

510-494-1999

Evening in

Page 38

tricityvoice@aol.com



Mother/Daughter Math & Science Discovery Day

February 12, 2013

Page 14



Activity Guide in this issue

TRI-CITY VOICE

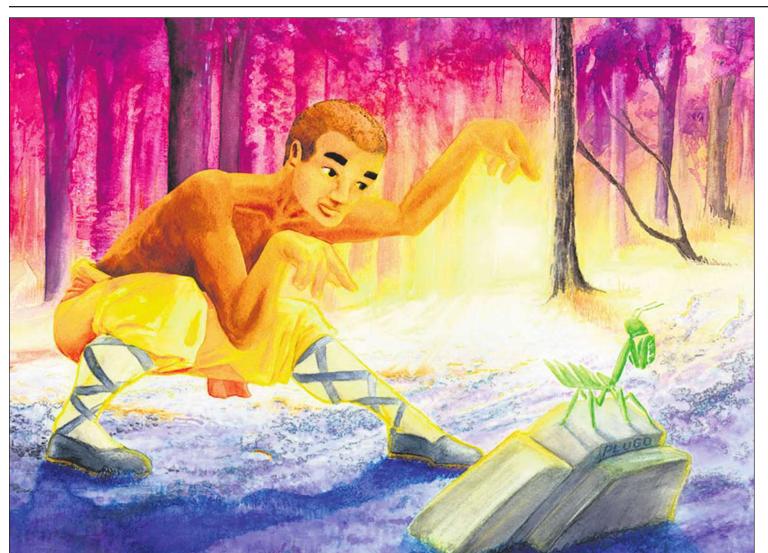
SERVING FREMONT, HAYWARD, MILPITAS, NEWARK, SUNOL AND UNION CITY

"Accurate, Fair & Honest"

www.tricityvoice.com

Vol. 12 No. 7

The newspaper for the new millennium



Children's Book Illustrators

SUBMITTED BY CHRISTINE BENDER

Sun Gallery opened its 24th Annual Children's Book Illustrators Exhibit on February 6 continuing until April 6. This annual favorite, a celebration of excellence in art and literature, continues to delight both children and adults. School groups have the opportunity to view original artworks from beautiful children's picture books during an interactive art gallery tour, and then create a related art project in the Gallery's studio.

Eleven illustrators and sixteen books are featured in this show. The delightful books that include these artists' illustrations will all be for sale at the Sun Gallery.

continued on page 39



They're back and delicious as ever

SUBMITTED BY Victor Backer

New look, same great taste! In 2013, Girl Scouts is bringing back all the flavors you love wrapped in new Girl Scout cookie boxes that highlight how your purchase helps girls learn while they earn! You can get your favorite Girl Scout Cookies starting Feb. 10, when young entrepreneurs from Girl Scouts of Northern California (Girl Scouts NorCal) make their way door-to-door and at booth sales all over Northern California with cookies in hand.

Girl Scouts NorCal is once again teaming up with Intuit's GoPayment mobile platform to accept debit/credit

cards on cookie purchases. That technology, plus the free Cookie Locator Mobile App and Online Cookie Locator at iLoveCookies.org, make it easy for customers to satisfy cookie cravings and support Girl Scouts during the 2013 sale, from February 10 – March 17.

At a Hayward warehouse, scout leaders of the Coyote Hills Area (Fremont, Newark and Union City) stopped by every 15 minutes, starting at 8:15 a.m. on Saturday, February 9 to pick up initial orders that totaled 92,208 boxes. For example, Patricia Backer of Troop # 31005 picked up an initial order of more than 2,000 boxes. Total sold last year was 123,000 boxes of cookies!

At \$4 a box, there are eight delectable delights to choose from: Thin Mints, Samoas®, Tagalongs®, Dulce de Leche, Trefoils, Do-Si-Dos®, Thank U Berry MunchTM and the re-

Banners for Main Street

ARTICLE AND PHOTOS SUBMITTED BY NATALIE CAMPBELL

On February 5, Sunol residents and visitors alike were treated to some very special artwork. Light posts, installed last year along Main Street, were designed to hold banners for special holidays and events in town. Sunol residents decided that they would like students from Sunol Glen School to design the very first banners to grace the new light posts.

The banners are the culmination of several months of work by the elective art class at Sunol Glen. Tom Harland, resident artist, and Natalie Campbell, art teacher at the school, created a contest to enable all art elective students to participate. Sixth, seventh and eighth grade middle school students were asked to submit artwork that represented scenes from Sunol. Although there were twenty-two submissions, only eight paintings could be selected.

Mr. Harland made the final decision. Five eighth graders and three six graders received top honors: Aditi Hosangadi's "Oak tree in front of Sunol Gate," Tessa Vlacos' "Sunol Water Temple in the Hills," Hunter Pace's "Railroad Scene," Shelby Maloney's "Sunol Railroad Café," Brianna Mai's "Sunol Tree at Sunset," Hamilton Hicks-Frazer's "Bosco in front of the Water Temple," Kendall Minor's "Sunol Vineyards" and Sonya Karpelavitch's "Eagle over Sunol."

When choosing the final eight pieces of art, Harland said, "I was very pleased with the artwork submitted for the Sunol Banner Contest. All of them should be proud of their efforts. The selected works all had in common a strong use of the full format and rich colors that transferred well onto the full size banners.

I think the images are all strong and can be seen well from a distance."

Although only one student created each original image, the banners were actually a full class effort. All of the art elective students banded together over the course of several weeks and enlarged the images, painting them in acrylic onto the canvas banners provided by the town of Sunol.

The final effect is quite impressive. The students took a mini fieldtrip from school on February 5 to watch the banner installation on Main Street. They are very proud of what they have done, and were excited to see their very own artwork shown in public.

Please make sure to go out and take a look at what the students have created. Their beautiful banners show a true love for this little town in which they go to school each day.

To see more information about the banner contest, or to learn more about art classes at Sunol Glen School, please visit Mrs. Campbell's school website at www.sunolart.weebly.com



continued on page 5

INDEX Bookmobile Schedule 26 Mind Twisters 15 Kid Scoop 27 Editorial/Opinion 25 **Obituary** 32 Protective Services 8 Arts & Entertainment 19 Public Notices.....24

Norovirus is a Highly Contagious Stomach Bug

Proper Hygiene is the Best Way to Prevent the Spread

orovirus is a highly contagious illness that causes the stomach and intestines to become inflamed.

While it can occur anytime, 80 percent of norovirus outbreaks happen between November and April, according to the Centers for Disease Control and Prevention (CDC).

Last March, a new norovirus strain was identified in Australia. Named GII.4 Sydney, this emergent strain has since caused acute gastroenteritis outbreaks in a number of countries. In the United States, the new strain has spread rapidly nationwide, causing an increasing number of outbreaks, according to the CDC.

Norovirus causes diarrhea, nausea, vomiting, and stomach pain, which can sometimes be severe. Symptoms can also include fever, headache and body aches.

"Sometimes you hear people say they have the stomach flu," said Mary Bowron, a registered nurse at Washington Hospital who oversees the infection control program. "There's really no such thing as stomach flu. Often what they have is norovirus."

According to the CDC, noroviruses are the most common cause of acute gastroenteritis and food-borne disease outbreaks in the U.S., causing about 21 million illnesses each year and 70,000 hospitalizations.

"It can be particularly troublesome for young children and the elderly," Bowron said. "Vomiting and diarrhea can lead to dehydration, which can be dangerous. If you get sick with norovirus, it's important to rehydrate yourself by drinking liquids as soon as you can keep something down. People who get too dehydrated may need medical treatment."

Spreads Easily

Bowren said norovirus outbreaks are often seen in situations where people have close contact with each other such as nursing homes, daycare, cruise ships, and classrooms. Nearly two-thirds of all norovirus outbreaks in the U.S. occur in long-term care facilities, according to the CDC.

The virus can be introduced into nursing homes or long-term care facilities by patients, staff, or visitors – who may not even have any symptoms – or in contaminated food. Outbreaks in these facilities can be long, sometimes lasting months.

"It spreads so easily from person to person, particularly when you are all living under one roof," she said. "The virus ends up on surfaces like counters, tabletops, and keyboards. You just need to touch any one of those surfaces and then touch your mouth."

While most outbreaks are caused by norovirus that has been spread from an infected person to others, it can also be spread by consuming contaminated food or water.

Food can be contaminated when it is grown, shipped, handled, or prepared. Contamination by infected food handlers, such as those who prepare or serve food at restaurants or cafeterias, causes most norovirus infections, according to the CDC.

Wash Your Hands

There is no vaccine for the norovirus. The best way to prevent the spread of the disease is to wash your hands with soap and water, particularly after using the bathroom or changing diapers and before handling food. Other precautions include washing fruits and vegetables and being sure to thoroughly cook seafood.

"It's always good to have hand sanitizers around to stop the spread of germs, but they aren't as effective on norovirus," Bowren said. "You really need to use soap and water. It is the number one way to stop the spread of norovirus."

She said if anyone in the household does get sick, it's particularly important to practice proper hand hygiene. Laundry that is contaminated with vomit or feces from someone who is sick should be washed immediately, and anyone who is infected should not prepare or handle food for others in the household.

"Wash down surfaces with a bleach solution to reduce the chances of spreading the virus," she added. "The CDC recommends adding five to 25 tablespoons of bleach to one gallon of water."

Bowren said it's also important to stay home when you are sick with norovirus to



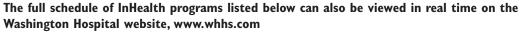
Norovirus spreads easily from person to person, especially in group settings such as classrooms and nursing homes. Mary Bowron, a registered nurse at Washington Hospital who oversees the infection control program, advises that the number one way to stop the spread of norovirus is by washing your hands with soap and water.

avoid spreading it to others. Don't go to work and keep children home from school and daycare for at least three days after the symptoms disappear.

"You can still be contagious up to three days after you feel better," she added. "You can also be contagious before the symptoms start, but unfortunately there is usually no way of knowing you are infected."

For more information about norovirus, visit www.cdc.gov. To learn about upcoming Washington Hospital classes and seminars that can help you stay healthy, visit www.whhs.com.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv





	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	
	2/12/13	2/13/13	2/14/13	2/15/13	2/16/13	2/17/13	2/18/13	
1	Diabetes Matters: Ins and Outs of Glucose Monitoring	Diabetes Matters:Vacation or Travel Plans?	Heel Problems and Treatment Options	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy	Diabetes Matters: Diabetes Viewpoint	Alzheimer's Disease	Diabetes Matters:Top Foods for Heart Healt	
	Washington Women's Center: Cancer Genetic	Voices InHealth: Healthy Pregnancy	Washington Women's	Women's Health Conference: Can Lifestyle Reduce the Risk	Living Well with Diabetes: Overcoming Challenges		Washington Women's Center: Sorry, Gotta Ru Inside Washington Hospita	
	Counseling	rregnancy	Center: Heart Healthy Foods	of Cancer?	C 101 CO 11111 G C 11111 G C 1	Voices InHealth:The Greatest Gift of All	Washington Township Cent for Sleep Disorders	
		Washington Township Health Care District Board Meeting		Washington Township Health Care District Board Meeting	Disaster Preparedness	Keys to Healthy Eyes	Washington Township Health Care District	
	Do You Suffer From Anxiety or Depression?	January 9th, 2013	Your Concerns InHealth: Vitamin Supplements	January 9th, 2013		· Kidney Transplants	Board Meeting January 9th, 2013	
		Dietary Treatment to Treat Celiac Disease	Treating Infection: Learn About Sepsis	Quality of Life Matters	Do You Have Sinus Problems?		Voices InHealth: Cyberbullying - The No Schoolyard Bully	
	Don't Let Back Pain					Don't Let Back Pain	Your Concerns InHeal	
	Sideline You	Turning 65? Get To Know Medicare	Strengthen Your Back! Learn to Improve Your Back Fitness	Diabetes Matters: Diabetes Viewpoint	Influenza and Other Contagious Respiratory Conditions	Sideline You	Vitamin Supplements	
	Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment	Do You Have Sinus Problems?	Minimally Invasive Surgery for Lower Back Disorders	Diabetes Matters:Top Foods for Heart Health	Superbugs: Are We Winning the Germ War?	Dietary Treatment to Treat Celiac Disease	Alzheimer's Disease	
-		Your Concerns InHealth:			Washington Township Health Care District	Washington Township Health Care District	What Are Your Vital Sign Telling You? Your Concerns InHealth Senior Scam Prevention	
	Treatment Options for Knee Problems	Senior Scam Prevention	Vitamins and Supplements - How Useful Are They?	Don't Let Back Pain Sideline You	Board Meeting January 9th, 2013	Board Meeting January 9th, 2013		
		Voices InHealth:The Greatest Gift of All			Community Based Senior	Prostate Enlargements and		
	Voices InHealth: Radiation Safety	Diabetes Matters: Research: Advancing	Voices InHealth: Radiation Safety		Supportive Services	Cancer		
	Washington Township Health Care District	Diabetes Management	Washington Township Health Care District	Financial Scams: How to Protect Yourself		Cataracts and Diabetic Eye Conditions	Diabetes Matters: Back the Basic Keys for Succ	
	Board Meeting January 9th, 2013		Board Meeting January 9th, 2013	(Late Start)	Alzheimer's Disease	How to Maintain a Healthy Weight: Good Nutrition is Key		
	Learn More About Kidney Disease	Alzheimer's Disease	GERD & Your Risk of Esophageal Cancer	L. Miller		The Weight to Success	Your Concerns InHeal Senior Scam Prevention	
, -	Nulley Disease		L3Opriageal Cancel	How to Maintain a Healthy Weight: Good Nutrition is Key	Your Concerns InHealth: Senior Scam Prevention	Shingles	Semor Scam Frevention	
1	Superbugs: Are We Winning the Germ	Kidney Transplants	Shingles	The Weight to Success			Voices InHealth:The Leg Strength Training Syste	
	War?			Community Based Senior	Inside Washington Hospital: The Green Team	Important Immunizations for Healthy Adults	Influenza and Other Contagious Respirato Conditions	
	Do You Suffer From Breathing Problems? Chronic Obstructive	Wound Care Update	Your Concerns InHealth: Pediatric Care – The Pre-	Supportive Services	Heart Healthy Eating After Surgery and Beyond		Voices InHealth: New	

Mended Hearts Offers Compassion to Cardiac Patients

Support Group Meets Monthly to Share Information and Learn

When Randy Catalano watched his wife Diane go through triple bypass surgery in 2009, he had no idea that a year later – almost to the day – he would undergo the same surgical procedure. It was a difficult ordeal for the Catalanos, but they are grateful for the care they received at Washington Hospital. Now they want to give back.

"Neither one of us had any major precursors to heart disease before this," Randy said. "But now Diane and I have both experienced being the cardiac patient and the caregiver, so we know how hard it can be. Having major heart surgery is a life-altering event."

Randy is now president of the local chapter of Mended Hearts, a national nonprofit organization that provides support and education to heart disease patients and their loved ones. Diane is one of four certified Mended Hearts visitors at Washington Hospital.

"The hospital saved my life," Diane said. "So if I can help just one person, I've done what I was meant to do."

Visitors like Diane are specially trained to talk with heart disease patients who are undergoing heart surgery or receiving angioplasty, as well as their families, friends, and caregivers. Diane visits patients before and after their procedures.



Randy and Diane Catalano have each undergone major heart surgery and understand how difficult it is for both the patient and the caregiver. Randy is now president of the local chapter of Mended Hearts, a national nonprofit organization that provides support and education to heart disease patients and their loved ones. Diane is one of four certified Mended Hearts visitors at Washington Hospital. To get involved with the local chapter of Mended Hearts, call (510) 494-7022.

"I didn't get a visit until after my surgery, so when I became a visitor I asked if I could do pre-surgery visits," she said. "It would have helped me because I was scared. I think it eases your mind to talk with someone who has been through it. I'm proof there is life after heart surgery."

Diane goes to Washington Hospital three times a week to visit with cardiac patients and their loved ones. Because she spent hours waiting while Randy was in open heart surgery, she knows what family and friends are going through.

"I try to tell them not to watch the clock," she said. "The time goes slow when you're waiting."

While the accredited visiting program is at the core of Mended Hearts, it also serves as a support group for people with heart disease and their caregivers. Mended Hearts usually meets at 5 p.m. on the first Tuesday of the month. Meetings are held at the Conrad E. Anderson, M.D. Auditorium at 2500 Mowry Avenue (Washington West) in Fremont.

Sharing Common Issues

The support group gives people a chance to share their struggles and successes with others who understand their situation as well as learn how to lead a more heart healthy lifestyle. Each meeting includes an educational component and often features a guest speaker who talks about some aspect of heart disease, from healthy eating to the proper use of medications. The next meeting is scheduled for January 15.

"Just knowing that others have had the same thoughts, pains, and complications can be therapeutic," Randy wrote in the monthly newsletter that is distributed to members. "As I've said before, having heart-related issues is a shock to most of us, a life-changing event and it shakes you to the core. I personally have received great comfort just being around others who share common concerns. It's also exciting to see others who have suffered with serious health issues recover and live normal lives again."

In addition to the monthly meetings and the local newsletter, members receive a subscription to Heartbeat Magazine, published quarterly by the national organization. The local Mended Hearts chapter has more than 70 members and is looking to increase its membership and the number of certified visitors.

"The truth is I think I get more out of the visits than the patients do," Diane said. "It feels good to be there for people in their hour of need, especially since I know what they are going through. I was right there where they are."

Randy and Diane said they are glad to be able to devote their time to Mended Hearts. Randy recently retired from his job as a senior network engineer and Diane was a stay-at-home mom. Now their daughter is grown and has a daughter of her own.

"We feel so lucky we were able to live to see our daughter get married and now we have our granddaughter," Diane said. "We have a lot to live for, so we do everything we can to stay here. Every day counts."

Randy said while he and Diane ate a healthy diet and exercised before their heart problems, making a transition to a healthier lifestyle can be very difficult for some people.

"It's a new way of living for many heart disease patients," Randy said. "Mended Hearts offers support with that as well. It's just a great group of people who are all struggling with many of the same issues."

To get involved with the local chapter of Mended Hearts, call (510) 494-7022. For information about the national Mended Hearts, visit www.mendedhearts.org. To learn about the Heart Program at Washington Hospital, visit www.whhs.com/heart.

Don't Let Foot Wounds Go Untreated

Free foot screening will help residents identify problems early and get on the road to healing

By the time most Americans are 50 they have walked an amazing 75,000 miles, the American Podiatric Medical Association reports.

During our lifetime, our feet withstand a tremendous amount of wear and tear. Yet, most of us take healthy

sociation. Sixty percent of these were in people with diabetes.

You can get your feet checked out at a free Foot Screening and consultation sponsored by the Center for Wound Healing and Hyperbaric Medicine



To provide people in the community over the age of 14 with free evaluations of chronic wounds, the Washington Center for Wound Healing and Hyberbaric Medicine will be offering a screening clinic with brief examinations by physicians and nurses on Saturday, Feb. 23 from 10 a.m. to 1 p.m. Preregistration is required. Call (510) 248-1518 to make your appointment.

feet for granted. It's important that everyone take good care of their feet, and this is even more crucial for people who have foot problems that may be related to diabetes, poor circulation, or both.

"Many people can have early or undiagnosed problems with their feet," said Prasad Kilaru, M.D., a Fremont Plastic Surgeon and medical director of the Washington Center for Wound Healing and Hyperbaric Medicine. "These problems need to be identified and treated as soon as possible."

"Tiny ulcers or injuries left untreated can increase to larger wounds and ulcers, and this can eventually lead to hospitalization and even amputation of the foot or leg," continued Dr. Kilaru. "A high percentage of people who require amputation have foot wounds."

In one recent year, more than 90,000 non-traumatic lower limb amputations were performed in the U.S., according to the American Diabetes As-

You Tube



Dr. Prasad Kilaru (above), plastic surgeon and medical director of the Center will be joined by other physicians at the clinic and will provide recommendations for follow-up care during the clinic.

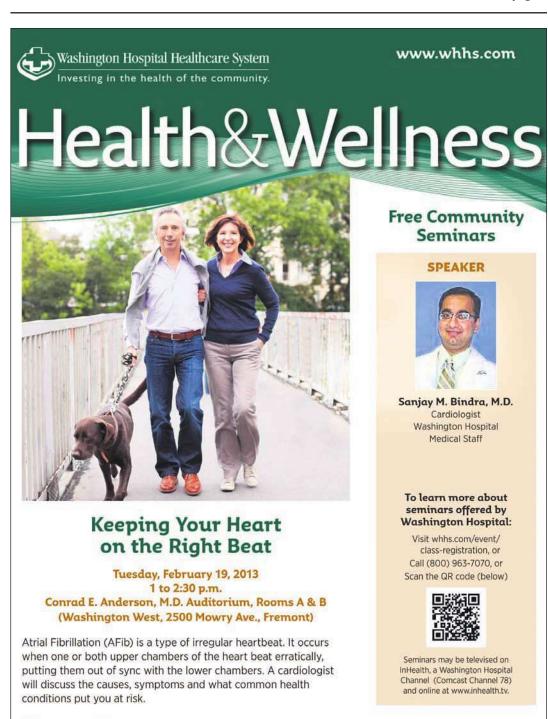
on Saturday, Feb. 23 from 10 a.m. to 1 p.m. Preregistration for the screening is required. Call (510) 248-1518 to make your appointment.

The screening will be held at the Center, which is near Washington Hospital, at 39141 Civic Center Drive, Suite 106, in Fremont.

"The free Foot Screening is our way of giving back to the community and educating residents about proper foot care and how to treat potential or early problems before they become major difficulties," Dr. Kilaru explained.

At the screening, members of the wound care clinic's highly trained clinical team, including physicians and nurses, will check for problems with a patient's feet or lower legs. The screening is not a full physical examination and no treatment, such as prescriptions or dressings, will be provided. If foot problems are detected, the doctors and nurses will offer advice and referrals for follow-up care. Depending on the type of problem, patients may need to see a podi-

continued on page 5



Stay connected to Washington Hospital through Facebook, YouTube and Twitter. Watch InHealth Channel

videos, learn about upcoming events and seminars and see what's happening at your community hospital.

Banking at its BEST Your Professional Team Nesly Moquette • Leland Ong

PAN PACIFIC BANK

The BEST CD Rates

2 Years COMMUNITY 3 Years

0.70% APY* 0.90% APY*

Call About Our Other Products *Minimum balance to open account and obtain annual percentage vield

(APY) is \$1,000. Rates effective 02/11/13, subject to change without notice. Penalties may apply to early withdrawals. CD's automatically

Online Banking • Remote Capture Direct Deposit • Automatic Transfers **Government Guaranteed Lending**

510.809.8888 · www.panpacificbank.com

47065 Warm Springs Blvd. FDIC Fremont





We have a fireplace design for every room in your home!

INTIMATE FLAME

510-797-9768 www.TheIntimateFlame.com 37307 Blacow, Fremont

(Between Central & Thornton)



Discover Fremont's Hidden Treasure!

Fremont Unified School District Spanish/ Mandarin Dual Immersion Programs **NOW ENROLLING FOR KINDER & FIRST GRADES!**



Is your child ready for a challenging and exciting curriculum preparing him/her for success in the 21st century?

Fremont Unified School District is offering nationally-acclaimed Mandarin and Spanish Dual Immersion Programs that provide students with an opportunity to develop bi-literacy and cultural competence.

Brain research shows that acquiring a second language can increase flexibility which contributes to improved overall school performance.

()21st Century Learning **Cultural Awareness**

Bi-literacy

If you are interested in learning more about these programs, please contact

Spanish Dual Immersion (K-6) **Blacow Elementary** 510-656-5121

Vallejo Mill Elementary **Grimmer Elementary** 510-656-1250 510-793-1441

Mandarin Dual Immersion (K-3) **Azevada Elementary** 510-657-3900





3381 Walnut Ave., Fremont • Mon-Sat 9am-7pm

Cash patient only

continued from page 3

Don't Let Foot Wounds Go Untreated

atrist or vascular surgeon, or they may need to seek treatment at the wound care clinic.

"Whenever possible, we will co-ordinate with the patient's primary care physician," Dr. Kilaru added.

Physicians, nurses and ancillary staff who will be at the screening are trained in wound care and have been with the clinic for at least two years. A history and examination of the feet and lower legs will be performed, as well as limited testing with equipment in the clinic. There will be no invasive tests. The staff will also provide people at the screening with a private, personalized lesson in how to care for their feet.

"Anyone who has an open wound on their foot or lower leg that is not healing or has been present for more than four weeks should make an appointment and come to the screening," advised Dr. Kilaru. "All people with diabetes or circulatory problems will also benefit from this service.'

He recommends foot screening for anyone who has problems with their feet, such as diabetic ulcers or neuropathy associated with diabetes. With neuropathy, nerves are damaged and people don't have full sensation in their feet. They may feel a tingling sensation or a feeling of pins and needles pricking the skin.

Other conditions that would benefit from foot screening include:

- poor circulation;
- · venous stasis ulcers, which are wounds that may occur when the valves in the veins of the legs don't function properly; and
- arterial ulcers that can occur when arteries in the legs are partially or completely blocked.

"Diabetes is the most common problem involving the feet," observed Dr. Kilaru. "But pour circulation, which may or may not be related to diabetes, can also affect wound healing. Neuropathy, which is a decrease or loss in sensation, can make an injury more likely."

To learn more about foot problems related to diabetes, visit the web site of the American Diabetes Association at www.diabetes.org. For information about foot health in general, go to www.apma.org. For more information about the Washington Center for Wound Healing and Hyperbaric Medicine, visit www.whhs.com/wound.

They're back and delicious as ever

continued from page 1

turn of Savannah Smiles. All of the cookie varieties have 0 grams trans fat per serving and have no high fructose corn syrup, seven varieties have no artificial colors, and five varieties contain no hydrogenated oils. Visit iLove-Cookies.org for all the info on the GSNorCal cookie sale.

"There's more to Girl Scout Cookies than what's in the box," said Marina Park, CEO of Girl Scouts NorCal. "When a girl sells cookies, she's creating a plan, interacting with customers, and working as part of a team. She's building a lifetime of skills and confidence."

Are you sweet as a Samoa or fresh as a Thin Mint? Thanks to the FREE Girl Scout cookie locator mobile app, smartphone users and cookie-seekers can search for local sales or by zip code, share locations with friends, add sale dates to their calendars, and discover their own Girl Scout Cookie Personality. The app also provides nutritional details on each cookie and allows customers to sign up for email alerts when cookie booths spring up, fully loaded with locations by February 8. Users can download through the iPhone app store, Android market-

place or by calling GSCOOKIES to have the app sent directly to your smartphone via text reply. For desktop discovery, visit iLoveCookies.org.

Indulging your sweet tooth never felt so satisfying. Proceeds from these once-a-year treats inspire girls of all ages to become confident and learn 5 Key Skills - goal setting, decision making, money management, people skills, and business ethics – as well as provide funds for service projects, learning programs, and fees for camps and memberships.

With the Gift of Caring program, customers can purchase boxes and have them donated directly to the military to bring a taste of home for troops overseas, or to a local food banks to bring cheer to those in need.

"This year's redesign of our cookie boxes highlight cookie badges such as public speaking, business owner, financial literacy, gardening, philanthropy, dance, and marketing, along with our Girl Scout Gold Award, the highest achievement a girl can earn in Girl Scouting," says Park. "It's really win-win for our customers - they get delicious cookies and girls gain skills that will help them into their adult lives."

Girl Scouts of Northern California serves a diverse membership of 49,000 girls and over 32,000 adult volunteers in a 19-county area from Gilroy to the Oregon border. Girl Scouts builds girls of courage, confidence, and character who make the world a better place. To learn more about Girl Scouts of Northern California, visit GirlScoutsNorCal.org

East Bay Hand Plastic Surgery Center

We customize treatments for your individual needs

Highly skilled and trained in all aspects of Cosmetic Surgery

- Body Contouring
- Breast Augmentation
- Corrective Surgery after weight loss
- Gentle approach to Botox and Juvéderm injections

Complimentary Cosmetic Consultations



Dr. Prasad G. Kilaru, MD, MBA

15 years experience in cosmetic surgery

Diplomate, American Board of Plastic Surgery

New You Far Spring 2013!

Call our office for special pricing now until the end of February on all cosmetic procedures

www.prasadkilaru.com

510-791-9700

facebook

yelp. 6756 Central Ave., Newark

39141 Civic Center Dr. #110, Fremont



Min A. Lynn, DMD

General Dentistry & Adult and Children

- Digital Low Radiation X Rays
- Cleaning & Gum Disease Treatment
- Composite White Fillings
- · Crown, Bridge and Dentures
- Root Canals
- Extractions
- Teeth Whitening



Se Habla Español **Burmese** Spoken

Financing Available Evening and Saturday Appointments Same Day Emergency Treatment Available

Most Insurance Plans Accepted 510-744-0844

4075 Mowry Ave., Fremont

Chahall European Auto Center



Mercedes, BMW, Volvo, SAAB, Audi, VW, and Japanese Cars

Open Monday to Saturday (6 days)

Engine • Fuel • Transmission • Brake • Electrical etc. • Engine Check light • ABS & SRS Free Diagnose with Work

BMW inspection 1 & 2, Mercedes Benz service A & B Install Rebuilt or Used engine and transmission - Special Price

Our Quality and Price are so impressive, we think you WILL switch to us if you try us.

Over 39 years experience; Warranty 1 year or 12,000 miles.

Brake special Timing belt special Synthetic oil change Synthetic oil change Regular oil change

\$69.99 + parts - most cars \$99.99 (4 cyl), \$149.99 (6cyl) \$79.99 Mercedes, Land Rover \$69.99 BMW, VW, Audi \$19.99 4cyl, Syn. Oil \$39.99

www.chahalleuropean.com (510) 226-6349 45845 Warm Springs Blvd #I, Fremont

Electrical Solutions for Homes and Businesses

Grounding issues Security lighting Smoke & CO2 detection **Electrical Panels** Rewiring **Outlets & Switches**

Lighting Ceiling fans Renovations Generators

GFCI's

220 Wiring Pool & hot tub We are committed to completing electrical projects on time and within budget, while providing the highest quality workmanship

Adding new circuits Circuit breakers keep tripping Fuse panel upgrades Installation of new fixtures Move existing Flickering/blinking lights Recessed lights

20% OFF Service Calls

FREE estimate on new installations Senior Discounts

Serving all your electrical needs CHAMPION ELECTRIC

510-894-0205 Lic #768517

Stop Scrubbing Grout

& Make Cleaning Easy! Cultured Marble, Onyx, Granitex, Storm & Blizzard

Tubs • Pans • Tops • Walls

SPECIALIZING IN RESIDENTIAL Mid to High-End Bathroom Fixtures, Faucets &

Accessories REMODELING BY

(Formerly Tri-City Marble)

510-745-9692

FREE ESTIMATES

Open Mon-Thurs 8am-4:30pm

Fri 8am-4pm - Evenings & Sat by Appt. Only

Exp. 6/30/12

COMPLETE BATHROOM REMODEL Not to be Combined w/any other offer

Coupon Must be present at time of order

5100 Off WITH PURCHASE OF INSTALLED TUB/SHOWER SURROUND

Not to be Combined w/any other offer **Not for Contractors**

Attention Contractors: Ask about Contractor Discounts

DO YOU HAVE KNEE PAIN?

You need relief, not surgery

Factors that cause osteroarthritis:

Although the cause is unknown there are many factors that contribute to osteoarthritis.

- A history of stressing your joints from work, sports or other activities
- Weight
- Age
- Previous injury to the joint
- Genetic factors

What is the FDA approved treatment?

The FDA has done some careful study and clinical trials and cleared a treatment for those suffering from knee pain. If surgery, dietary supplements and medication are your only option this treatment plan may be for you.

Will I feel better right away?

Most patients relief in a matter of weeks and can go back their regular daily activities.

WIII my insurance cover the cost?

Yes, most major insurances and Medicare will cover treatment upon approval of your benefits.



This treatment...

- has a success rate of 85%
- is a safe and a non-surgical program
- · has over 22,000 patients treated nationwide
- · is the only northern california accredited osteoarthritus center

Could you be a good candidate for this treatment?

- Does your knee pain keep you awake?
- Does your knee pain keep you from certain activites?
- Have you been told you need a knee replacement?
- Do you suffer from knee pain when you are active?





Arthur J. Ting M.D. Medical Director

Dr. Arthur Ting is a leader in minimally invasive treatments for knee arthritis and sports injuries. His clients include world famous atheletes throughout the country. He is also the team physician for the San Jose Sharks of the National Hockey League.

How will I know if this is right for me?

If you are suffering from knee pain, your first step is a consultation with Dr. Arthur Ting, our Sports Medicine and Rehabilitation Specialist.

RETURN TO FREEDOM. FREEDOM FROM PAIN. FREEDOM TO MOVE. FREEDOM TO LIVE.



Call today for a FREE knee consultation: 510-255-4705

Office Hours: Mon-Fri 8am - 5pm kneecenters.com



2675 Stevenson Blvd. Fremont, CA 94538

Candle Lighters award 2012 Ghost House funds

SUBMITTED BY JOELLA THOMPSON

The trailers have moved off-site, decorations have been put away, and the bills have been paid. It was with much pride that the Candle Lighters were able to fund the following proposals with the monies earned with their work at "The Haunted Shopping Mall", our 2012 Ghost House, held in October.

Recipients of awards in our 43rd year were:
The City of Fremont Senior Center (\$2813.71)
The Viola Blythe Center (\$4106.96)
C.U.R.A. (\$10,393.90)
Irvington High School (\$9847.34)
Kidango (\$8030.13)
Fremont Stage 1 (\$6519.80)
Music for Minors II (\$3168.15)

In all, the Candle Lighters presented to Tri-City area recipients a total of \$44,879.99 to fund requested proposals approved by the membership in June.

At the luncheon, election of the new board was voted on and approved. Newly elected board members for 2013-2014 year are: Terri Schinckel, President; Claire Douglas, First Vice President (Site); Joella Thompson, Second Vice President (Publicity); Sue Sauvageau, Third Vice President (Sponsors); Diann Nelson, Recording Secretary; Sharon Candelario, Corresponding Secretary; Norma Cutter, Treasurer; Patty Grant, Communications (Gazette); Marguerite Meyer, Membership; Nancy Schroeder and Sandy Strong, Social; and Cathy Leslie, Parliamentarian.

This year's Ghost House theme will be "Camp Fear" and plans are already being made to create another family friendly, fun experience.

Religious Life Info Day

Catholic single women between the ages of 20 and 40, are invited to "Come and See" on Sunday, February 17, 9:30 a.m. - 7:00 p.m., at the Dominican Sisters of Mission San Jose Convent - 43326 Mission Blvd, Fremont. Learn about the life of a Sister and find out who we are. Share in Eucharist, prayers and meals with the Sisters. Please call Sister Marcia, O.P. at (510) 933-6333 for more information and reservation. Freewill offering for the day.

Arjav Rawal wins COIL Charter School Geographic Bee

SUBMITTED BY TRISH HARMAN-MURRAY

Fremont student, Arjav Rawal, a 5th grader at the Circle of Independent Learning (COIL) Charter School won the school-level competition of the National Geographic Bee held on January 9, and a chance at a \$25,000 college scholarship. The school-level Bee, at which students answered oral questions on geography, was the first round in the 25th annual National Geographic Bee. This year's Bee is sponsored by Google. Way to go, Arjav! Good luck at the next round of competition.

A tribute for former Milpitas Mayor Ben Gross

SUBMITTED BY RENEE LORENTZEN

Join the City of Milpitas and the Sunnyhills Neighborhood Association at a celebration event in honor of Milpitas' former Mayor Ben Gross on Saturday, February 23. Mr. Gross' time in Milpitas changed history for both Milpitas and the Nation. Enjoy listening to information about Ben's work and life. This event will include live music, memorabilia and light refreshments, all in celebration of our community's great history.

Ben Gross Tribute Celebration Saturday, Feb 23 12 noon – 3 p.m. Barbara Lee Senior Center 40 N. Milpitas Blvd., Milpitas (408) 586-3210

Free and open to the public

Mexican Ambassador to address Chamber of Commerce

SUBMITTED BY KIM HUGGETT

Ambassador Carlos Felix Corona, consul general of Mexico, will discuss his country's new president, trade, education and immigration policy when he is hosted at a Hayward Chamber of Commerce luncheon on February 21, 2013 at 11:30 a.m. at the Golden Peacock Banquet Hall, 24989 Santa Clara Street, Hayward.

"Hayward has a historic connection with Mexico, with important cultural and economic ties as well as family connections that the ambassador appreciates and wants to address,"

said Kim Huggett, president and CEO of the Hayward Chamber of Commerce. "He recognizes Hayward's unique links to his country and is eager to speak in our community."

Ambassador Felix assumed his duties as dean of Mexico's San Francisco consular corps in October 2011. He was appointed consul general in 2007 by President Felipe Calderon and attained the rank of career ambassador in 2009. He will be accompanied to the Hayward event by staff including representatives of the ProMexico trade organization.

Members of the chamber's Latino Business Roundtable will act as greeters for this event. Reservations are \$25 each

and available online. Tickets will not be sold at the door.

