



Chiropractic college rugby team in semi-finals

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Reaching skyward!

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StarStruck Theatre presents a 'Golden Ticket' to family entertainment

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TRI-CITY VOICE

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April 22, 2014

Vol. 13 No. 16

Hayward Executive Airport Open House salutes heroes

SUBMITTED BY
DOUG MCNEELEY

Hayward Executive Airport will hold its seventh annual "Open House" on Saturday, April 26, offering the community a look into the life of the airport and its resources. Originally a World War II (WWII) fighter base, Hayward Executive Airport is home to over 300 private aircraft. Lifesaving emergency medical flights, law enforcement flights to protect our neighborhoods, and other community services originate at the airport. Hayward Executive Airport is financially self-sufficient, contributing over \$300 million in annual economic benefits to the community.

The seeds for the "Open House" were planted when a group of pilots got together and decided a first-hand look at their operations would be a good outreach to the community, especially to inspire kids to investigate careers in aviation. Invitations were extended to those they knew in the community, and an annual event took root. The City of Hayward has partnered with local organizations to make the event bigger and better, and attendance grows with each year; 3,800 people turned out for last year's "Open House."

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Sheep Shearing Day

SUBMITTED BY EAST BAY REGIONAL PARK DISTRICT
PHOTOS BY IRA BLETZ

Spring has sprung and it is time for the sheep at Ardenwood Historic Farm to receive their annual "haircut." Watch as the farm's sheep get sheared, try your hand at wool carding and see the transformation from fiber to yarn. Kids will enjoy stories about sheep and making their own wooly lamb to take home.

Ardenwood opened their sheep shearing to the public in 2007 as an opportunity for the community to get in touch with common, world-wide farming practices, and see first-hand part of the process of raising sheep. As you watch the shearing and sheep dog demonstrations, you are taking part in an ancient and fascinating culture. Sheep were one of the first animals to be domesticated (by the year 8000 BCE) and wool clothing goes back 6,000 years.

Currently, there are about 6.2 million sheep in the United States. The U.S. produces over 200 million pounds of lamb and mutton each year, and exports around 14.6 million pounds of wool. That's enough to make over 7 million sweaters! Wool is used in

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Ducks flock to Fremont

PHOTOS BY CASSANDRA BROADWIN

The 20th annual "Ducks for Bucks Benefit Race" is a great opportunity for the Tri-City community to support local nonprofit agencies, service organizations, youth sports groups, and schools who are looking to raise big bucks for their many programs. The Kiwanis Club of Fremont organizes and runs the race as a service project to provide additional funding for over 20 local nonprofit groups. Last year's race netted over \$19,000.

Adopt a duck or a flock of ducks at www.ducks4bucks.org or forms are available from members of participating nonprofit groups or at: Chris's Jewelry and Timeless Treasures in Niles, the Niles Post Office, Irvington Pet Hospital, Dale Hardware, Available Self Storage on Post Street



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Heartburn May Be a Symptom of Serious Conditions

Seminar Explains
Complications of Untreated
Acid Reflux' or GERD

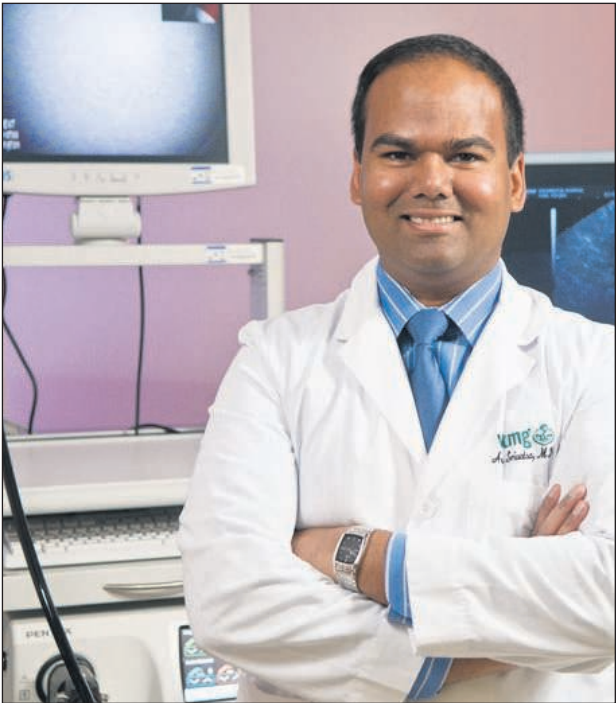
Most people experience the sensation of heartburn on occasion, especially if they've eaten a heavy, spicy meal just before bedtime. Occasional heartburn can often be treated with a simple antacid medication such as Tums or Maalox. Frequent heartburn, however, may be a symptom of a more serious condition called gastroesophageal reflux disease, also known as GERD or acid reflux.

Untreated GERD can lead to serious complications such as ulcers, scarring and strictures (narrowing) of the esophagus – the 'food pipe' that leads from the throat to the stomach; a pre-cancerous condition called "Barrett's esophagus," and esophageal cancer.

To promote greater awareness of GERD and its potential complications, Washington Hospital will conduct a free seminar on Tuesday, April 29 from 6:30 to 8:30 p.m. The seminar will feature presentations by Dr. Arun Srivatsa, a Washington Township Medical Foundation (WTMF) gastroenterologist on the medical staff at Washington Hospital, and Dr. Mary Maish, a thoracic surgeon also with



To promote greater awareness of acid reflux and its potential complications, Washington Hospital physicians Dr. Arun Srivatsa, right, gastroenterologist and Dr. Mary Maish, left, thoracic surgeon, will conduct a free seminar on Tuesday, April 29 from 6:30 to 8:30 p.m. The seminar will take place in the Conrad E. Anderson M.D. Auditorium, located at Washington West (2500 Mowry Avenue) in Fremont. Register online at www.whhs.com/event/class-registration.



WTMF on the medical staff at Washington Hospital. Both physicians have substantial experience and expertise in treating GERD, Barrett's esophagus and esophageal cancer. The seminar will be held in the Conrad E. Anderson, M.D Auditorium in the Washington West building at 2500 Mowry Avenue in Fremont.

Acid reflux happens when the contents of the stomach back up into the esophagus. The acid flows back up into the esophagus because the valve (also called a "sphincter") between the stomach and esophagus hasn't worked properly. In addition to heartburn and the flow of stomach contents up into the throat (regurgitation), symptoms of GERD may include nausea, sore throat and a hoarse voice.

"Some acid reflux is normal, and almost all people have it occasionally," says Dr. Srivatsa. "Reflux becomes a concern, however, when it is chronic and damages the esophagus. Anyone with consistent heartburn – even if it is controlled with medications – for over a year should see a gastroenterologist for an evaluation to see if testing for GERD or complications of GERD is indicated."

Nonsurgical Treatment Options for GERD

In many cases, uncomplicated GERD can be treated by making a few simple lifestyle changes.

"The single most important lifestyle change for people with GERD is to stop smoking if they are smokers," Dr. Srivatsa as-

serts. "Nicotine causes the valve between the esophagus and stomach to relax resulting in acid reflux. Alcohol consumption also can be a big contributing factor to GERD."

Changing your eating habits may be useful in treating GERD symptoms, according to Dr. Srivatsa.

"GERD can be worse after eating large meals, so smaller portions may reduce reflux," he explains. "Also, certain foods and beverages – such as fatty or spicy foods, chocolate, coffee, other caffeinated drinks and carbonated sodas – often promote reflux, so you should avoid them if you have GERD. Acid-containing foods including citrus fruits and juices also should be avoided."

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InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	04/22/14	04/23/14	04/24/14	04/25/14	04/26/14	04/27/14	04/28/14
12:00 PM 12:00 AM	Deep Venous Thrombosis	Living Well with Diabetes: Overcoming Challenges	Hip Pain in the Young and Middle-Aged Adult	Your Concerns InHealth: Sun Protection	Strengthen Your Back! Learn to Improve Your Back Fitness	Vitamins and Supplements - How Useful Are They?	Living Well with Diabetes: Overcoming Challenges
1:00 PM 1:00 AM	Minimally Invasive Treatment for Common Gynecologic Conditions	Voices InHealth: Healthy Pregnancy	Get Your Child's Plate in Shape	Women's Health Conference: Age Appropriate Screenings	Minimally Invasive Surgery for Lower Back Disorders	Your Concerns InHealth: Sun Protection	Washington Women's Center: Cancer Genetic Counseling
1:30 PM 1:30 AM	Women's Health Conference: Aging Gracefully						
2:00 PM 2:00 AM	Strengthen Your Back! Learn to Improve Your Back Fitness	Washington Township Health Care District Board Meeting April 9th, 2014	Living Well with Diabetes: Overcoming Challenges	Washington Township Health Care District Board Meeting March 12th, 2014	Don't Let Back Pain Sideline You	Living Well with Diabetes: Overcoming Challenges	Washington Township Health Care District Board Meeting April 9th, 2014
2:30 PM 2:30 AM							
3:00 PM 3:00 AM	Minimally Invasive Surgery for Lower Back Disorders	Voices InHealth: Radiation Safety	Varicose Veins and Chronic Venous Disease	Inside Washington Hospital: Stroke Response Team	Do You Suffer From Anxiety or Depression?	Diabetes Matters: Back to the Basic Keys for Success	Lunch and Learn: Healthy Holiday Cookies
3:30 PM 3:30 AM							
4:00 PM 4:00 AM	The Weight to Success	Raising Awareness About Stroke	Community Based Senior Supportive Services	Don't Let Hip Pain Run You Down	Turning 65? Get To Know Medicare	Kidney Transplants	Don't Let Hip Pain Run You Down
4:30 PM 4:30 AM	How to Maintain a Healthy Weight: Good Nutrition is Key						
5:00 PM 5:00 AM	Important Immunizations for Healthy Adults	Vitamins and Supplements - How Useful Are They?	Shingles	Diabetes Matters: Top Foods for Heart Health	Voices InHealth: Update on the Journey to Magnet Status	Voices InHealth: The Legacy Strength Training System	Your Concerns InHealth: Senior Scam Prevention
5:30 PM 5:30 AM							
6:00 PM 6:00 AM	Shingles	Don't Let Hip Pain Run You Down	Diabetes Matters: Diabetes Viewpoint	Living Well with Diabetes: Overcoming Challenges	Washington Township Health Care District Board Meeting April 9th, 2014	Washington Township Health Care District Board Meeting April 9th, 2014	Diabetes Matters: Strategies for Support
6:30 PM 6:30 AM							
7:00 PM 7:00 AM	Keeping Your Heart on the Right Beat	Voices InHealth: The Greatest Gift of All	Washington Township Health Care District Board Meeting April 9th, 2014	Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment & Percutaneous (Under the Skin) Treatment	Diabetes Matters: Partnering with your Doctor to Improve Control	Lunch and Learn: Yard to Table	Keeping Your Heart on the Right Beat
7:30 PM 7:30 AM							
8:00 PM 8:00 AM	Washington Township Health Care District Board Meeting April 9th, 2014	Influenza and Other Contagious Respiratory Conditions	GERD & Your Risk of Esophageal Cancer	Treatment Options for Knee Problems	The Weight to Success	Strengthen Your Back! Learn to Improve Your Back Fitness	Shingles
8:30 PM 8:30 AM							
9:00 PM 9:00 AM		Learn About Nutrition for a Healthy Life	Keeping Your Heart on the Right Beat	Voices InHealth: New Surgical Options for Breast Cancer Treatment	What You Should Know About Carbs and Food Labels	Minimally Invasive Surgery for Lower Back Disorders	Voices InHealth: The Greatest Gift of All
9:30 PM 9:30 AM							
10:00 PM 10:00 AM	Learn More About Kidney Disease	Kidney Transplants					
10:30 PM 10:30 AM							
11:00 PM 11:00 AM	Superbugs: Are We Winning the Germ War?				Keeping Your Heart on the Right Beat	Wound Care Update	Varicose Veins and Chronic Venous Disease
11:30 PM 11:30 AM							

Seminar to Highlight Advancements in Knee Surgery

New Surgical Techniques Improve Quality of Outcomes

According to the Centers for Disease Control and Prevention (CDC), knee replacement surgery is among the most commonly performed and clinically successful surgical procedures in the United States. In 2010, the last year for which figures are available, more than 719,000 total knee replacements were performed, along with a significantly growing number of partial knee replacements.

The most common reason for knee replacement surgery is osteoarthritis – caused by the breakdown of the cartilage that cushions the ends of the bones in the knee joint – which can produce debilitating pain and limit mobility. Knee pain caused by arthritis often can be relieved by non-surgical treatments such as medications, physical therapy and knee braces. For more severe pain, patients may get short-term relief from injections of cortisone or hyaluronic acids. When there is dramatic loss of cartilage, however, the patient may be a candidate for either partial or total knee replacement.

To help people in the community learn more about osteoarthritis and the latest advances in knee replacement surgery, Washington Hospital is sponsoring a free Health & Wellness seminar featuring co-medical director of the Institute for Joint Restoration and Research (IJRR) at Washington Hospital, Dr. Alexander Sah. The seminar is scheduled for Friday, May 2, from 2 to 4 p.m. in the Conrad E. Anderson, M.D. Auditorium in the Washington West Building at 2500 Mowry Avenue in Fremont.

ditorium in the Washington West Building at 2500 Mowry Avenue in Fremont.

At the seminar, Dr. Sah will discuss the treatments available for osteoarthritis in the knee, as well as the range of options now available for partial and total knee replacements. He also will explain new surgical techniques that are improving the quality of outcomes in knee replacement surgery.

“Partial replacement would be an option for patients with cartilage damage on only one part of the knee,” Dr. Sah explains. “It is a good option for younger patients whose arthritis has not spread throughout the knee or for elderly patients with other conditions that limit their ability to recover from total knee replacement.

Total knee replacement would generally be performed if the cartilage is badly damaged on both sides of the knee and under the kneecap, or on one side of the knee and under the kneecap.”

Dr. Sah recently returned from the national convention of the American Academy of Orthopedic Surgeons (AAOS) in New Orleans, where he presented the results of current research studies in joint replacement at the IJRR.

“One of the new developments in surgery is ‘knotless’ dissolving sutures that have tiny ‘nicks’ or ‘barbs’ of the same fabric as the suture,” he notes. “The nicks eliminate the need to tie knots in the suture to secure it in place. Because the nicks are located all along the entire suture, the tension is evenly distributed across the



To help people in the community learn more about osteoarthritis and the latest advances in knee replacement surgery, Washington Hospital is sponsoring a free Health & Wellness seminar featuring Dr. Alexander Sah, co-medical director of the Institute for Joint Restoration and Research (IJRR) at Washington Hospital. The seminar is scheduled for Friday, May 2 from 2 to 4 p.m. in the Conrad E. Anderson, M.D. Auditorium in the Washington West Building at 2500 Mowry Avenue in Fremont. Register online at www.whhs.com/event/class-registration.

length of the incision, rather than just at the ends, which allows us to start rehabilitation of the joint sooner.”

Another development is the use of a new local analgesic, Exparel, which can provide non-opioid pain relief following surgery.

“Exparel is similar to Novocaine, but it lasts longer – up to three days,” Dr. Sah says. “We can inject it around the surgical site for local pain control with no side effects and better post-operative pain control.”

A new, specialized surgical wound dressing also is improving the outcomes of knee replacement surgery by reducing the chances of post-surgical infections.

“This surgical dressing is more like a second skin,” he notes. “It is flexible and watertight, and it doesn’t need to be changed for a week. This makes infection less likely because you don’t change the dressing as often. All these little improvements in surgical techniques and post-operative care can make a big difference in the quality of surgical outcomes, with faster and better recoveries.”

Dr. Sah adds that one of the big topics of discussion at the conference in New Orleans was that of beginning to perform

joint replacement surgeries as outpatient procedures. “It is likely we will soon be doing some partial knee replacement surgeries as outpatient procedures at facilities such as the Washington Outpatient Surgery Center,” he says.

As a member of the Knee Committee for AAOS, Dr. Sah graded presentation abstracts submitted by other physicians to determine what topics would be presented at the national convention. He also moderated a session on infections in knee replacements.

“Being active in research and national organizations such as AAOS is definitely a benefit for the people in our community because we continually improve the quality of patient care through these experiences,” he says. “Plus, our local facility is making a difference in improving the quality of joint replacement surgeries throughout the country.”

Learn More at Upcoming Seminar

To register for this seminar on May 2, visit www.whhs.com/event/class-registration.

Free Class Gives Tools to Help Manage Diabetes Which Affects Millions of Americans

Learn the truth about insulin and how to most effectively manage diabetes

Diabetes affects a huge portion of our population. The latest statistics show 18 million Americans have been diagnosed with diabetes. Another 7 million have the disease but have not yet been diagnosed.

The U.S. Centers for Disease Control also estimates 35 percent of adults 20 or older, including 50 percent of people over 64, have pre-diabetes. This means another 79 million are at higher risk for developing type 2 diabetes.

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When people are first diagnosed with type 2 diabetes, some need regular insulin injections to help control their blood sugar. But, once they get their blood sugar levels into the normal range, they may be able to transition to an oral medication. Lifestyle changes, such as the right diet and regular exercise, can help. For some people, however, it may be necessary to continue taking insulin. To learn more about insulin and managing diabetes, attend the upcoming Diabetes Matters education class on Thursday, May 1 from 7 to 8 p.m. The free class will take place at the Conrad E. Anderson, M.D. Auditorium in the Washington West building (2500 Mowry Avenue) in Fremont. To learn more about the Washington Outpatient Diabetes Center, visit www.whhs.com/diabetes

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Health & Wellness

GERD and Your Risk for Esophageal Cancer

April is Esophageal Cancer awareness month. Untreated acid reflux or GERD can lead to serious problems including increased risk for esophageal cancer. Hear from two expert physicians on symptoms and treatments for GERD. Learn the risks for esophageal cancer and the latest surgical treatment options. Co-Sponsored by Washington Township Medical Foundation.

Tuesday, April 29, 2014
6:30 to 8:30 p.m.
Conrad E. Anderson, M.D. Auditorium, Rooms A & B
Washington West, 2500 Mowry Ave., Fremont
Free valet parking available.

Free Community Seminars

SPEAKERS

Mary Maish, M.D.
 Thoracic Surgeon
 Washington Hospital Medical Staff

Arun Srivatsa, M.D.
 Gastroenterologist
 Washington Hospital Medical Staff

To learn more about seminars offered by Washington Hospital:
 Visit www.whhs.com/event/class-registration or call (800) 963-7070

Seminars may be televised on InHealth, a Washington Hospital Channel (Comcast Channel 78) and online at www.inhealth.tv.

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What do these artists look like to you? When you picture them in your mind's eye, are any of them nonagenarians? If not, you may be surprised by some of the residents of the Masonic Home at Union City. Many of the Home's residents are more than 90 years old. And of these residents, most follow an active-living lifestyle.

Why? The short answer is that it works.

According to the National Institute on Aging, regular physical and mental stimulation produces long-term health benefits and can even improve the health of those with some diseases and disabilities.

Mary Schwartz, 105, inspires fellow residents with her devotion to active living. Schwartz stays strong by working in the Masonic Home's onsite organic garden, and keeps mentally fit by challenging herself to learn

contemporary technology — two years ago, she was the first resident to learn how to Skype with family and friends.

Staying active doesn't need to feel like work, explains Active Living Manager Penny Vittoria. "At the Masonic Home, our culture promotes vitality and engagement. Residents learn and grow by discovering new interests, hobbies, and talents." And, she adds, "People who live here like to have fun."

Just ask Betty Ehly, 100, who took up belly dancing two years ago and now performs regularly at campus events. "It's a lot of fun," she says. And, "It is good exercise. You feel it from the neck down to your toes."

Or Fran Bryan, 97, who leads friendly games of bridge. "The point is not to make great bridge players out of anyone," Bryan says. "It's to keep them using their minds. We really work on that here."

While heredity was long thought to be the main predictor of longevity, research shows that individual lifestyle choices ultimately determine our ability to age successfully. That's a great reason to get active today! ♦

Founded more than 100 years ago in Union City by the Masons of California, the Masonic Homes of California provides care and services to thousands of seniors, families, and youth throughout the state with a professional staff of more than 350 employees.



Fran Bryan's (third from the right) professional bridge skills delight fellow residents.



Betty Ehly, 100, debuted a belly dancing performance at the Union City talent show (left). Mary Schwartz celebrated her 105th birthday last September (right).



MASONIC HOME PROVIDES GARDEN AREA TO SUPPORT LOCAL FOOD BANK

The Masonic Home at Union City has dedicated more than an acre of land for growing fresh fruits and vegetables that will benefit Fremont's Tri-City Volunteers Food Bank.

The fresh produce will help low-income families, homeless people, and single seniors facing hunger meet some of their most important and expensive nutritional needs. In addition to providing the plot of land, the Masonic Home will also provide seeds, tools, compost, irrigation, and a full-time gardener for the project.

"This dedicated garden area represents our continuing commitment to the Tri-City communities and furthers our mission to promote the quality of life and empower our members, their families, and our communities to live well," says Gary Charland, Executive Vice President, Masonic Homes of California.

"This is a one-of-a-kind undertaking for which we are immensely grateful," says Melissa Ponchard, Executive Director at Tri-City Volunteers. "Over the years, Masonic Homes has contributed enormously to Tri-City Volunteers. Residents make weekly donations to our thrift store to help us cover the cost of operating our food bank."

All produce grown will solely benefit the Tri-City Food Bank. The partnership created by the Masonic Home offers a pathway for community members to come together and support local low-income families. Tri-City Volunteers' largest program, the Food Cart, feeds more than 6,000 families a month. The program emphasizes healthy eating, providing close to 2.5 million pounds of fresh produce every year to low-income families. If you are interested in participating or learning more, please contact Rachel Lendzion at Tri-City Volunteers: rlendzion@tri-cityvolunteers.org; 510-793-4583, Ext: 115. ♦



Masonic Homes residents and volunteers tend to the garden.

MASONIC HOME RECEIVES NATIONAL DISTINCTION

Residents and staff of the Masonic Home at Union City are celebrating the receipt of national recognition for excellence in service and care: Its skilled nursing facility recently achieved a five-star rating from Nursing Home Compare. This prestigious distinction is awarded to only 10% of nursing homes throughout the country. It recognizes excellence in quality of service within three core areas: health inspections, staffing, and nine categories of physical and clinical quality measures.

Gary Charland, executive vice president of the Masonic Homes of California, says, "Our ability to surpass these rigorous standards is thanks to the hard work and dedication of our staff in skilled nursing and throughout the Masonic Home at Union City. Through our combined efforts, we have made our community a place that is truly deserving of the highest praise."

The 116-year-old Masonic Home is a senior living community of approximately 300 residents. Resident care is based on Masonic values and strives to provide the best quality of life possible for residents at each stage of life. In addition to the skilled nursing facility, the campus includes independent and assisted living apartments and an Alzheimer's/dementia care unit. The 267-acre campus has a variety of recreational facilities including, health and wellness centers, walking trails, and indoor and outdoor activity areas. ♦

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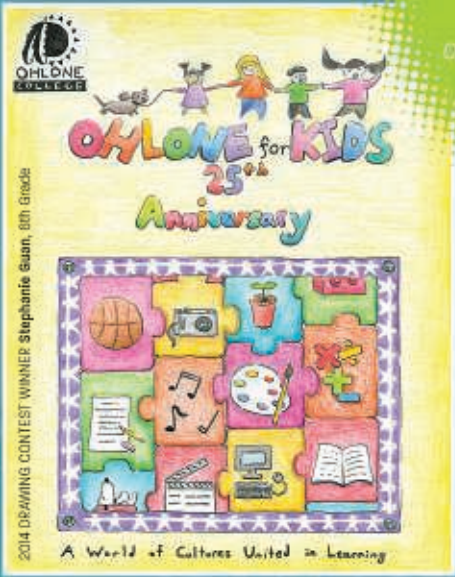
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continued from page 2

Heartburn May Be a Symptom of Serious Conditions

Some other lifestyle changes that may reduce GERD symptoms include:

- Staying upright after eating, because gravity helps move food and acids down the digestive tract.
- Losing excess weight since it puts pressure on the abdomen and causes stomach acid to back up.
- Waiting at least two hours after a meal before exercising, since exertion may trigger heartburn.

In addition to lifestyle changes, various medications may help control GERD, including antacids, histamine blockers such as Zantac or Pepcid, and proton pump inhibitors such as Nexium or Prilosec.

"You should consult your physician as to which medications might work best for you," Dr. Srivatsa cautions. "It's also important to note that certain medications also may contribute to GERD, including nonsteroidal anti-inflammatory drugs such as ibuprofen and naproxen, and osteoporosis medications like Fosamax."

Surgical Treatments for GERD

Lifestyle changes and medications can treat the symptoms of GERD, but they don't change the function of a loose valve (sphincter) between the esophagus and the stomach. When a loose valve is diagnosed, usually with an endoscopy exam, surgery may be the best treatment option.

"In some cases, we can do an endoscopic procedure called trans-oral incisionless fundoplication – or TIF – to strengthen the valve between the esophagus and the stomach," says Dr. Maish. "We insert a small camera, called an endoscope, and a surgical device through the patient's mouth and guide it to the junction of the stomach and esophagus. Then we insert sutures in the stomach and esophagus to restructure and strengthen the valve. The procedure doesn't require any incisions in the abdomen."

"Fundoplication to restructure and strengthen the valve also can be done as a minimally invasive laparoscopic procedure that involves very small incisions," she adds.

A newer minimally invasive surgical procedure to correct faulty antireflux valve function involves inserting a "magnetic bracelet" over the end of the esophagus at the location of the valve.

"The magnetic bracelet, known as the LINX device, wraps around the base of the esophagus to prevent food, acid or bile from going from the stomach back up into the esophagus," Dr. Maish explains. "The bracelet is a one-way valve that is flexible enough to let food go down, but not back up."

Dr. Maish is currently the only physician in the Bay Area currently performing the LINX magnetic bracelet procedure.

"It's important to note that GERD is sometimes hard to distinguish from another condition called hiatal hernia," Dr. Maish cautions. "With a hiatal hernia, part of the stomach slips up into the chest, causing intermittent heartburn symptoms. A hiatal hernia is usually diagnosed by doing an X-ray after having the patient swallow a barium solution that shows up on X-rays, or by performing an endoscopy. Minimally invasive surgery can be performed laparoscopically to correct a hiatal hernia by anchoring the stomach back down in the abdomen."

Seminar Explains Complications of Untreated Acid Reflux' or GERD

Serious Complications of GERD

Dr. Srivatsa notes that the three "danger sign" symptoms of serious GERD complications include:

- difficulty swallowing
- unexplained weight loss
- blood in vomit or stools

"Anyone with these symptoms absolutely needs to see a gastroenterology specialist right away," he emphasizes.

Among the serious complications of GERD are scarring and strictures (narrowing) of the esophagus.

"Strictures and scarring make it difficult to eat and swallow," says Dr. Maish. "Treating those complications may require surgery, sometimes as drastic as removing the esophagus and replacing it with other body tissues."

Dr. Maish notes that another serious GERD complication, Barrett's esophagus, affects approximately 3.3 million Americans, with a 2 percent risk per year of developing esophageal cancer.

"In Barrett's esophagus, the lining of the esophagus changes from normal cells to cells that resemble colon cells in an attempt to compensate for the acid," she explains. "These cells continue to differentiate and change, becoming precancerous, and perhaps becoming cancerous. An effective treatment for Barrett's – radiofrequency ablation – has been routinely available only for about the past five years."

With radiofrequency ablation for Barrett's esophagus, endoscopy is used to identify areas in the esophagus that need to be treated. Then a catheter is inserted into the area and inflated to allow transmission of radiofrequency waves that destroy the abnormal cells.

For patients with Barrett's esophagus that may have progressed to cancer, another advanced tool called endoscopic ultrasound (EUS) may be used to evaluate any suspected tumors.

"EUS combines endoscopy and ultrasound to obtain very detailed images and provide information about the spread of cancer," says Dr. Srivatsa. "With EUS we can biopsy and remove the suspicious area without having to make any incisions. It's a less invasive method of performing such procedures."

Esophageal cancer is not very common, with approximately only 16,000 cases diagnosed each year, according to Dr. Maish. Treatment for esophageal cancer involves "tri-modality therapy" that includes surgery – which may include removing the esophagus in advanced cases – as well as chemotherapy and radiation.

"Unfortunately, esophageal cancer is being diagnosed with rapidly increasing frequency," she says. "That's one reason why it's important to diagnose and treat GERD early, to reduce the risk of developing esophageal cancer later on."

To register for the seminar on April 29 or to learn more about seminars offered by Washington Hospital, visit whhs.com/event/class-registration. To find a physician close to you, visit www.whhs.com or the Washington Township Medical Foundation Web site at www.mywtmf.com.

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Family Day at the park!

SUBMITTED BY CMDR. MICHAEL CARROLL, NEWARK PD

Police Officers, RAVEN volunteers, and Police Explorers helped out with the City of Newark "Family Day at the Park" event recently held at Community Center Park. This was a great event for both the children and your officers.

Officer Neithercutt spearheaded and did an outstanding job with the bike rodeo. This bicycle safety event focused on the importance of wearing a helmet when riding a bike. Officer Neithercutt handed out nearly fifty new bike helmets (many donated by members of the community over the last several months) and hundreds of stickers. A good time was had by all!

If you would like to donate a bicycle helmet for future events contact Officer Neithercutt via email at jeff.neithercutt@newark.org

Milpitas PD taking back unwanted prescription drugs

SUBMITTED BY
SGT. JOHN TORREZ, MILPITAS PD

On April 26, 2014, from 10 a.m. to 2 p.m., the Milpitas Police Department and the Drug Enforcement Administration (DEA) will give the public its eighth opportunity in three years to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused, and unwanted prescription drugs.

Bring your medications for disposal to the Milpitas Police Department at 1275 N. Milpitas Bl. in Milpitas. The Milpitas Police Department cannot accept liquids or needles or sharps, only pills or patches. The service is free and anonymous, no questions asked.

Citizen Police Academy Graduates are Invited Re-connect

SUBMITTED BY NEWARK PD

Attention Newark Citizen Police Academy Alumni, Classes 2000-2013

The Newark Police Department invites our Citizen Police Academy graduates to a Re-connect event, May 21, 2014 at 6:00 p.m. Speakers, information tables, music, and food will fill the evening.

Please R.S.V.P. by email to Beverly Ryans at Beverly.ryans@newark.org, or contact her by phone at (510) 578-4352. It is that simple. We will contact you soon regarding the event location. We hope to see there.

The CPA Re-connect is for Newark Police CPA graduates and is not open to the public. The event is by invitation only. So please RSVP as we want to re-connect!

CodeRED Emergency Notification System

SUBMITTED BY HAYWARD
EMERGENCY SERVICES OFFICE

The City of Hayward Fire Department has contracted with Emergency Communications Network to license its CodeRED high-speed notification solution. The CodeRED system provides public safety officials the ability to quickly deliver messages to targeted areas or the entire city.

Garrett Contreras, Fire Chief of the Hayward Fire Department, cautioned that such systems are only as good as the telephone number database supporting them. "If your phone number is

not in the database, you will not be called." One of the reasons the CodeRED system was selected is it gives individuals and businesses the ability to add their own phone numbers directly into the system's database; this is an extremely important feature.

"Nobody should automatically assume his or her phone number is included," Contreras said, urging all individuals and businesses to log onto the City of Hayward (COH) website, www.hayward-ca.gov, and follow the link to the "CodeRED Community Notification Enrollment" icon prominently displayed on the main page.

