



Lose your lawn the Bay-Friendly way

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Lady Vikings off to a great start

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TRI-CITY VOICE

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April 15, 2014

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Supermurgitroid! 'Jazz Festival' brings the groove back

BY ROBBIE FINLEY
PHOTOS COURTESY
OF CSUEB MUSIC
DEPARTMENT

The smooth, sultry sounds of the saxophone. The driving beats of the drums. The massive, dominating sounds of trombones and trumpets. All of these blend together in the sophisticated, melodic sounds of jazz. One of America's oldest musical styles will once again be celebrated as California State University East Bay (CSUEB) sets the stage for the 29th annual "CSUEB Jazz Festival" grooving the Hayward-based campus on April 18 and 19.

The two-day festival, which brings out the best of the best in jazz as well as the top local talent of the East Bay, kicks off with a special performance by superstar trombonist Wycliffe Gordon at

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Egg-cellent Easter fun

BY SARA GIUSTI
PHOTOS COURTESY OF UNION
CITY LEISURE SERVICES

Easter is almost here, and Tri-City communities have plenty of activities in store to celebrate!

Easter is the pinnacle holiday for those of the Christian faith, as it commemorates the resurrection of Jesus Christ after his crucifixion. Since Easter is a "moveable feast" – not falling on a fixed date – its celebration can vary

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Going Green Together

From San Francisco, Texas, and Ohio to Albania, Kuwait and the Bahamas, millions of people in 190 countries will come together to make our world a better place in celebration of Earth Day. 2014's global theme is "Green Cities," focusing on the need to reform our cities with cleaner vehicles, building efficiency, clean energy and other green options to cut down on pollution and waste and create a sustainable future.

Whether in the city or the country, by engaging in a big community effort or a small personal action, Earth Day is an opportunity to help preserve our beautiful

land and its resources. Although officially, Earth Day is Tuesday, April 22, community groups and organizations will host a variety of educational events and volunteer options over the next two weekends.

Of course, striving to create a better planet and living environment takes daily contributions, and doing your part might be easier than you think. Change regular light bulbs to new compact fluorescent bulbs; recycle paper goods, food scraps, glass and plastic containers; use environmentally-friendly disposable diapers or

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Let's
GO GREEN
Together!

Washington
Hospital and the
City of Fremont to
Host Free
Earth Day Expo

To help promote a cleaner and greener environment, Washington Hospital and the City of Fremont are observing Earth Day by hosting a special community event that will focus on how all of us can help make our community a healthier place. On Saturday, April 26, members of Washington Hospital's Green Team, the City of Fremont and other local Tri-City organizations will stage an education expo to raise environmental awareness and share eco-friendly ideas with people in our District.

The "Let's Go Green Together!" event will take place from 11 a.m. to 3 p.m. inside the Conrad E. Anderson M.D. Auditoriums located at 2500 Mowry Avenue (Washington West) in Fremont.

"Washington Hospital is dedicated to developing green ideas and solutions to foster the best possible outcomes for patients, while also conserving resources, reducing waste and creating sustainability programs all around the hospital," says Paul Kelley, Director of Biomedical Engineering and Green Initiative at Washington Hospital. "Our upcoming event will be a great opportunity for people to learn how to reduce waste at home and learn new ways to go green."

Learn Gardening Tips

Gardening experts will share their expertise and help you prepare for the spring gardening season. Come learn more about Bay Area friendly gardening, see samples of

drought resistant plants, California natives, and plants that attract pollinators.

Dispose and Drop-Off the Following Items for Free

- Several designated booths inside the Conrad E. Anderson M.D. Auditorium will be available for those who would like to drop off and recycle the following items:
- Disposal of unused, unwanted medications: Do not dispose of medicines down the drain where they end up polluting our waters. Instead bring expired or unwanted medications for drop-off, knowing they will be processed in an environmentally responsible way. The Union Sanitary District booth will accept all of your unused medication.
 - Disposal of home generated sharps: This includes needles and syringes, lances, etc. These sharps must (by state law) be in an approved sharps container. We will have a limited number of sharps containers available free of charge to those who need them. Identification will be required per the County of Alameda. Business generated sharps cannot be accepted.
 - Donating eyeglasses: The Lions Club recycles and distributes eyeglasses all over the world to people in need. Bring your old eyeglasses and give someone else the gift of sight!
 - Mercury Thermometer Exchange: Washington Hospital and the Union Sanitary District are working to keep Mercury out of our local waterways by reducing its presence in products and devices. If you bring us a mercury thermometer we will swap it



To help promote a cleaner and greener environment, Washington Hospital and the City of Fremont are observing Earth Day by hosting the annual Let's Go Green Together Event on Saturday, April 26. The free environmental expo will feature a number of education booths and fun activities for the entire family. Learn more at www.whhs.com/green.

- out for free with a digital thermometer that is mercury free.
- Learn More at Our Education Booths
- Healthy eating: Washington Hospital clinical registered dietitians will talk about healthy eating, weight control and tips for maintaining a healthy lifestyle.
- Recycling and reducing household waste: See exhibits, talk to specialists and learn the proper ways to reduce, re-use, and recycle at home and at the workplace.
 - Eco-Friendly gardening and composting
- Learn how to save energy at home

Fun Activities for the Kids

"Eco-tainment" activities, face painting, earth day art drawing and other free games will be available for children. A juggler will entertain and educate with an eco-oriented show.

New – Bike Rodeo!

The East Bay Bicycle Coalition (EBBC) will be offering a free Kids Bike Rodeo at this year's event. A team of youth cycling instructors will educate children about bicycle safety and take them through a city course. Bikes and helmets will be provided. The instructors will walk the children

- through the following skills:
- How to Perform a Bicycle Safety Check
 - Proper Helmet Fitting
 - Proper Starting and Stopping
 - Signaling and Communication
 - Shifting Gears
 - Scanning Ahead
 - Shoulder Checking
 - Obstacle Avoidance

Local Sustainability Programs

Members of the Washington Hospital Green Team, City of Fremont and other local organizations will be on hand to explain how they are implementing eco-friendly programs and showcase the sustainability practices that are already in place. Learn about becoming more sustainable at home and at work!

Mark Your Calendar!

What: Let's Go Green Together!
Date/Time: Saturday, April 26 from 11 a.m. to 3 p.m.
Location: Conrad E. Anderson M.D. Auditorium, 2500 Mowry Avenue (Washington West) in Fremont.
Learn More: www.whhs.com/green

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com



	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	04/15/14	04/16/14	04/17/14	04/18/14	04/19/14	04/20/14	04/21/14
12:00 PM 12:00 AM	Important Immunizations for Healthy Adults	Living Well with Diabetes: Overcoming Challenges	Heel Problems and Treatment Options	Your Concerns InHealth: Sun Protection	Strengthen Your Back! Learn to Improve Your Back Fitness	Vitamins and Supplements - How Useful Are They?	Your Concerns InHealth: Sun Protection
12:30 PM 12:30 AM		Minimally Invasive Treatment for Common Gynecologic Conditions	Voices InHealth: Healthy Pregnancy	Get Your Child's Plate in Shape	Women's Health Conference:Age Appropriate Screenings		Minimally Invasive Surgery for Lower Back Disorders
1:00 PM 1:00 AM	Women's Health Conference:Aging Gracefully	Strengthen Your Back! Learn to Improve Your Back Fitness				Living Well with Diabetes: Overcoming Challenges	
1:30 PM 1:30 AM	Minimally Invasive Surgery for Lower Back Disorders		Washington Township Health Care District Board Meeting March 12th, 2014	Varicose Veins and Chronic Venous Disease	Do You Suffer From Anxiety or Depression?		Diabetes Matters: Back to the Basic Keys for Success
2:00 PM 2:00 AM	The Weight to Success	Get Back On Your Feet: New Treatment Options for Ankle Conditions				Community Based Senior Supportive Services	
2:30 PM 2:30 AM	How to Maintain a Healthy Weight: Good Nutrition is Key	Raising Awareness About Stroke	Sports-Related Concussions	Important Immunizations for Healthy Adults	Diabetes Matters: Strategies for Support		Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma
3:00 PM 3:00 AM	Deep Venous Thrombosis					Diabetes Matters: Diabetes Viewpoint	
3:30 PM 3:30 AM	Diabetes Matters: Top Foods for Heart Health	Treatment Options for Knee Problems	Do You Have Sinus Problems?	Lunch and Learn: Healthy Holiday Cookies	Inside Washington Hospital: Stroke Response Team		Your Concerns InHealth: Senior Scam Prevention
4:00 PM 4:00 AM	Keeping Your Heart on the Right Beat					Voices InHealth:The Greatest Gift of All	
4:30 PM 4:30 AM	Washington Township Health Care District Board Meeting March 12th, 2014	Turning 65? Get To Know Medicare	Treatment Options for Knee Problems	The Weight to Success	Strengthen Your Back! Learn to Improve Your Back Fitness		Voices InHealth:The Greatest Gift of All
5:00 PM 5:00 AM	Turning 65? Get To Know Medicare					Kidney Transplants	
5:30 PM 5:30 AM	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Learn If You Are at Risk for Liver Disease	Learn About Nutrition for a Healthy Life	Diabetes Matters: Research:Advancing Diabetes Management	Diabetes Matters: Research:Advancing Diabetes Management		Diabetes Matters: Research:Advancing Diabetes Management
6:00 PM 6:00 AM	Learn If You Are at Risk for Liver Disease					Learn About Nutrition for a Healthy Life	
6:30 PM 6:30 AM	Learn About Nutrition for a Healthy Life	Diabetes Matters: Research:Advancing Diabetes Management	Diabetes Matters: Research:Advancing Diabetes Management	Diabetes Matters: Research:Advancing Diabetes Management	Diabetes Matters: Research:Advancing Diabetes Management		Diabetes Matters: Research:Advancing Diabetes Management
7:00 PM 7:00 AM	Diabetes Matters: Research:Advancing Diabetes Management					Diabetes Matters: Research:Advancing Diabetes Management	
7:30 PM 7:30 AM	Diabetes Matters: Research:Advancing Diabetes Management	Diabetes Matters: Research:Advancing Diabetes Management	Diabetes Matters: Research:Advancing Diabetes Management	Diabetes Matters: Research:Advancing Diabetes Management	Diabetes Matters: Research:Advancing Diabetes Management		Diabetes Matters: Research:Advancing Diabetes Management
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Washington Hospital Better than State and National Benchmarks for Many Quality Measures

Today, more than ever, hospitals track and measure the things they do to care for patients as part of a nationwide movement to improve healthcare quality. Based on its commitment to providing the safest, most effective patient care, Washington Hospital is an active participant in this effort. It continuously monitors, analyzes and works to improve care in order to improve patient outcomes.

The Hospital maintains a Quality Dashboard that summarizes much of its key performance data. It updates the dashboard quarterly. Last month, Barbara Eusebio, R.N., Washington Hospital's associate administrator and chief of Quality and Resource Management and Compliance, presented the results of the most recent dashboard—covering the last quarter of 2013—to the Washington Township Health Care District Board of Directors. Her report reflected the Hospital's ability to meet a list of Core Performance Measures, prevent hospital-acquired infections, and lower the incidence of certain conditions related to nursing care.

"The Core Measures are associated with treatment for a group of chronic diseases that affect a large percentage of the patients at our Hospital," explained Eusebio. "They include heart attack, heart failure and pneumonia, as well as care for surgical patients. We are focusing on these measures because research has shown, if we follow the recommended treatments, we'll achieve better outcomes for our patients. In most cases, Washington Hospital is better than the quality benchmarks set for the state and the nation."



Core Measure performance

In performing certain steps in the care process for patients with heart attack, or acute myocardial infarction, Washington Hospital was well within state and national ranges. The steps included:

- Performing a coronary angioplasty (PCI) to open a blocked artery within 90 minutes of patient arrival.
- Giving patients an aspirin and a prescription for cholesterol medication at discharge.

"A multidisciplinary team is studying our process for PCIs very closely to help us improve even further," added Eusebio.

For heart failure patients, the Hospital was better than state and national benchmarks in providing the recommended treatments, including:

- Evaluating the heart's left ventricular function.

Washington Hospital puts a major focus on preventing hospital-acquired infections and preventing multi-drug resistant infections, including C-difficile and MRSA (methicillin resistant staphylococcus aureus). Washington Hospital was one of the first Hospital's in the Bay Area to use the Xpert MRSA test (pictured above) that provides faster results in detecting MRSA infections. To learn more about Washington Hospital's Quality Initiatives, visit www.whhs.com/quality.

- Giving patients the proper medication and instructions at discharge.

"When caring for patients with pneumonia, we met the Core Measures 100 percent of the time," reported Eusebio.

Recommended pneumonia treatments include:

- Performing blood cultures while the patient is in the Emergency Department and before an antibiotic was given.
- Providing the appropriate antibiotic.

Caring for surgical patients

For patients having abdominal surgery at Washington Hospital, there are numerous treatment elements included in the Core Measures.

The dashboard showed that the Hospital complied 100 percent of the time with the following steps:

- Selecting the appropriate antibiotic.
- Starting the antibiotic within one hour before surgery and discontinuing it within 24 hours after surgery.
- Checking the patient's temperature during and after surgery.
- Providing certain heart medications during and after surgery.
- Measuring a patient's blood sugar in the intensive care unit after cardiac surgery.

Other steps with which the Hospital had a high compliance rate included:

- Providing treatment to prevent blood clots (99 percent).
- Removing a urinary catheter within one or two days of surgery (97 percent).

The Hospital successfully met these standards in its Outpatient Surgery unit.

"Our surgeons have done an excellent job in making sure we are meeting the performance standards," stated Eusebio. "Patients who come to Washington Hospital for surgery can be very satisfied that they will be well cared for."

Infection prevention

Washington Hospital also puts a major focus on preventing hospital-acquired infections. Some of the recommended measures related to the need for placement of a mechanical device into the patient's body, which increases the risk of infection. This includes the placement of central venous lines and urinary catheters.

During the period covered by the dashboard, there was one central line infection and one catheter-associated urinary tract infection at Washington Hospital. In each case, the rate was better than state and national benchmarks.

"There are a number of steps our nurses and doctors take to help

prevent central line infections," reported Eusebio. "We have done a lot of work in this area."

The Hospital is also working to prevent multi-drug resistant infections, including C-difficile, MRSA (methicillin resistant staphylococcus aureus) and VRE (vancomycin resistant enterococci). During the time covered by the dashboard, the rate of these infections at Washington Hospital was slightly higher than state and national benchmarks.

"Drug resistant infections are a big problem for most hospitals," said Eusebio. "We employ special cleaning methods to prevent C-difficile and are working to reduce the use of antibiotics. Due to these steps and others, our incidence numbers are beginning to improve."

Nurse-sensitive indicators

Finally, Eusebio reported that no patient at Washington Hospital experienced a pressure ulcer during the last quarter of 2013. .

"We have a special program in which we monitor the skin condition of all patients to check for pressures ulcer," she said. "That is an excellent outcome."

Learn more.

You can review more of Washington Hospital's Core Measure data and how it compares to state and national benchmarks by going to Hospital Compare, the web site of the Center for Medicare and Medicaid Services, at www.medicare.gov/hospitalcompare. To learn more about Washington Hospital and its Quality initiatives or to view Barbara Eusebio's report to the Board, go to www.whhs.com.

Do You Have an Advance Directive?

Make Your Health Care Wishes Known

The situation is all too common. Someone is rushed to the hospital with a life-threatening medical emergency and he or she is too incapacitated to communicate and make decisions about their own care and treatment. Who will decide? Do loved ones even know what the individual would want?

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If you become too incapacitated to communicate and make decisions about your own care and treatment, who will decide for you? Did you know that you can make your wishes known by completing a document called an advance directive? On National Health Care Decisions Day which is this Wednesday, April 16, Washington Hospital will have an information table where hospital staff, physicians, and the public can get their questions answered. The table will be staffed from 7:30 to 9:30 a.m., 11:30 a.m. to 1:30 p.m., and 4 to 6 p.m. in the Main Hospital at 2000 Mowry Avenue, ground floor level next to the Cafeteria. To learn more about advance directives and upload forms, visit www.whhs.com/advance-directives

Planet Friendly Healthcare

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- > Eco-tainment
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- > And other free games and activities

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Doctor Ting’s Athlete of the Month

Arthur J. Ting, MD
Sports Medicine & Orthopedic Surgery
510-797-5550

Sports Medicine specialist Arthur Ting, M.D. features a male and a female student “Athlete of the Month” selected by athletic directors and coaches from schools located in the Tri-CityVoice readership area. Each month, both athletes will represent the same school.

Washington High School (WHS) athletes are receiving April 2014 Athlete of the Month honors. Washington High School Huskies' Athletic Director is Mike Tripp.

Briana “Bree” Booker



Female Athlete of the Month for April 2014 is senior Briana “Bree” Booker. She is a 5'8” forward on the Lady Huskies basketball team coached by Cid Blueford. The 2013-2014 edition of the Lady Huskies basketball finished with a 6-8 record in Mission Valley Athletic League (MVAL) play and 11-15 overall.

Booker started playing basketball when in elementary school in Union City. She used to show up at the playground to compete

with the boys. Then after moving to Fremont, she successfully tried out for her elementary school's fifth grade team and continued playing on school teams through high school. During the off season, Booker played for a variety of AAU teams. Prior to basketball, she played softball and now is in her first year of track and field competition.

Growing up, Booker's older brother John, now 25, has been her role model. John played foot-



ball and is a 2013 graduate of California State University East Bay (CSUEB). Her parents are Yvette Smith and Whitney Booker. Booker's mom played basketball and was a professional bowler. Her Dad also bowled - and is still a bowling.

Booker's favorite subject in school has been math, but is enjoys a variety of disciplines. She hopes to

go on to college, possibly Diablo Valley College of Pleasant Hill, after high school and continue to play basketball. She is interested in pre-medical studies leading to a career in the health field because she likes helping people toward a better life.

Michael Jordan and Ray Lewis are two athletes she has admired; they were confident in their abilities.

Booker's favorite foods are Mexican and Soul, she likes to listen to R&B, Hip Hop and Rap music; her favorite movie is Love and sport, of course, basketball.

In her spare time, Bree likes to shop, work out, sleep and hang out with friends and family. Before each game, Booker prays for guidance.

Zachary Ghaith



Zachary Ghaith is the male athlete for this month. He is a 6'4” senior who played guard for the Huskies basketball team coached by Mike Tripp that qualified for the 2014 Division II Northern California Basketball Tournament. In addition, Ghaith pitches and plays third base on the WHS baseball team coached by Mike Sewell.

Ghaith started playing in organized sports when he was four years old. In addition to baseball and basketball, he played soccer too. Due to seasonal scheduling conflicts, at the ripe age of nine, he decided to concentrate solely on baseball and basketball. Ghaith played basketball for Holy Spirit Catholic Youth Organization (CYO) as well as his

elementary and junior high school teams. When baseball season arrived, he could be found on the fields of Centerville American Little League (CALL) and the Bashers, a traveling team. During the off season, he plays American Amateur Union (AAU) basketball for North Coast Express.

Asked about his preference between the two sports, Ghaith says basketball has always been his preferred sport; playing in the Nor Cal Tournament was a good experience. He is very proud of the Huskies effort as a team, noting that toward the end of the season, they really became a unit.

Ghaith has two older brothers, Nick, 28 and Ryan, 19. Nick played soccer; Ryan was often a teammate when age brackets permitted them to compete on the same team. Ryan is now a student at Ohlone College.

Participation in sports is a family affair that includes Ghaith's parents. His father, Hani, played basketball at WHS, Foothill College of Los Altos Hills and at Cal State Hayward (now CSUEB). He also played on a select soccer team that traveled to Germany and Scotland. DeAndrea, Ghaith's mother, was a cheerleader.

English is Ghaith's favorite subject; he likes to write stories



and plans to major in Psychology following graduation from high school. If given the opportunity, Ghaith said he would play either sport at the next level.

Pizza and his mom's tacos are his favorite food and Marathon Man his favorite movie. If not playing ball or doing school work, Ghaith enjoys hanging out

with friends or playing video games. His favorite athlete is Jason Kidd because he is a Bay Area guy who went on to success as an amazing player and now a coach. When asked about any game superstitions, Ghaith said he drinks a cup of coffee before each game.

ATHLETIC TRAINERS’ TIP BY DAVID KOBATA, ATC

Shin Splints: is defined as an individual experiencing anterior lower leg pain due to repetitive motion. It's commonly seen in individuals who participate in basketball, running, volleyball, gymnastics, and soccer

Causes: Some causes of “Shin Splints” include, weakness of leg muscles, decreased flexibility of lower legs muscles & joints, footwear that provide little support or cushioning.

Signs and symptoms: Pain in anterior lower leg. It may start as a dull ache that can occur after workouts and progress to severe pain to where workouts are impossible.

Management: Initial treatment, R.I.C.E. principle:

Rest: allow body part to rest.

Ice: ice down affected area for at least 15 minutes with ice pack or 5-7 minutes of an ice massage.

Compression: no compression needed initially; supportive taping of arch or orthotics recommended.

Elevation: elevate leg if there is swelling.

Exercise Rehabilitation:

- Static stretch of Achilles Tendon and anterior portion of lower leg.
- Ankle tubing exercises.
- General body exercises for maintenance as long as lower leg is not aggravated.
- Progress to weight bearing exercises and activity within pain free movements.
- Return to full activity when lower leg is pain free.

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LETTERS POLICY

The Tri-CityVoice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

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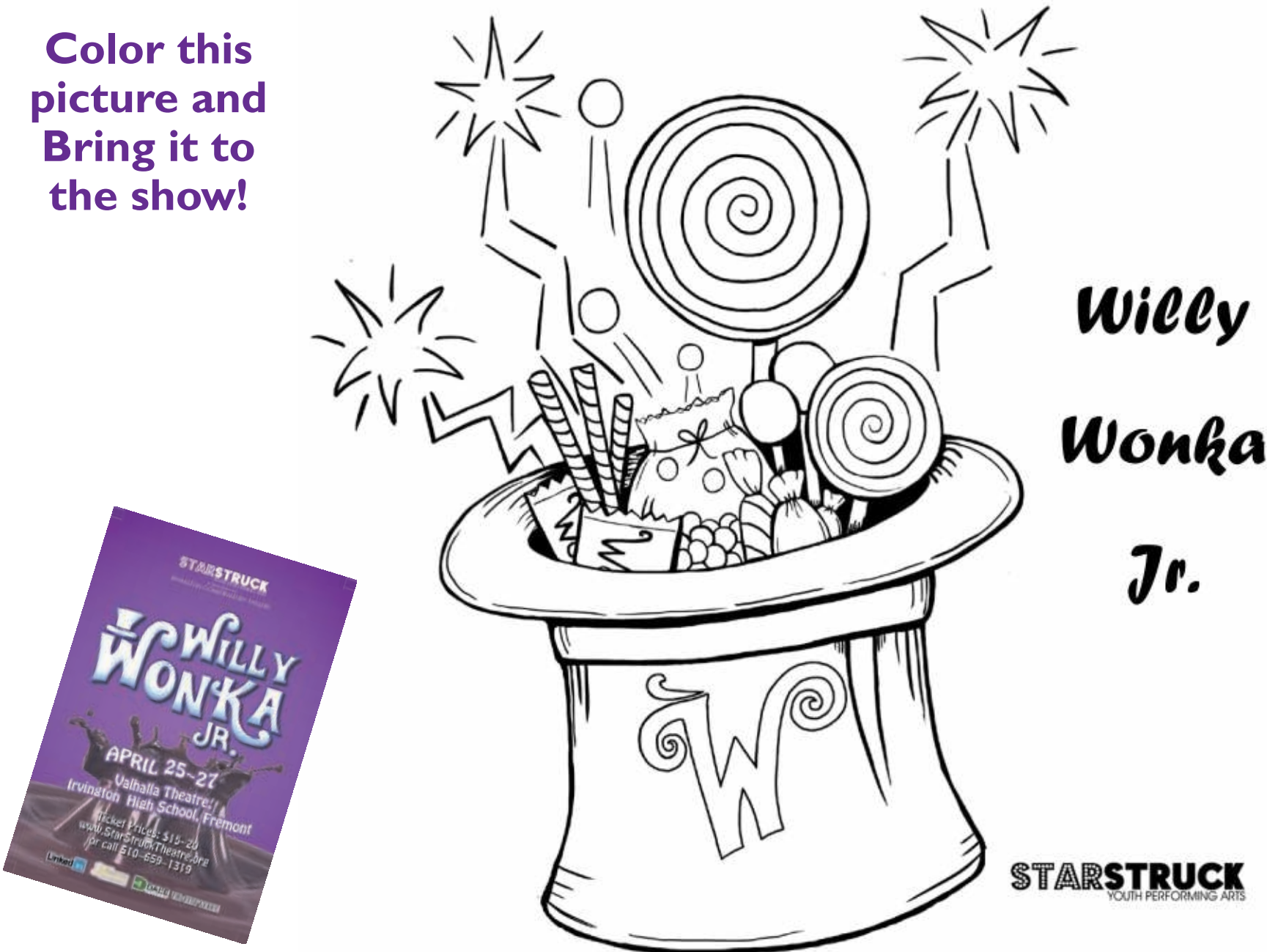

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continued from page 3

Do You Have an Advance Directive?

Make Your Health Care Wishes Known

You can avoid this scenario by completing a document called an advance directive, which spells out who will make decisions for you and what types of treatments you would or would not want, including diagnostic testing, surgical procedures, and cardiopulmonary resuscitation. It also makes your wishes known around organ donation.

When you are admitted to Washington Hospital for any reason, you are asked if you have an advance directive. If you do, it is put into your medical file. If not, you are provided with information about creating one.

"An advance directive empowers people to make their own health care decisions," said Doug Van Houten, R.N., and Assistant Chief Nursing Officer at Washington Hospital. "It gives you a way to get what you want from the medical system, whether you are capable of speaking for yourself or not."

Washington Hospital is working to raise awareness about advance directives because they are the best way for patients to make their medical care preferences known, he added. On April 16, National Health Care Decisions Day, the hospital will have an information table where hospital staff, physicians, and the public can get their questions answered. The table will be staffed from 7:30 to 9:30 a.m., 11:30 a.m. to 1:30 p.m., and 4 to 6 p.m. in the Main Hospital at 2000 Mowry Avenue, ground floor next to the Cafeteria.

"We want hospital staff and physicians to be informed so they feel more comfortable talking about advanced directives with their patients," Van Houten said. "We also welcome the public to come in and learn more about it."

According to a study by the Pew Research Center, 71 percent of Americans have thought about their end-of-life preferences and 95 percent have heard of a living will (a type of advance health care directive), but only 29 percent have one.

"I actually think the percentage of people who have an advanced health care directive may be much lower," Van Houten said. "I have worked in critical care medicine for 30 years and I can tell you most patients don't have one. It really leaves family members struggling with how to make the best health care decisions for their loved one. Often they have never even talked about it before the medical crisis."

Putting it in Writing

Van Houten urges everyone over the age of 18 to consider putting their wishes in writing with an advance directive because

life-threatening accidents and other medical emergencies can occur at any age.

"People often tell me that putting together an advance health care directive is a good idea, but they don't want to go to a lawyer or a notary," Van Houten said. "The truth is you don't need either for an advance directive. You can do it at home and you can get a friend or neighbor to serve as witnesses when you sign it. It doesn't need to be notarized to be legal."

There are a number of forms available to help you put your wishes in writing. Washington Hospital's website offers a link to a simple form provided by the California Hospital Association as well as a link to "Five Wishes," a more detailed advance health care directive. Five Wishes was created by Aging with Dignity, which charges a nominal fee (about \$5) to use it.

In addition to designating someone who will make your health care decisions if you can't and what type of medical care you do or don't want, Five Wishes also stipulates the kind of comfort care you might want if you are terminal (hospice care or pain medications), how you want to be treated (someone to pray with you or hold your hand), and what you want your loved ones to know, because in a sudden medical emergency, you might never get the chance to talk with them again.

"Five Wishes is more comprehensive," Van Houten explained. "It provides more details about the care you would want and allows you to tell your loved ones things you might not have had a chance to tell them."

He said some people are afraid of advance directives because they confuse them with a DNR or Do Not Resuscitate order that some terminally ill patients have on file.

"An advance health care directive is a way for you to have a say about your care, whether that means you want every treatment option possible to prolong your life or not," Van Houten added. "It really is up to you and an advance directive lets everyone know your wishes, including your loved ones and your health care team."

Learn More

For more information and links to advance health care directive forms, visit www.whhs.com/advance-directives. You can also visit the following websites to learn more about Advance Health Care Directives and the "Five Wishes." <http://www.calhospital.org/resource/advance-health-care-directive> <http://www.agingwithdignity.org/five-wishes.php>

Woman shares story of assault

SUBMITTED BY
CRAIG CABLE

How to pick up the pieces and go on with life after a crisis will be explored at the Lifetree Café program on Tuesday, April 22.

"After the attack: Picking up the pieces and moving on," features the filmed story of a woman who was assaulted in her home and the man who attacked her. Participants in the Lifetree pro-

gram will discover how both the victim and attacker were able to move on with their lives and eventually reconcile.

'After the Attack'
Tuesday, Apr 22
7 p.m. – 8 p.m.
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Instructor at Stanford University Law School in Advanced Trial Advocacy 1995 to present
Faculty, Santa Clara University School of Law 1987
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Fremont Police Log

SUBMITTED BY GENEVA BOSQUES,
FREMONT PD

Friday, April 4

Officer Leopardi investigated a residential burglary in the 1100 block of Camero Way.

An armed robbery occurred at Nail Perfection located at 47878 Warm Springs Blvd. An employee was robbed at gunpoint. Loss was cash. Case investigated by Officer Gonzalez.

Three vehicles were broken into at Pacific Commons.

Residential Burglaries were reported on Blake Ave., Ventura Dr. and Beard Rd.

