Board. Payment must be received in advance. Hayward Arts Council 22394 Foothill Blvd., Hayward 510-538-2787 www.haywardarts.org Open Thurs., Fri., Sat., 10am-4pm Promotes all the arts & encourages local artists in all art mediums. Foothill Gallery, John O’Lague Gal- leria, Hayward Area Senior Center Exhibit Hall. All FREE- open to public.	
TRI-CITY DEMOCRATIC FORUM NEXT MEETING September 17, 2014 7:00 pm Chandni Restaurant 5748 Mowry School Rd Newark, CA 94560 http://www.tricitydems.com/	Hayward Demos Democratic Club Monthly meetings-learn about current issues from experts, speak with officials. Annual special events such as Fall Festival, Pot-lucks and more Meetings open to all registered Democrats. For information www.haywarddemos.org	Tri-City Ecology Center Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-783-6222	AARP Newark Meetings Newark Senior Center 7401 Enterprise Drive., Newark last Monday of each month at 10:00 am. All seniors (50+) are welcome to attend Contact 510-402-8318 http://aarp-newark-california-webs.com/	
Interested in Portuguese Culture and Traditions? PFSA (Portuguese Fraternal Society of America) Promotes youth scholarships, community charities, and cultural events. All are welcome. Contact 510-483-7676 www.mypfsa.org	Afro-American Cultural & Historical Society, Inc. Meetings: Third Saturday 5:30pm in member homes Call: 510-793-8181 for location Email: contact@aachisi.com See web for Speical Events www.aachis.com We welcome all new members Celebrating 40th anniversary	Fremont Cribbage Club teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email:Accgr43@gmail.com Or call Tracy (510) 793-6472 American Cribbage Congress www.cribbage.org		
RPEA Chapter 53 Retired Public Employees 2nd Tuesday of ODD Months Sept 9th Dennys Restaurant 30163 Industrial Pkwy SW Hayward All Current or retired employees welcome Call Eve 510-489-6755	FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont All are welcome, come join us www.fremontcoinclub.org 510-792-1511		FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com	Holy Trinity Lutheran Church Caring, Sharing, Serving God 38801 Blacow Rd., Fremont Sun Worship:8:45am 11:00am Child-care provided.Education for all ages: 10:00am. Nacho Sunday: First Sunday of every month. (510)793-6285 www.holytrinityfremont.org
NARFE National Assoc of Active and Retired Federal Employees Meet 4th Friday of Month Fremont Senior Center Central Park @ Noon All current or retired Federal Employees are welcome. Call Ellen 510-656-7973 donodo@comcast.com	The Friendship Force San Francisco Bay Area Experience a country and its culture with local hosts and promote global goodwill. Clubs in 56 countries. Monthly activities and group travel. www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857.	Help with Math & Reading You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. Contact 510-797-2703 dla_aarp_4486@yahoo.com	Become the speaker & leader you want to be Citizens for Better Communicators (CBC) Toastmasters Guests and Visitors welcome Saturdays 10:15am Unitek College Room 141 4580 Auto Mall Pkwy., Fremont 510-754-9595	Niles Canyon Railway Wine Tastng Trains 7-19, 8-9 & 16, 9-14 2 hour ride \$37.50/Adult Departs from Sunol depot 6 Kilkare Road., Sunol 5 wines plus appetizers Tickets at www.ncry.org information: 510-996-8420 station-agent@ncry.org
MENTAL ILLNESS SUPPORT Free courses and presentations in Alameda County for caregivers of someone with a serious mental illness and those with a mental illness. For more information,call (510)969-MIS9 (6479) or email to info@NAMIlacs.org www.NAMIlacs.org	SparkPoint Financial Services FREE financial services and coaching for low-income people who want to improve their finances. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center To reserve a seat: 574-2020 Fremont.gov/SparkPointFRC	Berryessa-North San Jose Democratic club Mtng August 21st, 7pm @Berryessa Library Endorsement proceedings for: congressional District 17 Berryessa union School Dist Eastside Hi-h School Dist Milpitas Clty council BNSJDemocrats@yahoo.com	Flash Fiction Writing Contest 300 words or less At Half-Price Books On Sat. September 27, 2014 Any age can enter Entry Deadline 9-20-14 Winner decided by People's Choice Cash and/or Gift Card prizes www.FremontCulturalArtsCouncil.org	Craft Fair Saturday, Oct 11 9am-4pm Hayward Veterans Bldg. 22737 Main St., Hayward By: American Legion Auxiliary Contact: Dorothy Castillo 510-581-1074 email: Dorothycastleillo61@yahoo.com
Easy - Enjoyable LIFE ElderCare needs your help Assist seniors with medical appointment or errands 4 hours a month. Flexible scheduling Call Tammy 510-574-2086 tduran@fremont.gov www/lifeeldercare.org	First Church of Christ Scientist, Fremont Sunday Service 10am Sunday School 10am Wed. Eve Service 7:30pm Chld Care is available all serv- ices. Reading Room Open Monday - Friday 1-3pm 1351 Driscoll Rd., Fremont 510-656-8161	Fall Into Recovery in Al-Anon! Saturday, Sept. 27 9am-7pm - Yoga, food, fellowship, laughter! Workshops 10am-2:45pm Speakers from Alateen, AA, Al-Anon 3:30pm-6:30pm Calvary Chapel 42986 Osgood Rd, Fremont Easydudz@gmail.com	New Dimension Chorus Men’s 4 Part Vocal Harmony In the “Barbershop” style Thursdays at 7pm Calvary Luther Church 17200 Via Magdalena SanLorenzo Contact: ndchorus.org 510-332-2481	Now Enrolling for Fall Gan Sameach Preschool (“A Happy Garden” Play Based, Child Centered and Nurturing Guided by Jewish Values Experienced Teachers Children Ages 2-5 Call or e-mail to schedule your visit 510-656-7141 tbteducation@sbcglobal.net
Home Craft Fair Our 43rd Year October 1,2,3,& 4 Wed 11am-4pm-Thurs & Fri 10am -6pm Sat 10am-4pm 1608 Via Sarita San Lorenzo Follow signs on Bockman Road	Calling all Crafters! Join us for our Holiday Boutique & Crafts Fair November 1st in Newark! Call 510-589-1167 or email cbncboutique@sbcglobal.net for complete information.	Christmas Holiday Boutique Sat Oct 25 9am-2:30pm Food, Bake Sale, Crafts New England Village Mobile Home Park Clubhouse 940 New England Village Dr. Hayward - 510-783-9361 or 510-783-0989 Want a Booth Call for Info	FINE ART SHOW 9/24 – 10/19 \$1,000.00 PRIZE \$\$\$ 9/12 Entry Form Due 9/28 Reception, Awards \$ Entry form on-line or at... 37697 Niles Blvd., Fremont 510.792.0905 www.fremontartassociation.org	50th Year Class Reunion Washington High School Class of 64’ & Friends September 26 & 27, 2014 Spin A Yarn Steakhouse,Fremont Contact Joan Martin Graham billjoan3@pacbell.net
Soiree Singles For People Over 60 Many Activities! Dancing, Dinners, Luau’s Potlucks. Great Fun! email: lelochmil@att.net or Call: Lois for FREE Newsletter 510-581-3494	ShaBarbeque?=Shabbat plus Barbeque Temple Beth Torah invites you to casual outdoor Shabbat Services followed by a BBQ picnic dinner. (We provide the coals, you bring the rest.) Fri. 6/27,7/25, 8/29 at 6:30pm For details see www.bethtorah-fremont.org or call (510) 656-7141	Coffee House Saturday, September 20 7:00 pm – 8:30 pm Evelyn and Friends New Hope Community Church 2190 Peralta Blvd., Fremont (510) 739-0430 neuhope@pacbell.net http://www.newhopefremont.org Free admission, drinks provided	13th Annual Olive Festival Saturday, Oct. 4th, 2014 10:00 a.m. – 5:00 p.m. Located on the grounds of Dominican Sisters of MSJ 43326 Mission Blvd, Fremont New Foods, New Vendors Live Music, Beer & Wine Kids Games, Raffles, & FUN www.msjchamber.org	San Lorenzo High School Class of 1957 Reunion Pleasanton Marriott Hotel Sat. - Oct. 11, 2014 Dinner/Social 5-10pm Sun. - Oct 12, 2014 Brunch 10am-12noon Contact: Irene Athearn 510-276-1558

SPORTS

California Lt. Gov wants AD jobs tied to academics

BY ANTONIO GONZALEZ
AP SPORTS WRITER

SAN FRANCISCO (AP), California Lt. Gov. Gavin Newsom wants the jobs of athletic directors at the state's public universities to be tied more to the academic performance of athletes.

Newsom outlined his plan in letters sent this week to University of California President Janet Napolitano and California State University system Chancellor Timothy White. He wrote that there should be aggressive benchmarks and penalties in the contracts of athletic directors depending on the department's academic performance.

Newsom's notes come at a time when there are three public schools in the state – California, Berkeley; Fresno State; and Sacramento State – searching for new athletic directors. He suggested financial stipulations based on academic performance be placed into every

new athletic director's contract.

"We cannot skirt around the edges of the problem," Newsom wrote in both letters. "If our goal as a university is to educate, then we should make it a contractual priority."

In the letter to Napolitano, Newsom noted the Cal football team's past two NCAA Graduation Success Rate figures – 44 percent in 2013 and 48 percent in 2012. In the letter to White, he highlighted the Fresno State men's golf team's most recent GSR of 29 and the Sacramento State football team's GSR of 61.

The GSR measures graduation rates of Division I schools after four years and includes students transferring into the institutions. The GSR also allows schools to subtract athletes who leave before graduation, as long as they would have been academically eligible to compete if they remained.

With three searches for athletic directors ongoing in California,

Newsom believes it's an opportunity to start enforcing stricter academic standards among athletic department leaders.

Cal is seeking a replacement for Sandy Barbour, who left in June. She has since been hired as Penn State's athletic director.

Fresno State announced Tuesday that Thomas Boeh is being reassigned from athletic director to an adviser to the university's president. And Terry Wanless retired as Sacramento State's athletic director June 30.

Newsom wrote in his letter to Napolitano that the changes should start with Cal's next athletic director and eventually "make this the new standard for every athletic program."

Steve Montiel, a spokesman for Napolitano's office, declined to comment. Mike Uhlenkamp, director of public affairs for the CSU system, said White received Newsom's letter and was reviewing the suggestions.

Thomas Orozco - Junior Angler Champion

SUBMITTED BY
GILBERT D OROZCO

Thirteen-time Junior Angler Champion, Thomas Orozco, 14, of Union City, placed first in his age division at the International Game Fish Association (IGFA) Young Anglers Tournament held at Shelter Island Pier in San Diego on August 9. Thomas caught and released Calico Bass, Sand Bass, Mackerel, Jacksmelt, Bat Ray, Scorpionfish and Midshipman during the three and one-half hour tournament in which 150 kids ages 6-15 participated. Thomas has captured first place for his age division thirteen times at IGFA Tournaments. Congratulations!



Water Polo places school record on All-Academic Team

SUBMITTED BY
SCOTT CHISHOLM

The Cal State East Bay women's water polo squad placed a school record 10 team members on the Association of Collegiate Water Polo Coaches (ACWPC) All-Academic Team this past season. The Pioneers finished the year with a cumulative team grade point average of 3.26, the 12th highest in the nation.

Michelle Thornbury and Jennifer Lightbody headline the group with each maintaining grade point averages above 3.70. All five returning student-athletes who earned ACWPC All-Academic honors in 2013 qualified once again with Lightbody leading the way.

Senior Julia Charlesworth earned the academic honor in each of her four seasons with the Pioneers. Fellow senior Allison Zell did the same in her two seasons with Cal State East Bay and was the only CSUEB player to earn both All-America and All-Academic honors in 2014. Sophomores Casey Rushforth and Simonne Call round out the returning cast.

Newcomers to the academic honor roll include freshmen Shelby Higginson and Olivia Mackell, who received "Superior" status maintaining a GPA above 3.40. Senior Junior Breanna Ritter and sophomore Taylor Cross earned "Excellent" honors with GPA's higher than 3.20 to complete the list.

Henry and Ayala join Pioneer soccer

SUBMITTED BY
SCOTT CHISHOLM

Local college transfers senior Steven Henry (La Sierra Univ. /Concord) and junior Paco Ayala (S.F. City College /Hayward) will join Cal State University East Bay (CSUEB) men's soccer for the upcoming 2014 season. Both will join the Pioneers a year removed from their most recent collegiate action.

"Steven is a hardworking and talented defender who will make an immediate impact for us. Paco is a calm and intelligent defender who is extremely comfortable with the ball at his feet," praised sixth year Head Coach Andy Cumbo of his newest back line talents.

This defensive duo will join a squad that posted the most California Collegiate Athletic Association (CCAA) wins (five) in program history a season ago. The defense either shut out or held the opposition to a single goal in 10-of-19 games during the 2013 campaign.

CSUEB will officially begin the 2014 season on Saturday, September 6, against Academy of Art. It will be a familiar venue for Ayala with the contest being played at Ram Stadium on the City College of San Francisco (CCSF) campus.

