



Monarch butterflies at Ardenwood

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FBI presents Leadership Award to Sisters of the Holy Family

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January 1, 2013

Vol. 12 No. 1

'Remembering 1882'

SUBMITTED BY JORDAN YEE

In 1882, Congress passed The Immigration Act of 1882 to prevent people of Chinese descent from entering the United States. This law tore families apart, reduced the Chinese American population by half, and denied Chinese immigrants the right to become citizens. "Remembering 1882" explores the historical debate around the Exclusion Act - from its origins through its full repeal in 1968 - and the importance of habeas corpus to the Chinese American struggle for civil rights.

The series of Chinese Exclusion laws first passed in 1882 and later renewed and augmented until initial repeal in 1943, reflected

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Photo from the 1920s: a group of Chinese and Japanese women and children wait to be processed as they are held in a wire mesh enclosure at internment barracks in Angel Island, Calif. (AP Photo, file)



'Ride a Mississippi Riverboat'



SUBMITTED BY RICK LA PLANTE

Anyone who has ever wanted to spend an evening on a riverboat floating along the mighty Mississippi river will have that opportunity Saturday, February 2. New Haven Schools Foundation holds its second annual "Casino Night" fundraiser that evening with all the Southern charm and excitement of the "Big Easy."

"Laissez les Bons Temps Rouler" ("Let the good times roll") will include a gourmet southern buffet dinner and an evening of casino games.

The menu features a variety of appetizers; entrée dishes with tri-tip, salmon or vegetarian options; a choice of side dishes and a dessert cart, all with a Southern twist. Casino Night guests will receive a specialty cocktail or one glass of wine or a Gordon Biersch beer, or two non-alcoholic beverages; an espresso cart, hosted by Paddy's Coffee, will be available.

Patrons will begin the evening with \$1,000 in casino chips to play poker, black jack, craps and roulette, and compete for raffle prizes. The event also will feature a live and silent auction with valuable prizes. A separate Texas Hold 'Em tournament is again scheduled this year.

Individual entry is \$100 (half is tax-deductible). VIP packages and sponsorship opportunities also are available. Attire will be semi-formal and guests must be 21 or older to attend.

For the second successive year, proceeds will be used by the Foundation to help fund their pledge of \$100,000 for co-curricular and extra-curricular student activities in the New Haven Unified School District.

To receive an invitation, contact the Foundation: info@nhsfoundation.com or (510) 471-3850.

Casino Night
Saturday, Feb 2 5:30 p.m. to midnight
Southern Alameda County Buddhist Church
32975 Alvarado-Niles Rd., Union City
(510) 471-3850 www.nhsfoundation.com

Newark's K-9 Corps

By PAT KITE
PHOTOS BY BRIAN EDWARDS

On a dare, a drunk decided to sneak up and open a police K-9 cruiser door. Mr. Inebriated quickly found himself face to face with Ares, 80-pounds of fur and muscle. The



Officer Mavrakis and Ares from an event at the library

large German Shepherd sat patiently on his assigned seat. Maybe he showed some nice white sharp teeth, but he didn't move. Newark Police Dogs are well trained. The inebriated person got a misdemeanor citation since to harass, molest, annoy or strike a police dog is a crime.

The City of Newark currently has two trained K-9s [K-9=canine] in service: Ares and Eliot. Ares handler is Canine Officer Nick Mavrakis and Eliot's handler is Canine Officer Britain Jackman.

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Trees of Angels 2012

Spreading Holiday Cheer

Friends, family and community members joined together to attend tree-lighting ceremonies and a children's holiday breakfast as part of the seventeenth annual Trees of Angels campaign. Washington Hospital Healthcare Foundation



Community members joined together to attend the holiday tree-lighting ceremonies and Children's Holiday Breakfast, in Fremont, Union City, and Newark as part of the 17th annual Trees of Angels campaign. If you would like to make a donation to Trees of Angels in support of local hospice care, please contact the Washington Hospital Healthcare Foundation at (510) 791-3428.

and Mark and Gaby Bernardin, owners of several local McDonald's restaurants, partner on Trees of Angels in the Tri-City area to support local hospice care.

The 2012 Trees of Angels events commenced with a tree-lighting ceremony on Monday, November 26, at the Bernardin Family McDonald's located on Mission Boulevard and I-680 in Fremont. The Mission San Jose Choir, led by Jason Aucoin, sang holiday favorites, while Mayor-Elect, Bill Harrison, and Linda Wasserman threw the switch to light the tree adorned with angels and lights.

The following Saturday, the Children's Holiday Breakfast was held at Washington West. More than 200 attendees enjoyed breakfast provided by the Bernardin Family McDonald's, as well as a magic show performed by Ronald McDonald and a photo session with Santa and Mrs. Claus. The Bernardin family also generously donated gifts for all children who attended.

The third event took place at Newark City Hall on December 3. After Santa and Mrs. Claus mingled with the crowd, Mayor Al Nagy emceed the program. The Newark Memorial Advanced Choir entertained community members with holiday carols.

The final tree lighting took place two nights later at the Nakamura Clinic in Union City. Speaking for the Union City Chamber of Commerce, which co-hosted the event, Chamber President, Gloria Watson, welcomed the crowd. President-elect of the Foundation and mayor of Union City, Carol Dutra Vernaci, emceed the



Patricia Danielson, R.H.I.T., Washington Township Health Care District Board of Directors secretary, and Bernard Stewart, D.D.S., Washington Township Health Care District Board of Directors first vice president, enjoyed the Union City Trees of Angels event.



The Newark Memorial Advanced Choir entertained community members with holiday carols.

event and lit the tree with the help of the children in attendance. The James Logan Jazz Singers, led by Erin McShane, sang for the crowd. Following the tree lighting,

guests enjoyed refreshments provided by chamber members.

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InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	1/1/13	1/2/13	1/3/13	1/4/13	1/5/13	1/6/13	1/7/13
12:00 PM 12:00 AM	Diabetes Matters: Vacation or Travel Plans?	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy	Hip Pain in the Young and Middle-Aged Adult	Heel Problems and Treatment Options	Disaster Preparedness	Caring for an Older Adult: Everything You Need to Know about Caregiving	Diabetes Matters: Top Foods for Heart Health (New)
12:30 PM 12:30 AM							Women's Health Conference: Aging Gracefully
1:00 PM 1:00 AM	Voices InHealth: Healthy Pregnancy	Washington Women's Center: Cancer Genetic Counseling	Washington Women's Center: Heart Healthy Foods	Women's Health Conference: Food and Mood: How One Can Affect the Other	Important Immunizations for Healthy Adults	Diabetes Matters: Kidney Disease: Risk, Management, & Beyond	Inside Washington Hospital: Washington Township Center for Sleep Disorders
1:30 PM 1:30 AM							
2:00 PM 2:00 AM	Treatment Options for Knee Problems	Washington Township Health Care District Board Meeting December 12, 2012	Diabetes Matters: Kidney Disease: Risk, Management, & Beyond	Washington Township Health Care District Board Meeting December 12, 2012	Arthritis: Do I Have One of 100 Types?	Voices InHealth: Medicine Safety for Children	Washington Township Health Care District Board Meeting December 12, 2012
2:30 PM 2:30 AM			Your Concerns InHealth: Pediatric Care – The Pre-School Years				
3:00 PM 3:00 AM					Shingles		
3:30 PM 3:30 AM							
4:00 PM 4:00 AM	Don't Let Back Pain Sideline You	Diabetes Matters: Top Foods for Heart Health (New)	Strengthen Your Back! Learn to Improve Your Back Fitness	Superbugs: Are We Winning the Germ War?	Do You Have Sinus Problems?	Don't Let Back Pain Sideline You	Your Concerns InHealth: A Good Night's Sleep
4:30 PM 4:30 AM							
5:00 PM 5:00 AM							
5:30 PM 5:30 AM	Dietary Treatment to Treat Celiac Disease	Diabetes Matters: Vacation or Travel Plans?	Minimally Invasive Surgery for Lower Back Disorders	Turning 65? Get To Know Medicare	Diabetes Matters: Top Foods for Heart Health (New)	Dietary Treatment to Treat Celiac Disease	Do You Suffer From Anxiety or Depression?
6:00 PM 6:00 AM							
6:30 PM 6:30 AM	Vitamins and Supplements - How Useful Are They?	Your Concerns InHealth: Pediatric Care – The Pre-School Years	Raising Awareness About Stroke	Don't Let Back Pain Sideline You	Washington Township Health Care District Board Meeting December 12, 2012	Washington Township Health Care District Board Meeting December 12, 2012	Inside Washington Hospital: Patient Safety
7:00 PM 7:00 AM		Your Concerns InHealth: A Good Night's Sleep					Important Immunizations for Healthy Adults
7:30 PM 7:30 AM	Voices InHealth: Radiation Safety	Diabetes Matters: Key To A Healthy Heart with Diabetes	Voices InHealth: Radiation Safety				
8:00 PM 8:00 AM				Financial Scams: How to Protect Yourself (Late Start)	Diabetes Matters: Back to the Basic Keys for Success	Your Concerns InHealth: Vitamin Supplements	Diabetes Matters: Back to the Basic Keys for Success
8:30 PM 8:30 AM	Washington Township Health Care District Board Meeting December 12, 2012	Diabetes Matters: Back to the Basic Keys for Success	Washington Township Health Care District Board Meeting December 12, 2012			How to Maintain a Healthy Weight: Good Nutrition is Key	
9:00 PM 9:00 AM						The Weight to Success	Healthy Nutrition for Your Heart
9:30 PM 9:30 AM				How to Maintain a Healthy Weight: Good Nutrition is Key	Your Concerns InHealth: Senior Scam Prevention	Diabetes Matters: Top Foods for Heart Health (New)	Inside Washington Hospital: Stroke Response Team
10:00 PM 10:00 AM	Diabetes Matters: Diabetes Viewpoint	Disaster Preparedness	Your Concerns InHealth: Senior Scam Prevention	The Weight to Success			
10:30 PM 10:30 AM					Voices InHealth: Update on the Journey to Magnet Status	Shingles	Learn About Nutrition for a Healthy Life
11:00 PM 11:00 AM				Community Based Senior Supportive Services			
11:30 PM 11:30 AM	Wound Care Update	Treating Infection: Learn About Sepsis	Diabetes Matters: Research: Advancing Diabetes Management		Learn About Nutrition for a Healthy Life	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Voices InHealth: The Legacy Strength Training System

Learn How to Lose Weight the “Right Weigh”

Fremont Resident Gains Knowledge & Support While Losing Weight

For Colleen Trinko, maintaining a healthy weight over the years has been an up and down struggle. The long time Fremont resident had tried several different diets but nothing really worked. But about two years ago, she decided to try the Right Weigh Program at the Washington Women's Center and she has lost more than 25 pounds. Along with losing weight and keeping it off, Trinko has gained valuable knowledge that has helped sustain her weight loss.

“The Right Weigh program has provided me with discipline and a new way of thinking about food and activity,” she says. “One of the most important aspects about the program is learning how to eat healthy and in a sensible manner. I have developed a genuine balance in my life thanks to the clinical expertise that this program offers.”

The Right Weigh program is led by Anna Mazzei, a Washington Hospital registered dietitian and certified diabetes educator. Mazzei has more than two decades of experience focusing on outpatient counseling for people with diabetes and weight management issues. The goal of the program is promote sound nutrition, physical activity and positive lifestyle changes that lead to long-term weight loss and improved overall health.

“I had joined Weight Watchers years ago, but the weight just came right back,” Trinko explains. “The Right Weigh Program offers more personal attention and Anna Mazzei provides an extensive amount of knowledge that you can trust. Another reason I like this program is that it doesn't involve a commitment to a product or costly plan.”

Program Offers Expert Guidance

The Right Weigh program takes place over a 12-week period that include personal one-to-one



Washington Hospital registered dietitian and certified diabetes educator Anna Mazzei leads the RightWeigh program at Washington Women's Center. The 12-week program includes personal one-to-one consultations and assessments along with small group sessions that cover such topics as meal planning, getting active, and behavioral strategies that help you get on track and continue toward your goal. Call Laura Constantine, R.N., Washington Women's Center Coordinator at (510) 608-1356 to schedule an individual appointment and enroll in the class.

consultations and assessments along with small group sessions that include discussion topics on meal planning, getting active, and behavioral strategies that help you get on track and continue toward your goal.

Mazzei says many people trying to lose weight already know much about what they should do to lose weight. She says the difficulty comes in the “How-To” and to implement the necessary changes into our daily lives consistently.

“It's imperative that the diet and exercise goals are tailored to the individual - this is not a “one-size fits all” approach,” she says. “This is often why individuals get discouraged following a diet because it doesn't take the individual's life, time schedules and

responsibilities into consideration. This program educates and guides the participant to empower themselves to achieve a healthier weight. We provide the tools and options the participant needs to individualize the meal and exercise plans to fit their changing needs.”

Trinko says she really enjoyed the opportunity to share information and learn from other people during the program's group discussion sessions. Mazzei often brings new recipes and healthy food items to try at each meeting and one of the group sessions involves a “field-trip” to the local supermarket.

“Anna Mazzei took our group to the grocery store and walked us through the aisles,” Trinko re-



Fremont resident Colleen Trinko lost more than 25 pounds after joining the Right Weigh program. She has maintained her weight loss by using the strategies she learned during the program.

calls. “She read food labels and led a discussion on how to evaluate which food products are better choices.”

Now Trinko takes part in a follow-up program called the Right Track, which meets once a month to keep participants going in the right direction.

“Anna Mazzei also facilitates the Right Track program and I've been participating every month for the last two years,” says Trinko. “I know that I've been able to maintain my weight loss because of the Right Weigh program and I encourage anyone who wants to lose weight to sign up. I know it has worked for me.”

Can Anyone Join This Program?

All women who want to lose weight but don't know how to begin or have been unsuccessful with “other” weight loss programs are encouraged to sign up. Mazzei says that women who struggle with barriers that prevent nutritious meal planning, engaging in regular exercise and/or developing healthy behaviors will benefit from this program. Women with severe obesity and those that need to continue weight loss upon completion of the program will be referred to appropriate health providers as needed. (Participants will be asked to inform and be cleared by their physician before participating.)

Classes are Now Forming for the “Right Weigh” Program

To register for the “RightWeigh” Nutrition program, call Laura Constantine, R.N., Washington Women's Center Coordinator at (510) 608-1356 to schedule your individual appointments and enroll in the class starting Tuesday, February 5. Group classes meet once a week for the first four weeks. Then sessions meet every two weeks for the next two months. The fee for the entire program is \$185. Group classes and meetings will take place inside the Washington Women's Center, Suite 150, located at 2500 Mowry Avenue in Fremont. To learn more about all the programs and services offered at the Washington Women's Center visit www.whhs.com/womenscenter

Mom Was Right Soup Can Make You Feel Better!

Women's Center Offers Lunch and Learn Session on ‘Healing Soup’

Do you have fond memories of a time in your childhood when you were ill and your mom or another person who loved you made homemade soup for you? Well, it turns out the healing properties of soup go beyond the psychological comforts.



Learn how to prepare a variety of soups that can help “cure what ails you.” Maggie Villagomez, R.D., will be giving a soup-making demonstration at an upcoming Lunch and Learn seminar at the Washington Women's Center at 2500 Mowry Avenue in Fremont. The demonstration – which includes a chance to taste samples of the soups – is scheduled for Wednesday, January 16 from noon to 1 p.m. To register, call (800) 963-7070 or visit www.whhs.com/womenscenter. Space is limited, and the seminar fee is \$5.

“I've done some research into the history of soup-making, and I've found that for a long, long time, soups were made for people who were ill,” says Maggie Villagomez, RD, a registered dietitian in Washington Hospital's Food & Nutrition Services Department.

“First of all, soups don't require much chewing, and they are easily digested,” she explains. “Plus, soups are easy to make, and once the soup is simmering, the caregiver can watch over the sick person, rather than the

continued on page 5

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When: Saturday, January 26, 2013

Time: 10 a.m. to 1 p.m.

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Monarch butterflies at Ardenwood



BY JESSICA NOËL FLOHR

Butterflies with their gossamer wings seem so delicate and fragile; few would imagine that they are actually quite hearty creatures, the monarch being especially so. Each fall, western monarch butterflies begin an arduous journey down the west coast, traveling from northern to Southern California. They spend a portion of their travels overwintering in eucalyptus trees, Monterey pines, and Monterey cypress trees throughout California. Expert and amateur lepidopterists alike gather every year around the state to catch a glimpse of this amazing sight.

Bay Area butterfly lovers can find several local spots for monarch migration viewing. One of the closest monarch overwintering locales is Ardenwood Historic Farm. Hundreds of monarch butterflies swarm the eucalyptus grove on the outskirts of the farmland every winter. Ardenwood hosts naturalist-led butterfly walks for park-goers to see the monarchs up close.

A small group of butterfly viewers, led by a naturalist, travels through the fields of Ardenwood to a silent grove at the edge of the farm where history, nature, and suburbia meet. Slowly, moving among the trees, visitors glimpse branches dripping with orange and golden wings softly fluttering - a natural and miraculous phenomenon.

Monarch butterflies are the only species known to migrate in a manner similar to birds, traveling south and then returning to the place of their ancestral origin. The barrier of the Rocky and Sierra Nevada mountains separates monarchs into eastern and western varieties. Eastern monarchs travel as far south as Mexico in their annual migration. Historically, butterflies would have relied more on evergreens such as Monterey pines and cypresses, but the introduction of eucalyptus trees to California in the mid-1800s proved to be perfect overwintering habitat for migrating monarchs. Eucalyptus trees grow quickly in sheltered groves and the drooping branches provide a great shelter for the monarchs to roost on cool California nights. Blossoms on the eucalyptus trees are an additional benefit, providing food for the monarchs.

California has several locations for monarch viewing, from Fremont to San Diego. Fremont's Ardenwood Historic Farm offers programs on week-ends throughout January and early February. Monarch Butterfly Walks begin at the granary on the farm and involve a short, easy hike to the eucalyptus grove. Walks are held at 10:30 a.m. and 2 p.m. A kid-friendly program, Monarchs for Kids, is designed for children, ages three to six, and includes a puppet show that explains the life cycle of the monarch butterfly.

Meet the Monarchs, an hour-long program for adults which includes a slide presentation on the life of the butterflies, is offered January 5, 13, 19, and 27. On Wednesdays through Fridays in January, an Ardenwood naturalist will host Afternoon with the Monarchs for a more intimate question and answer session for butterfly lovers.

Monarch migration is such a unique experience. It's well worth a trip to Ardenwood to view this incredible sight in person. Children and adults will both be amazed to see the beautiful butterflies fluttering in the treetops.

Monarch Butterfly Walks

Every Saturday and Sunday in January
10:30 a.m. and 2 p.m.

Afternoon with the Monarchs

Every Wednesday - Friday in January
2 p.m. - 3 p.m.

Meet the Monarchs

January 5, 13, 19, and 27
12:30 p.m. - 1:30 p.m.

Monarchs for Kids

January 6, 12, 20, and 26
11 a.m. - noon

Changes in the Butterfly Grove

February 2 and 9
2 p.m. - 3 p.m.

California Western Monarch Day

Sunday, February 3
11 a.m. - 2 p.m.

Farewell to the Monarchs

Sunday, February 10
11 a.m. - 2 p.m.

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Trees of Angels 2012

continued from page 2 **Spreading Holiday Cheer**

"The Foundation would like to thank all those who volunteered their time to help make these events possible," said Demetrious Shaffer, President of the Foundation. "Sponsors and donors generously contributed over \$40,000 – a record amount. Thank you to our friends and supporters for attending these festive holiday events."

**Washington Hospital
Healthcare Foundation would like to extend a
warm thank you to the 2012 Trees of Angels Sponsors:**

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If you would like to make a donation to Trees of Angels in support of local hospice care, please contact the Foundation at (510) 791-3428 or email: foundation@whhs.com

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**Washington Hospital
Healthcare System**



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Mom Was Right Soup Can Make You Feel Better!

soup. More recently, we've discovered additional benefits of soup for people who are ill. A team of scientists at the University of Nebraska Medical Center actually studied chicken soup, and they found it contains anti-inflammatory properties that can soothe sore throats and also slow the release of mucus. So mom was right! Chicken soup really is good for colds."

And it doesn't necessarily have to be chicken soup to have a healing effect.

"You can make soups with a variety of spices that release antioxidants that may help protect your body's cells," Villagomez says. "For example, the herb rosemary may help prevent damage to blood vessels that can raise your risk of heart attacks. Ginger is known to aid in digestion and prevent nausea. Paprika has anti-inflammatory properties."

Villagomez notes that many kinds of vegetables often used in soups have healing properties, too. Some examples include:

- Carrots are a good source of Vitamin A, which is good for the health of your eyes and skin.
- Tomatoes also are a good source of Vitamins A and C, and cooked tomatoes actually provide more antioxidants than raw tomatoes.
- Celery is a good source of antioxidants and a study from the University of Illinois indicates it may help reduce inflammation.
- Some studies indicate garlic may help disrupt the metabolism of cancerous tumor cells.
- Beans can serve as a source of protein that is lower in fat and cholesterol than meats, as well as a good source of fiber that helps lower cholesterol and blood-sugar levels.

"Vegetables may help reduce the risk of disease by promoting healthy body cells," she says. "The key is to simmer soups slowly – especially the vegetables. Simmering releases the vitamins and minerals into the soup, whereas boiling the soup actually leaches out the vitamins and minerals by half or more."

To help women learn more about preparing a variety of soups that can help "cure what ails you," Villagomez will be giving a soup-making demonstration at an upcoming Lunch and Learn seminar at the Washington Women's Center at 2500 Mowry Avenue in Fremont. The demonstration – which includes a chance to taste samples of the soups – is scheduled for Wednesday, January 16 from noon to 1 p.m. To register, call (800) 963-7070 or visit www.whhs.com/womenscenter. Space is limited, and the seminar fee is \$5.

"This class is part of a larger effort at Washington Hospital to promote healthy eating," Villagomez says. "Throughout the month of January, we will be offering 'Unbelieva-Bowls' of soup in the

cafeteria, with a different featured soup each week. We even will have a 'Build-a-Bowl' event where people can choose among various ingredients to add to their soups."

To tempt your taste buds, Villagomez offers the following recipe from Cooking Light Magazine that will be featured at the class on January 16:

Curry-Ginger Butternut Squash Soup

The spices and chile sauce in this soup give it a nice heat and warmth that can help clear congestion and soothe the tummy without being too spicy.

Ingredients

- 2 teaspoons vegetable oil
- Click to see savings
- 3 tablespoons finely chopped peeled fresh ginger
- 3 garlic cloves, minced
- 2 teaspoons curry powder
- 1 cup mirin (sweet rice wine, found in Asian section of grocery store)
- 6 cups (1/2-inch) cubed peeled butternut squash (about 2-1/2 pounds)
- 6 cups fat-free, less-sodium chicken broth
- Click to see savings
- 2-1/2 cups (1/2-inch) cubed peeled celeriac (celery root; 1 to 1-1/2 pounds)
- Click to see savings
- 2 teaspoons thawed orange juice concentrate
- Click to see savings
- 1 teaspoon Sriracha (hot chile sauce, found in Asian section of grocery store)
- 1/2 teaspoon salt
- 1/2 cup plain low-fat yogurt
- 2 teaspoons chopped fresh flat-leaf parsley

Preparation

Heat oil in a Dutch oven over medium-high heat. Add ginger and garlic; sauté 90 seconds. Add curry; cook 15 seconds, stirring constantly. Add mirin; cook until liquid is reduced to 1/2 cup (about 4 minutes). Add squash, broth and celeriac; bring to a boil. Reduce heat and simmer 15 minutes or until tender.

Place one-fourth of squash mixture in a blender; process until smooth. Pour pureed squash mixture through a sieve over a large bowl, reserving liquid; discard solids. Repeat procedure in 3 more batches with remaining squash mixture. Stir in orange juice concentrate, Sriracha, and salt. Dollop 1 tablespoon yogurt over each serving; sprinkle with parsley.

Yield: 8 servings (serving size: about 1 cup)

Nutritional Information
Amount per serving
Calories: 176
Calories from fat: 9%
Fat: 1.7g
Saturated fat: 0.4g
Monounsaturated fat: 0.4g
Polyunsaturated fat: 0.8g
Protein: 5.2g
Carbohydrate: 29.3g
Fiber: 4.7g
Cholesterol: 1mg
Iron: 1.3mg
Sodium: 567mg
Calcium: 107mg

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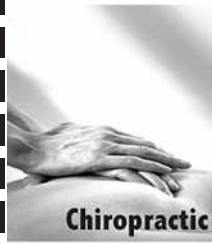
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Decorating help for your bookcases



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Take a good look at that bookcase in your living room. How are the items arranged on the shelves? Does the bookcase look attractive or does it need help?

One of the most common mistakes people make is crowding too many books and knickknacks on the shelves. Your living room can look instantly cluttered and

unattractive if you let these shelves get out of control. Resist the urge to display any of the following items on your nice living room bookshelves: telephone books, photo albums (framed photos are great, but albums are best stored elsewhere), video tapes and DVDs (place them in baskets or good-looking storage boxes), loose papers, binders and notebooks. Try to find other locations for these items, such as in a home office or in a closed cabinet or closet.

During a recent redesign, my client had a gorgeous dark wood bookcase with elegant fluting and lighted glass shelves. It has been placed off center on the large living room wall, but my partner and I moved it front and center,

so it became the focal point around which the furniture was arranged. We carefully edited her accessories, placing books on the bottom shelves and one large, striking item on each of the glass shelves. By only using one item per shelf, each piece gained importance and commanded more attention. My client was thrilled with the final result.

