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Scouts visit Tri-City Voice

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Fremont community holds vigil in remembrance

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November 19, 2013

Vol. 12 No. 47

MRfy's in town!

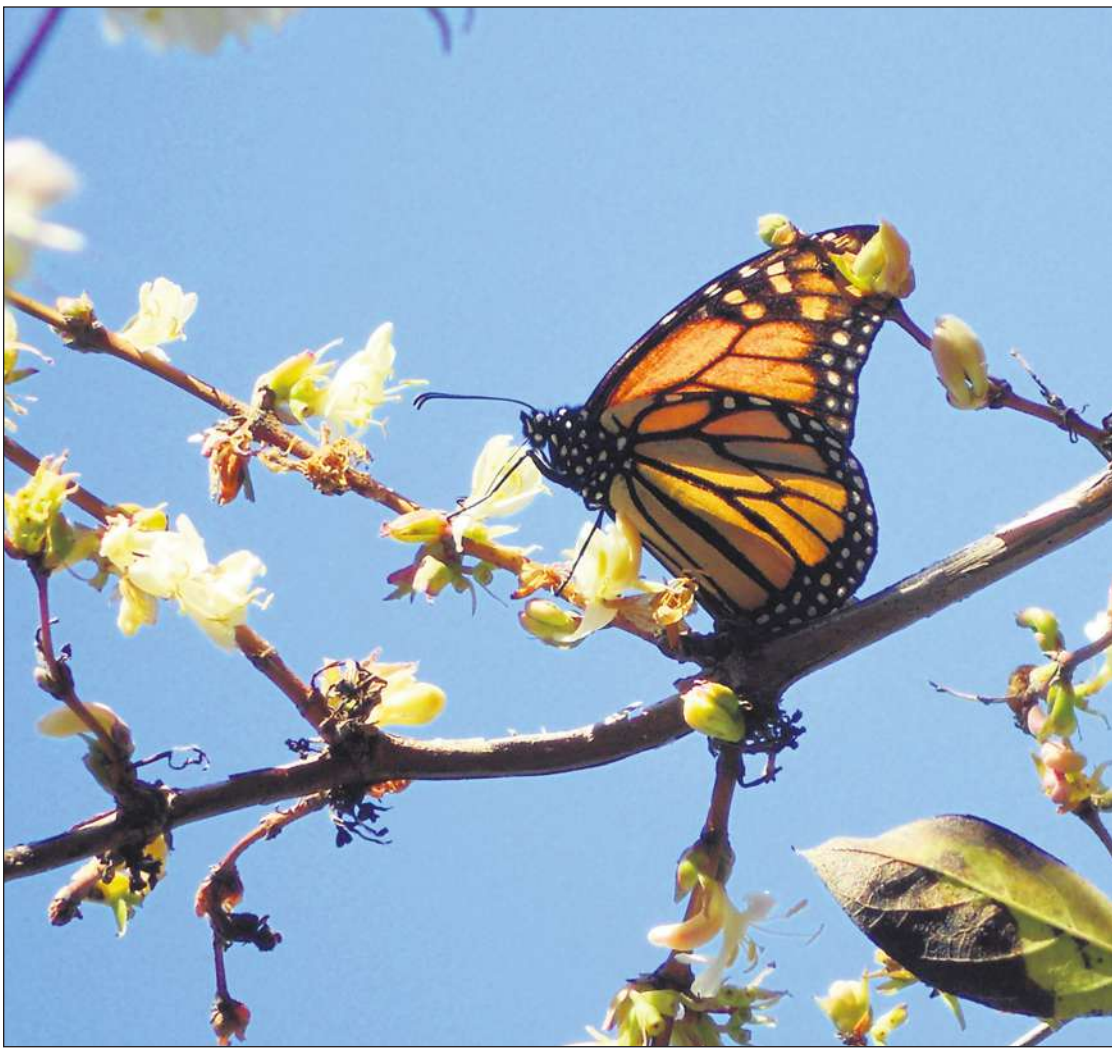
One of Newark's newest residents spent part of his first day around the area, Friday, November 15, 2013, getting acquainted and making friends at Lincoln Elementary School. Following an introduction to the entire student body, MRfy ("Murphy") was definitely a hit and left the campus with a big smile and plenty of fans. MRfy is part of the Republic Services family that includes two siblings that live in Las Vegas and Los Angeles, all ambassadors for Republic Services Recycling

efforts. Born from recycled and recyclable materials, MRfy is actually an acronym for recycling collection and sorting stations called "Material Recovery Facilities." MRfy visits schools and public gatherings to spread the word about the importance of recycling efforts to preserve and protect the environment.

As part of an operating agreement between Newark and Republic Services for recycling services, MRfy is a component of public outreach efforts that include education and information for all consumers – adults and children. MRfy's bright personality, distinctive appearance and lively demeanor are natural attention magnets for everyone he meets.

In his introduction to Lincoln Elementary students and teachers, MRfy's audience watched with joy and excitement as he

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Ardenwood's 'Monarch Motel' is back in business

BY SARA GIUSTI
PHOTOS BY JULIE GRABOWSKI

Fall and winter monarch butterflies show the world what it means to travel to a place without ever "knowing" where it is – even without the help of Google Maps.

From as far north as Canada, monarch butterflies migrate to select California locations along the Pa-

cific Coast mid-fall to escape the chill of winter. Ardenwood Historic Farm is one of the monarch butterfly's winter homes due to its mild climate, availability of eucalyptus trees to shield them from wind and provide warmth, and its plethora of milkweed, a monarch caterpillar's only food source and adult monarch's main food source.

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Yes, Virginia, there is Holiday Spirit!

SUBMITTED BY TOM SMYTH

The St. Nicks of Niles is holding a Benefit Concert to help with donations for the City of Fremont's Giving Hope Holiday Program (formerly called Adopt a Family/Adopt a Senior Program). The St. Nicks of Niles is a group of big-hearted individuals in our community that support the Giving Hope Program. The 4th annual

concert takes place Thursday, November 21 at The Nile Cafe.

The Cafe will be transformed into an intimate bistro offering wine, mulled cider, and light hors d'oeuvres. Additional food items can be purchased with 20 percent of the proceeds donated to the program. Guests will enjoy music and a Variety Show by Michael

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How to Survive the Holidays without Putting on the Pounds

With Thanksgiving upon us and the end-of-year holidays not far away, many of us are wondering how we can enjoy the good foods of the season without going into shock when we get back on the scale in January.

“The trouble with the holidays is they aren’t just limited to one meal. It’s a parade of parties, family celebrations, office get-togethers, thank you gifts of candy, fruit-cakes from grandma, and on and on,” says Anna Mazzei, a registered dietitian at Washington Hospital. “The calories and the pounds can accumulate over the whole holiday season.”



The danger comes when people don’t lose those extra pounds after the holidays, adds Mazzei. Over the years, the weight keeps building, and that puts you at risk for high blood pressure, diabetes, heart disease and more.

On Saturday, November 23, Mazzei will participate at the Washington Hospital Diabetes Health Fair. She’ll be conducting a food preparation demonstration focusing on healthier options for desserts and other strategies for managing diabetes this time of year.

“Although we’ll be focusing on the special needs of people with diabetes, many of these guidelines for holiday eating and cooking are good advice for everyone,” she says.

Mazzei’s advice: keep in mind that the holidays don’t have to be about denial. You can still enjoy some of the special foods you always look forward to, but mix them up with some healthier choices so the table isn’t loaded down with all high-calorie

foods. And, don’t be overly ambitious with your healthy holiday eating strategies, or you might set yourself up for failure. This treat-laden season is not the time to plan on losing weight. Rather, it may be a more realistic goal to maintain your weight at its pre-Thanksgiving level.

Healthy Eating Strategies

When going to parties, plan in advance. If you decide ahead of time what type of food you’ll eat and how much, you’re more likely to stick to your plan. And, don’t starve all day so you arrive at the party ready to eat the whole table. When you get there, start by filling up on raw veggies and salads before going after the higher calorie dishes. Mazzei suggests selecting one or two of your favorites from the choices of higher calorie foods, and then watch your portion size. Step away from the buffet once you fix your plate to help fight the temptation to overeat.

You can still enjoy some of the special foods you always look forward to during the holidays, but mix them up with some healthier choices. Come and see how to make healthy holiday desserts at the Washington Hospital Diabetes Awareness Health Expo this Saturday, November 23. Visit www.whhs.com/event or call (800) 963-7070 to register.

There are always plenty of alcoholic beverages at holiday parties. Try to temper your liquid consumption to be part of a healthy meal plan. If you’re watching your carbohydrates, take into the consideration the carbs in beer, sweet drinks like margaritas, and traditional drinks such as eggnog. If you’re diabetic, it’s critical to monitor your blood sugar level and to be mindful about the effect of alcohol.

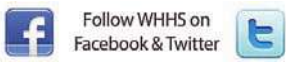
Healthy Cooking Strategies

When whipping up a holiday dish or making edible gifts for friends, remember these helpful tips from the Academy of Nutrition and Dietetics:

- Go easy on foods with “hydrogenated” or “partially hydrogenated” oils.
- Switch to liquid oils or trans fat-free margarines.

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InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	11/19/13	11/20/13	11/21/13	11/22/13	11/23/13	11/24/13	11/25/13
12:00 PM							
12:00 AM							
12:30 PM	Deep Venous Thrombosis	Sideline d by Back Pain? Get Back in the Game	Heel Problems and Treatment Options	Living Well with Diabetes: Overcoming Challenges	Strengthen Your Back! Learn to Improve Your Back Fitness	Community Based Senior Supportive Services	Sideline d by Back Pain? Get Back in the Game
12:30 AM							
1:00 PM							
1:00 AM	Minimally Invasive Treatment for Common Gynecologic Conditions	Get Your Child's Plate in Shape (New)	Women's Health Conference: Can Lifestyle Reduce the Risk of Cancer?	Voices InHealth: Healthy Pregnancy	Minimally Invasive Surgery for Lower Back Disorders	Deep Venous Thrombosis	Get Your Child's Plate in Shape (New)
1:30 PM	Women's Health Conference: Aging Gracefully						
1:30 AM							
2:00 PM							
2:00 AM	Strengthen Your Back! Learn to Improve Your Back Fitness	Washington Township Health Care District Board Meeting October 9th, 2013	Diabetes Matters: Top Foods for Heart Health	Washington Township Health Care District Board Meeting October 9th, 2013	Don't Let Back Pain Sideline You	Living Well with Diabetes: Overcoming Challenges	Washington Township Health Care District Board Meeting November 13th, 2013
2:30 PM							
2:30 AM							
3:00 PM	Minimally Invasive Surgery for Lower Back Disorders		Community Based Senior Supportive Services				
3:00 AM							
3:30 PM							
3:30 AM	Living with Arthritis (New)	From One Second to the Next		Diabetes Meal Planning: Strategies for Seasonal Success	Do You Suffer From Anxiety or Depression?	Sideline d by Back Pain? Get Back in the Game	Treatment Options for Knee Problems
4:00 PM							
4:00 AM							
4:30 PM	Lunch and Learn: Yard to Table	Varicose Veins and Chronic Venous Disease	Raising Awareness About Stroke	Cataracts and Diabetic Eye Conditions	Arthritis: Do I Have One of 100 Types?	Important Immunizations for Healthy Adults	Diabetes Meal Planning: Strategies for Seasonal Success (New)
4:30 AM							Keys to Healthy Eyes
5:00 PM	Diabetes Matters: Diabetes Update: What's New? 2013			Cataracts and Diabetic Eye Conditions			
5:00 AM							
5:30 PM							
5:30 AM							
6:00 PM							
6:00 AM							
6:30 PM	Healthy Nutrition for Your Heart	Important Immunizations for Healthy Adults	Wound Care Update	Voices InHealth: The Greatest Gift of All	Washington Township Health Care District Board Meeting November 13th, 2013	Washington Township Health Care District Board Meeting November 13th, 2013	Get Back On Your Feet: New Treatment Options for Ankle Conditions
6:30 AM				Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma			Keeping Your Heart on the Right Beat
7:00 PM							
7:00 AM							
7:30 PM	Healthy Nutrition for Your Heart	Treatment Options for Knee Problems	Superbugs: Are We Winning the Germ War?			Living with Arthritis (New)	Your Concerns InHealth: Vitamin Supplements
7:30 AM							
8:00 PM				Disaster Preparedness	Diabetes Matters: Top Foods for Heart Health	Lunch and Learn: Yard to Table	Important Immunizations for Healthy Adults
8:00 AM							
8:30 PM							
8:30 AM	Washington Township Health Care District Board Meeting October 9th, 2013	Diabetes Meal Planning: Strategies for Seasonal Success	Washington Township Health Care District Board Meeting October 9th, 2013	Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment & Percutaneous (Under the Skin) Treatment	Diabetes Meal Planning: Strategies for Seasonal Success	Inside Washington Hospital: Stroke Response Team	
9:00 PM					The Weight to Success	Learn If You Are at Risk for Liver Disease	Turning 65? Get To Know Medicare
9:00 AM					How to Maintain a Healthy Weight: Good Nutrition is Key		
9:30 PM							
9:30 AM							
10:00 PM							
10:00 AM							
10:30 PM	Important Immunizations for Healthy Adults	Learn About Nutrition for a Healthy Life	Your Concerns InHealth: Vitamin Supplements	Financial Scams: How to Protect Yourself	GERD & Your Risk of Esophageal Cancer	Heart Healthy Eating After Surgery and Beyond	From One Second to the Next
10:30 AM			Keeping Your Heart on the Right Beat				
11:00 PM							
11:00 AM							
11:30 PM	Kidney Transplants	Influenza and Other Contagious Respiratory Conditions	Inside Washington Hospital: Patient Safety		Diabetes Matters: Research: Advancing Diabetes Management	Influenza and Other Contagious Respiratory Conditions	Varicose Veins and Chronic Venous Disease
11:30 AM							

'Quest for Zero' Program Improves Care at Birthing Center

Since 2012, the Washington Hospital Birthing Center's team of physicians and nurses has been working in partnership with BETA Healthcare Group to improve patient care for both mothers and infants during labor and delivery. The Quest for Zero obstetrical safety initiative is focused on eliminating preventable errors, improving reliability and reducing risk.

"Through our work in the Quest for Zero program, we have reduced the rates of injury and complications for mothers and infants at the Birthing Center," says Carmen Williams, RNC-OB, BSN, Manager of Maternal and Child Health at Washington Hospital. "The program also has increased the sense of team collegiality and cooperation among our obstetricians and nurses."

Other Quest for Zero Project Team members include Siobhan Calhoun, M.D., Chair of the Washington Hospital OB/GYN Department; Tina Sloan, RNC-OB BSN, Project Manager and Maternal Child Health Staff Nurse IV, and Yvonne Dobbenga-Rhodes, MS, RNC-OB, CNS, CNS-BC, Clinical Nurse Specialist.

BETA Healthcare Group is a provider of the hospital's professional liability insurance coverage. Facilities participating in Quest for Zero are rewarded with liability insurance premium reductions if they comply with the initiative's criteria.

"Since adopting the Quest for Zero program, our liability insurance premiums for obstetrics have been reduced by approximately 9 percent, recognizing the high level of compliance with the program's criteria," Williams notes.

"One of our first Quest for Zero projects was to have all our obstetricians and nurses take online courses in perinatal safety," says Dr. Calhoun. "Next, we implemented the use of standardized, measurable medical terms to describe the 'tracings' – or recordings – for electronic fetal monitoring."

Obstetricians are required to use electronic fetal monitoring while a pregnant patient is in labor. The monitor measures the baby's "baseline" heart rate and evaluates how

it changes over time, including during contractions. Standardized terminology for describing events shown on the monitor "tracings" were adopted by the National Institute of Child Health and Human Development in 1998. This standardized terminology also was endorsed in 2008 by the American College of Obstetrics and Gynecology and the Association of Women's Health, Obstetric and Neonatal Nurses.

"When you speak the same language to describe events tracked by the fetal monitor, you are able to communicate the baby's status better and make decisions more quickly," says Dr. Calhoun. "It's like using the same recipe every time."

The criteria for complying with the electronic fetal monitoring terminology project included:

- Educating all nursing and medical staff members on the changes in terminology.
- Drafting and approving a Policy and Procedure requiring obstetricians and nurses utilize the current accepted terminology.
- Ensuring all electronic and paper medical record documentation reflects the changes in terminology.
- Establishing criteria for physician privileging and nurse hiring requiring successful completion of an endorsed course that includes the changes in terminology.

Another major Quest for Zero project involved developing and implementing a "bundle" of interventions to be completed during a "vacuum" delivery. In this type of delivery, a vacuum device is attached to the baby's head to assist in delivering the baby when the second stage of labor has not progressed adequately. This is an alternative to a forceps delivery or a cesarean section. The use of a vacuum device is generally safe, but it can occasionally have negative effects on either the mother or the child.

"The bundle of interventions is essentially a group of best practices to follow during a vacuum delivery," says Dobbenga-Rhodes. "We also have the delivering physician document these practices, using electronic medical records."



Tina Sloan, RN (far left) and Dr. Siobhan Calhoun, OB/GYN (far right), congratulate Satya and Nihal Amarir on the birth of their son Adam. The Washington Hospital Birthing Center is participating in an innovative program called Quest for Zero: Excellence in Obstetrical Care. This initiative is focused on raising the quality and safety of care to an even higher level through a range of proven methods. The ultimate goal is to eliminate all preventable errors. To learn more about the Washington Hospital Birthing Center, visit www.whhs.com/baby.

The various elements that needed to be included in the vacuum delivery bundle included:

- Alternative labor strategy considered – the physician has to discuss all the alternatives with the mother.
- Preparing the patient – discussing the risks and benefits associated with each labor and delivery option.
- High probability of success – providing information about the general success rate of vacuum delivery and the patient's specific circumstances.
- Maximum application time – determining how long the vacuum device can remain on the baby's head, which can vary from baby to baby.
- Exit strategy – what is the alternative delivery plan if the doctor realizes the vacuum delivery is not going to be successful.

"We also have to show evidence that the procedure is done by the obstetrician (OB) and the OB is present," says Dobbenga-Rhodes. "We also need to show evidence the Special Care Nursery staff are notified and/or the neonatal nurse is present at delivery."

The BETA Healthcare Group team conducted a site visit in May 2013 and found the Washington Hospital Birthing Center 100 percent compliant with all the criteria for both the electronic fetal monitoring terminology and the vacuum delivery bundle projects. The hospital's Quest for Zero team and other Birthing Center staff members attended BETA Healthcare

Group's Risk Symposium in September in San Diego, where they were awarded a beautiful blue glass sculpture in recognition of their accomplishments.

"Our next steps in our Quest for Zero include continued compliance with both the electronic fetal monitoring terminology and vacuum delivery bundle projects," Dr. Calhoun notes. "We also will have another project for interdisciplinary evaluations of fetal monitor tracings, with doctors and nurses working together."

In addition, the Birthing Center will be launching a Quest for Zero interactive learning program called GNOSIS – which is the Greek word for "knowledge."

"The GNOSIS program will involve an initial test for each nurse and obstetrician that determines areas where they need improvement," Dr. Calhoun explains. "The test is completely objective, so it rules out any personal bias in evaluating staff. Based on the test results, the program will map out a personalized learning path for each nurse and obstetrician. We're eager to continue seeing positive results in our Quest for Zero."

Learn More About the Washington Hospital Birthing Center

At the Washington Hospital Birthing Center, mothers and babies receive expert care focused on quality, compassion and safety, all in a family-centered environment. To learn more about the Washington Hospital Birthing Center, visit www.whhs.com/baby.

Navigating the Holidays with Diabetes

Washington Hospital Seminar Offers Tips for Coping with the Chronic Illness

The holidays are a special time, when friends and family gather together to enjoy good food and good fun. But for people with chronic illnesses like diabetes, it can also be a difficult time. The season is filled with challenges like schedule changes, social commitments, and all the food and frenzy that come with the holidays, and that can take its toll.

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Michelle Hedding, spiritual care nurse at Washington Hospital will offer tips for navigating the holidays and coping with chronic illness at an upcoming Diabetes Matters education series seminar at Washington Hospital. The free lecture will take place on Thursday, December 5 from 7 to 8 p.m. and will be held at the Conrad E. Anderson, M.D. Auditorium, 2500 Mowry Avenue (Washington West), in Fremont. Don't forget to register for the 5th Annual Diabetes Awareness Health Expo this coming Saturday, November 23. Visit www.whhs.com/event or call (800) 963-7070 to sign up for this free event.






5th ANNUAL DIABETES AWARENESS HEALTH EXPO

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Prasad Katta, M.D.,
Endocrinologist
Washington Township
Medical Foundation

Archana Bindra, M.D.,
Endocrinologist
Washington Hospital
Medical Staff

 **Washington Hospital
Healthcare System**

Correction:

In last week's issue of the Tri-City Voice, Washington Hospital reported incorrectly that Dr. Sarbjit Hundal and Dr. Prasad Kilaru would be speaking at the Diabetes Health Fair. The physicians scheduled to appear at the upcoming event will be Dr. Archana Bindra and Dr. Prasad Katta. Theresa Garner, RN, CDE will also be making a special appearance. Washington Hospital apologizes for making this error.



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Fabulous Living Room
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Before and After

Earlier this year, a client hired me to help her update her home. She had inherited her childhood home and was ready to make it her own.

The house was quite outdated, and in need of some repairs, as well as redecoration. Her task to me was to make it modern but comfortable with a Japanese flair (she is Japanese), in neutral colors with some accent color thrown in. Her favorite accent color... Red!

She asked me to incorporate some of her favorite art pieces, such as Japanese screen and scrolls, and I was happy to honor that request. I also reused her existing coffee and end tables as they were in good shape and their clean lines complemented my design.

Fast-forward a few months, and the living room is complete. Gone is the paneling from the 70's; a rich red accent wall in its place. Slate stacked stone transformed the old brick fireplace, and neutral carpet replaced worn-out gold carpet. While the furniture arrangement stayed basically the same, most of the furniture was replaced with new custom pieces. Her comfortable swivel chair was given new life by reupholstering it in red. Her favorite artwork and accessories added a personal and perfect finishing touch.



Anna Jacoby of Anna Jacoby Interiors is a local interior designer. Send your design questions to her at info@annajacobyinteriors.com Call or fax her at 510-490-0379 or visit www.annajacobyinteriors.com



Before



After

Design lessons to take away from this project:

- 1) Symmetry adds a sense of calm to a space. Notice how the sofa is flanked by two matching end tables and two matching lamps. The symmetry of that arrangement makes the room feel balanced and restful. Please don't think I am suggesting that everything in a room has to match! It certainly does not. Items should coordinate and blend together well, and not necessarily match. However, in this case, I intentionally chose matching pieces to create overall calm look and feel.
- 2) Repeat an accent color several times in a space. Notice how we distributed the color red throughout the room. There is a red throw pillow on the sofa, a red accent chair, a red dish on the coffee table. This repetition helps the eye travel around the room.
- 3) Emphasize the focal point. In this living room, the fireplace was already the focal point although it was a bit small and unassuming in its original state. By taking the stacked stone all the way to the ceiling, we gave the fireplace more presence and brought more attention to it. The red wall color accentuates it even more.
- 4) Try using the color gray instead of brown. In this space, I chose to mix gray with cream, brown and taupe, instead of using all browns and tans. I could have selected a dark brown sofa; however, using charcoal gray instead adds a contemporary and sophisticated touch. Gray works well with most other colors, so even if this client changes her color scheme in the future, her gray sofa should still work well for her.

Anna Jacoby is a local interior designer. Send your design questions to her at inf@annajacobyinteriors.com. Call her at 510-490-0379 or visit www.annajacobyinteriors.com.



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Tree Lighting Ceremony

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WEDNESDAY, DECEMBER 4, 5:30 P.M.

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THURSDAY, DECEMBER 12, 5:00 P.M.

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Washington Hospital
Healthcare Foundation

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THIS MAY COME AS A SHOCK

The suspension component commonly referred to as a “shock absorber” performs the function that its name suggests. In fact, it is the springs that actually absorb the road shock that is transmitted through a tire, wheel, hub, and spring mount. On the other hand, it is the job of the more accurately named “damper” to control the spring’s oscillations so that the tires are able to stay in contact with the road surface under most conditions. The result is a more comfortable ride, precise handling, efficient braking, and smooth acceleration. When the damper wears out, the spring oscillates at will, taking the tire with it. Periodic replacement of the dampers (shock absorbers) alleviates a bouncy ride and poor handling.

Does a drive down a bumpy road leave your teeth vibrating in your head? Maybe it's time for new shock absorbers. At **BAY STAR AUTO CARE**, our expert staff can replace your dampers and give you back the smooth ride that you deserve. But, more importantly, we can provide the preventive care that will catch worn dampers before they rattle your teeth during your morning commute. Give us a call today for an appointment.

HINT: The term “where the rubber meets the road” is used metaphorically to point out the moment of truth.

Gary Singh is the owner of Bay Star Auto Care at 1275 Atlantic St. near Western Ave., here in Union City. Phone: 489-3331

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continued from page 2

How to Survive the Holidays without Putting on the Pounds

- Add healthy ingredients to cake or cookie batters, like raisins or toasted nuts instead of chocolate chips.
- Think about cutting back on total fat by using fruit purees or yogurt in place of butter or other spreads.

Diabetes Health Fair
Join us for the 5th Annual Diabetes Awareness Health Expo. Visit our information booths, hear from expert physicians and attend a cooking demonstration focusing on healthy desserts.

When: Saturday, November 23, 9 a.m. to 3 p.m.
Where: Conrad E. Anderson, MD, Auditorium, Rooms A & B Washington West, 2500 Mowry Avenue, Fremont
Free and open to the public.
Registration required.
To register, call (800) 963-7070.

Counseling Corner

A True THANKSgiving

BY ANNE CHAN, PHD, MFT

- “I want an iPad.”
- “I want clothes from Juicy Couture.”
- “I want the latest (insert name of product).”
- “I want . . .”
- “I want . . .”

The season for “I want” is upon us and parents will soon be deluged with all sorts of requests for all manner of material goods. Most parents (myself included) have a hard time saying “no” to these requests. After all, we love our kids and want them to be happy. We might say to ourselves, “Well, Christmas (or Hanukkah) comes just once a year – there’s no harm indulging them at this time of the year.”

Many of us give gifts to express our love and we hope that our kids will be happy, content, and grateful in return. But how many times have the gifts been quickly forgotten or discarded? How long does their happiness and appreciation last? How often are kids (or adults) truly grateful for what they receive?

Saying “Thanks” isn’t just about having good manners or sticking to rigid etiquette protocols. Prof. Robert Emmons, a researcher at the University of California at Davis, has conducted extensive studies on gratitude and has found that those who practiced gratitude on a daily or weekly basis tended to report better outcomes (such as feeling better about their lives, feeling more optimistic about the upcoming future, experiencing greater energy levels, and making progress toward personal goals) than those who recorded negative or neutral incidents. Strikingly, his studies have shown that adults, youth, and even children benefit from being grateful. One of his studies found that children with a gratitude practice had more “positive attitudes toward school and their families” (Froh, Sefick, & Emons, 2008).

Note that these research experiments had the participants practice gratitude in a simple, but consistent way, such as keeping a daily or weekly gratitude log. The key here is that gratitude can be implemented and practiced. It is highly unlikely that anyone is born grateful, but anyone (including you and I) can cultivate gratitude in an intentional way and learn to make it into a habit and a way of life. Gratitude is not a naturally occurring response - kids (and even some adults) have to be taught about gratitude and about seeing the world with grateful eyes.

Eat Well This Holiday Season

Eating healthy during the holidays doesn’t have to be painful. Try a mouth-watering recipe like the one below from Eating Well magazine.

Maple-Roasted Sweet Potatoes
Makes: 12 servings, about 1/2 cup each
Active Time: 10 minutes
Total Time: 1 hour 10 minute

Ingredients

- 2 1/2 pounds sweet potatoes, peeled and cut into 1 1/2-inch pieces (about 8 cups)
- 1/3 cup pure maple syrup
- 2 tablespoons butter, melted
- 1 tablespoon lemon juice
- 1/2 teaspoon salt
- Freshly ground pepper, to taste

Preparation

1. Preheat oven to 400°F.
2. Arrange sweet potatoes in an even layer in a 9-by-13-inch glass baking dish. Combine maple syrup, butter, lemon juice, salt and pepper in small bowl. Pour the mixture over the sweet potatoes; toss to coat.
3. Cover and bake the sweet potatoes for 15 minutes. Uncover, stir and cook, stirring every 15 minutes, until tender and starting to brown, 45 to 50 minutes more.

Tips & Notes

* Make Ahead Tip: Cover and refrigerate for up to 1 day. Just before serving, reheat at 350°F until hot, about 15 minutes.

Nutrition

Per serving: 96 calories; 2 g fat (1 g sat , 0 g mono); 5 mg cholesterol; 19 g carbohydrates; 1 g protein; 2 g fiber; 118 mg sodium; 189 mg potassium.

Nutrition Bonus:

Vitamin A (230% daily value), Vitamin C (15% dv)
Carbohydrate Servings: 1 1/2
Exchanges: 1 1/2 starch, 1/2 fat

So how do we cultivate gratitude in ourselves and in our children? Here are some easy things you can incorporate into your daily life that will teach and nurture gratitude in your family:

- Be a role model – say thank you and express your appreciation when people do kind things. This is especially important when your kids do kind things – show them that you recognize and are grateful for their kindness. It is important to voice your gratitude – say out loud your appreciation for the good things that happen to you in your day. These don’t have to be big things; in fact, it is important to show appreciation for the little things in life, such as someone holding the door open for you or someone letting you go before them at the checkout line.

- Teach your kids to say thank you when someone does them a favor. Young kids do need to be prompted – so do older kids!
- Have your kids write thank-you notes for the gifts they receive. This may seem like an old-fashioned practice, but it is important that kids take the time to express their appreciation for what they receive and the people who took the time to purchase gifts for them. The notes do not have to be long or grammatically correct – a few sentences expressing thanks is sufficient. Younger kids can draw a picture to express their gratitude.
- Keep a gratitude log – you can encourage your kids to write down three things that they are grateful for each day. You can model this behavior by writing down three things in your log.
- Keep a family gratitude log or inventory. This can take the form of each member of the family saying what they are grateful for that day, or it can be a written list of the things the family is grateful for.

I love what Alice Walker has to say about gratitude: “Thank you’ is the best prayer that anyone could say. I say that one a lot. Thank you expresses extreme gratitude, humility, understanding.” In the spirit of giving thanks for our upcoming holiday season, let’s all say “Thank you” for the good things we have in our lives, both small and big. Have a wonderful Thanksgiving break!

Anne Chan is a career counselor and licensed psychotherapist in Union City. She specializes in helping people find happiness in their careers, lives, and relationships. Her website is www.annechanconsulting.com

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Fremont community holds vigil in remembrance

ARTICLE AND PHOTOS BY
MIRIAM G. MAZLIACH

The Fremont community came together on the evening of November 16 to remember a young life cut short by a tragic accident. To commemorate Mission San Jose High School (MSJHS) student Jason Park who died in a DUI accident, Fremont Council PTA (Parent Teacher Association) and Mission San Jose High School's Mission Possible PFA (Parent Faculty Association) hosted a community-wide "candlelight vigil" at Lake Elizabeth. A large number of parents, students, friends, local dignitaries and community members attended.

Liz Fischer of the Fremont Council PTA helped to organize the program, which also had as its focus, teen driver safety. Additionally, AAA (Automobile Association of America) provided a "Parent-Teen Driving Agreement Pledge" form as a guide for families.

Ceremonies included a number of speakers: Traffic Sergeant Mark Dang, Fremont Police Department; Ujjwala Gadgil, President of Fremont Council PTA; Pastor Kevin Hom of Rejoice Ministries, Inc. and Pastor Doug Ingebretson from Fremont Community Church.

Sergeant Dang indicated that teenagers are more likely to be involved in collisions. "It takes years of driving to get all the nuances and to have control of a vehicle. Driving collisions are the leading cause of death for teens. They [teenagers] are three times more likely to get into a fatal collision than those over the age 20, due to immaturity, inexperience, risky behaviors, drinking, not wearing seatbelts, distracted driving, and speeding," said



Dang. "Distractions all divert from the primary task of driving. Eleven percent of drivers under the age of 20 in fatal crashes were distracted and fifty percent who were killed, were not wearing seatbelts," he added. Another sad fact: In 2011, over 32 percent of teens killed had high alcohol levels and 26 percent were alcohol impaired.

Sergeant Dang stated that he has investigated hundreds of collisions and urged teens to follow these rules to reduce the likelihood of being killed in a collision:

Always wear a seatbelt—they save lives!

No alcohol, or drugs and don't get into a car if someone is impaired.

