

Got Diabetes?

Free Class Helps You
Cut through the Confusion
About Food and Develop a
Sensible Eating Plan

Every 17 seconds, someone is diagnosed with diabetes, reports the American Diabetes Association. Nearly 26 million Americans—children and adults—have diabetes, and another 79 million are at risk because they have prediabetes. In recent years, about 2 million new cases of diabetes have been diagnosed annually among adults in the U.S.

These statistics mean there are more than 100 million Americans who should be paying close attention to what they eat in order to help control their blood sugar and manage or prevent diabetes. But today, with all the news about food—what's healthy and what's not—following the right diet can be confusing and difficult.

On June 5, Washington Hospital's Out-patient Diabetes Center will sponsor a free education class for people with diabetes or pre-diabetes to learn about foods that may help keep their blood sugar in check. Research shows diabetes education aids people in preventing or delaying the disease or reversing complications through effective

self-management. Called “Healthy or Hoax?” the class will review some common and long-time food myths and provide sensible eating advice for people who have or are at risk of having diabetes.

"It has never been easy to sort through the facts and fallacies about food. Clever phrases, marketing hoaxes, pseudo-science and testimonials don't help," said Kimberlee Alvari, registered dietitian and director of Food and Nutrition Clinical Services at Washington Hospital, who will lead the June 5 seminar.

The class is part of the Outpatient Diabetes Center's series of monthly diabetes education seminars called "Diabetes Matters," featuring expert speakers and group discussion. Topics focus on science-based

To help people with Diabetes learn more about food choices and developing sensible eating plans, Washington Hospital's Outpatient Diabetes Center is sponsoring a free educational class on Thursday, June 5 from 7 to 8 p.m. The class is held in the Conrad E. Anderson, M.D. Auditorium at the Washington West Building, 2500 Mowry Avenue in Fremont.

information to help local residents increase their knowledge about diabetes.

Classes are held from 7 p.m. to 8 p.m. in the Conrad E. Anderson, M.D. Auditorium of the Washington West building next to Washington Hospital, 2500 Mowry Avenue in Fremont. No registration is required. A Diabetes Support Group meeting follows the class from 8 p.m. to 9 p.m.

Questions to be discussed during the class include:

- Does eating carbohydrates cause weight gain?
- Does eating sugar cause diabetes?
- Does cinnamon lower blood sugar?
- Is eating before bedtime fattening?
- Are calories fattening?

“We’ll also make recommendations about foods and dietary approaches that have proven to be especially effective for people with diabetes,” Alvari added.

For example, she recommended that people with diabetes should consider eat-

ing broccoli, spinach and green beans because they are high in fiber and low in carbohydrates. They may also want to consider a low-fat vegan diet, shown to be more effective than conventional diabetic diets in improving glucose levels and lipid concentrations in the bloodstream.

Alvari emphasized that following the dietary recommendations doesn't have to take the enjoyment out of eating: "You can still eat a wide variety of foods, including your favorites, if you do it in the right way."

Another key point is that eating a well-balanced diet is not the only thing needed to manage diabetes. It is also important to get regular physical exercise and follow any treatment regimen, such as medication, recommended by the treating physician.

Washington Hospital's Outpatient Diabetes Center, located at 3575 Beacon Avenue in Fremont, has a dedicated team of certified diabetes educators who help people learn the skills needed to control diabetes for a lifetime. The staff works with patients,

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InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	
	05/27/14	05/28/14	05/29/14	05/30/14	05/31/14	06/01/14	06/02/14	
12:00 PM 12:00 AM	Diabetes Matters: New Year, New You	Diabetes Matters:Vacation or Travel Plans?	Sidelined by Back Pain? Get Back in the Game	Heel Problems and Treatment Options	Strengthen Your Back! Learn to Improve Your Back Fitness	Treatment Options for Knee Problems	Your Concerns InHealth: Sun Protection	
12:30 PM 12:30 AM		Voices InHealth: Healthy Pregnancy	Get Your Child's Plate in Shape	Women's Health Conference:Age Appropriate Screenings	Minimally Invasive Surgery for Lower Back Disorders		Your Concerns InHealth: Sun Protection	Washington Women's Center: Cancer Genetic Counseling
1:00 PM 1:00 AM						Minimally Invasive Treatment for Common Gynecologic Conditions		
1:30 PM 1:30 AM	Women's Health Conference:Aging Gracefully	Washington Township Health Care District Board Meeting May 14th, 2014	Living Well with Diabetes: Overcoming Challenges	Washington Township Health Care District Board Meeting May 14th, 2014	Don't Let Back Pain Sideline You	Living Well with Diabetes: Overcoming Challenges	Washington Township Health Care District Board Meeting May 14th, 2014	
2:00 PM 2:00 AM	Minimally Invasive Surgery for Lower Back Disorders							Varicose Veins and Chronic Venous Disease
2:30 PM 2:30 AM	Voices InHealth:The Greatest Gift of All		Acetaminophen Overuse Danger (New)		Don't Let Hip Pain Run You Down	Diabetes Matters:Top Foods for Heart Health		
3:00 PM 3:00 AM	Get Back On Your Feet: New Treatment Options for Ankle Conditions	Raising Awareness About Stroke	Treatment Options for Knee Problems	Sports-Related Concussions	Diabetes Matters: Strategies for Support		Diabetes Matters: Strategies for Support	
3:30 PM 3:30 AM	Turning 65? Get To Know Medicare					Don't Let Hip Pain Run You Down		Diabetes Matters: New Year, New You
4:00 PM 4:00 AM	Arthritis: Do I Have One of 100 Types?	Don't Let Hip Pain Run You Down	Diabetes Matters: Diabetes Viewpoint	Living Well with Diabetes: Overcoming Challenges	Cataracts and Diabetic Eye Conditions	Diabetes Matters: Diabetes Meal Planning		
4:30 PM 4:30 AM	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Alzheimer's Disease	Influenza and Other Contagious Respiratory Conditions				Diabetes Matters: Diabetes & Heart Disease (New)	Meatless Mondays
5:00 PM 5:00 AM	Washington Township Health Care District Board Meeting May 14th, 2014	Inside Washington Hospital: The Green Team	Washington Township Health Care District Board Meeting May 14th, 2014	How Healthy Are Your Lungs? (New)	The Weight to Success	Strengthen Your Back! Learn to Improve Your Back Fitness		
5:30 PM 5:30 AM	Diabetes Matters:Top Foods for Heart Health	Diabetes Matters:Top Foods for Heart Health	Diabetes Matters:Top Foods for Heart Health				How to Maintain a Healthy Weight: Good Nutrition is Key	Learn About Nutrition for a Healthy Life
6:00 PM 6:00 AM	Diabetes Matters: Protecting Your Heart	Wound Care Update	GERD & Your Risk of Esophageal Cancer	Community Based Senior Supportive Services	Keeping Your Heart on the Right Beat	Minimally Invasive Surgery for Lower Back Disorders		
6:30 PM 6:30 AM	Heart Healthy Eating After Surgery and Beyond	Learn About Nutrition for a Healthy Life	Living with Heart Failure				Keys to Healthy Eyes	Don't Let Hip Pain Run You Down
7:00 PM 7:00 AM								
7:30 PM 7:30 AM								
8:00 PM 8:00 AM								
8:30 PM 8:30 AM								
9:00 PM 9:00 AM								
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10:00 PM 10:00 AM								
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11:00 PM 11:00 AM								
11:30 PM 11:30 AM								

Innovative Implant Offers New Sleep Apnea Therapy

Washington Hospital Physician Invents One of Implant Components

At the end of his annual physical exam nine months ago, David Dowd's doctor asked him if he had any additional problems he'd like to discuss. Mr. Dowd said, "No," but his wife said, "Yes. He has a horrible snoring problem."

"I thought I was sleeping fine, and I didn't realize my snoring was so loud, because I couldn't hear myself snore when I was asleep," Mr. Dowd says. "So I went into a sleep lab for testing, and they told me that I stopped breathing 55 times an hour, which means I had severe sleep apnea."

"People who have sleep apnea have pauses in their breathing while they sleep," says Dr. Jason Van Tassel, an otolaryngology (ear, nose and throat) physician with Washington Township Medical Group who treats many patients with sleep apnea. "Common symptoms of sleep apnea include loud snoring, frequent awakenings and daytime fatigue. Other signs of sleep apnea might include morning headaches and dry throat, an inability to concentrate and feelings of irritability or depression."

The most common type of sleep apnea is "obstructive" sleep apnea, in which the airway collapses or is blocked during sleep. Any air that squeezes past the blockage can cause the loud snoring. Since sleep apnea occurs only during sleep, most people who have the condition aren't aware of it. It's often the case that a family member or bed partner is the first person to note the loud snoring that can be a sign of sleep apnea.

In addition to resulting in daytime fatigue, untreated sleep apnea can lead to more serious complications, including high blood pressure, heart attack, stroke and irregular heartbeats. It also can increase your risk for obesity and diabetes.

The most common treatment for moderate to severe sleep apnea is a continuous positive airway pressure (CPAP) mask that fits over the nose or the nose and mouth and gently blows air into the throat. Unfortunately, many patients find the CPAP mask too uncomfortable or too noisy to wear. In those cases, surgery may be required.

"Years ago, the surgical treatments for sleep apnea worked only about half of the time," says Dr. Van Tassel. "There have been some dramatic improvements in sleep apnea therapy lately, however, and we now have procedures that work very effectively."

One very recent advance in treating sleep apnea was approved by the U.S. Food and Drug Administration (FDA)

in March — a minimally invasive surgical implant procedure that holds up the "hyoid" bone in the neck, which attaches to various muscles. The position of the hyoid affects the soft tissues in the soft palate and throat. Suspending the hyoid to move it forward tightens up those soft tissues so they don't block the airway during sleep.

"The former surgical method for suspending the hyoid was not a minimally invasive procedure, and the implant was not adjustable," Dr. Van Tassel notes. "I had performed the previous surgery for many years, but I just knew it had to be easier. It required multiple passes of suture around the hyoid bone and using large knots in the suture to fix the amount of tension in the suspension."

Hyoid suspension with the new Encore System, developed by Siesta Medical in Los Gatos, requires only one pass of suture around the hyoid bone. It allows the doctor to optimize and adjust the tension during and after the procedure without the need to tie knots. The procedure uses one small incision, versus two larger ones. The former procedure used to take about two hours and required a two- to three-day hospital stay. The new procedure takes less than an hour and can be performed as an outpatient procedure or in a hospital with a one-night stay.

Dr. Van Tassel worked with Siesta Medical on the new implant procedure, developing the single-pass, knotless suture for better hyoid placement. He also collected clinical evidence that supported FDA approval of the new implant procedure, performing it on various patients who had difficulty using CPAP therapy for sleep apnea.

One of those patients was Mr. Dowd. As a surgical technician in the Washington Outpatient Surgery Center, he had worked with Dr. Van Tassel for many years and observed him perform surgery many times.

"I had tried using the CPAP mask, but I could only handle it for about four nights," Mr. Dowd recalls. "It was just too uncomfortable, and I couldn't sleep with it on. I thought this new implant might be a better solution for me than the CPAP."

"I knew Dr. Van Tassel is very good at what he does, and I absolutely trusted him," Mr. Dowd adds. "I had the surgery five months ago at the Washington Outpatient Surgery Center, with a 24-hour stay in the upstairs recovery area where the nurses monitored my breathing and made sure there was no bleeding. For the first week after surgery, it was a little painful and a little difficult to swallow, but I've had no problems since then."



Dr. Jason R. Van Tassel, an ear, nose and throat specialist with Washington Township Medical Foundation.

Dr. Van Tassel notes that clinical evidence shows a 78 percent reduction in sleep apnea symptoms with the new procedure. The previous surgical technique for hyoid suspension showed improvements of only 40 to 50 percent.

"This new implant procedure can be a good treatment option for sleep apnea patients who don't tolerate CPAP therapy well," says Dr. Van Tassel. "Because the CPAP mask is cumbersome and annoying, compliance with CPAP therapy is very low. Probably 70 percent of people who use a CPAP mask don't use it consistently."

"After having this surgery, I was tested again for sleep apnea, and the testing showed I stopped breathing only four times an hour, down from 55 times an hour before the surgery," Mr. Dowd says. "I didn't realize how much the sleep apnea had affected me. I have a lot more energy, and I feel rested when I wake up in the morning."

"My wife of 25 years said that she couldn't sleep for the first few nights after the surgery because she couldn't hear me snoring, and it made her nervous," he chuckles. "Now she loves the fact that I'm not snoring, and she's more rested, too. This procedure really does change things. Dr. Van Tassel said it would help, and he was right!"

Learn More Online

To find an otolaryngology (ear, nose and throat) physician close to you, visit www.whhs.com. To learn more about Washington Township Medical Foundation, visit www.mywtmf.com.

Learn About High Blood Pressure:

A 'Silent Killer' Affecting One of Every Three Americans



To find out if your blood pressure is normal or high, get screened. Have your blood pressure checked a minimum of once a year.

Nearly 67 million Americans—one in every three adults—has high blood pressure, according to the U.S. Centers for Disease Control (CDC). High blood pressure, or hypertension, is also called the "silent killer" because most people who have it don't experience any symptoms for the first few years. This can be a serious problem because high blood pressure increases your risk for heart disease and stroke, the first and third leading causes of death in the U.S.

"Most people with uncontrolled high blood pressure don't feel anything the first few years," explained Vanessa Wilson, M.D., an internal medicine specialist with the Washington Township Medical Foundation. Dr. Wilson is also on the medical staff at Washington Hospital.

"Over time, high blood pressure can place stress on the body's organs, including the heart, kidneys and brain," she continued. "Eventually, if the condition isn't detected and treated, there may be complications involving those major organs, such as heart attack, stroke or kidney failure."

The CDC reports that one in three adults with high blood pressure does not get treatment, and one in two do not have their high blood pressure under control.

Your blood pressure is measured with two numbers, such as 120/80. The first number is called systolic and represents the pressure in your blood vessels when your heart beats. The second number is called diastolic and represents the pressure when the heart rests between beats.

Normal blood pressure is generally accepted to be 120/80 or below. Experts now agree that, for people age 60 and older, normal

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Oncology Nurses: First in Hope, First in Care

May Is National Oncology Nursing Month

While working as a certified nursing assistant early in her career, Shari Kellen, RN, OCN, had the opportunity to provide end-of-life care for a cancer patient and work with the patient's family. That experience set her on the path toward becoming a registered nurse and oncology certified nurse, with additional training as a nurse navigator for cancer patients.

"Working with cancer patients felt like a good fit for me," she notes. "I received a letter from the patient's family, thanking me for providing compassionate care that helped all of them through such a difficult time. The letter was a motivator for me to pursue this career."

Oncology nurses provide care for cancer patients and those at risk for getting the disease. They monitor patients' physical conditions and administer chemotherapy and other treatments. Oncology

Nursing Month is observed each May, recognizing the challenges and rewards of this field of nursing. This year's Oncology Nursing Month theme is "First in Hope, First in Care," acknowledging that cancer patients spend most of their time during treatment with their oncology nurses, counting on their nurses to provide hope and the best of care.

A Washington Hospital employee for 22 years, Kellen continued to work while attending school, earning her nursing degree 14 years ago and her oncology nursing certification six years ago. To support Cancer Care Navigation, Washington Hospital sent Kellen to the Harold P. Freeman Patient Navigation Institute in New York City, along with her Infusion Center colleagues, Tammy Ballantyne, BS, RN, OCN, and Monica Stanculeanu, MSN, RN, OCN.

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Nurse Navigators in the Sandy Amos, RN Infusion Center guide patients through their cancer care treatment from diagnosis through follow-up. Pictured: Back row, from left Shari Kellen, RN OCN and Tammy Ballantyne, BS RN OCN. Front row, Monica Stanculeanu, MSN MBA RN OCN

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Camp Times Available:
9am - 10.30am, 9am - 1pm,
1pm - 5pm, 9am - 5pm.

Adopt a furry friend

SUBMITTED BY
CHRISTINA GIN

It's raining cats and dogs!

Pet lovers will have an opportunity to welcome new additions to their household by adopting cats and/or dogs at the Hayward Animal Shelter on Saturday, May 31 and Sunday, June 1. Indeed, pets are considered as much part of a family as any other relative at home. They need the basics such as food and shelter, but more im-

portantly, pets need tender love and care as much as we do.

Thus, the fifth annual Maddie's Pet Adoption Days will once again be held to accommodate those willing to take on the responsibility. Qualified homes will be able to adopt for free, and Hayward residents

who want to adopt dogs would have to pay a licensing fee. If interested, you must visit the shelter during the week of May 25 to get pre-qualified.

Hayward Animal Shelter will receive an adoption stipend from the event sponsor, Maddie's Fund, for every cat and dog adopted during the event. The money will be used for additional care to their homeless shelter pets. If you have a soft spot for pets and would love to get involved with the community, this two-day event is worth spending your weekend at.

Maddie's Pet Adoption Days
Saturday, May 31 and
Sunday, June 1
11 a.m. - 5 p.m.
Hayward Animal Shelter
16 Barnes Ct., Hayward
(510) 293-7200
www.haywardanimals.org
Free

LETTERS POLICY

The Tri-CityVoice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
tricityvoice@aol.com

Store & Donation Hours

Mon - Sat: 9am – 8pm

Sunday: 10am – 7pm

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Wed & Sat

Clothing's Day

50% - Off *

Color -Tags: clothing

purses, shoes, hats

scarves, belts, socks

luggage, and linens

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Thu

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all jewelry

collectibles

electronics

eye/sunglasses

art pictures

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furniture, cd/dvd

& housewares

Sun

Everyone's

Day

30%

Off *

Every

thing

*Offers subject to change without notices.

37482 Fremont Blvd., Fremont, CA. 94536; 510-795-6100.

www.hopeservices.org

Rev. 5212014



City Budget Hearing

The City's proposed operating budget for next fiscal year, which runs from July 1, 2014, through June 30, 2015, was presented to the Fremont City Council at their regularly scheduled Council meeting on May 20. The first public hearing to comment is June 3 and the second one, June 10. Both public hearings are part of the Council meeting and begin at 7 p.m.

5th Annual Four Seasons of Health Expo Returns to Fremont



Come out and enjoy a day full of health, fun, entertainment and learning at the City of Fremont Human Services Department and the Tri-City Elder Coalition's 5th Annual Four Seasons of Health Expo! This event is meant for Adults 50+ years, their families and caregivers, and U.S. veterans. The Expo, one of the largest in Alameda County, will take place on Friday, June 6 from 9:30 a.m. to 1:30 p.m. at the Fremont Senior Center and Lake Elizabeth, 40086 Paseo Padre Pkwy. in Fremont. Overflow parking for the event is available at the Aqua Adventure Waterpark parking lot. A van will be available to take guests to the Expo.

Meet over 100 vendors from public and nonprofit organizations and private businesses who serve seniors. Health screenings are featured inside the Senior Center and free minor dental services are available at a dental van in Central Park. Pharmacists are available for private consultation regarding medication concerns. Medicare/Medical representatives will answer questions about the upcoming changes beginning in January 2015.

Healthy living presentations and activities will take place throughout the day. The festivities kick off with Wadaiko Taiko Drum presentation at the main outside stage. This performance will be followed by Tai Chi for Arthritis, a tribute to D-Day and our veterans who are Missing-in-Action/Prisoners of War, Fall Prevention and Zumba Gold Dance. Dave Mandell and the SweetHarps Harmonica Band will serenade guests during lunch. Inside the Senior Center, a pharmacist, Dr. Kathy Orrico, will discuss taking control of your medication and Shelly Grimaldi will make a presentation on the Coordinated Care Initiative and how it will impact Medi-Cal recipients.

Multiple transportation agencies will be on hand to help you access transportation services and learn how to obtain discounts on transit through Clipper, the all-in-one transit fare payment card. Individuals who are 65 years of age and older can get a free Senior Clipper Card at the Expo by bringing proof of age documentation. Additionally, individuals under 65 with a qualifying disability can apply for an RTC Clipper Card at the event (\$3 fee/photo will be taken with application). Documentation needed for the RTC Clipper Card includes one of the following: Medicare card, DMV Placard computer printout ID card, Veterans Service Connected Disability ID Card or certification letter with disability rating level of 50 percent or higher, or an RTC Medical Certification Application. (Clipper Card application assistance is available prior to the event by contacting the City's Marisa Hackett at mhackett@fremont.gov or (510) 574-2053.

The Fremont Senior Center will be offering breakfast for \$4 for members or \$5 for non-members and a chicken barbecue lunch for \$6 for members and \$8 for non-members. A vegetarian lunch alternative is available. People may purchase the barbecue lunch before the Expo date by contacting the Senior Center at (510) 790-6600.

There is no need to register for the Expo as it open to everyone.

For more information about the Four Seasons of Health Expo, contact the City's Ray Grimm, Ph.D., at rgrimm@fremont.gov or (510) 574-2063, or Linette Young at fourseasonsexpo@comcast.net or (510) 917-3241.

Join Us in Kicking Off the Fremont Energy Challenge!



The City of Fremont, in partnership with Energy Upgrade California in Alameda County, will be hosting a Fremont Energy Challenge Kickoff Event on Tuesday, June 3 from 6:30 p.m. to 8 p.m. at the Fremont Main Library (Fukaya Room).

The Fremont Energy Challenge is a new initiative taking place over the summer to encourage residents to evaluate home energy usage while giving back to the local community. For each Fremont resident who signs up with the FREE Home Energy Analyzer tool to help reduce energy waste, a \$5 donation will be provided to the Fremont Main Library. In addition, participating residents

will be eligible to receive incentives for the purchase of energy-saving supplies and devices from Dale Hardware.

Please pre-register for the June 3 Kickoff Event at www.fremontenergychallenge.eventbrite.com. You can also get started now on your path to home energy savings by signing up for the Home Energy Analyzer tool at www.HomeEnergyAnalyzer.org.

For more information about the Fremont Energy Challenge, contact the City's Sustainability Coordinator Rachel DiFranco at rdifranco@fremont.gov or (510) 494-4451.

FREE PET ADOPTIONS AT THE TRI CITY ANIMAL SHELTER 'Maddie's Matchmaker Adopt-a-thon' on Saturday, May 31

The Tri-City Animal Shelter is pleased to announce that they will once again participate in the Maddie's Adopt-a-thon event on Saturday, May 31 from 10 a.m. to 6 p.m. The Tri-City Animal Shelter is located at 1950 Stevenson Blvd.

The largest national pet adoption event is financed and organized by Maddie's Fund®, a family foundation inspired by a Miniature Schnauzer named Maddie. Maddie's Fund® aims to find homes for 10,000 animals and has earmarked \$10 million for this year's event. More than 200 shelters and rescue groups within these communities will offer free adoptions to qualified homes at various adoption locations in each community.

Adoptions are free, but all regular procedures (pet licensing, microchip, spay/neuter) will apply. Visit www.fremontpolice.org/AnimalServices for complete details.

It will be a busy day for the shelter. And in an effort to try and help expedite the process, here are a few tips to help you prepare for May 31:

- Renters: Bring written landlord approval (lease agreement or letter from your landlord).
- Homeowners outside of Fremont: Bring proof of ownership of your home. (Property tax or mortgage statement—a household bill will not prove ownership of your home.)
- Have another dog at home? Bring him or her with you to do a meet and greet so we can make sure they get along before sending the dog home with you.
- All members of the household need to attend on May 31 to make sure whatever critter you are looking to adopt fits in well with everyone.

Help Maddie's Fund® reach their goal of finding loving homes for thousands of homeless dogs and cats across the country on May 31! Learn more by visiting <http://adopt.maddiesfund.org>.



Four Seasons of Health Expo
Friday June 6, 9:30 am - 1:30 pm
Fremont Senior Center
40086 Paseo Padre Parkway, Fremont

For adults 50+ and U.S. Veterans

- Health/Dental/Medication Screenings
- Transportation and Clipper Card distribution
- 100+ Vendors - *Public, Non-profit and Business*
- New Health Care Policy Advice
- Presentations and Entertainment
- Breakfast and BBQ lunch may be purchased

For more information contact Dr. Ray Grimm (510) 574-2063; rgrimm@fremont.gov or Linette Young (510) 917-3241; fourseasonsexpo@comcast.net

Interpreter Services available

Hosted by the City of Fremont Human Services Department

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I embrace our heritage and the
land of my family with pride!"*

Mi Tierra Bendita.

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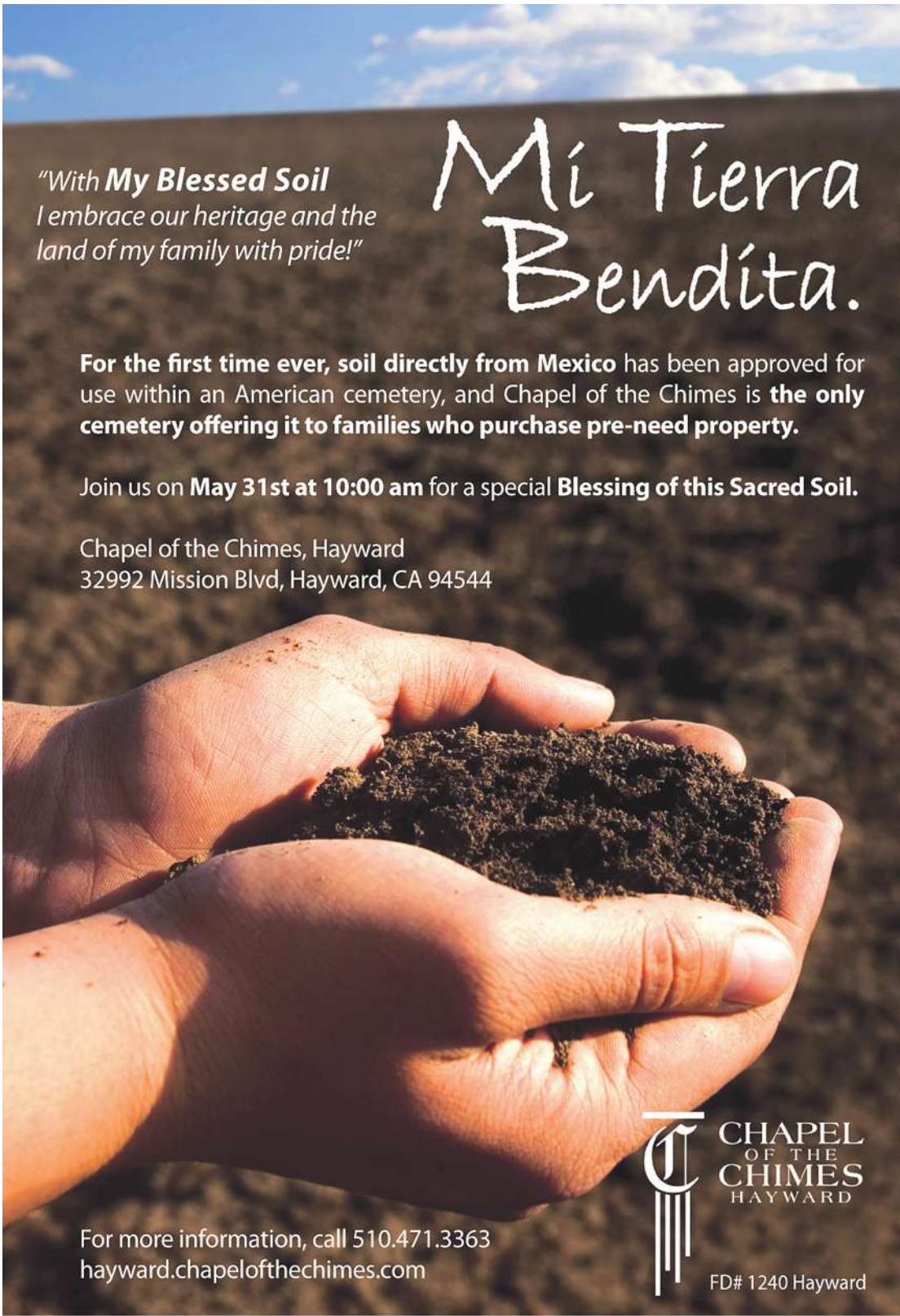
Chapel of the Chimes, Hayward
32992 Mission Blvd, Hayward, CA 94544

For more information, call 510.471.3363
hayward.chapelofthechimes.com



CHAPEL
OF THE
CHIMES
HAYWARD

FD# 1240 Hayward



Oriental Brush Painting



SUBMITTED BY AVANTHI KANMATAREDDY

Fremont Art Association is announcing a unique opportunity to learn Oriental Brush Painting from accomplished artist Ming-chien Liang. The classes will be held at the FAA gallery every Thursday from June 5 to June 26 and on July 10. The class will not meet on July 3rd because of the Fourth of July weekend. Cost per class is \$25.

With the pliant brush and sensitive paper, this high art form calls for the union of the technique that masters the brushstrokes, the artistic sensibility, and imagination. Brush painting can be



calming and therapeutic on one hand and highly expressive, charged with emotions on the other. We will begin with building up the basic technique through “the four gentlemen” - orchid, bamboo, chrysanthemum, and plum - to learn how to use the brush and create values from ink and water. Then various advanced techniques, subjects and styles will be introduced.

Ms. Liang is an artist of representational style in Chinese and Western medium. She is also an art historian with an M.A. in art history from the University of Massachusetts and specialized in Chinese art. Liang’s more than twenty years of teaching experience includes instructing Oriental Brush Painting at Worcester Art Museum and teaching East Asian Art History at Wheelock College and the College of the Holy Cross. Currently she works and teaches art in Ichen Art Academy and in her own studio in Fremont.

Oriental Brush Painting
Thursdays: Jun 5, 12, 19, 26 and July 10
(No class on July 3)
Fremont Art Association/ Centre/Gallery
37695 Niles Blvd, Fremont
(510) 792 0905
www.FremontArtAssociation.org
\$25/class



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&
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continued from page 2

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their family and physician to come up with a plan to fit the person's lifestyle. The Center's education program has been recognized by the American Diabetes Association for Quality Self-Management Education.

In Alameda County, local studies show 100,000 people have diabetes and an estimated one-third are unaware they have the disease. You may be at risk for diabetes if you have:

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- Heart or blood vessel disease
- High cholesterol
- Polycystic ovary syndrome (PCOS)
- Dark, velvety patches of skin on the back of your neck, belly, arms or elsewhere (called Acanthosis nigricans)
- A family member, such as a parent, sibling or grandparent, with diabetes
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Learn more.

For more information about the free class “Healthy or Hoax?” or other classes in the Diabetes Matters educational series, call (510) 745-6556. To learn more about the Outpatient Diabetes Center or Washington Hospital and its community seminars, education classes and events, go to www.whhs.com.

continued from page 3

Oncology Nurses: First in Hope, First in Care

“As nurse navigators, we help guide patients through their cancer treatments from diagnosis through follow-up care,” Kellen explains. “Essentially, we act as advocates for our patients. We educate them about the disease process and their treatments. We coordinate patients’ care with their regular physicians, oncologists, dietitians, physical and occupational therapists, home health care providers, skilled nursing facilities and other hospitals – all across the continuum of care. We also provide referrals to social workers and spiritual care, and we offer assistance with paperwork, financial concerns and scheduling appointments. This is all a free service for patients with cancer.”

When they are not serving as nurse navigators, the infusion center nurses administer infusion treatments in the outpatient facility’s spa-like setting that features eight private infusion rooms. Each room has a flat-screen TV and there is a DVD player for playing movies. Free Wi-Fi service allows patients to bring in their laptop computers or use the facility’s iPad for Internet connection.

In addition to chemotherapy infusions for cancer patients, the center offers infusion treatments for other conditions such as Crohn’s disease, rheumatoid arthritis, osteoporosis and lupus. Infusion treatments also may be used to administer antibiotics or provide hydration for dehydrated patients such as pregnant women with extreme morning sickness. The infusion center treats approximately 900 patients per year, with many patients requiring multiple treatments.

“We emphasize compassionate, patient- and family-centered care, letting people know that they matter and that we care about them,” Kellen says. “One of the biggest rewards of oncology nursing is being able to soothe and comfort patients as they go through a difficult time in their lives. We spend a lot of time with our patients, getting to know their goals and dreams. It’s a gift to know we’ve made a difference, easing their fears and giving them the best possible care.”

“There are challenges as well as rewards in oncology nursing,” she adds. “We develop relationships with our patients and their families, and the biggest challenge comes from having a sense of loss after our patients and families leave the infusion center, whether they no longer need their treatment and are in remission, or in cases where they pass on.”

For anyone considering a career in oncology nursing, Kellen offers some words of advice, based on her own experience.

“If you have it in your heart to be able to provide compassionate care to people facing this struggle, learn as much as you can about cancer care,” she says. “New technology and treatments can extend cancer patients’ lives, and part of our job is giving them hope. It’s also an art to be able to let patients express their emotions of fear, anger or grief. You need to have an intuitive sense of what the patients need, meeting them where they are in the process, guiding them through it with sensitivity, and maintaining a positive attitude.”

The Sandy Amos R.N. Infusion Center was named after the late Washington Hospital oncology nurse who advocated for the creation of the infusion center after being diagnosed with stage 4 cancer. Opened in December 2011, the infusion center is located in Suite 239 at 2500 Mowry Avenue in Fremont. Valet parking and concierge services are available. For more information, visit www.whhs.com/infusioncenter or call (510) 818-5060 to talk to a nurse navigator.

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Fremont Police Log

SUBMITTED BY GENEVA BOSQUES,
FREMONT PD

Friday, May 16

Officer Haugh investigated a suspicious circumstance where a 10-year-old male was walking home from Hirsch Elementary at approximately 4:00 p.m. when he was asked by a male who was sitting inside a car if he wanted a ride home. The male juvenile became scared and ran home. The car was parked on Carol Ave, near the intersection of Chapel Way. The subject was sitting in the driver's seat and was described by the child as a Hispanic male adult or Indian male adult, 30 years old, with black hair styled in a spike. The car was described as an older 4-door sedan, blue in color with rust. The male did not make any other movements towards the juvenile after he made the comment. A Nixle alert was sent out to the community on Saturday morning and the Fremont Unified School District was notified. Detectives are following up on the case and looking into a possible second incident from April that may be related.