All businesses, as well as all individuals who have unlisted phone numbers, those who have changed their phone number or address within the past year, and those who use a cellular phone or VoIP phone as their primary number are encouraged to register.

Registering is quick and easy requiring only first and last name, street address (physical address, no P.O. boxes), city, state, zip code, and primary and cell phone numbers. Those without Internet access may call the disaster preparedness hotline at (510) 583-4948 and supply their information over the phone.

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Friday, April 11

At approximately 7:45 a.m., FTO Sasser and Officer Ramsey attempted to arrest a 24 year old adult male, Fremont resident who had an active warrant for burglary amongst other things. When officers arrive, he fled on foot near Brophy/Fenton and officers set up a perimeter. With the assistance of a Milpitas K9 and an East Bay Regional Parks helicopter, a yard to yard search was completed. Just before 11:30 a.m. officers broke down the perimeter. At approximately, 1:25 p.m. a retired Fremont PD Officer who was in the area spotted the suspect near Brophy/Blacow. The retired officer was aware of the wanted suspect and alerted FPD. The retired officer tackled the suspect and assisted taking him into custody. The retired officer ironically had also been the suspect's School Resource Officer a few years prior. The retiree suffered a minor injury which was treated at the scene and the suspect sustained an injury that was treated at a local hospital. Many thanks to all who assisted, especially the retired FPD Officer.

Officer Singleton investigated a commercial burglary from the Lucky's grocery store on the 5000 block of Mowry Ave. Four suspects entered the store and stole several containers of baby formula. The suspects fled in a 1993 grey Ford Taurus, bearing license plate 3HFN261. Detective Franchi is continuing follow up with the case.

Officers were originally dispatched to a man-down call at the dead end of Gallegos. The reporting party stated that he saw a juvenile female that appeared to be unconscious with two teenage males standing near her. Officers searched the area without success. A short time later, dispatch received a 911 call from a female who said her friend was intoxicated and passed out and they were somewhere in the open space behind Luzon Dr. Officers began searching the area and ultimately located the females in the area. The intoxicated female was transported to the hospital and was very thankful to be found. Officer Hartman did a great job locating them. Sgt. Delema coordinated the search.

Sgt. Bocage conducted a traffic stop on a speeding vehicle at Thornton and Moraine. During the detention Sgt. Bocage observed a semi-auto handgun on the rear

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Union City Police Log

SUBMITTED BY UNION CITY PD

Thursday, April 10

At 9:42 p.m., a victim was seated at the Snowflake Tea House on Decoto Road. Three suspects (two male and one female) grabbed the victim's wallet and cellular telephone off of her table and ran towards the BART station. The victim attempted to follow the suspects as they fled towards the BART station. One of the males brandished a black firearm at the victim to deter her from following them. The Investigations Division is conducting follow up on the case.

Friday, April 11

A female victim was driving on Union City Boulevard near Smith Street at 2:35 p.m. The victim had stopped at red light when a white two-door Honda pulled up next to her. The male driver smiled as he exposed his genitalia at the victim. The suspect vehicle was last seen turning on Smith Street. The victim described the suspect as being a tall, white male with a thin build and brown hair. The victim described the suspect's vehicle as being a 1990's style, white, two-door Honda with a partial license plate of "3E000".

Officer Mangan noticed a motorcycle traveling on Industrial Parkway at 8:44 p.m. Officer Mangan checked the license plate number of the motorcycle and learned the vehicle was reported stolen out of Oakland. Officer Mangan contacted and arrested Antonio Alvarez (Hayward resident) for being in possession of the stolen motorcycle.

Sunday, April 13

At 11:20 p.m., Sergeant Derting attempted to contact a male that stopped a vehicle in the middle of 14th Street. The driver fled from the vehicle and ran into a local residence as Sergeant Derting arrived. The homeowner was in the backyard of his residence when the suspect ran into his house. The homeowner gave responding Officers his consent to search his residence in an attempt

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California Supreme Court Cases

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continued from page 3

Free Class Gives Tools to Help Manage Diabetes Which Affects Millions of Americans

Learn the truth about insulin and how to most effectively manage diabetes

As a staff nurse II providing direct patient care in Washington Hospital’s Medical-Surgical unit, Andrea Waters, R.N., sees the effects of diabetes on many of her patients. Waters grew up in Fremont and has been a nurse at Washington Hospital for nine years.

“I see a lot of people with complications from diabetes,” she said. “These problems are often the result of having uncontrolled blood sugars over a long period of time. This can cause damage to different areas of the body, such as the heart, eyes or kidneys.”

The good news is, with the right education and support, most people can keep blood sugar levels under control and manage their diabetes.

Free diabetes class

On Thursday, May 1 at 7 p.m., Waters will lead a class on diabetes that is free and open to the public. It’s part of a monthly series of education classes called Diabetes Matters, which is sponsored by Washington Hospital’s Outpatient Diabetes Center.

Called “Insulin: Everything You Want to Know but Are Afraid to Ask,” the class will be held in the Conrad E. Anderson, M.D. Auditorium in the Washington West building next to Washington Hospital at 2500 Mowry Ave. in Fremont. For more information, call (510) 745-6556. To make an online reservation on the class, go to www.whhs.com/event/class-registration.

The session will focus on the essential hormone insulin. Most people with type 2 diabetes or pre-diabetes have a condition called insulin resistance.

The importance of insulin

“Our bodies need insulin,” relates Waters. “When we eat and digest food, it breaks down the carbohydrates into glucose or sugar, which is our body’s main energy source. Normally, our pancreas releases insulin into the bloodstream, and the insulin tells the cells in our body to allow the glucose in.”

For people who have diabetes, there is some type of malfunction with the insulin, Waters added. Either their body doesn’t give off enough insulin, as with type 1 diabetes, or the cells are less responsive to the insulin, which is the case with type 2 diabetes.

“During the class, we’re going to dispel some of the myths about insulin, such as the misconception that once someone with diabetes starts taking insulin, they will have to be on it forever,” Waters stated.

She explained that, when people are first diagnosed with dia-

betes, some need regular insulin injections to help control their blood sugar. But, once they get their blood sugar levels into the normal range, they may be able to transition to an oral medication. Lifestyle changes, such as the right diet and regular exercise, can help. For some people, however, it may be necessary to continue taking insulin.

“I want to make sure people realize that, even if they have to take insulin, diabetes can be a very manageable disease,” Waters emphasized. “At this class and others that are part of the Diabetes Matters series, we give people the tools to take control of their diabetes.”

Helping others with diabetes

If you are a family member or friend of someone with diabetes, you are also welcome to attend this and other Diabetes Matters classes. For one thing, Waters pointed out, it will help you recognize signs that may occur if your loved one suffers from low blood sugar, which can be a lethal condition.

Low blood sugar, also called hypoglycemia, can occur if the person with diabetes takes too much insulin relative to the level of glucose in their blood stream. This can cause the blood sugar level to drop too far.

“Symptoms of hypoglycemia are shakiness, sweatiness, clamminess, fatigue, weakness, headache, nausea and irritability,” Waters advised. “If someone with diabetes has these symptoms, they should check their blood glucose level right away.”

According to the American Diabetes Association, if someone with diabetes has hypoglycemic symptoms and a glucose tests shows a blood sugar level of less than 70 milligram per deciliter, or if the person is unable to check their glucose, they should consume 15 to 20 grams of glucose or simple carbohydrates.

Learn more

To learn more about the Diabetes Matters classes at Washington Hospital, visit www.whhs.com/diabetes/Diabetes+Matters. For more information about the Washington Outpatient Diabetes Center, including links to additional diabetes resources, go to www.whhs.com/diabetes.

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Presented by **Gary Singh, Technician**



FUELING SPECULATION

If a vehicle will not start, is it correct to automatically assume that the fuel pump needs to be replaced? To begin with, low voltage or a poor ground can cause low pressure and flow. A check of the battery can confirm that there is sufficient voltage on hand to drive the fuel pump. On the other hand, there may be good voltage at the pump, but a corroded or broken ground connection is causing a broken circuit that is leading the fuel pump to work inefficiently or not at all. It may also be the case that the powertrain control module (PCM) may be faulty, in which case it would be sending incorrect information to the fuel pump.

If your car hasn't been starting up, you need to find a technician you can trust to make the right diagnosis. At **BAY STAR AUTO CARE**, our ASC-certified technicians will never replace a fuel pump that doesn't need it. We use state-of-the-art technology and years of experience to find the real cause of the problem and fix it right the first time that you bring it in. In addition, we can provide the regular care that will prevent this sort of problem in the first place. Call today for an appointment. And remember, we do smog inspections!

HINT: Vehicles that are hard to start, lack power, or stall frequently should have their fuel pumps (and related components) checked.

Gary Singh is the owner of Bay Star Auto Care at 1275 Atlantic St. near Western Ave., here in Union City. Phone: 489-3331

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Counseling Corner

Interviewing Tips for “Older” Job Seekers

BY ANNE CHAN, PhD, MFT

Going for an interview, in and of itself, is a scary proposition, no matter what age you are. But age can be an additional source of stress if you are looking for work and are an “older” candidate. I deliberately use quotation marks around the word “older” because it is such a subjective term. Some late 40-year-olds feel old while others in this age group might feel at the prime of their life.

As a career counselor, I have noticed that “older” job-seekers tend to report the following concerns:

- Discomfort being interviewed by people decades younger than them
- Fear that their skills are outdated
- Concern about not fitting into youthful work cultures
- Worries about being judged by their age.

I will tackle each of these concerns in this article as well as provide strategies for handling tricky interview situations that may come up.

First and foremost, take pride in who you are as well as your life and work experiences, wisdom, and smarts that you’ve accrued because of your age. Age is an asset that younger candidates simply don’t have. Remember that inexperienced candidates can cost employers a lot of money in terms of training and mistakes made. List the things you have learned that you can bring to your employer. Commit these to memory and take pride in your assets. Be confident in who you are and what you bring to the job, including the extras that you have accumulated through life experience.

You might also want to mention that you are looking to work for the long-term and are not looking to job-hop. This is a concern that employers have of younger candidates so be sure to remind the employer that you are loyal and are looking to work at the same company for many years.

It is illegal for an employer to inquire about a candidate’s age and to discriminate based on age. This means that they cannot ask you any questions (even casual ones) that are designed to ferret out your age, such as “How old were you when you went to college?” or “How old are your kids?” Of course, not all employers are aware of employment laws so it is best to be prepared with a graceful response to questions about age. There is no one perfect answer to all such questions. Your options include answering with a straight answer (“I was born in 1950”), deflecting the question with a humorous response (“I like to keep a bit of mystery about me, if you don’t mind”), or turning the question back to the interviewer (“Would you be kind enough to tell me what you have in mind when you ask that question?”). Whatever option you choose, be sure to give the interviewer a response that reassures the interviewer that you are more than capable

of handling the work and that you are a great (or even perfect) candidate for the job. If you have an intuition about the employer’s concerns, be sure to address these proactively. For instance, if you sense that the employer is concerned about your health, you can add during the interview that you take great care of your health and take pride in watching your diet and working out regularly.

It is nerve-wracking to be interviewed by someone who could be your child’s age or even your grandchild’s age. My advice in this regard would be to treat any interviewer, regardless of age, the same way – i.e. with respect, enthusiasm, openness, and interest. If it’s been a while since you interacted with a twenty-some year old, then be sure to get in some practice with that age group before going for an interview. Get honest feedback on your tone and the content of your words – you don’t want to be appear to be a lecturing sort, a know-it-all, or someone who is hard to manage.

If your skills are outdated, now is the time to update them, whether it’s through taking a class, reading current periodicals, or attending conferences. Remember that doing all the above can also serve as important avenues for networking and/or job searching. In addition, doing extra to keep current can also be valuable additions to your resume.

Another legitimate concern for “older” candidates is feeling like a fish out of water in today’s youth-oriented, tech-heavy work world. This is a legitimate concern that is worth giving a few moments thought: if you feel like the culture of the organization you are applying for is in line with you, then be sure to mention this to the interviewer and demonstrate it with a few concrete examples. On the other hand, if you are concerned that the organization is likely to demand certain things that you are hesitant about (such as working long hours and weekends), then you might want to reconsider applying to such organizations. There are plenty of different organizations with radically different work environments – some are more friendly to families and work-life balance; others are not. Choose and apply to the ones that are a good fit for you. Be honest about what you can handle and what would be too much of a stretch for you to tolerate.

If you can set aside your insecurities, concerns, and worries about your age, you can perform brilliantly at interviews. Remember this last tip before you go for any interview – employers generally are looking for candidates who fulfill the job requirements, work well with the team, and will stay for a long time. Show them that you ARE that candidate!

Anne Chan is a career counselor and licensed psychotherapist in Union City. She specializes in helping people find happiness in their careers, lives, and relationships. Her website is www.annechanconsulting.com

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DANCERS EXPLORE HUMANITY, TECHNOLOGY AND “DIS-CONNECTED” INTERACTIONS

SUBMITTED BY OHLONE COLLEGE

How often do you find yourself seated in a public place, surrounded by people, while you stare at a miniature screen, or walking around plugged into ear buds, oblivious to those around you, or seated next to someone you love, while each of you is communing, in tandem, with your digital device? Is this the state of modern human interaction?

Dis-Connected, the Spring Dance Production at Ohlone College, is an artistic commentary on the new form of social interaction where human connectivity is filtered through a screen. In four suites, dancers enact the various aspects of life that change with rapid upgrades in technology as we learn how to cope and adapt to the sudden changes.

“Technology has created a whole new world, connections and conveniences beyond our wildest dreams. Alternately, it can also create social solitude,” said Janel Tomblin-Brown, artistic director. “This lead me to four categories—suites—that are topical to the questions raised by technology’s place in our world today.”

The four suites deal with various themes, such as “equipment failure,” in the form of the ubiquitous, tangled ear buds, which inspires creative, freeform movement as dancers attempt to untangle themselves, each other, and perhaps their lives as well. Another theme embodies the solitude created by technology as groups of people isolate themselves from each other as they engage in solemn, silent interactions with their electronic device of choice.

Aspects of danger are examined as people, absorbed in their own world on a screen, disregard

their environment as violence erupts in their midst. And, the strange, over-dramatized world derived from text-based communication absent of contextual clues is explored as we see how easily miscommunication occurs when we let our screens do the talking for us.

Dis-Connected showcases the work of talented students, who in addition to performing, have often contributed choreography or other design elements to the production. Production design is at the highest level with costumes, set design, lighting, sound from the faculty and production staff of the award-winning department at the College.

Thematically, the production is topical and relevant, and each of us will recognize ourselves or someone we know in the dis-connectedness of human interaction portrayed onstage. A variety of dance styles from hip hop to modern are used in each of the suites and serve as an overlay to say that, through the creative expression and artistry of the human form, we still remain connected despite advances in technology.

Dis-Connected
Thursday, Apr 24 – Saturday, Apr 26
8 p.m.
Smith Center at Ohlone College
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www.smithcenter.com

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Spreading the love of reading



Tennysen High School senior Navpreet Khaira will be distributing books at her school for the second year.

By JULIE GRABOWSKI
PHOTOS COURTESY OF SALLY THOMAS

Book lovers are most often envisioned as quiet, solitary souls, tucked into the corner of a couch with a paperback and hot beverage at hand; crouched in a bookstore aisle with an engaging new find, or emerging from the library with a stack of titles from their to-read list. But readers will break that fictional mold, hitting the streets in full force across the country on April 23 to proclaim their love of books and share the joys and value of written words in celebration of World Book Night (WBN).

A book is a transformative thing. We connect and grow through shared stories, expanding our hearts and minds in the adventures, triumphs, and struggles of others. Books delight and educate. They influence our dreams and shape our ambitions, fostering a compassion and wonder for the lives being lived all around us. However, many are missing out, due to lack of interest, access, or resources.

Born from a discussion at London's Book Industry Conference in May 2010 on ways to encourage more adults to read, World Book Night puts the power of books in reader's hands with an opportunity to share free books with occasional or non-readers in their communities.

Thirty to 35 books are selected each year by an independent panel of librarians and booksellers, with titles ranging from classics to contemporary and fiction to nonfiction for both adult and young adult readers. Authors waive their royalties and publishers pay the cost to produce special paperback WBN editions. Members of the public can apply to be a book giver and request a book of their choice. After acceptance, givers pick up 20 copies of their book from a local library or bookstore host location, to hand out April 23.

April 23 was chosen for its literary associations, as the date is the United Nations Educational, Scientific and Cultural Organization (UNESCO) International Day of the Book (also known as World Book and Copyright Day, or World Book Day), the birthday of William Shakespeare, and also marks the deaths of Miguel de Cervantes and Shakespeare in 1616. World Book Night was first held in the United Kingdom and Ireland in 2011, and expanded to Germany and the United States in 2012. This year, 25,000 volunteers will give away half a million books across the nation, with over one hundred givers at work in Fremont, Newark, Milpitas, Union City, and Hayward communities.

Hayward Public Library has been organizing volunteers since World Book Night crossed the pond.

In their third year they are embarking on their largest event thus far, distributing 800 books to Hayward community members. "Every year we learn by expanding and growing," said Hayward librarian and WBN organizer Sally Thomas. "We're gonna keep on doing it until we max out what we can do."

Students from Cal State East Bay, high school students from Hayward Youth Commission, and 25 to 30 adult volunteers will be giving out copies of "Wild: From Lost to Found on the Pacific Coast Trail" by Cheryl Strayed, "When I was Puerto Rican" by Esmeralda Santiago, and "Hoot" by Carl Hiaasen. They will be stationed in Downtown Hayward, at several elementary and high school sites, three Eden Housing low-income family dwellings, Southland Mall, Eden Church Food Pantry, the Alameda County Social Services building, and South Hayward BART.

At a special reception for givers on Tuesday, April 15 at Hayward's Book Shop, Hayward Unified Superintendent and CEO Stan Dobbs expressed his pleasure at being a part of WBN and stressed that his job goes beyond educating students. "My mission is to educate community," he said. "And literacy is the best gift you can give a community."

For those unable to participate on April 23, another opportunity will be available through the Hayward Public Library at a follow-up book-giving event on Saturday, May 3. Any leftover WBN books will be handed out as well as a variety of other free books for children, teens, and adults. The library is also linking World Book Night to a "Book-to-Action" civic engagement activity at the Hayward Regional Shoreline on Sunday, May 18.

Author Christopher Morley sums it up in the "The Haunted Bookshop": "Books are the immortality of the race, the father and mother of most that is worthwhile cherishing in our hearts. To spread good books about, to sow them on fertile minds, to propagate understanding and a carefulness of life and beauty, isn't that high enough mission for a man?"

To learn more about World Book Night, visit <http://www.us.worldbooknight.org/>. For Hayward Public Library involvement, contact sally.thomas@hayward-ca.gov or call (510) 881-7700.

City of Milpitas prevails on lawsuit

SUBMITTED BY SUSAN BARRETT

In a decision from the Superior Court of Santa Clara County, the Honorable William J. Elfving, Judge Presiding, ruled in favor of the City of Milpitas in a contentious lawsuit filed by Wylie, McBride, Platten & Renner on behalf of Firefighters Local 1699 seeking firefighter back pay and an order forcing the City to cease deducting payments from firefighters for retirement benefits.

In 2011, the City of Milpitas and Firefighters Local 1699 agreed that the City could deduct seven (7) percent from firefighter wages in order to partially pay for firefighter retirement benefits. The concession was necessary in order for the City to offset revenue shortfalls resulting from the

Great Recession beginning in 2009. The seven percent has been deducted, as agreed, from that time until the present. Almost throughout, the parties have been in negotiations over a successor to the Memorandum of Understanding (MOU) between the Union and the City governing the employment of firefighters with the City of Milpitas.

Firefighters Local 1699 filed suit on June 19, 2013, claiming the seven percent deduction should have ceased in June of 2012, and that the firefighters should be reimbursed for deductions made after that date until the present time. The City contended that the seven percent deduction, along with all other general provisions of the Memorandum of Understanding, by

law must be retained so long as the parties were still negotiating a new contract.

The Court agreed with the City, holding that "[T]he court concludes that the seven percent cost-sharing contribution continues during negotiations for a successor MOU." In doing so the Court denied Local 1699's request for a Writ of Mandate.

City Manager Tom Williams announced: "The City is very pleased by the Court's decision. It serves to validate our actions taken to address a very serious budget issue faced by the City at that time. As we move forward, we hope to achieve accord with the union on these and other terms of a new MOU that is fair and beneficial to all interested parties."



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BUSINESS

More Latino than white students admitted to UC

By LISA LEFF
ASSOCIATED PRESS

SAN FRANCISCO (AP), – More Latino than white students in California have been offered admission to the state’s premier public universities for the first time, officials said Friday, a milestone that reflects the diverse racial makeup of a state where Latino children represent a majority of students in public schools.

Preliminary admissions data show that 17,589 Latino students have been accepted as freshmen at one of the University of California’s nine undergraduate campuses for the fall, or 29 percent of all 61,120 in-state applicants who were offered a spot. That compares to 16,378 white residents, who made up 27 percent of the admitted applicants.

Asian Americans remained the largest single ethnic group represented in the accepted freshman class, making up 36 percent of all Californians admitted. Black students received 4 percent of the admission offers.

Campaign for College Opportunity Community Affairs Director Audrey Dow called the growing share of Latino students qualifying for a UC education “a positive trend.”

“It is really encouraging and emphasizes that Latinos want to go to college,” Dow said. “Latino families, Latino students understand the value of an education and are doing what they need to do to be competitive and eligible for the most rigorous system in the state.”

University officials said that competition to get into a UC school remained stiff, a situation they tried to address by making room for more students. A record 86,865 students from California, out-of-state and abroad were accepted, or 58 percent of all 148,688 applicants. By comparison, the system had a 68 percent acceptance rate for Fall 2011. The new numbers are a sign of how much harder winning a spot has become.

Of the ones who got lucky in the admissions lottery this year, 25,745, or 30 percent of the accepted freshmen, are from out-of-state or are international students. The percentage of UC students who are not state residents has risen steadily in recent years as officials have tried to offset cuts in state funding with the higher tuition nonresidents pay.

Every campus except the two most prestigious – Berkeley and UCLA, which admitted fewer students than last year – accepted more international or out-of-state students for the fall.

So while the number of students admitted system-wide for the fall rose overall by 4,015 over last year, 2,984 of those offers went to non-Californians.

“I know there have been some concerns that campuses have increased the number of out-of-state and international students (and) are somehow displacing California students,” said Stephen Handel, UC’s associate vice president for undergraduate admissions. “And that’s not true. We admit as many California applicants as we receive funding for from the state.”

Even though the system has stepped up recruitment of students from outside the state, 61,120 Californians – 1,031 more than last year – still gained admission to a UC school. Most of the growth, however, was limited to just the three campuses that accepted more applicants overall: San Diego, Riverside and Santa Cruz.

California farmers to get more water

By SCOTT SMITH
ASSOCIATED PRESS

FRESNO, Calif. (AP), Drought-stricken California farmers and cities are set to get more water as state and federal officials ease cutbacks due to recent rain and snow, officials announced on Friday.

The Department of Water Resources said it is increasing water allotments from the State Water Project from zero to 5 percent of what water districts have requested. The State Water Project supplies water to 29 public agencies serving more than 25 million Californians and irrigates nearly a million acres of farmland.

Also, the U.S. Bureau of Reclamation said it will supply 75 percent of the water requested by water agencies in the Sacramento Valley, up from the current 40 percent.

“This is all a bit of good news in an otherwise bleak water year,” Mark Cowin, director of the California Department of Water Resources, said on a conference call with reporters.

The state’s increase to a 5 percent allocation will make a little more than 200,000 acre-feet available, an amount of water needed to sustain 400,000 families of four for about a year.

Federal and state officials said rain and snow from storms in February and March allowed them to increase water allotments.

The news comes as the state is experiencing its third consecutive dry year. Gov. Jerry Brown declared a drought emergency in January.

State officials said the recent storms also removed the need to immediately install rock barriers, blocking certain channels of the Sacramento-San Joaquin Delta, to prevent saltwater intrusion. The expensive barriers would have adverse impacts on fish and wildlife and worsen water quality for some agricultural users, according to state officials.

Cowan said that the state has increased its water allotment but asked suppliers not to draw from it until after Sept. 1. Officials worry about yet another dry year for California in 2015. Cowan also urged residents to conserve their water use.

“The bottom line is we will continue to see more calls for water use restrictions throughout urban areas,” he said. “I expect those to be more and more severe over the course of the summer.”

Brian Stanko of the Nature Conservancy, which advocates for fish and wildlife, welcomed the meager increases, saying wetlands for migrating birds north of the Delta will benefit from the government’s decision to increase water flows, but wetlands in the Central Valley will continue to suffer.

He also praised the decision not to build rock barriers on the Delta, which would also block migrating salmon.

“We don’t have to do that right now,” Stanko said. “It’s a good thing.”

Jim Beck, manager of the Kern County Water Agency in Bakersfield, said most people think of a 5 percent increase as almost insignificant, but compared to receiving no water – what they had been told – that meager increase is huge. The agency provides 90 percent of its water to farmers.

“Our growers are really turning over every rock to find every bit of water,” Beck said. “This really changes things.”

All California farmers and water users get the advantage of the state’s 5 percent increase, if they’re tapped into California’s State Water Project. Others tied to the federally run Central Valley Project north of the Delta get the 75 percent increase with Friday’s announcement.

Yet those using federal water south of the Delta remain at a zero water allotment, including hundreds of Central Valley farmers who rely on the Westlands Water District, the nation’s largest supplier of water for agricultural use.

Gayle Holman, a Westlands spokeswoman, said its farmers will continue to rely on ground wells to make up for water they’re not getting from reservoirs and canals, she said.

There’s an indirect benefit to the increase in water for farmers in the north, Holman said, noting that it adds water into the system and makes water transfers a little more available for southland farmers to buy, although at top dollar.

“The situation is still very severe,” she said. “It is definitely one where growers are literally taking it day by day.”

Vegas Council clears way for horse-drawn carriages

AP WIRE SERVICE

LAS VEGAS (AP), – The Las Vegas City Council has cleared the way for horse-drawn carriages to return to some parts of the city for the first time in nearly 30 years.

The city banned the carriages in 1985 after a spooked horse ran out of control on Las Vegas Boulevard.

The prohibition later was rescinded and the council approved a series of routes Wednesday proposed by two carriage operators seeking business li-

censes to resume the rides.

KLAS-TV reports (http://tinyurl.com/o9dyedo) Nevada Voters for Animals President Gina Greisen told the council the practice is both “dangerous and inhumane.”

But Marybeth Jalepes of the MB Horse & Carriage Company says there’s no reason they can’t be made safe if regulated correctly.

The carriages still will be banned on Fremont Street, Las Vegas Boulevard and Maryland Parkway.

Information from: KLAS-TV, http://www.klas-tv.com

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2014 sees ‘Major Momentum to Curb Reckless Outsourcing’

SUBMITTED BY RICHARD ALLEN SMITH

Bills promoting responsible contracting are now the law of the land in three states, and saw significant advancement in several others during 2014 state legislative sessions. In recent weeks, governors in Maryland, Nebraska and Oregon have signed laws that help reign in reckless outsourcing of public services to for-profit corporations, while proposals cleared key chambers in California, Iowa and Washington.

“Lawmakers are finally listening to taxpayers, who are fed up with handing over control of their schools, water and prisons over to for-profit companies,” said Donald Cohen Executive Director of In the Public Interest Action Fund. “We look forward to this major momentum continuing as more state and local governments enact tough measures that promote accountability, transparency, shared prosperity and competition.”

So far, responsible contracting bills have been signed into law in three states:

- Maryland Governor Martin O’Malley signed SB 669, which protects taxpayers by prohibiting private contractors who have broken the law from holding contracts with the state.
- Oregon Governor John Kitzhaber signed HB 4122, which strengthens oversight of Information Technology contracts in the wake of the Beaver State’s disastrous experience without outsourcing development of its health care website to Oracle.
- Nebraska Governor Heineman signed LB 371, which requires the Nebraska Department of Administrative Services to create and make public an annual report detailing the number and value of contracts awarded by the state to domestic and foreign contractors.

In addition to these new laws, there was significant movement toward responsible contracting in several other states:

- The California Assembly passed HR 29, a resolution that, among other things, calls for a ban on contractor language that guarantees corporate profits at taxpayer expense and demands that private entities that run public services open their books and meetings to taxpayers just as the government must. Though the resolution is non-binding, it represents a significant step in the largest state in the country toward restoring taxpayer control over public services.
- In Iowa, the state senate passed SF 2235, which would give Iowa taxpayers more power to cancel contracts if for-profit corporations fail to meet performance standards. It would also require companies that are paid with tax dollars to provide a public service to maintain open records just as public agencies do. Unfortunately, the Iowa house did not support the taxpayer protections in SF 2235.

• In Washington, the state house passed HB 2743, the Washington Taxpayer Protection Act, a proposal that would require a demonstrated cost savings of 10 percent before a service can be outsourced and ban contractors from using taxpayer resources for public gain. The proposal also requires private entities that perform public services and are paid by taxpayers to open their books, just as public agencies do. Unfortunately the Washington senate refused to move forward with the Washington Taxpayer Protection Act.

- After a public uproar, the Arizona state senate was forced to strip the state budget of a \$900,000 corporate earmark dedicated to private prison giant GEO Group. The earmark was snuck into the budget by Arizona Rep. John Kavanagh, who has received significant contributions from GEO Group and who defended the giveaway by saying the private prison giant “want[s] to get more money.”

In all, at least 18 states introduced legislation to curb reckless outsourcing in 2014. The trend comes amid increased nationwide scrutiny of outsourcing deals, many of which have had disastrous unintended consequences for taxpayers. For example, in 2009 Chicago signed a 75-year contract with a consortium of companies backed by Wall Street giant Morgan Stanley for the operation of the city’s 36,000

parking meters. Though Chicago got \$1.2 billion in the deal, Chicago drivers will pay the private companies at least \$11.6 billion to park at meters over the life of the contract. Meanwhile, upon signing the contract, the company dramatically increased parking rates to \$7 for two hours of parking in some parts of the city, and extended paid parking to seven days a week. Downtown businesses blamed the price increases for a decrease in economic activity. Residents complained that parking downtown was cost prohibitive. And taxpayers must reimburse the company whenever the city needs to temporarily close its streets, even for community parades and street fairs.

Across the country, cash strapped state and local governments have handed over control of critical public services and assets to private entities that often operate them slower, costlier and worse. Too often, these “deals” leave behind only broken promises and undermine transparency, accountability, shared prosperity and competition. ITPI documented several of these broken promises in its recent report, “Out of Control: The Coast to Coast Failures of Outsourcing Public Services to For-Profit Corporations.”

In the Public Interest is a comprehensive resource center on privatization and responsible contracting. www.inthepublicinterest.org

5 features an Amazon phone might offer

BY MAE ANDERSON
AP BUSINESS WRITER

NEW YORK (AP), A report this week in The Wall Street Journal that Amazon is planning to release a smartphone has prompted industry analysts and technology blogs to muse about what the device might offer.

Amazon hasn’t confirmed that it has plans for a smartphone. Introducing such a device would be tough in a crowded market dominated by Apple and Samsung. Even so, innovations like the Kindle Fire and Prime membership program demonstrate that the online retailing giant has a knack for using its massive size and marketing budget to capitalize on gaps in the marketplace.

Some unconfirmed reports say the phone could have a 3-D interface and multiple front-facing cameras.

Here’s a look at five features technology experts believe Amazon might include on its smartphone.

