



Classic +
Muscle = Fun

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Aloft Hotel
opens with
renovations

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Myanmar...I
call it Burma

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April 30, 2013

Vol. 12 No. 18

Donate for the bands to play on!

By MIRIAM G. MAZLIACH

Music is a universal language that brings people together. In Fremont, that force shines brightly at Fremont Education Foundation's (FEF) annual After School Band Telethon. Helping students to experience the joy of music, FEF, through its annual telethon, raises funds needed to provide school music programs to over 1,000 students in the 4th, 5th and 6th grades, at 27 Fremont elementary schools.

This year, there are a few changes to the fundraiser. Traditionally held over three nights, the telethon has evolved into a one-evening televised event, on Saturday, May 4 from 5 p.m. to 8 p.m. Rick Geha and KK Kaneshiro are returning as hosts



of the program, airing on Channel 26 and live streamed at www.fremont-education.org.

FEF volunteers will also "phone bank" in advance of the telethon, from 12 noon - 3 p.m.

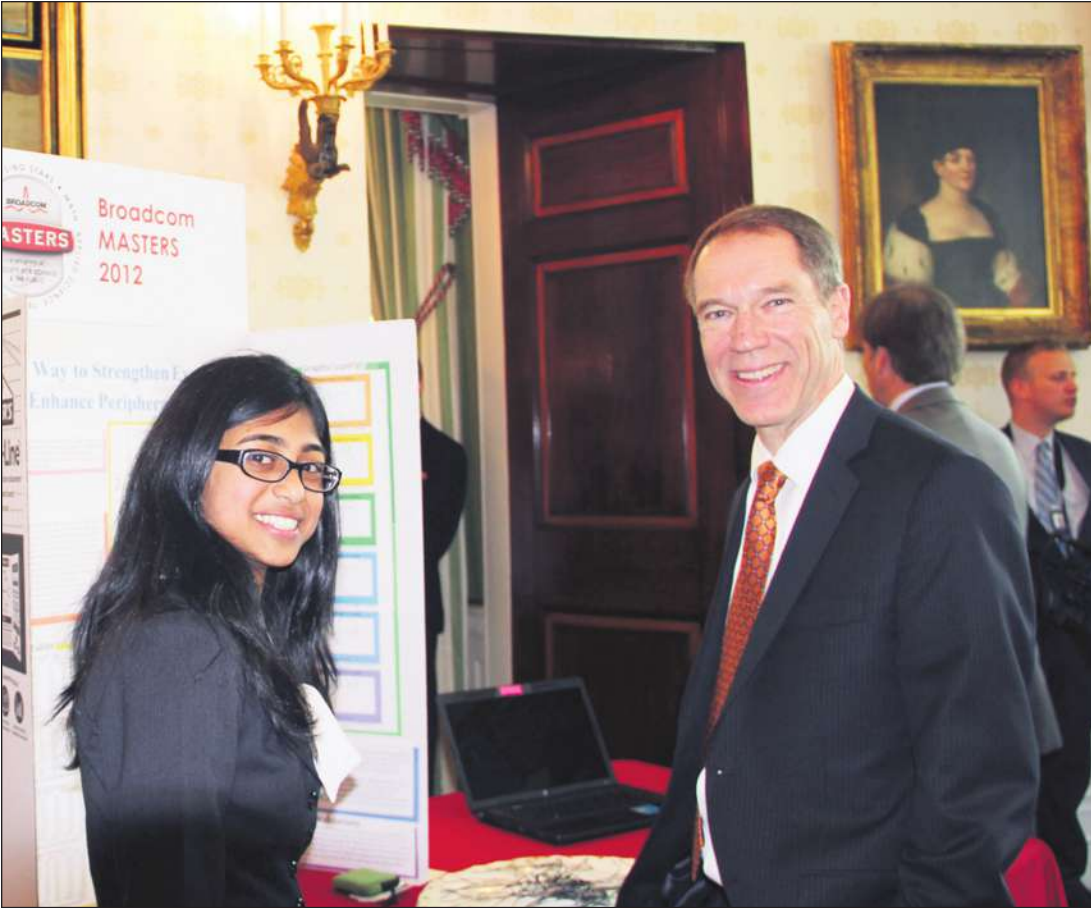
Kim Scott, FEF's After School Band Chairperson says, "We are hoping to

develop a more streamlined and simplified fundraising plan that would bring in the \$160,000 we need annually" (\$30,000 has already been raised this year). She adds, "By changing the telethon to one day, we are reducing the workload for volunteers. The goal is to simplify our processes so that we are

more sustainable as a program and as an organization."

According to Scott, as of last year, the After School Band program can no longer charge a registration fee for band. "In the past, we had charged a nominal fee, which supplemented any deficiency in fundrais-

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Jessika Baral meets with an advisor to the President

Students welcomed to White House Science Fair

SUBMITTED BY JENNIFER BAUMGARTNER
PHOTO BY HIMANSHU BARAL
AND ALLISON HEWLETT

Jessika Baral, 13, of Fremont was one of the three Broadcom MASTERS alumni who recently attended the third White House Science Fair where President Obama honored winners of the nation's top science, technology, engineering and math (STEM) competitions and viewed award-winning projects. (The other two Broadcom MASTERS students were Jack Andraka, 16, of Crownsville,

Md., and Mabel Wheeler, 13, of Orem, Utah.)

Broadcom MASTERS (Math, Applied Science, Technology and Engineering for Rising Stars) is a leading national STEM competition for sixth, seventh and eighth grade students created to inspire future scientists and engineers to stay with science and math throughout high school. Sponsored by Broadcom Foundation, a non-profit public benefit organization, the competition is a program of Society for Science & the Public.

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Niles Elementary student wins California State Spelling Bee

SUBMITTED BY KRISTEN YASUKAWA
PHOTO BY DR. JAMES MORRIS, SUPERINTENDENT

The Alameda County Office of Education congratulates ten-year-old Fremont fifth grader Sahir Qureshi from Niles Elementary School for being named the 2013 California State Spelling Bee champion on April 20 in Stockton. After 13 rounds, Qureshi won with "prosciutto" and received an iPad and championship trophy donated by Grand Canyon University. In total, 58 fourth- through sixth-grade students from 30 counties competed in the state's elementary student competition. Qureshi and Fremont student Anish Punaroor from Parkmont Elementary represented Alameda County, after tying for first place at the Alameda County Spelling Bee on March 16.

"The Alameda County Office of Education commends Sahir for his achievement and supports the annual Spelling Bee competition," said L. Karen Monroe, Alameda County Associate Superintendent of Education. "Thank you to Sahir's family, teachers and school community for supporting him in this endeavor."

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Blood Clots:
Learn About the
Risk Factors

Washington
Hospital
Seminar
Highlights
the Dangers
of Deep Vein
Thrombosis

We all know physical activity is important for good health, but it can actually save your life. Deep vein thrombosis is a condition that can result from too much sitting, among other causes.

Deep vein thrombosis is a blood clot that forms in a vein deep in the body. It usually occurs in the legs, but can also happen in other parts of the body.

“The blood clot can break off and travel to the lungs,” said Dr. Rakesh Safaya, a vascular surgeon and member of the Washington Hospital medical staff. “This condition is called pulmonary embolism and it’s very dangerous. About 200,000 people in this country die each year from pulmonary embolism.”

He will present “The Dangers of Deep Vein Thrombosis” on Tuesday, May 14, from 1 to 2:30 p.m. The free seminar will be held at the Conrad E. Anderson, M.D. Auditorium, located at 2500 Mowry Avenue (Washington West) in Fremont. Register online at www.whhs.com or call (800) 963-7070 for more information.

Dr. Safaya will explain the causes and risk factors associated with deep vein thrombosis, as well as some of the treat-

ment options available. He will also talk about ways to prevent this condition.

Blood clots are more likely to form if the vein’s inner lining has been damaged by physical, chemical, or biologic factors, including surgery, serious injuries, inflammation, cancer treatment, and infections, he explained.

Slow or sluggish blood flow is another risk factor. This can be caused by sitting for long periods of time such as when you are traveling in a car or airplane. Those who are obese or immobilized due to a condition that requires bed rest are also at risk.

In addition, some people have blood that is thicker or more likely to clot than normal. Some inherited conditions can cause this. Pregnancy, hormone therapy, and birth control pills can also increase the risk of clotting, Safaya said.

“Your risk goes up as you age,” he added. “People are more likely to have major surgery and other health problems that increase the risk when they are over age 60, and more likely to be sedentary.”

Diagnosis, Treatment, and Prevention
Symptoms of deep vein thrombosis include swelling of the leg or along a vein in the leg, pain or tenderness in the leg,



which may only occur when you are standing or walking, increased warmth in the area that is swollen and painful, and red or discolored skin. If the clot breaks off, causing pulmonary embolism, symptoms can include unexplained shortness of breath, pain with deep breathing, and coughing up blood.

“The most common test for diagnosing deep vein thrombosis is an ultrasound,” Dr. Safaya said. “We may also do a CT scan or MRI, particularly if we think the clot has moved to the lung.”

There are a number of treatment options available depending on your medical history and the size and location of the

Deep venous thrombosis is a blood clot that forms in a vein deep inside a body part. Most often, this condition affects the legs. Obesity, sitting for long periods of time — such as traveling in a car or a plane — pregnancy or a recent major surgery may put people at risk for this dangerous health problem. Learn more at an upcoming free seminar titled “The Dangers of Deep Vein Thrombosis.” The seminar will be held on Tuesday, May 14, from 1 to 2:30 p.m. at the Conrad E. Anderson, M.D. Auditorium, located at 2500 Mowry Avenue in Fremont. Register online at whhs.com or call (800) 963-7070 for more information.

clot, he explained. Anticoagulants or blood thinners are the most common medicines for treating blood clots. They decrease the blood’s ability to clot and stop existing clots from getting bigger.

“The risk with blood thinners is excessive bleeding if the medication thins the blood too much,” Dr. Safaya added. “If you are on blood thinners, you need to have your blood checked regularly.”

He said some patients can’t take blood thinner such as the frail elderly who are at risk of falling. In those cases, Dr. Safaya recommends a vena cava filter that is inserted into the vein.

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InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

 Follow WHHS on Facebook & Twitter





A Washington Hospital Channel

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	4/30/13	5/01/13	5/02/13	5/03/13	5/04/13	5/05/13	5/06/13
12:00 PM 12:00 AM	Cataracts and Diabetic Eye Conditions	Hip Pain in the Young and Middle-Aged Adult	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy	Heel Problems and Treatment Options	Strengthen Your Back! Learn to Improve Your Back Fitness	Vitamins and Supplements - How Useful Are They?	Living Well with Diabetes: Overcoming Challenges
12:30 PM 12:30 AM	Your Concerns InHealth: Vitamin Supplements						
1:00 PM 1:00 AM	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Women's Health Conference: Can Lifestyle Reduce the Risk of Cancer?	Voices InHealth: Healthy Pregnancy	Women's Health Conference: Age Appropriate Screenings	Minimally Invasive Surgery for Lower Back Disorders	Wound Care Update	Washington Women's Center: Circulation 101 for Women - Part 1: Varicose Veins
1:30 PM 1:30 AM	Minimally Invasive Treatment for Common Gynecologic Conditions						
2:00 PM 2:00 AM	Diabetes Matters: Top Foods for Heart Health	Washington Township Health Care District Board Meeting April 10th, 2013	Treating Infection: Learn About Sepsis	Washington Township Health Care District Board Meeting April 10th, 2013	Community Based Senior Supportive Services	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Washington Township Health Care District Board Meeting April 10th, 2013
2:30 PM 2:30 AM							
3:00 PM 3:00 AM	Kidney Transplants		Treatment Options for Knee Problems				
3:30 PM 3:30 AM	Influenza and Other Contagious Respiratory Conditions						
4:00 PM 4:00 AM		Caring for an Older Adult: Everything You Need to Know about Caregiving	Skin Cancer	Raising Awareness About Stroke	Alzheimer's Disease	Influenza and Other Contagious Respiratory Conditions	
4:30 PM 4:30 AM	Community Based Senior Supportive Services						Crohn's & Colitis
5:00 PM 5:00 AM		Your Concerns InHealth: Senior Scam Prevention	Diabetes Matters: Diabetes Resources	Diabetes Matters: Research: Advancing Diabetes Management	Diabetes Matters: Top Foods for Heart Health	Inside Washington Hospital: The Green Team	
5:30 PM 5:30 AM	Voices InHealth: New Surgical Options for Breast Cancer Treatment						
6:00 PM 6:00 AM	Minimally Invasive Surgery for Lower Back Disorders	Shingles	Learn If You Are at Risk for Liver Disease	Inside Washington Hospital: Stroke Response Team	Washington Township Health Care District Board Meeting April 10th, 2013	Washington Township Health Care District Board Meeting April 10th, 2013	Get Back On Your Feet: New Treatment Options for Ankle Conditions
6:30 PM 6:30 AM							Strengthen Your Back! Learn to Improve Your Back Fitness
7:00 PM 7:00 AM	Washington Township Health Care District Board Meeting April 10th, 2013	Your Concerns InHealth: Vitamin Supplements	Washington Township Health Care District Board Meeting April 10th, 2013	Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment & Percutaneous (Under the Skin) Treatment			
7:30 PM 7:30 AM					Healthy Nutrition for Your Heart	Do You Have Sinus Problems?	Varicose Veins and Chronic Venous Disease
8:00 PM 8:00 AM	Keeping Your Heart on the Right Beat	Do You Have Sinus Problems?	Varicose Veins and Chronic Venous Disease	Don't Let Back Pain Sideline Yo			
8:30 PM 8:30 AM					Diabetes Matters: Research: Advancing Diabetes Management	Influenza and Other Contagious Respiratory Conditions	Inside Washington Hospital: Patient Safety
9:00 PM 9:00 AM	Diabetes Matters: Research: Advancing Diabetes Management	Influenza and Other Contagious Respiratory Conditions	Inside Washington Hospital: Patient Safety	Get Back On Your Feet: New Treatment Options for Ankle Conditions			
9:30 PM 9:30 AM					Keeping Your Heart on the Right Beat	Do You Have Sinus Problems?	Varicose Veins and Chronic Venous Disease
10:00 PM 10:00 AM	Diabetes Matters: Research: Advancing Diabetes Management	Influenza and Other Contagious Respiratory Conditions	Inside Washington Hospital: Patient Safety	Get Back On Your Feet: New Treatment Options for Ankle Conditions			
10:30 PM 10:30 AM					Diabetes Matters: Research: Advancing Diabetes Management	Influenza and Other Contagious Respiratory Conditions	Inside Washington Hospital: Patient Safety
11:00 PM 11:00 AM	Diabetes Matters: Research: Advancing Diabetes Management	Influenza and Other Contagious Respiratory Conditions	Inside Washington Hospital: Patient Safety	Get Back On Your Feet: New Treatment Options for Ankle Conditions			
11:30 PM 11:30 AM					Diabetes Matters: Research: Advancing Diabetes Management	Influenza and Other Contagious Respiratory Conditions	Inside Washington Hospital: Patient Safety

Washington Radiation Oncology Center Earns Prestigious Accreditation

ACR Recognition Considered 'Gold Standard' for Patient Care

The American College of Radiology (ACR) has awarded a three-year accreditation to the Washington Radiation Oncology Center. ACR accreditation is widely recognized as the "gold standard" in measuring quality patient care and safety in the field of radiation oncology. Led by Medical Director Dr. Ranu Grewal-Bahl and radiation oncologist Dr. Michael Bastasch, the Washington Radiation Oncology Center offers high-quality radiation oncology services, using state-of-the-art technology that represents the latest advances in radiation therapy.

"For our patients and the community at large, this recognition by the ACR provides confirmation of the excellent services we provide," says Dr. Bastasch. "We've always believed in the quality of our radiation oncology services, but this accreditation is a formal acknowledgement of our quality by an independent panel of experts from all over the country."

The ACR conducted an extensive review of every aspect of the Radiation Oncology Center's operations.

"It took us several months to prepare the documentation that was required in the accreditation application process," explains Dr. Bastasch. "Then the ACR sent its panel of experts to conduct an intensive on-site inspection. They evaluated our equipment to make sure it was calibrated properly and performing up to required technical specifications. They examined our standards and requirements for staff training and certifications. They reviewed all of our policies, procedures and standards of practice as they relate to quality and safety. The entire accreditation process is designed to ensure the safety of our patients."

The ACR review panel also scrutinized the medical physicist's role in quality assurance. Medical Physicist Pam Fuerst notes, "They reviewed the path a patient takes through our department, with emphasis on the performance of the CT scanner and the linear accelerator that supplies the radiation for external-beam radiation therapy. Their goal was to ensure that patients are treated safely, correctly and accurately, and that Washington Radiation Oncology

Center is performing up to their high technical standards."

As part of the accreditation review process, the ACR required the Radiation Oncology Center to submit cases of patients who had recently completed treatment at the facility, using ID numbers, rather than patient names. The cases had to include a wide range of cancers, including breast, prostate, head and neck, lung and other disease sites such as colorectal, brain and cervix. In addition, the cases selected had to include all of the treatment modalities offered as well as treatment planning documentation.

ACR accreditation includes standards for personnel qualifications as well as staffing levels (the number of full-time-equivalent technical employees based on the average number of patients treated). In accordance with ACR standards, all of the center's technical staff – including the radiation oncologists, radiation therapists, medical physicists and medical dosimetrist – are board certified.

"At every level, we met the high standards for accreditation that were established by this independent board of experts whose sole concern is that we are following nationally recognized standards of care," says Ed Lee, Radiation Oncology Center Manager. "We passed the review with no 'exceptions' that would have required corrective action. For our patients, this provides outside assurance that the quality control procedures we follow are second to none."

Lee notes that in addition to providing confirmation of high-quality care to patients who choose Washington Radiation Oncology Center for their treatment, ACR accreditation also offers assurance to outside organizations such as the Veterans Administration, Alameda County and other insurance providers that may refer patients to the facility.

"Our success in gaining ACR accreditation is a reflection of our dedication and the patient-first ethic that is followed throughout Washington Hospital," says Lee. "Our emphasis on quality care and patient safety is a commitment we have made to our community, and that has now



The American College of Radiology (ACR) has awarded a three-year accreditation to the Washington Radiation Oncology Center. ACR accreditation is widely recognized as the "gold standard" in measuring quality patient care and safety in the field of radiation oncology. To learn more about the Washington Radiation Oncology Center, visit whhs.com/cancer/roc.

been confirmed by this prestigious, impartial team of experts in the field."

The American College of Radiology is the nation's oldest and most widely accepted accrediting organization for radiation oncology. For more information

about the ACR and its accreditation process, visit www.acr.org. For more information about the Washington Radiation Oncology Center, visit www.whhs.com/cancer/roc.

Preventing Stroke Means Looking at Overall Health

Stroke Professionals Say It's Never Too Late for Stroke Prevention

For victims of stroke, it may feel like this insidious disease comes from out of nowhere. But the truth is that many "silent" conditions that contribute to stroke risk may have been developing for years—decades even—before a stroke happens.

The good news, according to Dr. Ash Jain, medical director of Washington Hospital's Stroke Program, is that by taking a comprehensive look at other disease processes—and managing them with the help of your health care team—you can significantly reduce your stroke risk.

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Don't let stroke catch you by surprise. Talk to your doctor about an assessment of your risk factors, including diabetes, high blood pressure, cholesterol issues and smoking habits. To learn more about how disease processes like diabetes and hypertension impact stroke risk, and how to lower your risk through healthy lifestyle changes, attend the upcoming free stroke seminar focusing on prevention. The class will be held from 6 to 8 p.m. on Tuesday, May 7, in the Conrad E. Anderson, M.D. Auditorium located at 2500 Mowry Avenue in Fremont. To register, call (800) 963-7070 or visit whhs.com.



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ing. We are no longer permitted to do so due to an ACLU settlement regarding free education. Therefore, we must raise every penny for the program through donations and sponsorships. This makes fundraising even more critical," she stated.

During the telethon, a variety of entertainment will be provided - live and taped - for the enjoyment of telethon viewers watching from home. These include in-studio performances by After School Bands from Vallejo Mill, Weibel, Warm Springs, Brookvale and Harvey Green elementary schools. The show will also feature a live performance from the Scout Band, led by an After School Band music instructor including several band members who are also music instructors in the program. Other highlights will be a film of student band performances, as well as interviews with FEF Board members and supporters.

"FEF Board members and community volunteers are helping with the telethon, so it's a real team effort," adds Scott.

To date, generous telethon sponsors include: Wells Fargo, Fremont Bank, Allegro Music, C & L Music, Electrical Contractors Trust of Alameda County and Club Sport.

"I am new to the FEF Board and to the After School Band program," says Scott. "I have two young children and I am excited by the opportunity to help make our community and our schools stronger. I work with a lot of public schools and deeply understand their budget challenges. I believe in music and arts in the schools and believe in our After School Band program." Scott states, "I also believe that communities must invest in our schools, and that is why I chose to step up, join FEF, and help raise money for our band program."

Enrollment in the After School Band program continues to grow each year and this year classes were added to accommodate the large number of students.

Donations are greatly appreciated and can be made at: <http://www.fremont-education.org/band>. To volunteer for the telethon, email FEF Board member, Kathy Kimberlin at kimberlin@comcast.net.

**Fremont Education Foundation's
After School Band Telethon
Saturday, May 4
5 p.m. – 8 p.m.
Channel 26 and
www.fremont-education.org
To volunteer: kimberlin@comcast.net
To donate:
<http://www.fremont-education.org/band>**



Woman of the Year

SUBMITTED BY KAREN NICKELL

Pathfinder Chapter of the American Business Women's Association (ABWA) announced its Woman of the Year on March 20 at the Fremont/Newark Hilton. And the winner is... Donna Bush.

Annually, a chapter member is awarded this honor, the highest bestowed by chapters nationwide. Members are ranked by chapter involvement. Consideration is given to offices held, committees chaired and/or worked on, number of national and western district ABWA conferences attended and community service. The top three members were nominated followed by a vote. The winner is announced at a monthly meeting.

When presented with the award, Bush said, "I was honored and humbled to have been selected as the 'Woman of the Year' for Pathfinder Chapter of American Business Women's Association for 2013-2014. Receiving this prestigious award, the recognition and support from our Chapter members, is dearly treasured."

The recipient of "Woman of the Year" serves from March of the year of selection until March of the following year. Donna, an Alameda County Building Permit Technician, is eligible to attend the Woman of the Year special luncheon and function at the National ABWA Conference that will be held this year in Little Rock, Arkansas, October 3 – 5. This year promises to be a busy one for Donna Bush and all Pathfinder Chapter members.

For additional information about the Pathfinder Chapter, visit: <http://www.abwa-pathfinder.org>

Emergency Shelter Program honors local contributors

SUBMITTED BY VERA CIAMMETTI

At a celebration luncheon on Wednesday, May 8, the Board of Directors and Staff at Emergency Shelter Program will honor founder Simona Farrise and Carla Minnard, Esq. (Oakland) of the Farrise Law Firm as the recipient of ESP's 2013 Fellowship Award for volunteerism, donations, and Adopt a Family Program each holiday. Also being honored is Autowest Toyota of Hayward as the recipient of ESP's 2013 Social Responsibility Award for their donation of a 2013 Toyota Sienna, won during Toyota's 100 Cars For Good Campaign last August. In addition, tribute will be paid to Mujeres Unidas y Activas (Oakland) with the 2013 Alliance Award for their partnership throughout the years providing Bilingual Spanish Speaking Peer Counselors and supportive services to clients. They also provide transportation and accompaniment to legal, social services and other case management related appointments.

The event will be held at the Hayward Toyota Dealership on Mission Boulevard in Hayward from noon to 1:30 p.m. with a simple ceremony, a few words from each recipient, and a bite of something great to enjoy. Assemblymember Bill Quirk is presenting proclamations, and Congressman Eric Swalwell will be attending. The luncheon buffet will be catered by Summer Kitchen + bake shop in Berkeley.

Ticket cost is \$25 per person. Tickets may be purchased at www.espc.org or by calling the ESP office at (510) 581-5626 as well as e-mailing info@espc.org. Reservation deadline is May 3.

Emergency Shelter Program, a social benefit agency, is Alameda County's first domestic violence shelter. ESP strives to advance young women from a point of crisis to a position of self-sufficiency in their lives.

Since 1972, they have provided a safe and supportive haven to more than 15,000 displaced women and their children, survivors of domestic violence, human trafficking and homelessness.

**Emergency Shelter Program Celebration
Wednesday, May 8
Noon – 1:30 p.m.
Autowest Toyota Showroom
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www.espc.org
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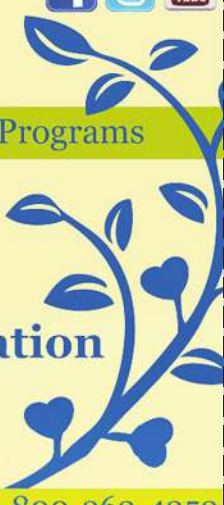
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Healthy Kids Day

Streets around the Fremont campus of DeVry University were closed to automobiles on Saturday morning, April 27, but

there was plenty of traffic. With high spirits and [for some] a steady pace, a large group of runners, walkers and those who did a bit of both, set off on the YMCA Healthy Kids Day 5K Fun Run/Walk. Fremont Mayor Bill Harrison commended participants and sponsors as the free, fun filled day of activities began.

Designed to promote the strengthening of community through youth development,

healthy living and social responsibility, major sponsors of the event included Fremont/Newark YMCA, DeVry University (Fremont Campus) and Washington Hospital Healthcare System. DeVry Director of Admissions Daniel Cardenas was impressed with the turnout. He commented that DeVry is committed to quality education and healthy lifestyles in the greater Tri-City area and the Healthy Kids Day 5K Fun Run/Walk is just one way that the university supports the community.

Participants were rewarded with medals and Healthy Kids Day Festival activities – booths and music - by community organizations that promote inclusion in commu-

nity affairs and healthy lifestyles. Created by the YMCA, the event is held to help families build healthier lifestyles and create stronger bonds through active play, fun activities and shared experiences. The “Y” believes that kids and families should have the opportunity to make healthy choices and have access to resources that help them achieve greater health and wellness for their spirit, mind and body.

All proceeds from the 5K Fun Run/Walk will be used to provide financial assistance to children and families who otherwise cannot afford to participate in Fremont/Newark YMCA programs.

DeVry hosted post-race refreshments and activities as well as an open house of the campus to acquaint the community with the DeVry experience.

REAL ROOMS FOR REAL PEOPLE

Tips for making rooms look larger

Some of my clients live in large homes with soaring ceilings and plenty of space, but the majority live in average-size homes. A very common question my clients ask is: How can I make this room look bigger? Let me just start by saying that not all rooms need to feel as large as possible. Sometimes it is best not to fight a small space; just make it as comfortable and beautiful as you can. Small rooms can be tiny jewel boxes, cozy and intimate, with dark colors and dramatic lighting.

On the other hand, for those of you who desire a more open, spacious look in your home, the following tips can help:

- 1. Choose light, cool paint colors for the walls. Cool colors recede, making them good choices for small rooms. Try icy blues and soft, pale greens. These restful colors are particularly good in bedrooms. Neutral tones like gray and taupe also work well in small rooms. Keep ceilings and trim work painted white or in a lighter version of the wall color.
- 2. For flooring, use one type only, such as wall-to-wall carpeting or hardwood floors. If you must use an area rug, use one larger one instead of several smaller ones, and stick with a lighter, solid color or a subtle tone-on-tone pattern.

- 3. Use a monochromatic color scheme for the room. Select one main color and run with it, using varying shades of the hue for walls, flooring and furnishings. Use tone-on-tone patterns in upholstery fabrics, but be sure to incorporate a mixture of textures to add interest to the space. For example, choose golden chenille for the sofa, creamy yellow for the walls and light oak wood flooring. Choosing upholstered pieces, such as sofas and chairs, in colors similar to the wall color will allow them to blend in and make the room seem more spacious. Avoid vibrant and busy fabric patterns.
- 4. Be careful when selecting furniture pieces. Using fewer, larger scale pieces can actually make a room seem larger than using many smaller pieces. For example, instead of a separate TV stand, stereo cabinet and DVD storage unit, house the TV and all of the related components and accessories in one media cabinet. Also, keep in mind that some furniture pieces take up less visual space than others. Armless chairs, glass top tables and low benches are some examples.
- 5. Minimize clutter. Too many tiny knick-knacks can make a room feel much smaller than it is. Instead opt for a minimalist look with fewer, larger accessories. On the mantel, for example, replace any small, skinny candles with one or two large-scale candlesticks. And over the sofa, use one large painting instead of a collage of smaller pictures.
- 6. Lighten up the window treatments. Replace dark, heavy



Anna Jacoby of Anna Jacoby Interiors is a local interior designer. Send your design questions to her at info@annajacobyinteriors.com Call or fax her at 510-490-0379 or visit www.annajacobyinteriors.com

draperies with filmy, gauzy fabrics that let in natural light. Select a neutral white or ivory, or a fabric color that blends with the wall color, and avoid busy patterns.

- 7. Add lighting. Dark rooms can seem smaller than they actually are. The best way to remedy this situation is to add lighting. I don't mean to say bring in lots of table lamps. Doing this will simply add clutter, and will not adequately light your space. Splurge a little and have an electrician add recessed lighting, a large center ceiling fixture, track lights or wall sconces. Money invested on lighting is always money well-spent.
- With some careful planning and a few changes, your small rooms can look and feel more spacious.

Letter to the Editor

Restore funding to Blue Angels

It has come to my attention that the Blue Angels flying team cancelled their scheduled San Francisco fleet week appearance when the U.S. Navy announced the Blue Angels were grounded by Federal budget cuts; this is most troubling.

We spend billions upon billions of dollars that we cannot account for in Iraq and Afghanistan in our attempts to impose our ideological philosophies in countries where majorities of individuals simply do not agree with American politics nor have any interest in moving forward in the creation of a democratic culture.

In regards to the American public, the Blue Angels have a historic and highly praised patriotic image, which resonates with the American public, causing its citizens to take pride in and support our Military, and this is perhaps one of the Military's most effective tools in this regard.

The Blue Angels have generated as much good will and benefit for the U.S. Military as anything else they have attempted to do to encourage patriotic acknowledgment of the worth and presence of the Military in the United States. The Navy has stated that the team's annual budget is \$35,000,000. Keeping in mind that this budget is nationwide, the Pentagon claims they cannot afford this luxury.

It appears the Navy has canceled the Blue Angels' 30 remaining performances for this year, and

they would make no promise in regard to whether jets would be available next year.

Over the years, the Blue Angels have consistently re-enforced pride in America's armed forces, delighting crowds with their aerial maneuvers, and have also opened doors for children to look to the future and consider the Military as a career.

Perhaps it is time to cut back on spending billions of dollars we can't even account for in Afghanistan, supporting their President who on a regular and frequent basis has done nothing other than accuse America of butchering his civilians. Let's take this tiny fraction of our military budget and use it to protect and promote the integrity of the American Military to millions of Americans who have had the pleasure of witnessing the Blue Angels each year.

We need to maintain and encourage future support of the American Military throughout the American public to all members of our Nation, young and old. I believe the Blue Angels have been a very important and successful component in maintaining the pride and honor of the U.S. Military with the general public.

Law Offices of John N. Kitta & Associates
Fremont

An Earth Day recycling experience

SUBMITTED BY
LAUREL O'BRIEN/JOE CAMERO

April is always a special time of year for environmental enthusiasts, and nowhere is this truer than in the Bay Area at myriad Earth Day events. On April 20, more than 340 East Bay residents visited the Waste Management of Alameda County's Davis Street Resource Recovery Complex and received a unique, eye-opening experience to reinforce the connection between everyday choices and their impact on the planet's finite resources.