To order tickets, visit www.Hayward.org. For more information call the chamber at (510) 537-2424.

Hayward Chamber of Commerce
Hosts Mexican Ambassador
Thursday, Feb 21
11:30 a.m.
Golden Peacock Banquet Hall
24989 Santa Clara Street, Hayward
(510) 537-2424.
www.Hayward.org

Environmental honors for AC Transit

Hydrogen fuel cell and solar initiatives singled-out for praise

SUBMITTED BY CLARENCE JOHNSON

AC Transit has received the Governor's Environmental and Economic Leadership Award (GEELA), the highest environment honor in the State, for the agency's innovative fuel cell and solar energy projects. Established in 1993, GEELA honors individuals, companies and organizations that make significant contributions to the state by developing environmentally friendly practices, while contributing to the local economy.

Governor Edmund G. Brown Jr. honored AC Transit as one of 17 organizations that have adopted clean-air business principles and policies that conserve energy, reduce costs and help to

improve the environmental health of their surrounding neighborhoods.

"Projects like these take a lot of courage and intensity to do and we are really glad the Governor chose to recognize us," said AC Transit Board President Greg Harper. "We are very proud of what we are doing to enhance the air quality of our local communities and for being able to contribute to the development of these cutting-edge technologies."

Specifically, AC Transit was honored for building the most comprehensive hydrogen fuel cell demonstration program in the country. Its zero-emission fuel cell cars and buses emit only water vapor from their tailpipes and have saved more than 68,000 gallons of diesel fuel.

In addition, the agency will install 400 kilowatt hours of solid fuel cells that will provide stationary power to its largest operating division, and has already installed 2,500 solar panels on its buildings, delivering a significant portion of the power needed for the agency's daily operations.

"The award recognizes our responsibility to create a sustainable environment while promoting a vibrant economy," said Secretary for Environmental Protection Matt Rodriquez. "AC Transit is showing us the way forward. Their unique approach shows how, given a challenge, California's businesses, non-profit organizations and governments can rise to the occasion."

Fremont Laser Med Spa announces the arrival of the NEW FAT LIQUIFYING F.D.A. APPROVED LASER the best non-invasive, body slimming, laser treatment, to its practice, making Dr. Kojian one of the first physicians to offer this new laser in the Bay area.

LOSE 5-25" OVER ALL IN 6 WEEKS

- Non-invasive procedure, painless, no down time
- No bruising or scarring
- · Targets stubborn areas of body fat
- · Contours the body and reduces cellulite
- · Can treat up to two areas at once Can also individually target the circumference

of the stomach and concentrated areas



Shrink your fat cells through your lymphatic system and excreat out the

Fremont Laser Med Spa 510-744-1582

liquified fat

www.fremontlasermedspa.com

Moina Shaiq receives Love **Hero Award**

SUBMITTED BY ELIZABETH SCHAEFER

Fremont human rights activist Moina Shaiq will be honored with a "Love Hero" award by the Mission Peak Unitarian Universalist Congregation. Fremont Mayor Bill Harrison, City Council members and members of the Fremont and Alameda County Human Relations Commissions have been invited. The award is given in conjunction with the national "Standing on the Side of Love" campaign which promotes equality for marginalized communities.

Moina Shaiq, a native of Pakistan and Fremont resident for 27 years, sits on the Alameda County Human Relations Commission and is founder and president of the Muslim Support Network which assists Muslim seniors in accessing social services and peer socialization. She is also founder of the Muslim Spiritual Care Program at local Kaiser Permanente hospitals and sits on the Board of Directors for the Washington Hospital Foundation, the Tri-City Elder Coalition, and the Center for Civic Education. She is a member of Tri-City Interfaith Council and the Fremont Alliance for a Hate Free Community, and was named Woman of the Year by State Senator Ellen Corbett in 2008.

This third annual award will be presented to Ms. Shaiq in support and celebration of her accomplishments in our community and her encouragement of others.

"The City of Fremont is a beautiful expression of the American dream. We are a diverse group of people who live and work together and the promise of our country is on daily display here, where more than 160 languages are spoken in the homes of just over 200,000 people. Shaiq is one of the most important bridges among cultures in Fremont, helping us find our way forward, together. I am honored to be the Minister of a Congregation that wishes to honor Ms. Shaiq's essential community leadership," says Rev. Jeremy D. Nickel of Mission Peak Unitarian Universalist.

For more information, contact Beth Schaefer at (510) 502-7770 or emschaefer123@sbcglobal.net

"Love Hero" Award to Fremont Activist Moina Shaiq Sunday, Feb 17 10 a.m. Cole Hall, Mission Peak Unitarian

Universalist Congregation 2950 Washington Ave., Fremont (510) 502-7770 emschaefer123@sbcglobal.net

Justice for Chiapas

SUBMITTED BY SAMIRA HAMID

Chabot Colllege's Students for Social Justice (SSJ) Club brings social awareness of global and local issues to Chabot College and its community. Since it was founded eight years ago, these dedicated students have highlighted ethical issues such as: human rights, women's rights, local, national and international politics, environmental racism and the unspoken consequences of war.

For this event, the SSJ have joined UC Berkeley's Anthropology Department's students, and invited Chabot's Anthropology Club students to present a human right's subject - "Southern Mexico's Indigenous Communities Rights." Chiapas' communities, in Southern Mexico, contend daily with paramilitary violence and dispossession of their lands, often illegally.

The speaker, Pablo Obando, Communications Director of the Fray Bartolome Human Rights Center, reports on the events in these communities. His 2013 tour, from L.A. to Seattle, brings him to the San Francisco Bay Area, and he has chosen Chabot College as one of his venues. The event will be in Spanish with English interpretation.

SSJ Club meets every Tuesday and Thursday, from 12 p.m. until 1 p.m. in Room 506; for more about the SSJ Club, contact Karina Contreras at chabotssj@gmail.com. The Anthropology Club meets every Thursday from 12 p.m. until 1 p.m. in Room 405; contact Samira Hamid at s mariama@att.net, to learn more about the Anthro Club.

> Justice for Chiapas Tuesday, Feb 12 12 p.m. Chabot College, Room 722 25555 Hesperian Blvd., Hayward chabotssj@gmail.com Free

> > AMERICAN

Skinny Patch - Fat Liquefying Laser Fremont Laser Med Spa Dr. James Kojian, M.D., Owner a s e Med Spa With Advanced Medical Technologies * ALL TREATMENTS ARE NON INVASIVE, NOT SURGICAL * FDA APPROVED As seen on **ABC& FOX** \$500 Coupon for non-invasive **FACE LIFT** LASER HAIR REMOVAL 3 FREE WITH RECOMMEND PACKAGE Look 15 years younger with our Nano Perfect Face lift Start as low as \$150-\$199 a month. CALL FOR DETAILS. P i g Skinny Magnet Patch (Herbal) A C n Detox and lose weight while you sleep Lose 3-12 pounds a month m Just slap on the patch and go to sleep The product effectively blocks the absorption of grease, sugar, and starch and helps balancing ones' excess appetite. It also helps eliminating fat and toxic in the body while tightening ones skin. Since the patch is extracted from natural herbs, it does not trigger diarrhea. Moreover, the slim-effecting rate of using patch is higher than taking pills because it bypasses the digestive system, the liver and the kidney. 510-744-1582 www.fremontlasermedspa.com



210 Fremont Hub Courtyard (Behind Bed Bath & Beyond)

(\$361 value)

Not valid with other offers new patients only

with x-rays and Fluoride Treatment \$59

(\$361 value) Not valid with other offers new patients only

- Professional Teeth Whitening Kit (\$350 value) Upon completion of full-fee adult dental exam, x-rays and cleaning. Take-home tray system.

Not valid with other offers, new patients only We proudly offer Lumineers, Dental Implants, TMJ treatment, Children's and Geriatric care and Emergency care besides all the other general dental treatment and we participate with most major insurances.

> Smile Plus Hema Patel, D.D.S. 510-796-1656

ww.smileplusdentistry.com

2191 Mowry Avenue, Suite 600B. Fremont, CA 94538

DOGS • CATS • BIRDS • EXOTICS

High Quality, Affordable Pet Care since 1986 New State-Of-The-Art Center

We bonor competitor coupons. We guarantee the best prices



FREE Initial Exam (Reg. \$29.50)

New pets only. With coupon only Not valid with any other offer Expires 2/28/13

\$25 OFF SPAY OR NEUTER FOR DOG OR CAT

Not valid with any other offer Expires 2/28/13

AMERICAN ANIMAL CARE CENTER® 510-791-0464

www.americananimalcare.com 37177 Fremont Blvd., Fremont



Mon-Fri 7am-Midnight Sat 7am-11pm - Sun 8am-7pm

Routine, Preventive & Urgent Care Open 7 Days a week - Open Evenings Weekends & Holidays!

Se Habla Español



Information found in 'Protective Services' is provided to public "as available" by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of the agency

providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.





We also offer

Continuing

Education Units

For CNA's

Call Now!

866-620-9509

F: (510) 445-0524

Accredited by:
Board of Vocational Nursing
& Dept. of Health Services

Locations: 41300 Christy Street, Fremont, CA 94538

510-445-0319

www.MEDICALCAREERCOLLEGE.US



Code Blue alert

SUBMITTED BY JEREMY WAYLAND, CALIFORNIA HIGHWAY PATROL

On February 7, 2013, at approximately 1:22 a.m., the suspect was involved in multiple shootings with multiple agencies in the Riverside CHP area. The suspect is Christopher Jordan Dorner, a 33 year old Black male, 6 feet tall, 270 pounds with black hair, brown eyes with an unknown clothing description.

The suspect was last seen driving a gray Nissan Titan with CA license plate 8D83987. Other vehicle information: ski rack.

The suspect is considered armed and extremely dangerous. If seen, contact Riverside Police Department at (951) 787-7911.

Dryer Fire

SUBMITTED BY CAPT. STEVE SILVA, FFD

On February 8, 2013, Fremont Fire Department responded to a reported roof fire at 42574 Hamilton Way. Upon arrival, firefighters found heavy smoke coming from the attic area above the garage. Crews extended hose lines into the house, and were able to contain the fire to the garage and part of the attic. The truck company opened the roof for ventilation, while another crew searched and confirmed no occupants were in the house. Control of the blaze was achieved in 15 minutes. The fire originated in the dryer inside the garage and had spread to the attic area above the garage to the roof. Damage was estimated at approximately \$45,000. No injuries to firefighters or civilians were reported.

Update

'No Trespassing'

signs

As of February 7, 2013, the City's Munici-

pal Code has a new numbering system. All No

Trespassing signs in town will need to be up-

dated with the new code. The Fremont Police

Department has made new vinyl stickers,

available free of charge at our front desk for

anyone who needs them. Come to our front

desk at 2000 Stevenson Blvd. anytime Mon-

day-Friday 8:00 a.m. - 5:00 p.m. to pick up

the new code section. The stickers are heavy

duty with a graffiti prevention seal and can be

easily applied over the old section on either a

It is very important that the new section

gets added to all old and existing signs. Failing

to post the new section, could prevent police officers from charging a trespasser on your

If you are a Crime Free property, please

continue to work with Officer Kim MacDon-

If you have any questions, contact Geneva

ald to coordinate your new stickers.

property.

hard plastic or metal No Trespassing sign.

Fremont officers recognized for DUI efforts

SUBMITTED BY FREMONT PD

Mothers Against Drunk Driving (MADD), California Office of Traffic Safety, and the Alameda County Avoid the 21 campaign hosted their annual Law Enforcement Recognition and DUI Training Seminar and luncheon February 6, 2013. Four Fremont Police Officers were recognized for their impaired driving enforcement efforts in our community last year.

Officers Tom Edwards and Antonino Stillitano lead the Department in enforcement, each having made 25 individual DUI arrests during the enforcement period. Traffic Officers John Aranguren and Nicholas Austin were also recognized for their training and enforcement efforts specific to drunk drivers. We'd like to congratulate these four officers on their efforts and for their dedication to keeping our community safe.

FREMONT POLICE LOG SUBMITTED BY FREMONT PD

February 5

Residential Burglary on Puttenham Way; entry via back door. Loss was a flat screen TV & power saw.

Armed Robbery at Fremont/Sundale. Female victim was robbed by a black male, 20's 6 feet tall, thin build with a black mask and a black handgun. He took money from her and fled on foot. Area check resulted in two stops, but not the suspect.

February 6

A 1996 Honda Odyssey, Silver, was reported stolen from Country Lane Apts.

A strong armed robbery occurred at Ardenwood and Commerce at 5:45 p.m. Victim is robbed of his necklace and suspect flees on foot. Investigated by Officer Dooley.

An armed robbery was reported on Lana Terrace at 7:30 p.m. The female victim is robbed of her cell phone at gunpoint. Suspect flees on foot. Investigated by Officer Dooley.

A female was walking to her apartment on 3500 block of Pennsylvania Ave at 7:50 p.m. when she is grabbed from behind. She screams and runs off. She is not injured and calls the police. Case investigated by Officer Greenberg.

Residential burglary on Winding; entry via rear slider. Ofci Chahouati investigating.

Residential burglary on Lippert. Officer Soper investigating. **February 7**

A suspicious male in a brown van parked on Kimbro St. was seen looking at kids at Maloney Elementary through binoculars. This occurred at about 9:30 a.m. When the custodian approached, the male drove off. White male in his '30's wearing a dark jacket

Employees of Centerville Saw and Tool - Peralta Blvd. called to advise an elderly male had just been carjacked in the lot. Turns out the suspect (white female) had started an altercation with three females across the street who were now chasing after her. The suspect jumped into the victim vehicle, forcing the victim out of the car. The three original battery victims intervened and attempted to help the elderly male. Unfortunately the sus-

continued on page 9



Lic.0F04106 • 1111 Bayhill Dr., #275 San Bruno CA 94066

blue 🗑 of california





Professional/Affordable Quality Chiropractic Care

- Soft tissue release therapy
- · Children & adults
- Auto, work and sport injuries
- Neck, back and extremity pain
- Headaches

Most insurances accepted



Come and enjoy
a truly unique healing experience
New Patient Special
50% off Initial Visit With This Ad
Exp. 2/28/13

Janet L. Laney, D.C., Q.M.E 510-792-9000 2191 Mowry Ave., Suite 500-D, Fremont (Across from Washington Hospital)

Letter to the Editor

Water District increases are exorbitant

On February 1, 2013, service charges on your Alameda County Water District (ACWD) bill increased 100% from \$14.93 to \$29.86. In addition, you have a separate charge for consumption of water. They urge us to conserve water and, when consumption declines, raise the water rates, as they are not receiving enough money.

Each year, the District notifies us of a projected increase in water charges, service charge or both; they advise us of an upcoming meeting where we can object. I have attended meetings and written letters but each year, the increases pass.

I have never heard of a 100% increase – even PG&E doesn't ask for that much. They say [the increase] will be for main replacement and seismic retrofit program. I have the salary schedule for Alameda County Water District and the salaries are all very lucrative.

If you wish to voice your objection to this exorbitant service charge increase, please call the District at (510) 668-4299.

> **Peggy Gerling** Fremont

continued from page 8

pect got the car keys and fled the area westbound. A short time later hit and run calls came in from Fremont/Decoto and Fremont/Ferry with the second location being an assault with a deadly weapon, as the suspect rammed the victim vehicle multiple times. S.N.A.R.E. was invoked and Hayward picked up the vehicle near 2nd and "B" street where the driver did another hit and run to get away. A pursuit was initiated and ended with the vehicle crashing into a F150 pick-up. The suspect foot bailed, and was ultimately arrested (One in custody - six crime scenes - two jurisdictions). Lead investigation by Officer N. Johnson.

Officer Contrada is dispatched to the Sundale South Apartments for a report of an auto burglary. Officer Contrada discovers two additional auto burglaries. A hispanic male and white male suspect were scared off by Security prior to PD arrival.

Units are dispatched to Gilbert Ct. on a report of subjects attempting to break into multiple cars. The Reporting Party then advised that he was following the suspects who fled the scene after he scared them off. The R/P lost the vehicle in the area of Stevenson and Paseo Padre. No crime could be substantiated and it appears as if the suspects had only been trying car door handles. Case investigated by Officer Gilfoy.

Officer Settle is dispatched to a report of a stolen vehicle that just occurred at 46800 Crawford St. R/P reported that his work truck (white Ford with "All State Plumbing" markings and two ladders) had been stolen within 2-3 minutes. The vehicle is SNARE'd and Newark PD picks up the vehicle N/B 880 at Thornton. NPD conducts a high-risk stop at Harder and Soto in Hayward. A 40 yr old male is arrested for Auto theft. February 8

At 7 p.m., 43300 block of Paseo Padre. Female Victim (who is home alone sleeping) hears noises downstairs. She calls out for her husband, believing he is now home, gets no response, but still hears activity. When she phones her husband he advised that he is miles away "driving". Victim hangs up, calls 911, and locks herself in a bedroom upstairs. When officers arrive it's discovered that the suspect(s) attempted to force entry into the house via the front door and then went into the rear yard where they broke out the rear slider.

Officer Kwok is flagged down by a passerby who reported a subject tagging a building at Fremont/Thornton. The tagger flees on foot from Officer Kwok locates the tagger a few minutes later at Fremont/Bonde. The 17 year old male juvenile admits to tagging at least five different buildings in the Fremont/Thornton corridor. The juvenile was also listed in MUPS as a runaway. The juvenile was released to his parents.

A residential burglary was reported at 4800 Block of Regents Park Lane. Loss undetermined.

Cosmetic & Plastic Surgery Iraj Zandi, M.D., F.A.C.S.

Diplomate, American Board of Plastic Surgery 38 Years Experience



DR. ZANDI IS FEATURED IN: National Directory of "The Best Doctors In America" and "San Francisco Magazine" as one of the Best Plastic Surgeons in the Bay Area.

U.S. News Top Doctors One of the top 20 physician

San Francisco Chronicle 2012 Super Doctors for Surgery, Cosmetic, and Resconstruction SuperDoctors.com

Liposuction - Tummy Tuck Lip Enhancement Botox - Restylane Microdermabrasion Laser & Endoscopic Sugeries

Face - Neck - Eyelids

Brow Lift - Nose - Ear - Breasts

PRIVATE ACCREDITED SURGERY CENTER

510-796-9850

2557 Mowry Ave., Ste. 20, Fremont www.CosmeticSurgery1.com

UNIONCITY POLICE LOG

SUBMITTED BY UNION CITY PD

January 31

At 10:02 p.m., two victims were approached by a male suspect as they walked to the Bank of America on Alvarado Blvd. The suspect was holding a baseball bat when he approached the two victims and demanded money. One of the victims fled on foot and the other victim showed the suspect she did not have anything of value on her person. The victim said the suspect appeared disappointed as he fled the area in what was described as a late model Toyota Camry, 4-door, and silver in color. The victims described the suspect as being a black male; 34 to 36 years of age, with a shaved head, approximately 6 feet tall, weighing about 200 pounds. The victims were not injured by the suspect during the incident. Anyone with additional information about the suspect or incident is encouraged to call the Union City Police Department.

February 1

Officers were called to assist with a disturbance outside the Extended Stay Hotel at 6:11 p.m. A large crowd of family members dispersed and walked away as officers arrived. At about 7:44 p.m., officers were called back to investigate another disturbance near the AT&T store at Union Landing. Officers arrived and contacted the same group of family members causing a disturbance. A male in the group became aggressive when the officers asked for his identification. Apparently, the male remembered that he had two warrants for his arrest and did not want the officers to have his identification. The male pulled away from officers and attempted to kick officers while he was being arrested. The male also threatened to kill the arresting officers and the officer's family members during the contact.

February 3

Sgt. Sato and Cpl. Kanazeh witnessed a vehicle traveling in excess of 40 MPH in a 25 MPH residential zone at 8:17 p.m. The vehicle ran a stop sign and continued speeding as the officers made a U-turn. The vehicle pulled into a residential driveway on 4th Street, as the officers conducted the traffic stop. The driver of the vehicle was arrested for driving while under the influence (DUI). The arrestee's father exited the residence and began pushing officers

when he saw his son being arrested for DUI. Father and son spent the night together in jail.

At 2 p.m., a seventeen-year-old victim was sitting on a bench at the Civic Center Park. An elderly male approached the victim and offered to perform oral sex. The juvenile described the suspect as a white male, 70 to 80 years old, with gray hair, and a European accent. The suspect was riding on a mechanical wheelchair at the time of the incident. Det. Luevano was assigned the case the following day and was able to identify the suspect. Criminal charges are now being forwarded to the District Attorney's Office.

February 4

At 7:06 p.m., a 68 year-old victim was collecting recyclables in the area of Peacock Place, when he was approached by a 52 year-old resident. The resident began yelling at the victim over the removal of recyclables. The victim was frightened by the resident and the victim attempted to run away. Instead of calling the police, the resident decided to chase after the 68 year-old. The resident chased down the 68 year-old victim and kicked him in the chest. The victim fell down and lacerated both of his hands. Witnesses in the area called the police after seeing a large amount of blood coming from the victim. Arriving officers located and arrested the suspect.

February 5

At 12:43 p.m., officers were dispatched to investigate a just occurred automobile burglary at the Chevy's restaurant. The victim placed a computer bag on the passenger seat of his vehicle and went into the restaurant to use the restroom. The victim returned to his vehicle after about five minutes and confronted a suspect that had just shattered the passenger side window on his vehicle. The suspect pointed a black handgun at the victim as the victim returned to his vehicle. The suspect then got into a vehicle and drove out of the parking lot. The victim described the suspect's vehicle as new sport utility vehicle, dark blue in color, with dark tinted windows and paper dealer plates. The victim described the suspect as a Hispanic male adult, between 25 and 35 years old. Responding officers were unable to locate the suspect. Anyone with information about this incident is encouraged to contact the Union City Police Department.

Cataract surgery can mean freedom from glasses!

In the past, choosing the type of lens to implant was made by the cataract surgeon; few options were available. All lens implants were monofocal, providing excellent vision after cataract surgery, but usually only for seeing things at a distance such as distant signs when driving, going to a movie or a ballgame. Corrective glasses were necessary for near vision activity: reading, knitting, sewing, playing cards or keeping your golf score.

Today, Dr. Shobha Tandon is able to offer a choice - a multifocal lens. This type of lens provides excellent vision after cataract surgery at a variety of distances. Multifocal lens implants correct both your distance and near vision. For the vast majority of patients, having a multifocal lens implant means that they will be able to see at distance and up close - drive, watch television, read or do crafts - without glasses.



ATTORNEY AT LAW Wills ■ Living Trusts ■ Probate

■TIM GAVIN WILLS • TRUSTS • PROBATE

TIMOTHY J. GAVIN

Trust Administration ■ Estate Planning

39300 Civic Center Drive, Suite 310 ■ Fremont, CA 94538 Telephone: (510) 248-4769 www.Gavin-Law.com



See Beyond Your Imagination

\$200 off

Premium Multifocal **Lens Charges** Exp 9/30/12

SHOBHA TANDON MD, PhD

Trained at Stanford

Board Certified Ophthalmologist Certified LASIK Surgeon

Read, use a computer or drive a car without any glasses

> Medicare and PPO Plans Accepted! UNION CITY | MTN. VIEW 510-431-5511 | 650-962-4626 1-877-NEOVISION www.NeoVisionEyeCenter.com

1-8*77-*NEOVISION

www.NeoVisionEyeCenter.com • 1-877-636-8474



Page 10 WHAT'S HAPPENING'S TRI-CITY VOICE February 12, 2013

Radiator Service **Auto Air Conditioning**

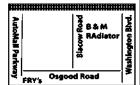
Since 1954

Autos • Trucks • Industrial All Makes - All Models

Water Pumps • Heater Cores • Hoses • Belts **Antique Radiator Specialists**

New Radiators At Warehouse Prices Lifetime Guarantee

Radiators Cleaned Repaired & Recored



Support your local small businesses

510-440-8919



Irvington District - 42450 A Blacow Rd, Unit A, Fremont (Blacow Road at Osgood)

Jung SuWon Martial Art Academy **BODY - MIND - SPIRIT**

Learn Traditional Martial Arts from Masters



Learn Self-Defense & Gain Courage Increase Physical Conditioning Weight Control Increase Self-Confidence, Patience, & **Mental Awareness** Learn to Meditate, Increase Focus

Grandmaster Dr. Tae Yun Kim is one of the

ONE MONTH



COLDWELL BANKER 5

Ages: 3-70 Traditional Tae Kwon Do Self-Defense Meditation

Weapons **Ki-Energy**

510-659-9920 40480 Albrae St. in Fremont



I HAVE A **FOR YOUR HOME**

When you sell your home with Kal you get: Home In

Less Than 30 Days!



Virtual Tour by a Professional

& Preparation

Customized Home **Flyers**

> Exposure on 20 + Websites

Market Analysis of your home

WE WILL:

Advertise your vehicle Handle DMV paper work

A \$350 FEE will apply

only when your vehicle sells

Help you sell consignment service

Open 7 days a Week

Bill 510-557-1502 or Martin 510-862-8145

www.autoswholesaleca.com

38623 Fremont Blvd., Fremont

YOUR VEHICLE

Show your Vehicle to customers **CALL US FOR A QUOTE ON**

GET A \$5,000 CREDIT if Kal Does Not Sell Your

5 I 0-608-767 I kalsiddiq@coldwellbanker.com



Kal Siddiq, REALTOR

International President's Premier Coldwell Banker Northern California DRE License # 01164815

* Offer is subject to change & must be approved on the listing agreement. Offer Expires 2/28/13

History

Public Transportation

ublic transportation is provided to assist people who need to get from one place to another on a regular schedule. The type of transportation, cost and speed have varied over the years.

Charles Shinn wrote that the county boundary sloughs extended to Alviso in Santa Clara County. Alviso was the "head of the bay and the shipping point for hundreds of miles of territory." There were schooners, scows and sloops followed by steamboats and then stage coaches. This pattern was also true for the Union City Landing.

The first schooners and scows came to Union City in 1850. John Horner brought the first steamer, The Union, two years later. More steamboats came and began transporting large groups of passengers along with their



Peerless Stage, Mission San Jose, 1920s

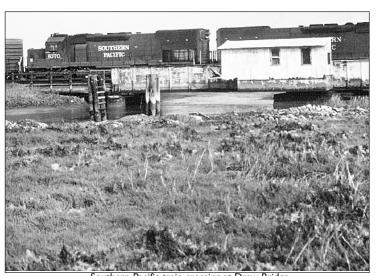
down to less than a dollar per passenger and increased travel. McLaughlin eventually gave up and sold his coaches to the Camerons. Many people rode the stages just for fun or excitement.

The Camerons used wagons in

San Jose and Santa Cruz line. The new buses were 37-passenger streamlined stages made by the General American Aerocoach Corporation. It was reported in 1950 that buses were operating on less than are hour schedule from sites in Washington Township to Oakland.

The 1954 Fremont Shoppers Guide lists bus depots for Peerless stages at Centerville, Irvington, Mission San Jose and Niles. The Niles station is listed as a "Peerless Depot." In 1963, the Centerville and Mission San Jose stages are listed as depots under the "Peerless Stages System." Irvington is not listed but the "Greyhound Bus Lines" also had a stop at Helen's Fountain & Lunch in Mission San Jose. Smith's Charter Bus Service was advertised for rent.

About 1914 individual drivers with touring cars began operating between Oakland and Santa Cruz. The California Railroad Commission began regulating these auto stages in 1917. The Peerless Stages, Inc. was formed in 1921. "Real buses" appear along with competing lines. Peer-



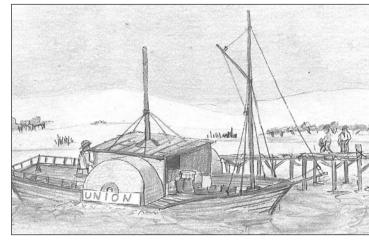
regular freight loads. One captain recalled that he hauled up to 150 passengers a trip at \$5 apiece.

John Horner built docks, warehouses and even a flour mill at Union City. He established the first stage line between Mission San Jose and Union City in 1852. It picked up passengers who had come from San Francisco at Horner's dock in Union City. Horner's stage suffered in hard times and was discontinued after a couple years.

John Horner and Elias Beard bought part of the Ex-Mission San Jose land grant in 1850 and laid out some of the roads that became our principal streets. Horner also built a bridge across Alameda Creek at Alvarado. Charles McLaughlin started stage service with regular routes in what became Alameda County. It was difficult to maintain schedules because the stages became mired in mud during rainy weather. Delays often forced passengers to miss ferry connections

Duncan and Ashley Cameron bought a stagecoach and began service in competition with the McLaughlin stages in 1853. They didn't have much money, but matched the competition with showmanship, wits and business sense. The rivalry peaked in 1856 when the Cameron brothers captured California mustangs and hitched them to their coaches. These wild broncos pulled the coaches at a dizzy pace and thrilled riders and observers along the route. It was an unforgettable experience for venturesome souls to ride in one of these thundering, swaying stages. The competition between the two lines brought fares

times of high water, but even these occasionally got stuck. The men passengers had to get down and help pry the coach out of the mud



so the journey could continue.

It became evident that the railroad was coming when the Western Pacific published a notice of condemnation for properties in Warm Springs and Irvington. When the lines were laid out, depots were established in the villages. Horse drawn stages could not compete with the railroads and were discontinued. Railroad service by privately owned companies was discontinued and replaced by modern bus stages in the 1930's just as horse-drawn stages had been replaced by the railroads in the 1870's

J. W. Coleman was still operating a stage line between Niles, Centerville and Newark in 1880. He brought the mail as regularly as the morning train to Niles.

In the 1947 edition of the Washington News, D. Gaeta, President of Peerless Stages Incorporated is pictured with Vice President, B.A. Perry reporting the purchase of 12 new buses for the Oakland to

less buses are currently available for charter. The company is looking for a location for their "rolling museum."

Voters created the AC Transit system in 1959. They assembled a fleet of new buses and extended service to new areas.

A 1960 law created the National Passenger Corporation for inter-city service. It was named AMTRAK in 1971. The Capital Corridor, which connects San Jose to the Sacramento area and Bay Area Rapid Transit (BART) increased public transportation to the Tri-Cities. BART will extend to Warm Springs with plans for expansion to the San Jose area.





Stage arriving at WarmSprings Hotel



PHILIP HOLMES

PEEK INTO THE PAST

www.museumoflocalhistory.org

Photos courtesy of The Museum of Local History

LIFE ElderCare welcomes new directors

SUBMITTED BY PATRICIA OSAGE

LIFE ElderCare of Fremont, providing Home and Community Based Services in the Tri-City Area for 37 years, is proud to welcome three distinguished new members to its Board of Directors.



George Tidmarsh, MD, PhD

George Tidmarsh, MD, PhD has 22 years of experience in biotechnology including the successful clinical development of three FDA-approved drugs.



Rick Arelleno, MS

Up until his appointment to La Jolla, he served as the Chief Executive Officer of Solana Therapeutics, Inc. Previously, he served as the Chief Executive Officer of Horizon Pharma, Inc. (NASDAQ: HZNP), a company he founded in 2005. Dr. Tidmarsh received his M.D. and Ph.D. from Stanford University, where he also completed fellowship training in Pediatric Oncology and Neonatology and remains a Consulting Professor of Pediatrics and Neonatology.

Rick Arelleno, MS Computer Systems, is a na-



Rakesh Sharma, PhD

tive of Lima, Peru, and has lived in Newark for the last 30 years where he raised his four children. Rick teaches Computer Applications at Ohlone College; working to bring youth and elders together through technology. He's a deep believer in crossing the intergenerational divide and thus launched a program bringing his students into the local senior center to teach elders how to navigate the web. He has served on several other boards and is currently president of the Newark AARP.

Rakesh Sharma, PhD, taught at Se Habla Español Stanford for 18 years before moving on to teach Biochemistry at Saba University School of Medicine. He is now a strong community leader and selfless contributor to organizations in need. As founder and president of the Indo-ABC (Indo-Americans for a better community), a charitable organization serving local nonprofits in need, he has helped raised funds for ABODE Services and other sister nonprofits to LIFE ElderCare. Rakesh has served in prominent positions on many boards and has delivered Meals on Wheels for LIFE for 7 years.

For more information about LIFE ElderCare, call 510-574-2090

King, King & King ATTORNEYS AND COUNSELORS AT LAW Specializing In: Serious personal injury Auto accidents Criminal defense Family & custody law Trusts, wills & probate **FREE** Initial Consultation Richard D. King J.D. (510) 357-9155 50 Years Experience

Mission Hills Family Dentistry

5820 Stoneridge Mall Road Suite 205, Pleasanton, CA

Practice established for over 25 years Warm, caring and personalized dental care for the entire family

SPECIALIZING IN:

Cosmetic/Implant Dentistry • Tight fitting dentures

• Invisalign, Zoom-whitening • Dedicated hygiene team Dr. G. Sakhrani, D.M.D, C.A.G.S, B.D.S.

510-793-0800

39572 Stevenson Place Suite 125, Fremont ww.MissionHillsFamilyDentistry.com

\$99 New Patient Special! This includes

x-rays, exam, and cleaning.

Cigna, MetLife & Delta Dental Provider, most insurances accepted





New Interior Doors

- Choice of 7 door designs (Hollow Core)
- Delivery & Installation (Licensed Installer)
- Disposal of old doors

Exp 2/28/13

FREE In-Home Consultation Milgard Windows



510-795-1118



Residential • Commerciai

7820 Enterprise Drive, Newark

Highest and best use of time

SUBMITTED BY WOMEN'S COUNCIL OF REALTORS

Join the Women's Council of REALTORS (WCR) Tri-Cities Chapter for their monthly luncheon at the Hilton Hotel, Newark, on February 20, 2013. Networking at 11:30 a.m.; program and lunch from noon until 1:30 p.m. The Chapter serves REALTORS in Fremont, Newark, Union City, Hayward and surrounds. Membership is open to men, too.

Many of us could do with brushing up our timemanagement skills. Geraldine Barry will share strategies to examine your routine and immediately implement small, time-saving changes that will increase your productivity exponentially to make life more enjoyable and manageable.

Barry is a principal in two businesses, publisher of an award-winning magazine and, most importantly, mother to Colin and Claire so she knows how to juggle and accomplish the job. This presentation is for anyone who has ever wished there might be more hours in the day.

Attendees will leave this luncheon with a list of simple but effective strategies to simplify life and gain control in this ever-changing business world.

This month's WCR Tri-Cities Chapter luncheon is sponsored by Omega Termite & Pest Control. Visit www.omega-homeservices.com.

All, including members of the public, are welcome to attend the luncheon. Chapter members: \$20 (prepaid online by February 18); \$25 at the door. Nonmembers: \$30 (pre-paid online); \$35 at the door. For more information about the Women's Council of REALTORS (WCR) Tri-Cities Chapter and

to register for this event, visit www.WCRTriCities.com or call (510) 299-3089. For 2013 sponsorship opportunities, contact Preiyaa Anand at (510) 299-3089 or email Preiyaa@Preiyaa.com.

> Women's Council of REALTORS **Tri-Cities Chapter Luncheon** Wednesday, February 20 11:30 a.m. - 1:30 p.m. **Newark Hilton** 39900 Balentine Drive, Newark (510) 886-2662 www.WCRTriCities.com

Plan For 2013 In Advance Talk To Us Now

Raymond Young CPA FORMER IRS AGENT

His team of tax experts will give you the biggest and most accurate deductions allowable by law.

We can't offer you a Magic Pill for your taxes. But what we can offer is our 115 years combined expertise on how you can optimize every line of your tax return. We will explain what's possible for each line and determine if you have the receipts and type of business that will allow the deduction under "ordinary and necessary" business expense (Internal Revenue Code Section 162)

Se Habla Español & Tagalog cpa@increaseyourprofit.com 40611B Grimmer Blvd., Fremont

Testimonial 1

"I was shocked to have received \$22,000. I had no idea that I was entitled to recover some of my losses from my rental property that went to foreclosure. I will be back next year." George F.

Testimonial 2

"I found Raymond on Google, he explained to me how cash versus accrual works, and he figured out certain tax savings. He saved me \$232,187 in tax." Bob N..

510-353-9575

M-F 10am-6pm



Free 1/2 hour consultation You may save ,000 to \$10,000

Call or email one of our tax experts

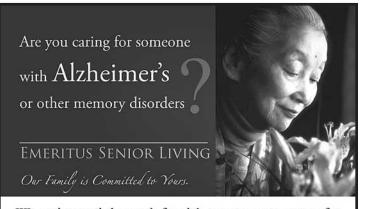
PRESENTED BY THE COMMITTEE FOR THE RESTORATION OF MISSION SAN JOSE Saturday, March 2 7 p.m. St. Joseph Parish Hall 43323 Mission Blvd., Fremont

All you can eat crab feed

510-882-0527 Crmsj1797@aol.com \$45 per person (no refunds) This is a fundraiser

Please, no outside beverages, doggie bags or carry outs. All proceeds support the Restoration of Mission San Jose To reserve by mail, send your check/M.O. to: CRMSJ P.O. BOX 3314, Fremont, CA 94539 Attn: Crab Feed Committee





We understand that each family's experience in caring for someone with memory loss or Alzheimer's is unique.