1. 3-D shopping

A 3-D interface doesn’t require special glasses could have a lot of uses. For example, when you’re shopping online, you could pull up a 3-D image of sneakers or a jacket and see all of the features easier, suggests Bill Menezes, principal research analyst at Gartner. Another possibility: you could scan your living room to make a 3-D rendering. Then, when you’re out furniture shopping, take a picture and digitally insert the product into the rendering to see if it fits.

“You could see ‘Oh that’s how that purple couch looks in the bedroom, I think I’ll buy it,’ and you avoid buyer’s remorse,” says Ramon Llamas, research manager of research firm IDC’s mobile phones team.

2. Enhanced games

Amazon is rapidly expanding into the gaming arena with its Amazon Game Studio and video game offerings on its new streaming device, Amazon Fire TV.

“A phone could be a way to help them potentially push more on the game front,” says CRT Cap-

ital analyst Neil Doshi.

The phone’s purported 3-D interface could be a way to offer a more robust gaming experience.

3. Seamless grocery shopping

Amazon has been testing a Wi-Fi wand called Amazon Dash that simplifies barcode scanning. Such capabilities could be included in the Amazon phone to improve on current barcode scanning apps. Combine that with Amazon’s same-day grocery service Amazon Fresh, currently in testing in Seattle, Los Angeles and San Francisco, and grocery shopping could be drastically simplified. Rather than dragging a shopping cart through aisles—or even scrolling through a list of products online—a quick wave of the phone in your pantry could have all your groceries at your doorstep within hours.

“It’s an opportunity to continue to tie users into the Amazon ecosystem,” Doshi says.

4. Free streaming video

IDC’s Llamas suggests one of the phone’s selling points could be a free ad-supported version of Amazon’s current instant Video service, which is included in the \$99-per-year Prime membership. The hypothetical service could be viewed on the phone, a Kindle or on Amazon’s Fire TV but not elsewhere like Xbox or Roku, he says, which could be a selling point for the phone.

5. Competitive pricing

Menezes at Gartner speculates that the phone could be offered on different price tiers. One tier could be a one-time payment for the phone that offers Amazon’s apps and services but a limited number of other features. A higher price tier could feature a monthly bill and a phone with more bells and whistles.

It’s difficult to be competitive on price in the cutthroat phone market. But as Amazon has shown with its tablets, the company is willing to deliver high-quality hardware at a loss in order to undercut competitors like Apple and put its devices in the hands of people who will use them to buy Amazon’s goods and services.

PepsiCo’s profit rises on snack sales, price hikes

BY CANDICE CHOI
AP FOOD INDUSTRY WRITER

NEW YORK (AP), PepsiCo reported a stronger-than-expected quarterly profit as the company sold more snacks around the world and hiked prices, including on its drinks.

The company, which also makes Frito-Lay, Gatorade, Mountain Dew and Tropicana, said global snack volume rose 2 percent in the period. Global beverage volume was unchanged from a year ago, including in its closely watched North American drinks unit.

Coca-Cola also reported flat volume in the North America market earlier this week. Both companies have been offsetting ongoing declines in their flagship soda businesses by relying more heavily on other beverages, such as sports drinks, juices and bottled waters.

Even though beverage volume was flat in North America, PepsiCo managed to push up revenue by raising prices as well as introducing more expensive drinks such as Mountain Dew Kickstart, which is marketed as an energy drink of sorts for younger men.

In a phone interview, Chief Financial Officer Hugh Johnston noted that a can of Kickstart costs \$1.99, versus \$3.50 for a 12-pack of Mountain Dew. He said that stepped-up marketing has strengthened the company’s brands, which has allowed PepsiCo to raise prices. For the year, he said the company planned to raise prices between 2 percent and 3 percent in both snacks and drinks.

“As we make the brands stronger, consumers are willing to accept that,” he said.

Finding ways to charge customers more has been critical for Coca-Cola and PepsiCo, which are trying to make up for declines in soda volume.

Both companies, for instance, have rolled out “mini-cans” of soda that they say fit with people’s desire to control portion sizes. But the smaller sizes are also more profitable for the companies.

“Taking down pricing is not going to drive up demand all that much,” PepsiCo CEO Indra Nooyi said in an earnings call.

Both companies have been slashing costs to boost profit and free up money for marketing.

At its Frito-Lay North America unit, revenue rose 4 percent, reflecting a 3 percent increase in volume and slightly higher prices.

In Europe, snack and beverage volumes each rose by 3 percent. In the unit encompassing Asia, the Middle East and Africa, the company said revenue growth was driven by higher snack volume.

Johnston said that strength during the quarter demonstrates why the company’s snack and beverage units belong together, seemingly in reference to calls by activist investor Nelson Peltz, who wants the company to split its stronger snacks unit from its drinks unit.

PepsiCo has steadfastly rejected the strategy.

For the first quarter that ended March 22, the company earned \$1.22 billion, or 79 cents per share. Not including one-time items, it earned 83 cents per share, above the 75 cents per share Wall Street expected.

A year ago, it earned \$1.08 billion, or 69 cents per share.

Revenue edged up to a better-than expected \$12.62 billion.

PepsiCo, based in Purchase, New York, stood by its outlook for the year. It expects adjusted earnings per share to grow by 7 percent.

Its stock closed up 78 cents, or almost 1 percent, at \$85.55.

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Interior Decorating Frequently Asked Questions



Anna Jacoby of Anna Jacoby Interiors is a local interior designer. Send your design questions to her at info@annajacobyinteriors.com Call or fax her at 510-490-0379 or visit www.annajacobyinteriors.com

In this column, I thought I'd share with you answers to questions that clients ask me all the time. I'll focus on paint colors this week, and then tackle other topics in the weeks ahead.

to it. So we softened the contrast by selecting Kelly Moore's Navajo White for the base and crown. It worked beautifully. For a dramatic look, try pairing tan or taupe walls with black baseboard and crown. It's really striking and attractive.

Q. Won't this dark color make my room look smaller?

A. Our goal should not always be to make the room look as large as possible. The goal should make the room look as good as possible. While a dark color might make the room look a little smaller, it will also add a lot of drama and warmth to the room. If the color looks great with the furnishings and woodwork, then use it with confidence. Your room will only look smaller on the first day of painting. After that, you'll get used to it, and your room will be gorgeous.

Q. Is white the best color for my baseboards and crown molding?

A. It's true that most people in most situations use white for their trim work. It is a beautiful look that is almost never wrong. But, depending on the paint color and overall look you want, white might look too stark. For example, in one project, we used wallpaper in a burnished copper color. White crown molding looked too bright and stark next

Q. Should I paint my room first or buy my new furniture first?

A. Whenever possible, buy your furniture first. There are many more paint colors than there are upholstery colors, so it's much easier to match paint to fabrics than the other way around. When you order your upholstered pieces, ask to order a swatch of the fabric also; you can use this swatch to select paint colors, draperies, flooring, and other furnishings.

Q. What about an accent wall? Are those still popular?

A. Yes and no. They aren't quite as popular as they used to be, but that doesn't mean they wouldn't look good in particular situations. Painting the wall behind your bed, for example, is often a great thing to do. It can add a lot of punch to a space. But here are some rules of thumb for accent walls:

- Choose a color that truly is an accent color. What I mean by that is that the color should be quite

different from the surrounding colors. For example, if the surrounding walls are a light tan, your accent wall should not be a slighter darker tan. Go with a dark chocolate brown, or burgundy, or navy, or rusty red. In other words, really make it an accent!

- Choose a large enough wall to accent. Some people get a little scared and paint accent color on walls broken up by large windows or door openings, for example. In this situation, there probably isn't enough wall space to accent successfully. Accent walls should already be feature walls in a room—such as a fireplace wall, or the wall behind your bed, or the wall behind the sofa.

- Consider the ceiling as an accent wall. Ceilings can provide a great area for bold color. For example, in my son's room, his walls are gray, and the ceiling is red. And in my own bedroom, my walls are taupe and the center of my ceiling is navy blue. I love the look!

Get free help applying for citizenship

SUBMITTED BY
ELEANORE ZWINGER

The International Institute of the Bay Area (IIBA) and the East Bay Naturalization Collaborative (EBNatZ) are partnering with the Fremont Family Resource Center (FRC) for their third annual Citizenship Day to be held Saturday, April 26.

At this event, people eligible for U.S. citizenship can receive free assistance in filling out the naturalization application and fee waivers if necessary. Volunteers will speak many languages including Spanish, Chinese and Farsi. Interested parties need to pre-register.

There are many benefits to becoming a citizen including the opportunity to file immigrant visa petitions for parents, children and siblings. Perhaps most importantly, citizens can have full civic participation in this country and make sure their voices are heard.

Among the local non-profits leading the charge to increase the numbers of citizens are: Asian Pacific Islander Legal Outreach, Catholic Charities of the East Bay, Centro Legal de la Raza, East Bay Sanctuary Covenant, Immigrant Legal Resource Center, International Institute of the Bay Area, International Rescue Committee and the Korean Community Center of the East Bay.

In 2011, these immigration service providers created the East Bay Naturalization Collaborative, a partnership designed to support each organization's citizenship efforts by sharing tools and best practices, and providing volunteer support at large-scale citizenship fairs. The member organizations have a long history of providing services to immigrants and want to make sure Tri-City residents receive trustworthy legal advice and reliable help with completing their applications for

naturalization. They have heard countless stories of immigrants who have lost money paying someone to help them with legal services only to find this "help" has resulted in the loss of thousands of dollars or even deportation. IIBA and EBNatz educate immigrants about their rights and responsibilities and represent immigrants in applications for legal status that U.S. law prescribes.

**Citizenship Day
Saturday, Apr 26
9:30 a.m.**

**Fremont Family Resource
Center, Bldg. EFGH –
Caribbean Rm. Suite H830
39155 Liberty Street, Fremont
(888) 277-8608
(English or Spanish)
(510) 251-2846 (Chinese)
(510) 894-3639 (Dari/Farsi)
www.ebnatz.org
Advance registration is
requested**

‘Strong Girls, Strong Women’

SUBMITTED BY GWEN MITCHELL

The County of Santa Clara Office of Women's Policy and the American Association of University Women (AAUW) San Jose will be hosting Strong Girls, Strong Women, a leadership conference for middle and high school girls, their mothers and other adult advocates for youth. Registration is free, but RSVPs are required as space is limited.

The conference includes a resource fair, continental breakfast and lunch with local leaders, and a private screening of the award-winning documentary Miss Representation. Girls will have the option of choosing workshops focused on financial literacy, healthy eating, body image, becoming an agent for change, cyber safety and teen dating violence. Separate tracks have been scheduled for mothers and adult advocates for girls, including compassionate communication, information on eating disorders, nutrition and ending violence.

The Strong Girls, Strong Women conference

seeks to raise awareness about the state of women and girls in Santa Clara County and to help empower the county's local youth. Research shows that investments of time, energy and resources to support girls' development are contributing factors in the choices they make and their success in and out of school.

Middle school students are welcomed if accompanied by an adult due to the topics to be covered at the conference.

**‘Strong Girls, Strong Women’
leadership conference
Saturday, May 3
8:00 a.m. – 1:30 p.m.
School of Arts and Culture at
Mexican Heritage Plaza
1700 Alum Rock Ave, San Jose
(408) 299-5152**

**Register at: <http://sgsw2014.eventbrite.com>
Free but RSVP is required**

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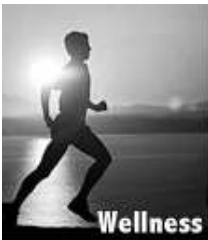
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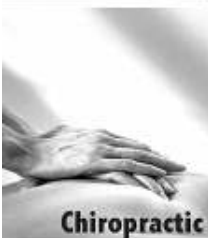
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See how we open doors!

SUBMITTED BY
TINA FERNANDEZ

SAVE (Safe Alternatives to Violent Environments) will hold its next Open Doors community education and outreach event on Thursday, April 24, 2014, at Super Suppers in Fremont.

This free presentation is an opportunity to meet SAVE staff, and learn about our programs and services that support survivors of intimate partner violence (domestic violence). A highlight of the presentation will be local high school students

sharing how SAVE Youth Programs have made a difference in their lives. Guests will also have the chance to meet SAVE's new Executive Director, Nina Clymer. This is a community event – all are welcome (ages 14 and up). Supper is included.

Open Doors
Thursday, Apr 24
6:00 p.m. – 7:30 p.m.
Super Suppers
39164 State St, Fremont
Registration: (510) 574-2262
or <http://goo.gl/pNCIsA>
www.save-dv.org

Screening of ‘The Invisible War’

SUBMITTED BY LYN LEONE

The Castro Valley Library and the Hayward/Castro Valley Branch of AAUW (American Association of University Women) present a screening on Tuesday, April 29, of “The Invisible War,” an Academy Award nominated documentary about sexual assaults in the U.S. military.

The Invisible War is a groundbreaking investigation about one of America's most shameful and best kept secrets: the epidemic of rape within the U.S. military. The film paints a startling picture of the extent of the problem – today, a female soldier in combat zones is more likely to be raped by a fellow soldier than killed by enemy fire. The Department of Defense estimates there were a staggering 19,300 service members sexually assaulted in 2010 alone.

Focusing on the powerfully emotional stories of

rape victims, “The Invisible War” is a moving indictment of the systemic cover-up of military sex crimes, chronicling the women's struggles to rebuild their lives and fight for justice. It also features hard-hitting interviews with high-ranking military officials and members of Congress that reveal the perfect storm of conditions that exist for rape in the military, its long-hidden history and what can be done to bring about much needed change.

‘The Invisible War’
Tuesday, Apr 29
6 p.m. – 8 p.m.
Castro Valley Library, Chabot Room
3600 Norbridge Ave, Castro Valley
(510) 667-7900
Free

Traffic Talk

SGTS. DONN TASANO & MARK DANG, FREMONT POLICE DEPARTMENT

Texting and Driving

Q: I often see people using hand-held phones, texting or even reading while driving in an unsafe manner. What can I do about this?

April is “Distracted Driving Awareness” month. Police personnel will be receiving additional training and increasing focus on distracted driver (AKA cell phone use) violations.

We know it's difficult to resist looking at your phone. We see it all day long and often see poor driving because of it. During the day, we can see you looking intently down at your lap. At night, we can see the soft bluish-white glow of your phone display. Sometimes, when stopped at red lights, I'll activate my motorcycle's PA system and say “Please do not use your cell phone while operating your vehicle.” I guarantee at least half of the driver's will feel the twinge of guilt. Studies have reported that use of a phone while driving has the same effect as alcohol intoxication on most drivers. Unfortunately, we also see the collisions caused by distracted drivers. The “Distracted Driver Awareness” campaign was designed to educate drivers on the dangers of using cell phones while driving. It's a statewide drive to reduce distracted driver collisions.

As you may know a hands free device either through an ear piece, remote speaker, or vehicle system, is the preferred option for using your phone while your vehicle is on the roadway. You cannot wear headphones on or earphones in both ears while driving according to VC 27400.

You may use your cell phone all you want on private property, however please use it with caution.

VC section 23123 covers use of your cell phone while operating a motor vehicle. VC 23123(a) states that your phone must be set up for hands free use. Talking



Sgt. Donn Tasano



Sgt. Mark Dang

on your cell phone with it in your hand held near your ear or in front of your mouth is a violation. Hands-free means “no hands.” VC 23123(c) allows you to talk on your cell phone on the roadway under certain limited situations. You may use your phone to make a call to an emergency service such as police, fire department, health care provider, or other emergency service. Calling your dentist or your doctor to make an appointment does not qualify. Calling your child's school because you are running late does not qualify. Calling your pet's veterinary service does not qualify. If you need to make anything other than a call to a public safety agency, pull over to a safe spot off the roadway. Do not stop in any areas marked with “No Stopping”, “No Parking” or “Bike Lane” signs. Pull into a parking lot.

If you drive long enough, you will eventually encounter a driver who you suspect is drunk. DUI arrests rose with the invention of cell phones because drivers were able to report DUI drivers and direct police officers to the offender. You are allowed to use your phone to call police and report a drunk driver but please do it carefully. The combination of you using your phone and focusing on the other driver makes you as dangerous as the other driver. If you feel unsafe, call police and give us the location, vehicle description and plate, and driver's description. We will try to locate the driver and will call you back if we need to.

VC 23123(d) and (e) allow emergency service professionals and school bus and transit vehicle drivers to use their phones for work related issues but it is not recommended for safety reasons.

We see a lot of folks who can't stop at a stop sign, signal light, or traffic jam without looking at their e-mails, text messages or music playlists. This is covered under VC 23123.5 which makes it illegal to use text based communication while driving. You may operate text based applications only if your system is set up to do so with hands free equipment. You may also read, select, or enter a telephone number or name. Most hands free devices will do these operations for you without you ever touching your phone.

You are allowed to use your phone for the GPS service but we do not recommend holding it in your hand as you navigate. If it has voice guidance, use that feature. If you travel a lot, buy a dash mount for your phone or a dash mounted GPS unit.

If you are under 18 years old, per VC 23124(b), you may not use your cell phone or wireless device at any time while driving, unless making an emergency call to a public safety agency.

Buy a good wireless device and save your life or someone else's. Put your phone in your trunk if you can't resist looking at it. Let your passenger manipulate your phone. Pull over to a safe place and make your call from there.



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Tuesday, April 22

10:00 – 11:15 Daycare Center Visit - UNION CITY
1:30 – 2:30 Mission Hills Middle School, 250 Tamarack Dr., UNION CITY
2:45 – 3:30 Purple Lotus Buddhist School, 33615 - 9th St., UNION CITY
4:50 – 5:30
Mariner Park, Regents Blvd. & Dorado Dr., UNION CITY
5:40 – 6:20 Sea Breeze Park, Dyer St. & Carmel Way, UNION CITY

Wednesday, April 23

3:00 – 4:00 Warm Springs Community Center, 47300 Fernald St., FREMONT
4:15 – 4:50 Lone Tree Creek Park, Starlite Way & Turquoise St., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday, April 24

9:30 – 10:15 Daycare Center Visit - UNION CITY
10:30 – 10:50 Daycare Center Visit - UNION CITY
1:55 – 2:20 Daycare Center Visit - SAN LORENZO
2:45 – 3:40 Bay School, 2001 Bockman Rd., SAN LORENZO

Monday, April 28

10:00 – 10:25 Daycare Center Visit – FREMONT
10:45 – 11:15 Daycare Center Visit – FREMONT
1:45 – 2:15 Acacia Creek, 34400 Mission Blvd., UNION CITY
2:45 – 3:45 Ardenwood School, 33955 Emilia Lane, FREMONT

5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday, April 29

9:45 – 10:15 Daycare Center Visit – FREMONT
10:45 – 11:15 Daycare Center Visit – FREMONT
2:15 – 2:45 Headstart – 37365 Ash St., NEWARK
4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT
5:50 – 6:40
Booster Park, Gable Dr. & McDuff Ave., FREMONT

Wednesday, April 30

12:45 – 2:15 Glenmoor School, 4620 Mattos Drive, FREMONT
3:50 – 4:20 California School for the Deaf, 39350 Gallauder Dr., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

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Wednesday, April 30

1:45-3:00 1991 Landess Ave., Milpitas
3:15-3:45 120 Dixon Landing Rd., Milpitas

Ohlone Frontage

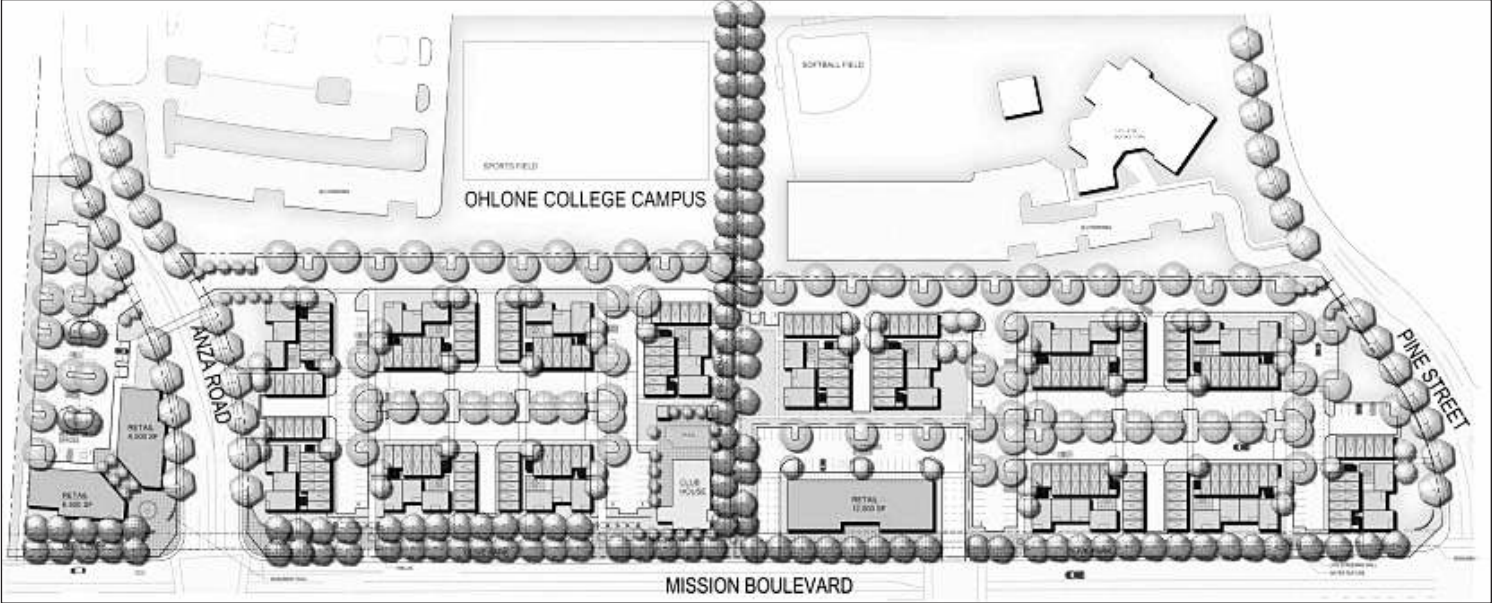
SUBMITTED BY
FRANK ADDIEGO

In a dramatic special session, the Ohlone College Board of Trustees accepted a bid offer from Carmel Partners to lease frontage property on Mission Boulevard to create 314 housing units along with light commercial development. The college will receive an initial payment of \$1.2 million and annual payments of \$600,000.

“Ohlone is one of the best community colleges in the State of California,” said Rakesh Sharma, a former member of the Fremont Planning Commission. “There is a need for a local source of revenue,” adding that the frontage property would provide an, “income stream that cannot be taken away by the State.”

Former Ohlone College Vice President Jim Wright also spoke in support of the project; “This has been part of the college discussion for the past 25 years.” Wright talked about problems stemming from reliance on the State for revenue saying, “Often the cuts are not resolved until late in the fiscal year.”

The College has been looking at ways to develop the unused



land on the campus as far back as 1989. John Weed, who served on the board from 1977 to 2010 said, “The idea was to build buildings the campus could move into.” Weed, however, opposes the current proposal. “The idea of making a quick buck off of residential is fairly recent,” he said, “It may pass the legal requirements, but it fails the smell test.”

During the public comment portion of the meeting, statements against the frontage were often greeted with applause. “I speak very strongly against the residential density of both proposals,” said Bob

Michaels raised concern over gridlock already present on Mission Boulevard during commute hours. “It’s just too high of a density” she said, suggesting that the proposed 300-or-more apartments would result in roughly 600 more cars in the area.

Citizens also raised concerns about school impacts in the Mission district. “The kids can’t even go to their own schools anymore,” said Div Harish, “Where are these kids going to go?” Melissa Solomon, a student and nearby resident said, “They will not get

into mission schools... there simply isn’t any room,” before raising more general concerns about overcrowding and safety.

spoke of the need for a steady, local and private stream of funds rather than relying on funding from the State of California.

Weibel girls rule at All-Girls Chess Nationals



SUBMITTED BY ALAN M. KIRSHNER, PH.D.

During the weekend of April 11-13, ten girls from Weibel Elementary School in Fremont attended the 11th Annual All-Girls Nationals in Northbrook, Illinois.

For the second straight year the Weibel girls took a first place in the Under 12 division. This was accomplished even before the last round started. Weibel proved unquestionably that they were the best in the country in the Under12 category. The team finished with 14.5 points compared to the second place team from Florida with 9.5 points and the third place team with 8 points from Connecticut. Weibel Elementary School Chess has now won four national girls titles. The school chess team has also won two very prestigious Elementary School National Championships.

In the individual competition this year, four Weibel girls brought home trophies (no matter how many on your team, only the top three players’ scores count). Competition organizers awarded 15 trophies in each section. In the Under 12 section there were 74 entries; this year’s championships were the largest to date with 322 players.

All Weibel competitors did wonderfully. The youngest ‘wonder girl’, Prisha Jain, and the only girl from Weibel to compete in the All-Girls National in a non-Under 12 section, tied for fifth in the Under 8 [age] section. In the second round, Prisha was paired with the only other Fremont girl in her division, Allyson Wong from Fremont’s Mission San Jose Elementary School. Prisha won the game, but Allyson bounced back to win her other games and tie for third in the Under 8. This division was won by a seven year old Women’s Candidate Master from Silver Oak Elementary in San Jose, Aksithi Eswaran. This was Aksithi’s second time as champion in this division. Ted Castro, who runs the NorCal House of Chess in Fremont, where most of the young chess champions in the Bay Area train, is her coach.

Team members from Weibel:

Serafina Show, Weibel student school president

and number one ‘Wunder Kind,’ (Wonder Child) went undefeated. She drew two and won four. Her two draws were against the two highest ranked players. In the last round she fought hard for the National title and a trip to the World’s competition. Her draw placed her in a tie for second place.

Enya Mistry, with five wins and one lose, also tied for second. She had, perhaps, the best tournament of her life. Enya came in ranked 24th in the competition.

Raisah Khan went 4.5-1.5 and tied for eighth. Raisah defeated a 1731 rated player in her way to winning a trophy. Raisah came into the completion ranked number 29.

Shivangi Gupta had a great day as well. If she had won her last round she would have tied for second rather than 10th. Shivangi’s rating was 1308 and that of her last round opponent, 1711. Shivangi ranked 19th at the beginning of the competition.

Aria Lakhmani, from Warm Springs and former Weibel student, attended Weibel Chess again this year even though she moved out of our attendance area last year. She also tied for 10th. Aria entered the championships ranked number 20.

Sashrika Pandey, Amir Rafi, Ambika Tiwari and Anvi Surapaneni finished the weekend close to the rankings they entered with.

Second grade student, Prisha Jain entered ranked number 20 and finished tied for sixth.

Two other girls from Fremont attended: Chenyi Zhao from Chadbourne Elementary in the Under 12 and Alisha Chawla from Stratford School in the Under 14 Section.

Although excellent training by Weibel chess instructors and private tutors helped, inspiration provided by many other chess teachers and family members provided the finishing touch to our entrant’s victories. Although credit is often given to one person, in reality it takes a village, within which a child lives, to create their success. So kudos to all those who helped our girls learn to finish a competition in style.

Spring Exhibition

SUBMITTED BY PHOTOCENTRAL

Hayward Area Recreation District’s PhotoCentral presents the “PhotoCentral Spring Exhibition” April 26 through June 14. This eclectic group show is an annual event for PhotoCentral and features a wide variety of works from over 50 artists. Come see over 150 inspiring works and vote on your favorite pictures. Celebrate this annual PhotoCentral exhibition with us and take home some great art and memories.

There will be a free public reception on Saturday, April 26 from 2 p.m. to 5 p.m.

The PhotoCentral Gallery is open Monday from 5 p.m. to 10 p.m., Tuesday and Thursday from 10 a.m. to 1 p.m., and by appointment. PhotoCentral offers quality artwork in its gallery and outstanding facilities for the dedicated photographic artist with classes, workshops, darkrooms, and a matting facility. Expand your creativity in a supportive community! Visit PhotoCentral today.

For more information, please call (510) 881-6721. You can also contact us via email at info@photocentral.org or visit on the web at <http://www.photocentral.org> where you will find information on classes, workshops, and other events.

PhotoCentral Spring Exhibition
Saturday, Apr 26 – Saturday, June 14
Monday: 5 p.m. – 10 p.m.
Tuesday & Thursday: 10 a.m. – 1 p.m.

Reception: Saturday, Apr 26
2 p.m. – 5 p.m.

PhotoCentral Gallery
Hayward Area Park and Recreation District Offices
1099 E St, Hayward
(510) 881-6721
<http://www.photocentral.org/Spring2014>
Free

Help a Fremont family recover from fire loss

SUBMITTED BY IVY WU

In a fire this week, two students (a senior at American High, an 8th grader at Thornton Jr. High) and their family, lost their home and everything including two dogs and two cars.

To donate clothing and other items, please go to Tri-CityVolunteers at 37350 Joseph Street, Fremont, and ask for Ms. Sara Govea. A collection bin has been set up in the food bank area.

To donate money, please donate online at Compassion Network: <http://www.compassionnetwork/index.php/donate>. Or, if you wish to write a check, make it payable to CityServe, and put Compassion Network/Fire in the memo line.

Mail check to: 39155 Liberty St. H840, Fremont, CA 94538.

Donation receipts will be available from both organizations.

The urgent need for the family is a car and a place to rent. If you or someone you know would like to donate a car, and/or have a house available for rent at around \$2,000/month in North Fremont, please contact FUSS at fuss4schools@gmail.com.

Thank you for your kind and generous support!



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If your impression of senior living communities is boring, monochromatic, uneventful institutions, you must see what we have built at Carlton Plaza of Fremont. It is a beautiful community where residents enjoy excellent care, vibrant activities, fun outings, fresh meals, and live entertainment, with staff that is supportive, well trained, caring and family-oriented. Please call today to schedule a tour.

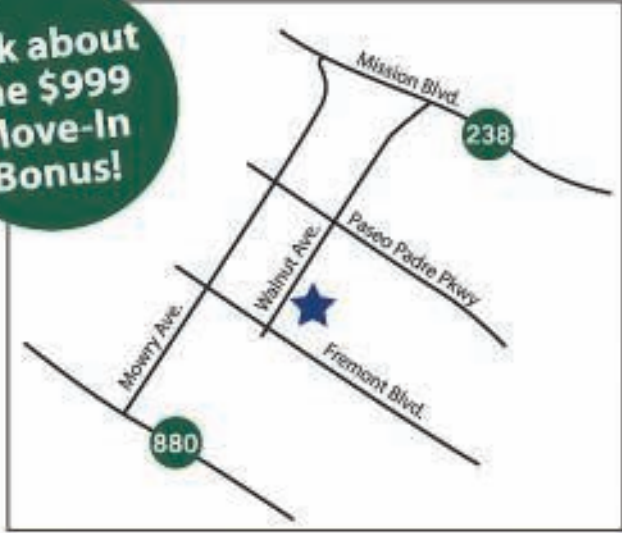
Tom MacDonald
Founder

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- Dedicated staff in each department

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Please call to schedule a tour and complimentary luncheon!



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(510) 505-0555



Lic. No. 015600118

CarltonSeniorLiving.com

StarStruck Theatre presents a ‘Golden Ticket’ to family entertainment

SUBMITTED BY HELEN CHANG
PHOTO BY JON WILLIAMS

For one weekend, Roald Dahl’s story of enigmatic chocolate magnate Willy Wonka is the Golden Ticket to family entertainment when StarStruck Theatre presents the musical “Willy Wonka, Jr.” at Irvington High School’s Valhalla Theatre in Fremont.