Activities included:

- * Tours of the 52-acre, state-of-the-art Davis Street Resource Recovery Complex, where more than 2 million pounds of materials are processed for recycling each day.
- Ready, Set, Recycle contest, sponsored by Stop-Waste.org awarded Kristin Kohn from Livermore with the grand prize of \$125 for her recycling expertise.
- Families and their children got an up-close look

at compost and the critters that inhabit it, made their own paper, and learned about creative reuse and green building design at learning stations at the irecycle@school Education Center.

- WM EarthCare™ Homegrown Compost was given free to all visitors. Locally sourced and produced from 100 percent recycled materials, WM EarthCare™ is a recipient of the U.S. Composting Council's Seal of Testing Assurance (STA) and the Organic Materials Review Institute (OMRI) listing for use in organic farming, the industry standards for quality. For more information, visit wmearthcare.com.

"It's so important to challenge people while they're still young to reject this concept that trash simply goes 'away' once it's picked up," said Rebecca Jewell, Waste Management Recycling Program Manager, Davis Street. "We take pride in our ever-expanding efforts to 'close the loop' on waste materials, and encourage a greater understanding in children and adults alike to reduce their carbon footprint."

To learn more visit www.wm.com

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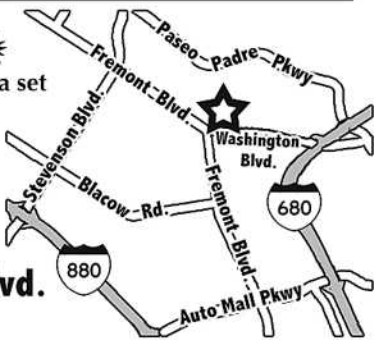
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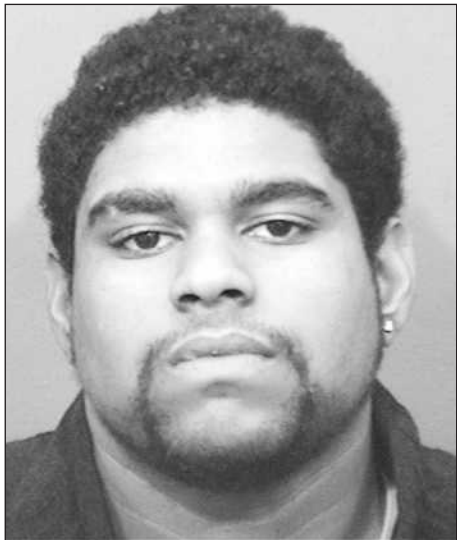


Hayward man missing

SUBMITTED BY HAYWARD PD

The Hayward Police Department is seeking assistance in locating 34 year old Hayward resident, Nigel Jay. A family member reported to the HPD on April 10, 2013 that Nigel has not contacted family or friends since Sunday, April 7, 2013. Nigel has no known history of failing to contact family or friends. His family characterizes his disappearance as unusual and suspicious and they are concerned something bad has happened to him. The investigation to this point indicates Nigel was last seen in Oakland, CA, on April 7, 2013, between 6 and 9 p.m.

Anyone with information about Nigel's whereabouts is asked to contact the local police jurisdiction or the Hayward Police Department dispatch center at (510)293-7000.



Fremont Police Log

SUBMITTED BY FREMONT PD

April 19
Officers were dispatched to a robbery at the Subway on Thornton. Suspect was a black male adult, 19-20 yrs, 5'10"/thin build, red cloth covering his face, simulating a firearm. He was last seen running s/b Dusterberry. Investigated by Ofc. Ceniceros.

Hayward PD called at around 8:30 a.m. as they located the victim vehicle from the carjacking that occurred earlier in the morning at Ferry Ln./ Fremont Blvd. Det. Magana coordinated having the vehicle towed back to FPD for processing.

CSO Codey investigated a commercial burglary at the recycle center near Raley's. Unknown suspects broke into the recycle center and stole money and recyclables.

Two males shoplifted in Raley's and fought with store security as they were detained outside. A 32 year old adult male and a 31 year old adult male both went to jail for battery and shoplifting. Inv. by Ofc. Torrico.

Reporting party called to report just finding bullet holes in her front window on the 4300 block of Peralta Blvd. They holes were created by an unknown object between 4/18 at 9:00 p.m. and 4/19 at 3:30 p.m. Inv. by Ofc. Wilson.

Solo vehicle versus tree and sign post at Eggers/Hastings. A 19 year old adult male was driving his vehicle n/b on Hastings and failed to negotiate the traffic circle at Eggers Dr. He jumped the N/E curb, struck and removed a 13 in. diameter Pepper tree and a street sign before skidding another 50 feet north. The vehicle caught on fire initially and a neighbor was able to extinguish it before officers arrived. A few minutes later, the car became fully engulfed and melted down to metal. FFD was able to put out the fire. The driver, uninjured despite major damage, was arrested for DUI and booked at FPD Jail. (photo)

Reporting party at the 40900 block of Durillo Dr. reported his two and a half year old (100+lb) German Shepherd was acting vicious, foaming at the mouth and he feared for his family's safety. Units arrived and determined dog was an extreme hazard. Officers attempted to use catch poles but the dog was not going along with the plan. Officers successfully de-

ployed a Taser which was effective, allowing two poles to be placed and the dog and get him transported to an emergency vet. He was sedated, but continued to fight until they got him into a kennel.

April 20
A residential burglary, backyard window smash, was reported on Via Sombrio, investigated by Ofc. Settle. Officers responded to a verified alarm on Kato Rd and found that a secured yard had been accessed and an electrical room had been broken into. The loss is unknown at this time but it appears the suspect(s) may have been scared off by the alarm prior to cutting any wire. Investigated by Officer Meredith & FTO Austin with an assist from zone 3.

April 21
White male adult, 20's, black hoodie, black pants, gray hat, black scarf covering his face, armed with a black semi-auto pistol. Suspect entered Pizza Hut at The Hub and ordered all employees to the ground, then fled with an unknown amount of money. The suspect was seen loitering at the bus stop on Mowry Ave prior to the robbery. This case is likely associated with the robbery of the Pizza Hut on Grimmer that occurred on 3/31.

Reporting party reported crossing Cushing Rd. and possibly seeing a suspicious person hunkered down near a light pole. Lights were all out of service again. Siemens reported that work had just been done to the lights and all should be functioning. Power lines were checked and we were able to confirm they were recently clipped and prepped for removal by copper thieves. A request to fix the lights has been made.

April 23
A homeowner (45000 block of Grimmer Blvd.) was at home and received a knock at her front door. The homeowner did not answer the door. Several minutes later, she observed a second suspect looking through a window in her backyard. The suspect(s) fled when they saw the homeowner. Officers checked the area, but were unable to locate the suspects. Ofc. Hamblin investigated the incident.

SUSPECT DESCRIPTIONS:
#1 – white male adult, late 20's, 6'00", skinny build.
#2 – black male adult, dark skinned, early 20's, 6'2", skinny build, short hair, black T-Shirt and jeans.

From BART PD:

On April 23, 2013 a victim reported a Sony Explorer AM/FM CD stereo was taken from inside his 4 door, 1999 gray Honda Civic while it

was parked at the station between 7:05 a.m. and approximately 6:30 p.m. The victim was unsure if the vehicle was locked.

April 24
BART PD asked for assistance for two Hispanic male juvenile's possibly breaking into vehicles in the BART lot. K9 Ofc. Lambert arrived and two juvenile males ran from him. They were detained by Ofc. Lambert and Madsen. Both had stolen items on them and one of them had a no bail warrant. A Fremont victim called about her vehicle having been broken into at Washington Hospital. Her stolen items were found on one of the juveniles. Both were arrested and transported to Juvenile Hall.

Officers were dispatched to the 34000 block of Colville Pl for a possible auto burglary where neighbors reported seeing a female near a vehicle with a smashed window. Officers did not locate the female but the registered owner of the vehicle was contacted in another city and advised they were not willing to respond and would deal with the vehicle at a later time. Investigated by Ofc. Allsup.

Officers were dispatched to an armed street robbery near the Walgreens at Paseo Padre Pk and Mowry Av. The two victims, who are brothers, walked from their home to the Wells Fargo ATM machine to make a deposit at 2:30 a.m. They are confronted by the suspects and robbed at gunpoint. They described the suspects as a Hispanic male adult wearing a black hoodie, blue jeans, 5'5", 17-20 years old, armed with a silver handgun and a black male adult wearing a black hoodie, blue jeans, 5'7" 17-20 years old. Officers checked the area but did not locate the suspects. Investigated by Ofc. Taylor.

April 26
A juvenile was punched and robbed of cash and portable speakers at Bay St. Baywood Apartments. Victim sustained no injuries. Case investigated by Officer Madsen.

Officer Haugh coordinated a probation search/warrant service at a residence on Fairwood Street. The 16-year old juvenile probationer had an active warrant for removing his GPS anklet. The mother refused to answer the door for nearly 30 minutes. After she finally answered, the suspect was located hiding in his mother's bedroom.

Officer Soper stopped a motorcycle near Mission Blvd & I-680. Dispatch advised the motorcycle was stolen from San Jose. Officer Soper arrested a male for vehicle theft and poss. stolen property.

Rare 1913 nickel fetches over \$3.1M at auction

AP WIRE SERVICE

SCHAUMBURG, Illinois (AP) - A rare century-old U.S. nickel that was once mistakenly declared a fake has sold at auction for more than \$3.1 million.

The 1913 Liberty Head nickel is one of only five known to exist. But it's the coin's back story that adds to its cachet: It was surreptitiously and illegally cast, discovered in a car wreck that killed its owner, declared a fake, forgotten in a closet for decades then declared the real deal.

It was offered for sale by four Virginia siblings at a rare coin and currency auction in the Chicago suburb of Schaumburg on Thursday, and sold for well over the expected \$2.5 million.

The winning bidders were two men from Lexington, Kentucky and Panama City, Florida, who bought the coin in partnership.



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continued from page 2

Blood Clots: Learn About the Risk Factors

recovering from surgery or other illnesses, be sure to get moving as soon as it is safe to do so.

"It's also important to stay hydrated," he added. "Drink plenty of fluids. If you have any of the risk factors, make sure you get regular checkups and pay attention to any pain or swelling."

For information about other programs and services offered at Washington Hospital that can help you stay healthy, visit www.whhs.com.

Attempted residential burglary suspect arrested

SUBMITTED BY SGT. GENE SMITH,
MILPITAS PD

On May 29, 2012, at about 12:43 P.M., Milpitas Police Officers responded to a report of a residential burglary at the 2100 (B) of Sepulveda Ave. The victim heard a knock at her front door but chose not answer it. She looked through her window and saw three unknown Hispanic males standing at the door. Two of the suspects then jumped the side fence into her backyard and attempted to gain entry into the home by prying open a kitchen window.

The suspects fled prior to entering the house because they became aware the victim was actually home and aware of their presence. Responding officers quickly set a perimeter and checked the area but did not locate the suspects. During the follow up investigation officers were able to recover physical evidence at the scene. Detailed analysis of

this evidence recently led to the positive identification of one suspect, who was 17 years-old when this incident occurred last May.

Detectives immediately looked into the whereabouts of the suspect in order to locate and arrest him. They quickly learned the suspect was already in jail for an unrelated criminal offense in another jurisdiction. On April 10, 2013, a Milpitas Detective interviewed the suspect and requested the District Attorney add a charge against him for the Milpitas attempted burglary. The now 18 year-old suspect remains in-custody.

Anyone with any information regarding this investigation or other similar incidents occurring in our city is encouraged to call the Milpitas Police Department at (408) 586-2400. Information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department website at: http://www.ci.milpitas.ca.gov/government/police/crime_tip.asp

DUI/Driver's License Checkpoint Planned

SUBMITTED BY FREMONT PD

Fremont Police Department Traffic Unit will be conducting a DUI/Driver's License Checkpoint on the evening of May 4, 2013, at an undisclosed location within the Fremont city limits between the hours of 7:00 p.m. and 3:00 a.m. May 5.

The deterrent effect of DUI checkpoints is a proven resource in reducing the number of persons killed and injured in alcohol- or drug-involved crashes. Research shows that crashes involving alcohol drop by an average of 20 percent when well-publicized checkpoints are conducted often enough.

Officers will be contacting drivers passing through the checkpoint for signs of alcohol and/or drug impairment. Officers will also check drivers for proper licensing and will strive to delay motorists only momentarily. When possible, specially trained officers will be available to evaluate those suspected of drug-impaired driving. Drivers caught driving impaired can expect jail, license suspension, and insurance increases, as well as fines, fees, DUI classes, other expenses that can exceed \$10,000.

"DUI Checkpoints have been an essential part of the phenomenal reduction in DUI deaths that we witnessed since 2006 in California," said Christopher J. Murphy, Director of the Office of Traffic Safety. "But since the tragedy of DUI accounts for nearly one third of traffic fatalities, Fremont needs the high visibility enforcement and public awareness that checkpoints provide."

Funding for this checkpoint is provided to the Fremont Police Department by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration, reminding everyone to continue to work together to bring an end to these tragedies.

REPORT DRUNK DRIVERS – CALL 911

Homicide suspect wanted



SUBMITTED BY HAYWARD PD

On April 21, 2013 at 9:54 p.m. the Hayward Police Department investigated a shooting that occurred on Franklin Avenue. The victim was transported to a local hospital and later died of his injuries.

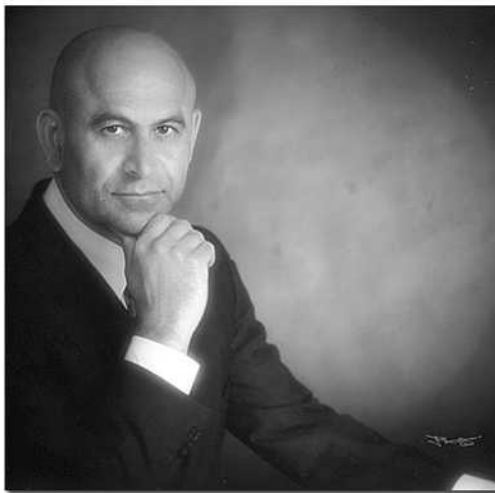
The suspect has been identified as Michael Soutar, 26 years old, 509, 175-185 pounds, dark brown long hair, brown eyes. If you have seen Michael Soutar and know of his whereabouts please contact the Hayward Police Department or your local police department.

The Hayward Police Department is looking to contact any witnesses who were present or in the area at the time of the homicide. Anyone with information about this incident is asked to call the Hayward Police at (510) 293-7000.

"The filter prevents the clot from moving into the lung," he said. "It can be done without major surgery and taken out later."

Dr. Safaya said there are ways to prevent deep vein thrombosis. The number one way is to stay active. If you are taking a long trip, walk up and down the aisles of the plane, bus, or train periodically. When on a car trip, stop every hour or so to get out and walk around. When re-

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History

Car Racing in Fremont

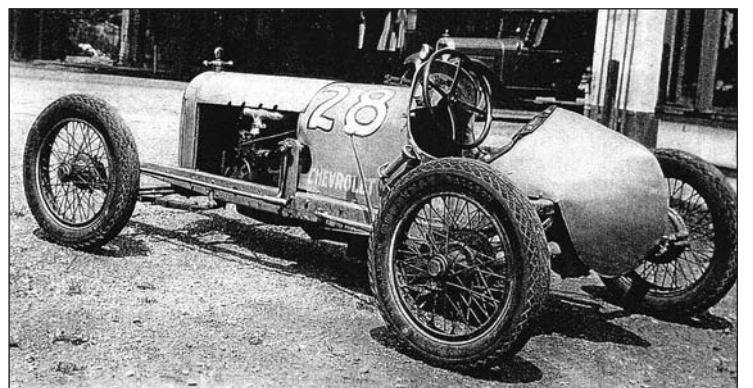
The City of Fremont is not usually recognized today as a place with close ties to automobile races and their racing history, but there are some historic connections. Wes Hammond wrote about "Building Race Cars in Irvington" in his book "Remembering My Life in Irvington." The cars were built by the team of Joe and George Amaral, Roy Canright and Frank Cordoza in the early 1930's. Wes displays a photo of "Car No. 28,



Dirt Track Circle #84

the Chevrolet Special" as the latest of the race cars built by the team. He notes that "the distinctive grill has a classic European appearance." They towed the cars to races at San Leandro, Fresno, Santa Rosa and Los Angeles.

Roy Canright operated a garage about one quarter of a mile south of Irvington on the San Jose road where some cars were built. He and Joe Amaral built the race car body and installed a commercial Chevrolet or Ford engine. George Amaral was the driver, but in the mid 1930's they hired a seventeen year old driver from Berkeley named Freddie Agabashian. He drove until World War II ended the racing enterprise. After the war, Agabashian resumed his racing



Chevrolet Special built by Joe and George Amaral, Roy Canright Frank Cordoza

front of the Canright Garage. George raced regular roadsters, powered by special engines, with the fabric top removed. He towed his car to races at San Jose and competitions at Reno, Nevada.

Area newspapers sometimes recorded information about car races on the oval tracks at San Jose or Oakland before World

racing action.

The nationally known racers brought fame to Fremont and the track's weekly grudge program provided drivers with a safe and controlled site for good competition. All a driver had to do was sign up, pass a simple safety check and a tech would use white shoe polish to paint the car's class and number on the side windows. Then you were ready to race!

The starter made sure drivers were lined up precisely at the line

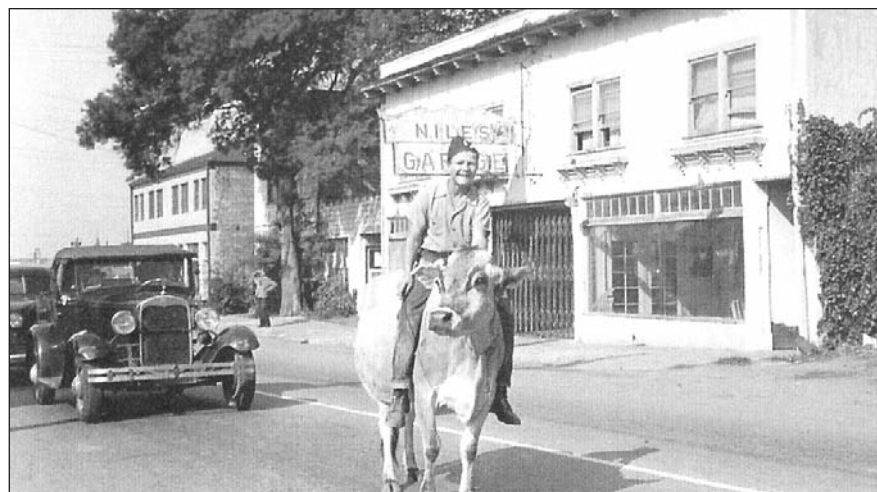
before he dropped the flag for each pair of racers. Both traveled the 1320-foot distance (quarter-mile) at top speed. Each vehicle's elapsed time for the distance plus speed through the traps at the end of the run was announced and printed on time slips.

Lawrence, and his wife Jodie, created a Drivers Club for Fremont racers, complete with window

decals and a weekly newsletter. There were special Fremont Drag Strip jackets to win or purchase. Even on weekday nights, the high school drags attracted several hundred drivers and a thousand or more fans. Racing usually continued until the track's curfew.

Fremont hosted many major events including the annual

West Coast Nationals for the National Hot Rod Association series. The track appeared in at least a dozen movies including American Graffiti II. Television crews often visited for special programs. All of this undoubtedly "put Fremont on the map" for the next 30 years and assured the City of Fremont a place in the history of racing.



Bj Bunting in Niles Pet Parade 1942--traffic control-age 14 yrs

career. He raced at Indianapolis and drove the first diesel powered car to race there.

Erzizia Di Giulio Ragghianti leased part of her building at the corner of G Street and Niles Blvd. to Jerry Unser and his partner, Walt Clevenger. They opened an auto repair garage called the U. C. Garage in Niles in 1926. About a year later, they moved the business to another building, then to Castro Valley. Jerry was Castro Valley's first fire chief in the late 1920's. Louie Di Giulio and Sergio Zilli attended a dedication of a new fire truck for Castro Valley in the mid 1990's. The dedication was to Jerry Unser for his service. Jerry's son, Bobby also attended. Jerry apparently trained Louie to be a mechanic. The Uners became the first family of sport racing and dominated every aspect of the Indianapolis 500 racing world over a span of four generations.

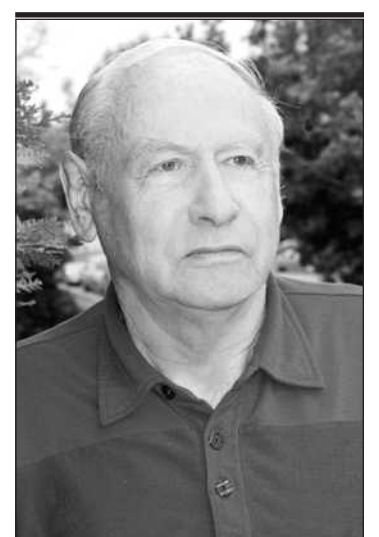
Joe Amaral began building midget race cars in the late 1930's. His brother George was the driver. They sometimes raced their cars at the Oakland Speedway. Their cars normally had a four-cylinder Continental or Offenhouser engine.

George Kato, Jr. operated the "Sunrise Service Station" at the

War II. The Township Register reported that Fred Agabashian who drove for Roy Canright set a new record for stock cars at the San Jose Speedway.

Car racing came back to Fremont in a big way in the 1950's, but this was a different kind of racing. Ron Lawrence partnered with several local men to build a quarter-mile paved drag strip next to the Fremont Skysailing Airport. Straight paved roads almost 1/2 of a mile long were constructed. Grandstands, concession booths, an official timer's stand, announcers' tower, ticket booths, etc. were soon added. Spectators were fenced 100 feet from the strip behind heavy log barriers. The track eventually boosted a paved pit parking area.

The track was sanctioned by a national racing association, and the Fremont Drag Strip (FDS) was in business. From the very beginning, FDS was the scene of world record runs by drivers like Chris Karamisines, Don Prudhomme, Art Malone and Don "Big Daddy" Garlits - all champions. Top fuel racers happily noted that the damper air, thanks to San Francisco Bay, helped them attain spectacular runs. Only bad weather stopped the



PHILIP HOLMES

PEEK INTO THE PAST

www.museumoflocalhistory.org

Photos courtesy of The Museum of Local History

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Hayward teacher recognized on House floor

SUBMITTED BY ALLISON BORMEL

U.S. Representative Eric Swalwell (CA-15) has honored teacher Ms. Miroslaba "Lili" Velo of Hayward's Tennyson High School on the floor of the House of Representatives for being named the "2013 Outstanding Senior High School Teacher of the Year" by the California Council for Social Studies.

"Many students often remember that one engaging, empowering teacher who inspires them to change the course of their life. I am proud to recognize one of those teachers, Ms. Miroslaba "Lili" Velo, a social studies teacher from Hayward's Tennyson High School in my congressional district. Ms. Velo was named the 2013 Outstanding Senior High School Teacher of the Year by the California Council for Social Studies.

"As the Chair of the Social Studies Department at Tennyson High School, Ms. Velo is a true leader in advancing social studies education by teaching educators in her high school and across California how to engage students with new and innovative teaching methods. This is something we will need as we continue to lead our students to be competitive in the changing global economy.

"Ms. Velo is a wonderful example of the most dedicated teachers from across the nation who strive daily to better the lives of their students and assist the teachers around them.

"Once again, I congratulate Ms. Velo on this receiving this well-deserved recognition."

To view the video of Rep. Swalwell on the House Floor, visit <http://bit.ly/12yY6YE>

Local high school senior wins businesses scholarship

SUBMITTED BY MICHELLE ORROCK

On April 22, 2013, The National Federation of Independent Business (NFIB) Young Entrepreneur Foundation (YEF) announced the California recipients of the 11th annual NFIB Young Entrepreneur Awards, a scholarship program designed to reward and encourage entrepreneurial talents among high school students. Rajiv Samagond of Fremont, a senior at American High, was one of five 2013 YEF Award winners from California.

The program was established to raise awareness among the nation's youth about the critical role that private enterprise and entrepreneurship play in the building of America. Since 2003, the NFIB Young Entrepreneur Foundation has awarded 2,620 scholarships to graduating high school seniors totaling more than \$3.2 million.

To qualify for an NFIB Young Entrepreneur Award, students must be seniors in high school who own and/or operate their own small business. They were required to write an essay describing their entrepreneurial endeavors and future goals. NFIB members around the country interviewed the applicants for the Young Entrepreneur Awards. An independent, outside committee selects a group of qualified semi-finalists. More information is available at www.NFIB.com/YEF www.nfib.com

Emerging Works

SUBMITTED BY KAREN SILVA

Chabot College spring theater presents "Emerging Works" opening Tuesday evening, May 7 with the following readings: "Bittersweet" by Eva Lopez and directed by Marc DellaMorte, "Scene II" by Andrew Dominguez and directed by Rachel LePell, "Tina" by Vince Ogden and directed by Vince Ogden, and "Make Your Own Decision" by Gabe DeLeon and directed by Michael Fisher. Show dates are May 7, 8, 9, and 10, with alternating shows starting at 8 p.m. at Chabot College Stage One (formerly the Little Theater).

Workshop productions include "Will" by Pieter Boonzaire and directed by Nicholas Urbonas; "Lady Lion" and "The Lot Lizard" by Re Boone and directed by Re Boone; "Super" by Michael J. Fisher and directed by Michael Fisher; "Cooking" by Tristan Stevinin, directed by Robert Christopher; and "Ample Time" by Lidia Calderon, directed by Rachel LePell.

Workshop productions will be held Saturday, May 11 at 7:30 p.m. Tickets are

\$5 each, and are available at the door only. Shows will be held at Chabot College Stage One. There is a \$2 charge to purchase a temporary parking permit from meters in each campus student parking lot. For more information contact Rachel LePell at (510) 723-6830.

Emerging Works

May 7 - 10
8 p.m.

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25555 Hesperian Blvd., Hayward
(510) 723-6830

<http://www.chabotcollege.edu/Theater-Arts/>
Tickets: \$5

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Saturday, May 11
7:30 p.m.

Chabot College Stage One
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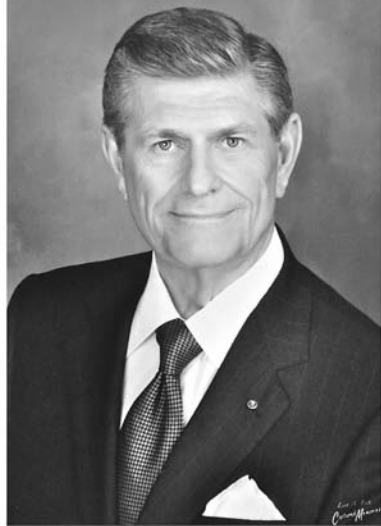
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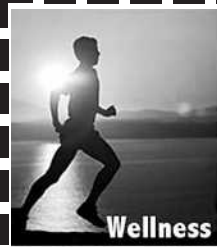
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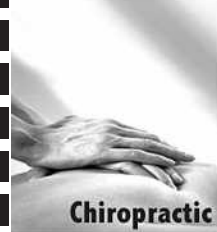


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BUSINESS



Aloft Hotel opens with renovations

SUBMITTED BY ROSANNE OBERST

The Newark Chamber of Commerce and City of Newark officials formally welcomed the renovated Aloft Silicon Valley Hotel to its newest location at 8200 Gateway Boulevard on Thursday, April 25. The event was hosted by Michael Mahoney, CEO, Triyar SV, LLC. This was an opportunity for Aloft (formerly W Hotel) to unveil restyled amenities and its new Plus Restaurant and WXYZ Bar & Lounge.

Boeing Dreamliner could fly next month

AP WIRE SERVICE

WASHINGTON (AP) Published reports say Boeing's

grounded 787 jetliners could soon be flying again. The Wall Street Journal reports that the Federal Aviation Administration is set to approve Boeing's fix for the ion-lithium batteries. The 787 Dreamliner has been grounded since mid-January because of smoldering batteries that in one case caused a serious fire. The Journal says the FAA is expected to announce Friday that

Boeing's redesigned batteries are safe. The fix includes more heat insulation and a battery box designed to vent any hot gases from the batteries outside the planes. There was no immediate comment from the FAA and a Boeing spokesman declined to comment on the report. The New York Times, which also reported the development, says the aircraft could be back in service next month.

Report on air quality

SUBMITTED BY JENNY BARD

The American Lung Association released State of the Air 2013, an annual report on air quality April 24, 2013 which lists both the cleanest and most polluted areas in the country. This year's report shows significant progress in efforts to reduce ozone and particulate pollution in the Greater Bay Area (San Francisco-Oakland-San Jose). Air pollution continues to threaten the health of Bay Area residents, but the overall trend is toward cleaner air. The findings reinforce the effectiveness of local and state clean air laws and progressive initiatives including incentive programs that help reduce diesel emissions and promote cleaner vehicles and fuels. "The State of the Air 2013 report shows that California is continuing the long-term trend to cleaner and much healthier air," said Jane Warner, President and CEO of the American Lung Association in California. "However, our report also shows that air pollution continues to put lives at risk throughout the state. We must step up our efforts to cut pollution so all Californians can breathe clean, healthy air."

The Greater Bay Area shows noteworthy success in reducing both ozone and particulate pollution over the years of the State of the Air report. The region experienced a 65 percent decline in unhealthy ozone days since the State of the Air began collecting data in 2000, and there also have been dramatic reductions in both short-term and annual levels of particle pollution. The region has come into attainment of the annual particle pollution standard, with all counties earning a "PASS" while the average number for unhealthy short-term particle pollution dropped more than 80 percent since the 2004 report. Overall, California cities still dominate lists for the most polluted areas in the nation for ozone (smog) as well as short-term and annual particle pollution. Specifically, of the top ten cities with the worst air pollution, California

municipalities rank as follows:

Ozone Pollution:

- #1 Los Angeles-Long Beach-Riverside; #2 Visalia-Porterville; #3 Bakersfield-Delano; #4 Fresno-Madera; #5 Hanford-Corcoran; #6 Sacramento-Arden-Arcade-Yuba City; #10 El Centro

Short-Term Particle Pollution:

- #1 Bakersfield-Delano; #2 Fresno-Madera; #3 Hanford-Corcoran; #4 Los Angeles-Long Beach-Riverside; #5 Modesto; #8 Merced

Annual Particle Pollution:

- #1 Bakersfield-Delano; #1 (tied) Merced; #3 Fresno-Madera; #4 Hanford-Corcoran; #4 (tied) Los Angeles-Long Beach-Riverside; #6 Modesto; #7 Visalia; #9 El Centro

California's slow yet steady progress toward healthy air can be attributed to its strong history of leadership on air and climate policies. The Bay Area Air Quality Management District's wood-burning regulation also has been instrumental in improving air quality in the region. Wood smoke is the single, largest source of particulate matter emissions in the Bay Area.

California's pollution problems are primarily caused by emissions from transportation sources including cars, diesel trucks and buses, locomotives, ships, as well as agricultural and construction equipment. Air pollution problems also are caused by emissions from oil refineries, manufacturing plants, and residential wood burning. In addition, California's warm climate promotes the formation of ozone pollution, and valleys and mountains in the central and eastern portions of the state trap pollution where it can linger for days and put residents at risk for the onset or exacerbation of lung disease.

Note: Alameda County received an F for ozone (smog) pollution and a D for short term particle pollution (soot).

For more information on the American Lung Association State of the Air Report and a list of steps individuals can take to clean the air, the public should visit www.lung.org/california or call 1-800-LUNG-USA (1-800-586-4872).

Military grooms new officers for war in cyberspace

BY DAN ELLIOTT AND BRIAN WITTE ASSOCIATED PRESS

AIR FORCE ACADEMY, Colorado (AP), The U.S. service academies are ramping up efforts to groom a new breed of cyberspace warriors to confront increasing threats to the nation's military and civilian computer networks that control everything from electrical power grids to the banking system.

Students at the Army, Navy and Air Force academies are taking more courses and participating in elaborate cyberwarfare exercises as the military educates a generation of future commanders in the theory and practice of computer warfare.

