



Jesus Christ Superstar: an ancient story for modern times

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Mural dedication reveals 'Hayward High Past and Present'

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Student violinists raise funds for kids in need

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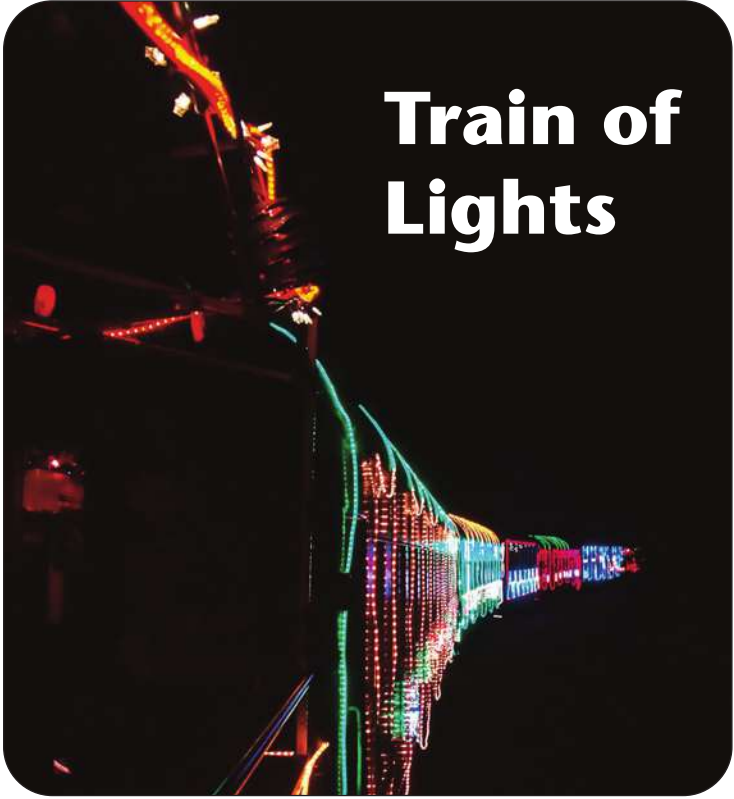
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www.tricityvoice.com

November 12, 2013

Vol. 12 No. 46



Train of Lights

PHOTOS BY
CASSANDRA BROADWIN

Clark Griswold (aka Chevy Chase) has nothing on the Niles Canyon Railway (NCRY) as they

prepare to fire up thousands of holiday lights and set their annual "Train of Lights" chugging through the canyon. An im-

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The Spirit of Giving Back

By: ANIKA DOKES

"Self-esteem is the real magic wand that can form a child's future. A child's self-esteem affects every area of her existence, from friends she chooses, to how well she does academically in school, to what kind of job she gets, to even the person she chooses to marry."
—Stephanie Marston, *The Magic of Encouragement*.

Many children from throughout the Bay Area come to OneChild every year to receive brand new items of clothing and school supplies. This is their time to feel welcome and an opportunity to reinforce self-worth.

OneChild, a non-profit organization in Fremont, was founded by Bernadine (Bernie) Dutra 12 years ago to help unprivileged children in the community by providing new clothing and school supplies to improve their appearance and self-esteem, leading to success in life. Bernie's motivation for establishing OneChild stems from her childhood; being poor, wearing dirty clothing and enduring taunts from other kids. Bernie says, "I had no self-esteem at all – none - until I was age 37."

When her husband, John, decided to open his own real estate office, he needed Bernie's help. "He would drop me off at work in the morning - about 6 a.m. - and I would pray that nobody would come in until John got there." As John helped her under-

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Yoko Young

An eternal dancer

Recently, several prominent Tri-City citizens have passed away, taking with them an important weave in the tapestry of our community. Fortunately, they leave a legacy through their works and effect on friends, family and others they touched in life. Fremont resident and dance icon Yoko Young died October 29, 2013, but her spirit will continue to resonate throughout the community as an important and dynamic mosaic of interests and life experiences.

Born in Tokyo, Japan, Yoko fell in love with dancing at age four when she saw the ballet Petrouchka. Beginning with Fujima (traditional Japanese dancing), she went on to study classical ballet under Sakiko Hirose of the Tokyo Ballet, Madame Messers of the Bolshoi Ballet, Roy Tobias of the

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Washington Hospital to Host 5th Annual Diabetes Health Fair

Learn From the Experts on How to Manage the Disease

An estimated 100,000 individuals in Alameda County have Type 1 or Type 2 diabetes but many more may be unaware they have the disease. Untreated, diabetes can lead to kidney failure, vision problems, heart and circulatory issues and a host of complications that exacerbate other health problems.

On Saturday, November 23, Washington Hospital will host a free Diabetes Health Fair that will include diabetes screenings for blood glucose and cholesterol, and presentations by physicians specializing in diabetes and management of the disease. Additionally, cooking demonstrations will illustrate how to manage your diet with diabetes and still have delicious meals. Participants will have an opportunity to speak to diabetes specialists with individual questions. Lunch will be provided free of charge.

The Health Fair will be held from 9 a.m. to 3 p.m. in the Conrad E. Anderson, M.D., Auditorium, located in the Washington West building, 2500 Mowry Avenue, Fremont. Participants are welcome to come for the entire morning's events or to drop in as time allows. The Health Fair is open to everyone who may have the disease as well as friends and family members — and to anyone in the community who

may want to know more about diabetes and how to live a healthy life style.

Speakers include Dr. Sarbjit Hundal, ophthalmologist, and Dr. Prasad Kilaru, plastic surgeon and medical director at the Washington Center for Wound Healing and Hyperbaric Medicine. Heading up the cooking demonstration will be Anna Mazzei, registered dietitian and certified diabetes educator, and Alfredo Macias, a Washington Hospital chef.

With diabetes, the body cannot properly convert sugar from food into energy, causing sugar levels in the blood and urine to rise. The complications of diabetes can be serious, and those complications can start very early. Most complications stem from changes in the blood vessels and nerves that affect various parts of the body, including the eyes, kidneys, heart and limbs.

Dr. Hundal and Dr. Kilaru emphasize that active management of the disease is essential to prevent dangerous complications common to the diabetes. Diet, exercise and managing blood sugar levels are essential — as are preventative measures relating to circulatory problems in the eyes and extremities.

Dr. Hundal will discuss how diabetes affects eyesight and how, unchecked, the disease can lead to blindness.



Anna Mazzei (above) ,a registered dietitian at Washington Hospital, will conduct a healthy cooking demonstration at the upcoming Diabetes Health Fair on Saturday, November 23. The event will also feature free screenings and expert speakers. The event begins at 9 a.m. and will be held in the Conrad E. Anderson M.D. Auditorium located at 2500 Mowry Avenue (Washington West) in Fremont. To register, visit www.whhs.com/event or call (800) 963-7070.

“Prevention is the number one key to maintaining good eyesight for diabetes patients. Seeing your physician regularly and having your eyes checked annually is essential,” Dr. Hundal said.

“Diabetes is basically an illness of the small blood vessels,” Dr. Hundal explained. “This is why it primarily affects a patient’s kidneys, extremities and vision. Diabetes damages the inner lining of small blood vessels (capillaries) which then are unable to properly circulate blood to the eye. Eventually, this leads to the eyes drying out, the capillaries leaking and damaging the eyes.”

The best way to control eye damage is to control the diabetes itself through diet, exercise and other strategies overseen by a physician.

“We can treat eyes that are damaged but we can’t reverse the damage so controlling the diabetes is the very best action any person with diabetes can take,” Dr. Hundal said.

Diabetics often have poor circulation in their feet, caused by the same damage to small blood vessels that impact the eyes and kidneys, according to Dr. Kilaru.

Dr. Kilaru urges diabetics to examine their feet daily for any breaks in the skin, no matter how small and to have regular checks by a physician or podiatrist. Keeping to a proscribed diet is essential, he added, noting that rising blood sugar often indicates an infection in the body. One in four diabetics run the risk of a foot ulcer which, if untreated, can lead to amputation.

“Prevention is essential,” Dr. Kilaru said. “Monitor your circulation; if you have a wound, make sure you have it treated. Catch it in the early stages. Never give up. Treatment at any stage is important; it may save your life.”

Get the Scoop on Diabetes

To learn more about diabetes management, plan to attend the Washington Hospital Diabetes Health Fair on Saturday, November 23 beginning at 9 a.m. The fair will take place in the Conrad E. Anderson M.D. Auditorium, located at 2500 Mowry Avenue (Washington West) in Fremont. Register online at www.whhs.com or call (800) 963-7070. Visit www.whhs.com/diabetes for more information.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY		
	11/12/13	11/13/13	11/14/13	11/15/13	11/16/13	11/17/13	11/18/13		
12:00 PM 12:00 AM 12:30 PM 12:30 AM	Disaster Preparedness	Heel Problems and Treatment Options	Minimally Invasive Hip Replacement	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy	Strengthen Your Back! Learn to Improve Your Back Fitness	Vitamins and Supplements - How Useful Are They?	Sideline by Back Pain? Get Back in the Game		
1:00 PM 1:00 AM								Minimally Invasive Treatment for Common Gynecologic Conditions	Women's Health Conference: Age Appropriate Screenings
1:30 PM 1:30 AM		Women's Health Conference: Aging Gracefully	Washington Township Health Care District Board Meeting October 9th, 2013	Treating Infection: Learn About Sepsis	Washington Township Health Care District Board Meeting October 9th, 2013		Don't Let Back Pain Sideline You	Your Concerns InHealth: Senior Scam Prevention	
2:00 PM 2:00 AM	Strengthen Your Back! Learn to Improve Your Back Fitness	Raising Awareness About Stroke				Diabetes Meal Planning: Strategies for Seasonal Success (New)			Varicose Veins and Chronic Venous Disease
2:30 PM 2:30 AM	Minimally Invasive Surgery for Lower Back Disorders			Alzheimer's Disease			Diabetes Matters: Research: Advancing Diabetes Management	Treating Infection: Learn About Sepsis	
3:00 PM 3:00 AM		Do You Have Sinus Problems?	Cataracts and Diabetic Eye Conditions		Fitting Physical Activity Into Your Day	Washington Township Health Care District Board Meeting October 9th, 2013			Washington Township Health Care District Board Meeting October 9th, 2013
3:30 PM 3:30 AM	Diabetes Meal Planning: Strategies for Seasonal Success (New)	Your Concerns InHealth: Vitamin Supplements		Influenza and Other Contagious Respiratory Conditions			Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment & Percutaneous (Under the Skin) Treatment	Lunch and Learn: Yard to Table	
4:00 PM 4:00 AM	Lunch and Learn: Yard to Table		Heart Irregularities		Voices InHealth: The Greatest Gift of All	Financial Scams: How to Protect Yourself			Healthy Nutrition for Your Heart
4:30 PM 4:30 AM	What You Should Know About Carbs and Food Labels	Important Immunizations for Healthy Adults		Turning 65? Get To Know Medicare			From One Second to the Next (New)	Diabetes Meal Planning: Strategies for Seasonal Success (New)	
5:00 PM 5:00 AM			Kidney Transplants		Vitamins and Supplements - How Useful Are They?	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma			Deep Venous Thrombosis
5:30 PM 5:30 AM	Washington Township Health Care District Board Meeting October 9th, 2013	Diabetes Meal Planning: Strategies for Seasonal Success (New)		Washington Township Health Care District Board Meeting October 9th, 2013			How to Maintain a Healthy Weight: Good Nutrition is Key	Learn About Nutrition for a Healthy Life	
6:00 PM 6:00 AM			Diabetes Matters: Diabetes Viewpoint		Arthritis: Do I Have One of 100 Types?	GERD & Your Risk of Esophageal Cancer			Learn About Nutrition for a Healthy Life
6:30 PM 6:30 AM	Learn About Nutrition for a Healthy Life	Heart Healthy Eating After Surgery and Beyond		Keys to Healthy Eyes			Learn About Nutrition for a Healthy Life	Learn If You Are at Risk for Liver Disease	
7:00 PM 7:00 AM			Learn About Nutrition for a Healthy Life		Heart Healthy Eating After Surgery and Beyond	Keys to Healthy Eyes			Learn About Nutrition for a Healthy Life
7:30 PM 7:30 AM	Learn About Nutrition for a Healthy Life	Heart Healthy Eating After Surgery and Beyond		Keys to Healthy Eyes			Learn About Nutrition for a Healthy Life	Learn If You Are at Risk for Liver Disease	
8:00 PM 8:00 AM			Learn About Nutrition for a Healthy Life		Heart Healthy Eating After Surgery and Beyond	Keys to Healthy Eyes			Learn About Nutrition for a Healthy Life
8:30 PM 8:30 AM	Learn About Nutrition for a Healthy Life	Heart Healthy Eating After Surgery and Beyond		Keys to Healthy Eyes			Learn About Nutrition for a Healthy Life	Learn If You Are at Risk for Liver Disease	
9:00 PM 9:00 AM			Learn About Nutrition for a Healthy Life		Heart Healthy Eating After Surgery and Beyond	Keys to Healthy Eyes			Learn About Nutrition for a Healthy Life
9:30 PM 9:30 AM	Learn About Nutrition for a Healthy Life	Heart Healthy Eating After Surgery and Beyond		Keys to Healthy Eyes			Learn About Nutrition for a Healthy Life	Learn If You Are at Risk for Liver Disease	
10:00 PM 10:00 AM			Learn About Nutrition for a Healthy Life		Heart Healthy Eating After Surgery and Beyond	Keys to Healthy Eyes			Learn About Nutrition for a Healthy Life
10:30 PM 10:30 AM	Learn About Nutrition for a Healthy Life	Heart Healthy Eating After Surgery and Beyond		Keys to Healthy Eyes			Learn About Nutrition for a Healthy Life	Learn If You Are at Risk for Liver Disease	
11:00 PM 11:00 AM			Learn About Nutrition for a Healthy Life		Heart Healthy Eating After Surgery and Beyond	Keys to Healthy Eyes			Learn About Nutrition for a Healthy Life
11:30 PM 11:30 AM	Learn About Nutrition for a Healthy Life	Heart Healthy Eating After Surgery and Beyond		Keys to Healthy Eyes			Learn About Nutrition for a Healthy Life	Learn If You Are at Risk for Liver Disease	

Washington Hospital Healthcare Foundation's Top Hat XXVII A Record Year!

Event Proceeds Will Benefit Washington Hospital's Community Mammography Program

The Washington Hospital Healthcare Foundation's 27th Annual Top Hat Dinner Dance took place on Saturday, October 12, raising a record \$295,000 to support Washington Hospital's Community Mammography Program. The co-chairs for the event were Dr. Vandana Sharma, Medical Director of the Genetics Counseling Program and the Oncology Program at Washington Hospital, and Linda Gonsalves, managing partner at the law firm of Gonsalves and Kozachenko.

More than 620 guests attended the gala, which took place in a beautiful tent on the grounds of Washington West. During the delectable four-course dinner served by McCalls Catering & Events, attendees enjoyed the company of their

fellow guests while listening to the Larry Walker Trio. After dinner, Beatlemajesty, a Beatles tribute band featuring members from the hit Broadway musical, Beatlemania, played while diners danced into the night. For those favoring a quieter ambiance, dancing and cocktails were provided in an intimate jazz lounge in Washington West.

Funds raised from Top Hat this year will support Washington Hospital's Community Mammography Program. Since its inception in 2001, this crucial safety-net program has underwritten the cost of mammograms for 1,950 patients. This Community Mammography Program ensures that Tri-City men and women, regardless of their ability to pay, are able to receive mammograms in a

timely manner, close to home. For low-income or uninsured patients referred by community health centers, the program is often the only option for local care.

"Since the first Top Hat event in 1986, the Washington Hospital Healthcare Foundation has contributed more than \$1.8 million to benefit our patients at Washington Hospital," said Demetrious Shaffer, Past President of the Washington Hospital Healthcare Foundation and emcee for Top Hat. "Many thanks to Dr. Vandana Sharma, Linda Gonsalves and the entire Top Hat Committee who worked so hard to make Top Hat another special event."

Next year's Top Hat dinner dance is scheduled for October 11, 2014. Mark your calendar!



Michael Wallace, Second Vice President of the Washington Township Health Care District Board of Directors and Naomi Wallace.



Dr. Lucia Yumena, Foundation member Salwa Aboumrad and Dr. William Nicholson, President of the Washington Township Health Care District Board of Directors.



Top Hat Co-Chairs Dr. Vandana Sharma (left) and Foundation member Linda M. Gonsalves.

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Is It 'Holiday Stress' – or Anxiety or Depression?

Upcoming Seminar Discusses Treatment Options

As the winter holidays approach, chances are that nearly everywhere you go, you'll be hearing the voice of Andy Williams singing, "It's the Most Wonderful Time of the Year." But for some people, the holidays aren't necessarily so wonderful.

"The holidays can be tricky for people," says Joe Racklin, PhD, a clinical psychologist in private practice in Fremont. "While the holidays can be fun, the season also can bring up issues that produce anxiety or depression – which often go hand in hand. It's not unusual to experience some sense of worry or get a case of the 'blues' during the

holidays. If your anxiety or depression goes on for more than a couple of weeks and interferes with your life, however, you may benefit from professional help. For people who already have a history of anxiety or depression, the holidays may be even more difficult."

To help people in the community understand more about serious anxiety and depression, as well as various therapy approaches for treating these disorders, Washington Hospital is sponsoring a free seminar featuring Dr. Racklin on Tuesday, November 19, from 1 to 3

continued on page 16



To help people in the community understand more about serious anxiety and depression, as well as various therapy approaches for treating these disorders, Washington Hospital is sponsoring a free seminar featuring a clinical psychologist on Tuesday, November 19, from 1 to 3 p.m. The seminar will be held in the Conrad E. Anderson, M.D. Auditorium at the Washington West Building, 2500 Mowry Avenue in Fremont.



Traveling for the Holidays?

Don't forget your flu shot!

Get your flu shot from the comfort and convenience of your car at our Drive-through Flu Shot Clinic.

- When:** Saturday, November 16
Time: 9 to 11 a.m. (first come, first served)
Where: Washington Hospital, 2500 Mowry Ave. (Washington West parking lot)
Cost: \$20 (cash or check accepted)

Call (510) 791-3417 or visit whhs.com/flu-shot for more information.



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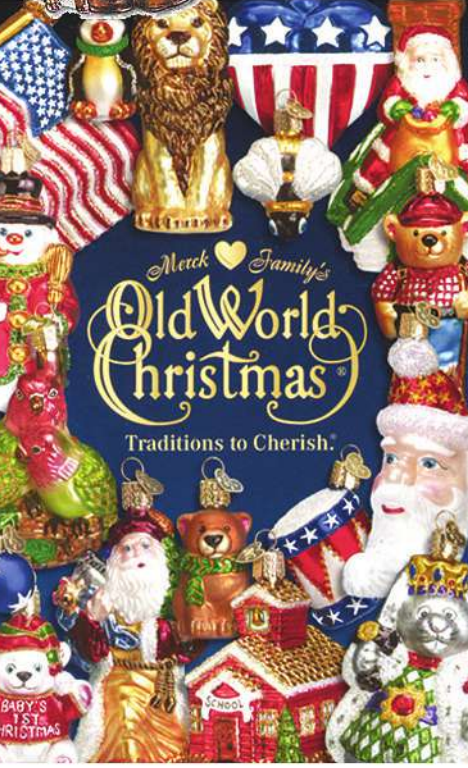
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Thank You, Fremont!
 This Year's Make A Difference Day
 was a Huge Success
 Thanks to Your Efforts



The City salutes the more than 1,400 volunteers, comprised of Fremont individuals, families, clubs, schools, churches, and nonprofit organizations that joined together for a "national day of doing good" on Saturday, Oct. 26. The annual Make A Difference Day was sponsored by the City of Fremont Human Relations Commission and it showcased Fremont residents serving their community in a variety of practical ways.

This year, volunteers participated in nearly 100 planned projects throughout Fremont. Activities included sprucing up community gardens, graffiti removal, mural painting, oil changes for single parents, a holiday family photo shoot for low income families, beautification projects at participating local schools, yard projects at mobile home parks, debris clearing and trail maintenance at local parks, homeless feeding,

collecting dog food for the Fremont Police Department canine unit, peanut butter and shoe drives, and writing thank you letters to local heroes.
 Mark your calendar for next year's event on Oct. 25, 2014! For more information about Make A Difference Day, contact Project Manager Christine Beitsch at makeadifferenceday@fremont.gov or (510) 574-2099.

Make a Family or Senior's Day Special with Fremont's Giving Hope Holiday Program

The holidays are fast approaching and there's no better way to celebrate than by spreading the joy of the season to others.

The City's Human Services Department is calling on you to take part in Giving Hope, a program dedicated to aiding needy families, children, and frail isolated seniors by bringing them some holiday cheer. Anyone interested in participating and making a difference in the lives of those Giving Hope serves can help in any of the following ways:

- Cash donations (corporate matching gifts gladly received)
- Gift cards for groceries, restaurants, entertainment
- Personalized gifts for a family or senior using their very own wish list

Donations can be made online at www.Fremont.gov/HSdonate. If sending a check, please make it payable to the following:

City of Fremont
 Giving Hope Holiday Program
 Human Services Department
 3300 Capitol Ave., Building B
 Fremont, CA 94538

Donations and holiday gifts from a personalized wish list will be accepted until Thursday, Dec. 12 for the holiday fundraiser and all year for the Giving Hope Program. In appreciation of your generosity, each sponsor will receive a thank you letter for tax purposes in January.

For more information on how to participate, please contact the City's Monica Dominguez at (510) 574-2057 or mdominguez@fremont.gov.



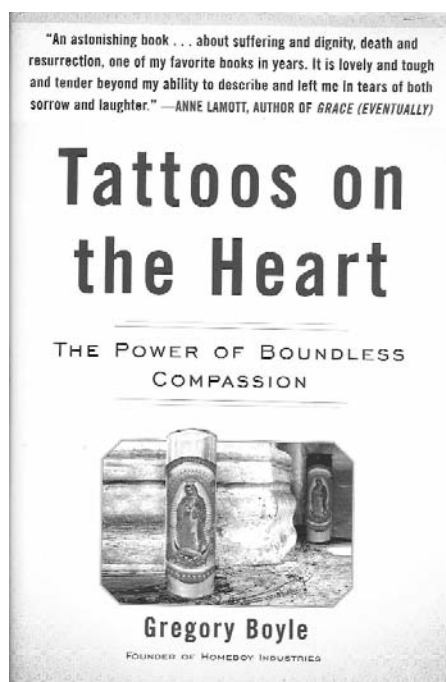
From Book to Action: Ending Hunger and Homelessness in Hayward

SUBMITTED BY SALLY THOMAS

As Thanksgiving approaches and people reflect on what they are grateful for, many look for opportunities to give to others who are less fortunate. Community members are invited to participate in a discussion of concrete actions to end the crisis associated with hunger and homelessness, decrease the waste of good food and increase access to healthy meals. Sara Lamnin, executive director of the Hayward Community Action Network (Hayward CAN), urges people to get engaged: "We can all take simple actions to make lasting change."

This event, a Book-to-Action program, will reflect on lessons learned in "Tattoos on the Heart: The Power of Boundless Compassion" by Gregory Boyle and local programs that provide opportunities for jobless citizens to earn income. Tattoos on the Heart shares Boyle's belief that universal kinship and redemption are keys to fighting despair that typically arise from poverty and lack of economic opportunities.

Hayward librarian Sally Thomas reports a strong endorsement of the book from local readers, who discussed the book last month. "A logical question readers are inspired to dis-



cuss after reading this engaging book is what we can learn from Homeboy Industries for local campaigns to generate jobs and vocational training opportunities."

Betty De Forrest, a founding member of the Task Force, helps to lead the South Hayward Parish's food pantry that distributes food to individuals and families in the local

community. She observes, "We need to be clear that there are many more people who are hungry in our city than are homeless."

Last year, we served 6,755 individuals in the South Hayward Parish food line, compared to 135 who identify as homeless. One third of those we served at the food pantry are women, and half of those are mothers with children living in cars."

Panelists will include Suzan Bateson, Executive Director of the Alameda County Food Bank; Elaine de Coligny, Executive Director of EveryOne Home; and individuals who have faced hunger and homelessness in Hayward.

The Hayward Task Force to End Hunger and Homelessness organized last year to find solutions for the more than 18,000 people living in poverty in Hayward. As a founding member of the Task Force, City Council member Francisco Zermeno encourages local engagement in volunteer activities such as helping someone with job searches and computer access or enlisting local restaurants to donate excess food to someone in need. "This task force has the correct human-centered objectives of ending hunger and homelessness in our fine city," Zermeno related. "Hayward is located in the 'Heart of the Bay.'

While the task is daunting, our will to provide a better quality of life for all Hayward residents is stronger. Hayward on!"

Sponsors of this program include: Hayward Public Library, Task Force to End Hunger and Homelessness in Hayward, Friends of the Hayward Library, Hayward Chamber of Commerce, Hayward Area Recreation and Park District, Eden Area League of Women Voters, South Hayward Parrish, Hayward/Castro Valley AAUW, Opportunity and Freedom, The Chabot College Puente Project, City Councilman Francisco Zermeno

For more information, contact: Sally Thomas at sally.thomas@hayward-ca.gov or (510) 881-7700; or Sara Lamnin at saralamnin@gmail.com or (510) 432-7703.

Saturday, Nov 16
Ending Hunger and
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1 p.m. - 4 p.m.

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(510) 881-7700 or (510) 432-7703

Special Olympics Event

SUBMITTED BY BRIA ROSENTHAL

Mission Valley SELPA, representing Fremont, New Haven, and Newark Unified School Districts, will host a unique opportunity for students with special needs through their Schools Partnership Program with Special Olympics of Northern California. In their first Annual Special Olympics Event being held on November 15 at American High School, students will compete and participate in Soccer teams and individual skills. The Schools Partnership Program is a unique education program in K-12 public schools that unifies disabled and non-disabled students to bring acceptance and respect to schools. Mission Val-

ley SELPA anticipates approximately 250 students with special needs from the secondary level, representing students in moderate, moderate to severe, and intensive instruction programs participating in this event. Parents and families are welcome to join in and cheer on the aspiring athletes.

Special Olympics at American High
Friday, Nov. 15
9 a.m. - 1 p.m.
American High School
36300 Fremont Blvd, Fremont
(510) 659-2569
<http://www.fremont.k12.ca.us/Page/302>

Local YMCA receives donation

SUBMITTED BY GRETCHEN CUNDIFF

Fremont/Newark Branch YMCA has received \$678 in donations and equipment from Fremont United Auto Service and Michelin North America through the Michelin Soccer Program. These donations help by funding scholarships, uniforms, field upkeep and other essentials. Dealers purchase customized soccer balls which are redeemed with certificates sent to the soccer organization.

To learn more about the Michelin Soccer Program, visit MichelinSoccer.com. To find out more about Fremont United Auto Service, contact Alex Tsang, (510) 793-7188, at 37159 Moraine St. in Fremont or visit fremontunitedautoservice.com.

A discussion about the truth

SUBMITTED BY
BARRY ZEPEL

Mary Tillman, who has taken her family's efforts public for nearly a decade to find out the truth about the death of her son and Army Ranger Pat Tillman in Afghanistan, will speak Nov. 18 at California State University, East Bay. Pat Tillman gave up his career as a star player in the National Football League after the 9/11 attacks to join the Army.

Mary Tillman is co-author, with journalist Narda Zacchino, of "Boots on the Ground by Dusk: My Tribute to Pat Tillman," published in 2008 by Rodale Inc.

The Tillman's presentation, sponsored by CSUEB's Center for Sport and Social Justice (CSSJ) and the Department of Kinesiology, will focus on her and the Tillman family's efforts to learn the truth about the cause of death of the former Arizona Cardinal safety killed at the age of 27 in 2004 after tours of duty in Iraq and Afghanistan.

The Army Special Operations Command initially claimed that Tillman and his unit were attacked in an apparent ambush on a road outside of the village of Sperah, near the Pakistan border. Then the story changed after his burial, with investigations by the Department of Defense and U.S. Congress determining that his death was caused by friendly fire. Through the efforts of the Till-

man family, several investigations have followed to seek the truth around both the circumstances of Pat Tillman's death and to acknowledge and hold accountable those responsible for his death. Mary Tillman concedes that this may never come.

"There was an attack or ambush, but Pat was killed by his own troops," Mary Tillman said.

"Mary Tillman is generally a very private person, but she has become very public in order to force the U.S. military to tell the truth about how her son was killed," said Rita Liberti, CSSJ director and a Cal State East Bay kinesiology professor. "Mary Tillman continues this public role in sharing Pat's story as a way to support and assist other military families whose loved ones have been killed in similar circumstances."

The goal of Cal State East Bay's Center for Sport and Social Justice is the encouragement and dissemination of political discussion and action around sport, including race, class, gender, and disability. Admission to this discussion is free.

Mary Tillman Discussion
Monday, Nov. 18
6:30 p.m.
Cal State East Bay, Arts and Education Bldg., Rm. 1203
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Hayward officers recognize for outstanding efforts



SUBMITTED BY HAYWARD PD

On Monday October 14th, the Alameda County District Attorney's held their annual District Attorney Muster. At this muster, they recognized several officers for their outstanding work and dedication. Hayward Police was honored by having two recipients receive recognition from the District Attorney's (D.A.) office. Alameda County District Attorney Nancy O'Malley presented Detective Hoyer and Officer Runolfson with an Officer Appreciation Award.

Detective Hoyer was honored for his work in Hayward PD's Gang Investigation Unit. Detective Hoyer's dedication and attention to detail was recognized by Deputy D.A. Brouhard, the charging D.A. for the gang prosecution team. Detective Runolfson was recognized by Deputy D.A. Wood for his outstanding work while assigned to the Alameda County Narcotics Task Force (ACNTF). Officer Runolfson was responsible for recovering hundreds of pounds of illegal drugs, over \$85,000 in US currency, and several firearms during his assignment with ACNTF.