This scrumdiddlyumptious musical is guaranteed to delight the sweet tooth of youngsters and adults alike. The story follows Candy Man Willy Wonka as he prepares to find an heir by hiding five golden tickets around the world in five of his famous candy bars. The lucky five win a free tour of the Wonka candy factory as well as a lifetime supply of candy. Four of the five winning children are insufferable brats; the fifth is likeable boy Charlie Bucket, who takes the tour in the



company of his equally amiable grandfather.

The children must learn to follow Wonka’s rules in the factory, or suffer the consequences. The story leads audiences through a fantasy adventure into

a land of pure imagination.

“Like our other junior shows performed at Valhalla Theatre at Irvington High School, this one will appeal especially to young audiences with limited attention span, since it runs 90 minutes including intermission,” said Lori Stokes, Artistic Director of StarStruck Theatre. “And if audience members don’t come into ‘Willy Wonka, Jr.’ with a sweet tooth, they’ll leave with one—because who doesn’t like candy?”

In fact, young audience members can win a sweet treat from the show’s Candy Store by coloring the picture in the Tri-City Voice or downloading and printing the picture from www.starstrucktheatre.org and exchanging it at the show.

Audience members will be charmed by StarStruck’s mostly younger cast of pre-teens. For Andrew Apy, 15, who plays the title role, this production will be a return to candy land, since he performed the part of Charlie Bucket when he was nine. Along with brother Christopher and sister Marissa, Andrew is one of five sets of siblings in this show. Another will be hard to miss: Noah

Woll, 12, is Charlie Bucket, and big brother Jacob, 17, is his grandfather.

Show dates are Friday, April 25 at 7:30 p.m.; Saturday, April 26 at 2:00 p.m.; Saturday, April 26 at 7:30 p.m.; and Sunday, April 27 at 2:00 p.m. Tickets are on sale now by calling the StarStruck box office, (510) 659-1319, or ordering online: <http://starstrucktheatre.org/buy-tickets/>.

Willy Wonka, Jr.
Friday, Apr 25 – Sunday, Apr 27
7:30 p.m., matinees
at 2:00 p.m.
Valhalla Theatre at Irvington High School
41800 Blacow Rd, Fremont
(510) 659-1319
<http://www.starstrucktheatre.org/shows/willy-wonka-jr/>

Tickets: \$20 adult,
\$15 student/senior

Put play in your day!

SUBMITTED BY
TATIANA CLARK

Summer is the time for kids to get up, get out and grow. But for some kids, exposure to activities that stimulate the body and mind ends with the school year. In fact, research shows that kids are prone to gain more weight and fall behind in studies. On April 26, the YMCA will celebrate Healthy Kids Day, our national initiative to improve the health and well-being of kids.

Over 1,500 Ys across the country are taking part in Healthy Kids Day, holding free community events that are open to all kids and families and filled with fun, active play and educational opportunities. The Fremont/Newark YMCA will be holding a “Healthy Kids Day Carnival,” complete with jumpers, sack races, obstacles courses, relay races, basketball shoot out, as well as other activities to get kids moving.

Several different vendors will be at the event, promoting healthy lifestyles, offering services

that align with a healthy life, and including some vendors promoting STEM values (healthy mind and healthy body). Items from local eateries and stores will be raffled off and there will be giveaways of YMCA gear and other YMCA items. Depending on the weather, popcorn and snow cones will be available. All school-aged children are welcome (K-8th graders recommended).

Join us for a special day of fun

activities meant to help build on the incredible potential inside each and every child.

To help keep your family healthy and happy, register to receive the Healthy Kids Day e-mail newsletter that will include tips on keeping kids active and healthy at <http://www.ymca.net/healthy-kids-day>. Sprouts and Lazy Town are the national sponsors for this event.

Healthy Kids Day Carnival
Saturday, Apr 26
10 a.m. – 1 p.m.

Fremont/Newark YMCA
41811 Blacow Rd, Fremont
(510) 657-5200

www.fremontymca.org
Free



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MONDAY, APRIL 28, 2014

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Tues-Sun 5:00-9:00pm

Ardenwood Blvd.

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continued from page 1

Ducks flock to Fremont



in Fremont, the Newark and Union City Libraries, Union City Senior Center, Kennedy Community Center in Union City, and the Union City Mark Green Sports Center.

Duck adopters have an opportunity to win great prizes, including a car of your choice from the Fremont Auto Mall up to \$30,000 purchase price, \$2,000 in cash, an entire year of massage therapy once a week courtesy of Tereo Chiropractic, a beautiful diamond pendant necklace from Chris's Jewelers in Niles and much more.

The "athletes" are currently working out in Arizona and will be flown to Fremont for the big event.

So don't miss your opportunity to get your ducks in the water!

To learn more about the race or how your organization can get involved, visit www.ducks4bucks.org, or contact Duck Race Chair Chip Koehler at (650) 882-7901.

Ducks for Bucks
Saturday, Apr 26
11 a.m. Family Carnival
1 p.m. Race Time
Lake Elizabeth Boat Ramp
40000 Paseo Padre Pkwy, Fremont
(510) 783-DUCK
www.ducks4bucks.org
Cost: \$5 per duck

continued from page 1

Hayward Executive Airport Open House salutes heroes



Under the theme "Salute our Heroes," this year's attendees will enjoy a large display of classic aircraft, warbirds, vehicles, corporate jets, and helicopters. An appearance is scheduled by a number of Tuskegee Airmen, who volunteered to become America's first black military pilots in WWII. Free airplane rides will be available for children between the ages of 8 and 17 courtesy of Vintage Aircraft Association Chapter 29. Flights are first come, first served, so get to the airport as early as possible to get your child's name on the list.



Get a close-up view of military, media, vintage, and private aircraft and take a tour of the FAA Air Traffic Control Tower. Take a look inside the historic B-17 Flying Fortress "Memphis Belle" for a nominal fee, or take a flight you'll never forget. Owned and operated by The Liberty Foundation, flights are \$450 per person and can be arranged on site or in advance by calling (918) 340-0243 or visiting <http://www.libertyfoundation.org/index.html>.

Displays by the Hayward Police Department, Hayward Fire Department, California Highway Patrol, Stanford Medical Life Flight, and others are planned. Vintage muscle cars will also be on display courtesy of the Self Made Campaign Car Club. DJ Ken Soffiotto provides the music for the day, and delicious food will be available by Round Table Pizza, The Mexican Restaurant, and Heaven-In-A-Cup.

The "Open House" is sponsored by the Bay Area Black Pilots Association; EEA Vintage Chapter 29; East Bay Aviators, Inc.; Hayward Executive Airport; MALTA; and Tuskegee Airmen, Inc. For more information, please visit the airport website at www.haywardairport.org or call (510) 293-8678.

Open House
Saturday, Apr 26 10 a.m. – 4 p.m.
Hayward Executive Airport
20301 Skywest Dr, Hayward
(510) 293-8678 www.haywardairport.org
Free admission and parking

American Swim Academy's

Family Fun Festival

Fundraiser Benefiting the Fremont Education Foundation

Saturday, May 3rd
11am - 2pm
4150 Technology Place, Fremont

Celebrate the one year anniversary of American Swim Academy's Fremont location and support the Fremont Education Foundation all in one fun-filled day with your family!








www.AmericanSwimAcademy.com/familyfun
510-657-SWIM (7946)














Protect Your Bay On Earth Day



Visit Union Sanitary District's Booth
At Fremont's Earth Day Celebration
Saturday, April 26– 11 a.m. to 3 p.m.
Washington Hospital – Washington West
2500 Mowry Avenue

StopFOG With A FREE Grease Scraper!

Learn how to prevent expensive repairs and protect the environment by keeping Fats, Oil and Grease (FOG) out of your sewer.

FREE Safe Medicine Disposal

Empty pills into one resealable bag and bring to our booth – recycle the containers at home. Bring liquids and lotions in original containers with personal info blacked out or removed.

FREE Thermometer Exchange

USD will trade your mercury thermometer for a non-hazardous version at no charge. We will also recycle other mercury-containing devices for you.

For more information, call USD at (510) 477-7621
Protecting The Tri-Cities and San Francisco Bay



Earth Day Fair

It's an Earth Day party and everyone is invited!

Bring your family, friends, and bicycles to celebrate Earth Day on Saturday, April 26 from 11 a.m. to 3 p.m. at the Washington West Building (main auditorium located at 2500 Mowry Ave.). We'll be giving away complimentary bags and hosting some other fun giveaways while supplies last.

The event is free and caters to the whole family. Get ready for arts and crafts, juggler shows, "ecotainment," games, a bicycle rodeo, confidential paper shredding, educational booths, and a torchiere lamp exchange. And, if you work up an appetite, you can always grab a snack at the Farmer's Market.

You can also use this as an opportunity to drop off your old eye glasses, sharps (must be in an approved sharps container), and unused or unwanted medications. If you would like to exchange a hazardous mercury thermometer for a mercury-free thermometer, you can do so at absolutely no charge.

In addition to all of this excitement, you'll get the chance to meet with eco-friendly experts and learn new ways to go green. We hope to see you there!

This Earth Day event is brought to you by the City's Environmental Services Division and Washington Hospital. For more information, please visit www.Fremont.gov/EarthDay or call the Environmental Services Division at (510) 494-4570.



2014 Let's GO GREEN Together!

Saturday, April 26 • 11 a.m. to 3 p.m. • Conrad E. Anderson, M.D. Auditorium, 2500 Mowry Ave. (Washington West) in Fremont

Join us as we celebrate Earth Day!
Meet with eco-friendly experts and learn new ways to go green!

FREE residential drop-off:

- Syringes and needles (in approved containers)
- Confidential documents for shredding
- Disposal of unused, unwanted medications
- Donate eyeglasses
- Mercury thermometer exchange

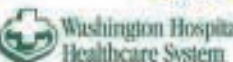
Learn more about:

- Recycling and waste reduction
- Saving energy at home
- Eco-friendly gardening and composting
- Local sustainability programs
- Healthy eating / Farmer's Market

Fun for the kids!

Kids activities will include:

- New! Bike Rodeo
- Eco-tainment
- Face painting
- Earth Day art
- And other free games and activities!



Learn more at www.whhs.com/green

Vote for Your Favorite Downtown Logo!

Fremont Street Eats Returns April 25

Downtown Fremont Street Eats, Fremont's weekly funky, fun food truck event, is returning to downtown Fremont for its second year in a row on Friday, April 25 from 4:30 p.m. to 9 p.m. For this kick-off event, the City will be unveiling three logos to represent its first phase of development in the downtown, "Downtown Fremont – On the Rise." Using iPads, residents will be able to vote LIVE at the event for their favorite logo on Fremont Open City Hall, our online forum for civic engagement. Residents will be able to continue to vote on-

line on Fremont Open City Hall after the event until May 16.

Fremont Street Eats is produced by the Fremont Chamber of Commerce, the City of Fremont, and the Food Truck Mafia. This spectacular event runs every Friday from April 25 through Oct. 24, 4:30 p.m. to 9 p.m. While there, you will find a delectable array of food trucks offering a diverse mix of culinary treats in Downtown Fremont along Capitol Avenue between State and Liberty Streets. Come join the fun!



Saddle Up at Fremont's Earth Day Fair

The East Bay Bike Coalition will be hosting a Bicycle Rodeo at Fremont's Earth Day event on Saturday, April 26, from 11 a.m. to 3 p.m. The rodeo is the perfect opportunity for parents and children of all ages to enjoy a fun and interactive lesson on road awareness and safety skills, including:

- How to Perform a Bicycle Safety Check
- Proper Helmet Fitting
- Proper Starting and Stopping
- Signaling and Communication

- Yielding Right of Way to Traffic and Pedestrians
 - Riding on the Right
 - Crossing Intersections
 - Independent Decision-Making
 - Learning to ride a bike for beginners
- Bicycles and helmets will be provided. All you have to do is bring your family and join in on the fun! Details and (optional) registration for this event are available online at EBBC.org/education#Rodeo. Yee Haw!



Take Our Pedestrian Master Plan Update Survey

When's the last time you took a walk? The City of Fremont is looking for input on how to enhance the experience and safety of walking in the community, with a focus on improving mobility for all. After all, mobility is the key to connecting people and enabling businesses, schools, organizations and neighborhoods to thrive. Please take a moment to take our survey by visiting www.Fremont.gov/PedPlanSurvey.

For more information please contact Rene Dalton in the Public Works Department at rdalton@fremont.gov or (510) 494-4535.



Your Feedback Requested

Should electronic cigarette retailers, lounges, and vapor bars be permanently banned within city limits?

The City of Fremont is seeking feedback from its residents on permanently banning electronic cigarette (e-cigarette) retailers, lounges, and vapor bars within city limits. Weigh in on Fremont Open City Hall, our online forum.

On Feb. 11, the Fremont City Council established a temporary ban on e-cigarette retailers, lounges, and vapor bars. The City would like input as to whether this temporary ban should be permanent.

E-cigarettes are battery-powered devices that may resemble smoking a cigarette. It is only minimally regulated by state law and the health risks of inhaling the vapors are unknown. The City of Fremont currently has eight retail establishments that sell e-cigarettes and include e-cigarette lounges and vapor bars.

Please feel free to submit your feedback at www.Fremont.gov/OpenCityHallCigarette.





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REACHING SKYWARD!

SUBMITTED BY MARK E. NEAL
PHOTOS COURTESY OF MARK DRUMM

The Team America Rocketry Challenge (TARC) kicked off its twelfth season in September 2013. Seven months, thousands of rocket launches, and a few broken eggs later, the field of more than 700 teams has narrowed to 100 finalists. These teams will square off to determine a national champion on May 10 at Great Meadow in The Plains, Virginia, near Washington D.C.

For the second year in a row, a team of 7th and 8th graders from Newark Jr. High School will compete in the National Finals. Newark Jr. High is the only middle/junior high school in Northern California to qualify. Last year's team finished in 51st place out of 100 teams in the Finals. (Just down the road from the junior high, Newark Memorial High School is sending three teams to the National Finals.) Newark Unified becomes the only district in California to qualify both a middle and high school team.

Students at Newark Jr. High take a Rocketry class in which they learn about the history of rockets, flights, physics, math, and designing rockets while under

the guidance of Mr. Drumm, a 7th grade Science teacher. After the Rocket Club team, under the direction of Tom Collett, an 8th grade Science teacher at the school, qualified last year, Principal Mark E. Neal included a rocketry class in the master schedule.

Building and flying rockets requires students to work together, actively listen to each other, respect each other's opinions and advo-



Group photo of all the students in the Rocketry class at Newark Jr. High



Rocketry team that is going to the finals

cate for their position without hurting the team; They learn about flight design, understand the mechanics of a rocket, how to think critically about a problem, test a solution, create a mathematical approach, eliminate variables and develop a winning attitude that leads to success.

"This is a phenomenal accomplishment for our students as they represent Newark on a national level. I'm extremely proud of the students and Mr. Drumm for the work they put in to make this happen," said Principal, Mark E. Neal. The students will be leaving on May 8 to compete during Mother's Day weekend.

For more information, visit:
http://rocketcontest.org/2014_national_finalists.cfm

Red Stephens celebrates 100 years

PHOTOS BY MIKE HEIGHTCHEW

At age 100, Red is still raring to go. Cleburne "Red" Stephens celebrated the century mark at Irvington Presbyterian Church in Fremont on Sunday, April 13, one day after the anniversary of his official day of birth. Family, friends and guests gathered to honor this native of the small town of Lovelady, Texas who moved to California in 1957 "for a better life." During World War II, Red worked on radar equipment that made "Jimmy" Doolittle's B-25B raid of Tokyo in 1942 possible.



continued from page 1

Sheep Shearing Day



clothing, hosiery, upholstery, insulation, rugs, tennis balls, bedding products, and clean-up pads for oil and chemical spills.

Another product derived from wool is lanolin, a natural grease which is used in inks, adhesives, cosmetics, and lubricants. Sheep also produce milk, which makes delicious cheeses such as Roquefort, feta, ricotta and pecorina romano. Sheepskin, leather, and chamois are other valuable products that come from sheep hides.

There are many different breeds

in 1888. They are the largest-sized breed in the U.S. and are primarily raised for meat. They have black faces and legs and their lambs are all black when they're born.

14 sheep in all (one male and 13 ewes) will be going to the barber on Sunday, April 27. After the sheep are shorn, their wool is washed and carded and used in educational programs at Ardenwood.

Watch talented docents ply their craft at the great walking wheel or the conventional spin-



of sheep, ranging from 150 to 300 pounds. Ardenwood has two types of sheep: Romney and Suffolk, as well as a few cross breeds.

The Romney traces its beginning to the marshy area of Kent in England and were introduced into the United States in 1904. Their traits include hooves that are resistant to foot rot and fleeces that remain healthy in harsh weather. They are a medium-sized, white-faced breed with wool extending on the legs. They produce a coarse, long-stapled fleece that is well suited for spinning. Ardenwood's Romneys have white or grey wool.

The Suffolk originated in England from a cross between Southdown and Norfolk breeds and were imported into the U.S.

ning wheel. Carding prepares the wool for spinning; give it a try with a pair of hand cards or the drum carder. Pass the shuttle, change the shed and pull the beater bar as you help weave on the table top loom.

Sheep shearing happens only once a year, so don't miss your chance to see it!

Sheep Shearing Day
Sunday, Apr 27
11 a.m. – 4 p.m.
Ardenwood Historic Farm
34600 Ardenwood Blvd,
Fremont
(510) 544-2797
www.ebparks.org
Fee: \$8 adults, \$6 seniors (62+),
\$5 children (4-17 yrs.), 3 yrs. &
under free
Free Parking



Schedule of Events:

11:00 a.m. – 12:00 p.m.: Farm-yard Games

11:00 a.m. – 3:30 p.m.: Patterson House Tours every half hour

11:00 a.m. – 2:30 p.m.: Tasty farm snacks from Country Kitchen Cookin'

Noon – 2:00 p.m.: Sheep Shear-

ing Demonstrations in the sheep pen across from the barn

Noon – 2:00 p.m.: Sheep Dog Demonstrations in the area behind the barn

Noon and 2:00 p.m.: Live Music in the farmyard with David Maloney

1:00 p.m. – 3:00 p.m.: Sheep Crafts for kids near the granary



Spring Break Camps

April 21-25

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*Valid Until 5/31/14. Restrictions Apply.



almaviao.unioncity.org RCFE#015601209

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Rombauer Chardonnay 750ml ONLY \$27.99
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Tisdale Chardonnay \$2.99
Tisdale Cabernet Sauvignon \$2.99
Tisdale Merlot \$2.99
Grand Marnier 750 ml \$29.99

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510-790-1118
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FREE Adult Reading and Writing Classes are offered at the Alameda County Library
Tell A Friend Call Rachel Parra 510 745-1480

A positive path for spiritual living
Unity of Fremont
Sunday 12:30 pm

unity
of Fremont

1351 Driscoll Rd, Fremont
(at Christian Science Church)
www.unityoffremont.org
510-797-5234

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

It's A Date

Continuing Events

Monday, Apr 21-Friday, Apr 25
Spring Break 1-on-1 Tutoring \$R
4 p.m. - 5 p.m.
Students grades 3 - 6 get help in core subjects
Register by 3/1/2014
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 794-2538
Shootingstarsfoundation123@gmail.com
http://www.fuss4schools.org

Monday, Apr 21-Friday, Apr 25
Academic Boot Camp \$R
5:00 p.m. - 6:00 p.m.
6:15 p.m. - 7:15 p.m.
Enrichment for grades 3 - 6
Register by 3/1/2014
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 794-2538
Shootingstarsfoundation123@gmail.com
http://www.shooting-stars-foundation.org

Tuesdays, Mar 4 thru Apr 29
Community Police Academy - R
6:45 p.m. - 8:45 p.m.
Crime prevention workshop
Hayward Police Department
22701 Main St, Hayward
(510) 293-7151
gale.bleth@hayward.ca.gov

Saturdays, Mar 22 -May 10
Chinese Folk Songs \$R
3:30 p.m. - 5:30 p.m.
Learn about a special genre of music
Ohlone College
43600 Mission Blvd, Fremont
(510) 742-2304
http://ohlone.augusoft.net

Monday, Mar 24 - Saturday, May 31
Spring Exhibition
2 p.m. - 5 p.m.
Over 200 pictures from patrons & students
PhotoCentral
1099 E St., Hayward
(510) 881-6721
www.photocentral.org

Church of Christ of Fremont

4300 Hansen Ave. Fremont

510-797-3695
www.fremontchurchofchrist.org

Whoever Drinks Of The Water
That I Will Give Him
Shall Never Thirst; But The Water
That I Will Give Him
Will Become In Him
A Well Of Water Springing Up
To Eternal Life
John 4:14

AA Meetings Every Tues and Thurs Evenings 7:30-9:30pm In Spanish In the Fellowship Hall

Services
Sunday: 10:45am and 6pm
Wednesday: 7:30pm

Arts & Entertainment

Monday, Jun 23 - Friday, Jul 31
Ohlone for Kids \$R
8 a.m.
Summer enrichment program
Registration begins April 1
Ohlone College
43600 Mission Blvd, Fremont
(510) 742-2304
www.ohloneforkids.com

Thursday, Mar 28 - Sunday, Apr 26
Textile Exhibit
12 noon - 5 p.m.
Mixed media and fiber art
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Monday, Mar 31 - Thursday, May 1
There's Room at the Table for You - \$R
11:45 a.m.
Free and low-cost lunch program for seniors
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840

Tuesday, Apr 1 - Saturday, Apr 30
Boulevard Artists Show
5 a.m. - 9 p.m.
Jan Schafir student exhibit
Mission Coffee Roasting House
151 Washington Blvd., Fremont
(510) 474-1004
www.fremontcoffee.com

Mom or Dad forgetting things?

Are they telling the same stories or asking the same questions over and over? Have they lost interest in socialization and hobbies? **This 5-part education support series will offer very practical tips for people who love someone who is living with Dementia, including Alzheimer's Disease.**

The dates for this 5-part series are:
4/23/14 from 11am - 12:30pm
5/21/14 from 11am - 12:30pm **FREE**

A light lunch and beverages will be served

RSVP at least one week prior to the seminar
RSVP via email to: Dave.peper@aegisliving.com
or Via phone: (510) 739-1515 and ask for Dave Peper

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of Fremont
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Irvington High School
Monday & Thursday 4:00 - 6:15pm
Mission San Jose High School
Wednesday 4:00 - 6:15pm & Sunday (Schedule on line)

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501 (c)(3) non-profit organization
www.mbkhindi.org

"Come and join the conversation"

April 15: "Living With Autism"
A peek into a hidden world
April 22: "After the Attack"
Picking up the pieces and moving on
April 29: "Life's Myths"
What really leads to happiness

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"Doing life. Doing good."
Lifetree Cafe - Fremont
LifetreeCafe-Fremont

Tuesdays at 7:00p
FREE Admission
Upstairs at City Beach Fremont
4020 Technology Place

Farmers’ Markets

OFREMONT:

Centerville
Saturdays

9 a.m. - 1 p.m.
Year-round
Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Kaiser Permanente Fremont
Farmers’ Market

Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market
Sundays

9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

HAYWARD:

Hayward Farmers’ Market

Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

St. Rose Hospital Farmers’
Market

Tuesdays
12 noon – 4 p.m.
Year-round
27200 Calaroga Ave., Hayward
(510) 264-4139
www.digdeepcsa.com

Kaiser Permanente Hayward
Farmers’ Market

Wednesdays
10 a.m. – 2 p.m.
Year-round
27400 Hesperian Blvd., Hayward
800-949-FARM
www.pcfma.com

South Hayward Glad Tidings

Saturdays
9 a.m. - 3 p.m.
Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers’ Market at
ICC

Sundays
8 a.m. – 1 p.m.
Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers’ Market

Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays
9 a.m. - 1 p.m.
Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union
City Farmers’ Market

Tuesdays
10 a.m. – 2 p.m.
Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market

Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

East Plaza Farmers’ Market

Saturday s
9 a.m. – 1 p.m.
Year-round
East Plaza
11th Ave. and Decoto Road
Union City
(925) 825-9090
www.pcfma.com

FREE Adult Reading and Writing Classes are
offered at the Alameda County Library
Tell A Friend Call Rachel Parra 510 745-1480

Continuing Events

Tuesday, Apr 1-Friday, May 30

Art is Education
8:30 a.m. - 5:00 p.m.
HUSD student pieces
Hayward City Hall
777 B St., Hayward
(510) 208-0410

Mondays, Apr 7 - Thursdays,
Jun 6

10th Street After-School Pro-
gram
4 p.m. - 6 p.m.
Sports, arts-n-crafts and games
Drop-in program, no day care
10th Street Community Center
33948 10th Street, Union City
(510) 675-5276
www.UnionCity.org

Tuesday, Apr 22

“After the Attack: Picking Up
the Pieces and Moving On”
7 p.m.
Film, discussion and refreshments
Lifetree Café
4020 Technology Pl., Fremont
(510) 797-7910
www.Lifetreecafe.com

Tuesday, Apr 22

The Classic Concept of Invest-
ing
8:30 p.m.
Grow your money for retirement
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Wednesday, Apr 23

Dementia and Alzheimer’s Ed-
ucation Series – R
11:00 a.m. - 12:30 p.m.
Learn the signs & how to cope
Lunch included
Aegis of Fremont
3850 Walnut Ave., Fremont
(510) 739-1515
dave.peper@aegisliving.com

Wednesday, Apr 23

Hayward Candidate Forums
6 p.m.
Mayoral and City Council candidates
speak
Hayward City Hall
777 B St., Hayward
(510) 208-0410
www.hayward-ca.gov

Wednesday, Apr 23

Earth Day Symposium
11:45 a.m. - 12:45 p.m.
Discuss oil pipes across America
Ohlone College
43600 Mission Blvd, Fremont
(510) 742-2304
http://www.ohlone.edu/org/sus-
tainability/earthweek.html

Wednesday, Apr 23

Seniors are Going Green
11:30 a.m.
Food scrap recycling program
Ralph & Mary Ruggieri Senior
Center
33997 Alvarado Niles Rd.,
Union City
(510) 675-5495

Thursday, Apr 24

SAVE Open Doors – R
6:00 p.m. - 7:30 p.m.
Domestic violence outreach program
Ages 14+
Super Suppers
39164 State St., Fremont
(510) 574-2262

Thursday, Apr 24

HERS Breast Cancer Founda-
tion Awards Luncheon \$R
11:00 a.m. - 1:30 a.m.
Luncheon, guest speaker and awards
ceremony
Sheraton Hotel
1801 Barber Lane, Milpitas
(408) 943-0600
http://herspeoplewithpurpose.org

Thursday, Apr 24 - Saturday,
Apr 26

Dis-Connected \$
8 p.m.
Spring dance production
Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.com

Thursday, Apr 24

World-Class Relationships for
Work and Home
7 p.m. - 9 p.m.
Communication course for singles and
couples
Fremont Family Resource Center
39155 Liberty St. (at Capitol),
Fremont
(510) 574-2026

Thursday, Apr 24

Love Your Heart with Healthy
Eating – R
6:00 p.m. - 7:30 p.m.
Nutrition strategies to manage heart
health
Carlton Plaza
1000 E. 14th Street, San Leandro
(510) 869-6737

Friday, Apr 25

Friday Night Hang Out!
6 p.m. - 9 p.m.
Play pool, air hockey and video games
Ages 12 -17
Union City Teen Center
1200 J St., Union City
(510) 675-5600
www.UnionCity.org

Friday, Apr 25 - Sunday, Apr
27

Willy Wonka Jr. \$
Fri & Sat: 7:30 p.m.
Sat & Sun: 2:00 p.m.
Children’s musical comedy about a
candy maker
Irvington High School
41800 Blacow Rd., Fremont
(510) 659-1319
www.StarStruckTheatre.org

Friday, Apr 25

Once Around the Lake
9 a.m. - 2 p.m.
9 mile hike around the lake
Bring lunch and water. Ages 12+
Lake Chabot
17600 Lake Chabot Rd,
Castro Valley
(888) 327-2757
www.ebparks.org

Friday, Apr 25

“La Mystique de Paris” \$R
6:30 p.m.
Cabaret, music, auction and dancing
Hilton Hotel
39900 Balentine Dr., Newark
(510) 490-8390
www.musicatmsj.org

Friday, Apr 25

June Primary Candidate Forum
6:45 p.m.
Assembly, Congressional and Senate can-
didates speak
Fremont City Council
3300 Capitol Ave., Fremont
(510) 494-4508
www.lwvfncuc.org

Saturday, Apr 26

Making Prehistoric Shell Beads
– R
9:30 a.m. - 12 noon
Transform shells into beads
Ages 12+
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(888) 327-2757
www.ebparks.org

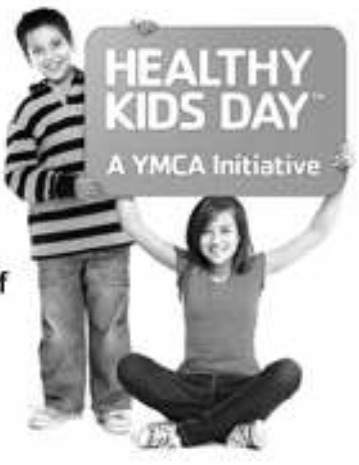


Join us for a Fun Day of
Family Fun

April 26
10am-1pm

Carnival
Tons of Fun
Family Activities

41811 Blacow Road, Fremont



Fremont/Newark
Annual Healthy Kids Day®
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We will transport you for FREE.

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or give a cash donation

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Email: programassistant@driversforsurvivors.org
www.DriversForSurvivors.org

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Flute, and Clarinet *Private Lessons: Piano, Voice*
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March-May, 2014

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www.masakomusic.net
6231 Jarvis Ave. Newark CA 94560
510-565-6230

The Ohlone College Super Flea Market Presents:

The Great Garage Sales Blast



Sat., April 26th

**Clean out your garage, closet,
storeroom, work shed, file cabinets.**

The object of the GREAT GARAGE SALE is to make it possible for folks to get rid of the "stuff" they have had around the house for decades.

Who will NOT be accepted:
1. Professional Antique Dealers
2. People who have sold twice in the last twelve months

Registration Fee: \$25 Ohlone College - 43600 Mission Blvd., Fremont
Large Booth: \$35 Rain or Shine - In Parking Lot E
510.659.6285 <http://fleamarket.ohlone.edu>

The Ladies Social Committee Presents

Springtime Boutique

Saturday April 26

9am - 3pm

38991 Farwell Drive, Fremont

*Lots of Vendors
Crafts, Accessories, Jewelry
Kitchen Items, Home Decor
Snack Bar
Homemade Bake Sale*



Cruisin' for a Cause:



No Ordinary
Car Show

SUBMITTED BY
SHARENE GONZALES

Looking for an out-of-the-ordinary event? Bring the entire family to Capitol Avenue in downtown Fremont on Saturday, May 3, for Cruisin' for a Cause. This classic and custom car show not only features vehicles, including emergency service vehicles, but adds a fun spin on receiving a traffic ticket - donors are ticketed for their generosity. That's right, when cash donations are made in the "Charity Lane," donors receive a mock "ticket" and coupon for a free donut. The entire family can enjoy a little rock-n-roll with the beats of Cold Storage, a five member band playing hits of the 1950s and 60s. And if you've got little ones there will be kids' activities to keep them entertained.

This event is designed to provide a nice outing for the entire family, but more importantly to

raise money and awareness for Drivers for Survivors (DFS), a local non-profit organization providing no cost transportation services for cancer patients who reside in Fremont, Newark or Union City. A \$25 donation will provide a DFS client one day round-trip transportation to a treatment facility for medical care.

There is no cost for this event but donations are welcome.

The event is organized by Leadership Fremont 2014 on behalf of Drivers for Survivors. Leadership Fremont is a coordinated program through the Fremont Chamber of Commerce.