The academies have been training cadets in cyber for more than a decade. But the effort has taken on new urgency amid warnings that hostile nations or organizations might be capable of crippling attacks on critical networks.

James Clapper, director of national intelligence, called cyberattack the top threat to national security when he presented the annual Worldwide Threat Assessment to Congress this month. "Threats are more diverse, interconnected, and viral than at any time in history," his report stated. "Destruction can be invisible, latent, and progressive."

China-based hackers have long been accused of cyber intrusions, and earlier this year the cybersecurity firm Mandiant released

continued on page 30

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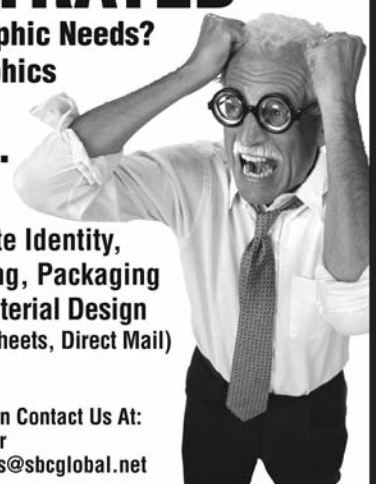
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Chihuahua Palooza

SUBMITTED BY
CHRISTINA GIN

Hayward Animal Shelter is participating in “Celebrating the Small Dog,” a week-long adoption event from Tuesday, April 30 to Saturday, May 4, 2013 from 1 p.m. to 5 p.m. each day. Help us find homes for these little dogs



that fill our shelters due to the over-breeding a few years back as a result of high media exposure. Visit the Hayward Animal Shelter to learn more about the special characteristics of the breed.

The adoption fee for all Chihuahuas and Chihuahua mixes at this event, which is sponsored by the Hayward Animal Shelter Volunteers, is \$20. Dog license fees apply for Hayward residents. In addition to discounted adoptions, the Shelter will provide a limited number of free spay and neuter vouchers to Hayward Chihuahua owners on May 4, 2013 beginning at 1 p.m. Other pets, such as cats, kittens, rabbits and dogs are also available for adoption.

Adoptions are also available during the Shelter's regular opening hours, Tuesday - Saturday, 1 p.m. - 5 p.m.

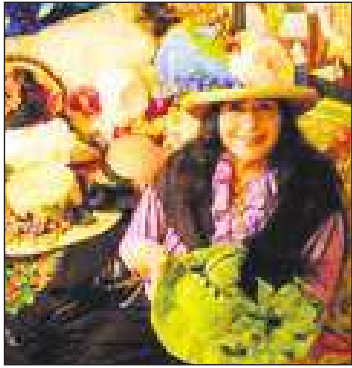
For more information, please call the Hayward Animal Shelter at (510) 293-7200 or visit www.haywardanimals.org

Chihuahua Palooza
Tuesday, Apr 30 -
Saturday, May 4
Hayward Animal Shelter
16 Barnes Court, Hayward
(510) 293-7200
www.haywardanimals.org

Spring into Summer Art and Craft Sale

BY MARY LUNNING

Bay Area artists will sell an eclectic assortment of arts and crafts at Cinema Place Gallery's “Spring into Summer Art and Craft Show and Sale.” From jewelry, ceramics, mosaics, photography, oil paintings, sculpture, and greeting cards, to hats, dolls, and silk scarves, all items are original works. The sale will be held on Saturday, May 4 from 10 a.m. to 7



p.m., Sunday, May 5 from 10 a.m. to 5 p.m., and Saturday, May 11 from 10 a.m. to 7 p.m., conveniently before Mother's Day.

Several of the artists will demonstrate their artistic skills. Shannon Jurich will show how to

work with collages, Simone Archer will do plein air painting, and Sandra Stewart will work with leather. Kris Egan will do hand built clay work. Yukie Nakanishi and Maria Koo Gin will throw on the pottery wheel, and attendees can watch Robert



Thomas do mosaic work. Thomas attended the Institute of Mosaic Art in Oakland and developed a passion for working with pebbles and rock instead of tile. His wall plaques, stepping stones, and obelisks are truly delightful with intricate designs and an old world feel of bygone cultures and times.



Maria Koo Gin has been “playing with mud” for over thirty years. Her art covers many disciplines including watercolor, Chinese brush painting, tie-dyed silk scarves, and sculpture in clay, metal, wood. “I am inspired by nature, the color of a flower, the curve of a dry branch and the formation of a rock,” she says.

Nina Starr, a judge by day and painter by night, has been obsessed with art since she was a child. She paints in oil and acrylic, often based on photos she has taken on trips to Venice. Designing clothes and making dolls also became an artistic outlet as well as her current fascination with jewelry and hat-making.

Additional artists showing their work are Simone Archer, Gene and Mary Bobik, Susie

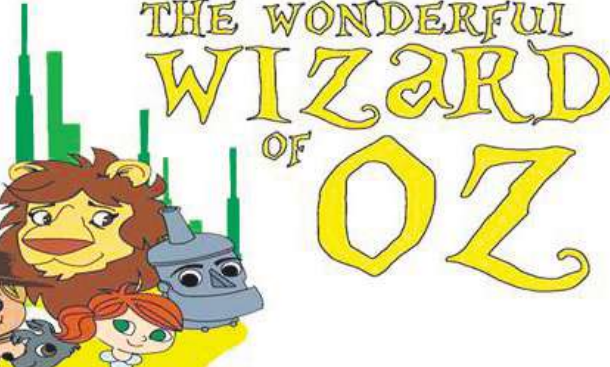
Howell, Florence Planells Benjumea, Irma Aven, Aretha Johnson, and Debbi Sanzo-Davis.

Anyone purchasing something at the show will be entered into a drawing to win a basket of artists' goodies.

For more information, please contact Hayward Arts Council Office at (510) 538-2787.

Spring into Summer Art and Craft Show and Sale
May 4, 5, and 11
Saturdays, May 4 & May 11: 10 a.m. – 7 p.m.
Sunday, May 5: 10 a.m. – 5 p.m.
Cinema Place Gallery
1061 B Street, Hayward
(510) 538-2787
www.haywardarts.org

California School For the Deaf
2013 Spring Play
by High School Drama Club
Directed by David O. Reynolds
Adapted by Tim Kelly
Klopping Theater
39350 Gallaudet Drive
Fremont, CA 94538



SUBMITTED BY JULIE REMS-SMARIO

The California School for the Deaf (CSD) is hosting School Matinee, inviting Deaf and hard-of-hearing students from mainstream schools in northern California to attend “The Wonderful Wizard of Oz,” a performance in American Sign Language (ASL) April 30 and May 1.

“The Wonderful Wizard of Oz” (adapted by Time Kelly, Pioneer Drama Service) will be performed in the Klopping Theater, at the California School for the Deaf. There is no admission charge for the mainstream school students. The performance will run about 90 minutes; students are then invited to lunch on campus.

Director of the play, David O. Reynolds, is thrilled to do his first theatrical production for the California School for the Deaf. He directed

several plays at other schools, including Indiana School for the Deaf when he worked with its bilingual program. Deaf children also affectionately know Reynolds as Dr. Wonder from “Dr. Wonder's Workshop,” a universally-accessible, nationally syndicated half-hour program than incorporates moral and character development problem-solving skills into everyday situations at home work and school. This show has collected fans of all ages.

Based on the 1900 novel “The Wonderful Wizard of Oz” by L. Frank Baum, this story became one of the best known films of all time, produced by Metro-Goldwyn-Mayer in 1939, notable for its use of special effects with Technicolor. It has since become part of American popular culture.

“It is always wonderful to have Deaf and Hard of Hearing students from other schools

come here to watch our spring plays every year. It is not often that they have the opportunity to see other students like themselves giving a full performance in the language they use. I have received letters from some of these students telling me how much they loved the plays,” said Ethan Bernstein, CSD Dean of Student Life.

General admission showings will be Thursday, May 2 at 7:30 p.m., Friday, May 3 at 7:30 p.m., and Saturday, May 4 at 2 p.m. and 7 p.m. These showings will all be voice interpreted. Tickets for the public can be purchased in person at CSD Administration Building (#18) during business hours or via PayPal at <http://csdeagles.com/drama/tickets>. Tickets are \$12; \$8 for children up to 17 years old; and May 2 is College Discount Night, \$8 with Student ID. Cash, personal check, and PayPal only.

The Wonderful Wizard of Oz
May 2 – 4
Thursday and Friday: 7:30 p.m.
Saturday: 2 p.m. and 7 p.m.
California School for the Deaf
Klopping Theater
39350 Gallaudet Drive, Fremont
(510) 794-3666 (voice)
(510) 344-6044 (videophone)
www.csdeagles.com
Tickets: \$8 - \$12

Guest Artist demonstrates working on Yupo paper

SUBMITTED BY MARIAN STEVENS

Charlotte Severin is Fremont Art Association's guest artist for May. She paints primarily in watercolors, her style using wet-into-wet techniques to achieve soft impressionistic pieces. For this program, Severin plans to demonstrate the exciting textures and bright colors achieved using watercolors on Yupo paper. Expect some group participation and come with the thought of trying something new!

Severin has studied at the California College of Arts and crafts and Stanford University. Her paintings are held in numerous private collections. She is a member of CWA, founding president of the Pleasanton Cultural Arts Council, and charter member and past president of the Pleasanton Art League. Highly in demand as an instructor, Severin is teaching for a 20th year for the City of Pleasanton and 10th year at the Mendocino Art Center.

Fremont Art Association Members and the public are invited to this creative presentation. Please join us at the FAA gallery on Wednesday May 8 at 7 p.m. Call (510) 792-0905 for further information.

Working on Yupo paper
Wednesday, May 8
7 p.m.
The Fremont Art Centre
37697 Niles Blvd., Fremont
(510) 792-0905
www.FremontArtAssociation.org
Free



Art exhibit

SUBMITTED BY ROSEMARY PETERSEN

With a touch of surrealism and a bit of abstraction, Alson/Montessori students will exhibit their efforts at Mission Coffee during the month of May. The exhibit, “The Four Seasons” will explore a wide range of visions by students unfettered by boundaries. Come by to see the vision of youth. Mission Coffee is open M-F 5 a.m. – 9 p.m.; weekends 6 a.m. – 9 p.m. For more information about the art exhibit, contact Maria Grazia Romeo (510) 651-3161

The Four Seasons
May 1 - May 31
Artwork of Alson/Montessori students

Artist reception (open to the public)
Wednesday, May 8
5:30 p.m. to 7:30 p.m.

Mission Coffee
151 Washington Blvd., Fremont
(510) 623-2920

4th Annual Celebration of Life

Thursday, May 9, 2013
7 - 8:30 p.m.



Washington Hospital
Washington West Building
Conrad E. Anderson Auditoriums
2500 Mowry Avenue
Fremont, CA 94538

Cancer survivors, their friends and loved ones are invited to an inspirational evening and dessert reception.

Join us to hear a panel of speakers inspire hope, healing and health for cancer survivors and their loved ones. You'll hear how their cancer diagnosis has allowed them to grow and find renewed strength and zest for life.

This event is free of charge.

Celebration Sponsors



Register online at whhs.com/event or by calling 800-963-7070.

Please leave your name and the number of people in your party by May 6.

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Sunday, May 12

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OHLONE COLLEGE

2013 Freshman Days

PRIORITY REGISTRATION DAYS for High School Seniors
planning to attend Ohlone College in Fall 2013

May 17 3:30pm-6:30pm

May 18 9:00am-noon or 1:30pm-4:30pm

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39399 Cherry Street, Newark

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- Parent Orientation



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RESERVE YOUR SEAT AND SIGN UP AT ohlone.edu/freshman

Annie Nunes of Newark turns 100

SUBMITTED BY LILA BRINGHURST
PHOTO BY MYRNA GUERRERO

Annie Johnson Nunes celebrated her 100th birthday in style recently, surrounded by four generations of her descendants plus extended family and friends, many of whom had traveled long distances to be there. The church hall was decorated with hundreds of items that Annie has sewn or crocheted through the years. The highlight of the party was presentation and recitation of a Proclamation from the City of Newark honoring Annie, signed by Mayor Al Nagy.

Annie and her husband, Frank Nunes, came to Newark in 1946 where he got a job at the Wedgewood Stove factory and became part of the large, local Portuguese community. They taught their children about their heritage and brought them to Holy Ghost Festivals each year at the



Newark Pavilion Portuguese Center.

In 1952, they moved into their new home on Olive Street; this is where their four children - Pearl Ann, Carolyn, Michael and Kathy - grew up. Nunes was always involved in her children's schools. Because she never learned how to drive, Annie and the children did a lot of walking: to school, shopping and medical appointments.

The children learned the value of hard work. During summer months, they picked apricots in Warm Springs and Newark and canned fruits and vegetables. They also made apricot and blackberry jam.

For a number of years, Annie supplemented the family income by taking in washing, using an old wringer washer, hanging them on a line to dry and then ironing them. An excellent seamstress, she made all of her children's clothes. Her quilts often won blue ribbons at the Alameda County Fair. Each of her descen-

dants has a quilt she made especially for them. Several were on display at the party.

As a member of The Church of Jesus Christ of Latter-day Saints, Annie helped raise money to build a chapel in Fremont and one in Newark by baking and selling fruitcakes with her good friend, Marge Silver. Using a recipe from Silver's home in Glasgow, Scotland, they and many others, made fruitcakes which were sold all over the world. Frank invented a walnut-cracking machine that left the walnut meat whole and sped up the process.

Although Frank passed away in 1992, Annie still lives in their original home. Hampered by poor vision from macular degeneration, she leads a life filled with family and friends, sewing baby quilts, canning and baking. She even brought her famous blackberry jam, Rocky Road candy and delicious rolls to her own birthday party.

Performing Arts Gala sponsorship

SUBMITTED BY ZILEHUMA ELAHI

Mission San Jose High's 19th annual Performing Arts Gala, Singing in the Rain, on May 17th offers unique opportunities to demonstrate support for both the arts in our community and schools and our outstanding young performers. Designed to raise funds for our performing arts programs, the 2013 Gala will showcase the highly respected Mission San Jose High Jazz Band and a selection of talented student vocalists. This year's theme will be "The Roaring Twenties."

The Gala truly makes for a memorable spring evening at the Fremont Marriott. Quench your thirst at a no-host bar, then sit down to an elegant dinner as you are serenaded by classic jazz. Some of the finest young musicians in the Bay Area swing and sing as you and your partner-dance the night away.

Mission San Jose High School's Performing Arts Department is often accorded international recognition. Mission San Jose's fine marching band had the unique privilege of marching in London's New Year's Day Parade on Jan. 1, 2012, opening a signal year in the city's history to celebrate the Queen's Diamond Jubilee and the 2012 Summer Olympics. The school's chorale performers also performed in the London International Choral Festival.

Your support of our Gala helps the show go on for these performers and students in Orchestra, Drama and Musical Theatre Vocal Workshop. The Gala raises funds for scholarships, new uniforms for band, tours, music sheets, permanent portable theater seating, and musical instruments.

You can help through sponsorships, donations, advertisement or in-kind donations. All contributions are tax deductible. For additional information, call (510) 668-6077, visit www.msjpups.org/events_jazzdance.html or email info@msjpups.org.



Kevin Chen: Intel Finalist

ARTICLE AND PHOTO BY ANGIE WANG

In early January, Mission San Jose High School Senior Kevin Chen learned that he was one of 300 semifinalists of the 2013 Intel Science Talent Search (STS); at the end of February he was selected as one of 40 finalists. The Intel STS, hosted by the Society for Science and the Public, is one of the nation's most prestigious science competitions for high school seniors. Participants research and write papers, and the best scientists from each field are selected for the judging process. Kevin presented his research to a panel of judges in Washington, DC in March. Although he was not selected as a top ten participant, Chen's accomplishment is extraordinary.

Kevin's project, ferroelectrics, is focused on materials known for spontaneous electrical polarization properties. When voltage is applied, they can switch between positive and negative polarization. This can be used to store data (i.e. credit cards and clipper cards) and may be employed for computer RAM in the future. It has potential as a long-lasting and power-saving memory form than those used today.

Most research labs use sophisticated and costly equipment to measure the electrical characteristics of ferroelectrics, equipment inaccessible to high-school and lower-level research labs. Over the summer, Kevin worked to re-create a commercial analyzer from scratch, using low-cost and accessible parts available to most labs. Kevin assembled a successful simple circuit - complete with software - and hopes to publish his research and distribute it to other schools and universities.

Kevin says that everyone should be able to discover and explore, not just at research laboratories at universities or large tech companies, so he wanted to introduce ferroelectrics to a broader range of people. Before preparing his paper for the Intel project, Kevin worked at the SUNY Stony Brook University in New York for seven weeks. He spent three of the seven, reading relevant material to understand the underlying physics, and the remaining time assembling the project.

"The hardest part was probably putting together the circuitry," Kevin said. "The physics I could understand, the programming was fairly easy, but I'd never tackled an electronics project on this scale before. It was a pretty difficult process, since I knew absolutely nothing when I started and had to learn everything from scratch, but it was a great learning experience."

Kevin plans to study either applied engineering or computer science at a university in the fall of 2013.



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continued from page 3

Preventing Stroke Means Looking at Overall Health

Visit the doctor; get smart about stroke

According to Dr. Jain, community members can start with a visit the doctor to identify any underlying risk factors. The second step is to get them under control sooner rather than later. Why? Because your blood vessels will thank you for it.

“Uncontrolled hypertension, high blood glucose levels and hyperlipidemia (high blood cholesterol) cause damage to blood vessels throughout the body, including the brain,” Dr. Jain explains. “When blood vessels—from capillaries to arteries and veins—are compromised, it leads to an increased risk of stroke.”

“The only way to effectively diagnose and treat these disease processes is to visit your primary care physician, who can monitor your blood sugar, cholesterol and blood pressure. In total, by keeping these risk factors under control, you can greatly reduce your risk of stroke.”

Dr. Jain says that patient education—like the free Stroke Education Series at Washington Hospital—is a critical component of stroke prevention, mainly because not enough people know how destructive stroke is, and they don't realize how preventable it is.

“Stroke is a devastating disease that takes many by surprise, because it often has few warning signs,” Dr. Jain says. “Our program has committed all of its resources to ensure positive outcomes for community members, beginning with community

education and increasing awareness—because the best possible outcome is never to have a stroke in the first place.”

To minimize overall stroke risk, Dr. Jain adds that:

- Fasting blood sugar should be less than 100.
- Blood pressure should be less than 140 (systolic) over 90 (diastolic).
- Total cholesterol should be less than 150.

Other risk factors for stroke that can be impacted through lifestyle change include smoking, a sedentary lifestyle, and an unhealthy diet.

“If you already have problems with circulation in the body—like blockages in the heart, legs, or other areas—then you have to be very aggressive in management, as the chance of having a stroke is much higher,” Dr. Jain says.

Circulation problems, or pain in your extremities that comes on with exercise and dissipates with rest, can indicate peripheral vascular disease (PVD) and should be evaluated by a physician. On the other hand, even if you feel perfectly fine—but you haven't been to the doctor recently—Dr. Jain says it's a good idea to make an appointment to make sure your blood pressure, blood sugar, and cholesterol levels are within healthy levels.

In addition, he says that many strokes are caused by irregular heart rhythm, which may feel like an irregular heart beat or palpitation. These irregularities, called arrhythmias, cause as many as 30 percent of strokes, according to Dr. Jain.

“They are difficult to diagnose at times and require special testing,” he says. “So if you have these symptoms, seek help from a cardiologist and make sure you discuss with the doctor your concerns.”

The overall lesson, he says, is to take action early by identifying risk factors and managing them with the help of your health care team.

“Many times it's easy to ignore these things, because most of the risk factors for stroke build up over time with few discernable symptoms,” he points out. “I never want to see a patient in the ER for a stroke that didn't have to happen.”

Is it too late for me?

Doug Van Houten, R.N., clinical coordinator of Washington's Stroke Program, says it's never too late to take steps toward preventing stroke. To illustrate his point, he uses the analogy of retirement savings.

“Somebody who is sixty years old might say it's too late to save for retirement,” he points out. “They might say, ‘If I haven't saved as much as possible by 60, should I bother saving now?’ Well, it's not going to be the same as if you had done it all along, but you have to do it—because it can make a difference in the quality of your retirement.”

He says the exact same lesson applies to stroke. The sooner you start, the better your chances are of not having a stroke. But even small changes, regardless of your age or current health status, can have an impact on overall health.

“In a very large study, they saw measurable improvement in stroke risk, as well as overall heart disease reduction, with average changes in blood pressure of just eight to 10 points,” Van Houten says. “The important thing is to make the changes you can now and do it as soon as you can by focusing on continued improvement as opposed to perfection. By aiming for continued improvement, you will reap the benefits.”

By making important lifestyle changes, he says there are several benefits, including:

- Some people will no longer be diabetic if they lose excess weight, get regular ex-

ercise and begin to eat right.

- Those with hypertension may bring their blood pressure down to normal by reducing sodium intake and losing weight.
- Smokers begin to improve the condition of their lungs and cardiovascular system when they stop smoking.

However, Van Houten admits that making lasting changes to a healthier lifestyle can take a good deal of creativity and motivation. Fortunately, during the upcoming Stroke Education Series talk next Tuesday, May 7, he will share numerous tips on how to get started.

“For exercise, I tell people two things,” he says. “First, if you don't schedule exercise, it's not going to happen. We're too busy otherwise. Second, most people get a lunch break. Today, I had a class from 7 a.m. to 3:30 p.m., and I only had a half hour, but I brought my lunch. After I ate, I had twenty minutes to go for a walk.

“There's time to walk on your lunch break if you really think about it.”

When it comes to food, he suggests keeping healthy, portable snacks on hand to avoid an afternoon visit to the vending machine for a candy bar or cookies. And if you've been looking for motivation to change your lifestyle, Van Houten says now is the time.

“It might be a class like this that's the impetus that pushes you over the edge and gets you into that healthy lifestyle that you've been contemplating,” he says. “This class is all about being positive and reaching your goals.”

Prevention starts here

To learn more about how disease processes like diabetes and hypertension impact stroke risk, and how to lower your risk through healthy lifestyle changes, make sure to attend the upcoming free stroke seminar focusing on prevention. The class will be held from 6 to 8 p.m. on Tuesday, May 7, in the Conrad E. Anderson, M.D. Auditorium located at 2500 Mowry Avenue (Washington West) in Fremont.

To register, call Health Connection at (800) 963-7070 or visit www.whhs.com.

Ohlone Monitor wins seven awards in statewide journalism competition



Ohlone Monitor newspaper staff celebrates wins at the Journalism Association of Community Colleges state convention. From left are Tam Duong, Manika Casterline, Ashley Lam, Tara Ingraham, Norihiro Sasaki, Louis Laventure, Celia Freire and Joshua Mobley. Other current and former staff who contributed to the awards are Michael Delahoussaye, Frankie Addiego, Marra-Marie Magsakay and Heather Hegeman.

SUBMITTED BY OHLONE COLLEGE

The Ohlone Monitor, the College's student-run newspaper, brought home seven awards—including a top award for its web site—from the statewide Journalism Association of Community Colleges (JACC) convention in Sacramento, which took place April 11-13. More than 500 students from 41 colleges attended the statewide event. Six students of the Monitor's staff of ten attended, one of the smallest delegations at the event, and yet it was among the most successful teams.

The student newspaper staff awards include Frankie Addiego, third place for On-the-Spot Editorial Cartoon; Manika Casterline, Honorable Mention for On-the-Spot News Story; and Celia Freire and Joshua Mobley, Honorable Mention for Bring-In Advertisement design.

Other winners include Hannah Walrod, who took second place for Publication Advertisement design; Heather Hegeman, who took second place in News Photo; and Marra-Marie Magsakay, who received fourth place for Inside Page Design (Tabloid). Casterline also received recogni-

tion for her work as the 2012-2013 Northern California Student President of JACC.

The group was especially excited about receiving the General Excellence for Online Journalism award for The Monitor's website, www.ohlonemonitor.com. “We're one of the smallest colleges and have one of smallest staffs at JACC,” said Jeanie Wakeland, Monitor adviser. “I'm just so proud of our newspaper staff who work so hard.”

This was the 58th annual convention for JACC, a statewide organization dedi-

cated to promoting community college journalism education in California. Students also attended writing, photography, editing and design workshops presented by working journalists, a Pulitzer Prize-winning photographer and many experts in the media. JACC also sponsors scholarships for students.

The Ohlone Monitor is published 10 times during each fall and spring semester. The seven awards are some of the many awarded to the newspaper since 1967 by JACC and other organizations.



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For a complete list of classes and class fees, lectures and health education resources, visit pamf.org/healtheducation.

May 2013

Can You Hear Me Now? Hearing Loss and Treatment

Wednesday, May 8, 7 – 8:30 p.m.

Fremont Center

3200 Kearney Street, Fremont

Presented by Sharon Goodson, Au.D., CCC-A
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510-498-2891



Hearing loss targets all ages and if left untreated can affect relationships and physical health. Join PAMF audiologist, Dr. Sharon Goodson in a discussion of how we hear, types of hearing loss, and treatment options, including medical/surgical treatments, hearing aids, and other assistive technology.

A Mother's Place: Postpartum Support Group



Thursdays, 11 a.m. – 1 p.m.
510-498-2146

Fremont Center

3200 Kearney Street, Fremont

Meet with a nurse and a certified lactation consultant to ensure your first weeks of motherhood are healthy and happy.

Childbirth and Parent Education Classes, 650-853-2960

– Breastfeeding Your Newborn – Childbirth Preparation

Nutrition and Diabetes Classes, 510-498-2184

- Heart Smart (cholesterol management)
- Living Well with Diabetes
- Living Well with Prediabetes
- Raising Healthy and Happy Eaters! (for parents of children ages 1-6)

Weight Management Programs, 510-498-2184

- Bariatric Weight Loss Surgery Program
- Healthy eating. Active lifestyles. (for parents of children ages 2-12)
- Lifesteps® (adult weight management)
- New Weigh of Life (adult weight management)

Community Health Resource Center

The Health Resource Center offers information and support for those who wish to make informed decisions regarding their health and wellness. The center is open to all members of the community.

- Nurse health educators
- Health reference books
- Health lectures
- Health newsletters
- Informational brochures
- Educational DVDs and videotapes
- Access to health information websites
- Information on community resources

Monday to Friday, 9 a.m. – 4:30 p.m., Fremont, 510-623-2231 and Dublin, 925-875-6150



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Sunday, May 12 • Seatings at 10:00 AM, 12:30 PM and 2:30 PM

- \$45 per adult
- \$22.50 for children 4-11
- Free for children under 4

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- University of Illinois College of Law, 7th in Class, Law Review Editor, Order of the Coif
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- Highest ranking for legal ability & ethical standards by National Legal Publication
- Instructor, Stanford University Law School, Advanced Trial Advocacy Workshop, 1995-2010
- Faculty, Santa Clara University School of Law, Law Clinic, 1987



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Mother's Day Brunch

Sunday, May 12, 2013

9:00am to 1pm

38991 Farwell Drive, Fremont CA



Happy
Mother's Day



BRUNCH FAVORITES

Carving Station with Prime Rib, Ham & Pork Loin
Eggs Benedict, Omelets, Scrambled Eggs,
Belgian Waffles, Potatoes O'Brien, Potatoes au Gratin
Linguica, Bacon, Biscuits & Gravy, Fruit, Salad,
Homemade Desserts, Coffee, Tea & Orange Juice

Adults: \$18.00, Seniors: \$16.00, under 12: \$9.00, under 7: Free

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www.MadeUpTheatre.com

3392 Seldon Ct., Fremont



Saturday May 4, 2013

NewPark Mall, Newark CA

11 am. - 5 pm.



All forms of Motor Vehicles on display

- Rally & Street Customs, Muscle Cars, Vintage Restorations, Exotics & Motorcycles
- Dyno Testing Available
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Family Fun for Everyone

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Classic + Muscle = Fun



When classic meets muscle, the result is fun for everyone. This weekend, visitors to the Tri-Cities Motor Rally will experience all of it as the Newark Chamber of Commerce and Team District 10 present a variety of sights and sounds to make even the most ardent automobile fanatic content. This event will provide entertainment for the whole family including great music, food, prizes, mobile Dyno Testing and a Kid Zone. Vendors will be on hand to offer everything for the discriminating auto shopper.

Entries will be judged in a variety of categories including Best Restoration, Wildest Custom, Best Import, Pure Muscle, Trick Truck, Best Female Ride and Best Team. The results of a team project of Mission Valley ROP with assistance from TGIF Auto Body will be unveiled at the show.

If you like speed, automobiles and fun, don't miss the Tri-Cities Motor Rally!

Tri-Cities Motor Rally
Saturday, May 4
11 a.m. – 5 p.m.
NewPark Mall
2086 NewPark Mall (I-880 at
Mowry Ave. exit)
www.newark-chamber.com
Vehicle Registration \$25



Homeless Angels' PLAY

SUBMITTED BY SARA LAMNIN

In 2008, two veterans named themselves "Homeless Angels." While living on the street, Jose and Joe worked to help their peers attain stability. In 2010, Jose lost his life helping a woman to achieve safety. In his memory and in reflection of our commitment to continue the work to eliminate obstacles to self-sufficiency, the Homeless Angels project was launched.

On May 3, 2013, Homeless Angels presents PLAY, a free art exhibit by Cathy Trotter, Nelson Lienhard and Jordan's Mom. PLAY consists of re-purposed, renewed or refreshed children's toys and games and will remind you of your own playful days.

Please consider supporting the Homeless Angels by purchasing items from their on-site Art and Gifts store; prices vary from \$5 to \$25. Donations will not be accepted.

Opening hours are from 9 a.m. to 9 p.m. and include a reception with the artists from 5 p.m. to 9 p.m. during which light refreshments will be served.

For more information about PLAY, contact Melanye Levno, South Hayward Parish, at (510) 566-2695.

For more details about South Hayward Parish's Hayward Community Action Network, which supports the Homeless Angels project, visit southhaywardparish.org/hcan

Homeless Angels' PLAY
Friday, May 3
9 a.m. – 9 p.m.
Westminster Hills Outreach Center
27287 Patrick Avenue, Hayward
(510) 566-2695

Night Jazz at Ginger

Introducing our Weekly Jazz Night series

at Ginger Bar & Grill in the Hilton Hotel
7:00pm – 10:00pm
every Wednesday Night

Come enjoy a glass of wine and the smooth sounds of some of the Bay Area's best Jazz bands

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Ginger B.A.R.G.R.I.L.L.

Mother's Day Champagne Brunch
Sunday, May 12th 2013, 10am - 3pm

The Hilton Newark / Fremont would like to invite you to treat Mom to a wonderful display of culinary delights in an elegant environment ideal for bringing the family together to celebrate Mother's day in style!
Our Champagne Brunch includes all you can eat Pasta, Salad, Seafood, and Entrée stations as well as all of your favorite traditional Brunch items. From Eggs Benedict to Carved Baron of Beef, it's all here at the Hilton.

