



Textile Exhibit



Skate Park prepares for grand opening



World War II bomber takes to Hayward skies



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May 7, 2013

Vol. 12 No. 19

By JULIE GRABOWSKI

Feeding the hungry, educating kids, helping those in need to establish stronger, stable, happier lives; this is the work of community, of individuals and groups looking beyond themselves to make a difference and build a stronger, brighter place to live.



Dr. Rakesh Sharma



Indo-American Charity Ball

Through volunteer work and supporting local charities, Indo-Americans for Better Community (IndoABC) fully embraces this charge. Since 2000, the nonprofit organization has been raising funds and educating the community about supportive services in our own backyard. The annual Charity Ball is In-

doABC's main fundraising event, this year celebrating its 10th anniversary. The Annual Charity Ball has been a success since its inception, drawing over 300 guests - local leaders, businesses, and community members - and contributing over \$450,000 to local charities including Abode

Services, Life Elder Care, Kidango, Fremont Senior Center, Ohlone College Foundation, and Fremont Family Resource Center's Discovery Cove child care services. A glamorous black tie affair with a formal sit-down dinner, the event will begin with a

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HEALTHY KIDS FITNESS EXPO



Newark tackles childhood obesity

SUBMITTED BY STACEY KENISON AND EDDA RIVERA
CITY OF NEWARK RECREATION & COMMUNITY SERVICES DEPARTMENT

Watching television, playing video games and the internet are some of America's favorite pastimes. People love to settle in and get absorbed in their favorite TV show, video game, or social media sites. But what is that actually doing for our health? Childhood obesity is a nation-wide problem, hitting close to home in Alameda County - and in Newark. The Department of Education requires that

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Students (L to R): Chang-May Tan, Reza Mosher and Matthew Aboudi are congratulated by the teacher!

Spelling Bee, deaf style

ARTICLE AND PHOTOS BY MIRIAM G. MAZLIACH

It was a morning of firsts as a group of young students at the California School for the Deaf (CSD), participated in the school's inaugural Elementary Spelling Bee on April 26. An excited and packed audience of parents, teachers and students filled Kloppe Theatre. According to parent Elvis Zornoza, APTC (Association of Parents, Teachers and Counselors), considered the idea at a general meeting and Elementary Principal Adele Ann Eberwein expressed approval and enthusiasm for its immediate implementation. APTC approved her request. Participating students represented grades first to fifth. Words assigned were appropriate to specific grade levels. As each student took his/her turn, they stepped forward; the coordinator signed a word in American Sign Language (ASL), using a representative symbol or phrase. In this unique Spelling Bee, contestants were required to fingerspell - form the shape of the letters by hand - the word, letter by letter. Current research shows that early exposure to

fingerspelling helps deaf children become better readers and gain a larger vocabulary. If a competitor could not understand the word clue or concept, they would ask the coordinator to provide a definition for clarity. After each answer, the audience showed support by waving a hand in the air, a "one tree shake." Following eight rounds, the winners were:
1st Place: Reza Mosher – 4th grade
2nd Place: Matthew Aboudi – 5th grade
3rd Place: Chang-May Tan – 2nd grade
The top three competitors received books and gift certificates to Target. Runner-up contestants received \$15 gift certificates for their participation and effort. Summing up the morning's activity, Principal Eberwein commented, "Congrats! I'm very proud of all these students. They all learned many words and how to stand up here [on stage] and present them, showing participation and commitment. Thanks to APTC, the parents who thought up this idea of seeing new events here, and who were supportive of doing this." For more information about California School for the Deaf, visit www.csdf.k12.ca.us.

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Washington Hospital Earns Outstanding Achievement Award for Cancer Programs

The American College of Surgeons' Commission on Cancer (CoC) has named Washington Hospital as one of only 79 organizations nationwide to receive its coveted Outstanding Achievement Award based on cancer program surveys conducted during 2012. The hospital also is one of only three institutions in California to earn this recognition.

The CoC Outstanding Achievement Awards are designed to recognize cancer programs that strive for excellence in providing quality care to cancer patients. Award recipients include community-based facilities such as Washington Hospital, teaching hospitals, comprehensive cancer centers, VA hospitals and network cancer programs that currently are accredited by the CoC.

To maintain accreditation and be considered for Outstanding Achievement Award recognition, these facilities must undergo a rigorous evaluation and an on-site review every three years. Washington Hospital also earned an Outstanding Achievement Award the last time the CoC conducted its accreditation review and on-site survey in 2009. Of the 79 Outstanding Achievement Award recipients for 2012, only 34 programs also received the award in 2009.

"We are especially pleased to receive this award for the second time in a row," says medical oncologist Vandana B. Sharma, M.D., Ph.D. "This second award serves as recognition that we are continuing to expand our cancer care services and that we are always looking forward to improving the care of cancer patients in our community."

Dr. Sharma serves as chair of Washington Hospital's Cancer Committee and Medical Oncology Department, as well as Medical Director of the hospital's Cancer and Genetics Programs. She also is co-chair of the Breast Health Committee at Washington Hospital.

"In their surveys for Outstanding Achievement Awards, the CoC evaluates the quality of leadership of each organization's cancer committee," explains Dr. Sharma. "The Washington Hospital Cancer Committee is comprised of a multi-disciplinary group of board-certified physicians across a broad range of specialties, as well as professionals in areas such as pharmacy, social services, quality improvement, cancer data management, community outreach and research."

In addition to Dr. Sharma, members of the Washington Hospital Cancer



Oncologist Vandana B. Sharma, M.D., Ph.D. (top right) Medical Director of Washington Hospital's Cancer and Genetics Programs, leads the Cancer Care Team at Washington Hospital. The team includes many dedicated professionals, such as Nurse Navigator Shari Kellen, R.N., O.C.N. (bottom left) and Marianne Heltzel, RHIT, CTR, Tumor Registry coordinator (bottom right), who collects and maintains data on cancers diagnosed and/or treated throughout Washington Hospital Healthcare System. Learn more at www.whhs.com/cancer.

- Committee include:
- Kranthi Achanta, M.D., General Surgery
 - Michael Bastasch, M.D., Radiation Oncology
 - Jessie Xiong, M.D., Pathology
 - Jacob Wouden, M.D., Radiology
 - Minh-Thu Dennen, Director of Pharmacy
 - Mary Bowron, Director of Quality & Resource Management
 - Marianne Heltzel, Cancer Registry Program Coordinator
 - Lita Hughes, RN, Nursing

- Shari Kellen, RN, Nurse Navigator
 - Alice Santos, RN, Director of Medical/Surgical Nursing
 - Laura Scielzo, Social Services
 - Ruth Traylor, Director of Community Outreach
 - Jan Wood, RN, Senior Associate Administrator
- "The CoC also evaluates cancer care programs for their performance in several quality-of-care standards, including cancer data management, clinical management, research, community outreach and quality

improvement. Our Cancer Care Team at Washington Hospital achieved outstanding distinction in all measured standards," Dr. Sharma notes.

"One example of our commitment to excellence is our Cancer Registry Program which ensures that timely, accurate and complete data are collected and maintained on cancers and selected benign tumors that are diagnosed and/or treated at Washington Hospital," she explains. "Data on patient outcomes are analyzed to ensure that our patients receive high-quality care,

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Yoga Techniques Can Improve Balance and Posture

Washington Women's Center
Classes Focus on Preventing Falls and Reducing Neck Pain

When you think of yoga, you may imagine someone sitting quietly in the lotus position and wonder how that could ever help prevent falls or reduce neck and back pain. The fact is there are a number of yoga techniques that can help you do both.

"Yoga is all about the mind-body connection," said Alecia Davis, a certified yoga instructor. "Yoga combines movement with deep breathing to increase flexibility, strength, and stability while reducing muscle tension and stress."

Davis will share some yoga poses and stretches at two upcoming classes offered by the Washington Women's Center. "Fall Prevention and Balance" is scheduled for Friday, May 17, from 12 to 1 p.m. Due to popular demand, a second session will take place from 1:30 to 2:30 p.m. the same day. The classes will take place at the Washington Women's Center Conference Room, located in Suite 145, at 2500 Mowry Avenue (Washington West) in Fremont.

continued on page 5



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Health&Wellness



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SPEAKER
Rakesh Safaya, M.D.
Vascular Surgeon
Washington Hospital
Medical Staff

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Scan the QR code (below)



Seminars may be televised on InHealth, a Washington Hospital Channel (Comcast Channel 78) and online at www.inhealth.tv.

The Dangers of Deep Venous Thrombosis

Deep venous thrombosis is a blood clot that forms in a vein deep inside a body part. Most often, this condition affects the legs. Obesity, sitting for long periods of time — such as traveling in a car or a plane — pregnancy or a recent major surgery may put people at risk for this dangerous health problem. A vascular surgeon will address the causes, symptoms, risk factors and treatments for the disorder.

Tuesday, May 14, 2013 • 1 to 2:30 p.m.
Conrad E. Anderson, M.D. Auditorium, Rooms A & B
(Washington West, 2500 Mowry Ave., Fremont)
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Stay connected to Washington Hospital through Facebook, YouTube and Twitter. Watch InHealth Channel videos, learn about upcoming events and seminars and see what's happening at your community hospital.

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ACWD

ALAMEDA COUNTY WATER DISTRICT

continued from page 1

Indo-American Charity Ball

reception during which attendees can enjoy a glass of wine and hors d'oeuvres and socialize. The evening's entertainment includes the return of Yoko's Dance and Performing Arts Academy, Rita's Rock-n-Rodeo, and Aerial Dance from San Jose. IndoABC Founder and President Dr. Rakesh Sharma says, "We feel really blessed." The time and talent donated by these performers is an incredible gift that is appreciated by all of us. "They enjoy it and believe in what we're doing."

Two charities are highlighted each year and awarded checks, ready to be put to good use. Abode Services, providing housing and a myriad of services to homeless throughout Alameda County, will once again be honored. Abode is based in Fremont and provides. The second recipi-

ent is Meals on Wheels, delivering meals and friendly contact to over 350 homebound and disabled adults in the Tri-Cities.

Donations from the event will be matched by the Sobrato Family Foundation, the charitable giving arm of the Sobrato Organization, a real estate and development company based in Cupertino, which invests in non-profits in Santa Clara, San Mateo, and Southern Alameda counties to serve those most in need and strengthen communities and build relationships.

Although the May 11 event marks a significant milestone of the Charity Ball - its 10th anniversary - the focus of the evening remains simple and unfettered - helping others and making a difference. Looking toward the future, Dr. Sharma shares one big

dream: "I want to hit a million dollar goal." With the help of matching grants, IndoABC has already reached the midway point. "That's not a bad record," says Dr. Sharma. He is confident that with the consistent and active support of the community, reaching his goal is not far away.

The IndoABC Charity Ball offers a great opportunity to get involved and have fun while

supporting the Tri-City community.

Tickets are \$60 per person or \$600 for a table of 10 (\$10 per ticket is considered a charitable donation and is tax deductible). For those who cannot attend but wish to contribute, donations can be sent to: Indo-Americans for Better Community, 707 Pilgrim Loop, Fremont, CA 94539. All donations are tax deductible. For more information, call (510) 657-0396 or visit www.IndoABC.org.

Indo-American Charity Ball

Saturday, May 11

6:30 p.m.

Hilton Newark/Fremont

39900 Balentine Dr., Newark

(510) 657-0396

www.IndoABC.org

Tickets: \$60

continued from page 3

Yoga Techniques Can Improve Balance and Posture

The “Fall Prevention and Balance” Lunch and Learn seminar will focus on techniques that can help to improve core strength, which helps with balance. This session is appropriate for all fitness levels, and is specifically geared toward seniors, those recovering from an injury, and others who are concerned about falling.

“This is perfect for older women who aren't feeling as stable as they used to and are afraid of falling,” Davis said. “I'll start out by talking about practical ways to prevent a fall, including removing obstacles in your home like throw rugs that are easy to trip over, before walking participants through some exercises they can do at home to heighten body awareness as well as strengthen the stomach, chest, and back muscles, which increases stability.

Studies Show Benefits

Studies are now showing how yoga improves balance. For example, stroke survivors who completed an eight-week course of twice-weekly yoga classes had a 15 percent increase on balance scores, according to a 2012 study by Arlene Schmid, a rehabilitation research scientist at the Roudebush VA Medical Center.

Staying conscious of your body movements is critical to balance and yoga can help you become more aware of your body and how you use it. This awareness is also important for avoiding neck and back pain. Without it you might find yourself hunching forward at your computer or desk, which can increase tension in the

neck, shoulders, and back, causing chronic pain.

“Neck, Back and Beyond” will focus on yoga techniques that can help to increase range of motion and reduce tension in your neck, shoulders, and back. The class will begin with a five-minute relaxation exercise to demonstrate how deep breathing can help to release the tension in your muscles.

“I'll demonstrate how hard it is to move when your neck and shoulders are tight after sitting at a computer for hours,” Davis said. “Often you aren't even aware that those muscles are tightening up because you are focused on your work, not your body.”

She will demonstrate a sequence of poses that you can do, including some you can do right at your desk, to reduce tension and alleviate pain. Davis will also stress the importance of deep breathing.

Take a Deep Breath

Yoga incorporates controlled, slow, deep breathing to center the mind and reduce tension. It teaches you how to inhale slowly and without strain through your abdominal area, then through your chest. You then exhale slowly in a controlled fashion, from your chest and then your abdomen. It allows for full expansion of the diaphragm, Davis explained.

“Breathing is the key to yoga,” she added. “Deep, slow breathing stimulates the parasympathetic nervous system and relaxation response, which has a calming effect. It also brings more oxygen into the body, reducing acidity, and helps to improve lung function.”

Yoga can lead to better health and an overall sense of well-being, according to Davis.

“It reduces stress and anxiety, lowers blood pressure, improves sleep, improves range of motion, and brings a sense of calmness, allowing you to feel more at ease in your body,” she said. “These classes are a great way to get a sense of how yoga can work for you.”

Learn Yoga Techniques to Incorporate Into Your Life

“Neck, Back and Beyond” will be offered on Monday, June 10, from 6 to 8 p.m. The class will be held in the Washington Women's Center Conference Room, located in Suite 145, at 2500 Mowry Avenue (Washington West) in Fremont. The fee for this class is \$15. Space is limited. Reserve your space by calling (510) 608-1301. For more information or to learn about other services offered at the Washington Women's Center, visit www.whhs.com/womenscenter.

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HEALTHY KIDS FITNESS EXPO

all public schools conduct fitness testing among children in the 5th, 7th, and 9th grade each year. One part of the test is body composition measured either by a skin-fold test or by body mass index (BMI), a height-weight algorithm. Based on the Alameda County Public Health Department's “Health of Alameda County Cities and Places” article published in 2010, during the 2008-09 school year 29.1 percent of students in Alameda County were considered to be overweight. Closer to home, in the City Newark the rate of overweight children was 26.5 percent, in Fremont 21.7 percent, and in Union City 30.5 percent.

Kids learn by watching the people around them. If we spend an inordinate amount of time watching TV, our kids want to do the same. Sedentary activities can be damaging pastimes for children and lead to health issues, including childhood obesity.

The Joint Task Force on Youth Issues is demonstrating fun and healthy alternatives at the first-ever “Healthy Kids Fitness Expo” in Newark on Saturday, May 11. This event offers tools and information to help parents make informed decisions about their children's health and fitness activities.

This event will showcase local sports, nature, and outdoor recreation organizations that invite participants to get up, outside, and moving. Enjoy a rock climbing wall, slack lines, inflatables, and have lunch with your family at one of the gourmet food trucks selling healthy food. The entire family is welcome to visit the vendor fair

with interactive booths hosted by local organizations providing activities and products that promote active, healthy lifestyles for kids. Raffles will be held throughout the day with prizes including skateboards, sports equipment, camping and fishing gear, outdoor games, backpacks and more. Two Grand Prize drawings will be held at the end of the day for a boys and girls bicycle donated by the Newark Police Officers Association.

“Our goal is for every person to leave the Healthy Kids Fitness Expo with new knowledge regarding nutritious eating, fun methods of exercise and new healthy products,” said event organizer David Zehnder, City of Newark Recreation and Community Services Director.

Healthy Kids Fitness Expo, sponsored by Washington Hospital Foundation, Kaiser Permanente, Cargill, Newark Recreation, Tri-City Voice, Climb On! and SSI Schaeffer, is open to everyone eager to maintain healthy habits and learn about living an improved lifestyle. For more information, please call (510) 578-4409.

Healthy Kids Fitness Expo
Saturday, May 11
10 a.m. – 2 p.m.
Silliman Activity Center Sportsfield Park
6800 Mowry Ave., Newark
(510) 578-4409
www.newark.org
Free

Airport Open House

SUBMITTED BY
HAYWARD EXECUTIVE AIRPORT

Hayward Executive Airport will hold its annual open house on Saturday, May 11, 2013. There will be displays of classic aircraft, war birds, vehicles, corporate jets and helicopters. The Federal Aviation Authority and others will have exhibits. Off The Grid will serve great food, private pilots will take kids on free plane rides and, courtesy of the Experimental Aviation Association Vintage Aircraft Association Chapter 29, a World War 2 B17 flying fortress “Aluminum Overcast” will also be displayed.

Visitors will have the chance to win a free flying lesson and a free simulator ride. There is fun for all. Do not miss out.

The event is organized by the Bay Area Black Pilots Association, Tuskegee Airman, Inc., East Bay Aviators, Inc., Motivation And Learning Through Aviation (MALTA) AND Hayward Executive Airport. Sponsored by California Airways, APP JET-CENTER, Park AVION and CTP Aviation.

For more information, call (510) 293-8678 or contact 20301 Skywest Drive, Hayward, CA 94541.

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Saturday, May 11
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Textile Exhibit

SUBMITTED BY DIANE LEYS

Textile arts rely on culture and tradition. The early history of textile arts is also the history of international trade. In the Mediterranean, the desire for Tyrian purple dye stimulated trade among the ancient Phoenicians. Chinese silk was brought to India, Africa, and Europe on the Silk Road.

Continuing to weave a story of culture and tradition, Olive Hyde Art Gallery's 45th Annual Textile Exhibit will open with a reception on Friday, May 10, and run through June 8. This annual exhibit began in 1968 in recognition of the Art Center's original benefactor and textile art enthusiast, Olive Hyde. Primarily a quilt exhibition in its early years, the annual show currently spans a broad spectrum of textile arts.

Textiles are indeed a fundamental part of human life. Although the functions of textiles have remained the same since the beginning of civilization, the methods and materials used to make them have greatly expanded.

As one of Olive Hyde's most popular exhibits, this year's textile show will feature the work of artists

well known in the Bay Area as well as that of several others who have exhibited extensively throughout the United States.

Seventeen contemporary Bay Area artists – Ann May Baldwin, George-Ann Bowers, Jessica Cadkin, Linda Cline, Joan Dyer, Gayle Eleanor, April R. Gavin, Susan Helmer, Christine Knox, Laura Kamian McDermott, Barbara Meyers, Denise Oyama Miller, Chris Motley, Sarah Sherwin Roberts, Irene Schlesinger, Laurel Shackelford, and Gail Sim – create an exhibit featuring the spectrum of today's Textile Arts.

Chris Motley of San Francisco finds that the process of knitting can itself be a driving force in her art, with a piece developing differently from her original vision. Free from any preconceived notion of typical knitted fabric but armed with a lifetime of technique, a piece can emerge from pushing the boundaries of the stitches and the exploration of three dimensions for abstract pieces.

Inspired by the natural world, Fremont's Denise Oyama Miller's work often focuses on intimate landscape scenes. "I love the challenge of taking an idea from one of my inspirations and interpreting it in fabric or watercolor. The challenge of taking an idea from inspiration to completed artwork is thrilling."

Christine Knox, also a Fremont resident, has expanded both her imagery and her use of mixed media. Her current work features truncated figures of women, caught mid-gesture. She uses diverse fabrics, handmade papers, and acrylic paints.

Joan Dyer uses fabrics to depict abstract forms from nature. Joan states, "My fabric art is created entirely by an intuitive process, with which I build my designs fairly quickly and freely. I learned traditional methods of piecing by hand when I began this journey with fabric, but soon began to enjoy the design phase of fabric artistry."

Berkeley artist George-Ann Bowers finds inspiration for her art work during frequent adventures in the outdoors. Her weavings have appeared in several publications including "Fiberarts" magazine.

Textile Exhibit
May 10 - June 8
Thursday - Sunday, noon - 5 p.m.

Opening reception:
Friday, May 10
7 p.m. to 9 p.m.

Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
olivehydeartguild.org/



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Ex: 5/20

Architectural tour at historic Meek Mansion



SUBMITTED BY MARCESS OWINGS

A chance to take a look inside the majestic Meek Mansion is coming up on Saturday, May 11. This

fascinating tour will examine different architectural styles and décor details of the Victorian era. William Meek, an agricultural pioneer and entrepreneur, built his Italianate mansion in 1869 and it served as the hub of his 3,000 acre orchard and farm. The distinctive cupola with windows looking out in all directions provided a perfect place to look out over his vast land holdings. The estate was left to his children following Meek's death in 1880, and remained in the family until 1940. Space for the tour is limited and advance ticket purchase is highly suggested. Ticket prices are \$15 for adults and \$10 for seniors, students and HAHS members. Proceeds from the tours benefit the restoration of Meek Mansion.

For additional information or to purchase tickets, contact Heather at (510) 581-1202 or (510) 581-0223 or visit www.haywardareahistory.org.
Marble and Molding
Saturday, May 11
10 a.m.
Meek Mansion, Meek Park
17365 Boston Road, Hayward
(510) 581-1202
www.haywardareahistory.org
Tickets: \$10 - \$15

A Day of Meditation and Dhamma Teachings

SUBMITTED BY LULU COOK

Intention is a powerful force underlying experiences of both suffering and joy. Our intentions affect decision-making, communications, relationship dynamics, psychological perspectives, meditative development, kammic tendencies, and our moment-to-moment encounter with life. Intention determines our actions; intention affects what we



Insight Meditation South Bay, a Buddhist meditation center in Silicon Valley (www.imsb.org). There is no registration fee. This is a pure dana-based retreat. The word "dana" means generosity, and simply translates into a heartfelt donation.



will become. The Buddha's teachings offer practical instructions for working with thought, freeing the mind from patterns that perpetuate suffering and cultivating intentions that will lead to deep happiness. In this day long program, we will explore the practical and liberating teachings of the Buddha, learning to use thought skillfully, rather than be overwhelmed by opinions, judgments, or conditioned mental patterns. This day-long retreat is a gift of the heart from Shaila Catherine to our Buddhist Women's monastic community. The day will include periods of sitting and walking meditation, Dhamma teachings, and a special blessing and almsmeal dana offering to the monastic community. Shaila Catherine has been practicing meditation since 1980, with more than eight years of accumulated silent retreat experience. She is the founder of

Your offerings will be used by the Dhammadharini support foundation to support the nascent mendicant Buddhist women's monastic community at Aranya Bodhi Awakening Forest Hermitage on the Sonoma Coast and presence in the Bay Area. Chairs are provided and the floor is carpeted. Bring your own sitting cushion if you wish to meditate sitting on the floor, a shawl or blanket, a food dish to share, and dana that you might wish to offer.
A Day of Meditation and Dhamma Teachings
Saturday, May 18
9:30 a.m. - 5:00 p.m.
Wat Buddhansorn
36054 Niles Blvd., Fremont
watbuddha.org
imsb.org
dhammadharini.net

Fremont school honored

SUBMITTED BY KRISTEN YASUKAWA, ACOE

Sheila Jordan, Superintendent of Alameda County Schools, congratulates J. Haley Durham Elementary in the Fremont Unified School District for receiving a 2012 - 2013 Title I Academic Achievement Award from the California Department of Education. Durham Elementary was among 56 California public schools honored for their sustained progress in academic improvement among students who live at or below the poverty line. "Through budget cuts and changing education standards, Durham Elementary continues to innovate teaching and learning to ensure quality education is accessible to all students. Because they have welcomed diversity and championed the assets of all students, their culture of inclusion stands as a model for us all as we strive to have every child live up to his or her potential," said Superintendent Jordan. "Equity in education is a priority for Alameda County and I am proud that the County is represented by the Durham school community's award-winning accomplishments." Durham Elementary will be honored at a regional award ceremony in May, along with the California Distinguished Schools and California's nominees for the National Blue Ribbon Schools. For more information, visit www.acoe.org.

Fremont Laser Med Spa announces the arrival of the NEW FAT LIQUIFYING F.D.A. APPROVED LASER the best non-invasive, body slimming, laser treatment, to its practice, making Dr. Kojian one of the first physicians to offer this new laser in the Bay area.

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Newark Police announce Dispatcher and Officer of the Year

SUBMITTED BY NEWARK PD

Congratulations to Dispatcher Amy Hewitt for being recognized by the Newark Police Association members as the 2012 Dispatcher of the Year. Amy was nominated for her work ethic, ability to stay calm during critical incidents, and her willingness to help out in any situation. Amy is a very respected and seasoned dispatcher. Her dedication to her job is obvious by her willingness to always take open shifts and train and mentor new dispatchers. She has been involved in multiple critical incidents over the past year, some even leading to a SWAT intervention but she has always remained calm and very detailed during these times. She has a way of working on weird research or information requests and has an uncanny ability to find the information the officer is requesting.

Amy was recognized at the annual Alameda County Public Safety Dispatcher Banquet held on

Saturday, April 20, 2013 at the East Side Club at the Oakland Coliseum.

Congratulations to Officer Karl Geser for being recognized by the Newark Police Association members as the 2012 Officer of the Year. Karl is a 20-year veteran of the department and is respected and well-liked by the citizens and his coworkers. Karl has a long history of doing the "right thing" and being a reliable and dependable officer. Many of our officers have stories involving Karl and most involve his cool and calm demeanor and good old fashion police work. This past year Karl has been instrumental in training and mentoring the new officer to be solo beat officers. He has served in the Acting Sergeant position and is always well received by his officers that work for him in his acting sergeant role. Karl is always willing to fill shift vacancies, even on short notice.

Karl will be recognized at the Tri-City annual Officer of the Year Breakfast held by the Newark Optimist Club on May 8, 2013

Welcome to K9 Kalimero

SUBMITTED BY FREMONT PD

Kalimero is an 18-month old German Shepherd K9 who was born October 29, 2011. Born in Ger-

many, he was imported to the US in October of 2012. Already weighing in at 75 pounds, he's expected to be a big boy!

Kalimero is assigned to Officer Tyler Layfield. Together, they successfully completed the K9 handler school and passed all qualifications on March 29, 2013. Since completion of the school, they have been patrolling the streets of Fremont in a full service capacity. At this time Kalimero has only been "Patrol" trained to search and locate suspects and for handler protection. He will be cross-trained in narcotics detection in approximately one year.

To date, Officer Layfield's entire career has been spent working patrol and street level investigations. The past three years he has dedicated a significant amount of time training and assisting with the Fremont Police K9 team. When asked about becoming a K9 handler, Officer Layfield had the following to say, "I am extremely excited about this new chapter in my career and very dedicated to serving the citizens of Fremont alongside my new partner Kalimero."

Please congratulate Officer Layfield and welcome Kalimero to our K9 team! You can also visit our Facebook page to say congratulations at www.Facebook.com/fremontpolicedepartment.

Fremont Police Log

SUBMITTED BY FREMONT PD

April 29

Two males entered Jack in the Box (Irvington) with faces covered and a gun visible. They ordered the employees to empty the cash registers and safe. Suspects then ordered the employees to stay in stairwell as they fled the scene.

Suspect # 1 was described as a Hispanic male adult, late teens, 5'3", 150lbs.

Suspect # 2 was described as an Indian Male Adult, 20's, 5'7" skinny, bald, ski mask, carrying a black messenger bag. Investigation by Ofc. Gonzalez.

April 30

Officers were dispatched to a residential burglary on the 38100 block of Camden Street. The burglary occurred sometime between 10:00 a.m. and 10:55 a.m. Unknown suspect(s) forced open the front door, breaking a large pane of decorative glass in the door. The home was ransacked. Loss included old vintage jewelry, a coin collection, cash and other small valuables.

Officers responded to a residential burglary that occurred sometime during the day. Unknown suspect(s) cut a screen of a bathroom window and pried the window. Loss included cameras, laptop, jewelry and other small personal items.

At approximately 10:30 p.m. several unknown males rang the victim's doorbell and asked for "Mike" on Crown Ct. They then tried to force the door open but the victim and roommate were able to hold the door shut. The subjects then fled in a white Chevy Cobalt and the homeowner gave chase all the way to Union City, but lost the vehicle on Alvarado near 880. We received this call approx. 10 minutes late.

Suspect #1: Black Male approximately 5'6" tall and approximately 170 pounds wearing a white shirt. The victim stated there were three other black males in the suspect vehicle, however he could not describe them.

Suspect Vehicle: 2012 White Chevy Cobalt, 4-door with a Nevada license plate.

Ford 550 truck was stolen from Holiday Inn (Albrae). Owner noticed the truck missing and checked GPS which placed the truck in Hayward. HPD checked the area with negative results. Truck still outstanding. Case investigated by Officer Settle.

A male and female crime team damaged a mailbox on Beethoven Co., but did not gain entry. Vehicle was a black Honda 2-door, possibly a Civic. Case investigated by Officer Meredith/ FTO Austin.

From BART PD:

On April 30th, at 4:52 p.m. a victim reported the theft of her black specialized "crossroads" 18 speed road bike from the Fremont Station. The victim parked her bike at 10:00 a.m. and secured the bike to a bike rack using a cable lock. When she returned to the station at 1600 hours, she discovered her bike was stolen. The victim estimated her loss at \$400.