Please join us in congratulating Detective Hoyer and Officer Runolfson for their outstanding achievement.

Hayward Police Log

SUBMITTED BY HAYWARD PD

Monday, October 28

A robbery occurred in the area of 1198 Walpert Ave. at 10:21 a.m. The victim was walking past the listed address when two suspects approached him. One of the suspects simulated having a handgun and demanded the victim's property. The victim relinquished his cell phone to the suspects, and the suspects fled on foot towards Second St. The suspects are described as: #1-Black male, 20-30 years old, 5'11" and 160lbs; he was wearing a grey hooded sweatshirt. #2-Black male, 24 years old, 5'11", 160 lbs; he was wearing a red hooded sweatshirt. Anyone with information is encouraged to call the Hayward Police Department Investigations Division at (510) 293-7034.

A burglary occurred at 2428 Pratt Ave. at 11:29 p.m. An employee was inside the business asleep when he heard the alarm sounding. When the employee went to investigate he discovered the suspect had smashed out the front window and stolen a com-

puter. The employee then heard someone from a neighboring business yelling at the suspect as he fled on foot. A search of the suspect's flight path was conducted and the stolen computer was recovered. The suspect is described as an unknown race male, 5'10" and thin build; he was wearing a black knit cap, black hooded sweatshirt and dark pants.

Tuesday, October 29

A robbery occurred in front of 25100 Cypress Ave. at 10:45 p.m. The victim was walking along the sidewalk when the suspect pulled up in a vehicle next to him. The passenger demanded the victim's backpack, and when the victim refused, the suspect brandished a handgun at the victim and demanded his backpack again. The victim handed the suspect his backpack and the suspects fled in the vehicle. The suspect is described as a Black male, 5'8" and medium build; he was wearing a grey hooded sweatshirt. There was no description of the driver of the suspect vehicle, and the suspect vehicle was described as a 1990's red Dodge Caravan.

Wednesday, October 30

Three Hayward PD officers were on their way home after their shift at 2:04 a.m. and stopped for gas. At the gas station one of the officers recognized a vehicle as a suspicious vehicle call he had responded to early in his shift, but could not find. The officer called dispatch and on-duty officers responded. They located the vehicle and discovered it was reported stolen. The driver was arrested for possession of a stolen vehicle.

Thursday, October 31

A shooting occurred at 27293 Sleepy Hollow Ave. (Lord Tennyson Apartments) at 11:02 p.m. Neighbors reported hearing a male and female arguing and then they heard several gunshots. Officers respond and found a female lying in the parking lot suffering from multiple gunshot wounds. The victim was transported to a local hospital where she remains in ICU.

Anyone with information about the above incidents is encouraged to call the Hayward Police Department Investigations Division at (510) 293-7034.

Public's assistance needed to identify gold chain robbery suspect

SUBMITTED BY FREMONT POLICE DEPARTMENT

On Friday, October 4, 2013, Fremont Patrol Officers responded to the parking lot of the Walmart Store on Osgood Rd. to investigate a gold chain robbery. The victim, a 70 year old female, was with her family and exiting the Walmart Store on Friday night when she was approached from behind by a suspect who grabbed her gold chain necklace.

The shocked victim attempted to grab hold of her necklace as she was pulled from behind by the suspect. A brief struggle occurred until the suspect slammed the 70 year old woman to the ground. He then began to drag her for a short distance until he was able to obtain a portion of her gold chain. His counterpart, an adult female, fled to a nearby getaway vehicle where she waited for him. The male entered the vehicle and the two suspects fled

the scene. Officers arrived within minutes and found the victim in an extreme amount of pain. She was transported to a local hospital with a serious injury which required surgery and hospitalization.

Based upon the review of video surveillance from within the store, the two suspects stalked the victim and her family as they were shopping. The male suspect at one point even made a motion with his arms as if he is shooting the victim as his target with a rifle while he followed her. The two suspects followed the female victim and her family out of the store and into the parking lot, where the robbery then occurred. The suspects are described as:

Suspect #1 NOW IN CUSTODY: White or light skin Hispanic male, 18-25 years old, 5'07" - 5'10" tall with a medium to stock build, black or dark hair shaved short with close faded sides. He was wearing a black

shirt with white and red writing on the front and jeans.

Suspect #2 REMAINS AT LARGE: Hispanic female, 17-25 years old, 5'2"-5'6" tall with a small build, brown hair pulled into a bun/short pony tail. She was wearing a black hooded sweatshirt and shorts.

Suspect Vehicle: Silver or Gray Hyundai four-door appearing in stock condition with tinted rear windows.

The Fremont Police Department would like to solve this crime. We are seeking the public's help to identify the female suspect. If you have information about this incident or the suspects, please contact the Fremont Police Department's Investigative Unit at 510-790-6900 or Officer Darryl Manrique at Dmanrique@fremont.gov. You can also send us an anonymous tip via Nixle or go to www.fremontpolice.org/tip to learn about other ways to contact us.





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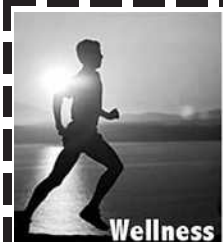
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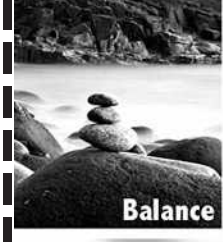
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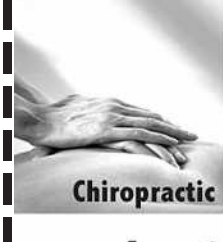
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Letter to the Editor

The Yellow Light Trap in Fremont

The red light camera at Mowry/Farwell in Fremont flashes more motorists than any of the other 100 cameras in the Bay Area - that is, for violations of the straight-through type. Not because this intersection is a magnet for aggressive drivers but because the yellow light is set one-half second shorter than what it should be. If the yellow light had been set for the normal speed of traffic and not for an arbitrarily lowered speed limit it would be 4.5 seconds long instead of just 4.0 seconds.

This missing half-second is important because two-thirds of the 2,000 tickets issued each year go to motorists being trapped by this shortened yellow light... nearly \$1 million per year in fines, fees, and assessments. The notion that a longer yellow just lets those marginal violators off easy has been disproven by data from other intersections

where the yellow light had been extended. These violators do not adjust and continue to "run the red." These violations simply just disappear from the grid. What is especially important is that the data shows longer yellow lights also reduce the really late incursions into the intersection. The violations which occur two or more seconds after the light turns red also drop by similar percentages. These have a much greater potential for causing collisions and this is where the real safety benefit lies.

Why would any city insist on creating or maintaining policies which add to the problem and do nothing to solve it?

**Roger Jones
Fremont
Red Light Camera Protest Group**

Federation of Indus holds awards ceremony



SUBMITTED BY PRAKASH SIVAM

The first annual Federation of Indus Entrepreneurs' Group (FIEG) Awards Ceremony was held on September 18 at the Hilton Hotel with awards presented by Fremont Mayor Bill Harrison. Also present as speakers were Sabeer Bhatia, Shelly Kapoor, and Komati Jayaram.

Eleven awards were presented to Bay Area companies including: DGN Technologies, Inc.; Digital-X, Inc.; Inter Source, Inc.; Kronsys, Inc.; R Mo LLC; Shimento, Inc.; Sharpedge Solutions, Inc.; Sigmaways, Inc.; Taste of India Restaurant; and ZealTech, Inc.

FIEG is dedicated to fostering networking opportunities among entrepreneurs in Fremont to create strength and growth in businesses. For more information on FIEG, visit www.fieg.org.

Free Flu Clinic

SUBMITTED BY MADELINE WEAVER

Free flu vaccines will be available for adults and children with no insurance or who cannot afford to pay for the vaccine. Vaccines are first-come, first-served. There will be a limited number of vaccines available for children 36 months and younger. Supplies will be limited so the earlier you arrive, the better your chances are of getting vaccinated. Children under the age of 18 must be accompanied by a parent or legal guardian.

This public service is offered in conjunction with other free services which Eden Church regularly offers our community on the second and fourth Wednesdays of every month including: a Comida para Cherryland food bank, homework help for students in grades K-12, and a Cherryland Children's Music Program for children in grades K-6.



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Math and reading results are in

SUBMITTED BY THE EDUCATION TRUST

Performance for the nation's fourth and eighth-grade students in reading and mathematics has inched up since 2011, according to data recently released from the 2013 National Assessment of Educational Progress (NAEP). Nationally representative samples of more than 376,000 fourth-graders and 341,000 eighth-graders were assessed in either mathematics or reading in 2013.

The results make clear just how much work we have to do as a country. Overall, only about one in three students is proficient in fourth-grade reading, eighth-grade reading, or eighth-grade math. About four in 10 are proficient in fourth-grade math.

This new data marks the 10th year where all states have participated in NAEP. Since 2003, some states are showing what's possible in terms of performance, improvement, and gap-narrowing.

Maryland ranks among the top states in performance in 2013 and improvement since 2003, overall and for student groups, especially in fourth and eighth-grade reading. Florida also ranks among the top in performance in fourth-grade reading and improvement in fourth and eighth-grade reading.

**California is near the bottom
for students overall.**

Although the numbers aren't overly impressive, the nation's numbers have climbed in all four areas. Both fourth and eighth-grade math rose one point since 2011. Within the past two years, fourth grade reading has risen one point and eighth-grade reading climbed three points. Twenty-five of the 52 U.S. states/jurisdictions had a higher average score in 2013 than in 2011 in at least one subject and grade.

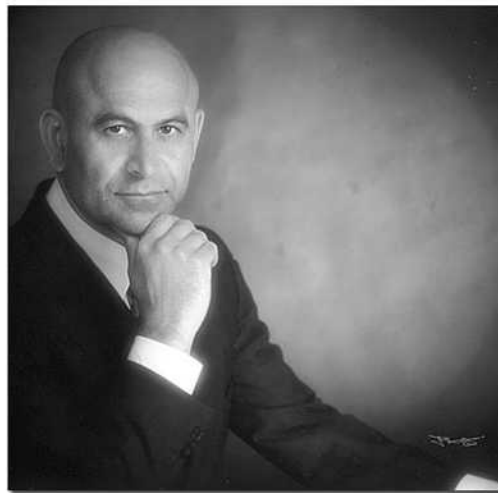
For more information and statistics, visit http://nationsreportcard.gov/reading_math_2013/#/

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History

Our Historical Treasures

We have lost some of our historical treasures. What happened? Where did they go?

Apparently the oldest historical treasures in our area are fossils in the Bell gravel deposits near Irvington. Those remaining are buried under or divided on both sides of Interstate 680.

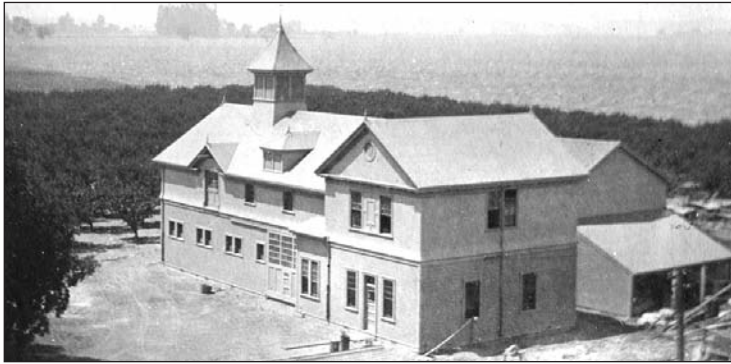
Mysterious rock walls scattered around our hillsides are very old, but we don't know their true age. Some have been pierced by roads or fences, and a few have been hauled away or moved be-



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Sycamore Redwood Barn

cause they were in the way or needed elsewhere.

Our next oldest treasures are Ohlone village sites. Many have been cultivated for farms, gardens, roads or building sites. They are gone, but a few have been preserved as bedrock mortar sites or parks, most notably Coyote Hills Park. The Ohlone people were forced into the mission system where many died from disease and life changes.

When the American pioneers arrived, this was a land of grass and flowers. Overgrazing and cultivation changed it to a land of mustard and new plants with cultivated fields of wheat and hay. The fields are covered by housing developments, but the mustard survives in vacant areas when given a fighting chance.

Arguably, the most prominent man-made structure of this area is our Mission, sometimes called our number one treasure.

Embarcaderos used to line our bay frontage but were gradually displaced by trains. A horse-car railroad ran from Newark to Centerville but was replaced by railroad service which in turn, was reduced by large trucks. The demand for passenger service brought trains back to our area.

A succession of airports were located in the area but were displaced when land was sold for development.

Our pioneers erected a number of charming and beautiful houses. The Bunting house on Thornton Avenue was probably the most elaborate and beautiful in the area; it burned down through careless management. The Crowell house in Irvington was torn down when no one came forward to preserve it. Other famous houses that were torn down include the Howard Overacker house on Peralta, the Robert Blacow mansion on Fremont Boulevard and the G. M. Walters home in Irvington. Houses saved through the efforts of private citizens, sometimes with City help, include: Patterson House at Ardenwood, Shinn House, Hervey House, the Dusterbery Home, Gallegos

House, Higuera Adobe, the Davis and W. Y. Horner houses.

Historic commercial buildings include: the Carriage House, Washington Hotel and Brown Barber-shop, Ehrman Store, Beard Granary, Niles Depot, Clark's Hall, Vallejo Adobe, Curtner Mansion,



Hiram Davis House

and Kimber Park. The Bringhurst family saved St. Joseph's Rectory and the Rix Cottage.

Curtner Seminary, Anderson Academy, International Kitchen, St. Mary of the Palms, and the Cohen Hotel were lost to fire. The origin of the Cohen Hotel fire was very suspicious and controversial because it came in the midst of frantic efforts to save and restore it. Most of the wooden buildings in Mission San Jose were destroyed by two separate fires. Centerville and Irvington also suffered from big fires.

Vineyards once covered the slopes of Mission San Jose and Warm Springs; remains of the once famous Palmdale Winery survive near Irvington.

Additional historical treasures have been, stored, stolen or seemingly just disappeared. Fremont Kaiser Hospital employed an artist to create a picture to match the name of each building. For instance, the Ohlone picture depicts Native Americans and the Embarcadero image recreated a landing. These pictures were displayed for awhile then disappeared. Someone removed them but we don't know when, how or why.

Centerville residents erected a memorial near Fremont Boulevard to record the names of Washington Township men and women in the military services in World War II. Development forced them to move the memo-

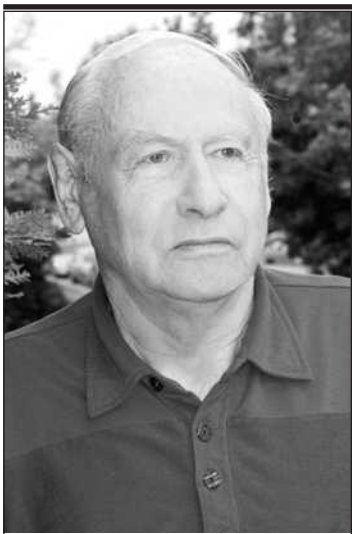
rial close to Cloverdale Creamery where it gradually disintegrated.

The first high school of this area was not far away on the present Peralta Avenue. There was a large rock in front of the school, revered by students as a special monument to the high school system and selected patriotic leaders. Students often posed for pictures by the rock. It was buried in 1924 and never located again. The high school [Washington High School] was replaced except for the arched doorway which was retained with alumni support.

Not far from Washington High School, the 1962 Fremont Hub sign has been replaced and the original apparently lost to history.

The Irvington Monument was not lost. It was saved and installed in a small park near its original location at the five corners. The St. James Episcopal Church was not lost either. It was just moved down the street.

This brief survey of historical resources shows that although some of our treasures have been lost, others have been saved by the efforts of caring citizens and survive for us to appreciate. It is up to us to care for them and preserve them for future generations.



PHILIP HOLMES

PEEK INTO THE PAST

www.museumoflocalhistory.org

Photos courtesy of The Museum of Local History

John Dam named Director of Human Resources

SUBMITTED BY GWENDOLYN MITCHELL/LINGXIA MENG

The County of Santa Clara announced November 6, 2013 the appointment of John Dam as Director of Human Resources Department. Dam has a public service career that spans over 20 years, the majority of which was in the field of Human Resources.

In the past two years, Dam was Deputy Director for the City of San Jose Department of Finance, where he managed an insurance program for the \$2.9 billion City properties consisting of the airport, sewage plant, sports arena, convention center and City Hall complex. Prior to that, Dam had been Deputy Director of Human Resources for the City with over 5,400 employees. There, he was responsible for employee development, recruitment, classification and compensation, risk management, and benefits.

Dam holds a Bachelor's Degree in Psychology from University of California, Santa Cruz, and a Master of Business Administration Degree from University of California, Davis. He has lived in Santa Clara County for 25 years. He was married for 13 years to his late wife, Ann Dam. His two sons are Robert and Max, 15 and 12 years of age.



Dam's appointment as Director of Human Resources became effective October 15, 2013. The annual salary for the position is \$142,484.

Anti-Distracted Driving Video Competition

SUBMITTED BY SACHA EVANS

The U.S. Department of Transportation, Project Yellow Light, Mazda Motorsports, National Organizations for Youth Safety®, and the Ad Council opened their Project Yellow Light contest to high school and college students nationwide on October 31. The goal is to challenge students to create a short video to convince their peers to not drive distracted.

Texting and cell phone use behind the wheel significantly increases a driver's risk of crashing. Even a single, momentary distraction while driving can cause a lifetime of devastating consequences. "Through Project Yellow Light we hope to raise awareness of the danger among teens and encourage young people to take responsibility and take action to reduce the risk of distracted driving accidents," said Transportation Secretary Anthony Foxx.

"Today's young drivers do not realize exactly how dangerous using their phones while driving can be," said Administrator David Strickland of the National Highway Traffic Safety Administration. Through Project Yellow Light, even the youngest drivers will hear from their peers about the dangers of distracted driving, and how harmful sending even one text can be when behind the wheel.

Established in 2007, Project Yellow Light is a video contest and scholarship program established by Julie Garner in memory of her teenage son, Hunter Garner, who was killed in a car crash that year. Project Yellow Light was developed to encourage teens and young adults to be safe when taking on the road. The contest allows students to create their own videos, with the chance to win a college scholarship and have their short film turned into an Ad Council PSA and distributed to over 1,600 TV stations nationwide. Scholarships are made possible by the generosity of Mazda Motorsports.

The winners of this year's PSA contest will be announced May 1 at the National Organizations for Youth Safety's Global Youth Traffic Safety Summit. For both the high school and college contests, the first-place winner will receive a scholarship in the amount of \$5,000. Second-place finisher will receive \$2,000. Third-place finisher will receive \$1,000.

For more information, or to apply, visit www.projectyellowlight.com.

Information and Referral Day

SUBMITTED BY MITCH REITMAN

Eden I&R, Inc./2-1-1 Information and Referral (I&R) services are a vital part of the social service system - providing information on where to find financial aid, employment opportunities, food and shelter, child care, or mental health support systems - to individuals who need it, all quickly and free of charge. National I&R Day will be celebrated on Nov. 16 in Alameda County.

Throughout the United States and North America, communities are served by information and referral through 2-1-1 programs, Aging I&R services, Aging and Disability Resource Centers, Child Care Resource and referral services, military family centers and other specialty I&R services. These services enable individuals and families to be better equipped to make decisions as they understand the variety of services available.

Eden I&R has been providing 2-1-1 services in Alameda County since 2007. 2-1-1 is the three digit phone number that is available 24/7, and in multiple languages, to assist in accessing free or low cost resources. It has become a critical resource for thousands of people in need: youth, non-English speakers, the economically disadvantaged, people living with HIV/AIDS, domestic violence survivors, the elderly, disabled, homeless, and human service agency staff seeking services or housing for their clients.

Eden I&R maintains long-standing partnerships with municipal and County departments to serve as an easy point of entry and eligibility assessment for numerous benefit programs such as Cal Fresh (Food Stamps) and the Earned Income Tax Credit Program. During the upcoming holiday season, 2-1-1 will again serve as the central phone number for holiday-related resources such as food baskets, holiday meals, and toy/gift programs.

Barbara Bernstein, Eden I&R's Executive Director reported that she is pleased that "all 14 cities are once again financially supporting 2-1-1. With the beginning of government departments rebounding from the worst of the recession, and the acknowledgement that 2-1-1 has sustained and grown over the past few years, we are grateful and proud that all Alameda County cities understand and support 2-1-1's role in the fragile health, housing, and human services safety net."

To learn more about 2-1-1 in Alameda County visit www.211alamedacounty.org, statewide: www.211California.org and nationally: www.211.org.



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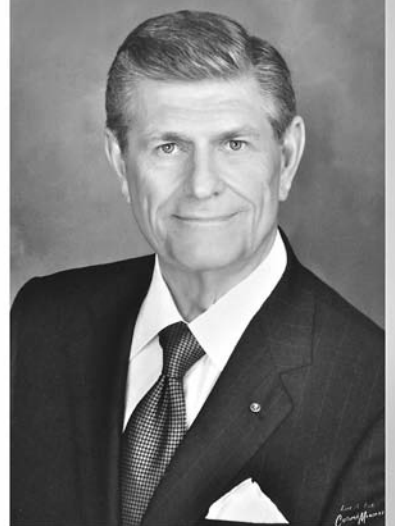
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Raymond and his staff are a walking encyclopedia when it comes to taxes. They are diligent and result-oriented. They come through every time. Eugene K. San Francisco, CA

Testimonial 2

Everyone at Raymond Young CPA is approachable and easy to talk to. They are always available to answer questions and give explanations that are understandable. Fatima A. Arnold, CA

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Costly Homeseller Mistakes You Need to Avoid When You Sell Your Home!

Tri-City – A new report has just been release which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that nearly three quarters of homesellers don't get what they want for their home and become disillusioned and – worse – financially disadvantaged when they put their home on the market.

As this report uncovers, most homesellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable.

In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".

To hear a brief recorded message about how to order your free copy of this report, call 1-800-228-3917 and enter ID #1000. You can call anytime, 24 hours a day, 7 days a week.

This report is courtesy of Capital Realty Group. Not intended to solicit properties currently listed for sale.

BUSINESS

Clean Harbors replaces Evergreen in Newark

SUBMITTED BY FRANK ADDIEGO

On Wednesday, November 6, 2013, Clean Harbors staff met with members of the Newark community to discuss plans to make the Evergreen plant safer and less intrusive. Clean Harbors announced its purchase of Evergreen earlier this year and intends to put the safety of the neighborhood first. Evergreen is in a transitional phase, and Clean Harbors is in the process of renaming it Safety Kleen.

"It has always been our view that we are guests in the community," said Phillip G. Retallick, Senior Vice President of Regulatory Affairs for Clean Harbors, "we need to be good neighbors." Retallick's message was one of empathy and unity as he urged citizens to embrace the changes the new management intends to implement.

The plant's main purpose is to recycle and re-refine oil for resale in the open market. Clean Harbors is a \$4 billion publicly traded corporation, headed by Alan McKim who founded the company in 1980. The corporation includes services in steel, chemicals, biotechnology and transportation as well as refineries.

Newark's Evergreen plant has been an ongoing source of controversy in the immediate area. Not only is pollution a major concern, but during maintenance activities, residents complained about overpowering odors. Clean Harbors representatives told citizens attending the meeting that such activities were necessary but would be kept to a minimum. In

the future, the public will be notified in advance of activities which may result in odor problems.

"I'm still not reassured," said Steve Lowe, a resident who lives near the plant, "it's so much and so often... we also don't know what the safety levels are." Many residents voiced complaints about the negative impact that the plant has had on the community. In 2011, a major fire took place at the plant, and while there were no casualties, the event remains on citizens' minds in the neighborhood.

"If we did something wrong, we'll tell you we did something wrong," said Refinery Manager Mike Puersten. "Education is power, so if you know what we really do, and show you how the facility works, we hope that it will go a long way to a greater understanding."

To that end, the business has created a community advisory committee, which includes Newark's Community Development Director Terrence Grindall, but so far only one neighborhood resident has joined. Safety Kleen will also hold tours of the plant and revive their newsletter.

While the company has changed Evergreen's name to Safety Kleen, standing documents such as permits prevent the company from officially doing some of their business under the new name for the time being.

"We aren't Evergreen anymore," said Scott Miller, Director of Oil Re-Refining, "I really don't want a connection with that past."



Kelly-Moore opens new store in Fremont

SUBMITTED BY NATALIA SKRZYPKOWSKI

Kelly-Moore Paint Company, Inc. will open its newest store in Fremont located at 3954 Decoto Road. The new Kelly-Moore Fremont store features the ColorStudio Collection display, featuring over 1,700 brand new colors reflecting the latest trends in today's homes. The first store is located at 40778 Fremont Blvd. For more information, visit: www.kellymoore.com.

New Sleep Number Store in Fremont

SUBMITTED BY SARAH DUBOIS

Sleep Number® will open a new store in Fremont at 43838 Pacific Commons Boulevard in Pacific Commons near Target on Nov. 22, 2013. The new store features 3,025 square feet of exclusive product. This is the thirteenth store in the San Francisco area and it will have three employees.

More information is available at: sleepnumber.com or (800) 753-3768.

Robots on Stock Exchange

SUBMITTED BY FRANK TOBE

Next, a robot will ring the closing bell on Tuesday, November 12, 2013 for the NASDAQ stock exchange celebrating a brand new robotics industry ETF (a mutual fund traded on a stock exchange). The ETF, ticker symbol ROBO, is predicated on an index licensed from Robo-Stox™ LLC.

There are a number of "firsts" involved: The first time the NASDAQ bell has been rung by a robot; the first benchmark index providing a comprehensive and focused measure of robotics, automation and related technologies; and the first time individual and institutional investors have a cost-efficient way to capitalize on the momentum of the robotics and automation sector, regardless of geographic limitations.

California receives funding to speed solar deployment

SUBMITTED BY U.S. DEPT. OF ENERGY

The Energy Department announced November 6, 2013 that eight teams will spur solar power deployment by cutting red tape for residential and small commercial rooftop solar systems, including one team led by the California Center for Sustainable Energy and another led by Optony. As part of the Department's Rooftop Solar Challenge, these teams will receive about \$12 million—matched by over \$4 million in outside funding – to streamline and standardize solar permitting, zoning, metering and connection processes for communities across the country.

"Today, solar modules cost about one percent of what they did 35 years

ago, and permitting and interconnection are an increasingly large portion of overall solar system costs. Through the Rooftop Solar Challenge, the Energy Department is helping to make the deployment of solar power in communities across the country faster, easier and cheaper – saving money and time for local governments, homeowners and businesses," said Energy Secretary Ernest Moniz.

The Rooftop Solar Challenge brings together city, county and state officials, regulatory entities, private industry, universities, local utilities and other regional stakeholders to address differing and expensive processes required to install and finance residential and small business solar systems.

During the Challenge's first round, the California Center for Sus-

tainable Energy team helped develop model permitting and interconnection processes to bring a streamlined approach to about 20 percent of California's population. Building on this work, the team will make permitting and interconnection processes more uniform, faster and transparent across the state – helping to reduce soft costs for homeowners and businesses throughout California.

The Energy Department's Sun-Shot Initiative, which runs the Rooftop Solar Challenge, is a collaborative national effort that aggressively drives innovation to make solar energy fully cost-competitive with traditional energy sources by the end of the decade. For more information, visit www.energy.gov/sunshot.

Try Retirement with SIR

Sons In Retirement is a nonprofit public benefit corporation for retired men. SIR Branch 59 is one of over 100 SIR branches located throughout Northern California meets at noon on the third Thursday of each month at the Newark Pavilion. Every meeting features a guest speaker from the community. Speakers have included college professors, police officers, retired SF Giant and 49er players, and even the editor of TCV. Twice a year the meeting is open to spouses – the May sweetheart luncheon and the December Holiday Luncheon. The goal of Branch 59 and all other SIR branches throughout Northern California is to provide an avenue for men to have fun in their retirement years. Activities include golf, bowling, walking, computer club, sports, bridge, reading, and much more.

Two of the more popular activities are bowling and golf. Members bowl once a week and participate in about 20 tournaments a year. Tournament days usually begin with a breakfast meeting followed by travel to the tournament, sometimes as far as Reno. Some branches allow women to join them in bowling.

SIR branch 59 is NCGA certified and plays golf weekly at Sunol. They attend state tournaments about seven times a year. To find more information about the SIR golf group, visit their website at www.sirstategolf.com. The golfers travel to Reno, Las Vegas, Solvang, and the Monterey area for their tournaments. The standard format is scramble, but there is also individual play and 2-man best ball. Ladies (with NCGA handicaps) have a separate tournament at the state tournament, always a scramble format. The average handicap for the SIR golfers statewide is mid-20s.

SIR branch 59
is always looking for new members
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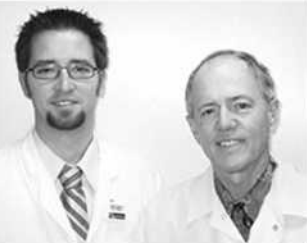
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Reflections on Water

BY STEPHANIE PENN,
WATER CONSERVATION
SPECIALIST

PHOTO BY STEPHANIE PENN

My obsession started with a small publication I found while sorting through an enormous stack of papers on my desk. I guess that's what I get for trying to read everything my supervisor gives me.

The publication developed by Bay Nature Magazine and titled Gardening for Wildlife with Native Plants, outlines the importance of considering the microclimate we live in when making decisions about what we grow in our gardens. The idea is simple - if you landscape with plants that are adapted to our local climate your garden will:

- Provide a unique sense of place;
- Provide valuable habitat for wildlife;
- Require less maintenance;
- Need less fertilizer and pesticides;
- Require less water.