**Cruisin' for a Cause
Saturday, May 3
9 a.m. - 12 noon
Custom car show, music,
kids activities
Capital Ave, Fremont
www.DriversForSurvivors.org**

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With No Farm**

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TTY 510-249-2798

Center Hours: Monday-Friday 8:00am-4:30pm

Special Olympics hosts Bay Area Games

SUBMITTED BY ANNA OLESON-WHEELER

Local special education students will get to participate in an invitational track and field competition known as Bay Area Games on April 29 at Acalanes High School in Lafayette. Hosted by Special Olympics Northern California as part of its Schools Partnership Program, the 2014 Bay Area Games will see more than 550 special education students compete.

The 2014 Bay Area Games is the third annual interscholastic competition created specifically for special education students-athletes. At this year's event, special education students from Fremont, Newark and Union City, will join in and compete with special education students hailing from surrounding counties.

Serving as active participants, peer partners and race timers, more than 150 non-disabled students from Acalanes High School will volunteer at Bay Area Games.

The day's events begin at 10 a.m. with Opening Ceremonies, which are followed by three action-packed hours of track and field competition. Every student-athlete will be recognized for their achievements by having a Special Olympics Bay Area Games medal draped around their necks by Bay Area law enforcement.

The invitational event is open to qualified classes currently participating in Special Olympics Northern California's Schools Partnership Program. The 550 special education student-athletes - who range in age from kindergarten to transition - have been all been training for the competition as part of the Special Olympics Schools Partnership Program. The Schools Partnership Program provides 24 weeks of training in three sports - soccer, basketball and track and field - to over 4,600 special education students.

All three editions of the annual Bay Area Games were made possible in part by Chevron, an annual partner of Special Olympics Northern California.

For more information on Bay Area Games and to see a list of participating schools, please visit www.BayAreaGames2014.org.

Special Olympics Bay Area Games

Tuesday, Apr 29

10 a.m. - 1 p.m.

Acalanes High School

1200 Pleasant Hill Rd, Lafayette

(925) 944-8801, Ext. 225

schools@sonc.org

www.sonc.org

Mission Hill Athletic Club

Art & Jazz Fair

FREE

*Enjoy an afternoon
under the towering Redwoods and
view our display of art
from local artists with live jazz.*

Food and Beverage available
for sale at the event.
A portion of the food and
beverage proceeds will be donated to
Abode Services, a local charity that provides
housing and services to the homeless.

Please RSVP

510-656-2250

10 East Las Palamas Ave., Fremont



Spring
Art

&

Jazz

Fair



May 10th
2014

12-4pm

@
**Mission Hills
Athletic Club**

Saturday, Apr 26
Spring Garden Day \$
10:30 p.m. - 1:00 p.m.
Work in the garden
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Saturday, Apr 26
Community Garden Open House
10 a.m. - 4 p.m.
Food and music
Tennyson High School
27035 Whitman Street, Hayward
(510) 723-3190

Saturday, Apr 26
Family Bird Walk – R
2:30 p.m. - 4:30 p.m.
Create a field guide and use binoculars
Ages 5 -10
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x362

Saturday, Apr 26
Shell Pendant and Seed Bead Necklaces \$R
1 p.m. - 4 p.m.
Make a necklace using past technology
Ages 12+
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(888) 327-2757

Saturday, Apr 26
Healthy Kids Day
10 a.m. - 1 p.m.
Carnival games and activities
YMCA
41811 Blacow Rd., Fremont
(510) 657-5200

Saturday, Apr 26
Citizenship Day
9:30 a.m.
Assistance with naturalization application
Fremont Family Resource Center
39155 Liberty St., Fremont
(888) 277-8608
www.ebnatz.org

Saturday, Apr 26
Ducks for Bucks Benefit Race \$
11 a.m.
Duck racing and prizes
Lake Elizabeth
1100 Stevenson Blvd., Fremont
(650) 882-7901
www.ducks4bucks.org

Saturday, Apr 26
Earth Day
11 a.m. - 3 p.m.
Prescription drug disposal and recycling ideas
Kid’s activities
Washington Hospital
2500 Mowry Ave., Fremont
(510) 791-3428
http://www.whhs.com/green

Saturday, Apr 26
Stepping Stones 1-Mile Walk and 5K Run \$
7:30 a.m.
Benefits individuals with developmental disabilities
San Leandro Marina
13801 Monarch Bay Drive,
San Leandro
(510) 583-0100
http://www.firstgiving.com/everystepcounts/12th-annual-every-step-counts-event

Saturday, Apr 26
Lose Your Lawn the Bay-Friendly Way
1 p.m. - 4 p.m.
Convert you lawn without tearing it out
Hayward Main Library
835 C St., Hayward
(510) 881-7980
www.library.hayward-ca.gov

Saturday, Apr 26
Make Money Writing
3 p.m. - 4 p.m.
Strategies to earn income from writing
DeVry University
6600 Dumbarton Cir., Fremont
(510) 791-8639
www.cwc-fremontareawriters.org

Saturday, Apr 26
British Awareness Charity Event \$
12 noon - 3 p.m.
Pub luncheon
Castlewood Country Club
707 Country Club Cir.,
Pleasanton
(510) 796-2810
www.dbenca.org

Saturday, Apr 26
Spring Boutique
9 a.m. - 3 p.m.
Arts, crafts and snack bar
Besaro Mobile Home Park
4141 Deep Creek Rd., Fremont
(510) 894-2150

Saturday, Apr 26
Springtime Boutique
9 a.m. - 3 p.m.
Items for your home and bake sale
Elks Lodge
38991 Farwell Dr., Fremont
(510) 793-5683

Saturday, Apr 26
Hayward Airport Open House
10 a.m. - 4 p.m.
Exhibits, food and music
Free airplane rides for ages 8 -17
Hayward Airport
20301 Skywest Dr., Hayward
(510) 293-8678

Saturday, Apr 26
Earth Day Creek Clean-Up
8:30 a.m.
Litter and invasive plant removal
Park at CVS Pharmacy
Castro Valley Creek
3667 Castro Valley Blvd.,
Castro Valley
(510) 891-5585
anna.gee@acgov.org

Saturday, Apr 26
3 on 3 Basketball Tournament
10 a.m.
Youth and co-ed teams
Ages 12 – 24
Contempo Park
32300 Meteor Dr., Union City
www.UnionCity.org
http://tinyurl.com/lykaa4

Saturday, Apr 26
Tween Workshop: Duct Tape Bracelets – R
3:30 p.m.
Supplies provided
Pre-registration required
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Apr 26
Lawn Mower Exchange Program – R
8 a.m. - 2 p.m.
Exchange gas for zero-emission electric mowers
Oakland International Airport
1 Airport Dr., Oakland
www.baaqmd.gov/mowers

Saturday, Apr 26
Bunco Madness \$R
10:30 a.m. - 2:30 p.m.
Bunco, prizes and luncheon
Hill and Valley Clubhouse
1808 B St., Hayward
(510) 785-2053

Saturday, Apr 26
Tamil Manram Food and Art Festival
11 a.m. - 7 p.m.
Food and entertainment
Centerville Jr. High School
37720 Fremont Blvd., Fremont
(408) 394-4322

Saturday, Apr 26 – Saturday, June 14
PhotoCentral Spring Exhibition
Monday: 5 p.m. – 10 p.m.
Tuesday & Thursday: 10 a.m. – 1 p.m.
PhotoCentral Gallery
Hayward Area Park and Recreation District Offices
1099 E St, Hayward
(510) 881-6721
http://www.photocentral.org/Spring2014
Free

Saturday, Apr 26
Spring Exhibition Reception
2 p.m. – 5 p.m.
PhotoCentral Gallery
Hayward Area Park and Recreation District Offices
1099 E St, Hayward
(510) 881-6721
http://www.photocentral.org/Spring2014

Sunday, Apr 27
Sheep Shearing Day \$
Transform wool from fiber to yarn
11 a.m. - 3 p.m.
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Sunday, Apr 27
Outdoor Discoveries: Mini-Monsters of the Moat \$R
2:30 p.m. - 4:00 p.m.
Search Alameda Creek for bugs
Ages 3 – 6
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Sunday, Apr 27
Ohlone in the Marshes: Tule Boats – R
10:30 a.m. - 12 noon
Use natural materials to create small boats
RSVP by 4/24. Ages 8+
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513

Sunday, Apr 27
Sneaky Snakes
11 a.m. - 12 noon and 1 p.m. - 2 p.m.
Study snakes and create a craft
Ages 9+
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Sunday, Apr 27
Pancake Breakfast \$
8 a.m. - 12 noon
Breakfast, raffle, and bake sale
Sunol Glen School
11601 Main St., Sunol
(925) 862-2026
http://sunol4h.weebly.com

Monday, Apr 28
Eden Garden Club Meeting
9:30 a.m.
Discuss edible and sustainable gardening
Castro Valley Moose Lodge
20835 Rutledge Rd.,
Castro Valley
(510) 538-4292

Monday, Apr 28
Start Smart Teen Driving – R
6 p.m. - 7 p.m.
Driver safety education class
Ages 15 – 19
Castro Valley Library
2600 Norbridge Ave.,
Castro Valley
(510) 667-7900
NSilva@aclibrary.org

Monday, Apr 28
Washington Hospital Golf Tournament \$R
8 a.m.
Golf, lunch, dinner, and prizes
Castlewood Country Club
707 Country Club Cir.,
Pleasanton
(510) 791-3428
foundation@whhs.com

Tuesday, Apr 29
Housing Element Update
2:00 p.m. - 3:30 p.m.
Participate in city general housing plan
Union City City Hall
34009 Alvarado-Niles Road,
Union City
(510) 471-3232
www.unioncity.org

Tuesday, Apr 29 - Wednesday, Apr 30
Travel Training Workshop – R
9 a.m. - 12 noon
BART and ACT bus instruction
For seniors and people with disabilities
Fremont Senior Center
40086 Paseo Padre Parkway,
Fremont
(510) 574-2053

Wednesday, Apr 30
Día de los Niños
3:30 p.m.
Sing, read in English & Spanish (preschool-grade 4)
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1421

Stepping Stones makes every step count

PHOTOS BY KAMAU AMEN-RA

On Saturday, April 26, Stepping Stones Growth Center – an organization founded by parents of children with special needs – will hold its 12th annual “Every Step Counts Walk/Run” at the San Leandro Marina. “Every Step Counts” is a popular, family-friendly fundraising event that encourages individuals with developmental disabilities to be active, as they are a community traditionally underserved by mainstream health and wellness initiatives.

Stepping Stones, established in 1975, serves over 400 adults and kids. Their large menu of services offers after school and long days/vacation programs for kids that focus on vocational and life skills development through hands-on activities, and programs for adults including wellness, art, independent living services, and training for employment opportunities. “We want them to feel confident to participate in all aspects of what

other people consider to be a ‘normal life,’” says Marcia Hodges, interim executive director of Stepping Stones.

Over half of their clients are in the employment programs. Stepping Stones helps them get jobs with corporations like Home Depot, Safeway, Costco and Wal-Mart and provides coaches who help them be successful in their positions.

“Every Step Counts,” now in its 12th year, brings staff, board, consumers and the greater community to support the agency. “One of the intangible benefits of the event is to help the greater community become more familiar with persons with developmental disabilities,” says Hodges. “So many people have limited knowledge and experience with these consumers that it helps to break down barriers of inclusion into the larger society. The funds raised help to strengthen the overall quality of the programs.”

Walk/run participants include USATF athletes and individuals of all ages. Jason

Appezato, former Stepping Stones client, has participated in the event for several years and is now a dedicated runner, hitting the pavement in Alameda every morning. Following high school, Jason joined the organization, working in a number of programs that trained him for his job at Safeway – a position he’s held for nearly eight years. What began as a way to lose weight turned into a health lesson that taught Jason how much better he feels by being active – a feeling similar to what he gained through his experience with Stepping Stones.

The \$30 entry fee supports a wide range of innovative programs for Stepping Stones Growth Center and entitles participants to a t-shirt, prize drawings, goodie bag and refreshments; medals will be awarded to the top first-run finisher in each age division, male and female. Each individual who raises \$500 or more will receive a prize from Stepping Stones.

Register in advance or sign up on event

day. Check-in and day-of registration begins at 7:30 a.m. at the San Leandro Marina Park picnic tables near the walking path. Online registration and donation information is available at <http://www.firstgiving.com/everystepcounts/12th-annual-every-step-counts-event>.

Every Step Counts Walk/Run
Saturday, Apr 26
7:30 a.m.: Event check-in and day-of registration
8:30 a.m.: Opening ceremony and walk/run
10:00 a.m.: Closing ceremony and post-event festivities
San Leandro Marina
13800 Monarch Bay Dr, San Leandro
(510) 568-3331
<http://www.steppingstonesgrowth.org/>
<http://www.firstgiving.com/everystepcounts/12th-annual-every-step-counts-event>
Entry fee: \$30



LIFE CORNERSTONES

Birth

Marriage

For more information
510-494-1999
tricityvoice@aol.com
Obituaries



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Joan E. Stillwagon
RESIDENT OF FREMONT
 April 28, 1933 – April 3, 2014

Isauro M. Sison
RESIDENT FREMONT
 February 20, 1913 – April 12, 2014

Rose Wong
RESIDENT OF NEWARK
 October 26, 1937 – April 17, 2014

Kokila K. Nand
RESIDENT OF HAYWARD
 November 16, 1945 – April 16, 2014

Jose Norico
RESIDENT OF FREMONT
 June 27, 1947 - April 15, 2014

Carina Y. Beatty
RESIDENT OF FREMONT
 September 26, 1956 – April 15, 2014



Fremont Chapel of the Roses
(510) 797-1900 FD1007
1940 Peralta Blvd., Fremont
www.fremontchapeloftheroses.com



Juanita M. Carter
RESIDENT OF FREMONT
 March 7, 1954 – April 14, 2014

Bhopinder S. Judge
RESIDENT OF PLEASANTON
 April 5, 1925 – April 16, 2014

Martha A. Abela
RESIDENT OF NEWARK
 April 14, 1949 – April 17, 2014

Mervin R. Santos
RESIDENT OF STOCKTON
 February 5, 1923 – April 19, 2014

Berge • Pappas • Smith
Chapel of the Angels
(510) 656-1226
40842 Fremont Blvd, Fremont

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Life Cornerstones will acknowledge important events that occur during the cycle of life in our community. In order to give a broad and fair opportunity for all citizens to be recognized, a basic listing is offered at no cost. Such announcements may include births, deaths, marriages, anniversaries, bar/bat mitzvah, Quinceañera, etc. Many cultures celebrate different milestones in life and this list will be as inclusive as possible. Please contact TCV at (510) 494-1999 or emailtricityvoice@aol.com for submissions or further information. Free listings are limited to residents and families of the Greater Tri-City Area.

Supervisors support Cortese proposal to help San Jose Police Department

SUBMITTED BY
JANICE ROMBECK

The Santa Clara County Board of Supervisors unanimously voted on April 15 to support Supervisor Dave Cortese's proposal to offer temporary law enforcement services from the Sheriff's Department to San Jose while the City works to fill a large number of vacancies in the police department. An analysis from the Sheriff's Office of how this agreement could work will be considered by the board for action at its April 29 meeting. The analysis will include:

- The number of sheriff's officers that could be available to the City of San Jose while still maintaining services to Cupertino, Saratoga and Los Altos Hills, as well as to Valley Transportation Authority, County Parks, Superior Court and Stanford University.
- Any costs to the County that could

result in a temporary agreement.

- The schedules of upcoming Sheriff's Academies and the number of students enrolled.
- Other resources from the Sheriff's Office that might be needed to provide temporary help, such as vehicles, fuel, weapons and other equipment or perhaps help with investigations and evidence storage.
- A timeline of when Sheriff's officers could be available under a temporary agreement.

Cortese proposed the action because San Jose is facing a critical need to increase the number of officers in its police force, which has dropped from 1,400 officers to about 900 active duty officers in six years. San Jose has also been unable to fill its police academies with enough qualified applicants. A smaller San Jose police force has increased emergency response times from 11 minutes to 20 minutes for the most urgent calls, and has forced the department to elim-



inate some units, including the burglary unit.

"I believe our Sheriff's officers could increase neighborhood patrols to help prevent home burglaries and assist in catching and locking up neighborhood criminals," Cortese said.

For more information, contact the Office of Supervisor Dave Cortese at (408) 299-5030.

Hayward Recreation and Park District approved for \$15M in financing

SUBMITTED BY H.A.R.D.

The Hayward Area Recreation and Park District (H.A.R.D.) is pleased to announce that it will be receiving financing in the amount of \$15 million from the California Special Districts Association Finance Corporation.

The financing plan, which is the largest amount in district history, will allow H.A.R.D. to move forward with multiple projects. H.A.R.D. General Manager John Gouveia, who took the lead on acquiring the funding, stated that "Our Board of Directors took a bold step in approving this financing plan. Though it is a large sum and a huge obligation, the end result will be the acquisition of a very desirable parcel of land that will one day make a great park and the jump-starting of several other exciting projects that might have otherwise taken years to begin."

In recognizing the importance of creating more open space for the communities it serves, H.A.R.D. will use about a third of the proceeds to purchase the East Bay Municipal Utility District (EBMUD) 24-acre site commonly known at the Redwood Filtration Plant property, located in Castro Valley for \$5.6 million. A purchase agreement has already been completed.

The San Lorenzo Community Park will utilize \$8 million of the funding to assist with the Phase I renovation of the park which includes the demolition of the existing pond, as well as the construction of the new pond area, active play zone and softball complex. The expected completion date of the improvements is 2016.

Hayward's Kennedy Park will receive \$750,000 for the development of plans and specifications to be completed by 2015. In accordance with the Master Plan approved in 2013, the improvements include a new maintenance yard, improved parking, a redesign of the animal petting zoo and rides, a bandstand, clock tower, upgraded picnic areas, birthday gazebos and children's play areas.

Fairmont Terrace Park in San Leandro will be expanded from 1.67 acres to 3 acres by constructing walking paths, picnic areas and fencing. \$250,000 of the funds will assist with the Phase I process which is expected to be completed by mid-2015.

U.S. Citizenship ceremony held for Hayward Veteran

SUBMITTED BY ALLISON BORMEL

U.S. Representative Eric Swalwell (CA-15) hosted a citizenship ceremony on April 16 for Hayward resident and veteran Specialist Leslie Jack Smith.

Specialist Smith, 65, was born in Switzerland, moved to the U.S. at age 9, and fought for the U.S. Army in Vietnam. However, he learned this year that he was never granted U.S. citizenship in return for service as he was promised. With Rep. Swalwell's involvement, Specialist Smith was granted an expedited path to U.S. citizenship. At the ceremony, he was administered his Citizenship Oath by U.S. Citizenship and Immigration Services (USCIS) San Francisco Field Office District Director John Kramer and presented his Certificate of Citizenship by Rep. Swalwell.

"Specialist Leslie Smith honorably served his country in the U.S. Army and has more than earned the citizenship he was promised 40 years

ago," said Swalwell. "I am honored to have helped fix this injustice, and it will be a great moment when Specialist Smith can finally recite the pledge of allegiance as a citizen of the United States."

Specialist Smith lived his adult life thinking he was a U.S. citizen, as he was provided a Social Security Number and took the Oath of Allegiance after serving in the Army. However, when he tried to apply for Social Security benefits this year he came to find out he was not a citizen and was denied benefits. He reached out to Rep. Swalwell's office who worked with officials at USCIS to secure expedited processing for Specialist Smith. Specialist Smith passed his citizenship exam on April 8.

During his service in Vietnam, Specialist Smith earned the Army Commendation Medal, National Defense Service Medal, Vietnam Service Medal, Vietnam Campaign Medal, and Sharpshooter (Rifle) Badge. He served for three years and was honorably discharged.

Family sues Sacramento over peanut allergy death

AP WIRE SERVICE

SACRAMENTO, Calif. (AP) — A Northern California couple has filed a wrongful death lawsuit against the City of Sacramento in connection with the peanut allergy-related death of their 13-year-old daughter at a city operated camp.

According to the Sacramento Bee (<http://tinyurl.com/memun2h>), Louis Giorgi and his wife, Joanne, allege that officials at Camp Sacramento were warned numerous times that Natalie had a peanut allergy, and that the girl was conscientious about avoiding troublesome food.

Natalie died after eating a Rice Krispie snack containing peanut butter on July 26 while her parents briefly stepped away. The lawsuit alleges that peanut butter was mixed into the snack and undetectable.

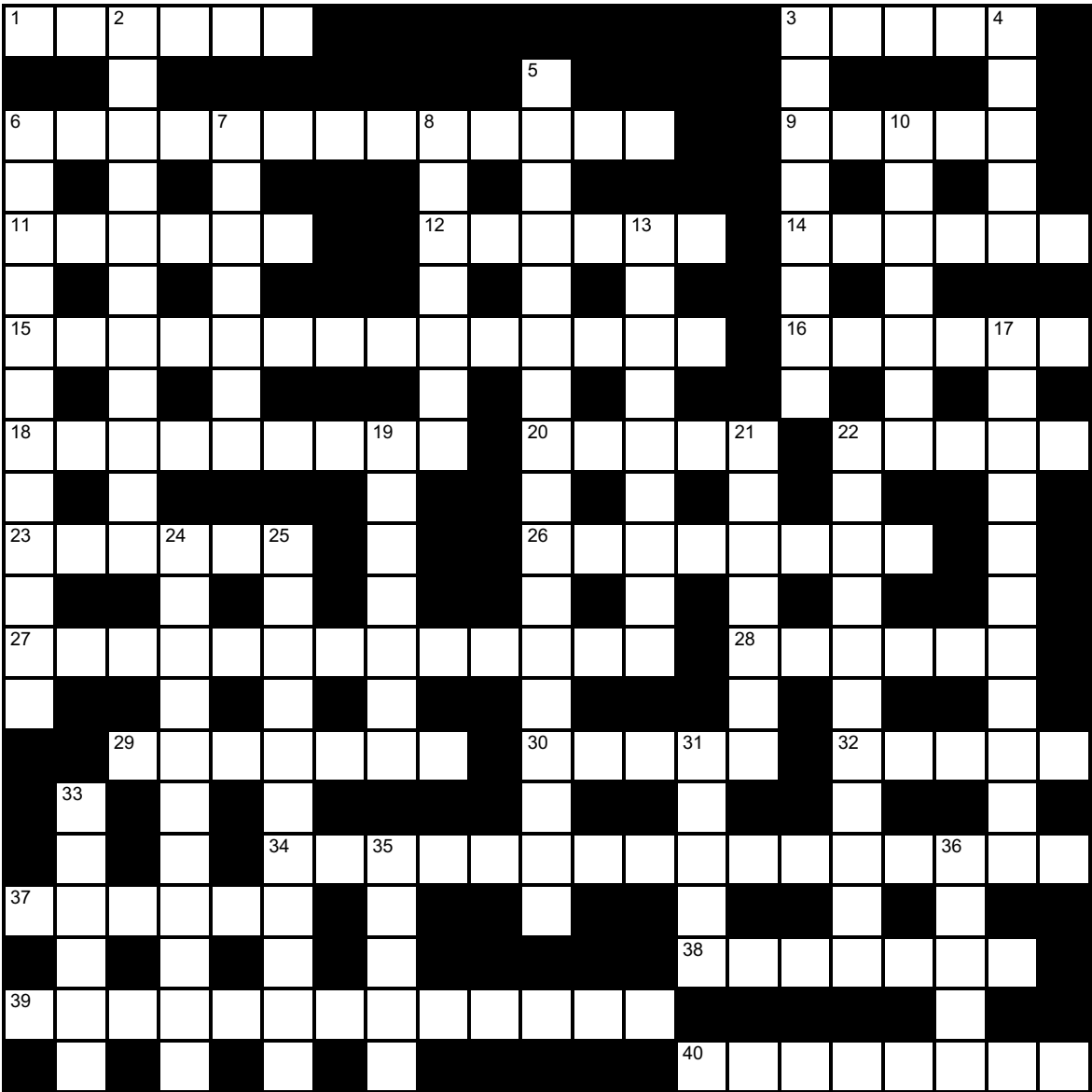
Louis Giorgi, a doctor, said he injected Natalie with epinephrine, but it was ineffective.

A city spokeswoman didn't immediately return calls seeking comment. Information from: The Sacramento Bee, <http://www.sacbee.com>

Mind Twisters

Crossword Puzzle

B 262



- Across

1 Not noticeable, in ____ (6)

3 Dwarf (5)

6 Honorable (13)

9 Chivalrous (5)

11 Beat (6)

12 Declares (6)

14 Application (6)

15 Chosen person to act on behalf of many (14)

16 Opportunity (6)

18 Skyscrapers (9)

20 Grant (5)

22 Concentrate (5)

23 Story lines (6)

26 Gave them needed things (8)

27 Non profit ____ (13)
- Down

2 No Clue

3 Life, for one (8)

4 Churchill's "____ Finest Hour" (5)

5 Where Santa drops off gifts (9,8)

6 Channels of ____ , mail sent to many places (12)

28 Absorb (6)

29 Sudoku, crosswords (7)

30 Bowie's weapon (5)

32 Delicate (5)

34 Chores (16)

37 Dance (6)

38 Adaptable (7)

39 Way to say words (13)

40 Easily without friction (8)
- 7 As a preferred alternative (7)

8 Calls people home for event (7)

10 ____ gives milk (7)

13 Paper covers to mail letters (9)

17 Rural area (11)

19 Trash (7)

21 ____ to the Golden State (7)

22 McDonald's eatable (6,5)

24 Height, width (11)

25 Country with Alps mountains (11)

31 Big lie (5)

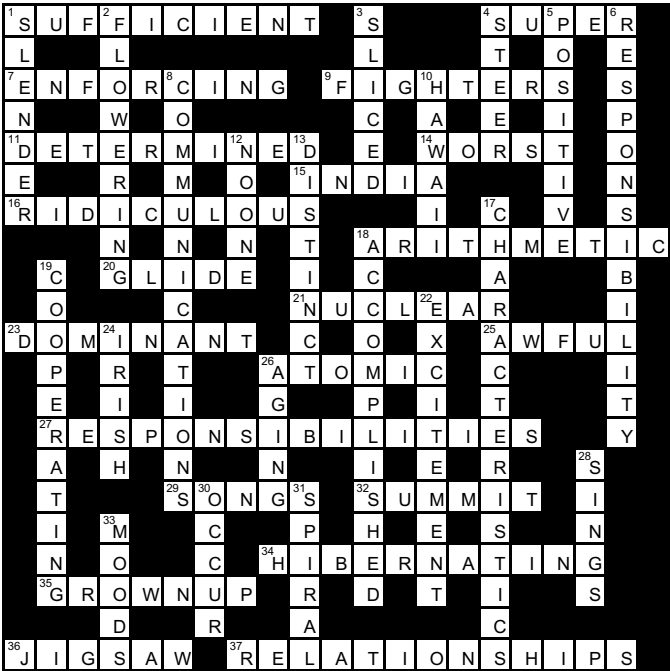
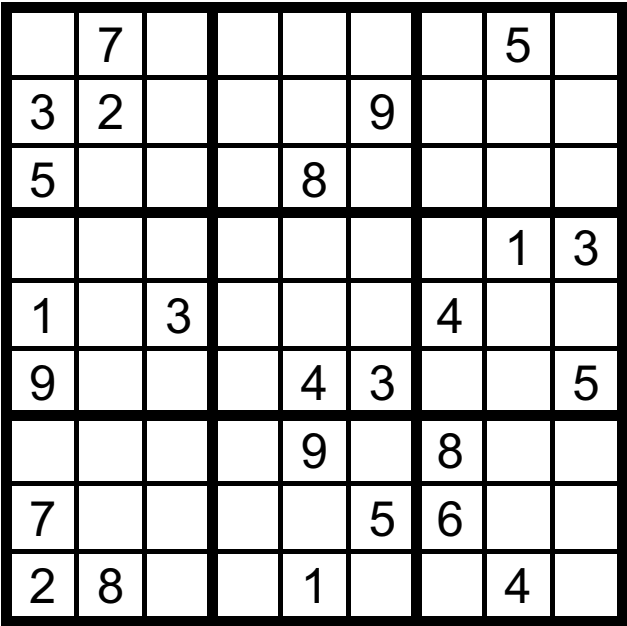
33 On the train (6)

35 100% (5)

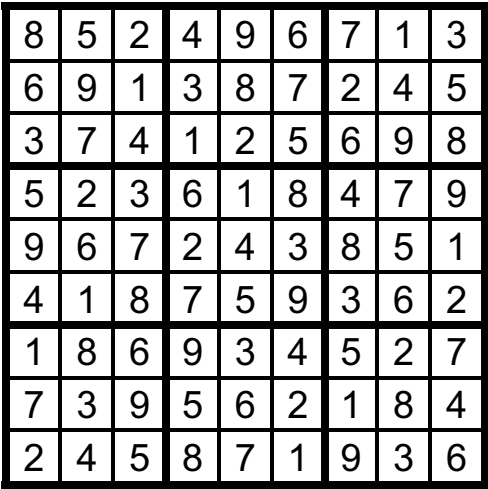
36 Dander (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 261



Tri-City Stargazer APRIL 23 – APRIL 29 2014 BY VIVIAN CAROL

For All Signs: This week starts with a triangulated arrangement among Uranus, Pluto, and Mars. This combination of planets can light fires of creative discussion among groups. It is also a group of energies that can be explosive, as in dynamite. Uranus represents the People while Pluto represents the corporate bodies and those with Power. Mars is the warrior planet which is presently retrograding. The rule of Mars retrograde is like the action of a boomerang. Whoever goes on the attack or initiates a war-like action will

find it turned back upon them. This includes countries, states, or individuals. On the other hand, if you are “attacked,” you have the right to defend yourself through rational statements. It will likely stop the aggressor in his/her tracks.

Aries the Ram (March 21-April 20): You may be totally tied up in knots during this period. You want to change things within the framework of your partnership(s), but it feels as though you dare not take the initiative to do so. Unfortunately, the world around you may take things out of your hands and force you to confront the situation before you are ready.

Taurus the Bull (April 21-May 20): Early in the week the flow is really good for you with both friends and partner(s). Then one of these people requests a stronger commitment. Right away you are challenged by new thoughts. The eclipse in your sign this week on April 29 demands that you get in touch with your truest self. Do you really want this commitment?

Gemini the Twins (May 21-June 20): There is a shift of your attention to matters of your personal history that may go back quite a long time. You will be looking inside yourself for meditative peace, answers to serious questions, and encouragement from your source. Journaling, hypnosis, meditation or counseling are favored activities now.

Cancer the Crab (June 21-July 21): On Tuesday the 29th there is a new moon eclipse in Taurus, your sign of friendships and community activities. The “new” moon symbolizes new starts and fresh beginnings. Because the new moon occurs in the dark and is invisible, your new activity may not even be clear to you for a time.

Leo the Lion (July 22-Aug 22): The new moon eclipse on April 29th suggests a fresh beginning in your career or life direction. Look for a slight shift in your path. It may look very small now, even unnoticeable. But this is the nubbin of a new branch on the tree. Such changes are often seen in hindsight, as a minor decision that ultimately reshapes your route.

Virgo the Virgin (August 23-September 22): Your new focus for the next two weeks will be mind expanding. You may be researching a new interest, gazing over travel brochures for your next adventure, or pursuing an interest in philosophy or religion. Love and social life have green lights. Your creativity is in high gear. Activities involving children are favored.

