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The newspaper for the new millennium

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February 4, 2014

Track & field clinic

Vol. 13 No. 5

# Navy Navy Navy

#### PHOTOS BY MIKE HEIGHTCHEW

Each year accomplished athletes gather at James Logan High School in Union City to pass on their knowledge in a hands-on experience. For those with a passion for track and field sports, the "Willie Davenport Olympian Track and Field Clinic" is an exciting opportunity to learn from the best.

The event was created by Logan's track and field coach Lee Webb in order to inspire young athletes in a learn-by-doing setting. Named after five-time Olympian Willie Davenport, who helped Webb build the event into the largest sports clinic of its kind, the day boasts a lengthy who's who roster of decorated Olympians and experts in their

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# brings out the best

# Battle of the Bands

By Medha Raman

For 51 years, the Hayward Area Recreation and Park District (HARD) has sponsored the longest running musical special event in the entire state of California – the "Battle of the Bands"! The event began in the mid-1960s with the vision of former superintendent of recreation Leroy Pergis who wanted to provide a competition for local bands. While varied musical styles from rock,

District serves over 250,000 residents living in Hayward, Castro Valley, San Lorenzo, Ashland, Cherryland, and Fairview. HARD aspires to encourage life-long learning, fitness, and fun through its recreational activities, special events, and services. Proceeds from the "Battle of the Bands" will go toward HARD funding so that it may continue to provide youth programs for the community and improve the quality of life for citizens of all ages.



Nexus practices for the Battle of the Bands.

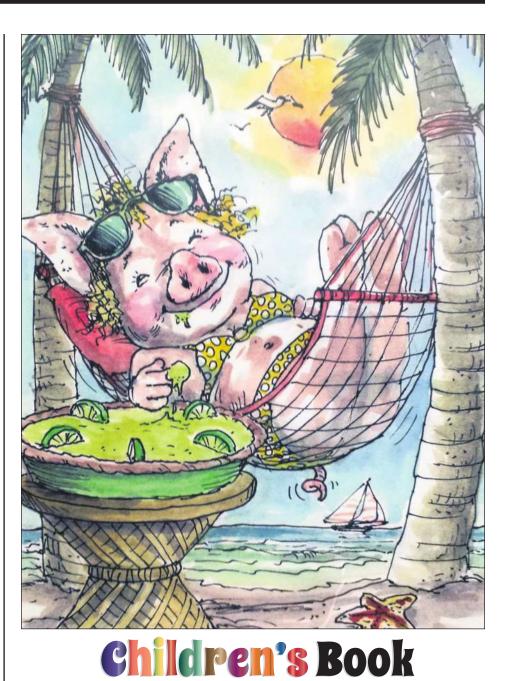
indie, and grunge, to punk, funk, and reggae have grown in popularity and fallen out of favor, the battle has marched on through five decades.

Durability of the event only slightly overshadows the thirty-five years that emcee Mick Flaire has anchored and presented the show. Mick's incredible energy resonates with the audience and the bands benefit from a pep talk from this four-time participant before they take the stage for 12 minutes of fame.

HARD – acronym for the largest recreation district in California – is an independent special use district that has been providing residents with high quality programs, recreational classes, and beautiful parks, since 1944. The Park

"Battle of the Bands" will be held on Saturday, February 8 in the Reed L. Buffington Performing Arts Center at Chabot College. The event is a wonderful opportunity for bands to demonstrate their talent in musical arrangement, song composition, instrumentation, and vocals. Since its creation, the competition has drawn performers from throughout northern California. Of the more than 30 bands that show up to audition, only a dozen are selected to play at the event. This year's finalists include the Rob Sesma Band, Alyssa Granados, Love Lamp, Catatonic Society, There Goes the

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# Illustrators Exhibit

SUBMITTED BY CHRISTINE BENDER

2014 will mark the 25th year of the annual "Children's Book Illustrators Exhibition" held at the Sun Gallery, Hayward. In the years that we have been hosting this show, a lot has changed in the world of publishing; both in terms of production and distribution of print media, and also in the way in which illustrations that accompany print media are

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## **Washington Wellness Center Offers**

# Walentine's Massage Packages

Therapeutic Massage Can Help Relieve Pain and Improve Your Overall Well Being

othing says "I care" quite like a deep, relaxing massage. This month, the Washington Wellness Center is offering four rejuvenating Valentine's massage packages for your sweetheart. If you want to experience wellness massage in a warm and welcoming environment that promotes a sense of relaxation, the Washington Wellness Center has an affordable type of massage therapy just for you.

"Chocolates, flowers - they've been done before," says Laura Constantine, R.N., coordinator of the Washington Women's Center. "Valentine's Day is a great excuse to pamper yourself or someone you love with the gift of massage."

Wellness Massage is a therapeutic service intended to promote your overall well-being and is an important part of the wellness, balance and life campaign that the Washington Wellness Center continues to support.

"Massage is a very important therapeutic approach which is underutilized and underappreciated," says Constantine. "A lot of people think massage is good for muscle aches and pains. But what we have found is that massage activates the body's own healing system and can complement medical therapies."

The Wellness Center will be selling 50-Minute gift certificates throughout the month of February, which may be purchased to treat that special person to a healthy and relaxing Valentine's gift. Certificates must be purchased by the end of February, but they don't expire and men and women can schedule their massage at a date that is convenient for them.

Massage can help reduce the discomfort

- with the following ailments:
- Stress
- Migraine Headaches
- Pregnancy Related Back Pain
- Lower Back Pain
- Sports Related Injuries
- Muscle Tightness
- Fibromyalgia

# Wellness Center Offers Valentines Massage Specials

Valentine's Day is a great excuse to pamper yourself or someone you love with the gift of massage. Washington Wellness Center is offering massage specials to purchase during the month of February. Purchase a 50 minute massage or gift certificate for only \$50, or purchase a massage package at a discount.

- 50-minute Massage or Gift Certificate: Demonstrate the depth of your love by giving the gift of deep soothing massage. Valentine Special \$50
- Friends and Family Package: Purchase a massage for yourself and bring a spouse, friend or significant other. Massages will be scheduled for the same day and time, and take place in separate rooms. Fee: \$90
- Rejuvenation Package: Restore energy and balance with this six session massage package; choose any 50 minute massage



The Washington Wellness
Center is offering special
massage packages throughout
the month of February.
Certificates must be
purchased by the end of
February, but they don't
expire and men and women
can schedule their massage
at a date that is convenient
for them. Call (510) 608-1301
for more information or to
schedule an appointment.
Learn more at
www.whhs.com/massage.

therapy session, Swedish, therapeutic, deep tissue, or sports. Regular price: \$375, Valentine Special: \$270

## Massages performed by experienced therapists

Some people do feel a little awkward the first time they get a massage but we've found that those feelings fade very quickly when you're in the hands of a real professional. Wellness Massage is performed by licensed massage therapists that have received training at accredited institutions.

Every person receiving a massage treatment is greeted with a fresh robe and has their own private dressing area with individual lockers for personal items. Other massage treatment amenities include: hot tea and coffee, fresh fruit, a library with internet connection and a pleasurable ambiance with soothing background music.

Wellness massage is competitively priced and our massage therapists don't accept tips or gratuities.

"We'll make every effort to ensure that your wellness massage is a relaxing experience and the Women's Center offers so many amenities," says Constantine. "We offer friendly and courteous receptionists, comfortable rooms and therapists that are focused on tailoring your massage precisely to your liking."

#### Purchase a Massage Package Today

Call the Wellness Center at (510) 608-1301 to purchase a massage, schedule an appointment or receive more information. The Wellness Center is located at 2500 Mowry Avenue (1st floor, Washington West) in Fremont. Visit www.whhs.com/massage for more information.

# InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv





	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY										
	2/04/14	2/05/14	2/06/14	2/07/14	2/08/14	2/09/14	2/10/14										
PM AM PM AM	Deep Venous Thrombosis	Diabetes Matters:Vacation or Travel Plans?	Heel Problems and Treatment Options	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy	Strengthen Your Back! Learn to Improve Your Back Fitness	Treatment Options for Knee Problems	Minimally Invasive Hip Replacement										
PM AM	Minimally Invasive Treatment for Common Gynecologic Conditions	Women's Health Conference: Can Lifestyle	Voices InHealth: Healthy	Women's Health	Minimally Invasive		Get Your Child's										
PM AM	Women's Health Conference:Aging Gracefully	Reduce the Risk of Cancer?	Pregnancy	Conference:Age Appropriate Screenings	Surgery for Lower Back Disorders	Turning 65? Get To	Plate in Shape										
PM AM PM	Strengthen Your Back! Learn to Improve Your Back Fitness		Healthy Nutrition for Your Heart		Don't Let Back Pain	Know Medicare											
) PM ) AM		Washington Township Health Care District		Washington Township Health Care District	Sideline You	Kidney Transplants	Washington Township Health Care District										
) PM ) AM	Minimally Invasive Surgery for Lower Back Disorders	Board Meeting January 8th, 2014	Vitamins and Supplements - How Useful Are They?	Board Meeting January 8th, 2014			Board Meeting January 8th, 2014										
PM AM	Fitting Physical Activity Into Your Day		Osedi Are They:		Varicose Veins and Chronic Venous Disease	Varicose Veins and Chronic Venous Disease											
PM AM PM	Cataracts and Diabetic Eye Conditions			Influenza and Other Contagious Respiratory			Heart Irregularities										
) AM	Shingles	Alzheimer's Disease	Community Based Senior Supportive Services	Conditions	Superbugs: Are We Winning the	Important Immunizations for Healthy Adults	Voices In Lealth: The										
) AM				Keys to Healthy Eyes	Germ War?	,	Voices InHealth:The Greatest Gift of All										
O PM O AM O PM O AM	Important Immunizations for Healthy Adults?	Disaster Preparedness	Deep Venous Thrombosis	Diabetes Matters: Diabetes Meal Planning			Inside Washington Hospita The Green Team										
) PM ) AM				Disaster Preparedness	Washington Township Health Care District Board Meeting Washington Township Health Care District Board Meeting	Do You Have Sinus Problems?											
PM O AM	Diabetes Matters: Diabetes Viewpoint	Vitamins and Supplements - How Useful Are They?	Wound Care Update	Diabetes Matters:Vacation	January 8th, 2014	January 8th, 2014	Diabetes Matters: Diabetes Resources										
PM AM				or Travel Plans?			Your Concerns InHealth:										
PM AM PM	Washington Township	Latest Treatments for Cerebral Aneurysm?	· Washington Township	Peripheral Vascular Disease: Leg Weakness,	Lunch and Learn: Yard to Table	Inside Washington Hospital: Patient Safety	Senior Scam Prevention										
O AM O PM O AM	Health Care District Board Meeting January 8th, 2014	Keeping Your Heart on the Right Beat	Board Meeting January 8th 2014  Symptoms and Tr & Percutaneous	<b>Board Meeting</b>	Board Meeting	<b>Board Meeting</b>	Board Meeting	Board Meeting	Board Meeting	Board Meeting	Health Care District Board Meeting	Health Care District Board Meeting	Heart on Symp  Board Meeting & Pe	Symptoms and Treatment 4 Spercutaneous (Under the Skin) Treatment 4 How to Maintain a Healthy Weight: Goo	and Treatment The Weight to Success Strengthen Your Treatment Learn to Impr	Strengthen Your Back! Learn to Improve Your Back Fitness	What You Should Know About Carbs and Food Labels
00 PM 00 AM		Disaster Preparednes			Nutrition is Key  Heart Healthy	Minimally Invasive	Getting the Most Out of Your Insurance When You Have Diabetes										
80 PM 80 AM	Inside Washington Hospital: Patient Safety	Diabetes Matters:Top Foods for Heart Health	Heart Healthy Eating After	Financial Scams: How to	Eating After Surgery and Beyond	Surgery for Lower Back Disorders											
O PM O AM O PM	Dietary Treatment to Treat Celiac Disease	Your Concerns InHealth: Senior Scam Prevention	Surgery and Beyond  Learn Exercises to Help	nd Protect Yourself	nd Protect Yourself	d Protect Yourself	d Protect Yourself	Diabetes Matters: Research:Advancing	Diabetes Matters: Protecting Your Heart	Alzheimer's Disease							
BO AM	A Cat Cenac Disease	School Scall Freyericion	Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate		Diabetes Management	Trocceding four Freart											

# Washington Outpatient Diabetes Center Helps Patient Better Manage His Condition

Center
Offers the
Tools
and Support
Needed
to Manage
Diabetes
Effectively

In June 2013, Chandra Shekar-Reddy decided to attend a health fair held at Tesla Motors, where he works. Conducted by health-care professionals from Washington Hospital, the event changed his life.

"I decided to have a blood test," he recalls. "The test results showed I had a blood sugar level of 300. Since I had just had a drink of Gatorade, the nurse asked me to come back in about two hours to repeat the test. The second test showed a blood sugar level of 320, so the nurse recommended that I see a doctor for further testing to see if I had diabetes. The results surprised me because I'm only 34, and I didn't have any noticeable symptoms of diabetes. I did have a family history of diabetes, though. Both my grandfather and my father had diabetes."

The nurse who tested Shekar-Reddy that day was Vida Reed, RN, CDE, a certified diabetes educator and Program Coordinator of the Diabetes Program at Washington Hospital. Vida states that testing done at a health fair by finger-stick is not considered a definitive diagnostic screening for diabetes, and patients should always follow up with their doctors.

A "fasting" blood sugar test measures blood sugar after the person has not eaten for at least eight hours and is the most common laboratory test used to screen for diabetes. Pre-diabetes is diagnosed when the level is 100 to 125 milligrams (mg) per deciliter (dL), and the risk for type 2 diabetes increases if changes in lifestyle are not implemented. A blood sugar level of 126 mg/dL or higher most often means the person has diabetes.

"I followed the nurse's advice and went to see Dr. Michael Parmley, a primary care physician with Washington Township Medical Foundation," says Shekar-Reddy. "He ordered comprehensive blood tests, as well as the A1C test to evaluate my blood sugar levels over a longer period of time. My A1C level was 9.6 percent. My triglycerides also were high at 561, and my total cholesterol level was borderline high at 191. I also was diagnosed with abnormal thyroid hormone levels."

The A1C test, which measures how much glucose is stuck to red blood cells, also can be used to diagnose diabetes, but it is most often used to assess the risk for developing unhealthy complications in a person with diabetes. The A1C test calculates the person's average blood glucose level over the past two to three months. Diabetes is usually diagnosed for an A1C level of 6.5 percent or greater.

Normal levels of triglycerides are below 150; levels above 500 are considered very high. The ideal range for total cholesterol is below 200 mg/dL.

"Dr. Parmley put me on a diabetes medication to help lower my blood glucose and treat the high triglycerides and cholesterol," Shekar-Reddy notes. "He also referred me to Dr. Prasad Katta, an endocrinologist with the Washington Township Medical Foundation."

Both doctors recommended that Shekar-Reddy enroll in the outpatient diabetes education program at Washington Hospital to learn how to self-manage his diabetes.

"The classes I attended taught me a lot about how the medications work and the importance of diet and exercise," he explains. "I also learned about things such as controlling food portions and how to read food labels. I was born in India, and I love Indian food, which often has a lot of carbohydrates. As a result of what I learned, I have made changes such as reducing the amount of white rice in my diet and avoiding other starchy foods and fried foods.

"One of the best parts of attending the classes was meeting with other patients – some of whom had been diagnosed with



Vida Reed, RN, CDE, a certified diabetes educator and Program Coordinator of the Washington Outpatient Diabetes Center teaches people how to self-manage diabetes. In addition to diabetes self-management training, the center offers free monthly "Diabetes Matters" classes on the first Thursday of each month (except July) from 7 to 9 p.m.The next Diabetes Matters class on February 6 will focus on "Diabetes and Heart Disease," featuring cardiologist Dr. Sanjay Bindra as the guest speaker. The class will take place at the Conrad E. Anderson M.D. Auditorium, 2500 Mowry Avenue (Washington West). Call (510) 745-6556 for more information or visit www.whhs.com/diabetes.

diabetes for a long time," he adds. "The other patients shared their experiences of what worked and what didn't work for them. They inspired me."

The classes Shekar-Reddy attended are offered through Washington Hospital's Outpatient Diabetes Center, which is recognized by the American Diabetes Association as a program providing evidenced-based self-management education.

"Our diabetes self-management training program typically provides about 10 hours of education during four sessions, in addition to an individual 30-minute session for each patient with a dietitian and a nurse with specialized training in diabetes," Reed explains. "We have classes in the mornings, evenings and on Saturdays to accommodate people's schedules. We also offer individual instruction for people with language barriers or work schedules that preclude attending the group sessions."

The diabetes self-management training program at Washington Hospital includes instruction in the seven self-care behaviors recommended by the American Association of Diabetes Educators (AADE). The AADE7 Self-Care Behaviors include:

• Healthy Eating – Making healthy food

choices, understanding portion sizes and learning the best times to eat.

- Being Active Determining appropriate levels of exercise to improve blood sugar and lipids control, enhance weight loss and reduce blood pressure and stress.
- Taking Medication Learning how various diabetes medications work, including their actions, side effects, efficacy, toxicity, proper dosage and timing of administration.
- Monitoring Daily self-monitoring of blood glucose levels and regular checks of blood pressure urine ketones and weight.
- Problem Solving Developing problemsolving skills to make rapid, informed decisions about diabetes management, overcome obstacles and develop coping strategies.
- Reducing Risks Learning about effective risk-reduction behaviors such as smoking cessation, blood pressure monitoring and having regular eye, foot and dental examinations.
- Healthy Coping Identifying motivations for changing behavior, setting achievable behavioral goals, and overcoming

Washington Hospital Channel (Comcast

Channel 78) and online at www.inhealth.tv.

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# Enjoy the Health Benefits of Eating More Vegetables—Celebrate Meatless Monday!

## Class Will Show You How to Get More Veggies On Your Plate

The first month of 2014 has passed . . . and are you sticking to your New Year's resolution to get fit and eat healthier? If you've "fallen off the wagon" or your resolve is flagging, don't give up. It's not too far into the New Year to get back on track. And, here's a great way to do it: Meatless Mondays!

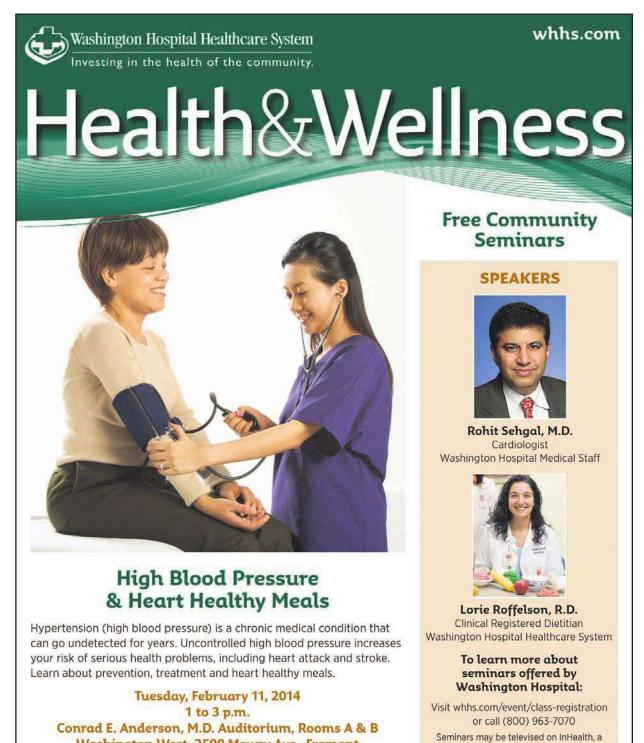
A meatless, or vegetarian, diet has incredible benefits in helping to prevent chronic health problems, like cancer, cardiovascular disease, diabetes, obesity and other conditions.

"The vegetarian diet helps to lower your blood pressure, risk for cancer, and body mass index, a number doctors often use to determine if you are at a healthy

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At the upcoming "Meatless Monday—Get More Veggies on Your Plate" class, you'll have an opportunity to consider how you can fit eating vegetarian into your daily diet. You'll sample meatless products and prepare one item to take home. The class will be held on Monday, Feb. 10 from 7. to 8:30 p.m. at the Conrad E. Anderson, M.D. Auditorium, in the Washington West building, 2500 Mowry Ave. in Fremont. The class is limited to 50 participants and costs \$5 to attend. To reserve your spot, call (800) 963-7070.



Stay connected to Washington Hospital through Facebook, YouTube and Twitter. Watch InHealth Channel

videos, learn about upcoming events and seminars and see what's happening at your community hospital.

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# ALL FUR LOVE ADOPTION

SUBMITTED BY CHRIS GIN

The Hayward Animal Shelter is holding an "All Fur Love" pet adoption event on Saturday, February 8th. A variety of kittens, cats, dogs, puppies, and bunnies need loving homes. The adoption fee for all pets is \$20. A license fee applies to dogs adopted by Hayward residents. More information can be found at: www.haywardanimals.org.

All Fur Love Saturday, Feb 8 11a.m. - 5 p.m. **Hayward Animal Shelter** 16 Barnes Court, Hayward (510) 293-7200, ext. 7 www.haywardanimals.org Adoption fee \$20

# The Song of Hiawatha

By Lai Saetern

Titness a Native American sonnet morph and music when children from the Montessori School of Fremont perform "The Song of Hiawatha." This live opera performance will take place on Friday, February 7 at the Smith Center at Ohlone College.

Elementary students at the Montessori School of Fremont participate annually in an opera where they showcase their theatre arts skills. This year's show was originally a poem written by nineteenth century poet, Henry Wadsworth Longfellow. "Longfellow wrote the poem to bring to the world's attention some of the beautiful legends of the Native Americans," said Katherine Brunner, elementary teacher and program coordinator. "It tells us how Hiawatha brought 'the tribes of men together' in peace and had to welcome the coming of the Europeans to the New World."

Longfellow touched on stories of a legendary Native American chief of the Onandagas and four other tribes. Hiawatha, one of the main characters in the opera, formed the League of Five Nations, otherwise known as Iroquois. He was known to be a wise leader who also had magical powers used for the wellbeing of his people. "Hiawatha has no fears and is confident," said Nilay Rao, a fifth-grader who is playing the title role.

This 22-episode story chronicles Hiawatha's life and lessons, from birth to adulthood to his departure to the Land of the Blessed. The story begins when the Great Spirit and Master of Life, Gitche-Manito, descends from the Land of the Blessed to



Earth. Tribal prophets foresee his arrival and call the chiefs and warriors to a gathering. Gitche-Manito commands them to get rid of their weapons and cleanse themselves of war paint, as they smoke the peace pipe together, disapproving war.

Nokomis, Hiawatha's grandmother, shares stories of her tribe, the Ojibways, with Hiawatha during his childhood. He learns to appreciate nature and has animals as his friends. His rite of passage is established when he courageously travels through the forest alone, killing a deer to provide for his people. He travels to the Great Plains and the land of the Dakotahs, meeting and falling in love with Minnehaha.

With their marriage, Hiawatha hopes that rivalry will end between the Ojibways and the Dakotahs. When famine and fever invade the village, Hiawatha implores Gitche-Manito to provide food to the ailing and dying. During this trying time, his wife passes away. Hiawatha eventually bids farewell to everyone and enters the Land of the Blessed, joining Gitche-Manito.

This inspirational Native-American poem, rich with culture and history, has been brilliantly adapted by the talented duo Sanford and Judy Jones, founders of the Youth Opera International. For over 25 years, they have created over a dozen operas for children, traveling to different

schools to help execute these beautiful performances.

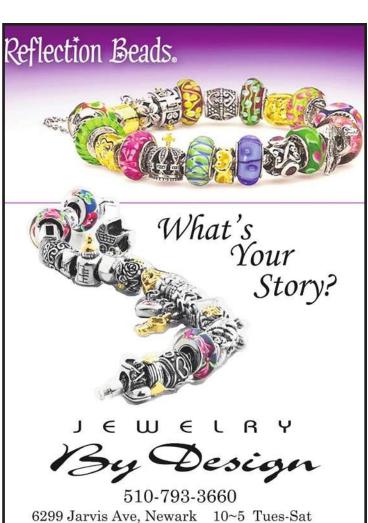
Cast members include all children of the Montessori School of Fremont, grades one through six. Sophia Brunner, a veteran of the Jones' operas, is this year's lead adult soprano for the third consecutive year.

"Participation in the opera provides all the students opportunities to work collaboratively with professional artists, musicians and dancers on a beautiful musical production," shared Katherine Brunner. "This year's opera highlights the Native American culture, inspiring children to engage in research and creative projects that enrich their understanding."

This event is ideal for an evening out with the whole family. The price for an adult ticket is \$12 and \$10 for children, making it affordable and enjoyable. Tickets are available through the Montessori School of Fremont by calling (510) 490-0919. For further information, please visit their website: www.montessorifremont.com/opera.html.

The Song of Hiawatha Friday, Feb 7 7 p.m. Smith Center, Ohlone College **Jackson Theatre** 43600 Mission Blvd., Fremont (510) 490-0919 www.montessorifremont.com/opera.html Tickets: \$12 adults,

\$10 children



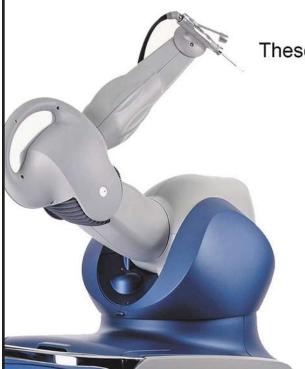




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continued from page 1

# Eattle of the Bands



Time Frame rehearses for their upcoming competition.

Neighborhood, Rusholme, Se7en Dead, Gigantis, Nexus, Faith and Bullets, Time Frame, and Zephyr.

Judges for the event include musicians, songwriters, and other professionals in the music industry. The winning band will be determined through a combination of judge's points based on performance and originality as well as audience reaction. While there have been prizes for new equipment, advertisements, photo sessions, and studio-recording time for the winners, the bands value the prestige of the title Champion of the Battle of the Bands the most. Previous titleholders have gone on to be members of bands such as Faith No More, Y&T, Deep Purple, Mr. Big, Billy Satellite, and Metallica!

Through the 1980s, the event often sold out, drawing about 1,500 people each year; HARD is expecting a gret turnout this year, so buy your tickets soon!

Tickets can be purchased at the HARD District Office at 1099 E Street in Hayward, the Matt Jimenez Community Center located at 28200 Ruus Road in Hayward, or online at www.haywardrec.org. For more information, please contact Mike Maine at (510) 888-0211 or visit haywardrocks.com.

> Battle of the Bands Saturday, Feb 8 6: 30 p.m. **Chabot College** Reed L. Buffington Performing Arts Center 2555 Hesperian Blvd., Hayward (510) 888-0211 www.haywardrocks.com Tickets: \$10 Advance, \$12 Door, \$5 Camera

continued from page 1

# Track & field clinic brings out the best



field. This year's clinic speakers include Michael Powell, World Record Holder Long Jump; Karin Smith, 5-Time Olympian in the Javelin; Eddie Hart, World's Fastest Human 1972; Andre Phillips, Gold Medalist 400 Hurdles; and the Bay Area's most recognizable cheerleader, Crazy George.

Other special guests include Rink Babka, Olympian Discus; Reynaldo Brown, Olympian High Jump; Nkosinza Balumbu, NCAA Champion Triple Jump; Dick Fosbury, High Jump Olympic Champion; Marcel Hetu, Olympic coach; Aaron

Thigpen, elite sprinter and coach; George Rhoden, Gold Medalist 400 Meters; Talia Stewart, All-American Hurdles USC; Robert Poynter, Hall of Fame runner and sprint coach; Ralph Jones, Cal State East Bay Head Coach; James Robinson, 11 time National Champ 800; Ron Davis, San Jose State Olympic Coach and many more.

Rub shoulders with track and field history, improve your performance, and get motivated to be the best you can be at the 28th annual "Willie Davenport Olympian Track and Field Clinic."

Registration costs \$20 for individuals, \$10 for youths 10 and under, \$350 for a team of up to 30 athletes, and \$500 for a team of 50 or more. Visit www.logantrackandfield.com to register.

Willie Davenport Olympian Track & Field Clinic Saturday, Feb 8 8 a.m. - 9 a.m.: Registration 9 a.m. - 4 p.m.: Events James Logan High School 1800 H St., Union City (510) 304-7172 www.logantrackandfield.com Registration: \$10 - \$500

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# Installation of life force

By Arathi Satish PHOTOS BY ARATHI SATISH

uman societies have been practicing diverse rituals throughout the ages; divine rites including symbolic actions prescribed by religious traditions. Sri Siddhi Vinayaka Temple and Shirdi Sai Krupa (SVCC) are holding a major Pratishtapana Mahotsava and Kumbhabhisheka event in which idols of Hindu gods are installed with life force. It is only after this rite is performed that the idol is worshipped.

In Hinduism, three main techniques of worship include: the mantra of Jnanamarg that represents the path of Knowledge; the tantra of Bakthimarg, the path of devotion; and the yantra of karmasanyasmarg, the path of detached action. Images of deities in human form are used as symbolic representations of eternal truth. Emblems which stand for certain deities and symbolic diagrams, drawn or engraved on a surface, are used as instruments of worship.

Pandit R. Uma Shankar Dixit, who has already founded two temples in India and one in Sacramento, California, is will celebrate the opening of the fourth temple in Fremont. Aspiring to spread Hindu culture among the present and future generations, Dixit hopes that the local temple will become a place where universal peace is attained and all religions are respected. Dixit said, "My aim is to encourage maximum community participation in the forthcoming event. We hope this temple helps everyone in the community to come together and participate in making this, their temple, a beacon of light and hope."

Pratishtapana Mahotsava and Kumbhabhisheka rituals will be performed for the deities of Sri Siddhi Vinayaka, Thrayambakeshwara, Vishnu Durga, Subramanya, Ayyappa Swami, and Navagrahas. These rituals give shape to abstract spiritual ideals behind the idol. According to comparative religion scholar Gavin Flood, "A ritual of consecration in which the consciousness of power of the deity is brought into the image awakens the icon in a temple."

According to ancient Indian scriptures, the Prana Pratistapana ceremony conducted on an auspicious day and time installs the deity with divine energy. The Kumbhabhisheka is a procedure followed to recharge the spiritual energy of the deity. This is done by performing an abhisheka or bathing of the kumbha that denotes the crown of the temple tower, which is also supposed to possess the divine power of the deity; waters of the seven oceans and seven holy rivers of India are used for this ceremony.

Several rites will be performed at the SVCC temple from Thursday, February 6, 2014 through Sun-





AlMinardPics221: Pt. U.S. Dixit, founder of the temple.

day, February 9, 2014 to install the deities. Preparatory rituals such as purification rites are followed by assignment of duties special garments to priests. Kalasa stapana, in which the power of the divinities is invoked in the holy waters, are kept in pots. Agni pratishta or fire oblations are conducted. Vastu pooja is then offered to the land on which the temple exists and ankuraarpanam, seeding of the soil. For the purification process the images go through stages. They are kept in grains of paddy and water and an offering of flowers, milk, gold and silver is performed. Finally, the resting place of the images in new clothes and ornaments are determined. Oblations are done by reciting the Vedic chants for each divinity. The ritual of Netronmeelanam opens the eyes of the deities.

Cultural programs will take place on Saturday, February 8 and Sunday, February 9. All are welcome. Park at Mission Valley ROP or nearby; no onsite parking is available. For more information, visit http://Fremont.svcctemple.org, facebook.com/SVCCTemple, or call (510) 403-4256 or (510) 661-0224.

Pratishtapana Mahotsava and Kumbhabhisheka Thursday, Feb 6 – Sunday, Feb 9

Thursday, Feb 6: 6 p.m. - 9 p.m. Friday, Feb 7: 8:30 a.m. - 1 p.m., 5 p.m. - 9 p.m. Saturday, Feb 8: 8:45 a.m. -12:30 p.m., 5 p.m. - 9 p.m. Sunday, Feb 9: 6:30 a.m. - 1 p.m. Sri Siddhi Vinayaka Temple 40155 Blacow Rd., Fremont (510) 403-4256

**Cultural Program Schedule:** 

http://Fremont.svcctemple.org

Saturday, Feb 8: 2 p.m. - 2:30 p.m.: Jaishree and Haripriya - Bharatanatyam Dance 2:30 p.m. - 3:30 p.m.: Indumathy Ganesh & Students of Nrithyollasa Dance Academy 3:30 p.m. - 4 p.m.: Sangeetha Ramalingam -**Classical Vocal Music** 

4 p.m. - 5 p.m.: Anu Suresh & Shruthi Swara Laya Students - Classical Vocal Music

Sunday, Feb 9: 2 p.m. - 3 p.m.: Asha Ramesh and students -**Classical Vocal Music** 3 p.m. - 3:30 p.m.: Sindhu Natarajan - Classical **Vocal Music** 

3:30 p.m. - 4:30 p.m.: Madhuvanti Bhide -Hindustani Classical Vocal Music 4:30 p.m. - 5 p.m.: Sundar Malikayil & Sarada Bhajan Mandali- Classical Vocal Music

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February 4, 2014 What's Happening's Tri-City Voice Page 7

continued from page 1

# Children's Book

# Illustrators Exhibit

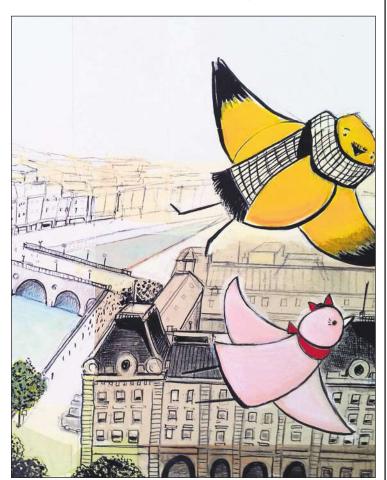


produced and associated with the relevant text. This year we decided to focus both on traditional media and alternative press, so we have included 'zines and comic books as a compliment to works that tie images closely with literature. We are also featuring, for the first time, a book that has been illustrated by children so that visitors to the exhibition are able to see how participation in reading and the visual arts is a collaborative exploration as children grow up around an increasingly diverse environment of language and visual arts.