To arrange bookcases attractively, try to use a combination of books and accessories, and don't be afraid to edit your accessories. To give the bookcase a more formal look, remove the dust jackets from hardback books, revealing linen book covers with gold lettering. Try to move trade paperbacks to another location in the home, as these books are not so

attractive. If this is not possible, group all trade paperbacks together on their own shelves. Have some books stand upright and some books stacked lying down. A single photo or accessory can sit on the stack of books or act as a bookend. Varying the horizontal and vertical placement of books and accessories makes the arrangement more interesting.

Another option is to place taller books in the middle of a shelf, and shorter books (from tallest to shortest) on either side so that they create a pyramid shape. Use bookends to hold the books in place.

A small piece of art looks beautiful displayed on an easel, and silk greenery adds a nice touch to the arrangement.

Family photos are wonderful to use in bookcases, but it is easy to go overboard. Keep your favorites and intersperse them among the books. Place other framed photos on side tables, or create a large photo collage to hang on the wall. I impart this advice loosely, however, as I find it as difficult as all of you do to take down cute pictures of my kids. Luckily there is no "bookcase police" to come and tell you to remove them. If they make you happy, I won't say a word about it.

Anna Jacoby of Anna Jacoby Interiors is a local interior designer. Send your design questions to her at info@annajacobyinteriors.com. Call or fax her at 510-490-0379 or visit www.annajacobyinteriors.com

Kaiser Permanente promotes HIV/AIDS testing and education

SUBMITTED BY JESSIE MANGALIMAN

As part of its efforts to prevent new HIV infections in populations disproportionately affected by the epidemic, a fund established by Kaiser Permanente has awarded \$750,000 to 10 Northern California organizations offering HIV and AIDS education, prevention, testing, and connections to care.

Tri-City Health Center in Fremont, one of the grant recipients, offers mobile HIV testing and counseling services, which allows them to reach young people in nightclubs, parks, homeless camps and motels. The group's Project LOUD (Live Outreach Uniquely Delivered) will expand testing to African-American and Latino youth, Latino day laborers, gay men, transgender individuals and youth who regularly miss school. Tri-City Health tested 2,632 youth in Alameda County last year.

While HIV treatments offer more promise than ever before, the virus continues to hit certain communities hard, particularly African Americans, Latinos, youth, transgender people, and gay and bisexual men. The grants started Dec. 1, the 25th observance of World AIDS Day.

For more information, go to: kp.org/newscenter.

Federal funds slated for Alameda County transportation

SUBMITTED BY TESS LENGYEL

Alameda County will receive an estimated \$63M over four fiscal years (FY 2012-13 through FY 2015-16) from the One Bay Area Grant (OBAG) program for transportation projects, including improvements to local streets and roads, bicycle and pedestrian projects, and transit-oriented development. Alameda County Transportation Commission (Alameda CTC) has developed a public outreach process to educate and receive public feedback on the development of the OBAG program in Alameda County.

The OBAG program supports California's climate law, SB 375, which requires a "Sustainable Communities Strategy" to integrate land use and transportation to reduce greenhouse gas emissions. Alameda CTC has a long history of working to

improve environmental sustainability by reducing greenhouse gas emissions through expanding transportation choices and improving access to jobs and housing. Expanded transportation options also benefit the community by improving the health, quality of life and mobility of all Alameda County residents.

See the Alameda CTC OBAG Outreach Schedule at <http://tinyurl.com/9sfd6cz> for a summary of outreach activities on a monthly basis for fiscal year 2012-2013. Also visit Alameda CTC at <http://tinyurl.com/9xft5ts> to see the OBAG Implementation Fact Sheet (also available in Spanish and Chinese) and OBAG web page at <http://tinyurl.com/8ljalou>.

For more information about the Alameda County Transportation Commission, visit www.AlamedaCTC.org

continued from page 1

'Remembering 1882'

decades of public debate and American public sentiment. These laws which flew in the face of human rights guarantees enumerated in the US constitution and their impacts are an essential part of the nation's history. How these laws came about, how they were repealed and how the US Senate and House of Representatives came to issue resolutions disavowing these laws in 2011 and 2012, is something that every American should know.

On January 5, 2013 the Fremont Main Library, in conjunction with the Chinese American History Network, will open an acclaimed history exhibit: Remembering 1882: Fighting for Civil Rights in the Shadow of the Chinese Exclusion Act. On the opening day of the exhibit, noted Chinese American historian and author Philip Choy will initiate an accompanying lecture series on Chinese American History scheduled for each Saturday morning during the month of January. Speakers from key Chinese American civil rights organizations that worked for the recent Senate and House resolutions will open the series.

The exhibit "Remembering 1882" is a traveling exhibit designed and made available to the public by the Chinese Historical Society of America. Co-sponsoring organizations: Alameda County Public Library, Chinese American History Network (CAHN), Asian Pacific Islander American Public Affairs Association (APAPA), Chinese American Citizens Alliance (CACA), Chinese Historical Society of America, Citizens for Better Community, and South Bay Chinese Club. The exhibit will be located in the Maurice Marks Center for Local and California History and lectures in the Fukaya Room of the Fremont Main Library, 2700 Stevenson Blvd. in Fremont. Call (510) 745-1401 or visit www.aclibrary.org for additional information.

Remembering 1882 Exhibit
Saturday Jan 5 - Thursday Feb 28

Lecture Series:
Saturday, Jan 5
10:30 a.m.

Historian and author Philip Choy
Exclusion laws and the development of San Francisco's Chinatown
Philip will also talk about his new book and conduct a book signing

Saturday, Jan 12
10:30 a.m.

Historian and author Judy Yung
Angel Island and the exclusion laws
Judy will conduct a book signing following her talk

Saturday, Jan 19
11:00 a.m.

Librarian and genealogist Christine Devillier
Conducting Chinese American genealogical research - special challenges and resources

Saturday, Jan 26
10:30 a.m.

History activist Geraldine Low-Sabado
Fifth generation descendant of the Chinese American fishing village in Pacific Grove
Documentary "By Light of Lanterns"

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Hours:
Monday - Tuesday: 1 p.m. - 9 p.m.
Wednesday: 12 Noon - 6 p.m.
Thursday - Friday: 11 a.m. - 6 p.m.
Saturday: 10 a.m. - 5 p.m.
Sunday: Closed



YSTCA students and Dominican Sisters with Vice Mayor, Anu Natarajan (second from right).

Cultural program assists Dominican Sisters

SUBMITTED BY
KRISHNASWAMY NARASIMHAN
PHOTOS BY RAMYA RAMAN

Four young high school students from the Bay area Indian Carnatic music arena thought of giving back to society what they learned over the years and YSTCA (Youth Service Through Cultural Arts) was born. When these students, Divya Mohan, Gopal Ravindran, Ashwin Srikant, and Vignesh Thyagarajan thought of their first venture, they determined that a local organization was in need of funds for survival. Proving that music has no barriers, the re-

sult was a day-long cultural extravaganza, held on December 8, to benefit the music program of the Dominican Sisters of Mission San Jose (DSMSJ).

Ms. Anu Natarajan, Vice-Mayor of the City of Fremont, presided over the function and praised the efforts of the young organizers. She also commended the Dominican sisters of Mission San Jose for cultivating musical culture and announced the total of \$8,050 raised from this fundraiser. Sister Carolyn Marie Monahan, Director of Dominican Schools, thanked YSTCA for the donation and all the volunteers and audience for a wonderful event. All the Sisters joined a choral song blessing all those present.

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Fremont Police Log

SUBMITTED BY FREMONT PD

December 21

Alarm in 1800 Blk Mowry (medical office). Units respond and locate window smash. Officer Harvey hears movement inside and perimeter is set. Sergeant Tassano notices a subject nearby hiding behind a tree. A male was arrested for burglary. Building search by Newark PD Officer Jackman and K-9 Eliot. Loot from burglary was not too far behind the tree. Case investigated by Officer Contrada.

December 22

Two males forced entry into the back door of Haller's Pharmacy and brandished guns at two employees. The suspects emptied the victims' pockets while forcing them to lie on the ground. The loss was oxydnone. The suspects were two black males; one wore a bandana over his face.

At approximately 6:58 p.m., the dispatch center received an open 911 call from a cell phone. Dispatcher Juliana Cruz found that an eight year-old juvenile was responsible for the 911 call. Dispatcher Cruz spoke to the juvenile and learned her parents had left her and her six year-old brother alone at an unknown motel. Dispatcher Cruz spent approximately one hour on the phone with both juveniles and determined they were at the Fremont Islander Motel. Officers N. Johnson and M. Smith responded and found the juveniles inside an unsafe room. Both juveniles were taken into protective custody. The parents had not returned to the motel at the time of this writing.

December 23

Several reports of hearing gunshots near the area of the Pepper Tree Apartments (37767 Fremont Blvd.). Area check of the neighborhood was conducted with negative results.

Zone 2 units responded to the area of the Round Table Pizza in Centerville for a fight with a possible gunshot heard. Arriving officers find a group of subjects and arrest a male

for drunk in public. Investigated by Officer Blass

Security for Martinex Manufacturing on Osgood Road called to report that someone had broken into the business. Arriving Officers found that the suspect(s) attempted to cut a hole through the side of the building. Officers determined that the suspect(s) did not gain entry into the building. Investigated by Officer Austin.

December 24

Homeowners returned after being away for three days to find their home on Paseo Padre burglarized. CSO Aguirre investigating.

December 25

Officers detailed to a disturbance at 4400 block of Deep Creek. Turns out a family gathering following a relative's death resulted in a fight over the proposed distribution of assets. There were 12+ family members involved and they turned on a neighbor who called police. Officers arrived and tried to separate the combatants but females were used as shields, and others tried liberating a male suspect from police custody. So one subject got tased and two others were arrested for warrants, resisting arrest and drunk in public. All officers were okay; the incident was supervised by Sergeant Griese.

December 27

Commercial burglary at Public Storage on Peralta. Several units were broken into over the holidays.

Late reported armed robbery at Walnut near Guardino. Victim was robbed of his I-phone by a Hispanic Adult Male, 25, dark hoody with a handgun. Victim waited several hours to call us. Officer Zargham investigating.

Residential burglary in the 37000 block of Elliot Street. Pet sitter discovered the burglary. Owners are away on vacation. CSO Goralczyk investigating.

Officer Taylor stopped a vehicle in Niles, driven by a 17 year old female with three passengers. The juvenile driver was arrested for DUI. This is her second DUI in a year. She was cited and released to mom after her blood test.

The owners came home from a week's vacation to find the home on

Sunrise ransacked and their vehicles moved. Officer Sasser investigating.

Commercial burglary at Outback Steakhouse. Officer Hartman investigating.

December 28

A woman, residing on Apache Court called to report that she was terrified of her boyfriend and his unstable behavior. The couple were engaged in an argument just prior to the male producing a handgun and threatening to kill himself. The woman barricaded herself and called FPD as the male was placing the gun in his mouth. The male fled into the neighborhood just prior to FPD's arrival. Officers responded, set up a perimeter and had the woman exit the residence. Officers also established contact with the suicidal man via cellular phone. Members of the Hostage Negotiations Team and Officer Snyder attempted to convince the man to surrender to police without success. Members of the SWAT Team responded and cleared the residence with the assistance of Milpitas PD's K-9 Unit. Several hours later, communication with the man was once again established. He informed officers that he was still in the neighborhood and agreed to surrender. The man was detained near the residence without incident.

AMC Auto Sales at 38395 Mission reported a customer had purchased a car on the 20th with stolen and forged checks. Officer Zargham had the vehicle entered into SVS. Within an hour SJPd stopped the vehicle and the driver was arrested.

Homeowner at 3300 block of Alder came home to find two juveniles in his backyard. They fled on foot and he followed, calling us on 911. Officer Johnson detained two juveniles in the area.

Residential burglary in the 40000 block of Spady Street. CSI Goralczyk investigating.

Residential burglary occurred on Belvedere. Investigated by Officer Piol.

Officers were dispatched to a trespasser alongside a neighbor's home around 3 a.m. A 35 year old male was rummaging for recycling items and was arrested for being a felon in possession of a stun gun. Case investigated by Hartman.

Newark Police Log

SUBMITTED BY NEWARK PD

December 12

Officers investigated a vehicle burglary in the BJ's Restaurant parking lot at 9:11 p.m. The vehicle had a window smashed out and a lap top computer and bag were stolen.

December 13

Officers investigated an auto burglary in the 5600 block of Thornton Avenue at 11:46 a.m. The vehicle had a window smash and the loss was camera.

Officers recovered a stolen 1990 Lexus in the 35000 block of Argonne Street at 2:54 p.m. The vehicle was stolen out of Union City.

Zaki Hamidi of Livermore attempted to cash a fraudulent check at Wells Fargo on Newark Boulevard. He was arrested by responding officers at 5:23 p.m.

December 14

Officers investigated a residential burglary in the 36000 block of Deborah Street. Entry was made through and open rear window and the loss was jewelry.

At 2:52 p.m., Officers investigated a "grab and run" theft from Macy's. The loss is approximately \$900.00 worth of merchandise.

Newark Mall security reported overhearing two juveniles talking about a gun concealed in one of their backpacks. Prior to the arrival of police the two juveniles got onto a bus which left the mall. Officers located the bus and the responsible juveniles at 5:52 p.m. As it turned out one of the juveniles admitted that they thought it would be funny to discuss a gun in the presence of mall security.

Officers investigated an auto theft from the BJ's parking lot at 6:51 p.m.

Officers investigated a residential burglary in the 36000 block of Colbert Place at 7:49 p.m. Entry was made via a bathroom window which was left open. The loss is unknown at this time.

December 16

At 2:37 p.m., Officers investigated a report of a strong-armed robbery that occurred at the Newark Mall. An unknown suspect grabbed a necklace from the neck of a female and fled the scene. The victim suffered no injuries.

Officers investigated a shoplifting incident at Macy's at 8:04 p.m. Keianna Talton of East Palo Alto was arrested for burglary and possession of previously stolen store merchandise.

December 17

Officers arrested Tyrell Washington of San Francisco at 3 p.m. for shoplifting from Macy's and an outstanding warrant.

During a check of a suspicious vehicle parked to the rear of Silver Creek Physical Therapy on John Muir Drive, Stewart Obcena of Newark was arrested at 9:08 p.m. for possession of a Billy club/baton.

December 19

Officers investigated a theft report at 3:20 p.m. where a laptop was stolen from an unlocked vehicle near

Newark Boulevard and Highway 84.

Officers arrested Rolando Alcala (a Transient) at 5:20 p.m. for Petty Theft after shoplifting at JC Penney.

December 20

Officers responded to the 35000 block of Vinewood Street at 9:59 a.m. regarding a suspicious vehicle and its occupants knocking on doors in the area. Upon arrival in the area two suspects were seen loaded stolen property into the vehicle. The vehicle fled as did two suspects on foot. A foot pursuit ensued and officers located/arrested Donte Anderson of Oakland and Asan Hayes of Antioch. Both were arrested for burglary.

Officers arrested Danrick Sweet of Crockett at 5:06 p.m. for Petty Theft after shoplifting at JC Penney.

Officers responded to the Safeway shopping center for a disturbance between a male and a female at 7:41 p.m. Robert Maldonado of Newark was arrested for violation of a restraining order

December 21

Officers responded to the Sycamore Bay Apartments at 3:31 a.m. after dispatchers received multiple 9-1-1 calls about a possible battery in-progress inside one of the apartments. Upon arrival all of those associated with the unit were located outside and heavily intoxicated. Virginia Mendora of Newark fled the scene in her vehicle. Arriving Officers located her and she was arrested for DUI. Officers also arrested Jacob Ortega of Newark for being drunk in public.

December 22

Officers investigated a residential burglary in the 37000 block of Aleppo Drive at 7:47 p.m. Suspect(s) smashed the glass to a rear sliding glass door. At the time of this writing the loss is jewelry.

Mall Security observed a subject climb over the railing on the second level of the mall interior and walk across a support beam at 10:12 p.m. Mall Security attempted to contact the subject who was drunk and beligerent. The subject ran off and officers located Raman Naidu of Hayward walking in traffic on the mall property. Naidu was arrested for public intoxication.

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continued from page 8

December 23

Officers were alerted at 5:45 p.m. to James Lopez of Fremont selling Marijuana at the Newpark Mall. He was arrested for same.

Officers were sent to Mayhews Landing and Christine at 8:28 p.m. for a robbery that had just occurred. An unknown green 2-door passenger vehicle, with a female driver approached the victim as he walked along the sidewalk. A Black Male Adult exited the passenger seat, simulated a handgun underneath his shirt and relieved the victim of his wallet. The suspects fled north on Christine Street.

Officers were sent to JC Penney at 11:23 p.m. for a report of a robbery that had just occurred. Viola Block of Fremont and Aisha Meredith of San Leandro had stolen merchandise inside of the store. When confronted by loss prevention, Viola scratched the loss prevention agent in the face and followed up with a punch to his face. Aisha

decided to bite the loss prevention and ran to nearby car but it wouldn't start. The pair fled on foot. Officers located the pair near Burlington Coat Factory. Both were arrested for robbery.

December 27

Officers responded to Macy's at 7:01 p.m. for a report of a shoplifter in-custody. Ryan Melo of San Lorenzo was arrested for petty theft.

December 28

Daniel Nesbitt of Newark was arrested at 2:12 p.m. for assault with a deadly weapon, battery on an officer, resisting arrest, and vandalism. This incident stemmed from his vehicle being towed.

Any person with any information concerning these incidents can contact the non-emergency line at (510) 578-4237. Information can also be left anonymously on the "silent witness" hotline at (510) 578-4965.

Child prostitutes rescued

SUBMITTED BY DET. RYAN CANTRELL

On Thursday, December 6, 2012, the Alameda County Vice Enforcement Team (ACVET) conducted a CSEC (Commercially Sexually Exploited Children) Recovery and Prostitution "out-call" and "in-call" operation at a hotel in Emeryville. The undercover operation's goal was recovery of commercially sexually-exploited children, arrests of adult prostitutes and the arrest of male customers (aka "Johns"). The operation also focused on identifying and arresting suspected pimps/exploiters and persons who transport or aid in prostitution activity.

The six-hour operation led to eight arrests - two adult females for misdemeanor prostitution charges; two males for the misdemeanor solicitation of prostitution; one female for misdemeanor aiding/supervising a prostitute; and a male for felony pimping and pandering. The operation rescued two 15-year-old children both of whom were taken into custody and received counseling and medical services.

The male suspect arrested for felony pimping,

pandering and probation violation was Brandon Watts, aged 32 from Oakley.

Steven Daniel Iniguez, aged 26 from El Sobrante, and Jose Elmer Lopez, aged 33 from San Pablo, were arrested for solicitation of prostitution.

The female suspects for solicitation of prostitution and loitering with intent to prostitute were 20-year old Brittany Boyd from San Jose and 24-year old Sara Heinicke from San Francisco.

Dominique Browden, aged 18 from San Jose, was arrested for aiding/transporting a prostitute.

The operation involved the following ACVET member agencies: Alameda County District Attorney's Office, Alameda County Probation Department, Alameda County Sheriff's Office, Department of Albany Police Department (PD), Alcoholic Beverage Control, Emeryville PD, Federal Bureau of Investigation, Hayward PD, Newark PD, University of California Berkeley PD and Union City PD. Bay Area Women Against Rape counselors also assisted. The enforcement team also includes several other federal, state and local police departments within Alameda County.

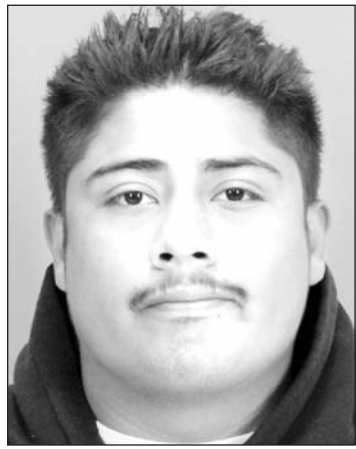
Car Thieves Arrested

SUBMITTED BY SGT. RAJ MAHARAJ, MILPITAS PD

On Wednesday, December 19, 2012 at approximately 10:56 A.M., a Milpitas police officer was patrolling a residential neighborhood in the southeast portion of the city due to prior residential burglary incidents when he noticed two Honda Accords turn onto Carlsbad Court and park in a driveway of a home. The drivers exited the Hondas and fled the area on foot.

The officer conducted a computer check on the license plates on the two Hondas and learned the green 1990 Honda Accord was stolen from a parking lot in San Jose, CA. It was later determined the burgundy 1993 Honda Accord was an unreported stolen vehicle from Milpitas.

Within minutes, numerous Milpitas police officers saturated the area and searched for the suspects. At approximately 11:23 A.M. a detective observed two males, one of which matched the suspect description, running westbound on Olympic Drive in Milpitas



Dennis Armando Chavez

which is less than a mile away from where the stolen vehicles were left. The two males were detained and the investigation revealed they were the same two who had fled on foot in an effort to flee from the officer who had seen them driving on Carlsbad Court.

San Jose resident Dennis Armando Chavez was booked into the Santa Clara County Jail for auto theft, possession of stolen property, possession of marijuana, and being an unlicensed driver. The 14 year-old suspect (San Jose resident) was booked into the Santa Clara County Juvenile Hall for Auto theft, possession of stolen property, and for being an unlicensed driver.

The Milpitas Police Department is seeking witnesses or information regarding these auto thefts. Anyone with information is encouraged to call the Milpitas Police Department at (408) 586-2400. Information can also be given anonymously by calling (408) 586-2500 or via the Milpitas Police Department website at: http://www.ci.milpitas.ca.gov/government/police/crime_tip.asp

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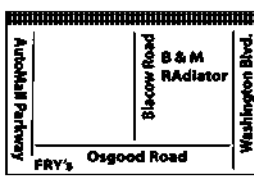
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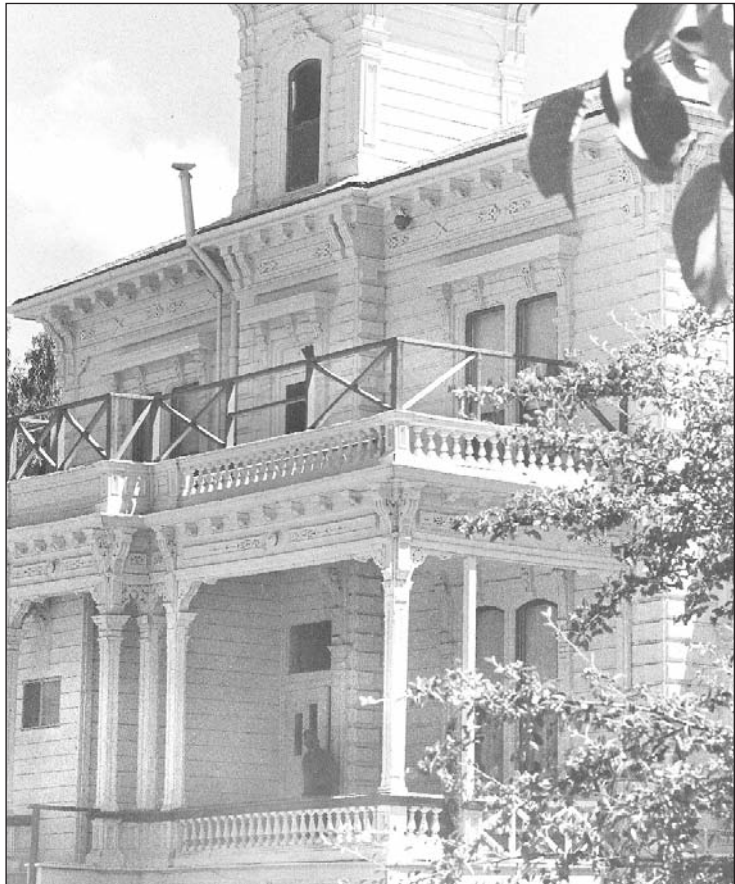
History

Homes for the Elderly

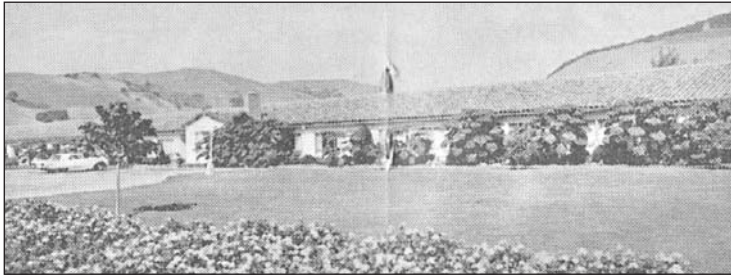
The Loring Pickering family, owners of the San Francisco Call newspaper, decided to establish a retreat in the Niles area. They purchased apricot orchard land located between the railroad and the present Mission road just south of Niles. Here they built a lovely summer home with no indoor plumbing, an outdoor kitchen and only two rooms for servants. The driveway featured twin pepper trees and a variety of pines, palms and elms.

David and Martha Barker purchased a Victorian across the street from the Pickering's in 1919 which was being operated as a nursing home. Mrs. Barker was a trained nurse so they planned to operate the home for a few years and then sell it. A maid in their employ tried to fix a blown fuse with a penny and the resulting fire destroyed the home, all of the Barker's possessions and their plans for the future.

The Barkers decided to rebuild. They found a partner with money



Curtner estate Craig rest home1966



Mission Road Sanatorium 1962

and designed plans for a rest home to meet the needs of patients who would occupy it. It was to be one story with wide doorways, railings, low windows, a front door ramp... and fireproof.