May 1

Safeway security watched a team of two people stealing items. They attempted to stop the male who hit the loss prevention officer in the face and ran to his car and fled out of the lot. The vehicle is described as a White Chevy Lumina. He is described as a Black Male, 35, dark complexion with dreadlocks. The female half was contacted inside the store as she was trying to dump merchandise out of her concealed bag. She was arrested and booked out at Santa Rita. Ofc. Haugh investigating.

34500 block of Pueblo Tr. A black male adult with a black towel wrapped around his face attempted to grab the necklace from the neck of a returning resident. He was unsuccessful and ran off into the darkness. He was described as 6', 180-190 lbs, muscular build.

May 2

A citizen called and reported several young males vandalizing (graffiti) the AT&T building located near Adams St. The suspects fled the area and Ofc. Lambert recognized the suspect's description as being similar to juveniles who walked away from the Seneca Center earlier in the day. Officers flooded the area and eventually located the suspects. The juveniles were indeed the truant juve-

continued on page 31

continued from PAGE 2

Eating for Two Doesn't Mean Overindulging

prenatal vitamin they should take. The physician can recommend an over-the-counter brand or prescribe a prenatal vitamin.

Omega-3 fatty acids are also essential nutrients for pregnant women, but the only way to obtain them is through diet and fish oil supplements. They promote brain and eye development, according to Moore. Most pregnant women likely do not get enough omega-3 fatty acids because the major dietary source, seafood, is restricted to two servings a week, she added. Other sources include flaxseed and canola oil as well as walnuts.

"Eating a nutrient-rich diet not only promotes the baby's healthy development, it also helps pregnant women keep weight gain within healthy levels," Moore said. "Weight gain should range between 11 and 40 pounds depending on what women weigh at the beginning of the pregnancy. Women should consult their physician to determine how much weight they should gain for a healthy pregnancy."

To learn about Comprehensive Pregnancy and Newborn Services at Washington Hospital, visit whhs.com/womens-health. For information about Washington Hospital's Nutrition Counseling program, visit whhs.com/nutrition.

continued from page 3

Washington Hospital Earns Outstanding Achievement Award for Cancer Programs

and we compare our data with that of other cancer care providers across the nation through the National Cancer Data Base."

Dr. Sharma notes that Washington Hospital also participates in nationwide cutting-edge clinical oncology research trials through its affiliation with Stanford University and the Eastern Cooperative Oncology Group.

"We also have recruited a noted gynecologic oncologist, Dr. James Lilja, to develop a new program to manage clinical trials of new treatments for gynecological cancers such as cervical, ovarian and endometrial cancers," she adds. "Dr. Lilja now also has office hours here in Fremont so that women don't have to travel far from home to obtain gynecologic oncology surgery and follow-up care. We are continuing to invest in our program to stay at the leading edge of quality care."

Washington Hospital offers a robust community outreach program, according to Dr. Sharma. Some of the many services offered to the community include:

- Cancer support groups
- Free community lectures
- Free or low-cost mammography for uninsured women
- Skin cancer screenings

"We also work in partnership with the American Cancer Society in their research efforts and the Relay for Life fundraising campaign," she says.

Another accomplishment at Washington Hospital is the creation of a comprehensive Cancer Center, where a wide range of cancer care services are located close to one another.

"With our Infusion Center, Radiation Oncology Center and Breast Center all located within walking distance of each other, our patients don't have to travel to different locations for their various treatments," Dr. Sharma says. "We also have 'nurse navigators' in both the Infusion Center and Breast Center to help coordinate patients' care from diagnosis through treatment. In addition, we connect patients with resources for services such as physical therapy, social workers, spiritual care, advance directives, lymphedema treatment and resolving insurance issues."

For more information about Washington Hospital's wide range of cancer care services, visit www.whhs.com/cancer. There are currently more than 1,500 CoC-accredited cancer programs in the U.S. and Puerto Rico, representing 30 percent of all hospitals. CoC-accredited facilities diagnose and/or treat more than 70 percent of all newly diagnosed cancer patients each year. For more information about the American College of Surgeons' Committee on Cancer, visit www.facs.org/cancer/coc/cocar.html.

"Good sources of iron include lean red meat, poultry, and fish," she said. "Also good are beans, spinach, and fortified cereals."

Supplements Provide Key Nutrients

"Even if you eat a healthy diet, you can miss out on key nutrients," Moore said. "Pregnant women should take a prenatal vitamin daily throughout their pregnancy and while they are nursing."

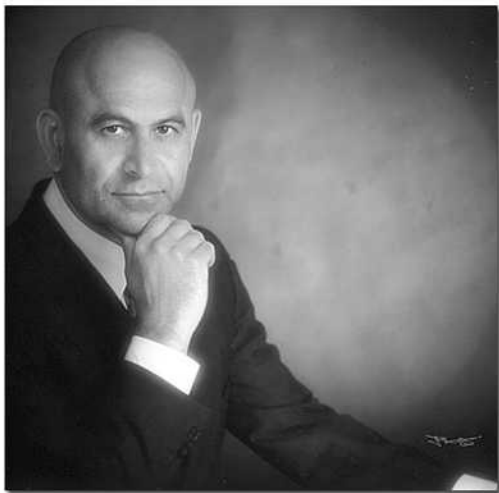
She said women should consult with their doctor to determine which

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TriCity Women's Club highlights 'Business and Action'

SUBMITTED BY EDITH LOONEY

The May 21st meeting of the TriCity Women's Club is "Business and Action." The 'Business' part will be election of officers for the upcoming year, and the 'Action' part is the presentation of a check for more than \$4,800 to Bernie Dutra, wife of former Assemblymember John Dutra, for the charity One Child. Fundraising has been on-going throughout the past year. Members have been paying to the charity through a monthly 50-50 raffle, personal donations, and last month's White Elephant sale. The charity offers school clothes and supplies to needy children in the area.

The hot lunch menu is meatloaf from Dina's Restaurant and is served at noon for a cost of \$18. Reservations are required. Call Pat @ 510-796-1229. Everyone is welcome.

If games are your thing, check in from 9 – 9:30 a.m. Various tables of games are available. The luncheon meeting is at the Fremont Elks Club on Farwell Drive near Mowry Avenue (38991 Farwell Drive).

The TcWclub is one of the oldest organizations in Fremont, started in 1963 as the Newcomers Club, a women-only organization. However, to maintain its non-profit standing, as with the formerly men-only clubs, this Club is now open to all. The annual dues for the organization are \$20. Much of the effort of the members goes to ease the burden of the less fortunate. Each year, money and goods are raised and donated to various charities in the area.

For more information and reservations, please call our Club President Marilyn Prows at 793-6830.

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Fremont Garden Club

The Fremont Garden Club meets the third Wednesday of each month, February - October, in members' homes & gardens, 6:30 p.m. - 8:30 p.m. Locations are posted on the Fremont Garden Clubs' web site at www.fremontgardenclub.org or email: fremontgardenclub@hotmail.com



PAT KITE

L. Patricia [Pat] Kite's several garden books include *KISS Guide to Gardening*, *Gardening Wizardry for Kids*, *Raccoons*, *Ladybug Facts and Folklore* and *Silkworms*. They may be found at Amazon.com and Alibris.com.

Aphid attack

BY PAT KITE

Yellowish aphids are feasting on my beautiful pink rose buds. At least I think they are beautiful, since all I see are aphids gorging. Aphids feed by inserting a needle-like beak into juicy plant parts. Through straw-like stylets within this beak, they suck plant sap. Sap is to plants as blood is to us. When too much sap is withdrawn [and yes, one aphid is quite teensy, but a plant can be infested with thousands] the plant gets sickly. Leaves may curl, yellow, or become distorted. Buds are no longer soft and flowers look weird.

Since aphids eat a lot, they also poop. Their poop is a sugary liquid called honeydew. If oodles of aphids are infesting a tree, honeydew will drop to whatever is under the tree. It may be your patio; it

may be your car. This is not so good for the finish on your car. I find aphids quite discouraging.

There are over 800 aphid species. They come in all colors: light green, red, pink, dark green, white, black, blue, yellow, dark brown. Each female can produce 100 offspring and each offspring has its own litter within a week. If you have nothing more interesting to do, take a magnifying glass into the infested area. Notice that the young may be lining up behind their mother in birth order, smallest to largest, like an assembly line without coffee breaks.

But, you ask, is there nothing "good" about aphids? Well, ladybugs like to eat them for breakfast, lunch, dinner and snacks. Last year I bought a batch of ladybugs. Of the 100 in the container, two stayed around. But it is worth a try, even though I don't

approve of plopping ladybugs into a stifling plastic container where many of them die. There is now a problem of ladybug disappearance in the wild. But that's another story.

You can try washing off aphids with a hose blast. My experience is this doesn't kill them. They just fall to the ground where, when dry, they meander back up on the plant or move on to neighboring plants. You can use systemic insecticides. These get into the plant sap, and when aphids suck the sap, they die. However, good insects that feed on a treated plant die too. I tend too use a mixture of the above methods, depending on my mood and the aphid population.

As a note, I tried to find out where the word "aphid" came from. The only thing that surfaced from a Google search was: "Aphid is the name of a heat-seeking missile, carried by MIG jet fighter planes, that hones in on an enemy jet's fiery exhaust." Happy gardening.

To my family and friends:

As I re-read my military email for the fourth time while sitting at my headquarters in Afghanistan this past August, I couldn't believe the words on the screen congratulating me on my selection for the rank of Brigadier General. It caught me completely by surprise because this is what happens to other people, not to me. The President of the United States had placed my name forward to the US Senate for confirmation on August 8, 2012 and on September 22, 2012, the Senate confirmed my ap-

Looking back, my family has always demonstrated patriotism and pride for our country. My father served in the Army during World War II, as did my Great Uncle Jimmie Ino, who left the internment camp to serve with the famous 442nd Regimental Combat Team. The amazing thing about my Uncle Jimmie is that while he earned the Purple Heart fighting to liberate those in Europe, his own family was confined within a barbed wire compound back in the middle of the Arizona desert. My Uncle Jiro Ino served with the Army during the Korean War and my Great Aunt Sue Kumagai retired as a Colonel in the Army Nurse Corps earning the Bronze Star Medal for her service in Vietnam.

Several of my uncles also served in the military, to include my Uncles Richard Yee (Army), Shiro Ino (Marines), Saburo Ino (Army), Ichiro Ino (Army Air Corps, then Air Force) and Dick Wong (Navy). And now today, I have two nephews serving in the military-Diego Vera (Army), who I served with in Iraq, and Carlos Vera (Marines), who is currently stationed in Okinawa. Including my service in Iraq and Afghanistan, we now have family members that have served in World War II, the Korean War, the Vietnam War, the Iraq War, and the Afghanistan War. It is now obvious that my inner drive and inspiration to serve in the military came from my family.

I recognize that any achievement is always underpinned by those we serve with and those that came before us. We don't get here on our own and there is really no such thing as a self-made individual-we always need some help. And so for all those that I have served with over the years and those that served before me, I am truly grateful. In addition to my parents, Gilbert and Michiko, I am thankful to have a great brother, Brendan, and sister, Grace Anne. Of course, a huge THANK YOU goes to Maria, my wife and partner of 27 years, and our three children, Gilbert, Michael, and Alissa. Any achievement great or small is meaningless unless you have someone to share it with. Our children don't get to choose their parents or get a vote in what their parents do, even if it takes them away from home and sends them half way around the world to a war zone. I am truly blessed.

Finally, on March 24, 2013, my promotion to Brigadier General became official and in a small private ceremony in the Pentagon, I raised my right hand and again swore my allegiance to support and defend the constitution of the United States of America. I've heard it said that military service is an affair of the heart. I believe this to be true.

Regards,
 BG Garrett Yee



pointment, all while I was still deployed.

I've heard it said that military service is an affair of the heart. I believe this to be true. My official military service started when I enrolled in the Reserve Officer Training Corps (ROTC) at Santa Clara University where upon graduation in 1987, I received a commission as a Second Lieutenant in the Army. Over the years, I have had some amazing experiences that have helped to shape me and become the person that I am today.

As a Soldier, I can think of nothing more meaningful than serving our Nation in the military during this time of war. At the same time, as a descendent of Chinese and Japanese parents, I find it inspiring to see how far we have come, especially given the challenges they lived through. As Japanese American migrant farm workers, my mother, Michiko Ino, and her family were ordered to an internment camp in Gila, Arizona during World War II. My father, Gilbert Yee, was told he couldn't become a school teacher because he was Chinese. Given what they had lived through, my parents would have never imagined their son reaching the rank of general. Yet, here I am today as a newly promoted Brigadier General.

Kids Day at Fremont Flowers

SUBMITTED BY KATHY KIMBERLIN

Bring your child or children to Fremont Flowers on Saturday, May 11, 10 a.m. – 2 p.m., and we'll help them make a flower arrangement for the special Mom in their life.

Fremont Education Foundation (FEF) board members will be at this event to help kids make the floral arrangements. Proceeds from donations of \$12 per child's bouquet (\$10 each additional) will benefit the Fremont Education Foundation.

Kids Day at Fremont Flowers
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Fremont Unified School District (FUSD) Board meeting report

ARTICLE AND PHOTO BY
MIRIAM G. MAZLIACH

The following are highlights from the Fremont Unified School District Board meeting held on April 24, 2013.



Robert Moran, Incoming Principal at Washington High School

Community

Leadership/Superintendent's Report:

Superintendent Dr. James Morris introduced Robert Moran who has been hired as Principal at Washington High School, effective July 1. Moran grew up in Fremont and attended schools here, graduating from Washington High in 1987. He is a graduate of UC Davis and holds a Masters of Fine Arts from San Jose State University. For the past 17 years, Moran has worked at Irvington High School, 12 years as an Art teacher and for the last five years, as an Assistant Principal and Vice-Principal.

Dr. Morris also reported that Sahir Qureshi, a 5th grade student at Niles Elementary School, won the California State Elementary Spelling Bee competition, held in Stockton on April 20.

Agenda Item – Receive the Proposed Enrollment Presentation:

A new centralized Enrollment Center will open at the District Office on July 1, and hopefully this process will make it easier for families and the school sites. Dr. Morris explained that this will take the burden off of schools and will not affect current staff. Enrollment will be streamlined throughout the year, not only during the summer. Moving to an online system, rather than filling out multiple forms will make it easier to update and disseminate information. For this first year, the focus will be on the initial enrollment function for kindergarten/elementary levels, and the assessment of language help, if needed. In year two, additional services and grade levels would be added on to the capabilities of the Enrollment Center.

Presenting more details regarding the proposed Enrollment Center were Dr. Deborah Sims, Assistant Supt. for Instruction and Director of Pupil Services, Rickey Jones. They explained that initially there were meetings held with District school secretaries to receive their input and discuss what the center could or should be – a “One Stop Service Center” designed to facilitate the enrollment process for families. Plans were then formulated. The first step would be for families to complete the enrollment application online. Then parents would be given an appointment time to come in and meet with a staff member at the Enrollment Center located in the District Office. Current staff members in Pupil Services and Language Assessment, plus one additional full time employee (hired through General Funds) would handle the work at the Enrollment Center.

Washington on Wheels will assist the District by providing immunizations and physical exams to uninsured students, to enable them to start school.

In other Agenda matters, the Board:

Approved and renewed COIL (Circle of Independent Learning) Charter School for a five-year period.

Approved the Uses of Categorical Funds-Pt.1

Received a presentation, by the Director of Child Nutrition Services, Elsie Szeto, on the recently conducted review of the District's food service program, by the National School Lunch Program.

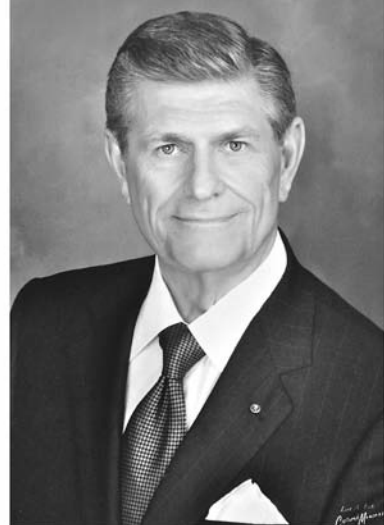


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BUSINESS



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Federal, State and Local government officials and members of the Fremont Chamber of Commerce welcomed Oorja Protonics, Inc. to its new location in the Warm Springs District of Fremont on May 2. Founder and CEO/President Dr. Sanjiv Malhotra accepted congratulations and proclamations noting that Oorja’s success is due to the hard work and loyalty of a dedicated team of employees. The term, “Oorja” from Hindi reflects the glow of energy, in this case an expression of both the product and personnel at this rapidly growing and environmentally sensitive company.

A myriad of uses and applications give Oorja a bright future; at the event, Dr. Malhotra announced “inking” a contract with HySA/Catalysis in South Africa to supply Oorja fuel cells for telecommunications equipment.

According to Dr. Malhotra, the technological advances of Oorja open “a new era in fuel cell commercialization.”

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Kaiser workers vote to stay

SUBMITTED BY SEIU-UHW

Members of the SEIU–United Healthcare Workers West (SEIU-UHW) at Kaiser Permanente hospitals and clinics across California voted to remain in their union, despite a concerted recruitment effort by the National Union of Healthcare Workers (NUHW) and the California Nurses Association (CNA). It was the largest private sector union election in the United States since 1941 at the Ford Motor Company.

The results - 18,844 (58.4%) for SEIU-UHW, 13,101 (40.6%) for NUHW, and 334 (1%) for no union - were tabulated Thursday, May 2 by the National Labor Relations Board after a two-day count of mail-in ballots. The result was virtually the same as the previous Kaiser election in 2010.

Rubio seeks to boost border language in new bill

BY ERICA WERNER
ASSOCIATED PRESS

WASHINGTON (AP), Florida Republican Sen. Marco Rubio says a new immigration bill he helped write, needs stronger border security provisions or it will fail in the House and may even have trouble getting through the Senate.

Rubio, who is the chief emissary to conservatives on the contentious legislation, said in a radio interview and in an opinion piece being published in Friday’s Wall Street Journal that he’s been hearing concerns in recent days that more work is needed to boost the bill’s language on the border and he said he’s committed to trying to make those changes.

In his Wall Street Journal piece, Rubio cited “triggers” in the bill that aim to make new citizenship provisions contingent on border security accomplishments. Critics say those provisions are too weak, because in some cases the Homeland Security secretary is tasked with undertaking studies –

continued on page 35

Convictions tossed for 4 LA-area city officials

AP WIRE SERVICE

LOS ANGELES (AP), A Southern California appeals court on Thursday threw out embezzlement charges against four officials from the small city of Irwindale who were accused of spending thousands of taxpayer dollars on baseball games and Broadway shows in New York.

The 2nd District Court of Appeal said in its decision that the four officials spent “shocking” amounts of city money and showed an “abuse of the public trust.” But the court said Los Angeles County prosecutors withheld two key documents from the grand jury that indicted them.

The documents “arguably would have shown that there was no deceit whatsoever,” the court wrote.

Five embezzlement counts apiece were thrown out for Councilmen Mark Breceda and Manuel Garcia, Finance Director Abe De Dios and former Councilwoman Rosemary Ramirez.

During trips to New York between 2001 and 2005, prosecutors say the four went to New York with the intent of improving the city’s bond rating but spent much of their time attending Broadway musicals like “Wicked” and New York Yankees baseball games. On one trip, the group stayed at the Ritz-Carlton Hotel and ran up a bill of \$62,000.

Prosecutors said the trips were paid for by a third party who was then reimbursed by the city.

But defense attorneys said their clients were unaware of the reimbursements and the appellate court agreed there was little evidence they willfully cheated the city.

continued on page 35

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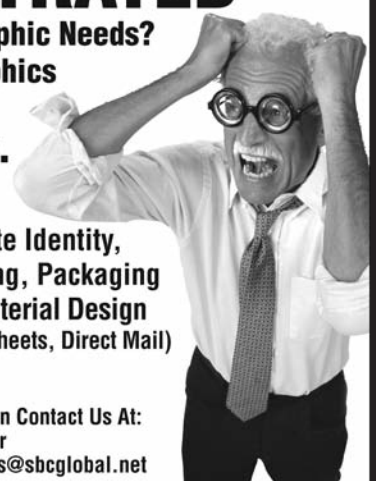
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World War II bomber takes to Hayward skies

BY JULIE GRABOWSKI
PHOTOS BY JULIE GRABOWSKI

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power engines; has a basic weight of 34,000 pounds; a wing span of 103 feet, 9 inches; can hold 1,700 gallons of fuel; is armed with 13 Browning M-2 .50 caliber machine guns; and has a cruising speed of



The Experimental Aircraft Association's (EAA) B-17 bomber "Aluminum Overcast" will be in Hayward May 10 - 12 giving the community a unique opportunity to experience living history. Also known as "The Flying Fortress," the B-17 is considered to be one of the greatest military planes ever built and one of the most well known types of aircraft from the World War II era. Built in 1945, the "Aluminum Overcast" was delivered to the Army Air Corps too late to see action in World War II, but was put to work over the years as a cargo hauler, used for aerial mapping, pest control, and forest dusting. In 1978 it was purchased by a group of investors called "B-17s Around the World" who wanted to preserve the history of the plane and restore it to its glory days. Maintenance and restoration costs drove the group to donate it to EAA in 1983. After 10 years of restoration work, "Aluminum Overcast" made it's first national tour in 1994. The aircraft is powered by four nine-cylinder, radial, air-cooled, 1,200 horse-

170 mph with a maximum speed of 300 mph at 30,000 feet. A ride on one of the few remaining air-worthy B-17s in the world is unforgettable, but for those who prefer to keep

their feet on the ground, walk-through tours of the plane will also be available. In conjunction with the presence of the B-17, Hayward Airport will host an Open House on Saturday, May 11 from 10 a.m. - 4 p.m. This free event treats attendees to a display of airplanes, a control tower tour and airplane rides for kids. Signs will be posted to show the way to both the B-17 location and the Open House. B-17 flights cost \$449 for non-EAA members if purchased in advance through

Wednesday, May 8, and \$475 after. Cost for members is \$409 in advance and \$435 after May 8. Book online at www.B17.org. Walk through tours begin after each day's flights. Ground tours are \$10 per person and free for veterans; discounts are available for large groups or families. Proceeds from the event helps to maintain the "Aluminum Overcast." A percentage also goes to EAA's Vintage Aircraft Association Chapter 29 in Hayward that promotes interest in aviation through the Young Eagles program. For more information, visit www.B17.org or contact EAA's B-17 Tour Office at 1-800-359-6217. To learn more about Young Eagles or to sign up, contact Pat Polehla at youngeagles29@aol.com.



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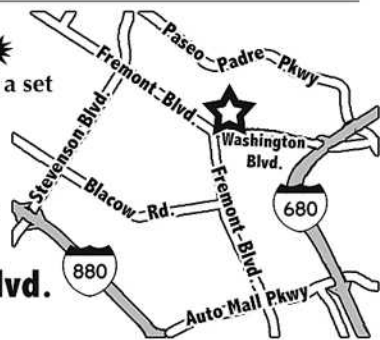
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At Alston Montessori Middle and High School students do not just learn in the classroom, they also try to put those lessons into practice in the real world. Following in the Montessori tradition of "learning by doing" the students have been working hard to become diplomats, politicians and orators by attending Model United Nations (MUN) and Junior State of America (JSA) conventions all over Northern California. According to 10th Grader, Abizer Lokhandwala, these lessons really do take root.

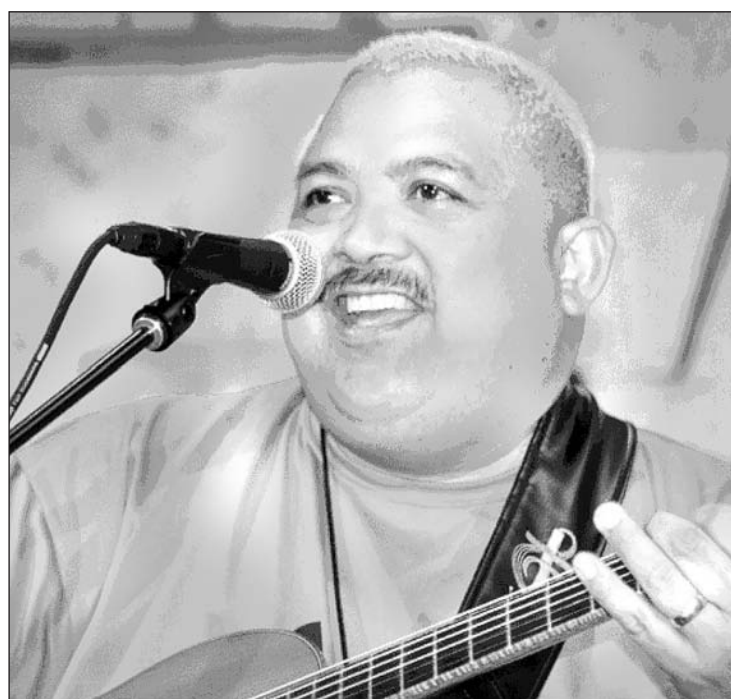
"My experience at Model UN and JSA has been very rewarding. I have had the opportunity to speak at many debates on controversial topics, and learned many important things about public speaking, campaigning, and people in general. This knowledge has applications not only in politics, but in almost everything - the ability to speak is crucial for success in life, and Model UN and JSA really teaches and enforces this skill."

But it is not just debate and public speaking that the students learn, they also learn valuable life skills "The one thing that all us MUN and JSA-goers share: the dedication not only to express ourselves but to hear others out" said 9th grader Rishabh Singhal, "a skill I wish politicians would share" he added.

"We try to impress upon the students that they are learning to be responsible adults and so we have them model that behavior," said their advisor and history teacher, Carter McCoy. "Plus as a very small school I believe it is important to get the students engaged with the outside world as frequently as possible. It helps them develop socially and academically but they also have a great time doing it. Both Model UN and JSA are great programs and allow opportunities for students to develop leadership skills, organizational acumen and confidence as well."

But what really impressed some of the students about the JSA Spring State convention was the student run nature of the event. "The convention was completely student run, but felt like a professional conference." Said Devin Bog, a 9th grader at the school as they packed up the van and headed home. Added Mr. McCoy "It's great that the Montessori philosophy allows us the freedom to bring classroom lessons to life."

To learn more about Alston Montessori Middle and Early College High School program please visit www.alston.org or attend their New Parent Information Night, May 9th beginning at 5 p.m. 750 Witherly Lane, Fremont CA 94539. Please call 510-445-1127 to reserve your seat.



Jesse Manibusan concert and alumni mixer

Jesse Manibusan is one of the nation's most recognized Catholic musicians. He has played for two popes and has performed for World Youth Days, as well as in hundreds of concerts throughout the United States, Canada, and Europe. On Friday, May 17 join Manibusan for an evening of music, storytelling, and laughter.

CSUEB alumni are invited to attend a Pre-Concert Mixer to meet Manibusan at 5:45 p.m. at All Saints Catholic School Auditorium in Hayward. Wine and appetizers will be served. Reservations are required. RSVP for the mixer by May 10 to Jonnie Banks at (510) 363-8599 or e-mail jbanks66@sbcglobal.net. The concert will follow at All Saints Church at 7 p.m.

Concert tickets are \$15 adults, \$10 ages 13 and under, or \$45 for a Family Pack (four tickets). All tickets will be \$5 more at the door. Proceeds will benefit Cal State University East Bay/Hayward Catholic Club and All Saints Youth Ministry. Tickets are available at the Parish office, (510) 581-2570. For more information, call Jonnie Banks or email CSUEB.CatholicMinistry@gmail.com.

Jesse Manibusan

CSUEB Alumni Mixer and Concert R\$

Friday, May 17

Mixer: 5:45 p.m. - 7 p.m. (CSUEB alumni only)

**All Saints Catholic School Auditorium
22870 Second Street, Hayward
(510) 363-8599**

Concert: 7 p.m. - 9:30 p.m.

All Saints Church

**22824 Second St., Hayward
(510) 581-2570**

CSUEB.CatholicMinistry@gmail.com

Tickets: \$10 - \$15 (\$5 more at the door)

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sound of talent!



SUBMITTED BY MOLLEEN BARNES, SUPERINTENDENT
PHOTO COURTESY OF NATALIE CAMPBELL

On Thursday, April 19, the Sunol Glen Community was given a double treat with our first ever Art Show coupled with the annual Talent Show. Talent displayed in both venues was truly amazing! The Art Exhibit was held in the cafeteria where colorful displays of visual delights were hung on panel boards so that visitors could walk through the rows and see a wonderful array of work.

Art Teacher Natalie Campbell inspired young budding artists to explore such topics as water colors, tempura paint, burlap stitching samplers, silhouettes made from pens, collages using torn paper, and surrealism with colored pencils, etc. The artwork went up for sale and buyers were provided with instant framing. Sales were brisk and the school sold out of frames very quickly.

After browsing through the visual feast, folks were then invited into the auditorium to observe the talent of Sunol Glen students. This annual event is coordinated by another talented teacher, Melody Mayer. Two 8th graders, Katelyn Olsen and Olivia Whitaker, who have been friends since Kindergarten, dedicated the opening song, "For Good" to the graduating 8th grade class. Other acts by students – kindergarten to 8th grade - included pianists, singers, cup rhythms, gymnasts, dancers, and comedians.

A special thank you goes to Chris Olsen (for the art display idea and construction), Annalise Olsen, Alyson Whitaker, and Frank and Jenny Huang (for their hard work in creating the display panels).

