

HerWorld event encourages women in technology

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Fremont mayor puts a positive spin on State of City

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April 2, 2013

Vol. 12 No. 14

The newspaper for the new millennium

Tartan

PHOTOS BY ARMAND HARRIS

A celebration of Scottish heritage will soon to be underway when the 16th annual Tartan Day Scottish Faire returns to Ardenwood Historic Farm. Pre-

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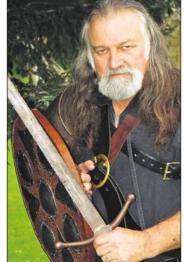












Insomniacs **Robotics team** celehpates win

SUBMITTED BY ANITA ALEM PHOTOS COURTESY OF FIRST



Fremont's teens are more and more influential in the world of technology, as seen in the FIRST Robotics Competition (FRC) regional at Sacramento. Team 2489 of Fremont Unified School District, placed first along with their alliance partners, Teams 701 and 3189.

The Insomniacs, as they like to be called, will now compete at the World Championships in St. Louis, April 24-27. The team will also be participating in the Silicon Valley Regional Competition, April 4-6, at San Jose State University.

FIRST is a non-profit organization that works to educate its teams and students with the values of engineering and business. FIRST Robotics Competition is an international program in which high school students build washing machine-sized robots that compete in annual sports-like challenges, such as soccer and basketball. These robots must be perfected in a six-week timeframe, after which the 'bot' is bagged until competition. In this year's challenge, Ultimate Ascent, robots must play a modified form of Ultimate Frisbee, as well as climb a 10foot pyramid.

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Fundraiser to mark Boldly Me's first year

By M. J. LAIRD

Boldly Me, a local organization committed to helping people embrace their physical differences, marks its first anniversary in bold fashion. Actress Carolyn Hennesy, known for her role as Diane Miller in "General Hospital" and Barb in "Cougar Town" as well as appearances in "True Blood," will serve as Master of Ceremonies at a fundraising evening, Friday, April 12.

"Boldly Me's Got Talent" will feature dinner, live entertainment, a silent auction, and dancing at the Fremont Marriott, Silicon Valley, starting at 6 p.m.

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When was the Last Time You Woke Up Feeling Rested?

Washington Women's Center Class Offers Tips for Sleeping Better

oes the following situation sound familiar? You are watching television in the evening, barely able to keep your eyes open because you are so tired, but as soon as you crawl into bed, you lay there wide awake wondering why you can't fall asleep. You may have insomnia.

"Why is it that you can be so tired, but can't get to sleep?" said Dr. Nitun Verma, medical director for the

Washington Township Center for Sleep Disorders and a member of the Washington Hospital medical staff. "This is a common scenario. That's why it's important to know how the brain works when it comes to insomnia."

He will offer tips for getting a good night's sleep at an upcoming class titled "Learn How to Sleep Better" on Wednesday, April 10, from 7 to 8 p.m. The class will be held in the Washington Women's Center Conference Room, located in Suite 145. at 2500 Mowry Avenue (Washington West) in Fremont.

Dr. Verma will explain the brain's involvement in sleep cycles as well as the difference between over-the-counter and prescription sleep medications. He will also talk about how sleep issues can increase for some women during and after menopause.

Sleepiness and Arousal

"Traditionally we used to think there was only something called sleepiness," Dr. Verma explained. "We thought that

people experience sleepiness around bedtime and then when they wake up, that sleepiness is gone. We considered insomnia a disorder that involved the lack of sleepiness. But now we know the brain actually has two systems: sleepiness and arousal. That's why you can be sleepy, but fairly functional at the same time."

When good sleepers go to bed, the state

He said over-the-counter sleep medications are not very effective or can become habit forming because people start to think they can't sleep without them. Prescription medications are better, but are still not recommended for long-term use.

"Most sleeping pills don't touch the arousal system, they just take sleepiness up to 100 percent," Dr. Verma explained.



of arousal falls off like a rock, he added. Sleepiness takes over and they fall asleep. But those with insomnia are stuck in that state of arousal. That's why you can feel "tired but wired."

'You may be falling asleep while watching TV or sitting at your computer," Dr. Verma said. "But as soon as you go to bed, that arousal system gets turned back on and you are wide awake even though your body feels so tired."

"Over-the-counter medications make you tired, but not sleepy. That's why you often wake up feeling very tired even though you slept. Prescription sleep medications can be effective for short-term use, but they are not a long-term solution."

Good Sleep Habits

For many people, developing good habits can improve their sleep. Dr. Verma will talk about ways to get a better night's sleep and feel more rested. For example, taking naps

can help as long as they last less than 30 minutes and occur before 3 p.m.

"Naps can give you a small reset in the middle of the day and help you feel rested," he said. "As long as you take them earlier in the day, they won't diminish the sleepiness you need at night to fall asleep."

Making sure your bedroom is as dark as possible can also help. According to Dr. Verma, if light gets into your eyes it confuses your brain.

"One of the most important tips I can give is to get up at the same time every day," he added. "I know people are tempted to sleep in on the weekends, but it's not a good idea. Regular sleep patterns are best."

Dr. Verma will also discuss how menopause affects sleep in some women. He said the risk for sleep apnea increases 300 percent after menopause.

There are three quizzes on the Washington Township Center for Sleep Disorders' website that can help you assess whether you have a sleep disorder.

"The quizzes are meant to help you assess your sleep and are not meant to take the place of medical advice or a proper diagnosis," Dr. Verma said. "But they are a good place to start."

To learn more about services offered at the center or to take the quizzes, visit www.washingtonsleep.com. For information about other services offered at the Washington Women's Center, visit www.whhs.com/womenscenter.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv

If you're tired, but have

trouble falling or staying

asleep, you may have in-

somnia. Find out how to get a good night's sleep at

a free upcoming seminar

from 7 to 8 p.m. The class

will be held in the Wash-

ington Women's Center

cated in Suite 145, at 2500

Mowry Avenue (Washing-

Conference Room, lo-

ton West) in Fremont. Register online at

www.whhs.com or call

(800) 963-7070.

on Wednesday, April 10,

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com



	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	
_	4/2/13	4/3/13	4/4/13	4/5/13	4/6/13	4/7/13	4/8/13	
2:00 PM 2:00 AM 2:30 PM 2:30 AM	Skin Cancer Cataracts and Diabetic Eye Conditions	Diabetes Matters: Vacation or Travel Plans?	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy	Living Well with Diabetes: Overcoming Challenges	Strengthen Your Back! Learn to Improve Your Back Fitness	Vitamins and Supplements - How Useful Are They?	Minimally Invasive Hip Replacement	
00 PM 00 AM	Minimally Invasive Treatment for Common Gynecologic Conditions Voices InHealth:	Voices InHealth: Healthy Pregnancy	Women's Health Conference: Can Lifestyle Reduce the Risk	Washington Women's Center: Cancer Genetic Counseling	Minimally Invasive Surgery for Lower Back Disorders	,	Women's Health Conference: Age Appropriate	
30 AM	New Surgical Options for Breast Cancer Treatment		of Cancer?	Counseling		Diabetes Matters: Diabetes Viewpoint	Screenings?	
00 AM 30 PM 30 AM	Important Immunizations for Healthy Adults	Washington Township	Colorectal Cancer: Healthy Diet To Prevent Cancer	Washington Township	Raising Awareness About Stroke		Washington Township	
00 PM 00 AM 30 PM	Do You Have	Health Care District Board Meeting March 13th, 2013		Health Care District Board Meeting March 13th, 2013		Keeping Your Heart on the Right Beat	Health Care District Board Meeting March 13, 2013	
:30 AM :00 PM	Sinus Problems?		Raising Awareness About Stroke					
:30 AM :30 PM :30 AM	Kidney Transplants	Caring for an Older Adult: Everything You Need to Know about Caregiving		Inside Washington Hospital: The Green Team	Varicose Veins and Chronic Venous Disease	Treatment Options for Knee Problems	Diabetes Matters:Top Foods for Heart Health	
00 PM 00 AM 30 PM	Do You Have		Vitamins and Supplements - How Useful Are They?	Your Concerns InHealth: Senior Scam Prevention	Kidney Transplants	Your Concerns InHealth:	Voices InHealth: Demystifying the Radiation Oncology Center	
30 AM	Sinus Problems?			Diabetes Matters: Diabetes Resources	, ,	Senior Scam Prevention	Fitting Physical Activity Into Your Day	
00 PM 00 AM 30 PM	Minimally Invasive Surgery for Lower Back Disorders	Shingles	Healthy Nutrition for Your Heart	Voices InHealth: Update on the Journey to Magnet Status			Inside Washington Hospita Patient Safety	
30 AM 00 PM 00 AM	Strengthen Your Back!		Do You Suffer From Breathing Problems?	Keeping Your Heart on the Right Beat	Washington Township Health Care District Board Meeting March 13th, 2013	Washington Township Health Care District Board Meeting March 13th, 2013	Diabetes Matters: Key To A Healthy Heart with Diabetes	
30 PM 30 AM	Learn to Improve Your Back Fitness	Varicose Veins and Chronic Venous Disease	Chronic Obstructive Pulmonary Disease or Asthma	Your Concerns InHealth:			Diabetes Matters: Diabetes Resources	
00 PM 00 AM 30 PM		Voices InHealth:		Senior Scam Prevention	Keeping Your Heart on the Right Beat	Living Well with Diabetes: Overcoming Challenges	Keeping Your Heart on the Right Beat	
30 AM 00 PM	Washington Township Health Care District Board Meeting	Radiation Safety	Washington Township Health Care District Board Meeting	Peripheral Vascular Disease: Leg Weakness,			-	
00 AM 30 PM	March 13, 2013	Disaster Preparedness	March 13, 2013	Symptoms and Treatment & Percutaneous (Under the Skin) Treatment	The Weight to Success How to Maintain a	Your Concerns InHealth: Pediatric Care – The Pre-School Years	Important Immunizations for Healthy Adults	
30 AM D:00 PM				n eaunent	Healthy Weight: Good Nutrition is Key	THE FIE-SCHOOLIEARS		
0:00 PM 0:00 AM 0:30 PM 0:30 AM	Your Concerns InHealth: Senior Scam Prevention	Arthritis: Do I Have One of 100 Types?	Community Based Senior Supportive Services		Alzheimer's Disease	Shingles	Voices InHealth:The Legacy Strength Training System	
:00 PM :00 AM :30 PM	Learn About Nutrition for a Healthy Life	Your Concerns InHealth: Pediatric Care – The		Financial Scams: How to Protect Yourself	Marie V. S.	What You Should Know About Carbs and	Varicose Veins and Chronic Venous Disease	
1:30 AM	10. a Fleating Life	Pre-School Years	Inside Washington Hospital: Patient Safety		What Are Your Vital Signs Telling You?	Food Labels		

Don't Let Achy Knees Slow You Down

Seminar Covers Surgical Advances for Arthritic Knees

ne of the most common sources of knee pain is osteoarthritis, caused by the breakdown of the cartilage that cushions the ends of bones in a joint. In many cases, knee pain caused by arthritis can be alleviated by medications, physical therapy, knee braces, injections of cortisone to reduce inflammation, or injections of hyaluronic acid – a component of the normal lubricating fluid found in the knees – to provide cushioning for the joint.

When there is a severe loss of cartilage due to arthritis, however, the best solution may be knee replacement surgery. In fact, the number of knee replacement surgeries in the U.S. is growing rapidly. The U.S. Centers for Disease Control and Prevention (CDC) estimates that approximately 400,000 Americans had knee replacement surgery in 2007. By 2010, that number had risen to more than 676,000.

For people who would like to learn more about osteoarthritis and the latest advances in knee replacement surgery, Washington Hospital is sponsoring a free seminar on Friday, April 12 from 2 to 4 p.m. in the Conrad E. Anderson, M.D. Auditorium in the Washington West Building, 2500 Mowry Avenue in Fremont. (Co-Medical Directors of the Institute for Joint Restoration and Research IJRR) at Washington Hospital, Dr. John Dearborn and Dr. Alexander Sah, will discuss the range of options now available for total and partial knee replacements.

Dr. Dearborn, who performs more than 600 minimally invasive total knee replacement surgeries each year, notes that the choice between total and partial knee replacement depends on the patient's diagnosis.

"Total replacement would be the better option for patients whose cartilage is badly damaged on both sides of the knee and under the kneecap, or for those who have badly damaged cartilage on one side of the knee and under the kneecap," he explains, "Partial replacement would be an option if there is damage on only one part of the knee."

Partial knee replacement offers significant advantages for younger patients whose

arthritis has not spread throughout the knee, as well as for older patients with conditions that might limit their recovery from total knee replacement, according to Dr. Sah.

"In a total knee replacement, the ligaments in the center of the knee must be removed," Dr. Sah says. "Partial knee replacement is less invasive, and those ligaments are left intact, so the joint feels more like a 'natural' knee. We also can do surgery just to replace the kneecap. Partial replacements are less costly and patients generally have a faster recovery."

The Case for the "Gender Knee"

Beginning in 2006, Dr. Dearborn began using a new implant, called the Zimmer Gender Knee, which is designed to better fit the anatomy of women, who represent up to 60 percent of all total knee implant patients. Since modern knee implants were introduced in the early 1970s, all designed had been based on average measurements of both men and women, which often resulted in sub-optimal implants for women.

"The end of a woman's femur – the thighbone – generally is shaped differently from a man's, with the side-to-side width narrower than a man's for a given front-to-back dimension," Dr. Dearborn explains. "The standard design for the knee implant that we attach to the end of the femur was adequate for a lot of people, but in many women, if you got the right size implant for the front-to-front width, it was often too wide from side to side."

The Gender Knee also takes into account the fact that a woman's shape generally results in a different angle between the hip and the knee. "Because women's hips usually are wider, the femur comes down at a sharper angle, which affects how the kneecap slides over the femur," Dr. Dearborn says. "The gender-specific knee aligns better to the way the female kneecap tracks."

In some cases, the Gender Knee proved appropriate for certain men, too.

"We assess patients in the operating room to determine which implant will provide the best fit for each patient," says Dr. Dearborn.



For community members who would like to learn more about osteoarthritis and the latest advances in knee replacement surgery, Washington Hospital is sponsoring a free seminar on Friday, April 12 from 2 to 4 p.m. in the Conrad E.Anderson, M.D.Auditorium in the Washington West Building, 2500 Mowry Avenue in Fremont. Medical co-Directors of the Institute for Joint Restoration and Research at Washington Hospital, Dr. John Dearborn and Dr. Alexander Sah (pictured above), will discuss the range of options now available for total and partial knee replacements. Register online at www.whhs.com or call (800) 963-7070.

"It's nice to have an implant with a narrower width for even some men."

Dr. Dearborn and Dr. Sah recently analyzed the database of total knee replacements performed at the Center for Joint Replacement dating back to 2006. Of the 3,897 first-time knee replacements performed, 1,954 – slightly more than half – used the Gender Knee femoral component.

"We performed a total of 2,157 knee replacements in women," Dr. Dearborn notes. "Of those women, 73 percent were considered appropriate for the Gender Knee. We also found the Gender Knee produced a better fit for almost 21 percent of the 1,740 men who received total knee replacements. We're fitting our patients – both women and men – better because of the Gender Knee option."

Dr. Sah recently presented those research findings in Chicago at the national convention of the American Academy of Orthopedic Surgeons.

Answering Questions About New Technologies

Dr. Sah and Dr. Dearborn also plan to discuss several emerging technologies for knee replacement surgery, including:

- More "personalized" knee replacement implants for both partial and total knee replacements.
- "Patient-specific" measuring tools that use CT or MRI images to create personalized cutting guides.
- Computerized surgical navigation systems (somewhat similar to GPS) to help guide knee replacement surgery.
- Computerized systems that feature a robotic arm with cutting tools that are guided by plans developed from CT scan data.

"So far, we haven't seen as much improvement in surgical outcomes from these innovations as the manufacturers have claimed," Dr. Sah cautions. "All the marketing promises may not be reality – not yet, at least. The success of total and partial knee replacement surgery still depends greatly on the skill and experience of the surgeons."

Learn More At Upcoming Seminar

To register for this seminar, visit www.whhs.com/event/class-registration.

Let's Go Green Together!

Washington Hospital and the City of Fremont to Host Free Earth Day Expo

To help promote a cleaner and greener environment, Washington Hospital and the City of Fremont are observing Earth Day by hosting a special community event that will focus on how all of us can help make our community a healthier place. On Saturday, April 20, members of Washington Hospital's Green Team, the City of Fremont and other local Tri-City organizations will stage an education expo to raise environmental awareness and share eco-friendly ideas with people in our District.



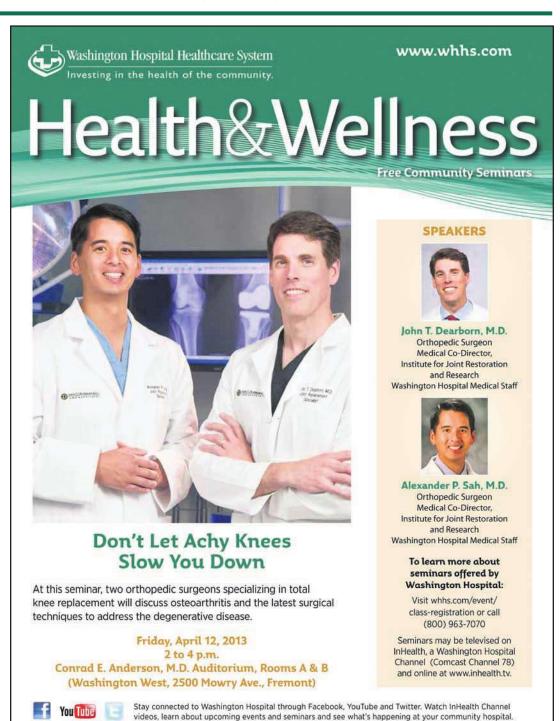
Saturday, April 20 • 11 a.m. to 3 p.m. • Conrad E. Anderson, M.D. Auditorium, 2500 Mowry Ave. (Washington West) in Fremont

The Let's Go Green Together! event will feature local sustainability programs and fun activities for the kids including "Eco-tainment" activities, face painting, earth day art drawing and other free games. Learn about becoming more sustainable at home and at work!

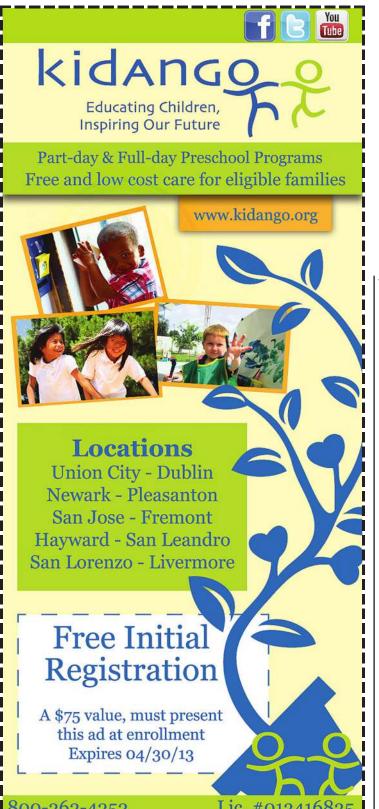
The "Let's Go Green Together!" event will take place from 11 a.m. to 3 p.m. inside the Conrad E. Anderson M.D. Auditoriums located at 2500 Mowry Avenue (Washington West) in Fremont.

"Washington Hospital is dedicated to developing green ideas and solutions to foster the best possible outcomes for patients, while also conserving resources, reducing waste and creating sustainability pro-

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Warwick students bring "Pocahontas" to life

SUBMITTED BY KARI MARTELL

Over 60 Warwick Elementary School students practiced singing, dancing and acting for three months and made their debut performance in the musical "Pocahontas" on Friday, March 22. This group of talented kids gave it their all, bringing the non-Disney version of the heroic actions of one young American Indian girl to life on stage.

The stage was populated with settlers, Algonquin Indians, animals, forest spirit dancers and a chorus, all backed up by a crew of student technicians who kept the lights and sound going. Second grade teacher April Bishop directed the performance, was supported by parents and teachers who volunteered to do everything from painting the special forest backdrop, making props, selling flowers at the performance and buying pizza for the cast party.

Congratulations on a job well done!

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Let's Go Green Together!

Washington Hospital and the City of Fremont to Host Free Earth Day Expo

grams all around the hospital," says Paul Kelley, Director of Biomedical Engineering and Green Initiative at Washington Hospital. "Our upcoming event will be a great opportunity for people to learn how to reduce waste at home and learn new ways to go green."

Visit Our Farmer's Market

A farmer's market offering locally grown produce will take place outside the entrance to the Washington West main entrance.

Learn Gardening Tips

Gardening experts will share their expertise and help you prepare for the spring gardening season. Come learn more about Bay Area friendly gardening, see samples of drought resistant plants, California natives, and plants that attract pollinators.

Dispose and Drop-Off the Following Items for Free

Several designated booths inside the Conrad E. Anderson M.D. Auditorium will be available for those who would like to drop off and recycle the following items:

- Disposal of unused, unwanted medications: Do not dispose of medicines down the drain where they end up polluting our waters. Instead bring expired or unwanted medications for drop-off, knowing they will be processed in an environmentally responsible way. The Union Sanitary District booth will accept all of your unused medication.
- Disposal of home generated sharps: This includes needles and syringes, lances, etc. These sharps must (by state law) be in an approved sharps container. We will have a limited number of sharps containers available free of charge to those who need them. Identification

will be required per the County of Alameda. Business generated sharps cannot be accepted.

- Donating eyeglasses: The Lions Club recycles and distributes eyeglasses all over the world to people in need. Bring your old eyeglasses and give someone else the gift of sight!
- Mercury Thermometer Exchange: Washington Hospital and the Union Sanitary District are working to keep Mercury out of our local waterways by reducing its presence in products and devices. If you bring us a mercury thermometer we will swap it out for free with a digital thermometer that is mercury free.

Learn More at Our Education Booths

- Healthy eating: Washington Hospital clinical registered dietitians will talk about healthy eating, weight control and tips for maintaining a healthy lifestyle.
- Recycling and reducing household waste: See exhibits, talk to specialists and learn the proper ways to reduce, re-use, and recycle at home and at the workplace.
- Eco-Friendly gardening and composting

• Learn how to save energy at home

Fun Activities for the Kids

"Eco-tainment" activities, face painting, earth day art drawing and other free games will be available for children. A juggler will entertain and educate with an eco-oriented show.

Local Sustainability Programs

Members of the Washington Hospital Green Team, City of Fremont and other local organizations will be on hand to explain how they are implementing eco-friendly programs and showcase the sustainability practices that are already in place. Learn about becoming more sustainable at home and at work!

Mark Your Calendar!

What: Let's Go Green Together!

Date/Time: Saturday, April 20 from 11 a.m. to 3 p.m.

Location: Conrad E. Anderson M.D. Auditorium,

2500 Mowry Avenue (Washington West) in Fremont.

Learn More: www.whhs.com/green

Concert Bands

SUBMITTED BY TOM HAYES

Chabot College's own community concert band, known as the East Bay Symphonic Band, is hosting the 35th annual convention of the Association of Concert Bands this month. The event will be held at the Marriott Hotel in San Ramon, with free concerts each evening from Wednesday, April 3 through Saturday, April 6.

Two different bands will perform each night, and on Saturday there will also be two afternoon concerts. Opening night features the East Bay Symphonic Band followed by the United States Air Force Band. The complete performance schedule is on the host band's website, http://www.eastbaysymphonicband.org.

Capping off the convention will be the "Symphonic Gold Rush" Convention band, made up of convention

goers from all across the country. Commander Allen Beck, US Navy (retired) will conduct the convention band. Joining the convention band will be trombone soloist Andy Martin, whose credits include playing at the Grammys, Emmys, Academy Awards, and lead trombonist for "Dancing with the Stars."

Come to the San Ramon Marriott April 3-6 and enjoy free concerts by nine different community bands.

Association of Concert Bands Convention Wednesday, Apr 3 – Saturday, Apr 6 7:15 p.m., Saturday at 2:30 p.m. Marriott Hotel San Ramon 2600 Bishop Dr., San Ramon http://www.eastbaysymphonicband.org

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2675 Stevenson Blvd, 1st Floor, Fremont



Web Development workshop

SUBMITTED BY FUSS4SCHOOLS

FUSS, Fremont Unified Student Store, a non-profit organization established to raise funds for Fremont Unified School District (FUSD), is offering an interactive workshop for students entering 11th or 12th grade that will provide an overview of website development. Instead of learning JavaScript, HTML, and CSS in a text-book format, students will receive individual guidance from a knowledgeable instructor (Front End Developer - MSJHS/FUSD/UCSD alumnus) in a small class setting.

At the end of the four week workshop, students will produce a dynamic website on the topic of their choice and leave prepared for more advanced and focused web development studies. The cost is \$88 per participant and workshop session.

This workshop is for Fremont Unified School District (FUSD) high school students who will be entering the 11th or 12th grade in the Fall 2013/2014 school year. There will be two workshop sessions. Each session will last four weeks — two hours on Saturdays, for four consecutive weeks, from 2 p.m. – 4 p.m.

The dates for the first four-week session are: 6/22, 6/29, 7/6 and 7/13.

The second session dates are: 7/20, 7/27, 8/3 and 8/10.

FUSS Web Development workshop
Session 1: 6/22, 6/29, 7/6 and 7/13
Session 2: 7/20, 7/27, 8/3 and 8/10
Saturdays, 2 p.m. - 4 p.m.
DMCA Bookstore location
46164 Warm Springs Blvd., #258, Fremont
For info, email: mmyung806@gmail.com
To register: http://www.fuss4schools.org/webpage-making-workshop-registration-form/

\$88/session/participant Laptop computer: strongly recommended Capacity is limited. First come, first served

Common Core Standards presentation

SUBMITTED BY MELINDA KUFELD, FREMONT
COUNCIL PTA PRESIDENT

Do you know there will soon be a fundamental change in how FUSD students learn?

Have you heard of Common Core Standards? What do you know about Common Core Standards? Do you know how your child will be affected by Common Core Standards?

Join us to gain an understanding of this quickly approaching monumental shift in education. There will be a Common Core Standards Presentation by FUSD Staff and Educators at

the Fremont Unified School District on Monday, April 15.
This presentation is hosted by Fremont Council PTA; all Fremont community members are welcome.

Common Core Standards Presentation
Monday, Apr 15
7 p.m.
Fremont Unified School District, Board Room
4210 Technology Drive, Fremont
Info: Deanna Wendel, Instructional Svs:
(510) 659-2583 x 12440

Ohlone Promise: Full-ride Scholarship

SUBMITTED BY OHLONE COLLEGE FOUNDATION

A new full-ride scholarship program for high school seniors in the Tri-City area is now available from Ohlone College through the Ohlone College Foundation. The newly developed program, The Ohlone Promise, offers free tuition, books and related fees to 16 local high school students who attend Ohlone College in fall 2013.

"This is a great opportunity for high school seniors residing in the Ohlone Community College District to attend college," said Dr. Gari Browning, President/Superintendent of Ohlone College. "Ohlone was recently ranked number two in the state in terms of student success and completion. We know that attending Ohlone will make a difference to these students. This new scholarship takes away the financial barrier that often prohibits attending college."

In the past few years tuition costs at community colleges statewide have nearly doubled. The per-unit cost is now \$46, making a three unit course \$138 plus fees and books. Less than three years ago, the cost was only \$26 per unit. "Our local community has a long history of providing scholarship assistance to support Ohlone students. And this year is no exception. Janice Futch-Claridge and Cargill Salt are sponsoring four of the Ohlone Promise Scholarships. We value their partnership and are grateful for their generosity," said Browning.

The Ohlone Promise offers free tuition, books and fees valuing \$3600 to 16 students over four semesters. To qualify, students must have a 2.5 GPA or demonstrate extenuating circumstances that resulted in a lower average. A short essay is required.

Students should also obtain the recommendation of their high school principal or a member of the school's administrative team. To retain the scholarship, students must remain in

good academic standing and continue to attend Ohlone College. The scholarship is not transferrable to another college or another individual.

The scholarship program is open to students currently attending the following high schools: American, Irvington, Kennedy, Mission San Jose, Robertson and Washington in the Fremont Unified School District; Newark Memorial and Bridgepoint in the Newark Unified School District; Logan High School and Conley Caraballo in the New Haven Unified School District. Students must also reside in the Ohlone Community College District.

The application period opens April 1 and closes May 1, 2013. Students may apply online at www.ohlonefoundation.org. Winners will be notified in mid-May. "The Ohlone Promise is one of a number of scholarship programs offered by the Ohlone College Foundation to support students and the College," said Robert Douglass, chair of

port students and the College," said Robert Douglass, chair of the Foundation's Board of Directors. "Ohlone is a wonderful jewel in our backyard and we're proud to be associated with this highly regarded college."

For more information on The Ohlone Promise or the Ohlone College Foundation

visit www.ohlonefoundation.org or call (510) 659-6020. Ohlone College is a two-year college that serves citizens living in the cities of Fremont, Newark and Union City. Part of the California Community College system, Ohlone serves as a transfer institution to four year colleges and universities. Ohlone has the fifth highest transfer rate of all 112 community colleges in the state and is rated second in the state for student success and completion. Ohlone also offers job training courses in high growth, high employment fields that help to build the economy in the Tri-City region. For more information please visit www.ohlone.edu.

Social Security

Identity Theft – It's no joke

By Mariaelena Lemus **SOCIAL SECURITY PUBLIC AFFAIRS SPECIALIST** IN SAN JOSE

When the first of April comes, you may be on guard to protect yourself from an April Fool's Day prank. But every day of the year, you should be wary of identity

Identity theft is no joking matter. Identity thieves victimize millions of people each year.