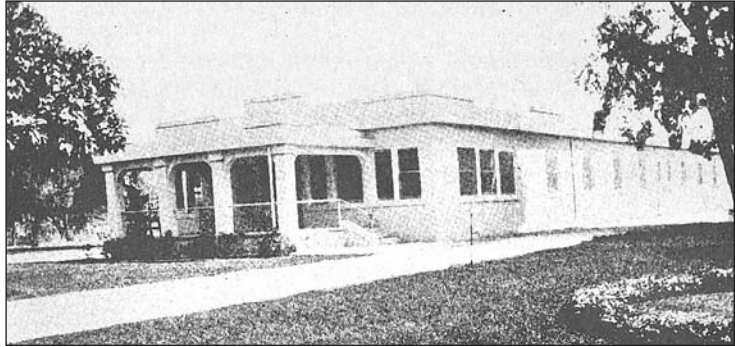
The new Niles Home For The Aged was "up and running" by July 1922.

The Niles Chamber of Commerce Bulletin featured a photograph of the building it described as a "permanent home for aged persons designed to meet their needs." This bulletin also noted that the building was constructed of hollow tile, brick and concrete. A cottage with the same features had recently been added.

David Barber died a week before the birth of son, David (Dave). Martha continued to run the Niles Rest Home for many years as owner, head nurse and administrator. The Niles Home for the Elderly was described in 1936 as "an attractive residence of 16 private rooms, with modern hotel accommodations, sunny dining hall and commodious reception parlors."

Martha's Son, David, grew up, attended local schools and the University of California, raised a family, served in the U.S. Army and worked in the insurance industry. Martha continued to operate the rest home across Mission Boulevard from the Pickering house. She purchased the

Pickering house about 1945; it belonged to her and the family until sold to Mid-Peninsula in 1995. It was relocated across W. Pickering Avenue to the site of the first Niles Home and restored



Niles Home for the Elderly 1923

as the Martha Barker Community Center.

The Rest Home was pictured in a 1962 Shopping Guide as the Mission Road Sanatorium and labeled as "Licensed Number One in California." It was sometimes called the Niles Garden Residence and said to be unique for its time, setting the pattern for construction of other such facilities in California.

The building was demolished in June 1991. Martha's son, David, 67 years old, watched and rummaged through his photos and clippings as a link to his past was taken away.

Other homes in the area were not apparently as heavily adver-

tised. Homes advertised in 1946 included the Warm Springs Rest Home operated by Mrs. E. E. Johns and Stockwell's Rest Home in Niles. Dr. Joseph Enos of Alameda advertised plans in 1950 to construct a \$90,000 sanatorium; it was reported operating in 1951 and he was the physician there in 1958.

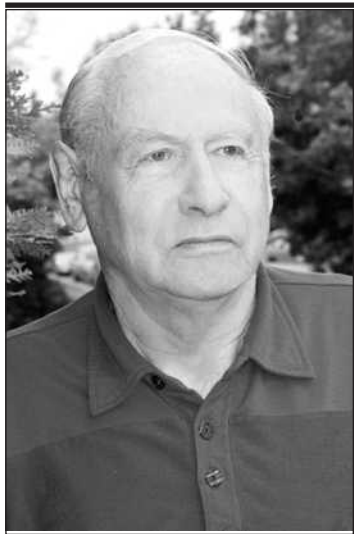
The 1957 Shopping Guide listed Brown's Guest home on highway 9, Craigs Rest Haven at Mission San Jose, the Masonic Home at Decoto and the Niles Rest Home on Morrison Avenue. Craigs and Mission Road are

listed under Sanatorium. Other homes include Sessa's and Warm Springs. Rossers Hillview Lodge on Warm Springs Boulevard became prominent in the sixties.

Descriptive names such as "Old Folks Home or Homes for the Aged" fell from popularity and were replaced by modern names such as Convalescent Home or Hospital and Skilled Nursing Facility. A search for care facilities today has so many categories - Convalescent Homes and Hospitals, Retirement and Life Care Communities and Homes, Residential Care Homes or Adult Care Centers - that it's exhausting to find a specific facility. Things have changed since the days when David and Martha Barker opened their Niles Home for the Aged. No doubt services and facilities will continue to change as well.



Pickering Home



PHILIP HOLMES

PEEK INTO THE PAST

www.museumoflocalhistory.org

Photos courtesy of
The Museum of Local History

Governor Brown appoints two to Alameda County Superior Court

SUBMITTED BY CALIFORNIA
GOVERNOR'S OFFICE

Governor Edmund G. Brown Jr. today announced the appointment of Kimberly E. Colwell and Brad Seligman to judgeships in the Alameda County Superior Court Thursday, December 27, 2012.

Colwell, 54, of Berkeley, has served as a shareholder and head of the litigation group at Meyers Nave Riback Silver and Wilson since 2002. She was a partner at



Kimberly E. Colwell

the Law Offices of Bertrand Fox Elliot and Colwell from 1990 to 2002 and an attorney at Eskanos and Adler PC from 1987 to 1989. Colwell earned a Juris Doctorate degree from the University of California, Hastings College of the Law and a Bachelor of Arts degree from Linfield College. She fills the vacancy created by the conversion of a court commissioner position on June 27, 2012. Colwell is a Democrat.

Seligman, 61, of Berkeley, has served as senior counsel at the Impact Fund since 2011, where he served as executive director from 1992 to 2010. He was of counsel at Lewis Feinberg Lee Renaker and



Brad Seligman

Jackson PC from 2010 to 2012 and a litigation advisor at the Disabilities Rights Education and Defense Fund from 1992 to 1999.

Seligman served in multiple positions at Saperstein Seligman Mayeda and Larkin from 1981 to 1994, including of counsel, partner and associate. He was a senior law clerk for Judge Lawrence K. Karlton from 1979 to 1980 and a teaching fellow at Stanford Law School from 1978 to 1979. Seligman earned a Juris Doctorate degree from the University of California, Hastings College of the Law and a Bachelor of Arts degree from Sonoma State University. He fills the vacancy created by the conversion of a court commissioner position on June 27, 2012. Seligman is a Democrat.

The compensation for each of these positions is \$178,789.

My Choice, My Future program receives grant funding

SUBMITTED BY CHRISTINA TORRES

The success of Tri-City Health Center's (TCHC) "My Choice, My Future" program was recognized with a grant award of \$50,000 by Kaiser Permanente Community Benefit Program in southern Alameda County for the fourth consecutive year of program expansion.

The "My Choice, My Future" program established by TCHC at Newark Memorial High School (NMHS) in the school year 2009-2010 has demonstrated three years of positive impact on the personal development and attitudes towards sex for a cohort of 30 students. Over the past three years, the program has delivered on expectations of decreasing teen birth rates, reducing at-risk behavior, improving refusal skills and self-esteem for teen girls, as well as improving parent-teen communication regarding sexual behavior and health education. TCHC expects to grow the program to reach more

teens and improve overall impact by employing metric driven approaches focused on three key components including an evidence based teen pregnancy prevention program, a culturally integrated intervention to reduce sexual risk behaviors and a clinic linkage system with needed support at the TCHC Teen City Clinic.

"We are thrilled to be able to contribute to this important program and to help build healthier communities," said Colleen McKeown, Senior Vice President and Area Manager, Kaiser Permanente, Southern Alameda County.

"My Choice, My Future program has been instrumental in helping TCHC provide much needed teenage pregnancy preventive outreach services in our community," said Alison Wakefield, TCHC Community Health Education Manager.

More information about Tri-City Health Center (TCHC) is available at: <http://www.tri-cityhealth.org>



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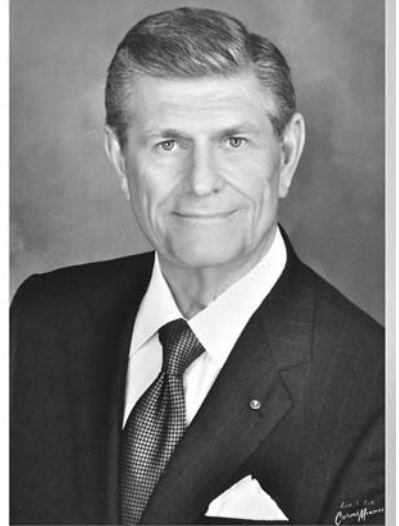
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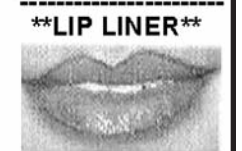


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BUSINESS

Top US gun lobby wants armed officers in schools

AP WIRE SERVICE

WASHINGTON (AP), The powerful National Rifle Association gun lobby, taking a no-retreat position, declared that guns and police officers are needed in all American schools to stop the next killer “waiting in the wings.” Wayne LaPierre, the group’s CEO, took the defiant stance in a speech Friday amid growing calls for gun control after the Connecticut school massacre that claimed the lives of 26 children and school staff.

Some members of Congress who had long scoffed at gun-control proposals have begun to suggest some concessions could be made, and a fierce debate over legislation seems likely next month. President Barack Obama has demanded “real action, right now.”

That has left the largest U.S. gun-rights lobby on the defensive. It broke its weeklong silence on the shooting rampage at Sandy Hook Elementary School in a Friday event billed as a news conference, but with no questions. Twice, it was interrupted by banner-waving protesters, who were removed by security.

“The only thing that stops a bad guy with a gun is a good guy with a gun,” said Wayne LaPierre, the group’s chief executive officer.

Some had predicted that after the slaughter of so many elementary-school children by a man using a semi-automatic rifle, the group might soften its stance, at least slightly. Instead, LaPierre delivered a 25-minute tirade against the notion that another gun law would stop killings in a culture where children are exposed daily to violence in video games, movies and music videos. He argued that guns are the solution, not the problem.

“Before Congress reconvenes, before we engage in any lengthy debate over legislation, regulation or anything else; as soon as our kids return to school after the holiday break, we need to have every single school in America immediately deploy a protection program proven to work,” LaPierre said. “And by that I mean armed security.”

New York City Mayor Michael Bloomberg said the NRA is blaming everyone but itself for a national gun crisis and is offering “a paranoid, dystopian vision of a more dangerous and violent America where everyone is armed and no place is safe.”

LaPierre said Congress should immediately appropriate funds to post an armed police officer in every school. Meanwhile, he said the NRA would develop a school emergency response program that would include volunteers from the group’s 4.3 million members to help guard children.

His armed-officers idea was immediately lambasted by gun control advocates, and not even the NRA’s point man on the effort seemed willing to go so far. Former Republican Rep. Asa Hutchinson of Arkansas, whom LaPierre named national director of the program, said in an interview that decisions about armed guards in schools should be made by local districts.

“I think everyone recognizes that an armed presence in schools is sometimes appropriate,” Hutchinson said. “That is one option. I would never want to have a mandatory requirement for every school district to have that.”

He also noted that some states would have to change their laws to allow armed guards at schools.

Hutchinson said he’ll offer a plan in January that will consider other measures such as biometric entry points, patrols and consideration of school layouts to protect security.

LaPierre argued that guards need to be in place quickly because “the next Adam Lanza,” the suspected shooter in Newtown, Connecticut, is already planning an attack on another school.

“How many more copycats are waiting in the wings for their moment of fame from a national media machine that rewards them with wall-to-wall attention and a sense of identity that they crave, while provoking others to try to make their mark?” LaPierre asked. “A dozen more killers, a hundred more? How can we possibly even guess how many, given our nation’s refusal to create an active national database of the mentally ill?”

While there is a federally maintained database of the mentally ill – people so declared by their states – a 1997 Supreme Court ruling that states can’t be required to contribute information has left significant gaps. In any case, creation of a mandatory national database probably would have had little impact on the ability of suspected shooters in four mass shootings since 2011 to get and use powerful weapons. The other people accused either stole the weapons used in the attacks or had not been ruled by courts to be “mentally defective” before the shootings.

Democratic Rep. Jerrold Nadler of New York called the NRA’s response “both ludicrous and insulting” and pointed out that armed personnel at Columbine High School in Colorado and the Fort Hood Army post in Texas could not stop mass shootings. The liberal group CREDO, which organized an anti-NRA protest outside Congress, called LaPierre’s speech “bizarre and quite frankly paranoid.”

“This must be a wake-up call even to the NRA’s own members that the NRA’s Washington lobbyists need to stand down and let Congress pass sensible gun control laws now,” CREDO political director Becky Bond said in a statement.

The NRA’s proposal would be unworkable given the huge numbers of officers needed, said the president of the International Association of Chiefs of Police, Craig Steckler.

He pointed to budget cuts and hiring freezes and noted that in his hometown of Fremont, California, it would take half the city’s police force to post one officer at each of the city’s 43 schools.

The Department of Education has counted 98,817 public schools in the United States and an additional 33,366 private schools.

There already are an estimated 10,000 school resource officers, most of them armed and employed by local police de-

Student detained in suspected California shooting plot

AP WIRE SERVICE

ALTURAS, Calif. (AP), A 15-year-old boy was taken into custody after investigators said they found evidence he was planning a shooting at his high school in Northern California.

Authorities were called to the teen’s home on Sunday after he pulled a knife on his parents and was attempting to load a .30-caliber rifle, Alturas Police Chief Tim Barnes told the Record Searchlight of Redding (<http://bit.ly/RJuk9>) on Thursday.

The teen was being held at a mental health facility. His name has not been released because he is a juvenile.

The teen made statements that indicated he planned a shooting Friday at Modoc High School, Barnes said. The teen had chatted online about school shootings and talked to neighbors who had firearms, Barnes said.

“We’re pretty sure he was planning this,” said Barnes, who declined to elaborate.

Calls to Barnes and the Modoc County District Attorney’s office by The Associated Press on Friday were not immediately returned.

Meanwhile, a 14-year-old boy was arrested Thursday for investigation of bringing a gun to school after rumors began spreading on a social media network that someone planned a shooting at a Central California high school.

The ninth grader was taken into custody in a classroom at Central High School, the Fresno Bee (<http://bit.ly/Yth3vy>) reported.

Authorities said the teen had a .25-caliber handgun and was playing with more than 50 rounds of ammunition in his pockets.

Fresno County sheriff’s investigators and the school district superintendent said rumors started circulating Wednesday that someone planned a shooting on the Fresno campus, although there was no evidence that the rumors constituted a real threat or that it was linked to the student.

Prosecutors said Friday that no charges have been filed, although sheriff’s officials said the teen could face counts of possessing a firearm while on campus, carrying a firearm in a public place and being a minor in possession of a concealed weapon.

His name has not been released because of his age. Information from: Record Searchlight, <http://red-ding.com>

Silicon Valley’s light rail among least efficient

AP WIRE SERVICE

SAN JOSE, Calif. (AP), A \$2 billion light-rail system built to serve San Jose and some surrounding cities in Silicon Valley has become among the least efficient in the country and suffers from low ridership and high operating costs.

As the Valley Transportation Authority rail line marked 25 years of service this month, the San Jose Mercury News reported Thursday that less than 1 percent of all Santa Clara County residents ride the trains daily and taxpayers subsidize 85 percent of the service, the second worst rate in the nation.

Critics are calling the system a failure, and even some optimistic supporters say it has not lived up to expectations.

Kevin Connolly, VTA transportation planning manager, told the newspaper that the transit line is a work in progress and is still burgeoning, as it was built along onion fields with expectations that new homes and businesses would grow along the train route.

“I believe we are ultimately going to realize the (original) vision,” Connolly said. “But I think what’s happened is that it wasn’t quite as easy or quick as originally conceived of 30 years ago.”

The light rail line costs about \$66 million to operate per year. It’s 30 percent more expensive to operate and carries 30 percent fewer riders compared with other light rail operations in the United States, the Mercury News reported (<http://bit.ly/12GWMTu>).

The cost to carry one passenger roundtrip, \$11.74, is 83 percent more than the national average and the third worst in the nation, ahead of only

continued on page 32

continued on page 5



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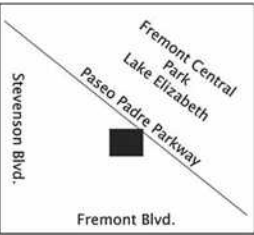
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I-r, Charles Ibalio, Odiseo Jimenez, Link Liang, Grant Stevens, Town Estates/Kitayama Park, Union City.

Close to home

BY SIMON WONG
PHOTO COURTESY OF GRANT STEVENS

Another young man is on his way to becoming an Eagle Scout with the completion of his Eagle Project in Union City in November 2012.

"Grant Stevens and his volunteer crew planted 45 Cedrus deodara conifer trees around Town Estates/Kitayama Park to help expand the urban forest and sequester carbon as part of the City's Climate Action Plan," explained Union City Grounds Supervisor, Nelson Kirk. "The conifers also form a canopy to shade the pathways for visitors who walk in the park daily. Stevens and his crew also painted the baseball backstops and installed a drinking fountain."

Trees provide positive mental benefits and healing qualities. Mature trees provide a sense of "home" to a neighborhood. Almost every city in the United States has lost trees along its streets because of development, pollution, disease and neglect. Tree foliage filters dust and can help remove toxic pollutants from the atmosphere. The foliage captures and removes a wide range of smog-producing compounds such as ozone, carbon monoxide, nitrogen oxide, airborne ammonia and some sulphur dioxide.

Eagle Scout is the highest attainable rank in boy scouting and requires years of dedication and hard work. Fewer than five percent achieve it. Stevens has been in scouting for eight years - one as a Cub Scout and seven as a Boy Scout. Twenty-one merit badges are needed towards qualifying as an Eagle Scout; a dozen are compulsory and the remaining nine are elective. His include Family Life, Citizenship in the Community, Citizenship in the World, Personal Fitness, Personal Management, Rifling, Astronomy, Leatherwork, Archery, Reptile and Amphibian Study and Space Exploration.

"I had approached several golf courses in the area, hoping to do my Eagle Project with one of them but plans fell through when the course changed management. Five or six months ago, I approached Nelson Kirk for ideas; he presented approximately 50 projects awaiting attention. This one is very close to my home so I seized the opportunity because I'll be able to see it mature," Stevens explained. "The preparation was much easier than anticipated. I'd envisaged hours of fundraising but Mr. Kirk and the City of Union City supplied the necessary materials, including the trees. All I had to do was supply the labor; I'm grateful to fellow Moreau students who volunteered. There is also a tradition of mutual help between scouts working on Eagle projects. My family, other members of Troop 603 and their families also assisted. Their involvement is greatly appreciated. I also gathered information and presented the project to the local Eagle Council member who fully supportive. Thanks also to Scoutmaster Jeff Rainey, the Troop 603 Board and Nelson Kirk, all of whom approved the project, and to Union City Public Works' Domingo Alcon and Jesus Banuelos for their on-site supervision."

According to Stevens, he had worried at length about how difficult and stressful the Eagle Project might be. While more work remains to earn the rank of Eagle Scout, the project's completion is a milestone accompanied by a sense of relief. He is delighted to have been able to make a difference to the area where he grew up and to see it daily, stating that it feels good just to add something to the community.

"Becoming an Eagle Scout will be a massive achievement for me. I feel that when I earn that rank, it will be a major turning point in my life. I have worked for this for so long that I cannot and will not abandon this journey until it is finished," said 17-year old Stevens.

As for the future, the Moreau Catholic High School student would like to attend the University of Nevada Reno (UNR) but is also happy to remain close to home. He has a conditional acceptance from California State University, East Bay for a music major. He is also considering political science as his major should he not attend UNR.

"Union City owes the Boy Scouts of America a debt of gratitude," said Kirk. "Most of our Eagle Scout projects are dedicated to planting trees in neighborhood parks and along boulevards and roadsides. These young men have become stewards in our urban forest and we appreciate them and their parents' support."

For more information about Scouting within the San Francisco Bay Area Council, visit www.sfbac.org. Alternatively contact Joe Barton at (510) 577-9227 and joeb@sfbac.org or Steve Armstrong at starmstr@comcast.net about the different scouting units in the Mission Peak District (serves Fremont, Union City and Newark) and Tres Ranchos District (serves Hayward, Castro Valley, San Lorenzo and San Leandro).

For more information about Scouting within the Santa Clara County Council, visit www.scccbsa.org. Alternatively, contact Ken Schott at (408) 280-5088 or ken@scccbsa.org about the different scouting units in the Coyote Creek District (serves Edenvale, Evergreen, Milpitas, Berryessa, Alum Rock, Mt. Pleasant, parts of downtown and East San Jose).

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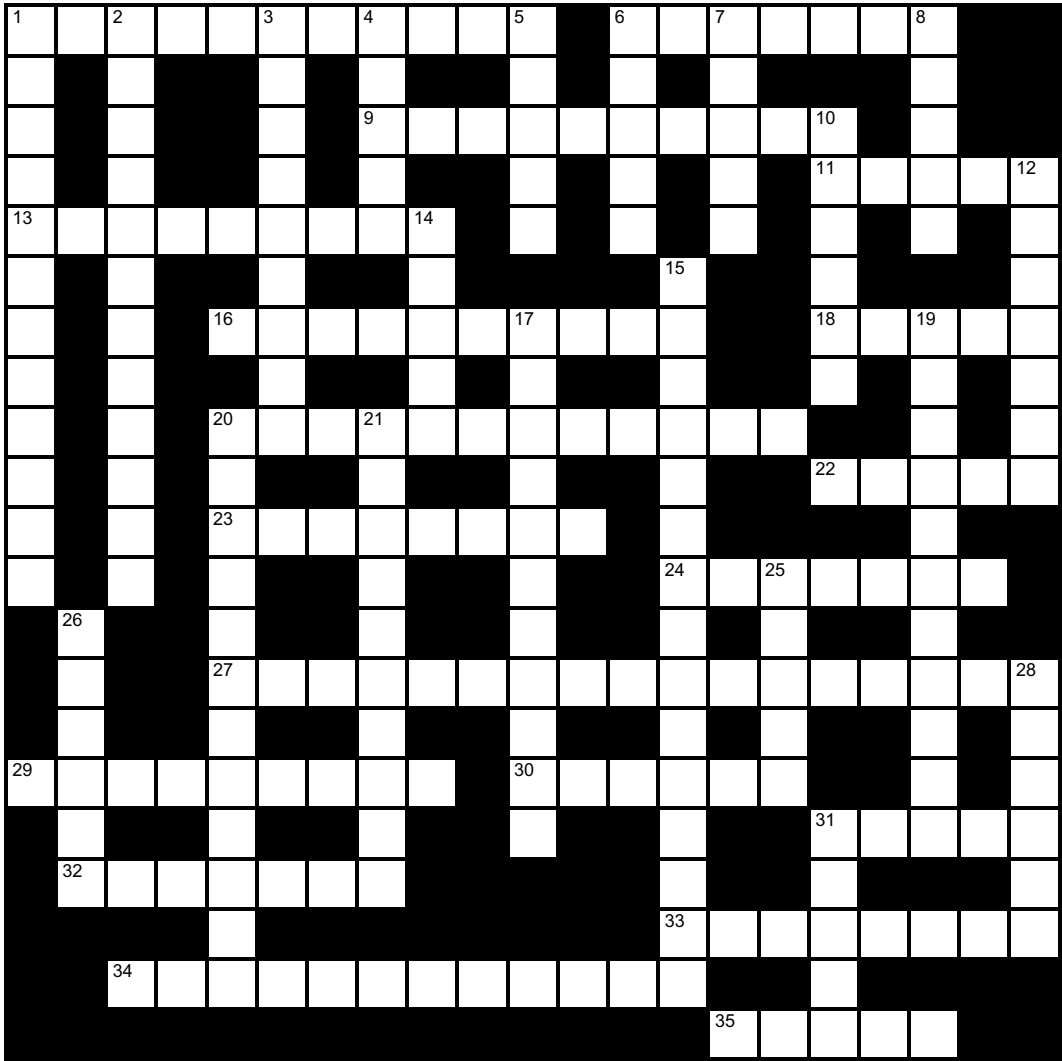
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Mind Twisters

Crossword Puzzle

B 194



Across

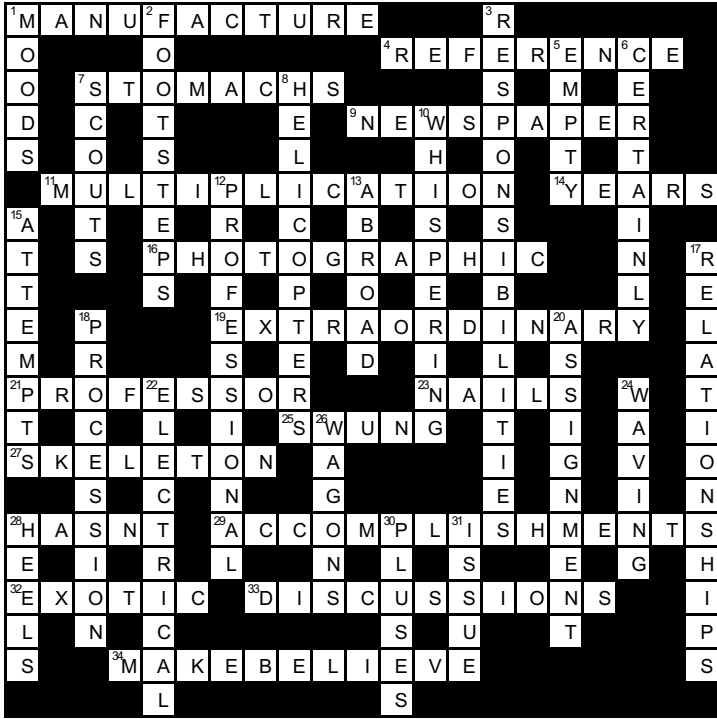
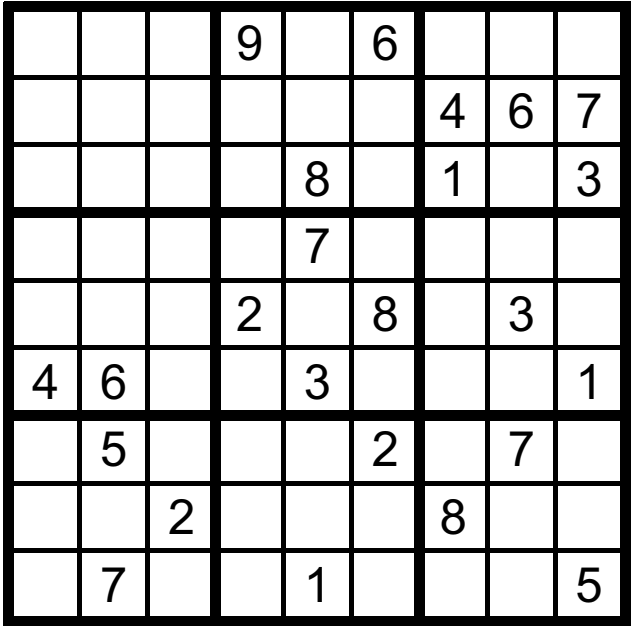
- 1 As a matter of requirement (11)
- 6 Pastures, the green element (7)
- 9 Provided nourishment, fostered development (10)
- 11 Our "mother" (5)
- 13 Day when kids dress in costumes (9)
- 16 One of the political parties (10)
- 18 Lacks, briefly (5)
- 20 Detailed notes on representations (12)
- 22 Movement of liquids (5)
- 23 Jet stream of water by mechanical means (8)
- 24 Gently (7)
- 27 Where Santa puts the Christmas presents (9,8)
- 29 Speak contemptuously (9)
- 30 Everyday (6)
- 31 Checks out (5)
- 32 Take over for (7)
- 33 Age 30 - 39, generally speaking (8)
- 34 Results by watching carefully (12)
- 35 Dukes (5)