Briana Guillory to play basketball for CSUEB Pioneers

SUBMITTED BY
SCOTT CHISHOLM

Cal State University East Bay (CSUEB) women's basketball has announced Briana Guillory of Millikan High School in Long Beach will become a Pioneer for the 2014-15 season. As a senior she was part of a Rams squad which finished 26-4 and won the CIF Southern Section Division 1AA Championship for the first time in program history.

"(Briana) is an all-around athlete and great student with terrific upside. We didn't recruit many first year players this season but are happy she picked East Bay and has found a new home with our family," said East Bay Head Coach Suzy Barcomb.

During Guillory's final high school campaign she posted career highs in nearly every offensive statistical category. She finished the season averaging 9.5 points, 5.2 rebounds, 4.0 steals, and 2.7 assists over 30 games. Guillory scored 19 points in her final high school contest as the Rams defeated Bonita High School 56-53 for the title.

CSUEB will officially begin the 2014-15 season on Friday, November 14, against Saint Martin's as part of the Western Oregon DoubleTree by Hilton D2 Shootout.

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June - August

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Fremont Laser Med Spa announces the arrival of the NEW FAT LIQUIFYING F.D.A. APPROVED LASER the best non-invasive, body slimming, laser treatment, to its practice, making Dr. Kojian one of the first physicians to offer this new laser in the Bay area.

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510-744-1582

www.fremontlasermedspa.com

210 Fremont Hub Courtyard (Behind Bed Bath & Beyond)

Cutts of CSUEB swims to pair of open-water masters national titles

SUBMITTED BY SCOTT CHISHOLM

Junior swimmer Hannah Cutts, of Cal State University East Bay (CSUEB), won two of three open-water races at the Cascade Lakes Swim Series on the weekend of Friday, August 8 -Sunday, August 10. She became the U.S. Masters National Champion in the 5,000 meters on Sunday, the 1,500 meter champion on Saturday, and took runner-up in the 3,000 on Friday, at Elk Lake.

Cutts, a Lake Oswego, Oregon native will return to CSUEB for her third season with the Pioneers and Head Coach Ben Loorz. She ended last season qualifying for the Pacific Collegiate Swim Conference (PCSC) Championship finals in the 1,000-yard and 1,650-yard freestyle events, going on to place fifth in both.



PHOTO BY MELISSA TARNOWSKI

Serving as a gateway to the San Francisco Bay Estuary, Hayward Shoreline Interpretive Center opens its doors to introduce the public to nature's wonders. The Interpretive Center promotes ecology, history, and significance of the wetlands surrounding the San Francisco Bay using their educational facilities, exhibits, and programs. One of the many activities they offer not only introduces the estuary, but also promotes healthy living in the Bay Area by letting people know that they have access to the trail for a nice run or walk.

Join the 11th annual "10K on the Bay" Sunday, August 24 at Hayward Shoreline Interpretive Center. Run or walk along the Bay Trail and

enjoy breathtaking views of the San Francisco Bay Estuary by participating in a 5K or 10K run. Proceeds from this event will help maintain and enhance educational programs, exhibits, and facilities of the Interpretive Center.

This year, about 500 to 600 participants are expected who will run along the 8-mile trail. According to Program Director Adrienne De Ponte, one of the Interpretive Center's long-standing projects is the renovation of their Habitat Room, which houses animals including reptiles, fish, and invertebrates; the money raised will help add new tanks, interpretive signs, animals, and microscopes. In addition, De Ponte says that the event's purpose is to bring awareness about their programs, including Feeding Frenzy, a free

program that debunks some myths about animals seen as too dangerous such as sharks and snakes, and Toddler Ramble, a weekly program for one to three-year-olds that exposes kids to nature at an early age.

Visit www.10Konthebay.org to pre-register for \$30 until August 22 at noon. On-site registration begins at 7 a.m. with a \$35 fee. Children ages 10 and under race free; contact the Interpretive Center or send the registration form via mail to register your child. T-shirts will be given out that day on a first come, first served basis. For more information, contact shoreline@haywardrec.org or call (510) 670-7270. Please note that dogs are not allowed in the race.

The event is sponsored by Hayward Area Recreation and Park District, East Bay Regional Park District, Glimmerglass Networks, Windsor Foods and more.

10K on the Bay
Sunday, Aug 24
7:00 a.m.: Registration
8:30 a.m.: 5K Race
8:40 a.m.: 10K Race
Hayward Shoreline Interpretive Center
4901 Breakwater Ave, Hayward
(510) 670-7270
www.10konthebay.org
Pre-Registration Fee: \$30
On-site Registration Fee: \$35
Children 10 and under: Free

Amazing Refuge Race

SUBMITTED BY DON EDWARDS SAN FRANCISCO BAY NATIONAL WILDLIFE REFUGE PHOTOS COURTESY OF CARMEN LEONG-MINCH

Welcome to the "Amazing Refuge Race"! Armed with GPS units, teams will race around the Don Edwards San Francisco Bay National Wildlife Refuge in an attempt to be the first to complete required challenges on the refuge. Teams will be given a set of coordinates to find a location using their GPS unit, and once at that location, must work together to complete a challenge. When that task is completed, teams will receive the next set of coordinates. Those who complete all challenges and arrive at the

finish first wins! "The purpose is to get people to learn about the refuge, migratory birds, habitat, and endangered species while exploring the refuge trails," says Outdoor Recreation Planner Carmen Leong-Minch. "The purpose is also to get them outside and be physically active. Studies have shown that people who recreate outdoors tend to be more fit and have lower stress levels. This is just one of the ways we try to spread our message, encourage an active lifestyle to improve health, and incorporate technology in the process!" Call (510) 792-0222 ext. 476 for additional information and rules. Those without a GPS unit can borrow one from REI Outdoor School the day of the race at the refuge. Take the 30-minute introductory course on how to use the unit prior to the race.



Registration is required. You may register up to five people for your team with a minimum of two people per team. The refuge may place individuals on teams containing fewer than five people to ensure maximum participation. Registration deadline is August 20. The event is currently full, but those interested can get on the waiting list at <https://amazingrefugerace.eventbrite.com>. There is no cost to enter. Children under the age of 16 must be accompanied by an adult.

Amazing Refuge Race
Saturday, Aug 23
10:30 a.m.
Don Edwards San Francisco Bay National Wildlife Refuge
Visitor Center
2 Marshlands Rd, Fremont
(510) 792-0222 ext. 476
http://www.fws.gov/refuge/don_edwards_san_francisco_bay/
<https://amazingrefugerace.eventbrite.com>
Free



First day of school

School bells will begin ringing once more at local schools and districts. A sampling of the first day of classes scheduled follows:

- Monday, Aug 25**
California School for the Deaf
39350 Gallaudet Dr, Fremont
(510) 794-3666
<http://csdeagles.com/>
- Tuesday, Aug 26**
Castro Valley Unified School District
4400 Alma Ave, Castro Valley
(510) 537-3000
<http://www.cv.k12.ca.us/>
- Monday, Aug 18**
Fremont Christian School
4760 Thornton Ave, Fremont
(510) 744-2249
<http://www.fremontchristian.com/>

- Wednesday, Aug 27**
Fremont Unified School District
4210 Technology Dr, Fremont
(510) 657-2350
<http://www.fremont.k12.ca.us/site/default.aspx?PageID=1>
- Thursday, Aug 21**
Hayward Unified School District
24411 Amador St, Hayward
(510) 784-2600
<http://www.husd.k12.ca.us/>
- Monday, Aug 18**
Milpitas Unified School District
1331 East Calaveras Blvd, Milpitas
(408) 635-2600
<http://www.musd.org/>
- Thursday, Aug 14**
Moreau Catholic High School
27170 Mission Blvd, Hayward
(510) 881-4300
<http://www.moreaucatholic.org/>

- Monday, Aug 25**
Newark Unified School District
5715 Musick Ave, Newark
(510) 818-4103
<http://www.newarkunified.org/>
- Wednesday, Aug 27**
New Haven Unified School District
34200 Alvarado-Niles Rd, Union City
(510) 471-1100
<http://www.nhusd.k12.ca.us/>
- Wednesday, Aug 20**
San Leandro Unified School District
14735 Juniper St, San Leandro
(510) 667-3500
<http://www.sanleandro.k12.ca.us/site/default.aspx?PageID=1>
- Monday, Aug 25**
San Lorenzo Unified School District
15510 Usher St, San Lorenzo
(510) 317-4600
<http://www.slzsd.org/>

- Tuesday, Aug 26**
Sunol Glen Unified School District
11601 Main St, Sunol
(925) 862-2026
<http://www.sunol.k12.ca.us/>
- COLLEGES:**
Wednesday, Sep 24
California State University, East Bay
25800 Carlos Bee Blvd, Hayward
(510) 885-3000
<http://www20.csueastbay.edu/>
- Monday, Aug 18**
(Aug 23 for Saturday classes)
Chabot College
25555 Hesperian Blvd, Hayward
(510) 723-6600
<http://www.chabotcollege.edu/>
- Monday, Aug 25**
Ohlone College
43600 Mission Blvd, Fremont
(510) 659-6000
<http://www.ohlone.edu/>

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzusd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

TAKES FROM SILICON VALLEY EAST

Not Your Grandma’s Chamber of Commerce

At the Fremont Chamber of Commerce, we still do things you might expect a Chamber to do. We provide networking and marketing opportunities for our members, we cut ribbons on new businesses, and we regularly get our members involved in regulatory and policy issues that impact the business community. However, the Fremont Chamber does more than the average modern Chamber and a lot more than the Chamber your grandparents may remember. Here are three ways Silicon Valley’s third largest Chamber is differentiating itself in 2014. 1

The Chamber received good news on an endeavor to coordinate the construction of electronic vehicle (EV) charging stations in the Bayside Business Park in southeastern Fremont. The California Energy Commission (CEC) awarded a grant amount of over \$300,000

to our proposed project. Although the Chamber is not typically in the business of building infrastructure, a unique set of factors led us to this project. It came about from a bit of matchmaking by the City of Fremont’s Economic Development Office whereby the Chamber will collaborate with local companies Gridscape Solutions, Prologis, and Delta Products to construct EV chargers in 14 locations near the Mission Blvd. and 880 interchange. Starting in 2015, freeway motorists, business park employees, and local residents can pull in and power up their vehicles. As an organization, we take our stated goals to promote green business practices and behaviors seriously. We also see this grant as an opportunity to do something tangible in Fremont to enhance the business environment for the entire community.

A two-day street fair in downtown Fremont, brings hundreds



About Takes From Silicon Valley East

TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it’s manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we’re telling the stories that are advancing business here. To subscribe to all blog posts scan this QR Code or visit ThinkSiliconValley.com/silicon-valley-east/

of thousands of people to Fremont to shop, drink, eat, and enjoy our city’s sublime summer weather. The Festival of the Arts is an economic boon to the City, a major fundraiser for local non-profit organizations and a revenue producer for our Chamber, injecting over \$170,000 of annual revenue directly to the City of Fremont through sales tax generation and direct fees. Over the years, the Festival has raised over \$9,000,000 for local organizations; it helps our Chamber stay independent as we collect revenue from beer and wine sales which, in turn, keep our lights on all year round. There aren’t too many other local organizations that wrangle 3,000 volunteers for a weekend event, but it’s an undertaking well worth the effort.

After all the excitement of the Festival, Fremont Street Eats in downtown Fremont (Capital Ave.

at Liberty) resumed on Friday, August 8th. With our partner, the Food Truck Mafia, the Chamber hosts a weekly event featuring food trucks and live music in a relaxing outdoor environment. We like producing Street Eats because the event fosters community within Fremont. We brought Street Eats to downtown Fremont to encourage attendees to become accustomed to spending time in our future downtown district and to create a sense of “place” in that area. Everyone is invited to join us each Friday from 5 p.m. to 9 p.m. until October 25th.

So, while Grandma may not recognize the Chamber of Tomorrow, we hope to be more engaging with today’s business interests. Join us!

1 Jun 26, 2014, San Jose Business Journal-The List: SV’s Biggest Chambers of Commerce by number of members. Research by Lemery Reyes

Assembly approves Corbett Community Smart Growth bill

SUBMITTED BY SERGIO REYES

With strong bipartisan support, the California State Assembly approved legislation by Senate Majority Leader Ellen M. Corbett (D-East Bay) that supports the development of projects that encourage locating businesses and services closer to the day-to-day needs of local residents.

SB 674 would encourage local residents to access daily services by walking or biking, as well as help urban and suburban communities throughout California advance their smart growth and environmental goals, by promoting community-oriented projects with ground-floor neighborhood-serving uses and residential housing on the floors above. Specifically, this bill increases the maximum amount of neighborhood-serving goods, services and retail uses allowed in a mixed-use project using the California Environmental Quality Act residential infill exemption from 15 percent of total floor area to 25 percent of the total building square footage.