It was definitely a successful evening that put smiles on everyone's faces and a feeling of gratitude for being able to be a part of a community that places such high value on the arts! Go Eagles!



Cargill volunteers
contribute to Earth Day

SUBMITTED BY JILL SINGLETON

Earth Day brought a record-breaking heat wave to Newark and an intrepid group of volunteers who braved the elements to make significant improvements to Birch Grove Community Park. Thanks to a \$5,000 donation by Cargill and the 14 company volunteers who sweated for hours under the hot sun, the park has a new look and safer playground.

Volunteers came from all parts of Cargill's nearby solar salt-making operations and for a variety of reasons. Jes Erickson-Camarena wanted to show his environmental dedication. Eric Huynh likes the outdoors. "Why wouldn't you hop on a chance to be out in the sun?" he asked. Joseph Fuentes chose to volunteer, simply because: "I volunteer a lot, with church and stuff."

Under the direction of Newark Public Works Maintenance Superintendent Bob Costa, Cargill volunteers were split into two work teams. One team planted a row of 15-gallon Live Oak and Canary Island Pine trees and cleaned up a large area between the parking lot and tennis courts. The other team spread approximately 25 truckloads, or nearly 100 cubic yards of wood chips throughout the two active playgrounds. For safety reasons, the wood chips are supposed to be at least six-inches deep, to soften the falls of the children.

Costa and two of his park maintenance staffers helped put the finishing touches on the work and shared a pizza and salad lunch at the park with the Cargill volunteers, which included: Al Caspersen, Tom Bertram, Will Pomale, Michele Donahue, Eric Huynh, Jes Erickson-Camarena, Chris Silvernale, Joseph Fuentes, Ryan Kesterson, Roger Sotto, Salvador Espinoza, Ruth Rubin, Pat Mapelli, and Jill Singleton.

Appreciation for Cargill's efforts was immediate. Nearby resident Ashley Blanco, who regularly brings her toddler nephew Cody to the park, arrived as the transformation was taking place and expressed both her amazement and gratitude. "This is a lot safer for the kids to come and play," she said.

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Public Hearing and
Community Meeting

on Proposed Changes to AC Transit Bus Service

New plan would make service in central and south Alameda County more reliable, frequent, and predictable. We'd like your input!

Line changes proposed: 85, 99, 212, 215, 216, 232, 251, 275, M

New line proposed: 200

Line eliminations proposed: 68, 242, 264, 314/356, 332, 333, 345, 350, 391, DA (Most discontinued service will be covered by other new or restructured lines.)

Community Meeting

Tuesday, May 14

5:00–7:00 p.m.

California School for the Blind

500 Walnut Ave.

Fremont

Public Hearing

Wednesday, May 22

5:00 p.m.

Fremont City Hall

Council Chambers

3300 Capitol Ave., Bldg. A

Fremont

At the public hearing on May 22, the AC Transit Board will also receive comment on previously implemented changes in downtown Hayward.

For details on the proposed changes and how to comment, visit www.actransit.org.

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THE GREAT DUCK RACE!

By Tanya Chettri

Imagine a blue lake turning yellow! That happened at Lake Elizabeth on Saturday, April 27 as a flock of 6565 yellow rubber ducks raced across the calm waters. These racers were part of a fundraiser organized by the Kiwanis club of Fremont. "This is the 19th year that we have organized this unique duck race," said Shirley Sisk of the Kiwanis Club. "This year close to 30,000 dollars will be raised through this event." That's not bad for a day of fun, supporting local organizations including the Child Abuse Prevention Agency, Music for Minors II, Arts in Schools, and Meals on Wheels.

The Fremont Fire Department provided a fire truck to bring the little duckies

and Fire Captain Rick, Officers Dan and Tim helped the ducks along their way by creating a current using a fire hose. Officer Dan really enjoyed being there "This is a great event – no emergencies for a change; everyone just enjoying themselves!" he said with a smile. Four-year-old Jason from Fremont was so excited watching the ducks go; 'I like everything – but the big fountain of water that blew the ducks forward is the best!'

A carnival atmosphere prevailed as children played games of shoot the hoop, ring toss and putt-putt golf. All games were organized by high school students from Kiwanis 'Key Clubs' at local high schools. Some spectators were also hoping to come home with prizes such as spa sessions, Disney vacations, cash and the



great grand prize of a new car, donated by event sponsors. However, whether or not Lady Luck was with participants, all

had a good time and many community organizations were the beneficiaries of another successful duck race.

Building Safety Month



SUBMITTED BY KEYVAN IRANNEJAD, P.E., CITY OF MILPITAS

For the past eight years, the Milpitas Building and Safety Department has participated in National Building and Safety Month to help raise public awareness of building safety. During the month of May, our department will participate in a public outreach effort to inform the public about Energy Efficiency & Green Building, Disaster Safety & Mitigation, Fire Safety & Awareness and Backyard Safety.

Building Safety Month
Thursdays, May 9 & 30
Milpitas Library 160 N. Main St., Milpitas
www.ci.milpitas.ca.gov

Kaiser medical centers recognized

SUBMITTED BY JESSIE MANGALIMAN

Kaiser Permanente's medical centers in Fremont and Hayward have been named winners of a national award from Practice Greenhealth, a national organization that promotes green practices, construction and resource conservation in health care.

The "Partner Awards," for Fremont Medical Center and Hayward Medical Center are two of 29 awards received recently by Kaiser Permanente facilities around the country, 15 in Northern California. The Fremont Medical Center was cited with a "Partners for Change" award, and Hayward Medical Center was recognized with a "Partner Recognition," for starting an environmental-stewardship program and achieving at least a 10 percent recycling rate for solid waste.

"These awards reflect the work that Kaiser Permanente is making system-wide in saving energy, purchasing safer materials, sourcing sustainable food and reducing waste," said Tom Hanenburg, Senior Vice President and Area Manager for Kaiser Permanente, Southern Alameda County.

For more information, visit: kp.org



Ready, Set, Recycle Sort-off champion, Kristin Kohn, with her son Beckett, receives a \$125 grand prize check.

Earth Day learning at recycling facility

SUBMITTED BY LAUREL O'BRIEN
PHOTO BY EMILY HAGOPIAN

April is always a special time of year for countless environmental enthusiasts, especially in the Bay Area with its myriad Earth Day events. On April 20, 2013, more than 340 East Bay residents received a unique eye-opening experience to reinforce the connection between everyday choices and their impact on the planet's finite resources at the Waste Management of Alameda County's Davis Street Resource Recovery Complex (Davis Street), San Leandro.

Activities at the free event included tours of the 52-acre, state-of-the-art Davis Street Resource Recovery Complex, where more than two million pounds of materials are processed for recycling each day.

The "Ready, Set, Recycle" contest, sponsored by StopWaste.org, awarded Kristin Kohn from Livermore with the grand prize of \$125 for her recycling expertise.

Families and their children took a close look at compost and the critters that inhabit it, made their own paper and learned about creative re-use and green building design at learning stations at the irecycle@school Education Center.

All visitors received free WM EarthCare™ Homegrown Compost. Locally sourced and produced from 100 percent recycled materials, WM EarthCare™ is a recipient of the U.S. Composting Council's Seal of Testing Assurance (STA) and the Organic Materials Review Institute (OMRI) listing for use in organic farming, the industry standards for quality. For more information, visit wmearthcare.com.

"It's so important to challenge people while they're still young to reject this concept that trash simply goes 'away' once it's picked up," said Rebecca Jewell, Waste Management Recycling Program Manager, Davis Street. "We take pride in our ever-expanding efforts to 'close the loop' on waste materials and encourage a greater understanding in children and adults alike to reduce their carbon footprint."

For more information, visit www.stopwaste.org and www.wm.com

An innovative style of senior living

SUBMITTED BY CHARLOTTE HALL

I want to be at home, no matter where I may reside. Don't you? I want that for my mom and dad, and I want that for every elder in this country – no matter how frail or how much nursing care they need. Why would we expect our aging and frail elders to give up home – just when they need it the most?

The Household Model is a powerful answer. From coast to coast, nursing homes, assisted living, and even friend groups of independent and healthy elders are shaping into small, shared households of 8 to 20 people. There's a kitchen and living room and privacy and autonomy. There's often a front porch, backyard, and a car. There's daily life to be lived – breakfast when you want, eating what you want; a chance to help with lunch if desired; housework that can be contributed to; opportunities to have friends over to show off that apple pie recipe; there

is grocery shopping to be done; plans to be made for the evening or the coming weekend. People can come over for coffee and a little chit chat.

In recognition of Older Americans Month in May, Sisters of the Holy Family are hosting an informational program about this innovative style of senior living. At a presentation on May 16, LaVrene Norton, MSW, will talk about The Household Model as described in her book "In Pursuit of the Sunbeam," co-authored with Steve Shields. The session will provide a round-robin visit through images, stories, and video into a half dozen care homes deeply engaged in renovating and reorganizing into home.

Norton is Executive Leader of Action Pact, LLC. Milwaukee, WI, a national organization specializing in transforming senior retirement communities and care organization into pleasant environments through the development of households and resident directed life. She is publisher of Culture Change Now, a magazine dedicated

to promoting change strategies in elder services, and is co-author with Carmen Bowman of "Vibrant Living, Inspirations to Energize Vibrant Life."

This program will be of interest to seniors, their families, and senior care providers, and is free of charge. Be inspired to learn more and consider getting your aged care community excited to embark on this great adventure.

The Household Model
Thursday, May 16
6:45 p.m. – 8:15 p.m.
Sisters of the Holy Family Auditorium
159 Washington Blvd., Fremont
(510) 624-4500
www.culturechangenow.com
Free

'The Wonderful Wizard of Oz' dazzles audiences



Dorothy played by California School for the Deaf student (CSD), Christina Call and the Tinman played by Jacob Pfau-Martinez, also a Junior at CSD.

SUBMITTED BY
JULIE REMS-SMARIO

On April 30th and May 1st, the California School for the Deaf invited Deaf and hard-of-hearing students from mainstream schools in Northern California to attend CSD's Annual High School Play, The Wonderful Wizard of Oz, a performance in American Sign Language (ASL). There was no admission charge for the mainstream schools students. The students had lunch and mini campus tours afterwards.

During March and April, JAC Cook, CSD Educational Consultant, visited the mainstream schools to familiarize the Deaf students with the play's storyline. This American classic is based on the 1900 novel The Wonderful Wizard of Oz by L. Frank Baum. This story became one of the best known films of all time, produced by Metro-Goldwyn-Mayer in 1939, notable for its use of

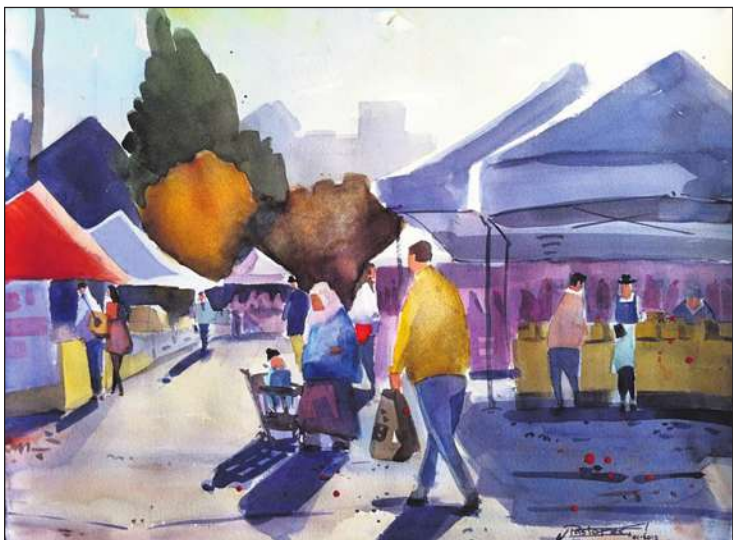


Tinman (Jacob Pfau-Martinez, 11th grade), Lion (Tirzah Farley, 11th grade), Dorothy (Christina Call, 11th grade) and Scarecrow (Yordi Morales, 11th grade), brainstorming on how to get to the Emerald City.

special effects with Technicolor.

"It is always wonderful to have Deaf and Hard of Hearing students from other schools come here to watch our spring plays every year. It is not often that they have the opportunity to see

other students like themselves giving a full performance in the language they use. I have received letters from some of these students telling me how much they loved the plays," said Ethan Bernstein, CSD Dean of Student Life.



World View: Landscape in Contemporary Art

SUBMITTED BY
CHRISTINE BENDER

Sun Gallery is delighted to announce the opening of "World View: Landscape in Contemporary Art," a new exhibit that is open now through June 1. The term "landscape" can be broadly applied to many artistic compositions and approaches. Traditionally, it describes the depiction of natural scenery such as mountains, valleys, trees, rivers, and forests. It can also cover the representation of the urban environment and, more broadly speaking, landscape may act as a background for figurative work where the narrative of the completed artwork relies upon the interaction of the two.

This exhibition explores the dimensions and boundaries of how we experience landscapes by bringing together juried submissions from artists working in different media and across genres. By juxtaposing ideas and approaches, the exhibition creates an interactive landscape of its own in which visitors are invited to take part.

"World View: Landscape in Contemporary Art" draws together over 30 Bay Area and Central Valley artists working in painting, photography, and sculpture. Artists include: Alex Miloradovich, Amy Nelson Smith, Betty Isabel Ferguson, Christa Schanda, David Miller, Eugenia Man, Fleur Spolidor, Glenna Mills, The DePietro Collective, Dr. Htain Win, Jane Neilson, Jimin Lee, Jorge Iniguez, Justine Pastores, Larry Bendoski, Linda Longinotti, Lynn McGeever, Mercie Harris, Tino Banuelos, Weite Ter Haar, Jon Neseth, Nina Starr, Patra Steffes, Robert Wolff, Larry Van Deusen, Joanie Miller, Maureen Langenbach, Peter Langenbach, Tiffany Ciccio, Loretta Siegel, and Jun Oregana.



World View: Landscape in Contemporary Art
Through June 1
Wednesday-Saturday:
11 a.m. – 5 p.m.
The Sun Gallery
1015 E St., Hayward
(510) 581-4050
sungallery@comcast.net
sungallery.org



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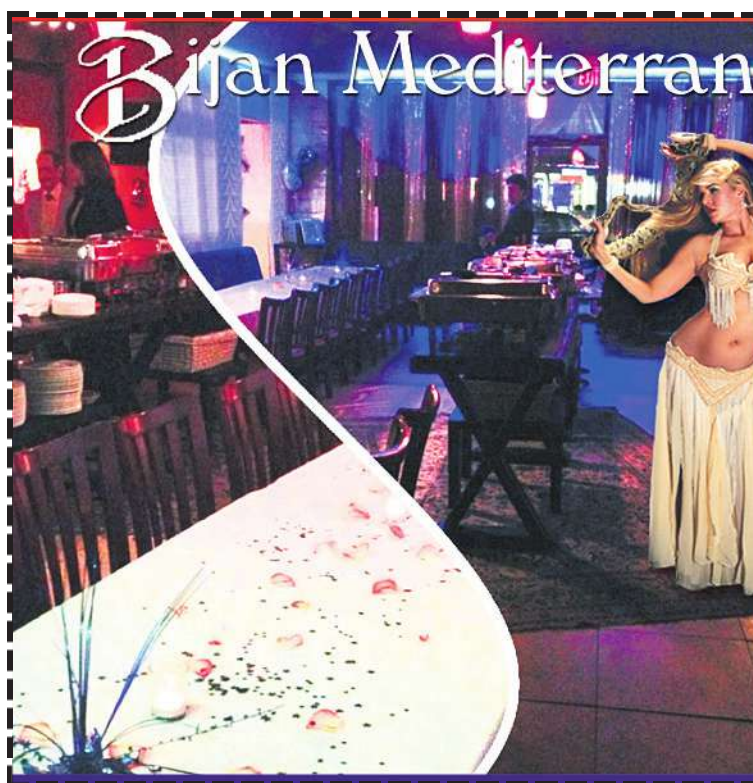
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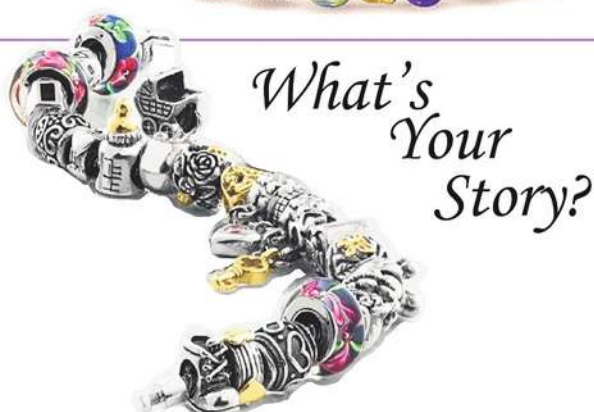
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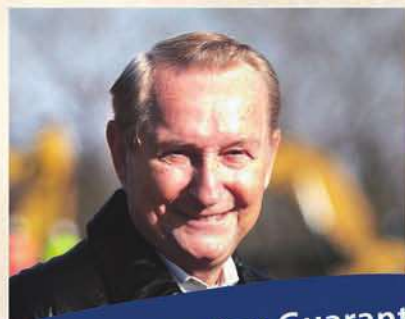


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Taking care of your family is my passion and an extremely personal experience. As my mother's caregiver, I faced the challenge of caring for her and was determined to find a superior senior community where she could be independent and enjoy her life. That's when I made a commitment to build caring, family-based communities to meet her needs and the needs of other seniors, too. Carlton Senior Living offers vibrant activities, fun outings, fresh meals, and live entertainment, with staff that is well trained, caring and family-oriented. Please call today to schedule a tour.

Tom MacDonald
Founder

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At Carlton Plaza of Fremont, residents are as independent as possible, with quality care when they need a little extra help. Because when you come to Carlton Plaza of Fremont, we know you're not merely moving. You're relocating your life. Your lifestyle. Your way of living. We do not want you to just move *in*, we want you to move *home*.

Please call to schedule a tour and complimentary luncheon!



Carlton Plaza of Fremont
3800 Walnut Avenue • Fremont
(510) 505-0555
Lic. No. 015600118

CarltonSeniorLiving.com



Mother's Day Champagne Brunch

Sunday, May 12th 2013, 10am - 3pm

The Hilton Newark / Fremont would like to invite you to treat Mom to a wonderful display of culinary delights in an elegant environment ideal for bringing the family together to celebrate Mother's day in style!

Our Champagne Brunch includes all you can eat Pasta, Salad, Seafood, and Entrée stations as well as all of your favorite traditional Brunch items. From Eggs Benedict to Carved Baron of Beef, it's all here at the Hilton.

Live Music provided by

**Magnolia
Jazz
Band**

Adults: \$45.00, Seniors \$40.00

Children (6-12) \$25.00

Prices do not include Tax & Service Charge

510-490-8390
39900 Balentine Drive, Newark
www.newarkfremont.hilton.com

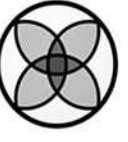


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Certification #32839 Dianne

How the years change our Mom

Age 6: "Mommy, I love you."
Age 10: "Mom, whatever!"
Age 16: "My Mom is so annoying!"
Age 18: "I want to move out!"
Age 25: "Mom, you were right ..."
Age 30: "I want to go see Mom."
Age 50: "I don't want to lose my Mom."
Age 70: "I would give up everything for Mom to be here with me."

May we always honor and thank our beautiful Mothers.

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Fremont

510-797-3695
www.fremontchurchofchrist.org

Whoever Drinks Of The Water
That I Will Give Him
Shall Never Thirst; But The Water
That I Will Give Him
Will Become In Him
A Well Of Water Springing Up
To Eternal Life
John 4:14

AA Meetings Every Tues
and Thurs Evenings
7:30-9:30pm
In Spanish
In the Fellowship Hall

Services

Sunday: 10:45am
and 6pm
Wednesday: 7:30pm

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



Continuing Events

Monday, Mar 12 - Friday, Jun 14

Apocalypse & Adaptation: How Catastrophes Shape Society

11 a.m. - 4 p.m.
Exhibit exploring the relationship between humans & catastrophes
Cal State East Bay University, C.E. Smith Museum of Anthropology
Meiklejohn Hall, Rm. 4047
25800 Carlos Bee Blvd., Hayward
(510) 885-7414

Wednesdays, Mar 13 - Jun 12

Walk this Way: Ages 55+

10:30 a.m. - 12 noon
Program integrates walking, flexibility & strength
Kennedy Community Center
1333 Decoto Rd., Union City
(510) 574-2053

Monday, Mar 18 - Thursday, May 16

Photo Exhibition

Mon: 5 p.m. - 10 p.m.
Tues & Thurs: 10 a.m. - 1 p.m.
Over 200 pictures from patrons & students
PhotoCentral
1099 E St., Hayward
(510) 881-6721
www.photocentral.org

Monday, Mar 29 - Friday, May 30

Mark Mertens Pastels

9 a.m. - 5 p.m.
Pastel work of Castro Valley artist
Hayward City Hall
777 B St., Hayward
(510) 538-2787
www.haywardarts.org

Monday, Jun 24 - Friday, Aug 8

Ohlone for Kids \$R

8 a.m.
Summer enrichment program
Registration begins April 1
Ohlone College
43600 Mission Blvd, Fremont
(510) 742-2304

Thursdays, Apr 11 - May 30

Newark Police Department

Citizen Police Academy
5:30 p.m. - 9:00 p.m.
Participants learn about local law enforcement
Newark City Council Chambers
37101 Newark Blvd., Newark
(510) 578-4352
www.newark.org

Saturdays, May 4 thru May 18

Community Emergency Response Team Classes

9:00 a.m. - 3:30 p.m.
Learn how to prepare & respond in a disaster
City Hall
34009 Alvarado Niles Rd., Union City
(510) 675-5401

Tuesday, May 7 - Friday, May 10

Emerging Works \$

8 p.m.
Spring theatre offerings
Chabot College
25555 Hesperian Blvd., Hayward
(510) 723-6600
www.chabotcollege.edu/Theater-Arts/

Wednesday, May 8 - Saturday, Jun 1

World View: Landscape in Contemporary Art

11 a.m. - 5 p.m.
Painting, photography & sculpture
Sun Gallery
1015 E St., Hayward
(510) 581-4050
www.sungallery.org

Arts & Entertainment

Friday, May 10 - Sunday, Jun 2

The Unexpected Guest \$

Fri & Sat: 8 p.m., Sun: 2 p.m.
Agatha Christie murder mystery
Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
www.chanticleers.org

Thursday, May 10 - Sunday, Jun 8

Textile Exhibition

7 p.m. - 9 p.m.
Innovative art work with textiles & fibers
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivegydeartguild.org

Tuesday, May 7

Assemblyman Bill Quirk's Community Assistance Program

12 noon - 2 p.m.
Information & discussion of proposed legislation
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900

Wednesday, May 8

UC Youth Commission Monthly Meeting

4 p.m.
Teen leadership program for grades 7 - 12
Union City Teen Center
1200 J St., Union City
(510) 675-5600
www.UnionCity.org

Wednesday, May 8

Leadership Fremont Class of 2013 - \$R

12 noon - 2 p.m.
Luncheon & graduation ceremony
Washington Hospital
2500 Mowry Ave., Fremont
(510) 795-2244

Wednesday, May 8

Guest Artist Charlotte Severin Demo

7 p.m.
Painting on Yupo paper
Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905
www.FremontArtAssociation.org

Wednesday, May 8

Ohlone Tuba Ensemble Pops Concert \$

7:30 p.m.
Featuring music from Broadway, film & pop culture
Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.com

Wednesday, May 8

Find it Fast! Internet Introduction for Kids

4 p.m.
Workshop for grades 4 - 6 using laptop computers
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

Wednesday, May 8

Job Search Workshop: Successful Interviews

3:30 p.m. - 5:00 p.m.
Learn & practice interview skills
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

Thursday, May 9

Celebration of Life Event - R

7:00 p.m. - 8:30 p.m.
Cancer survivors, an inspirational evening
Washington Hospital
2500 Mowry Ave., Fremont
(800) 963-7070



Ohlone Music Department presents

Ohlone Community Band and the Ohlone Tuba Ensemble

POPS CONCERT

DIRECTED BY Tony Clements

MAY 8 Wed at 7:30pm

featuring music from Broadway, film and pop culture including Star Trek and Fiddler on the Roof, and Tubas of the Apocalypse.



Misson Peak Brass Band

MAY CONCERT

DIRECTED BY Tony Clements
GUEST ARTIST Lydia Busler-Blais, Horn

MAY 10 Fri at 8pm

featuring Hoagy Carmichael's Stardust



Ohlone Chamber Singers

AMERICAN A CAPPELLA

CONDUCTED BY Michael Morris

MAY 11 Sat at 8pm

featuring music from Kirby Shaw, Samuel Barber, Randall Thompson, Eric Whitacre and more!

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Tue-Thu 12-7pm; Fri & Sat 12-5pm,
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* Other restrictions may apply

Exp. 5/30/13

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**6170 Thornton Ave.,
Suite 1, Newark**

Friday, May 10

The Science of Story \$R

6:00 p.m. - 7:30 p.m.

Storytellers & animators from Pixar Studios speak

Chabot Space & Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300

Friday, May 10

Mission Peak Brass Band \$

8 p.m.

30-piece brass band plays standards music

Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.com

Friday, May 10 - Sunday, May 12

B-17 "Aluminum Overcast" \$

10 a.m. - 1 p.m.

See a World War II bomber airplane

Hayward Executive Airport
20301 Skywest Dr., Hayward
(510) 259-1062
www.B17.org

Friday, May 10

Media Festival

5 p.m. - 9 p.m.

Awards show & silent auction

Irvington High School
41800 Blacow Rd., Fremont
(510) 590-7510

Saturday, May 11

Canine Capers Dog Walk - R

9 a.m. - 2 p.m.

Nature walk with your four-legged friend

Sunol Regional Wilderness
1895 Geary Rd., Sunol
(888) 327-2757

Saturday, May 11

Workshop Productions \$

7:30 p.m.

Spring theatre offerings

Chabot College
25555 Hesperian Blvd., Hayward
(510) 723-6600
www.chabotcollege.edu/Theater-Arts/

Saturday, May 11

Fairy Houses and Gnome Homes \$

10 a.m. - 4 p.m.

Scavenger hunt & magical stories

McConaghy Victorian House
18701 Hesperian Blvd., Hayward
(510) 581-0223
www.haywardareahistory.org

Saturday, May 11

Marble and Molding \$R

10 a.m.

Learn about Victorian architecture

Meek Mansion
17365 Boston Rd., Hayward
(510) 581-0223
www.haywardareahistory.org

Saturday, May 11

Empowering Social Service Ministry

1:30 p.m. - 5:00 p.m.

Workshop focused on Catholic Social Teaching

Fremont Holy Spirit Church
37588 Fremont Blvd., Fremont
(510) 797-1660

Saturday, May 11 - Sunday, May 12

Mother and Me Champagne Tea \$R

11:00 a.m. & 2:30 p.m.

Celebrate Mother's Day

Children's menu available
Tyme for Tea & Co.
37501 Niles Blvd., Fremont
(510) 790-0944

Saturday, May 11

Hayward Hills Challenge 5k \$R

7:30 a.m. - 1:00 p.m.

5k run & kids fun run

Cal State East Bay Universit
25800 Carlos Bee Blvd.,
Hayward
(510) 885-3824

Saturday, May 11

Indo-American Charity Ball \$R

6:30 p.m.

Dinner, dancing & entertainment

Newark-Fremont Hilton Hotel
39900 Balentine Dr., Newark
(510) 490-8390
www.indoabc.com

Saturday, May 11

Ohlone College Super Flea Market \$

8 a.m. - 3 p.m.

Support Ohlone College programs

Ohlone College
43600 Mission Blvd., Fremont
(510) 659-6285

Saturday, May 11

Healthy Kids Fitness Expo

10 a.m. - 2 p.m.

Exhibits, activities & food to promote a healthy lifestyle

Silliman Activity Center
6800 Mowry Ave., Newark
(510) 742-4400

Saturday, May 11

Hayward Airport Open House

10 a.m. - 4 p.m.

Free airplane rides for kids, exhibits, food & prizes

Hayward Executive Airport
20301 Skywest Dr., Hayward
(510) 293-8678

Saturday, May 11

Learn to create a water garden

11 a.m.

Design & maintenance ideas for patio or yard

Dale Hardware
3700 Thornton Ave, Fremont
(510) 797-3700
www.dale-hardware.com

Saturday, May 11

Nursery School Open House

10:00 a.m. - 11:30 a.m.

Learn about preschool options

For ages 2 - pre-kindergarten
Fremont Parents' Nursery School
4200 Alder Ave., Fremont
(510) 793-8531
www.fpns.org

Saturday, May 11

"Blue Gold: World Water Wars"

1:30 p.m.

Documentary film about world water crisis

Niles Discovery Church
255 H Street at 3rd, Fremont
510-797-0895

Saturday, May 11

Spring Fever Car Show

9 a.m. - 3 p.m.

Cars, food & live entertainment

Niles District
Niles Blvd., Fremont
(510) 792-8023
www.nilesmerchants.com

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Fremont Hills is offering a variety of
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Alzheimer's - to dealing with
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Our goal is to help educate and
highlight these issues for our
residents, their loved ones, and the
entire Fremont Community

Mother's Day Brunch

Sunday May 12 11:30am - 1:30pm

Strawberry and Spinach Salad
Apricot Glazed Ham
Lemon Chicken Piccata
Fresh Seasonal Roasted Vegetables
Fresh Seasonal Fruits

Cheese Blintzes and Jam
Assorted Muffins and Danish
Cherry Cheesecake
Juices and Mimosas
Coffee and Tea

\$12.50 Adults - \$6.00 Children

Mothers Day Reservations 510-796-4200

35490 Mission Blvd.
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HIALEAH, FL.— An ingredient often used to treat inflammation in race-horse legs, is now back on the market in its original doctor recommended clinical strength formula.