Down

- 1 Vicinity of a place (12)
- 2 Human society, its origin and development (12)
- 3 Not at a specific place (9)
- 4 M-1, for one (5)
- 5 Contraction for 'you will' (5)
- 6 Profits (5)
- 7 Contents of some urns (5)
- 8 Back (5)
- 10 End of lives (6)
- 12 People catching wild animals for food/sport (7)
- 14 More upscale (5)
- 15 Achievements (15)
- 17 Designated time for meeting (11)
- 19 Girls attending school (11)
- 20 Troubled circumstances, specially financially (12)
- 21 Inner sense of right conduct (10)
- 25 Sound of anger and hostility (5)
- 26 Sprinter (6)
- 28 Some trick-or-treaters (6)
- 31 Spirals of hair (5)

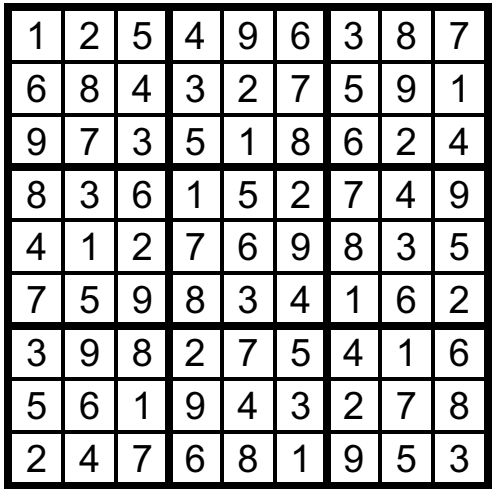
Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 193

Puzzle Solutions



Tri-City Stargazer JANUARY 2 – JANUARY 8, 2012 BY VIVIAN CAROL

2013: Time to Mature, No Matter What Your Age

On Dec. 21, 2012, the Mayan long count of 5,125 years is said to be concluded, ending a series of 13 b'aktuns (13 x 5,125 yrs). The end of 13 cycles of anything was considered important to the Mayans. If we count backward 5,125 years from 2012, we arrive at 3145 BCE. History students will recognize that roughly 3,000 BCE is generally accepted as a significant turning point in human cultural development. That time was the beginning of the Bronze Age and it opened a pathway for human civilization to make major advances. (Remember the black tower from 2001: A Space Odyssey [1968]? Trumpets begin to play as you read.)

Theoretically this is the first month of a new era in social and cultural development. It is clear to almost everyone in the world that our ways of dealing with each other must improve dramatically if we are to salvage our species. Manipulation, greed, and outright deceit will only yield more of the same problems. Make a personal effort to reach for the better or more mature method to handle any of your individual problems and you will make a contribution toward the evolution of humankind. If we refuse to play the same old tapes, the mind will come up with better solutions. Our minds are naturally lazy and will keep reproducing the same scenarios unless we demand that it reinvent answers. We need to focus on pressing our brains to expand into fresh territory.

The Mayans had a complicated, well developed culture that lasted almost 2900 years. However, the people of the lowlands on the Yucatan Peninsula totally disappeared over a very short period of 150 years (750 – 900 AD). They were a warring and acquisitive culture with multiple tribes and a complex trading system. They grew to overpopulation and their resources ultimately became scanty. The crowning blow was a proven 200 year drought, a micro-climate change. Does any part of this story sound familiar? Surely one reason the Mayan story has become so prominent in the last four decades has to do with how and why the culture disappeared. The handwriting is on the wall - now - today, and we had best take heed.

The year 2013 is the second of five years in which we have the upheaving series of seven Uranus/Pluto squares. The archetypal battle in the sky is among Power, versus Social Justice, vs. The sovereign rights of the individual. Pluto represents Plutocrats, governments and any other major powers (i.e. the economy and global weather). Uranus symbolizes the freedom to be, social justice and individual rights. Governments will continue to develop strong arm tactics and reduce freedoms of the people all over the world. A typical scenario will include a government who promises safety in return for people letting go of their freedoms. Of course this has already begun in this country (2001).

We have watched multiple revolutions that totally exhaust the people of the countries in which they occur. There are many examples of the struggle between Uranus and Pluto. One is the catastrophic Citizens United decision by the Supreme Court in 2010. The Plutonian judges allowed a torrent of corporate money to pour into political circles as the US prepared for the elections. There again, the battle was over Power versus Social Justice. In a "socially just" world, people are allowed to vote and have all their votes counted. And trashy descriptions among opponents are rare. Uranus and Pluto were precisely square in the weeks before the election. There once was a time in which the Supreme Court of the U.S. was a power to be trusted to make the best possible decisions for the Greater Good rather than special segments of the population.

Two of the seven squares will occur during 2013. One is in May and the other is at the end of October. The anxiety and tension, however, seems to last throughout the entire period, while the explosive outcomes occur near the exact squares. April will also be a time of significant drama. Economy is one of the Powers That Be in our world and it will continue to be a roller coaster. The Central Banks world-over are manipulating the money supply to suit their best interests and We, The People, are mere pawns in this situation. I believe that ultimately the result of our economic turmoil will

align to the Good in a few years, but I do not believe it is because the bankers are so smart. They will ruin the system and a Phoenix-like answer will rise out of the ashes. Remember and think carefully about the fact that we are using fiat, fake money. Protect yourself accordingly.

Saturn, the planet of conscience and wisdom, has moved into Scorpio for a 2.5 year visit. This is a sign that deals with debt, taxes, shared resources, investments, alimony, inheritance, sexuality, and inevitable transitions. On every level, it is time to deal with debt. In this country the issues over federal and state debt have been obvious for some time. However, Congress, among others, has found ways to circle around the problem without doing anything effective. This is the end of that road and there will be no further avoidance of issues. If we take the high road, everyone

will tighten their belts and find ways to pay for the mess. But if we do not, the powers that be will become even more desperate to hold onto their power. So straighten up whatever debts you have and prepare to pay bigger taxes. Think about protecting your savings from the possibility of tyranny. Stay under the radar.

The problems of the world are not yet solved because we as a species are not mature enough to clean up the mess. We are looking for rescue. Instead we must each consciously stretch toward greater maturity. If enough of us do this, it will ultimately result in better use of our brains that can actually resolve our social issues.

The annual sign forecast will be in next week's column.

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Grant given for new Education Room

Fremont Bank Foundation, the philanthropic arm of Fremont Bank, recently awarded Tri-City Health Center (TCHC) a \$15,000 grant to build a new patient education room at its Liberty Clinic in Fremont. TCHC unveiled the completed room at a ribbon-cutting ceremony today, naming it the Fremont Bank Foundation Group Room in honor of the foundation's partnership to improve the availability and access to quality community health care.

TCHC is a nonprofit health care provider serving the vulnerable and underserved in southern Alameda County. Through its seven locations, TCHC provides services that many local families and seniors could not otherwise afford, including screenings and exams, family planning, immunizations, and dental care, among others. The Fremont Bank Foundation Group Room will be used to provide health education classes and discussions, enabling TCHC to offer comprehensive care to its patients and further expand its patient-centered medical home model of care.

"Fremont Bank Foundation is proud to partner with Tri-City Health Center and the good work it's doing for residents of all ages in our community," said Fremont Bank Foundation President Hattie Hyman Hughes. "It's truly a privilege for us to provide this space, knowing that proper, timely education can make all the difference to the long-term health of individuals and our community."

Last year, TCHC clinics served over 23,000 patients in nearly 92,000 visits. Of those served, 75 percent were at or below the poverty level and 52 percent were uninsured.

"We are grateful for the continued support of Fremont Bank Foundation in helping us serve local residents who lack the resources and knowledge to get the medical care they need," said Tri-City Health Center Interim CEO Juliana Schirmer. "Our partnership makes a difference in the lives of TCHC patients, and the Fremont Bank Foundation Group Room enables us to provide service in a caring and respectful atmosphere."

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Sourdough Slim kicks off New Year

The League of Volunteers and the Newark Arts Council will present Sourdough Slim - aka Rick Crowder - in concert. Step back in time with an authentic vaudeville style cowboy show in the Will Rogers tradition. Sourdough Slim is a veritable "one man Western extravaganza," crooning Western classics, playing the accordion, guitar and harmonica, dancing a jig, twirling a lariat, dishing out hilarious comedic sketches and letting loose with award winning yippie-ti-yi-yodeling.

A favorite entertainer at cowboy gatherings and county fairs, he's also

played the big time, wowing audiences at Carnegie Hall, The Lincoln Center and The Kennedy Center. There is easy access and parking in the rear, as well as in the front parking lot. Doors open at 1 p.m. Complimentary refreshments will be served during intermission.

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Auditions for Disney musical

SUBMITTED BY RENEE LORENTZEN

Center Stage Performing Arts invites all young actors to audition for "Disney's Camp Rock The Musical." The production is based on a Disney Channel Original Movie written by Dan Berendsen, Karin Gist, and Regina Hicks, and on characters created by Karin Gist, Regina Hicks, Julie Brown, and Paul Brown.

Auditions will be held at the Milpitas Community Center on Tuesday and Wednesday, January 15 and 16 from 3:30 p.m. to 6 p.m. with callbacks on Thursday, January 17. Auditions are open to ages 8 years old and up. Come prepared to read from a provided script, sing a prepared song, and learn a short dance.

There is a participation fee of \$130 (\$150 non-residents) due at the time of auditioning (fee is returned if not cast). Cast Info Sheet with parent signature is also due at the audition, and can be downloaded from Recreation Services Children's Theatre section at www.ci.milpitas.ca.gov. Rehearsals will be held Monday - Thursday, January 18 - March 22, from 4 p.m. - 6 p.m., and March 25 - 28, 4 p.m. - 8 p.m. (Tech Week) with Friday and Saturday rehearsals as needed. Rehearsal times are subject to change. Performances are March 29 - April 7.

Center Stage Performing Arts, formerly known as Milpitas Rainbow Theatre, is presented through Milpitas Recreation Services. All auditions and performances are at the Milpitas Community Center, 457 E. Calaveras Blvd. For more information, call (408) 707-7158.

Auditions: Disney's Camp Rock The Musical
Tuesday, Jan 15 and Wednesday, Jan 16
3:30 p.m. to 6:00 p.m.
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Jan. 2013

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Wednesday, Jan. 9, 2013, 7 – 8:30 p.m.

Fremont Center
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Presented by Sayali Ranadive, M.D.
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510-498-2891



Environmental chemicals, also known as endocrine disruptors, are compounds found in everyday products, many of which are used to store our food and beverages. Join PAMF pediatric endocrinologist Sayali Ranadive, M.D., to get a closer look at how these chemicals can affect the health of growing children and what you can do to minimize the risks.

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– *Living Well with Diabetes*
– *Living Well with Prediabetes*
– *Raising Healthy and Happy Eaters!* (for parents of children ages 1-6)

Weight Management Programs, 510-498-2184
– *Bariatric Weight Loss Surgery Program*
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– *New Weigh of Life* (adult weight management)

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- Access to health information websites
- Information on community resources

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FBI presents Leadership Award to Sisters of the Holy Family

SUBMITTED BY CHARLOTTE HALL
PHOTOS BY EDWARD LEDDA

On December 12, FBI's San Francisco Field Office, Acting Special Agent in Charge Joel Moss presented their 2012 Director's Community Leadership Award to Sisters of the Holy Family of Fremont for their work in raising awareness on human trafficking and internet safety. "I am honored to recognize Sisters of the Holy Family for making a difference in our community," said agent

Moss. "Their advocacy for ending human trafficking and working with both parents and children in internet safety mirrors the FBI's efforts in building a safer community. They personify the true meaning of this award by identifying a need and making it their personal mission to raise awareness for some of the worst crimes targeting our youth. We are grateful for their continued efforts and untiring work."



Members of the FBI San Francisco Field Office and Sisters of the Holy Family. From left to right, top row: Assistant Special Agent in Charge Robert McMenomy, Supervisory Special Agent Michael Frame, Special Agent Diana Cin, Supervisory Special Agent Kevin Sherburne; middle row: Assistant Special Agent in Charge Michael Gavin, Acting Special Agent in Charge Joel Moss, Community Outreach Specialist Rosalie Custodio, Supervisory Special Agent Steven Merrill; front row: Sister Elaine Sanchez, Sister Gladys Guenther, Sister Caritas Foster.

Earlier this year, the Sisters organized a series of educational presentations with the FBI on these issues, and yearly give as

crimes against children, to find creative ways to support those rescued from human trafficking, and to support legislative action on behalf of all caught in the web of these terrible crimes."

Sister Caritas Foster, coordinator of the Sisters' anti-human trafficking ministry said, "Human Trafficking is modern day slavery. People are being exploited, bought and sold. They are abused, have no freedom, no rights." She went on to say, "This year we celebrate the 150th Anniversary of



FBI Acting Special Agent in Charge Joel Moss (right) presents the 2012 Director's Community Leadership Award to Sisters of the Holy Family on behalf of the San Francisco Field Office. Sister Gladys Guenther, president of the Sisters of the Holy Family, accepted the award on behalf of the Fremont-based organization.

are trafficked across the United States borders and then forced into slavery.

- Nearly 1.5 million victims are currently laboring in conditions of forced labor, sexual exploitation or servitude in the United States, Canada, and the developed countries of Europe.
- 55 percent of forced labor victims are women and girls. 26 percent of victims (5.5 million people worldwide) are children under the age of 17.

The Sisters of the Holy Family was founded in 1872 in San Francisco to seek out, with compassion, the poor and needy, especially families for the Kingdom of God. The work of the early Sisters took them well beyond the church walls, into the neighborhoods where they cared for people spiritually, physically and emotional. For over a century the Sisters have continued to seek out new ways to respond to the changing needs of families and children. Today their congregation works from their Motherhouse in Fremont, California.

The Sisters of the Holy Family's work in the fight against Human Trafficking is in unison with the stance of the United States Conference of Catholic Bishops (USCCB) which says, "From both a public policy and pastoral perspective, our Catholic approach to immigrant people, and to all people, is deeply rooted in the fundamental Scriptural and theological truth that all human beings are imago Dei – created in the image and likeness of God."

the Emancipation Proclamation which was enacted to end slavery in our country. But slavery still exists. Today we recommit ourselves to be abolitionists...to end slavery in our time."

Nola Brantley, Director of MISSEY, which empowers girls exploited by the sex trade, said, "This award could not have been awarded to a more deserving organizations. We stand on their shoulders. We would not be here without their support."

According to a United Nations report:

- Every year an estimated 17,000 people

many as 50 talks educating the public about human trafficking. They provide money and support to organizations like Motivating, Inspiring, Supporting, Serving, Sexually Exploited Youth (MISSEY) of Oakland and The SAGE Project (Standing Against Global Exploitation), which both provide help to victims.

Accepting the Award, Sister Gladys, President of Sisters of the Holy Family, said, "We are truly grateful for this award. This honor reinforces our commitment to raise awareness of human trafficking and

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\$ = Entrance or Activity Fee

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Schedules are subject to change.

Call to confirm activities shown in these listings.



Continuing Events

Monday, Oct 23 -Sunday, Jan 6

Mythbusters: The Explosive Exhibition \$

10 a.m. - 8 p.m.

Emmy-nominated television series comes to life

The Tech Museum
201 South Market St., San Jose
(408) 294-8324
www.thetech.org

Monday, Nov 20-Friday, Jan 25

Book Drive

8 a.m. - 4 p.m.

Donate books to create a high school library in Ghana

Milpitas High School
1285 Escuela Pkwy., Milpitas
(408) 318-8458
bookclubofmhs@gmail.com

Monday, Dec 11-Friday, Jan 11

Student Impressions

8 a.m. - 5 p.m.

Work by students of teacher & local artist Diana Mihalakis

Milpitas Community Center
457 E. Calaveras Blvd., Milpitas
(408) 586-3409

Monday, Dec 11- Friday, Feb 1

Ten Women's Perspectives

9 a.m. - 5 p.m.

Work from the women artists of Water-color Connections

Hayward City Hall
777 B St., Hayward
(510) 538-2787
www.haywardarts.org

Saturday, Dec 14 - Sunday, Mar 3

Strolling Art by Rick Boreliz

10 a.m. - 5 p.m.

Carved walking sticks reflect endemic wildlife & indigenous art motifs

Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270

Monday, Dec 18 - Friday, Jan 30

Original Artwork by Jan Schafir

11 a.m. - 2 p.m.

Displays by Jan's art studio

Fremont Cultural Arts Council
3375 Country Drive, Fremont
(510) 794-7166

Monday, Jan 1 thru Sunday, Jan 30

The Boulevard Artists

6 a.m. - 9 p.m.

Exhibit of works by local artists

Mission Coffee Roasting House
151 Washington Blvd., Fremont
(510) 474-1004

Saturdays, Jan 5 thru Jan 26

"Remembering 1882"

10:30 a.m.

A Chinese American history exhibit & speaker series

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1500

Arts & Entertainment

Wednesday, Jan 2 & Friday, Jan 4

Afternoon with the Monarchs \$

2 p.m. - 3 p.m.

Learn about monarch butterflies

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797

Wednesday, Jan 2

Wednesday Walks

9:30 a.m.

Naturalist led 7-mile walk on an urban trail

Alameda Creek Regional Trail
Beard Staging Area (Beard Road & Beard Common), Fremont
www.ebparksonline.org

Wednesday Jan 2 - Friday, Jan 4

Mammoth Days \$

10 a.m. - 4 p.m.

Hands on science activities for ages K-6th grade

Math Science Nucleus
4074 Eggers Dr., Fremont
(510) 790-6284

Thursday, Jan 3 - Saturday, Jan 5

Mill Creek Ramblers & Cowboy Bill and the Sierra Travelers

7 p.m. - 10 p.m.

Live Blue Grass & Country music

Mission Pizza & Pub
1572 Washington Blvd., Fremont
(510) 651-6858
www.missionpizza.com

Friday, Jan 4

Retrospectacle - Multimedia Exhibition

12 noon - 5 p.m.

Works by local artist Matt Ritchie

Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Saturday, Jan 5

Bird Walk

8 a.m. - 11 a.m.

Discover patterns of behavior, migration & habitats

Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220

Saturday, Jan 5

New Years New You Fitness Event

8 a.m. - 1 p.m.

Free classes, resource tables & debut of Family Fitness Day's Program

Milpitas Sports Center
1325 E. Calaveras Blvd., Milpitas
(408) 586-3210
www.ci.milpitas.ca.gov

Saturday, Jan 5

Science Lecture for Children

2 p.m.

For school age children

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Jan 5

Is That Made Out of Duct Tape?

2 p.m.

Supplies provided. Ages 9 - 13

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2400 Stevenson Blvd., Fremont
(510) 745-1400

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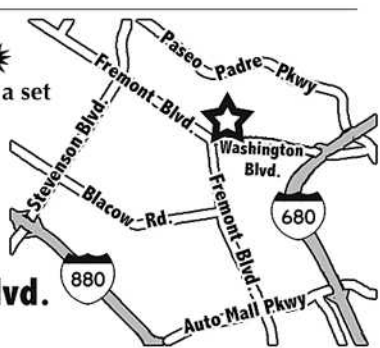
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Saturday, Jan 5

100th Show \$

8 p.m.

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surprises*

Made Up Theatre
3392 Seldon Ct., Fremont
www.madeuptheatre.com

Saturday, Jan 5

Meet the Monarchs \$

12:30 - 1:30 p.m.

Life cycle of the monarch butterfly

Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797

Saturday, Jan 5

Weather (Or Not) in the Bay
Area

1:00 p.m. - 2:30 p.m.

*Learn about weather & temperature.
Hike Indian Joe Nature Trail*

Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparksonline.org

Saturday, Jan 5

Sports Center Open House

7 a.m. - 3 p.m.

*Free exercise classes, open gym & special
surprises*

Union City Sports Center
31224 Union City Blvd.,
Union City
(510) 918-7555

Saturday, Jan 5

Family Nature Hour

2 p.m. - 3 p.m.

Stories, games & activities for all ages

Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fre-
mont
(510) 544-3220

Sunday, Jan 6

"Relay for Life" Spaghetti &
Meatball Feed \$

5 p.m. - 7 p.m.

*Benefit for The American Cancer Soci-
ety*

Hayward-Castro Valley Moose
Lodge
20835 Rutledge Rd.,
Castro Valley
(510) 483-3779

Sunday, Jan 6

Sourdough Slim \$

1 p.m.

The Singing Cowboy
MacGregor/Bridgepoint School
Auditorium
35653 Cedar Blvd., Newark
(510) 793-5683
www.lov.org

Monday, Jan 7

Burrowing Animals Toddler
Time \$

11:45 a.m.

*Learn about animals underground. Ages
1 - 3*

Sulphur Creek Nature Center
1801 D. St., Hayward
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THE ROBOT REPORT

TRACKING THE BUSINESS OF ROBOTICS

Eldercare Robots

By FRANK TOBE

Games, sensors and robots are among the tools beginning to come to market to help aging people live in their homes as long as possible.

In December, 2003, BusinessWeek Magazine interviewed Joseph Engelberger, the robotics pioneer. The article was entitled "How Robots Lost Their Way." Included in the article was a plea for money to build an eldercare robot which Engelberger thought could be built with then-current technologies, rented for \$600 per month, operated at a cost of \$1.25 per hour (compared to healthcare homeworkers who cost around \$15 per hour) and developed at a cost of less than \$700,000.

"The robot I'm working on will be two-armed, mobile, sensate, and articulate. It doesn't need to communicate a great deal to meet the needs of an 85-year-old. A human can ask: "What's for lunch?" and the robot can respond with what it's able to make, or it can say: "We're going to Johnny's," or "We just had lunch." The voice recognition, behavioral systems and artificial intelligence necessary to do this are ready. Most of the other technologies are, too. We don't need more navigation development - getting around an apartment is easier than moving through a hospital or on Mars, which robots do now. I could prove this functionality with the right partner for about \$700,000 in 14 months or less."

I phoned him and started a many-day conversation on the subject. He was a fun character to talk with and I learned much in the process. But when we got to the part where I offered him the money he said he needed, he said, "No. I don't want your money. You're just an investor. I want money and partnerships with Panasonic (NYSE:PC), or Johnson & Johnson (NYSE:JNJ), Philips (NYSE:PHG) or Siemens (NYSE:SI); they're in the business [healthcare products], have deep pockets, and have what I need for the robot to be successful: [1] design and manufacturing capability and [2] marketing experience in the health and eldercare marketplace."

Nine years later Engelberger's eldercare visions are still a work in progress in research labs around the world. Products are emerging but very slowly and their solutions are not as broad-based and flexible as Joe imagined. Most are single-purposed and not for home use; and none are produced by the companies Engelberger mentioned. Panasonic (NYSE:PC) has a line of robotic hospital devices; Johnson & Johnson (NYSE:JNJ) discontinued their iBot stair-climbing wheelchair; Honda (NYSE:HMC) and Toyota (NYSE:TM) showcase their walking research robots but other than robotic lawn mowers (Honda) don't have any robots available for purchase.

Although recent European studies indicate resistance to having elderly people minded by a robot, when given the choice of robotic care versus moving into a care facility, the resistance disappears. Another study from GA Tech showed that seniors preferred robotic help for household chores but not for personal needs (help getting dressed, bathing, etc.). This knowledge - and the spreading aging demographics of Japan, the US and other countries, is propelling research into home healthcare robots such as the one which appeared in the movie Robot & Frank earlier this year. The many stakeholders in robotic healthcare (family members and caregivers; healthcare providers; technology providers; aging or disabled indi-

RobotDalen projects: left to right: Giraff, Bestic and Zoom



Hector and friend



From left: InTouch Health's RP-VITA remote presence robot; VGo in pediatric outpatient setting; new Double Robotics Double device.



viduals) all have similar goals: to provide independence, preserve dignity, empower those with special needs and provide peace of mind to all of the stakeholders.