Saturday, May 17

Officer Francisco observes a suspicious vehicle parked at the Chevron gas station at Fremont and Cushing and makes contact with the occupants. None of the three occupants had any form of picture identification. The vehicle had expired registration and as Officer Francisco was in the process of searching the driver for weapons and identification, the driver became combative and was arrested for obstructing a police officer. The 31 year old adult male, San Jose resident, was arrested and one of the officers received a minor injury as a result. The other parties were released without incident and the vehicle was towed.

Officer Hunt and Zone 2 officers served a search warrant in Union City based on an active burglary investigation conducted by Officer Hunt. Some of the stolen property was recovered at the Union City address and an associate was cited for unlicensed driver.

Officer Roberts followed up on an armed robbery from the previous night, involving a landlord and previous tenant. Officer Nordseth was at the jail on an unrelated case, when the suspect, a 40 year old adult male, Fremont resident, approached him and told him he was the suspect in this case and he had the firearm with him. The male was arrested for robbery.

Monday, May 19

Officers responded to an interrupted residential burglary on the 4500 block of Alhambra Dr. The homeowner returned to their residence and saw the suspect leave the home. The suspect was described as an 18 year old Asian male wearing a gray hoodie.

An auto theft occurred on the 3400 block of Little Ct. where a 1994 Saturn was stolen.

A victim parked his green 1993 Nissan Mini-van in the Mowry Lot on May 9, 2014 at 7 a.m. The victim returned at 8 p.m. and discovered someone had removed his CD player

from his dash. The victim had left his window partially open for air. The victim reported the loss was \$150. The victim made a phone report and the officer completed a report.

Tuesday, May 20

At approximately 7:05 a.m. officers responded to Ariel Ave in reference to a reported in-progress auto burglary. While en route to the call, officers were advised that the suspect had just fled west. Later in the morning, the same subject was spotted jumping a fence by a different witness

Suspect Description: White male adult, mid 30's, 5'7"-5'9" in height, 170 to 190 pounds, wearing a black hooded sweatshirt with the hood up, a black back pack, black jeans and with a black and grey beard approximately one week growth in length. The suspect was carrying a long bar.

At approximately 8:30 a.m. officers responded to the 34700 block to investigate a commercial burglary at Chat Patta Corner. The burglary likely occurred sometime during the night. The unknown suspects broke glass in the front door to gain entry. Cash was taken. Case investigated by CSO Aguirre.

Milpitas Police called to report that they just had a few auto burglaries at the McCarthy Ranch Shopping Center and wanted us to be on the lookout. Pacific Commons security was notified and one auto burglary was subsequently reported at Pacific Commons.

A red 2-door 2006 Mini Cooper (CA licence #5SXL426) was taken from the 4200 block of Corrigan Dr. Case investigated by Officer Luevano.

Officers responded to a disturbance on Langhorn involving possible weapons. A locksmith showed up at a residence to change locks at the request of homeowner. Apparently the renter didn't approve, punched the locksmith, went into the garage, and possibly retrieved a weapon of some sort. The renter yelled something about killing another person and then himself. The locksmith drove away from the scene and called us. Patrol officers set up on the house while trying to get more info from the locksmith, who subsequently returned to the scene. In the end, the renter, who was hiding in a rear yard shed, went to jail for terroristic threats. Case investigated by Officer Gentry/ FTO Burkhammer.

Wednesday, May 21

Officers responded to the CVS store in the Brookvale Shopping Center to investigate a theft. It was reported that two female's entered the store with empty bags and left with full bags, setting off security sensors. The two suspects described as black adult females, left in a silver early 90's Ford Taurus. Case investigated by Officer Martinez.

The windows at Chubby Burger on Thornton Ave were shot out by a pellet rifle sometime during the night. Case investigated by CSO Aguirre.

A witness called to report that two males had just been seen running out of a neighbor's residence carrying property. They were driving a red, Toyota truck with paper plates. Officers fled the area, but the suspects were not located. The investigation revealed that the victim residence was a marijuana growing operation and

the loss was most likely marijuana. The Major Crimes Task Force was notified and responded to the incident. Investigated by Officer Little and Det. Geibig.

We were hit with several auto burglaries at the new shopping center located at Warm Springs Blvd/Fulton. The suspect description was a black male adult, 30's, long braids, driving a green Honda Accord or Civic.

Officers responded to a residence on Glenmoor Dr. to investigate a burglary that had occurred. The suspects made entry by prying open the rear sliding glass door.

Officer Layfield attempted a bicycle stop near the intersection of Besco and Val. The bicyclist (later identified as a 32 year old adult male) refused to stop and continued riding until he reached the front yard of a residence on Besco Dr. The male then dismounted his bike and quickly walked toward the front door of the residence despite the officers attempt to stop him. Officer Layfield was able to get to reach the man just after he attempted to toss a bag onto the roof. The male pulled away, turned toward Officer Layfield, and assumed a fighting stance. Officer Layfield requested expedited cover and deployed his K9 partner Kalimero via his patrol vehicle remote door opener. K9 Kalimero jumped over a brick wall and apprehended the man, preventing the impending assault on Officer Layfield. A search of the discarded bag revealed approximately 1 ounce of suspected methamphetamine. After being medically treated for a dog bite, the 32 year old adult male was booked into Santa Rita and charged with resisting and possession of methamphetamine. Kudos to K9 Kalimero for his assistance!

Thursday, May 22

A stolen white Econoline van from Jersey Rd was located and recovered down the street. Case investigated by CSO Oliveira.

A white Honda Accord was stolen from King Ave. CSO Gott responded and took the report.

A white Ford F450 work truck towing compressor trailer was stolen from the area of Fremont Blvd near Clipper Ct. It was found in the bushes at 551 Brown RD. Case investigated by CSO Gott.

A white Dodge Caravan was reported stolen on Woodcreek. The case was investigated by CSO Oliveira.

A caller advised that two white male adults were seen with a handgun near Paseo Padre north of Isherwood. Multiple patrol units checked the area with negative results.

Officers were dispatched to the 48400 block of Milmont Dr on the report of a possible commercial burglary. The reporting party called the police after he saw two suspects running away from a storage container on the property. Several officers arrived on scene and set-up a perimeter. With the assistance of K9 Kalimero, officers searched the exterior of the business complex with negative results. Santa Clara Sheriff's Office also provided a helicopter to assist with the search. Case investigated by Officer Hernandez. A special thanks to Santa Clara Co Sheriff's Office.

Maddie's Fund Adopt-a-thon

SUBMITTED BY
FREMONT POLICE DEPARTMENT

The Tri-City Animal Shelter is excited to announce that they will once again participate in the Maddie's Adopt-a-thon event on Saturday, May 31.

The largest national pet adoption event is financed and organized by Maddie's Fund®, a family foundation inspired by Maddie, a Miniature Schnauzer. Maddie's Fund® aims to find homes for 10,000 animals and has earmarked \$10 million for this year's event. More than 200 shelters and rescue groups within these communities will offer free adoptions to qualified homes at various adoption locations in each community.

Adoptions are free, but all regular procedures (pet licensing, microchip, spay/neuter) will apply, visit www.fremontpolice.org/AnimalServices. It will be a busy day for the shelter and in an effort to try and help expedite the process here are a few tips to help you prepare for May 31.

Renters: Bring written landlord approval (lease agreement or letter from your landlord)

Home owners outside of Fremont: Bring proof of ownership of your home (property tax, mortgage statement). A household bill will not prove ownership of your home.

Have another dog at home? Bring them with you to do a meet and greet so we can make sure they get along before sending them home with you.

All members of the household need to be here to make sure whatever critter you are looking to adopt fits in well with everyone.

Help Maddie's Fund® reach their goal of finding loving homes for thousands of homeless dogs and cats across the country on May 31! Learn more by visiting <http://adopt.maddiesfund.org>.

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Saturday, May 31

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West Nile Virus detected in Santa Clara County

Adult mosquitoes detected from San Jose and Campbell areas tested positive for West Nile virus as verified by the Santa Clara County Vector Control District on Friday, May 16. As stated in a press release, acting District Manager Russ Parman said, "This is the first indication of [West Nile virus] infected mosquitoes in Santa Clara County this year, and the earliest detection ever, beating the prior 2008 record by 13 days."

As a result, the county scheduled a fogging treatment on Thursday, May 22, to prevent its spread.

The treatment, ultra-low volume fogging using 1.5 ounces of liquid per acre, occurred from 11 p.m. until about 2 a.m. the next day. Microscopic droplets have high enough doses to kill mosquitoes when they stick.

West Nile virus is transmitted by mosquito bites, and may cause mild to severe flu-like symptoms such as fever, headache, body aches and, in severe cases, significant neurological damage or death. The first detection in California occurred in 2003, with 4,004 people contracting the disease and causing death to 145. Those who are highly susceptible are the elderly and those with

compromised immune systems. The virus may be spread from an infected mosquito to a bird which travels or migrates. The bird then is bitten by an uninfected mosquito passing the virus further. Infected mosquitoes may also transmit the virus to other hosts such as animals and, unfortunately, humans.

As of now, according to Bruce Kirkpatrick, district entomologist for the Alameda County Mosquito Abatement District, no trace of the virus has been detected in Alameda County. Kirkpatrick adds that for prevention, the district focuses its control efforts on bird and adult mosquito surveillance.

Santa Clara County encourages residents to take precautions such as draining or dumping standing water weekly, limiting outdoor activities during dusk and dawn, and applying insect repellents.

Visit www.sccvector.org for more information regarding fogging zone and the latest alerts about West Nile virus activity in Santa Clara County. Residents of Alameda County may contact the Mosquito Abatement District by calling (510) 783-7744. They are located in 23187 Connecticut St. in Hayward.



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Station agent called a hero

SUBMITTED BY MELISSA JORDAN
PHOTO COURTESY OF BART

A BART station agent is being hailed as a hero by the mother of a young man with autism who became separated from a group taking BART on an outing with a day program for people with disabilities.

John Buitrago was on duty as a station agent at the Pittsburg/Bay Point Station on May 7 when a dispatch came from BART Police saying that the 24-year-old man with autism did not get off the train at Walnut Creek with the rest of his group, and asking agents to be on the lookout for him.

The mother, Stephanie Jacob of Pleasant Hill, said she was worried sick about her son, Ben, who is developmentally disabled and autistic.

"I was afraid I might never see him again," she said. "He is very unobtrusive and non-verbal. He would never ask for help. It really took a special person to notice him. I shudder to think what would have happened had Mr. Buitrago not been on duty that day. He is most definitely my hero. He saved my son."

Buitrago, who himself has a child with autism, said he knew how devastating such an event could be and began to look around as soon as he got the dispatch.

"I told my coworker I would take a look around the station," he said. "First I looked inside, and I didn't see him," he said. "Then I went outside to the big bus area to see if I could spot him, and sure enough, as soon as I looked out there, I noticed. Many people with autism have a distinctive movement to them, it's like a pacing and holding tight to their bodies, and I just knew that was him."

As Buitrago came closer, along with a BART Police officer, Buitrago approached Ben quietly to assess his level of readiness to engage.

"I just walked up to him and said, 'Hi, is your name Ben?' he recalled." "I put out my hand to shake his, to see if he would respond, or pull away. He shook my hand, and I said, 'Your mom's looking for you; why don't you come and we will just put a chair outside my booth for you to wait.'"

"It really affected me," said Buitrago, who has been a station agent for 16 years. "I have a daughter with autism and I know it is a parent's worst nightmare that they could be missing and you don't know how to find them."

"You just do what a father would do," he said. "As a father of a child with autism, you know they can be lost in their own world. You have to communicate differently."

"We are proud of John and the role he played in helping locate Ben," said Paul Liston, assistant chief



Station Agent John Buitrago

transportation officer for the Pittsburg/Bay Point and Richmond lines. "Our station agents are really unsung heroes because they help people every day but this is a case of going above and beyond the call of duty to make a difference in a family's life."

Jill Escher, board president of the Autism Society/San Francisco Bay Area, called Buitrago's actions outstanding.

"This could have ended in tragedy," she said. "Wandering or staying at a distance is very common and many people with autism don't have a sense of safety, they may run into traffic. It comes down to a social-behavioral deficit."

"Everybody working in the public safety sector and public transportation sector should understand that the autism population in the Bay Area has absolutely exploded, and we must take affirmative measures to understand these people and recognize when they might be lost," she said.

Escher urged members of the public to be aware if they notice a person pacing, making strange gestures, or appearing lost, and not assume that the person is involved in criminal or dangerous behavior. As more and more police officers and other responders are being trained in recognizing persons with conditions such as autism, calling 911 is another way to access resources, she said.

"Maybe this is someone who has autism," she said. "We need to expand our presumptions about differences in behaviors and recognize it may be someone who needs help. Don't assume someone else is going to do it."

You can find out more about autism resources at the group's website: <http://www.sfautismsociety.org/>

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one in three children who died in car crashes was not wearing a seat belt. We know that your family's safety is the most important thing to you. It's the most important thing to us, too. That's why you should bring your car in for regular maintenance at **BAY STAR AUTO CARE**. Our friendly and experienced ASE-certified technicians will provide the preventive care that you need to ensure that your loved ones are safe and sound on the road. If you have any questions, or would like to schedule an appointment, please call today. *HINT: Children should be buckled into place with car seats, booster seats, or seat belts in the back seat, every time, regardless of how short the trip.*

Gary Singh is the owner of Bay Star Auto Care at 1275 Atlantic St. near Western Ave., here in Union City. Phone: 489-3331

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History *Parade of the Past*

Thirty of Washington Township's historic landmarks and old homes were opened to visitors May 20, 1956 as part of a "Parade of the Past" benefit tour sponsored by the Humpty Dumpty Play Center. The day's program included a concert by the Centerville Mother singers in the Shinn gardens, a fashion show at the Vallejo Adobe of gowns worn by local women in the last century and refreshments at the Play Center. Sites were numbered from one to 33 beginning in Centerville



The Gallegos home



Shinn house where guests were welcomed by Mrs. J. C. Shinn and delightful gardens.

and ending in Warm Springs, but the guests toured in private cars in any pattern they chose. Number 1 was the Burdette Williams residence on Highway 17, now Fremont Boulevard. The house is gone, but part of the carriage house has become the showpiece of Williams Historic Park. Number 2 was the historic Centerville Church. The Church burned but the steeple survived. Plans were being made in 1956 for a new church which was built on Central Avenue. Number 3



St. James Episcopal



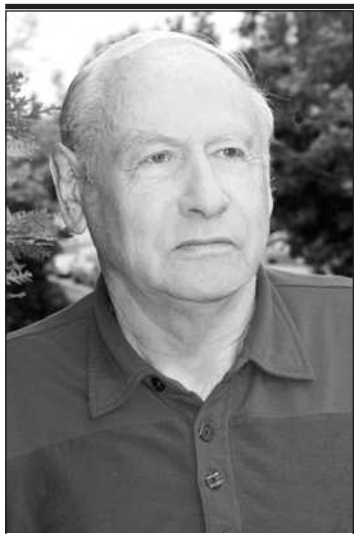
The home of William Y. Horner

was the St. James Episcopal Church, later moved to its present site on Thornton Avenue. Site number 4 was the Dusterberry home which is still under private ownership. Site number 5 was the home of Judge John Mattos which is gone now. His newer and larger home is on Blacow. Site number 6 was the Shinn house where guests were welcomed by Mrs. J. C. Shinn and delightful gardens. Site number 7 was the home of the late Judge H. J. Tilden on the east side of Santos Road (Mowry Avenue) but this home burned. Helen Ford had recently died so her home was not on the tour. The Lawrence Bunting home backed the International Kitchen was site number 9. The Buntings were building a large boat in their yard. The nearby lake was a popular swimming hole for residents. Number 10 was Laura Whipple's home at the corner of Fremont Boulevard (Mowry) and Overacker Avenue. Laura had many pieces of pioneer furniture on display. Site number 11 was the Edna Overacker home at the other end of Overacker Avenue. Items displayed by Edna included a gate-leg table that came to California in a covered wagon. The Essanay Studio site was listed as number 12 and the Vallejo Flour Mill number 13 but no information was given.

The Henry Ellsworth home joined by the Essanay Motel was number 14. Today it features a train sculpture. Palms marked the driveway. Signs helped locate number 15, the Blacow home on Blacow road. Site number 24 marked the Anderson Military Academy grounds on Driscoll Road. The site was closed to the public, but several of the old buildings were still standing. The home of William Y. Horner, across Driscoll Road from the Anderson Academy, was site Number 25. Site number 26 was the Ohlone Indian burial grounds that have been tended and cared for by Philip and Andy Galvan. The Gallegos home site Number 27 was on the east side of Mission Boulevard near the creek in 1956. The house "known as the old lady" was moved up Witherly Lane by Bob Tavares in 1974. Palmdale's Holy Family Novitiate, Number 28, featured the gardens, a cork tree, a curly leaf willow grown from a cutting at Napoleon's grave and a row of pear trees. Site Number 29 marks the remains of the original Mission San Jose. Tours are given by appointment. It is still a remnant of the oldest Spanish site in Alameda County. Site Number 30 was the Derrel Huddleson garden. The garden is gone, but the site would be located at Ohlone College. Carl Roberts garden on part of

the old Los Cerritos Winery was site Number 31. Current owners, Chris and Hedy Eyre, made extensive changes to the grounds. The Curtner Adobe, Site Number 32, now known as the Galindo Higuera Adobe, has been restored and tours are given by appointment. Site Number 33, the Weibel Winery, was located by following the sign to Hidden Valley Ranch. Today the site is located by going up Stanford Lane to the Weibel sign, a surviving winery remnant.

Sites numbered from number 18 to 23 were in the Alvarado area. Site number 18 was the McKeon Home on Lowry Road where Joseph McKeon's wheel and carriage shop had been. Vallejo Street in Alvarado was number 19 with several original buildings over 100 years old. The Farley Hotel, number 20, opposite the Alvarado Depot was now a rooming house. A gas station had been built at number 21, the Courthouse site. The A. H. Dana house on Whipple Road, number 22, had been modernized but retained the charm and character of the period. The adjoining Harold home, number 23, was built in 1868. Flowering cherry trees were a feature in the garden of both homes. The sites on the Alvarado end of Centerville road had suffered from freeway construction and other developments. Only two sites were named in Newark; site number 16 (the Caldiera Adobe) and number 17 (Franklin Brown home on Lincoln Road next to the Fair house on Thornton). The City of Newark has established a web site to present their history.



PHILIP HOLMES

PEEK INTO THE PAST

www.museumoflocalhistory.org

Photos courtesy of The Museum of Local History

Whooping Cough

SUBMITTED BY CA DEPARTMENT
OF PUBLIC HEALTH

Dr. Ron Chapman, director of the California Department of Public Health (CDPH) and state health officer, warned on May 16, that the number of pertussis (whooping cough) cases is increasing in California.

CDPH has received reports of 1,711 cases of pertussis occurring from January through April 2014, more than triple than the number of cases in the same period last year.

"Pertussis peaks in incidence every 3-5 years as the number of susceptible people in the population increases," says Dr. Ron Chapman. "As the last peak in California was in 2010, we are concerned that the recent increase in reported cases suggests that another cyclical peak is beginning."

Infants too young to be fully immunized remain most vulnerable to severe and fatal cases of pertussis. Most of the 77 hospitalized cases to date in 2014 have been in children three months of age or younger. This year's two pertussis deaths, the first reported in California since 2010, occurred in infants. To prevent severe pertussis in infants, CDPH recommends that pregnant women receive a pertussis vaccine booster during the third trimester of each pregnancy, and that infants be vaccinated as soon as possible.

More than 90 percent of this year's reported pertussis cases have been in children younger than 18 years of age, including 32 percent who were 14 through 16 years of age. Outbreaks of pertussis in elementary, middle, and high schools have been reported throughout the state.

It's important that both children and adults are up-to-date on their immunizations. Booster shots for pertussis are critical because, unlike some other vaccine-preventable diseases, neither the pertussis disease nor vaccine confers lifelong immunity.

To prevent pertussis, CDPH recommends that:

Pregnant women receive a pertussis vaccine booster during the third trimester of each pregnancy, even if they've received it before.

Infants are vaccinated against pertussis as soon as possible. The first dose is recommended at two months of age but can be given as early as 6 weeks of age during pertussis outbreaks. Children need five doses of pertussis vaccine by kindergarten (ages 4-6).

California 7th grade students receive the pertussis vaccine booster as required by state law.

Adults receive a one-time pertussis vaccine booster, especially if they are in contact with infants or if they are health care workers who may have contact with infants or pregnant women.

The symptoms of pertussis vary by age. For children, a typical case of pertussis starts with a cough and runny nose for one to two weeks. The cough then worsens and children may have rapid coughing spells that end with a whooping sound. Young infants may not have typical pertussis symptoms and may have no apparent cough. Parents may describe episodes in which the infant's face turns red or purple. For adults, pertussis may simply be a cough that persists for several weeks.

More information about pertussis is available at www.cdph.ca.gov.



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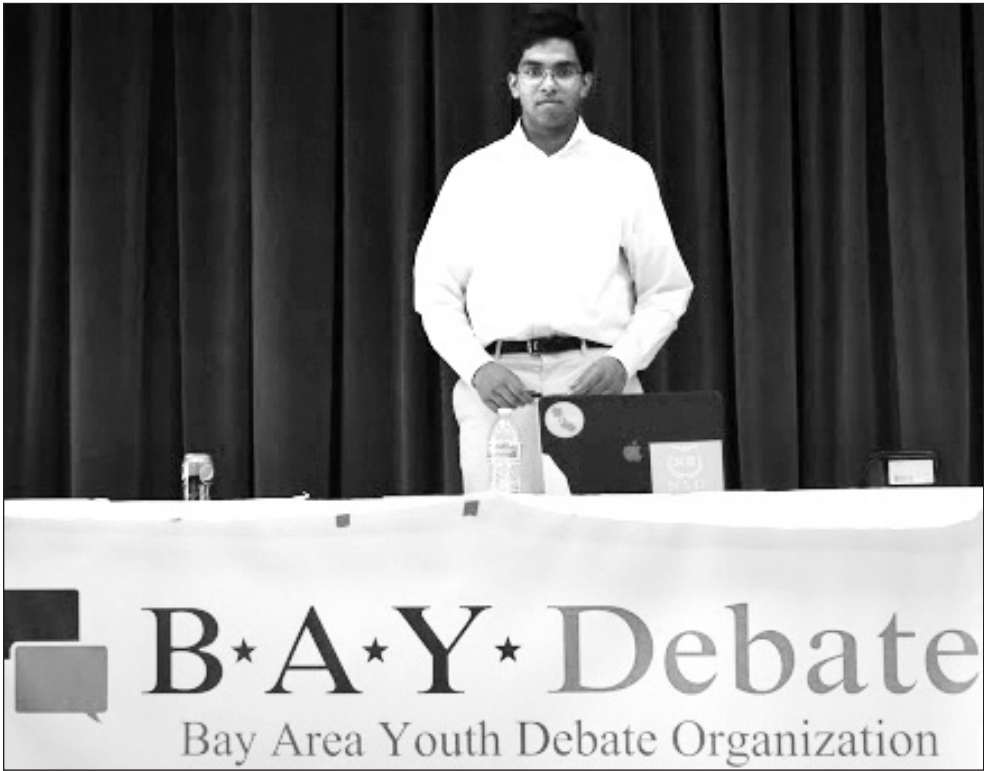


Debate tournament tests student's skill

SUBMITTED BY BAY AREA YOUTH
DEBATE ORGANIZATION
PHOTO BY MOHAN BALAJI

Elementary students had a chance to put their skills to the test at Bay Area Youth Debate Organization's (B.A.Y. Debate) first invitational at Mission San Jose Elementary (MSJE) on April 12.

B.A.Y. Debate is a non-profit organization founded by Anand Balaji in January 2012 to provide free debate education to elementary school students in the Bay Area.



Balaji first approached Principal Chuck Graves at MSJE in 2012 and ran biweekly classes for 5th and 6th graders with the help of high school volunteers. In 2013, B.A.Y. Debate expanded to include Mission Valley Elementary, Brier Elementary, and Millard Elementary. Weekly classes at each location are taught by teams of four to five high school volunteers. There are close to 20 MSJ students involved in the organization and since 2012, almost 150 students have been educated in the school branches.

April 12 was B.A.Y. Debate's first tournament that invited competitors from its four different locations. The event included four rounds on the topics: "The United States federal government should substantially increase its investment in space exploration," and, "United States military drone strikes in the Middle East have done more good than harm." The tournament had 16 teams from the four different schools, a total of 48 competitors. Sixteen high school volunteers and coaches from Mission San Jose High School helped with the event.

Awards were given to the top three teams based on their win-loss records and speaker points. Speaker points are awarded to each individual debater on a team based on how well they presented during the round. Awards were also given to the 10 individual debaters with the highest collective speaker points.

With three wins and one loss, First Place Team: MSJE – Kavin Kumaravel, Anton Lin, Aref Malik; Second Place Team: MSJE – Serena Mao, Irene Huang, Anusha Muley; and Third Place Team: Mission Valley – Krish Kothari, Arnav Nayadu, Eric Ma.

Anton Lin of MSJE received a gavel for his finish as top speaker, and the nine other top finishers received medals: 2. Kavin Kumaravel (MSJE), 3. Parth Anjaria (MSJE), 4. Pranav Garg (Millard), 5. Srinjoy Chatterjee (MSJE), 6. Serena Mao (MSJE), 7. Monisha Saxena (Mission Valley), 8. Arnav Nayadu (Mission Valley), 9. Anusha Muley (MSJE), and 10. Krish Kothari (Mission Valley).

"Our tournament was a great success. It was wonderful to see all of the hard work our students and coaches put in over the school year come together for this exciting event," said B.A.Y. Debate Founder and President Anand Balaji. "This was the very first competitive experience for our students and they debated excellently and had a great time. The school principals, parents, and other spectators were very impressed by the level of understanding and confidence displayed by our debaters. We look forward to our next event on May 31 and hope it will be even more successful!"

Learn more about B.A.Y. Debate at www.baydebate.org.



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BUSINESS

Appeals court judge faces ethics questions

BY SAM HANANEL
ASSOCIATED PRESS

WASHINGTON (AP)—The chief judge of a federal appeals court announced Friday that he's stepping down from his post and apologized for sending an inappropriate email to an attorney who had argued cases before him.

Judge Randall Rader of the U.S. Court of Appeals for the Federal Circuit said in a letter to colleagues that he was "inexcusably careless" for sending the email praising the lawyer's skills and urging him to share it with others.

Rader said he will continue to serve as a judge on the appeals court, which specializes in hearing patent cases. He will be succeeded as chief by Judge Sharon Prost effective May 30.

"I have come to realize that I have engaged in conduct that crossed lines established for the purpose of maintaining a judicial process whose integrity must remain beyond question," Rader wrote in the letter posted on the court's website. The letter is addressed to the court's 17 other judges.

Earlier this month, Rader recused himself from two cases in which the attorney, Edward Reines, had appeared before the court on behalf of computer giant Microsoft Corp. and medical device maker Medtronic Inc.

The Wall Street Journal reported Thursday that Rader had sent a "laudatory email" to Reines and encouraged him to show the message to others. While Rader acknowledged sending the email, he did not name the recipient.

Reines did not respond to a request for comment.

Such messages would not be considered appropriate under ethical rules, said Stephen Gillers, a law professor at New York University and an expert on legal ethics.

"It implies that the lawyer has some particular influence with the judge," Gillers said.

Rader said he would never compromise his impartiality as a judge but realizes that the email "may have led to the perception that the attorney in question was in a position to influence me in my performance of judicial duties."

Rader, appointed to the Federal Circuit by President George H. W. Bush in 1990, has served as the court's chief judge since June 1, 2010. The term is seven years, but judges often step down earlier. Rader turned 65 this year, making him eligible for retirement.

Prost, appointed to the court by President George W. Bush in 2001, is next in line for the chief judge post because she has the longest tenure on the court of any judge under age 65.

There is not likely to be any real penalty against Rader for the apparent conflict of interest. Federal judges are appointed for life and may be impeached, but that has rarely occurred. Gillers suggested there could be a disciplinary proceeding by the judicial council of the Federal Circuit, but any penalty would likely be a warning not to do it again.

Earlier this month, Rader recused himself from two cases involving Reines in which he had already reached decisions as part of a three-judge panel. His recusal had no apparent effect on the outcome of the cases.

In one case, the court reissued an opinion with a different judge that reached the same conclusion. In the second case, the court issued a new order that similarly halted a lower court injunction barring Medtronic from selling a new aortic heart valve.

The court did not reveal the reason for Rader's recusal in either case. Daniel O'Toole, circuit executive and the clerk of the appeals court, said there was no requirement to disclose the reasons, adding Rader did not offer any.

Workers in tech case likely to get average of \$4K

BY MICHAEL LIEDTKE
AP TECHNOLOGY WRITER

SAN FRANCISCO (AP)—Nearly 60,000 high-tech workers are likely to receive an average of \$4,000 apiece in a settlement of a class-action lawsuit alleging Apple and Google conspired in an illegal cartel of Silicon Valley employers that secretly refused to recruit each other's engineers.

The estimate is based upon an analysis of court documents in the case, including the terms of a \$324.5 million settlement outlined for the first time in a filing made late Thursday. The final amounts paid to each of the eligible workers will vary depending on their salaries during the four-year period covered by the lawsuit.

A federal judge still must approve the settlement, which is already facing resistance from one of the workers representing the entire class. A hearing on the settlement is scheduled for June 19 in a San Jose, California, federal court.

The \$324.5 million settlement will be paid by Apple Inc., Google Inc. and two other Silicon Valley companies, Intel Corp. and Adobe Systems Inc., accused of colluding to corral their top technology workers.

The 3-year-old lawsuit, triggered by an earlier U.S. Department of Justice investigation, uncovered evidence that former Apple CEO Steve Jobs, former Google CEO Eric Schmidt and top executives from the other companies in the case had reached "no-poaching" pacts prohibiting each other from trying to lure away each other's top workers with offers of higher-paying jobs.

Three other companies, Intuit Inc., Pixar Animation and Lucasfilm, named in the lawsuit reached a separate \$20 million settlement that already has been approved by U.S. District Judge Lucy Koh. Intuit paid \$11 million of that settlement, with Pixar and Lucasfilm — both now owned by Walt Disney Co. — covering the remainder.

No breakdown has been provided yet how Apple, Google, Intel and Adobe will divvy up the \$324.5 million bill for their settlement. The lawsuit depicted Apple and Google as the ringleaders of the alleged misconduct. The settlement represents a pittance for Apple and Google, which held a combined \$210 billion in their bank accounts through March.

It is also a fraction of the \$3 billion that the class-action attorneys had been seeking in the case. Because the complaint raised antitrust violations, the damages could have been tripled to \$9 billion had the companies been found liable in a trial.

A \$3 billion to \$9 billion award would have translated into average payments of \$50,000 to \$150,000 for the affected workers.

Programmers, software developers and computer scientists make an average of \$80,000 to \$110,000 annually, depending on their specific duties, according to the latest wage data from the U.S. Department of Labor.

The gulf between the potential damages and the current settlement has sparked a protest from Michael

Unopposed West Virginia candidate left off ballot

BY JOHN RABY
ASSOCIATED PRESS

CHARLESTON, W.Va. (AP)—With no opposition for his city council seat in a small town on West Virginia's Northern Panhandle, Curtis Mele figured his ticket to a third consecutive term was secure.

Instead, a clerical error left his name off the ballot, and another councilman was listed as the candidate in his district in Benwood. Now, officials in the town of 1,600 are scrambling for a solution, and Mele has hired an attorney to contest the election.

"It might be an honest mistake," Mele said Thursday. "But that's a mistake that should never happen."

Mele, whose name didn't appear anywhere on the May 13 ballot, was one of four unopposed council members.

The responsibility for Benwood's ballot information falls on the office of City Clerk Judy Hunt.

"She dropped the ball, which is now costing me," Mele said.

Hunt referred questions Thursday to city attorney Eric Gordon, who didn't immediately return a telephone message.

Marshall County Clerk Jan Pest said it's up to the cities to get their information right, including how names appear on the ballot.

Pest said cities send their ballot information to her office after the candidate filing period. The county clerk's office then has the information prepared for processing and sends a version back to the cities to be proofread before printing.

Mele said he found out about the ballot mix-up through a phone call more than four hours after the polls opened. He contacted Gordon, and the Secretary of State's office was consulted.

According to Mele, the city could consider a special election or appoint him to serve until the next municipal election in 2016 — two options he finds unacceptable. Mele said a special election brings up the possibility that he would face opposition.

The City Council plans to meet next Tuesday.

Pest said her office certified the election Thursday morning. That clears the way for Mele to contest the results.

Secretary of State spokesman Jake Glance said his office's role is simply to record election results that are certified and passed on by county clerks.

continued on page 13

continued from page 12

Workers in tech case likely to get average of \$4K

Devine, a lead worker in the case who called the terms “unfair and unjust” in a May 11 letter to Koh.

“I respectfully ask that you reject this settlement so that we may have our day in court and have a real shot at justice,” wrote Devine, a former computer scientist at Adobe.

In court papers, the class-action lawyers argued the settlement falls into the “range of reasonableness” and avoids the uncertainty of a trial. The attorneys cited other antitrust cases that resulted in verdicts awarding small fractions of the amounts originally targeted in the case.

The class action represents 64,600 technology workers employed at some point from 2005 through 2009 at the companies targeted in the lawsuit.

About 5,000 of the workers, or 8 percent of the class, were covered by the \$20 settlement paid by Intuit, Pixar and Lucasfilm, according to court documents.

That means about 59,400 employees will be eligible for a piece of the \$324.5 million settlement from Apple, Google, Intel and Adobe.

The workers’ lawyers though intend to seek up to one-fourth, or about \$81 million, of the settlement amount plus \$1.2 million to reimburse their expenses, according to Thursday’s filing. The attorneys took \$5 million, or one-fourth, of the \$20 million settlement with Intuit, Pixar and Lucasfilm.

If the lawyers receive their requested reimbursement in addition to one-fourth of the settlement with Apple, Google, Intel and Adobe, that will leave the workers represented in the lawsuit with \$242 million, or about \$4,000 per person.

Source: Sterling surrendering Clippers control

By Tami Abdollah
Associated Press

LOS ANGELES (AP) — Donald Sterling is turning his ownership stake in the Los Angeles Clippers over to his estranged wife, and she is in talks with the NBA to sell the team, a person with knowledge of the negotiations told The Associated Press on Friday.

