Renegades enter post-season play with flair

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Moreau wins Mock Trial Competition

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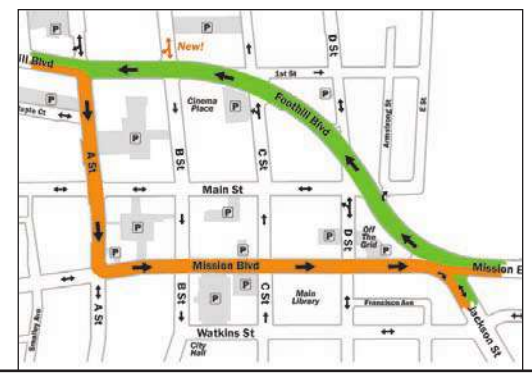

The Loop

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What's Happening

TRI-CITY VOICE

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Music, Magic, Memories

By Isabella Ohlmeyer

"Music is the literature of the heart; it commences where speech ends," said 19th Century French writer, poet and politician Alphonse de Lamartine. Some have difficulty expressing themselves in conversation, through writing or even emotionally, but for many, music is therapeutic, freedom of the heart which creates beautiful expression beyond measure. Celebrate the wonderful power and communication of music at the 25th Annual Music for Minors II Gala on Friday, March 15 at the Fremont Marriott.

Celebrating love of music began for Music for Minors II (MFMII) in the East Bay in 1988. Its programs are not only present in the East Bay, but through parent organization, Music for Minors, serves peninsula cities and school districts of Los Altos, Mountain View, San Mateo, and Sunnyvale. MFMII Executive Director Carol Zilli says the nonprofit organization empowers children through the power of music. "I was first and foremost concerned with students not getting involved in school and in their community; therefore, I believed that through music performance and education, these East Bay students will feel motivated to become involved."

Zilli began teaching MFMII's docent training program at Ohlone College in 1990, increasing the number of local volunteers. Each Fall, between mid-September and mid-November, approximately 25-30 volunteers trained annually in Fremont until 2005 when a second training location was added through the Castro Valley Adult School, increasing annual new vol-

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Vocal Talent & Journey as blind mezzo-soprano

Submitted by Ohlone College

Sharing both a classically trained voice and her unique journey as a blind musician, mezzo-soprano Laurie Rubin, showcases an extensive and rich repertoire at the Smith Center at Ohlone College Saturday, March 9.

Her performances extend beyond solo recitals to concerts with the Chamber Music

Society of Lincoln Center, the Yale Symphony Orchestra, and duets with opera star and mentor Frederica von Stade, among others. Rubin has performed in Lincoln Center and the White House. Los Angeles Times special critic Josef Woodard comments that Rubin is a "compelling force at the center of the music."

Rubin began playing piano at the age of three. Her piano teacher recommended singing lessons, as she was singing along as she played. "That is where everything snowballed," says Rubin.

In her adult years, Rubin continued her musical career at Oberlin College and went on to receive a Master's in music from Yale. Rubin was presented with the 2010-2011 Yale Alumni Ventures Grant, awarded to develop a curriculum aimed at dispelling stereotypes faced by disabled individuals. Rubin is currently an Artist in Residence in Saratoga at Montalvo Art and was recently interviewed by Michael Krasny on KQED.

"I get so tired of talking about myself as a blind person all the time. What I would really like to see happen is to have more blind people have the opportunity of living as a normal person without being a novelty all the time," says Rubin. Rubin credits her success to her supportive family and mentors, including Kenny Loggins, who she names as her first teacher, as well as her grandparents who regularly played opera music in their home. "I was mesmerized by the sound of it. It was just different than everything that I have ever heard and so I started to just imitate the sounds to see if I could make the sounds myself."

In an interview with San Francisco Chronicle's music critic Joshua Kosman, Rubin commented that "my blindness is my biggest strength, and I hope to challenge people to use all their best resources and skills to achieve their dreams."

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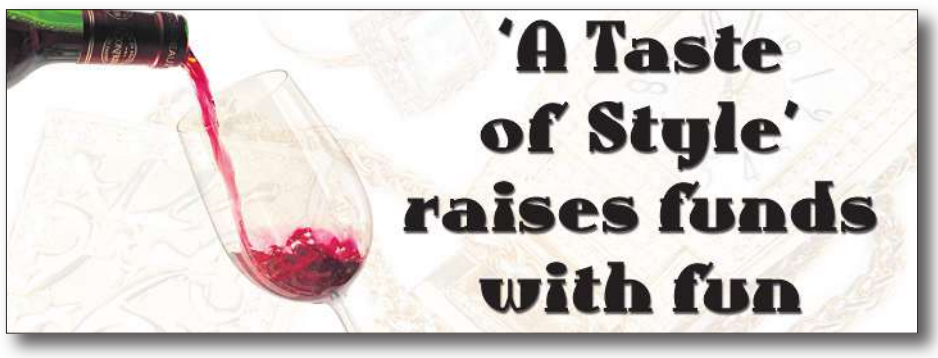

'A Taste of Style' raises funds with fun

By Nisha Patel

From exclusive wine-tasting, exquisite food sampling, and the opportunity to shop in a stylish fashion and accessory marketplace, women can enjoy a fun-filled evening with good company, food, and an entertainment extravaganza. On Thursday, March 14, the St. Rose Hospital Foundation is proud to present its first ever "A Taste of Style" event to benefit Patient Services. At the hospital, patient services can include everything from a simple thermometer to complex medical equipment. Ultimately, the foundation's mission is to help the underserved and/or underinsured members within the community.

Several Bay Area wineries, including, but not limited to, Lone Oak Estate Winery, Peju Province Winery, and J.Lohr Vineyards will provide wine tasting for attendees. Fashion partners - Macy's, Lancôme, Heller Jewelers, Walk-In-Closet, Tootsies and Tribez Salon & Spa and many others - will participate in the marketplace. Silent auction items range from wines donated from local wineries to an overnight stay at the Claremont Hotel and Resort complete with a spa package and dinner.

Event sponsors and local dignitaries will participate as models in a fashion show sponsored by Macy's. Upcoming Spring and Summer fashions will be showcased in a peek at the coming seasons' must-have looks. During a live auction, attendees will have the opportunity to bid on dinner at the Hayward Firehouse, a theater getaway weekend to New York City, a cocktail piano-bar party for 24, and a few other surprises.

This is the twelfth year that the St. Rose Hospital Foundation has hosted a women's spring event, but the St. Rose Hospital Foundation is excited about the newly formatted "A Taste of Style" event. "Women's styles and fashions change every year and we created this broader subject so that, as fashion, wine, and fun change through the years, the event will remain relevant," said Executive Director Michael Cobb. "We want to host an evening during which [guests] can help the hospital and at the same time enjoy time with their friends."

Event sponsors currently include Fremont Bank, Macy's, CBS Channel 5, Diablo Magazine, Splurge Catering & Special Events, Diablo Country Club, Nothing Bundt Cakes, R. Zaballos & Sons, Inc., Bay Valley Medical Group Inc., California Cardiovascular Consultants, NORCAL Ambulance, Royal Ambulance, James and Gable Insurance, Minute Man Press in Dublin, Dr. James P. Russo D.D.S., Alecto Health Services, Vintage Catering, Medassets, James P. Hanson, and Mehta Orthopedic Services.

For more information about tickets or sponsorship opportunities, call (510) 264-4007 or visit www.srhca.org.

A Taste of Style
Thursday, Mar 14
6 p.m. – 9 p.m.

Diablo Country Club
1700 Clubhouse Rd., Diablo
(510) 264-4007
www.srhca.org
Tickets: $100

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Would You Know if You Were Having a Heart Attack?

Learn About Women and Heart Disease at Washington Hospital Seminar

If you felt tired and dizzy, would you think you were having a heart attack? It turns out women don't always experience the classic symptom of chest pain when they suffer a heart attack. That tends to be more common in men. Instead, women may feel light-headed and short of breath.

"The symptoms of a heart attack are often different for men and women," said Dr. Pradeep Kumar, a Fremont cardiologist and member of the Washington Hospital medical staff. "Women need to know the signs because their risk of having a heart attack is equal to men's, particularly after menopause."

Heart disease is the number one killer of both women and men in the U.S., according to the National Heart, Lung, and Blood Institute. In fact, one in four women dies from heart disease each year.

Dr. Kumar will present "Women and Heart: What You Need to Know" on Tuesday, March 19, from 1 to 2:30 p.m. The free seminar will be held at the Conrad E. Anderson, M.D. Auditorium, located at 2500 Mowry Avenue (Washington West) in Fremont. Register online at www.whhs.com or call (800) 963-7070 for more information.

The symptoms of a heart attack are often different for men and women. Dr. Pradeep Kumar, a Washington Hospital cardiologist will discuss the critical warnings signs that appear with female heart disease and during a heart attack. The free upcoming lecture will take place on Tuesday, March 19 from 1 to 2:30 p.m. at the Conrad E. Anderson, M.D. Auditorium located at 2500 Mowry Avenue (Washington West) in Fremont. Register online at www.whhs.com.

Dr. Kumar will first provide an overview of heart disease. Coronary heart disease is the most common type of heart disease for both women and men, he said. It occurs when plaque builds up on the inner walls of the coronary arteries. This plaque buildup – a condition called atherosclerosis – restricts the flow of oxygen-rich blood to the heart. This can cause serious heart problems, including irregular heartbeats, angina (chest pain), heart attack, and heart failure, Dr. Kumar explained.

More Common in Women

Coronary microvascular disease is another type of heart disease. It occurs when the heart's tiny arteries are damaged or diseased. Women are more likely than men to have this type of heart disease, according to Dr. Kumar.

He said there are also differences in noninvasive diagnostic testing in women and men. For example, treadmill stress testing has higher false positive rates in women.

"Symptoms for women can include neck pain, vomiting, and sleep disturbances," Dr. Kumar added. "With heart disease, it's important to get an early diagnosis. Don't wait until you are further along in the disease process. If you are experiencing these symptoms, you should consult with your physician."

Reducing the Risk

Dr. Kumar will discuss some of the risk factors associated with heart disease and ways to reduce them. Some risk factors are unavoidable such as being older, having a family history of heart disease, and being post-menopausal. But other risk factors can be controlled through lifestyle changes. These include high blood pressure, high cholesterol, smoking, diabetes, physical inactivity, obesity, and stress.

He said it's important to keep blood pressure and cholesterol levels under control. Eating a healthy diet that is low in salt and fat and high in lean protein, fruits and vegetables, whole grains, and low-fat dairy can help.

Getting plenty of physical activity is also important. Regular exercise can help to keep blood pressure and cholesterol under control, and maintain a healthy weight.

"Exercise can also help to reduce stress levels," he added. "If you smoke, you need to quit. Smokers have more than twice the risk for a heart attack than nonsmokers."

Dr. Kumar said people with diabetes need to properly manage the chronic disease. High levels of glucose in the blood can cause atherosclerosis and damage the heart.

He will also talk about medications that can help to keep some of these risk factors under control as well as treatment options for heart disease.

To learn about the Heart Program at Washington Hospital, visit www.whhs.com/heart. For information about other classes and seminars offered at Washington Hospital, visit www.whhs.com.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv

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InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	3/05/13	3/06/13	3/07/13	3/08/13	3/09/13	3/10/13	3/11/13
12:00 PM 12:00 AM	Inside Washington Hospital: The Green Team	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy	Diabetes Matters: Vacation or Travel Plans?	Heel Problems and Treatment Options	Strengthen Your Back! Learn to Improve Your Back Fitness	Alzheimer's Disease	Living Well with Diabetes: Overcoming Challenges
12:30 PM 12:30 AM	Skin Cancer						
1:00 PM 1:00 AM	Women's Health Conference: Aging Gracefully	Voices InHealth: Healthy Pregnancy	Washington Women's Center: Cancer Genetic Counseling	Washington Women's Center: Circulation 101 for Women - Part 1: Varicose Veins	Minimally Invasive Surgery for Lower Back Disorders		Women's Health Conference: Can Lifestyle Reduce the Risk of Cancer?
1:30 PM 1:30 AM	Voices InHealth: Update on the Journey to Magnet Status					Diabetes Matters: Diabetes Viewpoint	
2:00 PM 2:00 AM	What You Should Know About Carbs and Food Labels	Washington Township Health Care District Board Meeting February 13th, 2013	Your Concerns InHealth: Senior Scam Prevention	Washington Township Health Care District Board Meeting February 13th, 2013	Diabetes Matters: Back to the Basic Keys for Success		Washington Township Health Care District Board Meeting February 13, 2013
2:30 PM 2:30 AM						Diabetes Matters: Top Foods for Heart Health	
3:00 PM 3:00 AM	Your Concerns InHealth: Senior Scam Prevention		Community Based Senior Supportive Services				
3:30 PM 3:30 AM							
4:00 PM 4:00 AM	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Financial Scams: How to Protect Yourself		Keys to Healthy Eyes	Don't Let Back Pain Sideline You	Treatment Options for Knee Problems	Voices InHealth: Medicine Safety for Children
4:30 PM 4:30 AM			Raising Awareness About Stroke	Your Concerns InHealth: Senior Scam Prevention			
5:00 PM 5:00 AM	Kidney Transplants					Do You Have Sinus Problems?	Inside Washington Hospital: The Green Team
5:30 PM 5:30 AM				Your Concerns InHealth: Measles Resurgence	Cataracts and Diabetic Eye Conditions		Voices InHealth: The Greatest Gift of All
6:00 PM 6:00 AM	Living Well with Diabetes: Overcoming Challenges	Arthritis: Do I Have One of 100 Types?	Diabetes Matters: Ins and Outs of Glucose Monitoring	Inside Washington Hospital: Stroke Response Team	Washington Township Health Care District Board Meeting February 13, 2013	Washington Township Health Care District Board Meeting February 13, 2013	Inside Washington Hospital: Washington Township Center for Sleep Disorders
6:30 PM 6:30 AM				Living with Heart Failure			Healthy Nutrition for Your Heart
7:00 PM 7:00 AM	Your Concerns InHealth: Pediatric Care – The Pre-School Years	Caring for an Older Adult: Everything You Need to Know about Caregiving	Shingles				
7:30 PM 7:30 AM				Living Well with Diabetes: Overcoming Challenges			Voices InHealth: Radiation Safety
8:00 PM 8:00 AM	Washington Township Health Care District Board Meeting February 13, 2013		Washington Township Health Care District Board Meeting February 13, 2013		Kidney Transplants	Superbugs: Are We Winning the Germ War?	Important Immunizations for Healthy Adults
8:30 PM 8:30 AM				Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment & Percutaneous (Under the Skin) Treatment			
9:00 PM 9:00 AM		Healthy Nutrition for Your Heart			Inside Washington Hospital: The Green Team	Shingles	Kidney Transplants
9:30 PM 9:30 AM					Your Concerns InHealth: Vitamin Supplements		
10:00 PM 10:00 AM	Diabetes Matters: Key To A Healthy Heart with Diabetes	Heart Healthy Eating After Surgery and Beyond	Diabetes Matters: Back to the Basic Keys for Success	Caring for an Older Adult: Everything You Need to Know about Caregiving	Minimally Invasive Hip Replacement	Important Immunizations for Healthy Adults	Fitting Physical Activity Into Your Day
10:30 PM 10:30 AM							Vitamins and Supplements - How Useful Are They?
11:00 PM 11:00 AM	Healthy Nutrition for Your Heart	Minimally Invasive Surgery for Lower Back Disorders				Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	
11:30 PM 11:30 AM			What Are Your Vital Signs Telling You?		Get Back On Your Feet: New Treatment Options for Ankle Conditions		

Creating a Healthier Diet: A Guide to "Eating Clean"

Lecture Offers Advice on Using Whole, Unrefined Foods

Have you been hearing people talk about the benefits of "eating clean" and wondering what the buzz is all about? The concept is actually very simple, according to Macaria Meyer, RD, a registered dietitian at Washington Hospital.

"Eating clean is based on the idea that the best way to follow a healthy diet is to eat whole foods that are as close to their natural state as possible, without a lot of processing or additives," she explains. "Basically, this means eating more

To help people learn more about how to create healthy meals for their families using unrefined, whole foods, a Washington Hospital registered dietitian will show you how to cook healthier foods in an economical way. The lecture and food preparation demonstration will take place on Wednesday, March 13 from 7 to 8:30 p.m. at the Washington Women's Center located at 2500 Mowry Avenue in Fremont. The fee for attending the program is $5. Class size is limited. Call (510) 608-1301 to register.

fresh fruits and vegetables, whole grains and lean proteins, rather than processed, pre-packaged foods or foods that contain a lot of saturated fats or unhealthy additives."

While the concept of eating clean is simple, Meyer acknowledges that putting it into practice requires more effort than grabbing a quick meal at a fast-food restaurant or popping a pre-fabricated frozen dinner in the microwave.

"We live in a society that is rush, rush, rush," she says. "It's important, though, to take the extra time to plan and prepare your meals to ensure that you're getting high-quality, healthy food. And, by planning your meals in advance, making out weekly menus, purchasing foods in bulk and buying produce when it's in season, you can avoid using unhealthy processed foods without spending significantly more money."

To help people learn more about how to create healthy meals for their families using unrefined, whole foods, Meyer will be speaking at an Evening Lecture Series program on Wednesday, March 13 from 7 to 8:30 p.m. at the Washington Women's Center located at 2500 Mowry Avenue in Fremont. The fee for attending the program is $5.

As part of her presentation, Meyer will discuss the types of fruits and vegetables that are always good to have on hand.

"Fresh produce is always the best choice, and it's cheaper when it's in season," she notes. "Farmer's markets also may have lower prices on fresh fruits and vegetables. Freezing your own vegetables also can help you economize. You can purchase vegetables in season and flash-freeze them for later use. Flash-freezing involves boiling the vegetables for a short amount of time and allowing them to drain to get as much moisture out as you can before freezing them in freezer bags or containers.

"Organic produce that is grown without pesticides is often preferable," she adds, "but there are some types of vegetables that are grown with minimal amounts of pesticides and can be non-organic. Also, with fruits such as bananas and oranges that you have to peel before eating anyway, it's not as important to buy organic."

When it comes to using canned or packaged goods, Meyer recommends reading the product labels carefully.

"The key to clean eating is choosing those products with as few non-food ingredients as possible," she says. "In choosing pasta and breads, look for 'whole grain' as the first ingredient. Use brown rice rather than white rice, and choose organic sprouted-grain breads if your food budget allows. Avoid foods with added ingredients such as hydrogenated fats, high-fructose corn syrup, preservatives and salt or sulfites. If you're in doubt about obscure ingredient listings such as 'natural flavorings,' call the company for an explanation. To cut down on the amount of salt in your diet, use herbs and spices more often."

Getting the right types of protein is another part of eating clean. Meyer suggests lean meats such as skinless, white-meat poultry and sustainable seafood. Dried beans,

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Now Is the Time to Find Out If You're at Risk for Stroke

Free Event Features Advanced Screenings, One-on-One Chat with Physicians

According to most sources, stroke—also known as a brain attack—is up to 80 percent preventable. However, the disease stubbornly remains on the Centers for Disease Control (CDC)'s top 10 list of leading causes of death in the United States, and many people still don't know enough about it, according to Dr. Ash Jain, M.D., cardiologist and medical director of Washington Hospital's Stroke Program.

"It's always best to learn about stroke before it happens," according to Dr. Jain. "Most risk factors for stroke—such as high blood pressure—build up over time with no outward symptoms. Then you suffer a stroke, which leaves you at risk for permanent disability."

Later this month, Washington Hospital will host its free Stroke Awareness Day & Screenings event—an opportunity for members of the community to identify risk factors for stroke—on Saturday, March 23.

The event will feature important screening tests for stroke, including blood pressure, blood glucose (diabetes), electrocardiogram (EKG) for atrial fibrillation, and a test for carotid artery disease, as well as a chance to discuss the results of the screenings with Dr. Jain or another Washington Hospital Medical Staff physician.

Ischemic strokes—which account for the majority of strokes—are caused by blockages of the arterial pathways that deliver oxygen and nutrients to the brain, according to Dr. Jain. As a result, brain cells are literally starved of oxygen and begin to die off, making both prevention and early detection key, he says.

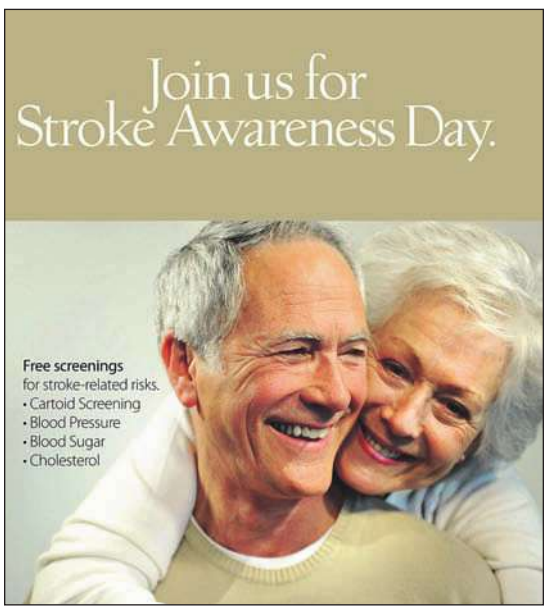
"This is why it is vitally important for members of the community to take advantage of free community screenings like the one coming up so that they can achieve a better understanding of their overall risk for stroke and take steps to prevent this devastating disease process," Dr. Jain says.

Doug Van Houten, R.N., clinical coordinator for the Stroke Program, points out that Washington Hospital is fairly unique in the level of educational and preventive measures it offers to the community regarding stroke.

"The hospital actually does three kinds of screenings a year, all vascular in nature," he says. "There's the Abdominal Aortic Aneurysm Screening in January, the Peripheral Vascular Disease Screening in June, and Stroke Awareness Day and Screening coming up later this month."

Van Houten says the event is the perfect opportunity to get screened and also learn from health care professionals what steps can be taken to lower stroke risk.

"My goal is to get as many people in and assessed as possible," he says. "We have all these professionals



To help community members better understand their stroke risk, Washington Hospital is hosting the annual Stroke Awareness Day screening on Saturday, March 23. To qualify for the free screening, please pre-register by calling (800) 963-7070.

to test community members for various risk factors and to teach them. Then, two physicians will be available to put it all together for them."

Fortunately, most of the risk factors being screened for during the Stroke Awareness Day and Screening event are ones that can be reduced through simple lifestyle changes. Others, however—like atrial fibrillation—require a doctor's care.

Atrial fibrillation is not only the most common type of irregular heartbeat, but also one of the main risk factors for stroke, according to Dr. Jain. In fact, the American Heart Association (AHA) cites data indicating that AF accounts for between 15 percent and 20 percent of strokes in the United States.

"With atrial fibrillation, it is very important to identify these patients and treat them so that they don't go on to have strokes," Dr. Jain says. "Irregular heartbeat

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Health&Wellness

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HEALTH & WELLNESS

Medicare: Are You Turning 65?
Find out what qualifications are needed for Medicare Part D (prescription drug plan) and Medicare Advantage plans. This session will help you make an informed decision.
When: Wednesday, March 6, 6:30 to 8:30 p.m.
Location: Conrad E. Anderson, M.D. Auditorium, Rooms A & B
Speaker: Kristi Caracappa, Health Information Coordinator

Women & Heart: What You Need to Know
A cardiologist will discuss the critical warning signs that appear with female heart disease and during a heart attack.
When: Tuesday, March 19, 1 to 2:30 p.m.
Location: Conrad E. Anderson, M.D. Auditorium, Rooms A & B
Speaker: Dr. Pradeep Kumar, Cardiologist

WOMEN'S HEALTH

Gain Awareness About Colon Cancer
March is National Colon Cancer Month. Come learn the latest on colon cancer screenings and about symptoms and treatment options.
When: Tuesday, March 5, Noon to 1 p.m.
Location: Washington Women's Center Conference Room
Speaker: Dr. Arun Srivatsa, Gastroenterologist

Healthy Diet: A Guide to Eating "Clean"
The art of creating healthful dishes for your family using original, unrefined, whole foods will be the focus of this class. Learn how to stock the pantry, know what staple vegetables to have on hand, and cook healthier foods in an economical way. Class limited to 20. Fee: $5
When: Wednesday, March 13, 7 to 8:30 p.m.
Location: Washington Women's Center Conference Room
Speaker: Macaria Meyer, R.D., Registered Dietitian

STROKE EDUCATION SERIES

Introduction to Stroke & Risk Factors
Learn more about stroke and its risk factors as well as how to recognize symptoms and what to do in an emergency.

When: Tuesday, March 5 from 6 to 8 p.m.
Location: Conrad E. Anderson, M.D. Auditorium
Speakers: Dr. Ash Jain and Doug Van Houten, R.N.

Stroke Awareness Day and Screening
The screening consists of a Doppler study of the neck. Physicians will be available to interpret your results. To qualify, you must pre-register. No walk-ins, please. Sponsored by Fremont Bank.
When: Saturday, March 23, 10 a.m. to 1 p.m.
Location: Conrad E. Anderson, M.D. Auditorium, Rooms A, B & C
Call: (800) 963-7070 (Pre-registration Required)

DIABETES MATTERS

Diabetes Matters: Diabetes Update 2013: What's New?
An endocrinologist will offer tips for keeping diabetes under control. Topics will include pre-diabetes, managing complications and medications used to treat diabetes.
When: Thursday, March 7, from 7 to 8 p.m.
Location: Conrad E. Anderson, M.D. Auditorium
Speaker: Dr. Archana Bindra, Endocrinologist

Seminars are free unless otherwise noted, and open to the public. To register or for more information, please visit www.whhs.com or call (800) 963-7070.

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Women Through Fashion & Time

Elks luncheon and fashion show to benefit SAVE

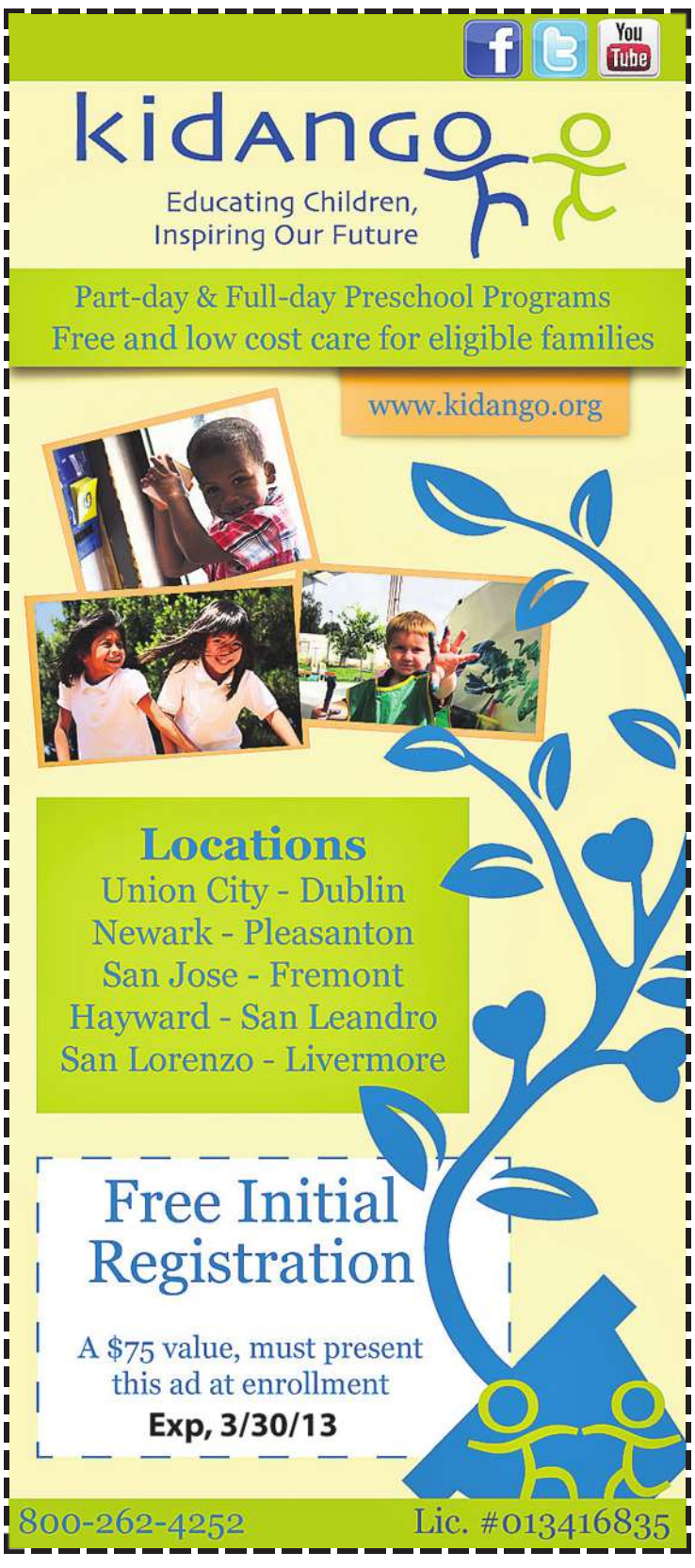
Submitted by Tina Fernandez

Ladies of the Fremont Elks will host "A Celebration of Women Through Fashion and Time," a luncheon and vintage fashion show to benefit SAVE (Safe Alternatives to Violent Environments). All proceeds will be donated to SAVE to aid its many domestic violence support, awareness, and prevention programs. The Elks are dedicated, long-time supporters of SAVE. Please join us at this event: dine, socialize, and enjoy beautiful vintage fashions – all for a great cause!

Vintage fashions will be provided by City Vintage Clothing Company, owned by Jula and Roberto Isola. The fashion show will be emceed by Kimberly Manning Aker, design historian and owner of KMA Creations.

The luncheon menu will include assorted tea sandwiches, fruit and cheese, shrimp cocktail, miniature desserts, and tea and coffee. A no host bar will be available. There will be a 50/50 cash raffle prize as well as other prizes. Admission is $30 per person. For tickets call (510) 797-2121 or fremontelks.org/reservations.

A Celebration of Women Through Fashion and Time
Saturday, March 9
12 Noon - 2:30 p.m.
Fremont Elks Lodge #2121 38991 Farwell Dr., Fremont
(510) 797-2121
http://fremontelks.org/upcoming-events.html
Tickets: $30



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Now Is the Time to Find Out If You're at Risk for Stroke

causes blood clots to form in the heart chamber, and these then travel to the brain, clogging the circulation and causing stroke. Also, heart function is decreased by as much as 30 percent, and this decrease in function makes people tired, short of breath, and they experience less energy and weakness and tiredness."

While AF and carotid artery disease require medical intervention, Van Houten is a big proponent of tackling the many preventable risk factors for stroke—like high blood pressure and obesity—with lifestyle changes like healthy diet and regular exercise.

"After someone has just gotten blood glucose and blood pressure tested, we'll do some really fast one-on-one education," he says of the event. "We might say, 'Your blood sugar is fine, but your blood pressure is high. Now you really need to be careful about sodium intake.' Then we might tell the person about the DASH diet and the benefits of exercising every day."

"The big thing is that this event is free, and a lot of people don't have money for preventive care. We're providing free health information and really good, focused tests that can help people determine their stroke risk."

Dr. Jain says that he would much rather help community members prevent stroke than have to treat them in the hospital. Still, he continues to see younger patients—including those in their 40s and 50s—coming to the hospital with stroke.

"Recognizing the signs and symptoms of stroke is important for every member of the community, because the faster people call 9-1-1, the sooner we can treat them and improve outcomes," he says. "At the same time, the more people we see and assess during Stroke Awareness Day, the less likely it is that we'll see those people in the ER because they'll be better able to manage their risk factors."

Free screenings

To learn about your risk for stroke and talk to experts in stroke care, make sure to attend the Stroke Awareness Day & Screenings event being held on Saturday, March 23, in the Conrad E. Anderson, M.D. Auditorium, Rooms A and B, located at 2500 Mowry Avenue (Washington West) in Fremont.

To register for the event, call (800) 963-7070.

Indo-American Community Federation *Unity Dinner*

Join the Indo-American Community Federation (IACF-USA) in celebrating their 12th annual Unity Dinner. The Unity Dinner started after 9/11 to celebrate diversity in the community and promote harmony. It has drawn over 350 elected officials, c-level professionals, and community leaders each year.

Under the theme "The Power of Giving – A Tribute to Patriots and Gadar Heroes, Celebrating Indian American Heritage" the evening offers a sit-down dinner, top-notch entertainment, and address by keynote speaker B.V. Jagadeesh. Congressman Mike Honda will be the guest of honor.

A seminar will be held from 4 p.m. to 6 p.m. at the same venue, presented by the Global Organization of the People of Indian Origin (GOPIO International) to educate participants about Gadar Heroes, individuals who gave their lives in exchange for India's freedom. The seminar will be followed by a social hour from 6 p.m. - 6:45 p.m.

For more information on IACF and the Unity Dinner, visit www.indocommunity.us, e-mail Jeevanzutshi@aol.com or call (510) 589-3702.