Every major robotics university and research lab has some form of healthcare and quality of life research including home care robots: GA Tech has Cody; CMU has HERB; the Fraunhofer Institute has Care-O-Bot, Yale, USC and MIT are running a NSF-funded Socially Assistive Robotics project; CIR and KAIST in Korea have their own robot projects, etc. Nevertheless, the multi-purposed home healthcare robot Joe Engelberger envisioned back in 2003 still hasn't emerged - and specifically hasn't surfaced from any of the major home healthcare providers. Instead, present-day strategy appears to be to provide high-cost, high-need, single-purpose devices, spun off from university research, and marketed to hospitals and rehabilitation facilities, and wait until the technology develops further - or the political climate changes dramatically - before releasing Engelberger-style lower-cost, more capable, multi-purposed robots designed to be affordable and mass produced by the likes of Panasonic, Siemens and Philips, for home use.

Why are there so few products released and why aren't there any fully capable devices like Engelberger described? I asked roboticist and blogger Travis Deyle who was a member of the Healthcare Robotics Lab at GA Tech while working on his PhD. Hizook, Travis' blog, is a site that provides robotics news for academics and professionals:

"There are easier markets than eldercare. To build a viable home robot requires significant expertise in a number of sub-fields, which naturally opens doors to other markets that are easier to monetize. Consider Kinect, Siri, IMUs (inertial measurement units with accelerometers and gyros), photo mapping like Google Maps, etc. We've seen MAJOR industries and products pop up around each of these. Why focus on building an integrated system when there's so much fertile ground in these other markets?"

"The political climate in the US just isn't committed to robot healthcare solutions - at least not in juxtaposition to defense robots. Just imagine a DARPA (Defense

Advanced Research Projects Agency) robotics challenge for healthcare robots... Instead of Big-Dog, we could have Service Dogs; instead of PetMan, we could have an in-home helper; instead of soldier extraction, we could have robotic nurses. Sure, DARPA's current challenges will ultimately help advance all of these, but why not tackle it head on? The saddest part... real healthcare robot advances (like Johnson & Johnson's old iBot wheelchair) are discontinued due to burdensome regulatory environments. Half of Mr. Engelberger's \$700,000 could be eaten up by consumer safety certifications."

"Scaling up from prototype to a mass-produced eldercare product is massively expensive. It's possible to build a prototype home healthcare robot for \$700,000. But investor confidence in the business plan and subsequent funding is often more significant than the actual technology. Consider Rethink Robotics. Sure, they're making strides in mass-production of low-cost robots, but their real innovation is discovering a VC [Venture Capital]-appealing business model to make it happen. And even then... Rethink required more than \$60 million to get over the initial hump. Even Kiva (an arguably less-complex robot) required \$33 Million in VC funding to scale up before the Amazon (NASDAQ:AMZN) acquisition. There's just no way to bring such a robot to market for under \$700k at this time. Engelberger hedged this by saying he wanted a deep-pocketed partner to handle the burden of production, inventory, marketing, and distribution. And that doesn't even address the hardest part: software."

The eldercare/healthcare marketplace isn't limited to robotic solutions. In fact, there are many competing propositions. Here are a few that come to mind:

Convenient apps on PCs and tablets like GrandCare and QuietCare

Home robots like iRobot's (NASDAQ:IRBT) vacuums and bathroom and kitchen floor cleaners

Multi-sensored kiosks or stations for health monitoring (taking blood pressure, measuring body temperature, heartbeat rate and pulse oximetry, listening for heartbeat irregularities, etc.)

Fully-sensored and high-band-

width houses (Cisco (NASDAQ:CSCO) and Intel (NASDAQ:INTC) Labs)

Multiple and single tasked mobile robots to detect people lying on the floor, remind them about taking their medications, provide remote video and audio for caregivers and medical personnel, act as a security robot in the night to detect intrusions, fire and smoke and to call for help, etc.

Remote listening stations and dispatch centers

Combinations of all of these schemes

Governmental and other agencies, particularly in countries with socialized medical systems [countries without insurance providers] such as Sweden and Denmark, have stepped in to develop necessary devices where healthcare consumer product companies have yet to tread. For example, RobotDalen, a Swedish public-private consortium has funded the development of needed robotic products such as Bestic, an eating device for those who cannot feed themselves; Giraff, a remote-controlled mobile robot with a camera and monitor providing remote assistance and security; TrainiTest a rehabilitation robot that measures and evaluates the capacity of muscles and then sets the resistance in the robot to adapt to the users individual training needs; and Zoom, an all-terrain, battery-powered four-wheeler intended for people who have difficulty walking. Once fully developed, Zoom will be able to drive up stairs and steeper terrain in a manner that is safe and secure for the driver.

Another public-private partnership is the EU-funded \$10 million CompanionAble Project which created a robotic assistant for the elderly called Hector. The project integrates Hector to work collaboratively with a smart home and remote control center to provide the most comprehensive and cost efficient support for older people living at home. Although Hector doesn't have any arms, he does have storage space for drinks, keys, and other items and his communication skills have been honed to work intuitive and effectively with seniors. Needed legislation and ethical considerations are also addressed in this very comprehensive P-P project. The four year project, in the final stages of field trials in Holland and Belgium, is now

seeking multi-year funding to extend their research before commercialization.

"CompanionAble addresses the issues of social inclusion and homecare of persons suffering from chronic cognitive disabilities prevalent among the increasing European older population. A participative and inclusive co-design and scenario validation approach drives CompanionAble involving care recipients and their close carers as well as the wider stakeholders. This is to ensure end-to-end systemic viability, flexibility, modularity and affordability as well as a focus on overall care support governance and integration with quality of experience issues such as dignity-privacy-security preserving responsibilities fully considered."

In the U.S., funding from the NSF has been focused on concept development projects like the Socially Assistive Robotics project referenced above, and university quality of life projects. Very few have reached the stage where commercialization is warranted.

Remote presence robots, which didn't exist when Engelberger talked with BusinessWeek, have recently turned up in a variety of forms - from simple Skype video chats on a mobility platform (Double Robotics) to serious medical assistance remote presence robots such as provided by the partnership between iRobot (NASDAQ:IRBT) and InTouch Health, Giraffe and VGo Communications' post-op pediatric at-home robots for communication with parents, nurses, doctors and patients. Remote devices with the ability to carry things, similar to Hector, may be the next breakthrough followed by adding a single arm and a repertoire of tasks which that arm can perform and then, later dual arms and app stores full of programs the robot can follow.

Entrepreneurial activity in the eldercare space is very limited. Hoaloha Robotics, which is in the stealth phase of their development, may have the chops to bring a product to market. Tandy Trower, CEO and Founder, who previously served as the founder and General Manager of the Microsoft (NASDAQ:MSFT) robotics group that created Microsoft Robotics Developer Studio, outlined the design plans for his eldercare robot:

"Beginning with features and functions already commonly included in today's personal computers and adding autonomous mobility and a few additional components with innovative applications and a human-centric interface design, the Hoaloha design will not only take existing PC experiences directly to the user - wherever they are - , but also open up new ways for individuals to stay connected, informed, and entertained while improving safety and access to remote services."

"The Hoaloha application framework will also provide integration of discrete technological solutions like biometric devices, remote doctor visits, monitoring and emergency call services, medication dispensers, on-line services, and the increasing number of other products and applications already emerging for the assistive care market."

"In addition, because the design is also based on wireless PC technology, the Hoaloha solution will provide a bridge to the existing digital and Web-enabled world."

"Finally, at the heart of the Hoaloha design is its 'human-centric' user interface. Designed to leverage and integrate natural interface modalities like speech, vision, and touch technologies, its interface is designed to be socially interactive and easy to use."

One can only hope... and, like Joe Engelberger, be a bit frustrated with the slow progress thus far.

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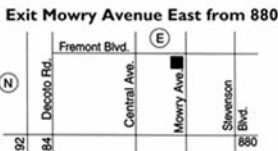
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Lady Cougars Capture Newark Optimist Club Holiday Classic

Women's Basketball

SUBMITTED BY COACH DARRYL REINA

The Newark Memorial Girls Varsity Basketball Team won three straight games over the weekend to win the 2012 Newark Optimist Club Holiday Basketball Classic title.

The Lady Cougars beat Castro Valley 61-41 in the championship game. Senior guard Taylor Norman led all-scorers with 24 points. Teammates Mari Matos added 12 points, and Tarryn Clark scored 10 points. Norman was named the tournament MVP,

while Matos and Ni'yesha Brown were named to the All-Tournament team.

Newark Memorial opened the tournament by defeating Notre Dame-San Jose 45-30. Norman scored 17 points, with Matos adding 14 more in the winning effort.

In the semifinal round, Newark beat Menlo-Atherton 57-31. Norman scored 14 points to lead the way, with Brown chipping-in 11 points more in the victory.

The Lady Cougars are now 9-2 overall, with non-league games scheduled this week at Liberty and Terra Nova.

Lady Cougars finish second in "Hoop-Fest"



SUBMITTED BY COACH
DARRYL REINA

Newark Memorial High School Senior guard Taylor Norman scored 13 points on December 13 to help lead the Lady Cougars Girls Varsity Basketball Team to a 71-32 win over Fairfield Falcons in the opening round of the 2012 Newark Memorial "Hoop-Fest." Norman reached the 1,000 point milestone of her high school career in the game.

The Lady Cougars beat the Leland Chargers of San Jose 61-33 on December 14 in a semi-final game, before losing to undefeated Wilcox Chargers of Santa Clara, 49-33 in the championship game on December 15.

Junior Ni'yesha Brown (61 points) and Norman were named to the All-Tournament team.

Men's Basketball

James Logan Colts Basketball Report

SUBMITTED BY
CHRISTOPHER
FORTENBERRY

December 18
James Logan Colts- 48;
American Eagles- 43

December 19
James Logan Colts- 41;
Amador Valley Dons- 37

Men's Soccer

James Logan Soccer Report

SUBMITTED BY JAMES WILLIAMS

Logan Freshmen were undefeated in the Dublin New Years Tournament: 4 - 0.

Varsity Action:
Logan 3, College Park 0
Scoring:
Justyn Raygoza (Leonardo Ramirez) 7:00
German Villalobos (Justyn Raygoza) 52:00
Christian Alvarado (Fabian Ruiz Mejia) 58:00

JL Goalie: Alexis Sainz, 80 Min, 0 GA, 7 Saves
CP Goalie: Scott Walker, 80 Min, 3 GA, 5 Saves

JL Record: 5-5-3 (3-0-1)
Next Opponent: Castro Valley @ Logan, Jan 5

Renegade Women come from behind for win



SUBMITTED AND PHOTO BY DON JEDLOVEC

The Ohlone Renegades came from behind to defeat City College of San Francisco 56-54 at the DeAnza Tournament at DeAnza on Saturday, December 29.

Cimino named Teacher of the Year



SUBMITTED BY
MVROP

Mission Valley is honored to present Auto Body Painting and Refinishing program instructor, Johnny Cimino, as the MVROP 2012 Teacher of the Year. This prestigious award is given each year by MVROP to recognize excellence in Career Technical

Education instruction. Johnny was presented with his award at the October MVROP Governing Council meeting.

Cimino strongly believes that instructors should lead by example, must work to add personal touches in the classroom, and help all students to become good citizens in the community. As a valuable member of the Mission Valley ROP teaching staff for twenty years, Johnny has been doing exactly this, by passing on his valuable industry experience to a diverse population of students. On a daily basis, you can find Johnny coming in early to work to open the shop, often working through lunch, and staying late four out of five days a week.

If asked why he does this, Johnny would respond by stressing that it is important to show his students that a disciplined person works until the job is completed. He would go on with a shy smile, in his modest and sincere way to say, "I am proud of the work I do and I am honored to call myself a teacher. One of my greatest rewards throughout the day and year is seeing the smiles on students' faces, knowing that they feel good about what they have accomplished."

This in itself demonstrates the value of Career Technical Education, since Johnny Cimino at one time was a student in the very program that he instructs today. This connection to the program, the school's mission, and the personal experience from years of working within the Auto Body Painting and Refinishing industry continues to fill Johnny's classes with a staggering consistency each and every year.

We at Mission Valley ROP commend Johnny for making a difference in the lives of students in the Tri-City area.

Tri-City Health Center receive \$60,000 grant

SUBMITTED BY CHRISTINA TORRES

Tri-City Health Center (TCHC) is excited to have been awarded a \$60,000 grant from Kaiser Permanente for the new Integrated Community Referrals and Support (ICRS) project.

The ICRS pilot project will improve overall maternal and child birth health outcomes and increase patient access to support services during pregnancy and beyond. ICRS will ensure that pregnant patients are able to access all public benefits programs to which they are entitled, by integrating a comprehensive referral network and support system into prenatal medical visits. This ICRS integrated network will include housing assistance, access to food, job training, childcare, and many more, all of which allow a woman to focus on her and her baby's health.

"Low-income pregnant women are at a dramatically greater risk for poor birth outcomes than their higher income peers. Through this ICRS pilot project, TCHC will improve the outcomes of our low-income prenatal patients by ensuring they have access to the programs and services they need to improve their lives. The ICRS project is committed to helping pregnant women access, navigate, and utilize the resources available to them, as well as improve birth outcomes," said Pam Kitagawa, Teen and Women's Programs Manager.

For more information about TCHC, visit: <http://www.tricityhealth.org>



Inter-Faith Education Series highlights Diwali

KRISHNASWAMY NARASIMHAN

An inter-Faith education series sponsored by Acacia Creek, a retirement community in Union City, Odyssey Hospice, Pleasanton and Onlok Life ways, Fremont began with a celebration of Diwali. The purpose behind this program is to educate people of various communities about events of other faiths and engender appreciation of them, promoting communal harmony. The series is proposed to include a series of events like Indian festival DIWALI, Jewish-PURIM, EASTER, OBON of the Buddhists and finally THE Muslim festival of RAMADAN.

The first in the series, Diwali was celebrated at Acacia Creek on November 7th. Visitors were welcomed with a display of Hindu Gods, illuminated with an array of lights signifying the festival of lights. The event started with a welcome speech by Ms.Martha K.Nelson of Odyssey Hospice who talked about the significance of this series and the Hindu festival of Diwali. An invocation song -Lord Ganesha by baby Shivani - and an enchanting song of Goddess Lakshmi were led by Ms.Vydehi Sudharsan, an Indian classical music teacher.

Following a Diwali lunch, Ms.Martha Nelson introduced Mr.Krishnaswamy Narasimhan, Community Ambassador for Seniors in Fremont and acknowledged his help in the conduct of the event. Mr.Krishnaswamy thanked the organizers and also introduced the main speaker, Prof.Manzur Ali, who spoke about Diwali, the triumph of good over evil. The festival of lights is intended to kindle the light within every person, he explained, which should result in compassion towards all beings in the world ushering in a peaceful community.

A demonstration of Indian Punjabi dance, Bhangra, by Ms.Raveena and many people from the audience added to the joyous mood of the event.

Ms.Martha Nelson of Odyssey Hospice, Ms.Bairavi Kothare, outreach specialist and Ms.Mary Jane Hodges, Community Relations, Acacia Creek explained their organizations.

PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. HG12660578
Superior Court of California, County of Alameda
Petition of: Chih-Hao Wang for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Chih-Hao Wang filed a petition with this court for a decree changing names as follows:
Chih-Hao Wang to Nash Wong
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: Fri 3/8/2013, Time: 8:45 AM, Dept.: 504
The address of the court is 24405 Amador St., Hayward, CA 94544.
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice
Date: Dec 19, 2012
WINIFRED Y. SMITH
Judge of the Superior Court
12/25, 1/1, 1/8, 1/15/13

CNS-2424577#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. HG12660169
Superior Court of California, County of Alameda
Petition of: Allie Nelson for Change of Name and Gender
TO ALL INTERESTED PERSONS:
Petitioner Allie Nelson has filed a petition with this court for a decree changing petitioner's name to Golda Ayele Gaba.
The Court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for should not be granted.
Notice of Hearing:
Date: 3/8/2013, Time: 8:45 AM, Dept.: 504
The address of the court is 24405 Amador St., Hayward, CA 94544.
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Whats Happenings Tri City Voice
Date: Dec. 17, 2012
WINIFRED Y. SMITH
Judge of the Superior Court
12/25, 1/1, 1/8, 1/15/13

CNS-242454#

ORDER TO SHOW CAUSE FOR NAME

Case No. HG12657288
Superior Court of California, County of Alameda
Petition of: Zartaj Hassan Rahimi for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Zartaj Hassan Rahimi filed a petition with this court for a decree changing names as follows:
Zartaj Hassan Rahimi to Zartaja Hassan Rahimi
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: Friday February 22, 2013, Time: 8:45 a.m., Dept.: 504
The address of the court is 24405 Amador Street, Hayward, CA 94544.
A copy of this Order to Show Cause shall be published at least once each week for four suc-

cessive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening - Tri City Voice
Date: November 26, 2012
WINIFRED Y. SMITH
Judge of the Superior Court
12/18, 12/25, 1/1, 1/8/13

CNS-2421591#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 472408
The following person(s) is (are) doing business as:
Chang Sheng Moving Company, 39371 Drake Way, Fremont, CA 94538, County of Alameda
Baochang Yang, 39371 Drake Way, Fremont, CA 94538
This business is conducted by an individual
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Baochang Yang
This statement was filed with the County Clerk of Alameda County on December 3, 2012
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
1/1, 1/8, 1/15, 1/22/13

CNS-2425838#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 472918
The following person(s) is (are) doing business as:
Fun Stuff Photography, 4963 Mayfield Dr., Fremont, CA 94536, County of Alameda
Scott Watson, 4963 Mayfield Dr., Fremont, CA 94536
This business is conducted by an individual
The registrant(s) commenced to transact business under the fictitious business name or names listed above on Nov 15th, 2012
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Scott Watson
This statement was filed with the County Clerk of Alameda County on December 17, 2012
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
12/25, 1/1, 1/8, 1/15/13

CNS-2423826#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 472806
The following person(s) is (are) doing business as:
Lion Hearts, 37246 Elm St., Newark, CA 94560,

County of Alameda
Narin Som, 37246 Elm St., Newark, CA 94560
This business is conducted by an individual
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Narin Som
This statement was filed with the County Clerk of Alameda County on December 13, 2012
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
12/25, 1/1, 1/8, 1/15/13

CNS-2423817#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 472801
The following person(s) is (are) doing business as:
Water Heaters Today, 36847 Ruschin Dr., Newark, CA 94560, County of Alameda; P.O. Box 1614, Newark, CA 94560
Michael A. Brand, 36847 Ruschin Dr., Newark, CA 94560
This business is conducted by an individual
The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Michael A. Brand
This statement was filed with the County Clerk of Alameda County on December 13, 2012
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
12/25, 1/1, 1/8, 1/15/13

CNS-2422344#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File No. 412077
The following person(s) has (have) abandoned the use of the fictitious business name: **Palace Hookah Lounge & Smoke Shop, 25180 Mission Blvd., Hayward, CA 94544**
The fictitious business name referred to above was filed in the County Clerk's office on 6/12/2008 in the County of Alameda.
Sai Ventures LLC, California, 25180 Mission Blvd., Hayward, CA 94544
This business was conducted by:
S/ Anil K. Gupta, Member
This statement was filed with the County Clerk of Alameda County on November 26, 2012.
12/25, 1/1, 1/8, 1/15/13

CNS-2421986#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 472377
The following person(s) is (are) doing business as:
The Singh Law Firm, A Professional Corporation, 39111 Paseo Padre Parkway, Ste. 115, Fremont, CA 94538, County of Alameda
The Singh Law Firm, A Professional Corporation, CA, 39111 Paseo Padre Parkway, Ste. 115, Fremont, CA 94538
This business is conducted by Corporation
The registrant(s) commenced to transact business

under the fictitious business name or names listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
/s/ Sharmica K Singh, President
This statement was filed with the County Clerk of Alameda County on November 30, 2012.
NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
12/18, 12/25, 1/1, 1/8/13

CNS-2421959#

GOVERNMENT

Notice is hereby given that sealed competitive bids will be accepted in the office of the GSA-Purchasing Department, County of Alameda, 1401 Lakeside Drive, Suite 307, Oakland, CA 94612
NETWORKING BIDDERS CONFERENCES FOR RFP #901064 Landscape and Miscellaneous Open Space Maintenance Services South County – Thursday, January 17, 2013 at 10:00 AM at Public Works Agency, Room 230 A/B/C, 951 Turner Court, Hayward, CA (followed by a walk-thru of Five Canyons Parkway) and **North County** – Friday, January 18, 2013 at 2:00 PM at General Services Agency, Room 1107, 11th Floor, 1401 Lakeside Drive, Oakland, CA **Responses Due by 2:00 pm on February 13, 2013 County Contact: Lovell Laurente (510) 208-9621 or via email: lovell.laurente@acgov.org** Attendance at Networking Conference is Non-mandatory. Specifications regarding the above may be obtained at the Alameda County GSA Current Contracting Opportunities Internet website at www.acgov.org.
1/1/13

CNS-2427117#

NOTICE OF TIME AND PLACE OF HEARING

NOTICE IS HEREBY GIVEN that the Board of Directors of the ALAMEDA COUNTY WATER DISTRICT has fixed **Thursday, January 10, 2013, at the hour of 6:00 P.M.** in the Board Room of the District Office Building, 43885 South Grimmer Boulevard, Fremont, California, as a time and place for a public hearing to review and consider and potentially act on the following rates and charges that are proposed to be collected by said DISTRICT, which, if adopted, would take effect on **February 1, 2013: Account Establishment Field/Reconnection Charge, After-Hours Connection Charge, Backflow Prevention Device Testing Fee, Bimonthly Service Charge, Commodity Rates, Damaged Angle Stop, Fire Flow Test Fee, Fire Hydrant Meter Deposit, Fire Hydrant Meter Field Investigation/Follow-up Charges, Meter Installation Charges, Meter Re-Installation Charge, and Returned Check Charge**; and to review and consider and potentially act on the following development-related charges that are proposed to be collected by said DISTRICT, which, if adopted, would take effect on **April 1, 2013: Annexation Charge, Facilities Connection Charges, and Facilities Reimbursement Charges**.
At the hearing, any person interested may appear and present comments on the proposed schedule of rates and charges.
Following the conclusion of the hearing, this Board of Directors may, by resolution, fix the rates and charges to be collected by said DISTRICT, effective February 1, 2013 for most rates and charges, and effective April 1, 2013 for development-related charges.
At the same public meeting, this Board of Directors may review and consider and potentially act on the following development-related policy, which, if adopted, would take effect on **April 1, 2013: Policy Governing Water Services and the Extension and Improvement of the Water Distribution System and Facilities**

CNS-2409586#

NOTICE OF TIME AND PLACE OF HEARING

NOTICE IS HEREBY GIVEN that the Board of Directors of the ALAMEDA COUNTY WATER DISTRICT has fixed Thursday, January 10, 2013, at the hour of 6:00 P.M. in the Board Room of the District Office Building, 43885 South Grimmer Boulevard, Fremont, California, as a time and place for a public hearing to review and consider and potentially act on the following rates and charges that are proposed to be collected by said DISTRICT, which, if adopted, would take effect on February 1, 2013: Account Establishment Field/Reconnection Charge,

After-Hours Connection Charge, Backflow Prevention Device Testing Fee, Bimonthly Service Charge, Commodity Rates, Damaged Angle Stop, Fire Flow Test Fee, Fire Hydrant Meter Deposit, Fire Hydrant Meter Field Investigation/Follow-up Charges, Meter Installation Charges, Meter Re-Installation Charge, and Returned Check Charge; and to review and consider and potentially act on the following development-related charges that are proposed to be collected by said DISTRICT, which, if adopted, would take effect on April 1, 2013: Annexation Charge, Facilities Connection Charges, and Facilities Reimbursement Charges.
At the hearing, any person interested

may appear and present comments on the proposed schedule of rates and charges.

Following the conclusion of the hearing, this Board of Directors may, by resolution, fix the rates and charges to be collected by said DISTRICT, effective February 1, 2013 for most rates and charges, and effective April 1, 2013 for development-related charges.

At the same public meeting, this Board of Directors may review and consider and potentially act on the following development-related policy, which, if adopted, would take effect on April 1, 2013: Policy Governing Water Services and the Extension and Improvement of the Water Distribution System and Facilities of the

Alameda County Water District (the “Development Policy”).

NOTICE IS FURTHER GIVEN that any person interested may inspect the proposed schedule of rates and charges or the proposed Development Policy, in the office of the District Manager of Finance at 43885 South Grimmer Boulevard, Fremont, California, Monday through Friday between the hours of 8:00 A.M. and 12:00 Noon, and 1:00 P.M. and 5:00 P.M.

GINA MARKOU
District Secretary
Board of Directors
Alameda County Water District

Bare Bones staged readings return with “Gruesome Playground Injuries”

SUBMITTED BY SUSAN E. EVANS

The Douglas Morrisson Theatre (DMT) is excited to introduce “Gruesome Playground Injuries,” the first production in the 2013-2014 “Bare Bones” staged reading series. The eccentrically amusing and affecting play by Rajiv Joseph was in-

spired by a barroom conversation the playwright had with a friend who shared wild stories about all the injuries he had as a child.

Truly a different type of love story, “Gruesome Playground Injuries” tells the story of Kayleen and Doug’s relationship over a period of 30 years. We first meet

them in an elementary school’s nurse’s office. Doug has ridden his bicycle off of the roof and Kayleen is plagued by another mysterious stomach ailment. Their lives episodically intersect, as the two connect and reconnect, comparing their scars and the physical calamities that keep drawing them together.

The play had its world premiere in 2009 in Houston at the Alley Theatre. Woolly Mammoth presented its East Coast premiere in 2010, followed by its New York premiere directed by Scott Ellis at Second Stage Theatre in 2011.

“Gruesome Playground Injuries” will

be staged on Tuesday, January 8 and is appropriate for ages 14 and up. The Box Office is open Tuesday through Friday, 12:30 p.m. to 5:30 p.m. and can be reached at (510) 881-6777. Information is also available at www.dmtonline.org.