“By locating stores, bank branches and other local community needs closer to where people actually live, SB 674 will help California improve air quality and lessen the need to build new roads. There is no doubt that walking or biking to the corner store or ATM is a much cleaner and greener alternative to traveling by car,” Senator Corbett said. “I am hopeful that Governor Brown will sign this bill after he reviews all of the benefits for local residents, communities and our environment.”

Senate committee approves Wieckowski bill

SUBMITTED BY JEFF BARBOSA

A bill by Assemblymember Bob Wieckowski (D-Fremont) to create a residents’ Bill of Rights for seniors in residential care facilities for the elderly passed the state Senate Appropriations Committee on August 14 and will advance to the Senate floor. AB 2171 was one of four Wieckowski bills approved by the committee. The bill passed 5-0 with two Republicans abstaining.

AB 2171 was introduced by Wieckowski after a series of newspaper articles across the state highlighted the abuse, mistreatment and neglect of seniors living in residential care facilities for the elderly. It is part of a bipartisan package of reform bills to improve the system. It establishes a senior residents’ Bill of Rights and a private right of action to enforce the law and prevent or stop abuses.

“There are a number of horror stories that have occurred across the state about the neglect and mistreatment that is happening in these facilities,” Wieckowski said. “With our growing senior population it is critical that the state take steps to better protect our seniors. This bill would do that and that is why it is supported by AARP, long-term care ombudsman associations, senior groups and other organizations who are concerned with the care and safety of the elderly.”

Ohlone College Board of Trustees Meeting

August 13, 2014

Ceremonial Item and Discussion/Action:

Resolution in support of AB 2235: \$9 billion statewide educational facilities bond for the November 2014 election.

Consent:

Payroll Warrants in the amount of \$1,741,268.49

Approve education protection account expenditure plan for FY 2014-15 in the amount of \$6,302,046.

Approve Associated Students of Ohlone College budget in the amount of \$110,300.

Authorization to modify Measure G Bond budget resulting in approximately \$365,658 charged annually to Measure G funds for salaries.

Approve purchase orders in the amount of \$562,990.82

Ratify contracts in the amount of \$357,129.

Ratification of change orders to Measure G projects totaling \$218,427.

Measure G parking lot improvements totaling \$1,120,170.

To the Board for Discussion and/or Action:

Update on athletic fields project. The total budget stands at \$12,527,901 and is funded by Measure G money. The board approved an agreement with C.W. Driver, Inc. for preliminary services in the amount of \$107,958.

Mr. Greg Bonaccorsi, Chair:	Aye
Mr. Rich Watters, Vice Chair:	Aye
Ms. Teresa Cox:	Aye
Ms. Jan Giovannini-Hill:	Aye
Ms. Vivien Larsen:	Aye
Mr. Ishan Shah:	Aye
Mr. Garrett Yee:	Absent

Cortese calls for water usage cuts

Submitted by Janice Rombeck

In response to the state’s emergency drought conditions, Supervisor Dave Cortese is calling on all departments of Santa Clara County government to set a goal of 25 percent water reduction. The proposal will be discussed at the next meeting of the Housing, Land Use, Environment and Transportation Committee (HLUET), which meets on Thursday, August 21.

“The state’s restrictions on water use have mostly targeted homes and businesses,” Cortese said. “County government employees should lead by example and explore strategies to use less water at work.”

On July 15, the State Water Resources Control Board approved new emergency rules that allow law enforcement and water agencies to fine water wasters up to \$500 a day. The restrictions ban residents and businesses from using drinkable water to hose off sidewalks and driveways, watering lawns to the point there is runoff, washing cars without a shutoff nozzle and running fountains that don’t re-circulate water.

“We can’t ask residents to cut down on watering their lawns if their government leaders aren’t doing the same,” Cortese said.

For more information, call the Office of Supervisor Cortese at (408) 299-5030.

HLUET Committee Meeting

Thursday, Aug 21 10 a.m.

County Government Center 70 West Hedding Street, San Jose
(408) 299-5030

DUI and Drivers License Checkpoint scheduled

SUBMITTED BY FREMONT PD

The Fremont Police Department Traffic Unit will be conducting a DUI/Drivers License Checkpoint on the evening of August 22 between the hours of 7 p.m. to 3 a.m.

Officers will be contacting drivers passing through the checkpoint for signs of alcohol and/or drug impairment. Officers will also check drivers for proper licensing and will strive to delay motorists only momentarily. When possible, specially trained officers will be available to evaluate those

suspected of drug-impaired driving. Drivers caught driving impaired can expect jail, license suspension, and insurance increases, as well as fines, fees, DUI classes, and other expenses that can exceed \$10,000.

Funding for this checkpoint is provided to the Fremont Police Department by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration, reminding everyone to continue to work together to bring an end to these tragedies.

Call 911 to report drunk drivers!

OPINION



WILLIAM MARSHAK

Mandates

tening to the debate last week over use of a particular reference book, a striking fact became clear. The State Office of Education has outlined an acceptable curriculum but, according to Fremont Unified School District officials, use of past texts is not only out of compliance but includes erroneous information. As a result, debate over content and form of the book - Your Health Today - created a no-win situation for teachers since previously used textbooks were considered unacceptable and text that comes closest to satisfying a state mandate is controversial and unacceptable to many.

The compromise is to delay use of the text, a plea to the publisher to alter content and instruction to teachers that previous texts will not be sent home with students. Teachers are left with a hodgepodge of material. Fremont Unified School District is not alone in this dilemma but they have been alone in their attempt to satisfy the State mandate. Other school districts in the State of California have obviously elected to take a safer path - reliance on silence accompanied by outdated and noncompliant materials. Which district is smarter, one that is willing to unmask the hypocrisy of a mandate that is unsupported or another that is in "duck and cover" mode?

In a side note that further exacerbated the educational conundrum, a suggestion that the controversial book be allowed as a text for a high school elective class was met with acceptance but, of course, did not have any direct affect on the debate except to expose the glaring lack of continuing health education following 9th grade. Why not? Is there no further use for it?

Within this discussion lies a primary question. Does the California educational system that has been in decline when compared with other states and countries, need an overhaul? The change to "Common Core" standards is an attempt to move from rote learning to comprehensive education... that is a

good thing. However, the question of how to modernize and individualize educational opportunities remains an exceptional challenge. A student trudging to school with a heavy backpack is a non sequitur in this age of electronic transfer of information. Cries that lack of funding is the root of all evil rings hollow; it is not the sole critical factor in this discussion. Why are private academies and charter schools proliferating? Where are such questions at the beginning of a reorganizational process and who is involved when considering them? Policymakers, with the help of their constituents, should consider the ramifications of what they propose and how to implement practical solutions. This does happen, but not enough.

This is not just a problem for parents and students. Every person in every community has a stake in universal education. Without an educated population and electorate, manipulation of public opinion becomes easy and volatile as witnessed in major upheavals in our own country and throughout the world. Information processed in a rational and educated manner leads to balanced conclusions.

Without a central core of citizens who use common sense based on well-defined and clear rationale, biased, chaotic and unreasonable reactions may prevail. At the core of our community - parents, schools, business, government, citizens - is a mandate to support literacy and broad education of citizens of all ages. All stakeholders need to participate. Support and interest in how this is to be accomplished is a critical component; otherwise we fall into the same trap as many politicians long on rules and process but short on method and results.

William Marshak
PUBLISHER



PUBLISHER
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Sharon Marshak

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LEGAL COUNSEL
Stephen F. Von Till, Esq.

New Veteran IDs launched

SUBMITTED BY SANTA CLARA COUNTY PUBLIC AFFAIRS

Starting June 12, 2014 honorably discharged veterans will have a way to avoid the hassle of carrying their DD-214 forms around as proof of military service to access services, benefits, and discounts at many local businesses. The Santa Clara County Office of Veterans Services is issuing new veteran identification cards to those

willing to exchange their forms for an easy-to-carry I.D. card.

To apply, one must make an appointment by calling (408) 918-4980. Veterans must bring a copy of their discharge papers (DD-214) showing Honorable discharge or General (Under Honorable conditions) discharge and a photo I.D. such as a driver's license or military I.D. Applicants must also complete an application form accessible at www.sccgov.org/vets or at the office by arriving 15 minutes early.

According to Gwendolyn Mitchell, office of public affairs representative, applicants will be able to meet with a staff member to discuss available benefits that veterans may not know about. There are no fees associated with the application process. SCC Office of Veterans Services is located at 68 N. Winchester Blvd. For more information, visit www.sccgov.org/sites/opa/nt/Pages/Vet-ID.aspx.

ADJUDICATION:

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Tune in to UC Berkeley's sale of musical instruments

SUBMITTED BY KATHLEEN MACLAY

Hundreds of slightly-used, top-notch pianos, guitars, violins and other musical instruments will be for sale to the public later this month at the UC Berkeley's Music Department, complete with factory warranties, tune-ups and interest-free financing, if needed.

The sale is part of a creative arrangement between the Music Department, one of the top ranked in the country for decades, and the Rockley Family Foundation, a non-profit foundation established to promote music education. This fall for the first time, the foundation will begin loaning UC Berkeley music students new instruments on an annual basis, then sell to the public the year-old ones it has loaned through similar programs to dozens of institutions of higher education across the country. This enables the foundation to raise enough money to loan a new set of instruments the following year.

The selection will include grand pianos, baby grands, digital player grands, upright pianos, digital pianos, orchestral strings, and acoustic and electric

guitars. Among the makers are Steinway & Sons, Baldwin Piano Co., Seiler, Pramberger Piano Co., Roland Corp., Kurzweil Music Systems and the Gretsch Co. Most of the instruments to be sold are less than a year old.

The kick-off event for UC Berkeley's partnership with the Rockley Family Foundation will begin with a pre-sale on Friday and Saturday, August 22-23, at Hertz Hall Auditorium on campus. To secure an appointment time, call (510) 642-0099. The final sale day will be from 12 noon-5 p.m. on Sunday, August 24. In most cases, a large portion of an instrument's purchase price may be tax deductible.

UC Berkeley Instruments Sale
Pre-sale: Friday, Aug 22 – Saturday, Aug 23
By appointment: (510) 642-0099
Final sale day: Sunday, Aug 24 12 noon – 5 p.m.
Hertz Hall Auditorium
UC Berkeley, Berkeley
(510) 642-0099/
(510) 643-8723
jcoates@berkeley.edu / TRockley@mac.com

James Logan High students pitch in



Yichen Sun (sixth from the right)

SUBMITTED BY NELSON KIRK

On August 9, student Yichen Sun and volunteers from James Logan High School wanted to participate in a bay friendly environmental project to help their community and improve the quality of life for all members. The group joined with the City of Union City Public Works staff to plant native flowering trees, shrubs and native perennial wildflowers at Sea Breeze Park trail system; drought tolerant plantings will provide a food source for birds and pollinators using the Seven Principles of Bay-Friendly Landscaping and Gardening:

Landscape locally
Landscape for less to the landfill
Nurture the soil
Conserve water
Conserve energy
Protect water and air quality
Create wildlife habitat

The project was inspired by Filmmaker Louie Schwartzberg whose film, "Wings of Life," revealed the intricate world of pollen and pollinators using high-speed images of the honeybee (https://www.youtube.com/watch?v=eqsXc_aefKI).

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November 28, 1929 – August 8, 2014

Felix S. Natnat, Sr.
RESIDENT OF FREMONT
August 14, 1918 – August 8, 2014

Eloise Lucaroni
RESIDENT OF SANTA CLARA
April 2, 1925 – August 9, 2014

Sandra “Tiny” Couture
RESIDENT OF FREMONT
May 22, 1942 – August 10, 2014

Angelina R. Saclole
RESIDENT OF FREMONT
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Norma J. Schultz
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October 3, 1922 – August 14, 2014



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RESIDENT OF NEWARK
December 16, 1959 – August 7, 2014

Margaret E. Seese
RESIDENT OF FREMONT
February 20, 1921 – August 10, 2014

Dipesh Yadav
RESIDENT OF CONCORD
February 17, 1991 – August 4, 2014

Miguel A. Mendoza Jr.
RESIDENT OF FREMONT
December 8, 1980 – August 8, 2014

Velma D. McClintick
RESIDENT OF FREMONT
November 10, 1930 – August 11, 2014

Jack W. Duke, I
RESIDENT OF FREMONT
May 3, 1925 - August 15, 2014

Coralyne L. Karasek
RESIDENT OF FREMONT
October 14, 1968 – August 5, 2014

Fidel “Joe” Archuleta
RESIDENT OF MILPITAS
October 10, 1931 – August 18, 2014

Judith H. Foley
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September 13, 1924 – August 18, 2014

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Stores have a solid start to back-to-school season

BY ANNE D’INNOCENZIO
AP RETAIL WRITER

NEW YORK (AP), The back-to-school shopping season is off to a promising start, but retailers may be sacrificing profit for sales.

The National Retail Federation expects the average family with school-aged children to spend \$669.28 for back to school items, up 5 percent from last year. That would be the second-highest amount since the industry trade group started tracking spending in 2004.