Unity Dinner
Friday, Mar 22
7 p.m. - 11 p.m.
Newark Fremont Hilton
39900 Balentine Dr., Newark
(510) 589-3702
www.indocommunity.us
Tickets: $85 pp, $170 couple, $800 table

Seminar on Gadar Heroes
4 p.m. – 6 p.m.
Newark-Fremont Hilton

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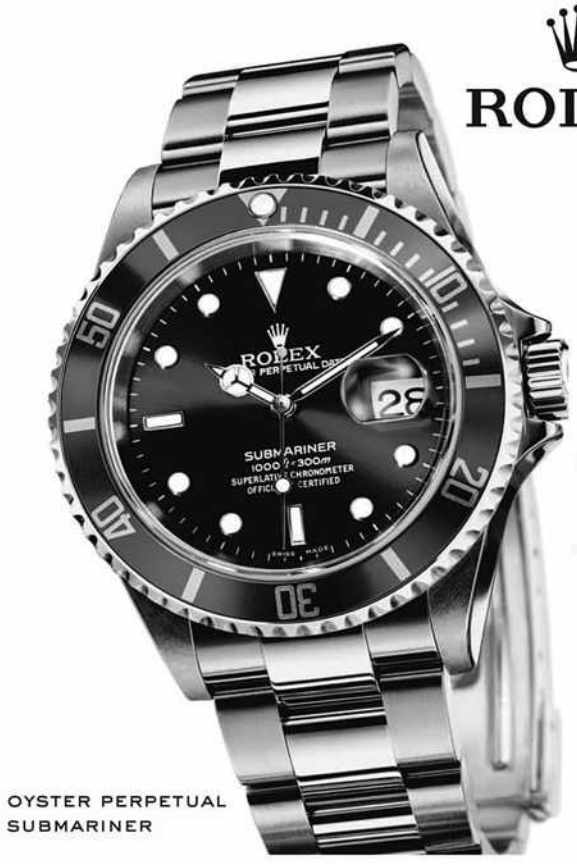

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Don't get off track - make sure to change your clocks on March 10 when Daylight Savings Time (DST) kicks in at 2 a.m. Though this transition initially robs us of one hour, DST treats everyone to more daylight as the longer days of spring and summer approach.

Extended evening daylight is thought to reduce use of artificial light, save energy, increase outdoor activity, and decrease driving accidents. Not to mention the enjoyable feeling that the day doesn't run out before you do!

Benjamin Franklin first came up with the idea in 1784, presented in an essay titled "An Economical Project for Diminishing the Cost of Light." New Zealand entomologist George Vernon Hudson presented the proposal of moving two-hours forward in October and two hours back in March to the Wellington Philosophical Society in 1895. But English butler William Willett gets the credit for DST when his proposal for moving clocks 20 minutes forward each Sunday in April and moving them back in the same manner in September led to the introduction of a bill to the House of Commons in February 1908. The bill, however, received a lot of opposition and never made it into law.

DST was finally put into practice in 1916 during World War I as a measure to replace artificial lighting in order to save fuel. Many countries returned to standard time after the war and wouldn't practice DST again until World War II and, once again it was necessary to conserve vital energy resources.

Year-round DST was instituted in the U.S. by President Roosevelt during World War II from February 9, 1942 to September 30, 1945 and referred to as "War Time." The schedule has been revised many times over the years, but the one we currently follow began in 2007 and starts the second Sunday in March, ending on the first Sunday in November. DST is observed throughout the U.S. with the exceptions of Hawaii and Arizona, as well as areas of Puerto Rico, the U.S. Virgin Islands, American Samoa, and Guam. DST is followed in over seventy countries, although the beginning and end dates often vary from the U.S.

For those who have difficulty adjusting to the change, a brisk walk or run has been found to help, as well as an hour or two spent in bright natural light. Eating earlier and avoiding caffeine and alcohol can also trick the body and may help you to fall asleep sooner.

Remember to move clocks forward one hour before you go to bed on Saturday, March 9 and wake up Sunday morning to the promise of extra sunlight courtesy of Daylight Savings Time!

POPS Italian Dinner Concert

SUBMITTED BY RUTH DUNCAN

American High School in Fremont is hosting its annual Pops Concert and Italian Dinner on March 21. The public is invited to an evening of a delicious pasta dinner, followed by performances by the American High School Choir, Concert Band, Symphonic Band, Jazz Band, Winter Percussion, and Winter Guard.

Along with dinner and music, a silent auction of many enticing items will be presented. The Band Parent Organization has been busy acquiring donations from a wide variety of sources including theme parks (e.g. Disneyland), local businesses, restaurants and individuals. Value of these items range from a few dollars to several hundred. Anyone with an interest in bidding on a wide selection of tickets, gift certificates, baskets, and other "finds" is invited. All auction winners will take home their items at the end of the evening, and all proceeds will directly benefit the American High School Music Department.

The pasta dinner is prepared on premises by parent volunteers with thanks to the Culinary Arts Department of the high school for the use of the department's kitchen facilities and catering trays. Hot spaghetti with the choice of red or white vegetarian sauce and the option of meatballs will be the main course. Green salad, fruit salad, and garlic bread will accompany dinner. A variety of hot and cold beverages will be served as well as dessert.

The main event of the evening will be music performed by award-winning musicians of American High School; a variety of popular music including selections from "Hercules," "Les Miserables," and "Shrek." Most of the concert and symphonic band members are also members of the American High School Marching Band, which received many awards this past fall for their performances at Newark Days, Feste Del Mar (San Jose), Santa Cruz Band Review, Vintage Band Review (Napa), Fairfield Band Review (where the Symphonic Band also received first place), and Oakland's Children's Holiday Parade where they received first place. The Winter Percussion, Guard, and Drum Majors have started out their season with several first and second placings. This fundraising event will help pay for the 70-plus member marching band's new uniforms.

Although the Fremont School District supplies a classroom and the salary of American High School's excellent music and band instructor, Mr. Richard Wong, all instruments, repairs, uniforms, supplies, travel expenses, and ancillary instruction are funded by donations.

Dinner starts at 6:15 p.m. in the Rotunda of American High School. Parking and event entrance are on the side street, Alder Avenue. The concert will start at 7:30 and no food will be served during the concert. Admission is $10, general; students and seniors, $7; children 6 and under are free. AHS students with ASB sticker get in for $6. Please note: there is no separate admission for the concert only.

For more information, call 510-796-1776 ext. 57708, or visit: www.americanbandrocksit.com

American High School's Pops
Italian Dinner Concert
Thursday, Mar 21
6:15 p.m.
Concert, dinner and silent auction
American High School, 36300 Fremont Blvd., Fremont
(510) 796-1776 ext. 57708
www.americanbandrocksit.com

Local students need your vote

SUBMITTED BY
WARRIORS FOR CHANGE

Officials with the Conrad Foundation selected students representing Mission San Jose High School in Fremont, CA to compete in the final round of the 2012-2013 Spirit of Innovation Challenge. Warriors for Change is one of 20 high school teams from around the world invited to present their innovative product at the 2013 Innovation Summit April 10-13 in Houston, Texas for the chance to win one of four $10,000 prizes.

The annual competition, presented by Lockheed Martin Corporation and Battelle, challenges teams of students ages 13-18 from around the world to combine innovation and entrepreneurship along with STEM (science, technology, engineering and math) to create commercially-viable products to benefit humanity. The 2013 teams developed new technologies to solve challenges in the areas of aerospace & aviation, cyber technology & security, energy & environment, and health & nutrition.

Members of the team include: Vivek Calambur and Ruchit Majmudar. Their team, Warriors for Change, developed a product called TADD (Technology Against Drunk Driving) which uses cameras and wi-fi technology to identify potential drunk drivers and alert the highway patrol.

Before the 2013 Innovation Summit, the Warriors for Change has one more hurdle to jump - the People's Choice video contest. From March 18 – 29, the public is invited to review the profiles of the 20 finalist teams, view their product videos and cast a vote for their favorite video. Bay-area residents are encouraged to vote for their hometown team by visiting http://www.conradawards.org/groups. One vote is allowed per person in each challenge category. Public votes provide valuable points in each team's overall score.

For more information, visit www.conradawards.org.

Chabot HONORS women veterans

SUBMITTED BY: DR. LANI WILSON

Chabot College is pleased to announce a program honoring our women veteran students at Chabot and in our communities on Tuesday, March 12. A buffet dinner will be served followed by keynote speaker Lindsey Sin (Wathen), Deputy Secretary for Women Veterans, State of California Department of Veteran Affairs.

Chabot has received proclamations from Hayward City Council (Councilman Francisco Zermeño) and the Alameda County Board of Supervisors (Supervisor Richard Valle, District 2) declaring March 12, 2013 as "Women Veterans Day."

Ceremonies are open to the public: City of Hayward Proclamation Ceremony at 7 p.m., Tuesday, March 5 at Hayward City Hall Council Chambers, 777 B Street, Hayward, and County of Alameda Proclamation Ceremony at 11 a.m., Tuesday, March 12 at Alameda County Board of Supervisors' Chambers, 1221 Oak Street in Oakland.

Women Veterans
Tuesday, Mar 12
5:00 p.m. – 7:30 p.m.
Community & Student Services Center (CSSC)
Bldg. 700 South 25555 Hesperian Blvd., Hayward
(510) 723-6641

Community meetings on Fremont Unified School District budget

SUBMITTED BY ASST. SUPERINTENDENT BUSINESS SERVICES, RAUL A. PARUNGAO

Scheduled community budget forums:

Budget Forums for Parents, Community Members and Staff:
Thursday, Mar 28
7 p.m. – 8:30 p.m.
Fremont Unified District Office, Professional Development Center
4210 Technology Drive, Fremont

Thursday, Apr 11
10 a.m. – 11:30 a.m.
Fremont Unified District Office, Professional Development Center
4210 Technology Drive, Fremont

Budget Forum for District Staff and Principals:
Tuesday, Mar 12
9 a.m. - 10:30 a.m. and 2 p.m. - 3:30 p.m.
Fremont Unified District Office, Board Room
4210 Technology Drive, Fremont

Meeting for Principals' only:
Thursday, Mar 21
7:30 a.m.
Fremont Unified District Office, Professional Development Center
4210 Technology Drive, Fremont

The Parent Representative Advisory Assembly (PRAA) and the American High School Parent Group have requested presentations.

Additional Budget Forum presentations will be scheduled as requested.

For further information, call: (510) 659-2572.

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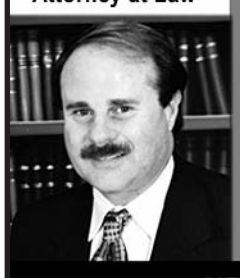

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Police • Fire Crime Protective Services

Fremont Police Log

SUBMITTED BY FREMONT PD

February 22

Officer Ceniceros responded to a suspicious circumstance at 37500 block of Glenmoor. PGE had gone to the location and found that the power to the building had been bypassed. A strong smell or marijuana was emitting from the location. The Major Crimes Unit was contacted. Search warrant was authored resulting in the confiscation of approx. two thousand marijuana plants and the arrest of two suspects found hiding inside.

Officer Nevin responded to a disturbance involving a handgun. The owner of Ramirez Market was in a dispute with a customer over a business transaction. The use of a handgun during the disturbance in a threatening manner was unfounded, but a handgun was present and found to have been stolen in 1999. Handgun was recovered. Officer Nevin investigating.

A residential burglary was reported on the 48100 block of Purpleleaf. Entry via backdoor.

February 23

A gray 1998 Toyota 4runner #2KSV571 was reported stolen from the 46800 block of Winema Common. Investigated by Officer Singleton.

A victim's check was stolen from her mailbox on the 4300 block of Goldenrain Ave and forged. Case handled by Officer Peters.

Three females entered Safeway (Warm Springs), concealed a variety of female cosmetics on their person(s) and exited the store. A Safeway security guard observed the burglary while it was in progress and called the PD. The security guard attempted to detain the three suspects, however they fled on foot towards an awaiting vehicle (Gold Toyota Camry) driven by a fourth female. Two of the female's made it to the car. The security guard was able to detain the third one. She pulled out a can on OC Spray and assaulted the security guard. Fremont units arrived and detained all four suspects. In the end, three were arrested for burglary. One also had a felony warrant for fraud. The one who assaulted the security guard with OC spray was arrested for robbery. Case was handled by Ofc. Hanrahan with assists from Macciola, Malcomson, and Huiskens. Sgt. Snelson supervised the incident.

Graffiti on-view by Officer Contrada who caught a juvenile tagging at Sundale / Bidwell. Juv's tag(s) are "NRS, ENARES, ENERASE and/or ENRS". Follow-up to graffiti abatement to see total of damage as this tag is all over the area.

Officers took a residential burglary report on Caliban. The incident occurred between 4:00 p.m. and 8:00 p.m. Case investigated by Officer Wright FTO Blass.

February 24

CSO Allen investigated a found property case where a safe was recovered from the area of the Quik Stop on Luzon. Indicia was located inside the safe that led CSO Allen to the owner. It was determined the safe was taken during a Fremont residential burglary.

At approximately 11:20 p.m., officers responded to the area of Central Ave between Dusterberry Wy and Joseph St on a report of an injury collision involving a vehicle and a pedestrian. The Fremont Fire Department and Paramedics Plus also responded to the scene. When officers arrived they found the female pedestrian on the ground, breathing but unconscious. After finding no pulse, officers began CPR on the pedestrian until FFD arrived.

During the preliminary investigation, officers at the scene learned that a burgundy 2000 Toyota Corolla was travelling eastbound on Central Ave just past Dusterberry Wy. The Toyota struck a pedestrian who appeared to be crossing Central Ave in the south bound direction. The pedestrian, a 35 year old female and Fremont resident, was transported via ambulance to an area trauma center. She sustained major injuries as a result of the collision.

The driver of the Toyota, a 48 year old female and Union City resident was uninjured in the collision; alcohol or drug use did not seem to be a factor.

The collision scene on Central Ave was closed to traffic during the investigation and was reopened at approximately 3:50 a.m. on 2/25/2013. Anyone who may have witnessed events related to the collision may contact Officer L. Tran # 12745 of the Fremont Police Department Traffic Unit at (510) 790 6760 or (510) 790 6800 ext 12745.

Commercial Burglary at Sushi Tango - 4100 block of Cushing. A window smash entry. Loss was cash from the register.

February 25, 2013

At approximately 10:30 a.m., officers were dispatched to a residential burglary on the 42600 block of Fontainebleau Park Ln. The burglary had occurred between 2/24 at 5:00 p.m. and 2/25 at 9:30 a.m. The rear sliding door was pried open and loss was a laptop.

Officers were dispatched to the 35000 block of Armour Way. The burglary occurred between 9:30 a.m. and 4:00 p.m. Entry was made via a sliding door. Loss is jewelry, lap top and iPad.

Officers responded to the Central Ave area (Centerville) on the report of gang graffiti. The majority of the graffiti was "VNF, X4, NSF, NORTE" in red and the characters were approx. 4' high each. We believe the graffiti was done between 3:00 p.m. and 10:00 p.m. Case investigated by Ofc Wilson.

Officers responded to Glendale Ave to take a stolen vehicle report. A silver Mustang license 5JYZ529 was stolen between 9:00 p.m. and 11:30 p.m. Case investigated by Ofc J Harvey.

February 26

At approximately 10:45 a.m., a resident on the 5000 block of Turban Ct called and reported that two men entered his residence. The victim ran out of the house and over to an adjacent school. The victim observed the suspects flee and get into the listed suspect vehicle. Officers surrounded

continued on page 35

Union City police log

SUBMITTED BY UNION CITY PD

February 23

Officers responded to an in-progress residential burglary on Whitehall Lane at 11:40 p.m. The residents were at home sleeping when one of the residents heard someone in their garage. The male homeowner went into the garage and found a male suspect sitting inside his vehicle. The suspect was attempting to turn on the ignition of the vehicle when he was contacted by the homeowner. The suspect told the homeowner that he had been invited to their home for a party. The suspect then proceeded to tell the homeowner that someone had asked him to back their vehicle out of the garage. Apparently, the confused party-going suspect did not realize that there were two vehicles parked directly behind the vehicle he was sitting in. The suspect was taken to a local jail where he will have plenty of time to think about attending future parties.

February 24

At 12:48 p.m., Fremont Police Department pursued two suspects in a stolen "carjacked" vehicle. The pursuit ended when the suspects crashed the stolen vehicle into multiple parked vehicles in Union Landing. Both suspects attempted to flee on foot after the collision. One of the suspects was apprehended immediately. The second suspect fled on foot through the shopping complex. Officers from multiple agencies responded to assist in attempting to locate the second carjacking suspect. Multiple K-9 officers tracked the second suspect's scent to a dumpster behind the Tribu Grill. The second suspect surrendered after he realized a Police K-9 was about to be deployed.

Officers investigated an armed robbery at the 7-11 store on Alvarado Niles Road at 11:12 p.m. A white male suspect entered the location wearing a gray hooded sweatshirt and a surgical mask. The suspect displayed a firearm at the clerk and demanded money. The suspect fled the store on foot with cash from the register. The suspect was last seen on foot towards Medallion Drive. Anyone with additional information is encouraged to contact the Investigations Unit.

February 26

Officers were dispatched to a just occurred auto burglary in the Rite Aid parking lot at 9:48 p.m. Two white male suspects were seen breaking a window on the victim's vehicle. The suspects removed a laptop computer from the floorboard of the victim vehicle and fled the area in a black colored SUV with tinted windows.

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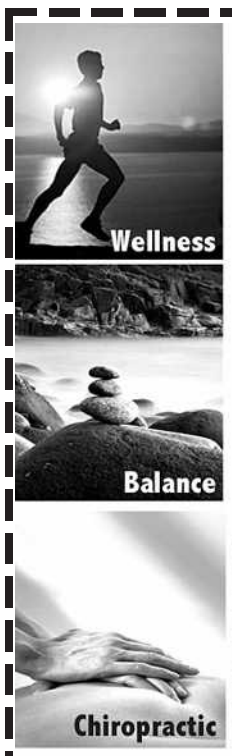

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continued onpage 3

Creating a Healthier Diet: A Guide to "Eating Clean"

peas and legumes are good vegetable sources of protein. Her clean-eating recommendation for dairy products and eggs is to buy organic products if you can afford them.

But what about desserts and other sweet treats? Can they be part of a "clean eating" diet?

"Pure maple syrup and honey are the best sweeteners for clean eating," Meyer says. "Also, pureed fruits such as applesauce or prune whip can be used in place of sugar in a variety of recipes."

At the seminar, Meyer also will provide tips on cooking methods and menu planning, as well as recipes for healthy, economical clean-eating meals.

"Eating clean might mean you have to pay a little bit more for your food," she admits. "It's still a good 'bargain,' though, because you can't buy extra body parts to replace ones that may be damaged by eating an unhealthy diet."

To register to attend the seminar on March 13, call 800-963-7070 or visit www.whhs.com/event/class-registration.

Real Estate professional earns national award

ERA Real Estate President and Chief Executive Officer Charlie Young (left), Debbie Rosetto (center) and Broker Bill Aboumrad (right) celebrate Rosetto's ERA Real Estate award.

Submitted by Tara Davis

ERA Real Estate, a leading global real estate franchisor, has named agent Deborah "Debbie" Rossetto of Legacy Real Estate & Associates ERA Powered in Fremont, Calif. winner of the 2012 #1 Sales Associates in Adjusted Gross Commission (AGC) Award.

With more than $1,250,000 in AGC volume last year, Rossetto sold more than 81 units, ranking as the top AGC agent within the ERA Real Estate franchise system throughout the country. The prestigious award will be presented and celebrated at the 2013 ERA® International Business Conference held March 21-24 in Austin, Texas.

"Debbie represents an elite group of ERA sales associates who excelled in AGC," said Charlie Young, president and CEO of ERA Real Estate. "To be recognized for a career that I thoroughly enjoy is an honor," said Rossetto. "At the end of the day, helping people to realize their home ownership goals is a thrill and a very rewarding experience."

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Newark Police Log

Submitted by Newark PD

February 24, 2013

Officer Cerini arrested a juvenile at 9:25 a.m. for Vandalism. The juvenile was identified by the victim and was asked to clean up her tagging or the police would be called. She advised she didn't have time to clean it up and walked away. The victim called NPD and requested prosecution. The juvenile was contacted and was taken into custody without incident. She was later released on a Notice to Appear.

Officer Nobbe investigated a Residential Burglary in the 5200 block of St. Paul Ave. at 9:54 a.m. The homeowner had left her residence at around 8:20 a.m. and returned home a little before 1000 Hours. Once home, she discovered the back sliding door open and her house ransacked.

Officer Jackman investigated a residential ransack burglary that occurred between noon and 5:40 p.m. on Madeline St. The loss included a safe containing a handgun.

After responding to a report of a suspicious vehicle parked on Locust St. at 10:45 p.m., Officer Taylor arrested Christopher Gooch of San Leandro for being in possession of a dagger. Gooch was booked at FPD Jail.

February 25, 2013

Officers responded at 8:48 p.m. to a report of gunshots shots heard in the area of Newark Blvd. and Lafayette Ave. No victims were located. This incident is still being investigated.

February 26

Officers were dispatched to the area of Newark Boulevard and Cedar Boulevard at 5:55 p.m. after a Citizen reported seeing two males carrying what appeared to be a shotgun. Officers Williams and Ramos located the pair in the area after seeing one of the males carrying the gun. The pair was detained at gunpoint and it was later determined they were both juveniles. The gun itself was a replica "Air Soft" rifle.

An unrelated male identified as David Vazquez (11/07/1971) of Newark was in the area began to give his opinion at the scene of how the officers should handle the situation. Officers learned Vazquez had an outstanding felony warrant for his arrest. The juveniles were released to their parents and Vazquez was arrested for his warrant.

Officers responded to the report at 8:12 p.m. of three subjects dressed in all black clothing, wearing masks, hopping fences of residences in the 37000 block of Saint Edwards St. A perimeter was set and a yard to yard K9 search was conducted. No suspects were located or crime could be established.

March 1

Officer Williams responded to the 35900 block of Argonne Drive at 1:14 p.m. to investigate a residential ransack burglary that occurred between 1050 and 1300 hours. The method of entry was unknown. The loss was two computers and credit cards.

Officer Horst responded at 4:10 p.m. to the 6200 block of Quicksilver Ave. regarding a residential burglary that occurred between 1220 and 1605 hours. Entry was made through a smashed rear sliding glass door. The loss is unknown at this time.

Officer Bloom responded at 12:11 a.m. to a residence in the 37200 block of Cherry St. and investigated a report of stolen vehicle. The owner reported their blue, 4-door 1998 Chevy Malibu, Ca. license plate 4BFC199, had been stolen sometime between 2:30 p.m. and midnight.

Officers responded at 4:50 a.m. to two separate calls of shots fired within a half hour of each other in

continued on page 35

Cataract surgery can mean freedom from glasses!

In the past, choosing the type of lens to implant was made by the cataract surgeon; few options were available. All lens implants were monofocal, providing excellent vision after cataract surgery, but usually only for seeing things at a distance such as distant signs when driving, going to a movie or a ballgame. Corrective glasses were necessary for near vision activity: reading, knitting, sewing, playing cards or keeping your golf score.

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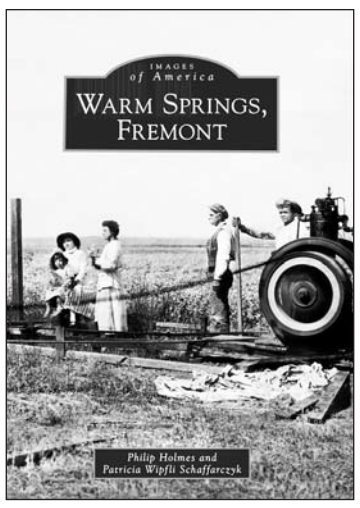
History

Arcadia Comes to Warm Springs

New to Arcadia Publishing's popular Images of America series is Warm Springs, Fremont by local author Philip Holmes and Patricia Wipfli Schaffarczyk. This pictorial history boasts more than 200 vintage images and provides readers with a unique opportunity to reconnect with the history that shaped their community.



Tom Klink at his Warm Springs Hotel in 1907

A photo of the first gasoline powered water pump in the Warm Springs area located on the Antone Alvernaz farm is on the cover of the book. Inside the cover is an 1878 map of the Warm Springs area. Acknowledgements recognize some of the important contributions made to the book by local residents.

The first chapter of the book briefly covers contributions of the Ohlone, early explorers, the Mission and Rancho eras. Native Americans discovered the springs that bubbled from the ground and recognized their value. Pioneer Spanish families used the springs to wash their clothes. When Mission San Jose was founded, the springs became part of the Mission.

Don Jose Jesus Vallejo came in 1836 to dispose of the Mission properties. Fulgencio Higuera was granted a large rancho that included the Warm Springs area from Mission Peak to San Francisco Bay. His family built adobe homes near the springs and Agua Caliente Creek. Clement Colombet bought the area around the springs and established a health resort that became widely known; customers came to drink, gamble, eat and enjoy the medicinal water.

The earthquake of 1868 damaged buildings and ended the resort days. Fulgencio sold 3,000 acres of his best farmland to Americans who not only converted the area to farms, but built houses and settlements. The railroad came through in 1869 and named their station Warm Springs. There was even a boat landing in the muddy bay waters and farmers established vineyards on the slopes above the bay.

Leland Stanford purchased the Warm Springs Resort in 1870. His brother, Josiah W. Stanford took over management of the Colombet ranch, planted more vineyards and developed the winery. By 1875, wine production reached 50,000 gallons a year and Warm Springs became the second largest wine producer in the country. Josiah W. and his family managed the property for many years. He had a Winton automobile that was probably the first auto in the area. The property was sold in 1923 and eventually, part of it became the world famous Weibel Champagne Vineyards of Fred Weibel and family. The other part of the property became Hidden Valley Dude Ranch owned by the Goossen family.

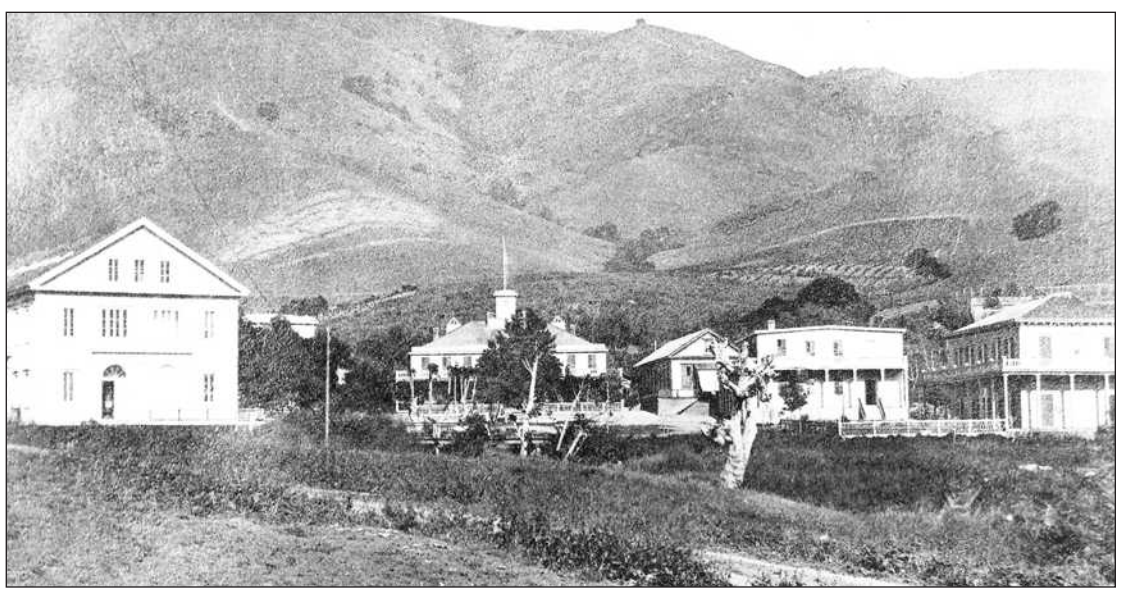
The Warm Springs area was a rural farming community of predominately Portuguese immigrant families from the 1920's to the 1960's. It was a close knit community with most activities centered on family gatherings, church functions and school and club activities. Neighbors helped each other and served as fire fighters in the volunteer fire department.

General Motors established their huge factory in the 1960's and Warm Springs began to change. Housing developments, new roads, more traffic, crowded schools and factories became part of the scene. The Apple Computer plant became a prominent part of a number of high tech and other business firms. Warm Springs began to lose its reputation as an isolated frontier area.

There have been recent attempts to preserve some of the special features of the area including reconstruction of the Higuera-Galindo adobe and restoration of the Curtner Mansion. The National Wildlife Refuge and the Mission Peak Regional Preserve have been set aside to protect wildlife and provide areas for enjoyment of the natural environment. Trail hikes up Mission Peak are popular and City parks have been developed for recreation and social activities.

Warm Springs, Fremont also covers Drawbridge, a ghost town on Station Island, part of the Union Pacific Railroad route, six miles south of downtown Fremont. It was formerly a hunting village but has been a ghost town since 1979.

Warm Springs is a fascinating and unique place with a rich history and a bustling, promising future. Residents have always been proud of the area and feel privileged to live there.



Warm Springs hotel resort 1867

Book signing events:

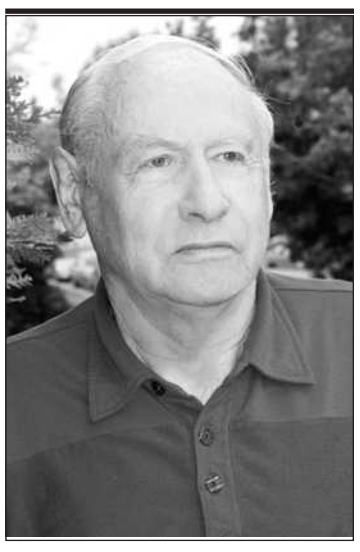
Thursday, Mar 7
6:30-8:30 p.m.
Warm Springs School
47370 Warm Springs Blvd.

Sunday, Mar 10
1:00-3:00 p.m.
Museum of Local History
190 Anza St.

Saturday, Mar 23
1:00-3:00 p.m.
Spin a Yarn
45915 Warm Springs Blvd.

Saturday, Apr 6
10:00 a.m.-2:00 p.m.
Fremont Main Library
2400 Stevenson Blvd.

Alberta George created the first sign for Spin a Yarn 1951



Philip Holmes

PEEK INTO THE PAST

www.museumoflocalhistory.org

Photos courtesy of The Museum of Local History

Santos Column

Three new directors bring change to the water district

For the first time ever, there are three women on the Santa Clara Valley Water District Board of Directors. In December 2012, Nai Hsueh and Barbara Keegan joined District 4 Director Linda J. LeZotte, who is now in her third year on the board. Also noteworthy is that this year marks the second consecutive year that we've had a woman board chair. In January, the board unanimously voted to elect District 5 Director Nai Hsueh as the chair to follow Director LeZotte's run.

Director Hsueh represents District 5, which includes the cities of Cupertino and Saratoga, as well as parts of Sunnyvale, Santa Clara and west San José. She has 30 years of experience working for the water district on water issues, including large construction projects. In her role, she designed a rolling five-year capital improvement program.

Director Keegan, a civil engineer, represents District 2, which includes central and downtown San José, portions of east San José, and Willow Glen. She worked for 19 years for the city of San José's Public Works Department, where she rose to the level of division manager. Keegan subsequently became the city engineer and assistant director of public works for the city of Sunnyvale. She spent the last two years of her career at the water district.

The end of January brought more change to the board when I, and the full board of directors, voted unanimously to appoint Dennis Kennedy to replace former District 1 Director Don Gage, who left the board after being elected mayor of Gilroy. As former mayor of Morgan Hill, Kennedy brings both a South County perspective and political experience to the board. District 1 includes the cities of Morgan Hill and Gilroy, the town of San Martin, the Evergreen and Silver Creek neighborhoods of San Jose, parts of south San Jose, and the hills east of San Jose and Milpitas.

He led the city's efforts to advance the Upper Llagas Creek Flood Protection Project. He has served on the water district's Environmental Advisory Committee and Santa Clara Valley Habitat Conservation Plan planning committee. A graduate of Santa Clara University, Kennedy is a registered professional mechanical engineer.

The three new directors are joining me, Director Richard Santos, and my fellow board members, Linda J. LeZotte, Tony Estremera and Brian Schmidt. For those who don't know me, I was

elected to the board in 2001 as your District 3 representative, serving the areas of Sunnyvale and Santa Clara, Alviso, Milpitas, and the north San Jose and Berryessa communities.

Director LeZotte was elected to the Board in 2010 to represent the City of Campbell, portions of Willow Glen and the Cambrian, North Almaden and Blossom Hill areas of San Jose. Director Estremera was appointed to the board in 1996 to represent District 6, which includes San Jose areas north of Capitol Expressway, east of Highway 280, south of Highway 280 and as far north as the Alum Rock community. Director Schmidt was elected to the board in 2010 to represent District 7, which covers the western side of the county and extends as far south as Almaden and Calero reservoirs and borders Saratoga heading as far north as Palo Alto.

For more information about the Santa Clara Valley Water District and its board of directors, please visit our website www.valleywater.org. There you can ask questions or provide feedback 24-7 through Access Valley Water, our online customer communications service.

As always, I am available for questions or comments as your District 3 representative for the northern areas of Sunnyvale and Santa Clara; Alviso; Milpitas; and the north San Jose and Berryessa communities. Feel free to contact me at (408) 234-7707.

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The United States of ALEC

Submitted by Isabelle McAndrews

The League of Women Voters of Fremont, Newark & Union City will host a DVD-viewing of ALEC on March 18, 2013 at the Fremont Congregational Church, Fremont. ALEC is the acronym for the American Legislative Exchange Council.

The free screening illustrates how companies drive state legislators to create laws that favor corporations. In the past, corporations have influenced state legislators to pass laws on raising credit card limits, privatizing schools and prisons, and modifying the Clean Water Act. ALEC's widespread influence is featured in the DVD which also covers what is being done to restrict ALEC from growing stronger.

A discussion of the film will proceed immediately after it is viewed.

The United States of Alec
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Beals speaks at Chabot for Women's History Month

Submitted by Karen Silva

Dr. Melba Pattillo Beals, author of "Warriors Don't Cry" and "White is a State of Mind," will be speaking at Chabot College on Tuesday, March 12 in the Reed L. Buffington Visual and Performing Arts Center. Dr. Beals made history as a member of the "Little Rock Nine," African-American students involved in the desegregation of Little Rock Central High School in 1957.