Gruesome Playground Injuries
Tuesday, Jan 8
8 p.m.
Douglas Morrisson Theatre
22311 N. Third St., Hayward
(510) 881-6777
www.dmtonline.org
Tickets: \$10 open seating

New Year New You Fitness Event

SUBMITTED BY RENEE LORENTZEN

All fitness levels. All abilities. All fun. Your personal fitness goals for 2013 start with us at our free annual New Year’s Fitness Event! Don’t miss the classes, resource tables, and the debut of our Family Fitness Days’ “Better Bodies Small & Tall” Program!

Fitness Class Schedule:

8:15 a.m. – 9 a.m.: Zumba with Ria
9:15 a.m. – 10 a.m.: Cardio with Tatsiana
10:15 a.m. – 11 a.m.: U-Jam with Rene
11:15 a.m. – noon: “Better Bodies” Debut!
12:15 p.m. – 1 p.m.: Yoga Stretch with Asha

Aquatics Schedule:

9 a.m. – noon: Lap Swim (Meter Pool)
10 a.m. – 10:45 a.m.: Water Exercise with Kelly

11 a.m. – 11:45 a.m.: Water Exercise with Janet

Better Bodies Small & Tall:

Bring your kids ages 6-15 to workout with you! Set healthy goals for the family and reach them with us! Check out this program at New Year New You.

For more information, contact Parks and Recreation Services at (408) 586-3225.

New Year New You Fitness Event
Saturday, Jan 5
8 a.m. – 1 p.m.
Milpitas Sports Center
1325 E. Calaveras Blvd., Milpitas
(408) 586-3225
www.ci.milpitas.ca.gov
Free



OPINION



WILLIAM MARSHAK

New Year Resolutions

of our past in which immigrants from Asia were mistreated even as they helped to build the country. It is, unfortunately, not an isolated example of the struggle for human rights at home and abroad. We can do better; the relative harmony of our area, populated by young and old, rich and poor from every corner of the Earth, is a good start.

The strength and resolve of all people to work toward a better environment, peaceful and friendly is demonstrated in the Greater Tri-City area daily. As we enter the thirteenth year of the Third Millennium CE, the year's number itself has an uncertain reputation. Thirteen carries an interesting connotation for many - to embrace or avoid it. Some hotels avoid numbering a floor as the 13th and recently, the world survived speculation surrounding the Mayan calendar's 13th Baktun. This fear of the number 13 even has a name... triskaidekaphobia. However, many concentrate of the positive aspects and relationships of the number 13. Our country was founded by 13 original colonies and that experiment has been an unequaled success. So maybe the thirteenth year of this millennium is not only welcome but heralds a prosperous and fortuitous period.

In keeping with the prospect of a productive New Year at council/commission meetings, my hope is that we all make resolutions that include:

- Politicians who prepare for meetings with brief, succinct remarks that lead to well-constructed opinions and votes
- Active citizens who participate at

council/commission meetings with brief, well-prepared statements, comments and solutions

- Attentive council/commission members who share logical opinions that demonstrate flexible resolve when confronted by difficult agenda items
- Use of recusal when necessary but not as a political shield from criticism
- Participation in regional responses to regional challenges
- Consideration of all affected local agencies and districts when addressing growth issues

And as we all celebrate the New Year in our own way and time, I wish a Happy New Year to everyone... with another nod to the Irish:

*May you never forget what is worth remembering,
Or remember what is best forgotten.*

*May you have the hindsight to know where you've been,
The insight to know where you are,
and the foresight to know when you've gone too far.*

William Marshak
PUBLISHER

No matter when or how New Year is celebrated, the symbolism of beginning a new cycle appears to be universal. It is time to reflect on the old year - successes and shortcomings - and begin the next with a clean slate; pledging to reform and correct faults. The Irish always seem to have a worthy quote for every occasion. For the New Year, I prefer:

"May the best day of your past be the worst day of your future."

Although the same New Year ritual will be repeated at the end of 2013, hopefully it will include only a few similar or identical misgivings from 2012. Yearend does, however, provide a moment to focus on challenges that lie ahead and how obstacles of prior years were met and some overcome. It also gives time to ponder the achievements - and failures - of our country and the slice of it represented by Tri-City Voice. A cover story of this issue exposes dark days

Road closure notice

Santa Clara Valley Transportation Authority (VTA) has announced that Warren Avenue between Kato Road (west) and Warm Springs Boulevard (east) will be closed on weekends during January. Closures begin Friday at 10 p.m. and end Monday at 5 a.m. Closure schedule is as follows:

1. Friday, January 4 - Monday, January 7
2. Friday, January 11 - Monday, January 14
3. Friday, January 18 - Monday, January 21
4. Friday, January 25 - Monday, January 28

This project is a partnership between VTA, the Alameda County Transportation Commission (ACTC), City of Fremont, Federal Highway Administration and Caltrans to ease congestion, enhance safety and improve local traffic circulation. Mission Boulevard will be widened from 880 to Warm Springs and include newly construction ramps to and from Kato Road. A new Union Pacific Railroad (UPRR) bridge and BART bridge will be constructed over Mission Boulevard. Warren Avenue will be lowered underneath the existing railroad corridor. A series of three new bridges (UPRR, BART, maintenance) will be constructed over a fully depressed grade-separated Warren Avenue.

The Bay Area Rapid Transit (BART) Silicon Valley Project is a 16-mile extension of the existing BART system to San Jose, Milpitas and Santa Clara, which will be delivered through a phased approach. The first phase, the Berryessa Extension, is a 10-mile, two-station extension, beginning in Fremont south of the future Warm Springs/South Fremont BART Station and proceeding in the former Union Pacific Railroad right-of-way through Milpitas, the location of the first station, and then to the Berryessa area of San Jose, at the second station. VTA continues project development activities for the second six-mile phase of the project that includes a 5.1-mile long subway tunnel through downtown San Jose, ending at grade in Santa Clara near the Caltrain station. Construction on the second phase of the project will commence as additional funding is secured.

If you have any questions, please contact the VTA BART Silicon Valley Community Outreach Office at (408) 934-2662. For additional details, please visit the VTA BART Silicon Valley website at <http://www.vta.org/bart/>

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Wednesday, January 2
 12:45 – 2:15 Glenmoor School,
 4620 Mattos Drive, FREMONT
 3:50 – 4:20 California School for the
 Deaf, 39350 Gallaudet Dr.,
 FREMONT
 6:00 – 6:30 Camellia Dr. & Camellia
 Ct., FREMONT

Thursday, January 3
 10:00–10:30 Preschool Storytimes -
 SAN LORENZO
 10:45–11:30 Preschool Storytimes -
 CASTRO VALLEY
 1:00 – 2:00 Fame Charter School,
 16244 Carolyn St., SAN LEANDRO
 2:25 – 3:15 Cherryland School,
 585 Willow Ave., HAYWARD

Monday, January 7
 9:30–10:05 Preschool Storytimes -
 UNION CITY
 10:25–10:55 Preschool Storytimes -
 City UNION CITY
 1:45–2:45 Delaine Eastin School,
 34901 Eastin Dr., UNION CITY
 4:15–4:45 Contempo Homes, 4190
 Gemini Dr., UNION CITY
 5:15–6:45 Forest Park School,
 Deep Creek Rd. & Maybird Circle,
 FREMONT

Tuesday, January 8
 9:15–11:00 Preschool Storytimes -
 FREMONT
 2:00–2:30 Preschool Storytimes -
 FREMONT
 2:30 – 3:25 Cabrillo School
 36700 San Pedro Dr., FREMONT
 4:45 – 5:30 Baywood Apts.
 4275 Bay St, FREMONT
 5:50 – 6:30 Jerome Ave. and Ohlones
 St., FREMONT

Wednesday, January 9
 1:00 – 1:45 Hillside School,
 15980 Marcella St., SAN LEANDRO
 2:00 – 2:45 Eden House Apts.,
 1601 - 165th Ave., SAN LEANDRO
 3:15– 3:45 Baywood Ct.,
 21966 Dolores St., CASTRO VALLEY
 6:00 – 6:30 Camellia Dr. & Camellia
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Kid Scoop® FIT & FUN™

Action Fitness



Roll!

Skateboarding is really good exercise. Practice a few new tricks or skate over to a friend's house (but don't forget to wear a helmet!).



Dance!

Play your favorite songs and move to the music.



Dribble!

Dribbling up and down the basketball court is a way to really get a workout. Play a game of one-on-one.



Wiggle!

Use a hoop and see how long you can keep it going.

Standards Links: Physical Education: Use a variety of basic and advanced movement forms.

Kid Scoop-doku™

Complete the grid by using all the letters in the word COINS in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.

C	O								
O									
I		O							
N				O					
S						O			

January is Hobby Month!

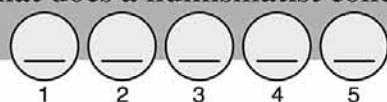
Collect Hobbies

Lots of people collect things for hobbies. Some of the things people collect are stamps, coins, feathers, bottle caps, toys, hats, and more.

Ask your class about their hobbies. Graph the results!

Jonathan asked everyone in his class about their hobbies and graphed his findings. Look at the graph and answer the questions below. The letters that go in the circled spaces answer the Mystery Question.

MYSTERY QUESTION: What does a numismatist collect?



1. What is collected by one less person than the number of people that collect stamps?

— 2 — — — — — 1 — — — — —

2. What is collected by three students in Jonathan's class?

— — — — — 3 — — — — —

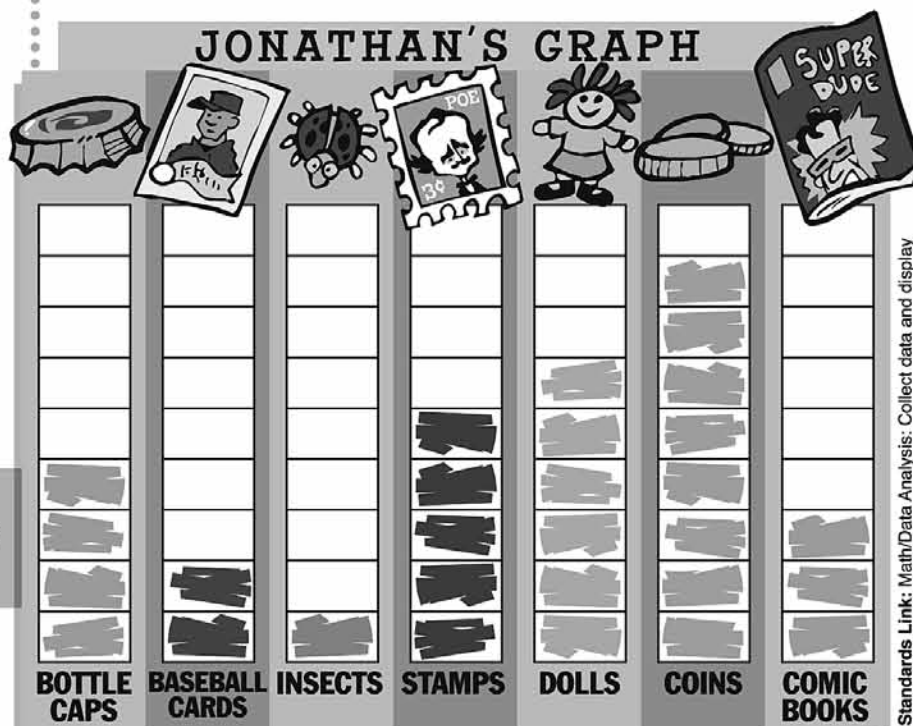
3. What is collected by only one person?

— 4 — — — — —

4. What is the second-most popular item collected by Jonathan's class?

— — — — — 5 — — — — —

Standards Link: Math/Data Analysis: Interpret information displayed in graphs and charts.

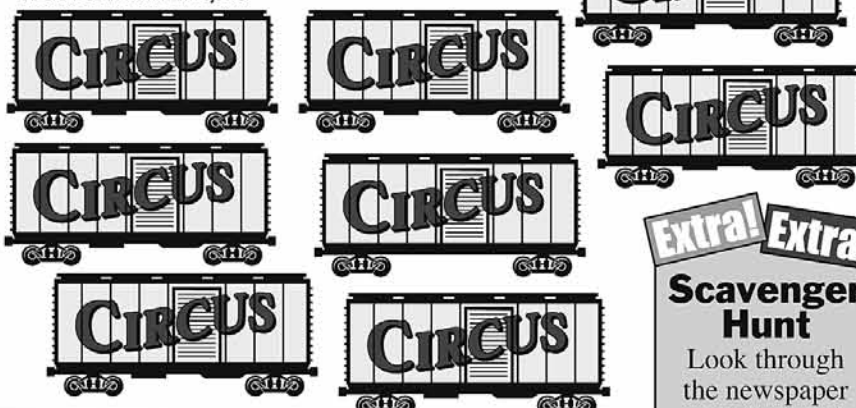


Standards Link: Math/Data Analysis: Collect data and display results in a chart or graph.

Baffling Boxcars

Help Uncle Fred complete his model train collection. The boxcar that is different from the rest is the one he needs. Look very carefully!

Standards Link: Visual Discrimination: Find similarities and differences in common objects.



Extra! Extra! Scavenger Hunt

Look through the newspaper and find and circle:

- 3 words that start with H
- a kind of transportation
- two words that mean the opposite
- 5 five-digit numbers

Standards Link: Language Arts: Identify words with same beginning sound; use antonyms; Math: Identify numbers to 10,000; Investigation: Sort objects by common attributes.

Collector Investors

Some people collect things just for fun. Some people collect things for investments. They hope that one day, what they have will be worth more than what they paid for it. Use the code to discover some items that have really grown in value.

CODE
 ☆ = 0 ✦ = 2 ▼ = 6
 ✧ = 1 ✨ = 3 ● = 7
 ★ = 4 ✨ = 4 ✨ = 8
 ✨ = 5 ✨ = 9

In February 2000, a 1910 "Honus" Wagner T-206 baseball card sold for \$4.6 million.

In 1999, the rare 1943 copper penny sold for \$1.1 million.

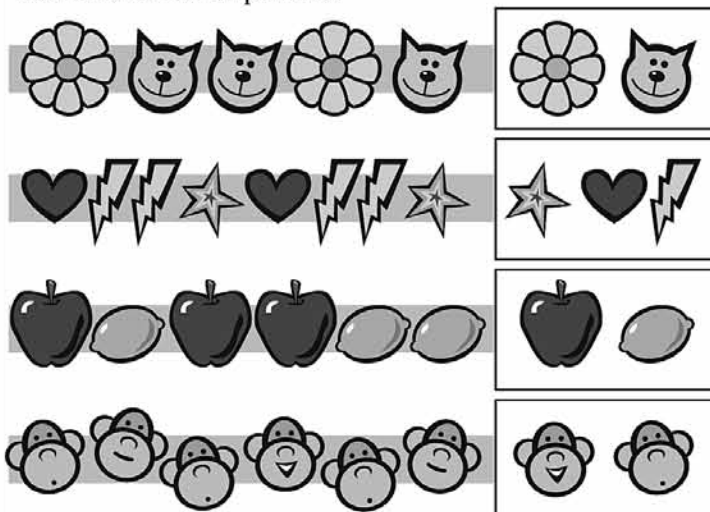
A British Guiana stamp that sold for \$1.3 million in 1980.

A 1959 Barbie® doll in mint condition has sold for up to \$1.1 million while the original value was \$0.11!

Standards Link: Reading Comprehension: Follow simple written directions.

Sticker Patterns

Kala collects colorful stickers. Circle the sticker that comes next in each row of patterns.



Standards Link: Math: Extend simple patterns.

Double Double Word Search

JANUARY
HOBBY
STICKERS
STORY
PENNY
COLLECTION
CREATE
TRAIN
COMIC
STAMPS
DOLLS
TOYS
CAPS
CARD
VALUE

Find the words in the puzzle, then in this week's Kid Scoop stories and activities.

N O I T C E L L O C
N U Y M R P T O Y S
E I S R E K C I T S
U S M N A A T R I T
L S N S T U A T H A
A Y P L E I N O S M
V A T L N A B A M P
C I M O C B P S J S
C A R D Y R O T S H

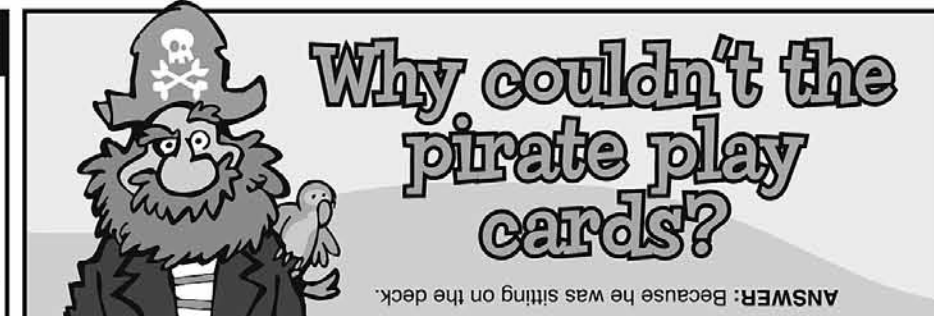
Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

BEYOND Kid Scoop

Chopped Talk

Find an interesting story in the newspaper and read it through to understand the sequence and details of the story. Now rewrite the story using SUBJECT-VERB sentences only.

Standards Link: Writing Applications: Sequence events in a narrative; write sentences with subjects and predicates.



Why couldn't the pirate play cards?

ANSWER: Because he was sitting on the deck.

Write On!

Winter Poem

Write a poem about winter that is no more than five lines long.

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a writer?

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30139 Industrial Pkwy SW, Unit
J&K, Hayward
510-489-8868
www.plbs.org/www.purplelo-
tus.org

So. Alameda County Buddhist Church
32975 Alvarado Niles Rd.,
Union City
510-471-2581 www.sacbc.org

CATHOLIC

Corpus Christi Church
37891 Second St., Fremont
510-790-3207
www.corpuschristifremont.org

Holy Spirit Catholic Church
37588 Fremont Blvd., Fremont
510-797-1660
www.holyspiritfremont.org

Old Mission San Jose Church
43266 Mission Blvd., Fremont
510-657-1797

Our Lady of Guadalupe Parish
41933 Blacow Rd., Fremont
510-657-4043
www.guadalupe-parish.org

Our Lady of the Rosary Church
703 C St., Union City
510-471-2609
www.olrchurch.org

St Anne Catholic Church
32223 Cabello St., Union City
(510) 471-7766

St. Elizabeth Catholic Church
750 Sequoia Dr., Milpitas
408-262-8100

St. James the Apostle
34700 Fremont Blvd.
(w. of Decoto Rd.), Fremont
510-792-1962
www.sjapostle.net

St. John the Baptist Catholic Parish
279 S. Main St., Milpitas
408-262-2546
www.sjbparish.org

CHINESE CHRISTIAN

Home of Christ Church
35479 Dumbarton Ct., Newark
510-742-6848 www.hoc6.org

Silicon Valley Alliance Church
38325 Cedar Blvd., Newark
510-668-1989
www.svacnewark.org

CHRISTIAN

Abundant Grace Community Church
meets at SDA Church
32441, Pulaski Dr, Hayward
(650)575-3345
http://www.abundantgcc.org/

Bay Area Dream Center
22100 Princeton St., Hayward

Calvary Bible Church of Milpitas
1757 Houret Ct., Milpitas
408-262-4900
www.calvarybiblechurch.us

Calvary Chapel Fremont
42986 Osgood Rd., Fremont
510-656-8979
www.calvaryfremont.org

Calvary Chapel Hayward
1244 B St., Hayward
510-396-0318
www.calvaryhayward.com

Calvary Chapel San Leandro
Marina Community Center
15301 Wicks Blvd San Leandro
510-421-3207
www.calvarysanleandro.com

Cedar Blvd. Neighborhood Church
38325 Cedar Blvd., Newark
510-791-8555 www.cbnc.net

**Christ's Chosen Vessel Min-
istries International**
(Meets at Spring Valley Bible
Church Building, 220 S. Main St.
Milpitas
(650) 834-3776

Christ Community Church of Milpitas
1000 S. Park Victoria Dr.,
Milpitas
408-262-8000
www.cccmilpitas.org

Christian Life Church
1699 Orchard Ave., San Leandro
510-483-8940
www.clife-church.org

Christian Worship Center
241 So. Main St., Milpitas
408-263-0406
http://www.cwscj.org

Church of Christ
977 Grant Ave., San Lorenzo
510-276-4693
www.church-of-christ.org/szca

Church of Christ of Fremont
4300 Hanson Ave., Fremont
510-797-3695
www.fremontchurchofchrist.org

Church of Christ – Hayward
22307 Montgomery St.,
Hayward
510-582-9830
www.haywardchurchofchrist.org

Church of Christ South Hayward
320 Industrial Pkwy.,Hayward
510-581-3351
www.churchofchristhayward.com

Discovery Fremont
38891 Mission Blvd. (@ Walnut),
Fremont
510-797-7689

East Bay Christian Fellowship
1111 H Street, Union City
510-487-0605 www.ebcf.net

Emmanuel Mission Church
5885 Smith Ave., Newark
(510) 793-6332
www.cmalliance.org

Family Bible Fellowship
37620 Filbert St., Newark
510-505-1735
www.fbministries.org

**First Church of Christ, Scien-
tist**
1351 Driscoll Rd., Fremont
510-656-8161
http://fccsf.hypermart.net/churc
h/index.html

Fremont Asian Christian Church
Meets Centerville Community
Center
3355 Country Drive, Fremont
510-795-2828
www.fremontasianchris-
tianchurch.org

Fremont Community Church
39700 Mission Blvd., Fremont
510-657-0123 www.gofcc.org

Fremont Journey of Faith Church
39009 Cindy St., Fremont
510-793-2100
www.jof-fremont.com

Good Shepherd South Asian Ministry
MultiCultural Worship
4211 Carol Ave., Fremont
510-552-4476
gssam@sbcglobal.net

Grace Church Fremont Multi-Ethnic
36060 Fremont Blvd., Fremont
510-936-1423
www.gracechurchfremont.org

Great Exchange Covenant Church Fremont (GRX)
Sunday Services at Cabello
Elementary School 4500
Cabello St., Union City
www.grxfremont.org

Hayward First Church of the Nazarene
26221 Gading Rd., Hayward
510-732-0777

Hillside Alliance Church
944 Central Blvd. Hayward
(510) 889-1501
www.hillsidealliance.org

Hope Lighthouse Foursquare church
36883 Niles Blvd., Fremont
510-796-0730

InRoads Christian Church
3111 Washington Blvd.,
Fremont
510-657-0251
www.inroadschurch.com
Jyoti Fellowship church
Located in First Church of the
Nazarene
26221 Gading Rd., Hayward
510-427-0491

Liberty Church International
Veteran’s Bldg., 37154 Second St.
(Fremont Niles) 510-324-1400
www.libertyvision.org
Mount Olive Ministries
1989 E. Calaveras Blvd., Milpitas
408-262-0506
www.mt-olive.org

New Covenant Evangelistic Christian Center
3801 Smith St., Union City
510-487-0886
New Life Community Church
39370 Civic Center Dr. #119
Fremont
510-432-9250
www.newlifeeastbay.org

New Life Christian Fellowship
22360 Redwood Road
Castro Valley,
510-582-2261
www.newlifebayarea.org

New Life Church
4130 Technology Pl., Fremont
510-657-9191
Newlifechurchofs.org

Our Father’s House
42776 Albrae St., Fremont
510-796-1117
www.ourfathershousefremont.org

Resonate Church
at the Fremont Adult School
4700 Calaveras Ave., Fremont
510-226-2800
www.resonatemovement.org

ROADMAP FELLOWSHIP International
Best Western Plus Inn 360 W.
'A' St.,Hayward
510-574-5663

San Lorenzo Japanese Christian Church
615 Lewelling Blvd.,
San Leandro
510-483-9455 www.slzjcc.org

Solid Rock Church of God In Christ
5970 Thornton Ave., Newark
510-791-7625
www.solidrockcogic.org

Tree of Life. Lord's Harvest Christian Church
4140 Peralta Blvd., Fremont
510-739-6133
www.living-tree.org

WORD OF LIFE - A Foursquare Church
1675 Graham Ave., Newark
510-754-9438

CHRISTIAN (ESPAÑOL)

Arbol de Vida
4140 Peralta Blvd., Fremont
510-790-2140

Iglesia Apostolica de Union City
33700 Alvarado Niles Rd.,
Union City
510-489-0687
www.ucapostolic.org

Iglesia Bautista Mission Peak
41354 Roberts Ave., Fremont
510-656-5311
www.missionpeakbaptist.org

Iglesia Biblica El Faro
280 Mowry Ave., Fremont
Estudio Bíblico
510-585-1701 lbfchurch.org

Ministerios Cosecha "Fuente de Vida"
4360 Central Ave., Fremont
(510) 573-1800
mcofremont@yahoo.com

Mision Hispana Esperanza Viva
4673 Thornton Ave. Suite P,
Fremont
510-754-5618
www.esperanzaviva.org

CHRISTIAN FILIPINO

Christian Fellowship International Church
(Meets in the Park Victoria
Baptist Church bldg.)
875 S. Park Victoria Dr., Milpitas
408-386-2215
http://cficmilpitas.multiply.com/

Church of Christ of Fremont

4300 Hansen Ave. Fremont

510-797-3695
www.fremontchurchofchrist.org

Whoever Drinks Of The Water That I Will Give Him Shall Never Thirst; But The Water That I Will Give Him Will Become In Him A Well Of Water Springing Up To Eternal Life
John 4:14
AA Meetings Every Tues and Thurs Evenings 7:30-9:30pm In Spanish In the Fellowship Hall