Libra the Scales (September 23-October 22): You dropped the ball on an important project in self-work during February. It created a type of vacuum within and prevents you from moving forward. Has your confidence waned? Are you fearful of how the world will react to your plan? Explore deeply enough to find the problem so you can wrestle with its root.

Scorpio the Scorpion (October 23-November 21): You have carried so much stress over the last few months that you are similar to a ticking bomb. One more problem to solve and you may be on the verge of exploding. Circumstances in your work or a change in your life routine might press the button. All of this is hard on the body, so it may stop and refuse to go further until you rest.

Sagittarius the Archer (November 22-December 21): If you have been channeling your energy into a project that has positive value for many, you may be receiving recognition and applause now. If, instead, you are working on something that is purely to glorify your ego, you will find the powers

are fighting you every step of the way.

Capricorn the Goat (December 22-January 19): You are bombarded by multiple problematic situations and you may be trying to control them all. Tough work, isn't it? Pace yourself. The challenges will go on for another year or two before it releases you. Transformation is at hand if you will allow yourself to let go of part or all of it. Your body may rebel if you don't.

Aquarius the Water Bearer (January 20-February 18): In case anyone “attacks” you on the road or via the law, you need to remain aware that you are in the right, or within legal parameters. Legal interests are favored. Hold your ground. While shopping for

practical needs, you may find what you want at a good price, well within reason.

Pisces the Fish (February 19-March 20): This is an ideal time to travel with another, to talk things over and stretch your perspective. It is also a good time for any activity connected to writing or education, whether learning or teaching. Good fortune may come to you via the Internet. The muse is nearby and will assist you with intuition or creative work.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

OPINION



WILLIAM MARSHAK

It is exciting to take on new projects that either replace existing structures or build on a currently blank canvas. A myriad of possibilities are open to discussion; practical issues are theoretical problems to be considered and overcome, yet cause little immediate impact. In planning and political circles, current growth, development and redevelopment models are incorporated in models designed for a future of many years and decades. A plethora of “modern” and “futuristic” designs emerge that although tantalizing now, can become dull and dated. Some bright ideas of the past, incorporated into commercial, retail and residential development, suburban shopping centers, malls, urban spaces, big box retail, enterprise zones and the like are now considered blight. Once fashionable concepts can fade; design moves on over the years – some endures while some fall out of favor and languish or devolve into disrepair.

Throughout this cycle of change and fascination for the newest idea, problems with

Unfinished business

deep roots in past plans remain and need attention. Although many of our local South-east Bay cities have recent incorporation dates, past actions, inactions and decisions of past decades intrude on the present and need to be addressed along with the bells and whistles of new developments. One such issue, long overdue for attention in Fremont (and others), is traffic patterns coupled with population growth. In this case, the BART extension through instead of to Fremont will soon become a reality. How will this impact all districts, not just those adjacent to a new station?

The addition of housing and current congestion in the Mission San Jose district is not a new pressing problem. It will soon increase as development plans progress. Mission Boulevard has become a de facto expressway, gridlocked during rush hours, impacting side streets, Ohlone College and retail commerce. As a heavily used north-south connection to all points of the compass and neighboring cities, creative, concentrated effort is needed to figure out what to do. Building more residences along this corridor is not a fix, rather adds to the problem. What about traffic, schools, quality of life? Has this been addressed?

Another real, and in some ways welcome, problem for the Tri-Cities is the natural beauty of our area. It makes our lives pleasant but also attracts others from around the Bay who also would like to enjoy it. This is a testament to singular and exceptional local features, but when current infrastructure is unable to handle an influx of people attracted to these facilities, our elected officials need to recognize and address the problem. An example is the situation that occurs almost constantly at the trailhead to Mission Peak on Stanford Avenue. A constant problem that is given little or no attention; citi-

zens of surrounding neighborhoods are left to deal with it. Even when elected officials have been put on notice in the past, attention soon gives way to ennui and negligence. Why? For a video look at what goes on, visit: https://www.youtube.com/watch?v=czTS_yMzzKk.

Each city has a list of its own “unfinished business” that demands at least as much attention as shiny, new baubles of the next, best and greatest idea. Attention to what exists and resolution of its problems is paramount to a healthy and vibrant city. Benign neglect is not compassionate or helpful. At a recent Fremont City Council meeting, a referral by Councilmember Sue Chan asked Staff to examine the state of affordable housing and why so little has been actually accomplished. Although Fremont claims it is ahead of most other cities in this regard, it was recognized that very few cities have actually accomplished much; being the best of the worst is still pitiful. It may be time for each city to establish a citizen committee or commission to dust off the shelves of neglect and sift through “unfinished business.”

William Marshak
PUBLISHER

Local youth organizes food drive

SUBMITTED BY AREN WANG

Did you know that 16,000 people in Fremont, 5,023 people in Union City and 2,835 people in Newark are fighting poverty, hunger and food insecurity? Approximately one third of these people are seniors; another third are children. These people depend on local organizations including Tri-City Volunteers for food and help.

My name is Aren Wang and I live in Union City. I am a home schooled 9-year-old who became interested in this topic when I saw homeless people and asked my mother about them. She took me to Tri-City Volunteers in Fremont where I met Executive Director Melissa Ponchard and toured the facility. I was surprised by the limited food on hand that day – only oranges, onions, apples, bread, and donuts. Ms. Ponchard said they were running low because it was Friday. Most people come for their food on Tuesday, Wednesday or Thursday. I saw people lining up for food. I thought about my grandmother - if she had to line up for

food, I'd feel bad.

Another really sad part to this story is I found out that Tri-City Volunteers struggles to cover their bills and pay wages. They also need better computers. It's hard to help others when you are constantly worried about paying for things like rent, gas and staff. Tri-City Volunteers have only 10 staff people working for them. Ms Ponchard says that volunteers do the work of another 40 people!

Ms Ponchard also said that there is a “food drought” going on – food supplies are really low and she is worried that they will have much less food to feed the hungry this year because of the drought. If you have extra vegetables from your garden, you can donate to Tri-City Volunteers. They really need fresh, healthy food.

I was inspired by my visit and decided to organize a food drive. I wanted to help Tri-City Volunteers. In all, I collected 80 cans of food and \$80. I wish to thank my friends and family for donating cans and money, including my brother's babysitter Jessica Doerr, my gardening teacher, Sandra Nevala-Lee,

my teacher Elaine Peterson, and employees at Midlabs in San Leandro.

Please help Tri-City Volunteers. They need food donations and more urgently money to pay bills. Tell them Aren sent you!

Tri-City Volunteers
37350 Joseph St, Fremont
(510) 793-4583
www.Tri-CityVolunteers.org



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HOME SALES REPORT

CASTRO VALLEY TOTAL SALES: 07							
Highest \$:	1,200,000	Median \$:	655,000				
Lowest \$:	570,000	Average \$:	753,714				
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED	
16990 Briery Court	94546	1,200,000	4	3108	1973	03-18-14	
4806 Lodi Way	94546	621,000	3	1533	1954	03-20-14	
3880 Lux Avenue	94546	585,000	3	1427	1961	03-18-14	
5223 Seaview Avenue	94546	655,000	3	1851	1954	03-20-14	
2757 Talbot Lane	94546	835,000	3	1971	1947	03-20-14	
4136 Wilson Avenue	94546	570,000	3	1659	1963	03-19-14	
6545 Ridgewood Drive	94552	810,000	4	2244	1990	03-18-14	

FREMONT TOTAL SALES: 18							
Highest \$:	1,300,000	Median \$:	618,000				
Lowest \$:	305,000	Average \$:	678,722				
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED	
3514 Birchwood Terrace #305	94536	345,000	1	917	1984	03-18-14	
3660 Knollwood Terrace #301	94536	325,000	1	917	1984	03-20-14	
4347 Nagle Way	94536	660,000	3	1377	1958	03-19-14	
39339 Argonaut Way	94538	550,000	3	1269	1961	03-17-14	
1925 Barrymore Common	94538	345,000	2	882	1982	03-20-14	
39993 Fremont Boulevard #3	94538	305,000	1	922	1987	03-18-14	
49002 Cinnamon Fern Cn 322	94539	314,500	2	1229	2009	03-18-14	
40188 Dolerita Avenue	94539	1,150,000	3	1557	1975	03-18-14	
1456 Lemos Lane	94539	1,180,000	4	1664	1964	03-19-14	
510 Olive Avenue	94539	1,300,000	4	2312	1975	03-19-14	
45990 Paseo Padre Parkway	94539	1,135,500	4	2961	1979	03-17-14	
34492 Colville Place	94555	618,000	3	1372	1972	03-20-14	
3563 Ferry Lane	94555	800,000	4	2330	1950	03-20-14	
4255 Nerissa Circle	94555	800,000	4	1717	1986	03-19-14	
34904 Oyster Bay Terrace	94555	575,000	3	1580	1981	03-18-14	
5714 Via Lugano	94555	781,000	2	1231	2007	03-18-14	
5716 Via Lugano	94555	714,000	3	1387	2007	03-17-14	
5720 Via Lugano	94555	319,000	2	1231	2007	03-20-14	

HAYWARD TOTAL SALES: 18							
Highest \$:	880,500	Median \$:	365,000				
Lowest \$:	201,000	Average \$:	423,222				
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED	
23970 Azevedo Avenue	94541	434,500	3	1313	1956	03-20-14	
2265 Beckham Way	94541	500,000	4	2800	1963	03-20-14	
22921 Kingsford Way	94541	400,000	3	1333	2004	03-18-14	
2013 Oak Creek Place	94541	335,000	2	1225	1972	03-18-14	
22833 Paseo Place	94541	400,000	2	1700	2004	03-19-14	
425 Puerto Place	94541	347,000	2	1442	1980	03-19-14	
184 Sunset Boulevard	94541	672,000	7	3046	1975	03-18-14	
24140 Zorro Court	94541	340,000	3	1014	1951	03-18-14	
136 Sonas Drive	94542	880,500	4	3452	2010	03-18-14	
4225 Twilight Court	94542	825,000	4	2492	1992	03-19-14	
32037 Amelia Avenue	94544	378,000	3	1228	1955	03-18-14	
408 Custer Road	94544	350,000	3	952	1951	03-19-14	
945 Fletcher Lane #B210	94544	205,000	1	747	1986	03-19-14	
661 Lindhurst Lane	94544	445,000	3	1064	1958	03-20-14	
27851 Pompano Avenue	94544	201,000	3	1000	1954	03-18-14	
29599 Vanderbilt Street #102	94544	210,000	1	643	1988	03-18-14	
27551 Coronado Way	94545	330,000	3	1119	1955	03-18-14	
2749 Naples Street	94545	365,000	3	1128	1957	03-20-14	

MILPITAS TOTAL SALES: 23							
Highest \$:	777,000	Median \$:	624,000				
Lowest \$:	240,000	Average \$:	590,043				
1218 Acadia Avenue	95035	696,000	4	2029	1970	03-28-14	
348 Belshaw Drive	95035	749,000	4	1707	2009	03-25-14	
469 Cascadita Terrace	95035	618,000	3	1547	1992	03-25-14	
1310 Cirolero Street	95035	400,000	4	2070	1977	03-25-14	
701 Clauser Drive	95035	745,000	3	1545	1972	03-28-14	
894 Inspiration Place	95035	624,000	3	1404	2000	03-25-14	
2141 Lacey Drive	95035	740,000	4	1755	1971	03-27-14	
1704 Lee Way	95035	588,500	-	-	-	03-28-14	
1708 Lee Way	95035	572,000	-	-	-	03-26-14	
1716 Lee Way	95035	634,000	-	-	-	03-28-14	
1728 Lee Way	95035	594,000	-	-	-	03-27-14	
1732 Lee Way	95035	629,500	-	-	-	03-26-14	
1851 McCandless Drive	95035	777,000	-	-	-	03-28-14	
1871 McCandless Drive	95035	740,000	-	-	-	03-28-14	
1875 McCandless Drive	95035	673,000	-	-	-	03-28-14	
1191 North Abbott Avenue	95035	240,000	2	863	1979	03-25-14	
236 North Park Victoria Drive	95035	698,000	5	1722	1962	03-25-14	
70 Parc Place Drive	95035	495,000	2	1192	2005	03-25-14	
653 Printy Avenue	95035	452,000	3	1684	1971	03-27-14	
313 San Petra Court #4	95035	300,000	2	924	1971	03-25-14	
800 South Abel Street #101	95035	550,000	2	1309	2007	03-28-14	
600 South Abel Street #222	95035	366,000	2	1108	2007	03-26-14	
16 Whittier Street	95035	690,000	3	1235	1955	03-26-14	

NEWARK TOTAL SALES: 09							
Highest \$:	660,000	Median \$:	525,000				
Lowest \$:	365,000	Average \$:	515,444				
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED	
5034 Abbotford Court	94560	620,000	3	2144	1971	03-18-14	
36067 Haley Street	94560	500,000	3	1100	1961	03-20-14	
36254 Haley Street	94560	485,000	3	1100	1960	03-20-14	
6298 Lido Court	94560	571,000	3	1690	1979	03-20-14	
37182 Locust Street	94560	365,000	2	894	1944	03-20-14	
37242 Oak Street	94560	540,000	6	2350	1975	03-20-14	
6169 Thornton Avenue #C	94560	373,000	2	1166	1987	03-18-14	
36267 Toulon Place	94560	525,000	3	1100	1960	03-17-14	
8007 Wentworth Place	94560	660,000	4	1808	1975	03-19-14	

SAN LEANDRO TOTAL SALES: 09							
Highest \$:	520,000	Median \$:	310,000				
Lowest \$:	273,500	Average \$:	366,500				
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED	
391 Begier Avenue	94577	520,000	3	1594	1949	03-19-14	
1624 Brookside Drive	94577	273,500	-	950	1942	03-19-14	
152 Warwick Avenue	94577	310,000	3	1652	1920	03-18-14	
1674 164th Avenue	94578	305,000	2	1168	1980	03-18-14	
14073 Reed Avenue	94578	275,000	2	1084	1973	03-18-14	
14893 Wake Avenue	94578	395,000	2	998	1945	03-18-14	
15018 Beatty Street	94579	300,000	3	1123	1955	03-17-14	
14482 Elm Street	94579	520,000	6	2496	1952	03-20-14	
15039 Juniper Street	94579	400,000	3	1121	1954	03-18-14	

SAN LORENZO TOTAL SALES: 04							
Highest \$:	471,000	Median \$:	370,000				
Lowest \$:	300,000	Average \$:	380,250				
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED	
15640 Vassar Avenue	94580	471,000	5	1794	1950	03-18-14	
17355 Via Annette	94580	370,000	3	1031	1953	03-18-14	
17830 Via Arriba	94580	380,000	3	1068	1948	03-19-14	
15817 Via Arroyo	94580	300,000	3	1382	1946	03-19-14	

UNION CITY TOTAL SALES: 04							
Highest \$:	680,000	Median \$:	570,000				
Lowest \$:	450,000	Average \$:	582,500				
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED	
33320 3rd Street	94587	450,000	2	752	1950	03-18-14	
33032 Marsh Hawk Court	94587	630,000	3	1392	1976	03-18-14	
4604 Niland Street	94587	680,000	4	2090	1985	03-19-14	
315 Riviera Drive	94587	570,000	3	1008	1963	03-18-14	

Letter to the Editor

ACWD should notify all customers of proposed rate increases

The Alameda County Water District is currently discussing another round of water rate increases to be implemented in July, less than six months after the 7% rate increase in February. By law, ACWD must mail notices of proposed rate increases to all property owners, which it has legally done for many years. However, by complying with only the letter of the law, ACWD fails to directly inform a large segment of their customers, residential and commercial renters. Although most renters do not directly pay ACWD, renters do indirectly pay for water. As such, renters deserve to receive the same notices of proposed rate increases sent to property owners.

When the Board of Directors declared a water shortage emergency in March, ACWD mailed a

notice to all customers, including renters. They understood everyone, not just property owners, should receive important water emergency information. With possible 18.6% water rate increases for multi-family and commercial properties, ACWD should similarly inform all customers of this rate increase that will have a significant financial impact on renters.

Concerned residents should urge ACWD and the Board of Directors (your elected officials representing you) to adopt a policy of mailing proposed rate increase notices to all customers, including renters.

Eric Tsai, Fremont



People with Purpose Awards Luncheon

SUBMITTED BY KAREN JACKSON

The HERS Breast Cancer Foundation will hold their 5th Annual People with Purpose Awards Luncheon on Thursday, April 24. This beautiful and moving event honors people from the Bay Area, whose contributions have supported breast cancer survivors, as well as the HERS Breast Cancer Foundations efforts to serve them.

The luncheon features keynote speaker Dr. Kimberly H. Allison, Stanford University breast cancer pathology specialist, professor, and author of, Red Sunshine: The Story of Strength and Inspiration from a Doctor Who Survived Stage 3 Breast Cancer.

This year’s honorees include: Mark D. Pegram, M.D. of the Stanford Cancer Institute; Ysabel

Duron of Latinas Contra Cancer; Gene Mello of Mello Insurance Services; and To Celebrate Life Breast Cancer Foundation.

Please visit [http://herspeople](http://herspeoplewithpurpose.org)



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SPORTS

Starnes, Fletcher Lead Pioneers to Series-Opening Win

Baseball

SUBMITTED BY
STEVE CONNOLLY

The Cal State East Bay baseball team won the opener of its four-game series at Cal State Dominguez Hills by a score of 7-6. The Pioneers improve to 21-16 overall and 15-14 in California Collegiate Athletic Association (CCAA) play.

Jason Fletcher drove in five runs for East Bay, including a three-run home run in the seventh inning that tied the score at 5-5. Kelly Starnes went 4-for-5 in the back-and-forth contest, and Nick Hudson pitched eight innings to pick up his team-leading seventh win of the season.

Senior Bryce Vidmar allowed a run in the ninth, but escaped a jam with the tying run on third base to lock down dramatic the victory. The left-hander picked up his third save of the season. Hudson improved to 7-2 with the win. The senior allowed five runs on six hits and struck out two in 8 innings.

East Bay opened with game with five straight hits, and all five of those batters finished with multiple knocks. Starnes notched season highs with four hits and three runs scored. Fletcher was 2-for-5 with his career-high five RBI. Both Wise and Alexander went 2-for-4, and Miravalles was on base three times with two singles and a walk.

Pioneers flip script on Otters

Women's Water Polo

SUBMITTED BY SCOTT CHISHOLM

It was a memorable regular season finale on April 18 as Cal State East Bay women's water polo went on the road to edge out Western Water Polo Association (WWPA) rival Cal State Monterey Bay 7-6 in overtime. Allison Zell scored the eventual game-winning goal 61 seconds into the first extra period for the victory.

Zell was one of seven different Pioneers to score including Julia Charlesworth, Michelle Thornbury, Sara Hudyn, Breanna Ritter, Taylor Cross, and Ka'iliponi McGee. However it was the team defense down the stretch that proved to be the difference.

Cal State Monterey Bay's (9-17) Cami Kellogg scored her game-high second goal at the 3:37 mark of the third quarter to give the home side a 6-4 lead. The Otters would be shut out the remainder of the game, a span of more than 17 minutes of game time.

Cal State East Bay closed the gap to one after Hudyn converted a penalty shot in the team's final possession of the third quarter. McGee scored the equalizer out of a timeout called by Head Coach Lisa Cooper with 4:20 remaining in regulation. The Pioneers stopped an Otter 6-on-5 chance late in the quarter as the teams needed overtime to decide a victor for the second straight meeting.

Zell scored with 1:59 left in the first of two 3-minute overtime frames. The Pioneers earned two of their four drawn exclusions in overtime and stopped the Otters on a final overtime possession to avenge their 11-10 overtime loss earlier this season.

East Bay goalkeeper Marrina Nation was credited with 10 saves in the victory. Monterey Bay's Amanda Jennings made 16 stops after recording 19 in the original meeting this season back on Feb. 15.

Cal State East Bay (15-13, 2-2 WWPA) will compete at the WWPA Championships hosted by UC San Diego. The Pioneers will take on Sonoma State (7-20, 2-2 WWPA) to open the tournament on Friday, April 25.

Pioneer Softball report

Softball

SUBMITTED BY SCOTT CHISHOLM

Pioneers use final innings to score road wins

Cal State East Bay equaled its season long winning streak at six games following 2-1 and 8-3 road wins over Academy of Art on April 16 at Mission Blue Field. The Pioneers had a flair for the dramatic, scoring the game-winning run in their final team at-bat in both contests.

Cal St. East Bay 2, Academy of Art 1 – F/8 Inn.

Extra innings were needed to decide game one after East Bay's Kelsey LaVaute and Academy of Art's Lauren Stover traded RBI singles in the fourth and sixth innings, respectively. Tiebreaker rules went into effect with each team starting its offensive half of the inning with a runner on second base.

Cal St. East Bay 8, Academy of Art 3 – F

The Pioneers trailed 3-2 and were down to their final three outs heading into the top of the seventh. Four East Bay hits and four Academy of Art (12-26) errors later the visiting side found itself with a five-run cushion and only needing to record the final three outs for the win.

Postseason Hopes Dealt Major Blow by Stanislaus

Cal State East Bay softball suffered 3-2 and 14-6 defeats in California Collegiate Athletic Association (CCAA) play to Cal State Stanislaus on April 18. The Pioneers were one out away from a game one victory; the CSU Stanislaus Warriors put up nine first inning runs to earn a convincing game two win.

LaVaute Tabbed as Conference Player of the Week

SUBMITTED BY SCOTT CHISHOLM

Junior Kelsey LaVaute of the Cal State East Bay softball team was announced as the California Collegiate Athletic Association (CCAA) Player of the Week on Monday, April 14, 2014. She finished the weekend with three home runs and five runs batted in as the Pioneers earned a series sweep of Cal State San Bernardino.

LaVaute reached base safely multiple times in three of four games against the Coyotes. She finished the weekend 3-for-8 (.375) at the plate, walked three times to reach base in 6-of-11 (.545) plate appearances, and played error free defense at first base.

LaVaute was one of five Pioneers to hit a solo home run in the team's 6-3 series opening win versus CSUSB. In Saturday's opener she supplied a pair of homers including the eventual game-winning two-run blast in the second inning of an 8-1 victory.

The junior slugger currently leads the team and ranks seventh among CCAA players with nine home runs on the season. LaVaute is also tops on the squad with two triples and 32 runs batted in thus far in 2014.

She is the third Pioneer to receive a weekly CCAA honor this season. Teammates Emily Perlich and Jaynie MacDonald swept the Pitcher and Player of the Week awards during the week of March 24-30.

James Logan vs. Moreau Catholic	
Softball	Mora 1-?2, R, 2B, BB Adami 1-?3 Cruz 0-?0 Murdock 1-?3, 2B Cameron 1-?2, RBI, K Perez 0-?2 Brand 0-?2
Logan 5, Moreau 1 April 14, 2014	
Moreau Hogan (L) -? P (6 IP, 12 H, 5 RA, 5 ER, 71 Total Pitches, 53 Strikes, 18 Balls) Cameron -? C (6 IC, 1 SBA, 1 SB) Pearsall 0-?3 Hogan 0-?3, K Brown 0-?3	Extra Base Hits 2B Murdock, Mora RBIs Cameron
James Logan vs. Irvington	
Men's Tennis	Doubles AJ Jiro/ Sahil Mankanday (L) vs. Aamarinder Chahal/Jacob Pang 6-4, 3-6, 6-3 Caleb Kang/JC Salamida (L) vs. Caleb Pang/Minh Pan 6-3, 6-4 Jeff Jiang/Jashian Kashyap (L) vs. Travis Huang/Ajay Gapol 6-0, 3-6, 6-1
SUBMITTED BY LORA OCO	
Logan 7, Irvington 0 April 16, 2014	
Varsity: Singles Rishab Sardana (L) vs. Sendor Kumar 6-0, 6-1 Bryce Chao (L) vs. Jay Pandit 3-6, 6-2, 6-1 Kalvin Kwok (L) vs. Chris Tan 6-3, 6-4 Alvin Gao (L) vs. Tiambi Zhang 6-2, 6-1	Junior Varsity: Logan 5, Irvington 2

Chiropractic college rugby team in semi-finals

SUBMITTED BY
CHRISTIN SCHOLTEN

In a remarkable first season, Life Chiropractic College West’s Rugby team, The Gladiators, won all ten of their round-robin games. The Gladiators play in the Northern California Rugby Football Union, division III. Throughout those ten games, the Gladiators scored an impressive 608 points, while only 105 points were scored against them. The team consists of Life West students and a number of local Hayward rugby players.

Coach and chiropractor Dr. Tez Molloy says, “For a new team just getting started, this is a remarkable achievement and a testament to the players and support staff.”

Gladiators Captain Travis Atualevao said “I am so proud of the boys and their commitment. Not only is this an achievement for them and the college, it is great for the Hayward community.”

On Saturday, April 19th, the team played a semi-final game against Humboldt and dominated the field with a 104-0 victory.

This week they will play in another semi-final match on Treasure Island and, if successful, move on to regional finals in Boise, ID on May 3 and Dallas, TX on May 17. A successful run would allow the Gladiators to compete in the USA National Rugby Finals in Madison, WI on May 31st.

Hoping for the best possible outcome, the Gladiators face fundraising challenges to get the team and officials to the playoffs. Their airfare alone will cost \$33,000.

Any local people or businesses that would like to support the team can contact Coach Dr. Tez Molloy (510)

329-1769, or visit the team website at www.lifewestrugby.com

For more information about Life Chiropractic College West, visit: www.lifewest.edu.



Warriors break losing streak against Vikings



Baseball

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

The Mission San Jose Warriors ended their Mission Valley Athletic League drought on April 18 when they faced the Irvington Vikings and left the field with a 4-1 victory. Warrior offense that has been missing in action this year, finally returned as they attacked opposition pitching early, hitting deep in the outfield and quickly opening a 2-

0 lead in the bottom of the first inning. In the fifth, Warrior long balls added two more runs for a four-run lead. The Vikings spent the game on defense and coughed up three errors yet managed to make a game of it putting together nine hits of their own to add a run of their own, but couldn’t arrange them to bring more runners across the plate. Viking Jake Doty scored the only run for the Vikings and teammate Brian Jeong was also a strong performer.

Fremont Christian vs. Making Waves Academy (Richmond)

Baseball

SUBMITTED BY GLENN PON

Fremont Christian 9, Making Waves Academy 2
April 16, 2014

Travis Byerly pitched a CG, 2 hit shutout, striking out 19, FCS wins 9-2 over MW

Pitching FCS T.Byerly CG, 17 K, MW A.Valle, L.Ramirez(6)

Hitting -FCS C.Edstrom 3-3, T.Pon 1-4, 3B, 3RBI, MW - C. Machada 1-3, R

James Logan vs.American

Softball	Nelson 1-1, R, 2 BB	Henretty 0-3, 2 K, ROE
Logan 2,American 1 April 15, 2014	Carli 0-2, K, BB	Jones 1-3, 3B, RBI, K
American	Vondran 0-3, K	Hillman 0-2, K
Nelson (L) - P (7 IP,5 H,2 K,2 BB,2 RA,1 ER,2B,WP,76 Total Pitches,51 Strikes,25 Balls)	Smith 1-1	Extra Base Hits
Carli -? C (7 IC)	RBI's	3B Jones
Pinault 0-3, BB	Jones	
Norris 0-4, 3 K		
Brown 0-3, K		

James Logan vs. American

Men’s Tennis

SUBMITTED BY FRANKLIN KHA

Logan 7 vs.American 0
April 17, 2014

Varsity:	
Singles	1. Rishab Sardana (L) vs Bobby Chitpey (6-0 6-3)
	2. Bryce Chao (L) vs Alex Tian (6-0 6-0)
	3. Calvin Kwok (L) vs Sid Karia (6-0 6-0)
	4. Alvin Gao (L) vs Jimmy Guo (6-0 6-1)
Doubles	1. Jc Salamida & Jefferson Jiang (L) vs Michael Surs & Josh Eujingaga (6-1 7-5)
	2. AJ Jiro & Sahil Markanday (L) vs Adar-jsh Radoor & Aiva Krishnamoorth (6-0 6-3)
	3. Caleb Kang & Jashun Kashyap (L) vs Michael Tan & Ishan Coupta (6-0 6-3)
Junior Varsity:	
James Logan 6,American 1	

Titans show strength against Mariners

Baseball

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The John F. Kennedy Titans again showed why they are vying for clear leadership in the Mission Valley Athletic League (MVAL) when they faced a formidable Moreau Christian Mariner team on April 16th. Their offense is hitting on all cylinders as they came away with a 6-2 victory. In past years, the story was different as opportunities were allowed to slip away, but seven impressive hits in this game and an outstanding team average .391 at the plate have propelled the Titans to the top of the league.

Big hits at the right time have been a pattern this year and in the game with the Mariners, Titan offense took control right from the start. In the first inning, first baseman Sean Rood stepped up to the plate with the bases loaded and came through on the second pitch, firing a rocket that easily cleared the Center Field fence at 350 yards. Although stunned, the Mariners didn’t give up as Dylan Mackin began the attack in the third inning resulting in two answering runs. Support from Aaron Havard and Lucas O’Rourke was a welcome sign from the Mariners, but the Titans would not be denied.