These students braved unremitting intimidation and bullying from those who opposed desegregation of the formerly all-white high school. Dr. Beals' experiences during her distressing year at Central High are described in "Warriors Don't Cry." She is the first of the nine students to recount her experiences in a book that won the Robert F. Kennedy Book Award in 1995. An academician and a Congressional Gold Medal recipient, Dr. Beals appears in the segment on the crisis at Central High School from the award-winning documentary film "Eyes on the Prize."

In celebration of Women's History Month, the community is cordially invited to attend Dr. Beals' free speaking engagement on Tuesday, March 12 at noon. There is a $2 charge to purchase a temporary parking permit from meters in each campus parking lot. For more information, contact Jane Wolford at (510) 723-6680.

Dr. Melba Pattillo Beals
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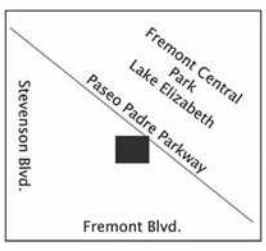

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BUSINESS

Lou Scarpa named Senior Commercial, Multifamily Loan Officer at Fremont Bank

SUBMITTED BY KURT HEATH

Fremont Bank announced today the addition of Lou Scarpa to its commercial lending team as a senior commercial, multifamily loan officer and relationship manager on February 26. In his new role, Scarpa will focus on growing the bank's portfolio of multi-family apartment, commercial real estate, and commercial and industrial loans.

Scarpa has 30 years of commercial real estate lending and brokerage experience in the Bay Area, including nearly a decade of previous service with Fremont Bank. He has also served as a vice president with Colliers International, TMC Development and, most recently, with Bank of the West, where he specialized in small business, multifamily, SBA 504, and commercial real estate loans.

According to Kim Burdick, senior vice president of Fremont Bank's community banking group, "Lou is an outstanding addition to the commercial lending team, and we are proud to welcome him back to the Fremont Bank family."

Find Fremont Bank on Facebook at www.fb.com/FremontBank and on Twitter at @FremontBank.

Calif. Republicans seek to restore party's luster

BY JULIET WILLIAMS
ASSOCIATED PRESS

SACRAMENTO, Calif. (AP), California Republicans began gathering for a round of soul-searching Friday at the start of their spring convention as they seek to restore the party's luster after years of election defeats.

The state GOP is in debt and lost seats in the state Legislature and California's congressional delegation in November. Democrats hold all statewide offices and won supermajorities in the Assembly and Senate last fall.

Rep. Kevin McCarthy of Bakersfield joked that the good news for California Republicans is that they cannot get any lower. He urged Republicans to fundamentally restructure the party's operations, modeling the effort on President Barack Obama's re-election campaign last fall, which he called a "wake-up call to the California GOP."

"The political operation that this president has – communicating, identifying and data-mining – is by far superior to anything that Republicans have," McCarthy said during a gathering of the Sacramento Press Club. "And if there's a place that we should learn it, and if there's a place we should engage in it, and if there's a place we can apply it, it's right here in California."

continued on page 36

Successful Business Plans seminar

This seminar is the building block for any small business owner or entrepreneur in search of a simple and surefire way to understand the fundamentals of writing an excellent business plan for their specific business.

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- The fundamental 10 elements every business plan should include
- What costs a business plan should detail
- What financials should be included in the business plan

For more information or to register for this event go to www.acsbdc.org/events2.

Successful Business Plans
Wednesday, Mar 13
9:30 a.m. - 11:00 a.m.
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2400 Stevenson Blvd., Fremont
www.acsbdc.org/events2

Free

Giving Day

SUBMITTED BY HILDA FURTADO

On March 2nd, Better Homes and Gardens Mason-McDuffie's Fremont Office provided services to help benefit Abode Services, a non-profit organization that offers housing programs and assistance to homeless and low-income families and individuals. Dozens of Fremont office agents and their families spent the day sprucing up Abode's Sunrise Village by painting and freshening up the shelter's community dining room and adding new plants and herbs to the family patio.

The Sunrise Village Emergency Shelter, located in Fremont, was specially designed and built to house homeless families and single adults in an efficient and dignified manner.

Longtime Better Homes and Gardens Mason-McDuffie agent, John R. Smith, is a member of Abode's Board of Directors. "No one in the Bay Area needs reminding that housing here is expensive," said Smith. "For a family struggling to get out of homelessness, finding affordable housing can be a huge obstacle. I am proud that Better Homes and Gardens Mason-McDuffie supports Abode as they work to ensure everyone has a home."

For more information about Abode Services, visit www.abodeservices.org.

NASA Mars rover in safe mode; science halted

AP WIRE SERVICE

PASADENA, California (AP), Science experiments by the NASA Mars rover Curiosity have been put on hold as engineers troubleshoot a problem with its computer.

NASA says the car-size rover is in ``safe mode." In this state, Curiosity suspends science activities but is still in contact with Earth.

Engineers discovered a problem with Curiosity's flash memory earlier this week and switched to its backup computer.

Curiosity landed last summer in Gale Crater near the Martian equator to examine whether environmental conditions were favorable for microbes. It recently drilled into a rock and transferred a pinch of powder to its onboard laboratories to study the chemical makeup. It won't be able to finish the analysis until its systems are back to normal.

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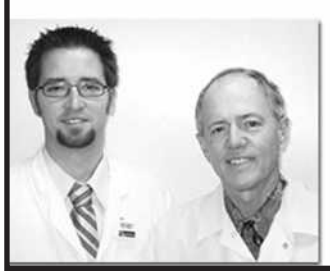

Glenn McCormick, D.D.S.
& Brendan Selway, D.D.S.

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2012 Reader's Choice BEST of Fremont Winner

continued from page 1

Vocal Talent & Journey as blind mezzo-soprano

Rubin defied all odds and expectations, accomplishing many things she was told that she would never be able to do, such as performing a number of operatic roles, including leading roles. In addition, Rubin has co-founded a handful of ensemble groups and the performing arts festival and school, Ohana Arts, in Hawaii where she now lives. Rubin also published "Do You Dream in Color? Insights from a Girl Without Sight," a memoir of her life, musical career and conquering blindness. Along with her memoir, Rubin also released a CD with the same title to showcase the feelings captured in her book. And if that was not enough, she also designs her own jewelry.

For more information about Laurie Rubin or to purchase tickets, visit http://www.smithcenter.com or call (510) 659-6031.

Smith Center Presents!
Mezzo-Soprano Laurie Rubin
Saturday, Mar 9
8 p.m.
Smith Center at
Ohlone College
43600 Mission Blvd., Fremont
(510) 659-6031
http://www.smithcenter.com

Tickets: $20 General Admission, $18 Seniors/Staff/Students, $15 Youth under 12
$2 Event Parking

Level 4 Soccer Training

SUBMITTED BY FRANZ BRUCKNER

Youth coaches are invited to a "Level 4 Course" instruction of technique and tactics March 23-24. During this 12-hour course, strongly partnered with Level 5, coaches will learn how to teach technique as it is applied in the game, design a lesson plan, participate in practical field work and observe a model session. Side game activities that teach technique will be available to take home.

Although it is not required, you may be asked to participate in order to illustrate the instructors' sessions, so wear comfortable clothes and bring extra gear if necessary. We recommend you bring a water bottle, pen or pencil, notebook, fully inflated ball and cleats (or running shoes or indoor soccer shoes if you have an indoor location).

Candidates with any disabilities or health concerns that might limit their participation in activities should notify a staff member before the start of the course. We want to make sure you have the best experience possible at our courses!

Level 4 Soccer Training
Saturday, Mar 23: 9 a.m. – 5 p.m.
Sunday, Mar 24: 9 a.m. – 1 p.m.
MacGregor: Newark Adult Education Center
35753 Cedar Blvd., Newark
(408) 817-0414
(510) 713-0756
Online registration at
http://www.nscaa.com/education/level-4-diploma
wco_soccer@yahoo.com
info@newarksoccerclub.org
Price: $100

Navy dolphins losing out to robots

AP WIRE SERVICE

SAN DIEGO (AP), Dolphins used by the Navy to track down mines will soon lose their jobs to robots.

UT San Diego (http://bit.ly/VbJkA0) reports some military-trained dolphins will be replaced starting in 2017 by a 12-foot unmanned torpedo-shaped vehicle.

The military says the machines can do some of the same mine-hunting duties. And they can be manufactured quickly, unlike the seven years it takes to train a dolphin.

The dolphins won't be relieved of duty. They will still be used for port security and retrieving objects from the sea floor.

The Navy's $28 million marine mammal program dates back to the late 1950s. It uses 80 bottle-nosed dolphins and 40 California sea lions.

Dolphins have been deployed to Iraq and Bahrain to keep ports safe for American ships.

Information from: U-T San Diego, http://www.utsandiego.com

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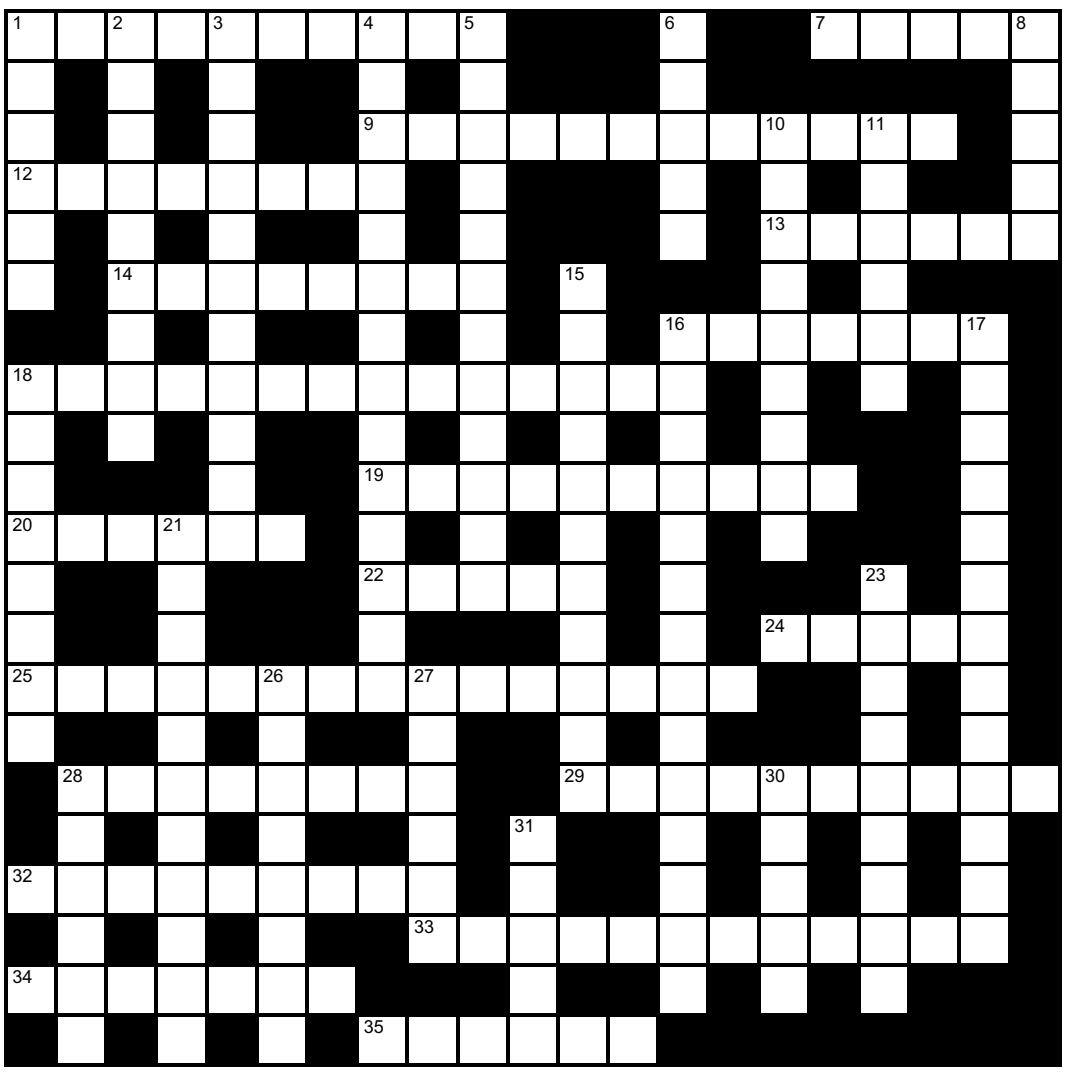
CITY OF Fremont

Mind Twisters

Crossword Puzzle

B 203



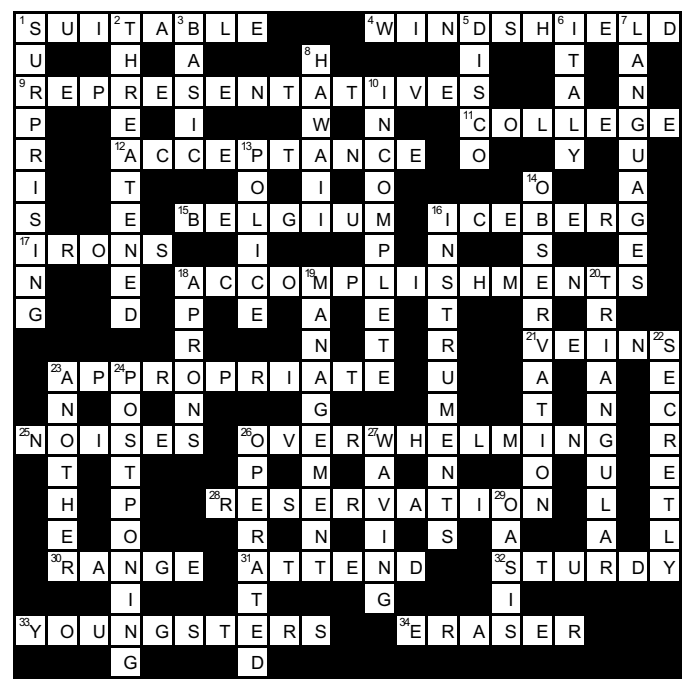
Across
1 Having a preconcieved opinion (10)
7 Computer woe (5)
9 Happening by chance (12)
12 Place of take-of and landing of planes (8)
13 Difficult (6)
14 Causes malaria (8)
16 Very vast, great (7)
18 Mathematical operation (14)
19 Process of computation with figures (10)
20 Put money in with hope of making returns (6)
22 Any Time (5)
24 Baby grand, e.g. (5)
25 People acting for others, usually an elected body (15)
28 Charades, basically (8)
29 Savanna (10)
32 Bonsai are ____ plants and trees (9)
33 Improvements (12)
34 Prohibiting by law (7)
35 Telephone part (6)

Down
1 Plagiarist (6)
2 Exceedingly, pushing the limits (9)
3 Temporarily devoid of sensation (11)
4 Categorization (14)
5 They tell word meanings (12)
6 Watches (5)
8 Swindled (5)
10 Does it by itself (9)
11 Casually resting (6)
15 Scary experience (11)
16 One's own explanation to theories (14)
17 Books with information on variety of things (13)
18 Pertaining to the army (8)
21 Smile, Frown, (11)
23 Alternative to butter (9)
26 Closing doors (8)
27 Proven (6)
28 Stringed instrument (6)
30 "Naughty you!" (5)
31 Detailed, Clear (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.

				5	2		3	9
					9			
	6		8					
					8	7		
				3	4	2	9	
		5						8
		2	4	1			5	
		8			6		4	
		3				6		



B 202

6	3	7	2	4	5	1	8	9
9	2	8	1	3	6	5	4	7
1	5	4	7	9	8	2	6	3
8	4	6	5	7	1	3	9	2
5	9	1	8	2	3	4	7	6
2	7	3	9	6	4	8	5	1
4	6	9	3	5	2	7	1	8
3	1	5	6	8	7	9	2	4
7	8	2	4	1	9	6	3	5

Tri-City Stargazer March 6 – March 12, 2013 By Vivian Carol

For All Signs: Infants born between Feb. 25, 2013 and March 11 have highly unusual horoscopes. During this period, there are six planetary bodies in the sign of Pisces. Many of these children will be deeply in touch with the collective unconscious and their wisdom may be astounding. This is likely so, even though they may be slower to learn practical matters of tying shoes, for example. Many will have special talents in the arts, writing, and music because of their gifted imaginations and the ability to mentally travel on frequencies most of us have tuned out. If you are the caretaker of one of these children, offer many opportunities to play in color and music. Given the tools, your child will lead you where he/she needs to go.

Aries the Ram (March 21-April 20): You may feel droopy at the beginning of the week, but on the 12th your ruling planet, Mars, enters your sign. This will bring you a jolt of energy that will be with you for nearly seven weeks. Now is the time to prepare to take initiatives. Mercury turns direct on the 17th so you can then focus this energy productively.

Taurus the Bull (April 21-May 20): Double check all incoming information this week, including that which you are thinking. This is a good time to enjoy friends and loved ones all around you. Romance looks favorable. Someone from the past may return for another "go" at relationship. Take your time on that one.

Gemini the Twins (May 21-June 20): Important issues in the areas of life direction, career, marriage, and family are prominent at this time. There are almost too many options! Your mind is flying with thoughts, details, questions and maybe answers. Write down your better ideas for reflection in the future. Right now Mercury, your ruling planet, is retrograde, so it is better to collect, rather than act upon information.

Cancer the Crab (June 21-July 21): You have favorable aspects concerning romance, social life, and family life with husband and children. This is a good time to heal rifts in any relationship. You may be traveling or making plans for your next journey. Aspects favor the law, education, the internet and publishing.

Leo the Lion (July 22-Aug 22): Given that Mercury is retrograde in your 8th house, the probability is that you are searching high and low for data in order to prepare your taxes. Don't panic if paper or data is lost during a Mercury retrograde, because it almost always resurfaces quickly. Aspects favor researching information about family heirlooms or history.

Virgo the Virgin (August 23-September 22): Because Mercury is retrograding in your 7th house, changes will be coming to you through others. Those of you engaged in any kind of contract or promise may feel the need to back off and rethink the situation. Those who are recently separated may want to try the relationship again. Hang onto your center. You can't make everyone happy.

Libra the Scales (September 23-October 22): Make it a point to triple check important details this week or you are liable to have to do your work over again. People from your work past return for a happy reunion. Aspects favor income, home repairs, and family life. Your frame of mind is steady, in spite of multiple activities.

Scorpio the Scorpion (October 23-November 21): Go with the flow at the beginning of the week. You can't push a 100 lb. rock uphill, no matter how hard you try. On the 12th, your planetary ruler, Mars, moves into a sign of strength and will be with you seven weeks. The romantic horizon is favorable. Just don't push the river. The wheels of the Powers that Be are finally turning in your direction.

Sagittarius the Archer (November 22-December 21): The symbols appear as though all your family members, their children, and their in-laws are visiting you at the same time. Although this is unlikely, your circumstances may feel as though you have so much change happening in your home (or in your psyche) that you can hardly contain it all. Take your time. Calm is in the future.

Capricorn the Goat (December 22-January 19): Since November your path has become gradually easier. Work is available if you want it, which is reassuring in these times. Your mind is steady and you may be preparing to teach something soon. The flow is coming your way and you are "called" to lead others. Right now is the time to gather information.

Aquarius the Water Bearer (January 20-February 18): Social and romantic life is favored this week. You may be mixing business and pleasure in a pleasant combination. This is a good time to discuss issues within a relationship because you are steady of mind and likely to be realistic, in relation to yourself as well as others. Avoid making concrete promises because circumstances may soon change.

Pisces the Fish: (Feb. 19-Mar 20) Give special attention to the lead paragraph. All those planets (6) in your sun sign suggest that you may be filled to overflowing with people and things in your life. Even the New Moon is in your sign on the 11th, suggesting a new creative idea is just beginning to emerge. Make time for your introversion in order to keep your balance.

Are you interested in a personal horoscope?
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March 2013

Healthy Fast Food

Wednesday, Mar. 6, 7 – 8:30 p.m.

Fremont Center
3200 Kearney Street, Fremont
Building 2, First Floor Conference Center

Presented by Valerie Spier, MPH, R.D., CDE
PAMF Nutrition Services

510-498-2891

Join PAMF dietitian, Valerie Spier, in an exploration of the advantages and disadvantages of fast food dining. We'll help answer your questions and offer solutions for handling food challenges during the busy work week, kids' events, running errands at the weekend and lunch outside the home. Specific resources to help you navigate the fast food restaurants in our area will be provided.

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Thursdays, 11 a.m. – 1 p.m.
510-498-2146

Fremont Center
3200 Kearney Street, Fremont

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- *Childbirth Preparation*

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- ***Living Well with Diabetes***
- ***Living Well with Prediabetes***
- ***Raising Healthy and Happy Eaters!*** *(for parents of children ages 1-6)*

Weight Management Programs, 510-498-2184
- ***Bariatric Weight Loss Surgery Program***
- ***Healthy eating. Active lifestyles.*** *(for parents of children ages 2-12)*
- ***Lifesteps®*** *(adult weight management)*
- ***New Weigh of Life*** *(adult weight management)*

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The Health Resource Center offers information and support for those who wish to make informed decisions regarding their health and wellness. The center is open to all members of the community.

- Nurse health educators
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BYE BYE BIRDIE

Submitted by Pamela Rosen

Irvington High School Conservatory Theatre (ICT) is proud to present "Bye Bye Birdie" as its spring musical, March 7 through March 23 at Irvington's Valhalla Theatre in Fremont. Featuring the talents of 100 high school actors, singers, dancers, technicians, and musicians, "Bye Bye Birdie" recalls with joyful spirit the teenagers of early 1950s middle America, and their singular obsession with a new phenomenon called rock n' roll.

"Bye Bye Birdie" is one of the most beloved shows in American musical theatre history. It was among the first shows to incorporate rock music into the score. Based loosely on real events, it tells the tale of teen idol Conrad Birdie who is drafted into the army. At the urging of his songwriter Albert Peterson, Conrad travels to Sweet Apple, Ohio, with Albert and Albert's long-suffering girlfriend, Rosie.

Rosie has convinced Albert to write a farewell song for Conrad in a last-ditch attempt to create a hit for both Conrad and Albert so she can finally marry the elusive Albert. Conrad will kiss one lucky fan chosen at random on the Ed Sullivan Show; the lucky winner is 16-year-old Kim MacAfee.

But the trip to Sweet Apple is nowhere near as sweet as Albert and Rosie planned. Kim is a girl in a star-struck town with a jealous boyfriend, a well-meaning but overbearing family, and a free-spirited mind of her own. Her energy and attitude inspire Rosie—and the soon-to-be drafted Conrad—to realize they still have "a lot of living to do."

Featuring such memorable songs as "Put on a Happy Face," "Kids" and the iconic "Telephone Hour," Irvington's production of "Bye Bye Birdie" is full of energy, color, and fun. Irvington High School is Fremont's Arts Magnet high school, and its conservatory program is known for exceptional quality education for talented students in both academics and the arts.

Under the direction of Scott Di Lorenzo, "Bye Bye Birdie" will be performed March 7 - 9, 14 - 16, and 21 - 23 at 7:30 p.m. with additional matinee performances on March 10 and 17 at 2 p.m. Ticket prices range from $12 for students and seniors to $20 for premium seating. The Friday, March 8 performance will be interpreted for the hearing impaired. Tickets are available at www.irvingtondrama.com. Just click the "Buy Tickets" button to choose the best seats for you!

For more information, call (510) 687-6423, or visit www.irvingtondrama.com.

Bye Bye Birdie
Thursday, Mar 7 – Saturday, Mar 23
7:30 p.m. (Sunday matinees: 2 p.m.)
Valhalla Theatre
Irvington High School
41800 Blacow Rd., Fremont
(510) 687-6423
www.irvingtondrama.com
Tickets: $12 - $20

Congressmen to speak at local event

Submitted by Temple Beth Torah Brotherhood
Photos courtesy of Congressional offices

As part of their Speakers' Series, Temple Beth Torah's Brotherhood presents U.S. Congressional Representatives Mike Honda and Eric Swalwell on Sunday, March 10.

Do you know who your representative is? With the new districting, Congressman Eric Swalwell now represents northern Fremont, Union City, Hayward, Pleasanton, Livermore and surrounding areas. Congressman Mike Honda represents most of Fremont, Milpitas, Sunnyvale, Santa Clara and northern San Jose. Will Fremont's new congressmen represent your interests and views? Come hear them speak and have them answer your questions.

The program will be held on Sunday, March 10, from 9:30 a.m. – 11 a.m., at Temple Beth Torah, 42000 Paseo Padre Pkwy., Fremont. The cost is $10 per person or $8 for seniors (60+). A light breakfast (lox, bagels, coffee, fruit and orange juice) is included. Please RSVP (respond) by emailing: abemaz@pacbell.net

Congressmen Mike Honda and Eric Swalwell
Sunday, Mar 10
9:30 a.m. to 11:00 a.m.
Temple Beth Torah
42000 Paseo Padre Pkwy., Fremont
RSVP: abemaz@pacbell.net

$10 per person/$8 for seniors (60+)
A light breakfast (lox, bagels, coffee, fruit and orange juice) included.
Presented by Brotherhood of Temple Beth Torah

continued from page 1

Music, Magic, Memories

unteers to 30-40. MFMII's 25th Docent Training Classes will be taught at both the Castro Valley Adult School and the Fremont Adult School with a goal of preparing 50 new docents for schools in the fall of 2013.

Today MFMII serves Fremont, Newark, and Castro Valley School Districts along with some Extended Day Care Centers in Dublin and Pleasanton, private schools and preschools. Currently, about 100 docents share half hour weekly music lessons with almost 5,000 children. Music for Minors II has been warmly received in the East Bay community, receiving generous funding donations from the Fremont Unified School District, Niles PTA, and the Candle Lighters.

The Benefit Gala will celebrate the organization's devoted volunteers as former and current volunteers reunite while increasing the program's visibility in the community. Funds raised will expand MFMII within current school districts served and introduce its programs to Hayward, San Lorenzo, San Leandro, and Milpitas. Since its inception, MFMII's mission is to fill a "void" by bringing music education to schools and nurturing the love and literacy of music in children's lives. Zilli says, "The void continues and has even become more severe due to budgetary cutbacks and the current economy. Children cannot wait for future funding. They are the most susceptible in their formative years and often a musical experience can open up a child to the amazing world of music for a lifetime."

Gala attendees will enjoy a delicious dinner, fun-filled silent and live auctions and talented local entertainers including Music for Minors students who will perform opening songs, "You Can Make a Miracle" and "Music in Me." Docents, Newark Memorial Advanced Choir, an Indian dance troupe and the Dream Achievers Band of young adults with autism will also be providing entertainment. A harpist, opera singer, live Peruvian band led by a new MFMII docent and dancing are all part of the evening's festivities. Dessert will include a champagne toast to another 25 years and certificates of sponsor recognition. MFMII thanks "Fremont Bank for being such a strong Platinum Sponsor of the Gala along with many other sponsors and donors to make this milestone event so memorable."

Early registration is requested since dinner entree selections are necessary. Tickets will not be available at the door. All proceeds from the Gala go directly to Music for Minors II.

For more information and pre-registration, visit www.musicforminors2.org.

Music for Minors II Gala:
Music, Magic, Memories
Friday, Mar 15
6 p.m. - 11 p.m.
Fremont Marriott
46100 Landing Pkwy., Fremont
(510) 733-1189
www.musicforminors2.org

Tickets: $55 per person

Are You Ready for the Summer?

Submitted by Rena Kiehn, City of Fremont Recreation Supervisor

It's never too soon to start thinking about your future. Even if that future is just a few short months away. And what happens during those summer months can help establish your life and career in ways you would never expect.

Working at the City of Fremont Recreation Services Division for the summer season this year could prove to be that very thing. The skills learned and experiences, whether serving food to a customer, singing a song with a group of children, practicing drills with young sports enthusiasts or guarding patrons at the swimming pool in the Aqua Adventure water park will reinforce other life experiences during this rapidly developing time of life. These positions are ideal for older high school students and college-age young people.

Joel Teran says, "Working for the City of Fremont has introduced me to various amounts of responsibilities and put me to the test. Through training and of course experience I obtained countless skills. Upon being hired, I wasn't the most confident or outgoing person in the world, but in an environment where being yourself is encouraged, I then found myself singing and dancing in front of an audience."

Edris Kamal adds, "The City of Fremont Recreation Services Division is a great opportunity for all styles of people. Whether you are artistic, athletic, creative, or have musical talents, there is a spot for you. This opportunity offers future experience and helps to build confidence and character. You will always be working around fun and friendly co-workers who share the same interests as you."

About 100 positions being filled this summer and will vary in length of committed time and range of duties. You can learn more about the specific job duties and download the part time recreation application by visiting: www.fremont.gov/employment.

Turn in completed applications and take part in preliminary interviews at the first ever City of Fremont Summer Job Fair on March 11 at the Centerville Community Center, 3355 Country Drive from 5:00 – 7:30 pm. It will showcase various employment opportunities: day camp counselors, sports and arts staff, food servers, lifeguards and building attendants.

Summer Job Fair
Monday, Mar 11
5:00 p.m.–7:30 pm
Centerville Community Center
3355 Country Drive (behind Washington High School)
www.fremont.gov/employment

Art Show

Submitted by Brian Edwards

Students from Newark Memorial High School will be showing works of art for Art IS Education month in March at the Newark Library. Photography, graphic art, painting and drawing will all be presented. A reception will be held on Thursday, March 14 during which the NMHS choir will also be making an appearance!

Newark Memorial Art Show
Thursday, Mar 14 – Saturday, Mar 30
Reception: Thursday, Mar 14
6 p.m. – 8 p.m.
Newark Library
6300 Civic Terrace Ave. Newark
(510) 795-2627 ext. 16
bedwards@aclibrary.org

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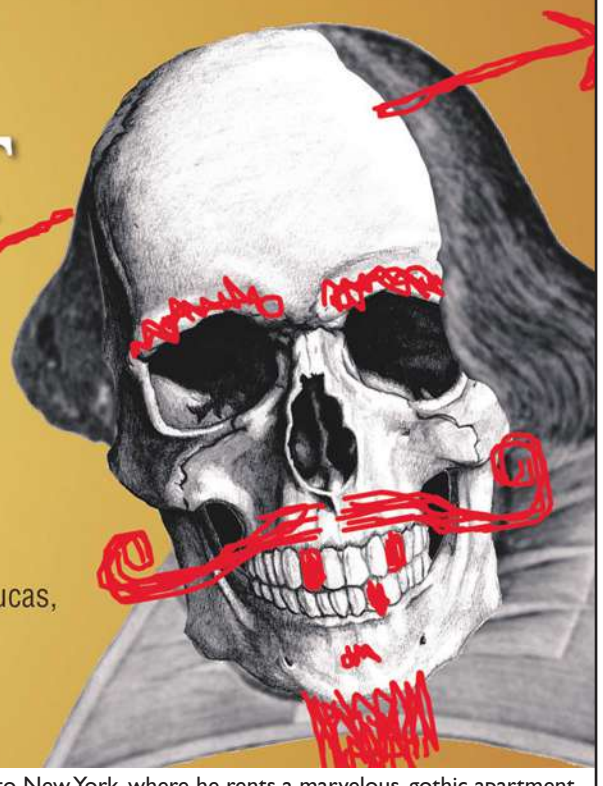
Aileen Chanco, Piano
Paul Binkley, Guitar
Bill Everett, Double Bass
with Clarinetist and Alto Saxophonist
Mike Corner
Organist
Ron McKean
and Tango Dancers
Count Glover & Tatjana Greiner
THURS MARCH 7, 2013
8:00 PM Concert
7:15 Pre-Concert Talk
at Old Mission San Jose
43300 Mission Blvd. Fremont
With his innovative style and desire to develop the music of his heritage and bring it to the classical stage, Astor Piazzolla changed the face of music forever with the birth of his new genre, "Tango Nuevo". Works by Astor Piazzolla, Carlos Gardel, JS Bach and Pablo Ortiz including "Rough Dancer", Adios Nonino, Tangata and Hipermilonga

www.musicatmsj.org
Tickets: $25/$20
Tango Apasionado is funded by SFFCM's Musical Grant Program

Broadway West Theatre Company Presents
I HATE HAMLET
by Paul Rudnick
Directed by Angie Higgins
March 22 – April 20
Tickets: (510) 683-9218
Featuring:
Adam Magill, Melinda Marks, James Lucas, Doll Picotto, Shareen Merriam and Matt Singer

A young and successful television actor relocates to New York, where he rents a marvelous, gothic apartment. With his television career in limbo, the actor is offered the opportunity to play Hamlet onstage, but there's one problem: He hates Hamlet. His dilemma deepens with the entrance of John Barrymore's ghost, who arrives intoxicated and in fullcostume to the apartment that once was his.
Broadway West Theatre Company 4000-B Bay Street, Fremont

The LOOP

Mission-Foothill makeover almost complete

Submitted by Chris Gillis

Construction of "The Loop" in Hayward will start Friday night, March 15, 2013 and be completed before Monday's morning commute on March 18, 2013. This is a final piece of the biggest public works project in Hayward's history, designed to relieve congestion, improve traffic and provide easier access to Hayward's Downtown. However, completing this critical piece of the 238 Corridor Improvement Project will require major traffic disruptions for a short period of time.

The Loop is part of the 238 Mission Corridor Improvement Project, started in August 2010. Three hundred new trees, Bay Friendly-rated landscaping, landscaped medians, improved sidewalks and new LED street lighting are just some of the highlights. The final product will be a massive improvement for Hayward. Construction of this huge project will be complete by June 2013.