The concept made so much sense to me. I was totally captivated.

I'm used to getting my nature fix by heading to a park, the coast, or even the Sierras. But this publication opened the door to an idea that hadn't occurred to me before. With a little careful planning the urban landscape also has the potential to look natural and beautiful. Maybe even the concrete parking lot outside my office window could be transformed!

So with a copy of my new little publication in hand, I embarked on a journey of learning as much as possible about water-efficient gardening with California native plants. I devoured every book on the subject I could get my hands on, visited public gardens, attended plant sales, visited local nurseries, and planted a few natives in my own garden. Over time, I started noticing them while out hiking and on neighborhood walks.



Paying close attention to native plants results in being more in tune with the Mediterranean climate we experience here in California. Our climate, which is characterized by warm dry summers and mild wet winters, presents unique landscaping challenges. By growing plants that are adapted to our local conditions we can work with the seasons instead of against them. Many native plants require only a third as much water as traditional lawns. This method of water use efficiency is particularly beneficial because it reduces peak water demands.

But the benefits extend beyond water conservation. There are aesthetic rewards as well. The brilliant colors of Sage can light up a whole front yard. The varied sizes and shapes of a thoughtfully designed grouping of perennial bunchgrass can add interest to a commercial landscape without sacrificing formality.

This new way of thinking about landscaping is on the rise throughout the Bay Area. Landscapers are implementing water-efficient practices, nurseries are stocking a larger selection of water-efficient plants, and residents and businesses of the Tri-City area are installing these sustainable landscapes. Beautiful native plant gardens are popping up in the middle of a sea of turf grass.

Even the view out my office window has changed. Last year, much of the landscaping surrounding ACWD headquarters was planted with California native species. Now that the plants

are maturing, we are making good use of an outdoor seating area that serves as a non-traditional meeting room as well as place to enjoy lunch on a nice day. While sitting outside we now enjoy frequent visits from hummingbirds attracted to the fuchsias, a variety of butterflies, and an abundance of other beneficial insects. The new landscaping was such a success that we are gearing up for phase two of the project – a renovation of our twenty-year-old demonstration garden. Stay tuned for updates on the project!

Are you interested in learning more about California native plants? Maybe you have already heard about this new way of landscaping and are ready to trade in your lawn for water efficient plants? If this is the case, you may be eligible for a rebate to help pay for the cost of the materials. Visit our website at www.acwd.org for more information.

Oh, and my obsession with native plants? I'm glad to say that it hasn't abated one bit.

Reading List:
Gardening for Wildlife with Native Plants
A Bay Nature Magazine Publication

California Native Plants for the Garden
By Carol Bornstein, David Fross and Bart O'Brien

Gardening with a Wild Heart: Restoring California's Native Landscape at Home
By Judith Larner Lowry

City of Fremont Briefs

SUBMITTED BY
CHERYL GOLDEN

Fremont will
welcome Thai Royalty

On Nov. 18, Princess Soamsawali Mahidol of Thailand and her royal entourage will spend the day at Fremont's Senior Center. Princess Soamsawali is renowned for her passion for public health and social welfare and supports a multitude of Thai Red Cross Society programs. Her visit to the Senior Center will be packed with exciting activities, including a Zumba class, ballroom dancing, tai chi classes and a traditional Thai dance performance.

This is the Princess's second trip to the City of Fremont. She first visited the Fremont Senior Center back in 1996, where she reportedly had such a wonderful time that she had to come back for more. Clearly, Fremont is a great place to be, for royals and residents alike. During the royal visit, Mayor Bill Harrison will present the Princess with a Key to the City as a symbol that the door to Fremont is always open for her.

Fremont Hires
Sustainability Coordinator

Environmental sustainability is one of the City's highest priorities. From the Climate Action Plan recently adopted by the City Council, to the newly-created Environmental Sustainability Commission, to the City's recent role as host of the Western Regional Cleantech Open event for environmentally-focused entrepreneurs, Fremont is taking on a



Rachel DiFranco

growing leadership role in the sustainability realm.

As the next step in its efforts, the City has hired Rachel DiFranco, a Fremont native, as its new Sustainability Coordinator. A graduate of American High School, Rachel obtained her bachelor's degree from the University of California, Santa Barbara in Global Studies and has a master's degree in Natural Resources and Sustainable Development. She has extensive experience working on energy efficiency and solar programs in the Bay Area.

In her new role, Rachel will:

- Oversee implementation of the Climate Action Plan
- Coordinate and promote energy efficiency efforts in the community
- Identify and implement opportunities for emission reductions in City operations
- Provide staff assistance to the Environmental Sustainability Commission

If you need assistance or have questions about the City's sustainability programs, contact Rachel at rdifranco@fremont.gov or (510) 494-4451.

Board ends Superintendent's contract

SUBMITTED BY NEW HAVEN
UNIFIED SCHOOL DISTRICT

The Board of Education of the New Haven Unified School District voted on November 4, 2013 to end the contract of Superintendent Kari McVeigh immediately. Chief Academic Officer Dr. Arlando Smith and Chief Business Officer Akur Varadarajan, who have served as interim Co-superintendent's since August 23, will continue to do so, as the Board begins the process of identifying a new permanent superintendent. The contract, scheduled to expire in November 2016, has a no-fault buy-out provision providing a maximum 18 months of salary.

Moreau Open House

SUBMITTED BY
LAUREL SKURKO

Experience performances by Moreau's top-ranked choir and band; witness a mock trial!

Moreau Catholic High School invites everyone to experience a day-in-the-life of a student. Our doors are open for community members interested in learning more about the school and its role in education in the East Bay

and beyond this Saturday, November 16.

Visitors are invited to walk through the classrooms, attend performances, watch demonstrations and explore questions that drive the core vision of our school:

- How does mindset and resilience affect academic success?
- How is creativity impacted by the education you receive?
- How can we optimize the potential of technology in learning?



- Can values be taught?
- How does Moreau Catholic support and celebrate a diverse student body?
- Can you picture yourself on a high school campus such as Moreau?

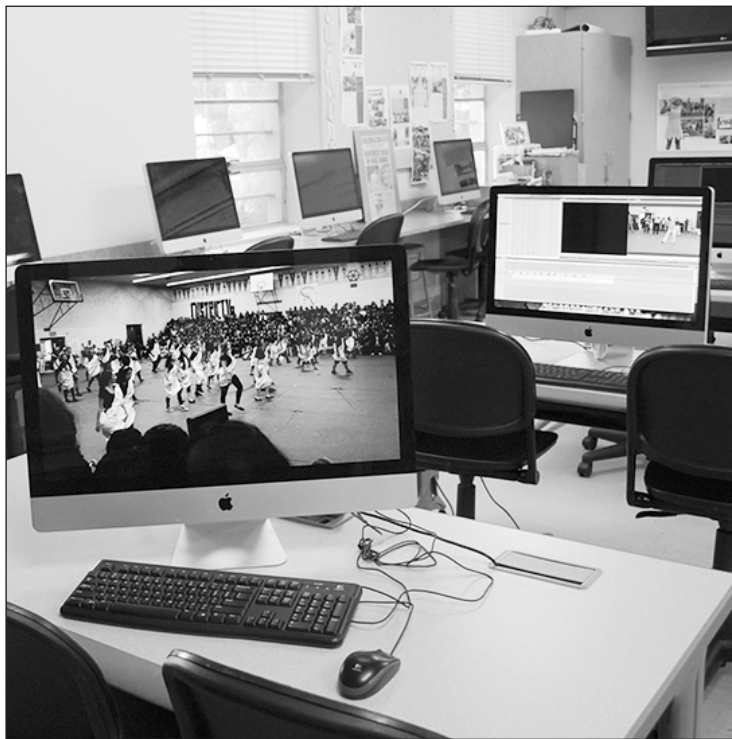
Visitors can also see the school's vision in action: meet students, watch class demonstrations and much more including an opportunity to see a mock trial in which students role-play a fictional case as pre-trial attorneys, defense and prosecution attorneys, etc; Moreau's team was among the 2013 state finalists. There will also be performances by the Moreau Catholic choir and band, as well as drama and dance group rehearsals.

Meet Moreau Catholic's new principal and learn more about

the school's approach to issues ranging from customized instruction to academics and career-development. Staff and faculty will be available for discussion, including the director of our student-run television station, digital library directors, and coaches.

To RSVP visit: www.admissions.moreaucatholic.org/visit-moreau

Open House
Saturday, November 16
9:30 a.m. -12:30 p.m.
Moreau Catholic High School
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www.moreaucatholic.org



Pat Kite's Garden

A Pomegranate Tale

By Pat Kite

I bought a 6-inch pomegranate tree because I felt sorry for it. There it was, this leafy twig, almost lost among the pretty flowers on the discount store shelf. It called to me. "If you don't take me home, no-body will water me, and I will die."

Did I need another tree? Did I particularly like pomegranates? Having achieved seniorhood, would I even be around in 20 years to achieve a pomegranate? Gardeners will understand.

The 6-inch pomegranate "tree" is now planted in my back yard. Eventually it will get to 15 feet tall and wide, but is easily pruned lesser. Insects tend to leave pomegranate trees alone. They can deal with a tad of drought. Our clay soil is tolerated well. Bright green leaves turn brilliant yellow before dropping in the fall. Coral-red flowers are lovely, attracting both humming-birds and butterflies.

The reddish round fruits are quite pretty and stay on the tree for a while. The fruits contain juicy cranberry-red seeds that are edible, healthy and refrigerator-store well. In case you have a small patio garden, there are now semi-dwarf pomegranates that only reach 6-feet high and a dwarf "Nana" reaching only 3-feet tall and good in pots. You can even experiment and try Nana in a very sunny window.

The Latin name of the pomegranate is Punica granatum, translating as ponium = apple and granatum = seed. The word "grenade" originated in France, specifically naming the explosive rounded shell with the seed-scattering characteristics of the pomegranate. Special military regiments in 1791, who first used grenades, were called Grenadiers. And if syrup is made from the seeds, it is grenadine.

Pomegranates probably originated in the Middle East, and

some lore has them as the fruit given by Eve to Adam in the Garden of Eden. Their history is 1000s of years old. There are many Biblical references, as "and Saul tarried... under a pomegranate tree ..." [I Samuel 14.2]. Egyptian tombs contain pomegranate seeds. To the ancient Greeks the prolific seeds were symbols of fertility. At historical Oriental weddings, pomegranate seeds were scattered in the bed-chamber of newlyweds, in hopes many children would bless the marriage. The scarlet color used in old Persian rugs comes from pomegranate juice. The first sherbet was pomegranate juice mixed with snow.

When I look at my tiny twig, which has so much history, somehow I envision a fantastic tree gleaming red in the sun. So for \$2.95, I bought optimism. If the twig gets enough sun, some century I will get a pomegranate.



PAT KITE

L. Patricia [Pat] Kite's several garden books include *KISS Guide to Gardening*, *Gardening Wizardry for Kids*, *Raccoons*, *Ladybug Facts and Folklore* and *Silkworms*. They may be found at *Amazon.com* and *Alibris.com*.

TRI-CITY GARDEN CLUB MEETINGS:

Friends of Heirloom Flowers

Work Parties - Every Tuesday - at Shinn Park, 10 a.m. - 12 p.m.

1251 Peralta near Mowry, Fremont (510) 656-7702

Bring gloves and tools. - Social Hour afterward

Every Thursday, 10 a.m. - 12 p.m.

Niles Rose Garden - 36501 Niles Boulevard, Fremont

Bring gloves and tools.

[Across Driveway from Mission Adobe Nursery]

Contact Joyce Ruiz: 659-9396

Meetings are held quarterly. Call for details

Fremont Senior Center Garden Club

First Friday of each month, 2 p.m.

Janice Anderman, program coordinator 510-790-6602

Fremont Garden Club

The Fremont Garden Club meets the third Wednesday of each month,

February - October, in members' homes & gardens, 6:30 p.m. - 8:30

p.m. Locations are posted on the Fremont Garden Clubs' web site at

www.fremontgardenclub.org or email: fremontgardenclub@hotmail.com

Learn at the Library

SUBMITTED BY HEIDI ONTIVEROS

Book-to-Action panel discussion for National Hunger and Homelessness Awareness Month

Enhance your reading of Fr. Gregory Boyle's *Tattoos on the Heart* (the Mostly Literary Fiction book group's October selection) with a discussion about ending hunger and homelessness in our local community. What lessons can we learn from his gang intervention and rehab program, Homeboy Industries, for local campaigns to generate jobs and vocational training opportunities? Find out how to take concrete steps to end crisis and increase productivity and stability in Hayward and Alameda County, and how to take simple actions to decrease food waste and increase access to healthy meals. Admission to the discussion is free.

Saturday, Nov. 16

1 p.m. - 4 p.m.

Southgate Community Center

26780 Chiplay Ave., Hayward

For further information call (510) 881-7980

www.library.hayward-ca.gov

Living with mountain lions

San Francisco-based wild cat conservationist and naturalist Zara McDonald, Executive Director of Felidae Conservation Fund, gives an engaging and inspiring presentation about mountain lion ecology and history and the challenges humans face when sharing a habitat with mountain lions. Felidae is a nonprofit that advances the conservation of wild cats and their habitats. Felidae's local project is the Bay Area Puma Project. Admission to the presentation is free.

Saturday, Nov. 16

2 p.m.-3:30 p.m.

Weekes Branch Library

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BY ALEX H. KASPRAK
NATIONAL AERONAUTICS AND
SPACE ADMINISTRATION

There's a comet barreling toward our sun at breakneck speed. What happens when it gets there is anybody's guess. Chances are good that it ends up being quite a show, though.

Comet ISON is slowly warming as it hurls itself toward the center of our solar system. As it warms, its icy material is beginning to melt. As it boils off, it turns to gas and sheds dust. This gas and dust creates a bright halo and spectacular tail when lit by the sun. The closer it gets to the sun, the brighter this comet may become.

ISON the Sun Grazer

Comet barreling toward our sun at breakneck speed

Comet ISON will be coming so close to the sun that scientists have put it into a special category—sun grazing comets. It passes closest to the sun on November 28th. After that, it could be so bright that it could be seen by the naked eye. It might even be visible during the day!

But the comet will be subjected to a great deal of stress, too. When it passes around the sun it will be traveling almost a million miles an hour and heated to nearly 5,000 degrees Fahrenheit. That could spell disaster for ISON. It's possible that it could crumble into tiny pieces.

A broken comet could light the sky with multiple glowing bits of comet—a grand spectacle. But it could also fizzle into nothingness. It might just be gobbled up by the sun's immense heat and gravity.

Chances are, though, that it will hold up. Comets are really hard to predict, but scientists are hopeful that this one sheds a lot of dust and gas. More gas and dust means a brighter comet.

Comet ISON has traveled hundreds of billions of miles to get here. Will its journey come to a dismal end? Will ISON appear triumphant after its trip around the sun? Take a look at the night sky in the coming months and you could find out for yourself!

Want to learn more about comets? Check out “What’s in the heart of a comet” at NASA’s Space Place: <http://spaceplace.nasa.gov/comet-nucleus/>

continued from page 3

Is It ‘Holiday Stress’ – or Anxiety or Depression?

p.m. The seminar will be held in the Conrad E. Anderson, M.D. Auditorium at the Washington West Building, 2500 Mowry Avenue in Fremont.

Anxiety Disorders

According to the National Institute of Mental Health, nearly one-third of Americans will experience an anxiety disorder at some point in their lifetime.

“The absence of all anxiety in life is not necessarily a good thing,” says Dr. Racklin. “You need to have some amount of concern and worry about important things so you can ‘take care of business.’ Fear can help you prepare for threats. We were built to have ‘fight or flight’ adrenalin-surge responses to threats – it’s a matter of survival. It’s an ingenious system, but when it goes awry, people can start to wonder what’s wrong with them. They become fearful of their own thoughts and sensations when there’s not really a threat.”

When someone experiences chronic or more extreme levels of worry, fear or panic, it may be diagnosed as an anxiety disorder. Some common anxiety disorder diagnoses include:

- Generalized Anxiety Disorder (GAD) – excessive, uncontrollable worries, even when there is little or no reason to worry.
- Obsessive-Compulsive Disorder (OCD) – recurrent, unwanted thoughts (obsessions) and/or repetitive rituals or behaviors (compulsions).
- Panic Disorder – recurrent, unexpected panic attacks, often with long periods spent in constant fear of another attack.
- Phobias – abnormally fearful responses to dangers that are imagined or are irrationally exaggerated.
- Post-Traumatic Stress Disorder (PTSD) – a severe condition that develops after a terrifying ordeal that involved serious harm or the threat of harm, such as sexual assault or the threat of death, with symptoms such as disturbing flashbacks and high levels of anxiety.

One of the most typical responses to anxiety disorders, according to Dr. Racklin, is to avoid whatever caused the anxiety.

“For example, if you experience recurring panic attacks whenever you are in an elevator or are driving down the street, you start avoiding those situations,” he says. “You tell yourself, ‘I can’t go there,’ or ‘I can’t drive.’ While avoiding those situations may help you feel better immediately and provide you with a false sense of safety, avoidance ultimately reinforces your fears and the sense of danger, compounding your anxiety.”

Clinical Depression

Avoidance can also be a response to serious depression, Dr. Racklin notes.

“People who are clinically depressed often pull away from other people and don’t want to do things they used to enjoy,” he explains. “They may remark, ‘I don’t have the energy to do this,’ or they might feel that it is ‘too much work’ to take part in activities they formerly enjoyed.”

Other symptoms of clinical depression might include:

- Feeling down, sad or “blue” more days than not.
- Loss of interest in fun or pleasurable activities.
- Changes in sleeping habits, such as insomnia or sleeping more than usual and not wanting to get out of bed.
- Low energy levels.
- Appetite changes – either a decrease in appetite and possible weight loss or an increase in appetite with the person turning to food for comfort.
- Self-critical thoughts or a sense of worthlessness.
- Looking at the past negatively or looking at the future as bleak.

“If you feel this way for at least a two-week period, you could have a major depressive disorder, and it’s important to seek treatment,” Dr. Racklin counsels.

Good News: Treatment Is Effective!

Anxiety disorders and depression may seem overwhelming, but newer approaches to therapy can be very effective in helping people overcome such disabling mental illnesses.

“For both anxiety disorders and depression, medications may be helpful, but medication may not be the whole answer,” notes Dr. Racklin. “People experiencing these disorders also need to develop life skills that help them overcome their anxiety or depression.”

The most researched therapy approach for treating anxiety and depressive disorders is Cognitive-Behavioral Therapy (CBT).

“With Cognitive-Behavioral Therapy, we get people to recognize distorted thoughts and correct them,” says Dr. Racklin. “CBT can be very effective for many people, helping them identify and challenge the thoughts and patterns related to their anxiety or depression. Sometimes, however, the more you try not to think about things, the more you may think about them.”

Newer approaches to therapy include Acceptance and Commitment Therapy (ACT), and other “mindfulness-based” therapies.

“We look at anxiety and depression as just part of our lives

that happen at some point in our lives,” he explains. “Having anxiety or depression doesn’t mean you are a bad person. Clients learn to stop fighting their experiences and accept them, using ‘mindfulness’ to reduce the impact and influence of unwanted thoughts and feelings.”

At the seminar, Dr. Racklin will explain the processes involved in ACT and other mindfulness-based therapies for various anxiety disorders and depression. “These newer approaches help people walk through difficult times, putting those thoughts into perspective and dealing with them,” he says.

To register for the November 19 seminar on anxiety and depression, visit www.whhs.com and click on “Upcoming Health Seminars.”

Tips for Dealing with Holiday ‘Blues’ or Anxiety

Dr. Racklin offers a several suggestions for coping with the stresses of the holiday season that may contribute to anxiety or depression:

- Keep your holiday expectations in check, and try to remember what is most important. Make the holidays meaningful and survivable.
- If you are coping with the loss of a loved one during the holidays, be compassionate with yourself and don’t isolate yourself. Seek the support of people who care about you and share your grief.
- Don’t overindulge in alcohol to drown your sorrows or give you “liquid courage” to face the holidays, especially if you are depressed.
- Be open to holiday invitations for events you enjoy, but recognize that it’s also OK to say “no” to some activities to avoid burning yourself out.
- Practice reasonable self-care, getting enough exercise and maintaining a good diet.
- Don’t deny yourself occasional holiday “treats,” but be mindful that too many “temporary pleasures” may result in feelings of guilt or remorse later on.
- If your finances are tight, and you can’t afford expensive gifts, think of gift alternatives such as a “gift certificate” to accompany someone on a hike or other pleasant outing.
- If you will be alone for the holidays, volunteer to serve meals to the needy, perform other community service, or connect with a community or spiritual group that reflects your interests.

“Most of all, cultivate a sense of gratitude, tuning in to the good things in your life,” Dr. Racklin advises. “That’s good medicine – without any adverse side effects.”

EarthTalk® E - The Environmental Magazine

Essential Oils

Dear EarthTalk: What’s the skinny on essential oils? I love them, but a friend told me they are no good for the environment. - Mary M., via e-mail

Essential oils are more popular than ever for medicinal and therapeutic purposes as well as in fragrances and flavorings for food and drinks. Typically produced by harvesting and distilling large amounts of various types of plant matter, essential oils are in many cases all-natural and can take the place of synthetic chemicals in many consumer applications. But some wonder whether our fascination with essential oils is so good for the planet, now that their popularity has turned them into big business.

“It often takes hundreds of pounds of plant material to make one pound of essential oil,” reports aromatherapist and author Mindy Green of GreenScentsations.com. She adds that it takes 50-60 pounds of eucalyptus to produce one pound of eucalyptus oil, 200-250 pounds of lavender for one pound of lavender oil, 2,000 pounds of cypress for a pound of cypress oil and as many as 10,000 pounds of rose blossoms for one pound of rose oil. Production of these source crops takes place all over the world and is often organized by large multinational corporations with little regard for local economies or ecosystems.

“Growing the substantial quantities of plant material needed to produce essential oils results in a monoculture style of farming, with large swaths of land dedicated to a single species,” says Green. “These systems are most efficiently managed by intense mechanization, and irrigation is frequently used for optimal oil production of the plants.”

“As global citizens we have not learned how to equitably distribute vital resources like food, and water resources are trending toward a crisis of the future,” adds Green, “so there are deep ethical concerns about devoting croplands to essential oils destined for use in candles, bath oils, perfumes, or lavish massage and spa purposes.” Green also warns that many essential oils are not produced from sustainable sources. “Some species are at risk, particularly those occupying marginal habitats such as dwindling tropical forests,” she reports, adding that the poverty-stricken in developing countries will harvest and sell whatever they can, in order to put food on their own tables.

Cropwatch, a non-profit that keeps tabs on the natural aromatics industry, maintains a list of wild species threatened by the fast-growing essential oil trade. Of particular concern are essential oils derived from rosewood, sandalwood, amyris, thyme, cedarwood, jatamansi, gentian, wormwood and cinnamon, among others, as they may well be derived from threatened and illegally harvested wild plant stocks.

Also, some essential oils must be treated as hazardous if spilled and should be kept out of sewers and local waterways. Mountain Rose Herbs, a leading retailer of essential oils, reports that if its tea tree oil spills, it should be absorbed with inert material and sealed it in a container before disposal at a hazardous waste collection site. Such information is included on the company’s Material Safety Data Sheet for every essential oil and includes information about flammability and chemical composition. Consumers would be well served to check the MSDS for any essential oils they might like—Mountain Rose will supply them to customers by request—to make sure they are using (and disposing of) them correctly.

CONTACTS: Green Scentsations, www.greenscentsations.com, Cropwatch, www.cropwatch.org, Mountain Rose Herbs, www.mountainroseherbs.com.

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'Seniors' Night Out' Bedazzles



SUBMITTED BY LINETTE YOUNG

The sound of steel drums and Caribbean music from Pan Ex-tasy kept the dance floor busy at "Seniors' Night Out" at the Fremont Newark Hilton Hotel. Over 300 seniors, escorts, and

School, Fremont; and harpists Salvador Vazquez, Jalisco Harp. Fremont Mayor Bill Harrison spoke, and Senator Ellen Corbett, Assemblyman Bob Wieckowski and Assemblyman Bill Quirk presented a proclamation for "Seniors' Night Out." Atten-



sponsors enjoyed an evening of good food, entertainment, and dancing on October 18. Started by the City of Fremont and the Tri City Elder Coalition (TCEC) in 1993, SNO pairs homebound and frail seniors with community volunteer escorts for an evening of festivities.

This year's event, themed "Bedazzled," celebrated the 20th anniversary for this unique program to celebrate older adults and the Tri-Cities as an aging-friendly place to live. The event provides a fun evening for frail older adults and raises funds for TCEC's Personal Urgent Need Fund – referred to as the "PUN Fund," helping seniors in need of something as small as a special pillow to dental care throughout the year.

"Growing older, as many of us know, brings new challenges of living each day. Sometimes these challenges are daunting. 'Seniors' Night Out' allows us to embrace the joy and wisdom older adults have to share with us. This special night shows all of us who participate as escorts, hosts, and sponsors that you are never too old to enjoy lively conversation and have fun!" says Suzanne Shenfil, Director of Human Services for the City of Fremont.

Robert Nelson served as Master of Ceremonies for the evening and guest musicians included Dominican Sisters School of Music students; Boy Scouts from Troop #269, St. Joseph

dees enjoyed raffle drawings, a foxtrot by Robert and Connie David, and salsa number from Robert and Connie David and Vangie Brennan.

One senior couple remarked, "We don't get out much anymore except for doctors' visits; this is really a special evening for us." Another mentioned that this was the best evening she had had in over three years. One senior who suffers from memory loss thought we were celebrating her birthday and it was the best party she could imagine for her special day!

Basket and raffle donors included Acacia Creek, Fremont Senior Center, Gentiva Hospice, Lula Mae Truelove, Massimo's, Niles Canyon Railway, Panera Bread, Peet's Coffee, Sunshine Home Health, Vital Link Medical Alert Systems, and Whole Foods Markets. Thanks to sponsors Cargill Salt, Fremont Bank Foundation, Kaiser Permanente, Washington Hospital Foundation, Fremont Elks, On Lok Lifeways, Palo Alto Medical Foundation, Whole Foods Market, Acacia Creek, Robson Homes, Suzanne Shenfil, Sister John Marie's Pantry and Sisters of the Holy Family

For information on Senior's Night Out 2014, e-mail seniorsnightout@comcast.net. To learn more about the mission and programs of the Tri-City Elder Coalition, visit www.tceonline.org.

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Holiday Show

SUBMITTED BY BRUCE ROBERTS

Now through December 13, the Foothill Gallery in Hayward is offering a view into the creative minds of many local artists. This Holiday Show is brought to you by the Hayward Arts Council. The show is featuring a wonderful collection of oil paintings, watercolors, photographs—processed and unprocessed—silk screening, ceramics, beautiful jewelry, and even hand lotion made from local beeswax.

During the November 16 reception, visitors can add to the variety of art. Rucy Syrop will lead a hands-on art project—demonstrating the use of oil pastels, while using Joan Miro's art as a reference— and giving visitors a chance to create their own artwork.

Foothill Gallery is small, but has managed to accommodate 17 different artists displaying nearly 50 pieces of art. There are many pieces of work that stand out. The processed photographs of Chris Cochem add a new level of creativity to a still image, providing warmth by slightly softening the edges. Cochem's "London Scum" and "Vallejo Pirates" are excellent anthropological pieces, as are the pastels and oils of Robert Wolf's "Nina" and "Wow." In "Wow," the male figure has his head up, and his hands raised facing palm out; the epit-

ome of the title. Another mentionable portrait was produced by Barbara Berner, whose silkscreen, "Images of Great Aunt Fran," exhibits a lady with a fiercely radiating gaze.

The multi-talented Berner also has watercolors, note cards, and wonderful necklaces on display. She is joined by Shannon Jurich, whose framed pins could grace any wall. Another mentionable exhibit is that off David Steffes, who ventured into local history with his framed photo collection of Cal State East Bay's imploding administration building.

A stroll through the Foothill Gallery will open a viewer's eyes to the wide variety of creativity that exists locally.

Holiday Show
Thursday – Saturday: through Dec. 13
10 a.m. – 4 p.m.

Reception Nov. 16
1 p.m. – 3 p.m.

Foothill Gallery
22394 Foothill Blvd, Hayward
(510) 538-2787

continued from page 1

Ride into the holiday on 'Train of Lights'

mensely popular event, trains will depart from Niles and Sunol beginning Friday, November 29.

Operating since 1985, what began as a members-only jaunt has grown into a major fundraising event for the Pacific Locomotive Association, Inc., which operates the NCRY; "Train of Lights" providing 60 to 70 per-

cent of the revenue used to maintain, restore, and keep the history of railroading alive.

The train is decorated inside and out and offers indoor or open air seating: General Seating, Reserved Dome Car, Reserved Holiday Club Lounge, and Caboose options. Forty seats are sold for the Dome Car, which offers a top-

notch view of the canyon via observation dome, and where riders will enjoy snacks and the ability to move throughout the entire train during the trip. Reserve one of 50 seats in the Holiday Club Lounge and treat yourself to the comfort and style of a vintage 1940s parlor lounge car complete with lounge seating, heat, mahogany bar, and complimentary hot apple cider and cookies. The Caboose seats 24 adults and is only available for group charters at \$600, no matter the number of riders.

General seating is already sold out for the 4:30 p.m. trains on December 7, 14, 15, and 22. Dome Car seating is available departing the Niles station on December 1, 4, 11, 28, and 29. The Caboose is available November 24, December 4, 6, 11, 18, 23, 27, 28, and 29 for 4:30 p.m. departures.

General seating on trains departing from Sunol at 7:30 p.m. are sold out on December 8 and

13, and the Dome Car is sold out December 7, 13, and 14. The Caboose is available for trips on December 11, 23, 28, and 29.