But major retailers like Wal-Mart and Macy's are discounting merchandise and increasing spending to upgrade their stores and websites just to grab the attention of U.S. shoppers during the second biggest shopping period of the year. All that discounting and investing has worked to start the season off strong, they say, but it also hurts their bottom lines.

“Stores are going to have to invest in price and e-commerce aggressively in order to be competitive,” said Ken Perkins, presi-

dent of RetailMetrics LLC, a retail research firm. “The pie is not growing, and they've got to do everything they can to keep them from losing market share.”

Wal-Mart, the world's largest retailer, says it's been investing in several ways to attract shoppers this season. The company cut prices on 10 percent more back-to-school items compared with last year. It also increased the number of back-to-school products sold on its website by 30 percent to 75,000 this year from last year.

The company also has made some long-term investments. Wal-Mart said earlier this year it plans to open 270 to 300 small stores during the current fiscal year – double its initial forecast – to compete with dollar chains. And it has increased its spending on its e-commerce operations to compete with online competitors like Amazon, a move that contributed to it slashing its annual profit outlook.

“In an environment where customers have so many choices about where to shop and how to buy, and many of them are feeling pressure on their budgets, we have to be at our best,” said Wal-Mart's CEO

Doug McMillon in a pre-recorded call Thursday.

But all that investing has hurt its results. On Thursday, Wal-Mart reported that its profit in the latest quarter was virtually flat during the latest quarter.

Kohl's Corp. also reported flat profit in its latest fiscal quarter on Thursday, as it cut prices, revamped its beauty departments, and spent on services such as one that enables it to ship online orders directly to shoppers from its stores.

The department-store operator also has started to roll out a loyalty program where shoppers get one point for every dollar they spend, with them receiving a \$5 reward for every 100 points.

The retailer is hopeful its moves will boost business during the back-to-school shopping season: Kohl's said that in July it had its first gain in revenue at established stores in several months.

“I believe our customers will be excited by the newness that they find in our stores and when shopping online this fall,” Kohl's CEO Kevin Mansell told investors Thursday.

Still, Mansell says the period is not a

predictor of how shoppers will spend during the winter holiday shopping season in November and December, which traditionally is the biggest shopping period of the year. “Last year, we had a really good back-to-school business and then business died mid-September,” he said.

For its part, Macy's Inc., which owns Macy's and upscale Bloomingdales chains, reported on Wednesday that its profit and sales for its latest quarter missed Wall Street estimates because it did so much discounting of merchandise.

The retailer also has been investing in its online business. The company said it just finished rolling out a program that allows shoppers to order on macys.com and then pick-up their order in stores. Additionally, the company said that it has sharpened its focus on customers ages 13 to 30, which has re-energized the back-to-school business.

“Macy's and Bloomingdale's are doing what it takes to win with the customer,” Karen Hogue, Macy's chief financial officer, told investors.

Stuff the Bus

SUBMITTED BY MARSHA BADELLA

On Saturday, August 23, from 10 a.m. to 4 p.m. - a big yellow Fremont Unified School District bus will be in front of the Walmart store at 40580 Albrae St., Fremont. In this economy, it is very difficult for many local families to afford to purchase all the items on the list of supplies that students need to start school.

The list includes:

Pencils, 3-ring binders, notebook paper, school scissors, rulers, tissues, hand sanitizers, crayons, spiral notebooks, erasers, highlighters, glue sticks, colored pencils/markers, pocket folders, pencil pouches, etc.

You can help children get off to a good start in school by providing much needed supplies. Just come by this Walmart Store and help “Stuff the Bus.” Kiwanis volunteers will be on hand to give you a list of needed supplies and a shopping bag. Once you have completed your shopping, Kiwanis volunteers will accept your donations in front of the store to fill the bus and you can keep the shopping bag and receive a tax deductible receipt from the Kiwanis Club of Fremont Foundation – the nonprofit arm of the Kiwanis Club of Fremont. Club members are honored to provide this service on behalf of the children of Fremont.

If you don't have time to shop, please bring a check made out to Kiwanis Club of Fremont Foundation marked “Stuff the Bus.” All donations will be turned over to Fremont Unified School District for distribution. For



more information about donating or volunteering call
Marsha Badella at (510) 489-9305.

Kiwanis/Walmart Stuff the Bus
Saturday, Aug 23
10 a.m. – 4 p.m.

Walmart
40580 Albrae St, Fremont
(510) 489-9305

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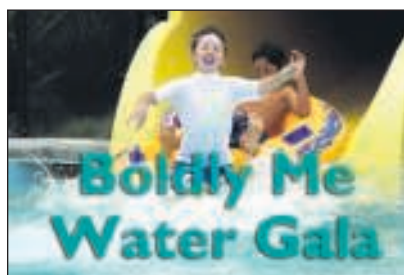
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continued from page 1



others is a reality that many people have when asked to wear a bathing suit. Many are uncomfortable for a variety of reasons including scars, limb loss, baldness, birth marks, skin color, and even acne so they hide under clothing."

Wearing a bathing suit and enjoying the sunshine and water does not have to remain just a dream for those who feel different. Powell created a special event held in a safe, non-judgmental environment where everyone can relax and play. The Boldly Me Water Gala is meant to help solve swimsuit shyness for people; help build the courage to be bold, and play in the water.

Food and games will also be part of the afternoon. Hot dogs, chicken and black bean burgers are on the menu, along with watermelon and salad. How about a dessert auction? Toss water balloons, have a tug-of-war and join others for sack races. Enjoy a craft station and entertainment like fire and baton twirling, singing and dancing, as well as the water play Aqua Adventure offers.

Boldly Me holds classes that focus on helping people build self-compassion, physical wellness, and financial stability. Teachers are industry professionals who have expertise in each of these areas and have helped hundreds of people feel better about themselves. Boldly Me partners with Fremont Unified School District, Santa Clara County, and non-profit organizations in the community such as foster care facilities and child advocates. They help people learn how to love themselves, relax and play without fear of



judgment, and stabilize their financial situation.

All classes are available to the public at no charge. Children who feel different have been at risk of suicide, depression, eating disorders, cutting, and other self-destructive behaviors. "Boldly Me needs to be able to continue to offer free classes," says Powell. "Money raised by our annual Water Gala helps make that possible."

Sponsor opportunities are available. Current sponsors are Fremont Bank Foundation, Kaiser Permanente, Robson Homes, and Dr. Brad Piini.

Over 100 people attended last year's "Water Gala," many of them family groups. Don't miss this year's chance to be a part of the fun!

Boldly Me Water Gala
Sunday, Aug 24
12:30 p.m. - 5:00 p.m.
Aqua Adventure Waterpark
40500 Paseo Padre Pkwy, Fremont
(408) 768-9257
www.boldlyme.org
Tickets: \$35.99 adults,
\$30.99 children (3 - 12)
Free parking



Stephen Hollingsworth exhibit

Car lovers and photography buffs alike should take note of the current exhibit at the Hayward Area Historical Society's (HAHS) Community Gallery showcasing the car photography of Stephen Hollingsworth.

"As an art director and graphic designer, I bring much of what I've learned about composition and subject matter to my photography. I shoot ninety percent of the time with my Apple iPhone," says Hollingsworth. "Since I was young my dad instilled a love of cars within me. It's something that we shared together. Back then and now, I'm always drawn towards the cars that look the most distressed. For me, using apps to manipulate the image is as artistic as taking the image itself. Most of the images I take are processed through three or more different apps. The more 'dirty' I can make the image, the better. As a subject matter, classic cars are a piece of history with countless unique details that tell a story of their own. I've traveled hundreds of miles, have hundreds of photos, and have dedicated hundreds of hours... all for my undying love of classic and antique cars."

The Community Gallery is a modular space where anyone—an individual, class, or-

ganization, or club—can put on an exhibition, acting as a guest curator. The topic of the exhibition has to have something to do with the Hayward area, but it can feature anything—a collection of art, dolls or even Tupperware. It could be the history of a club or the story of one family. It could be a student project. The possibilities are endless. The goal of the gallery is to create a place where the community HAHS serves feels comfortable coming in and telling their story, whatever that story may be.

For more information on participating in a Community Gallery exhibit, please contact Community Gallery Project Manager Amanda Bateman at (510) 581-0223 ext. 132 or e-mail amanda@haywardareahistory.org.

Stephen Hollingsworth Exhibit
Wednesday, Aug 13 – Sunday, Sep 14
11 a.m. – 4 p.m.
Hayward Area Historical Society
Community Gallery
22380 Foothill Blvd, Hayward
(510) 581-0223
www.haywardareahistory.org

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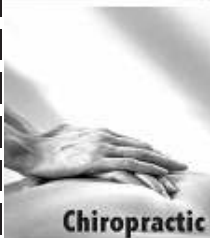
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Lead up to Labor Day brings DUI crackdown

SUBMITTED BY SGT. JASON
CORSO LINI, HAYWARD PD

Labor Day weekend is coming up. For many Americans that means an extra day off, backyard and beach barbecues, visiting friends and family, and the unofficial end of the summer season. Unfortunately, it also means a sharp increase in drunk-driving-related fatalities. From now and continuing through September 1, local police, sheriff and the CHP will be aggressively targeting drunk and drugged drivers as part of a nationwide effort to end impaired driving and save lives. The Drive Sober or Get Pulled Over campaign will pair increased public awareness with high-visibility enforcement, resulting in fewer drunk drivers on Alameda County roads.

The Avoid the 21 DUI Task Force will be aggressively looking for impaired drivers throughout the region with plans in place for 2 DUI/Drivers License Checkpoints, a Multi-Agency Strike Team and 72 local roving DUI Saturation Patrols.

The Avoid the 21-Alameda County DUI Task Force will be joining the national Drive Sober or Get Pulled Over campaign and will arrest anyone caught driving

drunk. No tolerance, no excuses.

This Labor Day weekend don't let the festivities turn into fatalities. Remember that, aside from the obvious risks of killing yourself or someone else, driving impaired can also lead to serious punitive consequences. A DUI arrest can mean time in jail, loss of your license and steep financial expenses; the average DUI can cost up to \$10,000.

**Schedule of Operations:
Avoid the 21 – Alameda
County DUI Mobilization:**

Tuesday, August 19, DUI Saturation Patrol, 6 p.m. – 2 a.m., City of Hayward

Wednesday, August 20, DUI Saturation Patrol, 6 p.m. – 2 a.m., City of Hayward

Thursday, August 21, DUI Saturation Patrol, 6 p.m. – 2 a.m., Cities of Hayward and Fremont

Friday, August 22, DUI Saturation Patrol, 6 p.m. – 2 a.m. Cities of Hayward, Alameda and Pleasanton

Saturday, August 23, DUI Saturation Patrol, 6 p.m. – 2 a.m., Cities of Hayward, Union City, Pleasanton and Alameda

Sunday, August 24, DUI Saturation Patrol, 6 p.m. – 2 a.m., City of Hayward

Monday, August 25, DUI Saturation Patrol, 6 p.m. – 2 a.m., City of Hayward

Tuesday, August 26, DUI Saturation Patrol, 6 p.m. – 2 a.m., City of Hayward

Wednesday, August 27, DUI Saturation Patrol, 6 p.m. – 2 a.m., Cities of Hayward and Fremont

Thursday, August 28, DUI Saturation Patrol, 6 p.m. – 2 a.m., City of Hayward

Friday, August 29, DUI Saturation Patrol, 6 p.m. – 2 a.m., Alameda County Sheriff and cities of Berkeley, Livermore, Newark, Pleasanton and Hayward

Saturday, August 30, DUI/DL Checkpoint, 6 p.m. – 2 a.m., Cities of Hayward and Alameda

Saturday, August 30, DUI Taskforce Operations, 7 p.m. - 2 a.m., City of Hayward along with the Alameda County Sheriff's Office

Saturday, August 30, DUI Saturation Patrol, 6 p.m. – 2 a.m., Alameda County Sheriff and the cities of Berkeley, Hayward, Livermore and Newark

Sunday, August 31, DUI Saturation Patrol, 6 p.m. – 2 a.m., Alameda County Sheriff and cities of Dublin, Livermore and Newark

Fall 2014 Citizen Police Academy

SUBMITTED BY NEWARK PD

The Newark Police Department is seeking residents, as well as individuals who work within the City of Newark, to participate in our Citizen Police Academy. The next Academy is scheduled to begin on September 10 and ends on November 19 with a graduation ceremony. Classes will meet on Wednesday evenings from 5:30 p.m. to 9:00 p.m. primarily at the City Administration Building located at 37101 Newark Boulevard, although a few sessions require meeting at other local venues.

This eleven-week academy is designed to provide participants with a “behind the scenes” look at local law enforcement and to promote a greater understanding and awareness of our role in the community. Police personnel will provide an overview of the department's structure, services, and personnel, as well as offer students the opportunity to ask questions and discuss any specific public safety concerns they might have. Participants will also be given an opportunity to ride along with a police officer to experience first-hand the duties they perform on a daily basis.