The individual, who wasn’t authorized to speak publicly about the deal, said the couple reached the agreement after weeks of discussion.

“Donald Sterling is out, and there will be new owners,” the individual told the AP.

Neither Shelly Sterling nor her attorney had any comment Friday. They have been in talks with NBA lawyers for the last couple weeks.

“She wants to be able to say, ‘I’m selling the team, not the NBA is selling the team,’ and have meaningful control over that transaction,” the individual told the AP.

Donald Sterling was banned for life and fined \$2.5 million by NBA Commissioner Adam Silver after the release of a recording last month in which Sterling made racist remarks involving blacks, which comprise the majority of players in the league.

Sterling told female friend V. Stiviano not to bring blacks to Clippers games during a recorded conversation. Sterling specifically mentioned Magic Johnson, and then criticized the NBA Hall of Famer again as a poor role model during a TV interview.

Earlier this week, the NBA charged Sterling with damaging the league and its teams with his comments, and said he has engaged in other conduct that has impaired its relationship with fans and merchandising partners.

Sterling has until next Tuesday to respond to the charge. He has the right to appear at a New York hearing on June 3 in front of the other owners and make a presentation before the league’s board of governors votes on terminating his ownership. He is entitled to a lawyer at the hearing, but strict courtroom rules of evidence would not apply.

It will take three-quarters of the owners to terminate Sterling’s ownership, and the league says also that of Shelly Sterling.

“She has no plans to sue the NBA,” the individual told the AP. “She’s trying to make nice.”

Minnesota Timberwolves owner Glen Taylor, the board chairman, will preside over the June 3 hearing. If three-fourths of the other 29 owners vote to sustain the charge, Sterling will be forced to sell the team he has owned since 1981. Silver has said he is confident he has the 23 votes that are necessary.

If Sterling does not respond to the charge within five business days, or does not appear at the hearing, it would be deemed an admission of the “total validity of the charges as presented,” according to the NBA constitution.

Donald Sterling’s attorney had asked for a three-month delay, which the league rejected. His attorney had no comment Friday.

Article 14a of the NBA’s constitution, which deals with the consequences of termination of ownership, allows the interest of a terminated owner to be placed under the management and control of the commissioner.

He would then have the power to exercise all of the rights that belonged to that owner, including the right to transfer all or any portion of that interest at such prices and terms that the commissioner deems “reasonable and appropriate.”

Ultimately, any sale of the team would have to be approved by the league’s owners.

Shelly Sterling initially had said she would fight to keep her 50 percent share of the team even if her husband is forced to sell, but the league has made it clear that all ownership interests in the Clippers will be terminated if the other owners vote to sever his control at the June hearing.

NBA spokesman Mike Bass said in a statement Friday that the league is continuing to follow the process for terminating the Clippers’ ownership.

One owner, speaking to the AP on condition of anonymity because he was not authorized to discuss the sale, said the league would have to be certain the buyer had no connection to the Sterling family.

Miami Heat star LeBron James was one of the first and strongest voices to speak out after the recording of Donald Sterling’s comments

was posted online last month.

“We don’t want this to linger around our sport,” James said Friday after practice. “The quicker it gets done, the sooner we can move on.”

AP Basketball Writer Tim Reynolds in Miami contributed to this report.

State argues right to sell high-speed rail bonds

By Juliet Williams
Associated Press

SACRAMENTO, Calif. (AP) — Two lower court rulings that have complicated efforts to begin construction on California’s \$68 billion high-speed rail system are premature and should be overturned, attorneys for the state argued before an appellate court panel Friday.

The arguments come after Sacramento County Superior Court Judge Michael Kenny ruled that the bullet train project no longer complies with the promises made to voters when they approved selling nearly \$10 billion in bonds in 2008. Kenny’s rulings last November invalidated the sale of \$8.6 billion in state bonds and required the state to write a new funding plan.

The lawsuits filed by Kings County and landowners there are premature because the state is not yet seeking to spend any of the bond money and only the state Legislature can determine whether there was enough detail in the funding plan, Deputy Attorney General Ross Moody told a three-judge panel of the California 3rd District Court of Appeal.

“We can’t get this project off the ground. We’re stopped because of this misreading of Proposition 1A,” Moody said. “... We’re at the precipice of actually getting this project into the next phase and we are stopped, we’re being told to go back. We don’t think it’s a proper reading of the law.”

Lawmakers approved the first phase of the planned 800-mile rail line in 2012. That allowed the state to begin selling bonds for construction of the first 130-mile stretch and tap \$3.3 billion in federal matching funds.

Attorney Stuart Flashman, who represents the Kings County landowners, argued that the requirement for a valid funding plan would not have been included in the ballot measure if it was not paramount to protecting the public interest.

“That’s what the ballot measure’s intent was: to make sure you’re not going to get stuck with a partially completed segment that you’re jammed up with not being able to complete,” Flashman said.

The panel seemed skeptical about overturning the Legislature’s decision, noting that an updated funding plan would be required before the money is spent.

“You could be correct that at whatever point in time the project that’s planned doesn’t begin to resemble the project that the people authorized,” Presiding Justice Vance Raye told Tim Bittle, an attorney who argued on behalf of the Howard Jarvis Taxpayers Association. “The question is are we there yet, at this point when there’s been no construction and the only expenditure of funds has been of federal funds, not bond funds.”

The California High-Speed Rail Authority has said that while the state money is tied up, it is spending the federal funds for pre-construction work that includes engineering, surveying and acquiring land along the first 28-mile segment from Merced to Fresno.

“We are getting close and anticipate actual construction in the near future,” spokeswoman Lisa Marie Alley said later Friday.

Gov. Jerry Brown’s administration initially appealed the Sacramento County judge’s rulings to the California Supreme Court, which asked the appellate court to hear them on an expedited basis. The judges have 90 days to issue a ruling.

Moody argued that the law required the state to act quickly, which it can’t do while the project is tied up in litigation.

“We have this big pot of federal money that’s sitting out there that we need to spend by 2017,” he said. “... If we take a time out every time we file a preliminary funding plan for a couple of years of litigation over it, this process is going to drag on forever.”

Golden Gate Bridge median to go up in January

AP Wire Service

SAN FRANCISCO (AP) — Golden Gate Bridge officials have set a date for the installation of a moveable median separating northbound and southbound traffic.

Bridge District General Manager Denis Mulligan says the bridge is scheduled to close after midnight on Saturday, Jan. 10 and reopen before 4 a.m. on Monday, Jan. 12 for the work. Officials had originally aimed to install the median in October,

but decided on the January weekend because the bridge traditionally experiences light traffic then.

The \$30 million project has been in the works for more than a decade. Officials say the moveable, steel and concrete median

will help prevent head-on crashes. Traffic on the span is currently separated only by yellow plastic tubes.

The January shutdown will be the famed span’s first construction-related closure. The bridge’s sidewalks will remain open.

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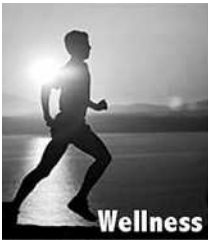
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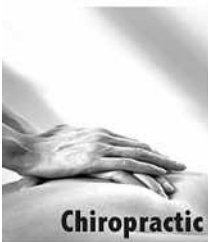
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Local graduation ceremonies

Summer is almost here and graduation caps are about to fill the air [a few have, already] as local students close a chapter of their education and move onto the next. High school and college graduation ceremonies throughout the Tri-Cities are scheduled for the coming weeks.

COLLEGE GRADUATIONS:

CSU East Bay
Graduate Degree Ceremony
Friday, Jun 13
4:00 p.m.
Hayward Campus, Pioneer Stadium
25800 Carlos Bee Blvd, Hayward

CSU East Bay
Undergraduate Ceremony (B.A./B.S.)
Saturday, Jun 14
10:00 a.m.
Hayward Campus, Pioneer Stadium
25800 Carlos Bee Blvd, Hayward

CSU East Bay
Concord Campus Ceremony (Undergraduate and Graduate)
Saturday, Jun 14
6:00 p.m.
Boatwright Sports Complex
800 Alberta Way at Campus Dr, Concord

Chabot College
Friday, May 30
6:00 p.m.
Chabot College, Grand Court
25555 Hesperian Blvd, Hayward

DeVry University
Friday, Jun 27
11:00 a.m.
Chabot College, Performing Arts Center
25555 Hesperian Blvd, Hayward

Ohlone College
Friday, May 23
7:00 p.m.
Epler Gymnasium, Fremont Campus
43600 Mission Blvd, Fremont

UniTek College Healthcare Graduation Ceremony
Saturday, Jun 21
10:00 a.m.
New Life Church
4130 Technology Dr, Fremont

WyoTech College
Wednesday, Jul 23
7:00 p.m.
Chabot College, Performing Arts Center
25555 Hesperian Blvd, Hayward

HIGH SCHOOL GRADUATIONS:

Fremont:
American High School
Thursday, Jun 12
3:30 p.m.

Tak Fudenna Stadium
38442 Fremont Blvd, Fremont

California School for the Deaf
Friday, Jun 6
3:00 p.m.
Large Gym
39350 Gallaudet Dr, Fremont

Circle of Independent Learning Charter School
Friday, Jun 6
7:00 p.m.
Fremont Adult School, Multipurpose Room
4700 Calaveras Ave, Fremont

Fremont Adult School/Continuing Ed GED Ceremony: Tuesday, Jun 3
7:00 p.m.
ESL Ceremonies: Wednesday, Jun 4
9:30 a.m. and 7:30 p.m.
High School Graduation: Thursday, Jun 5
7:00 p.m.
Fremont Adult School, Multipurpose Room
4700 Calaveras Ave, Fremont

Fremont Christian School
Saturday, May 31
10:00 a.m.
Harbor Light Sanctuary
4760 Thornton Ave, Fremont

Irvington High School
Friday, Jun 13
7:30 p.m.
Tak Fudenna Stadium
38442 Fremont Blvd, Fremont

John F. Kennedy High School
Friday, Jun 13
10:00 a.m.
Tak Fudenna Stadium
38442 Fremont Blvd, Fremont

Mission San Jose High School
Friday, Jun 13
3:30 p.m.
Tak Fudenna Stadium
38442 Fremont Blvd, Fremont

Robertson High School/Vista
Tuesday, Jun 10
5:00 p.m.
At school site
4455 Seneca Park, Fremont

Washington High School
Thursday, Jun 12
7:30 p.m.
Tak Fudenna Stadium
38442 Fremont Blvd, Fremont

Hayward:

Conley-Caraballo High School
Monday, Jun 9

6:00 p.m.
At school site
541 Blanche St, Hayward

Hayward High School
Tuesday, June 10
6:00 p.m.
CSU East Bay, University Stadium
25800 Carlos Bee Blvd, Hayward

Moreau Catholic High School
Sunday, May 25
10:00 a.m.
Paramount Theatre
27170 Mission Blvd, Hayward

Mt. Eden High School
Wednesday, Jun 11
6:00 p.m.
School football field
2300 Panama St, Hayward

Tennyson High School
Wednesday, Jun 11
4:00 p.m.
Prince-Serrano Stadium, Tennyson High School
27035 Whitman St, Hayward

Milpitas:

Calaveras Hills High School
Thursday Jun 5
7:00 p.m.
Milpitas Sports Center
1325 E. Calaveras Blvd, Milpitas

Milpitas High School
Saturday, Jun 7
9:30 a.m.
School football field
1285 Escuela Pkwy, Milpitas

Newark:

Newark Memorial High School
Saturday, Jun 14
9:00 a.m.
School's Cougar Stadium
39375 Cedar Blvd, Newark

Union City:

James Logan High School
Saturday, Jun 14
9:00 a.m.
School's Logan Stadium
1800 H St, Union City

Union City Christian Academy
Wednesday, Jun 18
7:30 p.m.
At school site
33700 Alvarado-Niles Blvd, Union City

Fremont schools successful at Chess Championships

SUBMITTED BY
JOE LONSDALE

Two Fremont schools won major championships at the 2014 National Elementary School Chess Championships held in Dallas on May 9 – 11. More than 2,200 students from 107 schools competed in these championships. Seventeen Mission San Jose Elementary School (MSJE) students from Fremont attended these championships. MSJE won first place in the K-3 Championship section, tied for fifth place in the K-1 section and tied for fourth place in the K-5 section. The MSJE Chess team is the 2014 National Primary School Chess Champion.

Gomes Elementary School, also of Fremont won the Elementary school (K -6) division. This is the second time in two years that two major elementary school sections were won by schools from Fremont. Last year Gomes won K-5 and MSJE won K-6. In K-6 Joanna Liu and Jason Zhang each had five wins and a draw in seven games and tied for sixth place. Ganesh Murugappan and William Sartorio also scored points. The Gomes Elementary team is now the National Elementary School Chess Champions. In 2013 MSJE won the Elementary School Section (K-6) and Gomes won the K-5 section.

In the K-1 section Arnav Lingannagari was the



The K-3rd grade Championship team

top scorer for the MSJE team; Arnav tied for 12th place. Allyson Wong tied for 22nd place. Shreyas Jay, Siddharth Arutla, Ayaan Kassamali and Jolene Liu also competed for the K-1 team.

In the K-3 Section MSJE was the top rated team. Rishith Susarla was the team's top rated player, tying for 7th place. Second grader Kevin Pan and Annapoorni Meiyappan tied for 17th place. Second grader Stephen He won his game in the last round to give MSJE a perfect four point round and a clear first place. Our motto is "MSJE owns the seventh round!" Atul Thirumalai, Shree Jay, and Amulya Harish each scored in the K-3 Championship section. The MSJE team is the 2014 Primary School Chess Champion.

David Pan was the top rated player on our K-5 team and scored a fantastic 6 out of seven points. David tied for second place. Kavya Sasikumar, Mihir Bhuptani and Jeffrey Liu scored points in this very tough section. The K-5 team tied for fourth place in the tournament. Congratulations to the Chess Team for a great result at the National Championships!

Major Crimes Task Force seizes over 600 marijuana plants and two guns

SUBMITTED BY
CMDR. MICHAEL CARROLL, NEWARK PD

On May 22, 2014, The Southern Alameda County Major Crimes Task Force (MCTF) executed three search warrants in regards to a large Marijuana grow operations. The search warrants resulted in three arrests with the seizure of 642 Marijuana plants, one loaded shotgun and one loaded pistol along with several high-capacity magazines.

Two of the locations were in Newark and the third was in Fremont. The two locations in Newark were at the 6000 block of Marguerite Drive

and the 5000 block of Robertson Drive. The third location was at the 33000 block Lake Lanier Place, Fremont.

Among the items seized from the Newark locations were 343 Marijuana plants; 1 pound of processed Marijuana; a loaded 12-gauge shotgun; a loaded Taurus 9mm handgun, a 10 round magazine, a 17 round magazine and a 30 round magazine; 12 gauge and 9mm ammunition; and US currency.

Items seized from the Fremont location were 299 Marijuana plants; 2 pounds of processed Marijuana; and 40 pounds of cut/drying Marijuana.

Arrested at the Marguerite Drive lo-

cation was Jarrod Ryan Hardin of Newark. Hardin was booked for cultivation, sales of marijuana, grand theft of utility power, armed in the commission of a felony, possession of large capacity magazines.

Arrested at the Lake Lanier Place in Fremont were Patrick Francis Alexander of Sacramento and Antonio M. Rodriguez, Fremont, transient. Both were booked for cultivation, sales of Marijuana and grand theft of utility power.

All three suspects arrested during this investigation are currently in custody at Santa Rita Jail in Dublin.

Hayward celebrates homework support center participants

SUBMITTED BY CITY OF HAYWARD

For even the most diligent students, homework rarely inspires celebration. But after a long year of hitting the books, Hayward students and their tutors are ready to party. The celebration, to be held in the City Hall rotunda on Thursday, May 29, will honor both students and tutors in the City's popular homework support centers for their hard work and dedication. The homework support center program, facilitated by the Hayward Public Library, provides quality tutoring services at Hayward public schools and the two library branches. These Homework Support Centers feature book-vending machines, laptop computers, homework and project supplies, on-site trained volunteer tutors ready to assist students in small groups with all of the their homework needs, and access to the library's free real-time online tutoring program. "We're so proud of our tutors and students who have made this program a success," said Lindsey

Vien, the library's education services coordinator. "Really what we're celebrating here is partnership: between students and tutors, but also among all of the various organizations that have contributed to make this initiative so successful." The program is the centerpiece of an ongoing City effort to join with HUSD (Hayward Unified School District) in improving educational performance throughout Hayward. With the help of the Hayward Promise Neighborhood initiative (HPN), the support centers have been extended to four more schools: Harder and Park Elementary and Cesar Chavez and Winton middle schools. HPN will also be providing funding to introduce the program in both Hayward and Tennyson high schools by early 2015. With demand for the program growing, the City is now seeking to expand with the help of 10 new AmeriCorps VISTA members who will work on initiatives related to early childhood development, homework support and adult literacy. Application dead-



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line for the positions has been extended to May 21. Interested parties are encouraged to apply online at www.nationalservice.gov/serve-your-community.

Homework Support Centers Celebration
Thursday, May 29
5 p.m. - 7 p.m.
City Hall Rotunda
777 B St, Hayward
(510) 881-7535
Lindsey.Vien@hayward-ca.gov
Free

Guest artist at Fremont Art Association

SUBMITTED BY AVANTHI KANMATAREDDY

Fremont Art Association is delighted to announce that their guest artist for June is a nationally and internationally recognized artist and teacher, Jane Hofstetter. Meet Hofstetter and learn from her at the Fremont Art Association Gallery's monthly general meeting on Wednesday, June 4. She will give suggestions and tips on how to make your paintings impressive. Please bring your watercolor paintings, pastels and photographs matted but not framed. Hofstetter will also critique oil and acrylic paintings. Her critiques will help all to prepare for the Fine Art Show on September 22. The general public is welcome to attend. Come early for a good seat! Jane Hofstetter has been painting and teaching for more than 30 years. She studied art at the University of California, Berkeley and the Los Angeles Chouinard Art Institute. Hofstetter gives workshops all over the country and currently teaches a watercolor Master Class at the Triton Museum. Her art work has appeared in Watercolor Magic and International Artist magazines. Hofstetter has written a book called



7 Keys to Great Paintings in which each chapter is devoted to making a painting outstanding and eye catching.

Guest Artist, Jane Hofstetter
Wednesday, Jun 4
7 p.m. - 9 p.m.
Fremont Art Association, Centre/Gallery
37695 Niles Blvd, Fremont
(510) 489-5818
CarolRudy2@comcast.net
www.FremontArtAssociation.org
Free

Scholarships awarded by New Haven Schools Foundation

SUBMITTED BY HELEN KENNEDY

The New Haven Schools Foundation (NHSF) announced on April 29, 2014, that it distributed a record-setting \$79,050 in college scholarships to 77 graduating seniors at its annual "Pathways to Success" luncheon. With an increase of \$9,000 over last year's total, this is the most ever awarded since the nonprofit Foundation was formed. Scholarships are funded by individuals, businesses, and organizations via a program coordinated by NHSF to manage the application and selection processes. Additionally, many teachers and employees in the New Haven Unified School District contribute to the scholarship fund via a deduction from every paycheck, demonstrating their ongoing commitment to education. Two special individuals who have contributed greatly to the Foundation were recognized at the event. First, Barbara Aro-Valle was given the 2014 Guy Emanuele Community Service Award in appreciation for her years of dedicated work as a volunteer, board member, and as the former Executive Director of the Foundation. She was also presented with her portrait, created by artist Andrew Johnstone, given by her husband and keynote speaker, Alameda County Supervisor Richard Alade. The Tom Kitayama Business Service Award was presented to Bridget Russell, CEO of Too Much Fun Club, Inc., an event planning com-



Barbara Aro-Valle

pany. Russell is currently serving as a NHSF board member, and has also been an active volunteer with the New Haven Boosters and other school organizations for 12 years. The Foundation has benefited greatly from her professional expertise as a member or leader of its fundraising

event committees, helping NHSF to continue its great programs. Five students were recognized for outstanding service to the community, having logged a combined total of 24,909 hours during their high school careers. Sean Trinh, Nicholas Bacogiannis, Rufus Wollo, Darien Poon, and Mursal Gardezi were given movie tickets and encouraged to take a night off from their good work. Major sponsors for the event were Fremont Bank, Tri-CED Community Recycling, and Kaiser Permanente. Other business sponsors included Emerald Packaging, Sheet Metal Workers' International Association, Dutra Enterprises, and IBEW Union Local 595. Additionally, Arthur and Cheryl Kuhlmann, Senator Ellen Corbett, Marsha Badella, and Mel Matsumoto made generous individual contributions to offset the costs of the event.



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Monday, June 2
9:20 – 10:00 Daycare Center Visit – Fremont
10:15 – 11:15 Daycare Center Visit – Fremont
1:45 – 2:45 Pioneer School, Blythe St., & Jean Dr., Union City
3:05 – 3:25 Alvarado Elementary School, Fredi St. & Smith St., Union City
4:15 – 4:45 Greenhaven Apts., Alvarado Blvd. & Fair Ranch Rd., Union City
5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, Fremont

Tuesday, June 3
10:00 – 11:15 Daycare Center Visit - UNION CITY
1:30 – 2:30 Mission Hills Middle School, 250 Tamarack Dr., UNION CITY
2:45 – 3:30 Purple Lotus Buddhist School, 33615 - 9th St., UNION CITY
4:50 – 5:30 Mariner Park, Regents Blvd. & Dorado Dr., UNION CITY
5:40 – 6:20 Sea Breeze Park, Dyer St. & Carmel Way, UNION CITY

Wednesday, June 4
3:00 – 4:00 Warm Springs Community Center, 47300 Fernald St., FREMONT
4:15 – 4:50 Lone Tree Creek Park, Starlite Way & Turquoise St., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

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Wednesday, May 28
1:45-3:00 1991 Landess Ave., Milpitas
3:15-3:45 120 Dixon Landing Rd., Milpitas

Tuesday, May 27
9:15 – 11:00 Daycare Center Visit – FREMONT
2:00 – 2:30 Daycare Center Visit – FREMONT
2:30 – 3:25 Cabrillo School, 36700 San Pedro Dr., FREMONT
4:45 – 5:30 Baywood Apts., 4275 Bay St., FREMONT
5:50 – 6:30 Jerome Ave. and Ohlones St., FREMONT

Wednesday, May 28
1:00 – 1:45 Hillside School, 15980 Marcella St., San Leandro
2:00 – 2:45 Eden House Apts., 1601 165th Ave., San Leandro
3:15 – 3:45 Baywood Ct., 21966 Dolores St., Castro Valley
6:00 – 6:30 Camellia Dr., & Camellia Ct., Fremont

Thursday, May 29
9:50 – 10:20 Daycare Center Visit – Fremont
10:40 – 11:30 Daycare Center Visit – Newark
1:15 – 1:45 Stellar Academy, 38325 Cedar Blvd., Newark
2:00 – 3:15 Graham School, 36270 Cherry St., Newark

Friday, May 30
9:45 – 11:15 Fame Charter School, 16244 Carolyn St., SAN LEANDRO
11:35 – 12:05 7th Step, 475 Medford Ave., HAYWARD
1:45 – 2:10 Daycare Center Visit - SAN LORENZO
2:10 – 3:00 Hesperian School, 620 Drew St., SAN LORENZO

Vienna

continued from page 1

ment, in the parallel key of G Major, is Haydnesque in its rhythmic humor and conversational exchanges between instruments. Today, the “Piano Quartet in G minor” is considered one of Mozart’s great masterpieces and the first major work composed for the piano quartet.

Brahms wrote his first “Piano Quartet No. 1, op. 25” in g minor just prior to moving to Vienna, which was a work he used as his “calling card” upon entering into the musical life of the

Austrian imperial capital. Steeped in his combination of traditional form and Romantic harmony, the work finishes with a Hungarian inspired “Gypsy Rondo.”

The final piece of the program will be the “Phantasie for Violin and Piano Accompaniment, op. 47,” which was Arnold Schoenberg’s last chamber music piece. Born in Vienna, Schoenberg was the mastermind behind atonal music and the inventor of the 12-tone row method of composition. Acknowledging the possible fear of

the general public to listen to atonality, the inventor describes his method as such: “Composing with twelve tones is not nearly as forbidding and exclusive a method as is popularly believed. It is primarily a method demanding logical order and organization of which comprehensibility should be the main result.” (My Evolution, 1949). With that in mind, the short “Phantasie op. 47” can best be described as a piece beautifully expressive and passionate in its use of 12-tone composition. Being a great admirer

of Brahms, Schoenberg also arranged the Brahms “Piano Quartet in G Minor no. 1, op. 25” for orchestra.

Performing artists Karen Shinozaki Sor, Chad Kaltinger, Michael Graham and Aileen Chanco are members of the Music at the Mission’s cadre of leading chamber musicians and appear regularly with ensembles throughout the Bay Area. Violinist Shinozaki Sor is a member of the New Century Chamber Ensemble; violist Kaltinger is a member of Quartet San Francisco; cellist Graham appears regularly with the Oakland Symphony and New Century Chamber Orchestra. Chanco has appeared as a concert pianist throughout the United States and internationally and is Music at the Mission’s founding director.

There will be an informative Pre-Concert Talk given by Music at the Mission’s 2014 composer-

in-residence Mark Fish as well as a post-concert “Meet the artists” reception with wine and light hors d’oeuvres at Mission Coffee.

Tickets are \$30 for general admission and \$25 for students and seniors at the door. Tickets purchased online are \$28 for general admission and \$23 for students and seniors. They may be purchased online at www.musicatmsj.org or www.brownpapertickets.com/event/459430. More information is available at (510) 402-1724.

Vienna
Saturday, May 31
7:15 p.m. Pre-Concert Talk
8 p.m. Concert
Old Mission San Jose
43300 Mission Blvd, Fremont
(510) 402-1724
www.musicatmsj.org
Tickets: \$23/\$28 advance,
\$25/\$30 at door

continued from page 1

Students recognized by water district for posters and slogans

May 15, 2014. More than 1,770 students submitted entries. Thirty-nine students from schools in Fremont, Newark and Union City were honored for their creativity, producing posters and slogans reminding residents of the importance of using water wisely. Winning entries appear in ACWD’s 2014-2015 Water Conservation Calendar.

ACWD Board of Directors President Paul Sethy spoke of the historic occasion of the meeting. He said the first ACWD board meeting was held 100 years ago on May 11, 1914 and gave a brief history of the district as a water conservation effort by citizens to preserve and protect this precious resource for current and future generations.

The Grand Prize winner is Mary Zhu, Grade 6, of Warm Springs Elementary School whose poster appears on the cover of the ACWD Water Conservation Calendar. Receiving her certificate and prize with teacher Mr. Michael Bass, she was reminded by Mr. Sethy that she might want to coach her teacher about how the prize money could be used... maybe a party for her class?

For more information about Alameda County Water District and winning entries, visit: www.acwd.org
Grand Prize Winner
Mary Zhu * Grade 6 * Warm Springs Elementary School
Teacher: Michael Bass

First Place Grades 1-3

Christine Yiu * Grade 3 * Mission San Jose Elementary School
Teacher: Mary Ann Loeswick

First Place Grades 4-6

Stephanie Guan * Grade 6 * Gomes Elementary School
Teacher: Julie Bruechert and Wendy Mukai

Poster Winners

Sophie Kim * 2nd Grade * Leitch Elementary School
Sky Juinio * 6th Grade * Cesar Chavez Middle School
Iris Cheng * 5th Grade * Parkmont Elementary School
Christina Yu * 6th Grade * Gomes Elementary School
Jocelyn Wu * 2nd Grade * Chadbourne Elementary School
Mihir Shah * 4th Grade * Hirsch Elementary School
Grace Yu * 1st Grade * Fremont Christian School
Sabrina Wu * 5th Grade * Mission San Jose Elementary School
Alice Zuo * 3rd Grade * Weibel Elementary School
Shreya Prasanna * 3rd Grade * Mission San Jose Elementary School

Honorable Mentions

Kaitlin Albano * 1st Grade * Brookvale Elementary School
Kara Tokubo * 2nd Grade * Kennedy Elementary School
Audrey Wang * 2nd Grade * Chadbourne Elementary School



Teachers of winning poster and slogan contestants are congratulated by ACWD Public Information Supervisor Frank Jahn

Shreya Nandyala * 4th Grade * Chadbourne Elementary School
Tiana Chan * 4th Grade * Kitayama Elementary School
Mahek Bhora * 5th Grade * Mission San Jose Elementary School
Katherine Zhang * 5th Grade * Gomes Elementary School
Dev Patel * 5th Grade * Warm Springs Elementary School
Jenitha Patel * 5th Grade * Warm Springs Elementary School
Nicole Lee * 5th Grade * Gomes Elementary School
Shivani Sista * 6th Grade * Gomes Elementary School
Kanchan Raju * 6th Grade * Gomes Elementary School

Slogan Winners

California’s in a drought, use water wisely, that’s what it’s all about!
Riya Patel * 5th Grade * Chadbourne Elementary School

During a drought every drop counts!
Jason Yun * 6th Grade * Gomes Elementary School

The key to a happy life is saving water.
Gwen Tam * 5th Grade * Alvarado Elementary School

Don’t let water go down the drain; it’s a habit from which we have to refrain!
Meher Indoliya * 3rd Grade * Bunker Elementary School

Drip drop goes the faucet, there must be a way to stop it.
Daniel Guidry * 5th Grade * Azevada Elementary School

Drip, drip, drip. That’s the sound of life, conserve it.
Julia Dil * 4th Grade * Green Elementary School

Water can make you slip and fall, but save it because it’s shared by all.
Nathaniel Macasaet * 5th Grade * St. Edward School

Even in the heaviest rains, don’t let water go down drains.
Anusri Chavali * 5th Grade * Warm Springs Elementary School

You can use it but not produce it. Conserve water.
Moises Rivera * 4th Grade * Brookvale Elementary School

Conserve water every day and you’ll be the hero in every way.
Heela Rahmanzai * 5th Grade * Azevada Elementary School

Every drop counts... Reduce your use.
Manasa Jadcherla * 5th Grade * Gomes Elementary School

Don’t let your faucets flow, our lakes and reservoirs are very low.
Amaiya Moretto * 5th Grade * Mission San Jose Elementary School

Use what you need and save the rest because that is the best!
Samhita Mirmira * 1st Grade * Brookvale Elementary School

Saving water is the key to saving humanity!
Samika Yedur * 5th Grade * Forest Park Elementary School

Scout Reunion

SUBMITTED BY ELVINA CHEE

Boy Scout Troop 176 was chartered on April 16, 1959 by the Centerville Presbyterian Church. We currently have about 40 scouts and 133 eagle scouts from Fremont, Union City and Newark area. As this year marks the 55th Anniversary of Troop 176, we are celebrating this special day with a picnic at Lake Elizabeth Park, on Saturday, June 7th, 11 am – 3 pm. We welcome any alumni, and friends and families of Troop 176 to join us for this celebration.

For more information, contact Elvina Chee; elvinachee@yahoo.com; Veera Kazak: vrkazak@yahoo.com or scoutmaster@troop176.us.



GiveTeens20 Office

SUBMITTED BY KATHY LAIDLAW

GiveTeens20 (GT20) invites the public to celebrate the opening of their first office on Wednesday, May 28 in Fremont. GiveTeens20, a 501(c) (3) non-profit corporation, encourages and equips students who desire guidance in choosing a direction after high school. The organization provides no-cost tools and resources, online and in the classroom, for career decisions.

“We have been running on passion and excitement since 2008 out of a small home office and coffee shops around the city, trying to motivate and equip teens as they transition into adulthood,” shares Carrie Discar, Executive Director of GiveTeens20. “We can’t wait for everyone to see what we have been up to as we move into our new office! The biggest highlight of the evening is the grand unveiling of our newly redesigned website by Washington High School students.”

A ‘passport’ for the attendees will guide them to the various stations set-up around the building

where they can learn more about GiveTeens20, see its impact, and meet some of the teens the organization has worked with.

In 2013, GiveTeens20 raised \$2,500 for Brier Elementary School’s Mad Science program via a community yard sale. Learn what they have in store for their 2014 community event as they raise funds for another local elementary school enrichment program. Share your ideas for future events. Join them as they grow our community.

Founder and President Kathy Laidlaw states, “This is an opportunity for the public and business community in Fremont to view the results GT20 is having in classrooms over the Bay Area and see the framework that will extend into new service areas.”

GiveTeens20 Ribbon Cutting Ceremony
Wednesday, May 28
5 p.m. - 7 p.m.
7100 Stevenson Blvd, Fremont
(510) 299-4955
kathy@giveteens20.org

Book signing by local author

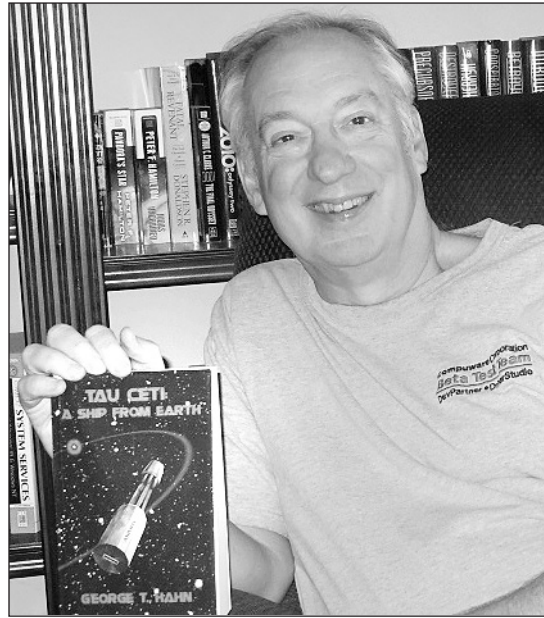
SUBMITTED BY MARY HAHN

Former Tri-City resident, George T. Hahn, has published his first novel, called *Tau Ceti: A Ship From Earth*. Available on Amazon.com in both paperback and Kindle versions, it is Volume One of a planned 3-volume epic, a chronicle of the lives and adventures of colonists from Earth who settle on a far-off planet of the star, Tau Ceti. The book is designed to appeal to a very broad reader demographic: both Science Fiction fans as well as those who prefer “people stories.”