Saturday, April 5

CSO Aguirre investigated a commercial burglary in the 900 block of Corporate Way.

Newark Police Log

SUBMITTED BY CMDR. MICHAEL
CARROLL, NEWARK PD

Tuesday, April 1

At 5:13 p.m., Officer Lopez investigated a window smash auto burglary that occurred in the lower Macy's parking lot. Loss was a laptop and iPad.

At 6:16 p.m., Officer Homayoun investigated an auto burglary which occurred at NewPark Mall between the hours of 1500 and 1800. Entry was via a window smash and the loss was a backpack.

At 6:53 p.m., Officer Norvell responded to an outside assist from Ohlone College PD at their Newark Campus for a subject they were holding for peeping in the women's restroom. Alusine Danfa of San Jose was arrested. Danfa was booked at the Santa Rita Jail.

Wednesday, April 2

At 7:24 a.m., CSO Verandes investigated an auto burglary near Birch St. and Jacaranda Ct. Entry was made via door pry and the loss was two pairs of Oakley sunglasses and an iPod.

Officer Cerini investigated a vehicle tampering at a residence in the 38900 block of Bluebell Drive. The vehicle's hood and wiring system were damaged.

Officer Nutson accepted the citizens' arrest of Supriya Rathnam at 3:08 p.m. for petty theft from Macy's. She was provided a notice to appear.

Officer Ramos contacted Ellis Victor (Transient) at 5:25 p.m. on Stevenson Blvd and arrested him for possession of burglary tools. He was transported to Santa Rita Jail.

Officers responded at 6:28 p.m. to a battery in-progress outside of Macy's, where Loss Prevention agents were fighting a female subject. The female, later identified as Micayla Dupree (San Leandro) had arrived at the store to claim her two children

Sunday, April 6

Two cars were broken into at Central Park. Case investigated by Officer Snyder.

Monday, April 7

An adult male was robbed at gunpoint near the 3400 block of Stevenson Blvd. The weapon was a handgun. The suspects were two white male adults and one Asian male adult. Suspects were in a white sedan with tinted windows.

Tuesday, April 8

An adult male was robbed at gunpoint after he withdrew money from the Irvington branch Bank of America ATM. The incident occurred at approximately 1 am. Loss included the victim's wallet and an undisclosed amount of cash. There were no injuries. The suspect is described as a male in his 20's wearing dark clothing. The suspect fled in a white four door sedan.

Thursday, April 10

CSO Aguirre investigated a vehicle theft from the U-Haul yard lo-

cated on the 44500 block of S. Grimmer Blvd. The suspect(s) drove a vehicle through the gate to steal the vehicle.

Officers responded to a residence on Richmond Ave on a report of an assault with a deadly weapon. The caller reported that two males were involved in a fight and one ran over the other with a car. Officer Macciola investigated and determined the involved parties were related to each other and no prosecution was desired. Fortunately, there were no serious injuries sustained by any of the family members.

At 4:15 am, a witness called 9-1-1 to report that a large moving truck had been driven into the gate at Budget Rent-a-Car on Central Ave. The attempt to drive through the gate failed so they abandoned the 20 foot moving truck and drove away in a small blue van. This was very similar to the U-Haul Grimmer incident. Documented by Officer Gentry and FTO Settle.

from their father, Odell Jones (Bay Point), who had been arrested by Macy's for theft. Dupree started an argument with Loss Prevention agents, which allowed Jones to flee with the children. Dupree was taken into custody. Jones fled to the auto dealerships (south of the mall), where he abandoned the children, and stole a mechanic's shirt which he put on to disguise his appearance. Jones was located near a hotel, where he was taken into custody. Officer Homayoun arrested Dupree for battery, Jones was arrested for commercial burglary (2 counts) and child endangerment. Both were booked at Santa Rita Jail. The two children were taken into protective custody.

At 10:24 p.m., Officer Kovach investigated an auto burglary that occurred in the BJ's Restaurant parking lot. Entry was via window smash, loss was an HP laptop and a cell phone. The burglary occurred between 10:10 p.m. and 10:24 p.m.

Officers responded at 10:46 p.m. to a family disturbance at 36850 Cherry St. where two brothers were fighting. Officer Ramos arrested Henry Kreyger (Newark) for vandalism, resisting arrest and battery on a police officer. John Kreyger (Newark) was arrested for vandalism. Both were booked at the Santa Rita Jail.

Thursday, April 3

At 4:24 p.m., Officer Katz investigated a residential ransack burglary at 37054 Walnut St. Entry was made via side door kick. Loss is jewelry, a small Sentry safe, and a silver Apple iPod Nano. The burglary occurred between 7:15 a.m. and 4:24 p.m.

While conducting continuing directed patrol at our transient motels, at 2:06 a.m., Officer Coffey stopped a vehicle returning to the Motel 6 for multiple VC violations. The driver was on probation. During a probation search of his motel room, his girlfriend was contacted. She provided a false name, but could not outwit Officer Coffey, who located her identification, and confirmed she had an outstanding Felony warrant for possession of a stolen car and a \$10,000 bail out of Belmont PD. Ra-

mona Kelly of San Francisco was arrested for the warrant and a new charge of lying to the police.

Friday, April 4

Officer Horst responded to Macy's at 2:48 p.m. for a shoplifter. Officer Horst took custody of Shan Zeng and she was booked for commercial burglary.

At 10:18 p.m., a check of a suspicious vehicle at the Silliman Center by Officer Hogan resulted in the arrest of Brian Chapin of Newark for a domestic violence restraining order violation. Chapin was booked at Fremont PD Jail.

At 12:08 a.m., Officer Slater investigated a domestic violence incident that occurred at the Sycamore Bay Apartments. Filadelfo Vasquez of Newark was arrested for threats of violence and misdemeanor domestic violence. He was later booked at Santa Rita Jail.

Sunday, April 6

At 11:43 p.m., Officer Arroyo investigated a hit and run collision in front of a residence in the 5900 block of Mayhews Landing Rd. The victim parked her vehicle in front of the residence last night. When she returned today, she found an unidentified white vehicle had sideswiped the driver's side of her vehicle leaving a white paint transfer. The suspect did not stop or leave any information regarding the accident.

Officer Losier investigated a hit and run collision at NewPark Mall at 3:31 p.m. The victim parked her vehicle in the mall parking lot near the Red Robin entrance. The suspect, an Asian Male fled the scene when the victim got out of her vehicle to speak to him about the accident. The suspect vehicle a black sedan possibly a Nissan, which fled towards the Hwy 880.

Any person with any information concerning these incidents can contact the non-emergency line at 510-578-4237. Information can also be left anonymously on the "silent witness" hotline at 510-578-4000, extension 500.

Union City Police Log

SUBMITTED BY UNION CITY PD

Saturday, March 29

At 10:44 a.m., Officers were dispatched to Marina Foods to investigate a theft. Officers arrived and contacted suspect Betty Fuster (Hayward resident) after she attempted to steal a full shopping cart of groceries. The suspect punched and kicked a store employee as she attempted to flee the scene. Officers arrested the suspect and transported her to a local jail.

Sunday, March 30

At 5:24 p.m., Officer Virk stopped a vehicle for a cell phone violation. The driver was holding and talking on his cellular telephone until he noticed Officer Virk and the police car. The "chatty" driver was identified as Daniel Ricca (Fremont resident). Officer Virk located over 100 grams of hashish and more than \$1,300 dollars in cash as a result of Mr. Ricca's failure to use a hands-free device. Mr. Ricca was arrested

on felony drug charges and transported to a local jail.

Monday, March 31

Officers documented seven (7) automobile burglaries in the area of Union Landing. Unknown suspects targeted vehicles that had backpacks or perceived valuables in plain view. The suspects broke a side window on the victim's vehicle to gain access to the interior in many of the cases.

Wednesday, April 2

A 79 year old victim was scammed out of \$17,000. One of the suspects told the victim that she (the suspect) had received \$200,000 dollars as a result of her brother being killed in the 9/11 terrorist attacks on the United States. The suspect said she could not return to Africa with the money and she needed the victim's help in donating the funds to charities in America. During the process the suspects convinced the victim to trust them with \$17,000 dollars. The suspects then fled the area with the elderly victim's currency. The suspects were described as follows:

Suspect #1: Black female adult, about 30 years old, 5 foot 5 inches

Hayward Police Log

SUBMITTED BY SUBMITTED BY SGT
ERIC MELENDEZ, HAYWARD PD

Monday, March 31

8:44 p.m. - A male juvenile went to Eden Park to meet a friend. While at the park he saw a subject chasing someone across the softball field. The male heard a gunshot and then was struck by a bullet. The male victim fled from the scene and went to a local hospital for treatment. The victim's injuries were nonlife threatening.

At 12:14 p.m., a shooting into an occupied dwelling occurred on the 26000 block of Stanwood Ave. There was a small group was inside the residence when four bullets enter the residence from outside. Witnesses to the incident identify a Blue/Green sedan leaving the scene immediately after the shooting.

A home invasion occurred at a residence on the 28000 block of Dickens Ave. at 1:32 p.m. Two males

continued on page 29

continued on page 29

The Web's grumpiest cat has hit her terrible twos

BY LEANNE ITALIE
ASSOCIATED PRESS

NEW YORK (AP), Watch out world, Grumpy Cat has hit her terrible twos.

The top dog in Internet cat stardom, known for her downward smile and bugged-out baby blues, spent her birthday Friday touring New York City with an entourage worthy of Hollywood.

And Hollywood is where the funny-looking feline is bound, with a movie project in the works to add to her pile of endorsements and licensing deals that include her scowling face on limited-edition bags of Friskies Party Mix treats and her own line of "Grumppuccino" bottled coffee drinks.

So who will voice the cat we love to caption? Grumpy's not saying, nor are her humans, the brother-sister team of Tabatha and Bryan Bundesen.

With her own agent, YouTube videos that have racked up millions of hits, T-shirts, calendars and a best-selling book available in 14 languages, exactly how much is this cat worth?

"The business is doing very well," Bryan laughed. "Grumpy doesn't like to discuss specifics."

The humans, to be sure, are more than a little grateful.

"We both were blue-collar people," Bryan said – he a cable company lineman in Ohio and she a server at a Red Lobster near her home in Morristown, Ariz. "It has changed our lives. It's been a blessing. We're very thankful for it."

The grump's real name is Tardar Sauce, so dubbed (and misspelled) by Tabatha's now 12-year-old daughter, Chyrstal, soon after their female pet calico gave birth to her and three siblings. The cat was tiny and is still petite, a victim of feline dwarfism, and wobbles a bit

when she walks due to elongated rear legs that have only added to her popularity.

"She looks like a snowshoe Siamese is what we're told most," Bryan offers. "We've had some nice comments from people about it being nice that the spotlight's on a cat that's unique and has feline dwarfism. A lot of people are happy that it kind of spreads the message that it's OK to be different. She's also such a happy cat."

Grumpy is happy and extremely chill, with a reputation for falling asleep during interviews and seeking out dark corners to hide in.

If it hadn't been for Bryan slapping her photos on Reddit in late 2012, then following up with videos after their authenticity was questioned, Tardar might never have become a phenom.

"People said her face was Photoshopped," he said, so they took to YouTube to prove otherwise, earning about 1.5 million views overnight.

Now, Grumpy's YouTube channel has over 25 million views and 200,000 subscribers, with some wondering in comment threads whether the cat's calmness might be of the medicinal variety.

"It is absolutely unheard of to even think of drugging this kitty," Tabatha debunked.

While Grumpy has cashed in on Internet stardom, the field is far more crowded today. Any up-and-comers she has her eye on?

"There are a lot of cats on the Internet but there's no competition," a good-natured Bryan said. "She has the grumpy market cornered. All the other cats can have the happy, funny stuff."

Follow Leanne Italie on Twitter at <http://twitter.com/litalie>
Online: <http://www.grumpycats.com/>



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BART construction notice

SUBMITTED BY BART

As part of the BART Warm Springs Extension Project, construction crews will continue the work to build a bridge across Walnut Avenue linking the existing BART line to the newly constructed subway. For safety reasons this work must be done at night. Both Eastbound and Westbound directions on Walnut Avenue will be closed from Civic Center to BART Way starting the week of April 14th and lasting for approximately two to three weeks. From Walnut Avenue, motorists will be directed towards

Mowry Ave. Please observe detour signs. The work will include, but is not limited to:
Installing changeable message signs
Night time closure of east and westbound lanes on Walnut Avenue near the station
Construct falsework in preparation for bridge construction
We appreciate your continued patience during construction. If you have questions regarding these activities, please contact our office at (510) 413-2060 or e-mail bartwarmsspringextension@bart.gov.

3 on 3 Basketball Tournament

SUBMITTED BY TONY SILVEIRA

Union City Youth and Family Services (YFS) announces its 3rd annual basketball tournament at Contempo Park in Union City. Held on Saturday, April 26, this is a free to register and play event to bring the community together and let them know about the services that YFS offers.

YFS is a city Violence Prevention & Intervention program that works with high risk violent youth and young adults. This program focuses on keeping youth safe from being a victim or perpetrator of violence; keeping youth out of the criminal justice system; and providing support services, such as mentoring, case management, counseling and job readiness training to help youth thrive and be self-sufficient. In the five years since the inception of the program, violent crimes among our target age group have declined by 50 percent. In 2012, we were happy to report that for the first time in five years, there were zero homicides in our city.

YFS holds different events throughout the year to make the community aware of their presence and that they are here to support them. The basketball tournament is one of those events, and for each of the previous years, an estimated 75 to 100

people attended with 6 to 8 teams participating. Organizers are hoping for a bigger turnout for this year's tournament. Age brackets are 12 to 14 years of age, 15 to 18, and 19 to 24 years old. Co-ed teams are welcome. Food and drinks for the players

are free, and hot dogs and drinks will be sold to attendees for a minimal cost to help raise funds for future events. Several local businesses have contributed to this year's event, including The Golden State Warriors, who donated jerseys, hats and some autographed gear; The Lions Club; Mark Green Sports Center, which is offering up 20 visit passes to the winners; and gift certificates from Mr. Kebab, Texas Roadhouse, Round Table Pizza, Pasta Pomodoro, Baskin Robbins, Starbucks, Safeway, and Ola's Coffee.

Registration forms can be picked up and returned at Mark Green Sports Center, 31224 Union City Boulevard; Kennedy Center, 1333 Decoto Road; Contempo Resource Center, 4361 Agena Circle; or Decoto Resource Center, 505 H Street. A flyer and registration form can also be found at <http://tinyurl.com/lykaa4>. If you would like to volunteer on the day of the event, have a booth for your organization, or donate food or other items, please send an e-mail to yfs@unioncity.org. For more information, call (510) 675-5816.

3 on 3 Basketball Tournament
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Do you have any questions about the types of tire designs? If so, come ask the tire experts at **BAY STAR AUTO CARE**. Our friendly and experienced ASE-certified technicians can answer all your questions and ensure that you have the best tires for your car and your driving style. In addition, we can provide the regularly scheduled maintenance that can keep your tires running longer. If you have any questions, or would like to schedule an appointment, please call today.

HINT: When asymmetric tires are rotated, they do not have to be demounted and remounted (as do directional tires that are swapped from side to side).

Gary Singh is the owner of Bay Star Auto Care at 1275 Atlantic St. near Western Ave., here in Union City. Phone: 489-3331

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History Sail Away

Padre Narciso Duran of Mission San Jose launched a cargo vessel on the waters of a nearby slough in 1816 that made it easier to trade with foreign vessels. This made it easier for the Mission to trade their products with visiting ships anchored in the Bay.

Bruce MacGregor, in his book The Centennial History of Newark notes that Isaac Lung started hauling crude rock salt in scows in 1852. In this case, “scow” is defined as a large, flat-bottomed boat with broad, square ends. Hay scows first appeared at the old Mission Landing in the 1840's. Although they had to navigate around a difficult sand bar, beyond it was clear sailing to the market at San Francisco. This saved a lot of time; the alternative was to travel south by way of Mission Santa Clara to the town of Alviso for water transport. The privately owned fleet of scows soon became a vital link to the San Francisco markets and were profitable for their owners.

The arrival of Jonathan Mayhew contributed to a family dy-



Steamboat Newark

ton” was one of the scows also rented for service there.

Centerville is not near the Bay; we do not usually think of it in relation to the salt water. However, there is at least one connection. John Lowrie and Samuel Marston organized an expedition to Alaska searching for gold. They left Centerville in June 1882, reached their destination and located their mine which proved to be rich. Lowrie and Marston left part of the company at the mine and started home with a shipload of ore. A bad storm

Rookh, Jack Hayes, and the Christians.

The most famous and largest ship connected with Newark was the paddle wheel steamer, “Newark.” She was brought in to ferry tourists to Newark as part of a railroad promotion.

All of the landings were visited by boats loaded with grain, hay and produce for the San Francisco markets. Accounts of shipping activities at some of the landings often give the captain's name but not the name of his ship. Vessels working at the Warm Springs Landing included the Bona Dea Taffie.

Long boats came from San Francisco loaded with finery and supplies for the few Spanish people that lived in the area. These fine goods were traded for hides and tallow from beef cows raised on the ranches.

Sailing came back to Fremont in a big way when the Fremont Sailing Club was organized. Local sailors no longer had to join the San Jose Sailing Club or some other district club. There were no good sailing lakes in the area until the City of Fremont established Lake Elizabeth. The Fremont Sailing Club partnered with the City to build the lake and boat docks and was invited to take part in Civic Center dedication activities by holding their first race at Lake Elizabeth March 2, 1969.

Boats were an important part of the daily life of some people. Those who lived at Drawbridge had to adapt their activities to life on an island. They used the railroad track to move around town, but needed a boat to travel from the island.

Some people used boats to find good fishing spots or as diving platforms when swimming. Small boats were always handy around landings. The people who operated commercial activities at landings needed a small rowboat to move about easily.

People who lived in Alvarado had a different reason to use small boats. Some of their houses were erected on tall foundations to escape the most threatening high-water floods of Alameda Creek; if they wanted to leave their house, they needed a small boat. Long-time residents kept a rowboat handy for use during the worst floods.



Schooner Lizzie

nasty. He took over the deeds to Mayhew landing and registered the family sloop, “The Phoebe Mayhew” with the San Francisco Customs House. Jonathan added to the Mayhew fleet until it included the “Hector,” “Jack Hayes and “Amelia,” that averaged about 20 tons each. The sloop Franklin came around Cape Horn in 1894 and Jonathan added it to the fleet. Sometimes, in the busy harvest season, he rented other boats.

Francis C. Jarvis bought Mayhews Landing and began building ships. He constructed the sloop “Valentine” Alviso in 1865 and the “76” in 1876. He then built a steamer named the “Lady Anne” in 1882. Apparently the “Wavelet” and the “Lizzie Adams” were not built by Jarvis, but both were designed for and saw service at Jarvis Landing. The “George Washing-

sank their ship and no more was ever heard of it. Those men who had wintered at the mine returned to Centerville, but the company was never reorganized.

“The Union” probably had a most novel history. It was built in the East and brought to San Francisco in sections by Charles Minturn. John Horner bought The Union and put it on the produce route from San Francisco to Union City. It had limited accommodations for passengers, but Captain Trefry recalled that when he was in charge, it carried up to 150 passengers at \$5 apiece. Dr. Benjamin Bucknell was agent of the steamboat and Captain Olney its first captain, followed by Captain Marston, then Trefry. Other boats reported at Union City included the Pilot, the C.E. Long, the John Horner, the Sea Horse and the Ialla



Schooner Wavelet



PHILIP HOLMES

PEEK INTO THE PAST

www.museumoflocalhistory.org

Photos courtesy of
The Museum of Local History

Local physician among first in Bay Area to implant lifesaving cardiac device

SUBMITTED BY
CHRISTOPHER BROWN

Christine Ortiz, 59, of Union City, is one of the first patients in the Bay Area to receive a new unique cardiac device known as a Subcutaneous ICD (implantable cardioverter defibrillator). Her life nearly came to an end after she suffered what is known as sudden cardiac arrest (SCA), a condition where the heart suddenly and unexpectedly stops beating. Without rapid medical attention, a person can die within a few minutes.

The incident occurred while Ms. Ortiz, who is the proud grandmother to six grandchildren, was watching her grandson's high school wrestling match. Thanks to a quick assessment by the school's wrestling coach and a Washington Hospital athletic trainer, Ms. Ortiz was resuscitated by emergency responders and transferred to Washington Hospital; an Alameda County designated cardiac receiving facility. Upon arrival, she was placed under the care of Washington Hospital cardiac electrophysiologist Dr. Sanjay Bindra, who was involved in early studies when the device was in development. Not only was the life of Ms. Ortiz saved, but as a result of this new, revolutionary device, she is already resuming a normal life and protected from another, potentially deadly episode of sudden cardiac arrest.

The recently FDA approved Boston Scientific S-ICD® System is the world's first and only commercially available subcutaneous implantable defibrillator (S-ICD) for the treatment of patients at risk for sudden cardiac arrest (SCA). The S-ICD System is designed to provide the same protection from SCA as traditional ICDs; however the S-ICD System sits entirely just below the skin without the need for thin, insulated wires — known as electrodes or 'leads' — to be placed into the heart. This leaves the heart and blood vessels untouched, offering physicians and patients an alternative treatment to traditional ICDs and fewer potential long-term complications.

"This new device is a major leap forward in the treatment of patients like Christine," said Dr. Bindra. "Because there are no wires into the heart with this device, the risk of infection and wear on the wires, which is an issue with traditional ICDs, is

not a factor." For younger patients, those with cardiac electrical disorders or prior infection complications, the S-ICD is invaluable.

Traditional ICDs are placed in the chest, beneath the collarbone. Wires from the device run through a large vein along the collarbone and attach to the heart. Shock from the ICD travels through those wires, directly shocking the heart. Since the wires run through a vein, it's easy for bacteria on the wires to spread throughout the body via the bloodstream. Without leads directly into the heart, the S-ICD treats SCA like a paramedic treats a patient with the external cardiac paddles, without touching the heart or blood vessels thereby reducing the opportunity for complications from infection. In Ms. Ortiz's case, because of predisposition to infection, the S-ICD was the only type of implantable device for which she was a candidate.

Across the country, about 350,000 people die annually from sudden cardiac arrest or about one person every 90 seconds. According to Dr. Bindra, Ms. Ortiz not only benefited from Washington Hospital's designation as a cardiac receiving center, but the hospital is also designated as a receiving center for those who suffer from this condition, which means that hospital staff have the proper training and follow specific protocols to most effectively treat patients who suffer from SCA.

When SCA occurs, blood stops flowing to the brain and other vital organs and causes death if it's not treated within minutes. Recent estimates show that approximately 850,000 people in the United States are at risk of SCA and could benefit from an ICD device, but remain unprotected.

"This new device gives Christine security so that if she suffers from the same event in the future, she will be protected," said Dr. Bindra. "I expect her to have a full and productive life and I'm pleased to be able to offer these devices as an option to my patients."

For more information about Washington Hospital's Cardiovascular Services, please visit whhs.com/heart.

'Every Step Counts' Walk/Run

SUBMITTED BY KRISTI LANE

Lace up your shoes and help enhance the independence, self-sufficiency and quality of life of individuals with developmental disabilities at the 12th Annual Every Step Counts 1-Mile Walk & 5K Run, along the scenic San Francisco Bay Trail. Bring your children and running partners to this family-friendly USA Track & Field (USATF) sanctioned event.

Check-in and day-of registration begins at 7:30 a.m. at the San Leandro Marina Park picnic tables near the walking path, and the event begins at 8:30 a.m. Entry fee of \$30 includes a t-shirt, goodie bag and refreshments, and participants

will be entered for prize drawings. Medals will be awarded to the top first-run finisher in each age division, male and female.

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Tax Freedom Day arrives in California on April 30

SUBMITTED BY
RICHARD BOREAN

California's Tax Freedom Day, the day on which Californians have collectively earned enough income to pay off their total federal, state, and local tax bill, will arrive on April 30 this year, making it the 47th state to reach Tax Freedom Day. According to the annual report released this morning by the nonpartisan Tax Foundation, national Tax Freedom Day falls on April 21, three days later than last year.

The study's key findings include:

The national Tax Freedom Day is three days later than last year due mainly to the continuing economic recovery, which will boost federal tax revenue collected through the corporate, payroll, and individual income tax.

Americans will spend more on taxes in 2014 than they will on food, clothing, and housing combined.

Americans will spend 42 days working to pay off income taxes, 15 days for excise taxes, and 11 days for property taxes.

Americans will pay \$3 trillion in federal taxes and \$1.5 trillion in state and local taxes, for a total

bill of more than \$4.5 trillion, or 30.2 percent of the nation's income.

If you include annual federal borrowing, which represents future taxes owed, Tax Freedom Day would occur on May 6, 15 days later.

Tax Freedom Day is a significant date for taxpayers and lawmakers because it represents how long Americans as a whole have to work in order to pay the nation's tax burden.

"Arguments can be made for why the collective tax bill is too high or too low, but in order to have an honest discussion, it's important to understand where we stand," said Tax Foundation Economist Kyle Pomerleau. "Tax Freedom Day gives us a vivid representation of how much we pay for the goods and services provided by governments at all levels."

Historically, the date for Tax Freedom Day has fluctuated significantly. The latest-ever nationwide Tax Freedom Day was May 1, 2000 — meaning that Americans paid 33.0 percent of their total income in taxes. A century earlier, in 1900, Americans paid only 5.9 percent of their income in taxes, meaning Tax Freedom Day came on January 22.

For more information, visit: <http://taxfoundation.org>.



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BUSINESS

Fremont Bank donates to the Cancer Prevention Institute

SUBMITTED BY
JANA CUIPER

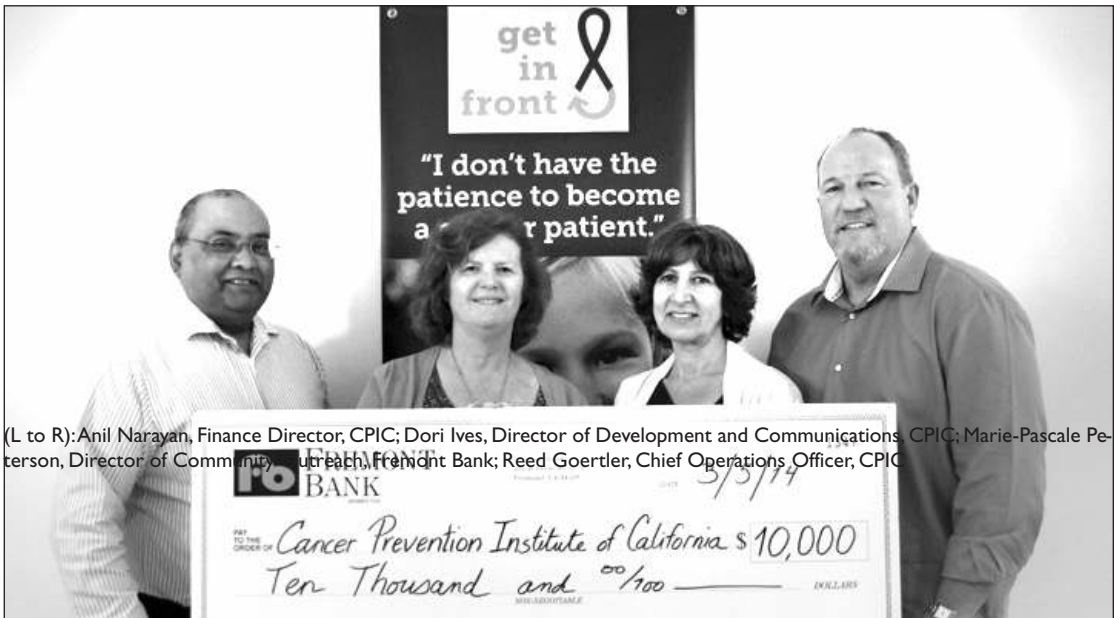
The Cancer Prevention Institute of California (CPIC), based in Fremont, has received a \$10,000 sponsorship donation from Fremont Bank, commemorating 40

Bank was founded on the premise that our success and generosity is made possible by long-standing partnerships with the community, including our non-profit partners,” Peterson said.

CPIC is dedicated to understanding the causes of cancer,

thropy,” Ives said. “Our partnership with Fremont Bank greatly enhances our ability to achieve our mission of preventing cancer and reducing its burden where it cannot yet be prevented.”

CPIC looks forward to celebrating 40 years of innovation in



(L to R): Anil Narayan, Finance Director, CPIC; Dori Ives, Director of Development and Communications, CPIC; Marie-Pascale Peterson, Director of Community Outreach, Fremont Bank; Reed Goertler, Chief Operations Officer, CPIC

years of leadership and achievement in population-based cancer prevention research and education. “We are honored to celebrate this important milestone with CPIC and acknowledge this valued organization for four decades of groundbreaking research on cancer prevention,” said Marie-Pascale Peterson, Fremont Bank’s director of community outreach. “Fremont

ways to prevent it and detect it early, and to improving outcomes for cancer survivors. Dori Ives, director of development and communications at CPIC, thanked Fremont Bank for its outstanding record of community service and ongoing generous support. “Fremont Bank is exemplary in its commitment to philan-

cancer prevention research and education on June 26, at 6 p.m., at the headquarters of Gap Inc. in San Francisco. The anniversary event, Pioneering Prevention, is open to the public and will include a reception and silent auction, followed by dinner and a program. For more information about the event, contact Sandi Farrell, (510) 608-5003.