Identity thieves have some sly tricks to obtain your personal information. They do it by:

- Stealing wallets, purses, and your mail;
- Posing by phone or email as someone who legitimately needs information about you, such as employer or landlord;
- Stealing personal information you provide to an unsecured site

on the Internet, from business or personnel records at work, and personal information in your home; or

• Rummaging through your trash, the trash of businesses, and public trash dumps for personal data.

Don't be fooled by identity thieves; take the proper precautions. Be sure to safeguard your personal information, such as your Social Security number and mother's maiden name. If an identity thief scores this information, it could result in more than monetary loss for you as a victim-it also can hurt your credit score and record.

You can help protect yourself by not carrying your Social Security card with you and not providing your personal information to unknown sources over the Internet or by phone. Be sure to shred any documents, bills, or paperwork before you throw them

away. Most important, never reply to an email claiming to be from Social Security that asks you for your Social Security number or other personal information. If you are contacted by someone claiming to be from Social Security and you have doubts about the validity of the caller, you can call us at 1-800-772-1213 (TTY 1-800-325-0778).

If you think you've been the victim of identity theft, you should contact the Federal Trade Commission at 1-877-IDTHEFT (1-877-438-4338); TTY 1-866-653-4261. Or go to www.idtheft.gov and click on the link for "Report Identity Theft."

Learn more about identity

www.socialsecurity.gov/pubs/100

Please don't let an identity thief make an April fool out of you.

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Enchanté - Paris **Meets Hayward**

SUBMITTED BY BRUCE ROBERTS

I confess. Much to my family's chagrin, I drink wine from a box. That's why the morning I spent in Doc's Wine Shop in downtown Hayward was an epiphany, a door opened to an alien world—one filled with the light of knowledge: wine customs I didn't know, wine facts totally new to me, and grape names and regions I'd never heard of.

The charming, articulate, and encyclopedic purveyor of this viniculture, Darren Guillaume, is a certified sommelier, trained at the French Culinary Institute, and owner of Doc's. Tall, impeccably dressed in suit and tie, Darren shows levels of knowledge - and confidence in that knowledge - that make him clearly an expert in his field.

The main focus of his well-appointed shop is wine, mostly European wine, brands not found in other stores selling wine. And for every bottle, Darren can speak knowledgeably about the blend of grapes used, the region it's from, the soil type in that part of the region, and the effect the different soils have on the taste and quality of the wine, and—very important—how long each wine may be stored before its quality ebbs. In addition, he can suggest foods that will go perfectly with each wine.

Darren offers free wine-tastings every day, and even takes requests. He will also host parties of up to 25 people in his elegant little shop, a wonderful venue for clubs and friends.

And beer lovers, don't be put off by the title, "Wine Shop," he also stocks amazing Belgian ales. In support of local education, Darren donated two fine bottles for auction at Hayward Education Fund's March 22 Gala.

> **Docs Wine Shop** 22570 Foothill Blvd., Hayward (510) 733-9463 http://www.docswineshop.com

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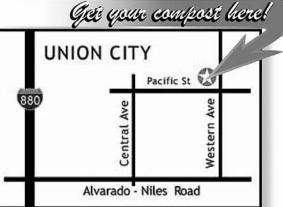
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Look for free coupon in spring Allied Waste Services/Tri-CED residential newsletter Limit: two bags of compost per household while supplies last.









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Accident on VTA property

SUBMITTED BY BRANDI CHILDRESS

On the evening of March 26, 2013, a Santa Clara Valley Transportation Authority (VTA) maintenance employee Raul Apostol was critically injured after being struck by a bus inside one of VTA's bus divisions. Mr. Apostol was transported to a local hospital; tragically, he passed away from his injuries.

A full investigation of this accident is being conducted by the Santa Clara County Sheriff's Traffic Investigation Unit, the Division of Occupational Safety and Health (Cal/OSHA) and VTA. Per VTA policy, the employee driving the bus has been placed on administrative leave.

VTA General Manager Michael Burns: "I am deeply sorry for the loss of our employee. Our thoughts and prayers are with Raul's family, his colleagues, and all who have been affected by this tragic incident."

San Jose gun buyback nets 610 firearms

SUBMITTED BY SUPERVISOR DAVE CORTESE

The second gun buy back collected 610 firearms, including 17 assault weapons, and 225 handguns, Santa Clara County Supervisor Dave Cortese and Undersheriff John Hirokawa reported on Monday, March 25.

The gun buy back at Reid-Hillview Airport on Saturday, March 23, paid out \$61,150 to the hundreds of participants who anonymously turned in unwanted weapons. The second gun buy back was part of Unity Day, which also offered gift cards to participants turning in an estimated 150 gang-related items at Most Holy Trinity Church in the neighborhood near Overfelt High School.

"This is our third year reaching out to support a peaceful community," said Supervisor Cortese. "I am pleased that so many residents are taking advantage of this opportunity to turn in weapons and gang paraphernalia."

DUI/Driver's License Checkpoint planned

SUBMITTED BY FREMONT PD

Fremont Police Department Traffic Unit will be conducting a DUI/Drivers License Checkpoint the weekend of April 6 and 7, 2013, at an undisclosed location within the city limits between the hours of 8 p.m. to 3 a.m.

The deterrent effect of DUI checkpoints is a proven resource in reducing the number of persons killed and injured in alcoholor drug-involved crashes. Research shows that crashes involving alcohol drop by an average of 20 percent when well-publicized checkpoints are conducted often enough.

Officers will be contacting drivers passing through the checkpoint for signs of alcohol and/or drug impairment. Officers will also check drivers for proper licensing and will strive to delay motorists only momentarily. When possible, specially trained officers will be available to evaluate those suspected of drug-impaired driving. Drivers caught driving impaired can expect jail, license suspension, and insurance increases, as well as fines, fees, DUI classes, or other expenses that can exceed \$10,000.

Funding for this checkpoint is provided to the Fremont Police Department by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration, reminding everyone to continue to work together to bring an end to these tragedies. If you see a drunk driver, call 9-1-1.

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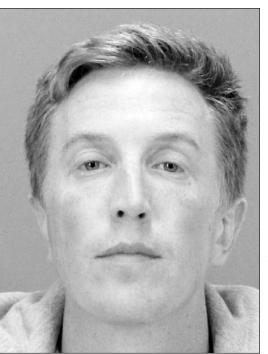
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Bank robbery suspect arrested



SUBMITTED BY SGT. GENE SMITH, MILPITAS PD

On March 9, 2013, at about 1:59 p.m., a bank robbery occurred at the Chase Bank located at 37 N. Milpitas Blvd. The suspect, described as a White Male adult and armed with a firearm, entered the bank, approached the counter and gave the bank teller a demand note. The teller handed over cash and the suspect fled the area.

Milpitas police officers searched the area but were unable to locate the suspect. Milpitas police detectives worked diligently on the investigation and identified the suspect as Hunter D. Thompson of San Jose. Milpitas Police Department Detectives, with the assistance of the San Jose Police Department, located and apprehended Thompson in the city of Emeryville. A revolver and an air gun were recovered from the vehicle in which Thompson was travelling. Thompson was found in possession of methamphetamine and heroin.

Detectives determined Thompson may be responsible for bank robberies in San Francisco, Redwood City, and Palo Alto. Detectives also determined Thompson may be responsible for retail store robberies in Palo Alto, Santa Clara, and Fremont. Thompson

was booked into the Santa Clara County Main Jail. Anyone with any information regarding this incident or any criminal activity possibly involving this suspect is encouraged to call the Milpitas Police Department. Callers may remain anonymous when providing information and can call 9-1-1 for in-progress emergencies, call 408-586-2400 for non-emergency incidents, or call the Crime Tip Hotline at 408-586-2500. Information can also be given at



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Never leave a child or pet alone in an unattended vehicle

From 1998 to May 2011, a reported 500 children died in locked vehicles, according to Consumer Reports. Children and pets are less able to handle extreme heat and are more susceptible to hyperthermia, which can lead to brain damage, kidney failure and death.

San Francisco State University (SFSU) put out a recent study that stated temperatures in closed automobiles rose approximately 19 degrees in just 10 minutes, even in moderately warm weather. The API (Animal Protection Institute) conducted a study, which showed that even at 9 a.m., with an outside temperature of 82 degrees, the closed vehicle registered at 109 degrees inside. The study went on to say that if the automobile window was left cracked on an 88-degree day at 9 a.m., the vehicle turned into a 103 degree sauna, by 10 a.m. inside the vehicle.

Leaving a child or pet in a vehicle remains a perilous choice, even for just a

Never leave a child unattended in a vehicle. If you should see a child in a hot vehicle, call 9-1-1 immediately.

To learn more about this topic or other child safety topics, visit Safe Kids USA at http://www.safekids.org/our-work/news-press/press-releases/childrenalone-in-vehicles.html

A Rock Revival

The League, local rock band, jams at Ohlone College

SUBMITTED BY OHLONE COLLEGE

Lusing the worlds of popular and classical music, The League, originally a band of four, collaborates with a handful of exceptional students from the Ohlone College music department and two very musical faculty members, will appear for "Vampires, Ghosts, Wolves, & Rabbits: A Rock Revival" at Ohlone College this Tuesday, April 9. The "Expanded Edition" of The League will perform original compositions with vocals and a mix of keyboard, guitar, bass, drums, and horns.

Playing together on and off for over 30 years The League consists of four original band members, Michael Gould, Peter Harris, Mark Von Lehr, and Ohlone College professor Jim McManus. The core members have extensive musical backgrounds performing with numerous local bands. McManus opened for the Jerry Garcia Band and played at the Concord Pavilion. Peter Harris, dubbed the "new guy," has been with the band since 2007 as a vocalist and keyboardist. He played with the Jerry Garcia Band and has done gigs at the House of Blues. Drummer Mark Von Lehr performed with Django Obscura, the Webs, and the Promised Land. Von Lehr also collaborates on songwriting and sings the high harmonies in the group. Mike Gould, like Peter, is an accomplished songwriter, collaborating with Tom Lehr among others.

The group formed because they were "seduced and enchanted by the power of music" and enjoys playing improvisational rock. As songwriters, in addition to being musicians, being part of a band provides them a platform to perform their original tunes.

Although the group has played together for a very long time, they enjoy inviting new musicians for a jam session. For "Rock Revival," Ohlone College professors Jeff O'-Connell and Tim Roberts, as well as Ohlone students Francisco Hernandez, Robin Hettrich, Thomas Narveson, Katie Scarlett, and Jasper Tran are joining the band.

"We picked shrewdly and got some of the absolute best talent from the current Ohlone students. Francisco, Robin and Kate sing great; Francisco is also a fine guitarist; and Thomas and Jasper are solid and dependable horn players," comments McManus.

The League, Expanded Edition will perform a creative selection of original songs including "Little Rabbits" and "Vanilla Blues," which reflect life experiences, and others, like "Wolf," which are inspired by stories and fictional characters. In addition, they will include improvisational bits during their performance.

Enjoy the unique performance by The League "Expanded Edition." For tickets and more information, call (510) 659-6031 or visit www.smithcenter.com. The event is partially sponsored by the Associated Students of Ohlone College (ASOC).

Vampires, Ghosts, Wolves & Rabbits: A Rock Revival Friday, April 5 8 p.m.

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Fremont Fire Report

SUBMITTED BY BATTALION CHIEF DOUGLAS McKelvey, FFD

The Fremont Fire Department responded to a report of a fire outside the structure at the 34311 Maybird Cir. First responding crews reported seeing smoke visible from the Fire Station on Deep Creek Road (Station 10). When fire crews arrived on scene they observed a fire on the exterior of the structure burning up the side of the house and into the attic. The fire was also spreading to the house next door. Both of these homes had wood siding which aided in the spread of the fire.

Quick action by the first arriving company prevented the fire from continuing to extend to the neighboring home and they were able to knock down the bulk of the fire on the exterior of the primary home, but the fire had already spread into the attack space. As other crews arrived on scene, the fire was aggressively attacked from inside the structure, outside where it had begun and from the roof where it was continuing to spread.

After about 30 minutes the crews were able to contain the fire, but not before it had done significant damage to the exterior and to the attic spaces. There was also quite a bit of water inside the structure due to firefighting efforts.

Crews remained on scene for several hours ensuring there were no hid-

den fires, cleaning up the damage and investigating the cause.

At the time of the fire there was one occupant in the home whom was reportedly awakend and evacuated by a neighbor prior to the arrival of the fire department. The occupant later requested medical attention for symptoms not related to the fire. The occupant was evaluated by

EMS personnel on scene and subsequently transported to the hospital. The incident was reported at 4:30 p.m. and crews were engaged for two hours and 45 minutes. Control of the fire was achieved at 5:12 p.m. Damage to the structure was estimated at \$200,000 and contents, \$50,000. Twenty-two FFD personnel and six equipment were involved.

Robbery suspects arrested

SUBMITTED BY FREMONT PD



During the early morning hours of March 25, 2013, a male victim was robbed at gunpoint by a male and female suspect. The robbery occurred on the street near the intersection of Stevenson Blvd. and Besco Dr.; the victim attempted to solicit the services of a prostitute who had posted an ad online. As they conversed, he gets pushed to the ground and a black male adult with a 45 semi auto robs him of his

\$100. The "john" vehemently denies calling for services, despite his repeated phone calls to her number prior to the robbery.

The case was actively investigated by case agent Officer Taylor and other members of the Fremont Police Department's Patrol Division.

Investigative leads led to the identity of suspects Joanna Rehart of Oakland and Deandre Brown of Oakland. The two suspects were tracked and located at a local Fremont motel. Evidence associated to the robbery was located inside their vehicle. Both suspects were arrested on March 26 for the robbery.

If you have any information relating to this crime you are encouraged to contact the Fremont Police Department Investigative Unit at 510-790-6900.



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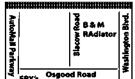
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History

Higher Education in Washington Township

everend William Wallace Brier was a pioneer pastor and founder of Alameda Presbyterian Church (now Centerville Presbyterian Church). He wrote a letter to his friend, the Reverend Horace Bushnell, a famous minister and college professor, inviting him to come to California to discuss founding a university. Bushnell responded saying he would visit Briers at Centerville. Bushnell arrived in 1856, stayed with the Brier family and preached sermons at Centerville.



Anderson Academyy



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Reverend Bushnell was also a friend of the Elias Beard family and he stayed with them at their home in Mission San Jose. He believed that California was in need of a school of higher education as they had back East, and spent much of his time while here seeking a site for the University of California. He referred to his search as "a most pleasant and refreshing one." He wanted to explore the Alameda Creek Canyon, which he called "a fearfully wild place" so he got Mr. Beard to take him fishing. His hike was interrupted by a noise he thought was made by a grizzly, but he continued up to the

The next day Bushnell drove a pair of mules 10 miles and walked 12 miles to a spot he called his "College Paradise." He was joined by an engineer with tools to measure the flow of water to this favored spot. Bushnell continued his search, but alas Berkeley was chosen for the site of the university.

"Sunole Valley."

The first institution of higher learning in Washington Township was the Washington College of Science and Industry established at Washington Corners (now Irvington) in 1872 by local farmers and educators including W. F. Lynch, Albert Lyser, William Horner, Origin Mowry, Henry Curtner, S. I. Marston, Heman Crowell and H. W. Dixon. The site was donated by E. L. Beard and the first building erected at a cost of \$80,000.

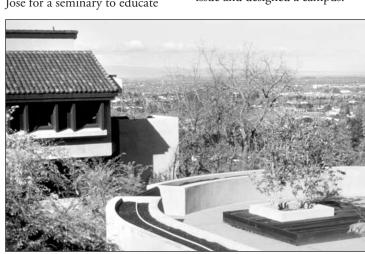
Opened by Reverend and Mrs. Harmon, as a coeducational college, a number of local residents including graduates of Washington Public School at Irvington received their advanced education here. Courses included bookkeeping, calligraphy, commercial letter writing, Latin, Greek and advanced English. Livein quarters were provided for girls on the first floor and boys on the second. There was also a gymnasium for exercise. In 1883 it was operated under the auspices of the Christian Church and then converted into a girl's seminary in

The main building burned in 1899 and the school was closed. W. W. Anderson of Hopkins Academy in Oakland, assisted by local residents, erected a new building on the site in 1900 and opened a Military Academy that prepared students for leading colleges. It operated until World War I and was described in 1904 as a "first class accredited school."

Archbishop Joseph Alemany erected a building at Mission San Jose for a seminary to educate

Residents of Newark and Fremont joined together to start their own local college. Voters approved the Fremont-Newark Junior College District on December 5, 1965. Dr. Stephen E. Epler was selected to be the first superintendent, and Wesley Sears the first president of the Board of Trustees. They hired administrators and faculty, leased some of the buildings at Serra Center for Girls on Washington Boulevard and prepared to open in September. The school, officially named Ohlone College in June 1967, opened with 20 full-time instructors and over 1900 students. The first class of 20 students graduated in June 1968.

A citizens committee studied sites for a campus and four were recommended. After prolonged debate, trustees purchased the Huddleson Ranch, passed a bond issue and designed a campus.



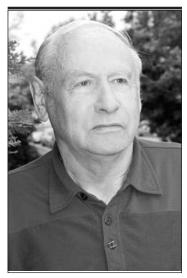
Ohlone College

priests. Classes began in January 1883 but the seminary was forced to close two years later. Mother Pia Backes purchased the property for the Dominican Sisters of San Francisco. The convent and school were dedicated to Saint Joseph and the name changed to the Josephinum in 1892. The Sisters opened a two-year Normal School in 1908. Queen of the Holy Rosary College was established in 1930 and the School of Music in 1947.

The Sisters of the Holy Family purchased the Palmdale property in 1948 and moved the Novitiate there from San Francisco. The new Novitiate was dedicated by Archbishop John J. Mitty in 1949 with special blessings from the Vatican. The College of the Sisters of the Holy Family moved here from San Francisco in 1971 to join the Novitiate and Motherhouse. The college had 143 students, and a total of about 300 in the religious community in 1975. The college provided a major in

Portable classrooms were not quite ready when school opened in September so chemistry classes were held at Our Savior Lutheran Church for a while. Six classes met in the old Mission San Jose School from 1969 to 1974. Evening classes met at Newark High School. The new campus opened in September 1974.

Several private colleges have been established in the Washington Township in recent years, some are technical or business schools and others designed to serve special educational needs. It is apparent that schools will change as needs and resources demand different types of educational institutions.

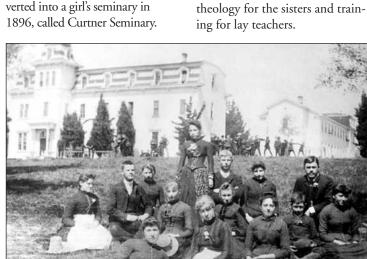


PHILIP HOLMES

PEEK INTO THE PAST

www.museumoflocalhistory.org

Photos courtesy of The Museum of Local History



Washington College

Keynote speaker Gov. Judy Martz returns to Prayer Breakfast

Every year, local leaders come together in an event patterned after the National Prayer Breakfast in Washington, D.C. It is designed as a time of prayer for our City, State and national leadership; a rededication of individuals to God.

Keynote speaker Judy Martz has had a life filled with adventure, competition, civic commitment and public service, from service as Miss Rodeo Montana to Governor of Montana. Judy Martz has responded positively to obstacles in life as well, donating a kidney to her ailing sister, then creating and chairing the organization that increased lifesaving donorship in the State of Montana.

> **Annual Prayer Breakfast** Friday, Apr 19 7 a.m. – 9 a.m. Fremont Marriott Hotel 46100 Landing Pkwy, Fremont www.flpb.eventbrite.com

Accepting nominations for Arts Leadership awards

SUBMITTED BY GUY ASHLEY

The Alameda County Arts Commission invites County residents to submit nominations for the 2013 Alameda County Arts Leadership Awards. This annual program enables the Alameda County Arts Commission to recognize five individuals, one from each of the five districts of the Alameda County Board of Supervisors, for their outstanding achievements and contributions impacting the arts community and the residents of Alameda County. Award recipients will be presented to the Alameda County Board of Supervisors by the Arts Commission.

Nominees must be residents of Alameda County. Nominees can be involved in any arts discipline including, but not limited to, music, dance, visual arts, literature, theater, film and video, traditional crafts and folk arts, and new media. Nominees may participate in a wide range of activities with an Alameda Countybased arts organization such as an artist, staff

or board member, volunteer, donor, supporter, advocate, etc. This award is open to all individuals, including youth, who live in Alameda County regardless of race, color, national origin, physical challenge, religious or political affiliations.

Nominations must be submitted by Alameda County residents. Each individual may submit one nomination. Nominations must include a description of the nominee's major achievements contributing to the arts in the community and the residents of Alameda County, the impact and results of the achievements, and other background information about the nominee's contributions to the Alameda County arts community such as what distinguishes the nominee from his/her peers or colleagues. Nominations are due on Wednesday, May 29 and must be submitted online at www.acgov.org/arts/awards.

The Members of the Alameda County Arts Commission will review the nominations in July. Award recipients will be recognized in early October in conjunction with the County's celebration of California Arts Day and National Arts and Humanities Month.

For more information, or to request the official nomination instructions, contact the Office of the Arts Commission at email: artscommission@acgov.org or phone: (510) 208-9646.

Hike to historic Honcharenko site

SUBMITTED BY MYRON FREEDMAN

Driving down Mission Boulevard, a sign indicates the Agapius Honcharenko historic site. Have you ever wondered what and where it is? Come out for a hike to the site of the farm and burial place of Ukrainian patriot and orthodox priest, Agapius Honcharenko (1832-1916) and his wife, Albina Citti Honcharenko, who came to Hayward in 1873. The two hour hike will take place on Saturday, April 6.

Agapius Honcharenko promoted human rights for all people, particularly his former countrymen in Russia-controlled Ukraine. He conducted Orthodox Church services on land near the couple's home while Albina held outdoor classes for local children. Honcharenko died in 1916 and was buried next to his wife under a tree near their home.

Hikers will meet at the trail access on Carden Lane, by Stonebrae Elementary School, near the intersection of Fairview Ave. and Hayward Blvd. Only last year, the East Bay Regional Park District officially opened the Carden Lane entrance to Garin Regional Park near the crest of Walpert Ridge. The hike is approximately three miles with a moderate climb at the beginning. The rest of the hike is easy

ups and downs along the ridgeline leading to the historic site. Weather permitting there will also be great views looking west toward Hayward, Garin Park, the Bay, and Coyote Hills. Dogs are allowed but must be on leash at all times.

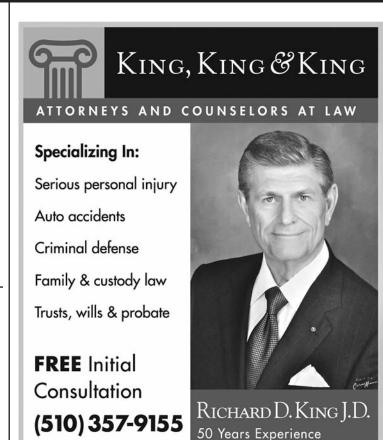
The Honcharenko hike is a "History Around Town" program of the Hayward Area Historical Society, which features lectures, workshops, concerts, special tours, and living history events at different sites and places in the Hayward area community.

For additional information regarding the hike, contact Johanna Fassbender at (510) 581-0223 or visit www.haywardareahistory.org.

> Hike to historic Honcharenko site Saturday, Apr 6

9 a.m. Trail access on Carden Lane (by Stonebrae Elementary School) Intersection of Fairview Ave. and Hayward Blvd., Hayward (510) 581-0223

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Testimonial 2

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BUSINESS

Exodus from bonds? Not yet

By Mark Jewell and MATTHEW CRAFT AP BUSINESS WRITERS

Market pros call it the Great Rotation. That's the long-awaited scenario when investors take their money out of bonds and sink it into stocks.

It was the buzzword this month when the Dow Jones industrial average reached a record high. The idea was that investors were confident enough in the economy to shed their financial crisis fears and leave the safety of bonds.

But it's not happening.

Money keeps flowing into bonds. Industry consultant Strategic Insight says U.S. bond mutual funds have attracted \$64 billion in cash in the first two months of the year, just below last year's pace of \$68 billion over the same period.

Stock mutual funds had net deposits of \$76 billion through February, according to the consultancy. While that is up sharply from \$14 billion a year earlier, the cash for stocks is not coming at the expense of

bonds, according to more recent snapshots of investment flows.

Instead, investors are withdrawing from money-market funds, which are often used as a parking spot for cash, according to EPFR Global.

"The expectations of a big exodus from bonds are way overblown," says David Santschi, CEO of TrimTabs Investment Research, a fund-tracking firm.

A stock market crash and recession have made bonds especially appealing since 2008, when the nation was in the throes of the financial crisis. The abundance of buyers has pushed bond prices up and sent yields lower, reducing interest payments to investors.

Even with low yields, bonds will continue to attract retiring baby boomers and others who want reliable income for daily expenses. The yield on the 10-year Treasury note _ a benchmark _ is hovering under 2 percent. Other types offer higher yields. Investment-grade corporate bonds yield 3 percent and riskier "junk" bonds yield just under 6 percent.

Money-market funds, meanwhile, yield 0.02 percent.

Still, the Dow's record surge is drawing more attention to stocks.

The blue-chip index broke through its all-time high March 5 and kept climbing. It's up nearly 11 percent this year and 122 percent from its bottom in March 2009. The broader Standard & Poor's 500 index is up 9 percent and is close to breaking its own record.

Investors added \$8 billion to U.S. stock funds and exchange-traded funds in February. And they're putting in more cash this month, as \$12 billion flowed into stock funds and ETFs through Tuesday, according to EPFR Global.

Bond funds, including ETFs, have pulled in nearly \$8 billion this

Much of the money flowing into stocks and bonds has come out of money-market funds. About \$32 billion has been pulled out of money

continued on page 36

Journalist's lawyer: Prank doesn't merit prison

By GARANCE BURKE ASSOCIATED PRESS

SAN FRANCISCO (AP), Prosecutors say a journalist conspired with hackers to cause an online security breach that should be punished by decades in prison. But online supporters say Matthew Keys was just taking part in a prank that briefly altered the Los Angeles Times' website and shouldn't be treated so harshly.

The case against Keys, 26, lays bare sharp divisions about what constitutes Internet crime and how far governments should go to stop it.

Congress wants harsh penalties doled out for these crimes because they don't want people defacing websites, but there has to be a way that we can bring the law into harmony with the realities of how people use technology today," said Hanni Fakhoury, an attorney at the nonprofit Electronic Frontier Foundation.

Keys, now a deputy social media editor for Reuters, was charged Thursday with conspiring with hacker group Anonymous to alter a Times news story in late 2010. Reuters has suspended him with pay.

The federal indictment accuses Keys of giving hackers the information they needed to access the computer system of Times' parent company, Tribune Co. Tribune also owns a California television station Keys had been fired from months earlier.

An attorney for Keys said he is not guilty, and that the government is overreaching in its zeal to prosecute Internet

"No one was hurt, there were no lasting injuries, no one's identify was stolen, lives weren't ruined," Jay Leiderman said Friday. "Mr. Keys was no different than any other embedded journalist. The story he was going after was inside this chat room, and he went there.'

Keys didn't return a phone call seeking comment. "I'm okay," he tweeted Friday in response to a journalism colleague wondering how he was doing.

Keys was suspended with pay late Thursday, said Reuters spokesman David Girardin, who did not elaborate. A spokesman for Tribune Co. declined to comment.

According to the indictment, a hacker identified only as "Sharpie" used information Keys supplied in an Internet chat room and altered a headline on a December 2010 Times story to read "Pressure builds in House to elect CHIPPY 1337." The reference was to another hacking group credited with defacing the website of video game publisher Eidos in 2011.

continued on page 36

Mass. teachers write online math textbook

AP WIRE SERVICE By Katina Caraganis SENTINEL & ENTERPRISE

TOWNSEND, Mass. (AP), When math teachers at North Middlesex Regional High School had a hard time finding affordable textbooks that reflect the new statewide Common Core curriculum, they decided to take matters into their own hands.

Teachers in the NMRHS Math Department, led by Chairman Ed Logiudice, produced their own textbooks when publishers' offerings didn't measure up or were too expensive.

And the texts are already being used in the classroom. Logiudice said when he and the other teachers finalized their plans for moving toward the Common Core curriculum, which started this school year, they immediately began researching textbooks to align with what they wanted to do.

'We called every textbook company we could," Logiudice said. "We had different professional development opportunities. We did not find a company that was making integrated math textbooks that reflected the new standards."

And even if there was such a textbook, he said, they're usually expensive. An average brand-new math textbook can cost well over \$125, he said, and to get the number the school would need, it would cost nearly \$45,000 a year for three years to swap out the old books with new ones.

"That's about \$135,000 worth of books I would need to purchase," he said. "We'd be asking the district to sink all that money we knew wasn't there to begin with."

That's where the idea came from to write their own books, a process that started last summer, he said.

'We write our own set of notes and homework assignments," he said. "We basically turned it into a new online textbook. This year's freshmen are the first class to use this model. We had made the decision this was the way to go. We knew we needed a textbook. A lot of us don't really use our textbooks because they're so old and out of date anyway."

All the notes and homework assignments are printed out and given to the students, but they're also placed on a website all the students can access from any computer.

continued on page 36

San Jose scientist charged with defrauding feds

AP Wire Service

SAN JOSE, Calif. (AP), The founder of a San Jose research company has been arrested on charges that he defrauded two federal agencies of about \$1.2 million by submitting overlapping grant applica-

The U.S. attorney for the San Francisco Bay area announced Friday that a federal grand injury has indicted Atlas Scientific President Ali Kashani on charges of wire fraud and money laundering.

The indictment alleges that the 52-year-old

Kashani received money from NASA and the National Science Foundation for the same research on a double-sized adhesive tape that would work in

Both agencies require applicants to disclose if they have already received or applied for small business grants involving similar research.

Kashani remains in custody and is scheduled to appear in court Tuesday.

The projects's principal investigator also was named in the indictment, but now lives in China.