Don't use a cell phone when driving.

Drive at a safe speed, at or below the speed limit.

Pastor Kevin Hom, who officiated at Jason Park's memorial service, read a statement from the Park Family, unable to attend the vigil:

"This is a bittersweet event as our family copes with the deep sorrow and loss of our Jason. I just want my son back to savor his presence. Sadly, that will not happen. To the teen drivers out there, please, please, please take to heart the importance of safe and responsible driving habits. The risks are real and the consequences are high! Poor choices were made by a group of friends that night and resulted in devastating consequences. Life is precious and fragile."

All those in attendance at the vigil were then asked to light candles that had been distributed earlier, and to observe a moment of silence. Like beacons of hope, the candle flames flickered in the darkness. Pastor Hom asked those gathered to make

a statement of commitment to adhere to driving rules, for parents to encourage their children to be safe, and to keep watch together and protect one another. Echoes of "Be safe" and "I will keep watch for you" were heard throughout the crowd.

Several students and parents related their own experiences, thoughts or remembrances of Jason. Fremont School Board member, Lara York said, "It's about the choices we make. Tell your friend when they're doing the wrong thing. Don't be a bystander – don't go along with it. What's the worst thing – you don't get in the car or take their keys away? How can we stand up and lend a helping hand to do the right thing?"

Pastor Ingebretson ended the candlelight vigil with a prayer asking parents to be wise and know how to speak to their kids... then the candles were blown out.

Walk 'N Wag a big success

SUBMITTED BY
JEANIE KRABENHOFT

On October 5, 2013, hundreds of people and dogs gathered at Hellyer County Park in San Jose for a walk benefitting Humane Society Silicon Valley. In total, the event raised over \$230,000 in life-saving funds through online efforts that began in

July. The funds will support pet adoptions, low-cost pet spay/neuter services, and educational programs as well as other Humane Society Silicon Valley programs. Fundraising teams were comprised of local community members and included corporate colleagues, clubs, families and friends. Teams vied to be 'Top Dog' – the title awarded to the highest fundraisers. Corporate sponsorship was provided by NVIDIA, the presenting sponsor, as well as Petco Foundation, Tivo, and GoDaddy.

Canine trick and costume contests attracted quite a few competitors and through a lively competition the costume prize went to a Mexican Hairless dressed as an entire wedding complete with bride,

groom and cake. The trick contest was won by a Miniature Schnauzer playing a small piano.

This was Walk 'N Wag's first year at its new location at Hellyer County Park. The new venue was a huge success with the larger space attracting more participants and allowing for a short 2 mile walk or a longer 5k walk option. Vendors and presenters included local artist Sonya Paz, Pinups for Pitbulls, and Santa Clara Department of Agriculture. Local food trucks No Way Jose, Louisiana Territory, Mona's Fruits, and Barefoot Coffee kept everyone provisioned for the activities.

Humane Society Silicon Valley (HSSV) is an independent, non-profit agency offer-

ing quality adoptions, medical care, education programs, and pet care services to enhance the human-animal bond. HSSV is a 2012 recipient of the Maddie's Fund Life-saving Award.

More information about HSSV can be found at: www.hssv.org.



Fremont's Hip-Hop community is
proud to announce

THIS ONE'S FOR FREMONT

Saturday November 23rd, Fremont's Hip-Hop community is proud to announce "This one's for Fremont," a showcase of Fremont's young and musically talented artists. Fremont is a beautiful community and it has a great reputation of being, fun and friendly, but others might see it as slow and boring. However, there has been an increase in the Hip-Hop/R&B community these past few years.

Also known as D-Varg, David Vargas is a graduate of Washington High School's class of 2004. When it comes to the Hip-Hop music scene in Fremont, he defines himself as a young pioneer.

In these past few years, the Fremont Hip-Hop community has put out several mix tape CDs, which have received great feedback. Surprisingly, the music video titled "I'm From the F-M-T," received close to 50,000 YouTube views alone.

Rebuffed by the music director of the Fremont Annual Art & Wine Festival as unappealing to festival goers, Vargas says, "For our genre of music to not be considered an art, was a big letdown for us. Although we may be rappers, typically associated with negative stereotypes, we make up Fremont. We grew up in Fremont, choose to raise our families in Fremont, play active roles in the community, and contribute to the greater good of the city."

Vargas adds, "The music we create is awesome and we'd love to share it with you. Although we don't have a venue in Fremont, we will be performing This One's for Fremont in Union City."

This One's for Fremont
Saturday, Nov. 23
9:30 p.m.
Menconi's Lounge
32611 Alvarado Blvd, Union City
(510) 471-5871
Admission: \$5

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Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Friday, November 8

An impromptu car show/gathering brought hundreds of vehicles and car loads of people to the In & Out and Costco parking lots from 8:00 p.m. - 11:00 p.m. This was by far the largest gathering we've seen in some time. Responding officers invited five CHP units to assist with numerous car stops, cites, tows, etc. Thank you CHP!!!

Saturday, November 9

At approximately 6:10 p.m., a black male adult, approximately 25-30 years old, 5'10", 180 lbs, wearing a black hoodie, blue jeans, black gloves, and black shoes with white soles used a handgun to rob the Arco gas station at Stevenson and Blacow.

Sunday, November 10

At approximately 2:45 p.m. a resident on Magellan Dr called 911 to report that two males and one female knocked on her door then went into her backyard and tried to pry the slider. They were scared off and were last seen fleeing the area in an older red Dodge Dakota truck. The witness described one suspect as a white male adult, olive skin, 30 years, baseball hat, short hair, gray shirt and wearing pants.

Monday, November 11

CSO Anders investigated a commercial burglary on the 42000 block of Technology Drive. The burglary occurred sometime over the weekend. Loss reported was three laptop computers.

At approximately 3:40 p.m. Officer Perry continued follow up in reference to a grand theft of two bicycles from outside Target at the Hub on 11/8. Officer Perry was able to identify a 40 year old adult male, Hayward resident, who earlier in the day had been rummaging through vehicles in front of Jack's restaurant as the suspect. The same man had also been arrested shortly after midnight by Officer Little for drunk in public after he took a knife into Safeway. Officer Perry was able to locate the adult male who has been creating havoc on the Fremont Hub property tonight and after an interview, the suspect showed Officer Perry where he had stashed several stolen items, including City of Fremont property. The 40 year old adult male was arrested and booked for grand theft, receiving known stolen property and for a probation violation.

The manager of Casper's Hotdogs at the Hub reported that a male exposed himself to her and her children as they exited the restaurant. The male, a 26 year old Fremont resident, was located across the street at the Islander Motel. The victim returned to the scene and positively identified the suspect. He was arrested and booked by Officer Dodson for indecent exposure.

What started out as a disturbance at the storage lockers behind the old Home Depot on Albrae quickly escalated to an assault with a deadly weapon. The suspect struck the victim in the head with a large metal pipe after arguing about money owed. The victim was transported to a trauma center with a serious head injury. The

suspect, a 53 year old adult male, Fremont resident, found out he was being arrested and complained of chest pains. He was also transported to a hospital to be medically cleared prior to be booked into Santa Rita Jail. Officer recovered the 5' metal pipe that was used. Several witnesses drove away and declined to get involved. Investigated by Officer Peters.

At approximately 3:40 p.m. Officer Perry continued follow up in reference to a grand theft of two bicycles from outside Target at the Hub on 11/8. Officer Perry was able to identify a 40 year old adult male, Hayward resident, who earlier in the day had been rummaging through vehicles in front of Jack's restaurant as the suspect. The same man had also been arrested shortly after midnight by Officer Little for drunk in public after he took a knife into Safeway. Officer Perry was able to locate the adult male who has been creating havoc on the Fremont Hub property tonight and after an interview, the suspect showed Officer Perry where he had stashed several stolen items, including City of Fremont property. The 40 year old adult male was arrested and booked for grand theft, receiving known stolen property and for a probation violation. He is due in court on the 13th.

At approximately 10:00 a.m. officers responded to investigate a residential burglary on the 4600 block of Pardee Ave. The burglary occurred sometime in the early morning between 8:00 a.m. - 10:00 a.m. A suspicious person was seen in the area and sitting in front of the victims residence around 9:15 a.m. The person was described as a Hispanic male adult, about 40 years old with a mustache, last seen wearing a white t-shirt and sitting in a black Toyota 4-door type vehicle. The unknown suspect forced entry through the front door and conducted a messy search for items of value.

Tuesday, November 12

Officers responded to a liquor store in the Charter Square Shopping Center where an unknown suspect smashed a window with a large rock to commit a commercial burglary. The suspect entered the store through the broken window and proceeded to go behind the counter where he took cigarettes and liquor.

Officer M. Smith was dispatched to a local hospital where he contacted a 31 year old female victim who had been beaten in a bathroom at Central Park at approximately 9:30 a.m. The victim was walking the lake when she entered one of the bathrooms. The victim was confronted by three females who proceeded to hit her. The victim suffered injuries to her entire body. This incident appears to be an isolated and targeted attack. Officer M. Smith is investigating the case.

Between 10:00 a.m. and 2:30 p.m., an unknown suspect entered a residence on the 2200 block of Lockwood Ave without permission. The unknown suspect entered the home via the exterior side garage door by using bodily force. The loss consists primarily of costume and silver jewelry.

Wednesday, November 13

CSO Baca responded to take a stolen motorcycle report on the 400 block of Rancho Arroyo Pkwy. The caller said that he last saw his red and

black 2008 Honda 600RR motorcycle with rear plate #AFVET4U at approximately 9:00 p.m. on the 12th.

CSO Aguirre responded to the area of Litchfield Ave/Stonington Tr. where a green 1994 Honda Civic 2-door with a license plate of 3HMS749 was stolen sometime during the night.

At approximately 4:25 p.m. a UPS worker reported that a male had just stolen a package that had been delivered and when confronted he ran into an address on the 3300 block of Great Salt Lake. A neighbor told the caller that the man had also been seen trying to get into vehicles on another street. While officers were on their way to the call, another person from inside the house came out and returned the package to the UPS employee. Officers arrived and determined a robbery had occurred and arrested the 22 year old adult male suspect in the home. He was direct booked to Santa Rita. Officer Hunt investigating.

Thursday, November 14

At approximately 12:55 p.m. Officers responded to the 3100 block of Country Drive to investigate a scam where the victim lost \$1,000. The victim told officers that she received a call earlier in the morning from a man whom she believed was her grandson. He told her that he had been in a traffic collision and needed to borrow \$1,000 to fix his vehicle. He told her to go to Rite Aid and purchase a green dot prepaid debit card. Believing this was true, she did as he asked and gave him the pin numbers. The real grandson called a little while later and she realized that she had fallen victim to a crime. The money on both cards was transferred to another card and Officers are following up on this case.

Please be very careful and alert your neighbors of phone scams such as this. Many of our recent cases have involved the request to pay by to obtaining a Green Dot prepaid cards or a Money Pak prepaid card.

While walking to work from the Goodnite Inn, a 36 year old adult male was robbed of cash. The suspect, described as a black male in his early 40's, approximately 6', medium build, wearing a green jacket and khaki pants, simulated a weapon and ordered the victim to give him cash. The suspect fled on foot. Officer Sanders handled the investigation.

Officers responded to a residential burglary on the 43300 block of Gallegos Ave. An Unknown suspect entered the home during the night, but no loss was reported.

Officers were dispatched to an interrupted commercial burglary at Orchard Supply Hardware. A security guard responded to an alarm at the business and saw the suspect flee out a rear door after loading items into a shopping cart. The suspect was described as a Hispanic male, 18-25, short goatee, wearing a gray hoodie, baggy shorts, and black shoes. Officers cleared the building and checked the surrounding area with negative results. Case investigated by Ofc. Macciola.

From BART PD

A victim reported that his \$300 - 2009 Schwinn men's road bicycle was stolen while it was cable locked at the bike rack between 7:00 a.m.- 4:50 p.m.

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Near Lucky's

Union City Police Log

SUBMITTED BY UNION CITY PD

Wednesday, November 6

At 3 p.m., officers investigated two auto burglaries that occurred at the Union Landing Shopping Center. One occurred in the parking lot of Starbucks and the other occurred in the parking lot of Texas Road House.

Thursday, November 7

Officers received a report of a suspicious vehicle in the area of Arizona St. at Copa Del Oro at 11:43 a.m. The vehicle was located and found to be stolen. They received additional information from a citizen that the driver of the stolen vehicle was seen exiting the vehicle and was now walking in the neighborhood. Minutes later the suspect was detained and arrested for vehicle theft.

Friday, November 8

Officers stopped a driver at 8:32 p.m. for using his cell phone while driving. The vehicle contained three other subjects who were all convicted felons with probation search conditions. Officers searched the vehicle and located a loaded .40 Cal semi-auto handgun hidden under the front passenger seat. The weapon was unregistered and none of the subjects admitted to owning the gun. All of the subjects were subsequently arrested and booked.

At 8:55 p.m., officers investigated a robbery that occurred in the small park located adjacent to Tidewater Dr. In this case two victims were relaxing in the park gazebo when they were approached by two suspects wearing ski masks and black clothing. The suspects were armed with handguns and demanded the victim's property. The suspects took the victims' wallets and cell phones. The suspects fled the area in a red 90's Honda Civic hatchback.

Sunday, November 10

At 8:40 a.m., officers responded to a residence on Corto Monterey on a report of a burglary in progress. Officers received information that a male suspect was seen climbing the fence of the victim's residence. Upon arrival officers located the male suspect on the roof of the house. Officers detained the suspect who told them that he was trying to get inside of his sister's house to take a shower. The suspect, Dejon Barlow, did not have permission to enter the home and was arrested for attempted burglary. The suspect was also arrested for a parole violation.

Anyone with information on any of the above listed cases should contact the Investigations Division at 510-675-5247. Those wishing to remain anonymous can contact the tips line by calling 510-675-5207 or email Tips@union-city.org.

continued from page 3

Navigating the Holidays with Diabetes

"Sometimes people with a chronic illness like diabetes can feel a sense of loss, particularly around the holidays," said Michelle Hedding, spiritual care nurse at Washington Hospital. "You may grieve over the loss of the life you had before diabetes. It's important to acknowledge these feeling of loss and grief."

She will offer tips for navigating the holidays when she presents, "Strategies for Support: Coping with Chronic Illness During the Holidays," on Thursday, December 5, from 7 to 8 p.m. The seminar is part of Washington Hospital's free monthly Diabetes Matters education series and will be held at the Conrad E. Anderson, M.D. Auditorium, 2500 Mowry Avenue (Washington West), in Fremont.

Diabetes is a chronic disease that occurs when the body does not produce enough, or does not properly use, insulin, needed to convert sugars and starchy foods into energy. Blood sugar levels can get too high, raising the risk for serious complications like heart disease, stroke, and blindness.

"One of the strategies I'll talk about is planning ahead," Hedding said. "That way you're not faced with the dessert table without knowing how you will avoid overindulging and still enjoy the party."

She said before you head out to a holiday gathering or event, think about what the situation is going to be and what you need to do to be prepared. That may mean bringing your own food, taking a friend to be sure you have someone to talk to, or simply managing expectations so you are emotionally prepared.

Great Expectations

"Managing expectations and being realistic about what you can do is important during the holidays, especially for people with a chronic disease like diabetes," Hedding explained. "I think sometimes we set ourselves up for disappointment because our expectations are too high. Decide beforehand what holiday events you want to attend this year, what you can reasonably accomplish, and what aspects of the holidays are most important to you."

She said the invisibility of a disease like diabetes can also make it more difficult to cope with because of the isolation. You feel all alone with your disease if nobody knows about it.

"Part of being able to cope with chronic illness is to find ways to inform the people in your life of the things you struggle with," she added. "Let others know what you are experiencing so they can be supportive of your journey."

Hedding will also talk about the role of spiritual support in coping with chronic disease. She said studies show that getting spiritual counseling or support can reduce the negative effects of living with a chronic disease.

She said spiritual support can come from organized religion or simply from the feeling that you are connected to a greater life force than yourself. It might involve prayer or meditation. Whatever form your spirituality takes, your faith and your beliefs can be healing forces in your life, Hedding added.

"My advice for the holidays is to plan ahead because it's the best way to cope with situations that are not under your control, let people know what you are dealing with so you have allies and don't feel so alone, and consider getting some spiritual support," Hedding summarized. "I'll also open it up for discussion, because others who have been coping with diabetes for a while often have the best advice."

To learn more about Diabetes Matters and other diabetes programs at Washington Hospital, visit www.whhs.com/diabetes.

Feds unveil 50-year plan for wetlands restoration

BY JASON DEAREN ASSOCIATED PRESS

FREMONT, Calif. (AP) — A 50-year plan for the restoration of San Francisco Bay and other coastal wetlands was released Thursday by federal wildlife officials who say it's the biggest effort to save tidal marshes outside the Florida Everglades.

The \$1.24 billion plan for the bay and a patchwork of tidal marshes in northern and central California calls for projects along 500 miles of the state's 1,100-mile coastline, the U.S. Fish & Wildlife Service said.

The plan is the result of 15 years of research and provides recommendations meant to save 17 struggling species of plants and animals, including the endangered California clapper rail, a bird.

"The plan puts together in one document everything you need for their recovery," said Cay Goude, an endangered species expert with the service.

The plan was previously approved by the service, which has spent years reviewing and getting public comment. Funding will come from a mix of federal state and private sources.

Since the Gold Rush era, 90 percent of tidal marshes in the San Francisco Bay have been lost to development and contamination.

Tidal marshes, especially in such dense urban environments, help clean water flowing through the dense vegetation during tidal swings; sequester carbon dioxide in myriad plants; and provide habitat for sea life, birds and other animals.

The plan is not a regulatory mandate but does give government agencies and private conservation groups the science-based guidance needed to help focus their efforts.

"This plan gives us promise that the rare species we're losing have a chance of coming back," Jennifer Norris, field supervisor in Sacramento for the federal agency, said from a marsh recovery site near Silicon Valley. "That's reason to celebrate ... there's still time."

Marc Holmes, a wetlands policy expert at The Bay Institute, said the plan marks a shift by the service to focus on large-scale ecosystem restoration projects that can benefit many species rather than targeting one area at a time.

"It's a huge change of perspective in how government does business," Holmes said. "It's not about singling out actions for a particular species. The first objective should be to restore as much tidal marsh habitat as we possibly can."

The plan says about \$426 million of the total price tag would be needed for land acquisition for future projects by local governments or conservation groups. However, the fish and wildlife service said it believes that estimate is high because some landowners will do their own conservation work.

"It's not necessary for lands to be acquired in public ownership," said Sarah Swenty, a service spokeswoman. "We will work with willing landowners to help them manage for the species."

Most of the other cost would cover restoration and research.

Much of the plan focuses on previously acquired properties that are either being restored or available for restoration projects.

More than 35 square miles of tidal marsh restoration around the San Francisco Bay has already started or is in the planning stages, with much of the work reliant on volunteer efforts.

Near the lush vineyards of Napa County, a 20-year restoration project to return industrial salt ponds to their natural state has already helped transform the area into a state wildlife refuge. Near Silicon Valley, the initial phase of a nearly 24-square-mile restoration of former Cargill salt ponds is also underway.

The fish and wildlife agency will be forming a team to help coordinate and guide the patchwork of projects to ensure the work is done properly and will not affect or damage existing infrastructure such as roads.

The goal of the work is to restore the ecosystem in a way that can sustain populations of the clapper rail, salt marsh harvest mouse and other species protected by federal law. It also calls for long-term monitoring of those efforts to gauge what strategies are working and which are not.

Florence LaRiviere, 89, a wetlands activist, was delighted with the plan after fighting for restoration with her now deceased husband Philip since the 1960s. The couple helped thwart plans to develop housing over tidal marshes that are now part of the Don Edwards San Francisco Bay National Wildlife Refuge in Fremont.

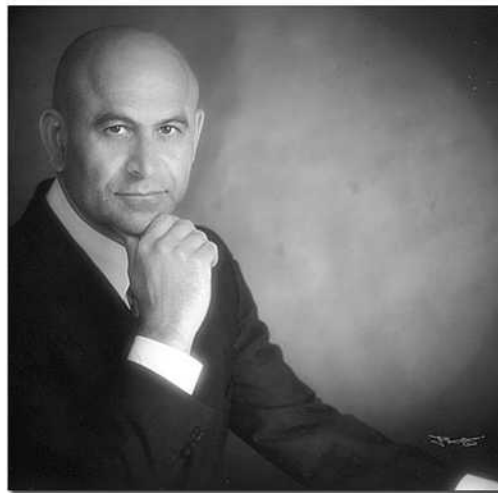
"It feels like a culmination and a beginning," she said, standing on a marsh trail dedicated to her efforts at the refuge. "It's a guideline for the land we're going to protect."

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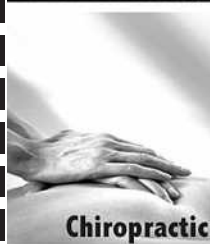
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Feeling the chill?

BY NANCY LYON

It's November and the recent cold snap is a heads up for what may be a colder than usual winter on the horizon. Whatever the months ahead bring it's a reminder to protect your animal family members from the elements.

When the weather turns foul, here are the basics for keeping them comfortable and out of harm's way:

First of all, your cat, dog or other companion animal is just that – family – and they suffer just as much as other members of your family do from cold, wet and isolation. They are happiest spending time with you indoors, sharing the benefits and warmth of being part of the family circle.

Cold, forgotten and alone -

There is nothing sadder than a lonely and cold 'pet' who can only bark or scratch at the door trying to draw your attention to their plight if left in the backyard or unheated garage during freezing or rainy weather. In fact, if you think their lives must be an outside only existence – don't even consider getting an animal.

If you are away at work and they will need access to the outdoors, you need to provide either a doggie door or a comfortable dry, draft-free shelter suitable to their size and species until your return.

Special needs -

Senior and very young animals need special consideration in inclement weather. This is doubly important with oldies with creaky joints who suffer when temperatures drop, and with short-coated critters. You might even consider a comfy sweater if they will tolerate it.

Our canine companions and other domesticated animals

through their long association with humans no longer have the natural protections Mother Nature has provided for their wild cousins. Even with their furry coats, most no longer have the ability to tolerate severe weather, and exposure. Soaking and chilling results not only in misery, but presents risks to health and life.

Outside regulars -

Free-roaming cats and some wild critters face other dangers when the weather turns foul and they seek sanctuary and warmth in what may seem unlikely places. One of those places may be the still warm engine of your car or even the tire well, and it can be disastrous to them and your car. Take a moment to bang on the hood or take a moment to look under it and scare them off, giving them a chance to leave before starting up the engine. Everyone benefits from this one.

Neglect -

What can you do if you see an animal without protection from the elements? First of all, don't be reluctant to speak out - it can save an animal from suffering and even death. Animal Services agencies see a marked increase in citizen complaints when weather

conditions turn severe, most complaints deal with lack of water, food and adequate shelter from the cold and wet. While laws governing what falls within the acceptable definition of "adequate shelter" vary and are often too loosely interpreted, it's always best to contact your local animal services/control and ask for a well-check. Often it's a matter of educating people that animals left outside are at risk of hypothermia, illness and even death. It doesn't hurt when regulatory agencies mention the risk of criminal charges for non-compliance. Remember to request a follow up report.

For more detailed information on protections for your animal family and wildlife during cold and wet weather, connect with the following Internet websites:

http://www.humanesociety.org/animals/resources/tips/protect_pet_s_winter.html

http://www.humanesociety.org/issues/feral_cats/tips/caring_feral_cats_winter.html

http://www.humanesociety.org/animals/resources/tips/helping_wildlife_winter.html

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A spectrum of seniors

SUBMITTED BY LARA CALVERT

The Tropics Mobile Home Park's Residents' Club presented a \$1,809.24 donation from the Tropics Bingo Charity Account to Spectrum Community Services in recognition of the important service they provide in this vibrant senior community.

"The Residents' Club Board of Directors recommended to the residents Spectrum Community Services for this donation because they provide a great service to our residents and we support those efforts," said President Debbie Leppendorf.

Spectrum Community Services provides hot nutritious meals to residents 60 or older at noon on Tuesdays and Thursdays at the newly remodeled Tropics Mobile Home Park clubhouse dining facility.

"Spectrum's partnership with the Tropics Residents' Club and volunteers is more than just about healthy food, it's also about neighbors coming together to enjoy a meal together," said Senior Meal Program Manager Tara Marino. "People like Irene Wolfe organize the volunteers every week, working in the kitchen or serving meals, making this a friendly, welcoming place where residents enjoy themselves and want to come back," continued Marino.



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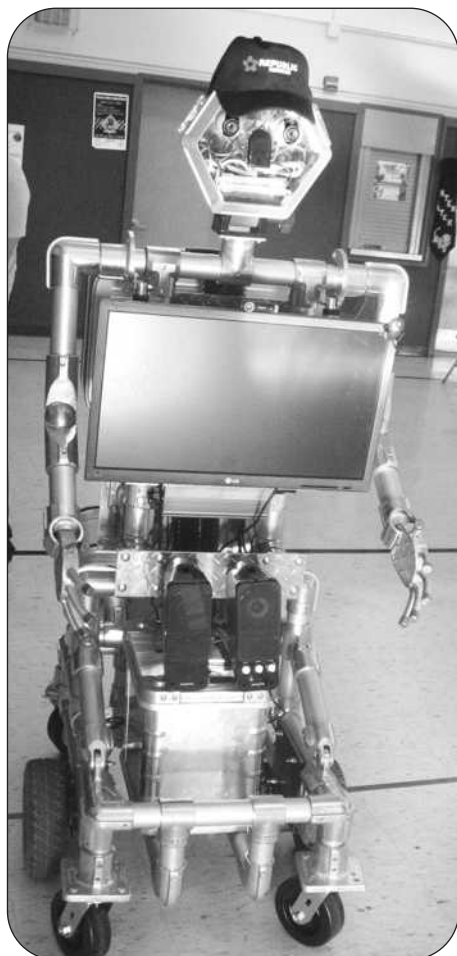
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continued from page 1

MRFy's in town!

maneuvered, sang and danced. Responding to voice commands and unfettered by wires or cords, MRFy is able to effortlessly interact with audiences, leading cheers and answering questions. The message of what can be recycled and how to do it was clear and well received; MRFy identified recyclable items such as newspapers, milk bottles, cereal boxes (stopping for a quick snack of the contents) and soda cans. Students were nearly unanimous in positive responses to questions of whether they knew about and practiced recycling practices. Prior to MRFy's live appearance, students watched a video that featured MRFy and took them on a "roller coaster" ride through the collection, sorting and reuse cycle of recycling materials.

So far, the Bay Area MRFy has been nurtured by veteran Republic Services professional Steven De Stefano who was instrumental in his construc-



tion, but will continue to meet fellow citizens under the guidance of Newark's Republic Recycling Representative Adam Gorske. De

Stefano says MRFy was created from a collection of materials; "his frame is composed of cyclone fencing, the light is a carpenter's light, wheelchair wheels, casters from recycling containers are also part of MRFy." At one point of his presentation, MRFy temporarily sacrifices one of his arms to demonstrate the nature of his body parts.

When MRFy is resting from a full schedule of appearances, attention to his body and program of about 65 different routines and interactive banter with audiences can be time consuming. Depending on the size and age of the audience, MRFy can project a message on his screen, lead students to mimic robot movements and "salute" recycling. As MRFy finished posing for pictures with students, teachers and Principal Angela Ehrlich, he bid adieu to Lincoln Elementary School, assuring everyone that the Lincoln Leopards were at the top of his list of favorite schools and he hoped they would put his recycling priorities at the top of their priority list as well.

Want to see MRFy in action? Visit: http://www.cityofhenderson.com/sustainability/video/introduction_win.html



'Sideline' headlines benefit for Save the H

SUBMITTED BY BRUCE ROBERTS
PHOTO BY STEPHANIE CHERRYHOLMES

Bluegrass music makes me twitch. My feet tap, my fingers dance, my hands slap out the beat. I even think my ears wiggle and my eyebrows jump, pulled inexorably into the mesmerizing rhythms of guitar, bass, mandolin, fiddle, and especially the banjo. And, by the end of any performance, I'm exhausted!

That's why it's best to be well-rested on December 7, when the new bluegrass "super group," Sideline, performs in the Music Building Concert Hall at Cal State East Bay, MB1055.

Proceeds from this show will also benefit Hayward's "Save the H" Project, a movement to create a park commemorating the magnificent old high school that was the educational center of Hayward for over fifty years.

A "supergroup" means that top performers from several top bands have joined together, forming a band of All-Star quality that raises bluegrass to new heights with every song. In this case, musicians from Illrd Tyme Out, the Darrell Webb Band, Mountain Heart, and Cherryholmes have blended into a wonderful collaboration.

Darrell Webb on mandolin, Skip Cherryholmes on guitar, fiddler Justen Haynes,

bassist Jason Moore, and the hot licks banjo of Steve Dilling, all work together for an over-the-top performance of traditional bluegrass done with their own innovative style. Check out their Facebook page at www.facebook.com/sideline2.

So rest up for Saturday, December 7, at 7 p.m., when a \$20 donation gives bluegrass fans the chance to preserve important local history, and enjoy a terrific show too.

Parking is free and for more information, or tickets in advance, call or email Maria Nadauld: (510) 828-6961 or marianadauld@pacbell.net

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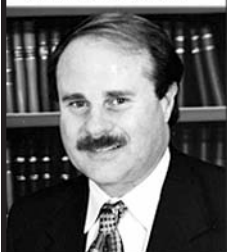


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BUSINESS

BART focuses on new problem with labor contract

BY TERRY COLLINS AND
CHANNING JOSEPH ASSOCIATED PRESS

OAKLAND, Calif. (AP), San Francisco Bay Area Rapid Transit officials say board members will not be taking a vote on a tentative agreement during a special meeting to discuss a problem regarding a labor deal that settled a second strike.

BART officials said that Fri-

day's special closed-door session will be more of a fact-finding meeting regarding a family medical leave provision that BART says was "inadvertently" included in the final agreement and signed off by transit and union negotiators last month.

BART spokesman Jim Allison says the disputed proposal would require the agency to provide additional paid leave for six of the

12 weeks allowed under the Family Medical Leave Act that could cost "tens of millions of dollars."

Amalgamated Transit Union Local 1555 President Antonette Bryant says the language in the contract was not inadvertent that it is valid.

The board is expected to vote on the deal on Nov. 21.

Ambitious California river restoration problem plagued

BY TRACIE CONE ASSOCIATED PRESS

FRESNO, Calif. (AP), A year ago federal officials trucked 116 spawning salmon to the upper San Joaquin River in Central California and invited media to watch them swim free for the first time since a dam cut off the river's flow a half century ago.

The effort to see if gravel riverbeds still could sustain eggs cost \$237,000. A few months later, the offspring died.

The biologists had not figured out a reliable way to catch the smolt for a return to the sea across 60 miles of riverbed left dry when the Friant Dam began diverting water to create the richest agriculture region in the nation.

"They didn't plan ahead and say 'how are we going to get the juveniles out.' It's that lack of planning that's frustrating," said Monty Schmitt, a scientist with the Natural Resources Defense Council, which sued the federal government decades ago to have the river and salmon populations restored.

After eight years of work, this January is the deadline for the once-mighty San Joaquin to be carrying enough water to allow spring and fall runs of Chinook salmon to help revive the state's fishing industry.

But the highly ambitious river restoration has been plagued by unforeseen problems resulting in delays and increased costs. Land has subsided so much in places that engineers must figure out how to make the river run uphill. And farms, barns and roads are in the way of a river that wants to return to its marshy expanse.

After \$100 million spent so far, the dry river is just as incapable today of carrying water as it was in 2006 when an historic agreement was struck among environmental groups, fisherman, farmers and the federal government to undo damage caused by dam diversions.

What had been pitched by environmental groups as a \$250 million revival now is projected to cost more than \$1 billion. And government officials say the river system may never operate without human intervention and hard-to-get federal funds, even after the 2025 estimated completion date.

"I don't see a time, at least for now, when we will completely walk away from the San Joaquin," said Alicia Forsyth, who is directing the restoration for the U.S. Bureau of Reclamation. "It is a long-term investment in the river."

The 366-mile San Joaquin starts in the Sierra Nevada east of Fresno, then drops through granite canyons to Friant Dam, forming Millerton Lake whose waters are shared with farmers and a few municipalities. From there the San Joaquin flows only for a few miles before drying up. Further downstream it's replenished by the Merced, Tuolumne and Stanislaus rivers — all with salmon populations.

The upper San Joaquin's once abundant salmon run began diminishing in the late 1800s because of mining, dams and other man-made diversions. The salmon faded to nearly nothing by 1967 after the last of the river's water was diverted by the dam.