Our memory care program, Join Their Journey®, was designed to provide a personalized, familiar and secure setting tailored to each resident's unique needs.



Call us to schedule a visit!

(877) 251-3751

38035 Martha Avenue, Fremont • www.Emeritus.com

る皇

Denied Social Security

BOARD CERTIFIED SOCIAL SECURITY DISABILITY SPECIALIST

NATIONAL BOARD OF LEGAL SPECIALTY 30-years experience CYNTHIA G. STARKEY

1-888-972-3454

No Fee if No Recovery

Home Short Sale Specialist



For All Your Real Estate Needs CERTIFIED DISTRESSE DOCUMENT OF THE PROPERTY SYSTEM Contact

UGESH 'YOGI' SINGH

SFR, FSP, CDPE, BROKER ASSOCIATE USMC VETERAN

20+ Years Experience

Call me for a FREE analysis Our Services are FREE as your

lender pays our fees in a short sale 510-682-9644



yogisingh1961@gmail.com www.yogisrealestate.com 39644 Mission Blvd., Fremont

We have Beer And Wine



Dinner Special with rice only. Seafood is extra. 5-8pm only Not Valid for other discounts

Dinner 15% off or FREE Thai tea with purchase \$30 & up.

Dinner to go 10% off orders \$30 or more FREE DELIVERY

7 days week Lunch 11am-3pm Dinner 5pm-10pm

Dinner Orders \$40 & up within 3 miles 510-651-5899

www.bkkthaifremont.com 47894 Warm Springs Blvd., Fremont

BUSINESS

Report questions how schools managed lands

AP WIRE SERVICE

SAN FRANCISCO (AP), Researchers are questioning how California's schools have managed the more than 5.5 million acres granted to the state by the federal government.

The San Francisco Chronicle (http://bit.ly/YscYo3) is reporting that researchers at Utah State University found that most of the land that was once owned by the California school trust land has been sold off, mismanaged, or neglected.

In the report by the university's Center for the School of the Future, researchers said that of the original school trust land less than 500,000 acres remained. That land, according to the report, generates about \$6 million in royalties and revenue each year, with all the proceeds going to the state teachers' pension fund.

The Chronicle says the land was given in trust by Congress when California joined the union to support the education of children.

Information from: San Francisco Chronicle, http://www.sfgate.com

Real Estate agents sponsor student essay challenge

Local real estate agents interested in helping students do better in school sponsored their second annual literacy essay challenge, titled "I Know How to Eat Healthy."

"A healthy diet helps a student be more focused and attentive to instruction", said Sunil Sethi, President of Sunil Sethi Real Estate. "We've been sponsoring the Dictionaries and Thesauruses giveaway for seven years but wanted to have more impact on the students' writing skills, so we added an essay challenge", added Steven Fong, a former NHUSD teacher and now full-time real estate agent.

The Essay Challenge was open to all third graders in New Haven Unified School District; 281 entries - over 30% of the third grade population - responded. This was nearly twice as many students than participated in the essay challenge last year.

"If you want to raise a home's value, you have to play with the following parameters: improve school scores, improve the neighborhood (reduce crime and improve neighborhood cosmetics), and/or improve the home's condition. It makes a lot of sense for REALTORS and homeowners to help students do better in school.

The Office of County Supervisor Richard Valle; Kristie Turner of Kristie Turner Insurance Agency and Risha Kilaru of Prospect Mortgage sponsor the Dictionary and Thesaurus giveaway.

For more information, contact Sunil Sethi (510) 388-2436 or visit www.sunilsethi.com.

California's sea lanes changed to protect whales

AP WIRE SERVICE

LOS ANGELES (AP), Ship traffic off the California coast will be re-routed under new rules designed to protect slow-moving endangered whales from ship collisions.

The International Maritime Organization has approved vessel lane changes on approaches to San Francisco Bay and the ports of Los Angeles and Long Beach, and in the Santa Barbara Channel. The changes take effect next year after the Coast Guard goes through the rulemaking process.

Migrating blue, fin and humpback whales are prone to ship strikes since they are often lured to the California shoreline by plentiful krill. All three species are endangered. There are believed to be about 2,000 blue whales, 2,000 fin whales and 2,500 humpbacks in the northeast Pacific.

In 2010, five whales died in ship accidents in the area outside San Francisco Bay. Under the recently approved lane modifications, three lanes on the approach to the San Francisco Bay will be extended - a move that will limit interaction between whales and cargo ships within the Cordell Bank and Gulf of the Farallones national marine sanctuaries.

In the Santa Barbara Channel, where four blue whales were killed in vessel strikes in 2007, a southbound lane will be shifted a mile north, steering ships away

from feeding grounds used by blue and humpback whales. Other lanes will be narrowed.

Similar lane adjustments are in store for the ports of Los Angeles and Long Beach. The twin ports handle 40 percent of America's import trade.

"This is a win-win situation" for maritime safety and whale protection, William Douros of the National Oceanic and Atmospheric Administration's Office of National Marine Sanctuaries said in a statement.

NOAA helped craft the latest shipping lane changes. The agency said lane changes that went into effect off the coast of Massachusetts five years ago have reduced the risk of whale strikes from ships.

East Bay Economic Development Alliance Award winners

SUBMITTED BY EDIT RUANO

The East Bay's most innovative entrepreneurs received awards from the East Bay Economic Development Alliance (East Bay EDA) for their contributions to the region at the Fox Theatre, Oakland, on January 31, 2013. The East Bay EDA presented the first annual East Bay Innovation Awards to cutting-edge businesses that are making the East Bay one of the preeminent regions of innovation in the U.S.

"This was our first Innovation Awards event and we couldn't be more thrilled with the results," stated Karen Engel, Executive Director of the East Bay EDA. "Hundreds of business, civic and community leaders showed their commitment to the region. We also recognized companies who directly contribute to the East Bay's innovative and dynamic culture."

Novartis, a pharmaceutical discovery and development company that began in the East Bay 40 years ago, received one of the evening's top honors, the East Bay EDA Legacy Award, in recognition of its role in growing the biotech industry in the region.

Eight other companies received awards for their impact on the region and for their innovation. The Catalyst Award went to Berkeley Skydeck for its city, university, and private business partnership. It was also recognized for its commitment to support start-ups.

Bayer Healthcare received the Business and Education Partnership Award for its ground-breaking business and education partnership. Bayer's collaboration with East Bay schools is nurturing the next generation of scientists.

Field-Specific Award Winners: Pandora (Information / Communication Technology); Tesla Motors (Advanced Manufacturing); Ecologic Brands (Clean Technology); Livescribe (Engineering and Design); Penumbra (Life Sciences); and St. George Spirits (Food).

"These companies are models for businesses that want to create jobs and grow the East Bay economy," said Alameda County Supervisor Keith Carson, chair of the East Bay EDA Board of Directors. "The East Bay EDA is proud to play a role in highlighting their work." Lead sponsors for the East Bay EDA Innovation awards were the

Chevron Corporation and Bank of America. The award sponsors were Bayer HealthCare, Wareham Development, Wells Fargo, and Wendel, Rosen, Black and Dean.

The East Bay EDA sees this year's East Bay Innovation Awards as the first of many opportunities to highlight cutting-edge companies in the region. The organization has already started planning for next year's event and will soon begin accepting nominations.

For more information about the East Bay Innovation Award winners, visit http://bit.ly/ebedainnovation. To view mini-documentaries about the awardees, visit http://bit.ly/ebinnovate

Dell's \$24.4B deal opposed by major stockholder

By MICHAEL LIEDTKE AP TECHNOLOGY WRITER

SAN FRANCISCO (AP), Dell Inc.'s decision to sell itself for \$24.4 billion to a group led by its founder and CEO is being ridiculed as a rotten deal by a major shareholder who estimates the slumping personal computer maker is really worth more than \$42 billion.

The missive launched Friday by Southeastern Asset Management Inc. threatens to complicate Dell Inc.'s efforts to end its 25year history as a public company. In a letter to Dell's board of directors, Southeastern CEO O. Mason Hawkins threatened to lead a shareholder mutiny unless the company came up with an alternative to the deal announced earlier this week.

A Dell spokesman declined to comment.

Hawkins vowed to wield Southeastern's 8.5 percent stake to thwart the deal currently on the table. Only Michael Dell, the company's eponymous founder and CEO, owns more stock with a roughly 14 percent stake.

Under Dell's proposal, Southeastern and other stockholders will be paid \$13.65 per share to leave the company in control of

continued on page 33

Fremont Is Our Business



FUDENNA BROS., INC.

Leader in Small To Medium Size Office Space

FEATURED OFFICES

Available Now

PARKWAY TOWERS

3909 Stevenson Blvd., Suite C, Fremont 94538 (Stevenson x Fremont Blvd.)

- 886 square feet
- 4 room office
- Large store-front windows

BLACOW OFFICE CENTER

38950 Blacow Road, Suite F, Fremont 94536 (Mowry Ave. x Blacow)

- 1321 square feet
- 5 room office
- Includes mini kitchen

EXECUTIVE I

2450 Peralta Blvd., Suite 112, Fremont 94536 (Paseo Padre Pkwy. x Peralta Blvd.)

- 377 square feet
- 1 room office
- Ground Floor

SKS BUILDING

39807 Paseo Padre Pkwy., Fremont 94538 (Across from Lake Elizabeth)

- 547 square feet
- 2 room office
- Great location

EXECUTIVE II

2140 Peralta Blvd, Suite 205 Fremont, CA 94536

- 376 square feet
- 1 room office
- Large work area

EXECUTIVE II

2140 Peralta Blvd., Suite 112 Fremont, CA 94536 (Paseo Padre Pkwy. x Peralta Blvd.)

- 377 square feet
- 1 room office
- Special offer

Phone: 510-657-6200

www.fudenna.com







Coming Soon

AIDA PISANO 38970 Blacow Road, Suite A Fremont 408.427.7396

Need a Dentist?

Restore your confidence in 2013 quality dental care for the whole family in one friendly location.

> **Fremont Cosmetic Dentistry** www.fremontcosmeticdentistry.com



Glenn McCormick D.D.S. & Brendan Selway, D.D.S.

40000 Fremont Blvd., Fremont

510-651-2222

Cheryl L. Sommers, Esq. Attorney at Law



- Bankruptcy
- Estate Planning
- Real Estate Law

Free Consultation

Law Office of Cheryl L. Sommers 2450 Peralta Blvd. Ste 100, Fremont

(510) 744-9800

www.Sommerslawfirm.com

Save upto 40% in discounts



Jonathan Jones, a Fremont resident and business owner has built a reputation by over 30 years of of hard work and experience. He can give your family and business the protection it needs.



Get the Coverage you need Auto • Home • Life • Business **Workers Compensation Insurance**

> Weekends By Appointment. Come See Us For A Quote.

JONES FAMILY INSURANCE 38930 Blacow Road, Ste. E2, Fremont Ph: 510-200-0570 Fax 510-227-3255

Deep Tissue High Laser Therapy Get Results where Others Failed!

We offer the most technologically advanced and Powerful Class IV Deep Tissue Laser Therapy available today providing YOU with a safe and effective option to treat your pain & inflammation.

Call 510-790-1000 today. What Have You Got To Lose, Except The Pain?

East Bay Spinal Decompression Dr. Allen, D.C. & Dr. Klein, D.C. 40000 Fremont Blvd. Ste. H, Fremont

Tension, Conflict, Sadness, Life Changes...

Many of us go through these challenges at various stages of our lives, with work, personal/professional relationships and children. Some of these challenges can seem really overwhelming and drag us down..

I have extensive experience with children, adolescents, adults and couples experiencing anxiety, depression, separation and abandonment. Shalini Dayal

 Individual Therapy · Family Therapy

Marriage & Family Therapist

· Marital Therapy

Many insurance accepted

39791 Paseo Padre Pkwy Ste. H, Fremont 510-612-6471 shalinimft.com



Thinking of buying or selling! Would you like a free Listing Book account? Is your home apside down? Would you like to know your options? Check out www.MakingHomeAffordable.gov Give us a call. We can help!

Lien Celi Realtor®/Owner/Broker Direct: (925) 325-9117 Vietnamese Speaking

Griselda Soto Realtor® Direct: (925) 922-3279 Hablo Espanol Grisel@CeliGroupRealty.com Lien@CeliGroupRealty.com DRE# 01194987 DRE#01881538

CELI GROUP REALTY

Residential Real Estate Services Serving Alameda, Contra Costa & Santa Clara Counties Service Equity Sales, Short Sales & Bank-Owned Properties

BEST INSTITUTE K - College

Tutoring 4 Success Best service at affordable price by

credentialed and motivated staff!

We inspire, stimulate, and connect • English with your child

- Math
- Science
- Spanish
- EXIT Exam
- STAR testing SAT

(510)792-6091 www.bestinstitute.com

Page 14 What's Happening's Tri-City Voice February 12, 2013

Mother/Daughter Math & Science Discovery Day

SUBMITTED BY MIRIAM KELLER PHOTOS BY MARY LYNN PELICAN

he American Association of University Women, Fremont Branch proudly sponsors their twenty-eighth Mother/Daughter Math & Science Discovery Day on Saturday, February 23. This session is specifically for third and fourth grade girls.

second 3rd or 4th grade daughter.

Dress warmly and comfortably. AAUW will provide beverages, snacks, and a folder with fun stuff to take home.

Please mail your class preferences along with your registration fee, as classes will be assigned in the order received. So, don't delay! All classes will be loads of fun! Mail (\$22) check with names of mother/daughter participants, address, phone



Students and moms can take part in five of the nine classes being offered. One of the classes is a show in the Hopkins Planetarium and the other selections include: Engineering the Tallest Tower, Lego Robotics Mania, Magic Circles, Engineering a Better Bridge, Magnify the Little Things: Science Made Larger, Matter of Fact (Mad Science), and Engineering for Kids, and Electricity.

The cost is \$22 per mother/daughter (grandmother, aunt, etc.) pair; \$12 for a

number/email address, and include your prioritized list of class preferences. Send to: JoAnn Houk, 3152 Rowe Pl., Fremont, CA 94536. For registration questions call (510) 796-1320 or email joannhouk@aol.com writing Discovery

joannhouk@aol.com writing Discovery Day in the subject line.

Registration is requested by February 18. After that time, call for space availability. Registration will not be processed without payment. You will receive confirmation of your registration if you provide an email ad-



dress or go to www.Eventbrite.com and then in the search box type in AAUW to bring up the listing.

For additional questions about the day's program, call the coordinator Miriam Keller at (510) 683-9377 or email miriamkel@comcast.net

Register now for a morning of fun, hands-on math and science adventures!

Mother/Daughter Math & Science Day
For 3rd & 4th grade girls
Saturday, Feb 23
8:30 a.m. to 12:45 p.m.
Hopkins Jr. High
600 Driscoll Rd., Fremont
Miriam Keller: (510) 683-9377
miriamkel@comcast.net

\$22 per mother/daughter pair (\$12 for an additional participant) Registration is required and must be received by February 18. (510) 796-1320 or email joannhouk@aol.com Write check payable to "Fremont Branch AAUW" and mail to: JoAnn Houk, 3152 Rowe Pl., Fremont, CA 94536

AAUW advances equity for women and girls through advocacy, education, philanthropy and research.



S.F. Giant Brandon Crawford (far left) and Wells Fargo executive Tim Silva (far right) present the ceremonial check to representatives from Hayward's Hillview Crest Elementary School.

Local school awarded Wells Fargo grant

SUBMITTED BY MARIANA PHIPPS PHOTO BY FRANK JANG

On January 25, San Francisco Giants shortstop, Brandon Crawford, Wells Fargo and KNBR (Radio) announced the recipients of the KNBR Step Up to the Plate for Education grants program funded by Wells Fargo.

Through an open community nomination process, schools applied to receive grants. A total of \$75,000 in grants was awarded to 20 Bay Area schools to support athletics, arts and community-based programs.

In the greater Tri-City area, Hillview Crest Elementary School (Hayward) was selected. World Series champion Brandon Crawford congratulated all the winners and took photographs with them at the ceremony held at AT&T Park.

Wells Fargo invests in communities where its team members and customers live and work. This is one of many programs that Wells Fargo funds to provide resources so that students can succeed academically, and build brighter futures.

"When kids win in the classroom, communities prosper," said Mike Billeci, president of Wells Fargo's San Francisco Bay region. "I am glad that we are able to provide \$75,000 to schools throughout the Bay Area so children have the resources to succeed."

"I am privileged to play for the San Francisco Giants and win the World Series with my hometown team," said Brandon Crawford. "I am excited to be a part of Wells Fargo's Step Up to the Plate for Education program. As a Bay Area native, it is an honor to be part of a program that gives back to the Bay Area schools. Looking back, it all started with education and the opportunities afforded to me in academics and athletics. Through the program's efforts, I am pleased to know that more Bay Area kids will have the opportunity to expand their academic and athletic horizons."

Hillview Crest Elementary received \$3,000 from Wells Fargo. The school will use the funds to provide a field trip to Sacramento for the 4th and 5th grade classes and Student Council, to hold a mock-Presidential election and learn about government.

Library foundation receives donation from water district

SUBMITTED BY LUPE GONZALEZ

Employees of the Alameda County Water District (ACWD) organize an annual Holiday Gift Basket Raffle in an effort to support charities that serve the local community. As an agency committed to serving the residents and businesses of the tri-cities area, ACWD employees also appreciate the contributions of other organizations which help make the local community a better place to live and work.

This year, Alameda County Library Foundation

(ACLF) was selected to receive a donation from the proceeds of the raffle and is incredibly grateful to have been chosen and recognized for its work in the community. ACLF is the fundraising arm of the Alameda County Library and supports 10 library branches and the Bookmobile, working closely with system libraries to help garner financial support for programs, services, collections and capital.

To learn more about ACLF, visit www.aclf.org or contact Executive Director, Tiona Smith, at 510-745-1542.

Disaster Planning for Non-Profits

SUBMITTED BY KIM HUGGETT

Disaster preparation for non-profits and professional development opportunities for non-profit staff will be among the presentations to the Hayward Non-Profit Alliance when on February 21, 2013 at 10 a.m. at the San Felipe Center, 2058 D Street, Hayward.

The group will hear a presentation from Lars Eric Holm, lead community educator for Collaborating Agencies Respond to Disasters, an organization that provides emergency preparedness and disaster response resources for non-profits, faith organizations and community agencies.

Also presenting will be Kathy Ferber, Director of the Cal State East Bay Non-Profit Management Certificate Program. The program addresses the need for qualified and knowledgeable non-profit board members, administrators, staff and volunteers.

Disaster Planning for Non-Profits Thursday, Feb 21 10 a.m. San Felipe Center 2058 D Street, Hayward (510) 537-2424

Lunar New Year dinner

SUBMITTED BY ROTARY CLUB OF F.U.N.

Celebrate the Year of the Snake with the Rotary Club of Fremont, Union City and Newark (FUN) in traditional style on Sunday, February 24, 2013.

Enjoy a 10-course, banquet-style dinner, lion dance, lucky envelopes for health and prosperity in the New Year, entertainment, silent auction, raffle and prizes. Support of this event will enable the Rotary Club of F.U.N. to continue to assist local, regional and international community service projects.

Tickets for the F.U.N. Sunset Rotary Club's 7th annual Lunar New Year Dinner are \$60 each or \$550 per table of 10. For more information and to order tickets, contact Betty Wright at (510) 266-3504 and visit www.FunRotary.com.

Lunar New Year Dinner
Sunday, Feb 24 6 p.m.
Chinese New Year dinner, entertainment, raffle
Mayflower Restaurant
34348 Alvarado-Niles Road, Union City
(510) 266-3504
www.FunRotary.com

Gift card donation competition

SUBMITTED BY EMILY BRUCE

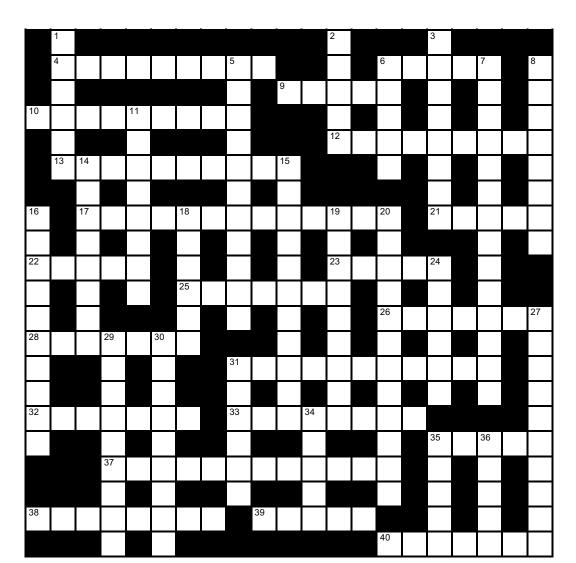
Half Price Books (HPB) is helping out children's school libraries through its Half Pint Schools giveaway, going on now through Sunday, February 17. Parents and educators can register their school at http://www.hpb.com/schools and share how their school would use a \$100 HPB gift card to enhance their school library. One East Bay winner will be randomly selected on March 4.

Additionally, all registered schools will be invited to a book give-away event in their area later this spring at the conclusion of the Half Price Books 15th annual Half Pint Library book drive. Last year, with the help of generous customer donations and HPB matching book for book, they gave away more than 340,000 children's books nationwide to local schools and nonprofit organizations.

With education budget cutbacks in recent years, these books can be of great value to schools. Visit http://www.hpb.com/schools

wind Twisters

Crossword Puzzle B 200



Across

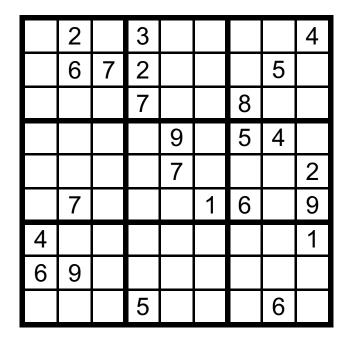
- 4 Generate knowledge about something (9)
- 6 Pre-exam feeling, maybe (5)
- 9 Body build (5)
- 10 As a rule (9)
- 12 Traded goods and services (9)
- 13 Emergency hospital vehicles (10)
- 17 Giving praise, support and inspiration (13)
- 21 Consumed (5)
- 22 It may be organized (5)
- 23 Starts (5)
- 25 Transport to Oz (7)
- 26 Ditto (7) 28 In demand (7)
- 31 Wanted much (11)
- 32 Restricted (7)
- 33 Cook outside (8)
- 35 Catnip and lovage, e.g. (5) 37 Freedom (12)
- 38 The fifth wall (8)
- 39 The Dow, e.g. (5) 40 Good spellers? (7)

Down

- 1 Take pictures with __ (6)
- 2 747, e.g. (5)
- 3 Case (8)
- Tall buildings in metro cities (11) 5
- 6 Plural of penny (5)
- Express pleasure to someone on their achievement (14)
- Lying curled, close and snug (8)
- by submarine (8)
- 14 Gatherings of a group of people to discuss (8)
- 15 Fantastic (11)
- 16 So good that it is hard to believe (10)
- 18 Married (6)
- Capable of giving pleasure (9) Warmth or coldness measures (12)
- 24 Interference (6)
- Young people (10) 29 Not perceptible by the eye (9)
- 30 Lengthen and stretch out (9)
- 31 Bridge supports (6)
- 34 Moola (5)
- 35 Addiction (5) 36 Not smooth (5)

Fill in the missing numbers (1 - 9) inclusive so each row, column and 3x3 box contains all digits.

Sudoku:



1 N	Е	² C	Ε	S	³S	Α	⁴R	-	L	⁵ Y		⁶ G	R	⁷ A	S	S	Ε	⁸ S		
Е		ı			0		ı			0		Α		S				Т		
I		V			М		9 F	L	0	U	R	-	S	Н	Е	¹⁰ D		Е		
G		ı			Е		L			L		Ν		Е		11 E	Α	R	Т	¹² H
13 H	Α	L	L	0	W	Е	Е	¹⁴ N		L		S		S		Α		Ν		J
В		I			Н			1					¹⁵ A			Т				N
0		Z		¹⁶ D	Ε	М	0	С	R	17 A	Т	-	С			¹⁸ H	Α	¹⁹ S	N	Т
R		Α			R			Е		Р			С			S		С		Е
Н		Т		²⁰ D	Е	S	²¹ C	R	_	Р	Т	-	0	Ν	S			Н		R
0		I		1			0			0			М			²² F	L	0	W	S
0		0		²³ F	0	U	Ν	Т	Α	-	Ν		Р					0		
D		Ν		F			S			Ν			²⁴ L	1	²⁵ G	Н	Т	L	Υ	
	²⁶ R			1			С			Т			Ι		R			G		
	U			²⁷ C	Н	R	ı	S	Т	М	Α	S	S	Т	0	С	K	1	N	²⁸ G
	Ν			U			Е			Е			Η		W			R		Н
²⁹ I	Ν	S	U	L	Т	ı	Ν	G		³⁰ N	0	R	М	Α	L			L		0
	Е			Т			С			Т			Е			³¹ C	Α	S	Е	S
	32 R	Е	L	ı	Е	٧	Е						Ζ			U				Т
				Ε									³³ T	Н	I	R	Т	- 1	Ε	S
		³⁴ O	В	S	Е	R	٧	Α	Т	ı	0	N	S			L				
														³⁵ F	I	S	Т	S		

B 199

1	3	7	9	4	6	5	8	2
5	8	9	3	2	1	4	6	7
6	2	4	7	8	5	1	9	3
2	9	3	1	7	4	6	5	8
7	1	5	2	6	8	9	3	4
4	6	8	5	3	9	7	2	1
8	5	1	4	9	2	3	7	6
3	4	2	6	5	7	8	1	9
9	7	6	8	1	3	2	4	5

Tri-City Stargazer February 13 – February 19, 2013 By Vivian Carol

For All Signs:

Saturn turns retrograde on the 18th for the next 5.5 months. This happens every year. While direct, Saturn is a taskmaster. He is also the Judge or the Teacher. When he turns retrograde, we are given time to think about what we "should" do and prepare for the time that we will do it. Then he turns direct again and it is time. We must fulfill whatever is required or the consequences will materialize. Since he is now in the sign of Scorpio, we must reduce our debts in whatever form they are. These are not necessarily money. Sometimes we owe time or energy. While Saturn is retrograde in Scorpio, we can begin to pay off on our debts. When Saturn again turns direct in July, we must clean the slate.

Aries the Ram (March 21-April 20): This is a really good time to advance your political aspirations from behind the scenes. If you support the Powers that Be in your world, they will return the favor now. You are making progress toward reducing debt. Your physical body is in better condition and you are probably feeling very well.

Taurus the Bull (April 21-May 20): During this period you may be struggling with two priorities. One is the intellectual leader/career type and the other is your need to nurture your primary relationship. The demands/needs of both are in conflict. Make an effort to compromise and bring peace between the two inside your mind and the external will fall into line.

Gemini the Twins (May 21-**June 20):** This is a time in which you are thinking about your career or life direction. You may be asking yourself questions, such as, "Am I doing what I really am called to do?" "Is there a particular vocation for me?" You know your current life direction needs to provide some self-healing, and

this several week period is the time to evaluate it.

Cancer the Crab (June 21-July 21): You may be concerned with an issue of sharing family resources at this time. You feel the need to make everything even and somehow the circumstances won't allow for that. The resources may be so dissimilar that apples do not equal apples. Don't allow others to pressure you into a judgment until you are ready.

Leo the Lion (July 22-Aug 22): Taking care of business and bringing projects to closure is the subject on your platter this week. Attending to responsibilities is required. It is possible you are working with a partner on a project. One of you is teaching the other, or perhaps it is jointly educational.

Virgo the Virgin (August 23-**September 22):** It is time to look closely at the subject of health and daily routines. Most Virgos are good to themselves relating to physical health, but sometimes suffer from obsessing over problems. This, of course, is not good for your emotional health. Right

now it appears you may have allowed everyone else's needs to take priority over your own.

Libra the Scales (September 23-October 22): Your bright mind and romantic/creative urges are in conflict with the need to focus attention on improving financial income right now. Perhaps the creative genius in you costs too much to indulge. If you streamline your expectations you can find a compromise.

Scorpio the Scorpion (October 23-November 21): Your energy is flowing well this week and it is easier to focus than normal. You can make inroads with the Powers that Be. Activities concerning lovers and children are favored. Creative efforts, especially in music and the arts, will be intense and powerful in their effects.

Sagittarius the Archer (November 22-December 21): This is likely to be a fairly routine week for the Archers. Your attention is focused on the significant others in your life. You want to do the best you can to create a positive atmosphere for your primary partner(s). This particular week is a good one to catch your breath.

Capricorn the Goat (December 22-January 19): Your charisma is powerful and you can be at your most persuasive now. Manipulation in order to get what you want is not really necessary. Step aside from such temptations. Activities requiring physical energy are accented and favored now. You have a need to get out and about to refresh your outlook.

Aquarius the Waterbearer (Jan 19-Feb 18): You may be taking a sober look at one or more relationships. Even the very closest friends cannot know each other

from the inside. Sometimes we forget this fact and must be reminded that we are actually separate beings, helping when we can. Sometimes our energy is too low to be there for one another.

Pisces the Fish (February 19-March 20): You are truly in the flow this week. Your initiatives will be met with support from your community. Lights are green concerning legal and publishing interests, education, travel, the internet, and church activities. This is a good time to increase your physical strength via exercise.

Are you interested in a personal horoscope? Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com







So many ways to say you care.

Nothing says "I care" quite like a deep, relaxing massage. This year, choose a gift certificate or one of our rejuvenating Valentine's packages for your sweetheart. The Washington Wellness Center also provides a full range of wellness related services including mammograms and other important health screenings in our low-stress yet high-tech center. Call 510-608-1301 to reserve your package today.

Washington Wellness Center

2500 Mowry Ave, Washington West. Suite 150 To make an appointment call 510-608-1301



50-minute Massage or Gift Certificates Show the depth of your love by giving the gift of a deep, soothing massage. Valentine Special: \$50

Friends and Family
Package Purchase a
massage for yourself and
bring a spouse, friend or
significant other. Massages
will be scheduled for the
same day and time, and take
place in separate rooms.
Valentine Special: \$90

Rejuvenation Package

Restore energy and balance with this six-session massage package. Choose any 50-minute massage therapy session: Swedish, Therapeutic, Deep Tissue or Sports. Valentine Special: \$270

FREMONT CHRISTIAN SCHOOL

Welcomes families of all faiths to our

Open House



Friday, February 22, 2013 Preschool-Grade 12 8:30 AM - 11:30 AM

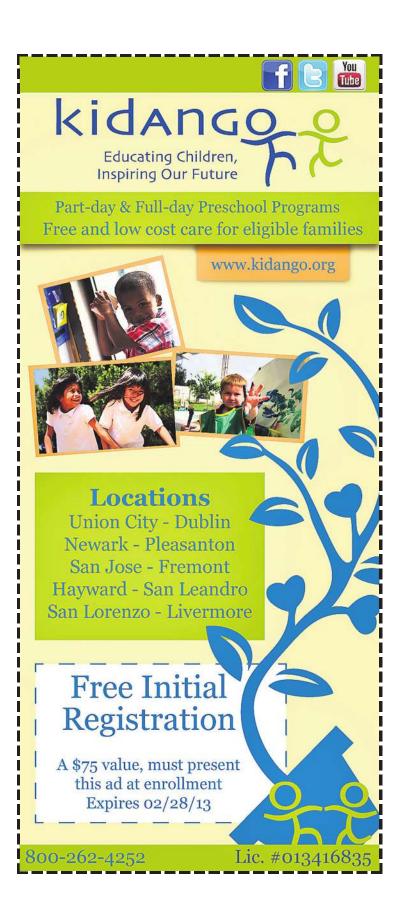
Come see our teachers and students in action and get a look at what makes Fremont Christian special.

- Outstanding Academics
- Faith-Based Learning in a Safe Environment
- Award-Winning Art & Music Programs
- After School Activities & Extended Care

Fremont Christian School 4760 Thornton Ave Fremont, CA 94536 510-744-2267 fremontchristian.com



New Families Save \$150 on registration fee!



February 12, 2013 What's Happening's Tri-City Voice Page 17



DEVELOP YOUR ENGLISH SKILLSFOR A CAREER IN THE FEDERAL GOVERNMENT

Native speakers of critical languages are in high demand in the US government. EHLS trains advanced English speakers to be effective communicators and strong candidates for federal jobs.

Full scholarships are available for US citizens who have a college degree and are native speakers of

Amharic · Arabic · Balochi · Bambara · Dari · Hausa Hindi · Kazakh · Kyrgyz · Mandarin Chinese Pashto · Persian Farsi · Punjabi · Somali · Tajik Tamashek · Turkish · Urdu · Uzbek · Yoruba

EORGETOWN CAL CENTER FOR APPLIE

Visit with us in the Bay Area!

Wednesday, Feb. 27

10 AM-12 PM

Clunie Community Center 601 Alhambra Blvd. Sacramento

6 PM-7:45 PM

Weekes Branch Library 27300 Patrick Ave. Hayward Thursday, Feb. 28

12 PM-2 PMFremont Main Library
2400 Stevenson Blvd.

Fremont

6 PM-8 PMOrtega Branch Library

3223 Ortega St.
San Francisco

www.ehlsprogram.org 202-355-1524

THEATRE

EHLS

Sunshine Boys

SUBMITTED BY SUZAN LORRAINE

Al Lewis and Willie Clark are a onetime vaudevillian team known as "Lewis and Clark." Over the course of forty-odd years, they not only grew to hate each other but never spoke to each other offstage throughout the final year of their act. The stubborn Clark, who was not ready for retirement, resented the wiser Lewis for breaking up the act when he opted to leave show business. Now it's 1972 and CBS has invited the two to reunite for a special on the history of comedy, with the pair representing the vaudeville era at its best. Clark is convinced by his nephew Ben to revive an old routine one last time. In classic Simon style, much of the humor is derived from efforts to get the two cantankerous actors into the same room for a rehearsal, their differences of opinion once they reunite, and their shenanigans on the actual broadcast.

Written in 1972, the Tony-Award nominated show has been played by such greats as Jack Klugman, Tony Randall, George Burns, Walter Matthau, Woody Allen, and Peter Falk. The Chanticleers pro-



duction stars Randy Anger as Willie and George Doerr as Al under the direction of Cynthia Lagodzinski. Also featured are C. Conrad Cady (Ben), Tura Franzen (Nurse), Bill Light (TV Director), Noell Busti (TV Nurse), and Bill Chessman (TV Asst. Dir.).

Often referred to as a funny, older, grumpy version of "The Odd Couple," "Sunshine Boys" is known for its wonderful fleeting moments of tenderness in the comedy without ever turning mushy!

Tickets are \$18 for general admission and \$15 for seniors, students, and military. To purchase tickets or for more information, call (510) 733-5483 or visit chanticleers.org.

Sunshine Boys
Feb 15 - Mar 10
8 p.m. (Sunday: 2 p.m.)
Chanticleers Theatre
3683 Quail Avenue, Castro Valley
(510) 733-5483
chanticleers.org
Tickets: \$15 and \$18



The Olive Hyde Art Guild has three scholarships available for Fremont high school seniors interested in furthering their education in visual arts. The first place winner will be awarded \$2,000 and two honorable mention winners will be awarded \$1,000 each. These awards will go toward college tuition and supplies at the award winning student's selected college. The high school art teacher recommending the first place student will receive \$500 for classroom art supplies. Winning students' art will be showcased at an Olive Hyde Art Guild reception on May 10. Deadline to submit art is March 28.

For information call Roberta Moody (510) 656-4809 or go to www.olivehydeartguild.org, and click on scholarships.

Celebrating 30 Years Of Fiving

SUBMITTED BY HEF

The Hayward Education Foundation (HEF) will celebrate its 30th anniversary at its annual gala on March 22, 2013 at 5 p.m. at CSU East Bay's University Union.

The dinner will be accompanied by entertainment, raffle and auctions. The event is hosted by John Kessler with key note speaker LaDonna Harris, Alameda County Deputy Probation Chief. Enternaiment will include the All-Saints bell Choir, the Mt. Eden Teja Bluez Vocal Jazz Ensemble and the Tennyson Choir.

Tickets for this event are \$95 each, \$380 for a half-table (four) and \$760 for a gala table (eight). Please RSVP by March 1, 2013 at www.haywarded.org/gala or (510) 881-0890.

Sponsorship opportunities are also available. For more information, email admin@haywarded.org or call (510) 881-0890. HEF would like to thank its current event sponsors - Kaiser Permanente, R. Zaballos & Sons, Inc., California State University East Bay, Fremont Bank, Hayward Local Firefighters 1909 and DeVry University.

Hayward Education Foundation Gala
Friday, Mar 22
5 p.m.
CSU East Bay University Union
25800 Carlos Bee Boulevard, Hayward
(510) 881-0890
www.haywarded.org/gala



The Bay Area's Home for Comedy & Entertainment Improv Classes Team Building Corporate Events Private Parties LIVE Comedy Shows (510) 573-3633 www.MadeUpTheatre.com 3392 Seldon Ct., Fremont



39052 Fremont Hub
Fremont CA
PH: (510) 791 1645
www.nothingbundtcakes.com
We Deliver to your home, office or honey....



Women's Figurative Art

SUBMITTED BY DIANE LEYS

"Women's Figurative Art, An Appreciation of the Human Form," features the sculptural work of ten contemporary California women artists. The exhibit will open at Olive Hyde Art Gallery on Friday, February 15 and run through March 16.