An excerpt:

“The colony ships took sixteen years to travel the twelve light years between Earth and Tau Ceti. Tau Ceti 2, known as Pitcairn, was easily the most successful of the original three colonies, a stable peaceful world for two hundred years, yet isolated more than any other group in history. Supply ships came every twenty years or so, bringing cargo not available on the planet and new colonists, but not disturbing the tranquil colony. But change, for better or worse, was coming. It began with the arrival of the library ship Asimov in the year 2322.”

Hahn will be holding a “meet and greet” and book signing in Fremont on Friday, May 30. Copies of his book will be available for purchase at that time.



Author event with George T. Hahn
Friday, May 30
10 a.m. – 2 p.m.
Suju’s Coffee House
3602 Thornton Ave, Fremont
Info: (916) 667-3544
Book will be available for purchase

continued from page 3

Learn About High Blood Pressure: A ‘Silent Killer’ Affecting One of Every Three Americans

blood is 150/90 or below. If you are under 60 years of age and have a blood pressure of 140/90 or above, you have hypertension. If you are 60 or older, you have hypertension if your blood pressure is above 150/90. People under 60 whose blood pressure is between 120/80 and 140/90 are considered “prehypertensive.”

“Because high blood pressure is generally a silent disease, getting regular screenings is very important,” emphasized Dr. Wilson. “You cannot know if your blood pressure is normal or high unless you are screened, and this means having your blood pressure checked a minimum of once a year.”

A blood pressure check should be part of a routine physical exam by your doctor. If you don’t have a physical exam each year, you can check your own pressure with a blood pressure machine purchased from a local pharmacy. Some pharmacies have their own blood pressure monitoring stations where you can check your blood pressure without having to purchase a machine.

The cuffs on most blood pressure machines go around your upper arm. However, some machines have a cuff that fits around your wrist.

“Either type is OK, according to cardiologists I’ve checked with,” stated Dr. Wilson. “The arm cuff is considered the gold standard.”

Dr. Wilson recommended the following guidelines when checking your blood pressure:

- Do not measure your blood pressure when you are physically or emotionally stressed
- When first checking your blood pressure to determine the usual level, do it once or twice a day, starting in the morning.
- When taking your blood pressure, be in a relaxed, seated position with legs uncrossed. The arm where you are taking the pressure should be at about heart level.
- If your pressure is high, check it again after 5 minutes. If it continues to be high, check it every day for a few days. If it is still high, see your doctor for an evaluation.

Another thing to keep in mind is that levels for most people

are higher in the morning than in the evening.

“When I first see a patient and find that their blood pressure measurement is high, I usually don’t start treatment right away,” said Dr. Wilson. “That’s because some people get very anxious when they come to the doctor, and that may cause their blood pressure to rise. The syndrome is called ‘white coat hypertension.’”

“If I suspect ‘white coat hypertension,’ I have the patient measure their blood pressure at home,” she continued. “If their pressure is only high at my office, I usually conclude they have the syndrome and are not truly hypertensive.”

If your blood pressure is in the prehypertensive range, Dr. Wilson recommends you make lifestyle changes to try and lower your pressure. Changes include regular exercise, weight loss, eating a healthy diet with restricted salt, and limiting your consumption of alcohol. If you smoke, you should stop. Taking vitamin D may also help, if the level of vitamin D in your blood is below normal.

“About 75 to 86 percent of Americans have low vitamin D levels,” observed Dr. Wilson. “And this can contribute to high blood pressure.”

You should also consider what other medications you take.

“Some medications, such as those used to treat arthritis, can increase your blood pressure,” she explained.

If you have hypertension and it doesn’t respond to lifestyle changes, you should talk with your doctor about the possibility of taking medication to control your blood pressure. Your doctor is best qualified to select the best medication and dosage for your individual needs.

Learn more.

To learn more about high blood pressure, go to www.cdc.gov, the website of the Centers for Disease Control. To find out more about Washington Township Medical Foundation, visit, www.mywtmf.com. For information about Washington Hospital, go to www.whhs.com.

City of Fremont news briefs

SUBMITTED BY CHERYL GOLDEN

Community-Surveillance Cameras

The Fremont Police Department’s top priority is preventing criminals from impacting the city and keeping residents safe. Fremont’s residential burglary rate decreased by 27 percent from 2012 to 2013 and, while this reduction is significant, we believe we can do more. In order to make a bigger impact in protecting the community, the Fremont Police Department is constantly looking for ways to fully utilize helpful technology to aid in this effort.

On Tuesday, June 17, 2014, the Police Department will ask the Fremont City

Council to allocate funds for a community-based video surveillance camera project within the City of Fremont at their regularly scheduled Council meeting, which begins at 7 p.m. at Fremont City Hall, 3300 Capitol Ave., in the Council Chambers. You can also watch the Council meeting on the City’s website at www.Fremont.gov/Channel27 or Cable TV Channel 27 if you are a Comcast subscriber.

The initial phase would involve installing 10 to 12 community-based video surveillance cameras and license plate readers at some of the City’s most commonly frequented entry and/or exit points.

Please take a moment to answer the following question in regard to the newly anticipated technology: Do you think community-based video surveillance cameras would enhance public safety and make our community safer? You can voice your opinion on www.Fremont.gov/OpenCity-HallCameras.

New “Downtown Fremont-On the Rise” Logo

Fremont community members voted between April 25 and May 16 for their favorite “Downtown Fremont – On the Rise” logo using Fremont Open City Hall, the City’s online civic engagement forum. Three logos were unveiled on Friday, April 25 at the kick-off of Fremont Street Eats,

in which the community was able to vote live on iPads for their favorite logo. The poll remained open for three weeks, closing Friday, May 16. The new logo will be featured in all downtown marketing materials, so stay tuned!

City Budget Hearing

The City’s proposed operating budget for next fiscal year, which runs from July 1, 2014, through June 30, 2015, was presented to the Fremont City Council at their regularly scheduled Council meeting on May 20. The first public hearing to comment is June 3 and the second one, June 10. Both public hearings are part of the Council meeting and begin at 7 p.m.

Accepting applications for Hayward Police Department Youth Academy

SUBMITTED BY CITY OF HAYWARD POLICE DEPARTMENT

The Hayward Police Department’s Community Youth Academy is a week long program (July 7-11) offered annually each summer. This unique opportunity provides students with a greater understanding of the inner workings of a police department, as well as policies and procedures, as taught by the Law Enforcement professionals themselves. The purpose of the academy is to educate the youth on what laws are enforced and their importance, as well as strengthen the relationship between both the community and the Police.

Open to students in grades 8-12 and students entering the 8th grade for the 2014-2015 school year are also welcome to apply.

The Academy is presented over five days and covers the following topics:

Gangs & Graffiti—Destructiveness of gangs
Alcohol/Drug Abuse & Tobacco-Consequences of underage usage
Forensics and Crime Scene
SWAT Demo
Traffic and Patrol Ops
Investigations
Coroner’s Presentation
K-9 Demo
FATS—Fire Arms Training Simulator
HPD/Jail Tour

Applications are due by June 16 and can be downloaded from www.haywardpd.net, or picked up at the Hayward Police Department, 300 W. Winton Avenue.

The Academy is free but applicants must pass a limited background investigation and have parent/guardian approval to attend class. Class size is limited to 30 students. Hayward residents/students will have first priority of acceptance. A light breakfast will be provided. Class locations will be held at both 300 W. Winton Avenue and 22701 Main Street, Hayward.

Hayward PD Youth Academy
Monday, July 7 – Friday, July 11
9 a.m. – 1 p.m.

Class locations: 300 W. Winton Avenue and 22701 Main Street, Hayward

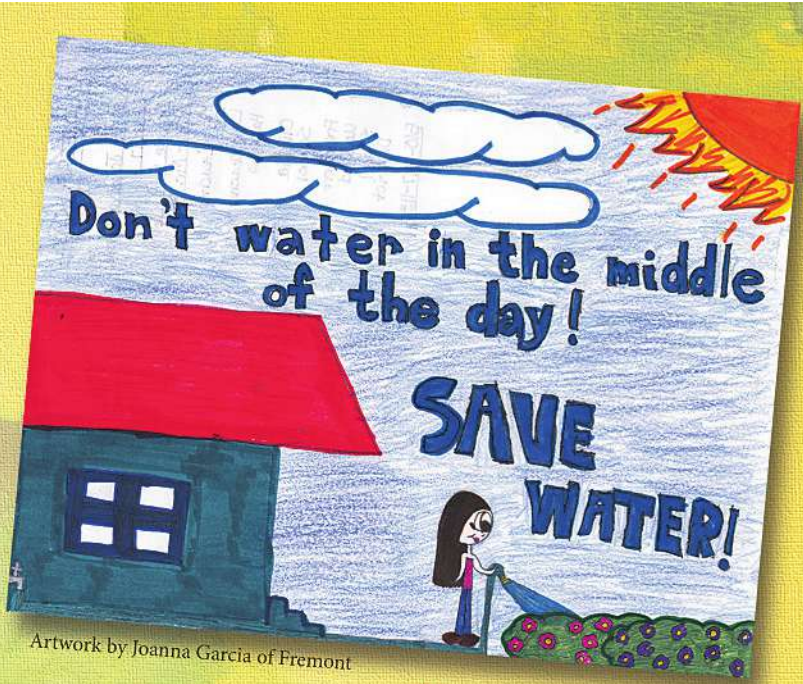
Application required: www.haywardpd.net

(510) 293-7179

alicia.romero@hayward-ca.gov
Free

From June through September, be sure to water your landscaping no more than two days a week.

Due to the ongoing drought, ACWD's Water Shortage Emergency Ordinance limits landscape irrigation to no more than two days a week. That means it's a great time for Fremont, Newark, and Union City residents to take advantage of ACWD's Turf Replacement Program. Replace your lawn with drought tolerant landscaping and you'll be eligible to receive a rebate of up to \$1,500. Call (510) 668-4218 for more information



Artwork by Joanna Garcia of Fremont



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Saturday, June 7, 2014
7:00 - 9:00 PM

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Come listen to Mozart's Requiem, The Great Waldo Pepper March by Henry Mancini, a medley of tunes by the remarkable Stevie Wonder, favorite pieces depicting our western heritage and some of the most popular themes from recent blockbuster movies.

There also will be a special performance of Prokofiev's Peter and the Wolf by the Newark Woodwind Quintet, which will be narrated by the Honorable Dave Smith, Mayor Emeritus - City of Newark.

Cost of admission is "FREE" and no tickets are necessary.

For more information, call 510-552-7186 or visit us on the web at newarksymphonic.org

Summer Concert

- Newark Memorial High School Theatre
39375 Cedar Blvd.
- June 7, 2014
7:00 - 9:00 PM

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Director Richard Wong



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The Cherry Festival is back!

SUBMITTED BY ROBBIE FINLEY

Cherries will once again make mouths water as San Leandro celebrates the 105th anniversary of its beloved "Cherry Festival."

San Leandro first staged the festival in June 1909 to celebrate local products, of which cherries were king. "It was first conceived to highlight the agriculture in the area. They had a cherry queen and the parade had lots of people, local businesses and farmers, and they had games and rides. It was like a carnival," said San Leandro Recreation and Human Services Director Carolyn Knudtson.

Cherries and San Leandro were synonymous back in its agricultural heyday, so much so that it garnered the nickname "The Cherry City." The festival, just like the city, has evolved over the years, from a venue to promote their acclaimed bumper crop to a celebration of the city's past, present and future.

The festival kicks off on Saturday, May 31 with a traditional parade down the newly repaved San Leandro Boulevard, featuring an array of vintage automobiles, cable cars, walking groups, and elaborate floats designed and created by participating groups. San Leandro High School's float will even feature a live band! Floats will be judged and awards handed out after the parade.

At the end of the parade route will be the festival itself, staged right in the heart of San Leandro, near Casa Peralta on West Estudillo Avenue. Festival goers can explore all of the festivities, such as a kid's zone, games, a rock-climbing wall, the sponsor's lane, handmade crafts and goodies, and lots of food, including delicious gourmet food trucks. The landmark Casa Peralta will also be open, hosting historical re-enactment activities that highlight San Leandro's past.

If you're a cherry pie aficionado, then you might want to consider entering the Cherry Pie Bake-Off this year. You can register at the festival; just bring your pie, the recipe, and entry form (found on the City's website) to the Cherry Pie registration booth between 10 a.m. and 10:30 a.m. Winners will be announced at 2 p.m.

The festival won't be light on entertainment; headlining on the Royal Ann stage (at St. Leander's School on Clarke Street) will be the Oakland-based R&B

trio Tony! Toni! Toné! along with Motown group The Best Intentions, Beatles tribute band The Sun Kings, and the Latin Rhythm Boys. Hot 105.7 DJ Chuy Gomez will be on site handling the MC duties. A slew of local talent, including dancers, the YMCA, and an orchestra, can be seen on the Cherry Blossom stage at the intersection of Hays Street and West Estudillo Avenue.

A unique new feature of the festival this year is the "Make San Leandro" event, which brings the increasingly popular maker faire concept to San Leandro, where people can showcase their own unique and innovative inventions.

The last "Cherry Festival" to grace the streets of San Leandro was held in 2009. Economic downturn has been the prohibiting factor in the staging of the festival since then, a sad fact not lost upon residents. "When elected officials go door-to-door, they come back and say that the people want the 'Cherry Festival,'" said Knudtson. "People love the 'Cherry Festival,'" she said, adding, "We've had a fantastic response. The festival is a mix of history, celebration, and gives a sense of pride. (San Leandro residents) love the festival and the memories it has created."

The city has been working hard to gain sponsorships from business, nonprofit organizations, and government agencies. "(The sponsors) have recognized the importance and impact of the 'Cherry Festival' on the community and brought in over \$70,000. We hope to sustain this sponsorship to be able to continue to offer the festival," Knudtson said.

Historically, there has been upwards of 10,000 people that have come out to indulge in some cherry goodness. Parking availability varies, but if biking is your preferred mode of transportation, they'll even have a bike valet on hand.

For more information, please visit www.sanleandro.org/depts/rec/special_events/cherry_festival/.

San Leandro Cherry Festival

Saturday, May 31

9 a.m. – 6 p.m.

Downtown San Leandro - West Estudillo

(near Casa Peralta 384 West Estudillo Ave)

(510) 577-3462

www.sanleandro.org/depts/rec/special_events/cherry_festival/

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Artists:

**Karen Shinozaki Sor, Violin, Chad Kaltinger, Viola
Michael Graham, Cello, Aileen Charco, Piano**



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Violinist & Pianist Ayke Agus to Perform

SUBMITTED BY SKYE ALEXANDER

Anna Poklewski Academy of Music announces a master class and concert by famed violinist and pianist Dr. Ayke Agus. The master class, entitled "A Musical Collaboration," will focus on violin and accompaniment for violin. The class is open to the public and will be held on Saturday, May 31 at 1 p.m. at the Academy of Music in Fremont. Admission to observe the master class is \$15.

The following day, a concert will be held on Sunday, June 1 at 7:30 p.m. at historic Mission San Jose in Fremont with proceeds benefiting Old Mission San Jose. Tickets are \$25 in advance or \$30 at the door.

Dr. Agus is perhaps best known for her collaboration with violin legend Jascha Heifetz. As Heifetz's former violin student and his last piano accompanist, Dr. Agus offered numerous performances with Heifetz as well as with acclaimed Russian cellist Gregor Piatigorsky. She also helped to complete Heifetz's transcriptions of classical works for violin and piano.

Dr. Agus is a member of the Pasadena Symphony and California Philharmonic. She teaches violin at Antelope Valley College and is a past faculty member at her alma mater, the University of Southern California. Her memoir Heifetz As I Knew Him, now in its fifth printing, was published in February 2001 (Amadeus Press) in conjunction with Heifetz's Centenary Birthday Celebration. The 2011 documentary God's Fiddler: Jascha Heifetz was based on her book.

Appearing in concert with Dr. Agus is hornist Loren Tayerle, director of Orchestral Studies at De Anza College. Mr. Tayerle leads an active career as both a period instrument specialist and modern hornist. He has performed with numerous period groups including Philharmonia and Portland Baroque Orchestras, Houston's Mercury: the Orchestra Redefined, and American Bach Soloists, and he was a member of the Carmel Bach Festival Orchestra for 27 years. As a modern hornist Mr. Tayerle is a member of the Berkeley and Marin Symphonies and has performed with the San Francisco Symphony, San Francisco Opera and San Francisco Ballet Orchestras.

Master Class with Ayke Agus
Saturday, May 31
1 p.m.

Anna Poklewski Academy of Music
39660 Mission Blvd, Fremont
(510) 791-2726
www.apacademyofmusic.com
\$15

Benefit Concert for Old Mission San Jose by Ayke Agus
Sunday, Jun 1
7:30 p.m.
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(510) 791-2726
www.apacademyofmusic.com
\$25 advance/ \$30 door



The Fremont Symphony Guild
presents pianist
MISHA GALANT
in recital
Sunday, June 1, at 3 pm
First United Methodist Church
2950 Washington Blvd.
Fremont
\$25 Adults • \$10 Students

Finalist in the Fremont Symphony's 2014 Young Artist Competition and first prize winner in numerous Bay Area and state-wide competitions, Misha has performed as soloist with the Oakland East Bay Symphony and the Junior Bach Festival and participated in the elite chamber music festival, Music@Menlo.

He will perform works by Chopin, Liszt, Schubert and more.

A reception after the performance will include refreshments and a chance to meet and visit with the artist.

For tickets or more information

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www.unityoffremont.org
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\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



CONTINUING

Monday, Mar 24 – Saturday, May 31

Spring Exhibition
2 p.m. - 5 p.m.
Over 200 pictures from patrons & students
PhotoCentral
1099 E St., Hayward
(510) 881-6721
www.photocentral.org

Monday, Jun 23 - Friday, Jul 31

Ohlone for Kids \$R
8 a.m.
Summer enrichment program
Registration begins April 1
Ohlone College
43600 Mission Blvd, Fremont
(510) 742-2304
www.ohloneforkids.com

Tuesday, Apr 1-Friday, May 30

Art is Education
8:30 a.m. - 5:00 p.m.
HUSD student pieces
Hayward City Hall
777 B St., Hayward
(510) 208-0410

Mondays, Apr 7 - Thursdays, Jun 6

10th Street After-School Program
4 p.m. - 6 p.m.
Sports, arts-n-crafts and games
Drop-in program, no day care
10th Street Community Center
33948 10th Street, Union City
(510) 675-5276
www.UnionCity.org

Thursday, May 9 - Sunday, Jun 7

Decked Out
12 noon - 5 p.m.
Commemorating Fremont's Skate Park
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Friday, May 16 - Sunday, Jun 8

Proof \$
8 p.m.
Play about truth, love and madness
Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
www.chanticleers.org

Church of Christ of Fremont

4300 Hansen Ave.
Fremont

510-797-3695
www.fremontchurchofchrist.org

Whoever Drinks Of The Water
That I Will Give Him
Shall Never Thirst; But The Water
That I Will Give Him
Will Become In Him
A Well Of Water Springing Up
To Eternal Life
John 4:14

AA Meetings Every Tues
and Thurs Evenings
7:30-9:30pm
In Spanish
In the Fellowship Hall

Services

Sunday: 10:45am
and 6pm
Wednesday: 7:30pm

Arts & Entertainment

Thursday, May 16 - Sunday, Jun 14

The Children's Hour \$
Thurs - Sat: 8 p.m.
Sun: 1 p.m.
Boarding school is rocked by scandal
Broadway West Theatre Company
400-B Bay St., Fremont
(510) 683-9218
www.broadwaywest.org

Wednesdays, May 21 - Jun 25

Walk This Way \$R
9:30 a.m. - 11:00 a.m.
Integrates walking, flexibility, strength and balance
Ages 50+
Kennedy Community Center
1333 Decoto Rd., Union City
(510) 657-5329
www.UnionCity.org

Saturdays, May 24 - Jun 28

Bridges to Jobs
9:30 a.m. - 11:30 a.m.
Job interview training class
Centerville Presbyterian Church
4360 Central Ave., Fremont
(510) 299-2223
http://bridgestojobs.org

Monday, May 26 - Saturday, May 31

Military Personnel Race for Free – R
11 a.m. - 5 p.m.
Includes military, firemen, police officers and paramedics
Lemans Karting
45957 Hotchkiss St., Fremont
(510) 770-9001

Sunday, Jun 2 - Saturday, Jun 29

Lisa Blaylock Showcase
5 a.m. - 9 p.m.
Watercolor artist display
Mission Coffee
151 Washington Blvd., Fremont
(510) 474-1004
www.fremontcoffee.com

THIS WEEK

Wednesday, May 28

Career Fair
11:30 a.m. - 2:00 p.m.
Recruiting for all levels and job titles
Ohlone College
39399 Cherry St., Newark
(510) 659-6191
www.tricitiesonestop.com

Wednesday, May 28

Blues Jam \$
9 p.m.
Live Blues music
Host JC Smith
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
http://www.smokingpigbbq.net/

Thursday, May 29 - Friday, May 30

Travel Training for Seniors – R
9 a.m. - 12 noon
How to use BART, buses and clipper cards
Fremont Senior Center
40086 Paseo Padre Parkway,
Fremont
(510) 790-6600

Thursday, May 29

Personal Emergency Preparedness Workshop – R
6:00 p.m. - 8:30 p.m.
Earthquake and disaster preparation
Hayward City Hall
777 B St., Hayward
(510) 583-4948
eso@hayward-ca.gov

Thursday, May 29

Homework Support Center Celebration
5 p.m. - 7 p.m.
Honoring students and tutors
Hayward City Hall
777 B St., Hayward
(510) 208-0410
www.hayward-ca.gov

Scholarship Gala

Sunday, June 1st

Hilton Hotel 3pm

39900 Balentine Dr., Newark

Awarding Scholarships to High Schools Graduates from Tri-City and Hayward Area

Entertainment Food Raffle
Silent Auctions

**Contact us for:
Sponsorships, Ads, Patrons**

**Contact:
Mary Sass, Event Chairperson 510-789-5181**

**Sponsored by:
Afro-American Cultural and Historical Society, Inc.
Tri-City and Hayward Area**

**Adults \$75
Children under 12 \$45**

“Come and join the conversation”

May 27: “Living a Rich Life”
Finding meaning and purpose
June 3: “Dr Danger?”
What every patient should know
June 10: “Fatherless”
Getting past the pain of an absent or abusive dad



“Doing life. Doing good.”
Lifetree Cafe - Fremont
LifetreeCafe-Fremont

Tuesdays at 7:00p
FREE Admission
Upstairs at City Beach Fremont
4020 Technology Place



Farmers’ Markets

0FREMONT:

Centerville
Saturdays
9 a.m. - 1 p.m.
Year-round
Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Kaiser Permanente Fremont Farmers’ Market
Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market
Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

HAYWARD:

Hayward Farmers’ Market
Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

St. Rose Hospital Farmers’ Market
Tuesdays
12 noon – 4 p.m.
Year-round
27200 Calaroga Ave., Hayward
(510) 264-4139
www.digdeepcsa.com

Kaiser Permanente Hayward Farmers’ Market
Wednesdays
10 a.m. – 2 p.m.
Year-round
27400 Hesperian Blvd., Hayward
800-949-FARM
www.pcfma.com

South Hayward Glad Tidings
Saturdays
9 a.m. - 3 p.m.
Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers’ Market at ICC
Sundays
8 a.m. – 1 p.m.
Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers’ Market
Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall
Saturdays
9 a.m. - 1 p.m.
Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers’ Market
Tuesdays
10 a.m. – 2 p.m.
Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market
Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

East Plaza Farmers’ Market
Saturday s
9 a.m. – 1 p.m.
Year-round
East Plaza
11th Ave. and Decoto Road
Union City
(925) 825-9090
www.pcfma.com

Thursday, May 29
Hayward Junior Giants
5:30 p.m. – 7:30 p.m.
First Pitch orientation meeting
King Middle School
26890 Holly Hill Ave, Hayward
(510) 293-3333
www.jrgiantsregistration.org
Free

Thursday, May 29
Arbor Day Observance
10:00 a.m. - 11:30 a.m.
Donation and planting of trees
Harder Elementary School
495 Wyeth Rd., Hayward
(510) 723-3840
www.arborday.org/TreeCityUSA

Thursday, May 29
AC Transit Public Hearing
6:00 p.m. - 7:30 p.m.
Civil rights and environmental policy discussion
Fremont Family Resource Center
39155 Liberty St. (at Capitol),
Fremont
(888) 308-1767
www.actransit.org/public-hearings

Friday, May 30
Watershed
7 p.m.
Promoting water conservation
Centerville Community Center
3375 Country Dr., Fremont
(510) 791-4324
www.lwvfnuc.org

Friday, May 30
Live Blues Music \$
9 p.m.
Featuring Fred Kaplan and Kid Andersen
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
http://www.smokingpigbbq.net/

Friday, May 30
Small Business Summit R
9:00 a.m. to 2:30 p.m.
Tools and resources for business
County Government Center
70 West Hedding St, San Jose
(408) 299-5030
goo.gl/sycVto

Friday, May 30
Author event with George T. Hahn
10 a.m. – 2 p.m.
SciFi - Tau Ceti: A Ship From Earth
Suju’s Coffee House
3602 Thornton Ave, Fremont
Info: (916) 667-3544
Book will be available for
purchase

Friday, May 30
American Red Cross Blood Drive – R
11:30 a.m. - 4:30 p.m.
Call to schedule an appointment
Kaiser
27400 Hesperian Blvd.,
Hayward
(800) 733-2767

Saturday, May 31
Campfire Program
8 p.m. - 9 p.m.
Games, songs and stories around the campfire
Chabot Campground and Park
9999 Redwood Rd.,
Castro Valley
(510) 544-3187
www.ebparks.org

Saturday, May 31
Asian American Heritage Festival
10 a.m. - 5 p.m.
Taiko drummers, dancers, and food
Hayward City Hall
777 B St., Hayward
(510) 784-7341
www.aafc-ca.org

Saturday, May 31
Ballet Folklorico “Siempre con Alegria” \$
3 p.m. and 7 p.m.
Traditions of Mexico celebrated in dance
San Leandro Performing Arts
Center
2250 Bancroft Ave., San Leandro
(510) 904-2051
www.sanleandropac.com

Saturday, May 31
Vienna Chamber Music \$
8 p.m.
Mozart, Brahms and Schoenberg
Old Mission San Jose
43300 Mission Blvd., Fremont
(510) 659-6158
www.musicatmsj.org

Saturday, May 31
School Jazz Festival
10:15 a.m. - 3:15 p.m.
Various groups perform live
New Park Mall
2086 Newpark Mall, Newark
(510) 794-5523
www.newparkmall.com

Saturday, May 31 - Sunday, Jun 1
American Cancer Society Relay for Life
10 a.m.
Fundraising walk
Alden E. Oliver Sports Park
25800 Eden Park Place, Hayward
(800) 227-2345
www.RelayForLife.org/HaywardCa

Saturday, May 31
Alameda County Clean Water Car Wash \$
9 a.m. - 3 p.m.
Eliminate toxic runoff and conserve water
Chabot Car Wash
20735 Lake Chabot Rd.,
Castro Valley
(510) 581-2151
www.cleanwaterprogram.org

Saturday, May 31
Cherry Festival
10 a.m. - 6 p.m.
Food, beer garden, entertainment and kid’s zone
Casa Peralta
384 West Estudillo Ave,
San Leandro
(510) 577-3474
http://www.sanleandro.org/depts/rec/special_events/cherry_festival/

Saturday, May 31
Living with Mountain Lions
1:00 p.m. - 2:30 p.m.
Essential tips for sharing our habitats
Hayward Main Library
835 C St., Hayward
(510) 881-7980
www.library.hayward-ca.gov

Saturday, May 31
Kid Andersen with the Night-cats 3 \$
9 p.m.
Live Blues music
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
http://www.smokingpigbbq.net/

Saturday, May 31
Hayward Eagles Auxiliary Tea Party \$
11 a.m. - 2 p.m.
Food, tea and raffle
Eagles Hall
21406 Foothill Blvd., Hayward
(510) 785-8174

Saturday, May 31
Fossils and Flumes – R
11:00 a.m. - 12:30 p.m.
Hands-on experience for children
Alviso Environmental Education
Center
1751 Grand Blvd., Alviso
(510) 792-0222 x141

Saturday, May 31
Buzzy Beez \$
10:30 a.m. - 11:30 a.m.
Watch bees at work
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Saturday, May 31
Free Pet Adoptions
10 a.m. - 6 p.m.
Dogs and cats available to qualified homes
Tri-City Animal Shelter
1950 Stevenson Blvd, Fremont
(510) 790-6640
www.freomtpolice.org/AnimalServices

Saturday, May 31
Supper Club \$R
6:15 p.m.
Dinner under the stars
Ages 21+
Chabot Space & Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
www.chabotspace.org

Sunday, Jun 1
Summer Salsa Festival \$
11 a.m.
Food, dancing and family fun
Swiss Park
5911 Mowry Ave., Newark
(510)793-6279
(408) 507-6519
www.ticketon.com

United Nations World Environment Day Event

Hosted by
Natural Path Meditation Center

Every Year. Everywhere. Everyone

All are Invited

Join us to commemorate World Environment Day together with friends, family and children.

When: 5th June, 2014 – 7:00pm to 7:30pm
Where: Natural Path Meditation Center
585 Mowry Avenue,
Fremont, CA 94536

RSVP at <http://www.meetup.com/NaturalPathBayarea/>
or Call Marcus: 404-662-0106



Shri Ram Chandra Mission
NGO Member
United Nations

World Environment Day
www.unep.org/wed



5th
june

Prince of Peace Chinese Summer Program

For Students Entering Grades 1-7

June 16 – August 13, 2014
8:00 a.m. – 7:00 p.m.
38451 Fremont Blvd. in Fremont
510-857-3797 www.popfremont.org



妈 Math

麻 Mandarin

马 Manners

Check 吗 Mate!

FREE Adult Reading and Writing Classes are
offered at the Alameda County Library
Tell A Friend Call Rachel Parra 510 745-1480



FREE
Transportation
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supportive
companionship
for ambulatory
cancer patients
Fremont, Newark
and Union City Area

Have you received the devastating
diagnosis you have cancer
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We are here for you!
We will transport you for FREE.

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We always need
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Please call 510-896-8056
Email: programassistant@driversforsurvivors.org
www.DriversForSurvivors.org

continued from page 1

ASIAN AMERICAN HERITAGE FESTIVAL

Held in Union City last year, the festival has moved to Hayward, festival founder John Hsieh's home town. The move marks its 20th anniversary, the first time as a street fair. This year's festival has expanded to include more performances and in conjunction with Hayward's Farmer's Market.

National recognition of Asian heritage was initiated in 1977 by U.S. House of Representatives members Frank Horton (NY) and Norman Y. Mineta (CA), who suggested that the first 10 days of May be designated as a period of cultural acknowledgment. In 1978, President Jimmy Carter signed a joint resolution designating it an annual celebration. Designation as Asian/Pacific Islander month came over a decade later. May was the chosen

because it commemorates immigration of the first Japanese to the United States as well as the anniversary of the completion of the Transcontinental Railroad. May is also Older Americans Month; Asian culture focuses on respect of the elderly.

"It was in 1991 when I was invited by then president George H. W. Bush to the White House to observe the signature of the Proclamation (6288 Asian/Pacific Islander Heritage Month)," explains Hsieh, who is originally from Taiwan. "I came back to the Bay Area and since the country recognizes the Asian contribution to this nation, we should celebrate!"

Asian culture has strong roots in the Bay Area. The great Bruce Lee was born in Chinatown, San Francisco and started his martial

arts school in Oakland; actress Jamie Chung is also from San Francisco. Featured in "Almost Famous," Rolling Stone writer and editor and San Francisco Chronicle radio columnist Ben Fong-Torres, who influenced much of the early rock and roll scene for the country, is from Alameda.

And of course there is the food. Chinese, Japanese, Thai, Vietnamese, and Cambodian restaurants can be found everywhere, often within a few feet of each other, providing colorful dishes prepared in unique ways, a fusion of flavors. They are a reminder of the local cultural melting pot, sometimes taken for granted.

The "Asian American Heritage Festival" is a great opportunity to celebrate the wealth of culture in the Greater Tri-City area. It provides a unique perspective of our community. Come by and join the celebration!

**Asian American
Heritage Festival
Saturday, May 31
10 a.m. - 5 p.m.
Hayward City Hall Plaza
777 B St, Hayward
<http://www.aafc-ca.org/>
Free admission**



Dancing
Wednesday, Friday, Saturday

The Blues Jam
EVERY WEDNESDAY

9PM

**With the JC Smith Band
Blues Lovers, Musicians &
Vocalists are welcome**



Rocking Music
EVERY FRIDAY & SATURDAY

9PM

Friday, May 30: 9pm

**Fred Kaplan, Kid Andersen and the
Godfather of South Bay Blues Gary Smith**

Saturday, May 31: 9pm

Kid Andersen with the Nightcats 3

WE CATER

510-713-1854

www.smokingpigbbq.net

3340 Mowry Ave., Fremont

Start your summer right with the International BBQ & Festival

BY JESSICA NOËL FLOHR

Nothing says summer like barbeque! Ribs, chicken, pork...you name it and it's probably been barbequed somewhere in the world. Although many Americans likely associate barbeque with the southern region of the United States, there are several styles of barbeque flavors and traditions across the continents.

Barbeque (also known as BBQ) usually involves cooking meat over indirect heat from charcoal, wood, or propane and most often done outdoors. The term may have Caribbean origins, from the word barbacoa. The traditional process of barbacoa is much like that of a luau roast, where the chosen meat (goat or pig) is buried under coals and slowly roasted. Beef and pork are the most common meats for barbequing.

The sauce is where most variation occurs. In the United States, sauces are often vinegar or tomato based; some are sweeter and others spicier. Some regions prefer to smoke the meat with a dry seasoning rub and serve the sauce with the finished product. Pulled pork is barbequed pork that has been shredded and placed on a hamburger bun. It's perfect with a side of coleslaw!

In addition to the well-known American varieties of barbeque, the international community has its own contributions as well. Some regions of Asia marinate meat in honey before grilling it. Asian barbeque brings in soy sauce, hoisin sauce, garlic, and ginger. Middle Eastern barbeque involves cloves and turmeric, quite a contrast to the sweet, tomato-based red sauces found in the U.S., while Caribbean barbeque tastes of chilies, cumin, and lime.