A Special Teachers Preview
Day will be held on Friday, February 7. Teachers will preview the art, children's books, meet some of the illustrators, meet our cura-

Banda, Nikolas Heslep, Spenser Arias, Crystal Gonzalez, Patrick Lugo, Emily Alden Foster, Steve Johnson and Lou Fancher, Chris Harper Triplett, Lauren Marie Taylor, Linda Lens, and our own volunteer, Bethany Bender.

In conjunction with the Sun Gallery's regularly scheduled free art Saturdays, we will be holding a 'zine making workshop during March. Please check www.sungallery.org for more details. Free Art Saturdays take place in the Sun Gallery Studio Classroom on the 2nd and 4th Saturdays from 1 p.m. to 3 p.m. Art activities are appropriate for all ages and utilize materials easily found in the home or the environment. Exhibiting artist Emily Foster will be joining the Sun Gallery's art



tor, our new director Liesa Lietzke, our art educators, gallery manager, and enjoy tea/coffee, scones, and treats. There will also be a raffle for some of the children's books from this and other shows, and gifts.

A book signing by the artists in the exhibition will be held in conjunction with the Reception for the Artists on Sunday, March 16. This is always a fun event with the artists present to answer questions you or your kids might have, and to sign copies of books available for sale throughout the course of the exhibition. If you would like to purchase a book but know, in advance, that you cannot make the Reception, please let the Sun Gallery staff know and we will ask the artists to sign your book for you.

Artists included in the exhibition are: Constance Anderson, Angela Dominguez, Sara Palacios, Lauren Gallegos, Allyn Lee, Charlotte Cheng, Ashley Wolff, Cathy Bowman, Annette Frei, Susan Pace-Koch, Jack Wiens, Tina

education staff for this program. This is a free activity for ages five to adult, and no reservations are required.

Please visit www.sungallery.org and click on the exhibition blog for further details of specific publications, 'zines, websites and images. We look forward to seeing you at the Sun and to making this quarter century exhibition exciting and interactive for all involved.

Children's Book Illustrators Exhibition Friday, Feb 7 – Monday, Apr 7 Thursday – Sunday: 11 a.m. - 5 p.m.

Special Teachers Preview Day: Feb 7, 3 p.m. – 5 p.m. Reception for Artists and Book Signing: Sunday, Mar 16, 1 p.m. – 4 p.m.

> Sun Gallery 1015 E St., Hayward (510) 581-4050 www.sungallery.org



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Oral Argument in the California Supreme Court
Instructor at Stanford University Law School in
Advanced Trial Advocacy 1995 to present
Faculty, Santa Clara University School of Law 1987
Editor, University of Illinois Law Review

#### LEILA N. SOCKOLOV, ATTORNEY AT LAW

B.S. in Biological Sciences, Cal. Polytechnic State Univ. Juris Doctor, Cum Laude, University of Illinois Instructor, Engineering Ethics, University of Illinois

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# Traffic speed in 'Loop' scrutinized

SUBMITTED BY
SGT. CHAD OLTHOFF, HAYWARD PD

On March 15th, 2013, the City of Hayward completed construction in the downtown area of the city and opened the new "Loop". Although the new traffic flow pattern has helped reduce gridlock in the downtown area, numerous residents and representatives from the Police Department have noticed speeds of vehicles traveling on Foothill

Boulevard in the downtown area have increased.

In a continuing effort to provide safer city streets, the City of Hayward and the Hayward Police Department want to remind motorists traveling in the downtown area that the speed limit is posted as 25 MPH (in accordance with the California Vehicle Code Section 22352). Directed enforcement operations are forthcoming and motorists driving in violation of this speed limit are subject to enforcement action by members of the Hayward Police Department.

# Citizen Police Academy graduates class of 2013-14



# SUBMITTED BY SAN LEANDRO PD

On Wednesday, January 29th, the San Leandro Police Department celebrated the graduation of 25 community members who successfully completed a 13-session Citizen Police Academy. Beginning in October, Academy participants attended more than 40 hours of training in a variety of classes hosted on a weekly basis, learning about the law enforcement profession and the San Leandro Police Department's role in its community.

The concept of a Citizen Police Academy first began in 1977 in England. The first class in the United States started in Orlando, FL in 1985. Several years ago, San Leandro began to offer the program to its community and business leaders, which has proven to be a very successful

community outreach program.

"The Academy gives us an opportunity to educate our community about SLPD's daily operations. While showcasing our Department and employees, we also have the opportunity to broaden people's perspectives, while continuing to build strong partnerships with our community," said Lt. Robert McManus, the class facilitator.

Joseph Licari spoke on behalf of the graduating class about his experiences in the Citizen Academy. "SLPD gets it. They engage our community through many outreach programs." He described the employees as, "a diverse professional team, all of whom foster a tight knit community within San Leandro." In closing, Licari stated, "Thank you to the members of our class. You are the reason why my family calls San Leandro home."

Chief Sandra Spagnoli praised the graduates for their dedication and commitment and

for taking the time to learn about their police department. She stated, "The continued involvement of the San Leandro community is one of the main reasons why I enjoy serving as your Police Chief. I look forward to continuing to build partnerships with our community through programs like this. They are effective in reducing crime in San Leandro, making this community safer for everyone."

The San Leandro Police Department is currently accepting applications for this year's class, which is scheduled for the fall of 2014. For more information, please visit the City's website at: http://www.sanleandro.org/depts/pd/programs/citizen\_police\_acad emy/default.asp.

# Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

#### Friday, January 24

At 11:05 a.m. unknown suspects entered the backyard of a home on the 100 block of Almeria Ave. The suspects then used a crowbar to try and pry open a window. They triggered the home alarm, which likely scared them off. There was no loss.

A resident returned home to his residence on Chimaera Circle around 10:00 p.m. and discovered it had been burglarized sometime during the day. The unknown suspects entered the backyard and then entered an unlocked window. Loss was cash, computers and notebooks. Officer Perry investigated incident.

#### Saturday, January 25

A company van was stolen from the 7800 block of Victory Ln on 1/25/14 at approximately 5:50 a.m. At approximately 7:55 a.m., the vehicle was located across from the 1300 block of Old Canyon Rd.

A maroon 1993 Honda Accord 4-door with CA plates 3CUE166 was stolen off the 100 block of Fisk Terrace. The vehicle was reportedly stolen sometime between 6:16 p.m. and 10:00 p.m. on 01/24/14.

An armed street robbery occurred at the Carol Ave Apartments at approximately 4:45 p.m. Two men displayed a handgun and robbed the victim of his wallet and phone, then fled on foot. CSI Kwok did an excellent job getting info on the victim's credit card which was almost immediately used at the Jack in the Box on Fremont Blvd. in Irvington. Information was developed that identified the suspect vehicle as a Toyota Camry registered out of Davis, CA. At about 7:51 p.m. Sgt. Fowlie spotted the vehicle on Washington Blvd and followed it onto northbound 680. A high risk car stop was conducted and three adults were detained and arrested. A child who was also in the

vehicle was taken into protective custody. The victim's credit cards and items purchased with those cards were found in the vehicle. A subsequent search of a room at Motel 6 (north) was conducted. Arrested for robbery were An 18 year old adult male, a 19 year old adult male and a 21 year old adult female. Outstanding observation by Sgt. Fowlie. Investigated by Officer Valdes.

#### Sunday, January 26

Officers responded to a call of a male with a false ID trying to buy \$3500 worth of merchandise at Fry's Electronics. The caller reported that another male was with the suspect and he left the store and entered a vehicle. Officers stopped the vehicle and detained the male. The male in the store was eventually identified as a 28 year old adult male, Stockton resident. The male in the car was identified as a 26 year old adult year old male, Stockton resident. Both went to jail for burglary. Officer Hollifield investigating.

#### Monday, January 27

Dispatch put out a broadcast of a residential alarm to officers. The alarm was coming in from a house on the 40000 block of Sundale Drive. Officers responded and found the front door open and the house ransacked. The point of entry was the rear glass door, which the suspects broke. An area check revealed that a witness saw suspects fleeing the house on foot, but did not call the police. Case investigated by Officer Hartman.

Ofc. Stone responded to a call of a theft suspect in custody by security at the Safeway in Warm Springs. He received into custody a 34 year old adult male, Alameda resident, and subsequently arrested him for commercial burglary.

#### Tuesday, January 28

Ofc. Ehling located a stolen vehicle parked on Magellan/Cerritos. He began watching the vehicle and saw a male enter it. Ofc. Ehling took the 53 year old adult male, Fremont transient, into custody without incident.

continued on page 25

# **Union City Police Log**

SUBMITTED BY UNION CITY PD

#### Saturday, January 25

At 4:40 p.m., the Alameda County Fire Department requested assistance with a kitchen fire at an address on Encinitas Way. Responding Officers closed down the surrounding the roadways while the fire was extinguished.

Two vehicles were burglarized during the late evening to early morning hours. Both vehicles were parked near the 3300 Block of San Pablo. Miscellaneous items were taken from the interior of the vehicles.

#### Sunday, January 26

The Union City Traffic and Union Landing Units worked a special enforcement detail in the Union Landing Shopping Center. The special enforcement units were deployed to address complaints of modified vehicles congregating to conduct street racing activities. Officers ultimately issued thirteen (13) citations, gave nine (9) warnings, and they towed away one of the vehicles.

#### Monday, January 27

At 10:21 p.m., an officer saw a vehicle traveling on Seneca Street with defective lighting equipment. A traffic stop was conducted on Lafayette Avenue in the City of Hayward. The driver and three passengers smelled of marijuana and were asked to exit the vehicle. As the driver exited, the front passenger slid over into the driver's seat and drove the vehicle away. The subject drove

continued on page 25

continued from page 3

# Washington **Outpatient Diabetes Center Helps Patient Better Manage His Condition**

Center Offers the **Tools** and Support Needed to Manage **Diabetes Effectively** 

various obstacles – learning what you can control and ways to cope with what you cannot control.

"I was lucky to find out early about my high blood sugar levels before any symptoms developed," Shekar-Reddy says. "It's good to get blood sugar levels checked every year, especially for people who have a family history of diabetes like I do. I now do my own blood sugar test at least once a day and go in once every two months for more comprehensive tests with my doctors."

In addition to diabetes self-management training, the Outpatient Diabetes Center offers free monthly "Diabetes Matters" classes on the first Thursday of each month (except July) from 7 to 9 p.m. The first hour features expert speakers who provide science-based information about diabetes. The second

hour features group discussions about managing diabetes. The next Diabetes Matters class on February 6 will focus on "Diabetes and Heart Disease," featuring cardiologist Dr. Sanjay Bindra as the guest speaker.

"For people with diabetes, I highly recommend the classes at Washington Hospital," Shekar-Reddy emphasizes. "They will get valuable information about diabetes. The group discussions are very helpful, too. I learned a lot from other people's mistakes and successes. My A1C has come down to 6.2 percent. My triglycerides and cholesterol have come down, too. I'm not as hungry as I used to be, and I am much more energetic. It feels great!"

To learn more about the programs available through the Outpatient Diabetes Center at Washington Hospital, visit www.whhs.com/diabetes/.

# Supervisor Miley appoints Chuck Moore to fair board

SUBMITTED BY ANGEL MOORE

Chuck Moore of Castro Valley, Owner of Pacific Coast Well & Pump and Graceland Equestrian Center, has been appointed to the Board of the Alameda County Agricultural Fair Association by Alameda County Supervisor Nate Miley. As one of the largest non-profit organizations in Northern California, the Fair Association's 26 Board Members oversee the operations of the Alameda County Fairgrounds which attracts over three million visitors each year.

Moore brings expertise in business, agriculture, and building construction. Moore's community involvement includes work with Alameda County Agricultural Board, United States Equestrian Federation, EALI (Eden Area Livability Initiative) Blue Ribbon Steering Committee, and the National Hot Rod Association. "Alameda County has a rich agricultural heritage and my wife Peggy and I have always been actively involved in agriculture. My goal is to promote agriculture in our community," says Moore.

For more information, visit Alameda County Fair: www.AlamedaCountyFair.com or call 925-426-7600.

# Clean Water Program seeking proposals

SUBMITTED BY THE CLEAN WATER PROGRAM

The Clean Water Program is inviting proposals from educational organizations for outreach projects in Alameda County schools for school years 2014/15 through 2017/18 (four years of services). Projects must be designed to help K-12 students and teachers understand the connection between storm drains and local creeks, wetlands and the Bay, and to encourage storm water pollution prevention, with an emphasis on litter reduction.

Besides raising awareness, projects should reduce the littering behavior of students and the amount of litter on and around K-12 school campuses. Activities may include—but are not limited to-school assemblies, presentations and hands-on activities in the classroom, field trips, outdoor research and restoration projects, and after-school programs.

The Clean Water Program is looking to fund multiple projects, each focused on a specific age group. Proposals for \$10,000 or more per project and school year will be considered, for a total of up to \$125,000 per year, for up to four years. Eligible organizations include for-profit and non-profit groups, as well as government agencies. Deadline for submissions is March 17.

"Teaching our young people to understand and appreciate their connection to water is an important part of our mission, no matter how far from a creek or the ocean they may live," explained Clean Water Program Manager Jim Scanlin. "The educational groups we've funded through this program in the past have done a fantastic job bringing the sometimes abstract topic of storm water pollution to life and inspiring in students a sense of stewardship for our local waterways."

Each year, the Clean Water Program's school projects reach tens of thousands of K-12 students and teachers in Alameda County, at no cost to the school. Often incorporating California State Science and Social Science Standards, the projects are selected for their capacity to engage kids and to make the storm water pollution prevention message relevant inside and out of school.

For more information about the Clean Water Program, visit: www.cleanwaterprogram.org.

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SUBMITTED BY CAROL ZILLI

Come and Sing Your Heart Out, Play an Instrument, and Move to the Beat! Music For Minors II will be hosting library visits, in Fremont and Newark on Saturday, February 8. Join the musical fun with Music for Minors II, the nonprofit music program keeping music in children's lives and classrooms since 1988. Children of all ages, families, parents, guardians, friends and relatives are invited to participate in a fun musical experience: singing, signing songs, rhythmic movement, dance and playing instruments.

Have fun and learn about upcoming programs!

> **Music For Minors II** at the Library Saturday, Feb 8 10 a.m. - 11 a.m.

Fremont Main Library, Fukaya Room A

2400 Stevenson Blvd., Fremont 1 p.m. – 2 p.m. Newark Library, Meeting Room 6300 Civic Terrace Ave.,

Newark www.musicforminors2.org

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and problems that might affect the success of the repair.

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Gary Singh is the owner of Bay Star Auto Care at 1275 Atlantic St. near Western Ave., here in Union City. Phone: 489-3331

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## History

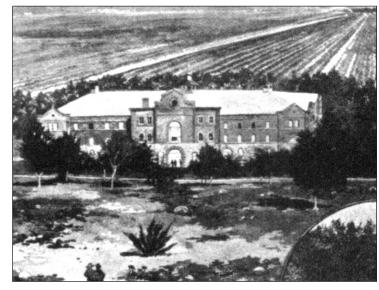
# Lost Vineyards of Washington Township

ission San Jose produced the most wine of any Washington Township as stated in the 1893 report, Vineyards of Alameda County. There were 33 vineyards producing from more than 680 acres.

The Mission San Jose District list begins with J. J. Amaral who had six acres in his "mountain vineyard." C. J. Bond had 25 acres of bearing grapes in his upland vineyard. He also had a capacity of 32,000 gallons in oak and redwood fermenting tanks. The property was on the north side of Washington Boulevard, across from Washington College.

John Borges' young vineyard was small, one acre; Barney Briscon five acres. Manuel F. Brown had nine acres and 10,000 gallons cooperage capacity. (The output of a winery is called its cooperage). Joshua Chadbourne owned eight acres of bearing grapes. He is more noted for operating the first garage between San Jose and Hayward and the first automobile agency—the Rambler—and drove the most powerful auto, a two-cylinder Autocar.

L. E. Chrantraul controlled 37 acres of bearing grapes and Hiram Davis had 13 acres. His vineyard was described as low



Gallegos built a huge winery at the corner of the present Osgood Road and Washington Rouleyard

400 acres of bearing vines and 500,000 gallons of cooperage. His wines won many prizes and were served exclusively by the Pullman Palace Car Company. John D. Mattos had a mountain vineyard of eight acres and cooperage of 5,000 gallons. Manual B. Pais had a vineyard of only one acre. J. W. Mussen's vineyard was 25 acres. The Palmdale Vineyard Co. was credited with 600 acres of bearing Vines with a cooperage capacity of 1,250,000 gallons in this list.

Riehr had been a university professor. He worked as a court interpreter in San Francisco before he bought land here next to his friend Count DeVaux. He had a vineyard of 30 acres with cooperage capacity of 35,000 gallons. Bez is sometimes listed as another winery. Charles Bez married Rose Riehr, the daughter of John and Anna Riehr.

Los Cerritos Winery and vineyard were developed by J. A. Salazar, son-in-law of Juan Gallegos. Salazar is listed as the owner of 80 acres of bearing grapes. He produced 125,000 gallons of wine yearly, specializing in claret. Other small vineyards were owned by Antone Silver, John Silver, John Taylor and O. O. Slayton. Wm. Vargas owned four acres and G. Zall, 15. Zall had cooperage capacity of 40,000 gallons.

Los Amigos Vineyard was established by Edwin Grau and Edward Werner in 1888 on 35 acres of Gallegos land. Their land was apparently included in the Palmdale listing. Robert Mayock purchased the property in 1936, renewed the vineyard and operated under the Los Amigos name.

The Weibel Champagne Vineyard operated by Rudolph and his son, Fred, carried on the local vineyard winery tradition into modern times but local vineyards have now disappeared, lost in time.



Charles Clarke McIver developed his land into a famous vineyard and showplace he called Linda Vista.

lying so it is likely that it was near his house on the present High Street, at a lower elevation than most vineyards.

Paul DeVaux was credited with 90 acres in his upland vineyard and 50,000 gallons cooperage. Charles Shinn recognizes the DeVauax as one of the prominent wineries near the Mission. He was a close friend and neighbor of John Riehr.

The Dominican Sisters had 23 acres in bearing grapes and a cooperage capacity of over 29,000 gallons. They had taken over the Mission San Jose grape vineyard and operated it.

Antone Escobar owned a small vineyard of two acres with a cooperage capacity of 1,500 gallons. Thomas Ever also owned a small vineyard of two acres. J. A. Folger owned a large 40 acre upland vineyard. Pel Folger operated a farm south of Mission San Jose town for several years in cooperation with George W. Cook. Some maps show several properties belonging to Folger.

Professor E. W. Hilgard had 35 acres of bearing grapes. His residence was in Berkeley, but he was described by Charles Shinn as "a great acquisition to the district." He was a botanist at the University of California who helped solve problems at operating vineyards.

Charles Clarke McIver studied the wine-producing areas of California and was attracted to the Palmer vineyard. He bought the property and moved his family here from New England. He developed his land into a famous vineyard and showplace he called Linda Vista. McIver imported cuttings from the finest grape stocks in Europe. In 1893 he had

Don Juan Gallegos bought the Beard ranch in 1881 and started planting a 600 acre vineyard on



Los Amigos Vineyard was established by Edwin Grau and Edward Werner in 1888 on 35 acres of Gallegos land.

slopes from Irvington to Mission San Jose. It was soon called the most marvelous vineyard in California. Gallegos built a huge winery at the corner of the present Osgood Road and Washington Boulevard. It was over three stories high and designed so that grapes could be unloaded at the top floor and processed down through the plant to storage vats. The plant could process 100 tons of grapes a day. It was truly a remarkable winery.

C. W. Pinkerton had 15 acres of bearing grapes, Frank Pinnero 13 acres, and four acres in a separate listing with a cooperage of 2,000 gallons. Joseph Pia had seven acres and Manuel Redrighez a small vineyard of one acre.

The Riehr family left Alsace Lorraine in 1870, just ahead of the German occupation. John



PHILIP HOLMES

#### PEEK INTO THE PAST

www.museumoflocalhistory.org

Photos courtesy of The Museum of Local History continued from page 3

# **Enjoy the Health Benefits of Eating More Vegetables—Celebrate Meatless Monday!**

weight," said registered dietitian Kimberlee Alvari, director of Food and Nutrition Services at Washington Hospital. "You really can't beat the benefits of going meatless."

Today in the U.S., there is growing interest in the vegetarian diet. Consumers are purchasing more vegetables, and stores are responding with more products. Restaurants and hospital cafeterias are offering more vegetarian meals, and some are observing Meatless Mondays. The latest statistics show 22 percent of Americans eat meatless meals on a regular basis, and 2.3 percent—or 4.9 million people claim to be vegetarian.

#### **Learn about Meatless Monday**

You can learn more about the Meatless Monday concept at a class called "Meatless Monday—Get More Veggies on Your Plate." The class will be held on Monday, Feb. 10 from 7 p.m. to 8:30 p.m. at the Conrad E. Anderson, M.D. Auditorium, in the Washington West building, 2500 Mowry Ave. in Fremont. The class will provide menu ideas and items to taste. The class is limited to 50 participants and costs \$5 to attend. To reserve your spot, call (800) 963-7070.

During the class, you'll have an opportunity to consider how you can fit eating vegetarian into your daily diet and learn about available options. You'll sample meatless products and prepare one item to

"We'll also share recipes," added Alvari. "We want you to be well equipped to put these ideas into practice after you leave."

#### Give veggies a try

Trying Meatless Mondays will give you a taste of how satisfying and nutritious vegetarian meals can be and how they can help you reach your health and fitness goals. Even if you decide to eat just a few meatless meals a week, it can make a difference.

"Meatless Monday is an easy way to introduce people to eating vegetarian for better health," explained Alvari. "If you don't adopt a completely vegetarian diet, we recommend eating a meatless meal

at least two to three times a week. It will still be good for your health."

Besides better health, there are other benefits to going meatless, Alvari pointed out. If you select local produce that's in season, you can capitalize on the lower cost of the items you eat. And, you can avoid the high cost of meat, poultry and fish.

"We are fortunate to live in an area where so many healthy fruits and vegetables are grown nearby," she said. "When you eat local, you eat foods that require less energy to get to market. Going meatless is a win-win-win for your health, your pocketbook and the environment."

#### Not heeding the message

Today, there is the USDA Food Pyramid and recommended daily allowances for different types of food. And yet, most people aren't heeding the ad-

"Current dietary guidelines are sadly misaligned with how most of us actually eat. What the recommendations are and what we say is not what we are doing," observed Alvari. "Taking a class about vegetarian eating is a good way to turn that around. The class isn't just for people who want to be vegetarian. It's for people who want to eat healthier."

"The biggest part of learning a new behavior is translating what you learn into practice," Alvari continued. "That is our goal at the Meatless Monday class—to help you figure out how eating meatless can work for you."

#### Register for the Class Today!

To register for the Meatless Monday class, call (800) 963-7070. For more information about Washington Women's Center, visit www.whhs.com/womenscenter or call 866) 608-1301 or (510) 608-1301. To download healthy recipes approved by registered dietitians from Washington Hospital's Food and Nutrition Services Department, visit www.whhs.com/nutrition.

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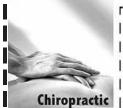




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# **Newark Superintendent Dave Marken**



SUBMITTED BY LIZ WARREN

Dr. Dave Marken, Newark Unified School District's (NUSD) Superintendent, has been named as the ACSA Region 6 Superintendent of the Year. He will be recognized at the ACSA Region 6 Summit on June 19 at the Ruby Hill Winery in Pleasanton.

The very day that Dr. Marken arrived in NUSD,

he led the charge for a bond to fund the rebuilding and renovation of schools. He immediately began to reinstate professional development days and worked to reinstate smaller class sizes with the added benefit of eliminating the need for additional layoffs. Dr. Marken found top personnel for some difficult-to-fill leadership positions, brought in a range of social services for students and families, and worked with Newark's Board to raise high school graduation requirements to align to the CSU-UC A-G requirements for all students. Dr. Marken created a college and career readiness focus for all students by bringing in a 6-year planning tool, provided PSAT

testing for all grade 10 students, committed to achieve gender and racial equity in participation in AP Programs, and brought electives back to Newark Junior High School.

In short, morale, productivity, maintenance and operations, expectations, and test scores shot up (with Newark having the greatest API gain of all districts in Alameda County in 2013) with Dr. Marken at our helm. Nothing short of miraculous!

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# 27 Quick and Easy Fix Ups to Sell Your Home Fast and for Top Dollar

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East Bay, CA - Because your home may well be your largest asset, selling it is probably one of the most important decisions you will make in your life. And once you have made that decision, you'll want to sell your home for the highest price in the shortest time possible without compromising your sanity. Before you place your home on the market, here's a way to help you to be as prepared as possible.

To assist homesellers, a new industry report has just been released called "27 Valuable Tips That You Should Know to Get Your Home Sold Fast and for Top Dollar." It tackles the important issues you need to know to make your home competitive today's tough, aggressive marketplace.

Through these 27 tips you will discover how to protect and capitalize on your most important investment,

reduce stress, be in control of your situation, and make the best profit possible. In this report you'll discover how to avoid financial disappointment or worse,a financial disaster when selling your home. Using a commonsense approach, you will get the straight facts about what can make or break the sale of your home.

You owe it to yourself to learn how these important tips will give you the competitive edge to get your home sold fast and for the most amount of money.

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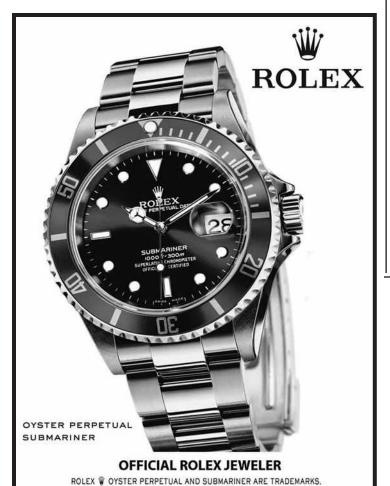
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# BUSINESS

# Wal-Mart, Amazon show changing shopping habits

By MAE ANDERSON AP RETAIL WRITER

NEW YORK (AP), The financial strains and shifting shopping habits of Americans have led to uneven fortunes for retailers.

Traditional consumer companies like Wal-Mart and Mattel have continued to struggle as Americans spend more cautiously in the uncertain economy. Meanwhile, Amazon.com has flourished as shoppers increasingly buy online rather than head to stores.

The trend was evident during the pivotal holiday shopping season, a time roughly from November through December when many retailers can make up to 40 percent of their annual revenue. Overall, government figures show that spending during October through December rose at the fastest clip in three years.

But exactly where - and how Americans spent their money during the final months of the year shifted. Fewer people were in and out of stores during the holiday season, but more were shopping online.

Online shopping rose 10 percent to \$46.5 billion in November and December, according to research firm Comscore. Meanwhile, sales at stores rose just 2.7 percent to \$265.9 billion, according to ShopperTrak, which tracks data at 40,000 stores in the U.S. And the number of customers in stores dropped 14.6 percent.

'Consumer behavior evolved quickly, as retail foot traffic fell, while online purchases grew," said Mattel's CEO, Bryan Stockton, in a call with investors on

Mattel on Friday reported results for the fourth quarter which included the holiday shopping season - that missed both analysts' estimates and the company's own expectations. The world's largest toy maker said the disappointing results were due to weak sales of Barbie and other toys. "From my perspective, the 2013 holiday period has to be one of the most transformative I have seen," Stockton said.

Wal-Mart Stores Inc. also expects disappointing results during the period that includes the holiday shopping season. On Friday, the world's largest retailer said its fiscal fourth-quarter and full-year adjusted earnings from continuing operations may come in at or slightly below the low end of its prior forecasts.

Chief Financial Officer Charles Holley in part blamed a bigger-than-expected impact from the federal government's reduction in Supplemental Nutrition Assistance Program benefits - or food stamps - that went into effect on Nov. 1. That pressured its primarily low-income consumers.

Wal-Mart is among 33 major retailers that have lowered their outlooks for the fourth quarter and beyond, mostly because of the disappointing holiday shopping season, according to Ken Perkins, president of RetailMetrics LLC, a research firm.

"A highly competitive environment is going to be staring (retailers) in the face throughout the course of 2014," Perkins said. "The pressure and competition are not going to abate at all."

Both Wal-Mart and Mattel faced stock declines on Friday on their disappointing news. Wal-Mart shares fell in the morning before ending flat, while Mattel shares fell 12 percent.

Paradoxically, Amazon said late Thursday that its profit and revenue both grew in the latest quarter. Still, the world's largest online retailer said its results fell below what Wall Street was expecting, sending its shares down 11 percent on Friday.

But Amazon faces very different problems than its bricksand-mortar peers. Amazon's results were hurt because its costs are rising along with its meteoric revenue growth.

As it struggles to balance its operating costs with revenue growth, the company said it is considering raising the fee on its Prime membership, which offers free two-day delivery on most

The service is so popular that Amazon had to suspend accepting Prime members during the holidays because it couldn't process them fast enough. In addition, carriers had trouble delivering orders on time due to unforeseen demand, so Amazon had to issue some gift certificates and rebates.

Despite that Amazon's results fell short of expectations, Wedbush analyst Michael Pachter said 2013 was Amazon's best holiday ever.

"Amazon set records in several areas, including a record number of Amazon Prime items shipped worldwide on Amazon's peak shipping day," he said.

# State pension measure less likely to make ballot

**AP WIRE SERVICE** 

SACRAMENTO, Calif. (AP), A measure aimed at controlling public pension costs in California is less likely to make it onto the state's November ballot after proponents said they would sue to challenge the ballot language.

The language assigned by Attorney General Kamala Harris is inaccurate and unfair, the measure's backers said on Thursday.

It says the measure would 'eliminate constitutional protections for vested pension and retiree health care benefits for current public employees, including teachers, nurses, and peace officers, for future work performed."

"That's just not what it's about," San Jose Mayor Chuck Reed, one of the measure's chief supporters, told the Sacramento Bee (http://bit.ly/MFhFej).

Reed said the proposal would give employers facing dire financial trouble a tool to reduce pension benefits if talks over pension costs with employees fail.

He also objected to the inclusion of teachers, police officers and nurses in the language, saying that was intended to prejudice voters, who generally hold those professions in high esteem.

Harris's communications director, David Beltran, disagreed, saying the attorney general had issued "an accurate title and summary."

The lawsuit is likely to be filed in Sacramento Superior Court in the next few days, the Bee reported. It would take at least a few weeks to resolve, likely leaving insufficient time to gather signatures to qualify it for the ballot.

Reed said the presidential election in 2016 would then be the next opportunity to put the measure before voters.

Supporters of the measure say it would help address spiraling, multibillion dollar public-pension costs that governments can no longer pay and are reducing money for other services. Opponents, including public employee unions, counter that changes to pensions must be negotiated, not imposed, and Reed has a political agenda in pushing for the change.

Union leaders have also objected to the measure's language, saying the title — the Pension Reform Act of 2014 — fails to note its authorization of cuts to pensions and health care.

Information from: The Sacramento Bee, http://www.sacbee.com

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ADVISORS

# Amid drought, California agency won't allot water

By Juliet Williams Associated Press

SACRAMENTO, Calif. (AP), Amid an epic drought, California officials announced Friday they won't send any water from the state's vast reservoir system to local agencies beginning this spring, an unprecedented move that worsens a precarious situation for 25 million people and 1 million acres of farmland.

The announcement marks the first time in the 54-year history of the State Water Project that such an action has been taken, but it does not mean that every farm field will turn to dust and every city tap will run dry.

The 29 agencies that draw from the state's water-delivery system have other sources, although those also have been hard-hit by the drought.

Many farmers in California's Central Valley, one of the most productive agricultural regions in the country, also draw water from a separate system of federally run reservoirs and canals, but that system also will deliver just a fraction of its normal water allotment this year.

The announcement affects water deliveries planned to begin this spring, and the allotment

could increase if weather patterns change and send more storms into the state.

Nevertheless, Friday's announcement puts an exclamation point on California's water shortage, which has been building during three years of below-normal rain and snow.

"This is the most serious drought we've faced in modern times," said Felicia Marcus, chairwoman of the State Water Resources Control Board. "We need to conserve what little we have to use later in the year, or even in future years."

State Department of Water Resources Director Mark Cowin said there simply is not enough water in the system to meet the needs of farmers, cities and the conservation efforts that are intended to save dwindling populations of salmon and other fish throughout Northern California.

For perspective, California would have to experience heavy rain and snowfall every other day from now until May to get the state back to its average annual precipitation totals, according to the Department of Water Resources.

"These actions will protect us all in the long run," Cowin said during a news conference that included numerous state and federal officials, including those from wildlife and agricultural agencies.

Friday's announcement came after Gov. Jerry Brown's official drought declaration in mid-January, a decision that cleared the way for state and federal agencies to coordinate efforts to preserve water and send it where it is needed most. The governor urged Californians to reduce their water use by 20 percent.

It also reflects the severity of the dry conditions in the nation's most populous state. Officials say 2013 was the state's driest calendar year since records started being kept, and this year is heading in the same direction.

A snow survey on Thursday in the Sierra Nevada, one of the state's key water sources, found the water content in the meager snowpack is just 12 percent of normal. Reservoirs are lower than they were at the same time in 1977, which is one of the two previous driest water years on record.

State officials say 17 rural communities are in danger of a severe water shortage within four months. Wells are running dry or reservoirs are nearly empty in some communities. Others have long-running problems that predate the drought.

The timing for of Friday's historic announcement was important: State water officials typically announce they are raising the water allotment on Feb. 1, but this year's winter has been so dry they wanted to ensure they could keep the remaining water behind the dams. The announcement also will give farmers more time to determine what crops they will plant this year and in what quantities.

Farmers and ranchers throughout the state already have felt the drought's impact, tearing out orchards, fallowing fields and trucking in alfalfa to feed cattle on withered range land.

Without deliveries of surface water, farmers and other water users often turn to pumping from underground aquifers. The state has no role in regulating such pumping.

But groundwater levels already have been stressed, after pumping accelerated during the dry winter in 2008 and 2009.

"The challenge is that in last drought we drew down groundwater resources and never allowed them to recover," said Heather Cooley, water program co-director for the Pacific Institute, a water policy think tank in Oakland. "We're seeing long term, ongoing declining groundwater levels, and

that's a major problem."

Many towns and cities already have ordered severe cutbacks in water use.