The Loop: new traffic flow takes effect on March 18, 2013. For a video about The Loop, visit http://bit.ly/XLjd7W

The Loop changes the flow of traffic to a single direction - in a loop configuration - affecting the critical Five Flags area from Jackson Street and Mission Boulevard up to A Street and Foothill Boulevard. It will send southbound traffic from Foothill Boulevard down A Street then onto Mission Boulevard. Northbound traffic will flow from Mission Boulevard and Jackson Street in the south onto Foothill Boulevard until it becomes two-way again north of A Street. From the north, Main, A, C, and D Streets offer several easy ways into Downtown. Heading out of Downtown, Main, B, C, and D Streets all have ways to jump back into The Loop or across it to access the Hayward BART Station or the Upper B Street neighborhood.

The Route 238 Corridor Improvement Project is paid for primarily with Alameda County Measure B funds, the half-cent transportation sales tax passed by voters and administered by the Alameda County Transportation Commission. The Project is designed to improve access for residents and businesses while improving traffic flow and reducing congestion.

For more information about the Route 238 Corridor Improvement Project, visit http://bit.ly/JxiJHb

Missing person

Submitted by Amy Rickard

The family of Samantha "Meka" Tuia is offering a reward of $3,000 for information leading to her safe return. She has been missing from Hayward since February, 19, 2013.

Samantha is a 29-year old female. She is 5'5" tall, weighs 230 lbs and has brown eyes and black hair. She is of Samoan descent.

She was last seen in Hayward, wearing a white shirt, gray hooded sweater with blue jeans, black shoes and a red jacket over the gray sweater. She usually wears her hair in a bun.

Anyone who has seen, or thinks they have seen, Samantha Tuia should contact Hayward Police Department at (510) 293-7272.

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Saki's SPIN-A-YARN Restaurant,
www.thefremontrotary.org

Mission San Jose
Pres. Tom Handley
Meets Friday, 12:15 p.m.
Papillion Restaurant, Fremont
www.missionsanjoserotary.org

Newark
Pres. Nancie Allen
Meets Tuesday, 12:15
Sinodinos Steakhouse
We contribute to charities and organizations locally and globally and give time and energy to local projects. Rotary is a fun way to give back. We invite you to join us for lunch.
www.newarkrotary.org

Fremont/Union City/Newark
Pres. Daniel Lo
Meets Thursday, 7:00 p.m.
Crowne Plaza Hotel, Union City
We join in service projects locally and around the world. We sponsor the Logan Interact Club and are actively involved with the Rotaract Club of Greater Fremont
www.funrotary.com

Niles/Fremont
Pres. Sandra Young
Meets Thursday, 12 p.m. Wash. Hospital, West Conrad Anderson Auditorium
Come help us raise funds for local charities at our annual Reverse Raffle Fundraiser on Apr. 13th. Niles Rotary Foundation continues its' support of local charities: Alameda Cty. Blue Star Moms Fremont Synphony Orchestra • Tri-City Health Center • Fremont Education Foundation • Life ElderCare and many more
www.nilesrotary.org

Fremont Warm Springs Sunrise
Pres. Gregory Bogdanoff
Meets Wed. 7:15 a.m.,
Courtyard by Marriott,
Rotaract, Interact, Renee Lovely and local volunteers delivered a heart-warming Christmas Party for approximately 300 Title One Children. We provided snacks, entertainment, a visit with Santa, presents and baskets of food for their family's Christmas.
www.fremontwarmspringssunrise.org

Rotaract Club of Greater Fremont
President Yvonne Kwan
Meets Wed, 7:00 p.m. Color Me Mine
• www.rotaractfremont.org

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Watercolor Collage Workshops

SUBMITTED BY SACHIE JOHNS

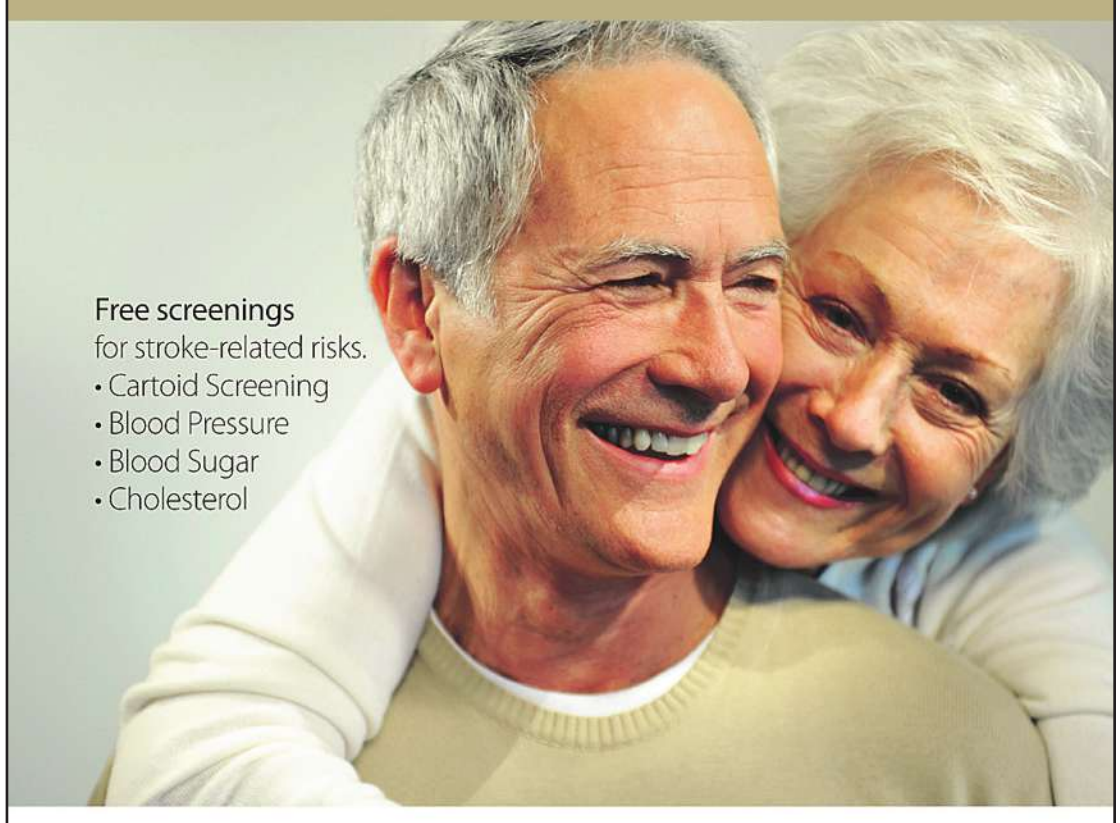
By popular demand, award-winning multi-medium artist/teacher Grace Rankin will present a series of collage workshops, Friday through Sunday, March 15-17 at The Fremont Art Association Centre/Gallery in Niles-Fremont. Learn about torn paper techniques from abstract to realistic using variety of papers. 10 a.m.-3 p.m. each day. Fees are $150 for the entire session; $60 per session.

Grace Rankin is primarily a self-taught multi-media artist with a current focus in watercolor and mixed media/collage. Rankin has studied design and collage and portraiture with nationally recognized artists Gerald Brommer, Mike Bailey, and Ted Nuttall. The artist has been teaching watercolor for the past 25 years, both on location (including art academies) and in the studio. She also teaches in Europe and on cruise ships periodically. She is a signature member of Society of Western Artists and Alliance of California Artists and is a long time member of the FAA and the gallery. Her art works have been exhibited in many prominent public facilities in the region. Collectors of her art include Clint Eastwood.

To register and inquire about the supplies to bring, please call The FAA Gallery/Centre at (510) 792-0905 or visit www.FremontArtAssociation.org.

Collage Workshops
Friday – Sunday, Mar 15 - 17
10 a.m. – 3 p.m.
The Fremont Art Centre/Gallery
37697 Niles Blvd., Fremont
(510) 792-0905
www.FremontArtAssociatin.org
Cost: $60 per session; $150 entire session

Join us for Stroke Awareness Day.



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- Highest ranking for legal ability & ethical standards by National Legal Publication
- Instructor, Stanford University Law School, Advanced Trial Advocacy Workshop, 1995-2010
- Faculty, Santa Clara University School of Law, Law Clinic, 1987

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City of Fremont Community Services Department / Recreation Services Division presents a

Summer Job Faire

Monday, March 11th 5:00 – 7:30 pm

Centerville Community Center

3355 Country Drive (behind Washington High School)

- Obtain life-enhancing skills and work experience
- Gain new friendships while earning money at the same time!
- This work experience looks great on college resumes' and scholarship applications and future job applications
- Ideal for older high school students and college-age young people

Come prepared to fill out an application and dress professionally as you may be selected to take part in an on-the-spot job interview. Our part-time staff have gone on to receive college degrees and pursue careers in medicine, science, law, education, public service, art, and WALL STREET!

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Looking for enthusiastic people to lead groups of children, play sports and games, sing songs, create arts & crafts, teach storytelling and creative dramatics, conduct science experiments, lead nature activities, supervise field trips and more!

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Can you teach dance & movement, cooking, art, ceramics, health & fitness classes? Make sure to put that on your application!

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AQUA ADVENTURE WATERPARK

- Pool Attendant
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Special skills required

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- Concessions

SPORTS PROGRAMS

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- Basketball
- Baseball/Softball
- Multi-Sports camps

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- Building Attendants
- Boat Handlers

VOLUNTEER PROGRAMS
If you don't get a job, you can volunteer through our Teen Leadership Academy. Work all the hours you need for graduating high school in three weeks! Get the info!

If you have any questions about this event, contact Rena Kiehn at teens@fremont.gov or call **(510) 494-4344** (email preferred)

Fremont City of Fremont Recreation Services Division

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March 13, 2013
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• Bunratty Castle Medieval Banquet • Glendalough & St. Kevin's
• Jaunting Car Ride • Muckross House & Gardens

*For complete trip details and brochure
(510) 537-2424 or diane@hayward.org

HAYWARD CHAMBER of COMMERCE

chamber explorations
CST #2048841-40

NSW Newark Symphonic Winds

Newark Symphonic Winds

Spring Concert

- Newark Memorial High School Theatre 39375 Cedar Blvd.
- March 9, 2013 7:00 p.m. - 9:00 p.m.

FREE ADMISSION!
Donations welcomed

Director *Richard Wong*

Free Spring Concert
presented by the
Fremont Bank Foundation
Sharing with the Community

Newark Memorial High School Theatre
Saturday, March 9, 2013
7:00 p.m. - 9:00 p.m.

Enjoy an evening of delightful and inspiring symphonic music provided by the Tri-City's own 40 musician symphony - the Newark Symphonic Winds - directed by Richard Wong.

Come listen to wonderful arrangements from the Wizard of Oz, the music of ABBA, the Sabre Dance, the Tijuana Brass, and many more.

There also will be a special performce by the Montecito Brass.

Cost of admission is "**FREE**", no tickets are necessary.

For information, call 510-552-7186
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newarksymphonic.org

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Scheduled Monthly Services & Events
Great Lent Begins March 17th
Saturdays 6 pm - Great Vespers (Beginning of Sunday Resurrection Services)
Sundays 9:30 am - Hours & Divine Liturgy followed by common meal & Children's Christian Education
Thursday 2/14 7 pm – Prayers of Intercession for Those Suffering from Addiction
Tuesdays 10-11:30 am Father's Cafe (informal Discussion with Q&A over coffee)
Visit our website to see our Lenten weekday services at www.stchristinaorthodox.org
For More information please contact us at 510-739-0908 or email us at mail@stchristinaorthodox.org. All are welcome!
Church Temple: 3721 Parish Ave, Fremont, CA Offices: 3612 Peralta Blvd, Fremont, CA

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www.unityoffremont.org
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$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

Arts & Entertainment

It's A Date

Continuing Events

Monday, Jan 29 - Thursday, Mar 15

Life of Sculpture
8 a.m. - 6 p.m.
Inspired by Jan Beran
Milpitas Community Center
457 E. Calaveras Blvd., Milpitas
(408) 586-3409

Saturdays, Feb 2 thru Mar 23

Children's Theater Classes $R
10 a.m. - 11 a.m.
Presented by Boldly Me. Ages 14 & under
Centerville Presbyterian Church
4360 Central Ave., Fremont
(408) 768-9257
www.boldlyme.org

Saturdays, Feb 9 thru Apr 20

Teen/Senior Computer and Gadget Help
10:30 a.m. - 12:30 p.m.
Teen volunteers help seniors with electronic gadgets & computer basics
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

Monday, Feb 1 - Friday, Mar 30

Art: Believe/Achieve
9 a.m. - 5 p.m.
Art from the National League of American Pen Women
John O'Lague Galleria
777 B Street, Hayward
(510) 538-2787
www.haywardarts.org

Monday, Feb 12 - Sunday, Apr 30

Tom Cain Memorial Photography Exhibit
Mon – Fri: 5 a.m. - 9 p.m. & Sat – Sun: 7 a.m. - 3 p.m.
Winning entries from the annual photography contest
Union City Sports Center
31224 Union City Blvd., Union City
(510) 675-5328

Wednesday, Feb 13 - Saturday, Apr 6

Children's Book Illustrators Exhibit
11 a.m. - 5 p.m.
Eleven Illustrators & sixteen books are featured
Sun Gallery
1015 E St., Hayward
(510) 581-4050
www.sungallery.org

Thursday, Feb 14 - Sunday, Mar 10

Sherlock Holmes: The Final Adventure $
8 p.m. (Sunday matinees: 2 p.m.)
The world's greatest detective faces his longtime adversary
Douglas Morrison Theatre
22311 N Third St., Hayward
(510) 881-6777
www.dmtonline.org

Friday, Feb 15 - Sunday, Mar 10

Sunshine Boys $
8 p.m. (Sunday matinees: 2 p.m.)
Not so friendly aging comedians are forced to work together
Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
www.chanticleers.org

Thursday, Feb 15 - Sunday, Mar 16

Women's Figurative Art, An Appreciation of the Human Form
12 noon - 5 p.m.
Sculptural art from 10 California women artists
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357

Monday, Feb 1-Friday, Mar 19

Tri-City Senior Peer Counseling Volunteer Training
9 a.m.
Seniors 50+ learn counseling skills to support other seniors
City of Fremont
3300 Capital Ave., Fremont
(510) 574-2064
lcox@fremont.gov

Thursday, Mar 7 - Sunday, Mar 17

Bye Bye Birdie $
Thurs - Sat: 7:30 p.m.
Sun: 2:00 p.m.
Elvis inspired musical
Irvington High School
41800 Blacow Rd., Fremont
(510) 590-7510
www.irvingtondrama.com

Thursday, Mar 7 – Friday, May 3

Hayward Arts Council Members' Spring Show
1 p.m. – 3 p.m.
Offerings from member artists
Foothill Arts of the Bay Gallery
22394 Foothill Blvd., Hayward
(510) 538-2787
www.haywardarts.org

Tuesday, Mar 5

Animal Time for Kids $
3:30 p.m. - 5:00 p.m.
Nature class for ages 4-7
Sulphur Creek Nature Center
1801 D. St., Hayward
(510) 881-6747

Wednesday, Mar 6

Introduction to T'Aichi Chih & Qigong
1:30 p.m.
Focus on movement & meditation
Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org/branches/csv

Wednesday, Mar 6

General Plan Update Workshop
7 p.m.
Provide your vision of Hayward's future
Hayward City Hall
777 B St., Hayward
(510) 582-4210
www.Hayward2040.org

Wednesday, Mar 6

Ohlone College World Forum
12 noon - 2 p.m.
Innovations Inspired by Nature
Smith Center
43600 Mission Blvd., Fremont
(510) 659-6000

Wednesday, Mar 6

Guest Artist Demonstration
7 p.m. - 9 p.m.
Multi-media presentation by Carolyn Lord
Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905
www.FremontArtAssociation.org

Monday, Mar 6

Free Tax Service
4 p.m. - 8 p.m.
For households with incomes less than $51,000
Fremont Family Resource Center
39155 Liberty St., Fremont
(510) 574-2020

Fremont Hills
Assisted Living & Memory Care
Upcoming Seminars at Fremont Hills
Fremont Hills is offering a variety of FREE seminars ranging from Fall Prevention, and the effects of Alzheimer's – to dealing with Depression and Strokes.
Our goal is to help educate and highlight these issues for our residents, their loved ones, and the entire Fremont Community
These seminars will take place at Fremont Hills. Seminars will be led by the area's foremost leaders on their respective topics.
Inviting Professionals & Families affected by Alzheimer's and Dementia
RSVP by March 24th
Tuesday, March 26th
5:30pm – 6:30pm
Alzheimer's care, how to help our loved one maintain nutritional status
Vinh Mai, RD
LifeHOUSE Health Services
35490 Mission Blvd.
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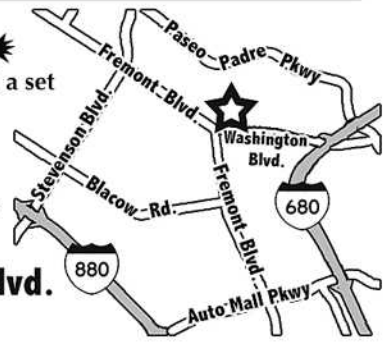

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Thursday, Mar 7
Music at the Mission: Tango Apasionado $
8 p.m.
Music of Astor Piazzolla
Mission San Jose Museum
43300 Mission Blvd., Fremont
(510) 791-8186
www.musicatmsj.org

Thursday, Mar 7
Journey Home Breakfast Fundraiser – R
7:30 a.m. - 8:30 a.m.
Help end homelessness
Fremont Marriott
46100 Landing Pkwy., Fremont
(510) 657-7409 ext. 203
www.abodeservices.org

Friday, Mar 8
Science Lecture for Kids
4:30 p.m.
For school-age children
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

Friday, Mar 8
Wind Orchestra & Mission Peak Brass Band $
8 p.m.
Spring concert
Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.com

Friday, Mar 8
Milpitas Community Jazz Concert
7:30 p.m.
Big Band Jazz
Milpitas Community Center
457 E. Calaveras Blvd., Milpitas
(408) 586-3210

Friday, Mar 8
Summer Program Fair
6:15 p.m. - 8:15 p.m.
Student activities for kids 5 – 18
American High School
36300 Fremont Blvd., Fremont
(510) 585-7440

Friday, Mar 8
"Night of January 16" $
7 p.m.
Courtroom drama production, dinner & after party
Golden Peacock Banquet Hall
24989 Santa Clara Street, Hayward
(510) 732-2625
www.goldenpeacockbanquets.com

Friday, Mar 8
Milpitas Community Concert
7:30 p.m.
Jazz, blues, swing & funk music
Milpitas Community Center
457 E. Calaveras Blvd., Milpitas
(408) 586-3210
http://milpitascommunityconcertband.yolasite.com/

Friday, Mar 8-Saturday, Mar 9
Open House
Fri: 5:30 a.m. - 9:00 p.m.
Sat: 7:00 a.m. – 3:00 p.m.
Tour the facility & enjoy a free workout
Union City Sports Center
31224 Union City Blvd., Union City
(510) 675-5808

Saturday, Mar 9
Laurie Rubin $
8 p.m.
Mezzo-soprano singer
Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.com

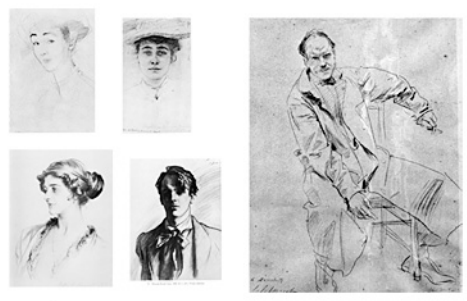
Saturday, Mar 9
Reptile Ramble
1:00 p.m. - 2:30 p.m.
Activities for ages 5+
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220

Saturday, Mar 9
American Red Cross Blood Drive
10:30 a.m. - 4:30 p.m.
Fremont Police Department honors Officer Todd Young
Saddle Rack
42011 Boscell Rd., Fremont
(800) 733-2767
www.redcrossblood.org

Saturday, Mar 9
Adult and Pediatric First Aid & CPR $R
9:00 a.m. - 3:30 p.m.
Learn to respond in an emergency
American Red Cross Training Center
33641 Mission Blvd., Union City
(800) 733-2767
www.redcross.org/training

Saturday, Mar 9
Family Scrapbook Making Workshop – R
2 p.m.
Instructions & supplies provided
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

Saturday, Mar 9
Nowruz Celebration
2:30 p.m. - 4:30 p.m.
Afghanistan & Iran New Year celebration
Union City Branch Library
34007 Alvarado Niles Rd., Union City
(510) 745-1464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Smith Center Box Office
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Saturday, Mar 9
Opening Day Ceremonies
8:30 a.m.
Parade, BBQ & baseball
Niles - Centerville Little League
599 Orangewood Dr., Fremont
(510) 797-5165
http://www.eteamz.com/nc/

Saturday, Mar 9
Opening Day Ceremonies
10 a.m.
Parade, food & baseball
Fremont American Little League
40432 Torenia Circle, Fremont
www.eteamz.com/fall-fremont/

Saturday, Mar 9
Celebration of Women Through Fashion & Time $
12 noon - 2:30 p.m.
Luncheon, fashion show & raffle to benefit SAVE
Elks Lodge
38991 Farwell Dr., Fremont
(510) 793-5683
http://fremontelks.org/upcoming-events.html

Saturday, Mar 9
Pasta & Crab Feed $
6 p.m. - 10 p.m.
Benefits MSJHS athletics & arts programs
Newark Pavilion
6430 Thornton Ave., Newark
(510) 793-5683

Saturday, Mar 9
Newark Symphonic Winds Spring Concert
7 p.m. - 9 p.m.
Variety of arrangements
Newark Memorial High School Theatre
39375 Cedar Blvd., Newark
(510) 791-0287
www.newarksymphonic.org

Saturday, Mar 9
Wild Turkey Chase – R
10:00 a.m. - 11:30 a.m.
Look for turkeys & other fowl
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249

Saturday, Mar 9
Phlower Photography – R
9:30 a.m. - 11:00 a.m.
Learn to photograph birds & insects
Ages 12+
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparksonline.org

Saturday, Mar 9
Free Tax Service
12 noon - 4 p.m.
For households with incomes less than $51,000
Union City Branch Library
34007 Alvarado Niles Rd., Union City
(510) 574-2020

Saturday, Mar 9
Ohlone College Super Flea Market $
8 a.m. - 3 p.m.
Support Ohlone College programs
Ohlone College
43600 Mission Blvd., Fremont
(510) 659-6285

Saturday, Mar 9
Safe and Peaceful Fremont: A Leadership Conference – R
4 p.m. - 6 p.m.
Explore ideas to reduce violence & stress in the city
Family Resource Center
39155 Liberty St., Fremont
(510) 574-2000
http://www.stressfreeviolence-free.org

Sunday, Mar 10
Kim Angelis & Josef Concert
1 p.m.
Gypsy violin & guitar music
MacGregor/Bridgepoint School
35653 Cedar Blvd., Newark
(510) 793-5683
www.lov.org

Sunday, Mar 10
5k & 10k Fun Run & Walk $
8 a.m.
Family fun for all ages
Union City City Hall
34009 Alvarado-Niles Road, Union City
(510) 675-5808

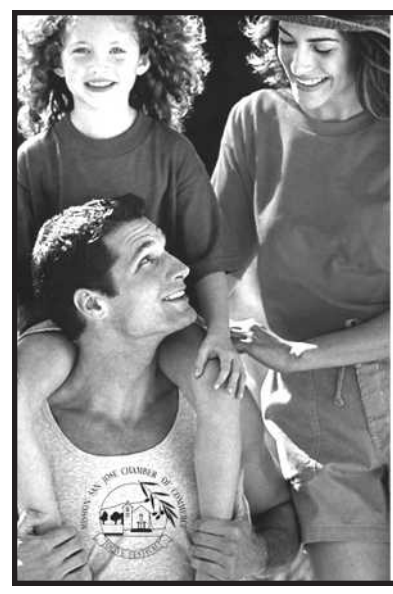
Sunday, Mar 10
Speakers' Series Program
9:30 a.m. - 11:00 a.m.
Featuring Congressmen Mike Honda & Eric Swalwell
Temple Beth Torah
42000 Paseo Padre Pkwy., Fremont
(510) 656-7141

Monday, Mar 11
General Plan Update Workshop
7 p.m.
Provide your vision of Hayward's future
Matt Jimenez Community Center
28200 Ruus Road, Hayward
(510) 583-4210
www.Hayward2040.org

Monday, Mar 11
Fremont Recreation Services Summer Job Fair
5:00 p.m. - 7:30 p.m.
Fill out applications for various opportunities
Dress professionally
Centerville Community Center
3355 Country Dr., Fremont
(510) 791-4324

Monday, Mar 11
Construction Job Recruitment Workshop
1 p.m.
For skilled laborers, carpenters & certified electricians
Ohlone College Newark Center
39399 Cherry St., Newark
(510) 794-3879

Friday, Mar 15
Leprechaun Land for Wee Folk $R
5:30 p.m. - 8:30 p.m.
Games, activities, snacks & goodie bags
Ages 2-10
Fremont Teen Center
39770 Paseo Padre Pkwy., Fremont
(510) 494-4349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Mission Hills Tennis Club REOPENS

Mission Hills Tennis and Fitness Club will hold its grand re-opening Saturday, March 30.

Spring Teams can register immediately; membership pre-signups start March 1st. The refurbished club features updated cardio and weight machines and a refreshed clubhouse, community building. Special membership offers are available during the renovation/planning phase.

Mission Hills grand re-opening
Saturday, Mar 30
9 a.m. – 9 p.m.
Mission Hills Tennis Club
10 E Las Palmas Ave., Fremont
(510) 656-2250
www.theclubatmissionhills.com

Dark Matter

Submitted by Chabot Space & Science Center

Mysterious dark matter and dark energy are aspects of our Universe that we cannot see, taste, or feel, but they are very important: dark matter keeps galaxies gravitationally bound, and dark energy is accelerating the expansion of the Universe. We wouldn't exist without dark matter, or if dark energy were much stronger than it is!

Dark Matter
Chabot Space & Science Center
Friday, Mar 22
6:00 p.m. - 7:30 p.m.
Dr. Alex Filippenko, Astrophysicist
10000 Skyline Blvd., Oakland
(510) 336-7300
VisitorInfo@ChabotSpace.org

Tickets: $20 Members / $23 Guests
Seats are limited

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For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org.
Times & Stops subject to change

Tuesday, March 5
9:45–10:15 Daycare Center Visit - UNION CITY
10:45–11:15 Daycare Center Visit - FREMONT
2:15 – 3:00 Daycare Center Visit - NEWARK
4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT
5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

Wednesday, March 6
12:45 – 2:15 Glenmoor School, 4620 Mattos Drive, FREMONT
3:50 – 4:20 California School for the Deaf, 39350 Gallaudet Dr., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday, March 7
10:00–10:30 Daycare Center Visit - SAN LORENZO
10:45–11:30 Daycare Center Visit - CASTRO VALLEY
1:00 – 2:00 Fame Charter School, 16244 Carolyn St., SAN LEANDRO
2:25 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD

Monday, March 11
9:30–10:05 Daycare Center Visit - UNION CITY
10:25–10:55 Daycare Center Visit - City UNION CITY
1:45–2:45 Delaine Eastin School, 34901 Eastin Dr., UNION CITY
4:15–4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY
5:15–6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday, March 12
9:15–11:00 Daycare Center Visit - FREMONT
2:00–2:30 Daycare Center Visit - FREMONT
2:30 – 3:25 Cabrillo School, 36700 San Pedro Dr., FREMONT
4:45 – 5:30 Baywood Apts., 4275 Bay St, FREMONT
5:50 – 6:30 Jerome Ave. and Ohlones St., FREMONT

Wednesday, March 13
1:00 – 1:45 Hillside School, 15980 Marcella St., SAN LEANDRO
2:00 – 2:45 Eden House Apts., 1601 - 165th Ave., SAN LEANDRO
3:15– 3:45 Baywood Ct., 21966 Dolores St., CASTRO VALLEY
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

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Wednesday, March 6
1:45-3:00 Foothill School, 1919 Landess Ave., MILPITAS
3:15-3:45 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

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Cougars continue to dominate

Submitted by Mike heightchew
Photo by Mike Heightchew

On Friday night, May 1, sparkling Cougar play clearly demonstrated why they are the best team in their division. Newark Memorial's Cougars, using a stifling defense, dismantled the Dublin Gaels to claim the North Coast Section Division II title, 74-60.

Number one ranked, the Cougars defense dominated the well regarded, high-powered Gaels offense which previously had not scored less that 85 points in any other playoff game. Dublin started on a good note as they scored first four points of the game but then things quickly fell apart when the Cougar defense stepped in forcing several turnovers – the ton was set for the rest of the night. Newark started using its great team speed and a defense that never let up all night, refusing to give the Gaels any second shot opportunities.

Along with a powerful offensive attack by Joey Frenchwood, Jo Jo Zamora and Chandler Rockwell, the Gaels were knocked off balance without an effective counterpunch. Joey Frenchwood had the hot shooting hand for Newark with 21 points. He had help from Chandler Rockwell who found great open lines to drive the ball to the hoop, resulting in16 points and Jo Jo Zamora was unstoppable from the outside as he racked up 13 points of his own.

Dublin did start a run of its own three minutes into the second quarter when Devin Koeplin went in for nice layup. Hard contact under the basket resulted in a foul shot and he found the net in a free throw to give the Gaels a 20-18 lead. But the Newark offense went back to work and the Cougars scored six straight to points regain the lead. Another well-timed 8-0 Cougar run closed the half.

The Gaels made one last push to close within three points, 36-33, with two minutes left in the third quarter, but again, Newark's defense stepped in and led the way to the title as the Cougars fought back and took control of the game with dogged determination. Back in control, the Cougars used the outlet pass to run the court for a 12-0 streak to finish the game with a final score, 74 to 60.

Newark Memorial 23-7 (ranked #7 - North Host) will travel to Archbishop Mitty High School 26-4 (ranked #2 – North Host) of San Jose for the first round of California Interscholastic Federation (CIF) Regional playoffs March 8th.

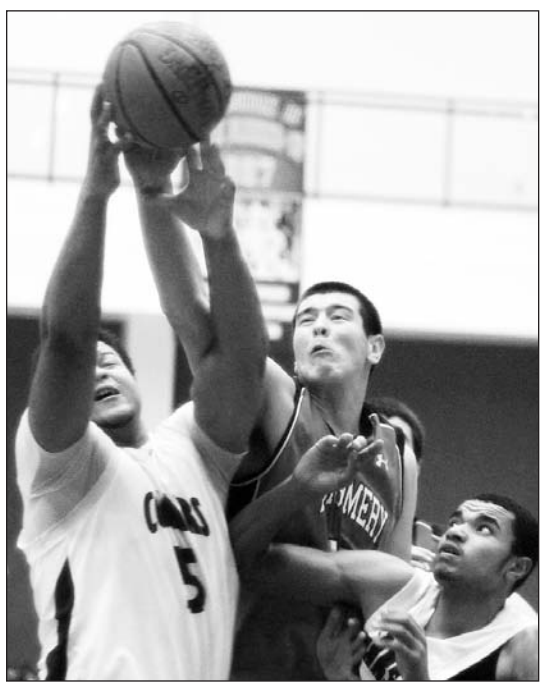
Cougars advance in Division II Championships

Submitted by Mike Heightchew
Photo By Mike Heightchew

Newark Memorial's Cougars advanced to the North Coast Section Division II Championship as they overcame a furious first quarter assault by the Montgomery Vikings (Santa Rosa) in the semi-final matchup February 27 at Washington High School (Fremont). The Vikings attacked quickly with a determined offense by shooting stars Keil Long and Alec Raven, hoping to put the Cougars off-balance. It worked, barely, creating a slim one point lead (11-10) at the end of the first quarter.

Landing on their feet, the Cougars displayed why they will go to the championship game as they put on a display of all-around basketball prowess. The defense led the way, fighting hard on every play under the basket and smothering Raven and Long with double coverage. As the tone of the game changed, the Cougar offensive power of Jo Jo Zamora (17 points) and Joey Frenchwood (13 points) began to score at will.

By the end of the contest, it was clear that the Newark Memorial Cougars (22-7) belong in the championship game facing the Dublin Gaels (24-5) on their home court at Dublin High School Friday, March 1. Dublin advanced to the finals with a convincing win over Mt. Eden (Hayward).



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Reservations: 510-797-2121

WORLD SERIES TROPHIES COME TO TOWN

By Simon Wong

The SF Giants and City of Hayward will host a reception at City Hall from 3:30 p.m. until 6 p.m. on Tuesday, March 12, 2013. Guests of honor will be the 2010 and 2012 World Series trophies and all are welcome to attend. SF Giants fans and other baseball supporters will have the opportunity to pose for photographs.

Hayward Police Department's (PD) Lt. Sheryl Boykins wears many hats including that of the Hayward Junior Giants Commissioner for the City of Hayward, a post in which she has served for 12 years. Originally, as a Hayward PD Officer, she coached local children who enrolled in the Junior Giants program held during the summer vacation. As her professional career progressed, it became increasingly difficult to devote time as a coach. The Junior Giants' invitation to become Commissioner of the Hayward League enabled her to continue her association with the program.

Youngsters who enroll in the Junior Giants program can play baseball in a non-competitive environment. It is geared toward those who are unable to join Little League because of financial issues, lack of knowledge of the game and similar constraints. It costs approximately $150 for a child to play in Little League, a substantial sum for a family on a very tight budget.

The Giants Community Fund finances the program which is facilitated by Hayward PD. Officers coach the young athletes and interact with them as sporting role models rather than law enforcers. To continue to engage young people and assure the program's future in Hayward, the Hayward League hires former participants, too old to qualify to play, as the next generation of coaches. Hayward PD organizes an annual basketball tournament in July to raise monies to enable the Junior Giants Fund to cover the following year's stipends for young coaches.

"The Junior Giants program, which is open to youngsters aged five to 15 years, has kept many on the straight and narrow."