It is in the spirit of international celebration that the City of Milpitas welcomes guests to the first annual "International BBQ & Festival." The diversity of the city will be represented through the different types of barbeque on offer, and the festival features a barbeque contest between the Milpitas Police and Fire departments, playfully titled "Guns and

Hoses." For a nominal fee of \$5, attendees will be able to sample each recipe and vote for their favorite.

The City expects over 10,000 attendees at this two-day festival, taking place on Saturday, May 31 and Sunday, June 1. There will be two stages of musical entertainment, arts, crafts, and games for children, local wine and beer, and artisan vendors displaying their craftsmanship. On Saturday night, there will be a '50s dance party and costume contest with a \$200 cash prize going to the entry with the best '50s outfit.

Balloon animals, face painting, and temporary tattoos are always fun for the littlest guests, who will be greeted by Woody and Jessie, beloved characters from the "Toy Story" movies. For the grownups, a classic car show will be on display both days, and Home Depot is hosting a birdhouse-building workshop for aspiring woodworkers. Wine and beer is available from Gordon Biersch, Märzen, Schlossdler, Guglielmo, and Fortino.

The festival is associated with Milpitas' yearlong 60th anniversary celebration. Originally scheduled for the fall of 2013 but postponed due to budget cuts, the City is glad to be able to host the event this year just in time for summer and plan to make it an annual event. This festival is free, as is parking, but be sure to bring some spending money for all the artisan wares and delicious eats!

**International BBQ & Festival
Saturday, May 31 - Sunday June 1
Saturday: 10 a.m. - 8 p.m.
Sunday: 10 a.m. - 6 p.m.**

**'50s Dance Party
Saturday, May 31
5 p.m. - 8 p.m.**

**South Milpitas Blvd
Between Los Coches and Turquoise St, Milpitas
(408) 262-2613
www.milpitaschamber.org
Free admission, free parking**

Thai Cooking Classes

**Cooking Classes: Mon & Tues 6pm-9pm
(& weekends by appointment)**

*Authentic Thai dishes with Chinese nuances
In this hands-on class, you will be introduced to fresh, exotic ingredients,
master your knife skills, and earn the culinary theory
and passion of Chef Kitty's meals.*

Day 1:
Spring rolls
Basil Fried Rice
Crab Fried Rice
Yellow Chicken Curry
Coconut Jello

Chef Kitty's Most Famous Dishes!



Day 2:
Shrimp rolls
Thai Chow Fun
Drunken Noodle
Eggplant Basil with Chicken
Tofee Peanuts

Day 3:
Tom Yum Soup with Shrimp
Pineapple Fried Rice
Green Chicken Curry
Almond Toffee

Day 4:
Stir-fry Vegetables
Karee Shrimp
Fried fish with Garlic Chili Sauce
Purple rice balls, banana & coconut cream

**The Cracker Barrel
Deli and Thai Food**



Restaurant Hours: Wed, Thurs & Friday 11am-7pm

510-790-0735 Kittysthaikitchen.com

3100-H Capitol Ave., Fremont

MEDICAL INSURANCE RATES

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Frozen Voice Camp, Japanese Music & Culture Camp
Group Lesson (4 weeks): Keyboard
(Kids & Adults), Preschool Music**



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Clarinet, & Flute**

**Masako's MUSIC
STUDIO**

**www.masakomusic.net
6231 Jarvis Ave. Newark CA 94560
510 555 6230**

Sunday, Jun 1
Ohlone Village Site Tour
2:00 p.m.
1.5 mile walk to 2,000 year old village
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Sunday, Jun 1
Ayke Agus Concert \$
7:30 p.m.
Master violinist and pianist
Old Mission San Jose
43300 Mission Blvd., Fremont
(510) 791-2726

Sunday, Jun 1
Afro-American Cultural Society Scholarship Gala \$R
2:30 p.m.
Food, entertainment, silent auction and raffle
Hilton Hotel
39900 Balentine Dr., Newark
(510) 789-5181

Sunday, Jun 1
Legendary Blues Man James Harman \$
8 p.m.
Live music
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
http://www.smokingpigbbq.net/

Sunday, Jun 1
Bird Watching for Beginners
8:30 a.m. - 10:30 a.m.
Make a field guide and use binoculars
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222

Sunday, Jun 1
Candied Orange Peels \$
1 p.m. - 2 p.m.
Discover tasty orange rinds
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Jun 1
Misha Galant Concert \$
3 p.m.
Fremont Symphony Young Artist Finalist
First United Methodist Church of Fremont
2950 Washington Blvd., Fremont
(510) 793-6375
acdockter@sbcglobal.net

Monday, Jun 2
Furlough Day for Teens! – R
12 noon - 5 p.m.
Games, prizes and field trip
Union City Teen Center
1200 J St., Union City
(510) 675-5600
www.UnionCity.org

Tuesday, Jun 3
“Doctor Danger: What Every Patient Needs to Know”
7 p.m.
Film, discussion and refreshments
Lifetree Café
4020 Technology Pl., Fremont
(510) 797-7910
www.Lifetreecafe.com

Saturday, Jun 7
Yard Sale
8 a.m. - 2 p.m.
Household items, books, toys and clothes
Holy Trinity Lutheran Church
38801 Blacow Rd., Fremont
(510) 793-6285
www.holytrinityfremont.org



NILES CANYON RAILWAY

An operating railroad museum between Sunol & Niles on the original 1869 Transcontinental Railroad

Ride the train!

Trains Every Sunday - Apr-Aug
Steam on 1st and 2nd Sundays

Operated by the
Pacific Locomotive Association
a 501(C)3 Museum.

Ride from Sunol or Niles in the Bay Area
Free Parking
Special events, schedules & info on the web at:

www.NCRY.org

(510)996-8420

DEDICATED TO THE RESCUE OF STRAY & ABANDONED CATS & KITTENS.

Purrfect Cat Rescue



FREE KITTENS

NewPark Mall
Next to Burlington Coat Factory

Saturday and Sunday
May 31st and June 1st
10am-4pm

Please call: 510-739-1597
www.purrfectcatrescue.org



Summer Day Camp

Rock Climbing
Ice Skating
Basketball
Gymnastic
Swimming
Chess
Mad Science
and Many More!

Camps Starting at \$199
Financial assistance
available for families
that qualify
Visit us online for more information
or to register
www.ymcaeastbay.org
510-657-5200
41811 Blacow Road, Fremont

A glimpse of Russia via the Shinn House

BY LINDA-ROBIN CRAIG

Volunteers at the historic Shinn House in Fremont participate four times a year in the tradition of afternoon tea,

sometimes referred to as “low tea.” They normally invite a speaker to share this elegant and delicious repast with them. On Friday, April 11, fellow docent and retired linguist Dr. Mar-

Doctor dangers explored at Lifetree Café

SUBMITTED BY CRAIG CABLE

The dangers of medical mistakes will be discussed at Lifetree Café on Tuesday, June 3. The program, titled “Doctor Danger: What Every Patient Needs to Know,” features a filmed interview with Dr. Martin Makary, a cancer surgeon at Johns Hopkins Hospital and author of Unaccountable: What Hospitals Won't Tell You and How Transparency Can Revolutionize Health Care.

“There are lots of things hospitals don't tell you,” says Makary. “As many as 25 percent of patients are harmed by medical mistakes. It's an epi-

demic, and it kills more people than HIV and car accidents combined.”

Lifetree Café is a place where people gather for conversation on life and faith in a casual coffeehouse-type setting. Admission to the 60-minute event is free.

Doctor Danger
Tuesday, Jun 3
7 p.m. – 8 p.m.
Lifetree Cafe
4020 Technology Pl, Fremont
(510) 797-7910
info@lifetreecafe.com
www.Lifetreecafe.com

Ballet Folklorico Costa de Oro
presents
“Siempre Con Alegria”

SUBMITTED BY BENNY VALLES

In celebration of its 5th anniversary the Ballet Folklorico Costa de Oro proudly presents “Siempre Con Alegria” a colorful and mesmerizing production of music, song and dance from Mexico.

Siempre Con Alegria features 30 folklorico dancers in a ‘south-of-the-border’ fiesta with a vibrant finale performed in the true spirit of a true Mexican Fiesta. Gorgeous backdrops worthy of a Broadway musical, colorful costumes and styled dancing ads sparkle to what is already a vibrant tour through Mexico’s rich cultural heritage.

Attendees will take a journey from pre-Columbian times through the revolutionary period of the early 20th century through corridos and songs, and dances from Jalisco. Also included dances from Michoacan, Guerrero and the Huichols. Highlight includes the ballet’s debut of “Matachines.”

The Ballet Folklorico Costa de Oro, based in the San Francisco Bay Area, is considered a rising star in the Northern California folklorico scene as well as in other areas of the US and is known for its creative choreography and its comprehensive performance repertoire.

Come and experience the warmth of Mexico; A diverse culture rich in tradition.

Siempre Con Alegria
Saturday May 31
3:00 p.m. & 7:30 p.m.
San Leandro High School Arts Center
2200 Bancroft Ave, San Leandro
(510) 397-1980
www.brownpapertickets.com
www.bfcostadeoro.com
\$20 Advance / \$25 @ door



guerite McInnes served as guest speaker, presenting “From Russia, With Memories.”

Recently returned from travels, Dr. McInnes shared a slide show of spectacular beauty, stunning vistas and magnificent architecture, as well as her recollections of the tour. The trip took nearly a month by river ship, which meandered down the entire length of the Volga River, stopping at twelve cities along the way.

The docents and about thirty guests were treated to hot, fragrant, and amazingly soothing dried berry tea purchased in a small town along the Volga and served in delicate china. After dining on a wide variety of finger sandwiches and fruit scones fresh from the oven served with blackberry jam, lemon curd, and clot-

ted cream, the tea finished with fresh strawberries and Russian tea cakes and biscuits. Funds raised by the docent’s quarterly afternoon teas go entirely toward maintenance and refurbishing of the Shinn House.

After the tea, Al Minard, a Shinn House volunteer who has been conducting tours through the home for more than twenty years, took guests through the historic residence.

Docents enjoy dressing up and guiding students and tourists through the historic residence, as well as taking part in the quarterly teas. Anyone interested in donning period costumes and becoming a docent is welcome to contact Shinn House curator Joan Serafino at (510) 795-0891 for some simple training. The

House may also be opened for special occasions such as weddings or group tours (10 people or more). The Shinn House Park and Arboretum may be rented for events held on the grounds by making reservations through Central Park Visitor Service, (510) 790-5541.

Mission Peak Heritage Foundation (http://missionpeakreporter.org) sponsors the Shinn House, and Friends of Heirloom Flowers maintain the many exotic plantings in the park and arboretum. Shinn House is located at 1251 Peralta Boulevard and is open for tours the first Wednesday and third Sunday of each month, 1 p.m. to 3 p.m. The grounds are open sunrise to sunset every day.

LIFE CORNERSTONES

Birth

Marriage

For more information
510-494-1999
tricityvoice@aol.com

Obituaries



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Adeyemo A. Adeniji
RESIDENT OF FREMONT
April 27, 1943 – April 22, 2014

Norene J. Sun
RESIDENT FREMONT
March 11, 1959 - May 8, 2014

David R. Brioza
RESIDENT OF NEWARK
May 13, 1944 – May 12, 2014

Maria Rowena San Pedro
RESIDENT OF MILPITAS
November 15, 1965 – May 16, 2014

Janet Gagnon
RESIDENT OF FREMONT
November 15, 1938 – May 17, 2014

Kevin M. Johnson
RESIDENT OF COLORADO SPRINGS, CO
May 15, 1961 – May 17, 2014

Gary R. Rebiskie
RESIDENT OF NEWARK
September 23, 1941 – May 18, 2014

Victoriano G. Jacob, Jr.
RESIDENT OF NEWARK
October 16, 1932 – May 19, 2014

Edward J. Srouer
RESIDENT OF FREMONT
September 2, 1940 - May 20, 2014

Helen Herrick
RESIDENT OF FREMONT



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1940 Peralta Blvd., Fremont
www.fremontchapeloftheroses.com



Eugene C. Cowell
RESIDENT OF FREMONT
September 28, 1926 – May 5, 2014

William E. Shipway
RESIDENT OF NEWARK
January 27, 1950 – May 5, 2014

Sacha Yonko
RESIDENT OF SAN JOSE
January 17, 1926 – May 8, 2014

Fernando Matos
RESIDENT OF CONCORD
August 12, 1920 – May 12, 2014

Ming Chu
RESIDENT OF FREMONT
October 16, 1945 – May 13, 2014

Sister Mary Joan Doran
RESIDENT OF FREMONT
May 2, 1915 – May 17, 2014

Thomas R. Hughes, Jr.
RESIDENT OF NEWARK
June 2, 1958 - May 17, 2014

John F. Baker
RESIDENT OF FREMONT
March 7, 1927 - May 13, 2014

Christopher L. Schaeffler
RESIDENT OF HAYWARD
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California fails to adequately track water use

AP WIRE SERVICE

SAN FRANCISCO (AP), California's 19th-century water laws give nearly 4,000 companies, farms and others an unmonitored amount of free water, while the state is mired in a three-year drought that has forced water cutbacks to cities and agriculture.

An Associated Press review of state Water Resources Control Board records found:

—This group holds more than half of the claims on the state's waterways and uses trillions of gallons of water each year.

—The water rights system relies on self-reported water use records full of errors and years out of date, meaning officials do not know if rights holders are over-drawing or wasting water.

—More than half of the entities with pre-1914 water rights are corporations, and also among the biggest holders are the water departments of San Francisco and Los Angeles.

—Companies, farmers and cities with such water rights are exempt from drought-related cuts in water allotments this year, although they collectively are the biggest water consumers.

—This anachronistic system blunts California water managers' ability to move water where it's most needed.

CSU celebrates first Doctor of Nursing Practice graduates

SUBMITTED BY ELIZABETH CHAPIN

During 2014 campus commencements, the California State University celebrates the graduation of the first cohort of students to have earned a Doctor of Nursing Practice (DNP) degree. In total, 59 students will be part of the first group to have earned this degree and take part in various commencement ceremonies across the state.

"Over the next two months, more than 100,000 students will be awarded a CSU degree and this exclusive group of doctor of nursing practice graduates should take particular honor in their achievement," said Ephraim P. Smith, CSU executive vice chancellor and chief academic officer. "A degree from the CSU has the ability to change the lives of the individuals who earn them. Those who have

GM tells Wall Street recalls may last into summer

BY TOM KRISHER AP AUTO WRITER

DETROIT (AP), General Motors is telling Wall Street that a recent spate of recalls may last until mid-summer as the company continues to review unresolved safety issues.

The news comes a day after The Associated Press learned that GM CEO Mary Barra told members of Congress that the company cannot make ignition switches fast enough to keep up with demand in its recall of 2.6 million small cars.

The ignition switch problem has been linked to at least 13 deaths in crashes involving Chevrolet Cobalts and Saturn Ions. Congress and the Justice Department are investigating why GM knew about the switch problem for at least a decade but only started recalling the cars this February.

GM has undertaken a safety review that has resulted in 29 U.S. recalls so far this year covering a total of 13.8 million vehicles, more than five times the number of cars and trucks the company sold in the U.S. last year.

In a note to investors, Barclays analyst Brian Johnson wrote that he met with GM management on Wednesday, and was told by product development chief Mark Reuss that GM continues to review safety data for potential recalls and that recalls could persist into mid-summer. Johnson also wrote that it's possible that cars already subject to one recall could be part of future recalls.

Senior management will be more involved in safety, with Reuss leading a team of five people who will decide on future recalls, Johnson wrote. The company is trying to issue recalls as soon as it learns about an issue rather than waiting for more data, according to Johnson.

"This will increase the frequency of recalls, but will reduce the total number of vehicles recalled," the analyst wrote.

Meanwhile, Barra is preparing for a return trip to Capitol Hill as an investigation by an outside attorney into the ignition switch recall delays nears a close. She told lawmakers Wednesday that GM's plan to compensate victims of small-car crashes

could be released at the same time as the results of the investigation, according to a congressional aide who asked not to be identified because the meetings were private.

Barra, who visited lawmakers on Capitol Hill for private meetings Wednesday, told them that GM's supply of replacement ignition switches like won't catch up to demand until July. She said when that happens, GM plans to start a campaign to persuade people to take cars to dealers for repairs, according to a congressional aide who asked not to be identified because the meetings were private.

Among the lawmakers Barra met with were Sen. Claire McCaskill, D-Missouri, and Dianna DeGette, D-Colorado. Both were highly critical of the chief executive last month when she testified at Senate and House hearings about GM's handling of the ignition switch problem. With victims' families looking on, Barra said she was unable to answer many questions until an internal investigation into the matter was complete.

Frustrated, lawmakers finally elicited a promise from Barra to return to testify when the company's probe was finished.

In late May or early June, she'll have answers. The automaker hired former U.S. Attorney Anton Valukas to investigate why it took so long for GM to recall the small cars. GM has promised an "unvarnished" report, and Barra told Congress last month she will take decisive action on its findings.

The company also hired compensation expert Kenneth Feinberg to negotiate settlements with crash victims. Lawyers say they have at least 400 possible cases against GM, and the settlements could cost the company billions.

Last week GM admitted to concealing the ignition switch problems from the National Highway Traffic Safety Administration and agreed to pay a \$35 million fine, the maximum the agency can impose.

On Thursday, three senators introduced a bill that would lift the \$35 million cap, saying that the current amount is too low to discourage automakers from hiding problems.

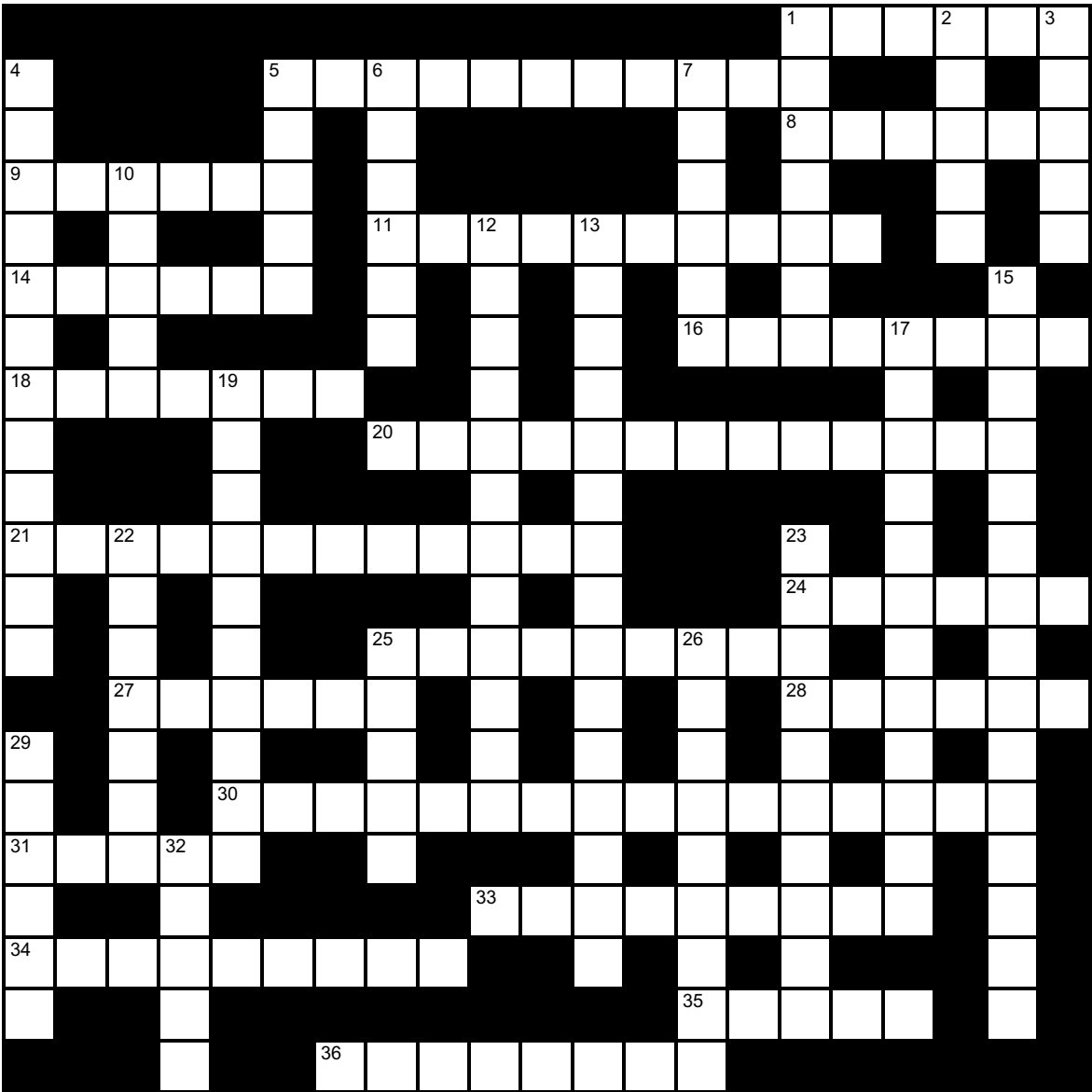
earned a DNP are also improving and potentially saving lives, which makes these degrees especially valuable."

Signed into law by former Governor Arnold Schwarzenegger in September, 2010, AB 867 allowed CSU campuses to offer affordable, new DNP programs that will educate post master's prepared nurses to address the state's expanding healthcare

needs and also prepare new faculty to teach in CSU and community college nursing programs. These doctoral prepared nurses will join with leaders in other health professions to create more effective health care policies and practices. For more information, visit www.calstate.edu.

Mind Twisters

Crossword Puzzle B 267



- Across

1 Automatic devices to wake up, call attention to police etc. (6)

5 A simple vehicle to carry small loads, usually pushed by someone (11)

8 Prohibit someone to do something, prevent (6)

9 Place where two surfaces meet (6)

11 Precisely (10)

14 Slight, in a way (6)

16 Natural light in the day time (8)

18 Present something in public view in a fair (7)

20 At right angle (13)

21 Too dubious or improbable (12)

24 Heir's concern (6)

25 Manners, disposition (9)

27 Genius (6)
- 28 Tables and ____ (6)

30 Onus of shouldering work (16)

31 Creepers (5)

33 Height of mountain (9)

34 Means of communication between people (9)

35 OK, in a way (5)

36 immeasurable, unbounded (8)
- Down

1 Very (7)

2 Batman's sidekick (5)

3 Agrees (with) (5)

4 Design of buildings (12)

5 Egg: Prefix (5)

6 Increase in size (6)

7 Took five (6)

10 Russian alternative (5)
- 12 Giving one's share of money (12)

13 Chosen people to act on behalf of others (15)

15 Features (15)

17 Detailed drawing (12)

19 Large, powerful tractors (10)

22 In the space separating (7)

23 Telling vividly about something (10)

25 Accommodate (5)

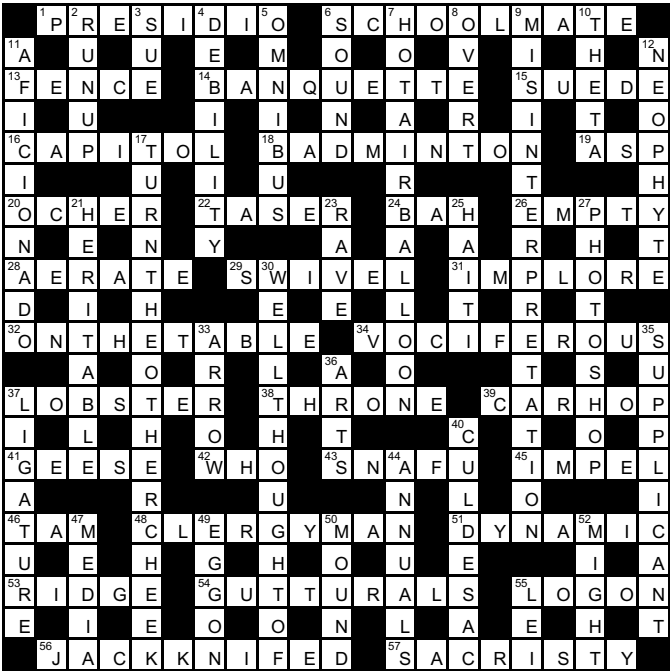
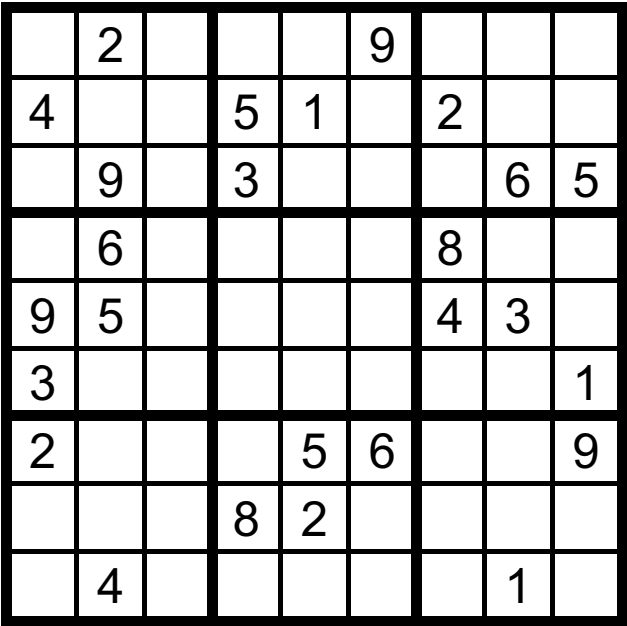
26 Needed (9)

29 Cheerful disposition, energetic (6)

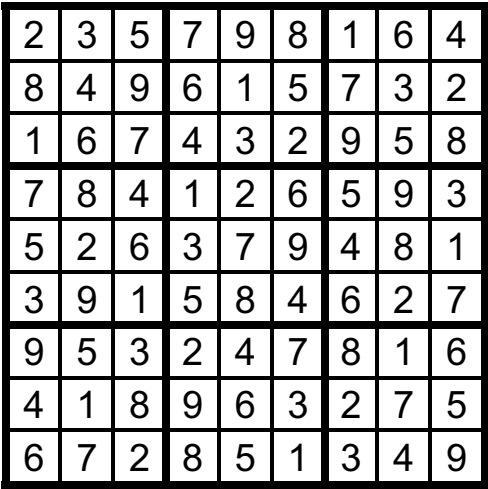
32 Avid (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 266



Tri-City Stargazer MAY 28 – JUNE 4, 2014 BY VIVIAN CAROL

For All Signs: Since December 2013 we have been besieged by significant retrograde planets. In December-January, it was Venus who rules gifts, pretty and luxurious things. The holidays brought disappointing retail financial results, which continued through January. Social life was preempted by terrible weather. Then February was loaded with Mercury retrograde, followed by Mars through March, April and May. In June there will be another Mercury retrograde. It looks like the message is: hold your breath a little

longer, folks. Things are just not quite right to make a move. Meanwhile there are hidden (retrograde) dealings at multiple levels. It has become a challenge to trust any type of corporate body or its statements. Fortunately in mid-July the season of personal planets retrograding will have come to an end. Maybe we can come out of our cocoons and live our lives. Wouldn't that be refreshing?

Aries the Ram (March 21-April 20): This is a fine week to run a race or climb a mountain. But save some time to attend to your Significant Other. Your communications are open and honest, just the right combination to work things out. If either of you has carried a grudge, put it out there on the table and be willing to play fair while you find a solution.

Taurus the Bull (April 21-May 20): Venus, your ruling planet, enters your sign on May 28 and will be with you through June 22. You always have an interest in beauty and this transit notches it upward by a couple of pegs. You may "redecorate" yourself with new glasses, clothing, or hairstyle. The goddess of love brings complements, small gifts, romance, or other pleasures.

Gemini the Twins (May 21-June 20): We begin this week with a new moon in your sign on the 28th at 2:40 p.m. EDT. The cosmic accent is on communications, scheduling, education and short trips (either in distance or in time). This new moon brings to you a fresh influx of energy. You will be infused with increased motivation.

Cancer the Crab (June 21-July 21): Mercury travels through your sign between May 29 and June 16. It will turn retrograde on June 7 and re-cross old territory. You may do the same. During this period there likely will be greater emphasis on communications, errands, and other short distance travels. Your mind will be quick and your attitude persuasive.

Leo the Lion (July 22-Aug 22): You have a busy and fairly complicated week. You may be disappointed in the sector that rules taxes, debts, or investments. Meanwhile, you have positive outcomes in the sector that rules travel, communications, siblings or roommates. Overall the good outweighs the bad, though humans are prone to remember the "bad" more vividly.

Virgo the Virgin (August 23-September 22): You are finishing a work project and shifting gears into new territory this week. You will be focusing on communications with friends, acquaintances, and building your network. There may be a party or a celebration occurring that will be central to many of your activities. Go out and mingle!

Libra the Scales (September 23-October 22): You are concluding a project or even a relationship situation. The mood is upbeat and happy. There are favorable omens related to travel, the Internet, education, publishing, or the law. It is a good time to write something that has been on your mind for a while. It may write itself if you give it your attention.

Scorpio the Scorpion (October 23-November 21): You have a sense of physical strength at this time that will be especially beneficial if you are exercising or in any type of competition. Work that uses your large muscles will have a soothing and pleasant effect when you rest. You may be the beneficiary of small gifts or tokens of esteem from others who care about you.

Sagittarius the Archer (November 22-December 21): Your mood is expansive and optimistic this week. It is one of those "good luck" times that occasionally happen to the Archers. You have a grasp of the big picture and could use this energy to promote your projects and gain support. Or you could simply kick back and enjoy the good feelings.

Capricorn the Goat (December 22-January 19): Our culture has an unhealthy game called "guilt versus anger". There is a requirement that must be met and you are pegged as the rescuer. If you don't adopt the role, you will feel a sense of social guilt. But when you do, there is anger underneath the action because after all, why should you be required to do this thing? Some who get trapped in this no-win situation become physically ill, in which no one can expect them to do anything.

Aquarius the Water Bearer (January 20-February 18): You are still in the after-glow of the Jupiter trine Saturn aspect (exact last week). You are reaping benefits of a work well done during

this period. Perhaps there has been an experience that makes this very clear. You or your team is on the winning side because you have done your homework thoroughly.

Pisces the Fish (February 19-March 20): Something unnoticed related to your home or property may suddenly break through your consciousness with a need of repair. It may be in the pipes or related to water. Do not make a major property purchase this week. If not "physical" property, you may discover that your relationship to a family member is not what you thought. Either way, repair is necessary.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



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OPINION



WILLIAM MARSHAK

The great American adventure

Through the ballot, citizens have the right and obligation to express their preferences. Throughout campaigns and in the midst of public forums of all types, vocal advocates of particular issues or those who simply like to wrap themselves in a mantle of free speech are heard. At times, the most vociferous advocates of free speech act in a fashion antithetical to its provisions and intentions. In response, heavy voter turnout in free and clean elections can confirm the will of a majority and mute those who choose to undermine our way of life.

Elections are the time for those more moderate in their views to make themselves heard. Richard M. Nixon tried to galvanize a “great silent majority” to favor his Viet Nam policies, Bill Clinton promised to listen to the “quiet, troubled voice of the forgotten middle class” and Barack Obama tried to harness a frustrated middle class that have been “ignored.” It is this sector of our society that casts deciding ballots and can have a transformative effect on political institutions. Unlike recent sham votes of the Crimea and in other parts of the world, we actually do enjoy freedom from fear at the ballot box. Will we use it or simply acquiesce to ignorance,

disinterest, manipulators, special interests and slick slogans?

The test of our fortitude is how we participate in our political system and challenge tyranny, both from declared enemies and those who slither and hide beneath the mantle of freedom. We must declare our intention to continue the great American adventure at the polls, then follow through, voting, demanding answers and respect from our elected leadership while respecting their role as well. Once decisions have been made through the ballot box, our system relies on civil dialogue and behavior to meet and overcome the challenges ahead. The silent majority should not be silent; our adventure should be loud, noisy, joyous and include everyone. Stand up and be counted... vote!

William Marshak
PUBLISHER

We, the people, are about to embark, once again, on the journey of American politics. After weeks of trying to pry oversized cards and glossy literature from an overstuffed mailbox, the day of reckoning on June 3rd is about to reveal which candidates, propositions and measures have successfully communicated a message that resonates with voters. Or maybe, which candidate has spent the most money on slick advertising and currying favor of special interest groups and organizations.

Stranger danger alert

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

On the afternoon of May 16th, at approximately 4:00 p.m., Fremont Police Officers responded to a suspicious circumstance call involving an elementary school student and a stranger. The 10-year old male juvenile student was walking home from Hirsch Elementary when he was asked by an unknown male, who was sitting inside a car, if he wanted a ride home. The male juvenile became scared and ran home. The man's car was parked on Carol Ave near the intersection of Chapel Way. The male stranger was sitting in the driver's seat and was described by the child as a Hispanic or Indian adult male, 30 years old, with black hair styled in a spike. The car was described as an older 4-door sedan, blue in color with rust. The man did not make any other movements towards the child after he made the comment.

Fremont Patrol Officers will conduct extra patrol checks in the area during school hours next week. We have had no additional incidents reported and would ask that anyone who may have information related to this incident, to please come forward by calling our non-emergency number or utilizing our Nixle tip service. While we do not know the intentions of the unknown male, we suggest using this incident as an opportunity to talk and educate your children about stranger danger awareness.

Tips for parents:

Stranger danger awareness is a very important topic that requires ongoing, open communication with children. The single most important thing to remember when teaching your child about stranger danger is to instill confidence, rather than fear. Here are a few teaching tips for parents:

- Discuss the difference between a good and bad stranger.
 - Children should know their name, address and phone number (including a parent's cell number).
 - Children should always use the buddy system and avoid walking anywhere alone.
 - Teach to trust instincts – if a child feels he/she is being followed or something is not right, seek help immediately.
 - If a stranger approaches, teach your child that they do not have to speak to him/her. Never approach a stranger in a motor vehicle and always just keep walking.
 - Teach children that they should never accept candy or any other items from a stranger. Never walk off with a stranger no matter what he/she says.
 - Teach your child that if someone is following him/her to try and remember the license plate of the vehicle and immediately tell a trusted adult.
 - Teach children that if they are ever grabbed by a stranger, that they need to do everything to stop him/her. Drop to the ground, kick, hit, bite, and scream. Do whatever it takes to attract the attention of others who can help.
 - Use and scream words like, “this is not my dad,” or “this is not my mom.”
- Role playing is a great way to teach and try these tips at home.