According to a national drug survey, the formula at one time became so popular that it rose to the top of pharmacy sales for topical pain relievers. But the company marketing the product at the time changed the formula and sales plummeted. One of the inventors of the original formula has brought it back under the trade name ARTH ARREST and says it can relieve pain for millions.

ARTH ARREST works by a dual mechanism whereby one ingredient relieves pain immediately, while a second ingredient seeks out and destroys the pain messenger signal before it can be sent to the brain. Considered a medical miracle by some, the ARTH ARREST formula is useful in the treatment of painful disorders ranging from minor aches and pains to more serious conditions such as arthritis, bursitis, rheumatism, tendonitis, and more.

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Next Flea Market

**SATURDAY
May 11**

Ohlone College - 43600 Mission Blvd., Fremont

Saturday, May 11**Movie Night \$**

7:30 p.m.

*"Rubber Tires," "Over the Top," & "Officer 444"*Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411**Saturday, May 11****Kids Day Fundraiser \$**

10 a.m. - 2 p.m.

*Benefit for Fremont Education Foundation*Fremont Flowers
36551 Fremont Blvd., Fremont
(510) 797-1136**Saturday, May 11****Rummage Sale Fundraiser \$**

8 a.m.

*Benefit for Africa Vulnerable Children's Project*41706 Marigold Dr., Fremont
(510) 329-8034
www.livingcompassion.org**Sunday, May 12****Gifts from Nature for Mom**

10 a.m. - 12 noon

*Make a necklace or potpourri. Ages 7+*Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220**Sunday, May 12****Gardening Expert Bob Tanem Live**

8 a.m. - 11 a.m.

*KSFO 560 live radio show broadcast*Dale Hardware
3700 Thornton Ave, Fremont
(510) 797-3700
www.dale-hardware.com**Sunday, May 12****Laurel & Hardy Talkie Matinee \$**

4 p.m.

*Special Mother's Day presentation*Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411**Monday, May 13****Bingo Luncheon \$**

12 noon

*Lunch, bingo & raffle*Benefit for Meals on Wheels
Eagles Hall
21406 Foothill Blvd., Hayward
(510) 785-8174**Monday, May 13****Crossroads Classic - Golf for a Great Cause! \$**

1 p.m.

*Golf, box lunch, raffle & prizes*Benefit for SAVE
Sunol Valley Golf Club
6900 Mission Rd., Sunol
(510) 793-5683
www.save-dv.org**Monday, May 13****CLP Construction Job Recruitment Event**

10 a.m.

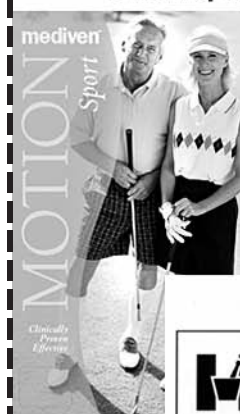
*Opportunities for laborers, carpenters & certified electricians*Ohlone College Newark Center
39399 Cherry St., Newark
(510) 794-3879**Saturday, May 18****Fremont Symphony presents: Timothy Zerlang \$R**

8 p.m.

*Classical piano music, wine, hors d'oeuvres, & prizes*RSVP by May 11
Mission San Jose Museum
43300 Mission Blvd., Fremont
(510) 793-6375

Tired, Aching legs? Get relief at our Leg Health Week!

Wednesday May 15th - 9:30am - 4pm
A Medi Rep will be available to answer questions



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- ☒ Relieve the pain of mild varicose veins
- ☒ Improve blood flow
- ☒ Revitalize your legs

National Science Bowl

SUBMITTED BY THE DEPARTMENT OF ENERGY, PUBLIC AFFAIRS OFFICE

A team from Hopkins Junior High School, Fremont, placed third in the Middle School Division at the 2013 National Science Bowl, held April 25 – 29 in Washington, D.C. Team members are: Catherine Zeng, Jeffrey Liu, Tomas Choi, David Hsu, and Sayan Ghosh. They were coached by Anja Crickmore and Paul Cornett. They received \$1,000 for their school's science department as well as a trophy and individual medals. (This year's championship team in the middle school competition was Creekside Middle School from Carmel, Indiana.)

In the High School Division at the National Science Bowl, Fremont's Mission San Jose High team placed fifth. They received \$1,000 for the school's science department. Team members are: Audrey Huang (captain and senior), Adi Jung (senior), Raymond Liu (senior), Krishna Bharathala (junior), and Kelvin Lu (sophomore). The coaches are Peter Geschke and Julie Raymond. (In the high school competition, the first place team was from Mira Loma High School in Sacramento.)

"Congratulations to our new National Science Bowl Champions, as well as to all of the finalists," said Acting Secretary of Energy Secretary Daniel B. Poneman. "They represent America's future in science, technology and engineering. As leaders of the next generation of our Nation's innovators, they can sharpen America's competitive edge in a rapidly-advancing world."

Additional information about the teams and the National Science Bowl is available at: <http://science.energy.gov/wdts/nsb/>

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For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org.
Times & Stops subject to change

Tuesday, May 7
9:45–10:15 Daycare Center Visit - UNION CITY
10:45–11:15 Daycare Center Visit - FREMONT
2:15 – 3:00 Daycare Center Visit - NEWARK
4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT
5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

Wednesday, May 8
12:45 – 2:15 Glenmoor School, 4620 Mattos Drive, FREMONT
3:50 – 4:20 California School for the Deaf, 39350 Gallaudet Dr., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday, May 9
10:00–10:30 Daycare Center Visit - SAN LORENZO
10:45–11:30 Daycare Center Visit - CASTRO VALLEY
1:00 – 2:00 Fame Charter School, 16244 Carolyn St., SAN LEANDRO
2:25 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD

Monday, May 13
9:30–10:05 Daycare Center Visit - UNION CITY
10:25–10:55 Daycare Center Visit - UNION CITY
1:45–2:45 Delaine Eastin School, 34901 Eastin Dr., UNION CITY
4:15–4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY
5:15–6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday, May 14
9:15–11:00 Daycare Center Visit - FREMONT
2:00–2:30 Daycare Center Visit - FREMONT
2:30 – 3:25 Cabrillo School, 36700 San Pedro Dr., FREMONT
4:45 – 5:30 Baywood Apts., 4275 Bay St, FREMONT
5:50 – 6:30 Jerome Ave. and Ohlones St., FREMONT

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Wednesday, May 15
1:45-3:00 Foothill School, 1919 Landess Ave., MILPITAS
3:15-3:45 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

Sunday, May 12th

Remember Mom

with a beautiful
plant from the
Nursery at
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SPORTS

Kennedy victory tightens race for title

Men's Baseball

SUBMITTED BY MIKE HEIGHTCHEW
PHOTO BY MIKE HEIGHTCHEW

In Mission Valley Athletic League (MVAL) baseball on May 1, John F. Kennedy's Titans again beat the James Logan Colts to put the league in a tight contest for the championship. With the Titan triumph 3-0, Colt aspirations were muted; a second upset as the American Eagles defeated the Washington Huskies 6-3, tightened the league even more.

With only five games left in the season, MVAL is no longer dominated by any single team. The Titans put on an impressive performance as the shut down the Logan offense and played great defense throughout the game. In the top of the second inning, Titans catcher made the defensive play of game as he tagged Logan's Isaiah Bond at home plate to stall Colt momentum. Titan Darren Williams had a good day on the mound, holding the Colts to three hits.

Titan hitting stars of the day were Raiden Dancil, Ronnie Lozano and Pablo Artero with big hits at critical times. Pablo Artero relieved Williams at the mound and closed the game for the Titans.



Tri-City Thunder White wins Gamechangers Championship



SUBMITTED BY ARAVINDAN RAMAN

On Saturday, April 27, the Tri-City Thunder White U13 squad went 3-0 at Gamechangers in Hayward to claim the Saturday-Only Tournament Championship. In Game One, the Thunder rolled to victory over the Bears 58-34. Merced Vega paced the Thunder with 12 points. The Thunder overwhelmed the Lodi Nitro 66-31 in Game Two behind EJ Millora's 14 points and 12 apiece from Jerome Concepcion and Rahul Nayyar.

The championship was sealed when, in the final game of the day, the Thunder dominated the Young Go Getters with a 48-15 win. Millora again led the way with 11, while Alex Wu chipped in 10 points. Tri-City Thunder White players include: Jordan Aguana, Jerome Concepcion, Joey Hua, EJ Millora, Rahul Nayyar, Mike Rodrigues, Merced Vega, Alex Wu

James Logan v Washington

Badminton

SUBMITTED BY KIMVAN NGUYEN
April 30, 2013

James Logan 15, Washington 2
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Vikings outscore Eagles

Men's Baseball

SUBMITTED BY DENNY MARTINEZ AND MAXPREPS

Offenses dominate as the Irvington Vikings outscored the American Eagles 9-8 on May 3. Fans were treated to a high-scoring affair as the teams combined for 25 hits, including seven extra base hits. For most of the contest, the teams traded runs resulting in six lead changes.

The Irvington Vikings Varsity pulled out the win thanks to a strong ninth inning. A wild pitch scored Blake Belias to give the Vikings the lead for good. Isaac Cruz got it done on the mound on the way to a win. He pitched three shutout innings and surrendered no hits. Vikings Devin Martinez, Daniel Parsons and Cruz combined for seven hits and four RBIs.

The top of the first saw the Irvington Vikings Varsity take an early lead, 4-0. Cruz kicked things off for the Vikings with a single. Parsons doubled, plating Tommy Bass, Cruz and Martinez. More runs came home when Parsons scored on a sacrifice fly by Adam Vilaflor.

American pushed across two runs in both the first inning and the third. In the first, American scored on an RBI single by Hockett, bringing home Ott. American answered the Viking onslaught with two runs of its own in the third. American scored on a two-run single by Hockett. In the fifth, American answered as it scored one run of its own on a groundout by Kay.

Weibel chess girls win national championship

SUBMITTED BY ALAN M. KIRSHNER, PH.D.

The United States Chess Federation held the 2013 All-Girls Nationals in Chicago, April 26-28. Sponsored by the Kasparov Chess Federation, the tournament drew 280 girls from all over the nation. The Renaissance Knights Chess Federation of Illinois organ-



Weibel Girls receive their first place trophy from Garry Kasparov, former World Chess Champion and human rights activist in Russia. From left to right: Anvi Surapaneni, Garry Kasparov, Serafina Show and Sara Kaushik. (Desiree Ho is not shown)

ized the record-breaking event at which Garry Kasparov, former World Chess Champion and human rights activist came from his home in Russia to sign his books and be photographed with individual and team trophy winners. A number of girls from the Tri-City area competed. However, Weibel Elementary School of Fremont was the only Tri-City school to send a team.

Weibel is known nationally for its exceptional chess program. Weibel teams have won a section or more at the California Chess Girls State Championship every year since inception. In 2011, Weibel teams won both the under 8 and under 10 divisions of the All-Girls Nationals. This year, Weibel entered seeded third in the under 12 section behind strong teams from Intermediate School 318 from New York and Bull Run Elementary School from Virginia. Both teams won sections of the All-Girls Nationals in 2012. Weibel placed second to Bull Run in 2012 in the under 10 section. IS 318 was the subject of an award winning documentary last year titled "Brooklyn Castle." The film highlighted how IS 318, an inner city school, successfully incorporated chess in its curriculum and culture.

The girls played six games of chess over a period of three days. Each game can last as long as three hours and



15 minutes. Yes, the Nationals are often an endurance competition along with chess. The tournament started Friday night with the Mayor of Chicago, Rahm Emmanuel, welcoming all the players to his city. Round one followed the Opening Ceremonies. For the first three rounds, the three top teams remained tied for first place. After round four, the scoreboard showed Weibel in the lead by one point. The Weibel girls knew they would have a tough fifth round as they would have to play very strong opponents. While they lost all but one of their games, the players from the other top teams did not fair much better.

At the end of the fifth round, all three teams were once again tied for first place. The Weibel girls' spirit remained high. Ted Castro, owner of the NorCal House of Chess in Fremont and a chess teacher, who the Weibel girls affectionately call "Teddy Bear," appeared unannounced at our team room - a large suite one of the Weibel parents, with her usual kindness, provided the players. Ted had decided to fly to Chicago not only to help the Weibel girls but also to cheer on his other students from the Bay Area. I believe Ted Castro, through his NorCal House of Chess has worked with all but two of the Bay Area girls that attended the Nationals. He has become known as "Teddy Bear, The Trainer of Champions."

Dr. Alan Kirshner, the Weibel Team Coach, gave a hard hitting and moving "locker room" talk to the girls as they went into the sixth and final round. The Weibel girls left the team room energetic and confident of victory. Serafina Show, Weibel's top ranked player, was facing a player from IS 318. Her victory there would assure the team of

at least second place. Serafina, with her usual joie de vivre, bounced into the Team Room to announce her victory. Now we had to await the final results. One of the Weibel parents did some reconnoitering and announced victory. The cheers went up and cartwheels appeared. Dr. Kirshner asked the parents what their impression of the upset victory was and they exclaimed almost in unison: "Unreal!" The Weibel girls who created this successful outcome were: Serafina Show (5th grade), Desiree Ho (6th grade), Sara Kaushik (6th grade) and Anvi Surapaneni (4th grade). Serafina and Desiree also won individual trophies.

This upset victory increased Weibel's victories at chess nationals to five. All have occurred in the last three years. Added to the other national titles mentioned earlier, Weibel won the Primary School Nationals in 2010 and the Elementary Nationals in 2012, Weibel has the distinction of having won more chess national titles than any other school in California.

Other Tri-city players also won trophies at this record-breaking event. Annapoorni Melyappan tied for sixth place in the under 8 section. Chenyi Zhao from Chadbourne Elementary School tied for second and Antara Garai from Ardenwood tied for eighth place in the under 10 section.

Other Tri-city girls travelled to Chicago to compete in the All-Girls Nationals. All played very well but missed out on winning one of the 15 trophies in each section. Tri-City competitors included: Kavya Sasikumar (Mission San Jose ES) in the under 10 section, Sara Kaushik (Weibel) and Anvi Surapaneni (Weibel) in the under 12 section and Veronica Show (Horner) in the under 14 section.

Schilling wins basketball championship

SUBMITTED BY CHERYL GALVEZ

Schilling Elementary School won the boys championship basketball game vs. Kennedy Elementary School in an exciting game on April 26. The championship matchup concluded the Newark Unified School District and Newark Recreation and Community Services "March Madness" Tournament which included all eight elementary schools in Newark.

Schilling lost a game early in the tournament season to Kennedy by 1 point, so everyone knew it would be an exciting game. Within a few points the entire game, Schilling trailed until the last two minutes of the game pulling ahead to win the championship 25-20.

The Schilling boys worked very hard under the leadership of Coach Miller. Way to go Schilling!



Vikings drop a close one

Men's Baseball

SUBMITTED BY DENNY MARTINEZ AND MAXPREPS

On May 1, the Irvington Vikings Varsity dropped a close contest in seven innings with the Mission San Jose Warriors 6-5 despite efforts of Devin Martinez who went 1-1. Martinez reached base four times with a single in the first inning. Brandon Facha recorded the win for Mission San Jose. He allowed three runs over five innings; struck out six, walked four and surrendered four hits. Mission closer Thomas Rodriguez put away the final six outs to record the save.



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PUBLIC NOTICES

continued on page 29

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG13677766
Superior Court of California, County of Alameda
Petition of: Gladys Dannett Howard for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Gladys Dannett Howard filed a petition with this court for a decree changing names as follows:
Gladys Dannett Howard to Donne Tyra Howard
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 08-23-13, Time: 8:45 am, Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City Voice
Date: May 1, 2013
Winifred Y. Smith
Judge of the Superior Court
5/7, 5/14, 5/21, 5/28/13

CNS-2480905#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG13676861
Superior Court of California, County of Alameda
Petition of: Yen, Yung-Sen & Chen, Shu-Chuan for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Yen, Yung-Sen & Chen, Shu-Chuan filed a petition with this court for a decree changing names as follows:
Yen, Tzu-Chin to Yen, Tzuchin Renee
Yen, Tzu-Han to Yen, Tzuhan Benoit
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 7/26/2013, Time: 8:45 AM, Dept.: 504
The address of the court is 24405 Amador St., Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Whats Happening Tri City Voice
Date: April 24, 2013
WINIFRED Y. SMITH
Judge of the Superior Court
4/30, 5/7, 5/14, 5/21/13

CNS-2478008#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. GH13671005
Superior Court of California, County of Alameda
Petition of: Airalee Tan, Airalee and Joel on behalf of Jace Tan-Wong, a minor for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Airalee Tan, Airalee and Joel on behalf of Jace Tan-Wong, a minor filed a petition with this court for a decree changing names as follows:
Airalee Noreen Tan to Airalee Studley
Jace Robin Tan-Wong to Jace Robin Studley-Wong
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: Friday, June 7, 2013, Time: 8:45 am, Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice
Date: March 13, 2013
C. Don Clay
Judge of the Superior Court
4/23, 4/30, 5/7, 5/14/13

CNS-2474661#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG13675673
Superior Court of California, County of Alameda
Petition of: Maria Rebecca Posadas Monta for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Maria Rebecca Posadas Monta filed a petition with this court for a decree changing names as follows:
Maria Rebecca Posadas Monta to Rebecca Posadas Monta
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: June 28, 2013, Time: 8:45 am, Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening's Tri City Voice
Date: April 16, 2013
Winifred Y. Smith
Judge of the Superior Court
4/23, 4/30, 5/7, 5/14/13

CNS-2474427#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG13668670
Superior Court of California, County of Alameda
Petition of: Paul Terschuren for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Paul Terschuren to Paul Terschuren
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: Friday May 31, 2013, Time: 8:45 am, Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice
Date: February 25, 2013
C. Don Clay
Judge of the Superior Court
4/23, 4/30, 5/7, 5/14/13

CNS-2473509#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG13674451
Superior Court of California, County of Alameda
Petition of: Raghunatha Balaji Krishnamurthy for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Raghunatha Balaji Krishnamurthy filed a petition with this court for a decree changing names as follows:
Raghunatha Balaji Krishnamurthy to Raghunatha Krishnamurthy Balaji
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any

person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 07/05/13, Time: 8:45am, Dept.: 504
The address of the court is 24405 Amador St., Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What Happening Tri-City Voice
Date: Apr 05, 2013
WINIFRED Y. SMITH
Judge of the Superior Court
4/16, 4/23, 4/30, 5/7/13

CNS-2472025#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG13674457
Superior Court of California, County of Alameda
Petition of: Badrinarayana Shwetha Alampalli for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Badrinarayana Shwetha Alampalli filed a petition with this court for a decree changing names as follows:
Badrinarayana Shwetha Alampalli to Shwetha Badrinarayana Alampalli
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 07/05/13, Time: 8:45 AM, Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri City Voice
Date: April 05, 2013
WINIFRED Y. SMITH
Judge of the Superior Court
4/16, 4/23, 4/30, 5/7/13

CNS-2472017#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 477632
The following person(s) is (are) doing business as:
Subway #28652, 2075 Newark Mall Road, Newark, CA 94560, County of Alameda
JPT Management, LLC, 2075 Newark Mall Road, Newark, CA 94560
This business is conducted by a Limited Liability Company.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ John Percival Torres, Managing Member
This statement was filed with the County Clerk of Alameda County on April 26, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
5/7, 5/14, 5/21, 5/28/13

CNS-2479065#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477496
The following person(s) is (are) doing business as:
Ice Beatz, 42840 Christy St. Suite 231, Fremont, CA 94538, County of Alameda
Ice Beatz, Inc., 42840 Christy St. Suite 231, Fremont, CA 94538; Delaware
This business is conducted by a Corporation.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 3/25-13.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Alex E. Henry Jr., CEO
This statement was filed with the County Clerk of Alameda County on April 23, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
4/30, 5/7, 5/14, 5/21/13

CNS-2478514#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477794
The following person(s) is (are) doing business as:
Catalyst Ventures, 42840 Christy St. #231, Fremont, CA 94538, County of Alameda
Catalyst Ventures Group, Inc., 42840 Christy St. #231, Fremont, CA 94538; Delaware
This business is conducted by a Corporation.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 4-1-13.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Alex Henry, CEO
This statement was filed with the County Clerk of Alameda County on April 23, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
4/30, 5/7, 5/14, 5/21/13

CNS-2478506#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477495
The following person(s) is (are) doing business as:
Alternative Methods, 42840 Christy St. Suite 231, Fremont, CA 94538, County of Alameda
Alternative Methods, Inc., 42840 Christy St., Suite 231, Fremont, CA 94538; Delaware
This business is conducted by a Corporation.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 3/25/13.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Alex E. Henry Jr., CEO
This statement was filed with the County Clerk of Alameda County on April 23, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
4/30, 5/7, 5/14, 5/21/13

Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
4/30, 5/7, 5/14, 5/21/13

CNS-2478490#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477491
The following person(s) is (are) doing business as:
ACA Intl., 42840 Christy St. #231, Fremont, CA 94538, County of Alameda
ACA Intl, Inc., 42840 Christy St. #231, Fremont, CA 94538; Delaware
This business is conducted by a Corporation.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 4/1/13.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Aileen Simmons, CEO
This statement was filed with the County Clerk of Alameda County on April 23, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
4/30, 5/7, 5/14, 5/21/13

CNS-2478481#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477202
The following person(s) is (are) doing business as:
Technical Service Corp. (TSC), 3178 Laurelvew Court, Fremont, CA 94538, County of Alameda
Optoma Technology, Inc., 3178 Laurelvew Court, Fremont, CA 94538; California
This business is conducted by a Corporation.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 2/28/2003.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Hans Wang, Executive Vice President
This statement was filed with the County Clerk of Alameda County on April 15, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
4/30, 5/7, 5/14, 5/21/13

CNS-2478478#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 476949
The following person(s) is (are) doing business as:
WHAT'S HAPPENING'S TRI-CITY VOICE, 39377 PASHA DRIVE, PARKWAY, SUITE D, FREMONT, CA 94538 MAILING ADDRESS: 39120 ARGONAUT WAY #335, FREMONT, CA 94538, County of ALAMEDA
WHAT'S HAPPENING, INC., 39120 ARGONAUT WAY #335, FREMONT, CA 94538 (CALIFORNIA)
This business is conducted by a CORPORATION
The registrant(s) commenced to transact business under the fictitious business name or names listed above on JANUARY 14, 2002
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ WILLIAM MARCHIAK, PRESIDENT
This statement was filed with the County Clerk of Alameda County on APRIL 8, 2013
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
4/30, 5/7, 5/14, 5/21/13

CNS-2478354#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477211
The following person(s) is (are) doing business as:
Whipple 17-76, 2492 Whipple Road, Hayward, CA 94544, County of Alameda
Almond Enterprises, 38345 Blacow Road, Fremont, CA 94536; CA
This business is conducted by a Corporation.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 1/9/83
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Erin Almond, Vice President
This statement was filed with the County Clerk of Alameda County on April 15, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
4/30, 5/7, 5/14, 5/21/13

CNS-2475538#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 476974
The following person(s) is (are) doing business as:
Everything Green, 44268 Fremont Blvd., Fremont, CA 94538, County of Alameda
Chantal Vuong, 2086 Danderhall Way, San Jose, CA 95121
Lacey Tran, 1765 Landess Ave., #37, Milpitas, CA 95035
This business is conducted by a General Partnership.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
This statement was filed with the County Clerk of Alameda County on April 8, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
4/23, 4/30, 5/7, 5/14/13

CNS-2473760#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477196
The following person(s) is (are) doing business as:
Mission Palm Dental, 43625 Mission Boulevard, Suite 208, Fremont, CA 94539, County of Alameda; Mailing Address: 2701 Decoto Road, #4, Union City, CA 94587, Alameda County
Herbert Chiu, D.D.S., a Professional Corporation, 2701 Decoto Road, #4, Union City, CA 94587; California
This business is conducted by a Corporation.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 04/18/2008.
I declare that all information in this statement is true and correct. (A registrant who declares as

true information which he or she knows to be false is guilty of a crime.)
/s/ Herbert Chiu, D.D.S., President
This statement was filed with the County Clerk of Alameda County on April 15, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
4/23, 4/30, 5/7, 5/14/13

CNS-2473532#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477198
The following person(s) is (are) doing business as:
Mission Palm Dental Associates, 43625 Mission Boulevard, Suite 208, Fremont, CA 94539, County of Alameda; Mailing Address: 2701 Decoto Road, #4, Union City, CA 94587, Alameda County
Herbert Chiu, D.D.S., a Professional Corporation, 2701 Decoto Road, #4, Union City, CA 94587; California
This business is conducted by a Corporation.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Herbert Chiu, D.D.S., President
This statement was filed with the County Clerk of Alameda County on April 15, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
4/23, 4/30, 5/7, 5/14/13

CNS-2473519#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477198
The following person(s) is (are) doing business as:
Mission Palm Dental Group, 43625 Mission Boulevard, Suite 208, Fremont, CA 94539, County of Alameda; Mailing Address: 2701 Decoto Road, #4, Union City, CA 94587, Alameda County
Herbert Chiu, D.D.S., a Professional Corporation, 2701 Decoto Road, #4, Union City, CA 94587; California
This business is conducted by a Corporation.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Herbert Chiu, D.D.S., President
This statement was filed with the County Clerk of Alameda County on April 15, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
4/23, 4/30, 5/7, 5/14/13

CNS-2473513#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 476610
The following person(s) is (are) doing business as:
Nina's Bode LLC, 1037 B Street #B, Hayward, CA 94541, County of Alameda
Nina's Bode, LLC, 1037 B Street, #B, Hayward, CA 94541; California
This business is conducted by a Limited Liability Company.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Melody Baca, President/CEO
This statement was filed with the County Clerk of Alameda County on March 27, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
4/23, 4/30, 5/7, 5/14/13

CNS-2473503#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477108
The following person(s) is (are) doing business as:
Pamper Gem and Jewelry, 47978 Warm Springs Blvd., #G, Fremont, CA 94539, County of Alameda, P.O. Box 276, Fremont CA 94537
Abdullah Azzizi, 37950 Fremont Blvd., #67, Fremont, CA 94537
This business is conducted by an individual
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 4/11/13
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Abdullah Azzizi
This statement was filed with the County Clerk of Alameda County on April 11, 2013
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
4/16, 4/23, 4/30, 5/7/13

CNS-2472311#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 476742-43
The following person(s) is (are) doing business as:
Omex Office Maintenance Experts & Reven Facility Services, 45268 Industrial Drive, Fremont, CA 94538, County of Alameda
Reven Management Corporation, California, 7438 Inverness Street, San Ramon, CA 94583
This business is conducted by a Corporation
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 3/27/2013
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Alex Prasad, President
This statement was filed with the County Clerk of Alameda County on April 7, 2013
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

4/16, 4/23, 4/30, 5/7/13

CNS-2471680#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477051-52
The following person(s) is (are) doing business as:
(1) Elasor, (2) Duce & Luey's, 36724 Cedar Blvd., Newark, CA 94560, County of Alameda.
Rosalie Duinistra, 36724 Cedar Blvd., Newark, CA 94560.
This business is conducted by an individual.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Rosalie Duinistra
This statement was filed with the County Clerk of Alameda County on April 10, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
4/16, 4/23, 4/30, 5/7/13

CNS-2471656#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477051
The following person(s) is (are) doing business as:
Cabrillo Mom's Family Restaurant, 4949 Stevenson Blvd., Ste. L, Fremont, CA 94538, County of Alameda
Esperanza Berm

OPINION



WILLIAM MARSHAK

Simple answers

relates to work quality, standards of living, job security, longevity and a myriad of additional factors are ignored.

Is parity between public and private sector jobs a goal or should something else be considered? Are the economic requirements of living in the Bay Area so onerous that the middle class will soon be a remnant of the past? Is our nation headed for a nationalized economy in which all income for the un-wealthy depends on government jobs? It may be that we are already there... have you traveled to work on days of government holidays?

US Representative Eric Swalwell (CA-15) noted at a recent Legislative Meeting held by the City of Fremont that the middle class of many countries is growing, yet in danger of collapse in the United States. The term "innovation" was used but methods to revitalize our private economy are still far from common practice. The path from poverty to wealth often relies on ports of call in the middle class. Without it, our nation's journey, already troubled, leads to a perilous and uncertain future.

As we struggle to face the challenges of today's economy, conclusions from existing data should be drawn carefully, in the same way that mathematical representations of the same data can lead to different results. For instance, a sales increase of 50 percent represents a much different return for a company that started with \$1,000 of sales in relationship to another company that began with \$100,000 of sales. Each company has its

own costs associated with these sales and the resulting profit may hinge on many other factors besides the extra income received.

A quick review of raw data is a valid beginning, but not the end of a discussion. While it is not only helpful, but necessary to gather relevant facts, it is the use of those facts that is meaningful. American journalist and critic Henry Louis Mencken (H.L. Mencken) was known in the early decades of the 20th Century for his quick wit and cynical observations of American life. Addressing complexity, his satirical observation of simplistic remedies is not only humorous but makes a scathing and often valid point...

For every complex problem there is an answer that is clear, simple, and wrong.

H.L. Mencken

Let's keep this in mind when seeking simple solutions to complex problems. We need a strong economic team - public and private - to make the best use of our opportunities.