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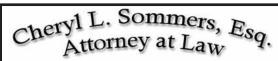
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Arts & Crafts in Shinn Park will return on Sunday, May 19 and welcomes all local artists and crafters to come and share their wares. Applications will be accepted for painting, photography, sculpture, ceramics, textile, and historic crafts, such as sewing, pottery, and wood carving. Works must be original and created by the exhibiting artist. Spaces will be on grass or asphalt; artists get first choice upon acceptance. 10' X 10' spaces are available for just \$10.

Wire grids will be provided for those who want them and there will also be access to a few tables; bringing a shade canopy is advised. Set up will be from 8 a.m. $-9{:}30$ a.m. with the event running from 10 p.m. -4 p.m. Participants should remain through the end of the event.

An application and more information can be found at www.missionpeakreporter.org, or contact Al Minard at (510) 552-4839 or alminard@comcast.net. Applications must be postmarked by May 9.

Don't miss this opportunity to show your arts and crafts and enjoy a day at the beautiful Shinn Park!

Book event

SUBMITTED BY JANET CRONBACH

"Warm Springs, Fremont" is the latest offering in Arcadia Publishing's popular Images of America series. Local authors, Philip Holmes and Patricia Wipfli Schaffarczyk, are historians at the Museum of Local History in Fremont. Together they have assembled the best images from the collections to tell the story of the once-tiny village of Warm Springs and nearby Drawbridge. Join us at the Fremont Main Library to learn more about this unique segment of Fremont's history, meet the authors, and get your signed copy of the book.

"Warm Springs, Fremont"
Saturday, Apr 6
10 a.m. - 2 p.m.
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1401
www.aclibrary.org

Park stories Photo Contest

SUBMITTED BY MONA KOH

Share your Regional Park photos and stories! The East Bay Regional Park District announces a new online photo contest, featuring park visitors' unique stories about how the Regional Parks have affected their lives. Entries consist of a photo and message (50 words or less). Winners will have the opportunity to see their work featured in East Bay Regional Park District publications.

The theme is: Earth Day is Every Day! Send your photo and story from volunteering in the parks - by April 11. Details can be found at: www.ebparks.org/features/Park_S

tories_Photo_Contest

Fremont student honored for role in youth arthritis awareness

SUBMITTED BY JOYCE BUSTINDUY

en year old Zack Soares will be honored by the Fremont Mayor Bill Harrison and the City Council Tuesday, April 2, 2013. Zack will be recognized for his service as the 2013 Tri-Valley Arthritis Walk Youth Honoree who has been serving as the face of children living with arthritis and raised awareness in the local community that kids get arthritis too. Though often considered an older person's disease, arthritis affects men, women, and children of all ages. In fact, there are currently 300,000 children in the U.S. living with arthritis.

Zack has lived with arthritis since 2007, more than half his young life. To control his arthritis, Zack takes powerful medications by infusion and travels with his family to Chicago several times a year to see a specialist. Despite the disease, Zack lives a happy and active life, even playing sports. Zack is filled with so much energy that there are few besides his amazing dog Patsy who can keep up with him. Soccer, baseball, cycling and even climbing the walls, Zack just loves to move. Looking at him today you might never guess that this active, bright kid is living with a form of arthritis called Dermatomyosis, or that not too long ago Zack was unable to run for more than 30 seconds without needing to rest.

Zack's Dermatomyosis appeared first as a rash. After almost three months of tests, pokes and prods, his family was finally given the name of the disease that would turn their lives upside down. Since his diagnosis in 2007, Zack has gone through more than a dozen different medications, a clinical study, many specialists, and countless tests.

For the past two summers, Zack has joined dozens of other children living with arthritis at the Arthritis Foundation's Camp Milagros, the only camp in northern California specifically for children living with arthritis.

Having the chance to meet other kids and adults just like him has helped to make Zack more confident and happier. Zack and his family continue to educate his friends, neighbors, and educators about arthritis. Zack's school, Brookvale Elementary, has been especially supportive and will be holding two



fundraisers for the benefit of Zack's Tri-Valley Arthritis Walk team, Team Zack Attack, and their own team, Team Brookvale Elementary.

The 2013 Tri-Valley Arthritis Walk will be on Saturday, May 4th at LifeStyleRx, 1119 E. Stanley Blvd., Livermore, CA. Registration and festivities will begin at 8 am and include a one or three mile walking course, entertainment, kids' activities, food, raffle prizes, arthritis education, and more. Funds raised through the Arthritis Walk support the Arthritis Foundation's continued work in research, education, programs and services, and government advocacy for the millions affected by arthritis. If you are interested in learning more about the Tri-Valley Arthritis Walk, please contact Beth Miller at (415) 356-5483 or at bmiller@arthritis.org. To get more information about the Walk, please visit: www.TVArthritisWalk.Kintera.org.

Arthritis Walk
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The Arthritis Foundation (www.arthritis.org) is committed to raising awareness and reducing the impact of this serious, painful and unacceptable disease, which can severely damage joints and rob people of living life to its fullest.

Kaiser Permanente receives top rating on Clinical-Quality Report

SUBMITTED BY JESSIE MANGALIMAN

For the fifth straight year, Kaiser Permanente is the only health plan in California to earn a 4-star rating — the highest possible — for overall quality of care in the annual Healthcare Quality Report Card from the California Office of the Patient Advocate.

Kaiser Permanente in both Northern and Southern California also received 4 stars in the "Patients Rate their HMO" category, which measures members' satisfaction with their total care and service.

The 2013 report card (online at http://reportcard.opa.ca.gov/rc2013/hmorating.aspx) provides California consumers with side-by-side comparisons of the largest health plans in the state (10 HMOs

and six PPOs), ranking them on national standardof-care measures that involve treatment and prevention of a range of acute and chronic conditions with significant implications for personal health.

"As we have throughout our history, Kaiser Permanente continues to innovate, transform and lead in changing times," said Gregory A. Adams, president of Kaiser Foundation Hospitals/Health Plan Inc., in Northern California. This year, Kaiser Permanente in Northern California earned 4 stars in all nine of the report-card categories for clinical care, including asthma and lung care, cancer screening, diabetes care, heart care, maternity care, mentalhealth care, and "getting the right care" for both adults and children.

For more information, go to kp.org/newscenter

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Young Lifers walk the talk. Actually, they do more than walk - they run, jump, dive, zip, dance... to share the Word and Faith in love and truth. Join Tri-City Young Life's Annual Fundraising Banquet on April 28. Please make your reservation by April 15. Dress is "California Casual."

> Young Life Banquet Sunday, Apr 28 6:30p.m. - 8:30 p.m. Fremont Marriott Hotel 46100 Landing Pkwy., Fremont (510) 505-1750 www.tri-city.younglife.org

Young Life celebration

SUBMITTED BY TRI-CITY YOUNG LIFE

Tri-City Young Life is active in various high schools and middle schools in the Tri-City area. It

TEENS TAKE ACTION to eradicate Relationship Abuse

By Erin Daly

At many Fremont schools, both students and parents focus almost exclusively on academic achievement over other interests, including dating. Teen relationships can sometimes seem incidental. However, many teens are dating and experiencing the highs and lows that can come with first relationships. Those lows might also involve experiencing abuse from a partner. Students at Mission San Jose (MSJ) and Irvington High Schools, concerned about the prevalence of relationship abuse among peers, launched a campaign during February, Teen Dating Violence Awareness Month, called "Stronger Than You Think" to begin a conversation about relationships - especially the difference between unhealthy and healthy ones.

The "Stronger Than You Think" campaign, made possible through a generous Kaiser Permanente grant, enabled Mission San Jose's Peer Resource group to collaborate with Safe Alternatives to Violent Environments (SAVE), a Fremont-based anti-domestic violence agency. Students began working on the campaign last year with a T-shirt design contest. The winning design and logo was created by Diane Yang, now a Mission grad. Her simple, uplifting logo and the words "You Are Stronger Than You Think" encourage community support for students experiencing dating abuse by recognizing their inner strength.

Types of relationship abuse may include, but are not limited to, attacking a partner's self-esteem, attempting to isolate him or her from friends and family, and using manipulation to take

away a partner's independence. Letting peers know that nobody deserves abuse and everyone is "Stronger Than They Think" promotes the radical concept that everyone has the right to be safe with their loved ones.

Mission San Jose's Peer Resource group hosted a T-shirt Giveaway Day on January 31. A series of "Wear Your Shirt Days" followed the initial Giveaway Day. Other student accomplishments include a Peer Resource-made video about the warning signs of dating violence and the cycle of abuse. Quest students Zuleijma Flores and Marlene Alvarez led awareness efforts at Irvington High School. Zuleijma and Marlene presented SAVE's "Loves Me, Loves Me Not" teen dating violence prevention presentation during an Advisory Period in February. Over 200 students attended and received "Stronger Than You Think" shirts.

SAVE hopes to continue collaborating with Fremont students to develop another campaign next school year. If you or someone you love is suffering from relationship abuse, SAVE offers free crisis intervention, support, and prevention services. For more information, please call SAVE's 24 hour crisis hotline at (510) 794-6055 or visit www.save-dv.org.

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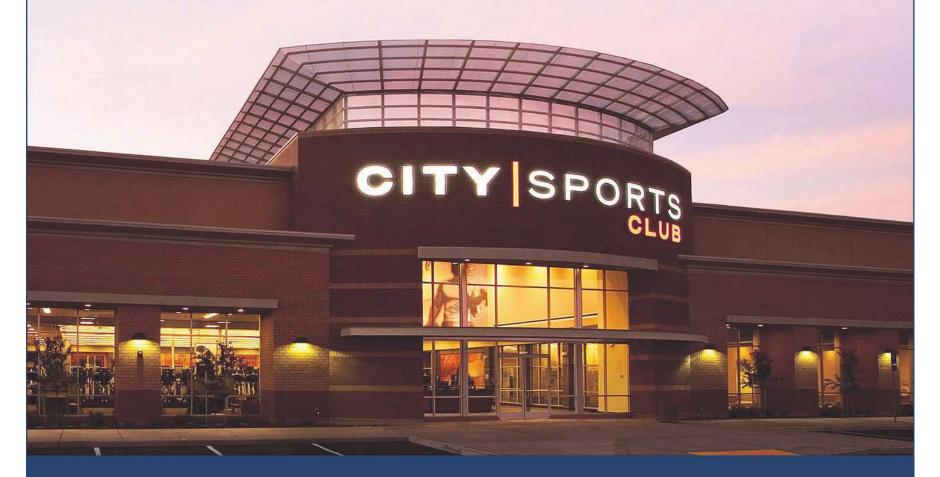
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continued from page 1





Hollywood advocate for Boldly Me Ruth Wilhoit.

Dream Achievers, a Fremont band that boasts autistic members and plays blues to Top Forty tunes, will perform along with comedian Sam Meeker, the Boldly Me Break Dancers and Baton Twirlers, among others.

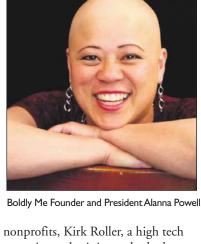
Since the organization officially received its nonprofit status last August, founder and President Alanna Powell of Fremont with a band of 35 dedicated volunteers has fielded hundreds of online requests through the Boldly Me website. People seek support as they deal with issues ranging from cancer to obesity to epilepsy to accidental burns. In February, Boldly Me launched its first series of classes, offering self-esteem, relaxation, yoga, communication and image counseling.

"I have so much knowledge of what it feels like to be different. I wanted to create a safe haven where people who feel different can relax, where they can heal and they don't have to fear being found out," says Powell.

Born with a full head of hair, Powell has lived with alopecia that started at age two, leaving her bald. For most of her life, Powell chose to hide her baldness underneath a wig; yet, a wig could not erase feelings of fear. When she was younger, she worried if she would ever find love because of her difference. When she revealed her baldness to the man who would become her husband, he tried to reassure her. "A weight lifted off of me," she recalls. "He tried to convince me that baldness wasn't that big of a deal."

The stepping stones for Boldly Me began in 2009 when Powell, an electrical engineer who was successfully operating an advertising firm and car-

ing for three young children, took a class from Stephen Goveia, a Bay Area CPA with a history of establishing startups and restructuring businesses in the U.S. and abroad. The class and foundation that Goveia established -86400 - signifies the number of seconds in each day. Designed for entrepreneurs, the course confronted Powell with questions challenging her to identify her passion and a legacy she wanted to leave on Earth.



executive and minister who had helped launch a number of nonprofits. By the time Redwood Systems restructured in November 2011, Powell was ready to focus on building her dream organization.

A contact from her advertising days, Debra Mitchell of Twisted Silver, began to spread the word in Hollywood circles, helping to gain support for Boldly Me



Actress Carolyn Hennesy will serve as Master of Ceremonies at "Boldly Me's Got Talent."

"My entire life had been a reaction to fear or sadness," Powell says, "or making decisions based on logic and family lineage, not from my inner passion, my drive to help change the world."

Rather than continue to react to the stimuli around her, she voiced her desire to create an organization to inspire people with differences to accept themselves, transforming from the inside out while the organization would work to change negative perceptions and insensitive attitudes toward people with differences.

For two years, Powell carried the dream of the organization; while working at Yahoo, she faced Justin Somaini, Yahoo CISO executive, who again challenged her to begin to realize her dream. When Stacey Leuzze, a Redwood Systems executive and friend, called to recruit her later that year, Powell was becoming more vocal about launching Boldly Me. Her friend promised to lend support to the dream, prompting Powell to change jobs. Through Leuzze, she met a mentor who could teach her about

from Hennesy, actress Ruth Wilhoit (also expected to attend the April 12 fundraiser) and others.

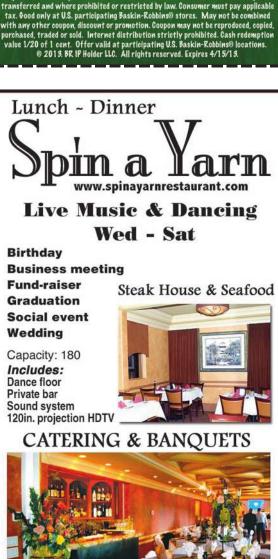
A seven-member board oversees the 501(c)3 nonprofit Boldly Me and includes Fremont Mayor Bill Harrison, who serves as treasurer. Other members include Keith Martin, Kristin Spitz, Margaret Andrews, Jason Yancey, Dave Barrow, and Powell.

"Boldly Me's Got Talent" is a great opportunity to support this wonderful local organization and help keep the dream going strong.

Boldly Me's Got Talent Friday, Apr 12 6 p.m. to 10 p.m. Marriott Fremont, Silicon Valley 46100 Landing Parkway, Fremont (408) 768-9257 info@boldlyme.org www.boldlyme.org

Tickets: \$100 (tax deductible)





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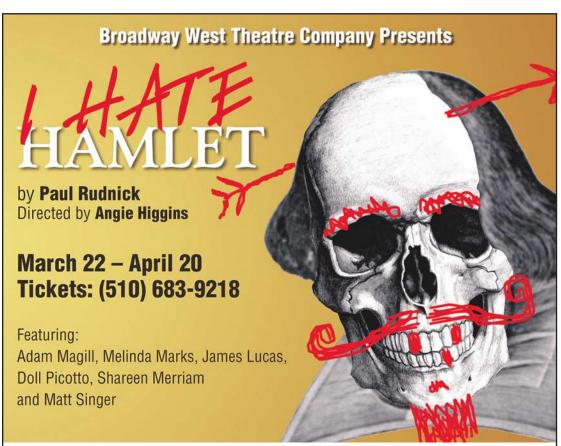


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Broadway West Theatre Company 4000-B Bay Street, Fremont



Milpitas Rotary Fishing Day

SUBMITTED BY FRANK DE SMIDT

Fifty 4th grade Rose School students were given tackle boxes and the use of fishing rods borrowed from Fishing In The City for their Milpitas Rotary Fishing Day on Saturday morning, March 9. Rotary members were assisted by 4th grade teachers, plus volunteer police officers, firefighters, and Milpitas High Interact Club members.

The event hosted by the Milpitas Rotary Club was held at Spring Valley Pond in Ed Levin Park capped by lunch with hot dogs, fruit salad, baked beans, chips, cookies, Debbie Giordano's brownies and bottled water.

The first catch was achieved by 4th grader Brian Tieng followed by fellow student Andrew Doung. Ashley got her whopper next. 4th grader Kendall Navarro caught the biggest trout and Thomas Flesner's catch completed the take of five big ones!

All five anglers received Evinrude Fishing Day shirts from Chair John Jay. Brian (first fish caught) and Kendall (biggest fish caught) were awarded fishing caps.

All the fish were cleaned and put on ice to be taken home later

The students are invited by their teachers to write about this year's event in a "Fish Tales" contest. Their es-





This year the pond was stocked with trout according to Rotarian Fishing Day Chair John Jay of Best Marine. Rotarians and volunteers helped students practice casting, assemble their hooks and bait, and assisted them with fishing.

Meanwhile, the cleaning station was set up and picnic area, grill, and tables were prepared for lunch. It took a while for the trout to start biting as small groups spread out all around the pond.

says can be actual or fictional. Winning authors will be recognized by their teachers and Milpitas Rotary at a future school assembly. First Lady Michelle Obama in an email response, congratulated previous 2011 Rose 4th grade students for their fine compositions. Rotarians, volunteers, and students were pleased with this year's event and the nice weather.



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HerWorld event encourages

women in technology

By Steve Taylor

Only about half of the population is working to solve the big problems in science, and that is not OK with everyone involved in "HerWorld 2013." Males dominate few fields today, but aerospace and technology remain a "boys club." After 408 female high school Juniors and Seniors attending the March 27th event at the NASA Aames Research Center at Moffett Field were through with their tours and training, that could change soon.

More than a few young ladies from the 13 selected high schools stretching from Watsonville to



Oakland left the sessions energized and ready to learn more about science, technology, engineering and math (STEM). Milpitas, Newark Memorial, Heyward, and Tennyson High schools were all represented by 45 female students each, the maximum invited from each school.

For the past nine years, Bay Area "HerWorld" annual expo has been sponsored by Devry University, Fremont campus, with the last three years held at active research sites. Careers in STEM are projected to grow seven percent faster than non-STEM occupations through 2018. Yet, the number of students enrolling in college in STEM-related degree programs is dropping, leaving a potential gap between in-demand STEM jobs and skilled professionals to fill them.

To help close that gap, DeVry University launched its STEM-Ready initiative to introduce more high school students, especially females, to STEM. HerWorld 2013 included in-depth tours of the NASA facilities and hands-



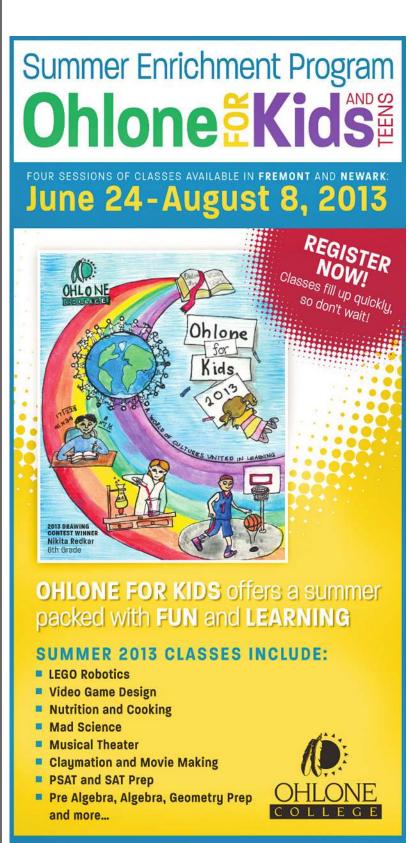
on training developing improved manned Mars landing vehicles designs, for example. Wait, ... manned? HerWorld might want another word for those missions.

When a group of young ladies from Newark Memorial High experimenting with methods to keep a simulated "astronaut" (golfball) from being ejected during atmospheric re-entry were asked if they wanted to be scientists, none raised a hand. When asked about their future plans, Rhicka, 17, said she wanted to be an architect. Alyssa, also 17, said she wanted to be a Registered Nurse. Teachers reading this are certainly screaming, "Those ARE sciences!" demonstrating just how far we are from showing young people the real scope of science.

Keynote speaker Deborah Feng, Associate Center Director, Mission Support at NASA AMES Research Center discussed women's success and potential in STEM related programs. Local science teacher, Susan Reneberg from Tennyson High, said she works hard to expose all her students, especially the girls, to science. "Every student has to find a science related professional and do a job shadow and turn in a report on the experience," Reneberg says. The tenured life sciences teacher, working at the same site since 1997, says she has fostered the love of science in "quite a few" female students who later went onto careers in the field.

Wayne Anthony, Director of Public Outreach at DeVry's Fremont campus and event organizer was cagey about 2014's Herworld expo's location but allowed, "It will be in the newest museum in the Bay Area."

Savvy lady sophomores and juniors should talk to their science teachers now and reserve a spot at next year's HerWorld. Solutions to tomorrow's problems depend on you!



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Page 20 What's Happening's Tri-City Voice April 2, 2013



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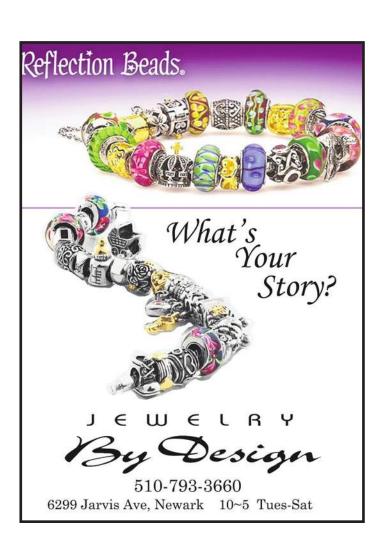
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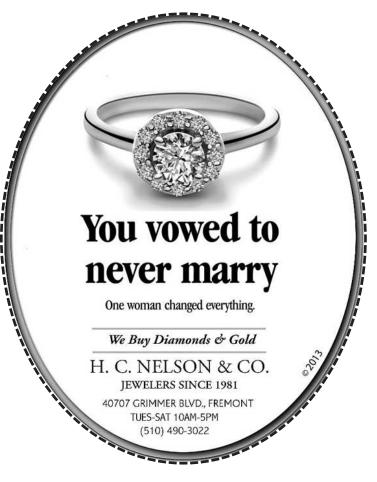
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Continuing Events

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10:30 a.m. - 12:30 p.m. Teen volunteers help seniors with electronic gadgets & computer basics Fremont Main Library

2400 Stevenson Blvd., Fremont (510) 745-1400

Monday, Feb 12 - Sunday, Apr 30 Tom Cain Memorial Photogra-

phy Exhibit Mon - Fri: 5 a.m. - 9 p.m. & Sat

– Sun: 7 a.m. - 3 p.m. Winning entries from the annual photography contest

Union City Sports Center 31224 Union City Blvd., Union (510) 675-5328

Wednesday, Feb 13 - Saturday, Apr 6

Children's Book Illustrators Ex-

11 a.m. - 5 p.m. Eleven Illustrators & sixteen books are featured

Sun Gallery 1015 E St., Hayward (510) 581-4050 www.sungallery.org

Thursday, Mar 7 - Friday, May 3

Hayward Arts Council Members' Spring Show

1 p.m. -3 p.m. Offerings from member artists Foothill Arts of the Bay Gallery 22394 Foothill Blvd., Hayward (510) 538-2787 www.haywardarts.org

Monday, Mar 12 - Friday,

Apocalypse & Adaptation: How Catastrophes Shape Society

11 a.m. - 4 p.m. Exhibit exploring the relationship between humans & catastrophes Cal State East Bay University, C.E. Smith Museum of Anthropology Meiklejohn Hall, Rm. 4047 25800 Carlos Bee Blvd., Hayward (510) 885-7414

Wednesdays, Mar 13 - Jun 12

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bers' Spring Show

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PhotoCentral 1099 E St., Hayward (510) 881-6721 www.photocentral.org

Thursday, Mar 22 - Sunday, Apr 20

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Friday, Mar 29 - Sunday, Apr 7

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Milpitas Community Center 457 E. Calaveras Blvd., Milpitas (408) 707-7158

Monday, Mar 29 - Friday, May 30

Mark Mertens Pastels 9 a.m. - 5 p.m.

Pastel work of Castro Valley artist Hayward City Hall 777 B St., Hayward (510) 538-2787 www.haywardarts.org

Sunday, Mar 31 - Saturday, Apr 6

Spiritual Discourse Series

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Washington High School 38442 Fremont Blvd., Fremont (510) 378-4137

Monday, Apr 1 – Friday, Apr 5 **Math and Science Education**

Spring Break Camp - R

1:30 p.m. - 4:30 p.m. Register at Children's Information Desk Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421

Monday, Apr 1 - Friday, Apr 5

FUSS Test Prep Camp \$R 5 p.m. - 6 p.m.

School district fundraiser Fremont Adult School 4700 Calaveras Ave., Fremont (510) 794-2538 www.fuss4schools.org

Monday, Apr 1 - Sunday, Apr

Spring Art Display

10 a.m. - 8 p.m. Pastel art works

San Leandro Art Association 300 Estudillo Ave, San Leandro (510) 635-5129

Monday, Jun 24 - Friday, Aug 8 Ohlone for Kids \$R

Summer enrichment program Registration begins April 1 Ohlone College 43600 Mission Blvd, Fremont (510) 742-2304

Monday, April 1: Registration begins

Monday, Jun 25 - Friday, Aug 8

Ohlone for Kids \$R

8 a.m. Summer enrichment program

Ohlone College 43600 Mission Blvd, Fremont (510) 742-2304

Tuesday, Apr 2

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Tuesday, Apr 2

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www.rei.com/fremont

2 p.m. Plant seeds for spring Fremont Main Library 2400 Stevenson Blvd., Fremont

Tuesday, Apr 2

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Tuesday, Apr 2

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Life Drawing - 2nd Thursday of each month \$20.00 Oil Painting with Chris Walsh 1st & 3rd Thursdays, 2-4pm - \$35.00 Watercolor with Grace Rankin Every other Monday, 1pm - 25.00



Fremont Art Association's Gallery 37697 Niles Blvd., Fremont, CA 94536 www.fremontartassociation.org

For more information contact Robyn at robynlyee@sbcglobal.net

A positive path for spiritual living

Unity of Fremont Sunday 10:00 AM



Rev. Ken Daigle **Senior Minister**

36600 Niles Blvd, Fremont www.unityoffremont.org 510-797-5234





510-794-5678

6170 Thornton Ave.,

Suite 1, Newark

Tuesday, Apr 2

Ask the Pediatricians

7 p.m. - 9 p.m. Q & A session about colds, flu & aller-

Prince of Peace School 38451 Fremont Blvd., Fremont (510) 789-8651

Wednesday, Apr 3 - Sunday, Apr 10

Special Students' Exhibit

11 a.m. - 5 p.m. Drawings by students of COIL Charter

Fremont Art Association 37697 Niles Blvd., Fremont (510) 792-0905 www.FremontArtAssociation.org

Wednesday, Apr 3

Wong Flew Over the Cuckoo's Nest \$

Performance tackles suicide among Asian American women

Smith Center 43600 Mission Blvd., Fremont (510) 659-6031

Wednesday, Apr 3

Guest Artist Demonstration

7 p.m. - 9 p.m. Steve Curl demos landscape painting Fremont Art Association 37697 Niles Blvd., Fremont (510) 792-0905 www.FremontArtAssociation.org

Thursday, Apr 4 - Sunday, **Apr 27**

Five Palettes

12 noon - 5 p.m. Watercolors of five Bay Area artists Olive Hyde Art Gallery 123 Washington Blvd., Fremont (510) 791-4357 www.olivehydeartguild.org

Thursday, Apr 4 - Saturday, Apr 6

Silicon Valley Regional Robotics Competition

8 a.m. - 6 p.m.San Jose State University 1 Washington Square, San Jose Email: Info@team2489.org Event is free of charge and open to the public

Friday, Apr 5

American Red Cross Blood Drive - R

11:30 a.m. - 4:30 p.m. Schedule an appointment. Use sponsor code: KAISERŪNION Kaiser Permanente

3555 Whipple Road, Union City (800) 733-2767

Friday, Apr 5

Open Mic Night \$

7 p.m. - 10 p.m. Music, comedy & poetry Joe's Corner 37713 Niles Blvd., Fremont (510) 896-8025

Saturday, Apr 6 - Saturday, May 11

Talking Eye Exhibit

11 a.m. - 3 p.m. Cell phone photography as an art form Adobe Art Gallery

20395 San Miguel Ave., Castro Valley (510) 881-6735 www.adobegallery.org

Saturday, Apr 6

Tartan Day Scottish Fair \$

10 a.m. - 5 p.m. Scottish music, dancing & crafts Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797

www.ebparksonline.org

Saturday, Apr -Sunday, Apr 7 Fremont Friend's of the Library **Book Sale \$**

Sat: 10 a.m. - 3 p.m. Sun: 12 noon - 3 p.m. Bring your own bag Fremont Teen Center 39770 Paseo Padre Pkwy., Fremont (510) 494-1103

Saturday, Apr 6

Twilight Marsh Walk – R

6:30 p.m. - 8:00 p.m. Easy stroll along the Tidelands at dusk SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222 ext 363

Saturday, Apr 6

Family Fitness Days \$

11:00 a.m. - 12:30 p.m. Interactive games & exercise Milpitas Sports Center 1325 E. Calaveras Blvd., Milpitas (408) 586-3225

Saturday, Apr 6

Poles for Hiking & Exercise \$R 10 a.m. - 4 p.m.