AG candidate: death penalty for corrupt lawmakers

BY DON THOMPSON
ASSOCIATED PRESS

SACRAMENTO, Calif. (AP). A Republican candidate for California attorney general says state lawmakers who are found guilty of crimes that endanger the lives of others should face the death penalty. Phil Wyman, who spent 17 years in the state Legislature, said Friday he was motivated by the case of Democratic Sen. Leland Yee. Yee faces federal charges that include an attempt to coordinate an international gun-running scheme from the Philippines. Wyman says the worst abusers of a public office, if convicted, should be able to choose their method of death – public hanging, firing squad or lethal injection – as a deterrent to others. He also criticizes Democratic Attorney General Kamala Harris for being silent on the corruption cases that have marred the state Senate this year. Harris declined comment on his proposals.

2 tunnels found under California-Mexico border

AP WIRE SERVICE

SAN DIEGO (AP). Two drug-smuggling tunnels with rail systems stretching hundreds of yards (meters) across the U.S.-Mexico border were discovered by law enforcement officials, and a 73-year-old woman was arrested on suspicion of helping run one operation, U.S. authorities said Friday. No contraband was found in connection with the tunnels, which linked warehouses in Tijuana, Mexico, and the Otay Mesa area of San Diego, according to a statement from U.S. Immigration and Customs Enforcement’s Homeland Security Investigations. The first tunnel, stretching about 600 yards(550 meters), was discovered Tuesday. It was described as being equipped with lighting, a crude rail system and wooden trusses. The entrance on the U.S. side is inside a warehouse where a cement cap covered a 70-foot(21-meter) shaft. A pulley system was installed to hoist goods into the building, which was filled with children’s toys and boxes of televisions. The other tunnel, located Thursday, stretches more than 700 yards(640 meters) and was built with more sophisticated features including a multi-tiered electric rail system and ventilation equipment. On Wednesday, investigators with the San Diego Tunnel Task Force arrested the woman from the San Diego suburb of Chula Vista for investigation of overseeing the logistics at the location of the first tunnel. Her name was not immediately released. The tunnels were the sixth and seventh found in the area in less than four years, ICE said. U.S. Attorney Laura Duffy said the discoveries foiled cartel plans to sneak large quantities of drugs across the border. “Going underground is not a good business plan,” she said in a statement. Other participants in the investigation include U.S. Customs and Border Protection and the Drug Enforcement Administration. Mexican law enforcement officials also assisted.



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Savers beware: Fees may be shrinking your 401(k)

By JOSH BOAK AND PAUL WISEMAN
AP ECONOMICS WRITERS

WASHINGTON (AP), It's the silent enemy in our retirement accounts: High fees.

And now a new study finds that the typical 401(k) fees – adding up to a modest-sounding 1 percent a year – would erase \$70,000 from an average worker's account over a four-decade career compared with lower-cost options. To compensate for the higher fees, someone would have to work an extra three years before retiring.

The study comes from the Center for American Progress, a liberal think tank. Its analysis, backed by industry and government data, suggests that U.S. workers, already struggling to save enough for retirement, are being further held back by fund costs.

"The corrosive effect of high fees in many of these retirement accounts forces many Americans to work years longer than necessary or than planned," the report, being released Friday, concludes.

Most savers have only a vague idea how much they're paying in 401(k) fees or what alternatives exist, though the information is provided in often dense and complex fund statements. High fees seldom lead to high returns. And critics say they hurt ordinary investors – much more so than, say, Wall Street's high-speed trading systems, which benefit pros and have increasingly drawn the eye of regulators.

Consider what would happen to a 25-year-old worker, earning the U.S. median income of \$30,500, who puts 5 percent of his or her pay in a 401(k) account and whose employer chips in another 5 percent:

- If the plan charged 0.25 per-

cent in annual fees, a widely available low-cost option, and the investment return averaged 6.8 percent a year, the account would equal \$476,745 when the worker turned 67 (the age he or she could retire with full Social Security benefits).

- If the plan charged the typical 1 percent, the account would reach only \$405,454 – a \$71,000 shortfall.
- If the plan charged 1.3 percent – common for 401(k) plans at small companies – the account would reach \$380,649, a \$96,000 shortfall. The worker would have to work four more years to make up the gap. (The analysis assumes the worker's pay rises 3.6 percent a year.)

The higher fees often accompany funds that try to beat market indexes by actively buying and selling securities. Index funds, which track benchmarks such as the Standard & Poor's 500, don't require active management and typically charge lower fees.

With stocks having hit record highs before being clobbered in recent days, many investors have been on edge over the market's ups and downs. But experts say timing the market is nearly impossible. By contrast, investors can increase their returns by limiting their funds' fees.

Most stock funds will match the performance of the entire market over time, so those with the lowest management costs will generate better returns, said Russel Kinnel, director of research for Morningstar.

"Fees are a crucial determinant of how well you do," Kinnel said.

The difference in costs can be dramatic.

Each fund discloses its "expense ratio." This is the cost of operating the fund as a percentage of

its assets. It includes things like record-keeping and legal expenses.

For one of its stock index funds, Vanguard lists an expense ratio of 0.05 percent. State Farm lists it at 0.76 percent for a similar fund. The ratio jumps to 1.73 percent for a Nasdaq-based investment managed by ProFunds.

"ProFunds are not typical index mutual funds but are designed for tactical investors who frequently purchase and redeem shares," said ProFunds spokesman Tucker Hewes. "The higher-than-normal expense ratios of these non-typical funds reflect the additional cost and efforts necessary to manage and operate them."

Average fees also tend to vary based on the size of an employer's 401(k) plan. The total management costs for individual companies with plans with more than \$1 billion in assets has averaged 0.35 percent a year, according to BrightScope, a firm that rates retirement plans. By contrast, corporate plans with less than \$50 million in assets have total fees approaching 1 percent.

Higher management costs do far more to erode a typical American's long-term savings than does the high-speed trading highlighted in Michael Lewis' new book, "Flash Boys." Kinnel said computerized trades operating in milliseconds might cost a mutual fund 0.01 percent during the course of a year, a microscopic difference compared with yearly fees.

"Any effort to shine more light (on fees) and illustrating that impact is huge," Kinnel said.

"Where we've fallen down most is not providing greater guidance for investors in selecting funds."

The Investment Company Institute, a trade group, said 401(k) fees for stock funds averaged 0.63

percent in 2012 (lower than the 1 percent average figure the Center for American Progress uses), down from 0.83 percent a decade earlier. The costs fell as more investors shifted into lower-cost index funds. They've also declined because funds that manage increasing sums of money have benefited from economies of scale.

"Information that helps people make decisions is useful," said Sean Collins, the institute's senior director of industry and financial analysis. "Generally, people pay attention to cost. That shows up as investors tend to choose – including in 401k funds – investments that are in lower than average cost funds."

But many savers ignore fees.

In a 2009 experiment, researchers at Yale and Harvard found that even well-educated savers "overwhelmingly fail to minimize fees. Instead, they placed heavy weight on irrelevant attributes such as funds' (historical) annualized returns."

The Labor Department announced plans last month to update a 2012 rule for companies to disclose the fees charged to their 401(k) plans. Fee disclosures resulting from the 2012 rule proved tedious and confusing, said Phyllis Borzi, assistant secretary for the Labor Department's Employee Benefits Security Administration.

"Some are filled with legalese, some have information that's split between multiple documents," Borzi said.

Americans hold \$4.2 trillion in 401(k) plans, according to the Investment Company Institute. An additional \$6.5 trillion is in Individual Retirement Accounts.

For years, companies have been dropping traditional pension plans, which paid a guaranteed income for life. Instead, most offer

401(k)-style plans, which require workers to choose specific funds and decide how much to contribute from their pay. Workers also bear the risk that their investments will earn too little to provide a comfortable retirement.

The shift from traditional pensions threatens the retirement security of millions of Americans. Many don't contribute enough or at all. Some drain their accounts by taking out loans and hardship withdrawals to meet costs. Sometimes their investments sour. And many pay far higher fees than they need to.

Of all those problems, fixing the fees is the easiest, Center for American Progress researchers Jennifer Erickson and David Madland say.

They are calling for a prominent label to identify how a plan's fees compare with low-cost options. That information, now found deep inside documents, shows the annual fees on investing \$1,000 in a plan. Yet that figure, usually only a few dollars, doesn't reflect how the fees rise into tens of thousands of dollars as the account grows over decades. The researchers say the Labor Department could require more explicit disclosure without going through Congress.

Part of the blame goes to employers that offer workers high-fee plans.

"The good options are out there," said Alicia Munnell, director of the Boston College's Center for Retirement Research. "But when you introduce bad options into a plan, you attract people to them. There are a lot of people who think they should buy a little of everything, and that's diversification."

"I want the world to know that fees can really eat into your retirement savings."

Brooklyn Law School plans tuition cut

AP WIRE SERVICE

NEW YORK (AP), Brooklyn Law School plans to cut tuition by 15 percent to \$45,850 a year.

It currently is nearly \$54,000.

Brooklyn Law School Dean Nicholas Al-lard tells the Wall Street Journal (<http://on.wsj.com/1pUoRkl0>) that prospective students are terrified of taking on enormous debt.

He says the private institution's applications have declined since before the recession. He didn't provide numbers.

The school currently has about 1,200 students.

The dean says the school has taken a number of cost-cutting measures to enable the tuition cut. They include reduction of some staff salaries and donations and sales of real estate.

The Journal says job prospects are a student concern. It says of 478 Brooklyn Law graduates in 2013 about 88 percent are currently working. That rate is lower than at some other city law schools.

US: Justice investigating high-speed trading

By STEVE ROTHWELL
AP MARKETS WRITER

The Department of Justice is investigating high-frequency stock trading to see if any of the practices violate insider trading laws, U.S. Attorney General Eric Holder said Friday.

Brokerage firms use high-frequency trading to get a jump on their competitors. Powerful computers analyze market information and then execute buy and sell orders for stocks within a fraction of a second.

"The Department is committed to ensuring the integrity of our financial markets - and we are determined to follow this investigation wherever the facts and the law may lead," Holder told a House hearing in prepared remarks.

The practice has come under increasing scrutiny in recent months. The FBI confirmed this week that it has been investigating high-frequency trading firms for about a year. The Wall Street Journal reported Tuesday that investigators were examining the practice of placing a group of trades and then canceling them to create the false appearance of market activity.

New York Attorney General Eric Schneiderman has also campaigned against high-frequency stock trading, saying it gives firms an unfair advantage and erodes public confidence in the stock market. The Securities and Exchange Commission is also carrying out a number of active investigations into the practice, SEC Chairman Mary Jo White told the House Committee on Appropriations on Tuesday.

Tech sell-off roils global markets

By PAN PYLAS AP BUSINESS WRITER

LONDON (AP), Renewed weakness in the tech-heavy Nasdaq index in the U.S. roiled global markets Friday.

The Nasdaq index fell a further 0.6 percent to 4,029 after slumping 3 percent on Thursday – its worst day since 2011 – as tech and biotech stocks took another hammering after a two-day recovery. The Nasdaq has been the main driver of global markets since last Friday when concerns over the valuation of many of its constituent stocks first erupted.

"There's a lot of pessimism in the markets right now," said Craig Erlam, market analyst at Alpari.

Following broad-based losses in Asia, where Japan's Nikkei suffered another big retreat, shares in Europe have fallen sharply. The FTSE 100 index of leading British shares was down 1.3 percent at 6,551 while Germany's DAX fell 1.7

percent to 9,294. The CAC-40 in France was 1.6 percent lower at 4,344.

Wall Street as a whole was tracking the Nasdaq lower – the Dow Jones industrial average was down 0.6 percent at 16,075 while the broader S&P 500 index fell 0.5 percent to 1,824.

Disappointing earnings from JPMorgan Chase weighed on U.S. markets as the quarterly banking reporting season kicked off. JPMorgan fell 4 percent in early trading.

Earlier in Asia, Tokyo's Nikkei 225 lost 2.4 percent to close at 13,960.05 and South Korea's Kospi slipped 0.6 percent to 1,997.44. Hong Kong's Hang Seng finished 0.8 percent lower at 23,003.64 and China's Shanghai Composite shed 0.2 percent to 2,130.54.

Elsewhere, the mood was fairly lackluster with the euro flat at \$1.3887 and a barrel of benchmark New York crude 51 cents higher at \$103.89.

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Easter thoughts...

By Nancy Lyon

Easter is just around the corner and to some it brings thoughts of either getting or giving live bunnies, baby chicks and ducklings as gifts to celebrate the occasion. However, you need to think long and hard about what that actually involves and ask yourself if you really have the time and means to provide for their requirements in what should be a long term commitment to their care.

Rabbits can be delightful companions that can live from seven to ten years or more; that cute baby bunny you're considering for your child on Easter may still be around long after your child has become a teenager or left home leaving you as the daily caregiver and guardian.

It takes time and knowledge to care for rabbits properly as they are not low-maintenance "pets" and require specific dietary and veterinary needs and must be handled with care. This makes them a poor match for young children who might accidentally injure them, something tragic for bunny and child alike. Since they are not wild creatures, they will not survive if left outdoors in a backyard to exist on their own and must be indoor-companions just like the family dog or cat. As domesticated animals, rabbits cannot survive on their own if released into the wild where they soon either die from predation or fall victim to cars and other hazards. Rabbits often show up in shelters when they become mature, no longer cute babies, and require as much care and cost as other family companion animals. And, unfortunately, many shelters can't guarantee that they will be adopted.

Baby chicks and ducklings are soft and cute and are often associated with the Easter season. However, parents or other adults should consider that health risks are involved. Young birds given as gifts can carry dangerous Salmonella bacteria that can cause serious illness for children. The bacteria can be transmitted to them by handling and kissing the birds that can have bacteria carrying intestinal matter on their body surface.

As with rabbits, fluffy chicks and ducklings very soon become adult critters that have their own special

needs. Chickens are friendly social creatures that require dedicated and continual care. They are very sensitive to heat and cold and must have a clean, well-ventilated and insulated shelter to protect them from the elements... all of which take time and effort. Because they are subject to attack by predators like raccoons and opossums, they need specialized housing especially at night. Chickens, like other animal companions, can become injured or sick and avian veterinary exams and care can easily cost over \$100.

Ducks can be great companions and dandy snail-eaters, but they are also incredible pooping machines food in, food out and it can be a mess to keep their area clean. Like chickens, they have special dietary needs and can suffer heat stroke in hotter areas and require shade and water to cool them. They are not solitary creatures and, like chickens, suffer loneliness when kept alone.

Add to that, visions of that Easter chick or duckling producing eggs may be just that – a dream. When young chicks are purchased it is not possible to accurately determine their sex. The same holds true of ducklings, experts say that most ducklings sold at Easter are drakes, so parents hoping for fresh eggs are probably out of luck.

All in all, that live Easter gift can become a problem if special considerations for the animal's care and handling are not met.

When you reflect on the fact that the gift of bunnies, chicks and ducklings at this time of year are actually not a Christian tradition but of pagan origin celebrating the spring equinox and fertility, it holds no real connection with the Easter holiday.

OHS, the House Rabbit Society and the Humane Society of the United States, suggest doing extensive research before bringing any animal into your family and home and making the humane and safe choice of replacing live animals with an Easter gift of a plush toy or a chocolate rabbit.

Passover, a time for remembrance and joy

According to the Old Testament, over 3,000 years ago, the Jewish people were held captive in Egypt. God commanded Moses to intercede with Pharaoh for their release. But Pharaoh refused and, in response, a series of 10 plagues descended on Egypt. The final plague was the death of all first born male children except for those who marked their homes with lamb's blood and were passed over. Pharaoh relented and "let the Israelites go." The celebration of Passover, also known as "Pesach," is held to commemorate the deliverance of the Jewish people from slavery and their exodus from Egypt. On each of the first two evenings of Passover, a "seder" or symbolic meal is held.

Throughout the seder, participants take turns reading aloud from the "haggadah," a book written in English and Hebrew that recounts the story of the deliverance from slavery and also includes blessings, prayers and songs. The youngest person at the gathering is expected to ask "four questions" about how this evening is different from all other evenings.

This year Passover began after sunset on April 14 and will conclude April 22.

Home of Hope sponsors golf championship

SUBMITTED BY JENNIFER NEALE

The Wente Vineyard Course in Livermore was selected for the Second Annual Golf Championship. Over 120 golfers will play one of the most aggressive courses in the San Francisco Bay Area, for the

Home of Hope. "Up until last year, our fund-raising has been through more traditional dinners," explained Nilima Sabharrwal, M.D., the founder of Home of Hope. "Vineet Sharma, the founder of Indo-America Golf Association, approached us with the idea of speaking to a brand new audience."

"When the golfers arrive, there will be Morning Baskets full of croissants, fruit and juice to begin the day correctly. Lunch will be served, and at the end of the day, everyone will meet again at the 19th Hole, for cocktails, snacks and both auctioned and raffled items; a great guarantee that every golfer can leave the Wente Vineyard Course with smiles!"

The focus this year is on raising \$40,000 to fund computer labs to educate the students in English, and providing vocational training. All of these children truly need an inspiring teacher, a warm heart, and a guiding hand. They have been orphaned or abandoned. Some are deaf or blind. Many have been crippled in physical, or emotional ways, and others have suffered from both. There are 11 active locations now, 10 are in India and 1 in Berkeley, California.

Home of Hope, Inc. golf tournament
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Earth Day

Dear EarthTalk:
What's going on with Earth Day this year and how can I get involved?
— Christine B., Boston, MA

This coming April 22 will mark the 44th annual celebration of Earth Day, and the focus this year will be green cities. “As the world’s population migrates to cities, and as the bleak reality of climate change becomes increasingly clear, the need to create sustainable communities is more important than ever,” reports Earth Day Network, the Seattle-based non-profit that helps coordinate Earth Day celebrations and serves as a clearinghouse for related information and resources. The group hopes to galvanize the support of more than a

people with less environmental impact. Earth Day Network has already mobilized a network of partners on the ground in strategically placed cities and towns around the world to organize grassroots efforts to improve local codes, ordinances and policies that will help cities become models for sustainability, but participation of the wider public is crucial to making the Green Cities campaign a success. The Green Cities section of Earth Day Network’s website features a series of in-depth tool kits designed to



Credit: Matthew Rutledge/Flickr
Earth Day Network hopes to galvanize the support of more than a billion people across 192 countries this Earth Day for increasing the sustainability and reducing the carbon footprints of urban areas everywhere.

billion people across 192 countries this Earth Day for increasing the sustainability and reducing the carbon footprints of urban areas everywhere. By focusing on buildings, energy and transportation issues in cities this year, Earth Day Network hopes to raise awareness about the importance of making improvements in efficiency, investments in renewable technology and regulation reform in the urban areas where half the world’s population lives today. By 2050, three quarters of us will live in cities, making it more important than ever to adapt and adopt policies that take into account how to support larger numbers of

educate the public about key elements of the campaign and serves as the locus of organizing around Earth Day 2014. By making such resources freely available, Earth Day Network hopes to spur individuals to take civic action by signing petitions, sending letters to policymakers and organizing more events. Some of the ways to get involved and raise awareness in your local community about Earth Day itself and the need to green our cities include: hosting a talk for co-workers or community members on the topic of local sustainability initiatives; starting a farmers’ market; organizing a day of tree planting, park or

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beach clean-up, or an eco-fair; and leading a recycling drive to collect as much metal, plastic and glass as possible. Schools can register with Earth Day Network and get access to many student-friendly resources, including an interactive Ecological Footprint Quiz and environmentally-themed lesson plans tailored to the needs of different grade levels from kindergarten through high school. College students can work with dining services to start a composting program or switch over to reusable plates and flatware or start a competition between classes or residence halls to reduce waste and electricity use.

Those looking to initiate just participate in an Earth Day event need look no further than Earth Day Network’s website, where a comprehensive database of Earth Day events around the world is updated daily. Even better, keep in mind that every day is Earth Day and the planet—and generations to come—will benefit from every positive action you take.

CONTACT: Earth Day Network, www.earthday.org.

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Traffic Talk

SGTS. DONN TASANO & MARK DANG, FREMONT POLICE DEPARTMENT

Emergency vehicle with flashing lights

Q: If an emergency vehicle - with flashing lights and/or using its horn or siren - is behind me, traveling in the same direction as I am going, what should I do?

This is a frequent problem for all emergency personnel. Emergency vehicles are used to transport trained personnel and life-saving equipment in a timely manner to locations where they are needed most. A delay in an emergency vehicle’s arrival could result in the loss of life and/or property. We often find ourselves stuck behind drivers who either don’t understand the law or don’t realize that we are behind them. As a precaution, an emergency vehicle driver will stay in the inside lane (# 1 lane, fast lane, lane closest to the center) and continue to sound their siren until the driver pulls to the right and moves out of the way. We expect civilian drivers to yield to the right so we avoid passing slower vehicles on the right. Occasionally, you may see an emergency vehicle shut down its lights and siren in heavy traffic or to pass on the right. This is done so other drivers don’t panic and all veer right at the same time. This maneuver is done at the discretion of



Sgt. Donn Tasano

the emergency vehicle operator based on the circumstances of the call they are responding to. If you are driving and see an emergency vehicle of any kind approaching from behind, you should move to the right-hand curb as soon and as safely as possible. Please be aware of drivers in other lanes that may be doing the same thing or may be oblivious to the approaching emergency vehicle. Remain stopped until that emergency vehicle has passed, check behind you for any additional emergency vehicles approaching, any civilian vehicles returning to the roadway, then re-enter the roadway safely. Do not try to catch up to the emergency vehicle. We recommend driving with a window slightly open and your radio at a level that allows you to hear approaching sirens. If you hear a siren, look around, locate the emergency vehicle and



Sgt. Mark Dang

get out of its way. If the emergency vehicle is behind you, yield carefully to the right. If it’s approaching from any other direction, stop and wait for the operator to proceed. We frequently see drivers, caught up in the excitement of the siren and flashing lights, accelerate to the speed of the emergency vehicle and follow closely behind it. This is can also be a violation, not to mention the fact that you could find yourself right in the middle of a dangerous incident. California Vehicle Code section 21806(a)(1) states that any driver must yield to an emergency vehicle which is operating at least one lighted red lamp and sounding a siren. The yielding driver should move to the right had curb as soon, and as safely as possible, and come to a stop and remain stopped until the emergency vehicle has past.

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Tuesday, April 15
9:15 – 11:00 Daycare Center Visit – FREMONT
2:00 – 2:30 Daycare Center Visit – FREMONT
2:30 – 3:25
Cabrillo School, 36700 San Pedro Dr., FREMONT
4:45 – 5:30 Baywood Apts., 4275 Bay St., FREMONT
5:50 – 6:30 Jerome Ave. and Ohlones St., FREMONT

Wednesday, April 16
1:00 – 1:45 Hillside School, 15980 Marcella St., San Leandro
2:00 – 2:45 Eden House Apts., 1601 165th Ave., San Leandro
3:15 – 3:45 Baywood Ct., 21966 Dolores St., Castro Valley
6:00 – 6:30 Camellia Dr., & Camellia Ct., Fremont

Thursday, April 17
9:50 – 10:20 Daycare Center Visit – Fremont
10:40 – 11:30 Daycare Center Visit – Newark
1:15 – 1:45 Stellar Academy, 38325 Cedar Blvd., Newark
2:00 – 3:15 Graham Schoo, 36270 Cherry St., Newark

Friday, April 18
9:45 – 11:15 Fame Charter School, 16244 Carolyn St., SAN LEANDRO
11:35 – 12:05 7th Step, 475 Medford Ave., HAYWARD
1:45 – 2:10 Daycare Center Visit - SAN LORENZO

2:10 – 3:00 Hesperian School, 620 Drew St., SAN LORENZO

Monday, April 21
9:20 – 10:00 Daycare Center Visit – Fremont
10:15 – 11:15 Daycare Center Visit – Fremont
1:45 – 2:45 Pioneer School, Blythe St., & Jean Dr., Union City
3:05 – 3:25 Alvarado Elementary Schoo, Fredi St. & Smith St., Union City
4:15 – 4:45 Greenhaven Apts., Alvarado Blvd. & Fair Ranch Rd., Union City
5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, Fremont

Tuesday, April 22
10:00 – 11:15 Daycare Center Visit - UNION CITY
1:30 – 2:30 Mission Hills Middle School, 250 Tamarack Dr., UNION CITY
2:45 – 3:30 Purple Lotus Buddhist School, 33615 - 9th St., UNION CITY
4:50 – 5:30
Mariner Park, Regents Blvd. & Dorado Dr., UNION CITY
5:40 – 6:20 Sea Breeze Park, Dyer St. & Carmel Way, UNION CITY

Wednesday, April 23
3:00 – 4:00 Warm Springs Community Center, 47300 Fernald St., FREMONT
4:15 – 4:50 Lone Tree Creek Park, Starlite Way & Turquoise St., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

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Message from the Director

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Brenda Sgroi
Onus Dental Health Plan

Saddle Up at Fremont's Earth Day Fair

SUBMITTED BY CHERYL GOLDEN

The East Bay Bike Coalition will be hosting a Bicycle Rodeo at Fremont's Earth Day event on Saturday, April 26, from 11 a.m. to 3 p.m. The rodeo is the perfect opportunity for parents and children of all ages to enjoy a fun and interactive lesson on road awareness and safety skills, including:

- How to Perform a Bicycle Safety Check
- Proper Helmet Fitting
- Proper Starting and Stopping
- Signaling and Communication
- Yielding Right of Way to Traffic and Pedestrians
- Riding on the Right
- Crossing Intersections
- Independent Decision-Making
- Learning to ride a bike for beginners

Bicycles and helmets will be provided. All you have to do is bring your family and join in on the fun! Details and (optional) registration for this event are available online at EBBC.org/education#Rodeo. Yee Haw!

"New Works"

SUBMITTED BY KAREN SILVA

Chabot College Theater Arts continues its vibrant tradition of premiering original works of productions and staged readings with "New Works," a festival of student original plays: "Reflexion" by Arthur Por Diaz, "Poet Café" by Ann Seitz, "Heart of the Offender" by Michelle Simien, and "Perfect" by Olivia Davis.

Remaining performances are on Thursday, April 17, Friday, 18 and Saturday, April 19 at Stage One, formerly the Little Theater.

"New Works"
Thursday, Apr 17 – Saturday, Apr 19
8 p.m.
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American Business Women's Association announces Woman of the Year

SUBMITTED BY WENDY KHOSHNEVIS

The local Pathfinder Chapter of American Business Women's Association (ABWA) chose its Woman of the Year on March 19. And the winner is... Elise Balgley, a partner at the law offices of Bernard, Balgley and Bonaccorsi.

Annually, a chapter member is awarded this honor, the highest bestowed by chapters nationwide. Members are ranked upon chapter involvement. Consideration is given to offices held, committees chaired and/or worked on, number of national and western district ABWA conferences attended and community service given. The top three nominated were voted upon, with the announcement of the winner occurring at the monthly meeting.

Balgley has been involved with ABWA for 17 years. She has served in every position on the Pathfinder Board, and is, and has been, actively involved in Chapter activities as chair, co- chair and participant on many committees. She has attended 15 National Conferences and 14 District VI Conferences, and has sponsored 13 members. She was ABWA Top Ten in 2001 and ABWA District VI Vice President in 2005-2006. Balgley is also active in many other community organizations and committees.

The Woman of the Year serves from March to March of the following year and is eligible to attend



Elise Balgley, ABWA Woman of the Year

the Woman of the Year special luncheon and function at the National Conference. This year's National Conference will be held in Overland Park, Kansas on October 30 – November 1. This year promises to be a busy one for Elise Balgley and all Pathfinder Chapter members. For more information, visit: www.abwa-pathfinder.org/.

Taste of San Leandro

SUBMITTED BY LEADERSHIP SAN LEANDRO

For nearly 20 years, about 400 people, including Chamber of Commerce members and East Bay residents, have gathered to enjoy tasting food and beverages from over 30 area wineries, breweries, restaurants and caterers to benefit the Leadership San Leandro program. The program is based on the belief that our City's most valuable resource is its people. By providing vital community information and strengthening leadership skills, the program helps provide a constant stream of new leaders, ready and able to contribute to the various boards, commissions, and community groups.

At "Taste of San Leandro" you will experience BBQ, sliders, and sophisticated appetizers; coffee, chocolates and yummy desserts; local craft breweries; art show and contest, silent auction and raffle

prizes; and of course... wine!

Sponsors include Boulevard Burger, Epic Wines, Frog's Tooth, The Tea Room Chocolate Company, Sunrise Coffee, Zocolo's, and The Englander Sports Pub & Restaurant.

Tickets can be purchased at the Chamber office or purchase a virtual ticket online at the Chamber website, sanleandrochamber.com. For more information, contact the Chamber at (510) 317-1400.

Taste of San Leandro
Thursday, Apr 24 5:30 p.m.
Marina Community Center
15301 Wicks Blvd., San Leandro
(510) 317-1400

<http://sanleandrochamber.chambermaster.com/events/details/taste-of-san-leandro-3799>
Tickets: \$35 pre-paid, \$40 at the door



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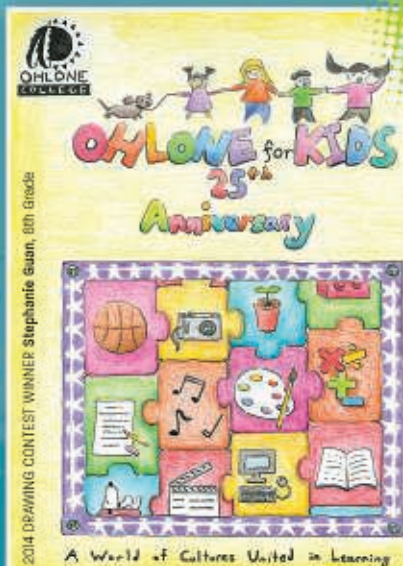
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*May not be combined with any other offer. Some restrictions apply.

continued from page 1

Egg-cellent Easter fun

from March to late April, as it lands on the first full moon following the Spring Equinox. Easter also ends forty days of Lent, a period of abstinence from vices in order to become closer to God. The last week of Lent, called Holy Week, includes Maundy Thursday, Good Friday, and Holy Saturday, symbolizing Jesus's entrance into Jerusalem, the Last Supper, and Crucifixion, respectively.