Please report all suspicious activity to the Fremont Police Department. Use 9-1-1 if you believe a crime is in-progress and 790-6800 (option 3) for everything else.



PUBLISHER
EDITOR IN CHIEF
William Marshak

DIRECTOR OF OPERATIONS
Sharon Marshak

PRODUCTION/GRAPHIC DESIGN
Ramya Raman

ARTS & ENTERTAINMENT
Sharon Marshak

COPY EDITOR
Miriam G. Mazliach

ASSIGNMENT EDITOR
Julie Grabowski

TRAVEL & DINING
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PHOTOGRAPHERS
Mike Heightchew
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For more information about becoming a patient care volunteer, please contact

Dawn Torre, Volunteer Coordinator

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Relay For Life fights for a cure

Communities all across the country are gearing up once more for Relay For Life. The signature fundraising event for the American Cancer Society, Relay For Life unites people to celebrate those who have battled cancer, remember those lost to the disease, and fight to find a cure.

Teams of friends, families, and coworkers gather at local schools, parks, or fairgrounds to walk around a track overnight, with one team member on the track at all times, representing the fact that cancer never sleeps. Events include an inspiring Opening Ceremony; Survivors Lap; Luminaria Ceremony where brightly lit, decorated bags are placed to honor those lost and currently fighting cancer; Fight Back Ceremony symbolizing the commitment to family and community to fight cancer; and the Closing Ceremony to remember, celebrate, and recommit for another year. Games, food, and various activities are also available throughout the event to raise funds and have a great time throughout the day and night.

Cancer is the second leading cause of death in the U.S., and contributions are essential to the fight, ensuring ongoing research and support programs. The American Cancer Society has played an important role in nearly every major cancer research breakthrough of the past century, including mammography screening, bone marrow transplants, combination chemotherapy for childhood cancers, and the development of drugs to treat leukemia and breast cancer. In addition

to raising much-needed funds, Relay For Life also raises awareness of the importance of cancer prevention, early detection, treatment, and patient support.

Join the movement in your community and help the American Cancer Society create a world with less cancer and more birthdays.

To learn more about Relay For Life and find details for an event in your city, visit www.relayforlife.org. To learn about the programs and services of the American Cancer Society, visit cancer.org or call 1-800-227-2345.

Relay For Life of Hayward
Saturday, May 31 – Sunday, Jun 1
10 a.m.

Alden E. Oliver Sports Park
2580 Eden Park Place, Hayward
Contact Kary Stowe
karystowe@gmail.com
(510) 862-0987

Relay For Life of Fremont
Saturday, Jun 21 –
Sunday, Jun 22
10 a.m.

California School of the Deaf
39350 Gallaudet Dr, Fremont
Contact Courtney Cross
courtney.cross@cancer.org
(925) 934-7640 x318

Relay For Life of Milpitas
Saturday, Jun 21 –
Sunday, Jun 22
9 a.m.
Milpitas Sports Center

1325 E Calaveras Blvd, Milpitas
Contact Gail Erwin
gailerwinca@yahoo.com

Relay For Life of Castro Valley
Saturday, Jul 19 – Sunday, Jul 20
9 a.m.

Canyon Middle School
19600 Cull Canyon Rd, Castro Valley
Contact Jackie Brennan,
jbrennan@pacbell.net
or Anna Van Syckle,
avansyckle@yahoo.com

Relay For Life of Newark
Saturday, Jul 19 – Sunday Jul 20
9 a.m.

Newark Memorial High School
39375 Cedar Blvd, Newark
Contact Kirsten Marshall
onlinechair.newarkrfl@gmail.com

Relay For Life of San Lorenzo
Saturday, Aug 9 – Sunday, Aug 10
9 a.m.
Arroyo High School
15701 Lorenzo Ave, San Lorenzo
Contact Tim Castle
tcrelay@timcastle.net

Relay For Life of Union City
Saturday, Aug 23 –
Sunday, Aug 24
9 a.m.

James Logan High School
1800 H St, Union City
Contact Nathan Ritchie
nathan.n.ritchie@gmail.com

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SUBMITTED BY SUSAN SHIMOTSU

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“We wanted to develop a soft, chewy, fruity candy that would appeal to candy lovers everywhere,” said Stephanie Louie, Red Vines Brand Manager. “The bite size pieces are perfect for a quick treat to help everyone bring a sweet celebration to their day.”

Low fat and made with no preservatives, Fruit Vines® Bites are available in two fruit flavors – strawberry and cherry – and can be found at national retailers such as Walmart, Kroger, Walgreens, Target and more.

Additional information is available at www.fruitvines.com and www.americanlicorice.com.



HOME SALES REPORT

CASTRO VALLEY TOTAL SALES: 08							
	Highest \$:	890,000		Median \$:	624,000		
	Lowest \$:	465,000		Average \$:	632,750		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
17900 Beardsley Street	94546	628,000	2	1651	1965	04-17-14	
18757 Crane Avenue	94546	555,000	3	1406	1957	04-18-14	
2565 La Don Court	94546	465,000	3	1300	1958	04-18-14	
4335 Lawrence Drive	94546	600,000	4	2088	1959	04-23-14	
18285 Reamer Road	94546	650,000	3	1440	1945	04-18-14	
21754 Shadyspring Road	94546	650,000	3	2437	1971	04-23-14	
17775 Trenton Drive	94546	624,000	3	1979	1962	04-22-14	
25593 Crestfield Circle	94552	890,000	4	2605	1997	04-23-14	

FREMONT TOTAL SALES: 41							
	Highest \$:	2,469,000		Median \$:	760,000		
	Lowest \$:	451,000		Average \$:	888,024		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
38516 Acacia Street	94536	777,000	3	1652	1962	04-17-14	
4325 Alder Avenue	94536	2,395,000	-	-	-	04-22-14	
613 Amberfield Terrace	94536	800,000	3	1740	1997	04-18-14	
4773 Balboa Way	94536	562,000	3	1163	1955	04-23-14	
1520 Barlow Court	94536	750,000	3	1938	1977	04-22-14	
37823 Bishop Court	94536	840,000	3	1562	1987	04-23-14	
38376 Blacow Road	94536	760,000	3	1871	1954	04-17-14	
331 D Street	94536	640,000	3	1144	1954	04-22-14	
4745 El Rey Avenue	94536	545,500	3	1163	1955	04-18-14	
38841 Garibaldi Common	94536	635,000	3	1400	1994	04-21-14	
38684 Kimbro Street	94536	1,175,000	4	2273	1961	04-23-14	
3392 Manchester Common	94536	617,000	3	1640	1976	04-17-14	
35872 Plumeria Way	94536	776,500	3	1730	1949	04-22-14	
247 Sycamore Street	94536	550,000	2	1036	1904	04-18-14	
3464 Turner Court	94536	715,000	3	1480	1972	04-22-14	
4167 Vincente Street	94536	850,000	4	1611	1967	04-16-14	
5676 Antone Road	94538	610,000	6	1755	1963	04-18-14	
40130 Besco Drive	94538	715,000	5	1321	1959	04-16-14	
3478 Fitzsimmons Common	94538	720,000	3	1961	1997	04-22-14	
42447 Grand Teton Park Street	94538	724,500	4	1887	1963	04-21-14	
39619 Lahana Way	94538	620,000	3	1220	1962	04-18-14	
42374 Barbary Street	94539	1,063,000	4	1402	1962	04-18-14	
770 Covina Way	94539	1,056,000	3	1821	1969	04-23-14	
49173 Daffodil Terrace	94539	1,010,000	4	2010	2004	04-18-14	
48497 Flagstaff Place	94539	510,000	-	1231	1979	04-17-14	
100 Jacaranda Drive	94539	1,450,000	4	2461	1977	04-22-14	
47877 Masters Court	94539	987,000	3	1429	1963	04-22-14	
45621 Montclair Terrace	94539	2,469,000	4	5140	1999	04-17-14	
43659 Skye Road	94539	1,050,000	4	1914	1988	04-18-14	
2410 Tecado Terrace	94539	1,835,000	3	2548	1982	04-18-14	
3173 Alpine Drive	94555	1,053,500	4	2678	1989	04-18-14	
34755 Bowie Common	94555	905,000	4	1644	1988	04-18-14	
4928 Friar Avenue	94555	765,000	3	1380	1986	04-18-14	
33630 Harrier Terrace	94555	715,000	4	1853	1989	04-21-14	
33195 Lake Champlain Street	94555	451,000	2	880	1969	04-18-14	
33183 Lake Garrison Street	94555	589,000	3	1060	1969	04-22-14	
33032 Lake Huron Street	94555	625,000	3	1629	1971	04-17-14	
6058 Northland Terrace	94555	912,000	3	1839	1987	04-18-14	
33444 Quail Run Road	94555	1,000,000	3	2179	1987	04-23-14	
5740 Via Lugano	94555	590,500	-	-	-	04-18-14	
5742 Via Lugano	94555	595,500	2	1231	2007	04-18-14	

HAYWARD TOTAL SALES: 28							
	Highest \$:	855,000		Median \$:	440,000		
	Lowest \$:	190,000		Average \$:	455,500		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
1456 172nd Avenue	94541	351,000	2	1146	1930	04-21-14	
2367 Gibbons Street	94541	505,000	-	-	-	04-23-14	
1027 Imperial Place	94541	240,000	2	1565	1982	04-22-14	
2575 Kelly Street	94541	369,000	2	1430	1940	04-22-14	
22937 Kingsford Way	94541	411,000	3	1333	2004	04-22-14	
889 Longwood Avenue	94541	380,000	3	1024	1951	04-22-14	
22061 Montgomery Street	94541	703,500	2	1304	1949	04-22-14	
22834 Optimist Street	94541	400,000	3	1111	1950	04-18-14	
427 Palmer Avenue	94541	480,000	3	1726	2012	04-18-14	
2053 Parkhurst Street	94541	548,000	5	2105	2010	04-23-14	
122 Carrick Circle	94542	855,000	5	3389	2007	04-17-14	
26901 Claiborne Court	94542	710,000	4	2370	1972	04-17-14	
27220 Dobbel Avenue	94542	675,000	4	2302	2007	04-18-14	
28086 Thorup Lane	94542	611,000	3	2168	1987	04-22-14	
1002 Cheryl Ann Circle #50	94544	215,000	2	977	1979	04-22-14	
116 Hewitt Place	94544	485,000	4	2217	1953	04-17-14	
568 Janice Avenue	94544	550,000	3	1609	1955	04-17-14	
27787 Ross Place	94544	362,000	3	951	1950	04-23-14	
31214 Tepic Place #29	94544	370,000	3	1435	1981	04-23-14	
25624 Calaroga Avenue	94545	460,000	3	1359	1959	04-17-14	
28281 Capitola Street	94545	590,000	4	1810	2000	04-23-14	
1889 Catalpa Way	94545	440,000	3	1445	1963	04-18-14	
25181 Copa Del Oro Drive #12394545	94545	230,000	2	865	1991	04-23-14	
25145 Copa Del Oro Drive #13894545	94545	190,000	1	608	1991	04-18-14	
27561 La Porte Avenue	94545	465,000	3	1617	1955	04-22-14	
2770 Naples Street	94545	450,000	3	1128	1957	04-23-14	
1915 Southgate Street	94545	426,000	3	1128	1956	04-17-14	
21103 Gary Drive #110A	94546	282,500	2	1100	1993	04-22-14	

MILPITAS TOTAL SALES: 13							
	Highest \$:	907,000		Median \$:	633,000		
	Lowest \$:	480,000		Average \$:	663,462		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
915 Cameron Circle	95035	907,000	3	1904	1999	04-30-14	
1036 Courtland Avenue	95035	635,000	2	1430	1977	04-29-14	
1605 Everglades Drive	95035	781,000	4	1451	1965	04-30-14	
1814 Findley Drive	95035	550,000	3	1102	1960	04-29-14	
590 Grayson Way	95035	830,000	3	1561	1988	04-30-14	
464 Greathouse Drive	95035	629,000	3	1085	1961	04-29-14	
1740 Lee Way	95035	633,000	-	-	-	04-30-14	
1756 Lee Way	95035	631,500	-	-	-	04-30-14	
1764 Lee Way	95035	587,500	-	-	-	04-30-14	
857 Mente Linda Loop	95035	685,000	3	1817	2007	04-30-14	
557 Oroville Road	95035	651,000	2	1459	1983	04-30-14	
346 Silvera Street	95035	480,000	3	1112	1959	04-30-14	
159 West Capitol Avenue	95035	625,000	3	1630	1969	04-28-14	

NEWARK TOTAL SALES: 10							
	Highest \$:	738,000		Median \$:	580,000		
	Lowest \$:	320,000		Average \$:	544,900		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
36551 Beutke Drive	94560	591,000	3	1900	1959	04-17-14	
35457 Blackburn Drive	94560	735,000	4	1866	1964	04-22-14	
6416 Buena Vista Drive #B	94560	320,000	1	924	1985	04-18-14	
7324 Carter Avenue	94560	580,000	4	1714	2000	04-18-14	
6327 Dairy Avenue	94560	440,000	3	1205	1953	04-22-14	
35345 Farnham Drive	94560	738,000	4	1944	1969	04-23-14	
6282 Lido Court	94560	595,000	3	1652	1979	04-18-14	
37246 Locust Street	94560	355,000	2	796	1940	04-18-14	
35794 Orleans Drive	94560	375,000	3	1100	1960	04-21-14	
36052 Salisbury Drive	94560	720,000	4	1928	1972	04-17-14	

SAN LEANDRO TOTAL SALES: 08							
	Highest \$:	644,000		Median \$:	499,000		
	Lowest \$:	375,000		Average \$:	516,188		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
850 Bridge Road	94577	586,000	2	1428	1941	04-22-14	

SAN LORENZO TOTAL SALES: 10							
	Highest \$:	503,000		Median \$:	408,000		
	Lowest \$:	325,000		Average \$:	415,000		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
974 Bevilacqua Street	94580	480,000	5	1848	1949	04-22-14	
16381 Emery Court	94580	330,000	3	1255	1948	04-18-14	
1762 Keller Avenue	94580	408,000	3	1050	1952	04-18-14	
17368 Via Del Rey	94580	503,000	3	1476	1951	04-22-14	
15969 Via Del Sol	94580	325,000	3	1436	1944	04-22-14	
15740 Via Esmond	94580	365,000	3	1400	1955	04-22-14	
16189 Via Harriet	94580	455,000	3	1231	1956	04-17-14	
1440 Via Manzanas	94580	445,000	3	1050	1951	04-17-14	
348 Via Rodriguez	94580	405,000	3	1288	1944	04-23-14	
1213 Via Vista	94580	434,000	3	1050	1951	04-23-14	

SUNOL TOTAL SALES: 01							
	Highest \$:	2,490,000		Median \$:	2,490,000		
	Lowest \$:	2,490,000		Average \$:	2,490,000		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
12355 Foothill Road	94586	2,490,000	3	863	1900	04-22-14	

UNION CITY TOTAL SALES: 04							
	Highest \$:	565,000		Median \$:	335,000		
	Lowest \$:	325,000		Average \$:	446,625		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
1027 Aquamarine Terrace	94587	561,500	3	1431	2007	04-21-14	
2417 Farrol Court	94587	565,000	5	2266	1971	04-18-14	
4506 Sonora Way	94587	325,000	3	1338	1972	04-23-14	
511 Tamarack Drive #2	94587	335,000	2	1072	1976	04-17-14	

380 Broadmoor Boulevard 94577 644,000 4 2676 1940 04-16-14

329 Suffolk Drive 94577 499,000 3 1471 1943 04-18-14

1167 Westbay Avenue 94577 611,500 7 3024 1965 04-17-14

3406 Del Monte Way 94578 470,000 3 1136 1956 04-22-14

14975 Lark Street 94578 375,000 3 1178 1945 04-18-14

16920 Los Reyes Avenue 94578 426,000 4 1351 1944 04-23-14

16593 Toledo Street 94578 518,000 4 1380 1954 04-22-14

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Dr. Ron Chapman, director of the California Department of Public

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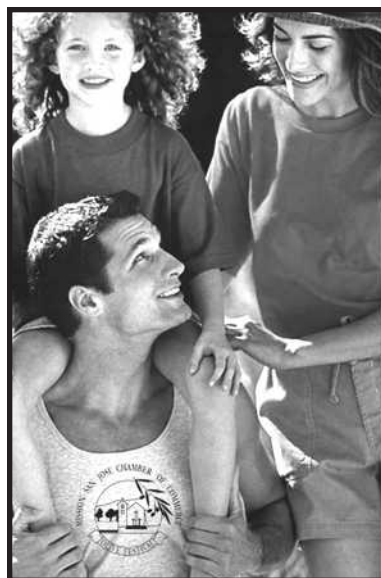
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SPORTS

Raiders Tickets

Oakland Raiders love the Alameda County Library

SUBMITTED BY ALAMEDA
COUNTY LIBRARY FOUNDATION

The Oakland Raiders have designated significantly discounted game tickets for several home games of the 2014/15 NFL (National Football League) season, for all Alameda County Library Foundation (ACLF) supporters!

Tickets are now on sale and regularly priced tickets can be purchased for as low as \$45 from the Foundation website at http://aclf.org/events_current.html; use access code ACLF.

New seating options this year include great views from the lower level sideline regularly priced at \$95 but only \$75 through ACLF. Proceeds will help support Alameda County Library programs and services.

Go Raiders! Go Readers!

Softball

CSD Fremont wins Championship

BY BIFF JONES

California School for the Deaf, Fremont Eagles, the #2 seed, traveled to Santa Rosa last Wednesday, May 21 to take on top ranked Rincon Valley Christian Eagles. This was the championship game in the North Coast Section (NCS) of the California Interscholastic Federation (CIF) Division 6 softball tournament.

It was a game that featured a combined 30 base-on-balls and two hit batsmen by both teams. CSD jumped out to a 9-1 lead after two innings only to see RVC go ahead, 12-11 after five innings. CSD then answered with a 10 run sixth and added four more in the seventh for a 25-12 championship victory.

Eagles of CSD were led by sophomore lead-off hitter, Farrah Harmount, who went 4 for 6 with a triple, 2 walks, 6 runs scored and 4 RBI's. Junior Natalie Brentham added 2 doubles in going 4 for 6 with 5 runs scored and 4 RBI's.

Senior Darryian Thomas started for CSD and lasted 2 and 1/3 innings, giving up 7 runs, 3 hits, and 6 walks with 2 strikeouts. Thomas was relived by freshman Rebecca DiPaola who pitched the final 4 and 2/3 innings while picking up her third win of the year. DiPaola yielded 5 runs on 5 hits and 7 walks with 4 strikeouts.

Only other senior on the 14 player roster is Izcali Esparza. Sophomore Adele Daniels led the team with 21 RBI's over the 19 game schedule. CSD is coached by Justin Burns. Congratulations Ladies!

Baseball

Fremont Christian advances in post season play

SUBMITTED BY GLENN PON

On May 21, 2014, Fremont Christian Warriors advanced with a 8-3 victory over Redwood Christian to the second round of the of North Coast Section Division 5 playoffs. Senior Travis Byerly pitched a complete game, striking out 10 batters. Junior Conner Edstrom went 3-5 and scored two runs. Freshman Tyler Pon went 2-3 with 2 RBI's.

Track & Field

McGlory Earns All-America Honors

SUBMITTED BY STEVE CONNOLLY

Cal State East Bay senior Lauren McGlory concluded a historic senior campaign by earning All-America honors in the triple jump finals at the NCAA Division II Track and Field Championships on Friday, May 23rd. McGlory shattered her own school record with a leap of 42 feet, 5.25 inches to finish fourth in the nation.

Competing against 20 of the top triple jumpers in Division II, McGlory earned All-American status with a fourth place finish overall. In her third attempt of the day, McGlory broke her own school record by nearly seven inches. She also topped her previous record by jumping 42 feet, 3.5 inches in her final jump. Antquinta Reed from Pittsburgh State broke the championship record with a leap of 43 feet, 8.75 inches to capture the triple jump championship.

With her tremendous performance at the NCAA Division II Nationals, McGlory became the first Pioneer to earn All-American honors since CSUEB joined the California Collegiate Athletic Association (CCAA) and the 93rd All-American in Cal State East Bay women's track and field history. She is the first Pioneer women's track and field All-American since 1992.

Lauren joins her father, Marcus McGlory, who was recently inducted into the CSUEB Athletics Hall of Fame, as the first father-daughter duo to earn All-American honors in the same event in the history of Cal State East Bay intercollegiate athletics.

During the course of the 2014 campaign, McGlory broke the school records in both the long (19'6) and triple (42'10.5) jumps. She became the first Pioneer to capture a championship in a CCAA event, taking first place in the triple jump. She also established a school record and NCAA qualifying mark with a third place performance in the long jump. On May 12, McGlory was the first Pioneer ever to be named USTFCCCA All-West Region. On May 17, 2014, McGlory was voted as Cal State East Bay's Co-Female Athlete of the Year.

Golf for a cause

SUBMITTED BY DAVE
GARGES

The Lions Club of Union City and Union City Chamber of Commerce will host a Memorial Golf Tournament on Friday, May 30, at the Sunol Golf Course. This charitable event will benefit the Oakland Blind Center, youth groups, local businesses, and other community service projects. The cost to participate is \$100 per player, dinner included. Registration starts at 10 a.m., and the putting contest starts 30 minutes after. The tournament has a shotgun start at noon; for-

mat is a 4-person scramble.

The fun does not end with the sport; more activities at dinner including presentations, prizes, and raffles. To register, visit the Union City Lions Club website at www.uclions.com.

Memorial Golf Tournament
Friday, May 30
10 a.m. – 8 p.m.
Sunol Golf Course
6900 Mission Rd., Sunol
(510) 366 – 4934
(510) 673 – 0093
www.uclions.com
\$100 with dinner,
\$25 dinner only

Lady Warriors eliminated in post season play

Softball

SUBMITTED AND PHOTO
BY MIKE HEIGHTCHEW

The Fremont Christian Lady Warriors softball team fell short in Division 5 softball post season play. The Athenian Owls of Danville cut off the Warrior path to a championship in North Coast Section tournament on May 20th.

The game looked good for Fremont Christian as they got the first run of day and added a second in the

third to open a two-run lead but the season ended in the seventh inning when the ball didn't bounce their way and the Owls scored seven runs.

Even with a four run deficit, the Warriors fought back with three runs in the fifth to close the gap, but the lead was just too big to overcome. Emily Pinson led the Warrior bats in a valiant effort, going 3 for 4 at the plate and three RBI's.

Final score: Athenian 8, Fremont Christian 5



2014 High School Spring Playoffs

(Seed shown in parenthesis)
By BIFF JONES

ROUND ONE

Baseball
North Coast Section (NCS)
Division 2
(8) Washington 9 vs. (9) Arroyo of San Lorenzo 1
(3) Clayton Valley of Concord 0 vs. (14) Newark Memorial 3
Division 3
(1) Analy of Sebastopol 0 vs. (16) J.F. Kennedy of Fremont 2
Division 4
(3) Moreau Catholic 2 vs. (14) Fort Bragg 0
Division 5
(12) Fremont Christian 8 vs. (5) Redwood Christian of San Lorenzo 3

Central Coast Section (CCS)
(2) Westmont of Campbell 9 vs. (15) Milpitas 5

Softball
North Coast Section (NCS)
Division 1
(2) James Logan Bye
(3) Granada of Livermore 4 vs. (14) Irvington 3
Division 2
(5) Petaluma 3 vs. (12) American 1
(3) Newark Memorial 9 vs. (14) Clayton Valley 4
Division 3
(6) Tamalpais 11 vs. (11) Tennyson 0 (5 inn)
Division 4
(5) Moreau Catholic 3 vs. Middletown 1
Division 5
(9) Fremont Christian 5 vs. (8) Athenian of Danville 8
Division 6
(1) Rincon Valley Christian of Santa Rosa 12 vs. (2) California School for the Deaf 25 Championship

Central Coast Section (CCS)
Division 1
(8) Milpitas 6 vs. (9) Christopher of Gilroy 5

QUARTER FINALS

Baseball
North Coast Section (NCS)
Division 2
(8) Washington 1 vs. (16) Casa Grande of Petaluma 0
(11) Montgomery of Santa Rosa 3 vs. (14) Newark Memorial 2
Division 3
(8) Alhambra 7 vs. (16) J.F. Kennedy 1
Division 4
(5) Moreau Catholic 2 vs. (6) Arcata 4 (8 inn)
Division 5
(4) Stuart Hall of San Francisco 9 vs. (12) Fremont Christian 2

Softball
Division 1
James Logan 5 vs. (7) San Ramon Valley of Danville 2
Division 2
(3) Newark Memorial 2 vs. (6) Arroyo 6
Division 4
(4) Cloverdale 4 vs. Moreau Catholic 6

Central Coast Section (CCS)
Division 1
(1) Carlmont of Belmont 9 vs. (8) Milpitas 4

SEMI FINALS

Baseball
North Coast Section (NCS)
Division 2
(8) Washington at (5) Marin Catholic of Kentfield, Wed. May 28, 4:00 p.m.

Softball
Division1
(3) Granada at (2) James Logan, Tue. May 27, 6:00 p.m.
Division 4
(5) Moreau Catholic at (1) Salesian of Richmond, Tue. May 27, 4:00 p.m.

**FINALS:
Friday, May 30 or
Saturday, May 31**



Senator Corbett recognizes Gladiators

SUBMITTED BY SERGIO REYES

Senate Majority Leader Ellen M. Corbett (D-East Bay) congratulates the Life West Men's Rugby team, the Gladiators, on their victories the weekend of May 17-18 which places the team in the United States Rugby National Championship game on May 31 in Madison, Wisconsin. The Hayward team battled the Dallas Athletic Rugby Club (31- 14) in the quarterfinal Elite 8 match and the Southern California Kings (22 – 17) in the

Final Four to secure their place in the upcoming 2014 USA Rugby Club Men's Division III National Championship final game. The Life West Gladiators were undefeated in their 2014 regular season, earning the Northern California Rugby Football Union (NCRFU) Men's Division III and the USA Rugby Pacific North Conference Championship titles in post season play. "I would like to congratulate the Life West Gladiators Rugby Team on reaching the national championship final competition," Sen-

ator Corbett said. "I join rugby enthusiasts here in California and the entire West Coast as the Gladiators take on New York's Old Blue RFC for the USA Rugby Division III national championship. As they travel this final leg of the championship journey, I am confident that the Gladiators will represent the 10th State Senate District and the entire state of California well. Best of luck Gladiators!"



Huskies get the job done, move on to semi-finals

Baseball

SUBMITTED AND PHOTO BY MIKE HEIGHTCHEW

The Washington Huskies moved to the next round of the Division 2 North Coast Section (NCS) Baseball Tournament with a 1-0 victory over the Casa Grande Gauchos on May 24th. The game belonged to the Washington pitching staff as great Husky pitching seen all year showed up again in this game. Jacob Call celebrated his birthday with a great performance, giving up just one hit and striking out 10 with a great fastball that hit the right spot all day; he struck out the side in the seventh inning to ice the game. The only hit of the day for Casa Grande came when Dominic Garihan hit one the few poorly thrown pitches from Call. Hitting star of the day again for the Huskies was Steven Kwan as he drove in the one run necessary for the win.

Lady Colts move to semi-final competition

Softball

SUBMITTED AND PHOTO BY MIKE HEIGHTCHEW

James Logan Colt softball moves into the Semi-finals of North Coast Section (NCS) girl's softball division 1 playoffs with an impressive day at bat late in the game. San Ramon Valley star pitcher Courtney Kezerian came



into this game on hot streak with a shutout in the Wolves NCS opener but quickly found how potent Colt hitting could be as she could only hold off a scoring onslaught until the fifth inning. Peyton Riccio started things off for the Colts as she drove in the first run of the day but the big blow came when Tayler Peters, in that same inning, with two outs, hit a fly ball into the shallow outfield and the ball dropped just out the outfielders reach, bringing in two runs and the lead for good. The Colts then got a little more breathing room as Kristen Kowaki hit a two run triple in the sixth and Julissa Patino bought her home with a great sacrifice fly. Final score: James Logan 5, San Ramon Valley 2. This was the Colts18th consecutive victory and with one more at Logan on Tuesday, May 27th against Granada at 6 p.m., they will become NCS Division 1 champions for the fifth consecutive time.

Huskies move to second round of playoffs

Baseball

SUBMITTED AND PHOTO BY MIKE HEIGHTCHEW

Washington's Huskies beat the Arroyo Dons 9-1 on May 21st to move on in North Coast Section play. Zac Wallace set the tone early in the game. After a slow start, he found his pitch and retired the following batters, going on to pitch a complete game; Wallace gave up just two hits. The key to winning this game was whether the Huskies could get to Arroyo Dons starter Levi Noddin who had been have a great year. Washington did just that as they quickly opened up a 3-0 lead, scoring in the first inning and then two more in the second. With a great show of team hitting, the Huskies closed the door on the Dons with a 5-run fifth inning. Steven Kwan got a great two-run double to start the rally and got help from both Nick Lawrence and Kyle Williams who each had an RBI during the rally. The Dons did not go down without a fight as Goby Medina got a walk in the fifth inning and then moved to third when Alex Denobriga doubled. Matt Zahn got Medina home with a Sacrifice fly, but it was just not enough to win. Final score: Washington 9, Arroyo 1