With some rivers reduced to a trickle, fish populations also are being affected. Eggs in salmonspawning beds of the American River near Sacramento were sacrificed after upstream releases from Folsom Dam were severely cut back.

The drought is highlighting the traditional tensions between the groups that claim the state's limited water for their own priorities – farmers, city residents and conservationists.

Chuck Bonham, director of the California Department of Fish and Wildlife, urged everyone to come together during the water crisis.

"This is not about picking between delta smelt and long-fin smelt and chinook salmon, and it's not about picking between fish and farms or people and the environment," he said. "It is about really hard decisions on a real-time basis where we may have to accept some impact now to avoid much greater impact later."

Associated Press writer Jason Dearen in San Francisco contributed to this report.

# Volunteers recognized

#### SUBMITTED BY DINA LEWIS

The Hayward Area Recreation and Park District (H.A.R.D.) Board recognized the following individuals and organizations:

#### Volunteer of the Month: Ms. Alexis-Marie Stoy

Staff reported that Ms. Alexis-Marie Stoy is an enthusiastic and hard-working volunteer in the Volunteer Hayward Program. Alexis-Marie is a mature, senior student at Redwood Christian High School in Castro Valley. She first came to Volunteer Hayward during the 2012 holiday season. Stoy began helping with clerical items, such as typing, answering phones and other clerical duties, but she quickly expanded her duties, because of her willingness to take on additional tasks. Her enthusiasm and eagerness to work had her volunteer with other programs and activities such as at the Hayward Senior Center, City of Hayward National Volunteer Week Celebrations, the Helping Hands event and the City of Hayward's Community Engagement Open House. During her time volunteering with Volunteer Hayward, she has made an enormous impact on the community. Ms. Stoy will be ending her volunteer work after the 2013-14 school year to attend college.

#### 2013 Individual Award – Jana and Jeff Gordin

This year's Individual Award recipients are Jana and Jeff Gordin, who are being honored for the establishment and on-going support of the "Karen Gordin Scholarship Fund". This fund was established in 2001 in memory of their daughter and District employee, Lifeguard Karen Gordin who was killed on her way to work at the Hayward Plunge. Since the fund's establishment the Gordins have sup-

ported fundraising efforts, events and donations that have raised funds that have benefited over 24 local area lifeguards with their college educations. In addition, funds have provided hundreds of low-income youth swimming lessons and swim team scholarships. Since 2001 funds in excess of \$28,000 have been donated back to the District from the Karen Gordin Foundation.

The Gordins have continued to demonstrate their commitment to our District and to their daughter's legacy by directly contributing to the improvement of the quality of life in our community. Jana and Jeff Gordin were nominated by Recreation Supervisor Nicole Roa.

#### 2013 Organization Award - Castro Valley Rotary

The Organization Award for 2013 was presented to the Castro Valley Rotary. For over 40 years this organization has engaged people in an endeavor and partnership of building a better community. The Castro Valley Rotary's mission is to raise funds and awareness to improve lives – both internationally and locally.

The Castro Valley Rotary has continued to partner with our District programs in many valuable ways. During 2013 the Castro Valley Rotary donated volunteer time and funds to support the Ashland Holiday Gift Giveaway, Sulphur Creek Nature Center and hosted a Thanksgiving luncheon for 150 seniors in Castro Valley. In addition, the Rotary has raised several thousands of dollars to support clean water initiatives, hospital access and polio eradication in developing countries. Over past years, the Rotary has been instrumental in contributing funds to several District projects including the 2011 design and installation of the Sulphur Creek Owl Cam.

# Fremont Bank donates to nonprofits

SUBMITTED BY KURT HEATH

Fremont Bank, a leading full-service community bank in California, announced that it will celebrate its 50th anniversary this year by awarding more than \$1 million in charitable contributions to 156 local nonprofits.

"These donations are an opportunity to thank our clients and associates for helping Fremont Bank celebrate 50 years of outstanding community service and support," said Marie-Pascale Peterson, Fremont Bank's director of community outreach.

Donations will be made in two waves, with the initial \$500,000 being distributed to 105 nonprofits through Fremont Bank's Corporate Giving Program. Throughout January, these funds will be awarded to organizations that are located in, and provide services to, each of the communities served by a Fremont Bank branch. Fifteen beneficiaries will receive \$10,000; 50 will be awarded \$5,000; and 40 will be given \$2,500 to support their community work.

Later this spring, Fremont Bank Foundation will grant another \$550,000 to an additional 51 nonprofits located within the five counties served by Fremont Bank (Alameda, Contra Costa, San Francisco, Santa Clara and Monterey). The awards will include 50 grants of \$10,000 each and one grant in the amount of \$50,000. Fremont Bank associates will vote to choose the recipient of the \$50,000 grant.

"Our success and generosity these last 50 years is made possible by our long-standing relationships with clients, including our nonprofit partners. Our thanks go out to them for making us the premier community bank and bank of choice for nonprofits in the communities we serve," Peterson added.

#### LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published.

Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

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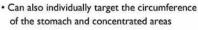
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# Programs for the Little Ones

#### SUBMITTED BY ADRIENNE DE PONTE

The Hayward Shoreline Interpretive Center provides great opportunities for outdoor fun for little ones along the shoreline. With regular programs for oneyear-olds to 5-year- olds that focus on a different theme every month, your little ones will have their curiosity peaked, their bodies moving and their hands on nature. Join an expert naturalist for either our Toddler Ramble or Nature Detectives! These programs are designed to introduce children to the plants and animals that live in the salt marsh of the Hayward shoreline. Visit the Interpretive Center for one of our upcoming programs.

**Toddler Ramble** – Every Friday – 10:30 a.m. to 11:15 a.m. – Ages 1 to 3 years

Discover the shoreline through tactile, hands-on experiences. Every month there is a new theme and with each ramble we explore that theme through different activities. Parents and caregivers grow as facilitators of nature education along the way. Please register in advance. \$5 per child.

February Toddler Ramble: Our Five Senses - Each week

c n

will focus on one of our senses: touch, sight, smell, and sound. Since there is only 4 weeks in this month, we will taste-test pickleweed each week!

Feb 7, Feb 14, Feb 21, Feb 28

#### **March Toddler Ramble:**

Birds and Nests - Spring is here, and that means that birds are all around singing and making nests. This month we'll explore all things birdy! Everything from feathers to flying, and eggs to what is inside them. Mar 7, Mar 14, Mar 21, Mar 28

**Nature Detectives** – 1st & 3rd Saturday - 10:00 a.m. to 11:00 a.m. - Ages 3 to 5 years

Nature Detectives is a twicemonthly program for young explorers 3 to 5 year olds and their caregivers. This hour-long, interactive program makes every child a detective, asking questions and finding clues about the wildlife at the shoreline. Please register in advance. \$7 per child.

#### February: All About Snails

Have you ever seen the snail here in the marsh that looks like a unicorn horn? Did you know snails communicate through slime? Discover the surprisingly exciting world of snails. Feb 15

#### March: The Power of the Tides

The tides are what make the marsh such a special place for people and animals. We will explore the power of the tides with boats and other floats, and talk about why they happen at all. Mar 1, Mar 15

The Interpretive Center features exhibits, programs, and activities designed to inspire a sense of appreciation, respect, and stewardship for the bay, its inhabitants, and the services they provide. After getting an overview of the park and its features, join a naturalist on one of the many weekend interpretive programs offered. Read our newsletter, Tidal Tales about current environmental issues, natural history, and upcoming events. If you would like a subscription, please contact the Hayward Shoreline Interpretive Center.

> **Hayward Shoreline Interpretive Center** 4901 Breakwater Ave., Hayward (510) 670-7270

http://www.haywardrec.org/150 /Hayward-Shoreline-Interpretive-Center

# **Cosmetic Safety** Information

SUBMITTED BY ANITA GORE

Pursuant to state law, the California Department of Public Health (CDPH) today unveiled a searchable website that allows the public to learn whether cosmetic products have been reported to contain any ingredients known to cause cancer or reproductive harm. (www.cdph.ca.gov.).

"This website is a unique, sumers make informed decisions about cosmetic use," said Dr. Ron Chapman, CDPH director and state health officer.

Visitors to the website will be

able to search the California Safe Cosmetics Program (CSCP) Product Database by product name, company name or chemical ingredient. As of November 2013, approximately 475 companies had submitted product information on roughly 30,000 products to CDPH's California Safe Cosmetics Program. The website also includes educational information to help users learn how exposure to chemicals can affect their health and what is known about specific chemicals.

"Inclusion in this website means a product contains a chemical that has been identified as a known or suspected carcinogen or reproductive toxin by one of the authoritative bodies named in the Safe Cosmetics Act such as the International Agency for Research on Cancer or the National Toxicology Program," said Chapman. "It does not mean that the cosmetic product itself has been shown to cause cancer, but since most products are not extensively tested for safety, providing information on chemical components will allow consumers to make more informed choices."

Product reporting is required regardless of the amount of the reportable chemical in the product. Inclusion of a product in the reporting database does not necessarily mean the product has been shown to cause harm. To access the Cosmetics Safe Program website, visit www.cdph.ca.gov.

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# Ohlone College Biotechnology **Center** selected as finalist for Innovation Award

SUBMITTED BY OHLONE COLLEGE

Selected from over 100 nominations that were submitted, the Northern California Bay Area Biotechnology Center at Ohlone College is among 16 finalists for the 2nd Annual East Bay Innovation Awards.

East Bay Development Alliance (EDA) presents this award to the most significant contributors to the East Bay's unique culture and legacy of innovation. "We want to celebrate their accomplishments, raise awareness about the forward-thinking businesses and resources that are based in the East Bay, and inspire other companies to think outside the box," said Alameda County Supervisor Keith Carson, Chair of the East Bay EDA.

The Northern California Bay Area Biotechnology Center at Ohlone College (NCBC) is vital to the region's prosperity and technological innovation, providing skilled, workforce-ready employees for life sciences companies. NCBC directly addresses the needs of such companies through partnerships with industry leaders, including Boehringer, Ingelheim, Life Technologies, Bayer, BioChain Institute, and more. These represent a few examples of over 1,700biosciences companies in the Bay Area, of which approximately 700 are located in the East Bay. Thus far, the Center has provided training to over 2,000 employees from about 200 Bay Area companies.

One of the unique programs at the NCBC is the Learning Alliance for Bioscience (LAB). This program targets under represented students for articulated career pathways at 12 high schools, allowing

completion of college credits while enrolled in high school. Students receive a head start in Ohlone College's Biotechnology program, without having to pay for tuition or books. Once students graduate from high school, they have the opportunity to continue the program at Ohlone College and in just one year can earn a certificate in Biotechnology.

From high school students to current employees seeking career advancement, the NCBC provides authentic workplace experiences by providing students state-of-the-art labs and opportunities for internships at local companies. The faculty is comprised of experienced professionals with handson experience in their fields. Upon completion, students are equipped for entry-level biotechnology jobs, career advancement, or transfer to university.

The NCBC also serves to bridge education and industry through professional development workshops for teachers and community college instructors taught by subject matter experts.

The Center's force in innovation and economic development has attracted grants from the National Science Foundation, California Community Colleges, and the Trade Act Program's "Design it-Build it-Ship it" grant.

The East Bay Innovation Awards finalists will be recognized at a gala event on February 13, 2014 at the Fox Theater in Oakland where the winners will

For more information about NCBC, please visit: http://www.ohlone.edu/biotech/biotechcenter/ or call 510-659-6206.

February 4, 2014 WHAT'S HAPPENING'S TRI-CITY VOICE Page 15



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#### **Ohlone Humane Society**

# Transitions...

By Nancy Lyon

any of us avoid thinking about "what if" something happens and we become seriously ill or die and can no longer care for our loved ones. "Things are fine, we'll deal with it later." Unfortunately, later can sneak up on us and find us unprepared or unable to respond to their needs and that includes our animal family members.

Granted, it's "only human" to put off dealing with the inevitable fact of life... that we're not going to be here forever. We assume because humans generally live longer than most of our animal companions, with the exception of some species like parrots and tortoises, it will not happen to us until way down the road and our companions long gone.

Nationwide statistics show that between 5 to 7 million companion animals are impounded in shelters across the nation, and approximately 3 to 4 million are euthanized. As caring guardians of our animal companions, we need to give careful thought to what can happen to them if our time runs out and we leave them unprotected, with no provision for their future well-being.

Are there ways to ensure their needs are met? And, most critically, will there be someone committed to seeing they don't end up in a shelter grieving and frightened, and facing death alone?

The American Society for the Prevention of Cruelty to Animals (ASPCA) recommends the following if you are unable to return home to care for your animal family.

Carry a Companion Animal Alert card in your wallet.

This is a card that will alert authorities that you have an animal companion(s) at home, list two emergency contacts for them to notify if something happens to you.

Create a document for each animal in your care. The ASPCA suggests the following examples of information to include:

A document containing pertinent information about each animal that would be valuable to a potential guardian and/or caregiver in your absence. Even if you don't have a plan in place for their future care, this information is vital to helping them find a new home faster.

Habits

Food preferences

Medical conditions and medications taken

Veterinary information and records

Behavior around other animals/people/children

The document should be kept in a safe but accessible place with your other important papers and copies should be distributed to all parties in your animal's circle of care.

Decide on an Informal or Formal Arrangement for your animal family's future care. The Humane Society of the United States (HSUS) and Barry Seltzer, a Toronto-based estate lawyer and co-author of Fat Cats & Lucky Dogs: How to Leave (Some of) Your Estate to Your Pet recommend these safety measures:

#### **Find Your Replacement**

Find a committed caregiver. Assuming family will want your companion animal is often not the case. To avoid misunderstandings, get commitments in writing.

#### Appoint an Understudy

Your designated caregiver's circumstances may change. Have an equally committed alternate as back up or a group of friends that will act as temporary caregivers until a permanent situation is found.

#### **Establish Expectations**

An information packet that not only establishes daily needs and preferences but specifies the standard of living you want for your companion, including medical care and end-of-life decisions.

#### **Pets on Pensions**

Set aside a fund to cover his or her future expenses. For example, you can designate the trustee of your companion trust as the beneficiary of a life insurance policy or a bank account that's payable upon your death. This ensures the trustee has immediate cash t devote to care. HSUS advises do not transfer outrageous sums of money—they'll be contested.

#### A Formal Affair

While informal arrangements can work, they can be fragile and it is recommended that a wellcrafted legal arrangement is far easier to deal with than vague statements or expectations.

#### In Pets We Trust

Trusts can be relatively expensive to administer and maintain but they add a layer of oversight. The trustee pays the money to your appointed caregiver and may regularly inspect your companion's health and living conditions.

#### **Legal Hoops**

Many types of wills and trusts exist, so it's crucial to prepare carefully and seek legal advice. Before talking with a lawyer, you should have a plan in mind. It's essentially "planning the same as you might if you were dealing with a young child."

When considering that people often refuse to face death and disability, Berry Seltzer was prompted to pen a modified version of the Bible's Proverbs 29:18:

"Where there is no vision, pets perish. Where there's procrastination, pets perish. And where there is no plan in place, pets perish."

For expanded information on protecting your animal companion: http://www.humanesociety.org/animals/resources/tips/providing\_for\_ pets\_future\_without\_you.html; http://www.aspca.org/petcare/planning-for-your-pets-future

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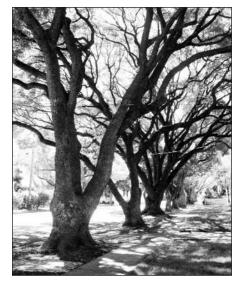
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## City of Fremont news briefs

#### SUBMITTED BY CHERYL GOLDEN

#### **Trees**

Fremont has over 55,000 public trees in the urban forest and has earned the desig-



nation of "Tree City USA" by the Arbor Day Foundation. Trees can live from 50 to 150 years and when planted, are an investment for future generations. A list of specimen or "Landmark Trees" was published in 1973 and has recently been updated. The new publication is available online by visiting www.Fremont.gov/LandmarkTrees.

In the interest of public health, safety and welfare, it is necessary to regulate the removal and/or damage to trees within our "urban forest." Information regarding Tree Permits is available online by visiting www.Fremont.gov/TreePermit.

We have prepared guidelines for tree care for residents to better understand the maintenance needs of their trees. These guidelines are available online by visiting www.Fremont.gov/TreeGuidelines.

Property owners are responsible for the maintenance of street trees adjacent to

their property. To ensure that street trees receive proper care, the City requires property owners to obtain a no-fee permit to plant, prune or remove street trees. Street tree work must be performed by trained tree workers under the supervision of a certified arborist. For more information about street tree permits, visit www.Fremont.gov/StreetTrees.

#### **Senior Peer Counseling**

The Tri-City Senior Peer Counseling Program has a 22-year history of helping seniors who are going through "a rough patch." The program helps seniors who are 55 years of age or older and live in Fremont, Newark or Union City. Seniors receive emotional support for stress, loneliness, anxiety, depression, loss and grief.



Seniors and their families can contact the Tri-City program through the City of Fremont Senior Help Line at (510) 574-2041. This donation-only service is confidential and no one is turned away for lack of funds. The program has counselors from many backgrounds and can often make a match with the primary language spoken.

The Senior Peer Counseling Program is now interviewing for its yearly training. Trainees should be 50 years of age or older and interested in a meaningful opportunity to give back. To learn more about how



to become a Senior Peer Counselor, contact the City's Lis Cox LMFT at lcox@fremont.gov or (510) 574-2064.

#### **Tennis Play Days**

Tennis Play Days are events designed to introduce kids to competition in a low pressure setting where results are not documented. For both novices and experienced players, Play Days are a welcoming way for kids to experience the social and competitive aspects of tennis.

For more information about the Fremont Tennis Center and Play Days, contact Nigel Pugh at npugh@fremont.gov or (510) 790-5510. Also, check out our Recreation Guide for more classes and details at www.Fremont.gov/RecGuide or register at www.RegeRec.com.

United States Tennis Association (USTA) Play Days are held on Fridays from 4 p.m. to 5:30 p.m. on Feb. 28, Mar. 7, Mar. 28, Apr. 11, May 2, May 16, and June 6.

#### Feedback Requested: Fremont Housing Element 2015 - 2023

What are the key housing issues facing the City of Fremont, and how should they be addressed? These are questions we will consider as we update the City's Housing Element for the planning period 2015 to 2023. The Housing Element is part of Fre-

mont's General Plan and outlines the policies and programs the City will implement to meet the housing needs of current and future Fremont residents. Our goal is to conserve the City's existing housing stock as well as provide opportunities for new



housing for a variety of income groups. We'd love to hear your thoughts regarding Fremont's housing issues. Please submit your feedback at

www.Fremont.gov/OpenCityHallHousing.

To learn more about the Housing Element, please visit:

www.Fremont.gov/HousingElement. To view the current 2007-2014 Housing Element, check out www.Fremont.gov/CurrentHousingElement.

# What?! Sharks in My Backyard?

#### SUBMITTED BY ADRIENNE DE PONTE

Sea level rise for the Hayward shoreline is projected to be as much as 55" by the year 2100. The SF Bay Estuary - our region's most defining geographic feature - may be even closer to your backyard in the notso distant future. How will the impacts of sea level rise affect us? What will be our response?

Join naturalists from the Hayward Shoreline Interpretive Center in this lively and interactive community discussion series where representatives from the Adapting to Rising Tides Project present the most current information regarding local impacts of sea level rise then discuss in small groups how we respond as a community.

> Castro Valley Library: Saturday, February 22 at 2 p.m. San Lorenzo Community Center: Saturday, March 22 at 2 p.m. **Hayward Shoreline Interpretive Center:** Saturday, April 12 at 1 p.m.

Panelists and partners include Hayward Area Recreation and Park District, Bay Conservation and Development Commission - Adapting to Rising Tides Project, 350BayArea.org, American Association of University Women - Castro Valley, Castro Valley Library, Hayward Area Shoreline Planning Agency -Citizens Advisory Committee (HASPA-CAC), MoveOn.org, Starr King Unitarian Universalist Church, Hayward - Social Justice Committee, and Women Environmental Artists Directory (WEAD).

> What?! Sharks in My Backyard? Saturday, Feb 22 2 p.m. Castro Valley Library 3600 Norbridge Ave, Castro Valley

Saturday, March 22 2 p.m. San Lorenzo Community Center 1970 Via Buena Vista, San Lorenzo

Saturday, April 12 1 p.m. **Hayward Shoreline Interpretive Center** 4901 Breakwater Ave, Hayward

> (510) 670-7270 shoreline@haywardrec.org

# Milpitas Rotary Club **Youth Speech Contest winners**



First place winner Miranda Le with President Mark Tiernan and MUSD Supt. Cary Matsuoka

#### SUBMITTED BY FRANCK DE SMIDT

The Milpitas Rotary Club applauded the Richard D. King Annual Youth Speech Contest winner at their Monday, January 13 lunch meeting held at Brandon's Restaurant.

Milpitas High School Senior Miranda Le took 1st Place and Milpitas High School Senior Samukh Shekar won 2nd place. A third student, unnamed, was unable to attend due to illness.

Rotary Speech Contest Chair Milpitas Unified School District Superintendent Cary Matsuoka conducted the

Each contestant was to pick a topic of their choice and include the theme of "Engage Rotary, Change Lives" and incorporate at least one or more of the principles of Rotary's 4-Way Test:



Second Place was Samukh Shekar with President Mark Tiernan and MUSD Supt. Cary Matsuoka

- 1. Is it the Truth?
- 2. Is it Fair to all concerned?
- 3. Will it build Goodwill and better Friendships?
- 4. Will it be Beneficial to all concerned?

Winner Miranda Le received a Club Level prize of \$100. A 2nd place prize of \$50 was won by Samukh Shekar. Our winner will go on to the Area 5 Contest hosted by the San Jose East/Evergreen Rotary Club on March 6 offering a \$200 1st place prize. This is followed by the Regional Contest with a \$250 1st place prize at the SAP Center (formerly HP Pavilion) on March 21. The Rotary District 5170 Finals will take place on April 2 at the Doubletree Hotel San Jose with a 1st prize of \$1,000.

# Summer For Programs CIT

#### SUBMITTED BY IVY WU

Fremont Unified Student Store (FUSS) will be hosting a Summer Programs Fair on Friday, March 7. In addition to many returning vendors, there will be more than 15 new vendors who offer a wide range of summer programs for students in the following areas: Arts, Music, Academic Enrichment, Business, Leadership, College Prep, Science and Technology, Entrepreneurship, Sports, Speech and

During the Programs Fair, vendor display tables will explain their programs and answer any questions. Over 500 students and families from Fremont and the neighboring cities have attended this event in past years and greatly benefited from the information and resources distributed. If you are a vendor and would like to share information about your Summer Programs at this Fair, please contact us at events@fuss4schools.org. Space is highly limited. Hope to see you there!

FUSS (Fremont United Student Store), is a non-profit organization, created to raise funds for Fremont Unified School District.

> **FUSS Summer Programs Fair** Friday, Mar 7 6 p.m. – 8 p.m. American High School 36300 Fremont Blvd., Fremont events@fuss4schools.org www.fuss4schools.org

# Ohlone Theatre & Dance Guild Delighting Audiences Once Again

By Jessica Noël Flohr

**▼** he performing arts of theatre and dance have a rich history dating back thousands of years. Early records of stage dramas indicate that western theatre originated in Greece in the 6th century BCE. Although hundreds of plays were performed in ancient times, only a handful of manuscripts have survived from theatre's earliest days. Many of these were tragedies, though comedy and satyr plays were also common. Satyr plays followed tragedies to liven up the audience; they have been compared to more modern burlesque comedy shows.

Later, as the Roman Empire spread across Europe and into England, theatre traveled westward as well. For several centuries between ancient times and the Middle Ages, theatre was mostly absent from Western Europe. Biblical dramas reenacted by religious clergy and traveling performers during the Easter season slowly brought theatre back in style. Religious and morality plays dominated theatre until the 15th century CE. It was at this time that dramatic societies began to form. These

groups, similar to modern theatre guilds, were known as Chambers of Rhetoric.

The period of theatrical history most familiar to playgoers today is that of Shakespearean drama. The banning of religious plays by Queen Elizabeth I of England led to a flourishing of secular theatre. Professional actors and theatre guilds began to be formed at this time. The tradition of theatrical societies has continued to this day for the purpose of preserving the performing arts.

It is in the spirit of this great tradition that the Ohlone Theatre and Dance Guild is being revived after an eight-year hiatus. The Guild began forty years ago as a club at Ohlone College. A group of passionate theatre students banded together with guidance from Ohlone College performing arts professors to promote attendance at local theatre presentations, produce theatre presentations, and support students interested in the performing arts.

For many years, the Guild was thriving and active in the Tri-City community. Aspiring actors flocked to the Performing Arts Department at the college, in hopes of one day making it big. The Fremont-based

Guild was one step in the journey to Hollywood. Each year, the Guild held an awards banquet and a summer theatre festival. Sadly, over time the demographics changed, economics changed, and students had other interests they wanted to pursue. The Guild closed up shop.

Recently, students began to show a renewed interest in the theatre. Students Leslie Macedo, Jessica Cruz, and others joined Technical Design professor Fred Alim in bringing the Guild back to life. "A lot of past students have gone on to do professional work. The group is a good springboard for aspiring actors and producers," says Alim. Guild members hope to get the group back up and running, become recognized as a producing entity, and gain support for the theatrical arts.

The Guild is organized as a club at Ohlone. Members meet weekly to discuss current projects and future plans. First on the agenda is the Guild's premiere production, "rogerandtom," an off-Broadway play written by Julien Schwab. Alim says, "We have a brand new director, Ryan Weible, and we wanted to do something unheard of around here. It's fun and exciting; a project with panache, but doable." The play is described as "one hour of mindbending, head-scratching, meta-metaquasi-romanti-tragi-dramedy." "rogerandtom" is a play within a play. Roger and Tom are brothers with a strained relationship. Tom is a playwright.

The two have a sister, Penny, who is in the process of separating from her husband, Richard. Roger unexpectedly finds himself the subject of (and unwitting party to) Tom's most recent play.

The Guild plans to follow this opening act with a sketch comedy night in March. This will be a night with student-writers presenting their original material. In addition to supporting the arts, the Guild is also a service organization. After the tragic events of 9/11, the Guild raised \$11,000 to benefit the victims and their families. They also raised \$7,000 for those affected by the tsunami. At each of their performances, the Guild accepts donations of nonperishable food items for St. John's Pantry in Fremont. Other charitable causes have included breast cancer awareness and Soles4Souls, an organization that provides shoes for the underprivileged in the United States and in developing nations.

Come support a great tradition and help revive the Ohlone Theatre and Dance Guild!

rogerandtom Thursday, Feb 6 – Saturday, Feb 8 8 p.m. **NUMMI Studio Theatre** Smith Center at Ohlone College 43600 Mission Blvd., Fremont (510) 659-6031 www.smithcenter.com Tickets: \$11 Parking: \$2

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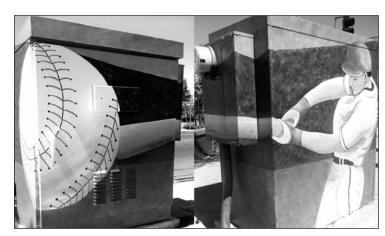
## **Union City approves**

# utility box nurals

SUBMITTED BY FRANK ADDIEGO

Union City has resolved to implement citywide murals, patterned after a successful Hayward program implemented in April of 2009. Hayward's program was designed to wrap public utility boxes with paintings to add character and deter tagging by gang members and graffiti artists. "For Union City, I think it's more of a beautification program," said the city's planning manager Carmela Campbell.

At the January 28th meeting of the City Council, Campbell spoke about creating murals on utility boxes then including other common targets of graffiti artists at a later time. Asked by councilmember Jim Navarro if there was an "honor system" in which graffiti artists would



refrain from defacing these murals, Campbell said, "that's the feedback we're getting, that taggers respect other artists' work."

The city council unanimously approved the mural program. Mayor Carol Dutra-Vernaci expressed her desire for "preference to be given to Union City artists," but open to artists outside the community.

On behalf of City Staff, Campbell requested an initial \$10,000 from the public art fund toward painting 16 boxes in Decoto and Old Alvarado. The City would then evaluate the progress of the program and, if there is a positive response, begin phase two which will include murals on larger facilities, possibly including private property.

If the initial phase is successful, the program is expected to utilize the public art fund's remaining \$58,000. Amid concerns about a single initiative depleting the fund, Campbell said that the City is expecting additional funding from required donations through building projects. "When developers build new buildings, they're required to donate 1%," she said, "either to pay an artist [for a public art display] or pay into the public art fund."

"There is no impact to the General Fund," she said. According to the staff report, the Economic and Community Development Department will manage the mural program with city manager oversight. The Public Art Board will work with staff to create a list of potential artists for the project.

The intended theme of this art is to celebrate the culture of Union City. "Starting out, we're going to have some general guidelines," said Campbell. "The subject matter of the art has to be focused on Union City history," she said, commenting on how different sections of the city have different cultural elements and that the art will, "mirror the culture of the neighborhood."

The City will pay artists \$600 for each mural. Those interested in creating murals as part of the initiative may contact the Union City Planning Division at (510) 675-5319 or email publicart@unioncity.org.

#### Regional park

# job opportunities

SUBMITTED BY MONA KOH

Though the parks may be quieter during the winter season, there are, nevertheless, many fun and healthy activities at this time. To maintain East Bay Regional Parks and assist visitors, many seasonal positions for youth ages 16 and older are available as well as regular, full time positions. For more information, visit: ebparks.org.

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## **EARTHTALK®** E - THE ENVIRONMENTAL MAGAZINE

# America's Great Outdoors

Dear FarthTalk: What is the Obama administration's America's Great Outdoors initiative and what does it hope to accomplish?

- Doug St. James, New York, NY

President Obama signed a Presidential Memorandum in April 2010 establishing the America's Great Outdoors Initiative to promote and support innovative community-level efforts to conserve outdoor spaces and reconnect Americans to the outdoors. The Memorandum calls for collaboration among the Departments of Interior and Agriculture as well as the Environmental Protection Agency and the White House's own Council on Environmental Quality in leading the initiative. Eight other federal agencies play a supporting role—and literally thousands of other partners from state, local and tribal governments, non-profits and the private sector are involved as well. Getting young people, especially city kids, into the outdoors to experience our country's unique natural heritage is a top priority of America's Great Outdoors.

Before pursuing any specific strategies, initiative leaders solicited feedback from everyday Americans as to what mattered most to them regarding conservation and access to the outdoors. Some 105,000

written comments and many more spoken ones from "listening sessions" held coast to coast streamed in and were crucial to the development of programs. Public feedback continues to shape the initiative's agenda.

Some of the programs that fall under the umbrella of America's Great Outdoors include: the Veterans Fire Corps, which employs veterans in forest fire management; the National Oceanic and Atmospheric Administration's program providing technical training and work opportunities for underserved youth in habitat restoration and fisheries monitoring; and the establishment of a new network of "water trails" coast to coast to increase everyone's access to the outdoors.

America's Great Outdoors was in the news recently when Interior Secretary Sally Jewell announced the launch of 21st Century Conservation Service Corps as part of the program. "21CSC," as Jewell calls it, aims to be a modern incarnation of the Civilian Conservation Corps (CCC) that President Franklin Roosevelt used to help put Americans back to work during the



Photo Credit: Team St. Louis

President Obama's America's Great Outdoors Initiative seeks to promote and support community efforts to conserve natural spaces and reconnect Americans to the outdoors. Pictured: a "listening session" soliciting input from everyday Americans as to what mattered most to them regarding conservation and ac-

Great Depression. Jewell envisions a 100,000 person strong "CCC 2.0" that will provide opportunities for thousands of young Americans—6.7 million of whom are currently unemployed or not in school—and veterans transitioning back to civilian life to serve their country, feel proud of what they are accomplishing and improve their own lives and the lives of others around them.

Part of what makes America's Great Outdoors unique is that partners from every sector of American society—not just the federal government—are encouraged to help. 21CSC is partially funded by a \$1 million dollar donation from clothing retailer American Eagle Outfitters, and Jewell is in search of another \$19 million from other private sector partners to turn the program into a potent force for reducing youth and veteran unemployment while giving our endangered lands and waterways some much-needed attention.

Environmentalists may be disappointed that the Obama administration hasn't been able to muscle through mandatory greenhouse gas emissions cuts and put sustainability concerns at the forefront of the policymaking process, but getting unprecedented numbers of Americans involved in conservation projects that protect the nation's treasured natural heritage is a worthy conservation legacy in its own right. The program is sure to positively impact generations of Americans for decades to come.

CONTACTS: America's Great Outdoors, www.doi.gov/americasgreatoutdoors/; 21CSC, www.doi.gov/21csc/.

EarthTalk® is written and edited by Roddy Scheer and Doug Moss and is a registered trademark of E - The Environmental Magazine (www.emagazine.com). Send questions to: earthtalk@emagazine.com.

# St. Vincent De Paul announces new Executive Director

#### SUBMITTED BY MELANIE DIEGEL

The Board of Trustees of St. Vincent de Paul of Alameda County (SVdP) announced that Blase Bova has joined the organization as the new Executive Director.

For the past 15 years Bova had served in various management roles as Director of Development, Director of Operations and Director of Programs at SVdP Phoenix,

Arizona, overseeing many core programs including one of the largest commercial kitchens in the state, which prepares 3,200 meals daily in their dining room sites.

During these years he utilized his management and program skills to create effective, high impact safety net programs for families and individuals in need and to grow a volunteer program that is a model for SVdP organizations throughout the U.S.

Most recently, he served as the executive director at SVdP of Marin, CA overseeing fundraising, marketing and programs.

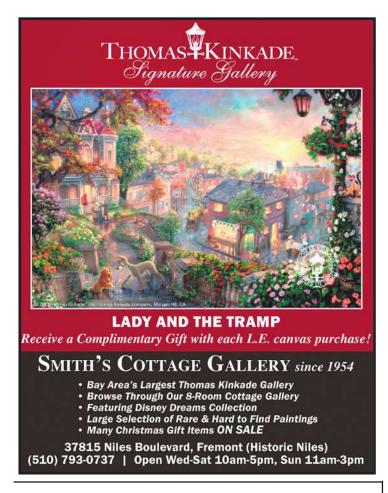
During the nationwide executive director search, board president Ed Frakes knew they had found the right person with the vision, skills and commitment necessary for a leader for the 75 year old organization when Bova told him, "My greatest success is in inspiring staff and volunteers that SVdP is much more than a job – that through our mutual efforts and accountability and guided by the St. Vincent de Paul model, we can each be a tremendous force for good."