Traveling on one of the last links of the Transcontinental Railroad, NCRY takes passengers on a route virtually unchanged from 150 years ago. Although decorations change a bit from year to year, the beauty, fun, and excitement of "Train of Lights" remains the same every year. The train is already about 50 percent sold out on General Seating for both 4:30 p.m. and 7:30 p.m. trips, so if you want this festive ride to be part of your holiday season, don't delay!

Tickets are \$25 for general seating and \$40 for reserved seating. Children ages two and younger ride free if they sit on a parent's lap (except in Reserved Holiday Club Lounge). There will be three Bargain Wednesday Trains on December 4, 11, and

18 with all General Seating \$17. Sometimes last minute tickets are available; check in at the station an hour before departure time or follow NCRY on Twitter @toots4ncry to find out about day-of availability. Boarding begins 30 minutes before departure and trains do leave on time. To make reservations or for more information, visit: www.ncry.org or call (510) 996-8420.

Train of Lights
Friday, Nov 29 – Sunday, Dec 29
4:30 p.m.
Niles Station
37001 Mission Blvd., Fremont

7:30 p.m.
Sunol Station
6 Kilkare Rd., Sunol
(510) 996-8420
www.ncry.org
Tickets: \$25 general seating,
\$40 reserved seating

continued from page 1

The Spirit of Giving Back

hood and dreamed of helping children in need. Reflecting on her own life experiences motivates Bernie to help others in the community to develop self-esteem and confidence.

When a child visits the OneChild store, they select clothing, school supplies and books to take home. Shopping for school clothes can be an exciting time for kids; OneChild creates the same feeling for many who are otherwise left out... the gift of going to school with a confident smile.

Due to pressing demand for their services, a referral process from non-profit organizations in the Bay Area and the Fremont Resource Center is used to select OneChild customers.

OneChild volunteers dedicate time and effort, rewarded by customer smiles. Bernie notes that volunteer opportunities are always available. For those interested in supporting OneChild through financial gifts and/or volunteer activities, visit: www.onechildca.org or call (510) 713-8643.

OneChild recently moved to a new location at 1900 Mowry Avenue, Suite #103 in Fremont. An Open House and Ribbon Cutting Ceremony will take place Thursday, November 14, 2013 at 5:30 p.m.

stand real estate, she began to feel confident of her abilities. After she completed her first real estate transaction, Bernie's self-confidence blossomed. "I sold my first place and gained self-confidence. It made a huge difference in my life." As John and Bernie's real estate business flourished, her confidence grew but she never forgot the painful lessons of her child-



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Performance times are 8 pm on Thursdays, Fridays and Saturdays. There are three Sunday matinees: Nov 24 and Dec 8 matinee performances begin with a continental brunch (included in price of ticket) at 12:15 pm, and the show begins at 1 pm. The Dec 15 performance starts at 1 pm with refreshments during intermission (included in price of ticket).

Regular ticket prices are \$25 general and \$20 for Students, Seniors and TBA members. Thursday, Nov 21, Dec 12 and 19 performances are \$17 for everyone, with a bargain Thursday (no reservations – first come, first seat!) held on Dec 5 - all tickets \$10. Brunch Sunday performances and Opening night are \$25 for everyone. All ticket prices include refreshments.

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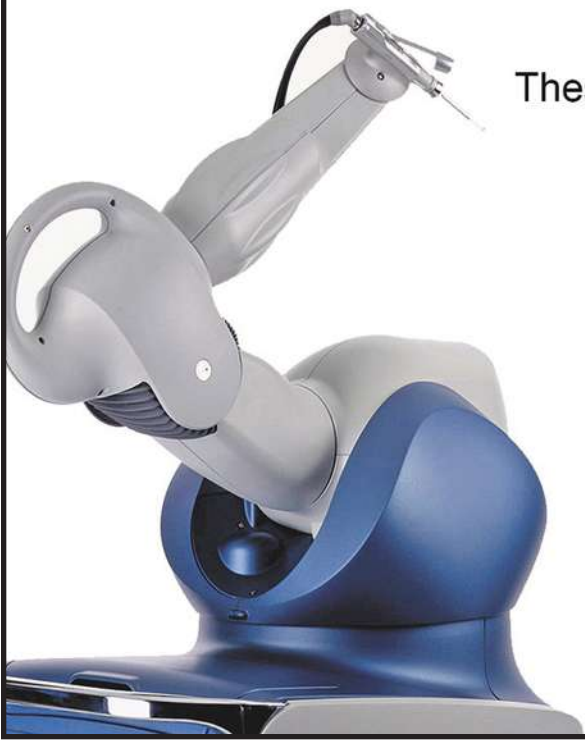
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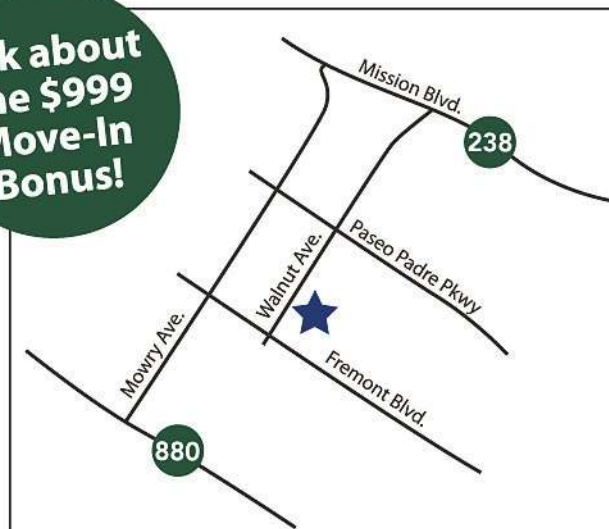
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Taking care of your family is my passion and an extremely personal experience. As my mother's caregiver, I faced the challenge of caring for her and was determined to find a superior senior community where she could be independent and enjoy her life. That's when I made a commitment to build caring, family-based communities to meet her needs and the needs of other seniors, too. Carlton Senior Living offers vibrant activities, fun outings, fresh meals, and live entertainment, with staff that is well trained, caring and family-oriented. Please call today to schedule a tour.

Tom MacDonald
Founder



Ask about
the \$999
Move-In
Bonus!



Our Family Caring for Your Family

Carlton Plaza of Fremont is family-owned and involved with a rich tradition of care from a local company that operates 11 senior living communities throughout the region. The professional and attentive staff, along with the residents (and their pets!) is considered an extended family, and that shows in the quality of care. Carlton Plaza of Fremont is an active retirement community that specializes in:

• Independent Living

• Assisted Living

At Carlton Plaza of Fremont, residents are as independent as possible, with quality care when they need a little extra help. Because when you come to Carlton Plaza of Fremont, we know you're not merely moving. You're relocating your life. Your lifestyle. Your way of living. We do not want you to just move *in*, we want you to move *home*.

Please call to schedule a tour and complimentary luncheon!



Carlton Plaza of Fremont
3800 Walnut Avenue • Fremont
(510) 505-0555
Lic. No. 015600118

CarltonSeniorLiving.com

Large Banquet Room, 150 Occupancy
Private Dining Room for up to 30 people
Catering - Your Location or Ours
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Live Music Friday & Saturday
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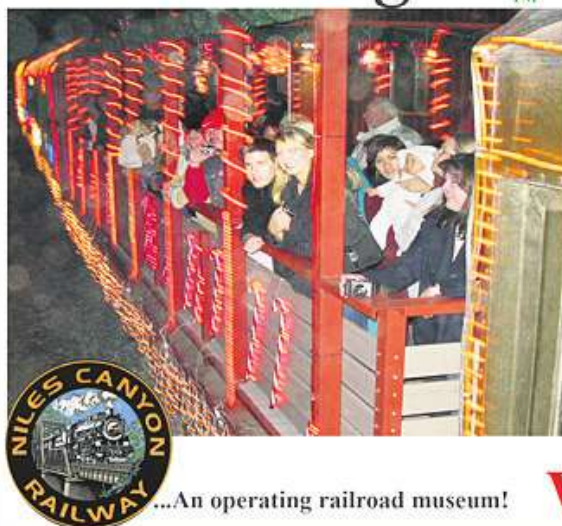
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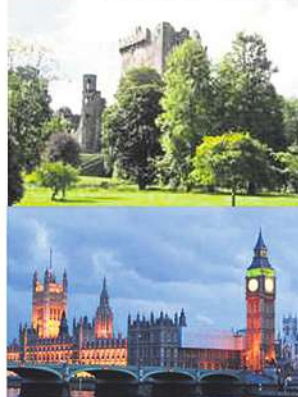
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\$42
per person
plus tax & gratuities

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Order your Thanksgiving Feast to go. Dinner package \$110, Serves 4-6. Order Monday–Friday from 9 am–5 pm by Monday Nov. 25 before 12 noon and pickup your meal Thanksgiving Day from 11 am–4 pm.

For reservations or ordering call
408 943 9080
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American High School

Saturday, December 7 - 8am-4:30pm

Looking for quality arts and crafts vendors

The booths are 10' x 10' - cost \$60.00 each
until October 31, 2013.

After that until November 26 the cost goes up to \$70.00
In the last week before the actual date of the
boutique the cost goes up to \$80 for a booth.

Ritu Saxena - 510-794-1543 or
Email: ritu_saxena@hotmail.com

All proceeds will benefit the Class of 2014
Grad Night/Senior Activities.

\$ = Entrance or Activity Fee

R= Reservations Required

Schedules are subject to change.

Call to confirm activities shown in these listings.



Continuing Events

**Wednesdays, Sep 25 thru
Nov 13**

Newark Police Department

Citizen Police Academy – R

5:30 p.m. - 9:00 p.m.

Participants learn about local law enforcement

Register by Sept. 9th
Newark City Council Chambers
37101 Newark Blvd., Newark
(510) 578-4352
beverly.ryans@newark.org

**Mondays, Sep 9 - Thursdays,
Dec 20**

10th Street After-School Program

4 p.m. - 6 p.m.

Sports, arts-n-crafts, games & special events

Drop-in program, no day care
10th Street Community Center
33948 10th Street, Union City
(510) 675-5276
www.UnionCity.org

**Tuesdays, Sep 11 & Thursdays,
Nov 13**

Music for Minors II Training

9:30 a.m. - 11:45 a.m.

Learn to become a docent

Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 733-1189
www.musicforminors2.org

**Saturdays, Sep 21 - Sundays,
Dec 29**

San Leandro Art Association
Member Exhibit

11 a.m. - 3 p.m.

Variety of art work on display

Casa Peralta
384 West Estudillo Ave, San Leandro
(510) 357-4650

Saturdays, Sep 28 thru Nov 16

Teen/Senior Computer Gadget Help

10:30 a.m. - 12:30 p.m.

Older adults learn to use cell phones & iPads

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

Monday, Oct 1 -Friday, Nov 26

Ray McGinnis Paintings

9 a.m. - 5 p.m.

Art display

Hayward City Hall
777 B St., Hayward
(510) 538-2787

**Thursday, Oct 25 - Sunday,
Nov 30**

"Perceptions"

12 noon - 5 p.m.

Photography show

Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

**Saturday, Oct 26 - Sunday,
Jan 5**

"Lure of the Wetlands"

10 a.m. - 5 p.m.

Artwork display by June Yokell

Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
shoreline@haywardrec.org

**Thursday, Oct 31 - Saturday,
Nov 16**

Artists' Annual Juried Exhibit

11 a.m. - 3 p.m.

Artwork from Bay Area artists
Adobe Art Gallery
20395 San Miguel Ave.,
Castro Valley
(510) 881-6735
www.adobegallery.org

Arts & Entertainment

Fridays, Nov 1 thru Nov 22

Toddler Ramble: Let the Rain Come Down!

10:30 a.m. - 11:15 a.m.

Nature class for ages 1 - 3

Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
shoreline@haywardrec.org

Friday, Nov 1-Saturday, Nov 30

Creations by Valerie Manning

5 a.m. - 9 p.m.

Oil & acrylic paintings display

Mission Coffee Roasting House
151 Washington Blvd., Fremont
(510) 474-1004

Friday, Nov 1-Sunday, Jan 12

"Still Here"

9 a.m. - 5 p.m.

Native American Portraits exhibit

PhotoCentral
1099 E St., Hayward
(510) 881-6721
www.photocentral.org

Saturdays, Nov 2 thru Nov 23

Bocce Ball

10 a.m.

Learn the game

Open to all weather permitting

Adobe Art Gallery
20395 San Miguel Ave.,
Castro Valley
(510) 727-9296
cvtbearhouse@gmail.com

Tuesdays, Nov 5 thru Nov 26

Senior Dance

1 p.m. - 3 p.m.

Enjoy live band music & dancing

Ages 50+

Hayward Area Senior Center
22325 North Third St., Hayward
(510) 881-6766

**Thursday, Nov 7 - Saturday,
Nov 16**

"Rhinceros" \$

8 p.m.

Comedy explores the randomness of life

Chabot College
25555 Hesperian Blvd., Hayward
(510) 723-6600

**Thursday, Nov 7 - Saturday,
Nov 23**

Jesus Christ Superstar \$

8 p.m.

Rock musical based on Jesus' life

Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.org

Friday, Nov 8-Saturday Nov 16

Alice in Wonderland \$

7 p.m.

Visit the wacky land of Wonderland

Mission San Jose High School
41717 Palm Ave., Fremont
(510) 657-3600
sgitwix4u.com

**Wednesday, Nov 10 - Sunday,
Nov 24**

Plein Air Exhibit

11 a.m. - 5 p.m.

View landscape painting by local artists

Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905

Sundays, Nov 10 thru Dec 15

Nutrition Class for Parents and Caregivers – R

1:30 p.m. - 3:00 p.m.

Certificate of completion for attending all six classes

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

**Thursday, Nov 14 - Sunday,
Nov 23**

"Leading Ladies" \$

Thurs: 3:30 p.m.

Fri & Sat: 7:00 p.m.

Sun: 2:00 p.m.

Comedy about two male actors posing as women

American High School
36300 Fremont Blvd., Fremont
(510) 796-1776 ext 57702

**Thursday, Nov 14 - Sunday,
Dec 8**

110 In The Shade \$

Thurs - Sat: 8 p.m.

Sat & Sun: 2 p.m.

Musical about a single woman during the Depression

Douglas Morrison Theatre
22311 N Third St., Hayward
(510) 881-6777
www.dmtonline.org

**Thursday, Nov 15 - Sunday,
Dec 21**

Sorry! Wrong Chimney! \$

Thurs - Sat: 8 p.m.

Sun: 1 p.m.

Comedic Christmas tale

Broadway West Theatre Company
400-B Bay St., Fremont
(510) 683-9218
www.broadwaywest.org

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NOV 7*-9, 14-16 & 21-23 at 8pm

Directed by Michael Navarra

Reimagined as a post-apocalyptic struggle in the year 2033, Andrew Lloyd Webber's rock opera is set in the wake of global warming and nuclear fallout. In the struggle for survival, people have nowhere to turn, until suddenly a new leader emerges...



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Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Kaiser Permanente Fremont Farmers’ Market

Thursdays

10 a.m. – 2 p.m.

Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market

Sundays

9 a.m. – 2 p.m.

Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

HAYWARD:

Hayward Farmers’ Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

Kaiser Permanente Hayward Farmers’ Market

Wednesdays

10 a.m. – 2 p.m.

Year-round
27400 Hesperian Blvd., Hayward
800-949-FARM
www.pcfma.com

South Hayward Glad Tidings

Saturdays

9 a.m. - 3 p.m.

Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers’ Market at ICC

Sundays

8 a.m. – 1 p.m.

Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

Great Mall

Saturdays

8 a.m. - 1 p.m.

May - November
Great Mall Pkwy. and
Mustang Dr., Milpitas
(559) 250-2674
www.cafarmersmarkets.com

NEWARK:

Newark Farmers’ Market

Sundays

9 a.m. - 1 p.m.

Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays

10 a.m. – 2 p.m.

Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market

Saturdays

9 a.m. – 1 p.m.

Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

East Plaza Farmers’ Market

Saturdays

9 a.m. – 1 p.m.

Year-round
East Plaza
11th and Decoto Rd.,
Union City
800-949-FARM
www.pcfma.com

Tuesday, Nov 12

PEP: Personal Emergency Preparedness Class

7 p.m. - 10 p.m.

Learn to prepare & respond to a disaster

Fremont Fire Training Tower
7200 Stevenson Blvd., Fremont
(510) 494-4244
FirePubEd@fremont.gov

Tuesday, Nov 12

Make A Difference Day recognition

6 p.m. – 7 p.m.

Awards and video of Fremont’s Make a Difference Day projects

Fremont City Hall
3300 Capitol Ave., Building A
(510) 574-2099
makeadifferenceday@fremont.gov

Tuesday, Nov 12

Volunteer Income Tax Assistance Meeting

6:00 p.m. - 8:30 p.m.

Learn to become a VITA volunteer

Fremont Family Resource Center
39155 Liberty St. (at Capitol),
Fremont
(510) 574-2020
croberston@fremont.gov

Tuesday, Nov 12

Social & Environmental Investing

7:00 p.m. - 8:30 p.m.

Investment strategy seminar

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Wednesday, Nov 13

History of the Niles Film Museum

7 p.m.

Presentation by Niles Theatre president

Milpitas Library
160 North Main St., Milpitas
(408) 262-1171

Wednesday, Nov 13

Getting Off to a Good Start with Breakfast – R

7:00 p.m. - 8:30 p.m.

Registered Dietician discusses healthy meals

Palo Alto Medical Center
3140 Kearney Street, Fremont
(510) 498-2891
www.pamf.org

Wednesday, Nov 13

Women’s Council of Realtors Luncheon \$R

11:30 a.m. - 1:30 p.m.

Presentation by Herman Chan

Hilton Hotel
39900 Balentine Dr., Newark
(510) 490-8390
www.WCRTriCities.com

Thursday, Nov 14

Eden Housing Gala Reception - \$R

5:30 p.m. - 8:00 p.m.

Wine bar, hors d’oeuvres & dessert

Hayward City Hall

777 B St., Hayward
(510) 208-0410
EdenHousingTurns45.eventbrite.com

Thursday, Nov 14

Parent’s Information Night

7 p.m.

Presentation & tour for grades 7-12

Alsion Montessori School
750 Witherly Lane, Fremont
(510) 445-1127
www.alsion.org

Thursday, Nov 14

Stop Elder Abuse

1:30 p.m. - 2:45 p.m.

Program discusses danger & prevention

For older adults
Newark Library
6300 Civic Terrace Ave., Newark
(510) 795-2627

Thursday, Nov 14

Memorial Mural Dedication Ceremony

1 p.m. - 3 p.m.

History & stories of Hayward High

Hayward High School
1633 East Ave., Hayward
(510) 723-3170
www.haywardhigh.net

Friday, Nov 15

Taize: Prayer Around the Cross

8 p.m. - 9 p.m.

Meditative style of prayer

Dominican Sisters of Mission San Jose
43326 Mission Blvd., Fremont
(510) 933-6335
www.msjdominicans.org

Friday, Nov 15

Science Lecture for Children

4:30 p.m.

Especially for school-age children

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

Friday, Nov 15

Mission Peak Brass Band \$

8 p.m.

Variety of instrumental pieces

Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.org

Friday, Nov. 15

Special Olympics competition

9 a.m. – 1 p.m.

American High School
36300 Fremont Blvd, Fremont
(510) 659-2569
http://www.fremont.k12.ca.us/Page/302

Saturday, Nov 16

Community Project Initiative Presentation

9:00 a.m. - 1:30 p.m.

Discuss & vote for Eden Area Livability projects

Eden Church

21455 Birch St., Hayward
(510) 381-9017
www.acgov.org/edenareavision

Saturday, Nov 16

Living with Mountain Lions

2:00 p.m. - 3:30 p.m.

Naturalist discusses sharing human habitats

Hayward Weekes Branch Library
27300 Patrick Ave., Hayward
(510) 782-2155

Saturday, Nov 16

Hike With Your Honey & Explore the Stars \$R

5 p.m. - 8 p.m.

Moonlight hike & private cocktail hour

Chabot Space & Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
www.chabotspace.org

Saturday, Nov 16

International Games Day

11 a.m. - 4 p.m.

Learn to play chess or join a pick-up game

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

Saturday, Nov 16

South American Molas - Craft Workshop for Tweens

2 p.m.

Use paper to make a beautiful animal print

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

Saturday, Nov 16

Nature Detectives: Can I Eat It?

10 a.m. - 11 a.m.

Children learn about edible plants

Ages 3 – 5
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270

Saturday, Nov 16

Shoreline Trash Takers

12:30 p.m. - 2:30 p.m.

Volunteer for litter pick-up

Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270

Saturday, Nov 16

Ending Hunger and Homelessness in Hayward

1 p.m. - 4 p.m.

Book to Action: Tatoos on the Heart

Southgate Community Center
26780 Chiplay Avenue, Hayward
(510) 881-7700 or (510) 432-7703

Saturday, Nov 16

100th Anniversary of Edison Theater \$

7:30 p.m.

“Captain January,” “Versus Sledge Hammers,” & “Broncho Billy and the Bandit’s Secret”



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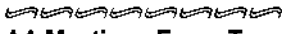
*Church of
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of Fremont*

**4300 Hansen Ave.
Fremont**

510-797-3695

www.fremontchurchofchrist.org

**Whoever Drinks Of The Water
That I Will Give Him
Shall Never Thirst; But The Water
That I Will Give Him
Will Become In Him
A Well Of Water Springing Up
To Eternal Life
John 4:14**



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and Thurs Evenings
7:30-9:30pm
In Spanish
In the Fellowship Hall**

Services

Sunday: 10:45am

and 6pm

Wednesday: 7:30pm

Chanukah Faire & Boutique

Sunday, November 17th

11:00 AM to 3:00 PM

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 - Silent Auction... And More!
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Call Tammy at (909) 553-1072 or (510)509-7599.

FREE Adult Reading and Writing Classes are offered at
the Alameda County Library

Tell A Friend Call Rachel Parra 510 745-1480

Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411

Saturday, Nov 16

"Sublime Soiree"

8 p.m.

Intimate performance by local opera singers

Candlelight Art Studio
37217 Fremont Blvd, Fremont
(510) 996-3729
www.operaontap.org/san-fran-cisco

Saturday, Nov 16

Children Around the World Event \$R

12 noon - 4 p.m.

Luncheon & children's fashion show

St. John the Baptist Catholic Church
279 S. Main St., Milpitas
(408) 430-7830

Saturday, Nov 16

Christmas Extravaganza \$R

5:30 p.m. - 11:00 p.m.

Dinner, fashion show & dancing

St. John the Baptist Catholic Church
279 S. Main St., Milpitas
(408) 430-7830

Saturday, Nov 16

Family Bird Walk - R

2 p.m. - 4 p.m.

Learn bird watching tips

SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222
http://donedwarsfamilybird.eventbrite.com

Saturday, Nov 16

Clay Pot Turkeys \$

11 a.m. - 12 noon

Use clay & paint to create a craft

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.cbparksonline.org

Saturday, Nov 16

Ohlone Plant Use Walk

10:30 a.m. - 12:30 p.m.

Learn horticultural methods of the Ohlone Indians

Ages 8+
Garin Regional Park
1320 Garin Ave., Hayward
(510) 544-3220

Saturday, Nov. 16

The Santa Experience

8:30 a.m. - 10:00 a.m.

Special activities; meet and greet Santa; parade to The Children's Place

Great Mall - Entrance 2
447 Great Mall Drive, Milpitas
(408) 956-2033
www.greatmallbayarea.com

Saturday, Nov. 16

Open House

9:30 a.m. - 12:30 p.m.

Moreau Catholic High School
27170 Mission Blvd., Hayward
(510) 881-4300
www.moreaucatholic.org

Sunday, Nov 17

Peter Fletcher, Classical Guitarist

2 p.m.

Concert by internationally recognized musician

Milpitas Library
160 North Main St., Milpitas
(408) 262-1171

Sunday, Nov 17

Persian Classical Music

3:00 p.m. - 4:30 p.m.

Improvisational performance

Adults only
Union City Library
34007 Alvarado Niles Rd., Union City
(510) 745-1464

Sunday, Nov 17

Weekend Weed Warriors

1 p.m. - 4 p.m.

Volunteers remove non-native plants

Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270

Sunday, Nov 17

Welsh Houseblessings \$R

12 noon - 3:30 p.m.

Learn to turn stalks of wheat into holiday gifts

Ages 10+
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(888) 327-2756
www.cbpc.org

Monday, Nov 18

Ohlone College Projects Update

7 p.m.

President Browning discusses campus projects

Fremont Cultural Arts Council
3375 Country Drive, Fremont
(510) 656-6877

Monday, Nov. 18

Author Keenan Norris

6 p.m.

Discuss "Brother and the Dancer"

Cal State East Bay, Biella Room of the University Library
25800 Carlos Bee Blvd, Hayward
http://class.csueastbay.edu/writers/
Parking: \$2 per hour

Monday, Nov. 18

Mary Tillman

6:30 p.m.

How and why did Army Ranger Pat Tillman die?

Cal State East Bay, Arts and Education Bldg., Rm. 1203
25800 Carlos Bee Blvd, Hayward
(510) 885-3050
rita.liberti@csueastbay.edu

Tuesday, Nov 19

Coffee with Cops

8:30 a.m. - 9:30 a.m.

Meet members of the San Leandro Police Department

Chinese Christian Schools
750 Fargo Ave, San Leandro
(510) 351-4957

Thursday, Nov 21

4-Course Winemaker's Dinner \$R

6:30 p.m.

Featuring wine by Frog's Tooth Vineyard

Spin-A-Yarn Restaurant
45915 Warm Springs Blvd., Fremont
(510) 656-9141
www.spinayarnsteakhouse.com

Santa's in town

SUBMITTED BY RACHEL LESHINSKY

The holidays have officially kicked off at the Great Mall with the arrival of Santa. Children of all ages are invited to visit Santa Claus in his special home at Great Mall from November 8 through December 24. This family-friendly holiday tradition is the perfect opportunity to share your wish list with the man in red and get your picture taken for a special Christmas keepsake.

The Santa Experience will be on Saturday, November 16. Special holiday themed activities will include craft making and a meet and greet with Santa himself, along with a parade to The Children's Place.

Santa at the Great Mall

Monday - Thursday

11 a.m. - 8 p.m.

(Milk and Cookie Breaks: 1 p.m. and 4:30 p.m.)

Friday - Saturday

10 a.m. - 8 p.m.

(Milk and Cookie Breaks: 1 p.m. and 4:30 p.m.)

Sunday

12 p.m. - 6 p.m.

(Milk and Cookie Break: 2 p.m.)

Friday, November 29 (Black Friday)

10 a.m. - 8 p.m.

(Milk and Cookie Breaks: 1 p.m. and 4:30 p.m.)

Tuesday, December 24 (Christmas Eve)

9 a.m. - 5 p.m.

(Milk and Cookie Breaks: 12 p.m. and 3 p.m.)

The Santa Experience

Saturday, Nov. 16

8:30 a.m. - 10:00 a.m.

Great Mall - Entrance 2

447 Great Mall Drive, Milpitas

(408) 956-2033

www.greatmallbayarea.com



Crab Feed

SUBMITTED BY DAVID ZEHNDER

What's both tasty and rewarding? Newark Rotary Club's annual crab feed. Support local organizations by enjoying some crab at the Nov. 23 event.

Founded in 1961, the Newark Rotary has a proud tradition of contributing to many local charities and organizations. Proceeds from ticket sales will be donated to organizations including: Save Our Seniors (SOS), Abode (Formerly Tri-City Homeless Coalition), Viola Blythe Community Services Center, Newark Memorial High School, Interact Scholarship, Newark Bobby Sox, Life Elder Care, Make a Wish Foundation, YMCA, Camp RYLA, Coaniquem Burn Centers, Newark Police Explorers, and the Boy Scouts of America.

Tickets to the crab feed don't cover host cocktails, but they do include the dinner, a raffle, and a live auction. Last year, over 600 people enjoyed an evening of all-you-can-eat crab and pasta and raised over \$30,000 for local charities in the process.

Crab Feed

Saturday, Nov. 23

5 p.m. - 9 p.m.

Newark Pavilion

6430 Thornton Ave., Newark
(510) 578-4405

david.zehnder@newark.org

Tickets: \$40 (donation)

Opera at Candle Light

SUBMITTED BY TANIA CHAVEZ

There is nothing more beautiful than the spoken and living word, and if that word is accompanied by gorgeous music, then you have an Opera. Opera on Tap, a non-profit organization whose mission is to make Opera available to all audiences, presents an intimate evening of drinks, hors d'oeuvres, arias, and ensembles, at the charming CandleLight Art Studio.

Featuring performances by some of the Bay Area's most prominent opera singers, this special evening is dedicated to helping raise funds in support of their new children's matinee shows, and the December production of Rossini's La Cenerentola. The event is free; however, donations are gladly accepted.

Sublime Soirée

Saturday, Nov. 16

8 p.m.

Opera performances

CandleLight Art Studio

37217 Fremont Blvd., Fremont

(510) 996-3729

www.operaontap.org/san-francisco

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and

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to join us on

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10 am to 11am

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85°C Bakery Café

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**** Snack Bar - Bake Sale ****

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LIFE CORNERSTONES

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Marriage

For more information
510-494-1999
tricityvoice@aol.com

Obituaries



Fremont Chapel of the Roses
(510) 797-1900 FD1007
1940 Peralta Blvd., Fremont
www.fremontchapeloftheroses.com



Fremont Memorial Chapel
(510) 793-8900 FD1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Mary Fuellenbach
RESIDENT OF FREMONT
December 10, 1930 – October 20, 2013

An Lai
RESIDENT OF UNION CITY
May 16, 1928 – October 28, 2013

Anna Bello
RESIDENT OF DANVILLE
September 28, 1955 – November 1, 2013

Cesar Cisneros Pelayo
RESIDENT OF HAYWARD
October 22, 1985 – November 1, 2013



**Lieutenant Commander
William James (Jim) Breen, III**
RESIDENT OF FREMONT
March 27, 1937 – November 3, 2013

Maxine E. McGuire
RESIDENT OF FREMONT
December 29, 1926 – November 3, 2013

Gerald D. Calhoun
RESIDENT OF JAMESTOWN
June 28, 1937 – November 5, 2013

Terry G. Mahuron
RESIDENT OF FREMONT
December 19, 1941 – November 6, 2013

**Sister Jean Matthew
(Jorgine E. Smith)**
RESIDENT OF FREMONT
November 17, 1939 – November 7, 2013

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40842 Fremont Blvd, Fremont

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with comfort, understanding and direction in this
difficult time of their lives.