In 2012, more than 500 children enrolled. They were organized into teams based on age group and, to some extent, ability. There are players with learning difficulties, partial sight and other issues requiring accommodation. Nobody is turned away unless staff finds the numbers too overwhelming. Although some might prefer a different field, baseball is played at Weekes Park, South Hayward. Conveniently, most children can walk there.

"The Hayward League aims to instill and develop qualities in players, including leadership," stated Boykins. "In 2012, a father took his eight-year old daughter to Target for new shoes. Customarily, she would leave her old ones behind and return home in her new footwear. On this occasion she refused the new items, explaining to her father that 'this is not what leaders do,' adamant the Junior Giants would not let her play in better kit than everyone else. She left the store barefoot. This was a family on a limited income and a young girl wrestling with her conscience. We were able to obtain backpacks, shoes and other items for her through Hayward Rotary and when we informed Target, they highlighted her.

"There is a former player who came up through the program and has learning disabilities. He joined when he was 10 and is 24-years old now and one of our coaches. All he wants is to be a Giant; sadly, that will never happen but he loves the SF Giants, wears their colors all the time, talks about them incessantly and is another of our success stories," Boykins reflected.

The Junior Giants program, open to youngsters aged five to 15 years, has kept many on the straight and narrow. Rather than leave them generally unsupervised during the summer months, at an impressionable age and subject to peer pressure, they can play baseball in a safe environment. The Hayward Area Recreation and Park District allows the program free use of Weekes Park. Similarly, the "Let's Do Lunch, Hayward… and Breakfast, Too" program provides free meals for the players and families. According to Boykins, it is impossible to put a monetary value on the program's success; the rewards for all concerned are the personal and social values the program imbues.

"I had to write a proposal to the SF Giants explaining why the Trophies should come to Hayward. I highlighted our involvement with the Junior Giants and how the program has grown each year. One of the requirements that must be met, if the Trophies are to be displayed in our City, is at least 1,000 visitors. There are 500 children, plus parents, and we have engaged with Chabot and Cal State University's Athletics Departments. The whole community is encouraged to attend," explained Boykins. "How often do you have the opportunity to see the World Series Trophy? The SF Giants also request a $2 donation from anyone whose photo is taken with the Trophy for the benefit of the Junior Giants Fund.

If there is an opportunity to volunteer or participate in some other way with our program, please get involved. This program is easy to fund; our overheads are low, so a few donations each year are the difference between the program's continuation and demise. The Giants provide free shirts, hats, gloves… all the equipment. Baseball is the all-American game," concluded Boykins.

For more information, contact Lt. Sheryl Boykins at (510) 293-7270 or at sheryl.boykins@hayward-ca.gov

World Series Trophies Exhibit
Tuesday, Mar 12
3:30 p.m. – 6:00 p.m.
City Hall
777 B Street, Hayward
(510) 293-7270

WHAT IF I DON'T HAVE DENTAL INSURANCE?
DO YOU NEED DENTAL CARE RIGHT AWAY?
Simplicity
Easy to use and easy to understand!
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STARSTRUCK
YOUTH PERFORMING ARTS
Spring Break Camp: Monday thru Friday
April 1-5, 2013
At StarStruck Theatre Studio
42307 Osgood Road Unit L, Fremont, CA
(Space is limited)

Creative Drama
Ages: 6-9
$150.00
9:00am-12noon (Drop off no earlier than 8:50am)
These young actors will create characters and stories based on imagination. They will learn songs and dances from Broadway musicals such as Annie, The Lion King, The Little Mermaid and more...They will build their own props, having fun with creative theatre crafts activities.
StarStruck Showcase
Ages: 10+
$175.00
1:30pm-5pm
Students will have daily classes in vocal audition technique as well as monologue preparation, scene study and dance/movement. Students will experience a mock audition and a final showcase presenting what they learned in the program.
* The focus of the daily classes will be on the preparation of monologues, ensemble songs, partner work (scene study) and developing movement and dance skills. These skills will be tailored to the student's needs and experience levels.
To Register Please Contact StarStruck Theatre
http://starstrucktheatre.com
Phone: (510) 659-1319

PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case No. HG13665774
Superior Court of California, County of Alameda
Petition of: Mark Beresford Evans for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Mark Beresford Evans filed a petition with this court for a decree changing names as follows:
Mark Beresford Evans to Mark Beresford
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 4-26-2013, Time: 8:45 AM, Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: Feb. 1, 2013
C. DON CLAY
Judge of the Superior Court
2/12, 2/19, 2/26, 3/5/13

CNS-2441498#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case No. HG13665819
Superior Court of California, County of Alameda
Petition of: April Ann M. Acu for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
April Ann M. Acu to April Ann Marasigan
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 04-26-13, Time: 8:45 am, Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice
Date: Feb. 1, 2013
C. Don Clay
Judge of the Superior Court
2/12, 2/19, 2/26, 3/5/13

CNS-2441491#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case No. HG13665673
Superior Court of California, County of Alameda
Petition of: Andrew Mercer for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Andrew Mercer filed a petition with this court for a decree changing names as follows:
Andrew Mercer to David Williams
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 04-12-13, Time: 8:45am, Dept.: 504
The address of the court is 24405 Amador St., Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: Jan. 31, 2013
C. DON CLAY
Judge of the Superior Court
2/12, 2/19, 2/26, 3/5/13

CNS-2441379#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT
File No. 475414
The following person(s) is (are) doing business as:
MZ Limousine, 4171 Greenland Terrace, Fremont, CA 94555,County of Alameda
Muhammad Z Rafique, 4171 Greenland Terrace, Fremont, CA 94555
Sumreen Zafar, 4171 Greenland Terrace, Fremont, CA 94555
This business is conducted by married couple
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 02/27/13
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Muhammad Rafique
This statement was filed with the County Clerk of Alameda County on February 27, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
3/5, 3/12, 3/19, 3/26/13

CNS-2452882#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
File No. 437115
The following person(s) has (have) abandoned the use of the fictitious business name: **Green Cleaning Solutions, 3963 Southampton Ter., Fremont, CA 94555**
The fictitious business name referred to above was filed on April 12, 2010 in the County of Alameda.
Sonia Vazquez, 33030 Lake Mead Dr., Fremont, CA 94555
This business was conducted by:
S/ Sonia Vazquez
This statement was filed with the County Clerk of Alameda County on February 25, 2013.
3/5, 3/12, 3/19, 3/26/13

CNS-2451664#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 475160
The following person(s) is (are) doing business as:
Kyrin International Trading Company, 46228 Warm Springs Blvd., #420, Fremont, CA 94539, County of Alameda
Shaolong Qu, 46228 Warm Springs Blvd., #420, Fremont, CA 94539
This business is conducted by an Individual.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Shaolong Qu
This statement was filed with the County Clerk of Alameda County on February 21, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
3/5, 3/12, 3/19, 3/26/13

CNS-2450425#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 475143
The following person(s) is (are) doing business as:
Realty One Group American, 42820 Albrae St., Fremont, CA 94538, County of Alameda
American Realty & Business Corp., 42820 Albrae St., Fremont, CA 94538; CA
This business is conducted by a Corporation.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Mohinder Pal Singh, CEO
This statement was filed with the County Clerk of Alameda County on February 21, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
3/5, 3/12, 3/19, 3/26/13

CNS-2450423#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 474973
The following person(s) is (are) doing business as:
Aone Beauty Saloon, 4927 Mansbury St., Fremont, CA 94538, County of Alameda
Ranjita Khadka, 4927 Mansbury St., Fremont, CA 94538
This business is conducted by an Individual.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on Feb. 15th, 2013.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Ranjita Khadka
This statement was filed with the County Clerk of Alameda County on February 15, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
2/26, 3/5, 3/12, 3/19/13

CNS-2449125#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 474697
The following person(s) is (are) doing business as:
K-Pop Cafe, 3504 Fremont Blvd., Fremont, CA 94536, County of Alameda
Edward Y. Choi, 3610 Andrews Dr. #312, Pleasanton, CA 94588
This business is conducted by an Individual.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 2/7/13.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Edward Y. Choi, Owner
This statement was filed with the County Clerk of Alameda County on February 7, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
2/26, 3/5, 3/12, 3/19/13

CNS-2448455#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 473980
The following person(s) is (are) doing business as:
Five Star Massage, 21915 Foothill Blvd., Hayward, CA 94541, County of Alameda
Xiuli Wu, 1639 9th Avenue, Oakland, CA 94606
This business is conducted by an Individual.
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Xiuli Wu
This statement was filed with the County Clerk of Alameda County on January 17, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
2/26, 3/5, 3/12, 3/19/13

CNS-2447866#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 474496
The following person(s) is (are) doing business as:
Amana Enrichment, 4282 Bay St. #310, Fremont, CA 94538, County of Alameda
Gulled Mahmoud, 4287 Bay St., Apt. 310, Fremont, CA 94538
Surulere Molawa Sobayo, 4287 Bay St., Apt. 310, Fremont, CA 94538
Tokunbo Marie Sobayo, 1608 Hollenbeck Ave., Apt. #1, Sunnyvale, CA 94087
This business is conducted by a General partnership
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 2/1/13
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Gulled Mahmoud, Partner
This statement was filed with the County Clerk of Alameda County on February 1, 2013
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
2/19, 2/26, 3/5, 3/12/13

CNS-2446520#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 474495
The following person(s) is (are) doing business as:
Champion Auto, 23970 Clawiter Rd., Hayward CA 94545, County of Alameda
Champion Auto Inc., CA, 23970 Clawiter Rd., Hayward, CA 94545
This business is conducted by a Corporation
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 1/1/10
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Illegible
This statement was filed with the County Clerk of Alameda County on February 1, 2013
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
2/19, 2/26, 3/5, 3/12/13

CNS-2446512#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 474798
The following person(s) is (are) doing business as:
Mission BioMedical Consulting, 177 Mission Road, Fremont, CA 94539, County of Alameda
Qi Meng, 177 Mission Road, Fremont, CA 94539
This business is conducted by an individual
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Qi Meng
This statement was filed with the County Clerk of Alameda County on February 8, 2013
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
2/19, 2/26, 3/5, 3/12/13

CNS-2444870#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 473907
The following person(s) is (are) doing business as:
Nunu's Daycare, 981 61st St., Oakland, CA 94608, County of Alameda
Anushka Bliss, 1010 60th St., Oakland, CA 94608
This business is conducted by an individual
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 1/1/13
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Anushka Bliss
This statement was filed with the County Clerk of Alameda County on January 16, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
2/12, 2/19, 2/26, 3/5/13

CNS-2442070#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 474487
The following person(s) is (are) doing business as:
Bhandal Pizza dba Mountain Mike's Pizza, 5333 Thornton Ave., Newwark, CA 94560, County of Alameda
Gurdeep Singh Bhandal, 24282 Willimet Way, Hayward, CA 94544
Gurpreet K Bhandal, 24282 Willimet Way, Hayward, CA 94544
This business is conducted by Married Couple
The registrant(s) commenced to transact business under the fictitious business name or names listed above on (Illegible)
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Gurdeep Singh Bhandal
This statement was filed with the County Clerk of Alameda County on February 01, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
2/12, 2/19, 2/26, 3/5/13

CNS-2442061#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 474065
The following person(s) is (are) doing business as:
Stay Active Sports Medicine Inc., 40419 Gibson Street, Fremont, CA 94538, County of Alameda
Stay Active Sports Medicine Inc., California, 40419 Gibson Street, Fremont, CA 94538
This business is conducted by a Corporation
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 7/31/2012
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Maria Ramirez, CEO
This statement was filed with the County Clerk of Alameda County on January 22, 2013
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
2/12, 2/19, 2/26, 3/5/13

CNS-2440977#

GOVERNMENT

CITY OF UNION CITY
NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that public hearings will be held by the City of Union City for the purpose of considering the following project applications:

Use Permit (UP-13-004)
The applicant, H&E Equipment Services, is seeking Use Permit (UP-13-004) approval to establish an equipment rental and sales facility at 4381 Bettencourt Way (APN: 482-0015-012-01, 482-0006-010-00), which is located in the ML, Light Industrial, Zoning District.

Notice is also given that this project is exempt under Section 15301, Class 1, Existing Facilities, of the California Environmental Quality Act (CEQA).

PLANNING COMMISSION MEETING
Thursday, March 21, 2013

Said hearing will be held at 7:00 p.m.
In the Council Chambers of City Hall,
34009 Alvarado-Niles Road, Union City.

For further information on the above application, contact Avalon Schultz, Senior Planner, at (510) 675-5321. Written comments regarding this project should be received by the Planning Division prior to Thursday, March 21, 2013.

City Hall is accessible by Union City Transit lines 1A, 1B, 3, 4 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please contact: Union City Transit at (510) 471-1411, AC Transit at (510) 891-4777, or BART at (510) 465-2278.

Joan Malloy
Economic and Community Development Director
3/5/13

CNS-2452860#

CITY OF UNION CITY
NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held by the City of Union City for the purpose of considering the following project application:
Use Permit (UP-13-002)
The property owner, Graybar Electric Company, Inc., is seeking modification of an existing Use Permit (UP-09-95) to establish a warehouse and distribution use for electrical components. The Use Permit modification is required due to the conversion of existing office and showroom area within the building to additional warehouse space. The site is located at 3089 Whipple Road (Assessor Parcel Number: 463-0045-045-02), which is located in a MS, Special Industrial, zoning district.

Notice is also given that this project is exempt under Section 15301, Class 1, Existing Facilities, of the California Environmental Quality Act (CEQA).

PLANNING COMMISSION MEETING
Thursday, March 21, 2013

Said hearing will be held at 7:00 p.m.
In the Council Chambers of City Hall,
34009 Alvarado-Niles Road, Union City.

For further information on the above application, contact Carmela Campbell, Planning Manager, at (510) 675-5316. Written comments regarding these projects should be received by the Planning Division prior to Thursday, March 21, 2013.

City Hall is accessible by Union City Transit lines 1A, 1B, 3, 4 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please contact: Union City Transit at (510) 471-1411, AC Transit at (510) 891-4777, or BART at (510) 465-2278.

JOAN MALLOY
Economic & Community Development Director
3/5/13

CNS-2452667#

Notice is hereby given that sealed competitive bids will be accepted in the office of the GSA-Purchasing Department, County of Alameda, 1401 Lakeside Drive, Suite 907, Oakland, CA 94612 **NETWORKING BIDDERS CONFERENCES for RFP #901004 Behavioral Health Management Information System South County** – Monday, April 1, 2013 at 2: 00 PM at Social Services Agency, 6th Floor, Room 637, 24100 Amador Street, Hayward, CA and **North County** – Tuesday, April 2, 2013 at 10:00 AM at General Services Agency, Room 1107, 11th Floor, 1401 Lakeside Dr., Oakland, CA **Responses Due by 2:00 pm on May 2, 2013 County Contact: Ryan DeCoud at (510) 208-9619 or via email: ryan.decoud@acgov.org** Attendance at Networking Conference is Non-mandatory. Specifications regarding the above may be obtained at the Alameda County GSA Current Contracting Opportunities Internet website at www.acgov.org.
3/5/13

CNS-2452318#

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CNS-2452073#

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3/5/13

CNS-2451603#

NOTIce is hereby given that sealed competitive bids will be accepted in the office of the GSA-Purchasing Department, County of Alameda, 1401 Lakeside Drive, Suite 907, Oakland, CA 94612 **NETWORKING BIDDERS CONFERENCES for RFQ #901089 Electric Sedans South County** – Thursday, March 14, 2013, 10:00 a.m. at Social Services Agency, Climbing Penstemon Room # 626, 24100 Amador Street, Hayward, CA and **North County** – Friday, March 15, 2013, 2:00 p.m. at Alameda County General Services Agency, Room 1107, 11th Floor, 1401 Lakeside Drive, Oakland, CA **Responses Due by 2:00 pm on April 5, 2013 County Contact: Gina Temporal at (510) 208-9606 or via email: gina.temporal@acgov.org** Attendance at Networking Conference is Non-mandatory. Specifications regarding the above may be obtained at the Alameda County GSA Current Contracting Opportunities Internet website at www.acgov.org.
3/5/13

CNS-2450480#

African American Heritage

Submitted by Jeff Barbosa

Assemblyman Bob Wieckowski (D-Fremont) honored African American leaders from Alameda and Santa Clara counties at his 2nd Annual African American Heritage Leadership Awards Ceremony on Sunday, February 24, 2013 at the South Bay Community Church, 47385 Warm Springs Boulevard, Fremont.

"I am honoring four leaders from the 25th Assembly District whose leadership and community service stretch over decades and who continue to have a positive influence in our area, today," Wieckowski said. "Each of these leaders has a strong commitment to education and helping families and children in their communities."

Wieckowski is honoring Rev. Horacio Jones of the Family Bible Fellowship in Newark; Jean Ficklin, founder of the Afro-American Cultural and Historical Society; Rev. Jethroe Moore, president of the San Jose/Silicon Valley NAACP; and Will Ector, superintendent of the Berryessa Union School District.

Ficklin was one of the first African American teachers in the Newark Unified School District and has helped create programs celebrating diversity and social equality. Rev. Jones began his work in the ministry at the age of 21. He mentors other pastors and church leaders on a variety of subjects, including ministry growth and expansion.

In addition to his work with the NAACP, Rev. Moore is also past Co-Chair of the Black Leadership Kitchen Cabinet in Santa Clara County and served on the Santa Clara Valley Water District Redistricting Advisory Committee.

Superintendent Ector joined Berryessa after working over three decades in the Evergreen School District in San Jose, where he worked as a teacher, assistant principal, principal and director of human resources.

Hayward Unified Open Enrollment Transfer for 2013-14

Submitted by the Office of the Superintendent

"Open Enrollment" is the primary transfer option available for families in the Hayward Unified School District (H.U.S.D.) who wish their children to attend another HUSD school outside their school's attendance boundary. Open Enrollment allows parental choice for another school within the H.U.S.D. that has space to accept students from outside that attendance boundary. Some schools and grade levels will not have space available for transfer. A random unbiased lottery will be used when there are more requests for a school than there are spaces available.

The Open Enrollment application period is Friday, March 1 through March 28. Open Enrollment Transfer Request forms must be turned in to the H.U.S.D. school where the student attends, or the Child Welfare & Attendance (CWA) Office no later than Thursday, March 28. Applications are available at any Hayward school, at the Hayward Unified School District's Child Welfare and Attendance Office, 24411 Amador St. Hayward or at the district's website www.husd.k12.ca.us.

Late applications will not be considered.

OPINION

William Marshak

Waffles

The word "Waffle" has come through the ages, courtesy of the Dutch word "wafel" referring to a cloth weave and, better yet, resulting in the description of a yummy, crisp honeycomb of baked dough. However, another, less palatable, use of the term appears to have originated as the verb "Waff" in Northern England and Scotland, possibly imitating animal sounds, used to describe a yelp or bark. Both morphed into the same word but with much different meanings.

It appears that the same word which can elicit positive feelings in anticipation of a delicious treat can also degenerate into the chaotic and confusing realm of indecision. In some respects, the same dilemma can apply to political leadership. Elected representatives are artful at giving the illusion of a warm, toasty and delicious future, while, hiding within the details of budgets and political decisions, hide an entirely different type of waffle.

From the national/international scene to state and regional politics, the art of waffle has been perfected over many years. Witness the current "sequestration" or forcible possession of the national budget resulting from the inability of those elected to make decisions. The State of California has been manufacturing budgets filled with smoke and mirrors for years, so we, the people, tiring of the game, have simply let it continue. At the local level, however, the effect of popular support or opposition can be visibly dominant and, it is at this level that each of us can make a difference.

In recent weeks, I have observed the power of the electorate and feel privileged to watch as some City Councils have responded to the will of their communities rather than function as a simple rubber stamp of Staff recommendations. Staff input is important and should be viewed as valuable advice, but their role is as a technical and practical advisor. It is at the nexus of council meetings that citizens are able to help elected representatives fulfill their function as final arbiter. Defining the shape and scope of cityscape and budgets is important to each city's future. There is always a place and time for citizens to participate through reasoned and rational input, assisting the process without rancor.

With active participation of the electorate, we can all make waffles that taste great. Without it, politicians are prone to make waffles out of waffles.

William Marshak
Publisher

For Each and Every Child

Submitted by the
Office of Congressman Mike Honda

The future of the American Dream depends on what we do at this decisive moment. As an educator for more than 30 years, I know the dream is first ignited in the classroom. Education is the origin of opportunity in our cities and towns and is the engine of exceptionalism on the world stage. Now, more than ever before, the attainability of the American dream is imperiled by an opportunity gap in public education - a gap exacerbated by wealth disparities at the local level. Our nation's global leadership is also threatened by widening disparities between American children and students from other developed nations, as our children and families fall further below the poverty line.

At this decisive moment, the Commission on Equity and Excellence in Education issues "For Each and Every Child." The report is not a restatement of public education's struggles, nor is it a mere list of recommendations. Rather, this is a declaration of an urgent national mission: to provide equity and excellence in education in American public schools once and for all. This collective wisdom is a historic blueprint for making the dream of equity, and a world-class education, for each and every American child a reality.

After a year-and-a-half of ground-breaking public dialogue and debate, of study and scrutiny, this report reflects the thinking of the nation's foremost educational experts, who worked arduously and collaboratively, despite our sometimes-disparate ideas about educational reform. It is also inclusive of the input, experiences and ideas of teachers, parents, students, school board members, counselors and principals from across the nation. We present a big and bold new vision on the federal role in education by recommending transformations in school funding structures, implementation of vibrant early-education programs and a commitment to a stronger investment for teacher preparation and retention in the field. This will affect how we assess and address the educational needs of each and every child in America, thereby forging equity for all.

This game-changing report embraces the urgent truth in education reform: that parity is not equity. The report commits to a transformative vision on how local, state and federal governments can, and should, wield power to ensure excellence in education for all of America's children.

We are at a formative moment in American education and this report reflects the gravity of the moment. We must all work together tirelessly to make public education thrive in every community in this great nation. By rising to meet this moment, and by guaranteeing that each child is inspired and equipped to succeed, we safeguard America's founding values and advance our competitiveness, our prosperity and our security. When public education is equitable, the dream of America endures. – Foreword by Congressman Mike Honda from the Commission on Equity and Excellence in Education's "For Each and Every Child" report.

Honda submitted the Citizens' Commission on Educational Equity Act 2008 (HR 7203) to convene a commission to examine and propose solutions to the inequalities present in the public education system. The Commission's charter was filed in February 2011.

"I am humbled and honored for the opportunity to work with the nation's foremost educational leaders and researchers. As an educator, I witnessed disparities in the system and am gratified to see this process of addressing all of America's children's needs is underway. The Commissioners represent various philosophies, backgrounds and perspectives but share a common passion and vision to guarantee an equitable education for every child. Accordingly, the report contains one singular, common vision for student achievement," stated Congressman Mike Honda.

"This is the first time the federal government has called on providing access to high-quality, early childhood education for each and every child. We must ensure that everyone can begin their education on a level-playing field and close gaps early before they are too wide. We cannot afford to play catch-up later. I applaud President Obama for calling for the same policy in his State of the Union. I look forward to working with the administration to realize this.

"We must overhaul financing of schools; the federal government needs states to acknowledge each and every child's needs when funding their schools. We must ensure our children have access to high quality and effective teachers by recruiting, rigorously training and retaining the best and the brightest to staff our schools.

"This report is not the culmination of the Commission's work but the start of much serious effort to address the inequities in opportunities for our students in public schools so they have a fair shot at the American Dream. I look forward to moving forward the recommendations of "For Each and Every Child" through Congress, working with my friend and colleague Congressman Fattah. We are both passionate and committed to providing a quality education for all children.

"To begin this next chapter of ensuring educational equity, I will host a roll out event in my district shortly. Additionally, we will introduce the Commissioners to discuss the recommendations with schools and the community. We will examine not only the disparities but how schools work to provide a high quality education that affords each child the opportunity to succeed. I look forward to continuing this dialogue in my district.

"It is only when our nation begins to address the needs of each and every child that we can ensure America will continue to remain a global leader and innovator. This is neither a minority issue nor a poverty issue but an American issue. To ensure our future economic and social prosperity, it is imperative we work together to effect reform," concluded Honda.

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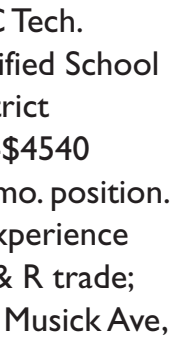

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Santacruzan event

Madelane Ramos

The Filipino Community of St. Joseph/ Old Mission San Jose Church would like to invite interested parishioners/non parishioners to sign up their child/children in the upcoming Santacruzan event to be held on Saturday, May 18, 2013 at St. Joseph Parish/ Old Mission San Jose Church Fremont. Ages 4 - 18 are encouraged to participate.

Santacruzan (Holy Cross) is one of the most celebrated religious Filipino traditions in honor of the Blessed Virgin Mary and to commemorate the finding of the Holy Cross by Queen Helena and her son, Emperor Constantine. All are welcome.

Please contact Madie Ramos at (650)796-1078 or email madie428@gmail.com for details.

Letters Policy

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published.

Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
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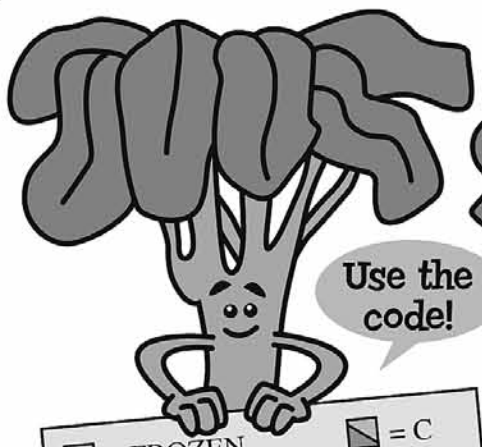


HARVEST OF THE MONTH

SPINACH

Use the code!

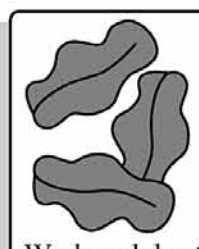
- ▨ = FROZEN
- ▧ = WISCONSIN
- ◪ = CANADA
- ▤ = CALIFORNIA
- ▧ = C
- ◧ = K
- ◩ = A
- ▨ = D

Did you know...

- ▤ is the leading producer of spinach in the United States.
- Spinach is an important way for kids to get Vitamin ◧.
- Spinach was the first ▨ vegetable to be sold back in 1930.

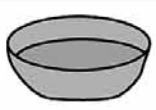
SPINACH RAISIN SALAD

6 oz. raw spinach
1/4 cup raisins
2 tbsp olive oil
2 tbsp orange juice
1 tbsp vinegar



Wash and dry 6 ounces of raw spinach.

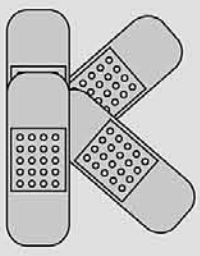
Add 1/4 cup raisins (or other dried fruit).



Make a dressing by mixing olive oil, orange juice and vinegar.

Toss and serve for a fresh, crunchy, sweet treat!

Vitamin



Vitamin K is the clotmaster! Remember the last time you got a cut? Your blood did something special called clotting. This is when certain cells in your blood act like glue and stick together at the surface of the cut to help stop the bleeding.

Spinach is a great source of Vitamin K!

Strong to the Finish

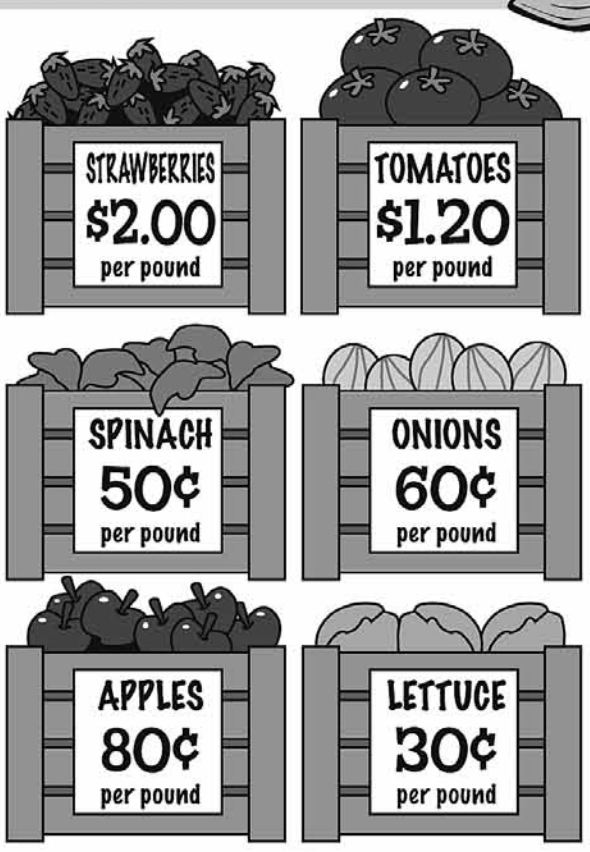
When this spinach-munching cartoon character made his debut in 1929, spinach became the third most popular children's food after turkey and ice cream. Circle every other letter to discover his name, then write it on the spaces.

PJOSPT
EMYVE _ _ _ _ _ _
WTKHGE _ _ _
LSPAQIF _ _ _ _ _ _
LTOYRM

Market Math

Sam owns a restaurant and likes to use lots of fresh fruits and vegetables in the dishes he serves. Look at Sam's shopping list. Then read the prices of the produce at the market. How much will it cost him to buy the fruits and vegetables he wants?

SHOPPING LIST
8 pounds of spinach
6 pounds of apples
4 pounds of lettuce
5 pounds of tomatoes
3 pounds of onions
7 pounds of strawberries
TOTAL: _____



Extra! Extra!

Plants Parts Diet

Find and cut out examples of fruits and vegetables in a newspaper's grocery ads. Sort them into roots, stems, leaves, flowers, fruits, and seeds. Label each group.

Standards Link: Research: Use the newspaper to locate information.

Kid Scoop Together:

Fill In The Blanks

Ask a friend to give you each type of word. Fill in the blanks and read the story aloud for some silly fun.

Loopy Lunch

Last Friday, something very strange happened in the school cafeteria. Instead of the regular menu, they served _____ (PLURAL NOUN), _____ (PLURAL NOUN) and _____ (PLURAL NOUN).

Students had to _____ (VERB) in a very long line to get their _____ (ADJECTIVE) lunch. This caused a lot of confusion, so they were instructed to _____ (VERB) in line instead.

Later, Britney McHale slipped on some spilled _____ (PLURAL NOUN) and her tray went flying through the _____ (NOUN). Students were completely covered in gobs of _____ (ADJECTIVE) _____ (PLURAL NOUN).

Our principal tried to calm everyone. He spoke into the _____ (ADJECTIVE) _____ (NOUN), but everyone was too busy trying to _____ (VERB) through the mess. Our custodian used a _____ (ADJECTIVE) _____ (PLURAL NOUN) to mop up the spill, which seemed really strange, but it worked.

I'm pretty sure that's the last time they will allow _____ (ADJECTIVE) _____ (PLURAL NOUN) to prepare the school lunches!

Standards Link: Grammar: Understand and use nouns, adjectives, verbs and interjections in writing and speaking.

Kid Scoop Puzzler

Replace the missing words.

Powerfully Tasty!

Popeye was said to get his _____ from spinach because it has a lot of iron. However, Popeye didn't realize that much of the _____ in spinach can't be used by the human body. But spinach does have a lot of other very good things for your body!

- Spinach has lots of _____ and minerals! (vitamin C, beta carotene, folate–one of the B vitamins, vitamin B6, vitamin E, magnesium and potassium)
- Spinach is high in dietary _____.
- Spinach contains something called *zeaxanthi* which is important for keeping ____ healthy.

IRON
FIBER
STRENGTH
VITAMINS
EYES

Standards Link: Reading Comprehension: Follow simple written directions.

Double Double Word Search

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

VITAMINS
TOMATOES
SPINACH
RAISINS
POPULAR
DIETARY
VINEGAR
ORANGE
POPEYE
ONIONS
SWEET
DEBUT
EYES
TOSS
WASH

P	O	S	N	I	M	A	T	I	V
R	R	R	T	U	B	E	D	P	E
A	A	W	A	S	H	H	Y	E	Y
G	L	S	E	I	C	S	Y	S	R
E	U	N	F	A	S	E	Y	E	A
N	P	O	N	O	P	I	I	B	T
I	O	I	T	O	R	A	N	G	E
V	P	N	P	T	E	E	W	S	I
S	E	O	T	A	M	O	T	D	D

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoo-doku™

Complete the grid by using all the letters in the word STRONG in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.

S		O			G
T	N	R			
R	G				N
O			G		
N	R			O	
G		N			T

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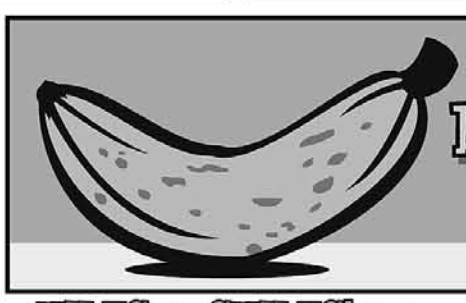
Standards Link: Research: Use the newspaper to locate information.



Why did the banana go to the doctor?

ANSWER: Because he wasn't peeling well.