Live Music provided by
Magnolia Jazz Band

Adults: \$45.00, Seniors \$40.00
Children (6-12) \$25.00
 Prices do not include Tax & Service Charge

510-490-8390
39900 Balentine Drive, Newark
www.newarkfremont.hilton.com

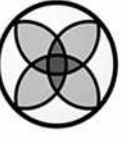
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of Fremont*

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www.fremontchurchofchrist.org

Whoever Drinks Of The Water
That I Will Give Him
Shall Never Thirst; But The Water
That I Will Give Him
Will Become In Him
A Well Of Water Springing Up
To Eternal Life
John 4:14

AA Meetings Every Tues
and Thurs Evenings
7:30-9:30pm
In Spanish
In the Fellowship Hall

Services
Sunday: 10:45am
and 6pm
Wednesday: 7:30pm

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



Continuing Events

**Thursday, Mar 7 - Friday,
May 3**

**Hayward Arts Council Mem-
bers' Spring Show**

1 p.m. - 3 p.m.
Offerings from member artists
Foothill Arts of the Bay Gallery
22394 Foothill Blvd., Hayward
(510) 538-2787
www.haywardarts.org

**Monday, Mar 12 - Friday,
Jun 14**

**Apocalypse & Adaptation:
How Catastrophes Shape Soci-
ety**

11 a.m. - 4 p.m.
*Exhibit exploring the relationship be-
tween humans & catastrophes*
Cal State East Bay University,
C.E. Smith Museum of
Anthropology
Meiklejohn Hall, Rm. 4047
25800 Carlos Bee Blvd.,
Hayward
(510) 885-7414

Wednesdays, Mar 13 - Jun 12

Walk this Way: Ages 55+

10:30 a.m. - 12 noon
*Program integrates walking, flexibility
& strength*
Kennedy Community Center
1333 Decoto Rd., Union City
(510) 574-2053

**Thursday, Mar 14 - Saturday,
May 3**

**Hayward Arts Council Mem-
bers' Spring Show**

10 a.m. - 4 p.m.
Offerings from member artists
Foothill Arts of the Bay
22394 Foothill Blvd., Hayward
(510) 538-2787
www.haywardarts.org

**Monday, Mar 18 - Thursday,
May 16**

Photo Exhibition

Mon: 5 p.m. - 10 p.m.
Tues & Thurs: 10 a.m. - 1 p.m.
*Over 200 pictures from patrons & stu-
dents*
PhotoCentral
1099 E St., Hayward
(510) 881-6721
www.photocentral.org

**Monday, Mar 29 - Friday,
May 30**

Mark Mertens Pastels

9 a.m. - 5 p.m.
Pastel work of Castro Valley artist
Hayward City Hall
777 B St., Hayward
(510) 538-2787
www.haywardarts.org

Monday, Jun 24 - Friday, Aug 8

Ohlone for Kids \$R

8 a.m.
Summer enrichment program
Registration begins April 1
Ohlone College
43600 Mission Blvd, Fremont
(510) 742-2304

Thursdays, Apr 11 - May 30

Newark Police Department

Citizen Police Academy
5:30 p.m. - 9:00 p.m.
*Participants learn about local law en-
forcement*
Newark City Council Chambers
37101 Newark Blvd., Newark
(510) 578-4352
www.newark.org

**Wednesday, Apr 17 - Sunday,
May 5**

**Spring Showcase: Nature's
Footprints**

11 a.m. - 5 p.m.
Exhibit of nature photography
Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905
www.FremontArtAssociation.org

Arts & Entertainment

Saturdays, May 4 thru May 18

**Community Emergency Re-
sponse Team Classes**

9:00 a.m. - 3:30 p.m.
*Learn how to prepare & respond in a
disaster*
City Hall
34009 Alvarado Niles Rd.,
Union City
(510) 675-5401

Tuesday, Apr 30

**Dia de los Ninos y Libros Cele-
brations**

4:00 p.m. - 4:45 p.m.
*Bilingual children's day & book celebra-
tion*
Preschool - grade 4
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

Tuesday, Apr 30

LIFE ElderCare Video Unveiling

5:30 p.m. - 7:30 p.m.
*Video information about LIFE Elder-
care programs*
Washington Hospital
2500 Mowry Ave., Fremont
(510) 574-2266
www.lifeeldercare.org

Tuesday, Apr 30

Cribbage Club

6:30 p.m.
Beginner's night
Round Table Pizza
37480 Fremont Blvd, Fremont
(510) 793-9393

Wednesday, May 1

Alameda County Plan Bay Area

Open House/Public Hearing
6 p.m. - 9 p.m.
Discussion of long range housing plans
Mirage Ballroom
4100 Peralta Blvd, Fremont
http://www.abag.ca.gov/

Thursday, May 2

National Day of Prayer

12 noon
Coast to coast prayer for our country
Newark City Hall
37101 Newark Blvd., Newark
(510) 793-1400
www.fbcnewark.org

Thursday, May 2

**Senior Health & Wellness Re-
source Fair**

9 a.m. - 1 p.m.
*Over 60 vendors, health screenings,
demos & seminars*
Kenneth C. Aitken Center
17800 Redwood Rd.,
Castro Valley
(510) 881-6738
www.haywardrec.org

**Thursday, May 2 - Saturday,
May 4**

The Wonderful Wizard of Oz \$

Thurs & Fri: 7:30 p.m.
Sat: 2:00 p.m. & 7:00 p.m.
*Classic tale brought to life & voice inter-
preted*
California School for the Deaf
39350 Gallaudet Dr., Fremont
(510) 794-3666
www.csdeagles.com

Thursday, May 2

**San Lorenzo Pioneer Cemetery
Friends Group Meeting**

6 p.m.
*Join the effort to preserve historic ceme-
tery*
San Lorenzo Pioneer Cemetery
Corner of Usher Street & College
Street, San Lorenzo
(510) 581-2516
www.haywardareahistory.org

Friday, May 3

**"College" Film featuring Buster
Keaton**

8:30 p.m.
Classic silent comedy with live music
Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.com

Friday, May 3

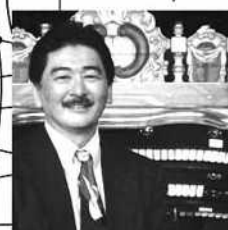
"Cook It Up" - R

6 p.m.
*Contestants compete in head to head
cooking competition*
India Community Center
525 Los Coches Street, Milpitas
408-934-1130
http://www.indiacc.org/cook-
ing-competition

Smith Center Presents! ★ **SEASON OF THE ARTS**

A BUSTER KEATON SILENT COMEDY

accompanied with live music by



ORGANIST

Jerry Nagano

MAY 3
Friday at 8:30pm

Enjoy Buster Keaton's
silent film classic,
COLLEGE (1927)
with music by organ-
ist Jerry Nagano.
Plenty of stunts and
pratfalls performed
by Keaton, the
comic famed for
his deadpan
expression.



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GUEST ARTIST Lydia Busler-Blais, French Horn

MAY 5 Sun at 2pm



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Fri & Sat 12-5pm,
and one hour before
performances



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Wed 5/1

9am Pre-sanctified Liturgy with Final Reading of Prayer of St. Ephraim 9 am

7pm Matins for Holy Thursday & Holy Unction

Thurs 5/2

7am Vespers & Divine Liturgy - Institution of the Lord's Supper

7pm Matins for Holy Friday with Passion Gospels

Fri 5/3

9am Royal Hours

3pm Vespers before the Cross 3 pm

7pm Matins with Lamentations of the Theotokos & Procession of the Winding Sheet

Sat 5/4

9am Holy Saturday Vespers & Divine Liturgy with (15) Old Testament Readings 9am - 11 am

11:30pm Paschal Vigil

Sun 5/5

12:00am Paschal Services (directly after Vigil)

Blessing of the Baskets & Agape Meal directly after services

1:30pm Paschal Vespers w/Procession

Mon 5/6

9:30am Paschal Divine Liturgy w/Procession

Regular Weekly Schedule

"All Services Celebrated in English"

Saturdays 6:00 pm - Great Vespers

Sundays 9:30am -Hours & Divine Liturgy

2nd Thursday of the month (May 9th) 7:00pm Service of Intercession for those suffering from Addiction

Contact us: 510-739-0908 or mail@stchristinaorthodox.org

Church Address: 3721 Parish Ave., Fremont, CA 94536



www.stchristinaorthodox.org

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Full Body Oil Massage

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* Cannot be combined with other offers

* Other restrictions may apply

Exp. 5/30/13

510-794-5678

6170 Thornton Ave.,
Suite 1, Newark

Friday, May 3

Celebrate Cinco de Mayo

4 p.m.

Bilingual magician Chiquy Boom performs

Fremont Main Library

2400 Stevenson Blvd., Fremont

(510) 745-1400

Friday, May 3

LCpl Travis Layfield Memorial Golf Tournament \$

8 a.m.

Golf, lunch, dinner & awards

Sunol Valley Golf Club

6900 Mission Rd., Sunol

(415) 309-2510

www.eaglesup.us

Friday, May 3

Spaghetti Feed \$

7 p.m. - 10 p.m.

Dinner & raffle baskets

Kennedy High School Cafeteria

39999 Blacow Rd., Fremont

(510) 364-9430

kennedytitansbaseball@yahoo.com

Friday, May 3

Tri-City Garden Club Plant Sale \$

9 a.m. - 2 p.m.

Purchase from a wide variety of plants

Fremont Senior Center

40086 Paseo Padre Parkway,
Fremont

(510) 790-6600

Friday, May 3

Friends of Scouting Leadership Breakfast \$R

7:30 a.m. - 9:30 a.m.

Benefit for Mission Peak Boy Scouts

Honoree Richard King

City Beach Fremont

4020 Technology Pl., Fremont

(510) 577-9227

Friday, May 3

Open Mic Night \$

7 p.m. - 10 p.m.

Music, comedy & poetry

Joe's Corner

37713 Niles Blvd., Fremont

(510) 896-8025

www.joescornerniles.com

Friday, May 3

Musical Preschool Storytime

3:30 p.m.

Stories, music & dance

Fremont Main Library

2400 Stevenson Blvd., Fremont

(510) 745-1400

Saturday, May 4

Tri-Valley Arthritis Walk \$

8 a.m.

Walk, refreshments, kid's activities

Life Style RX

1119 E. Stanley Blvd., Livermore

(800) 464-6240

www.TVArthritis
Walk.Kintera.org

Saturday, May 4

After School Band Telethon

5 p.m. - 8 p.m.

Raise money to support band & music programs

Fremont Education Foundation

Channel 26

http://www.fremont-
education.org/band

Saturday, May 4

Family Fitness Day \$

11:00 a.m. - 12:30 p.m.

Interactive games & interval circuits for the family

Milpitas Sports Center

1325 E. Calaveras Blvd., Milpitas

(408)586-3225

Saturday, May 4

Family Nature Hour

2 p.m. - 3 p.m.

Stories, games & activities for all ages

Coyote Hills Regional Park

8000 Patterson Ranch Rd.,
Fremont

(510) 544-3220

Saturday, May 4

Home Buyer Workshop

1 p.m. - 4 p.m.

Help for first time & move up home buyers

Keller Williams Realty

39465 Paseo Padre Parkway,
Fremont

(510) 200-4449

Saturday, May 4

Total Healing: The Meditation Prescription

1 p.m. - 3 p.m.

Learn to deal with physical & emotional problems through meditation

Fremont Main Library

2400 Stevenson Blvd., Fremont

(510) 745-1400

Saturday, May 4

Concert in the Park: Featuring Emilio Navaira \$

1 p.m. - 7 p.m.

Live music, food & no-host drinks

Swiss Park

5911 Mowry Ave., Newark

(510) 491-6420

Saturday, May 4

San Lorenzo Pioneer Cemetery Clean-Up

9 a.m. - 1 p.m.

Bring your gloves, gardening equipment & rakes

San Lorenzo Pioneer Cemetery

Corner of Usher Street & College Street, San Lorenzo

(510) 581-2516

www.haywardareahistory.org

Saturday, May 4 - Sunday, May 5

Spring into Summer Art and Craft Show and Sale

10 a.m. - 5 p.m.

Ceramics, jewelry, mosaics, woodwork & more

Cinema Place Gallery

1061 B. St., Hayward

(510) 538-2787

www.haywardarts.org

Saturday, May 4

Ronnie Cox Concert \$

7 p.m.

Music, songs & stories

Mission Coffee Roasting House

151 Washington Blvd., Fremont

(510) 474-1004

www.fremontcoffee.com

Saturday, May 4

Twilight Marsh Walk – R

7:00 p.m. - 8:30 p.m.

Stroll tidelands as night descends

Not suitable for young children

SF Bay Wildlife Refuge

1 Marshlands Rd., Fremont

(510) 792-0222 x 363

Sunday, May 5

Cinco de Mayo Concert

2 p.m. - 3 p.m.

El Mariachi Alegre performs Latin & Spanish music

Castro Valley Library

3600 Norbridge Ave.,
Castro Valley

(510) 667-7900

Sunday, May 5

Ohlone Wind Orchestra Concert \$

2 p.m.

Classical, big bands, & blues music

Smith Center

43600 Mission Blvd., Fremont

(510) 659-6031

Sunday, May 5

Bay Bike Ride – R

10 a.m.

11-mile bike ride along a shoreline trail. Helmets required

SF Bay Wildlife Refuge

1 Marshlands Rd., Fremont

(510) 792-0222 x 363

Sunday, May 5

Farmyard Docent Training

10 a.m. - 3 p.m.

Learn to give tours of Ardenwood Farm. Ages 16+

Ardenwood Historic Farm

34600 Ardenwood Blvd.,
Fremont

(510) 544-3284

Monday, May 6

Link to Jobs Workshop

7:00 p.m. - 8:30 p.m.

Salary search & support groups

Fremont Main Library

2400 Stevenson Blvd., Fremont

(510) 745-1400

Wednesday, May 8

ESP Awards Ceremony \$R

12 noon

Emergency Shelter Program Recognition

24773 Mission Blvd., Hayward

(510) 581-5626

www.espca.org



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Celebrating Mexican Heritage and Pride

While not Mexico’s Independence Day, Cinco de Mayo is a celebration of Mexican heritage and pride, fostered by one battle that revealed a lot about its country’s inhabitants. In 1862, over six thousand French soldiers landed at Veracruz with the intention to conquer Mexico. They marched to the city of Puebla under the command of General Lorencez where they were faced by General Ignacio Zaragoza and his Mexican army of 3,500 ill-equipped and poorly trained men. Despite the odds against them, the Mexicans defeated the French army, inflicting numerous casualties and forcing a retreat. Though the battle did not end the struggle between Mexico and France, the victory of May 5th has been commemorated ever since - Cinco de Mayo.

Residents of the Tri-Cities can join festivities and cultural celebrations at the annual Celebracion del Cinco de Mayo in Hayward, presented by La Alianza de Hayward. The free all-day event is open to the whole family with music and dancing, Mexican food, pinatas and games for the kids, and other cultural treats.

Castro Valley Library will be hosting a free concert featuring El Mariachi Alegre, who will perform familiar songs in the Latin and Spanish tradition, and in Oakland Rumbache will be playing their popular sound in a free one-hour outdoor concert.

Celebracion del Cinco de Mayo
Saturday, May 4
10 a.m. - 5 p.m.
City Hall Plaza
777 B St., Hayward
(510) 732-2746

www.zermeno.com
LaAlianzadeHayward.html
Free

Cinco de Mayo Concert
Sunday, May 5
2 p.m. - 3 p.m.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org
Free

Silent Comedy Comes to Life

SUBMITTED BY OHLONE COLLEGE

In the early days of film, with no dialog to tell the audience when to laugh, visual comedy was essential to audiences. In the 1910s and 1920s, thanks



to silent films, California was producing some of the greatest comic talent the world has ever known; Buster Keaton, along with Charlie Chaplin, were arguably the funniest men who ever lived. Keaton developed and mastered a comic style using pratfalls, slapstick, and amazing physical stunts with his trademark deadpan expression that has remained fresh and vital almost 90 years later.

The Smith Center at Ohlone College is proud to present another Buster Keaton classic with live music accompaniment by organist Jerry Nagano. Nagano, one of the Bay Area’s premier organists, accompanies Keaton’s “College” (1927) on May 3 at 8:30 p.m. The film, a comedy-drama, is about college students and their misadventures along with a

classic love story and plenty of amazing stunts. Jerry Nagano has been the house organist for more than a decade at the renowned Stanford Theatre in Palo Alto, where classic Hollywood is screened nightly. Born and raised in Los Angeles, he began his musical training at the age of ten. However, after attending a silent movie show accompanied by the Mighty Wurlitzer, Nagano was captivated by the idea of accompanying silent films. He began studying organ under Gaylord Carter, one of the great silent film organists of the time. Since moving to the Bay Area Nagano has been the house organist at the acclaimed Paramount Theater in Oakland, played at Ye Olde Pizza Joynt in Hayward, and toured the country, accompanying silent classics.

Don’t miss out on this incredible journey to the past with Jerry Nagano and Buster Keaton’s 1927 silent classic “College.” Tickets are available online or at the Smith Center box office. Please visit www.smithcenter.com, or call the Smith Center Box Office at (510) 659-6031 for more information.

A Buster Keaton Silent Comedy
with Organist Jerry Nagano
Friday, May 3
8:30 p.m.
Smith Center at Ohlone College
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.com
Tickets: \$20 General Admission, \$18 Seniors & Students, \$15 Youth (under 12)
\$2 Event Parking



Ronny Cox at Mission Coffee

Actor and singer/songwriter Ronny Cox will be playing his folk music sounds at the next Mission Coffee Roasting Concert Series on May 4.

Aside from his long acting career, appearing in such films as “Deliverance,” “Beverly Hills Cop,” and “Total Recall,” Cox is an accomplished musician, playing at theatres and folk music festivals all across the country. He has seven albums to his name, the latest being “Songs... with Repercussions” about the loss of his wife Mary and her absence in his life.

Cox has displayed his musical talents on “The Tonight Show with Jay Leno,” National Public Radio, at the Bluebird Café in Nashville with Jellyroll Johnson, The Great American Music Hall in San Francisco with the Rankins, and “The Crook and Chase Show” among many others.

Come listen to live music in an intimate coffeehouse setting, where you can also enjoy a fine cup of coffee, dinner or dessert along with the show.

Ronny Cox
Saturday, May 4
7 p.m. - 9:30 p.m.
Mission Coffee Roasting
151 Washington Blvd., Fremont
(510) 623-6920
www.brashhouseconcerts.com/
www.fremontcoffee.com/
www.ronnycox.com
Tickets: \$20

May is Bike Month

SUBMITTED BY TESS LENGUEL

Alameda County Transportation Commission (CTC) is sponsoring bicycle events for kids throughout Alameda County during the month of May, through the Alameda County Safe Routes to Schools Program. Over 60 schools will be participating in Bike to School Days, a component of Alameda CTC’s Ride into Life campaign.

This year, principals, school board members, parents, teachers and elected officials, including

Alameda CTC Commissioners, are getting on their bikes to share in Bike Month.

For additional information and contacts at participating schools, email Alameda County Safe Routes to Schools at staff@alamedacountysr2s.org. A list of rides, safety workshops, sign-ups for the Team Bike Challenge, and other Bike Month events funded by Alameda CTC and the Metropolitan Transportation Commission and delivered with partners at the East Bay Bicycle Coalition may be found at: <https://www.ebbc.org/b2sd>

BOOKMOBILE SCHEDULE

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Renew books by phone
(510) 790-8096
For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org.
Times & Stops subject to change

Tuesday, April 30
10:00 - 11:00 Daycare Center Visit - UNION CITY
1:30 - 2:30 Mission Hills Middle School, 250 Tamarack Dr., UNION CITY
2:45 - 3:30 Purple Lotus Buddhist School, 33615 - 9th St., UNION CITY
4:50 - 5:30 Mariner Park, Regents Blvd. & Dorado Dr., UNION CITY
5:40 - 6:20 Sea Breeze Park, Dyer St. & Carmel Way, UNION CITY

Wednesday, May 1
3:00 - 4:00 Warm Springs Community Center, 47300 Fernald St., FREMONT
4:15 - 4:50 Lone Tree Creek Park, Starlite Way & Turquoise St, Warm Springs, FREMONT
6:00 - 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday, May 2
9:30 - 10:15 Daycare Center Visit - UNION CITY
10:30 - 10:50 Daycare Center Visit - UNION CITY
1:55 - 2:20 Daycare Center Visit - SAN LORENZO
2:45 - 3:40 Bay School, 2001 Bockman Rd., SAN LORENZO

Monday, May 6
10:00-10:25 Daycare Center Visit - FREMONT
10:25-10:50 Peace Academy, Peace Terrace, FREMONT
1:30 - 2:00 Acacia Creek Retirement Community, 34400 Mission Blvd., UNION CITY
2:45 - 3:45 Ardenwood School, 33955 Emilia Lane, FREMONT
5:15 - 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday, May 7
9:45-10:15 Daycare Center Visit - UNION CITY
10:45-11:15 Daycare Center Visit - FREMONT
2:15 - 3:00 Daycare Center Visit - NEWARK
4:30 - 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT
5:50 - 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

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Wednesday, May 1
1:45-3:00 Foothill School, 1919 Landess Ave., MILPITAS
3:15-3:45 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

39737 Paseo Padre Parkway Suite B, Fremont, CA 94538
510-494-1999 fax 510-796-2462
tricityvoice@aol.com www.tricityvoice.com

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CRIBBAGE CLUB

completes third quarter

SUBMITTED BY TRACY YOTT

With 27 weeks of play in the books, American Cribbage Congress (ACC; www.cribbage.org) Grass Roots Cribbage Club #43 now enters the “home stretch” of their official season. Two-time club champion and club director Tracy Yott of Newark currently leads with 205 points. The tight pack in his rear view mirror includes Roy Kaufmann of San Leandro with 166 points, Ira Deutsch of San Carlos with 150 points and reigning club champion Charlie Dunn from S. San Francisco with 149 points. Not far behind are Reginald Lennie of Newark with 144 points and Jim Crawford of Mountain View with 142 points. Points earned each week are used for local, regional and national ranking.

Weekly 9-game tournaments are attended by a mix of male and female players from 25 to 95 years of age; attendance averaged 19 players per week during the first three quarters of this season. Many players arrive up to 90 minutes early to have dinner, catch up with

friends and play a warm-up game or two.

Recent newcomers to the Beginners club on Tuesday evenings have exclaimed that they thought they knew how to play the game. Tracy Yott and Reginald Lennie show cribbage players how to play the odds, anticipate opponent's cards and when to play offense or defense. With no membership fees, the Beginners club is a low pressure and self-paced way to learn the great game of cribbage and advance to tournament level play.

ACC Grass Roots Club #43 welcomes all players of any skill level. Tuesdays evenings are open to everyone who already enjoys the game or would like to learn how to play while Wednesdays are for intermediate to advanced players, capable of playing a game in 15 – 20 minutes.

For more information, email cribbagegr43@yahoo.com or call Tracy Yott at 510-793-6472. Or simply show up any Tuesday before 6:15 p.m. at Round Table Pizza (Centerville), 37480 Fremont Blvd., Fremont.

Huskies wield hot bats to stay on top

SUBMITTED BY MIKE HEIGHTCHEW
PHOTO BY MIKE HEIGHTCHEW



The Washington Husky varsity baseball team held on to the first spot of the Mission Valley Athletic League (MVAL) in baseball with an impressive showing of newly found power at the plate as they beat the Irvington Vikings 9-6 on April 24th.

Although the Vikings made a real contest out of

the game, they were unable to hold an early 2-0 lead in the second inning with well-timed hitting by Tommy Belias who continued a red-hot hitting streak at 2 for 3 in the game. Unfortunately for Justin Weightman who took the mound for the Vikings, the Huskies were kept in check early but broke the game beginning in the third inning as they began to hit and run, almost at will. At the close of the Husky half of the inning, seven runs had scored.

The Vikings were not content to give in and even with a five-run deficit, they battled back, scoring four more runs to close the gap to 7-6. In the top of the sixth, a critical play at the plate was a deciding moment as Husky Nick Quejado made good on an attempt to steal home giving Washington a bit of breathing room 8-6. Another Husky run in the seventh, ended the game at 9-6.

*Note:
Washington met Mission San Jose on April 26 and came away with a 6-3 win. The Huskies MVAL record stands at 7-1.*

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Logan v Newark Memorial

Women's Softball

April 24, 2013
Logan 6, Newark Memorial 4

The Lady Colts scored four runs in the first inning of play and never looked back as the Newark Memorial Cougars could not close the gap even as they chipped away at the lead and were only behind 5-3 at the end of the fifth inning. This was the first league loss for the Lady Cougars who bounced back with a 15-0 win over the Irvington Vikings and have a 7-1 record in Mission Valley Athletic League play.

The Lady Colts are undefeated in league play with an 8-0 record; they met the American Eagles in a subsequent game and continued their string of victories with a 6-0 shutout.

The Colts and Cougars will meet again on May 7.

Wallabies on the loose in Austria – yes, Austria

AP WIRE SERVICE

VIENNA (AP),Volunteers are searching for a pair of wallabies hopping through Austria – yes, Austria.

The kangaroo-like marsupials, which are smaller than “roos” and primarily found in Australia, escaped from a farm in the Upper Austrian countryside, about 180 kilometers (about 110 miles) northwest of Vienna. Thursday was the third day of the quest to find them.

There are actually three wallabies on the loose – owner Gabrielle Schrammel says the female has a joey in her pouch.

Austrians often express irritation at being confused for Australians while abroad, and mail meant for Australia occasionally surfaces in this central European Alpine country.

Those Vienna souvenir shops selling T-shirts with the slogan “No kangaroos in Austria” might have to start a recall campaign.



Pink softballs promote breast cancer awareness

SUBMITTED BY MIKE MCHUGH
PHOTO BY MIKE HEIGHTCHEW

Playing with a pink softball is unusual for girl's softball. During the regular season, all girl's softball teams play with a yellow ball but for one week of the year, girls that play in Newark Girls Softball League, NGSL, play with the unusual balls to promote awareness of breast cancer. Last year, the league raised over \$235 for Breast Cancer Research Foundation through a raffle. But more importantly, the league helped bring awareness to the 200 plus girls who play in the league. League VP Liz Campansano said, “This is a disease that if not stopped, could be contacted by about 25 of our girls at current rates (one in eight females). It will impact just about every one of them through friends and family at some point.

Because the league plays in the Spring rather than during Breast Cancer Awareness Week in October, this year NGSL will play with the pink balls for the entire week of April 29 – May 5. Another raffle, with gifts donated by local businesses and families, will raise money for research. Even the pink softballs were donated by one of NGSL's board members. Everyone is invited to watch NGSL's games at Snow Elementary, 6580 Mirabeau in Newark. Money can also be donated by sending a check to NGSL at PO Box 552, Newark, CA 94560.

Liz Campansano says “Every penny we collect goes to the Breast Cancer Research Foundation. Our league is built for the wellbeing of the girls in the Tri-City area and their wellbeing is important to us even after their playing days are done”.

Badminton

James Logan vs John F. Kennedy

SUBMITTED BY
KIMVAN NGUYEN

April 23, 2013
James Logan 15, Kennedy 2
James Logan is currently 12-2

Letter to the Editor

What Does It Take to Make A National Champion Team?

On January 27, 2013, I opened my email as usual but was surprised to receive the following unusual message.

Hello Mr. and Mrs. Sartorio: My name is Jay Liu and I'm Joanna Liu's father. I got your information from Gomes PTA Directory. Joanna is a 5th grader at Gomes and a decent chess player. She and fellow Gomes players are forming a chess team to compete at the SuperNational Chess Championship held at Nashville, TN April 5-7. We are hoping that William is interested in joining the Gomes chess team to compete K-5 Championship section. You probably know that only three elementary schools at the Bay Area have won national titles: Weibel, Mission San Jose, and Regnart. This could be the opportunity for Gomes. We sincerely hope William can be part of the journey.

While I was excited and felt honored for William to be invited to the Gomes team, I couldn't help but feel worried at the same time. William was passionate about chess for the first 18 months since he was introduced to it after kindergarten in summer 2011, but recently, William only got 0.5 point out of 5 at a tournament at Mechanics Institute Library in San Francisco. On the way back home, he said that he did not want to play at rated tournaments any more and would take chess as a hobby.

I did not know what this email message would bring but still couldn't conceal my excitement when I shared it with William and Dominic. To my delight, both of them were also excited and honored to be invited. We quickly decided to make a family trip out of this. Even his grandparents in Florida were excited and made traveling arrangements to meet us in Nashville.

On March 28, six days before our trip to Nashville, we were shocked to receive an email from Jay that he had to leave for China that morning as Joanna's grandfather was hospitalized following a heart attack. Within 12 hours, Grandfather passed away unexpectedly while Jay was still on his way. Shortly thereafter, we learned that Jay was able to conclude his father's final arrangements and shorten his stay in China.

The Gaylord Opryland Resort is as beautiful as a palace in a fairy tale. It also had a very large convention center; this tournament needed every bit of the space. With 5,335 participants, the 2013 SuperNational beat the previous record set in 2005 to become the world's largest over-the-board chess tournament. Held once every four years, this event brought players from every grade level, Kindergarten to 12th grade, to compete, all under one roof. The 1565 teams came from 47 states, plus Washington DC and Puerto Rico. The thousands of boards in the spacious Delta Hall left us in awe.

We thought that the stress was over once all four players arrived at Nashville, but realized that the real stress had just started. Our team received only 0.5 points after the first round, putting us near the bottom of the team rankings. The sunshine of that beautiful spring afternoon couldn't brighten anyone's mood.

Everyone could breathe again after all four players won their second game. Our new team standing at ninth place still seemed very far from the top. We did not know what to expect in the next two days.

Saturday morning, the third round started at 9 a.m. "This is the toughest K-5 section I have ever seen", said Dr Kirshner. "The number of players with high ratings is unbelievable." In spite of all the doubts and uncertainty felt by parents, our players surprised us! All four of them seemed to be more and more at ease, learning and growing at the same time, as the fourth and fifth rounds went on.

Our team standing had climbed to sixth after the fifth round. The difference between Gomes and the top team was only 1.5 points. But we didn't get our hopes up too much. The final two rounds were still ahead, and those are always the toughest.

I finally saw Jay on Sunday while he was waiting for Joanna during the sixth round. "You always seem so calm whenever I see you at Joanna's tournaments." I admired. "Actually I always feel nervous when she plays at tournaments. I hide by myself when I'm stressed out." That statement from one of the most experienced chess parents in the country



sounded reassuring to me. As an inexperienced chess mom, I'm not alone.

We had a perfect sixth round with all four players winning. Everyone's spirit was at its highest as we saw our team tied with four other teams at the top. My heart quivered when I saw the pairings for the seventh round. While all his teammates' opponents were rated near or below theirs, William was paired with a player rated 1551 from the team with the highest average rating, the Greenbriar West Elementary School Team from Fairfax, Virginia, currently listed as number one.

William looked tired and kept on rubbing his eyes and yawning. He had to share a bed with his younger brother over the past three nights and woke up a couple of times last night. All I could do was to hug and kiss him, telling him to treat each move as a tactic as he was an expert on that. I went to the Chess Store directly after the round started since I would bury myself with worries and negative thoughts if I didn't distract myself. Grandpa picked out a nice design and made a souvenir shirt with SuperNational logo for William. Our team should still be in top three if everyone else won. At least we are here and have tried. "Top three is

something to be proud of," I comforted myself.

I'd been waiting for an hour when my phone vibrated. On the other end, Dominic said, "William has something to tell you!" My heart beat faster. "Mom, I won!" I couldn't believe my ears! I jumped up and down with dozens of parents around me looking with understanding smiles. We jumped again after Jason and Ganesh's announced their wins. Joanna arrived in a bright red top as well as a bright smile that I had not seen on her before. Even the usually very composed Ganesh seemed to be chattier than ever.

I went out to check the posting board. I was excited to see a group of parents gathered in front of it. "Number 1, Gomes, CAF021 20.00 points." I couldn't believe my eyes! "We won! We are National Champions!"

Seeing our four players walking up the stage to receive the championship trophy was a proud moment for our five parents and two grandparents. But what we were most proud of is our children's persistence throughout those three days.

I learned that what weighs more than the championship trophy is our players' passion for chess. Throughout those three

days, I met so many players and their parents who participated in the SuperNational, not for any trophy, but for the joy of the game. Several of those parents told me that they take their children to national chess tournaments every year to enjoy playing with other children around the country. They don't care about ratings; they just love playing the game with fellow chess lovers. In retrospect, I remember what a joyful experience it had been for William when he first started studying chess.

Our team sat at the elegant Revela restaurant for dinner after the award ceremony. We realized that although it would be extremely difficult for any one of our children to win an individual championship, with their combined strength, they were able to win the team championship. The value of teamwork is a memorable life lesson.