Works to be displayed demanded a wide range of many skills and technologies along with rich traditions in sculpting and painting in their creation. Abilities in costuming and portraiture were also important in raising figures from ordinary to the figurative.

From diverse backgrounds such as Hollywood costume design, mixed media artist, doll artist, high school art





teacher, fashion design, barber, quilter, desktop publisher and database management, seamstress, ghost-writer, and software engineer, ten greater Bay Area women have been united by a common passion for working with textiles, clay, paint, mixed media and design to create unique sculptural art.

Artists featured in "Women's Figurative Art, An Appreciation of the Human Form" are Suzanne Duran, Wanda Fudge, Zanaib Nia Green, Bonnie Hoover, Daisy Kiehn, Kelly Mead, Donna Perry, Laurie Scott, Stephanie Smith, and Mary Porter Vaughan.

Women's Figurative Art, An Appreciation of the Human Form Feb 15 - Mar 16 Thursday - Sunday, noon - 5 p.m.

> Opening reception: Friday, Feb 15 7 p.m. - 9 p.m.

Olive Hyde Art Gallery 123 Washington Blvd., Fremont (510) 791-4357 www.fremont.gov/





The bigbly trained team of physicians and clinical staff at the Washington Center for Wound Healing and Hyperbaric Medicine specialize in comprehensive cure for problem wounds.

Take a seat and check your feet! Meet with physicians and clinicians who specialize in wound healing

If you have diabetes, poor circulation in your legs, or neuropathy, you need to take extra care of your feet. Some people with these diagnoses don't have full sensation in their feet. They may also feel a tingling sensation, or like needles and/or pins are pricking their skin. An unnoticed and untreated wound on your feet can lead to infection, and infection can lead to hospitalization or amputation. Let the clinical team from the Center for Wound Healing and Hyperbaric Medicine take a look at your feet and give you a

private, personalized lesson in how to care for your feet. **Date/Time:** Saturday, February 23, 10 a.m. to Noon **Location:** Washington Center for Wound Healing

& Hyperbaric Medicine 39141 Civic Center Dr., Suite 106, Fremont

Call: (510) 248-1518 to register or for more information (Registration Required)



Wound Healing & Hyperbaric Medicine
39141 Civic Center Drive, Suite 106
Fremont, CA 94538

(888) 44-WOUND » toll-free (510) 248-1518 » phone (510) 248-1530 » fax

www.whhs.com/wound

Estate Plan for Benefit of Children-Wills & Living Trusts Incorporation & Business Contracts/Partnerships Litigation & Settlements - Injuries & Business Disputes

Stephen F. Von Till & Assoc., Lawyers, 40 Years Experience

Bachelor of Arts, High Honors, Humanities, Michigan State University, 1966
University of Illinois College of Law, 7th in Class, Law Review Editor, Order of the Coif
Trials/Settlements in hundreds of cases - Million Dollar Jury Verdicts - CA Supreme Court
Highest ranking for legal ability & ethical standards by National Legal Publication
Instructor, Stanford University Law School, Advanced Trial Advocacy Workshop, 1995-2010
Faculty, Santa Clara University School of Law, Law Clinic, 1987



Von Till & Associates

www.vontill.com

FREE Consultation For Wills & Trusts

510-490-1100

152 Anza Street, Fremont, CA 94539 (Mission Blvd. & Anza St., Near Ohlone College)

A 'Bold Awakening'

In a meeting at the Dominican Sisters of Mission San Jose Motherhouse in Fremont on February 6th, Sister Gloria Marie Jones, O.P. welcomed a "Circle of Partners" and spoke to this group of concerned citizens about a three year planning process of "dreaming, exploring and planning." The result is a "Bold Awakening" with the community to focus on relationships and possibilities, "shaping a vision for a shared future."

Plans include expansion and renovation of residential facilities, increased visibility of educational efforts in fine arts, health & wellness, sustainable living and spirituality as well as inclusion of memory care facilities in partnership with Alzheimer's Services of East Bay (ASEB). The result will be enhanced community involvement, sustainability and adult day care, family support and education/outreach services to local families.

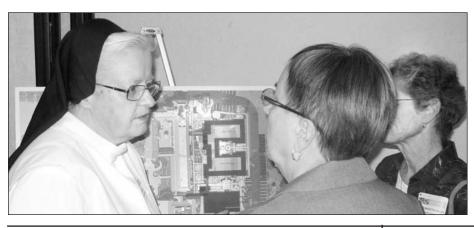
Although the Sisters have participated in community education and health since their inception in 1876, the move toward a more community-centered approach can be considered a paradigm shift. Over years of planning and prayer for guidance, the result S. Gloria termed a "graced moment" and "leap of faith," uniting religious and community organizations. This collaboration will increase community vitality and develop a "faith based model of memory care." Ex-

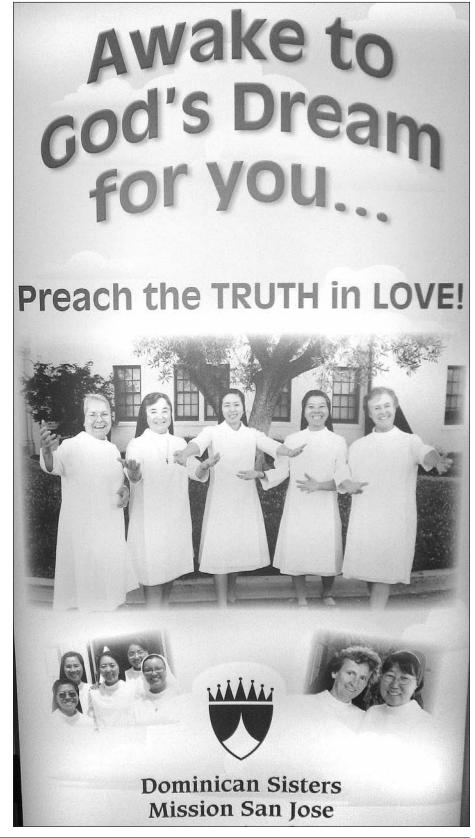
pressed as the birth of something special, City of Fremont Human Services Director Suzanne Shenfil has been dubbed "Midwife" of the process. Replacement of St. Joseph's Priory and expansion of the facilities on the Dominican Sisters grounds is "a concrete expression of a bold awakening."

Motherhouse Administrator Sister Karen Elizabeth Zavitz, O.P. shared the vision of the process in a Dominican Sisters newsletter, saying, "The vision of our BOLD Awakening in the U.S. is to integrate all of our energies and resources to re-imagine, revitalize and transform our religious life for the sake of inspiring our Dominican preaching mission into the future."

Fremont Mayor Bill Harrison spoke of the Sisters as "an amazing group with a new strategic plan" that exemplifies their purpose to serve the young, poor and vulnerable.

ASEB Executive Director Micheal Pope expressed her group's excitement to collaborate with the Dominican Sisters and be a vital part of the community. She commented that all partners in this endeavor share the same goal, a community that allows its citizens to "age with dignity and respect." Since 1989, ASEB has been providing Adult Day Care, Family Support, and Education & Community Outreach Services to provide a safe, caring, and stimulating environment for participants of all ages and respite and information for caregivers.





Contempo Park Visit your favorite restaurants, make a difference



The Latter Day Saints Tongan-speaking Church Group II, Contempo Park, Union City.

SUBMITTED BY NELSON KIRK PHOTO COURTESY OF TRACY WILLIAMS

The Latter Day Saints Tongan-speaking Church Group II from Union City volunteered at Contempo Park on December 15, 2012. They planted shrubs, trees and spread mulch. This is the third volunteer project the church has completed at this location; their work can be seen and enjoyed by park visitors and neighborhood residents. Many citizens walk in this park daily and will enjoy the spruced-up areas.

Public Works employees Alex Quintero and Jesus Banuelos set up and assisted with the project. Tracy Williams represented the church. Union City's Public Works crews have reported less vandalism and graffiti in the park as a result of our volunteers' efforts for continued improvements.

Union City's The Church of Jesus Christ of Latter-Day Saints, commonly known as the Mormon Church, is located on Alvarado-Niles Road, next to City Hall. The congregation consists of two wards: a primary ward serving all members of the community and a secondary Tongan ward. The primary ward is led by Bishop Lee with services on Sundays at 12:30 p.m.; the Tongan ward is led by Bishop Tapueluelu and meets on Sundays at 9 a.m.

SUBMITTED BY ALANNA POWELL Boldly Me is a Fremont-based non-profit organization dedicated to serving the needs of those with phys-

ical differences. 100 percent volunteer run, Boldly Me is paring with the community to raise much needed funds.

P.F. Chang's is helping out by running a fundraiser each month. The restaurant located at 43316 Christy

Street in Fremont's Pacific Commons Shopping Center will donate 20 percent of each check to the organization on the last Thursday of every month.

Mountain Mike's is also helping out by donating 25 percent of all purchases every day in 2013 from 11 a.m. – 9 p.m. at their Washington Avenue store. Invitations must be presented when orders are placed. Visit http://boldlyme.org/blog/news/ for coupons and to learn more about Boldly Me.

Mission Valley ROP to offer new adult course

SUBMITTED BY ALLISON ALDINGER

Mission Valley ROP is now offering a new adult course at its main center site. The Administrative Professional course will teach students the skills necessary to obtain positions in today's thriving businesses, update administrative support skills, and instill exemplary communication and problem solving skills. Prospective students for this course must pass an entrance test to qualify for enrollment in the program. Internships may also be available for those who are successful in the course. Information ses-

sions are now being held to provide course details for those interested in taking advantage of this opportunity.

Mission Valley ROP
(MVROP) is the regional occupational program for the Tri-City area. Established in 1969,
MVROP has been instrumental in preparing students for successful business, medical, and technical careers. Through a partnership with Fremont, New Haven, and

Newark Unified School Districts, Career Technical Education is provided to 4,000 students (high school and adult) each year. For the latest news and information about MVROP, visit us on the web at www.mvrop.org.

Administrative Professional Course Course Begins: Tuesday, Feb 19 Information Session: Feb 14 at 10:30 a.m. MVROP Main Center Campus 5019 Stevenson Blvd., Fremont (510) 657-1865 www.mvrop.org

Art opportunity for Alameda County high school students

SUBMITTED BY GUY ASHLEY

The California State Summer School for the Arts (CSSSA) invites applications for the 27th Annual Session to be held July 13 - August 9. The application deadline is February 28.

The Alameda County Arts Commission is pleased to be a partner in promoting this exciting opportunity for Alameda County High School students who are involved in the arts. The California State Summer

School for the Arts (CSSSA) is a four-week, intensive pre-college program for talented and motivated high school students in the arts, held on the campus of the California Institute of the Arts (CalArts) in Valencia. CSSSA has an annual student body of over 500 young artists from all over California and beyond.

CSSSA offers a unique opportunity for students to spend one month immersed in a creative laboratory, experiencing the inspiring and rigorous daily life of a professional artist. As a bridge from high school to college, the program awards top students the Herb Alpert Foundation's Emerging Young Artist Scholarships for collegiate study or pre-professional training programs, as well as three units of California State University course credit and names them "California Arts Scholars," distinguishing CSSSA graduates from their peers as they proceed to college and career.

Applications are now being accepted for the 2013 CSSSA Summer Session. The re-

quirements, forms, and instructions can be found on the CSSSA website (www.csssa.ca.gov) under each artistic discipline in the Admissions section.

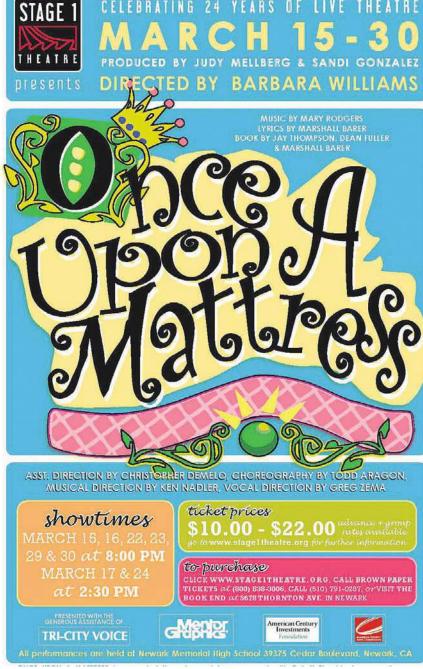
CSSSA is proud that no student is denied admission to the program due to financial circumstances. Each year, approximately 40 percent of students receive financial aid to attend the summer arts program. All application materials must be postmarked by February 28. Visit www.csssa.ca.gov for more information.

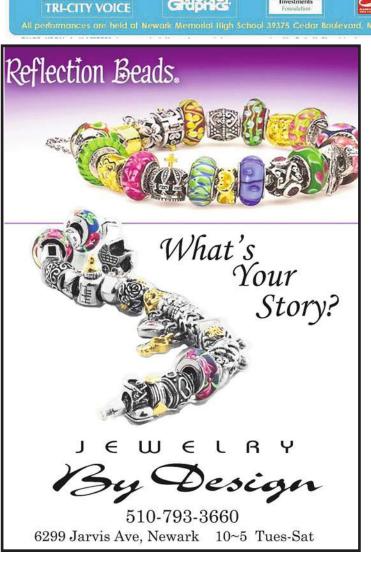
Page 20 What's Happening's Tri-City Voice February 12, 2013

Call for appointment today! FREE Dental CheckUp for Kids BV Family Dental COSMETIC & LASER DENTISTRY 510-489-5000 Give Kids A Smile program is a way for dentists across the country to join with others in their community to provide dental services to underserved children. Www.drvirkdds.com ADA American Dental Association® Only for February 2013 2 Union Square Suite # 230,Union City WANT YOU















OWNERS



CERTIFIED MALE & FEMALE THERAPISTS

Private Therapy Rooms Soothing Music

Swedish Massage **Sports Massage** Reflexology Thai Massage Trigger Point Work Maternity Lymphatic Reiki Aromatherapy

and more



Byron & Dianne Evans

any other offer 510-659-9313 www.fremontmassage.com

FACIALS IMAGE

Open 7 days

\$10 Off

Any Service

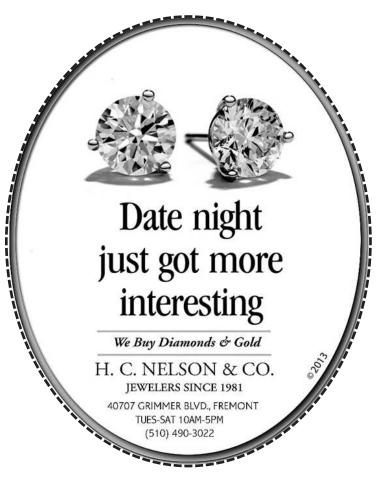
Expires 2/28/13

Not valid with

European • Deep Pore

Gentlemans Facials

Located in Irvington District next to 24hr Fitness 40900 B Fremont Blvd., Fremont



Arts & Entertainment \$ = Entrance or Activity Fee R= Reservations Required Schedules are subject to change. Call to confirm activities shown in these listings



Continuing Events

Saturday, Dec 14 - Sunday,

Strolling Art by Rick Boreliz

10 a.m. - 5 p.m. Carved walking sticks reflect endemic wildlife & indigenous art motifs

Hayward Shoreline Interpretive Center 4901 Breakwater Ave., Hayward

(510) 670-7270

Fridays, Jan 11 thru Feb 22

Domestic Violence Counselor

Training - R 9:30 a.m. - 4:30 p.m.

Volunteer counselor training. 40 hours must be completed

Safe Alternatives to Violent Environments - SAVE 1900 Mowry Ave, Fremont (510) 574-2254 www.save-dv.org

Mondays, Jan 14 thru Feb 25 **Monday Painting Classes \$**

1 p.m. - 4 p.m. Demos & gentle critiques, all mediums

Fremont Art Association 37697 Niles Blvd., Fremont (510) 792-0905 www.fremontartassociation.org

Thursday, Jan 24 - Saturday, Feb 23

Mural Hayward

10 a.m. - 4 p.m. Seven muralists share their art & process Foothill Arts of the Bay 22394 Foothill Blvd., Hayward (510) 538-2787 www.haywardarts.org

Monday, Jan 29 - Thursday, Mar 15

Life of Sculpture

8 a.m. - 6 p.m. Inspired by Jan Beran Milpitas Community Center 457 E. Calaveras Blvd., Milpitas (408) 586-3409

Saturdays, Feb 2 thru Mar 23 Children's Theater Classes \$R

10 a.m. - 11 a.m. Presented by Boldly Me. Ages 14 &

Centerville Presbyterian Church

4360 Central Ave., Fremont (408) 768-9257 www.boldlyme.org

Monday, Feb 1 - Sunday, Feb

Jan Schafir Exhibit

6 a.m. - 9 p.m. Watercolor treasures by local artist Mission Coffee Roasting House 151 Washington Blvd., Fremont (510) 474-1004

Wednesdays, Feb 6 thru Feb

"A Taste of Judaism"

7 p.m. - 9 p.m. Free course open to the community Temple Beth Torah 42000 Paseo Padre Pkwy., Fremont (510) 656-7141

Monday, Feb 5 - Sunday, Feb

Chinese New Year International Festival

10 a.m. - 3 p.m. Exhibits of art, culture, travel & food Chinese Restaurant Foundation 8407 Central Ave., Newark (510) 797-0808 www.chineserestaurantfoundation.org

Thursdays, Feb 7 thru Feb 28 **Progressive Oil Painting Classes**

2 p.m. - 4 p.m. Feb. 7 & 2: beginners; Feb. 14 & 28: advanced

Fremont Art Association 37697 Niles Blvd., Fremont (510) 792-0905 www.FremontArtAssociation.org

Thursday, Feb 7 - Saturday,

A.R.T. Inc. Members' Exhibit

11 a.m. - 3 p.m. Painting, photography, ceramics & mixed media Adobe Art Gallery

20395 San Miguel Ave., Castro Valley (510) 881-6735 www.adobegallery.org

Saturdays, Feb 9 thru Feb 24 Showcase I

11 a.m. - 5 p.m.

Works of landscape oil painter Therese LaChance Ely

Fremont Art Association 37697 Niles Blvd., Fremont (510) 792-0905 www.FremontArtAssociation.org

Saturdays, Feb 9 thru Apr 20 Teen/Senior Computer and

Gadget Help 10:30 a.m. - 12:30 p.m. Teen volunteers help seniors with electronic gadgets & computer basics Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400

Monday, Feb 1 - Friday, Mar

Art: Believe/Achieve

9 a.m. - 5 p.m. Art from the National League of American Pen Women

John O'Lague Galleria 777 B Street, Hayward (510) 538-2787 www.haywardarts.org

Monday, Feb 12 - Sunday, Apr 30

Tom Cain Memorial Photography Exhibit

Mon - Fri: 5 a.m. - 9 p.m. & Sat – Sun: 7 a.m. - 3 p.m.

Winning entries from the annual photography contest Union City Sports Center 31224 Union City Blvd., Union

City (510) 675-5328

Wednesday, Feb 13 - Saturday, Apr 6

Children's Book Illustrators Ex-

hibit 11 a.m. - 5 p.m.

Eleven Illustrators & sixteen books are featured Sun Gallery 1015 E St., Hayward (510) 581-4050

www.sungallery.org

Thursday, Feb 14 - Sunday, Mar 10

Sherlock Holmes: The Final Adventure \$

8 p.m. (Sunday matinees: 2 p.m.) The world's greatest detective faces his longtime adversary

Douglas Morrison Theatre 22311 N Third St., Hayward (510) 881-6777 www.dmtonline.org

We had an error in last week's article about Operation Rolling Chaos. Operation Rolling Chaos, held on February 10th, was in fact hosted by Unitek Education as a multiagency collaboration with the military and other EMS agencies. The correct phone number for the event was 510-896-7561.

ECHNOLOGY MUSIC ACADEMY

\$25 Value

*First time registration only)

*Registration with this ad! Ages 4 & up • Exams & Recitals • Certified Diplomas

PIANO LESSONS \$10 per week (1 hour class)

GUITAR LESSONS

\$15 per week

Piano/Keyboard Singing/Vocal Flute/Trombone Violin/Clarinet

Guitar/Bass Conga/Drums Sax/Trumpet Ukulele

(1 hour class)

l24249 Hesperian Blvd., Hayward 510-264-9669 l

A positive path for spiritual living

Unity of Fremont Sunday 10:00 AM



Rev. Ken Daigle **Senior Minister**

36600 Niles Blvd, Fremont www.unityoffremont.org 510-797-5234



BJ Travel Center 39102 State Street, Fremont

Please RSVP, and invite your friends! 510-796-8300

melissa@bjtravelfremont.com





BJ Travel Presents **Education Travel Seminar** Alaska Cruise Tours Wednesday March 6th 6PM - 7PM Learn all about Alaska's cruise tours from an industry insider



World Spay Day Event Sunday, February 24 12 to 4 p.m. Newpark Mall 2086 NewPark Mall | Newark

Cow-cost Spay and Neuter Vouchers Cat Adoptions Fundraising Raffle



We buy gold! Clean out your drawers

Need cash, clean out your drawers. Turn that unwanted jewelry into cash or trade it in for something new. We buy: Gold, Silver, Platinum, Scrap Gold Broken gold Dental gold and Coins

www.Chris-Jewelry.com

37725 Niles Blvd., Fremont 510-713-2403

Men and Women Hair Cuts \$15 & up Color \$55 & up Highlights \$65 & up Perms \$55 & up Extensions and Up Do's

Keratin Treatments

Tuesday \$10 Haircuts

for Seniors



English, Spanish & Tagalog Walk-ins Welcome

35142 Newark Blvd, Newark Newark Blvd., and Jarvis

ROSEMONT SQUARE SHOPPING CENTER

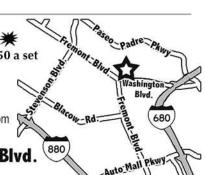
JACK'S ARMY-NAVY STORE

Digital Army - Marine BDU's Military & Camping Items • Leather Jackets Adult & Kids Camo Clothing • Cargo Pants Caps - Field Jackets • T-Shirts - Cots **Duffle Bags • Boots • Hunting Gear**



(Irvington District across from Safeway - Park in Back)

3853 Washington Blvd. Fremont





No MSG, Low Sodium

\$10 off

Party Trays

when you order \$40 or more before tax

510-794-3554 Exp. 2/28/13

6066 Mowry Ave., Newark

Next to Lion Market (Cherry St & Cedar)

Newark Excellent Massage Therapy (



\$40 for 60 min.

- Full Body Oil Massage
 - * Must present coupon for offer * Cannot be combined with other offers
 - * Other restrictions may apply

Exp. 2/28/13

510-794-5678 6170 Thornton Ave.,

Suite 1, Newark

Friday, Feb 15 - Sunday, Mar

Sunshine Boys \$

8 p.m. (Sunday matinees: 2 p.m.) Not so friendly aging comedians are forced to work together

Chanticleers Theatre 3683 Quail Ave., Castro Valley (510) 733-5483 www.chanticleers.org

Thursday, Feb 15 - Sunday, Mar 16

Women's Figurative Art, An Appreciation of the Human Form

12 noon - 5 p.m. Sculptural art from 10 California women artists

Olive Hyde Art Gallery 123 Washington Blvd., Fremont (510) 791-4357

Wednesday, Feb 13

Find it Fast- Introduction to the **Internet for Kids**

Hands-on workshop using lap tops for grades 4-6 only

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421

Wednesday, Feb 13

A Taste of Culture

5 p.m. - 7 p.m. Hayward Chamber of Commerce mixer & ribbon cutting Ballet Petit

2501 Industrial Parkway West, Hayward (510) 537-2424

Thursday, Feb 14

Valentine's Wine Dinner \$R

6:30 p.m.

Five-course gourmet seafood & steak dinner with wine Fremont Marriott 46100 Landing Pkwy., Fremont (510) 413-3700

www.marriottfremont.com

Thursday, Feb 14 **Laughing at Life Comedy Show Benefit \$**

Comedians PJ Walsh & Monique Marvez raise funds for local veterans

Pleasanton Veteran's Memorial 301 Main St., Pleasanton

(510) 984-1125 http://operationwarriorsfoundation.org/laughing-at-life-comedy-

Friday, Feb 15

show-tickets.html

Science Lecture for Children

For school age children

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400

Friday, Feb 15

City of Fremont Senior Center Crab Feed \$R

6 p.m.

Crab & pasta, plus live music and raffle

Merrill Gardens at Fremont 2860 Country Dr., Fremont (510) 790-6602 www.fremont.gov

Friday, Feb 15

Dog Sees God \$

8 p.m.

Encore fundraiser performance for the-

Smith Center 43600 Mission Blvd., Fremont (510) 659-6031

Saturday, Feb 16

An Evening in Paris Valentine Soiree \$

6:30 p.m.

Gourmet dinner, live music, fashion show & dancing

Golden Peacock Banquet Hall 24989 Santa Clara Street, Hayward (510) 449-8530 www.sulekha.com/induz

Saturday, Feb 16

Animal Feeding Toddler Time \$

10:00 a.m. - 10:45 a.m. Feed guinea pigs, ducks & hamsters. Ages

Sulphur Creek Nature Center 1801 D. St., Hayward (510) 881-6747

Saturday, Feb 16

Learn to Make a Robot

2 p.m.

How to presentation for school age chil-

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400

Saturday, Feb 16

Daybreak Trio Music Group

2 p.m.

Jazz, Cajun, Latin & world music selec-

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400

Saturday, Feb 16

St. James the Apostle Catholic **Church Crab Feed \$**

6 p.m.

Crab, pasta, auctions, raffles Fremont Holy Spirit Church 37588 Fremont Blvd., Fremont (510) 792-1962

Saturday, Feb 16

Valentine's Day Dinner Dance

7 p.m. No host bar, dinner, dancing & raffle Eagles Hall

21406 Foothill Blvd., Hayward (510) 584-1568

Saturday, Feb 16

Comedy Short Subject Night \$

"The Count," "The Balloonatic," "No Father to Guide Him," & "Do Detectives Think?"

Niles Essanay Theater 37417 Niles Blvd, Fremont (510) 494-1411



St. Christina of Tyre Orthodox Church

A Mission of the Orthodox Church in America + The Diocese of the West

The ancient Christian Faith alive today & here in the Tri-Cities

The Orthodox Church is Evangelical, but not Protestant.

It is Orthodox but not Jewish. It is Catholic, but not Roman.

It isn't non-denominational - it is pre-denominational. It has believed, taught, preserved, defended and died for the Faith of the Apostles in Jesus Christ since the Day of Pentecost over 2000 years ago.

OTHER EVENTS & ACTIVITIES

Wednesdays 10-11:30 am Father's Cafe (Informal Discussion with Q & A over coffee)

■ Wednesdays Feb, 20th, March 6 + 13 - Adult Education:

A User's Guide to Worship in the Orthodox Church

REGULAR SCHEDULE OF SERVICES

Saturdays 6 pm - Great Vespers (Beginning of Sunday Resurrection Services) ■ Sundays 9:30 am - Hours & Divine Liturgy followed by common meal & Children's

Thursday 2/14 7 pm – Prayers of Intercession for Those Suffering from Addiction

For More informaion please contact us at 510-739-0908 or email us at mail@stchristinaorthodox.org. All are welcome!



Alameda County Board of Supervisors District 2

Supervisor Richard Valle Thursday, February 21

Newark Hilton 39900 Balentine Drive, Newark

Call for Reservations 510-744-1000 (Newark Chamber of Commerce)

Since being appointed to the Alameda County Board of Supervisors on June 11, 2012, Supervisor Valle has focused on collectively working with the community to identify solutions to long standing issues that impact our communities; particularly focusing on youth development, employment and training, and delivering improved social services. Through initiatives like Science in the Park which makes science and health living fun for youth, increasing contracting opportunities for local District Two businesses, and stabilizing St. Rose Hospital, Supervisor Valle is working to achieve the quality of life we strive for in our communities. Supervisor Valle will be discussing the role of the Supervisor and the

county government, and some of the District 2 office initiatives. 11:30 a.m. to 12:00 p.m. Registration & Networking 12:00 p.m. to 12:45 p.m.Welcome & Lunch 12:45 p.m. to 1:30 p.m..... Program - Supervisor Richard Valle



Everything Must Go

Final Day February 28th Up to 80% off

Great Deals Jewelry **Fixtures** and Displays also for sale

JEWELTRAIN 510-651-4346

43494 Ellsworth Street



Saturday, Feb 16 **Business Esteem & Communi**cation Workshop

10 a.m. - 12 noon Presented by Boldly Me. Adults only Comerica Bank 39008 Paseo Padre Parkway, Fremont (408) 768-9257

Sunday, Feb 17 **Shinn Open House \$**

1 p.m. - 3 p.m. Tour the historic home & estate Shinn House 1251 Peralta Blvd., Fremont (510) 793-9352

Sunday, Feb 17 **Ohlone Village Site Caretaking**

(510) 544-3220

10:00 a.m. - 11:30 a.m. Repair structures & remove debris from the 2,000 year old site. Ages 12 + Coyote Hills Regional Park 8000 Patterson Ranch Rd., Fremont

Sunday, Feb 17

"Rockin' the Rack Against Cancer" \$

5:30 p.m. Benefits the American Cancer Society & Relay for Life Saddle Rack 42011 Boscell Rd., Fremont (510) 453-3933 www.relayforlife.org

Sunday, Feb 17

"Love Hero" Award 10 a.m.

Fremont human rights activist Moina Shaiq recognized

Mission Peak Unitarian Universalist Congregation 2950 Washington Blvd., Fremont (510) 502-7770

Chamber luncheon with Supervisor Richard Valle

SUBMITTED BY THE NEWARK **CHAMBER OF COMMERCE**

Since being appointed to the Alameda County Board of Supervisors on June 11, 2012, Supervisor Richard Valle has focused on collectively working with the community to identify solutions to long standing issues that impact our communities; particularly focusing on youth development, employment and training, and delivering improved social services. Through initiatives like Science in the Park, which makes science and healthy living fun for youth, increasing contracting opportunities for local District Two businesses, and stabiliz-

ing St. Rose Hospital, Supervisor Valle is working to achieve the quality of life we strive for in our communities. Supervisor Valle will be discussing the role of the Supervisor and the county government, and some of the District Two office initiatives.

Registration and networking will be from 11:30 a.m. to noon followed by welcome and lunch from noon to 12:45 p.m. and program by Supervisor Valle from 12:45 p.m. to 1:30 p.m. The menu will be Chicken Caesar Salad. Vegetarian pasta is available only if pre-ordered (no exceptions).

Ask about our specially priced annual sponsor opportunities:

-Platinum Event Sponsorship: \$1,000

- Includes table for eight, recognition at the event, full page ad in the program, and space for grand banner at the event.

-Gold Event Sponsorship: \$750 — Includes table for eight, recognition at the event, half page ad in the program, and space for large banner at the event.

-Table Sponsorship: \$500 — Includes table for eight, recognition at the event, and quarter page ad in the program.

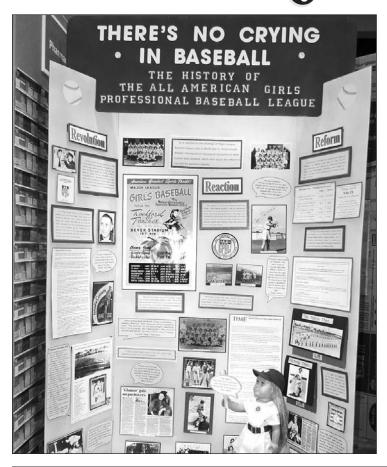
-Program Sponsor: \$100 — Includes lunch for two, recognition at the event, and quarter page ad in the program.

Reservations and cancellations are required by February 18. You may pay online at our Chamber Store at

www.newark-chamber.com or fax (510) 744-1003 with credit card information or mail with a check payable to the Newark Chamber of Commerce, 37101 Newark Blvd., Newark 94560. For additional information call (510) 744-1000.

Luncheon with Supervisor Richard Valle Thursday, Feb 21 11:30 a.m. - 1:30 p.m. Newark Hilton 39900 Balentine Dr., Newark (510) 744-1000 www.newark-chamber.com \$35 Chamber members, \$45 non-members

History Day competition



SUBMITTED BY AL MINARD

istory Day competition, open to public, private, parochial and home schooled students 4th grade thru 12th grade, has now reached the county level of judging. Contestants enter as individuals or part of a group presenting a Museum Exhibit, Documentary Film, Dramatic Performance or Website. The theme for this year's History Day Project: "Turning Points In History: People, Ideas, Events." Winning History Day projects include a good bibliography, use extensive primary sources, and are both historically accurate and well-presented.

Nearly 200 Local History Day participants will compete at Alameda County History Day at the Oakland Museum on February 23. Up to two winners are chosen in each category to move



up to the State contest in Sacramento on April 25-28, 2013; up to 112 students could end up representing Alameda County. Two winners from each category will be chosen to represent California at the National Competition on June 10-14, 2013, at College Park, MD.

An awards ceremony at 3:45 p.m. will follow viewing of the entries including dramatic performances and documentaries from 12 noon - 3 p.m. and viewing museum exhibits between 3 p.m. and 4 p.m.

Topics covered by History Day include, of course, politics and wars, but also fashion, music, inventions, foods, disasters and many other subjects. One of the often covered subjects is Executive Order 9066. I believe that almost every History Day competitor understands Executive Order 9066. Do you?

History Day Saturday, Feb 23 12 noon - 4 p.m. Oakland Museum 1000 Oak St., Oakland (510) 301-7628 ablack@acoe.org



Alameda County Renew books by phone (510) 790-8096 For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org. Times & Stops subject to change No Bookmobile service:

Feb 12 & 18, March 6,

and May 27

9:30-10:05 Daycare Center Visit -UNION CITY 10:25-10:55 Daycare Center Visit - City UNION CITY 1:45-2:45 Delaine Eastin School, 34901 Eastin Dr., UNION CITY 4:15-4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY 5:15-6:45 Forest Park School, Deep Creek Rd. & Maybird Circle,

9:15-11:00Daycare Center Visit-36700 San Pedro Dr., FREMONT WEDNESDAY 1:00 – 1:45 Hillside School,

15980 Marcella St., SAN LEANDRO 2:00 - 2:45 Eden House Apts., 1601 - 165th Ave., SAN LEANDRO 3:15-3:45 Baywood Ct., 21966 Dolores St., CASTRO VALLEY 6:00 - 6:30 Camellia Dr. & Camellia Ct.,

FREMONT THURSDAY

9:50 - 10:20 Daycare Center Visit-FREMONT 10:40-11:30 Daycare Center Visit-NEWARK 1:15 - 1:45 Stellar Academy, 38325 Cedar Blvd., NEWARK 2:00 -3:15 Graham School,

36270 Cherry St, NEWARK 9:45 - 11:15 Fame Charter School, 16244 Carolyn St., SAN LEANDRO 11:45 -12:15 Seventh Step, 475 Medford Ave., HAYWARD

2:00 -3:00 Hesperian School, 620 Drew St., SAN LORENZO

> Milpitas Bookmobile stops Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060

FREMONT TUESDAY REMONT 2:00-2:30 Daycare Center Visit-FREMONT 2:30 - 3:25 Cabrillo School, 4:45 – 5:30 Baywood Apts. 4275 Bay St, FREMONT 5:50 - 6:30 Jerome Ave. and Ohlones St., FREMONT

> FREE Adult Reading and Writing Classes are offered at the Alameda County Library

Tell A Friend Call Rachel Parra 510 745-1480



Full Day Camp \$210 1/2 price for 2nd Child

3 or more children \$350 1/2 Day Camps 9-12 or 12-3 Call for prices!

Top Flight Gymnastics

Flipping to new Heights with Fitness and Fun

Gymnastics, trampolines foam pits. and Bounce House for ages 3 and above

Gymnastic classes from Toddlers to Adults



And there's more... We also organize Birthday Parties, offer Field Trips, Play Groups, Open Gym, Flight Night and Camps!

5127 Mowry Ave. • Fremont (510) 796-3547

Call or Check website www.topflightfremont.net

Call for a Free Trial

pizza Italia \$700 OFF Any two extra large pizzas \$300 OFF Any extra large pizzas Limit one coupon per person per visit. Exp. 2/28/13

Not valid with any other offers, specials or discounts.

Applicable taxes paid by bearer.