Achieve whole body fitness. Poles pro-

Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparksonline.org

Saturday, Apr 6

Compost Giveaway and Electronic Waste Drop-Off

9 a.m. - 3 p.m. Must be a Union City resident Tri-Ced Community Recycling 33377 Western Ave., Union City (510) 471-3850

Saturday, Apr 6

Movie Night \$

7:30 p.m. "The Mollycoddle," "Chemical Koko," & "Cowboy Sheik"

Niles Essanay Theater 37417 Niles Blvd, Fremont (510) 494-1411

Saturday, Apr 6

Human Trafficking Awareness

Symposium \$

8:30 a.m. How to combat modern-day slavery First Presbyterian Church of Newark 35450 Newark Blvd., Newark

(510) 673-6720 www.newarkpres.org

Saturday, Apr 6 **Family Scrapbook Making**

Workshop – R 2 p.m.

Instruction & supplies provided Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400

Saturday, Apr 6

Pinterest for Beginners

10:30 a.m. - 12:30 p.m. Use the computer to organize your visual

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400

PASSPORT APPLICATION





Milpitas Office of the City Clerk 455 E. Calaveras Blvd., Milpitas CA 95035 408-586-3003, or 408-586-3001

Passport Application – Acceptance Agency: City of Milpitas celebrates the 10th anniversary of providing passport application acceptance in the City Clerk's office! Upon this anniversary, we will better accommodate customers' needs by offering passport service by appointment.

APPOINTMENTS REQUIRED STARTING MONDAY, APRIL 8, 2013

call 408-586-3009 or send your request to passportappt@ci.milpitas.ca.gov

Hours available for appointments to submit passport applications for you or your children are 9:00 to 11:00 AM and 1:00

PM to 3:00 PM, Monday through Friday. Are you planning to travel abroad this year? All U.S. citizens are required to provide their current U.S. Passport to re-enter the USA. Turnaround time is approx. 4-6 weeks, after you apply, for your new passport to be mailed to you. Forms and more info. available online at www.travel.state.gov.



2013 State of the City Address & Showcase Mayor Al Nagy

Thursday, April 18 Hilton Hotel, 39900 Balentine Dr, Newark

11:00 a.m. to 12:00 p.m.

12:00 p.m. to 12:30 p.m.

12:20 p.m. to 12:30 p.m. 12:30 p.m. to 1:30 p.m.

Showcase Open (lunch ticket not req.) Welcome & Lunch Gallery Seating Open (no charge) State of the City Address

Registration & Networking

Reservations are required by April 16.

You may pay online at our Chamber Store at www.newark-chamber.com or fax (744-1003) with credit card information or mail with a check payable to the Newark Chamber of Commerce,

37101 Newark Blvd., Newark 94560. For additional information call 510-744-1000.

NEW SPONSOR OPPORTUNITES!

(Ask about our specially priced annual sponsor opportunities!) Platinum Event Sponsorship: \$1000: Includes table for 8, recognition at the event, full page ad or profile in the program & space for grand banner at the event. Gold Event Sponsorship: \$750: Includes table for 8, recognition at the event, half page ad or profile in the program & space for large banner at the event. Table Sponsorship: \$500: Includes table for 8, recognition at the event & quarter page profile in the program.

Program Sponsor: \$100: Includes lunch for 2, recognition at the event & quarter page profile in the program.

Fremont Children's Concerts orchestra performs

SUBMITTED BY SHANNON STOWE

Fremont Symphony Orchestra, under the music direction of Gregory Van Sudmeier, presented the 39th Annual Free Children's Concerts on Tuesday, March 26 at Ohlone College in Fremont. Concerts are geared to fourth, fifth, and sixth graders.

Since 1975, Fremont Symphony Orchestra's Children's Concerts have provided an opportunity for several thousand school-age children from public and private schools in Fremont, Newark, and Union City to hear live symphonic music—many for the first time. Concerts include original compositions by Fremont schoolchildren, professionally arranged and performed by the Fremont Symphony Orchestra. Winners of this year's Young Composers Competition whose compositions were performed included Garin Jankowski, 11, from St. Joseph School; Rahul Swaminathan, 12, from Ardenwood Elementary; Sasha Tang, 10, from Gomes Elementary; Tony Ma, 11, from Patterson Elementary; Irene Geng, 10, from Hirsch Elementary; and Aileen Chen, 10, from Mission Valley School.

In addition, Andrew Chang, one of the winners of the Symphony's Young Artist Competition performed a piece with the orchestra. Violin soloist Andrew, a 15-year-old sophomore at Mission San Jose High School, won Honorable Mention in the Fremont Symphony's 2012 Young Artist Competition. He won First Place in the Contra Costa String Competition, the US Open Music Competition and the Chinese Music Teachers of Northern California Competitions, and for several years has been a member of the California Youth Symphony. Andrew has studied violin for nine years and also plays piano and sings in a choir.

The Children's Concerts were conducted by Gregory Van Sudmeier. Sudmeier joined the Fremont Symphony Orchestra this season as Music Director

and Conductor. Founder of the Skywalker Symphony at LucasFilm, Sudmeier has contracted and performed in many film and recording projects. As guest conductor, Sudmeier has led the Oakland East Bay and San Jose Symphonies, and was touring conductor for the San Francisco Festival Pops. For twelve seasons he served as Music Director/Conductor for Peninsula Civic Light Opera (now Broadway by the Bay) in San Mateo and since 2005 has been Resident Musical Director of Hillbarn Theatre in Foster City. A northern California native, Sudmeier attended Eastman School of Music in Rochester, New York. He has served on the faculty of music programs at the University of Hilo, University of the Pacific and California State University East Bay, and currently is a faculty member at Notre Dame de Namur University.

The Young Composers Competition winners' musical compositions were arranged by Jeff Beal. Beal is an Emmy Award winning composer of music for film, television, recordings and the concert hall. Born in Hayward, he began studying trumpet in third grade at Castro Valley's Marshall Elementary School. A graduate of the Eastman School of Music, Beal wrote music for such TV shows as "Monk," "Ugly Betty," and "House of Cards" and has won three Emmy Awards.

The concert was Step 4 of Fremont Symphony's five-step revitalization plan, 5 Steps to 50 Years, a yearlong movement which also includes a series of meetings and parties scheduled throughout the year to ask for public opinion and the upcoming fundraiser Viva Las Vegas on April 20, 2013 to meet the goal of re-engaging the community and raising \$100,000 to kick off the 50th Anniversary Season in October 2013.

For more information on the Symphony's re-engagement events or to support the Symphony, visit www.fremontsymphony.org or call the Symphony office at (510) 371-4860.

Pasta Feed to defeat Parkinson's

SUBMITTED BY MELISSA BARRY

San Lorenzo Student to Host Pasta for Parkinson's on Saturday, April 6

San Lorenzo resident Sierra Verdin is sounding the dinner bell for a spaghetti feast in recognition of Parkinson's Awareness Month. She is hosting Pasta for Parkinson's on Saturday, April 6 to benefit the Parkinson's Disease Foundation (PDF) in honor of her grandfather who lives with the disease.

Ms. Verdin, 12, is a student at the KIPP Summit Academy in San Lorenzo. She has been passionate about helping others and organizing creative fundraisers since age seven, when she hosted a book sale for charity. After watching her grandfather cope with Parkinson's disease and witnessing how the disease limited his activity outside of his home, she was inspired to organize a benefit in his honor.

Parkinson's disease is a progressive neurological disorder that affects nearly one million people in the US. Although promising research is being conducted, there is currently no cure.

Working with the PDF Champions program, the grassroots fundraising arm of the Parkinson's Disease Foundation, Verdin hopes to exceed her fundraising goal of \$500 to help find a cure for Parkinson's. The family friendly spaghetti dinner will feature raffle prizes, donated by local businesses. Tickets to attend the dinner are \$10 and free for children aged five and younger.

"I just want my Papa to know that people do support him and love him. He is very fun and exciting. I think there are many people just like him who feel pent up in their homes because living with Parkinson's makes them feel nervous or uneasy about doing everyday things like me and you," Ms. Verdin remarks on her motivation for organizing the fundraiser.

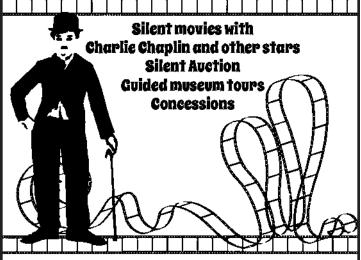
PDF Executive Director Robin Elliott said, "We are grateful for PDF Champions like Ms. Verdin who are dedicated to funding the most promising research and raising awareness about the impact of Parkinson's. Her efforts to help PDF improve the lives and futures of the nearly one million people across the country living with Parkinson's are inspiring."

For more information, visit: http://support.pdf.org/fundrasingbysierra or contact the Parkinson's Disease Foundation at (800) 457-6676, info@pdf.org or www.pdf.org.

Pasta Feed Saturday, Apr 6 6 p.m. – 10 p.m. Hayward Castro Valley Moose Lodge 20835 Rutledge Rd., Castro Valley Lodge: (510) 537-0830 http://support.pdf.org/fundrasingbysierra



Come and bring your friends and family to Unity Church of Fremont for "Silent Sunday"



Morning Celebration Service 10:00 AM with Rev. Ken Daigle Afternoon of fun at Essanay Silent Film Museum, 12 noon to 4 pm, 37395 Niles Blvd, Fremont

Unity honors the universal Truths in all religions. Listen to lively messages conveyed with irresistible enthusiasm. **Exciting and**

inspirational music.

Directions and more about Unity http://www.unityoffremont.org/

36600 Niles Blvd., Fremont



Double the Auditions Double the Fun! Auditions for Two Wonderful Shows!

April 21, 22, & 23 7pm~9pm

Please send time /show selection to judysjoint35@gma²¹



Audition forms and more info at www.stage1theatre.org

July 12th~27th **Kevin Hammond Director**



Sept 28th~Oct 13th Arlene Hood Director

Auditions, Rehearsals & Performances are located at The Newark-Memorial High School Theatre 39375 Cedar Blvd, Newark

FREE Adult Reading and Writing Classes are offered at the Alameda County Library

Tell A Friend Call Rachel Parra 510 745-1480

BOOKMOBILE SCHEDULE

Alameda County Renew books by phone (510) 790-8096 For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org.

Times & Stops subject to change

Tuesday, April 2 9:15-11:00 Daycare Center Visit -**FREMONT** 2:00-2:30 Daycare Center Visit -

FREMONT 2:30 - 3:25 Cabrillo School, 36700 San Pedro Dr., FREMONT 4:45 - 5:30 Baywood Apts. 4275 Bay St, FREMONT 5:50 - 6:30 Jerome Ave. and

Ohlones St., FREMONT

Wednesday, April 3

1:00 - 1:45 Hillside School, 15980 Marcella St., SAN LEANDRO 2:00 - 2:45 Eden House Apts., 1601 - 165th Ave., SAN LEANDRO 3:15-3:45 Baywood Ct., 21966 Dolores St., CASTRO VALLEY 6:00 - 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday, April 4

9:50 - 10:20 Daycare Center Visit -FREMONT 10:40-11:30 Daycare Center Visit -NEWARK 1:15 - 1:45 Stellar Academy,

38325 Cedar Blvd., NEWARK 2:00 -3:15 Graham School, 36270 Cherry St, NEWARK

Friday, April 5

9:45 - 11:15 Fame Charter School, 16244 Carolyn St., SAN LEANDRO 11:45 -12:15 7 TH Step, 475 Medford Ave., HAYWARD

2:00 -3:00 Hesperian School, 620 Drew St., SAN LORENZO

Monday, April 8 9:20-10:00 Daycare Center Visit -FREMONT 10:15-11:15 Daycare Center Visit -

FREMONT 1:45 - 2:45 Pioneer School, Blythe St. & Jean Dr., UNION CITY 3:05 - 3:25 Alvarado Elementary School, Fredi St. & Smith St., UNION CITY 4:15 - 4:45 Greenhaven Apts., Alvarado Blvd. & Fair Ranch Rd., UNION CITY 5:15 - 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday, April 9 10:00 -11:00 Daycare Center Visit -

UNION CITY 1:30 - 2:30 Mission Hills Middle School, 250 Tamarack Dr., UNION CITY 2:45 - 3:30 Purple Lotus Buddhist School, 33615 - 9th St., UNION CITY 4:50 - 5:30 Mariner Park, Regents Blvd. & Dorado Dr., UNION CITY 5:40 - 6:20 Sea Breeze Park, Dyer St. & Carmel Way, UNION CITY

> Milpitas Bookmobile stops Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060

Wednesday, April 3 1:45-3:00 Foothill School, 1919 Landess Ave., MILPITAS 3:15-3:45 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

Mission Hills Athletic Club GRAND REOPENING

March 30, 2013 (Saturday) 9am-9pm Address: 10 E. Las Palmas Ave. Fremont, CA 94539

Play tennis and workout in a Tahoe-like setting! 3 Courts, Fitness Classes, New Fitness Machines

Memberships available NOW! Special Grand Opening Promotional Pricing! Unlimited Tennis and Fitness or Fitness Only

Interested in info? Complete the INTEREST FORM online at:

http://tinyurl.com/Membership-Interest

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Full Day Camp \$210

3 or more children \$350 1/2 price for 2nd Child 1/2 Day Camps 9-12 or 12-3 I Call for prices!

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Limit one coupon per person per visit. Exp. 4/30/13 Not valid with any other offers, specials or discounts. Applicable taxes paid by bearer.

All you can eat Pizza is back every Wednesday 5pm - 8pm, only \$7.99 (includes Salad and Soda)

We deliver More than just Pi **Eggplant Parmigiana** and more

Catering Available

34765 Ardenwood Blvd., Fremont 510.797.1476



Annual Newark Soccer Cup competition

SUBMITTED BY FRANZ BRUCKNER PHOTOS BY MIKE HEIGHTCHEW

The 24th annual Newark Soccer Cup competition between the eight elementary schools in Newark took place in March. In collaboration between the Newark Soccer Club and the Newark Unified School District, both organizations worked

close 2-1 score. Jessica H. scored both goals giving Kennedy the early 2-0 half-time lead. However, Bunker's Arianna Perreira scored a goal off a free kick with 10 minutes left, to make the last part of the game very exciting. Kennedy Goal Keeper Sarah Lagan was able to preserve the lead, allowing Kennedy to take the championship. Midfielder Adrianna T. also played very well for Kennedy.



Snow 6, Milani 4

In the consolation match, Snow was pitted against Milani. This proved to be one of the most exciting matches in this year's Newark cup. Milani took a 3-0 half time lead on two goals by Savannah Rampola and one goal by Adriana Zarate. However, in the second half Snow came storming back on three goals by Fayth Hinojosa, followed by another two by Natalia Sanchez giving Snow a 5-3 lead in the second half. Then, Milani scored a fourth goal thanks to Valeria Virreuta pulling Milani within one goal. However, with only a few minutes left Michelle Gonzales scored for Snow to seal the victory for third place. For Snow, Lissette Mason chipped in with

closely to ensure a successful and fun tournament. All schools field both a boys and girls team. Schools are divided into two groups that play a round robin schedule. The top two teams of each group compete in a championship game while second place teams of each group play a consolation game.

Preliminary games were played in early March at the Newark Sports Field located at the Silliman center. In the girls bracket, Kennedy Elementary and Bunker Elementary finished at the top of their groups and earned the right to play in the final game at Newark Memorial (under the lights)., while the

consolation game pitted Milani Elementary against Snow Elementary. For the boys, it was Schilling Elementary against Snow Elementary in the final, while Kennedy Elementary played Lincoln Elementary for the consolation match.



Kennedy 2, Bunker 1 In the girls' final, Kennedy defeated Bunker by a





two assists, while Sierra Gonzales had one assist. Mason was also voted defensive MVP by her team.

Boys: Snow 4, Schilling 2

In the Boys final, Snow fell behind 1-0 against Schilling on a goal by Jaysen Delgado, but two goals by Snow's Haroun Danea followed by one goal each from Diego Chavez and Jordan Pardelrio each gave Snow a

4-1 lead. Schilling scored an additional goal when Christian Guerra scored, but Snow was able to hang on to win the championship by the score of 4-2.

Lincoln 4, Kennedy 3

In the consolation match Kennedy and Lincoln played a thriller that went into overtime. Lincoln took a 2-0 lead on two goals by Fidel Ochoa but Kennedy came roaring back to tie the game. Late in the second half, Kennedy took the lead, but Lincoln was able to tie the game in the late minutes, thanks to a goal by Cristian Garcia-Lopez. In the overtime period, Lincoln's Adrian Cortez scored what proved to be the winning goal in this 4-3 thriller. Jonathan Nguyen and Dakota Korfhage also had outstanding games defensively for Lincoln.

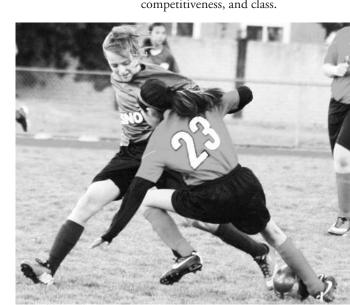
The 23rd Newark Cup Tournament ended on a very high note, with four very exciting games. All teams are too be congratulated for their sportsmanship, competitiveness, and class.

MISSION HILLS TENNIS CLUB

Fremont, California

Directed by Bill Patton - head tennis professional All Skill Levels (ages 9-18) • 10 & Under (ages 5-10) Full Day and Half Day Options Spring Break Camps (April 1-3 & April 3-5) Summer Camps (June 17-21, 24-28, July 8-12, 15-19, 22-26, July 29-Aug 2)

USSportsCamps.com | **1-800-NIKE CAMP** (1-800-645-3226)



Saturday, Apr 6

Ohlone Village Site Tour

10 a.m. - 12 noon Visit the 2,000 year old site Coyote Hills Regional Park 8000 Patterson Ranch Rd., Fremont (510) 544-3220 www.ebparksonline.org

Saturday, Apr 6

Volunteer Day: Ohlone Village Site - R

1:30 p.m. - 4:30 p.m. Help clean, weed & renew the structures.

Coyote Hills Regional Park 8000 Patterson Ranch Rd., (888) 327-2757 www.ebparksonline.org

Saturday, Apr 6

"Warm Springs, Fremont" **Book Signing**

10 a.m. - 2 p.m.

Meet authors Philip Holmes & Patricia Wipfli Schaffarczyk

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400

Saturday, Apr 6

Pasta for Parkinsons \$

6 p.m. - 10 p.m. Fundraising dinner & raffle Hayward-Castro Valley Moose 20835 Rutledge Rd., Castro Val-(800) 457-6676

Sunday, Apr 7

Bird Watching for Beginners

9:30 a.m. - 11:30 a.m. Dress warmly & wear comfortable shoes. Ages 10 + SF Bay Wildlife Refuge

1 Marshlands Rd., Fremont (510) 792-4275

Sunday, Apr 7

Holocaust Remembrance Day Service

7:30 p.m. Songs, poems & stories Temple Beth Torah 42000 Paseo Padre Pkwy., Fre-(510) 656-7141

Sunday, Apr 7

Trailing the De Anza Expedition - 236 Years Later - R

1 p.m. - 5 p.m. Visit historical places of importance by

Mission San Jose Museum 43300 Mission Blvd., Fremont (888) 327-2757 www.ebparksonline.org

Sunday, Apr 7

Guitarist Christopher Dean Performance

2:30 p.m. Celtic and American folk music Milpitas Library

160 North Main St., Milpitas (408) 262-1171 ext 3616

Sunday, Apr 7

Spaghetti & Meatball Feed \$

5 p.m. - 7 p.m. Hosted by Buon Tempo Italian American Club

Hayward-Castro Valley Moose Lodge 20835 Rutledge Rd., Castro Valley (510) 483-3779

Monday, Apr 8

Link to Jobs Workshop: Networking

7:00 p.m. - 8:30 p.m. Use library & online resources for your job search Fremont Main Library 2400 Stevenson Blvd., Fremont

(510) 745-1400 grooshan@aclibrary.org

Monday, Apr 8

Bingo Luncheon \$

12 noon Benefit for the American Cancer Society Eagles Hall 21406 Foothill Blvd., Hayward (510) 785-8174

Mondays, Apr 8 thru May 6 **Community Emergency Re**sponse Team - R

6:00 p.m. - 9:30 p.m. Learn emergency assistance procedures for Hayward residents Hayward City Hall 777 B St., Hayward (510) 583-4948

www.hayward-ca.gov

Track competition tightens this year



SUBMITTED BY MIKE HEIGHTCHEW

Even those that follow Mission Valley Athletic League (MVAL) track and expect a showdown between the Newark Memorial Cougars and James Logan Colts again this year, are taking note of the Mission San Jose Warriors. In a March 28 meeting with the Cougars, the Warriors hoped to pick up where they left off last year, a strong MVAL contender.

This year, Warrior speed was evidence of hard work in the off season as they stayed close and competitive with Cougar runners. The Cougars were unable to shake off the Warriors but, in the end, had a bit more firepower to prevail. Newark Memorial now looks toward a meeting with League rival, James Logan on April 10.

Notable achievements: JF Kennedy vs Logan

SUBMITTED BY MARY BRESSLER

March 22, 2013

James Logan H.S. Colts:

11th grade Dustin Lam broke Logan record in 200 IM 2:09:31 9th Grde antoinette Loya- New Logan Record in 500 free 5:27:20 9th Grade Noah Mabaloc 18 second improvement in 500 free

John F. Kennedy H.S. Titans:

Varsity Girls: Senior and team captain Samantha Torres, 2nd for the 50 free 26.60sec Varsity Boys: Riley Jacob improved his 200IM time by 2 seconds from last week JV Girls 50 free: 2nd(Cody Hale), 3rd(Jessica Becker), and 4th(Simmone Shah) JV Boys 50 free: 2nd (Riley Teft); 100 free 3rd(Nick Cutaia)



Logan vs American

Men's Tennis

SUBMITTED BY SHAWN DOLGIN

March 27 Logan 6, American 1

Varsity:

Kalvin Kwok (L) vs Rupjit Signh (A) - A 2-6 0-6 Anson Tjing (L) vs Hansan Syed (A) - L 6-1 6-1 Alvin Gao (L) vs Bobby Chittepu (A) - L 6-1 6-3 Sahil Markanday (L) vs Ravi Raval (A) - L 6-0 7-5

Corey Sugino-Sue (L)/Jason Sugino-Sue (L) vs Abhijit Brahme (A)/Rahol Patel (A) - L 6-0 6-1 JC Salamida (L)/ Caleb Kang(L) vs Chris Lam (A)/ Alex Tain (A) - L 6-4 6-0 Jefferson Jiang (L)/ Derek Doe (L) vs Michel Juri(A)/ Adaish Kadoot(A) - L 6-1 6-0

Junior Varsity - Logan def American: 4-3

Logan vs Mission Tennis Match

Men's Tennis

SUBMITTED BY SHAWN DOLGIN

Mission Defeats Logan 4-3 March 25, 2013

Varsity

Singles: Derek Doe (L) vs V. Avora (M) JC Salamida (L) vs G. Dzoan (M)

Alvin Gao (L) vs A. Lam (M) 6-1, 6-1

Mission: 1-6, 0-6 Mission: 1-6, 0-6 Logan:

Sahil Markanday (L) vs N. Goyal(M) Logan:

2-6, 6-4, 6-3

Doubles: Anson Tjing & Jason Sugino-Sue (L) vs I Jazz & J Hupons (M)

Logan: 6-4, 1-6, 6-4 Kalvin Kwok & Cory Sugin-Sue (L) vs S prkar & Chians (M) Mission: 1-6, 1-6

Jefferson Jian & Caleb Kang (L) vs A Addaraju & A. Son (M)

Mission: 4-6, 6-3, 2-6

Junior Varsity Logan Defeats Mission: 4-3

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City, State, Zip Code:						
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Business Name if applicable:						
☐ Home Delivery ☐ Mail						
Phone:						
E-Mail:	Authorized Signature: (Required for all forms of payment)					

PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG13671934
Superior Court of California, County of Alameda
Petition of: Iswar Dharapuram Ramamoorthy for
Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Iswar D Ramamoorthy filed a petition
with this court for a decree changing names as
follows:
Iswar Dharapuram Ramamoorthy to James Iswar
Visrael

Yisrael The Court orders that all persons interested in this Yisrael
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 06-14-13, Time: 8:45 am, Dept.: 504
The address of the court is 36000 Fremont Blvd. #153, Fremont, CA 94536
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Inter-City Expess Date: Mar. 19, 2013
C. DON CLAY
Judge of the Superior Court 3/26 4/2 4/9, 4/16/13

Judge of the Superior Court 3/26, 4/2, 4/9, 4/16/13

CNS-2461452#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. HG13670378 Superior Court of California, County of Alameda Petition of: Logeshkumaar Paramaswaran for Change of Name TO ALL INTERESTED PERSONS:

Petitioner Logeshkumaar Paramaswaran filed a petition with this court for a decree changing

names as follows: Logeshkumaar Paramaswaran to Logesh Nathanael Kumaar The Court orders that all persons interested in this

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. the petition without a hearing. Notice of Hearing: Date: 5-31-2013, Time: 8:45 AM, Dept.: 504

The address of the court is 24405 Amador Street Hayward, CA 94544

Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice Date: Mar. 8, 2013
C. DON CLAY
Judge of the Supplier Caust

Judge of the Superior Court 3/19, 3/26, 4/2, 4/9/13

CNS-2457330#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG13669870
Superior Court of California, County of Alameda
Petition of: Shiva Swaminathan & Suganthini
Shiva-Swaminathan parents, on behalf of Shaini
and Abishayan minors for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Suganthini R. Shiva-Swaminathan filed
a petition with this court for a decree changing
names as follows:
Suganthini Rajeswaran Shiva-Swaminathan to
Suganthini Rajeswaran Shiva-Swaminathan to
Suganthini Sugi-Rajeswaran Shiva
Shaini Saras Shiva Swaminathan to Shaini SarasValli Shiva

Suganthini Sugi-Rajeswaran Shiva-Swaminathan to Suganthini Sugi-Rajeswaran Shiva Shaini Saras-Shiva The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 05/24/13, Time: 8:45 am, Dept.: 504
The address of the court is 24405 Amado Street, Room 108, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Whats Happenings Tri-City Voice Date: Mar. 05, 2013
C. DON CLAY
Judge of the Superior Court 3/12, 3/19, 3/26, 4/2/13

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case No. HG13665777
Superior Court of California, County of Alameda Petition of: Chi Fong Yip for Change of Name TO ALL INTERESTED PERSONS:
Petitioner Chi Fong Yip filed a petition with this court for a decree changing names as follows: Chi Fong Yip to Francisco Yip The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:

Notice of Hearing: Notice of Hearing: Date: Fri 4/26/2013, Time: 8:45 am, Dept.: 504 The address of the court is 24405 Amador Street, Hayward, CA 94544

Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Whats Happenings Tri City Voice Date: Feb. 01, 2013
C. DON CLAY
Judge of the Superior Count

Judge of the Superior Court 3/12, 3/19, 3/26, 4/2/13

CNS-2455295#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG13669256
Superior Court of California, County of Alameda
Petition of: Jacob A Paine for Change of Name
TO ALL INTERESTED PERSONS:

TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a
decree changing names as follows:
Jacob Anthony Paine to Jacob Anthony Moller
The Court orders that all persons interested in this
matter appear before this court at the hearing indicated below to show cause, if any, why the petition
for change of name should not be granted. Any
person objecting to the name changes described
above must file a written objection that includes
the reasons for the objection at least two court
days before the matter is scheduled to be heard days before the matter is scheduled to be heard days before the matter is scireduled to be fiscated and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing: Date: Fri 5/24/2013, Time: 8:45 AM, Dept.: 504

The address of the court is 24405 Amador Street, Room 108, Hayward, CA 94544 A copy of this Order to Show Cause shall be published at least once each week for four sucpublished at least once each week for four suc-cessive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Whats Happening Tri City Voice Date: Feb 28, 2013 C. DON CLAY

Judge of the Superior Court 3/12, 3/19, 3/26, 4/2/13

CNS-2454359#

FICTITIOUS BUSINESS NAMES

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME
File No. 464313
The following person(s) has (have) abandoned
the use of the fictition; business name: Puniahi

the uonowing person(s) has (have) abandoned the use of the fictitious business name: Punjabi Royalty, 4541 Bartolo Terrace, Fremont, CA 94536
The fictitious business name statement for the partnership was filed on 04/23/2012
Puja Verma, 4541 Bartolo Terrace, Fremont, CA 94536
This business was conducted by:

This business was conducted by:

S/ Puja Verma This statement was filed with the County Clerk of Alameda County on March 27, 2013. 4/2, 4/9, 4/16, 4/23/13

CNS-2465604#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 476442
The following person(s) is (are) doing business

Auto Mall Smog Test Repair, 43026 Christy St., Fremont, CA 94538, County of Alameda. Thu Nguyen, 1641 Tierra Buena Dr., San Jose, CA 95121.

This business is conducted by an individual. The registrant(s) commenced to transact business under the fictitious business name or names listed

above on N/A.

I declare that all information in this statement is

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crine.) (s/ Thu Anh Nguyen This statement was filed with the County Clerk of Alameda County on March 22, 2013. NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. the expiration.
The filing of this statement does not of itself autho-

rize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/2, 4/9, 4/16, 4/23/13

CNS-2465595#

FICTITIOUS BUSINESS NAME STATEMENT File No. 476474 The following person(s) is (are) doing business

as:
JR Heating & Cooling Systems, 22455 Western
Blvd., Hayward, CA 94541, County of Alameda
Andrew R. Valderrama, 22455 Western Blvd.,
Hayward, CA 94541
This business is conducted by an Individual.
The registrant(s) commenced to transact business
under the fictitious business name or names listed
ahove on N/A.

The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

Is/ Andrew R. Valderrama

This statement was filed with the County Clerk of Alameda County on March 22, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/2, 4/9, 4/16, 4/23/13

CNS-2465008#

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business

as: AAA Cleaning Service, 2844 Romagnolo St., Hayward, CA 94541, County of Alameda Sylvia Moore, 2844 Romagnolo St., Hayward, CA 94541

Diane Wade, 355 Joaquin Ave. #463, San Leandro, CA 94577 This business is conducted by a General Partnership.