Winning or losing may change with each tournament. But may our children's love for chess, determination in facing challenges and appreciation of the value of teamwork will accompany them forever!

G. Julie Xie
An inexperienced 'Chess Mom'
Nashville, TN
April 8, 2013

Mission Hills Athletic Club Partners

SUBMITTED BY
CHRISTINA BROADWIN

Mission Hills Athletic Club (MHAC) has announced a new partnership with Eagle Fustar Tennis Academy to provide a full range of tennis instruction and member programs for junior and adult players. Within a few weeks of its grand re-opening on March 30, 2013, MHAC has already registered over 280 members. MHAC is a full amenities facility with 13 lighted tennis courts, locker rooms, showers, group fitness classes, personal training, all new cardio and strength equipment and a BBQ, outdoor deck and lounge for members.

Tucked in a beautiful park-like setting surrounded by redwood trees, the Fremont foothills and acres of open space the setting is unparalleled and the pricing offers a great value to families, couples and individuals. "We are very excited that our members, both juniors and adults, will now be able to receive high-quality tennis instruction at our facility," said Christina Broadwin, Club Manager for MHAC. The Eagle Fustar Tennis Academy is highly regarded and has been training juniors and adults throughout the South Bay and Mountain View for over 10 years.

For more information about Mission Hills Athletic Club and its offerings please go to www.MissionHillsAthleticClub.com or visit at East Las Palmas Avenue, Fremont.



John F. Kennedy v Moreau Catholic

Men's Baseball

SUBMITTED BY MIKE HEIGHTCHEW
PHOTO BY MIKE HEIGHTCHEW

The game started as a pitcher's duel, but Bryan Cmelak of the Moreau Mariners quickly got the upper hand for the Mariners. Kennedy's Titans never got in a hitting groove although they played a good defensive game. Cmelak brought a no-hitter into the sixth inning with two outs when finally the lone Titan hit up the middle for a single played spoiler.

Finally, in the top of the fifth inning, the Mariners drove in two runs to get the win. Hitting stars for the Mariners were Rian Goulart who went 1 for 3 with 2 RBI and Jacob Zertuche at 2 for 4. Final score: Moreau Mariners 2, John F. Kennedy Titans 0.

PUBLIC NOTICES

continued on page 31

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG13676861
Superior Court of California, County of Alameda
Petition of: Yen, Yung-Sen & Chen, Shu-Chuan for
Change of Name

TO ALL INTERESTED PERSONS:
Petitioner, Yen, Yung-Sen & Chen, Shu-Chuan
filed a petition with this court for a decree chang-
ing names as follows:

Yen, Tzu-Chin to Yen, Tzuchin Renee
Yen, Tzu-Han to Yen, Tzuhan Benoit

The Court orders that all persons interested in this
matter appear before this court at the hearing indi-
cated below to show cause, if any, why the petition
for change of name should not be granted. If no writ-
ten objection is timely filed, the court may grant the
petition without a hearing.

Notice of Hearing:
Date: 7/26/2013, Time: 8:45 AM, Dept.: 504
The address of the court is 24405 Amador St.,
Hayward, CA 94544

A copy of this Order to Show Cause shall be
published at least once each week for four suc-
cessive weeks prior to the date set for hearing on
the petition in the following newspaper of general
circulation, printed in this county: Whats
Happening Tri City Voice
Date: April 24, 2013
WINIFRED Y. SMITH
Judge of the Superior Court
4/30, 5/7, 5/14, 5/21/13

CNS-2478008#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. GH13671005
Superior Court of California, County of Alameda
Petition of: Airalee Tan, Airalee and Joel on behalf
of Jace Tan-Wong, a minor for Change of Name
TO ALL INTERESTED PERSONS:

Petitioner Airalee Tan, Airalee and Joel on behalf
of Jace Tan-Wong, a minor filed a petition with this
court for a decree changing names as follows:

Airalee Noreen Tan to Airalee Studley
Jace Robin Tan-Wong to Jace Robin Studley-
Wong

The Court orders that all persons interested in this
matter appear before this court at the hearing indi-
cated below to show cause, if any, why the petition
for change of name should not be granted. Any person
objecting to the name changes described above must
file a written objection that includes the reasons for
the objection at least two court days before the mat-
ter is scheduled to be heard and must appear at the
hearing to show cause why the petition should not be
granted. If no written objection is timely filed, the
court may grant the petition without a hearing.

Notice of Hearing:
Date: Friday, June 7, 2013, Time: 8:45 am,
Dept.: 504

The address of the court is 24405 Amador Street,
Hayward, CA 94544

A copy of this Order to Show Cause shall be
published at least once each week for four suc-
cessive weeks prior to the date set for hearing on
the petition in the following newspaper of general
circulation, printed in this county: Tri City Voice
Date: March 13, 2013
C. Don Clay
Judge of the Superior Court
4/23, 4/30, 5/7, 5/14/13

CNS-2474661#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG13675673
Superior Court of California, County of Alameda
Petition of: Maria Rebecca Posadas Monta for
Change of Name

TO ALL INTERESTED PERSONS:
Petitioner Maria Rebecca Posadas Monta filed a
petition with this court for a decree changing names
as follows:

Maria Rebecca Posadas Monta to Rebecca
Posadas Monta

The Court orders that all persons interested in this
matter appear before this court at the hearing indi-
cated below to show cause, if any, why the petition
for change of name should not be granted. Any person
objecting to the name changes described above must
file a written objection that includes the reasons for
the objection at least two court days before the mat-
ter is scheduled to be heard and must appear at the
hearing to show cause why the petition should not be
granted. If no written objection is timely filed, the
court may grant the petition without a hearing.

Notice of Hearing:
Date: June 28, 2013, Time: 8:45 am, Dept.: 504
The address of the court is 24405 Amador Street,
Hayward, CA 94544

A copy of this Order to Show Cause shall be
published at least once each week for four suc-
cessive weeks prior to the date set for hearing on
the petition in the following newspaper of general
circulation, printed in this county: What's
Happening's Tri City Voice
Date: April 16, 2013
Winifred Y. Smith
Judge of the Superior Court
4/23, 4/30, 5/7, 5/14/13

CNS-2474422#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG13668670
Superior Court of California, County of Alameda
Petition of: Paul Terschuren for Change of Name
TO ALL INTERESTED PERSONS:

Petitioner filed a petition with this court for a
decree changing names as follows:

Paul Terschuren to Paul Terschuren

The Court orders that all persons interested in this
matter appear before this court at the hearing indi-
cated below to show cause, if any, why the petition
for change of name should not be granted. Any person
objecting to the name changes described above must
file a written objection that includes the reasons for
the objection at least two court days before the mat-
ter is scheduled to be heard and must appear at the
hearing to show cause why the petition should not be
granted. If no written objection is timely filed, the
court may grant the petition without a hearing.

Notice of Hearing:
Date: Friday May 31, 2013, Time: 8:45 am,
Dept.: 504

The address of the court is 24405 Amador Street,
Hayward, CA 94544

A copy of this Order to Show Cause shall be
published at least once each week for four suc-
cessive weeks prior to the date set for hearing on
the petition in the following newspaper of general
circulation, printed in this county: Tri City Voice
Date: February 25, 2013
C. Don Clay
Judge of the Superior Court
4/23, 4/30, 5/7, 5/14/13

CNS-2473509#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG13674451
Superior Court of California, County of Alameda
Petition of: Raghunatha Balaji Krishnamurthy for
Change of Name

TO ALL INTERESTED PERSONS:
Petitioner Raghunatha Balaji Krishnamurthy filed
a petition with this court for a decree changing
names as follows:

Raghunatha Balaji Krishnamurthy to Raghunatha
Krishnamurthy Balaji

The Court orders that all persons interested in this
matter appear before this court at the hearing indi-
cated below to show cause, if any, why the petition
for change of name should not be granted. Any person
objecting to the name changes described above must
file a written objection that includes the reasons for
the objection at least two court days before the mat-
ter is scheduled to be heard and must appear at the
hearing to show cause why the petition should not be
granted. If no written objection is timely filed, the
court may grant the petition without a hearing.

Notice of Hearing:
Date: 07/05/13, Time: 8:45am, Dept.: 504
The address of the court is 24405 Amador St.,
Hayward, CA 94544

A copy of this Order to Show Cause shall be
published at least once each week for four suc-
cessive weeks prior to the date set for hearing on
the petition in the following newspaper of general
circulation, printed in this county: What Happening
Tri-City Voice
Date: Apr. 05, 2013
WINIFRED Y. SMITH
Judge of the Superior Court
4/16, 4/23, 4/30, 5/7/13

CNS-2472025#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG13674457
Superior Court of California, County of Alameda
Petition of: Badrinarayana Shwetha Alampalli for
Change of Name

TO ALL INTERESTED PERSONS:
Petitioner Badrinarayana Shwetha Alampalli filed
a petition with this court for a decree changing
names as follows:

Badrinarayana Shwetha Alampalli to Shwetha
Badrinarayana Alampalli

The Court orders that all persons interested in this
matter appear before this court at the hearing indi-
cated below to show cause, if any, why the petition

for change of name should not be granted. Any person
objecting to the name changes described above must
file a written objection that includes the reasons for
the objection at least two court days before the mat-
ter is scheduled to be heard and must appear at the
hearing to show cause why the petition should not be
granted. If no written objection is timely filed, the
court may grant the petition without a hearing.

Notice of Hearing:
Date: 07/05/13, Time: 8:45 AM, Dept.: 504
The address of the court is 24405 Amador Street,
Hayward, CA 94544

A copy of this Order to Show Cause shall be
published at least once each week for four suc-
cessive weeks prior to the date set for hearing on
the petition in the following newspaper of
general circulation, printed in this county: What's
Happening Tri City Voice
Date: April 05, 2013
WINIFRED Y. SMITH
Judge of the Superior Court
4/16, 4/23, 4/30, 5/7/13

CNS-2472017#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 477496
The following person(s) is (are) doing business as:

Ice Beatz, 42840 Christy St. Suite 231, Fremont, CA 94538, County of Alameda
Ice Beatz, Inc., 42840 Christy St. Suite 231, Fremont, CA 94538; Delaware

This business is conducted by a Corporation.

The registrant(s) commenced to transact business
under the fictitious business name or names listed
above on 3-25-13.

I declare that all information in this statement is
true and correct. (A registrant who declares as
true information which he or she knows to be
false is guilty of a crime.)

/s/ Alex E. Henry Jr., CEO
This statement was filed with the County Clerk of
Alameda County on April 23, 2013.

NOTICE-In accordance with Section 17920(a), a
Fictitious Name Statement generally expires five
years from the date it was filed with the County
Clerk, except as provided in Section 17920(b),
where it expires 40 days after any change in the
facts set forth in the statement pursuant to sec-
tion 17913 other than a change in the residence
address of a registered owner. A New Fictitious
Business Name Statement must be filed before
the expiration.

The filing of this statement does not of itself author-
ize the use in this state of a Fictitious Business
Name in violation of the rights of another under
Federal, State, or common law (See Section
14411 et seq., Business and Professions Code).
4/30, 5/7, 5/14, 5/21/13

CNS-2478514#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477494

The following person(s) is (are) doing business as:

Catalyst Ventures, 42840 Christy St. #231, Fremont, CA 94538, County of Alameda
Catalyst Ventures Group, Inc., 42840 Christy St. #231, Fremont, CA 94538; Delaware

This business is conducted by a Corporation.

The registrant(s) commenced to transact business
under the fictitious business name or names listed
above on 4-1-13.

I declare that all information in this statement is
true and correct. (A registrant who declares as
true information which he or she knows to be
false is guilty of a crime.)

/s/ Alex Henry, CEO
This statement was filed with the County Clerk of
Alameda County on April 23, 2013.

NOTICE-In accordance with Section 17920(a), a
Fictitious Name Statement generally expires five
years from the date it was filed with the County
Clerk, except as provided in Section 17920(b),
where it expires 40 days after any change in the
facts set forth in the statement pursuant to sec-
tion 17913 other than a change in the residence
address of a registered owner. A New Fictitious
Business Name Statement must be filed before
the expiration.

The filing of this statement does not of itself author-
ize the use in this state of a Fictitious Business
Name in violation of the rights of another under
Federal, State, or common law (See Section
14411 et seq., Business and Professions Code).
4/30, 5/7, 5/14, 5/21/13

CNS-2478506#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477495

The following person(s) is (are) doing business as:

Alternative Methods, 42840 Christy St., Suite 231, Fremont, CA 94538, County of Alameda
Alternative Methods, Inc., 42840 Christy St., Suite 231, Fremont, CA 94538; Delaware

This business is conducted by a Corporation.

The registrant(s) commenced to transact business
under the fictitious business name or names listed
above on 2/5/13.

I declare that all information in this statement is
true and correct. (A registrant who declares as
true information which he or she knows to be
false is guilty of a crime.)

/s/ Alex E. Henry Jr., CEO
This statement was filed with the County Clerk of
Alameda County on April 23, 2013.

NOTICE-In accordance with Section 17920(a), a
Fictitious Name Statement generally expires five
years from the date it was filed with the County
Clerk, except as provided in Section 17920(b),
where it expires 40 days after any change in the
facts set forth in the statement pursuant to sec-
tion 17913 other than a change in the residence
address of a registered owner. A New Fictitious
Business Name Statement must be filed before
the expiration.

The filing of this statement does not of itself author-
ize the use in this state of a Fictitious Business
Name in violation of the rights of another under
Federal, State, or common law (See Section
14411 et seq., Business and Professions Code).
4/30, 5/7, 5/14, 5/21/13

CNS-2478490#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477491

The following person(s) is (are) doing business as:

ACA Intl., 42840 Christy St. #231, Fremont, CA 94538, County of Alameda
ACA Intl., Inc., 42840 Christy St. #231, Fremont, CA 94538; Delaware

This business is conducted by a Corporation.

The registrant(s) commenced to transact business
under the fictitious business name or names listed
above on 4/1/13.

I declare that all information in this statement is
true and correct. (A registrant who declares as
true information which he or she knows to be
false is guilty of a crime.)

/s/ Aileen Simmons, CEO
This statement was filed with the County Clerk of
Alameda County on April 23, 2013.

NOTICE-In accordance with Section 17920(a), a
Fictitious Name Statement generally expires five
years from the date it was filed with the County
Clerk, except as provided in Section 17920(b),
where it expires 40 days after any change in the
facts set forth in the statement pursuant to sec-
tion 17913 other than a change in the residence
address of a registered owner. A New Fictitious
Business Name Statement must be filed before
the expiration.

The filing of this statement does not of itself author-
ize the use in this state of a Fictitious Business
Name in violation of the rights of another under
Federal, State, or common law (See Section
14411 et seq., Business and Professions Code).
4/30, 5/7, 5/14, 5/21/13

CNS-2478481#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477202

The following person(s) is (are) doing business as:

Technical Service Corp. (TSC), 3178 Laurelview Court, Fremont, CA 94538, County of Alameda
Optoma Technology, Inc., 3178 Laurelview Court, Fremont, CA 94538; California

This business is conducted by a Corporation.

The registrant(s) commenced to transact business
under the fictitious business name or names listed
above on 2/28/2013.

I declare that all information in this statement is
true and correct. (A registrant who declares as
true information which he or she knows to be
false is guilty of a crime.)

/s/ Hans Wang, Executive Vice President
This statement was filed with the County Clerk of
Alameda County on April 15, 2013.

NOTICE-In accordance with Section 17920(a), a
Fictitious Name Statement generally expires five
years from the date it was filed with the County
Clerk, except as provided in Section 17920(b),
where it expires 40 days after any change in the
facts set forth in the statement pursuant to sec-
tion 17913 other than a change in the residence
address of a registered owner. A New Fictitious
Business Name Statement must be filed before
the expiration.

The filing of this statement does not of itself author-
ize the use in this state of a Fictitious Business
Name in violation of the rights of another under
Federal, State, or common law (See Section

14411 et seq., Business and Professions Code).
4/30, 5/7, 5/14, 5/21/13

CNS-2478478#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 476949

The following person(s) is (are) doing business as:

WHAT'S HAPPENING'S TRI-CITY VOICE, 39377 PASEO PADRE PARWAY, SUITE D, FREMONT, CA 94538, MAILING ADDRESS: 39120 ARGONAUT WAY #335, FREMONT, CA 94538, County of ALAMEDA

WHAT'S HAPPENING, INC., 39120 ARGONAUT WAY #335, FREMONT, CA 94538 (CALIFORNIA) This business is conducted by a CORPORATION
The registrant(s) commenced to transact business under the fictitious business name or names listed above on JANUARY 14, 2002

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

/s/ WILLIAM MARSHAK, PRESIDENT
This statement was filed with the County Clerk of Alameda County on APRIL 8, 2013

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/30, 5/7, 5/14, 5/21/13

CNS-2478354#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477211

The following person(s) is (are) doing business as:

Whipple 17-76, 2492 Whipple Road, Hayward, CA 94544, County of Alameda
Almond Enterprises, 38345 Blacow Road, Fremont, CA 94536; CA

This business is conducted by a Corporation.

The registrant(s) commenced to transact business under the fictitious business name or names listed above on 1983

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

/s/ Erin Almond, Vice President
This statement was filed with the County Clerk of Alameda County on April 15, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/30, 5/7, 5/14, 5/21/13

CNS-2475538#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 476974

The following person(s) is (are) doing business as:

Everything Green, 44268 Fremont Blvd., Fremont, CA 94538, County of Alameda
Chantal Vuong, 2086 Danderhall Way, San Jose, CA 95121

Lacey Tran, 1765 Landess Ave., #37, Milpitas, CA 95035

This business is conducted by a General Partnership.

The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

/s/ Chantal Vuong
This statement was filed with the County Clerk of Alameda County on April 8, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/23, 4/30, 5/7, 5/14/13

CNS-2473760#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477196

The following person(s) is (are) doing business as:

Mission Palm Dental, 43625 Mission Boulevard, Suite 208, Fremont, CA 94539, County of Alameda; Mailing Address: 2701 Decoto Road, #4, Union City, CA 94587, Alameda County

Herbert Chiu, D.D.S., a Professional Corporation, 2701 Decoto Road, #4, Union City, CA 94587; California

This business is conducted by a Corporation.

The registrant(s) commenced to transact business under the fictitious business name or names listed above on 04/18/2008.

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

/s/ Herbert Chiu, D.D.S., President
This statement was filed with the County Clerk of Alameda County on April 15, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/23, 4/30, 5/7, 5/14/13

CNS-2473532#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 477195

The following person(s) is (are) doing business as:

Mission Palm Dental Associates, 43625 Mission Boulevard, Suite 208, Fremont, CA 94539, County of Alameda; Mailing Address: 2701 Decoto Road, #4, Union City, CA 94587, Alameda County

Herbert Chiu, D.D.S., a Professional Corporation, 2701 Decoto Road, #4, Union City, CA 94587; California

This business is conducted by a Corporation.

The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

/s/ Herbert Chiu, D.D.S., President
This statement was filed with the County Clerk of Alameda County on April 15, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et

OPINION



WILLIAM MARSHAK

Planning our birthday party

As the country struggles to rebound from what has been called "The Great Recession," belts that have been tightened to extremes are beginning to loosen a bit. When Fremont City funds were dispersed for social programs, money was found to accommodate a compromise increase of \$35,000 over budget and City Manager Fred Diaz noted that if the Council approved a requested optional increase of \$70,000, those funds could be found. The Council may have been prudent to split the difference and didn't seem to mind that four additional organizations were awarded \$10,000 each in the process. There is nothing wrong with supporting the bedrock and safety net of our community, but when a request to celebrate our native or adopted country for a fraction of this amount is rebuffed, a fundamental disconnect with our country's heritage, pride and history exists. Pride in our neighborhoods, our City, our Greater Tri-City area and our country is also at the core of community bedrock.

As July 4th nears, a committee of dedicated citizens is again planning a grand celebration, although under an economic cloud partially created by the City of Fremont. It is time for the City to reinstate at least some financial support for the Fourth of July Parade. After all, local public, private, ethnic and religious

groups have consistently rallied to help and attend even when the City has stood aside. Whether or not this was ever acceptable, Fremont should now show a change of heart and match the actions of surrounding cities that have consistently supported their parades and festivities. If people from all over the world recognize the significance and value of our hometown parade, the City of Fremont can join in the spirit of our birthday and hum the George M. Cohan tune too.

I'm a Yankee Doodle Dandy

A Yankee Doodle, do or die

A real live nephew of my Uncle Sam

Born on the Fourth of July

William Marshak
PUBLISHER

For years, citizens of Fremont have chipped in to organize, support and participate in this country's biggest birthday party. A grand parade of local folks and visitors has celebrated this country's Independence Day every year, even when times were tough. Although the parade route has changed over time, sentiment and participation by native and naturalized citizens as well as other people from all over the world who share the joys of living in the Tri-Cities has never wavered. Historically, the City of Fremont has provided some financial support, but during recent tough economic times, resources for our birthday parade were shouldered solely by citizens and local companies. Even minor requests for financial help from the City were rejected or shelved.

Introduction to Curling



SUBMITTED BY SF BAY AREA CURLING CLUB

Curling is not just for hair; it happens on the ice too! Want to know what it is and how you can be a curler? Visit a local arena for a lesson and find out. First time curlers and those just curious about this sport are welcome to watch, learn and participate.

Beginners:

The Beginner series covers everything a brand-new curler

needs to know to get started with curling, including basic delivery, basic sweeping, and the rules of the game. If you've never curled before or have been to a learn-to-curl clinic, this series is for you.

Oakland: Saturday, May 4, 2:15 p.m. - 4:30 p.m. and May 11, 2:45 p.m. - 5 p.m.
Fremont: Thursday, May 2, May 9, May 16, 7:30 p.m. - 9:45 p.m.



Lessons and Instructional Leagues:

Five-week Lesson Series in Fremont, May 23 - June 20, 7:30 p.m. - 9:45 p.m. Cost is \$110 for the full five weeks.

Think you're ready to jump right into a league? The 6-week Oakland Instructional League will teach you as you go along. The league runs from May 18-June 29. Time varies session to session. Please see www.bayareacurling.com for complete schedule. Each session will open with a 10-15 minute drill to get your delivery in shape, followed by a game for the remainder of

the session. Experienced curlers will be on hand to provide guidance and answer questions.

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Sharks Ice at San Jose, 1500 S 10th Street, San Jose
Sharks Ice at Fremont, 44388 Old Warm Springs Blvd, Fremont
Oakland Ice Center, 519 18th Street, Oakland

For more information, visit: www.bayareacurling.com
Good curling!

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ADJUDICATION:

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the County of Alameda, and the State of California.

What's Happening's **TRI-CITY VOICE**™

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LETTERS POLICY

The Tri-CityVoice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published.

Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
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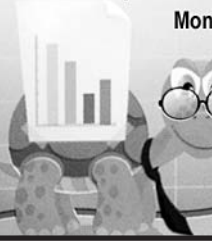
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Infant - Pre K



Newark Police Log

SUBMITTED BY NEWARK PD

April 20

1852 Hours: Loss Prevention at the Raley's Supermarket requested assistance at 6:52 p.m. with taking three shoplifters into custody. As officers were responding to the store, the suspects split up and fled in three different directions in a vehicle and on foot. The responding officers made three separate stops and were able to detain all the suspects. Nathaniel Harris and Alonzo Taylor, both of Oakland were arrested for burglary and possession of drug paraphernalia. David Pugh of Oakland was arrested for burglary and possession of Heroin. All three suspects were booked at Santa Rita Jail and Officer Bloom coordinated this investigation.

A traffic stop by Officer Jackman on Cedar Blvd. at 10:43 p.m. resulted in the arrest of Brandon Fabio of San Diego for driving under the influence of alcohol. Fabio was later issued a citation and released from NPD.

April 21

Officer Nobbe completed a multi victim burglary, fraud and forgery investigation. The suspect identified as Stephen Sarmiento Hayward had been arrested by Hayward PD on a similar case. Officer Nobbe contacted Stephen at the Hayward City jail and got a full confession. The case will be sent to the District Attorney's Office for charging.

Officer Eriksen completed his investigation regarding a robbery, auto theft, domestic violence case. The suspect assaulted his ex-girlfriend at the New Park Mall, on April 20, 2013. During the assault, the suspect identified as Arnold Prakash of Hayward stole a diamond pendent from around the victim's neck. Arnold smashed the victims head into the passenger side door window causing injury and attempted to steal her vehicle while she was seated inside of it. The victim was able to fight off Arnold and flee the mall. Victim called 911 and reported the incident as a battery only. Only after talking to the victim did Officer Eriksen learn of the other crimes. The investigation will be forwarded to the district attorney's office for charging.

April 22

At 11:31 a.m., Officer Lopez investigated the theft of a catalytic converter from a vehicle parked in the 36300 Darvon St. The victim parked her vehicle on the street in front of her home two weeks ago. Victim returned to her car today to discover the catalytic converter had been stolen.

April 23

Victim contacted Newark PD at 7:05 p.m. and advised that she had just been threatened by Leonard Lowery of Newark at a residence on Lotus Ct. The Victim explained she had a dispute in the kitchen

with Lowery. Victim and grandson left the residence and as they were leaving, they saw Leonard load a bullet into a scoped rifle. UCPD was contacted for an outside assist and UCPD Officer Wu responded with their armored rescue vehicle. Once it was determined Lowery was outside and was not armed with rifle, the armored vehicle, with a team of officers, responded to the driveway of the residence. Lowery was contacted and complied with officers. He was detained without incident.

Officer Norvell accepted the arrest of Akilah Abraham of Hayward and Ariana Cooper of Hayward at 8:08 p.m. from NewPark Mall security officers. Both females had been arrested for theft of shoes from Focus Shoes, where they punched an employee during the theft. They were both charged with Robbery and booked at Santa Rita Jail.

April 24

A 2006 Ford Econoline van was stolen overnight from Bluegrass Court and was abandoned in an industrial part of Oakland a few hours later. A concerned citizen in Oakland located the van and called the number on the side of the van because the engine was running and nobody was around. The owner responded to Oakland, recovered the van and immediately came to NPD after finding many of the tools missing that were in the cargo area of the van. Officer Fredstrom handled the investigation.

Officer Sandoval arrested Santiago Hernandez of Newark for DUI at 11:46 p.m. after he fell asleep at the wheel on Sycamore St. at the railroad tracks. The vehicle was towed and Hernandez was booked at Fremont Jail.

April 25

Officers responded at 8:20 a.m. to a report of a man walking down the middle of the street. The reporting party stated he was acting like a motor vehicle while traveling in the roadway. Officers found Aref Mayer of Newark who is known from a prior altercation with police, walking on Dairy Ave. Officer Revay attempted to talk with Mayer and knew he had an active felony warrant for assault with a deadly weapon on a police officer, threats to kill a public official, brandishing a deadly weapon, and assault. Officer Revay and Officer Horst attempted to detain Mayer, who started to resist and struggle with them. Other officers responded and Mayer was detained until he could be brought under control using a chemical restraint. Mayer was transported to a local hospital by Paramedics Plus and medically cleared prior to being booked at Santa Rita Jail on his warrants and resisting arrest.

At 9:58 a.m., Officer Horst investigated

a theft of a vehicle from the 6300 block of Buena Vista Dr. where a 1996 black Honda Civic, 2 door, CA# 6EET371 was taken during the overnight hours.

April 26, 2013

At 8:33 a.m., Officer Horst investigated a theft of a vehicle. The employee, who lives on Quince Pl. came out this morning to find his work vehicle missing. He activated the vehicle's GPS and located the vehicle abandoned on Alexander St. in Fremont. He then called NPD. Officer Horst responded to Alexander St. along with Fremont PD and recovered the vehicle, which was released to the employee.

During the night shift briefing, Det. Heckman shared that Patrick Gregoire of Newark had a felony warrant for evading police in a vehicle. Patrick was seen earlier by officers but he had managed to flee the area in a gold colored Oldsmobile. At 6:59 p.m., Det. Heckman and Det. Todd located Gregoire's vehicle in front of a residence in the 36500 block of Olive Street. Family inside of the house said Gregoire was seen at the listed residence but they did not know where he was hiding. All family members were evacuated from the residence and a perimeter was set. A search team was formed based on Gregoire having search clauses associated to the listed address and his felony warrant.

Officer Jackman made numerous K-9 announcements to no avail. While inside of the residence "Eliot" alerted to a scent in an attic crawl space, which was accessible from an upstairs bedroom. Verbal commands were given for Gregoire to crawl out to awaiting officers but there was no answer. "Eliot" was sent inside of the attic and located Gregoire who still refused to surrender. Gregoire struggled with "Eliot" for approximately two minutes. During the course of the struggle, the attic floor/ceiling of the living room collapsed sending "Eliot" through the hole and into the living room, which was about an 8-foot drop.

Gregoire was removed from the hole in the ceiling by awaiting officers, yet he continued to fight. Physical force was utilized to get Gregoire safely secured in handcuffs. In the end; Officer Jackman took "Eliot" to the Vet and confirmed K-9 Eliot suffered no injuries. Gregoire was transported to a local hospital where he was treated for the bite wounds he received while fighting with K-9 "Eliot." Gregoire was later booked at Santa Rita Jail for his warrants and 148 PC – resisting arrest.

Any person with any information concerning these incidents can contact the non-emergency line at 510-578-4237. Information can also be left anonymously on the "silent witness" hotline at 510-578-4000, extension 500.

Union City Police Log

SUBMITTED BY UNION CITY PD

April 20

At 11:47 a.m., officers were dispatched to a residence on Vallejo Street to investigate a hand grenade being located. Residents located what appeared to be a live hand grenade underneath their residence. The residents removed the grenade from underneath their home and placed it in their backyard. Arriving officers agreed the item appeared authentic and the Alameda County Bomb Squad was called to the location. The Bomb Squad collected the grenade and transported it to an offsite location for destruction.

April 21

Officers responded to an address on Queensboro Way at 10:28 a.m. Officers surrounded the residence in an attempt to arrest a subject with two felony warrants. The subject decided to come out of the residence and surrender after hiding in the attic for a few minutes.

April 23

A resident reported seeing two black male adults in his backyard on Devonshire Street at 10:40 p.m. The two suspects rang the doorbell at the residence and then entered the backyard after receiving no answer at the front door. The two suspects fled the backyard when they encountered the homeowner.

April 24

At 12:07 a.m., a similar incident occurred approximately one mile away where a residence was burglarized on Belami Loop. A witness to the burglary reported an unknown black male knocking on the front door before he entered the side yard of the victim residence. Officers arrived and discovered the residence was burglarized. It is unknown if the two incidents involve the same suspects. Anyone with information about these incidents should contact the Investigations Unit.

“Places of Worship” is published on the first Tuesday of every month. Faith-based organizations that have agreed to distribute Tri-City Voice to their congregations are included. A complete list of all greater Tri-City faith-based organizations can be found at: www.tricityvoice.com under “Community Resources.”

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Military grooms new officers for war in cyberspace

a report with new details allegedly linking a secret Chinese military unit to years of cyberattacks against U.S. companies. This year, The New York Times, The Wall Street Journal and The Washington Post all reported breaches in their computer systems and said they suspected Chinese hackers. China denies carrying out cyberattacks.

On Tuesday, hackers compromised Associated Press Twitter accounts and sent out a false tweet. AP quickly put out word that the report was false and that its accounts had been hacked. AP’s accounts were shut down until the problem was corrected.

Once viewed as an obscure and even nerdy pursuit, cyber is now seen as one of the hottest fields in warfare – “a great career field in the future,” said Ryan Zacher, a junior at the Air Force Academy outside Colorado Springs who switched from aeronautical engineering to computer science.

Last year the U.S. Naval Academy in Annapolis, Maryland began requiring freshmen to take a semester on cybersecurity, and it is adding a second required cyber course for juniors next year.

The school offered a major in cyber operations for the first time this year to the freshman class, and 33 midshipmen, or about 3 percent of the freshmen, signed up for it. Another 79 are majoring in computer engineering, information technology or computer science, bringing majors with a computer emphasis to about 10 percent of the class.