All you can eat Pizza is back every Wednesday 5pm - 8pm, only \$7.99 (includes Salad and Soda)

We deliver More than just Pizza Lasagna, **Eggplant Parmigiana** and more

Catering Available

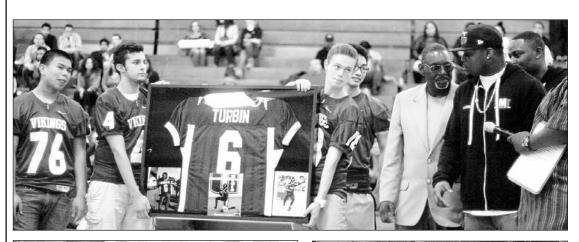
34765 Ardenwood Blvd., Fremont 510.797.1476



www.norcalmarathon.com

Viking #6 has retired

SUBMITTED BY AND PHOTOS BY MIKE HEIGHTCHEW







In an inspiring ceremony before a packed gym at Irvington High School on February 6, Robert Turbin, the first Viking alumnus to make it to the NFL, was cheered by friends, family, coaches, athletes and students as his jersey - #6 - was retired. He reminisced about his days in Fremont, Fremont Football League (FFL), and at Irvington, noting that he hopes to set an example for students and players in all sports that, through focused hard work, you can reach your goals.

His coaches at school and in FFL spoke of Turbin as a joy to coach. His enthusiasm and positive attitude infected teammates and was an indicator of good things to come for the young man. A passion and instinct for the game of football combined with the intelligence to understand the roles of each player on the field, allowed Turbin to excel at any position. Coaches were aware of his singular character and knew he was destined for great accomplishments.

Following an outstanding football career at Utah State, Turbin is now a valued member of the Seattle Seahawks. The Irvington Vikings are proud to honor his legacy.

Men's Soccer

Irvington v James Logan

SUBMITTED BY JAMES WILLIAMS

February 6, 2013 Irvington 0, Logan 0

JL Goalie: Alexis Sainz, 80 Min, 4 Saves, 0 GA IRV Goalie: Andrew Huge 80 Min, 5 Saves, 0 GA

IL Shots: 8 IRV Shots: 4

JL Record: 8 - 8 - 7 (5 - 3 - 4)

Logan v Washington

SUBMITTED BY COACH **FORTENBERRY**

February 8, 2013 MVAL Logan 64, Washington 56

Logan (15 - 9, 8 - 4 MVAL) Schaper 12, Kaye 12, Loza 2, Torain 9, Godfrey 12, Leno 17 Total: 64

Washington (13 - 11, 7 - 5 MVAL) Sanket 9, Caleb 17, Matt 17, Zach 9, Harman 3 Total: 56

3-pt goals: Schaper 3, Torain 2, Sanket 1, Caleb 1, Matt 2, Zach

Foul Outs: Bell Technical Fouls: Godfrey

JV Logan (6 - 18, 4 - 8 MVAL) Logan 36, Washington 67

Frosh Logan (12 - 12, 8 - 4 MVAL)

Logan 48, Washington 43

Table Tennis

US TEAM TRIAL RESULTS

SUBMITTED BY RAJUL SHETH

Congratulations to team India Community Center (ICC) coaching staff, management, supporters, Lily Zhang & Timothy Wang for repeating the 2012 US Nationals Championship results. Both ICC players finished first at the National team trials on February 10, 2013 in San Jose.

In all 11 matches during trials, Lily Zhang won 44 games and lost only two games to former ICC star player Ariel Hsing.

Team ICC coaches would also like to congratulate 13 year old Angela Guan for finishing sixth in the trials. She was seeded 12th before the trials.





SUBMITTED BY RYAN COELHO

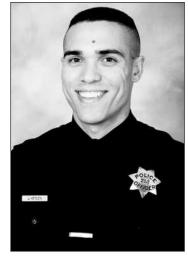
The NorCal Half Marathon & 5k Fun Run will be held on Sunday, February 24, 2013. The run is benefiting the Fremont Unified School District Sports Programs. The runs are starting at the Niles Town Plaza and the organizers look to get the local community excited about health and wellness in beautiful downtown Niles. Register today using the following discount code and get involved in this great event. Discount code: NILES. To learn more about the NorCal Half Marathon & 5k Fun Run visit www.norcalmarathon.com.

Milpitas Police Officer of the Year

SUBMITTED BY LT. HENRY KWONG, MILPITAS PD

The Milpitas Police Department is pleased announce that Officer Joseph Heylen has been selected as the 2012 Police Officer of the Year.

Officer Heylen joined the police department in October of 2001, and he is currently assigned as a motorcycle officer in our Traffic Safety Unit. He has been instrumental in helping investigate all of the recent complex traffic collisions, and his expertise has enabled officers to establish what happened. Officer Heylen also coordinates our school valet program that helps ensure chil-



dren are safely and efficiently dropped off and picked up from the elementary schools.

"Joe's willingness to come in before his normal shift and on his days off to assist other officers is a testament to his strong work ethic and dedication," said Chief Steve Pangelinan, "and he is well respected for his tactical skills."

subject threatened to kill himself with a pistol and fled from a residence as officers were responding. Officer Heylen located the subject in a nearby park and utilized outstanding officer safety techniques to control the subject and eventually took him into custody without incident. In addition to his full time assignment and tasks, he is also a member of our SWAT Team, Mobile Field Force, and Firearms Instructor group, and he is a chemical agents instructor, a Taser instructor, and an armorer.

In August of 2012, a suicidal

Special Olympics hosts 5K Run/Walk and Polar Plunge

SUBMITTED BY ANNA OLESON-WHEELER

On Saturday, Feb. 23, hundreds of Northern Californians will brave the chilly and choppy waters of the San Francisco Bay - all in the name of Special Olympics. Donned in costumes but without the protection of wet suits, Special Olympics athletes and their supporters will jump into winter-chilled waters of the San Francisco Bay at Aquatic Park for the San Francisco Polar Plunge, a fundraiser for Special Olympics Northern California in its fifth year.

Plungers, which include individuals, companies, law enforcement, families and schools, are asked to raise a minimum of \$125 - which provides, at no cost to the Special Olympics athlete, one season of sports instruction and competition. One of Special Olympics Northern California's preeminent events, the San Francisco Polar Plunge raises funds that directly allow Northern California Special Olympics athletes to participate in regional, national and international competitions all the while promoting acceptance, building bonds of friendship and unity and creating lifelong memories.

New to the San Francisco Polar Plunge this year is a 5K fun run/walk that boasts stunning views of the San Francisco Bay, the Golden Gate and more. Among those taking the Polar Plunge on Feb. 23 will be teams representing the San Francisco and Danville Police Departments, BART Police and corporate teams from Allegis Group, Google, AT&T, Coca-Cola and more. For the fourth straight year,

Danville's Los Cerros Middle School - which is a member of the Special Olympics Schools Partnership Program - has entered a team of Polar Plungers.

In 2012, the Polar Plunges had more than 1,300 Plungers, who rose over \$430,000 for the athletes of the Special Olympics Northern California and Nevada. Special Olympics Northern California is supported entirely by events like the Polar Plunge, local business and individual gifts, and does not receive any state or federal funding.

Registration and donations for the San Francisco Polar Plunge are currently being accepted online at iPolarPlunge.com and will be accepted on site. Costumes are encouraged and the most creative individuals and teams will be lauded at a costume contest.

Polar Plunge Schedule 8 a.m.: 5K fun run/walk day-of registration opens

9:30 a.m.: 5K fun run/walk starts 10 a.m.: Plunge day-of registration opens 11:30 a.m.: Costume judging Noon: PLUNGE! 1 p.m.: Post-Polar Plunge party

> Polar Plunge Saturday, Feb 23 Aquatic Park, San Francisco iPolarPlunge.com

Goat befriends elderly at Lincoln care center

AP WIRE SERVICE By Algis J. Laukaitis LINCOLN JOURNAL STAR

LINCOLN, Neb. (AP), The rose-topped red hat locked into the stubby horns is the first clue Gigi is not your typical goat.

The second might be her red, knitted sweater and

matching diaper with a hole for her wagging tail. The fashion-conscious goat was decked out in Husker

Three days a week, she commutes from an acreage south of Lincoln to Gateway Senior Living Center to

work as a therapy animal. Her job is to lift spirits just by being herself. Gigi, a black and white miniature silky, often finds herself in someone's lap, being stroked softly and spoken

to kindly by elderly residents. "Hi sweetie. Hello," said Jean Vannice, one of her biggest fans. "I love her. She's so agreeable. So cute. So

Her husband, Duane Vannice, likes Gigi, too. Unable to participate in recreational activities because of Parkin-

son's disease, he loves to hold her. 'Well, hello there, rascal," he said as Gigi's owner, Jen

Schurman, placed the goat in his lap. The 90-something man used to raise foxes, mink, chickens and dogs on a ranch in western Nebraska, and

Gigi brings back fond memories. Triggering recollections is just one of the things therapy animals do, Schurman said.

"There's really incredible data for animal-assisted therapy that shows what animals can do and humans can't do for patients."

Studies have shown that goats, dogs and other therapy animals can ease feelings of separation from loved ones, lower blood pressure, heart rate and stress levels

and reduce aggression and rage in Alzheimer's patients. Cathy Betz, a self-proclaimed animal lover, said Gigi helps her relax.

"I get happy. It gets me out of depression," she said. Schurman, the center's activity director since February, said Gigi does all the work.

"My job is to get out of the way and let her sense what the people need."

She began working with the rapy animals about $10\,$ years ago. Gigi, a gift from a goat-raising friend, is her third therapy goat, and one of seven she owns.

Miniature silkies are bred as show animals, and Gigi, who weighs 20 pounds, has a body temperature of 103 degrees - ideal for warming laps - and who loves people, is ideal for the job.

'When I am training a therapy animal, I am training for affection," Schurman said.

Part of Gigi's training includes imprinting. "She has come to recognize people as part of her

herd," Schurman said.

The goat does have her favorites, and Jean Clausen is one of them.

"She picked me early on. I don't know why," Clausen said. "I keep forgetting that she's not a dog."

Schurman started taking Gigi to the center in June, and she was an instant hit.

"Animal lovers are animal lovers. As long as it has four legs and they can pet it, they're happy," she said.

Gigi, like all of the therapy animals Schurman uses, was born in April and will be certified by an animal-assisted therapy organization after she turns 1. Schurman also has dogs, a Great Pyrenees named Skyler, who is too big for the center, and a Lab named Belle, who isn't old enough yet.

At work, Gigi follows Schurman wherever she goes. "If she can't find me, she cries," Schurman said. "Her nature is to stay where people are."

Gigi got her name through a name-the-goat contest. Schurman said it either stands for Gateway Goat or Good Girl, take your pick.

'I think she's pretty cute, and I like the clothing she wears," housekeeper Amy Richardson said. "The residents just love her."

Just ask Ed Bede.

Well, I'm married. Otherwise, I would be madly in love with her."

Information from: Lincoln Journal Star, http://www.journalstar.com

Scholarships available for children of police and fire officials

SUBMITTED BY LISA DAVIS

The California Alarm Association (CAA) members, CAA regional chapters and Vivint (home security, energy management, home automation, and solar solutions) are partnering to support the association's 2013 CAA/ESA Youth Scholarship Program, which will award college scholarships to 11 deserving high school students whose parents serve their communities as police and fire officials.

Scholarship winners will be selected for their performance in a number of categories, including academic achievement, national test scores, extracurricular activities, and an essay based on the theme, "What it means to me to have my parent or guardian involved in securing our community."

The CAA Youth Scholarship Program was launched in 1999 and each year members of the association and its regional chapters fund the program with donations. This year, Vivint is joining the CAA and its chapters to award \$20,000 in scholarships to 11 students. Eleven regional chapter winners will receive \$1,500 each, and one statewide winner will receive \$3,500. For more information about eligibility and how to apply for the scholarship, please visit www.caaonline.org or call 800-437-7658, Ext. 3. All entries must be postmarked by March 30, 2013.

The CAA statewide winner will move on to the national-level scholarship competition through the Electronic Security Association (ESA) Youth Scholarship Program, also sponsored by Vivint. ESA's Youth Scholarship Program will award four top prizes: first-place - \$10,000, second place -\$5,000, third place - \$3,500, and fourth place - \$1,500.



Mission San Jose Soccer Season Ends

Men's Soccer

By KENNY JACOBY PHOTOS BY MIKE HEIGHTCHEW

The Mission San Jose Warriors finished their soccer season this week, splitting its final two league games against the Moreau Catholic Mariners and James Logan Colts. The Warriors finished their season with an MVAL record of 4-6-5.

On Wednesday, Mission San Jose dominated Moreau Catholic, by a final score of 4-1. The Warriors held a 2-0 lead at halftime, which would be all they needed to secure the victory. Mission San Jose Senior Izze Shafi led the Warrior attack with a hat trick, on a diving header and two perfectly placed shots into the corner of the net. The win was a huge turnaround from the Warriors' last game against the Mariners on the Moreau home turf, as Moreau commanded with a 4-2 victory.

On Friday, the Warriors played its last league game against the James Logan Colts. The momentum swayed back and forth through halftime and for much of the second half, and neither team was able to find the back of the net. Late in the second half, after two shots on goal saved by Senior Brandon Facha, the ball ricocheted right to the feet of the Logan striker, who punched the ball in for a goal. Mission San Jose had a few more chances with minutes left to go in the game, but they were unable to capitalize. The game ended in a 1-0 win for the Colts.

Weather service notes nuke-effect snow in W. Pa.

AP WIRE SERVICE

SHIPPINGPORT, Pa. (AP), You could even say it glows? Well, not quite, but the National Weather Service says a nuclear power plant was partly responsible for a narrow band of snow that fell on parts of western Pennsylvania Tuesday night.

Meteorologist Lee Hendricks says steam pumped into the air from two cooling towers at the Beaver Valley Nuclear Power Station and three similar towers at the coal-fired Bruce Mansfield Station next to it created the snow. That happened because the steam was released into very cold, dry air above the power plants, both owned by Akron, Ohio-based FirstEnergy.

Hendricks says the plant-fueled snow is similar to lake-effect

Areas due east of the power plants - which are about 30 miles northwest of Pittsburgh – reported one to three inches of

PUBLIC NOTICES



CITY OF UNION CITY NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held by the City of Union City the purpose of considering the following

Municipal Code Amendment (AT-13-001)

The City of Union City is proposing to modify Chapter 18.40, Industrial Districts, of the

- Remove Professional Trade Schools and Colleges, Transit and Passenger Railroad Stations, and Union Halls from the list of principal permitted uses allowed in the ML Zoning District; Remove Health Services (medical, dental, physical therapy and pharmacies) from the
- list of conditional uses allowed in the ML Zoning District; and Remove Union Halls from the list of principal permitted uses and add to the list of conditional uses allowed in the MS Zoning District.

The proposed project is considered exempt from environmental review in accordance with the California Environmental Quality Act (CEQA) Guidelines Section 15061(b)(3), a general exemption for projects with no potential for significant effect on the environment. For further information regarding this project, contact Carmela Campbell, Planning Manager, at (510) 675-5316. Written comments regarding this project should be received by the Planning Division on or prior to Tuesday, February 26, 2013.

The Planning Commission reviewed this project at its February 7, 2013 meeting and recommended approval to the City Council on a 5-0 vote.

CITY COUNCIL MEETING February 26, 2013

Said hearing will be held at 7:00 p.m. In the Council Chambers of City Hall, 34009 Alvarado-Niles Road, Union City.

City Hall is accessible by Union City Transit lines 1A, 1B, 3, 4 and AC Transit line 97. BART riders can transfer to these bus routes at the UC BART station. For information, please contact: Union City Transit at (510) 471-1411, AC Transit at (510) 891-4777, or BART at (510) 465-2278.

JOAN MALLOY **Economic & Community Development Director**

CIVIL

FOR CHANGE OF NAME
Case No. HG13665774
Superior Court of California, County of Alameda
Petition of: Mark Beresford Evans for Change

of Name TO ALL INTERESTED PERSONS: Petitioner Mark Beresford Evans filed a petition with this court for a decree changing names as follows: Mark Beresford Evans to Mark Beresford

The Court orders that all persons interested in this matter appear before this court at the hearing indimatter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 4-26-2013, Time: 8:45 AM, Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four suc-

published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice Date: Feb. 1, 2013

C. DON CLAY

Light State Superior Court

Judge of the Superior Court 2/12, 2/19, 2/26, 3/5/13

CNS-2441498#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. HG13665819 Superior Court of California, County of Alameda Petition of: April Ann M. Acu for Change of Name TO ALL INTERESTED PERSONS:

Petition or: April Ann M. Acu for Change of Name TO ALL INTERESTED PERSONS: Petitioner filed a petition with this court for a decree changing names as follows: April Ann M. Acu to April Ann Marasigan The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. the petition without a hearing

Notice of Hearing:
Date: 04-26-13, Time: 8:45 am, Dept.: 504
The address of the court is 24405 Amador Street, Hayward CA 94544

Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice Date: Feb. 1, 2013

2/12, 2/19, 2/26, 3/5/13

CNS-2441491#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case No. HG13665673
Superior Court of California, County of Alameda Petition of: Andrew Mercer for Change of Name TO ALL INTERESTED PERSONS:
Petitioner Andrew Mercer filed a petition with this court for a decree changing names as follows:
Andrew Mercer to David Williams
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 04-12-13, Time: 8:45am, Dept.: 504
The address of the court is 24405 Amador St., Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four sucessive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice Date: Jan. 31, 2013
C. DON CLAY
Judge of the Superior Court 2/12, 2/19, 2/26, 3/5/13
CNS-2441379#

CNS-2441379#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG13665105
Superior Court of California, County of Alameda.
Petition of: Syed Qamber Faraz Jafri - Syeda
Subika Jaffri for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Syed Qamber Faraz Jafri - Syeda

Petitioner Syed Qamber Faraz Jafri - Syeda Subika Jaffri filed a petition with this court for a decree changing names as follows: Abiha Zehra Jafri to Alezay Zehra Jafri The Court orders that all persons interested in this

matter appear before this court at the hearing indimatter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:

Notice of Hearing:
Date: 04-12-13, Time: 8:45, Dept.: 504
The address of the court is 24405 Amador St.
#104, Hayward, CA 84544
A copy of this Order to Show Cause shall be published at least once each week for four suc-

CNS#2444110 cessive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City Voice Newspaper Date: Jan 28, 2013

Judge of the Superior Court 2/5, 2/12, 2/19, 2/26/13

C. DON CLAY

CNS-2440732#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. HG13664061 Superior Court of California, County of Alameda Petition of: Renata Causic Gliniewicz for Change

Superior Court or California, County of Alameda Petition of: Renata Causic Gliniewicz for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Renata Causic Gliniewicz filed a petition with this court for a decree changing names as follows:
Renata Causic Gliniewicz to Renata Causic
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:

the petition without a hearing. Notice of Hearing:
Date: Mar. 22, 2013, Time: 8:45 AM, Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Whats Happenings - Tri City Voice Date: Jan. 18, 2013
WINIFRED Y. SMITH
Judge of the Superior Court

Judge of the Superior Court 1/29, 2/5, 2/12, 2/19/13

CNS-2436501#

ORDER TO SHOW CAUSE

FOR CHANGE OF NAME
Case No. HG12661721
Superior Court of California, County of Alameda
Petition of: Alexia Cassandra Guevara for Change

TO ALL INTERESTED PERSONS: Petitioner filed a petition with this court for a decree changing names as follows:
Alexia Cassandra Guevara to Alexia Cassandra

Pereira
The Court orders that all persons interested in this The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing: Date: 3/15/2013. Time: 8:45 AM. Dept.: 504 The address of the court is 24405 Amador Street, Hayward, CA 94544

Amended order to show cause Amended order to show cause

A copy of this Order to Show Cause shall be
published at least once each week for four successive weeks prior to the date set for hearing
on the petition in the following newspaper of
general circulation, printed in this county: What's
Happening Tri-City Voice
Date: January 07, 2013
WINIFRED Y, SMITH
Judge of the Superior Court

Judge of the Superior Court 1/22, 1/29, 2/5, 2/12/13

CNS-2434844#

CNS-2434844#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG12660169

Superior Court of California, County of Alameda
Petition of: Allie Nelson for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Allie Nelson filed a petition with this
court for a decree changing names as follows:
Allie Nelson to Golda Ayele Gaba
The Court orders that all persons interested in this
matter appear before this court at the hearing indicated below to show cause, if any, why the petition
for change of name should not be granted. Any
person objecting to the name changes described
above must file a written objection that includes
the reasons for the objection at least two court
days before the matter is scheduled to be heard
and must appear at the hearing to show cause
why the petition should not be granted. If no written objection is timely filed, the court may grant
the petition without a hearing.
Notice of Hearing:
Date: March 8, 2013, Time: 8:45 a.m., Dept.: 504
The address of the court is 24405 Amador Street,
Hayward, CA 94544
A copy of this Order to Show Cause shall be
published at least once each week for four successive weeks prior to the date set for hearing on
the petition in the following newspaper of general
circulation, printed in this county: Tri City Voice
Date: January 11, 2013
C. Don Clay
Judge of the Superior Court
1/22, 1/29, 2/5, 2/12/13

CNS-2432898#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT File No. 473907 The following person(s) is (are) doing business

Nunu's Daycare, 981 61st St., Oakland, CA 94608, County of Alameda Anushka Bliss, 1010 60th St., Oakland, CA

This business is conducted by an individual The registrant(s) commenced to transact busin

under the fictitious business name or names listed above on 1/1/13 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be

false is guilty of a crime.) /s/ Anushka Bliss

/s/ Anushka Bliss
This statement was filed with the County Clerk of Alameda County on January 16, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

Business Name Statement must be filled before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

2/12, 2/19, 2/26, 3/5/13

CNS-2442070#

FICTITIOUS BUSINESS NAME STATEMENT File No. 474487 The following person(s) is (are) doing business

The following person(s) is (are) doing business as:

Bhandal Pizza dba Mountain Mike's Pizza, 5333 Thornton Ave., Newwark, CA 94560, County of Alameda Gurdeep Singh Bhandal, 24282 Willimet Way, Hayward, CA 94544
Gurpreet K Bhandal, 24282 Willimet Way, Hayward, CA 94544
This business is conducted by Married Couple The registrant(s) commenced to transact business under the fictitious business name or names listed above on (Illegible)
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Gurdeep Singh Bhandal
This statement was filed with the County Clerk of Alameda County on February 01, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(a), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 2/12, 2/19, 2/26, 3/5/13

CNS-2442061#

FICTITIOUS BUSINESS NAME STATEMENT File No. 474065 The following person(s) is (are) doing business

as: Stay Active Sports Medicine Inc., 40419 Gibson Street, Fremont, CA 94538, County of

Stay Active Sports Medicine Inc., California, 40419 Gibson Street, Fremont, CA 94538.
This business is conducted by a Corporation
The registrant(s) commenced to transact business and the first play business are accepted.

under the fictitious business name or names listed above on 7/31/2012

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be folked in with of a circuit.

false is guilty of a crime.)
/s/ Maria Ramirez, CEO /s/ Maria Ramirez, CEO
This statement was filed with the County Clerk of
Alameda County on January 22, 2013
NOTICE-In accordance with Section 17920(a), a
Fictitious Name Statement generally expires five
years from the date it was filed with the County
Clerk, except as provided in Section 17920(b),
where it expires 40 days after any change in the
facts set forth in the statement pursuant to section 17913 other than a change in the residence
address of a registered owner. A New Fictitious
Business Name Statement must be filed before
the expiration.

the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 2/12, 2/19, 2/26, 3/5/13

CNS-2440977#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

BUSINESS NAME
File No. 448620
The following person(s) has (have) abandoned the use of the fictitious business name: Niles
Classic Motorsport, 37323 Niles Blvd.,
Fremont, CA 94536

Fremont, CA 94536
The fictitious business name referred to above was filed in the County Clerk's office on 2-28-2011 in the County of Alameda.
Rising Aro Investment Limited, California, 37751
Glenmoor Dr., Fremont, CA 94536
This business was conducted by: Jonathan Liu Rising Aro Investment Limited S/ Jonathan Liu, C.E.O.
This statement was filed with the County Clerk of Alameda County on January 29, 2013.

Alameda County on January 29, 2013. 2/5, 2/12, 2/19, 2/26/13

CNS-2440266#

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business

AS:
Fanny's Day Care, 33234 Falcon Drive,
Fremont, CA 94555, County of Alameda
Huifeng Zhu, 33234 Falcon Drive, Fremont, CA

ชชงจอ This business is conducted by an individual The registrant(s) commenced to transact business under the fictitious business name or names listed I declare that all information in this statement is

true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Huifeng Zhu

Is/ Hulfeng Zhu
This statement was filed with the County Clerk of Alameda County on January 29, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. the expiration. The filing of this statement does not of itself autho-

rize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 2/5, 2/12, 2/19, 2/26/13

CNS-2439798#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME
File No. 458567
The following person(s) has (have) abandoned the use of the fictitious business name: Niles Tutoring Club, 37323 Niles Blvd., Fremont, CA 94536 The fictitious business name referred to above was filed on 11/21/2011 in the County of

Alameda.
Rising Aro Investment Limited, California, 37751
Glenmoor Dr., Fremont, CA 94536
This business was conducted by: Jonathan Lin
Rising Aro Investment Limited
S/ Jonathan Lin, C.E.O.

On Journal Lin, C.E.O. This statement was filed with the County Clerk of Alameda County on January 29, 2013. 2/5, 2/12, 2/19, 2/26/13

CNS-2439794#

FICTITIOUS BUSINESS NAME STATEMENT File No. 474170 The following person(s) is (are) doing business

Fong Organic, 35824 Adobe Drive, Fremont, CA 94536, County of Alameda CA 94536, County of Alameda. Stephen Yip, 35824 Adobe Drive, Fremont, CA 94536. This business is conducted by an individual. The registrant(s) commenced to transact business

under the fictitious business name or names listed above on 01-18-2013.

I declare that all information in this statement is

true and correct. (A registrant who declares as true information which he or she knows to be

true information which he or she knows to be false is guilty of a crime.)

/s/ Stephen Yip

This statement was filed with the County Clerk of Alameda County on January 23, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 2/5, 2/12, 2/19, 2/26/13

CNS-2439042#

FICTITIOUS BUSINESS NAME STATEMENT File No. 474263 The following person(s) is (are) doing business

File No. 474263
The following person(s) is (are) doing business as:
TB Vanguard, 5255-A Mowry Ave. #155, Fremont, CA 94538, County of Alameda. Allison Denise Baker, CA, 3423 Ashbourne Cir., San Ramon, CA 94382.
Paula Bell, CA, 7326 Donnell Pl. #C-4, Forestville, MD 20747.
Nicole Turman, CA, 7326 Donnell Pl. #C-4, Forestville, MD 20747.
This business is conducted by Co-Partners The registrant(s) commenced to transact business under the fictitious business name or names listed above on Aug. 1, 2012.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
Is/ Allison Denise Baker, Co-Partner This statement was filed with the County Clerk of Alameda County on January 25, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 2/5, 2/12, 2/19, 2/26/13

FICTITIOUS BUSINESS

NAME STATEMENT
File No. 473710
The following person(s) is (are) doing business

A J Services, 4715 Serra Ave., Fremont, CA 94538, County of Alameda Evelyn Chino-Tan Cheng, 4715 Serra Ave., Fremont, CA 94538 Yen-Te Chiang, 4715 Serra Ave., Fremont, CA 94538

This business is conducted by Married Couple The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A I declare that all information in this statement is

true and correct. (A registrant who declares as true information which he or she knows to be

false is guilty of a crime.)

/s/ Evelyn Chino Tan Cheng
This statement was filed with the County Clerk of Alameda County on January 11, 2013

NOTICE-In accordance with Section 17920(a), a Editious Name Catalance of the Section 17920(b). NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration

the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 1/29, 2/5, 2/12, 2/19/13

CNS-2436749#

FICTITIOUS BUSINESS NAME STATEMENT File No. 473953 The following person(s) is (are) doing business Joti Market. 27938 Baldwin St., Hayward, CA

94544, County of Alameda Joti Emporium LLC, CA, 3371 Todd Way, San Jose, CA 95124 This business is conducted by a limited liability

This business is conducted by a limited liability company
The registrant(s) commenced to transact business under the fictitious business name or names listed above on n/a
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

Is/ Jotika Chand, Manager
This statement was filed with the County Clerk of Alameda County on January 16, 2013

Alameda County on January 16, 2013

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 1/29, 2/5, 2/12, 2/19/13

CNS-2436505# FICTITIOUS BUSINESS NAME STATEMENT

File No. 474002 The following person(s) is (are) doing business

Jordan Richter Skateboarding Academy, 5487 Carmel Way, Union City, CA 94587. Jordan Richter, 5487 Carmel Way, Union City, CA 94587

This business is conducted by an Individual

The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A I declare that all information in this statement is

true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Jordan Richter /s/ Jordan Richter
This statement was filed with the County Clerk of Alameda County on January 17, 2013
NOTICE-In accordance with Section 17920(a), a Ficitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

business Name Statement must be incu before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 1/29, 2/5, 2/12, 2/19/13

CNS-2436491#

FICTITIOUS BUSINESS NAME STATEMENT File No. 47375

The following person(s) is (are) doing business

as:

Cyclone Shipping, Inc., 4028 Ralston Common,
Fremont, CA 94538, County of Alameda
Cyclone Shipping, Inc., CA, 4028 Ralston
Common, Fremont, CA 94538 This business is conducted by a Corporation
The registrant(s) commenced to transact business under the fictitious business name or names listed above on Dec. 1, 2011

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be

false is guilty of a crime.)
/s/ Eric Bailey, President
This statement was filed with the County Clerk of This statement was filed with the County Clerk of Alameda County on January 11, 2013 NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration

Business Name Statement most the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

CNS-2433756#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME
File No. 412951
The following person(s) has (have) abandoned the use of the fictitious business name: All American Pet Sitters, 4870 Whitfield Ave., Fremont, CA 94536
The Fictitious Business Name Statement for the Partnership was filed on July 7, 2008 in the County of Alameda.
Lloyd M. Cowan, 4870 Whitfield Ave., Fremont, CA 94536
Kimberly A. Kinson, 4870 Whitfield Ave., Fremont, CA 94536
This business was conducted by Co-Partners

CA 94536
This business was conducted by: Co-Partners S/ Lloyd M. Cowan Kimberly Kinson
This statement was filed with the County Clerk of Alameda County on January 14, 2013.
1/22, 1/29, 2/5, 2/12/13

CNS-2433453#

FICTITIOUS BUSINESS NAME STATEMENT

 $\label{eq:FileNo.473777} \mbox{The following person(s) is (are) doing business}$

as: All American Pet Sitters, 6023 Peppertree Ct., Newark, CA 94560, County of Alameda Ron McClanahan, 6023 Peppertree Ct., Newark, CA 94560

McClanahan, 6023 Peppertree Ct., Newark, CA 94560 This business is conducted by Co-Partners. The registrant(s) commenced to transact business under the fictitious business name or names listed

above on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be

true information which he or she knows to be false is guilty of a crime.)
//s/ Ron McClanahan
Kristine McClanahan
This statement was filed with the County Clerk of Alameda County on January 14, 2013.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 1/22, 1/29, 2/5, 2/12/13

CNS-2433450#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 473626
The following person(s) is (are) doing business

co. Opto Maven, 49091 Woodgrove CMN, Fremont, CA 94539, County of Alameda Degang Cheng, 49091 Woodgrove CMN, Fremont, CA 94539

Tremont, CA 94539
This business is conducted by an individual
The registrant(s) commenced to transact business
under the fictitious business name or names listed above on n/a
I declare that all information in this statement is

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

Is/ Degang Cheng
This statement was filed with the County Clerk of Alameda County on January 10, 2013

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

Business Name Statement most authorize the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). 14411 et seq., Business 1/22, 1/29, 2/5, 2/12/13

CNS-2432891#

GOVERNMENT

NOTIce is hereby given that sealed competitive bids will be accepted at the Alameda County Social Services Agency Contracts Office, 2000 San Pablo Avenue, 4th Floor, Oakland, CA 94612 NON-MANDATORY NETWORKING/ BIDDERS CONFERENCES for RFP KSSP2013 Kinship Support Services South County: Tuesday, February 26, 2013 at 10:00 AM, Dublin Public Library, 200 Civic Plaza, Community Room, Dublin and North County: Wednedsay, February 27, 2013 at 10:00 AM, Social Services Agency, 2000 San Pablo Ave., Oakland Room, 2th Floor, Oakland Response Due by 2:00 pm on March 22, 2013 County Contact: Karen Obidah at (510) 267-8608 or via email: Kobida@accgov.org Attendance at Networking/ Bidders Conference is not required. The RFP is available via the GSA website— www.acgov.org under Curront Contection Poperturities able via the GSA website— www.acgov.org under Current Contracting Opportunities 2/12/13

CNS-2443716#

PUBLIC AUCTION/SALES

NOTICE OF LIEN SALE AT PUBLIC AUCTION

Notice is hereby given that personal property in Notice is nereby given that personal property in the following units will be sold at public auction: on the 26th Day of February 2013 at or after 10: 30 am pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Thornton, 4833 Thornton Ave. Fremont, CA 94536. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following neeple: following people:

Name Unit # Paid Through Date
Chantal Ferr AA4400A 12/21/12
Gregory Dumlao B119 12/20/12
Cristian Gipson B189 11/20/12
Teresa Healy B210 10/26/12
Stephanie Willis B267 12/19/12
Maria Molina B299 11/22/12
Edalberto Martinez B303 12/01/12
Monique Nolen C157 12/07/12
Monique Nolen C157 12/07/12
Monique Nolen C158 11/07/12
Sibyl Cupit C165 12/02/12
Eileen Dedios C171 10/26/12
Gerald Holmes C173 11/12/12
Stephanie Willis C202 12/02/12
Brenda Rossi C231-32 12/09/12
Joseph Franco C252-53 12/05/12

2/12, 2/19/13

CNS-2442853#

Newark neighborhoods forming Neighborhood Watch groups

with the Newark Police Department. If you would like to

start a Neighborhood Watch in your area please contact:

help make their community a safer place to live. All Neighborhood Watch groups are created in coordination with the Newark Police Department. Neighbors on Cedar Boulevard have joined together to help make their community a safer place to live. All

Neighborhood Watch groups are created in coordination

Neighbors on Dijon Drive have joined together to

If you would like to start a Neighborhood Watch in your area please contact: Tim Jones

Newark Police Dept.

It's time to stand up to crime. Together we can make a difference!

(510) 578-4209

tim.jones@newark.org

OPINION



WILLIAM MARSHAK

hen ordinances and regulations are proposed, the specter of flaws within them is often ignored rather than respected. It is this "law of unintended consequences," that can betray even the most well-intended proposed rule. In economics, the concept of positive outcomes from ostensibly negative self-interest was promoted by Adam Smith. However, the reverse can be true as well. Seventeenth Century philosopher John Locke spoke of negative consequences of the same unintended consequences. Rule of law is filled with great expectations marred by unintended consequences. However, status quo and inaction are rarely preferable; no action can actually signal a step backward. While those who study such things are well aware of this concept, others in politics have blithely ignored the warnings and passed laws, ignored previous experience and sometimes been forced to backtrack almost immediately.

In a rush to certify ourselves as "green" and politically correct, the unintended consequences of these actions can be overlooked, incurring a series of detrimental growing pains to achieve realistic solutions to widespread problems. In our local cities and counties, the decision to require consumers to bring their own, presumably recyclable bags for grocery shopping or pay for paper bags to the store has unleashed a flood of unintended consequences. While the flow of plastic bags has slowed to a trickle, lack

Shades of green

of uniformity and cleanliness of bags used as replacements have become a bane to check-out clerks. Are these bags truly sustainable as hoped or, in some cases, reservoirs of unhealthy residue?

In a recent trip to the grocery store, I noticed a cloth bag, presumably for groceries, abandoned on the floor near the checkout counter and retrieved it for the clerk. Fortunately, I didn't open it, but unfortunately, the clerk did! The residue inside was enough to send the clerk into a coughing fit; I feared for her health. It made me realize that while the lure of sustainability and environmental consciousness is strong, mandated behavior and education are handmaidens of change that must travel an extended path. Irresponsible actions are not new, nor will they be removed by rules and regulations.

American sociologist Robert K. Merton explored the concept of unintended consequences in social settings and determined that desire for immediate results can overrule a thorough examination of relevant factors, sometimes even through willful ignorance. In the environmental arena, conscious refusal to accept and modify the destructive forces of industrialization has led to crisis and, therefore, a schism between green sanctity and willful disregard of hazardous behavior. Where is the shade of green that can guide denizens of this planet to a sane and practical solution?

When Kimber Park residents promoted an initiative to protect private open space, warnings of unintended consequences were heard from the Fremont City Council. It was a contentious issue but the people spoke clearly that they value what remains of undeveloped land. A compromise that allowed some limited development which already exists on a portion of the land was reached. This was a shade of green that appears reasonable to all stakeholders. Even though there may yet be unintended consequences, the overriding principle was a worthwhile endeavor.

As a development for a remaining section of undeveloped land owned by the Hirsch family was discussed, the discussion centered on details, rather than the landowner's right to dispose of the property within the law. However, the evening appeared to center on a myriad of small concessions that stretched City planning regulations. Each seemed reasonable in isolation, but the result creates a precedent for future actions. Will this lead to unintended consequences?

In a nod toward the finality of a planning decision, rezoning the Central Chevrolet site from commercial to residential was set aside for 12-18 months while conflicting opinions could be explored. It was noted that once the land became residential, there is no turning back. All involved were well aware of the stakes but also cognizant of unintended consequences. The council called for a breather to take stock of the situation; seems reasonable.