The NRDC sued 25 years ago, arguing the Bureau of Reclamation violated state law when it dried up the river above its convergence with the Merced, ending the salmon runs. The settlement called for one of the most complex river restorations in North America:

The dam would release enough water to fill the dry stretch, then the Bureau would pump that water back to farmers from a point at least 100 miles downstream. The California Department of Fish and Wildlife would study the river to ensure that restoring salmon would be possible, operate hatcheries and truck fish over dry sections until at least 2020.

The goal is to generate 30,000 spring run fish by 2040 and a 10,000-salmon fall-run. By comparison, fall run alone on the Sacramento River is 350,000.

"Will the San Joaquin ever be teeming like it was historically? My gut feeling is probably not," said Forsyth.

The project includes significant channel modifications, construction of levees and fish passages.

None of the construction projects have begun. And no one is happy: the NRDC wants faster progress, farmers near the river are worried about flooded fields, and politicians against the restoration want to end funding.

Few took into account the scope of problems. The San Joaquin once was a meandering riparian river of wetlands and marshes. When federal authorities did a test run on the river's capacity a few years ago, it spread back out in braided channels across a now-developed landscape.

Corrective actions, such as installation of test wells, the purchase of farmland easements and the installation of drains to keep water out of crops, have delayed the project. And engineers will need to figure out how to get the river to run uphill in areas where over-pumping has caused the ground to subside.

"It's unfortunate that people aren't coming back to the table to say let's be honest and come up with a new strategy instead of acting like this thing is on track to work," said the river's largest landowner, farmer Cannon Michael, with 4,500 acres that would be flooded.

Government biologists say it takes time. They hope that environmental improvement projects on the river and on the Delta will combine to bring salmon back to modern Day California and historic runs such as the San Joaquin.

"It's like when you have a pot simmering on the stove. Nature can simmer and persist and not be successful for a long time, but at some point there is change and the pot boils over and species thrive," said Rhonda Reed, the San Joaquin River Basin Branch Chief for the National Marine Fisheries Service.

JPMorgan Chase reaches \$4.5B deal with investors

BY MARCY GORDON AP BUSINESS WRITER

JPMorgan Chase & Co. has reached a \$4.5 billion settlement with investors who said the bank deceived them about bad mortgage investments.

The settlement, announced Friday, covers 21 major institutional investors, including JPMorgan competitor Goldman Sachs, BlackRock Financial Management, and Metropolitan Life Insurance Co. The mortgage-backed securities were sold by JPMorgan and Bear Stearns between 2005 and 2008.

The deal is the latest in a series of legal settlements over JPMorgan's sales of mortgage-backed securities in the years preceding the financial crisis. As the housing market collapsed between 2006 and 2008, millions of homeowners defaulted on high-risk mortgages. That led to billions of dollars in losses for investors who bought securities created from bundles of mortgages. Those securities were sold by JPMorgan and other big Wall Street banks.

New York-based JPMorgan has said that most of its mortgage-backed securities came from investment bank Bear Stearns and savings and loan Washington Mutual, troubled companies that JPMorgan acquired in 2008.

Separately, JPMorgan has been negotiating with the U.S. Justice Department to settle a civil inquiry into its sales of mortgage-backed securities. The bank reached a tentative deal last month to pay \$13 billion, but the negotiations have hit a stumbling block.

As part of the \$13 billion deal, \$4 billion will resolve U.S. government claims that JPMorgan misled mortgage finance giants Fannie Mae and Freddie Mac about risky mortgage-backed securities. That part of the deal was announced on Oct. 25.

Fannie and Freddie were bailed out by the government during the crisis and are under federal control.

Still to be decided is whether the Justice Department will file criminal charges against JPMorgan in the mortgage securities debacle. An investigation is underway by the U.S. Attorney's office in Sacramento, Calif.

Mounting legal costs pushed JPMorgan to a rare loss in this year's third quarter, the first under CEO Jamie Dimon's leadership. The bank reported Oct. 11 that it set aside \$9.2 billion in the July-September quarter to cover the string of legal cases against the bank.

JPMorgan said it has placed a total of \$23 billion in reserve to cover potential costs.

The \$4.5 billion that JPMorgan is paying investors compares with its record net income of \$21.3 billion, or \$5.20 a share, in 2012, which made it one of the most profitable U.S. banks last year.

Goldman Sachs, Citigroup and other big banks have been accused by the Securities and Exchange Commission of deceiving investors in sales of mortgage securities in the run-up to the crisis. Together they have paid hundreds of millions in penalties to settle civil charges brought by the SEC.

JPMorgan settled SEC charges in June 2011 by agreeing to pay \$153.6 million and reached another such agreement for \$296.9 million last November. The banks in all the SEC cases were allowed to neither admit nor deny wrongdoing — a practice that brought criticism of the agency from judges and investor advocates.

Construction begins on Bay Area cargo hub

AP WIRE SERVICE

OAKLAND, Calif. (AP), Efforts to redevelop the Oakland waterfront are taking off as construction begins on a major hub for transporting cargo in and out of the city.

Under the \$1.2 billion plan, the long-shuttered Oakland Army Base next to the Port of Oakland, will be transformed into the Oakland Global Trade and Logistics Center.

Gov. Jerry Brown joined business and community leaders Friday at the groundbreaking.

The Oakland Tribune reports that the project will take nearly five years. It is hoped that the center will reduce truck traffic, emissions and wear and tear on roadways.

Developers are forecasting that it will create 1,523 construction jobs and 1,832 permanent jobs.

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What’s all the fuss about Common Core?

BY MIRIAM G. MAZLIACH

There’s been a lot of buzz around “Common Core State Standards” (CCSS) and yet many parents and students who are most directly impacted by it are still puzzled. To help alleviate fears and clear up misconceptions, school districts have held workshops and informational meetings for interested students, parents and community members.

Essentially, Common Core is the new K-12 educational direction, with benchmarks for English and Math, in 45 states and Washington D.C. In order for states to receive RTTT (Race to the Top) grant funds or NCLB (No Child Left Behind) waivers, they must follow Common Core Standards. Introduced in 2009 and adopted in 2010, the standards focus on analytical thinking and problem solving, shifting from rote learning and memorization. Before 2010, each state set its own set of educational standards.

To prepare for implementation of the standards, teachers have been learning new curricula and adjusting lesson plans. Educators will continue professional development throughout the school year and textbooks, aligned with the new standards, have been published. In California, the State Board of Education determines the standards for all students, while the state’s Department of Education assists schools to ensure that all students meet them.

The intent of Common Core is to provide equitable education throughout participating states. Standards are designed to be rigorous and reflect real world skills for success at college or in the workplace.

“To ensure that our students are college and career ready, the implementation of the Common Core State Standards is one major effort in achieving a more common and coherent vision of educational purpose,” says Deborah Sims, Assistant Superintendent of Instruction for Fremont Unified School District. “The new standards provide fewer, clearer and higher expectations for learning across grade levels in English language arts and math as well as providing guidance for understanding how students learn in a progressive manner along skill strands.”

English classes, at elementary and secondary level, will focus on learning how to access knowledge and determine the meaning of materials rather than lecturing. Students will learn more about text components such as: the index, glossary, etc., to understand the significance of the content. Common Core emphasizes use of grade level text (i.e. fifth grader students using fifth grade text) and the ability to explain how and what was learned. Students with learning issues and English Language Learners (ELL) will require assistance and accommodations for new computerized testing.

In other subject areas, there will be more focus on reading for understanding. In science, for example, students will “read as a scientist,” seeking content knowledge. In all subjects, the focus will be on reading multiple texts, making connections and comparing and contrasting information. Academic language and vocabulary associated with various disciplines will be of greater importance as well as informational writing with less emphasis on personal essays. Junior high and high school students will focus on communication – written and oral as well as advanced writing, research, digital resources and technology.

Common Core Standards require fewer topics at a given grade level, providing greater depth and focus. Algebra/Geometry will be introduced a bit earlier, providing a transition from algorithms

(step-by-step calculations) to conceptual understanding; the goal to understand problem-solving. As an example, a number line can be used to illustrate the meaning of fractions.

At Hayward Unified School District (HUSD) Assistant Superintendent of Educational Services, Matt Wayne explains how his district has been handling the educational transition:

In order for states to receive RTTT (Race to the Top) grant funds or NCLB (No Child Left Behind) waivers, they must follow Common Core Standards.

“Hayward Unified School District (HUSD) is excited about Common Core and how it will challenge our students to be problem-solvers, critical thinkers, and prepared for 21st century success. HUSD is well along the path toward transitioning to Common Core,” states Wayne. “We have developed an Instructional Framework that guides our transition. We’ve provided professional development to all of our teachers and over 400 teachers attended 5-day summer institutes on Common Core. Students have started taking Common Core assessments this year already. We’re preparing students so that when they leave our schools they can say with pride that they were ‘Made in Hayward,’” says Wayne.

Newark Unified School District’s (NUSD) Sr. Director of Educational Services, Soleste Hilberg, Ph.D., says that Common Core has been and will continue to be the focus of much of the district’s work for years to come. “The Newark Unified community of educators is excited to welcome the Common Core State Standards, with the hope that with the standards come an emphasis on supporting and developing student thinking, as opposed to the former emphasis on broad but too often thin coverage of a range of standards,” states Hilberg.

Last year Newark K-12 teacher representatives developed instructional units for English Language Arts aligned to the Common Core State Standards. These are currently being implemented continuing a District focus on literacy in all content areas. This year a mathematics coach is working with teachers in grades seven through twelve to develop Common Core pacing for eighth grade mathematics, Algebra I, Geometry, and Algebra II aligned to the Common Core Standards.

Although a shift to Common Core has begun, critics cite lack of local control and cost. Chris Thomas, assistant professor of Leadership Studies in the graduate School of Education at the University of San Francisco has researched urban education, K-12 administration, instructional leadership, special education, and family and community involvement. “Common Core is a major cost in terms of professional development for leaders/teachers - new learning for everyone,” states Thomas. “While there is funding from the state, there are still large costs for districts in terms of the assessments and materials that it is not clear the funding will cover. The focus on Common Core can take the focus away from more substantial stu-

dent issues that need to be addressed by policy makers.”

Others worry about testing and how results could affect their child. Some teachers might feel that they could be evaluated on their students’ test results. However, in California, Gov. Brown signed AB 484 to prohibit release of English and Math testing results for at least the first year. The new Common Core test, selected for use by most districts in the greater Tri-City area is “Smarter Balanced” (Smarter Balanced Assessment Consortium). With its introduction, STAR (Standardized Testing and Reporting) tests will come to an end. Federal education representatives are dis-

pleased with California’s decision to withhold initial testing results and have threatened to eliminate funding to the state.

Superintendent Molleen Barnes of Sunol Glen School District adds, “Our staff is filled with excitement along with a healthy dose of anxiousness as we recognize that the shift to Common Core truly supports the learning needs and style of our current students, known as the ‘C-Generation’; and as such, it is our responsibility to meet the rigor level and their needs in readiness for 21st century college and career pathways.”

No matter what occurs, teacher and student effort and

patience will be required to make a smooth transition to Common Core Standards. The benchmarks of high-achieving countries have helped to identify the basis for Common Core standards and the result may provide a level playing field for our children. For now we’ll have to wait and see.

Additional information about Common Core Standards is available at:
California: <http://www.cde.ca.gov/re/cc/English/California>:
<http://www.cde.ca.gov/be/st/ss/documents/finaledaccsstandards.pdf>
Math/California:
<http://www.cde.ca.gov/be/st/ss/documents/ccssmathstandardaug2013.pdf>
U.S.: www.corestandards.org

Google Books search case dismissed by court

SUBMITTED BY JAZZY WRIGHT

After eight years of litigation, the U.S. District Court for the Southern District of New York upheld the fair use doctrine when the court dismissed Authors Guild v. Google, a case that questioned the legality of Google’s searchable book database.

The Library Copyright Alliance—comprised of the American Library Association, the Association of College & Research Libraries and the Association of Research Libraries—welcomes Judge Denny Chin’s decision to protect the search database that allows the public to search more than 20 million books. In his dismissal of the case, Judge Chin enumerated the public benefits of Google Book Search by calling the project transformative and a fair use under the copyright law.

“It has become an invaluable research tool that permits students, teachers, librarians, and others to more efficiently identify and locate books,” Judge Chin wrote, referencing an amicus brief submitted by the Library Copyright Alliance. “It has given scholars the ability, for the first time, to conduct full-text searches of tens of millions of books. It preserves books, in particular out-of-print and old books that have been forgotten in the bowels of libraries, and it gives them new life.”

“ALA applauds the decision to dismiss the long running Google Books case,” said Barbara

Stripling, president of the American Library Association. “This ruling furthers the purpose of copyright by recognizing that Google’s Book search is a transformative fair use that advances research and learning.”

“This decision, along with the decision by Judge Baer in Authors Guild v. HathiTrust, makes clear that fair use permits mass digitization of books for purposes that advance the arts and sciences, such as search, preservation and access for the print-disabled,” said Carol Pitts Diedrichs, president of the Association of Research Libraries.

In 2005, the Authors Guild sued Google over the scanning of over 20 million library books from several research libraries without the prior authorization of rights holders. The purpose of the digitization project was to create a searchable index of books that would allow key word searching of the collections of major research libraries. The searchable index is accessible to the public who would not otherwise be able to search research collections.

The District Court ruling bodes well for libraries, scholars, and researchers in the pending appeal of Authors Guild v. HathiTrust. Judge Chin agreed with Judge Baer’s fair use analysis in the HathiTrust case, indicating that the result in the Google case is compatible with the HathiTrust decision and suggesting a favorable decision on appeal.



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Kaiser Hayward unit to close



SUBMITTED BY MO KASHMIRI
PHOTO BY MA LUISA CORPUZ, RN

Families, community members, and nurses held an informational picket to protest Kaiser's planned closure of the in-house pediatrics unit at Kaiser Hayward.

Kaiser Hayward pediatrics unit serves over 1,800 families a year, and more than 100,000 children in the Tri-City area. This closure will force families with children who need to be hospitalized to drive to Oakland, Santa Clara, or Roseville, and will affect all families with children under age 18 from Hayward, Fremont, Union City, San Lorenzo, San Leandro, and Castro Valley.

Kaiser originally planned to transition pediatric services from Kaiser Hayward to a new hospital scheduled to open in San Leandro in late 2014. These plans have been discontinued.

"Kaiser is clearly cutting the level and quality of pediatric services being offered the families in Southern Alameda County," said Kris Richter, an RN at the pediatrics unit in Hayward. "Do the math. As membership in the county grows,

Kaiser has proposed to cut 22 nursing positions and only replace eight nursing positions in Oakland and the new hospital there isn't even open yet. This means a 60 percent reduction in nursing services. We aren't concerned about our jobs because we know we will get transfers. Our only concern is the quality of care our patients and future patients will receive if these drastic reductions go forward," said Richter.

"This decision needs to be reversed immediately. I'm outraged that Kaiser doesn't seem to care about what the needs of local parents are," said Brannin Dorsey, a concerned parent. "It breaks my heart to think that Kaiser would cut the critical hospital services that our children need. We paid our premiums and we deserve the services we paid for relatively close to home, so that we can be near our children if they are hospitalized."

As both an insurance company and a hospital chain, Kaiser has increased its profits by reducing patient services, especially hospital care. Kaiser has grown by more than 21,000 new members in Northern California just since June, and made more than \$2.6 billion in 2012.

Children's Holiday Breakfast



Hosted by the Washington Hospital Healthcare Foundation in conjunction with Trees of Angels, the "Children's Holiday Breakfast" returns on Saturday, December 7 with the opportunity for some face time with the big man himself. Make sure to sign up early to take part in this fun morning of entertainment, refreshments, raffle prizes, and photos with Santa and Mrs. Claus in an ongoing effort to support hospice.

The Trees of Angels tree lightings and "Children's Holiday Breakfast" have supported hospice care in the Tri-Cities for 18 years. Started in 1996, they have helped hundreds of people in the community get local, high-quality hospice care and live out their remaining days in comfort, surrounded by the love and support of family and friends.

The breakfast is \$10 per person and due to limited seating, reservations are recommended. To RSVP, call (510) 791-3428 or email foundation@whhs.com.

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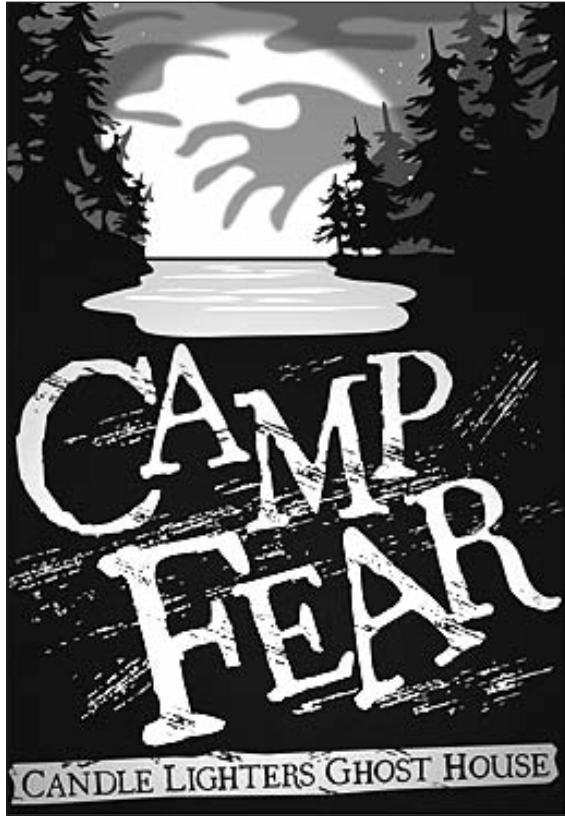
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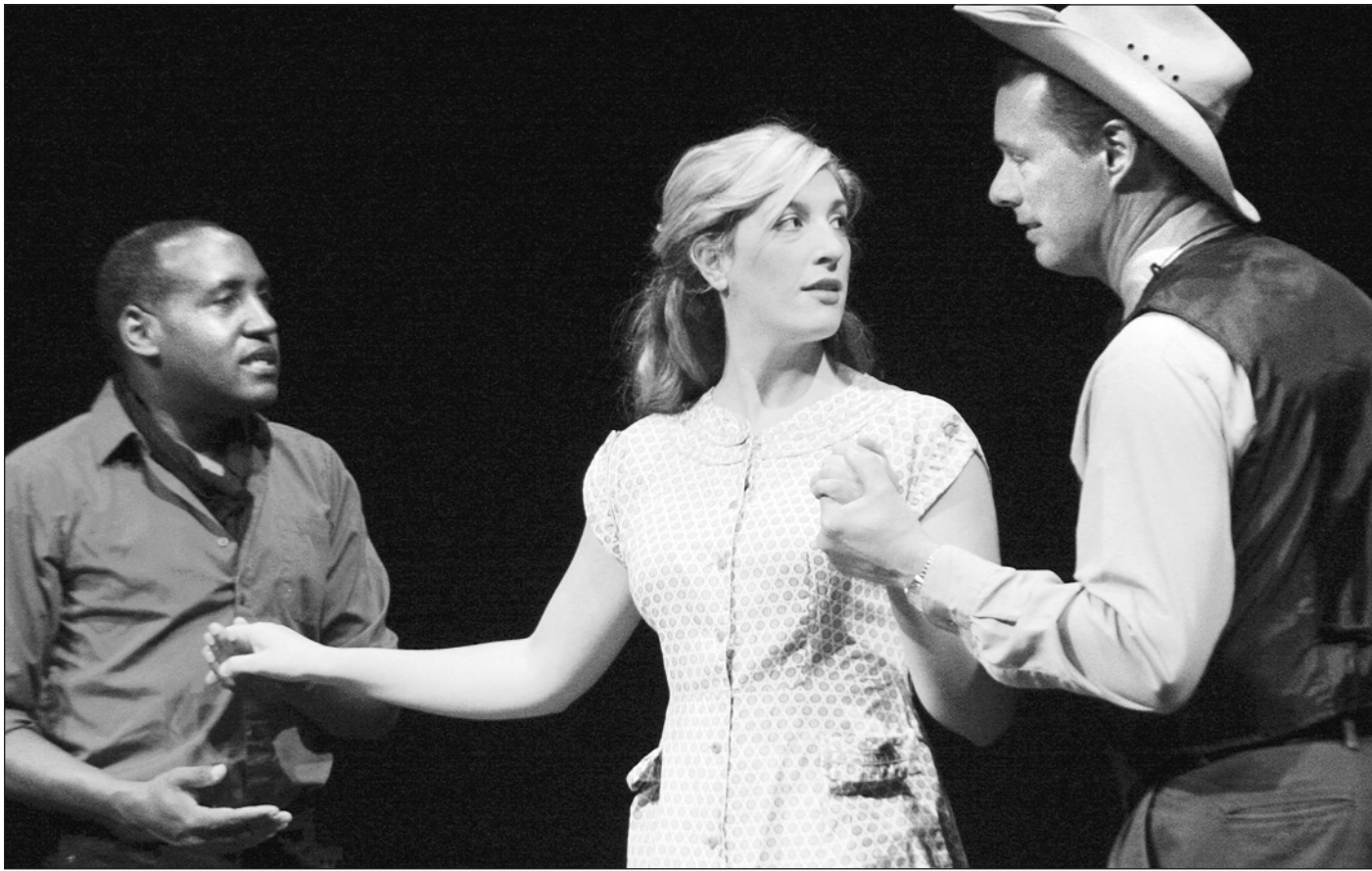
THEATRE REVIEW

By JULIE GRABOWSKI
PHOTOS BY TERRY SULLIVAN

Ever despairing over being plain, Lizzie Curry believes she will never marry. Her kindness, intelligence, and homemaking skills so appreciated by her father and brothers don't seem to translate to attracting a man. Her visit to another town hasn't resulted in the desired relationship, and in their determination to see her married, her family tries to set Lizzie up with File, the local sheriff. Matters take an unexpected turn when Bill Starbuck appears in the rain-starved town with three feathers in his black hat, a hickory stick, and the promise to make it rain in 24 hours - if paid \$100 in advance. His charisma and confidence inspire hope and belief in the town folk, and his eye for Lizzie challenges her beliefs about herself and her future.

Originally starting life as the play “The Rainmaker,” playwright N. Richard Nash adapted his own work into the musical “110 in the Shade,” which made its Broadway debut in 1963. This year celebrates the show's 50th anniversary, and the Douglas Morrisson Theatre marks the occasion with its own production and the return of former DMT Artistic Director Nancy McCullough Engle in the director's chair. This revival also has the added distinction of featuring Nash's great nephew Avi Jacobson in the role of H.C. Curry.

“110 in the Shade” is a simple, classic musical tale that washes over you pretty smoothly with defined characters, pleasant music, and a set of themes including hope, belief, the taking of chances, and being true to yourself. However, one must firmly keep in mind the 1930s time period in which the story is set. While the drought is a serious concern, the focus of the story is much more about the man drought in Lizzie's life. While certainly not a new theme, the romantic hope and longing to find someone is so central and total in Lizzie's life that as the story goes on her dream begins to peel and flake away into grating desperation. The song “Old Maid”



reveals the pathetic, pointless void her life will be if she never marries, and the constant debate over Lizzie's looks, and the possible need to alter who she is in order to capture a man are off-putting to say the least. Statements from her family such as, “I don't care who she marries” (as long as she gets married) and “At least you don't have to go through life as a woman who's never been asked” raise the eyebrows and turn the stomach a little.

Whatever you may think of the subject matter, the cast is talented and adept, and makes a strong showing. Melissa Reinertson wears her heart on her sleeve as Lizzie, the woman's sadness, hope, and longing literally glistening in her eyes. Reinertson impresses with a genuine humanity and a voice that masters its every assignment. Avi Jacobson is endearing as H.C., a father trying to encourage and support his daughter and do the best for his family. He is affectionate and tender, and wears his role with ease. The simple, boyish Jimmy is played with spirit and earnestness by James Koponen, and

Danny Martin never cracks as the hard and sullen Noah who only believes in the reality of what's in front of his face. David Bauer shares a fine voice and sympathetic character as File, and Reg Clay is vibrant and engaging as Starbuck. A special mention goes out to Ae'Jay Mitchell who lights up “Everything Beautiful Happens at Night” with a wonderful tap sequence.

Under the direction of Marianna Wolff, the orchestra is excellent and gives full, strong voice to the score. The music of “110 in the Shade” is charming in that old-time musical kind of way, the songs smooth, comfortable, and welcoming, but unfortunately they don't stick with you; instead they seem to live only while they're being performed and then quietly fade away when the last note is sung.

Set designer Liliana Duque Pineiro perfectly captures the parched, desolate state of the town with brown and rust tones stretching across the ground, over the shed to the farmhouse in the distance, and up the water tower rising into the rafters.

DMT's “110 in the Shade” is a solid, well-executed production with plenty of talent on display. Just don't bring your feminist friends.

“110 in the Shade” runs through December 8. A Saturday matinee will be held on Saturday, November 30 at 2 p.m. with a special post-play discussion. General admission tickets are \$29, \$26 for seniors, and \$21 for students/juniors and TBA members with ID. Discounts are also available for KQED members and groups of 10 or more. For more information or to purchase tickets, call (510) 881-6777 or visit www.dmtonline.org.

110 in the Shade
Friday, Nov 15 - Sunday, Dec 8
8 p.m. (Sunday matinees: 2 p.m.)
Special matinee Saturday, Dec 2
Douglas Morrisson Theatre
22311 N. Third St., Hayward
(510) 881-6777
www.dmtonline.org
Tickets: \$21 - \$29

Alameda County fund for Typhoon Haiyan victims

SUBMITTED BY GUY ASHLEY

Alameda County has reactivated its Disaster Relief Fund to enable employees and people in the community to voluntarily donate funds to benefit victims of the devastating typhoon that struck the Philippines. The Alameda County Board of Supervisors activated the fund in the wake of continued reports of deaths, injuries, and devastation across the Philippines caused by Typhoon Haiyan, believed to be one of the strongest storms ever to make landfall.

The Alameda County Disaster Relief Fund was initially established in response to the September 11, 2001 tragedy in the United States and has been reactivated for the South Asia Tsunami/Earthquake in 2004, Hurricane Katrina in 2005, earthquakes in Haiti and Chile in 2010, and the Northern Japan Earthquake/Tsunami in 2011.

"Just as communities in Alameda County and throughout the Bay Area have been aided in their recovery from natural disasters due to the generosity of oth-

ers, we are answering the call to assist the people of the Philippines who urgently need our help," said Keith Carson, President of the Alameda County Board of Supervisors.

Alameda County intends for all contributions to the Disaster Relief Fund to go directly to victims of the typhoon in the Philippines.

"In the past Alameda County employees and the residents of this community have been extremely generous in supporting others in times of crisis," said Susan S. Muranishi, Alameda County Administrator. "That's why we are hopeful this local effort to help the people of the Philippines will make a positive difference for those affected by this devastating typhoon."

Cash donations may be contributed by sending a personal check payable to the Alameda County Disaster Relief Fund, c/o the Auditor-Controller Agency, 1221 Oak Street, Room 238, Oakland, CA 94612. Donation instructions and additional information are available at www.acgov.org.

Charland appointed to Masonic Homes leadership position

SUBMITTED BY
MICHELLE SIMONE

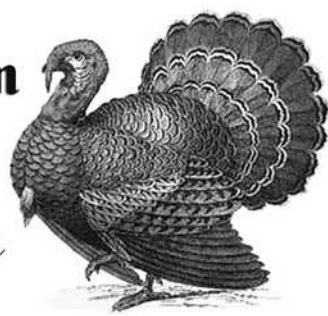
The Board of Trustees of the Masonic Homes of California is pleased to announce that it has appointed Gary Charland as Executive Vice President. In this position, Charland will lead the strategic objectives of the Masonic Homes of California, which operates a number of charitable initiatives throughout California, including two senior living communities in Union City and Covina; statewide senior and family outreach services; and the Masonic Center for Youth and Families, which provides integrated psychological services for youth who struggle with psychological and behavioral difficulties.

Charland has more than 20 years of experience in innovative and strategic health care leadership. Since 2000, he served as executive director of the Washington Township Medical Foundation, a part of the Washington Hospital Healthcare System. A community leader in the greater Union City area for more than 15 years, Charland is chairman of the Board of the Newark Chamber of Commerce and has also served as chairman of the Grants Committee for the Niles Rotary.

The Board of Trustees welcomes Charland to this position and is confident that his experienced leadership will allow the Masonic Homes to continue to serve the Masonic and local communities. Congratulations!



Holiday Swim for a cause *Turkey Swim*



Already feeling weighed down by the thought of a plentiful Thanksgiving table? Kick off your holiday with a little pre-indulgence exercise at the Hayward Plunge's annual Thanksgiving "Turkey Swim." Not only a pleasurable morning swim, the event serves as a fundraiser for the Karen M. Gordin Scholarship Fund which helps student lifeguards and provides low-income families with swimming lessons for the kids.

A lifeguard for the Hayward Area Recreation and Park District (HARD), Karen was killed in a car accident on her way to work at the Plunge in 2001. Beloved by many, the scholarship fund pays tribute to her memory and supports aquatics in the Bay Area. Each year two \$1,000 scholarships are given to college students working as lifeguards. One scholarship is provided through the Karen M. Gordon Scholarship Fund and the second through HARD. Ten applications were received this year and evaluated by a committee, which includes Karen's parents. Certificates and checks will be presented to the two winners at 9:30 a.m. the day of the event.

The "Turkey Swim" includes door prizes, some snacks, and lots of fun, and is attended by Karen's family, lifeguards - past and present - as well as many members of the community. Start your Thanksgiving in a positive, healthy way and support a wonderful local cause.

Turkey Swim
Thursday, Nov 28
8 a.m. - 11 a.m.
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(510) 881-6703
www.haywardrec.org
\$4 minimum donation

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Get Involved!

The City of Union City encourages people to become involved in their local community.

One way to do so is to serve in an advisory capacity on one of the City's various boards or commissions. The City is currently accepting applications to fill positions on the **Human Relations Commission, Park and Recreation Commission, and the Public Art Board.**

How to Apply

If you are a Union City resident, or an artist with a studio in the City of Union City, please feel free to stop by the City Clerk's office to pick up an application or visit the City's website at: <http://www.ci.union-city.ca.us/gov/commissions.htm>

Applications for the Human Relations Commission, Park and Recreation Commission, and Public Art Board will be accepted until positions are filled.

City Clerk's Office
34009 Alvarado-Niles Road
Union City, CA 94587
(510) 675-5348

Monday - Thursday
8:00 am - 6:00 pm
Closed every other Friday

11/13/13

Published 11/19/13

Positions Available:

Human Relations Commission

The Human Relations Commission helps create an environment in which the human rights of every citizen may live, learn, work and play in harmony and brotherhood, promote people-to-people programs within the Sister Cities, and actively encourage participation of citizens and community organizations in projects involving international friendship and understanding in which each person may realize the highest potential unhampered by discrimination. The Human Relations Commission meets on the 4th Wednesday of each month at 7:00 pm.

Park and Recreation Commission

The Park and Recreation Commission helps create a recreation program which will promote physical fitness and stimulate interest in the fine arts, namely: literature, music, dance, drama, painting, and sculpture. The Park and Recreation Commission meets on the 2nd Wednesday of each month at 7:00 pm.

Public Art Board

(1 Resident Citizen-At-Large and 1 Youth position available)

The Public Art Board reviews and advises the City Council, City staff, and project sponsors on proposed public art installations within Union City. The Public Art Board consists of five members including one resident citizen-at-large, one resident youth aged sixteen to twenty-four years, and three artists with active portfolios of extant art works. All members of the Board are required to be residents of the City, except for the artist-members, who shall be either a City resident or who shall operate a studio within the City. Public Art Board members are appointed for a four-year term.

The Public Art Board currently has two vacancies including the resident citizen-at-large position and the youth position. The Public Art Board meets on an as-needed basis. Meeting are typically held on weekday evenings beginning at 5:00 p.m.



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Sorry! Wrong Chimney!

Hilarious Holiday Farce



November 15 – December 21

(No shows Thanksgiving Weekend)

David Tuttle is moonlighting as a department store Santa so he can buy his wife a fur for Christmas. He tells her he's working late at the office, but she finds out he isn't at the office. A suspected other woman, hypnotism, the notorious Santa burglar, Kris Kreigle, and his gun-toting fiancée, and a confused policeman add up to a rollicking tale that is hilarious Christmas (or anytime) entertainment.

Performance times are 8 pm on Thursdays, Fridays and Saturdays. There are three Sunday matinees: Nov 24 and Dec 8 matinee performances begin with a continental brunch (included in price of ticket) at 12:15 pm, and the show begins at 1 pm. The Dec 15 performance starts at 1 pm with refreshments during intermission (included in price of ticket).