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FREE Places of Worship Listing - Call 510-494-1999

PLACES OF WORSHIP

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Calvary Assembly of Milpitas
130 Piedmont Rd.
Milpitas
(408) 946-5464
www.camilpitas.org

Christian Life Center
33527 Western Ave., Union City
510-489-7045

Convergence House of Prayer
40645 Fremont Blvd., Ste 16, Fremont
510-656-2335
www.ichop.org

Harbor Light Church
4760 Thornton Ave., Fremont
510-744-2233
www.harborlight.com

Light of the World Christian Center Assembly of God
43297 Osgood Rd., Fremont
510-651-5922

Templo De La Cruz
All services in English
24362 Thomas Ave., Hayward
510-886-1644 www.tdlc.org

BAHA'I FAITH

Alameda County West Center
21265 Mission Blvd., Hayward
510-377-3392

BAPTIST

Alder Avenue Baptist Church
4111 Alder Ave., Fremont
510-797-3305
www.alderavebc.com

Bay Area Baptist Church
38517 Birch St., Newark
510-797-8882
www.bayareabaptist.org

Berean Baptist Church
2929 Peralta Blvd., Fremont
510-792-3928

Calvary Baptist Church
28924 Ruus Rd., Hayward
510-589-9677

Chinese Independent Baptist Church
37365 Centralmont Pl., Fremont
510-796-0114
www.cibcfremont.org

Christ Centered Missionary Baptist Church
22979 Maud Ave., Hayward

Community Church of Hayward
26555 Gading Rd., Hayward
510-782-8593

Fairway Park Baptist Church
425 Gresel St., Hayward
510-471-0200 www.FPBC.org

First Baptist Church of Russell City
2979 Maude Ave., Hayward
510-538-3320

First Baptist Church of Newark
6320 Dairy Ave., Newark
510-793-4810

Heritage Baptist Church
2960 Merced St., San Leandro
510-357-7023 www.hbc.org

Landmary Missionary Baptist Church
573 Bartlett Ave., Hayward
510-918-0663
www.LMBCHAYWARD.org

Memorial Baptist Church
4467 Stevenson Blvd, Fremont
510/657-5522
www.bmaca.org/fremont2.html

Mission Peak Baptist Church
41354 Roberts Ave., Fremont
510-656-5311
www.missionpeakbaptist.org

Mission Way Baptist Church
38891 Mission Blvd., Fremont
(510) 797-7689

New Hope Baptist Church
925 F St., Union City
510-487-7472

Palma Ceia Baptist Church
28605 Ruus Road, Hayward
510-786-2866
www.palmaceiachurch.org

Park Victoria Baptist Church
875 S. Park Victoria Dr., Milpitas
408-263-9000
www.parkvictoria.org

Pathway Community Church
4500 Thornton Ave., Fremont
510-797-7910
www.pathwaycommunity.info

Resurrection Baptist Church
1221 Pacific Ave., San Leandro
510.363.3085
www.therbchurch.org

Shiloh Baptist Church
22582 South Garden Ave., Hayward
510-783-4066
shilohbc @sbcglobal.net

Warm Springs Church
111 E. Warren Ave., Fremont
510-657-4082
www.warmspringschurch.org

BUDDHIST

Buddhanusorn Thai Temple
36054 Niles Blvd., Fremont
510-790-2294

Purple Lotus Temple
30139 Industrial Pkwy SW, Unit J&K, Hayward
510-489-8868
www.plbs.org/www.purplelotus.org

So. Alameda County Buddhist Church
32975 Alvarado Niles Rd., Union City
510-471-2581 www.sacbc.org

CATHOLIC

Corpus Christi Church
37891 Second St., Fremont
510-790-3207
www.corpuschristifremont.org

Holy Spirit Catholic Church
37588 Fremont Blvd., Fremont
510-797-1660
www.holyspiritfremont.org

Old Mission San Jose Church
43266 Mission Blvd., Fremont
510-657-1797

Our Lady of Guadalupe Parish
41933 Blacow Rd., Fremont
510-657-4043
www.guadalupe-parish.org

Our Lady of the Rosary Church
703 C St., Union City
510-471-2609
www.olrchurch.org

St Anne Catholic Church
32223 Cabello St., Union City
(510) 471-7766

St. Elizabeth Catholic Church
750 Sequoia Dr., Milpitas
408-262-8100

St. James the Apostle
34700 Fremont Blvd.
(w. of Decoto Rd.), Fremont
510-792-1962
www.sjapostle.net

St. John the Baptist Catholic Parish
279 S. Main St., Milpitas
408-262-2546
www.sjbparish.org

CHINESE CHRISTIAN

Home of Christ Church
4248 Solar way, Fremont
510-651-9631 www.hoc3.org

Home of Christ Church
35479 Dumbarton Ct., Newark
510-742-6848 www.hoc6.org

Silicon Valley Alliance Church
38325 Cedar Blvd., Newark
510-668-1989
www.svacnewark.org

CHRISTIAN

Abundant Grace Community Church
meets at SDA Church
32441, Pulaski Dr, Hayward
(650)575-3345
http://www.abundantgcc.org/

Bay Area Dream Center
22100 Princeton St., Hayward

Calvary Bible Church of Milpitas
1757 Houret Ct., Milpitas
408-262-4900
www.calvarybiblechurch.us

Calvary Chapel Fremont
42986 Osgood Rd., Fremont
510-656-8979
www.calvaryfremont.org

Calvary Chapel Hayward
1244 B St., Hayward
510-396-0318
www.calvaryhayward.com

Calvary Chapel San Leandro
Marina Community Center
15301 Wicks Blvd San Leandro
510-421-3207
www.calvarysanleandro.com

Cedar Blvd. Neighborhood Church
38325 Cedar Blvd., Newark
510-791-8555 www.cbnc.net

Christ's Chosen Vessel Ministries International
(Meets at Spring Valley Bible Church Building, 220 S. Main St. Milpitas
(650) 834-3776

Christ Community Church of Milpitas
1000 S. Park Victoria Dr., Milpitas
408-262-8000
www.cccmilpitas.org

Christian Life Church
1699 Orchard Ave., San Leandro
510-483-8940
www.clife-church.org

Christian Worship Center
241 So. Main St., Milpitas
408-263-0406
http://www.cwcsj.org

Church of Christ
977 Grant Ave., San Lorenzo
510-276-4693
www.church-of-christ.org/slzca

Church of Christ of Fremont
4300 Hanson Ave., Fremont
510–797-3695
www.fremontchurchofchrist.org

Church of Christ – Hayward
22307 Montgomery St., Hayward
510-582-9830
www.haywardchurchofchrist.org

Church of Christ South Hayward
320 Industrial Pkwy.,Hayward
510-581-3351
www.churchofchristhayward.com

Discovery Fremont
38891 Mission Blvd. (@ Walnut), Fremont
510-797-7689

East Bay Christian Fellowship
1111 H Street, Union City
510-487-0605 www.ebcf.net

Emmanuel Mission Church
5885 Smith Ave., Newark
(510) 793-6332
www.cmalliance.org

Family Bible Fellowship
37620 Filbert St., Newark
510-505-1735
www.fbfministries.org

First Church of Christ, Scientist
1351 Driscoll Rd., Fremont
510-656-8161
http://fccsf.hypermart.net/church/index.html

Fremont Asian Christian Church
Meets Centerville Community Center
3355 Country Drive, Fremont
510-795-2828
www.fremontasianchristianchurch.org

Fremont Community Church
39700 Mission Blvd., Fremont
510-657-0123 www.gofcc.org

Fremont Journey of Faith Church
39009 Cindy St., Fremont
510-793-2100
www.jof-fremont.com

Good Shepherd South Asian Ministry
MultiCultural Worship
4211 Carol Ave., Fremont
510-552-4476
gssam@sbcglobal.net

Grace Church Fremont Multi-Ethnic
36060 Fremont Blvd., Fremont
510-936-1423
www.gracechurchfremont.org

Great Exchange Covenant Church Fremont (GRX)
Sunday Services at Cabello Elementary School 4500 Cabello St., Union City
www.grxfremont.org

Hayward First Church of the Nazarene
26221 Gading Rd., Hayward
510-732-0777

Hillside Alliance Church
944 Central Blvd. Hayward
(510) 889-1501
www.hillsidealliance.org

Hope Lighthouse Foursquare church
36883 Niles Blvd., Fremont
510-796-0730

InRoads Christian Church
3111 Washington Blvd., Fremont
510-657-0251
www.inroadschurch.com

Jyoti Fellowship church
Located in First Church of the Nazarene
26221 Gading Rd., Hayward
510-427-0491

Liberty Church International
Veteran's Bldg., 37154 Second St. (Fremont Niles) 510-324-1400
www.libertyvision.org

Mount Olive Ministries
1989 E. Calaveras Blvd., Milpitas
408-262-0506
www.mt-olive.org

New Covenant Evangelistic Christian Center
3801 Smith St., Union City
510-487-0886

New Life Community Church
39370 Civic Center Dr. #119
Fremont
510-432-9250
www.newlifeeastbay.org

New Life Christian Fellowship
22360 Redwood Road
Castro Valley,
510-582-2261
www.newlifebayarea.org

New Life Church
4130 Technology Pl., Fremont
510-657-9191
Newlifechurchofsf.org

Our Father's House
42776 Albrae St., Fremont
510-796-1117
www.ourfathershousefremont.org

Resonate Church
at the Fremont Adult School
4700 Calaveras Ave., Fremont
510-226-2800
www.resonatemovement.org

ROADMAP FELLOWSHIP International
Best Western Plus Inn 360 W. 'A' St.,Hayward
510-574-5663

San Lorenzo Japanese Christian Church
615 Lewelling Blvd., San Leandro
510-483-9455 www.slzjcc.org

Solid Rock Church of God In Christ
5970 Thornton Ave., Newark
510-791-7625
www.solidrockcogic.org

Tree of Life. Lord's Harvest Christian Church
4140 Peralta Blvd., Fremont
510-739-6133
www.living-tree.org

WORD OF LIFE - A Foursquare Church
1675 Graham Ave., Newark
510-754-9438

CHRISTIAN (ESPANOL)

Arbol de Vida
4140 Peralta Blvd., Fremont
510-790-2140

Iglesia Apostolica de Union City
33700 Alvarado Niles Rd., Union City
510-489-0687
www.ucapostolic.org

Iglesia Bautista Mission Peak
41354 Roberts Ave., Fremont
510-656-5311
www.missionpeakbaptist.org

Iglesia Biblica El Faro
280 Mowry Ave., Fremont
Estudio Bíblico
510-585-1701 lbfchurch.org

Ministerios Cosecha "Fuente de Vida"
4360 Central Ave., Fremont
(510) 573-1800
mcofremont@yahoo.com

Mision Hispana Esperanza Viva
4673 Thornton Ave. Suite P, Fremont
510-754-5618
www.esperanzaviva.org

Church of Christ of Fremont
4300 Hansen Ave.
Fremont
510-797-3695
www.fremontchurchofchrist.org
Whoever Drinks Of The Water
That I Will Give Him
Shall Never Thirst; But The Water
That I Will Give Him
Will Become In Him
A Well Of Water Springing Up
To Eternal Life
John 4:14
AA Meetings Every Tues
and Thurs Evenings
7:30-9:30pm
In Spanish
In the Fellowship Hall
Services
Sunday: 10:45am
and 6pm
Wednesday: 7:30pm

CHRISTIAN FILIPINO

Christian Fellowship International Church
(Meets in the Park Victoria Baptist Church bldg.)
875 S. Park Victoria Dr., Milpitas
408-386-2215
http://cficmilpitas.multiply.com/

Christ's Chosen Vessel Ministries International
(Meets at Spring Valley Bible Church Building)
220 S. Main St., Milpitas
650-834-3776

Light By The Mountain Church
606 H St., Union City
510-378-0159

Word International Ministries
35501 Cedar Blvd., Newark
510-366-5995
www.wordinternational.com

CHRISTIAN INDONESIAN

Graceful Christian Community Church
At Immanuel Presbyterian Church
4333 Hansen Ave., Fremont
510-792-1831
www.gracefulcommunity.org

Adonai Indonesian Christian Fellowship
2603 Quail Ct., Union City
510-475-5377

CHRISTIAN CHURCH (DISCIPLES OF CHRIST)

Niles Discovery Church
255 H St., Fremont
510-797-0895
nilesdiscoverychurch.org

CHRISTIAN REFORMED

Christ's Community Church
25927 Kay Ave., Hayward
510-782-6010
ccchayward@sbcglobal.net

EPISCOPAL

St. James Episcopal Church
37051 Cabrillo Terr., Fremont
510-797-1492 www.saintj.com

Holy Cross Episcopal Church
Heyer and Center St., Castro Valley
510 - 889-7233
www.holycrosscv.org

EVANGELICAL COVENANT

South Bay Community Church
47385 Warm Springs Blvd., Fremont
510-490-9500 www.sobcc.org

EVANGELICAL FREE CHURCH OF AMERICA

Newark Community Church
37590 Sycamore St., Newark
510-796-7729
www.newarkcommunitychurch.org

Asian Indian Church Ministries
Meet at Newark Community Church
510-795-7770
www.asianindianchurchministries.org

Hindu Temple

Paramahamsa Nithyananda Meditation - Sundays
451 Los Coches St., Milpitas
510-813 6474 www.LifeBliss.org

Shree Swaminarayan Temple
35471 Dumbarton Ct., Newark
510-473-ISSO (4776)
http://www.swaminarayan.info/

Shreemaya Krishnadham
25 Corning Ave., Milpitas
408-586-0006 www.bayvp.org

Vedic Dharma Samaj Hindu Temple and Cultural Center
3676 Delaware Dr., Fremont
510-659-0655
www.fremonttemple.org

Jewish

Chabad of Fremont Jewish Center
www.chabadfremont.com
510-300-4090

Congregation Shir Ami
4529 Malabar Ave.,
Castro Valley
510-537-1787
www.congshirami.org

Temple Beth Torah
42000 Paseo Padre Pkwy.,
Fremont
510-656-7141
www.bethtorah-fremont.org

Korean

NC HAN MA EUM KOREAN CHURCH
4500 Thornton Ave., Fremont
510-661-9079
www.j-church.org

LDS (Mormon)

Bayside Ward
36400 Haley St., Newark
510-796-0914

Centerville Ward
38134 Temple Way, Fremont
510-797-1200

Central Park Ward
820 Walnut Ave., Fremont
510-795-6658

Fremont (Deaf) Branch
820 Walnut Ave., Fremont

Glenmoor Ward
38134 Temple Way, Fremont
510-793-8060

Irvington Ward
510-656-8754
510-656-7522 (Foyers)

Mission Peak Ward (English and Chinese)
48851 Green Valley Rd., Fremont
510-657-2156
510-623-7496 (Foyer)

Newark (Spanish) Branch
36400 Haley St., Newark

Lutheran

Chinese Mission of Hope Evangelical-Lutheran Church
3800 Beard Rd, Fremont
510-938-0505
http://www.hopelutheranfremont.org/zh.html

Calvary Lutheran Church & School (Behind Wendy's)
17200 Via Magdalena,
San Lorenzo
510-278-2555 Sch 278-2598
www.calvaryslz.com

Christ the King Lutheran Church
1301 Mowry Ave., Fremont
510-797-3724
www.Ctkfremont.org

Epiphany Lutheran Church ELCA
16248 Carolyn St., San Leandro
510-278-5133
www.eastbayepiphany.org

Good Shepherd Lutheran Church
166 W. Harder Rd., Hayward
Iglesia Luterana "El Buen Pastor"
510-782-0872
www.gslchayward.org

Good Shepherd South Asian Ministry
4211 Carol Ave., Fremont
510-656-0900 www.gssam.org

Grace Lutheran Church LCMS
1836 B St., Hayward
510-581-6620

Holy Redeemer Lutheran Church
35660 Cedar Blvd., Newark
510-793-1911
office@hrlc-newark.org

Holy Trinity Lutheran Church
38801 Blacow Rd., Fremont
510-793-6285
www.holytrinityfremont.org

Hope Lutheran Church
3800 Beard Rd., Fremont
510-793-8691
http://hopelutheranfremont.org/

Memorial Lutheran Chapel for the Deaf
874 Washington Blvd., Fremont
510-276-3860

Messiah Lutheran Church
25400 Hesperian Blvd.,
Hayward
WWW.messiahhayward.org
510-782-6727

Oromo Christ Evangelical Lutheran Church
100 Hacienda Ave., San Lorenzo
510-276-7980
ollibuse@yahoo.com

Our Savior Church & Preschool
858 Washington Blvd., Fremont
510-657-3191
www.oslfremont.com

Prince of Peace Lutheran Church/School
38451 Fremont Blvd., Fremont
510-793-3366
www.popfremont.org

St. Steven Lutheran Church
Meets at Grace Lutheran Church
1836 B. St., Hayward
510-581-6637
www.ststephenclc.org

Methodist

African Methodist Episcopal Church
201 E St., Union City
510-489-7067
www.tricityame.org

First Chinese United Methodist Church
2856 Washington Blvd.
Fremont
(510) 490 – 0696
www.chinesemethodist.org

First United Methodist Church
1183 B St., Hayward

First United Methodist Church
2950 Washington Blvd, Fremont
510-490-0200
www.fremont-methodist.org

South Hayward UMC
628 Schafer Rd., Hayward
(510) 780-9599
www.SouthHaywardUMC.org

St. Paul United Methodist
33350 Peace Terr., Fremont
510-429-3990
www.stpaulumcfremont.org

VICTORY CENTER A.M.E. ZION CHURCH
33450 Ninth Street- Union City
510-429-8700

Muslim

Islamic Society of East Bay
33330 Peace Terr., Fremont
510-429-4732 www.iseb.org

Al-Medinah Educational Center: Masjid & School
5445 Central Ave., Newark

Non Denominational

Cathedral of Faith–Milpitas
Service held at:
Curtner Elementary School
275 Redwood Ave., Milpitas
www.cathedraloffaith.org

Central Church of Christ
38069 Martha Avenue, #100
Fremont
510-792-2858

Crossroads Church
41386 Fremont Blvd., Fremont
510-651-0301
www.crossroadsfremont.org

Fremont Community Church
39700 Mission Blvd., Fremont
(510) 657-0123 www.gofcc.org

Grace Church Fremont
36060 Fremont Blvd., Fremont
510-936-1423
www.gracechurchfremont.org

Heavenly Christ's Church (Meets in Calvary Lutheran Church)
17200 Via Magdalena
San Lorenzo
510-303-5592

Mission Springs Community Church
48989 Milmont Dr., Fremont
510-490-0446
www.msccfremont.org

Morning Star Church
36120 Ruschin Dr., Newark
510-676-1453
www.msconline.org

New Birth Christian Ministry Center
3565 Arden Rd., Hayward
510-782-1937

New Seed of Faith Ministry
36600 Niles Blvd., Fremont
www.nsofm.com
510 612-4832

Revelation Christian Fellowship
1670 Orchard Ave.,
San Leandro
510-352-4707
www.revelationcf.org

True Jesus Church
1190 Davis St., San Leandro
510-522-2125 www.tjc.org

Victory Outreach Fremont
40086 Paseo Padre Pkwy.,
Fremont
510-683-4660
info@vofremont.org

Orthodox Christian

St. Christina Orthodox Church
3612 Peralta Ave., Fremont
510-739-0908
www.stchristinaorthodox.org

Pentecostal

Glad Tidings Church of God in Christ
27689 Tyrrell Ave., Hayward
510-783-9377
www.gladtidingscogic.com

Union City Apostolic Church
33700 Alvarado Niles Rd.,
Union City
510-489-0687
www.ucapostolic.org

Presbyterian

Centerville Presbyterian Church
4360 Central Ave., Fremont
510-793-3575
www.cpcfremont.org

First Presbyterian Church of Hayward
2490 Grove Way, Castro Valley
(510) 581-6203
http://firstpreshayward.com

First Presbyterian Church of Newark
35450 Newark Blvd., Newark
510-797-8811
www.newarkpres.org

First Presbyterian Church San Leandro
180 Estudillo Ave., San Leandro
510-483-2772
FPCSanLeandro.org

Immanuel Presbyterian Church of Fremont
4333 Hansen Ave., Fremont
510-494-8020 www.ipcf.net

Irvington Presbyterian Church
4181 Irvington Ave. (corner Chapel & Irvington), Fremont
510-657-3133

New Bridges Presbyterian Church
26236 Adrian Ave., Hayward
510-786-9333
newbridgespresby@gmail.com

Reformed Church in America

New Hope Community Church
2190 Peralta Blvd., Fremont
510-739-0430
www.newhopefremont.org

Religious Science

Center For Spiritual Living-Fremont
40155 Blacow Rd., Fremont
510-656-9955
www.CSL-Fremont.org

Salvation Army

Hayward Citadel Corps
430 A St., Hayward
510- 581 - 6444

The Tri-Cities Corps
36700 Newark Blvd., Newark
510-793-6319

Korean Congregation Army
36700 Newark Blvd., Newark
510 - 793 - 6319

Seventh Day Adventist

Community Seventh-Day Church
606 H St., Union City
510-429-8446
www.unioncity22.adventistchurchconnect.org/

East Bay Fil-Am Seventh Day Adventist Church
32441 Pulaski Dr., Hayward
510-324-1597

Fremont Chinese Seventh-Day Adventist Church
1301 Mowry, Fremont
415-585-4440 or 408-616-9535

Milpitas Adventist Center
1991 Landess Ave., Milpitas
408 726-5331
www.milpitas.netadventist.org

Sikhism

Fremont Gurdwara
300 Gurdwara Rd., Fremont
510-790-0177
www.fremontgurdwara.org

Unitarian

Mission Peak Unitarian Universalist Congregation
(meets at FUMC's Cole Hall)
2950 Washington Blvd., Fremont
510-252-1477
http://www.missionpeakuu.org/

United Church of Christ

Eden United Church of Christ
21455 Birch St. @ Grove Way,
Hayward
510-582-9533
www.edenucc.com

Filipino American United Church of Christ
4587 Peralta Blvd., Fremont
510-797-8408
filamucc@sbcglobal.net

Filipino-American Evangelical UCC
Meets at: Fremont Community Center
40204 Paseo Padre Parkway,
Fremont
510-487-3891
www.faeucc.org

Fremont Congregational Church
38255 Blacow Rd., Fremont
510-793-3970
www.fremontucc.net

Niles Discovery Church
255 H St., Fremont
510-797-0895
www.nccucc.org

San Lorenzo Community Church
945 Paseo Grande, San Lorenzo
510-276-4808

The Little Brown Church
141 Kilkare Rd., Sunol
925-862-2004
www.littlebrownchurchofsunol.org

United Church of Hayward
30540 Mission Blvd.
Hayward
(510) 471-4452
www.haywarducc.org

Unity Church

Unity of Fremont
36600 Niles Blvd., Fremont (in the future home of Niles Discovery Church
510-797-5234
www.unityoffremont.org

Vietnamese Christian Church

Vietnamese Christian & Missionary Alliance Church
38325 Cedar Blvd., Newark
510-623-9063
www.htnewark.org

Interfaith Harmony week

Submitted by Moina Shaiq

The United Nations General Assembly has proclaimed the first week of February to be World Interfaith Harmony Week. The Alameda County Human Relations Commission supports this notion that all people, regardless of religion or no religion, faith, culture or belief, observe the need for dialogue to enhance mutual understanding and cooperation. We encourage members of all communities to reach out to other communities to share one another's customs, ceremonies, and fundamental beliefs so that awareness, education and knowledge may be the basis for acceptance, respect and common ground. Focusing on the similarities and acknowledging the differences possessed by all people provides the foundation for community, collaboration and caring.

Police Volunteer Unit Blood Drive

Submitted by Fremont PD

The Fremont Police Volunteer Unit is hosting the 5th Annual Fremont Police Department Blood Drive on Saturday, March 9, 2013 from 10:30 a.m. - 4:30 p.m. in honor of Officer Todd Young.

The blood drive will be held at:
The Saddle Rack
42011 Boscell Rd., Fremont

To schedule your appointment please go to www.redcrossblood.org and enter sponsor code: POLICE or call 1-800-RED CROSS (1-800-733-2767). If you have questions regarding your eligibility to donate blood, please call (1-866-236-3276).

Depending on the number of registrations we receive, walk-ins will likely be accepted. Identification will be required and if you are under 18 years of age you will need a written consent from a parent or guardian.

Please make sure you eat a healthy meal and are well hydrated at least two hours before donating.

We hope to see you there and appreciate your support!

COMMUNITY BULLETIN BOARD

Rotary Club of Niles
We meet Thursdays
at 12:15 p.m.
Washington Hospital West
2500 Mowry Ave.
Conrad Anderson
Auditorium, Fremont
www.nilesrotary.org
(510) 739-1000

Rotary Club
Mission San Jose
Fridays at 12:15 p.m.
Papillon Restaurant
37296 Mission Blvd.
Fremont (510) 656-5056
Visit our club. See why we joined for business & fellowship and stayed to change the world.
We welcome new members

Kennedy High School
Flea Market
First Saturday Every Month
Except January
8 a.m. – 4 p.m.
All Spaces $20
For more info call
510-657-4070 x27150
bsterling@fremont.k12.ca.us
39999 Blacow Rd., Fremont

Fremont Cribbage Club
teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues.
6:15pm at Round Table Pizza
37480 Fremont Blvd., Centerville
Email:cribbagegr43@yahoo.com
Or call Tracy (510) 793-6472
American Cribbage Congress
www.cribbage.org

Natural Path
Meditation Classes
Learn the practice of meditation. All instruction is free. We have an introductory talk every 2nd Sunday of every month 10am
585 Mowry Ave Fremont
Call: Gyan 408-306-7661
www.meetup.com/NaturalPath-Bayarea/

Celebrate Recovery
Free yourself from any hurt, hang-up or habit
Join us at
33450 9th Street
Union City
Thursdays, 7pm - 9pm
or call anytime
510-586-5747 or
510-520-2769

DONATE YOUR COMPUTERS
Help Eliminate Hunger &
Food Insecurity
Your donation is tax deductible
Tri-City Volunteers
37350 Joseph Street, Fremont
Mon-Fri 8:30 AM - 4:00 PM
Closed 12 PM - 1PM
Questions Call 1-888-802-8207
tri-cityvolunteers.org

Little Lamb Preschool
Open House
Saturday, March 16, 2013
Drop-In between 1-4pm
Free Ice Cream
Meet the Teachers
Visit the Classrooms
Registration Info Available
www.littlelambpreschoolfremont.org

FREE Taxes Done &
E-Filing WHY PAY
Let VITA do your taxes! IRS-certified Tax Preparers $51,000 or less income. Restrictions may apply
Union City Library
34007 Alvarado-Niles, Union City
Saturdays Only 12p-4p
Open Feb 2 - Mar 16, 2013
More Info 510-574-2020

Drivers for Survivors
Need Volunteer Drivers!
Volunteers to be companion drivers for ambulatory cancer patients to transport & accompany our clients to their life saving medical appointments. We work with your schedule. Please email volunteer@driversforsurvivors.org or call 510.579.0535

The League of Women
Voters invites you to
visit our website at
www.lwvfnuc.org
You'll find valuable information about your community & voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are nonpartisan & free to the public

FREE FILMS AND
PUBLIC DISCUSSIONS
Screenings on the
Second Saturday of each month
except August
1:30pm,
Niles Discovery Church
255 H Steet at 3rd
510-797-0895
www.TriCityPerspectives.org

Having trouble controlling
the way you eat?
Today there is a solution.
Food Addicts in
Recovery Anonymous
Mondays, 7:00 – 8:30 PM
Centerville Presbyterian
Church, Room E-204
4360 Central Ave., Fremont
Teri M. 510-757-8214
www.foodaddicts.org

Is Food a Problem for You?
Overeaters Anonymous
NO dues - NO fees - NO diets
Monday 7:00 p.m. - 8:15 p.m.
St. James Episcopal Church
37051 Cabrillo Ter, Fremont
Saturday 10:30 a.m. - Noon
1st Presbyterian Church
35450 Newark Blvd, Newark
southernalamedacountyoa.org

SAVE (Safe Alternatives to
Violent Environments)
Domestic Violence Support
Group (Drop In & FREE)
Tue & Thur 7 pm – 9 pm
Fri 9:15 am – 11 am
1900 Mowry, 4th Fl. Fremont
Office (510) 574-2250
24/7 Hotline (510) 794-6055
www.save-dv.org

T.O.P.S. Weight
Support Group Take Off
Pounds Sensibly
Real People!
Real Weight Loss!
Wednesday Nights 6:30 - 8:00
27303 Sleepy Hollow Ave S
Kaiser Building 1st Floor Hayward
RLTOPS0336@yahoo.com
207-651-0565

DONATE YOUR CELL PHONES
Help Eliminate Hunger &
Food Insecurity
Your donation is tax deductible
Tri-City Volunteers
37350 Joseph Street, Fremont
Mon-Fri 8:30 AM - 4:00 PM
Closed 12 PM - 1PM
Questions Call 1-888-802-8207
tri-cityvolunteers.org

Learn to Create & Design
Web Pages at Ohlone
College Enroll in
CS 162: XHTML
This class starts Wed. 1/30/13 in Fremont camput, room HH-117, 6:30-9:30pm
Contact Prof Rick: 510-402-8318
profricka@gmail.com
https://webadvisor.ohlone.edu

FREE Taxes Done &
E-Filing WHY PAY
Let VITA do your taxes! IRS-certified Tax Preparers $51,000 or less income. Restrictions may apply
Fremont Family Resource Ctr
39155 Liberty St., Fremont
M-W 4p-8p F 10a-1p
Open Jan 23-April 15 2013
More Info 510-574-2020

Friendship Force of
San Francisco Bay Area
Monthly meetings interesting cultural programs. Stay in members' homes abroad. We need home and day hosts for members from New Zealand vising us May 17-24
www.ffsfba.org
510-794-6844

FREE AIRPLANE RIDES
FOR KIDS AGES 8-17
Young Eagles
Hayward Airport
various Saturdays
www.vaa29.org
Please call with questions
(510) 703-1466
youngeagles29@aol.com

American Legion
Auxiliary
We meet the third Tuesday of every month
at 7pm
Niles Veterans Building
37154 2nd Street, Fremont
susan.peters251@yahoo.com
510656-6848

Become the speaker
& leader you want to be
Citizens for Better
Communicators (CBC)
Toastmasters
Guests and Visitors welcome
Saturdays 10:15am
Unitek College Room 141
4580 Auto Mall Pkwy., Fremont
510-862-0893

Mission Trails Mustangs
Mustang & Ford Enthusiasts
Meets 1st Fri of the Month 7pm
at Suju's (Winter)
3602 Thornton, Fremont
missiontrailsmustang.org
or call510-493-1559
We do Car Shows & other social activities monthly

SAVE (Safe Alternatives to
Violent Environments)
FREE Restraining Order
Clinic (Domestic Violence)
Mon @ San Leandro PD 9am-Noon
Tues @ Hayward PD 1–4 pm
Wed @ SAVE's Office 9am-1pm
Office (510) 574-2250
24/7 Hotline (510) 794-6055
www.save-dv.org

Mission San Jose High
Booster Club
Pasta & Crab Feed
Saturday, March 9, 6-10pm
Newark Pavilion
6430 Thornton Ave., Newark
$45 Proceeds benefit MSJHS Athletics, Spirit, Performing & Visual Arts programs
msjhscrabfeed@hotmail.com

Purim is coming!
Celebrate at
Temple Beth Torah!
Services & programs for all ages. Family Shabbat Services 2/8, Purim Services 2/23 & Purim Carnival 2/24 We welcome you to explore our inclusive Reform community. 510-656-7141 or visit www.bethtorah-fremont.org

First United Methodist
Church Music Series
Free concerts the first Sunday each month, 4pm. 30 minute organ & piano recitals & occasional guest artists.
Free-will offering opportunity to benefit local charities.
First United Methodist Church
2950 Washington Blvd., Fremont

Ford F-100 Elite of
Northern CA East Bay
Chapter
All owners of 53-56 FORD 1/2 ton pick-up and panels are invited to join our club. Pick-ups up to 65 are welcome also. Newsletters, shows, fellowship
Call Ken, 510-782-7312

10 lines/$10/ 10 Weeks
$50/Year
510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:
Activities
Announcements
For sale
Garage sales
Group meetings
Lost and found

For the extremely low cost of $10 for up to 10 weeks, your message will reach thousands of friends and neighbors every Friday in the TCV printed version and continuously online.
TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over $100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

Are You Troubled By Someone's Drinking? Al-Anon and Alateen are here to help.
Al-Anon has but one purpose: to help families of alcoholics. We share our experience, strength, and hope.
www.ncwsa.org
for a meeting near you,
or call (510) 276-2270, or email
Easyduz@gmail.com.