Scheduled topics include:

Police Ethics, Hiring, Backgrounds and Field Training
Patrol Techniques and Bicycle Patrol
Traffic and Accident Investigation
SET/Narcotic Investigation
Investigations
Hostage Negotiations
Use of Force
Range Safety
SWAT History and Safety Concerns
Trauma Support
K9 Demonstration
Court Systems

**Citizen Police Academy participants
will be selected through an application
process.**

Applicants must:
Have no prior felony or serious misdemeanor convictions.
Be willing to have a background check completed.
Have the ability to attend scheduled sessions.
Be at least 21 years of age.
Live or work in the City of Newark.
Not be a prior Citizen Police Academy graduate.

Those interested should complete and submit the application form (available online at www.newark.org) no later than Monday, August 25. Don't delay... space is limited!

For more information on the Newark Citizen Police Academy, please contact Beverly Ryans at (510) 578-4352 or beverly.ryans@newark.org.

Police apprehend school burglar

SUBMITTED BY NEWARK PD

On August 9 at 9:09 a.m., Officers of the Newark Police Department were dispatched to Lincoln Elementary School located at 36111 Bettencourt St. after receiving a 911 call regarding a suspicious person. The caller, an NPD civilian employee spotted a White Male Adult, 18-20 years old, acting suspicious on the school's campus. As officers arrived, they found several different work crews on the campus doing summer repairs and improvements. After speaking to two different foremen it was determined none of the work crews were working inside of the classrooms.

As officers searched the campus they found the door to classroom 23 open. As officers entered the classroom, they spotted the suspect rummaging through the teacher's desk. The suspect was detained and later admitted to breaking into the classroom.

Officers searched the suspect's vehicle and found two stolen computers, two monitors, two keyboards, a laptop computer, and several other stolen items valued at approximately \$3,595. All of the stolen items were returned to the Newark Unified School District. The suspect 18 year old Maxx Moran of Newark was arrested and booked on burglary charges.

This is a perfect example of when the community and the Police Department work together. The Newark Police Department encourages community members to report suspicious activity in their neighborhoods.

Fremont Police Log

SUBMITTED BY
GENEVA BOSQUES, FREMONT PD

Friday, August 8

At approximately 8:08 p.m. Union City Police Department (UCPD) called to advise that there were approximately 300 bicyclists traveling on Decoto Rd. toward Fremont. Officers responded and estimated there were actually approximately 500 bicyclists who were dressed in fashion and had decorated their bikes with various neon lights. This was an organized group from “East Bay Bike Party” who rides bikes to various locations to meet, party and dance. That night, they met at the Union City BART station and rode to Coyote Hills in Fremont where they set up their meeting spot complete with party music and various refreshments. East Bay Regional Parks Police were advised and they responded in force to break up the party. Fortunately the crowd was cooperative and left prior to any enforcement actions.

Officer Roberts was detailed to a hit-and-run collision in the area of Albrae and Stevenson Blvd. A white Nissan Leaf struck a fire hydrant and then fled the area. Albrae St. was closed for about 15 minutes due to flooding. The suspect vehicle was not located.

continued on page 34

Fremont Police Logo continued from page 33

Saturday, August 9

Officer Loughery was dispatched to the report of extortion. The victims received a phone call from a subject who identified himself as a representative of the U.S. Immigration Office. The victims were informed they were in the county illegally as there were problems with their Visas. Ultimately, the victims paid \$14,500 to the suspects via Green Dot Security Cash to allegedly secure a temporary green card.

Officer Wilson was detailed to the area of Landon Ave. regarding subjects who had just stolen a license plate off a vehicle. The witness followed the suspect’s vehicle and called Fremont Police Department (FPD). Officer Taylor located the suspect’s vehicle and conducted a traffic stop on I-880 at Alvarado Blvd. The stolen license plate was located inside the vehicle. The female occupant of the vehicle was found to be in possession of heroin and other dangerous drugs. The female was arrested for possession of dangerous drugs for sale. The male occupant was arrested for possession of stolen property.

At approximately 2:00 a.m., Officer Meredith and other units were detailed to The Saddle Rack for a large fight. Upon arriving Officer Meredith determined that several fights had occurred. One was a domestic violence case and one was between customers who did not know one another. Victims did not wish charges in either case, and in both cases the suspects had fled the scene. Units were tied up on these cases for about two hours.

Monday, August 11

Commercial Burglaries:
36600 block of Niles Blvd. (construction site)
3400 block of Mowry Ave. (copper theft)
4200 block of Bay St. (tools stolen from a shed)
3100 block of Washington Blvd. (tools stolen from a construction site)
A green 1995 Nissan Quest CA was stolen from Fremont Hub between 1:30 p.m. to 1:45 p.m. The vehicle was parked on the east side of the Hub parking lot across from Half Price Books. Community Service Officer (CSO) Oliveira was dispatched to Millard Ave. on the report of a

missing, at-risk 73-year-old male. The male suffers from dementia and was last seen by his family at 8:00 a.m. Over the course of eight hours, CSO Oliveira and CSO Allen coordinated the search and utilized multiple resources (Nixle, Code Red, Volunteers in Police Service, Newark K-9 and neighborhood email groups). Ultimately, the missing male was spotted in the area of Paseo Padre Pkwy. at Stevenson Blvd. by an off-duty FPD dispatcher. The male was reunited with his family. Thanks to all who assisted in getting Ernie home!

Officers responded to the 4000 block of Stanley Ave. to investigate a residential burglary. Entry was made via an unlocked rear slider. Loss was an Xbox game system and currency.

Officers responded to the 33800 block of Capulet Cir. to investigate a suspicious circumstance. The reporting party told officers that she saw two suspects run out of her backyard and east toward Capulet Cir. The suspects left behind a backpack that had property from a residence on the 33400 block of Bardolph Cir. Officers went to the address and found that the home had been burglarized. The suspects made entry via an open second story window. The entire home was ransacked.

Suspect #1: Unknown race adult male with a dark complexion, approximately 5’4” to 6’0” tall with a “slight” build and about 145 to 165 lbs. He is about 18 to 25 years old and has light facial hair. He was last seen wearing a dark colored beanie and a dark jacket.

Suspect #2: Unknown race adult male with a dark complexion, approximately 5’4” to 6’0” tall with a “slight” build and about 145 to 165 lbs. He is about 18 to 25 years old. He was last seen wearing a light colored shirt.

Officers responded to the 34100 block of Sylvester Dr. Unknown suspect(s) made entry by breaking a window. The home was ransacked. The loss is yet to be determined.

Tuesday, August 12

Shortly after 7:00 a.m., Fremont dispatch received a report of a home invasion robbery call from a resident/victim in the 600 block of Monticello Terrace. The

victim stated that at approximately 4:30 a.m., two unknown males forced their way into their residence via a side garage door. While armed with a firearm, the suspects forced the victims to open their safe and disclose personal financial information. It’s believed that the suspects remained in the victim’s residence for approximately one hour before fleeing with jewelry, U.S. currency, and various ATM and credit cards. Detectives were called out and are currently investigating this crime. The victims were not physically harmed.

Suspect #1: African-American male adult, approximately 20 to 25 years old, 6’02”, medium build, and was last seen wearing a black hooded sweatshirt, black jeans/pants and carrying a black backpack. This suspect had a small revolver.

Suspect #2: African-American male adult, 20 to 25 years old, 5’05” to 5’06”, skinny build, and was last seen wearing a black hooded sweatshirt and black jeans/pants.

Suspect vehicle: A dark colored newer model (possibly 2014) Ford Fusion 4-door sedan.

Anyone with information about this incident is asked to contact the Fremont Police Investigative Unit at (510) 790-6900 or Detective Blass at jblass@fremont.gov.

Officers responded to investigate a residential burglary that occurred on the 35700 block of Chaplin Dr. Unknown suspects made entry by kicking in the front door and ransacking the bottom floor of the residence. Loss included various computers and gaming type items.

Suspect #1: Hispanic male adult or white male adult, approximately 20 years old, 5’1” to 6’0” tall, thin build, small mustache, dark hat with emblem, gray hooded sweatshirt with design, blue jeans and dark shoes with yellow or florescent sole.

Suspect #2: Unknown race, shorter than Suspect # 1, medium build, light colored hat with dark bill, black hooded jacket or sweat-shirt and dark jeans.

Suspect vehicle: silver/gray 4-door vehicle (possibly Infinity), stock rims tires, tinted rear passenger/back window with a sunroof.

Officers responded to the 38600 block of Kimbro St. to investigate a residential burglary

that occurred on August 11. The burglary took place between 11:30 a.m. to 11:45 a.m. The reporting party had been outside gardening with several doors and windows open. When she went to enter her home, she saw an unknown male inside walking towards her. The suspect fled the home and out through the backyard. There was no reported loss.

Officers responded to the 43100 block of Gatewood St. to take a report for a residential burglary attempt. Unknown suspects attempted to enter the home by removing screens from the front windows of the residence. The suspects did not make entry.

A residential burglary was reported on the 41000 block of Janice St. Suspects kicked in the exterior garage door to gain entry. Loss is money and electronics.

Suspect #1: African-American male juvenile, twisties or dreads, thin build, short and wearing dark clothing.

Suspect #2: African-American female juvenile, shoulder length black hair, thin build, short and wearing dark clothing.

Wednesday, August 13

A victim was confronted by two male suspects (described as an African-American male adult and an Asian male adult, both wearing blue clothing) as he parked his vehicle at the rear of Anubis Jewelers on Washington Blvd. Both suspects, one armed with a handgun, forced the victim’s backpack from his person. The suspects fled in a grey Nissan Altima, which was driven by an unidentified third male. Officer Gentry handled the investigation.

We received a report of a male subject who had confronted a motorist in the area of Paseo Padre Pkwy./Warwick Rd. and proceeded to bash in the victim’s windshield with a baseball bat. The suspect fled in a purple Lexus. It was later determined this incident occurred in Union City. Sgt. Fowlie located the suspect vehicle and initiated a high-risk traffic stop at Thornton Ave./Moraine St. UCPD responded and took custody of the driver.

Auto Thefts:

400 block of Rancho Arroyo (2001 Yamaha YZF600R)
38700 block of Tyson Ln. (2000 Honda Civic)
At approximately 2:55 p.m., officers were dispatched to a pos-

sible assault with a deadly weapon/brandishing call at the Mission Clay Property located at Old Canyon and Niles. A group of teens were trespassing at the old Mission Clay Property and were confronted by the caretaker who was armed with a machete. Officer Zambonin responded and located the teens fleeing in two vehicles. The teens were detained and it was determined only a disturbance and trespassing had occurred. The teens were warned and released. Investigation conducted by Officer Ramsey.

Thursday, August 14

At about noon, a citizen reported that a suspicious gold Lexus with a partial plate of (7VQ), occupied by three males, had been driving through various courts in the area of Reynolds/Paseo Padre Pkwy at a very slow speed. At about 12:10 p.m. Officer Cenicerros located the gold Lexus occupied by only a male adult driver in the area of Paseo Padre Pkwy./Puttenham Way. Officer Cenicerros initiated a traffic enforcement stop and arrested the male driver for his suspended license and for a probation violation. A search of the vehicle revealed two suspected stolen iPads. Officer Magana, while checking the area for the driver’s two outstanding associates, found that a resident on Surry Pl. reported that his residence had been burglarized while he was away for only an hour. The associates were not located. Detectives were notified and are attempting to identify the iPad owners.

Officer Hollifield was dispatched to a disturbance in a vehicle call. A male and female were reportedly in a dispute while in a moving vehicle, causing the car to swerve all over the roadway near Warm Springs Blvd. and Mission Blvd. Officer Hollifield contacted the driver and passenger and ended up arresting a 23-year-old adult female for possession of methamphetamine.

At approximately 11:10 p.m., officers responded to a possible man with a gun call in the area of Berkeley Cmn. When the scene got sorted out, it turned out to be a fight between two adult brothers and no gun was involved. Case documented by Officer Johnson.

DUI crackdown in Milpitas

SUBMITTED BY SERGEANT BRYAN HINKLEY, MILPITAS PD

Labor Day weekend is coming up and for many Americans it means an extra day off, backyard/beach barbecues, and visiting friends/family. Unfortunately, it also means a sharp increase in drunk-driving-related fatalities. So starting August 15 and continuing through September 1, local police will be aggressively targeting drunk drivers as part of a nationwide effort to end drunk driving and save lives. The Drive Sober or Get Pulled Over campaign will pair increased public awareness with high visibility enforcement, resulting in fewer drunk drivers on Milpitas roads.

Labor Day weekend, almost half (48%) had a Blood Alcohol Concentration of .08 or higher, the legal limit in all states. For drivers under 21, anything above a BAC of .00 is illegal.

SUBMITTED BY SGT. RAJ MAHARAJ, MILPITAS PD

On August 13, 2014 at approximately 12:43 a.m., a Milpitas Police Officer on patrol in the area of the Executive Inn, located at 95 Dempsey Road, recognized the license plate on a parked

Union City Police Log

SUBMITTED BY UNION CITY PD

Friday, August 1

At 11:36 a.m., a person was walking to Bank of America on Decoto Rd. to make a deposit. A subject approached her, brandished a knife and demanded her purse. Fearing of her safety, she relinquished the purse which contained an envelope with about \$4,400 cash. The subject fled on Decoto Rd. toward BART. An extensive area check was conducted but officers were unable to locate the subject. The subject was described as a Hispanic male

adult, thin build, approximately 20 years old, 5’5” to 5’6” tall, with short black hair, wearing a black t-shirt and black shorts. The victim also stated that the male subject had a white cloth covering the lower part of his face.