Services
Sunday: 10:45am and 6pm
Wednesday: 7:30pm

Christ's Chosen Vessel Ministries International
(Meets at Spring Valley Bible Church Building)
220 S. Main St., Milpitas
650-834-3776

Light By The Mountain Church
606 H St., Union City
510-378-0159

Word International Ministries
35501 Cedar Blvd., Newark
510-366-5995
www.wordinternational.com

CHRISTIAN INDONESIAN

Graceful Christian Community Church
At Immanuel Presbyterian Church
4333 Hansen Ave., Fremont
510-792-1831
www.gracefulcommunity.org

Adonai Indonesian Christian Fellowship
2603 Quail Ct., Union City
510-475-5377

CHRISTIAN CHURCH (DISCIPLES OF CHRIST)

Niles Discovery Church
255 H St., Fremont
510-797-0895
nilesdiscoverychurch.org

CHRISTIAN REFORMED

Christ’s Community Church
25927 Kay Ave., Hayward
510-782-6010
ccchayward@sbcglobal.net

EPISCOPAL

St. James Episcopal Church
37051 Cabrillo Terr., Fremont
510-797-1492 www.saintj.com

Holy Cross Episcopal Church
Heyer and Center St.,
Castro Valley
510 - 889-7233
www.holycrosscv.org

EVANGELICAL COVENANT

South Bay Community Church
47385 Warm Springs Blvd.,
Fremont
510-490-9500 www.sobcc.org

EVANGELICAL FREE CHURCH OF AMERICA

Newark Community Church
37590 Sycamore St., Newark
510-796-7729
www.newarkcommunitychurch.org

Asian Indian Church Ministries
Meet at Newark Community Church
510-795-7770
www.asianindianchurchmin-
istries.org

HINDU TEMPLE

Paramahansa Nithyananda Meditation - Sundays
451 Los Coches St., Milpitas
510-813 6474 www.LifeBliss.org

Shreemaya Krishnadham
25 Corning Ave., Milpitas
408-586-0006 www.bayvp.org

Vedic Dharma Samaj Hindu Temple and Cultural Center
3676 Delaware Dr., Fremont
510-659-0655
www.fremonttemple.org

JEWISH

Chabad of Fremont Jewish Center
www.chabadfremont.com
510-300-4090

Congregation Shir Ami
4529 Malabar Ave.,
Castro Valley
510-537-1787
www.congshirami.org

Temple Beth Torah
42000 Paseo Padre Pkwy.,
Fremont
510-656-7141
www.bethtorah-fremont.org

KOREAN

NC HAN MA EUM KOREAN CHURCH
4500 Thornton Ave., Fremont
510-661-9079
www.j-church.org

LDS (MORMON)

Bayside Ward
36400 Haley St., Newark
510-796-0914

Centerville Ward
38134 Temple Way, Fremont
510-797-1200

Central Park Ward
820 Walnut Ave., Fremont
510-795-6658

Fremont (Deaf) Branch
820 Walnut Ave., Fremont

Glenmoor Ward
38134 Temple Way, Fremont
510-793-8060

Irvington Ward
510-656-8754
510-656-7522 (Foyers)

Mission Peak Ward (English and Chinese)
48851 Green Valley Rd., Fremont
510-657-2156
510-623-7496 (Foyer)

Newark (Spanish) Branch
36400 Haley St., Newark

LUTHERAN

Chinese Mission of Hope Evangelical-Lutheran Church
3800 Beard Rd, Fremont
510-938-0505
<http://www.hopelutheranfremont.org/zh.html>

Calvary Lutheran Church & School (Behind Wendy's)
17200 Via Magdalena,
San Lorenzo
510-278-2555 Sch 278-2598
www.calvaryslz.com

Christ the King Lutheran Church
1301 Mowry Ave., Fremont
510-797-3724
www.Ctkfremont.org

Epiphany Lutheran Church ELCA
16248 Carolyn St., San Leandro
510-278-5133
www.eastbayepiphany.org

Good Shepherd Lutheran Church
166 W. Harder Rd., Hayward
Iglesia Luterana "El Buen Pastor"
510-782-0872
www.gslchayward.org

Good Shepherd South Asian Ministry
4211 Carol Ave., Fremont
510-656-0900 www.gssam.org

Grace Lutheran Church LCMS
1836 B St., Hayward
510-581-6620

Holy Redeemer Lutheran Church
35660 Cedar Blvd., Newark
510-793-1911
office@hrlc-newark.org

Holy Trinity Lutheran Church
38801 Blacow Rd., Fremont
510-793-6285
www.holytrinityfremont.org

Hope Lutheran Church
3800 Beard Rd., Fremont
510-793-8691
<http://hopelutheranfremont.org/>

Memorial Lutheran Chapel for the Deaf
874 Washington Blvd., Fremont
510-276-3860

Messiah Lutheran Church
25400 Hesperian Blvd.,
Hayward
WWW.messiahhayward.org
510-782-6727

Oromo Christ Evangelical Lutheran Church
100 Hacienda Ave., San Lorenzo
510-276-7980
ollibuse@yahoo.com

Our Savior Church & Preschool
858 Washington Blvd., Fremont
510-657-3191
www.oslfremont.com

Prince of Peace Lutheran Church/School
38451 Fremont Blvd., Fremont
510-793-3366
www.popfremont.org

St. Steven Lutheran Church
Meets at Grace Lutheran Church
1836 B. St., Hayward
510-581-6637
www.ststephenclc.org

METHODIST

African Methodist Episcopal Church
201 E St., Union City
510-489-7067
www.tricityame.org

First Chinese United Methodist Church
2856 Washington Blvd.
Fremont
(510) 490 – 0696
www.chinesemethodist.org

First United Methodist Church
1183 B St., Hayward

First United Methodist Church
2950 Washington Blvd, Fremont
510-490-0200
www.fremont-methodist.org

South Hayward UMC
628 Schafer Rd., Hayward
(510) 780-9599
www.southhaywardumc.org

St. Paul United Methodist
33350 Peace Terr., Fremont
510-429-3990
www.stpaulumcfremont.org

VICTORY CENTER A.M.E. ZION CHURCH
33450 Ninth Street- Union City
510-429-8700

MUSLIM

Islamic Society of East Bay
33330 Peace Terr., Fremont
510-429-4732 www.iseb.org

Al-Medinah Educational Center: Masjid & School
5445 Central Ave., Newark

NON DENOMINATIONAL

Cathedral of Faith–Milpitas
Service held at:
Curtner Elementary School
275 Redwood Ave., Milpitas
www.cathedraloffaith.org

Central Church of Christ
38069 Martha Avenue, #100
Fremont
510-792-2858

Crossroads Church
41386 Fremont Blvd., Fremont
510-651-0301
www.crossroadsfremont.org

Fremont Community Church
39700 Mission Blvd., Fremont
(510) 657-0123 www.gofcc.org

Grace Church Fremont
36060 Fremont Blvd., Fremont
510-936-1423
www.gracechurchfremont.org

Heavenly Christ's Church (Meets in Calvary Lutheran Church)
17200 Via Magdalena
San Lorenzo
510-303-5592

Mission Springs Community Church
48989 Milmont Dr., Fremont
510-490-0446
www.msccfremont.org

Morning Star Church
36120 Ruschin Dr., Newark
510-676-1453
www.msconline.org

New Birth Christian Ministry Center
3565 Arden Rd., Hayward
510-782-1937

New Seed of Faith Ministry
36600 Niles Blvd., Fremont
www.nsofm.com
510 612-4832

Revelation Christian Fellowship
1670 Orchard Ave.,
San Leandro
510-352-4707
www.revelationcf.org

True Jesus Church
1190 Davis St., San Leandro
510-522-2125 www.tjc.org

Victory Outreach Fremont
40086 Paseo Padre Pkwy.,
Fremont
510-683-4660
info@vofremont.org

ORTHODOX CHRISTIAN

St. Christina Orthodox Church
3612 Peralta Ave., Fremont
510-739-0908
www.stchristinaorthodox.org

PENTECOSTAL

Glad Tidings Church of God in Christ
27689 Tyrrell Ave., Hayward
510-783-9377
www.gladtidingscogic.com

Union City Apostolic Church
33700 Alvarado Niles Rd.,
Union City
510-489-0687
www.ucapostolic.org

PRESBYTERIAN

Centerville Presbyterian Church
4360 Central Ave., Fremont
510-793-3575
www.cpcfremont.org

First Presbyterian Church of Hayward
2490 Grove Way, Castro Valley
(510) 581-6203
<http://firstpreshayward.com>

First Presbyterian Church of Newark
35450 Newark Blvd., Newark
510-797-8811
www.newarkpres.org

First Presbyterian Church San Leandro
180 Estudillo Ave., San Leandro
510-483-2772
FPCSanLeandro.org

Immanuel Presbyterian Church of Fremont
4333 Hansen Ave., Fremont
510-494-8020 www.ipcf.net

Irvington Presbyterian Church
4181 Irvington Ave. (corner
Chapel & Irvington), Fremont
510-657-3133

New Bridges Presbyterian Church
26236 Adrian Ave., Hayward
510-786-9333
newbridgespresby@gmail.com

REFORMED CHURCH IN AMERICA

New Hope Community Church
2190 Peralta Blvd., Fremont
510-739-0430
www.newhopefremont.org

RELIGIOUS SCIENCE Center For Spiritual Living-Fremont
40155 Blacow Rd., Fremont
510-656-9955
www.CSL-Fremont.org

SALVATION ARMY

Hayward Citadel Corps
430 A St., Hayward
510- 581 - 6444

The Tri-Cities Corps
36700 Newark Blvd., Newark
510-793-6319

Korean Congregation Army
36700 Newark Blvd., Newark
510 - 793 - 6319

SEVENTH DAY ADVENTIST

Community Seventh-Day Church
606 H St., Union City
510-429-8446
www.unioncity22.adventistchurchconnect.org/

East Bay Fil-Am Seventh Day Adventist Church
32441 Pulaski Dr., Hayward
510-324-1597

Fremont Chinese Seventh-Day Adventist Church

1301 Mowry, Fremont
415-585-4440 or 408-616-9535
Milpitas Adventist Center
1991 Landess Ave., Milpitas
408 726-5331
www.milpitas.netadventist.org

SIKHISM

Fremont Gurdwara
300 Gurdwara Rd., Fremont
510-790-0177
www.fremontgurdwara.org

UNITARIAN

Mission Peak Unitarian Universalist Congregation
(meets at FUMC's Cole Hall)
2950 Washington Blvd., Fremont
510-252-1477
<http://www.missionpeakuu.org/>

UNITED CHURCH OF CHRIST

Eden United Church of Christ
21455 Birch St. @ Grove Way,
Hayward
510-582-9533
www.edenucc.com

Filipino American United Church of Christ
4587 Peralta Blvd., Fremont
510-797-8408
filamucc@sbcglobal.net

Filipino-American Evangelical UCC
Meets at: Fremont Community Center
40204 Paseo Padre Parkway,
Fremont
510-487-3891
www.faeucc.org

Fremont Congregational Church
38255 Blacow Rd., Fremont
510-793-3970
www.fremontucc.net

Niles Discovery Church
255 H St., Fremont
510-797-0895
www.nccucc.org

San Lorenzo Community Church
945 Paseo Grande, San Lorenzo
510-276-4808

The Little Brown Church
141 Kilcare Rd., Sunol
925-862-2004
www.littlebrownchurchofsunol.org

United Church of Hayward
30540 Mission Blvd.
Hayward
(510) 471-4452
www.haywarducc.org

UNITY CHURCH

Unity of Fremont
36600 Niles Blvd., Fremont (in the future home of Niles Discovery Church
510-797-5234
www.unityoffremont.org

VIETNAMESE

CHRISTIAN CHURCH

Vietnamese Christian & Missionary Alliance Church
38325 Cedar Blvd., Newark
510-623-9063
www.htnewark.org

Congestion relief for I-280/I-880/Stevens Creek interchange

SUBMITTED BY BRANDI CHILDRESS

Officials broke ground on November 9, 2012 on the project that promises congestion relief in one of the most heavily travelled corridors in Santa Clara County. The Santa Clara Valley Transportation Authority (VTA), in partnership with the California Department of Transportation (Caltrans), will begin the long-awaited and much-needed traffic relief, access and safety improvements on the I-280/I-880/Stevens Creek interchanges in San Jose.

The project will reconfigure the existing I-880/Stevens Creek Boulevard cloverleaf interchange (originally constructed in 1959) to meet current interchange-design standards which includes widening and re-aligning ramps,

widening the overcrossing structure at Stevens Creek Boulevard over I-880 and improving existing intersections. The new interchange will reduce traffic congestion and delays by eliminating certain weaving and merging movements, while also improving access and enhancing safety for bicycle and pedestrian traffic.

The project will also add a new northbound I-280 to northbound I-880 direct-connector ramp to separate free-way-to-freeway traffic from local street traffic heading for westbound Stevens Creek Boulevard and eastbound San Carlos Street. A new direct connector from southbound I-880 to Monroe Street will also be constructed.

“The I-280/I-880 interchange is the last of the ‘Big Five’ projects in San Jose to receive Prop 1B funding made possible by Santa Clara County voters in 2008,” said Carl

Guardino, CTC Commissioner and President and CEO of the Silicon Valley Leadership Group.

The first major construction activity will involve widening the overcrossing structure at Stevens Creek Boulevard over I-880; the new fly-over ramp from north I-280 to north I-880 is expected to begin in spring 2013. Overall construction is slated for completion by spring 2015.

To keep up-to-date with construction activities, sign-up for automated emails or text alerts by clicking the blue envelope on the VTA website at www.vta.org.

For more information about the I-280/I-880/Stevens Creek Boulevard Interchange Improvements Project, visit <http://bit.ly/IwpIno> or contact VTA Community Outreach at (408) 321-7575.

COMMUNITY BULLETIN BOARD

Rotary Club of Niles
We meet Thursdays
at 12:15 p.m.
Washington Hospital West
2500 Mowry Ave.
Conrad Anderson
Auditorium, Fremont
www.nilesrotary.org
(510) 739-1000

Country Club of Washington Township Women's Club
First Tuesday of each month at
1:00 p.m.
October through June
St. James Episcopal Church
37051 Cabrillo Terrace
(off Thornton Ave., Fremont)
maryingold06@sbcglobal.net
(510)656-2521

Rotary Club Mission San Jose
Fridays at 12:15 p.m.
Papillon Restaurant
37296 Mission Blvd.
Fremont (510) 656-5056
Visit our club. See why we
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We welcome new members

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1:30pm,
Niles Discovery Church
255 H Steet at 3rd
510-797-0895
www.TriCityPerspectives.org

Kennedy High School Flea Market
First Saturday Every Month
Except January
8 a.m. – 4 p.m.
All Spaces \$20
For more info call
510-657-4070 x27150
bsterling@fremont.k12.ca.us
39999 Blacow Rd., Fremont

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Centerville Presbyterian
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Teri M. 510-757-8214
www.foodaddicts.org

Fremont Cribbage Club
teaches cribbage to new players &
tournament cribbage to all
players of any skill level every Tues.
6:15pm at Round Table Pizza
37480 Fremont Blvd., Centerville
Email:cribbagegr43@yahoo.com
Or call Tracy (510) 793-6472
American Cribbage Congress
www.cribbage.org

Is Food a Problem for You? Overeaters Anonymous
NO dues - NO fees - NO diets
Monday 7:00 p.m. - 8:15 p.m.
St. James Episcopal Church
37051 Cabrillo Ter, Fremont
Saturday 10:30 a.m. - Noon
1st Presbyterian Church
35450 Newark Blvd, Newark
southernalamedacountyoa.org

Union City Football & Cheer League Season 2012
For more information
call Colt Hotline
(510) 441-8235 or Check our
our website www.ucflcolts.org
We are also looking for Cheer
& Football Coaches

SAVE (Safe Alternatives to Violent Environments) Domestic Violence Support Group (Drop In & FREE)
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Office (510) 574-2250
24/7 Hotline (510) 794-6055
www.save-dv.org

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Union City
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or call anytime
510-586-5747 or
510-520-2769

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Help Eliminate Hunger &
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Your donation is tax deductible
Tri-City Volunteers
37350 Joseph Street, Fremont
Mon-Fri 8:30 AM - 4:00 PM
Closed 12 PM - 1PM
Questions Call 1-888-802-8207
tri-cityvolunteers.org

DONATE YOUR CELL PHONES
Help Eliminate Hunger &
Food Insecurity
Your donation is tax deductible
Tri-City Volunteers
37350 Joseph Street, Fremont
Mon-Fri 8:30 AM - 4:00 PM
Closed 12 PM - 1PM
Questions Call 1-888-802-8207
tri-cityvolunteers.org

Prizes for transit-related New Year's resolutions

SUBMITTED BY CLARENCE JOHNSON

At the New Year, people think about their New Year's resolutions. This year, AC Transit wants to encourage resolutions that relate to transit and the environment.

AC Transit is holding a contest through its Facebook page called "My Transit Resolution." Participants who share their 2013 Transit Resolution will be eligible to win great prizes, including a gift certificate to Faz Restaurant in Oakland, tickets to the Martin Luther King tribute concert at the Paramount, movie passes, \$25 to spend at Oaklandish gift shop in downtown Oakland, and an AC Transit 31-Day bus pass. The contest ends on January 11, 2013.

A Transit Resolution is anything someone can do to give transit a try, use transit more or make riding transit a better experience for all. It could be a commitment to taking the bus to the gym, obtaining a Clipper card or saying hello to the passenger seated next to them.

Participants can access the "My Transit Resolution" contest page at www.actransit.org. After "liking" AC Transit's Facebook page (if they're not already a fan), participants share, in brief, their transit resolution for 2013. They may also submit a photo that visually represents their resolution.

All participants will be in the running for great local prizes and those who contribute a photo will also be eligible to win an AC Transit 31-Day bus pass. Photos submitted will be shared on the AC Transit web site after the contest closes on January 11, 2013.

For more information, visit www.actransit.org

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susan.peters251@yahoo.com
510656-6848

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www.save-dv.org

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More Info 510-574-2020

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Let VITA do your taxes! IRS-certified Tax Preparers \$51,000 or less income. Restrictions may apply
Union City Library
34007 Alvarado-Niles, Union City
Saturdays Only 12p-4p
Open Feb 2 - Mar 16, 2013
More Info 510-574-2020

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Newark Library
6300 Civic Terrace Ave., Newark
Saturdays Only 10a-2p
Open Feb 2 - Mar 16, 2013
More Info 510-574-2020

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The "NO" List:

- No commercial announcements, services or sales
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- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

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Al-Anon has but one purpose: to help families of alcoholics. We share our experience, strength, and hope.
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Serious Mental Illness
Free 12 week course for caregivers of someone with a serious mental illness starting Jan 5, 2013 from 9:00-11:30 in Fremont. Registration required.
Contact: Joe Rose at 510-378-1578
or Email Joerose707@yahoo.com
http://NAMI-f2f.blogspot.com
http://www.NAMI.org/F2F

HOME SALES REPORT

CASTRO VALLEY

Highest \$:

Lowest \$:

600,000

240,000

Median \$:

Average \$:

465,000

448,633

TOTAL SALES: 15

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
18902 Almond Road	94546	\$419,000	3	1600	1924	11-20-12
19213 Carlton Avenue	94546	\$455,000	4	1832	1969	11-15-12
20675 Forest Avenue #B	94546	\$400,000	6	2254	1962	11-15-12
18333 Joseph Drive	94546	\$465,000	3	1590	1956	11-19-12
17865 Kingston Way	94546	\$508,000	3	1583	1953	11-16-12
2930 Lake Chabot Lane	94546	\$375,000	-	1802	1979	11-16-12
18239 Lake Chabot Road	94546	\$315,000	3	1767	1979	11-15-12
17461 Redwood Road	94546	\$480,500	3	1570	1952	11-19-12
20033 Santa Maria Avenue	94546	\$240,000	-	1433	1980	11-19-12
3682 Seven Hills Road	94546	\$529,000	3	1272	1955	11-15-12
18069 Vineyard Road	94546	\$475,000	4	1991	1960	11-15-12
22124 East Lyndon Loop	94552	\$600,000	4	2240	1998	11-16-12
25508 Foggy Glen Drive	94552	\$510,000	4	1720	1998	11-16-12
22778 Lakemont Place	94552	\$540,000	4	2352	1998	11-19-12
6930 Lariat Lane	94552	\$418,000	2	1324	1985	11-20-12

FREMONT		TOTAL SALES: 34				
Highest \$:	1,200,000	Median \$:	475,000			
Lowest \$:	200,000	Average \$:	522,279			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
38499 Berkeley Common	94536	\$280,000	2	976	1979	11-20-12
2335 Bishop Avenue	94536	\$585,000	4	1814	1963	11-15-12
38340 Burdette Street	94536	\$670,000	-	1939	1977	11-20-12
35976 Cabrillo Drive	94536	\$410,000	3	1148	1956	11-19-12
36453 Laredo Drive	94536	\$505,000	3	1581	1962	11-15-12
36691 Marlowe Street	94536	\$453,000	2	1306	1976	11-16-12
36683 Montecito Drive	94536	\$750,000	4	3020	1965	11-20-12
3685 Nutwood Terrace #113	94536	\$286,000	1	712	1984	11-15-12
38780 Tyson Lane #101C	94536	\$207,500	1	870	1982	11-20-12
40420 Citrus Drive	94538	\$300,000	3	1500	1953	11-19-12
42581 Fern Circle	94538	\$520,000	3	1375	1987	11-16-12
39206 Guardino Drive #307	94538	\$205,000	2	844	1990	11-15-12
38572 Mary Terrace	94538	\$220,000	2	842	1986	11-15-12
4692 Nelson Street	94538	\$370,000	3	1131	1963	11-15-12
40449 Paseo Padre Parkway	94538	\$485,000	3	2294	1977	11-19-12
4001 San Francisco Terrace	94538	\$300,000	2	1257	1978	11-15-12
4841 Stevenson Boulevard	94538	\$475,000	3	1148	1959	11-15-12
39309 Sundale Drive	94538	\$424,000	3	1064	1963	11-16-12
3644 Trenton Court	94538	\$375,000	3	1151	1958	11-16-12
41033 Cornac Terrace	94539	\$605,000	2	1392	1972	11-20-12
502 Enos Street	94539	\$1,075,000	4	2172	2005	11-15-12
44912 Lynx Drive	94539	\$740,000	3	1484	1989	11-16-12
45165 Onondaga Drive	94539	\$770,000	4	1948	1978	11-16-12
150 Shaniko Common #67	94539	\$421,000	3	1170	-	11-20-12
284 St. Henry Drive	94539	\$1,200,000	3	2900	1957	11-16-12
42353 Troyer Avenue	94539	\$785,000	4	1394	1954	11-16-12
47112 WarmSpringsBlvd#205	94539	\$287,000	2	900	1982	11-15-12
34373 Eucalyptus Terrace	94555	\$729,000	4	1929	1993	11-15-12
3889 Great Salt Lake Court	94555	\$360,000	3	1066	1978	11-19-12
3899 Milton Terrace	94555	\$200,000	2	985	1986	11-20-12
4469 Norocco Circle	94555	\$745,000	3	2434	1986	11-16-12
5996 Pisa Terrace #121	94555	\$550,000	3	1693	1992	11-15-12
3901 Riverbend Terrace	94555	\$815,000	4	2052	2001	11-15-12
32800 Shaver Lake Street	94555	\$655,000	4	1889	1977	11-20-12

HAYWARD			TOTAL SALES: 38			
Highest \$:	720,000	Median \$:	305,000			
Lowest \$:	120,000	Average \$:	327,408			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
257 Anderly Court #18	94541	\$125,000	2	940	1992	11-16-12
669 Chase Avenue	94541	\$312,000	3	1333	2004	11-16-12
1042 Clubhouse Drive	94541	\$180,000	2	1270	1973	11-15-12
3293 Costa Drive	94541	\$310,000	3	1238	1954	11-15-12
778 Dean Place	94541	\$211,000	2	1179	2005	11-15-12
23068 Eddy Street	94541	\$235,000	3	1238	1954	11-15-12

HOME SALES REPORT

23183 Fuller Avenue	94541	\$210,000	3	1051	1950	11-16-12
22926 Kingsford Way	94541	\$245,000	3	1434	2005	11-20-12
22353 Main Street	94541	\$370,000	2	1404	1918	11-20-12
616 Moss Way	94541	\$390,500	-	-	-	11-19-12
2157 Parkhurst Street	94541	\$475,000	4	2105	2011	11-15-12
21883 Prospect Street	94541	\$475,000	3	2238	1959	11-16-12
23462 Ronald Lane	94541	\$230,000	3	1032	1951	11-16-12
260 Sunset Boulevard #27	94541	\$120,000	2	926	1981	11-20-12
22130 Western Boulevard	94541	\$195,000	2	862	1941	11-19-12
21722 Westpark Street	94541	\$245,000	3	1248	1955	11-16-12
25396 Del Mar Avenue	94542	\$205,000	3	1073	1950	11-20-12
26596 Durham Way	94542	\$720,000	3	1880	1975	11-15-12
1762 Highland Boulevard	94542	\$350,000	-	1344	1930	11-19-12
2750 Lancaster Road	94542	\$458,000	3	1693	1957	11-16-12
983 Major Avenue	94542	\$302,000	3	1365	1951	11-16-12
28576 Aragon Avenue	94544	\$320,000	3	1228	1958	11-20-12
666 Bishop Avenue	94544	\$335,000	3	1153	1955	11-19-12
859 Blackbird Court	94544	\$692,000	5	2747	2002	11-16-12
566 Evangeline Way	94544	\$279,000	3	1184	1955	11-15-12
26337 Hickory Avenue	94544	\$330,000	3	1042	1952	11-16-12
29002 Hillview Street	94544	\$330,000	4	1763	1995	11-16-12
24735 Joanne Street	94544	\$300,500	3	1405	1950	11-16-12
24969 Tarman Avenue	94544	\$350,000	4	1862	1949	11-15-12
2511 Arf Avenue	94545	\$198,000	3	1254	1970	11-16-12
25704 Barnard Street	94545	\$305,000	3	1181	1959	11-15-12
27629 Del Norte Court	94545	\$182,000	4	1474	1970	11-20-12
2575 Freeport Court	94545	\$550,000	4	1835	2007	11-16-12
2518 Kirkwood Drive	94545	\$310,500	4	1404	1974	11-15-12
2240 Moody Way	94545	\$400,000	3	1532	1991	11-15-12
929 Neil Way	94545	\$256,000	3	998	1951	11-16-12
1908 Osage Avenue	94545	\$290,000	4	1387	1965	11-15-12
28826 Sandcreek Drive	94545	\$650,000	5	2687	2003	11-15-12