The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be

true information which he or sne knows to be false is guilty of a crime.) /s/ Sylvia Moore This statement was filed with the County Clerk of Alameda County on March 12, 2013. NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five

years from the date it was filed with the County Clerk, except as provided in Section 4700011 years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before

Business Name Statement must be filled before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/2, 4/9, 4/16, 4/23/13

CNS-2465003#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 476554
The following person(s) is (are) doing business

as: Diamond Spa, 43446 Grimmer Blvd., Fremont, CA 94538, County of Alameda; Mailing Address: 39918 Lindsay McDermott Ln., Fremont, CA 94538

39918 Lindsay McDermott Ln., Fremont, CA 94538
Sherry B Qi, 39918 Lindsay McDermott Ln., Fremont, CA 94538
This business is conducted by an Individual.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 3-26-2013.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
Is/ Shery B. Qi
This statement was filed with the County Clerk of Alameda County on March 26, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

business Name Statement must be mice before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/2, 4/9, 4/16, 4/23/13

CNS-2464921#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 476031
The following person(s) is (are) doing business

as:
Fremont Unified Student Store (FUSS), 47000
Warm Springs Blvd., #266, Fremont, CA 94539,
County of Alameda
Fremont Unified Student Store (FUSS), 47000
Warm Springs Blvd., #266, Fremont, CA 94539;
Celifornic March Store (FUSS), 47000

This business is conducted by a Corporation. The registrant(s) commenced to transact business under the fictitious business name or names listed

above on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be

false is guilty of a crime.)
/s/ Ivy Wu, President
This statement was filed with the County Clerk of
Alameda County on March 13, 2013.
NOTICE-In accordance with Section 17920(a), a NOTICE-In accordance with Section 1792/ug), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 1792/ug), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration the expiration. The filing of this statement does not of itself autho-

rize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/2, 4/9, 4/16, 4/23/13

FICTITIOUS BUSINESS

NAME STATEMENT
File No. 476459
The following person(s) is (are) doing business

as: MTL, 4200 Bay St. Apt. 205, Fremont, CA 94538, County of Alameda Gurjit S. Mann, 4200 Bay St. #205, Fremont, CA 04539 Gurjit S. CA 94538

CA 94938
This business is conducted by an individual
The registrant(s) commenced to transact business
under the fluidious business name or names listed

above on N/A
I declare that all information in this statement is

above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

Is/ Gurjit S. Mann
This statement was filed with the County Clerk of Alameda County on March 22, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictifious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/2, 4/9, 4/16, 4/23/13

File No. 476356
The following person(s) is (are) doing business

Arise Church, 42828 Albrae Street, Fremont, CA 94538, County of Alameda Fremont Chinese Evangelical Free Church, California, 42828 Albrae Street, Fremont, CA

This business is conducted by Corporation
The registrant(s) commenced to transact business
under the fictitious business name or names listed

declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be

true information which he or she knows to be false is guilty of a crime.)
/s/ Thomas To, Vice President
This statement was filed with the County Clerk of Alameda County on March 21, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

the expiration. The filing of this statement does not of itself autho

rize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 4/2, 4/9, 4/16, 4/23/13

CNS-2463610#

FICTITIOUS BUSINESS NAME STATEMENT File No. 475600 The following person(s) is (are) doing business

as: JJSHRI, 2090 Warmspring Ct, Suite 280, Fremont, CA 94539, County of Alameda Aryna Chetal, 45319 Whitetail Ct., Fremont, CA

JJSHRI, 2090 Warmspring Ct, Suite 280, Fremont, CA 94539, County of Alameda Aryna Chetal, 45319 Whitefail Ct., Fremont, CA 94539
This business is conducted by an individual The registrant(s) commenced to transact business under the fictitious business name or names listed above on NIA
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
Is/ Aryna Chetal
This statement was filed with the County Clerk of Alameda County on March 05, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 1441) et seq., Business and Professions Code). 4/2, 4/9, 4/16, 4/23/13

FICTITIOUS BUSINESS NAME STATEMENT

File No. 476228 The following person(s) is (are) doing business

as:
Darling Design, 33308 Jamie Cir., Fremont, CA
94555, County of Alamed
Darling Design, California, 27779 Pleasant Hill
Ct., Hayward, CA 94542
This business is conducted by a Limited liability

company The registrant(s) commenced to transact business

under the fictitious business name or names listed above on N/A I declare that all information in this statement is

true and correct. (A registrant who declares as true information which he or she knows to be

false is guilty of a crime.)
/s/ Dan Fowler, C.E.O.
This statement was filed with the County Clerk of Alameda County on March 18, 2013
NOTICE-In accordance with Section 17920(a), a Foliations. Notes Statement was filed. NOTICE-In accordance with Section 1792/ld), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration

the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 3/26, 4/2, 4/9, 4/16/13

FICTITIOUS BUSINESS NAME STATEMENT File No. 475905 The following person(s) is (are) doing business

The following person(s) is (are) doing business as:

Chutian International Culture & Arts Exchange Inc., 36359 Magellan Dr., Fremont, CA 94536, County of Alameda.

Chutian Group Inc., 36359 Magellan Dr., Fremont, CA 94536; California #3430594

This business is conducted by a corporation. The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

Is/ Min Song, President

This statement was filed with the County Clerk of Alameda County on March 11, 2013.

NOTICE-In accordance with Section 17920(a), a Ficitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself autho-rize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 3/26, 4/2, 4/9, 4/16/13

CNS-2460315#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 475766 The following person(s) is (are) doing business

Bombay Pizza House, 4922 Paseo Padre Pkwy., Fremont, CA 94555, County of Alameda; 30730 Canterbury Ct., Union City, CA 94587 G & G Food Inc., 30730 Canterbury Ct., Union City, CA 94587; California This business is conducted by a correction This business is conducted by a corporation

The registrant(s) commenced to transact business under the fictitious business name or names listed

Is/ Gursewak Singh Gill, CEO/Owner This statement was filed with the County Clerk of Alameda County on March 7, 2013
NOTICE-In accordance with Section 17920(a), a Ficitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

business Name Statement must be mice before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 3/19, 3/26, 4/2, 4/9/13

CNS-2459091#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 475932 The following person(s) is (are) doing business The Virtual Associate, 2411 Jackson St., Fremont, CA 94539, County of Alameda; P.O. Box 1033, Fremont, CA 94538 Navneet Pannu, 244 Jackson St., Fremont, CA

94539
This business is conducted by an individual
The registrant(s) commenced to transact business
under the fictitious business name or names listed
above on January 1, 2013
I declare that all information in this statement is

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

Is Navneet Pannu

This statement was filed with the County Clerk of Alameda County on March 11, 2013

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 3/19, 3/26, 4/2, 4/9/13

CNS-2458304#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 475274
The following person(s) is (are) doing business

File No. 475274
The following person(s) is (are) doing business as:

Amaran Consulting, 38524 Athy Ct., Fremont, CA 94836, County of Alameda
Ami Jagdish Biligiri, 38524 Athy Ct., Fremont, CA 94536
This business is conducted by an individual
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

//s/Ami J. Biligiri
This statement was filed with the County Clerk of Alameda County on February 25, 2013
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(a), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 3/19, 3/26, 4/2, 4/9/13

CNS-2457465#

CNS-2457465#

FICTITIOUS BUSINESS

NAME STATEMENT
File No. 475437
The following person(s) is (are) doing business

as: The One Construction, 2755 Country Dr. #135, Fremont, CA 94536, County of Alameda. Brandon Hyok Lee, 2755 Country Dr. #135, Fremont, CA 94536. This business is conducted by an individual.

The registrant(s) commenced to transact business under the fictitious business name or names listed above on 02/26/2013.

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be

true information which he or she knows to be false is guilty of a crime.)

//s/ Brandon Hyok Lee
This statement was filed with the County Clerk of Alameda County on February 28, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 3/12, 3/19, 3/26, 4/2/13

CNS-2454358#

GOVERNMENT

CITY OF UNION CITY NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that public hearings will be held by the City of Union City for the purpose of considering the following project applications: <u> Use Permit (UP-13-006)</u> The applicant, Huilling Huang, is seeking Use Permit (UP-13-006) approval to establish an art and music tutoring center at 33444 Alvarado-Niles Rd (APN: 475-100-36), which is located in the MS, Special Industrial 7-3-5

Notice is also given that this project is exempt under Section 15301, Class 1, Existing Facilities, of the California Environmental Quality Act

PLANNING COMMISSION MEETING Thursday, April 18, 2013

Special Industrial, Zoning District

Said hearing will be held at 7:00 p.m. In the Council Chambers of City Hall, 34009 Alvarado-Niles Road, Union City.

For further information on the above application, contact Avalon Schultz, Senior Planner, at (510) 675-5321. Written comments regarding this project should be received by the Planning Division prior to Thursday, April 18, 2013.

City Hall is accessible by Union City Transit lines 1A, 1B, 3, 4 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please contact: Union City Transit at (510) 471-1411, AC Transit at (510) 891-4777, or BART at (510) 465-2278. Joan Malloy Economic and Community Development

CNS-2466050#

General Plan update

SUBMITTED BY SARA BUIZER

As part of the General Plan Update, the City of Hayward is looking for opportunities to improve the overall health and well-being of the community whose members are invited to participate in a workshop at City Hall to share their ideas about making Hayward a healthier place to live.

Health-related issues for discussion may include public safety, smoking, obesity, health care facilities, environmental quality, healthy housing, healthy foods, walking and bicycling, safe streets, community gardening and recreation. Adults, youth, businesses, community groups, institutional representatives and community members who live or work in the Hayward community are invited to attend and participate. Spanish translation will be available.

For more information about the workshop or the General Plan Update, visit www.Hayward2040.org

> Wednesday, Apr 10 7 - 9 p.m. City Hall, 777 B Street, Hayward www.Hayward2040.org

General Plan Update Workshop

Indecent exposure incident



On March 21, 2013, at about 11:38 a.m., an indecent exposure incident occurred at the northwest corner of Hall Memorial Park near the restrooms. The 6 year-old victim was walking to school with a family member when she noticed a man standing outside of the bathroom. The man exposed his genitals to the victim and fled the area on a bicycle. He was described as a Hispanic or Filipino male, approximately 30 yearsold, having black wavy hair, wearing a brown hooded sweatshirt and dark colored jeans. Officers checked the surrounding area but were not able to locate the suspect.

SUBMITTED BY SGT. F. MORALES, MILPITAS PD

This morning, March 22, officers were deployed in the area near Hall Memorial Park to try and locate and identify the suspect. An officer patrolling N. Abbott Ave, which is two blocks away from Hall Memorial Park, stopped and detained a bicyclist who matched the description of the suspect from yesterday's incident. The

person was identified as Andres Calel-Toc, a Milpitas resident. During the course of the investigation, it was determined Andres Calel-Toc was the same person who exposed his genitals to the victim. He was arrested and booked into Santa Clara County Main Jail for indecent exposure. We are asking anyone who has any information regarding this investigation or any other information

regarding criminal activity to call the Milpitas Police Department at (408) 586-2400. Information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department website at: http://www.ci.milpitas.ca.gov/government/police/crime_tip.asp

OPINION



WILLIAM MARSHAK

n my undergraduate days, I traveled from California to attend a college in Lthe Midwest. A product of West Coast upbringing and sensibilities, I discovered another world, different in geography, politics and emotional content. Memories that remain with me include a quote from a Quaker sea captain, prominently displayed in the dining hall: "They gathered sticks, and kindled a fire, and left it burning..." Now, decades later - working in a profession that I never dreamed of pursuing - I can relate to the undertone of its message. The fires of my youth were a prelude to my current self; hidden within the shadows of that fire were the seeds of my future.

In many ways, our political landscape is composed of light and shadow. We are creating our own firelight which may serve us well for many years or require modification to reveal additional opportunities currently hidden in the shadows. One subject, among many, that has been shelved by Fremont for years is a review of viable, practical and efficient alternatives to the current government structure for the City. In the last brief discussion

A game of shadows

of the merits of a charter city, those most insulated within the current system dismissed the subject with little opposition or dialogue. However, as the City of Fremont grows and becomes more complex, this subject should be revisited.

For many, the shadows of Fremont's government are filled with questions. What is a charter city? Why do so many large cities employ this form of government if the one-size-fits-all General Law City is superior? How can a charter benefit the City? What will a change to a different form of government add or detract from the current system? Will a strong mayoral form of government be beneficial? Should councilmembers be recognized, serve and be paid for full-time service? Who should control the City... professional staff or elected officials?

While visionaries may see beyond the light cast by the flames of their lives, all of us project both light and shadow. It is both comforting and disconcerting to understand that what we all do today for ourselves, our families and our communities, has a similar effect as the flames of a fire. They can move in a purposeful manner, determined by how a fire is set and tended, but also randomly, influenced by less recognized patterns.

The desired effect of light, heat and protection afforded by a fire can be beneficial in one moment and detrimental the next. Lighting the fire provides opportunity and flexibility but not certainty of the direction it will take when others try to use it. Like starting a fire, the vision of a beneficial community government is pliable, subject to change. The "fire" is lit but its intent and what is hidden in shadows may be difficult to contain or

relegate to a single, inflexible pattern.

Firelight captures and focuses attention on what is revealed, but this is a dynamic vision revealing information in one moment that may be unclear the next. In the same way, what was clearly useful in the past may not be as appropriate in the future. Film directors, magicians and those committed to a particular point of view are aware of this and focus attention in a singular manner that allows surprise and opportunity from the shadows. Some use shadows to obscure while others know how and when to direct light, revealing new perceptions and ideas.

It is time to examine what lies within the shadows of our government and determine whether a new focus will expose opportunities for growth and new vision or just another scary special effect.

Mayor Harrison's State of the City speech ended with the statement, "We're building on the past, as we prepare for the future." We have gathered sticks, kindled the fire; now is the time to see what we are going to leave burning for the next generation.

William Mandale

William Marshak PUBLISHER

Fund a cure for Lou Gehrig's Disease with state income tax contributions

SUBMITTED BY CARRIE MUNK

This tax season, Californians have an opportunity to make a difference in the fight to defeat Amyotrophic Lateral Sclerosis (ALS, also known as Lou Gehrig's Disease) by giving \$25 or more to the ALS/Lou Gehrig's Disease Research Fund on line 414 of their state tax return.

The four California chapters of The ALS Association have launched a grassroots, public awareness campaign about the disease to inform taxpayers that they can make a donation on state tax returns to support cutting-edge research to discover new ALS treatments and a cure. The "Get the 414 on ALS" campaign seeks to inform both Cali-

fornia taxpayers and tax preparers that regardless of income, any state resident can help conquer ALS. More information about the campaign is available online: www.get-the414onALS.org.

Amyotrophic lateral sclerosis (ALS, also known as Lou Gehrig's Disease) is a progressive, neurodegenerative disease that causes people to lose their ability to walk, speak, swallow and eventually to breathe; while in most circumstances, all five senses and mental functions remain intact. Once diagnosed, most people with ALS survive an average of two to five years. Currently, there is no known cause and no known cure. However, scientific advancements identifying new genes and drug pathways

are vital to revealing new targets for treatment and are occurring at an unprece-

California is one of 41 states allowing all taxpayers to make a voluntary, tax-deductible contribution to one or more worthwhile causes in the "contributions" section of the state tax return. Every year, the organizations must raise a minimum of \$250,000 or be removed from the tax form. Even a small donation will have a significant impact on funding programs that support a range of important issues from medical research to the environment; reduction of violence and child abuse; to assistance to seniors; and honoring our men and women in uniform.





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LETTERS POLICY

Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

I Prasanna **Vasudev Bhandary** would henceforth be called Prasanna **Bhandary**'

Hedge fund manager charged in US captured in Italy

AP WIRE SERVICE

LOS ANGELES (AP), U.S. authorities in California say a fugitive German hedge fund manager has been arrested in Italy for allegedly orchestrating a stock manipulation scheme that led to at least \$200 million in losses to investors across the world.

Federal prosecutors say 53-year-old Florian Wilhelm Jurgen Homm was arrested Friday at the Uffizi Gallery in Florence. Homm has been charged in Los Angeles with four counts, including conspiracy to commit wire fraud and conspiracy to commit securities fraud.

Homm founded a company that managed nine hedge funds. Authorities say he directed the hedge funds to buy billions of shares of penny stocks and the funds traded them among themselves.

Prosecutors say Homm eventually dumped millions of dollars worth of his own shares, which caused at least \$200 million in losses to investors.

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published.

tricityvoice@aol.com

By Andrea Glassberg, MD, PhD

If I told you that I had a favorite method to enhance my overall health throughout the day, would you give it a try?

It won't cost you a cent. All you need are some sturdy shoes and a couple of extra minutes to spare (And your physician's OK).

My not-so-secret routine? Stair climbing. It began as a way to beat the crowds at

But the more I took the stairs, the more I realized that there were numerous health benefits—and that I could share them with my patients who were either new to exercise, or who wanted to layer on an added cardio

Like me, you can fit in stair climbing at the office, hotels or airports when you travel, or in public places ranging from parks and museums to department stores.

There's no monthly fee. No special exercise equipment is required. You can go up and down hundreds of steps—or just a few. It can be a solitary activity, or a means to socialize with friends and colleagues (Just be sure to do it safely, using handrails, not

Climbing to Health

rushing, and avoiding any distractions).

Beyond the cardio workout and prevention of heart ailments, there are other benefits of stair climbing. Not surprisingly, first on the list is weight reduction. With more than two-thirds of American adults overweight or obese, it's clear that we need to start making time for our health—and stair climbing is a step in the right direction.

A 155-pound person burns 281 calories in 30 minutes of climbing stairs. While that may not seem like a lot of calories, it's the same number you would burn if running 5 miles per hour, and even more than if you were walking on a flat surface (And think of

the calories burned if you climbed daily!). In addition, stair climbing is a great activity for blood circulation, as well as for building strength in and toning your gluteal muscles, hamstrings, quadriceps, and calves. Strengthening these muscles can reduce your risk of injuries and promote increased bone density.

Finally, stair climbing can be good for stress reduction. On the job these days, it's hard to get away from distractions like email, smart phones, and instant messaging.

Climbing stairs is a way to unplug and reclaim a little time for yourself in your day.

The lift you might feel in your mood and thinking is actually a benefit of increased amounts of the hormones adrenaline and noradrenaline that climbing release.

My patients are sometimes surprised at how challenging stair climbing can be—at

That's because climbers use specific, under-used leg muscles, while their lungs are hard at work, too.

As a result, I recommend starting out with just a flight or two at a relaxed pace. Add a flight every week or so, and increase your pace when you're able. Stair climbing is like other exercise activities in that you'll be

motivated to do more if you set a firm goal. If you find it too dull or onerous, listen

to some music. As for me, I like the quiet when stair climbing—the better to hear my strong footsteps, beating heart, and healthy breathing.

Andrea Glassberg, MD, PhD is a Pulmonary and Critical Care physician at Kaiser Permanente East Bay



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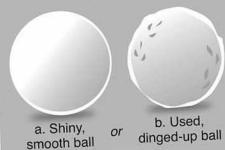
NO

ROCKET PROPELLED GOLF BALLS

YOU ARE ABOUT TO ENTER THE STEMN ZON

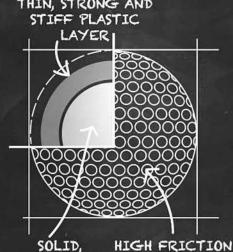
STEM stands for science, technology, engineering and math. Chevron and the United States Golf Association (USGA) are bringing science to life by showing how STEM studies play a big role in the game of golf. This page is the second in a series of special Kid Scoop pages created through this partnership.

FUEL FOR THOUGHT WHICH IS THE **BETTER GOLF** BALL?



Through the years, players discovered that golf balls with dings and dents flew farther. Those bumps and dents reduce wind resistance causing balls to travel farther.

ANATOMY OF A GOLF BALL THIN, STRONG AND



RUBBER COVER

RULES OF THE BALL

USGA rules say that a golf ball can weigh no more than 1.62 oz (45.93 grams), and have a diameter no less than 1.680 in (42.67 mm).

Golf balls can't go any farther than 317 yards (289.9m) when hit at 120 mph by the USGA's test robot, and they have to go the same distance no matter how you line them up.



The USGA Test Center uses a robot golfer to test more than 30,000 golf balls each year!

Scientist's Notebook In the quest for speed and distance, the materials used to make golf balls have

changed over the centuries. The first golf balls were hard wooden balls. These were used until the early 17th century.

BOUNCY

RUBBER CORE



1618: A new type of ball was created by stuffing a wet leather pouch with goose feathers. As the leather and feathers dried, the leather shrunk and the feathers expanded to create a hard, compact ball.

1848: The Rev. Dr. Robert Adams discovered he could make a hard ball from the sap of the Gutta-percha tree. The rubber-like ball became known as a "gutty." Players discovered that older, nicked and dented gutties flew

"Hand Hammered Gutta" ball was invented. A consistent pattern of dents was hammered over the ball surface.

farther than smoother, new ones. The



898: Coburn Haskell worked with the BF Goodrich Company to create a ball with a solid rubber core, wrapped with a high-tension rubber thread (like a long rubber band) and coated in a Gutta-percha cover.

TODAY: Modern golf balls have a threelayer design: a solid, bouncy rubber core, a plastic-like layer that is strong and stiff and a thin, dimpled outer layer.

Use the information above to determine which of the following statements are TRUE or FALSE.

1. A smooth golf ball travels farther than one with nicks and

dents. TRUE FALSE

2. A "gutty" is a nickname for a golf ball made of tree sap

☐TRUE ☐ FALSE

3. Golf balls used in pro tournaments today have multiple layers.

☐TRUE ☐ FALSE

4. Early golfers handcarved their own golf balls.

TRUE FALSE

5. Feather-stuffed golf balls travel farther than rubber ones.

TRUE | FALSE

STEM Connection:

Imagine if you could buy a rocket-propelled golf ball. This

would allow a player to get a better score even with poor golf skills. Technology would eliminate the need for a player to develop skill, which would take the fun out of golf!



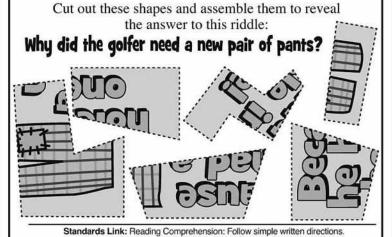
Double

DIAMETER

Look through the sports section for photos of equipment - helmets, cleats, clubs, etc. Cut out one example and write a brief summary about the object's purpose and importance to the game.

Standards Link: Research: Use the newspaper to locate information.

Kid Scoop Puzzler



STEM Zone™ content on this page is provided through a partnership with Chevron and the USGA.





ROBOT DIMPLED **USGA** WEIGH RUBBER LAYER **GUTTY SMOOTH GOLF** COVER **DENTS** DRIED

CORE

WET

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

RGWREYALDU DOREUGUTCS RHOETBHDOG ITBCTGBBVU EOOVIEOEET DOTERWMLRT EMWOUSGAFY NSCDELPMID BNSTNEDWED

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

What is engineering?

Engineering is man's application of scientific and mathematical knowledge to build nearly everything we see around us. Computers, buildings, bridges, ships, planes and – YES – even the equipment used in the game of golf all were designed using engineering.



CHECK "YES" FOR EACH THING BELOW THAT REQUIRES **ENGINEERING:**





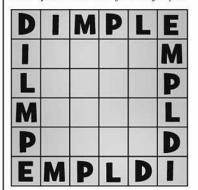




Yes, yes, yes and yes. **ANSWERS:**



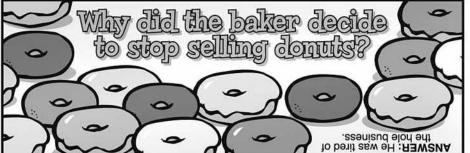
Complete the grid by using all the letters in the word DIMPLE in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.





Select an ad for a product from the newspaper. Think about the "engineering" that might have been part of the product's design. What kinds of experiments may have been conducted to test this product?

Standards Link: Research: Use the newspaper to locate information.





dimples? Write your explanation and discuss it with your teacher.



Do you like to write about interesting topics? Are you a whiz with words and like to share your thoughts with others? Can you find something fascinating about lots of things around you?

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"Places of Worship" is published on the first Tuesday of every month. Faith-based organizations that have agreed to distribute Tri-City Voice to their congregations are included. A complete list of all greater Tri-City faith-based organizations can be found at: www.tricityvoice.com under "Community Resources."

PLACES OF WORSHIP

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130 Piedmont Rd. Milpitas (408) 946-5464 www.camilpitas.org

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BAPTIST

Alder Avenue Baptist Church

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510-797-8882 www.bayareabaptist.org

Berean Baptist Church 2929 Peralta Blvd., Fremont

510-792-3928

Calvary Baptist Church 28924 Ruus Rd., Hayward

510-589-9677

Chinese Independent Baptist Church

37365 Centralmont Pl., Fremont 510-796-0114 www.cibcfremont.org

Christ Centered Missionary Baptist Church

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Community Church of Hayward

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Fairway Park Baptist Church

425 Gresel St., Hayward 510-471-0200 www.FPBC.org

First Baptist Church of **Russell City**

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First Baptist Church of

Newark

6320 Dairy Ave., Newark 510-793-4810

Heritage Baptist Church 2960 Merced St., San Leandro

510-357-7023 www.hbc.org

Mission Way Baptist Church 38891 Mission Blvd., Fremont (510) 797-7689

New Hope Baptist Church

925 F St., Union City

510-487-7472

Palma Ceia Baptist Church 28605 Ruus Road, Hayward 510-786-2866 www.palmaceiachurch.org

Park Victoria Baptist Church

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Pathway Community Church

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Shiloh Baptist Church 22582 South Garden Ave., Hayward

510-783-4066 shilohbc @sbcglobal.net

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www.warmspringschurch.org

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510-797-1660 www.holyspiritfremont.org

Old Mission San Jose Church

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41933 Blacow Rd., Fremont 510-657-4043 www.guadalupe-parish.org

Our Lady of the Rosary

703 C St., Union City 510-471-2609 www.olrchurch.org

St. Elizabeth Catholic Church 750 Sequoia Dr., Milpitas

408-262-8100 St. James the Apostle

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(w. of Decoto Rd.), Fremont 510-792-1962 www.sjapostle.net

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CHRISTIAN

Abundant Grace Community

meets at SDA Church 32441, Pulaski Dr, Hayward (650)575-3345 http://www.abundantgcc.org/

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Calvary Chapel Fremont

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Christ's Chosen Vessel Min-

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Christ Community Church of

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Church of Christ South Hayward

320 Industrial Pkwy., Hayward 510-581-3351 www.churchofchristhayward.com

Family Bible Fellowship 37620 Filbert St., Newark

510-505-1735 www.fbfministries.org

Fremont Asian Christian Church

Meets Centerville Community Center 3355 Country Drive, Fremont 510-795-2828 www.fremontasianchristianchurch.org

Fremont Community Church 39700 Mission Blvd., Fremont 510-657-0123 www.gofcc.org

Fremont Journey of Faith Church

39009 Cindy St., Fremont 510-793-2100 www.jof-fremont.com

Good Shepherd South Asian Ministry

MultiCultural Worship 4211 Carol Ave., Fremont 510-552-4476 gssam@sbcglobal.net

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Hayward First Church of the

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InRoads Christian Church

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www.inroadschurch.com **Jyoti Fellowship church**

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Mount Olive Ministries 1989 E. Calaveras Blvd., Milpitas

408-262-0506 www.mt-olive.org **New Life Community Church**

39370 Civic Center Dr. #119

Fremont 510-432-9250 www.newlifeeastbay.org

New Life Christian Fellowship

22360 Redwood Road Castro Valley, 510-582-2261 www.newlifebayarea.org

New Life Church

4130 Technology Pl., Fremont 510-657-9191 Newlifechurchofsf.org

Solid Rock Church of God In Christ

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CHRISTIAN (ESPANOL)

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Iglesia Bautista Mission Peak

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4360 Central Ave., Fremont (510) 573-1800 mcofremont@yahoo.com

Mision Hispana Esperanza Viva

4673 Thornton Ave. Suite P, Fremont 510-754-5618 www.esperanzaviva.org

CHRISTIAN FILIPINO

Christian Fellowship International Church

(Meets in the Park Victoria Baptist Church bldg.) 875 S. Park Victoria Dr., Milpitas 408-386-2215 http://cficmilpitas.multiply.com/

Light By The Mountain Church

606 H St., Union City 510-378-0159

Church

CHRISTIAN Indonesian **Graceful Christian Community**

At Immanuel Presbyterian Church 4333 Hansen Ave., Fremont 510-792-1831 www.gracefulcommunity.org

CHRISTIAN REFORMED

Christ's Community Church 25927 Kay Ave., Hayward

510-782-6010 ccchayward@sbcglobal.net

EPISCOPAL

St. James Episcopal Church 37051 Cabrillo Terr., Fremont 510-797-1492 www.saintj.com

EVANGELICAL **COVENANT**

South Bay Community Church

47385 Warm Springs Blvd., Fremont 510-490-9500 www.sobcc.org

EVANGELICAL FREE CHURCH

OF AMERICA

Newark Community Church 37590 Sycamore St., Newark 510-796-7729

www.newarkcommunitychurch.org

Asian Indian Church

Ministries Meet at Newark Community Church 510-795-7770 www.asianindianchurchministries.org

HINDU TEMPLE

Paramahamsa Nithyananda **Meditation - Sundays**

451 Los Coches St., Milpitas 510-813 6474 www.LifeBliss.org

25 Corning Ave., Milpitas 408-586-0006 www.bayvp.org **Vedic Dharma Samaj**

Hindu Temple and Cultural

Shreemaya Krishnadham

Center 3676 Delaware Dr., Fremont 510-659-0655

www.fremonttemple.org <u>**JEWISH**</u>

Congregation Shir Ami

4529 Malabar Ave., Castro Valley 510-537-1787 www.congshirami.org

Temple Beth Torah

42000 Paseo Padre Pkwy., Fremont 510-656-7141 www.bethtorah-fremont.org

LDS (Mormon)