Saturday August 2

At about 10:09 a.m., the owner of U.S. Cold Storage called to report a possible break-in at the listed business. Officers arrived and made contact with the owner and he advised that an unknown white male adult was attempting to open a door to the rear of the business. The owner could see the suspect via remote cameras and decided to call police. The suspect drove off in a late 1980s or early 1990s primer grey Chevy IROC-Z Camaro.

The owner advised that the same male successfully broke into the business about a week prior; however, he was not able to take anything at that time. The owner provided Union City Police Department (UCPD) with a photo of the vehicle and is going to provide video of both incidents.

Wednesday, August 6

At 10:15 p.m., UCPD received a call about a man with a gun on the 31000 block of Santa Cruz Way. Neighbors reported seeing a male subject armed with a handgun who may have fired the gun toward some of the residences. Callers informed UCPD dispatch that the male was sitting in a van on a driveway. Officers responded and located a male sitting in the van. The male exited the van upon seeing the officers

in the area. The male was detained at gunpoint based on the nature of the call and was eventually placed in handcuffs. Officers located a close replica BB gun from the front passenger seat of the vehicle. Officers recovered the item as evidence. It was determined that the male was outside shooting his BB gun at feral cats. The male was detained and was later cited and released on a municipal code violation.

Anyone with information on local crime or any of the listed incidents should contact the Investigations Division at (510) 675-5247. Those wishing to remain anonymous can contact the tips line by calling (510) 675-5207 or email tips@unioncity.org.

Vehicle theft suspect arrested



dle of the parking lot and ran away from the vehicle. Milpitas Police Officers chased after Carrillo and apprehended him in the shrubbery along Interstate 680 off of East Calaveras Boulevard. Carrillo is currently a parolee-at-large. After further investigation, Carrillo was booked into the Santa Clara County Jail for auto theft, resisting arrest, possession of stolen property, under the in-

fluence of a controlled substance, and his warrant for being a parolee-at-large.

Anyone with any information regarding this investigation involving Isaac Joel Carrillo or other similar incidents occurring in our city is encouraged to call the Milpitas Police Department at (408) 586-2400. Information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department website at: http://www.ci.milpitas.ca.gov/government/police/crime_tip.asp

Newark Police Log

SUBMITTED BY
CMDR. MICHAEL CARROLL,
NEWARK PD

Sunday, August 10

At 9:29 a.m., Officer Nobbe located a stolen Toyota Cressida parked at the intersection of Moores Ave. and Cedar Blvd. The vehicle was reported stolen out of San Jose.

At 8:45 p.m., Officer Khairy investigated a citizen’s arrest/shoplifting case at Grocery Outlet involving two female juveniles. Both juveniles were later cited and released to guardians.

At 10:48 p.m., Officer Hogan investigated a hit-and-run traffic collision (vehicle vs. parked vehicle) that occurred on Joaquin Murieta

Ave. Officer Warren located the intoxicated driver attempting to flee the scene on Cherry St. Eduardo Munoz of Newark was booked for DUI, hit and run, and no driver’s license. Munoz was booked at Santa Rita Jail.

Monday, August 11

At 9:47 a.m., Officer Nobbe investigated a commercial burglary that occurred sometime between 5 p.m. and 7 p.m. at Public Storage (37444 Cedar Blvd.).

At 12:10 p.m., Officer Arroyo investigated a report of a stolen vehicle that had been taken from Food Maxx (39966 Cedar Blvd.) parking lot sometime between midnight and 10:30 a.m. this morning.

At 7:10 p.m., Officers Warren and Simon investigated a citizen’s arrest case at NewPark Mall involving two subjects threatening to shoot Mall security guards

after they were contacted for creating a disturbance inside the Sears store. Michael Watson of Fremont was arrested for making death threats. Omar Hade of Fremont was arrested for making death threats and resisting arrest. Both were booked at Fremont City Jail.

At 7:32 p.m., Officers Jackman and Reyes assisted Fremont Police Department (FPD) with a K-9 search/track for an at-risk 73-year-old male, dementia patient that had gone missing in their city. The subject was later located safe by FPD personnel.

At 7:46 p.m., Officer Khairy handled another citizen’s arrest/shoplifting case at the NewPark Mall Macy’s store. Otgonjargal Ayush and Nara Myagmar of Newark were both arrested and booked at Fremont City Jail for petty theft.

Tuesday, August 12

At 9:32 a.m., Community Service Officer (CSO) Verandes investigated a commercial burglary at the 5400 block of Central Ave. The loss was a security system with DVD player, 10 surveillance cameras, and DVDs containing surveillance footage.

Wednesday, August 13

1613 Hours: Officer Homayoun investigated vandalism to a vehicle on Buena Vista. The vandalism occurred between 2100 hours on 08/12 and 0730 hours on 08/13.

2106 Hours: Officer Kovach investigated a non-injury hit and run collision on Haley St. The suspect vehicle and its driver, Sammy Sood Jr., age 19 of Newark, was located on Thornton Ave. by Officer Slater. Officer Kovach arrested Sood for hit and run. Sood was cited and released.

Thursday, August 14

CSO Verandes investigated an auto burglary on Fountaine Ave. at 7:36 a.m. Loss was stereo equipment and sunglasses. The burglary occurred overnight.

At 2:53 p.m., Officer Simon investigated a domestic violence incident that occurred on Albyn Court. James Malanado of Newark, was arrested for domestic battery. Malanado was booked at Santa Rita Jail.

Officer Fredstrom investigated vandalism to a parked vehicle on the 37000 block of Magnolia Street at 3:04 p.m. All four tires were slashed on a Ford pickup.

Friday, August 15

0247 Hours: Officer Norvell investigated a commercial burglary at 39267 Cedar Blvd via window smash.

Hayward Police Log

SUBMITTED BY
SGT. ERIC MELENDEZ, HAYWARD PD

Thursday, August 7

At 9:50 a.m., an armed robbery with a handgun occurred at Ted’s Pharmacy at the 27000 block of Hesperian Blvd. The suspect stole controlled pain medications and drove off in an off-white vehicle. An officer recalled a suspicious vehicle from the day before at Ted’s Pharmacy. The vehicle and its license plate matched the robbery suspect’s vehicle. Police looked up the vehicle’s registry information and found the car on Gettysburg Ave. A search warrant was issued and the home was surrounded by Hayward’s Special Duty Unit (SDU). SDU called out the occupants out of the home, including the suspect, who came out willingly. The victim positively identified the suspect through an in-field show up. The pain medications and the suspect’s gun (a loaded .45) were recovered inside the home. Investigations spoke to the suspect and he confessed to committing the robbery and to others crimes as well.

Friday, August 8

At 7:24 p.m., a 9-year-old child was riding his bicycle on Dolphin Ln. crossing onto Florida St. when a vehicle traveling westbound struck him. The boy was sent to Children’s Hospital in Oakland with non-life threatening injuries.

Saturday, August 9

At 1:08 p.m., officers conducted a traffic enforcement stop for a registration violation. The officers’ smelled a strong odor of alcoholic beverage and marijuana emitting from the vehicle. During a consent search, the officers located Xanax pills in a clear baggie, opened and unopened beer cans, and a loaded .45 caliber semi-automatic pistol with a ten round magazine. One of the passengers confessed to the officers that the pills and the gun were his. He described the gun and the pills to the officers, ensuring them of his ownership. Both occupants were arrested.

At 3:59 p.m., a strong armed robbery incident occurred adjacent to Burger King located on Mission Blvd. and Industrial Pkwy. Four suspects assaulted the victim and stole his wallet and cell phone.

Suspect #1 is an African-American female in her mid-20s, 5’8”, medium build. She was seen wearing a red jersey with #5 written on the front.

Suspect #2 is an African-American female, 5’8”, pink hair, and wore a black T-shirt.

Suspect #3 is an African-American female adult with no description.

Suspect #4 is an African-American male adult, 5’9”, thin build; he was wearing a black shirt, black pants, and a black beanie hat.

Sunday, August 10

At 12:54 a.m., officers responded to the area of Thelma St. and Barker Ave. for a naked man running down the street. The suspect charged at one of the officers as she exited the patrol vehicle. She was able to restrain the suspect until another officer was able to help her. The officers called an ambulance to transport the suspect to the hospital for a psychological evaluation. No injuries were reported to the officers or suspect.

Monday, August 11

At 2:26 p.m., an armed robbery with a handgun incident occurred at Subway located on the 26000 block of Mission Blvd. The suspect entered the store, armed with a black semi-automatic handgun and demanded money. The suspect ran towards Sorenson Rd. and was seen getting into a white car driven by a white female. The car sped southbound on Mission Blvd. The suspect is a white male, mid-20s, 6’0”, and heavy set. He was last seen wearing a black/gray SF Giants hat, red bandanna, black hooded sweatshirt with writing on front and back, tan shorts and tan work boots.

Wednesday, August 13

At 5:20 p.m., there was a report of a man brandishing a firearm on the 27000 block of High Country Dr. The victim was walking on High Country Dr. when the suspect came out of his home, yelled, and pointed his shotgun at the victim. The victim called the police, but informed them that he did not want to press charges against the suspect. After the police made contact with the suspect, they determined that he needed a psychological evaluation and sent him to the Hospital.

Detectives seek the public’s help



SUBMITTED BY SAN LEANDRO PD

On Monday, August 11 at 10:40 a.m., San Leandro Police Officers responded to the Bayfair Center, 15555 East 14th Street, after a shooting occurred in the parking lot near Fresh Choice Restaurant. Upon their arrival, officers learned the victim, who sustained a gunshot wound to his leg, was transported to a local hospital by a Good Samaritan and the suspects fled the scene in a silver or gray SUV.

Police officers interviewed witnesses and attempted to locate video surveillance footage of the shooting hoping to develop investigative leads that would identify the suspects. The investigation revealed an unknown verbal argument between the victim and suspects which erupted while inside a store, and subsequently led to the aforementioned shooting. Police officers located evidence at the scene, which included video surveillance footage of the sus-

pects before the shooting occurred. However, a motive for the shooting has not been determined even though it appeared the victim and suspects may have known each other or at least known of each other.

The suspects have not been identified and no arrests have been made. They have been described as the following:

Suspect number one was armed with an unknown caliber handgun. He was described as a Black male, 18-25 years of age, with short black hair, multiple tattoos, and wearing a white V-neck short sleeve t-shirt and blue jeans.

Suspect number two was described as a black male, 18-25 years of age, with a stocky build and round face. He was wearing a black/red baseball cap, long sleeve red and gray horizontally striped shirt and blue jeans.

Suspect number three was described as a white female, 18-25 years of age, thin build, with shoulder length brown hair, and multiple tat-

toos. She was wearing a white tank top and blue jeans.

Suspect number four was described as a white female 18-25 years of age. She was wearing a long sleeve gray hoodie with black pants.

The San Leandro Police Department is asking for the public’s help in identifying those responsible for this shooting. Please contact the San Leandro Police Department’s Criminal Investigations Division with any information regarding this case at (510) 577-3230 or contact the Anonymous Tip Line at (510) 577-3278.

Citizens can also text an anonymous tip to San Leandro Police Department by texting the word TIPSLPOLICE and their tip to 888777. Anonymous web tips can also be submitted from the Police Department’s website at <http://www.sanleandro.org/depts/pd/at.aspl>

San Leandro Police Log

SUBMITTED BY LT. RANDALL
BRANDT, SAN LEANDRO PD

Thursday, August 7

At approximately 10:50 p.m., one of our patrol officers discovered an occupied stolen vehicle parked in the 200 block of Breed Ave. Robi Sojourner of Oakland was arrested for possessing it. The vehicle was recovered and Sojourner was transported to jail and booked.

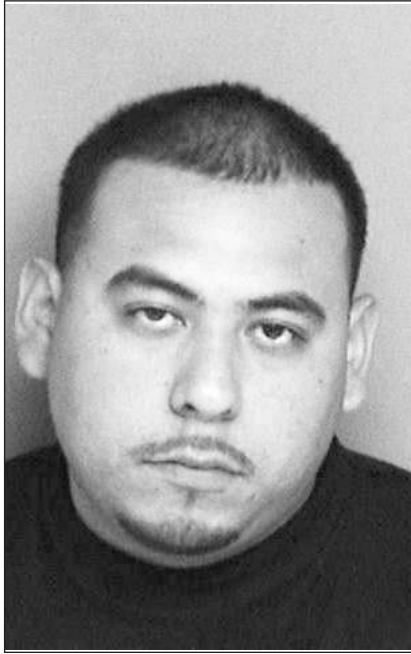
Friday, August 8

At approximately 12:45 a.m., one of our patrol officers made a traffic enforcement stop on Marina Blvd. near Alvarado St. During the investigation, a concealed loaded firearm was located inside the center console of the vehicle. The driver, Fernando Carlon of San Leandro was arrested and booked for possessing the illegal firearm.