James Logan vs. Moreau Catholic

Men’s Tennis

SUBMITTED BY LORA OCO

Logan 7, Moreau 1
April 14, 2014

Varsity:	
Singles	Rishab Sardana (L) vs. Sina Abdollahian 6-0, 6-0
	Bryce Chao (L) vs. Vivek Gudipati 6-0, 6-2
	Calvin Kwok L) vs. Aniruddh Mandalapu 6-0, 6-1
	Alvin Gao (L) vs. Aurian Moogat 6-0, 6-3
Doubles	JC Salaminda/Jefferson Jiang (L) vs. Mathew Leli/Jason Ndegwa 6-4, 3-6, 6-1
	AJ Jiro/ Sahil Markanday (L) vs. Harish Venkaj/Rohan Divate 3-6, 6-4, 4-6

Caleb Kang/Jashan Kashyap (L) vs. Ian Santillano/Jeoffrey Ugalde 6-2, 6-1

Junior Varsity
Logan 7, Moreau 0

Singles	Hamza Khawaja (L) vs. Christian Jernikeff 8-3
	Robbie Castillo (L) vs. Nicholas Petelo 8-0
	Saj Annapragada (L) vs. Luis Mayen 8-0
	Kunal Sharma (L) vs, Novelpreet Boparai 8-5
Doubles	Kenny Lam/Philip Lopar (L) vs. Jayson Okialda 8-0
	Brandon Chen/ Richardo Picardo (L) vs. Cesar Vieyra/Adam Brockman 8-0
	Joe Badua/BRendan Chen (L) vs. Allen Moreno 8-1

COMMUNITY BULLETIN BOARD

Rotary Club of Niles We meet Thursdays at 12:15 p.m. Washington Hospital West 2500 Mowry Ave. Conrad Anderson Auditorium, Fremont www.nilesrotary.org (510) 739-1000		Daughters of the American Revolution Ohlone Chapter Visit our meetings. We have activities promoting historic preservation, education & patriotism 1st Sat of each mo. Sept - May - 10 am-12 p Centerville Presbyterian Church 4360 Central Ave, Fremont		10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.		Payment is for one posting only. Any change will be considered a new posting and incur a new fee. The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV	
Rotary Club of Fremont We meet Wednesday at 12:15 p.m. at Spin-a-Yarn Restuaruant 45915 Warm Springs Blvd. Fremont, 510-656-9141 Service through Fun http://the/ fremontrotaryclub.org Please come visit our club We wlecome new members		Friendship Force of San Francisco Bay Area Experience a country and its culture with local hosts and promote global goodwill. Clubs in 56 countries. Visit Australia in Feb. Host French in Sept. Monthly programs & socials. www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857		KIWANIS CLUB OF FREMONT We meet Tuesdays at 7:00 a.m. Fremont/Newark Hilton 39900 Balentine Drive, Newark www.kiwanisfremont.org Contact Elise Balgley at (510) 693-4524		Fremont Area Writers Want to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except July and December. Rm. 223 at DeVry University, 6600 Dumbarton Circle, Fremont Call Carol at (510) 565-0619 www.cwc-fremontareawriters.org	
Dawn Breakers Lions Club Our Motto is: WE SERVE Meetings -1st & 3rd Thursdays 6:45am-8am El Patio Restaurant 37311 Fremont, Blvd., Fremont We welcome Men & Women with desire to serve our community 510-371-4065 for Free Brochure		Afro-American Cultural & Historical Society, Inc. Meetings: Third Saturday 5:30pm in member homes Call: 510-793-8181 for location Email: contact@aachisi.com See web for Speical Events www.aachis.com We welcome all new members Celebrating 40th anniversary		Maitri Immigration Program Free Assistance and Referrals for Domestic Violence Survivors. Provide Services in Hindi, Punjabi, Bangla, Tamil and many other South Asian languages. Crisis line: 888-8-Maitri Please call for screening. email: immigration@maitri.org		Help with Math & Reading You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. Contact 510-797-2703 dia_aarp_4486@yahoo.com	
The League of Women Voters invites you to visit our website at www.lwvfnc.org You'll find valuable information about your community and voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are non-partisan and free to the public.		NARFE National Assoc of Active and Retired Federal Employees Meet 4th Friday of Month Fremont Senior Center Central Park @ Noon All current or retired Federal Employees are welcome. Call Ellen 510-656-7973		Interested in Portuguese Culture and Traditions? PFSA (Portuguese Fraternal Society of America) Promotes youth scholarships, community charities, and cultural events. All are welcome. Contact 510-483-7676 www.mypfsa.org			
Mission Trails Mustangs Mustang & Ford Enthusiast Meets 1st Fri of the Month 7pm at Suju’s 3602 Thornton, Fremont missiontrailsmustang.org or call 510-493-1559 We do Car Shows and other social activities monthly		AARP Newark Meetings Newark Senior Center 7401 Enterprise Drive., Newark last Monday of each month at 10:00 am. All seniors (50+) are welcome to attend Contact 510-402-8318 http://aarp-newark-california-webs.com/		The Union City Historical Museum 3841 Smith St. Union City Open Thurs.-Sat 10am-4pm Visit our Museum. You'll find valuable information about our community, past history and current happenings. www.unioncitymuseum.com Call Myrla 510-378-6376		Unity of Fremont A Positive Path for Spiritual Living 12:30 pm Sunday Service 1351 Driscoll Rd (at Christian Science Church), Fremont 510-797-5234 www.unityoffremont.org “The Church of the Daily Word”	
Bring Your Heart to Hospice Hold a hand, lend an ear, be a hospice volunteer. Vitas Innovative Hospice Care Call Alicia Schwemer at 408/964/6800 or Visit Vitas.com/Volunteers		Docents Needed Museum of Local History 190 Anza Street, Fremont Learn about Fremont’s local history Docent training first Sat. each month Beginning March - 10 am -12noon Call Patricia Schaffarczyk 510-677-8461 pathikes@yahoo.com		Tri-City Volunteers Food Bank Invigorate your spirit & volunteer. Drop ins welcome Mon - Fri. Work off your Traffic violation by giving back to the community in need. Students 14 years & older welcome. Email Erin: ewright@tri-Cityvolunteer.org		Become the speaker & leader you want to be Citizens for Better Communicators (CBC) Toastmasters Guests and Visitors welcome Saturdays 10:15am Unitek College Room 141 4580 Auto Mall Pkwy., Fremont 510-862-0893	
Friendship Force of San Francisco Bay Area Experience a country and its culture with local hosts and promote global goodwill. Clubs in 56 countries. Visit Australia in Feb. Host French in Sept. Monthly programs & socials. www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857.		SparkPoint Financial Services FREE financial services and coaching for low-income people who want to improve their finances. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center To reserve a seat: 574-2020 Fremont.gov/SparkPointFRC		Troubled by someone’s drinking? Help is Here! Al-Anon/Alateen Family Groups A no cost program of support for people suffering from effects of alcoholism in a friend or loved one. Call 276-2270 for meeting information email: Easyduz@gmail.com www/ncwsa.org You are not alone.		Help with Home Repairs from Alameda County No cost or favorable, low interest loans are available for home remodeling for qualified homeowners in Fremont, Union City, Sunol and Newark. Call (510)670-5399 for an application and more information. http://www.acgov.org/cda/nps/	
FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com		SAVE (Safe Alternatives to Violent Environments) Domestic Violence Support Group (Drop In & FREE) Tuesday & Thursday at 1900 Mowry (4th floor in the conference room) 6:45-8:45 pm & Friday 9:15-11:00 am. 510574-2262 Hotline 510-794-6055		SAVE (Safe Alternatives to Violent Environments) FREE Restraining Order Clinic (Domestic Violence) Tues. Hayward Police 1-4 pm Wed. Fremont Police 9 am - 1 pm Thurs. San Leandro Police 9 am - noon Office (510) 574-2250 24/7 Hotline (510) 794-6055 www.save-dv.org		Tri-City Ecology Center Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-783-6222	
SAVE (Safe Alternatives to Violent Environments) Domestic Violence Support Group (Drop In & FREE) Tuesday & Thursday at 1900 Mowry (4th floor in the conference room) 6:45-8:45 pm & Friday 9:15-11:00 am. 510574-2262 Hotline 510-794-6055		Maitri Immigration Program Free Assistance and Referrals for Domestic Violence Survivors. Provide Services in Hindi, Punjabi, Bangla, Tamil and many other South Asian languages. Crisis line: 888-8-Maitri Please call for screening. email: immigration@maitri.org		Hayward Demos Democratic Club Monthly meetings-learn about current issues from experts, speak with officials. Annual special events such as Fall Festival, Pot-lucks and more Meetings open to all registered Democrats. For information www.haywarddemos.org		Tri-City Ecology Center Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-783-6222	
Candidate’s Forum Congressional District 17 Senate District 10 February 1st at Berryess Branch of SJ Public Library 6pm-8pm Sponsored by the Berryessa North San Jose Democratic Club. For more info BNSJDemocrats@yahoo.com		Berryessa-North San Jose Democratic Club Meet 3rd Thursday 7pm-9pm Berryessa Denny’s For more info BNSJDemocrats@yahoo.com or see our Facebook page		New DimensionChorus Men’s 4 Part Vocal Harmony In the “Barbershop” style Thursdays at 7pm Calvary Luther Church 12500 Via Magdalena SanLorenzo Contact: ncchorus@Yahoo.com 510-332-2489		50th Year Class Reunion Washington High School Class of 64’ & Friends September 26 & 27, 2014 Spin A Yarn Steakhouse,Fremont Contact Joan Martin Graham billjoan3@pacbell.net	
FREE QUALITY TAX PREPARATION \$52,000 or less household income Other restrictions may apply Fremont Family Resource Center 39155 Liberty St, Fremont, CA Open: Jan 22 - Apr 14, 2014 Mon & Wed: 4 pm - 8 pm Friday: 10 am - 1 pm Closed 2/17/14 - President's Day Call 510-574-2020 for more info		PLANT SALE Fremont Senior Center Garden Club annual plant sale May 2 (Friday) 9am-2pm 40086 Pasaeo Padre Pkwy Fremont - 510-656-7417 Having a Raffle. Tickets \$2 for one or 2 tickets for \$5. Come support your Garden Club See you There!		Cougars Girls Basketball Camp June 23-27 - M-F Silliman Activity Center 6800 Mowry Ave., Newark Full & Half Day options Girls ages 8-15 Darryle Reina, Camp Director 510-578-4620 www.Newark.org			

COMMUNITY BULLETIN BOARD

510-494-1999 tricityvoice@aol.com

Holy Week & Easter Holy Trinity Lutheran Church 38801 Blacow Rd., Fremont Easter Breakfast between services 10:30am FREE Easter Egg Hunt Please Join us! All are Welcomed! For info on Palm Sunday and Holy Week services:www.holytrintityfremont.org or 510-793-6285	TCSME Model RR Open House - FREE Family Fun Weekend June 14 & 15 Plus Swap Meet on 14th 10am-4pm Niles Plaza, Fremont HO & N layouts in operation Q: bobcz007@comcast.net Nearby: NCRW Steamfest	American Cancer Society Relay for Life of Fremont www.relayforlife.org/fremontca Honoring cancer survivors, promoting healthy living & raising money to help end cancer. Meetings 6:30pm 3rd Tuesday at Anderson Auditorium Washington West, 2500 Mowry ashley.clemens@cancer.org	Fair Trade Festival South Hayward Parish Sat. May 10 -10am-3pm Proceeds to directly to SHP FOOD PANTRY. Enjoy FT coffees, teas, chocolates. Support Fair Trade. Help farmers, workers and artisans. W-Hills Outreach Center 27287 Patrick Ave., Hayward (Across from Weekes Library)	FAA ~ EVENTS Art in the Garden, Artists Call 4/13 - G. Rankin Art Showcase 6/28, 29-Art in the Garden 9/22 Fine Art Show, Receiving Check on-line for ongoing classes, art shows & events www.fremontartassociation.org 37697 Niles Blvd. 510.792.0905
Walk to Cure Arthritis Saturday, May 10th at LifeStyle RX 1119 E. Stanley Blvd., Livermore Registration 8:00 a.m. Walk 10:00 a.m. 1 or 3 mile options, Tailgate Extravaganza, Raffle Prizes, Refreshments, Kids Activities, www.TriValleyArthritisWalk.org or Call (800) 464-6240	Sport’s Card Show Saturday, April 12 10am-4pm Hayward Veterans Bldg. 22737 Main St., Hayward The American Legion If you want to take part call Edward Castillo 510-348-7771 email: ercastillo@yahoo.com	Besaro’s Spring Boutique Saturday, April 26 9am-3pm 4141 Deep Creek Rd., Fremont Besaro Mobile Home Park Besaro Social Hall Snack Bar will be open Come join the fun! Spread the Word! 510-894-2150		City of Newark 50+ Senior Softball League Players Needed Open Games Mondays & Wednesday Nights Practice starts 3/10/14 @ 5p.m. Season runs 4/7/14 – 6/3/14 Sign-up @ Newark Silliman Center 6800 Mowry Ave., Newark (510) 578-4668

City of Fremont Briefs

SUBMITTED BY CHERYL GOLDEN

Landmark Trees of the City of Fremont

We have recently completed a major overhaul and upgrade to one of the City’s significant historical documents: The Land-



Cork Oak at the California Nursery in Niles.

mark Tree List. Originally hand-typed in 1973, the list is now an easy to use photographic reference guide to the City’s Landmark Tree locations, condition, and history. The Landmark Trees can be accessed at www.Fremont.gov/LandmarkTrees.

Landmark trees support Fremont’s urbanized landscape with history and beauty. If you’ve ever visited to the Shinn Historical Park and Arboretum, you’ve seen the large buttress roots of the Moreton Bay Fig tree and the wide Boulevard past rows of tow-

ering Mexican Fan Palms. Have you taken a walk around Niles Community Park lately? If so, you’ve most likely seen a group of large Bald Cypress trees thriving in the pond’s waters. Or maybe you’ve wondered why the Mission San Jose community has so many Olive trees lining its streets.

Fremont is home to numerous Landmark trees that decorate the city with heritage. The location of landmark trees in Fremont often coincide with historical farms, ranches, nurseries, orchards and wineries that were once owned by early pioneer families such as Shinn, Rock, Stanford, Chadbourne, Vallejo, and Patterson. Despite changing landscapes and urban development, landmark trees are easily accessible since many are located on historical parks and public areas.

The first effort to create a landmark tree list was in 1970 by the City Beautiful Committee and the City of Fremont, following the adoption of the Tree Preservation Ordinance (FMC 4-5112) in 1966 to promote and encourage the preservation of trees. In 1972, 60 trees were surveyed and preserved by City Council Resolution. Almost 40 years later, in August 2010, the City’s landmark trees were revisited, re-surveyed and its findings were published in an updated booklet made available to the public. Several of the original 60 trees did not survive the test of time, but the remaining continues to thrive and tower over Fremont’s transformed land-

scape. On June 19, 2012, the Fremont City Council approved 23 trees to be newly designated with landmark status.

As of today, there are 85 landmark tree specimens within the City of Fremont. Information about the ordinance and criteria for landmark trees can be found at www.Fremont.gov/LandmarkTrees.

Trees play a major role in providing and maintaining future identity with the community. Are you curious to learn more about landmark trees or to find out if there are any in your neighborhood? Check out the Landmark Trees of the City of Fremont publication at www.Fremont.gov/Landmark-Trees.

The Crown Jewel of Fremont

Central Park is often referred to as the “Crown Jewel of Fremont,” with 450 scenic acres of park in the heart of Fremont and numerous amenities throughout. In addition to the 2-mile pathway around the water, there are basketball courts, a dog park, an exercise course, a golf driving range, playgrounds for children, the opportunity to fish, and outdoor sports being played on soccer and softball fields and tennis courts.

In mid- to late-spring, the park becomes even more alive with the 80-acre lake open in April for people-powered crafts and the Aqua Adventure Water Park opening for regular weekend business on Memorial Day weekend in late May. At Lake Elizabeth, there is a place to launch or



Moreton Bay Fig tree at the Shinn Historical Park and Arboretum.

rent a paddle boat, kayak or stand-up paddle board. And while on land, the snack bar is a favorite among visitors.

We offer many natural sciences and environmental education opportunities through our Junior Ranger day camp program, Nature Learning Center Open Houses and special events. Also, the Environmental Services Division hosts hundreds of school children throughout the year. Group picnic sites are available to reserve year-round for a fee, serving groups from 30 to 500. The spring and summer months are very, very busy so get your reservations in early! There are also drop-in picnic areas that a small group or family can use without much notice.

For more information about Central Park offerings, including reservation forms, visit www.Fremont.gov/CentralPark. You may also call (510) 790-5541 between

10 a.m. to 7 p.m. seven days a week or stop by the Central Park Visitor Center at 40000 Paseo Padre Pkwy. (off Sailway Drive) right next to the boat launch to fill out and turn in reservation forms.

Meditations and Breathing with Smita Govil

The Powerful Guided Meditations courses offered through the City of Fremont Recreation Services helps us understand our core beliefs and worries so we can concentrate on our highest good now. We practice and learn Meditations that help us move thoughts and emotions toward a more creative and positive direction. We learn

and practice Meditations and Breathing exercises that help us silence the constant inner chatter and help us silence our minds.

In the silence of mind, we experience the greater truth, and we see with greater awareness. The ancient wisdom of the world also says that we have different layers of illusion where we get trapped, and these illusions limit the understanding of our existence. With Meditations, Breathwork, Yoga, Spiritual knowledge and Wisdom, we connect to the infinite and pure consciousness, which is the seed potential of so many beautiful possibilities commonly called the Self.

For more information about Meditations and Breathing with Smita Govil, contact Sheri at ssmith@fremont.gov or (510) 791-4318. Check our Recreation Guide for more classes and details at www.Fremont.gov/RecGuide or register at www.RegeRec.com.

Pennies for Patients Jog-A-Thon



SUBMITTED BY THE LEUKEMIA & LYMPHOMA SOCIETY – GREATER BAY AREA

The Stratford School’s, Curtis Campus in Fremont, hosted a Jog-A-Thon on

March 28 to benefit their Leukemia & Lymphoma Society (LLS) “Pennies for Patients” campaign, a fundraising effort that allows students to collect spare change to help fight blood cancer. This was the school’s fourth year hosting the Jog-A-Thon and they raised \$18,204.15. Since 2010, the students at this campus of Strat-

ford School have raised a grand total of \$43,301.97!

The top students from this year’s “Pennies for Patients” Jog-A-Thon included Arya who raised \$1,560 and Divisha who raised \$1,173. Divisha is in the third grade and every year her birthday falls during the school’s “Pennies for Patients” campaign.

This is the second year she asked for donations to their Pennies for Patients campaign, instead of gifts for her birthday.

Ellie Tariverdi is the principal of the school and Arlene Lim is the LLS Pennies for Patients program coordinator.

 **Kid Scoop Together:**
Proof It! 

If you are interested, submit a writing sample of at least 500 words along with a resume to tricityvoice@aol.com or fax to (510) 796-2462.

Standards Link: Spelling: Spell grade-level words correctly

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzUSD.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Fremont City Council

April 15, 2014

Consent Calendar:

Apply for and accept Transportation Development Act funds for Ellsworth Street sidewalk and bikeway improvement.

Authorize construction management agreement with S&C Engineers, Inc. in the amount not to exceed \$1,380,484 for Niles Blvd. bridge replacement project.

Continue participation in Alameda County HOME program for three years.

Authorize submission of application for \$2 million of grant funds from Local Housing Trust Fund Program.

Amend special events ordinance to prohibit disruptive behavior at special events.

Update Building, Planning and Engineering fee schedule.

Approve CDBG funding for FY 2014/15 and FY 2015/16. (Anu – recuse)

Approve General Plan amendment to change land use of .51-acre site at 38437 Mission Blvd. from medium-density residential to general commercial and multi-family residence to allow demolition of single-family residence and construction of 5,200 square foot medical office building.

Ceremonial Items:

Declare California Safe Digging Month. Citizens urged to call 8-1-1 when preparing to excavate on their property.

Public Communications:

United Neighborhoods Outreach spoke of their assistance

available to Seniors

Scheduled Items:

Approve appeal of Planning Commission denial of General Plan amendment to change land use designation of 16.3-acre site from Industrial-Tech to Commercial-Regional to allow CarMax at 44100 Christy Street. Planning Commission denied due to 3-2 vote in favor but approval needed four affirmative votes - a majority of members (present and absent) – to move forward. Comments by council spoke of a balance of land use and economic development and favored approval. Design was discussed with comments of a “Tesla-type” design and “fun and creative architecture” rather than a boxy look.

Other Business:

Approve intention to amend contract between California Public Employees’ Retirement System and City to revise cost-sharing of Fire Safety employees.

Council Communications:

Chan Referral to direct Staff to do a comprehensive analysis of City and regional efforts to promote affordable housing.

Harrison appointment of Rhonda Richardson to George W. Patterson House Advisory Board as Citizen at Large.

Mayor Bill Harrison	Aye
Vice Mayor Vinnie Bacon	Aye
Anu Natarajan	Aye (1 recusal)
Suzanne Lee Chan	Aye
Raj Salwan	Aye

Milpitas City Council Meeting

April 15, 2014

Presentation

Recognize McCarthy Ranch as sponsor of Milpitas’ 60th anniversary.

Consent

Accept the 2014 citizen options for public safety grant; recommend expenditures in the amount of \$108,325.

Accept a regional assistance to firefighters grant in the amount of \$716,327 to be allocated for updating fire department apparatus radio systems.

Adopt a resolution requiring the allocation of Transportation Development Act Article 3 funds in the amount of \$75,509 for the 2015 street resurfacing project which will cost a total of \$1,575,509.

Approve amendment to the cooperative agreement with the State of California Department of Transportation to provide surveying services and right-of-way closeout for I-880/Tasman Drive and I-800/SR-237 project.

Approve amendment to agreement with Hopkins & Carley by the addition of \$225,000 to the current contract’s not-to-exceed amount for legal services.

Authorize the purchase of fire hoses, nozzles and fittings for \$61,534.60 from L.N. Curtis and Sons.

Authorize the purchase of LED retrofit street light fixtures for \$114,187.50 from LeoTek Electronics.

Items Removed from Consent

Approve a consultant agreement with HydroScience Engineers, Inc. for a blending study of city water wells in an amount not to exceed \$33,020.

Public Hearing

Conduct a public hearing to consider introducing an ordinance to amend off-street parking standards requiring covered parking for single-family/duplexes residential uses and to modify the standard commercial/industrial parking lot isle from 25 feet to 24 feet. Council voted to send staff recommendation back for revision.

Commission Report

Receive report and adopt the updated Telecommunications Master Plan 2014-15, obtaining additional capabilities for the Public Access Facility and to study opportunities for greater use of the city’s telecommunications infrastructure.

New Business

Consider reorganization or dissolution of the Public Art Committee or consolidation with the Arts Commission, to be brought as an ordinance at a future meeting.

Direct staff to budget for implementation of the city’s long-term trash load reduction plan in the amount of \$33,500 to achieve a 70% success rate by July 17. Council removed a single-use bag ban from item. (3 ayes, 2 nays: Esteves and Montano)

Review the draft 2014-2019 Capital Improvement Program which is projected at \$133,825,280 over this five year period and provide staff with direction and comments.

Mayor José Esteves	6 ayes, 1 nay
Vice Mayor Althea Polanski	Aye
Debbie Indihar Giordano	Aye
Armando Gomez	Aye
Carmen Montano	6 ayes, 1 nay

TAKES FROM SILICON VALLEY EAST



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.
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Taking Back our Agora. And Other Wisdom from Retail Experts

By CHRISTINA BRIGGS,
ECONOMIC DEVELOPMENT
MANAGER

Let’s just get this out of the way first. For those of you who don’t know what an “agora” is, it’s defined by Wikipedia as “a central spot in ancient Greek city-states ... and the center of athletic, artistic, spiritual, and political life of the city.”

After decades of urban planning exercises (and sometimes even contortion) to segregate where we live, where we work, and where we shop, there is a movement afoot to increasingly co-mingle these activities – and that’s where today’s retail is thriving. This was a prevailing theme as the retail industry descended on Fremont at the International Council of Shopping Center’s (ICSC) 2014 Northern California Alliance Program last week.

The Alliance Program is a special ICSC initiative that provides forums for the public and private sectors to network, share ideas, and explore retail development opportunities in local communities. This year’s event included two elements. First, 10 different cities from across the Bay Area presented new retail development projects in a retail runway, a “quick-fire” format providing just enough information to pique interest from the audience. For our part, this was a great opportunity to highlight the downtown plan and the revival of The Globe.

The runway was followed by a deep dive into retail industry trends with the help of an all-star panel,

including Doug Wiele of Foothill Partners (developer), Dena Belzer of Strategic Economics (economist/urban planner), and Charles Kahn of KDA (architect). The discussion was revealing and provided stark examples of how dynamic retail is, which is why planning for “traditional retail” is not only vague, it’s probably illogical. With the Internet really comprising only 9 percent of retail sales, there is still a need for brick-and-mortar retail space—but, according to Kahn, “It just has to be interesting, folks.”

And mixed-use does not necessarily equal interesting. Smart design coupled with strategic locations, such as near transit, is where retail is best positioned to succeed. It combines the right elements –proximity to residential and workplace environments and the place-making attributes to draw people in. Of course, this all comes with the backdrop of soaring rents and housing prices in the Bay Area, which the panel agreed will likely lead to the continued rediscovery of once-forgotten neighborhoods and a greater importance of side streets for up-and-coming merchants.

Our takeaway? Cities need to be flexible and cannot zone their way to great retail. It’s like a dog chasing its tail. The retail world will continue to pivot and evolve just like consumers do. But in the Bay Area, we have the opportunity to be trend setters on a national scale for how we come together again as a community in our own agora, whatever that may look like.

Hayward City Council Meeting

April 15, 2014

Work Session:

The meeting began with a presentation from Chindi Peavey, District Manager of the Alameda County Mosquito Abatement Program, ACMAD. Peavey said ACMAD is a service paid for by property taxes to conduct mosquito inventory in Alameda County and, subsequently, control. The agency concentrates on the larval stage and provides services to residents that include pickup of dead birds to determine if the cause of death was West Nile Virus.

Consent:

City Attorney Michael Lawson gave staff recommendations regarding amendments to a mobile home ordinance, specifically the closure of mobile home parks and compensation for residents in that situation.

The council unanimously approved staff recommendations to fund local nonprofits from the Community Development Block Grant. Mayor Michael Sweeney was absent from the hearing because he works for Spectrum Community Services, an organization that applied for funding.

Legislative Business:

The counsel voted to adopt an ordinance that would prohibit camping and storage of personal belongings on city-owned property. The ordinance was approved 6-1 (Zermeno, Nay)

Mayor Michael Sweeney	Aye
Mayor Pro Tempore Mark Salinas	Aye
Marvin Peixoto	Aye
Barbara Halliday	Aye
Francisco Zermefio	1 Nay
Greg Jones	Aye
Al Mendall	Aye

PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14720840

Superior Court of California, County of Alameda
Petition of: Wei-Chi Chen for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Wei-Chi Chen filed a petition with this court for a decree changing names as follows:
Wei-Chi Chen to Diana Miki Chen.

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 07/11/2014, Time: 8:45 am, Dept.: 504
The address of the court is 24405 Amador Street / Room 108, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: Apr. 09, 2014
S/ WINIFRED Y. SMITH
Judge of the Superior Court
4/22, 4/29, 5/6, 5/13/14

CNS-2613174#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14721629

Superior Court of California, County of Alameda
Petition of: Kevin Drew Fishbein for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Kevin Drew Fishbein filed a petition with this court for a decree changing names as follows:
Kevin Drew Fishbein to Kevin Drew Garcia

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: July 11, 2014, Time: 8:45 a.m., Dept.: 504
The address of the court is 24405 Amador Street, Room 108, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Whats Happenings Tri City Voice - Fremont
Date: April 16, 2014
Winifred Y. Smith
Judge of the Superior Court
4/22, 4/29, 5/6, 5/13/14

CNS-2612836#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14720635

Superior Court of California, County of Alameda
Petition of: Margaret Houlton for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Margaret Irene Houlton to Margaret Irene Orandi-Knopp

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: July 18, 2014, Time: 8:45 a.m., Dept.: 504
The address of the court is 24405 Amador Street, Room 108, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice
Date: April 8, 2014
Winifred Y. Smith
Judge of the Superior Court
4/15, 4/22, 4/29, 5/6/14

CNS-2609703#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14718095

Superior Court of California, County of Alameda
Petition of: Khampeng Meksavanh for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Khampeng Meksavanh filed a petition with this court for a decree changing names as follows:
Khampeng Meksavanh to Cammie Ho

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 06/13/2014, Time: 8:45a.m., Dept.: 504
The address of the court is 24405 Amador St., Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Whats Happening Tri-City Voice
Date: March 20, 2014
Winifred Y. Smith
Judge of the Superior Court
4/15, 4/22, 4/29, 5/6/14

CNS-2609504#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14716377

Superior Court of California, County of Alameda
Petition of: Brian Smith Wendy McFadden for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner Brian Smith Wendy McFadden filed a petition with this court for a decree changing names as follows:
Grace Loren Grimes-Smith to Grace Loren McFadden-Smith

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: Fri May 23, 2014, Time: 8:45 AM, Dept.: 504

The address of the court is 24405 Amador Street, Room 108, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: Mar 06, 2014
WINIFRED Y. SMITH
Judge of the Superior Court
4/15, 4/22, 4/29, 5/6/14

CNS-2609494#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14719528

Superior Court of California, County of Alameda
Petition of: Joel Van Eck for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Joel Van Eck to Joel Noe

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: June 27, 2014, Time: 8:45 a.m., Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What Happening Tri-City
Date: 4/1/14
Winifred Y. Smith
Judge of the Superior Court
4/15, 4/22, 4/29, 5/6/14

CNS-2608553#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14718842

Superior Court of California, County of Alameda
Petition of: Isaias Moreno Perez for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner Isaias Moreno Perez, filed a petition with this court for a decree changing names as follows:
Isaias Moreno Perez to Isaac Moreno Perez

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 06/13/2014, Time: 8:45 AM, Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94541

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Whats Happenings Tri City Voice
Date: Mar 21, 2014
Winifred Y. Smith
Judge of the Superior Court
4/1, 4/8, 4/15, 4/22/14

CNS-2603399#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 489493

Fictitious Business Name(s):
WOZZY Company, 30166 Industrial Pkwy, SW #135, Hayward, CA 94544, County of Alameda
Registrant(s):
Richelle Dale Hartwell, 369 Tippe Canoe Ave., Hayward, CA 94544.
Brian Thomas Hartwell, 369 Tippe Canoe Ave., Hayward, CA 94544.

Business conducted by: married couple
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Richelle Hartwell, Principal
This statement was filed with the County Clerk of Alameda County on April 17, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
4/22, 4/29, 5/6, 5/13/14

CNS-261329#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489967

Fictitious Business Name(s):
Cathy Lin 559 Enos Street, Fremont, CA 94539, County of Alameda

Registrant(s):
Lin, Chih-Ling, 559 Enos Street, Fremont, CA 94539
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Lin, Chih-Ling

This statement was filed with the County Clerk of Alameda County on April 4, 2014

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
4/22, 4/29, 5/6, 5/13/14

CNS-2611766#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489211

Fictitious Business Name(s):
The Lil' Genius Kid, 2500 Hansen Rd., Hayward, CA 94541, County of Alameda
38440 Princeton Ter, Fremont, CA 94535
Registrant(s):
Kidz Grow Inc., 38440 Princeton Ter, Fremont, CA 94535, CA

Business conducted by: a corporation.
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Anil K. Gupta, Secretary
This statement was filed with the County Clerk of Alameda County on April 9, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
4/15, 4/22, 4/29, 5/6/14

CNS-2610662#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489498

Fictitious Business Name(s):
Leisure Health Spa, 1764 Decoto Blvd., Union City, CA 94587, County of Alameda

Registrant(s):
Shee Wah Chow, 43988 Rosemere Dr., Fremont, CA 94539

Business conducted by: an individual.
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Shee Wah Chow

This statement was filed with the County Clerk of Alameda County on March 21, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
4/15, 4/22, 4/29, 5/6/14

on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
4/15, 4/22, 4/29, 5/6/14

CNS-2610658#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 490117

Fictitious Business Name(s):
My Italian Treats, 3340 Coventry Ct., Fremont, CA 94536, County of Alameda

Registrant(s):
Sophia Bianco, 3340 Coventry Ct., Fremont, CA 94536.
Piero Bianco, 3340 Coventry Ct., Fremont, CA 94536.

Business conducted by: married couple
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Sophia Bianco

This statement was filed with the County Clerk of Alameda County on April 8, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
4/15, 4/22, 4/29, 5/6/14

CNS-2610193#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489489

Fictitious Business Name(s):
EZ Sun Solutions, 37527 Glenmour Dr., Fremont, CA 94536, County of Alameda

Registrant(s):
Wing Keung Lal, 37527 Glenmour Dr., Fremont, CA 94536

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on 3/20/2014

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Wing Keung Lal

This statement was filed with the County Clerk of Alameda County on March 21, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
4/15, 4/22, 4/29, 5/6/14

CNS-2609667#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489926-927

Fictitious Business Name(s):
1. Hope Enterprise, 2. Hold On Pain Ends, 6351 Thomas Ave., Newark, CA 94560, County of Alameda

Registrant(s):
Gaurav Kainth, 6351 Thomas Ave., Newark, CA 94560

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Gaurav Kainth

This statement was filed with the County Clerk of Alameda County on April 3, 2014

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
4/15, 4/22, 4/29, 5/6/14

CNS-2609497#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489800

Fictitious Business Name(s):
Forced Perspective, 35798 Blair Pl., Fremont, CA 94536, County of Alameda.