William Marshak
PUBLISHER

When momentous or catastrophic events occur, news media of one sort or another is faced with a flood of information. Depending on the institution and required speed of response, sorting, reducing and refining the facts can be a daunting task. The challenge of responsible, mainstream media is to present information in a clear, concise and accurate manner that can be received by the public with the least bias possible.

Unfortunately, at times, simply revealing facts without understanding what they represent can be misleading and detrimental to finding equitable and sound solutions. Magicians know this and rely on visual misrepresentation to accomplish the seemingly impossible. I watch with amazement each time a newspaper conglomerate publishes salaries of people in public service, evoking great outcry without much else. You can sell a lot of newspapers this way, but underlying issues of how compensation

‘Make it in America’ jobs plan includes energy bill

SUBMITTED BY ALLISON BORMEL

Rep. Eric Swalwell's (CA-15) bill, H.R. 1022, the Securing Energy Critical Elements and American Jobs Act 2013 is included in the House Democratic Leadership's "Make it in America" jobs plan for the 113th Congress. The 'Make it in America' agenda, led by Democratic Whip Steny Hoyer, focuses on creating the best conditions for American businesses to manufacture their products, innovate and create jobs right here in the U.S. The new 'Make It In America' legislation was announced on April 10, 2013.

Currently, China generates 97 percent of the world's energy critical elements supply, also known as rare earth elements, which have applications in everyday smart phones, clean tech innovations like hybrid cars and U.S. military needs, such as cruise missiles. H.R. 1022 aims to ensure a reliable supply of rare earth elements by directing the Department of Energy (DOE) to create research opportunities for university students in rare earths so America can develop a national technical expertise in the field. It also establishes a DOE loan guarantee program to spur private investment in the innovative technologies that will enable the United States to recycle or more efficiently use rare earth elements, or extract them responsibly.

"Reinvigorating our manufacturing sector is the best way to create high-skill, high-wage jobs that won't be outsourced. Right now, China controls our rare earth elements supply and the manufacturing benefits that result but we can change this through smart investments in our talents and technologies," said Rep. Swalwell. "I am proud that my bill was selected to be part of the Democrats' 'Make It In America' jobs plan which rightfully supports the development of a strong and competitive manufacturing base, so we can accomplish our bipartisan goal of putting more Americans back to work."

The 'Make It In America' legislation is focused on making progress in four key areas: developing a national manufacturing strategy, increasing manufacturing exports, encouraging businesses to bring innovation and jobs back home, and investing in training and securing a 21st century workforce.

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B. A. NATURAL HEALING

Classic Chinese Medicine

**Natural Healing for
Acid Reflux**

Acid reflux is painful. Food and acid splash into the esophagus and cause belching, heartburn and, in some severe cases, chest pains.

FREE Consultation

510-999-2678

650 Mowry Ave., Fremont

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PUBLIC NOTICES

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law. (See Section 14411 et seq., Business and Professions Code). 4/16, 4/23, 4/30, 5/7/13

CNS-2469671#

GOVERNMENT

CITY OF UNION CITY
DEPARTMENT OF PUBLIC WORKS 2013
SLURRY SEAL PROJECT
CITY PROJECT NO. 13-03

Notice to Contractor

Sealed proposals for the work shown on the plans entitled: 2013 Slurry Seal Project, City Project No. 13-03 will be received at the office of the City Clerk of the City of Union City, City Government

Building, 34009 Alvarado-Niles Road, Union City, California, until Thursday, May 23, 2013, 2:00 P.M., at which time they will be publicly opened and read in the Council Chambers of said building. The Contractor shall possess a Class A – General Engineering or C-12 – license at the time this contract is awarded. Bids are required for the entire work described herein. This contract is subject to the State contract nondiscrimination and compliance requirements pursuant to Government Code Section 12990. Plans, specifications and proposal forms to be used for bidding on this project can only be obtained at the Department of Public Works, 34009 Alvarado-Niles Road, Union City, California, or by calling (510) 675-5308. In addition, you may call (510) 675-5308 for a copy of the Plan Holder's List. Plans and specifications fees are as follows: NON-REFUNDABLE FEE OF \$40.00 PER SET WHEN PICKED UP AT THE PUBLICWORKS' COUNTER OR \$50.00 IF REQUESTED TO BE MAILED General Work Description: The work to be done, in general, consists of grinding/milling of existing asphalt concrete pavement, asphalt concrete spot repairs on various roadways, hot mix asphalt paving, provide associated traffic control measures, lane & crosswalk striping, and other such items indicated and required by the plans. Standard Specifications, and the technical specifications. All questions should be faxed to Murray Chang at (510) 675-5311 or email murrayc@unioncity.org. The successful bidder shall furnish a Payment Bond, a Performance Bond, and a Maintenance Bond. Minimum wage rates for this project as predetermined by the Secretary of Labor are set forth in the special provisions. If there is a difference between the minimum wage rates predetermined by the Secretary

of Labor and prevailing wage rates determined by the Department of Industrial Relations for similar classifications of labor, the contractor and his subcontractors shall pay not less than the higher wage rates. Pursuant to Section 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined by the Director of the wage rates appear in the Department of Transportation publication entitled General Prevailing Wage Rates, (current semi-annual which have been predetermined and are on file with the Department of Industrial Relations are referenced but not printed in said publication. CITY OF UNION CITY DATED: APRIL 30, 2013 4/30, 5/7/13

CNS-2476870#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
JULIA BARRON
CASE NO. RP13675425
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Julia Barron
A Petition for Probate has been filed by

Eunice Andrade in the Superior Court of California, County of Alameda. The Petition for Probate requests that Eunice Andrade be appointed as personal representative to administer the estate of the decedent. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court on May 21, 2013 at 9:30 AM in Dept. Probate/201, Second Floor located at 2120 Martin Luther King, Jr. Way, Berkeley, CA 94704. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor

of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Petitioner/Attorney for Petitioner: Nicholas K. Jay - SBN 264760, Law Offices of Gilbert Y. Jay, 210 Post Street, Suite 208, San Francisco, CA 94108, Telephone: (415) 788-7300 4/23, 4/30, 5/7/13

CNS-2473796#

Tip-A-Cop
for Special Olympics

SUBMITTED BY HAYWARD PD

Join the Hayward Police Department as we partner with Northern California Special Olympics and Applebee's restaurant for an annual international fund-raising event. Athletes and Law Enforcement personnel come together for an evening of great food, fun and awareness. The Hayward Police Department employees volunteer their time as "Celebrity Waiters", delivering food and drinks with their "tips" donated to Special Olympics. This event raises money to provide

local Special Olympics athletes with FREE year round sports training and competition opportunities in 11 different sports.

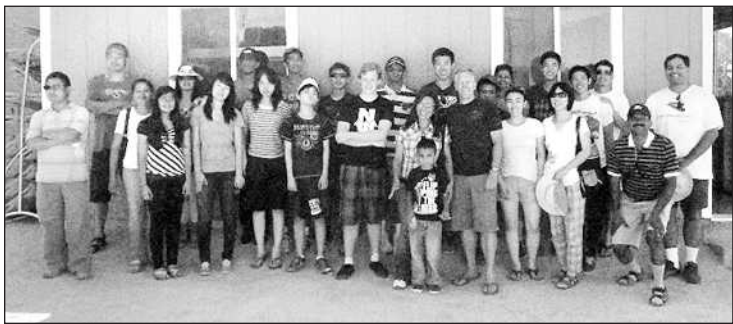
Tip-A-Cop
Thursday, May 16
6 p.m. – 9 p.m.
Applebee's
24041 Southland Dr., Hayward
(510) 293-1043

Gang Awareness/School Bullying

SUBMITTED BY SAN LEANDRO POLICE

Join the San Leandro Police Department for the Gang Awareness and School Bullying presentation. Former gang members and police department personnel will talk about recognizing gang activity. This presentation is for parents/guardians only – no students are allowed.

Gang awareness/School bullying
Wednesday, May 8
6 p.m. - 8 p.m.
Senior Community Center, 13909 E. 14th St., San Leandro
(510) 577-2740



A life-changing
experience

SUBMITTED BY TAMMY
MOZZETTI-COX

Each morning we wake up with the thought of making it through the day, whether at school or work. Most people take everything that they have for granted. We all look forward to coming home in the evening to relax, have a nice dinner and watch TV. Unfortunately, this is not possible for everyone. Some people do not even have a place to call home.

Through the non-profit DOXA program, a group of high school volunteers from Fremont, San Jose, and San Ramon joined together to build a house to benefit a destitute family in Mexico this summer. However this is not an inexpensive endeavor.

On May 18th the students will be holding a car wash fundraiser at American High School, located at 36300 Fremont Boulevard in Fremont. All

donations go only to building supplies and not for any personal and travel expenses. All it takes to get your car washed is a donation. Donations are tax deductible.

If you cannot make it to the car wash but want to help these students please visit: <https://app.etapestry.com/hosted/DOXA/OnlineDonation.html>. Please select "Donate to House Building Fund", and write in "Home Building June 2013 Fremont."

DOXA is Seattle based non-profit 501 (c)3 organization that has built 1500 homes in the past 20 years to benefit destitute families in Tijuana, Mexico.

Fundraiser Carwash
Saturday, May 18
9:30 a.m. – 3:00 p.m.
American High School
36300 Fremont Blvd., Fremont
<https://app.etapestry.com/hosted/DOXA/OnlineDonation.html>

continued from page 8

Fremont Police Log

niles from the Seneca Center. All were issued truancy notices and returned to school. The act of vandalism was unsubstantiated. Incident investigated by Ofc. Lambert.

Vehicle Theft at the 300 block of Mowry Ave - A vehicle was brought in by a dealership for smog. The keys were left in it and a white male adult, mid-20's, 509, med. build, with brown hair cut in a flattop took the vehicle and drove away E/B Mowry. Vehicle is a "08 Scion B, white in color, with AMC paper plates. Ofc. Zargham investigating.

At approximately 11:00 p.m., Officer Piol attempts to stop a vehicle for running a red light, spreading and straddling two lanes of traffic. The driver pulls into the Fremont Arms Apts and heads to the back of the complex at a high rate of speed. The driver then bails and a foot pursuit ensues. The driver is caught near the west end of the complex, but fights with Piol. He's subdued and taken into custody with the assistance of arriving officers. The suspect is a 35 year old adult male, Fremont resident. A search of the car reveals a silver revolver in plain view and empty beer cans. The suspect was on parole for assault with a deadly weapon and had an active search clause. A follow up search of his apartment yields a couple of crank pipes. He was taken to Santa Rita and booked for the following: felon in possession of a firearm, obstructing/resisting, battery on a police officer, DUI and illegal possession of a firearm. Officers sent to Los Dos Amigos

for a brandishing a weapon case on reports of a suspicious male waving a knife and acting odd. Upon arrival Officers were directed to the south side of the Pakwan Restaurant. Officers Taylor and Dodson arrive just in time to see two men fighting in the parking lot. They believe a stabbing is in progress. Officers manage to get the two subjects separated. When things settle one of the subjects goes to jail for assault with a deadly weapon. He is a 26 year old adult male.

A homeowner called just before 7:30 a.m. and reported a male rang the doorbell at his residence on the 300 block of Lippert Ave. The suspect, along with two other suspects, attempted to open a sliding screen door at the rear of the residence. The suspects noticed the homeowner and fled the scene. Officers checked the area, but were unable to locate the suspects. Case investigated by Ofc. Sanders.

SUSPECT DESCRIPTIONS:
#1 – white male juvenile, 15-16 yrs, 5'07", skinny build, wearing black hoody, black baseball cap and black pants
#2 – Hispanic male adult, early 20's, 5'10", skinny build, wearing dark hoody and blue jeans;
#3 – Unknown Description.
SUSPECT VEHICLE DESCRIPTION: Full size pickup truck with no front plate and a large front grill.

A residential robbery occurred between 9 a.m. - noon. Entry was made via and open bedroom window. The homeowner may have

scared off the suspects as they didn't appear to have been at the home long. Loss is currency.

Sometime during the day unknown suspects entered the home in the 5800 block of Northland Ter via the front door, possibly by kicking it. It appears the suspects conducted a speedy search and removed small valuables. Officers noticed video surveillance cameras in the neighborhood and will try to follow up with the HOA to retrieve video.

Sometime during the day unknown suspect(s) entered the home at 400 block of Calistoga Cir by kicking in a side garage door and then entering through an unlocked door leading into the interior of the home. Suspects had also tried to open a sliding window. Loss is a jewelry box and jewelry. Possible suspect vehicle is a gray Ford F250 pickup truck carrying bicycles in its bed.

Unknown suspects entered the home at the 41700 block of Higgins Way sometime during the day via a garage window and removed several items including a camera, laptops, tv's, jewelry, watches and currency.

At approximately 1:25 a.m., two suspects enter the 7-11 on Sundale Dr. with guns and rob the front clerk. The suspects were wearing dark clothes and masks. They were last seen leaving northbound from the business.

This 7-11 gets robbed at about 2:25 a.m. Similar description as the earlier incident, two suspects wearing dark clothing. One suspect had a small black handgun in this incident.

register. The suspect then fled from the store. The suspect is described as follows: Black male adult, 30-35 years old, bald, wearing a silky silver sweatshirt, black shorts and gray shoes.

April 27:

A strong-arm robbery occurred at the intersection of B Street and 2nd Street at 9:36 p.m. A juvenile male suspect rode his bicycle into the victim vehicle. When the victim got out of his car to check on the suspect, the suspect grabbed the victim's cell phone and ran off. Prior to the victim reporting the crime, Officer's stopped the suspect for an unrelated offense and they located the cell phone on his person. During the detention the victim was contacted and police learned of the crime. The victim responded and identified the suspect, but declined prosecution. The suspect also related he needed medical attention due to being "hit" by the car. The suspect was released to his mother on a notice to appear.

April 28:

Officers attempted to stop three suspected gang members in the park on Huntwood Avenue near Tenyson Road. One male suspect tried

to run away into the park. Officers chased the suspect who physically resisted the detention. Officers were able to overcome the resistance and safely detain the suspect. The suspect was found to have three outstanding arrest warrants, one of which was a no bail felony parole violation warrant.

A resident in the 1700 block of Bobolink Court reported at 3:48 p.m. that his car had been stolen and his home had been burglarized. The investigating officer learned that the victim met a female in Mountain View and they agreed to return to his home in Hayward. While at the victim's home, the female suspect made the victim a drink and he fell asleep about 30 minutes later. When he awoke, the female was gone and property had been stolen from his home, including his vehicle. The victim believed the female may have put an unknown drug in his drink. The investigating officer was aware of a similar incident that occurred in Vallejo. A suspect was known in the Vallejo case. The victim in Hayward identified the female from the Vallejo case as the same female who stole his property.

Hayward Police Log

SUBMITTED BY HAYWARD PD

April 21

The HPD Vice-Intel Unit conducted a tobacco decoy operation that was funded by an Alameda County grant. The operation is designed to ensure retailers comply with state law regarding sales of tobacco products to minors. The operation occurred at 32 retail establishments in the City. A total of nine citations were issued to cashiers for selling tobacco products to a minor.

April 22

A 23 yr old victim came into the Police Department at 11:06 a.m. to report that he was attacked while jogging at Mt. Eden Park. The victim stated three male subjects approached him and pushed him down to the ground. After knocking the victim to the ground the sus-

pects began shouting derogatory remarks regarding his clothing and sexual orientation. The victim believes that he was targeted because of his sexual orientation.

At 9 p.m., a robbery was reported on the 1400 block of Denton Ave. A father and son were in front of their residence when two black male adults in dark clothing put guns to their heads and demanded money. The victims gave the suspects their wallets and the suspects hit the victims in the back of their heads with the gun. An Officer attempted to stop a group of three males who were similar in description to the suspects. Two of the subjects fled and were not detained. One of the subjects, a juvenile, was detained but was not identified by the victims. The juvenile was released.

“Places of Worship” is published on the first Tuesday of every month. Faith-based organizations that have agreed to distribute Tri-City Voice to their congregations are included. A complete list of all greater Tri-City faith-based organizations can be found at: www.tricityvoice.com under “Community Resources.”

ASSEMBLY OF GOD

Calvary Assembly of Milpitas
130 Piedmont Rd.
Milpitas
(408) 946-5464
www.camilpitas.org

Christian Life Center
33527 Western Ave., Union City
510-489-7045

Harbor Light Church
4760 Thornton Ave., Fremont
510-744-2233
www.harborlight.com

BAPTIST

Alder Avenue Baptist Church
4111 Alder Ave., Fremont
510-797-3305
www.alderavebc.com

Bay Area Baptist Church
38517 Birch St., Newark
510-797-8882
www.bayareabaptist.org

Berean Baptist Church
2929 Peralta Blvd., Fremont
510-792-3928

Calvary Baptist Church
28924 Ruus Rd., Hayward
510-589-9677

Chinese Independent Baptist Church
37365 Centralmont Pl., Fremont
510-796-0114
www.cibcfremont.org

Christ Centered Missionary Baptist Church
22979 Maud Ave., Hayward

Community Church of Hayward
26555 Gading Rd., Hayward
510-782-8593

Fairway Park Baptist Church
425 Gresel St., Hayward
510-471-0200 www.FPBC.org

First Baptist Church of Russell City
2979 Maude Ave., Hayward
510-538-3320

First Baptist Church of Newark
6320 Dairy Ave., Newark
510-793-4810

Heritage Baptist Church
2960 Merced St., San Leandro
510-357-7023 www.hbc.org

Mission Way Baptist Church
38891 Mission Blvd., Fremont
(510) 797-7689

New Hope Baptist Church
925 F St., Union City
510-487-7472

Palma Ceia Baptist Church
28605 Ruus Road, Hayward
510-786-2866
www.palmaceiachurch.org

Park Victoria Baptist Church
875 S. Park Victoria Dr., Milpitas
408-263-9000
www.parkvictoria.org

Pathway Community Church
4500 Thornton Ave., Fremont
510-797-7910
www.pathwaycommunity.info

Shiloh Baptist Church
22582 South Garden Ave., Hayward
510-783-4066
shilohbc@sbcglobal.net

Warm Springs Church
111 E. Warren Ave., Fremont
510-657-4082
www.warmspringschurch.org

BUDDHIST

Buddhanusorn Thai Temple
36054 Niles Blvd., Fremont
510-790-2294

So. Alameda County Buddhist Church
32975 Alvarado Niles Rd., Union City
510-471-2581 www.sacbc.org

CATHOLIC

Corpus Christi Church
37891 Second St., Fremont
510-790-3207
www.corpuschristifremont.org

Holy Spirit Catholic Church
37588 Fremont Blvd., Fremont
510-797-1660
www.holyspiritfremont.org

Old Mission San Jose Church
43266 Mission Blvd., Fremont
510-657-1797

Our Lady of Guadalupe Parish
41933 Blacow Rd., Fremont
510-657-4043
www.guadalupe-parish.org

Our Lady of the Rosary Church
703 C St., Union City
510-471-2609
www.olrchurch.org

St. Elizabeth Catholic Church
750 Sequoia Dr., Milpitas
408-262-8100

St. James the Apostle
34700 Fremont Blvd.
(w. of Decoto Rd.), Fremont
510-792-1962
www.sjapostle.net

St. John the Baptist Catholic Parish
279 S. Main St., Milpitas
408-262-2546
www.sjbparish.org

CHRISTIAN

Abundant Grace Community Church
meets at SDA Church
32441, Pulaski Dr, Hayward
(650)575-3345
<http://www.abundantgcc.org/>

Calvary Bible Church of Milpitas
1757 Houret Ct., Milpitas
408-262-4900
www.calvarybiblechurch.us

Calvary Chapel Fremont
42986 Osgood Rd., Fremont
510-656-8979
www.calvaryfremont.org

Cedar Blvd. Neighborhood Church
38325 Cedar Blvd., Newark
510-791-8555 www.cbnc.net

Christ's Chosen Vessel Ministries International
(Meets at Spring Valley Bible Church Building, 220 S. Main St. Milpitas
(650) 834-3776

Christ Community Church of Milpitas
1000 S. Park Victoria Dr., Milpitas
408-262-8000
www.cccmilpitas.org

Christian Worship Center
241 So. Main St., Milpitas
408-263-0406
<http://www.cwcsj.org>

Church of Christ
977 Grant Ave., San Lorenzo
510-276-4693
www.church-of-christ.org/slzca

Church of Christ of Fremont
4300 Hanson Ave., Fremont
510-797-3695
www.fremontchurchofchrist.org

Church of Christ – Hayward
22307 Montgomery St., Hayward
510-582-9830
www.haywardchurchofchrist.org

Church of Christ South Hayward
320 Industrial Pkwy.,Hayward
510-581-3351
www.churchofchristhayward.com

Family Bible Fellowship
37620 Filbert St., Newark
510-505-1735
www.fbfministries.org

Fremont Asian Christian Church
Meets Centerville Community Center
3355 Country Drive, Fremont
510-795-2828
www.fremontasianchristianchurch.org

Fremont Community Church
39700 Mission Blvd., Fremont
510-657-0123 www.gofcc.org

Fremont Journey of Faith Church
39009 Cindy St., Fremont
510-793-2100
www.jof-fremont.com

Good Shepherd South Asian Ministry
MultiCultural Worship
4211 Carol Ave., Fremont
510-552-4476
gssam@sbcglobal.net

Grace Church Fremont Multi-Ethnic
36060 Fremont Blvd., Fremont
510-936-1423
www.gracechurchfremont.org

Hayward First Church of the Nazarene
26221 Gading Rd., Hayward
510-732-0777

InRoads Christian Church
3111 Washington Blvd., Fremont
510-657-0251
www.inroadschurch.com
Jyoti Fellowship church
Located in First Church of the Nazarene
26221 Gading Rd., Hayward
510-427-0491

Liberty Church International
Veteran's Bldg., 37154 Second St. (Fremont Niles) 510-324-1400
www.libertyvision.org
Mount Olive Ministries
1989 E. Calaveras Blvd., Milpitas
408-262-0506
www.mt-olive.org

New Life Community Church
39370 Civic Center Dr. #119 Fremont
510-432-9250
www.newlifeeastbay.org

New Life Christian Fellowship
22360 Redwood Road
Castro Valley,
510-582-2261
www.newlifebayarea.org

New Life Church
4130 Technology Pl., Fremont
510-657-9191
Newlifechurchofsf.org

Solid Rock Church of God In Christ
5970 Thornton Ave., Newark
510-791-7625
www.solidrockcogic.org

CHRISTIAN (ESPAÑOL)

Arbol de Vida
4140 Peralta Blvd., Fremont
510-790-2140

Iglesia Apostolica de Union City
33700 Alvarado Niles Rd., Union City
510-489-0687
www.ucapostolic.org

Iglesia Bautista Mission Peak
41354 Roberts Ave., Fremont
510-656-5311
www.missionpeakbaptist.org

Iglesia Biblica El Faro
280 Mowry Ave., Fremont
Estudio Bíblico
510-585-1701 lbfchurch.org

Ministerios Cosecha "Fuente de Vida"
4360 Central Ave., Fremont
(510) 573-1800
mcofremont@yahoo.com

Mision Hispana Esperanza Viva
4673 Thornton Ave. Suite P, Fremont
510-754-5618
www.esperanzaviva.org

CHRISTIAN FILIPINO

Christian Fellowship International Church
(Meets in the Park Victoria Baptist Church bldg.)
875 S. Park Victoria Dr., Milpitas
408-386-2215
<http://cficmilpitas.multiply.com/>

Light By The Mountain Church
606 H St., Union City
510-378-0159

CHRISTIAN INDONESIAN

Graceful Christian Community Church
At Immanuel Presbyterian Church
4333 Hansen Ave., Fremont
510-792-1831
www.gracefulcommunity.org

CHRISTIAN REFORMED

Christ’s Community Church
25927 Kay Ave., Hayward
510-782-6010
ccchayward@sbcglobal.net

EPISCOPAL

St. James Episcopal Church
37051 Cabrillo Terr., Fremont
510-797-1492 www.saintj.com

EVANGELICAL COVENANT

South Bay Community Church
47385 Warm Springs Blvd., Fremont
510-490-9500 www.sobcc.org

EVANGELICAL FREE CHURCH OF AMERICA

Newark Community Church
37590 Sycamore St., Newark
510-796-7729
www.newarkcommunitychurch.org

Asian Indian Church Ministries
Meet at Newark Community Church
510-795-7770
www.asianindianchurchministries.org

HINDU TEMPLE

Paramahansa Nithyananda Meditation - Sundays
451 Los Coches St., Milpitas
510-813 6474 www.LifeBliss.org

Shreemaya Krishnadham
25 Corning Ave., Milpitas
408-586-0006 www.bayvp.org

Vedic Dharma Samaj Hindu Temple and Cultural Center
3676 Delaware Dr., Fremont
510-659-0655
www.fremonttemple.org

JEWISH

Congregation Shir Ami
4529 Malabar Ave., Castro Valley
510-537-1787
www.congshirami.org

Temple Beth Torah
42000 Paseo Padre Pkwy., Fremont
510-656-7141
www.bethtorah-fremont.org

LDS (MORMON)

Glenmoor Ward
38134 Temple Way, Fremont
510-793-8060

LUTHERAN

Chinese Mission of Hope Evangelical-Lutheran Church
3800 Beard Rd, Fremont
510-938-0505
<http://www.hopelutheranfremont.org/zh.html>

Calvary Lutheran Church & School (Behind Wendy’s)
17200 Via Magdalena, San Lorenzo
510-278-2555 Sch 278-2598
www.calvaryslz.com

Christ the King Lutheran Church
1301 Mowry Ave., Fremont
510-797-3724
www.Ctkfremont.org

Good Shepherd Lutheran Church
166 W. Harder Rd., Hayward
Iglesia Luterana "El Buen Pastor"
510-782-0872
www.gslchayward.org

Good Shepherd South Asian Ministry
4211 Carol Ave., Fremont
510-656-0900 www.gssam.org

Holy Redeemer Lutheran Church
35660 Cedar Blvd., Newark
510-793-1911
office@hrlc-newark.org

Holy Trinity Lutheran Church
38801 Blacow Rd., Fremont
510-793-6285
www.holytrinityfremont.org

Hope Lutheran Church
3800 Beard Rd., Fremont
510-793-8691
<http://hopelutheranfremont.org/>

Messiah Lutheran Church
25400 Hesperian Blvd., Hayward
WWW.messiahhayward.org
510-782-6727

Oromo Christ Evangelical Lutheran Church
100 Hacienda Ave., San Lorenzo
510-276-7980
ollibuse@yahoo.com

Our Savior Church & Preschool
858 Washington Blvd., Fremont
510-657-3191
www.oslfremont.com

Prince of Peace Lutheran Church/School
38451 Fremont Blvd., Fremont
510-793-3366
www.popfremont.org

METHODIST

African Methodist Episcopal Church
201 E St., Union City
510-489-7067
www.tricityame.org

First Chinese United Methodist Church
2856 Washington Blvd. Fremont
(510) 490 – 0696
www.chinesemethodist.org

First United Methodist Church
2950 Washington Blvd, Fremont
510-490-0200
www.fremont-methodist.org

St. Paul United Methodist
33350 Peace Terr., Fremont
510-429-3990
www.stpaulumcfremont.org

VICTORY CENTER A.M.E. ZION CHURCH
33450 Ninth Street- Union City
510-429-8700

MUSLIM

Islamic Society of East Bay
33330 Peace Terr., Fremont
510-429-4732 www.iseb.org

NON

DENOMINATIONAL

Grace Church Fremont
36060 Fremont Blvd., Fremont
510-936-1423
www.gracechurchfremont.org

Heavenly Christ's Church (Meets in Calvary Lutheran Church)
17200 Via Magdalena
San Lorenzo
510-303-5592

Mission Springs Community Church
48989 Milmont Dr., Fremont
510-490-0446
www.msccfremont.org

Morning Star Church
36120 Ruschin Dr., Newark
510-676-1453
www.msconline.org

New Seed of Faith Ministry
36600 Niles Blvd., Fremont
www.nsofm.com
510 612-4832

ORTHODOX CHRISTIAN

St. Christina Orthodox Church
3612 Peralta Ave., Fremont
510-739-0908
www.stchristinaorthodox.org

PENTECOSTAL

Union City Apostolic Church
33700 Alvarado Niles Rd., Union City
510-489-0687
www.ucapostolic.org

PRESBYTERIAN

Centerville Presbyterian Church
4360 Central Ave., Fremont
510-793-3575
www.cpcfremont.org

First Presbyterian Church of Hayward

2490 Grove Way, Castro Valley
(510) 581-6203
<http://firstpreshayward.com>

First Presbyterian Church of Newark

35450 Newark Blvd., Newark
510-797-8811
www.newarkpres.org

Immanuel Presbyterian Church of Fremont

4333 Hansen Ave., Fremont
510-494-8020 www.ipcf.net

Irvington Presbyterian Church

4181 Irvington Ave. (corner Chapel & Irvington), Fremont
510-657-3133

New Bridges Presbyterian Church

26236 Adrian Ave., Hayward
510-786-9333
newbridgespresby@gmail.com

**REFORMED CHURCH
IN AMERICA**

New Hope Community Church

2190 Peralta Blvd., Fremont
510-739-0430
www.newhopefremont.org

SALVATION ARMY

Hayward Citadel Corps

430 A St., Hayward
510- 581 - 6444

The Tri-Cities Corps

36700 Newark Blvd., Newark
510-793-6319

Korean Congregation Army

36700 Newark Blvd., Newark
510 - 793 - 6319

**SEVENTH DAY
ADVENTIST**

Community Seventh-Day Church

606 H St., Union City
510-429-8446
www.unioncity22.adventistchurchconnect.org/

East Bay Fil-Am Seventh Day Adventist Church

32441 Pulaski Dr., Hayward
510-324-1597

Fremont Chinese Seventh-Day Adventist Church

1301 Mowry, Fremont
415-585-4440 or 408-616-9535
Milpitas Adventist Center
1991 Landess Ave., Milpitas
408 726-5331
www.milpitas.netadventist.org

SIKHISM

Fremont Gurdwara

300 Gurdwara Rd., Fremont
510-790-0177
www.fremontgurdwara.org

UNITARIAN

Mission Peak Unitarian Universalist Congregation

(meets at FUMC's Cole Hall)
2950 Washington Blvd., Fremont
510-252-1477
<http://www.missionpeakuu.org/>

**UNITED CHURCH OF
CHRIST**

Eden United Church of Christ

21455 Birch St. @ Grove Way, Hayward
510-582-9533
www.edenucc.com

Filipino American United Church of Christ

4587 Peralta Blvd., Fremont
510-797-8408
filamucc@sbcglobal.net

Fremont Congregational Church

38255 Blacow Rd., Fremont
510-793-3970
www.fremontucc.net

Niles Discovery Church

255 H St., Fremont
510-797-0895
www.nccucc.org

San Lorenzo Community Church

945 Paseo Grande, San Lorenzo
510-276-4808

UNITY CHURCH

Unity of Fremont

36600 Niles Blvd., Fremont (in the future home of Niles Discovery Church
510-797-5234
www.unityoffremont.org

Local student delegates headed to Girls State

SUBMITTED BY RUTH WENZEL

Every spring, the American Legion Auxiliary Girls State Program provides approximately 25,000 young women with a hands-on educational opportunity designed to instruct tomorrow's leaders in the privileges and duties of responsible citizenship.