“There’s a great deal of interest, much more than we could possibly, initially, entertain,” said the academy’s superintendent, Vice Adm. Michael Miller.

Since 2004, the Air Force Academy has offered a degree in computer science-cyberwarfare – initially called computer science-information assurance – that requires cadets to take courses in cryptology, information warfare and network security in addition to standard computer science. The academy is retooling a freshman computing course so that more than half its content is about cyberspace, and is looking into adding another cyber course.

“All of these cadets know that they are going to be on the front lines defending the nation in cyber,” said Martin Carlisle, a computer science professor at the Air Force Academy and director of the school’s Center for Cyberspace Research.

About 25 Air Force cadets will graduate this year with the computer science-cyberwarfare degree, and many will go on to advanced studies and work in their service’s cyber headquarters or for U.S. Cyber Command at Fort Meade, Md., the Defense Department command responsible for defensive and offensive cyberwarfare.

Almost every Army cadet at the U.S. Military Academy at West Point, New York, takes two technology courses related to such topics as computer security and privacy. West Point also offers other cyber courses, and a computer security group meets weekly.

One of the biggest cybersecurity challenges is keeping up with the head-spinning pace of change in the field.

“You know American history is pretty much the same” every year, said Lt. Col. David Raymond, who teaches a cybersecurity course. “In this domain, it’s really tough to keep up with how this thing evolves.”

In his congressional report, Clapper noted that the chance of a major attack by Russia, China or another nation with advanced cyber skills is remote outside a military conflict – but that other nations or groups could launch less sophisticated cyberattacks in hopes of provoking the United States or in retaliation for U.S. actions or policies overseas. South Korea accused North Korea of mounting a cyberattack in March that shut down thousands of computers at banks and television broadcasters.

Gen. Keith Alexander, head of U.S. Cyber Command, told Congress in March the command is creating teams to carry out both offensive and defensive operations. A spokesman said the command is drawing cyber officers from the service academies, officer schools and Reserve Officer Training Corps programs.

Teams from the three academies compete in events such as last week’s National Security Agency Cyber Defense Exercise, in which they try to keep simulated computer networks running as an NSA “aggressor team” attacks. Teams from the U.S. Coast Guard and Merchant Marine academies also took part, along with graduate students from the U.S. Naval Postgraduate School and Canada’s Royal Military College.

Air Force won among undergraduate schools. The Royal Military College won among graduate schools.

That hands-on experience is invaluable, said 2nd Lt. Jordan Keefer, a 2012 Air Force Academy graduate now pursuing a master’s degree in cyberoperations at the Air Force Institute of Technology.

“You can’t just go out there and start hacking. That’s against the law,” he said. The competitions, he said, “gave me actual experience defending a network, attacking a network.”

Counterterrorism expert Richard Clarke, noting that really high-level computer skills are rare, suggested the military might have to re-examine some of its recruiting standards to attract the most adept cyberwarriors.

“Hackers are the 1 percent, the elite and the creators,” said Clarke, who served as White House cybersecurity adviser during the Clinton administration. “I wouldn’t worry a whole heck of a lot (about whether they) can they run fast or lift weights.”

Cyber’s appeal was enough to get Keefer to put aside his dream of becoming a fighter pilot, a job with undeniable swagger. “It’s a challenge, and for people who like a challenge, it’s the only place to be,” Keefer said.

Witte reported from Annapolis, Maryland. Associated Press writer Michael Hill in Albany, New York, contributed to this report.

continued from page 1

Students welcomed to White House Science Fair

Students met the President and had the opportunity to discuss their research including projects such as innovating new detection for pancreatic cancer, engineering peripheral vision and preventing the degradation of polymers. Following the Fair, the President addressed the students, science educators and business leaders in attendance about the critical importance of STEM education to address our country’s economic and societal challenges.

“We are incredibly proud of these young people who represent the excellence and dedication that middle schoolers can bring to STEM education. By competing in the Broadcom MASTERS in middle school, young scientists and engineers are inspired to achieve at the highest level in high school and beyond,” said Paula Golden, Executive Director, Broadcom Foundation. “President Obama’s support for science and engi-

neering competitions, including the Broadcom MASTERS, is critical for focusing public attention on the need for students to stay with math and science through their high school years in order to achieve college and career aspirations.”

Jessika Baral won the Marconi/Samueli Award for Innovation at the Broadcom MASTERS 2012 for her project “A Novel Way to Strengthen Eye Muscles and Enhance Peripheral Vision.” She was inspired to study vision after noticing that her friends often use handheld electronic devices for long periods of time - a habit that can result in eye muscle fatigue. She decided to put her engineering skills to use, creating a device to strengthen tired eye muscles and improve peripheral vision using LED lights.

For more information, visit www.broadcomfoundation.org or www.societyforscience.org.

Union City P.D. honored at Mission Valley ROP

SUBMITTED BY ALLISON ALDINGER

The Union City Police Department was honored at the April 18 meeting of the Mission Valley ROP (Regional Occupational Program) Governing Council, for support of the Mission Valley ROP Law Enforcement Program.

Unique, industry relevant, hands-on skills are taught to students in the MVROP Law Enforcement Program through a custom curriculum developed in collaboration with law enforcement professionals from the Union City Police Department and MVROP administration. Students in the program on the James Logan High School campus are team-taught by three active members of the Union City Police Department, while students at the American High School campus are instructed by a retired member of the Oakland Police Department. Students enrolled in the program gain valuable insight into the law enforcement career field, while also being afforded the unique opportunity to experience other aspects of the job via guest speak-

ers, K-9 and SWAT demonstrations, and through the utilization of various police vehicles for training purposes.

Most recently the Union City Police Department donated a police cruiser to the program. The MVROP Auto Body Painting and Refinishing Program gave the cruiser a new paint job and in concert with the donated time, expertise, and skill of Chris Bastan of Vinyl Ink, the car is now ready to be put to work by the MVROP Law Enforcement Program students.

When accepting this award on behalf of the Union City Police Department, Commander Jared Rinetti stated the smooth approval process for the cruiser donation is a testament to Mission Valley ROP, and the reputation it holds in the community. Everyone involved in shepherding the process was one hundred percent on board. The Governing Council commended the UCPD for their support of the program, the school, and for their investment in the students of the Tri-Cities.

For more information, visit www.mvrop.org.



UC Patient Care workers announce strike vote

SUBMITTED BY TODD STENHOUSE

Having negotiated for ten months, including more than three months of post-impasse proceedings, AFSCME 3299 has announced that 13,000 Patient Care Technical workers within the University of California’s \$6.9 billion Medical System will be holding a strike vote April 30 - May 2.

“For almost a year, we’ve bargained in good faith and worked to secure a contract that puts patient safety first and honors the principle of basic fairness to the frontline care professionals at the foundation of the UC Medical System,” said AFSCME 3299 President Kathryn Lybarger. “Instead of agreeing to these basic standards, UC Administrators are asking frontline care providers to subsidize chronic understaffing, growing management bloat and unprecedented executive excess at UC’s taxpayer supported teaching hospitals. That’s something we simply will not do.”

The most recent agreement between UC and its UC Patient Care Technical workers expired on September 30, 2012. Both before and since then, negotiations and post-impasse mediation proceedings have failed to produce an agreement on more than a dozen major issues.

While receiving more than \$300 million in state taxpayer support and banking hundreds of millions of dollars in profits each year, UC Medical Centers have offered their frontline care workers cuts in total compensation and rejected proposals to address increasingly unsafe staffing practices within UC hospitals. Meanwhile, UC Medical Facilities increased their executive payroll by \$100 million since 2009, quadrupled their annual debt payment obligations since 2006, eliminated hundreds of frontline care jobs, dramatically increased outsourcing of critical patient care functions to less experienced workers, and refused to cap the golden handshake pensions of top executives.

“Patient care professionals, California taxpayers, and the millions of families who depend on us each year for care understand that there is a growing crisis of misguided priorities amongst top UC Administrators,” said Tim Thrush, a principal Diagnostic Sonographer at UCSF Medical Center and an AFSCME 3299 Bargaining Team member. “We are prepared to fight for our patients and our families.”

AFSCME 3299 represents more than 22,000 Service and Patient Care Technical workers at the University of California’s 10 campuses and five medical centers.

Last call for Artists

SUBMITTED BY DIANE LEYS

The Members Juried Show takes place every other year, and entrants must be members of Olive Hyde Art Guild (new members are welcome!). Judging will be performed from the actual work by two well-known Bay Area artists and lecturers, Donald Feasel (Painter, Lecturer, and Professor at San Jose State University) and Keay Edwards (Photography Lecturer and Technician at San Jose State University). Submitted work may be in painting (oil, watercolor, acrylic), mixed media, photography, digital media (no video), ceramics, glass, sculpture (any media), jewelry, fiber art or works on paper.

Three monetary prizes will be awarded: Best of Show - \$150; 2nd Place - \$100; and 3rd Place - \$75. Merit Award winners will receive ribbons, and a Peoples’ Choice ribbon will be voted by attendees at the Opening Night Reception.

Entry Forms and Rules are available on the Guild’s website at: www.olivehydeartguild.org or contact Judy Anglin at (510) 651-2811 or jang95@aol.com.

Important Dates:

Exhibit at the Gallery: June 21 through July 20

Deadline for entering: Wednesday, May 1 (postmark)

Judging Day: Saturday, May 11 at Olive Hyde Art Center

Receiving Days for art work: Sunday, June 9 or Saturday, June 15

Show opening reception & awards: Friday, June 21

After show pickup of artwork: Sunday, July 21

continued from page 26

PUBLIC NOTICES

years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/9, 4/16, 4/23, 4/30/13

CNS-2469255#

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as:
B Street Studio, 37641 Iron Horse Ln, Fremont, CA 94536, County of Alameda
Jude S. Silva, 37641 Iron Horse Ln., Fremont, CA 94536
This business is conducted by an Individual. The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Jude Silva

This statement was filed with the County Clerk of Alameda County on March 27, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/9, 4/16, 4/23, 4/30/13

CNS-2467490#

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as:
Ruby Land Construction, 42836 Gatewood Street, Fremont, CA 94538, County of Alameda
Tun Tun Lin, 42836 Gatewood Street, Fremont, CA 94538
This business is conducted by an Individual. The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Tun Tun Lin
This statement was filed with the County Clerk of Alameda County on March 15, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/9, 4/16, 4/23, 4/30/13

CNS-2467253#

GOVERNMENT

CITY OF UNION CITY NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held by the City of Union City for the purpose of considering the following project applications:
Use Permit (UP-13-007)
The applicant, Verizon Wireless, is seeking approval of a Use Permit for a comprehensive sign program to allow for the installation of a third building sign on the westerly side of the building located at 30935 Courthouse Drive (Assessor Parcel Number: 463-0060-051), which is located in the CUL, Union Landing Commercial, Zoning District.
Notice is also given that this project is exempt under Section 15301, Class 1, Existing Facilities, of the California Environmental Quality Act (CEQA).

Use Permit (UP-13-008)

The applicant, West Coast Valet, is seeking approval of a Use Permit for establishment of a laundry and dry cleaning facility for the airline and hotel industries located at 2930 Faber Street (Assessor Parcel Number: 463 0045-060-02), which is located in the ML, Light Industrial, Zoning District. The proposed use will be storing hazardous materials associated with the facility's laundry and dry cleaning activities, such as soap, bleach, etc., in quantities that categorize the use as a Large User Site, as defined in Chapter 18.40, Article IV, of the Municipal Code.
Notice is also given that this project is exempt under Section 15301, Class 1, Existing Facilities, of the California Environmental Quality Act (CEQA).

PLANNING COMMISSION MEETING Thursday, May 16, 2013

Said hearing will be held at 7:00 p.m. In the Council Chambers of City Hall, 34009 Alvarado-Niles Road, Union City.

For further information on the above application, contact Carmela Campbell, Planning Manager, at (510) 675-5316. Written comments regarding these projects should be received by the Planning Division prior to Thursday, May 16, 2013.

City Hall is accessible by Union City Transit lines 1A, 1B, 3, 4 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please contact: Union City Transit at (510) 471-1411, AC Transit at (510) 891-4777, or BART at (510) 465-2278.

JOAN MALLOY
Economic & Community Development Director
4/30/13

CNS-2478423#

CITY OF UNION CITY INITIAL PUBLIC NOTICE

The City of Union City Environmental Programs Division has received a Risk Management Plan from Rich Products Corporation, a food production facility located at 1600 Whipple Road, Union City, pursuant to the California Code of Regulations Title 19, Division 2, Chapter 4.5. This Initial Public Notice serves to inform the public that the Union City Environmental Programs Division has initiated the process for government and public review. If there are any questions on this Risk Management Plan, please contact Andy Block, Environmental Programs Manager at (510) 675-5358. 4/30/13

CNS-2478243#

CITY OF UNION CITY DEPARTMENT OF PUBLIC WORKS 2013 SLURRY SEAL PROJECT CITY PROJECT NO. 13-03

Notice to Contractor

Sealed proposals for the work shown on the plans entitled: 2013 Slurry Seal Project, City Project No. 13-03 will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, until Thursday, May 23, 2013, 2:00 P.M., at which time they will be publicly opened and read in the Council Chambers of said building. The Contractor shall possess a Class A – General Engineering or C-12 – license at the time this contract is awarded. Bids are required for the entire work described herein. This contract is subject to the State contract nondiscrimination and compliance requirements pursuant to Government Code Section 12990. Plans, specifications and proposal forms to be used for bidding on this project can only be obtained at the Department of Public Works, 34009 Alvarado-Niles Road, Union City, California, or by calling (510) 675-5308. In addition, you may call (510) 675-5308 for a copy of the Plan Holder's List. Plans and specifications fees are as follows: NON-REFUNDABLE FEE OF \$40.00 PER SET WHEN PICKED UP AT THE PUBLICWORKS' COUNTER OR \$50.00 IF REQUESTED TO BE MAILED General Work Description: The work to be done, in general, consists of grinding/milling of existing asphalt concrete pavement, asphalt concrete spot repairs on various roadways, hot mix asphalt paving, provide associated traffic

control measures, lane & crosswalk striping, and other such items indicated and required by the plans, Standard Specifications, and these technical specifications. All questions should be faxed to Murray Chang at (510) 675-5311 or email murrayc@unioncity.org. The successful bidder shall furnish a Payment Bond, a Performance Bond, and a Maintenance Bond. Minimum wage rates for this project as predetermined by the Secretary of Labor are set forth in the special provisions. If there is a difference between the minimum wage rates predetermined by the Secretary of Labor and prevailing wage rates determined by the Department of Industrial Relations for similar classifications of labor, the contractor and his subcontractors shall pay not less than the higher wage rates. Pursuant to Section 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined by the Director of the wage rates appear in the Department of Transportation publication entitled General Prevailing Wage Rates, (current semi-annual which have been predetermined and are on file with the Department of Industrial Relations are referenced but not printed in said publication.

CITY OF UNION CITY DATED: APRIL 30, 2013
4/30, 5/7/13

CNS-2476870#

Notice is hereby given that sealed competitive bids will be accepted in the office of the GSA-Purchasing Department, County of Alameda, 1401 Lakeside Drive, Suite 907 Oakland, CA 94612 **NETWORKING BIDDERS CONFERENCES RFQ #901128 Window Blinds South County**-Thursday, May 2, 2013, 2:00 p.m. – Castro Valley Library, Chabot Room, 3600 Norbridge Avenue, Castro Valley, CA **North County**-Friday, May 3, 2013, 10:00 a.m. – General Services Agency, 1401 Lakeside Drive, Room 1107, 11th Floor, Oakland, CA **Response Due by 2:00 p.m. on June 3, 2013. County Contact: Evelyn Benzon (510) 208-9622 or via email: evelyn.benzon@acgov.org** Attendance at Networking Conference is Non-mandatory. Information regarding the above may be obtained at the Alameda County Current Contracting Opportunities internet website at www.acgov.org. 4/30/13

CNS-2475863#

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF JULIA BARRON CASE NO. RP13675425

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Julia Barron
A Petition for Probate has been filed by Eunice Andrade in the Superior Court of

CNS-2473796#

Richard D. King to receive ‘Scouter of the Year Award’

SUBMITTED BY JOE BARTON

On Friday, May 3rd, the local Boy Scout district will host its 9th annual “Friends of Scouting Community Leadership Breakfast” aimed at increasing awareness and support for Scouting in the Tri-Cities area. Master of Ceremonies this year will be retired Newark Mayor Dave Smith.

Scouting is a non-profit organization that focuses on preparing our young boys and girls to be responsible members of our community. Money raised at this event will help provide many services and materials to our Scouts and volunteer leaders, including:

- * Scouting Summer Camps
- * Youth leadership training
- * Program planning materials
- * Professional staff support
- * Printed resources for units
- * Recognitions for volunteers
- * Volunteer training materials
- * Volunteer adult training

Each year, the Scouts recognize local community leaders who have supported or who have made a significant contribution to Scouting. One award goes to an individual or organization in the community who has been a big supporter of Scouting. Richard King has been a longtime



supporter of Scouting and has served our community in a variety of capacities, including serving on the Fremont Planning Commission, Fremont Symphony Board, Rotary Club of Niles-Fremont and the Executive Board of the San Francisco Bay Area Council, BSA.

Our local Mission Peak district serves the communities of Fremont, Newark and Union City. Currently we have over 3,000 youth and adult participants and have had membership growth every year for the past five years. Every dollar raised at the breakfast will go directly back to serving youth as City Beach has generously underwritten the event in order to help promote youth outdoor activities. Tickets for the breakfast are still available for \$50. To reserve your seat today, please contact Joe Barton, Field Director at 510-577-9227 or joe.barton@scouting.org.

**Friends of Scouting
Community Leadership Breakfast
Friday, May 3
7:30 a.m. – 9:00 a.m.**

**City Beach
4020 Technology Pl., Fremont
(510) 577-9227
joe.barton@scouting.org.
\$50/person**

Hayward Police Log

SUBMITTED BY HAYWARD PD

April 15

A man called HPD at 5:25 a.m. asking them to respond to the 700 block of Memorial Way because his girlfriend was making threats of suicide. According to the distraught man, his girlfriend locked herself inside their apartment and was refusing to come out. When officers arrived, they received no answer at the door. Feeling the girlfriend's life may be in jeopardy, the officers forced the front door open only to find there was no one inside. The man eventually admitted that he had locked himself out of his apartment and just needed to get the door opened.

April 16

Officers responded to a residence in the 2000 block of Florida St. at 2:33 p.m. regarding an assault with a motor vehicle. When officers arrived they learned that the suspect and victim are neighbors and have a long standing feud. The suspect saw the victim on the street and challenged the neighbor to fight. He then began punching the victim when he refused to fight the suspect. The victim tried to run from the suspect but the suspect got into a car and chased the victim down the street. The suspect then tried to run the victim over after

yelling that he was going to kill the victim. A passerby picked the victim up in his vehicle only to have the suspect chase after them and start ramming the Good Samaritan's vehicle. HPD located the suspect shortly after arriving and arrested him for attempted homicide with a vehicle.

HPD units responded to the area of 28000 Huntwood Ave. at 6:13 p.m. regarding two subjects seen passing a handgun back and forth. When police arrived, the subjects split up and walked in different directions. Both were quickly detained and one subject was identified as the one who brought the gun. The firearm was found loaded and discarded in a bush. The suspect was arrested and the firearm was recovered.

April 18

Patrol officers received a broadcast of a disturbance occurring to the rear of All Saints Church at 2:11 p.m. possibly involving gang members. School Resource Officers responded and detained six juveniles at the church. A loaded .45 cal. handgun was located in a bush near the detained subjects. One of the juveniles, a known gang member, admitted to possessing the gun.

At 3:37 p.m., two subjects, one in a car and the other walking on the sidewalk, exchanged hostile words as they passed each other. It was later determined that the two suspects belonged to rival gangs. The situa-

tion escalated with both suspects exchanging gunfire. One suspect was seen going into an apartment in the 700 block of Shepherd Ave. Arriving officers surrounded the residence but no one would come out. A juvenile fled from the residence but was caught by officers. It was determined that he was not the same subject seen entering the residence although he was on probation and did go to jail. An area check where the fleeing suspect was detained revealed a loaded firearm that he had discarded. He was subsequently charged with the gun crime as well.

April 19

A police unit was requested to the Citibank at 225 Second St. at 10:30 a.m. regarding a suspect who was attempting to steal \$35,000 through an Identity Theft scam. When the officer arrived, the suspect was still on the scene and was taken into custody. It turned out the suspect was also wanted in a HPD case where he had 45 counts of forgery and ID theft pending. He was also wanted by several local agencies and the US Postal Service for fraud related offenses.

April 20

Citizens called HPD at 7:41 a.m. to report that there was a large man yelling “KILL KILL” at passing motorists and pedestrians as he swung a metal pipe near Weekes Park. When officers arrived they found a man weighing over 400 lbs. and

still swinging the pipe. They attempted to negotiate with the man, who approached the officers with the pipe. One officer was injured in the ensuing scuffle but the suspect was ultimately taken into custody. It isn't known what drove the man to his actions but he was taken to a local hospital for evaluation.

The police went to the area of the 25000 block of Franklin St. at 10:30 p.m. regarding a shooting. When they arrived they found that one man had been shot by another over money issues. The men were apparently playing dice when the argument broke out and one shot the other. The victim was transported to a local hospital where he later succumbed to his injuries. The suspect is wanted for murder.

April 21

Residents of a home in the 300 block of Bridgecreek Way called HPD through 911 to report that they were watching 2-3 suspects through remote Close Circuit TV. The suspects were in the victim's home and were in the process of burglarizing it. Hayward PD unit surrounded the house. When the suspects came out, one was quickly taken into custody but the other two fled on foot. Officers quickly caught the other two in nearby yards. A stolen and loaded handgun was located in a vehicle deemed to belong to one of the suspects. All suspect were charged with burglary and other related offenses.

COMMUNITY BULLETIN BOARD

Rotary Club of Niles We meet Thursdays at 12:15 p.m. Washington Hospital West 2500 Mowry Ave. Conrad Anderson Auditorium, Fremont www.nilesrotary.org (510) 739-1000	The League of Women Voters invites you to visit our website at www.lwvfncuc.org You'll find valuable information about your community & voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are nonpartisan & free to the public	FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every Friday in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Are You Troubled By Someone's Drinking? Al-Anon and Alateen are here to help. Al-Anon has but one purpose: to help families of alcoholics. We share our experience, strength, and hope. www.ncwsa.org for a meeting near you, or call (510) 276-2270, or email Easydudz@gmail.com . Serious Mental Illness Free 12 week course for caregivers of someone with a serious mental illness starting Mar 7, 2013 from 6:30-8:30pm in Union City. Registration required. Contact: Barb St. Clair 415-879-0399 or Email Stclair.barb@gmail.com NAMIacs.org/F2F/mar2013
Rotary Club Mission San Jose Fridays at 12:15 p.m. Papillon Restaurant 37296 Mission Blvd. Fremont (510) 656-5056 Visit our club. See why we joined for business & fellowship and stayed to change the world. We welcome new members	FREE FILMS AND PUBLIC DISCUSSIONS Screenings on the Second Saturday of each month except August 1:30pm, Niles Discovery Church 255 H Steet at 3rd 510-797-0895 www.TriCityPerspectives.org	American Legion Auxiliary We meet the third Tuesday of every month at 7pm Niles Veterans Building 37154 2nd Street, Fremont susan.peters251@yahoo.com 510656-6848	
Kennedy High School Flea Market First Saturday Every Month Except January 8 a.m. – 4 p.m. All Spaces \$20 For more info call 510-657-4070 x27150 bsterling@fremont.k12.ca.us 39999 Blacow Rd., Fremont	Having trouble controlling the way you eat? Today there is a solution. Food Addicts in Recovery Anonymous Mondays, 7:00 – 8:30 PM Centerville Presbyterian Church, Room E-204 4360 Central Ave., Fremont Teri M. 510-757-8214 www.foodaddicts.org	Become the speaker & leader you want to be Citizens for Better Communicators (CBC) Toastmasters Guests and Visitors welcome Saturdays 10:15am Unitek College Room 141 4580 Auto Mall Pkwy., Fremont 510-862-0893	
Fremont Cribbage Club teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email: cribbagegr43@yahoo.com Or call Tracy (510) 793-6472 American Cribbage Congress www.cribbage.org	Is Food a Problem for You? Overeaters Anonymous NO dues - NO fees - NO diets Monday 7:00 p.m. - 8:15 p.m. St. James Episcopal Church 37051 Cabrillo Ter, Fremont Saturday 10:30 a.m. - Noon 1st Presbyterian Church 35450 Newark Blvd, Newark southernalamedacountyoa.org	Mission Trails Mustangs Mustang & Ford Enthusiasts Meets 1st Fri of the Month 7pm at Suju's (Winter) 3602 Thornton, Fremont missiontrailsmustang.org or call 510-493-1559 We do Car Shows & other social activities monthly	
First United Methodist Church Music Series Free concerts the first Sunday each month, 4pm. 30 minute organ & piano recitals & occasional guest artists. Free-will offering opportunity to benefit local humanitarian charities. First United Methodist Church 2950 Washington Blvd., Fremont	SAVE (Safe Alternatives to Violent Environments) Domestic Violence Support Group (Drop In & FREE) Tue & Thur 7 pm – 9 pm Fri 9:15 am – 11 am 1900 Mowry, 4th Fl. Fremont Office (510) 574-2250 24/7 Hotline (510) 794-6055 www.save-dv.org	SAVE (Safe Alternatives to Violent Environments) FREE Restraining Order Clinic (Domestic Violence) Tues. Hayward Police 1-4 pm Wed. Fremont Police 9 am - 1 pm Thurs. San Leandro Police 9 am - noon Fri SAVE Office 9 am - noon Office (510) 574-2250 24/7 Hotline (510) 794-6055 www.save-dv.org	Friendship Force of San Francisco Bay Area Monthly meetings; interesting cultural programs. Stay in members' homes abroad. We need home and day hosts for members from New Zealand visiting us May 17-24. www.ffsfba.org 510-794-6844
Celebrate Recovery Free yourself from any hurt, hang-up or habit Join us at 33450 9th Street Union City Thursdays, 7pm - 9pm or call anytime 510-586-5747 or 510-520-2769	T.O.P.S. Weight Support Group Take Off Pounds Sensibly Real People! Real Weight Loss! Wednesday Nights 6:30 - 8:00 27303 Sleepy Hollow Ave S Kaiser Building 1st Floor Hayward RLTOPS0336@yahoo.com 207-651-0565	FREE Taxes Done & E-Filing WHY PAY Let VITA do your taxes! IRS-certified Tax Preparers \$51,000 or less income. Restrictions may apply Fremont Family Resource Ctr 39155 Liberty St., Fremont M-W 4p-8p F 10a-1p Open Jan 23-April 15 2013 More Info 510-574-2020	Ford F-100 Elite of Northern CA East Bay Chapter All owners of 53-56 FORD 1/2 ton pick-up and panels are invited to join our club. Pick-ups up to 65 are welcome also. Newsletters, shows, fellowship Call Ken, 510-782-7312
DONATE YOUR COMPUTERS Help Eliminate Hunger & Food Insecurity Your donation is tax deductible Tri-City Volunteers 37350 Joseph Street, Fremont Mon-Fri 8:30 AM - 4:00 PM Closed 12 PM - 1PM Questions Call 1-888-802-8207 tri-cityvolunteers.org	DONATE YOUR CELL PHONES Help Eliminate Hunger & Food Insecurity Your donation is tax deductible Tri-City Volunteers 37350 Joseph Street, Fremont Mon-Fri 8:30 AM - 4:00 PM Closed 12 PM - 1PM Questions Call 1-888-802-8207 tri-cityvolunteers.org	Community Seder Welcomes All! March 26th join us to celebrate Passover! RSVP req for the seder by 3/15.Night of Illusion (for all ages) 3/16 Family Shabbat services 5:30pm & 7pm on 3/22 Inclusive Reform community. 510-656-7141 or visit www.bethtorah-fremont.org	Daughters of the American Revolution Ohlone Chapter Visit our meetings. We have activities promoting historic preservation, education & patriotism 1st Sat of each mo. Sept - May - 10 am-12 p Centerville Presbyterian Church 4360 Central Ave, Fremont
Meditation, Buddhism in Plain English 7pm-9pm Tuesdays - Free 36054 Niles Blvd. 650-556-6428 Meditation, discussion, Q&A with David De Young, American Buddhist teacher in Ajahn Chah Thai Forest Tradition. All are welcome.	Live Big Band Music April 27-Sat-2pm-4pm What's Up Big Band At NewPark Mall, Newark Music of Big Band Legends such as Glenn Miller, Harry James, Perez Prado, Count Basie & More (Free admission) e-mail: mikeodee@yahoo.com	Fremont Area Writers Want to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except July and December. Rm. 223 at DeVry University, 6600 Dumbarton Circle, Fremont Call Carol at (510) 565-0619 www.cwc-fremontareawriters.org	Tri-Valley Arthritis Walk Saturday, May 4th at LifeStyleRx 1119 E. Stanley Blvd., Livermore Registration 8:00 a.m. Walk 10:00 a.m. 1 or 3 mile options, Tailgate Extravaganza, Raffle Prizes, Refreshments, Kids Activities, www.TVArthritisWalk.Kintera.org or Call (800) 464-6240
Call for Art San Leandro Art Assoc. Festival of the Arts Receiving Sat., June 8 10-3pm at Casa Peralta 384 West Estudillo Festival June 29 & 30 Interested artists can apply www.slartassoc.org or slartassoc@yahoo.com	The Union City Historical Museum 3841 Smith St. Union City Open Thurs.-Sat 10am-4pm Visit our Museum. You'll find valuable information about our community, past history and current happenings. www.unioncitymuseum.com 510-675-9501	Cougars Summer Basketball Camp Girls 8-15 Years of age Mon-Fri, June 24-28 9:30am - 2:30pm Full & Half Day Options Silliman Activity Center Gym 6800 Mowry Ave., Newark www.newark.org 510-578-4620 Sign-Ups Now Being Accepted!	Tri-City Garden Club Plant Sale Friday, May 3rd 9AM-2PM Fremont Senior Center 40086 Paseo Padre Pky Fremont
		Palma Cela Baptist Church Juneteenth Festival Sat June 15 10am-4pm 28605 Ruus Rd, Haywardd Food, Music, Vendors and other activities. Benefits education scholarships Call for info 510-786-2866	YARD SALE in UNION CITY SATURDAY MAY 18 - 8 -3 Mission Hills Middle School 250 TAMARACK DRIVE (off Mission Blvd.) We will be selling clothes, shoes,toys, electronics, household items,furniture, games, toys, books and more! Contact Elizabeth at mhmsyardsale@gmail.com

HCAC higher education scholarships

SUBMITTED BY SUZANNE BARBA The Hispanic Community Affairs Council (HCAC) will award 51 scholarships to local Alameda County students who plan to attend community colleges or continue their studies at universities throughout the country. The awards luncheon will be held on Friday, May 3, 2013 from 11:30 a.m. to 1:30 p.m. at the Newark-Fremont Hilton Hotel in Newark. Luncheon tickets are \$60. Many of the students have applied and been	accepted at Yale, MIT, UC Berkeley; Cal Poly SLO, UC Riverside, UC Santa Barbara, UC Davis, CSU East Bay, Santa Clara University. San Francisco State and Mills College. Students will also be attending community colleges including Chabot, Las Positas, Merritt, Ohlone and Laney. HCAC began awarding scholarships in 1983 giving four awards of \$1,000. 2013 marks HCAC's 31st year of assisting students with their continuing education. Scholarships are now \$1,500 for four-year colleges and \$750 for	community colleges. The non-profit organization has given scholarships to more than 2,000 students, totaling over \$1.5M. HCAC has no paid staff or consultants and all donations are used for scholarships. “We are making an investment, today, that will reap dividends in the future as they take their places as leaders in their communities,” stated HCAC Co-Presidents Ana Apodaca and Gene Calderon. The scholarship committee is chaired by Sandra Genera. For ticket information, contact	Arnold Chavez at (510) 331-1438. For more information about the HCAC Scholarship Program, visit www.hcac-ca.org Hispanic Community Affairs Council Luncheon Friday, May 3 11:30 a.m. - 1:30 p.m. Newark-Fremont Hilton Hotel 39900 Balentine Drive, Newark (510) 331-1438 www.hcac-ca.org
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HOME SALES REPORT