Registrant(s):
Gabriel Medeiros, 35798 Blair Pl., Fremont, CA 94536

Business conducted by: a limited liability partnership
The registrant began to transact business using the fictitious business name(s) listed above on 3/16/2014

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Gabriel Medeiros

This statement was filed with the County Clerk of Alameda County on April 1, 2014

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
4/15, 4/22, 4/29, 5/6/14

CNS-2609324#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489709

Fictitious Business Name(s):
Destiny International, 26795 Clarkford St., Hayward, CA 94544, County of Alameda

Registrant(s):
Innocent Caryiam, 39270 Paseo Padre Pkwy #350, Fremont, CA 94538

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Innocent Caryiam

This statement was filed with the County Clerk of Alameda County on March 28, 2014

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
4/8, 4/15, 4/22, 4/29/14

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489741

Fictitious Business Name(s):
Knack Studio 18, 46539 Mission Blvd., Fremont, CA 94539, County of Alameda; 3501 Birchwood Ter Apt 112, Fremont CA 94536; Alameda

Registrant(s):
Hyzo Studio LLC, 3501 Birchwood Ter Apt 112, Fremont CA 94536; California #201404510332

Business conducted by: a limited liability company
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Chu Ching Lin, Sole Member

Hyzo Studio LLC
This statement was filed with the County Clerk of Alameda County on March 28, 2014

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
4/15, 4/22, 4/29, 5/6/14

CNS-2609158#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489795

Fictitious Business Name(s):
Mr. Pickles, 33354 Alvarado Niles Rd., Union City, CA 94587, County of Alameda; 23742

PUBLIC NOTICES

/s/ Roderick G. Shaw
This statement was filed with the County Clerk of Alameda County on March 24, 2014.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
4/1, 4/8, 4/15, 4/22/14

CNS-2604425#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME
File No. 446335
The following person(s) has (have) abandoned the use of the fictitious business name: **Ozuna Essences of Life, 32779 Lake Mead Drive, Fremont, CA 94555**
38536 Mission Blvd., Fremont, CA 94536
The fictitious business name referred to above was filed in the County Clerk's office in Alameda County on 1/11/2011.
Jenna Hall, 38536 Mission Blvd., Fremont, CA 94536
Beverly Bossa, 32779 Lake Mead Drive, Fremont, CA 94555
This business was conducted by
S/ Jenna Hall
This statement was filed with the County Clerk of Alameda County on March 20, 2014.
4/1, 4/8, 4/15, 4/22/14

CNS-2603396#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
DOROTHY LEE REESE
CASE NO. RP12644992
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Dorothy Lee Reese
A Petition for Probate has been filed by Mark Piccolotti in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Jennifer Keystone be appointed as personal representative to administer the estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many ctions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this

court on May 14, 2014 at 9:30 a.m. in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704-1109.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing.
Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Teresa L. Green, Campbell Law Offices, 1970 Broadway, Suite 625, Oakland, CA 94612, Telephone: 510-832-0742

4/22, 4/29, 5/6/14

CNS-2611819#

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
WILFORD OLAN REESE
CASE NO. RP12644986
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Wilford Olan Reese
A Petition for Probate has been filed by Mark Piccolotti in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Jennifer Keystone be appointed as personal representative to administer the estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on May 14, 2014 at 9:30 a.m. in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704-1109.
If you object to the granting of the petition,

you should appear at the hearing and state your objections or file written objections with the court before the hearing.
Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Teresa L. Green, Campbell Law Offices, 1970 Broadway, Suite 625, Oakland, CA 94612, Telephone: 510-832-0742
4/22, 4/29, 5/6/14

CNS-2611818#

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Fremont Police Log

passenger floorboard. Several Officers respond to assist. Officer Luevano took over the investigation and arrested a 19 year old adult male for possession of a loaded Glock 9mm with a loaded 30 round magazine.

Saturday, April 12

Officer Hartman investigated a suspicious circumstance on the 34000 block of Webfoot Loop. Two males representing themselves as alarm company upgrade representatives contacted multiple residents on this street offering to modify their existing systems. These residents were targeted because they had signs in their yard indicating they already had an alarm. In one instance they were allowed inside a home to “inspect” the system, taking note of sensor locations. Another resident noticed this and asked them to leave, which they did. Officer Hartman followed up with alarm companies and could not identify the males.

At 12:17 p.m, FPD received a call from the mother of a 12 year old girl missing from the 900 block of Arikara Dr. She was an hour overdue from riding her bike to a friend’s house for the first time. With no cell phone the family was unable to contact her. We responded in force, sending three Sergeants, two Officers and one Traffic Officer to search for the girl. Units searched the area and by 12:38 p.m. she was located unharmed in the area of Weibel Elementary.

Officer Gonzalez was dispatched to a just-occurred auto burglary at the Jamba Juice in Pacific Commons. Shortly thereafter, several more auto burglary reports came in at various locations around Pacific Commons. Suspect description was a black male in a dark green Honda with a partial plate of 4SV067.

Sunday, April 13

The victim of a strong armed robbery was confronted by a robbery suspect inside a housing complex located on Manitoba Terrace. The unknown suspect stole the victim’s iPhone. The suspect fled on foot in the northbound direction of Gatewood St towards Doane St. The suspect was described as a Hispanic male juvenile, approximately 15 years old, wearing a black jacket and carrying a black bag. Officer Gentry/Settle investigating.

FFD requested assistance with a structure fire at a residence on Woodbridge Pl. The family was safely evacuated from the residence however; some of the family’s pets did not make it. Officers assisted with traffic control and Animal Services was requested for the pets. Scene supervised by Sgt. Cochran.

Monday, April 14

Officer Francisco investigated a suspicious circumstance

where a male, later identified as a 25 year old Fremont resident, was found in the backyard of two different residences on Carol Ave. While conducting a neighborhood check, Officer Hartman located the male and questioned him about being found in the backyards by two different homeowners. The male claimed he had kicked his basketball and wasn’t sure where it had landed. Neither homeowner requested prosecution for trespassing. Thank you to the homeowners who called this in.

Officers responded to a report of a residential burglary in progress on the 3600 block of Perkins St. The reporting party stated the front door to his home was slammed shut on him immediately after he opened it. Shortly after the front door was shut, a suspicious vehicle was seen fleeing from the area. A diligent neighbor described the vehicle as a pewter colored 7-series BMW with 22’ after-market rims. The neighbor also took a photo of the vehicle. Detectives responded to the scene and are following up on the case. Loss included a firearm.

Officer Collins and FTO Kwok were dispatched to Kohls for a call of security holding a shoplifter. They arrived and took custody of a 29 year old adult female for theft.

A 13 year old victim went fishing at the Dumbarton Pier with his family. He went back to the truck to ride his bicycle and was confronted by a male who asked him his name and grabbed him by the arm. The victim’s father came back and confronted the male who fled in an older white Toyota Tacoma pick-up truck. The suspect was described as a black male adult in his 50’s wearing a black shirt with white stripes and black pants. Case investigated by Ofc. Haugh who will follow up with detectives.

Officers were dispatched to the 5500 block of Butano Park Dr where a resident observed a male in his neighbor’s back yard. The male fled over the fence when confronted by the resident and was last seen heading north on Butano Park in a gold late 90’s to early 2000’s Toyota Camry with the first digit of the plate a “6.” The suspect was described as a black male adult about 20 years old, wearing all dark clothing which included shorts and a baseball cap.

An unknown suspect stole a silver 2011 Cadillac CTS 4-door with “Fremont Chevy” paper plates. Investigated by CSO Baca.

A VIPS volunteer witnessed two men tagging in the area of Blacow Rd. and Mowry Ave. The off-duty volunteer stayed at a safe distance and advised dispatch. Ofc. M. Collins and

FTO Kwok responded to the area and located the suspects described. Both suspects were arrested for vandalism.

Tuesday, April 15

Officer Stark and FTO Magana investigated a robbery that occurred at the bus stop at Mowry Ave and Fremont Blvd. The suspect, described as a black female adult, exited a small black SUV, punched the victim and stole her purse. An unknown male was the driver of the suspect vehicle. The victim’s purse was later recovered near Motel 6 (north). Loss was cash.

Loss prevention at Fry’s Electronics detained a 21 year old adult male, Oakland resident, for theft. His accomplice was waiting in a car outside. Officers went out to the vehicle and found a 31year old adult female, Richmond resident. The unlucky accomplice had a suspended license and a \$100k warrant for ID theft. Both were booked into our jail.

A string of auto burglaries at Pacific Commons near Kohls and Verizon Wireless. A suspect, described as a black male adult wearing a ball cap and blue shirt, shattered vehicle windows, stole items and fled in a grey newer model Mercedes Benz. Officer Stone spotted the vehicle as it got onto northbound 1880 but was unable to get to it. Officers Stone and Hunt investigating.

Officer M.Collins and FTO K. Kwok were detailed to check on a battery at Cloverleaf Bowl. According to the victim, one of the subjects involved possibly retrieved a gun from the trunk of a vehicle. The victim provided the license plate to the vehicle, which broadcast to surrounding agencies.

U.C.P.D.later notified FPD that they located the vehicle in their city. Officer Collins and additional units responded and located the subjects involved in the battery. As officers were investigating, they quickly realized the suspects matched the same description as the Bank of America ATM robbery suspects. Detectives were notified and the investigation continued well into Wednesday morning.

Thursday, April 17

At about 12:30 a.m., Officer Chan was patrolling in the Milmont / Kato Rd. area when he saw about 60+ street racer type vehicles enter the area. He parked in a lot and contacted the rest of the Mids Zone 3 team. After guiding the team into the area and getting into position, the units moved in and stopped several vehicles. The stops led to four citations and one towed vehicle. Great effort by Zone 3 midnight shift!!

Department of Toxic Substances Control

April 2014

Public Notice

the mission of DTSC is to protect California's people and environment from harmful effects of toxic substances through the restoration of contaminated resources, enforcement, regulation and pollution prevention

EMERGENCY PERMIT TO TRANSFER HAZARDOUS WASTE:
CALIFORNIA DEPARTMENT OF TOXIC SUBSTANCES CONTROL,
OFFICE OF PERMITTING
April 3, 2014 - April 6, 2014

The California Department of Toxic Substances Control (DTSC) issued an Emergency Permit to Thermo Fluids, Inc. (TFI) headquartered at 4301 West Jefferson Street, Phoenix, Arizona 85043; TFI is registered to transport hazardous waste in California. Based on the authority granted to the DTSC pursuant to Title 22, California Code of Regulations (CCR), section 66270.51, DTSC found there to be an imminent and substantial endangerment to human health and the environment and issued this temporary emergency permit to TFI.

TFI requested an emergency permit on April 3rd, 2014 to transfer hazardous waste from a disabled tanker truck into another tanker truck; this transfer took place on April 5th. The hazardous waste was then transported offsite for proper disposal; TFI is required to submit a follow up report to DTSC verifying that all hazardous waste was safely transferred. The hazardous waste transferred consisted of approximately 3,000 gallons of used oil. The disabled tanker was parked at California Fleet Maintenance Inc. located at 2450 Whipple Rd. in Hayward, California. The truck could not be driven because of a cracked left rear equalizer spring and the used oil had to be removed in order to make repairs. As TFI does not hold a facility hazardous waste management permit for the location where the transfer took place, DTSC determined that an emergency permit should be issued.

California Environmental Quality Act (CEQA)
DTSC determined that this Emergency Permit was exempt from the requirements of CEQA under Title 14, CCR, Section 15269(c), actions necessary to prevent or mitigate an emergency. On April 4, 2014 DTSC filed a Notice of Exemption which starts a 35-day time period for any legal challenges to DTSC's CEQA determination for this Emergency Permit.

For Additional Information
For further information regarding the Emergency Permit for TFI please contact Sam Coe, Project Manager at (916) 255-3587 or Sam.Coe@dtsc.ca.gov, or Richard A. Perry, Public Participation Specialist, at (510) 540-3910, or toll free at (866) 405-5651, or Richard.Perry@dtsc.ca.gov. A copy of the Emergency Permit, NOE, and TFI's request as well as the full Administrative Record for this project are available for review at Department of Toxic Substances Control, 8800 Cal Center Drive, Sacramento, CA 95826. For Media inquiries, please contact Tamara Adamcik, DTSC Public Information Officer, at (916) 324-2997 or Tamara.Adamcik@dtsc.ca.gov.

CalEPA

DTSC

State of California

FREE Adult Reading and Writing Classes are offered at the Alameda County Library
Tell A Friend Call Rachel Parra 510 745-1480

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Unuon City Police Log

to locate the unwanted trespasser. Officers conducted a search of the residence and found the suspect hiding inside of the residence. Apparently the suspect did not want to get caught inside of the stolen vehicle he abandoned in the middle of the street. Alan Epps (Hayward resident) was arrested for possessing burglary tools, trespassing, resisting arrest, and for being in possession of a stolen vehicle.

Wednesday, April 16

Officer Geldermann was working at James Logan High School as the School Resource Officer (SRO). At 11:30 a.m., Officer Geldermann began receiving third-hand information about an armed robbery that had just occurred. James Logan High School and Sears Elementary School were placed into “lockdown” procedures as a precautionary measure. The lockdown procedure was lifted after Officer Geldermann was able to determine the incident did not occur on any school campus and the suspects in this case had fled the area. It turned out that the incident actually occurred on 14th Street (near James Logan). The incident involved three males fighting and ultimately pointing what appeared to be a firearm at a male victim as they stole the victim’s iPod. Major Crime Task Force Officers were able to locate all three suspects near Fairway Park in the City of Hayward. The victim responded to the area and positively identified all three suspects. Three juvenile suspects from the City of Hayward were arrested on multiple felony charges to include armed robbery and possession of stolen property. A pellet gun and the victim’s stolen iPod were recovered in the suspect’s vehicle.

Anyone with information on local crime or any of the listed incidents should contact the Investigations Division at 510-675-5247. Those wishing to remain anonymous can contact the tips line by calling 510-675-5207 or email tips@unioncity.org.

Hayward Police Log

SUBMITTED BY SGT. ERIC MELENDEZ, HAYWARD PD

Monday, April 7

There was an attempted burglary to a residence on the 1300 block of Thornwall Lane at 11:59 a.m. The male suspect was seen trying to force open the front door with tools. A neighbor called the police but the suspect fled prior to police arrival and could not be located.

A shooting into an occupied vehicle took place in the 26000 block of Hickory Avenue at 5:57 p.m. The victim was sitting in his parked vehicle when the male suspect fired multiple rounds at him. Both suspect and victim fled from the scene. The suspect fled in a red 2-door vehicle and the suspect has been described as a heavy set Hispanic male in his 20s. The incident is being investigated the Investigations Bureau.

Tuesday, April 8

A shooting occurred on Evergreen St near Hickory Ave. at 2:30 p.m. A male victim was standing next to his parked vehicle talking to the occupants when another vehicle drove up and tried to hit him. The victim and suspect then argued after which the suspect fired several rounds at the victim. The suspect was driving a yellow 2-door compact vehicle with a spoiler.

A motorcycle officer attempted to stop a vehicle for a traffic violation in the area of Jackson St and Santa Clara St. at 3:55 p.m. The vehicle fled from the traffic stop and crashed into several vehicles on Santa Clara St. The driver tried to flee from the scene but was caught by officers a short distance away.

The HPD Investigations Bureau received information on the location of a homicide suspect wanted by Hayward Police Department. The suspect was then observed by surveillance units at a residence in a nearby jurisdiction. When the suspect was approached by officers he fled. With the assistance of the deputies from the Alameda County Sheriff's Office

and the CHP aviation unit the suspect was located hiding in a nearby apartment complex and was taken into custody. Members of the suspect's family were also arrested for harboring a wanted fugitive.

Wednesday, April 9

Officers observed a traffic collision occur in front of them at 9:37 a.m. When they tried to contact the driver, he refused to come out of the car and tried to drive away. The vehicle was blocked in by the officers and the driver was removed from the vehicle. The driver was arrested and transported to HPD jail.

At 3:09 p.m., while HPD officers were conducting area checks in the 26000 block of Flamingo Ave., they located an unoccupied vehicle associated with a suspect wanted for attempted homicide. Several HPD specialized units responded and formed a perimeter around the area, waiting for the suspect to return to the vehicle. When the suspect arrived the units moved in and took the suspect into custody.

A Patrol Officer stopped a vehicle in front of Schafer School at 4:47 p.m. Upon contacting the driver he discovered he is a known gang member on probation. The officer searched the vehicle and discovered two handguns and narcotics. The driver and his juvenile passenger were both arrested.

Thursday, April 10

An informant saw a suspect near a garbage dumpster at a business in the 24000 block of Mission Blvd. at 4:55 a.m. After the suspect left the dumpster became engulfed in flames. HFD arrived and put out the fire. The informant described the suspect as a male, six feet tall with a thin build, wearing a black hooded sweatshirt and blue jeans.

A resident called the police at 9:32 a.m. regarding a male suspect entering her backyard in the 24000 block of Townsend Ave without permission. The suspect fled upon being confronted by the informant. HPD patrol units responded and located the suspect a short distance away. The informant identified the suspect as the person entering her yard and the suspect was arrested for prowling.

The owner of a business in the 600 block of West Tennyson Rd told officers he saw two male juveniles with handguns standing outside his store at 10:22 a.m. Officers see the two males who immediately fled from them, and began jumping fences towards on Baldwin St. HPD responded, set a perimeter and searched the yards in the area. The suspects were eventually identified as being related to a residence on Baldwin St. Announcements were made into the house and the two suspects came out and surrendered. Two airsoft replica pistols are recovered.

A robbery occurred to an ice cream cart vendor at the intersection of Nevada and Tehama at 6:10 p.m. Two suspects attacked the victim and then took property from him while he was on the ground. The suspects were last seen driving a green SUV type vehicle. The victim was taken to a local hospital for treatment of his injuries.

Saturday, April 12

HPD dispatch received a call from multiple informants at 4:24 p.m. regarding a shooting in the parking lot of Mi Pueblo Supermarket on Harder Rd. Officers responded and contacted several witnesses to the incident but could not locate the victim or suspect. HPD dispatch was contacted by St Rose Hospital when the victim arrived with a head injury. After speaking with the victim they determined the victim got into an argument with another male who struck the victim with a pistol. Patrol Division is still investigating the incident.

Sunday, April 13

A robbery occurred near the intersection of Santa Clara Ave and Yolo St. at 6:40 p.m. The three suspects armed with knives confronted the victim. The suspects knocked the victim down and assaulted him. After the suspects took the victim's property the victim left the area. When officers arrived they located the suspect and detained him. The victim identified the suspects as the ones who robbed him and all three were arrested.

If you have information to report that could help lead to an arrest in this crime/crime activity, please contact police.

ATM Robbery Suspects Arrested

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

On April 9, 2014 at approximately 1:05 a.m. a 67 year old adult victim was robbed at gunpoint while using the Bank of America ATM located at 40820 Fremont Blvd. While the victim was using the ATM, a carload of suspects drove up and parked adjacent to where he was standing. The main suspect exited the vehicle, pointed a handgun at the victim and demanded his wallet. The victim, fearing he would be shot, threw his wallet to the suspect. The suspect retrieved the wallet and the vehicle sped off. Approximately one hour later two of the suspects used the victim's credit cards at the 7-11 located at 46650 Mohave Dr in Fremont.

On Tuesday, April 15, 2014, in an attempt to identify the suspects, the Fremont Police Department's Crimes Against Person(s) Unit released surveillance photos and video on Nixle and through the use of our official social media channels.

On April 16, 2014, during the early morning hours, an unrelated Fremont Police investigation led to the identity of the suspects. Physical evidence, witness statements, suspect confessions and other evidence tied these suspects and one other suspect to the robbery. The Fremont Police Department Crimes Against Persons, General Assignment and Street Crimes Unit's all deployed to actively work the case today. Following a search warrant that was served at a residence on Farrol Ave in Union City, the following three persons were arrested:

- Prabhleen Singh - 22 year old, Fremont resident, suspect with the gun who robbed the victim.
- Manjot Dhillon - 24 year old, Union City resident, suspect who drove the get-away vehicle.
- Juvenile - a 17 year old male (suspect who also used the victim's credit cards at 7-11).

The suspects were arrested on a variety of felony charges including robbery, elder abuse, possession of stolen property and felon in possession of ammunition. Singh and Dhillon were booked into the Fremont Jail. The 17 year old juvenile suspect was booked into Juvenile Hall. The vehicle used during the robbery, along with other items associated to the crime, were also located and booked into evidence.

The Fremont Police Department is still actively investigating this case. Anyone who has knowledge of the suspects and/or crime is encouraged to contact the Fremont Police Department Investigative Unit, case agent Det. Gebhardt at 510-790-6954 or Mgebhardt@Fremont.gov.

that it's time to rotate. There are lots of tricks and red herrings thrown in, to lead them off track. But this group would not be deterred.

"The rodeo is a chance to be sure I'm up on what I should be doing properly," said Gary Crandell, a Quality Team Leader at Concord Shop who went on to be top winner in Electrical and part of the three-man team going to Montreal. "I get little insights so that I can improve my methods and skills ... it's a great time and a great way to test your skills and see how good you are."

There is not much "rodeo" to the rodeo, unless you count the maroon T-shirts with a steer logo, the contestant who wore a cowboy hat and another who showed off his custom cowbell stamped with the BART logo. Oh, and hot dogs and hamburgers, potato salad and coleslaw to be shared when all was said and done, with some Johnny Cash on the sound system. The cowboy hat contestant was in his first BART rodeo, and as a tough-as-nails former nuclear submarine Navy guy, he vowed to be back.

BART mechanics and electricians come from a variety of backgrounds; the aviation industry; automobiles; the military; other transit systems. They must go through extensive training to make the cut at BART.

And how does the rodeo help? It's a relatively tiny training expense to send the winning team to the international competition, where they learn skills not only for BART cars but by competing on other system's equipment to test their ingenuity even more. "It celebrates excellence," Chief Mechanical Officer Tamar Allen said. "We're benchmarking how others do to make sure we're doing the best work we can."

Here is the full list of event winners:
First Place:
Overall High Score: Ted Christian - TVET Mainline
Electrical: Gary Crandell - QTL
Concord Shop
Mechanical: Dan Parris - TVM
Hayward Shop

Second Place:
Overall: Carl Ambrose - TVM
Hayward Shop
Electrical: Mike O'Dorney - TVET Mainline
Mechanical: Lino Rodrigues - TVM
Concord Shop

Third Place:
Overall: Jay Clemons - TVET
Concord Shop
Electrical: Arnold Paragas - TVET
Daly City Shop
Mechanical: Mark Casey - TVM
Richmond Shop

For information on BART jobs, go to www.bart.gov/jobs.

BART rail rodeo

SUBMITTED BY MELISSA JORDAN

Mechanics and electricians who maintain BART trains rank top in their field. With aging equipment and limited resources, they're used to thinking on their feet and dealing with surprises.

Each year, the rail industry holds local "rodeo" events where individuals compete against one another in different mechanical and electrical skill categories. At BART, the three top individual winners join together to compete as a team at the international competition, this year in Montreal, Canada, in June.

The rodeo is about pride in one's craftsmanship and about teamwork but, above all, about keeping BART the best at safety and reliability. BART has won more international Rail Rodeo maintenance events where it has competed than any other transit system in the nation. These crews are, hands-down, the best — and they need to be, keeping a 42-year-old fleet, the oldest on average of any transit system in America, running safely and smoothly until new trains come on line in 2017.

It's a little like the National Spelling Bee, with proctors, timekeepers, rule-readers, score-keepers

and judges. But also with axles, circuit boards, train doors, dexterity plates, and precision measurements. "It's where you get to prove your skills," said Ted Christian, a multiple Rail Rodeo winner and mainline Transit Vehicle Electronics Technician, who would go on to take the top honor, overall winner, at this year's local event, held at the Hayward Maintenance Yard on April 3.

The competition is a no-frills affair, just a set of booths behind curtains to keep the element of the surprise, for the contestants don't know what challenge they will face until the timekeeper calls

tectives contacted Officer Warren and informed him the suspect was being held at Santa Rita for an unrelated charge. Officer Warren met with Lewis and obtained a full confession. Lewis was charged with six felonies stemming from this Newark case. Nice job Matt!

Friday, April 11

SET Detectives have noticed numerous drug related cases originating from the EZ8 Motel. This motel has been known as a drug hot spot in the past and is once again appears to be active. SET Detectives coordinated an effort to try and work an undercover operation to purchase drugs at the motel. SET Detectives arrived at the motel when they were contacted by Dajon Johnson

(Newark) who asked them if they would be interested in buying soap, deodorant and other body products. When they replied they wanted to buy drugs, Dajon stated he was able to get his uncle who could get them some drugs. Michael Bowser (Newark), the uncle, contacted detectives and were told that he could get drugs for them. Bowser stated he had to go get the drugs from another location. Johnson and Bowser came back several hours later and met with one of the detectives. The detective was able to purchase \$40 worth of crystal methamphetamine. They were both arrested for transportation of drugs for sales. Johnson had some additional methamphetamine on him so he got an extra charge of pos-

session of methamphetamine. Johnson also had a no-cite warrant.

Monday, April 14

Officer Arroyo investigated an injury accident at the intersection of Hwy 84 and Newark Blvd. at 11:32 a.m. Two vehicles collided in the intersection, one vehicle rolled over due to the impact of the collision. One person was transported to a local hospital for treatment of minor back and head injuries. A special thanks to the RAVENS volunteers, Vehicle Abatement Officer Howcroft, and Reserve Officer Holland who responded to help with traffic control and allowed the intersection to be cleared quickly.

Officers responded to Motel 6 at 10:28 p.m. to investigate an

armed robbery that had just occurred. Officer Homayoun investigated and learned the male hired a prostitute who then robbed him along with her male counterpart, via a strong-arm robbery. Female is described as a black female, early 20's, 5'05", heavy set, wearing a maroon sweatshirt, and blue jeans; the male is described as a black male, in his 30's, 5'05", slim build, wearing white tee shirt and blue jeans. They fled in a newer grey four door sedan.

Any person with any information concerning these incidents can contact the non-emergency line at 510-578-4237. Information can also be left anonymously on the "silent witness" hotline at 510-578-4000, extension 500.

Newark Police Log

SUBMITTED BY CMDR. MICHAEL CARROLL, NEWARK PD

Thursday, April 10

Officer Warren concluded a two month investigation regarding a vehicle that had been stolen from our Dodge/Jeep dealership. With the help of OnStar, Oakland PD recovered the vehicle for us. A search warrant for a related cellular phone was authored which resulted in a named suspect (Jorrell Lewis of Oakland) being located. Oakland PD De-

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April 26: Open from 9 am - 6 pm
April 27: Open from 12-4 pm

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Youth Fishing Day

SUBMITTED BY NEWARK RECREATION
AND COMMUNITY SERVICES
DEPARTMENT
PHOTOS COURTESY OF BRYAN COBB

Get "hooked" on fishing for life! Introduce your child to the great sport of fishing during this fun and informative day. Fishing experts from the Tri-City Anglers will give basic instruction on knot tying, casting, baiting the hook, and fish handling techniques. Bring your own pole or use one of our loaner poles.

The lake will be planted with fish for the event, courtesy of the California Department of Fish and Game. Tackle will be provided due to a generous donation from Cargill's Land Management department.

Children under 8 years old must be accompanied by a parent or guardian. Parents are asked not to fish during the youth fishing time. California fish and game laws will be enforced during the "Youth Fishing Day."

Sycamore Cove in Lakeshore Park is located on Lake Boulevard at Parkshore Drive in Newark. Parking is on-the-street and very limited.

Youth Fishing Day
Saturday, Apr 26
8 a.m. - 11 a.m.
Sycamore Cove at
Lakeshore Park
Lake Boulevard at Parkshore
Dr, Newark
(510) 578-4668
http://www.ci.newark.ca.us/
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Do you have severe knee pain or osteoarthritis that is limiting your daily activities? It may be time to look into treatment options. Learn about osteoarthritis in the knee and the latest techniques for knee replacement surgery.

Friday, May 2, 2014
2 to 4 p.m.
Conrad E. Anderson, M.D. Auditorium, Rooms A & B
(Washington West, 2500 Mowry Ave., Fremont)

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Trashion takes the runway

SUBMITTED BY CAMMIE CLARK
PHOTO BY CAMMIE CLARK

What is Trashion? An outfit made of discarded packages of cookies, sugar, and ice cream; a gown made of discarded potato chip bags; a dress made of discarded Charmin packaging and bubble wrap; a superhero outfit made from discarded plastic bags.

As part of their Earth Week celebration, Sunol Glen School ensures you will never look at trash the same way again as they host their 5th annual “Trashion Show.” There will be three performances during which to view the fabulous fashions; Thursday, May 1 is an evening show held in conjunction with Sunol Glen’s “Go Green Night” and is specifically intended for parents and the public. Two afternoon performances will be offered Friday, May 2, concluding the week-long Earth Week activities, with the main audience made up of elementary school students and local judges from a variety of Bay Area Green organizations. Parents and the public will also be in attendance at both of these afternoon shows.

See your trash in a whole new light at this free, exciting, and creative event!

Trashion Show
Thursday, May 1: 7 p.m. – 8 p.m.
Friday, May 2: 12:50 p.m. - 1:20 p.m.
1:30 p.m. - 2:00 p.m.

Sunol Glen School Auditorium
11601 Main St, Sunol
(925) 862-2026
www.sunol.k12.ca.us Free



5th Grade student Phaedra Hageman models her outfit made from old comic books, FedEx envelopes, and plastic newspaper bags during the 2013 “Trashion Show” at Sunol Glen School.

Fiber Arts and Flower Show

SUBMITTED BY AVANTHI
KANMATAREDDY

The third annual Fiber Arts and Flower Show will be held at Fremont Art Association (FAA) from Wednesday, April 30 through Saturday, May 24. The show is in conjunction with the Wildflower, Art, Garden Tour and Quilt Show organized by The Niles Main Street Association to celebrate spring. Visit the FAA gallery during this time for fabulous quilts, knits and other forms of fiber arts by local artists.

We are also calling all artists interested in participating in the show. Members and non-members with a signed waiver are welcome to submit their artwork to the show. There is a modest submission fee for the artwork, \$5 for members and \$10 for non-members. Artwork can be dropped off and received on Sunday, April 27 from 2 p.m. to 5 p.m. and Monday, April 28 from 12 noon to 3 p.m. Sign-up forms are available at the FAA Gallery or contact Melba Vincent at melbav@comcast.net to have forms emailed to you.

Fiber Arts and Flower Show
Wednesday, Apr 30 to
Saturday, May 24
11 a.m. to 5 p.m.
(Wednesdays – Sundays)

Centre/Gallery
37697 Niles Boulevard,
Fremont
(510) 792-0905
www.FremontArtAssociation.org





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- > New! Bike Rodeo
- > Eco-tainment
- > Face painting





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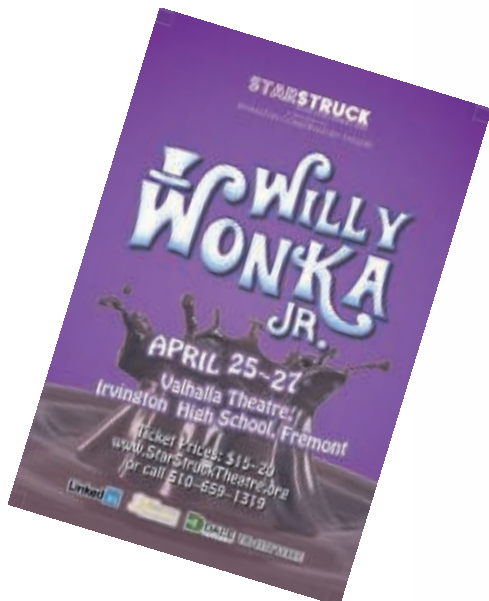
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