Delegates receive special instruction in parliamentary procedure and organize themselves into two mock political parties. The young women campaign, hold rallies, debate and ultimately vote to elect city, county and state officials. Once elected to office delegates are sworn in and perform their prescribed duties. Citizens not elected to office are given appointments and visit the offices of those elected to share their viewpoint as citizens.

Victoria Agius (John F. Kennedy High School), Aishwarya Aravind (Irvington High School), Praveena Fernes (Mission San Jose High School), Emily Hoeven (Washington High School), and Priya Natarajan (Fremont Christian High School), all of Fremont, have been selected to attend American Legion Auxiliary Department of California Girls State. These young women were selected by their high schools and Auxiliary Unit 837 based on educational excellence, demonstrated leadership, community involvement, and sportsmanship. Representing her state as a legislator, these Delegates will study local, county and state government processes in this nonpartisan political learning experience.

"For seven years I have had the privilege of interviewing local high school junior candidates for Girls State. Every high school has selected amazing representatives from their school for the Unit to interview. The selection process is very difficult and we wish we could send every qualified candidate. With over 2000 high schools in California, and only 500 positions at Girls State, we are limited to one



(Left to Right) Aishwarya Aravind, Praveena Fernes, Priya Natarajan, Victoria Agius and Emily Hoeven will attend Girls State this summer.

Delegate per school," said Girls State Unit Chair Ruth Wenzel. Wenzel, along with other Auxiliary volunteer leaders, will attend the conference and encourage the delegates to continue their community service in the future, perhaps by becoming members of the Auxiliary or as active Girls State Alumnae.

Two outstanding citizens, known as "senators," are selected at each of the 49 Girls State sessions held across the country to represent their state at American Legion Auxiliary Girls

Nation held in Washington, D.C. in July.

Founded in 1919, the American Legion Auxiliary (ALA) is the world's largest women's patriotic service organization. The ALA's mission to serve veterans, active military and their families and our communities is carried out through its hundreds of outreach programs delivered by its members, volunteers and State and National Headquarters. See www.calegionaux.org for information on becoming a member!

Irvington High School hosts children's cancer fundraiser

BY NISHA PATEL

Bald is beautiful! Irvington High School is no longer limiting efforts of cancer awareness to walkathons. The first-ever "St. Baldrick's Shave-a-thon" is being held on campus to solicit donations and raise awareness of students, teachers, and other community members of childhood cancer. In honor of this fundraising event, a shave-a-thon will take place on Thursday, May 16 in the Irvington High School gymnasium to honor Sharon Flores, Karen Arno, and Gary Leinweber, all Irvington staff members who have battled cancer.

After attending the "St. Baldrick's Shave-a-thon" at her husband's company, health teacher Rebecca Devakumar wanted to extend the idea to the high school level event. At the lunchtime event, six chairs will be set up in the gymnasium for registered shaves, allowing for a mohawk or some silly styles before the final locks fall. In addition, each teacher who has hair longer than ten inches will be able to donate it to Locks of Love, providing wigs for children who lose their hair to cancer.

Junior Julia Meller who works at a hair salon recruited four hairstylists to volunteer as the shavers. Rebecca Devakumar, Christina Faitel, Steve Strout, Dan Pearce, Mr. Marotta, Scott DiLorenzo, Hector Albizo, Ryan Willer, Mr. Burnute, James Green, Shiloh Burton, Charlie Rodda, and Huy Pham are the thirteen registered teacher and staff member "shavees." Students Leonard Johns, Kenny Wood, and Tristan Perona will also be shaved at the event.

The donation goal is \$5,000 and as of May 1, Irvington has raised \$3,059. In memory of Mr. Thomas Woodrow, Unigen Corporation has been the biggest donor for the event, while staff member James Green has raised \$735 and now stands as the top participant. All donations have been collected online. Student volunteers have also collected donations from fellow students.

"Our goal is to show solidarity to those with cancer and that it is okay to lose your hair. You can be a woman and be bald and still be beautiful," says event coordinator Devakumar. "You are no different with or without hair. Most people are so attached to their hair and how it completes their overall look, but cancer doesn't define who anyone is."

Less than four percent of the National Cancer Institute's budget is directed to childhood cancer research; the St. Baldrick's Foundation wants to change this by creating funding priorities for promising cancer research through high-impact clinical trials at hospitals, training the next generation of researchers, and funding supportive care research to help patients and survivors cope with the disease. St. Baldrick's deals with issues many children face during and after their cancer treatment. Many of St. Baldrick's research recipients are in the Bay Area, including Stanford, Children's Hospital of Oakland, UCSE, and UC Davis. As a volunteer-driven organization, St. Baldrick's hopes that local communities like ours will become involved.

To donate, go to <http://www.stbaldricks.org/events/irvington>.

Dock-walking, a lesson in community service



SUBMITTED BY SARAH BUZSAKI

When you think of a high school, certain things come to mind, and community service isn't necessarily one of them. But at Alision Montessori Middle/High School, it is. Alision's principles of community values have created a tradition of service. Ninth grade students are given the responsibility to plan a weekend, including community service and a semi-formal dinner. This year, our class traveled to Santa Cruz to learn how to become "dock-walkers." Every year, students select a project that correlates with our studies. We picked dock-walking as part of our year of AP Environmental Science.

Dock-walkers educate boaters about sustainable practices that prevent accidental oil spills. They distribute information and equipment to raise awareness and practice safe boating. Our group attended a training program and decided to get involved. In addition to the training and volunteer activities, lodging, accommodations, and activities were planned by students.

Our Alision Montessori education encourages us to assume responsibility for our own actions and help others through connections between the environment and our community. We live this philosophy through multiple projects such as the community service weekend. Not only do service projects such as this help the environment but they also give us the opportunity to bond together and with nature.



COMMUNITY BULLETIN BOARD

Rotary Club of Niles We meet Thursdays at 12:15 p.m. Washington Hospital West 2500 Mowry Ave. Conrad Anderson Auditorium, Fremont www.nilesrotary.org (510) 739-1000	The League of Women Voters invites you to visit our website at www.lwvfncuc.org You'll find valuable information about your community & voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are nonpartisan & free to the public	FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every Friday in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Are You Troubled By Someone's Drinking? Al-Anon and Alateen are here to help. Al-Anon has but one purpose: to help families of alcoholics. We share our experience, strength, and hope. www.ncwsa.org for a meeting near you, or call (510) 276-2270, or email Easydudz@gmail.com . Serious Mental Illness Free 12 week course for caregivers of someone with a serious mental illness starting Mar 7, 2013 from 6:30-8:30pm in Union City. Registration required. Contact: Barb St. Clair 415-879-0399 or Email Stclair.barb@gmail.com NAMIacs.org/F2F/mar2013
Rotary Club Mission San Jose Fridays at 12:15 p.m. Papillon Restaurant 37296 Mission Blvd. Fremont (510) 656-5056 Visit our club. See why we joined for business & fellowship and stayed to change the world. We welcome new members	FREE FILMS AND PUBLIC DISCUSSIONS Screenings on the Second Saturday of each month except August 1:30pm, Niles Discovery Church 255 H Steet at 3rd 510-797-0895 www.TriCityPerspectives.org	American Legion Auxiliary We meet the third Tuesday of every month at 7pm Niles Veterans Building 37154 2nd Street, Fremont susan.peters251@yahoo.com 510656-6848	
Kennedy High School Flea Market First Saturday Every Month Except January 8 a.m. – 4 p.m. All Spaces \$20 For more info call 510-657-4070 x27150 bsterling@fremont.k12.ca.us 39999 Blacow Rd., Fremont	Having trouble controlling the way you eat? Today there is a solution. Food Addicts in Recovery Anonymous Mondays, 7:00 – 8:30 PM Centerville Presbyterian Church, Room E-204 4360 Central Ave., Fremont Teri M. 510-757-8214 www.foodaddicts.org	Become the speaker & leader you want to be Citizens for Better Communicators (CBC) Toastmasters Guests and Visitors welcome Saturdays 10:15am Unitek College Room 141 4580 Auto Mall Pkwy., Fremont 510-862-0893	
Fremont Cribbage Club teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email: cribbagegr43@yahoo.com Or call Tracy (510) 793-6472 American Cribbage Congress www.cribbage.org	Is Food a Problem for You? Overeaters Anonymous NO dues - NO fees - NO diets Monday 7:00 p.m. - 8:15 p.m. St. James Episcopal Church 37051 Cabrillo Ter, Fremont Saturday 10:30 a.m. - Noon 1st Presbyterian Church 35450 Newark Blvd, Newark southernalamedacountyoa.org	Mission Trails Mustangs Mustang & Ford Enthusiasts Meets 1st Fri of the Month 7pm at Suju's (Winter) 3602 Thornton, Fremont missiontrailsmustang.org or call 510-493-1559 We do Car Shows & other social activities monthly	
First United Methodist Church Music Series Free concerts the first Sunday each month, 4pm. 30 minute organ & piano recitals & occasional guest artists. Free-will offering opportunity to benefit local humanitarian charities. First United Methodist Church 2950 Washington Blvd., Fremont	SAVE (Safe Alternatives to Violent Environments) Domestic Violence Support Group (Drop In & FREE) Tue & Thur 7 pm – 9 pm Fri 9:15 am – 11 am 1900 Mowry, 4th Fl. Fremont Office (510) 574-2250 24/7 Hotline (510) 794-6055 www.save-dv.org	SAVE (Safe Alternatives to Violent Environments) FREE Restraining Order Clinic (Domestic Violence) Tues. Hayward Police 1-4 pm Wed. Fremont Police 9 am - 1 pm Thurs. San Leandro Police 9 am - noon Fri SAVE Office 9 am - noon Office (510) 574-2250 24/7 Hotline (510) 794-6055 www.save-dv.org	Friendship Force of San Francisco Bay Area “Changing the way you see the world.” Travel & host to make international friendships. Off to Wales and Germany soon. Visit clubs in 60 countries. Cultural programs in the Bay Area. www.ffa.org Call 510-794-6844 or 793-0857
Celebrate Recovery Free yourself from any hurt, hang-up or habit Join us at 33450 9th Street Union City Thursdays, 7pm - 9pm or call anytime 510-586-5747 or 510-520-2769	T.O.P.S. Weight Support Group Take Off Pounds Sensibly Real People! Real Weight Loss! Wednesday Nights 6:30 - 8:00 27303 Sleepy Hollow Ave S Kaiser Building 1st Floor Hayward RLTOPS0336@yahoo.com 207-651-0565	FREE Taxes Done & E-Filing WHY PAY Let VITA do your taxes! IRS-certified Tax Preparers \$51,000 or less income. Restrictions may apply Fremont Family Resource Ctr 39155 Liberty St., Fremont M-W 4p-8p F 10a-1p Open Jan 23-April 15 2013 More Info 510-574-2020	Ford F-100 Elite of Northern CA East Bay Chapter All owners of 53-56 FORD 1/2 ton pick-up and panels are invited to join our club. Pick-ups up to 65 are welcome also. Newsletters, shows, fellowship Call Ken, 510-782-7312
DONATE YOUR COMPUTERS Help Eliminate Hunger & Food Insecurity Your donation is tax deductible Tri-City Volunteers 37350 Joseph Street, Fremont Mon-Fri 8:30 AM - 4:00 PM Closed 12 PM - 1PM Questions Call 1-888-802-8207 tri-cityvolunteers.org	DONATE YOUR CELL PHONES Help Eliminate Hunger & Food Insecurity Your donation is tax deductible Tri-City Volunteers 37350 Joseph Street, Fremont Mon-Fri 8:30 AM - 4:00 PM Closed 12 PM - 1PM Questions Call 1-888-802-8207 tri-cityvolunteers.org	Community Seder Welcomes All! March 26th join us to celebrate Passover! RSVP req for the seder by 3/15.Night of Illusion (for all ages) 3/16 Family Shabbat services 5:30pm & 7pm on 3/22 Inclusive Reform community. 510-656-7141 or visit www.bethtorah-fremont.org	Daughters of the American Revolution Ohlone Chapter Visit our meetings. We have activities promoting historic preservation, education & patriotism 1st Sat of each mo. Sept - May - 10 am-12 p Centerville Presbyterian Church 4360 Central Ave, Fremont
Meditation, Buddhism in Plain English 7pm-9pm Tuesdays - Free 36054 Niles Blvd. 650-556-6428 Meditation, discussion, Q&A with David De Young, American Buddhist teacher in Ajahn Chah Thai Forest Tradition. All are welcome.		Fremont Area Writers Want to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except July and December. Rm. 223 at DeVry University, 6600 Dumbarton Circle, Fremont Call Carol at (510) 565-0619 www.cwc-fremontareawriters.org	Spring Gear & Equipment Sale Saturday 4/20 8:30-12:30 Tri-City Mothers of Multiples Open to the public, free entry. Best deals on everything for baby and kids. 35450 Newark Blvd, Newark www.tricitymoms.org
Call for Art San Leandro Art Assoc. Festival of the Arts Receiving Sat., June 8 10-3pm at Casa Peralta 384 West Estudillo Festival June 29 & 30 Interested artists can apply www.slartassoc.org or slartassoc@yahoo.com	The Union City Historical Museum 3841 Smith St. Union City Open Thurs.-Sat 10am-4pm Visit our Museum. You'll find valuable information about our community, past history and current happenings. www.unioncitymuseum.com Call Myrla 510-378-6376	Cougars Summer Basketball Camp Girls 8-15 Years of age Mon-Fri, June 24-28 9:30am - 2:30pm Full & Half Day Options Silliman Activity Center Gym 6800 Mowry Ave., Newark www.newark.org 510-578-4620 Sign-Ups Now Being Accepted!	Palma Cela Baptist Church Juneteenth Festival Sat June 15 10am-4pm 28605 Ruus Rd, Haywarddd Food, Music, Vendors and other activities. Benefits education scholarships Call for info 510-786-2866
		Live Big Band Music April 27-Sat-2pm-4pm What's Up Big Band At NewPark Mall, Newark Music of Big Band Legends such as Glenn Miller, Harry James, Perez Prado, Count Basie & More (Free admission) e-mail: mikeodee@yahoo.com	YARD SALE in UNION CITY SATURDAY MAY 18 - 8 -3 Mission Hills Middle School 250 TAMARACK DRIVE (off Mission Blvd.) We will be selling clothes, shoes,toys, electronics, household items,furniture, games, toys, books and more! Contact Elizabeth at mhmsyardsale@gmail.com

Where Friendships Begin

BY SIMON WONG

Visit the Hayward Animal Shelter on May 18, 2013 for the dedication of a new mural, Where Friendships Begin, which celebrates the bond between people and pets. The event lasts from 1 p.m. to 5 p.m. Mayor Michael Sweeney will open the ceremony at 1:30 p.m. followed by supporting remarks from Hayward Police Chief Diane Urban.

Meet the artists who created the mural. Chat with animal rescue groups and veterinarians who partner with the Shelter to save lives. Watch the Hayward Police Department's K9s demonstrate their skills. Learn about the important work of search and rescue dogs. Tour the shelter and meet the furry, feathered and, sometimes, scaled residents, i.e. cats, dogs, rabbits, birds and turtles and reptiles. Different organizations will have information booths advising on pet care issues.

Enjoy refreshments, music, doggie and children's games, including face painting. Enter the raffle with a chance to win fabulous prizes, such as a Massimo's Restaurant gift certificate, tickets to the Discovery Museum in San Jose, an electric drill, etc.

Pet adoptions are available during the Shelter's regular opening hours, Tuesday - Saturday, 1 p.m. - 5 p.m. For more information, call (510) 293-7200 or visit www.haywardanimals.org

Mural Dedication
Saturday, May 18
1-5 p.m.
Hayward Animal Shelter
16 Barnes Court, Hayward
(510) 293-7200
www.haywardanimals.org

HOME SALES REPORT

CASTRO VALLEY				TOTAL SALES: 09			
Highest \$:		765,000		Median \$:		540,000	
Lowest \$:		290,000		Average \$:		563,667	
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
20876 Baker Road	94546	290,000	2	836	1956	03-15-13	
18585 Carlwyn Drive	94546	485,000	4	1598	1954	03-20-13	
4590 Malabar Avenue	94546	601,000	4	1754	1968	03-19-13	
5352 Proctor Road	94546	660,000	4	2040	1966	03-19-13	
19652 Stanton Avenue	94546	527,000	2	1873	1920	03-15-13	
6703 Crow Canyon Road	94552	540,000	-	1934	-	03-19-13	
25319 Gold Hills Drive	94552	735,000	4	1871	1996	03-15-13	
5674 Shadow Ridge Drive	94552	470,000	3	1723	1973	03-15-13	
6094 Slopeview Court	94552	765,000	4	1832	1986	03-15-13	

FREMONT		TOTAL SALES: 29				
Highest \$:		2,100,000	Median \$:		623,000	
Lowest \$:		189,000	Average \$:		650,897	
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
35638 Beeching Lane	94536	862,500	-	2975	1979	03-15-13
38650 Canyon Heights Drive	94536	690,000	-	1762	1977	03-19-13
38623 Cherry Lane #127	94536	189,000	2	938	1974	03-15-13
38627 Cherry Lane #5	94536	293,000	3	1199	1974	03-20-13
35826 Ellmann Place	94536	630,000	3	1523	1970	03-18-13
5058 Garden Way	94536	505,000	3	1080	1960	03-19-13
390 King Avenue	94536	631,000	3	1370	1989	03-20-13
3256 Lubbock Place	94536	750,000	4	1830	1972	03-20-13
35685 Terrace Drive	94536	623,000	3	1370	1989	03-19-13
41441 Fremont Boulevard	94538	550,000	3	1214	1954	03-20-13
3680 Haven Avenue	94538	575,000	3	1232	1956	03-20-13
3737 Kay Court	94538	704,000	3	1232	1955	03-20-13
4439 Margery Drive	94538	485,000	3	1107	1958	03-19-13
43001 Mayfair Park Terrace	94538	330,000	3	1500	1986	03-19-13
4364 Providence Terrace	94538	565,000	3	1436	2008	03-20-13
4718 Seneca Park Avenue	94538	400,000	3	1455	1964	03-20-13
48029 Avalon Heights Terrace	94539	2,100,000	5	4750	1998	03-21-13
47125 Benns Terrace	94539	375,000	2	926	1987	03-15-13
44362 Camellia Drive	94539	710,000	3	1207	1969	03-20-13
41636 Joyce Avenue	94539	796,000	3	1140	1959	03-15-13
210 Stanford Avenue	94539	1,665,000	5	3019	1997	03-19-13
41011 Valero Drive	94539	880,000	4	1583	1971	03-15-13
47112 Warm Spring Blvd#109	94539	310,000	2	900	1982	03-20-13
3643 Darwin Drive	94555	670,500	3	1765	1971	03-20-13
34219 Kenwood Drive	94555	744,000	4	1655	1988	03-19-13
32936 Lake Erie Street	94555	340,000	3	1148	1970	03-19-13
33118 Lake Superior Place	94555	423,000	3	1060	1969	03-15-13
4120 Sedge Street	94555	680,000	3	1871	1979	03-20-13
4277 Tanager Common	94555	400,000	3	1240	1984	03-19-13

HAYWARD			TOTAL SALES: 18				
Highest \$:		565,000	Median \$:		260,000		
Lowest \$:		99,000	Average \$:		287,833		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
1475 171st Avenue	94541	215,000	2	1204	1940	03-20-13	
1510 East Street #35	94541	99,000	1	708	1974	03-19-13	
23076 Eddy Street	94541	410,000	4	2238	1954	03-20-13	
22843 Kiwanis Street	94541	260,000	2	964	1950	03-18-13	
947 Leonardo Way	94541	195,000	2	824	1951	03-20-13	
22449 Linden Street	94541	385,000	5	2062	1959	03-15-13	
1278 Martin Luther King Drive	94541	378,000	2	1227	2010	03-19-13	
304 Medford Avenue	94541	208,000	2	728	1926	03-20-13	
23636 Nevada Road	94541	368,000	3	1560	1956	03-19-13	
1732 Sumner Place	94541	130,000	2	1020	1992	03-15-13	
2973 Sunnybank Lane	94541	565,000	3	2181	1988	03-18-13	
25874 Bryn Mawr Avenue	94542	260,000	2	871	1951	03-19-13	
25890 Bryn Mawr Avenue	94542	212,000	3	1048	1951	03-15-13	
24741 Broadmore Avenue	94544	390,000	3	1360	1956	03-19-13	
1342 Henderson Lane	94544	331,000	3	1231	1954	03-20-13	
26550 Sunvale Court	94544	190,000	3	1200	1985	03-20-13	
26568 Underwood Avenue	94544	250,000	3	1040	1952	03-18-13	
26840 Peterman Avenue	94545	335,000	3	1119	1956	03-18-13	

MILPITAS		TOTAL SALES: 10					
Highest \$:		786,000		Median \$:		560,000	
Lowest \$:		312,500		Average \$:		561,850	
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
1814 Blue Spruce Court	95035	395,000	3	1190	1967	04-05-13	
2195 Calle Vista Verde	95035	753,000	3	1990	1992	04-05-13	
1350 Cirolero Street	95035	650,000	4	1234	1977	04-09-13	
195 Coelho Street	95035	622,000	3	1460	1955	04-08-13	
1700 Cortez Street	95035	312,500	3	1067	1954	04-09-13	
1848 Ellwell Drive	95035	450,000	3	1102	1960	04-05-13	
144 Marylinn Drive	95035	440,000	2	1378	1983	04-09-13	
1474 North Hillview Drive	95035	786,000	4	2240	1979	04-08-13	
325 Roswell Drive	95035	650,000	3	1171	1959	04-03-13	
285 Valmy Street	95035	560,000	3	1100	1958	04-03-13	

NEWARK | TOTAL SALES: 03

Highest \$: 459,500
Lowest \$: 270,000

Median \$: 327,000
Average \$: 352,167

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
6261 Bellhaven Place	94560	459,500	-	1232	1962	03-20-13
39931 Cedar Boulevard #315	94560	327,000	3	1283	1985	03-19-13
37352 Hill Street	94560	270,000	2	1152	1987	03-15-13

SAN LEANDRO			TOTAL SALES: 14				
Highest \$:		640,000	Median \$:		340,000		
Lowest \$:		252,500	Average \$:		387,643		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
949 Bridge Road	94577	550,000	3	2252	1931	03-19-13	
56 Broadmoor Boulevard	94577	430,000	3	1780	1925	03-15-13	
121 Dorchester Avenue	94577	333,500	2	1170	1942	03-18-13	
391 Leo Avenue	94577	252,500	2	920	1941	03-15-13	
2881 Marineview Drive	94577	640,000	3	2068	1965	03-15-13	
14426 Nassau Road	94577	325,000	4	1386	1962	03-18-13	
905 San Jose Street	94577	500,000	2	1364	1937	03-21-13	
1197 Cherrybrooke Commons	94578	375,000	4	1947	2005	03-20-13	
16705 Rolando Avenue	94578	320,000	3	2128	1984	03-19-13	
14978 Western Avenue	94578	269,000	3	1129	1946	03-18-13	
1353 Advent Avenue	94579	340,000	3	1114	1951	03-15-13	
15436 Jutland Street	94579	318,000	3	1117	1956	03-19-13	
15049 Milford Street	94579	364,000	3	1121	1954	03-15-13	
14575 Wiley Street	94579	410,000	4	1637	1953	03-20-13	

SAN LORENZO TOTAL SALES: 03									
Highest \$:		430,000		Median \$:		370,000			

LIFE CORNERSTONES

Birth

Marriage

Special Life Events

For more information
510-494-1999
tricityvoice@aol.com

Obituaries



Reuben R. Peraza
RESIDENT OF FREMONT
August 8, 1943 – April 20, 2013

Margaret E. Ross
RESIDENT OF FREMONT
July 11, 1931 – April 25, 2013

Spencer H. Nease
RESIDENT OF FREMONT
December 16, 1924 – April 27, 2013

Leonildo R. Terra, Jr.
RESIDENT OF NEWARK
March 4, 1974 – April 28, 2013

Angelina Opina Albay
RESIDENT OF NEWARK
May 19, 1927 – April 29, 2013

Yuliy A. Kutner
RESIDENT OF FREMONT
April 17, 1925 – April 29, 2013

Nestor N. Subido
RESIDENT OF FREMONT
August 22, 1961 – April 29, 2013

Robert “Bob” J. Dutra
RESIDENT OF FREMONT
September 10, 1938 – April 30, 2013

Pauline G. Maldonado
RESIDENT OF STOCKTON
June 29, 1934 – May 3, 2013

Maria Luisa Rangel
RESIDENT OF UNION CITY
January 23, 1929 – May 3, 2013

Susan M. Porter
RESIDENT OF MOUNTAIN VIEW
April 13, 1931 - May 4, 2013

Chapel of the Roses
(510) 797-1900 FD1007
1940 Peralta Blvd., Fremont

Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont



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David A. Super
RESIDENT OF NEWARK
September 16, 1937 – April 19, 2013

Roseller L. Ramos
RESIDENT OF FREMONT
July 4, 1945 – April 21, 2013

Josephine G. Dutra
RESIDENT OF FREMONT
December 18, 1921 – April 24, 2013

Rosetta Riste
RESIDENT OF FAIRVIEW, OREGON
March 12, 1959 – April 23, 2013

Berge • Pappas • Smith
Chapel of the Angels
(510) 656-1226
40842 Fremont Blvd, Fremont

Life Cornerstones will acknowledge important events that occur during the cycle of life in our community. In order to give a broad and fair opportunity for all citizens to be recognized, a basic listing is offered at no cost. Such announcements may include births, deaths, marriages, anniversaries, bar/bat mitzvah, Quinceañera, etc. Many cultures celebrate different milestones in life and this list will be as inclusive as possible. Please contact TCV at (510) 494-1999 or emailtricityvoice@aol.com for submissions or further information. Free listings are limited to residents and families of the Greater Tri-City Area.

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Union City Police Log

SUBMITTED BY UNION CITY PD

April 26

At 4:14 p.m., witnesses reported seeing a male attempting to kick in the front door of an address on 8th Street. Ofc. Wong arrived and located the suspect on 6th Street. The suspect admitted making entry into the residence after jumping a rear fence. It turned out that the suspect knew the victims. The residents were not at home at the time of the incident. Officers contacted the residents by phone and confirmed the suspect did not have permission to enter the residence. The suspect was arrested and transported to a local jail.

April 27

Witnesses reported a female running naked through Shorty Garcia Park, in the middle of a soccer tournament. Arriving officers located the naked female on the soccer fields. The subject told officers that she had taken “love potion #9”, when she was questioned about possible drug use. The subject was transported from the area to receive some needed medical attention.

At 9:58 p.m., officers were dispatched to a local hospital to investigate a 57 year old male with a gunshot wound. The male came into the hospital with a gunshot wound to his arm. The potential victim was not cooperative with arriving officers and he changed his story a few times. Additional follow up is being conducted by the Investigations Unit.

April 29

At 3:09 a.m., Officer Leon stopped a speeding vehicle on Whipple Road. The driver initially pulled over and got out of his vehicle. The driver got back into his vehicle and fled the traffic stop as another officer pulled up behind Officer Leon. The occupants ultimately parked and fled from their vehicle near 956 H Street. Officers set a perimeter and Fremont Police Department sent officers to help search for the suspects. Anjelica Fernandez of Union City was arrested after she was found hiding in a backyard during the search. The driver was not located, but he was identified as Darrell Cost of Hayward. An arrest warrant is being sought for his arrest.

Corporal Camacho saw three subjects walking on Mann Avenue near Starling Drive at 4:25 p.m. One of the subjects reached for his waistband and turned away. Cpl. Camacho ordered the subjects to stop and he saw the grip of a handgun partially exposed in the subject’s waistline. The gun turned out to be a metal “Air Soft” pistol replica. The juvenile was issued a citation and taken home to his parents.