We can't lead our lives continually glancing over our shoulders for a tidal wave of bad stuff to engulf us, but we also need to be a bit more careful about determining the more obvious consequences of our actions. Whether our government is imposing restrictions on shopping bags, modifying city planning or addressing a myriad of other issues, unintended consequences are usually not far behind.

As Kermit the Frog has repeatedly said, "It's not that easy being green!"

William Mandall

William Marshak
PUBLISHER

TRI-CITY VOICE

PUBLISHER
EDITOR IN CHIEF
William Marshak

DIRECTOR OF OPERATIONS
Sharon Marshak

PRODUCTION/GRAPHIC DESIGN Ramya Raman

ARTS & ENTERTAINMENT Sharon Marshak

EDUCATION
Miriam G. Mazliach
FEATURES

Julie Grabowski
GOVERNMENT

Simon Wong

TRAVEL & DINING Sharon Marshak

PHOTOGRAPHERS Cassandra Broadwin Mike Heightchew Don Jedlovec

DISTRIBUTION MANAGER
Gerry Johnston

ADMINISTRATIVE ASSISTANTS

Karin Diamond

Margaret Fuentes

BOOKKEEPING Vandana Dua

REPORTERS

Jessica Noël Flohr
Janet Grant
Philip Holmes
Catherine Kirch
Susana Nunez
Suzanne Ortt
Praveena Raman
Mauricio Segura
Angie Wang

INTERN Kenny Jacoby

WEB MASTER
RAMAN CONSULTING
Venkat Raman

LEGAL COUNSEL Stephen F. Von Till, Esq.

\$500 million in checks left at Jerusalem holy site

AP WIRE SERVICE

JERUSALEM (AP), Worshippers usually leave notes to the Almighty at one of Judaism's holiest sites. But half a billion dollars? Rabbi Shmuel Rabinovitch, who oversees Jerusalem's Western Wall, said a worshipper

found an envelope at the site Wednesday with 507 checks in the amount of about \$1 million each. They were not addressed to anyone, and it's doubtful they can be cashed.

Rabinovitch said most are Nigerian. Israeli police spokesman Micky Rosenfeld said some were from the United States, Europe and Asia. Rabinovitch says he has found similar checks in Western Wall charity boxes before, but they all bounced. He says most of them were written by people from Africa.

The rabbi says he thinks the check writers ``wanted to give all they had to the Creator of the universe."

ADJUDICATION:

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE®™

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Fremont, CA 94538.

William Marshak is the Publisher

Subscribe. Call 510-494-1999 or sign up on our web site www.tricityvoice.com

510-494-1999 fax 510-796-2462 tricityvoice@aol.com www.tricityvoice.com

COPYRIGHT 2013®
Reproduction or use without
written permission from
What's Happening's Tri-City Voice®™
is strictly prohibited



Mon-Thurs 10am to 7pm, Fri-Sun 10am to 5pm

You support cancer research, programs and

services with your Discovery Shop purchases and donations.



Classifieds Deadline: Noon Wednesdays (510) 494-1999 | www.tricityvoice.com

CLASSIFIEDS

What's It Worth? Jewelry **Fine Art Collectibles** Certified Museum **Specialist**

All Areas - 510-582-5954 Send image of object to: happidog@earthlink.net

Emmett Construction Co., Inc. Est. 1966 Lic #592871 510-797-3543 925-426-1881

Built on a foundation of QUALITY

Kitchen Remodels Bathroom Remodels Room Additions Interior & Exterior Trim Baseboard & Crown Molding Doors & Windows Fire & Water Damage Restoration

www.emmettconstruction.com 7835 Enterprise Drive, Newark

House Cleaning **Grocery Shopping**

Excellent References Dependable

HAYWARD, SAN LEANDRO **CASTRO VALLEY, SAN LORENZO Great Prices** Call for information

HANDYMAN Craftsman Quality

30 Years Experience

I Guarantee My Work **Check my References!**

FREE Estimates 510-673-1766

Senior Discounts

RAIN GUTTER CLEANING



TRI-CITY AREA FREE ESTIMATES **INSURED**

REDWOOD FENCE WORK TREE SERVICE

> CONTACT 💰 JOHN 510-284-7790

David Makki **Professional Tutoring** 15 Years Teaching

Experience Reading Writing Math History Science

510-396-7643

makkiburger@gmail.com

Sunsational Sunroom

Let Us Help You **Expand Your Horizons** Full-Service Design & Construction



www.sunsationalsunroom.com MEMBER FREE ESTIMATES (408) 439-4514

License #834696

Mission San Jose

For Rent: Professional Office in Bldg with other Professionals **Ideal For** Tax Service/Accounting/

Law/Real Estate/Insurance I large office, secretarial area. common use of conference room

510-490-1100

Become a hospice patient care volunteer!

Patient care volunteers provide a variety of supportive services to terminally ill patients and their families such as respite care for caregiver, companionship to the patient, run errands, do light housework and so much more! Life Springs Hospice serves the Alameda, Contra Costa, Santa Clara and San Mateo county communities.

For more information about becoming a patient care volunteer, please contact

Dawn Torre, Volunteer Coordinator I-888-493-0734 or 510-933-2181 volunteer@lifespringshospice.com

510-706-4145

MITCHELL PLUMBING LETS SOLVE YOUR PLUMBING NEEDS

First time customers

\$60 1st hour

plus parts additional time \$80 hr plus parts

Lic #947626

510-396-1636

Ohlone College Flea Market needs a Food Vendor



14086 WASHINGTON AVENUE • SAN LEANDRO BONDED & INSURED • LICENSE # 586127 www.corral-construction.com

AA Rehab Spa

Deep Tissue massage Hot Stone Swedish Massage Acupressure Therapeutic Massage Sea Salt Massage Pain Relief Therapy

Prenatal Massage

1 Hour Full Body Massage

Exp. 2/15/13 (New clients only) WITH COUPON ONLY

510-565-7900

CAMTC CA Licensed Professional Massage Therapists 1328 Decoto Rd. # 124 Union City Call 510.659.6285 for more info

Looking for a Career Change

Here is a HOT one for you!

Become a Full Charge Bookkeeper in 9 weeks

BOOKKEEPING TRAINERS, INC.

Email: Info@bookkeepingtrainersinc.com www:bookkeepingtrainersinc.com

Interest Free Financing Available - Classes Now in Fremont Area Registered today: Classes are starting March 19, 2013

Tel: 408-531-0203 Direct 408-390-5019

This is a notification to all concerned that I.Veena Nainani Sajni KhobChandani (previously holding Indian passport E5378400) born on March 6, 1945, daughter of Mr. Mansharam KhobChandani, and wife of Mr. Khiman Nainani, shall henceforth use a shorter name -Veena Nainani. I am residing at 34204 ONeil Terrace, Fremont, CA and my passport issued by the US Department of State bears the number 488111937.

Are you frustrated, stressed-out and overwhelmed by the clutter, disorganization and lack of space in your home or office?

The Organized Difference will clear the clutter and organize you!

Home • Home Office • Small Business

- Closet & Room Organization • Filing & Bookkeeping Assistance
- Organization of Documents for

Tax Return Preparation and much more!

Free Estimates • Senior Discounts 510-414-0444 www.theorganizeddifference.com

LOOKING TO BUY OR SELL A BUSINESS?

We have been matching buyers and sellers for 12 plus years

For a FREE and NO OBLIGATION consultation Call me TODAY!

Business & Real Estate Group

B&R GROUP SALES & ACQUISITION Tashie Zaheer

CELL: 510-750-3297

DRE Lic. # 00999194

Branded Gas Station with land-

\$995,000 Sacramento 'Independent" Gas Station- Business Only-\$225,000 Sacramento

Branded Gas Station- "Business Only" \$550,000. Sacramentoand many more

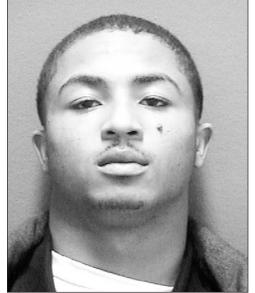


Robbery suspect located and taken into custody

SUBMITTED BY FREMONT PD

Pinole PD arrested Melvin Landry Jr. in their city on January 26, 2013. We'd like to thank our community, the media and our law enforcement partner San Leandro PD for helping us spread the word about this case.

Melvin Landry Jr. (21 years old) is wanted for an armed robbery and assault



with a firearm that occurred at the Albrae Street Walmart Store (405580 Albrae St.) in Fremont on January 3, 2013 at approximately 9:15 p.m. Landry Jr. may be connected to additional robberies that have occurred in the Bay Area.

A second suspect in the robbery, Dominique Martin, a 21 year old adult male Fremont resident, was arrested on January 4, 2013 by Fremont Police Officers when a 2002 black BMW, used in the robbery, was located by Oakland PD.

Stolen vehicle suspect arrested

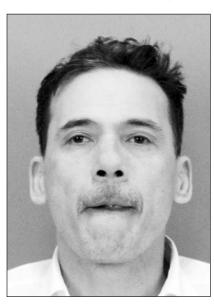
SUBMITTED BY LT. GREG MACK, MILPITAS PD

On January 15, 2013, at approximately 11:32 P.M., a Milpitas police officer on patrol in the area of Landess Avenue near Clear Lake Avenue, located a stolen 2012 BMW X3 vehicle. The vehicle was reported stolen to the San Jose Police Department. Milpitas police officers conducted a high risk car stop and took the two vehicle occupants into custody without incident. A loaded .45 caliber handgun was found concealed under the driver seat. The driver was found to be in possession of what is believed to be a controlled substance.

Both occupants possessed fictitious identification. The driver was identified as Tri Nguyen, a

Bay Area transient. The passenger was identified as Bryan Le, a San Jose resident. Tri Nguyen was arrested on various charges, including: auto theft, possession of a controlled substance, under the influence of a controlled substance, possession of a loaded and concealed firearm, possession of fictitious identification, and providing false identifying information to a peace officer. Bryan Le was cited and released for possession of fictitious identification.

Anyone with any information regarding this investigation or other similar incidents occurring in our city is encouraged to call the Milpitas Police Department at (408) 586-2400. Information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department website at: http://www.ci.milpitas.ca.gov/government/police/crime_tip.asp



32

18

21

32

26

3

30

29

26

13

26

3

30

29

14

10

22

10

16

17

15

19

33

16

33

16

17

15

19

33

24

23

2

6

5

32

12

18

21

MATH PROBLEMS

24

23

6

24



THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE "Like" Kid Scoop

on Facebook! © 2013 by Vicki Whiting, Editor Jeff Schinkel, Graphics Vol. 29, No. 9



Healthy Heart Tag

- · Cut out the cards below.
- Give the cards to the person who is "It." When "It" tags someone, that person selects a card and performs the activity for the amount of time stated.
- After the person completes the activity, they become "It."

HOP for 60 seconds.

DANCE for 30 seconds.

STAND ON ONE FOOT for 10 seconds.

DO JUMPING JACKS for 60 seconds.

> SKIP for 60 seconds.

DO SIT-UPS for 30 seconds.

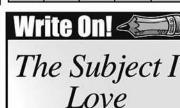
RUN IN PLACE seconds.

Standards Link: Physical Education: Use a variety of basic and advanced movement forms.



Complete the grid by using all the letters in the word MAGIC in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you





Write about your favorite subject in school. Why do you love it?

0 0

Just in time for Valentine's Day, here's a game that you can play in class or at home!

HOW TO PLAY:

- Cut out the three bingo cards and give one to each player.
- Cut out the numbered hearts. Each player places 25 numbered hearts in any order they want on their card.
- Cut out the math problem cards, place them in a small bowl and mix them up.
- Taking turns, each player pulls one math problem from the bowl and reads it aloud.
- If a player has the answer to that math problem on their card, they remove that numbered heart. (Example: If the math problem is I + I, the player with "2" on their card removes it.)
- The first player to remove five numbered hearts in a horizontal, diagonal, or vertical line wins.
- Mix up the numbers and play again!

BONUS CHALLENGE:

How many

hearts can you

find on this

page?

Play a "Four Corners" round. The first player to remove a numbered heart on all four corners of their card wins. Can you think of other game variations to try?

16 + 169 + 718 + 611 - 2 10 - 9 27 - 4 7 + 106 + 61 + 18 - 4 30 - 15 9-3 9 + 923 - 4 20 - 15 29 - 8 16 + 1718 + 1826 + 48 + 614 - 7 37 - 8 12 - 4 21 - 8 14 + 85 + 615 + 1129 - 19 32 - 7 17 - 14

illa! **News Hunt** Look for the following in your

- newspaper or news site:
- ☐ A headline with two adjectives A number larger than 1,000
- ☐ A picture with an animal ☐ Something that
- makes you happy Something
- healthy Standards Link: Research: Use the newspaper to locate information.

Standards Link: Math: Solve addition and subtraction problems

PHZZIGY Can you make your way through this maze moving only in an odd number, even number, odd number pattern? START

Double Find the words in the puzzle. Then look for each word in this week's

VALENTINE **MATH HEALTHY TURNS HEARTS BINGO** MIX **NEWSPAPER HAPPY HOME CARD** YOU ANY

GIVE

Kid Scoop stories and activities. XNEWSPAPER SEMOHBRLEC HNBTEMIXVA AMRVAXNNIR PQXURWETGD PSYHTLAEHO YOUOSFYRTM GENITNELAV BLMWANWSMT

Standards Link: Letter sequencing, Recognized identical words, Skim and scan reading. Recall spelling patterns.

Standards Link: Mathematical Reasoning: Extend simple patterns

Headline Valentine

Cut out five or more words from the headlines in today's newspaper. Use these to write a nice Valentine message to a friend, teacher or

Standards Link: Writing Applications: Write brief expository text.





Do you like to write about interesting topics? Are you a whiz with words and like to share your thoughts with others? Can you find something fascinating about lots of things around you?

If so, maybe writing for the Tri-City Voice is in your future. We are looking for disciplined writers and reporters who will accept an assignment and weave an interesting and accurate story that readers will enjoy.

Applicants must be proficient in the English language (spelling and grammar) and possess the ability to work within deadlines.

If you are interested, submit a writing sample of at least 500 words along with a resume to tricityvoice@aol.com or fax to (510) 796-2462.

FREE Places of Worship Listing - Call 510-494-1999 PLACES OF WORSHIP

ASSEMBLY OF GOD

Calvary Assembly of Milpitas

130 Piedmont Rd. Milpitas (408) 946-5464 www.camilpitas.org

Christian Life Center

33527 Western Ave., Union City 510-489-7045

Convergence House of Prayer 40645 Fremont Blvd., Ste 16,

Fremont 510-656-2335 www.ichop.org

Harbor Light Church

4760 Thornton Ave., Fremont 510-744-2233 www.harborlight.com

Light of the World Christian Center Assembly of God

43297 Osgood Rd., Fremont 510-651-5922

Templo De La Cruz

All services in English 24362 Thomas Ave., Hayward 510-886-1644 www.tdlc.org

Baha'ı Faith

Alameda County West Center

21265 Mission Blvd., Hayward 510-377-3392

BAPTIST

Alder Avenue Baptist Church

4111 Alder Ave., Fremont 510-797-3305 www.alderavebc.com

Bay Area Baptist Church

38517 Birch St., Newark 510-797-8882 www.bayareabaptist.org

Berean Baptist Church 2929 Peralta Blvd., Fremont

510-792-3928

Calvary Baptist Church 28924 Ruus Rd., Hayward 510-589-9677

Chinese Independent Baptist Church

37365 Centralmont Pl., Fremont 510-796-0114 www.cibcfremont.org

Christ Centered Missionary

Baptist Church

22979 Maud Ave., Hayward

Community Church of

Hayward 26555 Gading Rd., Hayward

510-782-8593

Fairway Park Baptist Church

425 Gresel St., Hayward 510-471-0200

First Baptist Church of **Russell City**

2979 Maude Ave., Hayward 510-538-3320

First Baptist Church of

6320 Dairy Ave., Newark

Newark

510-793-4810

Heritage Baptist Church 2960 Merced St., San Leandro

510-357-7023 www.hbc.org

Landmary Missionary Baptist Church

573 Bartlett Ave., Hayward 510-918-0663 www.LMBCHAYWARD.org

Memorial Baptist Church

4467 Stevenson Blvd, Fremont 510/657-5522 www.bmaca.org/fremont2.html

Mission Peak Baptist Church

41354 Roberts Ave., Fremont 510-656-5311 www.missionpeakbaptist.org

Mission Way Baptist Church 38891 Mission Blvd., Fremont

(510) 797-7689 **New Hope Baptist Church**

925 F St., Union City 510-487-7472

Palma Ceia Baptist Church

28605 Ruus Road, Hayward 510-786-2866 www.palmaceiachurch.org

Park Victoria Baptist Church 875 S. Park Victoria Dr., Milpitas

408-263-9000 www.parkvictoria.org

Pathway Community Church

4500 Thornton Ave., Fremont 510-797-7910 www.pathwaycommunity.info

Resurrection Baptist Church

1221 Pacific Ave., San Leandro 510.363.3085 www.therbchurch.org

Shiloh Baptist Church 22582 South Garden Ave.,

Havward 510-783-4066 shilohbc @sbcglobal.net

Warm Springs Church

111 E. Warren Ave., Fremont 510-657-4082 www.warmspringschurch.org

BUDDHIST

Buddhanusorn Thai Temple

36054 Niles Blvd., Fremont

510-790-2294

Purple Lotus Temple 30139 Industrial Pkwy SW, Unit J&K, Hayward 510-489-8868 www.plbs.org/www.purplelo-

So. Alameda County **Buddhist Church**

tus.org

32975 Alvarado Niles Rd., **Union City** 510-471-2581 www.sacbc.org

CATHOLIC

Corpus Christi Church 37891 Second St., Fremont 510-790-3207

www.corpuschristifremont.org

Holy Spirit Catholic Church 37588 Fremont Blvd., Fremont 510-797-1660

www.holyspiritfremont.org

Old Mission San Jose Church 43266 Mission Blvd., Fremont

510-657-1797

Our Lady of Guadalupe Parish 41933 Blacow Rd., Fremont

510-657-4043

www.guadalupe-parish.org

Our Lady of the Rosary

Church 703 C St., Union City 510-471-2609

www.olrchurch.org

St Anne Catholic Church

32223 Cabello St., Union City (510) 471-7766

St. Elizabeth Catholic Church 750 Sequoia Dr., Milpitas 408-262-8100

St. James the Apostle 34700 Fremont Blvd.

(w. of Decoto Rd.), Fremont

510-792-1962 www.sjapostle.net St. John the Baptist Catholic

Parish

279 S. Main St., Milpitas 408-262-2546 www.sjbparish.org

CHINESE CHRISTIAN

Home of Christ Church 4248 Solar way, Fremont

510-651-9631 www.hoc3.org

Home of Christ Church

35479 Dumbarton Ct., Newark 510-742-6848 www.hoc6.org

Silicon Valley Alliance Church

38325 Cedar Blvd., Newark 510-668-1989 www.svacnewark.org

CHRISTIAN

Abundant Grace Community Church

meets at SDA Church

32441, Pulaski Dr, Hayward (650)575-3345 http://www.abundantgcc.org/

Bay Area Dream Center 22100 Princeton St., Hayward

Calvary Bible Church

of Milpitas 1757 Houret Ct., Milpitas 408-262-4900

www.calvarybiblechurch.us **Calvary Chapel Fremont**

42986 Osgood Rd., Fremont 510-656-8979 www.calvaryfremont.org

Calvary Chapel Hayward 1244 B St., Hayward

510-396-0318 www.calvaryhayward.com

Calvary Chapel San Leandro Marina Community Center

15301 Wicks Blvd San Leandro 510-421-3207 www.calvarysanleandro.com

Cedar Blvd. Neighborhood

38325 Cedar Blvd., Newark 510-791-8555 www.cbnc.net

Church

Christ's Chosen Vessel Ministries International

(Meets at Spring Valley Bible Church Building, 220 S. Main St. Milpitas (650) 834-3776

Christ Community Church of Milpitas

1000 S. Park Victoria Dr., Milpitas 408-262-8000 www.cccmilpitas.org

Christian Life Church 1699 Orchard Ave., San Leandro 510-483-8940 www.clife-church.org

Christian Worship Center 241 So. Main St., Milpitas

408-263-0406 http://www.cwcsj.org

Church of Christ 977 Grant Ave., San Lorenzo 510-276-4693

www.church-of-christ.org/slzca

Church of Christ of Fremont 4300 Hanson Ave., Fremont 510-797-3695

www.fremontchurchofchrist.org

Church of Christ - Hayward 22307 Montgomery St., Hayward 510-582-9830

www.haywardchurchofchrist.org

Church of Christ South Hayward 320 Industrial Pkwy., Hayward

510-581-3351 www.churchofchristhayward.com

510-797-7689

Discovery Fremont 38891 Mission Blvd. (@ Walnut), Fremont

East Bay Christian Fellowship 1111 H Street, Union City 510-487-0605 www.ebcf.net

Emmanuel Mission Church 5885 Smith Ave., Newark

(510) 793-6332 www.cmalliance.org

Family Bible Fellowship 37620 Filbert St., Newark 510-505-1735

www.fbfministries.org

First Church of Christ, Scien-1351 Driscoll Rd., Fremont 510-656-8161 http://fccsf.hypermart.net/churc

h/index.html **Fremont Asian Christian**

Church Meets Centerville Community Center

3355 Country Drive, Fremont 510-795-2828 www.fremontasianchris-

tianchurch.org

Fremont Community Church 39700 Mission Blvd., Fremont 510-657-0123 www.gofcc.org

Fremont Journey of Faith Church

39009 Cindy St., Fremont 510-793-2100 www.jof-fremont.com

Good Shepherd South Asian Ministry

MultiCultural Worship 4211 Carol Ave., Fremont 510-552-4476 gssam@sbcglobal.net

Grace Church Fremont Multi-Ethnic

36060 Fremont Blvd., Fremont 510-936-1423 www.gracechurchfremont.org

Great Exchange Covenant Church Fremont (GRX)

Sunday Services at Cabello Elementary School 4500 Cabello St., Union City www.grxfremont.org

Hayward First Church of the 26221 Gading Rd., Hayward

Hillside Alliance Church 944 Central Blvd. Hayward (510) 889-1501 www.hillsidealliance.org

510-732-0777

Hope Lighthouse Foursquare church

36883 Niles Blvd., Fremont 510-796-0730

InRoads Christian Church

3111 Washington Blvd., Fremont

510-657-0251 www.inroadschurch.com **Jyoti Fellowship church**

Located in First Church of the Nazarene 26221 Gading Rd., Hayward 510-427-0491

Liberty Church International

408-262-0506

Veteran's Bldg., 37154 Second St. (Fremont Niles) 510-324-1400 www.libertyvision.org

Mount Olive Ministries 1989 E. Calaveras Blvd., Milpitas

www.mt-olive.org **New Covenant Evangelistic**

Christian Center 3801 Smith St., Union City

510-487-0886 **New Life Community Church** 39370 Civic Center Dr. #119

Fremont 510-432-9250 www.newlifeeastbay.org

New Life Christian Fellowship 22360 Redwood Road Castro Valley, 510-582-2261 www.newlifebayarea.org

New Life Church 4130 Technology Pl., Fremont

510-657-9191 Newlifechurchofsf.org

42776 Albrae St., Fremont

www.ourfathershousefremont.org

510-796-1117

Our Father's House

Resonate Church at the Fremont Adult School 4700 Calaveras Ave., Fremont 510-226-2800 www.resonatemovement.org

ROADMAP FELLOWSHIP International

'A' St., Hayward 510-574-5663 San Lorenzo Japanese

Best Western Plus Inn 360 W.

Christian Church 615 Lewelling Blvd.,

San Leandro

510-791-7625

510-483-9455 www.slzjcc.org Solid Rock Church of God In

www.solidrockcogic.org Tree of Life. Lord's Harvest

5970 Thornton Ave., Newark

Christian Church 4140 Peralta Blvd., Fremont 510-739-6133

www.living-tree.org

WORD OF LIFE - A Foursquare

1675 Graham Ave., Newark

510-754-9438

CHRISTIAN (ESPANOL) Arbol de Vida

4140 Peralta Blvd., Fremont 510-790-2140

Iglesia Apostolica de Union 33700 Alvarado Niles Rd.,

Union City 510-489-0687 www.ucapostolic.org Iglesia Bautista Mission Peak

41354 Roberts Ave., Fremont

www.missionpeakbaptist.org Iglesia Biblica El Faro

510-656-5311

280 Mowry Ave., Fremont Estudio Bíblico 510-585-1701 lbfchurch.org

Ministerios Cosecha "Fuente de Vida" 4360 Central Ave., Fremont

(510) 573-1800 mcofremont@yahoo.com Mision Hispana Esperanza Viva

4673 Thornton Ave. Suite P,

510-754-5618 www.esperanzaviva.org

Fremont

Church of Christ of Fremont

4300 Hansen Ave. Fremont

510-797-3695

www.fremontchurchofchrist.org Whoever Drinks Of The Water

That I Will Give Him

Shall Never Thirst; But The Water That I Will Give Him Will Become In Him

A Well Of Water Springing Up To Eternal Life

John 4:14

AA Meetings Every Tues and Thurs Evenings 7:30-9:30pm

In Spanish In the Fellowship Hall

Services

Sunday: 10:45am and 6pm Wednesday: 7:30pm

CHRISTIAN FILIPINO

Christian Fellowship International Church

(Meets in the Park Victoria Baptist Church bldg.) 875 S. Park Victoria Dr., Milpitas 408-386-2215 http://cficmilpitas.multiply.com/

Church Building) 220 S. Main St., Milpitas 650-834-3776

Ministries International

(Meets at Spring Valley Bible

Christ's Chosen Vessel

Light By The Mountain Church 606 H St., Union City

510-378-0159

Word International Ministries 35501 Cedar Blvd., Newark

510-366-5995 www.wordinternational.com

INDONESIAN Graceful Christian Community

CHRISTIAN

At Immanuel Presbyterian Church 4333 Hansen Ave., Fremont 510-792-1831

www.gracefulcommunity.org

Fellowship 2603 Quail Ct., Union City 510-475-5377

Adonai Indonesian Christian

CHRISTIAN CHURCH (DISCIPLES OF CHRIST)

Niles Discovery Church 255 H St., Fremont 510-797-0895

nilesdiscoverychurch.org

CHRISTIAN REFORMED

510-782-6010 ccchayward@sbcglobal.net

25927 Kay Ave., Hayward

Christ's Community Church

St. James Episcopal Church 37051 Cabrillo Terr., Fremont

510-797-1492 www.saintj.com

Holy Cross Episcopal Church

EPISCOPAL

Castro Valley 510 - 889-7233 www.holycrosscv.org

<u>Evangelical</u>

COVENANT

Heyer and Center St.,

South Bay Community Church

47385 Warm Springs Blvd., 510-490-9500 www.sobcc.org

EVANGELICAL FREE

CHURCH

OF AMERICA

Newark Community Church

37590 Sycamore St., Newark 510-796-7729

www.newarkcommunitychurch.org

Asian Indian Church Ministries

Meet at Newark Community Church 510-795-7770 www.asianindianchurchministries.org

HINDU TEMPLE

Paramahamsa Nithyananda **Meditation - Sundays**

451 Los Coches St., Milpitas 510-813 6474 www.LifeBliss.org

Shree Swaminarayan Temple 35471 Dumbarton Ct., Newark 510-473-ISSO (4776) http://www.swaminarayan.info/

Shreemaya Krishnadham

25 Corning Ave., Milpitas

408-586-0006 www.bayvp.org

Vedic Dharma Samaj Hindu Temple and Cultural Center

3676 Delaware Dr., Fremont 510-659-0655 www.fremonttemple.org

<u>**IEWISH**</u>

Chabad of Fremont Jewish Center

www.chabadfremont.com 510-300-4090

Congregation Shir Ami 4529 Malabar Ave.,

Castro Valley 510-537-1787 www.congshirami.org

Temple Beth Torah

42000 Paseo Padre Pkwy., Fremont 510-656-7141 www.bethtorah-fremont.org

KOREAN

NC HAN MA EUM KOREAN **CHURCH**

4500 Thornton Ave., Fremont 510-661-9079 www.j-church.org

LDS (Mormon)

Bayside Ward

36400 Haley St., Newark 510-796-0914

Centerville Ward

38134 Temple Way, Fremont 510-797-1200

Central Park Ward

820 Walnut Ave., Fremont

510-795-6658

Fremont (Deaf) Branch 820 Walnut Ave., Fremont

Glenmoor Ward

38134 Temple Way, Fremont 510-793-8060

Irvington Ward

510-656-8754 510-656-7522 (Foyers)

Mission Peak Ward (English and Chinese)

48851 Green Valley Rd., Fremont 510-657-2156 510-623-7496 (Foyer)

Newark (Spanish) Branch

36400 Haley St., Newark

LUTHERAN

Chinese Mission of Hope

Evangelical-Lutheran Church 3800 Beard Rd, Fremont 510-938-0505

http://www.hopelutheranfremont.org/zh.html

Calvary Lutheran Church & School (Behind Wendy's)

17200 Via Magdalena, San Lorenzo 510-278-2555 Sch 278-2598 www.calvaryslz.com

Christ the King Lutheran Church

1301 Mowry Ave., Fremont 510-797-3724 www.Ctkfremont.org

Epiphany Lutheran Church

16248 Carolyn St., San Leandro 510-278-5133 www.eastbayepiphany.org

Good Shepherd Lutheran

166 W. Harder Rd., Hayward Iglesia Luterana "El Buen Pastor" 510-782-0872 www.gslchayward.org

Good Shepherd South Asian Ministry

4211 Carol Ave., Fremont 510-656-0900 www.gssam.org

Grace Lutheran Church LCMS 1836 B St., Hayward

510-581-6620

Holy Redeemer Lutheran Church

35660 Cedar Blvd., Newark 510-793-1911 office@hrlc-newark.org

Holy Trinity Lutheran Church 38801 Blacow Rd., Fremont

510-793-6285 www.holytrinityfremont.org

Hope Lutheran Church

3800 Beard Rd., Fremont 510-793-8691 http://hopelutheranfremont.org/

Memorial Lutheran Chapel for the Deaf

874 Washington Blvd., Fremont 510-276-3860

Messiah Lutheran Church

25400 Hesperian Blvd., Hayward WWW.messiahhayward.org 510-782-6727

Oromo Christ Evangelical Lutheran Church

100 Hacienda Ave., San Lorenzo 510-276-7980 ollibuse@yahoo.com

Our Savior Church & Preschool

858 Washington Blvd., Fremont

510-657-3191 www.oslfremont.com **Prince of Peace Lutheran**

Church/School

38451 Fremont Blvd., Fremont 510-793-3366 www.popfremont.org

St. Steven Lutheran Church

Meets at Grace Lutheran Church 1836 B. St., Hayward 510-581-6637 www.ststephenclc.org

METHODIST

African Methodist Episcopal

Church 201 E St., Union City

510-489-7067 www.tricityame.org

First Chinese United

Methodist Church

2856 Washington Blvd. Fremont (510) 490 - 0696 www.chinesemethodist.org

First United Methodist Church

1183 B St., Hayward

First United Methodist Church

2950 Washington Blvd, Fremont 510-490-0200 www.fremont-methodist.org

South Hayward UMC

628 Schafer Rd., Hayward (510) 780-9599 www. South Hayward UMC. or q

St. Paul United Methodist

33350 Peace Terr., Fremont 510-429-3990 www.stpaulumcfremont.org

VICTORY CENTER A.M.E. ZION CHURCH

33450 Ninth Street- Union City 510-429-8700

MUSLIM

Islamic Society of East Bay 33330 Peace Terr., Fremont 510-429-4732 www.iseb.org

Al-Medinah Educational Center: Masjid & School 5445 Central Ave., Newark

Non **DENOMINATIONAL**

Cathedral of Faith-Milpitas

Service held at: **Curtner Elementary School** 275 Redwood Ave., Milpitas www.cathedraloffaith.org

Central Church of Christ

38069 Martha Avenue, #100 Fremont 510-792-2858

Crossroads Church

41386 Fremont Blvd., Fremont 510-651-0301 www.crossroadsfremont.org

Fremont Community Church

39700 Mission Blvd., Fremont (510) 657-0123 www.gofcc.org

Grace Church Fremont

36060 Fremont Blvd., Fremont 510-936-1423 www.gracechurchfremont.org

Heavenly Christ's Church (Meets in Calvary Lutheran Church)

17200 Via Magdalena San Lorenzo 510-303-5592

Mission Springs Community Church

48989 Milmont Dr., Fremont 510-490-0446 www.msccfremont.org

Morning Star Church

36120 Ruschin Dr., Newark 510-676-1453 www.msconline.org

New Birth Christian

Ministry Center 3565 Arden Rd., Hayward 510-782-1937

New Seed of Faith Ministry

36600 Niles Blvd., Fremont www.nsofm.com 510 612-4832

Revelation Christian

Fellowship 1670 Orchard Ave., San Leandro 510-352-4707 www.revelationcf.org

True Iesus Church

1190 Davis St., San Leandro 510-522-2125 www.tjc.org

Victory Outreach Fremont

40086 Paseo Padre Pkwy., Fremont 510-683-4660 info@vofremont.org

ORTHODOX **CHRISTIAN**

St. Christina Orthodox Church

3612 Peralta Ave., Fremont 510-739-0908

www.stchristinaorthodox.org PENTECOSTAL

Glad Tidings Church of God in Christ

27689 Tyrrell Ave., Hayward 510-783-9377 www.gladtidingscogic.com

Union City Apostolic Church

33700 Alvarado Niles Rd., **Union City** 510-489-0687 www.ucapostolic.org

Presbyterian

Centerville Presbyterian Church

4360 Central Ave., Fremont 510-793-3575 www.cpcfremont.org

First Presbyterian Church of Hayward

2490 Grove Way, Castro Valley (510) 581-6203 http://firstpreshayward.com

First Presbyterian Church of Newark

35450 Newark Blvd., Newark 510-797-8811 www.newarkpres.org

First Presbyterian Church San Leandro

180 Estudillo Ave., San Leandro 510-483-2772 FPCSanLeandro.org

Immanuel Presbyterian Church of Fremont

4333 Hansen Ave., Fremont 510-494-8020 www.ipcf.net

Church 4181 Irvington Ave. (corner

Irvington Presbyterian

Chapel & Irvington), Fremont 510-657-3133 **New Bridges Presbyterian**

Church 26236 Adrian Ave., Hayward

510-786-9333 newbridgespresby@gmail.com

REFORMED CHURCH

IN AMERICA

New Hope Community Church 2190 Peralta Blvd., Fremont 510-739-0430

www.newhopefremont.org

RELIGIOUS SCIENCE Center For Spiritual Living-

40155 Blacow Rd., Fremont 510-656-9955

www.CSL-Fremont.org

SALVATION ARMY **Hayward Citadel Corps**

430 A St., Hayward

510-581 - 6444 The Tri-Cities Corps

36700 Newark Blvd., Newark 510-793-6319 **Korean Congregation Army**

36700 Newark Blvd., Newark

510 - 793 - 6319

SEVENTH DAY **ADVENTIST**

Community Seventh-Day

Church 606 H St., Union City 510-429-8446 www.unioncity22.adventistchurchconnect.org/

East Bay Fil-Am Seventh Day **Adventist Church**

32441 Pulaski Dr., Hayward 510-324-1597

Fremont Chinese Seventh-Day

Adventist Church 1301 Mowry, Fremont

415-585-4440 or 408-616-9535 **Milpitas Adventist Center** 1991 Landess Ave., Milpitas

408 726-5331 www.milpitas.netadventist.org

SIKHISM

Fremont Gurdwara

300 Gurdwara Rd., Fremont 510-790-0177 www.fremontgurdwara.org

UNITARIAN

Mission Peak Unitarian Universalist Congregation

(meets at FUMC's Cole Hall) 2950 Washington Blvd., Fremont 510-252-1477 http://www.missionpeakuu.org/

UNITED CHURCH OF CHRIST

Eden United Church of Christ

21455 Birch St. @ Grove Way, Hayward 510-582-9533 www.edenucc.com

Church of Christ 4587 Peralta Blvd., Fremont 510-797-8408

Filipino American United

filamucc@sbcglobal.net Filipino-American Evangelical UCC Meets at: Fremont Community

Center

Fremont

510-487-3891

510-797-0895

www.nccucc.org

www.faeucc.org

40204 Paseo Padre Parkway,

Fremont Congregational Church 38255 Blacow Rd., Fremont 510-793-3970

Niles Discovery Church 255 H St., Fremont

www.fremontucc.net

San Lorenzo Community 945 Paseo Grande, San Lorenzo

510-276-4808 **The Little Brown Church**

141 Kilkare Rd., Sunol 925-862-2004 www.littlebrownchurchofsunol.org

United Church of Havward

(510) 471-4452 www.haywarducc.org

UNITY CHURCH

30540 Mission Blvd.

Havward

Unity of Fremont 36600 Niles Blvd., Fremont (in the future home of Niles Discovery Church 510-797-5234 www.unityoffremont.org

VIETNAMESE

CHRISTIAN CHURCH

Vietnamese Christian & Missionary Alliance Church 38325 Cedar Blvd., Newark 510-623-9063

www.htnewark.org

Taize: prayer and song for the suffering

SUBMITTED BY SR. MARCIA KRAUSE, OP

Open to all faiths, Taize is an opportunity to express our communion with those who are suffering and to commit all burdens to Christ who partakes in the suffering of humanity until the end of time. This prayer and song around the Cross is held in the Chapel of the Mission San Jose Dominicans every third Friday of the month at 8 p.m. - 9 p.m. In a spirit of peace and reconciliation, MSJ Dominican Taizé service is attended by people of all ages. Join us on Friday, February 15. For more information, please contact Sr. Marcia Krause, OP.