MILPITAS TOTAL SALES: 12						
Highest \$:	1,689,000	Median \$:	456,000			
Lowest \$:	220,000	Average \$:	625,875			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1815 Arizona Avenue	95035	\$470,500	3	1100	1958	11-30-12
96 Bates Lane	95035	\$800,000	-	-	-	11-28-12
1453 Big Basin Drive	95035	\$240,000	2	1008	1971	11-29-12
1310 Elkwood Drive	95035	\$670,000	3	1705	1991	12-03-12
1523 Ellis Avenue	95035	\$450,000	3	1040	1962	12-03-12
1085 North Abbott Avenue	95035	\$220,000	2	863	1979	11-30-12
903 Pacheco Drive	95035	\$810,000	4	2496	1983	11-30-12
791 Parc Lane	95035	\$456,000	3	1530	2005	11-30-12
1627 Pebble Beach Court	95035	\$1,689,000	3	4083	1988	11-30-12
1721 Pebble Beach Court	95035	\$1,200,000	4	4866	1985	11-30-12
1839 Petaluma Court	95035	\$260,000	3	1150	1907	11-29-12
310 San Petra Court #4	95035	\$245,000	2	924	1971	11-28-12

NEWARK TOTAL SALES: 06						
Highest \$:	443,000	Median \$:	331,500			
Lowest \$:	190,000	Average \$:	336,250			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
36532 Cedar Boulevard	94560	\$378,000	3	1080	1962	11-15-12
6235 Joaquin Murieta Avenue #C94560	94560	\$331,500	3	1375	1981	11-16-12
35198 Lido Boulevard #A	94560	\$190,000	2	1076	1984	11-15-12
5697 Moores Avenue	94560	\$443,000	3	1456	1967	11-16-12
36830 Munyan Street	94560	\$350,000	4	1064	1955	11-20-12
6127 Robertson Avenue	94560	\$325,000	3	1335	1946	11-15-12

SAN LEANDRO TOTAL SALES: 17						
Highest \$:	580,000	Median \$:	340,000			
Lowest \$:	170,000	Average \$:	354,882			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
359 Accolade Drive	94577	\$408,000	3	1599	2002	11-15-12
747 Elsie Avenue	94577	\$341,500	3	1190	1941	11-16-12
2460 Fiji Way	94577	\$382,500	4	1466	1961	11-16-12
712 Raineer Court	94577	\$560,000	6	2806	2005	11-20-12
1689 Regent Drive	94577	\$580,000	4	2889	1968	11-15-12
21 Sunnyside Drive #A	94577	\$260,000	2	1242	1935	11-20-12
703 Tivoli Street	94577	\$569,000	4	2646	2004	11-19-12
1526 140th Avenue	94578	\$285,000	3	1319	1946	11-20-12
14101 East 14th Street #106	94578	\$170,000	2	1000	1986	11-19-12
2019 Manchester Road	94578	\$340,000	4	1365	1947	11-16-12
14816 Martell Avenue	94578	\$398,000	3	1422	1953	11-16-12
873 Portola Drive	94578	\$285,000	3	1136	1956	11-15-12
15229 Vera Avenue	94578	\$256,000	2	1139	1947	11-16-12
15323 Dewey Street	94579	\$308,000	2	858	1950	11-20-12
15238 Inverness Street	94579	\$270,000	3	1241	1952	11-16-12
1476 Trojan Avenue	94579	\$280,000	3	1241	1952	11-15-12
1217 Victor Avenue	94579	\$340,000	3	1497	1951	11-16-12

SAN LORENZO TOTAL SALES: 06						
Highest \$:	369,000	Median \$:	330,000			
Lowest \$:	250,000	Average \$:	328,167			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1342 Culver Place	94580	\$250,000	3	1457	1972	11-16-12
171 Paseo Grande	94580	\$369,000	3	1205	1951	11-15-12
1552 Via Amigos	94580	\$350,000	3	1249	1955	11-16-12
1801 Via Amigos	94580	\$350,000	3	1569	1955	11-15-12
15827 Via Pinale	94580	\$320,000	3	1000	1944	11-16-12
1215 Via San Juan	94580	\$330,000	3	1050	1951	11-16-12

UNION CITY TOTAL SALES: 17						
Highest \$:	585,000	Median \$:	395,500			
Lowest \$:	121,000	Average \$:	369,735			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
133562 14th Street	94587	\$395,000	3	1297	1960	11-16-12
33638 9th Street	94587	\$390,000	6	2250	1963	11-16-12
4449 Alamo Street	94587	\$251,000	3	1296	1971	11-16-12
219 Famoso Plaza	94587	\$145,000	2	880	1985	11-20-12
1080 Green Street	94587	\$395,500	3	1675	2007	11-19-12
2430 Hilton Street	94587	\$488,000	3	1452	1964	11-16-12
4356 Holt Street	94587	\$535,000	3	1683	1984	11-20-12
207 Ladera Plaza	94587	\$121,000	2	685	1984	11-19-12
32028 Paloma Court	94587	\$215,000	3	1367	1982	11-16-12
32557 Regents Boulevard	94587	\$414,500	3	1274	1974	11-20-12
32744 Regents Boulevard	94587	\$438,000	3	1658	1984	11-20-12
32949 Regents Boulevard	94587	\$585,000	-	2307	1980	11-15-12
4701 Rose Way	94587	\$500,000	4	1566	1973	11-20-12
31316 Santa Maria Drive	94587	\$415,000	4	1675	1970	11-19-12
34806 Starling Drive	94587	\$200,000	2	903	1972	11-20-12
32106 Trefry Court	94587	\$530,000	4	1708	1973	11-16-12
33856 Washington Avenue	94587	\$267,500	3	1722	1964	11-19-12

Human trafficking trends and law enforcement responses

SUBMITTED BY
THE OFFICE OF
THE STATE ATTORNEY
GENERAL

Attorney General Kamala D. Harris released The State of Human Trafficking in California 2012, on November 16, 2012. The report outlines the growing prevalence of the crime of human trafficking in the state, the increasing involvement of sophisticated transnational gangs in perpetrating the crime and the modern technologies traffickers use to facilitate it.

Harris released the report at the Human Trafficking Leadership Symposium, hosted by the University of Southern California in partnership with Humanity United. Leaders from law enforcement, victim service groups, non-government organizations and other groups convened to

discuss the report and consider best practices in the fight against forced labor and sex trafficking. U.S. Secretary of Labor Hilda L. Solis and Mexico Attorney General Marisela Morales Ibáñez provided keynote remarks at the symposium.

“Human trafficking is a growing threat because criminal organizations have determined it is a low-risk, high-reward crime. We’re here to change that calculus,” said Harris. “We must counter the ruthlessness of human traffickers with our resolve, innovation and collaboration. Law enforcement must continue to train, gather data and work to close down human trafficking operations in our state.”

Releasing the report on the current state of human trafficking is one of the steps Harris has taken to combat the crime. In October 2012, Harris and Mexico Attorney General Marisela

Morales Ibáñez signed an accord to help expand prosecutions and secure convictions of criminals who engage in the trafficking of human beings. In June 2012, Harris partnered with the Polaris Project and Yahoo! to help provide human trafficking victims access to resources via sponsored search results displayed to potential victims. In 2011, the Attorney General joined the National Association of Attorneys General in calling on Backpage.com to shut down its adult services section which had been used to facilitate sex trafficking.

Harris also sponsored two new anti-trafficking laws, Assembly Bill 2466, by Bob Blumenfeld (D-San Fernando Valley), which ensures that criminal defendants involved in human trafficking will not dispose of assets that would otherwise be provided as restitution to victims; and Senate Bill 1133, by Mark Leno (D-San Francisco), which expands the list of assets that a human trafficker must forfeit and provides a formula for using those resources to help victims of human trafficking. Both laws will take effect on January 1, 2013.

Human trafficking involves the recruitment, smuggling, transportation, harboring, purchase or sale of a person for exploitation, prostitution, domestic servitude, sweatshop labor, migrant work, agricultural labor, peonage, bondage or involuntary servitude. While human trafficking often involves the smuggling of human beings across international borders, numerous Americans are trafficked around the United States every year. Human trafficking strips people, especially women and children, of their freedom and violates our nation’s promise that every person in the United States is guaranteed basic human rights.

For more information, visit www.oag.ca.gov/human-trafficking.

Fracking disclosure bill

Legislation seeks to shine more light on chemicals, water used in hydraulic fracturing process

SUBMITTED BY JEFF BARBOSA

Assemblymember Bob Wieckowski (D-Fremont) introduced a new bill on December 3, 2012 to require the public disclosure of chemicals used in the hydraulic fracturing process. AB 7 would also require details on the amount of water used in the fracking process and its disposition. It is Wieckowski’s second attempt to focus more attention on the controversial process.

“The public has a right to know the type of chemicals that are being pumped underground in case there is a leak or contamination,” Wieckowski said. “Our state has done a poor job of collecting this important information and the public is demanding answers.”

Under Wieckowski’s AB 7, companies would be required to disclose a complete list of names, chemical numbers and maximum concentrations of each chemical used in the fracking process. Some of the bill’s requirements include the trade name, supplier, a brief description of the intended purpose of each additive contained in the hydraulic fracturing fluid, the total volume of carrier fluid used during hydraulic fracturing, the source, volume and disposition of all water used during the process and a comprehensive report from the Division of Oil and Gas to the Legislature by January 1, 2016.

In 2012, Wieckowski’s fracking bill was held in the Senate Appropriations Committee but the controversy surrounding the lack of information at the state level helped push the Division of Oil and Gas to begin drafting regulations on hydraulic fracturing.

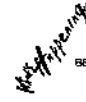
“I intend to craft this legislation to work in conjunction with the Division’s regulations,” Wieckowski said. “Californians deserve a disclosure bill on fracking that is worthy of our state’s strong history of environmental protection.”

Law changes for under the influence testing

SUBMITTED BY NEWARK PD

A new law takes effect January 1, 2013 regarding chemical tests available for people arrested for drug related driving under the influence.

Individuals suspected of a drug or a combination of drugs and alcohol DUI, no longer have the option of choosing between a chemical blood test or a urine test to determine the drug content. Persons arrested for drug related driving under the influence will be REQUIRED to submit a chemical blood test ONLY to determine drug content. This law also covers driving under the influence of a prescription drug.



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Obituaries



Marian F. McBride
RESIDENT OF FREMONT

March 28, 1924 – December 14, 2012

Yun Ok Kim
RESIDENT OF NEWARK

September 12, 1946 - December 22, 2012

Leo R. Pedroza
RESIDENT OF FREMONT

February 12, 1921 – December 22, 2012

Steven W. Ross
RESIDENT OF HAYWARD

March 7, 1953 – December 23, 2012

Maria L. Padilla
RESIDENT OF UNION CITY

April 17, 1915 – December 24, 2012

Loyd Earl Pyer
RESIDENT OF FREMONT

September 22, 1931 – December 24, 2012

Olga “Oggie” Gronley Brask
RESIDENT OF FREMONT

August 23, 1920 – December 25, 2012

Purita “Puring” E. Encio
RESIDENT OF FMILPITAS

September 16, 1936 – December 25, 2012

Ruth Goulding
RESIDENT OF FREMONT

February 7, 1918 – December 25, 2012

Pearl K. Zamora
RESIDENT OF FREMONT

March 13, 1924 – December 25, 2012

Constance Suggs
RESIDENT OF FREMONT

May 3, 1923 – December 26, 2012

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Top US gun
lobby wants
armed officers
in schools

partments, in U.S. schools, according to Mo Canady, executive director of the National Association of School Resource Officers.

Gun rights advocates on Capitol Hill had no immediate comment. They will have to walk a tough road between pressure from the powerful NRA, backed by an army of passionate supporters, and outrage over the Sandy Hook deaths that has already swayed some in Congress to adjust their public views.

A CNN/ORC poll taken this week found 52 percent of Americans favor major restrictions on guns or making all guns illegal. Forty-six percent of people questioned said government and society can take action to prevent future gun violence, up 13 percentage points from two years ago in the wake of the shooting in Tucson, Arizona, that killed six and wounded then Rep. Gabrielle Giffords.

Since the Connecticut slayings, Obama has demanded action against U.S. gun violence and has called on the NRA to join the effort. Moving quickly after several congressional gun-rights supporters said they would consider new legislation to control firearms, the president said this week he wants proposals that he can take to Congress next month.

Obama has already asked Congress to reinstate an assault weapons ban that expired in 2004 and to pass legislation that would stop people from purchasing firearms from private sellers without background checks. Obama also has indicated he wants Congress to pursue the possibility of limiting high-capacity firearms magazines.

Democratic Sen. Dianne Feinstein said former President Bill Clinton called her with an offer to help get an assault weapons ban reinstated. Clinton signed such a ban into law in 1994, but it expired after 10 years.

Feinstein said she’s not opposed to having armed guards at schools, but she called the NRA proposal a distraction from what she said was the real problem: “easy access to these killing machines” that are far “more powerful and lethal” than the guns that were banned under the old law.

Associated Press writers Andrew DeMillo in Little Rock, Arkansas, and Alicia A. Caldwell in Washington contributed to this report.

Silicon Valley’s light rail among least efficient

continued from page 12

train services in Pittsburgh and Dallas.

Even light-rail systems in Minneapolis, Houston, Newark, N.J., and Phoenix operate less than the VTA but carry more passengers. Several U.S. cities that are smaller than San Jose – including St. Louis, Salt Lake City and Portland, Ore. – feature light-rail systems with more riders than VTA.

The service has become more expensive, less efficient and less popular than first thought, the newspaper concluded.

“It is an unmitigated disaster and a waste of taxpayer money,” Tom Rubin, an Oakland, Calif.-based mass transit consultant said. “I think the original concept was very seriously flawed.”

Information from: San Jose (Calif.) Mercury News, <http://www.mercurynews.com>

Milpitas Police arrest prowling suspects



Henry Cruz

SUBMITTED BY SGT. TRISH YOUNG

On December 17, 2012 at 12:37 a.m., Milpitas police officers responded to a 9-1-1 call of a suspicious person in a yard on Lacey Dr. knocking on a bedroom wall. The caller remained on the line with the dispatchers and provided a clothing description as well as up-to-date information on the direction of travel of the suspicious person. The caller then told the dispatcher the suspicious person had walked away and was breaking into a neighbor’s house. Milpitas police officers located the suspicious person, who was identified as Henry Arellano of Milpitas, hiding behind a trash can on the side yard of the neighbor’s home. Officers searched the backyard of the neighbor’s house and heard the sound of people jumping fences



Henry Arellano

southbound toward Mattos Drive.

Officers surrounded the area and arrested Jeremiah O’Brien of Milpitas as he exited through a side gate of a residence on Mattos Drive. Officers conducted a yard-to-yard search and located Henry Cruz of Milpitas hiding in a flower bed in the front yard of a residence on Mattos Drive. All three suspects were taken into custody without incident.

The suspects were booked into the Santa Clara County jail on various charges. Henry Arellano was booked for prowling, possession of drug paraphernalia and being under the influence of a controlled substance. Jeremiah O’Brien was booked for trespassing and Henry Cruz was booked for prowling and being under the influence of a controlled sub-



Jeremiah O'Brien

stance. Milpitas police department credits the quick reactions of the caller for immediately calling 9-1-1, and providing detailed information to the dispatchers as the main reason the suspects were captured in this incident and encourages everyone to call 9-1-1 as soon as they see or hear any suspicious activity.

Anyone with any information regarding this investigation or other similar incidents occurring in our city is encouraged to call the Milpitas Police Department at (408) 586-2400. Information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department website at: http://www.ci.milpitas.ca.gov/government/police/crime_tip.asp

continued from page 1

Newark's K-9 Corps

German Shepherds brought in for police work are between 17 months and two years old. Witmer-Tyson keeps track of the medical history, lineage and ancestry. It



Officer Pat Smith and K9 Henk (retired), Sergeant Mike Carroll, Commander Donna Shearn, Officer Ray Hoppe and K9 Uras, Sergeant (retired) Al Lewis, and Officer Britain Jackman and K9 Eliot

People often ask, "Why are German Shepherds used so often as police dogs?"

Police dogs have many shapes and categories: Detector dogs, often Labrador retrievers and golden retrievers, are trained to sniff out bombs and narcotics, fire-starters, and victim bodies. Bloodhounds are tireless trackers. Other K-9s might be Belgian Malinois, Dobermans, Rottweilers and others.

But the German Shepherd is prized for its agility, fearlessness and obedience. They are also selected because of their unique versatility. They are excellent trackers for finding missing children, can be taught to sniff for bombs and for drugs, etc...along with their high protective drive. "German Shepherds are also more social," explains

Ray Hoppe, Newark's Canine Coordinator who owns the now retired K-9, Uras. "K-9 dogs are used to apprehend, but also to visit classrooms and meet children."

Newark's K-9s are acquired from European German Shepherd specialists Witmer-Tyson; they are given basic training in the Czech Republic. Upon request, up to five dogs are brought to a special German Shepherd kennel in Menlo Park, CA. The potential handler and other officers review the K-9 recruits in the field for courage, shyness, and reactions to agitation. "They showed us several dogs," Officer Mavrakis recalls. "Ares was 18 months old, and the smallest dog there. But smaller is good for getting into small places or into a car."

does cost a bit more, but there is better breeding control.

After adoption, training begins and continues throughout an animal's five-to-seven year K-9 service. Constant training emphasizes narcotics search, criminal apprehension and building search and deterrent. "For example," says Canine Coordinator Hoppe, "If a person is being very verbally aggressive, and seems to be getting increasingly agitated, perhaps tries to obtain an officer's gun, it becomes a potentially dangerous situation. A radio transmitter allows the K-9 dog to leave the car and come to the officer. All of a sudden there is an attitude change."

Searches are another K-9 use in obscured areas, such as a field of heavy brush where an armed suspect may be hiding, "We're sitting ducks if he is waiting for us," Mavrakis states. "We give every opportunity for the guy to come out... every opportunity. When that doesn't happen, out goes the police dog. The dog will find the suspect, who may be lying low and playing possum. Standing next to him, is the K-9 dog. If the suspect doesn't move, neither does the dog."

Yes, K-9 dogs can, and sometimes do, bite; 400 pounds bite pressure per square inch, on direct orders - a hand sign or verbally. But usually, Hoppe explains, "the person sees the dog and becomes compliant. We've had thousands of experiences like that."

K-9 dogs and their handlers are a forever team. The bond is intense. "The dog becomes part of your life, part of your family," says Canine Officer Jackman. "Eliot finds bad guys, lost kids, more quickly than a regular officer. Becoming a Canine Officer has always been my goal and dream."

Mavrakis entered police work as a police explorer in Union City. Hired in Newark 12 years ago, he wanted to be a Canine Officer from the start. A year ago, he got Ares. "These dogs are unbelievably smart," he emphasizes. "But they are dogs. They want to be dogs. They like to chew on stuff. Ares has shredded my gloves, his toys. The first thing he did in our house was pee on the rug." Now potty-trained, Ares lives in the Mavrakis home, with his family including a cat that he likes.

K-9 Eliot lives with the Jackman family, but in a custom 6-foot by 20 foot-long kennel outdoors. His outdoor companion: a tortoise.

Canine Coordinator Hoppe's K-9 dog named Uras has been retired for two years, "But he is always ready to go. He goes with us on vacations, camping, in the back seat of our truck. But when he hears a police siren, Uras still gets excited," just in case.

Matt Ritchie Retrospectacle - Multimedia Exhibition

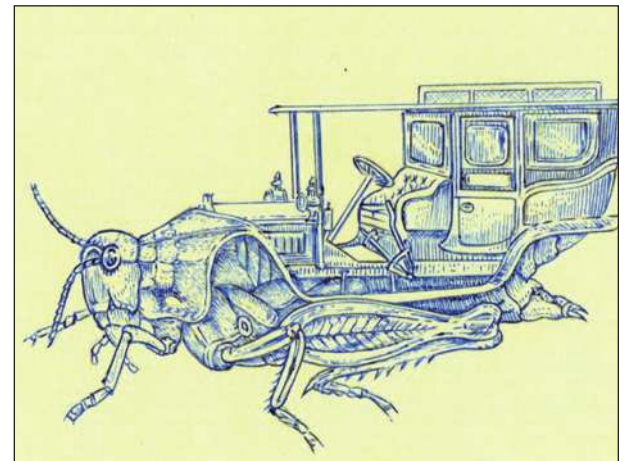
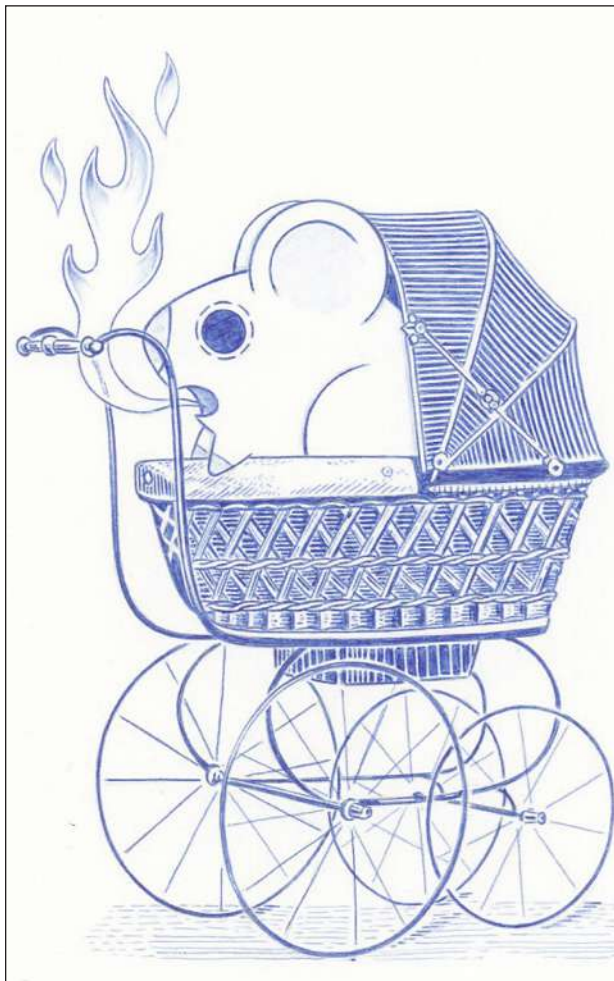
SUBMITTED BY DIANE LEYS

Contemporary Bay Area artist Matt Ritchie's work is featured in the first Olive Hyde Art Gallery show of 2013, opening January 4 and running through February 2. A reception providing the public with an opportunity to meet the artist will be held at the Fremont gallery on Friday, January 11 from 7 p.m. to 9 p.m.

Ritchie, through his meticulous, detailed art strives to tell stories, narratives, or make observations on a variety of themes. Working in several mediums, including ball point pen, paint, wood, paper, ink, and plastic, he enjoys creating miniatures as well as large images, often signing his work as "matt136." He has done skateboard graphics, album covers, game board designs, animation, character design, comic books, clothing, and more. During the last five years, Ritchie has focused on producing work and curating and designing shows for gallery exhibits throughout the Bay Area as well as in Los Angeles, Austin, Brooklyn, London, England, and Naples, Italy.

Influenced by Renaissance art, Victorian era images, master printmakers, cartoons, comics, pop art, animals, and music, Ritchie is fascinated with the messages that observers glean from his work, taking pleasure in hearing an individual's discoveries.

A graduate of California State University Hayward in 1993 with a bachelor's degree in art, Ritchie lives in Castro Valley, California, with his wife and son. In addition to working as a freelance professional artist and gallery artist, he also serves as a park ranger for the City of Fremont.



**Matt Ritchie Retrospectacle
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Hayward Animal Shelter staff with donation checks from Hayward SantaCon 2012

SantaCon 2012



SUBMITTED BY SANTACon COMMITTEE

Hayward's first SantaCon was held December 8, 2012 in Downtown Hayward in support of the Hayward Animal Shelter. Three Hayward establishments welcomed participants - The Turf Club, The Bistro and Kupe Restaurant & Lounge which hosted the Best Santa/Ms. Santa Suit Contest.

SantaCon Hayward 2012 attracted approximately 40 people from throughout the East Bay and the number of participants is expected to double in 2013. Not only did this festive event support and promote local businesses, it raised \$250 for the Hayward Animal Shelter.

We look forward to welcoming many more participants, including businesses, for SantaCon 2013 which is scheduled for Saturday, December 7, 2013.

The Hayward Animal Shelter is located at 16 Barnes Court, Hayward, and open Tuesdays thru Saturdays from 1 p.m. until 5 p.m. For holiday hours, call (510) 293-7200. Donations are appreciated and adoptions take place throughout the year.

For more information about the Hayward Animal Shelter, visit www.HaywardAnimals.org. For more details about SantaCon, visit <http://SantaCon.info/>



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