While Easter is a very religious holiday, secular celebrations have arisen in the Western world featuring the Easter Bunny, Easter candy and baskets, dyeing eggs, and egg games. Eggs have been associated with Easter for hundreds of years due to their conveyance of rebirth and resurrection. Even before Christianity developed, eggs were decorated and regarded as symbols of fertility and renewal; 60,000 year old engraved Ostrich eggs have been discovered in Africa. The Christian church officially adopted eggs as a symbol of Christ's resurrection in the 17th century.



especially egg hunts, with the largest egg hunt recorded by the "Guinness Book of World Records" in Winter Haven, Florida: 501,000 eggs searched for by 9,753 children in 2007. Egg tapping is another traditional game, in which hard boiled eggs are given out and each player has to tap other players' eggs with their own without break-



baskets, and opt for less wasteful packaging. Better yet, skip the car and bike to one of these Easter events, enjoying the holiday while helping the planet.

**Annual Egg Hunt
Saturday, Apr 19**

8:30 a.m. - 11:30 a.m.

**Kennedy Community Center
1333 Decoto Rd, Union City
(510) 675-5276**

www.unioncity.org

Preregistration: \$6 residents, \$8 non-residents

Day of Event: \$10

**Community Egg Hunt and Carnival
Saturday, Apr 19**

12 p.m. - 3 p.m.

**Warm Springs Community Park
47300 Fernald St, Fremont
(510) 490-9500**

www.sobcc.org

Free

Easter Egg Hunt, Games and Holi Picnic

Saturday, Apr 19

11 a.m. - 3 p.m.

M.A. Center

**10200 Crow Canyon Rd, Castro Valley
(510) 469-4634**

www.balakendra.org

Free; preregistration required online

**Easter Egg Hunt
Saturday, Apr 19**

9:00 a.m. - 12:30 p.m.

**Bridges Community Church
505 Driscoll Rd, Fremont
(510) 651-2030**

<http://www.bridgesccc.org>

Free

**Easter Egg Hunt and Bonnet Parade
Saturday, Apr 19**

9 a.m.

Kennedy Park

**19501 Hesperian Blvd, Hayward
(510) 888-0211**

www.haywardrec.org

Free

**Easter Outreach and Egg Hunt
Saturday, Apr 19**

10 a.m. and 1 p.m.

**Christ Community Church
1000 S. Park Victoria Dr, Milpitas
(408) 262-8000**

www.cccmilpitas.org

Free; please bring a bag of individually wrapped candy

**Cross of Love - Easter Musical
Thursday, Apr 17 - Saturday, Apr 19
7:30 p.m.; 2:30 p.m. & 7:30 p.m. Apr 19**

Neighborhood Church

**20600 John Dr, Castro Valley
(510) 537-4690**

www.3crosses.org

\$5 suggested donation

Easter Celebration

Sunday, Apr 20

10:30 a.m.

Harbor Light Church

**4760 Thornton Ave, Fremont
(510) 744-2233**

www.harborlight.com

Free

Easter Service

Sunday, Apr 20

10 a.m.; ASL interpretation 10:30 a.m.

Deaf Easter Services

Mission Springs Community Church

**48989 Milmont Dr, Fremont
(510) 490-0446**

www.msccfremont.org

Free



The Easter Bunny emerged from German stories of an egg-carrying hare who would give eggs, candy, and sometimes toys to well-behaved children, similar to Santa Claus. Much like Easter eggs, hares are also considered symbols of fertility and rebirth, as they are known for birthing large litters, especially around springtime. The Easter Bunny also helped teach young children about the Biblical meaning of Easter, introducing them to the theme of resurrection; sometimes hares are included in children services at church.

Egg games are also popular for Easter,

ing their shell. The last standing, unbroken egg wins. For some, egg tapping is a serious competition, and preparation for the game is almost Olympic – competitive players know which chickens lay harder eggs, what food to feed hens for better eggs, how to boil eggs to their "tapping" advantage, and more.

Easter's themes of resurrection, rebirth, and renewal are especially applicable this year, as Earth Day follows just two days after Easter on April 22. Instead of buying a dye kit, prepare Easter eggs at home with an eco-friendly, DIY recipe, reuse Easter



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Rotary Clubs, Meetings and Annual Youth Programs

**Fremont,
Roger Shanks, President**
Saki's SPIN-A-YARN Restaurant,
Wednesday, 12:15 p.m.
Sponsors: Interact at America High Schools
Rotaract • Camp RYLA • Speech contest
for high school students • Engage youth
in club fundraising events.
www.thefremontrotaryclub.org

**Fremont/Union City/Newark Sunset
Helen Kennedy, President**
Crowne Plaza Hotel, Union City,
Thursday, 7:00 p.m.
Supports: 100 + Interact members Logan High
School • Scholarships • Children at Magnolia
Women's Recovery Center • International
project for students at D.S.E.T. Public School,
Ballia, India
www.funrotary.com

**Newark,
David Benoun, President**
Sinodinos Steakhouse, Tuesday, 12 noon
Sponsors: Interact Club at Newark
Memorial High School • Rotaract and its
tooth-brush drive Philippines Smile
Program • Speech contest
• Scholarships
www.newarkrotary.org

**Niles/Fremont,
Chuck Canada, President**
Washington Hosp, West Conrad Anderson
Auditorium, Thursday, 12 p.m.
Supports close to 200 youth and young
adults through: Interact at Washington and
Robertson High Schools and Fremont
Christian School. The Rotaract Club of
Greater Fremont. We collaborate to raise
funds for international projects and to do
service projects in our local community.
www.nilesrotary.org

**Mission San Jose,
Kent Lewis, President**
Papillion Restaurant, Friday, 12:15 p.m.
We believe the future of Rotary is our youth.
We support Interact Clubs at Alision-Ohlone
and Mission San Jose High Schools • Rotaract
• Leadership development • Camp RYLA
• Fund five Presidents to attend Winter Retreat
www.missionsanjoserotary.org

**Fremont Warm Springs Sunrise
Gregory Bogdanoff, President**
Fremont Senior Center, Wednesday, 7:15 a.m.
Supports more than 250 youth through
the following programs: 4-6 candidates
for RYLA and the Presidents Winter Retreat
www.fremontwarmsspringsunrise.org

Rotary Interact, RYLA, ELC and Rotaract leadership programs for ages 12 to 17 and 18 to 35 are essential aspects of Rotary. Rotary's motto Service Above Self. Since 2007, more than 8,000 South and East Bay young leaders raised and donated over \$500,000 and 120,000 volunteer hours for vital local and global service projects. Join us at our meeting or click here to learn how you too can make a difference in the lives of our youth. Rotary annually provides leadership training for over 500,000 youths worldwide.



'La Mystique de Paris'

SUBMITTED BY MUSIC
AT THE MISSION

Each year, classical chamber music presenter Music at the Mission honors a member of the Tri-City Community who has worked towards building a thriving music and arts scene through their support and commitment to local

Paris," on Friday, April 25 at the Hilton Hotel in Newark.

"Almost since the first year that Music at the Mission began presenting classical chamber music concerts at Old Mission San Jose, Gael and Don have been there, helping us build a greater following and visibility in the community. Our post-concert receptions are exclusively held at Mission Coffee, and Gael continues to cater each of our Salon Series afternoon concerts," says Music at the Mission founding director, Aileen Chanco. "For many years, both Gael and Don have been the epitome of hospitality and are true champions of the community in the way that they have worked passionately towards building a thriving music and arts scene."

The annual Mission Masquerade Ball is a benefit for Music at the Mission, whose 10th Season is approaching in the fall of 2014, a milestone for any organization. Proceeds from this ball will help support and sustain Music at the Mission as it continues to bring bold classical chamber music programs "outside the box" to Bay Area music lovers, through its regular evening concert performances at Old Mission San Jose in Fremont, its Salon Series and Music al Fresca afternoon performances and its Educational Outreach Performance Programs to Tri-City schools.

Step back to the days of Toulouse-Lautrec and the Belle époque of Paris at the end of the 19th century and early 20th century with "La Mystique de Paris." Cabaret Versatile will be the evening's entertainment and dinner and wine are included in the price. There will be both a silent and live auction, exciting prizes and



Gael and Don: Music at the Mission will honor local business owner Gael Stewart and the late Don Stewart, founders of Mission Coffee Roasting Co. in Fremont.

arts organizations. This year's honorees are Mission Coffee Roasting Company founders, Gael Stewart and her husband, the late Don Stewart, who have been long-time champions of the arts in the Tri-City Area as well as San Jose through their passionate commitment to and generous support of arts organizations including Fremont Symphony, Fremont Opera, and Music at the Mission. The honor ceremony will take place during the annual Mission Masquerade Ball, "La Mystique de

much more. Attire is elegant, masked, or in the style of late 19th century Paris. Tickets to the ball are \$95 per person or \$900 for a table of 10, and can be purchased online at www.musicatmsj.org or contact Harriet Whitney at hmwhitney@aol.com.

Mission Masquerade Ball
Friday, Apr 25
6:30 p.m.
Hilton Newark/Fremont
39900 Balentine Dr, Newark
hmwhitney@aol.com
www.musicatmsj.org
Tickets: \$95

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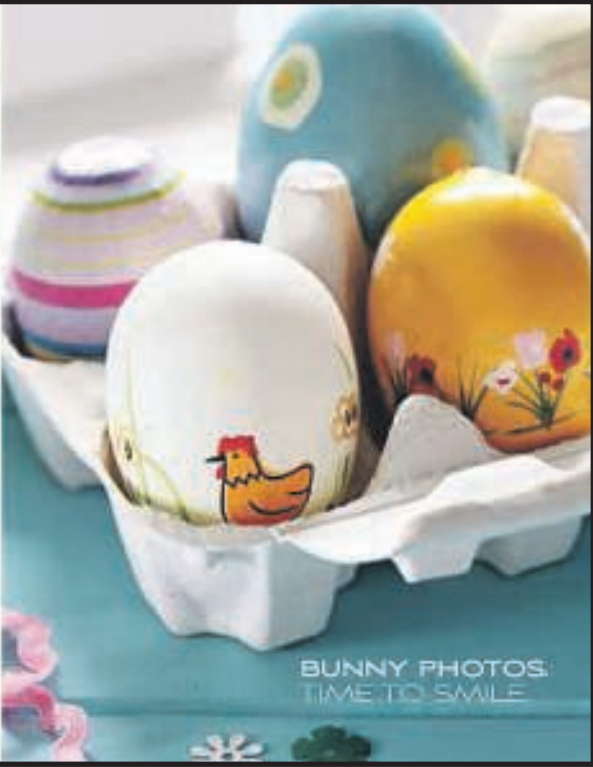
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of Fremont

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www.unityoffremont.org
510-797-5234

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

It's A Date

Continuing Events

Saturdays, Feb 1 thru Apr 19
Teen/Senior Computer and Gadget Help
10:30 a.m. - 12:30 p.m.
Teens teach seniors to use electronic devices
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Monday, Apr 21-Friday, Apr 25
Spring Break 1-on-1 Tutoring \$R
4 p.m. - 5 p.m.
Students grades 3 - 6 get help in core subjects
Register by 3/1/2014
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 794-2538
Shootingstarsfoundation123@gmail.com
http://www.fuss4schools.org

Monday, Apr 21-Friday, Apr 25
Academic Boot Camp \$R
5:00 p.m. - 6:00 p.m.
6:15 p.m. - 7:15 p.m.
Enrichment for grades 3 - 6
Register by 3/1/2014
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 794-2538
Shootingstarsfoundation123@gmail.com
http://www.shooting-stars-foundation.org

Tuesdays, Mar 4 thru Apr 29
Community Police Academy - R
6:45 p.m. - 8:45 p.m.
Crime prevention workshop
Hayward Police Department
22701 Main St, Hayward
(510) 293-7151
gale.bleth@hayward.ca.gov

Thursday, Mar 20 - Sunday, Apr 19
Rosencrantz & Guildenstern Are Dead \$
Thurs - Sat: 8:00 p.m.
Sun: 12:15 p.m.
Comedic musing of Hamlet's friends
Broadway West Theatre Company
400 B Bay St., Fremont
(510) 683-9218
www.broadwaywest.org

Church of Christ of Fremont

4300 Hansen Ave. Fremont

510-797-3695
www.fremontchurchofchrist.org

Whoever Drinks Of The Water
That I Will Give Him
Shall Never Thirst; But The Water
That I Will Give Him
Will Become In Him
A Well Of Water Springing Up
To Eternal Life
John 4:14

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Saturdays, Mar 22 -May 10
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Monday, Jun 23 - Friday, Jul 31
Ohlone for Kids \$R
8 a.m.
Summer enrichment program
Registration begins April 1
Ohlone College
43600 Mission Blvd, Fremont
(510) 742-2304
www.ohloneforkids.com

Thursday, Mar 28 - Sunday, Apr 26
Textile Exhibit
12 noon - 5 p.m.
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April 15: "Living With Autism"

A peek into a hidden world

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Fremont
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www.pcfma.com

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Hayward City Plaza
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www.digdeepcsa.com

Kaiser Permanente Hayward Farmers’ Market

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800-949-FARM
www.pcfma.com

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Ave. and Tampa Ave., Hayward
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www.cafarmersmarkets.com

MILPITAS:

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NEWARK:

Newark Farmers’ Market

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9 a.m. - 1 p.m.

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NewPark Mall
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1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

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Leandro
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Tuesdays

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Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

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Saturdays

9 a.m. – 1 p.m.

Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

East Plaza Farmers’ Market

Saturday s

9 a.m. – 1 p.m.

Year-round
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Union City
(925) 825-9090
www.pcfma.com

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Continuing Events

Monday, Mar 31 - Thursday, May 1

There’s Room at the Table for You - \$R

11:45 a.m.

Free and low-cost lunch program for seniors

Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840

Tuesday, Apr 1 - Saturday, Apr 30

Boulevard Artists Show

5 a.m. - 9 p.m.

Jan Schafir student exhibit

Mission Coffee Roasting House
151 Washington Blvd., Fremont
(510) 474-1004
www.fremontcoffee.com

Tuesday, Apr 1-Friday, May 30

Art is Education

8:30 a.m. - 5:00 p.m.

HUSD student pieces

Hayward City Hall
777 B St., Hayward
(510) 208-0410

Mondays, Apr 7 - Thursdays, Jun 6

10th Street After-School Program

4 p.m. - 6 p.m.

Sports, arts-n-crafts and games

Drop-in program, no day care
10th Street Community Center
33948 10th Street, Union City
(510) 675-5276
wwwUnionCity.org

Monday, Apr 14-Friday, Apr 18

American Red Cross Lifeguard Training \$R

8 a.m. - 2 p.m. & 3 p.m. - 9 p.m.

Certification program for ages 15+

Hayward Plunge
24176 Mission Blvd., Hayward
(510) 581-4050
www.haywardrec.org

Thursday, Apr 10, 17 – Saturday, Apr 12, 19

New Works \$

8 p.m.

Chabot College, Stage One (formerly Little Theater)
25555 Hesperian Blvd, Hayward
(510) 723-6600

Monday, Apr 21 - Friday, Apr 25

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1 p.m. - 4 p.m.

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38325 Cedar Blvd., Newark
(510) 791-8555
theangelchildrenschoir@gmail.com

Tuesday, Apr 15

LWV Eden Area Candidate Forums

6:30 p.m. - 7:30 p.m.

Candidates discuss issues

Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org

Tuesday, Apr 15

The Jazzinators

7 p.m. - 8 p.m.

Youth musicians perform

Bronco Billy's Pizza
41200 Blacow Road, Fremont
(510) 438-0121

Tuesday, Apr 15

Guaranteed Income

7:00 p.m. - 8:30 p.m.

Strategies to make your money last

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Tuesday, Apr 15

15th Congressional District Candidate Forum

6:30 p.m.

Ellen Corbett and Eric Swalwell speak

Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org

Wednesday, Apr 16

“Liberty Defined: The Future of Freedom”

4 p.m.

Former Congressman Ron Paul speaks

Cal State East Bay University
25800 Carlos Bee Blvd.,
Hayward
(510) 632-1366 x 105
http://www.independent.org/

Wednesday, Apr 16

Death Café

10:30 a.m. - 12:30 p.m.

Healthcare and death discussion

Suji's Coffee
3602 Thornton Blvd., Fremont
(510) 667-7415

Wednesday, Apr 16

Jazz Night

7 p.m. - 10 p.m.

Live music

Hilton Hotel
39900 Balentine Dr., Newark
(510) 490-8390
www.newarkfremont.hilton.com

Wednesday, Apr 16

Visual and Performing Arts Gala

5 p.m. - 8 p.m.

Student art show and performances

Fremont Unified School District
4210 Technology Dr., Fremont
(510) 659-2594

Thursday, Apr 17

East Bay Stompers Band

7 p.m. - 9 p.m.

Dixie, swing & standards music

Bronco Billy's Pizza
41200 Blacow Road, Fremont
(510) 438-0121

Thursday, Apr 17

Kids Club

11 a.m.

Food, entertainment and crafts

Ages 5+
New Park Mall
2086 Newpark Mall, Newark
(510) 794-5523
www.newparkmall.com

Thursday, Apr 17 - Saturday, Apr 19

New Works \$

8 p.m.

Student original plays

Chabot College
25555 Hesperian Blvd., Hayward
(510) 723-6600
www.chabotcollege.edu/theater-arts

Friday, Apr 18 - Saturday, Apr 19

Jazz Festival \$

7:30 p.m. - 9:30 p.m.

Featuring trombonist Wycliffe Gordon

Cal State East Bay University
25800 Carlos Bee Blvd.,
Hayward
(510) 885-3167

Friday, Apr 18 - Saturday, Apr 19

“The Twelve” \$

Friday: 7 p.m.

Saturday: 5 p.m. and 7 p.m.

Park Victoria Baptist Church
875 S. Park Victoria Drive,
Milpitas
(408) 263-9000
www.parkvictoria.org



Easter Schedule

Holy Saturday, April 19

8:00 a.m. Morning Prayer

3:00 p.m. Divine Mercy Novena
(Adoration Chapel)

8:00 p.m. Easter Vigil, the Sacraments of
Initiation and Liturgy of the Holy Eucharist

Easter Sunday, April 20

6:00a.m., 7:30, 9:00, 11:00 a.m., 12:30 p.m.

3:00 p.m. Divine Mercy Novena
(Adoration Chapel)

Holy Spirit Church



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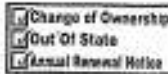
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Saturday April 26
9am - 3pm
38991 Farwell Drive, Fremont

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Crafts, Accessories, Jewelry
Kitchen Items, Home Decor
Snack Bar
Homemade Bake Sale



The Twelve

SUBMITTED BY DAVID ROBERTS

What if Jesus never came, ... until today!

The Twelve is an Easter drama that looks at the life of Jesus and His ministry from the perspective of His followers, twelve ordinary men from different walks of life that each need to decide if they will truly believe that Jesus is the Son of God or not. What makes "The Twelve" different from any other Easter inspired play you might ask? It takes place in the year 2014.

"What we are trying to explore here is what the world would look like now if two thousand years ago Jesus didn't come, but instead started His work for the first time in the year 2014. What you would have is a world that is completely different and even more importantly a people that are completely different. That is my favorite part of this project; you don't have characters that are difficult to relate to.

The twelve are made up of athletes and techies, fishermen and businessmen, and everything in between. You also get to create a racially diverse cast without losing authenticity. Anyone that goes to see it will relate to someone in the show."

"The Twelve," written and directed by David Roberts, opens on Friday April 18 with two more performances on Saturday April 19. Tickets are \$1. Free refreshments will be served before and after the show.

"The Twelve"
Friday, Apr 18
7 p.m.
Saturday, Apr 19
5 p.m. and 7 p.m.
Park Victoria Baptist Church
875 S. Park Victoria Drive, Milpitas
(408) 263-9000
info@parkvictoria.org
www.parkvictoria.org

The Ohlone College Super Flea Market Presents:

The Great Garage Sales Blast

Sat., April 26th
Clean out your garage, closet, storeroom, work shed, file cabinets.

The object of the GREAT GARAGE SALE is to make it possible for folks to get rid of the "stuff" they have had around the house for decades.

Who will NOT be accepted:
1. Professional Antique Dealers
2. People who have sold twice in the last twelve months

Registration Fee: \$25 Ohlone College - 43600 Mission Blvd., Fremont
Large Booth: \$35 Rain or Shine - In Parking Lot E
510.659.6285 <http://fleamarket.ohlone.edu>

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Spring Qtr Elem Hindi-3

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guptanilu@fhda.edu

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Newark
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2013 State of the City Address & Showcase
Mayor Al Nagy

Thursday, April 17
11:30am - 1:30pm
Hilton Hotel, 39900 Balentine Dr, Newark

11:00 a.m. to 12:00 p.m. Registration & Networking
Showcase Open (lunch ticket not req.)
12:00 p.m. to 12:30 p.m. Welcome & Lunch
12:20 p.m. to 12:30 p.m. Gallery Seating Open (no charge)
12:30 p.m. to 1:30 p.m. State of the City Address

Advance Paid Reservations Only
Call or email the Newark Chamber at 744-1000
or info@newark-chamber.com
For additional information call 510-744-1000

Saturday, Apr 19
Fremont Atheist Forum
10:00 a.m. - 12:30 p.m.
Thought provoking talks
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 651-6248

Saturday, Apr 19
Egg Hunt and Carnival
12 noon - 3 p.m.
Games, prizes and food
Warm Springs Community Center
47300 Fernald St., Fremont
(510) 791-4318

Saturday, Apr 19
“Gray Ghost” Book Signing
1 p.m.
Meet author C.L.Swinney
BookSmart
NewPark Mall
Suite 2019, Newark
(408) 824-1838

Saturday, Apr 19
Read-a-Thon
1 p.m. - 4 p.m.
Volunteers read to kids
Preschool - 4th grade
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Apr 19
American Red Cross Blood Drive – R
8 a.m. - 1 p.m.
Schedule an appointment
Use sponsor code: LODGE167
Fremont Masonic Center
37419 Fremont Blvd, Fremont
(800) 733-2767
www.redcrossblood.org

Saturday, Apr 19
Knit-a-Thon
1 p.m. - 4 p.m.
All levels of experience welcome
Hayward Main Library
835 C St., Hayward
(510) 881-7980
www.library.hayward-ca.gov

Saturday, Apr 19
Earth Day Celebration
1 p.m. - 3 p.m.
Make crafts from recycled items
Hayward Weekes Library
27300 Patrick Ave., Hayward
(510) 782-2155

Saturday, Apr 19
Easter Egg Hunt
9:00 a.m. - 12:30 p.m.
Egg hunt, games & activities
Bridges Community Church
505 Driscoll Rd., Fremont
(510) 651-2030
www.bridgescc.org

Saturday, Apr 19
Spring Egg Hunt \$
8:30 a.m. - 11:30 a.m.
Egg hunt, carnival, food and games
Kennedy Community Center
1333 Decoto Rd., Union City
(510) 657-5276
mvera@ci.union-city.ca.us

Saturday, Apr 19
Easter Egg Hunt – R
11 a.m. - 3 p.m.
Egg hunt, games and Holi picnic
Pre-register online
M.A. Center
10200 Crow Canyon Rd,
Castro Valley
(510) 469-4634
www.balakendra.org

Saturday, Apr 19
Easter Egg Hunt and Bonnet Parade
9 a.m.
Entertainment, egg hunt and activities
Kennedy Park
19501 Hesperian Blvd., Hayward
(510) 888-0211

Saturday, Apr 19
Easter Outreach and Egg Hunt
10 a.m. - 1 p.m.
Bring a bag of individually wrapped candy
Christ Community Church of Milpitas
1000 S. Park Victoria Dr., Milpitas
(408) 262-8000
www.cccmilpitas.org

Saturday, Apr 19
Cross of Love - Easter Musical \$
2:30 p.m. and 7:30 p.m.
Live singing and entertainment
Neighborhood Church of Castro Valley
20600 John Drive, Castro Valley
(510) 537-4690
www.3crosses.org

Saturday, Apr 19
Creek Crew Work Day – R
9 a.m. - 12 noon
Volunteers receive free zoo pass
Ages 13+
Oakland Zoo
9777 Golf Links Rd., Oakland
(510) 632-9525 x209
Chantal@oaklandzoo.org

Saturday, Apr 19
Earth Day Community Service
10 a.m. - 12 noon
Help clean up gardens and protect wildlife
Ages 9+
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513 x 104

Saturday, Apr 19
Night Sky Party – R
8:00 p.m. - 9:30 p.m.
Make a star chart and use a telescope
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513 x 104

Saturday, Apr 19
Pole Hiking Skills Class \$R
10:00 a.m. - 3:30 p.m.
Improve body fitness on 5 mile hike
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249

www.ebparks.org
Saturday, Apr 19
Earth Day: Reduce, Reuse, Recycle
9:30 a.m. - 12 noon
1:30 p.m. - 4:00 p.m.
Create a craft and play games
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Saturday, Apr 19
Pet a Bunny \$
11:30 a.m. - 12 noon
Interact with rabbits
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Apr 19
Dry Creek Cottage and Gardens Tour
1 p.m. - 3 p.m.
Local historian, Timothy Swenson
End of May/Whipple Rd, Union City
http://www.saveunioncityhills.com/

Saturday, Apr 19
Pioneer cemetery clean-up
9 a.m. – 1 p.m.
Bring gloves and rakes
Corner of Usher St. & College St., San Lorenzo
(510) 581-0223, ext. 131
www.haywardareahistory.org

Sunday, Apr 20
Ohlone Village Site Tour
10 a.m. - 12 noon
1 p.m. - 4 p.m.
Walk 1/2 mile to 2,000 year old Ohlone Indian site
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Sunday, Apr 20
Niles Canyon Railway Excursions \$
10 a.m. - 4 p.m.
Journey through Niles Canyon
Niles Canyon Railway
37001 Mission Blvd., Fremont
(408) 249-2953
www.ncry.org

Sunday, Apr 20
A Taste of the Refuge
2:00 p.m. - 3:30 p.m.
Guided tour of tidelands
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222

Sunday, Apr 20
Easter Egg Art \$
1 p.m. - 2 p.m.
Use feathers, paper and yarn to decorate eggs
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Monday, Apr 21
Social Media for Businesses – R
6 p.m. - 8 p.m.
Market your business using social networks
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.acsbdc.org/events2

Tuesday, Apr 22
AMVETS Blood Drive
10 a.m. – 3 p.m.
Sponsored by Hayward AMVETS post 911, ID required
22737 Main St, Hayward
(866) 236-3276
www.amvets911.com

Going Green Together

continued from page 1

cloth; hang your clothes to dry instead of using a dryer; take public transportation; plant a tree; take shorter showers; turn off lights when leaving the room; invest in a reusable cup for your daily hot beverage; use matches instead of lighters (choose cardboard instead of wood, which are made from recycled paper); donate unwanted items to charitable organizations or others in need; pay your bills online; and use rechargeable batteries.

These are just a small portion of the easy changes that can be adopted in every-day life; several other alternatives can be found online or by attending an educational Earth Day event, such as Fremont’s annual Earth Day fair or Oakland Zoo’s “Party for the Planet”

Environmental awareness and action is the responsibility of all who call Earth their home. Make sure you’re doing your part to ensure that the beauty and resources of our planet continue to sustain us and the generations to come.

Local Earth Day events:

Join Don Edwards Wildlife Refuge and Save the Bay for their annual Earth Day Cleanup. Provide much needed water to plants, as well as remove trash and weeds at locations in Oakland and Palo Alto. Reservations are required.

Earth Day Cleanup
Saturday, Apr 19
9 a.m. - noon
(510) 792-0222 ext. 141
www.savesfbay.org
Free

Spend Earth Day in the great outdoors. Do you need to fulfill community service requirements? Or would you just like to come lend a hand? Come help in our native plant garden by removing non-native plants, pruning, mulching, or conducting

various other jobs that help protect wildlife and clean up our gardens. It’s a great service project for groups and individuals. Bring your own gloves or borrow a pair of ours. Tools are provided. Dress in layers and bring water and sunscreen. Be prepared to get dirty! Ages 9 and up. Participants 18 and under must be accompanied by a chaperone. Call Julie for reservations at (408) 262-5513 ext. 104.

Earth Day Community Service
Saturday, Apr 19
10 a.m. – noon
Environmental Education Center
1751 Grand Blvd, Alviso
408-262-5513 ext. 104
Free

Make changes to conserve, protect and sustain our planet at “Reduce, Reuse, Recycle” at Coyote Hills. Learn about the care of our precious earth, enjoy family fun while creating your own litter bug craft, view an environmental puppet show (11:40 a.m. and 3:40 p.m.) and play recycling games.

Earth Day: Reduce, Reuse, Recycle
Saturday, Apr 19
9:30 a.m. – noon & 1:30 p.m. – 4:00 p.m.
Coyote Hills Regional Park
8000 Patterson Ranch Rd, Fremont
(510) 544-3220
www.ebparks.org
Parking Fee: \$5

In celebration of Earth Day, the Oakland Zoo offers the chance to explore more than fifty Earth Stations and demonstrations that offer hands-on fun and educational adventures. Visit with dozens of local environmental non-profit organizations, get your face painted, observe beautiful animals, and marvel at a show by Trapeze Arts of West Oakland.

Be inspired by Oakland Zoo’s Quarters for Conservation program. When people and animals learn to live together sustainably, it is a true party for the planet. This Earth Day event is included with regular admission. Plus, recycle an old cell phone and receive a free train ride.