Taize Friday, Feb 15 8 p.m. Dominican Sisters at Mission San Jose Chapel 43326 Mission Blvd, Fremont

(510) 933-6333

US Half Dome cables to remain, hikers limited

By Tracie Cone ASSOCIATED PRESS

YOSEMITE NATIONAL PARK, California (AP), Jan 04 – Climbing Yosemite's Half Dome is one of the U.S. national park system's most iconic hikes, but fewer people are going to be able to scale the granite monolith.

The National Park Service on Friday announced approval of a plan to permanently limit the number of hikers who can tackle Half Dome to 400 a day. That is the same maximum number of daily hiking permits Yosemite officials have issued since 2010 under an interim plan that was put into place to reduce congestion and

make the steep trek safer. The park also decided to keep in place the metal cables that hikers can use on the 45degree final ascent up the slick granite.

Over the past decade, up to 1,200 hikers a day had crowded the route.

FREE AIRPLANE RIDES

FOR KIDS AGES 8-17

Young Eagles

Hayward Airport

various Saturdays

www.vaa29.org

Please call with questions

(510) 703-1466

American Legion

Auxiliary

We meet the third Tuesday of

every month

at 7pm

Niles Veterans Building

37154 2nd Street, Fremont

susan.peters251@yahoo.com

510656-6848

Become the speaker

& leader you want to be

Citizens for Better

Communicators (CBC)

Toastmasters

Guests and Visitors welcome

Saturdays 10:15am

Unitek College Room 141

4580 Auto Mall Pkwy., Fremont

510-862-0893

Mission Trails Mustangs

Mustang & Ford Enthusiasts

Meets 1st Fri of the Month 7pm

at Suju's (Winter)

3602 Thornton, Fremont

missiontrailsmustang.org

or call510-493-1559

We do Car Shows & other social

activities monthly

SAVE (Safe Alternatives to

Violent Environments)

FREE Restraining Order

Clinic (Domestic Violence)

Mon @ San Leandro PD 9am-Noon

Tues @ Hayward PD 1-4 pm

Wed @ SAVE's Office 9am-1pm

Office (510) 574-2250

24/7 Hotline (510) 794-6055

www.save-dv.org

youngeagles29@aol.com

COMMUNITY BULLETIN BOARD

Rotary Club of Niles

We meet Thursdays at 12:15 p.m. Washington Hospital West 2500 Mowry Ave. Conrad Anderson Auditorium, Fremont www.nilesrotary.org (510) 739-1000

Rotary Club Mission San Jose

Fridays at 12:15 p.m. Papillon Restaurant 37296 Mission Blvd. Fremont (510) 656-5056 Visit our club. See why we joined for business & fellowship and stayed to change the world. We welcome new members

Kennedy High School Flea Market

First Saturday Every Month **Except January** 8 a.m. – 4 p.m. All Spaces \$20 For more info call 510-657-4070 x27150 bsterling@fremont.k12.ca.us 39999 Blacow Rd., Fremont

Fremont Cribbage Club

teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email:cribbagegr43@yahoo.com Or call Tracy (510) 793-6472 American Cribbage Congress www.cribbage.org

Natural Path Meditation Classes

Learn the practice of meditation. All instruction is free. We have an introductory talk every 2nd Sunday of every month 10am 585 Mowry Ave Fremont Call: Gyan 408-306-7661 www.meetup.com/NaturalPath-Bayarea/

Celebrate Recovery

Free yourself from any hurt, hang-up or habit Join us at 33450 9th Street **Union City** Thursdays, 7pm - 9pm or call anytime 510-586-5747 or 510-520-2769

DONATE YOUR COMPUTERS

Pounds Sensibly Real People! **Real Weight Loss!** Wednesday Nights 6:30 - 8:00

T.O.P.S. Weight

Support Group Take Off

27303 Sleepy Hollow Ave S Kaiser Building 1st Floor Hayward RLTOPS0336@yahoo.com 207-651-0565

DONATE YOUR CELL PHONES

Help Eliminate Hunger & Food Insecurity Your donation is tax deductible Tri-City Volunteers 37350 Joseph Street, Fremont Mon-Fri 8:30 AM - 4:00 PM Closed 12 PM - 1PM Questions Call 1-888-802-8207 tri-cityvolunteers.org

Little Lamb Preschool Open House

Saturday, March 16, 2013 Drop-In between 1-4pm Free Ice Cream Meet the Teachers Visit the Classrooms Registration Info Available www.littlelambpreschoolfremont.org

FREE Taxes Done & **E-Filing WHY PAY**

Let VITA do your taxes! IRS-certified Tax Preparers \$51,000 or less income. Restrictions may apply Union City Library 34007 Alvarado-Niles, Union City Saturdays Only 12p-4p Open Feb 2 - Mar 16, 2013 More Info 510-574-2020

The League of Women Voters invites you to visit our website at

www.lwvfnuc.org You'll find valuable information about your community & voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are nonpartisan & free to the public

FREE FILMS AND **PUBLIC DISCUSSIONS**

Screenings on the Second Saturday of each month except August 1:30pm, Niles Discovery Church 255 H Steet at 3rd 510-797-0895 www.TriCityPerspectives.org

Having trouble controlling the way you eat?

Today there is a solution. Food Addicts in **Recovery Anonymous** Mondays, 7:00 - 8:30 PM Centerville Presbyterian Church, Room E-204 4360 Central Ave., Fremont Teri M. 510-757-8214 www.foodaddicts.org

Is Food a Problem for You? **Overeaters Anonymous**

NO dues - NO fees - NO diets Monday 7:00 p.m. - 8:15 p.m. St. James Episcopal Church 37051 Cabrillo Ter, Fremont Saturday 10:30 a.m. - Noon 1st Presbyterian Church 35450 Newark Blvd, Newark southernalamedacountyoa.org

SAVE (Safe Alternatives to Violent Environments) Domestic Violence Support

Group (Drop In & FREE) Tue & Thur 7 pm – 9 pm Fri 9:15 am – 11 am 1900 Mowry, 4th Fl. Fremont Office (510) 574-2250 24/7 Hotline (510) 794-6055 www.save-dv.org

Mission San Jose High Booster Club

Pasta & Crab Feed Saturday, March 9, 6-10pm **Newark Pavilion** 6430 Thornton Ave., Newark \$45 Proceeds benefit MSJHS Athletics, Spirit, Performing & Visual Arts programs msihscrabfeed@hotmail.com

Help Eliminate Hunger & Food Insecurity Your donation is tax deductible **Tri-City Volunteers** 37350 Joseph Street, Fremont Mon-Fri 8:30 AM - 4:00 PM Closed 12 PM - 1PM Questions Call 1-888-802-8207 tri-cityvolunteers.org

Learn to Create & Design **Web Pages at Ohlone** College Enroll in CS 162: XHTML

This class starts Wed. 1/30/13 in Fremont camput, room HH-117, 6:30-9:30pm Contact Prof Rick: 510-402-8318 profricka@gmail.com https://webadvisor.ohlone.edu

FREE Taxes Done & **E-Filing WHY PAY**

Let VITA do your taxes! IRS-certified Tax Preparers \$51,000 or less income. Restrictions may apply Fremont Family Resource Ctr 39155 Liberty St., Fremont M-W 4p-8p F 10a-1p Open Jan 23-April 15 2013 More Info 510-574-2020

FREE Taxes Done & **E-Filing WHY PAY**

Let VITA do your taxes! IRS-certified Tax Preparers \$51,000 or less income. Restrictions may apply Newark Library 6300 Civic Terrace Ave., Newark Saturdays Only 10a-2p Open Feb 2 - Mar 16, 2013 More Info 510-574-2020

10 lines/\$10/ 10 Weeks **\$50/Year**

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

Activities Announcements For sale **Garage sales Group meetings Lost and found**

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every Friday in the TCV printed version and continuously online.

TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (nonprofit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

Are You Troubled By Someone's **Drinking? Al-Anon and Alateen** are here to help.

Al-Anon has but one purpose: to help families of alcoholics. We share our experience, strength, and hope. www.ncwsa.org for a meeting near you, or call (510) 276-2270, or email Easyduz@gmail.com.

Serious Mental Illness

Free 12 week course for caregivers of someone with a serious mental illness starting Mar 7, 2013 from 6:30-8:30pm in Union City. Registration required. Contact: Barb St. Clair 415-879-0399 or Email Stclair.barb@gmail.com NAMlacs.org/F2F/mar2013

Purim is coming! Celebrate at **Temple Beth Torah!**

Services & programs for all ages. Family Shabbat Services 2/8, Purim Services 2/23 & Purim Carnival 2/24 We welcome you to explore our inclusive Reform community. 510-656-7141 or visit www.bethtorah-fremont.org

Highest \$:

Lowest \$:

ADDRESS

18780 Dubin Court

5904 Via Lugano

18096 Lamson Road

First United Methodist Church Music Series

Free concerts the first Sunday each month, 4pm. 30 minute organ & piano recitals & occasional guest artists. Free-will offering opportunity to benefit local charities. First United Methodist Church 2950 Washington Blvd., Fremont

420,000

490,000

1956 12-28-12

1955 12-27-12

HOME SALES REPORT

CASTRO VALLEY | TOTAL SALES: 08

Median \$:

Average \$

495,000 3 2142

613,000 5 2250

SQFT

SOLD FOR BDS

785,000

322,000

94546

94546

10000 Edinoon Hodd	0 10 10	010,000	0	LLOO	1000 12 27 12
2255 Lessley Avenue	94546	380,000	3	1773	1948 12-27-12
2254 Lobert Street	94546	322,000	3	1263	1982 12-28-12
4777 Noree Court	94546	500,000	4	2125	1971 12-28-12
19577 San Miguel Avenue	94546	405,000	3	1014	1950 12-28-12
3227 Somerset Avenue	94546	785,000	8	3549	1988 12-28-12
19955 Zeno Street	94546	420,000	3	1358	1964 12-27-12
FR	EMONT	TOTAL S	ALES	: 29	
Highest \$:	1,200,000	Me	dian §	3.	486,000
Lowest \$:	250,000		erage		528,517
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT CLOSED
2197 Archer Avenue	94536	400,000	3	1232	1963 12-26-12
1114 Bonner Avenue	94536	660,000	4	1585	1963 12-27-12
5285 Brophy Drive	94536	480,000	3	1472	1964 12-27-12
928 Cherry Glen Circle #118	94536	326,000	2	724	1987 12-27-12
38627 Cherry Lane #84	94536	305,000	3	1101	1974 12-27-12
38698 Country Terrace	94536	265,000	2	928	1979 12-26-12
38090 Edward Avenue	94536	425,000	4	1647	1973 12-28-12
38512 Gary Lee King Terrace	94536	612,000	-	-	- 12-28-12
36260 Gibraltar Court	94536	550,000	4	2330	1965 12-28-12
1409 Gilbert Avenue	94536	610,000	3	1421	1977 12-27-12
35477 Tampico Road	94536	665,000	4	1830	1974 12-26-12
3642 Franklin Avenue	94538	310,000	3	1151	1958 12-28-12
5502 Hughes Place	94538	486,000	3	1256	1966 12-24-12
4473 Ladner Street	94538	410,000	3	1207	1955 12-28-12
4331 Westerly Common	94538	515,000	4	1568	2007 12-28-12
46892 Fernald Common #13	94539	325,000	2	937	1978 12-28-12
47669 Mardis Street	94539	778,000	3	1437	1961 12-24-12
91 Meadows Court	94539	1,200,000	5	3238	1999 12-24-12
686 Optimo Avenue	94539	1,088,000	4	1414	1986 12-27-12
43896 Paso Pino Common	94539	710,000	-	-	- 12-26-12
33878 Gannet Terrace	94555	497,000	4	1857	1987 12-27-12
33195 Lake Champlain Street		250,000	2	880	1969 12-28-12
33295 Sandpiper Place	94555	645,000	4	1871	1979 12-27-12
32858 Shaver Lake Street	94555	440,000	-	1871	1976 12-28-12
5894 Via Lugano	94555	319,000	3	1481	2007 12-28-12
5896 Via Lugano	94555	436,500	2	1231	2007 12-28-12
5898 Via Lugano	94555	558,500	3	1387	2007 12-27-12
5900 Via Lugano	94555	617,500	3	1387	2007 12-27-12

HAYWARD | TOTAL SALES: 34 670,000 Median \$: 245,000 Highest \$: Lowest \$: 120,000 Average \$: 300.515 ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED 24315 2nd Street 94541 572,000 5 3140 1926 12-27-12 22741 Atherton Street 94541 230,000 3 1224 1997 12-27-12 1318 B Street #102 94541 120,000 2 989 1984 12-28-12 658 MacAbee Way 94541 411.000 - 12-24-12 434 Oxford Street 94541 262,000 3 1763 1951 12-28-12

443,500 3

1481

2007 12-26-12

94555

FREE Adult Reading and Writing Classes are offered at the Alameda County Library

Tell A Friend Call Rachel Parra 510 745-1480

HOME SALES REPORT

22281 Prospect Street	94541	245,000	3	1438	1920 12-28-12
23227 Reed Way	94541	210,000	3	1359	1956 12-27-12
18017 Silverado Road	94541	171,000	2	1270	1973 12-24-12
1734 Sumner Place	94541	139,000	2	1020	1992 12-24-12
17534 Tallac Way	94541	340,000	3	1356	1951 12-28-12
765 Willis Avenue	94541	210,000	7	2465	1945 12-26-12
1143 Roxanne Avenue	94542	230,000	3	1187	1949 12-27-12
3619 Seabreeze Court	94542	490,000	4	1792	1974 12-28-12
2707 Tribune Avenue	94542	331,000	2	1005	1955 12-24-12
25700 University Court #109	94542	210,000	3	1375	1981 12-28-12
748 Berry Avenue	94544	435,000	-	2620	- 12-26-12
24388 Broadmore Avenue	94544	225,000	3	1152	1955 12-26-12
315 Brooktree Court	94544	640,000	5	2471	1999 12-26-12
705 Canonbury Way #183	94544	125,000	2	900	1988 12-28-12
590 Cottage Park Drive	94544	330,000	3	1828	2007 12-28-12
232 Edwin Way	94544	338,000	3	1093	1982 12-28-12
1504 Folsom Avenue	94544	218,000	3	1000	1956 12-26-12
301 Lexington Avenue	94544	350,000	4	1241	1951 12-27-12
26590 Sunvale Court	94544	140,000	3	1200	1985 12-27-12
27505 Tampa Avenue #3	94544	142,000	2	910	1981 12-24-12
209 Virginia Street	94544	368,000	3	1370	1952 12-27-12
1118 Westwood Street	94544	265,000	3	1053	1952 12-28-12
26190 Adrian Avenue	94545	335,000	3	1244	1960 12-28-12
2613 Arf Avenue	94545	161,000	2	936	1971 12-24-12
28622 Bay Port Court	94545	670,000	3	2196	2007 12-24-12
28635 Bay Port Court	94545	577,000	4	2134	2007 12-24-12
25055 Copa Del Oro Drive #1	0494545	162,500	2	958	1986 12-26-12
1786 Eugenia Avenue	94545	390,000	3	1272	1963 12-28-12
21445 Gary Drive #1	94546	175,000	2	936	1961 12-28-12
M	ILPITAS I	TOTAL SA	II ES	: 05	

Highest \$: Lowest \$:	530,000 215,000		dian \$ erage \$		395,000 379,800
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT CLOSED
457 Dixon Road	95035	395,000	4	1133	1960 01-09-13
1802 Findley Drive	95035	530,000	4	1850	1960 01-11-13
347 Imagination Place	95035	215,000	2	1012	2000 01-11-13
373 Junipero Drive #2	95035	284,000	2	882	1971 01-14-13
1858 Snell Place	95035	475,000	3	1253	2010 01-11-13
N	IEWARK	TOTAL SA	ALES:	02	
Highest \$:	381,000	Me	dian \$:	260,000

260,000

39865 Cedar Boulevard #129 94560

1092 Devonshire Avenue

Average \$:

1071

1478

SOLD FOR BDS SQFT

260.000 2

BUILT CLOSED

1986 12-28-12

1950 12-28-12

6364 Jarvis Avenue	94560	381,000	2	1392	1987 12-24-12
SAN	LEANDRO	A TOTAL	LSAL	ES: 14	
Highest \$: Lowest \$:	700,000 175,000		dian \$ erage \$		367,000 383,786
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT CLOSED
1876 Benedict Drive	94577	455,000	3	1731	1955 12-24-12
706 Biltmore Street	94577	481,000	6	2814	2004 12-28-12
939 Collier Drive	94577	490,000	2	1422	1947 12-28-12
1501 Darius Court	94577	700,000	5	4895	2007 12-28-12
198 Dutton Avenue	94577	350,000	3	3931	1920 12-28-12
777 Frederick Road	94577	367,000	3	1446	1942 12-27-12
33 Georgia Way	94577	350,000	2	1637	1941 12-24-12
1590 Leonard Drive	94577	363,000	3	1300	1953 12-28-12
13040 Neptune Drive	94577	395,000	3	1048	1943 12-27-12
555 Pala Avenue	94577	180,000	3	1953	1955 12-26-12
1361 Sandelin Avenue	94577	378,000	2	1524	1961 12-28-12
1660 Virginia Street	94577	271,000	2	1365	1942 12-28-12
1305 144th Avenue	94578	175,000	2	810	1913 12-24-12

SA	SAN LORENZO TOTAL SALES: 04						
Highest \$ Lowest \$			dian \$ erage		275,000 326,625		
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
560 Crespi Place	94580	270,000	4	1814	2003	12-28-12	
60 Via Morella	94580	411,500	4	1757	1951	12-28-12	
15831 Via Rivera	94580	275,000	3	1462	1946	12-28-12	
16119 Yale Avenue	94580	350,000	3	1188	1951	12-28-12	

	UNI	ON CITY	TOTAL	SALE	S: 13		
	Highest \$:	810,000		dian \$		475,000	
	Lowest \$:	180,000	Ave	erage	\$:	479,000	
ADDI	RESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
4238	3 Apollo Circle	94587	180,000	2	856	1970	12-27-12
4109	Asimuth Circle	94587	200,000	3	1280	1974	12-27-12
2509	Begonia Street	94587	505,000	4	1544	1971	12-28-12
733	Butternut Court	94587	382,000	4	1851	1958	12-28-12
5835	6 Carmel Way	94587	743,000	5	2509	1999	12-24-12
3597	78 Copper Street	94587	670,000	5	3162	2005	12-28-12
5200) Del Mar Court	94587	810,000	5	2534	1999	12-26-12
2589	Lambert Court	94587	475,000	3	1813	1969	12-28-12
2532	Robin Court	94587	400,000	4	1436	1979	12-28-12
2462	Royal Ann Drive	94587	455,000	4	1910	1975	12-27-12
3310) San Carlos Way	94587	490,000	-	-	-	12-27-12
3474	17 Sandburg Court	94587	627,000	4	1997	2000	12-24-12
2653	3 Teal Lane #7	94587	290,000	2	1200	1983	12-28-12

continued from page 12

Dell's \$24.4B deal opposed by major stockholder

Michael Dell, who founded the business in his University of Texas dorm room in 1984. Michael Dell is contributing about \$4.5 billion in stock and cash to help pay for the deal. The rest of the money would be supplied by the investment firm Silver Lake, loans from Microsoft Corp. and a litany of banks. The loans will burden Dell with debts that could leave the company with less money to invest in innovation and acquisitions.

Hawkins derided the price of the proposed sale as ``woefully inadequate" and laid out a scenario that values Dell at \$23.72 per share, or about \$42 billion. The per-share amount mirrors Dell's stock price six years ago, when Michael Dell returned for a second go-round as the company's CEO.

The company, based in Round Rock, Texas, has previously said that Michael Dell recused himself from all discussions about the proposed deal to take the company private. The board has also said it explored a wide range of alternatives before agreeing to sell the company for \$24.4 billion – a price 80 percent below Dell's top market value of more than \$150 billion at the peak of the dot-com boom 13 years ago.

Anticipating possible secondguessing, the board is allowing 45 days for other potential bidders to emerge.

Hawkins is worried other suitors will be discouraged from bidding because Michael Dell already has lined up a deal to buy the company for what Southeastern believes to be a steep discount.

The transaction that Michael Dell and Silver Lake negotiated "clearly represents an opportunistically timed bid to take the company private at a valuation far below Dell's intrinsic value, and deprives public shareholders of the ability to participate in the company's substantial future value creation," Hawkins wrote.

Michael Dell and Silver Lake contend the company will be in a better position to overhaul its operations as a privately held company. That's because Dell would be able to make dramatic changes without having to worry about Wall Street's fixation on whether earnings and revenue are growing from one quarter to the next.

The proposed sale at \$13.65 per share is 25 percent above where Dell's stock stood last month, before word of the buyout negotiations leaked out in the media. Dell's stock has plunged during the past year as PC sales have slumped amid the technological upheaval caused by the growing popularity of smartphones and tablet computers.

Dell's shares rose 10 cents Friday to close at \$13.63.

Michael Dell has been trying to wean his company from PCs by expanding sales of technology consulting services, business software and higher-end computers. As part of that process, Hawkins pointed out that Dell has spent \$13.7 billion, or the equivalent of \$7.58 per share, on acquisitions since Michael Dell returned as the company's CEO in January 2007. Dell hasn't taken any charges to reflect that the acquisitions have diminished in value.

In his letter Hawkins laid out his rationale for valuing the company's PC business at \$2.78 per share and other product lines at a combined \$13.36 per share.

Instead of sticking with the current deal, Dell's board should consider an alternative that would give existing shareholders a stake in a restructured company that would still be led by Michael Dell, Hawkins wrote.

Messages left with Southeastern for comment weren't immediately returned.

The 38-year-old firm, which is based in Memphis, Tennessee, manages about \$33 billion in assets. In a regulatory filing Friday, Southeastern said it had spent about \$2.28 billion to accumulate more than 147 million shares of Dell. That means Southeastern would lose about \$270 million on its Dell holdings if the company is sold at \$13.65 per share.

Newark Police Log

SUBMITTED BY NEWARK PD

January 29

Officer Sandoval arrested Genaro Munguia of Newark after he investigated a Hit and Run collision in the 35100 block of Newark Blvd. Genaro fled in his vehicle, but was later located and detained by Officer Mavrakis and Officer Kovach near McDonalds Restaurant. Enois Martinez Diaz of Newark was also contacted and they were both arrested for drunk in public. Genaro and Martinez were booked into Fremont Jail without incident.

At 12:05 a.m., Officer Mavrakis arrested Christopher Howell of Newark) for DUI. Officer Mavrakis was contacted by citizens in the parking lot of Gubera's Bar who were concerned about Christopher trying to drive his vehicle because of his intoxicated condition. Officer Mavrakis spoke to Christopher and advised him to call a cab or walk to his house on Ramsgate Dr. Christopher agreed saying it was the safe thing to do. Approximately 30 minutes later a caller reported Christopher had returned and was now leaving in his vehicle. Officer Mavrakis stopped Christopher. Christopher was arrested for DUI and later released on a promise to appear.

February 4

Officer Nobbe investigated a residential burglary at a residence in the 38200 block of Cedar Blvd. at 7:05 a.m. The suspect was able to access the residence and steal tools from the garage.

Officer Eriksen handled a strong armed robbery at 8:30 a.m. which occurred at the intersection of Cedar Blvd and Joaquin Murrieta St. The victim stated she was contacted by a Black Male Adult 18-20 years of age, wearing a red shirt and black pants. The suspect ran up to the victim and grabbed her gold necklace pulling it from her neck. The victim claimed most of the gold chain broke and fell down the front of her shirt. The suspect was able to grab a small gold pendent and flee into the condominium complex.

At 10:09 a.m., Officer Eriksen handled two commercial burglaries at the New Park Mall. Taqueria La Tita had its cash register broken into and a small amount of cash taken and The Crape Bar had it break room ransacked and \$135 was taken from the tip jar. Officer Eriksen is working with mall security to retrieve CCTV video.

At 12:01 p.m., Officers responded to several calls regarding a large tan pit bull running on Cherry St at Thornton Ave chasing people. After a 45 min chase and two tranquilizer darts the dog was captured. He was transported to the vet where he was cleared and then taken to the Fremont Animal Control Facility.

Officer Kovach investigated a vehicle burglary at 5:53 p.m. that occurred during the day at the wildlife refuge. The victim vehicle suffered a window smash, the loss was a purse with its contents (including identifications) and an Apple I-Pad.

Officers responded at 6:33 p.m. to the Check Center, 5710 Thornton Ave. where Latify Maneja of Union City attempted to pass a stolen check originally reported stolen from a burglary that occurred in Turlock two weeks prior. She was arrested by Officer K. Eriksen and booked at Fremont Jail.

BERYING FRENCHT, HAYWARD, MILPTAR, NEWARK, SLINOL AND UNDN CITY 'Accurate, Fair of Hones'	39737 Paseo Padre Parkway, Fremont, CA 94538 510-494-1999 fax 510-796-2462 tricityvoice@aol.com www.tricityvoice.com						
Subscription Form PLEASE PRINT CLEARLY	12 Months for \$75Renewal - 12 months for \$50						
Date:	☐ Check ☐ Credit Card ☐ Cash						
Name:	Credit Card #:						
Address:	Card Type: Exp. Date: Zip Code:						
City, State, Zip Code:	-						
Business Name if applicable: Home Delivery	Delivery Name & Address if different from Billing:						
Phone:	-						
E-Mail:	- Authorized Signature: (Required for all forms of						

Officers responded to a residence at 9:31 p.m. in the 5300 block of Chapman Drive for a residential burglary that occurred earlier between 4:30 p.m. – 10:00 p.m. Entry was made through the kitchen window and the loss was two safes which contained jewelry. A neighbor contacted during the investigation described a Black male adult, with short/bald hair seen knocking on doors earlier in the area.

February 5

Officer Yates led officers to 6318 Cotton Avenue at 1:09 p.m. for a warrant service. Parolee-at-Large Michael McDonald of Newark locked himself inside of a bedroom and hid in the closet. McDonald refused to come out of the room after numerous K-9 announcements, officers forced entry into the bedroom. As K-9 "Eliot" was just about to enter the room, McDonald surrendered. McDonald was booked at Santa Rita Jail for resisting arrest and parole violation. Vanessa Hernandez was also arrested after she delayed the officers, helping her boyfriend hide and possession of methamphetamine.

At 6:12 p.m., Officer K. Eriksen investigated the theft of a cell phone at Red Robin (NewPark Mall).

At 1:22 a.m., Officer K. Eriksen contacted documented gang member Jesse Talavera of Newark during a pedestrian stop near Cedar Blvd. and Cedar Ct. Talavera had .22 caliber bullets in his possession which led Officer K. Eriksen to search the area Talavera came from yielding a loaded .22 caliber Walther brand handgun discarded in the brush. MCTF Detective Baswell responded to NPD, obtained a confession, and consent to search Talavera's residence. Gang indicia in the form of hats, beanies, and red bandanas were seized. Talavera was booked at Fremont PD Jail for drunk in public and possession of a loaded gun by a gang member.

Any person with any information concerning these incidents or other incidents can contact the non-emergency line at 510-578-4237. Information can also be left anonymously on the "silent witness" hotline at 510-578-4000, extension 500.

LIFE CORNERSTONES

Birth

Marriage

Special Life Events

For more information 510-494-1999 tricityvoice@aol.com

Obituaries



Josephine M. Martinez RESIDENT OF FREMONT March 19, 1919 - January 19, 2013

Ruth H. Longi

RESIDENT OF UNION CITY November 7, 1920 - February 2, 2013

> **Eileen L. Powers** RESIDENT OF FREMONT

September 29, 1927 - February 2, 2013

Eleanor M. Azevedo RESIDENT OF FREMONT

March 12, 1919 - February 4, 2013 **Ernest "Ernie" Robles**

RESIDENT OF FREMONT March 11, 1920 - February 4, 2013

Hipolita Cruz RESIDENT OF FREMONT August 5, 1929 - February 5, 2013

Nina May Roraback RESIDENT OF FREMONT

September 14, 1943 - February 5, 2013 Patricia A. Solis RESIDENT OF FREMONT

May 24, 1938 – February 8, 2013 Anna C. Woo RESIDENT OF FREMONT July 26, 1928 - February 8, 2013

Chapel of the Roses (510) 797-1900 FD1007 1940 Peralta Blvd., Fremont

Fremont Memorial Chapel (510) 793-8900 FD 1115 3723 Peralta Blvd. Fremont

CHAPEL of the ANGELS

Ardis B. Hines RESIDENT OF FREMONT August 16, 1932 - February 2, 2013

Kevin D. Ward RESIDENT OF HAYWARD August 13, 1974 - February 4, 2013

Maksym Yevsyevyev

RESIDENT OF FREMONT October 21, 1992 - February 2, 2013

Blake R. Eshelman-Chapman RESIDENT OF LIVERMORE February 1, 2013 - February 1, 2013

Chloee Dumont

RESIDENT OF FREMONT February 5, 2013 - February 5, 2013

Berge • Pappas • Smith Chapel of the Angels (510) 656-1226 40842 Fremont Blvd, Fremont

ife Cornerstones will acknowledge important events that occur during the cycle of life in our community. In order to give a broad and fair opportunity for all citizens to be recognized, a basic listing is offered at no cost. Such announcements may include births, deaths, marriages, anniversaries, bar/bat mitzvah, Quinceañera, etc. Many cultures celebrate different milestones in life and this list will be as inclusive as possible.

Please contact TCV at (510) 494-1999 or emailtricityvoice@aol.com for

submissions or further information. Free listings are limited to residents and families of the Greater Tri-City Area.

LANA'S

Estate Sales-Clean Outs-Appraisals

Whether you're closing a loved ones Estate, downsizing or need an appraisal for current market value; it's an overwhelming task. Lana's provides efficient solutions for quick completion, allowing you to move through the process with ease.

> Take a Deep Breath, Don't Throw anything away, call for a FREE preview.

Lana August Puchta Licensed Estate Specialist In Resale Over 30 Years

> 510-657-1908 www.lanasestatesales.com

Mt. Eden Cemetery



Serving the community since 1860

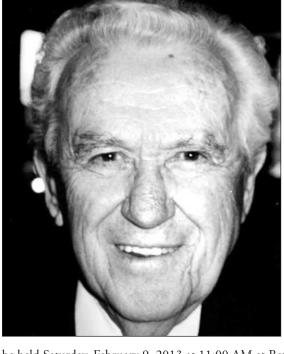
510-887-4747

Cemetery plots, single and double depth, Mausoleum Crypts single and doubles, Cremains in a Family plot or single new plot and Niches. A chidrens' section is also available

Our cemetery was established in 1860 as a pioneer cemetery. We have been responsible for providing outstanding service to the community ever since. Our specialty is to provide every family with comfort, understanding and direction in this difficult time of their lives.

2440 Depot Road, Hayward

Obituary



Eugene L. Andre Jan. 5, 1923 - Jan. 29, 2013

Gene was born in Richmond, CA, served in World War II, attended Marin College and lived in Fremont for over 50 years. Gene enjoyed spending time with his family, playing golf, watching various sports including golf, basketball and baseball and also serving the Fremont community in many different capacities. In his spare time Gene enjoyed reading and socializing with friends. Gene worked in the grocery business, egg, butter and cheese business and at The Washington Hospital Foundation. Devoted husband of Wanda Andre (deceased). Beloved father of Pamela Margaret and husband Colonel Paul Balash III of Concord, CA and Gregory Andre (deceased) and wife Kathy Andre of Arizona. Loving Grandfather of Cynthia Margaret Stuart of Fremont, CA, John Andre of Arcata, CA, and Ben Andre of Oregon. Memorial services will

be held Saturday, February 9, 2013 at 11:00 AM at Berge- Pappas-Smith Chapel of the Angels 40842 Fremont Blvd. Fremont please make donations to The Washington Hospital Foundation.

Obituary

Mary Ann Jones April 18, 1945 – February 8, 2013

Beloved wife of Darrell B. Jones, Mother of Michael S. Jones & his wife Alicia, and David L Jones, and Grandmother of James M. Jones.

Born April 18, 1945 in Alliance, Ohio to David C. and Betty M. Larkins, attended school in Ohio and Highland, California where the family moved in 1955. She married Darrell at Riverside, CA on January 28, 1968 and moved to San Jose in 1973.

Mary Ann was an avid golfer and was a member of; Women's Summit Pointe Club and Foon Hay Club. She had many talents – a great cook & homemaker who loved to make candy for family & friends for all occasions. A wonderful crocheter who made many prayer shawls for anyone who needed a hug, baby blankets and just plain throws for cold nights. She loved the theatre, especially musicals. Her pride and joy was her Grandson James who performed in several shows.

Mary Ann is survived by husband Darrell, sons Michael & his wife Alicia, David, Grandson James, and Mother Betty Larkins. Mary Ann is preceded in death by her father David Larkins and Sister Sandra Treece.



Zoo count begins: No creature too small to count

By Sylvia Hui ASSOCIATED PRESS

LONDON (AP), In a sea of flapping black and white flippers, Ricky is hard to miss: He's got spiky yellow feathers, a flamboyant character, and he's the only rockhopper among the dozens of penguins living in the London Zoo.

That's a big help for keepers who embarked Thursday on their annual stock-taking of all the zoo's residents. It's no easy task, when there are more than 17,500 creatures to count. All animals have to be accounted for, including the tarantulas, locusts and snails.

The same scene was being repeated at zoos throughout Britain Thursday – the census is nationwide. No stone is left unturned, lest there be a beetle below.

At the London Zoo, keepers hope the new year will bring some company to Ricky, who has been the zoo's lone rockhopper since 2011.

"Ricky's quite a unique character – he was rejected by his parents and was hand-reared. He's more interested in zoo keepers than in other penguins," said zoological director David Field. "It's time to get him some rockhopper

In the meerkat enclosure, 11 of the small mammals were only too happy to be counted, climbing onto a keeper's clipboard seeking attention and food.

An all-female family of nine otters likewise rushed forward at the sight of their favored delicacies: Mice and crayfish. In the invertebrates section, a palm-sized red-kneed tarantula called Jill caused a stir among visitors when she was lifted out of her box for inspection.

"This is quite a docile one," said keeper Amy Callaghan, who held the spider out in her hand for photographers. "I was a little bit wary of them at first, but now I think they're brilliant."

The census is required as part of the license terms of British zoos, and the data is used for zoo management and international breeding programs for endangered animals. The final tally could take weeks.

Most animals in the zoo have microchips in their bodies, making counting a little less daunting. Fish and animals with camouflage properties - such as leaf insects - are trickier, and the tiniest ones such as ants are counted in colonies, not as indi-

New additions to the zoo being counted for the first time included baby Ziggy, an endangered white-naped mangabey monkey, and Maxilla, a black-and-white colobus monkey.

The zoo also welcomed a pair of new Sumatran tigers – male Jae Jae from a zoo in Ohio and female Melati, from Perth, Australia. The endangered tigers were matched by an international breeding program to ensure a genetically diverse population of animals.

"We breed them in the zoo because they are running out of time in the wild," said Field, who's hopeful the tigers will soon produce cubs.

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Fremont City Council February 5, 2013

Consent Calendar:

Approve contracts with Albany Ford, Courtesy Chevrolet, Hansel Ford, Hansel Toyota and The Ford Store San Leandro for purchase of fleet replacement vehicles.

Accept California Safe Routes to School grant funds for Blacow Rd. & Grimmer Blvd. intersection improvement.

Ceremonial:

Recognize Alameda County Bar Association Distinguished Service Award to Fremont Family Resource Center.

Recognize receipt of the GFOA Distinguished Budget Presentation Award for FY 2012/13.

Scheduled Items:

Affirm that proposed subdivision of Hirsch residential development is consistent with the goals, policies and objectives of the Fremont General Plan (4-1; Bacon, Nay)

Approve parking lot and restroom location in conjunction with development (4-1; Salwan, Nay)

Other Business:

Consider informal request for potential General Plan land use change of Central Chevrolet site from commercial to residential. It was decided to allow landowner and staff a period of 12-18 months to consider options and opportunities for commercial use vs residential use of property. Status report by staff is due to council in 12 months.

Council Referrals:

Approve Mayor Harrison's submitted recommendations for council appointments to boards and commissions and citizen appointments to advisory bodies. Councilmember Natarajan noted that gender equity should be an important consideration.

Mayor Bill Harrison Aye Vice Mayor Anu Natarajan Aye Suzanne Lee Chan Aye

Vinnie Bacon Aye* (nay vote noted above)
Raj Salwan Aye* (nay vote noted above)

Hayward City Council

February 5, 2013

Business Recognition Award for February 2013 presented to Hampton Inn.