CASTRO VALLEY TOTAL SALES: 11									
Highest \$:		700,000	Median \$:		533,500				
Lowest \$:		297,000	Average \$:		496,500				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED			
2275 174th Avenue	94546	533,500	4	2468	2005	03-08-13			
3332 Badding Road	94546	600,000	3	1126	1947	03-08-13			
22339 Cameron Street	94546	297,000	3	1064	1951	03-13-13			
4469 Hillsborough Drive	94546	700,000	5	2828	1963	03-12-13			
19686 Lake Chabot Road	94546	418,000	3	1165	1948	03-14-13			
21856 Orange Avenue	94546	420,000	3	1324	1948	03-14-13			
22060 Queen Street	94546	335,000	2	1015	1947	03-13-13			
3822 Seven Hills Road	94546	595,000	3	2039	1936	03-08-13			
18819 Sydney Circle	94546	585,000	4	1901	1991	03-14-13			
4993 Vannoy Avenue	94546	428,000	3	1284	1954	03-08-13			
18375 Wyndale Court	94546	550,000	3	1366	1957	03-13-13			

FREMONT TOTAL SALES: 30									
Highest \$:		1,500,000	Median \$:		540,000				
Lowest \$:		170,000	Average \$:		586,483				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED			
38627 Cherry Lane #67	94536	258,000	2	789	1974	03-13-13			
3553 Collin Court	94536	614,000	3	1480	1971	03-13-13			
2755 Country Drive #311	94536	220,000	1	750	1970	03-14-13			
38472 Crosspointe Common	94536	666,500	3	1509	1997	03-11-13			
37110 Dutra Way	94536	350,000	3	1361	1951	03-08-13			
4560 Norris Road	94536	775,000	3	1730	1959	03-08-13			
37088 Oak Street	94536	410,000	2	1230	1968	03-13-13			
36209 Pizarro Drive	94536	460,500	3	1168	1955	03-13-13			
4109 Vintage Terrace	94536	391,000	3	1565	1995	03-13-13			
5515 Andromeda Circle	94538	635,000	4	1614	1994	03-11-13			
1910 Barrymore Common	94538	275,000	2	991	1981	03-08-13			
40386 Blacow Road	94538	530,500	3	1395	1960	03-12-13			
4106 Coriander Terrace	94538	737,500	4	2140	2009	03-14-13			
4588 De Silva Street	94538	425,000	3	1036	1960	03-14-13			
4116 Fairwood Street	94538	505,000	3	950	1959	03-14-13			
39219 Guardino Drive #167	94538	170,000	2	844	1987	03-12-13			
5015 Royal Palm Drive	94538	540,000	3	1800	1964	03-13-13			
4617 Wheeler Drive	94538	540,000	3	1158	1960	03-14-13			
40716 Chiltern Drive	94539	925,000	3	1342	1965	03-08-13			
1923 Jackson Court	94539	835,000	4	1442	1962	03-08-13			
2416 Jackson Street	94539	1,500,000	5	3601	2005	03-08-13			
40995 Nunes Court	94539	540,000	2	1248	1969	03-12-13			
45043 Pawnee Drive	94539	1,070,000	3	1997	1979	03-12-13			
42835 Via Navarra	94539	589,000	3	1188	1971	03-12-13			
32832 Bluebird Loop	94555	665,000	-	2008	1978	03-07-13			
32525 Lake Barlee Lane	94555	400,000	4	1496	1973	03-12-13			
4873 Ridgewood Drive	94555	727,000	-	-	-	03-12-13			
34107 Via Lucca	94555	633,000	-	-	-	03-12-13			
34119 Via Lucca	94555	579,000	3	1387	2007	03-12-13			
34131 Via Lucca	94555	628,500	2	1231	2007	03-12-13			

HAYWARD TOTAL SALES: 35									
Highest \$:		540,000	Median \$:		290,000				
Lowest \$:		92,000	Average \$:		297,271				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED			
20844 Birch Street	94541	238,000	2	1014	1910	03-11-13			
22139 Castille Lane #61	94541	290,000	2	1163	1982	03-14-13			
22529 Center Street #106	94541	219,000	2	959	1994	03-14-13			
1497 East Street	94541	202,000	2	912	1946	03-14-13			
2965 Hardeman Street	94541	408,000	3	1174	1955	03-14-13			
2928 Kelly Street	94541	355,000	2	1070	1942	03-08-13			
451 Laurel Avenue #2	94541	331,000	3	1630	2004	03-11-13			
881 Leonardo Way	94541	349,000	3	1070	1951	03-13-13			
653 MacAbee Way	94541	372,500	-	-	-	03-08-13			
424 West Sunset Boulevard	94541	240,000	3	1240	1950	03-11-13			
28004 El Portal Drive	94542	540,000	3	1693	1972	03-07-13			
24606 Fairview Avenue	94542	347,000	3	1327	1954	03-14-13			
3231 Guillermo Place	94542	260,000	2	1578	1983	03-08-13			
1201 Highland Boulevard	94542	225,000	4	1246	1952	03-08-13			
24515 Margaret Drive	94542	435,000	5	2244	1947	03-12-13			
25125 Angelina Lane #12	94544	228,000	2	1274	2002	03-12-13			
415 Culp Avenue	94544	315,000	2	1020	1950	03-11-13			
25816 Franklin Avenue	94544	355,000	5	1802	1946	03-13-13			
25470 Huntwood Avenue	94544	339,000	4	1565	2007	03-13-13			
24651 Joanne Street	94544	412,000	3	1500	1950	03-13-13			
237 Langley Way	94544	240,000	3	1050	1952	03-11-13			
767 Lilly Avenue	94544	352,000	3	1352	1950	03-13-13			
28188 Ormond Avenue	94544	350,000	3	1132	1954	03-12-13			
24955 Pleasant Way	94544	238,000	2	803	1952	03-14-13			
24979 Pleasant Way	94544	168,000	1	576	1925	03-06-13			
29621 Red Oak Court #8	94544	92,000	1	489	1986	03-14-13			
661 Royston Lane #140	94544	165,000	2	878	1988	03-12-13			
26560 Sunvale Court	94544	170,000	3	1200	1986	03-11-13			
24695 Whitman Street	94544	200,000	3	1175	1913	03-14-13			
2448 Bradford Avenue	94545	385,000	3	1148	1958	03-13-13			
29079 Caravan Lane	94545	444,000	3	1867	2010	03-08-13			
27404 Portsmouth Avenue	94545	367,000	3	1128	1957	03-08-13			
27595 Portsmouth Avenue	94545	258,000	3	1128	1957	03-13-13			
21109 Gary Drive #110	94546	244,500	2	1070	1981	03-13-13			
21103 Gary Drive #202A	94546	270,500	2	1100	1993	03-08-13			

MILPITAS TOTAL SALES: 06									
Highest \$:		1,260,000	Median \$:		540,000				
Lowest \$:		241,000	Average \$:		639,333				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED			
246 Autrey Street	95035	430,000	3	1024	1958	03-27-13			
1577 Country Club Drive	95035	1,260,000	5	3439	1985	03-28-13			
951 Coventry Circle	95035	660,000	3	1328	1988	04-02-13			
211 Evening Star Court	95035	540,000	3	1247	1969	03-29-13			
847 Nieves Street	95035	705,000	4	2261	1966	03-29-13			
1105 North Abbott Avenue	95035	241,000	2	863	1979	03-29-13			

NEWARK TOTAL SALES: 05									
Highest \$:		520,000	Median \$:		475,000				
Lowest \$:		280,000	Average \$:		436,800				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED			
37266 Aleppo Drive	94560	480,000	4	2331	2001	03-08-13			
35874 Burning Tree Drive	94560	475,000	4	1506	1965	03-08-13			
6339 Joaquin Murieta Avenue #C94560	94560	280,000	2	1132	1981	03-08-13			
6348 Market Avenue	94560	429,000	3	1054	1953	03-08-13			
5371 McDonald Avenue	94560	520,000	3	1365	1961	03-08-13			

SAN LEANDRO TOTAL SALES: 17						
	Highest \$:	635,000	Median \$:	365,000		
	Lowest \$:	107,000	Average \$:	383,382		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1434 Ardmore Drive	94577	635,000	3	2157	1957	03-13-13
351 Beverly Avenue	94577	517,000	7	2184	1925	03-12-13
1400 Carpenter Street #236	94577	107,000	2	1406	1983	03-12-13
901 Collier Drive	94577	563,000	3	1887	1932	03-08-13
13474 Doolittle Drive	94577	220,000	4	1842	1954	03-08-13
560 Juana Avenue	94577	370,000	3	1849	-	03-08-13
1338 Pacific Avenue	94577	398,000	4	1514	1952	03-11-13
1715 139th Avenue	94578	363,000	2	1010	1947	03-13-13
1050 143rd Avenue	94578	360,000	4	1416	1910	03-08-13
963 Dillo Street	94578	300,000	3	1366	1946	03-14-13
1931 Joan Drive	94578	305,000	-	-	-	03-11-13
2441 Prosperity Way	94578	409,000	3	1817	1953	03-13-13

LIFE CORNERSTONES

Birth

Marriage

Special Life Events

Obituaries

For more information
510-494-1999
tricityvoice@aol.com



Anita Daquioag Gaoiran
RESIDENT OF NEWARK
July 23, 1916 – April 19, 2013

Santiago Steve Ornelas, Sr.
RESIDENT OF SAN LORENZO
March 24, 1976 – April 18, 2013

Reuben R. Peraza
RESIDENT OF FREMONT
August 8, 1943 – April 20, 2013

Paul A. Mognaga
RESIDENT OF FREMONT
July 5, 1932 – April 22, 2013

Aurora L. Moreno
RESIDENT OF HAYWARD
March 11, 1920 – April 22, 2013

George E. Turner
RESIDENT OF UNION CITY
June 13, 1941 – April 22, 2013

Chaozhen Zhu
RESIDENT OF UNION CITY
October 28, 1943 – April 24, 2013

Ernest F. Gallegos
RESIDENT OF TRACY
October 20, 1932 – April 23, 2013

Josephine R. Baca
RESIDENT OF NEWARK
July 10, 1937 – April 25, 2013

Larry Bowen
RESIDENT OF FREMONT
June 12, 1922 – April 27, 2013

Chapel of the Roses
(510) 797-1900 FD1007
1940 Peralta Blvd., Fremont

Fremont Memorial Chapel
(510) 793-8900 FD1115
3723 Peralta Blvd. Fremont



BERGE • PAPPAS • SMITH
CHAPEL of the ANGELS
Your family funeral home

David A. Super
RESIDENT OF NEWARK
September 16, 1937 – April 19, 2013

Roseller L. Ramos
RESIDENT OF FREMONT
July 4, 1945 – April 21, 2013

Josephine G. Dutra
RESIDENT OF FREMONT
December 18, 1921 – April 24, 2013

Rosetta Riste
RESIDENT OF FAIRVIEW, OREGON
March 12, 1959 – April 23, 2013

Berge • Pappas • Smith
Chapel of the Angels
(510) 656-1226
40842 Fremont Blvd, Fremont

Life Cornerstones will acknowledge important events that occur during the cycle of life in our community. In order to give a broad and fair opportunity for all citizens to be recognized, a basic listing is offered at no cost. Such announcements may include births, deaths, marriages, anniversaries, bar/bat mitzvah, Quinceañera, etc. Many cultures celebrate different milestones in life and this list will be as inclusive as possible. Please contact TCV at (510) 494-1999 or emailtricityvoice@aol.com for submissions or further information. Free listings are limited to residents and families of the Greater Tri-City Area.

LANA'S Estate Sales-Clean Outs-Appraisals

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Mt. Eden Cemetery Mausoleum Niches

Serving the community since 1860



Cemetery plots, single and double depth,
Mausoleum Crypts single and doubles,
Cremains in a Family plot or single new plot
and Niches. A childrens' section is also available

Our cemetery was established in 1860 as a pioneer cemetery. We have been responsible for providing outstanding service to the community ever since. Our specialty is to provide every family with comfort, understanding and direction in this difficult time of their lives.

2440 Depot Road, Hayward

Obituary

Josephine G. Dutra

Dec 18, 1922 - Apr 24, 2013
Resident of Fremont



Josephine passed away at her home in Fremont on April 24, 2013. She was preceded in death by her husband Filbert S. Dutra. Loving sister of Angie Pine of Newark. Cherished God-mother of Marlene F. Weibel of Fremont, Diane G. Baumann and her husband David of Newark, and Manuel J. Pine and his wife Tana of Oroville. Josephine belonged to S.P.R.S.I. Council NO. 21 Luso America and she loved to garden.

The family would like to thank her caregiver, Ann Javier, for taking care of her for the last five years.

Family and friends are invited to attend a visitation on Sunday, April 28th from 1:00 - 5:00 PM with a 4:00 PM Vigil at Berge-Pappas-Smith Chapel of the Angels, 40842 Fremont Blvd., Fremont, CA. An 11:00 AM Mass of Resurrection will be held on Monday, April 29th at Holy Spirit Catholic Church, 37588 Fremont Blvd., Fremont, CA.

Annual quarantine of Mussels begins early

SUBMITTED BY ANITA GORE/HEATHER BOURBEAU

The annual quarantine on sport-harvested mussels gathered along the California coast is now in effect. The quarantine is beginning earlier this year because testing by the California Department of Public Health

(CDPH) has detected elevated levels of domoic acid and high numbers of the algae that produce this toxin.

"The quarantine is in place to protect the public against poisoning that can lead to severe illness, including coma and death," said Dr. Ron Chapman, CDPH director and state health officer. "It is critical that the

Obituary

Dennis Lee Woudstra



Dennis Lee Woudstra, 60, of Salida, CA beloved father, grandfather, brother, fiance, and friend, passed away surrounded by the ones he laughed with, lived for, and loved on April 23, 2013.

Dennis was born on August 2, 1952 in Alameda, CA where he lived most of his life. He was predeceased by his parents George and Ester Woudstra.

Dennis worked for over 30 years as a Station Manager at Amtrak Railroad. He always enjoyed helping others find their way while putting smiles on their faces.

Dennis was an incredibly intelligent man who enjoyed writing. He successfully wrote and published two novels. In his spare time he enjoyed making memories with the ones he loved, playing games (especially dungeons and dragons), and watching movies.

Dennis was very proud of his three children Shannon, Heather, and Nathaniel Woudstra in which he enjoyed raising with the mother of his

children Barbara. He is also survived by his two granddaughters Kylie and Taylor McGinty, his fiancé Anna Marie Dimas, and his sister Diana Hopkins, as well as other relatives and friends.

A visitation and funeral service will be held honoring Dennis on Thursday May 2, 2013 from 4-7 P.M. and Friday May 3, 2013 at 12noon at Franklin & Downs Funeral Chapel, 1050 McHenry Ave. Modesto, CA 95350. Followed by his burial at Acacia Memorial Park, 801 Scenic Drive, Modesto, CA 95350.

The family would like to express their sincere gratitude to everyone that has reached out and sent their deepest condolences. We thank God for the gift of Dennis's life and the blessing of the time we spent with him.

"Those we love do not go away, they walk beside us every day. Unseen, unheard, but always near, still loved, still missed, and very dear."

public honor this quarantine, as toxins found in mussels have no known antidotes. These toxins are not reliably destroyed by cooking."

This quarantine, which typically starts on May 1 and ends October 31, protects the public from paralytic shellfish poisoning (PSP) and domoic acid poisoning (DAP). Both of these toxins are linked to plankton consumed by filter-feeding animals, including bivalve shellfish, like mussels. The majority of human cases of PSP illnesses occur between spring and fall.

PSP affects the central nervous system, producing a tingling around the mouth and fingertips as soon as a few minutes after eating toxic shellfish. These symptoms are typically followed by a loss of balance, lack of muscular coordination, slurred speech and difficulty swallowing. In

severe cases, complete muscular paralysis and death from asphyxiation can occur.

Symptoms of DAP, also known as amnesic shellfish poisoning (ASP), can occur within 30 minutes to 24 hours after eating toxic seafood. In mild cases, symptoms may include vomiting, diarrhea, abdominal cramps, headache and dizziness. These symptoms disappear completely within several days. In severe cases, the victim may experience difficulty breathing, confusion, disorientation, seizures, permanent loss of shortterm memory, coma and death.

Commercially harvested shellfish are not included in the annual quarantine. That's because all commercial shellfish harvesters in California are certified by the state and subject to strict requirements to ensure that all oysters, clams and mussels entering

the marketplace are free of toxins.

In Marin County, the health advisory on sport-harvested bivalve shellfish (clams and scallops) other than mussels has been lifted.

More information about the quarantine, PSP and DAP can be found on the CDPH Annual Mussel Quarantine - Frequently Asked Questions (FAQ) Web page.

For updated information on quarantines and shellfish toxins, call the CDPH Biotoxin Information Line (1-800-553-4133).

"Last year's toxin levels resulted in extended warnings and quarantines in some areas," added Chapman. "It's very important that the public be aware of the current conditions."

www.cdph.ca.gov

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Newark City Council April 25, 2013

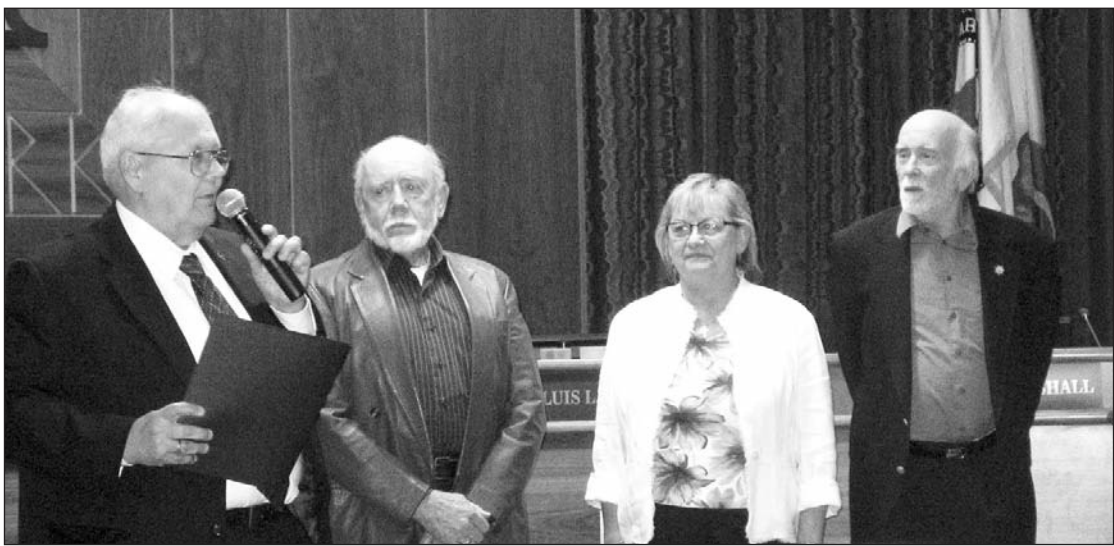
Presentations and Proclamations:

Introduction of new employee, Aquatics Coordinator Nick Cuevas
Proclaim May as Older American’s Month
Proclaim May 2, 2013 as National Day of Prayer. Newark will hold a gathering at City Hall at noon on that day
Proclaim May 10-19 as Affordable Housing Week
Proclaim May as Water Aquatics Safety Month

Public Hearings:

Approve conditional use permit and fee waiver for Newark Chamber of Commerce Tri-Cities Motor Rally on May 4 and another date TBD in spring; Summerfest on July 13 and 14 and two days TBD in 2014.

Remove signs, especially election signs, “following reasonable attempts to contact the party associated with the sign,” 14 days following an event or election with the assumption



Senior Citizen Standing Advisory Committee

that such signs have been “abandoned.”

Consent:

Approve Encroachment Permit for Holy Ghost Festival scheduled for July 27 and 28, 2013

Approve and accept contract with All Star Building Maintenance, Inc. for City janitorial services in the amount of \$251,968.

Non-Consent:

Update on implementation of



Introduction of new employee, Aquatics Coordinator Nick Cuevas

new collection of solid waste and recyclable materials, organic materials and construction/demolition material. Allied Waste Services will be referred to as Republic Services and begin collection services June 1, 2013. Beginning in May, current bins will be swapped – Trash (black), Recycle (blue), Organics (green). The transition is in progress and CNG vehicles are on order. Community outreach efforts are underway. More information is available at www.republicservice-sac.com, (510) 657-3500 or at the Allied Waste office at 42600 Boyce Road in Fremont, M-F 8 a.m. – 5 p.m.

Note that Healthy Kids Day at Silliman Sportsfield Park (6800 Mowry Ave.) is scheduled for 10 a.m. – 2 p.m. Saturday, May 11.

Mayor Alan Nagy	Aye
Vice Mayor Ana Apodaca	Ab-
scent	
Luis Freitas	Aye
Maria “Sucy” Collazo	Aye
Robert Marshall	Aye

Union City City Council Meeting April 23, 2013

Proclamations and Presentations

Recognized April 14 through 20, 2013 as National Public Safety Telecommunications Week.
Mayor Dutra-Vernaci presented Union City Police commander Benjamin Horner, who praised the work of 911 dispatchers.

Recognized April 27, 2013 as Arbor Day in the city of Union City. The mayor presented a certificate to Public Works Superintendent Rick Sealana, who informed the meeting that the city has planted 557 trees in the last year.

Recognized May 10 through 19, 2013 as the 17th Annual East Bay Affordable Housing Week in the city. The mayor presented Apolonio Munoz of Midpen Housing with a certificate honoring the organization and mentioning a \$65 million affordable housing unit.

Consent Calendar

Adopted a resolution initiating proceedings for the levy and collection of assessments for the citywide Landscape & Lighting District No. 3 for fiscal year 2013/2014.

Adopted a resolution of the Board of the Successor Agency to the Community Redevelopment Agency of the City of Union City, authorizing the executive director to execute a contract amendment to the California Housing Finance Authority Housing, Housing Enabled by Local Partnerships loan number 010703-16 for the Alma Via Assisted Living Facility.

Adopted a resolution authorizing the city manager to execute contract extensions with public parking associates Data Ticket, Answer Connect, Wendell Williams & Lick, and digital Payment Technologies to continue

providing public parking services for the station district.

Adopted city project no. 13-15: a resolution for the award of contract for purchase of two 2013 Ford F150 pickup trucks for the Union City Public Works Department and authorized the decommissioning and auctioning of old vehicles.

City Manager Reports

Planning Manager Carmela Campbell delivered a presentation explaining the process of discerning the environmental impact of a project or bill, as the 1970 California Environmental Quality Act requires the state and all local governments to do so.

Deputy City Manager Tony Acosta delivered an informal report on the City Council Retreat scheduled for May 18, 2013 from noon until 4 p.m. The retreat will not have a single theme, but rather touch upon a variety of issues.

Items Referred by Council

Councilmember Navarro and Vice-Mayor Duncan attended the general assembly of Association of Bay Area Governments on April 18, which focused on city planning.

Oral Communications

David Mesa and Joseph Gaclula of the Filipino Bar Association of Northern California spoke to promote the organization’s free legal clinic, which will take place on May 2, 2013 from 6 p.m. to 8 p.m. at the Ralph and Mary Ruggieri Senior Center, 33997 Alvarado-Niles Road, Union City, CA 94587.

Hugh McNamara thanked the city for installing beeping sounds in a pair of signal lights.

Barry Ferrier feels PG&E’s traffic control is inadequate for those driving northbound on Union City Blvd at Dyer.

Mayor Carol Dutra-Vernaci: Yes
Vice Mayor Emily Duncan: Yes
Councilmember Lorrin Ellis: Absent during consent calendar
Councilmember Pat Gacoscos: Yes
Councilmember Jim Navarro: Yes

Milpitas City Council April 16, 2013

Presentations:

In honor of National Crime Victims’ Rights Week, the board presented a plaque to Kasey Halcon of Silicon Valley Faces, a group that provides services for victims and witnesses of crimes. During the presentation, Halcon urged compassion toward crime victims.

The mayor also recognized the importance of maintaining building codes in honor of Building and Safety Month.

Announcements:

Councilmember Giordano wants a crime report on city council meeting agendas.

Consent Calendar:

The council considered the Mayor’s recommendations for appointments and re-appointments to two Milpitas commissions.

Approved the Arts Commission Work Plan for 2013-2014, which will include art exhibits and juried contests and an Artist of the Year award.

Approved the Veterans Commission Work Plan for 2013-2014, to promote veterans services and organize the first annual Veterans Car Show in October 2013.

Approved the Milpitas Police Department’s application to enter the California Public Safety Procurement Program, which according to its website, “provides cost effective procurement opportunities for California’s Public Safety Agencies to obtain the materials necessary to serve and protect the people of California.”

Approved the final tract map for the Harmony Residential Development, for Carlson, Barbee & Gibson, Inc.

Waived the second reading and adopted an ordinance for approval of the development agreement with Milpitas Sign Company to create two digital billboards.

Adopt a resolution authorizing the city manager to execute the agreement with the California Highway Patrol for joint use of the weapons firing range.

Authorized the chief of police to execute an agreement with the county of Santa Clara for the 2013 “Avoid the 13” grant program, which will cost the city \$8,000.

Authorized the city manager to execute Agreement No. 2 to the agreement with CSG Systems, Inc. to extend printing, mailing, e-bill presentment and e-bill payment of city utility bills for one additional year in the annual not-to-exceed amount of \$81,000.

Authorized the city manager to execute amendment no. 5 to the contract with Universal Building Services for additional janitorial services for City Buildings in the not-to-exceed amount of \$73,461.

Public Hearings

Held a public hearing and adopted a resolution to allow VTA and BART to create structure in the center of Curtis Park for the BART extension project.

Held a public hearing to approve Community Development Block Grant funding for fiscal year 2013-2014 and to adopt the One-Year Action Plan. The city will receive \$390,000 from a Community Development Block Grant, with 25% going to city programs, a minimum of \$5,000 going to public and non-public services, and \$10,000 for fair housing services. Funding will be used to replace a generator at Terrace Gardens, and representatives from a number of local programs expressed concern about the city cutting their funding.

Unfinished Business

Approved public art installation of a “Minute Man” statue at City Hall to be erected by artist David Alan Clark, appropriating \$175,000.

Reports of Officers and Commissions

The city considered ideas for a 60th anniversary celebration. Vice Mayor Polanski proposed an ad-hoc committee, consisting of herself and councilmember Montano, and proposed working with interested groups such as the Historical Society or Knights of Columbus. Polanski also wishes to commission a documentary, but wants to keep costs lower.

New Business:

Reviewed the draft of the

2013-2018 Capital Improvement Program. The Milpitas surpasses other Bay Area cities in many fields, and on April 22, the city will hold a meeting to discuss this issue.

Authorized a letter from the mayor as a member of the Association of Bay Area Governments to the California Public Utilities Commission requesting the commission rescind regulations that require core transpiration agents to take and pay for PG&E’s excess pipeline capacity.

Resolutions

Approved a new city council donation and fee waiver/reduction policy where those interested in these services must fill out an application.

Mayor José Esteves: Aye
Vice Mayor Althea Polanski: Aye
Councilmember Debbie Giordano: Aye
Councilmember Armando Gomez: Nay
Councilmember Carmen Montano: Aye

Public Forum

Tamon Norimoto of PG&E said there had been a rise of excavation-related problems and that people must notify utilities before they perform a dig-in. He suggested people visit <http://www.call811.com> for more information.

Abbar Ahmad would like the city council to put his plans to create a cricket field on the agenda. According to the city manager, plans to do so are tied up in red tape.

Marie Phan and Linda Arbaugh presented a short video to promote library week, showing common events at libraries.

Rob Marini feels the city is overcharging multifamily homes for sewer rates.

Carol Kassad is pleased to announce that on Sunday, April 21, at 4 p.m., the Chamber of Commerce will begin airing a new radio series, on 1590 AM.

Mayor José Esteves: Aye
Vice Mayor Althea Polanski: Aye
Councilmember Debbie Giordano: Aye
Councilmember Armando Gomez: Aye,
Councilmember Carmen Montano: Aye

Free Legal Clinic

The Filipino Bar Association of Northern California, API Legal Outreach and the City of Union City have joined to host a Free Legal Clinic open to everyone without regard to age, ethnicity or interest. Legal advice and assistance will be available on Thursday, May 2, 2013 at the Ralph and Mary

Ruggieri Senior Center, 33997 Alvarado-Niles Road in Union City from 6 p.m. – 8 p.m. Walk-ins are welcome.

For more information, please contact Joe Gacula at jgacula@murphyvu.com.



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THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

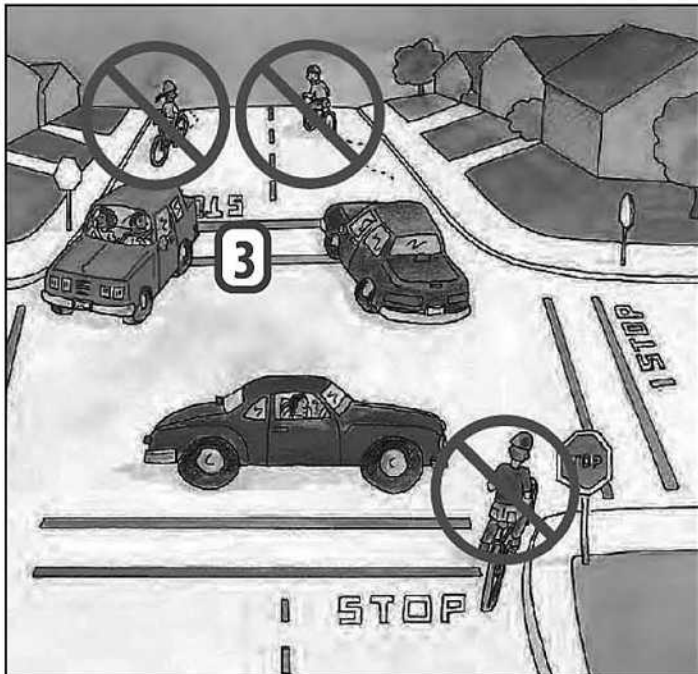
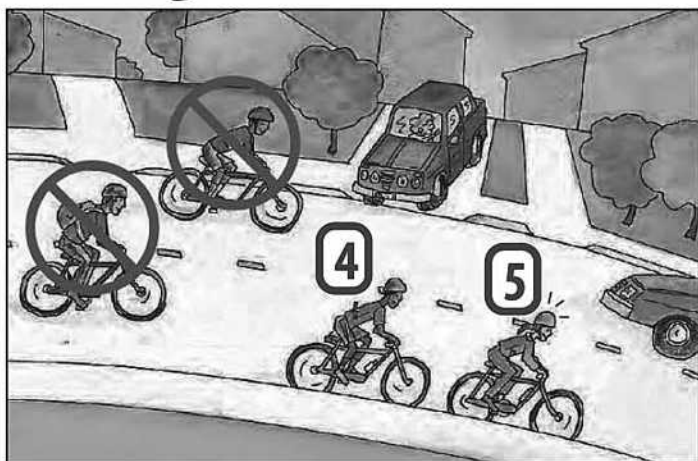
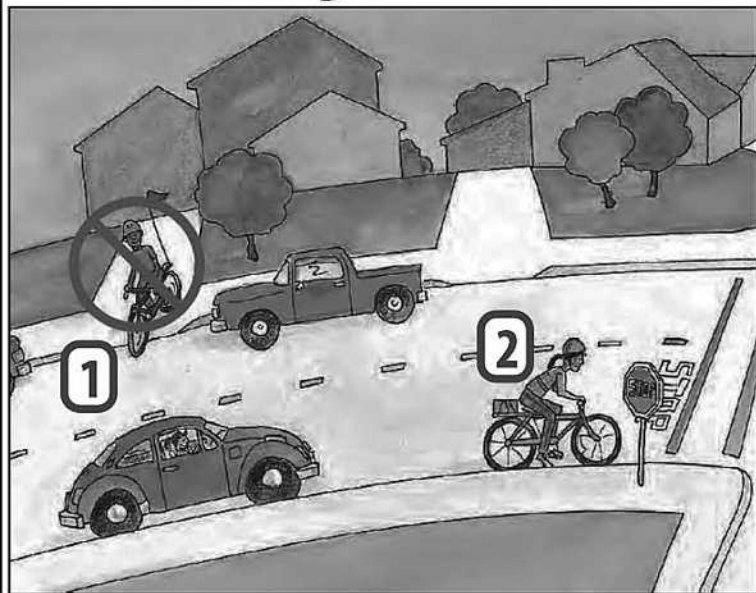


"Like" Kid Scoop on Facebook!