Blase Bova can be reached at (510) 435-2625 or bbova@svdp-alameda.org.

St. Vincent de Paul of Alameda County is a 501(c)(3) nonprofit organization founded in 1938 that provides direct assistance to men, women and children in Alameda County in need. February 4, 2014 What's Happening's Tri-City Voice Page 19







# Science Magic at Mattos Elementary



SUBMITTED BY LISA HALLAS

Mattos Elementary School in Fremont had its annual "Family Science Night" on January 24 with the theme, Science Magic. Over 200 students, parents, and teachers attended and enjoyed ten tables of science-based fun hosted by the Children's Discovery Museum of San Jose. This year's theme enabled the Mattos community to see how science can produce "magical" reactions such

as levitating a paperclip, controlling a straw with static electricity and much more.

Many children found a favorite station and stayed there all night playing with science magic, while others visited all ten stations. Parents and students alike were entranced by the magic of science experiments. As one father of a fifth grader and a first grader said, "I tried all of the experiments first and had a great time. Now, I am watching my kids enjoy their favorites. This is the best 'Family Science Night' I have attended." Another parent said that she and her 5th grade daughter "had a great time exploring the magic of science with an easy, hands-on sampling of every day science secrets. I think our favorites were the 'unbend the wire' and 'turning the glass jar over without dripping water' tables. The 'which surface melts the ice faster' table even tricked me."

From the kids came exclamations such as "Cool!" and "Wow!" along with expressions of amazement and joy. As a first grader said, "Science Night was sooooo fun! Look at this paper clip. It can stand in air without falling down (referring to the magnetic



# **Did You Know?**

## **Fremont Unified School District**

has the following special programs available to students in elementary school:

# Mandarin Immersion Program Science Magnet Program Spanish Immersion Program

If you would like to enroll your child in one of these programs, please pick up an application at Student Support Services, 4210 Technology Dr., Fremont. If you have any questions about these programs, contact the Department of Federal and State Projects, 510-659-2531.







levitation experiment)." The event was also enhanced by the enthusiastic assistance of several junior high and high school student volunteers. They enjoyed watching the younger children discover the magic of science. One of the volunteers said, "It was fun seeing the kids' faces light up when they figured out the magic trick!" A fifth grader summed it all up by saying, "(Science Night was) a great way to demonstrate that science can be fun and entertaining!"

Mattos Elementary School is Fremont's only science magnet. The program is called Soaring Into Science and offers an in-class science docent program, dedicated science specialist, a science lab for grades one through six and approximately three science-related events a year for Mattos students and their families. To learn more about Mattos, please visit:

http://www.fremont.k12.ca.us/Domain/1173.



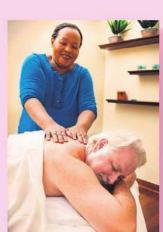












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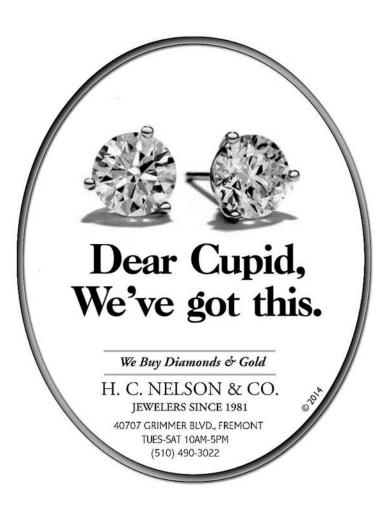
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1351 Driscoll Rd, Fremont (at Christian Science Church) www.unityoffremont.org 510-797-5234

Arts & Entertainment \$ = Entrance or Activity Fee R= Reservations Required Schedules are subject to change. Call to confirm activities shown in these listings



#### **Continuing Events**

#### Thursdays, Dec 26 thru Feb 27 "Dirt Cheap" Organic Produce

10 a.m. - 2 p.m. CalFresh recipients may use EBT cards for purchases

Alameda County Social Services

24100 Amador Street, Hayward (510) 670-6000

#### Wednesdays, Jan 8 - Feb 26 **Reducing Stress Course for Caregivers \$**

10 a.m. - 12 noon Learn effective ways to deal with stress Family Resource Center 39155 Liberty St., Fremont (510) 574-2035 nroghschild@fremont.gov

#### Wednesdays, Jan 15 - Feb 12 **Ballroom Dance Classes \$**

Beginners 7:00 p.m. - 8:00 pm Intermediate & Advanced 8:15 p.m. -Tango, Waltz, Samba &

Merengue Union City Ruggieri Senior Center 33997 Alvarado-Niles Road, Union City (510) 675-5328

#### Saturdays, Jan 18 thru Mar 1 **Chinese Folk Songs Course \$R**

3:30 p.m. - 5:30 p.m. Learn about a special genre of music Ohlone College 43600 Mission Blvd, Fremont (510) 742-2304 http://ohlone.augusoft.net

#### Thursday, Friday & Saturday, Jan 18 thru Mar 1

#### A.R.T. Inc. Annual Members **Exhibit**

11 a.m. - 3 p.m. Variety of works by local artists Adobe Art Gallery 20395 San Miguel Ave., Castro Valley (510) 881-6735

#### Mondays, Jan 20 thru Apr 7 **HR Certification Prep Course**

6 p.m. - 9 p.m. Learn skills & test prep for Human Resources exam

Western Digital Corporation 44200 Osgood Rd., Fremont (415) 291-1992 www.nchra.org

# Church of Christ of Tremont

4300 Hansen Ave. Fremont

510-797-3695

www.fremontchurchofchrist.org

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That I Will Give Him Shall Never Thirst; But The Water That I Will Give Him Will Become In Him A Well Of Water Springing Up To Eternal Life John 4:14 **AA Meetings Every Tues** and Thurs Evenings 7:30-9:30pm

#### Services

In Spanish

In the Fellowship Hall

Sunday: 10:45am and 6pm Wednesday: 7:30pm

# Wednesday, Jan 22 - Sunday,

Cirque du Soleil: Amaluna \$ Wed - Sat: 8 p.m. Sat & Sun: 4:30 p.m.

Sun: 1 p.m. Journey to a mysterious, magical island Taylor Street Bridge Hwy. 87 and Taylor St. Lot E, San Jose

(800) 450-1480 www.cirquedusoleil.com

#### Saturday, Jan 25 - Sunday, <u>Apr 13</u>

55" Images of Sea Level Rise 10 a.m. - 5 p.m.

Exhibit details the impact of rising bay

Hayward Shoreline Interpretive Center 4901 Breakwater Ave., Hayward

(510) 670-7270 www.incredibletravelphotos.com/ 55inches

#### Sundays, Jan 26 thru Mar 23 The Happy Leader - Teen Leadership Program \$

2:00 p.m. - 4:30 p.m. Teens design a plan for personal & academic growth

India Community Center 525 Los Coches Street, Milpitas 408-934-1130 www.indiacc.org

#### Tuesday, Jan 28 - Saturday, Apr 12

#### Jamaica THEN & Cuba NOW

Mon: 5 p.m. - 10 p.m. Tues &Thurs: 10 a.m. - 1 p.m. Sat: 12 noon - 3 p.m. Images of the Peace Corps PhotoCentral 1099 E St., Hayward (510) 881-6721 www.photocentral.org

#### Wednesday, Jan 29 - Sunday, Feb 9

#### **Valentine Boutique**

11 a.m. - 5 p.m. Hand-made gifts for your loved ones Fremont Art Association 37697 Niles Blvd., Fremont (510) 792-0905

## Saturday, Feb 1 - Friday, Feb

#### Afro-American Cultural Display

11a.m. - 6 p.m. Honoring black history month Cultural Corner near Sears New Park Mall 2086 Newpark Mall, Newark (510) 794-5523

#### Saturday, Feb 1 - Friday, Feb

#### Jan Schafir Art Studio Exhibit

5 a.m. - 9 p.m. Mixed media works

Mission Coffee Roasting House 151 Washington Blvd., Fremont (510) 409-2826

#### Saturdays, Feb 1 thru Apr 19 Teen/Senior Computer and

Gadget Help 10:30 a.m. - 12:30 p.m. Teens teach seniors to use electronic de-

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

#### Tuesday, Feb 4 - Thursday, Mar 27

#### **Artist's Guild of the East Bay: Jump into Spring**

9 a.m. – 5 p.m. Local artists display a variety of art

Artist reception Friday, Feb 7 5:30 p.m. – 7:30 p.m. Hayward City Hall 777 B St., Hayward (510) 538-2787 hacmail@haywardarts.org

#### Thursday, Feb 6 - Sunday, Mar 2

#### "An Ideal Husband" \$

Thurs - Sat: 8 p.m. (Sat & Sun matinee: 2 p.m.) Comedic tale about a politician & a past

Douglas Morrison Theatre 22311 N Third St., Hayward (510) 881-6777 www.dmtonline.org

# Give Kids a Smile

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www.fremontfarmersmarket.com

#### **Kaiser Permanente Fremont** Farmers' Market

#### **Thursdays**

10 a.m. - 2 p.m.

Year-round 39400 Paseo Padre Pkwy., Fremont 800-949-FARM

#### Irvington Farmers' Market

#### **Sundays**

9 a.m. – 2 p.m.

www.pcfma.com

Year-round Bay Street and Trimboli Way, 800-949-FARM www.pcfma.com

#### **HAYWARD:**

#### **Hayward Farmers' Market**

#### **Saturdays**

9 a.m. - 1 p.m.

Year-round Hayward City Plaza 777 B. St., Hayward 1-800-897-FARM www.agriculturalinstitute.org

#### St. Rose Hospital Farmers' Market

**Tuesdays** 12 noon – 4 p.m. **Year-round** 27200 Calaroga Ave., Hayward (510) 264-4139 www.digdeepcsa.com

#### **Kaiser Permanente Hayward** Farmers' Market

#### Wednesdays

10 a.m. – 2 p.m.

Year-round 27400 Hesperian Blvd., Hayward 800-949-FARM www.pcfma.com

## **South Hayward Glad Tidings**

#### **Saturdays**

9 a.m. - 3 p.m.

Year-round W. Tennyson Rd. between Tyrell Ave. and Tampa Ave., Hayward (510) 783-9377 www.cafarmersmarkets.com

#### **MILPITAS:**

#### Milpitas Farmers' Market at ICC

#### Sundays

8 a.m. – 1 p.m.

Year-round India Community Center 525 Los Coches St. 800-949-FARM www.pcfma.com

#### **NEWARK:**

#### **Newark Farmers' Market**

#### Sundays

9 a.m. - 1 p.m.

Year-round NewPark Mall 2086 NewPark Mall, Newark 1-800-897-FARM www.agriculturalinstitute.org

#### **Bayfair Mall**

#### **Saturdays**

9 a.m. - 1 p.m.

Year-round Fairmont and East 14th St., San Leandro (925) 465-4690 www.cafarmersmkts.com

#### **UNION CITY:**

#### Kaiser Permanente Union City Farmers' Market

#### **Tuesdays**

10 a.m. – 2 p.m.

Year-round Kaiser Permanente Medical Offices 3553 Whipple Rd., Union City 800-949-FARM www.pcfma.com

#### Union City Farmers' Market

#### **Saturdays**

9 a.m. – 1 p.m. Year-round Old Alvarado Park Smith and Watkins Streets, Union City 800-949-FARM

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#### Friday, Feb 7 - Sunday, Apr 6 Children's Book Illustrator's Ex-

11 a.m. - 5 p.m. Variety of artist's works on display Sun Gallery 1015 E St., Hayward (510) 581-4050 www.sungallery.org

#### Saturday, Feb 1

#### **Movie Night \$**

7:30 p.m. "The Count," "My Wife's Relations," & "That's My Wife" Niles Essanay Theater 37417 Niles Blvd, Fremont (510) 494-1411

#### Tuesday, Feb 4

#### **Cash for College Workshop**

5:30 p.m. – 7:30 p.m. Learn about financial aid, scholarships

Arroyo High School 15701 Lorenzo Ave., San Lorenzo (510) 317-4000

#### Wednesday, Feb 5

#### **High School Transition Infor**mation Night

6 p.m. - 8 p.m. Information for high school students with disabilities

Fremont Teen Center 39770 Paseo Padre Pkwy., Fremont

(510) 657-2350 x 12436 rburciago@fremont.k12.ca.us

#### Wednesday, Feb 5

#### **Conservation Speaker Series \$**

6:30 p.m. - 9:00 p.m. Saving the Mountain Yellow Legged Frog

Oakland Zoo 9777 Golf Links Rd., Oakland (510) 632-9525 www.oaklandzoo.org

#### Wednesday, Feb 5

#### Mary Rosiles Presents "Bust of Clay"

7 p.m. - 9 p.m. Learn to create head & facial features out of clay

Fremont Art Association 37697 Niles Blvd., Fremont (510) 792-0905 www.FremontArtAssociation.org

#### Wednesday, Feb 5

#### City of Fremont Housing Element Update

6:30 p.m. - 8:00 p.m. Town hall meeting about housing issues City of Fremont 39550 Liberty St., Fremont (510) 494-4535 https://www.fremont.gov/index.a spx?NID=1823

#### Wednesday, Feb 5

#### Cash for College Workshop

6:30 p.m. – 8:00 p.m. Financial aid, scholarships & grants Ohlone College, Newark Campus 39399 Cherry St., Newark (510) 659-6000

#### Wednesday, Feb 5

#### **Cash for College Workshop**

6 p.m. – 8 p.m. Financial aid, scholarships & grants San Leandro High School 2200 Bancroft Ave., San Leandro (510) 618-4600

#### Wednesday, Feb 5

#### **Cash for College Workshop** 6 p.m. – 8 p.m.

Financial aid, scholarships & grants Tennyson High School 27035 Whitman St., Hayward (510) 723-3190

#### Thursday, Feb 6

#### **Community Health and Well**ness Resource Fair

11 a.m. - 2 p.m. Health services, diet & fitness testing Unitek College 4580 Auto Mall Pkwy, Fremont (510) 249-1060 www.unitek.com

# Thursday, Feb 6 - Saturday,

#### **Roger and Tom \$**

8 p.m. Comedic production about a playwright & his brother

Smith Center 43600 Mission Blvd., Fremont (510) 659-6031 www.smithcenter.com

#### Thursday, Feb -Sunday, Feb 9 Pratishtapana Mahotsava Kumbhabhisheka

Thurs: 6:00 p.m. - 9:00 p.m.

Fri & Sat: 8:30 a.m. - 9:00 p.m. Sun: 6:30 a.m. - 1:00 p.m. Hindu temple installation of idols & cultural programs Sri Siddhi Vinayaka Temple 40155 Blacow Rd., Fremont (510) 403-4256 http://fremont.svcctemple.org/fre

#### Thursday, Feb 6

mont/

#### **Kayaking for Folks 50+ \$R**

11 a.m. - 3 p.m. Learn proper techniques & safety guide-

Ages 50+ Lake Chabot 17600 Lake Chabot Rd, Castro Valley (888) 327-2757 www.ebparksonline.org

#### Thursday, Feb 6

#### **Cash for College Workshop**

6:30 p.m. – 8:30 p.m. Financial aid, scholarships & grants Hayward High School 1633 East Ave., Hayward (510) 293-8586

#### Thursday, Feb 6

#### **Cash for College Workshop**

6 p.m. – 8 p.m. Financial aid, scholarships & grants John F. Kennedy High School 39999 Blacow Rd., Fremont (510) 657-4070

#### Friday, Feb 7

#### **Science Lecture for Children**

4:30 p.m. For elementary school-age kids Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

#### Friday, Feb 7 - Sunday, Feb 9

#### **SAVE Fundraiser \$**

Fri: 7 a.m. - 3 p.m. Sat & Sun: 5 p.m. - 9 p.m. 15% of food purchase donated to domes-

tic abuse aid Mention SAVE when ordering Niles Café 121 I St., Fremont (510) 791-6049

www.thenilescafe.com

#### Friday, Feb 7

## Laserium: Led Zeppelin Pre-

miere \$ 8 p.m. - 10 p.m.

Laser light show set to rock music Chabot Space & Science Center 10000 Skyline Blvd., Oakland (510) 336-7300 www.chabotspace.org

#### Friday, Feb 7

#### **American Red Cross Blood** Drive – R

11:30 a.m. - 4:30 p.m. Schedule an appointment Use sponsor code: KAISERUNION Kaiser Permanente Union City 3555 Whipple Road, Union City

www.americanredcross.org

#### Friday, Feb 7

#### **Toddler Ramble**

10:30 a.m. - 11:15 a.m. Kids ages 1 - 3 explore the shore Hayward Shoreline Interpretive 4901 Breakwater Ave., Hayward (510) 670-7270

#### Friday, Feb 7

#### **Dinner and Dance \$**

www.haywardrec.org

5:30 p.m. - 10:00 p.m. Music by "Treble Makers," dancing &

Hayward Area Senior Center 22325 North Third St., Hayward (510) 881-6766 www.haywardarearec.org

#### Friday, Feb 7

#### **Pediatric Dental Clinic Open** House

3:30 p.m. - 6:30 p.m. Facility tour, refreshments & networking Silva Pediatric Clinic 680 West Tennyson Rd., Hayward (510) 782-4470 www.strosehospital.org

#### Friday, Feb 7

The Song of Hiawatha \$ 7 p.m. Children's opera tells classic tale Smith Center 43600 Mission Blvd., Fremont (510) 659-6031 www.montessorifremont.com/opera.html

#### Saturday, Feb 8 "Gideon's Army" Documentary Screening

1:30 p.m. - 4:00 p.m. Challenges faced by public defenders Niles Discovery Church 255 H Street at 3rd, Fremont 510-797-0895 www.tricityperspectives.org

## "Come and join the conversation"

Feb. 4: "News From the Future"

A futurist gives a sneak peak Feb. 11: "Finding the Family I Never Knew" A story of separation, adoption, and

reunion Feb. 18: "Do Good Dogs Go to Heaven?" Questions about animals and the afterlife



"Doing life. Doing good."

Lifetree Cafe - Fremont

LifetreeCafe-Fremont

Tuesdays at 7:00p **FREE Admission** 

**Upstairs at City Beach Fremont** 4020 Technology Place



510-659-6285

FREE Admission - \$2.00 Parking Fee **2nd Saturday of Every Month** - Rain or Shine

Next Elea Market

**SATURDAY** February 8

Ohlone College - 43600 Mission Blvd., Fremont

#### Saturday, Feb 8

#### **Black History Month Obser**vance: Civil Rights in America

10 a.m. - 6 p.m. Displays, speakers, food & crafts Newark Community Center 35501 Cedar Blvd., Newark (510) 792-3973

#### Saturday, Feb 8

#### **Give Kids a Smile**

9 a.m. - 1 p.m. Free dental event for kids ages 4-14 Union City Dental Clinic 1203 J Street, Union City (510) 489-5200 www.sacds.org

#### Saturday, Feb 8

#### Pianist Keisuke Nakagoshi \$

Classical piano concert James Logan High School 1800 H Street, Union City (877) 938-9240

#### Saturday, Feb 8

#### Nerd Nite \$

7 p.m. - 10 p.m. Scavenger hunt, star gazing & laser light

Chabot Space & Science Center 10000 Skyline Blvd., Oakland (510) 336-7300 www.chabotspace.org

#### Saturday, Feb 8

#### Wine & Canvas Painting Workshop \$

6:30 p.m. - 9:30 p.m. Artist instruction, supplies & wine provided

Ages 21+ Chabot Space & Science Center 10000 Skyline Blvd., Oakland (510) 336-7300 www.chabotspace.org

#### Saturday, Feb 8

#### **Healthy Heart Hike**

8 a.m. - 12 noon Enjoy a leisurely hike, some hills Garin Regional Park 1320 Garin Ave., Hayward (510) 582-2206 www.ebayparks.org

#### Saturday, Feb 8

#### **All Fur Love Pet Adoption** Event \$

interest in hobbies?

11 a.m. - 5 p.m. Reduced adoption fees for dogs, cats & bunnies

Hayward Animal Shelter 16 Barnes Ct., Hayward (510) 293-7200 www.haywardanimals.org

#### Saturday, Feb 8

#### All About Owls - R

1:30 p.m. - 3:00 p.m. Interactive presentation for all ages SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222

#### Saturday, Feb 8

#### **Bullying, Cyber-Bullying & Healthy Friendships**

1 p.m. Parent workshop to help protect children Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 402-2855 www.fremntcounselingservices.com

#### Saturday, Feb 8

#### **History for Half Pints**

12:30 p.m. Kids learn history through arts, crafts & storytelling Pancho Villa Event Center 1026 B Street, Hayward (510) 258-3049 www.haywardareahistory.org

#### Saturday, Feb 8

#### Willie Davenport Olympian Track & Field Clinic \$R

8 a.m. - 4 p.m. Meet Olympians; work with track & field clinicians

James Logan High School 1800 H St., Union City (510) 304-7172 www.logantrackandfield.com

#### Saturday, Feb 8

#### **The Saddle Cats**

2 p.m. Live cowboy & western music Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

#### Saturday, Feb 8

www.haywardrec.org

#### **Bird Hike**

10 a.m. - 1 p.m. Bird watching hike led by naturalist Hayward Shoreline Interpretive Center 4901 Breakwater Ave., Hayward (510) 670-7270

Dementia

**Education** series

#### Saturday, Feb 8

#### **Battle of the Bands \$**

Groups perform live for prizes Chabot College 25555 Hesperian Blvd., Hayward (510) 888-0211 www.haywardrocks.com

## Saturday, Feb 8

#### **Furry Friends Rescue, Valentine** Dog Day! \$

12:30 p.m. - 4:00 p.m. Dog & cat adoptions, raffle & prizes Pet Food Express 39010 Paseo Padre Pkwy., (510) 713-9999 www.furryfriendsrescue.org

#### Saturday, Feb 8

#### **History Walk and Talk \$**

1 p.m. - 2 p.m. Learn the secrets of the Patterson farm Ardenwood Historic Farm 34600 Ardenwood Blvd., Fre-(510) 544-2797

#### Saturday, Feb 8

www.ebparks.org

#### **Meet the Bunnies \$**

12:30 p.m. - 1:00 p.m. Learn all about rabbits Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont

(510) 544-2797 www.ebparks.org

#### Saturday, Feb 8

#### **Hot Apple Cider \$**

1 p.m. - 2 p.m. Make a batch of cider on a wood burn-

Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

#### Saturday, Feb 8

#### **Going Out of Business Sale**

11 a.m. - 2 p.m. Furniture for sale & books for free Silver Creek Academic Academy 75 North Milpitas Blvd., Milpitas (408)719-1805 www.SilverCreekAcademicAcad-

#### Saturday, Feb 8

#### Hearts of Nature Cards - R

1 p.m. - 2 p.m. Create handmade cards for Valentine's

Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparksonline.org

#### Saturday, Feb 8

#### Outdoor Discoveries: See a Bee?

10:00 a.m. - 11:30 a.m. Learn the A-B-Cs of native bees Ages 3-6 Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

#### Sunday, Feb 9

#### **Math Skills for Adults**

2 p.m. - 4 p.m. Learn about fractions Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

#### Sunday, Feb 9

## **Mewuk-Style Coiled Basketry**

10 a.m. - 4 p.m. Learn the technique to create Indian

Ages 18+ Coyote Hills Regional Park 8000 Patterson Ranch Rd., Fremont (888) 327-2757

#### www.ebparks.org Sunday, Feb 9

#### **Weekend Weed Warriors**

1 p.m. - 4 p.m. Volunteer to remove invasive plants Ages 12+ Hayward Shoreline Interpretive Center 4901 Breakwater Ave., Hayward (510) 670-7270 www.haywardrec.org

#### Sunday, Feb 9

## **Laurel & Hardy Talkie Matinee**

4 p.m. "Swiss Miss," "Love Business," & "Hasty Marriage' Niles Essanay Theater

#### (510) 494-1411 Sunday, Feb 9

#### Farewell to the Monarchs \$

37417 Niles Blvd, Fremont

11 a.m. - 3 p.m. Learn about butterfly migration Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

#### Sunday, Feb 9

#### February Hike - R

12:30 p.m. - 3:30 p.m. 3-mile hike over hills Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparksonline.org

#### Sunday, Feb 9

#### Ed Lichtman, Holocaust Survivor \$

9:30 a.m. - 11 a.m. Temple Beth Torah, Social Hall 42000 Paseo Padre Pkwy., Fremont \$10 general/\$8 seniors Breakfast of lox and bagels, eggs, juice and coffee RSVP: abemaz@pacbell.net

#### Monday, Feb 10

#### **American Red Cross Volunteer** Orientation – R

10:00 a.m. - 3:30 p.m. Learn to greet, inform & thank blood

Fremont-Newark Blood Center 39227 Cedar Blvd., Newark (510) 594-5165 anne.blackstone@redcross.org

## **WANTED:** keen eyes and ears

Communities are governed through elected officials who hold public meetings to inform and discuss matters that are important for the well-being of their citizens. Tri-City Voice is committed to observing and reporting the agendas, discussions and decisions at these meetings.

We currently have openings for part-time reporters who can attend, observe and report in an accurate, honest and unbiased manner. Hours and compensation are determined by assignments accepted. These positions involve a twelve month commitment.

#### Call Tri-City Voice 510-494-1999

#### **BOOKMOBILE SCHEDULE**

**Alameda County** Renew books by phone (510) 790-8096 For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org. Times & Stops subject to change

#### Tuesday, February 4

9:45-10:15 Daycare Center Visit -UNION CITY 10:45-11:15 Daycare Center Visit -FREMONT 2:15 - 3:00 Daycare Center Visit -NEWARK

4:30 - 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT 5:50 - 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

#### Wednesday, February 5

12:45 – 2:15 Glenmoor School, 4620 Mattos Drive, FREMONT 3:50 - 4:20 California School for the Deaf, 39350 Gallaudet Dr., FREMONT 6:00 - 6:30 Camellia Dr. & Camellia Ct., **FREMONT** 

#### Thursday, February 6

10:00-10:30 Daycare Center Visit -SAN LORENZO 10:45-11:45 Daycare Center Visit -CASTRO VALLEY 1:20 - 1:50 Daycare Center Visit -HAYWARD (unincorporated) 2:15 - 3:15 Cherryland School, 585 Willow Ave., HAYWARD (unincor-

#### porated)

# Monday, February 10

9:30-10:05 Daycare Center Visit -UNION CITY 10:25-10:55 Daycare Center Visit -UNION CITY 1:45-2:45 Delaine Eastin School, 34901 Eastin Dr., UNION CITY 4:15-4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY 5:15-6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, **FREMONT** 

#### Tuesday, February 11 9:15-11:00 Daycare Center Visit -

**FREMONT** 2:00-2:30 Daycare Center Visit -**FREMONT** 2:30 - 3:25 Cabrillo School, 36700 San Pedro Dr., FREMONT 4:45 - 5:30 Baywood Apts., 4275 Bay St, FREMONT 5:50 - 6:30 Jerome Ave. and Ohlones St., FREMONT

> Milpitas Bookmobile stops Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060

#### Wednesday, February 5

1:45-3:00 1991 Landess Ave., Milpitas 3:15-3:45 120 Dixon Landing Rd., Milpitas

# with Dementia, including Alzheimer's Disease.

SUBMITTED BY RAYMOND GRIMM, PHD

fused and forgetful? Are they telling the same

stories or asking the same questions over and over? Are they becoming antisocial and losing

Is your loved one becoming increasingly con-

This education support series will offer practi-

cal tips for people who love someone who is living

#### SUBMITTED BY NILES MAIN STREET ASSOCIATION

Make it a date! Experience the magic of a bygone era as you travel through scenic Niles Canyon on a vintage train from Sunol to Niles and back. En route, you'll be served specially-selected wines from the Livermore Valley, paired with hors d'oeuvres.

The train features Southern Pacific parlor-lounge car #2979, newly restored to its elegant 1940s appearance. Winner of an Art Deco Society of California preservation award, the car features plush lounge seating and a semi-circular mahogany bar framed by etched glass and mirrors. The car is climate-controlled for your comfort, and attendants will be on board to assist during your trip. An open-air car is also included on the train for your viewing enjoyment. 1940s attire is admired, but not required. Trains depart the restored Sunol depot located at 6 Kilkare Road, Sunol at 12:00 noon and 3 p.m. Seating is limited. Tickets are \$75 per person.

> Wine Train Excursion Saturday, Feb 15 12 noon or 3 p.m. Sunol Depot, 6 Kilkare Rd., Sunol \$75/person (925) 862-9063 www.ncry.org

# & healthy friendships

Dementia series Wednesdays, Feb 19, March 19,

Apr 23 and May 21

11a.m. - 12:30 p.m.

**Aegis Living of Fremont** 3850 Walnut Avenue, Fremont

Space is limited, light lunch included

RSVP: (510) 739-1515

candy.woodby@aegisliving.com

Free

**SUBMITTED BY** HOLLY LABARBERA, MA, MFTI

Adolescents today are faced with more complicated relationships in school, online, and in the community. Parents are invited to come

Signs that your child is being bullied Qualities of healthy friendships/relationships

Cyber-bullying Help your teen to know that they are not

> healthy friendships Saturday, Feb 8 1 p.m. - 2 p.m. Fremont Main Library, Conference Room A 2400 Stevenson Blvd., Fremont (510) 402-2855

# **Bullying/Cyber-bullying**

learn more about:

Communicating with your teen Relational aggression and female bullying

alone in navigating their social world. Learn how to offer support and encouragement as they learn how to manage their relationships. Please join us for this valuable, free one-hour talk. Bullying/Cyber-bullying and

**Presented by Fremont Counseling Services** 

# Screening of Gideon's Army

SUBMITTED BY REV. JEFFREY SPENCER

In 1961, Clarence Earl Gideon was arrested for stealing soda and a few dollars from a pool hall. Unable to afford an attorney, he was convicted after representing himself at trial. Gideon appealed his conviction all the way to the Supreme Court, and in 1963, the Supreme Court unanimously ruled that the right to counsel in a criminal case is fundamental to the American system of justice.

More than 12 million people are arrested each year in the United States. Most of them are represented by one of the United States' 15,000 public defenders.

This is the legacy of the Gideon v. Wainwright case. This is Gideon's Army.

The documentary Gideon's Army will be screened on Saturday, February 8. The screening is free, though donations are accepted. The screening will be followed by a discussion led by Will Matthews of the American Civil Liberties Union.

Gideon's Army introduces us to three committed public defenders, Travis Williams, Brandy Alexander and June Hardwick, who are attempting to provide high-quality representation despite overwhelming caseloads and virtually no resources. But their stories are the norm, not the exception. They face particularly difficult challenges due to high bonds, mini-

mum mandatory sentencing, and a culture that thinks it is being "tough on crime" by being "tough on criminals."

According to the National Legal Aid and Defender Association, "Public defense caseloads frequently far exceed national standards. For example, national standards limit felony cases to 150 a year per attorney. Yet felony caseloads of 500, 600, 800 or more are common."

Low salaries and high student loan debt cause a high degree of stress to them and other public defenders. According to the US Department of Justice, "Student loan debt is consistently cited as the overwhelming reason why attorneys decline or leave positions as prosecutors and public defenders." Many drop out of the system altogether, joining their counterparts with more resources and higher salaries at commercial law firms.

As a result, each year hundreds of innocent indigents are swept away in the crushing tide of a system strained to the breaking point. As it stands today, innocents may

spend decades in jail, some who are guilty are not brought to justice, and the public is rapidly losing faith in the fairness and competency of the criminal justice system. While the moral implications are staggering, this travesty of justice occurs against the backdrop of an unprecedented economic climate where an economically-strapped nation can ill afford to spend needless dollars imprisoning the innocent.

This screening is part of the Second Saturday Documentary Series, a film series co-sponsored by Niles Discovery Church, Tri-City Perspectives, and the San Jose Peace and Justice Center. More information about the series can be found at tricityperspectives.org.

> Gideon's Army Saturday, Feb 8 1:30 p.m. Niles Discovery Church 255 H St., Fremont (510) 797-0895 Free

# Return to the Days of Knights

#### SUBMITTED BY THERESA GRUSHKIN

Most Cub Scouts celebrate Scouting Anniversary Week in February with a "birthday party" called the blue and gold banquet. The theme of Cub Scouts this year is Knights. On January 31, Pack 441 in Newark celebrated at its annual Blue and Gold Banat home to help decorate for the event. We also had posters made of the boys dressed as knights. The boys and siblings were given "knight" party favors to help bring the theme to life including inflatable swords, crowns and knight masks.

In addition to a flag ceremony that opened and closed the event, a potluck meal was contributed and family. The boys played games during the event and had a great time.

Happy 104th Birthday Scouts! If you are interested in Cub Scouts, please come visit our meetings. Pack meetings are every third Wednesday at 7 p.m. at Holy Redeemer Church at 35660 Cedar Blvd. in Newark. Our February meeting is important since



quet; the birthday of Scouting is February 8, 1910.

In nearly all packs, the blue and gold banquet is the highlight of the year. It brings families together for an evening of fun and cheer. All of our Cub Scouts brought a family crest they made to by all the families; entertainment included skits from all Cub Scout dens. We were thankful for several special guests who attended including Newark Mayor Al Nagy, Bernie Nillo representing our charter organization Viola Blythe, and our district Scouting Executive Justin Brown

our highest ranking den of WeBe-LoS II will be bridging to Boy Scout Troops in a special ceremony. Individual dens meet at different times during the month. Feel free to contact Cubmaster Rick Bensco at pack441cubmaster@yahoo.com for more information.

# News from New Haven

SUBMITTED BY NEW HAVEN UNIFIED SCHOOL DISTRICT

#### Race to the Top Update:

As one of only 16 nationwide winners in the U.S. Department of Education's Race to the Top-District (RTTT-D) competition, New Haven Unified is receiving more than \$29 million over a four and one-half year period, to personalize student learning, improve student achievement and educator effectiveness, close achievement gaps, and prepare all students to succeed in college and careers. District RTTT-D Director Lisa Metzinger is updating staff and the public regularly on how the grant is being implemented:

Some big changes are happening in the 9th grade Algebra 1 classes at Logan, thanks to the hard work and dedication of teachers and students. This amazing team of teachers is working to ensure that every student has an equal opportunity to succeed in Algebra. The changes they've made fall into three main areas: equitable practices and policies; implementing the Common Core and Math Studio; and collaboration. This work is part of Project 1 (Literacy and Common Core) and Project 5 (Grading and Assessment) in the RTTT-D grant.