Regular ticket prices are \$25 general and \$20 for Students, Seniors and TBA members. Thursday, Nov 21, Dec 12 and 19 performances are \$17 for everyone, with a bargain Thursday (no reservations – first come, first seat!) held on Dec 5 - all tickets \$10. Brunch Sunday performances and Opening night are \$25 for everyone. All ticket prices include refreshments.

For reservations and information, call 510-683-9218, or purchase tickets on our website at www.broadwaywest.org

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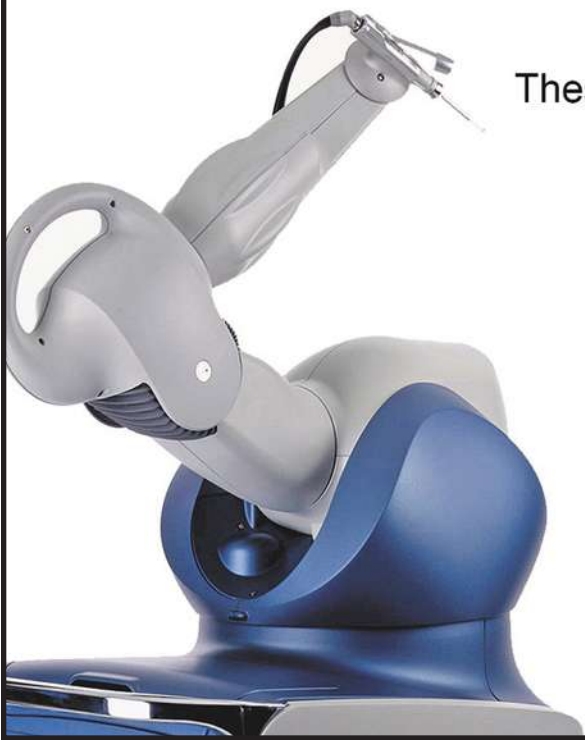
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'Sorry! Wrong Chimney!' delivers Christmas spirit

THEATRE REVIEW

BY JANET GRANT
PHOTOS BY CHRISTINA PIZZIRANI

The word "farce" is defined in the dictionary as a light, humorous play in which the plot depends upon a skillfully exploited situation rather than upon the development of character. This is certainly the wonderful case for Broadway West's latest production, "Sorry! Wrong Chimney!".

Jack Sharkey and Leo W. Sears' Christmas farce is skillfully directed by R.

just the right amount of pathos and dippiness and she sure could run around a couch! She was a perfect counterpoint to husband David, aptly played by Michael Weiland. As David, Mr. Weiland added the one stable, serious, character to the play – well, serious up to a point. He proved he could do whacky as well, especially under the right circumstances... like under hypnosis.

JC Sales as neighbor Natalie Weldon was convincing and funny and portrayed the perfect lunatic friend. Her rapid-fire



synergy with Samantha was convincing and kept the play moving quickly.

The scene stealer of the night turned out to be Natalie's hare-brained psychiatrist husband and inept hypnotist, Bill. Ben Ortega's outstanding portrayal of Bill was reminiscent of "I Love Lucy" episodes. His comedic timing was spot on and he delivered some of the evening's funniest moments. His confused interactions with Samantha were especially side-splitting.

Rickey Dilley as Kris Kreigle played the Santa Burglar with dim-witted appeal.

I almost rooted for him to be real. After all, he cared about his reindeer being shot! And you had to like his hard-talking, voluptuous fiancée Sheila, portrayed by Carolyn Janis. Long suffering but protective, she succeeds in turning a stereotype into a real person.

The capstone of the evening had to be the duty-bound police officer, hilariously portrayed by a serious, but very buff, Dominic Dee. Responding to a complaint of shots being fired, he wound up leaving very confused and sans uniform!

Broadway West's comedic farce "Sorry! Wrong Chimney!" has it all: humor, zaniness, good acting, funny clothes, psychoanalysis, hypnosis, striptease, gunfire, and Santa Claus plus one. What a winning combination for a light-hearted night of fun and a perfect beginning to the holiday madness to come. By the looks of an almost sold out house, you'd better get your tickets fast or you'll miss out on all the holiday fun.

Sorry! Wrong Chimney!
Through December 21
8 p.m. (Sunday matinees: 1 p.m.)
Broadway West Theatre Company
4000-B Bay Street, Fremont
(510) 683-9218
www.broadwaywest.org
Tickets: \$10 - \$25



Michael Price and delivers lighthearted, rollicking, comical entertainment just in time for the holidays.

This cheerful tale is chock full of mistaken identities and zany foul-ups. David Tuttle is moonlighting as a department store Santa so that he can buy his wife a great present for Christmas. He tells her he's working late at the office, but she discovers he isn't! Throw in two kooky neighbors, a notorious but mentally unstable Santa Claus burglar, his Brooklyn moll of a fiancée, and a duty-bound but very confused policeman, and you have one amazing night of fun, courtesy of the talented cast and crew of the Broadway West Theatre Company!

Rachel Campbell was quite enjoyable as the young, sexy, love-starved newlywed Samantha Tuttle. She played her role with



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The booths are 10' x 10' - cost \$60.00 each until October 31, 2013.
After that until November 26 the cost goes up to \$70.00
In the last week before the actual date of the boutique the cost goes up to \$80 for a booth.

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Schedules are subject to change.
Call to confirm activities shown in these listings.

It's A Date

Continuing Events

Mondays, Sep 9 - Thursdays, Dec 20

10th Street After-School Program
4 p.m. - 6 p.m.
Sports, arts-n-crafts, games & special events
Drop-in program, no day care
10th Street Community Center
33948 10th Street, Union City
(510) 675-5276
www.UnionCity.org

Saturdays, Sep 21 - Sundays, Dec 29

San Leandro Art Association Member Exhibit
11 a.m. - 3 p.m.
Variety of art work on display
Casa Peralta
384 West Estudillo Ave, San Leandro
(510) 357-4650

Monday, Oct 1 -Friday, Nov 26

Ray McGinnis Paintings
9 a.m. - 5 p.m.
Art display
Hayward City Hall
777 B St., Hayward
(510) 538-2787

Thursday, Oct 25 - Sunday, Nov 30

"Perceptions"
12 noon - 5 p.m.
Photography show
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Saturday, Oct 26 - Sunday, Jan 5

"Lure of the Wetlands"
10 a.m. - 5 p.m.
Artwork display by June Yokell
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
shoreline@haywardrec.org

Fridays, Nov 1 thur Nov 22

Toddler Ramble: Let the Rain Come Down!
10:30 a.m. - 11:15 a.m.
Nature class for ages 1 - 3
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
shoreline@haywardrec.org

Friday, Nov 1-Saturday, Nov 30

Creations by Valerie Manning
5 a.m. - 9 p.m.
Oil & acrylic paintings display
Mission Coffee Roasting House
151 Washington Blvd., Fremont
(510) 474-1004

Friday, Nov 1-Sunday, Jan 12

"Still Here"
9 a.m. - 5 p.m.
Native American Portraits exhibit
PhotoCentral
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Saturdays, Nov 2 thur Nov 23

Bocce Ball
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Tuesdays, Nov 5 thru Nov 26

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Arts & Entertainment

Wednesday, Nov 10 - Sunday, Nov 24

Plein Air Exhibit
11 a.m. - 5 p.m.
View landscape painting by local artists
Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905

Sundays, Nov 10 thru Dec 15

Nutrition Class for Parents and Caregivers - R
1:30 p.m. - 3:00 p.m.
Certificate of completion for attending all six classes
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

Thursday, Nov 14 - Sunday, Nov 23

"Leading Ladies" \$
Thurs: 3:30 p.m.
Fri & Sat: 7:00 p.m.
Sun: 2:00 p.m.
Comedy about two male actors posing as women
American High School
36300 Fremont Blvd., Fremont
(510) 796-1776 ext 57702

Through Sunday, Dec 8

110 in the Shade \$
8 p.m. (Saturday, Nov 30 & Sunday matinees: 2 p.m.)
A musical tale: looking for love and rain
Douglas Morrisson Theatre
22311 N. Third St., Hayward
(510) 881-6777
www.dmtonline.org

Through Saturday, Dec 21

Sorry! Wrong Chimney! \$
8 p.m. (Sunday matinees: 1 p.m.)
Mistaken identities and zany foul-ups
Broadway West Theatre Company
4000-B Bay St., Fremont
(510) 683-9218
www.broadwaywest.org

Tuesday, Nov 19

Learn About Electricity
7 p.m.
Program for school-age children
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

Wednesday, Nov 20

Elder Abuse Prevention
1:30 p.m. - 2:45 p.m.
Learn to avoid becoming a victim
Program for older adults
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 745-1491

Wednesday, Nov 20

Free Legal Assistance - R
6 p.m. - 8 p.m.
Use video conferencing to speak with an attorney
Milpitas Library
160 North Main St., Milpitas
(408) 262-1171
www.probonoproject.org/virtual-clinics

Thursday, Nov 21

4-Course Winemaker's Dinner \$R
6:30 p.m.
Featuring wine by Frog's Tooth Vineyard
Spin-A-Yarn Restaurant
45915 Warm Springs Blvd., Fremont
(510) 656-9141
www.spinayarnsteakhouse.com

Thursday, Nov 21

SAVE Presents "COPS for Cops" - R
6:00 p.m. - 7:15 p.m.
Police officers discuss domestic abuse prevention
Washington Hospital
2500 Mowry Ave., Fremont
(510) 574-2266
<http://save-dv.org/here-to-here/cops-advocates/>

Thursday, Nov 21

East Bay Stompers Band
7 p.m. - 9 p.m.
Dixie, swings & standards music
Bronco Billy's Pizza
41200 Blacow Road, Fremont
(510) 914-7304

Thursday, Nov 21

"Murder Casts a Spell"
12 noon - 1:30 p.m.
Author Nancy Curteman discusses her book
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

Thursday, Nov 21

"St. Nicks of Niles" \$
6 p.m. - 9 p.m.
Benefit concert for the Giving Hope Program
Niles Café
121 I St., Fremont
(510) 489-7396
www.thenilecafe.com

Friday, Nov 22

Friday Night Hang Out!
6 p.m. - 9 p.m.
Play pool, air hockey & video games
Ages 12 -17
Union City Teen Center
1200 J St., Union City
(510) 675-5600
www.UnionCity.org

Friday, Nov 22

Senior Citizens Thanksgiving Dinner
5:30 p.m. - 9:00 p.m.
Free meal for seniors
Union City Ruggieri Senior Center
33997 Alvarado-Niles Road, Union City
(510) 675-5328

Saturday, Nov 23

Diabetes Awareness Health Expo
9 a.m. - 3 p.m.
Learn to live with and prevent diabetes
Washington Hospital
2500 Mowry Ave., Fremont
(800) 963-7070
www.whhs.com

WOW! Look at this Rate!

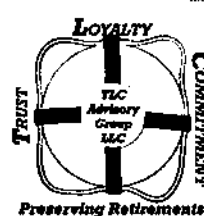
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Farmers’ Markets

FREMONT:

Centerville

Saturdays
9 a.m. - 1 p.m.
Year-round
Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Kaiser Permanente Fremont Farmers’ Market

Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market

Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

HAYWARD:

Hayward Farmers’ Market

Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

Kaiser Permanente Hayward Farmers’ Market

Wednesdays
10 a.m. – 2 p.m.
Year-round
27400 Hesperian Blvd., Hayward
800-949-FARM
www.pcfma.com

South Hayward Glad Tidings

Saturdays
9 a.m. - 3 p.m.
Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers’ Market at ICC

Sundays
8 a.m. – 1 p.m.
Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

Great Mall

Saturdays
8 a.m. - 1 p.m.
May - November
Great Mall Pkwy. and
Mustang Dr., Milpitas
(559) 250-2674
www.cafarmersmarkets.com

NEWARK:

Newark Farmers’ Market

Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays
9 a.m. - 1 p.m.
Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays
10 a.m. – 2 p.m.
Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market

Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

East Plaza Farmers’ Market

Saturdays
9 a.m. – 1 p.m.
Year-round
East Plaza
11th and Decoto Rd.,
Union City
800-949-FARM
www.pcfma.com

Saturday, Nov 23

Crab and Pasta Dinner \$
5 p.m.
Dinner, raffle & auction
Newark Pavilion
6430 Thornton Ave., Newark
(510) 578-4405
david.zehnder@newark.org

Saturday, Nov 23

Education Benefits for Military and Civilians – R
11:30 a.m.
Low cost access to higher education workshop
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 509-7599

Saturday, Nov 23

“This One’s For Fremont” \$
8 p.m.
Live Hip-Hop music by local artists
Menconi’s Lounge
32611 Alvarado Blvd.,
Union City
(510) 471-5871

Saturday, Nov 23

Mission Gold Jazz Band \$
6 p.m.
Buffet dinner, music & dancing
Macro Event Center
37720 Bonde Way, Fremont
(415) 602-3511
www.jazzdance.org/missiongold

Saturday, Nov 23 - Sunday, Nov 24

Creating Art for a Good Cause
10 a.m. - 5 p.m.
Lakshmi student art show fundraiser
NewPark Mall
2086 Newpark Mall, Newark
(510) 794-5523
www.lakshmisartworkshop.com

Saturday, Nov 23

International Survivors of Suicide Day
8 a.m. - 12 noon
Celebrate life & promote healing
Ohlone College
43600 Mission Blvd, Fremont
(510) 742-2304
www.stepupohlone.org/events

Saturday, Nov 23

Comedy Short Subject Night \$
7:30 p.m.
“The Adventurer,” “Fatty Joins the Force,” “Pass the Gravy” & “Bacon Grabbers”
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411

Saturday, Nov 23

Food Plants Gathering – R
10:00 a.m. - 4:30 p.m.
Learn how California Indians used plants
Ages 16+
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(888) 327-2757

Saturday, Nov 23

Gardening at the EEC – R
1:30 p.m. - 3:00 p.m.
Help remove non-native plants
Ages 9+
Alviso Environmental Education
Center
1751 Grand Blvd., Alviso
(408) 262-5513

Sunday, Nov 24

Wild About Ducks
2:00 p.m. - 3:30 p.m.
Walk the marshes & view birds on migration
Ages 10+
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220

Sunday, Nov 24

Leopard Shark Feeding Frenzy
2 p.m. - 3 p.m.
Learn to feed sharks & bay animals
Hayward Shoreline Interpretive
Center
4901 Breakwater Ave., Hayward
(510) 670-7270

Sunday, Nov 24

Canine Capers Dog Walk – R
9 a.m. - 12 noon
Explore open space with your dog
Ages 8+
Garin Regional Park
1320 Garin Ave., Hayward
(888) 327-2757

Sunday, Nov 24

Return of the Monarchs \$
1:00 p.m. - 2:30 p.m.
Learn why butterflies migrate
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fre-
mont
(510) 544-2797

Monday, Nov 25

Thanksgiving Services
7:30 p.m.
Music & inspirational messages
St. Joseph Church
43323 Mission Blvd., Fremont
(510) 648-5432

Tuesday, Nov 26

Free Thanksgiving Dinner
4 p.m. - 6 p.m.
Event for Tri-City & Hayward residents
Centerville Presbyterian Church
4360 Central Ave., Fremont
(510) 784-7341



Senior Helpline
(510) 574-2041

Serving individuals 60+ and their families in Fremont, Newark and Union City, CA

Care coordination, paratransit assistance, counseling, health promotion and caregiver support.



Church of Christ of Fremont

**4300 Hansen Ave.
Fremont**

510-797-3695

www.fremontchurchofchrist.org

Whoever Drinks Of The Water That I Will Give Him Shall Never Thirst; But The Water That I Will Give Him Will Become In Him
A Well Of Water Springing Up To Eternal Life
John 4:14
AA Meetings Every Tues and Thurs Evenings 7:30-9:30pm
In Spanish
In the Fellowship Hall

Services

Sunday: 10:45am and 6pm
Wednesday: 7:30pm

Tuesday, Nov 26

Free Dental Clinic
1 p.m. - 4 p.m.
Dental care for those in need
First come first serve
Centerville Presbyterian Church
4360 Central Ave., Fremont
(510) 784-7341

Saturday, Dec 7

Veterans First Fly Fishing Dinner \$R
5 p.m.
Dinner, auction & prizes
Purchase tickets before Dec. 1st
Elks Lodge
38991 Farwell Dr., Fremont
(510) 909-4304
www.nccffh.org

Denied Social Security or SSI

BOARD CERTIFIED SOCIAL SECURITY DISABILITY SPECIALIST

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30-years experience

CYNTHIA G. STARKEY

1-888-972-3454

No Fee if No Recovery

A positive path for spiritual living

Unity of Fremont
Sunday 12:30 pm



1351 Driscoll Rd, Fremont
(at Christian Science Church)

www.unityoffremont.org
510-797-5234

Lingerie Outlet Store Now Open In Union City

SPORTSWEAR 50% OFF

OPEN MONDAY –FRIDAY: 9 AM TO 2:30 PM
SATURDAY: 9 AM TO NOON

Sale up to 50% off
Sportswear
Great Holiday Presents

Bathrobes \$39
Kids Bathrobes \$29

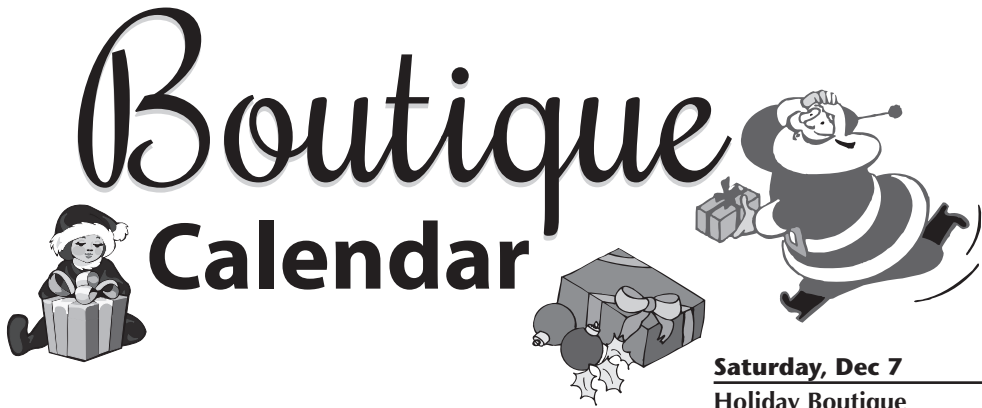
510-487-2006

A Lingerie Manufacturer NOW OPEN to Retail Customers **www.lovelydaylingerie.com**

Lovely Day Lingerie

33375 Croatian Way, Union City

Boutique Calendar



Tuesday, Nov 19

Craft Faire

6 p.m. – 9 p.m.

Unique items & treats

St. Joseph's Catholic Church
43148 Mission Blvd., Fremont
(510) 220-2956

Saturday, Nov 23 – Sunday, Nov 24

Holiday Boutique

10 a.m. – 4 p.m.

Dominican fruitcakes, mission olive oil & homemade goods

MSJ Dominican Sisters
43326 Mission Blvd., Fremont
www.msjdominicans.org

Wednesday, Nov 27 – Sunday, Dec 29

Holiday Boutique

11 a.m. – 5 p.m.

Handmade arts and crafts

Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905
www.FremontArtAssociation.org

Wednesday, Nov 27 – Sunday, Dec 22

Holiday Boutique

Fridays: 12 noon - 6 p.m.
Thursdays, Saturdays, and Sundays: 10 a.m. – 4 p.m.
Sun Gallery
1015 E St., Hayward
(510) 581-4050
www.sungallery.org

Wednesday, Nov 27

Special Boutique Preview

10 a.m. – 4 p.m.
Sun Gallery
1015 E St., Hayward
(510) 581-4050
www.sungallery.org

Saturday, Dec. 8

Boutique Reception

Raffle, refreshments and music; afternoon Make a Scarf Workshop

1 p.m. – 4 p.m.
Sun Gallery
1015 E St., Hayward
(510) 581-4050
www.sungallery.org

Saturday, Dec 7

Holiday Boutique

8:00 a.m. – 4:30 p.m.

Proceeds benefit Grad Night/Senior Activities

American High School
36300 Fremont Blvd., Fremont
(510) 794-1543

Saturday, Dec 7

Christmas Crafts Boutique

10 a.m.

Arts & crafts, bake sale, raffle & Santa

Bridges of Faith
27343 Whitman St., Hayward
(510) 886-7551

Saturday, Dec 7

Christmas Craft Fair

10 a.m. – 4 p.m.

All items are handcrafted

Newark Pavilion
6430 Thornton Ave., Newark
(510) 793-4062
www.newarkpavilion.com

Friday, December 6

Tree Lighting

5:30 p.m.

Tree lighting & downtown activities

San Leandro City Hall
835 East 14th St., San Leandro
(510) 577-3351

Saturday, December 7

Tree Lighting Ceremony

6 p.m.

Tree lighting, food & entertainment

Centerville Train Depot
37260 Fremont Blvd., Fremont
(510) 797-3700 contact Carol

Saturday, December 7

Tree Lighting Event

5 p.m.

Tree lighting

Old School Mission Plaza
43480 Mission Blvd., Fremont
http://msjchamber.org/

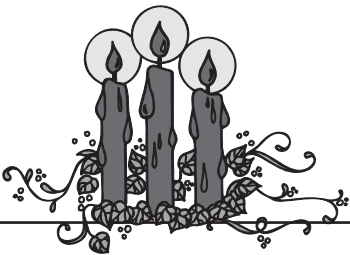
Thursday, December 12

Tree Lighting Ceremony & High School Choral Competition

5 p.m.

Tree lighting, entertainment, refreshments & raffle

Washington West
2500 Mowry Ave., Fremont
(510) 791-3428
www.whhs.com/foundation



Friday, November 29

Festival of Lights Parade & Tree Lighting

6 p.m.

Parade, music, food & tree lighting

Niles Town Plaza
37592 Niles Blvd., Fremont
(510) 792-8023
www.nilesmerchants.com

Sunday, December 1

Tree Lighting Ceremony

7 p.m.

Tree lighting, entertainment, food & Santa

City of Milpitas
457 E. Calavers Blvd., Milpitas
(408) 586-3210
http://www.ci.milpitas.ca.gov/government/recreation/

Monday, December 2

Trees of Angels

6:30 p.m.

Tree lighting & entertainment

Newark City Hall
37101 Newark Blvd., Newark
(510) 3428
www.whhs.com/foundation

Tuesday, December 3

Trees of Angels

6 p.m.

Tree lighting ceremony

Commemorative ornaments available for purchase

McDonald's Restaurant
42800 Mission Blvd., Fremont
(510) 791-3428
www.whhs.com/foundation

Wednesday, December 4

Trees of Angels

5:30 p.m.

Tree lighting ceremony

Benefit for hospice care

Nakamura Clinic
33077 Alvarado-Niles Rd., Union City
(510) 791-3428
www.whhs.com/foundation

Thursday, December 5

Light Up the Season

5 p.m.

Tree lighting, ice skating & entertainment

Hayward City Hall
777 B Street, Hayward
www.hayward.org

Folk Artist Jams

SUBMITTED BY MICHAEL MCNEVIN

Listen to some local music, support a local charity, and take part in a local tradition! Join Michael McNevin as he performs in Downtown Niles. His first show will benefit the Giving Hope Program, which helps provide for local families during the holiday season. The second performance will take place at his Mudpuddle Shop situated on Niles Blvd. and is prime real-estate for viewing the Annual Niles Tree Lighting Parade and Concert before McNevin's performance.

Giving Hope Program Benefit
Thursday, Nov. 21
6 p.m. – 9 p.m.

The Nile Café
121 I Street, Fremont
\$20 Suggested Donation
www.thenilescfe.com

Performance and Parade
Friday, Nov. 29
6 p.m. – 9 p.m.
The Mudpuddle Shop
37433 Niles Blvd, Fremont
\$20-25 sliding scale
RSVP at (510) 794-9935 or info@michaelmcnevin.com
www.michaelmcnevin.com

BOOKMOBILE SCHEDULE

Alameda County
Renew books by phone
(510) 790-8096
For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org.
Times & Stops subject to change

Tuesday, November 19

9:15–11:00 Daycare Center Visit -
FREMONT
2:00–2:30 Daycare Center Visit -
FREMONT
2:30 – 3:25 Cabrillo School,
36700 San Pedro Dr., FREMONT
4:45 – 5:30 Baywood Apts.,
4275 Bay St, FREMONT
5:50 – 6:30 Jerome Ave. and
Ohlones St., FREMONT

Wednesday, November 20

1:00 – 1:45 Hillside School,
15980 Marcella St., SAN LEANDRO
2:00 – 2:45 Eden House Apts.,
1601 - 165th Ave., SAN LEANDRO
3:15– 3:45 Baywood Ct.,
21966 Dolores St., CASTRO VALLEY
6:00 – 6:30 Camellia Dr. &
Camellia Ct., FREMONT

Thursday, November 21

9:50 – 10:20 Daycare Center Visit -
FREMONT
10:40–11:30 Daycare Center Visit -
NEWARK
1:15 – 1:45 Stellar Academy,
38325 Cedar Blvd., NEWARK
2:00 –3:15 Graham School,
36270 Cherry St, NEWARK

Friday, November 22

9:45 - 11:15 Fame Charter School,
16244 Carolyn St., SAN LEANDRO
11:45 –12:15 7 TH Step,
475 Medford Ave., HAYWARD
(unincorporated)
2:00 –3:00 Hesperian School,

620 Drew St., SAN LORENZO

Monday, November 25

9:20-10:00 Daycare Center Visit -
FREMONT
10:15-11:15 Daycare Center Visit -
FREMONT
1:45 – 2:45 Pioneer School, Blythe St.
& Jean Dr., UNION CITY
3:05 – 3:25 Alvarado Elementary School,
Fredt St. & Smith St., UNION CITY
4:15 – 4:45 Greenhaven Apts., Alvarado
Blvd. & Fair Ranch Rd., UNION CITY
5:15 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird Circle,
FREMONT

Tuesday, November 26

10:00 -11:15 Daycare Center Visit -
UNION CITY
1:30 – 2:30 Mission Hills Middle School,
250 Tamarack Dr., UNION CITY
2:45 – 3:30 Purple Lotus Buddhist
School, 33615 - 9th St., UNION CITY
4:50 – 5:30 Mariner Park, Regents Blvd.
& Dorado Dr., UNION CITY
5:40 – 6:20 Sea Breeze Park, Dyer St. &
Carmel Way, UNION CITY

Wednesday, November 27

3:00 – 4:00 Warm Springs Community
Center, 47300 Fernald St., FREMONT
4:15 – 4:50 Lone Tree Creek Park, Starlite
Way & Turquoise St, Warm Springs,
FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct.,
FREMONT

Milpitas Bookmobile stops
Renew books by phone
(800) 471-0991
For more information
(408) 293-2326 x3060

Wednesday, November 13

1:45-3:00 1991 Landess Ave., Milpitas
3:15-3:45 120 Dixon Landing Rd.,
Milpitas

continued from page 12

Yes, Virginia, there is Holiday Spirit!

McNevin and Friends. Last year's fun-filled event raised \$1,500 along with many gift cards to make the holidays more enjoyable and less depressing for families and seniors having a difficult time.

The Holiday Season is a time of reflection to count personal and family blessings and to share the love we have received during the year with others. Some in our community live economically on the edge of crisis just struggling to maintain the barest of necessities for themselves and their families. Help those served by the Fremont Human Services Department by being part of Giving Hope, a program that aids needy families, children, and frail isolated seniors by bringing holiday cheer.

Because the need has increased this year, our goal is to help a greater number of individuals and families than in years past. The Benefit Concert supplements the larger city-wide program, and we hope that 50 to 100 people will drop in and contribute at least \$20. There are about 80 families and 120 seniors on the list. To adopt a senior is about \$80 to \$100, and to adopt a family is \$100 to \$120 per family member. Anyone interested in helping can contribute by making a cash donation; providing gift cards for groceries, restaurants, or entertainment; or purchasing personalized gifts from a family or senior's own wish list. Donations and gifts for the holiday fundraiser will be accepted until Thursday, December 12; the Giving Hope Program accepts contributions all year.

For more information on the Benefit Concert and to make reservations, "join" the event on Facebook:

www.facebook.com/pages/St-Nicks-of-Niles/254227574611877 or call (408) 504-5597. The suggested donation amount is \$20 or more.

If you cannot come to the concert, you may leave a monetary donation at the Nile Cafe any time between now and December 12 during the cafe business hours. Checks should be made payable to "City of Fremont Giving Hope Holiday Program." Donations can also be made online at

https://fremont.gov/Form-Center/Donation-Forms-2/Human-Services-Donation-35 or sent to: City of Fremont Giving Hope Holiday Program, Human Services Department, 3300 Capitol Ave., Building B, Fremont, CA 94538.

For more information on how to participate in the Giving Hope Program, contact Monica Dominguez at (510) 574-2057.

St. Nicks of Niles
Benefit Concert
Thursday, Nov 21
6 p.m. - 9 p.m

The Nile Café
121 I St., Fremont
(408) 504-5597
www.facebook.com/pages/St-Nicks-of-

Niles/254227574611877
www.thenilecafe.com
Suggested donation: \$20

Thai Princess visits Fremont



On November 18, 2013 Princess Soamsawali Mahidol of Thailand and her royal entourage visited Fremont's Senior Center. Her appearance was a return trip from a previous visit in 1996. The royal agenda included observing dance and music activi-

ties at the center as well as a traditional Thai dance performance. Mayor Bill Harrison welcomed the Princess with a Key to the City to symbolize the warm relationship between Fremont and Princess Soamsawali Mahidol.

Shop with the Sisters



SUBMITTED BY TERESA SCHMIDT

Mark your calendar for November 23 and 24. It's time to "Shop with the Sisters!" Don't miss the Dominican Sisters Annual Holiday Boutique. The Dominican Sisters, and over 50 volunteers, are busy creating and preparing handmade crafts, ornaments, holiday toys, baked goods, and their Dominican Olive Oil and old-world fruitcakes.

This year, Sister Rose Marie Hennessy, Motherhouse Administrator, initiated online pre-ordering of Dominican Olive Oil and famous holiday fruitcakes! Over 850 bottles of olive oil have been pre-ordered and will be waiting for pick-up and payment at the will call booth.

Global Treasures, a new booth on display, will feature origami,

traditional Christmas tree stars made by the Sisters in Germany, and hand-woven gifts made by indigenous women from Chiapas who work with the Sisters in Mexico.

Other popular booths feature holiday wreaths and decorations, homemade cookies and breads, knitwear, household goods, crafts, cards and stationery created by the Sisters, local artists, jewelry, and a general store offering Motherhouse persimmons. There will be hands-on activities for children and all of us who are children at heart!

Shopping with the Sisters
Saturday, Nov. 23 and Sunday,
Nov. 24
10 a.m. - 4 p.m.
The Motherhouse
43326 Mission Blvd, Fremont
www.msjdominicans.org/home.aspx

Curtain Call

SUBMITTED BY DAVID OJAKIAN

Following a season of accolades, renovating and pushing the limits of an intimate 67-seat venue, and an influx of new patrons, the curtain is ready to rise on Curtain Call Performing Arts' (CCPA) 2013/2014 fifth anniversary season. The milestone season features the most diverse offering of live performing arts entertainment ever for the coming-of-age non-profit theatre company, including comedy and improv nights, live concerts, opera, and renowned Broadway style musicals and stage plays.

"Last season was our largest yet and we are very excited about the lineup for 2013-2014. The partnership with the City of San Leandro in our new space has been great as well and we continue to look for ways to produce innovative theatre and performing arts in the intimate venue," said Andrea Gorham, CCPA Founding Artistic Director.

Summer 2012 brought a landmark collaboration of San Leandro arts organizations as the former California Conservatory Theatre (CCT) and the growing CCPA theatre company joined forces under the CCPA name with a shared vision to provide exceptional live theatre to San Leandro and the greater San Francisco Bay Area.

Memorable shows from the 2012-2013 Season included the critically acclaimed hit Anything Goes (summer 2013) which sold out its final two weekends and the stage play Noises Off (fall 2013). Anything Goes became the second consecutive summer Curtain Call production to gain acclaim from BroadwayWorld.com's Linda Hodges as she proclaimed "Anything Goes will



make you forget the world outside..." and complimented the choreography stating "High jinks and great choreography. Critically acclaimed Marissa Joy Ganz (choreographer) was a definite 'get' for CCPA." Noises Off, CCPA's first ever stage play, was a hit with critics and audiences alike, featuring an all-star cast of local theatre veterans that officially closed the 2012-2013 season with a comedic powerhouse. Julie Grabowski of the Tri-City Voice newspaper called Noises Off an "ambitious and memorably hilarious hit." Now the growth continues in season five with Curtain Call's largest offering of live performing arts entertainment.