Work Session

Route 238 Corridor Improvement Project - temporary revisions to Downtown parking. Additional parking may be permitted along sections of the west side of Foothill Boulevard (between A and D streets), along the south side of A Street (between Foothill Boulevard and Main Street), on the west side of Foothill Boulevard (between City Center Drive South (Maple) and just north of A Street) and on both sides of Foothill Boulevard (between City Center Drive South and Grove Way) though parking will not be allowed in specific locations.

Council members generally supported staff recommendations but disagreed on whether the revisions should be temporary or permanent. There are also safety concerns associated with vehicles entering or leaving traffic and possible attempts by owners of parked vehicles to cross the roads without using crosswalks. Staff will bring the matter back to Council for formal direction about the permanence of the parking arrangements.

Consent

Authorized City Manager to apply for \$230,000 from the Emergency Solutions Grants (ESG) Program 2012-13 and, if awarded, to execute an agreement.

Public Comment

Michael Emerson is interested in constructing a 9/11 memorial in Hayward. He has letters of support from Alameda County Supervisor Richard Valle, Assemblyman Bill Quirk, Senator Ellen Corbett, Congressman Eric Swalwell and Congresswoman Barbara Lee, verbal commitments from Alameda County Sheriff Greg Ahern, East Bay Municipal Utility District's Frank Mellon, Supervisor Nate Miley, Hayward Fire Chief Garrett Contreras, Hayward Police Chief Diane Urban and Hayward Area Recreation and Park District (HARD) Director Dennis Waspei who will serve on the project's committee. HARD Parks Superintendent Larry Lepore will also play an active role in the project. Emerson is responsible for the Flight 93 memorial in Union City, helped build the Flight 93 National Memorial in Shanksville, PA and recently completed the Castro Valley Veterans' Memorial. He would like to build on land donated by the City and plans to fund construction privately.

HARD Director Dennis Waspei spoke in support of Michael Emerson and his delivery of the Castro Valley Veterans' Memorial, which is now the pride of Castro Valley and HARD.

Jim Drake hopes litter from the fast-food restaurant in his neighborhood will subside now that the business is required to have five refuse bins. He also reiterated his concern about drainage on Foothill Boulevard close to Pankey's Radiator Repair and is pleased that remedial work is underway. He would like to see the speed reduced to 25 mph until the work is completed.

Kim Huggett, Hayward
Chamber of Commerce, invited
the Mayor, Council members and
community members to a luncheon with the Mexican Consul
General Ambassador Carlos Felix
Corona on February 21, 2013 at
11:30 a.m. the Golden Peacock
Banquet Hall, 24989 Santa Clara
Street, Hayward. For reservations,
visit www.hayward.org.

Mike Francois from East Palo Alto spoke of the Glass–Steagall Act and its relevance to the banking industry, today. He also apologized to City Attorney Michael Lawson for directing past criticism at Lawson when he was with the City of East Palo Alto, given that policy is formulated collectively.

Mayor Michael Sweeney - Yes Barbara Halliday - Yes Greg Jones - Yes Al Mendall - Yes Marvin Peixoto - Yes Mark Salinas - Yes Francisco Zermeno - Yes

Tri-Cities Democratic Forum general meeting

SUBMITTED BY JAN GIOVANNINI-HILL

The next regularly scheduled General Meeting for the Tri-Cities Democratic Forum (TCDF) will be February 20 at 7:15 p.m. at Chandni's Restaurant, 5748 Mowry School Road in Newark.

Our topic this month will be: "What is ACWD doing to provide a reliable water source to the Tri-City Area now and into the future?" The Alameda County Water District will present their comprehensive approach to meeting the needs of ratepayers now and in the future. Speakers will include Walt Widlow, General Manager; Bob Shaver, Lead Engineer; Eric Cartwright, Community Relations; and ACWD Board members Marty Koller and Paul Sethy.

We also wish to use this opportunity to reach out to our broader AD20 and AD25 Democratic activists and hope that you will join us. Our membership is open to registered Democrats who wish to further the purposes of the local Tri-Cities Democratic Forum. All are welcome to attend our meetings and special events. Please visit www.tricitydems.com for further information and details.

Letter to the Editor

Problem with Red Light Running

The question of whether a rolling right-on-red violation is so dangerous that it should be enforced with a nearly \$500 fine has been debated for some time. We now have the definitive answer and it is a resounding, "NO."

Let us look to one of the most highly enforced red light camera approaches in the area: northbound Cedar at Mowry near NewPark Mall.

In a recent 3-year period there was just one accident at that approach, a minor one attributed to a driver using a cell phone.

This one red light camera, however, snaps photos of potential violations at the rate of 4,000 per year, a number which is not coming down but going up slightly. Newark Police Dept. reports that of the

4,161 potential violations captured by this camera last year, it issued 2,195 citations and that over 99.2% are for right turning violations. Last month (Dec. 2012), of 210 citations issued, only 2 occurred from the left turn and 208 occurred from the right hand lane. None occurred in the through lane.

Over \$1 million in fines annually to solve a non-existent problem? Seems excessive. Wouldn't the community be better served by leaving that money in the pockets of consumers to stimulate the economy? Better that than to levy this "back door tax" onto motorists in order to fund government not to mention enriching the camera vendor from Arizona.

Roger Jones

New chair and vice chair of Alameda CTC

SUBMITTED BY TESS LENGYEL

In the first change in leadership since its inception, the Alameda County Transportation Commission (CTC) unanimously elected Alameda County Supervisor Scott Haggerty as its Chair and Oakland City Council President Pro Tem Rebecca Kaplan as its Vice Chair, on January 24, 2013. Both have served on the Commission since it was created in July 2010, from the merger of the Alameda County Congestion Management Agency and the sales tax authority, Alameda County Transportation Improvement Authority.

Supervisor Haggerty is a long standing local and region-wide leader for transportation funding and implementation, and succeeds inaugural Chair, Mayor Mark Green.

"I'm pleased to be leading the Alameda CTC as we move into our second decade of delivering votermandated and publicly funded transportation solutions," stated Chair-elect Haggerty. "It is an honor to work together with top-notch elected officials to solve the challenging issues of congestion, air quality and transportation funding for Alameda County, with the highest level of accountability."

"The Alameda County Transportation Commission is essential in fulfilling our region's commitment to expanding economic opportunity and reducing greenhouse gases," Kaplan said. "I'm honored to serve as vice chair of this important regional planning agency and look forward to continuing our work to rebuild infrastructure for our future."

The Chair and Vice Chair were elected for a term of one year. The Alameda CTC also welcomed four new Commissioners; Alameda Vice Mayor Marilyn Ezzy Ashcraft, Albany Mayor Peggy Thomsen, Pleasanton Mayor Jerry Thorne, and Union City Mayor Carol Dutra-Vernaci.

For more information, visit www.alamedactc.org.

2-I-I Awareness Day

SUBMITTED BY MITCHELL REITMAN

On February 11, Eden Information & Referral (I&R) and 2-1-1 Alameda County joined with 2-1-1 centers across the nation to celebrate National 2-1-1 Awareness Day to highlight the vital role this service plays in providing critical health, housing, and human services people to people in need: youth, non-English speakers, the economically disadvantaged, people living with HIV/AIDS, domestic violence survivors, the elderly, disabled, the homeless, and human service agency staff seeking services or housing for their clients.

2-1-1 is the three digit phone number available 24/7, in multiple languages, to assist in accessing free or low cost resources. In the State of California alone, 28 California Counties now have active call centers providing service coverage to 92% of the State's population.

Through Eden I&R services, 2-1-1 Alameda County Communications System, residents can receive information and referrals to over 2,800 community resources and services as well as over 77,000 housing units county-wide. People can call to access food and utility assistance, other basic needs supports, homeless shelters, mental health assistance, child care, and more. Alameda County residents can be connected by calling 2-1-1 or 1-888-886-9660 from any landline or cell phone or on the web at www.211alameda-county.org. Last year, 2-1-1 provided over 110,000 callers with much needed assistance.

Barbara Bernstein, Eden I&R's Executive Director for 24 years notes that "Over the last few months, 2-1-1 Resource Specialists have unfortunately seen an increase in the number of domestic violence related calls, particularly cases where the caller reports their spouse or partner is threatening to abduct their children. Often the callers report they are afraid to call 911 and turn to 2-1-1 instead. These calls are illustrative of the 2-1-1 Resource Specialists' ability to calmly and efficiently assist callers, often acting as a liaison between the caller and 911."

Ms. Bernstein said that another trend is that 2-1-1 is receiving calls from those who have never had to seek assistance before. She says that, "Due to a variety of circumstances, formerly middle class people now find themselves in need of food, rental and utility assistance, job placement, and other basic needs. In particular, 2-1-1 has been receiving more requests from people in need of food who can't afford transportation to food banks and other resources. Transport can be especially challenging for formerly middle class individuals, who are not seniors or disabled, as they may reside in more affluent neighborhoods that are harder to access via public transportation. These people are looking for agencies that can deliver food to them as they have no means of getting it for themselves."

To learn more about 2-1-1 in Alameda County visit www.211alamedacounty.org. For 2-1-1 statewide: www.211California.org and nationally: www.211.org. To learn more about Eden I&R's services, please visit www.edenir.org or www.211alamedacounty.org.

Letter to the Editor

SUBMITTED BY PHOEBE MONTEMAYOR

Domestic Violence is unfortunately more prevalent in our communities than we would like to think. It can be defined as a pattern of abuse where the perpetrator exerts power and control over their victims, and it comes in various forms: physical, sexual, emotional, verbal, psychological, spiritual, financial, homophobic, immigration and destructive acts. Domestic violence occurs so often that about one fourth of American women report being physically or sexually abused at some point in their lives.

According to the California Department of Justice, Criminal Justice Statistics Center, there were 113 domestic violence fatalities in 2008 in California (the most recent data available). These accounted for 5% of all homicides in the state. Moreover, date rape

Ending domestic violence

accounts for almost 70% of sexual assaults reported by adolescent and college age women; 38% of those young women are between 14 and 17 years old. The number of domestic violence issues not reported is unknown, but the staggering 25% of women who already report is disturbingly high and the number of homicides as a result of domestic violence is troubling. On top of that, the number of occurrences among teenagers makes it even that much more disheartening. These statistics mean that it is very possible that someone in your circle of family or friends is or has been a victim of domestic violence, and you may not know.

As a young woman, my initial thoughts were to think of who or what is to blame- media, poverty, genes? However, as a current graduate student trying to complete my Masters in Social Work, I am learning more and more that there is no

simple answer or one thing to attribute it to. Our thoughts and actions are a result of numerous factors that yes, may include things such as media, poverty and our genes. But there are many things to consider, such as access to education, jobs, upbringing, neighborhood and the relationship with parents and peers. While there are many who conduct research and studies trying to figure out the root problems of domestic violence abusers and victims, there are organizations and programs in the local community who are here to help those suffering.

Senate bill, S1925: Violence Against Women Reauthorization Act of 2011, seeks to amend the Violence Against Women Act of 1994 (VAWA) to add or expand definitions of several terms to continue the fight to end this abuse. Some of the improvements include services for victims of domestic violence, dating violence,

sexual assault and stalking, and protection for young victims of violence. This bill was first introduced on November 30, 2011 by Senator Patrick Leahy (D-VT). It was passed in the Senate on April 26, 2012 and goes to the House next for consideration. If this bill were to pass, it will allow for more funding to organizations that serve domestic violence victims and seek to end this cycle of abuse, organizations like Emergency Shelter Program (ESP) and Safe Alternatives to Violent Environments (SAVE).

ESP and SAVE are organizations in the community that provide emergency shelters, counseling and therapy, case management services, applying for jobs, government assistance and/or restraining orders, and child services to domestic violence victims. SAVE also has speaking engagements and programs where they educate the community on

domestic violence, warning signs, and some prevention tips. Whatever needs their clients have, these organizations try their best to meet them. ESP's head office is located in Hayward, and SAVE's office is located in Fremont.

With the close of the holiday season, each and every one of us should continue the spirit of giving. Get involved by volunteering, donating items, or donating monetarily. Let us end this vicious cycle. Someone in your own family or circle of friends may rely on assistance from this bill through services of organizations like ESP and SAVE. Consider calling your state representatives to encourage passage of \$1925, donating your time or financially supporting ESP and SAVE. We can end this abuse

For more information, contact ESP at (888) 339-7233, www.espca.org or SAVE at (510) 794-6055, www.save-dv.org.

Get healthy and fit

ooking to lose some weight and maybe gain cash in the process? Take part in the Perfect Balance Weight Loss Contest running from February 18 through April 1. Perfect Balance is an independent weight loss studio located in Fremont dedicated to helping people get fit and healthy.

"I want the community to really get together and fight obesity. We are more than happy to give them any type of motivation and provide our professional knowledge to them," says Perfect Balance Founder and Creator

Lopez of Fremont was the 1st Place winner, losing over 25 pounds. The 2nd Place winner was Rosemary Badiali of Hayward, who lost over 20 pounds and went from using five different medications down to just one. Lopez and Badiali plan to participate in the next contest as well.

Over 15,000 pounds have been lost over the course of the contests, and organizers are eager to bring more people on board, including City staff such as police officers, and see even more weight loss.





Michael Huang. "And giving back to local schools' athletic program or health program is another way we like to fight childhood obesity."

Functioning as a non-profit event, any funds received above contest prize amounts will be donated to the Irvington High School Athletic Department. "And in the future we would like to donate to many different organizations!" says Huang.

The entry fee is \$15 per person, with 1st Place awarded \$2,500, 2nd Place \$500, and 3rd Place \$100 for the highest percent of total weight lost (women receive a 1.5 percent lead over men).

The last contest was held October 18, 2012 and ended on November 10, 2012 and had over 650 participants from around the Bay Area and beyond. Anthony

"We really would like the community to focus on their own health, which is the most important thing in their life!" says Huang. "And we are offering to every single one of them in the contest an hour of our time to teach them for free, sharing our knowledge on eating and how to workout properly."

Perfect Balance is located at 42656 Albrae Street in Fremont. To register or learn more, call (510) 668-0701 or visit www.PBalance.com.

Perfect Balance Weight Loss Contest Feb 18 – Apr 1 42656 Albrae St., Fremont (510) 668-0701 PBalance.com Entry Fee: \$15



Irvington High School Students and Mission Peak Mountain Goats bike club:
Front row from Left to Right: Pete MacKay, Ayn Wieskamp, (EBRPD Board Member), Mike Wolters, Manny Gutierrez, Benjamin Yee,
Gilbert Zucker, Mike Farias, Tim Wu Back Row from Left to Right (Irvington High School Students):
Rachel Clark, Danielle Burri, Josh Airth, Scott Lloyd, Thomas Xian, Alan Yee, Max Cheng, Ajay Gopi

Loved to death

SUBMITTED BY EMILY HOPKINS PHOTOS COURTESY OF BEN YEE

In an act of love to combat the destruction of too much love, a group of Fremont teens and volunteers gathered on February 2nd to help restore the Mission Peak Trail. A victim of too much love of hiking, the trail has suffered from overuse and in desperate need of a facelift and repair.

Ninth grade students from Irvington High School found out about the problem through classmate Alan Yee, whose father Ben is a member of the East Bay Regional Park District Trail Safety Patrol. The students and a local mountain bike club, supervised by Park Ranger Neil Spargur, placed rolls of jute and eco-wattle on areas damaged along Hidden Valley trail to Mission Peak; fencing and signs were installed to warn and inform hikers about the damage of off-trail shortcuts (called "bootleg trails") that cause erosion, damaging the fragile ecosystem and create ugly scars in the landscape.

Marked restoration projects along the trail are showing positive results and park personnel are asking everyone to use the official trail and help protect the park. More volunteer opportunities to help save Mission Peak will be available soon.

For volunteer opportunities in the Regional Parks, visit: http://www.ebparks.org/getinvolved.



Students rolling out the jute Left to Right: Ajay Gopi, Max Cheng, Alan Yee, Thomas Xian



HAYWARD PROMISE NEIGHBORHOOD

SUBMITTED BY DAVID KORTH

Attend the Hayward Promise Neighborhood's second Neighborhood Health and Empowerment Network (NHEN) meeting on February 21, 2013 from 10 a.m. until 11:30 a.m.

Participants will gain a better understanding of the Hayward Promise Neighborhood Initiative, besides it being a \$25M federal grant for the Hayward community; how this initiative will benefit Hayward students, parents, schools, their neighborhoods and community; who in Hayward is involved; how others can become involved; and how "success" will be measured and sustained over time, beyond the life of the grant.

Refreshments, free parking and Spanish language translation services are available. Children are welcome; if attendees plan to bring their children, please advise the number of children and their ages as soon as possible so that on-site children's activities can be arranged of needed.

For more information, questions, concerns or ideas, contact David Korth, Neighborhood Services Manager at (510) 583-4227 or david.korth@hayward-ca.gov. Also visit www.HaywardPromise.org

Hayward Promise Neighborhood Meeting
Thursday, Feb 21
10:00 a.m. - 11:30 a.m.
Templo de la Cruz
24362 Thomas Ave., Hayward
(510) 583-4227
david.korth@hayward-ca.gov

THEATRE

Dog Sees God Confessions of a Teenage Blockhead

bit like you.

Ohlone selected to compete in theater festival: Dog Sees God encore performance

Bert V. Royal's, Dog Sees God: Confessions of a Teenage Blockhead premiered at Ohlone College last November



underlying theme is that the central character CB struggles through the course of the play, like most teenagers, to define his own identity. Through the course of the events

knew in high school. And maybe a little

Director Michael Navarra's take on the

and his interactions with other characters, he figures out that maybe fitting in and being like everyone else doesn't matter... usually the first step to growing up.

Before the cast and crew head off to compete

Before the cast and crew head off to compete at the Theatre Festival, they will perform the play one last time at the Smith

under the direction of Michael Navarra. This edgy, honest and scathingly funny play has now been invited to perform at the Kennedy Center American College Theater Festival (KCACTF) western regional conference. Dog Sees God was selected as one of only three plays, out of 137 entrants, to





represent colleges and universities in Region VII, drawing from nine western states. Ohlone College was the only community college selected as a finalist.

This is the second time in three years that an Ohlone College Theatre production has competed as a finalist. In 2011, under the direction of Tom Blank, The Time Machine, Love Among the Eloi was nominated. Based loosely on the "Peanuts" characters grown to high school age, Dog Sees God takes the comic strip and turns it on its ear. Scrape off the childlike veneer, shake it up and see what comes spilling out. Ohlone College's production presents a raw, realistic and humorous view of what might happen to the Peanuts gang if they all grew up. And the funny thing is, they turn out to be a lot like everyone you

Center at Ohlone College. Proceeds from the Friday, February 15 performance will be used to help cover the costs for transporting the set, costumes, cast and crew to the KCACTF conference. While attending the conference the cast and crew will be challenged by workshops, classes, au-

ditions, and university and professional recruiting. So, whether you missed the performance the first time, or even if you went to every show, support the Ohlone College Theatre and Dance students at their last performance of Dog Sees God (for mature audiences).

> Dog Sees God: Confessions of a Teenage Blockhead Friday, Feb 15 8 p.m.

> Smith Center at Ohlone College 43600 Mission Blvd., Fremont (510) 659-6031 www.smithcenter.com Tickets: \$10 Event Parking: \$2

THEATRE

Sherlock Holmes The Final Adventure

SUBMITTED BY SUSAN E. EVANS

The Douglas Morrisson Theatre opens its 2013-14 Season of Mystery & Romance with a bang in February with "Sherlock Holmes: The Final Adventure" by Steven Dietz. The play, based on the original 1899 script by William Gillette and Arthur Conan Doyle, won the 2007 Edgar Award for Best Mystery Play. Directed by Kendall Tieck, the play features an ensemble of Bay Area performers including Craig Dickerson as Sherlock Homes, Scott G. Hartman as Dr. Watson, Steve Schwartz as Professor Moriarty, J. Geoffrey Colton as The King of Bohemia, Sarah Klaren as Irene Adler, Brian O'Connor as James Larrabee, Eve McElheney as Madge Larrabee, and Bruce Kaplan as Sid Prince.

Combining two of Arthur Conan Doyle's stories, "The Scandal in Bohemia" and "The Final Problem," award-winning playwright Steven Dietz's fast-paced thriller packs a punch. Hot on the trail with their latest case, the world's greatest detective and

his able sidekick Doctor Watson tangle with a temptress only to find themselves in the clutches of Sherlock's longtime adversary, malevolent Professor Moriarty.

Dietz is one of America's most prolific and widely-produced contemporary playwrights. His more than 30 plays have been seen at over one hundred regional theatres in the United States, as well as Off-Broadway and internationally. In addition to winning the 2007 Edgar Award® for Drama, Dietz is a twotime winner of the Kennedy Center Fund for New American Plays Award and a recipient of the PEN USA West Award in Drama. He also has extensive directing credits at many leading regional theatres, including San Jose Repertory Theatre in the Bay Area. Dietz



teaches playwriting and directing at the University of Texas at Austin and regularly directs at the University's ZACH Theatre where his newest commissioned work, "Mad Beat," will premiere in April 2013.

Director Kendall Tieck has produced, designed, directed, and acted in West Coast theatre for 35 years. Among his directing credits are: "Carousel," "Oklahoma!" (DMT-2003; Tri- Valley Repertory- 2012), "A Few Good Men," "I Hate Hamlet," "The Man who Came to Dinner," "A Flea in Her Ear," "Move over Mrs. Markham," "Harvey," "Blithe Spirit" and "A Christmas Carol."

"Sherlock Holmes: The Final Adventure" previews on Thursday, February 14, opens February 15 at 8 p.m., and runs through March 10. There will be a special Saturday matinee on March 2 at 2 p.m., followed by a talkback session with the director and cast. Tickets are \$10 for the preview show, with regular admission \$29 for adults, \$26 for seniors 60 and over, and \$21 for students and TBA members with ID. The Box Office is open Tuesday through Friday, 12:30 p.m. to 5:30 p.m. and can be reached at (510) 881-6777. Information is also available at www.dmtonline.org.

Sherlock Holmes: The Final Adventure Feb 14 - Mar 10 8 p.m. (Sundays: 2 p.m.) Douglas Morrisson Theatre 22311 N. Third St., Hayward (510) 881-6777 www.dmtonline.org Tickets: \$10 - \$29

We help you focus on the important things in life.



Eric Olsen Physician (In Training)



Alan Olsen, CPA Father and GROCO Managing Partner



Charlotte Olsen Teacher (in training)





Meet author Meghan Laslocky

SUBMITTED BY SALLY THOMAS

Romantic heartbreak is one of the most confounding human experiences. Universal and yet still profoundly isolating, heartbreak sears our hearts and souls like noth-



ing else. In The Little Book of Heartbreak: Love Gone Wrong Through the Ages, Meghan Laslocky explores the cultural and social history of love gone wrong with humor and empathy, covering history, literature, culture, film, music and art.

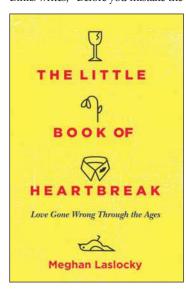
The Hayward Public Library is pleased to host Bay Area journalist and author Meghan Laslocky, on February 23. By shedding light on everything from kinky ancient Greek love spells to composer Johannes Brahms' messy love life to the perils of modern matchmaking, the charming Little Book of Heartbreak will engage anyone interested in social and cultural history, help lovelorn souls read through the pain, and reassure all readers that heartbreak is not only normal, but crucial to human experience.

As a special offer, purchase a copy of the book, available in paperback, anytime through February 23, with a 10 percent discount at The Book Shop (1007 B Street), and then stop by Something Sweet just down the street (1049 B Street), for a free freshly baked cookie and cup of hot chocolate. Bring proof of book purchase to claim your goodies. Assuage your heartbreak, past or present, with amusing and entertaining anecdotes and some comforting treats all while supporting our local economy! Bring your purchased book to the event to have the author personally sign it (Books will also be available for purchase on the day of the event).

Reviewers love this book! The Little Book of Heartbreak is in the January 2013 issue of O, the Oprah Magazine, in the "10 Titles to Pick Up Now" section, where it's

hailed as "a hilarious salve for the lovesick." The Kirkus Reviews blog writes, "Meghan Laslocky has collected narratives of romantic woe from two millennia of history, folk tradition, and the arts—from medieval ballads to Eternal Sunshine of the Spotless Mind—into one handy resource. Pocket compendia like this are often characterized as "bathroom readers," but the proper place for Laslocky's The Little Book of Heartbreak is by the couch, within easy reach as you sprawl at right angles on your hungover Boxing Day, a glass of red wine in your free hand and the TV tuned to the Lifetime Movie network with the sound turned down, staring absentmindedly at the phone you know isn't going to ring."

The Toronto Star calls The Little Book of Heartbreak a "high class take on broken hearts." Reviewer Georgie Binks writes, "Before you mistake the



book for a self-help tome, let me assure you that rather than syrupy platitudes or finger wagging a la "He's Just Not that Into You," (from a famous episode of Sex and the City turned into a self-help book) this is actually a highbrow take on broken hearts that inadvertently goes a long way to curing or at least assuaging a broken heart."

Sponsored by The Hayward Public Library; the Friends of the Hayward Public Library; AAUW Hayward/Castro Valley Branch; Synchronized Chaos; Something Sweet; and The Book Shop. For more information, visit Meghan Laslocky's website at: http://meghanlaslocky.com/ or contact Sally Thomas at (510)

881-7700.

Meet Meghan Laslocky Saturday, Feb 23 2 p.m. Hayward Public Library 835 "C" St., Hayward (510) 881-7700 sally.thomas@hayward-ca.gov

Evening in Paris



By NISHA PATEL

Expensive and time consuming travel is not required to celebrate Valentine's Day in Paris. For the sixth consecutive year, on Saturday, February 16, Induz is hosting "An Evening in Paris Valentine Soiree 2013," at the Golden Peacock Ballroom in Hayward. Proceeds will benefit the Induz World Art program, providing after school art, culture, and dance programs for children at over 14 low-income schools in the San Francisco Bay Area. Funds will also support Project Tulika, music and dance programs for orphan children in India.

Activities include a gourmet banquet dinner and bar, live musical performances by popular Bay Area singers, Moulin Rouge style dance performances, Soir de Paris Couture Fashion Show by Amita Bal, as well as a Parisian-themed photo booth. A prize

will be awarded to the Best Dressed Couple and Individual. Adults can enjoy the dance floor and children will be entertained in an adjacent hall; child care provided by SafariKid.

The event, hosted by Sarika Batra, Founder and Host of Andaaz TV on Sony, features State Assembly member Bill Quirk as guest of honor; Milpitas Mayor Jose Esteves and Fremont Vice Mayor Anu Natarajan, members of the Induz Board of Directors will also be in attendance.

Founder and President Ray Mitra says Induz is a non-profit

organization that has been in existence since 2004, driven by Silicon Valley professionals who are passionate about promoting art and culture worldwide - "Where Art Meets Heart." By exposing individuals to the world of art and culture, Induz nurtures artistic talents and encourages awareness and aptitude toward art and culture for children, particularly the underprivileged, through programs of visual art, music, and dance. These efforts bring diverse communities and cultures together, encouraging volunteerism and active participation.

This year's event sponsors include CBazaar.com, Ameriprise, San Ramon Family Dental, Desi 1170 AM, Camp Jano, Andaaz, Think Byte, Desi Bazaar Aplha Printing and Media Services, Nach K Dekh, Sheetal Ohri, Sitaare TV, and TV Asia.

Tickets are available online at www.sulekha.com/induz. Prices range from \$45 and up. VIP and "Pamper" packages include champagne, chocolate, and roses. All tickets

include gift certificates ranging in value

from \$15 - \$150 for ProFlowers.com or Restaurant.com. For paper tickets and additional details, please contact Sanjay Saxena (510) 449-8530, Ray Mitra (510) 875-5006, or Anupam (646) 320-8242. Email info@induz.org for more information.

An Evening in Paris Valentine Soiree
Saturday, Feb 16
6:30 p.m. – midnight
(Doors open at 6 p.m.)
Golden Peacock Banquet Hall
24989 Santa Clara St., Hayward
(510) 449-8530
www.sulekha.com/induz
Tickets: \$45 and up



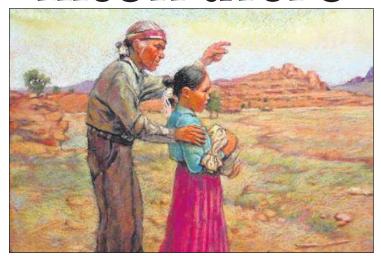






continued from page 1

Children's Book Illustrators



Many of the original works of art will also be available for purchase. Participants include: Audrey Coleman: "Walter the Farting Dog: Trouble at the Yard Sale," "Rough Weather Ahead," and "Banned From The Beach" Demi: "The Great Voyages of Zheng He"

Susan Gal: "Into the Outdoors," Please Take Me for a Walk," and "Day by Day"

Karen Hanke: "Jazz Fly" and "Jazz Fly 2: The Jungle Pachanga"

Jeremy Kwan: "Get Out of My Head, I should Go to Bed"

Elisa Kleven: "Wish: Wishing Traditions Around the World"

Patrick Lugo: "Little Monk and the Mantis: A Bug, a Boy, and the Birth of a Kung Fu Legend"

Sara Palacios: "Marisol McDonald Doesn't Match"

Donna Turner: "You Are a Gift to the World, the World is a Gift to You"

Baje Whitethorne, Sr.: "Beauty Beside Me: Stories of My Grandmother's Skirts"

Johnson Yazzie: "Stone Cutter and the Navajo Maiden"

Also included in this exhibit is student artwork from Chabot College's Children's Book Illustrator Class taught by Janice Golojuch.

The community is invited to visit the exhibit Wednesday through Saturday, 11 a.m. -5 p.m., and attend the artist book signing party and reception on Saturday, March 9, from 1 p.m. – 4 p.m.

Detailed information about the artists and their books is available at http://www.sungallery.org/exhibitions.asp and

http://thesungallery.blogspot.com/.

Children's Book **Illustrators Exhibit** Wednesday, Feb 6 -Saturday, Apr 6 Wednesdays - Saturdays: 11 a.m. - 5 p.m. Reception Saturday, Mar 9 1 p.m. – 4 p.m. Sun Gallery 1015 E St., Hayward (510) 581-4050 www.sungallery.org





Try Retirement with SIR

By BILL LEAKE PHOTO BY JOHN SKARPELOS

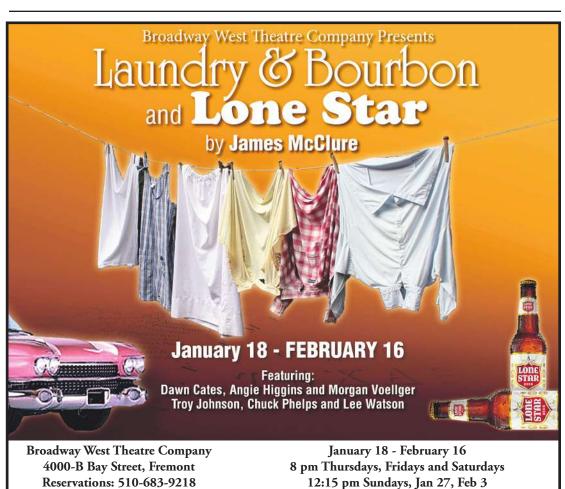
Sons In Retirement (SIR) Pathfinder Branch 59, representing the Tri-City area, had their semi-annual Holiday Social at the Newark Pavilion in late December. The group, including members and invited guests, was entertained with a variety of music, including Christmas carols and foot tapping Dixieland Jazz by the Dixieland Jazz band from Fremont Christian School.

Sons In Retirement is a nonprofit public benefit corporation for retired men. SIR Branch 59 is one of over 100 SIR branches located throughout Northern California meets at noon on the third Thursday of each month at the Newark Pavilion. Every meeting features a guest speaker from the community. Speakers have included college professors, police officers, retired SF Giant and 49er players, and even the editor of TCV. Twice a year the meeting is open to spouses – the May sweetheart luncheon and the December Holiday Luncheon. The goal of Branch 59 and all other SIR branches throughout Northern California is to provide an avenue for men to have fun in their retirement years. Activities include golf, bowling, walking, computer club, sports, bridge, reading, and much more.

Two of the more popular activities are bowling and golf. Members bowl once a week and participate in about 20 tournaments a year. Tournament days usually begin with a breakfast meeting followed by travel to the tournament, sometimes as far as Reno. Some branches allow women to join them in bowling.

SIR branch 59 is NCGA certified and plays golf weekly at Sunol. They attend state tournaments about seven times a year. To find more information about the SIR golf group, visit their website at www.sirstategolf.com. The golfers travel to Reno, Las Vegas, Solvang, and the Monterey area for their tournaments. The standard format is scramble, but there is also individual play and 2-man best ball. Ladies (with NCGA handicaps) have a separate tournament at the state tournament, always a scramble format. The average handicap for the SIR golfers statewide is mid-20s.

SIR branch 59 is always looking for new members. If interested, visit the SIR website www.sirinc.org or call (877) 747-9066.





Carmen & Family BBQ

Since 1979 Carmen & Family BBQ has been serving the Bay Area's best BBQ. Still family-owned. Beef brisket, Chicken and Pork ribs

Home Made Beef Links Home Made BBQ Sauce

at the regular price Get the second entree of equal or Coupon offer for less value for 50% off Fremont location Only Must present coupon with order Does not include

Buy one entree

EXP. 2/28/13 Combo's and Slabs www.carmenandfamilybbq.com

(510) 657-5464

41986 Fremont Blvd., Fremont

(510) 887-1979 692 West A St.

Hayward Location Mon -Thurs: 11:30 am - 9 pm Fri - Sat: 11:30 am - 10 pm Sun: I pm - 8 pm

Afghan Village Restaurant

Tickets are available on our website

www.broadwaywest.org



50% off

Buy one entree get the second entree of equal or lessor value for 50% off

Must present coupon prior to ordering

Exp. 3/30/13

Kabob Specialties Filet of Beef Kabob **Tikkah of Lamb Kabob Lamb Chops Kabob**

TRY THE AFGHAN PLATE Kabob with rice, three side dishes, Meatball Stew Chicken Stew, Cauliflower dish Split Peas. Served with salad Afghan bread and chutney



Mon-Thurs 11am-10pm Fri-Sun 11am-11pm

510-790-0557

Catering & Banquets

5698 Thornton Ave., Newark



(Continental Brunch followed by show at 1 pm) 1 pm Sunday, Feb 10

Wed - Sat **Birthday**

Business meeting Fund-raiser Graduation

Social event Wedding Capacity: 180

Includes: Dance floor Private bar Sound system 120in. projection HDTV



CATERING & BANQUETS



510-656-9141 45915 Warm Springs Blvd. Fremont

Procrastinate, Vaccinate.

It's not too late to

from the flu. With the flu season in full swing one of the most important steps you can take is to get a flu shot, available at any of our community-based clinics and special vaccination events. And there's a lot you can do to minimize the risk of catching it. Good preventive health habits, like avoiding congested public places and washing hands frequently, and not touching your eyes, nose, or mouth are a great start.

Vaccinations on wheels.

Our mobile clinic, Washington on Wheels, will be going out into the neighborhoods to vaccinate area residents. Still, we recommend you get your shots sooner at one of our other clinics. Go to www.whhs.com for vaccination schedules.



Flu Symptoms

Fever (usually in the 100-102° range)
Headache
General aches and pains, often severe
Fatigue, weakness that can last up to three weeks

Extreme exhaustion

Chest discomfort and/or cough, often severe **And sometimes:**

Stuffy nose Sneezing Sore throat

Call in sick. If you're sick with flu-like symptoms, don't be a hero. You will only risk giving flu to others. Stay home for at least 24 hours after your fever has gone away except to get medical care or for other essential activities. While sick, limit contact with others as much as possible. When you sneeze or cough, cover your nose and mouth with a tissue or the crook of your arm, not your hands. Be sure to throw tissues away immediately. Taking prescription antiviral medication within the first two days of contracting flu can reduce its duration and severity. Most importantly, focus on getting well. Get rest and

How to prevent the Flu?

Don't get too close.

Avoid close contact with people who are sick. When you are sick yourself, keep your distance from others to avoid spreading the virus.

Wash up. Wash your hands often, particularly after touching commonly handled objects such as doorknobs and elevator buttons.

Avoid touching your eyes, nose or mouth.

Flu is often acquired when someone touches something that is contaminated.

Where to get your flu shot.

Visit one of our locations to the right for a flu shot. Walk-ins are welcome, but you may want to make an appointment. Please do not go to the emergency room for your flu shot.

Washington Urgent Care

drink plenty of fluids.

2500 Mowry Ave., Suite 212 Washington West Building, 2nd floor, Fremont Phone: (510) 791-2273

Newark Clinic

6236 Thornton Ave, Newark Phone: (510) 248-1860

Warm Springs Clinic

46690 Mohave Drive, Fremont Phone: (510) 248-1065

Nakamura Clinic, Union City 33077 Alvarado Niles Rd. Union

33077 Alvarado Niles Rd. Union City Phone: (510) 248-1500