The six teachers who teach 9th grade Algebra 1 and their math coach, George Oliviero, have agreed to three significant policy changes in grading, classroom management plan, and common formative assessments. They (also are striving) to use multiple entry points, multiple representations and error analysis as common practices. The focus is on giving every student an equitable opportunity to learn and show content mastery in the class, even if it means allowing students to make up assignments and retake tests as needed. In addition to changes in policy, the teachers are rebuilding the Algebra 1 course based on the common core math standards.

#### Foundation's Casino Night Set for March 22:

The New Haven Schools Foundation has announced Saturday, March 22, as the date for its third annual "Casino Night" fundraiser, a benefit for District schools, to be held at Union City's Mark Green Sports Center. This year's event, "Star-Studded Gala, A Night on the Red Carpet," will have a Hollywood-movie premiere theme. Tickets, priced at \$100 per person or \$175 per pair, include a premier buffet dinner and espresso cart, live and silent auctions, no-host beverages and "\$1,000" in casino chips to play blackjack, roulette and other games. VIP and sponsorship packages also are available. For more information or to request an invitation, visit the Foundation's website (info@nhsfoundation.org).

# Remembrances of a Holocaust survivor

SUBMITTED BY ABE MAZLIACH

Thanks to the Holocaust Survivors Speakers Bureau, we have the honor of hearing from Ed Lichtman speak about his experience under Nazi occupation of Poland. Lichtman was born in Dobromil, Poland; five years old when Nazi Germany invaded Poland in September, 1939. Ed's parents were able to arrange hiding places with Catholic families in Poland. At the age of six Ed was separated from his parents, assumed a

new identity and went into hiding with a stranger.



Ed Lichtman, Holocaust
Survivor
Sunday, Feb 9
9:30 a.m. - 11 a.m.
Temple Beth Torah,
Social Hall
42000 Paseo Padre Pkwy.,
Fremont
\$10 general/\$8 seniors
breakfast of lox and bagels,
eggs, juice and
coffee is included
RSVP: abemaz@pacbell.net

## Night work extended at Fremont BART station

#### SUBMITTED BY BAY AREA RAPID TRANSIT

As part of the BART Warm Springs Extension Project, construction crews will continue relocating sanitary sewer manholes located on Walnut Avenue (Fremont) near the entrance to the eastern BART parking lot. For safety reasons this work must be done at night. The work will be done in the median on Walnut Avenue between the east and west end of the station. Both lanes on Westbound Walnut Avenue will be closed

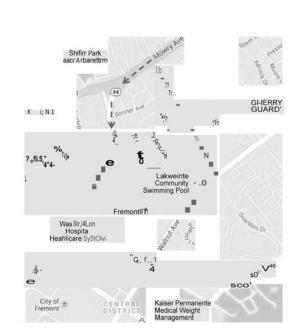
from Guardino Drive to BART Driveway. From Walnut Avenue, motorists will be directed to Guardino Drive, to Mowry Avenue to Civic Center Drive, to Walnut Avenue. Detour signs will be in place. The closure is not expected to impact pedestrians or bicyclists.

# The work will include, but is not limited to:

- Installing changeable message signs
- Closure of westbound lanes on
- Walnut Avenue near the station
   Excavation in impacted area
- Relocating manholes

We appreciate your continued patience during construction. If you have questions regarding these activities, please contact our office at (510) 413-2060 or e-mail bartwarmspringsextension@bart.gov.

#### Westbound Walnut Avenue Detour



# LIFE CORNERSTONES

Birth **Marriage**  For more information 510-494-1999 tricityvoice@aol.com

**Obituaries** 



**Fremont Memorial Chapel** (510) 793-8900 FD 1115 3723 Peralta Blvd. Fremont www.fremontmemorialchapel.com

Paul D. Belz

RESIDENT OF FREMONT December 31, 1920 - January 14, 2014

**Nieves S. Sison** RESIDENT OF FREMONT August 12, 1921 - January 24, 2014

**Patricio Urbi** RESIDENT OF NEWARK

March 17, 1924 - January 24, 2014 **Erma Dean Street** 

RESIDENT OF MANTECA November 13, 1927 - February 1, 2014

Bonnie G. Menconi RESIDENT OF FREMONT November 9, 1944 - January 26, 2014

Roger L. Jones RESIDENT OF FREMONT

August 8, 1949 - January 28, 2014 Elidya R. Chapa RESIDENT OF NEWARK

February 25, 1936 - January 29, 2014 Frank A. Uszynski RESIDENT OF MILPITAS

October 4, 1924 - January 30, 2014 **G. Evelyn Williams** 

RESIDENT OF WOODLAND November 18, 1923 – January 30, 2014

Kathryn M. Eastman RESIDENT OF FREMONT January 1, 1921 - January 31, 2014

**Robert A. Freitas** RESIDENT OF FREMONT August 30, 1934 - January 19, 2014



**Fremont Chapel of the Roses** (510) 797-1900 FDI007 1940 Peralta Blvd., Fremont www.fremontchapeloftheroses.com

# $\mathsf{C}_{\mathsf{HAPEL}}$ of the $\mathsf{A}_{\mathsf{NGELS}}$

Beatrice W. Ashby RESIDENT OF HAYWARD June 13, 1922 - January 25, 2014

Julia Y. Madera RESIDENT OF FREMONT November 29, 1994 - January 24, 2014

**Gwendolyn D. Torres** RESIDENT OF FREMONT November 6, 1940 - January 26, 2014

Linda E. Ramirez RESIDENT OF FREMONT November 6, 1945 - January 26, 2014

**Laurence W. Nichols** RESIDENT OF FREMONT

April 26, 1933 - January 30, 2014

Gloria B. Spiros RESIDENT OF SAN JOSE March 13, 1928 - January 31, 2014

**Geraldine D. Holochuck** RESIDENT OF FREMONT November 13, 1927 - January 31, 2014

Berge • Pappas • Smith Chapel of the Angels (510) 656-1226 40842 Fremont Blvd, Fremont

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ife Cornerstones will acknowledge important events that occur during the cycle of life in our community. In order to give a broad and fair opportunity for all citizens to be recognized, a basic listing is offered at no cost. Such announcements may include births, deaths, marriages, anniversaries, bar/bat mitzvah, Quinceañera, etc. Many cultures celebrate different milestones in life and this list will be as inclusive as possible. Please contact TCV at (510) 494-1999 or emailtricityvoice@aol.com for submissions or further information. Free listings are limited to residents and families of the Greater Tri-City Area.

## **Fremont Police** LOG Continued from page 8

A resident on Denning Terrace responded to an alarm at their residence and saw a male fleeing out a rear window. The area was checked without success. Approximately 45 minutes later, a witness on Shinn Ct reported that a similar male was running from the area and obviously trying to hide from the police. The male was described as a black male adult, approximately 20 years old, 6'0 with a thin build. Another check of the area met with negative re-

A residential burglary occurred on the 38000 Block of Riverbank Terrace. Entry was made via a rear window. The house was ransacked.

#### Wednesday, January 29

At approximately 10:10 a.m., a homeowner on the 35000 block of Ardo Ct. reported that a suspicious male attempted to gain entry to her home by manipulating the door handle as if to gain entry. The suspect was wearing rubber gloves. The suspect eventually left the area in a blue vehicle. Follow up by Detectives determined that the vehicle was from an auto mechanic in Union City and the driver had been given the wrong address for a client.

At approximately 10:30 a.m., a homeowner on the 5000 block of Amberwood Dr. called to report that two males attempted to break into her residence. The suspects rang the doorbell to the home several times, but the resident did not answer. They then used a tool to try and pry open the front door. The victim yelled and they fled on foot. There was an approximate delay of 15 minutes before we were called.

Suspect Description(s) - #1 White male adult, 15-18 years of age, wearing a black hat and black jacket. #2 is described as a male wearing a red jacket.

Suspect Vehicle - black 4-door sedan with a moon roof.

Several firearms, cash and jewelry were stolen from a residence on the 4400 block of Sacramento Ave. The point of entry was an unlocked rear

bedroom window. The incident occurred sometime in the morning between 7: 40 a.m. - 8:40 a.m. A check of the area developed a possible suspect. He was described as a Hispanic male in his 40's, wearing a gray jacket. He knocked on a neighbor's door, but asked for someone who didn't live there.

At approximately 9:20 a.m., officers responded to the 37700 block of Appletree Ct. to investigate a burglary that had taken place sometime over the last couple of days. The report is still inprogress. Nothing further at this time.

Officers responded to the 46500 block of Fremont Blvd. to take a commercial burglary report. The reporting party advised that he arrived at the business and the glass on the front door was smashed. Officers reviewed video surveillance and saw that at approximately 10:35 p.m. a male wearing a baseball cap and possibly a white hazmat or similar suite approached the video surveillance camera with a crowbar and then the view went down to the ground. The loss was computers and laptops.

At 1:28 p.m., Officer Gaziano was detailed to a possible residential burglary in progress in the area of Chumaera and Guardino Dr. An alert witness noticed the suspicious suspect walking up to front doors and looking through fences. He eventually jumped over the fence of a residence on Chimaera Circle. Officer Gaziano arrived minutes after the initial broadcast and saw the possible suspect running away from the scene. Officer Gaziano chased the suspect on foot and directed in the arriving units. Sgt. Hummel located the man in the carport area of an apartment complex on Litchfield. The man attempted to duck back into the carport when he saw Sgt. Hummel but eventually complied. He was breathing heavily as if he had been running, had no shoes on and was missing some of his clothing. During a search, officers located latex gloves in his pocket. Officers conducted a yard search in the area, but did not locate any victims. The 24 year old adult male, Modesto resident, was arrested for obstructing/resisting and loitering on private property.

#### Thursday, January 30

A twelve year old girl reported that a suspicious man took photos of her as she walked to school today near Briar Elementary. The man drove away afte taking the photos. The man was described as a Hispanic male adult, bald with a muscular build. The man's vehicle was described as a blue Volkswagen Beetle. Ofc. Hernandez investigated this

Unknown suspect(s) enter a garage on the 4500 block of Val Street through an unlocked side access door. Loss is a white/green/black specialized mountain

A resident on the 600 block of Chardonnay Drive arrived to home to find that their house had been burglarized. The suspect may have been associated to an earlier call for service in the same neighborhood. Possible suspect is described as a Black male adult, approximately 20 years of age, wearing a hoodie and driving a newer dark grey

#### February 1,2014

This morning at approximately 1:05 a.m. Fremont police officers responded to a shooting/attempt homicide at the El Camino Bar on Niles Blvd.

A little while prior to the call, an adult male, later identified as Miguel Vargas (31yrs./Newark resident), had been in a verbal argument with the security guard/bouncer of the bar and was asked to leave. The 31 year old went home, retrieved a gun and returned to the bar. Upon returning, the suspect entered the door of the bar and fired multiple rounds inside towards the victim (security guard). Miraculously, neither the security guard nor any of the thirtysomething patrons inside the bar were struck by any of the bullets. The brave security guard chased after the suspect and detained him in the parking lot prior to police arrival. Officer Soper arrived within seconds and took custody of the suspect. The gun was also located nearby. Vargas was arrested for attempt

We are very lucky that no one was injured in what could have been a very

## **Union City** Police Log

Continued from page 8

away with the remaining passengers. The original driver was detained while two other officers pursued the suspect vehicle. The occupants threw a backpack out of vehicle's window during the pursuit. Officers noted the backpack appeared to have "exploded" as it hit the ground. Officers later recovered the backpack and found that it had contained a short-barreled shotgun that discharged when it was thrown from the fleeing vehicle. San Leandro Police Department assisted Union City Officers when they spotted the vehicle exiting the I-880 freeway at a high rate of speed. San Leandro Police Department Officers set up a perimeter after finding the suspect vehicle abandoned. Two of the three remaining suspects were arrested inside of the perimeter. The remaining suspect has been identified. The arrestees were identified as Anthony Pearson, Caylan Lillard, and Melissa Villalovos.

#### Tuesday, January 28

Members of the Union City Police Investigation's Unit conducted a special enforcement operation to combat a series of vehicle burglaries at the Union Landing Shopping Center. At 6:45 p.m., Detectives saw a suspicious vehicle occupied by three subjects pull into the parking lot. One of the suspects got out of their vehicle and broke into a nearbyparked vehicle. The suspect proceeded to remove luggage from the rear seat of the victim's vehicle. The suspects fled at a high rate of speed as the Detectives attempted to conduct an enforcement stop. The suspects abandoned their vehicle on Palm Circle near Hula Drive. Officers were able to locate and arrest Marquece Beck-Natson the next day. The suspect was arrested for burglary, possession of stolen property, fleeing from an officer, and making a false police report. This case is still under investigation and being followed up by the Investigation's Unit.

Anyone with information on local crime should contact the Investigations Division at 510-675-5247. Those wishing to remain anonymous can contact the tips line by calling 510-675-5207 or email Tips@union-city.org.

FREE Adult Reading and Writing Classes are offered at the Alameda County Library

**Tell A Friend** Call Rachel Parra 510 745-1480

Page 26 WHAT'S HAPPENING'S TRI-CITY VOICE February 4, 2014

B 251

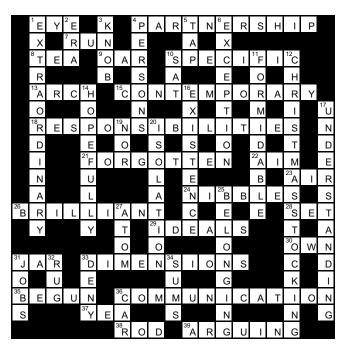
# wind Twisters

**Crossword Puzzle** 

#### **Sudoku:**

Fill in the missing numbers (1 - 9) inclusive so each row, column and 3x3 box contains all digits.

# 12 23 26 33



#### Across

- 4 Generate knowledge about something (9)
- 6 Pre-exam feeling, maybe (5)
- 9 Body build (5)
- 10 As a rule (9)
- 12 Traded goods and services (9)
- 13 Emergency hospital vehicles (10)
- 17 Giving praise, support and inspiration (13)
- 21 Consumed (5)
- 22 It may be organized (5) 23 Starts (5)
- 25 Transport to Oz (7) 26 Ditto (7)
- 28 In demand (7)
- Wanted much (11)
- 32 Restricted (7)
- 33 Cook outside (8)

- 35 Catnip and lovage, e.g. (5)
- 37 Freedom (12)
- 38 The fifth wall (8)
- 39 The Dow, e.g. (5)
- 40 Good spellers? (7)

#### Down

- 1 Take pictures with \_\_ (6)
- 2 747, e.g. (5)
- 3 Case (8)
- 5 Tall buildings in metro cities (11)
- 6 Plural of penny (5)
- 7 Express pleasure to someone on their achievement (14)
- 8 Lying curled, close and snug (8)
- 11 \_\_\_\_ by submarine (8)
- 14 Gatherings of a group of people to dis-
- cuss (8)

- 15 Fantastic (11)
- 16 So good that it is hard to believe (10)
- 18 Married (6)
- Capable of giving pleasure (9)
- Warmth or coldness measures (12)
- 24 Interference (6)
- Young people (10)
- Not perceptible by the eye (9)
- 30 Lengthen and stretch out (9)
- 31 Bridge supports (6)
- 34 Moola (5)
- 35 Addiction (5) 36 Not smooth (5)

#### **B 250**

1	9	2	7	8	6	3	5	4
6	7	5	9	3	4	2	1	8
4	3	8	1	2	5	6	9	7
7	1	3	6	5	9	4	8	2
8	4	6	2	1	3	9	7	5
5	2	9	4	7	8	1	3	6
9	5	1	8	6	2	7	4	3
3	6	7	5	4	1	8	2	9
2	8	4	3	9	7	5	6	1

# Tri-City Stargazer February 5 – February 11, 2013 By Vivian Carol

For All Signs: Mercury, ancient god of travel, messages and routine business, turns retrograde on Thursday this week. This phenomenon occurs three times per year, lasting approximately 3.5 weeks each. Be prepared for a flurry of phone calls and changes in schedule. If your work is related to publishing, travel or the communications industry, be prepared for last minute changes and potential computer snafus. Avoid signing contracts while Mercury is retrograde because you may change your mind later. If you must settle an issue legally at this time, be sure you thoroughly understand what you sign. Nuisance complications arise during these periods because our culture is out of touch with the natural cycles of life. The Mercury retrograde is intended to be a time of quiet thinking and reflection, gathering (but not acting upon) information, and finishing old or forgotten projects. Most of us have a hard time making final decisions during these periods because we know instinctively that conclusions are premature, requiring more data or gestation time. But our hard hitting, always forward moving, culture likes to pretend business as usual, regardless of the natural rhythms of life. So we are "destined" during this time to experience temporary snags, hang-ups and detours in routine daily affairs.

#### Aries the Ram (March 21-

April 20): Memories from your life history may surface for examination at this time. Old friends or acquaintances who return for a short time could be the trigger for this life review. It is possible you may have a greater than normal need to reflect, to write, and otherwise give attention to your inner self. For that reason plans may not work out so well in your outer life.

#### Taurus the Bull (April 21-May 20): You are likely to find yourself thinking a lot about old friends and may want to get in touch with one or two of them. This is a time for nostalgia and reminiscence. Others are thinking about you, too, but you are a sign that keeps addresses and phone numbers beautifully. So pick up the telephone or send an email.

Gemini the Twins (May 21-June 20): Your ruling planet, Mercury, has altered directions in the house of career and life direction. This is really more of a tweaked change than a life change. However, if you happen to have applied for a job recently, you may find that you are changing your mind about that particular route. Now is the time to

research the best possible choices, but don't take action yet.

Cancer the Crab (June 21-July 21): You may be feeling stress related to your lover or a partner, maybe a child. Underneath it all, the issue is tied to your internalized sense of what a woman "should" do or be. Our culture has always struggled with images of the feminine. Is she a caretaker or a seductress?

#### Leo the Lion (July 22-Aug **22):** Mercury is retrograding in the territory of taxes, debt, and joint resources. You will likely experience a need to go back and review financial history. Some may be hesitating over whether or not to become sexually involved with a new lover. The answer for that one is to step back for now. Think again in March.

Virgo the Virgin (August 23-September 22): Mercury is retrograding in the territory of significant relationships, contracts, and clientele. These areas may be challenging right now because it is difficult to make decisions or finalize activities. Have patience with yourself and everyone else. It is temporary.

Libra the Scales (September 23-October 22): You may find that your diet and exercise program are on hold or treading water. You have a desire to improve your everyday environment. Before you make big purchases, organize and sort closets, records, and files. Then you can see your space and define what you truly need.

#### Scorpio the Scorpion (October 23-November 21): Mercury will be retrograding in your territory of children, creative life, and romance. You may feel the need to reconsider recent relationship decisions. It is also possible that you will want to reconnect to former lovers, even if only to check in and say hello. You've been in a quandary about this one all winter. Issues with children may resurface

to be handled once again.

Sagittarius the Archer (November 22-December 21): The area of Mercury's focus is related to property, family, and issues of security. You are likely reworking things in one of these territories. Family members may be erratic or hard to pin down, making it difficult to conclude open agendas. Have patience. Mercury turns direct on Oct. 28.

Capricorn the Goat (December 22-January 19): The Mercury retrograde focus is specifically on communications, neighbors, siblings, and others who are in your daily environment. Concentrate as much as possible on clear communications. Double check what you think you heard. You may need to consider the needs of your vehicle now. Give it a checkup.

#### Aquarius the Water Bearer (January 20-February 18): The probability is high that you will discover some error made in the past that must be rectified fairly soon. It may be as simple as finding a bill that was forgotten and left unpaid. Or it could be a little more complicated and involve a previous misunderstanding with a loved one.

Pisces the Fish (February 19-March 20): Give attention to the lead paragraph. Mercury is turning retrograde in your sign and will be more likely to affect your daily affairs than many of the other signs. It isn't easy for you to make decisions in the first place, but don't even try to finalize anything while a retrograding Mercury is with you. Use the energy to research information and gather resources for better decisions later.

Are you interested in a personal horoscope? Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

# OPINION



WILLIAM MARSHAK

"Change the way you look at things and the things you look at change."

Wayne W. Dyer

ne of the most perplexing issues we all face is the concept of perception and reality. Where does the truth lie? When I hear people referring to our cities as "bedroom communities," am I hearing a statement of reality or simply a narrow perception of what we are? Some prefer to think of the Greater Tri-City area in a limited, onedimensional sense, an adjunct to surrounding communities; existing on the outskirts of important centers of human endeavor.

In my opinion, this is nonsense. Some of these same people tout the economic growth and potential of the Southeast Bay Area; are they schizophrenic?

Such terminology creates a perception that little of economic importance occurs within our borders. Speaking of a "bedroom

# We are not a bedroom community

community" conjures thoughts of the relative value of a bedroom within a house. It fulfills a singular and important function but relies on other rooms with equal or even more importance depending on what is required (i.e. food, toilet, etc.). Restricting reality to such a limited scope imposes limitations when developing and expanding our communities through a creative and visionary process.

Throughout the ages, philosophers have struggled with the role of attitude, perception and reality. The concept of self is contained in the famous quote by René Descartes when he wrote "Cogito ergo sum" (I think, therefore I am) in 1637. Although a philosophic conundrum, he was addressing the basis of reality as a function of perception. We are either limited or enlightened by our own perceptions. Many great minds have wrestled with the walls of predjudice and naysayers, attempting to move beyond arbitrary perceptual limitations; a difficult and rare achievement. Albert Einstein noted, "Small is the number of people who see with their eyes and think with their minds" and, "Reality is merely an illusion, albeit a very persistent one."

What does it take to move beyond conventional wisdom toward a reality that removes roadblocks and provincial restrictions? Listen closely to those who have received your votes in the past and others who will soon ask for them. Are they visionaries or functionaries? Do you believe that our communities can move forward without visionaries? Will our communities live in the present AND dream of a vibrant and exciting future? Can we have it all? Can our communities be filled with commerce, industry, social and

recreational amenities, and, gasp... nightlife?

Those who aspire to achieve great things ask questions and are not deterred by "conventional wisdom" or fear. Robert Kennedy said, "There are those that look at things the way they are, and ask why? I dream of things that never were, and ask why not?" He also noted, "Only those who dare to fail greatly can ever achieve greatly."

Stephen R. Covey wrote in The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change, "To change ourselves effectively, we first had to change our perceptions." Let's remove the term "bedroom community" from our lexicon and live beyond artificial limitations.

William Myanda

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## Cash for College workshops and financial aid

SUBMITTED BY CA STATE SENATOR, ELLEN M. CORBETT

Now that the new year is upon us, many of our local students are looking for more information about Cal Grant and other scholarship opportunities to help pay for college. I wanted to

share important financial aid and Cash for College workshop information.

As you may know, the California Legislature expanded access to higher education through enactment of the Cal Grant program. California high school seniors who meet income qualifications and have a minimum GPA of 2.0 are guaranteed financial assistance through the Cal Grant program.

The grant money can be used for tuition, fees, and books. The best part is that Cal Grants are not loans and do not have to be repaid. Students can maximize their financial aid by applying for a Cal Grant by the March 2 deadline.

I also want to share that the Middle Class Scholarship is a new program beginning in the 2014-15 academic year that provides undergraduate students with family incomes up to \$150,000 a scholarship to attend University of California or California State University campuses. Application is made by filling out the FAFSA (Free Application for Federal Student Aid).

For more information about completing financial aid forms, the Middle Class Scholarship or Cal Grant opportunities, please see below for a list of student aid resources and the Cash for College workshops in your community for February up to the March 2nd deadline.

#### Free Cash for College events in the area:

Tuesday, Feb 4, 5:30 p.m. - 7:30 p.m. - Arroyo High School; 15701 Lorenzo Avenue; San

Wednesday, Feb 5, - 6:30 p.m. - 8 p.m. - Ohlone College, Newark Campus, 39399 Cherry Street; Newark

Wednesday, Feb 5, 6 p.m. - 8 p.m. - San Leandro High School; 2200 Bancroft Avenue; San Lean-

Wednesday, Feb 5, 6 p.m. - 8 p.m. - Tennyson High School; 27035 Whitman Street; Hayward Thursday, Feb 6, 6:30 p.m. - 8:30 p.m. - Hayward

High School; 1633 East Avenue; Hayward Thursday, Feb 6, 6 p.m. - 8 p.m. - John F. Kennedy High School; 39999 Blacow Road; Fremont

Tuesday, Feb 11, 6:30 p.m. - 8:30 p.m. -Castro Valley High School; 19400 Santa Maria Avenue; Castro Valley

Thursday, Feb 20, 5 p.m. - 7:30 p.m. - James Logan High School; 1800 H Street; Union City Thursday, Feb 27, 4:30 p.m. - 7:30 p.m. - Chabot College; 25555 Hesperian Boulevard; Hayward

#### Websites:

Free Application for Federal Student Aid -FAFSA.GOV

California Student Aid Commission -CSAC.CA.GOV

California Dream Act -CALDREAMACT.ORG

Cal Grant Website - CALGRANTS.ORG California Colleges Website - CALIFORNIA-COLLEGES.EDU

Smart Student Guide to Financial Aid - FI-NAID.ORG

U.S. Department of Education Federal Student Aid - STUDENTAID.GOV

California Community Colleges - ICANAF-

FORDCOLLEGE.COM East Bay Consortium - EASTBAYCONSOR-

TIUM.ORG If you know of any other families or students

that would benefit from this information, please feel free share it with them.

As always, I welcome your feedback and look forward to continuing to work on your behalf in

the California State Senate.

#### **ADJUDICATION:**

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the County of Alameda, and the State of California.

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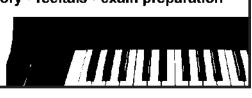
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#### and discuss matters that are important for the well-being of their citizens.

observing and reporting the agendas, discussions and decisions at these meetings. We currently have openings

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## Newark **Police Log**

SUBMITTED BY NEWARK PD

#### Friday, January 24

Officer Johnson investigated the report of a stolen white 1997 Nissan Altima CA license 4BPT311.

#### Saturday, January 25 Community Service Officer Parks

responded to the Buena Vista Drive area at 10:36 a.m. and took five auto burglary reports. All five vehicles (different makes) had been locked and all alarmed. There were no signs of forced entry on any of the vehicles and none of the alarms had been activated.

Officer Todd was notified at 11:28 a.m. by mall security of a possible carjacking with the suspect exiting the victim vehicle and fleeing towards the old movie theater. Officer Todd met with the victim and learned that she was stopped at the mall when the suspect, later identified as Stephanie Smith, jumped in her vehicle and told her to go. The victim thought Smith might be a victim of Domestic Violence so she let her in. The victim drove approxi-

mately 200 yards before she saw security chasing after them. Victim then told Smith to get out and she did. Smith then fled to the rear of the old movie theater. Officer Todd and Bloom checked the rear of old movie theater and then began to walk the canal into Fremont. Officer Neithercutt responded to the Fremont side of the canal and observed Smith walking on the canal. Officer Neithercutt detained her. Smith had two felony arrest warrants and was also arrested for trespassing. The carjacking was unfounded.

Stephanie Smith also led Officer Todd and Officer Bloom to two subjects spray painting a wall along the edge of the canal. Officers Todd and Bloom observed the vandals as they were following Smith. They approached the vandals. Officer Todd arrested Christopher Arnold for van-

Officer Jackman was exiting Highway 880 at Thornton at 1:37 p.m. when he saw Joseph Ammon take off running for no apparent reason. A records check on Joseph Ammon revealed he had an outstanding felony - drug possession warrant and a - under the influence warrant. A perimeter was established and an

extensive area check was conducted. Ammon was not located. During the search, Camilie Jimenez was contacted and arrested for posssession of drug paraphernalia by Officer Jackman. Officer Neithercutt also contacted Eran Figueroa and he was arrested for his outstanding warrant. At approximately 3:33 p.m., Officer Jackman and Officer Bloom went back to the encampment on Thornton at Hwy 880. As they were approaching the encampment, Officer Jackman saw Joseph Ammon again. And again, Ammon fled and hid in some bushes. Ammon concealed himself within the bushes and Officer Jackman was unable to see Ammon. Ammon refused to come out of the bushes. Officer Jackman deployed his K9 - Eliot. Ammon was apprehended by Eliot. Ammon was booked at Santa Rita Jail.

Officer Losier investigated a hit and run collision at 6:23 p.m. A witness obtained a license plate for the suspect vehicle. Ofc Losier responded to Fremont to speak with the registered owner regarding the incident. The owner admitted to being involved in the collision and fleeing the scene. A records check of the subject revealed he had a suspended license

and required an interlock device on his vehicle due to a previous DUI conviction. The suspect vehicle had no such device. Juan Flores of Fremont was arrested for hit and run, driving with a suspended drivers license and driving a vehicle without the required interlock device.

Officer Warren investigated a window smash burglary from Kids Castle at 7:28 p.m. A Nook tablet was taken.

#### Sunday, January 26

CSO Parks responded to a jewelry kiosk within the mall at 12:08 p.m. regarding a theft. A number of jewelry items and leather belts had been stolen at approximately 7 a.m. The mall had video surveillance of the

At 2:05 p.m., Officer Bloom observes a female walking on Cedar Ct carrying a backpack. Officer Bloom watched as the female put the backpack on the ground next to an uninvolved male standing on the corner of Cedar Ct. Officer Bloom had viewed the video surveillance of the theft (see previous call) at the mall and the female matched the video surveillance. Officer Bloom stopped the female, Melissa Schwartz. A records check on Schwartz revealed

she was active to probation with a search condition. Officer Bloom conducted a search of Schwartz and of the backpack. Inside of the backpack, Officer Bloom located a number of the stolen items from the mall theft. Officer Bloom also located two crack pipes and two checks (one out of Reno and the other from San Francisco). Officer Bloom placed her under arrest. Officer Bloom continued the investigation into the two checks. So far, the San Francisco check was stolen out of a vehicle in Oakland and the Reno check was stolen out of a residence in Reno. Case taken for petty theft with a prior theft conviction, possession of stolen property and possession of drug paraphernalia. Schwartz was booked at Santa Rita Jail.

Officer Warren responded to a vehicle driving recklessly in the Mi Pueblo parking lot (Newark Blvd near Jarvis Ave) at 6:51 p.m. Officer Warren located the vehicle parked in front of the Auto Zone store. Parolee Justin Bonilla (Fremont) fled on foot across Jarvis Ave into the Safeway parking lot. Officer Warren and Officer Losier caught him in front of Wells Fargo

continued on pge 29

#### PUBLIC NOTICES

#### **CIVIL**

SUMMONS (Family Law)
CITACIÓN (Derecho familiar)
CASE NUMBER (NÚMERO DE CASO):
D359788
NOTICE TO RESPONDENT (Name) AVISO AL
DEMANDADO (Nombre): Arturo Cairel III
You are being sued. Lo están demandando.
Petitioner's name is Nombre del demandante:
Yvette Karcich

Yvette Karcich
You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120 or FL-123) at the court and have a copy served on the petitioner. A letter or phone call will not protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form.

waiver form.

If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Helpi Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services Web site (www.lawhelp california.org), or by contacting your local county bar association.

Center (www.lawhelp california Legal Services Web site (www.lawhelp california.org), or by contacting your local county bar association.

Tiene 30 días corridos después de haber recibido la entrega legal de esta Citación y Petición para presentar una Respuesta (formulario FL-120 ó FL-123) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica no basta para protegerlo.

Sí no presenta su Respuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodía de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales. Sí no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas. Sí desea obtener asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar a un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en el sitio Web de los Servicios Legales de California (www.lawhelpcalifornia.org) o poniéndose en contacto con el colegio de abogados de su condado.

NOTICE: The restraining orders on page 2 are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: Las órdenes de restricción que figuran en la página 2 valen para ambos cónyuges o pareja de hecho hasta que se despida la petición, se emita un fallo o la corte dé otras órdenes. Cualquier autoridad de la ley que haya recibido o visto una copia de estas órdenes puede hacerlas acatar en cualquier lugar de California.

NOTE: If a judgment or support order is entered, the court may order you to pay all or part of the fees and costs that the court waived for yourself or for the other party. If this happens, the party ordered to pay fees shall be given notice and an opportunity to request a hearing to set

1. The name and address of the court are (El nombre y dirección de la corte son): COUNTY OF VENTURA, 800 S. Victoria Ave., Ventura,

CA 93009

2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): Yvette Karcich, 131 MacAdemia Lane, Simi Valley, CA 93065: 92-223-7222 93065; 925-223-7222 Date (Fecha): Nov. 13, 2013 S/ PATTI GILLAM, Deputy (Asistente)

(SEAL)
NOTICE TO THE PERSON SERVED: You are served AVISO A LA PERSONA QUE RECIBIÓ LA ENTREGA: Esta entrega se realiza as an individual. (e usted como individuo.) 1/28, 2/4, 2/11, 2/18/14

CNS-2581691#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. HG14710579
Superior Court of California, County of Alameda. Petition of: Jegadeesh Kandaswamy on behalf of minor Harish Kandaswamy for Change of Name TO ALL INTERESTED PERSONS: Petitioner Jegadeesh Kandaswamy filed a petition with this court for a decree changing names as follows:

as follows:
Harish Jegadeesh to Harish Kandaswamy
The Court orders that all persons interested in this
matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no writ-

and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. Notice of Hearing:
Date: 03-14-2014, Time: 8:45 a.m., Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Whats Happenings Tri City Voice Date: Jan. 17, 2014
WINIFRED Y. SMITH
Judge of the Superior Court

Judge of the Superior Court 1/28, 2/4, 2/11, 2/18/14

CNS-2580723#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. HG14709629 Superior Court of California, County of Alameda Petition of: Karamjit Singh Aggarwal for Change of Name TO ALL INTERESTED PERSONS:

Petitioner Karamjit Singh Aggarwal filed a petition with this court for a decree changing names as follows:

follows:
Karamjit Singh Aggarwal to Papu Kumar
The Court orders that all persons interested in this
matter appear before this court at the hearing indicated below to show cause, if any, why the petition
for change of name should not be granted. Any
person objecting to the name changes described
above must file a written objection that includes
the reasons for the objection at least two court
days before the matter is scheduled to be heard
and must appear at the hearing to show cause
why the petition should not be granted. If no written objection is timely filed, the court may grant
the petition without a hearing.