Party for the Planet
Saturday, Apr 19
10 a.m. – 3 p.m.
Oakland Zoo
9777 Golf Links Rd, Oakland
(510) 632-9525 ext. 122
www.oaklandzoo.org
Admission: \$15.75 adults, \$11.75 seniors (65-79, 80+ free), \$11.75 kids, kids under two are free
Parking fee: \$8

Meet with eco-friendly experts and learn new ways to go green when Washington Hospital and the City of Fremont host an Earth Day fair, “Let’s Go Green Together!” on Saturday, April 26. Discover more about recycling and waste reduction, saving energy at home, eco-friendly gardening and composting, local sustainability programs and healthy eating. There will be a free residential drop-off for syringes and needles; confidential documents for shredding; unused, unwanted medication; mercury thermometer exchange; and eyeglasses donation.

Kids can participate in eco-tainment, face painting, art, and other games and activities. The East Bay Bike Coalition will also be hosting Bicycle Rodeo, a fun and interactive lesson on road awareness and safety skills for parents and kids of all ages. Learn about proper helmet fitting, signaling and communication, crossing intersections and more. Bikes and helmets will be provided. For more details and optional registration, visit www.EBBC.org/education#Rodeo.

Let’s Go Green Together!
Saturday, Apr 26
11 a.m. – 3 p.m.
Conrad E. Anderson, MD Auditorium (Washington West)
2500 Mowry Ave, Fremont
(510) 494-4570
www.Fremont.gov/EarthDay
www.whhs.com/green
Free

To learn more about Earth Day programs and how you can take action, visit <http://www.earthday.org/>.



Save Our Hills is organizing a gathering at Dry Creek Cottage and Gardens in Union City on Saturday, April 19th. Dry Creek Cottage and Gardens, part of the East Bay Regional Park system, is a hidden gem at the end of Whipple/May Road. The park consists of a historic cottage built in 1900, a garden with multiple trails, and lots to explore and see.

Local historian, Timothy Swenson from the Museum of Local History, will give a talk on the history of Dry Creek Cottage and Gardens, and the surrounding land from pre-historic times to the modern day. Save our Hills and the Museum of Local History are working together to have Dry Creek Cottage and Gardens listed on the California, and possibly the National, historic registry.

Dry Creek Cottage and Gardens is an example of historic preservation done right. Although not part of Dry Creek Cottage and Gardens, the agricultural fields just outside the park are a contributing factor in creating the historic setting Dry Creek Cottage and Gardens. This land is the last large area used for agriculture in Union City. The Masonic Homes of California is looking again to develop the flat lands along Mission Blvd. These lands are protected by ballot measure II, voter approved in 1996. Elizabeth Ames of Save Our Hills, will talk about the Masonic Home plans, how it affects you, and what you can do to help preserve the scenic views of our hills.

Come to Dry Creek Cottage and Gardens, listen about the past, the future, and explore the many paths in the garden. Parking for Dry Creek Cottage and Gardens is at the end of May/Whipple Road. Both parking and entrance to the park is free.

Save Our Hills is a group of local citizens to prevent incompatible developments that threaten the agricultural, recreational and open space resources within the City of Union City. The Save Our Hills website is <http://www.saveunioncityhills.com/>

Dry Creek Cottage and Gardens Tour
Saturday, Apr 19
1 p.m. - 3 p.m.
Local historian, Timothy Swenson
End of May/Whipple Rd, Union City
http://www.saveunioncityhills.com/

LIFE CORNERSTONES

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Marriage

For more information
510-494-1999
tricityvoice@aol.com
Obituaries



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Joan E. Stillwagon
RESIDENT OF FREMONT
April 28, 1933 – April 3, 2014

Thakorlal G. Mistry
RESIDENT SAN JOSE
October 8, 1942 – April 7, 2014

Donna Jo Mones
RESIDENT OF MODESTO
June 25, 1955 – April 7, 2014

Kenneth Castoe
RESIDENT OF FREMONT
January 27, 1946 – April 10, 2014

Isauro M. Sison
RESIDENT OF FREMONT
February 20, 1913 – April 12, 2014



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www.fremontchapeloftheroses.com



Nance D. Mummert
RESIDENT OF NEWARK
May 8, 1950 – April 6, 2014

David E. Lacy
RESIDENT OF FREMONT
June 14, 1965 – April 10, 2014

Ronald Drake
RESIDENT OF FREMONT
November 30, 1952 – April 11, 2014

Sonia G. Garcia-Gonzalez
RESIDENT OF HAYWARD
August 3, 1973 – April 12, 2014

Alaire L. Hannibal
RESIDENT OF FREMONT
November 12, 1920 – April 13, 2014

Glenn W. Coon, Jr.
RESIDENT OF FREMONT
December 28, 1937 – April 12, 2014

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Life Cornerstones will acknowledge important events that occur during the cycle of life in our community. In order to give a broad and fair opportunity for all citizens to be recognized, a basic listing is offered at no cost. Such announcements may include births, deaths, marriages, anniversaries, bar/bat mitzvah, Quinceañera, etc. Many cultures celebrate different milestones in life and this list will be as inclusive as possible. **Please contact TCV at (510) 494-1999 or emailtricityvoice@aol.com for submissions or further information. Free listings are limited to residents and families of the Greater Tri-City Area.**

Legislation targets mislabeled seafood

SUBMITTED BY JOHN D. MANN

Senate Bill 1138, sponsored by State Senator Alex Padilla, addresses the growing problem of seafood mislabeling and its effects on public health, consumer choice, and sustainable fishing practices. The bill was approved by the Senate Health Committee on a bipartisan vote of 8 to 0 mid-April and now goes to the Senate Appropriations Committee for consideration.

SB 1138 would make it unlawful for any person to knowingly sell mislabeled seafood. Spending on seafood in the United States has grown to more than \$80 billion annually. Unlike beef produce, state law does not provide clear guidance regarding accurate labeling of

seafood. The lack of standards has led to high rates of mislabeling throughout our state. In a recent survey by Oceana, the largest international organization focused solely on ocean conservation, 84% of Southern California sushi samples were mislabeled and 58% of restaurants visited in Northern California mislabeled their fish offerings. SB 1138 is modeled after similar legislation passed in the state of Washington.

“This bill is a common sense measure to allow consumers to know exactly what kind of fish they are purchasing and consuming,” said Brian Baird, Director, Ocean and Coastal Program, The Bay Institute and Aquarium of the Bay. “The Aquarium educates the public and many area

businesses about making sustainable seafood choices, which depends on accurate seafood labeling. We applaud Senator Padilla for introducing this bill.”

In 2013, Oceana, the largest international organization focused solely on ocean conservation, released the results of a nationwide study on fish sampled at retail outlets, such as restaurants, grocery stores and sushi bars including in San Francisco, Los Angeles and Monterey and found:

- 84% of sushi samples were mislabeled in Southern California
- 58% of restaurants visited in Northern California sold mislabeled fish
- 52% of all fish sampled were mislabeled in Los Angeles and Orange Counties
- 38% of all fish sampled were mis-

- labeled in Northern California
- 27% of grocery stores visited in Northern California sold mislabeled fish
- Southern California leads the nation in mislabeled fish

While seafood is an excellent choice in a healthy diet, seafood mislabeling can lead to the consumption of seafood that is unhealthy and potentially dangerous. Certain species of fish can have unhealthy levels of mercury or can cause severe allergic reactions. The U.S. Environmental Protection Agency gives a clear warning about the dangers of mercury to fetuses, infants, and children. The Food and Drug Administration recommends that women of childbearing age, pregnant or breastfeeding avoid eating certain fish such as swordfish and shark.

Seafood mislabeling also undermines conservation efforts and threatens at-risk species. Conservation efforts rely on an informed public making responsible and sustainable choices. However, it is difficult to make sound choices if seafood is mislabeled. Between 1950 and 2006 the world's annual fishing haul more than quadrupled, from 19 million tons to 87 million tons. The Census of Marine Life, a decade-long international survey of ocean life completed in 2010, estimated that 90% of the big fish had disappeared from the world's oceans, victims primarily of overfishing.

Senator Alex Padilla represents the more than 1,100,000 residents of the 20th State Senate District in Los Angeles.

City of Fremont Briefs

By: CHERYL GOLDEN

Vote for Your Favorite Downtown Logo

Downtown Fremont Street Eats, Fremont's weekly funky, fun food truck event, is returning to downtown Fremont for its second year in a row on Friday, April 25 from 4:30 p.m. to 9 p.m. For this kick-off event, the City will be unveiling three logos to represent its first phase of development in the downtown, “Downtown Fremont – On the Rise.” Using iPads, residents will be able to vote LIVE at the event for their favorite logo on Fremont Open City Hall, our online forum for civic engagement. Residents will be able to continue to vote online on Fremont Open City Hall after the event until May 16.

Fremont Street Eats is produced by the Fremont Chamber of Commerce, the City of Fremont, and the Food Truck Mafia. This spectacular event runs every Friday from April 25 through Oct. 24, 4:30 p.m. to 9 p.m. While there, you will find a delectable array of food trucks offering a diverse mix of culinary treats in Downtown Fremont along Capitol Avenue between State and Liberty Streets. Come join the fun!

Free Transit Workshop for Seniors and Persons with Disabilities

The Tri-City Travel Training Program will be hosting the fol-

lowing upcoming workshop on two separate dates:

Travel Training for Seniors and People with Disabilities

Through classroom instruction and a field outing on bus and BART, you will learn how to plan trips, read transit schedules, pay fares, transfer between buses and BART, and travel on transit safely.

Fremont Senior Center
40086 Paseo Padre Pkwy.
April 29, 9 a.m. to Noon*
April 30, 9 a.m. to Noon*
*** Registration Required**

To register, or for more information call (510) 574-2053

Social Media for Small Businesses

Are you a small business owner or employee looking for more strategies and marketing tools to promote your business? The Alameda County Small Business Development Center (SBDC) is holding a “Social Media for Small Businesses” course on Monday, April 21 from 6 p.m. to 8 p.m. at the Fremont Main Public Library. In this course, you will learn how to market your business using social networking tools, such as Facebook, Twitter, Yelp, and LinkedIn. For businesses already using social media as a marketing tool, this course will also focus on how to leverage existing social networks to market your business. For more information, or to register for this workshop, visit www.acsbdc.org/events2.

Check Out our Spring School Break Camps

Looking for something for your child to do over the spring school break, scheduled from April 21 through April 25? Visit www.Fremont.gov/DayCamps for more details on the camps listed below as well as other school break camps. We've got just what you need!

Sports: Ultimate Sports Camp, Tennis Camp, Basketball Clinics, Indoor Sports Jam & the JRSA Skateboarding Academy.

Just For Fun: Little Bit of Everything, Spring into Fun, Adventures @ Ardenwood, Jr. Rangers, Kids Cultural Dance, Wealthy & Healthy, and an all NEW Hogwarts Academy.

Academic Enrichment: Communication Academy (Essay Writing/Public Speaking/Student Leadership), Chess, Mad Science (Fizz-ical Phenomena & Chemistry), Play-Well TEKnologies and Jedi Engineering with LEGOS, and Lekha Publishers (Create a Book, Early Reading, Creative Writing).

Art Camps: Dirty Hands Camp, Digital Photo, Project Runway, Cook 'n' Art Camp, Creative Cross Stitch, and the Fine Art Studio-Book Arts Camps.

Make sure your child has a great time during their spring break and sign up early. Check our Recreation Guide for more classes and details at www.Fremont.gov/RecGuide. To register, visit us online at www.RegeRec.com. We'll see you at camp!

Public workshop will explore financial implications of the drought

SUBMITTED BY FRANK JAHN

The Alameda County Water District announced today that it will hold a workshop to evaluate options for dealing with the adverse financial impacts of the drought. The workshop will be held on Tuesday, April 15 in the Multi-Purpose Room at ACWD headquarters in Fremont.

Due to historically dry conditions, the ACWD Board of Directors declared a water shortage emergency in Fremont, Newark, and Union City on March 13 and adopted an ordinance that includes mandatory water-use restrictions. These restrictions will help to achieve a 20% District-wide reduction in water-use, which is needed if the Tri-City area is to have a reliable water supply throughout the coming summer and fall.

With increased conservation however, comes financial challenge. “Conservation will be critical during the coming months,” noted ACWD Board President Paul Sethy. “But conservation means less revenue for the District, and ACWD must continue to fund the treatment and distribution of drinking water. These fixed costs are considerable.”

ACWD staff is exploring a number of options to meet the financial challenges related to decreased revenue. These include cutting expenses, delaying capital projects, implementing a tiered rate structure, depleting cash reserves, issuing a new bond, or any combination of these.

“Staff is looking closely at the option of implementing a tiered rate structure as early as July, 2014,” said ACWD General Manager Walt Wadlow. “We were thinking seriously about recommending a change to tiered rates in February of 2015, but moving the implementation date up by seven months would give us another valuable tool in combating the drought.”

ACWD customers interested in learning more about the financial challenges facing the District as a result of the drought, or in participating in the discussion on how to mitigate these challenges, are encouraged to attend the Board workshop on April 15.

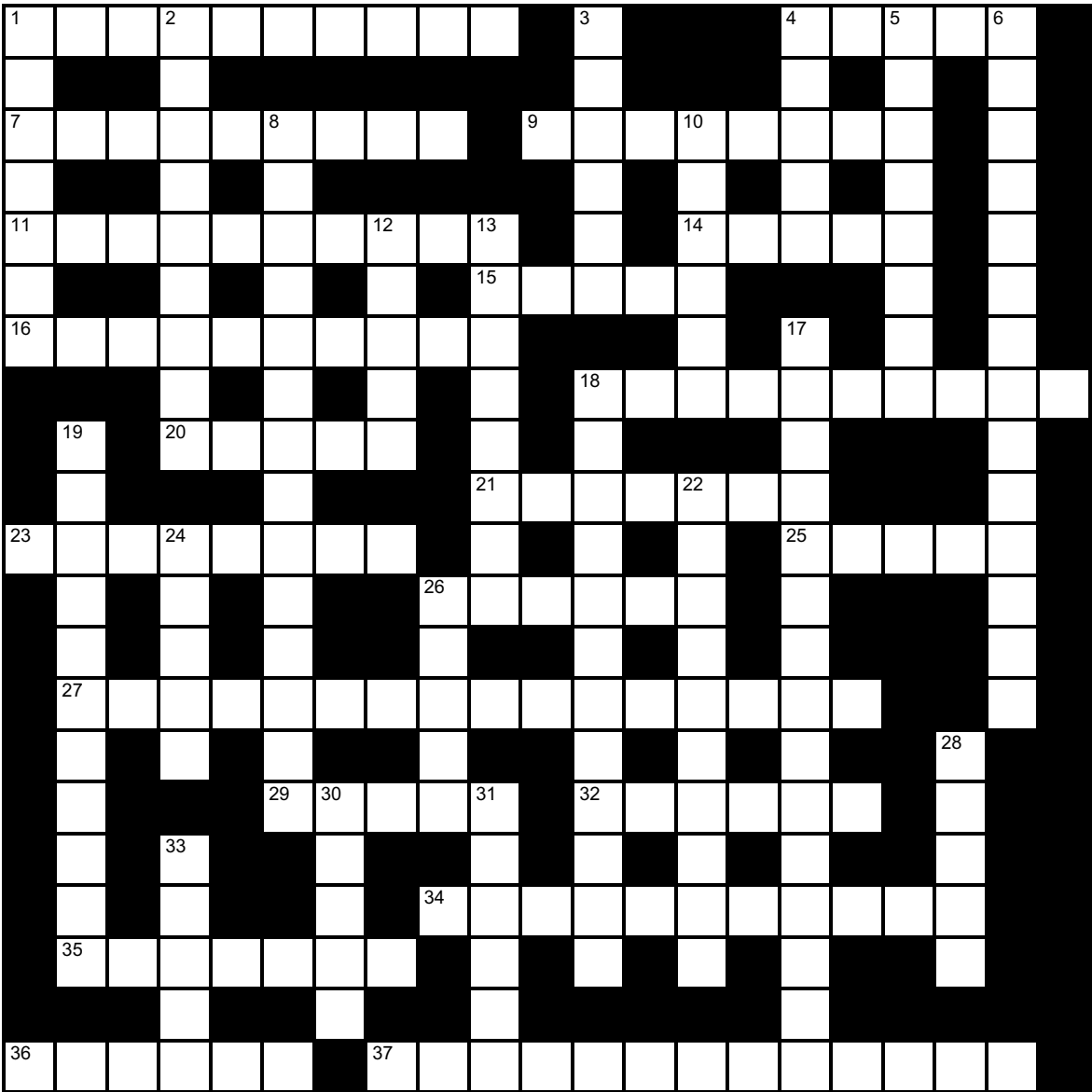
Drought workshop
Tuesday, Apr 15
4:30 p.m.

Alameda County Water District
43885 S. Grimmer Blvd, Fremont
(510) 668-4200 www.acwd.org

Mind Twisters

Crossword Puzzle

B 261



- Across
- 1 Enough for that purpose (10)
- 4 ____ Tuesday (5)
- 7 Making it stronger, making rules (9)
- 9 Trained military people (8)
- 11 Made up one's mind (10)
- 14 Beat (5)
- 15 British Commonwealth member (5)
- 16 Totally crazy (10)
- 18 Elementary mathematics, computation (10)
- 20 Coast (5)
- 21 No Clue
- 23 Most important element in a group (8)
- 25 Really bad (5)
- 26 Minute subdivision (6)
- 27 Onus of carrying out some duties (16)

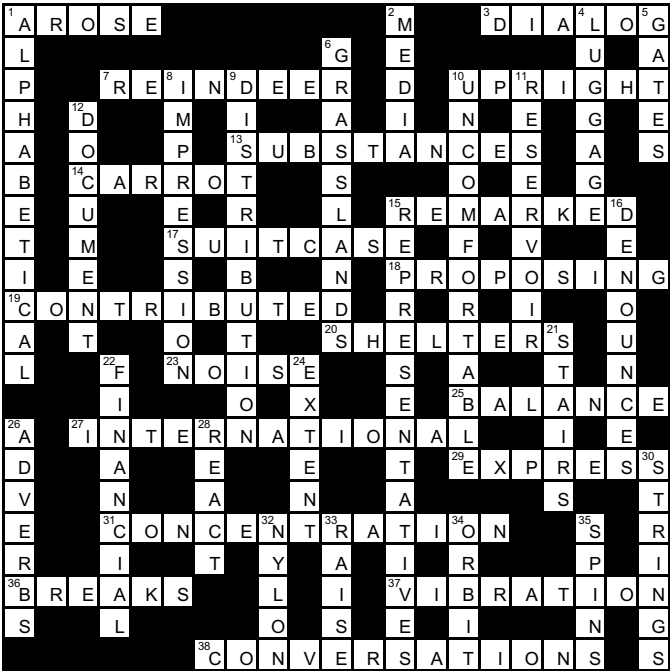
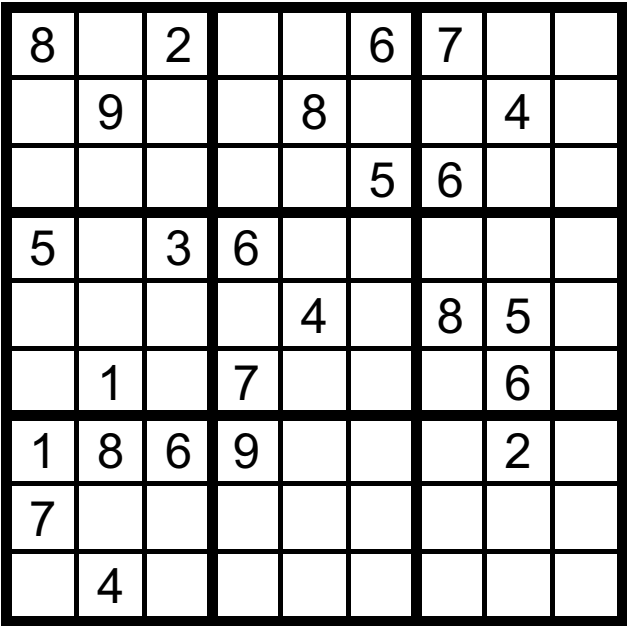
- 29 Airs (5)
- 32 Mountain top (6)
- 34 Long sleep in winter (11)
- 35 Adult (5-2)
- 36 ____ puzzle for putting pieces together (6)
- 37 Connections by blood or marriage (13)

- Down
- 1 Slight (7)
- 2 Blooming from bud (9)
- 3 Orange cut in pieces (6)
- 4 Animal in a roundup (5)
- 5 Not negative (8)
- 6 Duty or chore (14)
- 8 Advertisement, TV, radio (14)
- 10 Michener best seller (6)

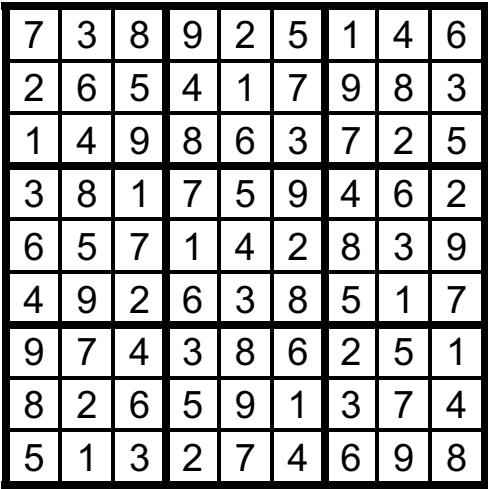
- 12 Who "ever loved you more than I," in song (2-3)
- 13 Clear cut (8)
- 17 Features of some animal or species (15)
- 18 Achieved a lot (12)
- 19 Working together in harmony for a common goal (11)
- 22 Happiness about something (10)
- 24 Dander (5)
- 26 Getting on (5)
- 28 Squeals (5)
- 30 Arise (5)
- 31 Curvy staircase (6)
- 33 Various emotions of a person (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 260



Tri-City Stargazer APRIL 16 – APRIL 22 2014 BY VIVIAN CAROL

For All Signs: The ongoing tension between Uranus (for the people) and Pluto (for the Plutocrats) is punctuated this week by transiting Jupiter, which is creating a triangle among the three. Jupiter represents “meaning” and might bring difficult circumstances together by creating a joint purpose that everyone can agree upon. At worst, this combination could create drama triangles to individuals and the world at large.

In a drama triangle there is a victim, a perpetrator, and a rescuer. Sometimes they alternate roles. For example, the rescuer in one scenario may be turned on by both the vic-

tim and the perpetrator, and his/her role becomes that of the victim. Previous agreements may be broken and/or negotiations may break down. Stay awake and steer clear of these dysfunctional games. Each of us can contribute to a better whole by concentrating on the next most mature thing to do. Don't make decisions precipitously and have a good night's sleep before making a choice.

Aries the Ram (March 21-April 20): Please read the lead paragraph. You will be tap-dancing really fast to stay out of the fray. You know you don't want to get tangled in it, but others may be attempting to reel you in. You know clearly where boundaries should be drawn. The best of verbal warriors is concise and says what is needed, but no more.

Taurus the Bull (April 21-May 20): The sun returns "home" to your sign this week. You likely will find it to be energizing. Now is the time to focus on new plans for this next year of your life. Take a fresh look at where you want to direct your energy. Use this month to let go of past hurts and take a deep breath of healing energy.

Gemini the Twins (May 21-June 20): This looks like a week in which you really want to say your piece, but you have a sense that would be a bad idea. Agreed, if you feel so upset that you can't present your case with compassion. But if you give attention to everyone's feelings and present it tactfully, you could accomplish an improvement.

Cancer the Crab (June 21-July 21): It is imperative that you stand in your personal truth during this spring. There are pulls and tugs all around you from powerful voices, demanding your service or attention. When you become fatigued, you must say no and retreat into your shell to recover. Many of you will be campaigning to right a travesty in your territory.

Leo the Lion (July 22-Aug 22): Your general attention is shifting for the next month into the arena of your career and overall life direction. Whatever you have created thus far will be noticed and perhaps applauded. As a talented leader, you may attract an invitation to manage an upcoming project.

Virgo the Virgin (August 23-September 22): You may be feeling irritable and a little nervous. You can't be sure whether someone significant in your life is really telling you the truth or treating you honestly. The probability is that there is some sort of deception present. Take good care of yourself.

Libra the Scales (September 23-October 22): During this period you will likely find yourself in various time bind situations that demand your attention. If the pressure is too much, your body may break down. Mars is retrograding in your sign. You may be harboring a secret that adds to the stress level of everyday life.

Scorpio the Scorpion (October 23-November 21): It is possible that you feel trapped in a situation with no place to go. Keep your nose clean and your mouth shut. You are in a setup that could create explosive circumstances. Do not take the role of the critic, lest you lose something precious. In time you will break free, but you cannot force it now.

Sagittarius the Archer (November 22-December 21): You have the desire to become the best you can be. You want wisdom, respect, and the good for everyone in your life. However, something drags you backward and hangs upon you like a leaden sack. It is something you would rather not admit that keeps you in an uncomfortable place. For some it could be financial, for others fear of controversy.

Capricorn the Goat (December 22-January 19): You are prone to overreact to anything that is in your way. Make an effort to stop and really think about it before indicting anyone. Search for compromising point of view that is strong enough to contain both you and your opponent's belief systems. Together you could create something much better than you can apart.

Aquarius the Water Bearer (January 20-February 18): This is a great week for a getaway. Do something novel, even if you don't leave home. Your mind is open to whatever seems fresh and unique. A surprise may occur related to a roommate, neighbor or a sibling. If you cannot get out of Dodge

this week, then begin plans for a getaway in the near future.

Pisces the Fish (February 19-March 20): You may be feeling vague and unclear about your financial picture this spring. It is possible that an unexpected expense has developed this month and you may be working at plugging that hole. Love and creative life feels good and it is healing an old wound.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



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OPINION



WILLIAM MARSHAK

Pledge of Allegiance

and quality of life. In just about every single week, meetings are scheduled that impact our communities. Without participation from the “moderate middle,” decisions can be influenced by the actions followed by reactions to ideologues. Each week, public meetings are held by a variety of agencies, councils, commissions and boards. These are easily accessed and agendas are typically published in advance on official websites. Can each of us spare an hour or two each month to monitor what is happening in our communities? Although some meetings are accessible via the internet and/or television, there is a difference when attending in person. Nuances and comprehensive views are not always caught on camera. Also, civic leaders need to know that the public is on hand to weigh whether comments are simply campaign comments or reflect rational and thorough consideration of issues.

This week, two public agencies are considering significant issues that will affect the general public of the Tri-Cities. Why not visit one of them?

Drought Workshop

Are you interested in staying alive? You will need adequate and safe water to do it. Come to the Alameda County Water District drought workshop this evening - April 15 - beginning at 4:30 p.m. A state of emergency has already been declared due to the drought but what are the long term effects? Are rates about to skyrocket? Do you want to let your representatives that you care about this? Come to this meeting to find out what is planned for your future. Drought workshop at Alameda County Water District, 43885 S. Grimmer Blvd, Fremont, (510) 668-4200, www.acwd.org

Ohlone Colleg

frontage development

Development on the frontage property of Ohlone College may impact schools and traffic along Mission Boulevard. Find out what is planned at the Ohlone College Board of Trustees Special Meeting on Wednesday,

April 16 at 7 p.m. Whether pro or con, this planned development will have a significant effect on college finances, traffic circulation and the use of a valued resource, one of our community colleges. Learn about a unique plan for college land and visit with your representatives. Site plan illustrations are available at:

<http://www.ohlone.edu/org/board/2014/20140416boardpacketindex.html>

The meeting will be held on the Fremont Campus at SSC, Room 7101. For a map and directions, visit: www.ohlone.edu.

When we pledge allegiance at meetings, schools, work or wherever, the best way to preserve our heritage is to participate. Each week, there are many ways to do this. Pledge to be active in your community, city, state and country.

William Marshak
PUBLISHER

At the beginning of almost every public meeting in this country, participants and spectators are asked to stand and participate in the recitation of the Pledge of Allegiance. It asks that we, as a people, unite in our dedication to the principles and ideals of our country and form a unique alliance with our fellow citizens to choose those among us who will make laws that govern our actions.

“I pledge Allegiance to the flag of the United States of America and to the Republic for which it stands, one nation under God, indivisible, with Liberty and Justice for all.”

The wording indicates that we all have a stake in the outcome of deliberations by our elected representatives. It is not only their responsibility, but ours as well, to live up to the ideals of freedom and fairness to everyone. This is a lofty idea and we are often reminded through sensational news that it is a difficult goal. But, to make this a reality, all of us must become active and respectful participants in public processes. What began as a patriotic program for schools in 1892 has become a cornerstone of our national psyche.

I, among others, often ask citizens to become more aware and involved in local government. It is here that many critical decisions are made that will affect our welfare

Scholarships available for real estate-related study

SUBMITTED BY GINA CHANNELL-ALLEN

The Bay East Association of Realtors Foundation will offer scholarships for students who are or will be attending junior colleges or four-year colleges or universities for the 2014-2015 school year.

Scholarships are available to students whose primary residence is in Alameda County, have a GPA of 2.5 or higher and are attending a qualified educational institution with programs acceptable for credit toward a bachelor's degree or

higher in a field of study related to real estate.

Applications are available at www.bayeast.org/membership/programs/foundation. Applicants should submit the scholarship application along with transcripts, two letters of recommendation and essay, to mariec@bayeast.org by noon on May 5. For more information, call Marie Cruz at (925) 730-3273.

Created in 1978, the mission of the Bay East Association of Realtors Foundation is to provide financial support for education and charitable needs within the community.



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For more information about becoming a patient care volunteer, please contact

Dawn Torre, Volunteer Coordinator

1-888-493-0734 or 510-933-2181

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East Bay Regional Park District honored

SUBMITTED BY MONA KOH

The East Bay Regional Park District received an Award of Excellence from the California Park and Recreation Society (CPRS) at the 2014 California and Pacific Southwest Recreation and Park Training Conference held March 5-7. The Park District's Healthy Parks Healthy People Festival received top honors in the category of "Creating Community: Health and Wellness."