Union City teacher accused of criminal misconduct

SUBMITTED BY CMDR. BEN HORNER, UNION CITY PD

On Friday, April 12, 2013, investigators from the Union City Police Department received information from an adult witness alleging that a teacher at Alvarado Elementary School had engaged in criminal misconduct with a female student.

The teacher was immediately placed on administrative leave while the Union City Police Department began an investigation. During the investigation a number of students were interviewed resulting in additional allegations of misconduct. On Wednesday, May 1, 2013, officers served an arrest warrant authorized by a judge resulting in the following arrest.

Michael William Howey, DOB September 20, 1965, was arrested without incident at his residence located in the City of Alameda by UCPD investigators. Howey has no prior arrests or criminal history.

Administrators from the New Haven Unified School District have been working cooperatively with the Union City Police Department throughout this investigation in an effort to ensure the safety of all students in the school district.

This is an on-going investigation, and if you have any information related to this case, please call Commander Ben Horner (510) 675-5225. If you wish to use the anonymous tip line, call (510) 675-5207 or email tips@unioncity.org

Newark Police Log

SUBMITTED BY NEWARK PD

April 30

At 6:52 p.m., Officer Sandoval investigated a cold residential burglary in the 5900 block of Mayhews Landing Rd, that had occurred between 8 a.m. and 6:30 p.m. At 10:30 a.m., a suspicious person was seen (and not reported) by a neighbor. The subject was described as an Asian male, 25-30 years, 5’10 and thin. He had been seen pulling into the victim’s driveway in a newer model light blue Toyota. The suspect was later seen exiting the front door of the residence with a computer bag. Entry was through a small bathroom window in the rear yard. Loss was a laptop and cash.

May 2

Officers responded to Newpark Mall at 2:54 p.m. to Joppa Clothing for two females in custody for theft. One of the females, Danesha Powell of Oakland, was arrested for petty theft. The other female, Latasha Sayon of Oakland, was arrested for providing a false name, possession of

burglary tools and burglary.

After numerous calls to NPD regarding a possible DUI driver during the day, Officer Rodgers located the described vehicle at 7:50 p.m. and arrested the driver Juan Jesus Montano of Newark for DUI, being under the influence of a controlled substance, possession of drug paraphernalia, possession of a controlled substance for sales, domestic violence, and child endangerment. The Passenger, Raymond Lara Munoz of Newark was arrested for being under the influence of a controlled substance, possession of drug paraphernalia, possession of a controlled substance for sales. Both were booked at Santa Rita Jail.

At 8:32 p.m., Officer Slater responded to a suspicious person call at Togo’s south and arrested Telleisse Money Christwell of Richmond for theft warrants. She was booked at Fremont Jail.

Any person with any information concerning these incidents can contact the non-emergency line at 510-578-4237. Information can also be left anonymously on the “silent witness” hotline at 510-578-4000, extension 500.

Public asked for help to solve hate crime

SUBMITTED BY UNION CITY PD

The Union City Police Department is asking for public assistance in identifying a suspect(s) of a hate crime. Three businesses in Old Alvarado were tagged with derogatory messages. View the following link for more information: <http://www.ktvu.com/videos/news/union-city-change-at-school-may-have-triggered/vzm92/>

Anyone with information about the vandalism is asked to contact UCPD at 510-471-1365. Anonymous tips can be left at 510-675-5207 or by e-mailing tips@unioncity.org

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Fremont hosts legislative event

SUBMITTED BY CITY OF FREMONT

On May 2, 2013, the City of Fremont hosted Federal, state and local elected officials and regional partners at its second annual Legislative Event, which took place at the local Tesla Motors manufacturing facility. The event opened with remarks by Mayor Bill Harrison, and focused on the factors contributing to Fremont's success as well as the City's key legislative priorities. The event also featured Congressman Mike Honda, Congressman Eric Swallwell, and Kish Rajan from Governor Brown's Office to discuss key legislative priorities for economic and community development, sustainability, transportation and infrastructure.

An overview of the City of Fremont's economic climate and Warm Springs update was provided by Kelly Kline, Fremont's Economic Development Director. All of the speakers addressed the unparalleled advantage Fremont offers for companies and professionals in the manufacturing, life science and clean tech industries. Advantages include a 5-year Fremont business tax exemption to qualified businesses; assistance with business expansion and relocation; and a responsive development process. Energy consultant, Christine Hertzog, shared in-depth analysis that explains why so many clean tech companies are finding Fremont the ideal spot for their operations and described future opportunities to grow this sector's presence and success.

"Fremont has quickly become an innovation hub for manufacturing and clean tech, while at the same time providing residents and businesses with an ideal place to live, work and visit," said Mayor Harrison. "The resources we are putting behind eco-



nomics and community development create a vibrant place that residents can be proud of and a booming environment that enables companies to create the most cutting-edge technologies and products in the Silicon Valley and across the globe."

The event highlighted the City's focus on economic stimulus programs, a broad array of housing initiatives and sustainable development. Additionally, the Mayor reviewed 2013 legislative and funding priorities which include the Warm

Springs/South Fremont BART Station west entrance, Warm Springs/South Fremont area transportation infrastructure, and the Capitol Avenue upgrade and extension in Downtown.

Community engagement open house

SUBMITTED BY MIRIAM LENS

This is an ideal opportunity for Hayward residents to learn how they can volunteer and get involved in the community including joining boards, commissions, committees and the Keep Hayward Clean and Green Task Force. Volunteers are the Heart of Hayward.

City staff and serving board, commission, committee and Task Force members will be present to provide more information. There will also be food, fun and door prizes.

RSVP is required. Please provide name and contact information to the Office of the City Clerk at (510) 583-4444 or email cityclerk@hayward-ca.gov.

Community Engagement Open House
Saturday, June 1
9:00 a.m. – 3:30 p.m.
City Hall
777 B Street, Hayward
(510) 583-4444
cityclerk@hayward-ca.gov

I-580 westbound express lane project

SUBMITTED BY TESS LENGYEL

The California Department of Transportation (Caltrans) and the Alameda County Transportation Commission (Alameda CTC) will hold a public meeting on May 14, 2013 to discuss the upcoming I-580 Westbound Express Lane Project.

Caltrans and Alameda CTC propose to convert the planned high-occupancy vehicle (HOV) lane on I-580 westbound in Dublin, Pleasanton and Livermore to an express lane which will allow carpools, vanpools, motorcycles, buses and eligible clean-air vehicles to travel without a fee while also giving solo drivers the option to pay to use the lane to avoid congestion. The total length of the proposed project is approximately 13.7 miles.

The goal is to provide additional congestion relief, provide enhanced operational and safety improvements, expand the mobility options in the corridor and maintain consistency with the provisions defined in Assembly Bills 2032 (2004) and 574 (2007) to implement express lanes in the I-580 corridor.

The public meeting will be held on Tuesday, May 14, 2013, from 5:00 p.m. to 7:00 p.m. in the Regional Meeting Room at the Dublin Civic Center, 100 Civic Plaza, Dublin. The meeting will be an open house for the public to learn about how the proposed express lane will work and to talk with members of the project team.

For more information, visit the I-580 Express Lanes website at www.alamedaexpress.org or www.alamedactc.org/app_pages/view/10969 or the Caltrans website at www.dot.ca.gov/dist4/envdocs.htm.

I-580 WB Express Lane Project
Public Information meeting
Tuesday, May 14
5 - 7 p.m.
Regional Meeting Room
Dublin Civic Center
100 Civic Plaza, Dublin
www.alamedaexpress.org

Hayward Area Recreation and Park District

APRIL 22, 2013

Awarded the Monthly Volunteer Recognition Award for March 2013 to Veronica Jauregui for her volunteer service in the Special Needs Program at Sorensdale Recreation Center for the past two summers.

Accepted a presentation by the Rowell Ranch Rodeo Association for the 93rd Annual Professional Rodeo, which will begin with the Rowell Ranch Rodeo Parade on Saturday, May 11, 2013, and culminate with the Rodeo itself on Saturday and Sunday, May 18-19, 2013.

Rejected a claim received regarding alleged personal injury sustained, under the provisions of Government Code Section 912.6, and directed Staff to notify Claimant, District Legal Counsel, and Insurance Broker.

Rejected a leave to present a late claim regarding alleged personal injury sustained, under the provisions of Government Code Section

912.6, and directed Staff to notify Claimant, District Legal Counsel, and Insurance Broker.

Approved Change Order No. 1 in the amount of \$8,000 for the Cart Path Renovation (Holes 1-5) at Skywest Golf Course. Accepted the Fiscal Year 2011/2012 Audited Financial Statements. Authorized the General Manager to enter into an agreement with PR Communications, Pam Russo, to provide marketing and revenue enhancement consultation to the District for an amount not to exceed \$50,000.

Accepted Mr. Tim Moniz's request for retirement and extended their sincere best wishes to him for a happy and healthy retirement.

President Louis Andrade - Yes
Vice-President Carol Pereira - Yes
Paul Hodges, Jr. - Yes
Minane Jameson - Yes
Dennis Waspei - Yes

Swalwell applauds reversal of TSA knives policy

SUBMITTED BY ALLISON BORMEL

U.S. Representative Eric Swalwell (CA-15) has praised the federal Transportation Security Administration's (TSA) decision to delay implementation of its revised prohibited items policy that would allow certain knives and sporting equipment on board airplanes until further engagement with stakeholders such as flight attendants and pilots. Swalwell, a Member of the Homeland Security Committee Transportation Subcommittee, led the effort opposing this change in policy, including coordinating a bipartisan letter signed by 133 Members of Congress calling on TSA Administrator John Pistole to repeal the policy until TSA properly engages with stakeholders.

"The TSA's announcement is welcome news for airline passengers and crews," said Swalwell. "I appreciate that TSA Administrator Pistole listened to the 133 Members of Congress who signed our letter asking for this reversal in policy, stakeholders like pilots and flight attendants and the general public who oppose this disturbing decision. This delay in implementation is a positive step by the Administrator that will allow stakeholders to have their rightful input into a decision that directly affects their safety and that of the flying public."

Student author releases second book

BY MIRIAM G. MAZLIACH
PHOTOS COURTESY OF
TIFFANY CHEUNG

In 2010, TCV interviewed student Tiffany Cheung upon the publication of her first book, "Checkmate!"



At the time, she was attending Logan High School in Union City. Fast forward a few years and today Cheung is an 18-year-old freshman at San Francisco State

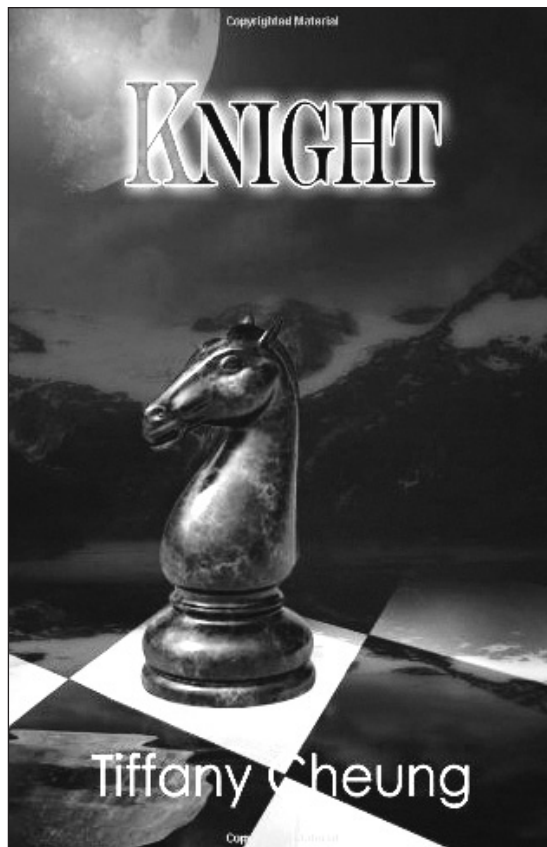
University, marking the release of her newest book, "Knight."

Published in December 2012, this second book in a planned series, recounts the continuing adventures surrounding an amazing chess school on the fantastical planet Zee. The first book focused on the characters' first year at the chess school. "Knight" follows the storyline into the summertime.

Cheung explains that her first book did very well in sales. "I received a lot of support and love, not just friends, but people who were very interested and curious about the novel and wanted to support a young author and the arts. Even strangers would write reviews on Amazon and Google ebook sites with positive comments and uplifting words," she adds.

Writing the sequel took a year. "I didn't have any help with the writing, but Shawn Handran, Ph.D., a friend and writer helped me edit my draft," says Cheung.

The plot of "Knight" revolves around main characters, Keladry Lebrasca and Damien Ayer, inhabitants of the planet Zee, who have just been ranked as knights on the chessboard. Cheung explains, "They both find themselves in a web of secrets fabricated by the evil mastermind,



Van Wyck and have to uncover clues that lead to the solving of the mystery in the novel."

She enjoys the writing process and explains that when ideas or conversations pop into her mind, she writes the notes down first on her iPhone, and later sits down at

her laptop to flesh out the story. "The writing comes to me and thoughts flow as I am typing," says Cheung. "I check my notes to reference ideas. I write a few chapters and sometimes re-read and edit as I go along, making minor corrections. I review chapter by chapter by myself, and then I have a writer friend from my church help look it over. Once Dorrance Publishing Company receives it, they will usually send it back several times to have me review or make suggested revisions."

Asked how she feels about the accomplishment of having two books published Cheung states, "I feel absolutely great about it. I am so excited to have finished this second novel and there will be more to come in the future." And, true to her word, she is now almost halfway through with the writing of her third book, continuing the saga of planet Zee.

Both Knight and Checkmate! are sold on Amazon.com or on

Tiffany Cheung's online website: <http://www.bluebreakseries.com>

Cheung's official Facebook page is: <http://www.facebook.com/bluebreakseries>
For comments or questions, email her at: tmcheung@bluebreakseries.com

Fremont takes steps for Crohn's & Colitis

BY A. GREENBERG

Team Megan Poopsalot! Why would teenager Megan Nardini form a team and give it such a funny name?

Crohn's & Colitis Foundation of America (CCFA) is a volunteer-run, non-profit organization that serves the entire Bay Area with the mission "to

bathroom are often accompanied by intense abdominal pain, nausea, vomiting, fatigue, joint pain, anemia, and weight loss.

Silicon Valley Take Steps Walk is a casual two-mile stroll and festival with live music, food, and kids' activities. The free event starts at 5 p.m. at San Jose's Plaza de Cesar Chavez. Fremont's Team Megan Poopsalot hopes to have the biggest team at



Team Megan Poopsalot 2012.

cure Crohn's disease and ulcerative colitis, and to improve the quality of life of children and adults affected by these diseases." Although 1.4 million Americans of all ages have inflammatory bowel disease (IBD), many do not know what Crohn's or ulcerative colitis are because people often suffer silently.

While critical research is being done to unravel the causes of IBD, CCFA supports patients and their families locally and nationally through educational programs, summer camp, support groups, and youth activities. The foundation ranks third among leading health non-profits in the percentage of expense devoted to research toward a cure, and more than 80 cents of every dollar they spend goes to mission-critical programs.

Fremont is leading the way in raising awareness and funds for CCFA. On Saturday, May 11, Fremont's Team Megan Poopsalot will walk in the Silicon Valley Take Steps Walk for the sixth year, and each year, they have been top fundraisers. Team Megan Poopsalot was founded by Megan Nardini when she was 16 years-old. Diagnosed with ulcerative colitis when she was in sixth grade at Warm Springs School, Megan, like a third of those with IBD, did not go into remission with medical treatments. After six abdominal surgeries and being too ill to attend junior high or high school,

Megan decided to speak out. She was named CCFA's Local Honored Hero in 2008 and talked about her disease publicly, in articles, on the radio, and online. "Team Megan Poopsalot" is a humorous way to bring attention to a digestive disease that many people find too embarrassing to discuss. The frequent and urgent trips to the

the walk and invites you to register for their team and/or make a donation at <http://online.ccfa.org/goto/teammeganpoopsalot>. This year, walk photographer Mylene Stolpe, is another volunteer from Fremont!

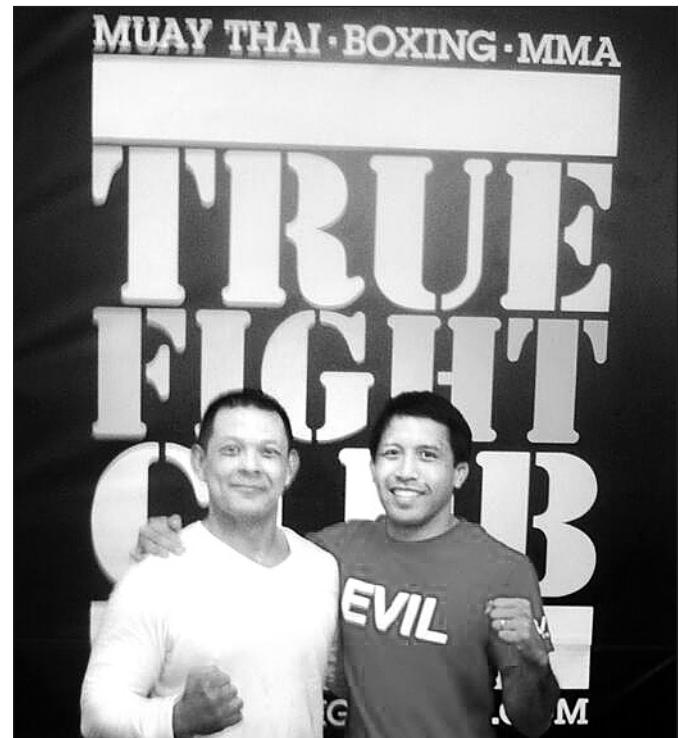
Fremont also has an active CCFA support group that meets from 6:30 p.m. - 8:30 p.m. on the fourth Tuesday monthly at Washington Hospital West. The group welcomes patients, friends and family members looking for information and understanding. Fremont resident and Support Group Facilitator Amy Nardini was awarded CCFA's inaugural Marilyn Joyce Mueller Volunteer of the Year Award in December 2012. Marilyn Joyce lived in Fremont for many years before founding the Fremont CCFA Support Group in 2008. Sadly, she passed away from complications of Crohn's disease in July 2011. The group's warmth, compassion and drive to be well informed stem from Marilyn who called herself "Dr. Gut Mom" and the "Mighty Gut Warrior." The next support group meeting is May 28.

For more information about Crohn's disease and ulcerative colitis, or to register or volunteer for the Take Steps Walk, contact CCFA at (415) 356-2233 or www.ccfa.org.

**Silicon Valley Take Steps Walk
Saturday, May 11
5 p.m.**

**Plaza de Cesar Chavez
S. Market St., San Jose
(415) 356-2233**

**<http://online.ccfa.org/goto/teammeganpoopsalot>
www.ccfa.org
Free**



It's truly a Fight Club

BY STEVE TAYLOR

Evan Esguerra, owner of True Fight Club in Hayward, wants to assure you that if it's your first time in this Club, you don't have to fight. Playing off the tag line from the popular movie of the same name in the late '90s, naming his gym Fight Club was meant to inspire, not threaten. "Our job is to counterbalance their (incoming patron's) preconceived notions immediately. We try to build a culture here where everyone is nice," Esguerra says. This is spoken by a man with ears cauliflowered from years of hand-to-hand combat. He could beat you down with his fists or choke you out with either hand, yet Esguerra and his eight other trainers spend more time smiling, laughing, and sweating with their trainees than posing and flexing like tough guys in other gyms.

True Fight Club lays claim to being Hayward's "premier Mixed Martial Arts facility." "Mixed" means they offer training in every major hand-to-hand self-defense or combat style, like Muay Thai Kickboxing, Western Style Boxing, Brazilian Jiu Jitsu, as well as crossfit strength and conditioning. The meteoric rise of mixed martial arts around the world and the Bay Area has made True Fight Club truly popular, with nearly 250 enrolled members and 40 fighters throwing punches or grappling in a class any day of the week.

Curious students pick from a slate of classes offered in whichever discipline or fighting style looks appealing. The Club runs classes from 6:30 a.m. to 8:30 p.m. Monday through Friday, 11 a.m. to 5 p.m. on Saturdays, and noon to 5 p.m. on Sundays. If you're the really physical type who likes to get your hands on your opponent, Brazilian Jiu-Jitsu is your bag and involves learning to bend or twist your opponent into submission ("tapping out") or to give them a good choking.

If you prefer fighting or working out on your feet, boxing classes are available for beginners to competitive fighters and consists of partner drills, pad and mitt training, and bag work. Lesser known is the Muay Thai discipline, also known as "The Art of the Eight Limbs." In Muay Thai combatants use fists, shins, elbows, and knees in a "standup" fighting style, as opposed to a wrestling or "on the ground" orientation seen in Brazilian Jiu-Jitsu. All classes offered go a full 60, sweaty minutes.

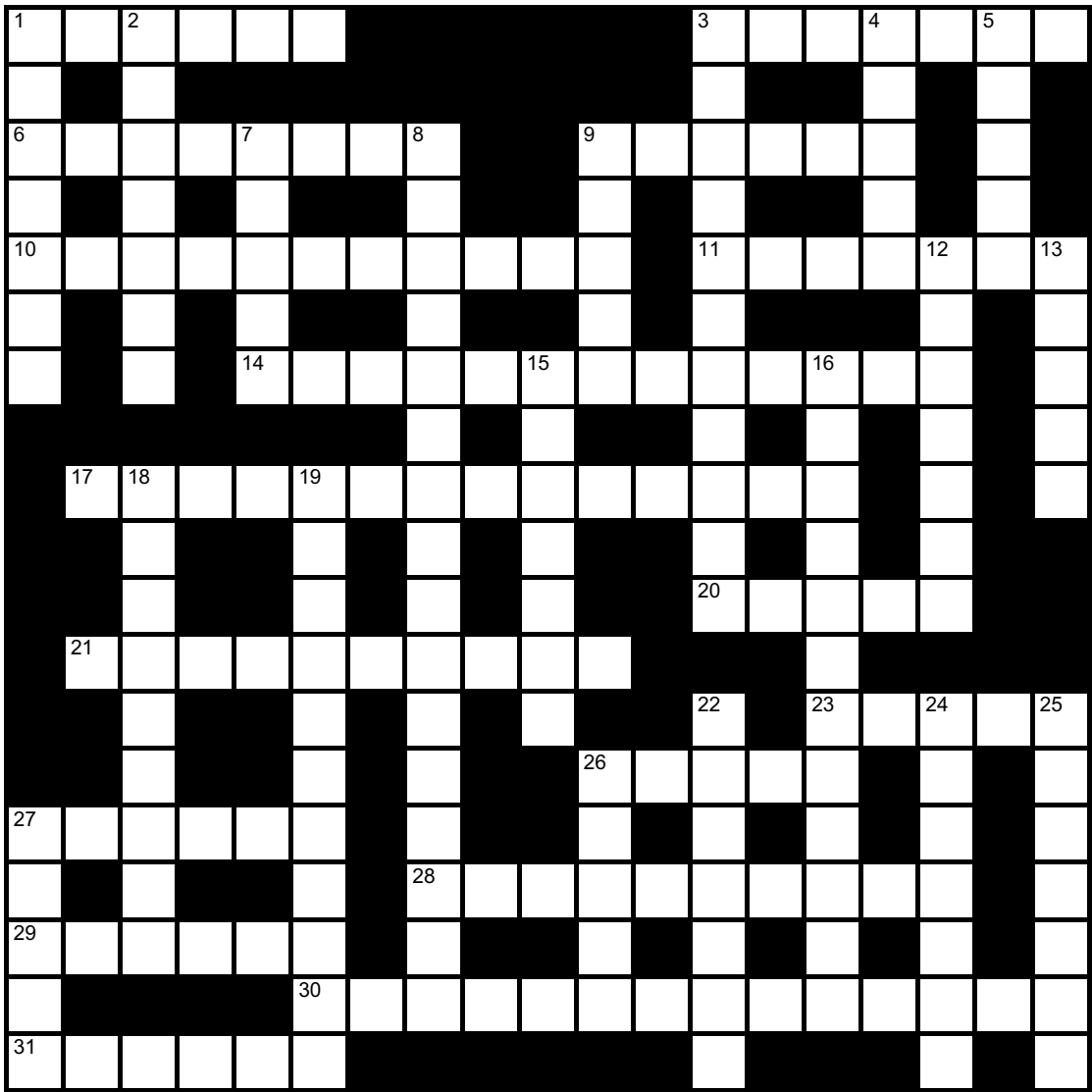
You can drop in and work out for a day, joining virtually any class you'd like for \$20 or unlimited participation all day, every day, for a month for \$150. Pricing plans scale up from there for individuals and families. With the popularity of mixed martial arts growing with every prime time TV fight, you can still get in the door of True Fight Club and experience the positive atmosphere inside with a little money and a smile.

True Fight Club is located at 28460 Hesperian Boulevard in Hayward. Call (510) 732-6022 or visit www.truefightclub.com for more information.

Mind Twisters

Crossword Puzzle

B 212



- Across
- 1 "___ me!" (6)

3 Tense, acutely uneasy or apprehensive (7)

6 Onlooker (8)

9 Main person of a newspaper (6)

10 Yearly celebration (11)

11 Still (7)

14 Radically new, innovative (13)

17 Pertaining to management of an organization (14)

20 Bonds (5)

21 Artificial source of light with small lamp (10)

23 Measurement of volume specially in liquids (5)

26 Booze (5)
- 27 Denoting a tribe (6)

28 Not finished entirely (10)

29 Mark (6)

30 Disheartened (14)

31 Shouts of encouragement (6)
- Down
- 1 Tolerate (7)

2 Lack (7)

3 Living near someone (11)

4 Frost lines (5)

5 "I give up!" (5)

7 Snake, e.g. (5)

8 Accountable for a job (16)

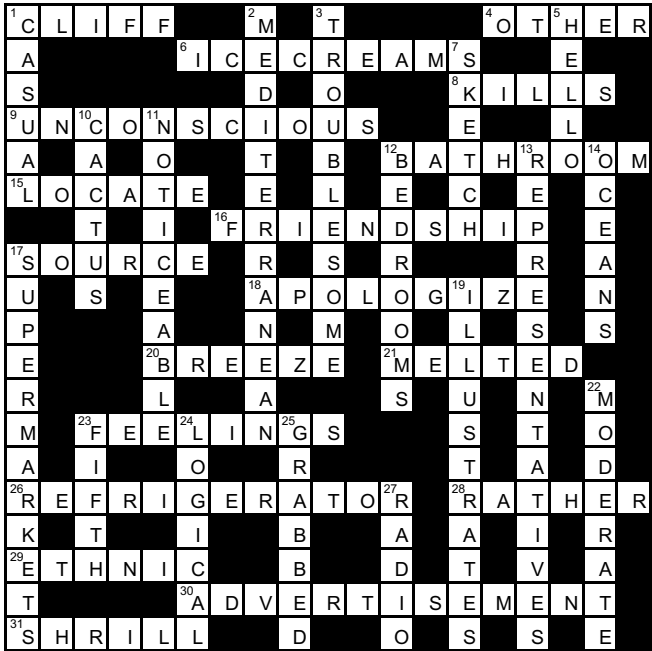
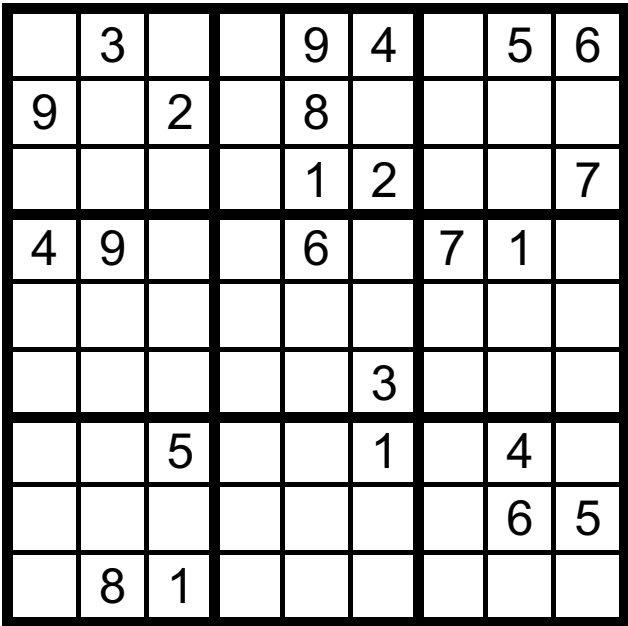
9 Pharaoh's land (5)

12 Sea travels (7)

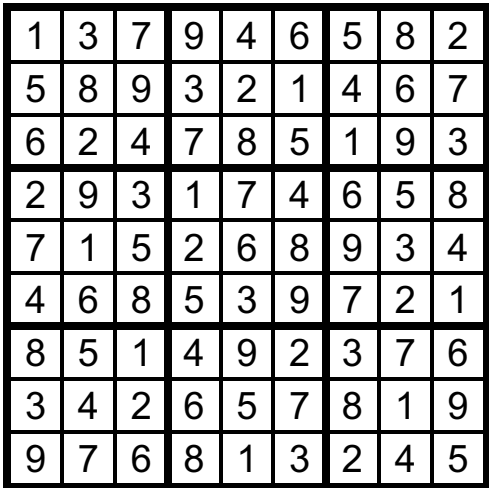
- 13 King or queen (5)
- 15 Directed vertically (7)
- 16 Public or formal notice (12)
- 18 Arranging in a position of readiness (9)
- 19 Holland (11)
- 22 Halloween 'vegetable' (7)
- 24 Winds originating from sea or land (7)
- 25 Weather over a continued period of time (7)
- 26 Posture problem (5)
- 27 Issue (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 211



Tri-City Stargazer MAY 8 – MAY 14, 2013 BY VIVIAN CAROL

For All Signs: Eclipses generally come in pairs, one at the new moon and the other at the full moon. This eclipse season we have three. The full moon of April 25 in the sign of Scorpio started the cycle. On May 9, we have the New Moon in the opposing sign, Taurus, at 8:28 p.m. EDT. The third eclipse will occur on May 25 near midnight EDT. Between the second and third eclipses, we have one more square of Uranus and Pluto (see next week). Given the world event preludes in April, there will likely be no one left untouched by the end of May. Eclipses are especially profound lunations and tend to bring all circumstances into the daylight for good or ill.