Notice of Hearing:
Date: 03/14/2014, Time: 8:45 AM, Dept.: 504
The address of the court is 24405 Amador St.,
Hayward, CA 94544
A copy of this Order to Show Cause shall be
published at least once each week for four successive weeks prior to the date set for hearing on
the petition in the following newspaper of general
circulation, printed in this county: What's Happing
Tri-City Voice
Date: Jan 10, 2014
WINIFRED Y. SMITH
Judge of the Superior Court

Judge of the Superior Court 1/21, 1/28, 2/4, 2/11/14

CNS-2577205#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. HG14708872 Superior Court of California, County of Alameda Petition of: Ping lang Chen for Change of Name TO ALL INTERESTED PERSONS:

TO ALL INTERESTED PERSONS:
Petitioner Ping lang Chen filed a petition with this court for a decree changing names as follows:
Ping lang Chen to Young Ping lang Chen
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause

days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 03/28/2014, Time: 08:45 AM, Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94544
A conv. of this Order to Show Cause shall be

Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening - Tri-City Voice Date: Jan 7, 2014
S/ WINIFRED Y. SMITH
Judge of the Superior Court Judge of the Superior Court 1/14, 1/21, 1/28, 2/4/14

CNS-2575979#

CNS-2575979#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG13708169

Superior Court of California, County of Alameda
Petition of: Pingwei Zhuang, Yingbing Wang on
behalf of Yaxuan Zhuang for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Pingwei Zhuang, Yingbing Wang filed
a petition with this court for a decree changing
names as follows:
Yaxuan Zhuang to Ashley Yaxuan Zhuang
The Court orders that all persons interested in this
matter appear before this court at the hearing indicated below to show cause, if any, why the petition
for change of name should not be granted. Any
person objecting to the name changes described
above must file a written objection that includes
the reasons for the objection at least two court
days before the matter is scheduled to be heard
and must appear at the hearing to show cause
why the petition should not be granted. If no written objection is timely filed, the court may grant
the petition without a hearing.
Notice of Hearing:
Date: 2-28-2014, Time: 8:45 AM, Dept.: 504
The address of the court is '324405 Amador
Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be
published at least once each week for four successive weeks prior to the date set for hearing on
the petition in the following newspaper of general
circulation, printed in this county: Tri City Voice
Date: Dec. 27, 2013
S/ WINIFRED Y. SMITH
Judge of the Superior Court
1/14, 1/21, 1/28, 2/4/14

CNS-2574439#

#### **FICTITIOUS BUSINESS NAMES**

FICTITIOUS BUSINESS NAME STATEMENT File No. 487176 Fictitious Business Name(s):

Fictitious Business Name(s):
Cemneo, 1320 Decoto Rd. Ste. 110, Union City,
CA 94587, County of Alameda.
31923 Chicoine Ave., Hayward, CA 94544.
Registrant(s):
Heston Systems, Inc., CA, 31923 Chicoine Ave.,
Hayward, CA 94544.
Business conducted by: a Corporation
The registrant began to transact business using
the fictitious business name(s) listed above on
N/A.

N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ Jamie Heston, President
This statement was filed with the County Clerk of Alameda County on January 23, 2014.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date

ally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 2/4, 2/11, 2/18, 2/25/14

2/4, 2/11, 2/18, 2/25/14

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME
File No. 454677
The following person(s) has (have) abandoned
the use of the fictitious business name: ESA
Company, 40824 Townsend Terrace, Fremont,
CA 94538
The fictitious business name of the control of the control

CA 94538
The fictitious business name referred to above was filed in the County Clerk's office on Aug./03/2011 in the County of Alameda.
Hui Ying Hu Wong, 40824 Townsend Terrace, Fremont, CA 94538
This business was conducted by: an individual S/ Hui Ying Hu Wong
This statement was filed with the County Clerk of Alameda County on January 15, 2014.
2/4, 2/11, 2/18, 2/25/14

CNS-2583425#

**FICTITIOUS BUSINESS** NAME STATEMENT File No. 487062 Fictitious Business Name(s):

Scott Capen Photography, 4104 Towny Terr, Fremont, CA 94536, County of Alameda 39270 Paseo Padre Parkway #238, Fremont, CA 94536 Registrant(s): Scott Matthew Capen, 4104 Towny Terr, Fremont, CA 94536 Rusiness conducted by An Individual

Business conducted by: An Individual
The registrant began to transact business using
the fictitious business name(s) listed above on

the fictitious business name(s) listed above on 1/16/14
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ Scott M. Capen
This statement was filed with the County Clerk of Alameda County on January 21, 2014

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/4, 2/11, 2/18, 2/25/14

CNS-2582534#

CNS-2582534#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME
File No. 476246

The following person(s) has (have) abandoned the
use of the fictitious business name: Mocama's,
925 B St., Hayward, CA 94541.
The fictitious business name statement for the
Partnership was filed on 03-18-13 in the County
of Alameda.
Faird Cazares-Garcia 38850 Rell St #2 Fremont

or Alameda. Farid Cazares-Garcia, 38850 Bell St. #2, Fremont. CA 94536.

CA 94536.
Francisco Moreno, 20057 Topaz Ct., Castro Valley, CA 94546.
This business was conducted by: S/ Farid Cazares-Garcia
This statement was filed with the County Clerk of Alameda County on January 13, 2014.
1/28, 2/4, 2/11, 2/18/14

CNS-2580277#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 486934
Fictitious Business Name(s): Aajooni By Jeannie
Nahal, 4218 Tehama Ave., Fremont, CA 94538,
County of Alameda
Registrant(s):
Jiwandeep Nahal, 4218 Tehama Ave., Fremont,
CA 94538
Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on
N/A

the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jiwandeep Nahal
This statement was filed with the County Clerk of Alameda County on January 16, 2014
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 1428, 2/4, 2/11, 2/18/14

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File No. 469574
The following person(s) has (have) abandoned the use of the fictitious business name: Chang Sheng Moving Company, 39371 Drake Way, Fremont, CA 94538

The fictitious business name referred to above was filed on Sep. 13, 2012 in the County of Raochang Yang, 39371 Drake Way, Fremont, CA 94538

This business was conducted by: S/ Baochang Yang This statement was filed with the County Clerk of Alameda County on January 15, 2014. 1/21, 1/28, 2/4, 2/11/14

CNS-2578792#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 486699
The following person(s) is (are) doing business

Danishzone Furniture, 33404 Western Ave., Union City, CA 94587, County of Alameda Yuqi Xie, 43638 Skye Rd., Fremont, CA 94539 This business is conducted by an Individual The registrant(s) commenced to transact business under the fictitious business name or names listed above on P.

above on n/a
I declare that all information in this statement is

above on that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

/s/ Yuqi Xie

This statement was filed with the County Clerk of Alameda County on January 9, 2014

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 1/21, 1/28, 2/4, 2/11/14

CNS-2578226#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 486526
Fictitious Business Name(s):
Kevin Transport, 4445 Stevenson Blvd., #37,
Fremont, CA 94538, County of Alameda
Registrant(s):

Registrant(s): Tirath Singh, 4445 Stevenson Blvd., #37, Fremont, CA 94538

Business conducted by: individual The registrant began to transact business using the fictitious business name(s) listed above on 1/6/14

1/6/14
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Tirath Singh

demeanor punishable by a nine not to exceed one thousand dollars [\$1,000].) /s/ Tirath Singh This statement was filed with the County Clerk of Alameda County on January 6, 2014 NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration.

business Name Statement must be misd before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

1/14, 1/21, 1/28, 2/4/14

CNS-2576354#

FICTITIOUS BUSINESS NAME STATEMENT File No. 486335
The following person(s) is (are) doing business

as: Lifestyle Restoration Ministries, 35687 Conestoga Pl., Newark, CA 94560, County of Wilson A. Corros. 35687 Conestoga Pl., Newark

CA 94560 CA 94560
Maria Emilia A. Corros, 35687 Conestoga Pl., Newark, CA 94560
This business is conducted by Married Couple
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 12/23/2013

I declare that all information in this statement is

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) (S/Wilson A. Corros
This statement was filed with the County Clerk of Alameda County on December 30, 2013
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

Business Name Statement must be filled before the expiration.

The filing of this statement does not of itself autho-rize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 1/14, 1/21, 1/28, 2/4/14

CNS-2574790#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 486491
The following person(s) is (are) doing business

File No. 486491
The following person(s) is (are) doing business as:
Fremont Family Dentistry, 4949 Stevenson Blvd., Ste. J, Fremont, CA 94538, County of Alameda Matthew J. Teramura DMD Inc., CA, 326 Via Rosario, Fremont, CA 94539.
This business is conducted by a corporation The registrant(s) commenced to transact business under the fictitious business name or names listed above on NI/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
Is/ Matthew J. Teramura, President This statement was filed with the County Clerk of Alameda County on January 3, 2014.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name Statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 1411, 1/21, 1/28, 2/4/14

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

BUSINESS NAME
File No. 482743
The following person(s) has (have) abandoned
the use of the fictitious business name: Fremont
City Family Dental, 4949 Stevenson Blvd. Ste.
J, Fremont, Ca 94538.
The fictitious business name statement for the
partnership was filed on 9/13/2013 in the County
of Alameda.

of Alameda.

Matthew J. Teramura DMD Inc., CA, 326 Via Rosario, Fremont, CA 94539. This business was conducted by: Matthew J. Teramura DMD Inc.

This statement was filed with the County Clerk of Alameda County on January 3, 2014. 1/14, 1/21, 1/28, 2/4/14

CNS-2574685#

# **PROBATE**

#### NOTICE OF PETITION TO ADMINISTER ESTATE OF DOROTHY LEE REESE CASE NO. RP12644992

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may other erwise be interested in the will or estate, or both, of: Dorothy Lee Reese
A Petition for Probate has been filed by
Mark Piccolotti in the Superior Court of

California, County of Alameda.
The Petition for Probate requests that Jennifer Keystone be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the persona representative will be required to give

notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court on April 1, 2014 at 9:30 a.m. in Dept. 201 located at 2120 Martin Luther King Jr. Way Berkeley, CA 94704-1109

Way, Berkeley, CA 94704-1109.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your

attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor.

You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court.

If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Teresa L. Green, Camphell Law Offices 1970. Broadway

Campbell Law Offices, 1970 Broadway, Suite 625, Oakland, CA 94612, Telephone: 510-832-0742 510-832-0742 2/4, 2/11, 2/18/14

CNS-2583682#

#### NOTICE OF PETITION TO ADMINISTER ESTATE OF WILFORD OLAN REESE CASE NO. RP12644986

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or

both, of: Wilford Olan Reese A Petition for Probate has been filed by Mark Piccolotti in the Superior Court of

California, County of Alameda.

The Petition for Probate requests that Jennifer Keystone be appointed as personal representative to administer the estate of the decedent. The Petition requests authority to admin-

ister the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the

interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on April 1, 2014 at 9:30 AM in Dept. 201 located at 2120 Martin Luther King Jr., Way, Berkeley, CA 94704-1109.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your

with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representa-tive, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court.

If you are a person interested in the estate. you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate Request for Special Notice form is avail-

Attorney for Petitioner: Teresa L. Green, CAMPBELL LAW OFFICES, 1970 Broadway, Suite 625, Oakland, CA 94612, Telephone: 510-832-0742 2/4, 2/11, 2/18/14

CNS-2583393#

#### PUBLIC AUCTION/SALES

NOTICE OF LIEN SALE AT PUBLIC AUCTION

Notice is hereby given that personal property in the following units will be sold at public auction: on the 20th day of February. 2014 at or after 10:30 am pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Thornton, 4833 Thornton Ave. Fremont, CA 94536. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following neople:

Name Unit # Paid Through Date Robert Leyton B261 11/26/13
Wei Ren C104 11/20/13 Sibyl Cupit C165 12/2/13 2/4, 2/11/14

CNS-2583734#

where he was detained after a brief struggle. Bonilla was arrested for resisting arrest, drunk in public, death threats to a police officer, and parole violation. Bonilla was transported and booked at Santa Rita Jail.

#### Monday, January 27

Officers responded to Love My Pet, 37350 Cedar Blvd. at 12:13 p.m. on a report of an armed robbery. Dispatch received three different calls regarding two black males with black "hoodies" entering into the business. One of the suspects was armed with a semi auto handgun. The employees were able to escape the business. Officers were on scene within a minute of the original call but the suspects were able to flee the area. A K9 search ensued and no suspects where located inside of the

business. Loss was cash. Tuesday, January 28

Officer Jackman investigated a theft at the Macy's department store

Officer Simon investigated a vehicle burglary from the parking lot of Beauty World located at 5222 New-Park Pl. at 10:24 p.m. The victim left her Mac Book in the back seat of her 1986 Mercedes while shopping inside the store. The back window was smashed out and the computer was

#### Wednesday, January 29

At 4:08 p.m., Officer Lopez investigated a residential burglary in the 6200 block of Zulmida Avenue. Unknown suspect(s) made entry via a front door kick. Loss is electronic equipment and jewelry. At 10:35 p.m., Officer Ramos in-

vestigated a vehicle burglary at 5788

Thornton Ave. St. Edwards Church.

The victim had her vehicle's window

smashed out and her bible and bible

Officer Homayoun investigated

tote bag stolen.

two vehicle burglaries at 35450 Newark Blvd. First Presbyterian Church at 10:46 p.m. Both victims had their rear windows smashed out and items taken. One victim lost three reusable shopping bags while the other lost her knitting kit and bag. Thursday, January 30 CSO Verandes investigated a stolen F250 and container trailer

from the 6100 block of Guava Drive at 7:10 a.m. The vehicle was tracked based upon it's on board GPS to Filbert St. Officers responded but found the vehicle unoccupied. Officer Katz investigated at stolen

35400 block of Dumbarton Ct. Officers responded to the area of Willow Street/Enterprise Drive at

white 1997 Nissan Maxima (Ca license

7BAZ592) stolen overnight from the

11:20 p.m. for a report of vehicles driving recklessley "spinning donuts" in the area. Officer Homayoun arrived in the area and noticed a sedan "blackout" flee into the neighborhood of Poplar Street/Juniper Avenue. Officer Homayoun followed and observed two individuals in hooded sweatshirts flee on foot into the rear yard of a residence in the 8100 block of Juniper Avenue. A perimeter was set and a K-9 search

Contact was made with the residents, who confirmed nobody had their permission to be in their backyard and gave us permission to search with Officer Mavrakis and K-9 Ares. After numerous K-9 announcements the backyard of was searched and cleared. Another resident on Juniper Avenue informed us they heard noises coming from their backyard

just prior to our arrival and confirmed nobody had permission to be in their backyard. K-9 announcements were made with no response. Shortly thereafter, "Ares" found and apprehended Reynaldo Garcia of San Jose hiding in the backyard. He was taken into custody with the assistance of "Ares". As it turned out, Mr. Garcia had a Felony Warrant out of the Santa Clara County Sheriff's Office for auto theft and possessing burglary tools. ALCO Fire and Paramedics Plus responded to the scene to treat Garcia for his injuries. The second suspect was never located.

Any person with any information concerning these incidents can contact the non-emergency line at 510-578-4237. Information can also be left anonymously on the "silent witness" hotline at 510-578-4000, extension 500.

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**Baseball** 

## **Pioneers** victorious in opening day double header

**SUBMITTED BY** STEVE CONNOLLY

The Cal State East Bay baseball team took both ends of its opening day doubleheader, February 1st, against visiting Oregon Tech to begin the 2014 season with a record of 2-0. It's the fifth straight victory for the Pioneers over the Owls and improves their non-conference record to 12-0 over the past two seasons.

'This was a good first day, it's good for us to get a couple wins under our belt to start the season," said head coach Bob Ralston. "There are a number of areas we need to sharpen up, but it's good to be playing competitive ball again."

#### Game 1: CSUEB 5, Oregon Tech 0

The Pioneers dispatched the Owls in less than two hours in the first game, thanks to an efficient performance by starting pitcher Sean Becker (1-0). The senior right-hander needed just 63 pitches to get through seven scoreless innings and pick up his ninth career win as a Pioneer. Becker scattered five hits and struck out three without issuing a walk.

The game went scoreless into the fourth inning when East Bay finally got to OIT starter B.J. Wilson. Brandon Alexander walked with one out, stole second, and scored the first run of the season on Naea Kalehuawehe's RBI single. After a walk to Kelly Starnes, third baseman Daniel Carney shot a base hit up the middle to load the bases. Chris Porter made it 2-0 with a sac fly to left, and Zac Chuvala followed with a single to knock in Starnes. The Pioneers got three runs in the inning, which would be more than enough for Becker.

Alexander drove in the team's fourth run an inning later, lacing a single to the opposite field to plate senior transfer Ellis Stephney. The Pioneers scored their final run in the sixth thanks to a one-out hit by Carney and a two-out dou-

The East Bay shortstop shined in the opener, going 3-for-3 with a pair of RBI. Alexander was on base four times with two hits and two walks. Carney notched a 2-for-3 game, and freshman Marcus Wise reached base twice out of the leadoff spot on a single and a walk.

Junior right-hander Bryan Webster relieved Becker and threw the final two innings to finish the game. He allowed a hit and a walk and recorded one strikeout while preserving the

#### Game 2: CSUEB 5, Oregon Tech 0

The Pioneers didn't wait around to get the ba going in the second game, jumping on Oregon Tech starter Taylor Austin for two runs in the first inning thanks to some shaky Owl defense. A pair of errors at third base sandwiched around an opposite-field double by Eren Miravalles gave CSUEB its first run. Then Jason Fletcher, in his first at bat as a Pioneer, lined a single up the middle to make it 2-0.

Senior Ben O'Bryan got the start on the mound for East Bay in the second game, and he baffled the Owls early despite some bouts of wildness. The right-hander struck out the side in the first, and by the time he got the ball again, he was staked to a two-run lead. O'Bryan made it through five innings without allowing a hit. He walked six and struck out six, with the only unearned run coming as a reuslt of his own throwing error on a sacrifice bunt attempt.

O'Bryan gave way to Nick Hudson for the top of the sixth, and Oregon Tech quickly jumped on the senior to grab their first lead of the day. The first — and only — two hits of the game for OIT put runners on second and third, and then a ground out and a sac fly gave the Owls a 3-2 advantage.

The Pioneers answered right back, however, regaining the lead in the bottom of the frame. Alexander lined a one-out double, and Fletcher followed with a single into left field. Chacho Madrigal then picked up his first hit and RBI at East Bay by shooting a single through to right side to tie the game 3-3. After a pitching change, Carney lined a double to left to plate two more Pio-

The Pioneers didn't score after that, but Hudson made the 5-3 lead hold up. He retired the final 12 batters he faced in order, including 1-2-3 innings in the seventh, eighth, and ninth to close out the victory at what was rapidly becoming a chilly Pioneer Field. Hudson earned the win, allowing two hits and no walks and striking out four

Seven Pioneers had a hit in the game, led by Fletcher, who finished 3-for-4. Miravalles was 2-for-4 with a walk, and senior catcher Tyler Buchanan reached base twice with a walk and a single.

Men's Basketball

## **Golden Eagles** edge Pioneers

SUBMITTED BY STEVE CONNOLLY

The Pioneer men's basketball team was edged out on the road by Cal State L.A. on January 31st, 89-79. Cal State East Bay (7-12, 4-9 CCAA) has dropped six of its last seven and is still in search of its first road win in conference play (0-6). Senior Gabe Kindred finished with 12 points and set a school record with his 128th made free throw of the season, a mark that leads the conference.

Four Pioneers scored in double figures, led by junior Nick Grieves with 19 points. Both he and Jacari Whitfield, who notched 18 points, were hot from behind the arc, hitting four triples each. Fellow junior Jarred Jourdan came off the bench to post 12 points, three rebounds, and three assists.

Whitfield paced the squad with five assists. Kyle Frakes grabbed a team-high seven rebounds. He and fellow big man Ryan Hebebrand scored six points apiece.

"We stuck together as a team and fought extremely hard for 40 minutes," aid head coach Gus Argenal. "Coach Thompson and his team did a great job of scoring off turnovers and offensive rebounding the entire night."

It was a tight high-scoring contest, as both teams shot well in the first half and went into the break knotted at 33-33. The Golden Eagles jumped out to lead in the second half, but the Pioneers made a run of their own thanks to some strong outside shooting.

The game was tied 66-66 after Whitfield knocked down his fourth three-pointer, but CSULA answered with a pair of buckets to regain the lead for good, and they hit enough free throws to hold off the Pioneers down the stretch.

CSUEB shot well for the game at 46.6 percent, but Cal State L.A. (11-6, 8-5 CCAA) as even better at 51.5 percent and had a substantial rebounding advantage, 39-31. The Pioneers also struggled to contain Quinton Watkins (26 points) and Duce Zaid (24 points) on the defensive end.

Women's Basketball

## **Loss drops Pioneers in** league standings

SUBMITTED BY STEVE CONNOLLY

The Cal State East Bay women's basketball team fell victim to a second-half rally by the hosts, Cal State Dominguez Hills on February 1st, losing 57-49 in the Torodome despite a career scoring night from Tori Breshers. The Pioneers (12-9, 9-5 CCAA) dropped both of their games this weekend and fall to third place in the conference standings, as the Toros (14-4, 10-4 CCAA) take over sole possession of second place.

CSUEB's stout defense held Dominguez Hills to just 13 points and 16.7 percent shooting in the first half. The Pioneers had a 12-point lead at the break and led by as many as 19, but they had to play most of the game with two of their seven regulars out. The Toros took advantage and attacked the East Bay defense, ultimately winning the game at the free throw line, where they went 24-for-28 as a team (85.7 percent).

"We tried to battle through the adversity tonight but we fell short," said head coach Suzy Barcomb. "We gave too many second chances to Dominguez Hills, and they capitalized on every single one. The physicality of this game really wore us out, especially with a short bench."

Junior Danielle Peacon had to leave the game after just two minutes due to an apparent injury, so the Pioneers were particularly short-handed in the frontcourt. East Bay still shot a solid 41.3 percent from the field in the game (easily besting CSUDH's mark of 26.7 percent), but they were out-rebounded 38 to 32 by the Toros, and they committed 24 turnovers, an uncharacteristically high number.

Stepping up in Peacon's absence was Breshers, who was the Pioneers' go-to scorer much of the night. She notched a career high with 20 points on 7-for-14 from the field and 4-for-5 from the free throw line. The sophomore grabbed four rebounds and even knocked down a pair of three-pointers in a team-high 36 minutes off the bench.

"Tori logged big minutes for us tonight and played incredibly hard," added Barcomb. Breshers has now scored in double figures in five of her last six games.

Senior Brianna Terrance posted 12 points on 6-for-10 shooting to go along with three assists and three boards. However, she and Breshers were the only players in double figures tonight for the Pioneers, who made just seven field goals in the second half.

Micah Walker scored six points, while Stephanie Lopez added five - all at the free throw line - to go along with four rebounds and three assists. Rachel Finnegan was the team's top rebounder for the third time this season, grabbing eight in 31 minutes.

Women's Basketball

## **Golden Eagles sweep Pioneers**

SUBMITTED BY SCOTT CHISHOLM

Cal State East Bay women's basketball suffered a 58-49 California Collegiate Athletic Association (CCAA) road loss to Cal State L.A. on January 31st. The Golden Eagles are the only team to hold the Pioneer offense under 50 points, doing so in both meetings to sweep the regular season series.

Cal State East Bay shot a season worst 14-of-52 (.269) from the floor and committed a season-high 29 personal fouls. Cal State L.A. knocked down just 18-of-33 free throws, but the defense held East Bay to just one field goal make over the final three minutes to seal the game.

"You will not win a CCAA road game shooting 26 percent and sending a team to the free throw line 33 times. It was a fairly one-sided game in too many statistical categories," said East Bay Head Coach Suzy Barcomb. "Tonight was very disappointing. I truly thought we were prepared for this tough environment."

CSUEB has yet to win in six tries at the Eagles net since joining the CCAA for the 2009-10 season. The Pioneers scored 60 or more points in all three of its wins against CSULA, while being held to 59 or fewer points in all eight of its losses since the league series began.

Stephanie Lopez led the East Bay offense with 11 points, right at her league average heading into the evening. Her 6-for-6 effort from the charity stripe highlighted a team effort that finished 17-of-21 at the line.

Brianna Terrance and Danielle Peacon were combining to contribute nearly 29 points per CCAA contest, were held to just 17 on Friday. The duo combined for 21 points in the previous meeting while Lopez led the squad with 14.

Tori Breshers finished with 10 points to lead the Pioneer bench and has scored in double digits in four of the past five games. Rachel Finnegan grabbed four more steals to lead the East Bay defensive effort and ranks second in league play with 31.

Paige Melville led all players with 15 points on 4of-11 shooting from the floor. Alisha Belt finished with 13 points, and Emily Tevez tallied nine shooting 3-for-4 from three.

Men's Soccer

#### James Logan vs **Moreau Catholic**

SUBMITTED BY JAMES WILLIAMS

January 29, 2014 Logan 2, Moreau 0

1st Half Scoring: JL: Siar Hamid (Jason Jattan) 7:00, Jason Jattan (Siar Hamid) 13:00

2nd Half Scoring: None

JL Goalie: Alexis Sainz, 80 min, 0 GA, 1

MC Goalie: Rogelio Castenada, 80 Min, 2

GA, 6 Saves

JL Shots: 20 MC Shots: 5 JL Record: 9 - 5 - 4 (6 - 2 - 1)

Wrestling

#### Irvington vs. **Newark Memorial** SUBMITTED BY TIM HESS

NM 42 – Irv 12 January 29, 2014

Pins by Denvir Delmundo, Daniel Hebert, Stephen Bronson

Lady Cougars

Catli Tran and Sarina Silva both won by pin

VARSITY

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160 – D. Redeker Irv by forfeit

170 - M. Damaso Irv pin D. Jimenez NM

182 - Jimmy Wong NM pin P. Dalal Irv 195 - Kyle Clarno NM dec 4-2 OT

220 - Jirathip Silakum NM pin R. Carabello

285 – B. Yim Irv pin T. Tuite NM 106 - Thanh Tran NM forfeit

113 - Hiep Tran NM forfeit

120 - Evan Smith NM forfeit

126 - K. Vu Irv pin D. Fitzgerald NM 132 - Pakon Saksrithai NM forfeit

138 - Marlon Hess NM forfeit

145 - K. Thomas Irv forfeit

152 - C. Robillo Irv dec 13-11 M. Salazar NM

Men's Basketball

## **Pioneer** shooting cold in loss to Toros

SUBMITTED BY STEVE CONNOLLY

The Cal State East Bay men's basketball team earned a split in its season series with Cal State Dominguez Hills, following a 78-59 road loss to the Toros on February 1st. Jarred Jourdan set a career high with 20 points, but the Pioneers (7-13, 4-10 CCAA) shot just 33.3 percent from the field as a team. CSUDH pulls even with East Bay at 4-10 in conference play as they beat the Pioneers for the fifth straight year at the Torodome.

Dominguez Hills jumped out to their lead early in the first half and controlled nearly the entire game. The Pioneers simply couldn't get any shots to fall, and they found themselves in foul

trouble all night. East Bay scored just 23 points in the first half and went 1for-18 from behind the arc.

"All the credit goes to Dominguez Hills and Coach Steve Becker for how they competed and defended us all night," said head coach Gus Argenal. "We could not get in a rhythm offensively, and we struggled to guard the three-point line in the first half. We played hard, but we struggled to execute on both ends tonight."

The Pioneers actually had the edge in rebounding, 45 to 37, thanks to 12 offensive boards. However, the difference in the game was at the free throw line. East Bay was called for a seasonhigh 31 fouls, and the Toros attempted 47 free throws — 31 more than the Pioneers attempted. There were also four technical fours assessed — two to each squad — in what became a chippy, physical game.

Jourdan had his best scoring night in a Pioneer uniform, playing a team-high 32 minutes. He was 8-for-14 from the floor and pulled in three offensive rebounds. The Oakland native reached double figures in scoring for the second straight game, but he was the only East Bay

player to accomplish that feat tonight.

After failing to grab more than five rebounds for six straight games, senior Ryan Hebebrand broke out with 11 boards in this game, including five on the offensive end. He also scored seven

Paramvir Singh came off the bench and got into the scoring column for the first time this year, posting seven points and six rebounds (both career highs). Freshman Kyle Frakes had six points (3-6 FG) and three rebounds. Senior Gabe Kindred managed just six points before fouling out after 19 minutes. Donavon Jackson pulled in five rebounds in 14 minutes off the bench.

Junior Jacari Whitfield had four points and five rebounds. After shooting 58 percent from three over his last four games, Whitfield couldn't get it to fall tonight, going 0-for-6 from deep. Nick Grieves addded five points, but he was also just 1-for-5 from beyond

Senior guard Mark Samuels, the team's second-leading scorer, missed the game due to an injury suffered last night at Cal State L.A. Jourdan got his first start of the season in Samuels' place.

Women's Water Polo

## **Pioneers Fall to** #6 Hawaii

**SUBMITTED BY SCOTT CHISHOLM** 

Cal State East Bay women's water polo fell 20-2 at Pioneer Pool to NCAA Division I and No. 6 nationally ranked University of Hawaii on January 31st. Danielle Lewis and Chloe Barr scored four goals apiece to lead the visiting Rainbow Wahines.

It was a steady dose of counter attacks and player-advantage opportunities that put the game out of reach early on. Hawaii (2-0) scored six goals in the opening period, three courtesy of counters and as a team, went 3-for-3 on its man-up chances.

Sara Hudyn's late first quarter goal ended a streak of six unanswered Hawaii scores to open the game. She would later score again in the third quarter after teammate Olivia Mackell earned a 5-meter penalty shot.

"Hawaii is a very well disciplined team. I was happy with our movement which resulted in us earning a lot of ejections," said East Bay Head Coach Lisa Cooper. "We just could not find the back of the net on our 6-on-5's."

Cal State East Bay earned a total of

13 exclusions including a pair of penalty shots. The Pioneers went 0-for-11 on their player-up opportunities and 1-for-2 on penalty shots.

Five different Hawaii players scored multiple goals including Lewis and Barr with four each, Zoe Respondek netted three, and Mandy West and Emily Carr with a pair each. Amy Carlson earned the win in goal making six first half saves. Sarah Logan was a halftime substitution and recorded four stops.

East Bay goalkeeper Marrina Nation made five saves highlighted by a threesave second quarter in holding Hawaii to only three scores in the frame. Gabriel Isacson entered in the final quarter and made two stops.

Men's Basketball

## **Colts defense** overpowers Huskies

SUBMITTED BY MIKE HEIGHTCHEW PHOTOS BY MIKE HEIGHTCHEW

The Logan Colts beat Washington's Huskies 57-47 on January 31st in a real back and forth battle. Colt defense set the tone of the game early in the first quarter as it took control of the paint with great defensive rebounds which allowed outlet passes to find openings as they moved down the court; they were off to the races as they ran up a 15-9 lead in the first quarter.

Colt Chad Schaper had a great night with 8 points, but as the Huskies have done all year, they fought back into the game, scoring 15 point in the second quarter with great offense into the shooting lanes to keep the game close. As the third quarter opened, the Logan defense went back to work with a impressive full court press that stopped the Huskies dead in their tracks; they only gave up 7 points to the huskies in the third quarter.

But this game wasn't over as the Huskies scored 16 points in the fourth quarter, within 10 points of the colts. However, in the end, Colt defense was overpowering.



# Lady Cougar fast breaks beat Eagles



Women's Basketball

#### SUBMITTED BY MIKE HEIGHTCHEW PHOTOS BY MIKE HEIGHTCHEW

The Newark Lady Cougars put on an impressive game performance against the American Eagles on January 28th, beating them 49-57. The night started off on the right note for the Cougars; on the first play of the game, they took the ball away from the Eagles and began a great display of rapid transit basketball. Lady Eagles were unable to organize any effective defense and by the end of the first quarter, the Cougars had opened up a 9-point lead.

Newark's Nivesha Brown had a great night as she found the basket from anywhere on the court, putting in 22 points and was the leading scorer for the Cougars. She had a lot of help from the rest of her team: Sydney Hill added 11 points and Clara Ratu added 10 points.

As the second quarter opened, there seemed to be no end in sight for the Eagles as the Cougar attack continued, adding 6 more points to their lead; halftime score: 26-11.

Finally, in the fourth quarter, the Lady Eagles showed real heart as they mounted a good defense to help them back into the game. With great play in the paint area, the Eagles won the quarter 29-19, but the Cougars lead was just to much to overcome.

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www.bethtorah-fremont.org

Enroll in CS 162:HTML5
This class starts on Wed. 1/29/14
in the Fremont Campus, room
HH-117, 6:30-9:30pm
Contact 510-659-6080
510-402-8318
https://webadvisor.ohlone.edu

# FREMONT UNIFIED SCHOOL DISTRICT OFFERS CHINESE IMMERSION K THRU 6TH GRADE

Immerse your child in Mandarin with a diverse group of students. The benefits of a dual language will last a lifetime. Call 24/7 (510) 857-1038

#### SAVE (Safe Alternatives to Violent Environments) Domestic Violence Support

Group (Drop In & FREE)
Tuesday & Thursday at
1900 Mowry (4th floor in the
conference room) 6:45-8:45 pm &
Friday 9:15-11:00 am.
510574-2262
Hotline 510-794-6055

#### SAVE (Safe Alternatives to Violent Environments) FREE Restraining Order Clinic (Domestic Violence)

Tues. Hayward Police 1-4 pm Wed. Fremont Police 9 am - 1 pm Thurs. San Leandro Police 9 am - noon Office (510) 574-2250 24/7 Hotline (510) 794-6055 www.save-dv.org

# MENTAL ILLNESS SUPPORT

You are not alone.