2440 Depot Road, Hayward

Obituary

Thomas Arthur Foreman

June 23, 1937 to October 7, 2013

Thomas Arthur Foreman was born and raised in Alameda, California, home of a United States Naval base. World War II raged during his childhood and a few years after graduating from high school, he was drafted into the United States Army.

Assigned to Army Intelligence, he soon found himself stationed in Thailand, one of the most exotic countries on earth. He was young, just a kid really, but he soon met a beautiful woman, Wasana Boonatin, and they got married. Later he was transferred to Georgia. The South in the early 1960s offered quite a few challenges for Tom and his bride.

After he was discharged from the Army, Foreman returned to the San Francisco Bay Area and settled in Fremont. Mechanically talented, he began his career in elevator construction. Always filled with a spirit of adventure, he obtained his pilots license and traveled to destinations throughout the West, including the "back side" of Alaska.

As his three children, Ott, Charles and Ann grew older, he began to take them camping and fishing on weekends, teaching them to love the great outdoors. He also taught them to work.

"Dad bought some rental houses and they always needed repairs," recalled Charlie at a recent memorial service for his father. "He would go to work at 6 o'clock in the morning and get home about 5:30 at night. Then he would get us busy working on the rentals. He kept us out of trouble."

Tom was an ordinary guy, just a regular fellow, really, but he happened upon a restaurant and an idea took hold; suddenly the family found a new focus: Papillon Restaurant. It soon began to dominate their lives. Tom remodeled the building and the family pitched in to cook, wait tables and do endless repairs and upgrades.

"Tom loved the restaurant, he loved his patrons and he loved his family," commented his brother, Jerry Foreman. "He was a great guy, with thousands of stories. Soon he had a wonderful wine collection."

Life was good... then an airplane accident in 1982. Foreman almost lost his life, ending up in a wheelchair. This adventurous man, who was constantly on the go, was suddenly faced with new challenges.

"Grandpa held the family together," recalled his grandson, Nick. "When I was young he used to pull me aside and say, 'You're going to college. No one ever told me that, so I'm telling you.' So I always knew I would go to college. I just finished my Masters Degree in International Studies."

When Tom and Wasana arrived in town, there



was no Thai Buddhist Temple where she could worship. Through the years, the Foremans have generously supported that faith. Recently monks at the Fremont Temple held a memorial Thai Buddhist blessing/chant for Thomas.

"He wasn't a religious man, but he was a spiritual man," commented Robert Ahrenkiel, who conducted the Celebration of Life, hosted by the family at the Papillon Restaurant. "He was a commercial pilot, a skier, a hunter, a fisherman. He loved to race boats, to travel, to be with his friends and customers at Papillon; but most of all he loved his family, including his six grandchildren."

So in the final analysis, Thomas Foreman was not an ordinary man... he was an exemplary man, the kind who loves and cares for his family, who gently turns strangers into friends and who strengthens his community while courageously meeting the challenges of life.

Lila Bringham
November 7, 2013

Are you a writer?

Do you like to write about interesting topics? Are you a whiz with words and like to share your thoughts with others? Can you find something fascinating about lots of things around you?

If so, maybe writing for the Tri-City Voice is in your future. We are looking for disciplined writers and reporters who will accept an assignment and weave an interesting and accurate story that readers will enjoy.

Applicants must be proficient in the English language (spelling and grammar) and possess the ability to work within deadlines.

If you are interested, submit a writing sample of at least 500 words along with a resume to tricityvoice@aol.com or fax to (510) 796-2462.

Race to the Top grant update

SUBMITTED BY NEW HAVEN
UNIFIED SCHOOL DISTRICT

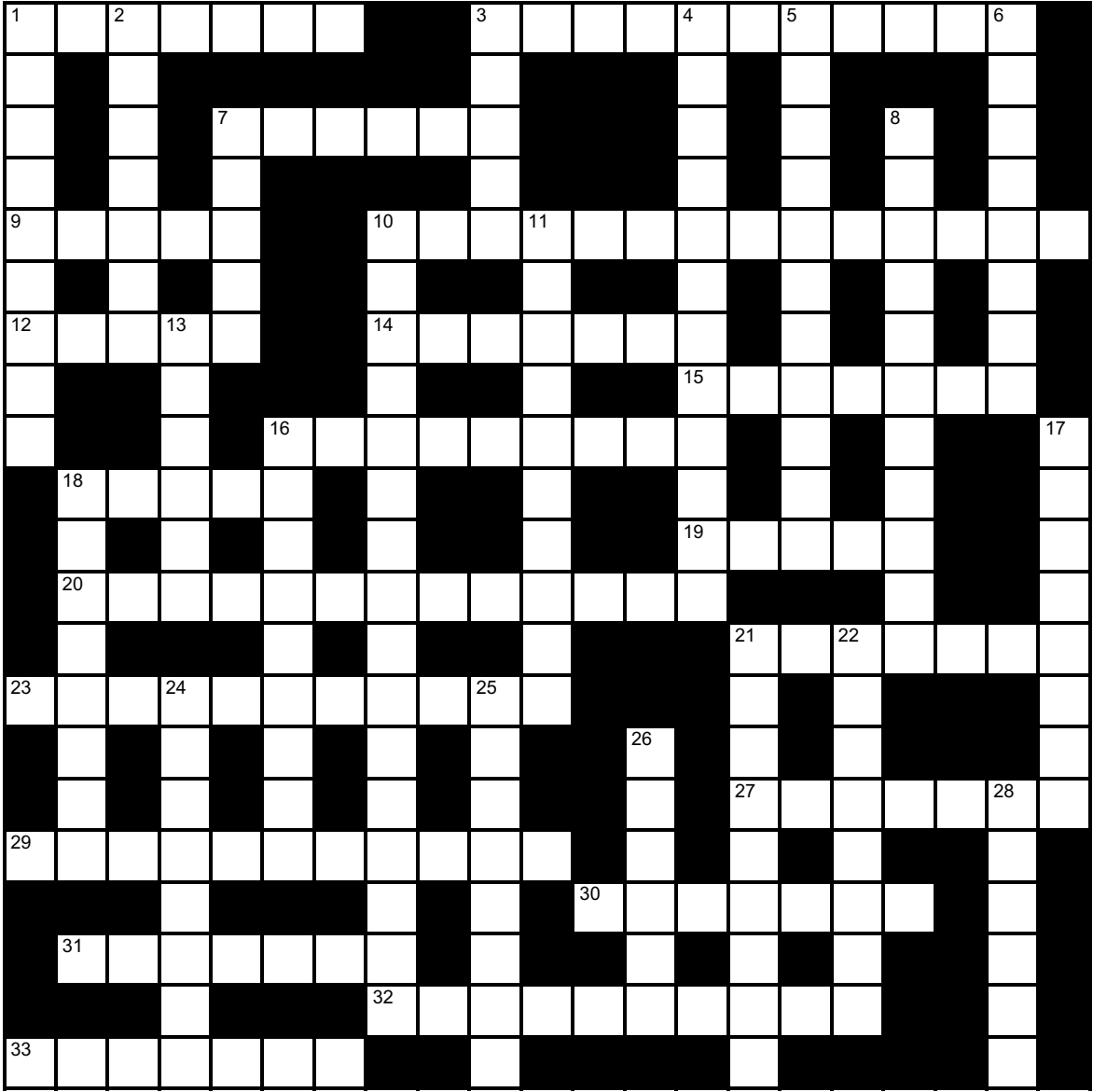
As one of only 16 nationwide winners in the U.S. Department of Education's Race to the Top-District (RTTT-D) competition, New Haven Unified is receiving more than \$29 million over a 4-year period, to personalize student learning, improve student achievement and educator effectiveness, close achievement gaps, and prepare all students to succeed in college and careers. The District's RTTT-D Director, former Kitayama Elementary Principal Lisa Metzinger, recently updated staff of progress applying grant funds.

A Scope of Work (SOW) has been approved by the U.S. Department of Education. The SOW is a complete picture of all of the projects, activities, and tasks to accomplish the district's plan and goals, aligned with the grant application and budget. Within each project there are several activities. Each activity has deliverables and milestones. Project leads, Suzan Lee-Young, Melvin Easley, and Lori Valdes have prepared the Scope of Work.

The approved Scope of Work (SOW) is posted on the district web site under the Race to the Top section (<http://www.nhusd.k12.ca.us/node/1808>).

Mind Twisters

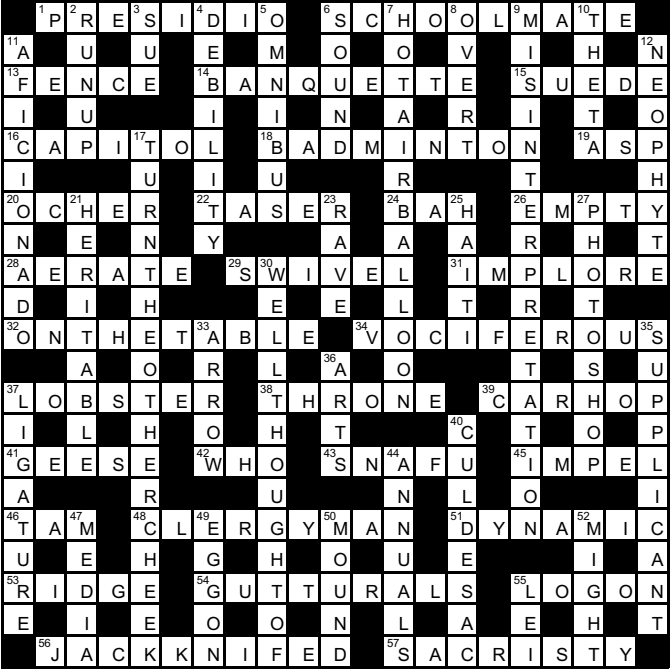
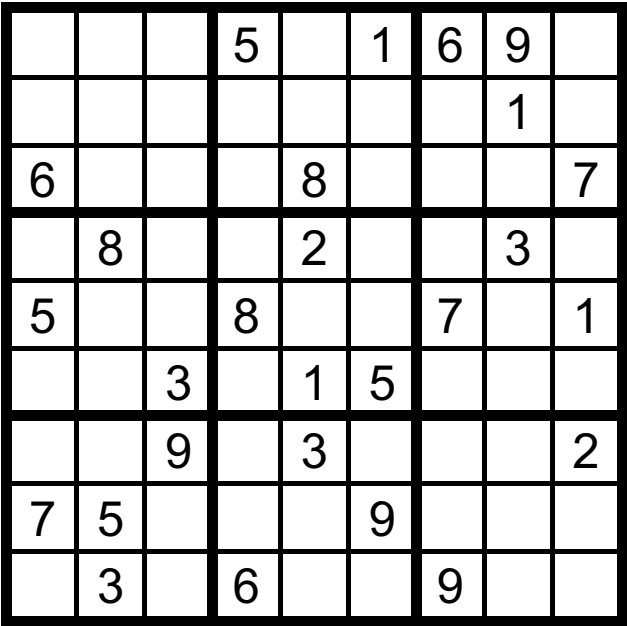
Crossword Puzzle B 239



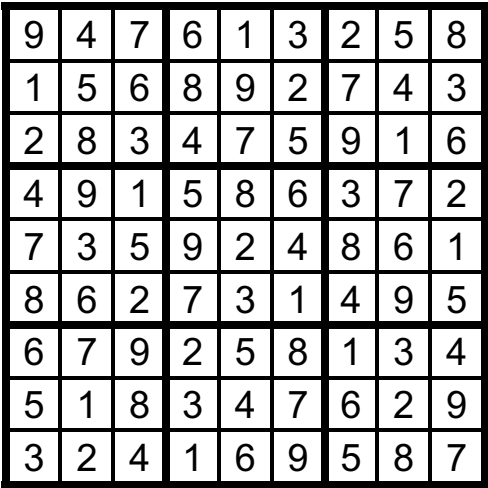
- Across
- 1 Entail (7)
- 3 Distinguishing (11)
- 7 Eye site (6)
- 9 A flat place? (5)
- 10 Accountability of doing the task (14)
- 12 Group of instrumentalists playing a specialized form of music (5)
- 14 More acute (7)
- 15 Creates (7)
- 16 To show on television (9)
- 18 Slow (5)
- 19 Postal scale unit (5)
- 20 Speaking, writing, reading (13)
- 21 Variant of something original (7)
- 23 Word meanings (11)
- 27 Turns in (7)
- 29 Gadgets to do mathematical operations (11)
- 30 not either (7)
- 31 Run (7)
- 32 Audience (10)
- 33 Analyze (7)
- Down
- 1 Unable to see with naked eye (9)
- 2 Bad guy in the movie (7)
- 3 Opportunities, so to speak (5)
- 4 Graphic depiction (12)
- 5 Gaiety, fun (11)
- 6 Decade of the shoulder pads (8)
- 7 Abrupts emissions of air (5)
- 8 Class of aircrafts that work on blade rotation (11)
- 10 Burdens of obligation (16)
- 11 Landing device (10)
- 13 Render harmless (6)
- 16 Quality that delights the senses (9)
- 17 Money and investment (8)
- 18 Micro-organisms (8)
- 21 Oscillation, periodic motion (9)
- 22 Fidgety (8)
- 24 Who does not like this dessert? (8)
- 25 One of the gases in air (8)
- 26 Gadget to shoot films (6)
- 28 Heir's concern (6)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 238



Tri-City Stargazer NOVEMBER 13 – NOVEMBER 19, 2013 BY VIVIAN CAROL

For All Signs: We have a full moon in Taurus on Sunday at 10:16 am EST. This one occurs at a particularly potent degree of the zodiac, 25 degrees, which is the position of the fixed star Algol. Ancient astrologers gave much attention to the star positions. Algol is named for the Medusa, whose gaze turned men to stone. She is associated with decapitation,

mob violence, hangings and other major catastrophes. This full moon occurs on the longitudinal line of 126 E. 31 and also 52 W 46. The first longitude is just west of Japan and also intersects Australia. The 52 W 46 line intersects Brazil and follows north through western Greenland. I don't know how to interpret this factor in today's literal world. It is possi-

ble there may be earth traumas near those locations. Normally I would not comment, although it appears to me that planetary aspects are showing themselves almost immediately these days. So we will watch this Full Moon together.

Aries the Ram (March 21-April 20): A relationship or friendship that began suddenly in March has gone through one or two transformations already. If you are still together, this time brings yet one more change in how you relate to each other. If this is not a person, it may be a creative project that you began in the spring.

Taurus the Bull (April 21-May 20): Your relationship life is interesting this week. Things go very favorably with your significant other or business partner(s), as well as your general community. You are seeing eye-to-eye with a person of power. One hiccup: be sure to backup all your data. There is a potential for computer snafus.

Gemini the Twins (May 21-June 20): Keep your attention fastened on your higher side this week. Otherwise your mind could be drawn down into worry or dark imaginings. Find someone who is in need and give them a helping hand. Enjoy the imagination of others, i.e. books, movies, or plays.

Cancer the Crab (June 21-July 21): Your mind and heart are clearly in sync at this time. You are likely at peace with yourself. There is a solid and practical solution at hand and you do not have to quarrel with yourself over it. Activities involving your children and/or other creative products of your being are favored. Love life flows smoothly.

Leo the Lion (July 22-Aug 22): It's possible that you will feel somewhat fussy and out of sorts this week. Your mind wants to roam, try new things, take up an activity that feels more "fun" than the usual humdrum routine. You may remember this kind of feeling from childhood. If you can understand it as a form of boredom you can probably find solutions.

Virgo the Virgin (August 23-September 22): You may find the actions or attitudes of others in your life somewhat confusing. If anyone makes you feel badly about yourself, ignore it and move on in your own groove. The "other" does not really understand you at all,

though he/she may think he does. Stay with your own evaluations of "shoulds".

Libra the Scales (September 23-October 22): If there are "power" issues between you and another, this is the week that they will be in full bloom. Discomfort means that change is needed in one or both of your attitudes. Intensity is the theme. Concentrate on remaining conscious so that you won't fall into manipulative games, especially the one called "prove it if you love me."

Scorpio the Scorpion (October 23-November 21): There are probably challenges at work that have been going on for quite some time now. This is your opportunity to pull together all your intuitive and diplomatic skills to smooth out some of the crossed lines among others. Your skills are appreciated, even if not acknowledged.

Sagittarius the Archer (November 22-December 21): A new idea, connection or development of late July is now showing signs

of growth. It may have been an investment, an intimate relationship, or an agreement to share resources with another. ("resources" = time, energy, or money.) You can see tangible results now and may be ready to tell others.

Capricorn the Goat (December 22-January 19): It may be your pleasure to bring two or more factions to a meeting focused upon the betterment of many. You have the right instinct to choose the people who need to be present. In general, love and social life will flow smoothly. Others will be happy to turn leadership needs over to you. **Aquarius the Water Bearer (January 20-February 18):** It

seems as though much of your life is in serious mode these days. It seems a challenge to accomplish your goals unless you work constantly. But this week there is a nagging voice inviting you outdoors, or anywhere away from the routine. Give it a break and let a change of pace restore your soul.

Pisces the Fish (February 19-March 20): Continue to allow your intuition to be your guide. The Muse wants to speak through you during this period of two to three weeks. Focus on art, music, dance, and color—whatever gives you pleasure. Take long breaks if possible. Being near the water will be most soothing, even if it is only the bathtub.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



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OPINION



WILLIAM MARSHAK

Junket: a pleasure trip funded by someone else

I am so excited! It is with great anticipation that I count myself as one of many Fremont citizens wishing a group of intrepid and adventurous officials bon voyage. We are all waiting breathlessly for their return with new trade agreements. This journey will be arduous - three travel days and 10 days on the mysterious Indian subcontinent of Asia. It will be thrilling for me and my neighbors (who have come from all over the world) to see the results of this exploration by our more cosmopolitan brethren. Through a set of meetings and definitive "metrics," this trip to India by two councilmembers and three staff members of the Economic Development team will break barriers of language, customs and business relationships to create new markets and open trade routes heretofore unknown.

As Vice Mayor Anu Natarajan spoke about the upcoming junket to India at the November 5th council meeting, I was thrilled to hear that this trip differed from past City trade missions to other unknown parts of the world such as China. Just the word "India" conjures a mysterious, exotic and faraway land with few ties to Fremont or knowledge of our fair city. What do these people look like? What do they eat? How are they different from our population? How can we do business with these strange people?

A Fremont boondoggle?

Shrouded in mists of isolation, it is a great leap of faith and hope that accompanies our intrepid band of public officials as they join with India's premier business association, Confederation of Indian Industry, to "Open doors for Fremont companies" and "Connect with Indian companies." Goals include a "Sustainability Collaboration and reciprocal trade mission." It's about time that someone under the tutelage of the U.S. Department of Commerce created a bond between our city and this foreign country.

Mayor Harrison recently attended a convention of clean energy entrepreneurs and proudly announced that Fremont is a hub of Biotech innovation. Now we find that India needs to be told of this fact. As the area begins to emerge from years within a deep recession, it is heartening to know that our tax dollars are going to such a worthwhile endeavor. One company on the list of visits, EKO Vehicles Pvt Ltd, specializes in electric vehicles. Maybe they can start a plant here and produce electric cars; there may be space next door to Tesla.

Fortunately, metrics for this mission are clear and well defined. In order to determine whether public money is well spent, the following will be used to measure its success:

The number of 1-on-1 connections with business leaders and government representatives;

The number of specific partnerships created;

The number of companies with mutual interest in learning more about Fremont's business proposition;

The number of companies with parent companies in Fremont;

The number of Indian delegations contacted to host business investment trips.

Do these questions really require a trip by Vice Mayor Natarajan, Councilmember Bacon and three Fremont

employees to answer? The quiet nature of organizing and funding this trip are tell-tale signs of a sweet junket that will do little to further the economic vitality of an area with a near plurality of immigrants from India.

When a city cries poverty and does not fund events and or organizations at home, it is difficult to rally behind globe-trotting trips especially when so many citizens and business already have ties to the areas visited. How much are we spending on this trip? Although the cost of sending five people to India is not listed as a metric to evaluate the trade mission, why not? Isn't that important? Could staff and council time be spent more wisely in our own community?

Fremont already has plenty of connections with India. If more is to be done, couldn't this be accomplished using existing business links? If not, justification for this trip is weak when measured against the cost of sending five Fremont representatives to say "Hello."

This trip is spelled... junket!

Source:
http://fremontcityca.iqm2.com/Citizens/Detail_Meeting.aspx?ID=1217, Look under "Council Referrals - Vice Mayor Natarajan referral" and click "Staff Report Printout." Also, Vice Mayor Natarajan discusses the Trade Mission to India on the November 5, 2013 City Council webcast at marker 1:04:04.

William Marshak
PUBLISHER

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What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the County of Alameda, and the State of California.

What's Happening's **TRI-CITY VOICE**™

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B Fremont, CA 94538. William Marshak is the Publisher

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Dawn Torre, Volunteer Coordinator
 1-888-493-0734 or 510-933-2181
 volunteer@lifespringshospice.com

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TOYS FOR TOTS

Bringing the joy of Christmas to needy children.

Toys for Tots began in 1947 when Major Bill Hendricks, and a group of Marine Reservists in Los Angeles, collected and distributed 5,000 toys to needy children.

The idea came from Bill's wife, Diane. That fall, Diane handcrafted a Raggedy Ann doll and asked Bill to deliver the doll to an organization which would give it to a needy child at Christmas. When Bill determined that no such agency existed, Diane told Bill that he should start one.

He did. Toys for Tots was so successful that the U.S. Marine Corps adopted it in 1948 and expanded it into a nationwide campaign. That year, Marine Corps Reserve units across the nation conducted Toys for Tots campaigns in every community in which a Marine Reserve Center was located. The Marines have conducted toy drives each year since then.

Standards Link: History: Understand that specific individuals and values had an impact on history.

Look very closely at the pile of toys. Only two of them are identical. Can you find them?

Standards Link: Investigation: Find similarities and differences in common objects.

Kid Scoop Together: Funny Filler

Have a friend give you each type of word to fill in the blanks. Then read the story aloud!

It was a very strange day at the toy factory, which began with a truckload of _____ PLURAL NOUN delivered to the loading dock.

Later, the paint department accidentally filled their airbrushes with _____ ADJECTIVE. Toy robots began _____ PLURAL NOUN to _____ VERB off the assembly line, while several dolls had a _____ ADJECTIVE _____ NOUN where their heads should be.

Production stopped while workers _____ PAST TENSE VERB throughout the factory, searching for _____ PLURAL NOUN.

By the end of the day, there were dozens of _____ ADJECTIVE _____ PLURAL NOUN and shelf after shelf of _____ ADJECTIVE _____ PLURAL NOUN.

“Well, maybe we can _____ VERB all these _____ ADJECTIVE toys on April Fool's Day,” said the toy factory chief.

Standards Link: Grammar: Understand and use nouns, adjectives and verbs correctly.

Kid Scoop-doku™

Complete the grid by using all the letters in the word TOYS in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.

Y		O	T
	Y		O
			Y
T			S

Kid Scoop VOCABULARY BUILDERS

AGENCY

The noun **agency** means a company or organization that does business in support of other companies or people.

Bill couldn't find an **agency** to help him distribute toys, so he started one.

Try to use the word **agency** in a sentence today when talking with your friends and family members.

Write On!

Toy Opinion

In your opinion, what is the best toy ever invented? Give at least three details about that toy that support your opinion.

How Many Toys

Over its lifespan of the U.S. Marine Corps Reserve Toys for Tots Program, Marines have distributed more than _____ million toys to more than _____ million needy children.

Cut out these rectangles and arrange them to reveal the answers.

Standards Link: Reading Comprehension: Follow simple directions.



Gift Tagged

Below each gift is a list of words that are similar to the name of the person the gift is for. Can you figure out who should receive each gift? Write one of these names on each tag: **Robin, Faith, Rose, Ruby or April.**



For more information and to participate in this year's toy drive, visit www.toysfortots.org

Holiday Scavenger Hunt

Look through the print or e-edition of your newspaper to find:

- A holiday article or photo that is NOT about Christmas
- A place you'd like to visit during your vacation
- A gift you'd like to receive
- A word or phrase that you think best exemplifies this season
- A classified advertisement for something holiday-related
- A photo that reminds you of winter
- A food you'd like to eat during the holidays
- A sporting event that will occur during your winter vacation

Standards Link: Research: Use the newspaper to locate information from a list.

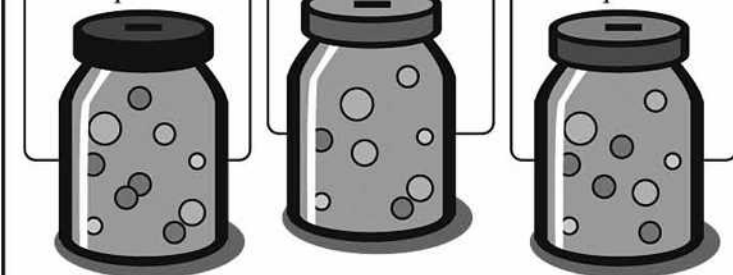
Kid Scoop Puzzler

Toys for Tots donates only new toys to needy children. The kids at A+ Academy are collecting coins to buy toys. The amounts they've collected are on the jars. Which class collected the most money?

Miss Vivien
432 pennies
46 nickels
87 dimes
15 quarters

Mrs. Shaw
678 pennies
18 nickels
43 dimes
4 quarters

Mr. Learn
831 pennies
12 nickels
33 dimes
22 quarters



Standards Link: Number Sense: Solve problems using money.

Double Double Word Search

HENDRICKS
MARINES
MONEY
NEEDY
SCAVENGER
RESERVE
LOCATED
TOTS
TOYS
AGENCY
YEAR
DOLL
RAGGEDY
DIANE
MAGENTA

Find the words in the puzzle, then in this week's Kid Scoop stories and activities.

H	D	E	V	R	E	S	E	R	A
S	E	N	I	R	A	M	F	E	T
O	T	N	R	S	T	O	T	G	N
N	A	Y	D	E	E	N	O	N	E
E	C	G	D	R	A	E	Y	E	G
E	O	O	E	I	I	Y	S	V	A
D	L	Y	C	N	A	C	H	A	M
L	I	L	D	R	C	N	K	C	E
R	A	G	G	E	D	Y	E	S	N

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

www.kidscoop.com

Make a Million

Look through the newspaper to find five or more numbers that add up to just about a million. Can you find numbers that will add up to EXACTLY one million?

Standards Link: Number Sense: Calculate sums to one million.



How do you decorate a canoe for Christmas?

ANSWER: Use our-namnts!

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Do you like to write about interesting topics? Are you a whiz with words and like to share your thoughts with others? Can you find something fascinating about lots of things around you?

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SPORTS

Huskies prevail



SUBMITTED BY MIKE HEIGHTCHEW
PHOTOS BY MIKE HEIGHTCHEW

The Washington High School Huskies won the Mission Valley Athletic League (MVAL) Football championship by beating the Irvington Vikings 40-34. With the win, the Huskies put together a perfect 6-0 MVAL record, an impressive year. This game started off as a real slugfest title match, both teams' offensive lines showing why either could have won the MVAL title this year... the Huskies using their speed to move the ball outside and the Vikings trap blocking.

Washington's Nate Woudstra rushed for 255 yards on 29 carries, and Irvington's Jared Lozoya kept the Vikings in the game as he rushed for 198 yards on 29 carries. The road downhill for the Vikings started with 7:46 left in the first half when Washington's Nate Woudstra scored on a 80-yard play, the last of his three first half touchdowns to open a 26-14 lead. The difference in this game was the passing combination of Washington Quarterback Tylan Vinson and Sam Hodnett who teamed up for seven completed passes and 108 yards. Viking hopes were dashed when Vinson found Hodnett on 7-yard touchdown pass to open a 40-28 lead. Irvington Quarterback Jack Shank showed why he had a banner year as, even under great pressure from the Huskies defense, found the end zone with two touchdowns by air and a run for another.

With the title, the Huskies, ranked #10, will get an automatic berth in the NCS playoffs. They meet the seventh ranked Las Lomas Knights of Walnut Creek at 7 p.m. on Saturday, November 16 at Tak Fudenna Stadium.

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Great weather greets Guru Nanak Marathon



SUBMITTED BY MIKE HEIGHTCHEW
PHOTOS BY MIKE HEIGHTCHEW

The 7th annual Guru Nanak Marathon, sponsored by the Sikh Sports Association, was held at Quarry Lakes in Fremont on November 9, 2013. A day of fun for all ages, a 5K, half and full marathon plus a children's race were held in perfect weather. Prizes were awarded to top finishers but all participants finished as winners. Everyone – participants and well-wishers – enjoyed refreshments following the races.



Registration opens for cross country championships

SUBMITTED BY KENNY FRIED

Entering its 35th year, the Foot Locker Cross Country Championships is the longest running high school cross country race in the nation, comprised of four regional 5K races across the country. More than 10,000 of the nation's leading high school runners are expected to compete in the regional meets.