The 2013-2014 CCPA season kicks off with Comedy and Improv nights Friday November 22 and Saturday November 23 respectively, continuing through September 2014. Next the 2013-2014 concert se-

ries continues with San Leandro native Melissa Modifer performing in her hometown for one weekend only, December 6-8. The following weekend, December 13-15 brings the first of two operas by new resident opera company, Opera on Tap:

edy Imaginary Invalid will close the 2013-2014 season, October 10-26.

Season tickets are on sale and patrons can customize their season with four or six show packages.

The CCPA box office, located at the

CCPA theatre, is open Wednesdays from 10:30 a.m. - 1 p.m.

Curtain Call Comedy Series
Begins Friday, Nov. 22
8 p.m.

California Conservatory Theatre
999 E. 14th St, San Leandro
Tickets \$25-\$30

Melissa Modifer
Friday - Sunday, Dec. 6 - 8
2 p.m. and 8 p.m. performances
California Conservatory Theatre
999 E. 14th St, San Leandro
Tickets \$10-\$28

Tickets and information: www.curtain-callperformingarts.org or (510) 909-9516.

Holiday Boutique

SUBMITTED BY AVANTHI KANMATAREDDY

The Fremont Art Association's Holiday Boutique will be held through January 5 at the Gallery. In addition to the lovely selection of fine art, the FAA will have arts and crafts handmade by members. This is a wonderful opportunity to purchase beautiful collectables created by members from your local community. The Fremont Art Association was established in 1959, to foster, promote, and encourage the production, cultivation, and appreciation of art in the community. The association presents exhibits, shows, workshops, classes, events, and community programs at its Centre/Gallery.

Holiday Boutique
Wednesday - Sunday: 11 a.m. - 5 p.m.
The Fremont Art Association Gallery
37697 Niles Blvd, Fremont
(510) 792-0905
www.fremontartassociation.org

Globe-traveling mystery writer

Award-winning mystery writer, local author Nancy Curteman, will discuss her latest travel-oriented crime tale, "Murder Casts a Spell." The event will have a South African air, with South African cookies to nibble on and free recipes for desserts mentioned in the book. Curteman will share inside information about characters and plot from her fourth book in the Lysi Weston mystery series. There will be a free drawing for a signed copy of her novel

Book Discussion
Thursday, Nov. 21
12 p.m. - 1:30 p.m.
Fremont Main Library
2400 Stevenson Blvd, Fremont
www.nancycurteman.com



LIFE CORNERSTONES

Birth

Marriage

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510-494-1999
tricityvoice@aol.com

Obituaries



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Mei Feng Lin
RESIDENT OF FREMONT

July 16, 1922 – November 5, 2013

Penefrancia "Fe" Castro
RESIDENT OF UNION CITY

September 14, 1937 – November 8, 2013

Bernard "Bill" Kabage
RESIDENT OF MODESTO

December 7, 1946 – November 8, 2013

Victor M. Martinez, Sr.
RESIDENT OF FREMONT

July 12, 1917 – November 11, 2013

Harprit Singh
RESIDENT OF UNION CITY

March 4, 1954 – November 12, 2013

Carol M. Rodriguez
RESIDENT OF NEWARK

September 16, 1948 – November 13, 2013

Turk P. Stein
RESIDENT OF SULPHUR, LOUISIANA

February 3, 1955 – November 4, 2013



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Terry G. Mahuron
RESIDENT OF FREMONT

December 19, 1941 – November 6, 2013

Sister Jean Matthew
(Jorgine E. Smith)

RESIDENT OF FREMONT

November 17, 1939 – November 7, 2013

Sant L. Gugnani
RESIDENT OF FREMONT

October 1, 1928 – November 9, 2013

Clemente Castro
RESIDENT OF NEWARK

December 14, 1925 – November 11, 2013

Jerilyn "Geri" Jesus
RESIDENT OF FREMONT

August 23, 1942 – November 10, 2013

Indira Honnalikeshavamurthy
RESIDENT OF SAN JOSE

November 24, 1936 – November 12, 2013

Kakapakkam Dwaraknath
RESIDENT OF DUBLIN

January 24, 1951 – November 13, 2013

Minda Borja
RESIDENT OF FREMONT

September 1, 1937 – November 15, 2013

Dorothy V. Fuller
RESIDENT OF NEWARK

December 25, 1922 – November 15, 2013

Evaristo F. Medrano, Sr.
RESIDENT OF NEWARK

October 26, 1929 – November 13, 2013

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International Survivors of Suicide Day

SUBMITTED BY
OHLONE COLLEGE

Suicide is the tenth leading cause of death in America. It comes before liver disease and Parkinson's disease. Ohlone College wants to shed light on the taboo topic. The college will be the host for the American Foundation for Suicide Prevention's 15th Annual International Survivors of Suicide Day.

Experience the powerful sense of connection and community that is forged between survivors

of suicide loss. You are not alone. Celebrate the life of a lost loved one, promote healing, and connect with others with similar experiences. If you have lost someone to suicide, join AFSP for this free event.

Suicide Prevention
Saturday, Nov. 23
8 a.m. – 12 p.m.
Ohlone College, Building 7,
First floor
43600 Mission Boulevard,
Fremont
www.stepupohlone.org/events

Union City Station Center receives award

SUBMITTED BY BETH FRAKER

Station Center, a MidPen Housing affordable community for families in Union City, California has won the prestigious 2013 Urban Land Institute (ULI) Global Award for Excellence. The ULI selected twelve developments from around the world as winners in the 35th annual competition, widely recognized as the land use industry's most prestigious recognition program.

Station Center, which opened in 2012, provides 157 rental apartment homes and multiple amenities for low and very low-income individuals and families. Located next to the Union City BART station, on the former site of a PG&E facility, the mixed-use community includes 8,600 square feet of commercial space, community gardens, a pool and fitness center, a children's play area and an expansive community center. Station Center incorporates many sustainable features and achieved LEED Platinum Certification by the US Build It Green Building Council.

With nearly 30,000 members worldwide, the mission of ULI is to provide leadership in the responsible use of land and in creating and sustaining thriving communities worldwide.

"We are extremely proud to have Station Center recognized by ULI as a model for best-practices in land use planning, design, sustainability and smart growth," said Matthew O. Franklin, President of Mid-Pen Housing. "Through a visionary partnership with the city of Union City, we intentionally developed a mixed-use, transit-oriented community affordable to low-income working families that has helped to

Judge weighs penalty for \$68B high-speed rail plan

BY JULIET WILLIAMS
ASSOCIATED PRESS

SACRAMENTO, Calif. (AP) — Attorneys for the California High-Speed Rail Authority argued Friday that Central Valley residents who sued the state over its bullet train plan have no grounds to stop the project, despite a judge's ruling that the state violated the promises made to voters in a 2008 ballot proposition.

Instead, it would be up to the state Legislature to step in if lawmakers believed the \$68 billion funding plan does not comply with Proposition 1A, which authorized \$10 billion in high-speed rail bonds, Deputy Attorney General Michele Inan said.

"The taxpayers are represented through the legislative process," Inan told Sacramento County Superior Court Judge Michael Kenny.

Kenny ruled in August that the California High-Speed Rail Authority "abused its discretion by approving a funding plan that did not comply with the requirements of the law." He further said it had failed to identify "sources of funds that were more than merely theoretically possible."

Still, Inan argued that since the Legislature approved spending the money to get started on high-speed rail, only the Legislature can undo it or ask for an updated funding plan.

The 2008 proposition required the rail authority to specify the source of the funding for the first

operable segment of the high-speed rail line and have all the necessary environmental clearances in place. Kenny said in his previous ruling that the agency did not comply with either of those mandates, but Proposition 1A appears to leave it up to lawmakers to decide whether the plan is sufficient to warrant funding.

Friday's hearing was held for the judge to consider what penalty, if any, he should impose for the rail authority's failure to comply with the ballot initiative in its initial funding plan. The rail authority argues that the judge's ruling was based on an old funding plan that has since been revised.

Attorneys for affected landowners who are suing the state have asked Kenny to rescind construction contracts, including a \$1 billion deal signed this fall, or prevent the state from spending any more of the voter-approved bonds.

Inan said the state is not spending any bond money now, anyway, and instead is relying on about \$3.2 billion in federal money from the Obama administration.

But those are matching funds that eventually will require the state to spend an equal amount, meaning the state is committing the bond money now, said attorney Stuart Flashman, representing the plaintiffs.

"Where is the money?" Flashman asked. "If they're not using the bond funds, what other funds are they using? What other funds are they promising the feds they are using? There aren't any."

transform an industrial lot a vibrant city center. It is wonderful that this innovative collaboration and development has been honored."

Station Center is a cornerstone of Union City's Station District – a 105 acre, master-planned, walkable neighborhood that includes a variety of housing types for people with diverse income levels; commercial space; a pedestrian plaza and playground; and easy access to BART, buses, and future passenger rail. The BART station has been renovated to provide easy pedestrian access to new housing and the installation of photovoltaic panels that provide enough electricity to support the lighting demand of the entire station. Future plans provide for up to an additional 560 units of market-rate housing.

"Station Center is an integral component of our city's Station District," said Mark Evanoff, Redevelopment Manager for Union City. "It provides much needed affordable workforce housing in a vibrant, pedestrian-friendly community where residents live,

work, shop and play. We are thrilled that it has received this honor from the ULI."

The eleven other 2013 ULI Global Awards for Excellence winners include:

21c Museum Hotel Cincinnati, Cincinnati, Ohio

Altmarkt-Galerie Dresden, Dresden, Germany

Amazon.com Global Headquarters, Seattle, Wash.

D-Cube City, Seoul, South Korea

HafenCity Hamburg (New Downtown City district), Hamburg, Germany

Hysan Place, Hong Kong, China

Midtown Detroit, Detroit, Mich.

Roosevelt University Student Living, Academic and Recreation Center, Chicago, Ill.

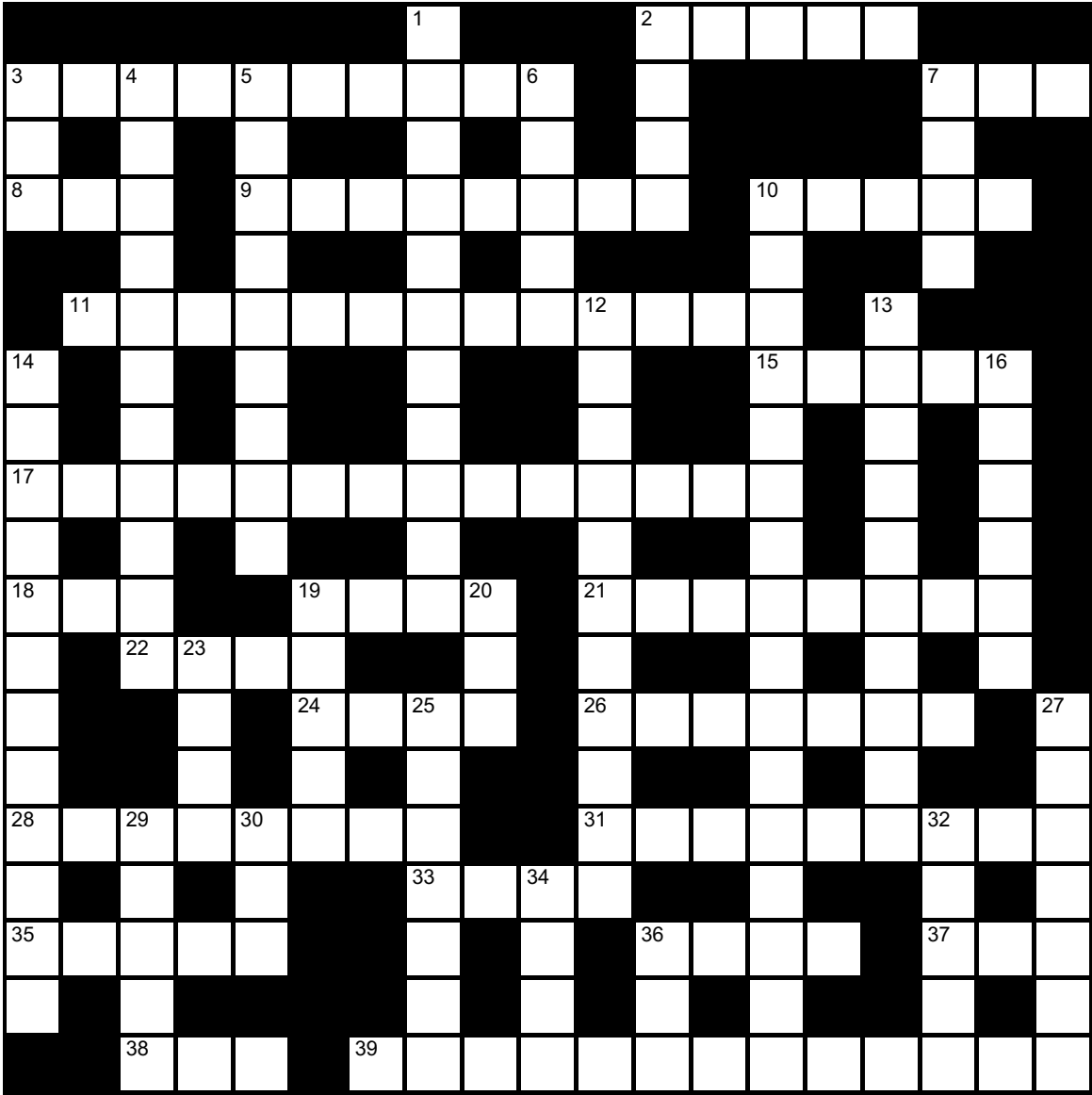
Territoria 3000, Santiago de Chile, Chile

UC Davis West Village, Davis, Calif.

Via Verde - The Green Way, New York, N.Y.

Mind Twisters

Crossword Puzzle B 240



- Across
- 2 Adhesive (5)

3 Important trait of president (10)

7 Make sense, with "up" (3)

8 Toni Morrison's "___ Baby" (3)

9 Hero's ____s (8)

10 A great deal (5)

11 Books of information (13)

15 Where ducks live (5)

17 Food and Drug ____ (14)

18 Animal house (3)

19 Boat propellers (4)

21 ____ Security Act (8)

22 Sermon basis (4)

24 Try, as a case (4)

26 Predictable (7)

28 Magellan, Columbus, e.g. (8)

31 Magicians are best at (9)
- 33 Doing nothing (4)

35 Courtroom event (5)

36 Battery contents (4)

37 "Comprende?" (3)

38 ___ roll (3)

39 Seen on sides of buses (13)
- Down
- 1 Used to determine intenal body temper-
ature (11)

2 Hail Mary, e.g. (4)

3 Affranchise (3)

4 Floral ____ (11)

5 Take pleasure in something (9)

6 Allotment (5)

7 "Hamlet" has five (4)

10 Duties (16)

12 Specific (11)
- 13 Not above (10)

14 Parent's parents (12)

16 ____ and demand (6)

19 Additional (5)

20 "Dear" one (3)

23 "... there is no ___ angel but Love":
Shakespeare (4)

25 Departed (7)

27 Presidential medal of honor (7)

29 "The possession of fools": Herodotus
(5)

30 Hooter (3)

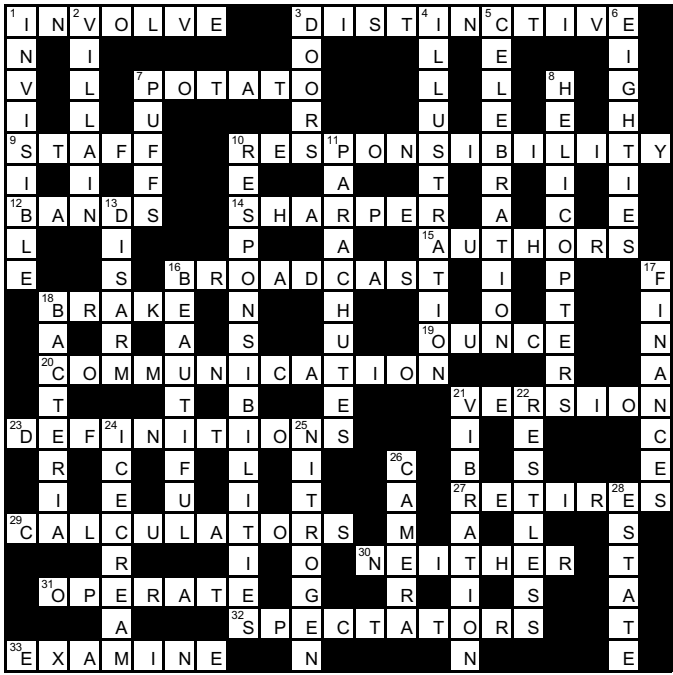
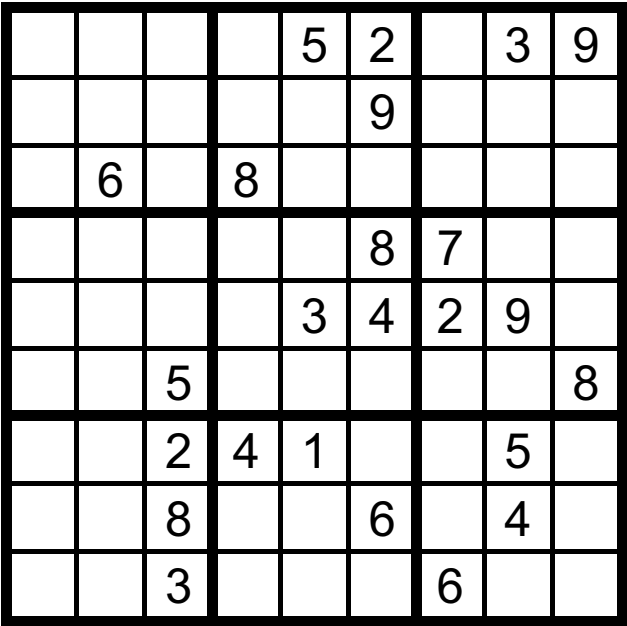
32 Any Time (5)

34 "That's ___" (4)

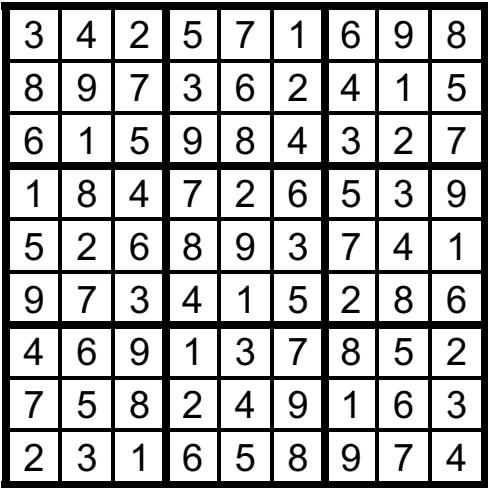
36 Amazon, e.g. (3)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 239



Tri-City Stargazer NOVEMBER 20 – NOVEMBER 26, 2013 BY VIVIAN CAROL

For All Signs: Mercury, ancient messenger god, is unusually busy throughout this week. This suggests that most of us will be preoccupied with communication of one form or another. There may be many

phone calls, messages, letters, quick conversations, rapid decisions, and/or papers to write. The period is favorable for probing into causes and finding the bottom line to any matter. Beware of the tendency

to jump to conclusions or acting before all the facts are clear. Remind yourself of how the old "gossip" game is played and don't take what you hear seriously unless it is verified.

Aries the Ram (March 21-April 20): There are circumstances over which you have no control related to the resources of other people, investments, inheritance issues, or concerns about those who are very ill. One or more of these issues may be distracting. Therefore your reflexes are not at their best right now. Use caution with tools, machinery, and driving.

Taurus the Bull (April 21-May 20): Your mood is positive but also business-like this week. You want to get things accomplished, particularly if you have a need to study or write something. Involvements with the Internet may prove worthwhile, so research whatever is needed. You may be mixing business and pleasure in a pleasant combination.

Gemini the Twins (May 21-June 20): This is a good time to get down to some serious organizing. You know what is in disarray, whether it is closets, files, drawers, or the basement. Now is the time to do it. Putting things in order is a good way to create order in our minds. It will help you recover from the recent Mercury retrograde.

Cancer the Crab (June 21-July 21): Early in the week your mood is steady and life flows pretty much in accordance with your plans and wishes. As the week moves toward the end you begin to anticipate something that you know will be fun and entertaining. This may include your children or a creative arts event.

Leo the Lion (July 22-Aug 22): You may be surprised to discover something about yourself or your money/debts that you have been avoiding. We are all in denial sometimes. Don't waste time on a guilt trip. Now that you know, it is time to face the facts and collect the threads of a solution. This is not a good time to have a sexual encounter with someone unknown to you.

Virgo the Virgin (August 23-September 22): There is quite a lot of activity in the area that includes siblings, roommates, car repair, and transportation challenges. A few other features include communications of all types, languages, teaching and/or learning. Everything seems like a priority. Take your time, breathe deeply, and trust that things will work out in their time.

Libra the Scales (September 23-October 22): This is a good time to consider your financial picture. Your mind is steady and less inclined to denial than it sometimes is. What factors do you really need to spend money on? What items are "wants" or those things that could be dispensed with until you feel more stable on the money front?

Scorpio the Scorpion (October 23-November 21): Circumstances in your life may be topsy-turvy right now. Perhaps you are moving or changing jobs. Maybe you are moving a roommate in or out of your home. Everything will require two or three tries before it is accomplished. Take a deep breath, calm yourself, and know the fray will soon be over.

Sagittarius the Archer (November 22-December 21): The sun returns "home" to your sign this week. You likely will find it to be energizing. Now is the time to focus on new plans for this next year of your life. Take a fresh look at where you want to direct your energy. Use this month to let go of old issues and take a deep breath of healing energy.

Capricorn the Goat (December 22-January 19): You are probably dealing with a fair amount of responsibility now. Even so, things flow smoothly and you are at relative peace with your world. This week is a good one for organizing a community group to accomplish some mutual goal. If you are not doing this, you are probably active in something akin to it.

Aquarius the Water Bearer (January 20-February 18): Those of you who are happy in your careers have been given increased responsibility this fall. These days the money doesn't always follow such increases. However, if you do the best job you can, it will follow in a year or so. If you are unemployed, now is

the time to use your energy to create something brand new.

Pisces the Fish (February 19-March 20): Developments in your career or life direction may cause you to feel ineffective this week. Don't allow this one experience to alter your sense of self-identity. You are an intuitive person who can almost always assist others to feel better. But you cannot accomplish this goal if the Other does not want to feel better.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



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OPINION



WILLIAM MARSHAK

Does the General Plan exist?

Irrespective of the concept of a thriving Irvington and following in the path of residential development encroaching more and more on retail districts, Irvington is faced with the prospect of a patchwork of retail, mortally choked by residential and other non-retail development. Following the example of “mixed use” along Grimmer Boulevard that resulted in one small and inefficient retail space, lost within hundreds of residential units, the concept of a lively, walkable area near a myriad of retail establishments continues to evaporate.

This passion for housing without concomitant support or attention to schools, shops, entertainment and other amenities is a road to nowhere. Fremont is ignoring its roots and, it appears, intent on creating a bland, faceless mass without retaining and expanding its character, so vital to a unique identity. The only excitement elicited from our public officials is confined to two “new” development areas, one at the Civic Center/Downtown and the other at Warm Springs BART.

How should the City treat unimaginative and failing shopping centers? So far, the attitude seems to be to let them die and replace with housing. Is this dynamic and innovative leadership? Even if current businesses have failed to keep up with the changing face of Fremont, is it a signal to simply give up and use every square foot of current retail space for housing? Other cities have revitalized their shopping districts with good transportation connections and support for new, thriving, innovative businesses. Why can't Fremont do this?

The current proposal presented to the Planning Commission for the Connolly property cites the General Plan in favor of “pruning back” existing retail space to

“...help sustain other retail centers in the City, provide opportunities for more intense housing and civic or group assembly uses while ensuring that residents continue to have convenient access to goods and services...” This becomes a form of NIMBY (Not In My Back Yard) for developers as they argue that it is okay for other retail establishments to compete and reenergize their business practices, but their own property should be allowed to convert to residential and make a quick buck even if it undermines the concept they advocate.

Horticulturists know that good pruning is designed to invigorate, not devastate. If done correctly, it is an exacting process that encourages strength and harmony. Although the effort may involve significant planning, education and extra thought about the desired result, the final product is worth it.

Are we going to be good gardeners or allow the weeds of economic vagary control our destiny? What do General Plans and Specific Plans really mean?

William Marshak
PUBLISHER

It's a good thing we don't have to write documents with ink and blotter anymore since sometimes the time between the approval of planning documents and requested modifications to them can be counted in what seems to be nanoseconds. I understand the concept of creating a “living document” that is flexible and malleable, but when a master plan such as a city's General Plan is completed, shouldn't it have considered factors that may influence its dictates within the first few months?

The concept of concentrated commercial nodes at Fremont historic districts, among other areas, separated by residential, industrial and other types of development, was explored when the City studied the Fremont Boulevard spine concept. It appears that an ad hoc and irregular adherence to this concept is taking hold as patches of commercial are disappearing, replaced by housing, child care and other non-retail environments.

Scattered among pre- and after-school businesses that have smothered shopping centers, owners of commercial property are scrambling to get in on goodies offered by residential developers. The latest in this grab for cash without regard to the health of retail counterparts is the Connolly property in Irvington.

Fracking report card

SUBMITTED BY WILL HARWOOD

Shareholder analysis of 24 companies finds energy producers – with BP, Exxon Mobil and Occidental at the bottom - failing to adequately report efforts to reduce environmental and community impacts.

The oil & gas production industry is consistently failing to report measurable reductions of its impacts on communities and the environment from hydraulic fracturing operations, according to a scorecard report released today by As You Sow, Boston Common Asset Management, Green Century Capital Management (Green Century), and the Investor Environmental Health Network (IEHN).

Available online at disclosingthefacts.org, the report, Disclosing the Facts: Transparency and Risk in Hydraulic Fracturing Operations, benchmarks 24 companies engaged in hydraulic fracturing against investor needs for disclosure of operational impacts and mitigation efforts.

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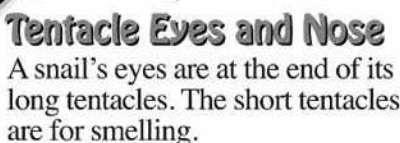
Software Engineer (Fremont, CA)

Lead a team focused on developing tool converting BI report built using any of business intelligence tools, to Oracle's OBIEE. Work with business & technical users to understand existing BI tool & various methodologies followed to create & maintain reports. Install & implement OBIEE, integrate it with Oracle Apps R12 & plug in the Fusion Upgrade Tool. Utilize knowledge of Java, SQL, PL/SQL, OBIEE, Oracle, XML, OAF, SAP Business Objects & OBIEE Admin tool. Supervise four individuals; One Senior Development Software Engineer, Two Development Software Engineer & One Senior Software Testing Engineer. Required: Bachelor's in Computer Science or Electronic & Communication Engineering + 24 months of experience in job offered or as Software Engineer or closely related. Knowledge of JAVA, SQL, PL/SQL, OBIEE, Oracle, XML, OAF, SAP Business Objects & OBIEE Admin tool. Resume to: J. Murugan, CEO, Dynasoft Synergy, Inc., 38930 Blacow Road, Suite B-I, Fremont, CA 94536



Kid Scoop digs up the dirt on snails.

Snails don't live just in gardens. They can also be found in ponds and even in the ocean. They are related to oysters, clams and even octopuses. They are part of the group of animals with soft bodies known as mollusks.



Snails slide along the flat part of their body, called the "foot." Snails make a trail of silvery slime. This helps them to slide up walls and even crawl upside down.

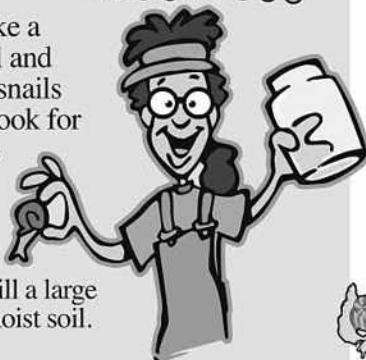
Snails breathe through a hole near their shell.

How many snails can you find on this page?

If the weather turns very cold or very dry, a snail pulls into its shell and waits for the cool, damp weather it loves. It fills up the opening of its shell with a mucus-like slime, that hardens into a snug door.

VACANCY

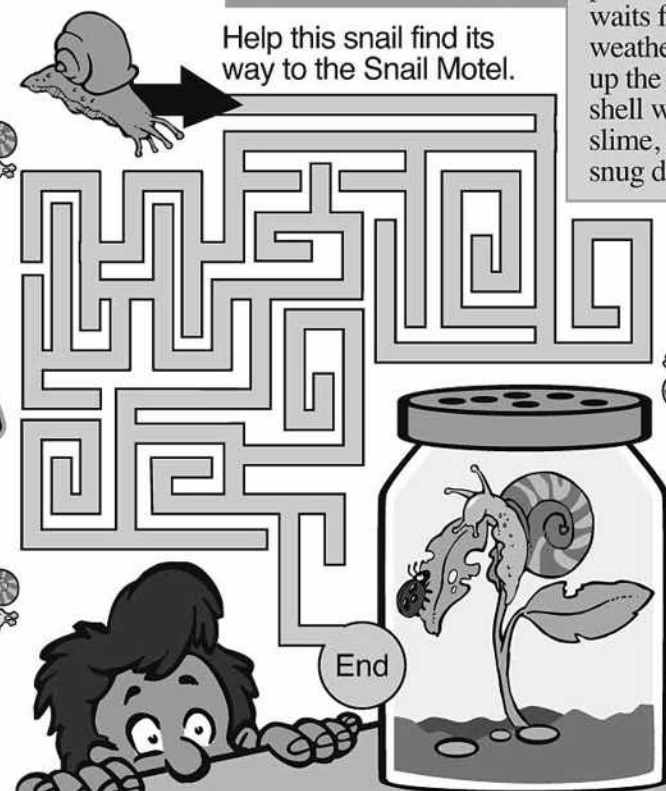
You can make a comfy motel and invite some snails for a visit. Look for snail visitors under rocks and leaves.



1. Partially fill a large jar with moist soil.
2. Add a piece of chalk, some leaves, grass, and chunks of bark.
3. Give the snails lettuce and cabbage leaves to eat.
4. Keep the jar covered with a piece of nylon stocking or window screen.
5. Keep the Snail Motel in a shady place.
6. Twice a week replace the old soil and food.

Standards Links: Reading Comprehension: Follow multiple-step written directions

Help this snail find its way to the Snail Motel.



The snail has a latin name that means "a belly-footed animal." Use the code to find out what this name is.

A = ● G = ◀ O = ■ S = +
D = ▲ H = ☾ P = ★ T = ⚡
F = ◼ N = ▼ R = ☾ U = ➤

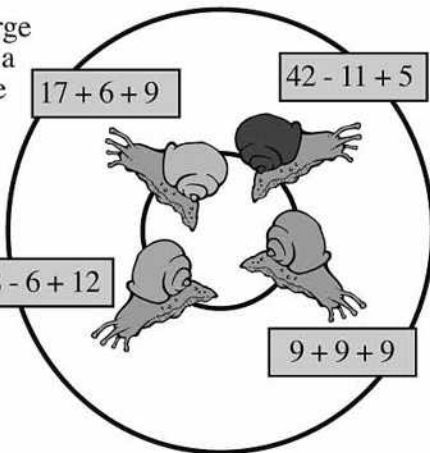


The Amazing Snail Race

Draw a circle on a large piece of paper. Draw a small circle inside the large circle. Put two snails or more in the small circle and watch to see which one slides out to the large circle first. 28 -

Do the math to see which snail will win the race. Highest number wins!

Standards Link: Math: Compute sums and differences.



Double Double Word Search

SNAILS
 TENTACLE
 OCEAN
 WINDOW
 SLIME
 CHALK
 WEATHER
 SMASH
 SHELL
 LETTUCE
 MOIST
 TRAIL
 MOTEL
 SCREEN
 CHUNKS

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

C H U N K S T W I T
E S D S C R E E N S
C A T H A E L A E I
U M W I M C S T N O
T S L I A N S H C M
T A L T N H I E H L
E S N E E D A R A L
L E L L S N O W L S
T I L E T O M W K E

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

www.kidscoop.com

Study the ads in today's newspaper. Rewrite one to sell snails. Include three opinions and three facts. Use this page to gather snail facts.

Standards Link: Reading Comprehension: Understand fact and opinion; Writing Applications: Revise writing; Write brief descriptions.

It's as slow as a snail, but you can never catch it. What is it?



ANSWER: Your shadow.

*I built my
house of ...*

Finish this sentence and then write five details about your home.

Do you like to write about interesting topics? Are you a whiz with words and like to share your thoughts with others? Can you find something fascinating about lots of things around you?