Free courses and presentations in Alameda County for caregivers of someone with a serious mental illness and those with a mental illness. For more information, call (510)969-MIS9 (6479) or email to info@NAMlacs.org www.NAMlacs.org

#### 50th Year Class Reunion Washington High School Class of 64' & Friends

September 26 & 27, 2014 Spin A Yarn Steakhouse,Fremont Contact Joan Martin Graham billjoan3@pacbell.net

#### Tri-City Ecology Center

Your local environmental leader!
Eco-Grants available to
Residents & Organizations of the
Tri-City area working on
Environmental projects.
www.tricityecology.org
Office open Thursdays, 11am-2pm
3375 Country Dr., Fremont
510-783-6222

# FREE AIRPLANE RIDES FOR KIDS AGES 8-17

Young Eagles
Hayward Airport
various Saturdays
www.vaa29.org
Please call with questions
(510) 703-1466
youngeagles29@aol.com

# Maitri Immigration Program

Free Assistance and Referrals for Domestic Violence Survivors. Provide Services in Hindi, Punjabi, Bangla, Tamil and many other South Asian languages. Crisis line: 888-8-Maitri Please call for screening.

#### New DimensionChorus Men's 4 Part Vocal Harmony In the "Barbershop" style

Thursdays at 7pm
Calvary Luther Church
12500 Via Magdelena
SanLorenzo
Contact: ncchorus@Yahoo.com

#### Open House Saturday, March 15 1pm-4pm.

Drop in and visit the class rooms ad meet the teachers.
Registration information will be available.
Free ice cream sundaes.
Everyone invited!

## FREE QUALITY TAX PREPARATION

\$52,000 or less household income Other restrictions may apply Fremont Family Resource Center 39155 Liberty St, Fremont, CA Open: Jan 22 - Apr 14, 2014 Mon & Wed: 4 pm - 8 pm Friday: 10 am - 1 pm Closed 2/17/14 - President's Day Call 510-574-2020 for more info

## FREE QUALITY TAX PREPARATION

By IRS-Certified Tax Preparers \$52,000 or less household income Other restrictions may apply Saturdays: Feb 1 to Mar 15, 2014 10 am – 2 pm (Closed Mar 8th) At Newark Library 6300 Civic Terrace Avenue Newark, CA 94560 Call 510-574-2020 for more info

# FREE QUALITY TAX PREPARATION

Certified Volunteer Tax Preparers \$52,000 or less household income Other restrictions may apply Saturdays: Feb 1 to Apr 5, 2014 10 am – 2 pm (Closed Mar 8th) At Union City Library 34007 Alvarado-Niles Road Union City, CA 94587 Call 510-574-2020 for more info

## FREE QUALITY TAX PREPARATION

510-332-2489

By IRS-Certified Tax Preparers \$52,000 or less household income Other restrictions may apply Saturdays: Feb 1 to Apr 5, 2014 10 am – 2 pm (Closed Mar 8th) At Holly Community Center 31600 Alvarado-Niles Road Union City, CA 94587 Call 510-574-2020 for more info

#### Premier Soccer Development Program Tryout for U11 & U14 Boys

PSDP is designed to identify and develop talented, committed youth soccer players Call 510-516-3031 or Email TCPSDP@gmail.com Signup now by Visiting http://tcpsdp.wix.com/psdp

## COMMUNITY BULLETIN BOARD

# Candidate's Forum Congressional District 17 Senate District 10

February 1st at Berryess Branch
of SJ Public Library
6pm-8pm
Sponsored by the Berryessa
North San Jose Democratic
Club. For more info
BNSJDemocrats@yahoo.com

#### Berryessa-North San Jose Democratic Club

Meet 3rd Thursday
7pm-9pm
Berryessa Denny's
For more info
BNSJDemocrats@yahoo.com
or see our Facebook page

# The League of Women Voters invites you to visit our website at www.lwvfnuc.org

You'll find valuable information about your community and voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are non-partisan and free to the public.

# Help with Home Repairs from Alameda County

Page 33

No cost or favorable, low interest loans are available for home remodeling for qualified homeowners in Fremont, Union City, Sunol and Newark. Call (510)670-5399 for an application and more information. http://www.acgov.org/cda/nps/

# Women's Hall of Fame Awards Ceremony announced

# SUBMITTED BY SUSAN S. MURANISHI

Twelve outstanding local women will be inducted into the Alameda County Women's Hall of Fame at its 21st Anniversary Luncheon and Awards Ceremony in Oakland on March 29.

This year's inductees are:

#### SiLin Huang - Youth

SiLin was a straight A student at San Leandro High School when a debilitating illness forced her to leave school; she then went on to get her GED and has launched an education drive to inform youth about the dangers of Hepatitis B.

## Agnes Ubalde - Business and Professions

Agnes is an executive with Wells Fargo in Oakland who has spearheaded company efforts to support local affordable housing and economic and community development projects.

Sallie T. Carey - Community Service. Known to many as Mama Sallie, Ms. Carey has led efforts to provide food, clothing and other services to the poor in West Oakland for more than 40 years.

#### Liane Yasumoto - Culture and Art

Liane is the Executive Director of Culture Disability Talent, a non-profit, collaborative organization that works to transform disability stereotypes by providing access and opportunities for performers and filmmakers with disabilities.

## Katherine Dunphy Guzman Education

Katherine is a Senior Engineer at Sandia National Laboratories in Livermore who leads numerous outreach efforts to interest young women and minorities in careers in Science

Technology-Engineering-Math.

#### Jennifer Krill - Environment

Jennifer is Executive Director of Earth-Works in Berkeley and she advocates for communities worldwide that are negatively impacted by mining and oil/gas production.

#### Carol Brown - Health

Carol is Coordinator of the California Foster Children's Health Project Task Force in Oakland and a leading expert on health services for foster youth.

#### Monica Anderson - Justice

Monica is a reporter for Youth Radio whose stories on child sex trafficking in Oakland won national awards.

# Deborah Ale Flint - Non-Traditional Careers

Deborah is Director of Aviation for the Port of Oakland and chief executive at Oakland International Airport.

#### Alba Witkin of Berkeley Philanthropy

Alba is founder of the Bernard E. and Alba Witkin Charitable Foundation, which since 1982 has given more than \$15 million to charitable organizations across the Bay Area.

#### Arlene Blum of Berkeley - Science, Technology, Engineering

Arlene is a chemist whose research into toxic flame retardants in furniture and other items led to new California standards. She also is an outstanding mountaineer who led the first women-only expeditions to scale some of the world's tallest peaks.

# Vanessa Hanley Lordi of Livermore - Sports and Athletics

Vanessa has recruited large numbers of women athletes into the West Valley Track Club, the oldest track club in Northern California.

"Each of these outstanding women helps make Alameda County a place that is second-to-none in terms of its vibrant culture and rich diversity," said Alameda County Administrator Susan S. Muranishi, an event co-chair. "We believe this outstanding class of inductees will help make 2014 our best year ever."

To learn more about the 2014 inductees to the Alameda County Women's Hall of Fame, go to http://www.acgov.org/cao/halloffame/. The event will be hosted by the Alameda County Board of Supervisors and the

Alameda County Commission on the Sta-

tus of Women.

Women's Hall of Fame Luncheon and Awards Ceremony Saturday, Mar 29 12:30 p.m. Greek Orthodox Cathedral 4700 Lincoln Avenue, Oakland

Tickets: http://www.acgov.org/cao/halloffame/ For sponsorship opportunities, call (510) 272-3882

\$75/person

The program raises money for local charities providing needed resources to women and children in our community.

# Drought affects Santa Clara County

SUBMITTED BY JANICE ROMBECK

Santa Clara County is among 27 counties that the United States Department of Agricultural has designated a "primary natural disaster area" because of current drought conditions, which makes farm operators eligible for federal assistance, including emergency loans.

The designation by Agriculture Secretary Tom Vislack was made just days after Supervisor Dave Cortese called on county administrators to conduct an analysis of current drought conditions with short- and long-term solutions to lessen the impact on residents, farmers and businesses. Cortese also sent a letter to Governor Jerry Brown expressing his concern about drought conditions and offering Santa Clara County as a site for hearings on

the drought's impact on rural and urban areas.

"California is experiencing one of the driest winters on record following two years of winters without adequate rain and snow," Cortese said. "The drought designation will help our residents in rural areas of the county who have been hardest hit."

The analysis requested by Cortese will be heard by the Housing, Land Use, Environment and Transportation Committee at the February 20 meeting beginning at 10 a.m. at the County Government Center, 70 West Hedding Street, San Jose.

Farm operators interested in federal aid should contact the local Farm Service Agency, 2337 Technology Parkway, Hollister, CA, at 831-639-4360.

For more information, please call Supervisor Cortese's office at 408-299-5030.

# Retired teachers award grants

#### SUBMITTED BY GENE DIAS

Recently, during its quarterly luncheon/meeting at Fremont's Massimo's Restaurant, Grant Chairperson Florence Griffin announced to 123 members in attendance that 17 - \$300 grants are being awarded to qualified active teachers. Sixty-five teachers from the school districts of Fremont, New Haven and Newark submitted applications describing how they planned to spend and use grant money on special projects to enhance their classroom curricula. A panel of six retired teachers read the applications and chose 17 recipients. Money for the grants is funded by donations, book sales, opportunity drawings, quilt drawings and participation in the Ducks for Bucks program sponsored by the Fremont Kiwanis Club.

#### Fremont recipients:

Alaka Devi, Millard Elementary; Melanie Sheaffer, Hopkins Jr. High; Chandra Friend, Irvington HS; Alison Burke, Glankler/Grimmer Elementary; Maria Romo, Grimmer Elementary

#### Newark recipients:

Dana Wright, Lincoln Elementary; Latsamy Colla, Lincoln Elementary; Brandi Wicks, Snow Elementary; Andreco Holoka, Newark Jr. High

#### New Haven recipients:

Allison Sayavong, Kitayama Elementary; Roxane Ramirez, Alvarado Elementary; Cathy Schoon, Pioneer Elementary; Julie Miller, Pioneer Elementary; Darlene Crittendon, Eastin Elementary; Megan Northcote, Eastin Elementary; Alisha Valine, Cesar Chavez Middle School; Eric Melson, Logan HS

The featured speaker at the meeting was Sister Caritas Foster, a nun from Sisters of the Holy Family Mother House in Fremont. Sister Caritas is a major figure in combating human trafficking and helping victims of this modern-day form of slavery. Her inspirational speech highlighted the causes,



Sister Caritas Foster of Sisters of the Holy Family speaks about human trafficking to CalRTA #91 membership.

types of exploitation and demands of human trafficking. In 2012, Sister Caritas and Sisters of the Holy Family were honored with the FBI Director's Community Leadership Award for their efforts.

Any retired teacher or administrator is invited to join CalRTA #91. If interested, please contact:

Muriel Rodrigues Membership, CalRTA #91 P.O. Box 643

Fremont, CA 94537-0643

The next quarterly luncheon/meeting of CalRTA #91 will be held at the Fremont Elks' Lodge on Wednesday, April 14.

# Hayward offers free CERT training

SUBMITTED BY CITY OF HAYWARD EMERGENCY SERVICES DEPARTMENT

The Hayward Fire Department is providing a free CERT (Community Emergency Response Team) Training Program which will consist of four evening indoor classes and one outdoor "hands on" skills class. Participants learn skills that will enable them to provide emergency assistance to their families and immediate neighbors as well as organize a neighborhood team response. Training will begin in the month of March at City Hall.

Class 1: Monday, March 3; ?Class 2: Monday, March 10; ?Class 3: Monday, March 17; ?Class 4: Monday, March 24. These four classes are all held from 6 p.m. – 9:30 p.m. at Hayward City Hall, 777 B Street, Hayward.

Skills 5: Thursday, April 3, 6 p.m. - 9:30 p.m. will be held at Fire Station #6, 1401W. Winton, Hayward.

You must attend all classes in order to receive certification.
CERT training is for all City of Hayward and Fairview residents.
Residential verification will be required during the final application process.

You must be 18 years or older to sign up and a resident of the City of Hayward or the Fairview area. Please register in advance.

CERT Training
Mondays, March 3, 10, 17 and
24 and Thursday, April 3
(Skills)
6:00 p.m. – 9:30 p.m.

(Skills) 6:00 p.m. – 9:30 p.m. 777 B Street, Hayward (510) 583-4948 www.hayward-ca.gov Free

#### Register for Hayward Community Police Academy

SUBMITTED BY
SGT. ERIC MELENDEZ, HAYWARD PD

FREE - 9 Week Course

Topics include:
Police Patrol Structure/District Command
Special Victims Unit
Robbery Prevention & Personal Safety
Narcotics & Gangs
SWAT & K-9 Unit

Firearms Training Simulator

Every Tuesday: March 4 - April 29, 2014 6:45 p.m. - 8:45 p.m.

North District Office 22701 Main Street, Hayward (corner of C St./Main St.)

Everyone is welcome - 18 years and older (Limited Seating)

To register, contact:
Gale Bleth (510) 293-7151
gale.bleth@hayward-ca.gov
Or
Mary Fabian (510) 293-1043
mary.fabian@hayward-ca.gov



"Like" Kid Scoop on Facebook!

Star Gazing

Can you find the star that is different?

© 2014 by Vicki Whiting, Editor Jeff Schinkel, Graphics Vol. 30, No. 8

Runaway slaves followed the North Star to freedom. If the stars

were hidden by clouds, they would feel the trunks of the trees,

looking for moss, which always grows on the north side of a tree.



Missing Words Fill in the blanks in the story below by using the word list.

**Kid Scoop Together:** 

#### The North Star

Frederick Douglass was an abolitionist and a newspaper publisher. He escaped slavery, traveled north to freedom and then began speaking out against slavery.

Frederick Douglass named his

a symbol of \_ to slaves, as well as a physical guide to those slaves escaping the South and traveling north. They were taught to locate this star by using the stars of the

Slaves often passed \_ instructions from plantation to plantation by \_\_\_

"Follow the Drinking Gourd" is a song that provided in code the route for an \_ from Alabama and Mississippi. A portion of the song and its coded message follow:

When the sun comes back And the first quail calls, Follow the drinking gourd. For the old man is waiting To carry you to freedom If you follow the drinking gourd.

"When the sun comes back" means the time in when the altitude of the sun increases each day. Quail are a migratory bird that winter in the South, and the drinking gourd is the Big Dipper. Most freedom seekers had to cross the \_\_\_\_\_ and powerful Ohio River, a difficult crossing most of the year. The song urged freedom seekers to begin their journey in winter, which would enable them to reach the Ohio when it was still frozen and easier to cross.

> TRAVEL **ESCAPE** FREEDOM SONG **SWIFT**

Standards Link: History: Understand how the music of people from a variety of regions long ago influenced the nation.



SLAVERY

The noun slavery means the owning of people by other people.

Frederick Douglass called for an end to slavery.

Try to use the word slavery in a sentence today when talking with your friends and family members.



Tell about someone who is your hero (or heroine). Why is this person special to you?

#### BLACK HISTORY FEBRUARY [8 MONTH

الظلالة

Help Harriet find a path through the forest.

# here once was a railroad that had no tracks, no trains, no whistles, no schedule.

It ran through dark woods and swamps thick with snakes. Its "stations" were secret rooms and musty piles of potatoes.

The Underground Railroad, as it was called, was a series of secret paths and stations that helped runaway slaves find their way to freedom. The secret railroad ran from the southern United States to Canada.

At one time, in some states, it was legal to own people. They could be bought and sold like cows and horses. This was called **slavery**.

Many people thought slavery was wrong. They wanted to help slaves find a way to live free. This is how the Underground Railroad started. The kindnesses and concerns of thousands of strangers kept this freedom train "running."



# **Harriet Tubman:**

Railroad. Conductors were

Harriet Tubman led more than 300 slaves to freedom. She once said, "On my Underground Railroad I never ran my train off the track, and I never lost a passenger."

Standards Link: History: Students understand the importance of individual action and character and how heroes from long ago made a difference.

#### Courageous Conductor "Conductor" was one of the most dangerous jobs on the Underground

runaway slaves who led other slaves to freedom. One of the most famous was Harriet Tubman.

# **Station Master Arrested**

Thomas Garrett's home was a station on the Underground Railroad. He gave food and shelter to more than 2,500 runaway slaves. In 1848, he was arrested for helping runaway slaves. All of his property was taken away from him and sold. He had to pay a huge fine and was left penniless. Yet, he surprised the sheriff with what he said.

Use the code to find out what Thomas said.

UNDERGROUND RAILROAD

"FRIEND, I HAVEN'T A 377792 IN THE 47273, **BUT IF THEE KNOWS OF** OHW 46848299 A **,436916425 A SCHOOL** 

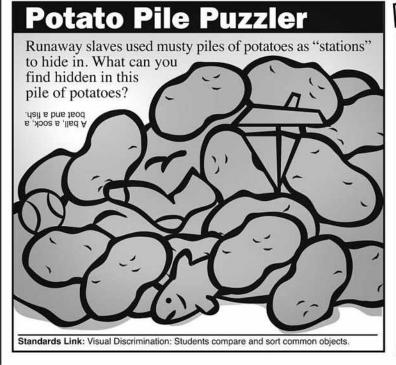
".45 74 MIH DN32 K = 1 7 = 04 = T

SECRET CODE D = 3 | G = 2 | L = 7 | R = 2 | Standards Link: History: Students know historical accounts through the stories of people and their actions.



and circle things that can be owned in green. Circle things that cannot be owned in red.

Standards Link: Reading Comprehension: Follow simple written directions.



# Double FREEDOM

RAILROAD WHISTLES SECRET **SLAVERY GREEN FACTS** MOSS STATIONS TRACK **SWAMPS** TRAIN LOST SOLD

Find the words in the puzzle, then in this week's Kid Scoop stories and activities. SBRSWAMPST

NLMAHLACRR OKOHISTATA IODSSLCERI TYEMTKRDON ANETLCMOSS TGREENAOAI SHFSSFEFBD YREVALSOLD

Standards Link: Letter sequencing. Recognizing identical words. Skim and scan reading. Recall spelling patterns.

Cut out each line

and place them

in the correct

order to read

#### How We Overcome

Find a newspaper story about someone overcoming a great obstacle such as a health challenge, an accident, or an unfair law. Read the article and list the facts: who, what, when, where, why and how. Using the facts, write a one-paragraph summary of the article.

Standards Link: Writing Applications: Write summaries using newspaper formal

# ankle of his fellow man without

FOOD

No man can put a chain about the

fastened about his own neck.

a quote by Frederick Douglass

at last finding the other end

Do you like to write about interesting topics? Are you a whiz with words and like to share your thoughts with others? Can you find something fascinating about lots of things around you?

If so, maybe writing for the Tri-City Voice is in your future. We are looking for disciplined writers and reporters who will accept an assignment and weave an interesting and accurate story that readers will enjoy. Applicants must be proficient in the English language (spelling and grammar) and possess the ability to

work within deadlines. If you are interested, submit a writing sample of at least 500 words along with a resume to tricityvoice@aol.com or fax to (510) 796-2462.



## **Government Briefs**

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

#### City Council/Public Agency **MEETINGS**

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

#### **CITY COUNCILS**

Fremont City Council Ist/2nd/3rd Tuesday @ 7 p.m. City Hall, Bldg A 3300 Capitol Ave., Fremont (510) 284-4000 www.fremont.gov

Hayward City Council Ist/3rd/4th Tuesday @ 7 p.m. City Hall, second floor 777 B Street, Hayward (510) 583-4000 www.ci.hayward.ca.us

Milpitas City Council Ist/3rd Tuesday @ 7 p.m. 455 East Calaveras Blvd., Milpitas (408) 586-3001 www.ci.milpitas.ca.gov

Newark City Council 2nd/4th Thursday @ 7:30 p.m. City Hall, 6th Floor 37101 Newark Blvd., Newark (510) 578-4266 www.ci.newark.ca.us

San Leandro City Council Ist/3rd Monday @ 7 p.m. 835 East 14th St., San Leandro (510) 577-3366 www.sanleandro.org

Union City City Council 2nd/4th Tuesday @ 7 p.m. City Hall 34009 Alvarado-Niles Rd., Union City (510) 471-3232 www.ci.union-city.ca.us

#### WATER/SEWER

Alameda County Water District 2nd Thursday @ 6:00 p.m. 43885 S. Grimmer Blvd., Fremont (510) 668-4200 www.acwd.org

East Bay Municipal Utility District 2nd/4th Tuesday @ 1:15 p.m. 375 11th St., Oakland (866) 403-2683

Santa Clara Valley Water District 2nd/4th Tuesday @ 6:00 p.m. 5700 Almaden Expwy., San Jose (408) 265-2607, ext. 2277 www.valleywater.org

Union Sanitary District 2nd/4th Monday @ 7:00 p.m. 5072 Benson Rd., Union City (510) 477-7503 www.unionsanitary.com

#### **SCHOOL DISTRICTS**

Castro Valley Unified School Board 2nd/4th Thursday @ 7:00 p.m. 4400 Alma Ave., Castro Valley (510) 537-3000 www.cv.k12.ca.us

Fremont Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 4210 Technology Dr., Fremont (510) 657-2350 www.fremont.k12.ca.us

Hayward Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 24411 Amador Street, Hayward (510) 784-2600 www.husd.k12.ca.us

Milpitas Unified School Board 2nd/4th Tuesday @ 7:00 p.m. 1331 E. Calaveras Blvd., Milpitas www.musd.org (406) 635-2600 ext. 6013

New Haven Unified School Board 1st/3rd Tuesday @ 6:30 p.m. 34200 Alvarado-Niles Rd., Union City (510) 471-1100 www.nhusd.k12.ca.us

San Leandro Unified School Board 1st/3rd Tuesday @ 7:00 p.m. 835 E. 14th St., San Leandro (510) 667-3500 www.sanleandro.k12.ca.us

San Lorenzo Unified School Board 1st/3rd Tuesday @ 7:30 p.m. 15510 Usher St., San Lorenzo (510) 317-4600 www.slzusd.org

Sunol Glen Unified School Board 2nd Tuesday @ 5:30 p.m. 11601 Main Street, Sunol (925) 862-2026 www.sunol.k12.ca.us

#### Takes From Silicon Valley East

## This is NOT Mad Men: The **Question of Hierarchical Space in Fremont's Future Civic Center**

By Jason McCarthy, AIA, LEED AP, ASSOCIATE PRINCIPAL, STUDIOS **ARCHITECTURE** 

On TV's "Mad Men," the 1960's office design is iconic for its period: once through the front door, layers of receptionists, secretaries and cigarette smoke all shield corner-office executives from visitors, colleagues and staff alike. The corner office is the epitome of hierarchical workplace design giving the position of authority and best light and views to a single individual. And as anyone who watches "Mad Men" knows, both the social and physical hierarchy of that era allowed for all sorts of bad behavior in the workplace that make for great television today!

In today's workplace however, the "Mad Men" style of organization - along with the shots of whiskey before meetings - are thankfully in our distant past. Today, creative agencies, hightech startups, and even established public entities, including the City of Fremont, all strive for a more collaborative paradigm, where the power of the community is championed over that of the individual.

At Studios, we often say that when buildings facilitate collaboration, you get: "1 + 1 = 3."

While architects are supposed to be good at math, our more important skill is designing buildings to enhance collaboration and strengthen a sense of community within an organization. Placement of various functions within a building, campus, or city, together with careful use of materiality, transparency, circulation, access to light, and views, all are tools used to increase social interaction and enhance community.

As the City of Fremont begins to contemplate its new Civic Center, it will be asking itself, "Where do we place our front door? How can the Civic Center invite community interaction? What will our Civic Center say about government's role in the community?" To see how they answer, stay tuned!

Jason McCarthy is the AIA, Associate Principal at Studios Architecture. Studios Architecture, world-renowned for its design of collaborative corporate, civic, and educational architecture, is currently engaged with the City of Fremont to master-plan the new City of Fremont Civic Center at the corner of Capitol Avenue and Liberty Street.

To learn more about Fremont's Plans for Downtown, including a new Civic Center, visit www.thinksiliconvalley.com/urba n-environment/.



About Takes From Silicon Valley East

The Daily Beast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremant or the Silicon Valley scene itself, we're telling the stories that are

To subscribe to all blog posts scan this QR Code or visit ThinkSiliconVallev.com/silicon-vallev-east/

#### **Hayward City Council**

January 21, 2014

#### **Work Session:**

Water Pollution Control Facility Master Plan

#### Consent:

Resignation of Amacalli Duran from Hayward Youth Commission; appoint Joanna Gil to unexpired term

Approve plans for ADA accessible parking lot construction and call for bids (removed from consent by Mendall – unanimous approval Resolution to support Lasting Legacy in Tennyson Corridor (removed from consent by Zermeno) – unanimous approval

Support SB405 to prohibit specific stores from providing single-use carryout bags

Adopt FY 2015 & FY 2016 Council priorities

#### **Public Hearing:**

Approval of Mission Blvd. Corridor Specific Plan from Harder Road to Northern City Boundary excluding Downtown area. (Jones, Salinas – recuse on north portion)

#### Legislative Business:

Adopt Energy Efficiency standards Mayor Michael Sweeney Barbara Halliday Aye Greg Jones Aye (1 recusal) Al Mendall Aye Marvin Peixoto Aye Mark Salinas (Mayor pro tem) Aye (1 recusal) Francisco Zermeno

# Truancy enforced stickers

#### SUBMITTED BY HAYWARD PD

The Hayward Police Department has partnered with the Hayward Unified School District's campaign for "Student Success Starts with Attendance" to improve school graduation rates.

Starting January, businesses and community organizations in Hayward are being asked to place Truancy Enforced Decals in their establishments. The decal program is intended to help students stay in school to improve attendance and ultimately graduation rates.

Instead of allowing students to

be in stores and establishments during school hours, students will be encouraged to stay in school during school hours (generally 8 a.m. to 2:30 p.m.) instead of loitering at local stores and businesses. Proprietors and community leaders are being asked to promote the importance of attending school daily, graduating high school and pursuing goals of college and career.

For students who don't leave or for who there is concern, we ask businesses to call the Truancy Enforced telephone number on the sticker (510) 293-7000 (Hayward Police Department's Non-Emer-

# Consumers warned about undeclared allergens

SUBMITTED BY ANITA GORE

Dr. Ron Chapman, director of the California Department of Public Health (CDPH) and state health officer warned consumers with wheat and soy allergies not to eat Gano C'Real Spirulina instant cereal because of undeclared wheat and soy allergens.

Gano Excel USA, Inc. of Irwindale, California, has initiated a voluntary recall of the cereal, which is sold exclusively through multi-level marketing distributors across the state. Gano Excel USA, Inc. immediately separated its entire inventory of recalled products and has notified its distributors of the recall. The recall was initiated after CDPH identified the labeling omission of the wheat and soy allergens during a routine inspection. No illnesses have been re-

The products are packaged in boxes labeled Gano C'Real Spirulina. Each box contains 15 packets.

People who have an allergy or severe sensitivity to wheat and/or soy run the risk of a life-threatening allergic reaction that requires immediate medical attention if they eat these products.

Consumers who have experienced an allergic reaction after eating any of these products should contact their health care provider. Anyone observing the products being offered for sale is encouraged to call CDPH's toll-free complaint line at (800) 495-3232 or visit www.cdph.ca.gov.

## **Union City City Council**

January 28, 2014

#### **Proclamations and Presentations:**

Recognize 2013 Employee of the Year recipients. General Government: Mark Evanoff

Public Safety: Andrew Gannam Leisure Services & Public Works: Edward Rivera

#### **Consent Calendar:**

Authorize the city manager to execute a contract with Gillig Corporation for the purchase of four low-floor compressed natural gas busses. Each bus will cost \$551,666. The city is seeking a grant from the Federal Transit Administration and expects a grant of \$736,000 will be approved this year.

Authorize the city manager to enter a consultant agreement for construction inspection and materials testing service and an agreement amendment for structural engineering support for the Alameda Creek Bridge at Decoto Road Seismic Retrofit Improvements Project with AECOM for an amount not to exceed \$418,689.44, and approve an amendment to a contract with Briggs Cardosa for structural engineering support for \$86,970.

Authorize renewal of the Microsoft Software Assurance Licensing Agreement which would result in a three-year total of \$220,873.08.

#### **City Manager Reports:**

Update on the Analysis of the Measure AA sales tax, which went into effect in 2011 and will sunset in 2015 unless renewal on the November ballot is approved. The 0.5% tax on sales in Union City brings in about \$4 million per year and staff argued that it did not negatively impact sales. (No action)

Allocate \$58,000 in public art fund for a citywide mural program in the interest of graffiti abatement.

Mayor Carol Dutra-Vernaci:Aye Vice Mayor Lorrin Ellis: Emily Duncan: Pat Gacoscos: Aye Jim Navarro: Aye

#### **Hayward City Council**

January 28, 2014

#### **Presentation:**

Beacon Award (Gold Level Spotlight) presentation to City of Hayward for energy savings in City facilities

Call for General Municipal Election on June 3, 2014 to elect a Mayor and two members of the City Council

Reinstate Energy Efficiency provisions for private developments Approve water service for homeowner in the Castle Homes area Support The Conversation Campaign to encourage end-of-life planning

#### discussions (removed from Consent by Halliday) – approved unanimously **Public Hearing:**

Modification of zoning for persons with physical disabilities. Expedited review process for Housing Element Mayor Michael Sweeney Aye

Barbara Halliday Aye Greg Jones Aye Al Mendall Aye Marvin Peixoto Aye Mark Salinas (Mayor pro tem) Aye Francisco Zermeno Aye

gency number). A Hayward Police Officer will respond and assist the student's return to school.

Police Officers and Hayward Unified School District staff did truant sweeps this past fall and plan on doing more in the future. Counselors work with parents and students who have truancy concerns.

Community support is vital. We all need to play a role in encouraging our children to go to school every day. It takes community commitment for all to achieve; student success starts with attendance. Better attendance equals more graduates. More graduates equal better life outcomes for our youth and community!

**Contact Information:** Andrew Kevy - Hayward **Unified School District** Coordinator for Child Welfare, **Attendance Unit** (510) 784-2586

"Places of Worship" is published on the first Tuesday of every month. Faith-based organizations that have agreed to distribute Tri-City Voice to their congregations are included. A complete list of all greater Tri-City faith-based organizations can be found at: www.tricityvoice.com under "Community Resources."