The top ten finishers from each seeded regional race qualify for the Foot Locker Cross Country National Finals (December 14 in San Diego, Calif.) and will join the likes of Olympian Ryan Hall and American record-holder, Alan Webb.

The West Region, consisting of athletes from Alaska, Arizona, California, Hawaii, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, Washington, Wyoming, and U.S. citizens in Overseas Military Installations, will race along the 5,000-meter mixed terrain course at Mt. San Antonio College in Walnut, Calif. on Saturday, Dec. 7. All non-high school runners are encouraged to participate in the open race. Runners can register online at www.footlockercc.com.

For more information on the Foot Locker Cross Country Championships, please visit www.footlockercc.com or visit our facebook page at <https://www.facebook.com/FLCCC>.

Cal State East Bay Report

SUBMITTED BY
SCOTT CHISHOLM

Women’s Basketball:

Cal State East Bay women’s basketball will officially start its 2013-14 campaign November 8th at the CCA Division II Tipoff Classic at the Anaheim Convention Center. The Pioneers will open the season facing two preseason nationally ranked top-10 teams within a 36-hour stretch.

“Our three-game schedule will challenge us physically, mentally and emotionally. We know that this can be an amazing opportunity for us to grow and learn as a team,” said Head Coach Suzy Barcomb. “We can look at this upcoming weekend as a difficult challenge or an incredible experience. We are going with the latter and we know in the long run it will better prepare our program for our league schedule.”

**November 8
Pioneers Drop Season Opener to #9 Golden Bears**

Cal State East Bay women’s basketball got its season officially underway at the CCA Tipoff Classic. The Pioneers fell 73-61 to nationally ranked No. 9 Concordia-St. Paul at the Anaheim Convention Center to close out the first of three games over three days schedule.

Cal State East Bay (0-1) trailed by a slim 26-23 margin with under three minutes remaining in the first half. Concordia-St. Paul (1-0) pushed the lead to nine by halftime, and a pair of 3-pointers from Carissa Wolyniec gave CUSP a 15-point cushion with 18 minutes left.

The Pioneers trailed by as many as 20 in the second half but closed the gap to 10 points in the final minute of regulation. Stephanie Lopez scored the team’s final two points and totaled 11 points in her East Bay debut.

Tori Breshers and Sarah Finlay scored all 21 of East Bay’s bench points. Breshers finished with a team-high seven rebounds, and Finlay equaled the team-high 11 point effort of Lopez.

Danielle Peacon and Lopez each started on Friday in their debut with the team. Peacon finished with six points and four rebounds in 25 minutes. Micah Walker went 6-of-8 from the free throw line and scored 10 points as part of the starting lineup. Brianna Terrance added nine points and six rebounds, and Rachel Finnegan finished with four points and a team-high two assists to round out the starting five.

**November 9
Pioneer women outlasted by #5 Emporia State**

The Cal State East Bay women’s basketball team hung tough with No. 5 Emporia State, but ultimately dropped a 67-53 decision on Saturday night. Danielle Peacon led three Pioneers in double figures.

**November 10
Women’s Hoops Stung by Yellow Jackets in Weekend Finale**

Cal State East Bay women’s basket-

ball was on the short end of a 77-73 final score to Montana State-Billings on Sunday afternoon at the Anaheim Convention Center. A back-and-forth battle went in favor of the Yellow Jack-ets after they scored nine of the game’s final 11 points to conclude the CCA Tipoff Classic.

Cal State East Bay (0-3) was playing from behind after Montana State-Billings (1-2) went on a 23-6 scoring run spanning eight minutes of the first half. The Pioneers responded over the final nine minutes of the frame cutting a 17-point deficit to just one, before heading into the locker room down 37-35 at the half.

“Fighting back from such a large deficit took an enormous amount of effort and energy. We really came to life with 10 minutes left in the first half,” said Head Coach Suzy Barcomb. “Unfortunately we could not hold them off in the end to earn the win today.”

The Pioneer comeback trail was led by Danielle Peacon who finished with 24 points on 10-fo-15 shooting from the floor. Teammate Brianna Terrance was one point shy of her career-high with 18, and teammate Stephanie Lopez finished with 11. Sarah Finlay supplied a career-high eight assists, the most by any Pioneer player since the 2008-09 season.

**Men’s Soccer:
Martin, Perry Selected to All-CCAA Team**

Cal State East Bay men’s soccer team members Javier Martin and Conley Perry were named to the All-California Collegiate Athletic Association (CCAA) Team, announced November 7, 2013.

Martin, a junior forward from Hayward, earned honorable mention league honors for the second time in three years. In both his freshman and junior campaigns he led the team in scoring with five goals. In 2013 he scored all five of his goals over the final seven games of the regular season.

Perry, a junior midfielder from Mission Viejo, earned his first all-conference selection as a member of the honorable mention team. He played in 16-of-18 games this season and was one of six field players to log over 1,000 minutes of game action. Perry provided the assist on the game-winning goal in a 1-0 victory over San Francisco State on Sept. 29.

Cal State East Bay finished the 2013 season with a record of 5-12-1, 5-10-1 CCAA. The Pioneers placed fourth in the CCAA North Division final standings.

**Women’s Volleyball:
November 9, 2013
CSUEB 3, CSUDH 1 (25-16, 23-25, 25-13, 25-22)**

The Cal State East Bay volleyball team won its fourth straight match on Saturday night, defeating visiting Cal State Dominguez Hills (8-17, 1-16 CCAA) in four sets. The Pioneers (11-14, 7-10 CCAA) hit .348 as a team. Katie Allen (19 kills, .552 pct) and Samantha Bruno (11 kills, .563 pct) led the East Bay attack.

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES,
FREMONT PD

Monday, October 4

CSO Anders investigated a residential burglary on the 4700 block of Norris Rd.

Tuesday, October 5

Officers responded to an attempted residential burglary on Everglades. Officers were able to link this incident to another attempt on Truman Place where an alert neighbor was able to get a license plate and chased the sus-

pect(s). Several Units within the Department quickly became involved which resulted in the arrest of an adult male and two associated adult females. Detective Blass coordinated info with UCPD who also responded for follow-up. Detectives continued to work on the in-custody residential burglary ring into the night and have been able to clear the two Fremont residential burglaries from today, one Fremont residential burglary from Monday, and Union City Police are working to clear residential burglaries in their City.

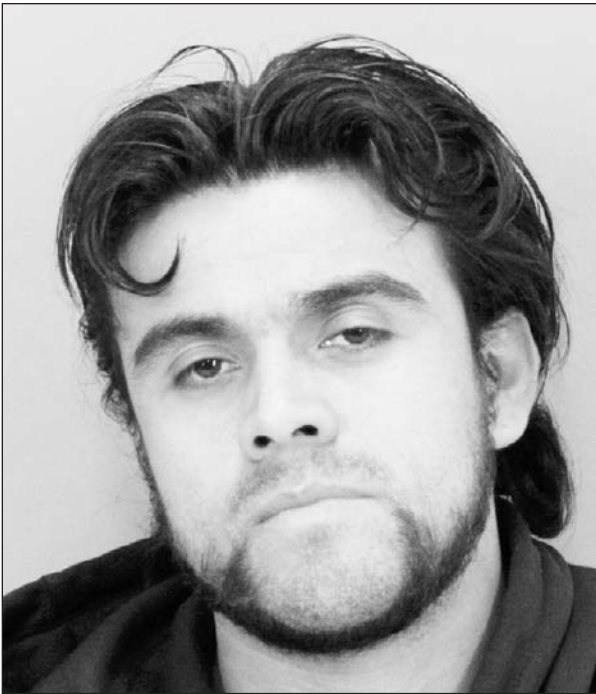
Child endangerment arrest

SUBMITTED BY SGT. JOHN
TORREZ, MILPITAS PD

On October 30, 2013, at 12:42 p.m., the Milpitas Police Department received a 911 call from a resident on the 200-blk of N. Hillview Drive reporting an occupied suspicious vehicle. Officers arrived and discovered a 10 year old female and an 8 year old male alone inside of the vehicle. The children had been left alone in the vehicle since 10 p.m. the previous day by their father, Julio Reyes. Officers were unable to locate Reyes. The children were taken into protective custody and later transferred to the custody of the Department of Family and Children’s Services.

At 11:22 p.m., Reyes, a San Jose resident, called the Milpitas Police Department reporting his vehicle and children were missing. He was interviewed and subsequently arrested. Reyes was booked into the Santa Clara County Main Jail for felony child endangerment.

Anyone with any information regarding this investigation or other similar incidents occurring in our city is encouraged to call the Milpitas Police Department at (408) 586-2400. Information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department website at: http://www.ci.milpitas.ca.gov/government/police/crime_tip.asp



You changed your clock, did you change your battery?

SUBMITTED BY HAYWARD
EMERGENCY SERVICES

Daylight Saving Time ended at 2 a.m. local time on Nov. 3. For years, the Hayward Fire Department has urged residents to change and test smoke alarm and carbon monoxide detector batteries when changing clocks backward each fall. In the event of a fire, properly installed and maintained smoke alarms provide an early warning alarm to your household. This alarm could save your own life, and those of your loved ones, by providing the chance to escape.

What types of smoke alarms are available? There are many different brands of smoke alarms available on the market, but they fall under two basic types: ionization and photoelectric. Ionization alarms sound more quickly when a flaming, fast moving fire occurs. Photoelectric alarms are quicker at sensing smoldering, smoky fires. There are also combination smoke alarms that combine ionization and photoelectric into one, called dual sensor smoke alarms.

Because both ionization and photoelectric smoke alarms are better at detecting distinctly different yet potentially fatal fires, and because homeowners cannot predict what type of fire might start in a home, the Hayward Fire Department recommends the installation of both ionization and photoelectric or dual sensor smoke alarms.

Carbon monoxide (CO) detectors are now required in all new construction and residential homes. CO is an odorless, colorless gas found in combustion fumes. People that come in contact with these fumes can be poisoned by breathing in the gas. Symptoms of carbon monoxide poisoning include: headache, weakness, dizziness, nausea, vomiting, chest pain, and confusion. A basic UL approved CO alarm can be purchased for as little as \$20 including a battery. UL is a global independent safety science company offering expertise in certification, validation, testing, and inspections.

In addition to the basic types of alarms, there are alarms made to meet the needs of people with hearing disabilities. These alarms may use strobe lights that flash and/or vibrate to assist in alerting those who are unable to hear standard smoke alarms when they sound.

So, when you turned your clocks back, did you make a lifesaving change in your household? Change the batteries in smoke alarms, carbon monoxide detectors, flashlights, portable radios, and other essential devices. Help another household by telling a friend to test their smoke and CO detectors. And if they are without any, recommend that they install both in their home. It is the cheapest insurance one can buy for their family.

For more information on general preparedness, visit: www.hayward-ca.gov and click on the red “Disaster Preparedness” button.

Residential burglary suspect arrested

SUBMITTED BY SAN LEANDRO PD

On Thursday, October 17, 2013 at 11:00am, a resident in the 900 block of Sybil Ave. was in his home when he was alerted to the sound of breaking glass from a nearby residence. Shortly thereafter, he believed his home was being burglarized too. Upon calling the police, officers responded to the area and saw a man running from the yard, carrying a pillow case over his shoulder, weighted down with stolen items inside.

The subject failed to stop for the officer and ran into the nearby residential neighborhood. Additional police officers responded, including a team from the SLPD Canine Unit. After searching several residential yards, sheds and garages for the suspect, he was apprehended in the rear yard of a residence on San Rafael St. Lt. Mc-

Manus was proud of the community, stating, “Without the quick action by some of our residents, there is a strong likelihood that this suspect may have escaped and burglarized other homes. This is a prime example of how successful we are as a police department when our residents unite to help us fight crime.”

The suspect, a 19 year old resident of Oakland, who is on probation for burglary and grand theft, sustained minor injuries during his arrest. He was taken to a local hospital for treatment and later transported to the San Leandro Police Jail. He has been arrested on suspicion of committing a residential burglary and resisting arrest. He will be arraigned in the Alameda County Superior Court on Monday, October 21st. The suspect’s name is being withheld, pending additional investigation by police detectives.

PUBLIC NOTICES

CITY OF UNION CITY
NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held by the City of Union City for the purpose of considering the following:

Municipal Code Amendment (AT-13-002)

The City of Union City is proposing to modify Title 5, Business Licenses and Regulations and Title 18, Zoning, of the Municipal Code to:

- Prohibit the establishment and operation of medical marijuana dispensaries;
- Prohibit the establishment and operation of e-cigarette bars/lounges, vapor bars/lounges, and hookah bars/lounges; and
- Regulate the packaging and display of e-cigarettes, cigars and cigarillos in retail establishments and amend requirements applicable to tobacco retailers to include electronic cigarette products.

The proposed amendments are exempt from environmental review in accordance with the California Environmental Quality Act Guidelines Section 15061(b)(3), the general exemption for projects with no potential for significant effect on the environment. For further information regarding this project, contact Avalon Schultz, Senior Planner, at (510) 675-5321. Written comments regarding this project should be received by the Planning Division by 5:00 p.m. on Tuesday, November 26, 2013.

The Planning Commission reviewed this project at its November 7, 2013 meeting and recommended approval to the City Council on a 5-0 vote.

CITY COUNCIL MEETING
November 26, 2013

The hearing will be held at 7:00 p.m.
In the Council Chambers of City Hall,
34009 Alvarado-Niles Road, Union City.

The City Council meeting packet, which includes the meeting agenda and staff report for this project, can be accessed on-line on the City's Agendas and Minutes webpage which is located at <http://www.unioncity.org/gov/agendas.htm>. Meeting packets are generally available on-line the Friday before the meeting.

City Hall is accessible by Union City Transit lines 1A, 1B, 3, 4 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please contact Union City Transit at (510) 471-1411, AC Transit at (510) 891-4777, or BART at (510) 465-2278.

JOAN MALLOY
Economic & Community Development Director

CNS#2556111

CIVIL

SUMMONS (Family Law)
CITACION (Derecho familiar)
CASE NUMBER (NÚMERO DE CASO):
HF13690893

NOTICE TO RESPONDENT (Name) AVISO AL DEMANDADO (Nombre): Sharon Stone
You are being sued. Lo están demandando.
Petitioner's name is Nombre del demandante: William Stone

You have **30 calendar days** after this *Summons and Petition* are served on you to file a *Response* (form FL-120 or FL-123) at the court and have a copy served on the petitioner. A letter or phone call will not protect you.

If you do not file your *Response* on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form.

If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services Web site (www.lawhelpcalifornia.org), or by contacting your local county bar association.

Tiene **30 días corridos** después de haber recibido la entrega legal de esta Citación y Petición para presentar una Respuesta (formulario FL-120 ó FL-123) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica no basta para protegerlo.

Si no presenta su Respuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención y honorarios y costos legales. Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas.

Si desea obtener asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar a un abogado en la California Courts Online Self-Help Center (www.sucorte.ca.gov), en el sitio Web de los Servicios Legales de California (www.lawhelpcalifornia.org), o poniéndose en contacto con el colegio de abogados de su condado.

NOTICE: The restraining orders on page 2 are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: Las órdenes de restricción que figuran en la página 2 valen para ambos cónyuges o pareja de hecho hasta que se despidió la petición, se emita un fallo o la corte dé otras órdenes. Cualquier autoridad de la ley que haya recibido o visto una copia de estas órdenes puede hacerlas acatar en cualquier lugar de California.

NOTE: If a judgment or support order is entered, the court may order you to pay all or part of the fees and costs that the court waived for yourself or for the other party. If this happens, the party ordered to pay fees shall be given notice and an opportunity to request a hearing to set aside the order to pay waived court fees.

AVISO: Si se emite un fallo u orden de manutención, la corte puede ordenar que usted pague parte de, o todas las cuotas y costos de la corte previamente exentas a petición de usted o de la otra parte. Si esto ocurre, la parte ordenada a pagar estas cuotas debe recibir

aviso y la oportunidad de solicitar una audiencia para anular la orden de pagar las cuotas exentas.

1. The name and address of the court are (El nombre y dirección de la corte son): Superior Court, County of Alameda, 24405 Amador Street, Hayward, CA 94544

2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): Philip Sarmiento, Esq., 1320 Decoto Road, Suite 140, Union City, CA 95487, Tel: (510) 258-8091

Date (Fecha): Jul 5, 2013
LEAH T. WILSON, Executive Officer/Clerk, by (Secretario, por) ALEX KOSENKO, JR., Deputy (Asistente) (SEAL)

NOTICE TO THE PERSON SERVED: You are served **AVISO A LA PERSONA QUE RECIBIÓ LA ENTREGA:** Esta entrega se realiza as an individual. (a usted como individuo.) 11/12, 11/19, 11/26, 12/3/13

CNS-2555370#

SUMMONS (Family Law)
CITACION (Derecho familiar)
CASE NUMBER (NÚMERO DE CASO):
HF13687157

NOTICE TO RESPONDENT (Name) AVISO AL DEMANDADO (Nombre): SAI ON NG
You are being sued. Lo están demandando.
Petitioner's name is Nombre del demandante: SUE FEN DEBBY WU

You have **30 calendar days** after this *Summons and Petition* are served on you to file a *Response* (form FL-120 or FL-123) at the court and have a copy served on the petitioner. A letter or phone call will not protect you.

If you do not file your *Response* on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form.

If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services Web site (www.lawhelpcalifornia.org), or by contacting your local county bar association.

Tiene **30 días corridos** después de haber recibido la entrega legal de esta Citación y Petición para presentar una Respuesta (formulario FL-120 ó FL-123) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica no basta para protegerlo.

Si no presenta su Respuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales. Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas.

Si desea obtener asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar a un abogado en la California Courts Online Self-Help Center (www.sucorte.ca.gov), en el sitio Web de los Servicios Legales de California (www.lawhelpcalifornia.org), o poniéndose en contacto con el colegio de abogados de su condado.

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AVISO: Las órdenes de restricción que figuran en la página 2 valen para ambos cónyuges o pareja de hecho hasta que se despidió la petición, se emita un fallo o la corte dé otras órdenes. Cualquier autoridad de la ley que haya recibido o visto una copia de estas órdenes puede hacerlas acatar en cualquier lugar de California.

NOTE: If a judgment or support order is entered, the court may order you to pay all or part of the fees and costs that the court waived for yourself or for the other party. If this happens, the party ordered to pay fees shall be given notice and an opportunity to request a hearing to set aside the order to pay waived court fees.

AVISO: Si se emite un fallo u orden de manutención, la corte puede ordenar que usted pague parte de, o todas las cuotas y costos de la corte previamente exentas a petición de usted o de la otra parte. Si esto ocurre, la parte ordenada a pagar estas cuotas debe recibir

aviso y la oportunidad de solicitar una audiencia para anular la orden de pagar las cuotas exentas.

effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

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NOTE: If a judgment or support order is entered, the court may order you to pay all or part of the fees and costs that the court waived for yourself or for the other party. If this happens, the party ordered to pay fees shall be given notice and an opportunity to request a hearing to set aside the order to pay waived court fees.

AVISO: Si se emite un fallo u orden de manutención, la corte puede ordenar que usted pague parte de, o todas las cuotas y costos de la corte previamente exentas a petición de usted o de la otra parte. Si esto ocurre, la parte ordenada a pagar estas cuotas debe recibir

aviso y la oportunidad de solicitar una audiencia para anular la orden de pagar las cuotas exentas.

1. The name and address of the court are (El nombre y dirección de la corte son): SUPERIOR COURT of Alameda, Fremont 39439 Paseo Padre PKWY, Fremont, CA 94538

2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): SUE FEN DEBBY WU, 7325 Parkwood Circle #B, Dublin, CA 94568, Tel: 408-209-8336

Date (Fecha): Jul 5, 2013
LEAH T. WILSON, Exetutive Officer/Clerk, by (Secretario, por) GRACIELA PACHECO, Deputy (Asistente) (SEAL)

NOTICE TO THE PERSON SERVED: You are served **AVISO A LA PERSONA QUE RECIBIÓ LA ENTREGA:** Esta entrega se realiza as an individual. (a usted como individuo.) 10/29, 11/5, 11/12, 11/19/13

CNS-2550687#

SUMMONS (Family Law)
CITACION (Derecho familiar)
CASE NUMBER (NÚMERO DE CASO):
HF13697046

NOTICE TO RESPONDENT (Name) AVISO AL DEMANDADO (Nombre): Naveen Kumar
You are being sued. Lo están demandando.
Petitioner's name is Nombre del demandante: Premila D. Prasad

You have **30 calendar days** after this *Summons and Petition* are served on you to file a *Response* (form FL-120 or FL-123) at the court and have a copy served on the petitioner. A letter or phone call will not protect you.

If you do not file your *Response* on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form.

If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services Web site (www.lawhelpcalifornia.org), or by contacting your local county bar association.

Tiene **30 días corridos** después de haber recibido la entrega legal de esta Citación y Petición para presentar una Respuesta (formulario FL-120 ó FL-123) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica no basta para protegerlo.

Si no presenta su Respuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales. Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas.

Si desea obtener asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar a un abogado en la California Courts Online Self-Help Center (www.sucorte.ca.gov), en el sitio Web de los Servicios Legales de California (www.lawhelpcalifornia.org), o poniéndose en contacto con el colegio de abogados de su condado.

NOTICE: The restraining orders on page 2 are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: Las órdenes de restricción que figuran en la página 2 valen para ambos cónyuges o pareja de hecho hasta que se despidió la petición, se emita un fallo o la corte dé otras órdenes. Cualquier autoridad de la ley que haya recibido o visto una copia de estas órdenes puede hacerlas acatar en cualquier lugar de California.

NOTE: If a judgment or support order is entered, the court may order you to pay all or part of the fees and costs that the court waived for yourself or for the other party. If this happens, the party ordered to pay fees shall be given notice and an opportunity to request a hearing to set aside the order to pay waived court fees.

AVISO: Si se emite un fallo u orden de manutención, la corte puede ordenar que usted pague parte de, o todas las cuotas y costos de la corte previamente exentas a petición de usted o de la otra parte. Si esto ocurre, la parte ordenada a pagar estas cuotas debe recibir

aviso y la oportunidad de solicitar una audiencia para anular la orden de pagar las cuotas exentas.

1. The name and address of the court are (El nombre y dirección de la corte son): Superior Court of California, 24405 Amador Street, Hayward, CA 94544

2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): Petitioner In Pro Per, Premila D. Prasad, 3538 Altamira Terrace, Fremont, CA 94536, 510-673-7498

Date (Fecha): Sep. 26, 2013
LEAH T. WILSON, Executive Officer/Clerk, by (Secretario, por) Illegible, Deputy (Asistente) (SEAL)

NOTICE TO THE PERSON SERVED: You are served **AVISO A LA PERSONA QUE RECIBIÓ LA ENTREGA:** Esta entrega se realiza as an individual. (a usted como individuo.) 10/29, 11/5, 11/12, 11/19/13

CNS-2550682#

SUMMONS
(CITACION JUDICIAL)
CASE NUMBER (Número del Caso):
CV176923

NOTICE TO DEFENDANT (AVISO AL DEMANDADO): JOSHUA BENTON HERSH, an individual, DAVID STEPHEN COY, an individual,

DOES 1-10, inclusive
YOU ARE BEING SUED BY PLAINTIFF (LO ESTÁ DEMANDANDO EL DEMANDANTE):
MARK REALMONTE

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the court-house nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local county bar association.

NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.

Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o llamada telefónica no lo protege. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniéndose en contacto con la corte o el programa de abogados locales. **AVISO:** Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 o más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte decida el caso.

The name and address of the court is (El nombre y dirección de la corte es): SUPERIOR COURT, SANTA CRUZ, 701 Ocean Street, Santa Cruz, California 95060

The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): JOHN A. COLISTRA, ESQ., 1565 The Alameda, San Jose, CA 95126, 408-293-4747

DATE (Fecha): May 15, 2013
ALEX CALVO, Clerk (Secretario), by EILEEN R. GOODWIN, Deputy (Adjunto) (SEAL)

10/22, 10/29, 11/5, 11/12/13

CNS-2548109#

SUMMONS (Family Law)
CITACION (Derecho familiar)
CASE NUMBER (NÚMERO DE CASO):
AF13690893

NOTICE TO RESPONDENT (Name) AVISO AL DEMANDADO (Nombre): MARIO VALES
You are being sued. Lo están demandando.
Petitioner's name is Nombre del demandante: MARIA IBARRA

You have **30 calendar days** after this *Summons and Petition* are served on you to file a *Response* (form FL-120 or FL-123) at the court and have a copy served on the petitioner. A letter or phone call will not protect you.

If you do not file your *Response* on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form.

If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services Web site (www.lawhelpcalifornia.org), or by contacting your local county bar association.

Tiene **30 días corridos** después de haber recibido la entrega legal de esta Citación y Petición para presentar una Respuesta (formulario FL-120 ó FL-123) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica no basta para protegerlo.

Si no presenta su Respuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales. Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas.

Si desea obtener asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar a un abogado en la Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en el sitio Web de los Servicios Legales de California (www.lawhelpcalifornia.org), o poniéndose en contacto con el colegio de abogados de su condado.

NOTICE: The restraining orders on page 2 are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: Las órdenes de restricción que figuran en la página 2 valen para ambos cónyuges o pareja de hecho hasta que se despidió la petición, se emita un fallo o la corte dé otras órdenes. Cualquier autoridad de la ley que haya recibido o visto una copia de estas órdenes puede hacerlas acatar en cualquier lugar de California.

NOTE: If a judgment or support order is entered, the court may order you to pay all or part of the fees and costs that the court waived for yourself or for the other party. If this happens, the party ordered to pay fees shall be given notice and an opportunity to request a hearing to set aside the order to pay waived court fees.

AVISO: Si se emite un fallo u orden de manutención, la corte puede ordenar que usted pague parte de, o todas las cuotas y costos de la corte previamente exentas a petición de usted o de la otra parte. Si esto ocurre, la parte ordenada a pagar estas cuotas debe recibir

aviso y la oportunidad de solicitar una audiencia para anular la orden de pagar las cuotas exentas.

1. The name and address of the court are (El nombre y dirección de la corte son): Superior Court of California, County of Alameda, 2233 Shoreline Drive, Alameda, CA 94501

2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): Cary Schneider, Esq., SBF 288949, 400 Montgomery Drive, Alameda, CA 94501

Date (Fecha): Aug 7, 2013
Johnnie Polk-Snell, Deputy (Asistente) (SEAL)

10/22, 10/29, 11/5, 11/12/13

CNS-2546934#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT
File No. 484632

The following person(s) is (are) doing business as:

OK Noodle House, 5492 Central Ave., Newark, CA 94560, County of Alameda
Yuan Jun Xin, 1884 Anne Marie Ct., San Jose, CA 95132
Qi Chang Liu, 38863 Fremont Blvd. Apt. 47, Fremont, CA 94536

This business is conducted by a joint venture
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as false information which he or she knows to be false is guilty of a crime.)

/s/ Yuan Jun Xin
Qi Chang Liu
This statement was filed with the County Clerk of Alameda County on November 1, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 11/12, 11/19, 11/26, 12/3/13

CNS-2555175#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 4843894

The following person(s) is (are) doing business as:

Kim Sandwiches, 34587 Alvarado Niles Rd., Union City, CA 94587, County of Alameda
Hoang Kim Huynh, 5049 Hyde Park Dr., Fremont, CA 94538

This business is conducted by an Individual.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 10-24-13.

I declare that all information in this statement is true and correct. (A registrant who declares as false information which he or she knows to be false is guilty of a crime.)

/s/ Huynh K. Hoang, Owner
This statement was filed with the County Clerk of Alameda County on October 25, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 11/5, 11/12, 11/19, 11/26/13

CNS-2553117#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 483894

The following person(s) is (are) doing business as:

Kim Sandwiches, 34587 Alvarado Niles Rd., Union City, CA 94587

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Fremont City Council

November 5, 2013

Consent:

Authorize eight-year lease with State of California at Family Resource Center
Authorize contract with Alameda County Public Health Department for Health Promoter Project
Approve Planned District Amendment and Condition Use Permit for a pre-

school/daycare – Growing Tree Learning Center – at 39550 Paseo Padre Parkway. The facility is proposed as a Montessori School with up to 135 students aged 2-6 years old.

Ceremonial:

Honor Iris Preece for 20 years with City and her retirement from Youth and Family Services of Human Services Department.

Successor Agency:

Amend Long-Range Property Management Plan to find that prior Environmental Impact Studies are adequate for three Successor Agency properties.
Approve sale of Successor Agency-

owned property at 37605 Fremont Boulevard (remainder of old Haller's site).

Councilmember recuse from any vote associated with Centerville

Other Business:

Authorize contract between City of Fremont and Public Employees' Retirement System

Scheduled Items:

Approve Planned District Amendment to adopt a Negative Declaration and Mitigation Monitoring Plan for a new regional park at the former Dumbarton Quarry.

Other Business:

Present a status report of the City of Fre-

mont Economic Trade Mission to India this month. (Referral by Vice Mayor Anu Natarajan)

Request Staff analysis of possible funding of Local Ecology and Agriculture Fremont (LEAF)

Adjourn in memory of Yoko Young; memorial service at Ohlone College on November 14 at 7 p.m.

Mayor Bill Harrison	Aye
Vice Mayor Anu Natarajan	Aye
Suzanne Lee Chan	Aye
Vinnie Bacon	Aye
Raj Salwan	Aye (1 recuse)

Hayward City Council

November 5, 2013

Work Session:

Quarter progress report from Police Chief Urban who spoke of “hot spot” policing and collection of data for quick “mining,” used to move forward. Police are “problem solvers” and working to increase “solve rates” of crime. The department has several new officers in the training pipeline to help alleviate understaffing.

Update on future plans for Southland Mall. Rouse Properties management is remodeling two “areas of focus” to include an apparel and fashion tenant and City Sports fitness center. A relatively new tenant, Famous Dave's BBQ, has been very successful.