Glenmoor Ward

38134 Temple Way, Fremont 510-793-8060

LUTHERAN

Chinese Mission of Hope Evangelical-Lutheran Church

3800 Beard Rd, Fremont 510-938-0505 http://www.hopelutheranfremont.org/zh.html

Calvary Lutheran Church & School (Behind Wendy's)

17200 Via Magdalena, San Lorenzo 510-278-2555 Sch 278-2598 www.calvaryslz.com

Christ the King Lutheran Church

1301 Mowry Ave., Fremont 510-797-3724 www.Ctkfremont.org

Good Shepherd Lutheran Church

166 W. Harder Rd., Hayward Iglesia Luterana "El Buen Pastor" 510-782-0872 www.gslchayward.org

Good Shepherd South Asian Ministry 4211 Carol Ave., Fremont 510-656-0900 www.gssam.org

Holy Redeemer Lutheran Church 35660 Cedar Blvd., Newark

office@hrlc-newark.org **Holy Trinity Lutheran Church**

510-793-1911

38801 Blacow Rd., Fremont 510-793-6285 www.holytrinityfremont.org

Hope Lutheran Church

3800 Beard Rd., Fremont 510-793-8691 http://hopelutheranfremont.org/

Messiah Lutheran Church

25400 Hesperian Blvd., Hayward WWW.messiahhayward.org 510-782-6727

Oromo Christ Evangelical Lutheran Church

100 Hacienda Ave., San Lorenzo 510-276-7980 ollibuse@yahoo.com

Our Savior Church &

Preschool 858 Washington Blvd., Fremont 510-657-3191 www.oslfremont.com

Prince of Peace Lutheran

Church/School 38451 Fremont Blvd., Fremont 510-793-3366 www.popfremont.org

METHODIST

African Methodist Episcopal

Church 201 E St., Union City 510-489-7067 www.tricityame.org

First Chinese United

Methodist Church 2856 Washington Blvd. Fremont (510) 490 - 0696 www.chinesemethodist.org

First United Methodist

Church

2950 Washington Blvd, Fremont 510-490-0200 www.fremont-methodist.org

St. Paul United Methodist 33350 Peace Terr., Fremont 510-429-3990

www.stpaulumcfremont.org

510-429-8700

VICTORY CENTER A.M.E. ZION CHURCH 33450 Ninth Street- Union City

Muslim **Islamic Society of East Bay**

510-429-4732 www.iseb.org Non Non

DENOMINATIONAL

33330 Peace Terr., Fremont

Grace Church Fremont 36060 Fremont Blvd., Fremont 510-936-1423

www.gracechurchfremont.org **Heavenly Christ's Church** (Meets in Calvary Lutheran

San Lorenzo 510-303-5592

Mission Springs

17200 Via Magdalena

Church)

510-490-0446 www.msccfremont.org

48989 Milmont Dr., Fremont

Community Church

Morning Star Church 36120 Ruschin Dr., Newark 510-676-1453

www.msconline.org

36600 Niles Blvd., Fremont www.nsofm.com 510 612-4832

ORTHODOX

CHRISTIAN

New Seed of Faith Ministry

St. Christina Orthodox Church

3612 Peralta Ave., Fremont 510-739-0908 www.stchristina or tho dox.org

PENTECOSTAL

Union City Apostolic Church 33700 Alvarado Niles Rd.,

www.ucapostolic.org **Presbyterian**

Union City

510-489-0687

Centerville Presbyterian

Church 4360 Central Ave., Fremont

510-793-3575 www.cpcfremont.org

First Presbyterian Church of Hayward

2490 Grove Way, Castro Valley (510) 581-6203 http://firstpreshayward.com

First Presbyterian Church of Newark

35450 Newark Blvd., Newark 510-797-8811 www.newarkpres.org

Immanuel Presbyterian Church of Fremont

4333 Hansen Ave., Fremont 510-494-8020 www.ipcf.net

Irvington Presbyterian

4181 Irvington Ave. (corner Chapel & Irvington), Fremont 510-657-3133

New Bridges Presbyterian

26236 Adrian Ave., Hayward 510-786-9333 newbridgespresby@gmail.com

REFORMED CHURCH IN AMERICA

New Hope Community Church

2190 Peralta Blvd., Fremont 510-739-0430 www.newhopefremont.org

SALVATION ARMY Hayward Citadel Corps

430 A St., Hayward 510-581 - 6444

The Tri-Cities Corps

36700 Newark Blvd., Newark 510-793-6319

Korean Congregation Army 36700 Newark Blvd., Newark 510 - 793 - 6319

SEVENTH DAY **ADVENTIST**

Community Seventh-Day Church

606 H St., Union City 510-429-8446 www.unioncity22.adventistchurchconnect.org/

East Bay Fil-Am Seventh Day Adventist Church

32441 Pulaski Dr., Hayward 510-324-1597

Fremont Chinese Seventh-Day Adventist Church

1301 Mowry, Fremont 415-585-4440 or 408-616-9535 **Milpitas Adventist Center** 1991 Landess Ave., Milpitas 408 726-5331

www.milpitas.netadventist.org

<u>Sikhism</u>

Fremont Gurdwara

300 Gurdwara Rd., Fremont 510-790-0177 www.fremontgurdwara.org

UNITARIAN

Mission Peak Unitarian Universalist Congregation

(meets at FUMC's Cole Hall) 2950 Washington Blvd., Fremont 510-252-1477 http://www.missionpeakuu.org/

UNITED CHURCH OF CHRIST

Eden United Church of Christ

21455 Birch St. @ Grove Wav. Hayward 510-582-9533 www.edenucc.com

Filipino American United Church of Christ

4587 Peralta Blvd., Fremont 510-797-8408 filamucc@sbcglobal.net

Fremont Congregational Church

38255 Blacow Rd., Fremont 510-793-3970 www.fremontucc.net

Niles Discovery Church 255 H St., Fremont

510-797-0895 www.nccucc.org

San Lorenzo Community Church

945 Paseo Grande, San Lorenzo 510-276-4808

UNITY CHURCH

Unity of Fremont

36600 Niles Blvd., Fremont (in the future home of Niles Discovery Church 510-797-5234 www.unityoffremont.org

Letter to the Editor

Major hospital financial changes

Insurers are increasingly losing leverage due to hospital consolidating by buying doctor's practices. In USA 2012, 54% of all physician practices were acquired, as well as hospitals increasing the size of their facilities. Where did they get all these monies?

Advanced technology makes medical care more expensive, not less. Medical-devices used by doctors are easier and convenient and very expensive when used within the hospital due to their new billing practices. As overhead costs continue to rise, the number of hospitals seeking to employ physicians will increase. Hospital staff now practices medicine; the physician is now an

employee, making decisions on what tests or treatments need to be ordered and even length of stay. That does not mean better quality of care! Private practice physicians make their own decisions and charge less.

A MUST READ: Time Magazine Article, March 4, 2013 titled - BITTER PILL: Why Medical Bills are Killing US written by Steven Brill. Also, the EDITORS DESK in Time Magazine dated 3/4/13 is a summary of facts about the above article, you may desire to read it first.

State and Federal Employment Laws prohibit hospitals in California from employing physicians. The Inspector General says California has one exception: "Clinics" only maybe operated by public hospitals. An idea for reducing costs of medicine might be to lower the age of Medicare entry, not raise it. Allowing Medicare to be competitively priced and give greater access to drugs would save billions of dollars (Opposite of Obama Care).

> James W. Gearhart MD FACS ACCMA Delegate for 20 years Washington Hospital Original

Peer Resource and Mission: SOS

ARTICLE AND PHOTO BY ANGIE WANG

appiness, health, and self-confidence aren't always at the top of Mission ■ San Jose High School (MSJHS) students' priority lists where they should be. In any competitive high school environment, the chase for good grades or academic and extracurricular success can get in the way of good health.

Peer Resource is a MSJHS organization dedicated to making the school a kinder place. The class is made up of students who serve as student counselors to other students who are in need of guidance, advice, or help with personal issues.

This year, Peer's motto is "light up the darkness" which comes from a quote by Bob Marley. "The people who are trying to make the world worse are not taking a day off. How can I? Light up the darkness." Peer Resource takes this to heart. While they may not be able to cure MSJHS of all of its stresses and pressures, Peer students are still doing whatever they can to better the school environment. "We're going to work hard every day to improve people's lives," says Peer Resource student Zarrie Yazd. "We're going to light up the darkness."

Peer Resource has three main goals: to serve as Peer Counselors to students in need of a helping hand, to spread awareness of sensitive topics like dating violence, and to plan events to boost MSJHS's "happy levels." Each of the projects is inspired by these goals. For example, the school's collaboration with Safe Alternatives to Violent Environments (SAVE) is inspired by the goal to spread awareness such as during Roses Monday, Peer Resource students passed out five dozen roses with inspirational quotes attached. They followed the roses' whereabouts on Instagram with the custom hashtag #lightupthedarkness, inspired by the goal to boost happiness. All of these things help Peer Resource reach its ultimate goal of lighting up the darkness.

In addition, Caitlin Ha, a member of Peer Resource, discovered the University of Southern California's Facebook page "USC Compliments." Peer decided to set up and manage a similar page for MSJHS, called "MSJ Compliments." In only one month, the page has



Peer Resource Seniors Blair Akerland (left) and Caitlin Ha (right) started the "MSJ Compliments" page on

hit over 800 "likes" and Peer has posted hundreds of compliments honoring students and faculty at the school. "In the age of cyber-bullying, this is definitely a great counter-movement to make students' social networking experience more enjoyable," Yazd said.

Just this year, Peer has planned a wide variety of events. Peer has been working with SAVE on a t-shirt campaign to spread awareness of dating abuse by empowering young couples to leave unhealthy relationships before they become abusive. Peer also held two "Happy Friday Hot Chocolate Giveaways," setting up stations in the school's Bell Tower Quad and passing out free hot chocolate and other treats to students. Just recently, Peer students gave Drug and Alcohol Presentations to freshman health classes. The members have organized numerous Peer Talks, or student discussions on topics that affect them, like tiger moms, school spirit, finals, and more. Peer Resource will continue to host such events throughout the second semester.

Another important MSJHS organization, Mission: SOS (Stressed Out Students) supports a school environment that nurtures integrity, academic engagement, connectedness, and well-being. SOS wants students to make healthy and honest choices throughout high school, to create a foundation for the rest of their lives. By hosting events such as surprise stress-free days (SSFDs), SOS removes the stresses of school, however temporarily.

SSFDs are planned months in advance, beginning with a choice of date and a presentation to the Curriculum Council, which consists of all the school department heads, explaining why teachers should sacrifice a day of instruction to participate. SOS also plans a lunchtime activity for SSFD and thanks teachers for their participation in the form of a teacher breakfast and small gifts delivered to classrooms.

In the past, SSFDs have been very well received. However, some students are frustrated when their teachers choose to continue with their lesson plans and not participate. SOS understands that asking to give up an entire teaching day is a lot to ask, but will continue to work toward more teacher participation. Since the event was first hosted last year, more teachers have already agreed to the conditions of stress-free day by moving tests and quizzes, postponing lectures, and providing a calm environment in which students can relax.

Later in the year, SOS will host its annual Rising Seniors' Workshop. Usually attended by the entire junior class, the event provides valuable college information and advice. SOS also hosts Parent-Student Partnership for Success presentations, in which the participants can text in answers to a questionnaire presented to the audience. The data from the texts is shown immediately after the survey, and parents and students in the audience have a chance to explain their responses to the survey question. These events are aimed at creating more understanding relationships between parents and students.

Blue and Gold Banquet



SUBMITTED BY THERESA GRUSHKIN

Cub Scout Pack 441 in Newark held their annual Blue and Gold Banquet at Kennedy Elementary on February 1, 2013. Newark Mayor Al Nagy, Viola Blythe Board President Bernie Nillo and Executive Director Debbie Caravalho were in attendance. A pirate theme enlivened this year's event. The Blue and Gold Banquet celebrates the birthdate of scouting.

COMMUNITY BULLETIN BOARD

The League of Women

Voters invites you to

visit our website at

www.lwvfnuc.org

You'll find valuable information

about your community & voter

issues. Keep up to date & learn

about our Tri-City area monthly

programs. Our programs are

nonpartisan & free to the public

Rotary Club of Niles

We meet Thursdays at 12:15 p.m. Washington Hospital West 2500 Mowry Ave. Conrad Anderson Auditorium, Fremont www.nilesrotary.org (510) 739-1000

Rotary Club Mission San Jose

Fridays at 12:15 p.m. Papillon Restaurant 37296 Mission Blvd. Fremont (510) 656-5056 Visit our club. See why we joined for business & fellowship and stayed to change the world. We welcome new members

Kennedy High School Flea Market

First Saturday Every Month **Except January** 8 a.m. – 4 p.m. All Spaces \$20 For more info call 510-657-4070 x27150 bsterling@fremont.k12.ca.us 39999 Blacow Rd., Fremont

Fremont Cribbage Club

teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email:cribbagegr43@yahoo.com Or call Tracy (510) 793-6472 American Cribbage Congress www.cribbage.org

First United Methodist Church Music Series

Free concerts the first Sunday each month, 4pm. 30 minute organ & piano recitals & occasional quest artists. Free-will offering opportunity to benefit local charities. First United Methodist Church 2950 Washington Blvd., Fremont

Celebrate Recovery

Free yourself from any hurt, hang-up or habit Join us at 33450 9th Street **Union City** Thursdays, 7pm - 9pm or call anytime 510-586-5747 or 510-520-2769

DONATE YOUR COMPUTERS

Help Eliminate Hunger & Food Insecurity Your donation is tax deductible **Tri-City Volunteers** 37350 Joseph Street, Fremont Mon-Fri 8:30 AM - 4:00 PM Closed 12 PM - 1PM Questions Call 1-888-802-8207 tri-cityvolunteers.org

Meditation, Buddhism

in Plain English 7pm-9pm Tuesdays - Free 36054 Niles Blvd. 650-556-6428 Meditation, discussion, Q&A with David De Young, American Buddhist teacher in Ajahn Chah Thai Forest Tradition. All are welcome.

FREE FILMS AND **PUBLIC DISCUSSIONS** Screenings on the

Second Saturday of each month except August 1:30pm, Niles Discovery Church 255 H Steet at 3rd 510-797-0895 www.TriCityPerspectives.org

Having trouble controlling the way you eat?

Today there is a solution. Food Addicts in **Recovery Anonymous** Mondays, 7:00 - 8:30 PM Centerville Presbyterian Church, Room E-204 4360 Central Ave., Fremont Teri M. 510-757-8214 www.foodaddicts.org

Is Food a Problem for You? **Overeaters Anonymous**

NO dues - NO fees - NO diets Monday 7:00 p.m. - 8:15 p.m. St. James Episcopal Church 37051 Cabrillo Ter, Fremont Saturday 10:30 a.m. - Noon 1st Presbyterian Church 35450 Newark Blvd, Newark southernalamedacountyoa.org

SAVE (Safe Alternatives to Violent Environments) Domestic Violence Support

Group (Drop In & FREE) Tue & Thur 7 pm – 9 pm Fri 9:15 am – 11 am 1900 Mowry, 4th Fl. Fremont Office (510) 574-2250 24/7 Hotline (510) 794-6055 www.save-dv.org

T.O.P.S. Weight Support Group Take Off **Pounds Sensibly** Real People! **Real Weight Loss!**

Wednesday Nights 6:30 - 8:00 27303 Sleepy Hollow Ave S Kaiser Building 1st Floor Hayward RLTOPS0336@yahoo.com 207-651-0565

DONATE YOUR CELL PHONES

Help Eliminate Hunger & Food Insecurity Your donation is tax deductible **Tri-City Volunteers** 37350 Joseph Street, Fremont Mon-Fri 8:30 AM - 4:00 PM Closed 12 PM - 1PM Questions Call 1-888-802-8207 tri-cityvolunteers.org

Live Big Band Music

April 27-Sat-2pm-4pm What's Up Big Band At NewPark Mall, Newark Music of Big Band Legends such as Glenn Miller, Harry James, Perez Prado, Count Basie & More (Free admission) e-mail: mikeodee@yahoo.com

FREE AIRPLANE RIDES FOR KIDS AGES 8-17

Young Eagles **Hayward Airport** various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com

American Legion Auxiliary

We meet the third Tuesday of every month at 7pm Niles Veterans Building 37154 2nd Street, Fremont susan.peters251@yahoo.com 510656-6848

Become the speaker & leader you want to be **Citizens for Better Communicators (CBC) Toastmasters**

Guests and Visitors welcome Saturdays 10:15am Unitek College Room 141 4580 Auto Mall Pkwy., Fremont 510-862-0893

Mission Trails Mustangs

Mustang & Ford Enthusiasts Meets 1st Fri of the Month 7pm at Suju's (Winter) 3602 Thornton, Fremont missiontrailsmustang.org or call510-493-1559 We do Car Shows & other social activities monthly

SAVE (Safe Alternatives to Violent Environments) FREE Restraining Order Clinic (Domestic Violence)

Tues. Hayward Police 1-4 pm Wed. Fremont Police 9 am - 1 pm hurs. San Leandro Police 9 am - noon Fri SAVE Office 9 am - noon Office (510) 574-2250 24/7 Hotline (510) 794-6055 www.save-dv.org

FREE Taxes Done & **E-Filing WHY PAY**

Let VITA do your taxes! IRS-certified Tax Preparers \$51,000 or less income. Restrictions may apply Fremont Family Resource Ctr 39155 Liberty St., Fremont M-W 4p-8p F 10a-1p Open Jan 23-April 15 2013 More Info 510-574-2020

Community Seder Welcomes All! March 26th

join us to celebrate Passover! RSVP reg for the seder by 3/15.Night of Illusion (for all ages) 3/16 Family Shabbat services 5:30pm & 7pm on 3/22 Inclusive Reform community. 510-656-7141 or visit www.bethtorah-fremont.org

10 lines/\$10/ 10 Weeks **\$50/Year**

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

Activities Announcements For sale **Garage sales Group meetings** Lost and found

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every Friday in the TCV printed version and continuously online.

TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (nonprofit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

Are You Troubled By Someone's Drinking? Al-Anon and Alateen are here to help.

Al-Anon has but one purpose: to help families of alcoholics. We share our experience, strength, and hope. www.ncwsa.org for a meeting near you, or call (510) 276-2270, or email Easyduz@gmail.com.

Serious Mental Illness

Free 12 week course for caregivers of someone with a serious mental illness starting Mar 7, 2013 from 6:30-8:30pm in Union City. Registration required. Contact: Barb St. Clair 415-879-0399 or Email Stclair.barb@gmail.com NAMlacs.org/F2F/mar2013

Friendship Force of San Francisco Bay Area

Monthly meetings; interesting cultural programs. Stay in members' homes abroad. We need home and day hosts for members from New Zealand visiting us May 17-24. www.ffsfba.org 510-794-6844

Ford F-100 Elite of **Northern CA East Bay** Chapter

All owners of 53-56 FORD 1/2 ton pick-up and panels are invited to join our club. Pick-ups up to 65 are welcome also. Newsletters, shows, fellowship Call Ken, 510-782-7312

Saturday, May 4th at LifeStyleRx 1119 E. Stanley Blvd., Livermore Registration 8:00 a.m. Walk 10:00 a.m. 1 or 3 mile options, Tailgate Extravaganza, Raffle Prizes, Refreshments, Kids Activities, www.TVArthritisWalk.Kintera.org or Call (800) 464-6240

Drivers for Survivors

Need Volunteer Drivers!

Volunteers to be companion driv-

ers for ambulatory cancer patients

to transport & accompany our

clients to their life saving medical

appointments. We work with

your schedule. Please email

volunteer@driversforsurvivors.org

or call 510.579.0535

Tri-Valley Arthritis Walk

Daughters of the American Revolution Ohlone Chapter

Visit our meetings. We have activities promoting historic preservation, education & patriotism 1st Sat of each mo. Sept - May - 10 am-12 p Centerville Presbyterian Church 4360 Central Ave, Fremont

Spring Gear & **Equipment Sale** Saturday 4/20 8:30-12:30

Tri-City Mothers of Multiples Open to the public, free entry. Best deals on everything for baby and kids. 35450 Newark Blvd, Newark www.tricitymoms.org

FREE Adult Reading and Writing Classes are offered at the Alameda County Library

Tell A Friend Call Rachel Parra 510 745-1480

All-electronic tolls applauded

SUBMITTED BY KRISTOFER EISENLA

For the first time since the Golden Gate Bridge opened 76 years ago, drivers can now move freely through the toll plaza without stopping. All-electronic toll collection went into effect on March 27 and is a trend occurring across the country, according to Patrick Jones, Executive Director and CEO of the International Bridge, Tunnel and Turnpike Association (IBTTA).

Jones was interviewed this morning on NPR's Marketplace offering comment regarding the national trend to high tech toll collection systems happening on roads throughout the country. Jones said, "You've seen it happen on the Tobin Bridge in Boston. You've seen entire systems switching to all electronic tolling in Denver, Colorado; Dallas, Texas; the North Texas Tollway Authority; Austin, Texas."

"In the old days, you paid a toll by stopping at a toll booth and handing your money to a person or dropping your coins in a basket. This frustrated motorists because they had to stop and wait to pay a toll. Not anymore," said Patrick Jones, IBTTA Executive Director and CEO. "Tolling once meant stop, but today high tech tolling means go, go, go."

Express lanes

SUBMITTED BY BRANDI CHILDRESS

Wednesday, March 20, 2013 marked the first year of operation for the Santa Clara Valley Transportation Authority's (VTA) State Route (SR) 237 Express Lanes in Milpitas. Since approximately six miles of existing carpool lanes were converted to express lanes, nearly 560,000 solo drivers have opted to pay a fee to experience a more reliable commute through the SR 237/I-880 interchange, reducing their commute time by up to 20 percent.

Through the use of dynamic pricing, VTA is managing traffic volume in the express lanes to maintain free-flowing speeds even when the general-purpose lanes are congested. Tolls have ranged between 30 cents and \$5, with an average toll of \$1.60. More than two million vehicles carrying at least two people (and other eligible vehicles) also used the express lanes free-of-charge, providing some relief in the general lanes that are experiencing increased volume as employment rebounds in the Silicon Valley.

The SR 237 Express Lanes project extends from south of Dixon Landing Road in Milpitas to Lawrence Expressway in Sunnyvale. A second phase is envisioned, converting the remaining carpool lane segments on SR 237 to express lanes currently ending at the Fair Oaks overcrossing in the westbound direction and east of Mathilda Avenue in the eastbound direction.

For more information about the Silicon Valley Express Lanes Program, visit www.vta.org/expresslanes, email community.outreach@vta.org, or call VTA Community Outreach at (408) 321-7575.

HOME SALES REPORT

					HOME SA
CAST Highest \$:	RO VALLE 700,000		AL SAL dian \$:		5 585,000
Lowest \$:	431,000 ZIP		erage \$		562,200 BUILT CLOSED
22215 Cameron Street	94546	\$431,000	3	1606	1951 02-15-13
18767 Center Street 5025 Kevin Court	94546 94546	\$585,000 \$500,000	3 3	1238 1575	1954 02-13-13 1955 02-14-13
18641 Stanton Avenue	94546	\$595,000	4	2748	2001 02-13-13
6882 Crow Canyon Road	94552	\$700,000	-	2547	- 02-15-13
Highest \$: Lowest \$:	3,250,000 200,000		ALES: dian \$: erage \$		510,000 636,391
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT CLOSED
38627 Cherry Lane #96 38501 Gary Lee King Terrace	94536 94536	\$229,000 \$629,000	3	1199	1974 02-15-13 - 02-07-13
38503 Gary Lee King Terrace	94536	\$641,000	-	-	- 02-13-13
2610 Harrisburg Avenue 38437 Nebo Drive	94536 94536	\$850,000 \$475,000	5 3	2933 1120	1987 02-15-13 1955 02-15-13
4683 Portola Drive	94536	\$380,000	4	1676	1954 02-15-13
568 Saddleback Terrace 40168 Barbara Street	94536 94538	\$540,000 \$400,000	2	1282 950	1988 02-14-13 1958 02-14-13
3279 Baylis Street	94538	\$345,000	3	1222	1959 02-15-13
39792 Bissy Common 40292 Blacow Road	94538 94538	\$323,500 \$510,000	3 3	1389 1358	1980 02-15-13 1960 02-15-13
40425 Chapel Way #111 5329 Farina Lane	94538 94538	\$370,000 \$392,500	3 3	1508 1376	1983 02-13-13 1962 02-14-13
3510 Gilman Common	94538	\$451,000	2	1174	1998 02-13-13
39224 Guardino Drive #116 40929 High Street	94538 94538	\$317,000 \$580,000	2	1053 984	1990 02-15-13 1952 02-15-13
117 Peony Court	94538	\$680,000	4	2185	1961 02-19-13
39546 Plumas Court 3528 Rockett Drive	94538 94538	\$450,000 \$250,000	3 3	1249 950	1963 02-11-13 1955 02-14-13
4959 Seneca Park Loop	94538	\$730,000	4	2097	1987 02-15-13
40418 Vogel Court 48954 Green Valley Road	94538 94539 \$	\$375,000	3 4	950 2770	1953 02-15-13 1990 02-19-13
42657 Montevideo Court	94539	\$930,000	3	1818	1992 02-19-13
44969 Vista Del Sol 34822 Blackstone Way	94539 \$ 94555	\$640,000	5 4	5600 1476	2002 02-15-13 1973 02-13-13
34481 Egerton Place	94555	\$740,000	4	2186	1977 02-19-13
4141 Lowry Road 3791 Milton Terrace	94555 94555	\$777,000 \$200,000	6 1	2632 796	1978 02-13-13 1986 02-15-13
34859 Ozark River Way 33255 Pheasant Street	94555 94555	\$612,500 \$867,000	4 4	1402 2749	1973 02-14-13 1980 02-13-13
34165 Via Lucca	94555	\$319,000	-	-	- 02-15-13
33744 Whimbrel Road	94555	\$951,000	-	3316	1980 02-13-13
Highest \$:	YWARD 618,000		dian \$:		286,000
Lowest \$: ADDRESS	125,000 ZIP	SOLD FOR	erage \$ BDS	: SQFT	305,286 BUILT CLOSED
1376 C Street 1337 D Street	94541 94541	\$387,000 \$125,000	5 2	1819 726	1914 02-15-13 1953 02-15-13
347 El Dorado Avenue	94541	\$425,000	5	1952	1930 02-15-13
1001 Imperial Place 22847 Mono Street	94541 94541	\$185,000 \$191,000	2	1565 950	1982 02-15-13 1956 02-13-13
1775 Panda Way #222	94541	\$192,000	2	899	1980 02-13-13
23776 Santa Clara Street 22712 Woodridge Drive	94541 94541	\$286,000 \$420,000	3 4	1623 1596	1950 02-15-13 1920 02-07-13
2525 Carisbrook Court	94542	\$467,000	3	1849	1977 02-13-13
1412 Highland Boulevard 31035 Brae Burn Avenue	94542 94544	\$300,000 \$259,000	4 3	23621161	1947 02-19-13 1955 02-13-13
30264 Brookfield Road	94544	\$570,000	4	2245	1999 02-15-13
805 Climbing Rose Court 1023 Evans Court	94544 94544	\$180,000 \$165,000	2 3	896 1219	1980 02-15-13 1986 02-15-13
29581 Highgate Drive #320 25457 Huntwood Avenue	94544 94544	\$145,000 \$237,000	2	900 1335	1988 02-19-13 2008 02-15-13
591 Jilliene Way	94544	\$385,000	3	1078	1955 02-15-13
790 Rock Rose Court 28577 Triton Street	94544 94544	\$125,500 \$232,500	2	896 1586	1980 02-19-13 1991 02-15-13
1610 Ashbury Lane	94545	\$320,000	2	1119	1956 02-13-13
28630 Bay Port Court 1400 Denton Avenue	94545 94545	\$618,000 \$415,000	3	1945 2891	2007 02-11-13 1979 02-15-13
1802 Egret Lane	94545	\$385,000	3	1232	1965 02-07-13
27765 Hummingbird Court 24853 Kay Avenue	94545 94545	\$250,000 \$348,000	3 3	1220 1164	1971 02-15-13 1959 02-14-13
27883 Norwich Way	94545	\$235,000	3	1000	1955 02-13-13
1966 Osage Avenue 2198 Sleepy Hollow Avenue	94545 94545	\$400,000 \$300,000	3 3	1232 1215	1964 02-13-13 1956 02-15-13
MI Highest \$:	LPITAS 675,000	TOTAL SA	ALES: dian \$:		439,000
Lowest \$:	410,000 ZIP	AVE	erage \$:	523,667
401 Corning Avenue	95035	\$571,000	3	SQFT 1166	1955 03-04-13
2210 Lacey Drive 423 Mars Court	95035 95035	\$675,000 \$432,000	3 3	1374 1700	1971 03-01-13 2003 02-27-13
37 Parc Place Drive	95035	\$439,000	2	1192	2005 02-26-13
44 Parc Place Drive 2188 Petersburg Drive	95035 95035	\$410,000 \$615,000	3 4	1530 1796	2005 02-28-13 1970 03-01-13
N	EWARK	TOTAL SA			
Highest \$: Lowest \$:	425,000 225,000	Ave	dian \$: erage \$:	303,000 336,688
ADDRESS 6466 Buena Vista Drive #B	ZIP 94560	SOLD FOR \$225,000	BDS 1	SQFT 1058	1985 02-15-13
36649 Burdick Street	94560	\$405,000	3	1096	1957 02-15-13
39865 Cedar Boulevard #140 7040 Fountaine Avenue	94560 94560	\$303,000 \$425,000	2 3	1071 1126	1986 02-15-13 1962 02-14-13
8378 Juniper Avenue	94560	\$400,000	3	1080	1961 02-13-13
35088 Lido Boulevard #D 5327 Port Sailwood Drive #1	94560 94560	\$260,500 \$395,000	2	1060 1498	1984 02-07-13 1983 02-15-13
7423 Wells Avenue	94560	\$280,000	4	1634	1974 02-13-13
SAN Highest \$:	650,000		_ SALE dian \$:		370,000
Lowest \$: ADDRESS	135,000 ZIP	AVE SOLD FOR	erage \$ BDS	: SQFT	354,300 BUILT CLOSED
14027 Doolittle Drive	94577	\$150,000	2	1312	1974 02-19-13
1574 Graff Avenue 1333 144th Avenue	94577 94578	\$650,000 \$250,000	2	2008 898	1955 02-13-13 1950 02-19-13
341 Caliente Circle 3422 Del Campo Circle	94578 94578	\$135,000 \$435,000	2	997 1528	1980 02-15-13 1956 02-14-13
14565 Birch Street	94578 94579	\$435,000	4	1662	1956 02-14-13
15074 Juniper Street 1354 Post Avenue	94579 94579	\$290,000 \$370,000	3 3	1121 1081	1954 02-13-13 1951 02-13-13
1354 Post Avenue 15105 Thoits Street	94579 94579	\$370,000 \$443,000	4	1081 1749	1951 02-13-13
1242 Victor Avenue	94579	\$390,000	3	1081	1951 02-15-13
Highest \$:	300,000	Me	dian \$:		270,500
Lowest \$:	270,500 ZIP		erage \$		285,250 BUILT CLOSED
1528 Bandoni Avenue 15715 Via Seco	94580 94580	\$270,500 \$300,000	3	1050 1289	1952 02-13-13 1955 02-14-13
UNI	ON CITY				1000 02-14-10
Highest \$: Lowest \$:	513,000 260,000	Me	dian \$: erage \$		400,000 403,000
ADDRESS 33578 14th Street	ZIP 94587	SOLD FOR \$285,000	BDS	SQFT 1064	BUILT CLOSED

33578 14th Street

33612 4th Street	94587	\$310,000	4	1524	1910	02-14-13	
33228 9th Street	94587	\$260,000	3	1200	1960	02-14-13	
4315 Chippendale Drive	94587	\$508,000	3	1274	1974	02-07-13	
1877 Firebrick Terrace	94587	\$490,000	3	1554	1997	02-19-13	
379 Riviera Drive	94587	\$500,000	4	1924	1965	02-13-13	
4644 Ruth Way	94587	\$513,000	4	1463	1973	02-15-13	
3116 San Andreas Drive	94587	\$400,000	3	1675	1970	02-13-13	
3153 San Joaquin Way	94587	\$400,000	4	1762	1971	02-15-13	
3283 San Pablo Way	94587	\$364,000	4	1556	1969	02-19-13	

Ready Set Recycle Challenge



Cabrillo Elementary students at an assembly with Larry Kass, ESA (Environmental Science Associates) consultant

SUBMITTED BY ELENA KEAMY PHOTO BY STOPWASTE.ORG

On March 28, Cabrillo Elementary in Fremont kicked off the Ready Set Recycle Challenge—a project spearheaded by Cabrillo's 6th grade student council aimed at reducing the amount of organics and recyclables going into the garbage bin at their school. Beyond eliminating this "good stuff" from the trash, Ready Set Recycle Challenge is designed to develop awareness and engagement among the student body for the importance of recycling and empower students to be spokespeople and leaders in their schools, their families and their communities.