COMMUNITY BULLETIN BOARD

Rotary Club of Niles We meet Thursdays at 12:15 p.m. Washington Hospital West 2500 Mowry Ave. Conrad Anderson Auditorium, Fremont www.nilesrotary.org (510) 739-1000	KIWANIS CLUB OF FREMONT We meet Tuesdays at 7:00 a.m. Fremont/Newark Hilton 39900 Balentine Drive, Newark www.kiwanisfremont.org Contact Elise Balgley at (510) 693-4524	Fremont Cribbage Club teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email:Accgr43@gmail.com Or call Tracy (510) 793-6472 American Cribbage Congress www.cribbage.org	510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Fremont Area Writers Want to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except July and December. Rm. 223 at DeVry University, 6600 Dumbarton Circle, Fremont Call Carol at (510) 565-0619 www.cwc-fremontareawriters.org Help with Math & Reading You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. Contact 510-797-2703 dla_aarp_4486@yahoo.com	
Rotary Club of Fremont We meet Wednesday at 12:15 p.m. at Spin-a-Yarn Restuaruant 45915 Warm Springs Blvd. Fremont, 510-656-9141 Service through Fun http://the/ fremontrotaryclub.org Please come visit our club We wlcome new members	Interested in Portuguese Culture and Traditions? PFSA (Portuguese Fraternal Society of America) Promotes youth scholarships, community charities, and cultural events. All are welcome. Contact 510-483-7676 www.mypfsa.org	Mission Trails Mustangs Mustang & Ford Enthusiast Meets 1st Fri of the Month 7pm at Suju's 3602 Thornton, Fremont missiontrailsmustang.org or call 510-493-1559 We do Car Shows and other social activities monthly		
Dawn Breakers Lions Club Our Motto is: WE SERVE Meetings -1st & 3rd Thursdays 6:45am-8am El Patio Restaurant 37311 Fremont, Blvd., Fremont We welcome Men & Women with desire to serve our community 510-371-4065 for Free Brochure	Afro-American Cultural & Historical Society, Inc. Meetings: Third Saturday 5:30pm in member homes Call: 510-793-8181 for location Email: contact@aachisi.com See web for Speical Events www.aachis.com We welcome all new members Celebrating 40th anniversary	Maitri Immigration Program Free Assistance and Referrals for Domestic Violence Survivors. Provide Services in Hindi, Punjabi, Bangla, Tamil and many other South Asian languages. Crisis line: 888-8-Maitri Please call for screening. email: immigration@maitri.org		
The League of Women Voters invites you to visit our website at www.lwvfnuc.org You'll find valuable information about your community and voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are non-partisan and free to the public.	Hayward Demos Democratic Club Monthly meetings-learn about current issues from experts, speak with officials. Annual special events such as Fall Festival, Pot-lucks and more Meetings open to all registered Democrats. For information www.haywarddemos.org	Help with Home Repairs from Alameda County No cost or favorable, low interest loans are available for home remodeling for qualified homeowners in Fremont, Union City, Sunol and Newark. Call (510)670-5399 for an application and more information. http://www.acgov.org/cda/nps/		
Maitri Immigration Program Free Assistance and Referrals or Domestic Violence Survivors. Provide Services in Hindi, Punjabi, Bangla, Tamil and many other South Asian languages. Crisis line: 888-8-Maitri Please call for screening. email: immigration@maitri.org	FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com	Tri-City Ecology Center Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-783-6222	Unity of Fremont A Positive Path for Spiritual Living 12:30 pm Sunday Service 1351 Driscoll Rd (at Christian Science Church), Fremont 510-797-5234 www.unityoffremont.org “The Church of the Daily Word”	Holy Trinity Lutheran Church Caring, Sharing, Serving God 38801 Blacow Rd., Fremont Sun Worship:8:45am 11:00am Child-care provided.Education for all ages: 10:00am. Nacho Sunday: First Sunday of every month. (510)793-6285 www.holytrinityfremont.org
Bring Your Heart to Hospice Hold a hand, lend an ear, be a hospice volunteer. Vitas Innovative Hospice Care Call Alicia Schwemer at 408/964/6800 or Visit Vitas.com/Volunteers	The Friendship Force San Francisco Bay Area Experience a country and its culture with local hosts and promote global goodwill. Clubs in 56 countries. CA Gold Rush and French cultural programs. Monthly activities. www.ffsba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857.	Tri-City Volunteers Food Bank Invigorate your spirit & volunteer. Drop ins welcome Mon - Fri. Work off your Traffic violation by giving back to the community in need. Students 14 years & older welcome. Email Erin: ewright@tri-Cityvolunteer.org	Become the speaker & leader you want to be Citizens for Better Communicators (CBC) Toastmasters Guests and Visitors welcome Saturdays 10:15am Unitek College Room 141 4580 Auto Mall Pkwy., Fremont 510-862-0893	Messiah Lutheran Church Church Service - Sunday 10 a.m. Bible Study - Sunday 9 a.m. Sunday School 2nd & 4th Sunday each month @ 11:15am and community events 25400 Hesperian Blvd., Hayward Phone: (510) 782-6727 www.MessiahHayward.org
Celebrate Recovery Free yourself from any hurt, hang-up or habit Join us at 33450 9th street Union City Thursdays 7pm -9pm or call anytime 510-586-5747 or 510-520-2769	SparkPoint Financial Services FREE financial services and coaching for low-income people who want to improve their finances. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center To reserve a seat: 574-2020 Fremont.gov/SparkPointFRC	Troubled by someone’s drinking? Help is Here! Al-Anon/Alateen Family Groups A no cost program of support for people suffering from effects of alcoholism in a friend or loved one. Call 276-2270 for meeting information email: Easyduz@gmail.com www.ncwsa.org You are not alone.		Summer Art Camp Experience Sun Gallery - Hayward 6 weeks with different theses Ages: 6-12 Hours: 9am-3pm Begins June 23-August 5 \$225 per week or \$45 Drop in Per Child - No daycare provided. 1015 E St. Hayward 510-581-4050 www.sungallery.us
SAVE (Safe Alternatives to Violent Environments) Domestic Violence Support Group (Drop In & FREE) Tuesday & Thursday at 1900 Mowry (4th floor in the conference room) 6:45-8:45 pm & Friday 9:15-11:00 am. 510574-2262 Hotline 510-794-6055	SAVE (Safe Alternatives to Violent Environments) FREE Restraining Order Clinic (Domestic Violence) Tues. Hayward Police 1-4 pm Wed. Fremont Police 9 am - 1 pm Thurs. San Leandro Police 9 am - noon Office (510) 574-2250 24/7 Hotline (510) 794-6055 www.save-dv.org		Palma Ceia Baptist Church Present 3rd Annual Juneteenth Festival “Emancipation Day” Saturday, June 21 10am-4pm Family Fun, Music,Food 28650 Ruus Rd., Hayward 510-786-2866 or 510-552-5222	Larry O Car Show Saturday, August 9 9am - 3pm Classic & Custom Cars, Trucks Oldies Music, Bicycle Show Prizes-BBQ-Bounce House-Prizes Ruggieri Senior Center 33997 Alvarado Niles Rd. Union City www.unioncity.org 510-675-5495
Walk to Cure Arthritis Saturday, May 10th at LifeStyle RX 1119 E. Stanley Blvd., Livermore Registration 8:00 a.m. Walk 10:00 a.m. 1 or 3 mile options, Tailgate Extravaganza, Raffle Prizes, Refreshments, Kids Activities, www.TriValleyArthritisWalk.org or Call (800) 464-6240	City of Newark 50+ Senior Softball League Players Needed Open Games Mondays & Wednesday Nights Practice starts 3/10/14 @ 5p.m. Season runs 4/7/14 – 6/3/14 Sign-up @ Newark Silliman Center 6800 Mowry Ave., Newark (510) 578-4668	Fair Trade Festival South Hayward Parish Sat. May 10 -10am-3pm Proceeds to directly to SHP FOOD PANTRY. Enjoy FT coffees, teas, chocolates. Support Fair Trade. Help farmers, workers and artisans. W-Hills Outreach Center 27287 Patrick Ave., Hayward (Across from Weekes Library)	New DimensionChorus Men’s 4 Part Vocal Harmony In the “Barbershop” style Thursdays at 7pm Calvary Luther Church 12500 Via Magdalena SanLorenzo Contact: ncchorus@yahoo.com 510-332-2489	50th Year Class Reunion Washington High School Class of 64’ & Friends September 26 & 27, 2014 Spin A Yarn Steakhouse,Fremont Contact Joan Martin Graham billjoan3@pacbell.net
Holy Trinity Lutheran Church Annual Indoor Yard Sale Saturday, June 7 8am-2-pm 38801 Blacow Rd.,Fremont www.holytrinityfremnt.org Food & Activities for Kids 10% of proceeds go to George Mark Children’s House	TCSME Model RR Open House - FREE Family Fun Weekend June 14 & 15 Plus Swap Meet on 14th 10am-4pm Niles Plaza, Fremont HO & N layouts in operation Q: bobcz007@comcast.net Nearby: NCRW Steamfest	Chess Club New Fremont Chess Club Meets Every Wed 7-11pm Fremont Odd Fellows Lodge 40955 Fremont Blvd., Fremont Between Real Estate Office & Dance Studio Casual Chess & Cash Prize Blitz Tournaments Contact Ken Zowal 510-623-9935	FAA ~ EVENTS Art in the Garden, Artists Call 4/13 - G. Rankin Art Showcase 6/28, 29-Art in the Garden 9/22 Fine Art Show, Receiving Check on-line for ongoing classes, art shows & events www.fremontartassociation.org 37697 Niles Blvd. 510.792.0905	Cougars Girls Basketball Camp June 23-27 - M-F Silliman Activity Center 6800 Mowry Ave., Newark Full & Half Day options Girls ages 8-15 Darryl Reina, Camp Director 510-578-4620 www.Newark.org

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

SUBMITTED BY GUY ASHLEY

The Alameda County Registrar of Voters will be open on Saturday, May 31 and Sunday, June 1, to allow voters to vote early for the June 3 Statewide Direct Primary Election. Alameda County voters are welcome to come to the Registrar of Voters office be-

tween 9:00 a.m. and 3:00 p.m. on Saturday or Sunday to vote.

The office, located inside the René C. Davidson Court House at 1225 Fallon Street Room G-1, Oakland, is currently open for voting Monday through Friday, from 8:30 a.m. to 5:00 p.m. and will also be open on Election Day, Tuesday, June 3,

from 7:00 a.m. to 8:00 p.m. Voters wishing to cast ballots during weekend hours will be able to access the Registrar of Voters office through the 12th Street entrance of the Court House.

For more information about early voting, call the Registrar of Voters office at (510) 272-6973.

AC Transit community meetings

SUBMITTED BY CLAUDIA BURGOS

AC Transit Wants Your Feedback! The AC Transit Board of Directors is considering new policies to ensure full and equitable distribution of its bus service and to ensure all members of the public can participate in the decision-making process. The Board will be considering updates to its Civil Rights and Environmental Justice Policies at their Board of Directors meeting June 11 at 5 p.m. A series of community meetings have been set up to gather input on the proposed policies, and the public is encouraged to attend.

Community meetings:

Fremont:
Thursday, May 29
6:00 – 7:30 p.m.

Family Resource Center, Millennium Room
39155 Liberty St, Suite A110, Fremont

Hayward:
Wednesday, June 4
6:00 – 7:30 p.m.

Hayward City Hall, Room 2A
777 B St, Hayward

Additionally, the Public Hearing of the AC Transit Board of Directors will be held on Wednesday, June 11 at 5 p.m. at AC Transit General Offices, 1600 Franklin Street, Oakland.

For more information, contact AC Transit at planning@actransit.org or (510) 891-7175.

Milpitas Library added as early voting site for June Primaries

SUBMITTED BY GWENDOLYN MITCHELL/MARINA HINESTROSA

Santa Clara County Library District is partnering with the Santa Clara County Registrar of Voters to provide early voting sites for the June primary elections. Among them is the Milpitas Library, located at 160 N. Main Street, Milpitas. The dates for early voting at this library are:

Saturday, May 31
12 p.m. - 5 p.m.

Sunday, June 1
12 p.m. - 5 p.m.

The library will also be open for library services on those days. Bring your kids too! Librarians will have books and stickers to educate our “future voters” who can observe their parents and caregivers vote and learn why voting is important to democracy.

Early voting is open to all registered voters in Santa Clara County. In addition to the library, early voting is also available at the Registrar of Voters’ Office during normal business hours, Monday - Friday, 8 a.m. to 5 p.m., beginning 29 days before the election. Contact the Santa Clara County Registrar of Voters Office at 1 (408) 299-VOTE (8683) for additional information.

Board of Supervisors approves study of living wage ordinance

SUBMITTED BY MICHELLE OSORIO

Supervisor Dave Cortese announced that on May 20 the Santa Clara County Board of Supervisors approved a proposal to analyze, gather stakeholder input, and report on the feasibility and fiscal implications for the County of a County living wage ordinance. This proposal, which was put forward by Supervisor Cortese and Supervisor Yeager, also calls for the creation of a Family Friendly Employer Certification Program.

“We live in one of the wealthiest counties in the nation,” Cortese said. “Yet, nearly 30 percent of families who work full-time earn less than the self-sufficiency standard. These families deserve to earn a wage that is sufficient to survive without county assistance programs. Santa Clara County cannot continue to be part of the income problem. Instead, it must set an example and be part of the solution.”

The self-sufficiency standard measures the income required to cover all individual or family’s basic expenses without public or private assistance. Today, in Santa Clara County, two working adults with two school-age children must each earn

\$17.22/hour to be self-sufficient, according to the Insight Center for Community and Economic Development. Minimum wage in Santa Clara County falls far short of this self-sufficiency wage requirement. Based on today’s proposal, Santa Clara County will examine what the impacts of a living wage ordinance will have on the county.

In addition, the county will create a Family Friendly Employer Certification Program. This voluntary program will provide a way to identify businesses in the county that are family friendly with respect to wages and related standards.

“Through the Family Friendly Employer Certification Program, residents will easily be able to identify businesses that meet minimum wage and similar standards. It will provide valuable information for those looking for a job and those who want to do business with family friendly employers,” said Cortese.

County staff is expected to return with more information about this proposal. For more information or questions, contact the office of Supervisor Dave Cortese at (408) 299-5030.

TAKES FROM SILICON VALLEY EAST



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.
To subscribe to all blog posts scan this QR Code or visit ThinkSiliconValley.com/silicon-valley-east/

Fremont Talks Transportation and Infrastructure at its Third Annual Legislative Event

BY NADINE NADER, DEPUTY CITY MANAGER

Last Thursday, the City of Fremont kicked off its third annual Legislative Event at the Fremont Marriott Silicon Valley Hotel, where the following speakers dove into topics like regional transportation, infrastructure and how to build an innovative city that attracts world-class businesses:

- Bill Harrison, Mayor of the City of Fremont
- Russell Hancock, President and CEO of Joint Venture Silicon Valley
- Congressman Mike Honda
- * Congressman Eric Swalwell
- * Senator Ellen Corbett
- * Assemblymember Bob Wieckowski
- * Assemblymember Bill Quirk
- * Kelly Kline, Fremont’s Economic Development Director
- * Bryan Jones, Fremont’s Public Works Director

Overall, the speakers painted a highly optimistic portrait of Fremont. In fact, the energy in the room was so positive, that it even prompted Assemblymember Wieckowski to sing his very own rendition of Pharrell’s “Happy” with a slight change-up of the lyrics, calling out Fremont’s latest accomplishments, including its ranking as second safest City in the nation.

Here are a few of the main takeaways from our speakers at the event:

- As of March 2014, Fremont’s unemployment rate has dropped to an all-time low of 4.7 percent. And with a growing economy comes more traffic. Fortunately, Fremont is working to address this problem, offering solutions like the Warm Springs/South Fremont BART station extension project.
- Employment in high-tech manufacturing is 156 percent more concentrated in Fremont than anywhere else in the United States, far surpassing any other Silicon Valley city.
- It’s in Fremont’s best interest to continue thinking strategically urban, focusing on density near transit.

Milpitas City Council Meeting

May 20, 2014

Presentations:

City Council presented with award from Tobacco Free Coalition of Santa Clara County Proclaim May 2014 as Lions Club International “Eyeglass Recycling Month.”

Consent:

Adopt a resolution approving a non-exclusive collection, transportation and recycling agreement with Environmental Resource Recovery, Inc. DBA Valley Recycling.

Adopt a resolution approving the preliminary annual engineer’s report, declaring intention to levy assessment for fiscal year 2014-15.

Adopt a resolution authorizing the purchase and installation of a replacement back-up generator for Fire Station no. 4 from Peterson Power Systems, Inc. for the not-to-exceed amount of \$42,891.36

Consider request from Gurdwara Sahib Sabha Church to adopt a resolution authorizing a temporary street closure on Kennedy Drive for Nagar Kirtan Parade event on Sunday, June 1, 2014.

Award bid to Pyro Spectaculars North, Inc. and approve an agreement for annual 4th of July City of Milpitas Fireworks for a five-year total not to exceed \$106,650.

Approve amendment to the agreement with ACCO Engi-

neered Systems, Inc. extending term to June 30, 2014 in an amount not-to-exceed \$72,960 for City Hall heating, ventilation and air conditioning maintenance and repair.

Public Hearing:

Adopt the city’s budget of \$119,812,215, with adjustments to spending, as well as a capital improvement budget of \$15,428,000.

Reports of officers:

Consider adoption of a resolution supporting Senate Bill 316—the Postal Service Protection Act of 2013, which is intended to prevent some cuts and closures to the United States Postal Service. (3 ayes, 2 nays—Giordano and Polanski)

Ordinance:

Consider introduction of ordinance amending the Milpitas Noise Ordinance to regulate noise levels during daytime hours.

Bid & Agreements:

Approve temporary water service agreements with Summit-pointe and Spring Valley Golf Courses for a term of up to two months.

Approve amendment to agreement with DP2 Billing Solutions extending the term to June 30, 2015 of up to \$56,500 for an eight-year total not-to-exceed amount of \$623,500.

Mayor José Esteves:	Aye
Vice Mayor Althea Polanski:	
5 ayes, 1 nay	
Debbie Indihar Giordano:	
5 ayes, 1 nay	
Armando Gomez:	Aye
Carmen Montano:	Aye



Kid Scoop

.com

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

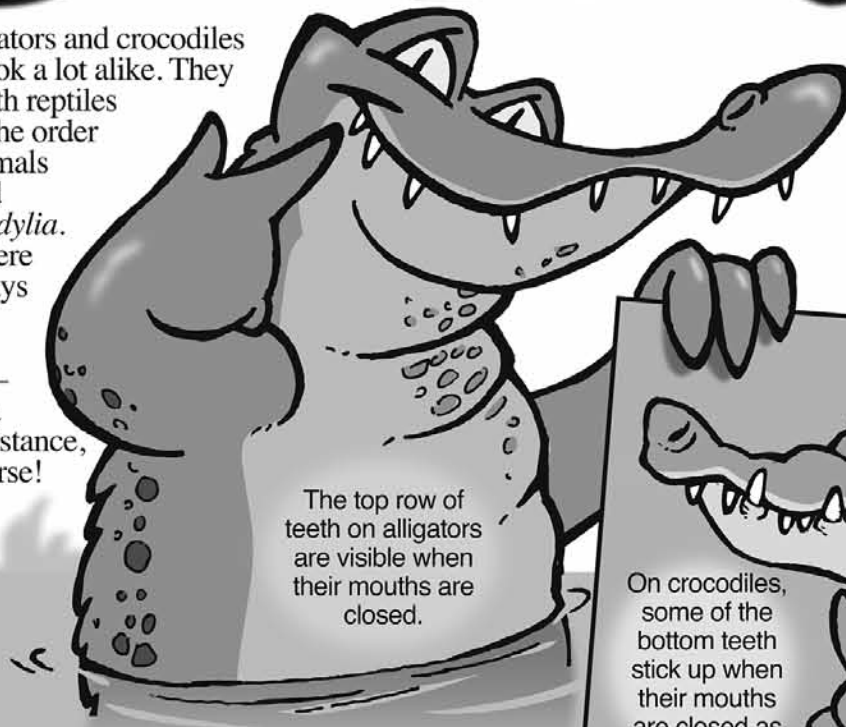
Find us on Facebook

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GATORS and CROCS

Alligators and crocodiles look a lot alike. They are both reptiles from the order of animals named *Crocodylia*. But there are ways to tell them apart—from a safe distance, of course!

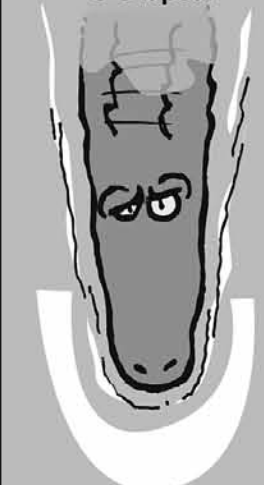


Dangerous Neighbors

They're potentially dangerous animals to humans. And they're carnivores so they will catch and eat almost any creature. They don't chew and swallow, they just tear off chunks and swallow whole.

But humans are also dangerous to these creatures. Habitat destruction and over-hunting have made these ancient reptiles endangered species.

From above, an alligator's snout is U-shaped.



A crocodile's snout is V-shaped.



Don't bother trying to outrun a crocodile or an alligator. They have a swimming speed of 20 miles per hour and a running speed of 11 miles per hour for short distances.

Standards Link: Life Science: Animals have different features that help them survive in different environments.

Crocodiles swallow stones to help them digest their food.

That rocks!

How do alligators and crocodiles sweat?

TSHNERYP SDWMEJ
ADTHTVHFRGOHUS
GQHPTSHBEMIKRS
MTOPULTWHVSC

Circle every other letter for the surprising answer!

Pool of Facts

Use the secret code!

The largest recorded alligator:   feet long.

The largest recorded crocodile:   feet long.

Alligators have   to  teeth. They grow new ones to replace broken teeth. One alligator can have as many as     teeth in a lifetime!

SECRET CODE

	= 0		= 4		= 7
	= 1		= 5		= 8
	= 2		= 6		= 9

Crocs can stay underwater for   to   minutes. They close their nostrils when they swim underwater.

Standards Link: Life Science: Animals have different features that help them survive in different environments.

Reptile Rhymes

Look through the newspaper for five words that describe an alligator or a crocodile. Write a haiku poem that describes this creature.

Standards Link: Write: Write poems using haiku formula.

Kid Scoop Puzzler

An American Original

The American alligator is the largest reptile in North America and has been here since the time of the dinosaurs—over 80 million years ago and it still looks the same.

Unscramble the letters to reveal the names of the two U.S. states where most American alligators live.

IOLASUANI

ODARLIF

Standards Link: Reading Comprehension: Follow simple written directions.

Double Double Word Search

CROCODILE
ALLIGATOR
NOSTRILS
SWALLOW
ANCIENT
DIGEST
REVEAL
RHYMES
SWEAT
ROCKS
SPEED
HAIKU
TEETH
CHEW
SAFE

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

S	L	I	R	T	S	O	N	D	R
W	A	C	R	O	C	S	E	O	T
A	E	F	O	T	E	E	T	H	S
L	V	D	E	M	P	A	A	W	E
L	E	I	Y	S	G	I	E	L	G
O	R	H	E	I	K	H	W	S	I
W	R	R	L	U	C	C	S	O	D
C	E	L	I	D	O	C	O	R	C
K	A	N	C	I	E	N	T	R	S

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop Together: Name That Idiom

To shed crocodile tears means to pretend to shed tears but not be sincerely sad. A crocodile's eyes fill up and overflow when they eat. That is where the expression originated.

Crocodile tears is an idiom—a phrase that has a different meaning in the English language. Can you match each of these well-known animal idioms with their definitions?

IDIOMS	
☐	play possum
☐	in a nutshell
☐	cry wolf
☐	bite your tongue
☐	raining cats and dogs
☐	put the cart before the horse
☐	take the bull by the horns

DEFINITIONS	
A.	To take action and be decisive.
B.	Do things in the wrong order.
C.	Stop talking!
D.	To say something very briefly.
E.	To raise a false alarm.
F.	To pretend to be asleep or dead.
G.	A very heavy downpour.

Standards Link: Vocabulary: Understand grade level-appropriate idiomatic phrases.

Kid Scoop-doku

Complete the grid by using all the letters in the word GATOR in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.

G		T		R
A	T			O
T				A
O				G
R				T

Kid Scoop VOCABULARY BUILDERS

This week's word: **CARNIVORE**

The noun **carnivore** means an animal that eats other animals.

Carnivores often have large jaws to capture their prey.

Try to use the word **carnivore** in a sentence today when talking with your friends and family members.

FROM THE Kid Scoop LESSON LIBRARY

Vicious Verbs

Find five sentences in today's newspaper. Replace the verb in each with another verb that is more vicious or dangerous. What verb would be kinder? How does the different verb change the meaning of the sentence?

Standards Link: Grammar: Identify verbs; use synonyms.

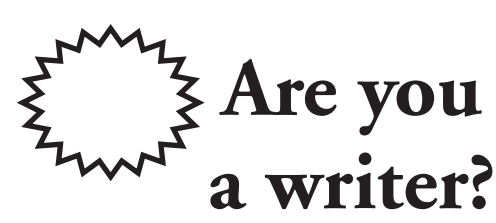
What do you call an alligator in a vest?

ANSWER: An investigator!

Write On! Gator News

An alligator walked into the editor's office at the newspaper and said, "I have a great story for you!"

Finish this story.



Do you like to write about interesting topics? Are you a whiz with words and like to share your thoughts with others? Can you find something fascinating about lots of things around you?

If so, maybe writing for the Tri-City Voice is in your future. We are looking for disciplined writers and reporters who will accept an assignment and weave an interesting and accurate story that readers will enjoy. Applicants must be proficient in the English language (spelling and grammar) and possess the ability to work within deadlines.

If you are interested, submit a writing sample of at least 500 words along with a resume to tricityvoice@aol.com or fax to (510) 796-2462.

Fremont City Council

May 20, 2014

Consent:

Accept FY 2014/15 federal Supportive Housing Program renewal funding of \$274,929 for homeless outreach program. Execute agreement with Abode Services in the amount of \$282,717.

Execute four year service agreement with Alameda County Library for additional hours on Sunday in the amount of \$240,000 for FY 2013/14 and County's budgeted costs in subsequent years not to exceed 5% of previous FY cost.

Partial release of improvement security for Tract 7910 at Main St. and High St. Amount of \$7,369,040; retention of \$1,164,960 until acceptance by City Engineer.

Approve police interior painting of \$111,600 with On Point Construction.

Public Communications:

Citizen spoke of opposition to Measure E. Needs better language and clarification.

Scheduled Items:

Consider an appeal of non-action by Planning Commission for General Plan amendment to change land use designation of 1.49 acre site in Irvington on Fremont Boulevard for affordable housing, Laguna Commons. (Natarajan – recuse)

Debate centered on comments from advocates and public objections to use of commercial land for residential use, neighborhood effects and concentration of affordable housing in Irvington and Centerville districts. Proponents argued that the need is great and affordable housing is a good neighbor and provides strong economic support for business. Pet hospital located adjacent to the property argued that they may have to relocate if City hears complaints from residential neighbors. Opposition noted that they are in support of affordable housing but have a disproportionate number of units in the Irvington and Centerville districts.

Approve planned development at 42425 Mission Boulevard. Rezone a 4.7 acre site to allow a 24

lot single family development and relocate and alter a Quaresma House, a potential Register Resource. Developer noted that the plans will create a neighborhood of interest and character.

Approve rezoning of 2.03 acre site to allow construction of 38-unit multi-family residential units and a private street at 34826 and 34840 Fremont Blvd. and 3893 Decoto Road. Neighbors worried about privacy, three-story units next to existing development and crime.

Other Business:

Presentation of proposed Budget for FY 2014/15.

Local unemployment is lower than county, state and federal numbers. Construction activity is increasing and revenues show healthy growth. Projected increases in revenue will be used to increase budgets for fire, police and infrastructure. Fire Station 11 will open with an increase of personnel, additional police will be hired and a consolidated dispatch presence includes consolidation with Union City. Add a landscape staff position. Even with increases in personnel, Fremont remains frugal in per capita staffing. Cost centers of Development (replace 14 year old software system), Recreation (Centerville Community Park, Northgate Cricket & Batting Cages, CA Nursery Historic Park) and Human Services (Senior Health Fair, mental health services, Sparkpoint) are supported primarily by fees, not General Fund. Uncertainty reserves are providing cushion of approximately two months operating expenditures.

First Public Hearing: June 3, 2014
Second Public Hearing & Adoption: June 10, 2014

Council Referral (Natarajan): Direct staff to provide information and parameters related to salary increase for City Council

Mayor Bill Harrison	Aye
Vice Mayor Vinnie Bacon	Aye
Anu Natarajan	Aye
(1 recusal)	
Suzanne Lee Chan	Aye
Raj Salwan	Aye

Newark City Council

May 22, 2014

Presentations and Proclamations:

Proclaim June as Celebrating Business Month – Newark Chamber CEO Valerie Boyle accepted proclamation

Presentation of Students of the Year:

Selection by Newark Unified School District; presentation of certificates by Newark Rotarians: Dayshanique (Ebony) Lyles, Bridgepoint High School; Alina Sarmiento, Bunker School; James Richards, Crossroads Independent Study; Jose Rodriguez, Graham School; Sarah Rohmani, Kennedy School; Spencer Fitzgerald, Lincoln School; Heaven Jones, Milani School; Isabelle Dominguez, Musick School; Jackie Arcos, Newark Junior High School; Haley Pedersen, Newark Memorial High School; Sofia Garcia, Shilling School; Betsy Barba, Snow School.

Consent:

Accept bid and award contract



Newark Chamber of Commerce CEO Valerie Boyle accepts Business Month proclamation by Newark City Council

for storm drain trash capture devices to United Storm Water, Inc.

Award contract for 2013/2014 citywide wheelchair accessible ramps to AJW Construction for \$125,400.

Participate in Alameda County Urban County Community Development Block Grant program for FY 2014/15 and Alameda County Urban County for FY 2015-2017.

Item removed from consent:

Authorize library annual lease agreement of \$1 with Alameda County for Newark library plus

monthly costs of \$2,405.06 for janitorial services. Public comment urged increase of hours to include opening seven days a week.

Council Matters:

Recognize Volunteer of the Year, Mike Bucci. Citizen Police Academy Reconnect lauded and remembrance of Memorial Day.

Mayor Alan Nagy	Aye
Vice Mayor Ana Apodaca	Absent
Luis Freitas	Aye
Maria “Sucy” Collazo	Aye
Robert Marshall	Aye



Students of the Year receive certificates and congratulations from Mayor Al Nagy and Newark Rotarians.

CORRECTION:

TCV apologizes for a misspelled name in the article “A hail of virtual bullets” printed May 13, 2014; Larry Hamby is the owner of security training facility, Security Six.

San Leandro
David Erlich (R)
Rob Bonta (D)

20th Assembly District: Includes Ashland, Castro Valley, Cherryland, Fairview, Hayward, San Lorenzo, Sunol, and Union City
Bill Quirk (D)
Luis Reynoso
Jaime Patino (R)

Assessor
Ron Thomsen
Auditor-Controller/Clerk-Recorder
Steve Manning
Kathleen Knox
District Attorney
Nancy E. O'Malley
Sheriff/Coroner
Gregory J. Ahern
Treasurer-Tax Collector
Donald R. White
Supervisor, District 2
Richard Valle
Supervisor, District 3
Wilma Chan

CITY OF HAYWARD:

Mayor (vote for 1)
Rakesh Kumar Christian
Barbara Halliday
Francisco Zermeno
Mark Salinas

City Council (vote for 2)
Ralph Farias, Jr.
Ryan “Rocky” Fernandez
Phillip Gallegos
Sara Lamnin
Rodney Loche
Julie R. McKillop
Marvin Peixoto

STATE PROPOSITIONS:
Proposition 41: Veterans Housing and Homeless Prevention Bond Act of 2014
Proposition 42: Public Records. Open Meetings. State Reimbursement to Local Agencies. Legislative Constitutional Amendment

ALAMEDA COUNTY MEASURES:
Measure C: Restore and Maintain City Services and Facilities (Hayward)
Measure E: Upgrade/Repair Neighborhood Schools (Fremont Unified School District)
Measure AA: Healthcare Safety Net Reauthorization (Alameda County)

SANTA CLARA COUNTY MEASURES:
Measure C: High Quality Education and Local Control Funding - Milpitas Unified School District

Sources: California Secretary of State (www.sos.ca.gov) and League of Women Voters of California (www.smartvoter.org)

VOTE

The California Primary Election is scheduled for Tuesday, June 3, 2014. Many have already voted by mail or will vote early at designated locations, but for those who have not yet cast their vote or intend to visit the polls, the following is a list of offices, local candidates, propositions and measures that have been submitted to voters for approval. As an informed voter, please visit voter websites to view the qualifications of candidates and provisions of propositions and measures. Remember, a new election system, “Top Two,” is now in effect.

In June 2010, a “Top Two” primary system was instituted for statewide offices. This means that all candidates are listed on the ballot regardless of political party. The top two candidates - no matter how many candidates are listed - receiving the most votes will advance to the General Election in November. Hence, two candidates from the same political party may appear on the General Election ballot. The offices affected by the top two process are: United States Senators, Congressional Representatives, State Senators, Assembly members, Governor, Lt. Governor, State Treasurer, Secretary of State and State Attorney General.

STATE OF CALIFORNIA:
Governor
Lieutenant Governor
Secretary of State
Controller
Treasurer
Attorney General

Insurance Commissioner
Superintendent of Public Instruction

U.S. REPRESENTATIVE:
13th Congressional District: Includes San Leandro
Lawrence N. Allen (Peace and Freedom)
Dakin Sundeen (R)
Justin Jelincic (D)
Barbara Lee (D)

15th Congressional District: Includes Hayward, Union City, North Fremont, San Lorenzo, Castro Valley, Fairview, Ashland, Sunol
Ellen M. Corbett (D)
Eric Swalwell (D)
Hugh Bussell (R)

17th Congressional District: Includes Central & South Fremont, and Milpitas
Mike Honda (D)
Vanila Singh (R)
Ro Khanna (D)
Joel Vanlandingham (R)

STATE SENATE:
10th State Senate District: Includes Fremont, Hayward, Newark, San Leandro, Union City, Ashland, San Lorenzo, and Sunol
Mary Hayashi (D)
Audie Bock
Roman Reed (D)
Peter Kuo (R)
Bob Wiecekowski (D)

STATE ASSEMBLY:
18th Congressional District: Includes Alameda, Oakland, and

Homicide Update

SUBMITTED BY SERGEANT GENE SMITH, MILPITAS PD

On January 14, at 10:33 p.m., Milpitas Police Department officers responded to the Executive Inn, located at 95 Dempsey Road, regarding a possible shooting. Officers arrived within a minute of the call and located a male, later identified as Jesus Granados, in the parking lot. Granados suffered from an apparent gunshot wound and was pronounced deceased at the scene. Detectives responded and took over the case.

After three months of intense investigation Milpitas detectives identified two suspects: Loyce Weaver, 26, and Robert Ebertowski, 24. As detectives began their search to apprehend the suspects, they quickly learned Weaver was already

in-custody in the Santa Clara County Jail for an unrelated criminal matter. Robert Ebertowski was found to be in-custody in the Merced County Jail, also for a separate, unrelated criminal matter. The Santa Clara County District Attorney's Office has filed charges against Loyce Weaver for murder and assault with a deadly weapon. Charges have been filed against Robert Ebertowski for being an accessory.

Anyone with any information regarding this investigation is encouraged to call the Milpitas Police Department at (408) 586-2400. Information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department website at: http://www.ci.milpitas.ca.gov/government/police/crime_tip.asp.

PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14724391

Superior Court of California, County of Alameda
Petition of: Yang Hing and Xiang He for Change
of Name

TO ALL INTERESTED PERSONS:

Petitioner Yang Hing and Xiang He filed a petition
with this court for a decree changing names as
follows:

William Jing to William He

The Court orders that all persons interested in this
matter appear before this court at the hearing indicated
below to show cause, if any, why the petition for
change of name should not be granted. Any person
objecting to the name changes described above must
file a written objection that includes the reasons for
the objection at least two court days before the matter
is scheduled to be heard and must appear at the hearing
to show cause why the petition should not be granted.
If no written objection is timely filed, the court may grant
the petition without a hearing.

Notice of Hearing:

Date: August 8, 2014, Time: 8:45 a.m., Dept.:
504

The address of the court is 24405 Amador Street,
Hayward, CA 94544

A copy of this Order to Show Cause shall be published
at least once each week for four successive weeks
prior to the date set for hearing on the petition in the
following newspaper of general circulation, printed in this
county: What's Happening - Tri City Voice Newspaper

Date: May 8, 2014

Winifred Y. Smith

Judge of the Superior Court

5/27, 6/3, 6/10, 6/17/14

CNS-2624622#

AMENDED
ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14724313

Superior Court of California, County of Alameda
Petition of: Thirugnana Sambandam Sundaram
and Sheela Thirugnana Sambandam for Change
of Name

TO ALL INTERESTED PERSONS:

Petitioner Thirugnana Sambandam Sundaram &
Sheela Thirugnana Sambandam filed a petition with
this court for a decree changing names as follows:

Abitia Aishwarya Thirugnana Sambandam to
Abitia A. Thiru

Sweetha Aishwarya Thirugnana Sambandam to
Sweetha A. Thiru

The Court orders that all persons interested in this
matter appear before this court at the hearing indicated
below to show cause, if any, why the petition for
change of name should not be granted. Any person
objecting to the name changes described above must
file a written objection that includes the reasons for
the objection at least two court days before the matter
is scheduled to be heard and must appear at the hearing
to show cause why the petition should not be granted.
If no written objection is timely filed, the court may grant
the petition without a hearing.

Notice of Hearing:

Date: Aug. 08, 2014, Time: 08:45 AM, Dept.: 504,
The address of the court is 24405 Amador Street,
Hayward, CA 94544

A copy of this Order to Show Cause shall be published
at least once each week for four successive weeks
prior to the date set for hearing on the petition in the
following newspaper of general circulation, printed in this
county: Tri City Voice

Date: May 9, 2014

S/ WINIFRED Y. SMITH

Judge of the Superior Court

5/20, 5/27, 6/3, 6/10/14

CNS-2623044#

SUMMONS
(CITACION JUDICIAL)

CASE NUMBER (Numero del Caso):

HG12658087

NOTICE TO DEFENDANT (AVISO AL
DEMANDADO): David Dunlap, Ray Batholomew,
YOU ARE BEING SUED BY PLAINTIFF (LO ESTÁ
DEMANDANDO EL DEMANDANTE): Kimberly
Dorsey, Dennis Hill, Tanya V. Delahousage

NOTICE! You have been sued. The court may
decide against you without your being heard unless
you respond within 30 days. Read the information
below.