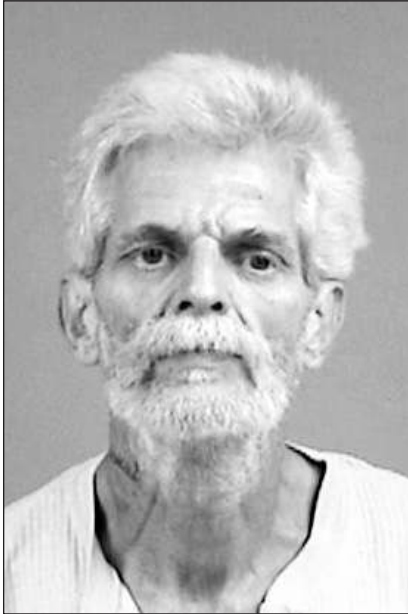
Saturday, August 9

At approximately 11:50 p.m., one of our officers was driving a patrol vehicle equipped with a license plate reader (LPR) on E. 14th St. near 136th Ave. The LPR alerted him to a vehicle that was driving through the area that had been reported stolen to BART Police Department. He stopped the vehicle and arrested the driver, Jeffrey Carr of San Leandro for possessing it.

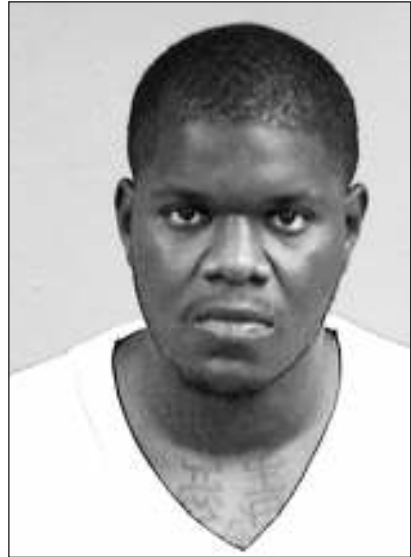
At approximately 1:30 a.m., a citizen reported a possible drunk driver in the North end of the city. The citizen provided our dispatch center with a de-



Fernando Carlon



Robi Sojourner



Jeffrey Carr

scription of a vehicle that was involved. One of our officers saw a vehicle matching the description driving in the 600 block of MacArthur Blvd. The officer stopped the vehicle and his investigation confirmed the driver was intoxicated and the occupants had a concealed, loaded firearm inside the vehicle. The driver, Luis Estrada of Oakland, was arrested for driving under the influence and possessing the illegal firearm. The passenger, Alfonso Estrada of Oakland, was also arrested for the gun charges.

Please contact the San Leandro Police Department’s (SLPD) Criminal Investigations Division with any information regarding these cases at (510) 577-3230 or contact the Anonymous Tip Line at (510) 577-3278.

PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14719543

Superior Court of California, County of Alameda
Petition of: Ashley Lynne Guaydacan for Change of NameTO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Ashley Lynne Guaydacan to Noemi Albarracin Zevallos

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: October 3, 2014, Time: 8:45 AM, Dept.: 504

The address of the court is 24405 Amador St., Hayward, CA

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice Date: June 25, 2014

Winifred Y. Smith

Judge of the Superior Court

8/19, 8/26, 9/2, 9/9/14

CNS-2656277#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14735353

Superior Court of California, County of Alameda
Petition of: Shakir Mohammed Abdul - Fattah for Change of NameTO ALL INTERESTED PERSONS:
Petitioner Shakir Mohammed Abdul - Fattah filed a petition with this court for a decree changing names as follows:
Shakir Mohammed Abdul - Fattah to Shakir Aqil Juma Ahli

Owalc Shakir Abdul-Fattah to Owais Shakir Ahli Zahra Iman Abdul-Fattah to Zahra Shakir Ahli

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 11/7/14, Time: 8:45 AM, Dept.: 504

The address of the court is 24405 Amador Street, Room 108, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice Date: Aug. 01, 2014

S/ WINIFRED Y. SMITH

Judge of the Superior Court

8/12, 8/19, 8/26, 9/2/14

CNS-2653716#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14735300

Superior Court of California, County of Alameda
Petition of: Avinash Veithiyam Krishnam, Ajiha Thoppage Devasigamani for Change of NameTO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Anirudh Veithiyam Avinash to Anirudh Avinash

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 11/07/14, Time: 8:45 AM, Dept.: 504

The address of the court is 24405 Amador Street, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice Date: Aug. 1, 2014

WINIFRED Y. SMITH

Judge of the Superior Court

8/12, 8/19, 8/26, 9/2/14

CNS-2653707#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14732683

Superior Court of California, County of Alameda
Petition of: Srinivasan Rajasekaran for Change of NameTO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Srinivasan Rajasekaran to Srinivaas Rajan

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 10/24/2014, Time: 8:45, Dept.: 504

The address of the court is 24405 Amador Street, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice Date: Jul 14, 2014

WINIFRED Y. SMITH

Judge of the Superior Court

8/5, 8/12, 8/19, 8/26/14

CNS-2651730#

SUMMONS
(CITIZEN JUDICIAL)

CASE NUMBER (Número del Caso):

37-2013-00079013-CU-BC-CTL

NOTICE TO DEFENDANT (AVISO AL DEMANDADO): KISHORE CHETAL, an individual; and DOES 1 through 10, inclusive YOU ARE BEING SUED BY PLAINTIFF (LO ESTÁ DEMANDANDO EL DEMANDANTE): CORTÉZ BLU COMMUNITY ASSOCIATION, INC., a California non profit mutual benefit corporation

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after you file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You may also hire a lawyer, and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the court-house nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org) , the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association.

NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

[AVISO] Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.

Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Usted debe pagar los costos de los honorarios y costas por escrito tiene que estar en formato legal correcto si desea que

procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia.Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 ó más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desear el caso.

The name and address of the court is (El nombre y dirección de la corte es): Superior Court of California, 330 West Broadway, San Diego, CA 92101

The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): Mickey Jew, Esq., PETERS & FREEDMAN, L.L.P., 191 Calle Magdalena, Suite 220, Encinitas, CA 92024. (760) 436-3441

DATE (Fecha): Dec 10, 2013

by A. FACELIS, Deputy (Adjunto)

(SEAL)

8/5, 8/12, 8/19, 8/26/14

CNS-2650805#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 494803

Fictitious Business Name(s):
Melting Pot Catering, 39729 Potrero Dr., Newark CA 94560, County of Alameda
Registrant(s):
Michael Lee Hollis Sr., 39729 Potrero Dr., Newark CA 94560

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on n/a

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided, in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/19, 8/26, 9/2, 9/9/14

CNS-2657317#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 494552

Fictitious Business Name(s):
TD Homes And More, 39644 Mission Blvd., Fremont, CA 94539, County of Alameda
Registrant(s):
Arlin-Marie Westendorf, 39644 Mission Blvd., Fremont, CA 94539

Theresa De Anda-Price, 39644 Mission Blvd., Fremont, CA 94539

Business conducted by: a general partnership

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/19, 8/26, 9/2, 9/9/14

CNS-2657283#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 494974

Fictitious Business Name(s):
Truckin Sweet, 35936 Plumeria Wy., Fremont, CA 94536, County of Alameda
Registrant(s):
Str Eat Food, Inc., 35936 Plumeria Wy., Fremont, CA 94536; CA

Business conducted by: a Corporation

The registrant began to transact business using the fictitious business name(s) listed above on 8/13/14

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/19, 8/26, 9/2, 9/9/14

CNS-2657276#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 494974

Fictitious Business Name(s):
Signature Auto, 37053 Cherry Street #206A, Newark, CA 94560, County of Alameda
Registrant(s):
Ashkan Saberghafouri, 120 W. 3rd Ave. #401, San Mateo, CA 94402

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/19, 8/26, 9/2, 9/9/14

CNS-2657276#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 494974

Fictitious Business Name(s):
Signature Auto, 37053 Cherry Street #206A, Newark, CA 94560, County of Alameda
Registrant(s):
Ashkan Saberghafouri, 120 W. 3rd Ave. #401, San Mateo, CA 94402

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

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8/19, 8/26, 9/2, 9/9/14

CNS-2657276#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 494974

Fictitious Business Name(s):
Signature Auto, 37053 Cherry Street #206A, Newark, CA 94560, County of Alameda
Registrant(s):
Ashkan Saberghafouri, 120 W. 3rd Ave. #401, San Mateo, CA 94402

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

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residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/19, 8/26, 9/2, 9/9/14

CNS-2656141#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 494867

Fictitious Business Name(s):
Liberty Organic Skin Care, 39180 Liberty Street, Suite 110, Fremont, CA 94538, County of Alameda; Mailing Address: 8071 Holanda Court, Dublin, CA 94568Registrant(s):
Zheng, Zhang, 8071 Holanda Court, Dublin, CA 94568

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/19, 8/26, 9/2, 9/9/14

CNS-2655689#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 494629

Fictitious Business Name(s):
GreenLink Solar, 39191 Argonaut Way #217, Fremont, CA 94538, County of Alameda
Registrant(s):
Kylb Fugufosh, 39191 Argonaut Way #217, Fremont, CA 94538

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/19, 8/26, 9/2, 9/9/14

CNS-2655682#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 494696

Fictitious Business Name(s):
Ground Zone Environmental Services, LLC dba Ground Zone, LLC, 1705 Modoc Avenue, Hayward, CA 94542, County of Alameda
Registrant(s):
Ground Zone, LLC, dba Ground Zone Environmental Services, LLC 1705 Modoc Avenue, Hayward, CA 94542, CA

Business conducted by: a limited liability company

The registrant began to transact business using the fictitious business name(s) listed above on February 16, 2012.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/19, 8/26, 9/2, 9/9/14

CNS-2655406#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 494728

Fictitious Business Name(s):
Bel Limousine, 37187 Edith St., Newark, CA 94560, County of Alameda
Registrant(s):
Gurinder Singh, 37187 Edith St., Newark, CA 94560

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on 8-6-14

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

NOTICE: In accordance with subdivision (a) of

Local Dancer Shines

SUBMITTED BY ANUPAMA REDDY
PHOTO BY SRIKANTH VANDANAPU

On May 2014, Zee TV USA started Dance India Dance Little Master Series North America Edition. Avantika Vandanapu from Union City was selected as one of the top ten finalists out of more than 10,000 contestants across the U.S., Canada and Europe. Zee TV flew all ten finalists to India for the final competition held on June 5 at Famous Studios in Mumbai. The only winner from the West Coast, Vandanapu, was one of three winners of the competition.

The finals had two rounds: choreography and extempore. In the first round, Vandanapu danced to a medley of two songs from the movie “Yuvvraaj,” and demonstrated two styles of dances - contemporary and Kathak, an Indian classical dance. She received accolades from the judges for exhibiting a new concept of combining the two dance styles. The second round judged the contestants on impromptu skills by dancing to a common composition. Vandanapu danced to Bollywood music in a classical Kuchipudi style.

Vandanapu has been dancing for five years. She learned different styles of dances including Kuchipudi, Kathak, semi-classical, Bollywood, jazz, and ballet in the Bay Area. The nine-year-old dancer performed in several dance competitions and programs in the U.S. and India, including those conducted by Bay Area Telugu Association, India Waves Dance Muqabla, Telugu Association of North America, American Telugu Association (ATA), Mona Khan Company, and Charitable Care Foundation to name a few. She was declared a star dancer and won first prize in a national competition conducted by ATA on July 2012 in Atlanta, GA.



AC Transit operators honored for outstanding service



(L to R): Operator Isaac Garner, Operator Earl Taylor, Operator Brian Gilmer, AC Transit Board President Greg Harper, ATU Local 192 President Yvonne Williams, Operator Joseph Allen, Operator Claudell Woods Jr., and Operator Timothy Yuen

SUBMITTED BY
CLARENCE L. JOHNSON

Consistent with AC Transit’s commitment to safety and reliability, 11 AC Transit Bus Operators have driven their vehicles a combined 335 years without causing any accidents, distinguishing themselves as being among the finest in public transit.

On August 13, the AC Transit Board of Directors awarded each of the 11 operators with silver rings or brass pins, gift certificates worth at least \$250, a dinner at a local restaurant and a standing ovation in honor of their uncommon driving skills, remarkable determination and unsurpassed dedication to public safety. Each operator has at least 30 years of safe driving, including one operator who amazingly has maneuvered his coach without making a mishap for 35 years.

“It is not a simple matter to drive a 60-foot, 24-ton vehicle

packed with passengers - on streets congested with cars, pedestrians, bicycles and detours - day-after-day, for 30 years without committing an accident,” said AC Transit General Manager David Armijo. “These operators have shown exceptional skills and tremendous dedication to keeping their passengers and public roadways safe. They deserve both applause and respect.”