Cabrillo students have set an ambitious goal of allowing no more than 20 percent good stuff (recyclables and organics) in the trash bin by May 6. The Ready Set Recycle Challenge began with a school wide assembly and will continue with weekly audits of the trash in Cabrillo's lunchroom by student "auditors."

Students will track school progress toward their goal with graphs and charts and the entire school will be rewarded if they met their overall goal, along with benchmarks along the way. All rewards will be funded by StopWaste.Org's Ready Set Recycle initiative which was developed to help the agency reach its goal of no more than 10 percent good stuff in the trash by 2020.

The Student Council and the 5th grade classes participating in the audits will go on a field trip to Davis St. Transfer Station to see firsthand where their discards go and how their recycling efforts can impact the waste stream.

For more information, visit www.StopWaste.Org

CSU's balanced budget plan

SUBMITTED BY STEPHANIE THARA

At its regular meeting held on March 19, the California State University Board of Trustees discussed the balance of priorities for the \$125.1 million increase proposed by the Governor for the 2013-2014 fiscal year. The budget plan presented to the board focuses on three major areas - student access and success, faculty and staff compensation and mandatory costs.

Overall, the proposed increase in state support for the CSU would bring state funding levels to \$2.3 billion for the support of university programs and operations. This reverses the trend of dramatic state support declines that cut more than 30 percent of state funding – or nearly \$1 billion in annual support – from the system over five years.

Based on the Governor's proposal, the CSU has no plans for any tuition fee increases for the 2013-2014 academic year.

The system will also begin to address the unprecedented demand for a CSU education. An investment of

\$21.7 million will allow the CSU to grow by almost 6,000 students across the system. Additionally, the Governor's budget directs \$10 million for online strategies to get more students through so-called "bottlenecks." Finally, the CSU will direct \$7.2 million to reduce time to degree, close the achievement gap and improve graduation rates.

A modest compensation pool will recognize the work of faculty and staff as they serve students. The \$38 million proposed for this purpose amounts to 1.2 percent of CSU compensation. System and campus executives as well as campus presidents are not included in this compensation pool. A total of \$48.2 million will cover mandatory increases for employee health benefits, operation and maintenance of new space, and energy costs.

In May, the governor will issue a revised budget that will provide clarity on state revenue levels and funding priorities. The legislature is expected to pass a budget by June 15.

The new fiscal year begins July 1.

For more information visit
www.calstate.edu

Virtual public school offers innovative choices

SUBMITTED BY ANNIE DRURY

California Connections Academy, a K-12 tuition-free virtual public school, is now enrolling students for the 2013-2014 school year. The school is hosting free parent information sessions throughout the spring and summer to fulfill the growing number of requests for information. California Connections Academy is authorized under state law by the Ripon Unified School District and currently serves more than 270 students in Alameda, Amador, Calaveras, Contra Costa, Sacramento, San Joaquin, Santa Clara and Stanislaus counties.

"With K-12 online learning growing across the nation, California Connections Academy is constantly providing additional resources to help our students thrive, such as new elective and advanced placement course offerings, social events and clubs," said Don Ogden, principal at California Connections Academy. "Just in our first year, we have added Julliard eLearning music classes to our arts program, held weekly field trips and launched a model aviation club."

Juilliard eLearning is a collaboration between internationally renowned music conservatory The Juilliard School and Connections Education to bring quality K-12 online music education to students everywhere. The dynamic sequence within the courses enhances each student's understanding and enjoyment of music for a lifetime. Lessons provide a strong foundation in musical concept, vocabulary, and notation. Students will also learn how to recognize the sound qualities of orchestral instruments and gain a solid introduction to Western classical music while exploring music from cultures around the world.

Most Connections Academy school students may enroll as part of their virtual school program for free. Juilliard eLearning courses are also available to adult, lifelong learners on a tuition basis. An overview and video can be found at: http://www.nationalconnectionsacademy.com/private-school/curriculum/juilliard-online-music.aspx.

California Connections Academy will host a free information session in Fremont on Thursday, April 11 to give parents and students an opportunity to learn about the school's curriculum, meet with Connections Academy teachers and learn about the enrollment process. Families can enroll in California Connections Academy online or by phone at 800-382-6010. For more information about the enrollment process or to attend an information session, please visit www.connectionsacademy.com.

California Connections
Academy Information Session
Thursday, Apr 11
12 Noon - 1:30 p.m.
Courtyard Fremont
Silicon Valley
47000 Lakeview Blvd., Fremont
1-800-382-6010
http://www.connectionsacademy.com/california-online-

school-ripon/home.aspx

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Obituaries



James D. Ingram
RESIDENT OF FREMONT
January 8, 1933 – March 5, 2013

Donna M. Swift RESIDENT OF PLEASANTONMay 7, 1937 – March 5, 2013

Daniel S. Schmid Resident of Fremont

May 23, 1964 – March 22, 2013

Mary Boehrer

RESIDENT OF UNION CITY
November 29, 1920 – March 23, 2013

John W. Crozier
RESIDENT OF FREMONT
September 4, 1925 – March 23, 2013

James A. Moran

Resident of Pleasanton April 19, 1924 – March 24, 2013

Joann Chandler
RESIDENT OF FREMONT
February 9, 1931 – March 26, 2013

Aurora "Auring" Baltazar RESIDENT OF FREMONT November 13, 1929 – March 27, 2013

F. Bradley Hoffman RESIDENT OF FREMONT December 31, 1955 – March 27, 2013

Wilhelmina Damasig Teodoro RESIDENT OF HAYWARD

Garciela Herrera
RESIDENT OF FREMONT
October 10, 1939 – March 30, 2013

January 4, 1951 - March 29, 2013

Chapel of the Roses (510) 797-1900 FDI007 1940 Peralta Blvd., Fremont

Fremont Memorial Chapel (510) 793-8900 FD 1115 3723 Peralta Blvd. Fremont



Philip Galvan
RESIDENT OF FREMONT
January 18, 1926 – March 25, 2013

Amanda A. Vargas RESIDENT OF SAN JOSE November 3, 1973 – March 22, 2013

Kenji Neyama
Resident of Fremont

March 29, 1928 – March 27, 2013

Ralph W. McDaniel
RESIDENT OF FREMONT

June 4, 1934 – March 28, 2013

Kalaben K. Mehta
RESIDENT OF FREMONT

January 11, 1933 – March 27, 2013

Norman E. Taylor
RESIDENT OF FREMONT

May 15, 1939 – March 29, 2013

Sandra D. Brewer
RESIDENT OF FREMONT

June 29, 1937 - March 29, 2013

Pedro F. Leonn
RESIDENT OF CLOVIS

March 15, 1930 – March 30, 2013

Prabha Dhar RESIDENT OF FREMONT July 10, 1926 – March 30, 2013

Patricia K. Baird RESIDENT OF FREMONT March 4, 1952 – March 29, 2013

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and Niches. A chidrens' section is also available

difficult time of their lives.

2440 Depot Road, Hayward

Obituary

Felipe 'Phil' Galvan: Ohlone icon

January 18, 1926 – March 25, 2013

Felipe "Phil" Galvan, 87, of Fremont, California, passed away on Monday, March 25, 2013 at age 87.

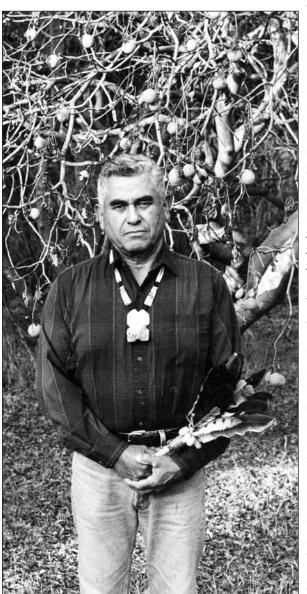


Photo by Gerry Mooney

Born on January 18, 1926, in Hayward, California, Phil was the son of Felipe and Dolores Galvan. He is survived by his

wife of 65 years, Sarah Mary Galvan; one daughter Eleanor Galvan of San Bruno, California; two sons, Michael Galvan of Hayward, California, and Andrew Galvan of Fremont, California; a sister Dolores Galvan Lameria, and a brother Hank Alvarez, both of San Jose, California; four grandchildren, Desiree, Richard, Jessica and Phillip; eleven great grandchildren, Sarah, James, Samantha, Jenna Rose, Mariah, Cedric Ir., Adeline, Michael, Phillip Jr., Andrew and Santos; and two great-great grandchildren, Amaya and Sophia.

An Army Veteran of World War II, Phil was employed by the Sisters of the Holy Family from June 1972 until his retirement in September 2011. Phil began his employment with the Sisters as part of the gardening and maintenance staff, but soon his talents surfaced in the areas of carpentry and painting. Ultimately, he came to be considered the primary caretaker of the Motherhouse property. Phil was frequently seen driving the tractor around the grounds doing gardening work on the 14 acres. His carpentry skills showed in many renovations to the Motherhouse and surrounding buildings. The Sisters only needed to mention



Photo Courtesy of Ohlone College

something needed to be done and Phil took care of it. Phil's wife Sarah also worked for the Sisters in their Care Center for many years.

In 1967, Phil proposed naming the local community College "OHLONE." Almost 50 years later, Ohlone College remains the only community college in the United States of America named for an Indian Tribe.

In 1971, Phil and other members of his family formed The Ohlone Indian Tribe, Inc., for the successful purpose of maintaining and preserving the Ohlones Indian Cemetery on Washington Boulevard in the Mission San Jose District of the City of Fremont, California. Phil worked closely and effectively with the City of Fremont and other agencies to ensure the Ohlone burial ground would not be disturbed during construction of the Highway 680 and Paseo Padre Parkway extensions.

On June 13, 1982, Phil and his brother Ben Galvan (d. 1987) laid the cornerstone for the widely acclaimed reconstruction of

the 1809 Mission San Jose adobe Church.
Phil dedicated himself to the preservation of his ancestral Ohlone culture, Phil

felt particularly proud that he helped the

Sisters respect and care for the land of his

Phil, Sarah, and their son, Andy, became Associates of the Sisters of the Holy Family many years ago, and continue to remain strongly dedicated to the Sisters through their Associate Covenants.

Although Phil officially retired September 2011, he remained a familiar face around the Motherhouse, and was always available for special projects. The Sisters have expressed their thanks to Phil and his family, for his many years of service, dedication, and sense of humor!

Visitation and Vigil Services were held at the Old Mission San Jose Church, Monday, April 1. A Mass of Christian Burial will be celebrated at 10 a.m. on Tuesday, April 2, 2013, at the Motherhouse Chapel of the Sisters of the Holy Family, 159 Washington Boulevard, Fremont, California. There will be a private interment.

In lieu of flowers, memorial contributions may be made to The Sisters of The Holy Family, 159 Washington Blvd, Fremont, CA 94539 or The Old Mission Dolores "Indian Memorial Project" 3341 16th St., San Francisco, CA 94114.

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Fremont mayor puts a positive spin on State of City

In front of a large audience at the Fremont Marriott on March 28, Fremont Mayor Bill Harrison gave a positive report on current and future prospects for the City. He began his comments with the overriding theme, "Our City is in good shape." He noted that Fremont has "embarked on a proactive strategic communications strategy, and we are serious about letting the corporate and real estate world know that we mean business."

Two "growth clusters," Biotech and Cleantech are a driving economic force for Fremont and, as Mayor Harrison commented, some of these industries are already located in the City and have chosen to remain and expand in Fremont. He cited the expansion of Thermo Fisher, Delta Products, Seagate (in the former Solyndra facility) and additional investment by Men's Wearhouse using the well-known quip of its owner to underscore the mayor's contention that Fremont is a great place for business, "I guarantee it."

A new public-private partnership is an example of what is called the FAST strategy in the Warm Springs area. This is a cluster of innovation companies to advance manufacturing and R&D efforts allied with what is termed a "Silicon Valley renaissance." Harrison announced that Fremont will host the Western Region Clean Tech Open event in with Chevron Energy Solutions. Tesla's contribution to Fremont was acknowledged as well.

Harrison spoke of growth within the historic districts including the expansion of

Dale Hardware in Centerville and the completion of improvements to Osgood Road in Irvington. Niles Boulevard improvements were mentioned and Ohlone College improvements being considered for frontage on Mission Boulevard in Mission San Jose. Changes on the Dominican Sisters property to include an Alzheimer Services and Memory Loss Center were mentioned. Ardenwood is home to many innovative companies including Boehringer Ingelheim that chose Fremont for their first US manufacturing facility employing 300.

Speaking of recreation, the Mayor noted that the new skate park is about to open at Central Park and Aqua Adventure Water Park is getting ready for summer activities as well.

Another indication of a Fremont vision is the staff and Council support, economic conditions and interest from stakeholders in a viable downtown including 110 acres bounded by Mowry Avenue, Fremont Boulevard, Paseo Padre Parkway and Walnut Avenue. Plans are underway to make the long awaited extension of Capitol Avenue to Fremont Boulevard, a reality. The area already has a foundation for economic prosperity with medical facilities close by, construction of Whole Foods, and in September, 300 apartments along Walnut Avenue. "This development will open in the Downtown, bringing even more people to this area. These are the first new rooftops in the Downtown to open since Fremont's incorporation." He added, these improve-

A City on the Move...



ments will "deliver that 'sense of place."

Speaking in glowing terms, the Mayor remarked that economic and quality of life enhancement is happening throughout the City - expansion of The Block, education, safety, environmental and climate action, etc. - and nowhere more prominent that at the site of the new South Fremont/Warm Springs BART Station. With the completion of the subway through Central Park and under Lake Elizabeth plus grade separation construction underway, Fremont is on track to become a job-centric hub of the BART system.

Financially, the City of Fremont is beginning to experience the upturn of a growing economy and is poised to take advantage of its location in the Bay Area.

Speaking of outstanding Citizen activity through Make-A-Difference Day projects and noting accolades that have been recognized by national publications and organizations, the Mayor asked everyone to become prepared through Community Emergency Response Team (CERT), Personal Emergency Preparedness (PEP) training and the innovative Pulse Point application.

In conclusion, he said, "While Fremont may have come together as five small towns back in 1956, we are now one city making a difference and on the move.

We're building on the past, as we prepare for the future. I am confident that working together we can make our great city even greater."

Union City City Council March 26, 2013

Proclamations and Presentations:

The Union City Chamber of Commerce introduced board of directors. They stated that active participation is increasing and paid membership has almost doubled in the last 90 days.

David Stark, Bay East Association of REALTORS presented the state of the real estate market in Fremont, Newark and Union City. According to an analysis of the Multiple Listing Service, there has been a huge decline in inventory between May 2011 and February 2013 and an increase in sales prices. Distressed properties accounted for a quarter of sales in Fremont and for more than half of all sales in Newark and Union City, notably in moderately priced homes.

Consent Calendar:

Filed applications with the Metropolitan Transportation Commission and the Alameda County Transportation Commission for allocation of funds for the operation of Union City Transit and Paratransit for fiscal year (FY) 2013-14

Extended the Abandoned Vehicle Abatement Program, allowing vehicles to be towed if abandoned on the street or on private property if subject to a nuisance complaint and inoperable. The City is reimbursed approximately \$30,000 per year for this service.

Appropriated Used Oil Payment Program (OPP3) grant funds f or FY 2012-13.

Rescinded Resolution No. 4390-12 and approved a new Joint Exercise of Powers Agreement creating the Energy Council and agreeing to become a member of the Alameda County Energy Council that seeks to expand renewable energy.

Committed to obesity prevention and support of the Healthy Eating Active Living (HEAL) cities campaign. The organization's sponsors include Kaiser-Permanente and the San Francisco Community Foundation.

City Manager Reports

Update on the Climate Action Plan. Local emissions have declined by 23 percent since the 2010 update, which is largely due to reductions in transit emissions.

In 2012, the City floated a \$207,000 grant for schools and a \$350,000 grant for pedestrian upgrades along Alvarado-Niles Boulevard between Decoto Road and Mann Avenue, which will see crosswalks added to the thoroughfare.

Good of the order

Vice Mayor Emily Duncan expressed concern over a large dip on the south side of Whipple Road and Huntwood Avenue. According to the City Engineer, it will cost \$200,000 to remedy the problem.

Oral Communications

Barry Ferrier called for more openness on the part of the Dumbarton Bridge Regional Operations Consortium, requested a presentation at a future Council meeting and a forum for citizens to voice their opposition since the public meetings ceased.

Mayor Carol Dutra-Vernaci - Yes Vice Mayor Emily Duncan - Yes Lorrin Ellis - Yes Pat Gacoscos - Yes Jim Navarro - Yes

Newark City Council March 28, 2013

Consent:

Approve a new Joint Exercise of Powers Agreement creating and agreeing to become a member of the Alameda County Energy Council. Voting will use the same structure as Alameda County Waste Management Authority; Newark will have one vote as most Cities, but the City of Oakland will have three votes and Alameda County and Cities of Fremont, Fremont and Hayward will have two votes each. The separate public entity will seek funding, develop and implement sustainable energy initiatives and advance clean, efficient and renewable resources available in the region.

Non-Consent:

Introduce an ordinance that would ban aggressive panhandling as distinguished from simple panhandling in all public places with due consideration of first amendment rights. This would allow peace officers to handle, at their discretion, such behavior in response to citizen complaint. A public comment disputed the need for an ordinance, asking the City to direct attention to the root causes of such behavior.

City Council Matters:

Reappoint as of April 14, 2013, Carol McCarty, Mary

Hammock and Margrith Reichmuth to Senior Citizen Standing Advisory Committee for a two-year term. Isabel Ash whose term expires April 14 has submitted a letter of resignation. The committee of 8-12 members currently does have the required minimum number.

Consider changes to League of California Cities Bylaws:

Council voted to unanimously approve the suggested amendment to require that at least five or more cities or by city officials from at least five cities be in concurrence of any resolution submitted to the General Assembly. (5 aye, 0 nay)

Council voted to unanimously oppose an amendment requiring a 2/3 vote of those Directors present to take a position of a statewide ballot measure. The current standard is a simple majority vote. (5 nay, 0 aye)

Mayor Alan Nagy Aye (except as noted under Council Matters)

Vice Mayor Ana Apodaca Aye (except as noted under Council Matters)

Luis Freitas Aye (except as noted under Council Matters) Maria "Sucy" Collazo Aye (except as noted under Council Matters)

Robert Marshall Aye (except as noted under Council Matters)

Governor announces appointment

On March 29, Governor Brown announced that Karl Mehta, 42, of Fremont, has been appointed to the California Workforce Investment Board. Mehta has been a venture partner at Menlo Ventures since 2013 and was founder and chief executive officer at Playspan from 2007 to 2012. He has been an advisory board member at the Ralph W. Leatherby Center for Entrepreneurship and Business Ethics at Chapman University, and Simpa Networks Board of Directors member since 2012. Mehta has been a White House Presidential Innovation Fellow for the 20 Percent Initiative since 2012 and has been an Intel Capital advisory board member since 2011. This position does not require Senate confirmation and the compensation is \$100 per diem. Mehta is a Democrat.

Alameda County unveils property app

SUBMITTED BY GUY ASHLEY

The Alameda County Assessor and Treasurer-Tax Collector are unveiling a groundbreaking new mobile application that will allow property owners and others to quickly obtain a wealth of information about any property in the County on-the-go.

The mobile app can be downloaded to your iPhone for free from the iTunes App Store. Alameda County is believed to be the first county in California to offer the mobile property app. "This technological enhancement brings key elements of our web-site to a mobile platform to better serve the public," said Ron Thomsen, Alameda County Assessor. Added Donald White, Alameda County Treasurer—Tax Collector: "The addition of a new gateway to pay property taxes through your iPhone and iPad is a major accomplishment."

With the new Alameda County Property app, mobile phones and other mobile devices can be used to:

- Search for any property in Alameda County, by parcel
- number or address
 Save a list of Alameda County properties to easily

check for changes to each property

- Make notes on each of your saved properties
 View street maps and get the Google Street V
- View street maps and get the Google Street View for a property
- View Assessment information
- View Tax information
- View printed Tax Bills
- Pay taxes with your credit card
- View County parcel maps (PDFs)
 Get help with contacting County offices.
- Get help with contacting County offices, including driving directions and automatic phone dialing The County has set up an online data portal,

data.acgov.org, to showcase a broad range of datasets now available to the public. To expand public knowledge about these efforts, the County has launched a series of public "hackathons" to challenge participants to build mobile and web-based applications that leverage County data to address important public needs.

To learn more about the Alameda County Property app, call Guy Ashley at (510) 272-6569 or go to http://www.acgov.org/assessor/ and http://www.acgov.org/treasurer/.

continued from page 12

Exodus from bonds? Not yet

funds this month, according to EPFR Global.

Withdrawals that didn't go directly into stock or bond mutual funds could have gone into bank accounts, covered daily expenses or been used for other needs. Investors also could have used the money to buys stocks or bonds directly rather than through funds.

If the money keeps flowing, this would be the first year since 2006 that more cash was invested in U.S. stock funds than withdrawn from them, according to Strategic Insight

Pension funds, company-sponsored retirement plans and other institutional investors are typically the largest contributors to daily stock fund flows. But individuals also have been moving in recently, according to EPFR Global.

The market's gains over the past four years could have been larger, had individuals been investing more in stock mutual funds. In the run-up, much of the buying has come from companies repurchasing their own stock. Companies in the S&P 500 have bought \$1.5 trillion since the Great Recession began in December 2007. Hedge funds, foreign investors and others who don't own mutual funds bought as well. ETFs have also attracted cash, helping to support the rising market.

There is more fuel for stocks to continue soaring. Dividend payments are headed for a record year and companies keep buying back stock.

Boards approved \$118 billion in buybacks last month, the largest single-

month total ever, according to research firm Birinyi Associates.

Richard Peterson, a psychiatrist and founder of MarketPsych, which advises banks and big money managers, says news coverage of the Dow's run is likely luring people who had remained wary of stocks since the financial crisis in 2008. One fear gets replaced with another.

"It's the fear of missing out on a good thing," he says. ``People are watching it go up without them."

David Savage, a 52-year-old manager of a demolition equipment company, is being cautious about stocks.

Savage, who lives in Naugatuck, Connecticut, makes regular contributions to an investment portfolio that includes stocks and bonds as well as real estate.

He believes the Dow could pass 15,000 by the end of the year _ that's about 3.4 percent above its Friday level of 14,512. But he plans to see where the market is in June or July before significantly changing his stock holdings.

"If I still have that warm fuzzy feeling then, my investments will stay put," he says. "If not, I'll move to less volatile stock positions."

Matthew Lemieux, an analyst with fund tracker Lipper Inc., warns that the increased investment in stock mutual funds doesn't mean the Great Rotation is coming.

At the beginning of 2011, stock funds attracted cash four months in a row, the strongest start to a year since 2006. But the cash began to dry up in the spring and summer. Investors

worried about the debt crisis in Europe and a fight between Congress and the White House over raising the government's borrowing limit.

Stocks have pulled back slightly over the past week amid renewed concerns about Europe and the possibility of bankruptcy in the Mediterranean island nation of Cyprus.

At home, Congress and the White House continue to clash, unable to reach broad agreement to head off automatic spending cuts.

That's a key reason why Richard Shortt of Somerville, Massachusetts, is sitting tight with the stocks he owns rather than buying more.

"Rather than jumping in, I'm prepared to start jumping out," says Shortt, a 68-year-old retired small business consultant. ``I've learned through the last two major downturns that you don't buy at highs and you don't sell at lows."

Justin Beal, a 39-year-old municipal fire inspector from Clovis, California, believes the stock market will continue to remain at or near record levels in the coming months. But that's partly due to the Federal Reserve's policy of maintaining historically low interest rates through its bond-buying program, he thinks. The program will have to be pulled back or ended at some point, potentially ending the stock market's surge.

"The records don't really mean a lot," Beal says. "The average guy needs to understand that you can't be jumping on the bandwagon at the end of the rally, when it's greed that's driving the market."

continued from page 12

Mass. teachers write online math textbook

"In the department itself, it's been amazing," Logiudice said. "The amount of teamwork and collaboration we have is better than we could have hoped for."

The team of teachers working on the freshman book, which is being implemented into the curriculum this year, meets weekly to write new chapters of the book, notes for each section and all the homework assignments.

The books for the sophomore curriculum will be implemented next year, and the material for the junior curriculum will be implemented the year after.

Logiudice said that under the new Common Core curriculum, the order of how material is presented is different than how it has been presented before. In the past, students have taken algebra 1, geometry, then algebra 2. After that, students would have a choice of other classes, including trigonometry, calculus and statistics.

The new curriculum incorporates many of the different principles of each aspect of math into the new classes. Logiudice said it's about grouping similar topics together, not by course, as in the past.

The focus shifts away from just getting the right answer to the process involved in getting the right answer. Additionally, Logiudice said, there is a larger focus on writing about, discussing and experiencing the mathematical process.

Students are also assigned ``real-life" projects to demonstrate their knowledge of all the concepts, Logiudice said.

"The students seem to love it. They're beginning to see the connection with integrated math. ... We had trouble points at the beginning," he said, due in large part because, as the transition started, students felt they had seen a lot of the material already.

"Their seeing it is better for them," he said.
"With parents, they're always going to have
questions about whether it is in the best interest of their kids. By the time these kids are seniors, they will see so much more than they
would have otherwise."

Superintendent of Schools Joan Landers said she's impressed with what the teachers in the department are doing to continue to provide quality education in the face of adversity.

"They've taken this on, and it's a testament to their dedication to this district," Landers said. "Other districts have reached out to them inquiring about them."

Fremont Police Log

SUBMITTED BY FREMONT PD

March 25

Officers were dispatched to a call of an aggressive panhandler at Kaiser (Ohlone Building). The suspect was asked to leave several times by Kaiser Security, but he continued to return. Officer Gourley and Officer Stone responded to the call and contacted an adult male. Shortly upon arrival the adult male attempted to flee and resisted officers after learning he had an outstanding arrest warrant. The suspect was taken into custody.

March 26

On Monday, March 25th at approximately 3:15 p.m. officers were dispatched to the area of Sundale Dr. and Nelson St. to investigate a possible sexual battery. A juvenile reported that she witnessed an adult male approach a teenage female from behind and lifted up her skirt. The suspect was described as an Asian male in his 30's, with a heavy set build. He was wearing a black shirt, gray sweat pants and slippers. On Tuesday, School Resource Officers assisted with the investigation and helped locate the victim. Working with Detectives, officers identified the suspect as a registered sex offender (28 year old adult male) who lived nearby. Several officers went to the suspect's house and arrested him for attempted sexual assault.