You have 30 CALENDAR DAYS after this summons
and legal papers are served on you to file a written
response at this court and have a copy served on the
plaintiff. A letter or phone call will not protect you.
Your written response must be in proper legal form if
you want the court to hear your case. There may be a
court form that you can use for your response. You can
find these court forms and more information at the
California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the court-house
nearest you. If you cannot pay the filing fee, ask the
court clerk for a fee waiver form. If you do not file your
response on time, you may lose the case by default, and
your wages, money, and property may be taken without
warning from the court.

There are other legal requirements. You may want to
call an attorney right away. If you do not know an
attorney, you may want to call an attorney referral
service. If you cannot afford an attorney, you may be
eligible for free legal services from a nonprofit legal
services program. You can locate these nonprofit groups
at the California Legal Services Web site (www.lawhelpcalifornia.org) or the California Courts Online Self-Help Center
(www.courtinfo.ca.gov/selfhelp), or by contacting
your local court or county bar association.

NOTE: The court has a statutory lien for waived
fees and costs on any settlement or arbitration award
of \$10,000 or more in a civil case. The court's lien must
be paid before the court will dismiss the case.

¡AVISO! Lo han demandado. Si no responde dentro
de 30 días, la corte puede decidir en su contra sin
escuchar su versión. Lea la información a continuación.

Tiene 30 DÍAS DE CALENDARIO después de que le
entreguen esta citación y papeles legales para presentar
una respuesta por escrito en esta corte y hacer que se
entregue una copia al demandante. Una carta o una llamada
telefónica no lo protegen. Su respuesta por escrito tiene
que estar en formato legal correcto si desea que procesen
su caso en la corte. Es posible que haya un formulario que
usted pueda usar para su respuesta. Puede encontrar estos
formularios de la corte y más información en el Centro de
Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le
quede más cerca. Si no puede pagar la cuota de presentación,
pida al secretario de la corte que le dé un formulario de
exención de pago de cuotas. Si no presenta su respuesta a
tiempo, puede perder el caso por incumplimiento y la corte
le podrá quitar su sueldo, dinero y bienes sin más
advertencia.

Hay otros requisitos legales. Es recomendable que
llame a un abogado inmediatamente. Si no conoce a un
abogado, puede llamar a un servicio de remisión de
abogados. Si no puede pagar a un abogado, es posible que
cumpla con los requisitos para obtener servicios legales
gratuitos de un programa de servicios legales sin fines de
lucro. Puede encontrar estos grupos sin fines de lucro en el
sitio web de California Legal Services (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniéndose en contacto con la corte o el colegio de
abogados locales. **AVISO:** Por ley, la corte tiene derecho a
reclamar las cuotas y los costos exentos por imponer un
gravamen sobre cualquier recuperación de \$10,000 ó más de
valor recibida mediante un acuerdo o una concesión de arbitraje
en un caso de derecho civil. Tiene que pagar el gravamen de
la corte antes de que la corte pueda desear el caso.

The name and address of the court is (El nombre y dirección
de la corte es): Hayward Superior Court, 24405 Amador St.,
Hayward, CA 94544

The name, address, and telephone number of plaintiff's
(El nombre, la dirección y el número de teléfono del abogado
del demandante, o del demandante que no tiene abogado, es):
Roberts and Stokes Attorney at Law, Danny Stokes, 303
Heegenberger Rd., Ste. 204, Oakland, CA 94621; (510) 636-0257

DATE (Fecha): November 14, 2012
Put Sweten, Executive Officer/Clerk (Secretario), by ---, Deputy
(Adjunto) (SEAL)

5/13, 5/20, 5/27, 6/3/14

CNS-2621878#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14723947

Superior Court of California, County of Alameda
Petition of: Vivek Kumar, Nibha Kumari for
Change of Name

TO ALL INTERESTED PERSONS:

Petitioner filed a petition with this court for a
decree changing names as follows:

Vivek Kumar to Vivek Prasad

Nibha Kumari to Nibha Prasad

The Court orders that all persons interested in this
matter appear before this court at the hearing indicated
below to show cause, if any, why the petition for
change of name should not be granted. Any person
objecting to the name changes described

above must file a written objection that includes the
reasons for the objection at least two court days before
the matter is scheduled to be heard and must appear at
the hearing to show cause why the petition should not be
granted. If no written objection is timely filed, the court
may grant the petition without a hearing.

Notice of Hearing:

Date: August 8, 2014, Time: 8:45 a.m., Dept.:
504

The address of the court is 24405 Amador Street,
Room 108, Courthouse, Hayward, CA 94544

A copy of this Order to Show Cause shall be published
at least once each week for four successive weeks prior
to the date set for hearing on the petition in the following
newspaper of general circulation, printed in this county:
Tri City Voice Newspaper

Date: May 5, 2014

Winifred Y. Smith

Judge of the Superior Court

5/13, 5/20, 5/27, 6/3/14

CNS-2619786#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14723581

Superior Court of California, County of Alameda
Petition of: Rashmitha Rallapalli on behalf of
Gurukumari Adithe a minor for Change of Name

TO ALL INTERESTED PERSONS:

Petitioner Rashmitha Rallapalli filed a petition with
this court for a decree changing names as follows:

Gurukumari Adithe to Swara Gurukumari Adithe

The Court orders that all persons interested in this
matter appear before this court at the hearing indicated
below to show cause, if any, why the petition for
change of name should not be granted. Any person
objecting to the name changes described above must
file a written objection that includes the reasons for
the objection at least two court days before the matter
is scheduled to be heard and must appear at the hearing
to show cause why the petition should not be granted.
If no written objection is timely filed, the court may grant
the petition without a hearing.

Notice of Hearing:

Date: August 1, 2014, Time: 8:45 a.m., Dept.:
504

The address of the court is 24405 Amador Street,
Hayward, CA 94544

A copy of this Order to Show Cause shall be published
at least once each week for four successive weeks prior
to the date set for hearing on the petition in the following
newspaper of general circulation, printed in this county:
Inter City Express

Date: May 1, 2014

Winifred Y. Smith

Judge of the Superior Court

5/6, 5/13, 5/20, 5/27/14

CNS-2618641#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 491748

Fictitious Business Name(s):
**At Labs Services, 45401 Research Ave. #144,
Fremont, CA 94539-6111,** County of Alameda

877 Hacienda Way, Millbrae, CA 94030; County
of San Mateo

Registrant(s):

Karen Lee Ali, 877 Hacienda Way, Millbrae, CA
94030

Business conducted by: an individual.

The registrant began to transact business using
the fictitious business name(s) listed above on
5/1/14.

I declare that all information in this statement is
true and correct. (A registrant who declares as true
any material matter pursuant to Section 17913 of the
Business and Professions code that the registrant
knows to be false is guilty of a misdemeanor punishable
by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Karen Ali

This statement was filed with the County Clerk of
Alameda County on May 15, 2014.

NOTICE: In accordance with subdivision (a) of
Section 17920, a fictitious name statement generally
expires at the end of five years from the date on which
it was filed in office of the county clerk, except, as
provided in subdivision (b) of Section 17920, where it
expires 40 days after any change in the facts set forth
in the statement pursuant to section 17913 other than a
change in the residence address of a registered owner. A
new fictitious business name statement must be filed
before the expiration.

The filing of this statement does not of itself authorize
the use in this state of a fictitious business name in
violation of the rights of another under federal, state, or
common law (see Section 14411 et seq., Business and
Professions Code).

5/27, 6/3, 6/10, 6/17/14

CNS-2626524#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 491763

Fictitious Business Name(s):
**SM. Broadway Corporation DBA Doubletree
By Hilton Newark-Fremont, 39900 Ballentine
Drive, Newark, CA 94560-0564,** County of Alameda

Registrant(s):

S.M. Broadway Corp., 70 Starlite Dr., Bradbury,
CA 91008, California

Business conducted by: A Corporation

The registrant began to transact business using
the fictitious business name(s) listed above on
N/A

I declare that all information in this statement is
true and correct. (A registrant who declares as true
any material matter pursuant to Section 17913 of the
Business and Professions code that the registrant
knows to be false is guilty of a misdemeanor punishable
by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Wen Shan Chang, President

This statement was filed with the County Clerk of
Alameda County on May 16, 2014.

NOTICE: In accordance with subdivision (a) of
Section 17920, a fictitious name statement generally
expires at the end of five years from the date on which
it was filed in office of the county clerk, except, as
provided in subdivision (b) of Section 17920, where it
expires 40 days after any change in the facts set forth
in the statement pursuant to section 17913 other than a
change in the residence address of a registered owner. A
new fictitious business name statement must be filed
before the expiration.

The filing of this statement does not of itself authorize
the use in this state of a fictitious business name in
violation of the rights of another under federal, state, or
common law (see Section 14411 et seq., Business and
Professions Code).

5/27, 6/3, 6/10, 6/17/14

CNS-2626186#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 491540

Fictitious Business Name(s):
**Xcite Janitorial, 33 Union Square #232, Union
City, CA 94587,** County of Alameda

Registrant(s):

Joel Godfrey Kikomeko, 33 Union Square #232,
Union City, CA 94587

Business conducted by: an Individual

The registrant began to transact business using
the fictitious business name(s) listed above on
N/A

I declare that all information in this statement is
true and correct. (A registrant who declares as true
any material matter pursuant to Section 17913 of the
Business and Professions code that the registrant
knows to be false is guilty of a misdemeanor punishable
by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Joel Kikomeko

This statement was filed with the County Clerk of
Alameda County on May 12, 2014.

NOTICE: In accordance with subdivision (a) of
Section 17920, a fictitious name statement generally
expires at the end of five years from the date on which
it was filed in office of the county clerk, except, as
provided in subdivision (b) of Section 17920, where it
expires 40 days after any change in the facts set forth
in the statement pursuant to section 17913 other than a
change in the residence address of a registered owner. A
new fictitious business name statement must be filed
before the expiration.

The filing of this statement does not of itself authorize
the use in this state of a fictitious business name in
violation of the rights of another under federal, state, or
common law (see Section 14411 et seq., Business and
Professions Code).

5/27, 6/3, 6/10, 6/17/14

CNS-2625996#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 491600

Fictitious Business Name(s):
**Excellent Tax Service, 4324 Mattos Drive,
Fremont, CA 94536,** County of Alameda

Registrant(s):

Teresa Lemaitre, 4324 Mattos Drive, Fremont,
CA 94536

Business conducted by: an Individual

The registrant began to transact business using
the fictitious business name(s) listed above on
5/9/14

N/A.

I declare that all information in this statement is
true and correct. (A registrant who declares as true
any material matter pursuant to Section 17913 of the
Business and Professions code that the registrant
knows to be false is guilty of a misdemeanor punishable
by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Teresa Lemaitre

This statement was filed with the County Clerk of
Alameda County on May 13, 2014.

NOTICE: In accordance with subdivision (a) of
Section 17920, a fictitious name statement generally
expires at the end of five years from the date on which
it was filed in office of the county clerk, except, as
provided in subdivision (b) of Section 17920, where it
expires 40 days after any change in the facts set forth
in the statement pursuant to section 17913 other than a
change in the residence address of a registered owner. A
new fictitious business name statement must be filed
before the expiration.

The filing of this statement does not of itself authorize
the use in this state of a fictitious business name in
violation of the rights of another under federal, state, or
common law (see Section 14411 et seq., Business and
Professions Code).

5/27, 6/3, 6/10, 6/17/14

CNS-2625995#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 491645

Fictitious Business Name(s):
**Big City Country Boy, 35936 Plumeria Wy,
Fremont, CA 94536,** County of Alameda

Registrant(s):

April Bibbins, 35936 Plumeria Wy, Fremont, CA
94536.

Business conducted by: an individual.

The registrant began to transact business using
the fictitious business name(s) listed above on
N/A.

I declare that all information in this statement is
true and correct. (A registrant who declares as true
any material matter pursuant to Section 17913 of the
Business and Professions code that the registrant
knows to be false is guilty of a misdemeanor punishable
by a fine not to exceed one thousand dollars [\$1,000].)

/s/ April Bibbins

This statement was filed with the County Clerk of
Alameda County on May 14, 2014.

NOTICE: In accordance with subdivision (a) of
Section 17920, a fictitious name statement generally
expires at the end of five years from the date on which
it was filed in office of the county clerk, except, as
provided in subdivision (b) of Section 17920, where it
expires 40 days after any change in the facts set forth
in the statement pursuant to section 17913 other than a
change in the residence address of a registered owner. A
new fictitious business name statement must be filed
before the expiration.

The filing of this statement does not of itself authorize
the use in this state of a fictitious business name in
violation of the rights of another under federal, state, or
common law (see Section 14411 et seq., Business and
Professions Code).

5/20, 5/27, 6/3, 6/10/14

CNS-2623624#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 491579

Fictitious Business Name(s):
**Garibo's Janitorial, 5424 Saint Mark Ave. Apt. 21,
Newark, CA 94560,** County of Alameda

Registrant(s):

Elizabeth Garibo, 5424 Saint Mark Ave. Apt. 21,
Newark, CA 94560.

Business conducted by: an individual.

The registrant began to transact business using
the fictitious business name(s) listed above on
N/A.

I declare that all information in this statement is
true and correct. (A registrant who declares as true
any material matter pursuant to Section 17913 of the
Business and Professions code that the registrant
knows to be false is guilty of a misdemeanor punishable
by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Elizabeth Garibo

This statement was filed with the County Clerk of
Alameda County on May 13, 2014.

NOTICE: In accordance with subdivision (a) of
Section 17920, a fictitious name statement generally
expires at the end of five years from the date on which
it was filed in office of the county clerk, except, as
provided in subdivision (b) of Section 17920, where it
expires 40 days after any change in the facts set forth
in the statement pursuant to section 17913 other than a
change in the residence address of a registered owner. A
new fictitious business name statement must be filed
before the expiration.

The filing of this statement does not of itself authorize
the use in this state of a fictitious business name in
violation of the rights of another under federal, state, or
common law (see Section 14411 et seq., Business and
Professions Code).

5/20, 5/27, 6/3, 6/10/14

CNS-2623499#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 491193

Fictitious Business Name(s):
**Wai Yan Tong Acupuncture, 2090 Warm
Springs Court, Suite 108, Fremont, CA 94539,**
County of Alameda.

41520 Roberts Ave., Fremont, CA 94538;

Registrant(s):

Qianting Xie Chan, 41520 Roberts Ave., Fremont,
CA 94538.

Business conducted by: an individual.

The registrant began to transact business using
the fictitious business name(s) listed above on
N/A.

I declare that all information in this statement is
true and correct. (A registrant who declares as true
any material matter pursuant to Section 17913 of the
Business and Professions code that the registrant
knows to be false is guilty of a misdemeanor punishable
by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Qianting Xie Chan

This statement was filed with the County Clerk of
Alameda County on May 2, 2014.

NOTICE: In accordance with subdivision (a) of
Section 17920, a fictitious name statement generally
expires at the end of five years from the date on which
it was filed in office of the county clerk, except, as
provided in subdivision (b) of Section 17920, where it
expires 40 days after any change in the facts set forth
in the statement pursuant to section 17913 other than a
change in the residence address of a registered owner. A
new fictitious business name statement must be filed
before the expiration.

The filing of this statement does not of itself authorize
the use in this state of a fictitious business name in
violation of the rights of another under federal, state, or
common law (see Section 14411 et seq., Business and
Professions Code).

5/20, 5/27, 6/3, 6/10/14

CNS-2623132#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 490861

EARTHTALK®
E - THE ENVIRONMENTAL MAGAZINE



Credit: Lawrence Berkeley National Laboratory/Roy Kaltschmidt
Proponents of synthetic biology tout its potential for bringing about great advances in medicine, energy and cheaper foods. But health advocates worry that the risks to health and the environment may be too great. Pictured: a researcher using “synbio” to engineer new microbes as an alternative to yeast for turning complex sugars into biofuels.

“Synthetic biology” (or “synbio”) refers to the design and fabrication of novel biological parts, devices and systems that do not otherwise occur in nature. Many see it as an extreme version of genetic engineering (GE). But unlike GE, whereby genetic information with certain desirable traits is inserted from one organism into another, synbio uses computers and chemicals to create entirely new organisms.

Proponents of synbio, which include familiar players such as Cargill, BP, Chevron and Du Pont, tout its potential benefits. According to the Synthetic Biology Engineering Research Center (SYNBERC), a consortium of leading U.S. researchers in the field, some promising applications of synthetic biology include alternatives to rubber for tires, tumor-seeking microbes for treating cancer, and photosynthetic en-

Dear EarthTalk: Should those of us who care about our health and the planet be concerned about the new trend in genetic engineering called synthetic biology?
— Chrissie Wilkins, Bern, NC

ergy systems. Other potential applications include using synbio to detect and remove environmental contaminants, monitor and respond to disease and develop new drugs and vaccines.

While these and other applications may not be widely available for years, synthetic biology is already in use for creating food additives that will start to show up in products on grocery shelves later this year. Switzerland-based Evolva is using synthetic biology techniques to produce alternatives to resveratrol, stevia, saffron and vanilla. The company’s “synthetic vanillin” is slated to go into many foods as a cheaper and limitless version of real vanilla flavor. But many health advocates are outraged that such a product will be available to consumers without more research into potential dangers and without any warnings or labeling to let consumers know they are eating organisms designed and brought to life in a lab.

“This is the first major use of a synbio ingredient in food, and dozens of other flavors and food additives are in the pipeline, so synbio vanilla could set a dangerous precedent for synthetic genetically engineered ingredients to sneak into our food supply and be labeled as ‘natural,’” reports Friends of the Earth (FoE), a leading environmental group. “Synthetic biology vanillin poses several human health, environmental and economic concerns for consumers, food companies and

other stakeholders.”

For example, FoE worries that synbio vanilla (and eventually other synthetic biology additives) could exacerbate rainforest destruction while harming sustainable farmers and poor communities around the world. “Synbio vanilla...could displace the demand for the natural vanilla market,” reports FoE. “Without the natural vanilla market adding economic value to the rainforest in these regions, these last standing rainforests will not be protected from competing agricultural markets such as soy, palm oil and sugar.” Critics of synbio also worry that releasing synthetic life into the environment, whether done intentionally or accidentally, could have adverse effects on our ecosystems.

Despite these risks, could the rewards of embracing synthetic biology be great? Could it help us deal with some of the tough issues of climate change, pollution and world hunger? Given that the genie is already out of the bottle, perhaps only time will tell.

CONTACTS: SYNBERC, www.synberc.org; FoE, www.foe.org; Evolva, www.evolva.com.

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Hayward Police Log

SUBMITTED BY
SGT. ERIC MELENDEZ, HAYWARD PD

Tuesday, May 13

An armed robbery occurred to a gas station on the 21000 block of Foothill Blvd. at 4:05 p.m. The suspect was described as an African American male in his early 20s armed with a black handgun. The suspect entered the gas station and pointed the handgun at a clerk. The suspect demanded money from the clerk who gave him money from the register. The suspect fled the scene heading up Grove Way. Witnesses saw the suspect get on a motorcycle heading west bound on Grove St.

A robbery occurred at the intersection of Grand Street and Dean Street at 9:37 p.m. The suspects were two African American Males in their late teens or early twenties wearing black hooded sweatshirts. The suspects threatened to shoot the victim. The victim was pushed to the ground and their property was taken.

Wednesday, May 14

A robbery occurred in the 27000 block of Manon Ave. at 2 p.m. The victim was sitting in his vehicle when the suspect approached him brandishing a knife. The suspect demanded money from the victim, but walked away when a pedestrian approached. Responding officers located the suspect in a nearby apartment with a knife in his pocket. The suspect was arrested for robbery.

A residential burglary occurred in the 1400 block of Linfield Lane at 9:43 a.m. This particular residence has had several prior break ins. The resident called a family member to check on the alarm prior to contacting the police. The suspect fled prior to the family member and police arriving.

Thursday, May 15

A burglary to a residence occurred in the 2600 block of Sleepy Hollow Avenue at 8:49 a.m. The resident was home alone when the suspect approached and knocked on the door. The victim did not answer the door and several minutes later heard the suspect attempting to force open the rear sliding glass door. The suspect fled when confronted by the victim. The suspect is described as a Hispanic Male in his 20’s, 5’07”, with a medium build and wearing a black hooded sweatshirt. A gray compact Mercedes was seen in front of the victim’s residence and at the same time as the incident.

A strong arm robbery occurred at City Hall at 11:19 p.m. Several suspects assaulted the victim and took property from him. Responding officers stopped and detained all five sus-

pects at two different locations. The suspects were identified and transported to jail.

Saturday, May 17

A shooting occurred in the 25000 block of Verona Ave. at 12:41 a.m. Officers responded to reports of two subjects shot at the location. Arriving officers located the two victims in front of a residence with non-life threatening injuries. The suspect was described as an African American wearing a gray hooded sweatshirt. The Hayward Criminal Investigations Bureau is investigating the incident.

A strong arm robbery occurred at the intersection of B Street and Montgomery Street at 1:32 a.m. The victim was walking with friends when the suspect approached from behind and took the victim’s purse. The victim was able to fight off the suspect’s attack and kept ahold of her purse. The suspect was able to take the victim’s phone. The suspect was last seen running towards downtown BART.

A shooting occurred 22000 block of South Garden Avenue at 3:28 a.m. The suspect(s) fired multiple rounds at an apartment striking one victim causing a nonlife threatening injury. Patrol is investigating the incident.

An armed robbery occurred to a business in the 700 block of La Playa Drive at 9:33 a.m. The suspects, three African American males, entered the business as an employee was unlocking the door. The suspects tied up two employees at gunpoint at took property from the business. The suspects took several thousand dollars of property. The Hayward Criminal Investigations Bureau is investigating the incident.

A shooting occurred near the intersection of Foothill Blvd and Russell Drive at 9:44 p.m. The victim was walking northbound on Foothill Blvd when an unknown suspect fired several rounds at him striking him one time. The victim flees the scene and hides in a nearby parking lot. The victim was transported with nonlife threatening injuries.

An attempted carjacking occurred in the 24000 block of Santa Clara St. at 10:50 p.m. The suspect threatened the victim with a simulated handgun causing the victim to drive away from the suspect, hitting him with the vehicle in the process. The victim flees the scene leaving the suspect on the ground with injuries from being struck by the vehicle. The suspect was arrested when police arrived at the scene.

If you have information to report that could help lead to an arrest in this crime/crime activity, please contact police.

Newark Police Log

SUBMITTED BY CMDR. MICHAEL CARROLL, NEWARK PD

Tuesday, May 20

Officer Sandoval investigated vandalism to a vehicle at the Chase Suites at 12:50 a.m., where a window was smashed between 9:30 p.m. and 12:30 a.m.

Officer Neithercutt investigated an auto-burglary that occurred overnight in the Motel 6 parking lot. Entry was made via window smash and the loss was a backpack.

At 10:41 a.m., Officer Todd investigated an auto-burglary from a Red Bull delivery truck in the rear alley way of Safeway.

Officer Khairy investigated auto-burglary at IHOP on Jarvis Avenue at 11:37 a.m. Entry was made via window smash.

NPD received a 911 call from a female at 6:52 p.m. asking for police to come. Officers responded to Braidburn Ave. Officer Kovach arrested Danny Jackson of Newark for Domestic Battery. Jackson was booked at the Fremont Jail.

Wednesday, May 21

Officers were sent to the intersection of Jarvis Avenue at 10:22 a.m. for a report of a hit-and-run that had just occurred. A witness advised the suspect vehicle in the collision continued south on Lido Boulevard from the scene. During an area check, Officer Allum located the suspect vehicle abandoned on Cedar Boulevard/Breton Drive after it had collided with a parked SUV. A witness in the area of the 2nd collision scene believed the suspect had jumped over a fence and into the

rear yard of a residence on Breton Drive. The area was checked with negative results. The suspect was described as a White or Hispanic Male, wearing a red shirt, carrying a backpack and possibly had tattoos.

Officer Sandoval investigated a report of a stolen vehicle from Joaquin Murieta Ave. at 6:49 p.m. CA license plate#5RFM650 on a 1993 light brown Toyota Camry.

At 9:09 p.m., Officer Norvell investigated an attempted stolen vehicle/burglary auto in the Newpark Mall parking lot on a 1997 Toyota Camry. The ignition was tampered with and miscellaneous items were stolen.

Officer Geser investigated an auto burglary window smash on Dupont Ave. at 9:49 p.m. Loss was a gray Dell laptop. The burglary occurred between 2100-2149 hours.

Thursday, May 22

Officer Bloom was dispatched to JC Penney’s for a theft investigation at 4:31 p.m. Loss prevention had Anjelica Reyes of Castro Valley detained for shoplifting. Officer Bloom responded and placed Reyes under arrest for Petty theft. Reyes was cited and released at the scene.

Officer Horst was dispatched at 4:42 p.m. to a report of a shoplifter in custody at Macy’s. Susan Folk of Fremont was issued a citation for Petty theft and was released at the scene.

Officer Horst investigated a domestic violence incident on Civic Terrace at 8:01 p.m. Rhael Devera of Newark was arrested for domestic battery and he was booked at Fremont City Jail.

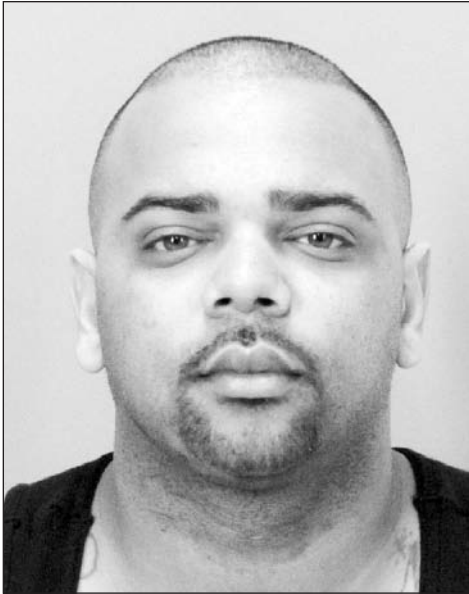
Kidnapping suspect arrested in Milpitas motel

SUBMITTED BY SERGEANT RAJ MAHARAJ, MILPITAS PD

On Wednesday, May 21, 2014 at approximately 6:40 a.m., Milpitas Police Officers patrolling the Milpitas Inn property (66 South Main Street) located a Silver 2006 BMW 530 in the parking lot. The vehicle belonged to Parvan Singh Nijjar, who had an outstanding warrant for a San Jose Police Department kidnapping investigation. Milpitas Officers learned that Nijjar was in fact renting a room at the motel and may have violent tendencies.

Nearby motel guests were evacuated to ensure their safety. A perimeter of Milpitas Police Officers was set around Nijjar’s room and he was contacted via telephone. Nijjar followed all instructions and promptly came out of the motel room. He was safely arrested. The motel guests were allowed to return to their rooms and Nijjar was booked into the Santa Clara County Jail for his outstanding warrants.

Anyone with any information regarding this investigation or other similar incidents



occurring in our city is encouraged to call the Milpitas Police Department at (408) 586-2400. Information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department website at: http://www.ci.milpitas.ca.gov/government/police/crime_tip.asp

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Tiger Cubs [and siblings] of Scout Pack 269 in Fremont visited Tri-City Voice on Wednesday, May 21. From left: Hoang-An Nguyen, Zeph Hsu, Toby Hsu, Aidan Ingalla, Brandon Ingalla, Sandor Pham, Chandrasekhar Dandamraj, Judah Hsu, Noah Hsu, Sunjay Muraliharan, Tyler Pham

Tri-City Voice welcomes Cub Scouts

Tri-City Voice welcomed a group of Cub Scouts who met with Publisher and Editor in Chief, William Marshak on Wednesday, May 21. The field trip of Tiger Cubs and siblings introduced them to the world of print media as part of a field trip organized by Tiger Den Leader Malini Kumar. The Tigers are part of Cub

Scout Pack 269 in Fremont. According to Kumar, “The boys were all very excited to find out about Kid Scoop and are sure to be reminded of the visit whenever they read [Tri-City Voice]. I know I will.” Marshak was able to share his expertise and told them the group may include a budding journalist. The field trip was planned as

part of Tiger Cubs Achievement 4 - How I Tell It. According to Kumar, the activity is designed to teach the cubs about communication and the different ways that people communicate. Pack 269, comprised of five dens including the Tiger Cubs, meets at Parkmont Elementary School in Fremont for group activities.

Kumar was thankful for the opportunity to visit Tri-City Voice and stated, “It was very interesting; the boys enjoyed it tremendously.”

Taking teacher appreciation to a new level

Brookvale Elementary teacher’s lounge receives classy renovations

BY SIMRAN MOZA
PHOTOS COURTESY OF MICHELLE SOARES

As the school year draws to a close and students rush to cross academic finish lines, school Parent Teacher Associations (PTA) take this opportunity to show appreciation for teachers and their efforts. Activities can range from bringing teachers their favorite meals, having children write personalized “thank you” notes and small token gifts.



However, Brookvale Elementary in Fremont took Teacher Appreciation Week to a whole new level. When PTA member Michelle Soares approached teachers for their input, they requested a place in the teacher’s lounge to hang family pictures. What seemed like a small job soon turned into a substantial project that completely transformed the space. As PTA officials Soares and Brenda Godfrey began to contemplate an appropriate place for pictures, they noticed that the entire lounge could benefit from a touchup. Soares contacted school administrators and managed to have \$2,300 allocated for the lounge upgrade project. The PTA ended up surprising everyone with the results. From Friday, May 2 to Sunday, May 4, major renovations transformed the entire teacher’s lounge. Soares, a

member of the PTA for the last twelve years, said, “Parent volunteers would come in to help for a couple of hours or half a day over the weekend. We were literally cleaning on our hands and knees!” The lounge received a total makeover including new paint and replacement of appliances that were decades old. In addition, the lounge was cleared of antiquated furniture, including a massive conference table that nearly occupied the entire room. In its place, chic furnishings such as two café chairs with accent tables to match, all new benches, whiteboards, and a special “birthday plaque” for the teachers were installed. After over 22 hours of volunteer service, the PTA was able to turn the teacher’s lounge into the most desirable spot for teachers and staff at Brookvale Elementary – aside from their classrooms!





Left to right): Guild Judge Farshid Namei; Shannon Lin; Guild Judge Robert Davenport; Danny Lee; Guild Judge P. Kay Hille-Hatten; Jessica Zhang

Art scholarships awarded

SUBMITTED BY DIANE LEYS
PHOTO BY JUREK ZARZYCKI

Olive Hyde Art Guild's annual art scholarship competition culminated with a reception on Friday, May 9. Three Fremont graduating seniors were awarded scholarships by the Guild. Scholarship chairman, Karen Dobmeier, explained that the winning students were selected from a field of 12 applicants, based on their portfolios of work. In addition, each student must have been accepted at a college or university and have plans to pursue higher education in the field of art.

Taehwan (Danny) Lee from Washington High School and recipient of the \$2,000 first place award plans to attend the Rhode Island School of Design in Providence, R.I. Todd Elkin, art teacher, describes Danny as a student who strives hard to meet the criteria for a project, pushing the work further, and adding elements above and beyond the stated requirements. "This type of self-driven dedication bodes well for him as he develops his artistic practice." Since 2010 Danny has volunteered as an assistant to the archery coach at Centerville Jr. High's after school program. He has also volunteered at the San Jose Salvation Army. Upon graduation Danny hopes to work in the S.F. Bay Area's Video Game Industry, or as a Professor of Art at the college level.

Two Honorable Mention Awards for \$1,000 each were also presented. Jessica Zhang from Mission San Jose High School (MSJHS), plans to attend California Institute of the Arts in Valencia, CA. Planning for a career in the arts, Jessica plans to focus on Animation at Cal Arts. Jessica's volunteer activities include her participation in Relay for Life, designing and painting sets for MSJ theatre productions, painting murals at MSJH, and volunteering at the Azeveda Elementary Reading Clinic for second graders. Jessica sings in the MSJHS Choir and has performed in Chinese Folk Opera. She plays piano, and likes to read. Edie Christensen, Jessica's MSJHS art teacher states "Jessica is a highly motivated and talented individual. She often challenged herself by thinking outside the box and expressing her own vision."

Shannon Lin, the second Honorable Mention Award winner of \$1,000, is an Irvington High School graduating senior. Shannon plans to attend Carnegie Mellon University in Pittsburgh, Penn. where she plans to major in Business Administration with a specialization in Marketing or Graphic Media Management, with a minor in art or design. Shannon's volunteer activities include counseling at summer camp, teaching English at a camp in Taiwan, and after school tutoring at Weibel Elementary School. With an interest in psychology and the way in which people think, Shannon's art work for this competition reflected the personification of mental disorders. Shannon hopes for a career as an editor of a magazine in one of her areas of interest.

In addition to the student scholarship awards, a \$500 stipend for classroom art supplies has been awarded to the art teacher of the first place winner, Todd Elkin, from Washington High School.

Texture and self-portraiture in the Digital Age

SUBMITTED BY AVANTHI KANMATAREDDY

Myrna Wacknov will be presenting a 4-day workshop at the Fremont Art Association Gallery May 30 through June 2. This workshop is for those artists who are looking for a shift in their work from copying a photograph to interpreting an image in new and exciting ways. We will be working with our own faces but the ideas and techniques learned can be applied to any subject.

Taking advantage of the amazing power of electronic devices, we will take a self-portrait using an iPad or iPhone or equivalent device, learn how to use the Photoshop app PS Touch to manipulate the image in creative ways, and then transform some of those ideas into paintings.

The classic approach of designing a painting using the elements of design will be combined with using unexplored materials, tools, techniques and pairings. Each day will start with the element of texture, plus a focus on one additional element. The workshop is \$300 per person.

Learn more about the artist at her website
<http://www.myrnawacknov.com/>

Texture and Self-Portraiture in the Digital Age
Friday, May 30 through Monday, Jun 2
9 a.m. – 4 p.m.
Fremont Art Association Centre/Gallery
37697 Niles Blvd, Fremont
(510) 792-0905/ (510)-489-5818
carolrudy2@comcast.net
www.FremontArtAssociation.org
\$300/participant



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including appointments with specialists that you might need. There is even a skilled team member available to help you better understand your medication needs. WTMF has 23 clinics—including primary care, multi-specialty, and urgent care—conveniently located in various neighborhoods around the Tri-City area. Should you ever require hospital services, you can get that care at Washington Hospital, an award-winning institution, right in your own community. When you need a doctor, choose a WTMF physician. We're taking health care to new heights.



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