Serious Mental Illness
Free 12 week course for caregivers of someone with a serious mental illness starting Mar 7, 2013 from 6:30-8:30pm in Union City. Registration required.
Contact: Barb St. Clair 415-879-0399
or Email Stclair.barb@gmail.com
NAMIacs.org/F2F/mar2013

HOME SALES REPORT

CASTRO VALLEY | TOTAL SALES: 16
Highest $: 775,000 Median $: 431,000
Lowest $: 150,000 Average $: 442,000

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
2201 170th Avenue	94546	410,000	3	1768	1965	01-23-13
20820 Baker Road	94546	290,000	2	836	1956	01-23-13
21145 Baker Road	94546	275,000	3	1298	-	01-24-13
18610 Crane Avenue	94546	590,000	-	-	-	01-18-13
21153 Dawe Avenue	94546	150,000	2	1016	1948	01-15-13
17525 Dorson Lane	94546	197,000	4	1506	1945	01-18-13
2367 Jeffer Street	94546	350,000	3	1288	1948	01-23-13
3565 Jerald Court	94546	560,000	4	2236	1954	01-18-13
18132 Lamson Road	94546	775,000	4	3400	1996	01-23-13
3453 Lenard Drive	94546	439,000	3	1796	1956	01-24-13
19717 Mabel Place	94546	590,000	3	1948	1983	01-15-13
3476 Northwood Drive	94546	420,000	4	1808	1952	01-17-13
20893 Nunes Avenue	94546	431,000	3	1643	1948	01-24-13
19725 Redwood Road	94546	511,000	6	3169	1957	01-24-13
18996 Sandy Road	94546	487,000	-	1198	1947	01-17-13
4529 Old Dublin Road	94552	597,000	5	2648	2002	01-22-13

FREMONT | TOTAL SALES: 37
Highest $: 1,370,000 Median $: 530,000
Lowest $: 220,000 Average $: 609,351

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
37096 Alexander Street	94536	425,000	4	1181	1960	01-18-13
38705 Beloit Street	94536	790,000	3	2078	1962	01-15-13
527 Bing Common	94536	495,000	3	1543	2008	01-15-13
37940 Bright Common	94536	525,000	3	1717	1978	01-18-13
37659 Granville Drive	94536	698,500	3	1592	1956	01-16-13
3220 Lubbock Place	94536	685,000	3	1714	1972	01-16-13
35435 Ronda Court	94536	420,000	4	1868	1968	01-18-13
3750 Ruskin Place	94536	465,000	4	1503	1976	01-18-13
5147 Selma Avenue	94536	650,000	3	1744	1962	01-15-13
294 Springstone Drive	94536	560,000	4	1789	1989	01-24-13
4425 Caren Street	94538	600,000	3	1251	1959	01-18-13
5132 Curtis Street	94538	530,000	3	1510	1961	01-22-13
39033 Donner Way	94538	555,000	4	1521	1962	01-16-13
39656 Embarcadero Terrace	94538	369,000	3	1371	1978	01-24-13
39918 Fremont Boulevard	94538	220,000	2	1165	1972	01-16-13
3521 Hart Common	94538	400,000	2	1174	1996	01-18-13
4143 Margery Drive	94538	520,000	4	1302	1958	01-18-13
4205 Margery Drive	94538	515,000	4	1302	1958	01-16-13
4586 Porter Street	94538	450,000	4	1796	1959	01-23-13
4434 Sacramento Avenue	94538	470,000	4	1728	1961	01-22-13
39621 Benavente Avenue	94539	1,200,000	4	3034	1974	01-15-13
46979 Bradley Street	94539	752,000	4	1722	1961	01-16-13
158 Leal Way	94539	1,370,000	4	2686	1999	01-17-13
2093 Lockwood Avenue	94539	854,000	4	1422	1958	01-16-13
44984 Lynx Drive	94539	787,000	3	1728	1989	01-18-13
47168 Male Terrace	94539	260,000	2	926	1987	01-24-13
49037 Meadowfaire Common	94539	480,000	2	1161	2004	01-23-13
45300 Medicine Bow Court	94539	1,000,000	4	2303	1978	01-17-13
48112 Mercury Street	94539	650,000	3	1164	1962	01-23-13
49085 Rose Terrace	94539	326,000	2	1119	2004	01-15-13
39972 San Simeon Court	94539	949,500	4	1914	1967	01-18-13
886 Washington Boulevard	94539	1,191,000	4	3126	2008	01-18-13
46824 Winema Common	94539	288,000	2	897	1985	01-22-13
34444 Colville Place	94555	617,000	4	1673	1977	01-17-13
34789 Mosaic Common	94555	345,000	2	991	1987	01-15-13
4290 Sedge Street	94555	499,000	-	1191	1978	01-23-13
2893 Sterne Place	94555	635,000	5	2306	1969	01-15-13

HAYWARD | TOTAL SALES: 40
Highest $: 725,000 Median $: 300,500
Lowest $: 118,000 Average $: 322,163

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
24618 2nd Street	94541	355,000	3	1464	1964	
22660 7th Street	94541	435,000	8	3100	1959	
613 Artisan Place	94541	270,000	3	1700	2004	

HOME SALES REPORT

1088 Azalea Court	94541	205,000	-	1332	1973
704 Grand Terrace	94541	245,000	2	1148	2003
22764 Marolyn Court	94541	335,000	3	975	1950
207 Medford Avenue	94541	490,000	2	1332	1958
3228 Monika Lane	94541	315,000	3	1693	1980
22872 Myrtle Street	94541	500,000	4	1792	1964
2603 Dobbel Place	94542	375,000	5	2547	2007
28013 El Portal Drive	94542	548,000	3	1693	1973
24987 Fairview Avenue	94542	725,000	4	2238	1900
25912 Hayward Boulevard	94542	150,000	2	1203	1983
360 Ashbrook Way	94544	685,500	5	3114	1999
567 Blue Jay Drive	94544	350,000	3	1610	1979
809 Douglas Street	94544	300,500	3	1542	1995
571 Eleanor Place	94544	320,000	3	1175	1955
1013 Evans Court	94544	223,000	3	1219	1986
945 Fletcher Lane #B220	94544	121,000	1	747	1986
26869 Gaither Way	94544	320,000	3	1034	1953
436 Glade Street	94544	290,000	3	1042	1950
26 Gresel Street	94544	385,000	3	1449	1955
1256 Henderson Lane	94544	287,000	3	1153	1954
27083 Jennings Way	94544	331,000	3	1153	1955
24921 Joyce Street	94544	190,000	3	960	1952
612 Minerva Street	94544	350,000	4	1233	1956
26218 Mocine Avenue	94544	225,000	3	1040	1952
151 Orchard Avenue	94544	220,000	3	1130	1959
785 Pinedale Court	94544	321,000	4	1326	1930
1138 Scott Place	94544	290,000	3	1059	1953
25550 Southwick Drive #107	94544	227,000	2	1450	1990
31512 Trevor Avenue	94544	455,000	4	2222	1957
29588 Vanderbilt Street #214	94544	145,000	1	643	1988
24986 Willimet Way	94544	355,500	3	1153	1958
28626 Bay Port Court	94545	630,000	4	2134	2007
2083 Everglade Street	94545	197,000	3	1264	1955
2446 Hibiscus Drive	94545	140,000	4	1404	1976
2549 Oliver Drive	94545	118,000	2	884	1971
21062 Gary Drive #109	94546	179,000	2	1050	1980
2045 Grove Way	94546	283,000	2	875	1900

MILPITAS | TOTAL SALES: 05

Highest $: 849,000 Median $: 408,500
Lowest $: 178,000 Average $: 444,300

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
432 Dempsey Road #135	95035	235,000	2	842	2007	02-05-13
484 Dempsey Road #286	95035	178,000	1	676	2007	02-04-13
868 Las Lomas Drive	95035	849,000	4	2566	1982	01-31-13
479 Marylinn Drive	95035	551,000	4	1597	1959	01-30-13
700 South Abel Street #305	95035	408,500	2	1259	2007	01-30-13

NEWARK | TOTAL SALES: 09

Highest $: 729,000 Median $: 400,000
Lowest $: 205,500 Average $: 392,389

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
37064 Arden Street	94560	400,000	2	1428	1938	01-16-13
36581 Beutke Drive	94560	276,000	3	1073	1959	01-15-13
6148 Civic Terrace Avenue #B	94560	205,500	2	910	1986	01-23-13
35138 Dorchester Court	94560	729,000	4	2073	1969	01-22-13
6787 Graham Avenue	94560	310,000	3	1300	1900	01-18-13
36304 Indian Wells Drive	94560	400,000	4	1258	1965	01-18-13
6043 Joaquin Murieta Avenue #F	94560	250,000	2	1045	1984	01-15-13
6282 Rubicon Avenue	94560	525,000	4	1519	1979	01-17-13
36279 Ruschin Drive	94560	436,000	3	1136	1960	01-16-13

SAN LEANDRO | TOTAL SALES: 14

Highest $: 515,000 Median $: 320,000
Lowest $: 100,000 Average $: 321,357

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
233 Begier Avenue	94577	515,000	4	1861	1931	01-18-13
2061 Benedict Drive	94577	405,000	3	1703	1955	01-24-13
1454 Brookside Drive	94577	225,000	4	1392	1942	01-22-13
1400 Carpentier Street #311	94577	115,000	1	804	1983	01-16-13
329 Cherrywood Avenue	94577	281,000	2	765	1943	01-18-13
691 Juana Avenue	94577	500,500	4	3033	1965	01-18-13
863 Martin Boulevard	94577	374,000	2	1319	1942	01-16-13
450 Mitchell Avenue	94577	425,000	1	630	1920	01-23-13
861 Odonnell Avenue	94577	300,000	3	1040	1951	01-24-13
2312 West Avenue 134th	94577	350,000	2	911	1952	01-24-13
14736 Saturn Drive	94578	218,500	2	840	1941	01-17-13
14875 Western Avenue	94578	100,000	3	1296	1947	01-18-13
1267 Avon Avenue	94579	320,000	3	1124	1953	01-18-13
1280 Hubbard Avenue	94579	370,000	3	1685	1952	01-23-13

SAN LORENZO | TOTAL SALES: 14

Highest $: 425,000 Median $: 320,000
Lowest $: 170,000 Average $: 314,107

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
15505 Dermody Avenue	94580	248,000	3	1294	1950	01-18-13
15748 Paseo Del Campo	94580	350,000	3	1671	1944	01-24-13
17252 Via Andeta	94580	385,000	3	1048	1944	01-15-13
17330 Via Annette	94580	351,000	3	1192	1953	01-18-13
17948 Via Arriba	94580	229,500	2	1068	1948	01-24-13
372 Via Coches	94580	295,000	3	1000	1944	01-18-13
15894 Via Conejo	94580	276,000	3	1280	1944	01-17-13
1451 Via Coralla	94580	320,000	-	-	-	01-15-13
1134 Via Los Trancos	94580	425,000	5	1843	1950	01-17-13
17067 Via Margarita	94580	365,000	3	1050	1950	01-23-13
16106 Via Pinale	94580	346,000	3	1624	1944	01-17-13
17367 Via Susana	94580	287,000	3	1127	1951	01-18-13
15947 Via Toledo	94580	350,000	3	1077	1951	01-23-13
17637 Wickman Place	94580	170,000	4	1453	1971	01-18-13

SUNOL | TOTAL SALES: 01

Highest $: 1,500,000 Median $: 1,500,000
Lowest $: 1,500,000 Average $: 1,500,000

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
3929 Little Valley Road	94586	1,500,000	6	4467	2007	01-22-13

UNION CITY | TOTAL SALES: 18

Highest $: 712,000 Median $: 430,000
Lowest $: 138,000 Average $: 435,028

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
4359 Agena Circle	94587	295,000	3	1255	1971	01-18-13
4142 Aquarius Circle	94587	306,000	4	1342	1970	01-16-13
4908 Bridgepointe Place	94587	138,000	1	672	1985	01-17-13
34756 Clover Street	94587	351,000	3	1382	1970	01-22-13
32580 Cottonwood Street	94587	500,000	3	1623	1993	01-16-13
219 Famoso Plaza	94587	262,000	2	880	1985	01-18-13
1034 Garnet Terrace	94587	351,500	3	1431	2007	01-18-13
4112 Hanford Street	94587	580,000	4	1982	1985	01-15-13
34892 Herringbone Way	94587	485,000	4	1859	1997	01-16-13
32456 Jacklynn Drive	94587	490,000	4	1566	1975	01-17-13
32612 Meteor Drive	94587	410,000	4	1389	1974	01-23-13
34325 Myrtle Lane	94587	620,000	5	2300	1999	01-18-13
4341 Planet Circle	94587	325,000	4	1583	1971	01-17-13
1701 Red Maple Street	94587	590,000	4	2290	1993	01-24-13
3148 San Gabriel Way	94587	505,000	4	1530	1968	01-17-13
3239 San Pablo Way	94587	430,000	3	1656	1969	01-17-13
2923 Seriana Place	94587	712,000	5	2905	1993	01-18-13
2482 Shield Drive	94587	480,000	4	1644	1969	01-16-13

Reserve Office volunteers for schools

Submitted by Newark PD

The Newark Police Department, in partnership with the Newark Unified School District, is pleased to announce that Reserve Police Officer Phil Holland has graciously volunteered his time to be a resource at our elementary schools a couple of days each week. Reserve Officer Holland, who spent over 30 years with both the Oakland and Newark Police Departments before retiring and becoming a Reserve Police Officer with the City of Newark, spear-headed this idea and has been working closely with the Special Enforcement Team (SET) and school administrators for the past few months to set this plan in motion. Reserve Officer Holland began spending time on our elementary campuses helping students, greetings families, and serving as a resource to our schools on Monday, February 25, 2013. We are very excited to have Reserve Officer Holland working with our schools in this capacity.

Statement from Supervisor Dave Cortese

Submitted by Janice Rombeck

Supervisor Dave Cortese received a letter of resignation from Supervisor George Shirakawa on the morning of March 1, 2013, and is releasing this statement:

"By stepping down and pleading guilty to the District Attorney's charges, Supervisor Shirakawa is doing the right thing for his constituents and the county. I've known George for 20 years and am sorry that he got into this situation, but it's better for us as a board and for Santa Clara County to put this cloud of controversy behind us.

"The investigations into his alleged misuse of expense accounts, campaign finance reporting and personal spending habits were affecting his ability to represent residents of his district on issues that affect them. I strongly support Supervisor Shirakawa's efforts to receive medical help and counseling for his depression and gambling addiction.

I hope that we can move forward quickly to fill the District 2 seat. I will work with my colleagues as soon as possible to determine the most appropriate way to do that. In the meantime, my office is prepared to help out the District 2 residents who need information and services."

Gasoline excise tax to increase 3.5 cents

Submitted by Jaime Garza

Effective July 1, 2013, the excise tax on gasoline will increase by 3.5 cents to 39.5 cents per gallon and the excise tax on diesel fuel will remain unchanged at 10 cents per gallon. This follows a vote February 28, 2013 by the California State Board of Equalization (BOE) which executed its legislative mandate to adjust the rate by March 1, 2013.

Although excise tax in not paid directly by the consumer, the gas station owner may choose to pass this tax onto the customer in the form of higher gas prices. While the excise on gasoline will go up by 3.5 cents, the BOE cannot predict what the selling price of gasoline will be on July 1, 2013.

In 2010, Governor Arnold Schwarzenegger signed Assembly Bill x8 6, Ch. 11, and Senate Bill 70, Ch. 9. These bills lowered the sales and use tax rate on gasoline and increased the excise tax rate on July 1, 2010. The laws require the annual sales and excise taxes paid on gasoline to remain revenue neutral. They also mandated the BOE to adjust the excise tax rate by March 1 of each year in order to ensure revenue neutrality.

"The legislature mandated that we equalize the sales and excise taxes to avoid a net increase in taxes," said BOE Chairman Jerome E. Horton. "We could protest the legislation and not make the rate adjustment; however, we would be violating law and, arguably, exposing taxpayers to even higher taxes in the future."

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Public Art Registry

Submitted by Guy Ashley

The Alameda County Arts Commission invites artists from the nine counties of the San Francisco Bay Area to apply for potential inclusion in the 2013 Artist Registry, a prequalified artist pool that will be used for upcoming public art opportunities associated with Alameda County capital improvement projects.

Public art opportunities may include exterior and interior projects, be appropriate for artists working in a variety of materials and styles, and have a range of project budgets. Many of the opportunities will be for artists to make a new series of smaller artworks in the studio. Therefore, artists who make two-dimensional, low-relief, or wall sculptural artwork are encouraged to apply. Specific project sites include: San Lorenzo Library, East County Hall of Justice (Dublin), Highland Hospital (Oakland), and other sites to be determined.

Three information meetings for artists interested in applying are scheduled: Tuesday, March 19, 4:30 - 6:00 p.m. at the Dublin Library, 200 Civic Plaza, Dublin; Thursday, March 21, 5:30 – 7:00 p.m. Lakeside Plaza Building, 1401 Lakeside Drive, Oakland; and Monday, April 1, 6:00 – 7:30 p.m. at the San Lorenzo Library, 395 Paseo Grande, San Lorenzo.

Complete application information is available at www.acgov.org/arts (click on "Opportunities") or call (510) 208-9646 to receive the information by mail. To be considered for these opportunities, artists must register and submit an application through the CaFÉ website, www.callforentry.org (search for "Alameda County" in the list of current calls).

Life Cornerstones

For more information
510-494-1999
tricityvoice@aol.com

Birth Marriage Special Life Events Obituaries

Ming Yi Lee
Resident of Milpitas
February 1, 1928 – February 11, 2013

Lydia R. Marquez
Resident of Union City
March 27, 1926 – February 18, 2013

William "Bill" H. Kline
Resident of Fremont
June 5, 1919 – February 20, 2013

Natalie Lepore
Resident of Fremont
December 17, 1921 – February 23, 2013

Susan G. Hansen
Resident of Union City
May 27, 1949 – February 25, 2013

Max Rey Gonzales
Resident of Newark
December 19, 1941 – February 26, 2013

Ronald J. Orr
Resident of Hayward
October 24, 1935 – February 27, 2013

Lester D. Cornett
Resident of Fremont
August 12, 1923 – February 28, 2013

Josephine Shaffer
Resident of Fremont
June 1, 1930 – March 1, 2013

Sally Uszynski
Resident of Milpitas
May 23, 1925 – March 1, 2013

Dolores E. Lozano
Resident of Stockton
June 6, 1959 – February 25, 2013

Laura Blundell
Resident of Fremont
April 2, 1962 – March 1, 2013

Chapel of the Roses
(510) 797-1900 FD1007
1940 Peralta Blvd., Fremont

Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont

Berge • Pappas • Smith
Chapel of the Angels
your family funeral home

Nobuji Fujimoto
Resident of Pleasanton
December 23, 1923 – February 11, 2013

Richard W. Swift
Resident of Fremont
May 9, 1952 – February 13, 2013

Josephine A. Smith
Resident of Fremont
June 22, 1921 – February 14, 2013

Tsing Weng Sun
Resident of Fremonte
January 3, 1916 – February 16, 2012

Savinder Khara
Resident of Oakley
January 9, 1914 – February 17, 2013

Donald J. Swift
Resident of Fremont
December 11, 1928 – February 17, 2013

Eileen B. Smith
Resident of Fremont
July 8, 1921 – February 19, 2013

Bruno J. Orsetti
Resident of Fremont
March 5, 1921 – February 21, 2013

Edward J. Gallagher
Resident of Fremont
March 7, 1934 – February 23, 2013

Lewis Greene
Resident of Fremont
March 11, 1915 – February 24, 2013

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(510) 656-1226
40842 Fremont Blvd, Fremont

Life Cornerstones will acknowledge important events that occur during the cycle of life in our community. In order to give a broad and fair opportunity for all citizens to be recognized, a basic listing is offered at no cost. Such announcements may include births, deaths, marriages, anniversaries, bar/bat mitzvah, Quinceañera, etc. Many cultures celebrate different milestones in life and this list will be as inclusive as possible.
Please contact TCV at (510) 494-1999 or emailtricityvoice@aol.com for submissions or further information. Free listings are limited to residents and families of the Greater Tri-City Area.

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Swalwell disappointed by sequester

Submitted by Andrew Ginsburg

Congressman Eric Swalwell (CA-15) released expressed his disappointment on March 1, 2013 that the indiscriminate budget cuts, known as the "sequester," were not averted:

"I am deeply disappointed that the sequester goes into effect today, setting off across-the-board budget cuts that will hurt our critical services like those for schools, public health and public safety and research and development. Americans are rightly sick of economic crises like the sequester manufactured by Washington, and they deserve a Congress that comes together to act in ways that will help grow our economy and responsibly reduce the deficit.

"We can cut foolish spending, without foolishly cutting spending. The sequester is no doubt foolish. It takes a meat cleaver approach to the budget when we should be using a scalpel to cut waste while ensuring teachers are not laid off, children do not lose access to vaccinations and seniors continue to receive meals. Millions of jobs and our entire economy have been put at risk by this recklessness.

"I am proud to be a co-sponsor of H.R. 699, the Stop the Sequester Job Loss Now Act, which would replace indiscriminate budget cuts with a combination of smart spending reductions and additional revenue. Unfortunately, the House Republican Leadership refused to consider this or any other plan for this Congress to stop the sequester from going into effect.

"We can mitigate the damage these budget cuts cause by acting without delay to replace them with a balanced approach. I stand ready to work with anyone, from either party, to move away from this senseless policy toward a thoughtful and rational approach to fiscal responsibility. It is time for Congress to put politics aside and compromise to provide certainty for our economy, protect jobs and develop a responsible budget."

Union City Highlighted in Strong Cities | Strong State Campaign

Submitted by Adrienne Sprenger

The city of Union City has been profiled as part of the ongoing Strong Cities | Strong State campaign highlighting local government success stories throughout California. Strong Cities | Strong State is a project of the League of California Cities and the California City Management Foundation (CCMF).

"We are proud to be recognized for our city's success stories," said Union City Mayor Carol Dutra-Vernaci. "Union City's strong economy, diverse population, great educational institutions, unsurpassed quality of life, and world-renowned location make it the ideal place to do business, to work, and to live."

Highlights of the city of Union City's profile include: Economic Development Initiatives; Climate Action Plan; and Community's support of government services.

"Union City prides itself on its ability to provide superior service to our residents and businesses. One of the many successes in Union City is that we encourage our citizens to connect with us. The more people interact with their city government in a positive and constructive way, the better we can serve them." said Union City City Manager Larry Cheeves.

The city of Union City's profile is accessible at: www.strongcitiesstrongstate.com/city/union-city.

Mary and Herb Tovar of Fremont celebrated sixty years of married life

Mary and Herb Tovar of Fremont celebrated sixty years of married life Friday, February 22, 2013 at China Chili Restaurant. During their lifetimes, they have experienced many changes and innovations; as young children, The Great Depression and later, in the thirties, radios at home, talking movies and expansion of travel by automobile.

The forties brought WWII, rationing and war bonds for Mary and the ETO (European Theater of Operations) and crossing the English Channel for Herb. After the war they met, married and were blessed with their first child. The fifties brought television into homes, the Korean War and three more children.

During the sixties, their eldest child was sent to Vietnam and his marriage resulted in two beautiful grandchildren. The seventies, eighties, nineties and two thousands have brought highs, lows and another grandson, three great-grandchildren and two great-great grandchildren.

Mary and Herb are very thankful for their family and friends, a wonderful city of residence and the support and comfort of their church.

Mass. boy, trying to avoid bedtime, calls 911

AP Wire Service

BROCKTON, Mass. (AP),Police in Massachusetts say a 10-year-old boy called 911 because he didn't want to go to bed.

Brockton police say the boy made the emergency call just after 8 p.m. Wednesday and told the dispatcher he was calling to report his mother because he did not want to go to bed.

There was no emergency.

The Enterprise (http://bit.ly/YoKmJZ) reports that according to the police log, an officer went to the boy's home and explained to him when it's appropriate – and when it's not – to call 911.

No one was charged.

Information from: The (Brockton, Mass.) Enterprise, http://www.enterprisenews.com

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Hayward Area Recreation and Park District

February 25, 2013

Directors for the Hayward Area Recreation and Park District took the following action at their Board Meeting:

Awarded the Monthly Volunteer Recognition Award for January 2013 to Natalie, Kevin, California and Sierra Rowe for their volunteer service as a family and donating their time to help beautify the Hayward shoreline.

Accepted a presentation and report from Staff on the current programming and usage of Sorensdale Recreation Center and Park.

Rejected a claim received regarding alleged property damage sustained, under the provisions of Government Code Section 912.6, and directed Staff to notify Claimant, District Legal Counsel, and Insurance Broker.

Awarded a contract to Guerra Construction of Santa Clara in the amount of $27,410 for the restroom replacement site work at Ruus Park.

Awarded a contract to Silicon Valley Paving, Inc. of San Jose in the amount of $270,554 for the cart path renovation (holes 1-5) at Skywest Golf Course.

Awarded a contract to McNabb Construction of Lafayette in the amount of $35,770 for the restroom replacement site work at San Lorenzo Community Park.

Lou Andrade Yes
Paul Hodges Yes
Minane Jameson Yes
Carol Pereira Yes
Dennis Waspei Yes

Newark City Council February 28, 2013

Presentations and Proclamations:

Farmers and Farmerettes Square Dance Club presented $3,000 ($1,000 each) toward graffiti abatement, Meals on Wheels and police K-9 through Newark Betterment Corporation.

Issued a commendation to the Newark Rotary Club, established in 1961, and Rotary International which is celebrating its 108th anniversary.

Recognized the contributions of the American Red Cross and proclaimed March as American Red Cross Month.

Public Hearings:

Approve a text amendment to revise lot size and conditions of corridor access lots.

Approve a conditional use permit for installation of liquid nitrogen, oxygen, CO2, argon and propane tanks at Matheson Tri-Gas at 6925 Central Avenue.

Amend Vesting Tentative Tract Map for Torian property, reducing residential units to 547 from 553 and creating a wetlands reserve while reducing park/open space area. Opposition during public comment focused on Union Sanitary District force mains, public transit accessibility, shooting range proximity, reduction of usable open space and interference with flood control channels.

City Manager Reports:

Initiate 2013 Weed Abatement Program and set April 11, 2013 for public hearing

Authorize the Police Department to issue a Request for Proposal for Computer Aided Dispatch/Records Management System.

City Attorney Reports:

Deny claim of Debra Fitch and LaTrina Armstrong

Successor Agency to Redevelopment Agency:

Adopt Recognized Obligation Payment Schedule for July-December 2013

Adjourn to Closed Session for conference with Labor Negotiators

Mayor Alan Nagy Aye
Vice Mayor Ana Apodaca Aye
Luis Freitas Aye
Maria "Sucy" Collazo Aye
Robert Marshall Aye

Newark Police Log

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the area of Birch St. and Peppertree Ct. During the second call, neighbors reported the shots as coming from the area of a residence on the 38400 block of Birch Street. Additional information also led officers to a residence in the 6000 block of Moores Avenue. Calls were placed into the residences and after some negotiation both residences were ultimately cleared of numerous residents. Bullet casings were located in front of the Birch Street residence as well as another nearby driveway. John Mahoni was arrested for resisting arrest, medically cleared and booked into Fremont PD Jail. Lalelei Iosefa was arrested for an unrelated warrant. There were no gunshot victims.

March 2

At 2:26 a.m., Officer Fredstrom documented a stolen vehicle from the 36600 block of Bonnie St that occurred within the previous six hours. Stolen was a Green 96 Saturn SL 4 door, CA: 6TAW974.

Any person with any information concerning these incidents or other incidents can contact the non-emergency line at 510-578-4237. Information can also be left anonymously on the "silent witness" hotline at 510-578-4000, extension 500.

Neighborhood Watch groups

Neighbors on Dijon Drive have joined together to help make their community a safer place to live.
Neighbors on Cedar Boulevard have joined together to help make their community a safer place to live.
Neighbors on Farnham Drive have joined together to help make their community a safer place to live.
Neighbors on Elmwood Ave. have joined together to help make their community a safer place to live.
All Neighborhood Watch groups are created in coordination with the Newark Police Department. If you would like to start a Neighborhood Watch in your area please contact:

Tim Jones
Newark Police Dept.
(510) 578-4209 tim.jones@newark.org
It's time to stand up to crime. Together we can make a difference!

Hayward City Council February 19, 2013

Joint City Council/Planning Commission Work Session

General Plan Update: Overview of initial community outreach efforts and presentation of draft Vision and Guiding Principles. Only 135 people (of 160,000 residents) have joined the www.2040.org discussion forum.

Councilman Jones suggested outreach might be improved with either the biennial, telephone customer-satisfaction survey's contact list of 600 randomly-selected individuals or, if this is not possible, that a new survey be commissioned for the General Plan Update. A small group of active community members participates in most things but there is a real need for input from a broader and more representative section of the City's population. The Vision and Guiding Principles should include both public and private sector education. Hayward has some excellent private schools that draw families. Mayor Sweeney criticized those who did not proffer solutions but considered outreach efforts might be better.

Consent

Accepted resignation of Monica Ruiz from the Keep Hayward Clean and Green Task Force.

Approval of plans and specifications, certification of Negative Declaration and call for bids for the new Hayward Executive Airport Administration Building – item held until March 5, 2013.

Approved the purchase of one acre of land for the Greenwood Park expansion for $655,560 from the Park-in-Lieu account.

Authorized City Manager to execute a professional services contract with Willdan Financial Services for a maximum amount of $40,555: $11,985 for a full overhead cost allocation plan/OMB A-87 plan and $28,570 for a comprehensive master fee study.

Public Hearing

South Hayward BART Transit-Oriented Development: approval of action plan for the South Hayward BART Joint Powers Authority (JPA), establishment of Mixed-Use Preferential Parking District and Parking Permit Program for residents and BART commuters. Introduction of ordinance amending the Traffic Code and related actions, including appropriation of $200,000 for initial start-up costs.

Councilmen Zermeno and Mendall invoked the JPA's spending authority by proposing specific language as an amendment to staff recommendations, viz. to direct parking revenues to combat graffiti and litter in the neighborhood around South Hayward BART. Both serve on the JPA. Mayor Sweeney supported the motion reluctantly and asked BART not to disappoint.

Legislative Business

Received Comprehensive Annual Financial report for year-ended June 30, 2012 and Memorandum on Internal Control and required Communications.

Adopted interim urgency ordinance imposing a temporary moratorium on the development, establishment and operation of Computer Gaming and Internet Access businesses in Hayward, to take immediate effect. Adopted staff recommendations with an amendment by Councilman Greg Jones to include premises with more than one computer with wireless or network connectivity.

Public Comment

Don Biles complained of paint spots on his car arising from road striping crews.

Gilbert Hessia, VP SE1021, Maintenance Unit, spoke of non-economic changes to terms of employment at the City of Hayward.

Linda Reid spoke of comparative salaries in other cities.

Gail Eakin spoke of her career at Hayward Police Department's jail and how her household income has fallen by 38 percent. Her husband also works at the jail.

Francisco Abrantes complained that the City does not adhere to the published street sweeping schedule despite paying for the public service. Given that the official schedule is not maintained, he is unhappy that he receives citations for parking in prohibited areas.

Mayor Michael Sweeney - Yes
Barbara Halliday - Yes
Greg Jones - Yes
Al Mendall - Yes
Marvin Peixoto - Yes
Mark Salinas - Yes
Francisco Zermeno - Yes

Union City City Council February 26, 2013

Proclamations and Presentations:

Declare March 2013 as American Red Cross month

Oral presentations by teen advocates and members of the Teen Center Task Force in favor of Teen Center Project

Consent:

Move former Redevelopment Agency funds into appropriate Successor Agency accounts.

Authorize submission of Project Application for $2,000,000 Teen Center improvements from Measure WW funds. Overall project at Kennedy Park includes Teen Center, Recreation and Family Center, parking and access is divided into four phases. Appropriation will begin the process, but additional funds are required and will depend on outside sources (i.e. grants, etc.).

Removed from Consent:

Resolution appropriation of Proposition 84 grant funds to Decoto Green Street project. Award design contract to Bellecci & Associates.

Public Hearings:

Introduce Ordinance to modify permitted and conditional uses in Industrial Districts. Discussion of existing and grandfathered nonconforming businesses that would like to expand within the Industrial area but will be restricted by new ordinance. Council split on whether this should be explored by Staff or code should be firm in outlining Industrial use areas. Ordinance was approved unanimously, 4-0 (Councilmember Gacoscos absent) but a proposal to direct Staff to explore exceptions for grandfathered businesses failed by a 2-2 vote (Ellis, Navarro – aye / Dutra-Vernaci, Duncan – nay).

City Manager Reports:

Fiscal report of 2012-13 second quarter, Budget to Actual Results July 1-December 31, 2012 and Preliminary Expenditure Projections. Although income is below expectations, expenditures have also been reduced and preliminary projections are relatively stable at this time. Future reports will reveal more substantial information. A troubling aspect for the financial future of Union City is the future retirement of Measure AA and Measure UU funding which will create a very difficult economic scenario. Thought is being given to place an extension for Measure AA on a future General Election ballot.

Adjourn to Closed Session

Mayor Carol Dutra-Vernaci Aye (except where noted)
Vice Mayor Emily Duncan Aye (except where noted)
Lorrin Ellis Aye
Pat Gacoscos Ay
(absent following Teen Center vote)
Jim Navarro Aye

Fremont Police Log

continued from page 8

the house, and cleared it of suspects. A vehicle with a similar description was stopped leaving the area, but it was not the burglary suspect(s). Ofc. Samayoa investigated the incident.

SUSPECT DESCRIPTION(S): (1) Male, 5'6", 180-190 lbs, dark gray hooded sweatshirt, jeans (2) male - no description.

SUSPECT VEHICLE DESCRIPTION: Older, red, 2D, silver or white faded bumper.

A caller reported some unknown person(s) attempted entry into his residence on the 2700 block of Cutler Ave, without permission. The caller stated he and his wife reside in the residence and they both heard an "unusual" noise at approximately 8:30 p.m. last night (2/25), but did not investigate it further until today. He said that he noticed one of his patio chairs was on the side yard, as well as a screen from the ground floor bathroom window, which was found damaged and on the pathway beneath the window, so he notified FPD for a report.

Officers were dispatched to a residential burglary that occurred on the 2300 block of Peralta Blvd. The burglary occurred between 9:30 a.m. and 2:30 p.m. Point of entry was a kitchen window and loss was laptops, digital camera, designer accessories and cash.

February 27

A male not known to the business on the 3500 block of W. Warren pulled up into the rear lot of the building in his vehicle. The male got out of the vehicle and stuck a package under the decking near a pond of water. He waved at employees then drove away. Officers respond and determine the package to be suspicious. A partial evacuation of the business takes place and ACSO bomb squad called out. They eventually determined that the package is not an explosive device. This call tied up several units for a couple of hours.

Officers were dispatched to a verified alarm at a commercial business on Encyclopedia Cir. Upon arriving they determined a roll up door was breached. A building & area search was conducted but no suspects were located. Investigated by Ofc. Barbero & FTO Sasser.

March 1

A Commercial burglary was reported at Glass Point Solar (46485 Landing Parkway,) where a vehicle rammed the roll-up doors; loss was computers and tools. Investigated by CSO Anders.