The Park District held the free Healthy Parks Healthy People Festival at Quarry

Lakes Regional Recreation Area in Fremont for three years – in June of 2011, 2012, and 2013. This event was hosted by EBRPD in partnership with the US Forest Service, in conjunction with its "National Outdoors Day."

EBRPD Board President Ayn Wieskamp enthused, "I can't think of a more worthy prize for the Park District, as this festival is one of our best endeavors ever! Telling people about the parks and how they can have fun, and at the same time get into good habits, is terrific."

51 agencies submitted entries in the "Creating Community" category of the 2013 CPRS Awards of Excellence, and nine awards were given. The Park District's Healthy Parks Healthy People Festival was noted for creative approaches and community collaborations including the partnership with the US Forest Service; culturally diverse entertainment and multi-cultural outreach; engagement with community groups; sponsorships by community partners including Kaiser Permanente and Washington Healthcare System; and youth

engagement. The festival drew 2,000 – 3,500 visitors per year.

Board Member Carol Severin with fellow EBRPD Director Doug Siden accepted the award on behalf of the Park District. "Parks have an important role to play in community health and wellness," remarked Ms. Severin, "The festival was a creative way to engage the public and share the message about outdoor recreation and its benefits."

Find out more at
<http://www.ebparks.org>.

HOME SALES REPORT

CASTRO VALLEY TOTAL SALES: 10							
Highest \$:		1,200,000	Median \$:		550,000		
Lowest \$:		415,000	Average \$:		653,750		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
22090 Betlen Way	94546	465,000	3	1282	1954	03-12-14	
18455 Fleetwood Avenue	94546	519,500	3	1059	1950	03-13-14	
21893 Greenview Court	94546	415,000	3	1282	1954	03-14-14	
18147 Redwood Road	94546	608,000	4	1680	1962	03-14-14	
20924 San Miguel Avenue	94546	513,000	3	1283	1948	03-13-14	
2568 Titan Way	94546	612,000	3	1614	1948	03-14-14	
4239 Veronica Avenue	94546	550,000	3	1330	1957	03-14-14	
20595 Crow Creek Road	94552	800,000	4	2555	1996	03-10-14	
37789 Palomares Road	94552	1,200,000	4	2120	1976	03-10-14	
5188 Silver Birch Drive	94552	855,000	4	2605	1999	03-12-14	

FREMONT TOTAL SALES: 25							
Highest \$:		2,400,000	Median \$:		688,000		
Lowest \$:		268,000	Average \$:		846,340		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
4135 Alder Avenue	94536	720,000	-	1502	1954	03-11-14	
2499 Bishop Avenue	94536	786,000	3	1562	1986	03-12-14	
37820 Bishop Court	94536	780,000	3	1562	1987	03-10-14	
37072 Blacow Road	94536	400,000	2	841	1950	03-13-14	
4686 Devonshire Common	94536	411,000	2	1140	1987	03-14-14	
38784 Huntington Circle	94536	437,000	2	840	1988	03-14-14	
38740 Tyson Lane #111B	94536	500,000	2	1178	2000	03-14-14	
4914 Whitfield Avenue	94536	762,000	3	1700	1954	03-14-14	
3681 Adams Avenue	94538	455,000	3	1380	2002	03-14-14	
3561 Dickenson Common	94538	688,000	3	1638	1997	03-12-14	
42945 Fremont Boulevard	94538	565,000	3	1104	1954	03-07-14	
5074 Hutton Street	94538	658,000	4	1494	1968	03-12-14	
4912 Yellowstone Park Drive	94538	621,000	3	1285	1960	03-14-14	
212 East Warren Common	94539	268,000	1	665	1982	03-13-14	
43399 Gallegos Avenue	94539	1,872,000	3	1092	1961	03-14-14	
43238 Giovanni Terrace	94539	685,000	2	1196	2006	03-14-14	
2117 Kalenda Common	94539	670,000	3	1146	1972	03-14-14	
45075 Manzanita Court	94539	1,200,500	-	1818	1979	03-11-14	
90 Montclair Drive	94539	2,400,000	4	4112	1997	03-11-14	
41429 Paseo Padre Parkway	94539	1,170,000	5	2324	1959	03-11-14	
258 Paso Roble Common	94539	861,000	4	1842	2012	03-14-14	
44306 View Point Circle	94539	1,807,000	5	2704	1990	03-13-14	
34289 Eucalyptus Terrace	94555	837,000	3	1593	1991	03-11-14	
3350 Sanderling Drive	94555	980,000	3	2157	1987	03-07-14	
4820 Touchstone Terrace	94555	625,000	2	1891	1986	03-12-14	

HAYWARD TOTAL SALES: 30							
Highest \$:		910,000	Median \$:		407,500		
Lowest \$:		186,000	Average \$:		420,617		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
1315 A Street #302	94541	210,000	2	1052	1984	03-10-14	
1328 Ash Street	94541	425,000	2	978	1935	03-07-14	
20758 Gribben Avenue	94541	391,000	3	1014	1951	03-14-14	
19263 Hathaway Avenue	94541	360,000	3	1215	1955	03-11-14	
1989 Hillsdale Street	94541	587,000	2	2183	1914	03-14-14	
22010 Lucia Street	94541	407,500	3	1040	1950	03-14-14	
1139 Martin Luther King Drive	94541	475,500	-	-	-	03-10-14	
1163 Martin Luther King Drive	94541	534,000	-	-	-	03-10-14	
2334 Morrow Street	94541	518,000	-	-	-	03-11-14	
553 Perkins Drive	94541	385,000	3	1289	1951	03-11-14	
17119 Santa Fe Street	94541	365,000	2	1218	1953	03-11-14	
720 Simon Street	94541	278,500	2	868	1932	03-13-14	
260 Sunset Boulevard #38	94541	259,000	2	1016	1981	03-14-14	
25659 West Camino Vista	94541	450,000	4	1568	1978	03-14-14	
26985 Call Avenue	94542	775,000	4	3164	1991	03-11-14	
24925 Campus Drive	94542	615,000	-	-	-	03-12-14	
25101 Campus Drive	94542	531,000	4	2527	1973	03-14-14	
27806 Bruno Street	94544	340,000	3	927	1952	03-10-14	
31472 Carroll Avenue	94544	465,000	3	1503	1951	03-14-14	
28203 East 13th Street	94544	265,000	2	802	1942	03-11-14	
29130 Hillview Street	94544	537,000	4	1763	1995	03-13-14	
24820 Joanne Street	94544	431,000	3	1650	1950	03-11-14	
658 River Oak Way #76	94544	190,000	1	531	1985	03-13-14	
1109 Silver Maple Lane	94544	910,000	4	2958	1999	03-14-14	
31818 Trevor Avenue	94544	465,000	3	1228	1955	03-11-14	
325 Valle Vista Avenue	94544	200,000	1	650	1984	03-11-14	
1924 Depot Road	94545	430,000	3	1199	1960	03-13-14	
1234 Stanhope Lane #360	94545	186,000	1	748	1989	03-12-14	
27550 Verona Avenue	94545	403,000	3	1128	1957	03-11-14	
21117 Gary Drive #306	94546	230,000	1	798	1981	03-10-14	

MILPITAS TOTAL SALES: 11							
Highest \$:		960,500	Median \$:		672,500		
Lowest \$:		399,000	Average \$:		669,773		
1529 Coyote Creek Way	95035	672,500	-	-	-	03-20-14	
756 Erie Circle	95035	640,000	2	1459	1984	03-21-14	
688 Fernleaf Drive	95035	684,000	-	-	-	03-19-14	
220 Gerald Circle	95035	883,000	-	-	-	03-24-14	
224 Gerald Circle	95035	831,500	-	-	-	03-21-14	
240 Gerald Circle	95035	960,500	-	-	-	03-24-14	
838 Harmony Place	95035	701,000	4	1764	2000	03-19-14	
1696 Lee Way	95035	634,000	-	-	-	03-24-14	
1149 North Abbott Avenue	95035	405,000	2	1174	1979	03-21-14	
700 South Abel Street #102	95035	557,000	2	1309	2007	03-21-14	
700 South Abel Street #310	95035	399,000	1	932	2007	03-21-14	

NEWARK TOTAL SALES: 07							
Highest \$:		660,000	Median \$:		580,000		
Lowest \$:		330,000	Average \$:		529,143		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
36267 Birkshire Place	94560	650,000	4	1764	1963	03-14-14	
36336 Cedar Boulevard	94560	444,000	3	1232	1971	03-13-14	
8191 Del Monte Avenue	94560	580,000	4	1871	1976	03-14-14	
37060 Elm Street	94560	660,000	4	1754	2002	03-11-14	
6266 Joaquin Murieta Avenue #H94560	94560	330,000	2	905	1982	03-14-14	
5625 McLaughlin Avenue	94560	580,000	3	1650	1959	03-12-14	
5356 Port Sallwood Drive	94560	460,000	3	1647	1983	03-11-14	

SAN LEANDRO TOTAL SALES: 11							
Highest \$:		615,000	Median \$:		435,000		
Lowest \$:		255,000	Average \$:		449,727		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
589 Bixco Street	94577	600,000	5	2503	2004	03-10-14	
412 Callan Avenue #9	94577	255,000	2	1156	1981	03-14-14	
438 Castro Street	94577	435,000	3	1152	1926	03-14-14	
2328 Claridge Place	94577	405,000	2	1723	1977	03-14-14	
2447 Jamaica Way	94577	444,000	3	1336	1961	03-12-14	
977 Melcher Street	94577	303,000	3	1065	1944	03-11-14	
1266 139th Avenue	94578	410,000	3	1080	1947	03-13-14	
1208 Lillian Avenue	94578	385,000	2	1058	1941	03-14-14	
16033 Selborne Drive	94578	560,000	4	1642	1949	03-12-14	
2101 Sol Street	94578	615,000	3	2112	2002	03-12-14	
15535 Sedgeman Street	94579	535,000	3	1545	1959	03-12-14	

SAN LORENZO TOTAL SALES: 02							
Highest \$:		440,000	Median \$:		430,000		
Lowest \$:		430,000	Average \$:		435,000		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
529 Drew Street	94580	430,000	3	1642	1950	03-13-14	
1681 Via Tovita	94580	440,000	3	1088	1954	03-12-14	

UNION CITY		TOTAL SALES: 05					
Highest \$:		660,000	Median \$:		495,000		
Lowest \$:		347,000	Average \$:		526,750		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
32732 Goshen Street	94587	660,000	4	1802	1985	03-10-14	
4723 Palos Way	94587	347,000	2	1054	1972	03-14-14	
34951 Perry Road	94587	605,000	3	1627	1966	03-14-14	
1068 Sapphire Terrace	94587	495,000	2	1203	2007	03-12-14	



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SPORTS

East Bay holds off Chico State to split series

Baseball

SUBMITTED BY STEVE CONNOLLY

The Cal State East Bay baseball team broke out for 15 hits and held off a late rally by Chico State to pick up an 8-7 road win on April 6th. The Pioneers (17-15, 11-13 CCAA) and No. 5 Wildcats (27-7, 18-6 CCAA) split their four-game series for the second straight season.

Starting pitcher Michael Pope gave the Pioneers an outstanding performance through the first six innings, holding Chico scoreless on two hits as the East Bay offense jumped out to an 8-0 lead thanks to 11 hits in the first five innings.

The Pioneers scored in the top of the first for the third time in four games when Jason Fletcher and Brandon Alexander traded doubles. In the second inning, two singles and a walk loaded the bases with two outs, and Ellis Stephney came up with the big

hit, lacing two-run a double down the left field line to make it 3-0.

Stephney knocked in another run in the fourth with a base-loaded single right after the Wildcats had intentionally walked the red-hot Kelly Starnes. The Pioneers kept the pressure on the following inning, putting two runners on with no outs. An RBI single by Marcus Williams brought home Ryan Kochan, who had walked. Then Starnes hit a hot shot that kicked off the third baseman's glove to plate Daniel Carney, who had singled. By the time Chico escaped the inning, they were on their third pitcher and the Pioneers led 7-0.

After a leadoff double by Zac Chuvala and another Wildcat error, East Bay tacked on one more insurance run in the seventh, and it turned out to be a crucial one.

Pope entered the bottom of the seventh working on a two-hitter and having thrown just 61 pitches when

the Chico bats finally woke up. After getting a key double play to get through a scoreless eighth inning, Pope handed the ball over to Fletcher for the ninth. It looked like Chico had taken all the momentum, but then Kruger got a huge strikeout for the second out to preserve the lead. The next batter grounded a ball between third and short, and Kochan made a nice play to field it and get the force out to end the game.

Pope (2-3) got the win, allowing four earned runs on six hits. He walked one and struck out five. Kruger notched his first save of the season after escaping the jam in the ninth. Stephney went 3-for-6 with a team-high three RBI. Carney and Tyler Buchanan both finished with two hits, and Starnes reached base three times with two knocks and a walk. Williams had a big game with the bat, going 2-for-4 with an RBI and two runs scored.

Baseball

Pioneer Baseball

SUBMITTED BY STEVE CONNOLLY

Hudson Goes the Distance in Win over Otters

Cal State East Bay senior Nick Hudson tossed a complete game on April 11th to lead the Pioneer baseball team to a 6-2 win over visiting Cal State Monterey Bay in the opener of the four-game series between the two squads. The Pioneers (18-15, 12-13 CCAA) won their third in a row and banged out 11 hits, reaching double digits for the second straight game.

"We're playing good fundamental baseball right now," said head coach Bob Ralston after the game. "Guys were having good at bats today, executing bunts, making plays in the field, and Hudson was throwing strikes. We're just going to try to keep it going the rest of the weekend."

Pioneers Rack Up 13 Hits in Series-Clinching Win

The Cal State East Bay baseball team pulled away for a 9-2 victory over visiting Cal State Monterey Bay on a gorgeous Sunday afternoon. With the win, the Pioneers took three out of four in the series, improving their record to 20-16 and 14-14 in CCAA play. The Otters drop to 14-24 and 9-19 in league play.

The East Bay offense racked up 13 hits in the game and broke things open with a six-run sixth inning. Michael Pope allowed just one run over seven innings for his third victory of the season.

Registration now open for Hayward Junior Giants

SUBMITTED BY CITY OF HAYWARD POLICE DEPARTMENT

Registration for the 2014 Season of the Hayward Junior Giants is now open. The season starts June 16 and runs until August 7. All games and practices take place at Larry Standley Field in Weekes Park at 27182 Patrick Avenue in Hayward.

Junior Giants is a free, non-competitive summer baseball program for Hayward youth ages 5-14 years old. The program is run by the Hayward Police Department's Youth and Family Services Bureau (YFSB) SROs and Counselors, in partnership with the SF Giants Community Fund and the Hayward Area Recreation and Park District (HARD).

In addition to learning basic baseball skills, the Junior Giants participate in programs that encourage education, healthy eating, violence prevention and positive character development. The kids also receive free

breakfast and lunch through the 'Let's Do Lunch Hayward ... and breakfast too' Program. The SF Giants Community Fund provides all of the uniforms, equipment, and training necessary to run a league, as well as prizes and tickets to select Giants games so youth can experience Major League Baseball.

All interested players must sign up online at www.jrgiantsregistration.org.

If you need help with registration, YFSB staff will be available to assist you on Wednesday, May 7 from 3 p.m. to 5 p.m. or on Wednesday, May 14 from 4 p.m. to 6 p.m. at Bret Harte Middle School located at 1047 "E" Street in Hayward. We will also be available to assist with registration on Thursday, June 12 from 2 p.m. to 4 p.m. at the Weekes Branch of the Hayward Public Library located at 27300 Patrick Avenue in Hayward.

For more information, contact Youth and Family Service Bureau at (510) 292-3333.

Water Polo Earns Wire-to-Wire Win

Women's Water Polo

SUBMITTED BY SCOTT CHISHOLM

Cal State East Bay never trailed during its 10-7 road win over Sonoma State on April 11th. Senior Sara Hudyn scored five times and vaulted into second on the program's all-time scoring list after leading the Pioneer offense against the Seawolves.

CSUEB defeated SSU for the third time this season. The Pioneers defeated the Seawolves by one in the opener on Feb. 9, two in the second meeting on March 9, and three in the regular season finale.

Softball

CSUEB Softball Report

SUBMITTED BY SCOTT CHISHOLM

Solo homers En-Abel Pioneers Cal State East Bay blasted six solo home runs during an April 11th league doubleheader with Cal State San Bernardino at Pioneer Field. A program-tying single game record five came in a 6-3 game one victory, while Jaynie MacDonald's game two blast was the only run in a pitcher's duel ending with Jordan Abel notching the first complete game shutout of her collegiate career.

The Pioneer home run frenzy was off and running as leadoff batter Lauren Vestal belted her second of the

season and first at Pioneer Field. A run-scoring double from Chelsie Kakela later in the frame gave East Bay a lead that Emily Perlich would enjoy throughout the series opener.

Meli Sanchez and Ali Cerminara each went deep in the third and Alex Vela provided an insurance run and was the fourth long ball of the day in the fourth inning. Equally as important was Vela's defensive effort as she made two diving stops to start 4-6-3 double plays in the fifth and seventh innings.

Kelsey LaVaute launched the first pitch offering from relief pitcher Brandy Morin over the wall in center field in the sixth inning providing the final 6-3 score. She is now tied for the team lead with seven homers this season and equaled the team's record with five homers in a game set two seasons ago.

MacDonald had both of East Bay's hits in the second game with the game-winner coming in the fourth. She deposited her sixth homer of the season over the left center field wall.

Luhman threw a two-hitter, struck out six and walked two in six innings in the circle. Abel fanned three batters and has lowered her season earned run average from 4.15 to 2.86 over her past three outings.

Perlich sets strikeout record Cal State East Bay softball completed its first California Collegiate Athletic Association (CCAA) series sweep since April 2012 following 8-1 and 3-2 home wins over Cal State San Bernardino on April 12th. Emily Perlich set a new program record with 13 strikeouts in the opener as the Pioneers moved ahead of the Coyotes in the league standings.

Softball

Colt report

COURTESY OF MAXPREPS

James Logan 6 vs. Irvington 0
April 8, 2014

James Logan 13 vs. Washington 0
April 9, 2014

James Logan 14 vs. MSJ 0
April 10, 2014

Men's Golf

Moreau bests Kennedy on links

SUBMITTED BY DAVE BAPTIST

Moreau 236, John F. Kennedy 303 Moreau Catholic Senior Captain Pranav Mohan finished his regular season in style, carding two birdies en route to an even par 36 at Skywest on April 8th. Mohan will be playing

next year for Babson College in Massachusetts.
At Skywest — Par 36
36—Mohan (MC)
43—Montes (MC)
47—Ramos (MC)
49—Smith (K)
54—Galano (MC)
56—Gill (MC)
57—Murugan (K)
59—Fulk (K)
66—Estrada (K)
72—Whitcomb (K)

Intro-to-Curling Clinics

Ever wanted to try curling? This is your chance! Throughout the year the San Francisco Bay Area Curling Club and Sharks Ice offer many low-cost curling clinics, usually at the start of each season. Curling Clinics are a comprehensive introduction to the Olympic sport of curling. You will learn the basics of the game, a bit of curling history, and technique fundamentals. During the second half of the session we also hold mini-games as space and time permit. Curling clinics are also a great chance for our newer members to get a technique refresher! (And, don't forget, the ses-

sions are always followed by some post-curling socializing at the bar!) Anyone of any age or physical ability can curl. Don't worry if you can't manage the traditional lunge; we teach stick curling, too. All of our activities are wheelchair accessible and a few of our curlers are fluent in ASL. Come by yourself or bring your friends and family. We love to meet new people!

Curling Clinics at Sharks Ice
44388 Old Warm Springs Blvd,
Fremont

Thursday, April 24 - 7:30-9:45pm
Thursday, May 1 - 7:30-9:45pm
Thursday, May 8 - 7:30-9:45pm
Thursday, May 15 - 7:30-9:45pm
Thursday, May 29 - 7:30-9:45pm

Adults: \$20, Juniors
(21 and under): \$15

Due to strong interest in these events and our desire to provide the best possible experience, advanced sign-up is required. Purchases are transferable but non-refundable.

For more information, visit: learntocurl-sanjose@bayareacurling.com

Men’s Golf

Moreau bests Kennedy on links

SUBMITTED BY DAVE BAPTIST

Moreau 236, John F. Kennedy 303

Moreau Catholic Senior Captain Pranav Mohan finished his regular season in style, carding two birdies en route to an even par 36 at Skywest on April 8th. Mohan will be playing next year for Babson College in Massachusetts.
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57—Murugan (K)
59—Fulk (K)
66—Estrada (K)
72—Whitcomb (K)

Baseball

Fremont Christian is on a roll

SUBMITTED BY GLENN PON

Fremont Christian 13 vs. Oakland Military Institute 1
April 7, 2014

Fremont Christian School scored 3 in the first and 5 in the second and finished with 13 total runs. Senior Travis Byerly hit an inside the ballpark HR for 2 RBI and doubles in another for a total of 3 RBIs. Conner Edstrom(1-0) started his first game and finished with his first victory. Catcher Alex Chavez threw out four runners. Senior Levon Potoukian was 3 for 3.

Men’s Tennis

James Logan vs. Washington

SUBMITTED BY FRANKLIN KHA

James Logan wins 7-0, 5-2

April 9, 2014
Singles:

1. Rishab Sardana (L) vs Maksh Jawa (W) (6-2 6-1)
2. Bryce Chao (L) vs Leon Eng (W) (6-0 6-2)
3. Calvin Kwok (L) vs Josh Bains (W) (6-1 6-0)
4. Alvin Gao (L) vs Andy Teng (W) (6-0 6-0)

Doubles:

1. Jc Salamida & Jeff Jiang (L) vs Vid Basrukar & Ark Lu (W) (6-4 6-3)
2. AJ Jiro & Sahil Markanday (L) vs Zach Owyong & Alex Peng (W) (6-1 6-3)
3. Caleb Kang & Kashan Kashyap (L) vs Matthew Ko & Mohammed Choudry(W) (7-6 6-3)

James Logan JV wins, 5-2

Men’s Volleyball

American High School at Moreau Catholic High School

SUBMITTED BY LEAH MANALO

April 9, 2014
Moreau Catholic 3, American 2
24-26, 26-24, 16-25, 25-21, 15-9

Stats:
D. Legaspi: 8 digs, 13 kills, 1 block
G. Scully: 3 digs, 10 kills, 5 blocks
R. Aquino: 2 aces, 6 digs, 3 kills, 46 assists



Lady Vikings off to a great start

Softball

SUBMITTED AND PHOTO BY
MIKE HEIGHTCHEW

The Irvington Vikings softball team is off to its best start in years as they beat the Washington Huskies 6-3. Good offense in the second third and fourth innings coupled with a trio in the sixth were too much for the Huskies.

The win showed why they are nipping at Newark Memorial Cougars and James Logan Colts in Mission Valley Athletic League (MVAL) standings. Viking Dahlen Dennis finished with two RBI's and a monster home run to dead center field.

She was joined by teammate Shannon Rodrigues who was responsible for 3 RBI's. The Lady Vikings could be a real threat to the rest of the MVAL if they keep up this pace!

Titans move to tie at top of league



Baseball

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

The John F. Kennedy Titans move into a tie at the top of Mission Valley Athletic League (MVAL) baseball with the Washington Huskies, both holding 5-1 records.

After years of rebuilding and many ups and downs along the way, Titan baseball is once again competitive, holding the top spot with the Washington Huskies. A turning point of this game – and maybe the season - arrived for the Titans when they scored two runs in extra innings on April 11th, beating the Newark Memorial Cougars 5-3. The Titans started their attack early, scoring the first run of the game in the first inning, followed by two more in the fourth and the final blows in the eighth. Cal Stevenson has not only had a great year pitching, but also been a weapon with the bat all year. On the mound, he held the cougars to just three runs for the day. He received the support of his teammates including Mark Wiscombe, Nick Medina and Sean Road, each with two hits; Medina added the biggest punch to the offensive with two RBI's.

The Cougars did not go down without a fight as they put together a three run rally in the fifth which was a bit short; final score: Titans 5, Cougars 3. Newark now falls to 4- 2, one game behind the leaders.

COMMUNITY BULLETIN BOARD

Rotary Club of Niles We meet Thursdays at 12:15 p.m. Washington Hospital West 2500 Mowry Ave. Conrad Anderson Auditorium, Fremont www.nilesrotary.org (510) 739-1000		Daughters of the American Revolution Ohlone Chapter Visit our meetings. We have activities promoting historic preservation, education & patriotism 1st Sat of each mo. Sept - May - 10 am-12 p Centerville Presbyterian Church 4360 Central Ave, Fremont		10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.		The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV	
Rotary Club of Fremont We meet Wednesday at 12:15 p.m. at Spin-a-Yarn Restuaruant 45915 Warm Springs Blvd. Fremont, 510-656-9141 Service through Fun http://the/ fremontrotaryclub.org Please come visit our club We wlecome new members		Friendship Force of San Francisco Bay Area Experience a country and its culture with local hosts and promote global goodwill. Clubs in 56 countries. Visit Australia in Feb. Host French in Sept. Monthly programs & socials. www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857		KIWANIS CLUB OF FREMONT We meet Tuesdays at 7:00 a.m. Fremont/Newark Hilton 39900 Balentine Drive, Newark www.kiwanisfremont.org Contact Elise Balgley at (510) 693-4524		Fremont Area Writers Want to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except July and December. Rm. 223 at DeVry University, 6600 Dumbarton Circle, Fremont Call Carol at (510) 565-0619 www.cwc-fremontareawriters.org	
Dawn Breakers Lions Club Our Motto is: WE SERVE Meetings -1st & 3rd Thursdays 6:45am-8am El Patio Restaurant 37311 Fremont, Blvd., Fremont We welcome Men & Women with desire to serve our community 510-371-4065 for Free Brochure		Afro-American Cultural & Historical Society, Inc. Meetings: Third Saturday 5:30pm in member homes Call: 510-793-8181 for location Email: contact@aachisi.com See web for Speical Events www.aachis.com We welcome all new members Celebrating 40th anniversary		Maitri Immigration Program Free Assistance and Referrals for Domestic Violence Survivors. Provide Services in Hindi, Punjabi, Bangla, Tamil and many other South Asian languages. Crisis line: 888-8-Maitri Please call for screening. email: immigration@maitri.org		Help with Math & Reading You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. Contact 510-797-2703 dia_aarp_4486@yahoo.com	
The League of Women Voters invites you to visit our website at www.lwvfnc.org You'll find valuable information about your community and voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are non-partisan and free to the public.		NARFE National Assoc of Active and Retired Federal Employees Meet 4th Friday of Month Fremont Senior Center Central Park @ Noon All current or retired Federal Employees are welcome. Call Ellen 510-656-7973		Interested in Portuguese Culture and Traditions? PFSA (Portuguese Fraternal Society of America) Promotes youth scholarships, community charities, and cultural events. All are welcome. Contact 510-483-7676 www.mypfsa.org			
Mission Trails Mustangs Mustang & Ford Enthusiast Meets 1st Fri of the Month 7pm at Suju’s 3602 Thornton, Fremont missiontrailsmustang.org or call 510-493-1559 We do Car Shows and other social activities monthly		AARP Newark Meetings Newark Senior Center 7401 Enterprise Drive., Newark last Monday of each month at 10:00 am. All seniors (50+) are welcome to attend Contact 510-402-8318 http://aarp-newark-california-webs.com/		The Union City Historical Museum 3841 Smith St. Union City Open Thurs.-Sat 10am-4pm Visit our Museum. You'll find valuable information about our community, past history and current happenings. www.unioncitymuseum.com Call Myrla 510-378-6376		Unity of Fremont A Positive Path for Spiritual Living 12:30 pm Sunday Service 1351 Driscoll Rd (at Christian Science Church), Fremont 510-797-5234 www.unityoffremont.org “The Church of the Daily Word”	
Bring Your Heart to Hospice Hold a hand, lend an ear, be a hospice volunteer. Vitas Innovative Hospice Care Call Alicia Schwemer at 408/964/6800 or Visit Vitas.com/Volunteers		Docents Needed Museum of Local History 190 Anza Street, Fremont Learn about Fremont’s local history Docent training first Sat. each month Beginning March - 10 am -12noon Call Patricia Schaffarczyk 510-677-8461 pathikes@yahoo.com		Tri-City Volunteers Food Bank Invigorate your spirit & volunteer. Drop ins welcome Mon - Fri. Work off your Traffic violation by giving back to the community in need. Students 14 years & older welcome. Email Erin: ewright@tri-Cityvolunteer.org		Become the speaker & leader you want to be Citizens for Better Communicators (CBC) Toastmasters Guests and Visitors welcome Saturdays 10:15am Unitek College Room 141 4580 Auto Mall Pkwy., Fremont 510-862-0893	
Friendship Force of San Francisco Bay Area Experience a country and its culture with local hosts and promote global goodwill. Clubs in 56 countries. Visit Australia in Feb. Host French in Sept. Monthly programs & socials. www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857.		SparkPoint Financial Services FREE financial services and coaching for low-income people who want to improve their finances. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center To reserve a seat: 574-2020 Fremont.gov/SparkPointFRC		Troubled by someone’s drinking? Help is Here! Al-Anon/Alateen Family Groups A no cost program of support for people suffering from effects of alcoholism in a friend or loved one. Call 276-2270 for meeting information email: Easyduz@gmail.com www/ncwsa.org You are not alone.		Help with Home Repairs from Alameda County No cost or favorable, low interest loans are available for home remodeling for qualified homeowners in Fremont, Union City, Sunol and Newark. Call (510)670-5399 for an application and more information. http://www.acgov.org/cda/nps/	
FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com		SAVE (Safe Alternatives to Violent Environments) Domestic Violence Support Group (Drop In & FREE) Tuesday & Thursday at 1900 Mowry (4th floor in the conference room) 6:45-8:45 pm & Friday 9:15-11:00 am. 510574-2262 Hotline 510-794-6055		SAVE (Safe Alternatives to Violent Environments) FREE Restraining Order Clinic (Domestic Violence) Tues. Hayward Police 1-4 pm Wed. Fremont Police 9 am - 1 pm Thurs. San Leandro Police 9 am - noon Office (510) 574-2250 24/7 Hotline (510) 794-6055 www.save-dv.org		Tri-City Ecology Center Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-783-6222	
SAVE (Safe Alternatives to Violent Environments) Domestic Violence Support Group (Drop In & FREE) Tuesday & Thursday at 1900 Mowry (4th floor in the conference room) 6:45-8:45 pm & Friday 9:15-11:00 am. 510574-2262 Hotline 510-794-6055		Maitri Immigration Program Free Assistance and Referrals for Domestic Violence Survivors. Provide Services in Hindi, Punjabi, Bangla, Tamil and many other South Asian languages. Crisis line: 888-8-Maitri Please call for screening. email: immigration@maitri.org		Hayward Demos Democratic Club Monthly meetings-learn about current issues from experts, speak with officials. Annual special events such as Fall Festival, Pot-lucks and more Meetings open to all registered Democrats. For information www.haywarddemos.org		Tri-City Ecology Center Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-783-6222	
Candidate’s Forum Congressional District 17 Senate District 10 February 1st at Berryess Branch of SJ Public Library 6pm-8pm Sponsored by the Berryessa North San Jose Democratic Club. For more info BNSJDemocrats@yahoo.com		Berryessa-North San Jose Democratic Club Meet 3rd Thursday 7pm-9pm Berryessa Denny’s For more info BNSJDemocrats@yahoo.com or see our Facebook page		New DimensionChorus Men’s 4 Part Vocal Harmony In the “Barbershop” style Thursdays at 7pm Calvary Luther Church 12500 Via Magdalena SanLorenzo Contact: ncchorus@Yahoo.com 510-332-2489		50th Year Class Reunion Washington High School Class of 64’ & Friends September 26 & 27, 2014 Spin A Yarn Steakhouse,Fremont Contact Joan Martin Graham billjoan3@pacbell.net	
FREE QUALITY TAX PREPARATION \$52,000 or less household income Other restrictions may apply Fremont Family Resource Center 39155 Liberty St, Fremont, CA Open: Jan 22 - Apr 14, 2014 Mon & Wed: 4 pm - 8 pm Friday: 10 am - 1 pm Closed 2/17/14 - President's Day Call 510-574-2020 for more info		PLANT SALE Fremont Senior Center Garden Club annual plant sale May 2 (Friday) 9am-2pm 40086 Pasaeo Padre Pkwy Fremont - 510-656-7417 Having a Raffle. Tickets \$2 for one or 2 tickets for \$5. Come support your Garden Club See you There!		Cougars Girls Basketball Camp June 23-27 - M-F Silliman Activity Center 6800 Mowry Ave., Newark Full & Half Day options Girls ages 8-15 Darryle Reina, Camp Director 510-578-4620 www.Newar.org			