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Are you a writer?

SPORTS

Cal State East Bay Report

Basketball

SUBMITTED BY
STEVE CONNOLLY

Men
November 15
CSUEB 82, Fresno Pacific 77

The Cal State East Bay men's basketball team notched its first victory of 2013-14 with a hard-fought 82-77 win over Fresno Pacific (1-2) at the 13th annual Ron Logsdon Classic, hosted by Sonoma State. Jacari Whitfield set a career high with 24 points to lead the Pioneers (1-2). Gabe Kindred set a school record, going 11-for-11 at the free throw line as Gus Argenal picked up his first win as a head coach.

Women
November 16
CSUEB 90, Dominican 51

Five different Pioneers scored in double figures as Cal State East Bay routed Dominican 90-51 during day one action of the PacWest/CCAA Challenge at Kezar Pavilion on Saturday, November 16. Brianna Terrance poured in a career-high 20 points and Tori Breshers came off the bench to record her first career double-double in the team's first win of the season.

November 17
Pioneers Sweep Weekend with
Second Half Surge

Cal State East Bay was the victor in both of its CCAA/PacWest Challenge games over the weekend after taking down host Academy of Art, 91-83 on Sunday. Stephanie Lopez scored a season-high 21 points and gave the Pioneers an early second half lead they would not relinquish.

One night after scoring 90 points for the first time during the tenure of current East Bay Head Coach Suzy Barcomb, the Pioneers did one better by putting up 91 against the Urban Knights (2-2). Lopez led a group of four Pioneers to score in double figures, to go along with five rebounds, four assists, and a pair of steals.

"Steph (Lopez) played a terrific game. She directed the team well, took great shots, and when needed she made the correct pass to the open player," praised Barcomb.

For the second straight game senior Sarah Finlay shot 7-for-9 from the field and scored 17 points. She was named to the PacWest/CCAA Challenge All-Tournament Team. Finlay finished the weekend shooting 14-of-18 from the field, 5-of-7 from three, averaging 6.5 re-

bounds, 2.5 assists, and a steal in two games.

"Sarah had another great night shooting the ball," said Barcomb. "As a team we shared the ball very well and our shot selections were great."

Rachel Finnegan contributed season-highs of six assists and three steals, and equaled her best effort of the year with eight points going 3-for-3 from the field. Danielle Peacon finished with 13 points in only 18 minutes. Brianna Terrance scored 15 points on the heels of her career-best 20-point effort on Saturday.

"This was a good weekend for us as we continue to build upon our strengths and improve upon our weaknesses," said Barcomb. "Academy (of Art) is a great and are relentless with the 3-ball. I was proud of how our defense regrouped in the second half... That was the difference in the game."

The Urban Knights held a slim 50-46 halftime lead in large part to a 9-for-18 shooting performance from beyond the arc. The Pioneers held the tournament hosts to just a 4-for-14 effort from downtown in the second half as Coach Barcomb earned her first win over Academy of Art in four tries.

Huskies out of post-season play; James Logan and Milpitas face stiff competition



SUBMITTED BY MIKE HEIGHTCHEW
PHOTOS BY MIKE HEIGHTCHEW

The season came an end for the Washington Huskies when Las Lomas Knight Zack Fulks made two good moves and took the ball 10 yards into the end zone to win in overtime, 29-23. Husky resolve was put to the test as they found themselves down by 14 points in the first quarter. They fought back when Huskies Quarterback Tylan Vinson, at his own 14 yard line, found daylight in the Knight's defensive line and marched the ball to Knights 48 yard line. With just 3:39 left in the quarter, Vinson threw a great pass to Nate Woudstra in the End Zone to keep the Huskies just one touchdown back.

In the second quarter, Vinson went to work, moving the Huskies in the right direction. He found Woudstra for a 7-yard pass to score to keep the Huskies close. Vinson moved out of the pocket and followed one his blockers though the line for a 28-yard score to tie the game, 23-23.

The end came when Las Lomas' Henry Brunner blocked a 20-yard field goal attempt, recovered by Jake Reist that set up the touchdown run by Zack Fulks. This was a game that could have either way; the Huskies were never out of it

Post Season play continues as James Logan's Colts defeated the Brentwood Liberty Lions 14-7 and advanced to meet the Deer Valley Wolverines in a quarterfinal match. Milpitas' Trojans face the Homestead Mustangs in Central Coast Section play.

Other Scores:
Concord 50, Newark 25
Pittsburgh 47, Irvington 13
Montgomery 27, American 0
Piedmont 54, Moreau Catholic 50

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Women's Volleyball Ohlone Report

SUBMITTED BY
JEREMY PENAFLO

Ohlone College vs. Foothill
College
November 15, 2013

Foothill defeats Ohlone, 3-0
(25-9, 25-17, 25-14)

SUBMITTED BY JANE BACHMANN

The 2014 DuPont Challenge Science Essay Competition is now accepting entries. In its 28th consecutive year, the DuPont Challenge essay contest encourages students to consider how science and innovation can be used to meet the needs of the 21st century for food, energy and protection.

"Education is at the core of strong communities everywhere. A strong foundation in STEM (science, technology, engineering, and mathematics) encourages students to think critically about how scientific discovery, innovation, and invention can be used to meet the

needs of our society," said Benito Cachinero-Sánchez, senior vice president of DuPont Human Resources.

Students should address one of the four following categories in a 700-1,000-word essay:

Together, we can feed the world. Together, we can build a secure energy future. Together, we can protect people and the environment. Together, we can be innovative anywhere.

Essays are evaluated in two divisions: Junior Division (grades 7, 8, and 9) and Senior Division (grades 10, 11, and 12). The DuPont Challenge offers more than \$100,000 in prizes and awards. The top three winners in each division, plus a parent and their sponsoring teacher,

receive an expenses-paid trip to the Walt Disney World® Resort and an exclusive tour of the Kennedy Space Center in Orlando. In addition, winning students will receive a savings bond and sponsoring teachers will receive grants. All winners receive digital reference materials from Britannica Digital Learning and the NBC Learn Science Collection for both their personal use and for their entire school.

All students in grades 7-12 across the United States, Canada, and U.S. territories may submit their essay entries now through January 31, 2014.

For more information, including official rules, entry form and details on awards, visit: thechallenge.dupont.com.

DuPont Challenge

Moreau says good-bye to athletic field; welcomes new sports complex

SUBMITTED BY LAUREL SKURKO

On an historic night for the city of Hayward and Moreau Catholic High School, community members of all ages gathered to experience a final Homecoming night at the Moreau Catholic High School football field. Friday, October 25, 2013 was an opportunity for students, alumni, friends, families and neighbors to reminisce while celebrating the football players and cheer squad team with their athleticism, sportsmanship and team spirit.

This sense of spirit infused the entire evening. About 1000 Moreau Catholic High School ("Mariner") fans joined the festivities. Their ranks included about 400 alumni and their family members, in addition to other supporters, such as Moreau Catholic applicants and Moreau donors. The Junior Varsity team was victorious in their game and remain undefeated. The Varsity football team, 52 members strong, battled a very tough Irvington team but lost 30-14.

In celebration of the ongoing success of the Campaign for Champions, Moreau Catholic President Terry Lee hosted more than 70 donors and friends at a pre-game wine and cheese reception. The Campaign for Champions has raised over \$3,000,000 towards its \$5,000,000 goal to support the construction of its new Athletics and Student Activities Complex, to be unveiled next fall.

One of Moreau Catholic's first football coaches, Dave Favro, attended the game, along with some of his original players. Also, from the Class of 1983, Stacey (Springer) Blackard, former cheer squad member, attended the game. She generously loaned her original cheer uniform to a member of our current rally squad to wear during the game. Stacey was proud to see her uniform being used to cheer on the Mariners again. Rick Maya '90, the Superintendent and Director of Catholic Education for the Sacramento Diocese attended, along with his son, who wore his dad's old Moreau Catholic jersey. Beechwood



School of Menlo Park, sent its cheer squad to celebrate the Mariner Homecoming.

Those interested in learning more about the Campaign for Champions

and/or starting a conversation with Moreau Catholic High School about shared values, please visit www.moreau-catholic.org.

'The Running Dead' Fun Run

SUBMITTED BY RICK LAFORCE

Union City Leisure Services coordinated a 5K/ 10K Fun Run on Sunday, November 3, 2013. The Fun Run was named "The Running Dead" because it had a Zombie theme for the Halloween season.

Participants had the choice to enter the Zombie Challenge



where each runner wore flags at the side of their hips, or the regular 5K/10K. Zombies along the fun run route were placed there to grab the flags from the runners. Union City high school students from the James Logan

Interact Club, Leo Club, and the Union City Youth Commission volunteered as the Zombies. Participants that came back with both flags at the side of their hips received a Diabetes Awareness Bracelet.



Union City Leisure Services teamed up with American Diabetes Association. Monies collected from the Zombie Challenge will be donated to the American Diabetes Association. 154 runners participated in "The

Running Dead" fun run. Over 50% did the Zombie Challenge. Union City Leisure Services will be donating over \$350 to the American Diabetes Association.

Championship Saturday

SUBMITTED BY MIKE HEIGHTCHEW
PHOTOS BY MIKE HEIGHTCHEW

Fremont Football League's regular season came to an end Saturday, November 16, 2013.

Following an exciting year, the American Division Vikings ended with a prefect season at 10-0, with a dominating defensive performance all year, shutting down the rest of the Division. In the championship game, the Bears rose to the challenge, but could not overcome the plethora of Viking weapons. Final score: Vikings 34, Bears 22.

In the Continental Division, the Colts beat the Chiefs 34-14 as they have controlled the Division with basic fundamental football and great line play. Taking charge early in the game, The Colts never look back as their defense contained the Chiefs with good plays when they needed them.

The National Division championship provided the most exciting game of the day as the Falcons appeared to be well on their way to claim the title as they jumped out to 20-point lead, but the Bills put on the defensive game of the year as they shut down the Falcon offense in the second half, and finding an offensive groove, running up 22 points and winning 22-20.



Mission San Jose Cross Country wins two races at league finals

SUBMITTED BY JOHN HOTCHKISS



The Mission San Jose Cross Country team won two of the five races at the Mission Valley Athletic League finals at Coyote Hills Park on 11/14. The first place teams for Mission included the Girls Varsity and the Girls Junior Varsity. All five Mission teams ran faster in 2013 than in 2012.

The Mission Boys Varsity team improved to third place this year after finishing in fifth place the previous year. The Mission Boys Junior Varsity finished in second place and the Boys Frosh/Soph team finished in third place.

Mission dominated the dual meet portion of the season leading up to League Finals. For the Varsity teams, the next event is the North Coast Section Meet on Noviem 23rd at Hayward High School.

PUBLIC NOTICES

CIVIL

CITACION DE COMPARECENCIA REFERENTE AL TEMA DE LA GUERDA DE LA CUSTODIA Y EL CONTROL PARENTAL

CASO NUMERO: A59215
Referente a YULISA MIA TORRES MACIAS
Fecha de nacimiento 28/06/2009 Menor de edad A: HECTOR VEGA

Por la presente queda usted notificado que debe comparecer ante el Tribunal Superior del Estado de California, Condado de San Diego, en el Departamento Uno del TRIBUNAL SUPERIOR DE CALIFORNIA, CONDADO DE SAN DIEGO, División Central, Tribunal de Menores, 2851 Meadow Road, San Diego, Condado de San Diego, CA 92123 EL DIA 13 DE DICIEMBRE DEL 2013, A LAS 9:00 DE LA MAÑANA, para mostrar causa, si la tuviera, de por qué no habría que declarar la liberación de la custodia y el control parental de la menor YULISA MIA TORRES MACIAS ("para el propósito de la colocación para adopción) tal y como pide la solicitud. Usted queda notificado que si uno de los padres o ambos están presentes a la hora y en el lugar arriba indicados, el juez leerá la solicitud y, si se pide, podrá explicar el efecto que surtirá la aprobación de tal solicitud y, si se le pide, el juez explicará cualquier término o afirmación al contenido y la naturaleza del proceso, sus procedimientos y posibles consecuencias y podrá dar continuación al asunto durante no más de 30 días para permitir el nombramiento de abogados o para dar al abogado tiempo para prepararse.

Es posible que el tribunal nombre a un abogado para representar a la menor puebe o no la menor asumir el costo de un abogado. Si comparece uno de los padres y no tiene condiciones de pago a un abogado, el tribunal nombrará a un abogado para que represente a cada padre que comparezca al menos que se renuncie con conocimiento e inteligentemente a tal representación. Si usted desea buscar el consejo de un abogado referente a este asunto, deberá hacerlo pronto para que se entregue al tribunal su declaración, si la tuviera, a tiempo.

Fecha: 11 DE SEPTIEMBRE DEL 2013
por K CHHAY, Delegado,
Secretario del Tribunal Superior
11/19, 11/26, 12/3, 12/10/13

CNS-2557240#

SUMMONS (Family Law)
CITACION (Derecho familiar)

CASE NUMBER (NUMERO DE CASO):
HF13687157

NOTICE TO RESPONDENT (Name) AVISO AL DEMANDADO (Nombre): Gurmeet Singh
You are being sued. Lo están demandando.
Petitioner's name is Nombre del demandante: Heidi Marie Singh
You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120 or FL-123) at the court and have a copy served on the petitioner. A letter or phone call will not protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form.

If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services Web site (www.lawhelpcalifornia.org), or by contacting your local county bar association.

Tiene 30 días corridos después de haber recibido la entrega legal de esta Citación y Petición para presentar una Respuesta (formulario FL-120 ó FL-123) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica no basta para protegerlo.

Si no presenta su Respuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales. Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas.

Si desea obtener asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar a un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en el sitio Web de los Servicios Legales de California (www.lawhelpcalifornia.org) o poniéndose en contacto con el colegio de abogados de su condado.

NOTICE: The restraining orders on page 2 are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: Las órdenes de restricción que figuran en la página 2 valen para ambos cónyuges o pareja de hecho hasta que se despidia la petición, se emita un fallo o la corte dé otras órdenes. Cualquier autoridad de la ley que haya recibido o visto una copia de estas órdenes puede hacerlas acatar en cualquier lugar de California.

NOTE: If a judgment or support order is entered, the court may order you to pay all or part of the fees and costs that the court waived for yourself or for the other party. If this happens, the party ordered to pay fees shall be given notice and an opportunity to request a hearing to set aside the order to pay waived court fees.

AVISO: Si se emite un fallo u orden de manutención, la corte puede ordenar que usted pague parte de, o todas las cuotas y costos de la corte previamente exentas a petición de usted o de la otra parte. Si esto ocurre, la parte ordenada a pagar estas cuotas debe recibir aviso y la oportunidad de solicitar una audiencia para anular la orden de pagar las cuotas exentas.

1. The name and address of the court are (El nombre y dirección de la corte son): Superior Court of California, 24405 Amador Street, Hayward, CA 94544

2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): In Pro Per, Heidi Marie Singh, 1327 Navy Street, San Leandro, CA 94577

Date (Fecha): Jul 5, 2013
LEAH T. WILSON, Executive Officer/Clerk, by (Secretario, por) Patsy Smith, Deputy (Asistente) (SEAL)

NOTICE TO THE PERSON SERVED: You are served AVISO A LA PERSONA QUE RECIBIO LA ENTREGA: Esta entrega se realiza as an individual. (a usted como individuo.)

10/29, 11/5, 11/12, 12/10/13

CNS-2556752#

SUMMONS (Family Law)
CITACION (Derecho familiar)

CASE NUMBER (NUMERO DE CASO):
HF13690898

NOTICE TO RESPONDENT (Name) AVISO AL DEMANDADO (Nombre): Sharon Stone
You are being sued. Lo están demandando.
Petitioner's name is Nombre del demandante: William Stone
You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120 or FL-123) at the court and have a copy served on the petitioner. A letter or phone call will not protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form.

If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services Web site (www.lawhelpcalifornia.org), or by contacting your local county bar association.

Tiene 30 días corridos después de haber recibido la entrega legal de esta Citación y Petición para presentar una Respuesta (formulario FL-120 ó FL-123) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica no basta para protegerlo.

Si no presenta su Respuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales. Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas.

Si desea obtener asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar a un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en el sitio Web de los Servicios Legales de California (www.lawhelpcalifornia.org) o poniéndose en contacto con el colegio de abogados de su condado.

NOTICE: The restraining orders on page 2 are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: Las órdenes de restricción que figuran en la página 2 valen para ambos cónyuges o pareja de hecho hasta que se despidia la petición, se emita un fallo o la corte dé otras órdenes. Cualquier autoridad de la ley que haya recibido o visto una copia de estas órdenes puede hacerlas acatar en cualquier lugar de California.

NOTE: If a judgment or support order is entered, the court may order you to pay all or part of the fees and costs that the court waived for yourself or for the other party. If this happens, the party ordered to pay fees shall be given notice and an opportunity to request a hearing to set aside the order to pay waived court fees.

AVISO: Si se emite un fallo u orden de manutención, la corte puede ordenar que usted pague parte de, o todas las cuotas y costos de la corte previamente exentas a petición de usted o de la otra parte. Si esto ocurre, la parte ordenada a pagar estas cuotas debe recibir aviso y la oportunidad de solicitar una audiencia para anular la orden de pagar las cuotas exentas.

acatar en cualquier lugar de California.

NOTE: If a judgment or support order is entered, the court may order you to pay all or part of the fees and costs that the court waived for yourself or for the other party. If this happens, the party ordered to pay fees shall be given notice and an opportunity to request a hearing to set aside the order to pay waived court fees.

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aviso y la oportunidad de solicitar una audiencia para anular la orden de pagar las cuotas exentas.

1. The name and address of the court are (El nombre y dirección de la corte son): Superior Court, County of Alameda, 24405 Amador Street, Hayward, CA 94544

2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): Philip Sarmiento, Esq., 1320 Decoto Road, Suite 140, Union City, CA 95487, Tel: (510) 258-8091

Date (Fecha): Aug 7, 2013
LEAH T. WILSON Executive Officer/ Clerk, by (Secretario, por) ALEX KOSENKO, JR., Deputy (Asistente) (SEAL)

NOTICE TO THE PERSON SERVED: You are served AVISO A LA PERSONA QUE RECIBIO LA ENTREGA: Esta entrega se realiza as an individual. (a usted como individuo.)

11/12, 11/19, 11/26, 12/3/13

CNS-2555370#

SUMMONS (Family Law)
CITACION (Derecho familiar)

CASE NUMBER (NUMERO DE CASO):
HF13687157

NOTICE TO RESPONDENT (Name) AVISO AL DEMANDADO (Nombre): SAI ON NG
You are being sued. Lo están demandando.
Petitioner's name is Nombre del demandante: SUE FEN DEBBY WU

You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120 or FL-123) at the court and have a copy served on the petitioner. A letter or phone call will not protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form.

If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services Web site (www.lawhelpcalifornia.org), or by contacting your local county bar association.

Tiene 30 días corridos después de haber recibido la entrega legal de esta Citación y Petición para presentar una Respuesta (formulario FL-120 ó FL-123) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica no basta para protegerlo.

Si no presenta su Respuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales. Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas.

Si desea obtener asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar a un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en el sitio Web de los Servicios Legales de California (www.lawhelpcalifornia.org) o poniéndose en contacto con el colegio de abogados de su condado.

NOTICE: The restraining orders on page 2 are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: Las órdenes de restricción que figuran en la página 2 valen para ambos cónyuges o pareja de hecho hasta que se despidia la petición, se emita un fallo o la corte dé otras órdenes. Cualquier autoridad de la ley que haya recibido o visto una copia de estas órdenes puede hacerlas acatar en cualquier lugar de California.

NOTE: If a judgment or support order is entered, the court may order you to pay all or part of the fees and costs that the court waived for yourself or for the other party. If this happens, the party ordered to pay fees shall be given notice and an opportunity to request a hearing to set aside the order to pay waived court fees.

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aviso y la oportunidad de solicitar una audiencia para anular la orden de pagar las cuotas exentas.

1. The name and address of the court are (El nombre y dirección de la corte son):SUPERIOR COURT of Alameda, Fremont 39439 Paseo Padre PKWY, Fremont, CA 94538

2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): SUE FEN DEBBY WU, 7325 Parkway Circle #B, Dublin, CA 94568, Tel: 408-298-8336

Date (Fecha): Jul 5, 2013
LEAH T. WILSON, Exetutive Officer/Clerk, by (Secretario, por) GRACIELA PACHECO, Deputy (Asistente) (SEAL)

NOTICE TO THE PERSON SERVED: You are served AVISO A LA PERSONA QUE RECIBIO LA ENTREGA: Esta entrega se realiza as an individual. (a usted como individuo.)

10/29, 11/5, 11/12, 11/19/13

CNS-2550687#

SUMMONS (Family Law)
CITACION (Derecho familiar)

CASE NUMBER (NUMERO DE CASO):
HF13697046

NOTICE TO RESPONDENT (Name) AVISO AL DEMANDADO (Nombre): Naven K Kaur
You are being sued. Lo están demandando.
Petitioner's name is Nombre del demandante: Premila D. Prasadi

You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120 or FL-123) at the court and have a copy served on the petitioner. A letter or phone call will not protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form.

If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services Web site (www.lawhelpcalifornia.org), or by contacting your local county bar association.

Tiene 30 días corridos después de haber recibido la entrega legal de esta Citación y Petición para presentar una Respuesta (formulario FL-120 ó FL-123) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica no basta para protegerlo.

Si no presenta su Respuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales. Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas.

Si desea obtener asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar a un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en el sitio Web de los Servicios Legales de California (www.lawhelpcalifornia.org) o poniéndose en contacto con el colegio de abogados de su condado.

NOTICE: The restraining orders on page 2 are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

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aviso y la oportunidad de solicitar una audiencia para anular la orden de pagar las cuotas exentas.

1. The name and address of the court are (El nombre y dirección de la corte son): Superior Court of California, 24405 Amador Street, Hayward, CA 94544

2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): Petitioner In Pro Per, Premila D. Prasadi, 3538 Altamira Terrace, Fremont, CA 94536. 510-673-7498

Date (Fecha): Sep. 26, 2013
LEAH T. WILSON, Executive Officer/Clerk, by (Secretario, por) Illegible, Deputy (Asistente) (SEAL)

NOTICE TO THE PERSON SERVED: You are served AVISO A LA PERSONA QUE RECIBIO LA ENTREGA: Esta entrega se realiza as an individual. (a usted como individuo.)

10/29, 11/5, 11/12, 11/19/13

CNS-2550682#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 484986

The following person(s) is (are) doing business as:
Silicon Valley Education Association, 4861 Ridgewood Dr., Fremont, CA 94555, County of Alameda

Shamin Mo, 4861 Ridgewood Dr., Fremont, CA 94555
This business is conducted by an individual

The registrant(s) commenced to transact business under the fictitious business name or names listed above on 11/8/2013

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

/s/ Shamin Mo
This statement was filed with the County Clerk of Alameda County on November 14, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

11/19, 11/26, 12/3, 12/10/13

CNS-2558921#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 484632

The following person(s) is (are) doing business as:
OK Noodle House, 5492 Central Ave., Newark, CA 94560, County of Alameda.

Yuan Jun Xin, 1884 Anne Marie Ct., San Jose, CA 95132
Qi Chang Liu, 38863 Fremont Blvd. Apt. 47, Fremont, CA 94538.

The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

/s/ Yuan Jun Xin
Qi Chang Liu
This statement was filed with the County Clerk of Alameda County on November 1, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

11/12, 11/19, 11/26, 12/3/13

CNS-2555175#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 484382

The following person(s) is (are) doing business as:
Kim Sandwiches, 34587 Alvarado Niles Rd., Union City, CA 94587, County of Alameda

Hoang Kim Huynh, 5049 Hyde Park Dr., Fremont, CA 94538

The registrant(s) commenced to transact business under the fictitious business name or names listed above on 10-24-13.

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

/s/ Huynh K. Hoang, Owner
This statement was filed with the County Clerk of Alameda County on October 25, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

11/5, 11/12, 11/19, 11/26/13

CNS-2553117#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 483894

The following person(s) is (are) doing business as:
Kim Sandwiches, 34587 Alvarado Niles Rd., Union City, CA 94587, County of Alameda

Kim Sandwiches Inc., 5049 Hyde Park Dr., Fremont, CA 94538; California

This business is conducted by a Corporation.

The registrant(s) commenced to transact business under the fictitious business name or names listed above on 10/17/2013.

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

/s/ Huynh K. Hoang, President
This statement was filed with the County Clerk of Alameda County on October 17, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

11/5, 11/12, 11/19, 11/26/13

CNS-2553110#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 483894

The following person(s) is (are) doing business as:
Kim Sandwiches, 34587 Alvarado Niles Rd., Union City, CA 94587, County of Alameda

Kim Sandwiches Inc., 5049 Hyde Park Dr., Fremont, CA 94538; California

This business is conducted by a Corporation.

The registrant(s) commenced to transact business under the fictitious business name or names listed above on April 1, 2013.

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

/s/ Angel Reena Precious T, Manager, Business Development
This statement was filed with the County Clerk of Alameda County on October 7, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

11/5, 11/12, 11/19, 11/26/13

CNS-2549392#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 483376

The following person(s) is (are) doing business as:
OFS Food & Services, 3281 Seldon Ct., Fremont, CA 94539, County of Alameda.

HGL Kitchen Inc., CA, 3281 Seldon Ct., Fremont, CA 94539

This business is conducted by a Corporation.

The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

/s/ Guo Piao Xiao, President
This statement was filed with the County Clerk of Alameda County on October 2, 2013.

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Fremont City Council

November 12, 2013

Consent:

Approve task orders of Joint Powers Agreement with Fremont Unified School District for mental health services, case management, parenting support services and recreation programming services.

Approve contract with Alameda County Behavioral Health Care Services for adolescent alcohol and drug intervention and treatment services.

Approve agreement with Alameda County to support youth and family opportunity programs.

Ceremonial Items:

Recognize One Book, One Community efforts of American Association of University Women in collaboration with City of Fremont, Fremont Library and Fremont Unified School District. The featured book is “Half the Sky: Turning Oppression into Opportunity for Women Worldwide”

Recognize Make a Difference Day Volunteers

Mayor Bill Harrison	Aye
Vice Mayor Anu Natarajan	Absent
Suzanne Lee Chan	Aye
Vinnie Bacon	Aye
Raj Salwan	Aye

Union City City Council Meeting

November 12, 2013

Consent:

Adopt ordinances to conform to 2013 editions of California building and fire codes.

Adopt resolution of single use bag phase-out.

Award contract for Union City Civic Center Administration Building Seismic Retrofit phase 3 to TPA Construction, Inc.

Approve classification description and pay rate for police officer trainee.

Approve appropriation of grant funds for Decoto Road Bridge over Alameda Creek seismic retrofit project in the amount of \$5,445,038.

City Manager Report:

Authorize City Manager to send letter to Capitol Corridor Joint Powers Authority requesting that scope of work for the Oakland to San José Double Track—Phase II project be expanded to include sites more conducive to East Bay residents.

4 Aye, 1 Absent (Ellis)

Mayor Carol Dutra-Vernaci
2 Aye, 1 Nay
Vice Mayor Emily Duncan
2 Aye, 1 Nay
Councilmember Lorrin Ellis
2 Aye, 1 absent, via teleconferencing
Councilmember Pat Gacoscos
Aye
Councilmember Jim Navarro
Aye

Newark City Council

November 14, 2013

Public Hearings:

Approve amending Newark Municipal Codes to conform to State codes that are updated every three years. Six codes approved with amendments; four codes without amendment.

Consent:

Amend probationary period of Police Sergeant classification.

Accept Comprehensive Annual Financial Report.

Amend contract with CalPERS for cost haring of employer benefit costs.

Removed from Consent by Collazo:

Accept work of Beals Martin and Associates for repair of natatorium ceiling

at Silliman. How long work guaranteed? 1 year; When was previous problem discovered? Almost immediately.

Non-Consent:

Approve proposal and award to 3M Corporation for replacement of automatic license plate recognition system in three patrol vehicles.

Oral Communications:

Concern about cars for sale parked on Thornton Avenue near Pavilion, creating a safety hazard.

Mayor Alan Nagy	Aye
Vice Mayor Ana Apodaca	Aye
Luis Freitas	Aye
Maria “Sucy” Collazo	Aye
Robert Marshall	Aye

Hayward City Council

November 12, 2013

Work Session:

Council priorities for FY 2015-16

Community-wide and municipal energy efforts to improve efficiency

Impact of Patient Protection and Affordable Care Act to City of Hayward

Consent: – held by Halliday

Authorize nine year ground lease agreement with Meridian Aviation, Inc. for land parcel at Hayward Executive Airport

Public Hearing:

Regarding City Council action of proposed revisions of alcoholic beverage outlet regulations; cabarets and dances including enforcement and fees and fines. Review in one year. 6 Aye, 1 Nay (Zermano)

Mayor Michael Sweeney	Aye
Barbara Halliday	Aye
Greg Jones	Aye
Al Mendall	Aye
Marvin Peixoto	Aye
Mark Salinas	Aye
Francisco Zermeno	Aye, 1 Nay

continued from page 32

PUBLIC NOTICES

The above entitled ordinance was adopted by the City Council on November 12, 2013. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance, as it was read and adopted on November 12, 2013, is available on the City's website at: <http://if2.unioncity.org/weblink8/0/fol/112/Row1.aspx>. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail.

PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on November 12, 2013, by the following vote:

AYES: Councilmembers Ellis, Gacoscos, and Navarro, Vice Mayor Duncan, Mayor Dutra-Vernaci
NOES: None
ABSENT: None
ABSTAIN: None

APPROVED:
/s/ Carol Dutra-Vernaci
CAROL DUTRA-VERNACI, Mayor

ATTEST:
/s/ Renee Elliott
RENEE ELLIOTT, City Clerk

APPROVED AS TO FORM:
/s/ Benjamin T. Reyes II
BENJAMIN T. REYES II, City Attorney
11/19/13

CNS-2558334#

ORDINANCE NO. 786-13

AN ORDINANCE ESTABLISHING A DANGEROUS BUILDING ABATEMENT CODE FOR THE CITY OF UNION CITY, ESTABLISHING REQUIREMENTS FOR THE REPAIR OR ABATEMENT OF BUILDINGS DETERMINED TO BE SUBSTANDARD AND A DANGER TO THE HEALTH AND SAFETY OF RESIDENTS OF UNION CITY, PRESCRIBING PENALTIES AND THE PROCEDURE FOR THE REPAIR OR ABATEMENT OF SAME, BY THE AMENDMENT OF CHAPTER 15.56 OF THE UNION CITY MUNICIPAL CODE. THIS ORDINANCE REPEALS ORDINANCE NO. 749-10 AND ALL OTHER ORDINANCES OR PARTS OF ORDINANCES IN CONFLICT HERewith

The above entitled ordinance was adopted by the City Council on November 12, 2013. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance, as it was read and adopted on November 12, 2013, is available on the City's website at: <http://if2.unioncity.org/weblink8/0/fol/112/Row1.aspx>. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail.

PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on November 12, 2013, by the following vote:

AYES: Councilmembers Ellis, Gacoscos, and Navarro, Vice Mayor Duncan, Mayor Dutra-Vernaci
NOES: None
ABSENT: None
ABSTAIN: None

APPROVED:
/s/ Carol Dutra-Vernaci
CAROL DUTRA-VERNACI, Mayor

ATTEST:
/s/ Renee Elliott
RENEE ELLIOTT, City Clerk

APPROVED AS TO FORM:
/s/ Benjamin T. Reyes II
BENJAMIN T. REYES II, City Attorney
11/19/13

CNS-2558333#

ORDINANCE NO. 785-13

AN ORDINANCE ESTABLISHING A HOUSING CODE FOR THE CITY OF UNION CITY ESTABLISHING MINIMUM SPACE AND OCCUPANCY STANDARDS, STRUCTURAL REQUIREMENTS, MECHANICAL REQUIREMENTS, EXITS, FIRE PROTECTION AND OTHER REQUIREMENTS FOR RESIDENTIAL BUILDINGS; REGULATING THE USE AND OCCUPANCY OF RESIDENTIAL

BUILDINGS; PROVIDING FOR THE REPAIR, REHABILITATION, OR DEMOLITION OF SUBSTANDARD RESIDENTIAL BUILDINGS; AND PRESCRIBING PENALTIES FOR THE VIOLATION OF SAID HOUSING CODE BY THE AMENDMENT OF CHAPTER 15.60 OF THE UNION CITY MUNICIPAL CODE; THIS ORDINANCE REPEALS ORDINANCE NO. 748-10 AS AMENDED, AND ALL OTHER ORDINANCES OR PARTS OF ORDINANCES IN CONFLICT HERewith

The above entitled ordinance was adopted by the City Council on November 12, 2013. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance, as it was read and adopted on November 12, 2013, is available on the City's website at: <http://if2.unioncity.org/weblink8/0/fol/112/Row1.aspx>. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail.

PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on November 12, 2013, by the following vote:

AYES: Councilmembers Ellis, Gacoscos, and Navarro, Vice Mayor Duncan, Mayor Dutra-Vernaci
NOES: None
ABSENT: None
ABSTAIN: None

APPROVED:
/s/ Carol Dutra-Vernaci
CAROL DUTRA-VERNACI, Mayor

ATTEST:
/s/ Renee Elliott
RENEE ELLIOTT, City Clerk

APPROVED AS TO FORM:
/s/ Benjamin T. Reyes II
BENJAMIN T. REYES II, City Attorney
11/19/13

CNS-2558327#

ORDINANCE NO. 784-13

AN ORDINANCE OF THE CITY OF UNION CITY, CALIFORNIA, AMENDING THE 2013 CALIFORNIA FIRE CODE AND ADOPTING THE INTERNATIONAL FIRE CODE, 2012 EDITIONS, PRESCRIBING REGULATIONS GOVERNING CONDITIONS HAZARDOUS TO LIFE AND PROPERTY FROM FIRE OR EXPLOSION, ESTABLISHING A BUREAU OF FIRE PREVENTION, PROVIDING OFFICERS THEREFORE, DEFINING THEIR POWERS AND DUTIES, AND REPEALING ORDINANCE NUMBER 747-10 AND ALL OTHER ORDINANCES OR PARTS OF ORDINANCES IN CONFLICT HERewith

The above entitled ordinance was adopted by the City Council on November 12, 2013. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance, as it was read and adopted on November 12, 2013, is available on the City's website at: <http://if2.unioncity.org/weblink8/0/fol/112/Row1.aspx>. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail.

PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on November 12, 2013, by the following vote:

AYES: Councilmembers Ellis, Gacoscos, and Navarro, Vice Mayor Duncan, Mayor Dutra-Vernaci
NOES: None
ABSENT: None
ABSTAIN: None

APPROVED:
/s/ Carol Dutra-Vernaci
CAROL DUTRA-VERNACI, Mayor

ATTEST:
/s/ Renee Elliott
RENEE ELLIOTT, City Clerk

APPROVED AS TO FORM:
/s/ Benjamin T. Reyes II
BENJAMIN T. REYES II, City Attorney
11/19/13

CNS-2558326#

ORDINANCE NO. 783-13

ORDINANCE ESTABLISHING AN ELECTRICAL CODE FOR THE CITY OF UNION CITY, REGULATING THE CONSTRUCTION, ALTERATION, REPAIR, AND MAINTENANCE OF ELECTRICAL SYSTEMS AND PROVIDING FOR THE ISSUANCE OF PERMITS AND COLLECTION OF FEES BY THE AMENDMENT OF CHAPTER 15.44 OF THE UNION CITY MUNICIPAL CODE. THIS ORDINANCE REPEALS ORDINANCE NO. 746-10 AND ALL OTHER ORDINANCES OR PARTS OF ORDINANCES IN CONFLICT HERewith

The above entitled ordinance was adopted by the City Council on November 12, 2013. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance, as it was read and adopted on November 12, 2013, is available on the City's website at: <http://if2.unioncity.org/weblink8/0/fol/112/Row1.aspx>. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail.

PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on November 12, 2013, by the following vote:

AYES: Councilmembers Ellis, Gacoscos, and Navarro, Vice Mayor Duncan, Mayor Dutra-Vernaci
NOES: None
ABSENT: None
ABSTAIN: None

APPROVED:
/s/ Carol Dutra-Vernaci
CAROL DUTRA-VERNACI, Mayor

ATTEST:
/s/ Renee Elliott
RENEE ELLIOTT, City Clerk

APPROVED AS TO FORM:
/s/ Benjamin T. Reyes II
BENJAMIN T. REYES II, City Attorney
11/19/13

CNS-2558323#

ORDINANCE NO. 782-13

AN ORDINANCE ESTABLISHING A MECHANICAL CODE FOR THE CITY OF UNION CITY REGULATING THE CONSTRUCTION, ALTERATION, REPAIR, AND MAINTENANCE OF MECHANICAL EQUIPMENT AND PROVIDING FOR THE ISSUANCE OF PERMITS AND COLLECTION OF FEES BY THE AMENDMENT OF CHAPTER 15.52 OF THE UNION CITY MUNICIPAL CODE. THIS ORDINANCE REPEALS ORDINANCE NO. 745-10 AND ALL OTHER ORDINANCES OR PARTS OF ORDINANCES IN CONFLICT HERewith

The above entitled ordinance was adopted by the City Council on November 12, 2013. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance, as it was read and adopted on November 12, 2013, is available on the City's website at: <http://if2.unioncity.org/weblink8/0/fol/112/Row1.aspx>. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail.

PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on November 12, 2013, by the following vote:

AYES: Councilmembers Ellis, Gacoscos, and Navarro, Vice Mayor Duncan, Mayor Dutra-Vernaci
NOES: None
ABSENT: None
ABSTAIN: None

APPROVED:
/s/ Carol Dutra-Vernaci
CAROL DUTRA-VERNACI, Mayor

ATTEST:
/s/ Renee Elliott
RENEE ELLIOTT, City Clerk

APPROVED AS TO FORM:
/s/ Benjamin T. Reyes II
BENJAMIN T. REYES II, City Attorney
11/19/13

CNS-2558322#

ORDINANCE NO. 781-13

AN ORDINANCE ESTABLISHING A PLUMBING CODE FOR THE CITY OF UNION CITY, REGULATING THE CONSTRUCTION, ALTERATION, REPAIR, AND MAINTENANCE OF PLUMBING AND PROVIDING FOR THE ISSUANCE OF PERMITS AND COLLECTION OF FEES BY THE AMENDMENT OF CHAPTER 15.48 OF THE UNION CITY MUNICIPAL CODE. THIS ORDINANCE REPEALS ORDINANCE NO. 744-10 AND ALL OTHER ORDINANCES OR PARTS OF ORDINANCES IN CONFLICT HERewith

The above entitled ordinance was adopted by the City Council on November 12, 2013. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance, as it was read and adopted on November 12, 2013, is available on the City's website at: <http://if2.unioncity.org/weblink8/0/fol/112/Row1.aspx>. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail.

PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on November 12, 2013, by the following vote:

AYES: Councilmembers Ellis, Gacoscos, and Navarro, Vice Mayor Duncan, Mayor Dutra-Vernaci
NOES: None
ABSENT: None
ABSTAIN: None

APPROVED:
/s/ Carol Dutra-Vernaci
CAROL DUTRA-VERNACI, Mayor

ATTEST:
/s/ Renee Elliott
RENEE ELLIOTT, City Clerk

APPROVED AS TO FORM:
/s/ Benjamin T. Reyes II
BENJAMIN T. REYES II, City Attorney
11/19/13

CNS-2558313#

ORDINANCE NO. 780-13

AN ORDINANCE ESTABLISHING A BUILDING CODE AND UNIFORM BUILDING CODE STANDARDS FOR THE CITY OF UNION CITY REGULATING THE CONSTRUCTION, ALTERATION, REPAIR, AND MAINTENANCE OF STRUCTURES AND PROVIDING FOR THE ISSUANCE OF PERMITS, COLLECTION OF FEES, AND PROVIDING PENALTIES FOR VIOLATIONS BY THE AMENDMENT OF CHAPTER 15.40 OF THE UNION CITY MUNICIPAL CODE. THIS ORDINANCE REPEALS ORDINANCE NO. 743-10 AND ALL OTHER ORDINANCES OR PARTS OF ORDINANCES IN CONFLICT HERewith

The above entitled ordinance was adopted by the City Council on November 12, 2013. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance, as it was read and adopted on November 12, 2013, is available on the City's website at: <http://if2.unioncity.org/weblink8/0/fol/112/Row1.aspx>. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail.

PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on November 12, 2013, by the following vote:

AYES: Councilmembers Ellis, Gacoscos, and Navarro, Vice Mayor Duncan, Mayor Dutra-Vernaci
NOES: None
ABSENT: None
ABSTAIN: None

APPROVED:
/s/ Carol Dutra-Vernaci
CAROL DUTRA-VERNACI, Mayor

ATTEST:
/s/ Renee Elliott
RENEE ELLIOTT, City Clerk

APPROVED AS TO FORM:
/s/ Benjamin T. Reyes II
BENJAMIN T. REYES II, City Attorney
11/19/13

CNS-2558307#

ORDINANCE NO. 779-13

AN ORDINANCE ESTABLISHING AN ADMINISTRATIVE CODE FOR THE CITY OF UNION CITY, TO PROVIDE THE NECESSARY REQUIREMENTS FOR A SINGLE ADMINISTRATION DOCUMENT APPLICABLE TO AND COMPATIBLE WITH ALL ADOPTED TECHNICAL CODES THAT REGULATE CONSTRUCTION BY THE AMENDMENT OF CHAPTER 15.36 OF THE UNION CITY MUNICIPAL CODE. THIS ORDINANCE REPEALS ORDINANCE NO. 742-10 AND ALL OTHER ORDINANCES OR PARTS OF ORDINANCES IN CONFLICT HERewith

The above entitled ordinance was adopted by the City Council on November 12, 2013. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance, as it was read and adopted on November 12, 2013, is available on the City's website at: <http://if2.unioncity.org/weblink8/0/fol/112/Row1.aspx>. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail.

PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on November 12, 2013, by the following vote:

AYES: Councilmembers Ellis, Gacoscos, and Navarro, Vice Mayor Duncan, Mayor Dutra-Vernaci
NOES: None
ABSENT: None
ABSTAIN: None

APPROVED:
/s/ Carol Dutra-Vernaci
CAROL DUTRA-VERNACI, Mayor

ATTEST:
/s/ Renee Elliott
RENEE ELLIOTT, City Clerk

APPROVED AS TO FORM:
/s/ Benjamin T. Reyes II
BENJAMIN T. REYES II, City Attorney
11/19/13

CNS-2558303#

Notice is hereby given that sealed competitive bids will be accepted in the office of the GSA-Purchasing Department, County of Alameda, 1401 Lakeside Drive, Suite 907, Oakland, CA 94612 **NETWORKING BIDDERS CONFERENCES for RFP #901129 Graffiti Abatement Services North County** – Tuesday, December 3, 2013, 10:00 a.m. at Alameda County General Services Agency, Room 222, 1401 Lakeside Drive, Oakland, CA and **South County** – Wednesday, December 4, 2013, 2:00 p.m. at Public Works Agency, 951 Turner Court, Room 230 A/B, Hayward, CA **Responses Due by 2:00 pm on January 9, 2014 County Contact : Jeff Thomas (510) 208-9613 or via email: jeff.thomas@acgov.org** Attendance at Networking Conference is Non-mandatory. Specifications regarding the above may be obtained at the Alameda County GSA Current Contracting Opportunities Internet website at www.acgov.org. 11/19/13

CNS-2557656#

CITY OF UNION CITY DEPARTMENT OF PUBLIC WORKS NOTICE OF REQUEST FOR PROPOSALS (RFP) TO PROVIDE INSPECTION AND MATERIAL TESTING FOR THE ALAMEDA CREEK BRIDGE AT DECOTO ROAD SEISMIC RETROFIT IMPROVEMENTS PROJECT CITY PROJECT NO. 06-10 FEDERAL PROJECT NO. STPLZ-5354 (027)

Proposals to provide inspection and material testing for the Alameda Creek Bridge at Decoto Road Seismic Retrofit Improvements will be received at the City of Union, Public Works Department, 34009 Alvarado-Niles Road, Union City, California until Monday, December 9, 2013 at 5 p.m. This project includes federal funds. The City has not established a DBE goal for this contract. However, proposers are encouraged to obtain DBE participation for this contract. Contact the Department of Public Works at (510) 675-5308 to request a copy of the RFP. All questions should be faxed to Michael Renk, City of Union City at (510) 489-9468.

**City of Union City
Dated: November 1, 2013
11/12, 11/19/13**

CNS-2553953#

COMMUNITY BULLETIN BOARD

Rotary Club of Niles We meet Thursdays at 12:15 p.m. Washington Hospital West 2500 Mowry Ave. Conrad Anderson Auditorium, Fremont www.nilesrotary.org (510) 739-1000	Mission San Jose Chamber Meets 1st & 3rd Wednesdays Dominican Sisters of MSJ Dining Room @7:30 am Find businesses and fun In Fremont’s historical Mission San Jose District info@MSJ Chamber.org or visit our website at www.MSJChamber.org	American Legion Auxiliary We meet the third Tuesday of every month at 7pm Niles Veterans Building 37154 2nd Street, Fremont susan.peters251@yahoo.com 510656-6848	510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every Friday in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com Kennedy High School Flea Market First Saturday Every Month Except January 8 a.m. – 4 p.m. All Spaces \$20 For more info call 510-657-4070 x27150 bsterling@fremont.k12.ca.us 39999 Blacow Rd., Fremont	
Rotary Club of Fremont We meet Wednesday at 12:15 p.m. at Spin-a-Yarn Restuaruant 45915 Warm Springs Blvd. Fremont, 510-656-9141 Service through Fun http://the/ fremontrotaryclub.org Please come visit our club We wlecome new members	Friendship Force of San Francisco Bay Area Experience a country and its culture with local hosts and promote global goodwill. Clubs in 56 countries. Visit Australia in Feb. Host French in Sept. Monthly programs & socials. www.ffa.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857.	KIWANIS CLUB OF FREMONT We meet Tuesdays at 7:00 a.m. Fremont/Newark Hilton 39900 Balentine Drive, Newark www.kiwanisfremont.org Contact Elise Balgley at (510) 693-4524		
Dawn Breakers Lions Club Our Motto is: WE SERVE Meetings -1st & 3rd Thursdays 6:45am-8am El Patio Restaurant 37311 Fremont, Blvd., Fremont We welcome Men & Women with desire to serve our community 510-371-4065 for Free Brochure	Become the speaker & leader you want to be Citizens for Better Communicators (CBC) Toastmasters Guests and Visitors welcome Saturdays 10:15am Unitek College Room 141 4580 Auto Mall Pkwy., Fremont 510-862-0893	Daughters of the American Revolution Ohlone Chapter Visit our meetings. We have activities promoting historic preservation, education & patriotism 1st Sat of each mo. Sept - May - 10 am-12 p Centerville Presbyterian Church 4360 Central Ave, Fremont		
The League of Women Voters invites you to visit our website at www.lwvfnuc.org You'll find valuable information about your community and voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are non-partisan and free to the public.	Afro-American Cultural & Historical Society, Inc. Meetings: Third Saturday 5:30pm in member homes Call: 510-793-8181 for location Email: contact@aachisi.com See web for Speical Events www.aachis.com We welcome all new members Celebrating 40th anniversary	Fremont Cribbage Club teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email:Accgr43@gmail.com Or call Tracy (510) 793-6472 American Cribbage Congress www.cribbage.org		
Help with Home Repairs from Alameda County No cost or favorable, low interest loans are available for home remodeling for qualified homeowners in Fremont, Union City, Sunol and Newark. Call (510)670-5399 for an application and more information. http://www.acgov.org/cda/nps/	AARP Newark Meetings Newark Senior Center 7401 Enterprise Drive., Newark last Monday of each month at 10:00 am. All seniors (50+) are welcome to attend Contact 510-402-8318 http://aarp-newark-california-webs.com/	NARFE National Assoc of Active and Retired Federal Employees Meet 4th Friday of Month Fremont Senior Center Central Park @ Noon All current or retired Federal Employees are welcome. Call Ellen 510-656-7963	Unity of Fremont A Positive Path for Spiritual Living 12:30 am Sunday Service 1351 Driscoll Rd (at Christian Science Church), Fremont 510-797-5234 www.unityoffremont.org “The Church of the Daily Word”	First United Methodist Church Music Series 2950 Washington Blvd., Fremont Free 30 min. organ, piano & guest artist recitals. Generally first Sunday each month 4pm. Check website for exceptions www.fremont-methodist.org Free-will offering benefits humanitarian charities
Gamblers Anonymous Has gambling taken over your life or the life of someone you know? Thursday night 7:30pm Grace Lutheran Church 36060 Fremont Blvd., Fremont Helpline (855)-222-5542 or www.gamblersanonymous.org	Take Off Pounds Sensibly An affordable, non-profit Weight loss support group Meetings Thurs. 10am Holy Redeemer Lutheran Church 35660 Cedar Blvd., Newark For more information, call Diane 510-657-4403 Come and check up out We'll be weighting for you.	Steps Along the Way The Journey to Healing and Wholeness from hurts and hang-ups using the 12 steps Wednesday nights 7pm New Hope Community Church 2190 Peralta Blvd., Fremont www.newhopefremont.org 510-739-0430	Holy Trinity Lutheran Church Caring, Sharing, Serving God 38801 Blacow Rd., Fremont Sun Worship:8:45am 11:00am Child-care provided.Education for all ages: 10:00am. Nacho Sunday: First Sunday of every month. (510)793-6285 www.holytrinityfremont.org	Messiah Lutheran Church Church Service - Sunday 10 a.m. Bible Study - Sunday 9 a.m. Sunday School 2nd & 4th Sunday each month @ 11:15am and community events 25400 Hesperian Blvd., Hayward Phone: (510) 782-6727 www.MessiahHayward.org
DONATE YOUR COMPUTERS Help Eliminate Hunger & Food Insecurity Your donation is tax deductible Tri-City Volunteers 37350 Joseph Street, Fremont Mon-Fri 8:30 AM - 4:00 PM Closed 12 PM - 1PM Questions Call 1-888-802-8207 tri-cityvolunteers.org	DONATE YOUR CELL PHONES Help Eliminate Hunger & Food Insecurity Your donation is tax deductible Tri-City Volunteers 37350 Joseph Street, Fremont Mon-Fri 8:30 AM - 4:00 PM Closed 12 PM - 1PM Questions Call 1-888-802-8207 tri-cityvolunteers.org	Troubled by someone’s drinking? Help is Here! Al-Anon/Alateen Family Groups A no cost program of support for people suffering from effects of alcoholism in a friend or loved one. Call 276-2270 for meeting information email: Easyduz@gmail.com www/ncwsa.org You are not alone.	Serious Mental Illness Free courses and presentations for caregivers of someone with a serious mental illness and those with a mental illness in Alameda County. For details, confidentially contact: Joe Rose at 510-378-1578 or email to info@NAMLacs.org www.NAMI.org	Bring Your Heart to Hospice Hold a hand, lend an ear, be a hospice volunteer. Vitas Innovative Hospice Care Call Alicia Schwemer at 408/964/6800 or Visit Vitas.com/Volunteers
SAVE (Safe Alternatives to Violent Environments) Domestic Violence Support Group (Drop In & FREE) Tue. Hayward PD 1-4 pm (510) 293-7125 Wed. Fremont PD 9 am-1pm (510) 790-6939 Thu. San Leandro PD 9 am-12pm (510) 577-3267	SAVE (Safe Alternatives to Violent Environments) FREE Restraining Order Clinic (Domestic Violence) Tues. Hayward Police 1-4 pm Wed. Fremont Police 9 am - 1 pm Thurs. San Leandro Police 9 am - noon Fri SAVE Office 9 am - noon Office (510) 574-2250 24/7 Hotline (510) 794-6055 www.save-dv.org	Maitri Immigration Program Free Assistance and Referrals for Domestic Violence Survivors. Provide Services in Hindi, Punjabi, Bangla, Tamil and many other South Asian languages. Crisis line: 888-8-Maitri Please call for screening.	Help with Math & Reading You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. Contact 510-797-2703 dia aarp 4486@yahoo.com	Tri-City Ecology Center Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-783-6222
Seabreeze Community Forum of Union City Be a part of a group of neighbors working towards the improvement of our community. Visit: groups.yahoo.com/group/SCFUC To join, send email to: SCFUC-subscribe@ya-hoogroups.com	Senior Exercise Class MEN & Women South Hayward Wed & Fri 9:00 - 10:15 am 121 Ranchero Way Hayward (Clubhouse) Gentle Aerobics, Hand weights Stretch bands & Floor work 510-304-5492 suziejo@pacbell.net	Serious Mental Illness Free 12 week course for care-givers of someone with a serious mental illness. Starting Jan 11 - From 9am-11:30am in Fremont. Registration required. Contact: Joe Rose at 510-378-1578 or email to info@NAMLacs.org www.NAMI.org	The Union City Historical Museum 3841 Smith St. Union City Open Thurs.-Sat 10am-4pm Visit our Museum. You’ll find valuable information about our community, past history and current happenings. www.unioncitymuseum.com Call Myrla 510-378-6376	
We Need Volunteers! Sparkpoint FRC Volunteer Income Tax Assistance (VITA) needs volunteers. No experience necessary. Need Greeters, Translators & Ambassadors. Information Information Meetings Thurs 9/26 & Wed10/16 6-8:30pm Fremont Family Resource Center 39155 Liberty St., Fremont Carolyn Robertson 510-574-2003	Celebrate Recovery Free yourself from any hurt, hang-up or habit Join us at 33450 9th street Union City Thursdays 7pm -9pm or call anytime 510-586-5747 or 510-520-2769	AARP Newark Meetings Newark Senior Center 7401 Enterprise Drive., Newark last Monday of each month at 10:00 am. All seniors (50+) are welcome to attend Contact 510-402-8318 http://aarp-newark-california-webs.com/		Tri-City Volunteers Food Bank Invigorate your spirit & volunteer. Drop ins welcome Mon - Fri. Work off your Traffic violation by giving back to the community in need. Students 14 years & older welcome. Email Erin: ewright@tri-Cityvol-unteer.org

COMMUNITY BULLETIN BOARD

510-494-1999 tricityvoice@aol.com

50th Year Class Reunion Washington High School Class of 64’ & Friends September 26 & 27, 2014 Spin A Yarn Steakhouse,Fremont Contact Joan Martin Graham billjoan3@pacbell.net	Fremont Wood Carvers Visit our friendly carving group! We help you get started. No need to buy supplies at first. There are no fees or dues. Adults of all ages are welcome. Drop in Wednesdays 7-9pm Fremont Senior Center 40204 Paseo Padre Pdw., Fremont bazlberry@hotmail.com	Celebrate Advent by Candlelight Family Advent Night Sunday Dec 1st 6:00 – 8:00 PM Enjoy a night of worship, music, desserts, and a special visitor!! Holy Trinity Lutheran Church 38801 Blacow Rd. Fremont www.holytrinityfremont.org (510) 793-6285	Fremont Area Writers Want to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except July and December. Rm. 223 at DeVry University, 6600 Dumbarton Circle, Fremont Call Carol at (510) 565-0619 www.cwc-fremontareawriters.org	LOTS OF NEWS AT TEMPLE BETH TORAH Pre-Hanukkah dinner/ services Fri., Nov 22nd (RSVP) Fun event Dec 25th! Sanctuary remodel almost com- plete! Openings preschool. Ex- plore our Inclusive Reform community. 510-656-7141 www.bethtorah-Fremont.org
Writers Open Mic Share your creativity with an audience! 7-9 p.m. fourth Mondays BookSmart, Lower Level, NewPark Mall, in Newark Tony Pino (510) 857-6722 www.cwc-fremontareawriters.org	Fremont Repair Cafe Are you interested in Joining this group Team of Fremont residents want to start a Repair Cafe. Non-Profit organization. Want to encour- age people to bring in old items and get them repaired by volunteers. Please respond to repaircafeastbay@gmail.com	New DimensionChorus Men’s 4 Part Vocal Harmony In the “Barbershop” style Thursdays at 7pm Calvary Luther Church 12500 Via Magdalena SanLorenzo Contact: ncchorus@Yahoo.com 510-332-2489	Looking for a place to DISPLAY YOUR ART? All Mediums welcome Oils, Watercolors, Ceramics, Etc. Eontact the Fremont Art Assoc. 37697 Niles Blvd., Fremont 510-792-0905 www.fremontartassociation.org \$40 Membership required	Sun Gallery Holiday Boutique Event All kinds of hand made items for Holiday Gift Giving. Supports our Children’s Art Programs 1015 E Street Hayward Thursday, Sat & Sun 10-4pm Fri noon-6pm 510-581-4050 Need Vendors Also
Little Lamb Preschool Open House Saturday, March 15 1pm-4pm. Drop in and visit the class rooms ad meet the teachers. Registration information will be available. Free ice cream sundaes. Everyone invited!	FREMONT UNIFIED SCHOOL DISTRICT OFFERS CHINESE IMMERSION K THRU 6TH GRADE Immerse your child in Mandarin with a diverse group of students. The benefits of a dual language will last a lifetime. Call 24/7 (510) 857-1038	Premier Soccer Development Program Tryout for U11 & U14 Boys PSDP is designed to identify and develop talented, committed youth soccer players Call 510-516-3031 or Email TCPSDP@gmail.com Signup now by Visiting http://tcpsdp.wix.com/psdp	The Bridge of Faith Christmas Crafts Boutique 27343 Whitman, Hayward December 7, 8am-4pm Starts 10am Santa presents Bring own cameras Arts-Crafts- Raffle-Bake Sale! Contact: Priscilla For Details 510-861-2680 Kauaistar59@yahoo.com	Dominican Sisters Holiday Boutique November 23 & 24, Saturday and Sunday 10:00 a.m. – 4:00 p.m. 43326 Mission Blvd., Fremont enter off Mission Tierra Pl. Dominican Fruitcakes Olive Oil from Mission Trees Variety of Homemade Goods www.msjdominicans.org
Hayward Demos Democratic Club Monthly meetings-learn about current issues from experts, speak with officials. Annual special events such as Fall Festival, Pot-lucks and more Meetings open to all registered Democrats. For information www.haywarddemos.org			First United Methodist Church Music Series 2950 Washington Blvd.,Fremont Free 30 min. Organ, Piano & Guest Artist Recitals. Generally first Sunday each month 4pm Check website for exceptions www.fremont-methodist.org Free-will offering benefits humanitarian charties	Mission Trails Mustangs Mustang & Ford Enthusiasts Meets 1st Fri of the Month 7pm at Suju’s (Winter) 3602 Thornton, Fremont missiontrailsmustang.org or call510-493-1559 We do Car Shows & other social activities monthly

Ohlone College Board of Trustees Meeting

November 13, 2013

Ceremonial Items:

Proclaim November, 2013 Native American Heritage Month
Approve Emeritus for longtime administration member Jim Wright

Standing Reports:

Report from Faculty Senate President Jeff O’Connell who named Ralph De Unamuno as faculty member of the month.

Report from Associated Students of Ohlone College Mat Weber, who discussed a special election.

Report from Dr. Gari Browning, Superintendent of Ohlone College, who reported on Ohlone College’s involvement in San Jose’s IEEE International Conference on Multimedia and Expo in July. According to Dr. Browning, Ohlone was the only community college involved.

Consent Agenda:

Approve Payroll Warrants in the amount of \$2,212,473.10
Review purchase orders in the amount of \$367,091.03 and bulk purchase orders of \$841,315.33.
Approve contrast list in the amount of \$53,533.

To the Board for Information Only:

Course Student Learning Outcomes Assessment Presentation, focusing on California and U.S. History courses.

Measure G update: budget for demolition and rebuilding of buildings 1, 2 and 8 stands at \$11 million.

To the Board for Discussion and/or Action:

Review and acceptance of First Quarter 2013-14 financial report

Ms. Vivien Larsen, Chair:	Aye
Mr. Garrett Yee, Vice Chair:	Aye
Mr. Greg Bonaccorsi, Member:	Aye
Mr. Kevin Bristow, Member:	Aye
Ms. Teresa Cox, Member:	Aye
Ms. Jan Giovannini-Hill, Member:	Aye
Mr. Rich Watters, Member:	Aye
Ms. Prabhjot Kaur, Student:	Aye (advisory only)

MOvember 2013

Funds and awareness to combat prostate and testicular cancer

SUBMITTED BY SGT. RAJ MAHARAJ, MILPITAS PD

MOvember 2013 has arrived and the moustache is back to occupy the faces of men around the globe, and your police officer’s in Milpitas! The men and women of the Milpitas Police Officer’s Association are celebrating the tenth anniversary of MOvember and are growing their moustache’s to support the MO for the 30 days of November to raise funds and awareness to combat prostate and testicular cancer.

The Milpitas Police Officer’s Association has challenged the men and women of the Milpitas Firefighters Local 1699 to see who can raise more donations for this great cause and movement. You recently observed the men and women of the police department wearing PINK undershirts to support Breast Cancer Awareness and now we will grow our MOustache’s.

To help raise awareness and donate to this great cause in support of the Milpitas Police Officer’s Association, please visit: <http://us.movember.com> and donate to: Mopitas Police Officers.

To help raise awareness and donate for the Milpitas Firefighters Local 1699, please donate to: Mopitas Fire.

The group finishing in second place will wash the vehicles of the other department and the public will be welcome to watch! This is a great opportunity for the community to come together and help FIND A CURE!

Alameda County Fair names new directors

SUBMITTED BY ALAMEDA COUNTY FAIRGROUNDS

Three new directors have been selected to serve on the Board of the Alameda County Agricultural Fair Association. The Alameda County Fair Board of Directors welcomes the knowledge, expertise, and community ties that George Pacheco, Jr. of Castro Valley; Craig Smith of Pleasanton; and Timothy Weaver of Livermore, bring to the Board. George Pacheco, Jr. of Castro Valley, has been president of Pacheco Brothers Gardening, Inc.

since 1979, and brings expertise in business, horticulture, and construction. Pleasanton’s Craig Smith serves as Chief Operating Officer for Dorhmann Insurance and has expertise in business and livestock. Livermore resident Timothy Weaver, President of Weaver & McCartney Accountancy Corporation, has over 40 years experience as a CPA working with numerous businesses and non-profit organizations.

For additional information visit: www.alameda-countyfair.com or call (925) 426-7600.

Hayward Police Log

SUBMITTED BY SGT. MARK ORMSBY, HAYWARD P.D.

Tuesday, November 5

A stabbing occurred at a residence in the 25000 block of Tarman Ave. at 7 a.m. Two friends were up all night smoking methamphetamine when the suspect made sexual advances towards the victim. The victim refused the suspect’s sexual advances which caused the suspect to became enraged and stab the victim in the neck and arms with a knife. The victim self transported himself to a local hospital and the police were notified. The suspect was identified by the victim, and eventually arrested at the residence on Tarman Ave.

Two people were arrested for possession of a stolen vehicle in the area of Foothill Blvd. and City Center Dr. at 11 p.m. The previous night an officer recovered an unoccupied stolen vehicle from the Super 8 motel on Foothill Blvd. Video from the motel

showed two suspects operating the stolen vehicle earlier that day. The following evening the same officers observes two people walking on Foothill Blvd. that match the description of the suspects he had seen on the motel video. Both suspects were detained and during a probation search of the suspects evidence from the vehicle is located. The vehicle was originally reported stolen out of Antioch CA.

Wednesday, November 6

Two patrol officers conducted directed enforcement in the industrial areas regarding recent commercial burglaries which resulted in 4 arrests, 3 citations and 1 probation search.

Thursday, November 7

At 5:53 a.m., a suspect was arrested for possession of a stolen vehicle in the area of Atherton St. and D St. A patrol officer observed a vehicle driving erratically in the area of Mission Blvd. and D St. A check of the license plate revealed the vehicle was reported stolen. The vehicle fled from the patrol officer and crashed on Atherton St. The driver of the vehicle fled on foot and the officer foot pursued him. The suspect was captured a

short distance away and arrested. The suspect was on probation for possession of a stolen vehicle at the time of the incident.

Two suspects were arrested for possession of a stolen vehicle on Shepherd Ave. at 12:36 p.m. A patrol officer was driving through the area and saw two suspects inside a parked vehicle. As the officer drove by the two suspects attempt to hide from the officer. Both suspects were detained and the vehicle was found to be reported stolen out of Alameda CA.

Patrol officers conducted directed enforcement in the downtown area which resulted in 13 citations issued and 4 arrests.

Saturday, November 9

A suspect was arrested for possession of a handgun at 410 W. A St. at 1:39 a.m. A patrol officer is driving by when he observes an argument between two groups of males. When the officer stops to investigate one of the males flees on foot. The officer begins chasing the suspect, who during the foot chase, discards a handgun. The suspect was captured a short distance away, and officers recover a loaded .22 caliber handgun.