Consent:

Adopt ordinance regarding food sharing events
Adopt ordinance regarding changes to park hours
Accept resignations of Nubia Pina and Joelynn Deng from Youth Commission; appoint Elmer Beltran and Lilybeth Domingo to unexpired terms.

Public Hearing:

Revise alcoholic beverage outlet regulations, revised regulations for cabarets and dances and proposed new fees.

Held over for one week

Legislative Business:

Amend ordinance regarding “social nuisances”

Update on status of exclusive negotiating period with Waste Management of Alameda County. The City team has had six meetings since the period began in July. No agreement yet. Request for a 120-day extension and if negotiations unsuccessful, be prepared for Request for Proposals (RFP) by February for consultant services. Similar process to that followed in 2006 negotiations. Current contract expires May 2014 with 1-year extension options for up to three years. Extension requires notice by December 1st of each preceding year. The City goal is full cost recovery. Jones in general support but favors an RFP instead of an exclusive negotiation. (6 aye, 1 nay – Jones)

Mayor Michael Sweeney	Aye
Barbara Halliday	Aye
Greg Jones	Aye (1 nay)
Al Mendall	Aye
Marvin Peixoto	Aye
Mark Salinas	Aye
Francisco Zermeno	Aye

November 5, 2013

Presentations and Proclamations:

Mayor Esteves proclaimed October 24, 2013 as “World Polio Day.” In 1988, Rotary, the World Health Organization [WHO], UNICEF, and the US Centers for Disease Control and Prevention came together to launch the Global Polio Eradication Initiative. More recently, the initiative has benefited from the tremendous support of the Bill & Melinda Gates Foundation. Milpitas Rotary President Mark Tiernan and Councilmember/Rotarian Debbie Giordano received the proclamation. Polio has been eradicated globally, except for a number of reported cases in Afghanistan, Nigeria, and Pakistan.

The City presented 2013 Beautification Awards to owners of properties in the city.

Consent:

Receive October Odor Control Report
Appointments to Community Advisory Commission
Cancel City Council Meeting of December 17, 2013
Receive Investment Portfolio Status Report for Quarter ended September 30, 2013
Approve five master service agreements for on-call environmental services

Removed from Consent:

Consider recommended design concept for Sports Center Facility Improvements
Approve Arts Commission recommendation; award four in-kind FY 2013-14 grants



continued from page 32

PUBLIC NOTICES

This statement was filed with the County Clerk of Alameda County on October 9, 2013
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
10/22, 10/29, 11/5, 11/12/13

CNS-2546784#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 453651
The following person(s) is (are) doing business as:
Relaxing Massage, 2086 Newpark Mall Sp #018, Newark, CA 94560, County of Alameda
2522 Barclay Ave., Union City, Alameda, CA 94587
Wen Wei Gu, 2522 Barclay Ave., Union City, CA 94587
This business is conducted by an Individual
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 9/5/2013
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Wen Wei Gu
This statement was filed with the County Clerk of Alameda County on October 10, 2013
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
10/22, 10/29, 11/5, 11/12/13

CNS-2546385#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 453560
The following person(s) is (are) doing business as:
The ESA Company, 40824 Townsend Ter, Fremont, CA 94538, County of Alameda
Sijie Wong, 40824 Townsend Ter, Fremont, CA 94538
This business is conducted by an Individual
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 9/5/2013
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Wen Wei Gu
This statement was filed with the County Clerk of Alameda County on October 10, 2013
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
10/22, 10/29, 11/5, 11/12/13

CNS-2546385#

This business is conducted by an Individual
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Sijie Wong
This statement was filed with the County Clerk of Alameda County on October 8, 2013
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
10/22, 10/29, 11/5, 11/12/13

CNS-2546343#**GOVERNMENT**

Notice is hereby given that sealed competitive bids will be accepted in the office of the GSA-Purchasing Department, County of Alameda, 1401 Lakeside Drive, Suite 907, Oakland, CA 94612 **NETWORKING BIDDERS CONFERENCES for RFP #901149 Workers Compensation Medical Bill Review and Pharmaceutical Benefit Management South County** – Tuesday, November 26, 2013, 10:00 AM, Public Works Agency, Rms 230A/B, 951 Turner Court, Hayward, CA and **North County** – Wednesday, November 27, 2013, 2:00 PM, General Services Agency, Room 1107, 11th Floor, 1401 Lakeside Drive, Oakland, CA **Response Due by 2:00 pm on December 30, 2013 County Contact: Michael Lu (510) 208-9649 or via email: michael.lu@acgov.org** Attendance at Networking Conference is Non-mandatory. Specifications regarding the above may be obtained at the Alameda County GSA Current Contracting Opportunities Internet website at www.acgov.org.
11/12/13

CNS-2556269#

NOTICE is hereby given that sealed competitive bids will be accepted at the Alameda County Social Services Agency, Finance Dept - Contracts Office, 2000 San Pablo Ave., 4th Floor Oakland, CA 94612 **NON-MANDATORY NETWORKING BIDDERS CONFERENCES for RFP #SSA-CEC-2014 Career and Employment Centers**

North County: Monday, December 2, 2013 at 10:00 AM, Social Services Agency, 2000 San Pablo Avenue, Oakland Room, 2nd Floor, Oakland
South County: Friday, December 6, 2013 at 1:00 PM, Social Services Agency, 24100 Amador, Cal Poppy Rooms 225-226, Hayward **Response Due by 2:00 pm on January 8, 2014 County Contact:** Najia Osmani at (510) 267-9439 or via email: Nosmani@acgov.org **Attendance at Bidders Conference is not required.** The RFP is available via the GSA website—www.acgov.org under Current Contracting Opportunities
11/12/13

CNS-2555615#

CITY OF UNION CITY DEPARTMENT OF PUBLIC WORKS NOTICE OF REQUEST FOR PROPOSALS (RFP) TO PROVIDE INSPECTION AND MATERIAL TESTING FOR THE ALAMEDA CREEK BRIDGE AT DECOTO ROAD SEISMIC RETROFIT IMPROVEMENTS PROJECT CITY PROJECT NO. 06-10 FEDERAL PROJECT NO. STPLZ-5354 (027)

Proposals to provide inspection and material testing for the Alameda Creek Bridge at Decoto Road Seismic Retrofit Improvements will be received at the City of Union, Public Works Department, 34009 Alvarado-Niles Road, Union City, California until Monday, December 9, 2013 at 5 p.m. This project includes federal funds. The City has not established a DBE goal for this contract. However, proposers are encouraged to obtain DBE participation for this contract. Contact the Department of Public Works at (510) 675-5308 to request a copy of the RFP. All questions should be faxed to Michael Renk, City of Union City at (510) 489-9468.

**City of Union City
Dated: November 1, 2013
11/12, 11/19/13**

CNS-2553933#

**CITY OF UNION CITY DEPARTMENT OF PUBLIC WORKS
NOTICE INVITING BIDS FOR ALAMEDA CREEK BRIDGE AT DECOTO ROAD SEISMIC RETROFIT PROJECT**

**CITY PROJECT NO. 06-10
FEDERAL PROJECT
NO. STPLZ 5354(027)**

Sealed proposals for the work shown on the plans entitled: Alameda Creek Bridge at Decoto Road Seismic Retrofit Project, City Project No. 06-10 will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California until Thursday, December 12, 2013, 2:00 p.m., at which time they will be publicly opened and read in the Council Chamber of said building. Pursuant to California Public Contract Code Section 3300, a Class A California contractor's license is required to bid on the project. In accordance with California Business and Professions Code Section 7028.15,

all project work must be performed by properly licensed contractors and subcontractors with active licenses in good standing as of the date and time specified for bid opening. Bids are required for the entire work described herein. This contract is subject to the State contract non-discrimination and compliance requirements pursuant to Government Code 12990. Plans, specifications and proposal forms to be used for bidding on this project can only be obtained at the Department of Public Works, 34009 Alvarado-Niles Road, Union City, California or by calling (510) 675-5308. In addition, you may call (510) 675-5308 for a copy of the Plan Holder's List. Plans and specification fees are as follows: **NON-REFUNDABLE FEE OF \$50.00 PER SET WHEN PICKED UP AT THE PUBLIC WORKS' COUNTER OR \$60.00 IF REQUESTED TO BE MAILED.** This contract is subject to the Disadvantaged Business Enterprise (DBE) program in accordance with Title 49 of the Code of Federal Regulations (CFR), Part 26 and the State of California, Department of Transportation DBE Program Plan, Section 2, "Proposal Requirements and Conditions," under subsection titled "Disadvantaged Business Enterprises (DBE)" of these special provisions cover the Disadvantaged Business Enterprise (DBE) requirements. The DBE contract goal is 4.0 percent. This project is subject to the "Buy America" Provisions of the Surface Transportation Assistance Act of 1982 as amended by the Intermodal Surface Transportation Efficiency Act of 1991 and Moving Ahead for Progress in the 21st Century (MAP-21), section 1518. Questions concerning the project or the bid package must be submitted by facsimile to Michael Renk, Civil Engineer III at (510) 489-9468 or by email at mrenk@ci.union-city.ca.us at **least five (5) working days before the time specified for bid opening.** Where appropriate, the City may respond to such questions by addenda transmitted to all bid package recipients. In accordance with California Public Contract Code Section 20170, all bids must be presented under sealed cover and include one of the following forms of bidder's security: cash, cashier's check made payable to the City, certified check made payable to the City, or a bidder's bond. The successful bidder shall furnish a Payment Bond, Performance Bond and a Maintenance Bond. The City of Union City affirms that in any contract entered into pursuant to this advertisement, disadvantaged business enterprises will be afforded full opportunity to submit bids in response to this invitation. In accordance with California Labor Code Section 1771, not less than the general prevailing rate of per diem wages for work of a similar character in the locality in which the project is to be performed, and not less than the general prevailing rate of per diem wages for holiday and overtime work fixed as provided in the California Labor Code shall be paid to all workers engaged in performing the project. In accordance with California Labor Code Section 1770 and following, the Director of Industrial Relations has determined the general prevailing wage per diem rates for work in the locality in which the project is to be performed. Pursuant to Section 1773 of the Labor Code, the general prevailing wage rates in the county, or counties, in which the work is to be done have been determined by the Director of the

California Department of Industrial Relations.

**CITY OF UNION CITY
DATED: OCTOBER 29, 2013
11/5, 11/12/13**

CNS-2552397#**PUBLIC AUCTION/SALES****NOTICE OF LIEN SALE AT PUBLIC AUCTION**

Notice is hereby given that personal property in the following units will be sold at public auction: on the **22nd day of November, 2013** at or after **12:00 pm** pursuant to the California Self-Storage Facility Act. The sale will be conducted at: **U-Haul Moving & Storage of Thornton, 4833 Thornton Ave, Fremont, CA 94536**. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:

Name Unit # Paid Through Date.
Theresa Nielson 8129 6/30/13
Javier Contreras C223 9/5/13
11/5, 11/12/13

CNS-2552852#

NOTICE OF LIEN SALE AT PUBLIC AUCTION
Notice is hereby given that personal property in the following units will be sold at public auction: on the **22nd day of November, 2013** at or after **11:15 am** pursuant to the California Self-Storage Facility Act. The sale will be conducted at: **U-Haul Moving & Storage of Fremont, 44511 Grimmer Blvd, Fremont, CA 94538**. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:

Name Unit # Paid Through Date.

Kia Jackson 175 6/27/13
Victoria Vasquez 178 5/2/13
Matthew Brady 191 10/29/12
Alex Ponce 251U 5/25/13
Casen Molinda 254U 8/18/13
Gregory Hennessy 255U 9/1/13
Lorance Anderson 281U 6/30/13
Eswarudu Merugumala 302 3/4/13
Lorenzo Smiley 305 4/17/13
David Whitehead 311 5/8/13
Paul Orel 313 7/22/13
Dana Burke 318 6/27/13
Leticia Lanfranco 330 8/6/13
Ryan Brown 331 9/8/13
Kara Mitchell MM401 7/17/13
Billie Jacka MM402 9/1/13
Billie Jacka MM403 9/1/13
Sarah Allen MM412 4/26/13
11/5, 11/12/13

CNS-2552850#

COMMUNITY BULLETIN BOARD

Rotary Club of Niles We meet Thursdays at 12:15 p.m. Washington Hospital West 2500 Mowry Ave. Conrad Anderson Auditorium, Fremont www.nilesrotary.org (510) 739-1000		Mission San Jose Chamber Meets 1st & 3rd Wednesdays Dominican Sisters of MSJ Dining Room @7:30 am Find businesses and fun In Fremont’s historical Mission San Jose District info@MSJ Chamber.org or visit our website at www.MSJChamber.org		American Legion Auxiliary We meet the third Tuesday of every month at 7pm Niles Veterans Building 37154 2nd Street, Fremont susan.peters251@yahoo.com 510656-6848		10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every Friday in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com Kennedy High School Flea Market First Saturday Every Month Except January 8 a.m. – 4 p.m. All Spaces \$20 For more info call 510-657-4070 x27150 bsterling@fremont.k12.ca.us 39999 Blacow Rd., Fremont	
Rotary Club of Fremont We meet Wednesday at 12:15 p.m. at Spin-a-Yarn Restuaruant 45915 Warm Springs Blvd. Fremont, 510-656-9141 Service through Fun http://the/ fremontrotaryclub.org Please come visit our club We wlecome new members		Friendship Force of San Francisco Bay Area Experience a country and its culture with local hosts and promote global goodwill. Clubs in 56 countries. Visit Australia in Feb. Host French in Sept. Monthly programs & socials. www.ffsfa.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857.		KIWANIS CLUB OF FREMONT We meet Tuesdays at 7:00 a.m. Fremont/Newark Hilton 39900 Balentine Drive, Newark www.kiwanisfremont.org Contact Elise Balgley at (510) 693-4524		Daughters of the American Revolution Ohlone Chapter Visit our meetings. We have activities promoting historic preservation, education & patriotism 1st Sat of each mo. Sept - May - 10 am-12 p Centerville Presbyterian Church 4360 Central Ave, Fremont	
Dawn Breakers Lions Club Our Motto is: WE SERVE Meetings -1st & 3rd Thursdays 6:45am-8am El Patio Restaurant 37311 Fremont, Blvd., Fremont We welcome Men & Women with desire to serve our community 510-371-4065 for Free Brochure		Become the speaker & leader you want to be Citizens for Better Communicators (CBC) Toastmasters Guests and Visitors welcome Saturdays 10:15am Unitek College Room 141 4580 Auto Mall Pkwy., Fremont 510-862-0893		Fremont Cribbage Club teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email:Accgr43@gmail.com Or call Tracy (510) 793-6472 American Cribbage Congress www.cribbage.org		The League of Women Voters invites you to visit our website at www.lwvfnuc.org You'll find valuable information about your community and voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are non-partisan and free to the public.	
Afro-American Cultural & Historical Society, Inc. Meetings: Third Saturday 5:30pm in member homes Call: 510-793-8181 for location Email: contact@aachisi.com See web for Speical Events www.aachis.com We welcome all new members Celebrating 40th anniversary		Help with Home Repairs from Alameda County No cost or favorable, low interest loans are available for home remodeling for qualified homeowners in Fremont, Union City, Sunol and Newark. Call (510)670-5399 for an application and more information. http://www.acgov.org/cda/nps/		NARFE National Assoc of Active and Retired Federal Employees Meet 4th Friday of Month Fremont Senior Center Central Park @ Noon All current or retired Federal Employees are welcome. Call Ellen 510-656-7963		Unity of Fremont A Positive Path for Spiritual Living 12:30 am Sunday Service 1351 Driscoll Rd (at Christian Science Church), Fremont 510-797-5234 www.unityoffremont.org “The Church of the Daily Word”	
Gamblers Anonymous Has gambling taken over your life or the life of someone you know? Thursday night 7:30pm Grace Lutheran Church 36060 Fremont Blvd., Fremont Helpline (855)-222-5542 or www.gamblersanonymous.org		Take Off Pounds Sensibly An affordable, non-profit Weight loss support group Meetings Thurs. 10am Holy Redeemer Lutheran Church 35660 Cedar Blvd., Newark For more information, call Diane 510-657-4403 Come and check up out We'll be weighting for you.		Holy Trinity Lutheran Church Caring, Sharing, Serving God 38801 Blacow Rd., Fremont Sun Worship:8:45am 11:00am Child-care provided.Education for all ages: 10:00am. Nacho Sunday: First Sunday of every month. (510)793-6285 www.holytrinityfremont.org		First United Methodist Church Music Series 2950 Washington Blvd., Fremont Free 30 min. organ, piano & guest artist recitals. Generally first Sunday each month 4pm. Check website for exceptions www.fremont-methodist.org Free-will offering benefits humanitarian charities	
DONATE YOUR COMPUTERS Help Eliminate Hunger & Food Insecurity Your donation is tax deductible Tri-City Volunteers 37350 Joseph Street, Fremont Mon-Fri 8:30 AM - 4:00 PM Closed 12 PM - 1PM Questions Call 1-888-802-8207 tri-cityvolunteers.org		Troubled by someone’s drinking? Help is Here! Al-Anon/Alateen Family Groups A no cost program of support for people suffering from effects of alcoholism in a friend or loved one. Call 276-2270 for meeting information email: Easyduz@gmail.com www/ncwsa.org You are not alone.		Serious Mental Illness Free courses and presentations for caregivers of someone with a serious mental illness and those with a mental illness in Alameda County. For details, confidentially contact: Joe Rose at 510-378-1578 or email to info@NAMIlacs.org www.NAMl.org		Bring Your Heart to Hospice Hold a hand, lend an ear, be a hospice volunteer. Vitas Innovative Hospice Care Call Alicia Schwemer at 408/964/6800 or Visit Vitas.com/Volunteers	
SAVE (Safe Alternatives to Violent Environments) Domestic Violence Support Group (Drop In & FREE) Tue. Hayward PD 1-4 pm (510) 293-7125 Wed. Fremont PD 9 am-1pm (510) 790-6939 Thu. San Leandro PD 9 am-12pm (510) 577-3267		Maitri Immigration Program Free Assistance and Referrals for Domestic Violence Survivors. Provide Services in Hindi, Punjabi, Bangla, Tamil and many other South Asian languages. Crisis line: 888-8-Maitri Please call for screening.		Help with Math & Reading You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. Contact 510-797-2703 dia aarp 4486@yahoo.com		Tri-City Ecology Center Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-783-6222	
Seabreeze Community Forum of Union City Be a part of a group of neighbors working towards the improvement of our community. Visit: groups.yahoo.com/group/SCFUC To join, send email to: SCFUC-subscribe@ya-hoogroups.com		Serious Mental Illness Free 12 week course for caregivers of someone with a serious mental illness. Starting Jan 11 - From 9am-11:30am in Fremont. Registration required. Contact: Joe Rose at 510-378-1578 or email to info@NAMIlacs.org www.NAMl.org		Tri-City Volunteers Food Bank Invigorate your spirit & volunteer. Drop ins welcome Mon - Fri. Work off your Traffic violation by giving back to the community in need. Students 14 years & older welcome. Email Erin: ewright@tri-Cityvolunteer.org		Seabreeze Community Forum of Union City Be a part of a group of neighbors working towards the improvement of our community. Visit: groups.yahoo.com/group/SCFUC To join, send email to: SCFUC-subscribe@ya-hoogroups.com	
Senior Exercise Class MEN & Women South Hayward Wed & Fri 9:00 - 10:15 am 121 Ranchero Way Hayward (Clubhouse) Gentle Aerobics, Hand weights Stretch bands & Floor work 510-304-5492 suziejo@pacbell.net		AARP Newark Meetings Newark Senior Center 7401 Enterprise Drive., Newark last Monday of each month at 10:00 am. All seniors (50+) are welcome to attend Contact 510-402-8318 http://aarp-newark-california-webs.com/		First United Methodist Church Music Series 2950 Washington Blvd.,Fremont Free 30 min. Organ, Piano & Guest Artist Recitals. Generally first Sunday each month 4pm Check website for exceptions www.fremont-methodist.org Free-will offering benefits humanitarian charties		Celebrate Recovery Free yourself from any hurt, hang-up or habit Join us at 33450 9th street Union City Thursdays 7pm -9pm or call anytime 510-586-5747 or 510-520-2769	
We Need Volunteers! Sparkpoint FRC Volunteer Income Tax Assistance (VITA) needs volunteers. No experience necessary. Need Greeters, Translators & Ambassadors. Information Information Meetings Thurs 9/26 & Wed10/16 6-8:30pm Fremont Family Resource Center 39155 Liberty St., Fremont Carolyn Robertson 510-574-2003		SAVE (Safe Alternatives to Violent Environments) FREE Restraining Order Clinic (Domestic Violence) Tues. Hayward Police 1-4 pm Wed. Fremont Police 9 am - 1 pm Thurs. San Leandro Police 9 am - noon Fri SAVE Office 9 am - noon Office (510) 574-2250 24/7 Hotline (510) 794-6055 www.save-dv.org					

COMMUNITY BULLETIN BOARD

510-494-1999 tricityvoice@aol.com

**50th Year Class Reunion
Washington High School
Class of 64’ & Friends**
September 26 & 27, 2014
Spin A Yarn Steakhouse,Fremont
Contact Joan Martin Graham
billjoan3@pacbell.net

Fremont Wood Carvers
Visit our friendly carving group!
We help you get started.
No need to buy supplies at first.
There are no fees or dues.
Adults of all ages are welcome.
Drop in Wednesdays 7-9pm
Fremont Senior Center
40204 Paseo Padre Pdw., Fremont
bazlberry@hotmail.com

Mission Trails Mustangs
Mustang & Ford Enthusiasts
Meets 1st Fri of the Month 7pm
at Suju’s (Winter)
3602 Thornton, Fremont
missiontrailsmustang.org
or call510-493-1559
We do Car Shows & other social
activities monthly

Fremont Area Writers
Want to write?
Meet other writers?
Join us from 2-4 p.m.
every fourth Saturday
except July and December.
Rm. 223 at DeVry University,
6600 Dumbarton Circle, Fremont
Call Carol at (510) 565-0619
www.cwc-fremontareawriters.org

**The Union City Historical
Museum**
3841 Smith St. Union City
Open Thurs.-Sat 10am-4pm
Visit our Museum. You’ll find
valuable information about our
community, past history and
current happenings.
www.unioncitymuseum.com
Call Myrla 510-378-6376

**Writers Open Mic
Share your creativity
with an audience!**
7-9 p.m. fourth Mondays
BookSmart, Lower Level,
NewPark Mall, in Newark
Tony Pino (510) 857-6722
www.cwc-fremontareawriters.org

**Fremont Repair Cafe
Are you interested in
Joining this group**
Team of Fremont residents want
to start a Repair Cafe. Non-Profit
organization. Want to encour-
age people to bring in old
items and get them repaired by
volunteers. Please respond to
repaircafeeastbay@gmail.com

**New DimensionChorus
Men’s 4 Part Vocal
Harmony In the
“Barbershop” style**
Thursdays at 7pm
Calvary Luther Church
12500 Via Magdalena
SanLorenzo
Contact: ncchorus@yahoo.com
510-332-2489

**Looking for a place to
DISPLAY YOUR ART?**
All Mediums welcome
Oils, Watercolors, Ceramics, Etc.
Eontact the Fremont Art Assoc.
37697 Niles Blvd., Fremont
510-792-0905
www.fremontartassociation.org
\$40 Membership required

**Sun Gallery Holiday
Boutique Event
All kinds of hand made
items for Holiday Gift
Giving. Supports our
Children’s Art Programs**
1015 E Street Hayward
Thursday, Sat & Sun 10-4pm
Fri noon-6pm 510-581-4050
Need Vendors Also

**Little Lamb Preschool
Open House**
Saturday, March 15
1pm-4pm.
Drop in and visit the class rooms
ad meet the teachers.
Registration information
will be available.
Free ice cream sundaes.
Everyone invited!

**FREMONT UNIFIED
SCHOOL DISTRICT
OFFERS CHINESE
IMMERSION
K THRU 6TH GRADE**
Immerse your child in
Mandarin with a diverse group
of students. The benefits of a
dual language will last a lifetime.
Call 24/7 (510) 857-1038

**Premier Soccer
Development Program
Tryout for U11 & U14 Boys**
PSDP is designed to identify and
develop talented, committed
youth soccer players
Call 510-516-3031 or Email
TCPSDP@gmail.com
Signup now by Visiting
http://tcpsdp.wix.com/psdp

**The Bridge of Faith
Christmas Crafts
Boutique**
27343 Whitman, Hayward
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Nursing home heroes recognized

SUBMITTED BY
MICHAEL EMERSON

AMVETS Hayward Post 911 conducted an Awards Ceremony at their monthly Post meeting on Thursday night, 7 Nov 2013 for Janitor Miguel Alvarez and Cook Maurice Rowland for their kindness and humanitarianism. The ceremony took place at the Hayward Veterans Memorial Building in Hayward. AMVETS Hayward Post 911’s Commander Michael L. Emerson presented each man a framed certificate of appreciation and a \$100 thank you check. Many members of Miguel and Maurice’s family, local citizens and veterans were in attendance. Also staff from Congressman Eric Swalwell and Assemblyman Bill

Quirk presented both men with certificates of appreciation.

Mr. Miguel Alvarez and Mr. Maurice Roland worked as a janitor and cook, respectively, for the Valley Springs Manor senior home in Castro Valley, California. When the owners of the facility informed their staff that the facility was being closed down by the government because of various violations and they would not be paid, almost all of the staff deserted and abandoned their patients and walked away, leaving the 19 elderly, bed-ridden, and mentally ill patients without care. Only Miguel and Maurice stayed, even though they knew they would not be paid.

They said they stayed because they knew the patients could not



care for themselves and could die without care. Miguel and Maurice spent several days and sleepless nights helping the abandoned patients, feeding, medicating, giv-

ing emergency treatment and changing soiled undergarments and bed linens. Finally, after about four days and four sleepless nights, local fire and police de-

partments stepped in and transported the 19 patients to other local nursing facilities.

Newark Police Log

Submitted by Newark PD

Friday, November 1

At 1:43 p.m., Officer Coffey accepted the citizens’ arrest of Logeswari Balaramasamy of Fremont from Macy’s for petty theft. She was issued a citation and released.

At 2:27 p.m., Officer Fredstrom accepted the citizens’ arrest of Luis Aleman of Redwood City from JC Penny’s for petty theft. He was issued a citation and released.

Officer Revay investigated a theft of a basketball hoop from a residence in the 39100 block of Levi St. at 4:54 p.m.

Saturday, November 2

An attempt to conduct a pedestrian stop at 11:10 p.m on Darryl Bernard of Newark on Tozier St. resulted in a short foot pursuit by Officer Warren. With the assistance of Officers Hogan and Losier, Bernard was tackled a few blocks away. Bernard was later booked at Fremont PD Jail for possession of methamphetamine, possession of drug paraphernalia, resisting arrest and death threats to a public official.

Tuesday, November 5

Dispatch received a call at 2:27 p.m. of an auto burglary that had just occurred in the CVS store parking lot, 35080 Newark Blvd. A witness followed the suspect vehicle on E/B Hwy 84. Officers located the suspect vehicle at Hwy 84 and S/B 880. Two suspects fled from the vehicle into the drainage canal. One suspect, Belal Ayurzai, stayed at the vehicle and was taken into custody by Officer Rodgers. The other two suspects were seen fleeing under Hwy 880, into Fremont. A search was conducted with the assistance of Detective Sgt. DeSerpa, Street Crimes Detectives, and Fremont PD. During the search Officer Allum saw a male subject, who matched the description of one of the fleeing suspect enter into a vehicle. This suspect, Shamsul Aruobi of Newark-Fremont was taken into custody. After an extension search the third suspect was not located. Both Ayurzai and Aruobi were arrested by Officer Rodgers for burglary and booked at Santa Rita Jail. This was a great job by all involved, including the initial citizen who provided updated information, dispatchers, and a special thanks to Fremont PD for their assistance.

At 11:24 p.m., Officer Coffey stopped a vehicle for illegally tinted windows. The driver, Vanessa Weaver of Newark was also driving on a suspended driver’s license. She was booked at Fremont Jail after she refused to sign her citation. Yes that is correct, if you refuse to sign a citation the officer must take you to jail so you can immediately go before a judge.

Wednesday, November 6

Officers responded to meet with Parole Agents at 6:30 a.m., who had a warrant to violate parole on Richard Dominguez, 6742 Albyn Ct., Newark. Officers established a perimeter. Dominguez was taken into custody by CDC Parole. Officer Eriksen documented the incident. Yes this is the same residence we responded to on November 2nd.

Officer Katz responded to the First Presbyterian Church, 35450 Newark Blvd. at 8:57 a.m. to investigate a burglary. Unknown suspect/s pried open a rear door, between 9 p.m. hours on November 5th and 8:45 a.m. today. The interior of the building was ransacked and had several more broken and damaged items. The total loss at this time has not been determined.

1304 hours: Officer Eriksen accepted a Citizen’s arrest at Macy’s of Firzaan Hasheme (female), DOB 07/14/70 (Fremont). She was issued a citation for 484(a) PC- theft and released.

1412 hours: Officer Homayoun investigated an embezzlement at Home Depot, 5401 Thornton Ave. involving over \$2,800 in theft of merchandise, Henry Herrera of Newark was arrested for grand theft/embezzlement and booked at the Fremont Jail.

Officer Khairy investigated a felony domestic violence incident at a residence in the 6500 block of Clark Ave. at 11:30 p.m. The suspect, Damian Bradley of Newark, is outstanding.

Thursday, November 7

Officer Revay investigated gang related vandalism at a residence in the 36900 block of Nutmeg. At 10:43 a.m. The residence is home to an associate of a rival gang.