COMMUNITY BULLETIN BOARD

510-494-1999 tricityvoice@aol.com

Holy Week & Easter Holy Trinity Lutheran Church 38801 Blacow Rd., Fremont Easter Breakfast between services 10:30am FREE Easter Egg Hunt Please join us! All are Welcomed! For info on Palm Sunday and Holy Week services:www.holytrintiyfremont.org or 510-793-6285	TCSME Model RR Open House - FREE Family Fun Weekend June 14 & 15 Plus Swap Meet on 14th 10am-4pm Niles Plaza, Fremont HO & N layouts in operation Q: bobcz007@comcast.net Nearby: NCRW Steamfest	American Cancer Society Relay for Life of Fremont www.relayforlife.org/fremontca Honoring cancer survivors, promoting healthy living & raising money to help end cancer. Meetings 6:30pm 3rd Tuesday at Anderson Auditorium Washington West, 2500 Mowry ashley.clemens@cancer.org	Fair Trade Festival South Hayward Parish Sat. May 10 -10am-3pm Proceeds to directly to SHP FOOD PANTRY. Enjoy FT coffees, teas, chocolates. Support Fair Trade. Help farmers, workers and artisans. W-Hills Outreach Center 27287 Patrick Ave., Hayward (Across from Weekes Library)	FAA ~ EVENTS Art in the Garden, Artists Call 4/13 - G. Rankin Art Showcase 6/28, 29-Art in the Garden 9/22 Fine Art Show, Receiving Check on-line for ongoing classes, art shows & events www.fremontartassociation.org 37697 Niles Blvd. 510.792.0905
Walk to Cure Arthritis Saturday, May 10th at LifeStyle RX 1119 E. Stanley Blvd., Livermore Registration 8:00 a.m. Walk 10:00 a.m. 1 or 3 mile options, Tailgate Extravaganza, Raffle Prizes, Refreshments, Kids Activities, www.TriValleyArthritisWalk.org or Call (800) 464-6240	Sport's Card Show Saturday, April 12 10am-4pm Hayward Veterans Bldg. 22737 Main St., Hayward The American Legion If you want to take part call Edward Castillo 510-348-7771 email: ercastillo@yahoo.com	Besaro's Spring Boutique Saturday, April 26 9am-3pm 4141 Deep Creek Rd., Fremont Besaro Mobile Home Park Besaro Social Hall Snack Bar will be open Come join the fun! Spread the Word! 510-894-2150		City of Newark 50+ Senior Softball League Players Needed Open Games Mondays & Wednesday Nights Practice starts 3/10/14 @ 5p.m. Season runs 4/7/14 – 6/3/14 Sign-up @ Newark Silliman Center 6800 Mowry Ave., Newark (510) 578-4668

Historical society names new executive director

SUBMITTED BY HAYWARD AREA HISTORICAL SOCIETY

Mr. AT Stephens was recently named Executive Director of the Hayward Area Historical Society. He had been serving as the museum's interim director since last April 2013.

During a career devoted to the public's engagement with history and American culture, Stephens has coordinated the interpretation of historic sites in Northern Virginia; held senior positions at African American-themed museums in Philadelphia and Baltimore and was the vice-president for programs, exhibitions and research during the expansion of the Missouri Historical Society in St. Louis. Additionally, he directed planning for CAM, the Contemporary Art Museum Initiative of the College of Design at NC State University and, while in Raleigh, also assumed fulltime teaching as an assistant professor of Design Studies.

As an educator, planner, and advocate for the role of museums in the marketplace of ideas, Stephens has collaborated with organizations as varied as the multiple sites of the Smithsonian Institution and Colonial Williamsburg, Thomas Jefferson's Monticello, the Levine Museum of the New South, and Laurel Grove, a one-room colored school in Franconia, Virginia. A frequent lecturer on subjects per-



taining to museums, history and informal learning, he has conducted an undergraduate seminar in museum theory for the College of Design at NC State; served on the graduate faculty in Art Education at the Corcoran College of Art and Design in Washington, DC; directed the practicum in Museum Exhibition and Interpretation at the University of Missouri-St. Louis; and taught courses leading to the Humanities' Career Certificate in Historic Preservation at Northern Virginia Community College in Fairfax.

Our new director has served on the boards, councils, and standing committees of a number of the profession's leading organizations. He is the founding chair of the American Alliance of Museum's (AAM's) Standing Professional Committee for Diversity in Museums.

Corbett Assisted Living Legislation clears Senate Human Services Committee

SUBMITTED BY SERGIO REYES

Two important bills by Senate Majority Leader Ellen M. Corbett (D-East Bay) that seek to prevent future tragedies as occurred at the Valley Springs Manor facility in Castro Valley passed from the Senate Human Services Committee on April 8.

SB 894 will bolster and clarify the obligations of the California Department of Social Services (DSS) and licensee when that license is suspended or revoked and ensure the safe relocation of residents when a facility closure occurs. SB 895 will strengthen the assisted living facility inspection process by requiring that unannounced, comprehensive inspections of all residential care facilities for the elderly occur at least annually to ensure the proper quality of care.

In October 2013, over a dozen assisted living residents were left virtually unattended for two days after DSS issued an order to close Valley Springs Manor in Castro Valley in October 2013. DSS issued a report in January 2014 noting the lack of appropriate oversight and follow-up by their department during that facility closure process.

“SB 894 and SB 895 strengthen the assisted living facility inspection process, as well as ensure a comprehensive plan that addresses the immediate and long term needs of assisted living residents following a facility closure,” Senator Corbett said. “I am pleased that my legislative colleagues in the Senate Human Resources Committee have approved these two bills that—at their core—seek to prevent future instances that may potentially jeopardize the safety of elderly and/or sick residents at assisted living facilities in California.”

The two bills are sponsored by the California Advocates for Nursing Home Reform (CANHR).

SPARK! Compete for a cause

SUBMITTED BY SANGEETHA LAKSHMINARAYANAN

What is your passion? Is it dance, music, trivia or all of these? Spark has something for everyone. If you are a student in the 5th-12th grade and enjoy dancing, singing or quizzes, then SPARK is a team-focused event you do not want to miss.

SPARK is Aram Sei's inaugural fundraising event. A registered non-profit organization, Aram Sei is based in the Silicon Valley to support grassroots charities worldwide that work in the areas of education and healthcare. As part of the effort to sow the seeds of giving in the minds of the young, Aram Sei collaborates with public libraries to create awareness programs and partners with schools and after-school programs to conduct educational and entertaining events.

SPARK is one such example. Students will have fun while supporting great causes at the same time. Proceeds from SPARK support the underprivileged through Aram Sei projects around the world.

Registration for Spark is now open at www.spark.aramsei.org. To participate, students must first register. The fee is \$15. These fundraising

events include quiz, dance and music shows, held around the Bay Area. Preliminaries of the event will be held in Newark on April 26th and Los Gatos on May 3rd with the finale scheduled in San Jose on May 10. Prizes will then be awarded to winners and runner up teams for each stream: 5-8th grade and 9-12th grade.

SPARK! Compete for a cause

Saturday, Apr 26 (Prelims)
2:00 p.m. – 5:30 p.m.
Rainbow Math After School
39675 Cedar Blvd, Newark

Saturday, May 10 (Finals)
8 a.m. – 5 p.m.
Macla Theatre
510 N. First St, San Jose

(408) 982-7266
spark@aramsei.org
www.spark.aramsei.org
\$15/student participant fee
\$10/public event admission

Pitcher's duel favors Cougars as league play heats up



Baseball

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

Mission Valley Athletic League (MVAL) baseball is hot this year as three teams – Newark Memorial, Washington, John F. Kennedy – have tied for top honors with records of 4-1. When the Newark Memorial Cougars and Washington Huskies met on April 9th, it was a “must win” for both. The game

quickly turned into a pitcher's duel but the Cougars got the upper hand as Edgar Gonzalaz had his fastball and off-speed pitch working, putting together his best performance of the year. He threw a one-hitter with eight strikeouts and drove in the winning run in the top of the seventh inning.

The powerful Huskies attack was shut down for the first time this season; the only hitter to break through was Zac Wallace. Newark was able to provide just enough offense to win. Final score: Newark Memorial 2, Washington 1.

Baby clothing drive

SUBMITTED BY IVY WU

Fremont Unified Student Store (FUSS) is happy to support Loved Twice

(<http://lovedtwice.org/>), a nationwide non-profit organization which clothes newborns in need, with quality reused baby clothing

for their first year of life. FUSS will help Loved Twice collect new/gently-used baby clothes and prepare them for distribution through social workers in the 150 foster agencies, shelters, hospitals, and clinics in the East Bay Area.

Please support this baby clothing drive by donating gently used

or new clothes, shoes, blankets, bibs, etc., for babies (0 - 12 months old). Bring your items to The UPS Store at 47000 Warm Springs Blvd., Fremont. For more information, email info@fuss4schools.org.



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Kid Scoop STEM Explorations

EASTER EGG SCIENCE

The Egg in the Bottle Trick!

Science is really EGGSciting!



Materials for Experiment:

- glass bottle with neck slightly smaller than an egg
- peeled hard-boiled egg
- matches
- strip of newspaper about 1" x 8"

EASTER BUNNY SCIENTIST'S NOTEBOOK

NOTE: This experiment requires an adult assistant!

QUESTION: Can you make an egg drop into an empty bottle if the neck is smaller than the egg?

HYPOTHESIS: What I think will happen:

METHOD:

1. Have an adult light the paper and drop it into the glass bottle.
2. Quickly place the peeled, hard-boiled egg on the opening of the glass bottle.
3. The fire will eventually burn out.

OBSERVATION: Describe what happens to the egg.

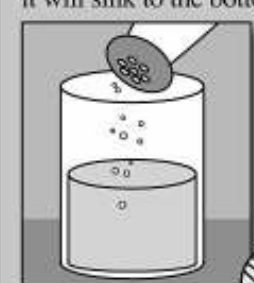
CONCLUSION: Explain what this experiment taught you.

MORE EGGSTRAORDINARY SCIENCE!

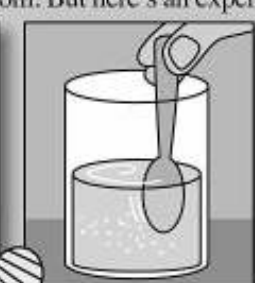
Can you make an egg float?

No, but I can make a root beer float!

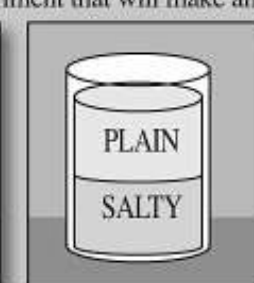
If you gently put an egg into a glass of tap water, it will sink to the bottom. But here's an experiment that will make an egg float.



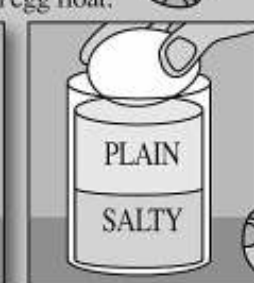
Pour water into a glass about half way. Add 10 tablespoons of salt.



Stir gently until salt dissolves completely.



Carefully add plain water until the glass is nearly full, but try not to mix the plain and salt water much.



Gently place the egg in the glass of water. What happens?

ANSWER: The egg drops through the plain water until it reaches the salty water. Now, when it reaches the salt water, it will magically float in the middle of the glass! Why? Salt water is denser than tap water. If a liquid is denser, it is easier for an object to float.

Replace the missing words to find out!

To begin with, the air pressure _____ the bottle is the same as the pressure outside the bottle. As the _____ inside the bottle is heated, it expands and some air escapes. The egg on top creates a seal. As the air inside gradually _____, the air contracts and takes up less space. Outside air cannot _____ because the egg now seals the top of the bottle. The air pressure inside the bottle is _____ than the pressure outside and so it forms a partial vacuum. This _____ the egg to get sucked into the bottle.

ENTER AIR

INSIDE COOLS LESS FORCES

How many eggs can you find on this page in 2 minutes? Have a friend try. Who found the most?

Extra! Extra!

EGGSTRA-EGGSTRA!

With a buddy, look through today's newspaper for the letters that spell EXTRAORDINARY EGGS. Cut them out. Take turns mixing them up and spelling a new word. A player gets a point for every letter used.

Standards Link: Spelling: Spell grade-appropriate words correctly.

Kid Scoop Puzzler

Unscramble the letters underneath each egg to find out what color to make each egg.

WEYOLL	RULPEP	RAGONE	DRE
INKP	WONRB	UBEL	REGNE

Standards Link: Spelling; spell grade level appropriate site words correctly.

Double Double Word Search

MATERIALS
SCIENTIST
PRESSURE
ESCAPES
METHOD
BOTTLE
FLOAT
COOLS
LIGHT
GLASS
SPACE
DROP
SEAL
SALT
SINK

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

T	H	G	I	L	S	A	L	T	E
G	G	S	E	P	A	C	S	E	E
S	K	N	I	S	T	I	E	G	R
M	A	T	E	R	I	A	L	S	U
E	E	A	A	N	D	A	T	R	S
C	L	T	E	O	S	R	T	A	S
A	S	I	H	S	L	O	O	C	E
P	C	O	R	O	D	F	B	P	R
S	I	N	A	R	D	Y	E	G	P

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

www.kidscoop.com

Plan a Spring Vacation

Look through the newspaper for places to visit during spring vacation and for a way to travel there. Write a paragraph telling about how you would get to the place, what you would do there and why you want to go there.

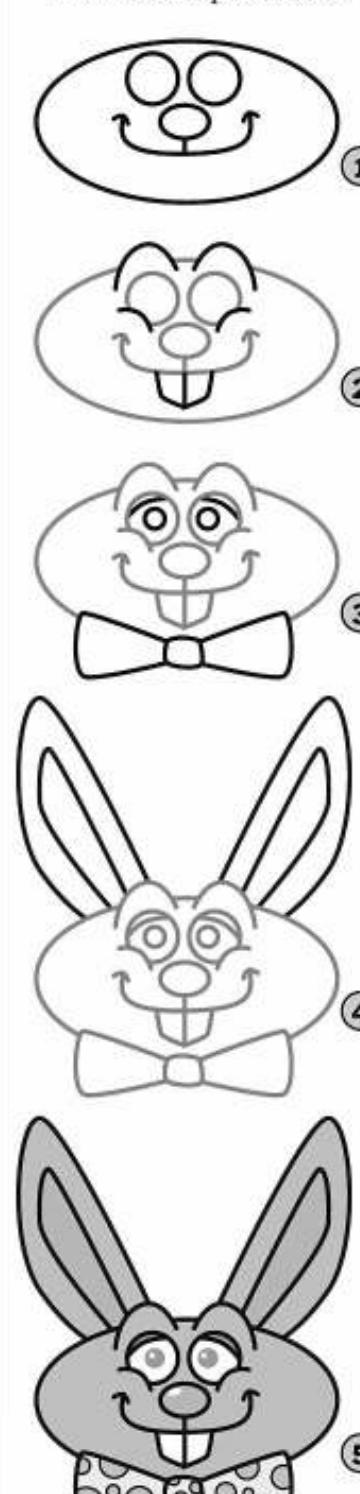
Standards Link: Writing Applications: Write narratives that provide a context for the reader to imagine the experience.

What is the Easter Bunny's favorite sport?

ANSWER: Basketball

Kid Scoop Together: Let's Draw It!

See how to draw more Easter animals at www.kidscoop.com/kids



Standards Link: Visual Arts: Know how to use the organizational principles of art.

Can you unscramble these scientific words? (They're on this page!)

SUSREPRE

CAVUMU

LITRAPA

Kid Scoop VOCABULARY BUILDERS

This week's word: **VACUUM**

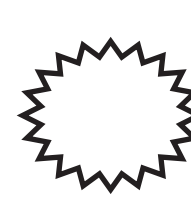
The noun **vacuum** means a space from which most of the air or matter has been removed.

Learning cannot occur in a **vacuum**.

Try to use the word **vacuum** in a sentence today when talking with your friends and family members.

Write On! Scientist Fun

If you were a scientist and could invent something to help the Easter Bunny, what would it be? Explain how it would work.



Are you a writer?

Do you like to write about interesting topics? Are you a whiz with words and like to share your thoughts with others? Can you find something fascinating about lots of things around you?

If so, maybe writing for the Tri-City Voice is in your future. We are looking for disciplined writers and reporters who will accept an assignment and weave an interesting and accurate story that readers will enjoy. Applicants must be proficient in the English language (spelling and grammar) and possess the ability to work within deadlines.

If you are interested, submit a writing sample of at least 500 words along with a resume to tricityvoice@aol.com or fax to (510) 796-2462.

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzusd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Fremont City Council

April 8, 2014

Consent Calendar:

Prepare and file Engineer's Report for Landscape Assessment District 88; levy assessments.

Execute service agreement with TRC Enginners, Inc. for environmental cleanup services at Centerville Unified Site. Service agreement not-to-exceed \$122,240; Successor Agency to pay \$1,750,046.62 for consulting and remediation projects.

(Salwan – recuse).
Approve final map by Lennar Homes of California, Inc. of im-

tract with CA Dept of Aging for mental health services.

Adopt 2014 legislative guiding principles and priorities.

Ceremonial:

Proclaim support for Ducks for Buck\$ race (April 26, 1 p.m. – Lake Elizabeth) sponsored by Kiwanis Club of Fremont.

Other Business:

Presentation by BART Director Tom Blalock of artwork at future Warm Springs/South Fremont BART station by Catherine Widgery – “Sky Cycles” fused glass art - and art upgrades featuring Native American inspired designs for seating and panels of Walnut overpass at current Fremont BART station designed by Joe Kievitt.



BART Director Tom Blalock presented illustrations of artwork for the future Warm Springs/South Fremont BART station and upgrades to the current Fremont station at the Fremont City Council meeting April 8, 2014.

provements for construction at 3111 Washington Boulevard.

Approve final map by Summerhill Driscoll, LLC at 2817 Driscoll Road

Execute grant agreement with Philanthropic Venture Foundation for peer mental health coach program for older adults.

Authorize FY 2014/15 con-

Director Blalock also invited the public to inspect new and improved BART cars at the Fremont BART station from 2 p.m. – 7 p.m. on Monday, April 21.

Mayor Bill Harrison	Aye
Vice Mayor Vinnie Bacon	Aye
Anu Natarajan	Aye
Suzanne Lee Chan	Aye
Raj Salwan	Aye
(1 recusal)	

Newark City Council

April 10, 2014

Presentations and Proclamations:

Presentation by Union Sanitary District (USD) General Manager Richard Currie outlined the actions of the district to maintain approximately 789 miles of pipeline and treat wastewater throughout the Tri-Cities (Fremont, Newark, Union City). Upgrades, infrastructure replacement and energy management of operations were explained as well as inspections, regulatory enforcement and educational efforts of USD. He noted the low cost to customers (in the bottom 12th percentile) relative to similar services in the Bay Area. He was accompanied by USD Board of Directors members Anjali Lathi and Pat Kite.

Public Hearings:

Continued public hearing of development by Trumark Homes has been cancelled. The matter has been referred back to Planning Commission to reconsider the request.

Consider any objections – none through written or oral communication - to weed abatement program.

Replace Inclusionary Housing requirements with a Housing Impact Fee; establish affordable units needed to mitigate impacts of residential development. All permits currently in process will not be affected by this change.

Consent:

Authorization for agreement with

All Star Building Maintenance, Inc. for janitorial services for City buildings – one year extension.

Establish number of residents in City of Newark to determine voluntary expenditure ceiling for November 4, 2014 election. The most recent data from the State of California finds that there are 43,342 residents of Newark.

Authorize annual program submittal for Measure B funds for para-transit services.

Removed from Consent:

Add police lieutenant classification effective April 10, 2014. Public comment: too expensive. Staff response: creates a position between current levels that will actually save money.

Non-Consent:

Approve 2014 Alameda County Transportation Expenditure Plan and recommend placement on November 4, 2014 general election ballot.

City Council Matters:

Change Newark City Council – Board of Education Joint Task Force for Youth Issues to Newark City Council – Newark Board of Education Liaison Committee to broaden scope and mandate of the group.

Appoint Jeffrey J. Lucia to the Community Development Advisory Committee and accept resignation of Tanya Mendoza.

Appoint Sandra Marie Arellano to Senior Citizen Standing Advisory Committee.

Mayor Alan Nagy	Aye
Vice Mayor Ana Apodaca	Aye
Luis Freitas	Aye
Maria “Suky” Collazo	Absent
Robert Marshall	Aye

Union City City Council

April 8, 2014

Proclamations and presentations:

Recognize April 13-19 as “National Public Safety Telecommunications Week.”

Recognize April 26 as Arbor Day
Recognize May 9-18 as East Bay Affordable Housing Week

Introduction of new and promoted employees

Consent Calendar:

Contract with TJKM for engineering design services for the traffic signals at the intersection of 11th Street and Transit Loop Road.

TAKES FROM SILICON VALLEY EAST



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.
To subscribe to all blog posts scan this QR Code or visit ThinkSiliconValley.com/silicon-valley-east/

Learning by Listening

Lessons From Our First Small Business ‘Walk About’

BY KIM MARSHALL, ECONOMIC DEVELOPMENT SPECIALIST

When it comes to small business, we are thinking big in how we connect with this important part of our local economy. Building on an already robust Business Appreciation Visit program, we have begun business district ‘walkabouts’, where we visit as many local businesses as possible within an afternoon. We recently partnered with the Fremont Chamber of Commerce and members of the Centerville Business & Community Association (CBCA) to pilot this concept in Centerville, where we met with nearly 60 businesses.

We learned a lot. Business owners were inviting and shared that they have weathered the worst of the economic downturn. Most provided information on business resources such as free business workshops and no-interest loans through Kiva Zip, and the City's new Business Ally. A general sense of optimism really came through, as well as a strong loyalty and affection for the Centerville area.

Businesses were particularly pleased to hear about new invest-

ment in the area, like the proposed Artist Walk project. Originally facing uncertainty after the demise of California Redevelopment Agencies, the path is now clear for the City's Successor Agency to sell a 6.6 acre site along Fremont Boulevard to BHV Center Street properties. The 4-story project will consist of 185 apartments and 28,000 square feet of ground floor retail. In addition, it will feature a 2,000 square foot space for use local artists and musicians, with priority given to the Centerville community. Construction is expected to begin in spring of 2015.

Our main objective was to listen. So we did. And we got a lot out of it. For one, we got a better sense of the character of Centerville and what types of businesses are in the district, as the chart below shows. We also plan to take the feedback to our other City colleagues and community partners and work together on addressing questions and concerns that were raised.

This first “District Appreciation” effort was a big success. The plan is to make this a quarterly endeavor, targeting a different district each time. Next up will be the Mission San Jose District in May. Let us know if you want to join!

Ohlone College Board of Trustees

April 9, 2014

Ceremonial Items:

Approve resolution to recognize Earth Day.

Special Meeting:

Special joint-meeting with the Fremont Unified School District regarding the sale of frontage property. The school district raised questions and concerns regarding traffic, the attendance of kids living in new developments and the state of the college during planned reconstruction of the Fremont campus.

Consent Agenda (6 ayes, 1 absent - Waters):

Approval of March 2014 payroll warrants in the amount of \$2,260,834.14

In-kind contributions to district in the amount of \$2,922

Review of purchase orders in the amount of \$378,420.56

Ratification of contracts in the amount of \$2,062,153

Notice of completion for contract with VKK sign makers for Fremont campus in the amount of \$65,136.11

Notice of completion for contract with N.S. Construction Guard Rails for buildings on Fremont campus in the amount of \$28,100

Notice of completion for contract with Valley Crest Landscape Maintenance, Inc. in the amount of \$28,533

Notice of completion for contract with Duran & Venables, Inc. for parking lot striping in the amount of \$158,000

Notice of completion for contract with R.C. Benson & Sons, Inc. in the amount of \$45,500.

Notice of completion for contract with Mountain F Enterprises for tree removal in the amount of \$14,384.

Notice of completion for contract with Grade Tech, Inc. for parking lot infill in the amount of \$93,095.40

Notices of completion for contract with Borrego Solar Systems, Inc. in the amount of \$15,817,158.05

Construction management services with Gilbane Building Company in the amount of \$2,171,900.

To the Board for Information Only:

Measure G Update: Bond Series B Issuance.

To the Board for Discussion and/or Action:

Receive of Proposals in response to the resolution of intent to lease property and request for bids for the Ohlone College Frontage Property. Item held for April 16 meeting.

Approve agreement with Credentials, Inc. to increase fees for transcript requests to \$5.00. A student's first two transcript requests will remain free.

Elect board member Rich Waters to CCCT Board of Directors.

Garrett Yee – ChairAye

Greg Bonnacorsi - Vice ChairAye

Teresa Cox Aye

Jan Giovannini-Hill Aye (telecommuting)

Vivien Larsen: Aye

Rich Waters Aye (absent during consent)

Prabhjot Kaur Aye (student member—advisory only)

Revise City's authorized position list and salary compensation plan to reflect the addition of police captain, lieutenant and officer positions, offset by the commensurate elimination of police commander, deputy chief and officer positions, based on pending attrition.

Item Removed From Consent:
Award the accelerated general

plan update contract for \$750,000 for personal services to Mintier Har-nish Planning Consultants and form the General Plan Advisory Committee.

Mayor Carol Dutra-Vernaci: Aye

Vice-Mayor Lorrin Ellis: Aye

Emily Duncan: Aye

Pat Gacoscos: Aye

Jim Navarro: Aye

PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14720635
Superior Court of California, County of Alameda
Petition of: Margaret Houlton for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Margaret Irene Houlton to Margaret Irene Orandi-Knapp

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: July 18, 2014, Time: 8:45 a.m., Dept.: 504
The address of the court is 24405 Amador Street, Room 108, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice
Date: April 8, 2014
Winifred Y. Smith
Judge of the Superior Court
4/15, 4/22, 4/29, 5/6/14

CNS-2609703#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14718095
Superior Court of California, County of Alameda
Petition of: Khampeng Meksavanh for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner Khampeng Meksavanh filed a petition with this court for a decree changing names as follows:

Khampeng Meksavanh to Cammie Ho
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 06/13/2014, Time: 8:45a.m., Dept.: 504
The address of the court is 24405 Amador St., Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City Voice
Date: March 20, 2014
Winifred Y. Smith
Judge of the Superior Court
4/15, 4/22, 4/29, 5/6/14

CNS-2609504#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14716377
Superior Court of California, County of Alameda
Petition of: Brian Smith Wendy McFadden for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner Brian Smith Wendy McFadden filed a petition with this court for a decree changing names as follows:

Grace Loren Grimes-Smith to Grace Loren McFadden-Smith
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: Fri May 23, 2014, Time: 8:45 AM, Dept.: 504

The address of the court is 24405 Amador Street, Room 108, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: Mar 06, 2014
WINIFRED Y. SMITH
Judge of the Superior Court
4/15, 4/22, 4/29, 5/6/14

CNS-2609494#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14719528
Superior Court of California, County of Alameda
Petition of: Joel Van Eck for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:

Joel Van Eck to Joel Noe
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: June 27, 2014, Time: 8:45 a.m., Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What Happening Tri-City
Date: 4/1/14
Winifred Y. Smith
Judge of the Superior Court
4/15, 4/22, 4/29, 5/6/14

CNS-2608553#

NOTICE OF INTENTION TO APPLY FOR
ORDER DECLARING STATUS OF
TRI-CITY VOICE AS A NEWSPAPER OF
GENERAL CIRCULATION (GOV. C. SEC. 6000)

Case No. HG14716669
Superior Court of the State of California For the County of Alameda

In the Matter of the Petition of William Marshak to Have the Standing of "What's Happening's TRI-CITY VOICE" as a Newspaper of General Circulation Ascertained and Established
NOTICE IS HEREBY GIVEN that on May 9, 2014, at 8:45 a.m., or as soon thereafter as the matter may be heard in Department #504 of this court, located at 24405 Amador Street, Hayward, CA 94544, petitioner intends to apply for an order declaring the newspaper known as "What's Happening's TRI-CITY VOICE" to be a newspaper of general circulation for the City of Fremont.