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May is Bike Safety Month



5 Rules to Live By When Riding a Bike

Number each safety rule to go with numbers in the pictures that best illustrate that rule.

- ☐ Be careful when checking traffic and don't swerve when looking over your shoulder.
- ☐ Always wear your helmet.
- ☐ Don't dart out of driveways or between parked cars.
- ☐ Stop at all stop signs.
- ☐ Always go with the flow of traffic and keep to the side of the road.

Special thanks to our friends at AAA for their help with this page. For more about safety, visit AAA.com/childsafety



RULES OF THE ROAD

1. Wear light-colored _____ at night.

2. Do not wear clothing with _____ or _____ that can get caught on playground equipment.

3. Walk or skate _____ traffic, so you can see oncoming traffic.

4. Wear an approved bicycle _____ if you are riding a bike or scooter or skating. If you travel on skates or
- Select one of the words to complete each safety rule.

jewelry **drawstrings** **wrist** **kneepads** **adult**
facing **clothing** **alone** **ride** **helmet**

skateboard, also wear guards and elbow- and _____.

5. Don't walk or skate _____.

6. Before you go anywhere, CHECK FIRST with the _____ in charge.

7. (Check in again if you change your plans.)

Never take a _____ with someone without checking with your parents first.

Standards Link: Health; students understand ways to reduce the risk of becoming involved in potentially dangerous situations; students practice safe behaviors during recreational activities.

Extra! Extra!

Wheels and Work

Wheels make different kinds of work easier. Look through the newspaper to find examples of machines that have wheels. How do the wheels make different tasks easier?

Standards Link: Physical Science; tools and machines are used to apply pushes and pulls (forces) to make things move.

Kid Scoop Puzzler

Unscramble the safety word on each sign.



Standards Link: Spelling: Spell grade level appropriate words correctly.

Double Double Word Search

CHECKING
APPROVED
TRAFFIC
CAREFUL
SAFETY
HELMET
CHARGE
RULES
ROADS
SIGNS
NIGHT
LIGHT
PLANS
BIKE
CLIP

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

B	E	G	N	I	K	C	E	H	C
D	L	U	F	E	R	A	C	T	L
E	H	E	S	S	A	E	R	H	I
V	E	G	S	A	K	A	L	G	P
O	L	R	F	I	F	I	S	I	P
R	M	A	B	F	G	E	E	N	L
P	E	H	I	H	L	N	T	A	A
P	T	C	T	U	L	W	S	Y	N
A	A	Y	R	O	A	D	S	S	S

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop Together: COMPLETE THE RULES

Read the Rules of the Road. Then, use a GREEN crayon to circle the kids below that are following the safety rules. Use a RED crayon to make an X over the ones who are not following the safety rules.



Standards Link: Health; Know concepts and practices concerning injury prevention and safety.

Kid Scoo-doku™

Complete the grid by using all the letters in the word BIKES in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.

				E
		E		B
	E	K		
I			E	
E	B			

FROM THE Kid Scoop LESSON LIBRARY

Good Example/Bad Example
The newspaper is full of examples of things that are safe and unsafe. Clip out three examples of things that are either safe or unsafe. Glue each to a piece of paper and write a safety rule that applies.

Standards Link: Health; Students recognize safe and unsafe situations or behaviors.

What kind of tea helps you feel brave?

ANSWER: Safe-tea.



Write On! Bike Buddies

Imagine that you saw a friend doing something dangerous on a bike. Write down what you would say to them to help them be safe.



Do you like to write about interesting topics? Are you a whiz with words and like to share your thoughts with others? Can you find something fascinating about lots of things around you?

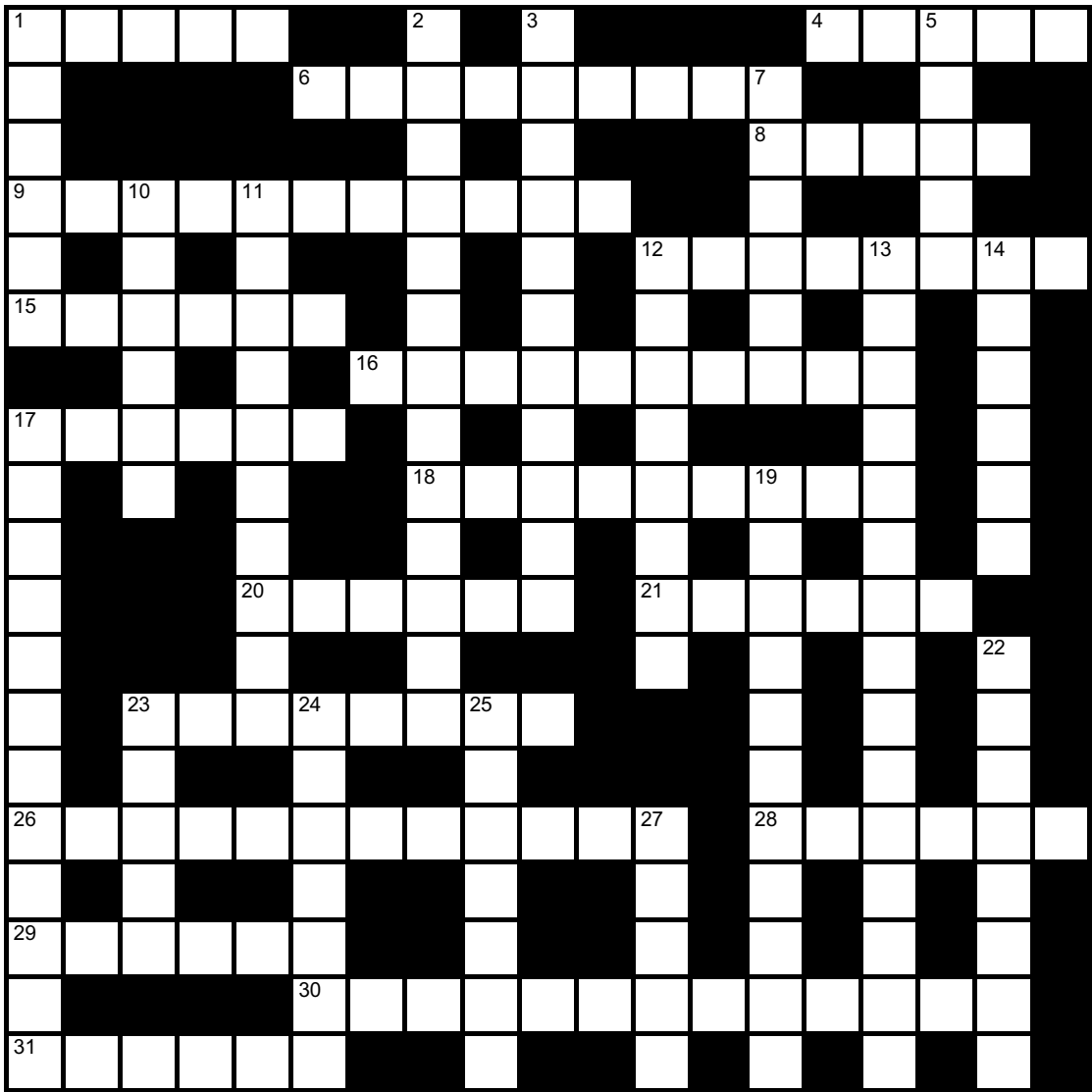
If so, maybe writing for the Tri-City Voice is in your future. We are looking for disciplined writers and reporters who will accept an assignment and weave an interesting and accurate story that readers will enjoy. Applicants must be proficient in the English language (spelling and grammar) and possess the ability to work within deadlines.

If you are interested, submit a writing sample of at least 500 words along with a resume to tricityvoice@aol.com or fax to (510) 796-2462.

Mind Twisters

Crossword Puzzle

B 211



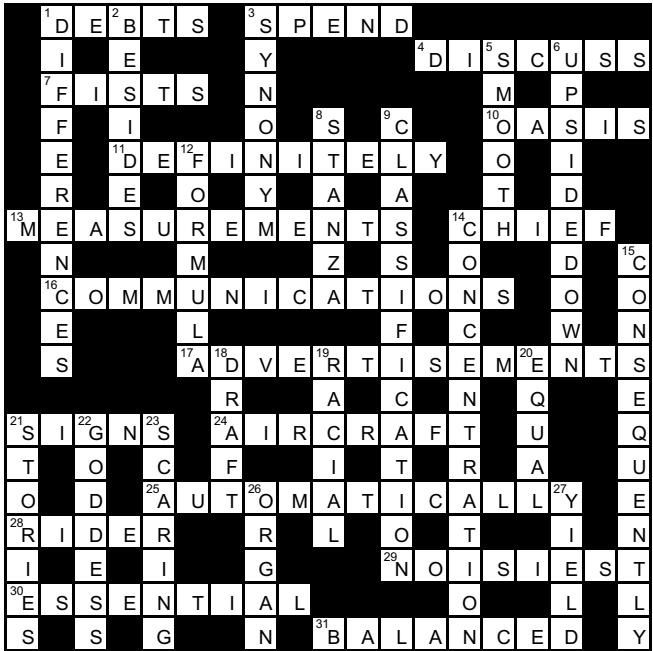
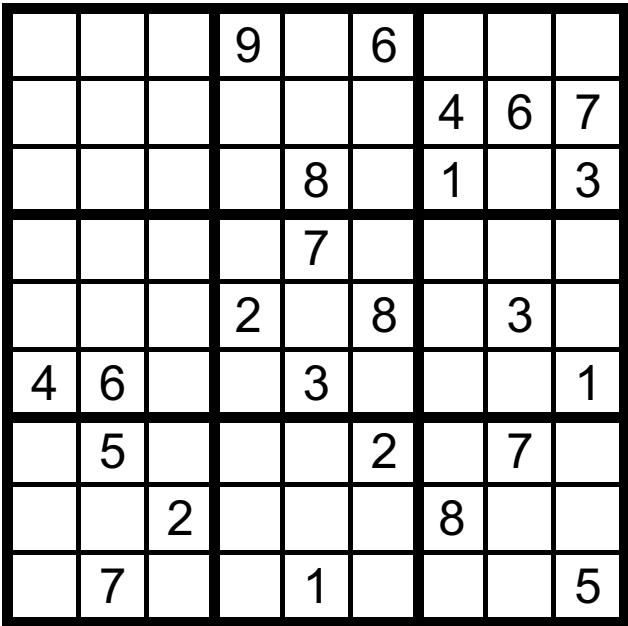
- Across
- 1 Sharp hill (5)
4 Additional (5)
6 Summertime treats (9)
8 Cat --- mice (5)
9 Temporarily devoid of sensation (11)
12 Place to shower (8)
15 Pinpoint (6)
16 State of being a friend (10)
17 Informant (6)
18 Say sorry (9)
20 Winds coming from the sea (6)
21 Ice --- in the heat of the car (6)
23 Emotions (8)
26 Keeps food in good condition (12)
28 Kind of (6)

- 29 Italian, e.g. (6)
30 Form of publicity (13)
31 High pitched and piercing sound (6)
- Down
- 1 Invitation notation (6)
2 Greece, Turkey are ---- countries (13)
3 Causing annoyance (11)
5 "You there?" (5)
7 Draw (6)
10 It has points in Arizona (6)
11 Worthy of being prominent (10)
12 Places to rest (8)
13 Agents standing for a company or organization (15)
14 A whole lot (6)

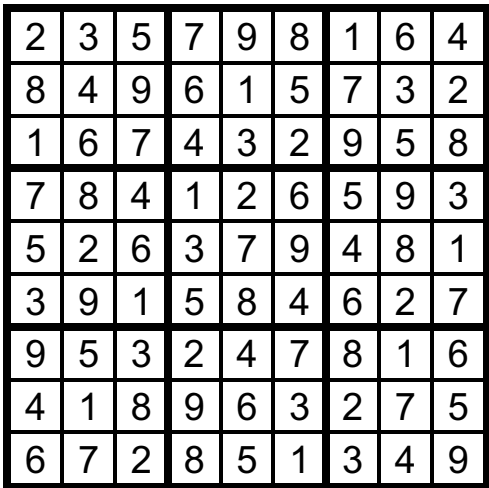
- 17 Store with a variety of products (12)
19 Depicts with drawings (11)
22 Temper (8)
23 Ordinal number of five (5)
24 Sound (7)
25 Siezed suddenly (7)
27 AM/FM device (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 210



Tri-City Stargazer MAY 1SR – MAY 7, 2013 BY VIVIAN CAROL

For All Signs: Just after midnight on May 1st Mars, the warrior, will oppose Saturn, the planet of boundaries. Their coming together represents a debate between polarities: action vs. stasis, hot vs. cold, spontaneity vs. containment, individual needs vs. the collective. It urges us to develop the self-discipline and groundwork needed to become a courageous warrior for our personal or collective causes. Less positively, when the energies are right for war in the world or strife within a relationship, this opposition can represent a spark.

Aries the Ram (March 21-April 20): You may encounter an authority that is bigger than you are during this period. Do what is required of you in order to get yourself free of the spotlight. This appears to be a financial dilemma with origins in late summer of 2012. This result is a general life lesson in patience and self-control.

Taurus the Bull (April 21-May 20): It may be difficult to find common ground with partners, authorities, or significant others in your life during this period. You have a desire to express yourself and the "other" seems to be recalcitrant. Don't turn this into a power play or long term resentment. Tone down your anger a notch or two and say your piece. Then let it go. Your physical cycle is on a low.

Gemini the Twins (May 21-June 20): Your thoughts will turn inward for roughly two weeks. You may be exploring your soul or envisioning your next project. You might be considering your past and how those events or circumstances are affecting you now. Be cautious with your mouth toward the end of the week. You may

feel the need to speak rashly but it will only embarrass you later.

Cancer the Crab (June 21-July 21): We are neck deep in an eclipse season again. It began about the third week in April and will now continue for the next three weeks. Get some extra sleep and take your vitamins. Avoid brooding. If there is nothing to do about your concern, get up and move around. You may hear from previous acquaintances or friends.

Leo the Lion (July 22-Aug 22): Some things about your experiences now are a repetition of the past. You may be encountering people you have not seen for a very long time. Aspects particularly favor career and work life. You are in an effective position. Others agree with your guidance and leadership. A project begun near the New Year is beginning to blossom now.

Virgo the Virgin (August 23-September 22): You may need to concentrate in order to avoid critics, whether they are internal or external. Instead of blame, use the discipline to tackle a project that requires concentration. Avoid contracts and busi-

ness negotiations right now because misunderstandings may develop. You are in an accident prone cycle. Give close attention when driving.

Libra the Scales (September 23-October 22): Take your time. Be aware of developing challenges concerning partners, property, and shared resources. This includes stocks, the IRS, social security, and partner's income. An old debt may bite you in the backside. Family members may harass you concerning property. Take heart. This cycle will pass soon.

Scorpio the Scorpion (October 23-November 21): This is a time of dramatically challenging work. You are struggling with your semi-conscious expectation of failure. Don't let it beat you down. The fear may have manifested an opponent in the outer world. But the true war is on the inside. Don't buy into the Critics' point of view. It/he/she is a figment remaining of your past.

Sagittarius the Archer (November 22-December 21): Although many planets are ka-binging all over the solar system, your planet Jupiter is stable

as a rock this week. It is possible that you may be offering or giving some kind of presentation in the world of work. You are confident and comfortable with this, even if you feel a bit nervous.

Capricorn the Goat (December 22-January 19): You may experience a break in a relationship early in the week. However, as time moves forward, there will be mending of the rift. It will come through a lover or your children. Activities requiring strength and/or endurance are favored. A transformation is at hand and available if you will reach for it.

Aquarius the Water Bearer (January 20-February 18): A difficult situation that began late last summer concerning

property and the law arrives at a significant turning point during this period. You have poured heart and soul into it for many months. One more wrinkle is occurring now. Ask yourself if being "right" is worth the effort. If so, prepare to pour on the gas in order to accomplish your goal.

Pisces the Fish (February 19-March 20): This week begins with a little brain fuzz and difficulty concentrating. However, as the week progresses your "fuzz" becomes a source of creative imagination. You may be traveling or studying when suddenly bright ideas drop into your consciousness. After May 2nd is also a time in which your intuition is on target.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

Environmental Artwork

SUBMITTED BY EDIE CHRISTENSEN
PHOTOS BY MIRIAM G. MAZLIACH

Recently, during Earth Week, a Recycled Art/Environmental Sculptures Exhibit was presented at Mission San Jose High School in Fremont. The Art 1 and Sculpture/Ceramics students created all the sculptures and dioramas using recycled materials - plastic bottles, bags



Third Place: "Hanging Jellyfish"



First Place: "The Wave of Doom"

and sheets, cardboard, Styrofoam, newspapers, magazines, paper mache, paint and other materials - to address environmental issues. Many students worked in groups, but some sculptures were created independently. To accompany their works, student artists included statements to explain the concepts and symbols in their sculptures. Student effort and creativity are evident to Ceramics/Sculpture Teacher Mr. Hui and me (Art Instructor). Exhibit messages are well written and address important environmental issues including global warming, habitat destruction, pollution, and endangered species. This second annual earth week exhibit at Mission San Jose High School was a wonderful example of the creativity



Second Place: "Our Duck"

and involvement of our students. A thank you goes to teacher Jeff Evans, who coordinates the StopWaste.org effort on campus.

A panel of two school administrators, two AP Art students and Mr. Evans, selected the top three works of art and honorable mentions:

- Top Three:**
1st Place – "The Wave of Doom" by Perika Chawla
2nd Place – "Our Duck" by Shantell Peiris, Helena Tam, and Ariel Tsang
3rd Place – "Hanging Jellyfish" by Jenny Fu, Josh Cho, Brian Hong, and Seung Jun (Mason) Lee

- Honorable Mentions:**
"Recycled Chair" by Emily Nguyen and Melissa N.
"Full Circle" by Alexa Iwatani and Ben Shay
"Leaves" by Angie Meng and Larry (Liang Yen) Liu
"Wasted Ocean" by Andrisa Ranchall, Omot Oktem, and Kristina Wong
"Polluted World" by Vanessa Kao, Vanika Kiswani and Medina Kohzad
"Water Faucet" by Karen Ng and Morina Liu

Cooking Celebration

SUBMITTED BY
INDIA COMMUNITY CENTER

India Community Center invites the public to an array of culinary events with special guest Iron Chef Maneet Chauhan. Chauhan led the kitchens of Vermilion in both New York and

Iron Chef-style competition; contestants will be featured on local and national TV channels. For those with hearty appetites, there will also be the first ICC Annual Gol-Gappa (pani puri) eating competition in which contestants will consume gol-gappas. How many gol-gap-



"Chopped" judge Maneet Chauhan

Chicago to exceptional reviews from Bon Appétit, USA Today, Time, Esquire, Travel & Leisure, Gourmet, Town & Country, Business Week and O Magazine, as well as getting a stunning 3-star review from the Chicago Tribune. She then ventured out on her own and founded Indie Culinaire, an avant garde culinary and hospitality company. In a short period of time she has established herself as an honorary figure and a leading volunteer for prestigious culinary schools, industry events, and premier non-profit foundations. The only Indian female ever to compete on "Iron Chef" and a fierce competitor on "The Next Iron Chef," Chef Chauhan is now a full-time judge on the Food Network hit show "Chopped," which has been nominated for a Critic's Choice Award. She has received the prestigious James Beard Award of Excellence. At the 10th Anniversary Cooking Festival on May 3, Chef Chauhan will judge the efforts of young chefs as they vie for the title of "ICC Teen Chef 2013." Three high school students will be competing head-to-head in an

pas can you eat in one minute? 10 men and 10 women, selected for two separate competitions, will be crowned as "ICC Gol King" and "ICC Gappa Queen." If gol-gappa eating isn't your thing, join the Chole (Chana Masala) Cook-Off Competition. Cook Indian Chana Masala in your kitchen and bring it in for the ICC Chola Cook-Off 2013 Competition. The audience will taste the servings and score them in a ballot alongside Chef Chauhan. Entries will be judged based on taste, innovation, and presentation; the best five will be awarded with trophies. The first prize winner will also receive a set of Gunter Wilhelm Cookware. This is a free community event. Register at www.indiacc.org to attend or participate in one of the contests or to learn more.

Cooking Festival
Friday, May 3
6 p.m. – 8 p.m.
ICC Milpitas
525 Los Coches St., Milpitas
(408) 934-1130
www.indiacc.org
Free



Girl Scout activism through art

SUBMITTED BY STEFFI KWOK
PHOTOS BY MAY CHEN



On April 21, as part of earning their Collage Artist badge, Girl Scout Senior Troop 31509 joined the One Million Bones project, which takes a stand against genocide and mass atrocities in the world today. While working on the badge, the girls learned about the history of collage, composition, color, usage of various kinds of objects, and how to share a message through art. After learning the basics, they each made a bone with newspaper, tape, wire, and paint, and wrote a personal message against violence on the bones. These bones will be on display along with others sent in from around the world, one million in total, in the National Mall in Washington DC, June 8-10, 2013. This collage of handmade bones will become a visible petition against humanitarian crises around the world, symbolizing a mass grave of the millions killed in countries like Syria, Sudan, and The Democratic Republic of Congo. For every bone sent in to One Million Bones, the Bezos Family Foundation will donate \$1 to CARE, which works on the ground in war-torn countries. CARE, an international humanitarian organization, helps women and children eliminate poverty through food aid, education, and medical care. The girls hope the bones they and others around the world have made will inspire activism through art. For more information, visit website: <http://www.onemillionbones.org>

Fremont makes a difference

SUBMITTED BY CITY OF FREMONT

The City of Fremont was one of three cities, as well as many individual winners, recognized nationally by USA WEEKEND, which hosts a national Make A Difference Day Competition. Make A Difference Day, which is always the third Saturday in October, is a National Day of Volunteering and giving back to the Community. Fremont, through the City's Human Relations Commission, has participated in this event for the past 11 years. Last year, the City had over 1,300 volunteers conduct 76 amazing projects from school beautification efforts to park, street and graffiti cleanups, to an oil change clinic for single moms. Over 25 faith organizations also joined the volunteer activities. The Fremont Family Resource Center was awarded \$10,000 for Fremont's award. The money will be used to sponsor Make a Difference Day 2013.

Myanmar... I call it Burma

ARTICLE AND PHOTOS BY
ALBERT VIZINHO

Editor's Note:

Albert Vizinbo is a retired Fremont Unified School District elementary school teacher and by his own admission, a travel addict. He explains, "This addiction took hold in 1958 during my first trip abroad. I have not been able to shake the habit ever since. Reading, especially National Geographic magazines, prepared me for this happy addiction."

In the following article, Vizinbo details his 2009 trip to Burma, a country that has been under military control since 1962. Recently the country has been more receptive to tourism and in November of 2012 President Barack Obama made a brief stop there with former Secretary of State, Hillary Clinton.

A visit to "the ancient kingdoms of Southeast Asia" started with an overnight stay in Bangkok before a morning flight to

hotel was beside a lake where magenta water lily blossoms float and a teak bridge zigzags across the lake: a great place for a first stroll in Burma.



U Bein Bridge, a 200 year old teak bridge in Amarapura, Burma

Our visit to the first of many magnificent Buddhist sites was to Shwedagon Paya, also known as the Golden Pagoda. It dates back 2,500 years and is considered by the Burmese as the most sacred pilgrimage in the country. Here are enshrined eight sacred hairs of The Buddha. The dome of the stupa (a mound-like structure containing Buddhist relics) is

covered with a great weight of gold leaf and the spire is encrusted with thousands of diamonds and other precious gems. At another site, the Chaukhtatgyi

Pagoda, we paid a visit to the reclining Buddha, an extremely life-like figure extending over 225 feet. Both places were great for people watching, from families at prayer, to the procession of a young woman going to her Shinyu, (the ceremony held before she would become a novice nun), to a young couple making an offering of prayers before a figure holding a small child, in hope of conceiving a child of their own.

A scheduled visit to a local village primary school and a family home was cancelled by government order so that foreigners would not see living conditions and to avoid anti-government feelings (At the time, Burma's most famous citizen, Aung San Suu Kyi, awarded the Nobel Peace Prize in 1991, was still under house arrest and a military dictatorship was still governing). Fortunately, Aung San Suu Kyi



Rice harvest at Inwa, Burma

has been freed and was finally able to accept her Nobel Peace Prize in 2012.

A boat trip on the Irrawaddy River was a great place for viewing everyday life of local people. Dinner in the Sky Bistro, atop one of Yangon's modern hotels, gave us a spectacular 360 degree nighttime view of the city.

A morning flight took us to Bagan, formerly Pagan, on a plain dotted with pagodas, shrines, and stupas numbering in the thousands, many dating back 800 years. Over the centuries, earthquakes have caused much damage, with the most recent seismic devastation in 1975. We were able to visit just a few structures during our two-day visit. Magnificent frescoes cover some interior walls along with beautiful figures of The Buddha. Glazed tiles and stone carvings decorate exteriors. A highlight of the last day was a horse carriage ride at sunset among some of the temples. I was given the name and horse carriage number of Khin Soe, the friend of a friend who lives in the Bay Area. Arrangements were made so that my carriage, number 37, belonging to Khin Soe, was waiting at the hotel for that memorable sunset ride. When one can make a friend in a foreign country, that visit becomes even richer.

A half hour flight took us to Mandalay. There is a beautiful wooden footbridge that crosses the shallow Taungthaman Lake on 1,060 teak posts. Many people -

local and tourist alike - stroll on the three-fourth mile-long bridge: another great place for people watching and photography.

Later, a visit to Inwa, a former capital of Burma, brought a variety of experiences. Bagaya Kyaung, an early 19th century monastery, built entirely of teakwood and supported by 267 posts, was decorated with exquisite carvings on doors, window frames, posts, etc. A trip to the countryside gave us a chance to watch rice being harvested, soil being tilled with a team of oxen, while nearby were ruins of red brick temples. Our travel here was by horse and carriage.

Shwenandaw Kyaung lies in the hills of Mandalay. It is the only surviving building of the old Mandalay Palace and was moved here in 1861 from Amarapura a former capital. It was used by the royal family until the British takeover of Burma in the early 19th century. Another sight that is not to be missed is Mahamuni Paya with its figure of the Buddha, thought to date back to the 1st century A.D. It is unusual in that you can barely make out the figure because of all the layers of gold leaf that obscure it. New gold leaf is applied daily to the figure by male worshippers (and tourists!). The face of the image is washed each morning at 4 a.m. by monks. This is the only part, along with the crown, not covered with thick layers of gold leaf.

There were many other unforgettable experiences in this country that has suffered under harsh military dictatorship; but, it is now slowly enjoying the fresh air of freedom that much of the world takes for granted. A flight took us back to Bangkok after a memorable week in this country whose neighbors are India, China, Laos, and Thailand. The last two, along with Vietnam and Cambodia, formed the unforgettable itinerary for "The Ancient Kingdoms of Southeast Asia."

For more information on this excursion, please email Albert Vizinbo at anabor37@sbcglobal.net



Buddhist monks on U Bein Bridge in Amarapura, Burma

Yangon (the former Rangoon), Burma. Our group was greeted at the entrance to the hotel by two larger-than-life-sized teak carvings of a male and a female dancer draped in elegant robes and in dance poses typical of this part of the world: arms bent angularly at elbows, wrists, and fingers. The hotel itself was also Burmese style with steeply pitched pagoda-like roofs. It was a warm and welcoming first home in this somewhat mysterious land.

On a morning walk before departing for a tour of this former capital, I discovered that our



Plain of Bagan and a few of its over 4,000 structures

Creating a Native Garden Oasis

BY STEPHANIE NEVINS
PHOTO BY STEPHANIE PENN

Do you sometimes look at your lawn and wonder if it's all worth it... the mowing, weeding, fertilizing, and water? Kathleen McCabe-Martin can relate to your dilemma, she used to be there...

When Kathleen and her husband purchased their house in Fremont the landscaping was a mess. Not knowing what to do or where to start, she copied their neighbors and planted a lawn. They quickly found out, however, that it required a lot of maintenance, didn't attract any wildlife, and just wasn't that interesting. Kathleen found herself seeking an alternative.

Attending a garden tour, Kathleen saw a beautiful native garden, and was hooked on the concept. She continued to learn more through Stopwaste.org's Bay-friendly Gardening workshops, acquisition of books on the subject (she recommends "Growing California Native Plants" by Marjorie Schmitt and the Jepson Manual by James C. Hickman), and attending Bay-friendly and Bringing Back the Natives garden tours.

It was time to take out the lawn but it was persistent and very hard to

remove Bermuda grass. But she kept at it and now has a successful and sustainable native plant garden. Her garden is filled with a variety of native plants including checkerbloom and flowering currant, two of her favorites. The garden attracts salamanders, buckeye and monarch butterflies, juvenile Cooper's hawks, and peregrine falcons, just to name a few. She planted for year-round color. Spring is marked by purples: wild lilac and blue eyed grass. Late summer and early fall bring orange and reds. Her garden is a place of spiritual contemplation, enjoyment, and provides peaceful privacy from the street.

Kathleen will tell you that designing and installing a sustainable native plant landscape yourself is worthwhile. While it can be challenging, the rewards are immeasurable as you watch the transition take place. Yes, you are almost guaranteed to make mistakes, but the process is enjoyable as you gain an appreciation and understanding of your plants. Kathleen started seeing more birds, butterflies, and other wildlife almost immediately.

Sustainable gardening is an ongoing process and Kathleen still attends garden tours, always looking for inspiration. In fact, her interest in native plants and sustainable landscaping led her to take up mo-

saic artwork; she wanted to make beautiful things for her garden. You can see both her gardening work and art work if you attend the Bringing Back the Natives Garden Tour on May 5th. Kathleen's garden will be one of those featured on the tour this year. This free, self-guided tour of 43 Alameda and Contra Costa County gardens and nurseries will take place from 10 a.m. to 5 p.m. You must register at one of the walk-in registration sites available on the day of the tour to get the tour guidebook. For details please visit www.bringingbackthenatives.net.



If, like Kathleen, you've been considering taking out your lawn, be sure to contact the Alameda County Water District (ACWD). ACWD provides rebates when you remove turf grass and plant low water using plants. Most native plants, like those in Kathleen's garden, are adapted to our summer-dry climate and qualify under the ACWD program. Contact ACWD at www.acwd.org or 510-668-6534 for more information about the Water Efficient Landscape Rebate Program and eligibility requirements. Please contact us before you begin your project as customers

must be pre-approved by ACWD to be eligible for the rebate.

Bringing Back the Natives Garden Tour
Sunday, May 5
10 a.m. – 5 p.m.
Self-guided tour of Alameda and Contra Costa County gardens and nurseries
www.bringingbackthenatives.net
Free

Water Efficient Landscape Rebate Program
(510) 668-6534
www.acwd.org



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