Residential Burglary reports at 34600blk Hurst Av and 2600blk Barrington Tr.

Officers took six reports of vandalized vehicles along the Central Ave and Hansen Dr corridors. Suspect(s) are unknown.

Calif. Republicans seek to restore party's luster

continued from page 12

He urged Republicans to deliver a message of optimism and ``embrace a little bit of our libertarianism." If Republicans can turn around their fortunes in California, they can do it anywhere, he said.

Fewer than 30 percent of California voters are registered Republican, continuing a 20-year decline. The party has lost support among the fastest-growing segment of the electorate, Latino voters, who have shunned the GOP in California since 1994, when Gov. Pete Wilson championed Proposition 187.

That ballot initiative prohibited illegal immigrants from using public health care programs, education and a variety of social services. The law was later overturned by the courts but has left lingering resentment among Latinos.

Despite McCarthy's appeal to embrace libertarianism, there is little appetite among the party faithful to revisit the party's conservative platform, which includes opposition to gay marriage, abortion and universal health care. McCarthy said ``California has spoken" on gay marriage, and he personally believes marriage should be between a man and a woman.

California voters banned gay marriage with the approval of Proposition 8 in 2008, and the U.S. Supreme Court will take up a challenge to the law later this month. A Field Poll released this week found that six in 10 Californians now say they approve of gay marriage, including 71 percent among those who are not affiliated with either of the two major political parties.

He was also asked to weigh in on legalization of marijuana, a topic he said draws more attention online than any other, even in the midst of an economic crisis. He said he does not believe legalizing marijuana is the answer, but he is open to discussions on changing current laws.

"I do think there's a role somewhere, though, that government should not be in every single part of our lives," McCarthy said. "And I think there's things that we can look at, things that we can talk about."

A slim majority of California voters also said they support allowing marijuana to be sold and taxed like alcohol, the Field Poll reported this week.

McCarthy, the House GOP whip, is among those who have tried to turn around his party's fortunes, with limited success. He leads the party's candidate-recruitment program and backed several candidates nationwide last November.

In California, a few of the candidates his group backed won election to the Legislature, but the party failed in its attempt to unseat Democratic Rep. Jerry McNerney despite heavy spending.

He said he believes his group laid the foundation for future success and that 2012 was not the year they could win, given Obama's massive campaign infrastructure nationwide. McCarthy said that helped Democratic candidates at all levels.

Delegates at the party's weekend convention in the state capital also will hear from Republican strategist Karl Rove before they are expected to elect former Senate Minority Leader Jim Brulte as their new chairman. Brulte, of Rancho Cucamonga, has said the party is deeply in debt and that he wants to fix its organizational problems before taking on its messaging.

Brulte said the party needs to recruit, train and provide whatever technical resources it can afford to help Republican candidates running at all levels of office.

"I want to be the most boring Republican Party chairman in the history of California. I want to focus on nuts and bolts. It's not glamorous, it's not exciting, it's just necessary," he said in an interview with The Associated Press last month.

Brulte and other Republicans want to focus on what they call the GOP's core values, which they say align closely with those of the state's growing ethnic populations.

BREAK-A-THON

BY PEGGY SU

On April 13, Choi's will host its 15th Annual Break-a-thon fundraiser benefiting Children's Hospital & Research Center Oakland. Two hundred Tae Kwon Do students, ages 4 and up, will break 2,000 boards. The national award winning Choi's Martial Arts Demo Team, ages 8 and up, will perform a martial arts exhibition for their local community, including VIP guests from their city councils and school districts. This exciting event will conclude with a check presentation to the guest of honor, Vania Deonizio, a Children's Miracle Network Coordinator from Children's Hospital & Research Center Oakland.

Last year, 100 students raised together $12,000. This year, 200 students hope to raise $20,000. 100% of the proceeds will be directed to the children's hospital and used towards life-saving pediatric research.

The public is invited to attend this exciting event. Donations to Choi's Break-a-thon XV are tax-deductible. Prize donations for the top fundraising students are appreciated. Please contact Peggy Su, volunteer chair, at choisbreakathon@yahoo.com.

Break-A-Thon XV
Saturday, Apr 13
10 a.m.
Centerville Junior High School
37720 Fremont Blvd. Fremont
(510) 252-1220

Merrill Gardens presents check to USO

Merrill Gardens has partnered with the USO to raise funds to support their programs for the past three years. Since that time the company has raised a total of $166,000 to support USO activities.

Many of the senior residents living at Merrill Gardens communities have fond memories of the USO from their days in the military. For the past 69 years, the USO has been the bridge between the American public and the U.S. military, delivering comfort, morale and recreational services to our troops. The USO is a congressionally chartered, private, nonprofit organization that relies on the generosity of individuals and corporations to support USO activities.

Merrill Gardens at Fremont presented a check for $10,236.33 to the USO Northern California Chapter on February 27. This money was raised during Merrill Gardens annual companywide Support Our Troops Week with each of the 56 Merrill Gardens communities across the country hosting a fundraiser for the USO. Merrill Gardens donated all food and labor costs and a total of $66,000 was raised for the USO this year.

Together

"Wherever we go, whatever we do
We're gonna go through it together"

Ethel Merman belted out these words in the stirring musical "Gypsy" loosely based on the memoirs of famous striptease artist Gypsy Rose Lee. Her show business mother was both a sail and anchor, but reminiscing in song, they always had each other to share and understand their fate. Not everyone has their life story retold in books or musicals, but the twists and turns of life are remarkable, even when the world seems to turn too fast to notice. As age overtakes even those most hardy, more often than not, some life companions disappear, mobility can decrease and children grow up, trying to balance the needs of older relatives with those of their own nuclear families.

Finding new companions who share similar life experiences, decade-related memories, empathy for joys and compassion for the trials and tribulations of aging can be a daunting task. When faced with the task, siblings and children are inundated with a myriad of feelings and responsibilities that can be confusing and overwhelming. Simple requests by elderly relatives for transportation and companionship become monumental problems without easy answers.

Barbara Proctor has the solution. As the daughter of an active centenarian mom with years of management experience at an assisted living facility and Volunteer Coordinator for Meals on Wheels in Fremont, her own life journey has prepared Barbara to interact with a wide variety of people, especially the elderly, in search of comfort, empathy and companionship. Known in her family as a "Gorgeous Grandma" or "GG," she has transformed her bubbly personality, easy manner and love for people into a new enterprise.

GG's Caring Companion Service is filled with energy and fun. The company motto, "Getting older is not for sissies – I can help!" says it all. Proctor not only fills in when needed for trips to the doctor, shopping, lunch outings or just taking a walk, her experience is invaluable when clients and families are considering life decisions involving assisted living and adjunct care. "GG" is an easy solution no matter what the Bay Area location; she is just a phone call away. Barbara is mobile and insured to handle almost any companion request. With her trusty GPS by her side to find any venue, think about expanding the family tree with a Gorgeous Grandma branch.

Through thick and through thin,
all out or all in.
And whether it's win, place or show.
With you for me and me for you,
we'll muddle through whatever we do.
Together, wherever we go.

Together

GG's Caring Companion Service
(925) 461-2495
(925) 200-0103
Bproctor8@sbcglobal.net
www.sites.google.com/site/ggsccs

Officer-involved shooting and assault on police officer

SUBMITTED BY
SGT. ERIC KRIMM, HAYWARD PD

On March 3, 2013, at 3.20 a.m., a Hayward Police Officer in a marked vehicle observed a car being driven recklessly at speed on City streets. The Officer, who was accompanied by a civilian ride-along, engaged emergency lights, gave chase and attempted contact with the driver of the other vehicle which entered a residential/business area and came to a halt on the driveway of a closed business.

The Officer left his vehicle and issued verbal commands which were ignored by the other driver who proceeded to maneuver his car and drive at the patrol vehicle by which the ride-along and Officer were standing. The driver accelerated rapidly toward the ride-along. The Officer fired his handgun at the driver to defend himself and the ride-along.

The suspect vehicle struck the police vehicle's passenger door which, in turn, caught and injured the ride-along, then sped away. The police vehicle gave chase but the Officer lost sight of the other car. Moments later, responding officers and bystanders saw the suspect vehicle racing northbound along Foothill Boulevard from the vicinity of Fletcher Lane. It left the roadway, collided with a sign and came to rest in a planter area east of Foothill Boulevard, near D Street. The driver attempted to flee the scene before collapsing after a short distance.

He was detained and his injuries were believed to have been sustained in the collision, he had not been shot. An adult male passenger in the vehicle was pronounced dead at the scene on Foothill Boulevard and had at least one suspected gunshot wound. Due to the nature of the collision, it is not known if he died because he was shot or because he was injured in the collision or due to a combination of both.

The driver has been identified as 23-year old Arthur Pakman, last known address in Oakley. He was later booked at Hayward Police Department's jail on charges of assault with a deadly weapon on a police officer and homicide, as his actions appear to have caused the death of his passenger who has not been identified. The investigation is continuing.

Auto Review

BMW 328i: Powered by four once more

BY STEVE SCHAEFER

The BMW 3 Series has become so identified with its role as "the" sports sedan (or coupe or wagon) that it defines the segment. Automotive buff magazines rate the car in their top ten favorite lists, year after year.

To redesign the sixth generation car, which came out as a 2012 model, BMW made it slightly larger and a bit more fuel efficient. The sedan now stretches 3.66 inches longer and has a wider track (1.46 inches front, 1.85 inches rear). And the car looks bigger now, too, thanks to horizontal body lines and tricks like linking the flattened twin-kidney grille to the headlamp pods with a chrome bridge. Despite its grander dimensions, the new car weighs almost 100 pounds less than the old one.

To make the 3 Series more fuel efficient, BMW again offers a four-cylinder engine, after many years of selling only the inline six. This latest model uses TwinPower Turbo technology to get 240 horsepower and 260 lb.-ft. of torque out of just 2.0 liters of displacement in the 328i. The entry 320i model offers 180 horsepower from the same displacement. With a 5.7-second zero-to-sixty time, the four in the 328i is no slouch. It just sounds less like the BMWs we're accustomed to.

I recently drove a 2013 328i for a week. With the four-cylinder engine, you can choose the standard six-speed manual or a remarkable new eight-speed automatic. The manual, in my opinion, is more fun, but here in the United States, automatic is king. Eight gears allow some precise and efficient gear selection. For an extra $500, the Sport version of the eight-speed provides handsome steering wheel paddles for racecar style quick shifts. My tester had that Sport version.

Order an xDrive model if you want your 3 Series with all-wheel-drive traction. Or, opt for a convertible for a refreshing open-air experience.

The EPA awards the four-cylinder 328i with automatic an average of 26 miles per gallon (23 City, 33 Highway). In my Alpine White test car, I achieved 25.7 mpg; that essentially matches the EPA, for a change. The manual-equipped car gives up one mile per gallon in the city but gains it back on the highway, earning the same 26 mpg. The Green numbers are pretty good, at "7" for Greenhouse Gas and a "6" or an "8" for Smog.

Driving a 3 Series is always a joy, even on the freeway, but hours of commute traffic make it feel like it's all cooped up. I took it to a favorite back road and it stretched out and ran. The carefully tuned independent suspension provides quick reflexes and sufficient comfort, while the floating-caliper disc brakes on all four wheels stop the car in a hurry. As a BMW, it flaunts an ideal 50/50 front/rear balance, and it uses rear-wheel drive — a fairly rare but highly touted platform for a sports sedan.

You can customize your experience using the Driving Dynamics Control to select one of four settings. Besides "normal," choose the Sport or Sport + setting. Or, set it to ECO PRO and the car will tailor the throttle mapping to burn less fuel. My tester actually shut down at lights to save gas - an unexpected sensation.

The newest 3 Series interiors have more curves, trim pieces and richness than their predecessors. My tester featured leather bucket seats in Dakota Coral red and black. Select from four trim levels: Sport, Luxury, Modern and M Sport. In shorthand, think rich black trim for the Sport, chrome for the Luxury, and satin aluminum trim for the Modern. The M Sport offers even more, including especially nice 19-inch wheels.

BMW hides the cup holders under a removable tray. You can pop it out and store it in the glove box. Another interesting hidden feature is the control for playing the satellite radio. You have to push the main iDrive controller to the left to expose the selection. You'd never see it on the dash.

Will the BMW faithful go for this new and powerful four-cylinder engine? The sixth car I ever tested (and my first BMW) was a 3 series with the 1.8-liter four of its day. It had a lighter touch than the more common straight six.

Pricing for 3 Series cars starts at $33,445 for the 320i with automatic transmission and 180-horsepower inline four. My 2013 328i test car, with the 240-horsepower engine, top M Sport package, the Dynamic Handling Package, the Cold Weather package and variable sport steering, came to $47,295.

That 3 Series I drove in 1992 was a 318i, and put out just 113 horsepower. It still felt wonderful, and the 3 Series continues to please its constituency. It's just a bit bigger now — in every way.

Steve Schaefer's first car memories are of riding in his father's Austin-Healey with the top down to get ice cream on a summer afternoon. He was four. As a teenager, Steve rode his bike to car dealers' back lots to catch a glimpse of the new models when they first rolled off the truck. A founding member and currently vice president of the Western Automotive Journalists, he has been testing and writing about cars since 1992. Contact him at sdsauto@sbcglobal.net.

Tamil Mandram

SUBMITTED BY GUNASEKARAN PATHAKKAM

On February 16, San Francisco Bay Area Tamil Mandram conducted a Pattimandram (Tamil debate) and Kavi Arangam (presentation of poems). Kavi Mamani Dr. Abdul Khadar preceded both events. Prior to start of the events, Bay Area Tamil community observed two minutes of silence in memory of Dr.M.S. UdayaMurthy, an influential thinker and social reformer in Tamil Nadu, India.

Kavi Arangam was the first event of the evening. Five Bay area Tamil poets namely, Mr.Kandasamy Palanisamy, Mr.Kannan, Mrs.Malarvizhi Palaniappan, Mr.Rosary Arogyasamy, and Mr.Ilango Meyyappan presented their poems in eloquent and poetic manner. The theme of the poems was "Perennial Water Flow" ("vaTRaatha neerOttam") with five sub-topics, "Tear Drops of Women", "Blood Drops of Patriot", "Rain Drops of Sky", "Sweat Drops of Labor" and "Ink Drops of Writer". Dr.Abdul Khadar introduced each of the poets, prefaced with his critical remarks about their poems and provided thoughtful insight on each of the above topics with his unique poetic abilities which garnered lots of applause from the audience.

KaviArangam was followed by an entertaining Pattimandram (Debate). The topic of the debate was "Does happiness and fulfillment in life occur before marriage or after marriage?". Two teams of five members each debated the topic with the winners being judged by Dr.Abdul Khadar. Mr. Abu Khan as the leader, Mr. Vedha Narayanan, Mr.Gopal Kumarappan, Mr.Padmanaban, and Mr.Thirmudi argued in favor of "Before Marriage" with funny stories, anecdotes, their life experience with wishful arguments that took all of us to the past, provided an opportunity to recollect, remember our past pleasant memories.

The other team with Mrs. Nithya Sundarash as the leader, Mrs.Shanthi Pugal, Mrs.Nachiammai, Mrs.Chitra, and Mr.Shankar argued in favor of "After Marriage" by categorically denying that a person can get happiness before marriage but he will get fulfillment, self-content in life only after marriage with so many emotional stories, their personal experience, and references from Thirukkural that got attention, appreciation from the entire audience.

After weighing the merits of the arguments, Dr.Abdul Khadar presented his judgment as "A Person gets happiness and fulfillment after Marriage" by quoting references from many Tamil literatures, poems and specifically emphasizes on Motherhood, which brings in at most fulfillment, happiness in human life. The crowd was so pleased with his decision, eloquent delivery, timely injection of appropriate quotes and relevant references supporting the Pattimandram theme from literature, like, Chilapathikaram, Manimekalai, and Thirukkural.

The events concluded after Mr.Daya, convener of Bay Area Tamil Mandram presented the vote of thanks to the audience, participants, volunteers, advertisers, and the event sponsors.

Fun Run & Walk

As the weather reminds everyone that spring is on the way, there are more and more opportunities to enjoy outdoor activities. In the spirit of spring, Union City Sports Center invites the community to take part in their annual Fun Run & Walk on Sunday March 10.

Established to celebrate the opening of the Sports Center, the event is now in its sixth year and offers a great local, outdoor event for all ages. Participant categories in both 10K and 5K runs include Boys 12 and Under, Girls 12 and Under, Boys 13-17, Girls 13-17, Men's 18-29, Women's 18-29, Men's 30-54, Women's 30-54, and Men's 55 plus, and Women's 55 plus. There is also a Stroller Division and a Pet Walker Division, so everyone is welcome to join in!

Check in begins at 8 a.m. at Union City Civic Center and the race begins at 9:30 a.m. with participants making their way along the Alameda Creek Trail. Go online to view the course and give it a trial run before the event. Smartphone owners can download the iMapMyRun application and track their progress at www.mapmyrun.com.

To register: Download an application form and FAX to (510) 489-8620, register in person at the Union City Sports Center (31224 Union City Blvd.) or sign up online.

The cost is $20 ($10 without shirt) for youth Sports Center members, $25 ($15 without shirt) for adult members, $25 ($15 without shirt) for youth Union City residents, $30 ($20 without shirt) for adult residents, and $30 ($20 without shirt) for youth non-residents, and $35 ($25 without shirt) for adult non-residents. Participants registered by Friday, February 24 will receive a Fun Run T-Shirt; sign-ups after that date will receive shirts while supplies last. Registration closes Friday, March 8.

For more information, please call (510) 675-5808.

Union City Sports Center 5K/ 10K
Fun Run & Walk
Sunday, Mar 10
9:30 a.m.
Union City Civic Center
34009 Alvarado-Niles Rd., Union City
(510) 675-5808
http://www.ci.union-city.ca.us/leisure/ucls.htm
Cost: $10 - $35

Renegades enter post-season play with flair

Submitted by Don Jedlovec and Ohlone College
Photos by Don Jedlovec

Ohlone Renegade men and women ended the regular season at home in Epler Gymnasium, Saturday, February 23. Both teams were assured playoff spots prior to hitting the hardwood, but did not let up in their finale. The men, under Coach John "JP" Peterson beat the Canada Colts (Redwood City) 80-53 and Lady Renegade Coach Julia Allender started all of her sophomores and easily handled the Hartnell Panthers (Salinas) 78-49.

Airborne Haley McDaniel with a dramatic drive

Andrew McCarthy dunks!

Saturday also featured a "Coaches Vs Cancer" game sponsored by the American Cancer Society. Fans donated over $800 on behalf of the men's or women's coach in a halftime three-point shoot-out between Coach Julia Allender and Men's Assistant Coach Scott Clark. Even as a top three-point shooter for Coach Peterson in 2009-2010, Clark could not match the hot hands of Allender and was forced to run "suicide drills."

"The event was a complete success", said Chris Warden, Athletic Director. "The energy in the gym that day was palpable. It began with a great live rendition of the National Anthem from our very own Ohlone Saxophone ensemble, honoring our Ohlone Sophomore Athletes, recognizing our Ohlone Board of Trustees, and supporting the fight against Cancer. "I'm very much looking forward to continuing this tradition for years to come." Members of the Ohlone Board of Trustees, and College President Dr. Gari Browning, were present for both games

The 2012-13 Men's Team and the Board of Trustees

Josephine Viera

The men are seeded No. 7 and will take on Yuba College in their first California Community College Athletic Association (CCCAA) playoff game. The Lady Renegades wrapped up the No. 6 seed and will host No. 11 seed Modesto Junior College in playoffs.

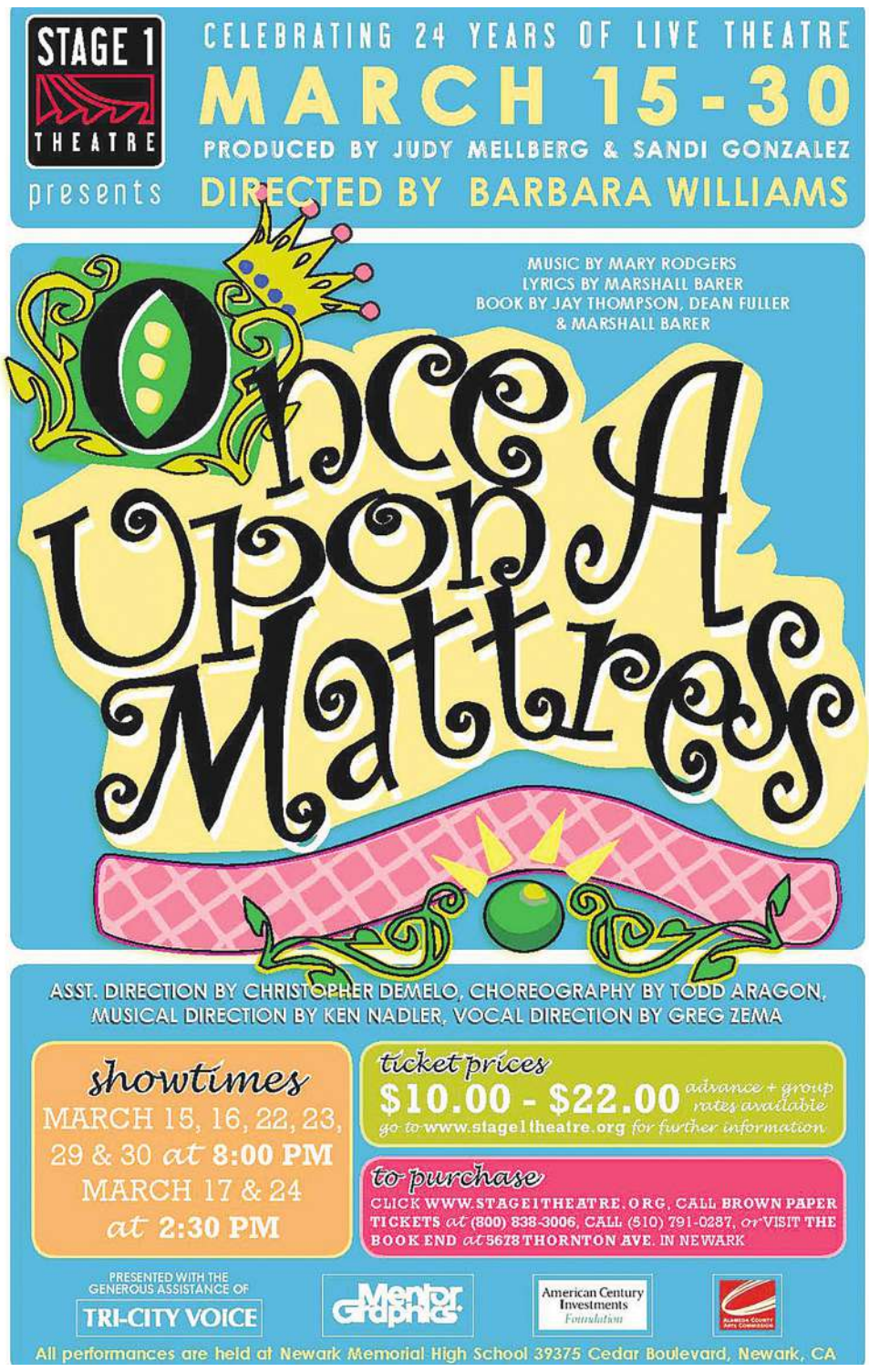
For more information please visit www.ohlone.edu.

Editors Note:

The Renegade men's team advanced in Northern California Regional play by beating Yuba College 49ers, 62-54 on March 1. They will meet the Fresno City College Rams (2) March 6 in Round 3 play at Fresno.

Lady Renegades (6) also advanced in post season play by defeating the Modesto Junior College Pirates, 68-62 March 2 and will meet the Sierra College (3) Wolverines March 6 at Sierra College in Rocklin.

The 2012-13 Women's Team and the Board of Trustees



Moreau wins Mock Trial Competition

Submitted by Kristen Yasukawa
Photo by Phil Grasso, Alameda County Office of Education

On the evening of February 28, Moreau Catholic High School (Hayward) defeated a strong American High School (Fremont) team to win the 27th Annual Philip A. Harley Memorial Mock Trial Competition hosted by the Alameda County Office of Education (ACOE). Moreau will represent Alameda County at state competition March 22-24 in Riverside.

Alameda County Judge C. Don Clay presided over the final competition at the Rene C. Davidson Courthouse in Oakland. More than 100 Alameda County attorneys and judges volunteered to score and preside during the month-long mock trial competition.

An awards ceremony and reception celebrating all participating high school teams is scheduled for Tuesday, March 12 at 5 p.m. at Moreau Catholic High School, 27170 Mission Boulevard, Hayward.

The Moreau Catholic High School mock trial team stands with the presiding judge, Judge C. Don Clay, after winning the final competition on Thursday, February 28.

Submitted by Renee Lorentzen

The Milpitas Community Concert Band continues its 20th Anniversary season with an exciting concert featuring some of the greatest composers in the Jazz world on Friday, March 8 at the Milpitas Community Center.

Swing with the "cool cats" as the Community Band plays ballads and blues under the direction of Jeff Yaeger, with special guests Morris Goldstein's SBSMA Big Band Jazz Band at this one of kind concert! A wide range of music will be featured with almost every type of Jazz represented, from ragtime, to the blues, to swing, funk… and everything in between. This concert is guaranteed to have something for everyone! Enjoy some classics as well as some forgotten gems.

Program:
Milpitas Community Concert Band:
"Blowin' the Blues" (arr. Paul Yoder)
"Scott Joplin Retrospective"
(arr. Andy Clark (1997)
"Alexanders Ragtime Band"
(Irving Berlin (1911), arr. Jeff Taylor)
"A Bernstein Tribute"
(Leonard Bernstein, adapted by Clare Grundman (1991)
SBSMA Big Band Jazz:
"Pick Up The Pieces"
(The Average White Band)
"Just Friends" (John Klenner)
"They Can't Take That Away From Me"
(Ira and George Gershwin)
"Fever" (Cooley/Blackwell)
"Blues In the Night" (Harold Arlen)
Intermission
"Hit the Bricks" (Gordon Goodwin)
"Georgia On My Mind" (Hoagy Carmichael)
"Do Nothing 'til You Hear From Me"
(Duke Ellington)
"Just In Time" (Styne/Compton and Green)
"Land of Make Believe" (Chuck Mangione)
"It Had Better Be Tonight" (Henry Mancini)
Milpitas Community Concert Band:
"Manhattan" (Rodgers and Hart (1925),
arr. John J. Morrissey (1959)
"Pink Panther" (Henry Mancini (1963)
arr. John Edmondson (1984)
Selections from "Chicago" (Ebb and Kander (1974) arr. Ted Ricketts (2003)
Light refreshments will be served after the concert. Admission is free (suggested donation of $2 will be used solely for the Milpitas Community Concert Band).
Save the date of June 7 as the Community Band will be hosting their 20th anniversary Gala concert "The Best of the Band." All former members are invited back for this wonderful evening!
For more information contact Parks and Recreation Services at (408) 586-3210.

Milpitas Community
Concert Band "Jazz"
Friday, Mar 8
7:30 p.m.
Milpitas Community Center
457, E. Calaveras Blvd., Milpitas
(408) 586-3210
http://milpitascommunityconcertband.yolasite.com/
https://www.facebook.com/milpitascommunityconcertband
Free

Puppy-napping has happy ending

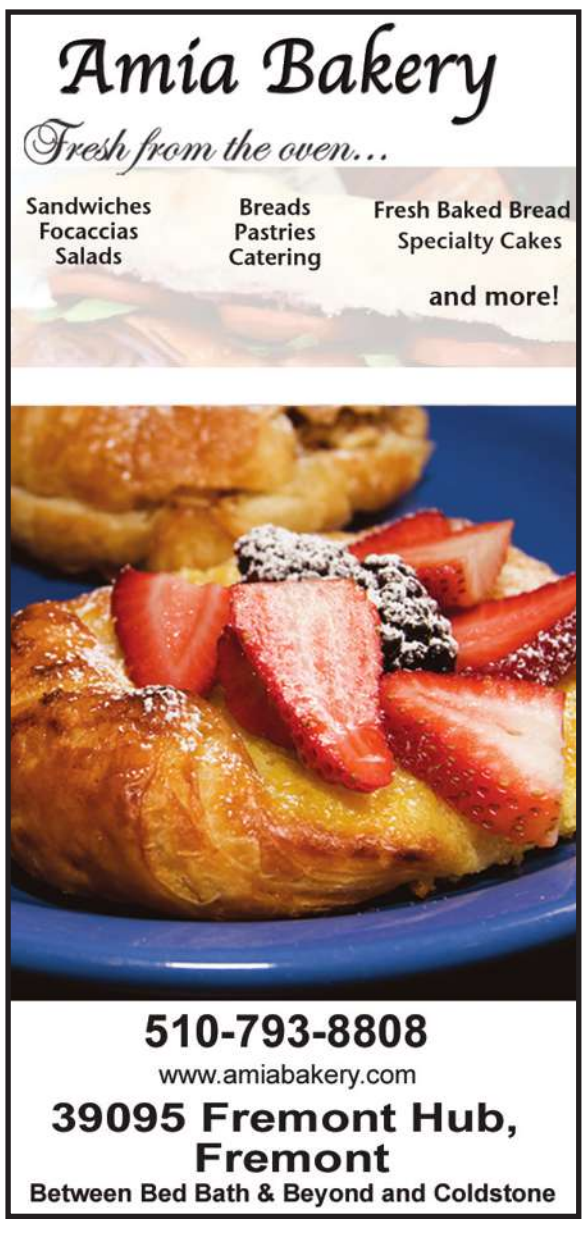
Submitted by Fremont PD

On February 26, 2013, a 19 year old adult male and a juvenile went dog browsing at the Tri-City Animal Shelter. While inside, they decided to steal a pit bull puppy. The puppy had already been adopted and was waiting to be united with its new family. The two set the puppy outside the shelter and after leaving, hopped the fence and nabbed the puppy.

They later listed the puppy for sale on Cragslist. Animal Services enlisted the assistance of a Community Service Officer who was able to locate the puppy for sale online. Detectives set up a sting to buy the puppy today in the area of Decoto Road and Fremont Boulevard. Once Detectives got their paws on the puppy, the team swept in and detained the seller and his accomplice.

The puppy was positively identified by Animal Services and returned to the shelter where it will be united with its new owner. Both suspects were cited for theft.

We are happy to have been able to reunite this little guy with his new family!



(Left to right): Serena Lee, Alex Fong, Haaris Kadri, Albert Pei, Riya Arora, Coach Geeta Arora, Daphne Pan, Sanjim Uppal, Arshia Deep. Not pictured, Michelle Yi.

Math Really Does Count!

By Miriam G. Mazliach
Photo courtesy of Geeta Arora and Alvarado team parents

The New Haven School District has a lot to be proud of including the Alvarado Middle School (AMS) student team that recently won third place at the East Bay Chapter competition of Mathcounts, for middle school/junior high students.

Mathcounts is a large scale national middle school competition, created in 1984, to promote the enjoyment of mathematics and problem solving. (www.mathcounts.org)

Geeta Arora, who serves as the coach for the team, explains that the group just started 10 months ago. "I found out about Mathcounts and my daughter and her friends began during the summer. They participated in several other competitions as well," says Arora.

Out of the 16 teams participating in the recent Mathcounts competition, the Alvarado group had some of the youngest students overall on their official team, with three sixth graders and one seventh grader. First place winning team, Diablo Vista from Danville and winner of second place, Black Pine Circle School of Berkeley, were all eighth grade students, except for one seventh grader.

The competition focused on Algebra, Geometry, Probability, Number Theory and Problem Solving. Arora states that the questions were harder than those typically seen at school.

Alvarado's official four-member team participants were: Daphne Pan, Riya Arora, Albert Pei and Sanjim Uppal. Remaining "mathletes" from AMS, Haaris Kadri, Arshia Deep, Alex Fong, Serena Lee, and Michelle Yi, all did extremely well.

Arora, a parent of one of the AMS team members, has previously worked in the computer industry and says math was always one of her favorite subjects.

"The kids were nervous, but I reassured them that even though the questions would be difficult, they could do well," she added. "They were excited to win the third place trophy. I couldn't have asked for more!"

Alvarado Middle School's Mathcounts team has been selected to participate in state level competition at Stanford University on March 23.

TIP-A-COP

Submitted by Newark PD

The Newark Police Association and Sinodinos Restaurant are participating in a "Tip-A-Cop" event to raise money for Special Olympics. Police officers and other representatives of the Newark Police Department will serve as "celebrity servers" to assist restaurant staff and help raise money for Special Olympics Northern California. For more information, or to make a donation to this very special cause, contact Officer Nick Mavrakis at (510) 578-4957 or nick.mavrakis@newark.org.

Please join us and help support Special Olympics!

Tip A Cop
Monday, Mar 11
5 p.m. – 8 p.m.
Sinodinos Restaurant
36665 Cedar Blvd., Newark
(corner of Cedar Blvd and Musick Avenue)
(510) 578-4957
nick.mavrakis@newark.org

Golden Sneaker contest

Submitted by Tess Lengyel

Students in more than 60 schools in Alameda County will walk, bike and carpool as much as possible for two weeks to win the "Pollution Solution Golden Sneaker Contest" as part of the Alameda County Safe Routes to Schools Program, funded by the Alameda County Transportation Commission and the Metropolitan Transportation Commission. The contest, March 4-15, encourages families to become actively involved in reducing pollution. Families that live too far from school to walk or bike can still participate by parking several blocks away and walking to school together, taking the bus or carpooling.

For a complete list of participating schools contact Nora Cody, Director of Safe Routes to Schools at nora@transformca.org. For more information about the Safe Routes to School Program, visit www.alamedacountysr2s.org

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Exp. Exp. 3/30/13