Dated: March 31, 2014
/s/ Stephen F. Von Till
Attorney for Petitioner

PETITION TO ASCERTAIN AND ESTABLISH
STANDING OF THE TRI-CITY VOICE
NEWSPAPER OF GENERAL CIRCULATION IN
THE CITY OF FREMONT (Gov.C.Sec. 6000)

In the Matter of the Petition of William Marshak to Have the Standing of "What's Happening's TRI-CITY VOICE" as a Newspaper of General Circulation Ascertained and Established, Petitioner, William Marshak, declares:
1. Petitioner is sole owner, publisher, and editor-in-chief of the newspaper "What's Happening's TRI-CITY VOICE," referenced herein as "the newspaper."

2. Petitioner seeks adjudication of the newspaper under Government Code Sections 6000, et seq., as a "newspaper of general circulation" in the City of Fremont.

3. The newspaper is a newspaper of general circulation published and distributed for the dissemination of local news and intelligence of a general character in the City of Fremont for which it seeks adjudication.

4. The newspaper has a bona fide list of paying subscribers in said City.

5. The newspaper is printed and published in the City of Fremont, Alameda County, State of California, and has a bona fide list of paying subscribers in said City.

6. The newspaper has been established, printed and published weekly (once per week) in the City of Fremont for at least one year preceding the date of this petition, said one year printing period entirely in the City of Fremont commenced on August 10, 2010.

7. The newspaper has only one principal office of publication, and that is at 39737 Paseo Padre Parkway, Suite B, in the City of Fremont, County of Alameda, State of California.

WHEREFORE, petitioner prays for judgment ascertaining and establishing "What's Happening's TRI-CITY VOICE" as a "newspaper of general circulation" under section 6000, et seq., of the Government Code for the City of Fremont.

Dated: March 7, 2014
/s/ William Marshak, Petitioner

/s/ Stephen F. Von Till
Attorney for Petitioner

Stephen F. Von Till, Bar No. 47217
VON TILL & ASSOCIATES
152 Anza Street, Suite 200
Fremont, California 94539
Phone: (510) 490-1100
Fax: (510) 490-1102

VERIFICATION

I, William Marshak, am the petitioner in the above-entitled proceeding. I have read the foregoing petition and know the contents thereof. The same is true of my own knowledge, except as to those matters which are therein alleged on information and belief, and as to those matters, I believe it to be true.

I declare under penalty of perjury under the laws of the State of California that the foregoing is true and correct. Executed in the City of Fremont, State of California on March 7, 2014.

/s/ William Marshak
4/8, 4/15/14

CNS-2606636#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG14718842
Superior Court of California, County of Alameda
Petition of: Isaias Moreno Perez for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner Isaias Moreno Perez filed a petition with this court for a decree changing names as follows:

Isaias Moreno Perez to Isaac Moreno Perez
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 06/13/2014, Time: 8:45 AM, Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94544

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Whats Happenings Tri City Voice
Date: Mar 21, 2014
Winifred Y. Smith
Judge of the Superior Court
4/1, 4/8, 4/15, 4/22/14

CNS-2603399#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 490211
Fictitious Business Name(s):

The Lil' Genius Kid, 5500 Hansen Rd., Hayward, CA 94541, County of Alameda.

38440 Princeton Ter, Fremont, CA 94535/Registrant(s):

Kidz Grow Inc., 38440 Princeton Ter, Fremont, CA 94535, CA

Business conducted by: a corporation.

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Anil K. Gupta, Secretary

This statement was filed with the County Clerk of Alameda County on April 9, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/15, 4/22, 4/29, 5/6/14

CNS-2610662#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489498
Fictitious Business Name(s):

Leisure Health Spa, 1764 Decoto Blvd., Union City, CA 94587, County of Alameda.

Registrant(s):

Shee Wah Chow, 43988 Rosemere Dr., Fremont, CA 94539

Business conducted by: an individual.

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Shee Wah Chow

This statement was filed with the County Clerk of Alameda County on March 21, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/15, 4/22, 4/29, 5/6/14

CNS-2610658#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 490117
Fictitious Business Name(s):

My Italian Treats, 3340 Coventry Ct., Fremont, CA 94336, County of Alameda

Registrant(s):

Sophia Bianco, 3340 Coventry Ct., Fremont, CA 94336

Piero Bianco, 3340 Coventry Ct., Fremont, CA 94336

Business conducted by: married couple

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Sophia Bianco

This statement was filed with the County Clerk of Alameda County on March 28, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/15, 4/22, 4/29, 5/6/14

CNS-2610193#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489489
Fictitious Business Name(s):

EZ Sun Solutions, 37527 Glenmour Dr., Fremont, CA 94536, County of Alameda

Registrant(s):

Wing Keung Lai, 37527 Glenmour Dr., Fremont, CA 94536

Business conducted by: An individual

The registrant began to transact business using the fictitious business name(s) listed above on

3/20/2014

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Wing Keung Lai

This statement was filed with the County Clerk of Alameda County on March 21, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/15, 4/22, 4/29, 5/6/14

CNS-2609667#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489926-927
Fictitious Business Name(s):

1. Hope Enterprise, 2. Hold On Pain Ends, 6351 Thomas Ave., Newark, CA 94560, County of Alameda

Registrant(s):

Gaurav Kainth, 6351 Thomas Ave., Newark, CA 94560

Business conducted by: An Individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Gaurav Kainth

This statement was filed with the County Clerk of Alameda County on April 3, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/15, 4/22, 4/29, 5/6/14

CNS-2609497#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489800
Fictitious Business Name(s):

Forced Perspective, 35798 Blair Pl., Fremont, CA 94536, County of Alameda.

Registrant(s):

Gabriel Medeiros, 35798 Blair Pl., Fremont, CA 94536

Chad Bice, 420 Alberto Way, Los Gatos, CA 95032

Cameron Cross, 2488 Savannah Court, Oakland, CA 94605

Business conducted by: a limited liability partnership

The registrant began to transact business using the fictitious business name(s) listed above on 3/16/2014

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Gabriel Medeiros

This statement was filed with the County Clerk of Alameda County on April 1, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/15, 4/22, 4/29, 5/6/14

CNS-2609324#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489709
Fictitious Business Name(s):

Destiny International, 26795 Clarkford St., Hayward, CA 94544, County of Alameda

39270 Paseo Padre Pkwy #350, Fremont, Alameda, CA 94538

Registrant(s):

Innocent Anyiam, 39270 Paseo Padre Pkwy #350, Fremont, CA 94538

Business conducted by: An Individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Innocent Anyiam

This statement was filed with the County Clerk of Alameda County on March 28, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/15, 4/22, 4/29, 5/6/14

CNS-2609158#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489741
Fictitious Business Name(s):

Knaec Studio 18, 46539 Mission Blvd., Fremont, CA 94539, County of Alameda;

Birchwood Ter Apt 112, Fremont CA 94536; Alameda

Registrant(s):

Hyzo Studio LLC, 3501 Birchwood Ter Apt 112, Fremont CA 94536; California 201404510332

Business conducted by: a limited liability company

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Chau Ching Lin, Sole Member

Hyzo Studio LLC

This statement was filed with the County Clerk of Alameda County on March 28, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/15, 4/22, 4/29, 5/6/14

CNS-2608561#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 489795
Fictitious Business Name(s):

Arsh, Pickles, 31204 Alvarado Niles Rd., Union City, CA 94587, County of Alameda;</

PUBLIC NOTICES

Blvd., Hayward, CA 94545, County of Alameda; Mailing Address: 5192 Omar St., Fremont, CA 94538
 Registrant(s): Ernesto V. Maningding, 5192 Omar St., Fremont, CA 94538
 Business conducted by: an Individual
 The registrant began to transact business using the fictitious business name(s) listed above on March 17, 2014.
 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Ernesto V. Maningding
 This statement was filed with the County Clerk of Alameda County on March 17, 2014.
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Ernesto V. Maningding
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
 3/25, 4/1, 4/8, 4/15/14

CNS-2601771#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 488529
 Fictitious Business Name(s): **Creaciones Tukina #2, 3909 Washington Blvd., #210, Fremont, CA 94538**, County of Alameda
 Registrant(s): Bertha Canedo, 206 Race St., San Jose, CA 95126
 Olga Muñoz, 3641 Norfolk Rd., Fremont, CA 94538
 Business conducted by: a General Partnership.
 The registrant began to transact business using the fictitious business name(s) listed above on N/A.
 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Bertha Canedo, Partner
 This statement was filed with the County Clerk of Alameda County on February 27, 2014.
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section

17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
 3/25, 4/1, 4/8, 4/15/14

CNS-2601308#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 488481
 Fictitious Business Name(s): **Anh's Nails & Spa, 1554 Washington Blvd., Fremont, CA 94539**, County of Alameda
 Registrant(s): Anh Kim Phu, 5809 Via Lugano, Fremont, CA 94555
 Thien Minh Nguyen, 5809 Via Lugano, Fremont, CA 94555
 Business conducted by: --
 The registrant began to transact business using the fictitious business name(s) listed above on Feb. 26, 2014.
 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Anh Kim Phu
 This statement was filed with the County Clerk of Alameda County on February 26, 2014.
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Anh Kim Phu
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
 3/25, 4/1, 4/8, 4/15/14

CNS-2601301#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 489131
 Fictitious Business Name(s): **Kevin Hom RMI, 32738 Foxglove Way, Union City, CA 94587**, County of Alameda
 Registrant(s): Replice Ministries, Inc., 32738 Foxglove Way, Union City, CA 94587; California
 Business conducted by: a Corporation
 This statement was filed with the County Clerk of Alameda County on March 14, 2014.
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Jimin Chen
 The filing of this statement does not of itself authorize the use in this state of a fictitious business

The registrant began to transact business using the fictitious business name(s) listed above on N/A.
 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Pauline Hom, President
 This statement was filed with the County Clerk of Alameda County on March 13, 2014.
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Pauline Hom, President
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
 3/25, 4/1, 4/8, 4/15/14

CNS-2601178#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 489209
 Fictitious Business Name(s): **I Desert, 1596 Washington Blvd., Fremont, CA 94539**, County of Alameda; Mailing Address: 19062 Madison Ave., Castro Valley, CA 94546
 Registrant(s): I Desert Corp, 2811 Castro Valley Blvd., #110, Castro Valley, CA 94546; California
 Business conducted by: a Corporation
 The registrant began to transact business using the fictitious business name(s) listed above on N/A.
 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Jimin Chen
 This statement was filed with the County Clerk of Alameda County on March 14, 2014.
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Jimin Chen
 The filing of this statement does not of itself authorize the use in this state of a fictitious business

name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
 3/25, 4/1, 4/8, 4/15/14

CNS-2601166#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 488666
 Fictitious Business Name(s): **RealQuest Properties, 37928 3rd Street, Fremont, CA 94536**, County of Alameda; Mailing Address: 40087 Mission Blvd., Fremont, CA 94539
 Registrant(s): Bill Cantrell, 37928 3rd Street, Fremont, CA 94536
 Business conducted by: an Individual
 The registrant began to transact business using the fictitious business name(s) listed above on 11-30-88.
 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Bill Cantrell
 This statement was filed with the County Clerk of Alameda County on March 4, 2014.
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Bill Cantrell
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
 3/25, 4/1, 4/8, 4/15/14

CNS-2600961#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 489239
 Fictitious Business Name(s): **City Nails, 3884 Decoto Rd., Fremont, CA 94555**, County of Alameda
 Registrant(s): Anh V. Do, 183 Senter Rd., San Jose, CA 95111
 Business conducted by: an Individual
 The registrant began to transact business using the fictitious business name(s) listed above on 3/17/14.
 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one

thousand dollars [\$1,000].)
 /s/ Anh V. Do
 This statement was filed with the County Clerk of Alameda County on March 17, 2014.
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Anh V. Do
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
 3/25, 4/1, 4/8, 4/15/14

CNS-2600954#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 489156
 Fictitious Business Name(s): **Pegasus International Courier Service, 47978 Warm Springs Blvd., Suite E3, Fremont, CA 94539**, County of Alameda; Mailing Address: 5 S. Claremont St., San Mateo, CA 94401, San Mateo County
 Registrant(s): Mike Zhu, 5 S. Claremont St., San Mateo, CA 94401
 Business conducted by: an Individual
 The registrant began to transact business using the fictitious business name(s) listed above on N/A.
 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Mike Zhu
 This statement was filed with the County Clerk of Alameda County on March 13, 2014.
 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Mike Zhu
 The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
 3/25, 4/1, 4/8, 4/15/14

CNS-2600527#

continued from page 1

Supermurgitroid! 'Jazz Festival' brings the groove back



Jazz Festival-Trombonist: Special guest artist trombonist Wycliffe Gordon.

the university's theater. Gordon will wail alongside the school's jazz ensemble starting at 7:30 p.m.

Saturday will see the festival shift toward an educational focus as almost 200 high school and junior college jazz bands take to the stage and perform in 45-minute interactive sets evaluated by expert adjudicators. Gordon will perform again alongside CSUEB faculty, including Dr. Dorsey Mitch Butler, the school's director of jazz studies and a seasoned trombonist in his own right. Unique interactive clinics, open to the public, provide vital feedback for the visiting young jazz musicians to hone their craft and learn from today's leading jazz musicians.

"The Bay Area is definitively one of the great bastions of jazz," Dr. Butler said. The size of the region is advantageous, he said, as it has allowed fostering of a number of great local musicians in a wide geographical area.

For almost three decades, the festival's goal for both jazz newcomers and enthusiasts has been to introduce them to the fea-

tured artist and visiting ensembles, promote the school and jazz education, and provide an opportunity for intensive mentoring. "For me, the way I came up was to learn about all genres, to have the knowledge and to develop from there," Dr. Butler said, adding, "The only way to play is to study the craft."

CSUEB first gave jazz a platform in 1986, when Professor Emeritus Dave Eschelman formulated a way for the university to connect with local schools, as well as increase the department's visibility, according to Justin Plank, the school's music resource center coordinator. A huge draw of talent over the years, the festival has seen the likes of jazz clarinet player Eddie Daniels, saxophonist Seamus Blake, and the Tim Armacost Quartet grace the stage. "We want to eventually make it unique," Dr. Butler said about the festival's structure and mission. One of his goals is to incorporate more local community involvement in the thus-far solely campus-based event.

What endures about jazz, one of Amer-

ica's oldest musical genres? In today's musical landscape of Katy Perry, Lorde, and Pharrell Williams, "Jazz is an oasis from that," Dr. Butler explained. It still has a place in music. It's danceable and has conformed and evolved alongside American culture, reaffirming time after time, its relevance and confirming its endurance. "It has a quality that gives a respite from popular music today," he said.

Tickets are available now for Wycliffe Gordon's Friday performance. For more information, visit www.csueastbay.edu.

CSUEB Jazz Festival

Friday, Apr 18 & Saturday, Apr 19
 7:30 p.m. – 9:30 p.m.

University Theatre at CSU East Bay
 25800 Carlos Bee Blvd, Hayward
 (510) 885-3167

<http://www20.csueastbay.edu/class/departments/music/areas/jazz-studies/annual-jazz-festival/index.html>

Tickets: \$10

Parking fee: \$5

A boost for small business

SUBMITTED BY
THOMAS M. BLALOCK, BART BOARD VICE PRESIDENT

I'm sure BART riders don't think about it, but every time they put their ticket into the faregate or tap that Clipper Card, their fare dollars aren't just paying for their ride, they are also putting skilled, but jobless Bay Area residents back to work. It's all thanks to BART's small business initiatives, which the BART Board of Directors recently implemented to help fuel our economy.

It's no secret that small business is driving the nation's economic recovery. According to the U.S. Census Bureau, firms with fewer than 20 workers account for approximately 65% of all new jobs created.

With that in mind, BART's Board of Directors approved several small business initiatives a few years ago, aimed at returning as many state, local and fare dollars as we can to the very people who put money in the

agency's coffers - our riders and taxpayers. Today, I couldn't be more excited to tell you that those initiatives are paying off.

Nobody appreciates BART's efforts to recycle fare dollars locally more than BART rider Terry Johnson, owner of Oakland-based Masterpiece Painting, Inc. He's currently a subcontractor on the \$890 million Warm Springs BART extension and the \$484 million BART extension to Oakland Airport.

Because of BART's small business initiatives, Johnson - a once struggling solo operation - has grown his business to five employees and expects to hire more. Two of Johnson's hires are skilled, union painters who were unemployed for more than a year.

"One of my guys has three kids under the age of six," Johnson said. "He was living house to house with various family members. Now that he's employed, he's looking for a place to rent and to raise his family."

Through the small business initiatives, BART unbundles large contracts and identifies services that local mom and pop shops could do. BART also sets sub-contracting requirements for large-scale corporations to ensure those corporations include small, local businesses in their bid proposals for BART work. BART also organizes matchmaking events to connect local business owners with large corporations.

"Large contractors tend to work with businesses with whom they have relationships," said Andrea Lowe, President of A Squared Ventures - an Oakland based firm that conducts matchmaking events. "So what usually happens is the number of small businesses that have the opportunity to participate is very minimal."

BART's small business initiatives do more than just match little companies with larger ones. BART also hires firms like A Squared Ventures to support small business owners from start to finish on a project. That's because BART knows most small business people have neither the time nor the resources to calculate costs, hire personnel and complete the paperwork associated with being a subcontractor on a large-scale project.

"BART realized that it's not enough to just get small business owners subcontract work. If they go out of business because they didn't estimate the work properly then that's not a success for BART either," Lowe said. "So realizing that small businesses need help on these multi-million dollar projects, BART put several processes in place to support small business owners."

During bidding on the Warm Springs extension, BART used financial incentives

to encourage large corporations to meet BART's subcontracting goals. Warm Springs Constructors - an international joint venture of Kiewit Pacific Company and Mass Electric companies - ended up winning the \$300 million phase two contract, which included construction of the new Warm Spring/South Fremont station. As a result of the incentives, the firm hired Johnson's business. Now he's not only getting paid to paint the new station, he's gaining valuable experience that enhances his resume.

"Bidding on projects like Warm Springs was always out of the picture because of its size and other obstacles," Johnson said. "By breaking down those contracts and having companies like A Squared Ventures assist us, BART made the mega projects available for a small contractor like me. It's really a game changer for my business."

"National firms tend to bring their people in from out-of-the area - those people make their money here, then take it back home and spend it," Lowe says. "Here you have a small Oakland firm, hiring locally and buying from local suppliers. That initial BART fare dollar has now been spent over and over improving our economy."

So riders, the next time you use your ticket or Clipper card, remember, your fare and tax dollars are moving both trains and local businesses like Johnson's forward. For more on BART's Small Business Program visit: www.bart.gov/ocr.



Tour Fleet of the Future train car model

SUBMITTED BY
BAY AREA RAPID TRANSIT

Riders spoke and BART listened when designing the new Fleet of the Future train cars. Now the public is invited to experience what the new fleet will look and feel like during an unprecedented outreach effort with 10 events held all over the Bay Area between April 16th and May 9th. The public will get to walk through the model train car and provide feedback on the new modern features. This tour is the final review of the train car design before manufacturing and testing begin.

By popular demand, the new cars will be:

- Quieter: “micro-plug” doors will help seal out noise

- Cooler: cooling systems will distribute air directly to the ceilings, making it more comfortable for standees on hot days
- Comfortable: padded seats will have lumbar support and will be covered with wipeable fabric for ease of cleaning
- Easy to use: routes will be color coded like the BART system map, and next stop information will be readily available via automated announcements and digital screens.

Tour schedule:

**San Francisco—Justin Herman Plaza
(Near Embarcadero Station)**
April 16, 2014 | 11:30am–7:00pm

West Oakland Station
April 18, 2014 | 2:00–7:00pm

Fremont Station
April 21, 2014 | 2:00–7:00pm

Pittsburg/Bay Point Station
April 23, 2014 | 2:00–7:00pm

**San Francisco—Civic Center Plaza
(Fulton Street near Civic Center Station)**
April 25, 2014 | 11:00am–7:00pm

North Berkeley Station
April 29, 2014 | 2:00–7:00pm

**Milpitas/San Jose—Great Mall
Main Transit Center
(Great Mall Parkway & S. Main Street)**
May 2, 2014 | 2:00–7:00pm

Dublin/Pleasanton Station
May 5, 2014 | 2:00–7:00pm

Fruitvale Station
May 7, 2014 | 2:00–7:00pm

Concord Station
May 9, 2014 | 2:00–7:00pm

More details about BART’s New Train Car Project can be found at:
www.bart.gov/cars

PEN WOMEN & PERFECTION

SUBMITTED BY BRUCE ROBERTS

History has long fingers that reach into the present. When 117 years ago three women organized a group to combat gender inequalities, did they realize that in the year 2014 talented women across the country would still be continuing the struggle in their name?

From April 11 to June 6, the Diablo/Alameda Branch of the National League of American Pen Women (NLAPW) will exhibit their artistic talents at Hayward’s Foothill Gallery in “Art: Believe/Achieve.” Formed in Washington, DC, by three women



journalists who were not allowed into the Press Club, NLAPW today is open to any professional female artist, writer, or music composer. The nine artists contributing to this show live up to the high standards of the organization.

Watercolors by Charlotte Severin are like a tour of the world. France, Mexico, England, Oakland, San Francisco—colorful scenes captured on canvas to grace a room. Similarly, Barbara Spanski’s oils show an eye for detail in multiple settings. From the cows of Mt. Diablo to the Mission Courtyard in Santa Barbara and a Hyde Street cable car, these peaceful settings are complemented by a moving portrait, “Sorrowful Strength,” showing a range of talent.

Range is also displayed by Dori Pendergrass, moving from whimsical collections of paint stir sticks to arresting digital photography to marvelous oils. Her “Reclining Nude” is outstanding, as are the ghostly polemic “Stop Violence and Hate” by Elizabeth Glaubman, and the brilliantly colored abstracts of Elizabeth Hack. Hack’s “Summer Drops Two,” “Tide Tidings,” and “Radiance Green” are spectacular uses of color.

Spectacular, too, are the mixed media masks of Natica Angilly. Paying homage to inspiring artists before her—Emily Dickinson, John Keats, T.S. Eliot—Angilly adapts masks to eye-catching purposes with a variety of background color, leaves, jewels, and fabric. The mixed media creations of Pallavi Sharmi use similar arrays of material to show her thoughts on living in the USA, far from her native India.

All this talent is highlighted further by the beautiful and varied ceramics of Leona Nichandros. Kazumi Cranney provides Haiga—combinations of Japanese Sumi ink drawings and haiku poetry. Her drawing “Pickling Winter Cabbage,” for example, is pulled by her accompanying poem from a simple domestic task into a profound story of tradition and the human reluctance to change: Grandmother; Still holding out; Pickling winter cabbage.

The reception for this showcase of creativity is Saturday, May 10 from 1 p.m. to 3 p.m., be dazzled by the art and meet the artists



who will share brief comments about their works. Writers who are members of the group will give short readings of their work.

Art: Believe/Achieve
Friday, Apr 11 – Friday, Jun 6
Thursday – Saturday: 10 a.m. – 4 p.m.

Reception:
Saturday, May 10
1 p.m. - 3 p.m.

Foothill Gallery
22394 Foothill Blvd, Hayward
(510) 538-2787
<http://haywardarts.org>

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Health&Wellness

GERD and Your Risk
for Esophageal Cancer

April is Esophageal Cancer awareness month. Untreated acid reflux or GERD can lead to serious problems including increased risk for esophageal cancer. Hear from two expert physicians on symptoms and treatments for GERD. Learn the risks for esophageal cancer and the latest surgical treatment options. Co-Sponsored by Washington Township Medical Foundation.

Tuesday, April 29, 2014
6:30 to 8:30 p.m.

Conrad E. Anderson, M.D. Auditorium, Rooms A & B
Washington West, 2500 Mowry Ave., Fremont

Free valet parking available.

Free Community
Seminars

SPEAKERS

Mary Maish, M.D.
Thoracic Surgeon
Washington Hospital Medical Staff

Arun Srivatsa, M.D.
Gastroenterologist
Washington Hospital Medical Staff

To learn more about
seminars offered by
Washington Hospital:

Visit whhs.com/event/class-registration
or call (800) 963-7070

Seminars may be televised on InHealth, a Washington Hospital Channel (Comcast Channel 78) and online at www.inhealth.tv.

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Lose your lawn the Bay-Friendly way

SUBMITTED BY HEIDI ONTIVEROS

Learn how to lose your lawn without tearing it out! This event, presented by a Bay-Friendly Landscaping and Gardening Coalition educator and master composter Lori Caldwell, along with a professional landscape designer, will provide design and plant selection advice and walk you through converting your lawn without breaking your back or your wallet.

There will be a hands-on demonstration of sheet mulching—an innovative technique of layering materials on top of your lawn, allowing you to plant right into it. Plus, learn how you can participate in your local water agency's water conservation rebate program, which could put some green in your pocket!

Attendees will receive a free copy of the Bay-Friendly Gardening Guide and will be entered into a drawing for additional garden gifts. Check out more resources for lawn

conversion at www.LoseYourLawn.org.

Lose your lawn the Bay-Friendly way
Saturday, Apr 26
1 p.m. – 4 p.m.
Hayward Main Library
835 C St, Hayward
(510) 881-7980
www.library.hayward-ca.gov
Free



An Evening of the Arts

SUBMITTED BY NATALIE CAMPBELL

On Thursday, April 17, Sunol Glen School will proudly present its second annual "Evening of the Arts," a talent show and art show combined to showcase the many skills and abilities of the school's students.

Student artwork for grades 1 through 8 will be displayed in the cafeteria for everyone to admire. Parents are invited to look through their children's art for the year, and if they find something that they especially like, they can frame it on the spot! Art will be showcased in a professional black frame with a white beveled mat for \$20. Art cards are also available for purchase, \$10 for a pack of five. These items make fantastic gifts for Mother's Day, Father's Day, birthdays, or whenever! This is the art department's main fundraiser for supplies, so take part and support the arts.

To see examples of art that Sunol Glen students have been working on over the

past year and find out more about the art show, visit www.sunolart.weebly.com.

Doors open at 5:30 p.m.; the talent show begins at 6:15 p.m.

Evening of the Arts
Thursday, Apr 17
5:30 p.m. - 8:30 p.m.
Sunol Glen School
11601 Main St, Sunol
(925) 862-2026
www.sunol.k12.ca.us/



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Sat. & Sun.
7:00 am - 3:00 pm

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LETTERS POLICY

The Tri-CityVoice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published.

Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

tricityvoice@aol.com

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Exp. 4/30/14

Ardenwood Historic Farm

Sheep Shearing Day

11 a.m. to 4 p.m.
Sunday, April 27, 2014

Spring has sprung and it is time for our **sheep's annual haircut.**

Watch as the farm's sheep get sheared. Try your hand at wool carding and see the transformation from fiber to yarn. Activities will be centered in the farmyard, the sheep pens, and near the barn.

- Shearing demonstrations: noon-2 p.m.
- Wool carding and spinning: 11 a.m.-4 p.m.
- Sheepdog demonstrations: noon-2 p.m.
- Craft activities: 1-3 p.m.
- Live music

East Bay
Regional Park District

Ardenwood Historic Farm
34600 Ardenwood Blvd.
Fremont, CA. 94555

Park open: 10 a.m. to 4 p.m.
Park admission: \$8 adults, \$6 seniors, \$5 children (under 4 years old are free)
Free parking

1-888-EBPARKS, www.ebparks.org



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SCHEDULE OF SERVICES:

Tues. Apr. 15th - 7am Pre-sanctified Liturgy
7pm Bridgroom Matins
Wed. Apr. 16th - 9am Pre-sanctified Liturgy with Final Reading of the Prayer of St. Ephraim
7pm Matins for Holy Thursday & Holy Unction
Thurs. Apr. 17th - 7am Vespers & Divine Liturgy - Institution of the Lord's Supper
7pm Matins for Holy Friday w/ Passion Gospels
Holy Friday April 18th 9am-Royal Hours, 3pm-Vespers Before the Cross 7pm- Matins w/Lamentations to the Theotokos & Procession of the Winding Sheet
Holy Saturday April 19th - 9am-Saturday Vespers & Divine Liturgy 15 Old Testament Readings
11:30pm- PASCHAL VIGIL
PASCHA Sunday April 20th Midnight- PASCHAL SERVICES (directly after Vigil) Blessing of the Baskets and Agape Meal
Christ is Risen! Indeed, He is Risen!
1:30pm-Paschal Vespers with Procession
Bright Monday April 21st 9:30am-Paschal Divine Liturgy

JOIN US! 3721 PARISH AVE. FREMONT

For more information:

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510-739-0908

Visit us at: www.stchristinaorthodox.org



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