Aries the Ram (March 21-April 20): This is a period in which you may encounter someone from your past. If not a person, then you may confront a debt or a promise made some time ago. There really is no way around it. This is tied to Taurus, the Bull, and we can't move Bulls unless they choose to leave of their own volition.

Taurus the Bull (Apr 21—May 20): This time brings a drama with your significant other that does not even really belong in that department. Your ego may be a bit bruised, but the real wound happened many years ago. It is not fair to demand that your partner compensate for injuries of your old history. Maintain perspective.

Gemini the Twins (May 21-June 20): You could have a tendency to travel down memory lane during this period. Unfortunately the ones that surface may be more destructive than helpful. If you experience memories that cause you to feel fear or pain, remember that you are in the present. It may be merely a cautionary reminder from the past.

Cancer the Crab (June 21-July 21): Your good judgment is in

one place while your heart is in another. It could be highly distracting. Concentrate while driving or handling tools. If possible, don't force a decision just now. You might benefit from writing a note to yourself from the voice of logic and a separate letter that speaks for the soul so you can gain a bit of clarity. Avoid falling backward to out-moded patterns.

Leo the Lion (July 22-Aug 22): The eclipse on May 9 is in your house of career and life direction. Something new is called for in these areas. Whatever it is will begin slowly and calls for a long building phase. Strategy is required. You must leave desire for revenge or other dark thoughts behind. Otherwise they will slow your progress.

Virgo the Virgin (August 23-September 22): Life is generally frenetic this week. It is important that you remember to hold onto the big picture of where you are headed. Don't allow the nuisance details to upset your attitude if you can help it. Remember what the forest is and which things are merely sprouts and twigs on the path.

Libra the Scales (September 23-October 22): It is possible you will feel a sense of fatigue this week. Maybe something has caused you to be disappointed with yourself. Don't take the blues seriously or worry about yourself. In a few days you will feel much better. It is a temporary mood swing. Get some extra rest. Stay in touch with good friends.

Scorpio the Scorpion (October 23-November 21): A new situation may bring up old anger at this time. It is important to leave dark energies, such as the desire for revenge, in the past. You do not need to prove anything now. It is possible that you will accidentally slip into outdated language and behavior that is no longer appropriate for you. Set it aside as soon as you wake up to the present.

Sagittarius the Archer (November 22-December 21): You have only six weeks before your planetary ruler, Jupiter, moves on from Gemini to Cancer. This transition is important because the change of focus happens only once per year for you. While in Gemini, Jupiter highlights relationships and partnerships of all types. You are headed

toward a commitment very soon.

Capricorn the Goat (December 22-January 19): You occasionally confuse what you think with who you are. There are those who will disagree with you this week. Just don't let it become a battle to the death. Your identity is not at stake in this situation. You may not like what is happening, but you can choose a better time later to argue the point.

Aquarius the Water Bearer (January 20-February 18): Your mind is restless and easily bored this week, so find a variety of interesting things to read. You are feeling independent and you may want more alone time than is the norm. Sometimes we just need to see different sur-

roundings. If you have these symptoms, try a brief weekend trip. Exercise in order to avoid the jitters.

Pisces the Fish (February 19-March 20): The last thing in the world you want to do right now is follow routine. Give yourself some slack and take a breather. If you don't, you will resent it and that uses more energy than it is worth. Let your imagination flow and consider adding something beautiful, maybe inspirational, to your everyday surroundings. It will perk up your attitude.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com



Kid Scoop

.com



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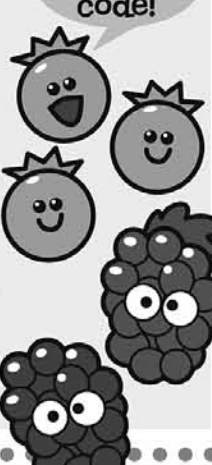
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Kid Scoop FIT & FUN

Use the code!

☑ = A
☐ = B
▣ = C
▤ = E
▥ = I
▦ = N
▧ = O
▨ = R
▩ = S



HARVEST OF THE MONTH

BERRIES

Did you know...

- Blackberries and raspberries are members of this flower's family: .
- Blueberries are related to .

Knott Your Average Berry

Replace the missing words.

COMBINATION FARMER
NAMED PARK GREW

The boysenberry is a hybrid — a berry created by a _____ of blackberry, raspberry and loganberry. A _____ named Rudolph Boysen created them in Northern California in the 1920s, but it was Walter Knott who _____ them and made them _____. Knott's Berry Farm eventually _____ from a small roadside stand selling boysenberry preserves to a major theme _____ in Buena Park, California.



Exercise Story

Have a parent or friend read this story aloud. Each time one of the fruits below is mentioned, do that motion for 30 seconds. Then, trade places as you read the story aloud.

-  = hopping in place
-  = stand on one foot
-  = jumping jacks
-  = run in place
-  = sit ups
-  = somersault
-  = touch your toes

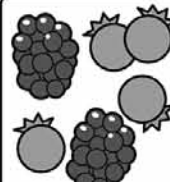
BANANA BERRY SMOOTHIE



Peel ½ banana and put into a blender.



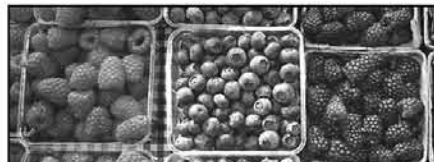
Add ½ cup low-fat milk and ½ cup orange juice.



Add 1 cup fresh or frozen berries.



Blend until smooth. Pour into a cup and sip!



Berries and other fruits and veggies get their color from pigments called **phytochemicals** (fy-toe-kem-ih-kulz). These special chemicals help protect plants. They are also good for human health.

Test Your Berry Knowledge

- Wild raspberries have been eaten since prehistoric times.
☐ TRUE ☐ FALSE
- Native Americans called blueberries "Star-berries" because the top part forms a five-pointed star.
☐ TRUE ☐ FALSE
- American colonists learned from Native Americans how to dry berries and store them for the winter.
☐ TRUE ☐ FALSE
- A serving of berries is about one handful.
☐ TRUE ☐ FALSE
- There are over 200 species of raspberries.
☐ TRUE ☐ FALSE

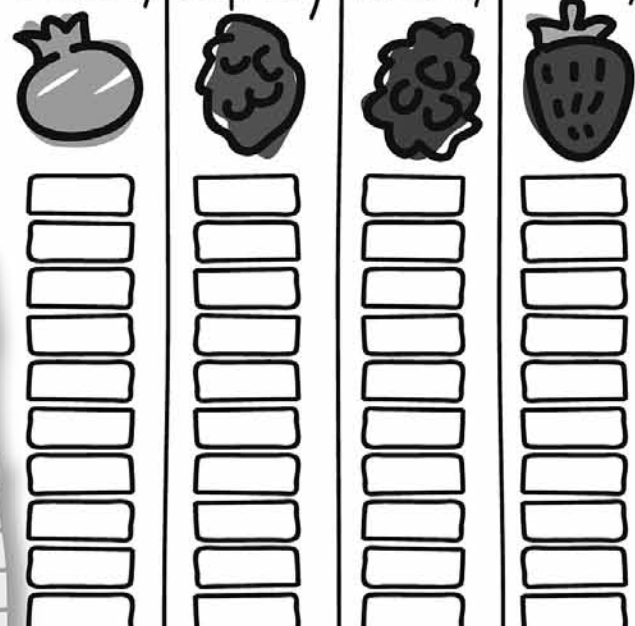
ANSWER: All of the above are TRUE!

Berry Survey

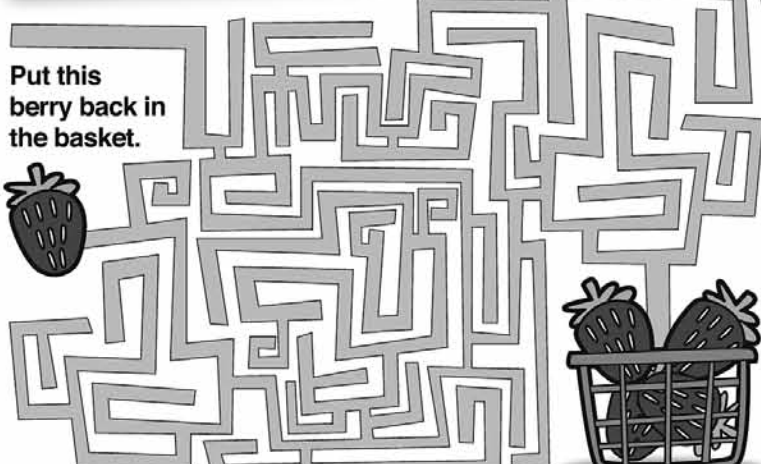
Ginnie asked each student in her class, "Which kind of berry do you like the best?"

Read the results of her Berry Survey. Then complete the graph by coloring in the correct number of bars at right.

Berry	Count
Blueberry	9
Raspberry	5
Blackberry	7
Strawberry	8



Put this berry back in the basket.



Food Fractions

Use a recipe to practice fractions. Find a recipe in the newspaper and double it, halve it, triple it! If there isn't a recipe in the newspaper, use a cook book.

Standards Link: Numbers Base 10: Understand fractions as numbers.

Mr. Citrus' food truck was very popular. The truck was designed to look like a giant **orange** and each day he'd drive to business parks at lunch time. People would buy fresh **watermelon** slices, bunches of **grapes**, **apples** and more.

One day, Mr. Citrus parked on a steep hill. When he opened the truck's customer window, fruit began rolling off the counter and down the hill.

Strawberry after **strawberry** rolled alongside **oranges** and **apples**. Luckily, Mr. Citrus was able to catch a large box of **grapes** before it also tumbled away.

The rolling fruit picked up incredible speed. At the bottom of the hill sat Officer Stan, enjoying a slice of **watermelon** at the park.

Suddenly, poor Stan was pelted with **strawberries**, **lemons**, **apples** and **oranges**, knocking him off the park bench.

As he wiped smashed **apple** bits off his uniform, he called his sergeant on his radio.

"You're not going to believe this, Sgt. **Pear**, but I was just attacked by an escaped fruit salad!"

Kid Scoop Puzzler

Cranberry fields are flooded with fresh water to create a bog. A special machine knocks the cranberries off the vine and they float to the water's surface ready for harvesting. Cranberries harvested in this way are used to make juice and sauce.



Circle every other letter to discover a way to tell when cranberries are ready for harvesting.

**RBIGPNEKCYRGATNVBKE
WRVRJIDEQSPWGIHLC
LKBDOXUBNHCKE**

Standards Link: Reading Comprehension: Follow simple written directions.

Double Word Search

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

S	S	A	L	C	H	A	R	R	V
T	S	E	V	R	A	H	E	A	S
A	S	T	I	C	O	F	D	S	T
N	E	Z	O	R	F	I	L	P	N
D	T	L	H	T	R	E	I	B	E
M	O	O	T	B	N	E	W	E	M
R	B	O	Y	S	E	N	B	R	G
T	N	H	F	R	E	S	H	R	I
K	S	U	O	M	A	F	H	Y	P

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop-doku

Complete the grid by using all the letters in the word **FRESH** in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.

F				H
	F			
				F
S			F	
H	F			

FROM THE Kid Scoop LESSON LIBRARY

www.kidscoop.com

Choose a newspaper article and cross out the nouns, adjectives and verbs. Then, ask a friend to give you new words to replace the ones you crossed out. Read the article aloud using the new words. Is it *berry* funny?

Standards Link: Language: Understand the functions of nouns, adjectives and verbs.



What is the easiest way to make blueberries bigger?

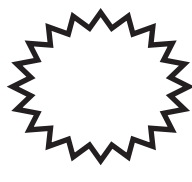
ANSWER: Put them under a magnifying glass.

Write On!

The Magic Berry

I found a ripe berry hanging on a bush. Just as I was about to pick it, it started to talk and said ...

Finish this story.



Are you a writer?

Do you like to write about interesting topics? Are you a whiz with words and like to share your thoughts with others? Can you find something fascinating about lots of things around you?

If so, maybe writing for the Tri-City Voice is in your future. We are looking for disciplined writers and reporters who will accept an assignment and weave an interesting and accurate story that readers will enjoy. Applicants must be proficient in the English language (spelling and grammar) and possess the ability to work within deadlines.

If you are interested, submit a writing sample of at least 500 words along with a resume to tricityvoice@aol.com or fax to (510) 796-2462.

HCAC higher education scholarships

HCAC Scholarship Recipients
Berkeley
Elizabeth Cardenas
Jahzeel Flores Morales
Zefora Ortiz

Castro Valley
Marisa Jimison
Lisha Pacheco

Dublin
Isabel Molina

Fremont
Christopher Axel Barrios

Hayward
Ivy Acuna
Crystal Araujo
Yosaira Espinoza Arzate
Enrique Romario Gonzalez
Rebecca Gonzalez
Ricardo Gonzalez
Jessica J Ibarra
William Ramos-Ochoa
Daniel Suarez
Zayra Trujillo
Jessica Valenzuela

Livermore
Bianca Garcia
Emanuel Suarez Jimenez

Newark
Josefina Andrade
Vanessa Arguello
Irma Castaneda

Oakland
Alejandra Arteaga
Eduardo Chaidez
Daniel Garcia
Gerardo Jauregui
Imelda Lopez
Gloria Jaqueline Mejia-Cuellar
Kimberly Mejia-Cuellar
Ana Cristina Muro Lizardo
Jesus Pastrano
Josue Preciado
Jocelyn Sanchez
Oscar Sorto



HCAC Scholarship recipients and sponsors, annual awards luncheon, Newark-Fremont Hilton Hotel, Newark.

Pleasanton
Gloria Carrasco

San Leandro
Brisa Arcos
Sergio Chairez
Rosa Guerrero
Hector Huerta
Bianca Daisy Martinez-Salazar
Evelyn Patsy Martinez-Salazar
Frida Melissa Vielma

San Lorenzo
Hozmar Octavio Fierro Ortega

Union City
Alfredo Enrique Alvarado
Emerita Alvarado
Oscar Barragan Arechiga
Blanca Lopez-Ornelas

Daniela Martinez
Pablo Moreno
Diana Rosales
Michelle Sanchez

PHOTO BY SIMON WONG

The Hispanic Community Affairs Council (HCAC) awarded 52 scholarships to local Alameda County students who will attend community colleges or continue their studies at universities throughout the country. The HCAC 31st Annual Scholarship Awards Luncheon was held on May 3, 2013 at the

Newark-Fremont Hilton Hotel, Newark, and dedicated to Terry Roderick-Alderete “whose life epitomized this organization – to promote the value of education, cultural diversity and community involvement.”

Students have applied and been accepted at Yale, MIT, UC Berkeley; Cal Poly SLO, UC Riverside, UC Santa Barbara, UC Davis, CSU East Bay, Santa Clara University, San Francisco State and Mills College. Students will also be attending community colleges including Chabot, Las Positas, Merritt, Ohlone and Laney.

“Getting into medical school is one of the greatest achievements of my life. It is an unbelievably long and competitive

process and I’m thrilled to begin school at USC Medical School this Fall. My goal is to help under-served people in our Hispanic communities as a primary care physician. I am so grateful to the HCAC and intend to give time and financial assistance so that other Hispanic students might afford their future educational dreams,” said scholarship-recipient Evelyn Martinez-Salazar, Union City.

HCAC, a non-profit organization, has given scholarships exceeding \$1.5M to more than 2,000 students since 1983.

For more information about the HCAC Scholarship Program, visit www.hcac-ca.org

Local student reaches semi-finals in national geography competition



Do you ever hear the phrase, “Where in the world?” If you don’t know, Omkar Salpekar probably does. He has faced a series of tough questions on the subject and has qualified as a national semi-finalist for the United States Geography Olympiad.

Omkar Salpekar represented Moreau Catholic High School, Hayward at the US Geography Olympiad, held in Washington DC on April 25, 2013. Knowledge of this discipline was a natural outcome of his interest in maps and geography books since he was in fourth grade. At a young age, Omkar focused on memorizing countries and capital cities throughout the world.

Last year, Omkar placed tenth at the California State Geography Bee finals. Through a series of exams and Quiz Bowl rounds this year, Omkar has advanced to become a semi-finalist. He is one of the top 12 contestants in the Junior Varsity division (students born on July 1, 1997 or thereafter).

Want to try to answer some introductory questions of the Geography Olympiad? Do you know the answers? The manmade Lake Gatun is part of what system?

- a) Niagara Falls
- b) Panama Canal
- c) Intracoastal Waterway
- d) Strait of Magellan

Which of the following seas does not border Italy?

- a) Ionian Sea
- b) Ligurian Sea
- c) Tyrrhenian Sea
- d) Aegean Sea

Runners wanted...

SUBMITTED BY CALIFORNIA
PEACE OFFICERS ASSOCIATION

CPOA's Annual Run to Remember is a family oriented event to honor and remember peace officers who have fallen in the line of duty. Registration is open to the public and space is still available to runners interested participating in a 5k, 10k or Kids Fun Run/Walk! Proceeds benefit charities, including the California chapters of Concerns of Police Survivors (C.O.P.S.), an organization whose sole mission is to assist with the rebuilding of lives of surviving family members of law enforcement officers killed in the line of duty.

The honored officers for 2013 are:

Deputy Sheriff Robert Paris
Stanislaus County Sheriff's Department, CA
Thursday, April 12, 2012

Officer Kenyon Youngstrom
California Highway Patrol, CA
Wednesday, September 5, 2012

Run to Remember
Saturday, May 11
5k, 10K & Kids Run
Shadow Cliffs Regional Park, Pleasanton
<http://www.cpoa.org/ABOUT/RuntoRemember/tabid/14308/Default.aspx>

Bicycle officer recovers gun from suspect

SUBMITTED BY LT. RANDALL BRANDT, SAN LEANDRO PD

On April 30, 2013, at approximately 4 p.m., our bicycle officer was patrolling in the Washington Plaza. A store employee advised him there was a theft in progress inside their store. Our officer contacted the suspects - Sharon Montano, Alameda resident and Ismael Acosta of Oakland - as they left the store. The subjects were detained for the theft and all of the store's merchandise was recovered.

During the investigation, a concealed loaded firearm was recovered from the female's waistband. Lt. Randall Brandt stated, "At face value this appeared to be a simple theft and we are fortunate our officer's sound tactics lead to the safe recovery of a loaded firearm."

Please contact the San Leandro Police Department's Criminal Investigations Division with any information regarding this case at 510-577-3230 or contact the Anonymous Tip Line at 510-577-3278.

Citizens can also send an anonymous tip to San Leandro Police Department by texting the word SLPD and their tip to 847411. Anonymous web tips can be submitted from the Police Department's website at <http://www.sanleandro.org/depts/pd/at.asp>

Huskies stay in hunt for championship



Men’s Baseball

SUBMITTED BY MIKE HEIGHTCHEW
PHOTOS BY MIKE HEIGHTCHEW

The Washington Huskies kept pace for the top spot in the Mission Valley Athletic League as they beat Kennedy 7-2 on May 3. Bouncing back after a disappointing game last week in which they lost to the American Eagles 6-4, the Huskies needed a win to remain even with the Newark Memorial Cougars record of 7-2.

That is just what they did as they scored seven runs on nine hits. Brandon Sewell put together a great day at the mound as he pitched all seven innings with a great fastball that hit the mark all day long and a slider that left Titans batters guessing.

The Husky offense started early in the second inning when balls began to shred the Titan infield defense and find holes in the deep outfield. This has become a trademark of Husky baseball this year. Struggling from behind throughout the game, the Titans finally found a way to score in the seventh inning, but it was too little and too late.

Huskies blank Titans



Women’s Softball

SUBMITTED BY MIKE HEIGHTCHEW
PHOTOS BY MIKE HEIGHTCHEW

Washington’s Lady Huskies softball team dominated the John F. Kennedy Titans 6-0 with a well coordinated team effort. From the beginning of

the game it was evident that the Huskies came ready to play, hitting deep, running the bases and finding gaps in the Titan defense almost at will. Titan bats were intermittent and unproductive with no runs to show for their efforts.



Strike Team’s rendezvous at Fire Station #1 in Downtown Hayward

Strike Team deployed to Sonoma County fire

SUBMITTED BY AISHA KNOWLES,
ALAMEDA COUNTY FIRE DEPT

On May 1, a strike team comprised of 22 firefighters from throughout Alameda County was called to assist in firefighting operations in Sonoma County. Strike Team OES 2870C is assigned to the “Yellow Fire” in Sonoma County. The following fire departments have provided personnel as part of the County-wide response: Alameda County (2 Engines), Fremont (1 Engine), Hayward (Strike Team Leader, Strike Team Leader Trainee & 1 Engine) and Livermore-Pleasanton (1 Engine).

Despite deploying resources to help gain control of the Yellow Fire, daily staffing at fire departments throughout Alameda County remains constant, and normal operations and standard response are intact. The costs produced as a result of this deployment are reimbursable by the state.

For additional information, visit: www.acgov.org/fire

Mural to memorialize farm workers’ struggle

SUBMITTED BY JULIUS WILLIS

The Center for Filipino Studies at CSU East Bay (CFS-CSUEB), in collaboration with the Filipino Memorial Project (FMP) and the Asian-Americans for Community Involvement (AACI), has commissioned the creation of a mural depicting the historic 1960s struggle of Filipino-American farm workers in California for fair wages and decent working conditions. The project was formally announced at a fundraiser dinner on Sunday, April 28.

The CFS-FMP mural will spotlight key historical figures, including Larry Itliong, Philip Vera Cruz, Andy Amutan, Ben Gines, Pete Velasco, Cesar Chavez, and Dolores Huerta. The mural will create a strong sense of inclusiveness, allow for civic engagement, foster greater cooperation between communities and spread public awareness. Designed and artistically directed by a collective of local Filipino American artists, the mural will be produced with the help of young Filipino Americans from schools across the Bay Area.

The unveiling of the 12’ x 4’ canvas mural will take place in October, during Filipino American History Month to celebrate meaningful historical art and create conversation around stories of struggle, survival, and labor. It is anticipated that with exposure and success, the mural will become an important force for dialogue and community building throughout the San Francisco Bay Area.

The effort to organize Filipino American labor unions started in the early 1900s. The CFS-FMP mural will depict the Delano Grape Strike in 1965, when more than 1,500 farm workers walked off the grape fields in Delano, California, demanding fair wages and benefits. The Agricultural Workers Organization Committee (AWOC), a Filipino union led by Larry Itliong, formed an alliance with the National Farm Workers Association (NFWA) led by Mexican farm worker organizers Cesar Chavez and Dolores Huerta. The union of these organizations strengthened their struggle for just compensation, ultimately becoming a foundation for union labor organizing. With passion and persistence, Filipinos won their fight for increased wages, better working conditions, medical benefits, and the establishment of the Pablo Agbayani Village (a retirement community for Delano farm workers).

The Center for Filipino Studies (CFS) aims to study, document, and promote the heritage and culture of transnational Filipinos, through college curriculum, research and publication, exchange programs, scholarships, and seminars in cooperation with the California State University East Bay. To learn more, visit <http://class.csueastbay.edu/filipinostudies/index.html>.

10 tips to avoid identity theft

SUBMITTED BY LISA INOUE

Since 2011, Scambook has received approximately 200 complaints related to IRS phishing. Therefore, Scambook, the Internet’s leading complaint resolution platform, wants to warn consumers about identity theft and IRS phishing scams for the 2013 tax season. Here are ten tips that can help people file their taxes safely to avoid identity theft this tax season:

1. Know Who’s Helping: Work with someone familiar and, more importantly, trustworthy. If consumers are thinking of hiring a new accountant or commercial tax preparer, proper research must be conducted online. Be sure to read all reviews carefully and check for business complaints on Scambook.com.
2. File Taxes ASAP: Filing sooner rather than later gives identity thieves less time to file tax returns using stolen Social Security numbers (SSN).
3. Mail Taxes Personally: Don’t put taxes in others’ hands. Mail the information directly at the post office to cut out the middleman.
4. Use Secure WiFi to E-File: If filing through TurboTax or another online program, be sure to send personal information through a secure password protected wireless Internet connection. Public WiFi should not be used.
5. Save to CD or Flash Drive, Then Delete Computer Files: If E-filing, make sure to use a strong password to protect the data file. Save the file to a CD or flash drive and then delete the personal return information from the hard drive. Store the CD or flash drive in a safe place, such as a lock box or safe.
6. Watch Out for IRS Email Scams: A huge red flag is an “IRS email” because the IRS does not contact the public electronically to request personal or financial information. Proper notification for personal information will only be sent through regular mail.
7. Report IRS Phishing Emails and Fraud Sites: If a website claims to be the IRS but fails to begin with www.irs.gov, be very careful because it might be fake. There are a few exceptions, like apps.irs.gov, but in general, all pages begin with www.irs.gov. If a suspicious website claims to be the IRS or you receive a fake IRS email, report it by emailing phishing@irs.gov.
8. Shred Hard Documents Once Unnecessary: Use a cross-cut paper shredder for old tax documents when they are no longer needed. Cross-cutters are more secure than regular strip-cut shredders. Don’t discard old documents without shredding. Identity thieves often go dumpster diving for personal information right after tax season ends.
9. Check Mail ASAP: If expecting a refund or other information after taxes are filed, make sure to check the mail every day. Don’t leave it sitting in the mailbox. Have a friend pick up the mail or arrange for it to be held at the post office if a trip out of town is scheduled.
10. If Suspected a Victim of Identity Theft, Take Action Right Away: If believed to be a victim of identity theft where someone else has used your SSN to file a tax return, get IRS Form 14039 and send it in immediately. An Initial Fraud Alert with one of the big three credit reporting agencies (Experian, Equifax or TransUnion) should also be filed and an Identity Theft Report on www.ftc.gov created.

To learn more about how to protect yourself against identity thieves this tax season, please visit Scambook.com.



From providing more ways to connect with your doctors, to bringing you the most advanced medical technology, we work in partnership with you. It's how you plus us. And we plus you.



Palo Alto Medical Foundation
Sutter Health
We Plus You
pamf.org



Skate Park

Prepares for Grand Opening

Behind a shrouded fence stretching along Paseo Padre Parkway next to the Aqua Adventure venue of Central Park, contractors and Fremont City officials are putting the finishing touches on a “world class” facility that shares equal parts of fun for “street-style” and “pool-style” enthusiasts. A preview tour for the Fremont Recreation Commission revealed awe-inspiring bowls, ramps, stairs, handrails and “fun boxes” of reinforced concrete.

Skating surfaces of 25,000 square feet includes a “competition bowl” dropping 11 and 1/2 feet in a near vertical descent, in what is described as a “world class” facility. A “key” corridor runs down the middle of the park, dividing the different styles of skating while a walkway around the circumference allows non-skating visitors to observe the action from a safe distance. Artwork and layout has been carefully integrated into the park to reflect skateboard style and culture.

Fremont officials are monitoring the completion of park amenities and are expected to announce the date of a grand opening celebration in the near future.



SPRING FEVER CAR SHOW

The Niles Merchants Association once more invites the community to show off their best machines at the Niles “Spring Fever Car Show.” No car is too old or new! Between 300 to 350 vehicles are expected at the annual event that is a must for car lovers.

The day kicks off with a pancake breakfast at 6 a.m. in front of the Merchants’ train car in the parking lot across from J Street. For just \$5 early risers can get a good start to their day, courtesy of the Niles Merchants Association and United Neighborhood Outreach. For those interested in dining later in the day hot dogs, polish dogs, drinks, and other treats will be available, or attendees can try out food from the various Niles restaurants.

Live jazz music will be playing in the town plaza beginning at 10 a.m. and running throughout the day. Car-related vendors will be on hand and souvenir T-shirts will be available at the Merchants’ booth in front of Fremont Bank on Niles Boulevard. Try your luck at a 50/50 raffle (must be present to win) or stroll through the great Niles stores open for your shopping pleasure.

Awards will be presented in the

town plaza by 2:30 p.m. Make sure to stick around for the fun ceremony to see who wins for Best Paint Job, Best Primer, Best White Walls, and Best Chick Magnet.

There is still time to participate; for \$30 you can register your vehicle up until the day of the event. Participants must have their vehicles registered by 9 a.m. No early departures, please. Also note that any vehicle parked at the event location without a registration is subject to immediate tow at the vehicle owner’s expense. Applications can be found at www.nilesmerchants.com by clicking on Event Reservations.

This is an entertaining day for the whole family with all proceeds going to help fund the annual Niles Christmas Parade. For additional information, call (510)792-8023.

Spring Fever Car Show
Saturday, May 11
9 a.m. – 3 p.m.
Downtown Niles
Niles Boulevard and J Street
(510)792-8023
www.nilesmerchants.com





Washington Hospital Honors its Nurses During National Nurses Week

May 6-12, 2013



Washington Hospital Healthcare System

Investing in the health of the community.