#### PLACES OF WORSHIP

#### ASSEMBLY OF GOD

#### **Calvary Assembly of Milpitas**

130 Piedmont Rd. **Milpitas** (408) 946-5464 www.camilpitas.org

#### **Christian Life Center**

33527 Western Ave., Union City 510-489-7045

#### **Harbor Light Church**

4760 Thornton Ave., Fremont 510-744-2233 www.harborlight.com

#### **BAPTIST**

#### **Alder Avenue Baptist Church**

4111 Alder Ave., Fremont 510-797-3305 www.alderavebc.com

#### **Bay Area Baptist Church**

38517 Birch St., Newark 510-797-8882 www.bayareabaptist.org

#### **Berean Baptist Church** 2929 Peralta Blvd., Fremont

510-792-3928

#### **Calvary Baptist Church** 28924 Ruus Rd., Hayward 510-589-9677

**Chinese Independent Baptist** 

## Church

37365 Centralmont Pl., Fremont 510-796-0114 www.cibcfremont.org

#### **Christ Centered Missionary Baptist Church**

22979 Maud Ave., Hayward

#### **Community Church of Hayward**

26555 Gading Rd., Hayward 510-782-8593

## **Fairway Park Baptist Church**

425 Gresel St., Hayward 510-471-0200 www.FPBC.org

#### First Baptist Church of **Russell City**

2979 Maude Ave., Hayward 510-538-3320

#### First Baptist Church of

Newark 6320 Dairy Ave., Newark

510-793-4810

#### **Heritage Baptist Church**

2960 Merced St., San Leandro 510-357-7023 www.hbc.org

#### **Mission Way Baptist Church**

38891 Mission Blvd., Fremont (510) 797-7689

#### **New Hope Baptist Church** 925 F St., Union City

510-487-7472

#### Palma Ceia Baptist Church

28605 Ruus Road, Hayward 510-786-2866 www.palmaceiachurch.org

#### **Park Victoria Baptist Church** 875 S. Park Victoria Dr., Milpitas

408-263-9000 www.parkvictoria.org

#### **Pathway Community Church** 4500 Thornton Ave., Fremont

510-797-7910 www.pathwaycommunity.info

#### **Shiloh Baptist Church** 22582 South Garden Ave.,

Hayward 510-783-4066 shilohbc @sbcglobal.net

#### **Warm Springs Church**

111 E. Warren Ave., Fremont 510-657-4082 www.warmspringschurch.org

#### **BUDDHIST**

#### **Buddhanusorn Thai Temple** 36054 Niles Blvd., Fremont

510-790-2294 So. Alameda County

#### **Buddhist Church**

32975 Alvarado Niles Rd., **Union City** 510-471-2581 www.sacbc.org

#### **CATHOLIC**

#### **Corpus Christi Church**

37891 Second St., Fremont 510-790-3207 www.corpuschristifremont.org

#### **Holy Spirit Catholic Church** 37588 Fremont Blvd., Fremont

510-797-1660 www.holyspiritfremont.org

#### **Old Mission San Jose Church** 43266 Mission Blvd., Fremont 510-657-1797

**Our Lady of Guadalupe Parish** 41933 Blacow Rd., Fremont

#### www.guadalupe-parish.org **Our Lady of the Rosary**

Church 703 C St., Union City 510-471-2609

510-657-4043

# www.olrchurch.org

St. Elizabeth Catholic Church 750 Sequoia Dr., Milpitas 408-262-8100

#### St. James the Apostle

34700 Fremont Blvd. (w. of Decoto Rd.), Fremont 510-792-1962 www.sjapostle.net

## St. John the Baptist Catholic

279 S. Main St., Milpitas 408-262-2546 www.sjbparish.org

#### **CHRISTIAN**

#### **Abundant Grace Community** Church

meets at SDA Church 32441, Pulaski Dr, Hayward (650)575-3345 http://www.abundantgcc.org/

#### **Calvary Bible Church** of Milpitas

1757 Houret Ct., Milpitas 408-262-4900 www.calvarybiblechurch.us

#### **Calvary Chapel Fremont**

42986 Osgood Rd., Fremont 510-656-8979 www.calvaryfremont.org

#### Cedar Blvd. Neighborhood Church

38325 Cedar Blvd., Newark 510-791-8555 www.cbnc.net

#### **Christ's Chosen Vessel Min**istries International

(Meets at Spring Valley Bible Church Building, 220 S. Main St. Milpitas (650) 834-3776

#### **Christ Community Church of Milpitas**

1000 S. Park Victoria Dr., Milpitas 408-262-8000 www.cccmilpitas.org

#### **Christian Worship Center**

241 So. Main St., Milpitas 408-263-0406 http://www.cwcsj.org

#### **Church of Christ**

977 Grant Ave., San Lorenzo 510-276-4693

www.church-of-christ.org/slzca **Church of Christ of Fremont** 

#### 4300 Hanson Ave., Fremont 510-797-3695

www.fremontchurchofchrist.org

#### **Church of Christ - Hayward** 22307 Montgomery St.,

Havward 510-582-9830 www.haywardchurchofchrist.org

#### **Family Bible Fellowship** 37620 Filbert St., Newark

510-505-1735 www.fbfministries.org

#### **Fremont Asian Christian** Church

Meets Centerville Community Center 3355 Country Drive, Fremont 510-795-2828 www.fremontasianchristianchurch.org

#### **Fremont Community Church**

39700 Mission Blvd., Fremont 510-657-0123 www.gofcc.org

#### **Fremont Journey of Faith** Church

39009 Cindy St., Fremont 510-793-2100 www.jof-fremont.com

#### **Good Shepherd South Asian Ministry**

MultiCultural Worship 4211 Carol Ave., Fremont 510-552-4476 gssam@sbcglobal.net

#### **Grace Church Fremont Multi-Ethnic**

36060 Fremont Blvd., Fremont 510-936-1423 www.gracechurchfremont.org

#### **Hayward First Church of the Nazarene**

26221 Gading Rd., Hayward 510-732-0777

#### **InRoads Christian Church**

3111 Washington Blvd., Fremont 510-657-0251

#### www.inroadschurch.com **Jyoti Fellowship church**

Located in First Church of the Nazarene 26221 Gading Rd., Hayward 510-427-0491

#### **Liberty Church** International

Veteran's Bldg., 37154 Second St. (Fremont Niles) 510-324-1400 www.libertyvision.org

#### **Mount Olive Ministries** 1989 E. Calaveras Blvd., Milpitas 408-262-0506

www.mt-olive.org **New Life Community Church** 39370 Civic Center Dr. #119

#### Fremont 510-432-9250 www.newlifeeastbay.org

**New Life Christian Fellowship** 22360 Redwood Road Castro Valley,

www.newlifebayarea.org

510-582-2261

**New Life Church** 4130 Technology Pl., Fremont 510-657-9191 Newlifechurchofsf.org

## **Solid Rock Church of God In**

5970 Thornton Ave., Newark 510-791-7625 www.solidrockcogic.org

#### CHRISTIAN (ESPANOL)

#### Arbol de Vida

4140 Peralta Blvd., Fremont 510-790-2140

#### Iglesia Apostolica de Union City

33700 Alvarado Niles Rd., **Union City** 510-489-0687 www.ucapostolic.org

#### Iglesia Bautista Mission Peak

41354 Roberts Ave., Fremont 510-656-5311 www.missionpeakbaptist.org

#### Iglesia Biblica El Faro

280 Mowry Ave., Fremont Estudio Bíblico 510-585-1701 lbfchurch.org

**Ministerios Cosecha "Fuente** de Vida'

4360 Central Ave., Fremont

#### (510) 573-1800 mcofremont@yahoo.com

Mision Hispana Esperanza Viva 4673 Thornton Ave. Suite P, Fremont 510-754-5618

#### **CHRISTIAN FILIPINO**

#### **Christian Fellowship International Church**

www.esperanzaviva.org

(Meets in the Park Victoria Baptist Church bldg.) 875 S. Park Victoria Dr., Milpitas 408-386-2215 http://cficmilpitas.multiply.com/

#### **Light By The Mountain** Church

606 H St., Union City 510-378-0159

#### **CHRISTIAN** <u>Indonesian</u>

#### **Graceful Christian Community** Church

At Immanuel Presbyterian Church 4333 Hansen Ave., Fremont 510-792-1831 www.gracefulcommunity.org

## CHRISTIAN REFORMED

#### **Christ's Community Church** 25927 Kay Ave., Hayward

510-782-6010 ccchayward@sbcglobal.net

#### **EPISCOPAL**

St. James Episcopal Church 37051 Cabrillo Terr., Fremont 510-797-1492 www.saintj.com

#### EVANGELICAL COVENANT

#### **South Bay Community** Church

47385 Warm Springs Blvd., Fremont 510-490-9500 www.sobcc.org

#### **EVANGELICAL FREE** CHURCH

#### **OF AMERICA Newark Community Church**

37590 Sycamore St., Newark 510-796-7729 www.newarkcommunitychurch.org

## **Asian Indian Church**

**Ministries** Meet at Newark Community Church 510-795-7770 www.asianindianchurchministries.org

#### HINDU TEMPLE

#### Paramahamsa Nithyananda **Meditation - Sundays**

451 Los Coches St., Milpitas 510-813 6474 www.LifeBliss.org

#### 25 Corning Ave., Milpitas 408-586-0006 www.bayvp.org

**Vedic Dharma Samaj** 

Shreemaya Krishnadham

Center 3676 Delaware Dr., Fremont 510-659-0655 www.fremonttemple.org

**Hindu Temple and Cultural** 

#### **JEWISH**

#### **Congregation Shir Ami**

4529 Malabar Ave., Castro Valley 510-537-1787 www.congshirami.org

#### **Temple Beth Torah** 42000 Paseo Padre Pkwy., Fremont

#### LDS (Mormon)

510-656-7141

**Glenmoor Ward** 38134 Temple Way, Fremont

www.bethtorah-fremont.org

#### 510-793-8060

# **LUTHERAN**

**Chinese Mission of Hope Evangelical-Lutheran Church** 3800 Beard Rd, Fremont 510-938-0505 http://www.hopelutheranfre-

#### mont.org/zh.html Calvary Lutheran Church &

School (Behind Wendy's) 17200 Via Magdalena, San Lorenzo 510-278-2555 Sch 278-2598

#### **Christ the King Lutheran**

www.calvaryslz.com

1301 Mowry Ave., Fremont 510-797-3724 www.Ctkfremont.org

#### **Good Shepherd Lutheran** Church

166 W. Harder Rd., Hayward Iglesia Luterana "El Buen Pastor" 510-782-0872 www.gslchayward.org

#### **Good Shepherd South Asian** Ministry

4211 Carol Ave., Fremont 510-656-0900 www.gssam.org

#### **Holy Redeemer Lutheran** Church

35660 Cedar Blvd., Newark 510-793-1911 office@hrlc-newark.org

#### **Holy Trinity Lutheran Church** 38801 Blacow Rd., Fremont 510-793-6285

**Hope Lutheran Church** 3800 Beard Rd., Fremont 510-793-8691 http://hopelutheranfremont.org/

www.holytrinityfremont.org

#### **Messiah Lutheran Church**

25400 Hesperian Blvd., Hayward WWW.messiahhayward.org 510-782-6727

#### **Oromo Christ Evangelical Lutheran Church**

100 Hacienda Ave., San Lorenzo 510-276-7980 ollibuse@yahoo.com

#### **Our Savior Church &** Preschool

858 Washington Blvd., Fremont 510-657-3191 www.oslfremont.com

#### **Prince of Peace Lutheran** Church/School

38451 Fremont Blvd., Fremont 510-793-3366 www.popfremont.org

#### **METHODIST**

#### **African Methodist Episcopal** Church

201 E St., Union City 510-489-7067 www.tricityame.org

#### **First Chinese United Methodist Church**

2856 Washington Blvd. Fremont (510)490 - 0696www.chinesemethodist.org

#### **First United Methodist** Church 2950 Washington Blvd, Fremont

510-490-0200

510-429-3990

**CHURCH** 

www.fremont-methodist.org St. Paul United Methodist 33350 Peace Terr., Fremont

#### www.stpaulumcfremont.org **VICTORY CENTER A.M.E. ZION**

33450 Ninth Street- Union City 510-429-8700 **Muslim** 

#### 33330 Peace Terr., Fremont 510-429-4732 www.iseb.org Non

**Islamic Society of East Bay** 

# **DENOMINATIONAL**

**Grace Church Fremont** 36060 Fremont Blvd., Fremont 510-936-1423 www.gracechurchfremont.org

#### **Heavenly Christ's Church** Church)

17200 Via Magdalena

San Lorenzo 510-303-5592 **Mission Springs** 

48989 Milmont Dr., Fremont

#### www.msccfremont.org

www.msconline.org

www.nsofm.com

510-490-0446

**Community Church** 

**Morning Star Church** 36120 Ruschin Dr., Newark 510-676-1453

## 510 612-4832 **ORTHODOX**

**CHRISTIAN** 

**New Seed of Faith Ministry** 

36600 Niles Blvd., Fremont

#### St. Christina Orthodox Church 3612 Peralta Ave., Fremont

510-739-0908 www.stchristina or tho dox.org**PENTECOSTAL** 

**Union City** 

Church

510-489-0687

www.ucapostolic.org

#### **Union City Apostolic Church** 33700 Alvarado Niles Rd.,

## **Presbyterian Centerville Presbyterian**

4360 Central Ave., Fremont 510-793-3575 www.cpcfremont.org

#### First Presbyterian Church of Hayward 2490 Grove Way, Castro Valley

(510) 581-6203 http://firstpreshayward.com

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#### First Presbyterian Church of Newark

35450 Newark Blvd., Newark 510-797-8811 www.newarkpres.org

#### **Immanuel Presbyterian Church of Fremont**

4333 Hansen Ave., Fremont 510-494-8020 www.ipcf.net

## **Irvington Presbyterian**

4181 Irvington Ave. (corner Chapel & Irvington), Fremont 510-657-3133

#### **New Bridges Presbyterian** Church

26236 Adrian Ave., Hayward 510-786-9333 newbridgespresby@gmail.com

#### REFORMED CHURCH **IN AMERICA**

#### **New Hope Community** Church

2190 Peralta Blvd., Fremont 510-739-0430 www.newhopefremont.org

#### **SALVATION ARMY**

**Hayward Citadel Corps** 430 A St., Hayward

510-581 - 6444

510 - 793 - 6319

The Tri-Cities Corps 36700 Newark Blvd., Newark

510-793-6319 **Korean Congregation Army** 36700 Newark Blvd., Newark

#### SEVENTH DAY **ADVENTIST**

#### **Community Seventh-Day** Church

606 H St., Union City 510-429-8446 www.unioncity22.adventistchurchconnect.org/

#### **East Bay Fil-Am Seventh Day Adventist Church**

32441 Pulaski Dr., Hayward 510-324-1597

#### **Fremont Chinese Seventh-Day Adventist Church**

1301 Mowry, Fremont 415-585-4440 or 408-616-9535 **Milpitas Adventist Center** 1991 Landess Ave., Milpitas 408 726-5331 www.milpitas.netadventist.org

## **SIKHISM**

#### **Fremont Gurdwara**

300 Gurdwara Rd., Fremont 510-790-0177 www.fremontgurdwara.org

## **UNITARIAN**

#### **Mission Peak Unitarian Universalist Congregation**

(meets at FUMC's Cole Hall) 2950 Washington Blvd., Fremont 510-252-1477 http://www.missionpeakuu.org/

#### UNITED CHURCH OF **CHRIST**

#### **Eden United Church of Christ**

21455 Birch St. @ Grove Way, Hayward 510-582-9533 www.edenucc.com

#### **Filipino American United Church of Christ**

4587 Peralta Blvd., Fremont 510-797-8408 filamucc@sbcglobal.net

#### **Fremont Congregational** Church

38255 Blacow Rd., Fremont 510-793-3970 www.fremontucc.net

#### **Niles Discovery Church**

255 H St., Fremont 510-797-0895 www.nccucc.org

#### **San Lorenzo Community** Church

945 Paseo Grande, San Lorenzo 510-276-4808

#### **UNITY CHURCH**

ADDRESS

#### **Unity of Fremont**

1351 Driscoll Rd., Fremont 510-797-5234 www.unityoffremont.org

#### **HOME SALES REPORT**

CASTRO VALLEY   TOTAL SALES: 15							
	\$: 900,000		Median \$: 550,000				
Lowest	\$: 286,000	Ave	erage (	\$: 542,6	500		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT CLOSED		
5276 Camino Alta Mira	94546	660,000	4	2060	1966 12-20-13		
19319 Garrison Avenue	94546	565,000	3	1299	1960 12-27-13		
21612 Lake Chabot Road	94546	398,000	4	1568	1942 12-20-13		
2331 Lessley Avenue	94546	427,000	3	1071	1948 12-20-13		
20081 Lorena Place	94546	400,000	2	1258	1981 12-24-13		
4825 Mancini Drive	94546	490,000	2	1080	1950 12-23-13		
18458 Ogilvie Drive	94546	612,000	3	1516	1956 12-20-13		
4119 Ravenwood Place	94546	286,000	2	900	1970 12-27-13		
18352 Redwood Road	94546	550,000	3	2661	1955 12-23-13		
2431 Somerset Avenue	94546	505,000	4	1522	1960 12-24-13		
2719 Somerset Avenue	94546	536,000	3	1449	1946 12-24-13		
18425 Terry Way	94546	602,000	3	1454	1955 12-20-13		
17968 Columbia Drive	94552	550,000	-	2256	1980 12-24-13		
25510 Foggy Glen Drive	94552	658,000	3	1537	1998 12-24-13		
5158 Silver Birch Drive	94552	900,000	4	3526	1999 12-27-13		
	FREMONT	TOTAL SALES: 33					

FREMONT   TOTAL SALES: 33							
Highest \$: Lowest \$:	1,768,000 335,000		dian \$ erage \$		565,000 644,364		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
4726 Balboa Way	94536	530,000	3	1208	1953	12/23/13	
3501 Birchwood Terrace #312	94536	385,000	2	988	1984	12-24-13	
37430 Briarwood Drive	94536	565,000	3	1659	1954	12-27-13	
4684 Devonshire Common	94536	365,000	2	1140	1987	12-20-13	
37755 Elliot Street	94536	735,000	3	1092	1953	12-20-13	
2712 Harrisburg Avenue	94536	695,000	3	1671	1984	12-23-13	
38748 Huntington Circle	94536	368,000	2	840	1989	12-20-13	
793 Old Canyon Road	94536	750,000	3	1540	1905	12-24-13	
37082 Penzance Common	94536	355,500	2	945		12-20-13	
35813 Plumeria Way	94536	725,000	3	1626	1955	12-20-13	
4653 Rothbury Common #49	94536	380,000	2	945	1988	12-27-13	
4103 Tawny Terrace	94536	579,000	3	1549	1995	12-24-13	
4140 Thornton Avenue	94536	570,000	5	1859	1941	12-20-13	
38740 Tyson Lane #314B	94536	475,000	2	1188	2000	12-27-13	
42995 Charleston Way	94538	758,000	4	1724	1993	12-20-13	
3375 Deodara Street	94538	561,000	3	1156	1958	12-20-13	
5025 Hyde Park Drive	94538	668,000	4	1736	1962	12-26-13	
40739 Max Drive	94538	335,000	3	1216	1955	12-27-13	
3851 Meeks Terrace	94538	440,000	3	1338	1981	12-24-13	
3272 Neal Terrace	94538	548,000	3	1745	1992	12-27-13	
4591 Serra Avenue	94538	630,000	3	1351	1960	12-26-13	
5119 Silver Reef Drive	94538	530,000	3	1220	1961	12-20-13	
3127 Belmont Terrace	94539	1,768,000	4	3083	1999	12-23-13	
40930 Camero Place	94539	967,000	3	1536	1965	12-27-13	
1916 Lockwood Avenue	94539	991,000	3	1742	1959	12-26-13	
200 Mill Creek Road	94539	1,610,000	5	2558	1961	12-23-13	
106 Mohave Terrace #18	94539	478,000	2	1200	1986	12-23-13	
48095 Purpleleaf Street	94539	712,000	3	1298	1962	12-23-13	
264 Sequim Common	94539	425,500	2	897	1985	12-20-13	
46908 Shale Common #216	94539	500,000	3	1214		12-24-13	
3728 Harlequin Terrace	94555	665,000	3	1607		12-23-13	
33260 Palomino Common	94555	735,000	3	1856		12-20-13	
34535 Pueblo Terrace	94555	465,000	2	1069	1988	12-26-13	

<b>HA</b> ' Highest \$:	YWARD 968,000	TOTAL S	ALES		385,000	
Lowest \$:	160,000		uiaii q erage		407.125	
ADDRESS	ZIP	SOLD FOR	-	SQFT	BUILT	CLOSE
2944 Butte Street	94541	385,000	3	1114	1952	12-26-1
21800 Hesperian Boulevard	94541	700,000	-	3542	1890	12-20-1
387 Laurel Avenue #9	94541	242,000	2	1050	1989	12-23-1
1115 Martin Luther King Drive	94541	488,000	-	-	-	12-24-1
22990 Palazzo Del Kayla	94541	630,000	4	2050	2007	12-20-
988 Silverado Court	94541	290,000	2	1270	1973	12-20-
25588 Spur Drive	94541	405,000	3	1597	1957	12-27-
236 Sullivan Way	94541	420,000	3	1651	2010	12-20-
1898 Highland Boulevard	94542	385,000	2	1254	1925	12-24-
3295 Round Hill Drive	94542	530,000	3	1928	1969	12-23-
121 Sonas Drive	94542	968,000	4	2781	2010	12-27-
614 Blue Jay Drive	94544	400,000	3	1610	1978	12-24-
24605 Broadmore Avenue	94544	421,000	3	1246	1956	12-20-
699 Dartmore Lane #369	94544	300,000	2	906	1988	12-20-
28093 East 11th Street	94544	250,000	2	560	1944	12-23-
26224 Gamboa Street	94544	651,000	8	3224	1962	12-24-
26338 Hickory Avenue	94544	370,000	3	1042	1952	12-27-
25441 Huntwood Avenue	94544	299,000	3	1335	2009	12-23-
25454 Huntwood Avenue	94544	405,000	4	1565	2007	12-27-
24692 Joanne Street	94544	420,000	4	1500	1950	12-20-
579 Mardie Street	94544	350,000	3	1000	1950	12-27-
1235 McBride Lane	94544	376,000	3	1231	1954	12-23-
669 Minerva Street	94544	385,000	3	1135	1955	12-24-
29612 Mountain Oak Court #6	794544	160,000	1	489	1985	12-24-
272 Newton Street	94544	325,000	3	1070	1952	12-27-
444 Rivercrest Lane	94544	350,000	3	1134	1955	12-23-
24673 Tioga Road	94544	368,000	3	1446	1952	12-26-
26340 Ventura Avenue	94544	395,000	3	1165	1953	12-27-
27621 Del Norte Court	94545	230,000	4	1474	1970	12-27-
27539 Drexel Way	94545	440,000	3	1128	1957	12-23-
1949 Lilac Avenue	94545	415,000	3	1232	1964	12-27-
1628 Trowville Lane	94545	275,000	3	1119	1956	12-20-

1628 Trowville Lane	94545	275,000	3	1119	1956 12-20-13		
MILPITAS   TOTAL SALES: 10							
Highest \$:	1,180,000	Med	dian	\$:	587,500		
Lowest \$:	300,000	Ave	rage	\$:	620,500		
149 Alton Street	95035	597,000	3	1431	1957 01-02-14		
1708 Arana Court	95035	300,000	4	1186	1970 01-02-14		
723 Elderberry Drive	95035	607,000	-	-	- 01-03-14		
1349 Highland Court	95035	370,000	3	1155	1971 01-03-14		
1839 McCandless Drive	95035	723,500	-	-	- 01-06-14		
1254 Methven Lane	95035	530,000	3	1300	1984 01-09-14		
1267 Nestwood Way	95035	587,500	-	-	- 01-02-14		
1311 North Hillview Drive	95035	780,000	4	1604	1970 01-03-14		
700 South Abel Street #505	95035	530,000	2	1259	2007 01-09-14		
2309 Stratford Drive	95035	1,180,000	4	3155	1985 01-10-14		
	=14/4 B1/						

N	EWARK	TOTAL SA	LES:	10	
Highest \$:	620,500	Me	dian \$	S:	375,000
Lowest \$:	279,500	Ave	erage	\$:	456,450
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT CLOSED
5971 Central Avenue	94560	375,000	3	1447	1980 12-20-13
6270 Jarvis Avenue	94560	530,000	3	1503	1987 12-20-13
6318 Joaquin Murieta Avenue	#403N9456	320,000	2	905	1982 12-24-13
6300 Joaquin Murieta Avenue	#B94560	340,000	2	1112	1982 12-27-13
6330 Joaquin Murieta Avenue	#B94560	279,500	2	1112	1982 12-20-13
36758 Olive Street	94560	375,000	2	928	1947 12-24-13
36912 Papaya Street	94560	660,000	3	1893	1994 12-24-13
39927 Parada Street #A	94560	360,000	2	1301	- 12-27-13
6345 Potrero Drive	94560	569,000	2	1627	1990 12-24-13
36318 Tunbridge Drive	94560	756,000	4	2444	1995 12-20-13

 _							
	SANI	SALE	S: 17				
	Highest \$: Lowest \$:	555,000 145.000		Median \$: Average \$:			
	Lowest \$.	145,000 <b>ZIP</b>	SOLD FOR	0	SQFT	401,412 BUILT	CLOSED

-	CAN	ODENZO		0415	-0 40		
	1584 Hickory Avenue	94579	515,000	3	1484	1953	12-27-13
	720 Fargo Avenue #11	94579	255,000	2	920	1965	12-23-13
	15345 Andover Street	94579	485,000	3	1821	1950	12-27-13
	15175 Andover Street	94579	358,000	3	1020	1949	12-23-13
	3840 Yorkshire Street	94578	145,000	2	918	1987	12-20-13
	1266 Lillian Avenue	94578	385,000	3	1317	1947	12-27-13
	1817 Bali Court	94578	470,000	2	1131	1994	12-20-13
	1430 167th Avenue	94578	215,000	3	1024	1955	12-20-13
	276 West Broadmoor Boulevar	d94577	330,000	2	1184	1944	12-24-13
	1354 Pierce Avenue	94577	440,000	3	1142	1942	12-20-13
	1013 Greenbrier Court	94577	555,000	3	1800	2007	12-24-13
	842 Dutton Avenue	94577	410,000	3	1319	1939	12-20-13
	14587 Doolittle Drive	94577	298,000	3	1060	1979	12-20-13
	461 Diehl Avenue	94577	525,000	3	1447	1929	12-20-13
	302 Cherrywood Avenue	94577	544,000	2	1224	1935	12-20-13
	1454 Brookside Drive	94577	409,000	4	1392	1942	12-20-13
	339 Accolade Drive	94577	485,000	3	1599	2002	12-27-13

SAN LORENZO   TOTAL SALES: 13									
	Highest \$: Lowest \$:	506,000 194,500		Median \$: Average \$:			400,000 392,654		
ADDRESS		ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED		
958 Hacienda Av	enue	94580	330,000	3	1568	1947	12-26-13		
1849 Keller Aven	iue	94580	471,000	3	1252	1955	12-23-13		
16018 Silverleaf	Drive	94580	506,000	3	1819	1996	12-20-13		
15975 St. Johns	Drive	94580	395,000	3	1360	1954	12-20-13		
17736 Via Arroyo	0	94580	385,000	3	1024	1950	12-24-13		
1007 Via Bregan	i	94580	465,000	3	1403	1957	12-20-13		
15854 Via Del So	ol	94580	418,000	3	1000	1944	12-20-13		
1181 Via Doloros	sa	94580	194,500	4	1629	1950	12-23-13		
16148 Via Lupin	е	94580	400,000	3	1050	1950	12-23-13		
15808 Via Media		94580	445,000	3	1672	1944	12-24-13		
17332 Via San A	rdo	94580	405,000	4	1301	1950	12-20-13		
17166 Via Valend	cia	94580	400,000	3	1332	1951	12-23-13		
17571 Wickman	Place	94580	290,000	4	1453	1971	12-27-13		

17071 WICKITIATI LIACC	J-1000	230,000	7	1700	1371	12 21 10
<b>UNIC</b> Highest \$: Lowest \$:	724,000 268,000	TOTAL SALES: 9 Median \$: Average \$:		548,000 482,889		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
214 Appian Way	94587	548,000	6	2464	1963	12-27-13
34809 Begonia Street	94587	580,000	3	1382	1969	12-27-13
32625 Brenda Way #3	94587	268,000	2	903	1973	12-24-13
4612 Cabello Street	94587	570,000	4	1632	1976	12-24-13
33098 Calle La Mirada Common	94587	450,000	3	1212	1998	12-23-13
31200 Kimberly Court	94587	375,000	-	1360	1980	12-27-13
330 Riviera Drive	94587	556,000	3	1430	1964	12-20-13
34854 Starling Drive	94587	275,000	2	810	1972	12-27-13
34882 Travertine Way	94587	724,000	4	1988	1997	12-27-13

# San Lorenzo Library reopens in temporary space

#### **SUBMITTED BY PEGGY WATSON**

The San Lorenzo Library will reopen on Wednesday, February 5, in a temporary space located at 16032 Hesperian Boulevard in San Lorenzo. Materials will not be accepted at the Paseo Grande location. A book drop will be available in the parking lot on Hesperian Boulevard. The San Lorenzo Library hours will remain the same:

Monday, 12 noon – 8 p.m. Tuesday, 12 noon – 8 p.m. Wednesday, 10 a.m. - 6 p.m. Thursday, 10 a.m. – 6 p.m. Friday Closed Saturday, 10 a.m. – 5 p.m. Sunday, 1 - 5 p.m.

The San Lorenzo Library located at 395 Paseo Grande is closed for expansion and is slated to reopen in a larger space in the summer of 2015.

For more information, call (510) 670-6283 or TTY: 888-663-0660.

#### **Hayward Police Log**

SUBMITTED BY

SGT. ERIC MELENDEZ, HAYWARD PD

#### Tuesday, January 21

Police were called to the area of the greenway and Southgate Park at 3:54 p.m. for a group of males fighting. Prior to police arriving a subject(s) in a vehicle fired off several rounds from a handgun. The suspects fled prior to police arriving.

A burglary occurred in the 22000 block of Main Street. The resident was at home at 10:51 p.m. when he heard his alarm go off. The victim discovered a door into the home had been forced open and called the police. The suspect fled prior to police arrival.

Police Officers were called to a gas station on the 22000 block of Foothill Blvd regarding an assault and vandalism incident at 12:49 a.m. The clerk and business had been shot with what was believed to be a bb gun. A suspect was stopped and arrested on Foothill Blvd a short time later.

#### Thursday, January 23

An armed Robbery occurred at Tennyson Road and Dixon St near the south Hayward BART station at 8:37 p.m. The two suspects approached the victim and took the victim's purse while displaying a handgun. Both suspects fled eastbound on foot.

#### Friday, January 24

While in the Industrial area of west Hayward Officers observe an illegal racing event at 12:12 a.m. Responding Officers stop several of the vehicles as they try and flee the scene. Drivers are cited for vehicle code violations and a vehicle is towed.

#### Saturday, January 25

A woman was stabbed with a knife when she got between and male and female who were fighting in the Dark Horse Lounge at 8:15 p.m. The male and female who were fighting fled the scene prior to police arriving. The female who had been stabbed identified a truck at the scene as belonging to the male who stabbed her. Officers staked out the vehicle until the male returned where he was then arrested.

#### Monday, January 27

Officers responded to a burglary in progress to a home at Fourth St and B St. at 7:18 a.m. The suspect was seen entering a residence and removing property. After checking nearby vacant addresses officers locate some of the stolen property. Suspects are stopped nearby with some of the stolen property in their possession and are arrested.

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# **BART Sergeant Smith honored**

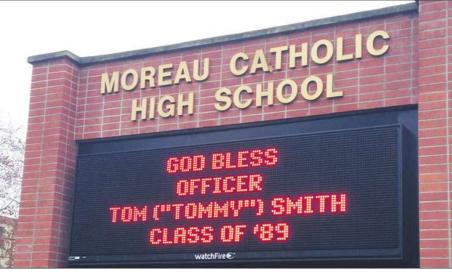
#### SUBMITTED BY LAUREL SKURKO

Moreau Catholic High School in Hayward turned out to honor alumnus (Moreau 1989) BART Sergeant Tom Smith ('89) who recently died in the line of duty. Moreau Catholic High School students, faculty and staff lined Mission Boulevard, in front of the school, to honor BART Sergeant Tommy Smith (Moreau Class of '89) and support his family as the funeral procession passed by the school on January 29th. Banners and a special message on the school marquee sent a sad and fond farewell.

Members of the Campus Ministry Team, among other students, spent time in reflection while creating the signs. Tender moments during their work together included a student reading a prayer she had been inspired to write for the Smith family. Both those who knew Tommy personally and those who only knew him by reputation shared heartfelt words of sorrow for his passing and pride in the life he led. The word "family" resounded as the Mariner community joined to support the Smith family during this difficult time. Being able to participate in this way brought some sense of comfort and peace to our community during this difficult time.

The entire Moreau Catholic High School community mourns the tragic loss of Officer Tom Smith. Dani Lorta, Director of Alumni Relations at Moreau Catholic High School, was his classmate.







She says, "Tommy was a leader in our community. He was someone who was as committed to his career, as he was to his friends and family. We are reeling from the loss and are staying in close contact to sup-

port the many people whose lives he touched so deeply."

Please join us in keeping the Smith family in your thoughts and prayers.

# Bank robbery suspect on the loose - public asked for help

# SUBMITTED BY GENEVA BOSQUES, FREMONT PD

On Monday, January 13, 2014, a bank robbery occurred at the US Bank located at 38980 Paseo Padre Parkway in the City's Downtown area.

At approximately 10:25 a.m. a lone suspect entered the bank and handed a robbery demand letter



to one of the employees. The employee complied with the note and the suspect fled the bank on



foot with an undisclosed amount of cash. The suspect is described as a black male adult, 25-35 years

of age, standing 5'9"-6'01" tall, 175 – 195 lbs., medium build and had short cropped hair. He was last seen leaving the area on foot in a southbound direction wearing a black hooded sweatshirt with a logo over the left breast area and a gray lining in the hood. No weapons were used or seen during the incident.

Several officers and detectives flooded the area in an attempt to

locate the fleeing suspect. Video surveillance at the bank captured the incident and we are asking for the public's assistance to help identify the suspect. If you have information about this incident or recognize the suspect, please contact Detective Travis MacDonald at Timacdonald@fremont.gov, call 510-790-6900 or submit a Tip via Nixle.

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# THE ROBOT REPORT

TRACKING THE BUSINESS OF ROBOTICS

Massachusetts-based start-up, has begun shipping their robots. After five years and an A, B and C round of equity funding, plus some debt, totaling almost \$25 million, their HV-100 mobile robots are finally coming to market.

One Florida nursery said: Robot operating cost alone was quite competitive, but when we considered all the added benefits of lower insurance costs, improved worker health and safety, lower employee turnover and increased plant quality, it was a clear win for us. We couldn't be happier with the results.

The HV-100 plant moving robots perform a wide variety of plant handling tasks such as spacing, consolidation, and collection. The robots require minimal

price of \$995 (thereafter it will be \$1,995). First shipments are scheduled for Summer, 2014.

The new Beam+ clearly separates from the corporate Beam in their advertising videos on their website: Beam has a leasing plan and is oriented for business use; Beam+ is a straightforward purchase and geared for home use.

commercial use such as industrial pipeline cleaning, also developed a high transmission line inspection robot name Expliner. Last week HiBot announced a partnership with Hitachi High-Tech Group to expand the development and distribution of that robot.

Hitachi High-Tech has been inventing and manufacturing railroad track/wire inspection equipment as part of its infrastructure inspection business. Looking ahead, Hitachi High-Tech will collaborate with HiBot to expand into the transmission line inspection business as well.

HiBot was at the forefront of the development of overhead transmission line robots and was about to do live trials when the Fukushima disaster occurred. It took all Tepco resources - including those used with HiBot to test and install their robots - and redirected them to the disaster area and recovery efforts - which is why this new partnership agreement is fortuitous for HiBot.

In the power industry, optimizing the use, performance and life of transmission lines, is a continuing need. Hence the need for this type of inspection robot. Different methods have been ex-

plored to examine, assess and determine and/or perform maintenance where needed, and, in Canada, to de-ice those lines as well. Many existing methods, some of which involve turning off the power, are too expensive to continue and include helicopter inspections. The Expliner robot by HiBot, Québec's LineScout and the EPRI's robot are the farthest along in providing

those services. The American Electric Power Research Institute (EPRI) has developed and is testing their robot. It was originally planned to be installed for field trials in 2013 but seems to be running at least a year or so late.

In Canada, Hydro-Québec Research Institute created the LineScout robot which has been in the testing and upgrading phase for the last couple of years.

In October, 2014, the 3rd International Conference on Applied Robotics for the Power Industry will take place in Brazil.

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training to operate and are flexible to deploy in a wide range of bed and plant configurations on all common ground surfaces.

A recent partnership with SBI Software and their SBI Grower product, an enterprise production software system for the nursery and greenhouse industry, enables a cloud-based data col-

lection system which lets the robots line the work that is being performed and reports this information back to growers and production planners to provide a comprehensive view of the work robots have completed and are in the process of doing.

UPDATE January 21, 2014: An even more recent partnership with Practical Software Solutions, a provider of ERP and back office accounting software, will enable Harvest Automation to connect robot data with the Sage ERP package from Practical to develop integrated production and optimization tools for the user. The new partnership was announced today.

Posted January 20, 2014 Suitable Technologies just announced their new Beam+ remote presence robot and is offering the first 1,000 units at a

purses

Beam+ uses your home wifi signal (instead of switching between two dual-band radios and 4G), has scaled down battery life (2 hours instead of 8 on the original Beam), has a 10" screen (instead of 17") and has an array of four



microphones (compared to 6 on the Beam).

For start-ups and other small businesses - with consistent flooring and strong Internet bandwidth - the discount-priced Beam+ seems like an affordable device to enable roving employes and consultants to check in and move around the office while traveling. Plus it's fun and techie. Certainly it's a bargain compared to the \$16,000 purchase price for the original Beam.

Posted January 30, 2014 Japanese start-up HiBot, a maker of various types of robots for

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