A 20 year old adult male was driven to Kaiser Hospital for a mental evaluation by his mother after he made threats to several family members. While being evaluated, the male fled on foot from the hospital. Officers Richards and Huiskens attempted to contact the subject via cell phone with negative results. With consent from the mother, officers responded to the residence in Niles where they collected several rifles and several edged weapons. After approx. 2.5 hours, the subject was located in the hospital's cafeteria. The subject was returned to the hospital for a mental evaluation. Officer M. Smith was the case agent and Sgt. Miskella supervised the incident.

March 27

At 12 p.m. a CSO was dispatched to the Public Storage on the 4500 block of Peralta Blvd on the report of a burglary to a storage unit. It was determined that the burglary likely occurred back in January when several units were burglarized. Loss was flat screen televisions, movies and other various household items.

Officers assisted an outside agency on a warrant service at an address on Seneca Park Dr. The neighborhood Kidango preschool was placed on lock-down for a short time during the arrest. Sergeant Snelson was present during this incident.

At the conclusion of the above listed incident a male subject contacted Sgt. Snelson and stated he had been assaulted by two males in Rix Park. Several officers were in the area at the time due to the above listed incident and detained a group of male subjects. It was determined that the victim was robbed of his camera. One subject was arrested for robbery. Officer Barbero and FTO Hanranhan handled the investigation.

Multiple units responded to the 4100 block of Mowry Ave regarding a well known adult male who was destroying the interior of his family's home and making suicidal threats. Officers arrived and the subject temporarily barricaded within the home. Officers convinced the subject to exit and he was detained and put on a mental evaluation hold. Investigated by Officer Candler.

March 28

Residential Burglary occurred at 2700 block of Parkside Dr. Entry via front door.

Officer Torrico was dispatched to REI to investigate a reported commercial burglary. The suspect ran out of an emergency exit with loss and entered a silver sedan driven by an unknown male. REI staff was unable to determine the loss.

CSO Escamilla investigated a missing persons case where a female adult threatened to drown herself in the Emeryville area. The Coroner located a body in the bay that matched the description of the missing subject prior to the report being taken.

Officers were dispatched to Tan Oak Dr. regarding two males with flashlights in the construction area. Officer B. Johnson ar-

continued from page 12

Journalist's lawyer: Prank doesn't merit prison

Keys is charged with one count each of conspiracy to transmit information to damage a protected computer, as well as transmitting and attempting to transmit that information. If convicted, prosecutors say he faces a combined 25 years prison and a \$500,000 fine if sentenced to the maximum for each count.

However, first-time offenders with no criminal history will typically spend much less time in prison than the maximum sentence, said Mary Fan, a former federal prosecutor who specializes in criminal law and procedure at the University of Washington School of Law.

Keys' arraignment is scheduled for April 12.

Anonymous and its offshoot, Lulz Security, have been linked to a number of high-profile computer attacks and crimes, including many that were meant to embarrass governments, federal agencies and corporate giants. They have been connected to attacks that took data from FBI partner organization InfraGard, and they've jammed websites of the CIA

and the Public Broadcasting Service.

Keys' indictment comes after recent hacks into the computer systems of two other U.S. media companies that own The New York Times and The Wall Street Journal. Both newspapers reported in February that their computer systems had been infiltrated by China-based hackers, likely to monitor media coverage the Chinese government deems important.

The hacking crimes Keys is charged with come from the Computer Fraud and Abuse Act, which was enacted in the 1980s.

Federal prosecutors use the act to go after a wide range of Internet crimes, but the law may not reflect how our behavior online has changed over the last three decades, Fan said.

"Some might say if you take someone's property or break into a private place without permission, we don't get upset about prosecutions, so why would we be upset about these prosecutions if the trespass happened online?" Fan said. ``Others might say is what happened in this case really even a problem? It's kind of a culture clash."

Fremont Police Log

rived and confronted a male subject who ran from him. Swing shift assisted mids with a perimeter. In the end, no crime could be established and the perimeter was broken down.

While dealing with the above call, units were dispatched to a strong arm robbery at the Good Nite Inn. A female victim reported that three males knocked on her door, forced their way into her room, and stole her purse & jewelry. No surveillance or witnesses were located. Investigated by Officer Settle.

A commercial burglary was reported at the 41200 block of Fremont Blvd. Investigated by Officer Contrada.

Newark Police Log

SUBMITTED BY NEWARK PD

March 25

At 8:41 p.m., Officer Sandoval investigated a vandalism/possible auto burglary at 37137 Hickory St. (WorldPac). The victim vehicle suffered a rear passenger window smash and a loss could not be determined.

At 10:59 p.m., Officer Kovach investigated a vehicle burglary at 6500 Overlake Place (Full Bloom). The victim vehicle suffered a window smash and the loss was the victim's purse and its contents.

March 26

Macy's called at 3:53 p.m. and reported they had detained two people for shoplifting. Officer Revay cited/released Kimberly Christianson and Katey Rubenaker, both of Fremont for petty theft.

Officer Rodgers investigated a battery between husband and wife at 7:40 p.m. in the 37300 block of Hill Street. James Waters of Newark was arrested for domestic violence. A judge issued an Emergency Protective Order for the victim. He was booked at Santa Rita Jail.

March 29

At 1:16 p.m., Officers responded to a robbery that had just occurred at Haller's Pharmacy, 6174 Thornton Ave. Two black male adults, one described as 6'04" thin build, the other about 6'04" heavier build, and both wearing black hooded sweatshirts, with bandanas of their faces entered the pharmacy. Each was carrying a semi-automatic pistol. They went behind the counter, confronted the two employees and stole several bottles of prescription medication. The suspects fled the pharmacy in a white four door vehicle with tinted windows.

Officers responded to a shooting that just occurred on Civic Terrace Avenue at 2:21 a.m. The 18-year-old victim sustained a gunshot wound to his lower abdomen above his hip and was transported to Washington Hospital by his friends before officers arrived at the scene. The shooting appears to be gang related and the investigation is being conducted by the Major Crimes Task Force. The victim is expected to recover fully from his injuries. Additional information regarding this investigation will be released from the task force or at the direction of the Task Force agents.

Any person with any information concerning these incidents can contact the non-emergency line at 510-578-4237. Information can also be left anonymously on the "silent witness" hotline at 510-578-4000, extension 500.

Neighbors on Blackburn Drive have joined together to help make their community a safer place to live. All Neighborhood Watch groups are created in coordination with the Newark Police Department.



April 2, 2013 WHAT'S HAPPENING'S TRI-CITY VOICE Page 37

wind Twisters

Crossword Puzzle B 207

Across

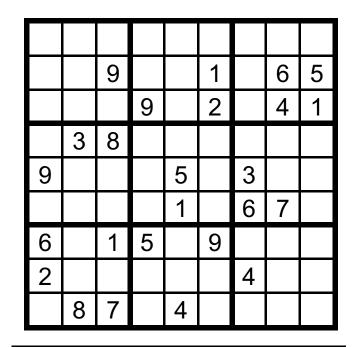
- 1 Comprises of (8)
- 4 Barely beats (5)
- 6 Accuracy (9)
- 9 Part of a circle (5)
- 11 Whacks (5)
- 13 Seemingly (10)
- 14 Person who buys goods (8) 17 Dusk to dawn (5)
- 18 Appliance to keep food chilled (12)
- 21 Downing Street distance (5)
- 24 Drain (5)
- 26 Not usual, coming as surprise (10)
- Mode of family travel before trains (8) 27
- 28 Walk on four legs (5)
- 29 Features (15)
- 32 Settlement of differences (10)
- 33 Command (5)
- 34 Length, width, height (12)

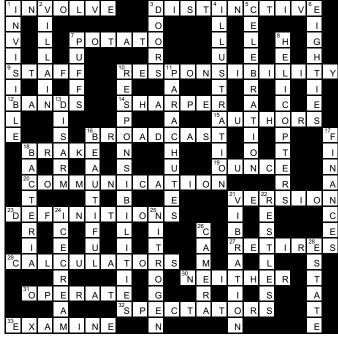
- 38 "E pluribus unum," e.g. (5)
- 39 Year before twentieth (10)
- 40 Youth (10)

- 2 Used for carrying people in hospitals (9)
- 3 Does a slow burn (6)
- 4 Books that are storehouse of information (13)
- 5 Merchandise (5)
- 7 To be concerned about someone (6)
- 8 Older person (6)
- 10 Fantastic (9)
- 12 Within budget (8) 15 Groups of instrumental music per-
- formers (10)
- 16 Kids go to school on ____
- 19 Mountaineering _____ (11)
- 20 Bar order (7)

Sudoku:

Fill in the missing numbers (1-9) inclusive so each row, column and 3x3 box contains all digits.





B 206

3	4	2	5	7	1	6	9	8
8	9	7	3	6	2	4	1	5
6	1	5	9	8	4	3	2	7
1	8	4	7	2	6	5	3	9
5	2	6	8	9	3	7	4	1
9	7	3	4	1	5	2	8	6
4	6	9	1	3	7	8	5	2
7	5	8	2	4	9	1	6	3
2	3	1	6	5	8	9	7	4

Tri-City Stargazer April 3 – April 9, 2013 By Vivian Carol

22 Transport to Oz (7)

25 Various options (13)

35 Some wedding guests (5)

30 Nail is ____ in (8)

31 High marks (6)

36 Absolute (5)

37 Admittance (5)

Covers to mail letters (9)

32 Binding material used in construction

For All Signs: Venus (the lover) and Mars (the warrior) are conjunct on April 6-7. The symbolism of this aspect covers the two weeks before April 6 until two weeks beyond the date. At this time we need to join loved ones in finding ways to resolve old difficulties and jointly resolve unpleasant history so we can move forward. If you cannot do this together, then do yourself a favor and adopt an attitude of forgiveness in your heart. Persons in relationships which are terminating would be wise to work toward positive closure at this time. This is the crossover point, the threshold of letting go of the old and beginning the new. You may experience it as the entry of someone new in your life or a significant shift of status in your present relationship.

Aries the Ram (March 21-April 20): You have several aspects this week that suggest general anxiety beneath your confident exterior. Some of this has no bearing in your present day reality, but may have roots in your history. It is a mood and will soon pass.

Taurus the Bull (April 21-May 20): You must work to stay conscious during this period of the Venus/Mars conjunction (see lead paragraph). Focus attention on inner work, self-improvement, or spiritual interests. In relationships, allow others to move toward you at this time. Don't take the lead. Your beauty, inner and outer, will attract others to you.

Gemini the Twins (May 21-**June 20):** It is probable that you have been on a 4-5 week break from your normal routine, distracted by various short term goals and situations. Now is the time that you will feel more ready to return to the usual pattern of your life. You have a need to ground yourself through physical exercise. Otherwise you may feel irritable.

Cancer the Crab (June 21-July 21): You appear to be blocked

on pursuing your immediate goals right now but things will begin to improve next week. You might as well practice patience. Relax. Maybe you need a few days' breather. Take a small trip while you wait. See some interesting sights. Visit with friends who live at a distance.

Leo the Lion (July 22-Aug

22): Your heart wants to travel, to explore, to learn new things on the Internet. You may be planning your next vacation. There is a wrinkle in the picture concerning home, hearth, or family responsibilities that keeps you pinned to the current reality. You will work it out, but it may require a matter of months.

Virgo the Virgin (August 23-**September 22):** This week, after three or four weeks of flurry, you will probably find yourself back in the same position as you were in mid-February. The difference is that now you have more information about what the important "others" in your life are planning. This helps you feel more grounded.

Libra the Scales (September 23-October 22): This is a

highly significant period in your primary relationship(s). You have issues to work through and healing to do for everyone involved. Sidestep the temptation to drill your truth into the mind of another. If you do not share a consensus reality, then search for a higher perspective that includes both truths.

Scorpio the Scorpion (October 23-November 21): Take especially good care of your health this week. Get plenty of rest and avoid alcohol, which can cloud your judgment and cause accidents. It's time to take a good look at your self-care habits and beef up your resolve to avoid sliding into bad patterns.

Sagittarius the Archer (November 22-December 21): Believe it or not, you have no significant aspects this week. There are no new assignments from the cosmos to distract you from your current path. It is a good time to finish juggling one or two of the balls you have in the air and bring them to a proper conclusion. It will help you feel accomplished.

Capricorn the Goat (December 22-January 19): You may be purging something that has become toxic in your life. If you didn't know about it before, this equinox energy is making the message very clear. Let go of old patterns of behavior that no longer work. Otherwise you are basking in the positive flow of energy from your community and friends.

Aquarius the Water Bearer (January 20-February 18):

One side of you is devoted to maintaining the status quo and following the rules. Another side of you is the rebel deluxe, the one who always colors outside the lines. You probably feel much more comfortable in one mode or the other. However, the opposite position is impinging upon you now. The point of this juggling act is to help you find the balance.

Pisces the Fish (February 19-March 20): This could become an expensive week. If you have money to spare, then there is no problem. Be aware that your financial brakes are not firm. If you have financial issues, avoid the temptations to spend on luxuries or things you don't really need.

Are you interested in a personal horoscope? Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



Case for Caring: No pillow talk, just love in action

By M. J. LAIRD

All her life Bonnie Kellogg of Fremont has made the case for caring through her actions and donations to help others in need. Now she has launched an organization with that name, "Case for Caring," providing colorful, personalized pillow cases for pediatric oncology patients often stuck for days, even weeks, in sterile, white hospital rooms.

Kellogg became aware of the need for brightly-colored pillow cases when she visited her niece in Illinois last fall, who works as a pediatric oncology nurse. She vividly recalls the animated, emotional conversation where her niece described experiences of children with cancer checking into hospital rooms with all-white surroundings. A spark lit their eyes and joy spread across their faces when discovering a kid-friendly pillow, popping with colorful Sesame Street characters, sitting on the bed intended just for them. To the children, the message was clear: someone cared.

"As she told that story, I knew I had to do something about this," Kellogg recalls. "She was so inspiring to me because of what she had experienced. The story just touched my heart. She was just telling me about her job, and obviously, it got to me in a big way."

With the need indelibly etched in her mind, Kellogg returned to Fremont and told web designer Lisa Stambaugh about the experience. Overnight Stambaugh designed a logo and created a website to recruit volunteers to sew and donate pillowcases for Bay Area pediatric oncology beds.



Launched during the December holidays, the not-for-profit organization crawled more slowly than Kellogg would have liked. Now she is reaching out to Girl Scout troops, quilting organizations like the Piecemakers Quilt Guild of Southern Alameda County, and individuals asking them to follow directions on the web site and sew pillowcases or make cloth or cash donations so others can sew up a case. Her niece, ecstatic with the idea of receiving 100 pillowcases has been calling: "When can I get some?" Patients at Lucile Packard Children's Hospital in Palo Alto will become the first Bay Area recipients.

Kellogg intends most cases to land on beds locally, but she also envisions Case for Caring taking off nationwide, with affiliates in large cities supplying their area hospitals, especially in the state of Illinois.

Kellogg has contacted Bay Area sewing teacher Michelle Zeiler who coordinated the 13th annual Sew for Love event held in San Jose, February 8 – 10. Kellogg asked Zeiler to include pillowcases on the priority list of Sew for Love.

Zeiler, who teaches locally in Fremont at Niles' Not Just Quiltz, invited people to bring their own sewing machines to help sew for charity over the three days. She set a goal of 1,000 items, which included pillow cases for pediatric wards of Bay Area hospitals.

Kellogg, who invented Fix-A-Stitch, a knitting tool to patch up mistakes quickly and has a patent pending, has organized Case for Caring as a recipient through a small foundation she established to raise money for training people whose early life or situations prevented them from gaining education or skills needed to lead a productive life, giving them a second chance. The Point/ARC of Covington, Kentucky, and Fire Mountain Programs in Colorado have benefited from her fundraising. The Point recognized her last year with an award for her outstanding contribution to their program, which has operated a restaurant and laundries to provide employment for disabled people.

Making the case for helping others is no problem for Kellogg. Her challenge now is convincing others to just join in stitching pillow cases to make a difference to pediatric oncology patients. For more information, contact Kellogg at: http://caseforcaring.org/

Kato Road now open to traffic

SUBMITTED BY BERNICE ALANIZ

Santa Clara Valley Transportation Authority (VTA) and City of Fremont opened Kato Road between Warm Springs Boulevard and Milmont Drive in southern Fremont to automobile and pedestrian traffic on April 1. This important Kato Road Grade Separation project milestone will temporarily allow for one lane of traffic flow in each direction and culminate the conclusion of the several month long Kato Road closure.

A complete roadway opening is expected by May; project completion is expected early this summer. The construction at Kato Road is the first of eleven grade separations needed to complete the BART Silicon Valley Berryessa Extension Project. Kato Road now passes underneath the Union Pacific railroad tracks and future BART tracks and includes new elevated sidewalks for pedestrians. Bicycles will have a permanent bike lane once the completed roadway is opened.

"This important project delivered in partnership with the City of Fremont will help facilitate future BART service to Santa Clara County, and reduce congestion in this area by eliminating competing freight movements with the local traffic," said VTA General Manager Michael Burns.

Total project cost for the Kato Grade Separation project is \$52.7 million, funded by 2000 Measure A and Proposition 1B Highway-Railroad Crossing Safety Account. Remaining work on the project includes pavement restoration, landscape & irrigation, completion of storm water pump station, freight track embankment, safety railings, and removal of traffic mitigation measures in surrounding intersections.

"We are excited that this grade separation brings us one step closer to connecting the BART system between Fremont, Milpitas and North San Jose," said Fremont Public Works Director Jim Pierson. "We expect that automobiles, pedestrians, and bicycles alike will truly appreciate the safety enhancement that this latest grade separation brings to freight and automobile traffic."

Traffic that is currently detoured onto Dixon Landing Road in Milpitas is expected to return to Kato Road, relieving some of the congestion along that roadway and Warm Springs Boulevard.

A one-year BART Silicon Valley Berryessa Extension milestone and Kato Road Grade Separation Ribbon Cutting event will be held on April 5th from 12 – 1 p.m. at 466 Kato Terrace to celebrate first year construction accomplishments and the opening of Kato Road. The event will include speeches by local, state, and federal dignitaries followed by a project ribbon cutting.

For more information about BART Silicon Valley, please contact VTA Community Outreach at (408) 934-2662, TTY (408) 321-2330, or visit www.vta.org/bart.

Union City Log

SUBMITTED BY UNION CITY PD

March 22

At 11:38 p.m., Officer DeJong attempted to stop a speeding vehicle on Whipple Road, near Ithaca Street. The driver lost control and collided with three parked vehicles as he attempted to negotiate a turn on Ithaca Street. The driver jumped out of the vehicle and started to run away from the scene of the collision. Officer DeJong arrested the driver as he attempted to flee the scene. The vehicle involved in the collision had been reported stolen on 03/19/13.

March 24

At 2:15 a.m., Officer Lanier witnessed a vehicle doing "donuts" in the intersection of Osprey Drive and Quarry Lakes. The vehicle parked in Kinglet Court and the driver fled into a nearby residence. Officers made contact at the residence and arrested a male for possession of Cocaine. The involved vehicle was towed from the location.

March 25

Officers investigated the report of a grand theft that occurred on Zwissig Ave. involving the theft of copper wire. A transient male was seen in the area immediately following the theft. He was described as a white male adult early to mid-40's, with grayish hair, medium build, unshaven, and wearing a t-shirt and blue jeans. He had a scruffy appearance and appeared to be home-

less. The wire was taken from electrical boxes outside a business and valued at over \$500.

Officers responded to an address on Trefry Ct. during the afternoon hours to investigate the report of a man making threats to harm his family. The suspect also had a felony warrant out of Antioch for burglary and disobeying a court order. The suspect fled over fences and through backyards. Officers searched about 15 back yards but the suspect was not located. It was later determined the suspect had "friends" in the neighborhood and probably managed to hide out until police left the area. A case is being sent to the DA's office for charging.

March 26

The COPPS unit assisted the Major Crimes Task Force in a narcotics related probation search that occurred in the 35000 block of Lilac Loop. Upon entry officers were forced to overcome active resistance by the subject on probation, as well as overcome interference by his mother. Three subjects were arrested and transported to jail.

Officers assisted San Jose PD in their efforts to locate, detain, and arrest a wanted Norteno gang member with ties to Union City. The suspect was located in a parked car behind the Station District apartment complex on Cheeves Way. The suspect was taken into custody by San Jose PD and charged with carjacking.

Hayward Education Foundation recognized at House of Representatives

SUBMITTED BY ALLISON BORMEL

From the floor of the House of Representatives, on March 18, U.S. Representative Eric Swalwell (CA-15) recognized the Hayward Education Foundation for its 30th anniversary. The Hayward Education Foundation grants funds to Hayward teachers with innovative ideas to inspire student learning.

Congressman Swalwell stated:

"I want to congratulate the Hayward Education
Foundation, which celebrates its 30th anniversary this
year. This organization was founded by a Hayward
school teacher, Elaine Adams in 1983. This nonprofit,
grants money to Hayward school teachers who have
creative ideas to inspire and enrich their students' educational experience."



"In 2012, grants were given to the Butterfly Garden at Longwood Elementary, a solar cell car at Bret Harte Middle School, and a college motivation program at Hayward High School. In its 30-year history the foundation has given out nearly one million dollars. I want to acknowledge the Board of Directors: Dianne McDermott, Pastor Chuck Horner, Rick Bartholomew, Peter Bufete, Paul and Penny Hodges, Guy Sandoval, Bruce Roberts, Maria Servin, Andrea Peixoto, Don Evans, and Bill Liu."

"Hayward's motto is 'The Heart of the Bay,' but it is the heart and mind and forward thinking of these individuals that really enriches Hayward and makes it such a special place to live. So I want to congratulate them on their 30th anniversary and wish them well in the next 30 years."

Milpitas Rotary hears Vietnam Veterans' story

SUBMITTED AND PHOTO BY FRANK DE SMIDT

Featured speaker Vietnam Veteran Michael Martin, who served in the Navy, spoke of the experiences of those who fought in Vietnam at a Milpitas Rotary meeting March 12. Of the 2,594,000 who served there, 25% were draftees plus up to 15,000 civilian women; 58,229 died and 303,204 were injured.

Almost 80 percent of the men who served had a high school education or better, a greater percentage than those who served in Korea and WWII. Not one combat unit surrendered to the enemy during nine years of fighting. Almost all Vietnam Veterans were honorably discharged.

Martin presented pictures of young soldiers he knew, stationed near Da Nang. His photos showed how supplies were unloaded, moved, and stored as well as significant damage to structures from enemy attacks on nearby ammo depots.



continued frompage 1

Tartan Day

sented by the East Bay Scottish Association (EBSA) and East Bay Regional Park District, this family-friendly event is a vivid culture explosion of sights and sounds featuring Scottish and Celtic music, highland dancing, historic re-enactments, and traditional Scottish food.

There will be plenty for all to enjoy: the athletics of Highland games, history of

clans, adult refreshment in the ale garden, and the magic and enchantment of Children's Glen where wee ones may meet a fairy or dragon, make arts and crafts and hear stories of faraway lands. Of course, the traditional haggis toss is not to be missed!

Music lovers will be entertained by the BlackEyed Dempseys Celtic Band, Scottish musician and Bay Area local Peter Daldry, fiddler Michael Mullen, MacIntosh Pipe Band, Celtic Sands, and the Peninsula Scottish Fiddlers. And the pipes will sound loud and proud at the Western United States Pipe Band Association Northern Bagpipe Competition during which bands from around the state will participate in friendly rivalry to see who is the best of the day. Red Thistle Dancers and the Pleasant Hill-based New World Scottish Dancers will also be on hand with performances that will make you want to get up and join in the merrymaking.

Visitors will be able to take home a memory of the day from vendors such as Medieval Heirlooms, Willow Jewelry, Celtic Art Studio, Anthony Rees Design, and Kings Armory and Company.

Join Scottish clans from all over the Bay Area on Saturday, April 6 for full-day revelry in all things Scottish!

Tickets are \$12 for adults, \$8 for seniors (62+), and \$5 for children 4-17. Kids three years and under are free. Admission

includes access to the rest of Ardenwood Historic Farm including the Patterson House, farm animals, and blacksmith. The event ends at 5 p.m.; there will be no admissions after 4:30 p.m. No pets are allowed. There is free parking and the event is wheelchair accessible.

For more information call Ardenwood Historic Farm at (510) 544-2797, visit www.ebparks.org, or e-mail tartanday@eastbayscots.org.

Tartan Day Scottish Faire Saturday, Apr 6 10 a.m. – 5 p.m.

Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont

(510) 544-2797 www.ebparks.org http://tartanday.eastbayscots.org/ Tickets: \$5 - \$12



continued from page 1

Insomniacs Robotics team celebrates win

The Insomniacs include approximately forty high school students from the Fremont Unified School District. In its fifth year, the team will be attending World

Championships for the first time. To add to their excitement, the team's head mentor and co-founder of the non-profit Playing@Learning, Mark Edelman, won the Woodie Flowers award for being an exceptional role model and friend. Team Captain and American High

School junior Ankit Shah says, "The team has worked very hard, improving consistently over the past couple of years, to be

where we are today. We came together as a team to fund and build a great robot."

A major obstacle in the team's path is funding. It costs \$5,000 for the team to register for the World Championships, and they are currently looking for sponsors to cover the fee. Sponsorship includes publicity on team t-shirts, sweatshirts, banner, and robot, viewed by hundreds of thousands of people at the World competition and, more important, sponsors play an important role in STEM education.

Those interested in sponsoring the team or would like to tour the workspace and see the robot in action can contact

The Insomniacs at info@team2489.org or visit www.team2489.org. Everyone is invited to watch the team in action at the Silicon Valley Regional Competition at San Jose State University, April 4–6, from 8 a.m. to 6 p.m.

Silicon Valley Regional
Robotics Competition
Thursday, Apr 4 – Saturday, Apr 6
8 a.m. – 6 p.m.
San Jose State University
1 Washington Square, San Jose
Info@team2489.org
Event is free of charge and
open to the public

Fremont teen wins award in Best Teen Chef scholarship competition

SUBMITTED BY MANDY WILSON

Nicole Dunuan proved that practice, talent and dedication are a winning recipe in a tough cook-off competition at The International Culinary School at the Art Institute of California in San Francisco.

Aspiring chefs with a craving for culinary artistry put their kitchen skills to the test as they competed for tuition scholarships Saturday, March 2, at The International Culinary School at The Art Institute of California – San Francisco, a campus of Argosy University. At the end of the day, Nicole Dunuan of Fremont was awarded the silver medal in The Art Institutes Best Teen Chef Competition for high school seniors.



During the cook-off competition, finalists were asked to showcase their talent and skill by preparing and serving a two-course meal in just two hours. The meal consisted of an appetizer of Shrimp Cocktail and an entrée of Sautéed Chicken Breast with Creative Garnish, Rice Pilaf and Broccoli Sauté.

Competitors were judged on five technical skills including knife skills, safety, sanitation, organization, cooking techniques, and clean-up, and five qualities of the finished dishes – temperature, taste, texture, portion size and presentation.

Dunuan earned a \$1,000 tuition scholarship to The International Culinary School at The Art Institute of California – San Francisco.

"Despite the stiff competition, our winners this year truly stood out," said Chef Mark Davis, Culinary Director at The International Culinary School at The Art Institute of California – San Francisco. "Their passion and enthusiasm for the culinary arts is inspiring and we look forward to developing their talent in our culinary education programs."

Cook-off competitions were held at all participating International Culinary Schools at The Art Institutes locations across the U.S. and Canada in March.

For more information, visit www.aicompetitions.com/culinary or contact The Art

Institute of California – San Francisco at (415) 865-0198.

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McKinley Elementary wins Platinum Sneaker **Award**

SUBMITTED BY TESS LENGYEL PHOTOS BY NOAH BERGER

Students across Alameda County walked, biked, and carpooled as much as possible during the first two weeks in March, competing in the annual "Pollution Solution Golden Sneaker Contest" as part of the Alameda County Safe Routes to Schools Program. The contest challenged students to increase their walking, biking, carpooling, and transit use to reduce emissions and increase physical activity. Contest participation has increased from 12 schools in 2011 to 58 schools this year.

After tallying the results, McKinley Elementary School in San Leandro showed the greatest increase in the number of students using active and shared transportation during the 2013 Golden Sneaker Contest, earning the Platinum Sneaker Award. McKinley Elementary was honored for its success by the Alameda County Transportation Commission at its March 28 Commission Meeting.

In addition to the county-wide competition, classes in each school competed with each other to have the greatest increase in green transportation modes, and the class with the greatest participation in each school received a Golden Sneaker trophy.

The contest was sponsored by the Alameda County Safe Routes to Schools Program, funded by the Alameda County Transportation Commission and the Metropolitan Transportation Commission.

For more information, visit www.alamedactc.org.

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(Left to right): Principal of McKinley Elementary, Cher Situm; Chair of Alameda CTC, Supervisor Scott Haggerty; McKinley Ele mentary School Golden Sneaker Parent Champion, Darlene Lee

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Rohan Chandra with Karen Grimsich, City of Fremont Human Services Aging and Family Administrator and Bob Creveling, Fremont Senior Commission Chairperson.

Kids Who Give donation

SUBMITTED BY CITY OF FREMONT STAFF

Student Rohan Chandra of Fremont won a first place grant from the Kids Who Give contest. The award was given for his Earthquake Preparedness for Seniors (EPS) project to help expand the program. He donated \$1,000 of the \$3,500 grant to the Fremont Senior Center and is using the remainder to publish additional multi-lingual safety guides.

Rohan presented the check to the Fremont Senior Commission at their meeting on February 15 at the Fremont Senior Center.