The operators are Joseph Allen, with a 35-year safe driving record, and – with 30-year safe driving records — Marcus Brox, Harry Coffee, Jesse DeLa Cruz, Brian Gilmer, Norman Grant, Isaac Garner, Robert Pacca, Earl Taylor, Claudell Woods Jr. and Timothy Yuen.

In addition to the 11, AC Transit has 82 operators with at least a 10-year safe driving record— including 17 operators with at least 25 years of driving without causing an accident and

10 operators who have done the same for at least 20 years.

The operators’ diligence and professional resolve reflect the agency’s effort to create a hazard-free environment, promoting health and safety not only for employees but also for community residents, whether they ride AC Transit buses or not.

Safety is a critical component to operating a public transit system. AC Transit has been improving its safety record through a variety of means, including the formation of an Accident Reduction Committee, and a mandated goal to “Create a Safety Culture.”

Consequently, with individual and collective efforts, the agency has seen a decrease in the number of vehicle collisions and passenger falls, including a 9 percent drop in overall accidents and a 14 percent drop in passenger-related mishaps within the past year.

Primed to support music

ARTICLE AND PHOTO SUBMITTED BY QUEENIE CHONG

One warm Tuesday morning in the middle of the summer break, several music stands were assembled at Hopkins Junior High School, Fremont. While music stands are used to support music, not all are created equal. Those at Hopkins, for instance, are destined to work extra hard – sometimes more than 12 hours a day - to accompany different student ensembles at rehearsals in the music rooms. Occasionally during the festival season, they also serve at additional sectionals scheduled for weekends and holidays.

As visible assets to any practicing musician, music stands require proper maintenance. Every year at Hopkins, a proportion of the stands are selected to be refurbished. During this project, Mr. Greg Conway,



Director of Instrumental Music, steps down from his podium onto the asphalt; no baton is in sight, only latex gloves on his hands. Participants (current and former students) shed their concert attire, and change into painters’ outfits. For once, these young musicians detach briefly from their instruments in favor of cans of spray paint.

Under the supervision of Mr. Conway, a team of amateur painters this summer displayed the same level of care, precision, perseverance, and harmony as if they were performing in an ensemble under the direction of the conductor. Soon after the spraying exercise was completed, every restored stand was endorsed with the proud brand “HOPKINS” on the top left corner, and left to air-dry in the open.

Following their much-needed revival, Hopkins’ music stands are now more than ready to resume their routine in supporting music and welcome the new school year. We wish our students every success in their pursuit of music and other endeavors ahead!

It’s up to all of us to save water

SUBMITTED BY
SANTA CLARA COUNTY
SUPERVISOR, DAVE CORTESE

I began watching the drought in Santa Clara County back in January when it was apparent that we were having a very dry winter. I called on our county administrators to report back to the Board of Supervisors with a study of our current conditions and suggest solutions.

I also called on all of us to cut the water use in our homes and yards by 20 percent.

Now that we’re well into summer, the drought situation has gotten worse. Our water levels are

so low that the State took action to encourage us to conserve. On July 29, new emergency rules set by the State Water Resources Control Board went into effect, allowing law enforcement and water agencies to fine water wasters up to \$500 a day.

Specifically, the board doesn’t want residents or businesses to use drinkable water to hose off sidewalks and driveways, water lawns to the point there is runoff, wash cars without a shutoff nozzle and run fountains that don’t re-circulate water. But there is a lot more we could do.

Have you heard the Santa Clara Valley Water District’s new slogan, “Brown Is the New

Green?” The Water District (www.scvwd.org) will even give you a sign to put in your yard to let your neighbors and passers-by know that you’re not neglecting your property; you’re saving water for all of us. The website also has tips on how to save water and keep your lawn alive until the rainy season begins.

There also is a lot of water-saving information on www.saveourh20.org, a website produced by the Association of California Water Agencies. And for a very visual realization of the impact of this drought, visit the state’s www.drought.ca.gov to see photos of some of our lakes in 2011 compared to 2014. If you’re

a customer of the San Jose Water Company, (http://sjwater.com) you can get a free water audit. A water inspection officer will visit your home, show you how to read the meter, detect leaks and provide conservation tips based on the inspection.

I am also concerned about the way government uses water and I will ask for more conservation by the County this month at a meeting of a Board of Supervisors committee that I chair. The meeting of the Housing, Land Use, Environment and Transportation Committee will be at 10 a.m. on August 21 in the Board of Supervisors Chambers at the County Government Center, 70 West

Hedding Street, San Jose. An agenda will be posted five days before the meeting.

And, finally, while we’re conserving water at home, we also need to be aware of fire danger. Because the conditions are so dry in California, we also have to practice fire safety around our homes. CalFire has prepared a website that shows you what you can do to protect your home and family from fire during the wild-fire season. Visit www.readyforwildfire.org.

If you have any questions about water, fire or any other topics, please call my office at (408) 299-5030 or email me at dave.cortese@bos.sccgov.org.

LETTERS POLICY

The Tri-CityVoice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

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*Offers subject to change without notices. 37482 Fremont Blvd., Fremont, CA. 94536; 510-795-6100. www.hopeservices.org Rev. 7/16/2014

Passport exhibit



SUBMITTED BY CHRISTINE BENDER

This year the Sun Gallery's annual member exhibition is titled "Passport." Artwork reflects the rich history, diversity and promise prevalent in Hayward and the East Bay. This exhibition celebrates the diverse creativity and personal artistic journeys of our Member Artists. Passport was a featured exhibition of Hayward's "Passeio do Vinho." Sun Gallery was one of two starting locations for the walk. Passport will also serve as a showcase opportunity for a juried exhibition at City Hall in conjunction with the John O'Lague Galleria.

Three artists participating in Passport will be invited to show an expanded selection of their artwork in the O'Lague Galleria space in September. This decision will be made by a jury of three arts professionals: Dickson Schneider (artist, professor at California State University, East Bay), Lordy Rodriguez (artist, boardmember of Pro Arts in Oakland), and Jasmine Moorhead, (director of Krowswerk Gallery & Project Space, Oakland), offering a prestigious opportunity to reach a wider audience. Invited artists will be announced at the closing Passport reception on Sunday, September 21. We hope you will join us.

Passport
Thursday, Aug 14 – Sunday, Sep 21
Thursday – Sunday: 11 a.m. – 5 p.m.
Reception: Sep 21, 2 p.m. – 4 p.m.
Sun Gallery
1015 E St, Hayward
(510) 581-4050
www.sungallery.org
Free



Broadway West Theatre Company
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Fremont
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Broadway West Theatre Co. Presents

The Unexpected Guest
September 12 – October 11
A thrilling murder mystery by Agatha Christie, directed by Paula Chenoweth and Larry
A thriller as well as a puzzler set in a foggy estate in Wales. This mystery opens as a stranger walks into a house to find a man murdered and his wife standing over him with a gun. The woman is dazed and her confession unconvincing, so the unexpected guest decides to help her and blame the murder on an intruder. Later, the police discover clues that point to another suspect. Pandora's box of loves and hates, suspicions and intrigues opens to the night air.
8 pm on Thursdays, Fridays and Saturdays. Three Sunday matinees- Continental brunch (included in price of ticket) Regular ticket prices are \$25 general and \$20 for Students, Seniors and TBA members. Thursday, September 18, October 2 and 9 performances are \$17 for everyone, with a bargain Thursday (no reservations – first come, first seat!) held on September 25 - all tickets \$10. Brunch Sunday performances and Opening night are \$25 for everyone. All ticket prices include refreshments.

We help you focus on the important things in life.

Eric Olsen
Physician (In Training)

Alan Olsen, CPA
Father and GROCO
Managing Partner

Charlotte Olsen
Teacher (in training)





100% Satisfaction Guarantee

The award-winning Carlton Senior Living diabetes management program features friendly, capable and caring staff who can provide assistance with diabetes care. This level of personalized attention allows residents with diabetes to receive the help they need while also retaining as much independence and autonomy as possible.

Please call today to schedule a visit.

Tom MacDonald
Founder



Providing a Big Sense of Relief

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- Daily insulin injections
- Healthy meal choices
- Pharmacy assistance
- Fitness activities
- Onsite nursing every day

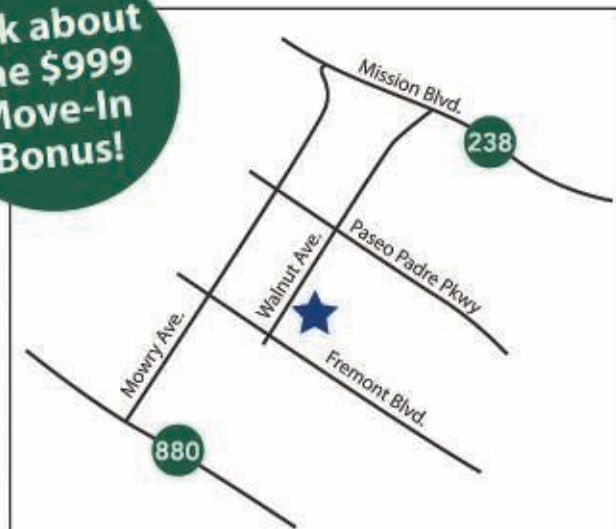
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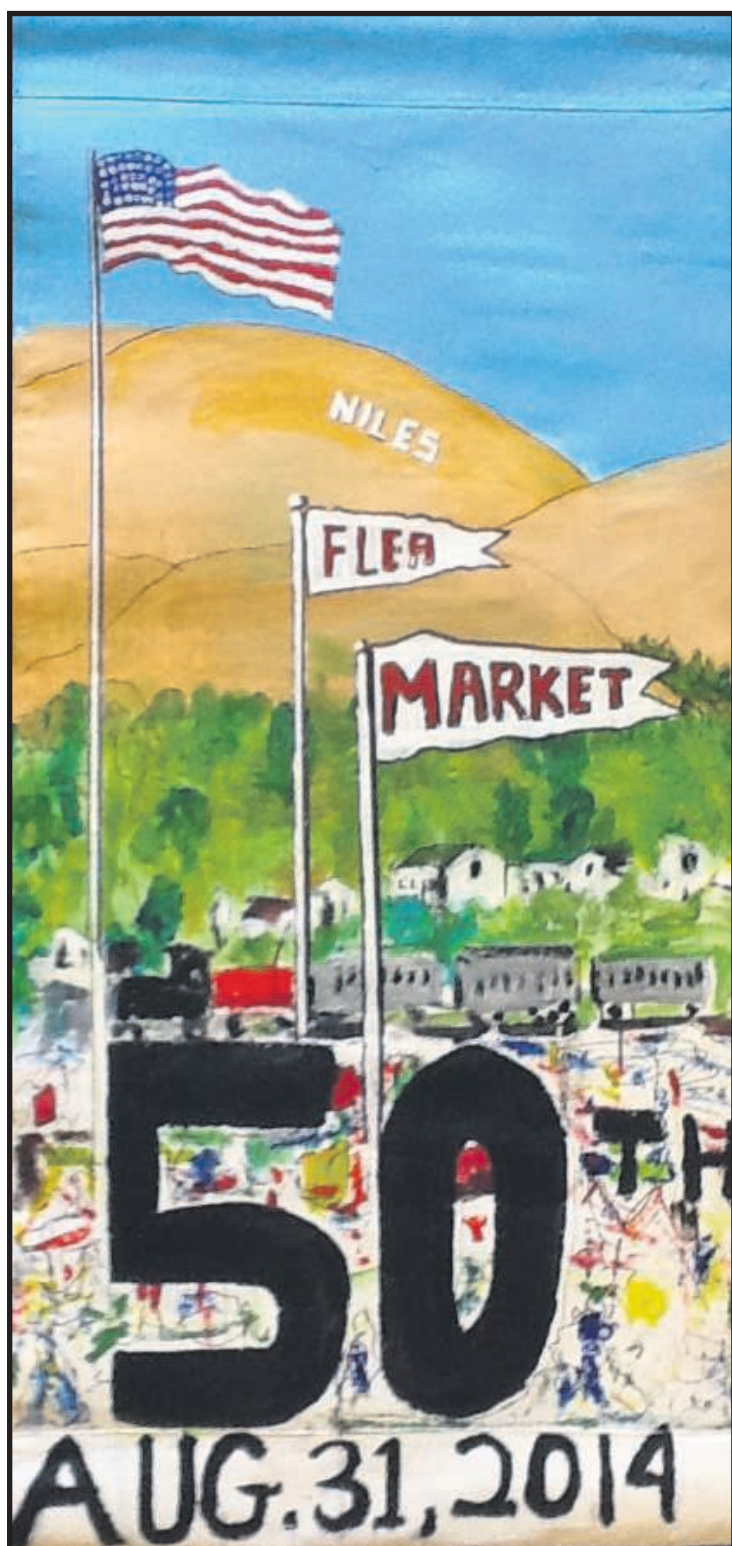
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Sunday, August 31, 2014

Event hours are 6:00 a.m. to 4:00 p.m.



SAVE THE DATE!



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Vintage Alley **Car Show**
Saturday, September 6
10am - 5pm
Downtown Hayward

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Face Painting - Balloon Artist and more

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