Officer Ramos responded to Isla’s Restaurant, 5720 Mowry School Rd. at 7:45 p.m. to investigate two auto burglaries, however upon his arrival he learned that both victims had already left. (Note: NPD can take the report via the phone if you prefer.)

Officers responded to a domestic disturbance on Joaquin Murrieta at 8:16 p.m. and contacted a female. Officer Rodgers learned that her boyfriend has assaulted her in a vehicle as they drove up from San Jose. The boyfriend, Isaiah King of San Jose also refused to let her leave after they arrived at his Aunt’s residence. King was arrested for domestic violence and false imprisonment; he was booked at the Fremont Jail.

Officer Mavrakis investigated an auto burglary at Chuck-E-Cheese at 8:59 p.m. The victim’s vehicle had a window smashed and electronic items taken.

Any person with any information concerning these incidents can contact the non-emergency line at 510-578-4237. Information can also be left anonymously on the “silent witness” hotline at 510-578-4000, extension 500.

Arrest in
gold chain snatch
robbery case

SUBMITTED BY FREMONT POLICE DEPARTMENT

On September 24, 2013 at 1:10 p.m. a 33 year old female victim was returning home from a shopping trip when she was robbed of her gold necklace. As the victim was walking towards her residence (located near Deep Creek Rd and Paseo Padre Pkwy) the suspect came from behind the victim, yelled “don’t move” and forcibly removed a gold necklace from the victim’s neck. The victim sustained visible injuries as a result of the attack. The suspect fled with the victim’s necklace.

Later in the day the Fremont Police Department received an “anonymous tip” from a concerned citizen who saw the suspect flee from the area and get into the get-away vehicle. This alert citizen felt the actions of the suspect were suspicious and was able to write down the vehicle license plate before it fled the area. This brave citizen later sent the tip to Fremont Police Department investigators via our Nixle Tip service.

Detectives in the Department’s Robbery Unit immediately began working on the information that had been received. The information led investigators to the suspect, who was identified as Oakland resident Charles Stewart. Stewart was found to be currently on parole for a prior robbery conviction. With the assistance of the Berkeley Parole Unit (specifically Parole Agent Kenneth Maden) Stewart was arrested on September 30, 2013. Physical evidence, video surveillance evidence, witness statements and other evidence tied Stewart to the crime.

Today (October 2nd), Stewart was charged with felony robbery and a violation of parole at the Fremont Superior Courthouse.

We’d like to thank the anonymous tip reporter for submitting us the information that led to this arrest!

If you have an anonymous tip that you’d like to submit to the Fremont Police Department, you can do it directly from Nixle or visit www.fremontpolice.org/tip to learn more about the tip services we have to offer.

If you have any information relating to this crime, you are encouraged to contact the Fremont Police Department Investigative Unit at 510-790-6900.



HOME SALES REPORT

CASTRO VALLEY TOTAL SALES: 15							
Highest \$:		868,000	Median \$:		620,000		
Lowest \$:		341,000	Average \$:		603,867		
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED	
19639 Barclay Road	94546	540,000	5	1902	1963	09-27-13	
5364 Camino Alta Mira	94546	790,000	4	3104	1987	10-02-13	
3741 Cottage Court	94546	341,000	3	1350	1957	09-30-13	
19002 Crest Avenue	94546	550,000	3	1376	1960	09-27-13	
19540 Forest Avenue	94546	755,000	4	2243	1994	10-02-13	
2180 Grove Way	94546	445,000	3	1260	1948	09-27-13	
18005 Joseph Drive	94546	708,000	4	2088	1958	10-02-13	
21309 Lake Chabot Road	94546	385,000	4	1916	1947	09-27-13	
3443 Lenard Drive	94546	400,000	3	1289	1956	10-02-13	
3482 Marques Court	94546	515,000	3	1238	1954	10-02-13	
3048 Todd Court	94546	690,000	4	2357	2008	10-01-13	
5009 Jensen Road	94552	620,000	3	1853	1956	09-27-13	
21438 Justco Lane	94552	623,000	4	1652	1990	09-27-13	
6085 Slopeview Court	94552	828,000	4	2039	1986	10-02-13	
7476 Villareal Drive	94552	868,000	5	2875	1999	10-01-13	

FREMONT TOTAL SALES: 54							
Highest \$:		2,512,000	Median \$:		550,000		
Lowest \$:		200,000	Average \$:		644,972		
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED	
38094 3rd Street	94536	520,000	3	1430	1977	10-03-13	
38191 Acacia Court	94536	870,000	5	3043	1999	09-27-13	
37795 Alta Court	94536	648,000	3	1340	1954	09-27-13	
38497 Berkeley Common	94536	340,000	2	976	1979	10-01-13	
3501 Birchwood Terrace #314	94536	245,000	1	712	1984	09-27-13	
38840 Bluegill Street	94536	785,000	4	1579	1994	09-27-13	
1532 Bridges Court	94536	770,000	3	1562	1985	10-01-13	
38455 Bronson Street #126	94536	200,000	1	750	1970	09-27-13	
4389 Castanos Street	94536	663,000	3	2044	1975	09-27-13	
4580 Central Avenue	94536	850,000	3	3153	1952	09-30-13	
502 Deerpoint Terrace	94536	645,000	2	1269	1997	09-30-13	
4729 Dogwood Avenue	94536	455,000	3	1166	1953	09-27-13	
286 Grau Drive	94536	510,000	3	1439	1985	09-27-13	
4507 Guiso Common	94536	397,000	3	1166	1971	09-30-13	
966 Ilima Court	94536	755,000	4	1914	1955	09-27-13	
342 King Avenue	94536	730,000	4	1789	1989	09-27-13	
38580 Kirk Terrace	94536	317,500	2	840	1972	09-30-13	
3420 Manchester Common	94536	515,000	3	1580	1976	10-01-13	
37248 Meadowbrook Cmn #301	94536	320,000	1	934	1984	09-27-13	
36603 Melero Common	94536	340,000	3	1166	1971	10-03-13	
4625 Northdale Drive	94536	811,000	3	1940	1955	10-03-13	
35688 Terrace Drive	94536	590,000	3	1384	1989	09-27-13	
36004 Vallee Terrace	94536	489,000	3	1663	1983	10-01-13	
40425 Chapel Way #101	94538	340,000	3	1228	-	09-30-13	
5471 Farina Lane	94538	510,000	3	1078	1961	09-27-13	
3665 Franklin Avenue #5	94538	496,000	3	1000	1958	09-30-13	
39906 Fremont Boulevard	94538	218,000	1	730	1972	09-30-13	
39978 Lindsay McDermott Ln	94538	507,500	3	840	1953	10-03-13	
40636 Robin Street	94538	635,000	5	1857	1963	10-02-13	
48281 Arcadian Street	94539	810,000	3	1574	1963	10-01-13	
44673 Camellia Drive	94539	650,000	3	1261	1965	10-01-13	
40418 Carmelita Court	94539	1,100,000	4	2115	1966	10-02-13	
240 Carmelita Place	94539	950,000	3	1656	1968	09-27-13	
45354 Coyote Road	94539	1,031,000	-	1780	1978	09-27-13	
195 East Warren Common	94539	281,000	1	665	1982	09-30-13	
48799 Flagstaff Court	94539	875,000	4	2074	1978	10-01-13	
825 Iroquois Way	94539	860,000	3	1481	1977	09-30-13	
214 Ivaldi Court	94539	1,677,500	4	2970	1998	09-30-13	
46970 Lundy Terrace	94539	453,000	3	1096	1981	09-27-13	
43855 Olazaba Terrace	94539	632,500	3	1502	1986	09-27-13	
48943 Pagosa Court	94539	550,000	4	1231	1978	09-27-13	
2395 Plumleigh Drive	94539	749,000	3	1346	1956	10-03-13	
46890 Rancho Higuera Road	94539	2,512,000	-	-	-	09-30-13	
48254 Turquoise Street	94539	1,020,000	4	1896	1977	09-27-13	
41990 Via San Gabriel	94539	980,000	3	1582	1963	09-30-13	
34671 Agree Terrace	94555	389,500	2	892	1987	09-30-13	
34123 Asti Terrace	94555	639,000	3	1387	2007	09-30-13	
5293 Diamond Common	94555	810,000	4	1562	1989	09-27-13	
34650 Greenstone Common	94555	413,000	4	1474	1970	09-27-13	
4842 Iris Terrace	94555	256,000	1	716	1987	10-02-13	
32419 Lake Temescal Lane	94555	530,000	3	1346	1973	09-27-13	
34783 Mosaic Common	94555	443,000	2	1102	1987	09-27-13	
34521 Nantucket Common	94555	345,000	3	1166	1970	09-30-13	
34539 Nantucket Common	94555	400,000	4	1474	1970	10-01-13	

HAYWARD TOTAL SALES: 27							
Highest \$:		780,000	Median \$:		350,000		
Lowest \$:		148,000	Average \$:		374,167		
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED	
660 Atherton Place #512	94541	375,000	3	1224	1997	09-30-13	
2941 Blanding Court	94541	389,000	3	1092	1954	10-02-13	
559 Blossom Way	94541	325,000	3	2011	1954	10-01-13	
1249 George Circle	94541	512,500	-	-	-	09-30-13	
2981 Hardeman Street	94541	425,000	3	1174	1955	09-27-13	
3302 Jamie Way	94541	478,000	-	1320	1979	10-01-13	
22644 Madrone Street	94541	261,000	2	840	1943	09-30-13	
597 Meek Avenue	94541	252,500	2	912	1940	09-30-13	
3212 Monika Lane	94541	286,000	3	1693	1980	09-30-13	
1792 Panda Way	94541	320,000	3	1293	1972	10-01-13	
22659 Sierra Avenue	94541	441,000	3	1114	1952	09-27-13	
556 Solano Avenue	94541	375,500	3	1554	1951	09-27-13	
1849 Weir Drive	94541	640,000	5	2875	1995	10-01-13	
25912 Hayward Boulevard #208	94542	250,000	2	1203	1983	09-30-13	
30227 Brookside Lane	94544	780,000	5	2899	1999	10-02-13	
32551 Carlyle Street	94544	230,000	2	820	1951	09-30-13	
29627 Desert Oak Court #26	94544	148,000	1	531	1985	09-30-13	
24632 Diamond Ridge Drive #502	94544	350,000	2	1520	1991	10-01-13	
27659 Persimmon Drive	94544	230,000	3	1549	1979	09-27-13	
27150 Tampa Avenue #80	94544	219,000	2	1060	1979	10-01-13	
25964 Underwood Avenue	94544	350,000	3	1041	1952	10-01-13	
27480 Whitetree Street	94544	400,000	4	2127	2000	09-30-13	
24873 Willimet Way	94544	310,000	5	1458	1958	09-27-13	
29249 Albatross Road	94545	780,000	4	3253	2005	10-01-13	
2621 Arf Avenue	94545	250,000	2	988	1971	09-30-13	
27941 Emerson Avenue	94545	430,000	3	1284	1974	10-03-13	
24921 Monte Vista Drive	94545	295,000	2	876	1949	10-02-13	

MILPITAS TOTAL SALES: 20							
Highest \$:		1,650,000	Median \$:		600,000		
Lowest \$:		134,000	Average \$:		685,850		
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED	
501 Alexander Way	95035	663,000	3	1468	1984	10-11-13	
1783 Arana Court	95035	596,000	3	1242	1970	10-11-13	
1238 Burdett Way	95035	600,000	4	1186	1971	10-10-13	
1301 Chewpon Avenue	95035	595,000	2	1503	1981	10-11-13	
695 Claridad Loop	95035	670,000	3	1770	2006	10-15-13	
1208 Clear Lake Court	95035	730,000	4	1476	1977	10-11-13	
480 Dempsey Road #181	95035	134,000	1	676	2007	10-11-13	
1101 Eagle Ridge Way	95035	1,140,000	4	3389	1987	10-11-13	
838 Fascination Place	95035	430,000	2	1012	2000	10-15-13	
917 Luz Del Sol Loop	95035	565,000	2	1300	2007	10-16-13	
254 Lynn Avenue	95035	383,500	3	1146	1970	10-11-13	
683 Murphy Ranch Road	95035	624,000	-	-	-	10-09-13	
2188 Pedro Avenue	95035	693,000	5	2077	1977	10-15-13	

135 Roswell Drive	95035	555,000	4	1187	1958	10-16-13	
497 Singley Drive	95035	775,000	4	3071	1977	10-16-13	
800 South Abel Street #420	95035	535,000	2	1259	2007	10-16-13	
1330 Tularcitos Drive	95035	1,650,000	3	4184	1988	10-15-13	
916 Vida Larga Loop	95035	691,000	3	1770	2006	10-11-13	
2120 Wellington Drive	95035	1,100,000	4	2520	1985	10-16-13	
1440 Yosemite Drive	95035	587,500	3	1261	1963	10-16-13	

NEWARK TOTAL SALES: 07							
Highest \$:		550,000	Median \$:		525,000		
Lowest \$:		280,000	Average \$:		455,857		
ADDRESS	ZIP	SOLD FOR	BDS	SOFT	BUILT	CLOSED	
37601 Crocus Court	94560	540,000	4	1899	1965	09-27-13	
39147 Ebbetts Street	94560	547,000	3	1519	1978	09-27-13	
37265 Greenpoint Street	94560	550,000	4	1679	1978	09-27-13	
35850 Orleans Drive	94560	280,000	3	1126	1962	10-01-13	
5723 Robertson Avenue	94560	525,000	4	1540	1976	09-27-13	
5493 San Antonio Way	94560	350,000	3	1130	1957	09-30-13	
6153 Thornton Avenue #A	94560	399,000	3	1383	1987	09-27-13	

SAN LEANDRO TOTAL SALES:15							
	Highest \$:	770,000	Median \$:		490,000		
	Lowest \$:	340,000	Average \$:		493,333		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
983 Alice Avenue	94577	515,000	5	1349	1927	09-27-13	
1922 Evergreen Avenue	94577	490,000	3	1610	1961	09-30-13	
769 Joaquin Avenue	94577	635,000	2	1817	1915	10-01-13	
2808 Marineview Drive	94577	500,000	3	2108	1964	09-30-13	
339 Napoleon Drive	94577	425,000	3	1209	2000	09-27-13	
580 Pershing Drive	94577	340,000	2	1160	1940	10-01-13	
905 Ramona Way	94577	500,000	2	1256	1941	10-03-13	
1450 Regent Drive	94577	629,000	3	2108	1967	09-30-13	
1897 Sundberg Avenue	94577	400,000	3	1092	1953	09-30-13	
1870 Wayne Avenue	94577	423,000	4	1572	1952	10-01-13	
1736 150th Avenue	94578	355,000	-	1480	1977	10-01-13	
1521 Bancroft Court	94578	770,000	7	3288	1955	09-30-13	
483 Lloyd Avenue	94578	368,000	3	1014	1952	09-27-13	
14240 Rose Drive	94578	350,000	2	830	1942	09-30-13	
15500 Harbor Way	94579	700,000	4	2134	2000	09-27-13	

THEATRE REVIEW

Jesus Christ Superstar : an ancient story for modern times

By JESSICA NOËL FLOHR

The year is 2033 and Jerusalem is facing a desperate water shortage. Nuclear war and global warming have left the land desolate. The Republic of Mercantile Executives (ROME), who holds the controlling interest in the nation's wealth, is cracking down on rebellious uprisings. The rebels, suffering at the hands of the .01 percent, are losing heart. Who will relieve the angry crowd's burdens and lead them into a new kingdom?

Written in 1970 by Tim Rice and Andrew Lloyd Webber, Jesus Christ Superstar is a rock opera retelling of the final weeks



of the life of Jesus, inspired by the biblical story. After an initial concept album recording, the musical debuted on Broadway in 1971. The film version, starring Ted Neeley and Carl Anderson, followed soon after in 1973. For over 40 years, the gospel-filled earworms have been bringing the last days of Jesus to life.

Director Michael Navarra has reimaged Jesus Christ Superstar for the 21st century. Currently playing at the Gary Soren Smith Center at Ohlone College, Navarra's production of the '70s rock opera is set in a post-apocalyptic future. Modern issues have been woven throughout as accents to the central theme. Steampunk-esque costumes support the blend of past and future, as well as a heavily industrialized set spread across every



angle of the intimate NUMMI Studio Theatre. Use of multimedia and a live drummer and electric guitarist round out the gritty feel of the theme.

The story opens with a young woman, blind and thirsty, stumbling across the stage, begging for water. Big men with sticks, agents from ROME, enter the scene and a riot breaks out. From the midst of the audience, the Superstar rises. Jesus tenderly takes the woman's face in his hands and restores her sight. Judas sings from a platform above the audience of his insistence that Jesus is just a man.

There are several struggles interwoven within the story. The primary struggle is that of Jesus and Judas. Judas, the woeful figure from the Christian bible, does not care for Jesus' rising popularity among the crowds. He wants real, practical, earthly change to create a better life for his people. Judas continually butts heads with Mary, who dotes on Jesus, calming and soothing him with expensive oils and heavenly notes. The Superstar has his own struggles as well. Jesus battles within himself over his own identity and significance. He leads, loves, guides, and heals, but also doubts and initially attempts to resist his fate.

This play has been fraught with controversy and criticism since its inception. Religious groups from Protestant, Catholic, and Jewish circles have criticized the way

the biblical themes are presented. Jewish groups feel that the portrayal of the crucifixion perpetuates negative feelings towards Jews by attributing the responsibility for the death of Christ to them. Protestants and Catholics alike object to Jesus' being a little too human for their comfort. In reading the gospel accounts themselves, believers can see that Jesus' message has never been well received, regardless of external packaging.

The humanity of Christ is the greatest feature of this presentation. Actor Cliff McCormick does a superb job of manifesting the very human Superstar. He is fully

committed to the role. The audience acutely feels the tenderness he has for his followers. McCormick's Jesus experiences the fullness of humanity without denying the universality of the gospel message. Adam Fresquez, in the role of Judas, is an excellent antagonist for McCormick. The two frequently battle it out on stage; the tension is very real. Mary, played by Stacey Lynn Bell, beautifully intervenes with soothing tenderness in her voice.

This adaptation is raw and intense. Due to the modern presentation, some of the more violent scenes may not be appropriate for young audiences. In spite of perceived controversy, it is a refreshing spin on this ancient story. If your faith needs a reboot, or you love great music—check out this fantastic adaptation of Jesus Christ Superstar, playing throughout November at the Gary Soren Smith Center at Ohlone College.

Jesus Christ Superstar
8 p.m.

Nov. 14-16, 21-23

NUMMI Studio Theatre, Smith Center
at Ohlone College
43600 Mission Blvd., Fremont
(510) 659-6031

<http://www.ohlone.edu/org/smithcenter/box.html>

Tickets: \$15 – 20
Parking: \$2



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Postal Service reprints a misprint of misprint

SUBMITTED BY U.S. POSTAL SERVICE

The Postal Service recently announced that it has printed 100 additional sheets of stamps of the recently issued Inverted Jenny stamp — but with the plane flying right-side up. These very limited edition stamps were circulated with the recent issue of the most famous “misprinted” stamp. Customers who have recently purchased the new Inverted Jenny stamp could have a very limited edition of the famous stamp.

The idea for creating the “misprinted misprint” came to light after the Postmaster General mentioned the stamp to customer groups shortly after it was previewed in January.



“Our customers were enthusiastic about printing a new version of the most publicized stamp error in U.S. history as a great way to spur interest in stamp collecting,” said Donahoe. “Some jokingly commented that we should be careful to avoid repeating the same mistake of

nearly a century ago. That was the impetus behind this initiative. What better way to interest a younger generation in stamp collecting?”

In 1918, in a rush to celebrate the first airmail flight, the Post Office Department issued the 24-cent Curtiss Jenny stamp. Because the design required two colors, sheets were placed on the printing press twice — first to apply red ink and a second time to apply blue ink. This process was given to human error — as stamp collectors at the time well knew.

A Washington, DC, Post Office clerk — who had never seen an airplane — sold a sheet of 100 stamps mistakenly showing the biplane upside down. For nearly a century, stamp collectors have chased the Inverted Jennys and have accounted for nearly all 100 of them. Unique to this stamp issuance, all sheets were individually wrapped in a sealed envelope to recreate the excitement of finding an Inverted Jenny when opening the envelope and to avoid the possibility of discovering a corrected Jenny prior to purchase.

Individuals purchasing “corrected Jenny sheets” will find a congratulatory note inside the wrapping asking them to call a phone number to receive a certificate of acknowledgement signed by the Postmaster General.

“We’re leveraging the incredible story behind the rare collectible as a creative way to generate interest in stamp collecting while highlighting the role the Post Office Department had in developing the commercial aviation industry,” said Postmaster General Patrick Donahoe.

Just days after the Postal Service issued the new \$2 version of the most publicized stamp error in U.S., Glenn Watson of Newmarket, Ontario, Canada, purchased the new \$2 version with the biplane flying right side up.

“I’ve been collecting U.S. and Canadian stamps for more than 50 years,” said Watson, who ordered his Inverted Jenny stamp sheet through the Postal Store on eBay. “By far this was a total surprise, and I can now relate to how stamp collector William Robey felt when he purchased the original sheet of 100 inverted Jennys in 1918. Clearly this right-side-up version will be the treasure of my collection. I hope this stamp will encourage younger generations to get involved in this educational hobby.”

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continued from page 1

Yoko Young

An eternal dancer

New York City Ballet and jazz under the tutelage of Rod Alexander. Yoko was Prima Ballerina and soloist for the Hirose Ballet Company and Tokyo Ballet Theatre in such standards as "Swan Lake," "Sleeping Beauty" and "Don Quixote," and danced "Carmen" with the Opera national de Paris in France.

Yoko was on Japanese TV as a featured dancer and appeared in movies, television series and commercials in the United States. As a member of the Screen Actors Guild, she was in the movie M.A.S.H., The Towering Inferno, Streets of San Francisco, Mission Impossible, plus Dr. Pepper, VISA, and Miss Clairol commercials to name a few. She was featured as a fashion model in shows and magazines, including Women's Day.

An accomplished choreographer, Yoko choreographed musicals such as "Once Upon a Mattress," "Little Mary Sunshine," "Annie," "The Wizard of Oz" and "Peter Pan" and traveled to Japan with some of them. A member and chair of the Sister City Commission of Fremont, Yoko escorted dancers to represent Fremont at cel-

ebrations in Fukaya, Japan. In 1993, Yoko was appointed by the Governor of Saitama Prefecture, Japan, to be Cultural Ambassador to the World, representing 92 cities and over 6.5 million people.

Yoko established her own studio in 1995 and earned the title "The Best Studio in the West" her first year. Her superb choreography earned numerous awards, including the Diamond Award for best choreography from American Dance Competition, Kids Artistic Revue's Choreographer of the Year awards every year since 2000, and Teacher of the Year in 2006, 2007 and 2008. Yoko trained 50 of her students to perform with professional Russian dancers in the Moscow Ballet's production of "Nutcracker."

In 2002 Yoko was featured as the cover story for the nationally syndicated magazine Dance Teacher, and had the only studio in California to be selected as one of the Top 50 Studios in the Nation by Dance Spirit magazine. Her studio also made the cover of Time for Kids in



2003. In 2005 she was asked to choreograph the Dallas Cowboys' halftime show at Texas Stadium featuring singer Sheryl Crow. Eight students from her studio were featured in the show, which was televised by CBS on Thanksgiving Day and seen by 60 million people.

Yoko's greatest gift was her passion for dance as a teacher, choreographer and dedication, above all, to her students. A tough and exacting mentor, Yoko displayed unwavering devotion to her craft, guiding her protégés to great accomplishments, instilling self-confidence.

Yoko follows her husband of 45 years, Dr. William J. Young, who died in April 2013; she is survived by her son, Dr. Rei

Young, daughter-in-law, Lisa Young and grandchildren, Tyler and Zachary.

A memorial service to celebrate Miss Yoko's life will be held Thursday, November 14, 2013 at 7 p.m. at The Smith Center at Ohlone College, 43600 Mission Boulevard, Fremont. All are welcome to take part in a special night dedicated to Miss Yoko's memory.

Student violinists raise funds for kids in need

SUBMITTED BY PATTY CHOU

Five accomplished high school students from the East Bay, together with their violin teacher Ker Qi, held a charitable violin concert at Le Petit Trianon Theatre in San Jose to raise funds for the Prince of Peace Children's Home in China. The October 26 program ranged from Eastern to Western and included famous violin concertos from romantic era composers Mendelssohn and Saint-Saens, the most famous Chinese violin concert, "The Butterfly Lovers," and many adoring pieces by Sarasate, Massenet, Gershwin, and others.

Ker Qi is a long-time Fremont resident and a renowned violin teacher who has taught many Bay Area youth. Qi's students have noticed that their teacher usually takes a break during the summer to volunteer at Prince of Peace Children's Home, an orphanage for handicapped children located near his hometown in Tianjin, China. After learning about this orphanage and the wonderful work

it has done, Qi's students also wanted to help. They decided to utilize their talent and years of hard work to share beautiful music with the Bay Area audience and raise funds to serve these disadvantaged children in China.

George Zhang, Rey Tang, Hanlin Wang, Christina Liu, and Minmin Fu were the evening's featured performers:

Zhang is a Mission San Jose High School senior who started playing violin at the age of five. He has been a member of the First Violin in both El Camino Youth Symphony-Sinfonietta Orchestra and San Jose Youth Symphony Philharmonic. Tang is also a Mission San Jose High School senior who has been playing the violin since the age of 10. He has been on tour with SJYS Philharmonic Orchestra twice to European countries and is an involved member of the community, playing violin solos in church and community events.

Wang is a freshman from Mission San Jose High School. He has played violin since he was five



years old and is a member of the California Youth Symphony Senior Orchestra and principal of the 2012 CYS Associate Orchestra second violin section.

Liu is a cheerful, dedicated, compassionate young musician, playing violin since the age of seven. A sophomore at Dougherty Valley High School in San Ramon, Liu is the violin

principal of both El Camino Youth Symphony-Sinfonietta Orchestra and San Jose Youth Symphony Philharmonic Orchestra. She was also selected for California Music Educator's Association as a violin principal.

Fu is a freshman at UC Davis and a winner of the 2010 San Jose Youth Symphony Concert Orchestra solo competition, member of

the San Jose Youth Symphony Philharmonic Orchestra, and co-principal in the 2012 Cal Poly All-State Symphony Orchestra.

The concert was hosted by Diana Qi with piano accompaniment provided by Dr. Anny Cheng, an active pianist with a doctoral degree in Collaborative Piano from Arizona State University. Over 300 people were in attendance, including some special guests: Culture Counselor Xiao Xiayong and Consul Wang Jun, Consulate General of China in San Francisco; Yu Jingjiang, Vice President of ICN TV Network; Tai Chi, Adviser of Northern California Chinese Athletic Federation; and Ann Woo, Executive Director of Chinese Performing Arts of America.

Thanks to the talent and generous hearts of these student musicians, the concert collected \$5,100 in donations for the Prince of Peace Children's Home in China.

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Mural dedication reveals Hayward High Past and Present

BY JULIE GRABOWSKI

Sharing history can be done in several ways. Some write their stories in books while others act out the various dramas and comedies of time on the stage; musicians play instruments, singers use their voices, and painters carry us through the decades with hues and images that speak volumes. Hayward has become a city that adds another dimension to its history via murals. An addition to the story will be revealed on Thursday, November 14 at Hayward High School.

A librarian at Hayward High for 24 years, Sheryle Gray has observed and gathered materials that reflect the school's history, dating all the way back to the earliest days of what was once known as Hayward Union High School. She has seen the school celebrate its 100 year anniversary,

former students return for landmark reunions, and witnessed its wonderful rich history through yearbooks dating back to 1922. Noting the wonderful legacy of the school, Gray thought that a mural would be an appropriate honor for the school and its alumni.

She approached alumni parent Lisa Brunner with the project about two years ago, Brunner, very active in the Parent Teacher Student Association (PTSA) and currently sitting on the Hayward School Board, agreed. The goal was to modify the entryway of the library, making it more appealing. Gray wanted a mural with a theme and story depicting the history of Hayward High School. Brunner talked to a local muralist friend Suzanne Gayle, who has completed several murals throughout the city as well as on school grounds.

"We used photos from both old yearbooks and from the Hayward Area Historical Society. We then selected our favorites and I created a couple alternative draft versions of the mural and then invited students, alumni, and staff to provide feedback," says Gayle. "We also chose to have a memorial walkway and garden, selling custom bricks to raise funds for both projects. I had several volunteer assistants including students. The City of Hayward matched funds raised, helping to achieve our goal more quickly."

With a specific plan in place, fundraising for the project began last March, sponsored by Hayward High alumni and PTSA families with support from the City of Hayward Mural Art Project. No school district funds were used. From concept to completion the mural took about a year, and now the "Hayward High Past

and Present" commemorative mural will receive its dedication. The central image is based on an old yearbook photo and shows a boy stepping out of the past into the present.

"We wanted to honor the old school while respecting the new. We hope that this mural will serve as a reminder and education to new students on the beauty of the old campus," says Gayle.

Brunner reports the mural has received positive feedback from students and given them pride in the school. "It's been a fun project and everyone was very supportive," she says. "We were just thrilled when the City said 'yes', they could help support it too." Memorial bricks will continue to be sold and organizers are even thinking about an onsite museum to house and share school memorabilia.

The dedication ceremony will include Superintendent of Hay-

ward schools Dr. Stanley Dobbs as a speaker, as well as Brunner. Attendees will hear a bit of history about the school, a little about the mural, possible future projects and then adjourn to a reception in the library. There, alumni and current students share their experiences and memories; older pictures will be available for viewing.

Community members and Farmers - past and present - are invited to attend; relive the glory days, breathe in the present, and take a glimpse into a future of possibility.

Memorial Mural Dedication
Thursday, Nov 14
1 p.m. - 3 p.m.

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