HOME SALES REPORT

CASTRO VALLEY TOTAL SALES: 18						
Highest \$:		809,000	Median \$:		540,000	
Lowest \$:		401,000	Average \$:		573,778	
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED
18418 Carlwyn Drive	94546	650,000	3	1882	1955	10-08-13
4762 Ewing Road	94546	750,000	3	1764	1947	10-09-13
2252 Farley Street	94546	401,000	2	996	1947	10-08-13
4399 Heyer Avenue	94546	655,000	-	-	-	10-04-13
4835 Kathleen Avenue	94546	450,000	3	1028	1948	10-04-13
18239 Lake Chabot Road	94546	555,000	3	1767	1979	10-11-13
18442 Plymouth Drive	94546	464,500	3	1000	1951	10-10-13
20881 Rutledge Road	94546	505,000	3	1553	1948	10-09-13
4253 Shamrock Way	94546	540,000	3	1199	1958	10-04-13
18840 Sydney Circle	94546	620,000	3	2010	1992	10-08-13
18785 Titan Place	94546	643,500	3	1424	1975	10-08-13
2356 Vegas Avenue	94546	415,000	3	1031	1948	10-04-13
2361 Vestal Avenue	94546	475,000	3	1342	1948	10-04-13
4928 Beacon Hill Drive	94552	695,000	3	1888	1965	10-11-13
21048 Glenwood Drive	94552	809,000	4	2539	1994	10-09-13
5695 Greenridge Road	94552	710,000	4	1834	1960	10-04-13
4825 Heyer Avenue	94552	490,000	3	1026	1952	10-11-13
18450 Lomond Way	94552	500,000	4	1901	1963	10-10-13

FREMONT TOTAL SALES:66						
Highest \$:		1,400,000	Median \$:		605,000	
Lowest \$:		270,000	Average \$:		619,212	
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED
35823 Alcazar Court	94536	631,000	3	1484	1965	10-10-13
4106 Alder Terrace	94536	571,000	3	1565	1995	10-04-13
36311 Alicante Avenue	94536	700,000	3	1773	1962	10-04-13
4645 Bianca Drive	94536	652,000	3	1107	1958	10-08-13
3419 Bridgewood Terrace #30394536	94536	383,000	2	990	1986	10-04-13
35947 Carnation Way	94536	710,000	3	1759	1955	10-04-13
38623 Cherry Lane #214	94536	385,000	3	1251	1974	10-11-13
4817 El Torazo Common	94536	313,000	2	1066	1971	10-11-13
35667 Embassy Common	94536	856,000	4	2310	2010	10-08-13
37815 Fernwood Court	94536	1,200,000	6	3400	2001	10-07-13
4330 Gibraltar Drive	94536	687,000	4	2475	1965	10-09-13
38150 Granville Drive	94536	600,000	3	1233	1959	10-10-13
38561 Knute Court	94536	525,000	3	1369	1962	10-10-13
37248 Meadowbrook Cmn #20494536	94536	300,000	2	1123	1984	10-10-13
2932 Park Place Common	94536	535,500	3	1662	1984	10-10-13
2697 Parkside Drive	94536	799,000	3	1443	1961	10-11-13
3443 Pepperwood Trc #203	94536	327,500	2	990	1986	10-04-13
4476 Peralta Boulevard	94536	709,000	3	1917	2007	10-11-13
36712 Reynolds Drive	94536	815,000	4	1708	1972	10-11-13
38598 Steinbeck Terrace	94536	595,000	3	1376	1999	10-11-13
35820 Toledo Court	94536	605,000	4	1704	1965	10-09-13
40796 Blacow Road	94538	550,000	4	1412	1962	10-04-13
40425 Chapel Way #210	94538	300,000	2	1052	1983	10-08-13
5637 Chestnut Common	94538	302,000	2	1006	1971	10-04-13
5640 Chestnut Common	94538	295,000	2	945	1971	10-04-13
5496 Cleveland Place	94538	885,000	4	1507	1968	10-04-13
4562 Deerfield Terrace	94538	365,000	2	1027	1971	10-09-13
3586 Fitzsimmons Common	94538	599,000	3	1961	1997	10-10-13
3668 Kay Court	94538	705,000	3	1232	1955	10-04-13
4434 Ladner Street	94538	425,000	3	925	1956	10-10-13
40766 Max Drive	94538	428,000	2	1720	1945	10-11-13
43138 Mayfair Park Terrace	94538	510,000	3	1508	1987	10-04-13
3118 Mission View Drive	94538	470,000	3	1000	1958	10-07-13
4607 Norwood Terrace	94538	385,000	3	1242	1971	10-08-13
4925 Seneca Park Loop	94538	640,000	3	1504	1987	10-04-13
119 Bear Court	94539	900,000	4	1728	1989	10-11-13
41020 Cornac Terrace	94539	630,000	4	1328	1972	10-11-13
41036 Cornac Terrace	94539	625,000	2	1392	1972	10-11-13
117 El Dorado Common	94539	580,000	2	1199	1970	10-04-13
43647 Excelso Drive	94539	1,400,000	3	2414	1984	10-11-13
42929 Nido Court	94539	1,090,000	4	2560	1978	10-09-13
48966 Pagosa Court	94539	920,000	6	2031	1980	10-10-13
44382 Pomace Street	94539	800,000	4	1803	1967	10-11-13
658 Praderia Circle	94539	760,000	2	1656	1988	10-07-13
44008 Renoir Terrace	94539	750,000	3	1401	2012	10-09-13
47112 Warm Springs Blvd #22994539	94539	270,000	1	760	1982	10-08-13
43171 Washington Common	94539	747,000	4	1578	1970	10-04-13
48999 Woodgrove Cmn #127	94539	540,000	2	1112	2004	10-11-13
3601 Dryden Road	94555	594,000	3	1633	1977	10-08-13
5203 Fairbanks Common	94555	522,000	2	1250	1989	10-08-13
33227 Jamie Circle	94555	830,000	4	2355	1994	10-07-13
32622 Lake Arrowhead Court	94555	577,500	-	1234	1976	10-07-13
33270 Lake Pyramid Street	94555	525,000	4	1444	1969	10-08-13
3965 Lake Tahoe Terrace	94555	300,000	2	1056	1971	10-11-13
2933 Langhorn Drive	94555	715,000	3	1705	1970	10-11-13
4592 Leonato Way	94555	675,000	3	1373	1986	10-11-13
5376 Matthew Terrace	94555	500,000	2	881	1988	10-11-13
4767 Mendocino Terrace	94555	735,000	4	1863	1987	10-04-13
5449 Moonlight Common	94555	845,000	3	1804	1989	10-10-13
6082 Northland Terrace	94555	740,000	3	1611	1987	10-09-13
34565 Pueblo Terrace	94555	448,000	2	1069	1988	10-04-13
5393 Ridgewood Drive	94555	634,000	2	1533	1991	10-08-13
34544 Salinas Place	94555	645,000	3	1372	1972	10-07-13
5339 Shattuck Avenue	94555	785,000	4	1710	1989	10-04-13
33646 Shearwater Terrace	94555	667,500	3	1607	1989	10-04-13
4293 Tanager Common	94555	360,000	2	990	1984	10-11-13

HAYWARD TOTAL SALES: 46						
Highest \$:		810,000	Median \$:		375,000	
Lowest \$:		172,000	Average \$:		397,750	
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED
1808 170th Avenue	94541	404,000	2	1724	1930	10-04-13
24699 2nd Street	94541	385,000	3	1344	1961	10-11-13
1315 A Street #104	94541	172,000	1	944	1984	10-11-13
22805 Arnold Court	94541	290,000	2	855	1949	10-11-13
125 Burbank Street	94541	450,000	3	1651	2010	10-04-13
22139 Castille Lane #58	94541	302,500	2	1202	1982	10-04-13
2324 D Street	94541	335,000	3	1269	1975	10-08-13
20752 Grove Park Place #5	94541	235,000	2	1328	2005	10-10-13
639 Kendall Way	94541	230,000	3	1071	1951	10-09-13
3174 Madsen Street	94541	550,000	3	2204	2009	10-04-13
22847 Mono Street	94541	300,000	3	950	1956	10-10-13
687 Veranda Circle	94541	390,000	3	1381	2003	10-11-13
22769 Watkins Street	94541	313,000	3	1454	2005	10-09-13
21684 Willow Court	94541	351,000	3	1570	1948	10-09-13
24124 Zorro Court	94541	315,000	2	1014	1951	10-04-13
26924 Grandview Avenue	94542	450,000	2	1334	1980	10-08-13
1244 Highland Boulevard	94542	280,000	-	-	-	10-08-13
3243 Oakes Drive	94542	600,000	3	1750	1963	10-04-13
3216 Round Hill Drive	94542	550,000	4	2284	1968	10-10-13
28089 Thorup Lane	94542	555,000	4	1819	1987	10-09-13
24960 Arbor Crest Circle	94544	365,000	4	1807	2001	10-08-13
312 Brookview Way	94544	685,000	5	2471	1999	10-07-13
47 Crystal Gate Court	94544	285,000	2	1150	1992	10-11-13
24356 Edith Street	94544	345,000	3	1052	1950	10-09-13
610 Gleneagle Avenue	94544	440,000	3	1540	1958	10-04-13
1266 Inglewood Street	94544	375,000	3	1034	1952	10-09-13
738 Lilly Avenue	94544	375,000	3	1252	1950	10-04-13

26587 Luvena Drive	94544	370,000	3	951	1950	10-07-13
31576 MacDonald Way	94544	450,000	3	1624	1956	10-04-13
104 Newhall Street	94544	385,000	3	1238	1954	10-11-13
24955 Pleasant Way	94544	326,000	2	803	1952	10-04-13
25002 Pleasant Way	94544	420,000	3	1452	1960	10-09-13
29238 Ruus Road	94544	320,000	-	886	1948	10-08-13
174 Sierrawood Avenue	94544	582,000	4	2127	2000	10-08-13
25993 Stanwood Avenue	94544	350,000	3	1059	1952	10-08-13
466 Sycamore Avenue	94544	345,000	3	932	1920	10-04-13
28291 Tampa Avenue	94544	395,000	3	1000	1956	10-10-13
24772 Woodacre Avenue	94544	442,000	3	999	1957	10-09-13
1930 Boca Raton Street	94545	420,000	3	1298	1956	10-11-13
24830 Calaroga Avenue	94545	355,000	3	1742	1959	10-11-13
26937 Creole Place	94545	430,000	3	1215	1957	10-11-13
2472 Cryer Street	94545	450,000	3	1148	1958	10-09-13
2540 Erskine Lane	94545	420,000	3	1148	1957	10-11-13
2450 Hibiscus Drive	94545	420,000	3	1284	1976	10-09-13
27824 La Porte Avenue	94545	279,000	3	1000	1955	10-11-13
2718 Spindrift Court	94545	810,000	4	3031	2005	10-11-13

MILPITAS TOTAL SALES: 11						
Highest \$:		1,025,500	Median \$:		568,000	
Lowest \$:		241,000	Average \$:		600,000	
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED
1412 Clear Lake Avenue	95035	241,000	3	1180	1971	10-22-13
1703 Conway Street	95035	425,000	3	900	1965	10-22-13
1256 Elkwood Drive	95035	660,000	3	1422	1990	10-22-13
328 Gerald Circle	95035	1,025,500	-	-	-	10-21-13
332 Gerals Circle	95035	942,500	-	-	-	10-17-13
631 Manzano Street	95035	648,000	4	1234	1977	10-18-13
36 Midwick Drive	95035	850,000	4	2097	1978	10-23-13
675 Murphy Ranch Road	95035	568,000	-	-	-	10-18-13
700 South Abel Street #208	95035	350,000	1	932	2007	10-22-13
800 South Abel Street #225	95035	565,000	2	1259	2007	10-18-13
1101 South Main Street #321	95035	325,000	1	635	2007	10-23-13

NEWARK			TOTAL SALES: 15			
	Highest \$:	865,000		Median \$:		450,000
	Lowest \$:	318,000		Average \$:		496,500
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
39843 Cedar Boulevard #219	94560	318,000	2	1071	1986	10-10-13
36268 Enfield Drive	94560	865,000	5	2444	1995	10-10-13
35515 Farnham Drive	94560	650,000	3	1681	1969	10-11-13
6611 Fountaine Avenue	94560	440,000	3	1118	1960	10-07-13
6944 Jarvis Avenue	94560	327,000	3	1131	1982	10-11-13
6124 Joaquin Murieta Avenue	94560	425,000	3	1394	1981	10-11-13
6341 Joaquin Murieta Avenue #D94560	94560	329,000	2	1132	1981	10-11-13
6187 Joaquin Murieta Avenue #F94560	94560	335,000	3	1456	1982	10-10-13
38885 Jonquil Drive	94560	555,000	4	1587	1966	10-04-13
6284 Quicksilver Avenue	94560	635,000	4	1718	1979	10-04-13
36157 Silverado Place	94560	750,000	3	2047	1999	10-11-13
36623 Sycamore Street	94560	365,000	3	1073	1959	10-11-13
6205 Thomas Avenue	94560	455,000	3	1000	1960	10-11-13
35808 Vinewood Street	94560	548,500	4	1662	1962	10-09-13
6305 Zulmida Avenue	94560	450,000	3	1702	1953	10-08-13

Letter to the Editor

Trip to India unnecessary

Must citizens pay the cost of a 13-day, five-person, City Council junket to India?

Publicly elected officials are charged with providing services to citizens.

CA Constitution, Article 13, Sec 35(2). The protection of the public safety is the first responsibility of local government and local officials have an obligation to give priority to the provision of adequate public safety services.

If providing services to citizens creates an environment conducive to private or public job creation, that is an added plus—but NOT a goal unto itself.

Our City of Fremont fails to provide adequate services for its existing population:

· Does not provide city streets safe enough for children to walk to school.

· Fails to maintain our infrastructure so that replacement rather than upkeep is a factor.

· Personnel are not available to respond to calls reporting non-threatening crimes. Citizens are instructed to file a written report either on line or in person, especially regarding vehicles.

· Citizens are held responsible for sidewalk and street tree maintenance.

· Citizens' vehicle tires and shock absorbers are destroyed by streets filled with pot holes.

· High density homes are approved in areas without space available in the advertised "excellent schools nearby" - financially stressing our citizen-funded school district.

· Although it seems citizens pay Fremont's City Manager \$5,000 per WEEK (yes, that is three zeros per week), he is not required to enforce our Fremont Municipal Code:

FMC 8.60.070 No duty to enforce – Exercise of discretion.

(a) Nothing provided in this chapter shall create any duty on the city to enforce any specific law or code section or abate any specific condition or circumstance which may exist. The city manager shall exercise sound prosecutorial discretion and shall maintain enforcement actions as resources permit.

(b) The timing, methods and priority of specific abatement actions shall be subject to the sole discretion of the city manager. (and)

FMC 8.55.090(c)Smoking: The city may, but is not obligated to, prepare and make publicly available signage called for by this chapter and may, but is not obligated to, post signs on city maintained sidewalks and other outdoor areas where smoking is prohibited under this chapter. The city manager shall have discretion to determine when to post signs.

Could not the money being allocated for this City Council junket be better spent right here in Fremont? Vice Mayor Nataraajan and Councilmember Bacon, you could just say, "No, I won't go." Is this trip really in the best interests of your constituents?

Faye McKay
Fremont

Wieckowski
awarded service award

SUBMITTED B
JEFF BARBOSA

Assemblymember Bob Wieckowski (D-Fremont) has received a Distinguished Service Award from the California Long-Term Care Ombudsman Association and the Office of the State Long-Term Care Ombudsman in recognition of his "exceptional leadership and advocacy for care facility residents."

Wieckowski authored AB 937, signed by Gov. Jerry Brown, to protect seniors from isolation imposed by conservators who were overstepping their limits and, without court approval, were denying seniors from having visitors. The bill clarifies that conservatees have the right to receive personal mail, visitors, and telephone calls unless a court has ordered otherwise.

"I am honored to receive this award from these senior advocates," Wieckowski said. "We can measure our society by how well we treat people who are no longer able to manage their own affairs. These people should be treated with the respect and dignity they deserve and not isolated from their loved ones. I am proud to partner with the Ombudsman on this important issue. AB 937 is a victory for conservatees and for all those who care about them."

Wieckowski introduced the legislation after hearing about overzealous conservators who were unilaterally deciding to isolate seniors from specific individuals without first getting court orders.

Assemblymember Wieckowski represents the 25th District, which includes Fremont, Newark, San Jose, Milpitas, and Santa Clara.

City of Fremont Briefs

SUBMITTED BY
CHERYL GOLDEN

Trade Mission to India

The City of Fremont is leading a trade mission delegation to India from Nov. 15 through 27, 2013. The delegation consists of elected officials/City staff, Ohlone College/Biotech industry, the Center for International Trade Development, and business partners representing IT Management and Consulting and Manufacturing.

Expected outcomes:

- Open doors for Fremont companies who desire a larger market presence in India and training opportunities to expand their global footprint.
- Connect with Indian companies who wish to establish a presence in Silicon Valley with job creation.
- Connect with Indian investors who are looking for Silicon Valley/Fremont projects.
- Establish a reciprocal trade mission to provide on-going opportunities for business collaboration.

- Establish partnerships with educational institutions.

The trade mission seeks to highlight the favorable business environment in Fremont/Silicon Valley and to facilitate face-to-face meetings with potential business partners, training/educational partners, government entities, investors, and others.

Calling All Fremont
Shutterbugs

The City of Fremont is in the process of revamping its website, www.Fremont.gov, which will launch next year. One of the primary goals is to make the site a very visual experience. That's where you come in.

We're looking for high-quality photos that truly capture the spirit of Fremont, whether that means showcasing a local event, taking a landscape shot of Lake Elizabeth and Central Park, or featuring the faces that make up this wonderful city. It's completely up to you.

Cub Scouts
collect food for
those in need

SUBMITTED BY LISA COTE

Cub Scout Pack 822 of Hayward helped the Food Bank of Alameda County by collecting over 1,000 items during the largest one-day food drive in the San Francisco Bay Area on Saturday, November 16, 2013. Efforts of these 16 boys, along with thousands of other Scouts - over 30,000 Cub Scouts, Boy Scouts, Venturers, Explorers and adult volunteers – resulted in the collection of over 500,000 pounds of food last year. The San Francisco Bay



Area Council which encompasses the City of San Francisco and County of Alameda, collected over 130,000 pounds of food.

Food banks have come to rely upon this huge influx of food right before the holidays. Thanks to the Scouts and project sponsors, many people who would otherwise go hungry have food for the holidays.

Cub Scout Pack 822 is part of the Tres Ranchos district of the San Francisco Bay Area Council. It is sponsored by the Messiah Lutheran Church and has been serving the Hayward community for over 20 years.

Calif. health exchange
enrolls fraction of target

By MICHAEL R. BLOOD AND
JULIET WILLIAMS ASSOCIATED PRESS

SACRAMENTO, Calif. (AP), California's new health insurance exchange tentatively enrolled 35,000 people during its first month of operation, a fraction of the eventual goal in the state with the nation's largest uninsured population, federal health officials said Wednesday.

A report released by the U.S. Department of Health and Human Services provided the first glimpse into the operations of Covered California, which faces a monumental task to reach millions of people without insurance and sway them to sign up under the federal Affordable Care Act.

The report, covering the start of open enrollment on Oct. 1 through Nov. 2, also showed that about 80,000 lower-income people would be eligible for expanded Medicaid coverage under another prong of the overhaul.

California counts nearly 7 million people without health cover-

age. An estimated 2.3 million are expected to enroll in a health plan through the new agency, known as Covered California, by 2017.

Covered California did not immediately return a telephone message seeking comment on the report.

The 35,000 figure was defined in the federal report as the number of people who have "selected" a plan through the insurance exchange. According to HHS, that means the number of people who have chosen a specific insurance plan, whether or not they have actually followed through and begun paying the premium for it.

The report provided no detailed information about those buying plans or what types of plans they selected. For example, it did not say what percentage of those who have selected plans were in the younger and healthier demographic that is sought by insurance companies to balance out those who are sicker and more expensive to cover.

In addition to the state-by-state numbers, the Health and Human Services report also provided the overall figure for national enrollment under President Barack Obama's national health reforms.

It said that fewer than 27,000 people managed to enroll for health insurance last month in the 36 states relying on the problem-filled federal website. States running their own websites, including California, did better than the federal government, together reporting more than 79,000 sign-ups.

Even so, total private insurance enrollment after the first month of the health care rollout was only about one-fifth what the administration had expected during that time period.

Enrollment numbers nationwide totaled 106,185. A Sept. 5 administration estimate had projected that 494,620 people would enroll in the first month.

You can submit your photos through the end of November to enews@fremont.gov. Please keep in mind that any given email must be less than 10MB. Local photographers may also share their work via a URL. Also, please be sure to include your contact information so we know how to get in touch with you.

If your photo is selected, please be prepared to sign a photo release form. We will, of course, be giving you photo credit on the new website as a token of our appreciation for your contribution.

Thanks for being part of the action! We can't wait to see what Fremont looks like from your eyes.

'Tis the Season for Donations

The Fremont Fire Department is Collecting Food, Toy Donations this Holiday Season. Fremont's getting into the spirit of giving. The Fremont Fire Department is teaming up with Tri-City Volunteers, a local nonprofit, to collect non-perishable food and new unwrapped toys at all 10 fire stations, including the Fire Department's main office, at 3300 Capitol Ave., Building A.

Donations are being accepted from Monday, Nov. 18 through Wednesday, Dec. 18, 2013.

For more information call the Fremont Fire Department at (510) 494-4299.

Fiscal Year 2014-16
Community Development
Block Grant (CDBG) Notice of
Fund Availability

The City of Fremont announces the availability of approximately \$560,000 in Community Development Block Grant (CDBG) funds for projects benefitting low- to moderate-income Fremont residents in each of the next two fiscal years: FY 2014-2015 and FY 2015-2016. Not-for-profit 501(c)(3) and/or public agencies are eligible to apply. Secular ministries or programs of a religious organization are also eligible.

Request for Proposals (RFPs) for FY 2014-2016 CDBG funding will be available on Monday, Dec. 2, 2013, at <https://zoomgrants.com>. For more information, contact the City's Lucia Hughes at (510) 574-2043 or Leticia Leyva at (510) 574-2072.

Public Speaking: Team
Leadership Camp

Looking for a great academic enrichment camp for your child? Check out our Public Speaking: Team Leadership camp this Thanksgiving Break. Whether you are looking to boost your child's public speaking, leadership, or even team-management skills, this camp is perfect. This camp instills important team-building skills and confidence by teaching campers how to direct their public speaking skills for the stage and screen. Public speaking and management leadership combine in the challenging discipline of directing for television, movies, and commercials that will help your child. Check out our Recreation Guide for more classes and details at www.Fremont.gov/RecGuide or register at www.RegeRec.com.

For more information, contact Alvaro Zambrano at azambrano@fremont.gov or (510) 494-4344.

May the Odds Be
Ever In Your Favor

"Catch Fire" with us as we explore the latest installment of the adventure in Hunger Games! This camp is based on the popular novel and movie series as participants represent the Districts of Panem here at the Capital (Central Park). Kids will learn different hands-on skills like Katniss Everdeen and Peeta Mellark to survive the trials of Capital Arena. They'll create traps, cook, discover the local wildlife, build shelters, and compete in daily challenges to survive the game. Extended care options are also available for this camp. Check

out our Recreation Guide for more classes and details at www.Fremont.gov/RecGuide or register at www.RegeRec.com. For more information, contact Alvaro Zambrano at azambrano@fremont.gov or (510) 494-4344.

Make a Family or Senior's Day
Special with Fremont's Giving
Hope Holiday Program

The holidays are fast approaching and there's no better way to celebrate than by spreading the joy of the season to others. The City's Human Services Department is calling on you to take part in Giving Hope, a program dedicated to aiding needy families, children, and frail isolated seniors by bringing them some holiday cheer. Anyone interested in participating and making a difference in the lives of those Giving Hope serves can help in any of the following ways:

- Cash donations (corporate matching gifts gladly received)
- Gift cards for groceries, restaurants, entertainment
- Personalized gifts for a family or senior using their very own wish list

Donations can be made online at www.Fremont.gov/HSdonate. If sending a check, please make it payable to the following:

City of Fremont
Giving Hope Holiday Program

Human Services Department
3300 Capitol Ave., Building B
Fremont, CA 94538

Donations and holiday gifts from a personalized wish list will be accepted until Thursday, Dec. 12 for the holiday fundraiser and all year for the Giving Hope Program. In appreciation of your generosity, each sponsor will receive a thank you letter for tax purposes in January.

For more information on how to participate, please contact the City's Monica Dominguez at mdominguez@fremont.gov or (510) 574-2057.



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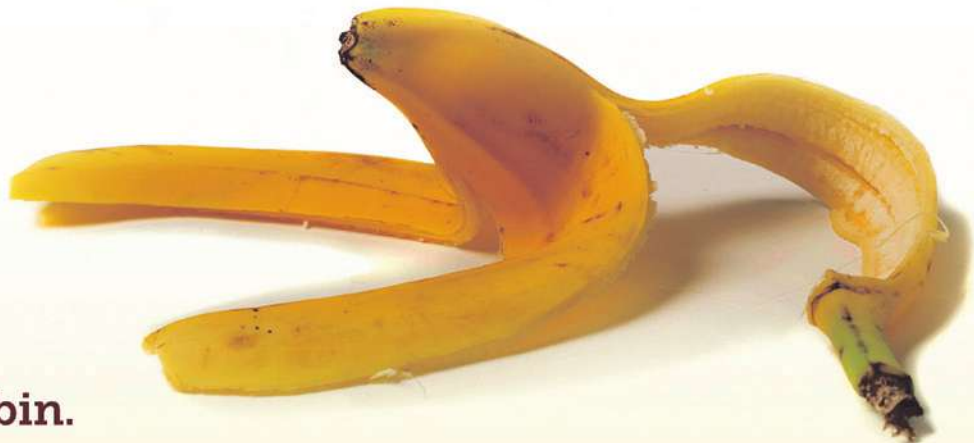
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Olive Hyde Holiday Show

SUBMITTED BY DIANE LEYS

Celebrating its 31st year, Holiday for the Arts, a popular annual Fremont community event, returns to the Olive Hyde Art Gallery with an opening Gala evening on Friday, December 6.



"Summer Bouquet and Green Apples," by Hiroko Muramatsu

In addition to an early selection of unique handcrafted works of art at reasonable prices, Gala guests will be served appetizers,

sweets, and wine in a new expanded tent area.

Gala ticket holders will be entered in a drawing to win an orig-

inal photograph by local artist Hiroko Muramatsu. As an Olive Hyde Art Guild member, Hiroko has generously contributed her recent still life, "Summer Bouquet and Green Apples" to the drawing to be held during the Gala evening. Hiroko has had her photographic work exhibited in numerous Galleries throughout the Bay Area and was a finalist in the Photographer's Forum 33rd Annual Spring Photography Contest.

As Olive Hyde Art Guild's annual fundraising event, Holiday for the Arts helps to fund the purchase of children's art books for the Fremont Library, art supplies for low income children, City of Fremont's elementary school art history program, scholarships for high school seniors

planning to continue art studies, an art program for developmentally disabled adults, capital improvements at the Olive Hyde Art Gallery, gallery promotions, and other community art events.

Holiday Show Gala

Friday, Dec. 6

5:30 p.m.-9 p.m.

Olive Hyde Art Gallery

123 Washington Blvd, Fremont

(510) 793-5067

Tickets: \$15, purchase at the door

Holiday Show

Saturday Dec. 7 & Sunday, Dec. 8

10 a.m. – 5 p.m.

Olive Hyde Art Gallery

123 Washington Blvd, Fremont

www.olivehydeartguild.org

Free admission

Scouts visit Tri-City Voice

TRI-CITY VOICE



(Left to right) Dhruv Jayaram, Ishan Rao, Keon Abdollahian, Vedant Madabushi, Anshul Patil, Nishil Thumu, Armaan Gulati, Anant Verma, Nikhil Dhomse.

SUBMITTED BY AARTHI PATIL

Scouts of Pack 447-Den I 4 from Gomes Elementary School visited the Tri-City Voice office on November 12, 2013 to learn more about newspapers – information collection, production and distribution - and other types of communication. As part of the Cub Scout program, scouts learn to be good citizens by participating in service projects and learn life skills to be productive and active citizens.

On November 16, 2013, Cub Scouts and Boy Scouts all around the country participated in 'Scouting For Food,' the largest one-day food drive in the United States. All food collected will be donated to food banks and those in need. In addition, Den I 4 recently made brown bag lunch bags for homeless citizens of our community.

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DEPARTMENT 56



continued from page 1

Ardenwood's 'Monarch Motel' is back in business

The monarch's migration is a romantic mystery. The current generation visiting Ardenwood have never been here before and were never "given directions." To top it off, the migrating generation's parents never came here either, nor the grandparents, so migrating monarchs don't even know any other butterflies that have made the trek. Somehow they just know where to go once winter is on its way.

Enter the romance of the migration. "These monarchs have the responsibility of saving the species," said Ardenwood Naturalist Christina Garcia. Once the threat of frost and cold is over—usually around Valentine's Day—the monarchs get ready to head back up north, mating and laying eggs on milkweed as they go. Intriguingly, these overwintering monarchs live longer than the usual six week lifespan. Their total life's purpose is to ensure their continuation.

While it is unclear how long the monarchs have been migrating to Ardenwood, it was first documented in the mid-1980s once East Bay Regional Parks took over the property. "We don't think they were coming here during the time [Ardenwood] was a farm," said Garcia. Ardenwood staff has the diary of Clara Patterson, wife of original Ardenwood farmer George Patterson, from the 1850s. "She would have definitely written about it," explained Garcia.

Unfortunately, monarch populations have been decreasing due to drought, urban development, deforestation, and pesticides. Thus, it is even more important to curate the monarch's special overwintering places; Ardenwood Farm is an excellent example of monarch butterfly preservation and awareness.

Ardenwood is preparing for the monarch's official return on Sunday, November 24 with several butterfly programs held into the New Year. Interpretative staff will educate attendees about the monarchs: their migration (Return of the Monarchs), lifecycle (Marvelous Monarchs), or reasons why monarchs chose Ardenwood (Monarch Walk). After a slideshow, staff



will guide the group to the monarch's special overwintering place. Spotting scopes will be available to get a closer look at the monarchs as well. Since the butterflies are cold-blooded, good, sunny weather will bring out better activity. On colder, cloudier days, the monarchs huddle together under the eucalyptus leaves.

A self-guided tour is recommended after completing a staff-guided program to know where the monarch's special place awaits. Ardenwood is also working on training volunteers to guide butterfly lovers to the monarch's winter home during days and times without scheduled programs.

Make sure to stop by Ardenwood for beautiful cascades of orange this winter. This "monarch motel" is definitely a sight you don't want to miss.

Return of the Monarchs
Sunday, Nov 24, Friday, Nov 29, & Saturday, Nov 30
1 p.m. - 2:30 p.m.

Marvelous Monarchs
Saturdays, Dec 14, 21, 28 & Sundays,

Dec 15, 22, 29
11 a.m. - Noon

Monarch Walk
Saturdays, Dec 14, 21, 28 & Sundays,
Dec 15, 22, 29
1:30 p.m.

Camino de Monarcas
Program in Spanish
Sunday, Dec 22
2 p.m.

New Year's Day Butterfly Walks
Wednesday, Jan 1
11:30 a.m. & 1:30 p.m.

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 44-2797
www.ebparks.org
Free with paid park admission
(Nov 24 fees: \$6/adults, \$5/seniors,
\$4/children, under 4 years/free
Nov 25 to March 31 fees: Tuesday-Sun-
day \$3 adults, \$2 children, under 4
years/free)



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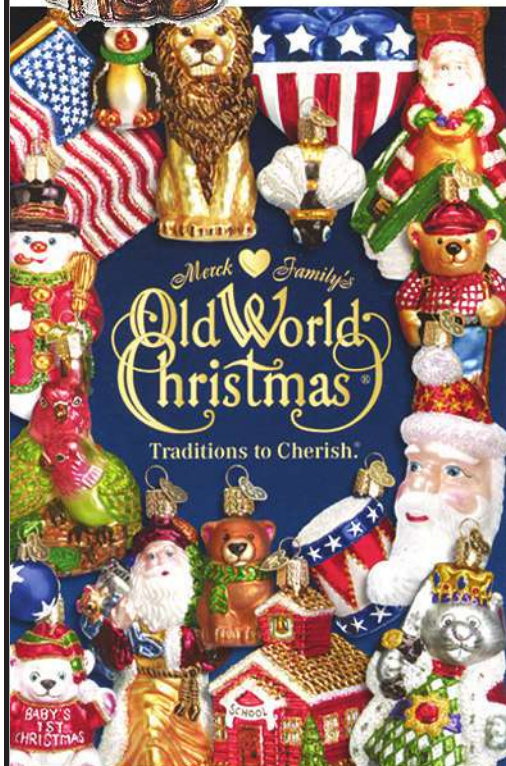


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